

FREE

# LEE VALLEY Outlook

To Advertise call Des: 087 3600223 E: des@outlookmags.com News: leevalleyoutlook@macroom.ie



St. Patricks Day Parade Macroom: L/R. Cllr. Ted Lucey, John Paul O'Shea T.D. Rita O'Sullivan Grand Marshall, Laura O'Sullivan, Flower of Macroom. Cllr Michael Looney, Chairman Macroom MD, Cllr Gobnaith Moynihan, Supt Niall O'Connell, Rev Donal Roberts P.P. Andrais Moynihan T.D. Senator Eileen Lynch, Pat O'Connell MC. Pic Peter Scanlan

## Amazing Offers In Store

Canon 80gsm Printer Paper  
€4.50 Per Ream or  
**Only €19.95 Per Box**

Plantronics Voyager Legend Headset  
**Only €99.95**  
Limited Stock

**CONNECTIONS**  
Fitz-Gerald Street, Macroom 026 23986

**Castle Hotel**  
A LEISURE CENTRE  
★★★★

*Celebrate your Special Occasion with us*

**Graduations, Birthdays, Re-unions  
Family gatherings**

**3 COURSE EVENT MENUS FROM €42**

*Make it a day to remember at The Castle Hotel Macroom*

Main St, Macroom, Co. Cork t:026 41074  
www.castlehotel.ie | reservations@castlehotel.ie



## MACROOM SLIDING WARDROBES LTD

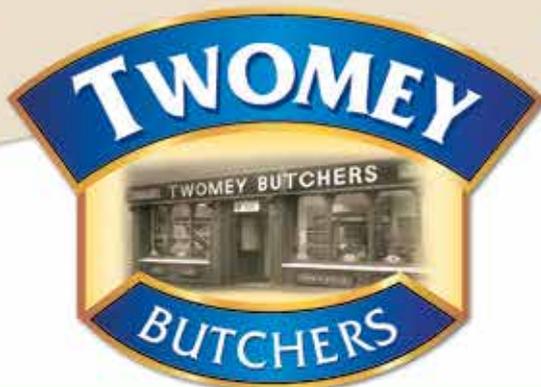
• SLIDING • HINGED DOOR • WALK-IN WARDROBES

Call Martin Lynch: **087 7932841**  
Kevin Healy: **087 6180159**

Instagram  
Find us on  
Facebook

Ireland's First Guaranteed  
Irish Butcher  
Since 1998

Supporting Local Agriculture  
Supporting The Local  
Economy



**SPECIAL OFFERS**



**The King Of Steaks**

Dry Aged Local Angus T-Bone Steaks

ONLY €23.95/Kg



5 x 110gms Hand Boned  
Irish Chicken Fillet Portions

For Only €6.30 €11.45/kg

**OUR LOCAL MEAT SUPPLIERS THIS WEEK ARE**

**WEST CORK WAGYU BEEF**  
Daryl Good, Aherla, Co Cork

**WEST CORK FREE RANGE PORK & BACON**



Noonan brothers pigs are sourced at 12 weeks from a small group of hand picked farmers in West Cork. The breed of pigs we currently have on our farms are Saddle Back, Berkshire, Oxford Sandy and Black, and Tamworth. Their diet is a grain mixture from Dairy Gold Co Op. They are free to forage on the flora. They also receive surplus vegetables and fruit. In Autumn they are given wind fall apples which sweeten the meat and give it a distinctive apple flavour. No antibiotics or hormones are used in the rearing of our pigs. Wide variety of succulent West Cork Pork and Bacon available in our shops.

**OUR LOCAL WAGYU BEEF**

in partnership with our Local Wagyu Beef Producers

**6oz Wagyu Beef Burger**  
€3.25 each

The Healthiest Tastiest  
Burger you can eat.



**LOCAL FARMERS BEEF**

William Lynch, Dripsey, Co Cork

**SHANDANGAN LAMB**

Local lambs from Macroom Mart

**FREE RANGE PIGS**

Senan & Cathal Noonan, Togher, Dunmanway, Co. Cork.

**FREE RANGE CHICKENS**

East Ferry Farm, East Ferry, Midleton, Co. Cork.

Railway View, Macroom, Co. Cork  
Tel. 026 42436

Wolfe Tone Sq, Bantry, Co. Cork  
Tel. 027 55519

Macroom Environmental Park,  
Bowl Road  
Tel. 026 - 42280

Email. mtwomeybutchers@hotmail.com | Web. mtwomeybutchers.ie





# Deasys Pharmacy Group

Ballymakeera  
026 45421

Macroom  
026 41048

Coachford  
021 7434710

www.facebook.com/deasyspharmacy

CLARINS

## gift of beauty

WORTH UP TO €76

Thursday 5th March - Saturday 21st March

Your choice of 4 treat-sized essentials and cosmetic bag when you purchase 2 Clarins skincare products, one to be a moisturiser or serum.\*

New  
**Double Serum FOUNDATION**  
12 Shades



A REVOLUTION IN COMPLEXION



# ROSALIQUE



Deasy's Pharmacy Group - providing the best of healthcare to our local communities

## Get in Touch...

Don't be a stranger If you have an article, photo or story you wish to share, email:

**[leevalleyoutlook@macroom.ie](mailto:leevalleyoutlook@macroom.ie)**

If you cannot access physical copies, the LVO can be viewed online at: <https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following

week's edition. Due to print processes, late submissions will be published in the following edition.

As always submissions as Gaeilge are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you would like to submit an article as bearla nó as gaeilge, please feel free to email us here on [leevalleyoutlook@macroom.ie](mailto:leevalleyoutlook@macroom.ie), we would love to hear from you.

**Go raibh maith agaibh, Peter & Gráinne**

**For Advertising email Des. E: [des@outlookmags.com](mailto:des@outlookmags.com)**

**Please note Des has a new number**

**087 3600223**

# St Patricks Day Parade 2026

**On Tuesday March 17th last Macroom once again hosted a vibrant and very successful St. Patrick's Day Parade, drawing locals, national visitors.**

Another bumper crowd lined the Streets and Square area to celebrate our rich Irish heritage and culture, as hundreds made their way to see the annual display of colourful floats and characters as they made their way through the streets of Macroom. All lead by our Grand Marshall Rita O'Sullivan of the O'Sullivan School of Dancing, who was been chosen as the Grand Marshal for the Macroom St. Patrick's Day Parade 2026.

Rita truly represents the heart and spirit of our community. Since our very first St. Patrick's Day parade in Macroom, Rita has taken part in every single one through sunshine and showers a remarkable show of dedication and love for the tradition of our parade.

For over 60 years, and in recent years along with her daughter Deirdre she has passed on her passion to young dancers across Macroom and beyond.

In many families, Rita hasn't just taught one generation she has taught three, grandparents, parents and now their children. Her influence and kindness have touched countless lives, and her contribution to our town's Irish culture is truly extraordinary. Rita was accompanied by the 2025-2026 Flower of Macroom Lara O'Sullivan.

As the people lined the route before the parade which started at 3.30pm they were entertained by Aghinagh Comhaltas and live music in the square by Tim Joe & Ann O' Riordan. Over 30 colourful floats took part, with local dance troupes, community groups, clubs and local businesses that all came along and supported the parade, all exhibiting everything that is good in Macroom and surrounding areas. The Cullen and Ballingearry Pipe Bands also took part in the multi-cultural community event and gave a recital after the parade in the square.

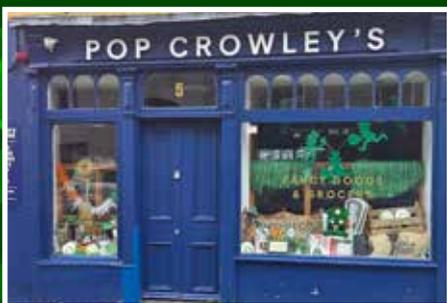
As always, our tireless volunteers from the Tidy

Towns, along with our Macroom Business Association and GAA members came out together early in the morning to set the town up for the parade, and again in the evening to take everything down. They along with some new volunteers, at the starting line ensured the whole event was very welcoming, ran very smoothly from start to finish, and again deemed a wonderful success. The sense of pride was evident in the smiles of all involved who really embraced the spirit of the day.

Plenty entertainment was available in the restaurants and bars after the parade and many stayed on to enjoy the music.

The Chairperson Rory Buckley and the Macroom St. Patrick's Day Committee would like thank everyone that took part, our volunteers and sponsors, and those who posted the many photos and videos of the 2026 parade all adding to the success of the day.

**The 2026 Best St. Patrick's Window Display** was a very tightly contested competition with so many businesses entering. Choosing the winner was a very difficult decision for our Judges. Vincents was awarded the winners prize for a well co ordinated mix of culture, sport, and fashion representing all that is good about being Irish this week. Pop Crowleys and the Shopeen were joint runners up both being highly commended. Thanks to every business that made the wonderful effort to promote & celebrate our national day.



## In this Edition

Ed 06 - 19th March 2026

A. Macroom Updates - pgs 4, 6, 8, 10, 12, 14, 16, 18,  
B. Lee Valley Updates - pgs 20-22, 28, 30  
C. St Patricks Day Parade - pgs 32-34  
D. History - pg 44

E. Appointments - pgs 45, 47  
F. Sports - pages 48 - 53  
G. Classifieds - page 55  
H. Trades & Services pages 56 - 57

# Thanks to Everyone

## for helping to make it a fantastic St. Patrick's Day Parade!



Cork County Council  
Comhairle Contae Chorcaí



# MACROOM GIRL GUIDES



Macroom Guides heading for Go Global on March 7th

### Ardilaun Guides – Go Global!

After a very early rise, we all met in Kent station to travel to Dublin for IGG's Go Global Day. On arrival in Dublin, we met with the Guides from Boherbue and went to Dublin Castle and to the Chester Beatty, where we saw the vast collection of manuscripts, rare books, painting and other objects that were collected by Sir Alfred Chester Beatty and our Leaders shared some fascinating facts about the castle's history. It was a day full of fun, and everyone really enjoyed it.

We then walked to the Carmichael Centre to join with many other Guides from different parts of Ireland for our day of international fun and learning. We had four bases to complete during the day.

We were divided into a mix of teams of Guides from different Regions and learned about cultures from all over the world. From India, we celebrated Holi by making colourful Rangoli designs with rice on paper, which is a traditional Indian art form and from Switzerland, we explored new traditions and customs. We learned about the 5 World Centres in Switzerland, England, India, Mexico and Africa belonging to the World Association of Girl Guides and Girl Scouts (WAGGGS). Some of the Senior Branch shared stories about the World Centres that they had visited and it was really exciting and inspiring to hear their experiences. Juliette from our own MacEgan Rangers told us of her visit to Switzerland and Our Chalet in Adelboden. We also learned about the Helen Storrow Seminar, which was interesting and added a special touch to the day.

In the next room, we had to study various posters around the place and then answer a quiz that tested our knowledge about the countries and cultures we had just learned. Everyone participated eagerly, and it was exciting to see new friendships forming as we worked together. Saoirse enjoyed having to "find all the different things that Girl Guides have in common

around the world"

Our next base was cooking. We were all given a list of ingredients to choose from and to come up with a special dish. Anna, Saoirse and Ruby chose eggs, potatoes, chickpeas, onion and herbs and we made an omelette which we named an omlebr.

Anna says she "really enjoyed Go Global because we got to explore Dublin and got to do a lot of different activities with other Guides"

At the end, there was a special closing ceremony to mark the conclusion of a truly memorable experience. Elizabeth and Anntheres said that "the trip was not just about sightseeing—it was about learning, meeting new people, trying new things, and having fun while exploring the world in a new way.

Thanks to Deirdre, Orna and Joe, the whole experience was even more memorable, exciting, and full of surprises.

### MacEgan Senior Branch

#### Sangam Overnight Pre-Weekend

Members of MacEgan Rangers; Dara, Emily & Katie selected for the 2026 National Contingent to Sangam, India attended a weekend for the contingent to get to know one another from the 6th – 8th March. The event was held in Minane Bridge in Cork so thankfully the girls didn't have far to travel!

Friday evening the girls arrived and started off with some ice breakers and team building exercises to break the awkwardness with the other contingent members. They shared fun facts about one another and it was brilliant to see the various units and regions all coming together to prepare themselves to represent Irish Girl Guides on an international level.

Saturday was jam-packed with activities helping the girls learn about Sangam and the culture of India. The girls worked together on a scavenger hunt answering questions about the history, customs and cuisine and demonstrating the likes of yoga poses

and tower stacking! Working together teams rewrote the laws of Irish Girl Guides and included Guiding Principles in a contract that will be followed on the Leadership Programme. The girls debated the contract requirements and consequences if any agreement was to be breached, to ensure our trip will be fair and safe and also remaining respectful to our wonderful hosts and their requirements.

The girls also had a Q&A session with contingent leader Cate, who gave very insightful information on the daily routine in Sangam having lived and worked there for many years. She informed us of the weather, likely activities, schedules and of course food which our girls can't wait to try!

Our girls, leaders and parents have been busy organising fundraising events to help the girls participate in this amazing leadership opportunity, so keep an eye open to follow the girls on their journey. For more information on joining our Ladybird, Brownie, Guide or Senior Branch units please contact macroomguides@gmail.com



Arts & Crafts at WTD 2026



Ladybirds who attended World Thinking Day



Helping hands across units at WTD 2026

# BRIERY GAP

## LOCATION | MACROOM, CORK

BOOK NOW | [WWW.BRIERYGAP.IE](http://WWW.BRIERYGAP.IE)

PHONE | 083 143 6884 EMAIL | [BOXOFFICE@BRIERYGAP.IE](mailto:BOXOFFICE@BRIERYGAP.IE)

BOX OFFICE HOURS | TUE-FRI 10AM-2PM & ONE HOUR BEFORE ALL SHOWS

ALL SHOWS WHEELCHAIR ACCESSIBLE

CINEMA



CHILD & FAMILY TICKETS AVAILABLE

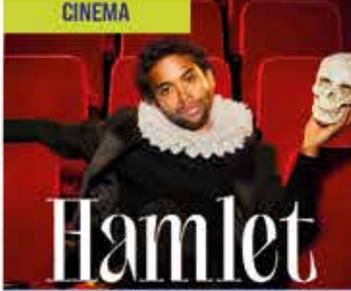
RÚN CHEANANNAIS MHÓIR  
IFI@BRIERYGAP | (THE SECRET OF KELLS) | SUN 15 MAR | 3PM

CINEMA



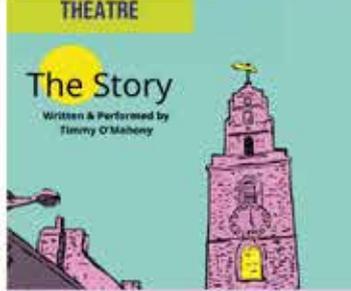
IFI@BRIERYGAP | BAÍTE  
MON 16 MAR | WED 18 MAR 2026  
8PM

CINEMA



NATIONAL THEATRE LIVE: HAMLET  
FRI | 20 MAR 2026  
7:30PM

THEATRE



THE STORY:  
A PLAY BY TIMMY O'MAHONY  
SAT | 28 MAR 2026 | 8PM

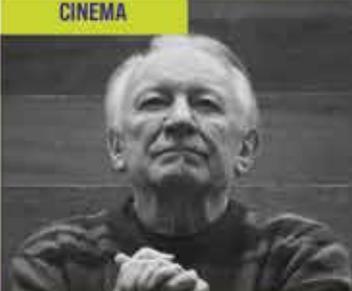
LIVE MUSIC



SELLING QUICKLY

LOUISE MORRISSEY  
SUPPORT FROM MARTY DANIELS  
SUN | 29 MAR 2026 | 8PM

CINEMA



IFI@BRIERYGAP  
IN TIME: DÓNAL LUNNY  
MON 30 MAR | WED 01 APR | 8PM

LIVE MUSIC



FUTURE SOUNDS: A BRIERY GAP  
YOUTH BANDS SHOWCASE  
SUN | 12 APR 2026 | 2:30PM

CINEMA



IFI@BRIERYGAP  
THE TESTAMENT OF ANN LEE  
MON 13 APR | WED 15 APR | 8PM

LIVE MUSIC



KAMMERPHILHARMONIE EUROPA  
POWERFUL EMOTIONS TOUR  
FRI | 17 APR 2026 | 8PM

LIVE MUSIC



DAOIRÍ FARRELL  
SAT | 25 APR 2026  
8PM

LIVE MUSIC



MUSIC NETWORK PRESENTS:  
SÉAMUS EGAN PROJECT  
FRI | 08 MAY 2026 | 8PM

THEATRE



DON'T TELL DAD ABOUT DIANA  
SAT | 09 MAY 2026  
8PM

LIVE MUSIC



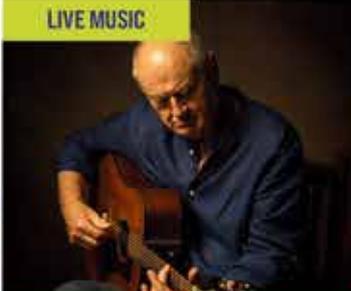
LEEVEY ALBUM LAUNCH  
SUPPORT FROM MOLDBOY  
FRI | 15 MAY 2026 | 8PM

LIVE MUSIC



MOLLY O'MAHONY  
SUPPORT FROM LOUIS CORMACK  
SAT | 30 MAY 2026 | 8PM

LIVE MUSIC



FREDDY WHITE  
FRI | 02 OCT 2026  
8PM



SIGN UP FOR OUR MONTHLY  
NEWSLETTER AND STAY  
UP-TO-DATE ON ALL EVENTS

# MCEGAN COLLEGE



MCEGAN TY students enjoyed a muddy paintballing experiencing in Dunmanway recently.



3 teams from MCEGAN TY Enterprise programme who got to Foróige regional Finals recently.

**Green School in MCEGAN:** Transition Year students and members of the MCEGAN College Green Schools Committee recently attended a very informative talk delivered by John Lyons and Brendáin Ó Tuama Community Liaison officers of Future Energy Ireland. During the presentation, they shared a range of biodiversity project ideas based on research carried out in the local Macroom area. They also discussed important topics such as climate change, energy use, and renewable energy, while providing valuable insights into future career opportunities within the energy and renewable energy sectors. We sincerely thank John and Brendáin for taking the time to visit the school, share their expertise, and inspire our students by highlighting the opportunities that exist within the local community.

**Tree Planting in Macroom:** SECAD partnership a community development agency with offices in Macroom they are celebrating 30 yrs by planting 30 trees. In Macroom on Tuesday 10th March MCEGAN College Green Schools Committee got to help with the planting of a native Irish Tree in Tiny Feet Fairy Garden.

**TY News:**

**Paint-balling** Transition Year students enjoyed an action-packed trip to Funmanway for an exciting day of paintballing. The wet and muddy conditions added to the authentic army-style atmosphere, making the experience even more thrilling. Students had great fun attacking and defending different sections of the course while working together as a team. The combination of strategy, teamwork, and adrenaline ensured that everyone had a fantastic and memorable day.

**Enterprise programme:** MCEGAN College was delighted to have three mini company teams progress to the Foróige Enterprise Regional Finals held in UCC. The competition followed a Dragon's Den-style format, where students presented their innovative mini-companies and products to a panel of judges. The school was proudly represented by three impressive teams. So Unique Frames created picture frames with Spotify song links. Svens & Co. demonstrated excellent sustainability

by crafting breadboards and other kitchen utensils from waste hardwood timber. The students sourced offcuts from a local factory and transformed the discarded material into beautiful handmade products. VSSLE DIY developed creative coasters made from unwanted or surplus tiles, again showing how waste materials can be repurposed into stylish and practical items. MCEGAN College had eight mini-companies in total taking part in the enterprise programme this year, and the school is extremely proud that three teams reached the regional finals. We're waiting with fingers crossed that at least one of these three teams makes it forward to the next stage of competition. A sincere thank you to Laura from Foróige, who mentored the students throughout the programme, and to their teachers Alan Ryan, Hazel Bourke, and Mark Long, who supported and coached the teams since September.

**First Cuts Film Festival:** Transition Year students from MCEGAN College recently attended the renowned First Cut! Youth Film Festival in Cork, continuing the school's proud involvement in this exciting celebration of young filmmaking talent. This year the entries from MCEGAN included two Films Nightmare 1 & Nightmare 2 which were shown on the day. The festival brings together post primary students to showcase and celebrate short films created by young people. MCEGAN College has a special connection with the festival, having previously achieved success there with a winning student film. Throughout the event, students watched a range of impressive short films and engaged with the ideas and themes explored by young creators from different schools. The experience offered valuable insight into filmmaking and highlighted the power of film as a medium for young voices. Teacher Mr O'Connor, who accompanied the group, expressed how proud he was of the students. He praised them for representing MCEGAN College so positively during the trip, noting that they were excellent ambassadors for the school throughout the day.

**Cork ETB awards Leaving Cert 2025.** We are incredibly proud of George Poklonskyi and Bobby Murphy from

our Class of 2025, who were recognised last Friday night at the Cork ETB Annual Awards in Cork City Hall for their outstanding Leaving Certificate results and their many positive contributions to school life. George Poklonskyi received the Chairperson's Medal for his exceptional Leaving Certificate results, achieving an impressive 613 points. This fantastic achievement reflects George's dedication and hard work throughout his time in school. Bobby Murphy was awarded Student of the Year in recognition of his excellent academic achievements, as well as the leadership, commitment and positive example he set within the school community over the six years he spent in MCEGAN College. The CETB Annual Awards celebrate excellence and achievement among students across the region. It was a fantastic evening in Cork City Hall celebrating the success of both students. MCEGAN College wishes them both every success in the next chapter of their lives, with George continuing his studies at Trinity College Dublin (TCD) and Bobby pursuing his studies at Munster Technological University (MTU).

**Sport:** Girls Basketball: Semi Final place for our girls in Division D.

MCEGAN College delivered a strong performance in the \*\*Girls' Junior Basketball Division D quarter-final\*\*, defeating St. Patrick's \*\*30-8\*\* to secure their place in the semi-finals. MCEGAN started the game with great energy, applying strong defensive pressure and creating scoring chances through quick passing and fast breaks. Their teamwork and organisation helped them build a comfortable lead. St. Patrick's battled hard throughout the match, but MCEGAN's solid defence and consistent scoring kept them in control. The final whistle confirmed a 30-8 victory for MCEGAN, sending them through to the Division D semi-finals.

**Soccer:** MCEGAN Boys were defeated by Coláiste Ghobnathan recently in the Cork U-15 Roca Cup in MurraysField. In spite of a great penalty scored by Linards Maurins for MCEGAN the opposition proved too strong for our boys.

## BOBBY MURPHY, MCEGAN COLLEGE - STUDENT OF THE YEAR

Bobby Murphy was an outstanding student throughout his six years at MCEGAN College. He received 484 points in his Leaving Certificate, including a H2 in Leaving Certificate English. As a hard worker Bobby worked tirelessly to achieve those results, participating regularly in afterschool study, and also a week of Easter in the school. Bobby is now studying Business Information Systems in MTU Cork. Bobby was willing to take part in extra circular activities organized by the school. He is an accomplished athlete and represented the college in Basketball, football, running and soccer. He was captain and a key member of the college's Gaelic football team who narrowly lost out in their County

final. He also represented his local club Macroom in both football and soccer. Bobby's work ethic along with his positive helpful and mature nature makes him an excellent choice for student of the year. He embodied the ETBI core values through his involvement in with various wellbeing indicatives such as ETBI Ethos Week, our schools Wellbeing Week, resilience workshops and the many wellbeing noticeboards and indicatives which took place in our school. He took part in Faith Club, the sixth-year retreat and various RE projects throughout his time in the school, again highlighting his exemplary role modelling of our ETB core values, specifically community, respect and community.



**from 12.00 Euro**

**PAINTING WORKSHOPS**

**FIND US**

Tel: 026 40222  
[www.toysoldierfactory.ie](http://www.toysoldierfactory.ie)  
**TOY SOLDIER**  
 FACTORY & VISITOR CENTRE  
 in Kilnamartyra, Cork, P12 FN79

# BRIGHTER NIGHTS. ZERO BILLS.

Light up your outdoor spaces with solar-powered lighting from JM Energy Savings — powerful, reliable, and completely hassle-free.

**Our Lights & Pricing:**

- 800W Solar Light Supply **ONLY: €185** (SUPPLY ONLY)
- 400W Solar Light Supply **ONLY: €145** (SUPPLY ONLY)
- Lee Valley Area Installation: Add €55

*(All prices include VAT)*

**Key Benefits:**

- No electricity costs – harness the power of the sun
- Hours of light every night – reliable illumination
- Remote-controlled – easy and convenient
- Quick install – ideal for homes, farms & businesses
- IP66 weatherproof – built for Irish wind & rain
- 2-year warranty – peace of mind included

*Dependable, high-performance lighting for farmyards, sheds, gateways, and homes.*

**Rated Excellent**  
 ★ Trustpilot

*JM Energy Savings – powering brighter, smarter spaces.*

☎ 026 68004  
 🌐 solar@jmenergy.ie  
 📍 Ballingeary, Co Cork

**JM ENERGY SAVINGS** Grants Available 0% VAT



# DE LA SALLE College Macroom

## Sponsor Support for De La Salle GAA

De La Salle College would like to sincerely thank Derry Casey, who has been a proud sponsor of DLS GAA for many years. Most recently, Derry has generously sponsored new sports video recording equipment for the school. This equipment will greatly assist our teams by allowing coaches and players to use video analysis to review performances and support player development. We are extremely grateful for Derry's continued support of De La Salle GAA and his ongoing commitment to sport in the school.

## Seachtain na Gaeilge Celebrated in School

Students across the school took part in a range of activities to celebrate Seachtain na Gaeilge. The week brought great energy and enthusiasm to the school as students embraced Irish language and culture through a variety of fun events. Second Year students took part in lively Poc Fada and Cic Fada competitions. There were also quizzes, treasure hunts and traditional music and dancing activities organised throughout the week. It was fantastic to see so many students getting involved and celebrating the language and culture in such a positive way.

## TY Mentors Celebrated for Leadership

Our Transition Year mentors recently enjoyed a well-deserved treat at the Castle Hotel in recognition of the fantastic work they have done throughout the year. The mentors have played an important role in welcoming and supporting our incoming First Year students. From the very beginning of the school year, they helped new students settle in, offering guidance, encouragement and friendly faces around the school. We are extremely proud of the example they continue to set in De La Salle College.

## West Cork Rapid Response Visit TY Students

Fourth Year students recently welcomed Kate from West Cork Rapid Response, who spoke about the vital work

carried out by the organisation's volunteers. One key message she shared with students was the importance of ensuring that your Eircode is clearly visible at your home. Inspired by the talk, TY students decided to take practical action. As part of their Social Media project, they are now placing the school's Eircode in every classroom, so it can be easily found if ever needed in an emergency.

## Students Represent School at Lasallian Competition

Three De La Salle students proudly represented the school at the Lasallian Competition held in Castletown, Co. Laois. Second Year student Filip Szarowar presented a creative website he designed which displays Lasallian schools from around the world on an interactive virtual globe. First Year students Sam Moran and Shane O'Connell showcased an impressive handcrafted wooden globe, also highlighting Lasallian schools across the world. All three students received certificates in recognition of their work, with Sam and Shane placing second overall in a very competitive field of entries from other Lasallian schools. It was a fantastic achievement! Inspirational Talk from Conor Harris

Our Fourth and Fifth Year students recently attended a talk by Conor Harris, who shared his personal story of resilience and recovery. Conor spoke openly about the challenges he faced in life and the journey he undertook to rebuild his future. His story resonated strongly with the students, and many took valuable lessons it.

## Second Years Take Part in 'Play in a Day'

Second Year students recently took part in Oide's "Play in a Day" drama initiative, led by Ruth Lehane. During the workshop students explored the theme of rivalry and worked together to develop and perform short dramatic scenes. The students embraced the creative challenge and produced some excellent work. A sincere thank you to Ms. Creedon for helping to facilitate the day.

## Senior Cycle Students Visit Liebherr

Senior Cycle students recently enjoyed an educational trip to Liebherr in Killarney. During the visit students toured the workshops and gained first-hand insight into how a major engineering company operates. They learned about the manufacturing process and the many career opportunities available in engineering and industry.

## Sport Highlights

It has been a busy and successful period for De La Salle teams across a number of competitions.

Our Under 14 football team recorded a superb victory over St Francis College on a scoreline of 8-10 to 3-9. The team produced an outstanding performance from start to finish.

Our Under 15 footballers also enjoyed a great win over Abbey CBS, winning 3-11 to 0-15 to secure their place in the Munster semi-final.

Our Under 16 hurlers were unlucky to come up just short against Pobalscoil na Tríonóide in a closely contested match that finished 2-11 to 2-9. The team showed tremendous determination and work rate throughout the game and can be very proud of their performance.

## Bake Sale Fundraiser Reminder

The De La Salle Macroom Parents Association will host a Bake Sale Fundraiser in the Church Hall at St Colman's Church, Macroom, on Sunday March 22nd after the 8.30am and 11.30am Masses. Funds raised will support the Autism Hub at De La Salle College. Donations of baked goods or spot prizes are very welcome, and all support from the local community is greatly appreciated.

## MACROOM MEN'S SHED

Dan Lynch of Macroom Men's Shed was recently presented with a plaque to showcase his medals and achievements for the last twenty years which include Special Olympics, Rugby and Football. The plaque was made by Kevin Martin in the Men's Shed and was presented to him recently and his mother Ann was also present.



## MACROOM ASSISTED PILGRIMS TO LOURDES FUNDRAISER

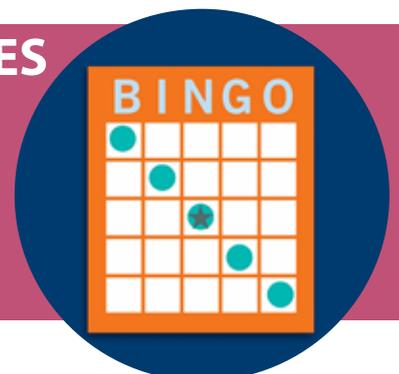
You are warmly invited to support our Fun BINGO Night in Murray's Bar, Macroom Friday March 20th at 8:00pm.

Come along for a great evening of entertainment and community spirit! There will also be a raffle on

the night, with lovely prizes to be won.

Good fun is promised for all — bring your friends and family and help support a wonderful cause.

Spread the word — we look forward to seeing you there!



## Medical & Diagnostic Services – Now Serving Ballincollig



# Your Health, Our Priority!

Now Open: **Out of Hours GP Services** and **Diagnostics (Ultrasound) Services**



## Out of Hours GP Services

- ✓ Walk-In Clinic
- ✓ Online Appointments
- ✓ Patient-Centered Care
- ✓ Urgent Care



**Mon to Fri – 18:30 to 21:30**  
**Sat & Sun – 12:00 to 18:00**



## Diagnostic Services

Ultrasound Services Designed Around Patient Comfort, Get Results Within 72 Hours.



**Call us on (021) 237 7538 to book your appointment !**



**linkhealthcare.ie**



**Ballincollig, Cork, P31 HF29**

# ST MARY'S NEWS



St Mary's Junior Camogie team who played in the All Ireland Blitz recently



Presentation of Dry Robes presented to our Senior Athletes

### Equestrian Update

A huge well done to Erin Kelleher, Avril Casey and Mia Noonan for taking part in the interschools equestrian competition in Carrigaline recently. Despite the terrible weather conditions, the girls gave it their all and performed brilliantly. Erin Kelleher came first in the 1 metre competition, while Avril Casey helped her team secure third place in the team event. Huge congratulations to all three for their fantastic performances and for representing the school with such skill and determination. Thank you to Ms O'Keeffe for braving the bad weather and supporting the girls!

### Athletics Presentation

As a mark of our Cross Country teams recent success, the girls received Dry Robes kindly sponsored by West Muskerry AC, The Phoenix Clinic & Clondrohid Co-Op. Thanks to Gerry Cronin (Clondrohid Co-Op), Donal Twomey (The Phoenix Clinic), Colette O'Riordan (West Muskerry AC) and former teacher and athletics teacher Brid Kelleher.

### 1st Year Basketball

Well done to both of our first-year basketball teams who have completed their first league campaign. It has been fantastic to see the level of dedication and commitment from both teams since they began

training back in September. This year, we had a record number of first years playing, with 42 students proudly representing the school. It's been especially great to watch the girls' progress and improvement as many of them are playing basketball for the first time. There's a bright future ahead! We're already looking forward to seeing what they bring next season! Well done, girls. Huge thank you to their coaches Paul, Ms Hickey, Mr O Connell and Mr Hennessy for all their time they give to the girls.

### Mini Company Markets

Five of our TY minicompany teams went to Macroom Town Market recently. They promoted their products around the town to try and attract customers and get more sales. A successful day was had with students making many sales on the day. A huge thank you to Mr Ronan and Ms Sheehy for all their help, support and guidance with these teams.

### Junior Camogie All Ireland Blitz

Heartbreak our Junior Munster Camogie Champions who competed in the final stages of The Junior Camogie All Ireland series in University of Limerick recently. Our Junior team took on Castlewella from Ulster and Castletroy from Limerick. The girls played their hearts out and did their school, families and clubs proud! Reaching All Ireland stages is no easy

feat and for many, never happens. Huge thank you to Liam Slattery for all his time he gives to camogie in St Mary's. Thank you to Mr McAuliffe, Mrs Lehane and Ms McSweeney for their time and dedication to camogie in St Mary's also.

### Junior Football All Ireland Semi Final

A huge well done to our Junior A Footballers who played in the All-Ireland Semi-Final recently. The level of skill and determination on display from both teams was exceptional, making it a thrilling contest from start to finish. In what was an epic battle played in extremely difficult weather conditions, St Mary's fought bravely right to the final whistle. Unfortunately, the game was decided with the very last kick, and it wasn't to be our day. While the result did not go our way, the team showed tremendous resilience, teamwork and pride in the jersey. This group of girls has given us some fantastic days out this year, and in the few years previous, and we are incredibly proud of the way they represented the red and navy of St Mary's throughout the competition. A huge thank you to the girls coaching team who give so much of their time and effort to football in St Mary's. Thank you Mr O Connor, Mr Ronan, Mr Quill and Ms O'Leary.



One of St Mary's two 1st year basketball teams that have completed their season recently



Hizza, Marvellous and Nikola at Macroom Market with their TY Mini Company



Presentation of Dry Robes to our Junior Athletes



Erin Kelleher, 6th year, came 1st in the 1metre interschools competition recently

# e|egans

HEARING CLINIC  
at

## SULLANE FAMILY PRACTICE MACROOM

### TICKS ALL THE BOXES



- ✓ Full range of Digital Hearing Aids
- ✓ Hearing Tests
- ✓ Full range of TV/phone accessories
- ✓ Ear protection: swim plugs / shooting / musician / snoring defenders

GRANTS  
up to  
**€1000**  
AVAILABLE

For appointment phone  
**021 427 6414**

email: [reception@eganshearing.ie](mailto:reception@eganshearing.ie)  
[www.eganshearing.ie](http://www.eganshearing.ie)

CLINICS THROUGHOUT MUNSTER



# WE ARE MOVING



## FAIRGREEN PLAZA MACROOM P12 NP60

*This office is closing at*  
**3pm on Friday 27th of March**  
*allowing us to move to our new premises to*  
**Re Open Monday 30th at 9 am**

*Sorry for any inconvenience caused.*  
*Thank you for all your support down through the*  
*years, we look forward to being of service to you for*  
*many years to come in our new location at*  
**FAIRGREEN PLAZA MACROOM**  
**P12 NP 60**



# NUAHT Ó CHOLÁISTE GHOBNATAN



Foireann camógaíochta faoi 16.5 a bhuaigh Craobh Scéithe - Mary O'Driscoll le déanaí - comhghairdeas libh!



Daltaí Ardeiste 2025 a fuair gradam BOOC le déanaí ó chlé Dominic Geslers, Clara Ní Chonaill, Aoife Ní Mhurchú, Aibigéal Ní Loingsigh, Colin Ó Tuama, Conor Ó Cróinín agus Priomhoide Máistir Ó Colmáin

## OÍCHE NA NGRADAM -BOOC

Tréaslaimid le daltaí na hArdeiste ó anuraidh a fuair gradaim ag Oíche na nGradam BOOC le déanaí. Bhí an ócáid ar siúl i Halla na Cathrach. Reáchtáil Bord Oideachais agus Oiliúna Chorcaí (CETB) an oíche sin chun aitheantas a thabhairt do na daltaí Ardeiste sa chontae. Fuair daltaí teastais éachta bunaithe ar a gcuid torthaí Ardeiste – na daltaí a bhí i gceist ná Dominic Geslers, Clara Ní Chonaill, Aoife Ní Mhurchú, Aibigéal Ní Loingsigh agus Colin Ó Tuama. Bronnadh gradam “Dalta na Bliana” ar Conor Ó Cróinín chomh maith. Le linn a gcuid ama i gColáiste Ghobnatan chomhlíon na daltaí sin ar fad mana na scoile mar dheineadar gach rud “go buaic a gcumais”.

Faoi láthair tá Dominic i gColáiste na hOllscoile Chorcaí ag déanamh staidéar ar Innealtóireacht. Bheartaigh Clara ar chúrsa Baitsiléir Oideachais (Bunmhúinteoireacht) agus Síceolaíochta a dhéanamh i gColáiste Mhuire gan Smál. Fuair Aoife Ní Mhurchú cúrsa Dlí agus Gnó i gColáiste na hOllscoile Chorcaí. Tá Aibigéal ag tabhairt faoi Eolaíocht Bitheleighe (Coláiste na hOllscoile Chorcaí agus Ollscoil Teicneolaíochta na Mumhan). Tá Colin ag déanamh staidéir ar Ghnó Idirnáisiúnta agus Gaeilge i gColáiste na hOllscoile Chorcaí. Tá Conor in Ollscoil Teicneolaíochta na Mumhan ag déanamh staidéar ar Innealtóireacht.

Táimid an-bhródúil as bhur ngaicsí agus guimíd gach rath oraibh don todhchaí.

## LIPSYNC – HOPE FOUNDATION

Míle buíochas le Elle O’Sullivan McCarthy a tháinig isteach chun cainte linn faoin Hope Foundation le déanaí. Rinne sí cur i láthair iontach dúinn, agus d’fhoghlaim gach duine an-chuid mar gheall ar an gcartanacht agus an obair iontach a dhéanann siad. Bhronn Comhairle na nDaltaí agus daltaí ó Bhliain 4 €370 uirthi a bhailigh siad ón Lipsync agus ó Lá Geansaithe na Nollag a d’eagraigh siad roimh na Nollag. Maith sibh go léir!

## WHEELCHAIR BASKETBALL4ALL

### le Naomi Ní Scanaill

D’imir foireann Cispheile Cathaoireacha Rothaí B1.4 i gComórtas Cispheile Cathaoireacha Rothaí “Wheelchair Basketball4All” in Airéine na Muidíge, Coláiste na hOllscoile Corcaigh. Chuamar go dtí barr an ghrúpa, ansin bhumar an cluiche leathcheannais agus chuamar chuig an gcluiche ceannais. Bhí an cluiche ceannais an-chóngarach. Nuair a bhí 10 soicind fágtha sa chluiche bhíomar síos dhá pointe, ach ag an soicind deireanach, fuair Cian Ó Loinsigh ciseán chun ár bhfoireann a thabhairt chuig am breise. Faoi dheireadh, bhumar an comórtas agus d’ardaigh ár gcaptaen, Cathal Ó Loinsigh an Liathróid



Bhuaigh muintir na hidirbhliana Comórtas Cispheile Cathaoireacha Rothaí “Wheelchair Basketball4All” le déanaí

## Cispheile Óir.

Míle buíochas le hIníon Ní Shúilleabháin agus Rosie a thaisteal linn. Ba mhaith ár mbuíochas a ghabháil le UCC agus Irish Wheelchair Association Sport chomh maith as an gcomórtas a eagrú.

## CAMÓGAÍOCHT

### le hAmy Ní Chéilleacháir

D’imríomar craobh Mary O Driscoll le déanaí agus d’éirigh linn an bua a fháil ar deireadh. D’imir an fhoireann go hiontach lena chéile chun an chéad bhua mór camógaíochta a bhaint amach don scoil le tamaill fada. Ba mhaith liom buíochas a ghabháil le hIníon de Brún as sinn a thraenáil agus cluichí a eagrú dúinn. Buíochas le hIníon Ní Ríordáin agus Máistir Ó Colmáin as a dtacaíocht ar an oíche.

## SACAR NA MBUACHAILLÍ

Bhí bua maith ag na buachaillí sacair fé 15 i gcoinne Choláiste MacAogáin le déanaí. Táid ag dul ar aghaidh chuig leathcheannais Chorcaí anois! Maith sibh a bhua chuachaillí agus lena dtraenálaí Máistir Ó Duinneacha

## SEACHTAIN NA GAELIGE:

Eagraíodh réimse deas imeachtaí le linn Seachtain na Gaeilge i gColáiste Ghobnatan. Ghlac muintir na chéad agus na dara bliana páirt i gcomórtas ‘Poc & Cic fada’, reáchtáladh tae & plé do dhaltaí uile na scoile, eagraíodh Tráth na gCeist do bhliain a 3-6, d’imir bliain 3 – 6 cluiche cluanaire agus reáchtáladh céillí don chéad agus don dara bliain. Ní hamháin sin, ach bhí réimse deas gníomhaíochtaí ar bun sna ranganna Gaeilge freisin. Buaicphointe na seachtaine ab ea nuair a sheinn Sadhbh Ní Bhuaichalla, Caireann Ní Loingsigh, Eoin Ó Céilleachair & Máistir Ó hAireachtáin ceol traidisiúnta ag am lóin ar an Aoine. Bhain gach duine idir thaitneamh as tairbhe as na

himeachtaí ar fad. Ba mhaith linn buíochas ollmhór a ghabháil le Coiste Gaeilge na nDaltaí, atá faoi stiúir Iníon Ní Bhriain, a d’eagraigh na himeachtaí agus le foireann uile na scoile a thacaigh leo.

## COMÓRTAS LABHAIRT NA GAELIGE:

Ba mhaith linn tréaslú leis na daltaí seo a leanas a bhuaigh dearbháin do Shiopa Shiobhán sna crannchuir do Chomórtas Labhairt na Gaeilge le déanaí - Alice de Brún, Fionán Ó Luasa, Keith de Grant, Caoimhe Ní Mhaolchiaráin agus Sarah Ní Loingsigh. Maith sibh!

## BÉALTRIALACHA

Guimíd gach rath ar mhuintir na hArdeiste a bheidh ag déanamh a mbéaltrialacha le linn saoire na Cásca.

## GLUAIS/GLOSSARY

Gheobhaidh tú liosta den fhoclóir a úsáidtear go minic ar na meáin shóisialta/Lee Valley ar shuíomh na scoile. On our school website you can find a list of vocabulary that are used frequently on our social media posts/Lee Valley.

## GLUAIS

- Oíche na nGradam – Award’s night
- Bord Oideachais agus Oiliúna Chorcaí – Cork Education and Training Board
- Airéine na Muidíge – Mardyke Areana
- buaicphointe – highlight

## ÁR MEÁIN SHÓISIALTA

Leanaigí ár gcuntais le haghaidh an nuacht is déanaí!  
 X nó Twitter: @ColGhobnatan  
 Facebook: Coláiste Ghobnatan @colghobnatan  
 Instagram: @colaiste\_ghobnatan  
 TikTok: @colaiste\_ghobnatan



**Kingdom Installation**  
Energy Retrofitting Consultants  
Project Management Specialists

**Are you tired of high ENERGY BILLS?**

**Upgrade your home with SEAI grant funding!**  
Attic Insulation - Wall Insulation

Kingdom Installation will reclaim the grant directly from SEAI on your behalf, making the entire process seamless and stress-free. Most homes can be upgraded for as little as €200.



**INDIVIDUAL ENERGY UPGRADES**

*Not in a position to afford multiple measures all at once or don't need to do a lot of upgrades? You can still avail of the individual upgrade grants!*

Grants offered are provided by the Government of Ireland through the Sustainable Energy Authority of Ireland (SEAI)  
For more information, Call us today

**066-7135991**  
Or Email: enquiries@kingdominstallation.ie

**seai** SUSTAINABLE ENERGY AUTHORITY OF IRELAND

**www.kingdominstallation.ie**



**Weather Master Ltd**

Windows, Doors, Sunrooms and Glass Balcony Systems  
**BALLINEEN, CO CORK P47 DR04**

- Casement Windows
- Tilt n Turn Windows
- Sliding Sash Windows
- Composite Doors
- Lift & Slide Aluminium Patios
- Fire Rated Window Systems

RESIDENTIAL | COMMERCIAL  
PUBLIC PROJECTS

**SEAI APPROVED**  
INSTALLER GRANTS OF UP TO €5,600  
AVAILABLE FOR WINDOW AND DOOR REPLACEMENT.  
Terms and Conditions Apply.

For Quotation call us today on  
**023 8845868**  
info@weathermaster.ie | www.weathermaster.ie

## What actually happens during a Chiropractic Adjustment?

**Chiropractic adjustments are a widely used, natural approach to improving spinal mobility and supporting overall nervous system function.**

**Yet, for many, the process remains unclear. This article aims to provide a straightforward explanation of what a chiropractic adjustment involves, and why it matters.**



by Dr. Ben Martin  
Optimal Chiropractic,  
Ballincollig

A chiropractic adjustment is a precise, controlled movement applied to a specific joint, most commonly within the spine. The objective is to restore proper joint motion, reduce tension, and enhance communication between the brain and body via the nervous system.

The spine plays a critical role in protecting the central nervous system. When spinal joints become restricted, due to poor posture, stress, or injury, this can disrupt normal neurological function. An adjustment helps re-establish alignment and improve the body's ability to regulate and heal itself.

One common question concerns the audible "crack" sometimes heard during an adjustment. This sound, known as cavitation, is simply the release of gas within the joint as pressure changes—similar to knuckle cracking. It is not an indication of bones being "put back in place," and not all adjustments produce this sound.

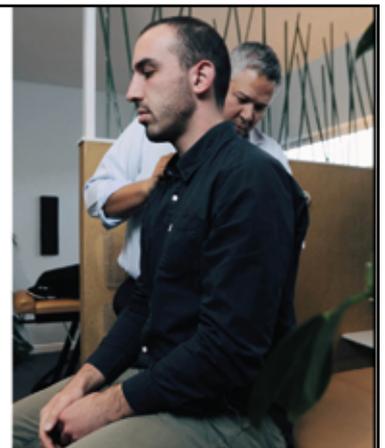
For those who prefer a gentler approach, instrument-assisted techniques such as the Activator Method provide effective results without manual manipulation.

This tool delivers a low-force, targeted impulse—ideal for individuals seeking a more conservative option.

Prior to treatment, a detailed assessment, including advanced spinal scanning, helps identify imbalances and guides a personalised care plan. These scans are a unique feature of our practice, offering deeper insight into how the spine and nervous system are functioning.

Chiropractic care is suitable for a wide range of individuals, not only those experiencing pain. From athletes to children, pregnant women to older adults, adjustments can support mobility, balance, and overall wellbeing.

Chiropractic adjustments are a safe, evidence-informed way to support the body's natural capacity for health and healing.



PLEASE SCAN THE CODE:  
**SPECIAL OFFER for Readers of Lee Valley.**



**OPTIMAL CHIROPRACTIC**  
EXPECT MIRACLES

STATION RD., BALLINCOLLIG  
t. 021 487 8465

# INDEPENDENCE MUSEUM KILMURRY

We will be holding a Flower Arranging Demonstration at Independence Museum Kilmurry on Friday 27th March at 8pm. Nora Gallagher, AOIFA, of Macroom Flower and Garden club will be the demonstrator, creating some exceptional

arrangements that will be raffled at the end of the evening. Light refreshments will also be served. Tickets are €15, and must be bought in advance by contacting Siobhan on 0861767295. This is a fundraising event for the museum, as always

your support is much appreciated. Our AGM will take place in the Museum on Friday 24th April at 8pm. All are welcome to attend.



**Tidy Towns volunteers Joe Cronin, Sean Cremin and Sheila Murphy attended the presentation of Awards for the southwest and mid-west region as Gold Medal Winners on March 9th in The Rose Hotel Tralee.**

Our Secretary Lisa Manning was recently presented with a cheque for €647 from Foroige Macroom from

there bake sale and coffee morning they held recently for the Tidy Towns. A big thanks to Foroige Macroom, it is much appreciated.

On the 10th of March there was a tree planting event held in the Fairy Garden for National Tree Week. On the day we had ceremonial SECAD Tree and planted Scots Pine. Tidy Towns Volunteers and students from Bishop McEgan Green School Committee attended and they also planted trees on the day.

Macroom Spring Clean will take place throughout the month of April and it will be going from Coolcower Roundabout to Raleigh Cross, including all other approach roads, streets and lanes. Will be meeting in the square at 9:30am each Saturday Morning. Children are more than welcome to attend once accompanied

by an adult. This is an opportunity for you, your friends or family or work group to come out and make a small contribution. Volunteers are required each weekend in April so why not come along and bring a pair of gloves and maybe a litter picker.

Tidy Towns Volunteers have been busy over the last few weeks with litter picking, Tree Planting, General Maintenance around town and in the Fairy Garden, Verge Clearing, Installing new Rainwater Tank at Hub. Come and join us Saturday Morning at 9am at our base in Masseytown, we are always open to new people joining in and helping with the work. If you have any questions, feel free to contact Lisa at 087-1434770.



Macroom Tidy Towns Volunteers at the Annual Tidy Towns Medal Presentation



Our Secretary Lisa Manning receiving a cheque from Members of Foroige from their recent Coffee Morning and Bake Sale



Athletes from Muskerry Special Olympics Club who have been selected to compete at the Ireland Games in Dublin this June. To help cover their costs, the club is holding a fundraising bingo night on Easter Monday at the Castle Hotel, Macroom. L to R: Maeve O'Leary, Evan Cullinane, Paul Colgan and Cathy Dullea.



Students at the Dripsey Bookfair

## MEITHEAL AREA LOCAL QUIZ NIGHT

On Saturday night the 31st of January almost 100 neighbours and friends from the Meitheal area gathered for the local quiz night. With a very local feel to many questions.

Questions as to how many telephone poles were along the local road to picture rounds requiring you to identify local doorways were a feature of the quiz, this was a fantastic night and great fun was had by all. Organised by Meitheal an tAthair Peadar, this collection of neighbours are situated in a valley in the Boggeragh mountains, east of Ballyourney, west of Clondrohid and south of Carriganimma. It is steeped in local history and folklore from St Gobnait in the 6th century, to an tAthair Peadar O Laoire who lived locally and featuring this area in his work "Mo Sceal Fein" to George Curtin and his poetry. Supporters on the night included Firebird, Kelliher's Electrical, Garo electrical, Tús Geal Teo, Dairygold and many locals and members offering prizes on the night.

The winning team was a group of local young adults and both the team themselves and all participants were delighted with the win.

Image: Winning team on the night, Conor Lynch, Daisy ann Herterich, Orlaith Lynch, Declan Sheehan(quizmaster) Aibigeal Lynch, Donagh Manning.



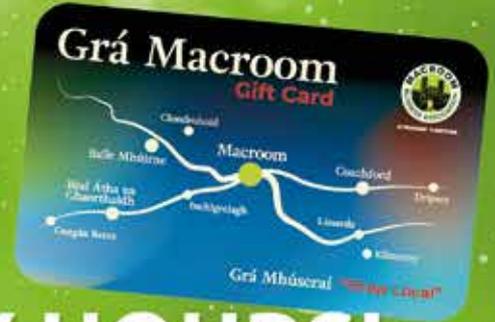
macroom  
credit union  a friendly face

# COACHFORD BRANCH COMPETITION

SHOP LOCAL GIVEAWAY

*Celebrate*

## OUR NEW FRIDAY HOURS!



*Be in with a Chance to Win*

# €100 GRÁ MACROOM GIFT CARD

Each Friday for 8 Weeks

## COACHFORD BRANCH NOW OPEN ALL DAY FRIDAY

### 9:30AM - 4:00PM

- » Full member services - lodgements, withdrawals, account queries
- » Speak with our Lending Officer about loans and mortgages
- » All Macroom Credit Union members can transact in our Coachford Branch.
- » Support your local branch while you shop local

**How to Enter:** Competition to begin on Friday 13th of February and ends on Friday 03rd of April. Open to all MCU Members. Simply transact at our Coachford branch on any Friday during February and March. Every transaction is an automatic entry into that week's draw.

Winner announced every following Friday on our social media.

**SHOP LOCAL. BANK LOCAL. WIN LOCAL.**

www.macroomcu.ie | E-mail: info@macroomcu.ie | Tel: 026 41689

Terms and conditions apply. Macroom Credit Union is regulated by the Central Bank of Ireland.

# Scór na bPaistí

**The Muskerry GAA Scór na bPaistí finals took place in Aghabullogue/Coachford GAA Hall on Sunday 8th of March and the talent displayed by the young kids of the schools and clubs of the division was exceptional.**

Most of the clubs within the division were represented which was good to see but for the clubs who weren't, hopefully they will get involved next year. There were 10 different competitions from Dancing to Singing and from playing Musical Instruments to Question Time, not forgetting Storytelling and Novelty for the more creative kids. Colm Ó Mocháin (Cultural Officer of the Muskerry board) complemented all the contestants on the high standard and stated that all the kids were winners in their own right for getting up on stage and performing in front of an audience. Unfortunately, there could be only one winner on the day who will go on to Ovens representing Muskerry in the County Semi final which takes place on Friday 20th of March at 7pm.

Muskerry Scór na bPaistí results:  
Nuachleas: Farran NS  
Amhránaíocht Aonair:  
1) Eimear Collins, Canovee NS

- 2) John Lyons, Inniscarra NS
- 3) Ruth Ni Shuilleabhain, Scoil Abán Naofa

**Ceol Uirlise Aonair**

- 1) Darragh Ó Duinnín, Naomh Abán CLG
- 2) Briega Ní Loinsigh, SN Réidh na nDoirí
- 3) Mairead Ní Cheallacháin, Cill na Martra CLG

**Rince Foirne**

- 1) Scoil Chúil Aodha Barr d'Inse
- 2) Naomh Abán CLG
- 3) Berrings NS

**Aithriseoireacht**

- 1) Dan Joe Casey, Berrings NS
- 2) Anne Marie O Sullivan, Cloughdub Gaa
- 3) Mary Sheehan, Farran NS

**Sean Nós Rince**

- 1) Dan Joe Casey, Berrings NS

**Balléad Ghrupa**

- 1) Inniscarra GAA
- 2) Naomh Abán GAA
- 3) Berrings NS

**Rince Aonair**

- 1) Amelia Ní Laighin, Scoil Aban Naofa
- 2) Andrea Ní Thuama, Cill na Martra CLG
- 3) Katie Ní Dhrisceoil, Scoil Lachtain Naofa

**Ceol Uirlise**

- 1) Naomh Abán CLG
- 2) Berrings NS
- 3) Scoil Abán Naofa

**Trath na gCeist**

- 1) SN Réidh na nDoiri
- 2) Berrings NS
- 3) Ballinagree NS

There were Three Cups to be won and Cathaoitíleach of Roinn Mhuscraí, Ed Warren presented the trophies to the winners:

Corn Antóin Ó Mathúna: Tráth na gCeist: SN Réidh na nDoiri

Corn Donncaidh Ó Donnabháin: Best team in Scór na bPaistí: Berrings NS

Corn Niall Ó Cathasaigh: Best Overall Scór team: Inniscarra GAA



**Inniscarra GAA Balléad Ghrupa**



**Naomh Abán CLG – Ceoil Uirlise**



**Dan Joe Casey, Berrings NS Aithriseoireacht**



**Scoil Chúil Aodha Barr d'Inse Rince Foirne**



**Rince Foirne - Scoil Chúil Aodha Barr d'Inse**



**Darragh Ó Duinnín, Naomh Abán CLG, Ceol Uirlise Aonair**



**Emer Collins, Canovee N S Solo Singing**



**Amelia Ní Laighin, Scoil Aban Naofa – Rince Aonair**

# matt mURPHY'S PHARMACY

Main St., Macroom Tel: (026) 41000

## LA ROCHE-POSAY LABORATOIRE DERMATOLOGIQUE

# 20% OFF

WHILE STOCKS LAST



OPENING HOURS: 8.30AM-6.15PM MONDAY TO FRIDAY SATURDAY 9AM-6PM





• **Friday 20th March** Bingo in Murrays Bar, Macroom 8.00pm All proceeds in aid of Macroom Assisted Pilgrims to Lourdes Fund. Raffle on the night. All Welcome

• **Friday 28th April** Kilmurry Museum AGM will take place in the Museum at 8pm. All are welcome to attend

## CANOVEE NS

Busy and Exciting Time at Canovee National School It has been a busy and exciting few months at Canovee National School, with pupils taking part in a wide variety of activities, performances and celebrations. Our year is now in full swing. Hurling with Paddy C. and Irish dancing with Deirdre recently finished, just in time for us to begin preparations for two big events in the school calendar – Scór and our annual school show.

We were delighted to have 31 children representing the school at Scór in Coachford on Sunday, March 7th. Every child performed to the highest standard, and both teachers and parents were extremely proud of their efforts. A special congratulations goes to our talented solo singer, Eimear, who came first in a very competitive category. Eimear will now go on to represent Canovee National School at the Munster semi-final in Éire Óg later this month.

While one event finishes, another exciting adventure begins. Auditions are now complete and rehearsals are well underway for our upcoming musical production, "Jill and Fred's Most Hysterical Historical Adventure." The show will take place on April 28th and 29th, and both cast and crew are working extremely hard to bring the production to life. It promises to be a very

entertaining evening for all.

Reading also took centre stage recently during Book Week. Sixth Class organised a hugely successful Book Fair, with hundreds of books and classroom accessories available for sale. The week concluded with our much-loved dress-up day, where pupils and staff came to school dressed as their favourite book characters, creating a wonderful atmosphere throughout the school.

We were also delighted to welcome visitors from Our Lady of Good Counsel School. The boys and girls gave us a fantastic musical performance and even taught us how to sign along as we sang Killeagh. They also performed Country Roads along with several other songs. It was a wonderful and memorable experience for everyone involved.

Our pupils in Seomra Ealaín recently celebrated Ramadan, giving everyone an opportunity to learn more about this important time of reflection and celebration.

Of course, no spring term would be complete without a few sweet treats. There were pancakes galore on Tuesday, February 4th as the school celebrated Pancake Tuesday together.

We would also like to thank everyone who supported

our recent raffle for two tickets to the Triple Crown decider in Dublin. The fundraiser was a great success and helped raise valuable funds for additional IT equipment for our classrooms.

We also marked Tree Week, with Mrs Doyle and her husband Denis visiting each class to explain the importance of trees and how vital they are for our environment. They are also helping the school to develop a brand-new garden for everyone to enjoy. All classes spent time on Thursday and Friday planting, and pupils thoroughly enjoyed getting involved in this hands-on activity.

The school community has also enjoyed celebrating many special days together in recent weeks, including Valentine's Day, World Book Day, Ramadan and St. Patrick's Day.

Looking ahead, our next celebration will be Daffodil Day, when pupils will wear yellow and bring donations to support the important work of the Irish Cancer Society.

With so much happening both inside and outside the classroom, it continues to be a vibrant and exciting time at Canovee National School



Denis Doyle, our local environment and sustainability ambassador planting a selection of native trees with 6th class and their junior infant buddies. Canovee NS



Trá na geist in Canovee NS



Dressing up for world book day Canovee NS



Pancakes in Canovee NS & Signing and singing with the children from Our Lady of Good Counsel, Ballincollig



 **Comhaltas**

CRAOBH LACHTAÍN NAOFA

# Féile an tSuláin

## 20-22 Márta 2026

### Cill na Martra, Co Chorcaí

#### Dé hAoine/ Friday 20/03

- **7.30pm An Chrois:** Comórtas amhránaíochta. Béarla/Gaoluinn. Daoine fásta.
- **8.30pm An Chrois:** Oíche amhránaíochta & aithriseoireachta mhacarónach. *Macaronic (bilingual) singing and recitation night.*
- **9pm Tigh Uí Mhurchú:** Seisiún Ceoil le Conor Moriarty & Deirdre Ní Mheachair.

#### Dé Sathairn/ Saturday 21/03

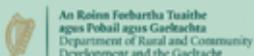
- **10.30am-5pm Ionad Pobail:** Lá na nÓg. Aois 8+. Ceol, amhránaíocht, rince seit & feadaíl. Ceardlann ceoil do dhéagóirí. *Day of music, song & dance for young people.*
- **11am:** Siúlóid staire áitiúil. *Guided local history walk. Start: Seán Ó Síocháin statue.*
- **11am: Cois Cille:** Ceardlann feadaíle - Anita Bennis. Daoine fásta. *Whistling workshop.*
- **12.00 Tigh Uí Mhurchú:** Seisiún Ceoil le Ciorcal Ceoil Chill na Martra.
- **2pm Aire na nÓg/GAA:** Rince seit le Christy Mac Gearailt. *Set dancing workshop.*
- **2pm Tobair Lachtaín:** Aifreann amuigh faoin aer, Cloch Aidhneach.
- **4.30pm An Chrois:** Seisiún Ceoil le Timmy Keane, Eoin Foley, Cieran Murphy & cairde.
- **7pm Cois Cille:** Ceardlann agallamh beirte agus lúibíní do daoine fásta.
- **8pm An Chrois:** Seisiún Ceoil le UCC Trad Soc.
- **9pm Ionad Pobail:** Céilí: Andrew O'Connell & Matthew Kelleher. Le Christy Mac Gearailt.
- **9.30pm Tigh Uí Mhurchú:** Jim Murray agus Fergal Ó Murchú.

#### Dé Domhnaigh/ Sunday 22/03

- **11.30am:** Aifreann i nGaoluinn le Cór Chill na Martra.
- **12.30pm:** Mórshiúl Lá 'le Lachtaín. *St Lachtaín's Day community parade.*
- **12.45pm:** Oscailt oifigiúil Naíonra Mháire Uí Thuama.
- **1pm Ionad Pobail:** Teachtlann le chéile an phobail. Ceol, rince agus soláistí.
- **2pm An Chrois:** Seisiún Ceoil le Connie O'Connell, a chlann agus cairde.
- **6pm Tigh Uí Mhurchú:** Seisiún Ceoil le Shane Creed & cairde

[Feileantsulain.ie](http://Feileantsulain.ie)

Eolas: [lachtainnaofa@comhaltas.net](mailto:lachtainnaofa@comhaltas.net)



# Coachford Players

Upcoming Productions for Coachford Drama Group Coachford Players will take to the stage this Saturday, March 21st at 8pm in Paddy Mac's Bar where they will be joined by Carlow Little Theatre from Co. Carlow and Blue Hat Productions from Whitechurch to perform 6 short plays. This is a great opportunity to experience three different groups performing unique and different plays. Entry is just €10 and tickets can be purchased online at Eventbrite. There is limited capacity so make sure to book early.

Nobody's Talking to Me

Coachford Players are delighted to announce their upcoming annual Spring production, bringing another evening of laughter and entertainment to the stage. This year's play is Nobody's Talking to Me, a hilarious comedy by acclaimed playwright Tommy Marren.

The production will take place in the Coachford GAA Hall from April 25th to April 29th, with the curtain rising at 8pm each night. Known for their lively performances and strong local support, Coachford Players continue their proud tradition of staging high-quality amateur theatre for audiences across the region.

"This is a hilarious play and the cast and crew are having great fun bringing it to life during rehearsals. The play has some very funny characters, a great story

and some wonderful laughs throughout.. Don't miss it", said Katie Ní Mhurchú, Chairperson of Coachford Players.

Nobody's Talking to Me promises plenty of humour, sharp wit, and memorable characters as it tells a story that audiences are sure to relate to and enjoy. The cast

and crew have been working hard behind the scenes to bring this entertaining production to life.

Caption - Some of the cast of 'Nobody's Talking to me' at rehearsals. Irene Kavanagh, Katie Ní Mhurchú, Eugene O'Sullivan and Joe Scanlan.



## PREASRÁITEAS: LE HHEISIÚINT LÁITHREACH

Tá Scoláirí Áitiúla Gaeltachta le hionadaíocht a dhéanamh ar [Réigiún ABC] ag Babhta Ceannais Náisiúnta Chlár na gComhlachtaí

Dáta: 12/03/2026

Tá grúpa d'fhiontair scoláirí den chéad scoth ó scoileanna Gaeltachta dara leibhéal i Contae Corcáir agus Ciarraí tar éis an Babhta Ceannais Réigiúnach de Chlár na gComhlachtaí a bhuan, comórtas a dtacaíonn Údarás na Gaeltachta agus Junior Achievement Ireland leis.

Chuaigh na foirne buaiteacha - 'Mórturasanna na hÉireann' as Scoil Mhuire, Béal Átha'n Ghaorthaidh agus 'Dó go Deo' agus 'Fás gan Bás' as Pobalscoil Chorca Dhuibhne, Daingean Uí Chúis i gcion ar na moltóirí mar gheall ar a gcuid nuálaíochta, comhoibríthe agus scileanna fiontraíochta le linn an taispeántais iomaíoch a réachtáladh in Óstan Ghohnatan, i mBaile Bhuirne Leanfaidh na foirne fiontraíochta sin ar aghaidh anois le hionadaíocht a dhéanamh ar Mumhan i mBabhta Ceannais Náisiúnta Chlár na gComhlachtaí, a réachtálfar i nGaillimh i mí Aibreáin.

**Duaiseanna sa Nuálaíocht agus sa Mhargaíocht & san Airgeadas**

Bronnadh duaiseanna speisialta ar na foirne seo a leanas freisin:

- Duais Nuálaíochta: Maigneídí Maireachtála as Cólaiste Ghohnatan, Baile Bhuirne.
- Duais Mhargaíochta & Airgeadais: 'Bláthanna Brúite as Scoil Mhuire, Béal Átha'n Ghaorthaidh Tugann na duaiseanna sin aitheantas do chruithaitheacht agus pleanáil láidir ghnó na scoláirí,

chomh maith lena bpleanáil straitéiseach le haghaidh a smaointe margáíochta.

**Eolas faoi Chlár na gComhlachtaí**

Is clár uathúil bliana do scoláirí na hIdirbhliana sa Ghaeltacht é Clár na gComhlachtaí, a dtacaíonn Údarás na Gaeltachta agus Junior Achievement Ireland leis. Réachtáiltear é chun scileanna fiontraíochta na scoláirí a fhorbairt agus chun fíorchomhlachtaí a chruthú.

Tacaíonn an taithí leo príomhinníúlachtaí a fhorbairt amhail foghlaim faoin gcaoi le bheith ag obair mar fhoireann, fadhbanna a réiteach go cruthaitheacht, cumarsáid éifeachtach a dhéanamh agus muinín a fhorbairt, agus é ar fad ar bun i nGaeilge.

**Molann na Moltóirí Cruithaitheacht agus Muinín ag Taispeántas Fíorshaoil**

Tugann an Babhta Ceannais Réigiúnach deis do scoláirí a gcuid comhlachtaí a chur i láthair agus dul san iomaíocht le haghaidh áit sa Bhabhta Ceannais Náisiúnta. Bíonn idir agallaimh phainéil agus chuir i láthair phoiblí i gceist leis an ócáid, rud a thugann deis do scoláirí léargas gnó, cruthaitheacht, agus muinín a léiriú.

I mbliana, mhol na moltóirí Cathal Ó Conaill, Údaras na Gaeltachta agus Cristine Ní Mhóráin ardchaighdeán na n-iontrálacha, agus dúirt an moltóir Cathal an méid seo a leanas: "Léirigh na scoláirí ó i nGaeltacht na Mumhan mianach fiontraíochta den chéad scoth i mBabhta Ceannais Réigiúnach Chlár na gComhlachtaí i mbliana. Léiríonn a gcuid cruthaitheachta agus muiníne go bhfuil an fhiontraíocht sa Ghaeltacht bisiúil. Comhghairdeas le gach duine de na

rannpháirtithe agus go n-éirí leis na buaiteoirí ag an mBabhta Ceannais Náisiúnta."

Léirigh Niamh Grealish, Bainisteoir Ceantair le haghaidh an Iarthair le Junior Achievement Ireland, a cuid buíochais le gach duine a thacaíonn leis na scoláirí i gcaitheamh an chláir: "Tá Clár na gComhlachtaí ar cheann de bhuaicphointí fhéilire Junior Achievement Ireland. Is é an comórtas seo toradh ár gcuid oibre ag tacú le scoláirí scileanna bunriachtanacha a fhorbairt, amhail cumarsáid, comhoibriú, smaointeoireacht chriticiúil agus litearthacht san airgeadas. Comhghairdeas leis na scoláirí a ghlac páirt ann, agus gabhaim buíochas faoi leith leis na múinteoirí tiomanta a oibríonn linn chun go n-éireoidh leis an gclár seo. Ba mhaith linn buíochas a ghabháil lenár gcomhpháirtithe, Údarás na Gaeltachta, freisin as gníomhú chun gur féidir an comórtas seo a réachtáil."

An Chéad Chéim Eile: An Babhta Ceannais Náisiúnta Leanfaidh na hiomaitheoirí a bhí sa bhabhta ceannais réigiúnach na Mumhan ar aghaidh le dul san iomaíocht i mBabhta Ceannais Náisiúnta Chlár na gComhlachtaí i nGaillimh ar an 21-22 Aibreán 2026, mar a mbeidh siad in éineacht le buaiteoirí réigiúnacha eile as Dún na nGall/Cúige Chonnacht.

Tá tuilleadh faisnéise maidir leis an gclár ar fáil ar [www.jai.ie](http://www.jai.ie).

**Teagmhálaí Meán**

Ainm: Niamh Grealish

Teideal: Bainisteoir Ceantair - An Iarthar

Eagraíocht: Junior Achievement Ireland

Ríomhphost: [ngrealish@jai.ie](mailto:ngrealish@jai.ie)

Uimhir Ghutháin: 086 0341588



For all your advertising needs call Des on his new number

**087 3600223**

or email: [des@outlookmags.com](mailto:des@outlookmags.com)



# HOMEGLOW INTERIORS LISSARDA

YOUR LOCAL HOME FOR  
**CURTAINS, BLINDS, SHUTTERS**  
& BEAUTIFUL INTERIORS

**0858095092**

**P14KC03**

**CALL US NOW FOR YOUR NO OBLIGATION QUOTE!**



# The 2025 Fundraising Committee Daffodil Day

Tigh Ui Laoighre Bealnamorrive.

New Members always Welcome.



## *Daffodil Day* In aid of Irish Cancer Society

**Saturday 21st March**  
**Tigh Ui Laoghaire**  
**Bealnamorrive**

Aghinagh, Coachford - P12E638

**10am to 6pm**  
Enjoy Tea/Coffee & Cakes

Cake Sale & Raffle

Home Baking Welcome  
on the day

Your Support will be greatly  
Appreciated



# Coffee Morning

IN AID OF THE HOPE FOUNDATION

In the "INDEPENDENCE MUSEUM KILMURRY"

On Easter Sunday Morning 5th April  
after 10am Mass

Come along and support a very worthy cause  
All welcome.

Contact Michael O' Donoghue on  
**021 - 7336137**



Jennings McGregor  
CARPETS - VINYL - RUGS - TIMBER

# MOVING INTO A NEW HOME OR RENOVATING?

Call into our showrooms in Lissarda today to browse our wide selection of carpets, vinyl, laminate flooring, and rugs.

EXPERT FITTING  
SERVICE AVAILABLE



CALL 021 7335777 OR EMAIL  
JENNINGSMCGREGOR@GMAIL.COM  
FOR A QUOTE TODAY.

Lissarda , Co. Cork P14HE97



**Muskerry Special Olympics Club**

## FUNDRAISER BINGO NIGHT

**EASTER MONDAY, APRIL 6TH**  
CASTLE HOTEL, MACROOM  
DOORS OPEN - 6.30 PM  
BINGO - 7.30 PM

**JACKPOT €150**      **SUPER RAFFLE**



## CASEY'S FARM BUILDING REPAIRS

Professional Farm Repairs, Sheeting & Guttering.

 **085 814 0334**




FREE QUOTATION • FULLY INSURED



**THE Abbey HOTEL**  
★★★★

ÓSTÁN GHOBNATAN, BALLYVOURNEY.



*Now taking bookings for  
Confirmations & Communion*

**Take away food available**

*Gift vouchers available*

**Food - Winter Opening Hours:**  
Monday - Friday 2:30pm - 8:30pm  
Saturday & Sunday 12:30pm - 8:30pm

**Tel: 026 - 45324**

Email: [reception@abbeyhotelballyvourney.com](mailto:reception@abbeyhotelballyvourney.com)  
[www.theabbeyhotel.ie](http://www.theabbeyhotel.ie)




Paco

**WAREHOUSE  
CLEARANCE**

**KILLARNEY  
OUTLET CENTRE**

**NOW OPEN!**

**Paddy Mac's**  
 & The Drunken Sailor  
 Main Street, Coachford, Co. Cork • P12 T448

LIVE MUSIC • COMEDY • EVENTS

WHAT'S ON

- MARCH 28TH - DAVID MCSAVAGE
- APRIL 18TH - HYDRO COMEDY CLUB  
Eric Lalor, Millenial Dad, Lesly Martinez & Mike Morgan
- APRIL 25TH - FRED COOKE - CLOWN TO EARTH
- MAY 1ST - GEORGE MURPHY & FRIENDS
- MAY 16TH - CORNELIUS PATRICK O' SULLIVAN \*PULL HARD\*
- MAY 23RD - SAOIRSE CASEY
- JUNE 6TH - THE TURFMEN
- JUNE 20TH - MYLES GAFFNEY
- JULY 25TH - GER O' DONNELL & TREVOR SEXTON
- AUGUST 1ST - THE FOUR OF US

BLARNEY

Scan for tickets

The Drunken Sailor is open Every Friday, Saturday, Sunday and Bank Holiday evening. Events & private bookings welcome.

Follow us: @paddymacs\_pub, @theboathouse\_coachford, Paddy Mac's Coachford, The Boathouse Coachford

**McCarthy Insurance Group**  
 ESTD. 1952  
 www.mig.ie

**Supporting Local Communities For Over 70 Years**

- Business Insurance
- Car Insurance
- Farm Insurance
- Financial Planning
- Health Insurance
- Home Insurance

Established in 1952, McCarthy Insurance Group is one of Ireland's largest insurance brokers. McCarthy Insurance Group acquired Corrigan Insurances in 2022, bringing its total number of branches to 16 across Ireland. For over 70 years, McCarthy Insurance Group has been providing support, advice and value to its customers.

39 MAIN STREET, MACROOM | Macroom@mig.ie | (026) 41244

Charles McCarthy Insurances Ltd t/a McCarthy Insurance Group, McCarthy Financial Services is regulated by the Central Bank of Ireland.

## BALLYVONGANE NS

As the weather improves, we have really enjoyed doing our science and geography lessons outdoors again. Each Friday we visit our woods where Múinteoir Aoife is leading lots of forest projects. The pupils have been learning how to tie different knots and how to map a woodland area.

Throughout Seachtain na Gaeilge, our classes have taken part in a variety of Gaeilge activities. Pupils learned lots of new vocabulary while playing games such as Go Fish (Téigh ag lascaireacht), Simon Says (Deir Ó Grádaigh) and other fun language games. They also enjoyed acting out a small drama based on a visit to An Siopa.

For World Book Day, both the Junior and Senior Rooms took part in an online storytelling workshop run by Dr Catherine Gilliland. On 12th March, we visited Rusheen GAA Hall to see the Cork Army Band perform. The band put on a fantastic show for the children and many thanks to Alan Kiely for organising this event. Congratulations to Georgia, Ria and Dylan who recently made their First Confession in Bealnamorrive Church. Best of luck also to our older pupils, Maryanne and Alanna, who will receive the Sacrament of Confirmation on 26th March. On April 24th we will mark the occasion of the 180th anniversary of the establishment of Ballyvongane NS.

We would like to extend an open invitation to past, present and future pupils, parents and all members of the community to attend Mass in Bealnamorrive Church, followed by a celebration in the school. Roll books and old photographs will be on display, and visitors will have the opportunity to look around the school and see how this historic building looks in 2026. We are currently enrolling for September 2026. If you are interested, please contact the school at 026 48188 or check our website for contact details. As always, you can follow us on our social media pages on Facebook and Instagram.



Outdoor learning at Ballyvongane NS



Ballyvongane NS students practicing percussion with Alan Kiely



First Confession with Fr Roberts at Ballyvongane NS



Ag siopadóireacht ar scoil Baile Uí Mhionáin le haghaidh Seachtain na Gaeilge



We brought our new crest to life in a collage at Ballyvongane NS

## Dripsey NS

A busy January and February at Dripsey National School with our girls soccer team winning all their matches and qualifying for the county finals later in the year. Our Book Fair which was a great success. We also purchased new sports/play equipment thanks to money raised from school fundraisers. Our boys soccer teams who did very well at their recent Blitz in Lakewood. Our chess team had a great day out at the recent Ficheall (chess) tournament for schools held locally.



Dripsey NS Chess Tournament



Dripsey School Girls Soccer



Dripsey NS Chess



Dripsey NS Table tennis

# McSweeney Bros.

Est 1971

CONTRACTS TARMACADAM READYMIX QUARRIES

## Delivering Direct To Your Doorstep

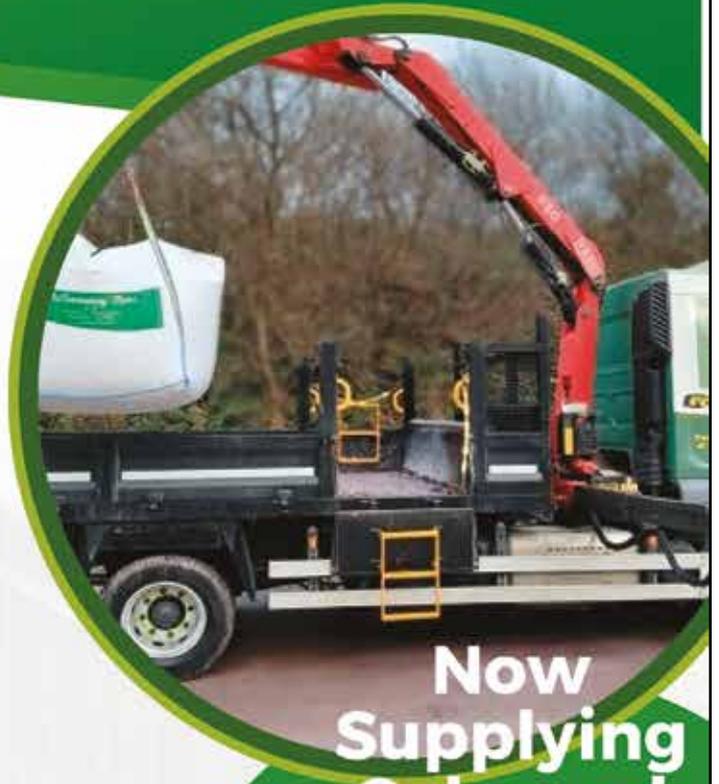
**ORDER NOW**

✉ [Info@mcsweeneybros.ie](mailto:Info@mcsweeneybros.ie)

☎ 023 8855000

### One Tonne Bags Of:

- Sand
- Gravel
- Aggregates
- Decorative Stone



### Now Supplying Coloured Asphalt

Red Asphalt ✓

Green Asphalt ✓

Blue Asphalt ✓

Yellow Asphalt ✓



[www.mcsweeneybros.ie](http://www.mcsweeneybros.ie)

# CLONDROHID NEWS

**CLONDROHID PARISH OFFICE IN THE PAROCHIAL HOUSE:** This office is opened every Thursday morning from 11am to 1pm. Bookings for Masses, anniversaries etc. are all welcome, 026 619333.

**DATES FOR MEDJUGORJE:** June 2 to June 9. June 23 to June 30, Sept 8 to Sept 15

All flights ex Cork. For further info contact Tom Dennehy 087 6468658

**PILGRIMAGE TO KNOCK:** Sunday May 10. Bus leaving Ballyvourney 7am Clondrohid 7.15, Macroom 7.30, Millstreet 8am. For bookings, contact Noel Lynch 086 2202452

**CLONEY DIOCESAN PILGRIMAGE TO LOURDES MAY 29 TO JUNE 3:** All bookings through Joe Walsh Tours on 012410800

**LAOCHRA OG TRACTOR RUN: IN AID OF CLONDROHID PLAYGROUND:** This will take place on Sunday Mar 29 at the Laochra Og Pitch. Registration from 2pm, tractor run commencing at 3pm. Refreshments served, raffle tickets on sale. Draw for raffle and Music in the Tavern Pub from 5pm. €20 per tractor. The Kids will have a mini run at 2.30pm, bring your own toy tractor and join in the fun.. Should be a great occasion, your support will be appreciated.

**JACKIE'S SCORAIOCHT:** Come out and support this great night of entertainment in the Laine Bar Ballinagree on the last Wednesday of every month. The next one is Wednesday March 25

**IRD DUHALLOW:** They are hosting a series of

workshops on Biodiversity in your Neighbourhood. The course will run over 3 Saturdays in March, April, and May in IRD Newmarket, and Inchigeelagh Community Hall. For more info or to book a place contact Ellie on 02960633 or email [elliedonovan@irduhallow.com](mailto:elliedonovan@irduhallow.com)

**BINGO:** Continues every Wed night at 8.30pm. Thanks to all who help to organise and run it, Well done. Everyone welcome. Your support is much appreciated

**CORK GAA:** This is Cork's 3rd annual Community Clean Up Day. It will take place on Saturday April 11. This initiative continues to position Cork GAA as a national leader in sustainability within the Assoc.

Clubs representing hurling, football, camogie and ladies football are invited to take part, with members of all ages encouraged to work together with neighbours, local groups and residents to make a visible difference in their communities. Gloves, bags and high visibility vests will be provided to participating clubs through An Taisce to assist with the collection and proper disposal of waste gathered on the day.

Clondrohid GAA will be participating, so lets make it a great community drive.

**GAA NEWS:** Clondrohid U16s began their year last Sunday with an away league game to Ivelery. The lads were looking forward to getting back out on the field with their club teammates.

The game began with Clondrohid working hard,

putting Ivelery under early pressure and getting the first score on the board. They settled well into the game and continued to add a few more scores. Ivelery responded with a couple of scores of their own as the half progressed.

At the midway break, it was Clondrohid who were leading on the scoreboard.

Changes were made at half-time, allowing the full use of the bench and giving everyone a chance to contribute. The second half resumed with scores coming from both sides, but it was Clondrohid who ran out deserved winners on the day.

Thanks to Ivelery for a sporting game and to the parents who came along to support the lads Well done to the under 14 footballers who turned out recently in atrocious weather conditions in Clondrohid when they took on Churchtown /Liscarroll Gales in the first league game of the campaign , it was a tough and hard game throughout against two evenly matched teams , at the end both teams came away with a point on the league table , thanks to the parents for coming out supporting their team, the next game is against Lee Gales away on this Sunday Mar 22

**GAA LOTTO:** Results for Mar 11. Jackpot €2,600 €70: Kath McCarthy Carriganima. €20: Rose O'Brien c/o Bingo, Nora Lucey Gortnalicka, Ciara Buckley Clondrohid, Damien Burns c/o Bingo



Celebrating 30 years as a community development organisation SECAD invited McEgan Green-schools committee to plant a tree in the Tiny Feet Fairy Garden.



Cristina Ní Mhóráin (Judge) Eimear Ní Charthaigh, Clíodhna Ní Thuama, Sadhbh Ní Bhraonáin Clare Ní Dhiolúin, Cathal Ó Conaill, (Judge) Údarás na Gaeltachta



3 teams from McEgan TY Enterprise programme who got to Faróige regional Finals recently. Clare Ní Dhiolúin, Cathal Ó Conaill, (Judge) Údarás na Gaeltachta



Future Energy Ireland Brendan Twomey and John Lyons with TY & Green Schools committee students, after a presentation on Biodiversity & Conservation in McEgan



Mc Egan College past student George Poklonskyi who received an award at the Cork ETB Leaving Cert 2025 Awards ceremony recently.





NATIONWIDE DELIVERY

# SPRING SALE



CLICK & COLLECT  
Delivered To Your Door

**Fleetwood Weather Clad**  
9 + 1L Extra Free Pure Brilliant White  
1739848

**HOME & SITE DELIVERY AVAILABLE**



**GREAT VALUE**

ONLY **€44.99**

**Karcher K5 Power Control FLEX Pressure Washer 145 Bar**  
1807040



**SAVE €70**

WAS €399.99  
NOW **€329.99**

**KARCHER 2 YEAR WARRANTY**

**Gold Assure Chlor Clean 5L** 0690953



**ALSO AVAILABLE 20L**

WAS €16.99  
NOW **€14.99**

**Westland Jack's Magic All Purpose Compost 40L**  
1810042



**BUY 3 GET 3 FREE**

**€7.99 each**

**Westland Aftercut All In One Lawn Feed Weed Moss Killer 350m2 Bag Plus 50m2**  
1809939



**50m<sup>2</sup> EXTRA FREE**

**SAVE €8**

WAS €32.99  
NOW **€24.99**

**Broxo Water Softener Salt Cubes 25kg**  
0021612



**BUY 5 FOR €55**

**€13 each**



## FARMING at the Co-Op

EVERYTHING YOU NEED TO PREPARE FOR THE SEASON AHEAD

**Farmstokk Solar Energiser Fencer S4200**  
0768966



**COVERS UP TO 50 ACRES**

**SAVE €50**

WAS €549  
NOW **€499**

**FULL RANGE OF FARM GATES AND FENCE POSTS AVAILABLE**

Top Quality Timber Fence Posts Available



Tanalised, Incised, Tanasote and Treated Fence Posts Available



Check out our grant approved options available instore






Instore & Online @ [www.coopsuperstores.ie](http://www.coopsuperstores.ie)



Selected Offers Available in **Ballymakeera** 026-45025 | **Clondrohid** 026-41707  
**Coachford** 021-7334003 | **Firmount** 021-7337246 | **Killumney** 021-4871102  
**Rathduff** 021-4886104 | **Terelton** 026-46003



# ST. PATRICK'S DAY 2026

Pictures by Peter Scanlan



CLr Michael Looney speaking at the St. Patrick's Day Parade in Macroom. Pic Peter Scanlan



Pat O'Connell Chairperson Lee Valley Enterprise Board presenting the Macroom St Patrick's Day Parade's Grand Marshall Rita O'Sullivan with her trophy to mark her lifetime commitment to Macroom's Parade. Also in the picture is Lara O'Sullivan Flower of Macroom. Pic Geraldine Kilian



Rita O'Sullivan Grand Marshall and Lara O'Sullivan, Flower of Macroom



Best Kids Group, Aideen Johnson, at the St. Patrick's Day Parade Macroom



# ST. PATRICK'S DAY 2026



# ST. PATRICK'S DAY 2026

Pictures by Peter Scanlan





**Barry Cafferkey**  
*Herringbone Floor Specialist*

Floors • Doors • Skirting • Stairs  
• Architave • Wall Panelling



www.prohome.ie  
**Mobile 083 -1215565**



**O'RIORDANS BAR**  
**COACHFORD**

**Tel : 021-7334078**

Saturday 21st March 10pm  
**SWEET TABOO**

Sunday 5th April 10pm  
**OUT OF ORDER**

Sunday 3rd May 10pm  
**NIAL COLEMAN**



**DELICIOUS HOMEMADE FOOD SERVED**  
**7 DAYS A WEEK FROM 9AM**  
BREAKFAST - LUNCH - DINNER - SNACKS

.....  
**TAKE-AWAY AVAILABLE**  
Call: 021 7334078 to order!



 Follow us on Facebook

CALL IN  
OPEN 7  
DAYS

# AN SIOPA

@ THE MILLS INN  
STUNNING SUMMER COLLECTION  
BALLYVOURNEY, CO. CORK



DEPOSITS TAKEN

## INCREDIBLE VALUE AT PACO WAREHOUSE CLEARANCE

**Paco Clothing is delighted to open a second shop at the Killarney Outlet Centre for March and April – and the fantastic news for customers is that there will be some astonishing bargains to be availed of.**

Paco will have a massive warehouse stock clearance in the temporary shop with ladies and men's fashion tops, trousers, fleeces, jackets and so much more clearing from as little as €9.99.

They will also be selling stylish and popular Regatta outdoor tops at 70% off the recommended retail price.

The temporary pop-up store opens this Thursday, March 5th, at 10.00am and it will remain open until the May Bank Holiday weekend.

Paco has established a great reputation for being a one-stop-shop for really classy fashion with some of the major brands in stock to ensure customers can avail of great quality as well as great prices.

Now is the ideal time to stock up your wardrobe for spring and summer and the team at Paco can advise you on the best options to ensure you look and feel your best in the weeks and months ahead.

True style is about choosing what you love and you're sure to find that at Paco and, better still, there are massive discounts to be availed of.

Hugely popular brands stocked include Paco, Paco Active, Just Elegance, Regatta, Mudflower and Paco Man and the prices really will have to be seen to be believed. It will be the place to shop for the next two months – make sure you beat the rush.



**O'Brien**  
Water Services  
*For All Your Water Needs..*

### WATER TREATMENT & PUMPING SOLUTIONS

throughout Cork & Kerry

- ✓ Water Pumps
- ✓ Water Filtration
- ✓ Well Drilling
- ✓ Rain Water Harvesting
- ✓ Water Treatment Services

**Tel: 086 246 6726**  
**026 - 62233**

email: [obrienwaterservices@gmail.com](mailto:obrienwaterservices@gmail.com)  
[www.obrienwaterservices.com](http://www.obrienwaterservices.com)

**GLENVIEW MOTORS**

**026 41267**

VEHICLE TESTING & REPAIRS  
AT GLENVIEW

2 MINS FROM JUNCTION  
MACROOM BYPASS

**Glenview Motors Macroom CVRT**

- Conveniently situated, 2 mins and easily accessible from Macroom Bypass - **Ample Parking**
- **One stop centre carrying out pretests, tests on Light and Heavy Goods Commercial**
- **Speedlimiter, tacho calibration and repairs, ADR and FAST TRACTOR testing**
- **We also carry out service and repairs and fit bulbs batteries wipers oil and filters**

Call TODAY we test without delay in our 5 bay test Centre

**EIRCODE: P12TX88**

Clondrohid, Macroom, Co. Cork | Tel : 026 41267 | Email : [info@glenview.ie](mailto:info@glenview.ie) | [www.glenview.ie](http://www.glenview.ie)



## Mulcahy Insurances

We've Got You Covered

### Bring All Your Insurances Under Our Roof

⚡ Fast quotes   👤 Expert advice   📄 Tailored cover

🚗 Car	💼 Business
🏠 Home	👤 Life
➡ Travel	🕒 Pension
🌿 Farm	🔧 Tradespeople
🚐 Van	

Call us today for a free quote

📞 026-41424  
 ✉ Info@Mulcahyins.ie  
 📱 087-9213401  
 www.mulcahyins.ie

Mulcahy insurances is regulated by mulcinyins Bank



## Ballyvongane N.S.

CELEBRATING



180 YEARS  
OF EDUCATION



FRIDAY, 24TH APRIL 2026

COMMUNITY MASS – 7.00 PM

CELEBRATIONS CONTINUE AFTERWARDS IN THE SCHOOL

OLD PHOTOS & ROLL BOOKS ON DISPLAY



Looking forward to welcoming past, present and future families

Follow for more details

# STOP WASTING FERTILIZER & SPRAY

## Simple GPS Guidance For Tractors & Quads

Fitted in 2 minutes  
Fully Portable  
Moveable Between Machines



- ✓ Save Time on Every Pass
- ✓ Reduce Overlap & Missed Ground
- ✓ Save Fertilizer & Spray
- ✓ Keep Clear Digital Records
- ✓ Cut Labour & Fuel Waste



### GyPSy Tractor & Quad GPS System

Made In Ireland

CALL TODAY: 021 202 8569 | 087 288 4197  
 info@gypsy.ie • Dripsey, Co. Cork • www.gypsy.ie

# Kilmurry Active Retirement

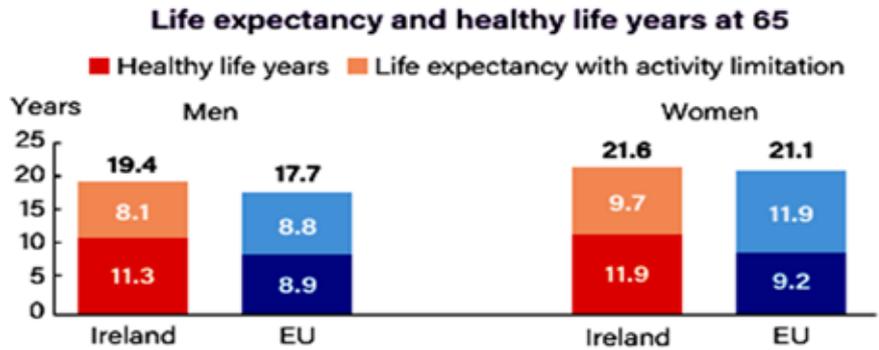
## Health at a Glance 2025: Ireland

We older people have many concerns. We are no different in that than other age groups. Our concerns are indeed important to us. However, it has become, I think, more difficult to know to what extent we should be concerned in this 'post truth' society. Of course, there was always more lies than truth, and before we heap blame on society we need to remember too that we are the biggest liars of all to ourselves. That said, now it seems that we have an increasingly difficult time in trying to distinguish truths from alternative truths, or to trust our eyes to see what is true from what is fake and now, with the advent of A.I, what is deep fake. Our parliamentary democracy includes opposition parties which are vital for scrutinising government actions, ensuring debates, suggesting alternatives, and holding governments to account. But sometimes it feels like we the citizens have a hard job learning truth from such debates, and all the more so the more combative those debates become. Government parties tend to insist all is rosy in the garden, or at least that the roses have been planted, while opposition parties tend to see not a flower of any description in sight. So, it is good to step outside from time to time and see what the figures are like and how we compare with others. Of course, statistics can be cruel and unfeeling. If you are stuck with a very rare painful disease, it does not help much to understand that only one in a thousand has that disease. Nonetheless, for what it is worth, I wanted to share some of the figures from the OECD report, Health at a Glance 2025: Ireland, which was published last November. The OECD consists of 38 member countries, primarily developed market-based democracies, such as those in the 'West'.

Their figures show that we perform better than the OECD average in 8 out of the 10 key indicators measuring both health status and risk factors for health. Our life expectancy is currently 82.9 years, which is 1.8 years above the OECD average. Preventable mortality was 109 per 100000 lower than the OECD average of 145. Our suicide rates were 9 per 100000 compared to the OECD average of 11. We rated our health better than the OECD average. 4.8% of us said our health was bad compared with the OECD average of 8%. Our smoking rates at 14% was a little less than the 14.8% average, while we drank 10.6% more alcohol than the OECD average. 24% of us did not get enough physical exercise - less than the OECD average of 30%. However, I note from the 2024 figures that only 21% of us over 65 years exercises to the extent recommended by the World Health Organisation. So, it appears we are the lazy ones in society. 21% of us consider ourselves obese, higher than the OECD average of 19%, but luckily, we suffer less from air pollution.

Ireland performs better than the OECD average on 7 out of the 10 key indicators for access to care and quality of care. 100% are covered by core services. 65% of us are satisfied with the availability of quality

**Figure 4. Healthy life expectancy in Ireland at age 65 is higher than the EU average**



Source: Eurostat for healthy life years (tespm120, tespm130). Data refer to 2022.

healthcare which is 1% above the OECD average. 2.9% of us expressed unmet needs for healthcare compared with the OECD average of 3.4%.

In terms of Health System resources, we do not do as well, exceeding the OECD average in just three of the ten key indicators. Our expenditure is 6.9% of GDP in comparison to the average of 9.3%, though we do spend more on a per capita basis than the average, which is perhaps related to our small population. We spend less too on prevention at 2.6% compared to the average of 3.4%. That is 30% less so there is lots of headroom there to fund and use Active Retirement associations to help in prevention. We are already doing so but could do more.

Those which stand out for concern to us older people are that for every 100 people over 65 there are only 3.5 long-term care workers, and that there are only 2.9 hospital beds per 1000 population, both are only around 70% of the OECD averages. We older people have many concerns other than health, yet we know that we do not have to be sick for long before we recognise its high priority to us. So, what can we do. We can invest in our health spans by following the recommendations of our scientists and our doctors. Like other investments there are no guarantees that we will benefit, but we can tip the balance of probability in our favour. Most feel better in the process too, while with the alternative, no investment, there can be no pay off.

### Ongoing Activities

Our activities are getting into full swing.

On Mondays, bowls are at 10.15am in Coachford. Staying Fit courses being given by Evelyn are on Mondays in Crookstown at 5.30pm and in Kilmurry at 7pm.

On Tuesdays, Rose Mc Carthy classes 'Dance to Music' first then Tea/Coffee Chat and then second session Tai

Chi/ Movement/ Dance etc. are in Kilmurry Museum at 2pm. You can attend one or both sessions as you wish. Our Wednesday afternoon group meets for fun, games and more from 2-4pm in the Independence Room in Kilmurry Museum. On the 18th of March, (and once a month) it is off on the mystery tour coffee crawl for us. Zumba is in Crookstown hall at 6.15pm on Wednesdays. It is exceptional value at just €50 for the 10 sessions. You may still join, pro rata, for the remaining sessions. However, you do need to join our association, as that is an insurance requirement.

On Fridays, Mary Kelleher's buff bones course is from 1.30 to 2.30pm in Crookstown hall.

Well-being classes are starting on Monday the 16th of March for 6 sessions 2.30 to 4pm. If you have missed the first session, come along anyway. We are grateful for the support from CETB for this course and for the Rose McCarthy courses too, and for more activities yet to begin.

A note for your diary; the Southern branch of Active Retirement Ireland is holding its AGM and Spring regional meeting in Killarney on the 19th of March.

And another date for that diary, our Summer Outing is on Friday 11th of May.

If you would like to join us, our association is open to all. You will get a full year for your membership fee of just twenty euro. Our philosophy is that age makes no difference, but health does. We try to do what we can to keep healthy and challenged in body and in mind, and amused too, and together that is easier. We will keep you just as busy as you choose to be and positively engaged in the community. We think you would enjoy it. For more information contact Aidan at 0894057676 or kilmurryactive@gmail.com.



## GAA Scor Chorcai

Andrea Twomey 2nd Muskerry GAA Scor Chorcai

Katie o Driscoll 3rd Muskerry GAA Scor Chorcai

New depot! Recently opened  
in Kilmichael

MATERIALS TO  
BUILD  
OUR FUTURE



# Keohane

READYMIX

QUALITY MATERIALS FOR  
Civil Construction  
Home & Farm Building



Readymix  
Concrete



Concrete  
Blocks



Aggregates  
Sand & Gravel



Cemfloor  
Floor Screed



Polished  
Concrete



Coloured  
Concrete



Precast  
Concrete

Experts in the design, manufacture, quality control and supply of **I.S. En 206 certified** materials for civil, home & farm construction projects

Readymix varieties delivered in standard or **Minimix** trucks for ease of access in tight spaces

Blocks, sand and gravel available in large or small loads or **By-the-Bag**

Check out our new range of **Precast Concrete** products - corner, gate & fence posts, chimney caps kerbs, sills, lintels, pier & wall caps, manholes and more

To order  
Call  
023 883 8710

Get in touch:

Innishannon 021 477 5599

Ballygurteen 023 883 8710

Enniskeane 023 884 7130

Kilmichael 026 46351

info@keohanereadymix.ie

www.keohanereadymix.com

INTRODUCTORY OFFER FOR NEW CUSTOMERS ONLY

Sign up today and pay monthly with Easy Pay



**PACKAGE A**

**STANDARD HOUSEHOLD PACKAGE**

- 240 Ltr Waste Bin
- 2x25 Ltr Food Waste Caddy
- 7 Ltr Food Waste Kitchen Caddy
- 360 Ltr Recycling Bin



**€29.50**  
PER MONTH

(or €340 for 12 months)

Simply choose your monthly package

- Receive your bins within 7 days
- Top Up monthly online after that...



**PACKAGE B**

**SMALL HOUSEHOLD PACKAGE**

- 140 Ltr Waste Bin
- 2x25 Ltr Food Waste Caddy
- 7 Ltr Food Waste Kitchen Caddy
- 360 Ltr Recycling Bin



**€25.50**  
PER MONTH

(or €290 for 12 months)

**SCAN THE QR CODE TO ORDER ONLINE**

or call our office on **0818 37 37 37**

Terms & conditions apply. Offer is for initial 12 months, after that price is based on weights collected. Using our three bin service and incentivised charging structure will keep future bills reduced. Waste Collection Permit No. NWCPO-10-05637

[www.kwd.ie](http://www.kwd.ie)



**KEEPING WASTE COLLECTION SIMPLE & BUDGET FRIENDLY**

**ROSS OIL COMPANY**



*“Your Local Oil Company”*  
**LET US KEEP YOU WARM THIS WINTER.**



Check your oil tank! Order now and save money!  
Farnanes, Co. Cork

Contact Lisa, Caoimhe or Conor  
**Tel: 021 7335010 | Tim Holland: 086 2356735**  
**Concubhar Murray: 086 8213668**

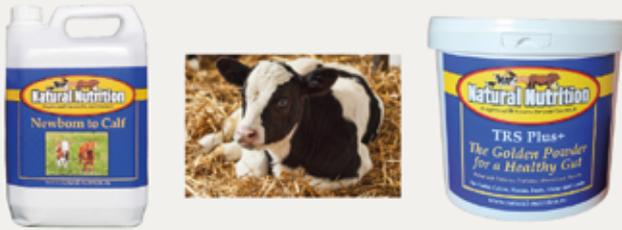


**Donncha Creed**  
**086 - 1067000**  
 Cork/Kerry Representative



**For Calves from Birth**

Use the Newborn to Calf and TRS Plus+ from Day 1 and your calves will be livelier, stronger, have less infections and increased weight gain.



*Customer comment- I've been using Natural Nutrition products for years on calves and maiden heifers, the cattle are healthier and thrive is better!*

**From Weanling to Winner**



30th Sept 330kg



30th Nov 450kg

Customer delighted to report 1.95KG weight gain per day, using MuscleRight Cattle and Complete Copper Cobalt Solution.



30 Years of excellent results, start your journey with us today



Sales & Letting  
 Valuations  
 Commercial  
 Residential  
 Agricultural  
 Public Auction  
 Private Treaty

[www.ccmproperty.com](http://www.ccmproperty.com)

Easily accessible: 30 minutes to Jack Lynch Tunnel - 30 minutes from Killarney



**General Cattle Sale Every Saturday**

Ring 3: 10:30am - Dry Cows followed by Bulls

Ring 2: 10:30am - Calves

Ring 1: 11:30am - Blks, Weanlings & Heifers

**Factory Sheep Assembly**

Ring office for details

**Next Sheep Sale**

Wed 1st April 11:30am

Stock to be penned before 10:30am

**Multi Breed Bull Sale**

Tue 7th April 7pm - Entries now being taken

**DAIRY SALE**

Tue 24th March 12 noon - Entries now being taken



View online on MartEye

**WANTED**

FARMS TO LET ON LONG TERM LEASES  
 TILLAGE, DAIRY & GRAZING  
 REQUIRED: DAIRY FARM C. 100 ACRES  
 IN MID CORK AREA

Macroom Area - **TO LET**  
 C. 12 Acres Grazing/Silage Ground.  
 Long term lease.

Macroom Area - **NOW LET**  
 C. 55 Acres Grazing/Silage Ground

Tarelton Area - **NOW LET**  
 C. 50 Acres

Inchigeela Area - **FOR SALE**  
 Residential Farm Holding  
 C. 57.5 Acres with Derelict  
 Farm House

**NEW TO THE MARKET**

Derryleigh, Inchigeela,  
 Co. Cork C. 3500sq ft 5  
 Bed, Two-storey Home  
 €480,000.00



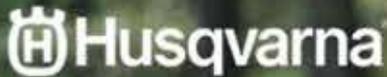
**NEW TO THE MARKET**  
 CAHERKEREEN, KILNAMARTYRA,  
 MACROOM, CO. CORK. 4 BED NEW  
 BUILD A-RATED HOUSE. C.  
 1850SQ FT  
 Guide Price: €350,000



To discuss your property needs in confidence, contact CCM Property  
 Macroom Mart Office 026 41121  
 Jerh O'Sullivan M.I.P.A.V. 086 8329321



**MACROOM**  
TOOL HIRE & SALES



"Explore our full range of  
Husqvarna chainsaws –  
available in-store now!"





PB2520  
Leaf Blower

€335.00



Husqvarna

PARTNER OF THE YEAR  
2025



MASCOT®  
WORKWEAR



€495.00

Sparta 3815  
Brush cutter




"Husqvarna K 770 –  
Power You Can Rely On"

Call Us Today for a Free Lawn Assessment




Husqvarna



AUTOMOWER®  
SPECIALIST DEALER



CODRUM – MACROOM - CO. CORK - P12 CF24 – Tel. 026 42133



# SUSTAINABLE WARMTH LTD



WE SPECIALISE IN

- Sprayfoam Insulation
- Roll Out Insulation
- Cavity Wall Insulation
- External Wall Insulation
- Internal Wall Insulation

## NEW WINDOWS & DOOR GRANTS AVAILABLE\*

# UP TO €5,600

To avail of this grant, your house must have been built prior to 2011 and must have the wall and roof insulation completed or if you are having the insulation done as part of a package.

T: 066 970 2113  
 M: 085 849 4107  
 E: sustainablewarmth@gmail.com



## KELLY AGRI & PLANT

Coolea, Macroom, Co Cork.  
 Tel: 085 7460430

- Rock breaking
- Farm work
- Site work & Clearance
- Mini Digger For Hire
- Mulcher
- Rear disc charge Dung Spreader

### SLURRY SPREADING

- Dribble Bar • Splash plate
- Rain Gun • Agitating • Umbilical

### RESEEDING

- Ploughing • Disc harrow
- Power Harrow
- One pass system • Stone rake
- Full reseeding jobs

### SILAGE

- Mowing • Raking • Baling
- Drawing/stacking
- Telescopic loader
- Trailer work
- Spraying



### Our Services:

- ▶ Roof Repairs
- ▶ Chimney Repairs
- ▶ Flat Roof Solutions
- ▶ New Roof Installation
- ▶ Fencing
- ▶ Pergolas
- ▶ Renovation
- ▶ Decking



Contact us:

086 - 0664295 / 085- 2865027  
 E: obrienmike506@gmail.com  
 www.oakwoodroofingandrenovation.com

# Macroom History Group (Founded 2023)



Dr Katie Ni Loinsigh addressing her audience, 9/3/26. (C. Kelleher)



Dr Katie Ni Loinsigh accepting a memento of her talk from MC, Brendan O'Brien. (C. Kelleher).



An tAthair Peadar Ua Laoghaire (internet).

## Lecture, 9/3/2026, by Dr. Katie Ní Loinsigh, UCC agus Baile Mhúirne: 'An tAthair Peadar Ua Laoghaire agus Caint na ndaoine' / 'An tAthair Peadar Ua Laoghaire and the speech of the people', by Con Kelleher

Dr Katie hails from Ballyvourney and is a lecturer in Modern Irish in UCC. Her doctorate was on an tAthair Peadar's literary output, 1894-1920. Her parents are Jerry 'Free' (iar peileadóir) and Deirdre (néé Purcell, Macroom). Ua Laoghaire was born in Liscarrigane, Clondrohid in 1839, just before the famine, and attended schools in Carriganime, Macroom and St. Colman's, Fermoy. Following studies in Maynooth, he was ordained a priest in 1867 and served in many Cloyne parishes such as Kilworth, Kilshannigh, Rathcormac, Rath/Charleville, Macroom (1878-80), Doneraile and Castlelyons. His 'public life' began with the founding of the Gaelic League in 1893 by Eoin McNeill and others, and his writings were published from then on - he was 54 years old that year. As many as 487 separate works were published and included Séadna, a Faustian tale, Mo Scéal Fein, a biography, a translation of the Bible and of other religious works into Irish, plays etc. But it was his use of caint na ndaoine (the ordinary language of the people) that revived and modernised the Irish language and had made him, arguably, the most important writer of Irish ever in the modern era. Katie pointed out that without publication, the value, importance, significance and contribution of Ua Laoghaire's writing would have been lost or ignored. His writings were first printed in newspapers such as An Claidheamh Soluis, The Gaelic Weekly and so on. However, two Gaelic League members noted their importance and the necessity to print them as books. Norma Borthwick was born in Chester and, from early, became engrossed in Irish culture and learned the language. Her sketches of Gweedore evictions 1890-1910 were powerful. An essay of hers won an Oireachtas prize. With Máiréad Ní Rathallaigh, she founded the Irish Book Company to publish, specifically, Ua Laoghaire's books. Máiréad or

Margaret O'Reilly was from Massytown, Macroom and her family owned a pub there. (Ever the researcher, Katie is looking for more information on her!). The Gaelic League gave equal status to men and women and allowed Norma and Máiréad to undertake this important task. Both women had worked with McNeill and he was the leader of the Irish Volunteers. (When World War I began, the majority defected (in Sept. 1914), and followed John Redmond's advice became the National Volunteers and fought for Ireland's freedom with the British and the Allies in that conflict). McNeill was the man who unsuccessfully ordered the cancellation of the 1916 Easter Rising - he was outside the IRB caucus who planned and staged the Rebellion. Initially, Ua Laoghaire and McNeill were good friends and close colleagues but that relationship deteriorated. Issues were the spelling and phraseology Ua Laoghaire used - an tAthair was very fussy on the matter and did not like direction on the matter. He was disappointed that The Gaelic League went 'political' and he was opposed to the use of violence in the Independence struggle. Whatever the reasons, The Gaelic League refused to finance some of an tAthair Peadar's later works. In a further quirk, Ua Laoghaire supported a brave attempt to make Irish more readable. Shan Ó Cuiv (1875-1940), originally John O'Keefe, from lower New St., Macroom had developed Litriú Simplí, a phonetic form of writing Irish; for example 'V' replaced 'bh' and 'mh'. Teaching Irish was made compulsory in Irish national schools in 1922, after Independence, and the measure was introduced by Eoin McNeill, now a Cumann na nGaedhal minister. As marks of esteem, Ua Laoghaire was made a Freeman of Cork and Dublin in 1912 and he was conferred him with an Honourary Doctorate of Law by the National University of Ireland in 1919. Macroom has a plaque on Macroom Bridge, southern side, erected in 1939, the centenary of his birth.

The presentation was illuminated with pictures of Ua Laoghaire artifacts, documents and letters and with slides of his portraits and statues. Katie kept the

audience enthralled with the depth of her details and captured some of his idiosyncrasies. A large crowd was present that included a man who lives where the Great Man was born and raised and people who lived in neighbouring houses. Hopefully Katie's interest and work will re-ignite fresh attention on him and his achievements. Truly, Ua Laoghaire was a national figure of the first rank and without his genius, perhaps Irish would not have survived. By speaking bilingually, she proved the point that both languages have their place in present-day Ireland and it is heart-warming to see the surge of interest among younger people.

Katie's lecture was 'ar amhas ar fad', and Brendan O'Brien was an excellent MC; many enjoyed the 'cuppa' and chat afterwards.

Sources: Dr Katie Ni Loinsigh's lecture 9 March 2026 (Macroom) and her article in the Macroom History Journal 2025; Ainm.ie; and The Dictionary of Irish Biography's articles on an tAthair Peadar O'Laoghaire and Norma Borthwick.

Next Event: Fourth Macroom Schools History Exhibition on April 20, 7-9, Castle Hotel.

Four schools will participate in this year's event - De La Salle, McEgan, St Mary's and Youthreach. Students will display their projects and will be present to explain any finer points, the underlying rationale and the work involved in creating their exhibit. Students have the option to speak or not, and the occasion is non competitive.

Each participating student is presented with a 'Certificate of Excellence.' After, the students from different schools mix and enjoy a meal together.

Macroom History Group is grateful to the teachers and pupils participating and is happy to provide a forum where students can display their works in a friendly, enjoyable and exciting atmosphere.

Douglas Kidd is the co-ordinator.



Ted Cook. Pic. Conor Nelligan

**M. & J. KELLEHER LTD.**  
CLONDROHID, MACROOM, CO. CORK  
Tel: (026) 41236

**MJK oils**



**24 HR Diesel:**

- Road Diesel
- Tractor Diesel
- AdBlue

---

- Heating Oils
- Road Diesel
- Tractor Diesel
- Lubricants
- Storage Tanks



**www.mjkoils.com**

**MSC**  
MACROOM SENIOR CITIZENS

**Fundraising Event**  
**Gardening Talk**  
by Julie Roche

in Fr Ryan Hall at 8pm  
On  
**Tuesday 24th**  
**March 2026**

Plants for sale - Raffle Admission €10

*Please Support.*



**COOLCOWER VETERINARY CLINIC**  
Tel: 026 41091

**SHOP NOW OPEN**  
with beds, leads, toys, treats, flea and worm products





<b>SERVICES</b>	<b>FACILITIES</b>
✓ Operations	✓ Digital X-ray
✓ Microchipping	✓ In-House Blood Machine
✓ Pet Passports	✓ Easy Car Access
✓ Hospitalisation Facilities	✓ Dietary Advice
✓ 24 hour emergency service	
✓ Pregnancy scanning	
✓ Vaccinations	

Stockists of  
Royal Canin & Calibra



*Small animals are seen by appointment only.*  
*Large animal contact: 026 20088*

Coolcower Veterinary Clinic, Macroom, Co. Cork  
Tel: 026 41091 | Email: coolcowervet@gmail.com  
Web: coolcowervet.ie  
Clinic Hours: Monday to Friday: 9.00 - 10.15 & 14.00 - 18.00  
Saturday: 09.30 - 13.00



**AJM SECURITY LTD**  
PROTECT YOUR FAMILY HOME - BUSINESS - FARM

ACCESS YOUR CCTV FROM ANYWHERE






**VIEW YOUR CCTV AND CALVING CAMERAS ON YOUR SMART PHONE**

**CCTV & CALVING CAMERA-INSTALLATION/REPAIR**

**ARE YOU HAVING PROBLEMS WITH YOUR SATELLITE OR SAOR VIEW SIGNAL? IF SO, GIVE ME A CALL...**

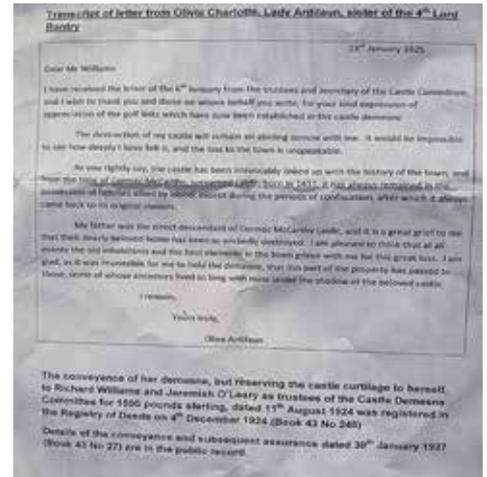


SAORVIEW sky

**JOHN A MURPHY: 085 2330800**  
E: ajmccctv@outlook.com

## THINK GLOBALLY, ACT LOCALLY

## OLIVIA WHITE 1850-1925 (Baroness Ard Oileain)



Hi Chris Barrett here with my final piece for a while.

Today I once again have the pleasure of speaking with my friend Ted Cook. He is dedicating this article to the memory of Michael Lucey, Ballymakera, who passed away in December 2025 at the age of 94. Michael was a lifelong supporter of Ted's walks.

Ted tells me that although discomfiting for some, Ascendancy Ireland forms the weathering bedrock of Ireland's collective unconscious Cultural Memory.

A quick look by myself on the internet reveals that Olivia White was the richest woman of her time in Britain and Ireland after the monarch. This did not however stop her philanthropic nature. Among other great deeds she supported Irish soldiers in WW1 and restored Macroom Castle, where she sold the estate land to a trust for the benefit of the people of Macroom. But there is a lot more to learn! We are fortunate indeed to learn about Olivia's life in far greater detail, and the following words come directly from Ted Cook.

Her lifespan encapsulates the post trauma of the Great Hunger; the collapse and bankruptcy of the vast majority of the Irish Estates dating from Elizabethan, Cromwellian and Williamite confiscations; the birth of the Land League under Davitt and Parnell; the Gaelic Revival; the 1916 Rising; the War of Independence and Ireland's Civil War - in a nutshell: the Decline and Fall of Ascendancy Ireland, with less than 500 Estates comprising 5,000 acres or more by 1852 within the entire Ireland.

Current Taoisach Micheal Martin initiated, "Shared Island" in 2019 - an initiative (unique amongst Post-colonial States) that fostered deep reassessment of the shadow of history - and how all communities might curb their respective "dreams of Dominion."

Our commemorative Tree-planting of a Copper Beech and Common Alder on December 13th 2025 to mark the 100th anniversary of Olivia White, Benefactress extraordinaire, born in her ancestral Manor (Castle) of Macroom 1850, represents Co.Cork's first "Shared Island" event according to Deputy Aindreas Moynihan T.D. - who, along with Douglas Kidd planted our beautiful saplings- the beech, a sapling from the Veteran Iconic Specimen and the very best copy of her species that yet dominates the linear canopy overlooking the river terrace walk in the Town's Castle grounds.

We acknowledge Michael Dan Quinlan (Bee- Guardian of Millstreet) for growing our two trees from seeds - and donating them to our "Shared Island" ceremony and we thank the Trustees of the Demesne who in 2014 loaned Ted Cook the circa 2 acre site below the golf club carpark - "To build and maintain space for Nature to Function."

The second of five children born to William Hedges Hare White and Jane (nee Herbert of Mucross Demesne, Killarney), Countess of Bantry, Olivia married at 19, Sir Arthur Guinness M.P. for Dublin City (1874 -1880) who was elevated to the peerage, adopting "Ardilaun" for his title. "Ard Oileain" is the name of the 'emerald' green island in Lough Corrib (Cong, County Mayo) that his Ashford Castle overlooks.

A copy of Olivia's last known letter to "Secretary of the Trustees, Macroom" dated January 23rd 1925 was circulated to about 30 or so participants (many of whom had travelled from remote corners of West Munster).

She records her father (3rd Earl of Bantry - on the passing

of the 2nd Earl in 1888 AD) as the "direct descendent of the 9th Lord Muskerry (Cormac McCarthy) born 1411 A.D." in his Macroom Manor . According to the Chief Herald T.J. Sadlier (Registrar for Family Pedigree, Dublin Castle) the 9th Lord Muskerry 1411-1494 A.D. founded Kilkrea Abbey and rebuilt Macroom Castle.

The late Professor Donnacha O'Corrain in his "Ireland before the Normans" (Gill Publ.1972) traces this McCarthy line to the 9th Century "Eogainachta" of Cashel, Co.Tipperary. The "Eogainachta", a compendium of powerful Aristocratic Families (including the O'Callaghans and O'Sullivans) lost their "caput" in East Munster in 1101A.D. when the emergent O'Briens of Dalash (West Clare) - what we know as Thomond (Tuaithe Mumhan- North Munster) gifted Cashel as an Archbishop's See to the church- disentailing the descendants of Carthaigh and sweetening a heavily politicised Church in one stroke.

Come the Normans and the creation in the 12th Century of their walled City of Cork, the "Eogainachta" were driven west to Desmond (Deis Mumhain - South Munster).

As an aside, it was a poignant surprise to encounter both subtle and overt disquiet that any town in the Republic should "honour the Anglican Irish Unionist Ascendancy".

O'Corrain reminds us that "Irish Literature through the Early; High and later Medieval period" is "aristocratic to the core"- with little or no information of the lower classes in Gaelic Society- "and is universally contemptuous of them."

Ireland's indigenous "Gaelic Nobility looked upon the Peasantry and their own servants with the greatest disdain." Was it ever any different under the racial and Religious Apartheid for James Connelly's "Under class" or any other "Under class" globally as we witness the Colonial Global North of our Earth condemn the Global South to a possible 2°C rise within this country.

Olivia's assertion to McCarthy descent in the male line amounts to a fairly undistinguished and remote ancestry. We can only trace 3 generations to Simon White, an Elizabethan adventurer (1578A.D) who built the Bantry Estate House - but Simon and his descendants turned out to be very lucky. Olivia's great grandmother Frances Jane, born in Macroom Manor (Parents Richard Hedges and Helena Herbert) married Simon White in 1766. Helena was directly descended in the blood from Viscount McCarthy, 17th Lord Muskerry who in 1640 A.D died in his Castle of Macroom, (emparked by enclosure stone walls in 1620 A.D.) Macroom Castle Demesne, under Royal Command of Edward 111 in 1345 A.D was declared Principal Manor and Caput of the entire 329 Townlands in the Ancient Barony of Muskerry. Olivia's 1925 letter reminds us in 2025 ".....my Castle, except during periods of confiscation, always came back to its original owners."

Lady Ardilaun's link to the 8th Century "Eogainachta" of Cashel arises from Cormac's daughter (17th Century Lord) Maria's marriage to Lord Kenmare (Valentine Browne) whose Kerry Estates, albeit the Brownes were Catholic, were restored to them in 1660AD, when Charles 11 regained his throne from the Cromwellian Fundamentalists. Both father and son, (Lord Valentine and his Earl in Waiting Young Valentine) married Cormac's two daughters - Maria and Julia. Maria's descendant Frances married Arthur Herbert of Mucross, a protestant to the horror of the McCarthy

Brownes. Shakespeare says, "there's nothing new under the Sun" - centuries later Olivia's brother, the 4th Earl to the utter consternation among the Munster Ascendancy (but with full support of his older sister Lady Ardilaun) and in the House of Lords (U.K.), married a catholic Rosamund Petrie.

Alas the young couple married in 1886 A.D.- but William Hare White died in 1891 A.D. tragically. In his "Briar of Life", Stephen Brady records the Earl's progressing mental derangement - a condition that followed the Herberts and better described in her "Bricks and Flowers" (Katherine Everett 1943) Katherine, being a cousin, thrice removed wrote a Biography of Olivia Lady Ardilaun- whose widowhood since 1915 unleashed for Olivia the "Black Dogs" of the congenital depression. Olivia's kinswoman Dorothea Herbert the author of "Retrospections of an Outcaste" endured chronic delusions and paranoia. "No manufactured Aristocrat" - as Ted Cook described Olivia during our 2 hour "Shared Island" Tree-planting.

Ted especially names Master Mason Tony Healy who carved Olivia's memorial plaque - and our much loved "Shah" (Michael Shannon) who mounted the plaque on August 25th, 2015 as part of Heritage Week 2015 and who passed over suddenly in the loving embrace of his wife Martina in 2024.

Because Estates were held in "Fee-Tail" ( what otherwise we call "Entail" where only the First born male inherits and holds in trust for his First born son- the 4th Earl in advance of his marriage in 1886 AD disentailed in favour of Lady Olivia - hence her capacity to sell at a nominal price of £1,500 her 183 acre Demesne. Mr Williams of Coolcower House and Hotelier wrote a detailed statement of the negotiations (via Dr. Kelleher) with Olivia White in 1923 that secured the August 1924 acquisition of Macroom Castle Grounds.

Katherine Everett describes the Castle in flames in 1922- Elizabeth Bowen's novel, "The Last September", may have been based on this "torching". Katherine and Olivia's Housekeeper Mrs McCarthy - in another earlier statement of that day, Katherine refers to Mrs McCarthy and her daughter as residing "in the Castle as Housekeepers".

It was very meaningful that Mrs Kay O'Sullivan (retired N.S. Teacher) and widow of John William O'Sullivan (a retired N.S. Teacher and acclaimed Photographer) attended our "Shared Island". John was the grandson of the Castle Housekeeper and over many years of our acquaintance, Ted Cook learnt much - enough to fill a discrete essay, May he rest R.I.P.

Another essay again would be necessary to record the memories of Mrs Mary McSweeney, Church Organist in Macroom - whose Mother's eye-witness accounts of Olivia, every Christmas without fail distributing in person, gifts to every child in every tenant family in Macroom and environs. With that endearing picture of Olivia, I thank Ted Cook for all his kindness in sharing her story with us.

I am making this my final article for a while and leave you in the capable shared hands of Paul Lynch and Tom Jordan who like myself are members of MDEG (The Macroom and District Environmental Group).

I would like to thank all those who have spoken with me to contribute articles over nearly five years and I wish them and all readers of the Lee Valley Outlook, all the very best for the future! Chris Barrett (Mrs)



**WE ARE HIRING**

## Childcare Senior Leader

Macroom Family Resource Centre

*We're looking for a passionate and motivated Early Years professional to join our supportive preschool team.*

**Requirements:**

- QQI Level 6 minimum (Level 7/8 desirable)
- Strong knowledge of Aistear & Siolta
- Excellent leadership & teamwork skills
  - Full-time availability preferred
  - FAR training desirable

**We Offer:**

- A positive, supportive work environment
- Ongoing training & professional development
- Competitive conditions based on experience

*If you'd love to make a real difference in children's lives, we'd love to hear from you!*

**To apply please email:**  
[louise@macroomfrc.com](mailto:louise@macroomfrc.com) or  
[gabi@macroomfrc.com](mailto:gabi@macroomfrc.com)



**WE ARE HIRING**

## Childcare Practitioner

Macroom Family Resource Centre

*We're looking for a passionate and motivated Early Years professional to join our supportive team.*

**What You'll Do:**

- Care for and support the education of all children in our service
  - Stay organised and use your initiative
  - Work as part of a friendly, supportive team
  - Communicate confidently with parents
- Help maintain a clean, safe, and happy environment
  - Be flexible and adaptable
  - Follow all policies and procedures

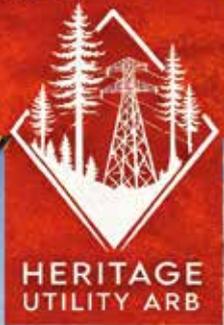
**What You Need:**

- Minimum QQI Level 5 (or equivalent) in Childcare
  - QQI Level 6 or higher is an advantage
  - Willingness to continue learning and training

**To apply please email:**  
[louise@macroomfrc.com](mailto:louise@macroomfrc.com) or  
[gabi@macroomfrc.com](mailto:gabi@macroomfrc.com)

CORK, IRELAND

**WE ARE HIRING**



**HERITAGE UTILITY ARB**

⚡ CTL TIMBER LEAD  
 ⚡ PICW - PERSON IN CHARGE OF WORK  
 ⚡ UA1 UTILITY ARBORISTS / GROUNDSMEN

WORK VEHICLE & PHONE PROVIDED  
 ⚡ €200-350 PER DAY  
 ⚡ ACCOMMODATION CAN BE PROVIDED

**ESB NETWORKS CONTRACT**

**CONTACT US TO APPLY!**  
 ESB INDUCTIONS & UA1 TRAINING CAN BE PROVIDED  
 ALL NATIONALITIES WELCOME. GOOD ENGLISH LANGUAGE SKILLS REQUIRED

[HERITAGETREESIRELAND@GMAIL.COM](mailto:HERITAGETREESIRELAND@GMAIL.COM) +353 (0) 832060088



**FOLLÁIN**  
 GOOD FOOD. PURE & SIMPLE.

**DO YOU LIKE TO COOK?**

**Do you enjoy learning new things?**

**Would you like to prepare and cook established recipes including Folláin products?**

Folláin is a multi-award-winning family owned and operated producer of high-quality preserves, relish, chutney and sauces based in Ballyvourney Co. Cork.

We are looking to hire  
**AN INDUSTRIAL COOK**  
 to join our production team.

*Knowledge of preparation and cooking of fresh foods an advantage, but full training will be provided.*

**Job Types: Full-time, Permanent- Rate starting at €16/hr**  
 Schedule: Day shift | Monday to Friday.

If interested please email: [hello@follain.ie](mailto:hello@follain.ie)

*Tá Folláin i mBaile Bhuirne, Co. Chorcaí ag lorg cócaire tionsclaíoch chun bheith mar páirt den bhfoireann.*

**An maith leat a bheith ag cócaireacht?**

## GENERAL GAA NEWS

### Allianz National Hurling League 2026 (Six group games)

Cork 3-25 Waterford 1-16 in Cork  
Galway 1-21 Cork 2-20 in Galway  
Cork 0-29 Tipperary 0-22 in Cork  
Kilkenny 1-15 Cork 3-12  
Limerick 3-19 Cork 0-20

Sat Mar 21st Cork v Offaly at Supervalu P Uí Chaoimh 7pm

### Division 1A NH League Table (6 games)

Limerick P5 W4 D0 L1 +34 Pts 8  
Cork P5 W4 D0 L1 +18 Pts 8  
Galway P5 W3 D0 L2 +30 Pts 6  
Tipperary P5 W2 D0 L2 +0 Pts 6  
Waterford P6 W2 D0 L3 -13 Pts 4  
Kilkenny P5 W2 D0 L2 -23 Pts 4  
Offaly P5 W0 D0 L5 -46 Pts 0

### Limerick 3-19 Cork 0-20

Limerick took a big step towards a place in the Allianz Hurling League Division 1A final, defeating Cork 3-19 to 0-20 in front of 18,744 people at the TUS Gaelic Grounds on a Saturday night. Shane O'Brien and Cathal O'Neill got second half goals, with an Aidan O'Connor penalty sealing the win for John Kiely's men.

Limerick made it four consecutive victories in Division 1A of the Allianz National Hurling League as Cork suffered a first defeat of the campaign. Second half goals helped the Treaty pull clear of Ben O'Connor's outfit, after a closely fought opening period.

A positive result in round six would book a rematch of these sides in the divisional final in early April. Galway stand between Limerick and a place in the final, probably against Cork who must play already relegated Offaly. Limerick and Cork are meeting very often and a league final clash would only add to the level of mutual dislike apparent, particularly near the Cork goalmouth.

After an early point from Tommy O'Connell, Limerick hit the front courtesy of a goal from Shane O'Brien, who bulldozed his way through the cover before powering low to the net after 80 seconds. Cork hit back and registered the first six white flags, Brian Hayes and Shane Barrett and Barry Walsh on target. Eventually Aidan O'Connor would convert a free, one of six for the Ballybrown man in a tight opening half. The sides would be level three times in the opening half before O'Connor's stoppage time free nudged John Kiely's men ahead. The early going in the second half was again tight, with O'Mahony and Hayes (two) both on target for Cork, but Limerick still ahead.

The crucial goal arrived on 59 minutes, Cian Lynch gifted a ball at midfield, set up a goal for Cathal O'Neill. There was a penalty soon conceded by Seán O'Donoghue for a dubious foul on Aaron Gillane. O'Connor fired home, helping his personal tally 1-11. Scorers for Limerick: Aidan O'Connor 1-11 (1-0 pen, 7fs); Cathal O'Neill 1-2; Shane O'Brien 1-0; Adam English 0-2; Aaron Gillane, Cian Lynch, Hugh Flanagan, Tom Morrissey 0-1 each.

Scorers for Cork: Tim O'Mahony 0-7 (5fs, 1 65); Brian Hayes, Tommy O'Connell 0-3 each; Barry Walsh, Shane Barrett 0-2; Shane Kingston, Alan Walsh, Eoin Downey 0-1 each.

Cork: Patrick Collins; Eoin Roche, Dáire O'Leary, Ger Mellerick; Ethan Twomey, Eoin Downey, Micheál Mullins; Ciarán Joyce, Tommy O'Connell; Barry Walsh, Tim O'Mahony (C), Shane Kingston; Alan Walsh, Brian Hayes, Shane Barrett (Blarney). Subs: Seamus Harnedy for Kingston (40); Niall O'Leary for Roche (47); Cormac O'Brien for Mullins (54); Seán O'Donoghue (Innischarra) for D. O'Leary (60); Declan Dalton for A. Walsh (65).

### Munster Senior Hurling Championship 2026

April 19th : Tipperary v Cork in Thurles 4pm, Clare v Waterford in Ennis 2pm

April 26th: Cork v Limerick in Cork 2pm, Waterford v Tipperary in Waterford 4pm

May 3rd: Clare v Limerick in Ennis 2pm

May 9th (Sat): Waterford v Cork in Waterford 6pm

May 16th : Tipperary v Clare in Thurles 7pm

May 17th: Limerick v Waterford in Limerick 3pm

May 24th: Cork v Clare in Cork 4pm, Limerick v Tipperary in Limerick 4pm

Munster Hurling Final: Sunday June 7th

### FOOTBALL

#### Allianz National Football League 2026 (Seven games)

Cork 0-24 Cavan 2-17 Round 1

Louth 1-12 Cork 1-17 R2

Offaly 0-19 Cork 3-15 R3

Cork 1-23 Meath 1-21

Derry 1-31 Cork 0-14

Cork 1-31 Kildare 2-19

Sun Mar 22nd away to Tyrone at Omagh

#### Division 2 Allianz NF League Table

Cork P6 W5 D0 L1 +2 Ps 10

Meath P6 W5 D0 L1 +23 Pts 10

Derry P6 W4 D0 L2 +42 Pts 8

Louth P6 W4 D0 L2 +18 Pts 8

Tyrone P6 W2 D1 L3 +8 Pts 5

Cavan P6 W2 D0 L4 -20 Pts 4

Kildare P6 W1 D1 L4 -20 Pts 3

Offaly P6 W0 D0 L6 -53 Pts 0

### Cork 1-31 Kildare 2-19

A good performance from Cork footballers, clearly very much at home in Páirc Uí Rinn. After a shock Louth win over Derry, Cork now head the Div Two league table with one remaining round but are not assured of a place in the final and promotion to Div One for next season. A win in Tyrone and they will be back at the summit after a decade of trying. But had substitute goalkeeper Micheál Aodh Martin not saved their skin after the interval, it could have been a very different story.

The Cork attack was excellent in the first half and good all through. Cork would appear to have huge problems at the other end with indecision about the goalkeeping position and a full backline which is not in command of the goalmouth.

Muskerry men, Luke Fahy, Colm O'Callaghan, Chris Óg Jones are all three making a major contribution to Cork and all should be automatic selections when the championship begins in a few week's time.

Cork had dominated the opening half, leading 1-22 to 1-6 at the break having kicked eight two-pointers, with 1-19 from play. Steven Sherlock and Chris Óg Jones were flying; Cork were cruising, a joy to watch. Kildare's substitutes changed the game after the break and they cut Cork's 15-point 56th-minute lead down to nine by the finish. The margin stood at 12 points when goalkeeper Patrick Doyle felled Brian McLoughlin for a black-card penalty in the 59th minute. Micheál Aodh Martin was brought on to face the penalty kick, impressive young Dara Sheedy taken off to keep the total at 14. Micheál Martin saved the penalty and then went on to make three more marvellous saves before Cork could come were back to full strength. Martin was not taken off, a defender introduced instead.

The first half cost Kildare, even after they slotted home their opening goal on 25 minutes to trail by 11 points. Ian Maguire intercepted a misplaced handpass and the hosts worked the ball on to Chris Óg Jones who finished well, leaving it 1-17 to 1-3. It was always going to be a tall order for Kildare to

come back from that.

Cork march on, with their destiny in their own hands. Cork: Patrick Doyle (Knocknagree); Maurice Shanley (Clonakilty), Daniel O'Mahony (Knocknagree), Seán Brady (Ballygarvan); Brian O'Driscoll (Carrigaline), Tommy Walsh (Kanturk), Luke Fahy (Ballincollig); Colm O'Callaghan (Éire Óg), Ian Maguire (St Finbarr's, capt); Paul Walsh (Kanturk), Mark Cronin (Nemo Rangers), Seán McDonnell (Mallow); Chris Óg Jones (Uíbh Laoire), Dara Sheedy (Bantry Blues), Steven Sherlock (St Finbarr's).

Subs: Subs: Ruairí Deane (Bantry Blues) for McDonnell, Sean Walsh (Mitchlestown) for P Walsh (both 53 mins), Matty Taylor (Mallow) for T Walsh (56), Micheál A Martin (Nemo) for Sheedy, Darragh Cashman (Millstreet) for Taylor (both 59), Rory Maguire for Doyle (66) and Seán Meehan (Kiskeam), Conor Cahalane (Castlehaven), David Buckley (Newcestown), Conor Corbett (Clyda Rovers), Brian Hurley (Castlehaven).

### 2026 Munster Senior Football Championship

April 12th – QF: Limerick v Cork in Cork 2pm; Tipperary v Waterford in Dungarvan

April 25th – SF Tipp/Waterford v Limerick/Cork; Kerry v Clare

Munster Football Final: May 10th at 1.45pm

### LGFA - Ladies Gaelic Football

#### Lidl National Football League Division 1

#### LGFA Lidl Division 1 League Table

Cork P5 W3-D1- L0 +13 Pts 13

Galway P5 4-0-1 +24 Pts 12

Waterford P5 3-0-2 +18 Pts 9

Kerry P5 3-0-2 -4 Pts 6

Meath P4 2-0-3 -4 Pts 6

Kildare P5 1-1-3 -11 Pts 4

Armagh P5 1-1-3 -15 Pts 4

Dublin P4 1-1-3 -21 Pts 4

Tom Come: Cork v Meath March 21st at MTU 5pm; Dublin v Cork March 29th

### Camogie

#### Centra National Camogie League- Div 1

#### Div 1A League Table(5 games)

Waterford P4 W4 +21 Pts 12

Galway P4 W2 D1 L2 +1 Pts 6

Kilkenny P4 W2 D0 L2 -5 Pts 6

Tipperary P4 W1 D1 L2 +4 Pts 4

Cork P4 W1 D1 L2 +1 Pts 4

Antrim P4 W1 D0 L3 -22 Pts 3

### Next: Galway v Cork; Tipperary v Waterford

#### Kilkenny 0-9 Cork 1-15

Cork picked up their first win in the Centra National Camogie League Division 1A as they got the better of Kilkenny at Freshford.

It was much-needed points for the Rebels as they bounced back from losses to Waterford and Antrim.

A far stronger Rebel side took to the pitch against the Cats with welcome returns as Meabh Cahalane and Laura Hayes were back in defence. Orlaith Cahalane started her first game and Sorcha McCartan was also back, having returned to the squad during the week. To bring four All-Stars back helped to strengthen the Cork side considerably, but new players like Orlaith Cremin, and, in particular, Ava Fitzgerald, were also in top form.

However, late on Cork lost Ashling Thompson to an elbow injury and she will be a massive loss to the side and is unlikely to play again before the start of the All-Ireland championship.

Cork started the better of the two and were in front in the first minute when Hayley Ryan, another to impress, got their opening point. Seven minutes later and they doubled the lead when Emma Murphy converted a free. With 14 minutes gone, McCartan announced her return with a trademark long-distance point to put Cork further ahead, 0-3 to no score.

Aoife Prendergast got Kilkenny off the mark after 15 minutes when she pointed from a free, before they were awarded a penalty for a tackle on Caoimhe Keher. Prendergast stepped up but her shot went over the bar for their second point. McCartan replied from a free, with Murphy and Ryan adding scores, to see Cork lead by 0-6 to 0-2 after 20 minutes. Prendergast pulled a point back for Kilkenny, with McCartan getting her third, from another free to stretch Cork's lead. But just before half time Prendergast was on target again, from another free, to see the Rebels lead by 0-7 to 0-4 at the break.

McCartan increased Cork's lead at the start of the second half, before Kilkenny enjoyed their best spell of the game. On 40, Four minutes later and the sides were level at 0-8 each.

Credit to Cork, they upped their game again, with Thompson putting them back in front. McCartan pointed to make it 0-10 to 0-8 before the crucial goal came. With 51 minutes gone, Hayes played a long ball in and Orlaith Cahalane was quickest to react to the breaking ball as she pulled first time for the only goal of the tie. This put Cork well in front and when she added a point the result was beyond doubt.

Cork finished strongly with McCartan, Isobel Sheehan and Ryan all scoring as they ran out deserving winners of a game they dominated from start to finish.

Scorers for Cork: S McCartan 0-6 (0-3 f), O Cahalane 1-1, H Ryan 0-3, E Murphy (0-1 f), A Thompson 0-2 each, I Sheehan 0-1.

Cork: A Lee; M Murphy, L Coppinger, M Cahalane; R Harty, L Hayes, A Fitzgerald; M Condon, A Thompson; E Murphy, O Cremin, N McNabola; O Cahalane, S McCartan, H Ryan. Subs: I O'Regan for N McNabola (39), A O'Neill for R Harty (50), I Sheehan for A Thompson (58 inj).

### **Cork 2-8 Tipperary 1-11**

A late point earned a valuable draw for Tipperary in the final seconds of the Centra National Camogie League Division 1A in Páirc Uí Rinn. Both teams entered the day with Tipperary third in a very tight table, and Cork just below them in fourth.

What this means is that there is still a lot to play for in the final round due to take place next weekend.

With the wind at their backs, Cork began the scoring in the second minute when McCartan converted a free, Tipperary's reply was instant. Instead, it was Emma Murphy who raised the first green flag in the 11th minute after she latched on to a brilliant McCartan sideline ball and fired low to the far corner. Near the quarter hour mark, Orlaith Cahalane nailed Cork's second goal to give her side a 2-2 to 0-2 lead. Cork kept control, adding quick-fire points from Cahalane and Ryan in an attack that held the upper hand.

A physically dominant Cork defence was unrelenting, Cork came with two more scores from Cahalane and McCartan (free), as the home side pushed eight clear at the interval, 2-6 to 0-4.

The wide count, five apiece.

Behind by eight points after Cork played with a wind-assisted first half, Tipperary put themselves back in contention with a 35th minute goal after referee O'Callaghan moved a free forward for dissent. In a dominant third quarter, Tipp reduced the gap to two, 2-6 to 1-7.

Cork's first score of the new half did not arrive until the 46th minute from a Sorcha McCartan free, the



**Tim Holland and Concubhar Murray From Ross Oil With Seamus O'Leary and Paula O'Leary from Kilmichael GAA**

advantage now one clear goal. The Rebels didn't score from play in the second half.

The next two points went Tipperary's way with seven minutes of regulation remaining.

A McCartan free after a foul on Orlaith Cahalane meant Tipperary trailed by two.

Scorers for Cork: O Cahalane (1-2), S McCartan (0-4 frees), E Murphy (1-0), L Hayes (free) and H Ryan (0-1 each).

Scorers for Tipperary: C Stakelum (1-2), E McGrath (0-5, 0-2 frees, 0-1 45), A Dwyer (0-2), R Howard and C McIntyre (0-1 each).

Cork: A Lee; M Murphy, L Coppinger, M Cahalane (Capt); R Harty, L Hayes, A Fitzgerald; M Condon, I O'Regan; E Murphy, S McCarthy, A McAuliffe; H Ryan, O Cahalane, S McCartan. Subs: O Cremin for H Ryan (bs 7-12), O Cremin for H Ryan, N McNabola for E Murphy (both 44), I Sheehan for A McAuliffe (54).

### **Glen Dimplex All Ireland Camogie Championship 2026**

The All Ireland Senior Camogie Championship will be played on a round robin basis with two groups: Group One with four teams: Cork v Galway 6/7 June, Tipperary v Waterford, Group Two starting May 23rd with six teams, Kilkenny v Limerick, Offaly v Wexford, Clare v Dublin.

### **The Cork GAA Club Scene**

#### **McCarthy Insurances County Football Leagues**

Cork County League Programme 2026 – Key Dates

League Finals are scheduled for:

McCarthy Insurance Group Football League Finals: 3rd to 5th July

RedFM Hurling League Finals: 10th to 12th July

#### **McCarthy Insurances Football Leagues 2026**

There are 7 Divisions, each of ten teams.

#### **Div 1:**

Clonakilty 4, Cill na Martra 3, Newcestown 3, St Finbarrs 3, Knocknagree, Castlehaven 3, Nemo 2, Knocknagree 1, Éire Óg 1, Carbery Rangers, Douglas

Next: March 29th: Carbery Rangers v Cill na Martra, Éire Óg v Douglas

#### **Cill na Martra 1-17 (20) Nemo 2-13 (19)**

Cill na Martra secured a narrow victory following this thriller in the McCarthy Insurance Group Cork Division 1 Football League against Nemo Rangers at Páirc Uí Chuana. After a marvellous contest, a point by Seán Ó Fóirréidh in stoppage time ultimately proving decisive.

Cill na Martra opened with early scores but Nemo had a goal on nine minutes, as Conor Horgan poked home from close range.

Cill na Martra gave an instant response - Daniel

Ó Duinnín sent Antaine Ó Loingsigh away and he planted the ball into the back of the net from close range. Daniel Ó Duinnín adding with a pair of scores to see Cill na Martra lead 1-7 to 1-2 after 22 minutes.

Nemo reduced the gap between the teams back down to three points as Bryan Hayes slotted over between the posts. But Cill na Martra ended the half strongly with points from Danny Ó Conaill, Ciarán Ó Fóirréidh and a two-pointer from Dan Ó Duinnín, Nemo responded with a well-taken two-pointer and Cill na Martra led 1-11 to 1-6 at the break.

Cill na Martra further extended their advantage early in the second half, with Antaine Ó Loingsigh and Ó Fóirréidh scoring.

Nemo hit back with a goal on 40 minutes, followed by a two-pointer which left just one point between the sides with 44 minutes played on the clock.

Then Nemo got on level terms a few minutes later but Cill na Martra were refusing to buckle and Jason Mac Cárthaigh put Cill na Martra ahead with a two-pointer on 58 minutes, with Nemo responding with a two-pointer from Conor Horgan.

Cill na Martra broke the deadlock when Seán Ó Fóirréidh scored the decisive stoppage-time point.

Scorers for Cill na Martra (1-4-9) : D Ó Duinnín 0-5 (1x 2pt), J Mac Cárthaigh 0-4 (2x 2ptf), A Ó Loingsigh 1-1, C Ó Fóirréidh (1x 2pt), D Ó Conaill 0-3 each, S Ó Fóirréidh 0-1.

Nemo Rangers 2-13 (2-3-7) : B Hayes 0-6 (2x 2pt, 0-1f), C Horgan 1-3 (1x 2pt), M Hill 1-0, K O'Donovan 0-2, R Corkery, T O'Brien 0-1 each.

Cill na Martra: M Ó Deasúna; F Ó Faoláin, T Ó Corcora, M Ó Cathasaigh; D Ó Conaill, C Ó Cróinín, C Ó Fóirréidh; A Ó hUidhir, A Ó Cuana; J Mac Cárthaigh, D Ó Duinnín, J Ó Loingsigh; E Ó Conaill, D Mac Cárthaigh, A Ó Loingsigh. Subs: P Ó hEalaithe HT, S Ó Fóirréidh 40, S Ó Duinnín 46, D Ó Buachalla 50.

### **St Finbarrs 0-14 Éire Óg 0-10**

St Finbarr's defeated Éire Óg in the McCarthy Insurance Group Division 1 Football League at a bitterly cold Togh.

The Barrs victory was mainly down to the accuracy Myers-Murray and a much improved display in the second 30 minutes.

St Finbarr's opened the scoring after seven minutes through a Myers-Murray free, their only score of the half. Éire Óg were aided by a strong wind in this half. Ronan O'Toole, Conor McGoldrick, Mark Griffin and Oisín O'Shea all pointed as they led 0-4 to 0-1 after 22 minutes. Brian Thompson and sub Colm Clifford gave Éire Óg a 0-6 to 0-1 half-time lead.

Wind-assisted St Finbarr's registered their first score in 24 minutes with a Bill O'Connell point but Clifford and Jerome Kelleher gave Éire Óg a six-point advantage. Two points for St Finbarr's were followed by a Dylan Foley point, Éire Óg 0-9 to 0-4 clear after 39 minutes. St Finbarr's brought the deficit back to

the bare minimum 0-9 to 0-8 with three unanswered scores, Éire Óg's Cathal Kirwan converted a free with four minutes left to give the Ovens men relief.

Enter Myers-Murray who kicked three late two-pointers, all from frees, to hand his side the victory. Scorers for Éire Óg (0-0-10): C Clifford 0-2, B Thompson, C McGoldrick, O O'Shea, J Kelleher, R O'Toole, M Griffin, C Kirwan (f), D Foley 0-1 each.

Éire Óg: C Kelly; C Murphy, M Corkery, D McCarthy; B Thompson, M Griffin, C McGoldrick; O O'Shea, M Kelleher; D Kelly, M Murphy, J Kelleher; R O'Toole, D Healy, B Hurley. Subs: C Clifford 27, D Foley h-t, C Kirwan 35, D Kirwan 40, C Quigley 50, D Dineen and M Brady, both 61.

Referee: David Murnane (Macroom).

#### Div 2:

Uibh Laoire 4, Carrigaline 3, Dohenys 3, Ballincollig 2, O'Donovan Rossa 2, Béal Átha'n Ghaorthaidh 2, Clyda 2, St Michaels 2, Valley Rovers 0, Castletownbere 0

Béal Átha'n Ghaorthaidh 3-11 Castletownbere 1-12

Uibh Laoire 1-14 O'Donovan Rossa 0-7

Ballincollig 1-15 (18) Béal Átha'n Ghaorthaidh 2-10 (16)

March 29th: BAG v Dohenys, CT Bere v Ballincollig, Valley Rovers v Uibh Laoire

#### Div 3:

Mallow 4, Fermoy 3, Bishopstown 2, Aghabullogue 2, Kilshannig 2, Bandon 2, Kanturk 2, Naomh Abán 1, Rockchapel 0, Newmarket 0

Kanturk 3-10 Naomh Aban 0-11  
Aghabullogue 0-17 Rockchapel 0-11

Next Round; Rockchapel v Naomh Aban March 27th, Aghabullogue v Mallow Mar 29th.

#### Div 4:

Adrigole 4, Nemo 4, Buttevant 3, Kiskeam 2, Kilmurry 2, Boherbue 2, Gabriel Rangers 2, Glanmire 1, Aghada 0, Macroom 0

Nemo 3-9 Kilmurry 1-14

Macroom 1-14 Gabriel Rangers 3-12

Next: Aghada v Macroom March 29th, Kilmurry v Boherbue

#### Div 5:

St Nicks 3, Mitchelstown 3, Ballinora 3, Kinsale 2, St Vincents 2, Ilan Rvrs 2, Canovee 2, Bantry 1, Ballydesmond 0, Millstreet 0

Millstreet 4-6 Canovee 1-17  
Ballinora 1-14 Kinsale 0-9

Next: Kinsale v Canovee Mar 28th, Ballinora v St Vincents Mar 29th

#### Div 6:

Dromtarriffe 4, Kilmacabea 4, Aghinagh 4, Kildorrery 4, Glenville 2, Cullen 2, Glanworth 0, Argideen 0, Cobh 0, Na Piarasigh 0

Div 6 Aghinagh 0-16 Glenville 1-11

Next: Dromtarriffe v Aghinagh Mar 29th.

#### Div 7:

Castlemagner 3, St James 2, Donoughmore 2, Carbery Rangers 2, Ballygarvan 2, Passage 2, Inniscarra 1, Nemo 0, Mayfield 0, Liscarroll 0

Donoughmore 1-16 Inniscarra 1-9

Next: Inniscarra v Nemo March 26th, Castlemagner v Donoughmore Mar 29th.

#### Red FM Hurling Leagues 2026

Commencing March 8th 2026 with Round 1 pairings:

##### Div 1:

Charleville v Carraigtwohill, Killeagh 0-18 Douglas 4-26, Middleton 0-21 Fr O'Neill's 0-15, Sarsfields 0-20 Glen Rovers 1-21, St Finbarrs 0-22 Blackrock 1-18

##### Div 2: Ballincollig

Ballymartle 0-12 Ballincollig 2-23  
Bride Rovers 1-17 Valley Rovers 1-16, Na Piarasigh 0-15 Newcestown 0-19, Kanturk v Carrigaline, Newtownshandrum v Erin's Own  
Next: Valley Rovers v Ballincollig Mar 22nd

##### Div 3: Éire Óg, Blarney and Inniscarra

Sunday March 8th:  
Éire Óg 0-24 Castlelyons 0-10,  
Fermoy 0-17 Blarney 2-26,  
Inniscarra 0-21 Russell Rovers 1-14  
Courcey Rovers 0-19 Ballinhassig 1-22, Lisgoold v Bandon

Rd 2: Blarney v Ballinhassig, Inniscarra v Fermoy, Éire Óg v Lisgoold

##### Div 4: Aghabullogue, Cloughduv

Cloughduv 0-16 Aghabullogue 3-26  
Blackrock v Kilworth, Ballyhea 1-14 Kildorrery 1-10, Mallow 0-19 Bishopstown 1-19, St Catherine's 1-14 Watergrasshill 1-17  
Rd 2: Kilworth v Cloughduv, Aghabullogue v Kildorrery

##### Div 5:

Glen Rovers 1-14 Cloyne 3-22, Kilbrittain 2-18  
Middleton 0-19, Milford v Ballygarvan, Tracton 0-14  
Castlemartyr 1-10, Youghal v Dungourney

#### Div 6:

Ballygiblin 1-14 Erin's Own 0-8, Sarsfields 1-17 Killavullen 3-17, Aghada 4-19 Diarmuid O'Mathúna's 3-14, Ballinascarthy 0-15 Argideen Rangers 1-12, Kinsale 2-21 Mayfield 1-16

#### Div 7: Ballinora

Douglas v Ballinora, Sat March 7th 3pm:  
Killeagh 0-14 Barryroe 1-25, Passage West 2-12 Na Piarasigh 0-18, St Finbarrs v Carraig na bhFear, Kilshannig 1-22 Meelin 1-13  
Rd 2: Meelin v Ballinora

#### 2026 Cork Championship Programme

The 2026 County Championship will begin with: McCarthy Insurance Group Football Championship – Round 1: July 24th – 26th  
Co-Op Superstores Hurling Championship – Round 1: July 31st – 2nd August

Playing sequence: 1v2, 3v4: 1v4, 3v2: 1v3, 2v4.

#### Cork County Championship - Grades and Groups 2026

##### Hurling:

###### Premier Senior

**Group 1:** 1 Blackrock, 2 Glen Rovers, 3 Kanturk, 4 Fr O'Neill's.

**Group 2:** Sarsfields, Charleville, Douglas, Newtownshandrum.

**Group 3:** Middleton, St Finbarr's, Bride Rovers, Newcestown.

###### Senior A Hurling:

**Group 1:** Blarney, Castlelyons, Watergrasshill, Ballyhea.

**Group 2:** Na Piarasigh, Erin's Own, Killeagh, Fermoy.

**Group 3:** Carraigtwohill, Inniscarra, Ballinhassig, Courcey Rovers.

###### Premier Intermediate Hurling:

**Group 1:** Bishopstown, Ballincollig, Éire Óg, Aghabullogue.

**Group 2:** Dungourney, Cloyne, Castlemartyr, Lisgoold.

**Group 3:** Carrigaline, Valley Rovers, Kilworth, Ballymartle

###### Intermediate A Hurling:

**Group 1:** Aghada, Bandon, Kilbrittain, Russell Rovers.

**Group 2:** Middleton, Mallow, Kildorrery, Blackrock.

**Group 3:** Erin's Own, Sarsfields, Youghal, Ballygiblin.

###### Premier Junior Hurling:

**Group 1:** Ballygarvan, Glen Rovers, Kilshannig, Nemo Rangers.

**Group 2:** Cloughduv, St Catherine's, Milford, Tracton.

**Group 3:** Mayfield, Argideen Rangers, Barryroe, St Finbarr's.



U23s European Eight Ball Champions, Left to right: Daragh Breen (Kanturk), Pierce Lynch (Coachford), Sean Walsh (Cork city)



Kilbarry NS Girls 5-a-side Soccer team who took part in the FAI Primary 5s Competition in Drinagh recently.



Dripsey School Boys soccer

### Football:

Playing sequence: 1v2, 3v4: 1v4, 3v2: 1v3, 2v4

#### Premier Senior Football

**Group 1:** 1 St Finbarr's, 2 Carrigaline, 3 Mallow, 4 Douglas.

**Group 2:** Newcestown, Nemo Rangers, St Michael's, Valley Rovers.

**Group 3:** Castlehaven, Ballincollig, Knocknagree, Clonakilty.

#### Senior A Football

**Group 1:** Béal Átha'n Ghaorthaidh, Kanturk, Dohenys, Aghabullogue.

**Group 2:** Cill na Marta, Carbery Rangers, O'Donovan Rossa, Newmarket.

**Group 3:** Bishopstown, Éire Óg, Clyda Rovers, Kilshannig.

#### Premier Intermediate Football:

**Group 1:** Glanmire, Uibh Laoire, Bantry Blues, Rockchapel.

**Group 2:** Kiskeam, Aghada, Macroom, Castletownbere.

**Group 3:** Naomh Abán, Fermoy, Nemo Rangers, Ballinora.

#### Intermediate A Football:

**Group 1:** Ilen Rovers, Kilmurry, Buttevant, Glanworth.

**Group 2:** Gabriel Rangers, Mitchelstown, St Finbarr's, Dromtariffe.

**Group 3:** Bandon, Adrigole, Boherbue, Kildorrery.

#### Premier Junior Football:

**Group 1:** Cullen, St Vincent's, Millstreet, Kinsale.

**Group 2:** Inniscarra, Cobh, Glenville, Urhan.

**Group 3:** Canovee, St Nick's, Na Piarasigh, Kilmacabea.

#### Upcoming fixtures:

Sat, March 21st @5pm U17 H Challenge Cork v TBC in SuperValu Páirc Uí Chaoimh

Sat, March 21st @7pm NHL R7 Cork v Offaly in SuperValu Páirc Uí Chaoimh

Sun, March 22nd @1.15pm NFL R7 Cork v Tyrone in O'Neills Healy Park Omagh

Sun, March 22nd Club H League R2 Red FM Hurling League R2

Wed, March 25th Munster U20 H R1 Cork v Tipperary in Tipperary Venue TBC

March 28th - 29th NFL Finals National Football League Finals

Sun, March 29th Club F League R3 McCarthy Insurance Group Football League R3

Wed, April 1st Munster U20 H R2 Cork v Limerick in Cork Venue TBC

April 4th - 5th NHL Finals National Hurling League Finals Sun,

April 5th Club H League R3 Red FM Hurling League R3 Tues,

April 7th @8pm Tues, April 7th Div/Col F (Unseeded)

#### R1 Divisions

Thurs, April 9th Munster U20 F R1 Cork v Round Robin 1st in Away Venue TBC

Fri, April 10th Munster U17 H R1 Cork v Waterford in Waterford Venue TBC

Sun, April 11th Munster SFC QF Cork v Limerick in Venue TBC

Sun, April 12th Club F League R4 McCarthy Insurance Group Football League R4

Tues, April 14th Divisions / Colleges Premier Senior Football Cship Unseeded Round 2

Wed, April 15th Munster U20 H R3 Cork v Waterford in Waterford Venue TBC

Thurs, April 16th Munster U20 F R2 Cork v Kerry in Cork Venue TBC

Fri, April 17th Munster U17 H R2 Cork v Tipperary in Tipperary Venue TBC

April 18th - 19th Munster SHC R1 Cork v Tipperary in FBD Semple Stadium

Sun, April 19th Club H League R4 Red FM Hurling League R4

Tues, April 21st Div/Col F (Unseeded) R3 Divisions / Colleges Premier Senior Football Cship Unseeded Round 3

April 24th - 26th Confined JBFC R1 Confined Junior B Football Competition Round 1

April 24th - 26th Confined JCFC R1 Confined Junior C Football Competition Round 1

Thurs, April 23rd Munster U20 F R3 Cork v Round Robin 1st in Cork Venue TBC

Sat, April 25th Munster SFC SF Cork / Limerick v Tipperary / Waterford

April 25th - 26th Munster SHC R2 Cork v Limerick in SuperValu Páirc Uí Chaoimh

Sun, April 26th Club F League R5 McCarthy Insurance Group Football League R5

Mon, April 27th Munster U17 F R1 Cork v Round Robin 1st / 2nd in Away Venue

Wed, April 29th Munster U20 H R4 Cork v Clare in Cork Venue TBC

Thurs, April 30th Munster U20 F Final Munster Under 20 Football Final

Fri, May 1st Munster U17 H R3 Cork v Clare in Cork Venue TBC

May 1st - 3rd Confined JBHC R1 Confined Junior B Hurling Competition Round 1

#### Muskerry GAA – Championship Draws 2026

#### MJK OILS Junior A Hurling Championship

Two groups, one of six teams, one of five, top two teams from each group to qualify for semi final stage

##### Group 1

A Inniscarra

B Grenagh

C Ballinora

D Iveleary

E Kilmichael

F Aghabullogue

##### Sequence

Round 1: A v B/C v D/E v F

Round 2: A v D/B v F/C v E

Round 3: A v C/E v B/D v F

Round 4: A v E/F v C/D v B

Round 5: A v F/D v E/B v C

#### Group 2

A Ballincollig

B Donoughmore

C Dripsey

D Éire Óg

E Blarney

Round 1: A v B/ C v D / E a bye

Round 2: A v D/ C v E/ B a bye

Round 3: A v C/ E v B/ D a bye

Round 4: A v E/ D v B/ C a bye

Round 5: B v C/ D v E/ A a bye

#### Ross Oil Junior A Football Championship

Three groups of four teams – two teams to qualify from each group

##### Group 1

A Aghinagh

B Donoughmore

C Ballinora

D Kilmurry

##### Group 2

A Ballincollig

B Grenagh

C Dripsey

D Clondrohid

##### Group 3

A Éire Óg

B Béal Átha'n Ghaorthaidh

C Kilmichael

D Naomh Abán

Sequence: Rd 1; A v B and C v D Rd 2: A v C and B v D: Rd 3: A v D and B v C

#### Talbot Hotel Cork Junior B Hurling Championship

Three groups, 2 to qualify from each group

Group 1: A Cloughduv, A Grenagh, C Gleann na Laoi, D Éire Óg (A v B, Av C, A v D)

Group 2: A Ballinora B Laochra Óg C Donoughmore (A v B, A v C, B v C)

Group 3: A Inniscarra B Ballincollig C Blarney (a v B, A v C, B v C)

#### Ballincollig Credit Union Junior B Football Championship

14 teams, four groups – 2 of 4 and 2 of 3

Group 1: A Macroom, B Inniscarra, C Canovee, D Cill na Martra (A v B, A v C, Av D)

Group 2: A Grenagh, B Aghabullogue, C Blarney, D Éire Óg (A v B, A v C, Av D)

Group 3: A Donoughmore, B Gleann na Laoi, C Kilmichael (A v B, A v C, B v C)

Group 4: A Aghinagh, B Iveleary, C Ballincollig (A v B, A v C, B v C)

#### Rochestown Park Hotel Junior C Football Championship

15 teams, 7 first round games

Clondrohid v Béal Átha'n Ghaorthaidh: Kilmichael v Macroom: Donoughmore v Éire Óg: Canovee v Aghabullogue: Ballincollig v Inniscarra: Naomh Abán

v Kilmurry: Cill na Martra v Aghinagh: Ballinoras a bye.

### Macroom Motors Muskerry U21 Football Championship

'A' Championship 4 teams:

Semi finals: Donoughmore v Éire Óg: Naomh Aban v Ballincollig

### B Championship – 10 teams

Preliminary Rounds: A Inniscarera v Kiklmichael: B Blarney v Ballinora

Quarter Finals: A v B: Kilmurry v Grenagh: Ballincollig v Macroom: Canovee v Aghabullogue

### C Championship – 8 teams

Quarter Finals: Béal Átha'n Ghaorthaidh v Lee Gaels; Macroom v Donoughmore; Clondrohid v Iveleary; Aghinagh v Cill na Martra

### Cumnor Junior Hurling League Div 1

Kilmichael 0-16 Blarney 2-10

Dripsey 0-14 Aghabullogue 2-17

Grenagh 2-8 Éire Óg 0-5

Inniscarra 0-9 Donoughmore 1-13

### EPH Junior Football League Div 1

Grenagh 1-16 Éire Óg 0-6

Kilmichael 3-12 Aghabullogue 1-9

Ballincollig 5-19 Canovee 0-6

Éire Óg 1-11 Kilmichael 1-8

Canovee 1-7 Grenagh 4-22

Ballincollig 2-14 Béal Átha'n Ghaorthaidh 1-9

Clondrohid 1-14 Aghabullogue 0-9

League table: Grenagh 4, Ballincollig 4, Éire Óg, Kilmichael, Clondrohid 2 each, Béal Átha'n

Ghaorthaidh 0, Aghabullogue 0, Canovee 0

### Muskerry Senior Teams

#### Senior Football Championship

Muskerry Footballers will play the winners of Seandún, Avon dhu, MTU, Imokilly and Beara unseeded section in the semi final of the Colleges/Divisions section of the Senior Football Championship. Duhallow will play Carbery in the other semi final.

In Hurling, Muskerry play Duhallow in the unseeded section semi final, Avondhu play Seandún with Carbery to play the winners in second semi final: semi final winners play off. Seeded teams UCC and Imokilly play each other and in the Divisions/Colleges section final the winners here will play the winners of the unseeded section play off.

## LAOCHRA ÓG

21st February 2026

Laochra Og U9/U10 Camogie team travelled to MTU, Bishopstown today to see Cork senior Camogie team play Antrim. The result unfortunately didn't go the way of Cork. Girls got to meet some of the Cork team and had an enjoyable day.

Parents out there we are constantly recruiting children and adults not just this age group but all age groups hurling and Camogie teams putting hurleys in hands in mid Cork. To join contact club messenger.

3rd March 2026

Well done to Colaiste Ghobnatan Junior Camogie team winning the Mary O Driscoll Shield at Castle Road against Davis College from Mallow. A second Camogie title for the school since 2020. Congratulations girls and management brilliant performance.

15th March 2026

First win of the year for the minor hurlers against Newmarket in Ballymacorcoran. Very windy and wet conditions for most of the game but the lads dug it

out 2-7 to 1-2. Plenty of 15/16 year old players making an impact at u18 level which is brilliant to see, a credit to all the coaches they've had in the past few years. Laochra Abú Thanks to team sponsors Deasys Pharmacy Group Cork

Date for the diary

Laochra Óg Tractor Run in aid of Clondrohid Playground will take place on Sunday 29th March in Ballymacorcoran. Registration at 2p.m. Run starts at 3p.m.



Kilbarney NS Boys 5-a-side Soccer team who took part in the FAI Primary 5s Competition in Drinagh recently.



Underage presentation night held in the Mills Inn, Baile Bhúirne. Eoin Kelly a fuair imreoir óg na bliana, 2025. Pic le Nóra Uí Luasa.



CLONDROHID U 16'S WHO DEFEATED IVELEARY ON SUNDAY MAR 8

## TRIP TO LONDON AND OTHER SPORTS

By PO'C

Having made several trips to London over the past fifty years it was time once again to pay another visit and meet with lots of friends and relatives. Back in the 1970's the most economical way to make the trip was by Slattery's Travel Group Tralee with the bus collecting us at The Mons at 5pm and boarding the Ferry at the Cork Docks at Tivoli.

This took us to Fishguard, re-boarding our bus and onwards through Wales to London and Liverpool Street arriving at 9am the following morning. The return fare for all of this was forty pounds which was excellent value at the time. I recall also that the Duty Free Alcohol available on board was very attractive.

My first flight from Cork to London was in the late 1970's courtesy of Irish International Trading Company Cork while I was employed by our local Clondrohid Creamery, to attend an Agricultural Fair and Trade Show. It was an evening flight and after fifteen minutes in the air the plane developed a mechanical fault and had to return to the Airport. While some elderly folk were upset at this setback we, in our youthful exuberance, embraced an extra night at a nearby hotel courtesy of Aer Lingus. The following morning we had a very enjoyable flight.

So much for the history lesson, now it was a 7.45am Wednesday morning flight to Stansted and then boarding the National Express to Golder's Green. At the outset, we got a strict lecture from our coach driver, who I venture to suggest was not a native, stressing that our phones be on silent, our seatbelts fastened, to take our rubbish with us and no movement around the bus. However, fifteen minutes on the M11 Motorway we had to halt our journey as a side-wing on the bus opened and he did not have the necessary key to reseal it. Luckily the next bus on the route arrived after thirty minutes and its driver had the necessary equipment. From there we had no further mishaps, got no further lectures, and arrived safely at Golder's Green.

There I duly met a very pleasant Ballygarvan native who suggested a quick trip to Hendon Cemetery to pay our respects to the late Fr John Buckley, our long time friend. It was indeed humbling to stand at the graveside of this great man who had been my host on many occasions but then time and tides wait for no man. Arriving back at Golder's Green the 245 Red Bus took me to Cricklewood where I embarked on my usual ninety minute walk. Leaving Cricklewood Lane I journeyed on by Farm Avenue passing the magnificent UCS Senior School at Fragnal Hampstead. Nearby was the ancient St John's Graveyard which reminded me of that poem "Elegy written in a Country Churchyard" composed by the poet Thomas Gray in 1750. This I had studied with Brendan O'Brien, Curry Murphy, Liam Nash, Con Dunne and many more classmates with our teacher Mr Ruddle at De La Salle College Macroom in 1962.

*"The curfew tolls the knell of parting day  
The lowing herd wind slowly o'er the lea*

*The ploughman homewards plods his weary way  
And leaves the world to darkness and to me"*

After that it's on to Fortune Green and West Hampstead and its train station with its over-ground and tube services. The area is a walker's paradise with the many coffee shops and pubs offering lots of sustenance. We then take a right on to Quex Road passing the magnificent Sacred Heart Church of Kilburn fondly frequented by many Irish mass-goers over the decades. Soon we take another right on to Kilburn High Road and reach the building which was once the home of the National Ballroom where we often enjoyed the music and danced to Margo and the Keynotes in the early 1980's. We also recall the then reverence to the singing of the Amhran na Bhfiann which was on par with great nights at home in The Montrose, The Lilac Enniskean and The Star Ballroom Millstreet.

The slope of Shoot Up Hill provides its own challenge but we soon reached Cricklewood Broadway and are back to meet some friends for refreshments at

The Beaten Docket bar and restaurant. Nearby is Cricklewood Lane with its Lucky 7, famous Irish pub, where, in the past, Con O'Riordan and myself enjoyed beautiful pints of Guinness as Con entertained the patriots with his stories and songs. From there we again board the 245 Red Bus service to Golder's Green and The National Express takes us safely back to Stansted Airport from where our friendly relatives takes us to their home in Bishops Stortford.

On Thursday we enjoyed a production of Little Red Riding Hood in the local theatre and had a relaxing day. Rising early on Friday morning it's a brisk twenty minute walk to the local St Josephs of the English Martyrs Church for Mass and the Stations of the Cross. For the afternoon we explored the town of Bishops Stortford with its shopping Mall, pubs and magnificent library before retiring early for the evening.

Saturday is sports day and a big occasion for the local ladies hockey team who have an away game to Potters Bar. With the away team having the benefit of the referee it's going to be a difficult assignment. Potters Bar score early against the run of play and hold the lead until half time. A brilliant "assist" from our Irish midfielder set up the equalizer early in the second half and she added a well struck penalty to give Bishop's Stortford the lead (the camogie training with Con Malone comes in very handy when adjusting to hockey!!!) A brilliant third goal looks to seal the game but the referee helped Potters Bar to get a goal back with five minutes remaining. This five minutes dragged on to nine but Bishops Stortford hold out for a great victory. While we celebrate a great performance there is no time to waste and the flight from Stansted back to Cork beckons and there is the business of Cork versus Meath in an important League game at Pairc Ui Rinn on Sunday. It's been a great few days - Go mBeirimid Beo Ag An Am Seo Aris.



Shoot Up Hill..famous London landmark.



Quex Road..famous London landmark



The entrance to the former National Ballroom Kilburn.

**Welcome to Fortune Green**  
OPEN SPACE

**Early history**  
The first recorded mention of Fortune Green was in 1546, and it was first shown on a map over 250 years ago in 1746, lying to the north of the village of West End. Originally four acres (about twice its current size), Fortune Green was a triangular patch of manorial 'waste' where local residents had the right to graze animals, dig turf and play sports.

**Fortune Green under threat**  
In 1891 the Green was put up for sale for development. But local residents formed the Fortune Green Preservation Society to prevent it being sold, and to maintain the residents' rights of recreation.

Challenging the validity of the sale in court, the Friends provided evidence that the Green had been in regular recreational use: Fortune Green cricket club played 'married vs singles' matches; boxing, rounders and trapball were also popular. Despite this, to the horror of local residents, a judge allowed the sale to proceed. Undaunted, the Fortune Green Acquisition Society was set up and managed to persuade the Vestry (Council) and London County Council to pay the bulk of the cost of acquiring the Green, together with smaller contributions from Henry Harben (a local benefactor), the Worshipful Companies of Skinners and Goldsmiths and local residents.

**Fortune Green saved**  
By December 1896 they had raised the asking price of £7,000. Fortune Green was saved. It took several more months to tie up legal details, but in January and February 1895, at a cost of £555, paths were laid out and the Green was properly turfed.

**The last 100 years**  
In 1921 a number of captured German guns were put on display on the Green, but these were removed and melted down in WW2. In WW2 a communal air-raid shelter was built beneath the Northwest Quadrant of the Green. In 1971 ownership of the Green was transferred to the London Borough of Camden. Since the mid-70s the Jester Festival, an important event in the Fortune Green calendar, has taken place at the beginning of July. In 1978 the Council built the play centre, and at the same time renovated the Green. By 2007 it was clear that another renovation was needed so, in the spirit of 115 years earlier, local residents got together to form the Friends of Fortune Green.

The information poster on Fortune Green.



For Sports images and articles:

Email us: [levalleyoutlook@macroom.ie](mailto:levalleyoutlook@macroom.ie)

# Next edition: 2nd April 2026



Expand your horizons by Advertising in the  
**LEE VALLEY OUTLOOK**  
 and watch a new day dawn for your business.

**REDUCED ADVERTISING PRICES CONTINUE**  
**25% OFF STANDARD RATES**

<b>Full Page:</b>	<del>€295</del>	<b>€220</b>
<b>Half Page:</b>	<del>€195</del>	<b>€140</b>
<b>Quarter Page:</b>	<del>€95</del>	<b>€70</b>
<b>Eight Page:</b>	<del>€60</del>	<b>€40</b>

*Terms & Conditions apply. Prices quoted are plus vat.*

To avail of this offer contact

**Des on: 087-3600223**

**E: des@outlookmags.com**



**Pick up your LEE VALLEY OUTLOOK every fortnight by dropping into your main local distribution hub in the following areas :**

- |                |                   |                  |                 |
|----------------|-------------------|------------------|-----------------|
| : Ballyvourney | : Inchigeela      | : Macroom        | : Aherla        |
| : Carriganima  | : Cloughduv       | : Cill Na Martra | : Carrigadrohid |
| : Kilmichael   | : Reidh na nDoiri | : Donoughmore    | : Ballingearry  |
| : Cuil Aodha   | : Canovee         | : Crookstown.    | : Kilmurry      |
| : Aghinagh     | : Aghabullogue    | : Coachford.     | : Dripsey       |
| : Rylane       | : Farran          | : Lissarda etc   |                 |

**NOW ALSO AVAILABLE TO READ FREE ON LINE FROM ANYWHERE IN THE WORLD ON WWW.OUTLOOKMAGS.COM**

*Our team are here to help ...*

OUR LEE VALLEY OUTLOOK TEAM: Des: 087 3600223 | E: des@outlookmags.com

Design (Martha): leevalley@outlookmags.com | 087 1210959

Accounts Deirdre: 1800 71 40 40 | E: accounts@outlookmags.com

OUR EDITORIAL TEAM: Tel: 026 42023 | E: leevalleyoutlook@macroom.ie

Editor: Grainne Dunlea; 086 8542414 | E: leevalleyoutlook@macroom.ie



# CLASSIFIEDS

- BUSINESS ONLY -

**COST: Up to 20 words €7**

\*\*\*\* No More than 20 words \*\*\*\*

- STRICTLY PRIVATE -

**COST: Up to 20 words €7**

\*\*\*\* No More than 20 words \*\*\*\*

**Drop off for Macroom: Donal Mulcahy, Mulcahy Auctioneers Main St., Macroom.**

**For classifieds please email to [des@outlookmags.com](mailto:des@outlookmags.com)**

**or post to Outlook Magazines, Castleisland, Co. Kerry.**

**ADVERTS WILL NOT BE INCLUDED UNTIL PAID FOR IN FULL**

OG 2025

**TUS GEAL ELECTRICAL: FOR ALL YOUR ELECTRICAL WORK: DOMESTIC, AGRI, COMMERCIAL & INDUSTRIAL**

Contact Tomas: **087-4103364 / 026 44142**

ED06 2026

**FOR SALE: BRITISH QUEEN and KERR PINK SEED POTATOES**

- also GOLDEN WONDER and KERR PINK EATING POTATOES

Contact: **087 - 9582727**

ED08 2025

**AVAILABLE FOR HIRE:**

**MAN WITH LOG SPLITTER:** FOR THE SPLITTING AND CUTTING OF TIMBER: FULLY INSURED

Contact: **087 - 793 6759**

ED06 2026

**FOR SALE - ONE WEEK ONLY OFFER:**

ONE TONNE BAGS OF FIREWOOD : ONLY

€65 DELIVERED OR €60 WITH THE BAG

EMPTIED OUT

Contact: **089 - 4805403 or 087 -2687126**



ED09 2026

**FOR SALE: 4 acres €39,500.**

Good potential for 2 sites, midway between Ballymakeera, Coolea and Renaniree. Fantastic views, Private, Quiet.

Text: **+1250 485 3989**

ED06 2025

**FOR SALE:**

**TOYOTA AVENTIS DIESEL 2.0LT - Red in colour. Nct'd with new tyres - Reg No : 131D11414- In Good Condition: €3,000**

Contact Peter: **086- 2539069**

ED06 2025

**AVAILABLE:**

**Property Maintenance** - Tree Surgery, Landscaping, digger projects, Power washing, hedge cutting, planting gardening, hoists etc. Courteous Service - Reasonable rates.

Contact Peter: **087 - 6348690**

ED09 2026

**AVAILABLE:**

**WELDING SERVICES** ALL REPAIRS CATERED FOR AND NEW MAKES GATES, RAILINGS, STABLES, DOORS ETC. IN MACROOM AREA

Call: **087 - 002 5441**

ED12 2026

**AVAILABLE: INTERIOR PAINTING and REPAIRS**

Contact John Coughlan on: **087 - 7767553**

ED06 2026

**FOR SALE: 2008 Nissan Quashqai 1.6 petrol in good condition : 285k Kms : NCT and tax expired just 7k Kms since last NCT. €1250.00**

Contact: **087 - 2373882**

ED06 2026

**FOR SALE - ONE WEEK ONLY OFFER:**

ONE TRAILER OF BEAUTIFUL FIREWOOD:

CUT: SPLIT AND READY TO BURN: ONLY

€130 DELIVERED

Contact: **089 - 4805403 or 087 -2687126**



ED06 2026

**WANTED: PIANO LESSONS - beginner adult male**

Contact: **087 - 9018123**

**ADVERTISE  
HERE**

FROM AS LITTLE AS €30+ VAT  
PER EDITION

CALL DES: **087 3600223**

**O'RIORDANS BAR  
COACHFORD**

**REQUIRE A  
FULL-TIME/PART-TIME  
COOK/CHEF**

Full training will be provided for suitable  
candidate

Please forward CV to  
[oriordansbarcoachford@outlook.com](mailto:oriordansbarcoachford@outlook.com)  
or hand directly into bar

## GERRY HALL OIL BOILER / BURNER SERVICES

All makes of **Boilers | Burners | Cookers | Stoves**  
Commissioned & Serviced

Vat Registered • Fully Insured

Tel: **087 2318657**

 **tús geal Electrical**  
ALL ELECTRICAL WORK

Call Tomas for a **FREE QUOTATION**

**087 4103364**

**026 44142**

E : [Tomas.healy@tgt.ie](mailto:Tomas.healy@tgt.ie)

Domestic, Agri, Commercial & Industrial

Now Available: Portable Appliance Testing ( P.A.T.)



Tus Geal Teo  
registered since 2009

## Dave Bland: Painting & Decorating

**Interior & Exterior including Paper Hanging**

Call Dave on **087 4119058**

Powerwashing Service Also Available




## BALLYVOURNEY PRECAST

H-post and Decorative Wall Panels, (single or double sided), Timber Style Ranch Post & Rail Fencing, Kerbs, Wall & Pillar Capping, Gate & Fencing Posts, Sills & Lintels

**Sean Roche 086 6765694**





## LISSARDAGH CLEANING SERVICES

- WINDOW CLEANING
- POWER WASHING
- GUTTER CLEANING
- OFFICE CLEANING
- BUILDERS CLEAN

If you would like a **FREE NO OBLIGATION QUOTATION**  
Contact Derek Murphy  
**T: 087 414 1595**  
or text your name and we'll contact you.

Lissardagh Cleaning Services | Coolduff | Lissarda | Co. Cork  
[info@lissardaghcleaning.com](mailto:info@lissardaghcleaning.com) | [www.lissardaghcleaning.com](http://www.lissardaghcleaning.com)

## Back to BLACK

Newmarket, Co Cork. Tel: 029 22765

Professional Cleaning company based in Newmarket, Co. Cork. We are a Specialist Contract Cleaning company that caters for the Commercial and Domestic market. We specialise in removing Moss, Stains from Tarmac, Brick Paving, Concrete, Power washing, Roof restoration. We restore the surface back to its original colour. No job too big or too small.

- Property Management
- Grounds Maintenance
- Cleaning of buildings (private & commercial)
- Rotary Cleaning / Powerwashing / Pedestrian Cleaning
- Roof Cleaning / Painting
- Brick Paving / Patios
- Tarmac Restoration / Repair / Sealing
- Covid 19 Disinfecting
- Algae Removal
- Traffic Management
- Hoist available for Work at Heights
- On-Site Contract Cleaning

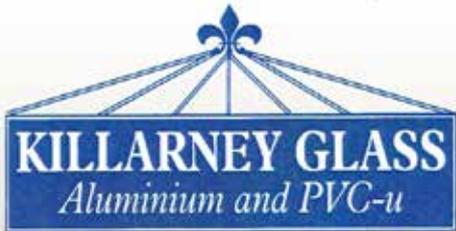
 DRAIN JETTING

 C.C.T.V. PIPE INSPECTIONS



Contact GER on 087 2860837 or land line 029 22765

[www.backtoblackmossremoval.com](http://www.backtoblackmossremoval.com)



**FULL REPLACEMENT OF ALL TYPES OF WINDOWS & DOORS**  
 Complete Service to Windows & Doors,  
 Hinges & Locks  
**Fogged Double Glazed Units & Patio Wheels**

- WINDOWS • DOORS & PATIOS
- SINGLE & DOUBLE GLAZED
- CONSERVATORIES CUSTOM BUILT
- MIRROR & GLASS DESIGN • PICTURE & MIRROR FRAMES
- REPAIRS & SERVICE TO ALL WINDOWS & DOORS

**MEASURED, SUPPLIED & FITTED!**

Unit 4, Woodlands, The Park, Killarney  
 T: 064 6633232 087 2579794 | E: info@killarneyglass.com  
 www.killarneyglass.com

**STEPHEN CORCORAN PLUMBING**

Call: 089 4010515  
 Carraigadrohid, Macroom Co Cork




**Specialising in bathrooms & general plumbing**  
 Taps showers all your domestic hot and cold water needs  
*Need a bathroom anywhere, We got you covered.*



**From level access disabled bathrooms to attic transformations**  
 And even those tricky under stairs spaces we bring expert plumbing to any corner of your home



*Make your dream bathroom happen...*  
 We bring the full team of trades plumbers, electrician, tiler, carpenter, and more all under one roof Ready to tackle any bathroom project start to finish.

TEL SMS WHATSAPP CALL  
 089 4010515  
 scorcoran1986@gmail.com  
 Servicing Cork City to Ballyvourney

*One call, one team, one dreamfull bathroom*



**PATRICK MOYNIHAN CHIMNEY CLEANING**

Open Fires and Stoves | Power Sweep and Vacuum  
**NO SOOT - NO MESS**  
*"Trust the Experts"*  
 Call: 087 9911017 E: info@chimneycleaningcork.ie  
 info@asnewcleaningcork.ie



**All Aspects of Painting and Decorating**

- Spray Painting • Wall Paper Hanging • Pressure Washing
- Rectifying Paint and Render Issues
- Fully Insured
- Fully Compliant with Health & Safety

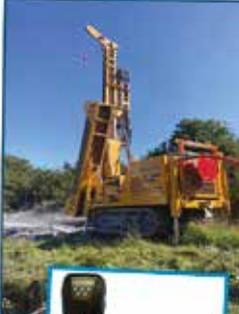
**Paddy Doherty M: 086 1939306**  
 info@dohertydecorating.ie | www.dohertydecorating.ie  
 Kilbarry, Macroom.



**MID CORK PUMPS LTD WATER SERVICES**

**Macroom, Co Cork**

**WELL DRILLING, micro drilling machine for tight spaces**  
 All types WATER PUMPS supplied, fitted and repaired  
 Complete range of WATER FILTERS, iron, manganese, hardness, bacteria  
**Water Testing**  
 Avail of grants up to €5000.00 for well and pump,  
 €1000.00 grant for filters  
 Council grant forms and free quotations  
 Full range of pipe fittings and 12bar piping




**CONTACT: 087-2579752**  
 Email. midcorkpumpservices@gmail.com

*Just a thought .....*

Ath. Seán Mac Cárthaigh,  
Baile Bhuirne / Cúil Aodha

*Where I'm at*

*Waking - feeling pointless and fatigued  
Wondering if anyone still cares  
Mornings so hard and duty-bound  
What's facing me down all those stairs?*

*An anti-climax after the weekend  
With more demands still made of me  
Help is so hard to come by  
Even in just getting my tea!*

*I grab the welcome hot cuppa  
At least it quenches my thirst  
But as I look at the chaos around me  
I have no clue as to what to do first*

*Everyone is rushing around  
It looks like they know what they're doing  
I'm flapping in circles and flailing  
Not sure if I'm coming or going*

*I feel alone and unsupported  
Life's endlessly hard, so it seems  
Routine that's boring and joyless  
Phone-scrolling for silly life-memes*

*I don't know how it came to this point  
It's drudgery and painful each day  
I'll come home tonight drained and sad  
There has to be a much better way*

*With family and friends miles apart  
Life seems such a long solo run  
I smile through the day to be sure  
It's just - I'm not feeling much fun*

*I must go back to days gone by  
To recall when I was happy and free  
Life had purpose and meaning back then  
What the heck has happened to me?*

*It's clear I've put on a few pounds  
Sleep and rest I yearn for so much  
The house mess is piling around  
Yet I still manage to binge on the couch*

*The bedroom, the car or the kitchen  
Where to start? - That's all I just ask  
With bags, boxes and bins all around  
Each seeming-insurmountable task*

*The smells get to me, I admit  
The fridge, bins and toilet - the pits!  
I'll make the bed as a good start  
To save me from this falling-apart*

*The books and papers are next  
I'll scroll or answer the texts  
One room at a time I take on  
The phone will stay off like I'm gone*

*Slowly there's progress I make  
A short break for tea I will take  
The clutter is clearing a bit  
But it's bad for me too long to sit*

*I'll get up again and try more  
Inwardly keeping a score  
A little light through fog I do see  
I just hope for a much better 'me'*

*Starting at home is the best I can do  
To tidy and clear and make do  
It's not perfect and maybe won't be  
But my mood lifts, I'm happy to see*

*I just wish I could be consistent  
It's just that I'm not so persistent  
I give in to sadness and fear  
To grief, loneliness and despair*

*The cycle goes over and over  
I've bad days and those that get better  
I must do my best to break free  
And work on my inner re-setter*

*Life's not all such misery and badness  
There will yet be more joy and some sadness  
Always those yuck days that are oh-so hard  
Give yourself a break, and start where you are!*

*God bless. Fr Seán*

Email: parisho7191@gmail.com |  
Phone: 085 878 3823



Welcome to  
*'A Night of Worship'*  
With Acclaimed Christian Music Artist  
& Worship Leader  
**Jean Watson**

At Word of Victory Christian Fellowship & Bible School  
Tiernabouli, Killarney V93 V6X4  
On Thursday 26th March 2026 at 7.30pm

Jean is a Classically-trained Singer, plays Violin with the Kalamazoo Symphony Orchestra, and is a sought after speaker and author. She hosts a daily radio programme on UCB Ireland. For more info visit her website [jeanwatson.com](http://jeanwatson.com), or visit our Facebook page:  
**Word of Victory Christian Fellowship Killarney** for links.



*Sure to be a great night!  
All Welcome.*



COME AND JOIN  
THE ALZHEIMER SOCIETY OF IRELAND'S  
DEMENTIA DAY CLUB AT  
COMHLACHT TITHE SÓISIALTA AGUS FORBAIRT  
AN TSULÁIN TEORANTA  
IONAD LAE, BAILE MHÚIRNE,  
MAIGH CHROMTHA, CO CHORCAÍ  
EIRCODE: P12 WK02  
EVERY TUESDAY FROM 10AM-3PM

• A wide range of enjoyable activities will take place including Bingo, Music, Art Therapy, Arts and Crafts and Light Exercises.



For more information, please contact:  
Bessboro Day Care Centre, Blackrock, Co. Cork  
Tel: 021 497 2504  
Email: [bessborodaycarecentre@alzheimer.ie](mailto:bessborodaycarecentre@alzheimer.ie)



**Alcoholics Anonymous**  
West Cork  
Area Helpline  
**087 611 4946**



## A Word of Victory

*"I pray that God, the Source of Hope will fill you completely with joy and peace because you trust in Him. Then you will overflow with confident Hope through the power of the Holy Spirit" (Romans 15:13)*

Welcome back dear student, firstly, next Thursday night I invite you to come fellowship with us at Word of Victory. If you've never been to a Bible-based worship night before you are most welcome to join us as our guest Jean Watson ministers in worship music, and prayer. Jean is an accomplished violinist and also anointed in ministering the power of God through His Word. Her personal testimony of God's deliverance, healing and grace in her life is a miracle of hope. A night not to be missed.

We all need Hope. In times of trouble and pain, everything can feel dark and hopeless. This is the enemy's work for he is a thief who 'comes only to steal, kill, and to destroy' (John 10:10). Satan has destroyed many beautiful lives however Jesus made it clear that He came to bring Life. Everything boils down to a battle between darkness and Light, death and Life (Deuteronomy 30:15). We have a choice to make – sometimes it can be hard to see out of problems, but circumstances will change – just don't give up - press through! God is doing a new thing – maybe you have discerned this friend, there is a shift in the Spirit – people are waking up to their need for the Living God. And the earth is crying out for the sons of God to be revealed (Romans 8:18-23). We have witnessed much sin and wickedness in our world, and sometimes it appears to not even move people. Many consciences are seared from what they have been indulging in - thinking of these things as 'normal'. Also, the effects of abuse, tormenting fear, and unresolved pain, restricts wonderful people from receiving breakthrough. Lack of knowledge of the Word of God and understanding of God's Love brings a deep darkness (Isaiah 60:1-2). But God is shaking the world order - everything that can be shaken, so that only the unshakable things will remain as He promised (Hebrews 13:26-27). Things are not going to look the same going forward, no matter how desperately those who promote wickedness try to prevent it – God's Spirit is being poured out upon all flesh – young and old and it's a privilege to witness it. The table is set; the oil and wine of His Holy Spirit are flowing. Come, taste the goodness of God dear friend.

Believers in Jesus are called to arise and shine. He's not talking about beauty or earthly achievements – it's relationship with the Lord of all that brings a radiance – a glow and stability that is visible to all (Psalm 34:5-6). When Moses met with God, the evidence was that his face shone, and others asked him to cover himself. You know sometimes those in darkness hate light (John 3:16-21; 2 Corinthians 3:13-16). For Light exposes everything. The enemy operates in the power of the secret: hiding - fearing discovery. God knows everything though, nothing is hidden from Him. His Love for each one of us is unrelenting; His compassion for us is unending, and in learning to know Him, leaning upon Him by listening to, and studying His Word, His strength pulls us through the difficult times, and joy comes that cannot be taken. Hope in God is an anchor, keeping our souls, minds, and emotions steady in every season (Isaiah 26:3; Hebrews 6:19). "Weeping may endure for a time, but joy comes in the morning" (Psalm 30:5). "These three remain forever - Faith, Hope, and Love, and the greatest of these, is Love (1 Corinthians 13:13). There is always Hope friend.

**Upcoming diary date: Jean Watson ministers at WOV on 26th March!**

**Bible Study and Prayer every Sunday @ 11am and Thursday @ 7.30pm at Word of Victory Christian Fellowship Killarney V93V6X4**

**f** Word of Victory Christian Fellowship Killarney  
**t** @WOVKillarney  
**s** Text for Prayer: 087 639 6744  
[wordofvictory.ie](http://wordofvictory.ie)



Podcasts on Spotify: A WORD OF VICTORY

### 50TH ANNIVERSARY & 10TH ANNIVERSARY



In loving memory of

**JERRY BUCKLEY RENA BUCKLEY**

Who passed away on  
15th March 1976

Who passed away on  
8th December 2016

Glounaglough, Rylane

*Cherished memories of our dear parents.*

*I liontaobh Dé go gcastar sinn.*



Fondly missed and always remembered by your loving Family

### NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.

Never known to fail.

Must promise publication of prayer.

**COC**

### 3RD ANNIVERSARY



In loving memory of

**CON O'CALLAGHAN**

**Boston and Coolavokig  
Died 21st March 2023**

*Loving memories never die  
As years roll on and days pass by  
In our hearts a memory is kept  
Of one we loved And will never forget.*



Sadly missed by his sons Mark , Michael and their mother Margaret.

Mass Saturday 21st March  
Renaree Church @5pm

### THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. x

**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



In loving memory of  
**NOEL O'SULLIVAN**  
Macroom, Co. Cork  
Who died on 31st March, 2025

We lovingly remember Noel on his first anniversary. We would like to express our sincere gratitude to all who supported and sympathised with us on our sad loss. Thank you to all our families, relatives, neighbours and friends who called to our home to say their last goodbyes to Noel, we are so grateful for your support. A huge thank you to our wonderful neighbours who offered extra help and kindness during those difficult times. To those who travelled near and far to attend funeral services, to those who sent Mass cards, enrolments, letters and to those who posted tributes and condolences on RIP we are truly grateful. Thank you to the Staff and Management of Marymount and Bons Secours Hospital for their excellent care. Sincere thanks to Dr Ken Harte for his exceptional care for Noel during his illness. Thank you to Seamas and staff of Burke's late pharmacy for always being so helpful and obliging. Thanks to McCarthy's undertakers especially Johnathon, Michael and Breda for their kindness, sensitivity and professionalism. Thank you to Michael Bradley for the beautiful singing in the church and Frank and James Kelly for their wonderful send off in the graveyard. We would like to thank Monsignor O'Donnell, Cannon Donal Roberts for their support to the family and celebrating the funeral Mass. A special word of thanks to Larry, Jackie and the staff of Mai Fitzis for their hospitality and kindness. As it is impossible to thank everyone individually, please accept this acknowledgment as an expression of our deepest gratitude. The Holy Sacrifice of Mass has been offered for your intentions.



Sadly missed and fondly remembered by his loving wife, family and friends.

Noel's First Anniversary Mass will be held in St Coleman's Church at 10am on Tuesday 31st March, 2026. May he rest in peace.

**40TH ANNIVERSARY**



In loving memory of  
**CAL O'CALLAGHAN**  
Beahane, Macroom  
who died on the 13th of March 1986.

*We think about you always,  
We talk about you still,  
You have never been forgotten  
and you never will.  
We hold you close within our hearts  
and there you will remain,  
to walk and guide us through our lives  
until we meet again.*



Lovingly remembered by his family

**FIRST ANNIVERSARY**



Will never be forgotten  
**MAG EDMAN**  
Raleigh, Macroom  
Who died on 25th March 025

*In the garden  
where her spirit stays,  
Among blooming petals  
and sunlit rays,  
Her black hair danced,  
her eyes did gleam,  
A lifetime of love, a shared dream.  
Forty years, with laughter bright,  
Three children blessed  
by her guiding light.  
Her grace remains, In every tree,  
Her love, an eternal legacy.  
Thank you darling  
for giving us a fantastic life.*



Lars, Rian, Mark and Melissa

**FIRST ANNIVERSARY**



In loving memory of  
**NOEL O'SULLIVAN**  
Macroom  
Who died on the 31st March 2025

*We thought of you today,  
but that is nothing new,  
We thought about you yesterday  
and the days before that too.  
We think of you in silence,  
we often say your name  
Now all we have are memories  
and your picture in a frame.  
Your memory is a keepsake  
with which we'll never part  
God has you in his keeping,  
we have you in our hearts.*



Sadly missed and always remembered  
Brandon, Norma, Marissa, Lucia & Grace

**9TH ANNIVERSARY**



In loving memory of  
**ANN SPILLANE**  
Ballyourney,  
who died on the 24th of March 2017.

*Beloved Mam and Nana  
Deep in our hearts your memory is kept.  
To love to cherish and never forget.*



Dearly loved and sadly missed by her loving family and friends

**4TH ANNIVERSARY**



In loving memory of  
**CHRISTINE O'REGAN**  
Codrum, Macroom, Co. Cork  
and Donadea, Co. Kildare  
who died on the 25th March 2022

*Words and times  
We can no longer share  
But in my heart  
You are always there.*



Dearly loved and sadly missed by Tom.  
XXX

**4TH ANNIVERSARY**



In loving memory of  
**CHRISTINE O'REGAN**  
Codrum, Macroom, Co. Cork  
and Donadea, Co. Kildare  
who died on the 25th March 2022

*Somewhere beyond the sunset  
Where loved ones never die  
You sleep in a beautiful garden  
Beneath a golden sky.  
Though Heaven and earth divide us  
We are never far apart  
For you are always in our thoughts  
And forever in our hearts.*



Always remembered by Michael, Gobnait and Owen. XXX

Please email image and typed text to  
leevalley@outlookmags.com with a contact number  
or post to Outlook Magazines, Castleisland, Co. Kerry.  
Email is preferred to return a proof to avoid errors.

Call 087 1210959 or 087 3600223 | Freephone: 1800 71 40 40

Disclaimer: Published by Outlook Publications Ltd., Tralee Road, Castleisland. Tel: 066 7142179. The Copyright of the graphics, designs and listings is held by Outlook Publications Ltd. While every effort has been made to ensure the information published is correct, Outlook Publications Ltd cannot be held responsible for any errors, omissions or incorrect listing.

**4TH ANNIVERSARY**



In loving memory of

**EILEEN MURPHY**

**Derria, Inchigeela.  
Who sadly passed away on  
27th March 2022**

*A wife, a mother, a nana too,  
This is the legacy we have from you.  
You taught us love and how to fight,  
You gave us strength, you gave us might.  
A stronger person would be hard to find,  
And in your heart, you were always kind.  
You fought for us all in one way or another,  
Not just as a wife not just as a mother.  
For all of us you gave your best,  
Now the time has come for you to rest.  
So go in peace, you've earned your sleep,  
Your love in our hearts, we'll eternally keep.*



Fondly remembered and deeply missed by your adoring family Joe, Brian, John, Mary, Barry, son-in-law Sean and grandchildren Sophie, Conor and Rian.

The anniversary mass will be held on Sunday 22nd March at 11.30am in St Finbarrs Church, Inchigeela.

**9TH ANNIVERSARY**



In loving memory of

**OLIVER SOMERS**

**Dromatimore, Aghabullogue, Co. Cork Who died on 21st March 2017  
Aged 67 years**

*We hold you close within our hearts  
And there you shall remain.  
To walk with us throughout our lives  
Until we meet again.*



From his loving wife Eileen

**9TH ANNIVERSARY**



In loving memory of

**OLIVER SOMERS**

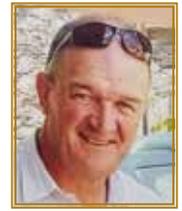
**Dromatimore, Aghabullogue, Co. Cork Who died on 21st March 2017  
Aged 67 years**

*We hold you close within our hearts  
And there you shall remain.  
To walk with us throughout our lives  
Until we meet again.*



From you son Edward

**BIRTHDAY REMEMBRANCE**



In loving memory of

**DIARMUID MCCARTHY**

**Shannadloon, Ballymakeera  
Remembering Diarmuid on his 70th  
birthday – 25-03-2026**

Sadly missed every day by his wife Breda, sons Jonathan, Diarmuid Óg (Joey), Jason, their wives Grace, Anna, Katherine and his 8 adored grandchildren, the extended McCarthy and Cullinane families.



Mass on Saturday 21st March at 6.00pm in St Gobnait's Church, Ballyvourney.

**19TH ANNIVERSARY**



In loving memory of

**CON MOYNIHAN**

**Coachford, Co. Cork,  
who died on 28th March 2007**

*Ar Dheis Dé go raibh a h-anam dheilis.*

*Will those who think of Con today,  
A little prayer to Jesus say.*



Always remembered by his loving family, Seamus & Mairéad

**9TH ANNIVERSARY**



In loving memory of

**OLIVER SOMERS**

**Dromatimore, Aghabullogue, Co. Cork Who died on 21st March 2017  
Aged 67 years**

*We hold you close within our hearts  
And there you shall remain.  
To walk with us throughout our lives  
Until we meet again.*



From your daughter Eileen, granddaughters Miriam & Sara.

**9TH ANNIVERSARY**



In loving memory of

**OLIVER SOMERS**

**Dromatimore, Aghabullogue, Co. Cork Who died on 21st March 2017  
Aged 67 years**

*We hold you close within our hearts  
And there you shall remain.  
To walk with us throughout our lives  
Until we meet again.*



From your daughter Noreen, son in law Liam grandchildren Olan, Kieran, Arran & Oliver.

**4TH ANNIVERSARY**



In loving memory of

**MAURA DINEEN**

**Aharas, Ballygeary  
Who died on March 26 th 2022.**



Always remembered by her husband Dan, Sons Seán, Micheal and daughter Noreen, Sisters Nora and Sheila, Daughters in law, her grandchildren, great grandchildren, relatives and friends.

Anniversary mass in Ballygeary Church on Sunday April 12 th at 10:00am.

**THE MIRACLE PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. x

**THE MIRACLE PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. x

**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



In loving memory of  
**PATRICK  
(PATJOE)  
LYNCH**

**Dripsey, Co. Cork**

**Who died on 20th March 2025**

As we lovingly remember PatJoe on his first anniversary, we his family wish to express our deepest thanks and appreciation to all those who sympathised with us on our sad loss.

We acknowledge with gratitude the very kind support shown by our neighbours, friends and relatives.

Thank you to those who attended the removal, funeral Mass and burial.

To all those who sent Mass cards, Enrolment certificates, floral tributes and for the many lovely messages of sympathy we received in person and online.

Sincere thank you to all at Carechoice, Macroom for their compassion, kindness and for the amazing care PatJoe received during his time there.

Our sincere thanks to Fr. McCarthy who celebrated the funeral mass, to Michael Bradley for singing at the mass, the organist and sacristan.

Thank you to Cyril Casey and his team for their kindness and professionalism.



Sadly missed and always remembered by his loving family

**3RD ANNIVERSARY**



In loving memory of

**FLOR  
O'DRISCOLL**

**Killberrihert/Lacknahackee**

**Who Died on the 22nd March 2023**

*You rest in the arms of angels  
In a place of peace and love  
Watching over us always  
From heaven up above.  
You guide me through my worries and pain  
And help me through each day  
Always by my side, You never went away.  
The bond cannot be broken  
made from love so pure  
Death does not break the bond  
It lives on forever more.  
You rest now in the arms of angels  
Free from suffering and pain  
Waiting for the day  
We are together once again.*



Fondly remembered and deeply missed by his loving family; his wife Caroline, Father-in-law Kevin, Mother-in-law Judy, Brother-in-laws and Sister-in-law and a large circle of family and friends xx

**3RD ANNIVERSARY**



In loving memory of

**FLOR  
O'DRISCOLL**

**Lacknahackee Macroom Co Cork.**

**Who Died on the 22nd March 2023**

*Today is full of memories  
of a Brother laid to rest  
and every single one of them  
is filled with happiness.  
For you were someone special  
always such a joy to know  
and there was so much pain  
when it was time to let you go.  
That's why this special message  
is sent to heaven above  
for the angels to take care of you  
And give you all my love.*



Always in our thoughts, loved and truly missed, Cathy, Alan, Harry, Jack and Ryan and Isla.

Anniversary Mass on in Ballinagree Church  
22nd of March 11am.

**4TH ANNIVERSARY**



In loving memory of

**TED O'BRIEN**

**Srelane, Ovens**

**Who died on 28th March 2022**

*Four years have passed  
but my heart still reaches for you  
Your life was a blessing  
Your memory a treasure  
You are loved beyond words and  
Missed beyond measure*



We miss you every day Dad loved and forever missed by Sammy, Stephen, Conor, Molly and Danny

**16TH ANNIVERSARY**



In loving memory of

**DENIS (DENNY)  
MOSS**

**Clonmacow, Crookstown, Co. Cork**

**Who died on the 12th of March 2010.**

*We hold you close within our hearts,  
and there you shall remain,  
To walk with us,  
throughout our lives,  
Until we meet again.*

Rest in Peace



Sadly, missed by his wife Hannah - Noreen, David, John, Denis, Gerard and their families.

**3RD ANNIVERSARY**



In loving memory of

**FLOR  
O'DRISCOLL**

**Lacknahackee, Macroom**

**Who Died on the 22nd March 2023**

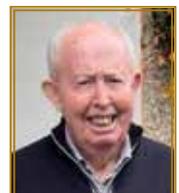
*We miss your kind smile  
And your gentle caring ways.  
The memories, the goodness  
and the love you left behind  
will live on forever.  
You are loved and thought of  
each and every day.*



Always remembered and Sadly missed by your mother Ann and late father Jeremiah. And all your loving family and friends.

Anniversary Mass on in Ballinagree Church 22nd of March 11am.

**4TH ANNIVERSARY**



In loving memory of

**TEDDY O'BRIEN**

**Srelane, Ovens**

**Who died on 28th March 2022**

**Dad**  
*Four years without you  
feels like a lifetime.  
Not a day goes by that  
I don't think about you.  
You are loved beyond words.  
Miss you everyday.*



Love and remembered.  
Lisa, Kevin, Shannon, Colleen & Charlie.

**Ed 06 TONY STONE** Hand crafted Headstones, Inscriptions, Restorations, custom Memorials. Traditional craftsmanship with a personal touch. Brochure available for new headstones.

Contact: 087 -3528439



**NOVENA TO THE SACRED HEART**



Dear Sacred Heart of Jesus in the past I have asked for many favours. This time I ask for a very special one. Take ii dear Jesus and place it within in your own broken heart where your Father sees ii. The in his merciful eyes It will become your favour and not mine. Amen. Say it for 3 days and promise publication. Awaiting request  
**MK**

**4TH ANNIVERSARY**



Treasured memories of  
**TED (TEDDY)  
O'BRIEN**  
Srelane, Ovens  
Who died on 28th March 2022

*A silent thought, a secret tear  
Always a wish that you were hear  
Life goes on, I know that's true  
But it's not the same since I lost you.*



Always remembered and sadly missed by  
your loving wife Anne

Teddy's Anniversary mass will be held on  
Sunday 29th March in the Church of John  
the Baptist, Ovens at 11.30am

**12TH ANNIVERSARY**



In loving memory of  
**JERRY  
VAUGHAN**  
Teerbeg, Macroom, Co. Cork.  
Who died on the 17th of March 2014.

*No matter how life changes  
No matter what we do  
A special place  
Within our hearts  
is always kept for you.*



Fondly remembered by  
Martina, John, Denis  
and Michael.

**16TH ANNIVERSARY**



In loving memory of  
**MAUREEN  
RING  
(NÉE LOONEY)**  
Rathonoane, Carrigadrohid  
who died on 28th March, 2010

*Those we hold most dear  
never truly leave us,  
They live on in the kindness they showed,  
the comfort they shared  
And the love they brought into our lives.*



Lovingly remembered by the extended  
Ring and Looney families.

**4TH ANNIVERSARY**



In loving memory of  
**NOREEN  
MURPHY**  
Kielnarovanagh, Toames  
Died 25 March 2022

On Noreen's fourth anniversary we think  
of her kind heart, her generous spirit and  
her joyous laugh.  
We are forever grateful for her time with  
us and the memories that her friends have  
shared since her passing.



Always remembered by  
her loving family

**4TH ANNIVERSARY**



In loving memory of  
**MARY O'  
MAHONY  
(NÉE TWOMEY)**  
Derrynasaggart & Ballymakeera  
East, Ballyourney  
Who died on 18th of March 2022.

*Always in our minds  
In our hearts you hold a special place,  
Always true and kind,  
Rest in peace in the Lords embrace.*

*For those of you who read today  
a little prayer to Jesus say.*



Always remembered by  
your loving family.

**3RD ANNIVERSARY**



In loving memory of  
**JOHNNY  
MCCARTHY**  
Farnanes, passed away on the 17th  
of March 2023.

*Time and years slip quietly by,  
But love and memories never die.  
In our hearts you will always stay,  
Loved and remembered every day.*



Always remembered by Dympna, Denis,  
Kevin, Tadgh & extended families.

**9TH ANNIVERSARY**



In loving memory of  
**MICHAEL  
LEAHY**  
Droumreague, Kilnamartyra,  
who died on the 30th of March 2017.

*We think about you always,  
we talk about you still,  
you haven't been forgotten,  
and you never will.  
Just as you were you will always be  
someone very special in our memory.*



Sadly missed by your loving wife Ann,  
John and family.

**12TH ANNIVERSARY**



In loving memory of  
**JERRY  
VAUGHAN**  
Teerbeg, Macroom, Co. Cork.  
Who died on the 17-03-2014.

*We think of you in silence,  
we often speak your name.*



Teresa, Marie & Brian.

**MEMORIALS**  
LEE VALLEY OUTLOOK  
**IMPORTANT  
NOTICE**

Please email image and typed text to  
[leevalley@outlookmags.com](mailto:leevalley@outlookmags.com) with a contact number  
or post to Outlook Magazines, Castleisland, Co. Kerry.

Email is preferred to return a proof to avoid errors.

Call 087 1210959 or 087 3600223 | Freephone: 1800 71 40 40

Full Column: €70  
Regular Column: €35  
Prayers: €15 each

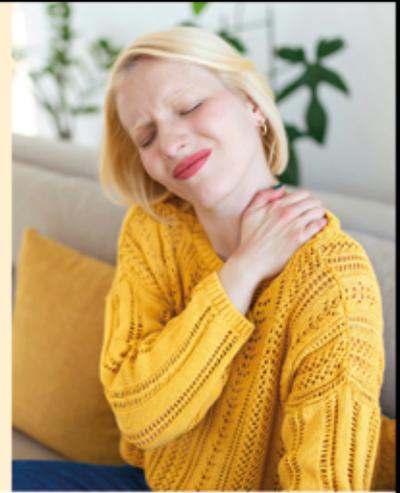
Disclaimer: Published by Outlook Publications Ltd., Tralee Road, Castleisland. Tel: 066 7142179. The Copyright of the graphics, designs and listings is held by Outlook Publications Ltd. While every effort has been made to ensure the information published is correct, Outlook Publications Ltd cannot be held responsible for any errors, omissions or incorrect listing.

# NEW PATIENT OFFER

## WHAT'S INCLUDED:

- Chiropractic & Postural Exam • Full History
- Scans • Diagnosis & Recommendations

JUST  
**€40**  
(Normally €85)



# Claim Your Offer NOW

simply call our clinic quoting 'Lee Valley',  
or scan the code below to book online

CALL **021 487 8465**



SCAN THIS CODE  
with your phone



Chiropractic Clinic of the Year

For over 25 years, Optimal Chiropractic in Ballincollig has been helping thousands of people live healthier, pain-free lives.

- **Over 200 FIVE-STAR Google reviews** ★★★★★
- **Award Winning** - Highly experienced and friendly chiropractic team
- The only clinic in Cork using **advanced diagnostic technology** to find the root cause of your pain – not just treat the symptoms
- Expert doctors specialising in long-term pain relief and wellness
- Modern, comfortable clinic with free on-site parking - no waiting



At Optimal Chiropractic, we care for patients with a wide variety of conditions, including **back pain, neck pain, leg pain, sciatica, migraines, headaches, and fibromyalgia.**



STATION RD., BALLINCOLLIG  
021 487 8465 [www.optimalchiro.ie](http://www.optimalchiro.ie)

Please Note: When you book this special offer our team will request €40 to secure the appointment. Thank you.



## JM ENERGY SAVINGS

☎ 026 68004

🌐 [solar@jmenergy.ie](mailto:solar@jmenergy.ie)

📍 Ballineary, Co Cork



# ONLY 2 WEEKS LEFT!!!

**TO GO SOLAR & BE IN WITH A CHANCE TO WIN.**

*Time is running out to upgrade your home with JM Energy Savings and be entered into our exclusive prize draw. Simply submit your enquiry, complete your site survey, and pay your deposit before **March 31st** to be in with a chance to win one of our fantastic solar upgrades.*

### PRIZES

- **1st Prize: 10.2kW Battery**
- **2nd Prize: EV Charger**
- **3rd Prize: Eddi Hot Water Diverter**



With SEAI grants of **up to €1,800** available, now is the perfect time to install solar and start reducing your electricity bills.

At JM Energy Savings, we provide high-quality solar installations using premium SolaX technology, backed by our ISO 9001 accreditation and excellent customer reviews.

Don't wait until it's too late.  
Book your quote today and secure your place in the draw!



Grants Available 0% VAT

JM Energy Savings - professional installation, trusted local specialists, and energy-saving solutions that really work.