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Young dancers dancing the night away, Right; Cllr Michael Looney and Lara O'Sullivan Flower of Macroom, switching on the Christmas Lights in Macroom. Pic. Peter Scanlan

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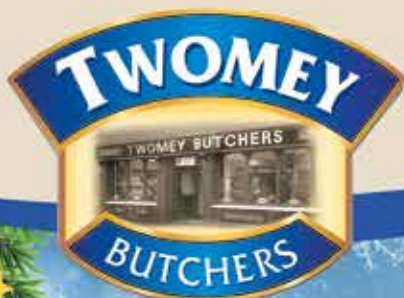
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Wednesday 24th December	9:00 - 15:00
Thursday (Christmas Day) 25th December	CLOSED
Friday 26th December	CLOSED
Saturday 27th December	10:30 - 17:00
Sunday 28th December	CLOSED
Monday 29th December	09:00 - 20:00
Tuesday 30th December	09:00 - 20:00
Wednesday 31st December	09:00 - 17:00
Thursday (New Year's Day) 1st January	CLOSED

Gifting Ideas This Christmas



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If you cannot access physical copies, the LVO can be viewed online at:
<https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday
before publication at the latest, if you want a piece included in the following

week's edition. Due to print processes, late submissions will be published in the
following edition.

As always submissions as Gaeilge are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you
would like to submit an article as bearla nó as gaeilge, please feel free to email us
here on leevalleyoutlook@macroom.ie, we would love to hear from you.

Go raibh maith agaibh, Peter & Gráinne

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Please note Des has a new number

087 3600223

Proud moment for dedicated Macroom Man Climate Ambassador Profile: John Lyons

John Lyons, an Taisce Climate Ambassador in 2025, draws on a lifetime spent working with — and learning from — the natural world. Connections to nature began on a small mixed farm that provided a lot of experience and learnings and was the inspiration to pursue a Degree in Agricultural Engineering. This provided the technical foundation to understand how we use, manage, and sometimes misuse our natural resources.

Professional Experience

My career has taken me through several key sectors where environmental protection and resource management are central.

I began working on landfill sites in Dublin, and witnessed the real-world challenges of methane emissions from anaerobic decomposition. This early exposure reinforced the importance of sustainable waste management and the risks posed by poorly controlled greenhouse gases.

From there, I spent four decades in State Forestry, specialising in the mechanization of operations, research and development. This work contributed to national and international projects focused on:

- Soil protection, using low ground pressure machinery
 - Environmentally sensitive harvesting, safeguarding rivers and streams
 - Sustainable timber transport, including haulage systems that reduce road damage
- These projects strengthened my understanding of how practical decisions — in forestry, land use, and engineering — directly shape environmental outcomes.

Community Engagement

For the past six years, I have worked part-time with FuturEnergy Ireland (FEI) as a Community Liaison Officer. My role involves meeting local residents in areas where windfarm developments are proposed, sharing information, answering concerns, and helping people understand how renewable energy fits into Ireland's climate goals.

Community has always been at the centre of my work. For 40 years, I have been an active member of Macroom Tidy Towns, including 38 years as Secretary and continue to lead its Biodiversity Work Programme, coordinating projects that protect habitats, enhance nature, and foster environmental awareness across all age groups.

Vision and Goals

As a Climate Ambassador, my focus is clear:

We must use the Earth's resources responsibly and accelerate our transition away from fossil fuels.

Fossil fuels are finite, and their continued use is driving a cascade of destructive impacts — greenhouse gas emissions, global warming, extreme weather, and rising sea levels. In a world with a growing population, the stakes are higher than ever.

My goal is to communicate these issues in ways that empower people to act. Whether through community talks, school visits, or outdoor educational projects, I want to help people understand that individual choices matter, and that meaningful change begins with informed decisions.



Personal Philosophy

My awareness of climate and environmental challenges did not come from a single moment — it grew steadily over years of work and observation. I believe strongly that acting in line with our values brings real personal fulfillment. Life moves quickly, and I've seen many changes during my time — some hopeful, others worrying.

What guides me now is a simple but powerful belief; We must leave the world better than we found it.

As a Climate Ambassador, I invite everyone to take part in this shared responsibility. With awareness, commitment, and community action we can protect the planet we depend on — and ensure a healthier future for generations to come.

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8PM

CINEMA



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MON 22 DEC 2025

5PM

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SAT 27 DEC 2025

8PM

LIVE MUSIC



VANBRUGH & FRIENDS:

AN EVENING OF STRING MASTERPIECES

FRI 23 JAN 2026 | 8PM

LIVE MUSIC



NOTIFY

SAT 31 JAN 2026

8PM

MAGIC SHOW



JOE THE MAGICIAN

SUN 08 MAR 2026

3PM

OPTIMAL CHIROPRACTIC AWARDED

Cork Chiropractic Clinic of the Year 2025

Optimal Chiropractic in Ballincollig has been named **Cork Chiropractic Clinic of the Year 2025** at the **Cork Business Awards**, held recently at the **Radisson Hotel, Little Island**.

Hosted by well-known TV presenter Miriam O'Callaghan, the annual awards celebrate excellence and leadership across Cork's business community. With Dr. Ben Martin attending a professional conference in the UK, the award was accepted on behalf of the practice by his wife Siobhán, along with team members Mary and Sarah.

The judges highlighted Optimal Chiropractic's long-standing commitment to patient wellbeing, community involvement, and professional standards: "With a mission to help individuals and families achieve better health, mobility, and quality of life

through safe and natural chiropractic care, Optimal Chiropractic focuses on exceptional patient outcomes and long-term wellness. Combining clinical excellence with genuine care, the practice has grown to become one of the most respected chiropractic clinics in Ireland. For over two decades, it has demonstrated leadership in patient care, community engagement, and charitable initiatives while elevating the standard of the profession."

Optimal Chiropractic has served the Cork community for more than 20 years, offering natural, patient-centred chiropractic care for individuals and families.

Dr. Ben added:

"We are deeply honoured by this recognition. Our team works hard every day to support the health and wellbeing of our patients, and this award is a wonderful reflection of that commitment. We are grateful to our

community for their trust and support."

For more information or to learn about the services offered, visit Optimal Chiropractic, Ballincollig, or call 021 487 8465.



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Photo on the night; Sarah Crampton, Mary McSweeney, Presenter Miriam O'Callaghan and Siobhán Martin



Team photo below; Sarah Crampton, Dr. Kishan Kumar, Chris O'Leary, Dr. Noah Hanneysee, Mary McSweeney and Dr. Ben Martin.



Staff in AIB Macroom were delighted to present a cheque for €667.00 to Horizons - Cope Foundation in Cork Communities as part of their continuing support of the vital services they provide in our local community.

AIB Macroom held a Coffee Morning for Horizons in the Branch in October and raised €667.00 from this event. This was very much supported by the Horizons staff and people they support. Thanks to everyone who attended and donated on the day.

AIB Macroom hosted an information evening on Wednesday 26th November around 'Safeguarding and

Supporting your Family and Finances' in the Castle Hotel, Macroom. The focus of this event was to empower people living in our community with the tools and knowledge to begin their advance planning journey. AIB Macroom partnered with Leah Gould, Solicitor from J.F. Gould and Co. LLP and John Vaughan, Accountant from Crowley & McCarthy Chartered Accountants who discussed Power of Attorneys, the Fair Deal Scheme and Inheritance Tax. We also shared the local Bank Supports available from AIB. The event was very well attended and there was very positive feedback from attendees.



Staff in AIB Macroom presented a cheque for €667.00 to Horizons - Cope Foundation



AIB Macroom information evening on 'Safeguarding and Supporting your Family and Finances'

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Macrooom lights up for Christmas

Pictures by Peter Scanlan



Cllr Michael Looney, speaking at the switching on of the Christmas Lights in Macrooom.



Macrooom Town Hall all lit up after switching on of the Christmas Lights in Macrooom.



Vintage Tractor run arriving in Macrooom at the switching on of the Christmas Lights.



Cllr Michael Looney and Lara O'Sullivan Flower of Macrooom, switching on the Christmas Lights in Macrooom.



Santa arriving by JCB loader for the switching on of the Christmas Lights in Macrooom.



Vintage Tractor run arriving in Macrooom at the switching on of the Christmas Lights.



Enjoying the festivities at the switching on of the Christmas Lights in Macrooom.

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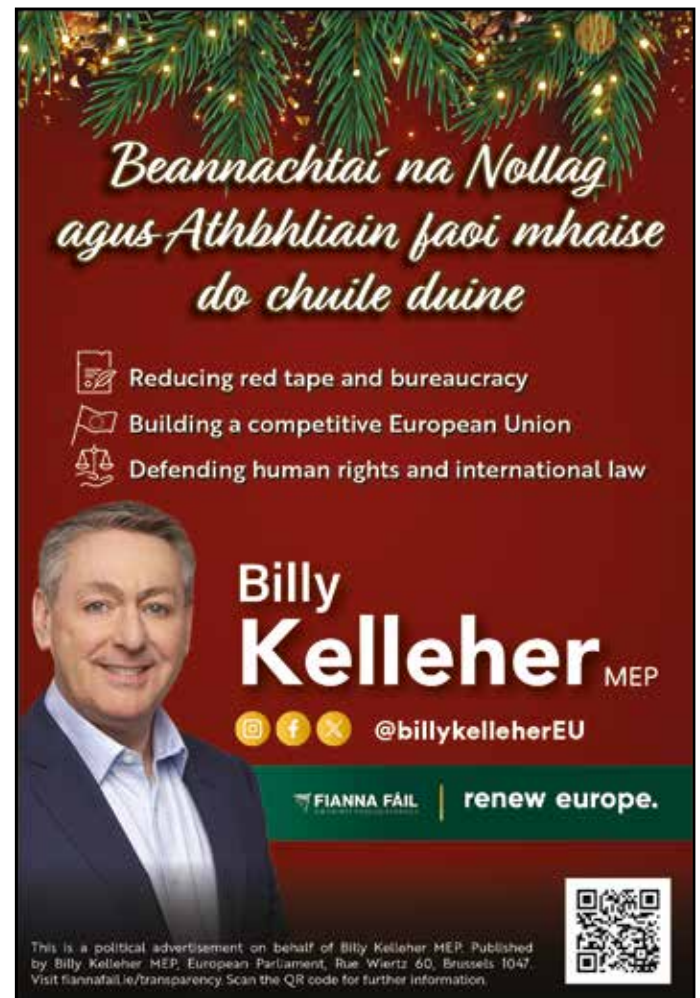
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Santa's coming to Killarney Outlet Centre

Oh you better watch out and you better be good for goodness sake – because Santa Claus is coming to town.

And excitement will reach fever pitch when his sleigh touches down in the car park of Killarney Outlet Centre which is one of big man's favourite places in the lead up to Christmas every year.

He has made his list. He has checked it twice. And the great news is that a visit to Killarney is right there at the very top of his priorities.

After he makes the long journey from the North Pole to Killarney, children – and the young at heart – will have a golden opportunity to meet and greet Santa in his cosy corner at Killarney Outlet Centre from 1.00pm

to 5.00pm on the following dates:

- **Saturday/Sunday, November 29/30**
- **Saturday/Sunday, December 6/7**
- **Saturday/Sunday, December 13/14**
- **Saturday/Sunday, December 20/21**

Even better news is that there will be no charge to meet and greet Santa, no booking is necessary and there will be an opportunity to take a selfie as a souvenir of the great occasion.

Families are encouraged to bring their own cameras to capture the moment.

They are assured that there will be gifts galore in the

local stores – at fabulous prices and all under one roof – during their visit and centre gift vouchers will be available for use in all stores.

"We are absolutely delighted that Santa accepted our invitation to spend every Saturday and Sunday afternoon with us between now and Christmas because we know just how busy he must be at this time of the year," said centre manager Paul Sherry.

"Luckily, he is very familiar with just how magical the town is at this time of the year so he was only too delighted to get a chance to meet all the boys and girls and their families and friends," he added.

KILLORGLIN-BASED RETROFIT DESIGN LTD WINS NATIONAL RETROFIT AWARD FOR SECOND YEAR RUNNING

Killorglin-based energy efficiency specialists Retrofit Design Ltd have been named the Business All-Star All-Ireland Champion Retrofit Company 2026 by the All-Ireland Business Foundation. This marks the company's second consecutive national award, recognising excellence in sustainable construction and energy retrofit solutions.

Established in 2012, Retrofit Design Ltd has grown to become one of Ireland's leading names in deep retrofitting and home energy upgrades. The company is trusted by local authorities and public bodies nationwide, including Kerry County Council, Cork County Council, Cork City Council, Dublin City Council, Laois County Council, and Offaly County Council to mention a few.

Over the past decade, Retrofit Design Ltd has completed more than 750 deep retrofit projects and over 2,700 home insulation upgrades across Ireland. From its headquarters in Killorglin, the company provides SEAI One Stop Shop services across the country, helping homeowners reduce energy costs, improve comfort, and make their homes more sustainable.

This year, the company also completed a full rebrand, launched a new website, and rolled out its newly branded fleet of vans. Each vehicle carries a QR code linking homeowners directly to information on SEAI grants and energy upgrades, making it easier than ever to access expert advice and start the journey toward a warmer, more efficient home.



Chris Scanlon General Manager and Mairead Sheahan Business Administrator.

General Manager Chris Scanlon said the award is a reflection of the company's continued commitment to quality and customer care.

"As a dedicated team we are proud to see our work recognised again at national level. Every project we deliver is focused on making homes warmer, greener, and more affordable to run. This recognition belongs

to our entire team and to the clients and Local Authorities who place their trust in us to deliver real results."

Retrofit Design Ltd continues to set the standard for quality, compliance, and trust within Ireland's growing retrofit sector, supporting the country's drive toward a more energy-efficient future.

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MID CORK ST VINCENT DE PAUL SOCIETY



As the 2025 Christmas season approaches one has to reflect on the many challenges that both families and individuals continue to face despite the fact that we live in one of the wealthiest countries in western Europe.

This past year most conferences have seen a marked increase in demand for support.

With food costs spiralling, some families with two incomes are now asking for assistance as they are unable to save any of their income to cushion them against unexpected expenses such as car repairs,

insurance costs or even the replacement of essential household equipment.

Our conferences in Mid Cork are so blessed that we can rely on our parish communities and many members of the business community to provide funding for our work not alone during the Christmas period but throughout the coming year.

But dear readers please be assured that none of our conferences take your generosity and support for granted. Our promise to you all is that we will use every one of your donations to provide the most

effective support to the greatest number of people possible within our own parish communities.

May the light of the Christmas crib shine gently on you all and may 2026 be a year of peace, good health and happiness for all our communities.

Our annual Church Gate Collection takes place on Sat 13th & Sun 14th December

Gerard Lynch

St Vincent De Paul Society

MACROOM FLOWER & GARDEN CLUB

Macroom Flower & Garden Club hosted Annual Charity Floral Demonstration "Christmas Traditions" at Coolcower House Thursday November 13th. Melanie Harris AOIFA (Ballincollig Flower & Garden Club) and well known in the Association of Irish Floral Artists was guest Demonstrator. Melanie is an AOIFA Judge, Demonstrator, and current Chairperson of Futura Contemporary Floral Art Group. A native of New Zealand she staged a spectacular Demonstration bringing the stage alive to the audience. Her inspiration and love of gardening was very evident in her creative work and included well chosen plant material and flowers. The event was supporting local Charity Horizons Cope Foundation. Chairperson Nora Gallagher welcomed all in attendance. Elaine Murphy Communications & Fundraising Manager Horizons Cope Foundation gave a summary of local facility and outlined the services provided both locally and nationally. Admission at the door and raffle tickets was ably handled by Officers & Committee and ran smoothly. At the interval cameras were in action to capture the theme while Committee Members were busy preparing for Draw Christmas Cake, Hampers and Raffle of Floral exhibits. The finale concluded with President Winifred Lynch proposing a vote of thanks to Melanie Harris for a

most enjoyable evening and much praise was given to for her beautiful exhibits and lively entertainment on stage. The officers wish to thank all who attended and supported this Annual event, to the sponsors of Prizes for our Draw, to visiting Clubs who travelled long distance, to Jimmy Healy Sound and Lighting and to Bernie O Callaghan, staff, parking stewards at Coolcower House for their warm welcome, and hospitality.

Macroom Flower & Garden Club held it's Annual Dinner at The Castle Hotel on December 4th. Chairperson Nora Gallagher thanked all in attendance for supporting Club activities throughout the year. The Club were delighted to present a cheque on behalf of Horizons Cope Foundation Macroom to Louise CNM 2 on the night. Proceeds were from November Annual Gala Charity Demonstration. Following the presentation a superb meal was enjoyed and as always excellent service by staff at the hotel. Thank you to Rory Buckley, Emer and staff at The Castle Hotel. We wish all our Members a Merry Christmas and a Happy New Year and look forward to seeing you all when the Club returns to activities February 2026. Further details regarding Membership and Floral Workshops contact 087-9821708



Macroom Flower Club Annual Dinner at The Castle Hotel.
Pics. Peter Scanlan



Macroom Flower & Garden Presentation to Horizons Cope Foundation Macroom Annual Dinner at The Castle Hotel December 5th Officers and Committee include President Winifred Lynch Chair Nora Gallagher Treasurer Nuala O Connell Secretary Marie O Sullivan. Pic Peter Scanlan



Macroom Flower Club Annual Dinner at The Castle Hotel.
Pics. Peter Scanlan



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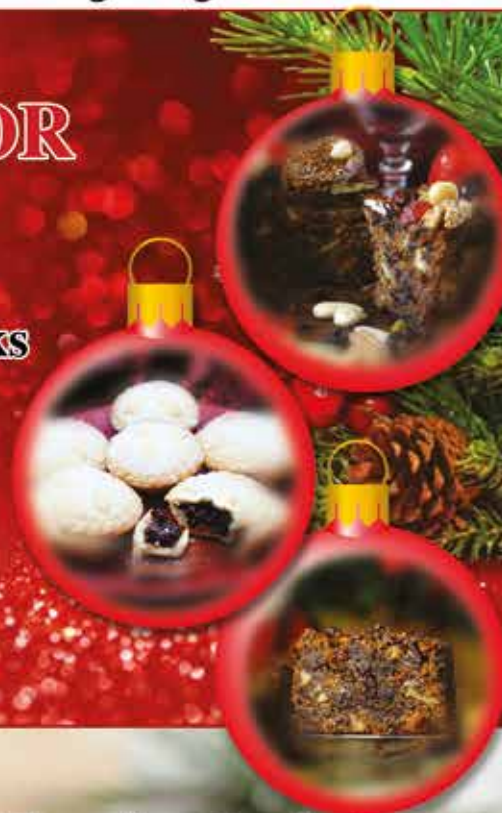


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MCEGAN COLLEGE



McEgan TY Students who enjoyed an ice skating experience in December.



A flavour of the various Nationalities who attend McEgan College at the recent International Culture Day.

McEgan Students Take Part in Cross-Border Climate Action Project

Ten students from McEgan College recently took part in the SEPI (Shared Education for Positive Innovation) cross-border climate action programme, a project that brings together schools from across the island to collaborate on environmental solutions and build positive connections. Accompanied by teachers Ms. Bourke and Ms. Galvin, the students set off before dawn to join three other Cork schools before meeting with peers from Galway and Northern Ireland. Over two days, the groups worked in mixed teams on climate-action projects, taking part in workshops and activities held at the Greenhill YMCA. The trip also offered plenty of opportunities for students to get to know one another. The McEgan group stayed in Castlewelling Castle, an experience the students described as a highlight of the programme. We are delighted to learn that four of the ten participating students, Fiachna McCarthy, Lily Madigan, Paul Dineen & Nela Nowak have now progressed to the SEPI semifinals, which will take place in Armagh in January 2026. The students will continue developing their projects alongside their teammates via Zoom and other online platforms in the months ahead. The SEPI initiative aims to encourage innovation, shared learning, and cross-community cooperation, with a focus on climate action. For the McEgan College students involved, the programme has offered valuable experience, new friendships, and a chance to work together for a positive purpose.

Teaching and Learning at McEgan College: Teaching and learning continues to thrive at McEgan College, and recent weeks have brought great pride and exciting developments for our school community. We are delighted to celebrate the outstanding achievement of Heorhii Poklonskyi, of Leaving Cert Class of 2025. Heorhii will receive an Entrance Exhibition Award from Trinity College Dublin in recognition of his exceptional performance in the State Examinations. This prestigious award highlights his dedication, perseverance, and academic excellence. We congratulate Heorhii and wish him every success in his future studies.

Exam Revision: In support of ongoing high-quality teaching and learning, McEgan College is pleased to announce our new partnership with Exam Revision, an innovative online learning platform. Exam Revision offers engaging, student-friendly resources designed to help learners master challenging topics and strengthen their exam techniques. Students will benefit from:

- Short, concise video lessons delivered by specialist teachers
- Expert topic notes aimed at achieving a Distinction/H1
- Interactive quizzes that reinforce understanding and support revision

This partnership further enhances our commitment to providing students with the tools they need to reach their full potential.

Business in the Community : We were also delighted to attend the BITCI (Business in the Community Ireland) Education Celebratory Lunch, marking the 10-year anniversary of our partnership with Boots Pharmacy. This

long-standing collaboration has played an important role in supporting our school community, offering valuable learning opportunities and strengthening the connection between education and the world of work. The event was a wonderful celebration of the meaningful impact that strong school-business partnerships can have on students' futures.

Christmas Exams: All students have now completed their Christmas exams with report ready to view on VShare by December 17th. These exams play a key role in supporting teaching and learning, offering students the opportunity to reflect on their progress and set goals for the months ahead. Christmas exams help students to consolidate their learning, practise exam techniques, Regular exposure to formal assessments helps students become more confident in managing time, interpreting questions, and structuring answers—skills that are essential for State exams and help build resilience and routine. Our teachers will continue to guide students in revision strategies and exam preparation, ensuring they feel supported throughout the process.

Engineering Technology Teachers association awards: Well done to Artur Cichosz, who represented Cork at the National ETTA Awards in Athenry, Co. Galway. After winning the award for the Best Leaving Certificate Engineering Project in Cork, his project progressed to the national competition. Artur is pictured receiving his finalist medal. Congratulations to Artur on this exceptional and well-deserved achievement from everyone at McEgan College.

STEAM Week 2025: McEgan Staff and Students engaged in a week which emphasised the importance of Science, Technology, Engineering, Art and Mathematics. We use these skills quite often without realising. 3rd year French students participated in a fun activity for STEAM week. They had to use important skills like problem-solving, teamwork, communication and of course their knowledge of French grammar to escape the French room! They completed French grammar activities and then used a QR code to upload and check their answers. The winning team was Nikita Apanovics, Artjoms Dubrovskis and Tyler Martin. Bravo à tous! In SPHE students used their teamwork and STEAM skills to build towers from spaghetti and marshmallows. The rain hampered the orientation experience but nonetheless fun and learning coincided on that day also. The maths department engaged in Countdown and puzzles.

The 3rd Years and some TY students from McEgan College travelled to the STEM South West Expo at Cork City Hall which brought together students and industry leaders from across the South West to showcase science, technology, engineering, and mathematics. The hall buzzed with excitement as young innovators shared their projects, companies demonstrated cutting-edge technology, and our students got hands-on with interactive exhibits and immersive demos, from robotics and AI to green energy and medical tech, the Expo spotlighted how STEM is tackling real-world challenges and shaping the future. Students connected with leading STEM professionals, explored career pathways, and

discovered how education and industry are working together to build a vibrant, future-ready workforce in our region. Students enjoyed their day at such a worthwhile exhibition in helping them choose subjects for the future and opening their mind to the world of STEM.

St. Joseph's: On Friday 14th, 5th class pupils from St. Joseph's made their way to McEgan to engage in Home Economics and Mathematics workshops. In the Home Economics workshop they engaged in making butter and learning about the science behind the process. In the Mathematics workshop they used their maths skills to catch a criminal!! They also got a quick introduction to 3-D printing and received 3-d printed key tags to remember their STEAM week experience in McEgan.

MTU Open Day: McEgan Students of 5th & 6th year brave the pouring rain to explore the MTU Campus in Cork on Friday 14th. Students were very pleased with the guidance they received from the staff and students in MTU on the day and for many of the 6th year students it confirmed to them their selection of courses for the CAO form which will need to be completed in January,

UCC Plus: Maeve Minihane of UCC Plus presented recently to senior cycle students and their parents on the HEAR application for third level college. The Higher Education Access Route (HEAR) is a higher education admissions scheme for Leaving Certificate students (under 23) whose economic or social background are underrepresented in higher education.

Our leaving cert students have also benefited in recent weeks from Saturday revision classes in Physics & Chemistry and look forward to partaking in Biology classes very soon as part of the UCC Plus linked schools programme.

SPORT: Olympic Handball: Fantastic day out in Neptune Stadium for the Munster Olympic Handball Schools Competition! A huge well done to all our teams — Junior Boys, Junior Girls, Senior Boys, and Senior Girls — who represented the school so well and performed brilliantly in every game. A big thank you to Mr. Twohig, Mr. Devane, and Ms. Linehan for their organisation and support throughout the day.

Think Languages Week is a nationwide event run by the PPLI (Post Primary Languages Ireland) to promote languages in schools. TY students from right across Ireland come together in a national celebration of languages and cultures, enjoying inspirational talks, fun language-filled workshops and competitions. On Thursday 20th there was a Japanese workshop for TY students. Rhonda Tsu Lambe spent the morning with our TY students teaching them all about the Japanese language, culture, and customs. Students learned some words and phrases in Japanese and practised some origami. It was an informative and entertaining workshop. Thank you Arigatou, Rhonda and the Think Languages Team.

International Cultural Day at McEgan: To end the Think Languages on Friday 21st McEgan College celebrated the many cultures of our community. Students had displays of their culture and some amazing dishes were available for us all to taste.



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DE LA SALLE College Macroom



DLS TY Padel Tennis bonding day!



DLS TY students at the local Christmas market

Huge Congratulations to Cian Cronin and Tom Browne

We are delighted and incredibly proud to celebrate Cian and Tom, who have both received UCC Quercus Entrance Scholarships. This is a fantastic achievement and a testament to their hard work, dedication, and talent. Their outstanding results reflect years of commitment both inside and outside the classroom. Well done lads — everyone here at De La Salle is very proud of you.

TY Charity Appeal

Our TY students held their annual charity appeal last week, one of the most meaningful and community-focused projects they undertake each year. The students were collecting donations on behalf of St Vincent de Paul and Macroom Senior Citizens, two local groups whose work greatly supports vulnerable individuals and families in our area. We extend sincere thanks to everyone who donated — your kindness makes a real and lasting difference in the community.

TY Student Enterprise Team

TY students Kian Dineen, Braden Morey and Ciarán McSweeney took part in the local market last week as part of the Student Enterprise Programme, selling a charming range of Christmas items. The stand was busy throughout the day with local shoppers. We are very proud of the professionalism shown by the students as they managed stock, interacted with customers, and showcased their entrepreneurial flair.

Diospóireacht Gael-Linn

Rinne Ivan Rybalka, Jack Browne agus Robbie Magee obair na gcapall inniu nuair a ghlac siad páirt i ndiospóireacht Gael-Linn ar Zoom i gcoinne Coláiste Loretto i mBaile Brigín, Baile Átha Cliath. Ba é an rún a bhí á phlé idir na foirne ná "Tugann muintir na háite aire maith don timpeallacht". Bhí Coláiste De La Salle ar son an rúin, agus is fíor a rá gur diospóireacht bhríomhar, fuinniúil a bhí ann. Léirigh ár bhfir líofacht, misneach agus tuiscint ar an ábhar — maith sibh a bhuachaillí.

Gaelic Studies Dance Off

Our TY students were in great form last week as they performed a lively dance to "An Dreoilín". Their enthusiasm brought great energy to the class, and it was heartening to see students embracing traditional Irish culture with such confidence and enjoyment.

Hub Highlights

The Hub Reading Club Begins

We're delighted to share that The Hub has launched its very own Reading Club, and enthusiasm is already building. Students have begun exploring a variety of genres, and discussions are generating real excitement. It has been wonderful to see students recommending books to one another and finding enjoyment in reading for pleasure.

Christmas Arrives in The Hub

A huge well done to the boys who put up the Christmas tree last week. The decorations look wonderful, the lights are glowing, and there is already a warm festive atmosphere throughout the space.

Caring for Animals — Creative Posters in R44

As part of the Caring for Animals short course, students researched their favourite dog breeds and produced colourful and informative posters detailing traits and care needs. Their work brightened the classroom and demonstrated excellent research skills and presentation techniques.

The Hub Music Club on Tour

The Hub enjoyed a brilliant day at the Marina Market, where students took part in an inclusive disco, sampled the many food options, and enjoyed music from Red FM's Stevie G. Sincere thanks to the Macroom Community Garda for providing transport and support.

Guest Speaker: Dessie Fitzgerald

We were delighted to welcome Dessie Fitzgerald to our school last week to speak with our TY, 5th year, and 6th year students. His message of resilience, hope, and believing in your own potential resonated strongly with everyone present. Students described the talk as motivating and inspiring, and we are grateful to Dessie

for sharing such an uplifting and meaningful message.

Parking Troubles in Macroom — A Student-Led Investigation

Congratulations to Kian Dineen, Jakub Sliczniak, Ciarán McSweeney, Alex Sikorski, and Oscar Barszczewski, who produced an insightful project on Macroom's ongoing parking issues as part of their Road Safety module. Their work included interviews with locals, on-site observations, and practical recommendations. This project reflects outstanding civic engagement, critical thinking, and teamwork.

TY Padel Tennis Day Out

Our TY students enjoyed an energetic day in Carrigtwohill where they tried Padel Tennis for the first time. The activity encouraged teamwork, quick thinking, and plenty of friendly competition. We extend our thanks to Mr Ryan and Ms Willis for organising the visit.

Coffee Morning for Cancer

DLS musicians Tadhg O Driscoll and Patrick Kelleher performed beautifully at the Coffee Morning for Cancer in the Macroom FET Centre. They even got a chance to meet with Mayor Looney. Their performance added greatly to a warm and supportive community event.

TY Social Media Module: Elf on the Shelf in Macroom
Congratulations to TY students Krzysztof Smietanski and Peter King, who produced a popular online video following the Elf on the Shelf around Macroom. Their project displayed excellent planning, filming, and editing skills and brought a festive buzz to the school.

U14 Hurling Match Report – DLS vs BCS

Final score: BCS 4-5 | DLS 3-4

Our U14 hurlers put in a massive shift against BCS in extremely difficult weather conditions last week. Despite the challenge, the team battled bravely right to the final whistle. Standout performances came from Lachlan Kearney Burke, Seán Twohig, Nathan Meyler, John Joe O'Brien, and Ciarán Lynch. The spirit and determination shown by this group promises exciting matches ahead.



Past DLS pupil Cian Cronin with Principal Eric Graham at the UCC Quercus Entrance Scholarship awards.



Past DLS pupil Tom Browne with Principal Eric Graham at the UCC Quercus Entrance Scholarship awards.



DLS Irish Debating Team - Ivan Rybalka Jack Browne & Robbie Magee

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NUAHT Ó CHOLÁISTE GHOBNATAN



Thaistil Bliaín 6 go dtí 'No Escape' i gcathair Chorcaí. Seo an chéad ghrúpa a d'éalaigh ón seomra éalaithe - Eilbhe Ní Nualláin, Saoirse Ní Fhógartaigh-Lithgow, Kayla Ní Éalaithe, Kellyanne Ní Riordáin, Éatán Ní Aodha, Donagh Ó Mainnín agus Sophie Ní Dhughail-Chinseamháin



Muintir na hIdirbhliana ag seinm ceol san Ionad Lae

COMHGHAIRDEAS

Ba mhaith linn tréaslú le baill d'fhoireann peile na gcaillíní Naomh Abán faoi 18 a bhuaigh Craobh an Chontae le déanaí.

SACAR NA MBUACHAILLÍ

D'imir ár leaideanna in aghaidh Scoil Chuimsitheach, An Bóthar Bui sa dara babhta de chomórtas na Mumhan faoi 16. B'é an chéad chluiche scoileanna ar an bpáirc uile aimseartha nua i bPáirc Uí Mhuirí, Maigh Chromtha. I gcoinne fhoireann an-láidir agus fisiciúil, bhí ar gcúlaithe Filip Saj, Danny Ó Loingsigh, Zac Ó Buachalla agus Cathal Ó Duinnín an-láidir sa chéad leath i gcoinne ionsaitheoirí ó Bhóthar Bui. Thug Ben taispeántas den scoth sa chúl - bhí sábháil i ndiaidh sábhála aige. Bhí na buachaillí i lár na páirce Seán Ó Tuama agus Fionán Ó Luasa an-ghnóthach i gcónaí ag nascadh an imeartha. Tar éis ghluaiseacht eile ó Bhóthar Bui a stop na cúlaithe, fuair Rónán ó Tuama pas agus gan chasadh, chuir sé liathróid iontach trí lár chúlaithe Bhóthar Bui. Cé a bhí ar an taobh eile den phas ná Beirt de Róiste agus, ar nós na gaoithe, bhí an liathróid sínte san eangach agus bhí Coláiste Ghobnatan suas 1-0! Ach bhí níos mó le teacht! B'fhéidir gurb é buaicphointe an chluiche ar fad ná an iarracht a dhein Filip cúl a stopadh nuair a léim sé ar chlé agus chaith sé a cheann i dtreo na liathróide chun é a choimeád amach. Bhí sé cróga agus dochreidte ar fad. Sa dara leath, lean ár leaideanna ar aghaidh ag imirt go hiontach agus bhí Kevin Ó hÉanacháin, Éanna Ó Cróinín agus ionadaí Benjamin Ó Ríordáin ar rheabhas sa tréimhse seo. Ach ansin, fuair Bóthar Bui cúl ó chíc cúinne. B'fhéidir nach raibh an liathróid 100% thar an líne nuair a bhí sé glanta, ach bhí sé deacair a rá. Mhalartaigh Fionán agus Danny i ndiaidh é sin, agus bhí roinnt seansanna againn. Faraor, agus an ghaith taobh thiar dóibh, fuair Bóthar Bui cúl eile ar an bhfrithionsaí ag druidim i dtreo an 90ú nóiméad. Agus an t-am beagnach imithe, bhí dhá seans mór againn chun an cluiche a chothromú ach bhíodar

sábháilte ar an líne. Bhí mí-ádh ar fad ar ár mbuachaillí, ach bhí taispeántas lán le croi agus spiorad ó gach ball den fhoireann, ach go háirithe laoch na himeartha, Ben Ó Riordáin, a bhí sa chúl. Maith sibh, a bhuachaillí!

CARTÁI AGUS LITREACHA NA NOLLAG

Sheol daltaí Eacnamaíochta Baile cártai & litreacha Nollag chuig áitritheoirí i dtithe altranaís éagsúla i gCorcaigh mar chuid de scéim carepack.ie. Is feachtas cineáltais é seo a nascann áitritheoirí sna tithe altranaís le muintir chneasta an phobail. A bhuí leis an scéim seo, beidh breis is 24,000 áitritheoir in Éirinn ag fáil litreach/ cártai um Nollaig. Táimid an-bhródúil as na daltaí as páirt a ghlacadh sa scéim.

BRONNADH TEG

Bhronn Eibhlín Ní Lionáird, Oifigeach Pleanála Teanga Mhúscraí, teastais TEG ar na daltaí a thug faoi scrúdú TEG ag leibhéal B1 anuraidh. Táimid thar a bheith buíoch d'Eibhlín a dhein urraocht ar an scrúdú. Is mór againn a cuid flaithiúlachta. TEG ná Teastas Eorpach na Gaeilge. Is cáilíocht Eorpach é sa Ghaeilge. Tá na scrúduithe bunaithe go ginearálta ar an 'Fráma Tagartha Comónta Eorpach do Theangacha'. Úsáideann roinnt eagraíochtaí TEG sa phróiseas earcaíochta chun cinntiú go bhfuil na scileanna teanga cuí ag a bhfostaithe. Mar sin, is mór an buntáiste é an cáilíocht seo a bheith bainte amach ag ár ndaltaí. Tréaslaimid leo ar fad. Míle buíochas le hIníon Ní Bhriain as an mbronnadh a eagrú.

AOICHAINTEOIR - PAULA DUGGAN

le Máiread Ní Mhurchú

Ar an Déardaoin 20ú Samhain tháinig saineolaí cothúcháin darbh ainm Paula Duggan isteach chun labhairt leis na daltaí Eacnamaíochta Baile i mbliain a dó agus a trí; agus leis na daltaí Idirbhliana go léir. Bhí an saineolaí cothúcháin go hiontach. Bhí sí ag labhairt mar gheall ar itheachán sláintiúil. Bhí sé an-suimiúil agus d'fhoghlaimiomar a lán. Míle buíochas le hIníon Ní Bhriain as é a eagrú

MARGADH NA NOLLAG

Tá muintir na hIdirbhliana ag eagrú Margadh na Nollag a bheidh ar siúl 15ú Nollaig – tá fáilte do phobal idir 12.35 – 13.15. Beidh an t-airgead bailithe ag dul chuig carthanacht Enable Ireland. Soláthraíonn Enable Ireland seirbhísí agus tacaíochtaí ar fáil do leanaí agus do dhaoine fásta atá faoi mhíchumas, ag diriú ar chumhachtú, neamhspleáchas agus cuimsiú. Cuireann siad teiripe, teicneolaíocht chúnta, cúram faoisimh agus cláir phobail ar fáil chun cabhrú le daoine agus le teaghlacha dul i bhfeabhas.

Más féidir leat féin nó gnó spotduais a thabhairt don chrannchur, déan teagmháil linn. Tá fáilte roimh chách!

CARÚIL AGUS CRAIC SAN IONAD LAE

Bhí lá álainn ag muintir na hIdirbhliana san Ionad Lae. Chan siad roinnt carúil agus sheinn siad ceol!

GLUAIS/GLOSSARY

Gheobhaidh tú liosta foclóra a úsáidtear go minic ar na meáin shóisialta/Lee Valley ar shuíomh na scoile. On our school website you can find a list of vocabulary that are used frequently on our social media posts/Lee Valley.

GLUAIS

- áitritheoir – resident
- tithe altranaís – nursing homes
- faoi mhíchumas – disability
- cuimsiú – inclusion
- spotduais – spot prizes
- carúil – carols

DÁTAÍ DON DIALANN:

- Margadh na Nollag - 15ú Nollaig 12.35 – 13.15 Fáilte roimh chách!

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Wishing you all a very happy and peaceful Christmas.



Bhronn Eibhlín Ní Lionáird, Oifigeach Pleanála Teanga Mhúscraí, teastais TEG ar na daltaí a thug faoi scrúdú TEG ag leibhéal B1 anuraidh. Míle buíochas le hIníon Ní Bhriain as an mbronnadh a eagrú.

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ST MARY'S NEWS



TY's Emma, Katelyn, Melanie and Orla on Stage during 'That's so Fetch'



Katelyn, Amy and Grace on stage during 'That's so Fetch'

Poetry Aloud

We are delighted to share the news that Brid O'Driscoll has been named as a finalist at the National Final of the 'Poetry Aloud' competition in December following on from her performance in the semi-final. She recited 'To a Child Dancing in the Wind' by WB Yeats and 'Stopping by Woods on a Snowy Evening' by Robert Frost. She is one of only 3 junior finalists! The final will take place in the Joly theatre in the National Library of Ireland in Dublin on Friday, December 12th. Brid's prescribed poem in the final is 'The Power of Words' by Amanda Gorman. Thank you to her teacher Ms Murnane for all the help, guidance and preparation she has done with Brid. Super well done Brid, we are so proud of you!

U16.5 Camogie

St Mary's played Ballincollig Community school on Saturday the 29th of November in Laochra Og's pitch. It was the final of the Munster A u16.5 camogie cup. Both teams had won all their games leading up to this in the competition. The game was a tight and cagey match with not many scores. St Mary's were leading going into the half with both teams fairly matched. This continued into the second half with St Mary's coming out on top with a score line of 0:05 to 0:03. St Mary's showed great fight, determination and teamwork to help them keep the lead. The team was captained by Orla O'Brien and now will move on to the all-Ireland competition in March of next year in UL. Well done to this super bunch of girls, their trainers Liam Slattery, Ms Maher, Mr McAuliffe, Mrs Lehane and Ms McSweeney.

Stripe Young Scientist Projects 2 & 3

Third year student Áine O'Leary is taking part in the competition for a second year in a row. Her project title this year is "Reserved for a Reason: Exploring Public Perception and Misuse of Disabled Persons' Parking Spaces and Permits, with Proposed Solutions". This

project aims to examine public opinions on disabled persons' parking spaces and permits, as well as recognising misuse and presenting recommendations. Well done Áine for raising awareness about this important topic and best of luck in the exhibition.

Fourth year students Róisín Ní Liatháin, Ruby Prendeville and Siún Cronin are in the Intermediate Group category with their project titled "Wired to Win' Investigating the Impact of Wearable Fitness Trackers on Motivation and Training Habits in Young Girls". Their project will be based on whether wearing a fitness tracker has an impact on the motivation and consistency of training in young female athletes. Well done girls, wishing you the very best of luck at the exhibition!

TY Show

"After weeks of rehearsals, November 25th, 26th and 27th saw our Transition Years take part in their TY Show called 'That's so Fetch', based off of the popular

movie Mean Girls. Main character Aoife, played by both Katelyn Cronin and Laoise Flynn on alternate nights, brought us through her journey starting off in secondary school after being home-schooled for a number of years. With the main messages of being kind and showing forgiveness the girls performed many musical numbers showcasing some singing and dancing. Ensuring to bring some laughs to the crowd, the girls did a great job. A number of thank yous go to Angela Doherty, Ms Queally and Mr Quill for all their organisation, hard work and patience in putting together this show. Thank you to our sponsors and those who donated raffle prizes. A huge thank you to the Briery Gap for their hospitality and the use of their professional venue for all rehearsals in the lead up." Report by Katelyn Cronin and Doireann Lucey, TY Promo Team. Finally, a huge well done and thank you to our TY's for their excellent performances.



U16.5 Munster A winners!!



3rd year student, Áine, taking part in the Stripe Young Scientist this year



4th years, Róisín, Ruby and Siún, taking part in the Stripe Young Scientist this year



Brid, 1A1, has made it through to the national final of Poetry Aloud



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MACROOM GIRL GUIDES

Gold Gaisce Adventure Journey – The Dingle Way

Lorna O'Connor and Orna Sexton, leaders with Ardilaun Guides and members of the MacEgan Senior Branch completed their Gold Gaisce Adventure Journey on the Kerry Camino at the end of November. In all, they hiked 83 kms over four days from Tralee to Dunquin, enjoying the spectacular scenery of the Dingle peninsula, meeting many of the locals and finding 54 mermaid purses on Ventry beach – a phenomenal number which they reported National Biodiversity Data Centre for conservation data. The following are extracts for Lorna's and Orna's reports of their travels.

When I agreed to this 80km hike along the Dingle Way last weekend of November, I didn't believe I was fully aware of what I was signing up to. Looking back on it now, it was a thoroughly enjoyable experience reconnecting with nature as the soul hikers on the trail. Being up in the mountains grants you a unique perspective and a feeling of strength. I wish I had the same appreciation at the beginning of the hike as I did at the end.

We chose the Kerry Camino route (also known as The Dingle Way) for our journey as it is a well-travelled route that is marked well and displays some of the best scenery that Kerry has to offer! A big part of hiking for me is being rewarded with seeing the views that you simply cannot see from a road or a simple stroll from a town; and we certainly got that! Even when the clouds were rolling down off the hills towards us bringing rain and hail, it brought a magical feel to the land as streams were filled, the grass got dewy and the ocean became hazy.

Day 1 Tralee – Knockbrack 23km

Our 1st day began at 8am as we met in Tralee for a coffee at NorthSouth, and a good look at our route for the day; passing along the north face of the Slieve Mish Mountains and into Camp. About halfway along the trail at 13:00 approx. we were met by a steady NW wind that just kept steadily growing as the day went on; and with it, it brought a persistent and biting drizzle of rain. The kind that creeps past every layer you have and chills you to the bone. As we walked on through this weather I couldn't help but think about all the people in the past who had made this journey in the years gone by as we walked past old house ruins. All those people who did it on a daily, weekly, or monthly basis with far less specialty hiking equipment as us and far better reasons than us who were simply hiking for the experience and for an award. The end of the trail had some interesting finds, like an abandoned stone village where we took brief shelter from the wind and rain in the remnants of the church and a large river crossing. It was clear that there were some attempts to make the crossed safer; however, the water was a bit high to take full advantage of them.

Day 2 Knockbrack – Ballineesteenig 25km

Our 2nd day had a very slow start as we were so wrecked from our chilly and strenuous experience from the night before. We had initially planned to be hitting the ground at 8am. We walked on out West until we came to Annascaul.

The weather was much better today, with only the odd shower, which allowed us to appreciate our surroundings a bit more. It was truly stunning, the mountains and the ocean. Our next major landmark was Minard Castle which was recommended as a beautiful spot by our hosts Rachel & Kevin. As we approached the castle from over the hill, the rain began. The wind was not as driving as it had been earlier in the day but alas our spirits were really starting to drop at this point. Once we got to the castle I was overwhelmed by the sheer beauty of the landscape! The clouds were parting just as we came down the hill lending an awe-inspiring air to the scene. We made it to Minard Castle, where the cliffs to the East were illuminated by the sunlight attempting to push through the cloud and the ruin loomed over us to the West. It was stunning, and the sun was at the perfect point in the sky that it gave us warmth as we took a moment to refuel, sitting on the rocks, enjoying both a castle to our right and the ocean crashing against the rocks and beach to our left. We even got Camino stamps of the castle for our trouble. After all, this is what we had chosen this route for – beautiful Irish scenery.

Day Ballineesteenig - Glanfahan (Slea Head) 19km

We made a decision to cut back onto the Kerry Camino route a little further west to help us cover some easier mileage, and avoid a steep looking valley that was NNE of us, as well as to not go back over our route from the previous night. As we walked around the hill we were followed by a steady breeze and a glimmer of sunshine. This inspired a great deal of hope for the day. We came onto the mountain trail section of the Kerry Camino and were almost immediately greeted with hailstone. Thankfully, it was a brief shower and then we had clear but windy weather for most of the day. My favourite memory from today was coming out of the valley to overlook Dingle – it was such a pretty sight and it meant that we could soon refuel with lunch. This leg was my favourite; there was something special about the beautiful green mountains and the vast blue ocean. We navigated the Mountain Path and old stone walls, even crossing some rivers and passing a lot of beehive huts and abandoned stone buildings. Walking along Ventry Beach as the darkness crept in was magical. The moonlight lending slight visibility as it illuminated the wet sand. In the freezing darkness we suddenly had white flashes run by us accompanied by swearing and whooping – the evening sea swimmers had arrived.

Day 4 Glanfahan (Slea Head) – Dunmore Head (Dunquin Pier) 16km

Our 4th day definitely had the best start as we were on the road at 7:45am. Our morning got off to a good start with a fully stocked self-service kitchen in our accommodation. We started our morning off by walking along Ventry beach to the sunrise. I couldn't stop thinking "If only we'd gotten up earlier every other day." As we may have gotten the opportunity to see some more wonderful sunrises. We followed the advice of Cora and Liz whom we met the day before and followed a road leading up onto the hill. From here is where that stunning view began. From where we were, we got to see the rolling ocean swell below us, as well as the Blasket Islands seeping into view from the cloud cover that lingered over the Atlantic. As we moved upwards the sky began to clear and the drizzly rain slowed. If these conditions continued, then hopefully we would get to see even more amazing views of the ocean. Along the way we came across the Beehive huts of the stone age as well as an engaging river crossing that required a little agility. After that slog up the steep hill we were rewarded with the iconic silhouette of Skellig Michael as well as the Blaskets now looming across the depths. We stopped for a while to enjoy the scene. We continued on uphill for another while yet until we came to the best view of all. Right at the crest of the trail we had views of the South of Dunmore Head, the surprising blue water below crashing into the cliffs of Coumeenolee, and our final stretch! We finished up at roughly 13:20 at Dunquin Pier. Sweaty, muck coated, and exhausted; we looked like an interesting scene to the casual tourists that meandered around taking photos and sipping coffee in the chilly Atlantic breeze. We contacted Deirdre and informed her that we had covered the necessary mileage and our location. We followed on the trail as our beloved chauffeurs returned from a beach walk to meet us.

I would do this venture again in a heartbeat, maybe in the summer instead, simply just to have longer evenings and the opportunity to travel further each day. It would also allow wild camping to be more of a reasonable option. Although it would be busier and there was something serene about having the trail to ourselves. If you have a good pair of boots, not scared of the cold and rain, I can't recommend this venture more. Overall we had a wonderful time on our Adventure Journey! It was a long trek that we did decide to undertake at the end of November. We chose this time due to myself and my teammate working full time and juggling booking appropriate time off from our jobs. Despite embarking on a hike in Kerry in the winter we were blessed with decent weather for the vast majority of time!

For more information on joining our Ladybird, Brownie, Guide or Senior Branch units please contact macroomguides@gmail.com



Lorna & Orna after completing their Gold Gaisce Adventure Journey



Orna Sexton pictured during her Gold Gaisce Adventure Journey

Macroon Senior Citizens Chiropody Service

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Dip CFHP MPSPract. F.H.P.

*Closed
for Christmas*
from Thursday 18th
December 2025
to Thursday 8th
January 2026

Appointments
will resume from Thursday
15th January 2026

*Wishing everyone a
Happy Christmas and a Happy New Year*

For appointments call: 026 41698

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Tickets on eventbrite

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21 DEC | BERNARD CASEY

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3 JAN | DUBLIN CITY RAMBLERS

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28 FEB | JOHN O LEARY

7 MAR | MUNDY

28 MAR | DAVID MCSAVAGE

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• **13th December** The Annual Saint Vincent De Paul Christmas Appeal Church Gate Collection takes place on Saturday the 13th and Sunday the 14th of December after all local masses.

• **13th December** Musical Bingo Night Saturday 13th December @ 8pm The Tavern Clondrohid P12E439 Come along and enjoy a fun filled night with great prizes to be won

• **14th December** Macroom Parish Carol Service will take place on Sunday 14th December at 7.00pm in St Colman's Church Macroom. All welcome to join with in the singing of Christmas carols and readings to lead us in our spiritual preparations for Christmas.

• **14th December** The new Christmas lights will be turned on in Carrigadrohid village at 5:30pm Sunday evening, with a beautiful performance from the children in Canovee National school, mulled wine, tea, coffee and a very special guest. ALL WELCOME

• **16th December Confessions:** Macroom Parish Penitential Service: Tuesday 16th December at 7.30pm in St Colman's church there will be a large number of confessors available on the night and the ceremony will be led in candlelight.

DROMLEIGH NS

Dromleigh N.S. students gave a wonderful performance again this year at the Lifetime Lab Primary School Science Quiz held on November 25th in U.C.C. Well done to all involved! Many thanks to our Spanish tutor Romina Aguilera for 10 weeks of interactive and enjoyable language lessons as part of the Languages Connect: Say Yes to Languages initiative.

Dromleigh N.S. will host their annual Christmas Raffle on December 17th. An amazing array of prizes on offer. Tickets can be purchased from Co-op Superstores Terelton, Dromey's Bar Dromcarra, The Yellow House Coffee Bar or contact the school. Dromleigh N.S. is now taking applications for enrolment for the 2026-2027 school year. Contact 026-46212 or office@dromleighns.ie for application

forms. Forms can also be found on our website www.dromleighns.ie/enrolment/ Pre-school and after-school services information can be found by contacting brightbeginningskilmichael@gmail.com **Follow us on Facebook 'Dromleigh N.S Kilmichael' or online www.dromleighns.ie**



Dromleigh N.S. participants of the annual Lifetime Lab Science Quiz recently.



Senior pupils from Dromleigh N.S. with Spanish tutor Romina Aguilera as part of the 'Say Yes to Languages' initiative.

BALLYVONGANE NS

News from Ballyvongane NS

Recently, students from Ballyvongane NS travelled to Dublin for a visit to Dáil Éireann. The trip was kindly organised by Senator Eileen Lynch, and the three schools from the parish travelled by bus to the capital. Our students were treated to a guided tour of the Houses of the Oireachtas and took part in an interactive workshop. They also visited the Viking Museum, making it a very enjoyable and educational day out for all involved.

Ballyvongane NS is supporting the Cork Penny Dinners food drive this Christmas season. If you would like to donate non-perishable goods, there are collection points located around the parish. It is a very worthy cause and we appreciate all support.

Ballyvongane NS is now enrolling students for the 2025-2026 school year. For further information, contact the school at 026 48188 or ballyvonganens@gmail.com. You can also follow the school on Facebook and Instagram to see more of what we get up to.



Ballyvongane NS supporting Cork Penny Dinners Food Drive.



For all your advertising needs call Des on his new number **087 3600223** or email: des@outlookmags.com



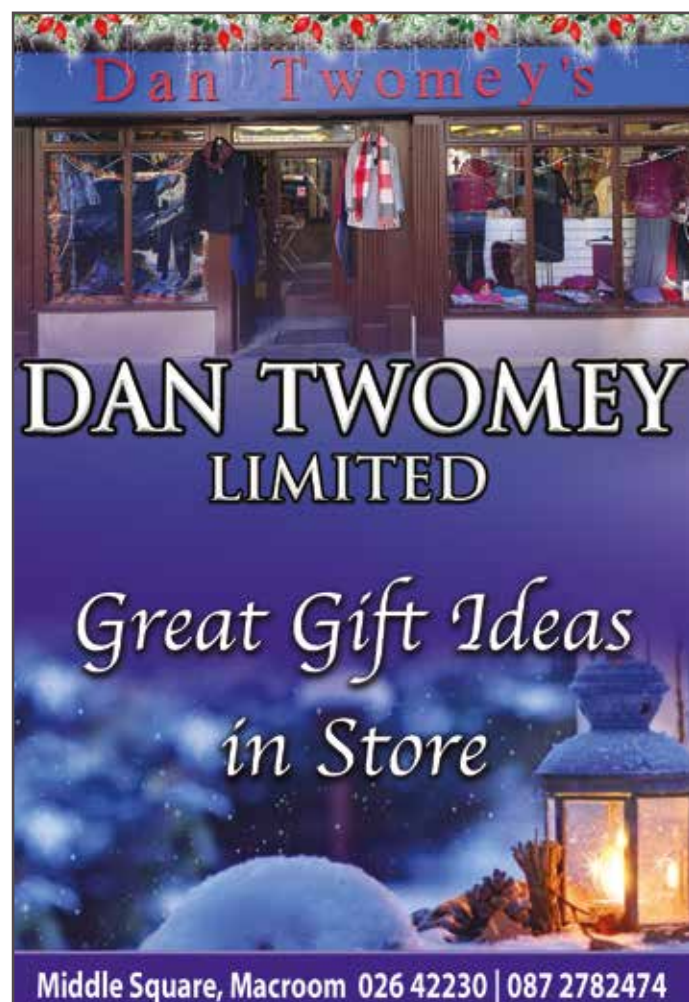
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Christmas Supplies Instore

SHOP LOCAL - KEEP LOCAL JOBS

The advertisement features a festive collage of Christmas-themed items including Santa Claus cards, snow globes, lanterns, and various gift boxes. A small inset shows a child's hands holding a craft project. The background is decorated with holly leaves and berries.



Dan Twomey's

DAN TWOMEY LIMITED

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The advertisement shows the storefront of Dan Twomey's with a winter-themed display. The background is a snowy landscape with a lantern and pinecones.



Mai Fitz's
Bar & Restaurant

Lissarda, Co. Cork | Tel: 021 7335933

**Merry Christmas & Happy New Year
to all our customers & Friends**

We are Open
SUNDAY 28th DECEMBER from 12 pm.

Normal Opening Hours : Monday to Saturday
12 noon to closing time

Join us on **Facebook** for all upcoming Events

The advertisement features a yellow building with a grey roof, decorated with large gold bells and a red bow. The background is a festive winter scene with pinecones and berries.

Kilmurry Active Retirement

Learning from the pupils

While our current climate project is coming to an end, we really wanted to be able to visit the pupils of the three remaining of the four National schools in our Kilmurry parish. We had earlier visited Canovee, a couple of months ago. They gave us great advice, having prepared a poster for us with great ideas of what our age cohort could do to reduce our carbon footprints.

While our project funding was for our education on climate actions only, and we did learn lots, we did not want to let the year slip by without leaving something practical from the project. So, we had printed bookmarks, and we were facilitated this past week in asking the green schools committees in Kilmurry, Cloughdubh and Kilbonane national schools to distribute these bookmarks to all their pupils. We had compiled the bookmarks ourselves and so we asked for help too in editing them for our next edition, hopefully next year. All generously agreed to help us. They also explained to us what they were doing within their schools. It is truly inspiring for us to see such enthusiasm that our young people display in addressing climate change, and in myriad ways, and it is happening here locally within our own parish.

Seeing the passion of our young pupils within our own community provides even more encouragement



Cloughdubh green school committee with Mary and Aidan

for us to step up and do a little more. And arising from the decision at our members meeting on the 18th of November that is just what we hope to do in 2026. We took a secret ballot vote to determine whether our association would pursue another climate action project, one where we would progress to focus more so on practical actions. Ninety two percent of those present voted in favour. Following that decision, we

asked, again by secret ballot, whether members would pledge funds, if required, to match grant funding. This time all present did so. Some say older people don't care about climate change. It seems not so!

For more information contact Aidan at 0894057676 or aidanpbarry@outlook.com



Kilbonane green school committee



Kilmurry Green school committee with teacher Denise and Mary

CLONDROHID NEWS

MOVEMENT OF CONTINUOUS PRAYER FOR MARRIAGE AND FAMILY LIFE: Next 24 hours Saturday 27 Dec to Sunday Dec 28

CARRIGANIMA DEV GROUP: The Remembrance Tree is up in the village again this year. If you would like to have a loved one's name placed on a ribbon, please send name and first line of address or town land to Sheila on 0877838753 or Martin on 0879843830

CARRIGANIMA RUN/WALK ANNUAL PENNY DINNERS COLLECTION: Items can be dropped into pub Carriganima after 8.30pm until Friday Dec 19. Thank you for your continued support.

CART BUS .This collection will take place in Carriganima and Clondrohid Masses this weekend December 13 and 14. This is a wonderful service to have in our Community, but unfortunately it cannot run on 'fresh air', so all contributions will make a difference. They will be collecting in Macroom at the Masses on Sat Dec 20 and Sunday Dec 21. Thank you in anticipation.

KIDS CHRISTMAS DISCO IN AID OF CLONDROHID'S NEW PLAYGROUND:

Join us for a fun-filled Kids Christmas Disco on Friday December 19 in Clondrohid Hall. There will be lots of dancing, games and festive fun - Bring the

family, everyone is welcome!

The Junior Disco (ages 4-8) will run from 5.30pm-6.30pm, and the Senior Disco (ages 9-12) from 7pm-8pm. Entry is €5 per child, tickets will be available at the door. Face painting, a raffle and a special Christmas visitor will add to the excitement, and all proceeds will go towards the new playground. Nollaig Shona daoibh go léir!

CLONDROHID PARISH ACTIVE RETIRED: This group have been very busy over the last few weeks, and will be taking a small break over the Festive Season. On Mon night Nov 24 Marjorie Cullen gave a talk to a large gathering in the Community Hall on wellness and reflexology. A very enlightening night that would definitely inspire you to attend her classes. Thank you Marjorie, you were brilliant. On Monday Dec 1, we had our annual get together with Caitriona of Enchanted flowers, and what a talented person, she had us all in awe with her arrangements. Thanks Catriona for a great night.

Our Active Retired would like to encourage everyone to support local services and businesses, where would we be without them.

Happy Christmas everyone.

LINE DANCING: It is on in the Community Hall on

Thursday nights from 7pm to 8.30pm. Everyone welcome,

SINGING IN THE TAVERN: This lovely sing a long or tell a story group meet the 2nd and the 4th Monday nights in The Tavern from 9pm. The next session is Monday Dec 22 They would love to see you there.

SINGING FOR THE BRAIN: This is a new initiative which brings people together through music. It is a wonderful opportunity to meet new people, reminisce through music and singing. It's on in the Castle Hotel from 11am to 1pm on Wednesdays. All are welcome. No booking required. Tea and scones served. If interested or for more info contact Lucy O'Driscoll 087 6114282

BINGO: Continues every Wed night at 8.30pm. Thanks to all who help to organise and run it, Well done. Everyone welcome. Your support is much appreciated. With Christmas holidays fast approaching, maybe some teenagers might like to try their luck on a night or two. Thank you.

MACROOM LOCAL VOCALS: Macroom Senior Citizens present this Christmas Sing Along on Thursday Dec 18 in the Fr. Ryan Hall at 8pm. Admission €10. A great night assured.

matt murphy's PHARMACY

Main St., Macroom Tel: (026) 41000

CHRISTMAS GIFT EMPORIUMS NOW OPEN

We have every thing from A - Z to make your Christmas complete!

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Revive | Sculpted | The Ordinary | Ultra Violette | Vouchers | Wrapping Service

Xmas gifts | Yankee Candles | Zestful Candles



OPENING HOURS: 8.30AM-6.15PM MONDAY TO FRIDAY SATURDAY 9AM-6PM



MUINEFLIUCH NS

Muinefliuch had a very busy November, filled with lots of exciting science experiments. Our student council put together Bí Cineálta posters to inspire kindness throughout the school. Now, as we move into December, we are getting very festive! On Friday, 5th December, we held our very own Muinefliuch Toy Show—and what a show it was! The children performed brilliantly; they were absolutely fantastic. To add to the excitement, our elf 'twinkle toes' made a return to the junior room, and the children were amazed!



Muinefliuch Toy Show Performing



Student Council Bí Cineálta posters and drama



Elf returning to Junior Room



Muinefliuch Toy Show



Science Experiments

GOLDILOCKS AND THE THREE BEARS



Teenage Chorus in Goldilocks and Three Bears



Alan Lynch, Kevin Moynihan and Connie Foley as the Three Bears, with Carmel McCarthy as Goldilocks. Pic. Peter Scanlan



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30 DEC
IAN KELLEHER 2026 DARTS FUNDRAISER
DARTS TOURNAMENT
RAFFLE ON THE DAY WITH PRIZES
€20 ENTRY - WINNER €200 RUNNER UP €100
2-2.30PM REGISTRATION - START @3PM
O'RIORDANS BAR COACHFORD P12VW63

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- THANK YOU FOR YOUR SUPPORT.

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Christmas is upon us! Ready na Doirí School.



Daltaí ag bácaíl & ag maisiú i Scoil Réidh na nDoirí.



I mbun ullmhú do Dhráma na Nollag - Scrooge- i Scoil Réidh na nDoirí.



Seaimpíní Réidh na nDoirí!



Students Leyna, Donal, Finn, Hannah, Liam, Seanie & Piero from R22 with their Shoe Boxes ready for collection for the annual shoebox appeal



Maeve Minihane of UCC Plus with McEgan Students Elisha Ni Cheallaigh, Aishling McCarthy, Dusan Kern & Jazon Tiernan following a recent talk about using the HEAR & DARE applications for entry to 3rd Level

4 PÄWS

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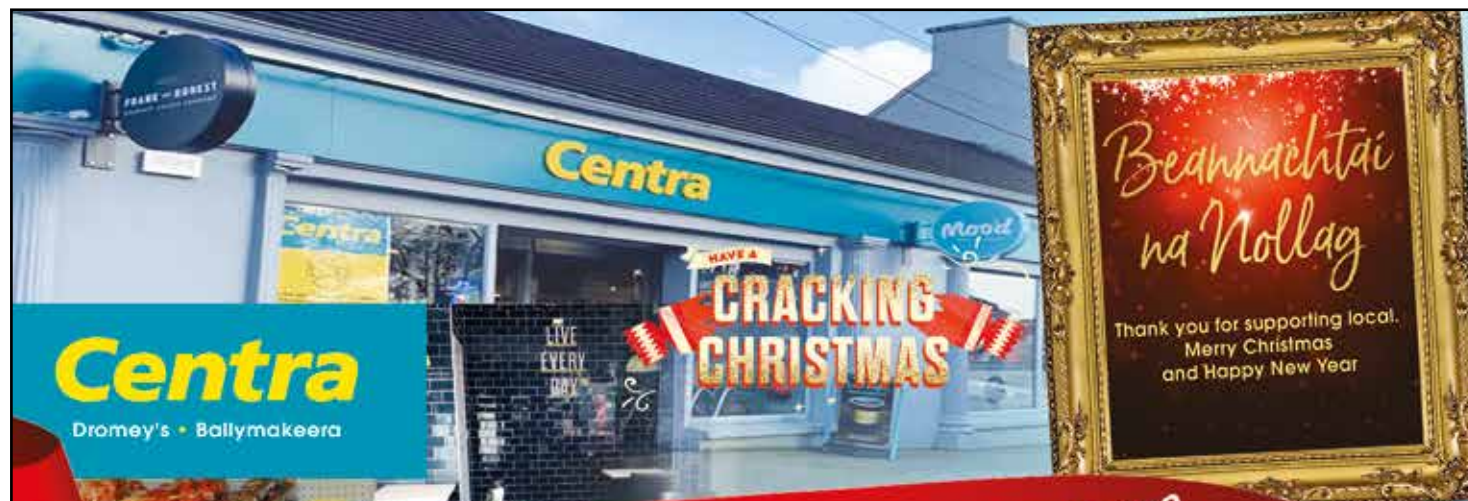
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Macroom lights up for Christmas

Pictures by Peter Scanlan



Switched on of Christmas Lights in Macroom /r Cllr Michael Looney Chairman Macroom Municipal District Council, Santa's Claus, Pat O'Connell, Chairman Lee Valley Enterprise Board.



CHRISTMAS LIGHTS - WHERE IT BEGAN

The tradition of decorating with lights goes back to the 1600s in Germany, where families would use real candles to illuminate their Christmas trees.

These candles symbolized hope and warmth during the cold winter nights, adding a magical glow to the holiday season. While charming, this method had its dangers, as live candles could easily start fires. Despite the risks, these candle-lit trees became a beloved holiday custom that spread across Europe.

A NEW ERA: THOMAS EDISON AND THE FIRST ELECTRIC CHRISTMAS LIGHTS

In 1880, famed inventor Thomas Edison introduced the world to electric Christmas lights. Edison strung up electric light bulbs outside his laboratory, creating a dazzling holiday display that captured the public's imagination. Shortly after, one of Edison's close associates, Edward H. Johnson, took it a step further by decorating a Christmas tree with red, white, and blue electric bulbs, which he placed on a motorized stand

to spin and display the lights. This display marked the world's first electric Christmas tree and sparked a trend that quickly spread.

With electric lights, families could safely decorate their homes without the risk of open flames. Over time, colorful electric Christmas lights became more accessible and began appearing in households all over the world, lighting up the holidays with a new kind of magic.

GRANVILLES

Castle Street - Neighbourhood Bar & Restaurant



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Saturday: 1.00pm – 3.00pm Sunday Lunch: 12.30pm – 3.30pm
A La Carte lunches featuring a great selection of steaks, roasts, fresh seafood, and more.

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A LA CARTE MENU**
5.00 – 9.00PM

**CHRISTMAS
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RUSHEEN NS



Pupils from Rusheen NS enjoyed learning football through fun and playful sessions led by Ger Coakley.



Laughter and excitement filled the room as the West Midlands Theatre Group entertained pupils of Rusheen NS with an engaging and energetic show.



Smiles all around as Rusheen NS pupils enjoy a cup of hot chocolate and share in the festive spirit ahead of the Late Late Toy Show



A wonderful turnout for the Rusheen National School Christmas Market.



Coachford College

TY students from Coachford College with West Cork Rapid Response volunteers Betty Hennessey, Liam Slattery and Kate Crowley after their talk on the importance of knowing your eircode and what it means to be a volunteer.



Pupils from Inchigeela National School who took part in Team Hope Shoe Box appeal.



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for another amazing year*

*Happy Christmas and
a New Year from all of us*

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Cill na Martra Tractor Run
in aid of
Marymount Hospice

Dáta; Lá le Stiofáin 26-12-2025

Clárú/Registration; Páirc Uí Chuana @10am
(Cill na Martra GAA)

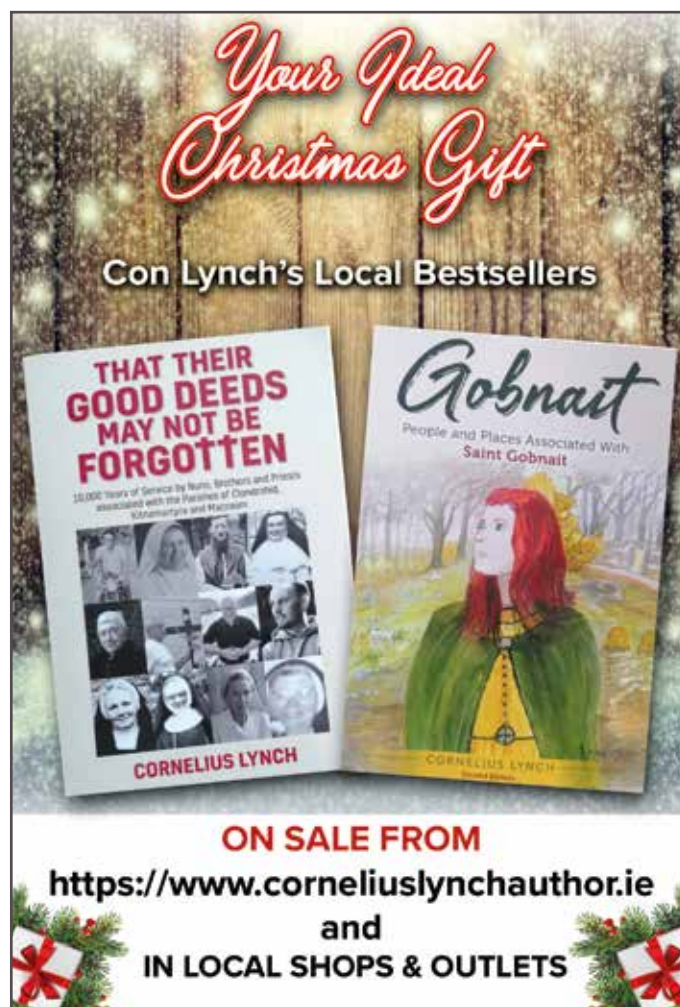
Costas; €25

Am; Ag fágáil Páirc Uí Chuana @11am
Leaving Páirc Uí Chuana @11am

Breis eolais/Further information;
Dan Floss O' Riordan 087-9969447
Pat O' Connell 087-6358664
Martin O' Connor 086-0877484

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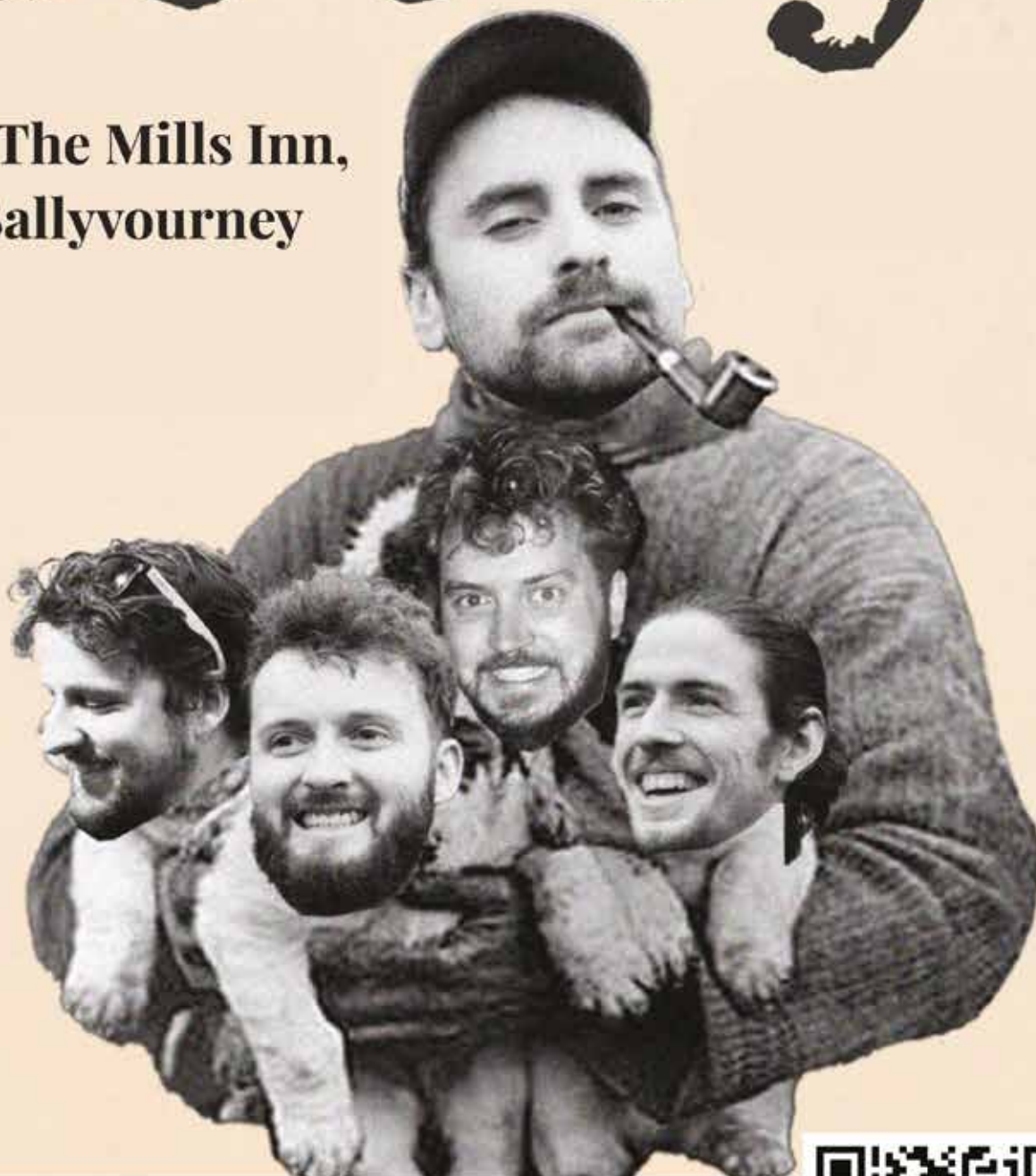
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2005

Siobhán took on the running of the business from Dettie Twomey, whom Siobhán had worked for from the age of 11 to 18. Having spent years working in AIB, Siobhán received an offer from Dettie to carry on her legacy in the shop, an opportunity she was eager to accept.

With young family in tow, and the help of mother

Mary, sister Abby and brother William, she took the plunge. Many staff have been a part of the making of the siopa we know today, creating the welcoming atmosphere in this local shop. Between loyal full time staff who have served their years, and the numerous part time staff who have moved on, Siobhán is grateful to them all.

20
ANNIVERSARY
CELEBRATING 20 YEARS IN BUSINESS



2007

Siobhán was asked to serve food to the staff and students of Colaiste Ghobnatan. She admits that this is one of her favourite aspects of the job as the students are very kind and make her feel in

touch with the locality. Over the years she has watched classes come and go, including her own four children, but she always has gratitude for those who supported her.



2018

The chance fell on Siobhán to take on An Post, Baile Mhic Ire from her business neighbour Michael McSweeney.

Renovations were made

and staff were trained to accommodate this upgrade. Now, the post office seems like part of the furniture.



Today

20 years on, after surviving the bypassing of Ballyvourney, Siobhán is the local post mistress, peace commissioner and proud owner of Siopa Uí Luasa. She puts this all down to the great support always from the people of the village and surrounding parishes including many loyal customers passing through headed for Cork or Kerry.



A Note from Siobhán:

"Call in on the 19th of December and enjoy a cuppa, a bun and a chat. There will be lots of prizes to be won. Thanks to all my staff and family. Thanks to all our customers, Happy Christmas and every good wish for 2026"

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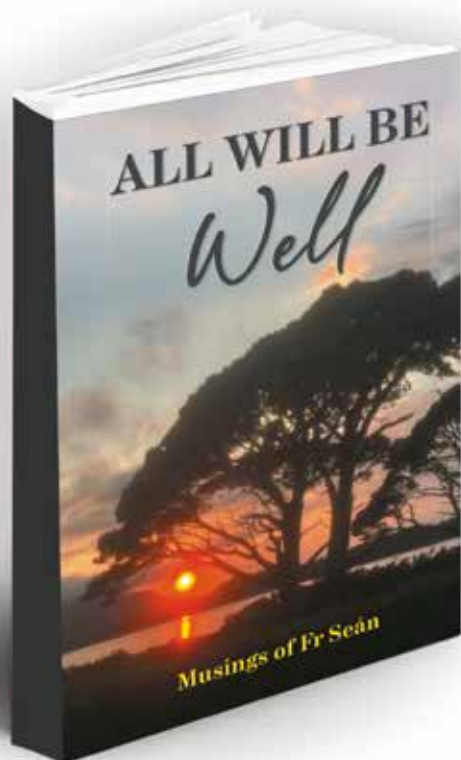
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DLS students with motivational speaker Dessie Fitzgerald.



DLS TY Students' Annual Charity Appeal



Pictured outside Castlewellan Castle are McEgan TY students Laura Marguis da Silva, Shaeleigh Richards, Sophia Adao Tobias, Fiachna McCarthy, Paul Dineen, Ronan McGrellis, Ronan O'Neill, Sam O'Sullivan, Neela Nowak, Lily Madigan. The students were attending a cross-border initiative SEPI encouraging students to co-operate on a whole Island Climate action initiative.



McEgan College Leaving Certificate student of 2025 Artur Chichosz pictured with his award from the National President of the Engineering Technology Teachers Association for his Leaving Cert Engineering Project.



Christmas Cookies

Ingredients

140g icing sugar
sieved
1 tsp vanilla extract
1 egg yolk
250g butter
cut into small cubes
375g plain flour
sieved

To decorate

200g icing sugar
edible food colouring *optional*
edible gold and silver balls
approx 2m thin ribbon
cut into 10cm lengths

Method:

Step 1

Tip the icing sugar, vanilla extract, egg yolk and butter into a mixing bowl, then stir together with a wooden spoon (or pulse in a food processor until well combined). Add the flour and mix to a firm dough. Shape the dough into two flat discs and wrap them. Chill for 20-30 mins. Heat oven to 190C/fan 170C/gas 5 and line two baking sheets with non-stick baking paper.

Step 2

Roll out the dough on a lightly floured surface to about the thickness of two £1 coins. Cut out Christmassy shapes (use a cutter if you like) and place on the baking sheets. Using the tip of a skewer, cut a small hole in the top of each cookie. Bake for 10-12 mins until lightly golden.

Step 3

Lift the biscuits onto a wire rack to cool. Meanwhile, mix the icing sugar with a few drops of cold water to make a thick, but still runny icing. Colour with edible food colouring, if you like. Spread it over the cooled biscuits, decorate with edible balls and thread with ribbon when dry.

Check out www.bbcgoodfood.com for more recipes

MEP KELLEHER REACTS TO NITRATES DEROGATION EXTENSION DECISION

"This is a good day for the Irish dairy sector," says Fianna Fáil MEP Billy Kelleher as the European Nitrates Committee votes to extend Ireland's nitrates derogation for a further three years.

Kelleher was commenting immediately after the Nitrates Committee voted in favour of the European Commission's recommendation to extend the derogation for an additional three years subject to certain conditions. "This is a positive step and one that will give certainty to farmers currently in derogation and to the wider agri-food sector which employs thousands of people in rural Ireland.

"Of course, the conditionality attached to this extension

will be difficult for some, but the alternative was an end to the derogation for everyone.

"This extension gives certainty to dairy farmers for the next three years and ultimately, gives us the space and time to implement additional mitigation measures to reduce nitrate usage and seepage into our water courses.

"The Government must provide funding for on-farm measures such as additional slurry storage capacity and Low-Emission Slurry Spreading (LESS) equipment.

"National funding should also, I believe, be urgently made available for the roll out of a systematic Anaerobic Digestion (AD) programme across the country.

"While not a silver bullet to the issue of nitrogen

emissions from the dairy and beef sector, it is a part of the solution. AD is not a new technology - it is a proven method of reducing emissions and should be urgently rolled out across the country.

"Securing the extension of the derogation has been a national effort - from government to MEPs and to farm lobby organisations. This is a good day for Ireland and for our agri-food sector," concluded Kelleher.





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THINK GLOBALLY, **ACT LOCALLY****ROLL UP! ROLL UP! The PURLIES invite You to the 2025 LIBRARY CHRISTMAS CIRCUS!**

Purlies "Roll Up! Roll Up!" By Chris Barrett

Hi! Chris Barrett here writing as Christmas approaches! Today I spent the morning speaking to some of the wonderful Purlies who are putting together their annual celebratory Christmas contribution.

As at a real circus, the main display rests on 'sand' knitted by Sheila O'Regan.

A beautiful knitted air-balloon floats in the window and makes a novel mode of transport for Santa who is, of course, bringing Christmas presents. This was planned by Alison Kilgour who knitted the various components which were only finally assembled, amidst much trepidation, on the morning of the Purlies meeting.

Below the balloon, Alison has created a family of Snowmen, and a Reindeer.

This part of the display is also visible through the window in Duggan's Lane when the Library is not open.

The main part of the display can be seen on the right as you enter the Library area. Here you are treated to the sight of an acrobatic troupe balancing in a human pyramid. This was knitted by Tine O' Hare. There is also a juggler caught in the very act of dextrous ball throwing and he has not dropped any balls yet!

The ballerina is a really beautiful creation by Alison Kilgour, and Martina O'Leary was responsible for the usherette serving ice-cream and sweets to the audience who are seated on knitted bales of straw.

Eagle-eyed enthusiasts may even be able to spot the individual tiny sweets she is selling!

Don't miss the Stilt-Walker who catches your attention as he weaves between the various performers.

Three clowns made by Catherine Osborne are just about to enter the ring from stage-right.

The entire performance is carefully orchestrated by the Ring Master proudly wearing his full regalia.

As you look in detail at the display it is not hard to realise that it took a huge amount of individual and collective time.

Planning started in Spring 2025. A knitted clown was brought in and this inspired the group to consider

creating an entire circus. As I sat with the group, I overheard many snippets of conversation which showed the mixed emotions and difficulties involved with creating such an ambitious piece.

"Bits and pieces were lying around people's houses and were brought in as they were being created and sometimes the pieces were assembled by someone else." "It was driving me mad. There were bits of figures everywhere!" "I was trying to get it right and just hope the man didn't fall over..." "I never thought it would turn out so good!"

From these comments it was obvious that there was a huge amount of cooperation involved as people shared and discovered diverse skills, helping each other and creating fancy hair styles, sewing limbs together, sticking on feet, and making microscopic sweets for the usherette's tray, not to mention working out a way to get the many acrobats to remain balanced, which was one of the major achievements.

Now that the circus is on show to be enjoyed, the Purlies are able to realise how much fun they have shared from the initiation of the idea until its final completion.

They really hope that everyone young and not so young will be able to share some of the joy they got in creating it.

In a world dominated by screens, they have once again shown the importance of the hands-on work which they have caringly produced over the years.

I have recently joined them and have been overwhelmed not only by the friendly welcome I received but also by the selfless projects the group are involved with.

Even today as the display was going up, some members were involved in creating hats for the Simon Community.

One member collects and delivers their knitted hats for sick children up to the age of 14. Fiddle-muffs were made for Bantry hospital for some patients with dementia. One member has created and sent

out a vast number of hats, many knitted by Rosarie Oldham, who continues to knit hats for premature babies.

Keep an eye out for the addition of the Back-Drop which is being created by Clarisse, who like Ruth and Jenny often does individual projects as well as inspiring the group. Some of this very inclusive group come for a chat and enjoy the company while they pursue their own projects.

The wonderful knitted Christmas decorations on display in the library are all created by our local knitters. You will find Santy and Mrs Claus in the children's area and you may also recognise the nativity scene which was created last year. The hanging Advent Christmas stockings help you count down to Christmas and you will be able to walk below knitted hanging garlands and admire the knitted decorations on the Christmas tree.

Some knitted items are used at Library Rhyme Time on Friday and like the Purlies the Library is keen to promote an ethos of sustainability.

The group are particularly keen that I thank Macroom Library for all their support, and for the great kindness and helpfulness they have shown in facilitating our group.

If you or anyone you know would like to visit the group and maybe join, there is no fee and you would be most welcome.

The Purlies meet on the First and Third Thursday of the month throughout the year and their last meeting for this year is on 18th December 2025. You would be welcome.

I am very grateful to the group for sharing their time with us and wish them all the best for Christmas and their future projects.

If you or anyone you know would like to respond to this article or contribute a similar one, please contact me chrisleevally@gmail.com

Festive fire safety Advice

- Switch off lights when unattended: During the festive season, switch off Christmas lights when going to bed or when leaving unattended for long periods of time.
- Inspect for defects: Carefully inspect Christmas light strings each year before putting them up. Discard any lights with frayed cords or loose connections. Ensure the correct wattage and voltage is used for replacement bulbs.
- Buy accredited lights and decorations: Ensure you choose quality over cost. Quality Christmas lights come with approval from accredited certification organisations stating that the products comply with applicable standards for safety and performance.

- Use only one extension cord: Do not consider doubling up on extension cords. It may be tempting to do so to gain more reach, but cords were not designed for this use. Stick to one and invest in longer cords if necessary.
- Do not use outdoor lights indoors: When hanging outdoor lights, ensure that the lights are suitable for the outdoors and not used indoors. Outdoor lights are insulated specially for that purpose.
- Don't use candles as tree decorations: It may sound obvious, but candles are often used as festive tree decorations which is a very apparent fire risk.
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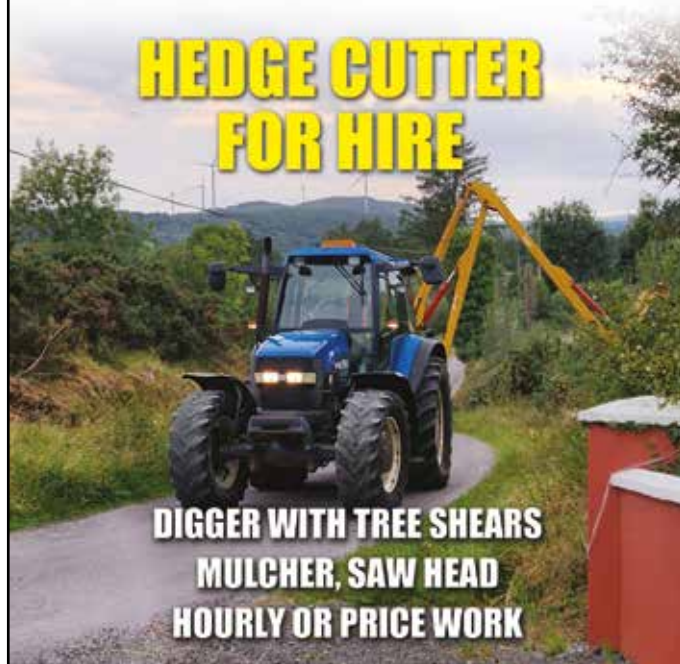


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STRONG TURNOUT AS NEWMARKET MOTORS HOSTS XPENG LAUNCH EVENT FEATURING IRELAND'S LEADING EV EXPERT, DEREK REILLY

Newmarket Motors welcomed customers, local businesses, community partners and EV enthusiasts last night to the official launch of XPENG, the premium electric-vehicle brand now available at the Cork dealership - the first XPENG dealer outside of Dublin.

The event, held at XPENG Newmarket Cork's Main Street showroom, featured a special appearance by Derek Reilly - Ireland's leading voice on electric vehicles and founder of NEVO, the country's No.1 EV YouTube channel - who delivered an engaging presentation on the future of electric mobility.

This was followed by a lively Q&A session (hosted brilliantly by local Newmarket MC Donal O'Sullivan), where guests asked practical questions of Derek and fellow guest, Jack Walsh from ePower, about charging infrastructure, running costs, government grants and the realities of switching to electric in Munster.

Highlights of the evening included the unveiling of the all new XPENG G6 Coupe, which features upgraded interiors and significant performance improvements (84 feature changes in total). In addition, the event also featured a special community moment in which Newmarket Motors presented Newmarket XPENG-sponsored jerseys to Newmarket GAA, reflecting the dealership's ongoing support for local groups and organisations.

Speaking at the event, Newmarket Motors Dealer Principal Annette Browne described the launch as a significant moment for the business, saying: "Bringing XPENG to Newmarket is a milestone for our dealership. Our customers expect choice, innovation, quality and value, and XPENG delivers on them all. We were thrilled to welcome Derek Reilly to share his insights with our guests - there is huge interest across Cork and Munster in understanding what the transition to electric really means for everyday drivers."



Cathal Browne and James Moylan of Newmarket Motors unveiling the XPENG G6 Coupé at the recent launch event. (Photo: Alison Miles / OSM PHOTO)

She added: "Community has always been at the heart of Newmarket Motors, so it was a pleasure to celebrate this launch alongside our customers, neighbours and partners, and to support Newmarket GAA with the presentation of their new XPENG-sponsored jerseys. I also want to highlight the contribution of our local newmarket MC, Donal O'Sullivan, who played a blinder at the event."

XPENG, launched in Ireland earlier this year, brings advanced software, premium design and exceptional driving technology to the Irish EV market. The XPENG G6, an all-electric, ultra-smart 4-door coupé SUV, is the first model available through Newmarket Motors and has already attracted strong interest thanks to its stand-out styling, intelligent features and highly competitive

pricing. The XPENG launch follows a period of significant growth and investment for Newmarket Motors. Earlier this autumn, the dealership was appointed as a main dealer for Mercedes-Benz Light Commercial Vehicles, adding one of the world's most respected commercial brands to its portfolio, which now includes XPENG, Volkswagen passenger cars and Volkswagen Light commercial vehicles.

With a nearly 50-year track record, multiple industry awards and a strong reputation for customer care, Newmarket Motors continues to evolve while remaining firmly rooted in the communities it serves.

Please contact Newmarket Motors for more information on their wide range of vehicles and their 261 XPENG Open Weekend.

RUGBY STAR SIMON ZEBO SALUTES CORK-BASED SOLAR POWER COMPANY SOLAR PATH'S €125,000 ENERGY-SAVING DONATION TO ICONIC LOCAL CHARITY SHARE CORK IN THE RUN-UP TO CHRISTMAS

Solar Path, the Cork renewable energy company has donated a full solar PV and battery system to SHARE, the local charity supporting older people, in a major charitable initiative announced this week.

As part of their drive to support local charities in the run up to Christmas, Solar Path has supplied and installed a 16 kW solar PV array and 10 kWh battery system at SHARE's facilities, a contribution expected to save the charity more than €125,000 in energy costs over its lifetime. The system, provided free of charge, will reduce SHARE's electricity bills throughout the year, allowing more funding to go directly toward housing and support services for elderly people in need.

Irish rugby star Simon Zebo is promoting the project, saying he was delighted to support an initiative that "shows the real power of local businesses coming together for the community."

Solar Path led the project and secured additional support from several partners, including SigEnergy, Failte Solar, Cork Builders Providers, and Height for Hire, who contributed equipment and services at no cost.

Ken Hegarty, Director of Solar Path, said the company wanted to give back during the Christmas season.

"SHARE's work is part of Cork's identity. By reducing their energy burden, we hope to help them continue their vital services long into the future. The system is



Simon Zebo, Ken Hegarty (CEO of Solar Path) SHARE student volunteers, The Solar Path installation team.

expected to reduce the running cost at SHARE's main facility by over €125,000 during its lifespan, so we believe it will make a valuable contribution to their ongoing work," he said.

A spokesperson for SHARE thanked all involved, describing the donation as "a generous and significant gift that will ease our running costs for many years to come."

Solar Path is headquartered in Cork, and operates across Munster and most of Leinster, delivering high quality solar PV solutions for homes, business and farms.

SHARE, founded by Cork students in 1970, continues to rely on public support, particularly during its well-known Christmas appeal.



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MACROOM NATIVE REFEREEING IN UK

Ivan Lehane, a Newcastle, UK-based referee and former Macroom GAA player, recently was appointed to officiate the 2025 All Britain Senior Football Championship Final, which took place on the 23rd November at Páirc na hÉireann, Solihull- the biggest club game in British GAA.

Ivan who is also the Chairman of Cú Chulainn GAA, in Newcastle Upon Tyne, was delighted to be appointed in such a high profile game having only taken up referee within the last couple of years.



GENERAL GAA NEWS

December 8th 2025

The Centenary Convention of Roinn Mhuscraí CLG was held in Macroom Town Hall, the venue for the first meeting of the Muskerry GAA Divisional Board 100 years ago.

Divisional Runaí, Enda Ní Léanacháin (Inniscarra) presented her fifth and final annual report to the delegates. As per rule, Enda stood down as Rúnaí, and was thanked for her outstanding work and her courteous inter-action with clubs during her term of office.

Tuarascáil an Rúnaí

Tá an Cruinniú Chinn Bliana buailte linn arís. Tionólfar Cruinniú na bliana seo ar an Domnach, an 7ú lá de Mhí na Nollag, 2025, ag tosnú díreach ar 4.00

I.n. Tá súil againn go mbeidh beirt teachta i láthair ó gach cumann a bhí páirteach in ár gcluichí i rith na bliana.

The one hundredth Annual Convention will be held on Sunday December 7th at 4pm. It is being hosted this year by Cumann Maigh Chromtha (Macroom). This is the venue where the first divisional meeting was held in 1925. We hope each club will have representation and take an active part in proceedings.

It is my privilege to present my fifth and final report on the activities of Roinn Mhúscraí for the present year. As my term as divisional secretary is now complete, I will pass on the mantle.

Proceedings commenced this year on 13th January and we had numerous correspondences from clubs looking for regrading and outside clubs looking

to enter our championship. Formats for Junior championships were discussed and as there were suggested changes in Junior A Hurling, these were to be sent to clubs for discussion and decided at the next meeting. All other Junior & U21 Football and Hurling championships were ratified. Commencement dates for leagues were all ratified. Muskerry Senior teams' management will also be confirmed at the February meeting. Muskerry Awards Gala event was also held in Rochestown Park Hotel at the start of the year. Junior A Hurling Championships new format was approved with 5 teams in each group. The draws for the championships were made at our meeting in February, and the round robin format was adapted once again.

As in the previous year, some remaining positions to be filled were discussed and clubs were asked for nominations but unfortunately these were not filled again for 2025. Hopefully, all positions in 2026 will be filled.

We also have more new referees in the division for 2025.

In 2025 the division had a fantastic year with Muskerry Teams on the field of play with county titles and involvement in county finals. We had wins for Aghabullogue in Premier Intermediate Football & Intermediate Hurling. This double was completed for the second time in 3 years by the Aghabullogue club. Ballinora (Intermediate Football champions), Ballinora (Junior A Hurling), Donoughmore (Junior A Football) and Cill na Martra (Senior Football) were all involved in county finals. Other clubs in county competitions include Naomh Abán (Junior B Football), Ballincollig (U21 A Football), Donoughmore (U21 B Football), Blarney/Rathpeacon (U21C Football), Ballincollig (U21 A Hurling). Aghabullogue (U21 B H) did not participate in county as the board made the decision not to nominate a team to go forward to the county rounds (U21 B Hurling) Donoughmore (U21 C Hurling).

Our Muskerry Sports Star Awards also continued for 2025 under our continued sponsors EPH Controls.

The Muskerry Board ran 20 competitions in 2025 and 298 games in both Football & Hurling League & Championship.

Championship Review:

Our Junior A Football competition still dominates interest in the division despite another Muskerry club in Inniscarra being promoted to Premier Junior for 2025, the third Muskerry team in a row to win the county championship in the last 3 years which left the competition wide open once again. This year Donoughmore and Aghinagh reached the A final. We had two entertaining games to decide the winners. Donoughmore coming out on top.

In Junior B Football we had Aghabullogue and

Naomh Abán contesting the final with Naomh Abán winning. The Plate was contested by Canovee and Aghinagh with Canovee winning.

In U21 Football we had 3 grades – The A grade final involving Ballincollig & Eire Óg with Ballincollig lifting the cup after extra time. In B grade final Donoughmore met Inniscarra with Donoughmore winning convincingly. In C grade final Iveleary/Dripsey and Blarney/Rathpeacon were in the final with Blarney/Rathpeacon coming out in top.

All 3 grades produced very competitive competitions. In Junior A Hurling with Ballinora dominating this competition for the last few years, they were going for 5 in a row this year. Despite a nervy group they got through and went on to the final where they played Grenagh and went on to win 5 in a row.

Junior B Hurling, last year's Plate winners Iveleary went onto take the championship outright for 2025. The plate was won by Blarney.

U21, hurling we had 3 grades Premier/A, B & C grade. Premier/A grade Ballincollig won for the 4th year in a row. In the B Grade Final Aghabullogue were winners against Grenagh. In C Hurling Donoughmore 2 beat Ballinora 2 played in Ballincollig.

Muskerry Teams

As a small thank you to players from our Intermediate to Junior clubs who make themselves available to play with either the Senior Footballers or Hurlers, we provided once again training tops, socks, shorts, and an added item was a half zip this season.

Muskerry Senior footballers – The management from 2024 had all decided to stay on for 2025 so they were ratified again at our board meeting. Once again, the management were put in place they started the process of compiling a full list of players they would like to have available to them from the Premier Intermediate to Junior clubs. They approached the managements & players of the relevant clubs to ask for the availability of the said players for the Senior Football Panel, and they got a great response from all clubs, players and their managements. As we won this the Divisional/College's competition in 2024 we had a bye straight into the seeded section of the draw. It was agreed that there would be no weekly training sessions as players were already training with their own clubs and they felt this was sufficient however it was hoped that maybe the week of championship they could get the players together to have a kick around and a match plan. Despite huge effort this did not happen. On many occasions when a pitch was required, clubs made their facilities available, and we thank them for this. As some of the divisions withdrew, the teams left progressed to the seeded section and we played Carbery in the semi final on



Macroom over 35s team who recently competed in the Jim Cremin over 35 tournament in Nemo Rangers

July 8th in Castletownkinneigh. We won convincingly on the night. This took us into the final of the Divisional/College's final where we were the reigning champions, and we once again took on the Duhallow brigade. This game was played in Ballydesmond on a very wet miserable night. A full squad of players was released by the clubs, so confidence was high heading into this game. Disappointingly, on the night things did not go our way, and we were beaten by a much better Duhallow team.

Afterwards the players gathered in the dressing room, and they felt they did not do themselves justice on the night and would relook at it again for 2026. With the heart that these players showed during the Divisional Championship, we hope that some will progress onto some of our Inter County panels in 2026. On behalf of myself, the board and the management of the Muskerry Senior Footballers, we want to thank all the clubs, players and all the club's team management for making their players available to us.

Thanks to the management of: Conor Hurley (Macroom), Diarmuid Riordan (Uíbh Laoire), John Quill (Naomh Aban), Ricky Leisk (Inniscarra).

July 8th: Muskerry 7-11 Carbery 1-18 seeded semi final

July 15th: Muskerry 0-13 Duhallow 4-09 seeded final

Muskerry Senior Hurlers: The senior hurlers campaign in the inter divisional section of the championship commenced with a tight contest on Tuesday 10th June v Duhallow in Coachford. A 3-point lead at halftime for Muskerry was quickly wiped out by Duhallow and in a tit for tat second half both being level on numerous occasions a late injury time free from our captain Matthew Bradley saw us squeeze home on a result of 1-23 v 2-19. Next up was a 24th June encounter in Ovens v Carbery which showed the team management a lot of positivity as our players gelled well together and were always in control and at the final whistle, we were victorious on a scoreline of 3-16 v 0-15. This then saw us qualify for the semi final of the Divisions/Colleges section v UCC which was played in a fantastic venue on Sunday 10th August at Teddy McCarthy Park Riverstown home of Sarsfield

GAA. On a fabulous surface for playing hurling we were commanding from the start with Matthew Bradley & Colm O'Callaghan causing havoc up front & with excellent performers in the white & green jersey all over the field we were leading at the halftime whistle 2-10 v 0-09 and after continuing throughout the 2nd half in the same manner we were victorious once again, qualifying for the final for the second year running against county champions Imokilly on a final score of 4-15 v 0-21.

Our fourth championship game of the year saw us head to Páirc Uí Rinn on a Sunday evening 31st August to take on Imokilly once again. The hope this year was to try and close the large gap from twelve months previous against the same opposition. On a night of constant drizzle our defence in particular was excellent throughout with two superb leaders in Aghabullogue's Paul Ring and Fenton Denny of Ballincollig. Having gone in at the half time whistle only 3 points in arrears 0-11 v 0-08 continuing with a gusty display in the second half and with a couple of glorious goal scoring opportunities going a begging we finished unsuccessful on a final scoreline of Imokilly 1-23 Muskerry 0-15.

After another year when the players, who made themselves available, the club managers/coaches within our division who released their players, on behalf of myself as manager and my excellent



**Kilmurry GAA Under 15 Mid Division 1 Champions.
Kilmurry 2-09 Canovee 1-10**

management team 'thank you' for your support. As I keep saying, players who are made available and are willing to challenge themselves to play Senior Hurling can only be of benefit to our clubs. As Manager I have to say it's very frustrating when clubs put certain players forward when these players aren't even deemed good players for their own clubs 1-15!! Very awkward for our management and very unfair for the players involved.

Finally, heartiest congratulations to Aghabullogue on winning intermediate hurling honours with at least 8 of their players lining out for Muskerry Senior Hurlers this year: To Ballincollig & Ballinora who qualified for their respective county finals at Premier Intermediate & Junior A level.

Special Thanks to Barry Holland (Donoughmore), Pat Lane (Ballinora), John O'Driscoll (Ballincollig) Ed O Driscoll (Cloughduv), for their excellent help and commitment to me & Muskerry Hurling in 2025 - Diarmuid Kirwan Manager.

June 10th : Muskerry 1-13 Duhallow 2-19

June 24th: Muskerry 3-16 Carbery 0-15

August 10th: Muskerry 4-15 UCC 0-21 seeded semi final

August 31st: Muskerry 0-15 Imokilly 1-23 seeded final

Muskerry Championships:

MJK Oils Ltd Junior A Hurling: -We had 10 teams involved in the A Hurling championship for 2025. At the request of the clubs involved they asked for more games and a suggestion came in from Blarney that we have two groups with 5 teams in each and the extra dates could be covered in our free weekends that were allocated as per county board fixture list. We proceeded with the format on trial for 2025 and it proved a success for divisional games. With reigning champions Ballinora depending on results going into the final weekend of games, the two groups were wide open as it could have gone any way. Donoughmore, Inniscarra, Ballinora & Grenagh advanced from the group stages to the semi finals. Donoughmore & Grenagh faced up to one another in the first of the semi finals in Blarney and at the end of ordinary full time they could not be separated so we headed into extra time. It was a very good game and a great display by both clubs, but Grenagh prevailed after 2 x 10 mins of extra time. While the first of the semi finals was being finished Ballinora & Inniscarra were getting ready to play in Cloughduv. This game was a little one-sided, Ballinora dominated over many positions on the pitch, and the Inniscarra outfit was no match for them on the night. We had our divisional final on Sunday 19th October in the excellent ground of the Aghabullogue club in Coachford. Ballinora & Grenagh faced up to one another with Ballinora going for 5 in a row and

Grenagh aiming to stop them.

The Ballingearry Pipe Band lead out the team before commencement, and it was refereed by Brendan BarryMurphy who kept proceedings in order. After 20 minutes of the game Ballinora were leading 0-09 to 0-02 with Ben Mayer unerring on frees. They lead by 0-12 to 0-03 at halftime. Grenagh came out fighting after the break with two fast points. The free taking of Ben Mayer kept the winners steady and when Grenagh were awarded a penalty 10 minutes to go things could have changed but the Ballinora keeper brought off a super save. Grenagh did find the net soon after but this was too little, too late. Ballinora went on to make it the 5 in a row and represent the division in the county. They progressed to the county final but came up against a sharper Kilshannig team and will now try and retain their title in 2026 by going for a record 6 in a row.

Talbot Hotel Cork Junior B Hurling: - We had an entry of 11 team in the junior B hurling championship. A new format of groups was introduced with 2 x 4 & 1 x 3 teams in each group. The top 2 in each group would qualify, and the remaining teams would be in a plate competition. Cloughduv & Inniscarra got a bye to semi finals as best qualified teams and they awaited the winners in the quarter finals of Donoughmore, Ballinora, Ballincollig & Iveleary. The semi final pairings were Inniscarra v Iveleary and Ballinora v Cloughduv. The two quarter finalist of Ballinora & Iveleary progressed to the final. This was played on 4th October in Donoughmore refereed by Luke Knight. The first half was very entertaining with Ballinora being unlucky not to have scored some goals early on.

Iveleary came out fighting in the second half and pushed on to win convincingly. The teams that progressed to the plate competition was very competitive and it was the 3rd teams of Blarney and Eire Og who played in the final held in Coachford. This was a very entertaining game with both clubs giving their all. There was a mixture of the more mature players and young players and it's a good way of keeping all involved in their clubs. Blarney came out on top.

Farho Intelligent Heating Ltd U21 Hurling Premier/A, B & C: - We had our 3 grades again for 2025. 5 teams in the Premier/A grade - Ballincollig, Blarney, Ballinora, Eire Og & Inniscarra.

B grade - 5 teams Aghabullogue, Cloughduv, Donoughmore, Ballincollig 2, Grenagh.

C grade - 5 teams Ballinora 2, Donoughmore 2, Lee Gaels, Kilmichael, Inniscarra 2. These competitions did not commence until the last weekend of October and were to be completed over the following 3 weekends. With some of our divisional clubs still

involved in either County, Divisional or Munster competitions and a duplication of players, it was very hard to run the U21 hurling.

Mid week was not an option in most cases as clubs do not have lights, poor weather and some players attend college away and many also have college games mid week. In the Premier grade the Ballinora club made the very difficult decision to withdraw from this competition due to their involvement in county championship in both hurling and football and they felt there was no point in holding up the competition in the Division. This was greatly appreciated by all on the board. With Ballinora now gone, this put Ballincollig into the final. Blarney, Eire Og & Inniscarra battled it out in quarter final & semi final respectively with Inniscarra progressing to take on Ballincollig. On a lovely Saturday afternoon in Ovens refereed by Luke Knight Inniscarra started off well but then Ballincollig

upped a gear and took over. To be fair, Inniscarra battled all the way to the final whistle but Ballincollig remained strong with a good win. They progressed to the county section and were defeated by Midleton. The B grade was delayed due to Aghabullogues involvement in County & Munster championship competitions. They made the decision to play the quarter final and semi final without some of their footballers so as to progress the competition. Donoughmore who were also in this grade, had to make the difficult decision to withdraw the evening before their semi final against Grenagh due to their involvement in the County Junior Football championship. With Aghabullogue beating Cloughduv in the other semi final the final was fixed for the following weekend. The final between Grenagh and Aghabullogue was played in Coachford on the Saturday afternoon as despite our best efforts a neutral venue for this game could not be sourced. Aghabullogue were the deserving winners here over Grenagh. As the county board had made the decision to give extra weeks for the boards to get the U21 hurling competition completed they took it back again and on the same day that this final was to be played they fixed the quarter final of the county v Fermoy. The board contacted them in relation to this and appealed it and were told that another email had been sent out taking a week back off us again. This correspondence was sent to all CCC members to discuss and the majority decision was that we would not be nominating a team to enter this grade as we wanted the outright winners to progress. This was very disappointing for the board as we felt the county board would have the Páirc Uí Chaoimh 4G available to them even mid week if this was the case. The C grade was completed with Ballinora & Donoughmore second teams making the final. This game was played in Ballincollig on a Sunday morning with Donoughmore the much better team, on the

day winning on a very convincing score. They are now in the county final section of this competition.

Ross Oil Junior A Football: - 12 teams were in this grade again for 2025. With Kilmurry winning the Junior B in 2024 they were promoted to Junior A and with Inniscarra winning the county and being promoted to Premier Junior for 2025. This gave us the opportunity to continue with the 3 groups and have a very competitive competition. During the group stages, we had the withdrawal of Blarney from their group. With the group stages completed, quarter finals and semi finals progressed. With better scoring difference Eire Óg & Grenagh were awaiting the winners in the quarter finals which had Ballincollig v Aghinagh and Ballingearry v Donoughmore. The first quarter finals was played in Ovens with Aghinagh showing their class on the day. Donoughmore in the other quarter final played Ballingearry in Carrigadrohid and were much more dominant on the night and they secured their place in the semi final. The semi finals were played in Ballynaly & Coachford - Donoughmore came out like a train and put their stamp on the first of the semi finals and put a huge score up against Grenagh. The other semi final of Aghinagh and Eire Óg was a much tighter affair and a very competitive game with Aghinagh winning by the narrowest margin of a point. Both clubs would have headed into the final with high hopes. Aghinagh had contested the final in 2024 also and Donoughmore were entering the final for the first time since 2011. The final was hosted in the magnificent settings of Macroom on a Saturday afternoon and refereed by Pat O'Leary (Kilmurry). Donoughmore had a great opening half leading after 17 minutes 0-06 v 0-04. A two pointer then by Aghinagh made it a draw game but Donoughmore finished the half stronger and at half time leading 0-09 v 0-06. Aghinagh came out stronger in the second half and with a two pointer and a goal were 4 up. With the time running out, the Donoughmore stars stepped up and with two pointer and other points they were ahead in the closing stages. But a late free for Aghinagh brought the game to a draw with time up.

A reply to come, which was fixed for a week later. Both teams gave it their all once again. Donoughmore trailed by 6 points with 3 minutes remaining but up stepped the Donoughmore players once again with two late goals with injury time being played. With extra time looming a free was awarded to Donoughmore and up stepped the man of the match to slot it over the bar and the title was going to Donoughmore the first time since 2011. Donoughmore went on to contest the county final but were unlucky on the day.

Ballincollig Credit Union Junior B Football: 13 teams entered this competition. Last year's winners Kilmurry were promoted to Junior A and we still had

a huge entry. This competition is a straight knock out and the losers go into the plate competition. This is a great competition and with some game results being very close it is good to see that it is competitive. The finalists Aghabullogue & Naomh Aban played a very good game in Kilmichael well refereed by John Horgan. Naomh Aban won on the day by 2 points and went onto represent the division in the county but were unsuccessful. The plate competition was contested by Canovee & Aghinagh in Coachford refereed by Denis Dineen. A very exciting game up to the finish and Canovee won by just a single point. **Rochestown Park Hotel Junior C Football:** - We had 9 entries for this with some clubs entering a second team for the first time. Some great games once again with Canovee & Kilmichael reaching the final. Kilmichael came out on top on this occasion.

Macroom Motors U21 A, B&C Football: - We have 5 teams in A grade Ballinora, Ballincollig, Eire Óg, Naomh Abán & Kilmurry.

In B grade we had 8 teams Donoughmore, Aghabullogue, Inniscarra, Ballincollig 2, Grenagh, Canovee & Kilmichael.

In C grade 8 teams Clondrohid, Macroom, Uibh Laoire, Blarney/Rathpeacon, Aghinagh, Ballingearry, Cill na Martra & Donoughmore 2. This competition was played in February once again as the county board had an agreement with the management of the Cork U21 Football to release the inter county players for those 3 weeks. It was a straight knockout competition and weather did not do us any favours.

In the A grade, the final was not played until August 8th with Eire Og & Ballincollig involved. This game was played in Ballynaly and we had to go to extra time to see who would lift the trophy. Eire Óg had every opportunity to win in normal time but in extra time the Ballincollig team upped their game and were the worthy winners.

Donoughmore won the B grade final over Inniscarra and this was a very one-sided game.

It was the two amalgamated teams who were in the final of the C grade, eventual winners Blarney/Rathpeacon v Iveleary/Dripsey. For 2026 the timing of this competition will be later in the year with the county board advising U21 competitions can commence from July 1st onwards.

Leagues: We continued with the same league structure for 2025. In hurling Divs 1-3, inclusive with 8 teams in Div 1&2, each team gets 7 games and in Div 3 5 teams and they each get 4 games. In football, Div 1-3 inclusive with Div 1 had 8 teams, Div 2 divided into East & West with 8 teams in each, Div 3 divided into East & West with 6 teams. This year the Div 1 leagues had a deadline as there were county playoffs to give clubs who win this league grade the opportunity to progress up to the Div 7 county league. Our divisional winners were unsuccessful. All



Clondrohid GAA Celebrating the 30th anniversary of their Mid Cork win in 1995



Pupils from Inchigeela NS who won their Sciath ns Scol final recently in Supervalu Pairc Uí Chaoimh.

leagues were completed.

Div 1 HL Final – Donoughmore 2-14 Grenagh 1-13
Div 2 HL Final – Aghabullogue –0- 20 Cloughdub 1-15
Div 3 HL Final – Donoughmore 1-17 Gleann na Laoi 0-10
Div 1 FL Final – Donoughmore 1-15 Eire Og 2-11
Div 2 FL Final – Canovee 2-13 Donoughmore 2-10
Div 3 FL Final – Eire Og 0-14 Naomh Aban 0-07

County Junior A Football Championship

Quarter Finals:

Charleville 0-15 Ballygarvan 0-11
Nemo Rangers 2-11 Castlemagner 1-8
Semi finals:
Donoughmore 3-19 Nemo Rangers 0-7
Kilmacabea 2-11 Charleville 0-14

County JAF Final:

Donoughmore 1-7 Kilmacabea 1-14

Kilmacabea: 1-14 Donoughmore: 1-7

At SuperValu Páirc Uí Chaoimh, Carbery champions Kilmacabea came from behind to claim the county title for the first time, defeating Donoughmore in the McCarthy Insurance Group County JAF final. Persistent heavy rain made top quality football difficult but there was no lack of effort or excitement. Donoughmore led at half time by 1-4 to 0-5, a smashing goal from Gavin O'Sullivan the vital score in the first half as Donoughmore. The second half was dominated by the West Cork men with their goal midway through that half giving them the platform to kick on.

Donoughmore started well with a fine Scott Barrett point after two minutes. Kilmacabea, who lost at this stage in 2018, replied with a point, followed by a two-point free scored by through goalkeeper Colin McCarthy.

In the 18th minute Gavin O'Sullivan ignited the Donoughmore challenge with a superb goal, 1-1 to 0-3 to Donoughmore now as the rains fell. Gavin O'Sullivan, added two points, one from a free and one from a 45, Donoughmore three point clear by the 22nd minute but Kilmacabea had their first score in 17 minutes to make it 1-3 to 0-4 on 24. Points were exchanged, David McDonnell for Donoughmore, 1-4 to 0-5 at half-time.

Kilmacabea were level just ten seconds into the new half with a two-pointer. In reply, Donoughmore's Gavin O'Sullivan kicked over two excellent points, 1-6 to 0-7 after 35 minutes.

Points brought Kilmacabea level with 15 minutes to go and then followed the game changer-a goalbound shot was saved by Donoughmore goalkeeper Kevin O'Riordan, but the ball fell nicely for the goal scorer, 1-9 to 1-6 to Kilmacabea who added a point, 1-10 to 1-6 after 54 minutes and a two-pointer then put them six clear and on the high roads to victory.

They kicked two of the last three points to claim the

title by seven points.

Scorers for Donoughmore: G O'Sullivan 1-4 (0-1 f, 0-1 45), D McDonnell 0-2, S Barrett 0-1.

Donoughmore: K O'Riordan; R Honohan, D Forde (c), S Broderick; D Morrissey, J Crowley, K O'Connell; S O'Hanlon, M Lucey; A Dinan, G O'Sullivan, D Holland; D Keating, D McDonnell, S Barrett. Subs: L O'Sullivan 47, T Murphy and J McCarthy, both 49, J Murphy 54, J Twomey 56.

County Junior A Hurling Championship

Quarter Final:

Kilshannig 1-14 Ballinascarthy 0-13
Ballinora 2-25 Belgooly 2-15

Semi Finals:

Ballinora 0-24 Cobh 1-16
Kilshannig 1-17 Newmarket 0-17

County JAH Final:

Ballinora 0-11 Kilshannig 1-19
Cork JAHF final: Kilshannig 1-19 Ballinora 0-11

No double for Ballinora this year as Kilshannig take the laurels in the County Junior final having never been led.

Four behind at the break, 0-10 to 0-6, Ballinora were by far the more assertive force upon the restart but in the 10 minutes after half-time, they registered four wides, and from nine opportunities, Darragh Holmes and Jack Hegarty were the only two Ballinora men to raise a white flag and the gap closed only to two. That was as good as it got for the five-in-a row Muskerry champions as Kilshannig struck for a killer goal in the 44th minute. From there to the finish, Kilshannig outscored Ballinora to emerged comfortable winners at the finish. .

Mayer and Corkery, from the placed ball, were responsible for three of Ballinora's opening four points but Kilshannig led by 0-7 to 0-4 after 18 minutes. Points from Mayer and Jack Hegarty, both from play, brought Ballinora within the minimum three minutes later, the closest they were to be all afternoon after the early period

Scorers for Ballinora: B Mayer (0-5, 0-4 frees); J Hegarty, D Holmes (0-2 each); D Corkery (free), C Quirke (0-1 each).

Ballinora: B Crowley; T Forde, N Lordan, J Byrne; C O'Flynn, S Kingston, M O'Brien; L Lyons, T Burns; D Holmes, D Dineen, D Corkery; B Mayer, A O'Shea, J Hegarty. Subs: J Keohane 27-29) and h/t, M Lordan 47; S Lyons 49; C Quirke 52.

Ladies Football LGFA

AIB Munster LGFA Munster Intermediate Final:

Naomh Abán 2-11 Clounmacon/Moyvane 2-8aet
All Ireland semi final:
Naomh Abán 0-3 Cnoch Bríde, Cavan at Knockbride, Co Cavan

Knockbride from Cavan will meet Galway's Caltra

Cuans in the All-Ireland ladies football intermediate final.

Knockbride edged out Naomh Abán from Cork by 0-4 to 0-2 in their semi-final encounter when a late point from Ellie Reilly was decisive in a low-scoring encounter.

Knockbride book All-Ireland intermediate final place A tight encounter saw Cavan and Ulster champions Knockbride prevail by the bare minimum over Naomh Aban of Cork.

A low scoring opening period saw the first score arriving after 15 minutes, Abbi Connor putting her side ahead.

It was Abbi Connor who got her sides second of the day on 27 minutes, slotting over a free. That proved to be the closing score of a tight first-half, as Knockbride took a two-point lead to the break.

At half-time Knockbride led, 0-2 to 0-0.

Cliona Ni Mhócháin got Naomh Aban up and running after 32 minutes when she fired over the Knockbride crossbar.

Two minutes later it was Ni Mhócháin again who raised the white flag, drawing proceedings level. After 34 minutes the sides were tied at 0-02 to 0-02.

Gia McCabe gave Knockbride the lead after 46 minutes when fired over from play, as the game was still very much in the balance. It was 3-3 on 55, however, Ellie Reilly got the next score of the game, which proved to be the decisive score of the afternoon as her Knockbride side booked their place in the Intermediate All Ireland Final.

Knockbride running out two point winners at St Brigid's Park, 0-4 to 0-3.(Northern Sound)

Naomh Abán: Lauren Ní hAodha; Iseult Ní Riordáin, Muireann Ní Dhuinnín, Úna Uí Riordáin: Clodagh Ní Mhurchú, Rosie Ní Chorcara, Aoife Ní Chríodáin: Amy Ní Dhonncha, Gráinne Ní Luasa: Cliona Ní Mhócháin, Grace Ní Mhurchú, Annie Ní Mheachair: Roisín Ní Liatháin, Colleen Ní Fhaoiláin, Lydia Ní Dhonncha. Meanwhile, Macroom and Cork's Erika O'Shea claimed her second AFLW winner's medal alongside Meath superstar Vikki Wall as their all-conquering North Melbourne Kangaroos team completed a perfect season with a 56-16 Grand Final triumph over the Brisbane Lions.

Cork/Munster GAA Club Championship 2025

McCarthy Insurances Premier Senior Football Final:

St Finbarrs 1-14 (1-2-10) Nemo Rangers 1-13 (1-2-9)
Munster SF Q F:
Clonmel Commercials 2-11(17) St Finbarrs 1-17 (20)
Semi Final: St Finbarrs 3-20 Eire Óg, Ennis 0-14
Munster Final: St Finbarrs 0-20 An Daingean/Dingle 1-18

Senior A Football

Final: Cill na Martra 0-17 Knocknagree 2-17



DLS U14 hurling panel at their match in BCS.



DLS U15 footballers challenge game in Bishopstown.

Premier Intermediate Football

County Final: Aghabullogue 2-12 Uibh Laoire 2-11

Munster Intermediate FC

QF: Aghabullogue: 0-20 Thurles Sarsfields: 0-15

Munster semi final:

Aghabullogue 0-14 Askeaton, Limerick 0-10

An Gaeltacht 0-13 Corofin, Clare 0-11

Munster IFC Final:

Aghabullogue 1-8 An Gaeltacht 2-12

An Ghaeltacht: 2-12 Aghabullogue: 1-8

Disappointment for Aghabullogue in the AIB Munster Club IFC final against An Ghaeltacht at Mick Neville Park in Rathkeale despite performing well. The Kerry champions were just a better side on the day. It was level at the short whistle, Aghabullogue having played with the wind 1-6 to 2-3. Former Cork and Kanturk star Aidan Walsh was very prominent for Gaeltacht in midfield, as they limited Aghabullogue to just two points in the second half.

An Ghaeltacht could have goaled though after six minutes, but goalkeeper John Buckley made a fabulous save. Two minutes later, the Kerry outfit did get a goal but Aghabullogue responded with a John Corkery 2 pointer and the Muskerry men got in for a goal after ten minutes when Matthew Bradley billowed the back of the net after a neat team move, 1-2 to 1-0.

An Ghaeltacht, who were dangerous every time they went forward, got their second goal on 12 and they tacked on three unanswered points to lead 2-3 to 1-2 with seven minutes to the break. A Corkery two-pointer, followed by another from Adam Murphy brought Aghabullogue level on the stroke of half time, 1-6 to 2-3 at half-time.

An Ghaeltacht started the second half well, 2-6 to 1-6 after 38 minutes. A 45 extended the advantage as Aghabullogue were struggling against the wind and it took until the 49th minute before Aghabullogue did get their first score of the half after 49 minutes when Aaron O'Sullivan pointed, 2-7 to 1-7.

An Ghaeltacht managed the last quarter very well, 2-11 to 1-7 after 52 minutes, Bradley did cut the deficit to six points, but as the game went into added time An Ghaeltacht got the last score.

Scorers for Aghabullogue: J Corkery 0-4 (2x0-2), M Bradley 1-1, A Murphy 0-2 (1x0-2), A O'Sullivan 0-1.

Aghabullogue: J Buckley; C Smith, D Merrick, P Dilworth; P Ring, S Tarrant, B O'Sullivan; C Gillespie, A Murphy; P O'Sullivan, J Corkery (c), A O'Sullivan; M Bradley, E O'Sullivan, L Casey. Subs: Oisín O'Connell 19, D Thompson 35, C O'Sullivan 38, Odhrán O'Connell 56.

Intermediate A Football County Final:

Ballinora 0-15 Ilen Rovers 2-9

Replay: Ballinora 1-19 Ilen Rovers 2-14

Premier Junior Football

County Final: Buttevant 1-15 St Nicks 0-10

Munster: Buttevant 2-15 Ahane, Limerick 0-11

Munster Final: Ballmacelligott (Kerry) 3-12 Buttevant 0-8

HURLING

Co-op Superstores Premier Senior Hurling

County Final: Sarsfields 2-18 Midleton 1-14

Munster Club SH semi final

Ballygunner, Waterford 4-18 Sarsfields, Cork 2-17

Final: Ballygunner 0-21 Éire Óg, Ennis 1-9

Senior A Hurling

County Final: Castlelyons 0-14 Bride Rovers 0-14 draw (replay Nov 1st)

Replay: Bride Rovers 2-15 Castlelyons 2-14

Premier Intermediate Hurling

County Final: Ballinhassig 2-22 Ballincollig 1-19

Munster Club IHC:

Upper Church-Drombane, Tipperary 2-14

Ballinhassig 0-17

Intermediate A Hurling

County Final: Aghabullogue 1-21 Bandon 0-23

Premier Junior Hurling

County Final: Kilbrittain 0-22 Glen Rovers 2-15(21)

Munster Club IH semi final:

Kilbrittain 1-23 Knockaderry, Limerick 1-16

Munster final:

Kilbrittain, Cork 2-17 Kilrossanty, Waterford 0-9

County Junior Hurling Championship

QF: Ballinora 2-25 Belgooly 2-15

Semi Final: Ballinora 0-24 Cobh 1-16

County Final: Ballinora v Kilshannig

U 21 Football Championships

Co U21 'A' FC

QF: Douglas 1-9 Ballincollig 0-10

Semi Final: Douglas 2-14 Beara 0-10: Ibane Rangers 1-13 Kinsale 1-13-Ibane through on penalties.

Final: Douglas 1-16 Ibane Gaels 2-9

U21 B FC Quarter Final: Donoughmore 2-21 Carrigtwohill 0-7

Semi Finals:

Donoughmore v Robert Emmetts(Newmarket/Lismire)

Clyda v St Nicks

U21 CFC CFC: Blarney/Rathpeacon 4-12 Kildorrery 0-7

C FC semi final: Cobh 1-15 Blarney/Rathpeacon 1-7

Final: Cobh v St Peters

Muskerry Farho Heating U21 Hurling Championship Finals:

A Ballincollig 1-21 Inniscarra 2-12

B Donoughmore v Grenagh

Aghabullogue 4-15 Cloughduv 1-8

C Donoughmore 4-18 Ballinora 2-7

County U21 H C Ballincollig 2-18 Midleton 4-25

Midleton 4-25 Ballincollig 2-18

In the end, it was a comfortable victory for Midleton. Two second-half goals in the span of six minutes giving them an 11-point lead by the start of the fourth quarter, and a margin that Ballincollig simply couldn't come back from in their U21 A Hurling quarter-final at Páirc Uí Chaoimh's 4G.

The Muskerry champions had put it up to them in the first half, trailed by only four at the break, and had closed that gap to two by the 33rd minute. But Midleton's third goal put six points between the teams, 3-13 to 1-13 and when Midleton struck their fourth goal, it was 4-16 to 1-14 and Midleton never klet up

Ballincollig: C O'Connor 2-0, S O'Neill 0-5, C Dalton 0-3, J Dwyer, T Morgan, J Murray 0-2 each, D O'Leary, E Dwyer, P Kelly, T O'Connell 0-1 each.

Ballincollig: D Hurley; R Power, B Dore, D Ward; K O'Leary, J Dwyer (c), D O'Leary; T Morgan, P Kelly; T O'Connell, C Dalton, C O'Connor; S O'Neill, C Buckley, J Murray.

Subs: C Power for Buckley (HT), E Dwyer for Murray, B O'Sullivan for O'Connell (both 45), T Murphy for Kelly (52).



Presenting the OM2 Christmas Hamper at Macroom Golf Club. Left to right: Lady Captain Margaret Keating, Winner Ber O'Shea, Kay O'Mahony representing OM2 Estate Agents Macroom & Model Farm Road, Geraldine Galvin Lady President.



Ted Leahy, the founder of Macroom Judo Club

U21 'B' HC County semi finals

Aghabullogue 4-19 Fermoy 2-19

Bishopstown 0-21 Dungourney 1-15

U21 C QF

St Kevins 1-15 Donoughmore 2-23

Cobh 5-19 Tracton 0-16

LAOCHRA ÓG

6TH December 2025

U12 hurlers wrapped up what can only be described as the dream season for silverware last night. From winning the Jim Bradley memorial in Milstreet to winning the north county league unbeaten and over 30 games and over 30 training sessions in between it's been a monster busy year. We finished up by bringing the boys karting, with archery and laser shooting to end the fantastic year. Trainers Richie, Dave and Aylenne would like to thank the boys for their hard work and commitment all year which really paid

off with their success this season. Thanks also to the parents for bringing the kids everywhere and to our sponsors Mid Cork Pallets for their ongoing support. Happy Christmas to all and see ye early next year for hopefully what will be a repeat of 2025's success.

30th November 2025

Poc Fada 2025

A huge thank you to everyone who took part in our 10th annual Shane Murphy Memorial Cup POC FADA.

We had an amazing turnout, great spirits, and some incredible striking on display.

Thanks again to all our players, supporters, and volunteers who made the day a great success. Thanks to all the people who sponsored prizes for the raffle. Thanks to Little Puckers and Face Painters who entertained the little children in the Hall. Thanks also to The Clondrohid Tavern for their hospitality and support.

Total amount raised for Dillon Quirke Foundation to follow later.



Laochra Óg Poc Fada 2025



Laochra Óg U12 Medals Presentation Day 6th December 2025 09



Laochra Óg Poc Fada 2025 06



Laochra Óg Poc Fada 2025 05



Laochra Óg U12 Medals Presentation Day 6th December 2025 02



Laochra Óg U12 Medals Presentation Day 6th December 2025 01

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Just a thought

Ath. Seán Mac Cárthaigh,
Baile Bhuirne / Cúil Aodha

The joy of travel

There was always a wanderlust in me! I've been to over 30 countries and visited 20 US States. I thank God for the health, opportunity and ability to have been able to do so. Some places I have been to several times.

But there is no place like home. There's an invisible rubber band that makes me hanker for home.

If I travel alone 4 days is about as much as I can cope with solo, unless it's the Camino or pilgrimage and there is variety and a schedule. If in company 10 days is as much - maybe we begin to drive each other mad but the routine wears thin as we start to crave our own bed and familiar food. There's also the mounting expense, as eating out and accommodation can be costly. We get tired of living out of a suitcase. Moods can fray. The weather can be a hindrance- it doesn't show rainy days in the travel brochures, food doesn't always agree with us, (I don't need to draw a picture), the pharmacy is closed, insects bite, we get sunburnt, the neighbours are noisy, the garden maintenance starts too early, the mounting rubbish smells in the heat and we stand barefoot on a cockroach! Oh the joys!

I always thought a "round the world" trip would be fascinating until I met a couple from New Zealand who declared to me their boredom as they were on one. They could not wait to get home at the half way point of a 6 month cruise round the world. They had the same breakfast fare every morning and faced the same limited number of people every day. Clearly they got too much of a good thing! There must be a balance.

There's something about the need to wander - as well as the ultimate desire for home and the familiar. "One piggy went to market and the other stayed at home" after all! Some people get cabin-fever while others get separation anxiety. They usually end up marrying each other!

Still, when all is said and done, I like the quotation from St Augustine: "The world is a book, and those who do not travel read only one page."

God bless. Fr Seán

Email: parish07191@gmail.com | Phone: 085 878 3823

*A Word of Victory*

"The Lord is my Light and my Salvation – whom shall I fear? The Lord is the Refuge and Fortress of my life – whom shall I dread?"

Welcome back dear student, last week we saw how our Awesome God sent His Son to die for each one of us - taking our sin, so that we could be saved. This is why we celebrate Christmas – the birth of the Lord Jesus. As sinners, we could never save ourselves, so the birth of Jesus brought great joy and relief, in the fear of the Lord. What does the fear of the Lord mean? Toxic fear is one of Satan's greatest weapons against mankind. But the fear of the Lord is different. It's the reverence and honour of our King Jesus; living in obedience and relationship with Him, shunning wickedness - not grieving His Spirit, filled with thankfulness for His Love. "Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me" (Psalm 23:4). At times when people pray and seek God earnestly, it can feel like all hell has broken loose upon them. This is a tactic of the enemy – seeking to derail that one, to make them give up! But remember friend, the devil is a liar, a murderer, a cheat, and a thief. His intent is pure evil - distraction by chaos, to rob you of Joy and Peace. But God is Faithful, and True to His Word.

Everyone goes through dark seasons. It could be sickness, family problems, insecurity, poverty, mental turmoil, or the anguish of grief. These are temporary periods of trial and fire: potholes on the journey through life (Psalm 66:8-12). Dear one, please get up again though - for life is still worth living! Jesus sacrificed for us to enjoy a good Life (John 10:10). There is great promise over you – God's plans for you are for good, not harm, to give you a future, and a Hope (Jeremiah 29:11). The Lord paid a huge ransom for us. He gave His Life, His Blood, His Freedom, and His Peace, so the curse would be broken for anyone who believes in Him and receives Salvation through His Name (John 1:12; Isaiah 53:5). Yes we walk through dark valleys at times. Not every day will be a mountain top experience. But it's in the hard places that we sense the tender touch of God's Love. What does the shadow of death feel like? Ominous, cold, lonely, hidden, dark and hopeless; yet God's Word promises that not only is our Good Shepherd there with us, but He is preparing a party table – in the midst of the mess – tenderly spoiling us, in spite of our enemies. Praise God! (Psalm 23:5).

Psalm ninety-one mentions another place of shadow. The shadow of the Most High. It's a safe space reserved for those who dwell in God's Presence – a place of rest and contentment, protection, and restoration. So, these are two opposites: the shadow of the valley of death versus the Shadow of the Shepherd of our souls. "Be merciful to me O God for in You my soul takes refuge, in the shadow of Your wings I will take refuge, 'til the storms of destruction pass by" (Psalm 57:1). Friend, in God's Shadow is safety and provision – a place where you're seen, loved, directed, comforted, and refreshed. It is a warm place. The language used in Psalm ninety-one describes a picture of a mother hen as she protects her baby chicks under her wings from predators. "For You have been my Help, and in the shadow of Your wings I will sing for Joy" (Psalm 63:7; Psalm 98; Luke 2:10). 'Joy to the world the Saviour is born'. Hallelujah!

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FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

MARY GARRETT

**Ard Na Greine,
Kilnagourteen, Macroom
who died on 13th December 2024.**

On this first anniversary of Mary's passing - a dear mother, sister, grandmother and aunt - her family would like to express their deepest gratitude and appreciation to all those who sympathised with us on our sad loss.

We wish to thank all who attended the funeral; sent mass cards; sympathy cards and online condolences and those who donated to MaryMount Hospice.

There were many kind words from people who shared lovely memories of Mary and their appreciation of her kindness and assistance over the years. Thanks also to all of Mary's friends and neighbours who were a great support to her particularly in the last few years.

Sincere thanks to the wonderful and caring staff at MaryMount Hospice who made Mary's final days as comfortable as possible. We will always be grateful for the care and support that they showed to Mary and all of her family.

A word of thanks also to Dr Shane Hurley and the staff at Muskerry Family Practice who were always quick to offer support and care whenever it was needed. Thanks also to Siobhan Murphy in particular from the Community Nursing team who also gave vital support and care in Mary's final days at home.

Special thanks to all the priests of Macroom parish but in particular, Father Donal Roberts for his home visits and for celebrating the funeral mass and for the prayers at the grave. Sincere thanks also to sacristan; to organist Mary McSweeney; to Brid and Donal O'Riordan for their beautiful singing and to Padraig O'Driscoll for his beautiful music both at St Colman's Church and at the cemetery. Thank you all.

We would also like to thank Billy and the staff at Fitzgerald's Funeral Home for their professionalism, guidance and kindness at such a difficult time. Also thank you to all the staff of the Castle Hotel for their catering and refreshments and to Kilmichael GAA in assisting with the parking at Tareilton cemetery.

It is simply impossible to thank everyone individually, so please accept this acknowledgement as a token of our deep appreciation. The Holy Sacrifice of the Mass has been offered for your intentions. May Mary's gentle soul rest in peace.



The First Anniversary Mass is on Saturday December 13th at 7.30pm in St Colman's Church, Macroom.

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail.

Must promise publication of prayer.
MCDMM

ST. PEREGRINE THE PATRON SAINT OF CANCER PATIENTS



Oh great St. Peregrine you have been called the Mighty, the wonder worker because of the numerous miracles you obtained from God for those who have had recourse to you. For so many years you bore in your own flesh this cancerous disease which destroys the very fibre of our being and you who had recourse to the source of all grace when the power of man could do no more you were favoured with a vision of Jesus coming down from his cross to heal you affliction please ask God and Our Lady to cure the sick we entrust to you.....(names). Aided in this way by your powerful intercession, we shall sing to God, now and for all eternity a song of gratitude for his great goodness and mercy. Amen

PRAYER TO ST. ANTHONY

Oh gentle and loving St. Anthony in whose arms the infant Jesus love to linger, one word from you and my prayer will be answered oh speak that word and the gratitude of my heart will be yours.

32ND, 6TH & 1ST ANNIVERSARY



In loving memory of

NORMA MCSWEENEY



In loving memory of

MAE HARTNETT

**BABY NORAH
MCSWEENEY BUTTIMER**

Whose Anniversaries occur at this time.

*A mother, a sister, a grand niece.
A silent thought, a quiet prayer for 3 special people in God's care*



Loved and remembered every day.
Mary, Goalie, Martin, Mark, Julie and their families.

POWERFUL NOVENA



This novena never fails. Say it on the hour for nine hours. Jesus who has said, ask and you shall receive, seek and you shall find, knock and the door will open to you. Through the intercession of Mary, the Most Holy Mother, I knock, I ask that my prayer will be granted. (Make your request).

Oh Jesus, has said all you ask the Father in my name, he will grant through the intercession of Mary, the Most Holy Mother. I humbly beg and urgently ask the Father in thy name that my prayer be granted (make request here). Oh Jesus who has said heaven and earth shall pass away through the intercession of Mary, the Most Holy Mother. I fell confident my prayer shall be answered. (Make request here).

This novena is to be said at the same time every hour for nine consecutive hours - one day. Promised publication, never fails.

x

32ND & 6TH ANNIVERSARY



In loving memory of

NORMA MCSWEENEY & MAE HARTNETT

whose Anniversaries occur at this time.

*Those we love never disappear
Unseen, unheard but always near.*

Loved and missed everyday.



Noel, Catherine, Sean, Aine and their families.

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13TH ANNIVERSARY



In loving memory of

SEAMUS SCRIVEN

**Dundarierke, Kilnamartyra
who died 15th Dec 2012**

*Those special memories of you
will always bring a smile,
if only we could have you back
for just a little while.
Then we could sit and talk again
just like we used to do.
The fact that you're no longer here
will always cause us pain,
but you're forever in our hearts
till we meet again.*



Always remembered by Auntie Tessie
& Denis, cousins: Jimmy, John, Noreen,
Michael, Noel, Mary, Declan & extended
families.

7TH ANNIVERSARY



In loving Memory of

**TADG
MANNING**

**Tír na Spideoige, Inchigeela whose
7th Anniversary occurs on 6th
December 2025**

*Gone from us, but leaving memories,
Death can never take away,
Memories that will always linger,
Where upon this earth we stay*



Remembered always by Noreen, Miriam,
Brian, Grandchildren Tadhg & Max

'In ár gcroíthe go deo'

21st ANNIVERSARY



In loving memory of

SEAN MULLANE

**Late of Toonlane,
Ballymakeera, Macroom
Who died on December 12th 2004**

*Little did we know the day that
God was going to call your name.
In life we loved you dearly,
In death we do the same.
It broke our hearts to lose you
But you didn't go alone.
For part of us went with you
The day God called you home.
You left us peaceful memories.
Your love is still our guide,
And though we cannot see you
You are always at our side.
Our family chain is broken
and nothing seems the same,
but as God calls us one by one
the chain will link again.*



Always Missed and Remembered by you
Daughter Lisa

9th ANNIVERSARY



In loving memory of

**TOM
FINNEGAN**

**Knockavullig, Carrigadrohid
Co Cork.
Whose anniversary occurred on the
17th of November**

*We think of you in silence,
We often speak your name,
But all we have are memories
And your picture in a frame.
Your resting place we visit
And put flowers there with care,
No one knows the heartache
As we turn and leave you there.*



Always remembered
Thomas, Eleanor, Dylan, Rebecca,
Clodagh.

12TH ANNIVERSARY



In loving memory of

**PAUL
MURPHY**
Barrett's place Macroom

*Softly in the morning
You heard a gentle call
You took the hand God offered you
and quietly left us all.*



Always remembered
By his wife Mary
Children Angela and Noel
Grandchildren Lauren Scarlett and
Alexander

6TH ANNIVERSARY



In loving memory of

**PEGGIE
BUCKLEY
(NEE HEALY)**

**Woodview, Farnanes, Co. Cork
Who died on the 12th December,
2019**

*Your name is often spoken
We think about you still
You haven't been forgotten
By us you never will
Rest in Peace Peggie*



Sadly missed by her Nephews: Denis and
Noel and Extended Family

5TH ANNIVERSARY



In loving memory of

**JEROME
O'LEARY**

**Gurrane, Clondrohid, Macroom,
Who passed away on
1st January 2021**

*A loving nature, A heart of gold,
The very best this world could hold.
Never selfish, always kind.
These are the memories you left behind.*



Remembered & missed always by
Breda, Michéal, Christopher, Nancy &
Caoimhe.

13TH ANNIVERSARY



Remembering with love our
precious son and brother

**SHANE
MURPHY**

**Clondrohid, Macroom
Whose Anniversary occurs on
December 10th.**

*Sad are the hearts that loved you
Silent are the tears that fall
Living life without you Shane is the
hardest part of all.*



Loved and sadly missed always
by your loving family

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3RD ANNIVERSARY



In loving memory of

**GOBNAIT
TWOMEY**

Beal Athan Ghaorthaidh/Finglas
Dublin, Whose 3rd anniversary
occurs on 13th December

*The wheel is always turning
for those getting on with their lives.
You are more than a memory
silently kept.
You are part of our lives
we will never forget.*



Ag cuimhneamh le Gra ag Sean Katie
Aron Clíodhna agus Ruadhan.

7TH ANNIVERSARY



In loving memory of

**MARY
HINCHION**

Mashanaglass, Macroom, Co. cork
Who died on 18th Dec 2018

*Will those who think of Mary today
A little prayer to Jesus say.*



Always remembered by her loving sons,
daughters, and grandchildren.

12TH ANNIVERSARY



In loving memory of

JOHN HOARE

Cools, Kilnamartyra, Cork
Who died on the
14th December 2013

*If we could write a story
It would be the greatest told
Of a kind and loving father
Who had a heart of gold
We could write a million pages
But still be unable to say
Just how we love and miss him
Every single day.*



Fondly remembered and sadly missed,
By family and friends

Our Lady and Saint Gobnait pray for John,
his wife Maura and their son Seamus.

BIRTHDAY REMEMBRANCE



Loving Memories of you on your Birthday

**TONY
O'CONNELL**

Masseytown, Macroom, Co. Cork.

*Our Heart still aches in sadness
Our Secret tears still flow
For what it means to lose you
No one will ever know.
Dearest Dad to hear your voice
and see your smile
and just to sit and talk to you
would be our dearest wish today.
On this your birthday.*

Dad thinking of you today and always



Sadly missed but never forgotten by your
loving family Joan, Rebecca,
Marcella, Joanne, Colette,
Anthony and families.

6TH ANNIVERSARY



In loving memory of

**NORMA
MCSWEENEY**

Ballinlough and Clomacow
who died December 18th, 2019.



Loved and remembered by Tim, Katherine, Jed.

Also remembering Baby Nora Mae Mc Sweeney Buttimer.

32ND ANNIVERSARY



In loving memory of

**MAE
HARTNETT**

Clomacow Crookstown
Who died December 21st 1993.

9TH ANNIVERSARY



I ndil chuimhne ar

**RENA
BUCKLEY**

Glounaghlough, Rylane, Co. Cork.
A fuair bás ar an 8ú Mí na Nollag
2016

*In loving memory of a dear mother
and grandmother
RENA BUCKLEY
who passed from this life to the next
nine years ago.*

Remembering also her dear husband
JERRY who passed from this life in 1976.



9TH ANNIVERSARY



Remembering

**MARTIN
MC MANUS**

Masseytown and late of Sligo and
Ballina Co Mayo
Who passed away 14th Dec 2016

*All we have are memories
And a silent prayer
at your graveside.*



Always remembered
by Helen & Family

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CHRISTMAS MEMORIES



In loving memory of

**SEAN
COUGHLAN**



In loving memory of

**JANIE
COUGHLAN**



In loving memory of

**DECLAN
COUGHLAN**

*There's a little place within my heart
That is with me everyday,
A place where all my memories
Are safely tucked away.*

*It is the perfect place
At special times for me to go,
For words could not explain
How very much I miss you so.*

*And now that once again
Christmas time has come around,
It's where the sweetest memories
And thought of you are found.*



Always remembered by their loving family.

6TH ANNIVERSARY



Treasured & Loving Memories of

**JOAN
MC CARTHY**

**Ard Mo Croi, Lomanagh, Coolea
Who died 14th December 2019**

*Along the road of suffering
You found a little lane
That took you up
to Heaven,
And ended all your pain.
You may be out of sight,
We may be world's apart
But you are always
in our prayers,
And forever in our hearts.*



Fondly remembered now and always
By, Willie, Justin, Ivan, Leonie, Andrea,
Sons & Daughters in law and All Joan's
Grandchildren. Xxx

3RD ANNIVERSARY



In loving memory of

**GOBNAIT
TWOMEY**

**Dromanallig, Ballingearry, Co. Cork.
Who died on 13th of December 2022.**

*You meant so much to all of us,
You were special that's no lie.
You brightened up the darkest day
and the cloudiest sky.
Your smile alone it warmed our hearts,
your laugh was like music to hear.
We would give absolutely anything
to have you here and standing near.
Thinking of you is easy
we do it every day
But missing you is a heartache
that never goes away.*



Fondly remembered and greatly missed
by your loving family and friends.

5TH ANNIVERSARY



In loving memory of

**JOHN
O'DONOGHUE**

**Barretts Place, Macroom
Who died on 25th December 2020**

*Time may pass
Life goes on,
But in our hearts
You never gone.*



Always remembered by
your wife Eileen and family.

5TH ANNIVERSARY



In loving memory of

**JEROME
MURPHY**

**Model Village, Dripsey, Co. Cork
Who died 8th Dec 2020**

*Softly in the morning,
You heard a gentle call,
You took the hand God offered you,
And quietly left us all.*



Always loved and remembered,
Eddie, Evelyn, Billy, Sandra Gary, Joseph
and family.

12TH ANNIVERSARY



**EUGENE
MC CARTHY**

**Lower Bellmount, Crookstown.
Remembering our Dad Eugene on
his 12th anniversary,
also remembering our late
Mother Nora.**

Too dearly loved to be forgotten.

*"God has you in his keeping,
we have you in our hearts".*



Loved and missed by all the family.

10TH ANNIVERSARY



Remembering with love

FINBARR RING

**Kilnagurteen, Macroom
Who's anniversary occurs on
15th of December**

*With all our love,
we think about you always.*



Fondly remembered by his
loving family and friends.

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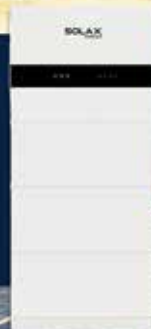
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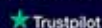
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