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Michael Twomey

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NEW TO MARKET

35 THE HERMITAGE, MILLSTREET ROAD, MACROOM, CO. CORK, P12 NP99

Killian Lynch Auctioneers are pleased to offer this spacious 5 bedroom detached bungalow situated on an elevated c.0.5 acre site with panoramic views over Macroom town and surrounding hinterland. The property which extends to c.2,110 sq.ft. living accommodation is in pristine condition throughout and will make a beautiful family home. Located on the western outskirts of Macroom town, c.30 minutes from City & Kilarney town. BER: B3 (103003224)

AMV: €450,000



NEW TO MARKET

19 ÁRD NA GREINE, KILNAGURTEEN, MACROOM, CO. CORK, P12 E029

Killian Lynch Auctioneers are pleased to offer this 3/5 semidetached house located in the much sought after development Ard Na Greine, only minutes walking distance from Macroom town. The property which comprises of c.1,548 sq ft living accommodation throughout is in turnkey condition and would for an ideal family home. Located only minutes walking distance to all local amenities and 30 minutes drive to both Kilarney and Cork city. BER: C2 (119164390)

AMV: €345,000



NEW TO MARKET

47 AISLING LAWN, BALLINCOLLIG, CO. CORK, P31 WY94

Killian Lynch Auctioneers jointly with Mark Kelly Property are delighted to present to the market this 3 bedroom semidetached house. The property which comprises of c.883 sq ft living accommodation is in turn key condition and has had a new kitchen installed in recent times. Ideally located only walking distance from schools, shops and all local amenities in Ballincollig town and a c.10 minutes drive to Cork city. BER: C3(119162709)

Joint selling agents; Mark Kelly Property 023/8854748

AMV: €345,000



NEW TO MARKET

THE FLATTS, BALLYMAKEERA, MACROOM, CO. CORK, P12 EC94

Killian Lynch Auctioneers are pleased to offer this spacious and elegant 4 bedroom residence and detached garage on c.0.74 acres. The house which extends to c.2,642 sq.ft. is in pristine condition throughout and is situated in a beautiful private setting, yet being within walking distance of all local services and amenities. The property comes with many features to include landscaped gardens, concrete floors on first floor, large floored attic and many more which must be seen to be appreciated. Ballymakeera is located c.10 minutes drive west of Macroom town, c.20 minutes from Kilarney town and c.45 minutes west of Cork City. This is one of the finest houses to be offered for sale in the general area in many years. BER: C2 (118036912)

AMV: €600,000



NEW TO MARKET

47 THE PARK, JANEVILLE, CARRIGALINE, CO. CORK, P43 AX21

Killian Lynch auctioneers are pleased to offer this spacious 3 bedroom semidetached house extending to c.1,216 sq ft living accommodation throughout. The property is in pristine condition throughout and will make a beautiful family home. The property comes with a floored attic, extra large gardens and a beautiful stylish kitchen. Located on a cul de sac roadway, only minutes from Carrigaline village centre and c.15 minutes drive from Cork city centre. BER: A3 (113570717)

AMV: €465,000



NEW TO MARKET

LYRAVUCKANE, CULLEN, CO. CORK

Killian Lynch Auctioneers are pleased to offer this derelict house on c.1 acres, offering an excellent opportunity for those looking to get on the property ladder or for buyers seeking a renovation project with strong potential. The property benefits from ample room for extension or further development. It also qualifies for the vacant property refurbishment grant of €70,000. Located c.5 minutes drive to Cullen village, c.8 minutes drive to Millstreet town, c.30 minutes drive to Mallow town & c.45 minutes drive to Cork city.

AMV: €80,000



NEW TO MARKET

ARDÁN NA GREINE, CLONDROHID, MACROOM, CO. CORK,

Killian Lynch Auctioneers are pleased to offer this wonderful opportunity to acquire one of 10 serviced sites, adjacent to the village of Clondrohid. There is full planning permission with all contributions paid by the developer. Houses range in size from: Type A - 5 no. at c.1,996 sq.ft - Type B - 1 no. at c.1,754 sq.ft - Type C - 2 no. at c.1,657 sq.ft - Type D - 2 no. at c.1,754 sq.ft. Clondrohid is a quiet rural village situated c.7 minutes west of Macroom town and only c.5 minutes drive from the main access to Macroom bypass. Cork and Kilarney are both situated only a c.30 minute drive from this development. This is a wonderful opportunity to be able to build your own dream house.

AMV: €150,000 - €160,000



NEW TO MARKET

WEST END, KNOCKNAGREE, CO. CORK, P51C6P5

Killian Lynch Auctioneers are pleased to offer this charming 3 bedroom detached house on c.0.26 acres. The property which has been recently renovated consists of c. 1769 sq ft living accommodation offers a wonderful blend of traditional character & modern living. The heart of the home is its open plan kitchen/dining area featuring exposed ceiling beams and original stone walls. This is an ideal opportunity for first time buyers, families or those seeking a stylish property with traditional features. Located in Knocknagree village, c. 30 minutes drive to Mallow town, c.20 minutes drive to Kilarney & a c.60 minute drive to Cork city. Viewings highly advised. BER: D1

AMV: €240,000

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If you cannot access physical copies, the LVO can be viewed online at: <https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following

week's edition. Due to print processes, late submissions will be published in the following edition.

As always submissions as Gaeilge are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you would like to submit an article as bearla nó as gaeilge, please feel free to email us here on leevalleyoutlook@macroom.ie, we would love to hear from you.

Go raibh maith agaibh, Peter & Gráinne

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ST MARY'S MACROOM SCHOOL REUNION 40 YEARS – 1986-2026

Where Big Hair, Bigger Dreams, and Even Bigger Shoulder Pads Return!

by *Annette Dilworth Enright*

Back in 1986, while Madonna was busy telling her Papa not to preach and Simply Red were already holding back the years, the girls of St Mary's Macroom were plotting their escape from the convent in between perfecting their perms and trying to smuggle blue eyeliner past Sr. Patricia. Their dreams were as big as their back-combed hair, often sprayed with a bit of Sun-In for the blondes and possibly a Glints plum or copper for the brunettes.

Fast forward forty years: those same ladies may have swapped homework for housework, PE for Pilates and classrooms for boardrooms. Some have kids, some have grandkids, and all have a shared horror at the realisation that, yes, the Eighties are officially "retro" now. But one thing never goes out of style: a good old-fashioned school reunion—and maybe a little gossip about who still has their Debs dress.

Marion Pyper, the main organiser, told us that she came up with the idea originally 20yrs ago as living in the town, she had met a lot of girls she had been in school with, over the years, who maybe lived locally or possibly were visiting home on holidays and wondered if they were interested in meeting up for a reunion. It worked out to be a wonderful night in 2006, where everyone met at the Convent first and some of their old teachers like the late Sr Joseph joined them. The group moved on to Penns Hotel for some food, beverages, and lots of catching up. It was a very special evening. Those that missed it and even those that attended have been asking Marion since if she would organise another. "20 more years have passed, and I had the thought that, as the convent is now a private building, we could instead meet in Coolcower House, where we had our Debs 40yrs ago". "Hopefully a lovely June evening will allow us to gather in some sunshine to catch up with old friends and reminisce about how we thought we knew it all, back then". Marion also reminds us that a 40yr school reunion is a privilege not afforded to everyone and we must be grateful and grab the opportunity.

Marion is reminding all her 1986 school pals that it's time to raid the attic and dig out those old photos and email them on as soon as possible. She is advising the ladies to dust off their leg warmers, and practice their best Moonwalk or air guitar as plans are already in



St Mary's Macroom leaving-cert class in 1986, 40yrs ago



Past Pupil Marion Pyper 40 years ago. Pic. Seán Mac Suibhne'



Marion Pyper today

place for an epic playlist to bring you right back to the Palace Disco dance floor of the 1980's. If the music is good enough, a dance or two around some handbags may not be too far-fetched.

If you, your sister or your neighbour are a 1986 graduate of St Mary's Macroom, that wore the navy uniform and survived the tyranny of Peig Sayers,

Marion is waiting to hear from you.

Drop her a line at stmarysreunion1986@gmail.com and get ready to make new memories, at this, once-in-a-generation, gathering on June 20th at Coolcower House, Macroom. Shoulder pads optional, laughter guaranteed!

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LIVE MUSIC



**GERRY TULLY SINGS
THE CHRISTY MOORE SONGBOOK
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THEATRE



**THE FLOWERS OF MAY: A PLAY ABOUT
PARENTING A CHILD WITH AUTISM
SAT 07 MAR 2026 | 8PM**

KIDS & FAMILY



LOW TICKETS
**JOE THE MAGICIAN
SUN 08 MAR 2026
3PM**

CINEMA



**IFI@BRIERYGAP | SINNERS
MON 09 MAR | WED 11 MAR 2026
8PM**

CINEMA



**IFI@BRIERYGAP | RÚN CHEANANNAIS MHÓIR
(THE SECRET OF KELLS) | 3PM
SUN 15 MAR | CHILD & FAMILY TICKETS**

CINEMA



**IFI@BRIERYGAP | BÁITE
MON 16 MAR | WED 18 MAR 2026
8PM**

THEATRE



**THE STORY:
A PLAY BY TIMMY O'MAHONY
SAT 28 MAR 2026 | 8PM**

LIVE MUSIC



**LOUISE MORRISSEY
WITH SUPPORT FROM MARTY DANIELS
SUN 29 MAR 2026 | 8PM**

LIVE MUSIC



**KAMMERPHILHARMONIE EUROPA
POWERFUL EMOTIONS TOUR
FRI 17 APR 2026 | 8PM**

LIVE MUSIC



**DAOIRÍ FARRELL
SAT 25 APR 2026
8PM**

LIVE MUSIC



**MUSIC NETWORK PRESENTS:
SÉAMUS EGAN PROJECT
FRI 08 MAY 2026 | 8PM**



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MONTHLY NEWSLETTER**

MCEGAN COLLEGE



Jessica Squibb psychotherapist attended McEgan College as part of this years Wellbeing Week. Jessica facilitated talks on resilience with all year groups and is pictured here with student ambassadors, Carol Warren Wellbeing Coordinator and Mary B Manning Guidance Counsellor. McEgan College is very grateful to MTU for providing this resource as part of their linked schools programme.



Pictured are second Year students receiving their invitation to an awards ceremony in UCC in March. The UCC Cavanagh Awards are presented for Endeavour and Achievement to 2nd year students of linked schools who have shown great potential in English, Maths, Gaeilge and European Languages. From left to right Ciaran Van Linde, Torunn McGrellis, Emma Zasada, Erica Crowley, Áine O'Halloran, Lilly Barrett, Emil Piro and second year head Mr. Alan Ryan. Congratulations to you all.

Staff Fundraiser for Cancer Support Services. McEgan College Staff have a series of swop shops planned to raise funds for cancer supports services which supply cancer patients with the little extras which make their cancer journey more bearable. The first swop shop went ahead on Friday February 13th and was hailed as a great success by everyone who attended.

Student Voice. McEgan college Student Council have recently launched a student led initiative 'Last One Standing' to encourage all students to maintain full attendance record at school for the next 20 days. On Thursday 26th Feb the ESRI [Economic and Social Research Institute] revealed the results of a study on how absence from school can affect the employment and academic future of Ireland's children. Even short absences of 1 or 2 days have been linked to lower Leaving Certificate grade for those children. It found that absenteeism of 20 days or more from school every year can potentially reduce the child's performance in the Leaving Certificate exams by 80 points. Co-Author of the report Emer Smyth, made it clear that absenteeism has a significant consequence for educational attainment, health, wellbeing and social belonging.

Wellbeing in McEgan. Well-being was held in the week of February 23rd to 27th 2026 in McEgan. Staff and students have been minded to look after their physical, emotional & mental health during a series of class based initiatives led by the college staff. There were mindful



During McEgan College Wellbeing Week 2nd Year French Students got to learn pétanque on the Astro turf

colouring, dance & Yoga, life coaching, French Pétanque, healthy food choices, resilience building workshops & a Gratitude Wall among many other activities.

Basketball: Our girls' basketball teams recorded fantastic victories over Mayfield Community School this week, delivering two superb performances. The Junior 1st Year team claimed an impressive 40-14 win, while the Minor 2nd Year team followed with a strong 34-17 victory. Both teams showed tremendous effort, teamwork, and determination throughout. We are extremely proud of the players and grateful to their coaches, Mr. Long and Ms. Sheehan, for their continued dedication. The Juniors now face St Patrick's Secondary School in the quarter-final on Wednesday the 4th, while the Minors progress to the semi-final to play the winners of Nagle

Community College and Mayfield Community School. 2nd Year Business Students: Boots and Business in the Community recently completed a 'Day in the Life' workshop with all 2nd Year students. Employees from a wide range of departments in Boots shared insights into their career journeys and answered students' questions in a relaxed and engaging setting. The session gave students a valuable opportunity to learn about real-world career paths and to hear first-hand experiences from professionals working across the business. A huge thank you to all the Boots employees who generously gave their time led by Lisa and Kirsten from Business in the Community for facilitating such an excellent and inspiring workshop.



As part of Wellbeing Week 1st year students learned about how healthy food can have a positive effect on both physical and mental wellbeing. Here the students are pictured with their fruit skewers made during Home Economics Class.

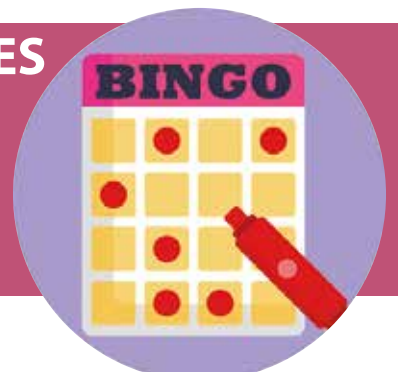


Staff members Marie O'Riordan & Eimear Blavin who organised a swap shop recently to raise funds for Cancer support services.

MACROOM ASSISTED PILGRIMS TO LOURDES FUNDRAISER

ou are warmly invited to support our Fun BINGO Night in Murray's Bar, Macroom Friday March 20th at 8:00pm. Come along for a great evening of entertainment and community spirit! There will also be a raffle on

the night, with lovely prizes to be won. Good fun is promised for all — bring your friends and family and help support a wonderful cause. Spread the word — we look forward to seeing you there!



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DE LA SALLE College Macroom

Multicultural Day: Many Cultures, One Community

Our Multicultural Day was nothing short of extraordinary. Twenty-seven countries were represented across the hall, as students proudly set up stalls celebrating their cultures through food, sport, music, literature and tradition. The colour, sound and energy filled the space with a powerful sense of identity and pride. Every corner of the hall reflected diversity and belonging. Alongside this, four engaging stalls from The Hub showcased student interests including Lego, art and creative projects — reminding us that culture is not only about heritage, but also about passion and personality. What stood out most were the small but meaningful moments — students chatting, asking questions, listening with genuine curiosity and learning about each other in ways that extended far beyond the classroom. Huge credit was due to Mr Raymond Murphy for organising such a significant event. The preparation behind the scenes was extensive, and it resulted in a day that truly strengthened our school community. A special mention also went to our journalism students, Kian Dineen and Jakub Slicznik, who captured the spirit of the day so brilliantly. Their work provided a wonderful snapshot of a very special occasion in De La Salle.

UCD Entrance Scholars Award 2026

We were incredibly proud to celebrate Cormac Bourke on receiving a UCD Entrance Scholar Award after achieving an outstanding 625 points in his Leaving Certificate. Cormac began studying Veterinary Medicine this year, a testament to his dedication and ability. Cormac was an exceptional young man whose integrity, quiet determination and consistent work ethic always stood out. It was a genuine pleasure to have him in the classroom, and his success was richly deserved. His achievement reflected not only academic excellence but also character and perseverance. Well done Cormac. Munster Cross Country Championships Our Cross-Country teams delivered superb performances at the Munster Championships. The Minor team finished 8th, Intermediates secured 5th, and our Senior team placed 2nd — qualifying for the All-Ireland Championships. This was an incredible achievement by all the lads who represented the school with pride, resilience, and determination. Special congratulations to:

- Finn Yore, Munster Indoor 800m Champion
- Fionn Fabrazi, who qualified for the All-Ireland Long Jump Final
- Darragh Manning, Noah Cunnane and Liam Neville, All-Ireland U17 Gold medalists

Transition Year Gaeltacht Trip

Our Transition Year students travelled to the Gaeltacht for a wonderful few days immersed in language and culture. During the trip, they explored Mara Beo at Dingle Oceanworld Aquarium and enjoyed a game of soccer on Inch Beach. The day was followed by great fun and plenty of laughs at a lively céilí that evening.



DLS U15 footballers after their win over Fermoy in Pairc Ui Chaoimh.



DLS students enjoying the beauty of Inch Beach this week.

The experience offered students an opportunity to engage with the Irish language outside the classroom. Our thanks to Ms McSweeney, Ms O'Neill and Mr Keane for accompanying the group and ensuring the trip was such a success.

Gearagh Walk: Wellbeing and Inclusion

To mark the end of the Third Years' pre-examinations, students took part in a wellbeing and inclusion walk through The Gearagh. It was a lovely way to reset after a busy and demanding exam period. The fresh air and natural surroundings provided space for reflection and connection. A huge thank you went to Ted Cooke and Diarmuid Crowley for delivering a fantastic guided tour and sharing their knowledge so generously.

National Record at 15!

Huge congratulations to our student Cayden Holden, who has broken the Irish National Record in powerlifting at just 15 years of age. Cayden first lifted 146kg to break the record, then set a new PB of 155.5kg before smashing the record by 20kg with an incredible 162.4kg lift. We are incredibly proud of you Cayden — best of luck in the World Qualifiers ahead!

National Maths Achievement

Huge congratulations to Odhran O Regan on his outstanding performance in the IMTA First Year Maths Competition, where he achieved an impressive 95%. This was an exceptional accomplishment in a national competition that received over 18,500 entries from 280 schools. Only 210 students nationwide achieved this

score, making Odhran's result particularly noteworthy. Well done Odhran!

The Sound of De La Salle – Student Creativity on Air

Episodes 2, 3 and 4 of The Sound of De La Salle are now live, and they continue to impress. Tadhg O'Driscoll has delivered three excellent podcasts, confidently interviewing past pupil Liam O'Brien (RTÉ Documentary on One), TY Coordinator Mr. John Ryan, and former teacher Mr. Jim Cooney. Each conversation offered insight, history and real connection to our school community. He is superbly supported by Donagh Moss, Brian Bradley, Darragh Donovan and Finn Yore, who keep us updated on all things DLS. Each episode finishes with a beautiful musical performance from the DLS Music Group, featuring Patrick Kelleher, David Bradley and Shane O'Connell. We are extremely proud of everyone involved — especially Tadhg!

Football Highlights:

Our U15 footballers secured a strong victory over St Colman's Fermoy (8:13 to 5:07), progressing to the Munster Quarter Final.

Our U14s battled brilliantly to overcome Coláiste Spiorad Naomh in tough conditions, while our U16 footballers defeated Patrician Academy Mallow to reach the semi-final.

A fantastic period for De La Salle football – well done lads!



DLS Senior Cross Country Team with Principal Eric Graham.



DLS past pupil Cormac Bourke receiving his UCD Scholar Award.



Odhran O Regan scoring an impressive 95% in the MTA First Year Maths Competition..jpg



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MACROOM GIRL GUIDES



Macroom Guides celebrating World Thinking Day 2026



Orna Sexton who received her Trainer Bar, pictured with Sheila Linden

World Thinking Day 2026

On 22 February, the Ardilaun Guides celebrated a very special milestone: 100 years of World Thinking Day! Members from all Branches—Ladybirds, Brownies, Guides, Senior Branch, and Leaders—came together to mark this important occasion with a day full of fun, friendship, and reflection.

The celebration began with an opening ceremony, where speeches were given and three candles were lit. The candles symbolised that, although they may eventually flicker and go out, the warmth, spirit, and friendship of the Guides would always remain in our hearts. It was a meaningful moment that reminded everyone why this day is so special.

Following the ceremony, each Branch had the chance to showcase their talents. Some performed songs and promises, highlighting the values and friendships that unite all members. The atmosphere was filled with laughter, applause, and cheering, making it a truly joyful experience.

Afterwards, we split into mixed groups for games and activities. We made friendship bracelets, played musical statues, and introduced ourselves to new friends. It was amazing to see everyone working together, sharing stories, and creating memories across all ages.

The day ended with delicious treats and warm conversations, leaving everyone with smiles and a sense of belonging. Celebrating 100 years of World Thinking Day was more than just an event—it was a reminder of the lifelong friendships, values, and fun that being a Guide brings to our lives.

To see more on the History of World

Thinking Day, check out the previous edition!

MacEgan Ranger, Ruth Burton on Eurochild's Digital Advisory Group, NOVA.

I am a part of Eurochild digital advisory group, NOVA. I work with 7 other children from around Europe ages 13 to 17. We are from Ireland, Malta, Hungary, Croatia, Bulgaria and Romania. Together we work towards children's rights online.

On the 4th of February we had our latest meeting over zoom. We spoke a lot about Safer Internet Day. We each had the opportunity to create a video, quote or drawing spreading awareness about online safety. My video and the other contributions can be found on the Eurochild social media's.

The main element of our meeting was helping to put children's perspective into the Eurochild's position paper. This is a document that is created and given to the European Commission stating the overall viewpoint of all members on the EUs proposed social media restrictions. We were asked questions and given the opportunity to share our opinion on the different areas including AI, screen time and cyber bullying.

This meeting was really interesting as I got the chance to learn the viewpoints of the other young people working on the project and I'm grateful that I got the opportunity to share my thoughts on such a large scale.

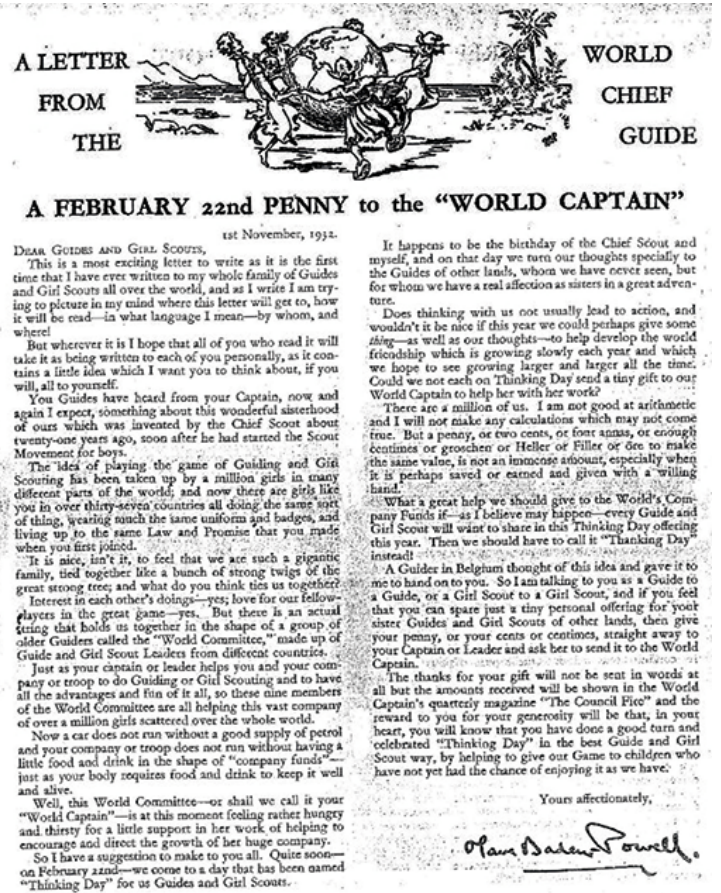
Our future plan is more meetings on zoom discussing how we can encourage policy makers to make change to protect children. We will have another in person meeting in Brussels late this year/ early next year.

MacEgan Senior Branch

MacEgan Rangers Emily and Katie joined President of Irish Girl Guides, Deirdre Henley in Boherbue on Friday 27th February to celebrate World Thinking Day, an enrolment night and an award ceremony. Girls from Ladybirds to Senior Branch were recognised for their hard work and dedication to Irish Girl Guides. Both girls enjoyed catching up with friends there and meeting some

new friends also!

Meanwhile, other members were busy back at the meeting in Macroom completing training on using OGM. OGM allows members to plan meetings and relative activities & also to track progress of their badges/pins. For more information on joining our Ladybird, Brownie, Guide or Senior Branch units please contact macroomguides@gmail.com



Ruth Burton, MacEgan Ranger pictured with Eurochild's Digital Advisory Group, NOVA



MacEgan Rangers at their meeting on 27th Feb

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ST MARY'S NEWS



Senior Munster Cross Country Champions!!



TY Students volunteering with the HOPE Foundation

National Write a Poem Competition

We would like to take a moment to congratulate Pia El Asmar in Fifth Year on her most recent outstanding achievement! Pia's poem 'The Lion' was entered into this year's Senior National Write-A-Poem Competition. She placed in the top five and will be receiving a 'Highly Commended' award this coming April in the Write-A-Poem/Wellread Awards Ceremony. Some comments from the adjudicators: With almost 500 entries from across the country, competition was fierce and we would like to thank all our entrants for their time, dedication, and overall creativity. Congratulations Pia! We will post her winning piece to our social media channels after her poem is officially published in Oide's National Write a Poem Competition Booklet.

Munster Cross Country Championships

Our School Cross Country team competed in the Munster Championships in Riverstick recently. After qualification from the South Munster region we had 17 athletes competing. Firstly our Minor girls ran their hearts out and did exceptionally well improving their previous position but not quite doing enough to qualify for the next stage. Next up were our Junior team who ran very impressively but fell agonisingly short of qualifying for the next stage but still finishing an amazing 4th place and Daire O'Mahony qualifying for the All-Ireland stage after her Top 15 finish. Finally, our Senior team were up and for the first time in the school's history the girls finished in 1st place as a team to qualify for the All-Irelands and were crowned Munster Champions. Putting the cherry on top of the cake was that 6th Year student Saoirse Twomey finished 1st overall becoming Champion!! Huge well done to all the girls that ran so well and represented

the school so well. Well done to West Muskerry AC for producing such fabulous athletes, all their hard work is paying off.

TY Activities:

HOPE Foundation Trip

During the midterm break, 16 of our Transition Year students and Ms O'Keeffe travelled to India with the Hope Foundation after six months of dedicated preparation and fundraising. Each student successfully raised €2,000 before setting off on what proved to be a truly life changing journey. While in Kolkata, the girls visited a wide range of Hope Foundation projects, including The Hope Hospital, residential homes, crèches, schools, and homework clubs. These visits gave them invaluable first hand insight into the profound difference the organisation makes in the lives of children and families across the city. The group also had the opportunity to experience Kolkata's rich culture and heritage, visiting landmarks such as Mother Teresa's Home, the iconic Howrah Bridge, Dakshinapan Market, and the Pareshnath Jain Temple. Throughout the trip, the students developed a strong appreciation for the important work of the Hope Foundation. We are proud of the way they embraced the experience and represented our school community. Huge thank you to Ms O'Keeffe for traveling with the girls on this incredible trip

Conflict Resolution Workshop

"Recently, we had the opportunity to participate in a three-hour workshop with Sorcha Mallon focused on conflict and the various ways people respond to it. The session proved to be both insightful and beneficial for everyone involved. The workshop began by exploring what conflict truly is. Rather

than viewing it as something purely negative, we were encouraged to see conflict as an opportunity for growth, clarity, and stronger relationships. When handled constructively, conflict can lead to improved communication, deeper understanding, and more effective collaboration. A key part of the session focused on the different ways people confront conflict. We learned that individuals tend to have distinct conflict styles, often shaped by personality, past experiences, and cultural background. Overall, the workshop was incredibly beneficial and was very interesting to the TYs." Report by Liadan O'Regan, TY Promo Team

Sign Language

"We recently participated in a sign language workshop led by a CODA (Child of Deaf Adults). It was a very interesting and inspiring experience, as our instructor shared both practical skills and personal stories about growing up with Deaf parents. This helped us better understand Deaf culture and the importance of communication. During the workshop, we learned the sign language alphabet and practiced spelling our names and simple words. We also learned numbers and different greetings, such as "hello" and "how are you?" We discovered how important facial expressions and body language are in sign language, as they help express emotions and meaning. Overall, the workshop was fun, educational, and eye-opening. It gave us new skills and helped us appreciate the value of inclusion and accessible communication for everyone." Report by Lizzie Murphy, TY Promo Team



6th year, Saoirse Twomey, Senior Munster Cross Country Champion!



Pia won a Highly Commended Award for OIDE's Senior National Write-A-Poem Competition



TY Students and Ms O'Keeffe who traveled to Kolkata recently with the HOPE Foundation



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by Dr. Ben Martin
Optimal Chiropractic,
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BEFORE CONSIDERING PROFESSIONAL CARE, TRY THESE SIMPLE STEPS:

Stay Hydrated
Dehydration is a common cause of headaches and muscle stiffness. Aim to drink water regularly, not just when you feel thirsty.

Adding a pinch of Celtic sea salt to your water can improve hydration by restoring essential minerals like magnesium and potassium, which support muscle and nerve function.

Keep Moving
Movement is vital for spinal health. Regular walks and movement breaks throughout your day help reduce stiffness, improve circulation, and support healthy posture.

Stretch Often
If you sit for long periods, gentle neck stretches can ease muscle tension and improve flexibility. Consistent stretching helps prevent posture-related discomfort and supports better mobility over time.
(Visit my Youtube channel @DrBenjaminMartin to find lots of useful stretching videos)

Try Self Massage
Gently massage tight areas in your neck and shoulders using your hands. Avoid massage guns on the neck - the pressure can be too intense for this sensitive area and may cause harm.

Conclusion
If your symptoms continue despite these efforts, it may be time to consider chiropractic care.

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Liam Mac an Mhaoir ag bronnadh an dara duais ó Chomórtas Tráchtairacht Uí Mhuircheartaigh Gael Linn ar Thraolach Ó Riordáin

COISTE GAEILGE NA NDALTAÍ AGUS NA MÚINTEOIRÍ

Bunaíodh Coiste Gaeilge na nDaltaí agus Coiste Gaeilge na Múinteoirí le déanaí. Bíonn na coistí seo ag obair go dícheallach chun an Ghaeilge a spreagadh agus a chur chun cinn i gColáiste Ghobnatan. Na daltaí atá ar an gCoiste ná Barra Ó Scanaill, Páidí Ó hAodha, Johnny Ó Tuama, Ciarán Ó Súilleabháin, Almha Ní Aodha, Seán Ó Liatháin, Sadhbh Ní Bhuachalla, Caireann Ní Loingsigh, Aobha Ní Mhuimhneacháin, Niamh Ní Laocha, Étaín Ní Aodha agus Donagh Ó Mainín. Táid ag obair go dian faoi láthair chun imeachtaí a eagrú do Sheachtain na Gaeilge.

COMÓRTAS LABHAIRT NA GAEILGE

Tá Comórtas Labhairt na Gaeilge faoi lánseoil faoi láthair. Tá Comórtas na dTicéad tosaithe - má chloiseann múinteoir dalta ag déanamh iarracht iontach ó thaobh labhairt na Gaeilge de tugann siad ticéad dóibh. Cuireann an dalta an ticéad i mbosca sa tionól. Bíonn crannchur gach Aoine ansin agus roghnaítear ticéad amháin. Faigheann an dalta sin dearbhán do Shiopa Shiobháin. Buaiteoir na Seachtaine seo ab ea Seán Ó Súilleabháin - Tréaslaímid leis!

Tá Comórtas Labhairt na Gaeilge á reachtáil idir na ranganna freisin. Is luach pointe amháin é gach ticéad do chomórtas an ranga agus déanann na múinteoirí agus Coiste na Gaeilge vótáil freisin ar cén ranganna a dhéanann an iarracht is fearr ó thaobh labhairt na Gaeilge de. Beidh buaiteoir ann gach ceithre seachtaine agus beidh rogha acu idir píotsa nó bonnóga a fháil don rang chun a n-éacht a cheiliúradh.

Ba mhaith linn buíochas ollmhór a ghabháil le hOifigeach Pleanála Teanga Mhúscraí, Eibhlín Ní Lionáird, atá ag déanamh urraíochta ar na duaiseanna do na comórtais. Míle buíochas le Coiste Gaeilge na nDaltaí, atá faoi stiúir Iníon Ní Bhriain, as na comórtais a eagrú agus a rith.

AMHRÁNAÍOCHT – AISLING GHEAL

Thosaigh daltaí Idirbhliana ranganna amhránaíochta le Joe Ó Críodáin mar chuid de scéim Aisling Gheal.

Ba mhaith linn ár mbuíochas a ghabháil le hIonad Cultúrtha an Dochtúir Ó Loingsigh as an deis seo a eagrú!

COMÓRTAS TRÁCHTAIREACHTA UÍ MHUIRCHEARTAIGH – GAEILINN

Ghlac Traolach Ó Riordáin páirt i gcomórtas Tráchtairacht Uí Mhuircheartaigh a bhí á reachtáil ag Gael Linn le déanaí. Chum sé píosa tráchtairacht bunaithe ar Chluiche Ceannais Iománaíochta na hÉireann idir Corcaigh agus An Clár i 2024. Déirigh leis an dara háit a bhaint amach sa chomórtas sinsearach. Bhronn Liam Mac an Mhaoir an duais air.

LÁ NA NGEANSAITHE – STAND FOR FÉILE

Tá scoileanna ar fud Chorcaí agus Chiarraí á spreagadh chun páirt a ghlacadh i Lá na nGeansaithe ar an Aoine, 20ú Márta. Reachtálfar é chun tacú le téarnamh Fhéile Ní Shúilleabháin, déagóir ó Ailichí, a ndearnadh gortuithe tromchúiseacha uirthi i dtimpiste feirme anuraidh. Tá Coláiste Ghobnatan i mBaile Bhuirne go mór chun tosaigh san fheachtas, agus múinteoirí Máistir Ó Laoire agus Iníon Ní Shúilleabháin ag obair ar an gcoiste eagraithe in éineacht le hiarimreoir Chorcaí Barry Coffey. Beidh deis ag na scoileanna atá páirteach san fheachtas dul san iomaíocht chun ceithre gheansaí i ngach contae (dhá cheann do bhunscoileanna agus dhá cheann do mheánscoileanna) a bhuaich. Is é príomhchuspóir an lae ná airgead a bhailiú chun tacú le téarnamh leanúnach Fhéile.

Schools across Cork and Kerry are being encouraged to take part in a jersey day on Friday, March 20, to support the recovery of Féile O'Sullivan, a teenager from Allihies who suffered lifechanging injuries in a farming accident last year. Coláiste Ghobnatan is actively involved, with teachers Máistir Ó Laoire agus Iníon Ní Shúilleabháin on the organising committee, helping coordinate the initiative alongside former Cork footballer Barry Coffey. Participating schools will be entered into a draw for four jerseys in each county (two for primary and two for secondary schools). The goal of the jersey day is to raise funds to assist Féile's continued rehabilitation.

PEIL NA GCAILÍNÍ – CRAOBH RÉIGIÚNACH NA MUMHAN

Le Clíona Ní Mhócháin

Ar an gCéadaoin bhí Craobh réigiúnach na Mumhan ag na cailíní sóisir i gcoinne Choláiste Mhuire, Cill na Mallach. Cluiche an-sceitimíneach a bhí ann. Bhí tús an-mhaith sa chéad leath againn – An scór ag leath-am ab ea 5-8 go dtí 1-4. Bhí an dara leath i bhfad níos cothroime agus tháinig Coláiste Mhuire thar n-ais, ní raibh ach ceithre pointe idir an dá thaobh nuair a bhí 10 nóiméad fágtha sa chluiche. Ansin fuair Coláiste Mhuire cúl agus bhumar le pointe amháin ag an deireadh! Ba mhaith linn ár mbuíochas a ghabháil le hIníon Ní Shúilleabháin agus Iníon Ní Bhuachalla.

PEIL NA GCAILÍNÍ FAOI 14.5

Bhí bua maith ag na cailíní in aghaidh Átha an Chóiste le déanaí sa chluiche leathcheannais. Míle buíochas le Bean Uí Chuill as a cuid oibre.

RÉAMHSCRÚDUITHE

Roimh an meán téarma dhein ár ndaltaí Ardteiste agus tríú bliana na réamhscrúduithe – seo céim eile déanta ar a n-aistear foghlama. Míle buíochas leis na múinteoirí as na daltaí a ullmhú agus na scrúduithe a cheartú.

GLUAIS/GLOSSARY

Gheobhaidh tú liosta den fhoclóir a úsáidtear go minic ar na meáin shóisialta/Lee Valley ar shuíomh na scoile. On our school website you can find a list of vocabulary that are used frequently on our social media posts/Lee Valley.

GLUAIS

coiste – committee
dearbhan – voucher
bonnóga – bus
tráchtairacht – commentary
níos cothroime – more even

ÁR MEÁIN SHÓISIALTA

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MACROOM MEN'S SHED

Dan Lynch of Macroom Men's Shed was recently presented with a plaque to showcase his medals and achievements for the last twenty years which include Special Olympics, Rugby and Football. The plaque

was made by Kevin Martin in the Men's Shed and was presented to him recently and his mother Ann was also present.

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YOUTHREACH MACROOM CONNECT WITH NATURE THIS #CREATIVEFEBRUARY

This February, Youthreach Macroom proudly took part in Ireland's Creative February, embracing this year's theme, "Connect with Nature / Nasc le Nádúr". Students explored how creativity can grow from the natural world, taking time to slow down, observe, and find inspiration outdoors. From peaceful nature walks to hands-on creative projects, students embraced the opportunity to explore their surroundings in meaningful and imaginative ways. These walks became more than just a chance to get fresh air—they became

moments of reflection, observation, and creative discovery. Students noticed textures, colours, patterns, and shapes that often go unseen in our busy daily lives. Back in the classroom, they created beautiful Square Nature Weavings, building their own looms and weaving natural materials such as grasses, twigs, and leaves. They also designed colourful Nature Suncatchers, using handmade willow hoops, tissue paper, and found items from nature to capture light and bring the outdoors inside. A big thank you to Julie from Creative

Schools for delivering these joyful workshops. Over the midterm break, students continued their creative journey by photographing moments in nature that brought them joy, helping them connect with their environment in a personal and meaningful way. Creative February has been a wonderful opportunity for Youthreach Macroom students to express themselves, try something new, and discover the powerful connection between creativity, nature, and wellbeing.



This February, Youthreach Macroom proudly took part in Ireland's Creative February,



Recently Macroom Tidy Towns volunteers planted 35 Bare Rooted Trees in the Bowl Road Macroom. However, over a period of 6 nights these have been pulled out and thrown on the footpath, requiring volunteers to replant them each time. The matter has been reported to the Gardai. We ask all members of the public to keep an eye out, and to report anything you see in this regard. Secretary Lisa Manning also spoke to PJ Coogan on 96Fm about this upsetting ordeal. We extend our thanks to Foroige who recently organised a Coffee Morning and a Bake Sale for Macroom Tidy Towns in Macroom GAA Hall. A raffle also took place on the day with the proceeds going to Stand with Feile. Thanks also to Armands Ceimers in the Mulligan Room in Macroom Golf Club for the supply of freshly baked blueberry scones every Saturday morning, much appreciated by volunteers.

On February 29th, four volunteers from Macroom Tidy Towns entered a team for the Macroom Golf Club Trivia Quiz and placed third on the night. The Annual Tidy Towns Presentation of Awards for the Southwest and Mid-West Region take place in The Rose Hotel on the 9th of March. On the night we will be receiving our second gold Medal, and we will be represented by Three Volunteers. John Lyons and Geraldine Galvin recently gave a talk to 30 fifth year Students in St Mary's Secondary School as part of their LCVP class studies and this covered a very wide range of topics and activities which all attendees found educational. Biodiversity. Tidy Towns received a grant of €10k to promote the recently published Local Biodiversity Action Plan commissioned by us last year. The Press Release from Community Foundation Ireland was issued and can be read in full on Macroom Tidy Towns Facebook page. Many local actions are planned, outlined by Project Officer Joseph Cronin in areas such as; Pesticide Use, Coleman's Park Biodiversity Area, Control of Invasive Species, Grass cutting and long flowering meadows, Riverside Areas, Coolcower Picnic Area and Castle Demesne as well as others. There are

recommendations for pollinator friendly planting and managing grass cutting on a less intensive basis, with 'no mow areas', all actions that householders can do to assist in this. This is warmly Welcomed by local Climate Ambassador John Lyons who said, 'This funding is a valuable stimulus that will promote biodiversity actions within the community and will also support the council in furthering Macroom's Decarbonization Initiatives.' Spring Clean. The annual Spring Clean is coming up in April and this is your opportunity to show support and help us in our efforts. Hedges and verges have been cut back, and the litter is appalling in places, Killarney Road, Millstreet Road etc. Our regular volunteers cannot reach on all these areas and appeal to you, your family, or whatever group you are involved in to co-ordinate some litter picks. Tidy Town will provide the plastic bags and take care of collecting and disposing of these. You may also like to come along and join us some Saturday Morning at 9am at our base in Masseytown as we are always open to new people joining in and helping with the work. If you have any questions, feel free to contact Lisa at 087-1434770.

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AIB MACROOM FUNDRAISE FOR HORIZONS

AIB Macroom staff donated €1087.00 for Horizons in 2025 as part of funds raised from the Evening Echo Women's mini marathon in September and a Coffee Morning in October. Subsequently, the branch applied for funding through the AIB Employee Giving Fund, and this donation was matched by AIB.

AIB Macroom Branch Manager, Michelle Carey, said: "This is our third year in a row fundraising for Horizons. We are very proud of the relationship we have built with the Team in Horizons Macroom and look forward to hosting the coffee morning each year. We are delighted to support such an impactful organisation, that does such incredible work in our community to promote diversity and inclusion." This event was very much enjoyed by the local community and by the people supported by Horizons and staff.



AIB Macroom staff donated €1087.00 for Horizons in 2025 as part of funds raised from the Evening Echo Women's mini marathon in September and a Coffee Morning in October.

A GIANT REAWAKENS: CELEBRATE MOTHERS DAY WITH A VISIT THE 'MOTHER OAK OF MUSKERRY'

There is a certain magic that happens when history and nature collide, and this March, the town of Macroom is set to witness it firsthand.

To celebrate the milestone, 40th consecutive National Tree Week, Laura McCarthy and Ted Cooke, Schools Heritage Specialist, and the members of Macroom Environmental Group are inviting the public on a journey that is as much about heritage as it is about restoration of our relationship with our pensioner trees.

The destination? The magnificent Muskerry Oak (also known as the McCarthy Oak), a silent titan of the Irish landscape, set in the Rockboro demense, that boasts a staggering circumference of over 21 feet.

The journey begins at a landmark every local knows well: The Castle Arch. On Sunday, March 15th, at 12:00 PM, walkers will gather by the cannons before setting off on a three-hour expedition.

The route takes participants heading west toward Rockboro. By kind permission of Mrs. Ellen Twomey, this excursion offers a rare opportunity to traverse a working farm and see a side of the Muskerry landscape often hidden from the casual passerby.

- The Terrain: An easy, mostly flat walk suitable for young and old.

- The Caveat: Expect one or two "tricky pieces" of ground—sturdy footwear and appropriate outdoor clothing are a must!



Heritage specialist Ted Cooke being interviewed under the Muskerry Oak with Jim Wilson, reporter for 'Mooney Goes Wild' RTÉ Radio 1. Photo: Laura McCarthy

- The Rules: As we are guests on a working farm, no dogs are permitted (with the exception of assistance dogs).

Attendees are invited to bring a packed lunch, with a suggestion of bringing extra for sharing, as the plan was to "perch and picnic underneath" the grand oak. Appropriate clothing for the outdoors is recommended, and the event welcomes everyone,

young and old, to experience this unforgettable natural wonder.

The spirit of National Tree Week 2026 is truly alive, as the community will gather to appreciate the enduring beauty and historical significance of the Muskerry Oak, a true sentinel of the landscape.



Multicultural Day at De La Salle Macroom



DLS students and their stand at Multicultural Day.



Multicultural Day at DLS!

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Daffodil Day 2026 in Ballyvourney

Daffodil Day, established in 1988, is crucial for supporting the approximately 40,000 people diagnosed with cancer annually in Ireland.

Daffodil Day is the flagship annual fundraiser for the Irish Cancer Society, taking place on March 20, 2026 to fund vital cancer services, research, and support. As the largest fundraiser for the charity, it generates 20% of their income, enabling free transport, night nursing, and information for thousands.

Key Aspects of Daffodil Day:

- **Purpose:** Funds provided on this day support patients and their families, with only 5% of the Society's funding coming from the Government.
 - **Volunteering & Donations:** Over 10,000 volunteers raise funds through street collections, selling merchandise, and holding local events.
 - **Impact:** Funds raised provide services like the Support Line, Daffodil Centres, and free counseling.
- So, on Friday, 20th March please give what you can to make a difference to the lives of people living with cancer by joining us for our Coffee Morning in the Abbey Hotel, Ballyvourney from 9.30am to 12.30pm.

The fundraising hosts would like to welcome everyone to a morning of good company, great fun and lots of raffle prizes, in the relaxed atmosphere of the Abbey Hotel. The ongoing success of this coffee morning is thanks to the support and generosity of the

individuals, shops and businesses of the local and surrounding communities.

Bigí linn don Maidin Cáife Lá Lus'n Chromchinn!!



Lost in Translation

Gougane Sunday is an annual pilgrimage to the Muskerry Gaeltacht which happens at the end of September for the feast day of St Finbarr.

Although it has diminished over the years, it is well attended and people still trek over the surrounding hills, from Kealkil and Kilgarvan, according to the local traditions. Last year a visitor to the area asked me what Gougane meant and I went through the ground in embarrassment of my ignorance. Familiarity with the places had lulled me into my innocence of their meaning and that conversation with a stranger opened my eyes to the hidden heritage around us which we are at risk of losing to the forgetful memory of time.

Echoes of the past are all around us in plain sight through the phonetically spelled names of places that have no intrinsic meaning. The county of Cork in Irish is Corcach Mór Mumhan meaning the great marsh of Munster. Gougane Barra is an unusual name because of the type of place it is describing. Geig Abhann is the rock cleft of the river, therefore it is the rock cleft of St Finbarr. Anyone familiar with the area will see that this is an appropriate description. Some placenames or logainmneacha have more than one interpretation. For example, the River Lee in older texts is called Luae referring to Corca Luighe the people of Luighe son of Ith who was Milesian. Or it could be named after a serpent named Lua who was said to reside in Gougane Barra before St Finbarr drove it away from his abode. The story tells how the serpent escaped to the sea, later creating the river and the lakes of Loch Allua. As we can see, some placenames are descriptive while others refer to myth

As we wind down the river from its source in Gougane, like the mythical serpent, we come to village of Ballingeary. This whole area would have looked very different to our ancestors. Donal Cam O Sullivan described finding this area particularly difficult in his retreat in 1602. Beal Atha an Ghaerthaig translates as the ford of the river woodland. This is closely related in meaning to the Gearagh which is also a woodland along the river but before we reach the Gearagh, we pass through the village of Inchigeela. There is a story here that the O'Leary Clan kept Danish Vikings



as prisoners on an island in the locality and so the name translates as the island of the hostages or Inse Geimhleach. Next on the road we pass through Killbarry. There are a lot of placenames that begin with the word 'Kill' which this does not indicate any violence and actually means church. And so Killbarry is Cill Barra or the church of St Finbarr.

There is another river in these parts which is famous for being the only masculine river in Ireland. The River Sullane – Suth Lán or easily filled is known to be an unpredictable and dangerous river which has claimed many lives over time. It rises in another part of the Muskerry Gaeltacht under the majestic hill of Mullaghanish which has the sweet meaning of the summit of the fawns. (I might mention in passing that the name Óisín is related in meaning small fawn). This is silently overlooking the village of Ballyvourney – Baile Bhuirne which is the home of the beloved and Ballymakeera – Baile Mhic Íre which is home of the sons of Íre. This whole area which includes Ballingeary, Ballyvourney and Ballymakeera is known as Muskerry which was the territory of the tribe of Muse – Muscraidhe.

These brother and sister rivers meet near the famous town of Macroom which is known around Ireland for never raising a fool. The name of the town also has two meanings. Maigh usually translates as a plain and Cromtha means crooked, so you have the crooked plain. Some argue that it means the meeting place of the followers of Crom who was a mythical figure. Macroom has many interesting placenames but here I will mention just a few. Coolcower is known to be a dangerous part of the river and the translation supports this notion. Cuil Cobhair mean recess of the froth or foam. Bealick where the old mill stands also has a flagstone crossing Beal Leice. Sleveen which is such a characteristic feature of the town elevated above the main street means little hill.

This is merely an introduction to the wealth of meaning in placenames and geographical features that surround us. Every townland has a story and even streams and fields have names often pointing to the forgotten lore. There is an unseen heritage hidden beneath the layer of anglicised words which of themselves have no meaning.



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Jolanta has been working in Macroom for six years and opened her own salon in June 2023. Jolanta offers beauty treatments for nails, facial waxing and makeup. Jolanta was closed for awhile but is looking forward to welcoming her old clients back and meeting some new ones at Main Street Macroom, P12KX24. Mob: 086 2149474.



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Olan Buckley of Buckeys Shoe Repairs & Key Cutting Service

Pictured on Friday last 27th February busy at work in his shop in the Shopping Mall Macroom 086 3787678. Olan began by working in Regency Shoe Repairs run by Roches Stores over 50 years ago and moved on to his own shop in the Shopping Mall Macroom over 40 years ago. Olan loves coming to work, and loves the banter with all his customers.



VINTAGE FOR VOLTAGE

Crookstown Veteran and Vintage Club announce that proceeds of this year's Poker Run will go towards funding the installation of a new defibrillator in Crookstown village. Currently there is only one defibrillator in Crookstown and that is located at the community hall. Plans are underway to locate an additional unit in a new telephone-box style enclosure at the side of the main road through the village. This will be more visible and accessible. The poker run, which is open to cars, motorcycles, tractors and trucks, will begin at Crookstown Hall. Sign-on is from 10:30 and first vehicle away at 12noon on Sunday 22 March with prizes, raffle and refreshments in Cliffords bar afterwards.





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 MAY 1ST - GEORGE MURPHY & FRIENDS
 MAY 16TH - CORNELIUS PATRICK O' SULLIVAN *PULL HARD*
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Mary Agnes Dineen turns 105 years old

Mary was born on 14th February 1921 to parents Dan and Bridget she was one of five children, having two sisters and two brothers. She was brought up on a farm in Berring's co cork.

Mary had daily duties on the farm while attending the local school and she loved the animals very much. Mary enjoyed dancing and socializing with friends as a young woman.

Mary met and married John Dineen. They remained in Berring's and worked on their own farm, while busy on the farm Mary loved to bake, sew and knit. She was a member of her local branch of the Irish Country Women's Association for many years. Mary continued to run the farm for many years after the death of her Husband. Mary was an avid reader up to recent times. Mary remains a great storyteller drawing vivid pictures of events as they unfolded some going back many decades, while others of most recent times.

Mary now resides in CareChoice Macroom since 2018. The week leading up to her birthday was a very busy one indeed she had many visitors to wish her well on her great achievement in reaching a wonderful milestone. Mary met with number of staff to discuss how the day would be organized; Mary's wishes were to have someone to sing "the Banks of my own lovely Lee" to her. A fruit Cake to be Baked and a Bottle of whiskey to be made available, should someone like a drink.

Mary also received a letter of congratulations from President Catherine Connolly, when looking at her Medal her comment Ah! sure, I have four of those already, Mary had a wonderful Day surrounded by family, friends and many staff members who were delighted to be present for her very special Birthday Celebration.



MUINEFLIUCH NS

This February at Muinefliuch, the children took part in a range of enriching activities focused on wellbeing, nature, and creativity.

As part of our wellbeing focus, the children enjoyed a refreshing spring clean litter-pick walk. This activity encouraged physical movement, teamwork, and care

for the local environment while fostering a sense of responsibility and community pride.

In our weekly garden club they have explored soil, seeds, and early spring growth, developing an understanding of nature, seasonal change, and the importance of nurturing living things.

The month concluded with participation in our Creative February Exhibition. The children engaged in art and creative expression, exploring different re-useable materials and proudly showcased their work, building confidence and communication skills.



February at Muinefliuch school

INDEPENDENCE MUSEUM KILMURRY

We will be holding a Flower Arranging Demonstration at Independence Museum Kilmurry on Friday 27th March at 8pm. Nora Gallagher, AOIFA, of Macroom Flower and Garden club will be the demonstrator, creating some exceptional arrangements that will be raffled at the end of the

evening. Light refreshments will also be served. Tickets are €15, and must be bought in advance by contacting Siobhan on 0861767295. This is a fundraising event for the museum, as always your support is much appreciated.

DROMLEIGH NS

Dromleigh N.S. students were delighted to participate in the FAI Schools Primary 5's fixture in Drinagh on February 27th.

A fantastic morning of terrific teamwork, well done to all that took part!

There are now more ways than ever to keep up to date with all our activities in Dromleigh N.S. by following us on Instagram @dromleighns, on Facebook Dromleigh N.S Kilmichael or via our website www.dromleighns.ie



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MACROOM FLOWER & GARDEN CLUB

Macroom Flower & Garden Club held it's A.G.M. at Coolcower House February 12th. The meeting was well attended and It was wonderful to see Members return for 2026. The Club Schedule for the coming year was announced with a full Programme of Gardening talks Floral Demonstrations and Flower Club outings. The overall results of Club Competitions were announced by President Winifred Lynch with Marie O Sullivan receiving "The O Callaghan Cup" Decorative and Mary Theresa Kelleher receiving "The Castlemore Cup" in The Horticulture Section.

Following the Meeting a very interesting talk was presented by guest Speaker and Registered Herbalist Majella O Riordan. The presentation invited Members to sample some Herbal teas and organic Pesto made by Majella on the night. We look forward to her return in the near future. The next Club meeting is Thursday 12th of March at Coolcower House 8.00p.m. which is a Spring Gardening talk with guest speaker Julie Roche. Annual Membership accepted on the night and Visitors welcome. Club Competitions further enquires 087-9821708



CLONDROHID NEWS

CLONDROHID PARISH OFFICE IN THE PAROCHIAL HOUSE: This office is opened every Thursday morning from 11am to 1pm. Bookings for Masses, anniversaries etc. are all welcome, 026 619333.

DATES FOR MEDJUGORJE: June 2 to June 9. June 23 to June 30, Sept 8 to Sept 15

All flights ex Cork. For further info contact Tom Dennehy 087 6468658

PILGRIMAGE TO KNOCK: Sunday May 10. Bus leaving Ballyvourney 7am Clondrohid 7.15, Macroom 7.30, Millstreet 8am. For bookings, contact Noel Lynch 086 2202452

CLOYNE DIOCESAN PILGRIMAGE TO LOURDES MAY 29 TO JUNE 3: All bookings through Joe Walsh Tours on 012410800

CART FUNDRAISER: An action packed night of Music, Song, and Dance guaranteed at the Pub Carriganima on this Sat night March 7 at 9.30pm. Tim Joe and Ann with guests Peter Lane, Sheila Fitzgerald, Sheila Heery, Conor Brosnan, Peadar O'Donovan, Barry O'Halloran, Eoghan Kelleher and more

Your support will be most welcome. See ye there.

ENTERTAINMENT IN CARRIGANIMA: The annual St. Patrick's Day Parade will take place in Carriganima on Sunday March 15 at 3pm, led by the Millstreet Pipe Band. Everyone is most welcome to take part, so let's make it a great occasion. Music later in the Pub by The Left Hand Drive Band.

Mark the following in your busy diary, T R Dallas is on his way back to Carriganima. He will be there on Friday April 24.

CARRIGANIMA NATIONAL SCHOOL ENROLLING FOR SCHOOL YEAR 2026/27: Contact 02644107, 086 7943289 or email principal@carriganimans.ie

LAOCHRA OG TRACTOR RUN: IN AID OF CLONDROHID PLAYGROUND: This will take place on Sunday Mar 29 at the Laochra Og Pitch. Registration from 2pm, tractor run commencing at 3pm. Refreshments served, raffle tickets on sale. Draw for raffle and Music in the Tavern Pub from 5pm. €20 per tractor. The Kids will have a mini run at 2.30pm, bring your own toy tractor and join in the fun..Should be a great occasion, your support will be appreciated.

IRD DUHALLOW: They are hosting a series of workshops on Biodiversity in your Neighbourhood.

The course will run over 3 Saturdays in March, April, and May in IRD Newmarket, and Inchigeelagh Community Hall. For more info or to book a place contact Ellie on 02960633 or email elliedonovan@irdduhallow.com

BINGO: Continues every Wed night at 8.30pm. Thanks to all who help to organise and run it, Well done. Everyone welcome. Your support is much appreciated

LINE DANCING: It is on in the Community Hall on Thursday nights from 7pm to 8.30pm. Everyone welcome,

SINGING IN THE TAVERN: This lovely sing a long or tell a story group meet the 2nd and the 4th Monday nights in The Tavern from 9pm. The next session is Monday March 9 They would love to see you there.

LOTTO: Results for Feb 25. Jackpot €2,200. €70 Mary F Creedon c/o Bingo. €20 Nessa McCarthy Carriganima, John McDonagh Dromree, Ena O'Brien c/o Bingo. Breda Cooney Inchigeelagh

UIBH LAOIRE NOTES

Uibh Laoire A RA

The club's AGM was held recently. The chair person, Guss O Riordan, thanked his committee colleagues for their hard work during the past three years. From the floor came many voices of praise and gratitude for the committees hard work over that period. A new committee was elected, Ann Mc Sweeney, chair person, Eileen Bean Uí Cheilleachair, Rúnaí and Margaret O Callaghan treasurer. Their assistants were Maire Uí Conchubhair, Dermot Kelliher and Breeda Quill O'Leary respectively. Finbarr Cronin is the groups delegate to regional and national meetings. The association is open to anybody who is retired or near retirement. It aims to reduce loneliness through inclusion, advocacy, friendship, and organising local activities. Croi na Laoi

The recent AGM was well attended with the following officers re elected : Chair Tim Maher, Secretary Mary Mac Sweeney and Treasurer Andy Wells. The group

have a number Of projects completed over the year and a number of projects in hand for the coming year. In his speech, the chair person highlighted the high marks received in the tidy towns competition and the work being done to acquire the parish hall for the community. He noted the help received on the legal side of this project. He thanked the sub committees for their hard work, the tidy towns committee, the grants committee and the very successful work done towards providing the local walks and their sign posts. He conveyed his gratitude to all who supported the planting projects and the members who helped with the Litter Challenge in early summer. New members are always welcome.

Garda Clinic

A Garda will attend at the parish office on March 2 and March 9 between 11 and 12 noon. For emergencies phone (026)20590

Inchigeela Hall

Chair Yoga will be held in Inchigeela Hall every

Wednesday from 2 pm to 3 pm until April 1 all welcome. Dancing continues on alternate Sundays from 3 to 5.30pm On 15th of March social dancing with Gavin Griffin all the ways from Mayo Bridge in County Down, Northern Ireland. " The best young talent by a country mile" says the Belfast Telegraph. The hall holds bingo on Friday nights and cards every Sunday night.

Quiz Night

Naomh Fionnbarra Ladies Football Club are holding a fundraising general knowledge table quiz on Fri 6 of March in Inchigeela (Creedons) and in Ballygeary (Tig Seartain) @8pm €40 per table . Please support. Do this in Memory

This month special day for children and families preparing for First Holy Communion is March 8th at 10am Mass in Beal Átha and 11.30am in Inchigeela Yoga l mBeal átha

Beidh Yoga sa Halla Beal Átha door a 7 agus a 8

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Kilmurry Active Retirement

What it is that concerns us

On Wednesday the 25th of February we tried something new. Well new for us anyway. We talked. I don't mean chat talk; I mean talk talk. Talk with the objective of discussing and understanding that which is of most concern to us. While there is truth in the saying "God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference" there are few trustworthy authorities on wisdom in this secular world that we now inhabit. How do we determine what we can change and what we cannot? We may not know, so we can choose to apply our experience and guess. I think, we do know one thing. Inspiring though any individual may be, what a group, a community working together can change is more than what an individual can change. We are after all social beings, and most of us live out our lives primarily concerned with our relationships, our connections, and our interactions with other living beings. It appears therefore that for most of us, our main interest is indeed our social world. Our committee saw the need for us to meet to talk. They asked our members for their help. They wanted to focus on and discuss what is really of most concern to us, and to our age cohort too. During that Wednesday's meeting we moved from topic to topic every fifteen minutes or so. We had hoped to get a feel for how much each issue concerns us and what, if anything, we could do about it. Would it be realistically likely that we could assist in bringing about or influencing change. We started with our response to global warming as this was an example of something that we had addressed last year, and it was an issue on which we have decided that we want to do something more substantial this year. We then discussed ageism, and how we older people limit ourselves, and how the culture of our society limits us in making our contribution.

Loneliness within our communities was the issue on which we spent most time during our discussion. This chat elicited a wealth of practical ideas and that discussion is ongoing still through follow up WhatsApp messaging. The discussion morphed for a while too into how great it would be if we could attract more men from our community into our association. Isn't it great to be wanted by the women at this stage of our lives! Those men present were asked what we could suggest to attract more men. I stayed silent, thinking to myself, that it is women that has that expertise. We rather briefly grappled too with the opportunities and risks that Artificial Intelligence will present to us. We did not get around to end of life financial concerns and other issues that had emerged during the discussion. When I was a younger man, I used to think that the closer one gets to falling off the cliff, the less one would be concerned about anything other than what it's like



Kilmurry Woods delights

(and what the temperature is like) at the bottom of that cliff. I had the view that the older one gets, the narrower one's concerns would become. This was of course ageism, an unexamined assumption, prevalent in the society in which I had inhabited and that I had absorbed, that older people choose to withdraw, withdraw into themselves, are no longer focused on society at large and are no longer engaged, no longer players, no longer contributors. I suppose such thinking, or more accurately not thinking rather than thinking, was self-serving for a younger man eager to take over the reins, and to grasp whatever opportunity that arose due to that which may have befallen on those ahead. Of course it was a deep arrogance, devoid of knowledge, experience, and certainly wisdom. But happily, I now see I was very wrong. Most older people seem to become more interested in others and less interested in themselves as they age. It is quite the opposite to the stereotype. I have been educated by the experience that I have gained through observing those around me. Thank you, Active Retirement, and thanks to the community that I had the good fortune to come to and to grow old(er) in.

We are now looking forward to the next bit, what will be that big society wide social concern with which we will grapple. We know we may not solve it. We will though, hopefully with enthusiasm and some more experience and wisdom, want to play our part in addressing it. So, no matter whatever may be at the bottom of that cliff, we, here and now, as we approach it, can continue to look forward to enjoying an ever-changing view that is presented to us.

Ongoing Activities

Our activities are getting into full swing.

On Mondays, bowls are at 10.15am in Coachford. Staying Fit courses being given by Evelyn are on Mondays in Crookstown at 5.30pm and in Kilmurry at 7pm.

On Tuesdays, Rose Mc Carthy classes 'Dance to Music' first then Tea/Coffee Chat and then second session Tai Chi/ Movement/ Dance etc. are in Kilmurry Museum at 2pm. You can attend one or both sessions as you wish. On Wednesdays aqua aerobics are at 10am in Macroom.

Our Wednesday afternoon group meets for fun, games and more from 2-4pm in the Independence Room in Kilmurry Museum. On the 11th of March there will be flower arranging, but once a month (for March it is on the 18th) it is off on the mystery tour coffee crawl for us.

Zumba is in Crookstown hall at 6.15pm on Wednesdays. It is exceptional value at just €50 for the 10 sessions. You may still join, pro rata, for the remaining sessions. However, you do need to join our association, as that is an insurance requirement.

On Fridays, Mary Kelleher's buff bones course is from 1.30 to 2.30pm in Crookstown hall.

Well-being classes will be starting on Monday the 16th of March for 6 sessions 2.30 to 4pm. We are grateful for the support from CETB for this course and for the Rose McCarthy courses too, and for more activities yet to begin.

A note for your diary; the Southern branch of Active Retirement Ireland is holding its AGM and Spring regional meeting in Killarney on the 19th of March.

If you would like to join us, our association is open to all and now is a great time to join. You will get a full year for your membership fee of just twenty euro. Our philosophy is that age makes no difference, but health does. We try to do what we can to keep healthy and challenged in body and in mind, and amused too, and together that is easier. We will keep you just as busy as you choose to be and positively engaged in the community. We think you would enjoy it. For more information contact Aidan at 0894057676 or kilmurryactive@gmail.com.



Scor na bPaistí

These talented performers are just 5 of the 30 students proudly representing Canovee NS & GAA across a variety of competitions at Scor na bPaistí this weekend. We wish all the students and their teachers the very best of luck – enjoy every moment and do yourselves proud!

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Sunday 15th March

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2026



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POST PARADE

Cullen Pipe Band, Ballingeary Pipe Band Recital. Live Music with the Two Drops in Coolcower House 5.30pm & Castle Hotel 9pm, check out the local bars for more entertainment.

Clubs & business please enter your float by emailing info@macroom.ie



Thanks to all our sponsors, a full list will be published post parade

PARKING

There will be no parking on the Main Street from 8.30 a.m. on St. Patrick's Day. We request your co-operation with the Garda Síochána and parade marshals in this matter. There will be no through traffic from 2.30 p.m. to 5 p.m. Diversions will apply. Off street parking is available at the Mart, Fair Green Car Park, at the Bridge and Castle Grounds. Patrons are advised to be in Macroom no later than 2 p.m. to avail of easy access to car parks. A tow truck will be in operation from 1.30 p.m. to 3.30 p.m.



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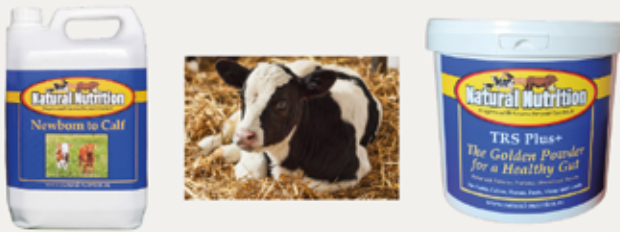


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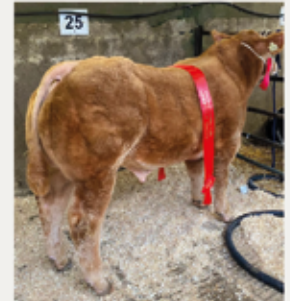


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Macroom History Group Lecture, 9 February 2026,

by Dr Jérôme Aan de Wiel (UCC).

‘French-Irish Intrigue: French 1902-04 and 1922 invasions that never happened’.



Free State General J.J. ('Ginger') O'Connell, 1922 (Internet).



Boer War images (internet).



An tAthair Peadar Ua Laoghaire (Internet).

Britain has been mostly an enemy of both Ireland and France for many centuries; Ireland, because it was subjugated and France, because of European great power rivalry.

In such situations, one's enemy's enemy is one's friend. And so it was with Ireland and France, notably in 1796 when a French Armada was in Bantry Bay and Humbert landed a French army in Killala. For various reasons, the expeditions failed. During hostilities, France saw Ireland as a possible base from which to attack and/or invade Britain. Further, Ireland was predominantly Catholic and had, periodically organized physical force movements. Examples are: O'Neill's and O'Donnell's resistance in Ulster (The Nine Years War, 1594-1601), the Whiteboys (18th/19th C.s), the United Irishmen (late 19th C.), The Young Irelanders (1840s), The Fenians/IRB (1858-1921) and the Old IRA. Art O'Leary, Daniel O'Connell and many priests were educated in France. From the mid 19th century, the Irish Diaspora was considered a great potential asset that could help with worldwide public opinion, weapons and money. Cambon, French Ambassador to the U.S. in 1900-04 was of this view. These factors made Ireland an attractive target for French intervention.

Dr. de Wiel spoke about two early twentieth episodes of Irish-French intrigue. Born in Holland and raised in France, he is fluent in Dutch, French, German and English, and he can read Spanish and Italian – this allows him to access military archives in several languages. His talk was based on his research there. As with much intelligence research, information can be incomplete and names missing.

The first incident was in the 1900-04 period. Its roots were in history. Prussia militarily defeated and humiliated France in 1870-1 and thus began Germany's rise to great power status. Britain, France, Germany and other European nations were bitter colonial rivals in 'the scramble' for supremacy in Africa, Asia, The Middle East etc. in the late 1800s, at one point, the British Empire controlled as much as 24% of the world's land mass. At Fashoda, Sudan, in 1898, British military superiority, and diplomatic pressure, forced the French to withdraw – France felt humiliated. In the (2nd) Boer War, 1899-02, Britain struggled to gain the upper hand and French sentiment was strongly pro-Boer. Because of the Dreyfus affair and other factors, British public opinion was anti France. For some in the French army and government, it offered a great chance for revenge. 1916 leader John MacBride (Maud Gonne's husband)

led an Irish Transvaal Brigade in the war, although many more Irish fought on the British side. Irish pro-Boer sentiment was strong across a wide range of Nationalist opinion in Ireland. Irish Republicans saw an opportunity to further their cause, met French intelligence personnel and plans were laid to invade Ireland.

Boxes of military intelligence files in Vincennes and the Quai d'Orsay, Paris, confirmed how seriously the proposal was addressed. French agents reported on coastal defences, returned regional maps, did topographical studies, reported on roads, analysed nationalist and unionist groups, assessed public opinion and so on, and sent them to the Deuxième Bureau, their intelligence headquarters, and these were passed 'up the line' to their political masters. Kinsale, Ballycotton, Courtmacsherry and Oyster Haven were considered as landing sites, with Ballycotton or Kinsale favoured. Plans were drawn up and tactics devised. Initially it was thought that a small initial party would land, gather support and head towards Connacht, thereby drawing Crown troops on a diversion, away from Dublin. Shortly afterwards, a 60,000 force with equipment would land and head towards the capital. Republicans were convinced, and convincing, that local people would support, supply and indeed join the force. However, British spies in Paris became aware of the plans, and other colleagues agents in the U.S. had infiltrated Clan na Gael, (the U.S. wing of the Fenians) and reported what MacBride had said to them in America. However, all plans were abruptly cancelled when Britain and France, buried their differences and signed the Entente Cordiale in 1904, to agree on the division of African colonies and mutually support each other in matters of intelligence and plans. Germany, backed by the Austro-Hungarian and Ottoman Empires in The Triple Alliance was now seen as the biggest threat to France and the UK, and to peace in Europe.

Irish Republicans were dismayed at this breach and turned now to the Germans for succour and support. In France, a Separation of Church and State Law was passed and this was seen as being anti-clerical and anti-Catholic. Irish Catholic opinion was appalled and a strong anti-French feeling developed. During WW1, French General Joffre sought conscription in Ireland and saw the Easter Rising as drawing troops from France where, he insisted, that they were badly needed. Conscription (1918) was the issue that united nationalist opinion in Ireland and the execution of

the 1916 Rising leaders changed Ireland's attitude to Sinn Féin and the use of physical force to obtain freedom. France and Britain were staunch WW1 allies. Irish-French relations were effectively broken until, surprisingly, Free State General J.J. 'Ginger' O'Connell in January 1922 visited Paris, perhaps when attending the World Conference of the Irish Race taking place, and he called on the French Intelligence. He said that the Free State was interested in having Irish army officers trained by the French. He asked that the meeting be kept secret from the British. This was just after the Treaty was concluded and the Free State set up. O'Connell returned to Paris and this time suggested that Ireland and France form an anti-English (British) Alliance. This signalled that some in Ireland were prepared to break some terms of the Treaty. Once WW1 was over, France and Britain were going their separate ways, with old grievances returning. Among other things, France quit Turkey and the British cried 'treachery'. Then Civil War hostilities broke out and all changed again.

O'Connell most probably was sent and questions remain as to who, if anyone, sent him, and what were the reasons behind the visit and what his own motives were. At the time, for many, The Treaty was still unfinished business and the 'actors' did not then know all the information. Indeed, many of the facts still remain shrouded in mystery.

Sources:

1. Dr Jérôme Aan De Wiel's lecture to Macroom History Group, "The French landings in Cork that never were, 1900-1904 & 1922; A European tour in intelligence archives", 9 Feb., 2026.

2. Jérôme Aan de Wiel, 'French Military Intelligence and Ireland, 1900-1923', in 'Intelligence and National Security', Vol. 26, No. 1, pp. 46-71, February 2011.

Con Kelleher

Macroom History Group. Next Lecture – Dr Katie Ní Loinsigh, UCC and Ballyvourney will speak on 'An tAthair Peadar Ua Laoghaire agus caint na ndaoine'/An tAthair Peadar Ua Laoghaire and the (everyday) speech of the people' on 9 March, Castle Hotel, 8.00 p.m. From Liscarrigane, Clondrohid, he attended Latin schools in Macroom (Castle Street and Massytown) and later served as a Catholic Curate in the parish. His use of vernacular speech modernised writing in Irish and he was a leading figure in the Gaelic League/Conradh na Gaeilge.

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Mary Cooney was born in Lackbeg, Renaniree in 1914. Her parents were James and Mary Cooney (nee Casey).

She was the second eldest of their family of three girls and four boys and the family home was in Liosbuí Beag. Inspired by a desire to serve the people of Africa as a religious sister, Mary entered the convent of the Sisters of Our Lady of Apostles in Ardfoyle in Cork in 1932 when she was 18 years of age. She received Sr. Benedict Joseph as her religious name and joined many others of similar age who were similarly inspired to serve God in the continent of Africa.

She served three years of her early religious life in Los Angeles and was then appointed to serve in Egypt where she spent the next nine years in fruitful service. She contracted a serious tropical disease and there was a real risk that she would die and this prompted her family to discuss how her body might be brought back to Ireland in that time of war and turmoil (World War II). As it transpired, they need not have worried because she lived more than 60 years thereafter and died at the ripe old age of 92.

Her next assignment was to work in

provision of education in Ghana and thereafter she returned to Europe where she completed courses in French and in Commerce. Equipped with her newly acquired qualifications, Sr. Benedict Joseph was assigned to St. Teresa's College in Ibadan, Nigeria. She subsequently served in Marywood Secondary School in Lagos and later in Yaba Secondary School where she was "a meticulous office administrator" and "thorough in the performance of the many tasks required in that situation." In the years after the Second Vatican Council, the rules relating to use of religious names were relaxed and thereafter Sr. Benedicta was known as Sr. Mary Cooney. The following excerpt from her obituary provides a brief insight into her character:

"Sr. Mary Cooney was a gifted and dedicated educator. She will be remembered by her pupils and co-workers not only for her efficiency and orderliness but for her interest in people and her practical concern for their welfare. Her quiet presence and good humour were very welcome – especially in the midst of the many stresses of school life – while her calmness and patience touched all



Family picture. L to R. Peggy Cooney, James Cooney, Sr. Benedict Joseph, Mary Cooney and Paddy Cooney on the occasion of his Holy Communion probably 1933

those she met. She was happy to be involved in the joys and sorrows of those around her, and shared with them her own faith and trust in God." Her health deteriorated and she was confined to bed for lengthy periods during her final years but she retained her serenity, her graciousness and gentle humour.

Sr. Mary Cooney died on Christmas Eve, 24 December 2006. She had given 74 years of service to God and to humanity.

Family picture: L to R: Peggy Cooney, James Cooney, Sr. Benedict Joseph, Mary Cooney and Paddy Cooney on the occasion of his Holy Communion probably 1933.

P.S The lives of 70 nuns, brothers and priests from Kilnamartyra Parish are listed in my book **THAT THEIR GOOD DEEDS MAY NOT BE FORGOTTEN**. Sr. Benedict Cooney is one of two nuns who were not included. I am happy to be able to record her life of service in the Lee Valley Outlook. – *Con Lynch*

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A Word of Victory

"When will you finally catch on? Is He deaf - the One who made your ears? Is He blind - the One who formed your eyes? He punishes the nations - won't He also punish you? He knows everything - doesn't He also know what you are doing?"
(Psalm 94:9-10).

Welcome back dear student, we sure are living in perilous times (2 Timothy 3:1-5). Jesus warned 'when you hear of wars and rumours of wars... look up for your Salvation draws near' (Luke 21:9-36). There's always going to be chaos in the world friend, for the god of this world is Satan, the most divisive, destructive, lying tyrant, and manipulator (2 Corinthians 4:4). When people are influenced by, or aligned with him, curse, instability, and wickedness result. It's wonderful to see the dear people of Iran celebrating freedom from that oppressive and brutal regime, praise God, we pray for Salvation and Peace. We pray for protection for those caught up in the conflict, for those living in the nations surrounding Iran; and for those working to deliver our world from the threat of terror (Psalm 46; Psalm 121). Thank You Father for exposing the works of darkness, in Jesus' Name (Ephesians 5:8-11).

Over here it has been distressing to hear in the news of the number of babies who were born alive after abortion procedures. Mattie McGrath TD who requested this information from the HSE, found out the number stands at one hundred and eight from 2019 to 2023. No doubt many more in the intervening years. Since abortion was legalised in Ireland seven years ago, almost SIXTY thousand babies have been terminated here. Terminated is a benign word for brutality conducted in the privacy of the womb, unseen by the naked eye - hence it doesn't touch people like it should. But God sees everything. I doubt that those who were tricked into voting 'yes', ever thought it would come to this. People were led to believe that it would only be the odd pregnancy ended here and there; like if the mother's life were in danger. They talk about population decline - sixty thousand is the population of Waterford City, that's a lot of children not given the chance of life. The figure worldwide is about seventy-three million abortions EVERY year. Of course there are people who benefit from it: it's a lucrative industry - selling aborted body parts and tissue for research. It does not empower women but is a marketplace of rampant greed. The lies and manipulations by those who push for abortion are now being exposed, and hopefully the people of Ireland will arise and demand its end. It is not healthcare and is not good for any mother - evidenced in scientific studies of female mental health problems and depression post-abortion, and also from personal testimonies; and it's certainly not good for the innocent babies.

To think that in our hospitals babies are being born alive after surviving the violence of the abortion procedure; and then left to die without any pain medication, with no medic allowed to comfort that little one as they take their final breath is horrendous, and undignified. It can be minutes or hours of anguish before they succumb to death. Four of the one hundred and eight babies were over twenty-four weeks - with no indication of any congenital anomaly. If this were happening to animals, there would be protests and riots nationwide - and rightfully so. Sadly, animals are given more protection and comfort than human babies. It is completely unacceptable and inhumane. And don't forget the majority of our public representatives voted for no pain relief for babies during abortions. This whole thing is a modern-day wicked scandal and a source of curse upon our nation (Proverbs 26:2; Proverbs 6:16-17).

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CLAN QUILL (Ó CUILL) QUILL RECOGNISED BY CLANS OF IRELAND

Clan Quill (Ó Cuill), noted as one of Ireland's rarest native Gaelic surnames, has been formally recognised by Clans of Ireland, marking an important milestone for descendants of this historic Cork–Kerry border lineage at home and across the diaspora.

Originating exclusively in the Shehy Mountain district between Macroom and Killarney, the Quill name has remained remarkably concentrated in the region for centuries, appearing in only a handful of households even in the early nineteenth century. Its rarity and geographic continuity suggest that most Quills today share a common ancestral line.

The newly recognised Chief, 23-year-old King's Inns law student Tadhg Quill-Manley, represents a new generation committed to preserving this shared heritage. Membership of Clan Quill is free and open to all of Quill descent worldwide, offering a renewed sense of collective kinship and belonging rooted in Ireland's clan tradition.



Clan Quill (Ó Cuill), noted as one of Ireland's rarest native Gaelic surnames

MACROOM URBAN AND THE FIGHT FOR FAIR RENTS

By Tadhg Quill-Manley

At the turn of the twentieth century, Macroom was a town caught between promise and decline. Shopfronts masked uncertainty, building land lay beyond the reach of local enterprise, and tenants faced rising rents with little protection. While the great agrarian struggle was reshaping the countryside, many in Macroom began to ask a pointed question: who would fight for the towns? The answer came on an October evening in 1903, when a crowded meeting in a local Hall set in motion a movement that would place Macroom at the forefront of Ireland's campaign for urban tenants' rights.

In early October 1903, as reported by the Southern Star, a packed public meeting in Croome's Hall marked the formal launch of the Macroom Urban branch of the Town Tenants' Association. The gathering, described as large and representative, brought together leading figures of the town, including members of the Urban District Council, local professionals and prominent nationalists. John O'Shea, Chairman of the Urban Council, took the chair on the proposal of solicitor John J. Murphy. O'Shea, warmly received, declared that while the town had long supported the struggle of rural tenants, the time had come for urban occupiers to assert their own claims. With the land question "virtually settled", he argued, town tenants must now organise to address grievances that had lingered for years. The new Association, he insisted, would work in harmony with existing bodies and, he hoped, inspire similar movements across Ireland. Murphy followed by outlining the urgency of the cause. Town tenants, he said, faced mounting rents and limited opportunity. He recalled an earlier effort by local councillors to attract industry to Macroom, including the possibility of establishing a match factory — a venture he believed could succeed and invigorate the local economy. Others spoke of rent increases and the stifling of enterprise. A resolution, proposed by Murphy and carried unanimously, declared that tenants in towns and villages must now combine

and affiliate with the national executive to press their claims. The response was immediate. Subscriptions were paid on the spot and officers elected, with Jeremiah J. Cronin as President, O'Shea as Honorary Secretary and Dr Jeremiah Kelleher as Treasurer. From the outset, the Association was closely aligned with the wider nationalist movement, reflecting the involvement of figures connected to the United Irish League. By December, the Southern Star noted a groundswell of support across Co. Cork. Urban councils and town commissioners, it observed, were taking up the cause, recognising that stagnation and decay in Irish towns could not be separated from the grip of landlordism. The resolution circulated from Macroom was widely adopted. In Skibbereen, councillors complained of exorbitant prices for building ground, making expansion or new enterprise almost impossible. Once-thriving towns, it was argued, were slipping into decline; houses fell into ruin, investment dried up, and emigration hollowed out communities. If agitation had secured gains for rural tenants, many believed similar organisation would yield results in the towns.

The Macroom branch quickly looked beyond its own district. In August 1904, it turned its attention to Cork City, where the Lord Mayor agreed to convene a public meeting to establish a branch there. Correspondence with the Dublin Executive followed, though practical difficulties arose over dates, speakers and expenses. Macroom members found themselves shouldering the costs of advertising and organisation, prompting debate as to whether the burden should be more fairly shared. Despite such challenges, their determination underscored the branch's growing confidence and ambition.

By July 1906, at an annual meeting in the Town Hall presided over by Very Rev. Canon Murphy, the branch could reflect on tangible progress. Funds were modest and accounts tight — affiliation fees, conference delegates and printing costs left the Association briefly in debt — yet its leaders believed their influence now extended far beyond Macroom.

A resolution calling on the Government to enact sweeping protections for urban tenants was passed unanimously and forwarded to leading political figures, including Chief Secretary James Bryce and Irish Parliamentary Party leader John Redmond. Urban tenure, the meeting declared, was fuelling emigration and depopulation; reform was urgent.

By 1910, the movement had matured into the Macroom Town Tenants' League, as reported by the Cork Examiner. A newly elected committee set about formalising rules to safeguard the League from manipulation and to strengthen its hand in negotiations. Resolutions called on the Irish Party to honour its commitments to town tenants and to press for legislation securing fair rents. The League also adopted practical safeguards: members were not to take over premises from fellow tenants without offering a fair price, and outside "house-jobbers" were to be excluded from interfering in local arrangements. Debate over rent reductions revealed a careful pragmatism. While some favoured a 25 per cent cut, others urged moderation. In the end, the committee opted for flexibility rather than a fixed demand, recognising that success would depend on unity and measured negotiation.

In less than a decade, what began as a crowded meeting had developed into a disciplined and outward-looking organisation. Rooted in local grievance but connected to national politics, the Macroom Town Tenants' movement reflected a wider awakening in Ireland's towns — a determination that urban tenants, no less than their rural counterparts, would organise, advocate and demand their share of reform.

SOURCES:

- Cork Examiner 29/7/1910
- Skibbereen Eagle 6/8/1904
- Skibbereen Eagle 28/7/1906
- Southern Star 10/10/1903
- Southern Star 12/12/1903

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THINK GLOBALLY, **ACT LOCALLY**

ORCHARD REVIEW 2025 – AN EPIC FRUITING YEAR



Chance seedling Inchegeela dripping with apples



Dabninnett cider apple tree at Raleigh, Macroom



Teaching a summer pruning course in Ballingearry

The best apple year since 1420 in Shire reckoning
Hi Chris Barrett here!

Today I am hearing from Paul Lynch who is a professional permaculture designer and provides orchard care for hundreds of customers on thousands of trees across Cork and Munster. He also teaches sustainability skills courses.

In this article he looks back at the exceptional apple crop of 2025 (Article adapted from permaculturedesign.ie)

In the final chapter of Tolkien's epic "Lord of the Rings" saga Sam Gamgee "the gardener" spends the winter months planting trees "in all places where specially beautiful or beloved trees had been destroyed" after the turmoil that the War of the Ring wreaked on even the remote Shire.

While planting and tending, he carefully scatters the grains of magic dust bestowed on him by Galadriel, the "Lady of the Woods". Needless to say, the next year – 1420 (in shire reckoning) – provided perfect growing conditions and bumper crops.

"Altogether 1420 in the Shire was a marvellous year. Not only was there wonderful sunshine and delicious rain, in due times and perfect measure, but there seemed to be something more: an air of richness and growth, and a gleam of beauty beyond that of mortal summers that flicker and pass upon this Middle-earth."

The harvests in 1420 were of appropriately epic proportions and quality:

"The Northfarthing Barley was so fine that the beer of 1420 malt was long remembered and became a byword. Indeed, a generation later one might hear an old gaffer in an inn, after a good pint of well earned ale, put down his mug with a sigh: "Ah! That was proper fourteen-twenty, that was!"

• Tolkien from the final chapter of "The Lord of the Rings"

A-May-zing weather for fruit trees

From the springtime of 2025, I was already drawing parallels with that fictional but very realistic epic harvest year in the Shire. In the spring there was a quality to the flowering trees I had never seen the like of, and can only describe as magical. The following

fruit-set kept bearing along those epic lines and most people with fruit trees noticed the bumper crop. In the autumn many were scrambling to make provision for some worthwhile use of all that fruit.

Ideal pollination conditions in the spring of 2025

The signs early on were for an excellent fruit crop in 2025. The conditions for pollination were almost perfect – no late frost and no late storms. There were calm conditions with little to no rain, save in the latter half of April. The busy bees and other pollinators had free reign to buzz about and see to all of those lovely flowers in perfectly calm, warm and dry conditions.

A healthy seasonal frost

Even the previous winter cold spell was good for the trees. Proper cold winter weather has a role in regulating the apple tree biological clock. The fabulous flowering we experienced in 2025 can be correlated to the timely seasonal cold snap in the middle of the preceding winter.

The epic apple crop and harvest of twenty-twenty-five

My family home garden in Macroom has apple trees that are about twenty or twenty-five years old now. Early on I tried to form them along the lines of the classic open centre shape. It was only after reading Fukuoka's "One Straw Revolution" that I began to retrain them along the more natural central leader shape, with, it must be said, good results and lower maintenance requirements. The massive crops in the images shown are not unusual of what was seen last year across Ireland.

I was walking near Inchegeela in West Cork during the late summer and came across a fully grown chance-seedling apple tree in the hedge. It was easy to spot as it was dripping with apples. As it happens, the apples didn't taste great at all, so it will probably remain a singular individual, fated to live and die much like ourselves and will never get propagated through the ages via grafting.

Apple Juice, Cider and Cider Vinegar

I bought a small cider press about 15 years ago and have been making apple juice, cider and cider vinegar most years in various quantities since then.

When I was younger, cider was the most valued prize

among the potential products. Now however, it is the cider vinegar that I value the most. Cider vinegar is so widely appreciated for its healthful properties that you don't even need to be especially health conscious to have heard of the benefits.

Unfortunately one must first make cider in order to make cider vinegar, and you have to develop a bit of a hard heart to take the next step of turning the golden nectar into vinegar!

Self-sufficiency or Inter-dependence?

I really didn't feel I had the time to do the gathering and processing this year to do the epic apple crop justice, so I tried to ignore it and concentrate on other "pressing" matters. But I couldn't ignore it. Holmgren's permaculture principle of "Take a Harvest" was burning in my mind. I remembered however that some of my customers in previous years had brought apples to the Apple Farm in County Tipperary to get them juiced.

I realised that this was the perfect year to try them out. I could put the little time I had into gathering the apples, and I could let the apple farm do the pressing. Cider Meitheal: Tree crops and community development go hand in hand

Clubbing together to press juice is a natural way to harvest, process and consume the bounty of nature: there is a lot to do in a short burst and a large volume of product produced, some of which is a traditional beverage in community celebrations.

If you don't have a big gang or the equipment available for home pressing, then a group can still club together to gather and transport the apples to the Apple Farm. I'm glad to have other stakeholders in this batch: friends who did some gathering with me, and some other people with apple trees.

I would like to thank Paul Lynch is a professional permaculture designer and provides orchard care for hundreds of customers on thousands of trees across Cork and Munster. He also teaches sustainability skills courses. For more info see: permaculturedesign.ie

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AGHABULLOGUE GAA, AGHABULLOGUE CAMOGIE AND COACHFORD AFC UNITE FOR MAJOR CELEBRATION NIGHT

The parish of Aghabullogue and the wider Coachford community are preparing for a special evening on Friday, March 13th, as Aghabullogue GAA & Camogie Club and Coachford AFC come together to celebrate an exceptional year of sporting achievement. The event will take place in O'Riordan's Bar, Coachford, where all trophies and honours from the 2025 season will be showcased.

Aghabullogue GAA enjoyed one of the most successful seasons in its modern history in 2025, securing a remarkable list of honours across both hurling and football. The club captured multiple league titles, including the Mid Cork Division 2 Hurling League, MIG Division 4 Football League, and the Red FM Division 5 Hurling League. They also claimed the Cork Premier Intermediate Football Championship and Intermediate A Hurling County Championship, along with success at U21 level. A second championship double in 2 years for this remarkable group of players. Aghabullogue Camogie Club continued its strong tradition, contributing significantly to the parish's sporting identity, with players, coaches and volunteers strengthening the club's foundation throughout 2025. As a result of this the Barry O'Sullivan Cup along with the Lily Grant Championships were won by these successful teams

Coachford AFC likewise recorded a standout & historic year, the best in their history. Lifting the Keane Jewellers Munster Champions Trophy, the Munster Junior Cup and topping the Murphy's Stout Cork AUL Premier Division with an unbeaten run. The club also delivered unbelievable performances, winning the Mossie Linnane & the AOH Cup both also played in Turners Cross.

The celebration night will feature all trophies on display, speeches from club officers, and acknowledgements of players, coaches and volunteers. The event is open to all members of the community.

Date: Friday, March 13th

Venue: O'Riordan's Bar, Coachford

Time: From 8:30pm – All Are Welcome





GENERAL GAA NEWS

Allianz National Hurling League 2026 (Six group games)

Cork 3-25 Waterford 1-16 in Cork
Galway 1-21 Cork 2-20 in Galway
Cork 0-29 Tipperary 0-22 in Cork
Kilkenny 1-15 Cork 3-12
Sat Mar 7th away to Limerick TUS Gaelic Grounds 7pm
Sat Mar 21st at home to Offaly at Supervalu P Ui Chaoimh 7pm

Division 1A NH League Table (6 games)

Cork P4 - W4 D0 L0 Diff +26 - Pts 8
Limerick P4 W3 D0 L1 +26 - Pts 6
Galway P4 W2 D0 L2 +12 - Pts 4
Tipperary P4 W2 D0 L2 +0 - Pts 4
Kilkenny P4 W2 D0 L2 -5 - Pts 4
Waterford P5 W2 D0 L3 -13 - Pts 4
Offaly P5 W0 D0 L5 -46 - Pts 0

Kilkenny 1-15 Cork 3-12

Kanturk's Alan Walsh, a 69th minute substitute on the field for only a minute, was the Rebel's hero when he grabbed the vital third goal that all but guaranteed Cork's victory and maintained their unbeaten run in the Allianz Hurling League.

This was a less than perfect performance from Cork but Manager Ben O'Connor was delighted with the fight shown in heavy conditions and with a less than full panel available. Cork have a dreadful record in the league at Nowlan Park so this was a notable victory over the Cats in front of an attendance of over 14,200.

It was largely non-contact hurling during the opening half with plenty of rehearsed short passing and good running off the ball by both teams. Cork, however, were good value for their double scores lead of 1-9 to 0-6 at the break, the goal coming as early as the second minute, Alan Connolly setting up Brian Hayes for a tap in. Cork had failed to capitalise on several good goal chances they had created.

The pace of the game picked up on the restart, and Kilkenny looked dangerous early on. Cork goalie Paudie O'Sullivan made a fine save in the 39th minute and Cork missed a penalty when Alan Connolly rifled the ball wide after Barry Walsh had been fouled.

Cork has a good goal in the 52nd minute when Barry Walsh raced in from the right and sent a cracking drive to the net to open out a decent lead of 2-11 to 0-10. After Eoin Cody, buried the ball in the Cork net to slash the divide to 1-13 (16) to 2-11 (17) in the 63rd minute the match was wide open but Cork had a point from a free by Alan Connolly to help them draw a breath and Alan Walsh's late goal helped see them through.

Cork: Paudie O'Sullivan; Niall O'Leary, Dáire O'Leary, Seán O'Donoghue (Inniscarra); Eoin Downey, Ciarán Joyce, Cormac O'Brien (0-01); Tim O'Mahony, Tommy O'Connell (0-01); Darragh Fitzgibbon (0-01), William Buckley (0-01), Hugh O'Connor; Barry Walsh (1-00), Brian Hayes (1-01), Alan Connolly (0-0-7, frees).

Subs - Ethan Twomey for C. O'Brien 49th min; Robbie O'Flynn for H. O'Connor 59th min; Ger Mellerick for D. O'Leary 65th min; Alan Walsh (1-00) for B. Walsh 67th min; Michael Mullins for T. O'Mahony 70th min.

Munster Senior Hurling Championship 2026

April 19th : Tipperary v Cork in Thurles 4pm, Clare v Waterford in Ennis 2pm
April 26th: Cork v Limerick in Cork 2pm, Waterford v Tipperary in Waterford 4pm
May 3rd: Clare v Limerick in Ennis 2pm
May 9th (Sat): Waterford v Cork in Waterford 6pm
May 16th : Tipperary v Clare in Thurles 7pm
May 17th: Limerick v Waterford in Limerick 3pm
May 24th: Cork v Clare in Cork 4pm, Limerick v

Tipperary in Limerick 4pm
Munster Hurling Final: Sunday June 7th

FOOTBALL

Allianz National Football League 2026 (Seven games)

Cork 0-24 Cavan 2-17 Round 1
Louth 1-12 Cork 1-17 R2
Offaly 0-19 Cork 3-15 R3
Cork 1-23 Meath 1-21
Derry 1-31 Cork 0-14
Sat Mar 14th at home to Kildare in P Ui Chaoimh 5pm
Sun Mar 22nd away to Tyrone at Healy Park Omagh 1.15pm

Division 2 Allianz NF League Table

Derry P5 W4 D0 L1 +46 Pts 8
Meath P5 W4 D0 L1 +18 Pts 8
Cork P5 W4 D0 L1 -7 Pts 8
Louth P5 W3 D0 L2 +14 Pts 6
Tyrone P5 W2 D1 L2 +13 Pts 5
Kildare P5 W1 D1 L3 -11 Pts 3
Cavan P5 W1 D0 L4 -22 Pts 2
Offaly P5 W0 D0 L5 -51 Pts 0

Cork 1-23 Meath 1-21

Cork footballers remained unbeaten with full points after four rounds of the Allianz National Football League and are beginning to play with confidence and a bit of dash to the delight of the loyal supporters. Their latest win over Meath at Páirc Uí Rinn was the result of a fine performance in a very exciting game which had the attendance of over 6,200 fully engaged all through the second half to the finish. Cork played the last 13 minutes without Ian Maguire, red carded very harshly indeed on the say so of the linesman who must not have had a clear view of what had transpired. Cork were leading by six points at the time but were never clearly on top and with the wind behind them and the extra man, Meath had the gap down to a single point with three minutes to go. A late point from star forward Chris Óg Jones from Iveleary gave Cork a little more breathing space but only superb defending, courageous and desperate, kept the Royals from securing a match winning goal. Cork had the wind in the first half playing into the Ballintemple goal, and forced the pace, but were reeled in continuously by the visitors. The vital period came in three minutes before the half time break when Cork had a smashing goal from Chris Óg Jones, followed by a point from Mark Cronin and then a two-pointer from play from Steven Sherlock which gave them a 1-15 to 0-11 seven point interval lead.

Within minutes of the restart Meath had registered 1-1 to cut the gap to three points 1-15 to 1-12 but after an exchange of points, Cork had three points in a row to make it 1-19 to 1-13 by the 50th minute. Cork were playing well but Meath were staying in contention and 13 minutes from time the fat was in the fire with the dismissal of Ian Maguire. That Cork survived a testing final phase is a tribute to the ability and determination of the players and should do an enormous amount of good for the confidence of the squad.

The Rebels began with a decent wind at their backs. Aaron Lynch put Meath ahead after a patient opening attack before Mark Cronin curled over his first two-pointer of the half at the other end. Cork had a goal chance but Paul Walsh was denied by Seán Brennan, but Steven Sherlock gained some compensation by slotting the 45. Three points in a row from Lynch, Jordan Morris, and Ruairí Kinsella brought the Royals level at 0-5 apiece.

Dara Sheedy fired over from Cork's next goal opening and Sherlock tacked on a free. When the hosts were penalised 50 metres under the kick-out rule, Meath

equalised for a second time through goal keeper Brennan's two-point free. Cronin replied from outside the arc. Morris and Kinsella's third points trimmed the gap back to one with just under three minutes of the half to play.

That was enough time for Cork to reel off 1-3. First, midfielders O'Callaghan won a Cork kick out, parted to Ian Maguire who released Chris Óg Jones who buried the ball low past Brennan with his left leg. Cronin added a point and Sherlock drove over from outside the arc for a 1-15 to 0-11 interval lead.

Meath were back in touch within two minutes of the restart when Jack Flynn pointed from an acute angle. Then, Morris regained possession and raced away to square for Eoghan Frayne to palm to the net.

Cork seemed to have weathered the storm when clipping three points on the trot through Fahy, Seán McDonnell and Sheedy for a 1-19 to 1-13 lead.

James Conlon was first foiled by a Seán Meehan diving block, with Micheál Aodh Martin completing the save. Next, Morris was blocked by Daniel O'Mahony, before tapping over the rebound and Cork still led by six, 1-21 to 1-15, when they were reduced to 14 men. McDonnell got in for a sight of goal, which he fired over. Meath strung together five points in a row, including a huge Frayne two-pointer, but Jones broke through to settle the contest.

Cork: Micheál A Martin; Maurice Shanley, Seán Meehan, Daniel O'Mahony; Mattie Taylor, Tommy Walsh, Luke Fahy (Ballincollig) (0-0-1); Colm O'Callaghan Éire Óg (0-0-1), Ian Maguire (0-0-1); Paul Walsh, Dara Sheedy (0-0-4), Seán McDonnell (0-0-3); Mark Cronin (0-2-1), Chris Óg Jones (1-0-4), Steven Sherlock (0-1-2, 1f, 1 45). Subs: Ruairí Deane for P Walsh (54 mins); Seán Walsh for Sheedy (60); Rory Maguire for Taylor (63); David Buckley for O'Callaghan (65); Kevin O'Donovan for Meehan (68).

Derry 1-31 Cork 0-14

Derry moved into pole position in the Division Two promotion after a superb second half display dismantled a previously unbeaten Cork team at Find Insurance Celtic Park in Derry.

Playing against the breeze in the opening half, Ciaran Meenagh's men always had a measure of control, their dominance on both kick-outs proving the platform for a victory that takes Derry's scoring to a remarkable 3-56 in their last two home fixtures.

Lachlan Murray brilliant goal with the final kick of the opening half provided a four point cushion at the break, but it was an unanswered 0-10 at the beginning of the second half which took the game away from a shell shocked Cork who must now regroup for a meeting with Kildare in two weeks' time. Derry welcomed back captain Conor Glass, keeper Shea McGuckin and Lachlan Murray after the trio all missed the 23 point victory over Offaly the previous week. Cork, meanwhile, were without captain Ian Maguire after the St. Finbarr's player saw his two game ban for a red card in the victory over Meath reduced to one game.

Cork played with the stiff breeze at their backs for the first 35 minutes and Steven Sherlock in particular made use of it with two huge two-point efforts, one of which from upwards of 60m.

The visitors' problem, however, was the kick-out. Derry dominated the restarts at both ends, winning eight of the Rebels' kick-outs, including a run of six from seven in the final six minutes of the half and it handed Derry enough possession to take a fully deserved 1-10 to 0-9 lead into the break and indeed, it could have been even better had the Oak Leafers taken another of three further goal chances, keeper Micheál Aodh Martin pulling off one breathtaking stop from Shane McGuigan.

Two points in the opening minutes, one from Colm

O'Callaghan and a fisted effort from Lachlan Murray, set the tone for an enjoyable half. Sherlock's fist two pointer took Cork into a 0-4 to 0-1 lead, but Derry's ability to hold possession and manipulate space was causing plenty of bother for the Rebel's rearguard.

Two points from McGuigan and one from Paul Cassidy had it back to a one point game until O'Callaghan took it back out to 0-6 to 0-4, but Derry were in control despite playing into the wind.

Another Sherlock two-pointer provided some breathing space, but Cork attacks were becoming an exception rather than the rule as back to back Murray points had Derry back to 0-9 apiece by the half hour mark.

Niall Loughlin's point edged Derry in front for the first time five minutes before half-time, but Meenagh's men had saved their best for last as a sublime Glass pass dissected the Cork defence in the last attack of the half. The pass sent Murray away and he provided an emphatic finish, blasting into the top corner to send his team into half-time leading by four at 1-10 to 0-9.

All semblance of the opening half's tight battle disappeared within minutes of the restart as Derry, now backed by the breeze ripped into the Cork kick-out, hitting 0-10 without reply.

Ironically, Cork substitute Ruairi Deane had opened the second half scoring, but thereafter, the home side ran riot as Cassidy, McGuigan, Murray and Niall Toner all registered singles while Loughlin hit the home team's first two-pointer of the afternoon as Derry led 1-20 to 0-10 on 46 minutes.

Dara Sheedy's score stemmed the Oak Leaf tide, but the game had disappeared into the distance for Cork as Derry wheeled off toward a crucial victory.

The Division Two promotion race is far from done and score difference could yet prove critical, so this was a big statement from a Derry team on the rise.

Scorers for Derry: Shane McGuigan 0-9 (2f, 1tp), Lachlan Murray 1-4, Paul Cassidy 0-4, Niall Loughlin 0-4 (1tp), Ethan Doherty 0-2, Niall Toner 0-2, Conor Doherty 0-1, Conor Glass 0-1, Pdraig McGrogan 0-1, Sean Kearney 0-1, Dan Higgins 0-1, Shea McGuckin 0-1 (1'45').

Scorers for Cork: Steven Sherlock 0-6 (2tp, 1'45'), Colm O'Callaghan 0-2, Darragh Cashman 0-2, Sean Walsh 0-1, Paul Walsh 0-1, Ruairi Deane 0-1, Dara Sheedy 0-1.

Cork: Micheal Aodh Martin, Maurice Shanley, Daniel O'Mahony, Sean Meehan, Matthew Taylor, Rory Maguire, Luke Fahy (Ballincollig), Colm O'Callaghan (Éire Óg), Sean Walsh, Paul Walsh, Conor Corbett, Sean McDonnell, Chris Og Jones (Uibh Laoire), Dara Sheedy, Steven Sherlock. Subs: Ruairi Deane for P Wash, HT; David Buckley for S McDonnell, 46mins; Cathail O'Mahoney for C Corbett, 46mins; Darragh Cashman for M Taylor, 51mins; Conor Cahalane for D Sheedy, 64mins. - By Michael Wilson at Find Insurance Celtic Park

Cork were down a number of key players for this big promotion encounter, but Cleary didn't use that as an excuse. "We have six or seven guys out. I was saying a couple of weeks ago that we had very little injuries. Ian Maguire was suspended, Brian O'Driscoll, Seán Brady, Tommy Walsh, Mark Cronin and Brian Hurley are injured.

"That's not making an excuse because the guys that were out there tried their level best today, but when you take that all of a sudden out of a squad, coming up here, when you need all your experience and you need every guy pulling in the right direction, it definitely makes it harder."

2026 Munster Senior Football Championship

April 12th - QF: Limerick v Cork in Cork 2pm: Tipperary v Waterford in Dungarvan

April 25th - SF Tipp/Waterford v Limerick/Cork:



Sraith Peile an Chontae Roinn 1: Cill na Martra 0-13. Baile Nuis 0-13

Kerry v Clare

Munster Football Final: May 10th at 1.45pm

LGFA - Ladies Gaelic Football

Lidl National Football League Division 1

LGFA Lidl Division 1 League Table

Cork	P5	W3-D1-L0	+13	Pts 13
Galway	P5	4-0-1	+24	Pts 12
Waterford	P5	3-0-2	+18	Pts 9
Kerry	P5	3-0-2	-4	Pts 6
Meath	P4	2-0-3	-4	Pts 6
Kildare	P5	1-1-3	-11	Pts 4
Armagh	P5	1-1-3	-15	Pts 4
Dublin	P4	1-1-3	-21	Pts 4

Kerry 0-8 Cork 0-16

Cork seniors LGFA followed up their long journey north to Armagh the previous week with another difficult assignment away from home when they took full points from their clash with Kerry at Tralee, a win which moved unbeaten Cork to the top of the table. Cork, on their return to the top flight, came to Tralee unbeaten and just two points behind leaders Waterford, while Kerry have two wins from three outings.

Kerry started brightly and should have dominated the opening half with the breeze to their backs, but Cork started brightly with two early points from the impressive Grace Ni Mhurchu and a free from Katie Quirke.

Kerry did spurn two goal chances in the opening five minutes when Sarah Murphy denied Rachel Dwyer and Kelly Enright with excellent saves but that was as close as Kerry came to penetrating a Cork rearguard, superbly marshalled by fullback Dara Kiniry.

Cork simply pummeled Kerry for the remainder of the opening half as Katie Quirke ran riot, finishing the half with 0-9.

Quirke, with a succession of scores, had Kerry on the back foot as the Rebels raced 0-7 to no score clear by the 20th minute.

Kerry suffered a double blow in the 11th minute when they lost Ava Doherty to a serious leg injury, while Kelli McGrath was sin-binned for a tackle on Rachel O'Regan on the edge of the penalty area.

Kerry enjoyed just a few sporadic attacks and was denied by the post in the 25th minute when Mary O'Connell saw her goal-bound shot come back off the butt of the left post.

Cork with Aimee Corcoran, Sadhbh McGoldrick, Grace Ni Mhurchu and Rachel O'Regan had the Kerry defence at sixes and sevens. And in the final stages of an extended first period, Leah Hallahan and Quirke from play added points, while Quirke, with two more, one for Kerry's second breach of the afternoon, continued to make it a miserable opening period for the Kingdom.

Two Cork defenders, Corcoran and McGoldrick, joined

the Cork scoring party with the final two points of the opening half, as Cork retired 0-14 ahead at the break, with Kerry failing to score with the only mitigation that they played against a very strong wind.

Despite having the elements in their favour in the second half and introducing six substitutes, Kerry never came to grips with their Cork opponents and struggled to put any worthwhile movements together.

Kerry did outscored Cork in the second half 0-8 to 0-2, with Siofra O'Shea top scoring with 0-4, scoring a two-pointer, while Danielle O'Leary also found her range outside the arc.

Cork captain Emma Cleary and Quirke added points in a comprehensive victory in a game Cork dominated in both halves.

Scorers for Cork: K Quirke (0-10, 6fs), A Corcoran, S McGoldrick, G Ni Mhurchu, E Cleary, L Hallahan and R O'Regan (0-1 each).

Cork: Sarah Murphy; Melissa Duggan, Dara Kiniry, Shauna Kelly; Aimee Corcoran, Sadhbh McGoldrick (Éire Óg), Rosie Corkery (Naomh Abán); Aoife Healy, Abbie O'Mahony; Rachel Leahy, Grace Ni Mhurchu (Naomh Abán), Emma Cleary (Éire Óg); Leah Hallahan, Katie Quirke, Ciara McCarthy (St Vals). Subs: Ciara Hughes (St Vals) for G Ni Mhurchu (49), E Hurley for R Leahy (50), Abigail Ring for L Hallahan (54), K Redmond for A O'Mahony (54), K O'Driscoll for A Corridan (58), S Callahan for R Corkery (58).

Cork 1-12 Waterford 3-5

Cork seniors maintained their unbeaten run in the Lidl National Football League Division One campaign when they edged out Waterford at Páirc Uí Rinn.

Cork hit 1-5 to 0-1 when Waterford were down to 14 in the second half after Maeve Daly was sin-binned shortly after the restart.

Waterford hit back and two late goals had them back on level terms, before Katie Quirke hit a late point from a free to secure the win for Cork and stretch their lead at the top of the table to four points.

It took until the seventh minute for the first score to arrive when Grace Ni Mhurchú played Abbie O'Mahony in to point for Cork. Waterford took the lead after 10 minutes when Brid McMaugh's effort deceived Murphy and her looping shot ended up in the back of the net to make it 1-0 to 0-1.

A good Cork move saw Ni Mhurchú set up Emma Cleary for their second point to put one between them.

Hogan scored Waterford's first point to put her side two up again before Aine O'Neill took a quick free to see Waterford lead by 1-2 to 0-2.

Quirke opened her account after 24 minutes when she beat several defenders to point from distance.

Cork finished the half strongly with Rosie Corkery and Leahy pointing to see only one between them at half time, 1-3 to 0-5.

Cork were back on level terms in the first minute

after the restart when Quirke got her second point. Waterford were then dealt a blow when Daly was sin-binned for a tackle on Melissa Duggan. From the free Cork worked the ball up the pitch and Sadhbh McGoldrick pointed, to make it 0-7 to 1-3 and this became a two-point lead when Aine O'Sullivan was quickest to react to a breaking ball from a Quirke free. Quirke extended Cork's lead from a free as they were making full use of the extra player. Another from Quirke made it 0-10 to 1-3 as Cork hit five without reply early in the second half.

That soon became six without reply as Quirke pointed another free, before O'Neill got Waterford's first point of the half, but from the restart Aoife Healy burst forward, beating several defenders to find the back of the net, to make it 1-11 to 1-4 after 45 minutes.

Credit to Waterford they responded at the other end with McMaugh getting her and her side's second goal to put four between them, 1-11 to 2-4.

With six minutes to go that lead was down to one when Clare Walsh got Waterford's third goal, her effort taking a slight touch off a defender to deceive Murphy as she made it 3-4 to 1-11.

A Fennel free had the sides level with three minutes to go before a Quirke free put Cork back in front.

Cork then held the ball for more than a minute to hang on for a deserved win on the night.

Scorers for Cork: K Quirke 0-6 (3f), A Healy 1-0, A O'Mahony, E Cleary, R Corkery, R Leahy, S McGoldrick, A O'Sullivan 0-1 each.

Cork: S Murphy; M Duggan, D Kiniry, S Kelly; A Corcoran, S McGoldrick, R Corkery; A Healy, A O'Mahony; R Leahy, G Ní Mhurchú, E Cleary; R O'Regan, K Quirke, L Hallahan. Subs: A O'Sullivan for R O'Regan (ht), C Hughes for A Corcoran, M O'Callaghan for A O'Mahony (both 50), A Ring for L Hallahan (53), K Redmond for Ní Mhurchú (55).

Camogie Centra National Camogie League- Div 1

Cork 1-11 Antrim 2-10

The Antrim Camogie team sent shockwaves through the National Camogie League Division One this weekend, pulling off one of the biggest upsets in recent memory by defeating last year's All-Ireland runners-up, Cork, on their home turf. Little was expected of the Saffron girls when they made the long journey south on Friday. While it must be noted that Cork was missing a number of key players from the squad that lost to Galway in last year's All-Ireland final, taking down a traditional powerhouse in their own backyard remains a truly remarkable result for Antrim.

The visitors signalled their intent right from the throw-in. Janey McIntosh opened the scoring for Antrim in the very first minute, setting the tone for a fearless first-half performance. Though Cork's Hayley Ryan equalized at the seven-minute mark, Antrim quickly took control. The lethal Nicole McAtamney began to find her range, slotting a point from play and another from a free, while Aobha McAllister added back-to-back points in the 18th and 19th minutes. Cork fought hard to stay in touch, relying heavily on the accuracy of Emma Murphy, who raised two white flags, alongside a point from Orlaith Cremin. However, further scores from McIntosh and McAtamney ensured Antrim carried a well-deserved 0-08 to 0-05 lead into the halftime break.

The second half delivered an absolute spectacle. Cork emerged from the dressing room with renewed intensity, rattling off four unanswered points in the opening ten minutes. Emma Murphy sparked the revival with two more points, while Isabel Sheehan and Cremin also found the target, wiping out Antrim's lead. Just as the momentum seemed to be

irreversibly shifting toward the home side, Antrim struck a massive blow. In the 41st minute, Nicole McAtamney breached the Cork defense to smash home the game's opening goal. Cork's response was immediate and fierce, with Orlaith Cahalane raising a green flag of her own just two minutes later to level the dramatic contest once again.

Rather than folding under the pressure, the Saffron girls showed immense character in the final quarter. The decisive moment came in the 50th minute when Amy Ferris found the back of the net, giving Antrim a crucial second goal. Smelling a historic victory, McAtamney and McAllister quickly followed up with points to stretch the visitors' advantage. Cork pushed desperately to salvage the game in the dying moments, securing late points through Cahalane and Millie Condon in the 58th minute, but the Antrim defense held firm. The final whistle confirmed a monumental 2-10 to 1-11 victory for the Saffrons, etching a famous chapter into their Division One campaign. (Report from Antrim Camogie)

'A shock result as Cork were beaten by Antrim in their second round game of the Centra Camogie League Division 1A at MTU. It was a game Cork would have been expected to win, but full credit to Antrim.

It now leaves Cork pointless after two games and virtually rules them out from retaining their title. In fact, they will have to start worrying about relegation with tough away games to come starting with Kilkenny.'

Scorers for Cork: O Cahalane 1-1, E Murphy 0-4 (0-1 45, 0-1f), O Cremin and I Sheehan 0-2 each, H Ryan (45), M Condon 0-1 each.

Cork: E Hurley (St Finbarr's); Meabh Murphy (Ballinora), L Coppinger (St Colum's), Aisling Egan (St Finbarr's); A O'Neill (St Finbarr's), A Thompson (Milford), R Harty (Ballyhea); M Condon (Ballinascorthy), A Fitzgerald (Sarsfields); E Murphy (Glen Rovers), Isobel Sheehan (Éire Óg), Orlaith Cremin (Éire Óg); H Ryan (Blackrock), Niamh McNabola (Cloughduv), C O'Callaghan (Blackrock).

Subs: O Cahalane (St Finbarr's) for C O'Callaghan (ht), A McAuliffe (Castlemartyr) for I Sheehan, C Kingston (Newcestown) for A O'Neill (both 46), K McCarthy (St Finbarr's) for N McNabola (50), A Cashman (Youghal) for H Ryan (56).

Lidl Div 1A League Table

Waterford P2	6
Kilkenny P2	6
Tipperary P2	3
Antrim P2	3
Galway P2	0
Cork P2	0

Glen Dimplex All Ireland Camogie Championship 2026

The All Ireland Senior Camogie Championship will be played on a round robin basis with two groups: Group One with four teams: Cork v Galway 6/7 June,

Tipperary v Waterford, Group Two starting May 23rd with six teams, Kilkenny v Limerick, Offaly v Wexford, Clare v Dublin.

The Cork GAA Club Scene

Tom Creedon Cup Final

Knocknagree 1-20 (1-8-4) Naomh Abán 0-9 (0-0-9) The long delayed final of the 2025 Tom Creedon Cup competition was played on a damp late February night in the Castle Grounds Macroom and Knocknagree, who will be playing in the Premier Senior grade this season, duly accounted for Premier Intermediate side Naomh Abán.

There was no doubt about the merit of the Duhallow side's victory but the Baile Mhuirne men made a good contest out of the game and there was some excellent play and fine scores by both teams. Eight two pointers for the winners, six from play, highlight the major difference between the teams, Naomh Abán failing to get even one.

Naomh Abán twice led in the opening stages, two points from Diarmuid Ó Ceallaigh had them 0-2 to 0-1 up after five minutes, and then two from Wayne Mac Cárthaigh and a point from Maidhchí Ó Liatháin had them 0-5 to 0-4 ahead with 15 minutes played. There were six scores in the second quarter, all five two-pointers and a white flag for Knocknagree, and the Senior A champions led by 0-15 to 0-4 at half time.

On the restart, Naomh Abán had two early points but Knocknagree's Anthony O'Connor pointed a two-point free in a telling reply and a later penalty from Anthony O'Connor left the score at 1-17 to 0-7.

Knocknagree were in control and maintained their focus to the finish.

Scorers for Knocknagree: A O'Connor 1-12 (2 tpf, 3 tp, 1-0 pen, 0-2 f), Denis R O'Connor 0-4 (2 tp), D Twomey 0-2 (1 tp), David O'Connor, J Dennehy (f) 0-1 each.

Scorers for Naomh Abán: W Mac Cárthaigh 0-3, D Ó Ceallaigh, S Ó Horgáin Loingsigh, M Ó Liatháin 0-2 each.

Knocknagree: D Browne; N O'Connor, K Buckley, G O'Connor; G Looney, D Mahoney, K Cronin, T O'Mahony, David O'Connor; D Twomey, F O'Connor, M Dilworth; D R O'Connor, J Dennehy, A O'Connor. Subs: D Bacalso 34, D Moynihan 48, R O'Connor 51, C O'Connor 57, Denis D O'Connor 60.

Naomh Abán: Gearóid Ó Luasa; Sam Tinsley, Criostóir Ó Déasúnaigh, Colm de Róiste; Dara MÓ Loingsigh, Ciarán Ó Luasa, Éanna Ó Criodáin; Seán Ó Riordáin, Jack Ó Donnchú; Shane Ó Horgáin Loingsigh, Maidhchí Ó Liatháin, Donnca Ó Ceocháin; Wayne Mac Cárthaigh, Dermot Ó Ceallaigh, Fionán Ó Briain. Subs: Tadhg Ó Ceallaigh 44, Finlay Walker 46, Niall Ó Ceallaigh 50.

Referee: R Whelan (Gleann na Laoi)

The Tom Creedon Cup was presented by Mrs Marion Creedon Hegarty and the presentation group included Tom Creedon Jnr and his son Thomas, John O'Mahony, Oifigeach Cultúra Cork Co Board and



Ballinois



Imreoirí Naomh Abán & Chorcaí, Grace, Roise & Lydia sásta tar éis bua iontach in aghaidh Port Láirge aréir i Sraith Náisiúnta Peile Roinn 1. Tá gach uile duine fíor bródúil as aibh Cailín



Kilmurry GAA sincerely thank their outgoing Secretary, Michael John O'Mahony, for his exceptional service to the club.

Macroom GAA.

The Tom Creedon Cup competition was kindly sponsored by Fitzgerald's Macroom Bookshop.

McCarthy Insurances

County Football Leagues Commence

Cork County League Programme 2026 – Key Dates

The 2026 County Leagues will commence as follows:

McCarthy Insurance Group Football Leagues: Week end of Sunday, 1st March 2026

RedFM Hurling Leagues: Sunday, 8th March 2026

League Finals are scheduled for:

McCarthy Insurance Group Football League

Finals: 3rd to 5th July

RedFM Hurling League Finals: 10th to 12th July

McCarthy Insurances Football Leagues 2026

There are 7 Divisions, each of ten teams.

Div 1: Cill na Martra, Éire Óg

Cill na Martra 0-13 Newcestown 0-13

Éire Óg 1-8 Castlehaven 0-11

Carbery R 1-13 Clonakilty 0-18, Nemo Rangers 0-18

Douglas 1-6, St Finbarrs 0-14 Knocknagree 0-14

Cill na Martra 0-13 Newcestown 0-13

Newcestown took an early three point lead but points from Dan Ó Duinnín 2 and Jason MacCarthaigh levelled matters by the end of the opening quarter. Newcestown went in front again and led by 0-8 to 0-4 at the break. A point from Shane MacCarthaigh and a two-pointer from Cianie Ó Foirréidh cut the gap to two points after ten minutes but the visitors went four clear once again on 44. Points were exchanged, Jason for the home side and Dan Ó Duinnín had a two pointer on 47, 0-11 to 0-10 to Newcestown now. NCT went three clear but another two-pointer from Dan Ó Duinnín was followed by an equaliser from Dan on 55 and that's how it finished, 0-13 apiece!

Cill na Martra: Micheál Ó Deasúna: Finén Ó Faoláin, Tadh Ó Corcora, Micheál Ó Cathasaigh: Danny Ó Conaill, Cormac Ó Cróinín, Jack Ó Loinsigh: Gearóid Ó Goill, Jason MacCarthaigh: Eoin Ó Conaill, Cianie Ó Foirréidh, Conor Ó Cróinín: Antóin Ó Loinsigh, Daniel Ó Duinnín, Dean MacCarthaigh. Subs: Shane Ó Duinnín, Antóin Ó Cuana, Pádraig Ó hEaluithé. Cill na Martae at home to Nemo Rangers on Sunday March 15th at 11.30am.

Éire Óg 1-8 (1-2-4) Castlehaven 0-11 (0-1-9)

Éire Óg and Castlehaven shared the points in this McCarthy Insurance Group Division 1 Football League clash in Ovens in difficult conditions. Castlehaven trailed by five points at half-time 0-7 to 0-2, but came back strongly in the second half. The teams were level at 0-8 each on 45, Chris Kelly then saved a penalty and an Éire Óg goal from Daniel Healy followed, leaving Castlehaven chasing the home side again. The visitors had a point and saved the day with a late two-pointer to share the spoils.

Éire Óg will travel to take on the county champions St Finbarr's on March 12.

Scorers for Éire Óg: D Healy 1-2, M Griffin 0-4 (2x 0-2), B Thompson 0-2.

Éire Óg: C Kelly; C Murphy, M Corkery, D McCarthy; B Thompson, M Griffin, C McGoldrick; O O'Shea, M Kelleher; D Kelly, M Murphy, J Kelleher; D Foley, D Healy, E O'Shea.

Subs: B Hurley HT, C Kirwan, D Dineen 40, D Kirwan and H Murphy both on 48.

Div 2: Béal Átha'n Ghaorthaidh, Ballincollig, Uibh Laoire

Béal Átha'n Ghaorthaidh v Castletownbere Sun March 8th, 11am

Carrigaline 3-14 (3-1-12) Ballincollig 1-13 (1-2-9)

Carrigaline opened the new campaign with a solid win at home over Ballincollig in the Div 2 Football League.

Both sides had their purple periods, but were it not for Ballincollig's final quarter burst the hosts' control would have been more obvious on the scoreboard. Carrigaline led by 2-9 to 0-4 at the break – and they put the game to bed in the 38th minute when the impressive Kevin O'Reilly (1-4 personal tally) raised their third green flag.

Aspects of the contest will have pleased both sides. Carrigaline were sharp for a February outing. They hit just one wide all game, though they did register five short attempts. Ballincollig strung the ball around nicely but struggled to put together scoring chances in the first half, and were punished for the seven wides they struck across the hour.

Scorers for Ballincollig: P O'Neill 0-4 (1 tp), K O'Leary 1-0, D Dorgan (1 tp), C Ahern 0-3 each, C Dalton, S Dore, P Kelly 0-1 each.

Ballincollig: C Walsh; S Murphy, L Jennings, S O'Donoghue; K O'Leary, C Dalton, D Desmond; S Dore, P O'Neill; T O'Connell, C Ahern, D O'Mahony; R Noonan, P Kelly, J Murray. Subs: D Dorgan HT, C O'Connor 42, C Power and A Rose both 47.

St Michaels 0-7 Uibh Laoire 1-16

Newly promoted Uibh Laoire got their Div Two league campaign off to an encouraging start at Mahon in challenging weather. Points from Sam Pickering and two from Cathal Vaughan gave the Muskerry men a good start and Ian Jones followed with a goal, 1-3 to nil. Michaels recovered and kicked two two-pointers before Cathal Vaughan had a point from a free, 1-4 to 0-4 at half time.

Michaels had two points on the resumption to cut the gap to a point but thereafter it was all one way traffic. A Cathal Vaughan point was followed by a two-pointer from Dan O'Riordan and Vaughan, Ian Jones, Brian Cronin added scores to leave a 12 point gap between the teams at the finish.

Uibh Laoire: Joe Creedon: Dan O'Donovan, Finbarr McSweeney, Daniel O'Riordan: Kevin Manning,

Ciarán O'Riordan, Sean O'Leary: Sean O'Riordan, Oisín O'Herlihy: Sam Pickering, Cathal Vaughan, Aaron O'Donovan: Brian Cronin, Ian Jones, Jack Sweeney. Subs: Conor O'Leary, Brian O'Riordan, Alan O'Brien, Jack Pickering, James O'Donovan, Shane Galvin, Shane Hodman

Next game: Uibh Laoire v O'Donovan Rossa Sunday March 15th, 11.30am

Ballincollig v Béal Átha'n Ghaorthaidh Ballincollig Fri 13th 7.30pm

O'Donovan Rossa 0-13 Clyda Rovers 1-8, Valley Rovers 1-7 Dohenys 0-12

Div 3: Aghabullogue, Naomh Abán

Bishopstown 0-11 Aghabullogue 0-8

Last year's Div 4 league champions Aghabullogue went down to Bishopstown in very difficult weather at Coachford. The visitors were strong and probably sharper on the day, Aghabullogue having returned to training late this year after a very long and demanding 2025 season. 'Town led by a point at half time, 0-5 to 0-4 and by two points at the three quarter mark. Aghabullogue had drawn level at 0-8 each six minutes from time but the city side finished with three late points to take the laurels.

Aghabullogue: John Buckley: Oisín O'Connell, Dhani Merrick, Paul Dilworth: Paul Ring, Shane Tarrant, Breandán O'Sullivan: Colm Gillespie, Adam Murphy: Aaron O'Sullivan, John Corkery, Pádraic O'Sullivan: Mathew Bradley, Evan O'Sullivan, Cialan O'Sullivan. Subs: Tom Long, James Lane, Sean O'Sullivan, David Thompson

Next: Aghabullogue v Rockchapel Sat March 14th at 4pm

Naomh Abán 0-12 Fermoy 1-9

A very close match at Baile Mhuirne ended with a division of the points as Fermoy rescued a point in very demanding weather. Fermoy led early on, N Aban were level at 0-4 each after ten minutes. A Fermoy goal on 28 levelled matters but N Aban had two late points to lead by 0-11 to 1-5 at the break. As weather deteriorated, scores were scarce in the second half and Fermoy drew level at 0-12 to 1-9 in the 46th minute. Defences dominated the closing quarter.

Next Round: Kanturk v N Aban March 15th 11.30am

Bandon 1-7 Mallow 2-9, Kilshannig 1-9 Newmarket 0-6, Rockchapel v Kanturk-postponed

Div 4: Macroom, Kilmurry

Kilmurry 0-14 Kiskeam 0-9

A comfortable enough win in the end for Kilmurry, Div 5 champions last season, at home to Kiskeam but the black carding of a Kiskeam player at the three quarter stage was a key moment in the game. Weather conditions were difficult and Kilmurry led by 0-5 to 0-4 at the break.

Scorers for Kilmurry: L Wall 0-4 (2x0-2), James O'Mullane 0-2, Joe McGinn0-3 (fs) L Aisling, R Leahy and F Wall 0-1 each.

Kilmurry: Jason McDonnell: Max O'Leary, Pádraig Hinchion, Owen Keane: James O'Mullane, William Ronan, Laurence Aisling: Rory Duggan, Kyle Kelleher: Oisín McDonald, Liam Wall, Stephen O'Donoghue: Joe McGinn, John O'Mullane, Ryan Leahy. Subs: Darragh Linehan, Fergal Wall.

Next: Nemo v Kilmurry in Tramore Rd Thursday March 12th

Buttevant 4-13 Macroom 1-6

A dirty Sunday morning in Buttevant with a strong wind blowing. The home side playing into the elements were leading by 2-3 to 0-2 after ten minutes and held a 2-7 to 1-4 interval lead. A third goal for Buttevant in the third minute of the second half was a fatal blow to any Macroom chance of recovery and a fourth in the 58th minute was the icing on the cake for last year's Premier Junior champions.

Macroom: Declan Kiely: Cormac Burke, Mark Corrigan, Johnny Murphy: Michael Cronin, Rory Buckley, Don Creedon: Caleb Dinneen, Cillian O'Donovan: Jack Sexton, Alan Quinn, Ruadhán McKenna: Eolan O'Leary, Dylan Twomey, Oisín O'Sullivan. Subs: Shane Meaney, David Horgan, Mark Condon, Tony Dineen, Charlie McGee, Ciarán Condon, Mark Hunt, Blake O'Gorman.

Next: Macroom v Gabriel Rangers, Sunday March 14th 11.30am

Aghada 1-4 Nemo Rangers 1-7, Boherbue 0-9 Glanmire 0-5, Gabriel Rangers 0-8 Adrigole 0-9 Div 5: Ballinora, Canovee

Bantry Blues 2-6 Ballinora 1-9

Canovee 1-8 St Nicks 2-6

Canovee: Derek O'Shea: Pa Buckley, Diarmuid Nolan, Cian Cronin: Evan Cunningham, Michael Dunne, Shane O'Riordan (Carrig): Cillian Newman, Conor O'Neill: Jason O'Riordan, Ryan Delaney, James Moynihan: Mark Healy, Jack Kelleher, Conor Dodd. Subs: Gavin Cronin, Shane O'Riordan (Aherla), Cathal O'Driscoll.

Ballydesmond 0-13 St Vincents 2-12, Kinsale 3-17 Millstreet 1-6, Mitchelstown 1-9 Ilan Rovers 1-7

Next: Millstreet v Canovee Sun 15th 11.30am
Millstreet: Ballinora v Kinsale at Ballinora Sun 11.30am
Div 6: Aghinagh

Glanworth 2-9 Aghinagh 2-12

Aghinagh got their county league campaign off to a winning start with a hard fought win away to Glanworth. Sharper in the first half and aided by a Liam Twohig goal Aghinagh led 1-9 to 1-5 at halftime. Glanworth drew level entering the final few minutes but some good saves by Aghinagh's goalie, Jason McCarthy, and a goal from Con Buckley ensured Aghinagh won the spoils.

Aghinagh: Jason McCarthy, Olan Cummins, Donagh O'Riordan, John Lynch, Declan Ambrose(0-1), Tom Buckley, TJ Buckley(0-1), Shane Corkery, Thomas Morgans, Matthew McCarthy, Con Buckley(1-4), Seán Kelleher, William Coakley(0-1), Liam Twohig(1-5), Seán Cummins. Subs used: Darragh O'Shea, James Ambrose, Roan Kelleher.

Div 6 Aghinagh v Glenville Sunday 15th 11.30am
Rusheen

Argideen Rangers 2-5 Kildorrery 3-3, Dromtarriffe 4-10 Na Piarasigh 0-5, Glenville 3-9 Cobh 2-6, Kilmacabea 2-8 Cullen 2-7

Div 7: Inniscarra, Donoughmore
Inniscarra 1-12 Passage West 1-12

St James 2-10 Donoughmore 0-7

Ballygarvan v Carbery Ranger - postponed,
Castlemagner 0-13 Mayfield 0-11, Liscarroll/
Churchtown Gaels v Nemo Rangers

Next Up: Donoughmore v Inniscarra Sun 15th 11.30
at Donoughmore

Red FM Hurling Leagues 2026

Commencing March 8th 2026 with Round 1 pairings:

Div 1: Charleville v Carraigtwohill, Killeagh v Douglas, Midleton v Fr O'Neill's, Sarsfields v Glen Rovers, St Finbarrs v Blackrock

Div 2: Ballincollig

Ballymartle v Ballincollig Sun March 8th 11.30am
Bride Rovers v Valley Rovers, Kanturk v Carrigaline, Na Piarasigh v Newcestown, Newtownshandrum v Erin's Own

Div 3: Éire Óg, Blarney and Inniscarra

Sunday March 8th : Éire Óg v Castlelyons, Fermoy v Blarney, Inniscarra v Russell Rovers, all at 11.30am
Coursey Rovers v Ballinhassig, Lisgoold v Bandon

Div 4: Aghabullogue, Cloughdub

Cloughdub v Aghabullogue, Sun March 8th 11.30am
Blackrock v Kilworth, Ballyhea v Kildorrery, , Mallow v Bishopstown, St Catherine's v Watergrasshill

Div 5:

Glen Rovers v Cloyne, Kilbrittain v Midleton, Milford v Ballygarvan, Tracton v Castlemartyr, Youghal v Dungourney

Div 6:

Ballygiblin v Erin's Own, Sarsfields v Killavullen, Aghada v Diarmuid O'Mathúna's, Ballinascarthy v Argideen Rangers, Kinsale v Mayfield

Div 7: Ballinora

Douglas v Ballinora, Sat March 7th 3pm: Killeagh v Barryroe, Passage West v Na Piarasigh, St Finbarrs v Carraig na bhFear, Kilshannig v Meelin

2026 Cork Championship Programme

The 2026 County Championship will begin with:
McCarthy Insurance Group Football Championship –
Round 1: July 24th – 26th
Co-Op Superstores Hurling Championship – Round
1: July 31st – 2nd August

Playing sequence: 1v2, 3v4: 1v4, 3v2: 1v3, 2v4.

Sat 7 Douglas v Ballinora

Sun 3 Inniscarra v Russell Rvrs

3 Fermoy v Blarney

3 Éire Óg v Castlelyons

4 Cloughdubh v Aghabullogue

2 Ballymartle v Ballincollig

Cork County Championship - Grades and Groups 2026

Hurling: Premier Senior

Group 1: 1 Blackrock, 2 Glen Rovers, 3 Kanturk, 4 Fr O'Neill's.

Group 2: Sarsfields, Charleville, Douglas, Newtownshandrum.

Group 3: Midleton, St Finbarr's, Bride Rovers, Newcestown.

Senior A Hurling:

Group 1: Blarney, Castlelyons, Watergrasshill, Ballyhea.

Group 2: Na Piarasigh, Erin's Own, Killeagh, Fermoy.

Group 3: Carraigtwohill, Inniscarra, Ballinhassig, Coursey Rovers.

Premier Intermediate Hurling:

Group 1: Bishopstown, Ballincollig, Éire Óg, Aghabullogue.

Group 2: Dungourney, Cloyne, Castlemartyr, Lisgoold.

Group 3: Carrigaline, Valley Rovers, Kilworth, Ballymartle

Intermediate A Hurling:

Group 1: Aghada, Bandon, Kilbrittain, Russell Rovers.

Group 2: Midleton, Mallow, Kildorrery, Blackrock.

Group 3: Erin's Own, Sarsfields, Youghal, Ballygiblin.

Premier Junior Hurling:

Group 1: Ballygarvan, Glen Rovers, Kilshannig, Nemo Rangers.

Group 2: Cloughdub, St Catherine's, Milford, Tracton.

Group 3: Mayfield, Argideen Rangers, Barryroe, St Finbarr's.

Football:

Playing sequence: 1v2, 3v4: 1v4, 3v2: 1v3, 2v4

Premier Senior Football

Group 1: 1 St Finbarr's, 2 Carrigaline, 3 Mallow, 4 Douglas.

Group 2: Newcestown, Nemo Rangers, St Michael's, Valley Rovers.

Group 3: Castlehaven, Ballincollig, Knocknagree, Clonakilty.

Senior A Football

Group 1: Béal Átha'n Ghaorthaidh, Kanturk, Dohenys, Aghabullogue.

Group 2: Cill na Marta, Carbery Rangers, O'Donovan Rossa, Newmarket.

Group 3: Bishopstown, Éire Óg, Clyda Rovers, Kilshannig.

Premier Intermediate Football:

Group 1: Glanmire, Uibh Laoire, Bantry Blues, Rockchapel.

Group 2: Kiskeam, Aghada, Macroom, Castletownbere.

Group 3: Naomh Abán, Fermoy, Nemo Rangers, Ballinora.

Intermediate A Football:

Group 1: Ilan Rovers, Kilmurry, Buttevant, Glanworth.

Group 2: Gabriel Rangers, Mitchelstown, St Finbarr's, Dromtarriffe.

Group 3: Bandon, Adrigole, Boherbue, Kildorrery.

Premier Junior Football:

Group 1: Cullen, St Vincent's, Millstreet, Kinsale.

Group 2: Inniscarra, Cobh, Glenville, Urhan.

Group 3: Canovee, St Nick's, Na Piarasigh, Kilmacabea.

Upcoming fixtures:

Sat, March 7th @7pm NHL R6 Cork v Limerick in TUS Gaelic Grounds

Sun, March 8th Club H League R1 Red FM Hurling League R1

Mon, March 9th @7.30pm U19 H DL R2 Cork v Waterford in Midleton

Sat, March 14th @3pm U17 F Challenge Cork v Kildare in SuperValu P Uí Chaoimh

Sat, March 14th @5pm NFL R6 Cork v Kildare in SuperValu Páirc Uí Chaoimh

Sun, March 15th @12pm U20 F Challenge Cork v Louth in Páirc Uí Rinn

Sun, March 15th Club F League R2 McCarthy Insurance Group Football League R2

Mon, March 16th U19 H Dev LR3

Wed, March 18th U20 H Challenge Cork v TBC in SuperValu Páirc Uí Chaoimh

Sat, March 21st @5pm U17 H Challenge Cork v TBC in SuperValu Páirc Uí Chaoimh

Sat, March 21st @7pm NHL R7 Cork v Offaly in SuperValu Páirc Uí Chaoimh

Sun, March 22nd @1.15pm NFL R7 Cork v Tyrone in O'Neills Healy Park

MJK Oils Junior A Hurling Championship

1 Ballinora	Group 1		Group 2			
2 Grenagh	A	4	Inniscarra	A	5	Ballincollig
3 Donoughmore	B	2	Grenagh	B	3	Donoughmore
4 Inniscarra	C	1	Ballinora	C	6	Dripsey
5 Ballincollig	D	10	Iveleary	D	9	Eire Óg
6 Dripsey	E	11	Kilmichael	E	8	Blarney
7 Aghabullogue	F	7	Aghabullogue			
8 Blarney						
9 Eire Óg						
10 Iveleary						
11 Kilmichael						

Round 1 AvB / CvD / EvF
Round 2 AvD / BvF / CvE
Round 3 AvC / EvB / FvD
Round 4 AvE / FvC / DvB
Round 5 AvF / DvE / BvC

Round 1 AvB / CvD / E Bye
Round 2 AvD / B Bye / CvE
Round 3 AvC / EvB / D Bye
Round 4 AvE / C Bye / DvB
Round 5 BvC / DvE / A Bye

Top 2 To Qualify From Each Group

Talbot Hotel Cork Junior B Hurling Championship

1 Ballincollig	Group 1		Group 2		Group 3	
2 Ballinora	A	4	Cloughduv	A	2	Ballinora
3 Blarney	B	8	Grenagh	B	10	Laochra Óg
4 Cloughduv	C	7	Gleann na Laoi	C	5	Donoughmore
5 Donoughmore	D	6	Eire Óg			
6 Eire Óg						
7 Gleann na Laoi						
8 Grenagh						
9 Inniscarra						
10 Laochra Óg						

Round 1 AvB & CvD
Round 2 AvC & BvD
Round 3 AvD & BvC

Round 1 AvB & C Bye
Round 2 AvC & B Bye
Round 3 A Bye & BvC

Round 1 AvB & C Bye
Round 2 AvC & B Bye
Round 3 A Bye & BvC

Top 2 To Qualify From Each Group

Ross Oil Junior A Football Championship

1 Donoughmore	Group 1		Group 2		Group 3	
2 Aghinagh	A	2	Aghinagh	A	3	Eire Óg
3 Eire Óg	B	1	Donoughmore	B	4	Grenagh
4 Grenagh	C	7	Ballinora	C	9	Dripsey
5 Ballincollig	D	11	Kilmurry	D	8	Clondrohid
6 Ballingearry						
7 Ballinora						
8 Clondrohid						
9 Dripsey						
10 Kilmichael						
11 Kilmurry						
12 Naomh Abán						

Round 1 AvB & CvD
Round 2 AvC & BvD
Round 3 AvD & BvC

Round 1 AvB & CvD
Round 2 AvC & BvD
Round 3 AvD & BvC

Round 1 AvB & CvD
Round 2 AvC & BvD
Round 3 AvD & BvC

Top 2 To Qualify From Each Group

Ballincollig Credit Union Junior B Football Championship

1 Aghabullogue	Group 1		Group 2		Group 3		Group 4		
2 Aghinagh	A	14	Macroom	A	10	Grenagh	A	2	Aghinagh
3 Ballincollig	B	11	Inniscarra	B	1	Aghabullogue	B	12	Iveleary
4 Blarney	C	5	Canovee	C	4	Blarney	C	13	Kilmichael
5 Canovee	D	6	Cill na Martra	D	8	Eire Óg	C	3	Ballincollig
6 Cill na Martra									
7 Donoughmore									
8 Eire Óg									
9 Gleann na Laoi									
10 Grenagh									
11 Inniscarra									
12 Iveleary									
13 Kilmichael									
14 Macroom									

Round 1 AvB & CvD
Round 2 AvC & BvD
Round 3 AvD & BvC

Round 1 AvB & CvD
Round 2 AvC & BvD
Round 3 AvD & BvC

Round 1 AvB & C Bye
Round 2 AvC & B Bye
Round 3 A Bye & BvC

Round 1 AvB & C Bye
Round 2 AvC & B Bye
Round 3 A Bye & BvC

Top 2 To Qualify From Each Group

Farho Heating U21 A Hurling Championship

1 Aghabullogue	Quarter Final					
2 Ballincollig	A	3	Blarney	V	1	Aghabullogue
3 Blarney	Semi Finals					
4 Eire Óg		A	V	5	Inniscarra	
5 Inniscarra	2	Ballincollig	V	4	Eire Óg	

Farho Heating U21 B Hurling Championship

1 Ballincollig	Quarter Final					
2 Ballinora	A	1	Ballincollig	V	3	Cloughduv
3 Cloughduv	Semi Finals					
4 Donoughmore		A	V	5	Grenagh	
5 Grenagh	2	Ballinora	V	###	Donoughmore	

Farho Heating U21 C Hurling Championship

1 Ballinora	Quarter Final					
2 Donoughmore	A	4	Inniscarra	V	2	Donoughmore
3 Lee Gaels	Semi Finals					
4 Inniscarra		A	V	1	Ballinora	
5 Kilmichael	3	Lee Gaels	V	5	Kilmichael	

Rochestown Park Hotel Junior C Football Championship

1 Aghabullogue	Semi Finals				
2 Aghinagh	8	Clondrohid	V	5	Ballingearry
3 Ballincollig	12	Kilmichael	V	14	Macroom
4 Ballinora	9	Donoughmore	V	10	Eire Óg
5 Ballingearry	6	Canovee	V	1	Aghabullogue
6 Canovee	3	Ballincollig	V	11	Inniscarra
7 Cill na Martra	15	Naomh Abán	V	13	Kilmurry
8 Clondrohid	7	Cill na Martra	V	2	Aghinagh
9 Donoughmore	4	Ballinora			BYE
10 Eire Óg					
11 Inniscarra					
12 Kilmichael					
13 Kilmurry					
14 Macroom					
15 Naomh Abán					

Macroom Motors U21 A Football Championship

1 Ballincollig	Semi Finals				
2 Donoughmore	2	Donoughmore	V	3	Eire Óg
3 Eire Óg	4	Naomh Abán	V	1	Ballincollig
4 Naomh Abán					

Macroom Motors U21 B Football Championship

1 Aghabullogue	Preliminary Round					
2 Ballincollig	A	7	Inniscarra	V	8	Kilmichael
3 Ballinora	B	4	Blarney	V	3	Ballinora
4 Blarney	Quarter Finals					
5 Canovee		A	V	8		
6 Grenagh	9	Kilmurry	V	6	Grenagh	
7 Inniscarra	2	Ballincollig	V	10	Macroom	
8 Kilmichael	5	Canovee	V	1	Aghabullogue	
9 Kilmurry						
10 Macroom						

Macroom Motors U21 C Football Championship

1 Aghinagh	Quarter Finals				
2 Ballingearry	2	Ballingearry	V	7	Lee Gaels
3 Cill na Martra	8	Macroom	V	5	Donoughmore
4 Clondrohid	4	Clondrohid	V	6	Iveleary
5 Donoughmore	1	Aghinagh	V	3	Cill na Martra
6 Iveleary					
7 Lee Gaels					
8 Macroom					



Pre Cheltenham night at Murray's Bar Macroom. Pic John Kelleher.



Damien Burns receiving his Aghinagh GAA Lotto winning cheque of €6,250 from committee members Brian O'Rourke, Richard Cotter and Ger Coakley. Also included in photo is winning ticket seller Martin Hubbard.



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Kilbarry NS chess players at the Féile Fichille Chess Tournament in Inchigeela Hall recently.



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Just a thought

Ath. Seán Mac Cárthaigh,
Baile Bhuirne / Cúil Aodha

Words

I remember being a willing guinea-pig to a trainee guidance counselor. It was great to have an excuse to tell teachers that I had an appointment (to skip class!) "to meet the guidance counselor." I loved the "doss."

The regular counselor was mentoring a trainee and she was given the task of assessing my desired career choices. I was a typical slouchy 16-year-old boy with not a C-L-U-E in the wide earthly world. I was interested in everything in general and nothing in particular. The best suggestion she could come up with, on the basis of my voluntary work in my parish, was social work. Funny how priesthood never entered her radar.

There were several people in my upbringing however who I look back at with a smile who were positive influences on me. It may have been a kind word or gesture, an expression of hospitality, an act of kindness, a gift, quality time, encouragement. Or best of all, kindly advice - treating me as if I was already an adult.

I can think of genuinely people who saw potential and bright prospects for me. They thought I might have a future in journalism, research or teaching. I didn't see it at the time. Like teenagers of every generation I was just too unsure of myself for far too long. It took me a while to find my 'spark'.

But those adults were significant. I remember distinctly to this day their words of encouragement and how I felt on hearing them. I was probably embarrassed and made a poor attempt muttering a reply! But when all else failed or if I was having a bad day or 'in a mood,' I would fondly recall their kindness. It would lift my spirits and fan the flame of my faltering self-worth and self-belief. There were too many 'nay-sayers and not enough 'yea-sayers'.

To this day then, I value the giving and receiving of attention and encouragement. We can easily under-estimate its power and lasting influence. It's not flattery, it's the truth of seeing and expressing to someone their true worth. I recall seeing a grown man cry in a public setting because he was openly acknowledged and thanked for the first time by management. For years he dutifully and competently did his skillful work - unnoticed.

Words are powerful and they matter. Memories of them last for decades! We occasionally meet people who struggle with confidence, who all-too-readily as adults still doubt themselves and keep their heads down. How sad. They must have been at the receiving end of a hurtful, dismissive 'talking-to'.

We speak somewhere between 9,000 to 20,000 words a day. How many of them are just, kind or necessary?

Let's resolve to speak more respectfully and kindly to others. Make someone's day. Remember their name too if you can. They will light up at your consideration and thoughtfulness.
And what you sow, you reap.

God bless. Fr Seán

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THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.

Never known to fail.

Must promise publication of prayer.

KB

4TH ANNIVERSARY



In loving memory of

**SEAMUS (JIMMY)
CROWLEY**

Ballinagree, Macroom

Who died on March 13th 2022

*Those special memories of you
Will always bring a smile.*

*If only we could have you back
Just for a little while.*

*Then we could sit and talk again
Just like we used to do.*

*The fact that you no longer here
Will always cause us pain.*

*But your forever in our hearts
Until we meet again.*



Always remembered by your wife Julie,
daughter Megan, son Aaron and grand
children Harley and Ricky.

Anniversary Mass in Ballinagree Church
on Saturday March 14th at 8pm.

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.

Never known to fail.

Must promise publication of prayer.

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.

Never known to fail.

Must promise publication of prayer.

x

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. x

5TH ANNIVERSARY



In loving memory of

**SADIE
O'CALLAGHAN**

who died on 2nd March 2021.

*Our hearts are full of memories
with pride we speak your name.
Though life goes on without you
it will never be the same.
We miss your smile, your joking ways
We miss things you used to say
And when old times we do recall
it's then we miss you most of all.*



Forever in our hearts.
Eileen & Family

Anniversary mass in Berrings church
Sunday 8th March @10:15am

5TH ANNIVERSARY



In loving memory of

**KITTY
O'LEARY**

**Knock, Bealnamorrive
who died on the 7th of March 2021**

*A million times
I've needed you,
A million times I've cried,
if love alone
could have saved you,
you never would have died.*



Kitty, we love and miss you
every single day.

Love always and forever
Dada, Mammy, Ben, Cils, Páidí and Ailbhe.
XXXXXX

**REMEMBERING YOU MAM
ON MOTHER'S DAY**



In loving memory of

MARY O'REGAN

Codrum, Macroom

*I miss you every single day
Perhaps today more than any other
I was blessed as blessed can be
to have called you my Mother
You are not with me
Your light here still shines on
So long as I live and breathe
You'll never be truly gone
How I wish I could hold you
So that you could hear me say
Just how much I love you, Mam
This year on Mother's Day.*



Missing and thinking of you today
Michael, Gobnait and Owen
xxx

**FIRST ANNIVERSARY
AND ACKNOWLEDGEMENT**



I ndíl chuimhne ar

**SIOBHÁN UÍ
DHUINNÍN**

Cúil Aodha

A déag ar an 10ú Márta 2025

Agus sinn ag smaoineamh go grámhar ar Shiobhán (Hannah), ba mhaith linne, a clann, ár mbuíochas a ghabháil le gach éinne a thacaigh linn agus a léirigh cineáltas dúinn le linn an ama dheacair seo.

Táimid buíoch dá cairde, comharsain agus gaolta a fhreastal ar an sochraid agus a dhein comhbhrón linn.

We are so grateful to all those who came to sympathise with us and express condolences at this difficult time. Your kindness is very much appreciated.

Táimid an-bhuíoch don Athair Seán MacCárthaigh, do Cyril Casey agus a fhoireann agus do Chór Cúil Aodha a chabhraigh linn slán a fhágaint lenár máthair.

Ar dheis Dé go raibh a hanam dílis.



Aifreann Comóradh ar an nDomhnach 8ú Márta ag a 10r.n. i Séipéal Ghobnatan, Cúil Aodha.

ANNIVERSARY



In loving memory of

**JUSTIN
WHITE**

9TH ANNIVERSARY

**Who passed away on the
17th March 2017**

Ballyverane, Macroom

*No length of time can take away
Our thoughts of ye from day to day
Time slips by and life goes on
But from our hearts ye are never gone.*



This day and every day
greatly missed by John and family



In loving memory of

**SHEILA
WHITE**

16TH ANNIVERSARY

**Who passed away on the
14th March 2010**

4TH ANNIVERSARY



In loving memory of

**EILEEN
O'RIORDAN**

Dooniskey Lissarda

who died on 15th March 2022

*As time slips by
And life goes on,
But from our hearts you're never gone.
We think about you always,
We talk about you too,
We have so many memories.
But all we want is YOU.*



Always remembered and sadly missed
by your loving husband Donie and family

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FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
DYLAN FLEMING
Coolcower, Macroom, Co. Cork
who died on 9th Mar 2025

On the First Anniversary of Dylans passing, we lovingly remember a cherished husband, son, brother, grandson, nephew, uncle, cousin and friend. His warmth, strength, and kindness are deeply missed every day by all who knew him. As we mark this poignant occasion, we take comfort in the many memories shared and the lasting impact he had on those around him. Sadly missed and lovingly remembered by his family and all who knew him.

"Those we hold most dear never truly leave us. They live on in the kindness they showed, the comfort they shared, and the love they brought into our lives."

A Note of Thanks

A special thank you to all at McCarthys Funeral Directors, Ballyourney for their professionalism and for their special personal touches which still mean so much.

To those who sent kind words and prayers, Who stood beside us in our tears, who called, who wrote, who shared their care, You lightened grief throughout the year. Your thoughtfulness we won't forget, Each gesture eased the days we met. For all your comfort, love, and grace You helped to fill a painful space.



With heartfelt thanks,
The Fleming and Dineen Family

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
TEDDY MURPHY
Curraclough, Lissarda.
Who died 4th March 2025

We, Teddy's family, would like to thank most sincerely all those who sympathised with us on our loss.

Thank you to those who attended the rosary, removal and funeral Mass, those who sent Mass cards and messages of condolence.

A special thanks to our kind neighbours and friends who brought and helped with refreshments.

We would like to thank Fr Kieran O'Driscoll for his support and Fr Christy Coleman who helped celebrate the funeral Mass.

Thanks to the Kilmurry Choir and Michael Bradley for the beautiful music and singing which added so much to the Mass. Thanks to Ann O'Callaghan our sacristan for preparing the church.

Thanks also to Fitzgeralds Undertakers and Mai Fitzs for the funeral reception.

As it would be impossible to thank everyone individually please accept this acknowledgement as a token of our appreciation. The Holy Sacrifice of the Mass will be offered for your intentions.

Teddy's anniversary Mass was Sunday 1st March.



FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
MARY O'HERLIHY
Milleen, Kilbarry, Macroom
Who died 6th March 2025

We, the family of the late Mary O'Herlihy - son Denis, daughter in law Breda, grandchildren Micheal and Aimee, nephew Pat wish to thank our great neighbours and friends for all the help and kindness shown to us on Mary's passing. Those who called to the house, brought food and refreshments, attended the wake and funeral, those who sent mass cards and wrote condolences on RIP.ie and to those who helped on the farm. Thanks to the wonderful staff at Marymount Hospice for the care Mary received and the compassion shown during those tough times.

Thanks to Pat and Carol for sitting and spending time with Mary in Marymount. Thanks to the Mercy Hospital, Sullane Family Practice and Railway View Pharmacy.

A special thanks to Mary's carers who were very good to her.

Thanks to Fr Anthony O'Mahony for the lovely mass and his regular visits to her at home.

Thanks to Marie Noonan for her help and kindness shown to Mary over the years. Thanks to the choir singers for the lovely music on the day.

Thanks to all at Creedon's Hotel for the food and refreshments.

Lastly, a very special thanks to Cyril Casey and his team. We are very grateful.

As it would be impossible to thank everyone individually please accept this acknowledgement as a token of our appreciation. The Holy Sacrifice of the Mass will be offered for your intentions.



FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
JIM LYNCH
Carrigadrohid / Coachford
Who died on 2nd March 2025

As we lovingly remember Jim on his First Anniversary, we his family would like to express our heartfelt appreciation to all those that supported us at the time of our sad loss.

The kindness shown by family, neighbours and great friends will never be forgotten. We would like to offer a special thank you to the matron and staff of Macroom Community Hospital for their care of Jim, in his final year.



Always remembered by your loving family.

14TH ANNIVERSARY



In loving memory of
MICHAEL O'HERLIHY
Milleen, Kilbarry, Macroom
Who died on 21st March 2012

*A silent thought, a secret tear
Always a wish that you were still here
Life goes on, we know that's true
But it's not the same since we lost you.*



Always remembered by his son Denis, daughter in law Breda, & grandchildren Aimee & Michéal

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26TH ANNIVERSARY



In loving memory of

**JERRY
COTTER**

Late of Ballingearry Village
Died 10th March 2000

*Silent memories keep you near,
As time unfolds another year.*



Lovingly remembered and sadly missed
by the Kearneys & the O'Sullivans.

5TH ANNIVERSARY



In loving memory of

MARY NEVILLE

8 O'Brien Place, Dripsey, Co.Cork
Who died on the 6th of March 2021

*we think about you always,
we talk about you still,
you have never been forgotten,
and you never will,
we hold you close within our hearts,
and there you will remain,
to walk and guide us through our lives,
until we meet again*



Your memory will be ever cherished by
your loving brother Brian.

Mary's Anniversary mass will be held on
Saturday 14th March in Berrings Church
at 6.15pm

3RD ANNIVERSARY



In loving memory of

DENIS DINEEN

Currabeha Crookstown
Who died on 6th March 2023

*A smile for all, a heart of gold
The very best this world could hold
Never selfish, always kind
These are the memories
You've left behind*



Always remembered by
Eileen, Martin, Joseph, Benjamin
and Mrs. Carroll.

3RD ANNIVERSARY



In loving memory of a dear husband

DENIS DINEEN

Currabeha Crookstown
Who died so unexpectedly on 6th
March 2023

*Those we love don't go away
They walk beside us every day
Unseen, unheard, but always near
Still loved, still missed and very dear*

*In life we loved you dearly
In death we love you still
In our hearts you hold a place
That no one else could ever fill*



Deeply loved, sadly missed and always
remembered by your loving wife Theresa

Denis' Anniversary Mass will be in
Kilmurry Church on Sunday 8th March
2026 at 10am

50TH ANNIVERSARY 10TH ANNIVERSARY



In loving memory of

**HUMPHREY
LYNCH**

Who died on 13th March 1976



**EILEEN
LYNCH**

Who died on 27th January 2016.

**Ballyverane House & Arás Mhuire,
New Street. Macroom**

*Time and years slip quietly by.
But love and memories never die.
In our hearts you will always stay.
Loved & remembered every day.*



Remembered by your loving family.

11TH ANNIVERSARY



In loving memory of

**MARY (MAURA)
RING**

Colmans pk, Macroom
Who died 14th March 2015

*Deep in our hearts
Your memory is kept
To love
To cherish
And never forget*



Fondly remembered and sadly missed
by your family and friends

11TH ANNIVERSARY



In loving memory of

**MARY (MAURA)
RING**

Colmans pk, Macroom
Who died 14th March 2015

*No matter how life changes,
No matter what we do,
A special place
within our hearts,
Is always kept for you.*



Always in our thoughts
Darrin, Aine, Adam & Luke

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16TH ANNIVERSARY



In loving memory of

MARY MURRAY

62 St. Colmans Park, Macroom
Who died on March 3rd 2010

*We lost a mother with a heart of gold,
How much we miss her can never be told,
She shared our troubles
and helped us along,
If we follow her footsteps
we will never go wrong.
She was a mother so very rare,
Content in her home and always there,
On earth she toiled, in Heaven she rests,
God bless you mother you
were one of the best.
We miss you mother and always will.*



Always missed by her loving children:
Sinéad, Geraldine, Conubhar, Julia (rip);
Tomás & Siobhán

2ND ANNIVERSARY



In loving memory of

PAT CASEY

Hanover Hall

*You taught us more by how you lived
than words could ever tell-
To lend a hand, to bow in prayer
To treat our neighbours well.
You'll never be forgotten, that's our vow
But we wish you'd walk through the door
But heaven's fields are richer now
Than they ever were before.*



Forever loved and never forgotten by his sons,
daughters, sons in law, daughters in law,
grandchildren and extended family.

**Also remembering Colman
whose anniversary falls on March 2nd**

We miss you Colman everyday
Though you are never far away
At times we feel so very sad
Yet know you are with our Mum and Dad.

- all forever in our hearts.

2ND ANNIVERSARY



Remembering with love our precious
daughter and sister

**SIOBHÁN
MC KEOWN**

Bristol & Droumcarra, Macroom
Who passed away unexpectedly on
March 14th 2024

*Broken are the hearts that loved you
Silent are the tears that fall
Living life without you Siobhán
is the hardest part of all.*



Loved & missed so much by her
heartbroken parents Bridget & Enda,
sisters Sineád & Geraldine, Partner Tim,
Brother-in-law Phil, Nephew's, Niece &
all her extended family & friends & her
wonderful dog Rosita.

UNTIL WE MEET AGAIN SIOBHÁN
YOU'LL NEVER WALK ALONE

5TH ANNIVERSARY



Treasured memories of

**MICHÁEL
HALLIE BARRY**

Raleigh South, Macroom
Who died on the 17th March, 2021

*In life we loved you dearly,
In death we love you still.
In our hearts you hold a place,
That no one could ever fill.*



Sadly missed
Mom Mary, Liam, Sinead, sister in law
Fran, brother in law Shane and families

9TH ANNIVERSARY



In loving memory of

**EILEEN
DESMOND**

Liscarrigane
Ballymakeera

*Those who think of her today,
A little prayer to Jesus say.*



Always remembered
by your loving family

2ND ANNIVERSARY



In loving memory of

SEÁN MURPHY

Macroom, late of Mullinhassig,
Coachford.
Whose Second Anniversary occurs on
the 14th of March 2024.

*Your life was a Blessing,
your memory a treasure.
You were loved beyond words
and are missed beyond measure.*



Loved and remembered always by your
loving wife, Patricia.

3RD ANNIVERSARY



In loving memory of

**PAULINE
MCPOLIN**

late of "Inisfree", Kilnagurteen,
Macroom, Co Cork,
who died on 11th March 2023

*Deep in our hearts
Your memory is kept
To love, to cherish
And never forget.*



Lovingly remembered by her husband
Seamus, family and friends.

Pauline's Anniversary Mass will be held in
St Colmans Church Macroom on
Sunday 8th March 11.30 a.m.

50th & 20th ANNIVERSARY



In loving memory of Mam and Dad,

**MICHAEL &
MARY HEALY**

Coolecleavane, Kilmichael.

Michael died on 24 April 1976
Mary died on 02 March 2006.

*Time and years slip quietly by,
But love and memories never die.
In our hearts you will always stay,
Loved and remembered every day.*



Always remembered by their loving
family.

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THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. DC

3RD ANNIVERSARY



In loving memory of

JUDY HORGAN

Inchigeela, Macroom

Who died on the 3rd March 2023.

*Our hearts are full of memories
With pride we speak your name
Through life goes on without you
It will never be the same
We miss your smile, your joking ways
We miss things you used to say
And when old times we do recall
It's then we miss you most of all.*



Deeply loved and missed by your husband Martin, Children Kevin, Mary, Sheila, Sean and Odhran, daughter in law Jackie and Grandchildren Eryn, Zoe, Taylor, Eibhleann and Caoimhe

2ND ANNIVERSARY



In loving memory of

JERRY O'RIORDAN

Deshure, Tarelton, Macroom, Co. Cork, Whose 2nd Anniversary occurs on 3rd March 2026

*We see the little Robin
that you send us every day.
We know you are near
and never went away.
Wherever we go and whatever we do
memories keep us near to you.*



Sadly missed and remembered everyday by your loving family and friends at home and abroad.

10TH ANNIVERSARY



In loving memory of

MARY O'SHEA

Coolroe West, Inchigeela

Who died on 22nd February 2016

*God looked around his garden
and found an empty place.
He then looked down upon the Earth
and saw your tired face.
He put his arms around you
and lifted you to rest.
With the help of his angels
they flew you to your heavenly place.*

Ar dheis Dé go raibh a anam dílis



Sadly missed and fondly remembered by her sister Nora, brother in law Michael and nephews Gearóid and Antóin.

6th ANNIVERSARY



In loving memory of

MARY O'CALLAGHAN

Coolmakee, Farnanes

Who died on March 8th 2020

*It takes us back to brighter years,
to happier sunlit days
and to precious moments
that will be with us always.
And these fond recollections
are treasured in the heart
to bring us always close to those
from whom we had to part.
There is a bridge of memories
from earth to Heaven above...
It keeps our dear ones near us
It's the bridge that we call love.*



Always remembered by your loving family.

12TH ANNIVERSARY



In loving memory of

KITTY BARRY

Carriganine, Macroom.

*We hold you close within our hearts,
and there you shall remain,
to walk with us throughout our lives,
until we meet again.
So rest in peace dear Loved One
and thanks for all you've done,
we pray that God has given you,
the crown you've truly won.*



Lovingly Remembered by her husband Garry and Family.

30TH ANNIVERSARY



In loving memory of

TED O'CONNELL

Shronegare, Clondrohid, Macroom
Who died on March 6th 1996

*Time changes many things,
But not the memory this day brings,
You always had a smile to share,
A laugh, a joke and a time to care,
A beautiful nature, warm and true,
We just want to say
we will always love and miss you.*



Sadly missed by your wife Eileen and daughter Noirin & Son in Law Daniel

12TH ANNIVERSARY



In loving memory of

HANCY HUBBARD

Inchalea, Aghinagh
Who died on 5th March 2014

*Deep in our hearts
Your memory is kept
To love, to cherish
And never forget.*



Always remembered by her loving husband Ned and family

8TH ANNIVERSARY



In loving memory of

ABBIE O'LEARY

Gortnaochee, Inchigeela
Who died on 10th March 2018

*Your gentle smile, your caring ways,
Live on with us through all our days,
In laughter shared and tears we hide,
We feel you walking by our side.*



Fondly remembered today and always
Your loving partner Mickie.

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