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Debbs daltaí Coláiste Ghobnatan. Pic le Nora Uí Luasa.

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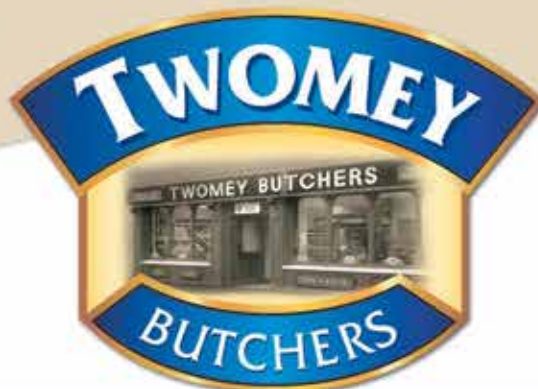
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If you cannot access physical copies, the LVO can be viewed online at:  
<https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday  
before publication at the latest, if you want a piece included in the following

week's edition. Due to print processes, late submissions will be published in the  
following edition.

As always submissions as Gaeilge are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you  
would like to submit an article as bearla nó as gaeilge, please feel free to email us  
here on [leevalleyoutlook@macroom.ie](mailto:leevalleyoutlook@macroom.ie), we would love to hear from you.

*Go raibh maith agaibh, Peter & Gráinne*

**For Advertising email Des. E: [des@outlookmags.com](mailto:des@outlookmags.com)**

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## MACROOM GIRL GUIDES

### MacEgan Rangers

#### Orbit - International Camp 2025

August 3rd saw 6 SB members leave for IGG's International Camp, Orbit hosted in Clongowes College, Co.Kildare. On the first full day of camp many activities were undertaken by the girls such as obstacle courses and group activities focused on team building and a quieter afternoon with yoga, youth advocacy and dance.

Tuesday, the girls enjoyed a swim and afterwards had the pleasure to chat and learn from members of the Trefoil Guild, past members of IGG who led a traditional camping skills activity zone focusing on gadget making and knot challenges. A scavenger hunt in the local town of Clane was Wednesday's morning activity along with the Camp Village being open with stalls from Aer Lingus, Irish Defence Forces, Trócaire and Sangam.

Senior Branch Sweet 16 was held to celebrate SB members throughout the year with party activities such as pass the parcel and karaoke taking part! The main event, International Night, was held in the sports hall with girls from all across the world showcasing their heritage and customs through dance, music, food, storytelling and skits.

Outdoor crafting took place Thursday, with camp goers building shelters and starting fires. Camp blankets and song books were put to use in the evening with a campfire & delicious snacks were had. Another chill morning was spent Friday (mostly as everyone had lost their voices!) and the girls took part in IGG's new coding game 'Campfire Quest' and coded robots which tie in with IGG's STEAM LEGO Leagues.

A workshop on Self Defence was held by a female led team, Jaqueline Almeida & Lorna Lawless from Her Space. Girls were taught practical self defence



**Ardilaun Guides at their Fire Feast Fun night!**

techniques in this engaging and empowering environment. Visit [herpace.ie](http://herpace.ie) for more information. A refresher course on CPR and First Aid was held along with workshops on SDGs and Climate Action. The SBers finished off the day with beading crafts and designing tiles which will be displayed in IGG's National Training Centre. It wouldn't be an International Camp without a Closing Ceremony to wrap festivities up! This was held Friday night before departure and IGG ambassador, Sheila Naughton and many other organisers of the event spoke to the girls before an electric party and sing song took place. Orbit 2025 was an out of this world experience for MacEgan Rangers and an amazing opportunity to learn new skills, grow in confidence and build new friendships.

#### Ardilaun Guides

#### Fire Feast Fun By Órlaith & Annabelle

The evening started with tent pitching, striking and

packing exercises. Our leaders then gave us a talk on the correct safety procedures around open fires and food hygiene and preparation in the outdoors. We all worked together in our Patrols, slicing peppers and courgettes for veggie skewers which we roasted over the fire as well as meat free sausages. We also baked potatoes in the hot embers. These all tasted lovely. For dessert we had chocolate covered bananas. Everything tasted really good. Luckily the weather was good too, it was dry and wasn't too cold. Everyone was chatting and having fun. Guides provide us with lots of skills and important information.

The night was a big success and everyone enjoyed themselves in the process. We are looking forward to our next outdoor activity!

**For more information on joining our Ladybird, Brownie, Guide or Senior Branch units, please contact [macroomguides@gmail.com](mailto:macroomguides@gmail.com)**



**MacEgan Rangers team building at Orbit**



**Rachel O'Shea performing on the Orbit Stage**

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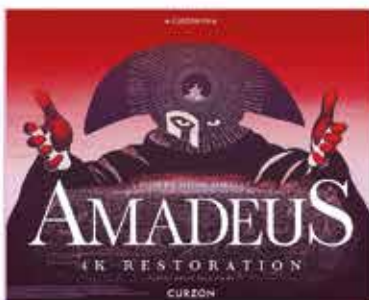
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COMEDY | AOIFE DUNNE 'GOOD GRIEF'  
FRI 26TH SEP 2025 | 8PM



EAGLES TRIBUTE | DEZPERADO  
SAT 27TH SEP 2025 | 8PM



MUSIC & THEATRE | FIONA KENNEDY  
'NATURAL WOMAN'  
SAT 4TH OCT 2025 | 8PM



COMEDY | 'SHORTT STUFF' WITH PAT  
& FAYE SHORTT  
FRI 17TH OCT 2025 | 8PM



LIVE MUSIC MEETS PODCAST  
'A CLOSE ENCOUNTER' WITH  
MARY COUGHLAN & ULTAN CONLON  
SAT 18TH OCT 2025 | 8PM



LIVE MUSIC | TOMMY FLEMING  
THURS 23RD OCT 2025 | 8PM  
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LIVE MUSIC | NIAMH REGAN  
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## MACROOM FLOWER & GARDEN CLUB

**Macroom Flower & Garden Club Annual outing took place June 21st visiting Gardens in the Foynes area of Co. Limerick.**

A stop at D & M Garden Centre Croagh for morning coffee and retail therapy was enjoyed with excellent service by staff members amid a busy Saturday morning at this venue. Our coach then proceeded to Knockpatrick Gardens where we were greeted by Mrs Helen O'Brien and her family. The sun shone and the garden tour was spectacular a beautiful Halesia Tree was in full bloom, and in the shaded driveway Woodwardia Fern was admired. Following some photos the group proceeded to the Museum Café in Foynes where a light lunch was served and again staff were pleasant and efficient. The afternoon garden visit in Askeaton was a real gem, the two hour tour is to be remembered with many rare and unusual plants, plants were purchased from the Nursery and the bus hold-all was packed. The final stop was at The Woodlands Hotel Adare



for Dinner. The group enjoyed a superb meal and returned to Macroom having enjoyed a wonderful day. We would like to thank McCarthy coaches and Driver for their kind attention and service. The Club will return Thursday September 11th with a Floral

Demonstration by Jazmin O Gorman (AOIFA) at Coolcower House 8.00p.m. Visitors welcome. Please phone 087-9821708 for information regarding upcoming events.



Macroom Flower Club

## THE MACROMPIAN COMMUNITY ACTIVE RETIREMENT

**The Active Retired Group took off Garnish Island, Glengarriff on Wednesday 6th August, courtesy of the Garda Community Bus, with Orla Doyle, our Community Garda at the helm.**

This trip had the advantage of the OPW free day into Heritage Sites.

Peggy O'Connell oversaw this outing. The weather was pleasant, and everyone loved the Island with its

unique selection of flowers and shrubs. The ferry took them past the rocks where the seals were basking so they could get a good view of them. They finished off the day with a lovely meal in Casey's Hotel, Glengarriff.



Macroom Active Retirement Group in Garnish Island



More Members from Macroom Active Retirement at Garnish Island



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## SENIOR CITIZENS AND MEALS ON WHEELS

*Coffee Morning*

Pat O'Connell and Evelyn McSweeney representing Macroom Senior Citizens with some of the large crowd that attended the Garden Fete



Ellen Lynch, Peggy and Pat O Connell, Mary Ryan and Evelyn McSweeney at the Senior Citizens and Meals on Wheels Coffee Morning organised by Ellen Lynch which took place in Árd Na Coille.

**On Saturday the 7th of August, a coffee morning organised by Ellen Lynch took place in Árd Na Coille.**

It was for Macroom Senior Citizens and Meals on Wheels Service. Meals on Wheels operate seven days a week and provide 60 meals a day, which are prepared and cooked from the Macroom Senior Citizens centre in the town. They deliver meals seven days a week and cover a wide area with Macroom Town, Clondrohid, Aghabullogue, Crookstown to name a few,

On the day people were treated to some gorgeous home baking, live music, raffle prizes, an auction, chance to buy from the many donated items that were to be sold. Some of the items to be sold included Houseware, Plants, Ornaments, Toys to name a few. Catherine Ross Murphy was selling a selection of gorgeous cakes that included Madeira Loaves, Cherry Loaves, Fruit Loaves, Porter Cakes, Biscuit Buns Plains, Biscuit Buns Chocolate, Biscuit Buns Coffee, Rocky Road, Cheesecake Buns, Sponge Coffee Slices, Plain Scones, Brown Scones and Fruit Scones.

There was 25 Raffle Prizes to be won. With Pat O Connell calling out the raffle winners. A big thanks to everyone that sponsored the raffle: Jim Cooney Bookshop, Henry Murphy Pharmacy, Ali Browne

Drapery, Beauty by Jolanta, Evelyn McSweeney, O Leary's Hardware, Padraig O Callaghan Hartnett's Butcher, Castle Hotel, Macroom Auto Factors, Lynch's Café, Dinneen's Bar, Pop Crowley's Enchanted Flowers, Dan Twomey, M.J Cronin's Drapery, Burke's Pharmacy, Mary's Toymaster, Inver Filling Station, Killian Lynch Auctioneer and Creedon's Inchigeelagh.

Thanks to Liam Forde for the lovely painting of Gougane Barra for the auction and was sold for the highest bidding at €100.

A big thanks to the sponsors who generously supported the event: Ciaran Ryan Plant Hire, Margaret & James Lehane, The Auld Triangle, Katherine & Howard Doherty, Super Valu, Aldi, Lidl, Connections and Dunnes Stores. The musicians on the day were Jerome Coakley, Ger Wolfe and Kevin O'Brien.

A big thanks to the helpers leading up to the event and during the event: John Lyons, Katherine and Howard Doherty, Mary Ryan, Catherine Ross Murphy, Pat O Connell, Peggy O Connell, Evelyn McSweeney, Majella Moynihan and her children Ava, Daniel and Killian, Margaret & James Lehane, Paula & Ron O Driscoll and their children Darragh and Aoife, Conor O'Callaghan, Alma and kids Jamie and Andrew, Michael Lynch and Lisa Manning.

Macroom Senior Citizens thanked organiser Ellen Lynch, her family and friends for their outstanding efforts in organising the Garden Fete and Tea Party. 'Ellens Dedication, creativity and attention to detail made the event truly special for everyone Involved' 'We wish to extend our gratitude to all who attended and to those who helped out in any way' 'Your support, enthusiasm and generosity contributed greatly to making the day such a successful and enjoyable occasion. 'Events like this remind us of the wonderful community spirit we share. Thank you for making it a memorable day and the amount of money raised for Meals on Wheels Service was €3,100.

Chair of Macroom Senior Citizens Pat O Connell said fundraisers are very important and allows the community to continue to offer their services. 'Fundraisers are very important because we aren't governing bodies and without the fundraising, we wouldn't be able to operate especially with the price of food going up. 'It makes operating the Meal on Wheels very expensive. 'The Fundraisers are a big help to us.

A very big thanks to all the members of the public who so generously donated to support a great cause. At the time of Writing €3,400 had been raised with bidding continuing for Ware.



Almost There. Getting ready for the Big Day, at the Senior Citizens and Meals on Wheels Coffee Morning organised by Ellen Lynch which took place in Árd Na Coille.



A Selection of the Cakes available, at the Senior Citizens and Meals on Wheels Coffee Morning organised by Ellen Lynch which took place in Árd Na Coille.

## CANOVEE/CARRIGADROHID NEWS

**Canovee Community Association CLG is delighted to share the exciting news that contracts have been signed and full funding has been secured for the construction of our new community playground.**

The playground will be located on the western side of our national school and will serve as a wonderfully

inclusive amenity for the entire community.

We wish to extend our heartfelt thanks to everyone who supported us in making this project a reality—especially Cllr. Ted Lucey, whose commitment from the very beginning has been invaluable.

Canovee Community Association Committee

**EXCITING  
NEWS**



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THE ALZHEIMER  
SOCIETY of IRELAND

## Singing for the Brain Comes to Macroom

### Join Us for Songs, Stories & Smiles!

Singing for the Brain, a heartwarming initiative that brings people together through music, memory, and meaningful connection, is coming to Macroom next month. It is a wonderful opportunity to meet new people, reminisce through music, and be part of a supportive and uplifting group. This initiative is supported by Cork Kerry Community Healthcare, The Alzheimer Society of Ireland and the HSE.

Join us on Wednesday, 10th September, from 11am to 1pm at The Castle Hotel, Main Street, Macroom, for the very first session of this interactive singing group. Whether you're a seasoned singer or just enjoy humming along, everyone is welcome – no singing experience necessary!

### Why Singing for the Brain?

Singing is more than just a joyful activity – it's a powerful tool for enhancing brain health and emotional wellbeing. Research shows that singing can:

- Stimulate memory and cognitive function
- Reduce stress and anxiety
- Promote social interaction and reduce feelings of isolation
- Improve mood and boost self-esteem
- Encourage deep breathing and better posture

Through familiar songs and shared stories, participants can experience joy, connection, and a sense of belonging. It's a simple yet powerful way to support cognitive health while having fun.

### A Warm Invitation to Everyone

This initiative is open to everyone in the community. Whether you come alone, with a family member, carer, or friend, you'll be greeted with smiles and song. It enables people of all ages and abilities to enjoy meaningful social activities together. By joining in, you're helping to build a more connected, compassionate community – one song at a time. The sessions are relaxed, welcoming, and designed to make everyone feel at ease.

### How to Get Involved

For more information and to book a place contact Lucy O'Driscoll on 086 4504829. Booking is required due to limited capacity.



**Ten Tidy Towns members helped with stewarding for the West Muskerry Athletic Club Road Race on August 12th. Thanks to Veronica Mendieta, Shelia Murphy, Martin Coughlan, Paul Kingston, Liam Walsh, Joe Cronin, Mick Crowley, Lisa Manning, Brian O Sullivan and Peter Burns and well done to West Muskerry Athletic Club for organising such a wonderful and successful event.**

Areas where they provided assistance were St Coleman's Park, Oakwood, Aldi, Masseytown Junction, Mary Anne's Junction, Coolehane Junction, Bealick Mill, Rusheen Cross and at the Starting Line.

Tidy Towns monthly meeting took place on August 5th and some items of discussion included the Coolcover Picnic Area, Heritage Week, new Brochures for Coleman's Park Biodiversity Area and the Masseytown area to name a few.

Right now, the hanging baskets are in full bloom. Thanks to those premises in the town that have put up some nice floral displays on the buildings this year. These greatly enhance the streetscape, and there is room for plenty more! The judging is still ongoing in this year Tidy Town's Competition and again we would ask that all premises to stand back and have a look at



Veronica Mendieta, Liam Walsh, Lisa Manning and Shelia Murphy getting ready to Steward at West Muskerry Road Race

their premises, from the path below to the roof above, free of cigarette butts etc and painted adequately. Five minutes of regular attention would greatly improve matters in some cases and greatly assist the volunteers who must look after so many other things and public areas. Here is hoping we can still retain our gold medal. As always, tidy towns volunteers have been busy with Litter Picking, General Maintenance around town, cutting grass in the green areas on housing estates, weeding, planting, pruning, etc. The Playhouse in the Sensory Garden now has a concrete floor and the musical entertainment piece with the hanging tubes has been refurbished.

So many people compliment the work we do and admire what is been done but why not consider doing something small yourself in your own local areas, as this helps the overall effort, inspires others and there is a feel-good factor. We in Tidy Towns will support you in whatever way we can. You may also like to come along and join us some Saturday morning at 9am at our base in Masseytown as we are always open to new people joining in and helping with the work. If you have any questions, feel free to contact Lisa at 087-1434770.





THE Alzheimer  
SOCIETY OF IRELAND

## MACROOM SERVICES

### Dementia Adviser

Vanessa Bradbury 086 0218463 vbradbury@alzheimer.ie

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#### MACROOM DAY CARE (Open Tuesday)

**Lucy O' Driscoll**  
 Ionad Lae, Ballyvourney, Co. Cork, P12 WK02 (behind the Health Centre)  
 021 497 2504 lucy.odriscoll@alzheimer.ie

#### CARE AT HOME

##### Macroom Day Care at Home

**Karen Fitzpatrick**  
 021 497 2504 / 087 7489258  
 karen.fitzpatrick@alzheimer.ie

##### Macroom Home Care

**Cathy Hadden**  
 021 497 2504 / 087 3992230  
 chadden@alzheimer.ie

#### ALZHEIMER CAFÉ (September to June)

##### Macroom Memory Café

**4th Monday of every month 11am to 1pm**

The Next Door Café, Castle Hotel, Macroom, Co. Cork, P12 X293  
**Judy Nicoll** 021 497 2504 / 087 991 0967  
 judy.nicoll@alzheimer.ie

##### Ballincollig Alzheimer Café

**3rd Thursday of every month 3pm to 5pm**

Chapel Gate Cafe, Ballincollig, Co. Cork, P31 XP38  
**Karen Fitzpatrick** 021 497 2504 / 087 748 9258  
 karen.fitzpatrick@alzheimer.ie

#### SINGING FOR THE BRAIN

##### Macroom Singing For The Brain

**Wednesday 11am to 1pm - starting 10<sup>th</sup> Sept.**

The Castle Hotel, Macroom, Co. Cork, P12 X293  
**Lucy O' Driscoll** 021 497 2504 / 086 450 4829  
 lucy.odriscoll@alzheimer.ie

#### FAMILY CARER SUPPORT

##### National Online Family Carer Support Groups

Online every 3 weeks  
 1800 341 341  
 onlinesupportgroup@alzheimer.ie





**August 24th** The annual commemoration of Lissarda Ambush will take place on Sunday 24th August at 7.30 pm at the ambush site. This year will mark the 105th anniversary of Lissarda Ambush and all are welcome  
**September 6th** Musical Bingo in the Tavern, Clondrohid @8:30pm. Come along for an evening

of singing and winning. ALL WELCOME

**September 13th** Donoughmore Community Marymount Coffee morning. In Stuake Community Centre, from 11am to 2pm. - ALL WELCOME

## CCÉ CRAOBH LACHTAÍN NAOFA

Sé theideal uile-Éireann do CCÉ Craobh Lachtaín Naofa Six all-Ireland titles for Cill na Martra Comhaltas Bhí sé theideal uile-Éireann agus naoi mbonn buaite ag baill de CCÉ Craobh Lachtaín Naofa, Cill na Martra, ag Fleadh Cheoil na hÉireann i Loch Garman.

An incredible total of six all-Ireland titles and nine further medals were won by members of Comhaltas Ceoltóirí Éireann Craobh Lachtaín Naofa at Fleadh Cheoil na hÉireann in Wexford.

Torthaí:

Rince ar an sean-nós (15-18): 1st. Finín Ó Conaill

Feadóg (senior): 1st. Ellen de Búrca

Scéalaíocht (senior) 1st. Seán Ó Muimhneacháin

Amhránaíocht ar an sean-nós (Fir) (15-18) 1st. Finín Ó Conaill

Amhránaíocht ar an sean-nós (mná) (senior) 1st. Ellen de Búrca

English Singing/Amhráin Bhéarla (Fir) (15-18) 1st. Finín Ó Conaill

Foinn Mhalla, Feadóg /Whistle Slow Airs (senior) 2nd. Ellen de Búrca

Amhránaíocht ar an sean-nós (Fir) (15-18) 2nd. Seán Ó Súilleabháin

English Singing (Men) /Amhráin Bhéarla (Fir) (Faoi 12) 3rd. Matthew Ó Tuama



**Finín Ó Conaill, 1st rince ar an sean-nós, 1st amhránaíocht ar an sean-nós, 1st English singing U18 ag Fleadh Cheoil na hÉireann. Ellen de Búrca, 1st feadóg sinisr, 1st amhránaíocht, 2nd**

2nd. Matthew Ó Tuama

Rince Céilí Ceathrair, Mná/4-Hand Céilí Dancing, Ladies (O18) 2nd. Ellen de Búrca (le CCÉ Barr na Sráide)

Comhrá Gaeilge (11-13) 2nd. Michaela Ní Riordáin

Amhránaíocht ar an sean-nós (Mná) (12-15) 3rd. Isobel Ní Drisceoil

Amhránaíocht ar an sean-nós (Fir) (Faoi 12) 3rd. Matthew Ó Tuama

Amhráin Nuaceaptha, Gaeilge 3rd. Seán Ó Muimhneacháin

Amhráin Nuaceaptha, Béarla 3rd. Seán Ó Muimhneacháin

### Oíche chlárúcháin/ Registration Night

Beidh ranganna ceoil do ghrúpaí ag atosnú i Réidh na nDoirí Dé hAoine, 12ú Meán Fómhair, agus beidh ranganna rince seite do pháistí agus déagóirí ag atosnú i gCill na Martra gach Déardaoin.

Clárúchán 6-8pm Dé Sathairn 23ú Lúnasa, Ionad Áise, Réidh na nDoirí. Fáilte roimh bhaill nua.

Group music classes resume in Réidh na nDoirí on Friday, September 12 and set dancing classes for children and teens in Cill na Martra on Thursdays. An U12 grúpa ceoil, U15 céilí band, and U18 musical production are among this year's activities.

Registration for all classes 6-8pm this Saturday, August 23, Ionad Áise, Réidh na nDoirí.

New members welcome. Eolas: lachtainnaofa@comhaltas.net



**Isobel Ní Drisceoil, 3rd amhránaíocht ar an sean-nós 12-15 ag Fleadh Cheoil na hÉireann.**



**Seán Ó Muimhneacháin, 1st Scéalaíocht, 3rd amhráin nuaceaptha, Gaeilge, 3rd amhráin nuaceaptha, Béarla ag Fleadh Cheoil na hÉireann**



**Seán Ó Súilleabháin, 2nd amhránaíocht ar an sean-nós (Fir) 15-18 ag Fleadh Cheoil na hÉireann.**



**Matthew Ó Tuama, 2nd English Singing faoi 12, 3rd amhránaíocht ar an sean-nós ag Fleadh Cheoil na hÉireann**



**Michaela Ní Riordáin, 2nd Comhrá Gaeilge 11-13 ag Fleadh Cheoil na hÉireann.**

## MARYMOUNT COFFEE MORNING - September 13th

Donoughmore fundraising group is holding its annual coffee morning on Saturday September 13th 2024 in Community Centre Hall in Stuake Donoughmore from 11am -2pm. Your generous donations of home baking would be greatly

appreciated which will be taken in on morning of coffee morning. Your enthusiastic participation has ensured successful fundraising events in the past. Your continued support would be much appreciated this year. Raffle tickets on sale in both

shops and during the coffee morning. So come along and enjoy a cup of tea or coffee and a chat - all for a good cause. Everyone welcome



Enjoying the annual coffee morning at Donoughmore last year in aid of Marymount







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# 31ST CORK LISSARDA BEAVERS, CUBS AND SCOUTS

**31st Cork Lissarda Beavers, Cubs and Scouts had lots of fun helping at Crookstown Vintage Field Day on 10th August.**

We set up our display of tent, dining shelter and pioneering gadgets. Then we got our fires lighting. We showed passers-by how we can cook on an open fire and invited them to join in too. We made some delicious bread-on-a-stick, sausages, burgers and we drew a large crowd when we started toasting marshmallows! It was great to be part of this community day - thanks to Crookstown Vintage Club for having us.

We're also celebrating 10 years of Scouting in Lissarda this year. We had a day of celebration in June when our Beavers, Cubs, Scouts, Ventures, Leaders and our support network of family and friends all gathered for an activity day and barbecue and Ballyhass Coachford. Our Beavers had a morning of adventure on the High Nets and obstacle course, while our Cubs, Scouts and Ventures took to the water in kayaks. After the barbecue, we had a ceremony to award badges to our youth members. Many of our adult Leaders were awarded certificates and badges too, acknowledging their many years of service to Scouting. It was an enjoyable day out for everybody - here's to many more years of Scouting in Lissarda!

31st Cork Lissarda have weekly meetings at Crookstown Hall (when we're not exploring the outdoors). Our Beavers are 6-8 year olds, Cubs 9-11 year olds, Scouts 12-15 year olds and Ventures 16-18 year olds. We're always looking for adult leaders for each section (training is provided).

If you'd like to get involved, contact us on 31corklissardawaitinglist@gmail.com or on Facebook at "31st Lissarda Scout Page".



## MEP KELLEHER SEEKS URGENT MEETING OF FIANNA Fáil PP TO DISCUSS FORTHCOMING PRESIDENTIAL ELECTION

Fianna Fáil MEP Billy Kelleher has said that a meeting of his party's Parliamentary Party should be convened urgently to discuss the forthcoming Presidential Election. Kelleher, an MEP for Ireland South, added that without a meeting convened soon, Fianna Fáil TDs, Senators and MEPs will not meet in person until mid-September at the earliest. "To my mind, this is too late in the day for the people who

will ultimately be tasked with selecting a party candidate to meet to discuss the issue.

"I contacted the Cathaoirleach of the Parliamentary Party, Brendan Smith TD asking him to convene a meeting to discuss this most critical of issues.

"In my opinion, Fianna Fáil, the largest party in the Dáil, the Seanad and in local government, should be actively involved in either running its own candidate or facilitating

a candidate that represents our values and beliefs as a political movement," concluded Kelleher.





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## Why Would You Need a Chiropractic Adjustment and Does It Hurt?

by Dr. Ben Martin  
Optimal Chiropractic,  
Ballincollig

**People often wonder when you might need to see a chiropractor.**

Chiropractic care isn't just for those with back or neck pain. Many people seek adjustments for stiffness, headaches, or tension from sitting at a desk all day. Others come in because they want to improve posture, stay active, or prevent small aches from turning into bigger problems.

Regular chiropractic care supports the body's natural ability to heal and function at its best, which is why many patients choose to continue care even after their initial concern improves.

One of the most common questions we hear is: *"Does the adjustment hurt?"* For someone who has never had one before, it can sound a little intimidating. The good news is that chiropractic adjustments are safe, gentle, and usually quite comfortable.

During an adjustment, your chiropractor uses specific, controlled movements - most often with their hands or a small instrument - to restore proper motion to joints that aren't moving the way they should.

You may hear or feel a small "pop" or "click." This is simply gas being released from the joint, much like when you crack your knuckles, and it's completely normal. Most patients describe the experience as relieving and even relaxing.

Afterwards, you may notice that your body feels lighter, looser,

and more at ease. Some patients notice an immediate decrease in stiffness or discomfort, while others may feel mild soreness, similar to how you might feel after starting a new exercise routine. This is a natural part of your body adjusting to improved alignment and function, and it typically passes within a day or two. Many patients also report sleeping better, moving more easily, and experiencing a greater sense of well-being.

Chiropractic adjustments are designed to be comfortable and tailored to each individual's needs. Whether you're dealing with discomfort or simply want to move better and stay healthy, chiropractic care offers a safe and natural way to support your body's ability to heal and function at its best.

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## RUSHEEN BEALNAMORRIVE COMMUNITY WATCH

**Rusheen Bealnamorrive Community Watch Hosted a Free property marking event in Aghinagh GAA Grounds on Wednesday, August 13th Garda Orla Doyle from macroom Garda Station and Diarmuid Cronin of Muintir na tire.**

A large number of people attended to get there property uniquely marked with children, farmers,

tradesmen and houses holders.

Items marked varied from bikes, chainsaw, robot lawnmowers, ride on lawnmowers, trimmers, power tools, trailers and many more tools.

All got marked with a unique ID for identifying them if stolen and recovered by the garda.

A big thank you to Garda Orla Doyle from macroom

Garda Station and Diarmuid Cronin of Muintir na tire For their time and assistance in this event

Other Community Watch groups plan on hosting them in different areas so watch out and go along it is well worth the time spent.



Rusheen Bealnamorrive Community Watch, Free property marking event in Aghinagh GAA

## CLONDROHID NEWS

**MOVEMENT OF CONTINUOUS PRAYER FOR MARRIAGE AND FAMILY LIFE:** The next 24 hours is from Wed August 27 to Thurs August 28, please remember your hour, and thank you

**-PRAYERS FOR PRIESTS AND VOCATIONS:** Every Monday night 8 to 9pm in the Blessed Sacrament Chapel Macroom

**BINGO:** Continues every Wed night at 8.30pm. Coming to end of holidays some young people might like to try their luck before heading back to school. Everyone welcome.

**SINGING IN THE TAVERN:** This lovely sing a long group or tell a story group meet the 2nd and the 4th Monday nights in The Tavern from 9pm. The next session is Monday August 25. They would love to see you there.

**10th ANNUAL CARRIGANIMA RUN/WALK IN AID OF MILLSTREET AND MACROOM HOSPITALS:** This will take place on Saturday Sept 6 in Carriganima. Registration 2.30 to 3.20pm in the pub The 6 km race starts at 3.30pm Adults €10, u 18 €5. Family €20. A brilliant fun filled day of community spirit for vital services in our Community.

**MUSHERA PLATFORM:** Unveiling the history of the Platform. On this Sunday Aug 24 from 3 to 5pm music and dancing to Peter Lane and Blackwater sound. Raffle. No cover charge. Enquiries to 086 0647381

**BLOOD DONOR CLINIC:** It's a while away, but please mark it in your calendar. They will be in the Community Hall on Monday and Tuesday Sept 29 and 30. A great facility to have in our village, please support as blood is always needed

**CLONDROHID DEV GROUP AND PARISH ACTIVE RETIRED:** They would like to congratulate all the Leaving Cert students from the parish and surrounds, who will receive their results this Friday Aug 22 and



Clondrohid u 16 team that drew with Tadhg na Gael in championship recently

wish them well in their choice of career and courses. Well done, another milestone.

**WEEKLY SUMMER HISTORY TOURS:** These tours will continue every Tues night at 8pm with Dr. Con Kelleher, starting at Macroom Bridge Choice of 3 talks. The Historic Centre, New Street, and Macroom 20th Century Centres of Entertainment.. Everybody welcome

**GAA NEWS:** Rebel Og West U16 Division 2 Championship.

Clondrohid U16 team played their second championship game at home on Monday evening against Tadhg na Gael.

Clondrohid got off to a great start with a well taken goal in the first few minutes, the first half was evenly contested and the visitors went in at HT leading by 2-03 to 1-03.

Midway through the second half Tadhg na Gael led by 7 points, Clondrohid kept attacking in the last 10

minutes and led by 1 point going into injury time, Tadhg na Gael equalised with a point in the last kick of the game. Great credit has to be given to both teams for a very exciting game. Final Score Clondrohid 3-07 Tadhg na Gael 3-07.

Thanks to Tadhg na Gael team for travelling, to the Clondrohid parents and supporters for again cheering on the lads and also thanks to our sponsors Tim Lyons Eng.

**FIXTURES:** Junior a Championship Clondrohid v Grenagh at Carrigadrohid this Fri night Aug 22 at 6.30pm

U 12 Clondrohid V Lee Gaels at O'Briens Field Drimoleague this Sat Aug 23 at 2pm.

**LOTTO:** Results for Aug 13 Jackpot of €3,800, €70 Heather Adair Bawnmore, €20 Richard Culhane Macroom, Simon, Orla, and Nessa McCarthy Carriganima, Joan O'Riordan c/o Evelyn, Kay Healy Carrigphooka



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# COMMEMORATING 60 YEARS: A MUSEUM AT KILMURRY



Opening of The Terence MacSwiney Memorial Museum 1965



Museum Committee Photo-1965

**On 19 September 2025, Independence Museum Kilmurry will proudly celebrate six decades safeguarding Ireland's local and revolutionary history.**

Its story began in the early 1960s, when Kilmurry Historical Society was formed to preserve the rich heritage and cultural traditions of the area at a time of rapid economic and social change. The museum was set up as a folk museum covering local history, archaeology and tools used in agriculture and craft industries that were already disappearing by 1965 as Ireland embraced modernity and industrialisation. Kilmurry was one of the first rural villages in Ireland to have such a museum.

This area of mid-Cork is also strongly associated with the country's struggle for independence, particularly in the 1920s, with Béal na Bláth, Crossbarry, Kilmichael, Lissarda and Newcestown ambush sites within proximity of Kilmurry. Inspired by Terence MacSwiney—Lord Mayor of Cork who died on hunger strike in 1920—the society sought to honour his memory and the region's pivotal role in the struggle for independence.

On 19 September 1965, the original museum, named The Terence MacSwiney Memorial Museum was opened in a small house once linked to Terence MacSwiney's ancestors and his daughter, Máire MacSwiney Brugha became its first patron. Early

exhibits included poignant revolutionary artefacts such as a sprig of shamrock worn in Wormwood Scrubs jail and a section of the packing case used to return MacSwiney's coffin home to Cork.

To commemorate the 60th anniversary of a museum in Kilmurry village, Independence Museum Kilmurry host the following events:

Friday, 19 September 2025

- A Commemoration Mass at St. Mary's Church, Kilmurry at 7.30 pm. Fr. Michael Kelleher (a Kilmurry native with close links to Independence Museum Kilmurry) will say Mass. Choirs from St. Mary's and St. Andrews's churches, Kilmurry will sing a selection of hymns. Peadar O'Riada, musical composer from Cúil Aodha will sing the final hymn.

- Following Mass, a plaque will be unveiled at Independence Museum Kilmurry acknowledging that the site for the new museum was generously donated by Domhnall Ua Buchalla and family. Domhnall Ua Buachalla was a founding member of The Terence MacSwiney Memorial Museum and a previous Chairman of Kilmurry Historical & Archaeological Association Limited.

- An exhibition will be launched in the Heritage Room featuring a 60-year timeline with pictures and information on the founding members, people and events of Kilmurry museum from 1965 to the launch of the new Independence Museum Kilmurry, this

will include local and national changes that have occurred in the area during this period. Tea, coffee, and refreshments will be served after this event.

- Kilmurry Parish Schools artwork will be displayed which will focus on the theme of the original museum and life in the 1960s.

Saturday, 20 September 2025

- Stepping into History – A Walking Tour of Kilmurry village. Inspired by this year's theme for Heritage Week – 'Exploring our Foundations' there will be an opportunity to delve into the building blocks of our local heritage, the landscape, physical buildings, cultural activities, and the daily lives of our ancestors that shaped us. A walking tour of the village will commence at 3 pm from Independence Museum. This tour will include St. Andrew's Church, St Mary's graveyard, the original museum building, local businesses, Kilmurry Grotto and St. Mary's Church. Local historians and museum guides will give a brief talk at each location. The duration of the walking tour will be approximately 90 minutes.

All are welcome to the weekend commemoration events. We hope that you join us in celebrating and exploring our past and honouring the founding members of Kilmurry Historical Society.



MacSwiney burial plot St Mary's graveyard Kilmurry



The late Mary O'Sullivan, Hon Secretary of Terence MacSwiney Memorial Museum in the old museum



The Terence MacSwiney Memorial Museum Kilmurry



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## Where the Past Meets the People: THE TEAM AT LIR ARCHAEOLOGY

**If you've ever taken a walk along the Sullane or stood on the slopes above Ballyvourney and felt there was something ancient in the air, you're not wrong. Beneath our fields, under our riverbanks, and even in the bends of our boreens, the past lies quietly, waiting to be heard.**

That's where Lir Archaeology Heritage and Planning Consultancy comes in — a local business with a mission to protect, preserve, and share our heritage. At the heart of the team is Dr. Enda O'Flaherty, always with an eye for the old stone wall in a field or the faint lines of a forgotten road. After studying archaeology and earning his PhD in Landscape Archaeology in Galway, Enda brings nearly 20 years of professional experience, with a deep understanding of the land — its history, its traditions, and the layers of heritage beneath it — and believes strongly that development and heritage can go hand in hand when handled with care.

With him is Ewelina Rondelez, who has made her home here after a career that's taken her across Europe and the Middle East. A post-excavation expert, she's the one who carefully examines and preserves the artefacts and finds that tell our story — whether that's a shard of pottery from centuries ago or a tool lost to time. Her meticulous work ensures nothing is forgotten once it comes out of the ground. Together, they lead a friendly, approachable team offering services for everyone — from farmers

planning a shed extension to developers starting major projects. They provide archaeological surveys, site monitoring, test trenching, and excavations, making sure all works meet planning and heritage requirements without unnecessary delays or costs.

But it's not all about paperwork and dig sites. Lir Archaeology has a special grá for local history and folklore. They've helped schools record oral histories from older generations, researched the origins of place-names, and worked with community groups to document the stories that make this area unique. They know that heritage isn't just buried under the soil — it's alive in the memories of our people.

Because they're based here, they understand the needs of the community. They'll meet you for a cup of tea to talk through a project, explain what's required in plain language, and handle the formalities with planning authorities so you can get on with the work you need to do.

For Enda and Ewelina, this isn't just a job — it's a way to give back to the place they call home. Every survey, every excavation, and every story recorded is another piece of our shared history protected for the future. So, if your next project is set to stir the earth, or if you're part of a local group keen to explore the past, call in to Lir Archaeology. Because here in the Muskerry hills, the past is never far beneath our feet — and it's worth minding well.



*Ewelina Rondelez and Dr. Enda O'Flaherty and the hills near Ballyvourney*

## NUAIGHT UIBH LAOIRE

Great atmosphere in Inchigeela with the beginning of the annual festivities, otherwise known as the Inchigeela Festival. This year's offerings again are super with something to suit everyone's taste, fantastic bands, fantastic music, fantastic dancing. Bar extension til late and food galore close by. The first weekend, 15th of Aug opened with local star, Patrick O Sullivan followed by new rising star Jack Keogh from Wicklow. Saturday night was the Kilkenneys and on Sunday we danced to the 90s tribute band Smash Hits. The king of county Derek Ryan kicks off Weekend 2 (Fri 22) Folk legends 'One for the Road' are on stage on Saturday night, and the indomitable 'Bog the Donkey' bring the festival to an explosive end, making us all wish there could be another weekend of fun like this in Inchigeela. Thanks to all the artists on stage and well done to all the organisers and volunteers. It's a credit to you all. Other news. The annual Daniel Corkery Summer School was held recently and was a huge success with large crowds and interesting topics each day. (More about that in next issue of LV Outlook.) The villages look good this summer and the workmen and volunteers can be proud of their work. The new road surfaces in each village and on their connecting roads has made a great addition to road safety. Just a few areas of overgrown roadside hedges to be dealt

with now, especially on the Inchigeela/Dunmanway road and we'll drive safer and happier. Congrats to Ballingearry Tidy Towns on winning their section on the Litter Challenge. The parish Active Retired group had a great day on a boat trip in Cork Harbour, with a meal out on their way home. They ran a bingo night as well recently with tea and lovely cakes for the supporters. In Beal átha, teachers are sought for Irish classes in an informal setting. The volunteers need not be teachers but would have a reasonable command of the language. Well done to 5 members of the pipe band who competed in the World Pipe Band competition in Glasgow, Paudie, Doireann, Flor, Eddie and John. Don't forget to continue taking photos throughout the year for entry to the Feilire Béal átha competition. And last but not least, the good news that Áine Cotter, an Inchigeela lady, has won a place in the last eight to compete in the National traditional brown cake baking competition and the final bake off will be held during the National Ploughing Championships in Co Offaly, in September. There are some wonderful prizes on offer and we wish her every success. Áine is daughter of Billy and Nora M of Cappanclare, Inchigeela.

## LISSARDA AMBUSH COMMEMORATION

The annual commemoration of Lissarda Ambush will take place on Sunday 24th August at 7.30 pm at the ambush site. This year will mark the 105th anniversary of Lissarda Ambush, one of the earliest ambushes during the War of Independence.

Rosary will be recited by Fr. Michael Kelleher, and the Tricolour will be raised by Der Kelleher, grandsons of Quartermaster Michael Galvin who died in the ambush. This year's oration will be given by Trish Collier, Principal of Kilmurry National School. All are welcome to attend this event.





# Mushera Platform

Unveiling of  
**"The History of the Platform"**  
 on  
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Eoghan Kelly, the under 14 All Ireland road bowling champion for 2025. Pic le Nóra Uí Luasa.



Tony McCarthy at the mini digger challenge at Crookstown vintage day



Teacht le chéile clann le Gobnait agus Dan Ó Croinín, An Plantation. Gobnait agus Donie ar chúl. Joan, Mairead, Eibhlís agus Josie chun tosaigh. Pic le Nora Uí Luasa.



Garpháistí le Gobnait agus Dan Ó Croinín, An Plantation, Baile Mhic Íre. Pic le Nóra Uí Luasa



Macroom young judoists training in Macroom Town Hall on 14 Aug, 2025 under Gavin Murphy. (C. Kelleher).



SBers Dara & Katie partaking in Self Defence- Guides



xxxx



Members of Macroom Palestine Solidarity Group holding their weekly demonstration in Macroom Square on 14 Aug. 2025.



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# Macroom Castle Arch Renovation (2025)

By Con Kelleher

Macroom Castle Arch needs to be repaired and the Castle Demesne Committee is about to tackle the task. The Arch is an important landmark in Macroom's streetscape and an iconic symbol of the town. It is part of Macroom Square and the most obvious and best preserved part of the Castle. Only a small portion of the Castle itself is still standing, coupled with what were its stables and garage where the Burkes valet cars. However, some years ago slates fell from the Arch and posed a danger. Nets were erected as a temporary expedient; now, a long-term solution is at hand. The Committee has received a grant but needs more funds. It will hold a Golf Classic to this end – see accompanying flyer. This article outlines briefly the history of the Castle and the Arch in particular.

Macroom Castle was probably initially built by the O'Flynnns about the eleventh century– others mooted are the Carew and the Dalton clans. Then, Ireland was a series of small kingdoms and, locally the O'Flynn sept held sway. The name survives in the Irish for Muskerry – Muscraí Uí Fhloinn. They were ousted by the McCarthys who ruled (mostly) the area from the thirteenth to the late seventeenth century; following King William's Battle of the Boyne (1690) victory over King James, they lost possession. The Castle was first burned accidentally in 1602 during a siege by the Crown's agent Wilmot in a prelude to the Battle of Kinsale (1603). The Castle was again burnt and witnessed the Battle of Macroom (1650) when Bishop McEgan's Confederate forces were defeated; McEgan was captured, brought to Carrigadrohid Castle where he heroically advised his troops not to surrender and paid with his life – he was hanged. Within a few years, Cromwell's general Broghill yet again burnt the Castle and the town. For a failed mission, Admiral William was exiled to Ireland (Macroom first, then Shanagary) by Cromwel: in Macroom, young William was tutored by Quaker preacher Thomas Loe and later claimed (he, Penn) to have been 'visited by The Lord'. Shortly after Cromwell's death, Admiral Penn helped to restore Charles II, was duly rewarded and returned to England. Penn Junior went to America and founded Pennsylvania. The Hollow Sword Blade acquired the Castle c. 1703

whence it came into Lord Bandon ownership and later to the Hedges Eyres family. It became home to Robert Hedges Eyres in the nineteenth. In the early 1800s he initiated town improvements such as good slated houses in New Street, building the Court House, renovating the Church of Ireland church in Castle Street, improving the Market House, predecessor of the Town Hall, and gave money for the restoration of Macroom's Catholic Church. His son-in-law William White, fourth Earl of Bantry, inherited the Castle. When he died, his sister Olivia (born there in 1850) became the last owner. She married Arthur Edward Guinness and became Lady Ardilaun. The Ardilauns had no children. On his death, she was, reputedly, the second richest woman in the then United Kingdom (after Queen Victoria). Lady Ardilaun was largely an absent landlord and owned much land and many properties in Macroom.

When the Arch was first built is difficult to say. In Ring's 'Macroom Through The Mist of Time (1995), pp. 143-13, sketches suggest a date 1652 to c. 1750 and implies that people such as Cardinal Rinuccini, Bishop McEgan, William Penn Senior, William Penn Junior passed through this space if note the Arch itself. The Castle Demesne itself was private property with access limited to the owners, their guests and workers. The Arch marked the boundary. T.C. Murray reflects this sense of 'being locked out of' of his own place in his plays. Lady Ardilaun opened the Castle Grounds on special occasions but complained bitterly of 'vandalism' on one such day.

During the War of Independence, The cortege of the bodies of the sixteen Auxiliaries killed at Kilmichael Ambush (28 November 1920) left the Castle through the Archway and was led by Reverend Brady and Canon Higgins PP. This was done partly out of respect for the dead and partly out of fear. Brady and Higgins are credited with helping to reducing tensions following the ambush and possibly preventing the burning of the town in reprisal.

Another dramatic incident occurred at the Arch, this time before Civil War hostilities broke-out. Four British soldiers on reconnaissance from Ballincollig Barracks were taken prisoner in Williams Hotel

(now the Castle H.) and subsequently shot, and buried in Kilgobnet, Clondrohid. On a fourth visit, a 60-strong patrol of armoured cars etc., led by Colonel Bernard Montgomery (Monty of WWII El Alamein fame) demanded their release. Local IRA leader Charlie listened and gave Montgomery five minutes to leave town. When Montgomery saw the IRA in ambush positions around the square, he withdrew. The British withdrawal was castigated in the House of Commons and embarrassed the Prime Minister Lloyd George and Secretary Churchill. A decision to fight by the British would have resulted in a bloodbath and their possible military re-entry into Ireland.

The IRA Anti-treatites burned the Castle in August 1922 and its contents were looted (or saved!) and access to the Castle Demesne was free. The Castle Demesne Committee bought the Grounds. It now has beautiful walks, a GAA pitch and dressing rooms and a wonderful golf course. A bridge connects it to the Town Park and its GAA pitches and soccer and where cricket is now played regularly. McEgan College is sited there as well as its attendant Sports Complex and all-weather play area.

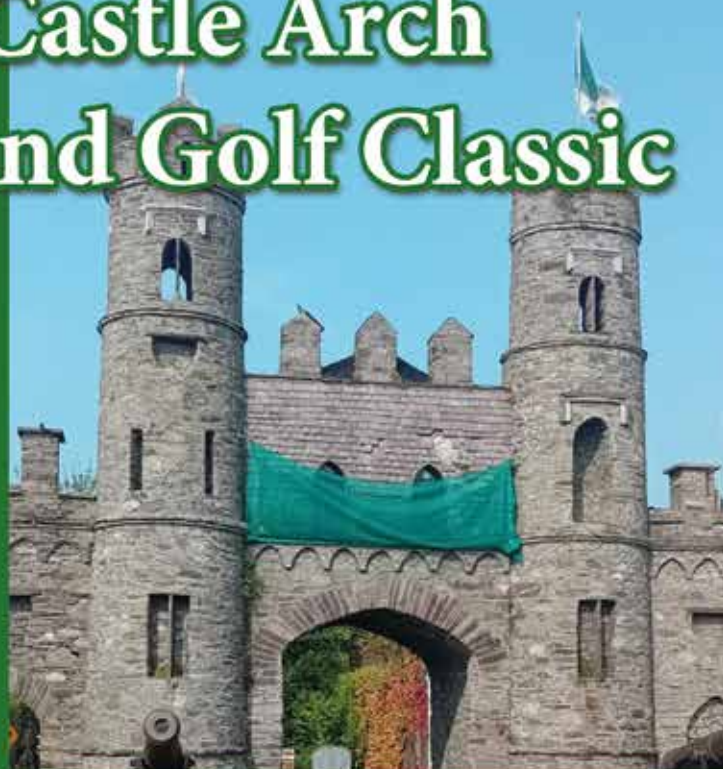
Less dramatically but perhaps no less the Arch has admitted people watching matches, attending shows and sports meeting (Castle Grounds) and films and pantomimes (Castle Cinema), attending dances (Castle Ballroom), coursing meetings and Pitch & Toss sessions. Macroom ICA built and rebuilt its 'hut' there, allowing Macroom women the opportunity and space to meet and socialise. Macroom Youth Club was a wonderful facility in its time (basketball, athletics, indoor soccer, table tennis, drama etc.). The Arch was also a venue for boy/girls meeting on dates, and a pick-up point for children to be collected by their parents. Macroom GAA teams left from the Square, at the Monument, and between the Arch and the Town Hall, reminders of who they represented.

Even if you are not a golfer, perhaps you can donate to this worthy project. The past is what made us who we are today, and in that regard, the Arch has great significance for the town and district.



# Macroom Castle Arch Restoration Fund Golf Classic

*The Trustees of Macroom Castle Demesne, in partnership with Macroom Golf Club are pleased to announce a once off golf classic which will take place on **Friday 12th September 2025**. The funds raised from this classic will go towards the upgrade works at the Castle Gates, a historic and majestic feature in the centre of Macroom town. The last major upgrade work happened in 1972. The works have been costed out and government grants will cover a significant portion of the project. However, match funding is required by the Trustees to ensure full completion of the proposed project; It is for this reason we are hosting a golf classic.*



**We are inviting individuals, business owners and community groups to get involved in this fundraiser.**

**Sponsorship of a tee box fee €100**  
**Team of three entry fee (incl meal for each player) €200**

*There will be a fine selection of prizes for the winners of the classic across a range of categories, including some signed Pádraig Harrington golf wear!*

*We anticipate lots of demand for this event so please book your Tee times without delay.  
This can be done by contacting the following individuals*

**Bill Fitz-Gerald - 087 2854788**

**John Neville - 086 2616175**

**Miriam Cronin - 085 2301744**

**Humphrey Lynch - 026 41084**

**Pat Kelleher - 087 2090304**

**Macroom GC - 026 41072**

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**Please do not hesitate to make contact if you have any additional questions and if you wish to just make a donation you can support the renovation of the Castle Arch.**







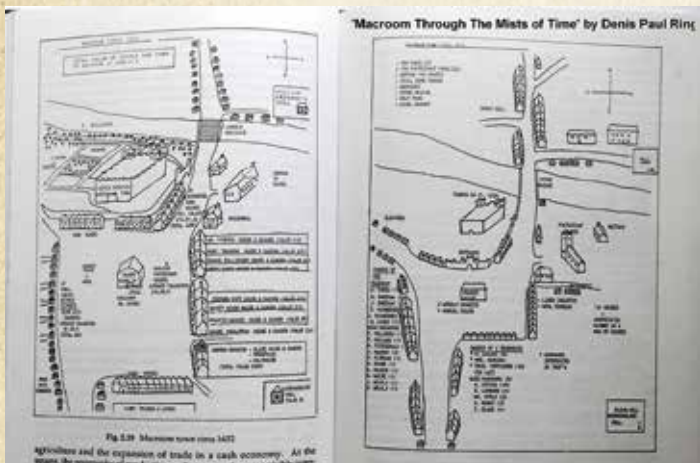
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De la Salle  
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## MACROOM HISTORY GROUP (MHG) ACTIVITY

Macroom Town Centre History Walk, Tuesday 26 August 2025 at 8 p.m., beginning at The Bridge; €5. Final walk of the summer. Group walks available.  
Macroom History Group AGM on Monday, 1 September 2025 at 8 p.m. in Murray's Bar. All welcome.  
Talk on 'Macroom Town Hall', 8 September 2025 at 8 p.m., in Castle Hotel; Entry €8 for non-members, €5 for members.



Macroom Castle Archway, c. 1930 (Mid Cork Printing Works postcard).



Early sketches of Macroom Castle and Entrance (from Denis Paul Ring's book, 'Macroom Through The Mists of Time', pp. 130-1).



Macroom Archway 14 August, 2025 (C. Kelleher).

## The Poet's Corner

### *An Buachaill is an Chaora*

By Tadhg Quill-Manley

*Ar maidin ciúin i gceanntar Mhaigh Chromtha,  
Thar mhaolchnoc bán do shiúil mé liom,  
Bhí drúcht ar fhéar is féar ar m'chos,  
'S na gaotha mall ag gol.*

*Chonaic mé caora i bhfál faoi ghlas,  
A súile dubha lán le bas,  
Do chrom mé síos — "a mhillis, a ghrás,  
Fan ciúin, táim leat, a stór."*

*Scaoil mé an sreang ó'n gclúmh geal bán,*

*Is scuab sí mo lámh le bogshnáith lán,  
Bhí an ceo thart orainn, Mhaigh Chromtha sa bhfad,  
Is an ghaoth mar shean-chanúint mhór.*

*D'imigh sí saor thar mhullach an ghleann,  
Ach d'fhan an tost im chroise ann,  
Grá ciúin, doimhne mar uisce an tsruth,  
Nach n-imíonn choíche as mo mheabhair.  
A young farm boy walks alone across the misty hills  
surrounding Macroom early in the morning. The grass  
is wet with dew, and the wind moves softly over the hills.*

*He finds a sheep trapped in a fence, frightened and in  
pain. Kneeling beside her, he gently reassures her and  
frees her from the wire. As he does so, the sheep's wool  
brushes his hand, and the mist curls around them. The  
boy notices the hills of Macroom in the distance, adding  
a sense of place and quiet beauty.  
Once freed, the sheep bounds away across the glen, but  
the boy remains in the hush of the hill. He feels a deep,  
quiet love and tenderness, a lingering emotion that  
stays with him long after the moment has passed.*





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## THINK GLOBALLY, ACT LOCALLY

## THE EARLY MEDIEVAL PERIOD



Cross slab at Caherbaroul.



Round Tower at Kinneigh.



Entrance to Cahervaglier Ring Fort

Hi! Chris Barrett back with you.

Today we have the opportunity to share learning from my good friend and regular contributor, the local archeologist, Tony Miller.

Tony starts by telling us that between the 5th and 12th Centuries AD Ireland enters the early medieval period- a time of great change with an improving economy, population growth and many great artistic achievements. Society also moves out of prehistory and into the historic period when the first texts and documents are being written down in Irish.

Most historians and archaeologists would agree that the biggest influence at this time came from the establishment and growth of the Christian church. Christianity reached Ireland through contacts made with the Roman Empire where it had been made the state religion in the 4th Century by the Emperor Constantine. Christianity took hold very quickly and peacefully here, becoming an integral part of society. It was based on small, local monastic settlements under the control and protection of the large number of tribal kingdoms which proliferated at the time.

A typical early monastic settlement consisted of a large, circular enclosing bank, sometimes as large as 300m in diameter. The central area was considered the most sacred and was where the wooden church and graveyard were usually located. This was then surrounded by houses for the religious community and then land for workers to live in and for cultivation. There are a considerable number of these still surviving, though not always clearly visible but can be indicated by later medieval churches. The larger encircling banks can survive in the field systems or streetscapes. Good examples near Macroom include Bawntemple to the east, Caherbaroul to the north and Kilgobnet to the west. There is also St. Gobnait's shrine in Ballyvourney. The majority of these early monastic sites stayed small while others grew into the very beginnings of town life such as probably the most well known at Clonmacnoise. Near the end of the early medieval period a small number were also marked by the construction of round towers. There are only two surviving in the county and one of these is near Enniskeane at Kinneigh, which is well worth a visit.

These monastic sites also stimulated agricultural expansion by providing opportunities for trade and the exchange of improved farming practices. These included the growing of oats and rye, the use of the

coulter plough capable of breaking up heavier soils and the introduction of the horizontal watermill. This mill involved intricate carpentry and design and allowed for a relatively small and slow river to directly turn millstones above the horizontally turning paddle wheels. There are more of these early mills from this period found in Ireland than anywhere else in Europe and one of the first fully excavated was not far from Macroom, at Cloontycarty.

There is evidence for population growth at this time and the majority of people, all largely working in farming, lived in what is probably the most well known archaeological monument- the ringfort. They are also known as raths, liss's, cashels, cahers (both stone built) and 'fairy forts'. The total number recorded in the country is about 50,000 with the majority built in the years between 600 and 900 AD. Ringforts can be recognised as a large circular banks sometimes with surviving external ditches and raised interiors. They were enclosed farmsteads occupied by an extended family with not only circular huts to live in but other buildings for storage and craft working as well as areas to keep animals. The economy was based on mixed farming with cattle being the most valuable possession. Cattle raiding was common at the time and wolves still roamed freely, so a safe place was needed to keep cattle secure overnight. Dairying was now dominant and the 'white meats' (butter and cheese) were an important part of everyone's diet. Ringforts can be found almost everywhere that there is good land. They represent a society that was based on small territorial units belonging to tribal kinship groups with a clear hierarchy. Larger ringforts, with up to 3 concentric rings of banks, reflected high status occupants while the surrounding smaller ringforts belonged to tenant farmers. There are many ringforts to be seen around Macroom while there is an especially elaborate one, known as Cahervagliar, to be found just outside Coppeen.

Commonly associated with ringforts is another rather mysterious monument, known as a souterrain. These are commonly known locally as 'caves' and are often found when a tractor or digger suddenly collapses into a hole in the ground. They consist of a series of underground chambers cut into the earth which are connected by narrow, low 'creepways'. Their exact function is still debated but the most common idea is that they were used for refuge or storing valuables during time of attack. Many stories abound that they

run between two or more ringforts but this has not yet been found to be true.

The year 795 AD saw the first Viking raid on the Irish coast. Further attacks over the following years were to have an important impact on Irish society. One change was the development of larger more centrally organised lordships which could coordinate more effective defences against the Viking raiders and raise the taxes needed for this protection. This defence proved so effective that the Vikings never held large swathes of territory here as they did in both Britain and Europe. Instead the Vikings were left controlling small, strategic coastal areas which grew into the first true urban centres, such as Dublin, Cork, Waterford and Limerick. These became vibrant trading centres and the economy as a whole expanded. The new regional kingdoms became wealthier leading to construction of new stone built churches replacing the earlier timber ones, the building of round towers and carving of High Crosses. The closest High Cross to Macroom is the Kilnaruane one located behind Bantry House. Great works of art were also produced such as the Book of Kells and intricate silver jewellery for both personal and religious use. One local example is the shrine of St. Lachtain's Arm, originally from Donoughmore but now in the National Museum.

By the 10th Century a new rich culture had emerged which we now call Hiberno-Norse. In Cork City a settlement began in the area of South Main Street which quickly expanded into North Main Street.

The Vikings were now involved in Irish politics and one of their first major defeats was at the hands of Brian Boru in 978 in the Battle of Bealick fought on the outskirts of Macroom. This site is reputedly marked by a large standing stone near the Sullane. This way of life was soon to come to an end and with it the period we know as early medieval. In 1169 an Anglo Norman army was invited from Wales to Waterford to help in a dynastic struggle within Leinster. They would soon find Ireland as a land of opportunity and colonisation.

I feel very grateful to have had the opportunity to learn so much from Tony Miller and thank him for sharing his considerable local knowledge with us.

If you or anyone you know would like to respond to this article or contribute a similar one, please contact me [chrisleevalley@gmail.com](mailto:chrisleevalley@gmail.com)



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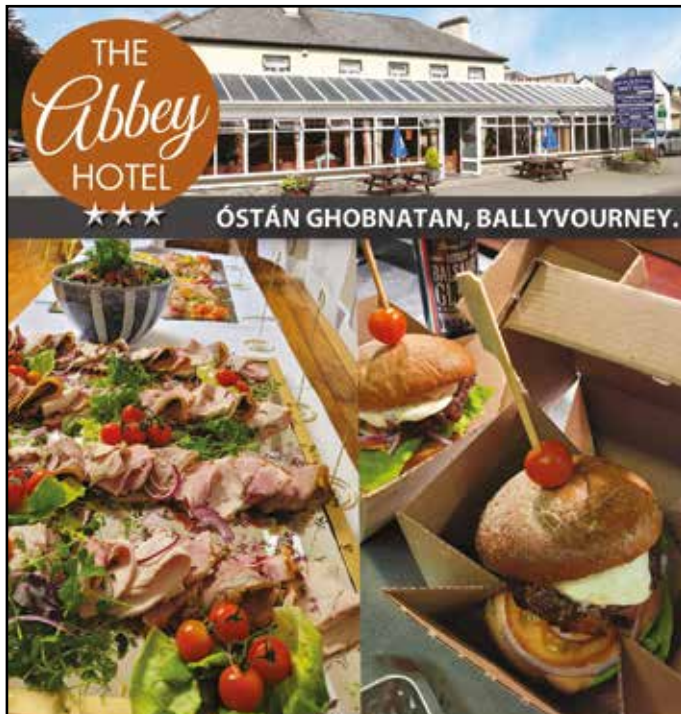
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# Debbs dattai Coláiste Ghobnatan



Pictures le Nora Uí Luasa



Buachailli o Coláiste Ghobnatan, ar lá na Debbs.



Seán Hinnegan, Coláiste Ghobnatan.



Jerh agus Mattie Ó Loingsigh, Coláiste



Liam Hinnegan, Coláiste Ghobnatan.



Donagh Ó Mainnín & Daisy-Ann Herterich, Coláiste Ghobnatan.



Iain Ó Donochú agus Clara Ó Connell, Coláiste Ghobnatan.



Roisín agus Doireann Ní Thuama, Coláiste Ghobnatan.



# St Josephs Primary School Macroon



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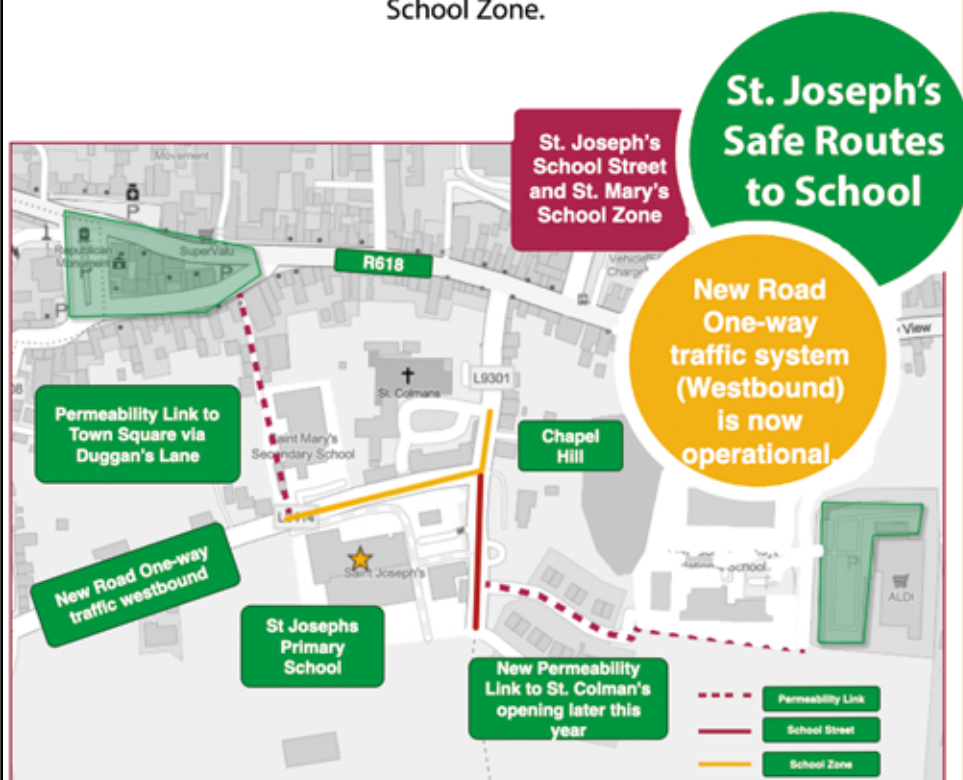
Over the summer Cork County Council, delivered a new school street at the front of St. Joseph's National School and a school zone at the front of St. Mary's Secondary School, along with wider Safe Routes to School infrastructure in the town, some of which will be on-going through Autumn 2025.

St. Joseph's school street along Chapel Hill, and St. Mary's school zone along New Road, aims to remove traffic from the front of school creating a safer, calmer environment for students. Local access remains for residents south of St. Josephs school of Chapel Hill.

A new one-way traffic system (Westbound) has become operational for New Road along with new footpaths and crossing facilities. Duggan's Lane to the Town Square has also been improved.

A new permeability link will be opening in Autumn 2025 from St. Joseph's to St. Colman's via 'The Orchard'. A new raised pedestrian crossing to replace the existing crossing on Main Street is due Autumn 2025.

The diagram below indicates the extent of the School Street and School Zone.



## What can you do to help?

- Adhere to the principles of the School Street and avoid driving to the front of school.
- Accompany, encourage and/or be extra vigilant of those students who walk, cycle, or wheel.
- Use Park and Stride where possible.
- Use the pedestrian crossing facilities along your routes to and from school – a new raised pedestrian crossing to replace the existing crossing on the Main Street is due Autumn 2025.
- Please make sure to park respectfully, legally, and safely, avoiding double yellow lines and being careful not to block footpaths or house entrances.
- Adhere to the new one-way traffic system westbound on New Road.





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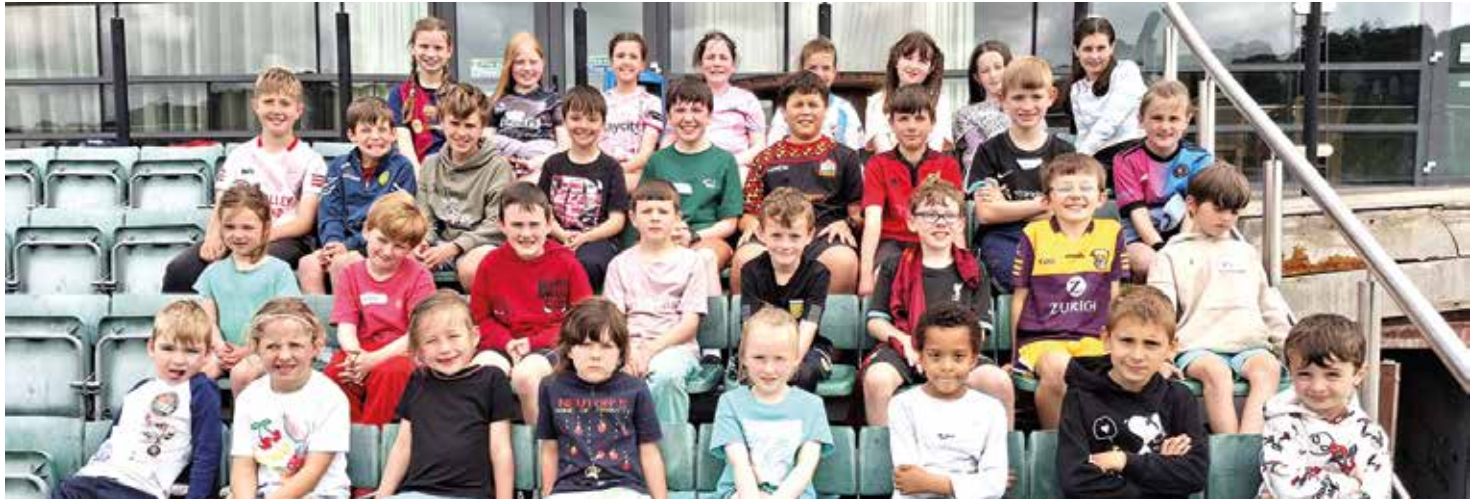




Kilbarry NS footballers at the Sciath na Scol Mhúscraí Football Blitz at Uíbh Laoire GAA pitch in Inchigeela.



Kilbarry NS athletes at Cork Primary School Sports 2025.



Kilbarry NS pupils had a fantastic day out at Lets Go in Douglas on their school tour.



Dromleigh N.S. students thoroughly enjoying their summer tennis lessons with coach Alan O'Mahony.



Yvonne Courtney (Macroom) claimed the Munster Over 18 Women's Junior Amateur Open Championship. Photo: Inpho | Tom O'Hanlon



Well done to Orla, Isabelle and Shannon who were playing with the Cork Camogie U15s at the weekend



Kilbarry NS 6th Class 2025 - Wishing you all the very best in secondary school!



## GAA CHAMPIONSHIPS 2025

### CAMOGIE

#### Glen Dimplex 2025 Senior All Ireland Championship Final Galway 1-14 Cork 1-13

No Cork three-in-a-row, their hopes shattered by Galway's aggression.

Galway were underdogs arriving in, for the second final in-a-row they stood in Cork's face and refused to budge. Unable to see the job through 12 months ago, they did on this occasion, albeit just.

Cork played the entire second half a player short following Hannah Looney's straight red in first-half injury time. Galway's lead was five points on 51 minutes but Cork put in a tremendous rally and drew level only to be defeated by a point scored in injury time from a contested free.

Cork, led by Laura Treacy's doggedness and Saoirse McCarthy's sweet freetaking, brought the margin back to a score. On the hour mark, they were level. Ashling Thompson's delivery was snapped and buried by Orlaith Cahalane. Cork's voice was finally found.

Despite five minutes of second-half injury time being played, this final of ferocious contact gave the crowd of 28,795 just one more score. That score came in the third minute of injury-time, captain Carrie Dolan getting herself up the steps when converting a free dripping in difficult out on the Cusack Stand sideline. Cork never managed a single equalising attempt thereafter.

Aggression was the central theme in the Galway

game plan. Stop the Cork running game at the start line. Physicality at source to prevent possession snapped and short passes played. Aggression stifling athleticism. Within the opening eight minutes, Amy O'Connor and Hannah Looney spent time on the deck receiving treatment. Orlaith Cahalane lay stretched just past the quarter hour mark. Galway were tackling right on the edge. Cork were sore and unsettled by it.

At times, Galway went past the edge. Aoife Donohue saw yellow (only yellow!) for her goal-preventing pull across Amy O'Connor on 11 minutes. The consequent penalty, somewhat surprisingly struck by Katrina Mackey, was saved by Sarah Healy. Amy O'Connor did convert the resultant '45 for a 0-3 to 0-2 Cork lead, but the next five minutes saw the westerners outgun their opponents 1-2 to 0-1 for a three-point lead.

Now, back to the physicality. Justin Heffernan's whistle was broken. Next to nothing was being pulled. That was until Galway's aggression unnerved Cork to such an extent that Cork's nerve snapped.

First, the context before we arrive at the red. Ashling Thompson played a ground pass to Saoirse McCarthy. The Cork half-forward was swallowed robustly whole by Derval Higgins, Ailish O'Reilly, and Siobhan Gardiner. Possession broke to Donohue, Thompson fouled her. Carrie Dolan converted and Galway were five in front. 1-8 to 0-6.

Two minutes later and in the same area in front of the Hogan Stand, Katrina Mackey was the latest in

red to be swallowed. She handpassed to Laura Hayes. Such was the pressure on the half-back, she dropped possession out over the sideline. Niamh Mallon clinched her fist in pumped delight.

Before the sideline was taken, red mist. Hannah Looney raised her hand to Carrie Dolan's helmet after the Galway woman had shouldered her from behind unexpectedly. Contact was made and Hannah got the red. Cork down to 14 and five points down at the break.

To their credit, they got back up and nearly saved the day

Scorers for Galway: C Dolan (0-7, 0-7 frees); M Dillon (1-0); A O'Reilly (0-3); A Donohue (0-2); C Kelly, N Mallon (0-1 each).

Scorers for Cork: S McCarthy (0-4, 0-4 frees), O Cahalane (1-0); A O'Connor (0-3, 0-2 frees, 0-1 '45); A Thompson, E Murphy (0-2); H Looney, L Hayes (0-1 each).

Cork: A Lee; L Coppinger, P Mackey, M Cahalane; A Healy, L Treacy, L Hayes; H Looney, A Thompson; E Murphy, A O'Connor, S McCarthy; K Mackey, S McCartan, O Cahalane.

Subs: C Finn for Mackey (37); O Mullins for McCartan (40); Cliona Healy (Aghabullogue) for O'Connor (48); Maebh Murphy (Ballinora) for A Healy (56); K Wall for E Murphy (59) Referee: Justin Heffernan (Wexford).

## MUSKERRY JUNIOR CHAMPIONSHIPS 2025

#### Ross Oil Mid Cork

##### Junior A Football Championship

Two teams from each group to progress to play-off stages – 6 teams: top two to semi final stage and the other four to quarter final stage.

#### Group 1

Ballincollig 2-11 Donoughmore 1-13

Dripsey 3-13 Blarney 0-6

#### Round Two:

Ballincollig 2 v Blarney 0 at Ballyanley Friday Aug 22nd 6.30pm

Donoughmore 0 v Dripsey 2 at Blarney Sun Aug 24th at 6pm

#### Group 2

Grenagh 3-13 Aghinagh 2-15

Clondrohid 2-11 Kilmichael 1-13

#### Round Two:

Grenagh 2 v Clondrohid 2 on Friday Aug 22nd

Aghinagh 0 v Kilmichael 0 at Cloughduv, Sun Aug 24th at 6.30pm

#### Group 3:

Éire Óg 1-12 Beal Átha'n Ghaorthaidh 0-9

Kilmurru 2-10 Ballinora 0-8

#### Round Two:

Éire Óg 2 v Kilmurru 2 at Macroom, Sun Aug 24th, 16.45pm

Beal Átha'n Ghaorthaidh 0 v Ballinora 0 at Cill na Martra, Aug 24th 6.30pm

#### Ballincollig Credit Union

##### Junior B Football Championship

Aghinagh 1-14 Éire Óg 2-16

Canovee 1-14 Inniscarra 0-18

Cill na Martra 0-7 Naomh Abán 2-9

Grenagh 0-3 Aghabullogue 5-22

Uibh Laoire 2-12 Gleann na Laoi 0-1

Macroom 2-13 Donoughmore 1-6 aet



Kilmichael Junior Hurling team

(Donoughmore advance 6-5 on penalties)

#### Round Two

Iveleary v Donoughmore at Kilmichael Fri Aug 22nd at 7 pm

Aghabullogue v Éire Óg at Ballyanley, Monday 25th at 6.30pm

Ballincollig v Inniscarra at Donoughmore, Monday 25th 7pm

#### Junior B Football Plate

Aghinagh v Macroom at Rusheen Monday Aug 25th at 6.30pm

Grenagh v Canovee at Carrigadrohid Aug 25th at 7pm

#### MJK Oils

##### Mid Cork Junior A Hurling Championship

10 teams, 2 groups, top two in each to advance to semi final stage.

Group 1: A Ballincollig, B Inniscarra, C Donoughmore, D Blarney, E Aghabullogue

Group 2: A Ballinora, B Grenagh, C Dripsey, D Éire

Óg, E Kilmichael

Two rounds completed, three rounds to follow

Rd 3: B v D, A v E - C a bye

Rd 4: C v A, E v B - D a bye

Rd 5: A v B, C v D - E a bye

#### Group 1: Round Two:

##### Ballincollig 0-14 Blarney 0-11

##### Donoughmore 3-15 Aghabullogue 1-11

Aghabullogue: 1. Finny Foley 2. Denis Quinlan 3. Aidan Barry-Murphy 4. Daniel O'Leary 5. Oisín O'Connell 6. Killian Barry-Murphy 7. Fergal Gillespie 8. Daniel O'Sullivan 9. Shane Bermingham 10. Darragh O'Shea 11. John Buckley (C) 12. Sean O'Connell 13. Aodán Healy 14. Brian Dineen 15. Aaron O'Sullivan Scorers Aodán Healy 0-5 Brian Dineen 1-1 Aaron O'Sullivan 0-4 Sean O'Connell 0-2

Points table: Donoughmore 4, Blarney 2, Ballincollig 2, Inniscarra 0, Aghabullogue 0



Ballincollig (v Blarney): Ronan Cambridge, Ronan Power, Ciarán O'Sullivan, Cillian Power: Brian O'Sullivan, Diarmuid Ward, Conor Sexton: Shane Murphy, Ben O'Connell: Paul Cooney, Brendan O'Brien, Eoin Dwyer: Jack Murray, Dave Bowen, Ciarán Buckley. Blarney: Conor Murphy: Vincent O'Mahony. David Lordan, Callum O'Donoghue: Ben Ahern, Seán McSweeney, Kelvin Dunlea: Joey O'Dwyer, Joe Cronin: Cian Dunlea, Mark O'Leary, John Daniel Good: Darragh Rowley, Kevin Cremin, Luke Kendeilen.

#### Group 2: Round Two:

Ballinora 0-17 Éire Óg 0-16  
Dripsey 1-21 Kilmichael 1-17

Points table: Ballinora 2, Grenagh 2, Éire Óg 2, Dripsey 2, Kilmichael 0

#### Ballinora 0-17 Éire Óg 0-16

Champions Ballinora, in pursuit of their fifth consecutive MJK Oils Mid Cork Junior Hurling championship title, had a rather fortunate victory over Éire Óg in their first outing of the 2025 campaign. Éire Óg, led the champions for most of the game and the winning point came deep in time added leaving Éire Óg to reflect on the many opportunities wasted. Shane Kingston was the saviour for Ballinora here. Returning after a lengthy injury break, he was introduced from the subs bench ten minutes from time when Ballinora were struggling to shake off the Éire Óg challenge and contributed three of the last four points for his side, the last one a marvellous effort from play and from a distance in the 62nd minute to give his side victory and leave Éire Óg shattered. Éire Óg had the benefit of the wind in the first half, started well with a Kevin Beechinor point within a minute, but Ballinora responded with points from Ben Mayer and Kevin Murphy before Ronan O'Toole levelled the scores at 0-2 each after seven minutes. Darragh Coakley put Éire Óg back in the lead, Alan O'Shea replied before Seán Hurley put the Ovens men back in front and they outscored the champions by seven points to four from here to the interval when they led by 0-11 to 0-7.

On the resumption, Alan O'Shea and Seán Hurley swapped points, O'Shea and Danny Dineen added two for Ballinora, Hurley pointed a free on 39, now 0-13 to 0-10 in favour of Éire Óg. Ballinora were struggling against a very competent Éire Óg defence but the champions kept battling and point by point had drawn level by the 46th minute.

The very exciting final stages witnessed a tremendous battle between two committed teams and it took the outstanding point from Shane Kingston to win the day for Ballinora.

Ballinora: Barry Crowley: Pat Fitton, Colin O'Flynn, Tim Forde: Mark O'Brien, Conor Quirke, Michael Quirke: Neil Lordan, James Byrne: Darragh Holmes, Robert Quirke, Kevin Murphy: Alan O'Shea, James Keohane, Ben Mayer. Subs: Danny Dineen ht, Ivan Quirke 36, Liam Lyons 40, Shane Kingston 48, Darragh Corkery 55 Éire Óg: Éoin O'Shea: Kevin Cooper, John Kelleher, Chulainn Malone: Cillian Murphy, Kevin Beechinor, Colm Clifford: Micheál Sheehan, Eoin Kelleher: Darragh Coakley, Ronan O'Toole, Fintan O'Leary: Seán Hurley, Brian Thompson, Brian Hurley. Subs: Daniel Dineen, Josh McCarthy 45, Keith O'Riordan 50. Referee: David Copps, Donoughmore.

#### Dripsey 1-21 Kilmichael 1-17

Kilmichael suffered their second defeat in the completion and again it was a very close affair with the winning goal coming very late in the game.



Inniscarra Junior Hurlers 2025 Team

Kilmichael: Stephen O'Leary: Gerard Murpohy, Shane Foley, Luke Hennigan: Danny Horgan, Eoghan Murphy, Brendan Cotter: Ronan Murphy, Brian Horgan: Conor Cotter, Cathal Foley, Andrew Kelleher: Finbarr Buckley, Chris O'Connell, Cian McCarthy  
Next Round: Kilmichael v Grenagh – another tough challenge.

#### Cork GAA County Championship 2025 Football

Colleges/Divisions Final: Duhallow 4-9 Muskerry 0-13

#### Premier Senior Football

Group 1: Castlehaven 2, Mallow 0, Newcestown 2, Valley Rovers 0  
Group 2: St Finbarr's 2, Clonakilty 0, Carbery Rangers 0, Carrigaline 2  
Group 3: Nemo Rangers 2, Ballincollig 0, Douglas 2, St Michael's 0  
Fixture:  
Ballincollig v St Michaels at P Uí Rinn, Sunday Aug 24th at 3.45pm

#### Senior A Football

Group 1: Éire Óg 2, Kanturk 0, Kilshannig 2, Newmarket 0  
Group 2: Knocknagree 1, Cill na Marta 1, Clyda Rovers 2, Fermoy 0  
Group 3: Bishopstown 2, Dohenys 0, Béal Átha'n Ghaorthaidh 1, O'Donovan Rossa 1  
Fixtures:  
Fri 22nd: Cill na Martra v Fermoy at Ovens 7.30pm  
Sat 23rd: Béal Átha'n Ghaorthaidh at Inchigeela, 6.230pm  
Sat 23rd: Éire Óg v Newmarket at Carrigadrohid 6.30pm

#### Premier Intermediate Football

Group 1: Aghabullogue 2, Bantry Blues 0, Aghada 0, Nemo Rangers 2  
Group 2: Rockchapel 0, Naomh Abán 2, Bandon 0, Glanmire 2  
Group 3: Kiskeam 0, Iveleary 2, Castletownbere 2, Macroom 0  
Fixtures:  
Sat 23rd: Aghabullogue v Nemo Rangers at Cloughduv 4.30pm  
Sat 23rd: Macroom v Kiskeam at Dromtariffe, 6.30pm  
Sun 24th: Naomh Abán v Glanmire at Coachford 4pm  
Sun 24th: Iveleary v Castletownbere at Kealkill 4pm

#### Intermediate A Football

Group 1: Adrigole 2, Glanworth 0, Ballinora 2, St Finbarr's 0

Group 2: Gabriel Rangers 2, Mitchelstown 0, Dromtariffe 0, Kildorrery 2

Group 3: Ilan Rovers 2, Boherbue 0, Kilmurry 2, St Vincent's O'Fuixtures:

#### Fixtures:

Sat 23rd: Kilmurry v Ilan Rovers at Rossmore, 6.30pm  
Sun 24th: Ballinora v Glanworth at P Uí Rinn, 2pm

#### Premier Junior Football

Group 1: Urhan 0, Canovee 2, Ballydesmond 1, St Nick's 1  
Group 2: Na Piarasigh 2, Kinsale 0, Cobh 0, Cullen 2  
Group 3: Buttevant 2, Glenville 0, Inniscarra 2, Millstreet 0  
Fixtures:  
Sat 23rd: Inniscarra v Glenville at Carraig na bhFear 4.30pm  
Sun 24th: Canovee v St Nicks at Ballyanley 2pm

#### HURLING

#### Premier Senior Hurling

Group 1: Sarsfields 4, Glen Rovers 4, Erin's Own 0, Fr O'Neill's 0  
Group 2: Midleton 3, Charleville 4, Newcestown 1, Newtownshandrum 0  
Group 3: Blackrock 4, St Finbarr's 2, Kanturk 1, Douglas 1

#### Senior A Hurling

Group 1: Carrigtwohill 4, Fermoy 2, Killeagh 2, Na Piarasigh 0  
Group 2: Castlelyons 4, Inniscarra 4, Bishopstown 0, Ballyhea 0  
Group 3: Bride Rovers 4, Blarney 2, Watergrasshill 2, Courcy Rovers 0

#### Inniscarra 2-12 Bishopstown 1-13

Following their opening round win against Ballyhea, Inniscarra assured themselves of a place in the play off stages with a hard earned win over Bishopstown who now will be battling Ballyhea to avoid relegation play-off worries.

Two second-half goals inside four minutes from corner forward Pádraig Holland were crucial, the first came in the 36th minute, when he blasted to the net after a great pass from wing back Brian Daly and the second just two minutes later, a scrambled effort which halted a good Bishopstown spell.

In the tricky windy conditions it was Bishopstown who had the better start and after the opening quarter, 'Town led 0-3 to 0-2. 'Scarra hit four in a row from two Enright frees, Frank Horgan and Cameron Lynch from play as Inniscarra took a grip on proceedings, Brian Daly stretched that lead to three but a cracking 'Town 26th minute goal had the sides level at the break 1-5 to 0-8.

Bishopstown again started strongly and went two



points clear until those two quick Holland goals had the Muskerry men flying. Cameron Lynch also fired over a point as Inniscarra led 2-9 to 1-8 entering the final quarter. Niall Buckley stretched Inniscarra's lead to five but Bishopstown came back at the winners hard. With time running out and leading by just a point Holland struck again with a fine point for Inniscarra whose final game against Castlelyons may determine which team will advance directly to the semi final stage. Scorers for Inniscarra: P. Holland 2-2 (0-1 f), J. Enright 0-5 f, C. Lynch 0-2, F. Horgan, B. Daly, N. Buckley 0-1 each.

Inniscarra: Eoin O'Neill; David Keane, Con O'Leary, Cormac Dineen; Seán Sheehan, Seán O'Donoghue, Brian Daly; Joseph Enright, Frank Horgan; Jonathan Keane, Mark Nagle, Cameron Lynch; Daniel Murphy, Andrew McCarthy, Pádraig Holland. Subs: Niall Buckley h-t, Tadhg Lyon's 40, Sean Murphy 51.

### **Blarney 3-24 Watergrasshill 0-12**

Blarney produced an awesome second-half display to secure the all-important win against Watergrasshill in the Co Op Superstores Senior A Hurling Championship at Grenagh. Blarney had lost their opening game in this group to Bride Rovers, were in danger of elimination from the championship, but Cork hurling star Mark Coleman was simply awesome from start to finish and his nine-point tally proved crucial to his team's emphatic win. Blarney know that they need a result against Courcy Rovers in the last group game.

It was evident from the throw in that both teams were up for battle as the game was played at a ferocious pace. In the 10th minute, the gap was the minimum but Watergrasshill, they were held scoreless for 11 minutes as Blarney increased their lead to five points. Just on half time

Denis McSweeney cleared to Cathal McCarthy and the corner-forward passed to Cian Barrett who drilled an unstoppable shot to the roof of the net. Blarney led 1-13 to 0-9 but Watergrasshill would have the wind advantage for the restart.

Watergrasshill scored in the 32nd minute but they went 18 minutes without scoring again. McCarthy was on hand to register the second Blarney goal midway through the half and another in the final minutes with Mark Coleman hitting inspirational points.

Scorers for Blarney: M Coleman 0-9 (0-4 f, 0-2 65), C McCarthy 2-3, C Barrett 1-0, S Barrett 0-3 f, D McSweeney 0-3, J Murphy, E Kirby 0-2 each, C Power, A McEvoy 0-1 each.

Blarney: P Hallissey; A McEvoy, C Power, S Crowley; D Murphy, P Crowley, M Coleman; O Hegarty, S Mullane; D McSweeney, S Barrett, E Kirby; S Mulcahy, C Barrett, C McCarthy. Subs: J Murphy 42, C Hegarty 52, K Cremin 53, W Crowley 55.

### **Premier Intermediate Hurling**

Group 1: Cloyne 4, Carrigaline 2, Ballymartle 2, Éire Óg 0

Group 2: Ballincollig 2, Ballinhassig 2, Castlemartyr 2, Kilworth 2

Group 3: Dungourney 4, Valley Rovers 2, Lisgoold 2, Mallow 0

### **Carrigaline 1-27 Éire Óg 1-19**

Éire Óg hurlers are now unable to proceed to the knock-out stages in the PIHC after this second group stage defeat at Cloughdub. Carrigaline rescued their hopes and could advance to the knock-out stages if they also defeat neighbours Ballymartle in the final round. Éire Óg will meet group leaders Cloyne, a clash vital to both teams for different reasons.

Over the hour they were the better side, but it took a late goal to ensure the group points went their way.

Carrig started well and were 0-7 to 0-1 in front after 11 minutes, Kevin Hallissey the Éire Óg scorer. Points were twice exchanged, Lar Considine and Eoin O'Shea pointed from a free for Éire Óg before Carrig went further in front but points from Daniel Healy and Johnny Galvin left four between the sides, and Dan Healy made it 0-12 to 0-5 after 25 minutes. Éire Óg then had their best spell of the half, with Colm O'Callaghan on target, before another free from Eoin O'Shea made it 0-7 to 0-12, Hallissey and Eoin O'Shea reduced the deficit to three, before late points from Brian Kelleher and Rob O'Shea saw Carrigaline lead by 0-14 to 0-9 at half-time.

On the resumption, two early points for Carrigaline, were matched by points from

Considine and Dan Healy and a Johnny Galvin score was followed by two from Eoin O'Shea with Eoin O'Shea replying at the other end and it was 0-18 to 0-14, on 43. This was pushed out to 0-23 to 0-19 with five minutes to go and the killer goal followed in the 58th minute. Éire Óg lost a man to a red card, Johnny Galvin got a goal back for Éire Óg, but three more points secured the win for Carrigaline.

Scorers for Éire Óg: E O'Shea 0-7 (0-5 f, 0-1 65), J Galvin 1-2, L Considine, K Hallissey 0-3 each, D Healy 0-2, C O'Callaghan, O O'Shea 0-1 each.

Éire Óg: C Sheehan; J Mullins, D Herlihy, D McCarthy; D Dineen, C McGoldrick, M Brady; L Considine, J Galvin; D Casey, E O'Shea, C O'Callaghan; D Clifford, 49).

Éire Óg: E O'Shea 0-7 (0-5 f, 0-1 65), J Galvin 1-2, L Considine, K Hallissey 0-3 each, D Healy 0-2, C O'Callaghan, O O'Shea 0-1 each.

Éire Óg: Cathal Sheehan; John Mullins, Dermot Herlihy, Dara McCarthy; Diarmuid Dineen, Conor McGoldrick, Matt Brady; Lar Considine, Johnny Galvin; David Casey, Eoin O'Shea, Colm O'Callaghan; Darragh Clifford, Dan Healy, Kevin Hallissey. Subs: Mark Kelleher 44, Oisín O'Shea 49.

### **Ballincollig 2-23 Kilworth 1-14**

Ballincollig got back to winning ways with an impressive victory over Kilworth at Rathcormac. Two first-half goals from Cian O'Driscoll and Adam Wills set the tone but the Village had eight different scorers in an impressive team performance.

Free-taker Stephen Wills had an outstanding game while two monster long-range points from the returning David O'Sullivan were a real boost for the winners. Ballincollig will be pleased with the manner of the victory after suffering a defeat in the opening round against Ballinhassig.

Aided by the breeze, Ballincollig started brightly, Cian O'Driscoll broke inside the cover for a superb goal, 1-4 to 0-3 after 12 minutes for the Village.

Ballincollig goalkeeper James Linehan made a superb point-blank save and further points from Brian Keating, Stephen Wills (free) and an excellent individual goal from Adam Wills put real daylight between the sides.

The victors piled on the pressure and points from O'Driscoll, O'Sullivan (2), Keating and Theo Morgan effectively ended this game as a contest, 2-14 to 0-6 at halftime.

On resumption, there was no let-up from Ballincollig, who added points from Stephen Wills and Theo Dorgan. Ballincollig remained in control though with Tadhg O'Connell, Stephen Wills and Cian O'Driscoll landing terrific points from play. Kilworth added a few placed efforts in the closing quarter and a goal from a penalty.

Scorers for Ballincollig: S Wills 0-9 (0-7 f), C O'Driscoll

1-2, M Oldham 0-4, A Wills 1-1, B Keating, T Morgan, D O'Sullivan 0-2 each, T O'Connell 0-1.

Ballincollig: J Linehan; F Denny, J Murray, B Dore; D O'Leary, D O'Sullivan, B Coleman; T O'Connell; T Morgan; B Keating, S Wills, C Dorgan; A Wills, C O'Driscoll, M Oldham.

Subs: D O'Mahony 40, S O'Neill 50, P Morris 54, C Dalton 55, P Kelly 56.

### **Intermediate A Hurling**

Group 1: Midleton 4, Bandon 2, Russell Rovers 2, Mayfield 0

Group 2: Aghabullogue 4, Sarsfields 4, Blackrock 0, Youghal 0

Group 3: Aghada 3, Erin's Own 2, Kildorrery 2, Ballygiblin 1

### **Aghabullogue 2-22 Youghal 2-11**

Helped by a goal from John Corkery in the 20th minute, and a string of points from Mathew Bradley frees, Aghabullogue led by 1-10 to 1-5 at half time. Youghal staged a strong rally on the resumption and had the gap down to a single point, 1-13 to 2-9 on 42 but Aghabullogue showed that they are in form with a tremendous last quarter performance, led by scoring ace Mathew Bradley. Bradley's two points followed by one each from Breandán O'Sullivan and Odhran O'Sullivan increased the Aghabullogue lead to five points, 1-17 to 2-9 within five minutes, a point from Luke Casey and two more from Odhran followed and then Mathew Bradley fired in a second goal for winners on 57- outcome assured!

Scorers for Aghabullogue: M Bradley 1-8, John Corkery 1-1, Odhran O'Connell 0-4, L Casey 0-3, Js Foley 0-2, S Tarrant 0-2, C Timmons, B O'Sullivan.

Aghabullogue: Ian BarryMurphy: Tom Long, Cillian Timmons, Breandán O'Sullivan: Colm Gillespie, Pauric O'Sullivan, TJ Buckley: Odhran O'Connell, Paul Ring: Luke Casey, Shane Tarrant, James Foley: Mathew Bradley, John Corkery, James Lane. Subs Seánie Furey 48, Cian Furey 52

### **Premier Junior Hurling**

Group 1: Glen Rovers 4, St Catherine's 2, St Finbarr's 2, Meelin 0

Group 2: Kilbrittain 4, Cloughdub 2, Nemo Rangers 2, Barryroe 0

Group 3: Argideen Rangers 4, Ballygarvan 2, Tracton 2, Milford 0

### **Kilbrittain 2-17 Cloughdub 1-17**

Last RD: Cloughdub v Barryroe

Cloughdub scorers: Aodh Twomey 1-2, Mark Verling 0-6 (0-2f), Mark Walsh 0-2, Aidan Murphy 0-2, Sean O'Leary, Colm O'Leary, Aidan O'Leary, Eoin McNabola and Eoghan Clifford 0-1 each.

Cloughdub: Stephen O'Donoghue: James Moynihan, Pádraig O'Driscoll, Liam Kelleher: Sean Barry, Odhran O'Driscoll, William Ahern: Eoghan Clifford, Aaron Elliot: Mark Verling, Aidan Murphy, Ciarán Canty: Sean O'Leary, Aodh Twomey, Aidan O'Leary. Subs: All second half- Mark Walsh, Eoin McNabola, Max O'Leary, Colm O'Leary.

### **Cork County Senior Hurling Championship**

#### **Colleges/Divisions section**

#### **Divisional section semi finals:**

Muskerry 4-15 UCC 0-21;

Imokilly 2-32 Avondhu 1-17

#### **Muskerry 4-15 UCC 0-21**

Four goals, two in each half, were crucial as Muskerry recorded their third win in a row in the Colleges/



Divisions section of the Co-Op Superstores County Senior Hurling Championship at Riverstown. This win, a repeat of their win over UCC in last year's semi final means Muskerry now advance to the section final against Imokilly, another repeat of last year when Imokilly simply demolished the Muskerry challenge, to qualify for the Premier Senior Hurling quarter-finals.

Helped by a 1-9 contribution from the Aghabullogue talisman Mathew Bradley, 0-4 from frees, it only took Muskerry 30 seconds to open proceedings courtesy of a James Foley point. UCC were soon level but were stunned in the third minute by a superb Muskerry goal. Colm O'Callaghan gathered the ball 40 yards from goal as he showed incredible pace before unleashing an unstoppable shot to the corner of the net. UCC hit three consecutive points but Muskerry responded. O'Callaghan showed tremendous pace and craft to find James Lane, who finished into the empty net, 2-3 to Muskeery, 0-5 to UCC. Before half time Mathew Bradley had fired over 0-4 and Colm O'Callaghan 0-3 to make it 2-10 to 0-9 at the break.

Another Bradley point for Muskerry on the resumption was answered by four in a row for UCC, and James Walsh in the Muskerry goal denied the students with a super save on 39. Mathew Bradley steadied Muskerry nerves with two points from frees to leave two goals between the sides in the 43rd minute but UCC came back with a point to keep in contention. The third Muskerry goal, set up by Kevin Murphy and finished to the net by James Foley on 45, was a major boost for Muskerry, Shane Tarrant added a point, 3-15 to 0-15 but UCC hit back with five points in a row as Muskerry relaxed, 3-15 to 0-20, four points between the teams. To relieve Muskerry anxiety, Mathew Bradley belted home goal No.4 in the 57th minute and victory for Muskerry was well deserved.

Scorers for Muskerry: M Bradley 1-9 (0-6 f), C O'Callaghan 1-4, J Lane 1-1, J Foley 1-0, S Tarrant 0-1.

Muskerry: James Walsh (Grenagh); Padraig O'Sullivan (Aghabullogue), Cillian Timmons (Aghabullogue), Rory Honohan (Donoughmore); Matt Brady (Éire Óg), Conor McGoldrick (Éire Óg), William Aherne (Cloughduv); Shane Tarrant (Aghabullogue), Mark O'Connell (Dripsey); Seán Joyce (Grenagh), James Foley (Aghabullogue), Colm O'Callaghan (Éire Óg); Mathew Bradley (Aghabullogue), James Lane (Aghabullogue), Daniel Twomey (Grenagh).

Subs: Oisín O'Shea (Éire Óg) 37, Kevin Murphy (Ballinora) 37, Ted Twomey (Grenagh) 48, Adam Dinan (Donoughmore) 53, Jack Devine (Cloughduv) 58.

UCC: No 4: James Byrne (Ballinora);

### Tom Creedon Cup 2025, sponsored by Fitzgerald's Macroom Bookshop

#### Semi Finals:

Knocknagree 0-16 Kilmurry 0-12

Naomh Abán 0-15 Macroom 0-9

#### Knocknagree: 0-16 Kilmurry: 0-12

Senior A side, Knocknagree had to fight hard for this win over last year's Premier Junior champions Kilmurry in a very entertaining Tom Creedon Cup semi-final at the Castle Grounds in Macroom, a game played before a fine attendance.

Knocknagree trailed by a point at half-time and then led by a mere point going into the last 10 minutes before finishing strong to win by four.

Kilmurry were the better team early on but didn't truly make it count on the scoreboard. The Muskerry men had the aid of a slight breeze, and opened the scoring with a Ruadhán Ó Curraoin point but it was



Miaghchromtha, pic le Nóra Uí Luasa



Naomh Abán a bhuaigh i gcoinne Maighchromtha in the Tom Creedon Cup. pic le Nóra Uí Luasa.

0-7 to 0-3 after 17 minutes in favour of the Duhallow men. Kilmurry finished the half strongly to lead by 0-9 to 0-8 at half time.

The Duhallow side would add points on the resumption from Niall O'Connor and a Denis R O'Connor free before an Anthony O'Connor two-point free pushed his team 0-12 to 0-9 ahead after 36 minutes. Kilmurry replied with points from Denis O'Mullane and Ó Curraoin to cut the deficit to the minimum. Points were exchanged, 0-13 to 0-12 after 47 minutes, but Kilmurry were not to score again, as Knocknagree added three points.

Scorers for Kilmurry: D O'Mullane 0-6 (1 2pt, 0-1 f), R Ó Curraoin 0-4 (0-2 f, 0-1 45), John O'Mullane 0-2 (1 2pt).

Kilmurry: Jason McDonnell; Aaron O'Mahony, W Ronan (c), B Hinchion; T Collins, K Kelleher, A Aisling; James O'Mullane, C Kelleher; Joe O'Mullane, R Ó Curraoin, L Aisling; S O'Leary, John O'Mullane, D O'Mullane.

Subs: R Duggan 14, M O'Leary and O McDonald both 46, L Wall 51, P Hinchion 56.

#### Naomh Abán 0 - 15 Macroom 0 - 9

Naomh Abán had a relatively comfortable win over holders Macroom in the semi final of the Tom Creedon Cup at Macroom and will now meet Knocknagree in the final. It was a disappointing encounter as the Gaeltacht men controlled the second half and never looked in danger of being reined in.

The opening half was played at a leisurely pace, Pa Lucey kicking the opening point after three minutes, Seán Ó Riordáin equalising for N Abán on 7 and then after a scoreless period, Ed Ó Mir put N Abán in front in the 14th minute and they held an advantage to the finish. Points from Dara Ó Laoire and Ó Mir increased the winner's lead as Macroom found scoring difficult, a point from a Pa Lucey free on 23 a meagre reward for their amount of possession but a subsequent point from Eolan O'Leary in the 27th minute cut the deficit to the minimum. N Abán inflicted severe damage to Macroom hopes in the two minutes before half time when Maidhchí Ó Duinnín kicked a two-pointer from play and another from a free to leave his side now 0-8 to 0-3 in front and comfortable.

Macroom enjoyed a brief recovery period on the

resumption and Pa Lucey had a two-pointer from play and then pointed a free, Mike Ó Liatháin replying to leave the visitors three points clear after ten minutes. Macroom then got a glorious opportunity of getting back in live contention when awarded an undisputed penalty in the 42nd minute but goalkeeper Éoin Ó Luasa got a leg to Seán Kiely's effort from the spot and Macroom had to be content with Pa Lucey's point from the '45' which followed.

Naomh Abán took over following the penalty miss and put the scores on the board to make the outcome certain as Macroom were unable to prise open the N Abán defence in which Chris Ó Deasúna and Ciarán Ó Luasa were commanding in the centre. Two points from Danny Ó Ceallaigh, a third two-pointer from Maidhchí Ó Duinnín, and a punched effort from Ed Ó Mir had the gap between the teams at seven points, 0-14 to 0-7 by the 21st minute and as a contest thus game was over, a two-pointer from Pa Lucey for Macroom, a Maidhchí Ó Duinnín point for the winners from a free and a super save by Macroom goalkeeper Declan Kiely from a Seamus Hendy close range shot the only notable features before the final whistle sounded.

Scorers: Naomh Abán: M Ó Duinnín 0-7 (1x2pt, 2x2ptf), E Ó Mir 0-3, D Ó Ceallaigh 0-2, S Ó Riordáin, D Ó Laoire, M Ó Liatháin 0-1 each. Macroom: P Lucey 0-8 (2x2pt, 0-1f, 0-1 45), E O'Leary 0-1.

Naomh Abán: Éoin Ó Luasa; Seamus Hendy, Criostóir Ó Deasúnaigh, Colm de Róiste; Jack Ó Donnchú, Ciarán Ó Luasa, Éanna Ó Criodáin; Seán Ó Riordáin, Caoimhín Ó Donnchú; Wayne MacCarthaigh, Maidhchí Ó Duinnín, Marc Ó Críod; Ed Ó Mir, Dara Ó Laoire, Danny Ó Ceallaigh Subs: Maidhchí Ó Liatháin ht, Donnadh Ó Ceocháin and Finlay Walker, both 43, Niall Ó Ceallaigh and Seamus Ó Mathúna, both 54, Fionn Ó Loingsigh 58, Colm de hÍde 59.

Macroom: Declan Kiely; Paul O'Farrell, Rory Buckley, Cormac Burke; Tony Dineen, Mark Corrigan, Shane Meaney; Cillian Donovan, Caleb Dineen; Michael Cronin, Eolan O'Leary, Cormac Buckley; Seán Kiely, Patrick Lucey, Dylan Twomey. Subs: Johnny Murphy 6, Mark Hunt and Don Creedon, both ht, Mark Condon 40, Jack O'Riordan 55.

Referee: Conor McCarthy (Carbery Rangers).



### Muskerry Gaa

#### Macroom Motors Mid Cork U21 Football Championship Finals

U21 A Football: Final: Ballincollig 2-15 Éire Óg 0-15 aet.

U21 B Football: Final: Donoughmore v Inniscarra

U21 C Football: Final: Blarney 1-8 Iveleary/Dripsey 0-10

#### Macroom Motors U21 A Final:

Ballincollig 2-15 Éire Óg 0-15 after extra time Ballincollig regained the Macroom Motors U21 'A' Muskerry Football championship crown after a lapse of one year and made it three titles in four years with a thrilling victory over their neighbours Éire Óg in perfect conditions at Ballyanley. Victory did not come easily and Éire Óg led by 0-7 to 0-2 after the opening quarter and looking by far the better focussed side. Ballincollig were struggling and their efforts at scoring had their supporters in near despair. Éire Óg, in contrast, had their enterprising play rewarded with a string of scores, including two two-pointers, Colm Quigley from play and goalkeeper Brendan Linehan from a free. Ballincollig did get two points back early in the second quarter but their errant shooting continued, including two missed golden goal opportunities and wasted free kicks, and when the excellent Colm Clifford sent over a late point for Éire Óg the Ovens side led by 0-8 to 0-3.

In the 25th minute Ballincollig had introduced Danny Miskella into their attack and the influence the Cork U20 player had on the outcome was enormous. Within seven minutes of the restart Ballincollig had drawn level at 1-6 to 0-9, with two points from Miskella and another from Pete Kelly preceding a penalty slammed home by Miskella, awarded after a foul on Jack Murray, who then levelled the scores in the 37th minute. Éire Óg instantly replied with a Daniel Healy point to regain the lead and when they added two points from Johnny Galvin and another from Michael Murphy they were four points clear again, 0-13 to 1-6. Éire Óg now had an attacker black carded on 47 and Ballincollig availed of the extra man to inflict damage before his return with points from Ciarán Buckley, Pete Kelly, Miskella and Buckley again bringing them level at 1-10 to 0-13 in the 58th minute. As the game went into three minutes added time, Colm Clifford kicked Éire Óg back into the lead but to the delight of the Ballincollig supporters Pete Kelly punched over an equaliser in the dying seconds to force the game into extra time.

Éire Óg regained the initiative with a point from a Darragh Clifford free in the opening minute of extra time but instantly Ballincollig were back on level terms when Miskella scored from a free kick, advanced for dissent. In the 6th minute, Miskella put Ballincollig into the lead for the first time since their opening point an hour earlier, and The Village tacked on two points from Seán O'Neill, who had hit a purple patch, to lead by 1-15 to 0-15 at the short interval. Éire Óg were now wasting scoring opportunities as Ballincollig slowed down the pace with a keep-ball strategy. Pete Kelly wrapped up the victory for Ballincollig a minute from time when he palmed home the final cross after a build up involving four of his forward colleagues.

Victory to Ballincollig, but credit to both clubs and to referee Peter O'Leary and his team of officials for providing an exceptional contest.

Scorers for Ballincollig: D Miskella 1-5 (1-0 pen, 0-2 f), P Kelly 1-3 (0-1 f), C Buckley 0-3, S O'Neill 0-2, D O'Leary (45), J Murray 0-1 each.

Éire Óg: J Galvin (0-2 f), D Healy 0-3 each, C Quigley (1 2pt), B Lenihan (1 2pt f), C Clifford 0-2 each, M

Sheehan, D Clifford (f), M Murphy 0-1 each.

Ballincollig: Dave Hurley; Cillian Power, Brian Dore, Ronan Power; Theo Morgan, Conor Dalton, Tadgh O'Connell (c); Ben O'Connell, Brian Moore; George Howard, David O'Leary, Seán O'Neill; Ciarán Buckley, Pete Kelly, Jack Murray.

Subs: Danny Miskella for T Morgan (25), Cian O'Connor for B Moore, Kevin O'Leary for J Murray (both 41), Peter Rose for R Power (68), Cian Ahern for P Kelly (80).

Éire Óg: Brendan Linehan; Darragh O'Regan, Shane O'Callaghan, Cillian Murphy; Eoin O'Shea, Colm Clifford (c), Micheál Sheehan; Darragh Clifford, Mark O'Connor; Seán Murphy, Johnny Galvin, Colm Quigley; Seán Hurley, Daniel Healy, David Casey.

Subs: Michael Murphy for S Hurley (36), Mathew Broderick for M O'Connor (41), Ethan Hyde for D Casey (46), Chulainn Malone for C Quigley (55), Oisín McLaughlin for S Murphy (58), Fintan O'Leary for E O'Shea (61), Kevin Beechinor for M Broderick (68), Daniel McCarthy for D Healy, Conor Eagles for D O'Regan (both 71).

Referee: Peter O'Leary (Cloughduv).

#### Cork County Championship Fixtures

##### McCarthy Insurance Group Football Cship R2

Fri, Aug 22nd @7.30pm PSFC G1 Rd2 Mallow v Newcestown in Macroom

Fri, Aug 22nd @7.30pm PSFC G3 Rd2 Nemo Rangers v Douglas in Páirc Uí Rinn

Fri, Aug 22nd @7.30pm SAFC G2 Rd2 Cill na Martra v Fermoy in Ovens

Sat, Aug 23rd @4.30pm PIFC G1 Rd2 Aghabullogue v Nemo Rangers in Cloughduv

Sat, Aug 23rd @4.30pm PIFC G1 Rd2 Bantry Blues v Aghada in Kilmichael

Sat, Aug 23rd @4.30pm IAFC G1 Rd2 Adrigole v St. Finbarr's in Skibbereen

Sat, Aug 23rd @4.30pm IAFC G2 Rd2 Gabriel Rangers v Kildorrery in Belgooly

Sat, Aug 23rd @4.30pm PJFC G1 Rd2 Urhan v Ballydesmond in Cill na Martra

Sat, Aug 23rd @4.30pm PJFC G3 Rd2 Glenville v Inniscarra in Carrignavar

Sat, Aug 23rd @6.30pm PSFC G1 Rd2 Castlehaven v Valley Rovers in Clonakilty

Sat, Aug 23rd @6.30pm SAFC G1 Rd2 Éire Óg v Newmarket in Carrigrohoid

Sat, Aug 23rd @6.30pm SAFC G3 Rd2 Dohenys v Béal Áth an Ghaorthaidh in Inchigeela

Sat, Aug 23rd @6.30pm PIFC G2 Rd2 Rockchapel v Bandon in Clondrohid

Sat, Aug 23rd @6.30pm PIFC G3 Rd2 Kiskeam v Macroom in Dromtariffe

Sat, Aug 23rd @6.30pm IAFC G3 Rd2 Ilen Rovers v Kilmurry in Rossmore

Sat, Aug 23rd @6.30pm PJFC G2 Rd2 Kinsale v Cullen in Ballyvourney

Sat, Aug 23rd @7pm PJFC G3 Rd2 Buttevant v Millstreet in Mallow

Sun, Aug 24th @2pm PJFC G1 Rd2 Canovee v St. Nick's in Ballyanley

Sun, Aug 24th @2pm IAFC G2 Rd2 Mitchelstown v Dromtariffe in Glantane

Sun, Aug 24th @2pm IAFC G3 Rd2 Boherbue v St. Vincent's in Kilmurry

Sun, Aug 24th @2pm PJFC G2 Rd2 Na Piarasigh v Cobh in Caherlag

Sun, Aug 24th @2pm IAFC G1 Rd2 Glanworth v Ballinora in Páirc Uí Rinn

Sun, Aug 24th @4pm PSFC G3 Rd2 Ballincollig v St. Michael's in Páirc Uí Rinn

Sun, Aug 24th @2pm PSFC G2 Rd2 Clonakilty v Carrigaline in Bandon

Sun, Aug 24th @4pm PSFC G2 Rd2 St. Finbarr's v Carbery Rangers in Bandon

Sun, Aug 24th @4pm SAFC G1 Rd2 Kanturk v Kilshannig in Ballyclough

Sun, Aug 24th @4pm SAFC G2 Rd2 Knocknagree v Clyda Rovers in Newmarket

Sun, Aug 24th @4pm SAFC G3 Rd2 Bishopstown v O'Donovan Rossa in Ballinascairthy

Sun, Aug 24th @4pm PIFC G2 Rd2 Naomh Abán v Glanmire in Coachford

Sun, Aug 24th @4pm PIFC G3 Rd2 Uibh Laoire v Castletownbere in Kealkill

Aug 29th - 31st Club Free Weekend\*

Sun, Aug 31st @7pm Div/Col H Final Imokilly v Muskerry

#### County Fixtures

Tues, Sept 2nd @8pm Sept 5th - 7th Club H Cship R3 Co-Op Superstores Hurling Cship R3

Fri, Sept 5th @7.30pm PJHC G1 Rd3 Glen Rovers v Meelin in Mallow

Fri, Sept 5th @7.30pm PJHC G1 Rd3 St. Catherine's v St. Finbarr's in Carrigtwohill

Fri, Sept 5th @7.30pm PJHC G2 Rd3 Cloughduv v Barryroe in Páirc Uí Rinn

Fri, Sept 5th @7.30pm PJHC G2 Rd3 Nemo Rangers v Kilbrittain in Ovens

Fri, Sept 5th @7.30pm PJHC G3 Rd3 Ballygarvan v Argideen Rangers in Macroom

Fri, Sept 5th @7.30pm PJHC G3 Rd3 Milford v Tracton in Mournabbey

Sat, Sept 6th @4.30pm IAHC G1 Rd3 Mayfield v Bandon in Ballinhassig

Sat, Sept 6th @4.30pm IAHC G1 Rd3 Middleton v Russell Rovers in Castlemartyr

Sat, Sept 6th @4.30pm IAHC G2 Rd3 Aghabullogue v Sarsfields in Ballymaw

Sat, Sept 6th @4.30pm IAHC G2 Rd3 Blackrock v Youghal in Cobh

Sat, Sept 6th @4.30pm IAHC G3 Rd3 Ballygiblin v Aghada in Páirc Uí Rinn

Sat, Sept 6th @6.30pm SAHC G2 Rd3 Castlelyons v Inniscarra in Páirc Uí Rinn

Sat, Sept 6th @4.30pm IAHC G3 Rd3 Erin's Own v Kildorrery in Dungourney

Sat, Sept 6th @6.30pm SAHC G1 Rd3 Killeagh v Carrigtwohill in Aghavine

Sat, Sept 6th @6.30pm SAHC G1 Rd3 Na Piarasigh v Fermoy in Lisgoold

Sat, Sept 6th @6.30pm SAHC G2 Rd3 Bishopstown v Ballyhea in Buttevant

Sat, Sept 6th @6.30pm SAHC G3 Rd3 Blarney v Courcy Rovers in Newcestown

Sat, Sept 6th @6.30pm SAHC G3 Rd3 Bride Rovers v Watergrasshill in Ballynoe

Sun, Sept 7th @2pm PIHC G1 Rd3 Carrigaline v Ballymartle in Minane Bridge

Sun, Sept 7th @2pm PIHC G1 Rd3 Cloyne v Éire Óg in Mayfield

Sun, Sept 7th @2pm PIHC G2 Rd3 Ballincollig v Castlemartyr in Carrigtwohill

Sun, Sept 7th @2pm PIHC G2 Rd3 Ballinhassig v Kilworth in Rathcormac

Sun, Sept 7th @2pm PIHC G3 Rd3 Dungourney v Lisgoold in Castlelyons

Sun, Sept 7th @2pm PIHC G3 Rd3 Mallow v Valley Rovers in Páirc Uí Rinn

Sun, Sept 7th @4pm PSHC G1 Rd3 Sarsfields v Glen Rovers in Páirc Uí Rinn (Live on TG4)

Sun, Sept 7th @4pm PSHC G1 Rd3 Fr. O'Neill's v Erin's Own in Killeagh

Sun, Sept 7th @4pm PSHC G2 Rd3 Middleton v Charleville in Castletownroche

Sun, Sept 7th @4pm PSHC G2 Rd3 Newtownshandrum v Newcestown in Blarney





Macroom LGFA U10 team that took part in the inaugural Billy Twomey Memorial Blitz in Inchigeelagh



Macroom LGFA U8 team that took part in the inaugural Billy Twomey Memorial Blitz in Inchigeelagh

Sun, Sept 7th @4pm PSHC G3 Rd3 Blackrock v Douglas in Ballyanley  
 Sun, Sept 7th @4pm PSHC G3 Rd3 Kanturk v St. Finbarr's in Mounreabbey  
 Sept 12th - 14th Club F Cship R3 McCarthy Insurance Group Football Cship R3  
 Fri, Sept 12th @7.30pm PJFC G1 Rd3 Canovee v Ballydesmond in Macroom  
 Fri, Sept 12th @7.30pm PJFC G1 Rd3 Urhan v St. Nick's in Dunmanway  
 Fri, Sept 12th @7.30pm PJFC G2 Rd3 Kinsale v Cobh in Ovens  
 Fri, Sept 12th @7.30pm PJFC G2 Rd3 Na Piersaigh v Cullen in Mallow  
 Fri, Sept 12th @7.30pm PJFC G3 Rd3 Buttevant v Inniscarra in Mounreabbey  
 Fri, Sept 12th @7.30pm PJFC G3 Rd3 Glenville v Millstreet in Páirc Uí Rinn  
 Sat, Sept 13th @4pm IAFC G1 Rd3 Adrigole v Ballinora in Moneyvollahane  
 Sat, Sept 13th @4pm IAFC G1 Rd3 Glanworth v St. Finbarr's in Glenville  
 Sat, Sept 13th @4pm IAFC G2 Rd3 Gabriel Rangers v Dromtarriffe in Castletownkennigh  
 Sat, Sept 13th @4pm IAFC G2 Rd3 Mitchelstown v Kildorrery in Doneraile

Sat, Sept 13th @4pm IAFC G3 Rd3 Boherbue v Kilmurry in Clondrohid  
 Sat, Sept 13th @4pm IAFC G3 Rd3 Ilen Rovers v St. Vincents in Ahiohill  
 Sat, Sept 13th @6pm PIFC G1 Rd3 Aghabullogue v Aghada in Ballincollig  
 Sat, Sept 13th @6pm PIFC G1 Rd3 Bantry Blues v Nemo Rangers in Rosscarbery  
 Sat, Sept 13th @6pm PIFC G2 Rd3 Naomh Abán v Bandon in Kilmichael  
 Sat, Sept 13th @6pm PIFC G2 Rd3 Rockchapel v Glanmire in Ballyclough  
 Sat, Sept 13th @6pm PIFC G3 Rd3 Kiskeam v Castletownbere in Newcestown  
 Sat, Sept 13th @6pm PIFC G3 Rd3 Uibh Laoire v Macroom in Cill na Martra  
 Sun, Sept 14th @2pm SAFC G1 Rd3 Éire Óg v Kilshannig in Donoughmore  
 Sun, Sept 14th @2pm SAFC G1 Rd3 Kanturk v Newmarket in Banteer  
 Sun, Sept 14th @2pm SAFC G2 Rd3 Knocknagree v Fermoy in Buttevant  
 Sun, Sept 14th @2pm SAFC G3 Rd3 Bishopstown v Béal Áth an Ghaorthaidh in Coachford  
 Sun, Sept 14th @2pm SAFC G3 Rd3 Dohenys v O'Donovan Rossa in Drimoleague

Sun, Sept 14th @2pm SAFC G2 Rd3 Cill na Martra v Clyda Rovers in Páirc Uí Rinn  
 Sun, Sept 14th @4pm PSFC G2 Rd3 St. Finbarr's v Carrigaline in Páirc Uí Rinn  
 Sun, Sept 14th @4pm PSFC G1 Rd3 Castlehaven v Newcestown in Rossmore  
 Sun, Sept 14th @4pm PSFC G1 Rd3 Mallow v Valley Rovers in Blarney  
 Sun, Sept 14th @4pm PSFC G2 Rd3 Clonakilty v Carbery Rangers in Ballinacarriga  
 Sun, Sept 14th @4pm PSFC G3 Rd3 Ballincollig v Douglas in Ballygarvan  
 Sun, Sept 14th @4pm PSFC G3 Rd3 Nemo Rangers v St. Michael's in Shanbally  
 Sept 19th - 21st Club Cship QF County Hurling Quarter-Finals & Relegation Play-offs  
 Sept 26th - 28th Club Cship QF County Football Quarter-Finals & Relegation Play-offs  
 Oct 3rd - 5th U21 F QF County U21 Football Quarter Finals  
 Oct 3rd - 5th Club Cship SF County F&H Semi-Finals  
 Oct 10th - 12th Club Cship SF County F&H Semi-Finals  
 Oct 17th - 19th Club Cship Final County F&H Finals (Prov)



Well done to the U13 girls from Naomh Fionnbarra who took part in the Mid Cork Football Development over the last 10weeks. They girls thoroughly enjoyed it!! Eryn O'Driscoll, Aoibhinn Murphy, Caoilinn Ni Laoire, Blaithin Cronin



Laochra Óg Summer Camp 2025 Day 1 11



Laochra Óg Summer Camp 2025 Day 1 14





## LAOCHRA ÓG

### And thats a wrap Summer Camp 2025 .....

3 brilliant days at Summer Camp 2025 saw 170 players take to the field for an action packed camp with specialised coaching sessions for each group. A huge thanks to all the trainers, with our own Laochra Óg

trainers all having come through previous summer camps as players. A huge team in the background who looked after catering, parking, collection and a number of other jobs... without your help none of this would be possible. To the visiting trainers ... thanks

for your time and effort and great to hear you all want to come back next year and finally to all our players whom were a credit over the 3 days, take a rest and see you all next year.



Laochra Óg Summer Camp 2025 Day three 01



Laochra Óg Summer Camp 2025 Day 1 02



Laochra Óg Summer Camp 2025 Day 1 03



Laochra Óg Summer Camp 2025 Day 1 06



Laochra Óg Summer Camp 2025 Day 1 07



Laochra Óg Summer Camp 2025 Day 1 08



Laochra Óg Summer Camp 2025 Day 1 10



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## A Word of Victory

*"Remember not the former things, nor consider the things of old. Behold, I AM doing a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert" (Isaiah 43:18-19).*

Welcome back dear student the season of back to school is hectic - parents frazzled at the costs and lists, children and teenagers anticipating the new school year, families trying to get a few last days out together to make some memories. When the seasons change transition can be difficult for people young and old. But change is good - every day we are given opportunity to grow and learn more. But if a person is living with regret of the past it can hinder their ability to move on and look forward (Mark 11:22-25). Last week we looked at the torment of fear and unforgiveness and its relation to sickness attacking the body. You know yourself that wounds untreated will fester and become nasty. It's no different with offence, bitterness, and unforgiveness. Not only does it have a toxic effect upon the mind and the body, but it stunts one: chained to the past. This makes it difficult to progress. "It was for freedom that Christ has set us free" (Galatians 5:1).

The Lord Jesus sacrificed His life and freedom for our sins, iniquities, curse, and pain (Galatians 3:13). "Yet it was our weaknesses and griefs He carried, it was our sorrows and pain that weighed Him down. And we thought His troubles were a punishment from God. But He was wounded for our rebellion (sins), bruised for our iniquities (generational sin and trauma), the chastisement for our peace (freedom) was upon Him, and by His wounds we are healed" (Isaiah 53:4-5). This is such an insightful passage - spelling out the suffering of the Son of God, Jesus, the Lamb Who brought Salvation for anyone who will believe and receive Him (Romans 10:9-13). God promised that whoever calls upon the Name of the Lord Jesus for Salvation will be saved - that is Good News friend - it means forgiven, healed, delivered, and set free. Mankind had no hope of salvation, so God's Son came down as one of us - but He never sinned, and then Jesus paid the ultimate price by taking our sins upon Himself, becoming cursed, so that we could receive freedom and redemption. No one else could save us. And His Salvation is not just a ticket into Heaven when we die, as some kind of 'just made it and hope to scrape by in God's Kingdom as a skivvy'. No! God has adopted us into His family making us His covenant sons and daughters, as joint heirs with the Lord Jesus so that we can enjoy the benefits that He paid for - righteousness, health and wellbeing, peaceful minds and families, joyous purpose, and fellowship with both God and others - and freedom from slavery and bondage (Romans chapter 8).

The Bible is a letter from God to you and me and anyone who will believe Jesus. Talking about going back to school - is there a letter you would write to your younger self? What would you share with that child: direction, reassurance, and wisdom? I'm not talking about sending the winning lotto numbers! But looking back, you've gone through things that have caused learning. You understand more now, you're wiser, and growing in your relationship with God. The freedom that Jesus bought with His Blood has brought you on a path of restoration from the pain of the past. Now He is your Best Friend Forever - your Helper, your Teacher and Guide, and His plan for your future - no matter what age you are, is wonderful! March 4 Jesus Belfast tomorrow - please pray.

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# Just a thought .....

Ath. Seán Mac Cárthaigh,  
Baile Bhuirne / Cúil Aodha

## We must decide - Part 1

Did you ever have a really uncomfortable personal life crisis? You woke up one day to find yourself asking questions like the following: "What's wrong with me? What is this? What's come over me? Why do I feel this way? Where is the joy gone? How did it come to this?"

A lot of questions. A lot of self-doubt, even a kind of inexplicable lonely shame. There were no warnings. Worse, there were no instructions, no 'how-to' guides, no signposts.

You asked yourself - "will this feeling end?" "Does anyone else go through this 'thing' I can't even put a name on?"

It's a restlessness that defies easy description. It's an uncomfortable feeling of drifting aimlessly through life, performing one's role like you're in a play. When the curtains close or you pull the blinds at night, you're left alone or you feel alone. You carry on living somehow, somewhere apart in your head. You carry on grimly, with hidden but increasingly edgy desperation. Significant people in your life comment 'You don't smile like you used to.'

Something's definitely wrong. But what can you do?

Years of reflection have led to me this summary of five possible paths people can journey on.

The first is simply to COPE.

A 'hang in there' approach, hoping there will be a breakthrough instead of a breakdown. Going through predictable routines, hoping no one notices, a 'fake it till you make it' approach. No one knows what you're going through, no one needs to know - and if they knew, would they care? But it comes to a breaking point.

The second is MOPE

This is to allow misery to dominate. To feel all the sadness but also to become dependent upon it as the only constant in one's life. To resign oneself to its persistent presence. To become a pessimist, even a cynic. And misery loves company.

The third is DOPE

To resort to anything that gives relief from pain - over reliance on prescription medications.

The temptation to comfort eat, drink to excess, take drugs or pamper oneself to excess. A sort of hedonism, life's a party alone. To 'whatever' gives pleasure.

The fourth is ELOPE

To live in a world of make believe and daydreams of what might be. It might be phone scrolling to excess, or overworking - or escaping into other excessive compulsions.

Or worse - it is to use others for one's gratification. Infidelities, adultery, escapism. To 'whoever' gives pleasure. The final and best option is HOPE

To live with certainty that things can and will get better. But to realize it's the hard path - of honesty, humility, self-discipline, self-care and even surprisingly, true self-discovery.

In the words of John D Nugent's book 'Nerves, worry, depression - the way out' - to make the biggest decision of your life :-

"I am choosing today to live in the problem or to live in the solution."

Say it often. It's a necessary first step.

To be continued next time...

God bless. Fr Seán

Email: parish07191@gmail.com | Phone: 085 878 3823

## ANNIVERSARIES



**PATSY  
BURNS**

**Clonavrick, Macroom  
Who died on the  
13th August 1993**

*Memories of you are lovingly kept,  
Someone too special to ever forget,  
Your wish today would be no fuss,  
Just to be remembered by all of us.*



Always loved and sadly missed by their loving family



**PADRAIG  
BURNS**

**Clonavrick, Macroom, Co.Cork  
Who died on the 26th August 1996**

*Memories are like leaves of gold  
they never wither or grow old  
locked in our hearts you will always be  
loved and remembered for eternity.*

*Will those who think of Padraig today  
a little prayer to Jesus say.*



## In Loving Memory

Remembering your loved one

Memorial & Acknowledgement Cards



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**FIRST ANNIVERSARY  
AND ACKNOWLEDGEMENT**

In loving memory of

**BRIAN WALSH****No 1 Masseytown, Macroom, Co. Cork  
who died on the 15th August 2024.**

As we remember Brian on his first anniversary, Margaret and the Walsh family would like to thank all who attended his funeral, and all the neighbours and friends who supported us. Thank you to Father Joe for the beautiful Mass, thanks to the Sacristan Ted. Thank you to Mary Mc Sweeney and Mary Murphy for the music and singing and making the Mass so special. To Martin Fitzgerald and all who worked with him. A special thank you for all your help. Thank you to the Auld Triangle for a lovely meal.

Please accept this acknowledgment with deepest gratitude. Mass will be offered for your intentions.

**5TH ANNIVERSARY**

In loving memory of

**KATHLEEN  
DINEEN****6 Oakville, Cloughduv.  
Who's anniversary occurs on  
August 30th.**

*She's in the sun, the wind, the rain,  
she's in the air you breathe  
with every breath you take.  
She sings a song of hope and cheer,  
there's no more pain, no more fear.  
You'll see her in the clouds above,  
hear her whisper words of love,  
you'll be together before long,  
until then listen for her song.*



Loved and remembered always your loving  
daughter Mary.

**2ND ANNIVERSARY**

In loving memory of

**MICHAEL  
DINEEN****6 Oakville, Cloughduv  
Who's anniversary occurred on  
August 19th.**

*Don't remember me with sadness,  
Don't remember me with tears,  
Remember all the laughter,  
We've shared throughout the years.*

*Now I am contented  
That my life it was worthwhile,  
Knowing as I passed along the way  
I made somebody smile.  
When you are walking down the street  
And you've got me on your mind,  
I'm walking in your footsteps  
Only half a step behind.  
So please don't be unhappy  
Just because I'm out of sight,  
Remember that I'm with you  
Each morning, noon and night.*



Loved and remembered always by your loving  
sister Mary, aunts, uncles, cousins, relatives  
and friends.

**22ND ANNIVERSARY**

In loving memory of

**MARY  
O'RIORDAN****19 St. Gobnait's Terrace  
Ballymakeera  
who died on 19th August**

*The world changes from year to year,  
our lives from day to day,  
but the love and memory of you  
shall never pass away.*



Always remembered by her loving family

**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**

In loving memory of

**FRANK O'BRIEN****Toonsbridge, Macroom & late of Mossgrove Newcestown  
Who died on the 29th August 2024**

As we lovingly remember Frank on his first anniversary, we his wife Eileen and family, wish to express our heartfelt gratitude and sincere thanks to our relatives, friends and neighbours for the kindness and support shown and to everyone who sympathised with us on our very sad loss of Frank.

Thanks to those who sent Mass cards, online condolences, floral tributes, perpetual enrolments, letters, those who called to the house, dropped off food and those who attended his removal, his funeral Mass and burial, it gave us great comfort and meant so much to us. We would like to thank Dr John O'Riordan and Dr Sean Foley and the staff at Sullane Family Practice Macroom and the staff of Matt Murphy Pharmacy for all the help over the years. Thanks also to the wonderful staff at Araglen Nursing Home, Boherbue, especially the staff of the Bluebell Suite for the excellent care Frank received while he was in their care.

Thanks also to the staff of A&E, ICU and the Palliative Care Ward of University Kerry Hospital for the excellent care, kindness and compassion that was shown to Frank while in their care and also to us his family over those tough few days.

Our thanks to Fr John Newman for the prayers in the funeral home and for celebrating the funeral mass. We thank the Sacristan Kathleen Kiely for all her support at the time, we also want to thank Eileen and Catherine O'Donovan for all their help. Thanks to Colm Cronin for the lovely singing and music. Sincere thanks to everyone who contributed to making Frank's funeral mass so meaningful.

Newcestown GAA brought so much joy to Frank over his lifetime. The Newcestown flag on Frank's coffin and the guard of honour from the church to the cemetery was wonderful to see and greatly appreciated.

Our sincere thanks to Robert, Rosemary, Clodagh and all the staff of Gabriel & O'Donovan Funeral Directors for their professionalism, kindness, support and attention to detail. Thanks to the staff of the Kilumney Inn for a beautiful meal afterwards.

Frank is profoundly missed and will be loved and remembered everyday. As it is impossible to thank everyone individually, please accept this acknowledgement as a token of our sincere gratitude. The Holy Sacrifice of the mass will be offered for your intentions.

*Silent thoughts, sincere and true,  
from a family who thought the world of you  
no longer in our lives to share  
but in our hearts you are always there.*



Always remembered by his loving wife Eileen, sons Michael, Neal and Declan, daughters Frances and Marian, daughter-in-law Gillian, son-in-law Tadhg, Declan's partner Caitriona and his cherished grandchildren, Ciara, Cathal, Caroline and Caoimhe.

Frank's first anniversary Mass will take place on Sunday the 7th September 2025 in St Martin's Church Farnivane at 09:30am

**MEMORIALS  
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## 4th ANNIVERSARY



In loving memory of  
**CANON JACKIE CORKERY**  
Drombeg, Aghinagh  
& former P.P. Kanturk  
Who died on 20th August 2021

*Your name is often spoken  
We think about you still  
You haven't been forgotten  
By us you never will*



Fondly remembered by  
his brother Michael, sisters Maura,  
Sr. Siobhan and Margaret  
and their families

## 21ST ANNIVERSARY



In loving memory of  
**TOMMY MULLINS**  
Scrahan, Coolea, whose anniversary  
occurs on 26th August.

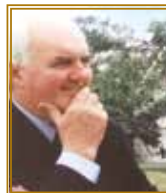
*21 years gone, but your love stays near,  
In the fields of Scrahan,  
we still feel you here.  
We all miss you, in moments big and small,  
Forever in our hearts, you're with us all.*



Sadly missed by his loving wife Eileen,  
and family, Hannah, Dónal, Donnacha,  
Tomás, Maura, and Eibhlín, daughter  
in law, Colette and son in law Séamus,  
grandchildren, Eoghan, Aoife, Clodagh,  
Caoimhe, Tommy and Anú.

Sláinte an bhradáin agus gob fliuch!

## 25TH ANNIVERSARY



**MICHAEL CORKERY**  
**MICHEÁL Ó CORCORA**

Kilmore, Ballingearry  
Remembering with love today and every  
day my husband Michael who fell asleep on  
August 18th 2000  
On his soul Sweet Jesus have mercy

*It was a sudden parting too bitter to forget  
Those who loved you dearly,  
are the ones who can't forget  
I often sit and think of you,  
and think of how you died,  
To think you could not say goodbye,  
before you closed your eyes.  
Your life was one of kindly deeds,  
a helping hand for others needs,  
Sincere and true in heart and mind,  
beautiful memories left behind  
The blow was hard, the shock severe,  
to part with one I loved so dear.  
My loss is great I'll not complain,  
but trust in God to meet again.*



Lovingly remembered today and everyday  
by his wife Catherine

## 2ND ANNIVERSARY



In loving memory of  
**ANNA O'ROURKE**  
Annagannihy, Ballinagree,  
Macroom, Co. Cork,  
whose Second Anniversary occurs  
on Tuesday 22nd August.

*We lovingly remember Anna (née  
MacSullivan), beloved wife of the late Billy.*



Lovingly remembered always by her sons  
Brian and Alan, daughters-in-law, Alison  
and Reena, brothers Denis, Teddy and  
Seanie, sisters Essie and Mary Jo, brother-  
in-law, sisters-in-law, nephews, nieces,  
and extended family.

Anna's Second Anniversary Mass will  
be celebrated in Saint John the Baptist  
Church, Ballinagree on Sunday 24th of  
August at 11am.

## 16TH & 30TH ANNIVERSARY



In loving memory of  
**MARGARET  
& SEAN LEHANE**  
Ballinagree, Macroom  
Margaret died 22nd January 2009  
Sean died 2nd September 1995

*Your names are often spoken,  
We think about you still.  
You haven't been forgotten,  
By us you never will.*



Fondly remembered by your loving  
family.

## 14TH ANNIVERSARY



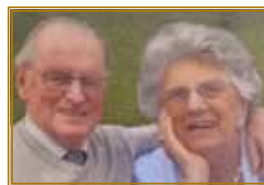
In loving memory of  
**DENIS MURPHY**  
Upper Bellmount, Crookstown  
Who passed away on the  
20th August 2011

*Treasured thoughts of one so dear,  
Often brings a silent tear.  
Thoughts of scenes are long since past,  
Years roll on but memories last.*



Remembered by Mary, Julie, Josephine,  
Denise, James, Patrick, Thomas, Aidan,  
Evie, Gráinne, Ryan, Jacob, Oran and  
Garrett.

## ANNIVERSARIES



In loving memory of  
**MARIE &  
RICHARD  
O'FARRELL**  
Main St, Macroom  
Marie died 24th August 2023  
Richard died 7th September 2012

*St. Martin pray for them*



Fondly remembered and greatly missed  
by your loving family & friends.

## 6TH ANNIVERSARY



In loving memory of  
**MIKE HEALY**  
Clondrohid, Macroom  
Whose anniversary occurs at this  
time

*Ar Dheis Dé go raibh a hanam dilis*



Sadly missed by your loving mother Nora,  
your brothers William, Con and Eddie,  
sisters Liz and Mary and extended family.

MEMORIALS  
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### 3rd ANNIVERSARY



In loving memory of

**MAURA  
TWOMEY**

'Cill Mhuire', Railway View, Macroom  
Whose anniversary occurs on 20th  
August

*Of all the special gifts in life  
however great or small,  
to have you as our mother  
was the greatest gift of all.  
May the winds of love blow softly  
and whisper in your ear  
'We love and miss you Mam,  
and wish that you were here.'*



Lovingly remembered by Michael, Karen,  
John, and their families

### 2ND ANNIVERSARY



In loving memory of

**NELLIE  
KELLEHER  
(NEE MURPHY)**

Direenauling, Ballyvourney, Co Cork  
Whose anniversary occurs  
on August 24th.

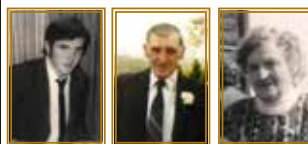
*Ar Dheis Dé go raibh a hanam dilis*

*Naomh Gobnait guigh uirhi*



Always remembered and deeply missed  
by your loving family.

### ANNIVERSARIES



In loving memory of

**DAN, PADDY  
& MAY O'SHEA**

Clashmaguire, Clondrohid

Dan's 50th Anniversary

Paddy's 37th Anniversary

May's 12th anniversary

Whose anniversaries occur around  
this time

*Your presence we miss  
Your memory we treasure,  
Loving you always  
Forgetting you never.*



Always remembered by Kathleen,  
Gussie, Garry & Lorraine

### 6TH & 17TH ANNIVERSARY



In loving memory of

**NORA &  
TIMOTHY (TED)  
O'LEARY**

Nora died on 10th August 2019

Timothy died on 27th August 2008

Upper Codrum, Macroom

*Time may pass  
Life goes on,  
But in our hearts  
You're never gone.*



Lovingly remembered by Finbarr, Mary,  
Gerard, Siobhan  
and their immediate family.

### 4th ANNIVERSARY



In loving memory of

**CON LYNCH**

Dirreenaling, Ballyvourney

Who died on the 20th August 2021

*Time may pass  
Life goes on,  
But in our hearts  
You're never gone.*



Sadly missed and lovingly remembered  
by the Lynch, O'Riordan & Jordan families.

### 15TH ANNIVERSARY



In loving memory of

**JOHN  
O'LEARY**

Clondrohid, Macroom,

Who died on August 30th 2010.

*Those we love don't go away,  
They walk beside us every day,  
Unseen, unheard but always near,  
Still loved, still missed, so very dear.*



Loved and remembered by Kathleen  
and family.

### 6TH ANNIVERSARY



In loving memory of

**CONNIE MICK  
LUCEY**

Gortnacarriga, Inchigeela, Co. Cork.

Who died on the 28th August 2019

*Your name is often spoken  
We think about you still  
You haven't been forgotten  
By us you never will.*



Always remembered by your loving  
family, and friends.

### 11th ANNIVERSARY



In loving memory of

**JOAN  
O'CONNELL**

Droumreague and Railway View

Whose anniversary occurs on 5th  
September

*Sadly missed along life's way,  
Loved and remembered everyday.*



Always remembered by John, Pat,  
Margaret and families

### THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **SO**

### THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **SO**



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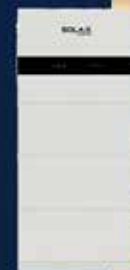
**OFFER 3**

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**AFTER SEAI GRANT: €13,400**

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