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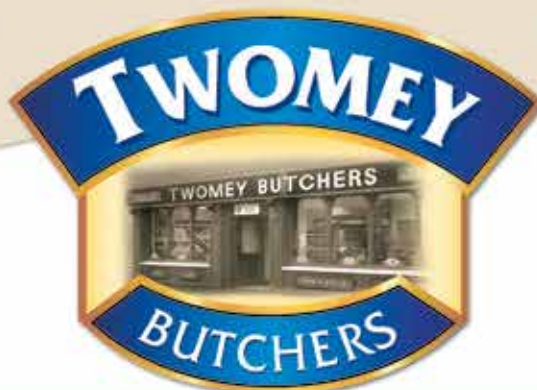
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If you cannot access physical copies, the LVO can be viewed online at:
<https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday
before publication at the latest, if you want a piece included in the following

week's edition. Due to print processes, late submissions will be published in the
following edition.

As always submissions as Gaeilge are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you
would like to submit an article as bearla nó as gaeilge, please feel free to email us
here on leevalleyoutlook@macroom.ie, we would love to hear from you.

Go raibh maith agaibh, Peter & Gráinne

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MACROOM GIRL GUIDES

Weekly Meetings

We were delighted this week to welcome our members
back to our weekly meetings! Follow along in the next
editions to see what our units get up to.

IGG Annual General Meeting

On Saturday 5th September, Irish Girl Guides held
the AGM in the National Training Centre, Dublin.
Deirdre Henley, President of Irish Girl Guides chaired
the meeting which included a visit from our new
honorary ambassador, Caroline Reidy. Caroline will
help promote Irish Girl Guides and champion our
values such as girls' empowerment and leadership.
Welcome to Caroline and we can't wait to work with
her to inspire our members and a new generation of
Guiding.

Ventact 2026

By Juliette, MacEgan Ranger

Ventact began with a scramble find other Guides
amidst a sea of Scouts. Eventually we found our way
to the IGG contingent and set up camp. By this time
it was about 8 pm, and we had until 12 until tickets
were handed out. The first thing we did once we'd
set up was rush to get our hoodies and badges which
were already almost sold out! Then we headed out to
explore the campsite and try to find people we knew.
By the time 12 pm rolled around, everyone was on
edge and excited for the ticket swap. The moment
tickets were handed out the place descended into
chaos. Everybody was running around and shouting,
trying to find their friends and procure suitable
activities. We ended up with West Cork Secret, dragon
boats and Smugglers' Cove. Overall, it wasn't too bad.

We had an early start the next morning, and were on
the buses by quarter to nine. We all had a great time
at our activities and arrived back at camp exhausted
but happy. After a dinner of chips from the food truck,
we got ready for the infamous disco. Afterwards,
we wandered around the camp a bit longer before
collapsing into bed. Convinced our tent was leaking,
we made the sensible decision to sleep in rain jackets.
Sunday morning was spent packing up camp. This
involved a struggle with a pop up tent, with a break
in between for zumba. Around 2 in the afternoon, we
finally made it home after an amazing weekend

**For more information on joining our Ladybird,
Brownie, Guide or Senior Branch units please
contact macroomguides@gmail.com**



Deirdre Henley, Caroline Reidy, Sharon O'Connell & Mary H O' Connor at the IGG AGM



Deirdre Henley, Caroline Reidy & Aisling Claffey Healion who attended the IGG AGM

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Ed 19 - 17th September 2026

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17 MURPHY'S TERRACE, MILLSTREET, CO. CORK, P51ND23

Killian Lynch Auctioneers are pleased to offer this 2-bedroom semi-detached house with front & rear gardens. The property comprises of c.710 sq ft living accommodation & is in turn key condition throughout. This property would make an ideal opportunity for those looking to downsize or move within walking distance of all local amenities. Located only c.5 minutes walking distance to Millstreet town, c.20 minutes drive to Macroom town, c.25 minutes drive to Killarney and a c.45 minute drive to Cork city. BER: E2 (118347301)

AMV: €150,000



CARRIGBOY, KILMICHAEL, MACROOM, CO. CORK, P12F958

Killian Lynch Auctioneers are pleased to offer this beautiful 4-bedroom detached house on c.0.7 acres. The property which extends to c.2,000 sq ft. living accommodation is in excellent condition throughout and comes with panoramic views over the surrounding countryside. Located in a private setting, c.15 minutes' drive from Macroom town, c.5 minutes from Tareton village and c.40 minutes from Cork City. BER: C (119753044)

AMV: €350,000



KNOCKSHANAWEE, FARNANES, CO. CORK

Killian Lynch Auctioneers are pleased to offer this C.0.84-acre site. The site which is currently overgrown comes with extensive road frontage. Situated C.20 minutes from Macroom town and C.20 minutes from Cork city. GPS: 51.870006, -8.804858

(<https://offia.ie/property/knockshanawee-farnanes-county-cork-ireland/162226>)
Solicitors details: Jane Rusher, OOS Solicitors, 8 South Mall, Cork, 0214270234

Online Auction Monday 28th of September at 4pm

AMV: €17,500



MILL ROAD, DRIPSEY, CO. CORK, P12WV65

Killian Lynch auctioneers are pleased to offer this 2/3-bedroom bungalow on C.0.4 acres. The property which is situated on an elevated site with panoramic views is in need of renovation throughout but should qualify for a renovation grant of up to €70,000. The property extends to C.800 sq ft living accommodation to include hall, kitchen, utility, sitting room, bathroom, 3 bedrooms. Located in a beautiful setting only C.1km from Dripsey village, C.5 minutes' drive to Coachford and C.20 minutes' drive from Cork city. BER: G

AMV: POA



MULLENROE, CLONDROHID, MACROOM, CO. CORK

Killian Lynch Auctioneers are pleased to present this C.0.94-acre site subject to planning permission. The site which is currently under pasture and woodland has road frontage on the western boundary. This is an attractive site situated only C.10 minutes from Macroom and C.30 minutes from Cork city.

GPS: 51.943526, -8.980928

AMV: €60,000



GURRANREIGH, LISSARDA, MACROOM, CO. CORK, P14TD65

Killian Lynch auctioneers are pleased to offer this traditional 2-bedroom cottage on C.1.1 acres. The property which is in need of renovation throughout extends to C.527 sq ft living accommodation and has the foundations completed for a large extension to the rear and side. The property has also the benefit of being vacant for more than 2 years and should qualify for a vacant home grant of up to €70,000. Located C.10 minutes' drive from Kilmurry village, C.20 minutes from Macroom town and C.30 minutes from Cork city. Ber F

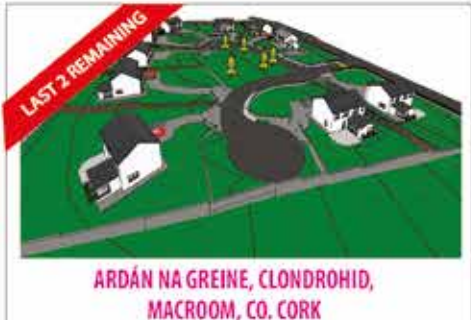
AMV: €100,000



15 OAK LAWN, TANYARD WOOD, MILLSTREET, CO. CORK, P51D5A2

Killian Lynch Auctioneers are pleased to offer this spacious 3 bedroom semi detached house with landscaped gardens. The property comprises of C.1,200 sq ft living accommodation and is in turnkey condition throughout. This property would make for a fantastic family home ideally located only C.5 minutes walking distance to Millstreet town, C.25 minutes' drive to Macroom town, C.25 minutes' drive to Mallow and C.45 minutes' drive to Cork city. Ber B

AMV: €280,000



ARDÁN NA GREINE, CLONDROHID, MACROOM, CO. CORK

Killian Lynch Auctioneers are pleased to offer this wonderful opportunity to acquire one of 10 serviced sites, adjacent to the village of Clondrohid. There is full planning permission with all contributions paid by the developer. Clondrohid is a quiet rural village situated c.7 minutes west of Macroom town and only c.5 minutes drive from the main access to Macroom bypass. Cork and Killarney are both situated only a c.30 minute drive from this development. This is a wonderful opportunity to be able to build your own dream house.

AMV: €160,000



BALLYVOURNEY NURSERY & GARDEN CENTRE, BALLYMAKEERA, MACROOM, CO. CORK, P12 VA07

Killian Lynch Auctioneers are pleased to present to the commercial market this excellently located retail yard/garden centre. The property comprises of a collection of covered retail and growing areas, together with outdoor space and an area for customer parking. The layout offers potential for multiple retail opportunities beyond a garden centre. Located only C.500 yards off the Macroom bypass interchange junction, C.1 minute drive to Ballyvourney village, C.10 minutes drive to Macroom town, C.25 minutes drive to Killarney and C.45 minutes drive to Cork city.

Proposals invited

From a Small Rural Club to the Biggest Stage

Coachford AFC's Remarkable Journey

When the FAI Junior Cup began with 358 teams dreaming of glory, few outside Coachford might have predicted that a small rural club from Mid-Cork would be one of the last two standing.

But on Saturday, October 3rd, Coachford AFC will walk out for the FAI Junior Cup Final, where they will face Kilkenny city side Evergreen FC for one of the most coveted trophies in Irish junior football.

It is a remarkable achievement for a club founded in 1969 and rooted firmly in a small rural community. The FAI Junior Cup has often been described as one of the largest amateur football competitions in Europe. Its sheer scale, and the quality and variety of teams involved, make simply reaching the latter stages an achievement in itself.

Reaching the final is something else altogether.

Coachford began their journey by negotiating the Cork section of the competition, a difficult task in its own right given the strength and tradition of junior football in the county. Once they emerged from Cork, the competition became a tour of the country.

They faced and defeated opposition from Limerick, Mayo, Donegal and Meath, travelling hundreds of miles along the way and repeatedly finding a way to overcome whatever was put in front of them.

There were long bus journeys and difficult away grounds. There were penalty shoot-outs, games in which Coachford had to come from behind and afternoons when the result remained in the balance until the very end.

Through it all, they survived.

Now only Evergreen FC stand between Coachford and the FAI Junior Cup. The significance of reaching the final extends far beyond the current squad. Coachford are the first Cork club to qualify for an FAI Junior Cup Final in 40 years, adding another remarkable chapter to a story that began when a small group of people decided to establish a football club in the village in 1969.

What started modestly has developed over more than half a century into a thriving community club. Today, Coachford AFC provides football for schoolgirls and schoolboys, a youth team and two adult teams. Generations of local families have passed through the club, whether as players, coaches, committee members, volunteers or supporters.

Club Chairman Liam Casey believes that is why reaching the FAI Junior Cup Final belongs not simply to the current team, but to everyone who helped build Coachford AFC over the past 57 years.

"This achievement goes all the way back to those heroes who took the brave decision to start Coachford AFC in 1969. They could hardly have imagined then that one day the club would be preparing for an FAI Junior Cup Final, but what we have today was built on the foundations they put in place.

"It also belongs to all of the brave men and women who kept the club going and helped it grow in the intervening years. There were difficult times and lean years when success wasn't always measured in trophies or results. Sometimes success was simply keeping teams on the field, improving the facilities and making sure there was a club here for the next



Coachford AFC Junior Cup Finalists

generation.

"We are enormously proud of our players and management team. What they have achieved over the last number of years has been exceptional and now they have brought Coachford AFC to the pinnacle of junior football in Ireland. For a small rural club and community, it is difficult to put into words just how proud that makes us."

The final is also the latest chapter in an extraordinary period for Coachford's Premier team under manager Donal Moynihan.

Success has become almost expected in recent seasons, but an FAI Junior Cup campaign is different. It tests a squad not just technically but physically and mentally. It requires players to adapt to unfamiliar opponents and grounds and, as Coachford discovered, to spend a considerable amount of time on the road. Moynihan says reaching the final has made all of that worthwhile.

"We're absolutely delighted. When you enter a competition with 358 teams, you know how difficult it is to get anywhere near a final. You need to play well, but you also need character and resilience because somewhere along the way things are going to go against you.

"We've had a really tough road to get here. We've had the away fixtures and the long journeys, we've had penalty shoot-outs, we've had games where we've gone behind and had to find a way back, and we've played some really class opposition. The thing that has given me the greatest satisfaction is watching these players battle their way through those moments and find a way to win.

"I couldn't praise the players enough. People see them on a Saturday or Sunday playing football, but they don't always see everything else that goes with it. Many of these lads have huge work and family commitments and plenty going on outside football. Yet they turn up, they train, they travel and they make the sacrifices needed to be part of this team. That commitment to each other is a huge part of what has got us to the final."

That sense of togetherness has been evident

throughout the cup run.

Every round brought a different challenge. Every journey took Coachford further from home, but it also seemed to bring the team and its supporters closer together. From Cork to Limerick, from Mayo to Donegal and on to Meath, the green and white travelled. For a rural club, that support matters.

For a rural club, that support matters.

An FAI Junior Cup campaign of this length demands far more than 11 players on a pitch. Behind the team are coaches, committee members, volunteers, sponsors and supporters who have helped with everything from transport and fundraising to preparing facilities and simply being there on match day.

And behind them are generations who wore the same colours long before an FAI Junior Cup Final seemed possible.

That perhaps is what makes October 3rd so special.

For the players, it is the opportunity of a lifetime: the chance to compete for the biggest prize in Irish junior football.

For those who founded Coachford AFC in 1969, and those who sustained it through the decades that followed, it is vindication of everything that was built. For the boys and girls now pulling on Coachford jerseys at underage level, it is proof that the pathway from a small rural club can lead all the way to the biggest stage.

And for the wider Coachford community, it is a moment to savour.

Of 358 teams that began the journey, just two remain. One comes from Kilkenny city.

The other comes from a small village in Mid-Cork.

On October 3rd, Coachford AFC will represent not only its players and supporters, but generations of people who kept a football club alive, nurtured it, improved it and handed it on.

Whatever happens in the final, they have already made history.

But having travelled this far, nobody in Coachford will want the journey to end without one final victory.



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A Community Mass

Together is what makes our community strong

For generations, the station mass has been a cherished tradition in our community – a tie for neighbours to gather, share a prayer, and catch up over a cup of tea. While the world has changed since the pandemic, the need for us to connect with those living nearby is stronger than ever.

With this in mind, we are delighted to announce our new approach with our Community Welcoming Mass. In the spring these masses were held in Canovee and Kilmurry and for the autumn it will be the turn of Cloughduv and Aherla.

To make these gatherings as inclusive and relaxed as possible, we will gather in Cloughduv church for mass and afterwards we invite everyone for a simple 'cuppa' and a chat in Cloughduv national school, next door.

A note on Hospitality: The emphasis is entirely on meeting one another and keeping things low-key. If you would like to bring a small treat or some biscuit's

to share, it is very welcome, but please so not feel any obligation. Your presence is the only thing we truly value.

DATES: Cloughduv Community Mass will take place on Friday September 18th @ 7:30pm, with a cuppa and a chat afterwards in the school.

Aherla Community Mass will take place on Wednesday September 23rd at 7:30pm in Cloughduv church with a cuppa and a chat after in the school.

EVERYONE IS WELCOME – Whether you have lived in the community for decades or you have just moved in, whether you are regular mass goer, or of a different faith, or of none at all – you are a vital part of our community, and we would love to see you there! While there are 2 separate masses. Everyone is welcome to attend the most convenient option.

Warmly, Fr Kieron & the Parish Assembly



BALLYVOURNEY Creative Group

Ballyvourney Creative Writing Group is now celebrating it's eight year in existence. Our group meets monthly in Ballyvourney library and covers all writing styles including prose, poetry short story and both fiction and nonfiction.

We laugh a lot and cry occasionally, we critique each other's work with kindness, good humour and sometimes sarcasm diluted with wit and a dollop of wisdom. If you think you might enjoy 90 minutes of any of the above once a month, we promise you will get the warmest and kindest of welcomes.

Please feel free to contact us on 087/9446458



MACROOM ACTIVE RETIRED

Macroom Active Retirement have recently benefited from grants received from Cork County Council and the HSE.

An application under the Local Enhancement Scheme of Cork County Council was successful and a grant was paid that covered most of the cost of a Projector and Screen. This was purchased in Connections and will come in very useful for presentations and talks.

There was also funding made available from HSE. €500 was paid towards the cost of the Chair Yogo course that the members enjoy and find of great benefit for their health and mobility. They look forward to these classes commencing again in early October. Since the commencement of this group in May 2025, the members have enjoyed many trips and outings, some to historic locations, markets, music events or Christmas shopping. HSE have now paid a grant of €1,000 towards the cost of trips and that will help make a few upcoming outings more affordable to the members.

The Autumn schedule of events is currently being prepared. So far, a presentation is arranged with Mary Mullins who will come to talk about the Hope Foundation and show a photo collection of a trip to India, Calcutta and the Himalayas to help orphanages. Lia Gould is going to come to give a talk to the members on Wills, Power of Attorney, Fair Deal Scheme, Inheritance Tax and such matters that are inevitable to people of this age group.



David O'Leary at Connections with Ellen Lynch, Secretary of Macroom Active Retirement group, as he hands over the Projector and screen that was purchased with the help of a grant from Cork County Council.

Dr Con Kelleher is asked to give a talk on the history and presentation of photos on the Palace Cinema back to its foundation. Macroom is lucky to have the newly restored Briery Gap in its place.

Butcher, Mike Twomey is planning an evening of information on the various cuts of meat and all about the preparation and cooking of them. There will be information of special interest to households of one or two people, as this becomes the norm when families

grow up and move out.

So with these presentations, along with the Chair Yogo, a trip to Michael English Church Concert in Inchigeela, a day outing to the Dáil, Patrick Feeney concert at the Briery Gap, the Christmas Dinner, and more at the planning stage, it looks like a busy Autumn for Active Retirement members.



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Have You Started Accepting Pain As Normal?

Pain does not always take over your life all at once.

Often, it starts quietly.
A stiff back in the morning. A tight neck after work. Headaches that appear after screen time. A shoulder that never feels quite right. You stretch, take a painkiller, keep going and tell yourself it is just part of getting older.

But over time, small changes can become your new normal.

You may stop noticing how often you avoid certain movements. You choose a different chair. You turn your whole body instead of your neck. You avoid lifting, gardening, walking too far or sleeping in certain positions because you already know what will aggravate things.

That is often when pain has moved from being an occasional problem to something you have started planning your life around.

Common Signs You May Be Putting Up With Too Much

You may be accepting pain as normal if:

- You wake up stiff most mornings
- Your back, neck or headaches keep returning
- You rely on painkillers to get through the day
- You avoid certain movements or activities
- You feel older or less mobile than you should
- You keep saying, "It's just my back" or "I'm used to it now"

These signs do not always mean something serious is wrong, but they may be your body's way of asking for attention.

What Can You Try First?

START WITH SIMPLE HABITS

- Move more often during the day
- Avoid long periods sitting still
- Stretch gently

- Drink water regularly
- Notice what activities trigger your symptoms

Small daily changes can make a meaningful difference.

But if the same pain or stiffness keeps returning, it may be worth looking a little deeper.

When To Look Deeper
Recurring pain is feedback. It may be linked to restricted movement, postural strain, muscle tension or stress on the nervous system.

At Optimal Chiropractic, we assess spinal movement, posture and nervous system function to help identify stress, tension or imbalance.

Pain should not become your normal. The key is knowing when to listen.



by Dr. Ben Martin
Optimal Chiropractic, Ballincollig



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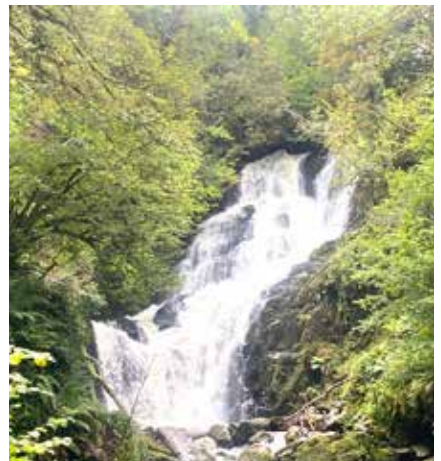
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ST MARY'S NEWS



Our TYs on a bonding day at Killarney National Park recently



Torc Waterfall, visited by the TY's, photo by the TY Promo Team

Principal's Welcome

It is a great pleasure to welcome everyone back to St Mary's for the 2026/27 school year, and in particular to welcome our new First Year students and those who have joined us in other year groups.

Starting secondary school is a big step, but our First Years have settled in really well over the past few weeks. A special word of thanks goes to their Year Head, their teachers and our Transition Year Buddy students, who have helped make those first few days and weeks a little easier. The Buddy programme is something we are very proud of in St Mary's and is a great example of the kindness and sense of community that we want our students to experience here.

We also congratulate every member of the Leaving Certificate Class of 2026 on their excellent results. It has been a privilege to watch them grow and develop over the past six years. Their results are a reflection of a huge amount of hard work, commitment and resilience, and we are very proud of everything they have achieved. We wish each of them every success and happiness as they begin the next chapter of their lives.

With everyone now back, it is great to see the school busy again. Sport, music, clubs and the many co-curricular and extra-curricular activities that are such an important part of life in St Mary's are already getting underway. There is a great energy around the school, and we are looking forward to another busy and enjoyable year.

This year we also mark the retirement of Ms Martina Casey after many years of dedicated service to St Mary's. During her time with us, Martina taught across a remarkable range of subjects, including Geography, English and Maths, as well as contributing to many other areas of school life. Her contribution went well beyond the classroom. Martina served on the Board of Management and gave generously of her

time and experience to numerous committees and initiatives throughout the school. Martina has been a valued colleague and a committed member of the St Mary's community, and her contribution to the school over the years has been significant. On behalf of our students, staff, Board of Management and the wider school community, I would like to thank Martina sincerely for everything she has given to St Mary's and wish her a long, happy and well-deserved retirement.

As we begin another school year, I want to wish all our students, staff and families the very best for the months ahead. I hope 2026/27 will be a happy, successful and rewarding year for everyone in the St Mary's community. Stephen McLaughlin - Principal

1st Year Class 2026/2027

We are delighted to welcome 77 new First Year students to St Mary's this year. Thank you to our fantastic group of 4th year Buddies who are helping our first years to settle into their new school environment. Our Buddies this year are: Áine O Leary, Cliona O Connell, Keelin Lynch, Grace Deasy, Amelia Murphy, Lucy Coghlan, Katelyn O Callaghan Cronin, Mary Lane and Georgia Froggatt; who have written this short report on their first week with the 1st years:

"On Thursday the 27th of August, our first year students had their first day in St Mary's. The induction day started with welcoming speeches from our principal and vice principal. The first years spent the rest of the day with the buddies, enjoying activities and games that introduced them to the school and each other. On Friday, they spent the morning organising and labelling books and folders. They then had their first taste of classes Friday afternoon. The following week they had classes and got to join groups such as the basketball team. A movie with the entire year group on Friday afternoon celebrated their first full week of secondary school!" Report by Georgia Froggatt, TY Promo Team

TY Activities Reported by the TY Promo Team: TY Bonding Day in Killarney National Park

"The TY year kicked off with a bonding trip to Killarney National Park and Torc Waterfall on Tuesday the 8th of September. The year group set off on the bus early that morning, accompanied by Ms Donovan, Mr Quill, and Mr O'Connell. Upon arriving in Killarney, they walked from the Gleneagle Hotel to Killarney National Park. They walked through the park, pausing at Muckcross House for a group photo. After a short break, they continued on their way. The group walked to Torc Waterfall, surrounded by scenic views of the lake and mountains. They then hiked up to the top of the waterfall. In total, the group walked over 11 km. They returned to the bus, and stopped at The Outlet Centre for a well-deserved lunch and shopping break. The group arrived back in Macroom that afternoon, delighted with their day out and excited for more TY trips." Report by Georgia Froggatt, TY Promo Team

TY Promo Team

This creative crew will be capturing moments, telling stories, and keeping you up to date with everything happening in St Mary's. They will be working closely alongside Ms Foley and other teachers in our school, taking on everything from writing articles for the Lee Valley and designing posters to taking photos, making videos, and running our schools TikTok account. We're really looking forward to seeing all the amazing things they do this year! Back (L-R) Lydia Kelleher, Amyclaire O Callaghan, Amelia Murphy, Ms Foley, Olivia King, Aoife Kearns, Georgia Froggatt. Front (L-R) Anna Healy, Ella Manning, Ciara O Callaghan, Katie Murray and Farrah Deasy.



Our TY Buddies this year. They are helping our 1st years settle into life in St Mary's so well.



St Mary's TY Promo Team for 2026/2027



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CINEMA



IFI@BRIERYGAP | THE ODYSSEY
MON 21 & WED 23 SEP 2026 | 8PM
€12 / €10 (OAP)

COMEDY



ANNE GILDEA: FURTHER
ADVENTURES IN WOMANING
FRI 25 SEP 2026 | 8PM | €24

CINEMA



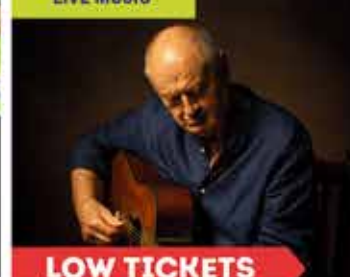
IFI@BRIERYGAP | CELTIC UTOPIA
MON 28 & WED 30 SEP | 8PM
€12 / €10 (OAP)

LIVE MUSIC



TIMELESS JAZZ | WITH MURRAY,
PRIESTLEY, FLEMING & WHITCOMB
THU 01 OCT 2026 | 8PM | €22

LIVE MUSIC



FREDDIE WHITE
FRI 02 OCT 2026 | 8PM
€28

BILINGUAL COMEDY



ÁINE GALLAGHER:
FOR THE LOVE OF MILSEÁIN
THU 08 OCT 2026 | 8PM | €22

CONVERSATION



LOW TICKETS
SEÁN RONAYNE: UNTOLD SOUNDS
FRI 09 OCT 2026 | 7PM
€24 / €22 (STUDENT/OAP)

COMEDY



LOW TICKETS
TADHG J DEVERY
PINTS, DENTURES & ROCK 'N' ROLL
SAT 10 OCT 2026 | 8PM | €28.50

THEATRE



LOW TICKETS
LEE SIDE DRAMA GROUP:
THE DOWRY
THU 15 & FRI 16 OCT | 8PM | €22

LIVE MUSIC



JAKE CARTER PRESENTS: LET IT BE
THE MUSIC OF THE BEATLES
SAT 17 OCT 2026 | 8PM | €30

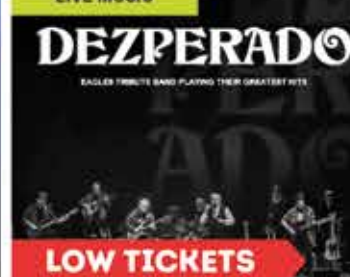
LIVE MUSIC



SELLING FAST

HERMITAGE GREEN
FRI 23 OCT 2026 | 8PM
€40

LIVE MUSIC



LOW TICKETS

DEZPERADO
EAGLES TRIBUTE BAND
FRI 30 OCT 2026 | 8PM | €22

MCEGAN COLLEGE

TY Bonding Trip to Ballyhass Lakes: Our Transition Year students enjoyed their first trip of the year today with a fantastic bonding day at Ballyhass Lakes, Coachford. The day kicked off with plenty of fun, excitement and laughter at the Water Park, where students were encouraged to get involved, support one another and, for many, step outside their comfort zones. Next up was the High Ropes, which certainly tested nerves! Students challenged themselves at height, showing courage, resilience and encouragement for their classmates. The day finished with archery, giving everyone another opportunity to learn a new skill and enjoy some friendly competition. The trip was about much more than having a great day out, experiences like today help promote Personal Growth by encouraging students to become more confident, persevere when challenged and see new experiences as opportunities for growth. The day also encouraged students to work with others in a team, building new friendships and strengthening the TY group as they begin their year together. A brilliant start to what we hope will be a memorable and rewarding Transition Year! Well done to all our students for embracing the challenges and giving everything a go.

Money Smarts Programme: McEgan College Transition Year students were delighted to welcome Rob Heffernan, the legendary Olympian racewalker and Adam O Carroll from Bank of Ireland last week to kick off the Money Smarts Programme in the school. The programme aims to empower students to become financially literate, while also developing important life skills. Today's session included CV preparation and interview skills, with students gaining practical advice that will benefit them as they prepare for the world of work. The programme will continue with students getting the opportunity to set up and run their own school bank. A fantastic opportunity for our TY students to develop real-world financial, personal and employability skills.

Climate Literacy in TY

We were delighted to welcome Imke Range to TY 4A2 as our facilitator for our Climate Literacy Programme,



Enjoying a Group Bonding start of the Year trip to Ballyhass recently were McEgan College TY group.



TY students have been chosen to again participate in the Money Smarts Programme. To launch the programme Olympian Rob Heffernan & Adam O Carroll from Bank of Ireland. Also in Photo is Ms. Lynam McEgan Principal.

as part of our commitment to sustainability education. Over the coming eight weeks, our students will explore climate literacy, sustainability and climate action, culminating in the development and organisation of their own climate action project. We look forward to seeing the ideas, creativity and positive action that our students will bring to this important programme. Thanks to Mrs. Bourke for organising our guest speaker and supporting this valuable learning opportunity.

Excellence in Engineering in LC2026 exams: It is quite

an achievement for the Engineering Department when 3 of the girls, Oliwia Raba, Laura Casey & Noemi Grigorescu, from the Leaving Cert Class of 2026 each received a H1 grade in the subject. McEgan has a tradition of encouraging girls to try the STEM (Science Technology Engineering & Mathematics) and to aim high. Noemi Grigorescu, achieve an almost perfect score of 98.7%. Congratulations to each of these girls and best of luck to them in their future studies.



McEgan TY students Arianne Toth and Hannah Ni Dhuinnin, helping out at the coffee morning in support of the Alzheimer Society of Ireland., also in photo McEgan & AIB Staff.



Mc Egan College Leaving Cert 2026 Engineering students Noemi Grigorescu, Laura Casey and Oliwia Raba, who each achieve a H1 grade in Leaving Certificate Engineering, Noemi achieving an exceptional 97.8%.

Bothar appeal

Sean Barry, (centre) launching the Bothar appeal for incalf heifers for Kosovo, with (left to right) Jerh O Sullivan, Macrooom Mart Manager, transport organiser of heifers from Macrooom Mart on October 20th, 2026, Michael O Donoghue, previous donor of heifers to Bothar, Denis and Caitrion O'Leary.





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NUACHT Ó CHOLÁISTE GHOBNATAN

TÓSACH NA SCOILBHLIANA

Ar an 28ú Lúnasa, d'fháiltíomar roimh dhaltai na chéad bhliana go Coláiste Ghobnatan – Táimid cinnte go mbainfidh sibh taitneamh agus tairbhe as bhur n-aistir foghlama anseo linn! Ná dearúdaigí 'Tús maith leath na hoibre'. Chuireamar fáilte roimh fheighlí scoile nua Nicolas Ó Fuaráin.

TORTHÁI NA HARDTEISTE

Tréasláimid le rang na hArdteiste a bhain sár-éachtaí amach ina dtorthaí i mbliana. Táimid an-bhródúil agus mhórlach as sibh. Ba dheas sibh a fheiscint ar lá na dtorthaí ag filleadh ar an scoil chun bhur n-eachtaí a chéiliúradh le chéile. Go n-éirí go geal libh leis an gcéad chéim eile!

COIRN CRAOBH NA HÉIREANN

Le déanaí chuireamar fáilte roimh Pheadar Ó Ceallaigh (iardhalta), Cliona Ní Mhócháin (dalta reatha), Róisín Ní Liatháin agus Rory Ó Súilleabháin. Bhí Cliona agus Róisín ar an bhfoireann peile na mban Chorcaí Fé18 agus bhí Peadar agus Rory ar an bhfoireann peile Chorcaí na buachaillí Fé17 i mbliana. Bhuaigh ná dá fhoireann an Craobh na hÉireann. Bhí cúpla focal ón bpríomhoide Máistir Ó Colmáin, Cliona, Peadar, Iníon Ní Shuilleabháin agus Máistir Ó Duinneacha. Ba ócáid álainn i chun tús a chur leis an scoilbhliain. Míle buíochas le CLG Naomh Abán as an ócáid a eagrú.

OÍCHE OSCAILTE – SÁBHÁIL AN DÁTA

Beidh ár n-oíche oscailte ar siúl Déardaoin 8ú Deireadh Fómhair idir 18.00 – 20.00 – fáilte roimh chách! Our open night will take place on Thursday 8th October between 18.00 – 20.00 – everyone is welcome!

FOCLÓIR

- ná dearúdaigí – don't forget
- feighlí scoile – caretaker
- mórlach – pride
- coirn – cups

ÁR MEÁIN SHÓISIALTA

Leanaigí ár gcuntais le haghaidh an nuacht is déanaí!
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Julia Ní Mhócháin, Orlaith Ní Shuilleabháin, Cliona Ní Mhócháin, Róisín Ní Liatháin, Leah Ní Dhuinnín, Orla Ní Mhurchú, Lucy Ní Chonaill agus Rebecca Ní Chárthaigh leis an gCorn na hÉireann fé 18



Máistir Ó Laoire agus Peadar Ó Ceallaigh leis an gCorn na hÉireann fé 17



Cliona Ní Mhócháin, Peadar Ó Ceallaigh agus an Príomhoide Máistir Ó Colmáin leis na Coirn na hÉireann



Events

On Saturday the 5th of September, Macroom Tidy Towns Volunteers attended the Opening of West Muskerry Athletic Club Sportsground Official opening. Our Chairman Cllr Martin Coughlan was one of the founding members of the Athletic Club in 1984. We would like to say a big thanks to West Muskerry Athletic Club for the invite.

An Taisce Clean Coasts

On Friday 18th of September, An Taisce Macroom Riverbank Litter Pick is taken place at 11am. The Meeting point will be shared with volunteers via after registering interest. You can register online on at Ivoll.

Did you Know?

That the world dumps 2.12 billion of waste every year but only 16% of the world's waste is recycled. More than 400 million metric tons of plastic are produced globally each year, but only 18% of plastic is collected to be recycled. Plastic grocery bags take 20 years to decompose. A plastic straw can take 200 years.



Macroom Tidy Towns Volunteers Lisa Manning, Cathy Kubitz and Sheila Murphy at the Official Opening of West Muskerry AC Sports Ground

Plastic beverage bottles and cups can take up to 450 years. Some plastics may never biodegrade at all. An astonishing 5 trillion plastic bags are used globally every year. Switching to reusable grocery bags could dramatically reduce this number.

Weekly Work

Macroom Tidy Towns have been busy with Cleaning and Trimming Bowl Road, Deep Cleaning and repainting of Bollards removed from the Oakwood Estate entrance, Reorganising the Tidy Towns Hub,

Litter Picking, General Maintenance around town and in the Fairy Garden and clearing the area outside the New Post Office Building.

Get Involved

Our Volunteers meet every Saturday Morning at 9:00am at our base in Masseytown, and we are always delighted to welcome new members. Whether you can spare an hour or a few hours, every helping makes a difference. You can contact Lisa at 087-1434770.

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GRAND OPENING

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SATURDAY 19th SEPTEMBER FROM 11am
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Macroom's new Gift & Coffee Shop
Irish crafts, curated keepsakes, great coffee, with space to
host your Events.

Macroom Food Festival Talk with Flavour.ie
founder Kate Ryan at 2pm

A NEW SPACE FOR GIFTS, COFFEE, CRAFTS AND CULTURE COMES TO MACROOM

Something new opens its doors in Macroom this weekend — Orla Cullen's Gifts & Coffee, a place to browse, discover and meet.

Officially opening on Saturday 19 September from 11am, the new shop and coffee bar brings together a carefully chosen mix of gifts, jewellery, homeware, greeting cards, self-care and Irish crafts — alongside great coffee from Mahers Cork, and a welcoming space to stop and browse.

Alongside established Irish products and grassroots West Cork makers, the shop will also feature the work of independent artists, with the range evolving throughout the year. There will also be interesting finds from further afield, creating a mix of Irish creativity, quality and character.

Orla brings 20 years of London retail experience home to Macroom,



with the aim of creating a space that celebrates the outstanding creativity of the area while bringing something new to the town — a place for the community to enjoy. Upstairs, the light-filled mezzanine space is available to hire for events, workshops, classes, meetings and creative gatherings, providing a flexible space for the community.

For the opening day, visitors are invited to come along, have a look around, meet the team and family behind all the hard work, and enjoy a coffee while discovering what the new space has to offer. There will also be a Macroom Food Festival talk at 2pm with food author Kate Ryan, bringing a little extra flavour to the afternoon.

Whether you're browsing for a gift, treating yourself, meeting someone for coffee, or simply curious we'd love to welcome you in.

Orla Cullen's Gifts & Coffee
New Street, Macroom
Official Opening:
Saturday 19 September, 11am

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DE LA SALLE College Macroom

Welcome Back to a New School Year

A warm welcome back to all our students and staff as we begin another exciting school year. We hope everyone enjoyed a restful summer break and is looking forward to the year ahead. It is wonderful to see our school community together again, ready for all the learning, friendships, opportunities and memorable moments the new year will bring.

We would especially like to extend a very warm welcome to our incoming First Year students. Starting secondary school is an exciting milestone, and we hope you are settling in well, making new friends and beginning to feel at home in our school community. We wish you every happiness and success as you begin this new chapter.

DLS Open Night September 22nd, 5-8pm

Join us for our Open Night on September 22nd, from 5-8pm, and discover everything DLS Macroom has to offer. Meet our staff, explore the school and experience the opportunities waiting for you.

Principal's Address: 7.30pm

Everyone's welcome – we look forward to seeing you!

Well Done Class of 2026!

Well done to our recent Leaving Certs who received their results a few weeks ago. Congratulations to each and every one of you on reaching this important milestone. We are very proud of all your hard work, dedication and achievements throughout your time with us.

As you move on from school and begin the next chapter, we wish you every success and happiness for the future. We hope you leave with many happy memories of your time here and friendships that will last long after your school days.

Well done Class of 2026! We are very proud of you all.

Ireland's Kicking King - Gearóid Quinn

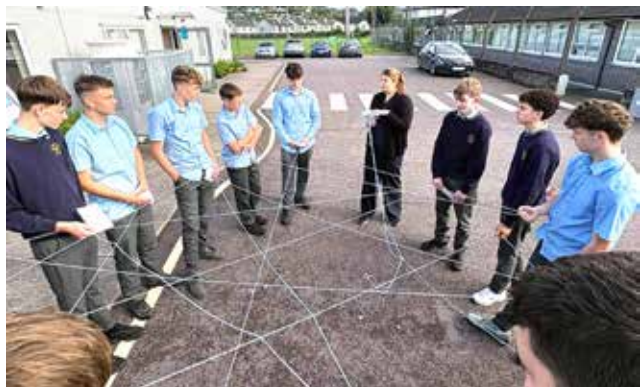
Huge congratulations to our Leaving Cert student, Gearóid Quinn, on reaching the finals of "Ireland's Kicking King" in Chicago. Out of 800 participants nationwide, Gearóid earned a place in the final 10 after competing in the last round of 20 at a sold-out Aviva Stadium at half-time of the UNC v TCU College American student, Football game on 29 August. This achievement is the result of two years of diligent work with the Leader Kicking programme in Dublin, balancing his Leaving Cert studies with serious commitment and discipline to his American football dream. An incredible effort Gearóid - we're so proud of you and can't wait to see you represent Ireland on the big stage in Chicago!

Climate Literacy Programme – TY Students

A great start to our 8-week Climate Literacy Programme with our TY Geography students. Coordinated by Imke Range, the programme will see students explore climate change, sustainability and our relationship with the environment through interactive and engaging activities. We look forward to the weeks ahead!



Ireland's Kicking King - DLS student Gearóid Quinn



DLS TY Students taking part in the Climate Literacy Programme



Principal Graham and Leaving Cert students on results day

Tee off for a great cause AT BRÚ COLUMBANUS DOUGLAS CLASSIC.

Golfers and local businesses are being invited to support a wonderful local charity initiative this October, as Brú Columbanus hosts its annual Douglas Golf Classic at Douglas Golf Club on Thursday, 15th October 2026.

Brú Columbanus provides a vital home-from-home service for families whose loved ones are receiving treatment in Cork hospitals. By offering free accommodation close to the hospitals, the charity helps families stay together and close to those they care about during what can be an incredibly difficult and stressful time.

The need for this service continues to be significant. Last year alone, Brú Columbanus supported 747 families, and fundraising events such as the Golf Classic play an important role in helping the charity continue to provide accommodation completely free

of charge.

The Golf Classic promises to be an enjoyable day on the course, while also raising much-needed funds for this very worthwhile cause. The competition will be a 3-person team Stableford, with the best two scores to count. Entry is €450 per team, which includes a meal, and tee times are available throughout the day.

Local businesses are also encouraged to get involved through the range of sponsorship opportunities available, with packages starting from just €100. Sponsorship options include Tee Box, Longest Drive, Closest to the Pin and Main Event sponsorship, providing businesses with an opportunity to support Brú Columbanus while also showing their support for families in need.

Whether you are a keen golfer looking to put together a team, or a local business interested in sponsoring the

event, your support can make a real difference.

With every team and sponsorship helping Brú Columbanus continue its important work, the day promises to be about much more than golf — it is an opportunity for the community to come together and support families when they need it most.

For further information on entering a team or the sponsorship opportunities available, visit www.brucolumbanus.com/events or contact the Brú Columbanus office on 021 434 5754.

Thursday, 15th October 2026 | Douglas Golf Club | €450 per team, including meal

Every swing, every sponsorship and every contribution helps keep families close when it matters most.



Coláiste Ghobnatan
Baile Mhic Íre, Co. Chorcaí
Scéim Aitheantais mar Scoil Ghaeltachta



Clárú do Scoilbhliain 2027/2028 Enrolment for School Year 2027/2028

Oíche Oscailte Coláiste Ghobnatan
Coláiste Ghobnatan Open Night

Am/Time: 18:00 - 20:00

Dáta/Date: Déardaoin 8ú Deireadh Fómhair 2026 / Thursday 8th October 2026

Focal ón bPríomhoide: 6.40 & 7.20i.n. / Principal's Address: 6.40 & 7.20pm

Eolas clárúcháin ar fáil ón

Déardaoin 1ú Deireadh Fómhair 2026

Sprioclá d'iarratais: Déardaoin 22/10/26

Enrolment information available from

Thursday 1st October 2026

Application Deadline: Thursday 22/10/26



Príomhoide/Principal: Máirtín Ó Colmáin • Leas-Phríomhoide/Deputy Principal: Máiréad Uí Liatháin
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Thursday Sept 24th

• The Annual Coffee Day in aid of Marymount

Hospice takes place in the Independence Museum Kilmurry on Thursday 24th of September 2026 from 9.00am to 3.30pm. All welcome

Monday Sept 28th

• Family History Book Launch. Members of the public and all those with an interest in Cork's local history are invited to the book launch which will take place in The White Horse, Ballincollig at 8pm September 28th, tea and coffee from 7.30pm.

19th September

Coffee Morning Fundraiser in Aid of Marymount, in Stuke Community Centre. 11am to 1pm. Baking donations greatly appreciated and can be dropped to the hall from 9am. Raffle with prizes, tickets for sale in Jamsies and Pegs.

AN tÉALÚ AR CHAMCHUAIRT - ar Chamchuairt

'An tÉalú' on Tour!



An Clár ar Stáitse

Ar an Satharn 29ú Lúnasa chuir Cumann Léirithe Bhéal Átha'n Ghaorthaidh léiriú den gceoldráma 'An tÉalú' ar stáitse in Amharclann Halla na Cathrach sa Ghaillimh.

Bhí an tigh lán agus taitneamh á bhaint ag an lucht féachana as scéal Shile a chlos, an greann a tabhairt leo agus na hamhráin nua a bhlaiseadh ag an gclár agus an banna ceoil faoi stiúir Brenda Griffin.

Cumann Léirithe Bhéal Átha'n Ghaorthaidh brought their new production 'An tÉalú' to the Town Hall Theatre stage in Galway on Saturday 29th August. A full house enjoyed following Sile's story, laughing at the humour and experiencing the new songs & music from the cast and band under the direction of Brenda Griffin.

Seo an chéad uair d'aon léiriú ag an gCumann taisteal

go contae eile agus ní dóigh linn gurb' é an turas deireannach ach an oiread é.

This is the first trip outside of the county for the Cumann but it certainly won't be the last! Beidh 'An tÉalú' ar stáitse i gCorcaigh san Opera House ar an Satharn 26ú Meán Fómhair le ticéid ar fáil ar corkoperahouse.ie

'An tÉalú' will be staged in Cork Opera House on Saturday 26th September with tickets available on corkoperahouse.ie

Tá an ceol ar fad ó 'An tÉalú' le clos anois ar Spotify faoi 'Cumann Léirithe Bhéal Átha'n Ghaorthaidh'. The recorded show music & songs are all available now to enjoy on Spotify under 'Cumann Léirithe Bhéal Átha'n Ghaorthaidh'.



Karen & Páidí Ó Lionáird ag 'An tÉalú' sa Ghaillimh



Cuid den clár cúlstáitse ag 'An tÉalú' sa Ghaillimh



Cúlstáitse ag 'An tÉalú' sa Ghaillimh



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Christmas fittings

085 809 5092



Learning Together at Campas Íosagáin

These are exciting times at Campas Íosagáin, the former boarding school Coláiste Íosagáin in Ballyourney. The autumn programme of training courses and events has just been launched, and training manager Grett O'Connor says there has been a lot of interest already.

'We have a beautiful building, and it's a place that holds a special place in the hearts of lots of people in Gaeltacht Mhúscraí and beyond,' she said. 'This new era has been a long time coming, but the end product has been worth the wait.'

Grett, who is a former journalist with TG4, RTE and The Corkman, says the aim of Campas Íosagáin is to support businesses in the region by providing convenient and comfortable meeting facilities, offices and hot desks, as well as offering relevant training and mentoring.

'A lot of people have asked me if our training courses will be run through Irish. Some courses will be in Irish, but we will run some courses in English. The goal is to help companies in this region to expand and provide more jobs, offering graduates more opportunities to live in the Gaeltacht and bring up their families through Irish. This will mean more Irish is being spoken,' she said.

'There are a number of business-related courses scheduled to run here in the coming weeks. For example, on October 14th we have a beginner's course

in Canva which is a DIY graphic design tool. This will be a game changer for small businesses wanting to market their goods or services, or even for PRO's of sports clubs or other voluntary groups. It teaches you to create professional-looking graphics.'

'This course will be in person – participants come to Campas Íosagáin for a 3-hour workshop with Evan Mangan, of The Marketing Crowd in Killorglin. Then after a short break, the participants will discuss which elements of the course will be most useful to them in their work and they get a chance to make a start on using the software with the support of a facilitator.'

'We're calling this approach 'Learn Together' or 'Foghlaim le Chéile'. How often have we all done online courses, but as soon as the course was over, we didn't know how to put our learning into action? This approach will help people to learn from each other – the most powerful way to learn.'

She says there has been huge interest in the Irish classes for adults being run at Campas Íosagáin every Wednesday night. There are four levels available – beginners who did not attend school in Ireland, beginners who studied Irish at school, improvers and advanced.

All courses can be booked through the Campas Íosagáin page on the Connected Hubs website (www.connectedhubs.ie).



CLONDROHID NEWS

MOVEMENT OF CONTINUOUS PRAYER FOR MARRIAGE AND FAMILY LIFE: Next 24 hours is Sunday Sept 27 to Monday Sept 28. Thank you.

CLONDROHID GAA COMMUNITY FAMILY FUN DAY! Clondrohid GAA, in association with the Parents' Association of Clondrohid National School, are delighted to invite everyone along to a fantastic afternoon of family fun!

This Sunday, Sept 20 on the Clondrohid Astro Pitch 12:00pm – 2:00pm

FREE COMMUNITY EVENT!

There'll be something for everyone, including: Football Academy Skills Display, Two Bouncy Castles, Giant Connect 4 & Giant Jenga, Children's Races Hang Tough, CIC Fada, Tug of War, Egg & Spoon Race, Three-Legged Race, Parents' Races, Plenty of additional children's games & activities. Refreshments available on the day!

CARRIGANIMA 11TH ANNUAL RUN/JOG/WALK: Please

note a change in the date. It will now take place on Saturday Sept 26 in the Pub Carriganima. Registration 2.30pm to 3.20pm. Race starts at 3.30pm, and its 6 kilometres. Adults €10, U 18's €5 and a Family €20. As always this is held in aid of Millstreet and Macroom Hospitals.

Music and Raffle from 9.30pm in Pub, music by the talented Diamond Sisters. Your support will be appreciated.

BELL INN CLONDROHID: On Sunday Sept 27 at 3pm, there will be a Dog Show and a Car Boot Sale.

1st and 2nd prizes for the dog show in each of the 9 categories. Perpetual Cup for the overall champion of the show. Entry €5 per dog, per class. Please come out and support this venture. Thank you.

BINGO: Continues every Wed night at 8.30pm. Thanks to all who help to organise and run it, Well done. Everyone welcome. Your support is much appreciated

MUSHERA PLATFORM GRAND FINALE DANCE: This will take place in Ballinagree village at back of Laine Pub this Sunday Sept 20 from 3 to 5.30pm. Music by Tim Joe and Ann. A great evening assured.

MACROOM SENIOR CITIZENS FUNDRAISER: This will take place in St. Colman's Church Macroom on Friday Oct 2 at 7.30pm. Featuring the Ballinagree Folk Group, Donoughmore Active Retirement, The Sullane Singers, Celebration of Life singers, The Local Vocals, Tickets at the door €10.

Great night's entertainment.

GAA NEWS: Heartiest congrats to Clondrohid's u 14 team who defeated Iveleary in this championship final in Kilnamartya last Saturday on a scoreline of 4 9 to 2 8. Well done boys, great display.

GAA LOTTO: Jackpot €2,400, €70 Noelle O'Sullivan Clondrohid, €20 Ger Burke MCP, Jerry Masters Kilmichael, Con O' Keeffe Lissarda, Callum O'Brien Coolnadane



Údarás na
Gaeltachta

Tuilleadh Eolas (More Info):

<https://connectedhubs.ie/hubs/profile/6175>

IMEACHTAÍ / EVENTS

M.FÓMHAIR

RANGANNA GAEILGE

IRISH CLASSES RAN BY C.CHUMANN FORBARTHA MHÚSCRAÍ

09/09 - 18/11

7.30 PM



M.FÓMHAIR

ACADAMH FODHLA

MÚSCRAÍ & COIMISIÚIN NA GAELTACHA 1926

LE DONNCHA Ó HEALAITHE

18/09

8 PM

M.FÓMHAIR

ACADAMH FODHLA

DONNCHA Ó BUACHALLA & A FHOCLOIR

LE KATIE NÍ LOINSIGH

24/09

8 PM

M.FÓMHAIR

SEISIÚN EOLAIS - TITHE FOLMHA

VACANT HOMES INFORMATION SESSION

WITH COLM MAC EAHMHARCAIGH

28/09

7 PM

D.FÓMHAIR

CIBEARSHLANDÁIL DO MHIONGHNÓLACHTAÍ

CYBERSECURITY FOR SMES WITH MARY UÍ CHOILEÁIN

08/10

9.30 AM



D.FÓMHAIR

TÓG DO CHLUICHE FÉIN

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10/10

10 AM



D.FÓMHAIR

CANVA DO THOSAITHEOIRÍ

CANVA FOR BEGINNERS WITH EVAN MANAGAN

14/10

9.15 AM



D.FÓMHAIR

AI DO MHIONGHNÓLACHTAÍ

AI FOR SMES WITH MARY UÍ CHOILEÁIN

20/10

9.30 AM



★ = Book on [Connectedhubs.ie](https://connectedhubs.ie)

g.oconnor@udaras.ie

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MON 28 SEPT	Beginner Yoga Evening course, complete BEGINNERS welcome	7:00pm 5 WEEKS
MON 5 OCT	Beginner Reformer Pilates NEW BLOCK Morning course, with Nichola	10:00am 4 WEEKS

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SEPT 22ND



5:00 PM - 8:00 PM



Principal's Address: 7.30pm



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Discover where DLS could take you.**

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RESPECT



MY NEW LIFE IN IRELAND

and My Garden

Hello, my name is Ting Liang, and in March 2026 I moved to Ireland from China to begin a new chapter in my life.

One of the things I was most excited about when moving here was having the opportunity to create a garden of my own. I have always had a real love for nature and being outdoors, so creating a space where I could grow plants, flowers, fruit and vegetables was something I really wanted to do.

For me, my garden is about much more than making an outdoor space look beautiful. It is somewhere I can spend time in nature, learn new things and create something that will grow and develop alongside my new life in Ireland.

STARTING MY GARDEN

When I arrived, I was starting almost from the beginning. I had a garden, plenty of ideas and a lot to learn! Gardening in Ireland is a new experience for me. I am learning about the weather, the soil, the seasons and which plants are happiest growing here. I don't expect everything to work perfectly. Part of the enjoyment is experimenting, making mistakes and learning from what happens. I want my garden to develop naturally over time rather than trying to create a finished garden immediately. Every plant I add and every little area I work on is another step towards turning this space into a garden that feels like mine.

PLANTING MY FIRST APPLE TREE

One of my favourite moments so far has been planting my first apple tree. It might sound like a small thing, but it was very special to me.

I had recently moved to Ireland and was beginning a new life, and now I was planting a tree in my new home that I hope will be here for many years. I love thinking about how that little tree will change. Hopefully, as the years pass, it will become bigger and stronger and eventually give us plenty of apples! As I settle into my life in Ireland, my apple tree will be putting down roots too.





THE EVERYDAY WORK

Of course, having a garden isn't only about planting beautiful things. There is always something to do! Maintaining the garden has become part of my everyday life. There are plants to care for, weeds to remove, areas to tidy and always another little job waiting around the corner. But I enjoy that side of gardening too. Sometimes the smallest changes are the most rewarding: discovering a new shoot, watching something begin to flower or simply standing back after a day's work and seeing the difference. I'm quickly discovering that a garden is never really finished. It is constantly growing and changing, and I think that's what makes gardening so interesting.

sharing the planting, maintenance, successes, mistakes and everyday moments along the way. You can follow my journey on YouTube (<https://www.youtube.com/@TingsTinyFarm>), including my first garden video, planting my first apple tree and videos showing the everyday work of maintaining my garden.

Follow me on YouTube:

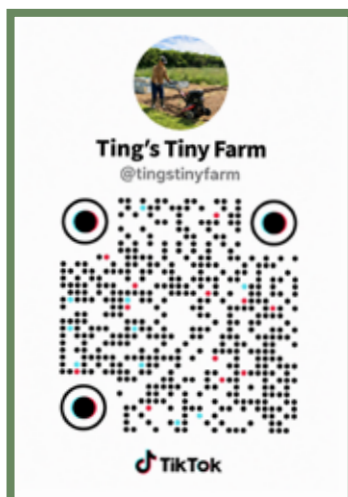


WATCHING IT GROW

My garden today is only the beginning. I have many ideas for what I would like to grow and create, but I'm also learning that you can't rush nature. You plant something, care for it, give it time and wait to see what happens. Over the coming months and years, I hope to look back and see how much both the garden and I have changed. I don't know exactly what my garden will eventually become, and that's part of the adventure.

COME ALONG WITH ME

I am documenting my garden journey and my new life in Ireland online,



COME ALONG WITH ME AND WATCH IT GROW

GO RAIBH MÍLE MAITH AGAT

Kidney Association Fundraiser

So Saturday the 5th arrived and what a day from 8am in the morning we started making tea & coffee at 8am and never stopped until 5pm. The crowds never stopped all day, baking arrived every hour on the hour it was fantastic, amazing. Dave and I are so so greatfull to everyone, all the sponsors for spot prizes, all the people that donated, all the bakers and all the helpers. We can't thank them all enough. To everyone who came from near and far to our wonderful community and family and friends thank you all. To all that took buckets posters sold and bought raffle tickets that helped in anyway thank you. The support was amazing and the funds raised was beyond our wildest dreams. We are delighted to give you our final figure of €13,900 raised for the Irish kidney association support center. This will help so many families on their own journeys. Thank you all so so much.



Dave and Normas coffee/tea day for the Irish Kidney Association support center.



BALLYVONGANE NS

Another school year is underway at Ballyvongane National School. We were delighted to welcome our six new Junior Infants who have settled in really well. We wish them every happiness and success throughout their journey at Ballyvongane National School. The Junior Room has been doing lots of vocabulary development and recount writing. They have enjoyed plenty of play-based learning, with pupils showing great imagination through construction activities, Play-Doh, kitchen play and small-world play. Meanwhile, pupils in the Senior Room have been revising their briathra as Gaeilge, exploring place

value in Maths, studying grammar rules in English, and learning about the organs of the human body.

We participated in First Friday Mass on the 4th of September with Fr Roberts in Bealnamorrvie Church. Our weekly swimming lessons have also resumed at the Castle Hotel in Macroom. The pupils are enjoying being back in the pool and continuing to develop their swimming skills.

For further updates from Ballyvongane National School, please follow us on Facebook and Instagram or visit our school website.



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Building bridges at Ballyvongane NS



Back to school at Ballyvongane NS

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OCT 16 Daoiri Farrell Island of Ireland Tour

OCT 17 FLASHDANCE 80s 90s and More

OCT 23 Paddy Casey

OCT 30 The mind guy "Seance"

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Kilmurry Rebel Run

The ninth Kilmurry Rebel Rally Run took place on Sunday September 6th and although the weather was wet it failed to deter participants enjoyment of hearing the fascinating stories of Captain Timothy Kennefick whose death in 1922 was recalled by Mary O Mahony and the Barter family (who came from Kilmichael) involvement with the world famous St Anns Hydro in Tower by Joe O Leary

Jo's excellent presentation in the historic Tower Hall contained many interesting photographs of the interior of the buildings which were some of the first in Ireland to be illuminated by electric light.

In addition Joe had photographs of the Muskerry railway and rolling stock which carried many of the Hydros patrons.

KHAA would like to thank all those that attended this event and volunteers that helped on the day.



Group photo of participants before departure the ninth Kilmurry Rebel Rally Run



Fr Kieron O Driscoll PP Kilmurry waving the chequered flag to begin the ninth Kilmurry Rebel Rally Run



Tom Mullins, George Lehane with Joe O Leary and Mary O Mahony (speakers) outside Tower Hall. Photo credit Roger O Sullivan

THE GARDEN FETE IN KILLARNEY ROAD

This summer's heatwave is now but a distant memory. On the warmest day when temperatures hit 30° at the Garden Fete in Killarney Road, the rare weather phenomenon presented us with continental style "al fresco" as we sat and enjoyed the beautiful music. The previous year, putting up gazebos and umbrellas was a challenge in the wind as we prepared for the typical Irish weather conditions we normally expect, and while they were there to protect us from the usual showers, this year they shaded us from unprecedented warm sunshine. Although the day was a sizzler, people came in their droves to support the very worthy cause, Macroom Critical First Responders. €4,701.00 was raised in all, which included donations given in both before and after the Garden Fete.

Image right: Some of the musicians that entertained us at the Garden Fete are from I to r Jerry McCarthy on Accordion, Paddy O'Donovan on Banjo, Jer Wolfe on Violin and vocals, Frances O'Connell on Concertina, Paddy Morgan Mc Sweeney on Bodhrán and vocals and Dermie O'Leary on Violin. Photo by Dan Cronin West Cork.



NEW CORK LOCAL HISTORY BOOK LAUNCHES SEPTEMBER 28th

Farran local historian Michael Keane is launching his fourth book, Family stories from Cork history, in Ballincollig on September 28th. Based on Cork's dramatic history through the centuries, the book features nine families in the city and county who achieved distinction and in some cases notoriety in different historic eras; Pikes, Hawkes, Penroses, Warrens, MacCarthys, O'Driscolls, O'Mahonys, Audleys/Earls of Castlehaven and Crosbys.

The stories include the background to multiple burnings of Big Houses during the War of Independence. At an earlier time, the historic loss to

English invaders during the turbulent 17th century of the vast clan territories of the MacCarthys Lords of Muskerry, along with the O'Driscolls and O'Mahonys of West Cork, is explored.

Some of the tales are more personal, including multiple stories of marital infidelity and major frauds involving both banking and mining.

Some aspects of Cork archaeology are also discussed, including the controversial removal of historic Ogham stones from two mid-Cork farms for display in University College Cork and the British Museum in London. Also, an example is provided to show how

modern solar farming and an area of concentrated archaeological features make uncomfortable bedfellows.

The book is available in local bookshops throughout the country and is also on Amazon.

Members of the public and all those with an interest in Cork's local history are invited to the book launch which will take place in The White Horse, Ballincollig at 8pm September 28th, tea and coffee from 7.30pm.



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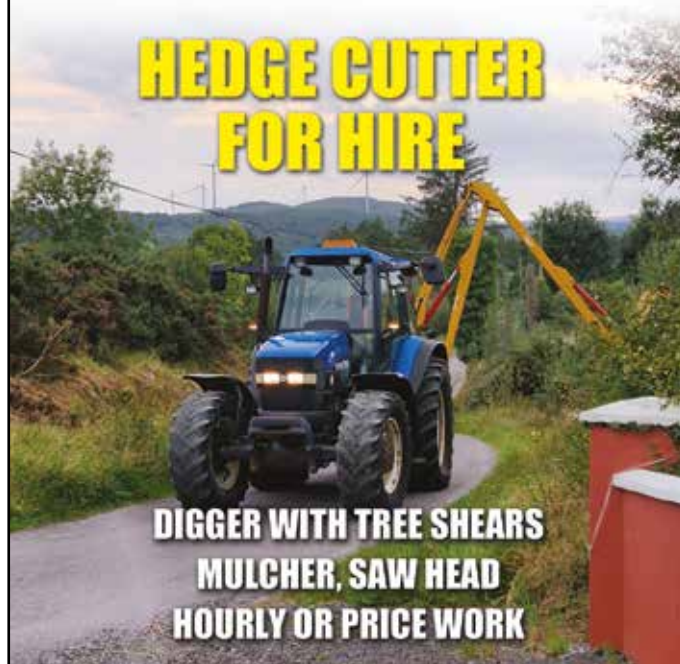


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Saturday 19th September

Skills for Life

Understanding Food Labels with Ita Harris

Booking essential directly with Macroom library at 11am
Free Event

Celebrating Multiculturalism



Through Food

From 12pm at the Square – Free Entry



Pop Crowleys

Afternoon - Pop Crowley's Meet the
Producer's and Tastings



Granvilles

Afternoon with Swingy Duo Music enjoy
with sharing plates. 2pm - 5pm



An evening of East European Cuisine

Mulligan Room - Come on a Culinary Journey at 8pm
Booking essential €35 - contact Armand 086 8914489

Exploring Food Culture

Orla Cullens Gift & Coffee Shop, 33 New Street, Macroom
A noteworthy talk by Kate Ryan, a multi-award-winning
writer & author of Blood, Guts & Black Pudding.

Saturday 2pm. Free Event



Sunday 20th September

MEMORY WALK FOR ALZHEIMER'S SOCIETY

Starts at the Castle Gates at 11am



COOK CREATE & EAT Cooking Class with Chef Inga

11am - 12pm first session

& 12.30pm - 1.30pm second session

For 10 - 15 year olds. Numbers limited so advanced

Booking essential

Email info@macroomfoodfestival.com - €15

MONSTER STREET FOOD & CRAFT MARKET

in the Square from 11am



THE GREAT KIDS FOODIE TREASURE HUNT

Register at the Stage at 12pm - Free Entry

Sponsored by: The F zin Coffee Company



DANONE SCHOOLS COOK OFF COMPETITION

From 12pm at the Square





**Friday 18th -
Sunday 20th
September 2026**

Sunday 20th September

MUSICAL ENTERTAINMENT

Finbarr Dennehy & Family Band 1pm - 3pm



KIDS ENTERTAINMENT

12pm - 1pm & 3pm - 4pm
DJ Kids Entertainment in the Square.



POP CROWLEY'S

Afternoon - Pop Crowley's Meet the Producer's
and Tastings.



"Cooking with Confidence"

A cooking workshop with Inga is for 10-15-year-olds, this session encourages kids to cook using ingredients they already have at home, children learn to see everyday foods in a whole new way. This session will boost creativity and responsibility, by cooking these simple dishes.

Sunday 21st at 11am - 12pm or 12.30pm - 1.30pm
Venue: Mc Egan College.



Entry €15. Places are limited,
advanced booking is essential.



Book your space:

info@macroomfoodfestival.com
or 087 9686739



Monday 21st September - Green for Business
training Workshop by Fash Forward and LEO - Macroom Golf Club 9.30am.



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SECAD

RAMBLES IN EIREANN – INTO THE WEST

By P'OC

I got my first pair of Football boots on Tuesday September 12th 1961 from former Cork and Canovee Football star J J Henchion at Cronin's drapery store on Main Street Macroom. It was Fair Day in the town and I had started Secondary School at De La Salle College on Monday of the previous week. I got permission at lunch time from the School Principal Bro. Leo to meet my dad at the monument on the Town Square. Incidentally Bro. Leo and my dad had attended National School together at Clondrohid. I was excited as we made the short walk to make my purchase. It didn't take long to satisfy my enthusiasm and when JJ inquired if I needed the shoebox I quickly responded that the shoes would be put to immediate use.

In our field of dreams on the far side of my new school we played some real Football with Bro. Hillary. Each Thursday I joined with my classmates Con Dunne and Frank Galvin, both sadly gone to God, Liam Nash, Pat Lehane and we were joined by 2nd class who included Dick Brown and Donal Kenny plus many more from both classes in some epic tussles. Some few months later my dad, after some persuasion, purchased my first pair of Football socks from Ally Brown in the South Square. They were the Red and Green colours of Mayo and I was overjoyed as the Mayo goalkeeper of the 1950's was Mick Corkery and of course "he had to be related". Roll on the years and this year in 2026 the Red and Green of Mayo bridged the gap of 75 years to defeat the Kingdom and capture the Sam Maguire Cup for the 4th time in their history. There was nothing for it but to make the long journey into the West, explore the landscape and join in the celebrations.

The road trip took us through Mallow, Charleville and onto the Limerick Bypass, through the Shannon Tunnel and passing Bunratty Castle, Durty Nellie and

the Shannon Airport exit and before long we were on the dual carriage motorway. No trip up the West would be complete without a visit to Denis "Gus" O'Shea from Kilgobnet, Clondrohid who had starred at midfield for Macroom as they defeated Avondhu in the Final of 1958 to capture the Andy Scannell Trophy.

Gus joined the Garda Siochana in the late 50's. While he did duty on the border area for some time, for most of his career he was stationed in the City of the Tribes. During that time he joined the Fr Griffiths GAA Club with whom he played for three decades and also wore the maroon of Galway in Croke Park. He now resides on the outskirts of the city close to Claregalway and the famous Mc Hugh's Pub. The pot of tea was refreshing, the freshly baked scones were delicious and the conversation was all about Clondrohid and its characters. We recalled the deeds of John "Conchur" Kelleher on the Football field, Dan O'Driscoll who excelled at Bowling and Football, Mary Twomey nee Buckley who had a sweet singing voice, Jimmy Cooney and Jack "Sheamuseen" Kelleher who both told many tall tales. Sadly we had to cut short our conversation as it was time to move on but it was great to see Gus in such good health and in great form.

Back on the road, we drove through Claregalway and bypassed Tuam before we reached the Green and Red bedecked houses and villages of Co Mayo. The University of Galway Connacht GAA Air Dome was amazing to view and is situated just a few miles outside Knock Village. The Dome has recently been refurbished with a seated capacity of 2,000 plus for games and 10,000 to 20,000 seated and standing for concerts and other events. The complex also boasts a full sized Outdoor Astro Pitch plus five other full sized pitches.

Staying overnight in nearby Claremorris we noted that

while the celebrations are temporarily postponed, due to the present Club championship, the flags and bunting are still flying high. As we journey around the County we note that each Club honoured their own heroes of the history making All Ireland winning team with life size photos of their players adorning the entrances to the various Club grounds

The following morning we thanked the Lord for our safe journey at 9.30am Mass at the old Parish Church of Knock with the Master on High no doubt smiling down on the Green and Red flag on display in front of the altar, something which was actually replicated around the County. Leaving Knock we journey on through Ballinrobe to the quaint and tranquil village of Cong where John Forde, in 1952, directed the famous Irish film "The Quiet Man" starring John Wayne, Maureen O'Hara and Barry Fitzgerald. Apparently the many support actors each earned the princely sum of ten shillings per day and came from all over Ireland.

The location of the film was chosen due to its proximity to Ashford Castle with its accommodation facilities and beautiful scenery. The one hour long guided tour of the various film locations gave a great insight to its making and was expertly detailed to us by our guide. Later, following an hour long pleasant walk through the nearby natural forestation it was time to journey homewards to the Rebel County.

I reminisced that while my Green and Red Football socks of Mayo are long gone I still need to check out the family background of that Mayo goalie Mick Corkery!!! but I suppose that's for La Eile. For now it's Mayo With Sam.



Rambles in Eireann, Interior of the Connaught Gaa Dome in County Mayo



Rambles in Eireann, Some of many pictures to celebrate Mayo's All- Ireland victory



The Green and Red flag of Mayo hangs proudly from the Altar at the Church of Cong, County Mayo



Gus O'Shea formerly of Kilgobnet Clondrohid and member of the Macroom 1958 Football team.

Feile an Fhómhair

Talamh, Teanga agus Pobal

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Guagán Barra

Domhnach Sunday

Siúlóid Choille 11:00

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Satharn Saturday

Íoga 10:00 *

Yoga

An Ságán, BÁC

Seoladh Iris Staire Dhúiche Ella 10:30

Duhallow Historical Journal Launch

An Dr. Aogán Ó hIarlaithe

Guagán Barra

Focláir Uí Bhuachalla 11:30

Uí Bhuachalla's Dictionary

Dr. Katie Ní Loingsigh

Guagán Barra

An Portach

Éiceolaíocht agus Samhlaíocht 11:30 *

Imagination and Ecology in the Bog

An Dr. Ailbhe Ní Ghearbhuigh

Dónal Ó Laoire

An Portach, Béal Átha an Ghaorthaidh

Buille Croí na Gaeltachta 14:00

Heartbeat of The Gaeltacht

Helen Ní Cbuill - Tairseach Thadhy Mhic Suibhne

Fearghus Ó Conchúir - Cúinní an Gheorria

Dr. Rosari Kingston - Ireland's Hidden Medicine

Aine Uí Cbuill & Gearóid Ó Duinnín - 'The Tailor and Ansty'

Dr. Ailbhe Ní Ghearbhuigh - Léamb filíochta

An Ságán, Béal Átha an Ghaorthaidh

Féasta an Fhómhair 18:30 ▲

A Harvest Feast

le bia áitúil

Guagán Barra

Ger Wolfe 20:00 *

Guagán Barra

Eolas Breise



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THE GAELIC LEAGUE AT CLONDROHID

(Conradh na Gaeilge i gCluain Droichead)

Scríofa ag Tadgh Ó Cuill-Maonlaí

Clondrohid (Cluain Droichead) is known as the home parish of the renowned An t-Athair Peadar Ó Laoghaire, who would be remembered as a leading writer, Gaelic scholar, teacher, dramatist and proponent of the Land League - even described as a "spiritual leader" of that movement. He's particularly well remembered for his works 'Séadna', 'Mo Scéal Féin', and 'Tadgh Saor'. However, the Gaelic League in Clondrohid itself, and the emphasis placed on it by organisers, is sometimes overlooked in discussions about the wider project.

With support for Gaeilge on the rise locally for several years, a feature in 'An Claidheamh Soluis' reported that, on 26 November 1899, a new branch of the Gaelic League was established at Clondrohid. The meeting was presided over by the parish priest, the Very Rev. Father Thomas McAuliffe, P.P., and was attended by a strong local gathering, together with representatives from Macroom town, Ballyvourney, and neighbouring districts. Among those present were the Very Rev. Dean O'Leary of New Zealand, Father Sheehan, C.C., Dr. Lynch of Ballyvourney, and Mr Thomas Concannon, organiser of the Gaelic League. The meeting reflected the growing concern locally about the decline of Gaeilge as a spoken language. In opening the proceedings, the chairman called on those present to give a warm "céad míle fáilte" to Mr Concannon, whose work as an organiser had brought him to Clondrohid. Concannon then addressed the gathering in 'as Gaeilge', delivering a spirited appeal for the advancement of the language and receiving frequent applause.

The Very Rev. Dean O'Leary followed with an address in 'as Gaeilge', in which he spoke from personal experience of the decline of the language in the parish. He recalled that when he had left Clondrohid twenty-three years earlier, Irish was spoken there as well as anywhere in Ireland. On his return, however, he was saddened to discover that some of the children had no knowledge of their native language. He placed the responsibility not on the children but on their parents, urging families to restore Irish to everyday use. Dean O'Leary contrasted the situation with that of Highland Scots communities, where he had seen people gather for concerts at which Gaelic songs were performed in an effort to promote their old customs and traditions. O'Leary urged the people of Clondrohid to attend the proposed classes and, above all, to speak it in their homes. If they did so, he believed that within a year they would be able to converse fluently. Father

Sheehan likewise encouraged the gathering to support the League and extend the language classes, while Dr Lynch of Ballyvourney made a lively and well-received appeal for the study and preservation of Gaeilge.

The meeting then turned to the formal establishment of the new parish organisation. Four resolutions were proposed by Mr John O'Leary and seconded by Dr Lynch. The first provided for the establishment of a branch to be known as the Clondrohid Branch of the Gaelic League. The second expressed gratitude to Mr Concannon for his address and pledged the support of those present to the language movement. The third called on the Commissioners of National Education to provide Gaeilge with the same facilities for instruction during school hours as other subjects. The fourth urged the managers of national schools, when making appointments, to give preference, where other qualifications were equal, to teachers who could speak the language. All four resolutions were carried unanimously, demonstrating the strength of support for the new branch and for the wider campaign to restore Irish to education and daily life.

In returning thanks to Mr Concannon, Father McAuliffe emphasised that the most meaningful expression of gratitude would be practical rather than merely ceremonial. He urged the people of Clondrohid to enrol in the classes and acquire sufficient command of Gaeilge to speak it freely and correctly, as well as to write it with fluency and accuracy. The proceedings concluded with a vote of thanks to the chairman, proposed by Mr O'Leary and seconded by Dr Lynch. The establishment of the Clondrohid branch thus marked another step in the Gaelic League's efforts to organise local communities around the revival of the Irish language, with particular emphasis on education, family use, and the cultivation of Irish as a living language.

On this topic, a short article in 'The Irish People' remarked that, among the early pioneers of the Irish-language revival in County Cork was John O'Leary, a national teacher in Clondrohid. He was regarded as one of the most prominent of those involved. His work was strengthened by the support of the parish priest, Father McAuliffe, whose encouragement provided an important foundation for the movement locally. The paper remarked that the significance of their efforts was reflected in the large foundational meeting held in the district, which demonstrated the depth of popular

support for their work. The gathering suggested that the movement was not simply the work of a small group of enthusiasts, but had begun to draw on the longstanding attachment of the general populace to their language and cultural traditions. In Clondrohid, this sympathy was being transformed into organised action through the Gaelic League, its classes, and the efforts of local teachers and community leaders.

As shown in 'An Claidheamh Soluis', this assertion was seemingly reflected in the fact that John O'Leary was serving as chairman of the Cork County Committee of the Gaelic League by May 1900, and most of the other key committee figures also hailed from the Muskerry area, which accounted for much of the 20 branches then in existence. Among them were Messrs. T. Scannell, C. Moynihan and John Shorten from Ballingearry, Timothy Hallissey and John O'Sullivan from Canovee, Michael Whelton from Clondrohid, M. Twohig from Inchigeela, and D. O'Mahony from Macroom. At this meeting, Ballinagree, Kilmichael and Kilnamartyra were deemed as the localities most likely to next form active branches. An opinion article in the same edition praised the Muskerry area for its central role in the Gaelic League's development, pointing out that the first meeting of the Cork County Committee had been held in Macroom two years earlier, and called it a "decidedly Gaelic town." It also declared that Gaelic Leaguers everywhere were exceptionally grateful to Mr T. Scannell for his "manly stand" in advancing the inclusion of the language at a teachers' conference in Derry.

The formation of the Clondrohid branch, followed by the election of local figures to leading positions on the Cork County Committee, confirmed the parish's central place in the Gaelic League's early organisational growth across Muskerry. In the new century, the district stood as one of the strongest centres of the movement in County Cork, with its teachers, clergy and residents actively advancing Gaeilge in daily life. The branch's early success helped embed the language movement in the locality, leaving a lasting mark on the cultural and educational life of An t-Athair Ó Laoghaire's native parish and the wider Muskerry area.

Sources: (Foinsí)

- An Claidheamh Soluis 16/12/1899
- An Claidheamh Soluis 12/5/1900
- Evening Echo 20/3/2020
- Irish Examiner 11/5/2020
- The Irish People 9/12/1899

MUSKERRY LOCAL HISTORY SOCIETY

PROGRAMME 2026-27

Monday, 5 October	The Moylans from Cork and Their Part In The American War of Independence <i>Michelle O'Mahony</i>
Monday, 19 October	The Launch of <i>Times Past</i> , 2025-26, <i>Journal of Muskerry Local History Society</i>
Monday, 2 November	Ballincollig And Carrigrohane Castles <i>Paul MacCotter</i>
Monday, 7 December	A Night of Artefacts
Monday, 11 January	Holy Wells <i>Richard Scriven</i>
Monday, 8 February	The Hydro: 110 Years at St Ann's Hill <i>Sinead McSweeney</i>
Monday, 1 March	Dripsey Woollen Mills: History, Family, Community and Legacy <i>Andrew O'Shaughnessy</i>
Monday, 5 April	Colthursts of Blarney <i>Kathleen Flynn</i>
May	Day Trip - TBA

TIME: 7.00 PM
LOCATION:
BALLINCOLLIG RUGBY CLUB
(except **)

Annual Membership: €15.00.
Members can join at the lectures.
Individual lectures: €4.00 each

Monday, 28 September
The Launch of *Family Stories from Cork*
History by Michael Keane**

MACROOM HISTORY GROUP (MHG)

1. Regular Macroom Summer History Walks have finished for the year. If interested in arranging a walk, please contact Dr Con Kelleher at 086/2480350 to discuss arrangements.

2. History Lectures for the 2026-27 season will begin in September in The Castle Hotel. Dr Con Kelleher, will speak on 'Macroom Irish Countrywomen's Association 1953-2000 - Early Women's Libbers'. The talk will begin at 8.00 pm, and refreshments will be served afterwards. The admission is €8 and €5 for paid-up members. October's topic is 'Fianna Fáil, 1926-2026' by Professor Gary Murphy, Dublin City University. Professor Murphy wrote the definite biography of Mr Charles Haughey and is a regular contributor to radio and television broadcasts. He is about to publish a biography of Mr Brian Cowen.

Thanks, Con Kelleher, PRO, Macroom History Group.



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WELCOME BACK TO SCHOOL



Naionáin Bheaga Scoil Fhionnbarra



Art time at Ballyvongane NS



Junior pupils from Dromleigh N.S. enjoying football training with coach Mr Tadg Sheehan.



Turas álainn go dtí Cloghoola More Stables le déanaí. Eispéaras iontach dos na leanaí go léir.



A warm welcome to our new Junior Infants in Muinefliuch.



Well done to our 5K Run winners who completed the run on Sunday as part of our Family Fun Day, and a big thank you to everyone who took part and supported the event!



Carrigadrohid's Little Fox Keeps Watch Over the Bridge!
Pic. Edwina Lyons



New pupils Carriganima NS with teacher Ms. O'Riordan

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WELCOME BACK TO SCHOOL



Kilbarry NS Junior Infants September 2026.



New Junior Infants on their first day at St Enda's NS



An Seomra Beag i Scoil Réidh na nDoirí 2026/2027 - Naíonáin go Rang 2



Teachers at Carriganima N. S. (2026-2027)



Ualach mór sméara dubha pioctha ag na daltaí agus an subh déanta!



Kilbarry NS pupils had a visit from Naomh Fionnbarra footballers Caoilinn, Aoibhinn and Bláithín recently. The girls brought Mid Cork, Munster and All Ireland trophies with them after a very successful season with club and county.



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THINK GLOBALLY, **ACT LOCALLY**

FAIR GAME

by **Tom Jordan, Macroom and District Environmental Group**

Open season for hunting began on September 1st, and among the animals with cause to worry are numerous problem species, like non-native sika deer. Sikas tend to browse native woodland, targetting young trees and preventing regeneration, so their appearance on the list is no bad thing. Venison is also a delicious and sustainable meat which more people ought to eat, so deer are definitely fair game.

Pheasant is an introduced game bird whose stable population is about 1 million, with many more bred for release each year. They eat threatened species such as lizards and frogs, outcompete native bird species for food and may spread parasites that are fatal to grey partridge and corncrake.

Pheasants at high densities can modify hedge bank floral structure, and this can have knock-on impacts on hedge-nesting birds, so we may all agree, they can be deemed fair game.

It may, however, surprise readers to know that intrepid hunters often target innocent species, whose only crime is to present a challenging target. Birds such as woodcock, snipe, golden plover, red grouse and half a dozen types of duck, are free to shoot, despite the fact that all are in decline and some are even red-listed in Ireland. No adequate explanation has ever been given by authorities, but hunting remains a popular tourism attraction and it may be this which has prevented anybody from intervening.

The process of issuing licences for shooting is pretty straight-forward, as any of the dozens of companies

advertising Irish hunting trips abroad will tell you. Leave it with them. They can arrange everything from flights, accommodation, transport and even guns, should you wish. And they know the best places to bring their packs of dogs to flush out the prey. One website boasts, woodcock "really is rough shooting at its best and [with] excess of 10 bags the order of the day, this pursuit comes highly recommended." What is most worrisome is that having made promises to their clients, these tour guides have an incentive to maximise the number of birds they kill.

And that is one of the most lamentable points, the fact that there is no limit on the number of birds hunters may shoot. Laws exist to prevent anyone profiting from selling woodcock or snipe, but these hunting tours go under the radar. Coillte also profit from issuing hunting permissions for their lands. As such significant fees are charged, it is in the interest of the tour provider to bring value for money, by flushing out as many birds as possible.

BirdWatch Ireland has called for "further analysis to be undertaken by the NPWS in relation to nine [...] species listed – Tufted Duck, Snipe, Mallard, Woodcock, Teal, Gadwall, Red Grouse, Wigeon and Jack Snipe. Of these species, three are currently Red-listed (Snipe, Woodcock, Red Grouse), with five Amber-listed (Tufted Duck, Mallard, Teal, Gadwall, Wigeon) and one Green-listed (Jack Snipe)."

Furthermore the Irish hare, which has evolved into a distinct subspecies due to this island's geographical isolation, may be legally hunted with guns, dogs or taken for hare coursing. This is despite the fact that

hares in Ireland have declined dramatically in the past number of decades due to land improvements and ongoing persecution.

The dates vary by species and some may rest easy until November 1st, but the range of legitimate targets is wide. No doubt, foxes, pheasants and deer are probably the most common targets and, perhaps for those who like to hunt, jolly good sport. But all hunters should be aware that birds of prey and other animals can suffer lead poisoning following the consumption of game birds that are shot, but not collected.

It is a fact that many hunters are aware of these issues and their love of the sport guides a tremendous sense of responsibility for the game they target, so that they will never kill more animals than the landscape can spare. But it is also true that some of those profiting from the business of hunting are unscrupulous and indifferent to the long-term impacts of their business. They simply want to sell more trips and make more money. That is why it is so important that regulation is made stronger, to protect endangered species and prevent their demise.

Red-listed species such as golden plover, snipe and woodcock should be immediately taken off the open season list until their populations have recovered. All of Ireland's wildlife is grappling with extreme weather, widespread habitat destruction and pollution. Until we can ensure that our habitats are healthy and thriving, we should not be hunting rare or endangered species, however much profit there is to be made from it. Let's stick with fair game.



Dave and Norma's coffee/tea day for the Irish Kidney Association support center.

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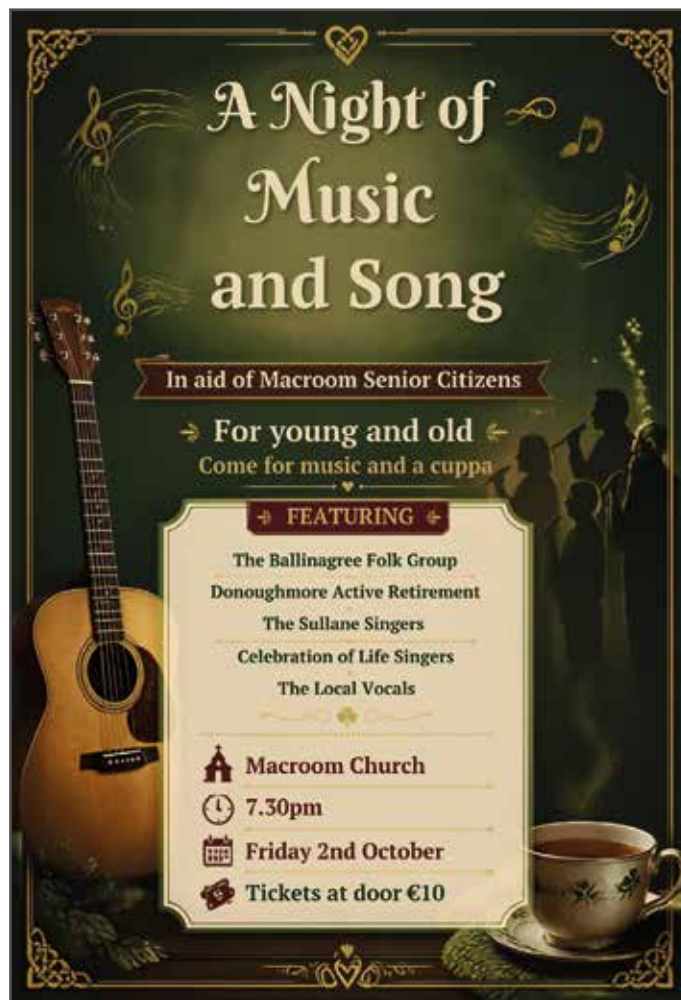
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Mercy Stars honour hospital heroes and fundraisers

Mercy University Hospital and The Mercy Foundation have honoured hospital teams, as well as individuals and community groups, whose extraordinary dedication and commitment have made a lasting difference to patients and their families across the region. Their stories of compassion, dedication, and teamwork took centre stage at the annual Mercy Stars on Friday, September 11 at Rochestown Park Hotel.

Speaking at the event, Rachel Stevenson, CEO of The Mercy Foundation, said "We are incredibly proud to recognise our hospital teams, whose compassion, professionalism and dedication make such a difference to patients and their families every day. Mercy Stars is about saying thank you to all of these people and celebrating the community of staff, volunteers, fundraisers and supporters who are at the heart of 'The Mercy' family."

Among those recognised at this year's Mercy Stars Awards was the Innishannon Steam & Vintage Rally, which has been a much-loved fixture in the West Cork calendar. The event attracts thousands of visitors and continues to raise funds, which the organisers generously donate to The Mercy Foundation each year. Organised by a dedicated committee of volunteers and supporters, the rally has made a significant contribution to Mercy University Hospital. In recognition of this ongoing support, a Mercy Star was awarded to the Innishannon Steam & Vintage Rally committee.



Rachel Stevenson concluded: "Behind every donation, fundraising event, and campaign is a personal story and a real commitment to making a difference. Whether it is the Giving for Living Radiothon, opening a garden to support research, or simply turning up year after year to support 'The Mercy', these fundraisers make an enormous contribution to the care and services provided at Mercy University Hospital.

For more information visit www.mercyfoundation.ie.



BE EMERGENCY READY

From storms and power cuts to flooding and health emergencies, Ireland can experience a range of emergencies. Planning ahead and taking simple steps can help reduce disruption.

Find out how you and your household can prepare as part of the Be Emergency Ready campaign.

Make a plan

Having basic essential items at home can make a real difference in an emergency. Even a small supply can help if normal services or supplies are disrupted or unavailable.

You don't need to buy everything at once – these items can be built gradually and stored somewhere safe and dry, where they are easy to reach.

Water:

- Each person needs 2–3 litres of drinking water each day.
- Keep some bottled water in a cool, dark place.
- Only store it for as long as the expiry date on the

bottle.

Food:

- Keep a supply of non-perishable food on hand.
- Rotate food so nothing goes past its expiry date.
- Consider dietary needs of everyone in your household, including children and pets.
- If you use baby formula, have an extra supply of ready-to-feed formula to hand.
- Use fresh food and food kept in the fridge first.

Light & Heat:

- Have an alternative heating source such as blankets, sleeping bags and emergency thermal blankets.
- Close windows and doors and stay in one warm room, if possible.
- Keep a torch or lamp with spare batteries.
- Keep matches or a lighter in a safe place.
- Know the location of gas and electricity shutoff points.
- Know how to turn off gas and electricity, and note your MPRN (Meter Point Reference Number) and GPRN

(Gas Point Registration Number) from your bill.

Medicine:

- Keep prescription medicines up to date where possible.
- Keep copies of your prescriptions and details of any medical conditions.
- Have a first aid kit ready.

Stay Connected

Keep a battery, wind-up or solar radio and spare batteries, or use a car radio as backup. Have power banks ready for recharging phones.

Be prepared for Storms:

Storms and high winds can cause widespread disruption to power, internet and phone networks. Storms can be dangerous with risks such as fallen trees, power lines and flooding, which can also affect travel and communications and supply chains.

Local authorities respond to severe weather emergencies in each area. Keep up to date of weather warnings and stay indoors where advised.

Advice in a flooding emergency

Weather forecasts and alerts are issued by Met Éireann and are available across television, radio and online, including on RTÉ, local and independent radio stations, and on their website.

If you live in or near a flood-risk area, it's important to prepare in advance. Taking time to plan can help reduce disruption, protect your home and belongings, and support your safety during a flooding event.

The Office of Public Works' national flood portal provides guidance on what to do before, during and after a flood to help keep you, your family, and your property safe.

More information can be found on www.gov.ie

Citizens Information

FUEL ALLOWANCE

What is the Fuel Allowance?

Fuel Allowance is a payment to help with the cost of heating your home during the winter months. It is paid to only one person in a household.

The Fuel Allowance season normally begins in late September of each year and ends in April. It will be paid for 28 weeks (until beginning of April 2027).

The current rate of Fuel Allowance is €38 per week. You can choose to get the Fuel Allowance paid every week or paid in 2 instalments (lump sums). Currently the total Fuel Allowance payment over 28 weeks is €1,064. It can be paid to you in 2 instalments (lump sums) - September 2026 and January 2027.

How do you qualify for Fuel Allowance?

To get Fuel Allowance you must:

- Be aged 66 or over
- Be under 66 and get a qualifying social welfare payment (see qualifying payments below)
- Live alone (or only with certain people).
- Satisfy a means test

You must also live in Ireland. You cannot get Fuel Allowance if your heating costs are provided in full as part of your accommodation.

How does the means test work?

The Department of Social Protection (DSP) examines all your sources of income. Your gross weekly income must be below a certain amount to pass the means test. Contact your local Citizens Information Centre & they will explain the means test in detail.

If you are over 66 you can have income of up to €534 per week, or €1,068 per week for a couple and still qualify for Fuel Allowance.

A single person under 66 can have income up to €499.30 per week and a couple where the qualified adult is under 66 can have weekly income up to €698.70. This increases to €767.70 if the qualified adult is 66 or over.

How to apply for the Fuel Allowance?

You can apply for the Fuel Allowance online. You must have a MyGovID account to apply online. If you can't apply online, you can use a paper application form

You can get a form from your local Citizens Information Centre, local post office or by phoning 0818 200 400. You should ask for the relevant form for your age.

You can get help to fill in your application form at your local Citizens Information Centre.

If you qualified for the fuel allowance the previous year, you do not need to reapply for Fuel Allowance each year as long as, your circumstances remain the same and you continue to get the same social welfare payment.

If you need further information about this topic or you have other questions, you can drop-in to your local Citizens Information Service in Macroom

WEST CORK HELPLINE 0818 07 8430

Macroom office is open on Mondays & Tuesdays from 10am-1pm & 2pm -4.30pm

Offices are staffed from 10am -5pm from Monday to Thursday and on Friday from 10am -4pm.

Alternatively, you can email on macroom@citinfo.ie or log on to www.citizensinformation.ie



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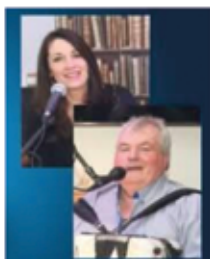
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September 2026**

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P12PF66

Time: 3pm - 5:30pm

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A Word of Victory

"As water reflects the face, so the heart reflects the true man" (Proverbs 27:19).

Welcome back dear student, many great love songs have been written. The best songs tell a story. The tragic tales would bring a tear from a stone. A story needs a storyteller and an honest perspective. Many great songs are wistful 'what ifs?' Such a small statement - asking a big question and relating to every part of life. What if things had turned out differently? What if this hadn't happened? There are many uncertainties in life, and countless possible outcomes. 'Hindsight is the best sight' they say. It's easy to look back and join the dots after something has happened, rather than in the heat of the moment. Reflection is a godly characteristic to pursue and work on. As followers of Jesus, we must ask ourselves daily - 'am I reflecting the Lord Jesus, or acting out of flesh?'

In physics, 'Reflection' is defined as: 'light or sound rays that bounce off a surface at an angle equal to the angle at which they hit it'. God is the ultimate Mathematician. It's interesting that a reflection is made up of light or sound - God is Light and, He speaks! The Lord Jesus is the Light of the World, God dwells in unapproachable Light, His Word brings Light to every situation - overcoming and expelling darkness (John 8:12; Psalm 119:130; 1st John 1:5; 1st Timothy 6:16; John 1:5). God's voice thunders through waters, it leads His people onto right paths, and every created thing gives off a frequency sound - whether people, animals, rocks, or the planets and stars to name but a few (Psalm 29:3-4; Luke 19:40; Psalm 19:1; John 10:27). And the Word of God tells us that only we people are made in the image and likeness of God (Genesis 1:27). We have the same ability to release creative Life and Blessings from our mouths, or curse and death - depending on who we're following. A reflection is the image we see or an echo we hear - demonstrating, or representing a person, place, or thing. Reflection is also a form of self-examination: or a looking carefully at a matter. It is a deliberate and honest pause; paying attention to the details, to learn and grow. Reflecting involves both looking back and looking forward. Those we engage with may influence us, in that we reflect what we behold - i.e. in a fearful situation we can consume it and reflect dread or negativity. In a crisis we can reflect chaos and mayhem. In dealing with an angry or bitter person some could end up reflecting frustration, offence, or even violence. However, in God's Presence, we can reflect His Peace, abiding in tranquil trust - even in tough times.

The Word of God transforms us. The Holy Spirit in the Word gently deals with us where we have been affected by sin, pain, trauma, or hurt, and He heals us (2nd Corinthians 3:17-18). It's a process - not a magic wand! Ultimately, it's a lifestyle change - getting to know the Lord Jesus, the Word of God, our Healer - the Prince of Peace, and then following His teaching and obeying His commands. His commands are not burdensome - in fact, they protect us (1st John 5:2). True freedom is possible friend. We were all born free as babies, full of innocence and joy - but were defiled by sin and pain that separated us from God. Jesus paid for our forgiveness, redemption, and freedom with His Blood because God loves us so much. "Those who look to Him are radiant, and their faces are not ashamed" (Psalm 34:5).

We shall behold Him: March For Jesus takes place in Dublin on Saturday, September 26th next. See our social media for more info.

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Thursday 24th September

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Marymount Hospice

**Thursday 24th
September 2026**

Time: 9.00 to 3.30pm

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LAOCHRA ÓG



Jackson with his teammates 1st September 2026

1st September 2026

We say goodbye to Jackson, who has been with us since U6. You could not find a more enthusiastic and brave young man. He and his family (who have always supported fundraising for the club with thanks) are heading down under (to show the ozzie's how to hurl). All the best to them in their travels, and there will always be a spot here for you Jackson. Good luck to you all in your next chapter.

4th September 2026

Our Junior ladies had their second championship game last night V St Vincents. Result didnt go our way and we were beaten by better team on the night. It was a great game and we are very proud of our panel who never gave up and tried their best. Thank you to all our supporters who travelled last night. Thanks to our sponsors The Clondrohid Tavern. And thanks to St Vincents for a great game and for the teas and sandwiches after the game it was very much appreciated. Our next game is at home in

Ballymacorcoran next Friday 11th September at 6.45 V Bandon, come on out and support our ladies.

Our u14 Camogie team were in Grenagh yesterday evening for round 2 of the championship. Grenagh started very strong but our players persevered and played an excellent second half to bring the score line back to a four point deficit. Thanks to Grenagh for hosting a great, competitive game. Thanks to the parents who travelled to support the team and to our driver, Joe who kindly drove us there in the CART bus. Thanks too to our team sponsor Niall Murphy Tarmacadam. Round 3 will be on 14th September at home v Killavullen.

5th September 2026

A massive well done to the lads today who played their heart out in the championship shield final. They dug deep all through the game but couldn't keep their lead against a strong Liscarrol team but narrowly missed out by 2 points. Big thanks to all who came down and supported the boys and were well heard throughout

the match hopefully we get another shield final match in the league but will have to wait and see if they are doing it.

Captain tonight was Fionan and he did a fantastic job keeping their composure lads on their toes.

Big thanks to our long time team sponsor M & J Kelleher Ltd - MJK Oils.

8th September 2026

The U13 girls played in the U13 Shield final yesterday in the Collage pitches Blackrock.

The girls gave a great display of camogie but Inscarra were the winners on the day.

U13 girls are sponsored by Niall Murphy Tarmacadam. 11TH September 2026

Laochra Óg would like to thank the grandparent who donated a set of sliotars to our 10 hurling team. We sincerely appreciate this donation. Thank you again.



Junior Camogie v St. Vincents 4th September 2026



U13 Camogie v Blackrock 8th September 2026



U14 Camogie v Grenagh 4th September 2026



U14 Hurling v Liscarrol 5th September 2026 01

GAA NEWS

MJK OILS

Muskerry Junior A Hurling Championship

Round Four

Group One:

Group 1 points table: Grenagh 8 +28, Inniscarra 6 +28, Ballinora 6 +26, Kilmichael 2 -22, Aghabullogue 2 -24, Uibh Laoire 0 -36

Three teams in contention for two places and two play each other, Grenagh v Ballinora.

Inniscarra, if they beat Aghabullogue will be one of the semi finalists and the other game will produce the second qualifying semi finalist, mindful that a draw would suffice for unbeaten Grenagh.

Last Round (Sept 19/20th); Inniscarra v Aghabullogue, Grenagh v Ballinora, Uibh Laoire v Kilmichael

Grenagh 0-21 Uibh Laoire 1-10

The meeting of top vs bottom in Group1 of the MJK Oils Mid Cork Junior Hurling Championship at Macroom on a Friday evening yielded the expected result and Grenagh retained their 100% record after four games. Uibh Laoire are still without a win but as has been their record to date, they battled to the finish and gave the prospective champions some very anxious moments before four late points assured Grenagh of victory and set them up for a battle royal with champions Ballinora in the final group game.

Grenagh started well and after the opening quarter led by 0-6 to 0-2. Uibh Laoire stayed in touch with free taker Jamie Maguire in outstanding form and a goal from Jack Sweeney in the 25th minute left only two points between the sides, 0-10 to 1-5. A Sam Pickering point cut the gap to the minimum before Grenagh finished the half with points from David and Robert Coleman to lead by 0-12 to 1-6 at the interval. Uibh Laoire continued to contest strongly as points were exchanged but a further brace from Dan Twomey had Grenagh five points clear at the three quarter stage. Grenagh could not shake off the Uibh Laoire challenge and were unable to breach the Uibh Laoire defence for a goal. Only four points separated the teams when Darragh Hodman batted a Jack Sweeney cross to the Grenagh net in the 55th minute but the goal was disallowed for a square infringement and Grenagh responded with four unanswered points to assure themselves of victory.

Scorers: Grenagh: D Twomey 0-7 (0-2f), D Kenny and S Morley 0-3 each, S Cronin, S Joyce and R Coleman 0-2 each, P McSweeney, D Coleman 0-1 each. Uibh Laoire: J Sweeney 1-0, J Maguire 0-7 (0-6f), T Sweeney, S Riordan and S Pickering 0-1 each.

Grenagh: James Walsh: Kevin O'Neill, Paul BarryMurphy, Peter McSweeney: Danny Warren, Ted Twomey, John Lehane: Shane Morley, Seán Joyce: Darragh Kenny, Seamus Cronin, Cathal Cronin: Robert Coleman, David Coleman, Dan Twomey. Subs: Kelvin Cummins 42, Brian Walsh and Dara O'Shea, both on 50

Uibh Laoire: Jim Power: Adrian O'Dea, Daniel O'Donovan, Barry Murphy: James O'Donovan, Ciarán O'Riordan, Brian Riordan: Josh Pickering, Tim Sweeney: Shane Hodman, Seán Riordan, Sam Pickering: Jack Sweeney, Darragh Hodman, Jamie Maguire.

Referee: Joe Larkin, Ballinora

Inniscarra 5-20 Kilmichael 1-9

Inniscarra were in ruthless mood when they faced Kilmichael at Cloughduv. It was a game 'Scarra had

to win to retain their interest in the championship but additionally had to win with as big a score as possible. In the event both objectives were realised as the winners won by a 23 point margin which put them into second place in the group facing into the final round of games when they meet neighbours Aghabullogue, and champions Ballinora and unbeaten Grenagh do battle.

Inniscarra had victory wrapped up by half time. Three goals in the first ten minutes, two from Colin O'Leary and one from James O'Mahony, gave notice to Kilmichael of what was to come and the winners maintained the pressure to lead by 3-8 to 0-5 at the break. Michael O'Connell kicked in another goal on the restart, added another on 42, and the scores flowed to the finish as 'Scarra were unrelenting in pursuit of as big a winning margin as possible.

Kilmichael were very disappointed with their performance but in fairness did battle to the finish and had good displays from goalkeeper Stephen O'Leary, Cormac Burke, Ronan Murphy, Andrew Kelleher, Conor Cotter and goal scorer Chris O'Connell.

Inniscarra: Eoin O'Neill: Seán Ahern, Jack O'Sullivan Alan Heelan: Jack Harrington, Mark Linehan, Shane Buckley: Shane O'Mahony, Adam Doyle: Mark Nagle, Jerry Roche, Cathal Lyons: Michael O'Connell, James O'Mahony, Colin O'Leary. Subs: Jonathan Keane, Sean Quinlivan, Daniel O'Connor, Colm Heelan Kilmichael:

Stephen O'Leary: Cormac Burke, Shane Foley, Michael Downey: Ronan Murphy, Eoghan Murphy, Brendan Cotter: Tom Browne, Sean Hennigan: Andrew Kelleher, Finbarr Buckley, Cian McCarthy: Brian Horgan, Chris O'Connell, Conor Cotter. Subs: Conor McCarthy, Cathal Foley, Jack Browne. Referee: Luke Knight, Kilmurry

Elsewhere in Group 1, champions Ballinora had a 1-20 to 0-11 win over Aghabullogue at Ballincollig and face Grenagh in the last round.

JHC Group 2

Group 2:

Points table: Dripsey 6, Donoughmore 4, Éire Óg 2, Blarney 2, Ballincollig (played 4) 2

Final Round: Dripsey v Donoughmore: Éire Óg v Blarney

Dripsey and Donoughmore have each qualified for the semi final stage, the issue to be decided is which team will head the group. (Éire Óg and Blarney have each been defeated by Dripsey and by Donoughmore so either can do no better than finish third.)

Fixtures:

Final Round: Sept 20th: Donoughmore v Dripsey, Sept 19th: Éire Óg v Blarney

Donoughmore 2-27 Éire Óg 3-11

Donoughmore, the 2026 county Junior League champions, are showing a return to form after their first round defeat on a very wet day by Ballincollig. The Ovens side opened the scoring but Donoughmore quickly got on top and despite losing full back Shane Healy to injury after ten minutes began to pile on the scores. They finished the half in devastating fashion with 2-3 in injury time to lead by 2-15 to 0-5 at the break, the goals coming from Daniel Holland and Mark Lucey. Éire Óg had three goals in the second half, Josh McCarthy on 35, Ronan O'Toole on 50 and Cathal Sheehan on 57, but Donoughmore added 0-12 more to their points tally to leave no doubt about the outcome. Colm O'Callaghan, Daniel Holland, Liam O'Sullivan and Kevin O'Connell were in fine form in attack for the resurgent winners.

Donoughmore: Shane Sexton: Seán Broderick, Shane Healy, David Looney: Mark Foley, Seán O'Hanlon, Jamie Twomey: Kevin O'Connell, Scott Barrett: Daniel Holland, Liam O'Sullivan, Mark Lucey: David McDonnell, Colm O'Callaghan, Paddy Murphy. Subs: Frank Honohan 10, Jack McCarthy, Donnchadh Morrissey, Darragh Lawton, Gavin O'Sullivan.

In the other G2 game, Blarney had a big win over Ballincollig, the latter now destined to finish last in the group despite winning their opening game.

Blarney 5-18 Ballincollig 0-10

Ross Oil

Muskerry Junior A Football Championship

Three groups of four teams each – top two teams to qualify from each group

Group1: Aghinagh 6, Donoughmore 4, Kilmurry 2, Ballinora 0. Aghinagh qualify for semi final, Donoughmore for quarter final.

Aghinagh 6-14 Ballinora 1-1

As the scoreline suggests, this was a stroll for Aghinagh who led by 2-6 to 0-1 at half time and continued to pile on the scores in the second half.

Con Buckley, Mathew McCarthy had the first half goals, Liam Twohig bagged the three goals in the second half. Points were shared by Con Buckley, Liam Twohig, Darragh O'Shea, William Coakley, Aodh Twomey, Mathew McCarthy, Seán O'Riordan, Luke Ring.



Kilnamartra U21 Winners of the Mid Cork C Championship

Andrew O'Sullivan got the Ballinora point and Darragh Byrne their late second half goal.

Aghinagh: Conor Lucey: Dylan O'Riordan, Donagh O'Riordan, Noah O'Leary: Declan Ambrose, Tom Buckley, Luke O'Leary: Thomas Morgans, Shane Corkery: Darragh O'Shea, Con Buckley, Seán O'Riordan: William Coakley, Mathew McCarthy, Liam Twohig. Subs: Seán Cummins, Luke Ring, Aodh Twomey.

Donoughmore w/o Kilmurry conceded

Group 2: Grenagh 6, Clondrohid 3 PD 0, Ballincollig 3, PD -2 Dripsey 0

Ballincollig 2-13 Dripsey 1-10

Ballincollig needed to win this game by nine points, considered an attainable objective in view of Dripseys poor campaign to date byut for the third year in a row Driopsey produced thir best display against The Village. Dripsey started well with points from Mark O'Connell and a two-pointer from his midfield partner George Feeney but it was 0-6 apiece coning up to half time but a Dripsey goal from James Cotter had the underdiogs leading by 2-6 to 0-6 ast the break.

Ballincollig came out for the second half with all guns blazing and were level within five minutes with three points in a row. At the three quarter stage the teams were level at 1-10 to 0-13 and Ballincollig's chances of advancing seemed to be evaporating but Dripsey lost a defender to a red card (second yellow) and Ballincollig went at it with renewed energy and got two goals, in the 58th and 63rd minutes from Alan Cronin and Luke O'Mahony respectively, and only the goalpost denied them a third goal on 64 which would have yielded the scoring difference needed to get into the quarter final stage which goes to Clondrohid.

Grenagh 2-14 Clondrohid 3-8

Grenagh led by 0-4 to 0-2 after the first quarter, but a Clondrohid goal on 17 was a huge boost and Clondrohid led at half time by 1-5 to 0-7. Grenagh struck for a goal two minutes into the second half and had another on 37 to lead by 2-8 to 1-6 and they led by nine points at the three quarter mark 2-12 to 1-6 but Clondrohid battled on and a goal in the 50th minute cut the deficit to six points and a third Clondrohid goal on 58 followed by a point meant that only three points separated the sides at the finish and Clondrohid's fight back had earned them progression to the quarter final stage.

Group 3: Kilmichael 4 +16, Éire Óg 4 +14, Naomh Abán 4 +12, Béal Átha'n Ghaorthaidh 0

Béal Átha 2-6 N Abán 2-17
Éire Óg 2-12 Kilmichael 2-15

JFC Championship Quarter Final Pairings

Aghinagh and Grenagh are through directly to the semi finals; Clondrohid v Kilmichael and Donoughmore v Éire Óg are the quarter final pairings. The semi finals will not involve any repeat matches so will not be known until after the QF stage is decided.

Macroom Motors

Muskerry U21 Football Championship

'A' Final: Éire Óg v Naomh Abán

'B' Final: Aghabullogue v Ballinora

Cork County Championships 2026

McCarthy Insurance Group

Premier Senior Football

Group 1: Carrigaline 6, St Finbarr's 2 +8, Douglas 2 -10, Mallow 2 -9.

Group 2: Nemo 4 +14, Newcestown 4 +11, Valley Rovers 4 -9, St Michaels 0

Group 3: Clonakilty 5 +31, Castlehaven 5 +5, Knocknagree 2, Ballincollig 0

Quarter final pairings: (Carrigaline go direct to semi finals)

Clonakilty v Newcestown: Carbery v St Finbarrs: Nemo Rangers v Castlehaven.

Relegation Play off: Ballincollig v St Michaels at Ovens Sept 26th 4pm

Clonakilty 3-22 Ballincollig 0-8

Clonakilty proved far too strong for Ballincollig in their McCarthy Insurance Premier SFC clash at Kilmurry, dominated from start to finish, had a first goal after six minutes and led by 1-2 to 0-1 after 15 minutes.

A second goal of the half for Clon kept them well ahead, 2-6 to 0-2 and Clon led by 2-7 to 0-3 at the break.

By the 50th minute it was 2-16 to 0-5 in Clon's favour and Clon had a third goal, finished strongly and ran out comfortable winners.

Ballincollig must now face St Michael's in the relegation play-off.

Scorers for Clonakilty: S McEvoy 2-4, R Mannix 1-2, D Kenneally, S White (1x2p), D Ó Se 0-3 each, T Clancy 0-2 (1x2 p), M Shanley, C Daly, C Kenneally, D Gough, M White ('45') 0-1 each.

Ballincollig: D Dorgan 0-6 (0-1 f, 2x2p), R Noonan, D

O'Mahony 0-1 each.

Ballincollig: C Walsh; JP Murphy, P Rose, C Ahern; L Fahy, L Jennings, D Desmond; S Kiely, B O'Connell; D O'Leary, D O'Mahony, C Dalton; R Noonan, D Miskella, C Dorgan. Subs: D Dorgan 23, S O'Donoghue 42, P Kelly 47, C Power 51, B Moore 56.

Senior A Football

Éire Óg secured the first of the semi final slots in Cork's SAFC as the only side to garner a maximum six points from six in the group phase by defeating Kilshannig 0-24 to 0-9 winners at Grenagh. Joining them in a guaranteed last four slot are Carbery Rangers, winners against Newmarket.

The SAFC quarter final ties will be between Kanturk and Kilshannig and Cill na Martra and Béal Átha'n Ghaorthaidh, the latter who defeated Dohenys 1-17 to 1-10 at Kilmichael to finish group runners up.

Clyda Rovers and O'Donovan Rossa will play off to determine who is relegated to Premier IFC in 2027.

Group 1: Kanturk 4, Béal Átha'n Ghaorthaidh 4, Dohenys 2, Aghabullogue 2

Aghabullogue 1-11 Kanturk 2-8

A draw was not sufficient to keep Aghabullogue hopes for championship glory alive as unbeaten Kanturk and surprise packet Béal Átha advance to the quarter finals.

Aghbullogue snatched a draw deep into injury time thanks to Luke Casey's superb two-pointer, but they will avoid a relegation playoff at least.

Kanturk, thought they had earned the win with a late goal but the share of the spoils at least secured their place in the quarters, where they will meet Kilshannig.

Aghabullogue knew that they had to win and they started well and were leading by five-point in the sixth minute, their goal coming from Luke Casey..

Kanturk would only score on three occasions in the first half, but they only trailed by two points at the break, 1-6 to 1-4.

Kanturk were firmly in control of this game heading into the final leading f their opponents, 1-9 to 1-7 but then ane the larte drama..

Then came the late drama as Kanturk had a goal and a point before Casey landed his superb two-pointer to earn a share of the spoils for Aghabullogue.

Scorers: Aghabullogue: L Casey 1-4 (1 tp), M Bradley 0-3 (0-2 f), A O'Sullivan 0-2, E O'Sullivan, P O'Sullivan 0-1 each.

Aghabullogue: Ian O'Sullivan; Paul Dilworth, Dhani Merrick, James Foley; Oisín O'Connell, Shane Tarrant, Paul Ring; Colm Gillespie, Adm Murphy; Padraic



Lilly Goold presents her father's memorial U11 Brian Goold shield to Naomh Abán's winning joint captain's.

Max and Ella Goold present St Michael's winning Captain with their grandfathers memorial U11 Mick Goold Cup, also present in the photo with members of the Goold family.



Cloughdub Camogie Under 7s played in a county blitz in Cloughdub recently against The Glen, Inniscarra and Ballincollig. They played brilliantly in all games and showed great effort and skill, well done girls

O'Sullivan, Evan O'Sullivan, Aaron O'Sullivan; Mathew Bradley, Luke Casey, Cialan O'Sullivan. Sub: James Lane 53.

Béal Átha'n Ghaorthaidh 1-17 Dohenys 1-10

Béal Átha'n Ghaorthaidh followed up their win over Aghabullogue to claim another prestigious scalp and are rewarded with a quarter final place and a local derby against Cill na Martra.

Group 2: Carbery Rangers 4 +14, Cill na Martra 4 +13, Newmarket 4 -2, O'Donovan Rossa 0

Cill na Martra 1-20 O'Donovan Rossa 2-6

A dominant second-half display saw Cill na Martra coast into the quarter-finals of Cork's SAFC: Rossa, after three losses, head into a relegation play-off against Clyda Rovers.

Shane Ó Duinnín pointed twice inside four minutes to get Cill na Martra up and running but Rossa's responded. A Danny Ó Conaill two-pointer had the 2025 senior A finalists 0-4 to 0-2 ahead but David Shannon's goal gave Skibb the lead 1-2 to 0-4 on 10. Two points kept the West Cork side in control but scores from Ó Conaill, Dan Ó Duinnín and Seán Ó Foirréidh had the sides level and a goal from Shane Ó Duinnín's clever finish past Derek Tobin had Cill na Martra 1-7 to 1-4 up on 25 minutes.

Rossas replied but Shane Ó Duinnín and Jeaic Ó Loingsigh scored to put Cill na Martra into a four-point half-time lead, 1-9 to 1-5.

Five Cill na Martra points in a row effectively ended the game as the Skibbreen men registered their only point of the second-half on 41 minutes but Cill na Martra kept ticking and defenders Seán Ó Foirréidh and Tadhg Ó Corcora joined in on the scoring act. A late goal was a little consolation for a Rossas side who now face the dreaded relegation play off.

Scorers for Cill na Martra: S Ó Duinnín 1-5 (0-2 f); D Ó Conaill 0-5 (1x2p); C Ó Duinnín, S Ó Foirréidh, D Ó Duinnín (0-2 each); J Ó Loingsigh, T Ó Corcora, A Ó Cuana 0-1 each.

Cill na Martra: M Ó Deasúna; C Ó Cróinín; A Ó Duinnín, J Ó Loingsigh; D Ó Conaill, S Ó Foirréidh, C Ó Foirréidh; A Ó Cuana, G Ó Goillidhe; C Ó Duinnín, D Ó Duinnín, P Ó hÉalaithe; A Ó hUidhir, S Ó Duinnín, S Ó Céilleachair. Subs: T Ó Corcora h-t; D MacCárthaigh 45; E Ó Conaill 46; A Ó Loingsigh 58.

Group 3: Éire Óg 6, Kilshannig 4, Bishopstown 2, Clyda Rovers 0

Éire Óg 0-24 Kilshannig 0-9

Passage to the semi final is Éire Óg's reward for

disposing of the Kilshannig challenge.

Premier Intermediate Football:

Group 1: Uibh Laoire 6, Rockchapel 3, Bantry Blues 2 Glanmire 1.

Uibh Laoire 2-17 Rockchapel 0-9

Unbeaten Uibh Laoire confirmed their status as top seeds in the McCarthy Insurance Group Premier IFC following a decisive victory over Rockchapel at Banteer, a victory which secured them direct passage to the semi-final.

Uibh Laoire got a great: three attacks, three points before full-forward Ian Jones was ideally placed to shoot a goal.

Ciarán Galvin, Daniel O'Donovan and Ciarán O'Riordan were influential in defence. Timmy Roberts and Conor O'Leary dominated the middle third while the Jones brothers and Cathal Vaughan were quick and inventive upfront.

Trailing 1-5 to 0-0, Rockchapel discovered a spark once Ciarán Curtin opened their account in the 19th minute with a free outside the arc. Uibh Laoire were leading 1-7 to 0-7 at half-time.

On the restart, the trend of the game took a definite swing to Uibh Laoire with a goal from Jack Sweeney. Rockchapel added just two points from there, excellent points from Chris Óg Jones were matched by a pair of two-pointers from Vaughan.

There was no doubting the superiority of an impressive Uibh Laoire.

Scorers for Uibh Laoire: C Óg Jones 0-6, C Vaughan 0-6 (1 tpf, 1tp, 0-1 f), J Sweeney, I Jones 1-1 each, T Roberts, K Manning, S O'Leary 0-1 each.

Rockchapel: C Curtin 0-4 (1 tpf, 0-1 f), J Walsh 0-3 (1tp), S Hickey, M McAuliffe 0-1 each.

Uibh Laoire: Joe Creedon; Ciarán Galvin, Daniel O'Donovan, Daniel O'Riordan; Kevin Manning, Ciarán O'Riordan, Seán O'Leary; Timmy Roberts, Conor O'Leary; Jck Sweeney, Cathal Vaughan, Sam Pickering; Brian O'Riordan, Ian Jones, Chruis Óg Jones.

Subs: Bruian Cronin 46, Barry Murphy 48, Alan O'Brien 51

Group 2: Kiskeam 5, Macroom 3 +6, Aghada 3 -2, Castletownbere 1

Kiskeam 1-14 Macroom 1-12

A superb second-half secured Kiskeam's place in the semi-final of the McCarthy Insurance Premier IFC after their win over Macroom at Kanturk.

The first half was a poor affair and at the break it was Macroom who were in the driving seat as they led by

0-7 to 1-1.

Four minutes into the second half and that lead became 1-9 to 1-1 after a Dylan Twomey goal and it looked all over for Kiskeam. They never panicked and started to reel Macroom in and by the 50th minute that lead was down to two.

They finished much the stronger of the two sides as they hit five points without reply to advance to the semi.

Macroom are qualified for the quarter-final and a possible meeting with Mid Cork rivals Ballinora.

Macroom: Dylan Twomey 1-0, A Quinn 0-7 (2x2p), P Lucey (f), E O'Leary, D Horgan, T Dineen, M Corrigan 0-1 each.

Macroom: Declan Kiely; Johnny Murphy, Rory Buckley, Ryan Sabas; Michael Cronin, Mark Corrigan, Alan Quinn; Tony Dineen, Caleb Dineen; Don Creedon, David Horgan, Eolan O'Leary; Pa Lucey, Seán Kiely, Oisín O'Sullivan. Subs: Dylan Twomey 19 inj, Mark Condon 37 Jack Sexton 48.

Group 3: Naomh Abán 4, Ballinora 3, Fermoy 3, Nemo Rangers 2,

The definitive result of the Ballinora v Fermoy game remains to be decided

Naomh Abán 1-19 Nemo Rangers: 1-14

Naomh Abán qualify for Cork's Premier IFC knockout stages after a hard-fought battle in Ballincollig.

This final game in Group 3 was winner-takes-all and N Abán will meet Rockchapel in the quarter-finals following this five-point win.

Naomh Abán scored two of the first three points, and Darragh Ó Laoire finished to the net on 14 and added a fine point.

A splendid two-point free from their goalkeeper left Nemo 1-3 to 0-3 behind.

Ed Ó Mír, kicked two points as his side led 1-6 to 0-6 at half to 0-6 at half-time.

Naomh Abán started the second half with an Ó Mír two-pointer and a white flag, while Seán Ó Riordáin kicked over to make it 1-10 to 0-6 after 33 minutes.

Ó Mír raised his second orange flag and the Gaeltacht men were in control and led 1-14 to 0-7 after 39 minutes.

The introduction of former Cork star Paul Kerrigan gave Nemo a lift and they hit three points without response, Naomh Abán steadied the ship and they led 1-16 to 0-11 after 52 minutes. A Nemo goal seven minutes from time and they had the deficit down to a goal as regulation time ended. Naomh Abán finished well, Dónal Ó Ceallaigh and Ó Mír points giving them a five-point victory.

Scorers for Naomh Abán: E Ó Mír 0-9 (2x2p, 0-1 f), D Ó Laoire 1-2, Dónal Ó Ceallaigh 0-3, S Ó Riordáin, C Ó Donnchú, A Ó Luasa, P Ó Liatháin, Dermot Ó Ceallaigh 0-1 each.

Naomh Abán: G Ó Luasa; S Tinsley, C de Róiste, É Ó Críodáin; S Ó Loingsigh, D Ó Loingsigh, S Hendy; S Ó Riordáin, C Ó Donnchú; A Ó Luasa, E Ó Mír, P Ó Liatháin; Dónal Ó Ceallaigh, D Ó Laoire, Dermot Ó Ceallaigh.

Subs: W MacCárthaigh 49, C Ó Luasa 51, C Ó Críodáin 7).

Ballinora v Fermoy

The referee declared the game a draw but later decided that he had erred and that Fermoy had won by a point as most people present thought. The issue will be decided at Board level.

Intermediate A Football:

Group 1: Kilmurry 6, Buttevant 4, Ilen Rovers 2, Glanworth 0.

Kilmurry secured a direct passage into the semi-finals after a 2-11 to 0-7 victory over Glanworth, who head for a relegation play-off with neighbours Kildorrery. Tomás Collins was the scorer of both Kilmurry goals and Seán O'Leary and Joe Ryan were excellent in attack.

Kilmurry and Adrigole are both through directly to the semi final stage.

Group 2: Dromtariffe 4, Mitchelstown 4, Gabriel Rangers 2 -2, St Finbarr's 2 -14

Group 3: Adrigole 6, Boherbue 4, Bandon 1 -6, Kildorrery 1 -9.

Premier Junior Football:

Group 1: Kinsale 4, Millstreet 4, Cullen 2, St Vincent's 2.

Group 2: Cobh 5, Inniscarra 4, Glenville 2, Urhan 1
Group 3: Canovee 5, St Nick's 4, Kilmacabea 3, Na Piarasigh 0

Inniscarra 3-11 Glenville 1-10

Inniscarra are through to a quarter final meeting with Millstreet after recovering from a slow start to defeat Glenville at Ovens.

This game in Group 2 was winner-takes-all to decide who would qualify. Inniscarra trailed by four points early on but turned the game around and led by five at the short whistle. They had to play almost the entire second half with 14 men after a Dan O'Connell second yellow card, but showed their quality and composure late on to prevail. The introduction of Cork hurler Seán O'Donoghue was a major boost.

Scorers for Inniscarra: L O'Connor 2-2 (0-1 f), S McCarthy 0-5, D Murphy 1-0, S Dornan, D O'Connell 0-2 each.

Inniscarra: D Kelleher; J O'Sullivan, L Ryan, T Lyons; F Horgan, C Dineen, J O'Dwyer; D Coughlan, S Dornan; S Dineen, D Murphy, D O'Keefe; D O'Connell, S McCarthy, L O'Connor. Subs: S O'Donoghue 39, J O'Callaghan 53, J Hayes 58.

Group 3: Canovee 5, St Nick's 4, Kilmacabea 3, Na Piarasigh 0

Canovee 4-16 Na Piarasigh 0-8

James Moynihan, Ryan Delaney and Jack Kelleher had first half goals to help Canovee to a 3-4 to 0-3 interval lead against Na Piarasigh and William Ahern added another in the second half as the men from Carrig ran out easy winners and finished the group undefeated and bound for the semi final.

Hurling:

Premier Senior

Group 1: Kanturk 4, Glen Rovers 4, Blackrock 4, Fr O'Neill's 0.

Group 2: Charleville 4, Sarsfields 4, Newtownshandrum 3, Douglas 1.

Group 3: Midleton 6, St Finbarr's 3, Bride Rovers 2, Newcestown 1.

Senior A Hurling:

Group 1: Blarney 6, Watergrasshill 4, Castlelyons 2, Ballyhea 0.

Group 2: Erin's Own 6, Na Piarasigh 4, Killeagh 2, Fermoy 0.

Group 3: Ballinhassig 4, Carrigtwohill 3, Courcy Rovers 3, Inniscarra 2.

Blarney 0-22 Watergrasshill 1-14

Blarney secured a direct passage to the last four of the Co-Op SuperStores SAHC after a strong start proved crucial in their five-point victory over Watergrasshill at Grenagh.

Blarney led by three at half time and kept their opponents at arm's length throughout the second half.

Scorers for Blarney: S Barrett 0-11 (0-8 f, 0-1 65), M Coleman 0-4 (0-2 65, 0-1 f), C Hegarty, E Kirby 0-2 each, S Mullane, D McSweeney, D Hanlon 0-1 each.

Blarney: C Murphy; S Crowley, C Power, S Mullane; O Hegarty, M Coleman, A McEvoy; D McSweeney, P Crowley; D Hanlon, S Barrett, C Hegarty; E Kirby, P

Power, C Barrett. Subs: S Mulcahy for S Crowley (17, inj), J Murphy for D Hanlon (54).

Courcy Rovers 1-23 Inniscarra 1-16

Inniscarra's season is also over, as they failed to build on their victory over Carrig in the first game. Courcy Rovers finished their Co-op Superstores Cork SAHC campaign with a victory but missed out on the knockout stages.

Courcys' victory was secured by a goal in the dying seconds as Inniscarra chased equalising scores.

Scorers for Inniscarra: J Enright 0-5 (0-4 f), J O'Mahony 1-1, D O'Brien 0-4, A O'Connell 0-2, S O'Donoghue, P Holland, C Dineen, D Murphy 0-1 each.

Inniscarra: K Rice; D Keane, C O'Leary, L Ryan; B Daly, S O'Donoghue, A McCarthy; F Horgan, D Enright; P Holland, J Enright, D O'Brien; D O'Keefe, D Murphy, A O'Connell. Subs: C Dineen h/t; J O'Mahony 37, T Lyons 42, N Buckley 56, C Geoghegan 59

Premier Intermediate Hurling:

Group 1: Ballincollig 6, Aghabullogue 4, Éire Óg 2, Bishopstown 0

Ballincollig 2-17 Aghabullogue 1-16

Ballincollig made it three wins from three to secure a direct passage to the semi-final of the Co-Op Superstores Premier IHC after a titanic tussle with Mid Cork rivals Aghabullogue at Ballyanly.

This was a right battle and 'Collig keeper James Linehan made a couple of magnificent saves. Three times Daniel Dineen was denied goal chances in a helter-skelter third quarter.

In the end, James Dwyer got the crucial second goal for the winners as he kicked the sliotar to the net in a goalmouth scramble.

Aghabullogue started brightly as exchanges were physical and two placed efforts from Shane Tarrant edged Aghabullogue in front.

Ballincollig hit the front after debutant Danny Miskella hit a low shot to the net. Ballincollig's Cian O'Driscoll added a brace from play to nudge his side clear, 1-4 to 0-5 after 15 minutes, after two sweet James Lane scores.

Aghabullogue then grabbed control and landed three points without reply from Odhran O'Connell, Sean Furey and an absolute beauty from Tarrant.

Dineen added a brace and it was one-way traffic and Shane Tarrant found the net for Aghabullogue but against the run of play, Stephen Wills nailed a couple of placed balls for 'Collig, 1-11 to 1-7 at the break.

On the resumption, points from Miskella and Adam Wills got the winners moving and Stephen Wills landed a beauty from play before converting a placed effort.

Ballincollig got back on level terms when James



Macroom Premier Intermediate Team

Dwyer landed a superb point, 1-12 apiece after 45 minutes and the tension mounted.

Tarrant and Wills converted placed efforts and then Adam Willis gave the Collig the lead for the first time since the 18th minute. It was short-lived, Tarrant nailed another free before Aghabullogue edged in front with a fine point from the powerful Dineen with three minutes remaining.

Ballincollig were pressing hard now and Dwyer pounced when the ball broke around the square and the sliotar skidded to the net. Aghabullogue responded with a fine John Buckley shot from a tight angle.

'Collig defended resolutely under aerial bombardment before sub Mark Oldham curled over a brilliant score to ease the pressure and nudge the gap out to two. Wills finished out the game with a pair of placed efforts.

Scorers: Ballincollig: S Wills 0-10 (0-7 f, 0-1 65), D Miskella, J Dwyer 1-1 each, C O'Driscoll, A Wills 0-2 each, M Oldham 0-1 Aghabullogue: S Tarrant 1-6 (0-6 f), D Dineen 0-4, J Lane 0-3, S Furey, J Buckley, Odhran O'Connell 0-1 each.

Ballincollig: J Linehan; R O'Donovan, F Denny, J Murray; B Dore; D O'Sullivan, D O'Leary; H Ahearne, T Morgan; C O'Driscoll, S Wills, T O'Connell; A Wills, J Dwyer, D Miskella.

Subs: C Dalton 45, P Kelly 53, M Oldham 53, B Coleman (55).

Aghabullogue: I Barry Murphy; T Long, C Timmons, TJ Buckley; C Gillespie, P Ring, P O'Sullivan; C Furey, S Furey; S Tarrant, J Foley, D Dineen; J Lane, J Corkery, Odhran O'Connell. Subs: Oisín O'Connell 15, J Buckley 38

Éire Óg 0-16 Bishopstown 0-9

Éire Óg condemned Bishopstown to the relegation play-off in the Co-Op Superstores Cork PIHC with a comfortable victory in Blarney in what was essentially a play-off to avoid the relegation play-offs.

Bishopstown are now set to play their third relegation play-off in three seasons after dropping from Premier Senior to Senior A and Premier Intermediate.

Éire Óg had more than enough to secure their status in a game that saw the Muskerry side trail just once. They led 0-8 at the interval, with the tie won in the second half.

The first 30 minutes were tense, with both clubs exchanging scores.

Scorers for Éire Óg : D Kirwan 0-9 (0-6 f), J Galvin, K Hallissey, C O'Callaghan 0-2 each, D Foley 0-1.

Éire Óg: D Desmond; J Mullins, J Kelleher, C Clifford; C McGoldrick, M Brady, O O'Shea; K Beechinor, J Galvin; K Hallissey, D Foley, J Kelleher; D Healy, C O'Callaghan, D Kirwan.

Subs: S Hurley h-t; D McCarthy 50.



Seán Lynch, Réidh na nDoirí, pictured with five of his grandsons after Cill na Martra won the Muskerry U21 Football final against Béal Átha'n Ghaorthaidh in Páirc Iosagáin, Baile Mhúirne on Saturday (pic supplied)

Group 2: Cloyne 4, Dungourney 4, Castlemartyr 2, Lisgoold 2

Group 3: Valley Rovers 4, Carrigaline 3, Ballymartle 3, Kilworth 2

Intermediate A Hurling:

Group 1: Bandon 5, Aghada 3, Kilbrittain 3, Russell Rovers 1

Group 2: Mallow 5, Midleton 3, Blackrock 2, Kildorrery 2

Group 3: Sarsfields 6, Youghal 4, Erin's Own 2, Ballygiblin 0.

Premier Junior Hurling:

Group 1: Kilshannig 6, Ballygarvan 3, Glen Rovers 2, Nemo Rangers 1

Group 2: St Catherine's 6, Cloughdub 2, Tracton 2, Milford 2

Group 3: Barryroe 4, Argideen Ranger 4, St Finbarr's 2, Mayfield 2

Rd 3: Cloughdub 0-20 Milford 0-12

County Championship Schedule September-October

Fri, Sept 18th @7.30pm SAHC QF Na Piarasigh v Carrigtwohill in Páirc Uí Rinn

Fri, Sept 18th @7.30pm IAHC QF Youghal v Midleton in Dungourney

Sat, Sept 19th @4pm PJHC QF Barryroe v Cloughdub in Enniskeane

Sat, Sept 19th @4pm IAHC QF Mallow v Aghada in Blarney

Sat, Sept 19th @4pm IAHC Rel PO Russell Rovers v Ballygiblin in Rathcormac

Sat, Sept 19th @4pm PIHC Rel PO Lisgoold v Bishopstown in Riverstown

Sat, Sept 19th @4.30pm SAHC Rel PO Ballyhea v Fermoy in Kildorrery

Sat, Sept 19th @5pm PIHC QF Cloyne v Carrigaline in Páirc Uí Rinn

Sat, Sept 19th @7pm PIHC QF Aghabullogue v Dungourney in Páirc Uí Rinn

Sun, Sept 20th @1.30pm PSHC QF Charleville v Glen Rovers in Mallow (Live on TG4)

Sun, Sept 20th @3.30pm PSHC QF Kanturk v Sarsfields in Mallow

Sun, Sept 20th @2pm PSHC Rel PO Fr. O'Neill's v Douglas in Carrigtwohill

Sun, Sept 20th @3.30pm PJHC QF Argideen Rangers v Ballygarvan in Ballinspittle

Sun, Sept 20th @3pm PJHC Rel PO Nemo Rangers v Milford in Ballyhooley

Sun, Sept 20th @3pm SAHC QF Ballinhassig v Watergrasshill in Ovens

Sun, Sept 20th @4.30pm PSHC QF Imokilly v St. Finbarr's in Midleton

Mon, Sept 21st Rebel Óg Finals Cork ETB Premier 1 & Premier 2 Football Finals in Páirc Uí Rinn

Mon, Sept 21st @6.30pm Rebel Óg P2 F Final Diarmuid Ó Murchus v Macroom in Páirc Uí Rinn

Mon, Sept 21st @8pm Rebel Óg P1 F Final Ballincollig v Carrigaline in Páirc Uí Rinn

Sept 25th - 27th Club Cship QF County Football



Charles Murphy presents a cheque for €4,381 to West Cork Rapid Response



Sliotar donation by grandparent U10 Hurling Team 11th September 2026



Dermot Foley (Vice Chairman) Michael Vaughan (Captain) presenting his prize to Micky O'Callaghan who won 2nd Nett



Dermot Foley (Vice Chairman) Michael Vaughan (Captain) presenting his prize to Dan Cronin who won 2nd Gross



Dermot Foley (Vice Chairman) Michael Vaughan (Captain) presenting Barry Crowley Nett winner of The Captains Prize with the fantastic prize.



Michael Vaughan (Captain) presenting his prize to Barry Kelleher who won 1st Gross

Quarter-Finals & Relegation Play-offs

Fri, Sept 25th @7.30pm IAFC QF Dromtarriffe v Boherbue in Ballydesmond
 Sat, Sept 26th @2.30pm SAFC Rel PO O'Donovan Rossa v Clyda Rovers in Macroom
 Sat, Sept 26th @3pm IAFC QF Buttevant v Mitchelstown in Glanworth
 Sat, Sept 26th @3pm PJFC QF Kinsale v St. Nick's in Shanbally
 Sat, Sept 26th @3pm PJFC Rel PO Na Piarasigh v Urhan in Church Cross
 Sat, Sept 26th @3.30pm SAFC QF Cill na Martra v Beal Atha'n Ghaorthaidh in Ballyvourney
 Sat, Sept 26th @3.30pm PIFC Rel PO Glanmire v Castletownbere in Ballinacarriga
 Sat, Sept 26th @4pm PSFC Rel PO Ballincollig v St. Michael's in Ovens
 Sat, Sept 26th @5pm PSFC QF Clonakilty v Newcestown in Dunmanway
 Sun, Sept 27th @2pm PSFC QF Carbery v St. Finbarr's in Clonakilty
 Sun, Sept 27th @4pm PSFC QF Nemo Rangers v Castlehaven in Clonakilty
 Sun, Sept 27th @3pm IAFC Rel PO Kildorrery v Glanworth in Shanballymore
 Sun, Sept 27th @3.30pm SAFC QF Kanturk v Kilshannig in Kilbrin
 Sun, Sept 27th @3.30pm PJFC QF Inniscarra v Millstreet in Carrigadrohid
 Sept 25th - 27th PIFC QF Premier Intermediate Championship Fixtures on hold
 Sept 25th - 27th PIFC QF Premier Intermediate Championship Fixtures on hold

Mon, Sept 28th Rebel Óg Finals Cork ETB Premier 1 & Premier 2 Hurling Finals in Páirc Uí Rinn
 Mon, Sept 28th @6.30pm Rebel Óg P2 H Final St. Finbarr's / Éire Óg v Killeagh v Kiltha Óg in P Uí R
 Mon, Sept 28th @8pm Rebel Óg P1 H Final Blackrock v Midleton in Páirc Uí Rinn
 Oct 2nd - 4th Club Cship SF County F&H Semi-Finals & Relegation Play-off Replays (H)
 Oct 2nd - 4th PJHC SF St. Catherine's v Barryroe / Cloughduv
 Oct 2nd - 4th PJHC SF Kilshannig v Argideen Rangers / Ballygarvan
 Oct 2nd - 4th IAHC SF Sarsfields v Youghal / Midleton
 Oct 2nd - 4th IAHC SF Bandon v Mallow / Aghada
 Oct 2nd - 4th PIHC SF Ballincollig v Aghabullogue / Dungourney
 Oct 2nd - 4th PIHC SF Valley Rovers v Cloyne / Carrigaline
 Oct 2nd - 4th SAHC SF Blarney v Na Piarasigh / Carrigtwohill
 Oct 2nd - 4th SAHC SF Erin's Own v Ballinhassig / Watergrasshill
 Oct 2nd - 4th PSHC SF Midleton v Charleville / Glen Rovers
 Oct 2nd - 4th PSHC SF Kanturk / Sarsfields v Imokilly / St. Finbarr's
 Tues, Oct 6th until 1.30pm Tues, Oct 6th @8pm
 Oct 9th - 11th Club Cship SF County F&H Semi-Finals & Relegation Play-off Replays (F)
 Oct 9th - 11th PJFC SF Canovee v Inniscarra / Millstreet
 Oct 9th - 11th PJFC SF Cobh v Kinsale / St. Nick's
 Oct 9th - 11th IAFC SF Kilmurry v Buttevant / Mitchelstown

Oct 9th - 11th IAFC SF Adrigole v Dromtarriffe / Boherbue
 Oct 9th - 11th PIFC SF Premier Intermediate Championship Fixtures on hold
 Oct 9th - 11th PIFC SF Premier Intermediate Championship Fixtures on hold
 Oct 9th - 11th SAFC SF Éire Óg v Cill na Martra / Beal Atha'n Ghaorthaidh
 Oct 9th - 11th SAFC SF Carbery Rangers v Kanturk / Kilshannig
 Oct 9th - 11th PSFC SF Carrigaline v Nemo Rangers / Castlehaven
 Oct 9th - 11th PSFC SF Clonakilty / Newcestown v St. Finbarr's / Carbery
 Tues, Oct 13th @7.30pm FAI WNT N/A Ireland v Kazakhstan in SuperValu Páirc Uí Chaoimh
 Oct 16th - 18th Club Cship Final County F&H Finals (Prov)
 Sat, Oct 17th @8pm Munster Rugby N/A Munster v Racing 92 in SuperValu Páirc Uí Chaoimh
 Oct 23rd - 25th Club Cship Final County F&H Finals (Prov)
 Sat, Oct 24th @4pm GAA / Shinty Final Shinty International - Ireland v Scotland in SuperValu Páirc Uí Chaoimh (Camogie)
 Sat, Oct 24th @6pm GAA / Shinty Final Shinty International - Ireland v Scotland in SuperValu Páirc Uí Chaoimh (Hurling)
 Oct 30th - Nov 1st Club Cship Final County F&H Finals (Prov) Oct 30th - Nov 1st Oct 30th - Nov 1st



COUNTY LEAGUE CHAMPIONS

A huge congratulations to our U14 girls who were crowned County League Champions!

Fantastic performances throughout the campaign and a brilliant reward for all the hard work, effort and commitment the girls have put in. They thoroughly deserve it! A big thank you to Glanmire for a really competitive and sporting final.

**COUNTY LEAGUE CHAMPS
ST. VALS ABÚ!**



A huge congratulations to St Vals U14 girls who were crowned County League Champions!



SENIOR LADIES FOOTBALL



St Vals ladies football

Congratulations to our Senior girls on a hard fought win yesterday against a good Kinsale team. After a disappointing start to the championship they now look forward to a Senior B Semi Final against Glanmire. Fixture details to follow

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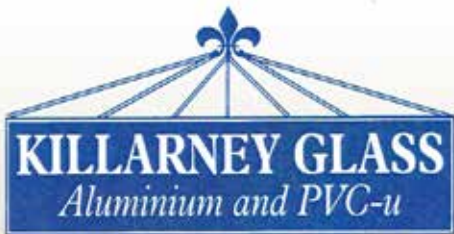


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PROTECTING BABIES ACROSS CORK AND KERRY THIS WINTER



HSE South West is encouraging parents across Cork and Kerry to protect their babies this winter as the 2026-2027 respiratory syncytial virus (RSV) Infant Immunisation Programme begins.

Free immunisation will be offered through maternity hospitals and participating GP practices. RSV is a common winter virus that can cause serious illness in infants, particularly during their first season. Immunisation is provided as a single dose of nirsevimab, giving babies immediate protection and helping to prevent severe infection and hospitalisation.

Dr Anne Sheahan, Regional Director of Public Health, HSE South West, said: "RSV immunisation has been a game changer for protecting babies from serious illness during the winter months. It is very safe, highly effective and gives babies protection at a time when they are particularly vulnerable to RSV. Here in the

South West, we strongly encourage parents of every eligible baby in Cork and Kerry to take up the offer of free RSV immunisation. It is a simple step that can make a very real difference in keeping babies well and out of hospital this winter"

Eligibility for RSV immunisation

For the 2026-2027 programme:

Babies born between 1 September 2026 and 28 February 2027 will be offered RSV immunisation in maternity hospitals before discharge, where possible. Babies born between 1 March and 31 August 2026 can receive RSV immunisation through participating GP practices.

Eligible babies at higher risk of serious RSV illness will be offered immunisation through a specialist pathway.



Just a thought

Ath. Seán Mac Cárthaigh,
Baile Bhuirne / Cúil Aodha

SPIRIT

What can explain the restlessness we often feel? We can be fed, watered, after a good sleep or a foreign holiday but yet incomplete. There is something lacking. We feel empty somehow wondering if this is all there is to life, having attained a degree of comfort previous generations would never have imagined.

We can be wandering aimlessly. When suffering befalls others we are shocked at the apparent cruelty of their new circumstances. It leaves us reeling, groping for purpose or meaning behind it all. There must be more to life.

Life is indeed a mystery, and we are often a mystery to ourselves. We are not just physical beings, we are emotional, mental, social and spiritual.

It's at overwhelming times like these that we need a fallback position.

I find the word 'SPIRIT' a helpful acronym to meet the needs of my sense of uncertainty.

The word SPIRIT can be broken up into its constituent letters as a template, guide or self-audit.

S

S reminds me that I need space apart, silence and seclusion to make sense of what's happening all around me. I need to separate myself to find overdue solitude. I surrender to my Higher Power.

I meet God's Spirit in some sacred sanctuary.

P

I need to prolong this time alone with the Alone, to find peace. It's deeply personal. I need to process what's going on at present. I petition God on my behalf and on behalf of others. I purify myself of presumption and pride.

I

I for inner space as I isolate myself. I am invited to greater interiority of life. I is also for intercession on others behalf as to what is going on. It is an investment of my time.

R

R is for some time of retreat, recovery, rest and recollection. I recalibrate and reboot. My body, mind and spirit are restored. I am made ready to respond instead of simply reacting to the crises of life. I resolve to re-engage.

I

I find inspiration and as to what is the next best step on my way. I am instructed. I am full of ideas and renewed ideals.

T

T is for the necessary time to allow this to happen. I take stock, I am also thankful for all life's blessings. I am somehow transformed and I am ready to transition back to life's demands and responsibilities.

When you're 'dispirited', therefore, remember the words of St Paul:

"Let the SPIRIT be our rule of life" (Galatians 5:25).

God bless, Fr Seán

Email: parish07191@gmail.com | Phone: 085 878 3823

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.

Never known to fail.

Must promise publication of prayer.

TH

25TH ANNIVERSARY



In loving memory of

PATIE DINNEEN

Coolea, whose 25th anniversary occurs this year.

*Memories of you are lovingly kept
Someone too special to ever forget.
Your wish today would be no fuss
Just to be remembered by all of us.*



Always loved and remembered by
his family.

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

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10TH ANNIVERSARY



In loving memory of
EVA MURPHY
Coachford, Co. Cork
Who died on 24th September 2016

*Those who die in grace
go no further from us than to God
and God is very near.*



Fondly remembered and greatly missed
by your loving family

30TH ANNIVERSARY



In loving memory of
**NORAH
O'DRISCOLL**
Lacknahacknee, Ballinagree.

*Remembering with love
our dear mother Norah.
Who passed away on
September 15th 1996.*

*Always in our thoughts
Forever in our hearts.*



Lovingly remembered by her family.

2ND ANNIVERSARY



In loving memory of
**NOREEN DINEEN
(NEE O'DRISCOLL)**
Knockanure, Ballymakeera, Cork
who died on the 22nd September
2024.



Sadly missed by her husband,
son, nieces and nephews.

Noreen's second Anniversary mass will be
held Saturday the 19th September in St.
Gobnait's Church Ballyvourney, at 11am.

9th ANNIVERSARY



In loving memory of
ANN DUNLEA
Loughleigh, Carrigadrohid, Co. Cork
17th of September 2017

*O Lord, Support us all the day long,
'Till the shadows lengthen and the
evening comes,
and the busy world is hushed,
and the fever of life is over
and our work is done.
Then, Lord, in your mercy
grant us a safe lodging,
a holy rest, and peace at the last,
through Christ Jesus, our Lord.*



Inár gcroí go brách, inár gcúimhne
go buan
Michael and family

9th ANNIVERSARY



In loving memory of
**SHEILA
KELLEHER**
Cornera, Inchigeela
Passed away 27th September 2017

*We won't forget the face we loved,
or the memory of your smile
or the countless things you did for us
to make our life worthwhile.
You shared in all our ups and downs
and helped to see them through.
You made the good things better
by what you'd say or do.
You were someone we could talk to
and on whom we could depend.
You were more than just our Mother,
you were also our Best Friend.*



"Always in our Thoughts and in our Prayers"

Fondly remembered by her loving sons Dan
& Michael, daughters Sheila & Margaret and
all the family.

2ND ANNIVERSARY



In loving memory of
**NOREEN
LEHANE**
Deshure, Terelton, Macroom, Co.
Cork. Who died on the 14th of
September 2024

*I am that little robin
That sits upon a tree,
I sing to you each morning,
But you do not know it's me.*

*I am that little robin
In your garden everyday,
I will never leave you,
I will never fly away.*



Sadly missed by your loving family
Ellenor, Con and Con Donal

9th ANNIVERSARY



In loving memory of
**MARGARET
(PEG) BURKE**
Rahoona, Ballymakeera, Co.Cork
Died 20th September 2017

*Though your smile is gone forever
And your hand we cannot touch,
Still we have so many memories
Of the one we loved so much
Your memory is our keepsake
With which we will never part,
God has you in his keeping
And we have you in our hearts*



Sadly missed by your loving family
Liam, Siobhan, Jack and Joanne

Mass on Sunday 20th September in
Ballyvourney Church at 11.30am

5TH ANNIVERSARY



In loving memory of
FIN TANNER
Carrigleigh, Inchigeela
Who died on 16th September
2021

*A silent thought, a quite prayer
For a special person in Gods care
Though absent you are very near
Still loved, still missed and very dear.*



Sadly missed by his wife Margaret, sons
Robert and Colin, grandchildren Keelin
and Robyn, and extended family and
friends.

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16TH ANNIVERSARY



In loving memory of

**MARGARET
O'CONNELL**

Shean Dair, Ballymakeera, Co. Cork
Whose anniversary occurs on
25th September

*You are more than a memory silently kept,
you are part of our lives
we will never forget
Everyday in some small way,
memories of you come our way.*



Sadly missed by her loving husband Tadhg,
her children, her cherished grandchildren,
extended family and friends

5TH ANNIVERSARY



In loving memory of

**DENIS (DENNY)
CORKERY**

Gortnapeasta, Clondrohid, who died
on 24th of September 2021.

*They say that times a healer,
But we don't think that's true,
For every year that passes by,
We love and miss you more.*



Forever loved, sadly missed every day,
Your loving wife Geraldine, son Jerome,
Grandaughter Saoirse, Sisters and Brother
and extended family.

14th ANNIVERSARY



Remembering with love

**BARRY
KIRBY**

23 St. Colman's Park, Macroom,
who died 29th September 2012

*No matter how life changes,
No matter what we do
A special place within our hearts,
Is always kept for you*



Sadly missed by your mother, Carmel
and all your family

7th ANNIVERSARY



In Loving Memory of

**TIMOTHY
KELLEHER**

Slievareagh, Ballyvourney
Who died on the
26th September, 2019

*Death leaves a heartache
no one can heal,
Love leaves the memories
no one can steal.*



Loving you today and always Tim
Mom and Anthony
XXX
Anniversary Mass on Saturday 26th
September at 6pm in St Gobnait's Church
Ballyvourney

16th ANNIVERSARY



In loving memory of

**EVELYN
O'RIORDAN**

Curraghanearla, Macroom
Whose anniversary occurs on the
27th September

*Time and years slip quietly by,
But love and memories
never die.
In our hearts you will
always stay,
Loved and remembered
every day.*



From all your loving
family and friends.

6TH ANNIVERSARY



In loving memory of a special Dad

TIM O'SHEA
Kilpatrick, Macroom

*Many happy memories unfold
As I think of you,
Such a caring person
A nature warm and true,
I hold you within my heart and
there you will remain,
To be with me throughout my life
As I walk down memory lane.*



Lovingly remembered by your son Conor

3RD ANNIVERSARY



In loving memory of

**SHEILA
SHEEHAN**

Mountmassey, Macroom, Cork
Who passed away on 10th
September 2023

*Sadly missed along lifes way
Quietly remembered every day.
No longer in our lives to share
But in our hearts you're always there.*



Deeply missed by George and Family

31st ANNIVERSARY



In loving memory of

**GARRETT
FITZGERALD**
Macroom & London

Remembering GARRETT
especially at this time.



Always remembered by Anne,
FitzGerald family and few old friends

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BIRTHDAY REMEMBRANCE



In loving memory of

**HARVEY
BURNS**

Macroom

Forever Nine Months,
Forever Our Hero
You should be turning twenty-one,
A little boy with a future just begun. We
should be raising a glass in cheer,
To celebrate your milestone year.
But time stood still
in June's dark shade,
When all our plans and choices faded. At
nine months old,
you gained your wings,
Leaving behind our broken strings.
Yet in the depth of all our pain,
We swore your life was not in vain.
Through tears that fell like heavy rain,
Your final act was not mundane.
Two precious lives were given breath,
Because you triumphed over death.
Two families found a brand new start,
Carrying a piece of your brave heart.
Yet hope and healing you awoke.
A tiny boy, so sweet and small,
Who gave the greatest gift of all.
So on this seventeenth of September,
It is your legacy we remember.
You miss the years you never knew,
But oh, how proud we are of you.
Happy Twenty-First Birthday to our
beautiful Harvey.



Loved and missed everyday.

Mammy, Daddy, Dylan, Katelynn, Coran,
Jodie, Lottie, Croia and Avehy xxx

BIRTHDAY REMEMBRANCE



In loving memory of

**HARVEY
BURNS**

Macroom

Happy heavenly 21st birthday Harvey,
We have to remember you,
a lot longer than we had you,
our beautiful grandson Harvey,
forever in our hearts



love Nana and Grandad.x

8th ANNIVERSARY



Remembered with Love

**TIMMY
"THE BRIT"
MC CARTHY**

Dóirín Álainn, Ballyvourney

Whose anniversary occurred
on 12th of September

For Timmy,
The memories I have of you,
Like a million stars come shining through
My darkest day, my sleepless night.
They touch my heart
with your dancing light.
I'll keep them close, inside my heart
So close, so near, together apart.



Loved and missed everyday
But happily just a memory away
- Rhona

40th ANNIVERSARY



In loving memory of

**PHILOMENA
O'SULLIVAN
MC CARTHY**

Barrett Place, Macroom, Co. Cork,
whose 40th Anniversary occurs on
Friday 18th September

You can remember her
and only that she's gone
Or you can cherish her memory
and let it live on.



Lovingly remembered by her sons Tony,
Tim and John, her daughter Carmel,
her daughters-in-law Judy and Pat, her
grandchildren and great-grandchildren,
her sisters Margaret, Nora Anne and
Carmel, her sister-in-law Rita and
extended family

2ND ANNIVERSARY



In loving memory of

TED LORDAN

Knocknagoul, Coachford, Co. Cork
Who died on the 15th of September
2024

We thought of you with love today,
But that is nothing new,
We thought about you yesterday,
And days before that too.
We think of you in silence,
We often speak your name,
All we have are memories,
And your picture in a frame.



Sadly missed & remembered by
your family and friends.

6TH ANNIVERSARY



In loving memory of

**JOAN TWOMEY
(NEE O'RIORDAN)**

Konopogue, Ballinagree

Who died on 23rd September 2020

I thought I saw her face today
in the sparkle of the morning sun.
And then I heard the angels say
"her work on earth is done."

Dearest Aunt you're special,
you're precious & you're dear.
Our thoughts of you & love for you
grow stronger every year.



Lovingly remembered by her sister-in-law
Josephine, nieces Maria, Ann, Siobhan,
Claire, nephew John & their families.

4TH ANNIVERSARY



In loving memory of

NELL KELLEHER

Clondrohid, Co. Cork
Macroom

Those we love don't go away
They walk beside us everyday.
Will those who think of Mam today,
A little prayer to Jesus say.



Always loved and missed by
her loving family.

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