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Coachford was the venue for magical Fishing for the 44th FIPSeD World Championship Coarse Fishing competition held at Inniscarra Lake on the Coachford Greenway. Pic. Peter Scanlan

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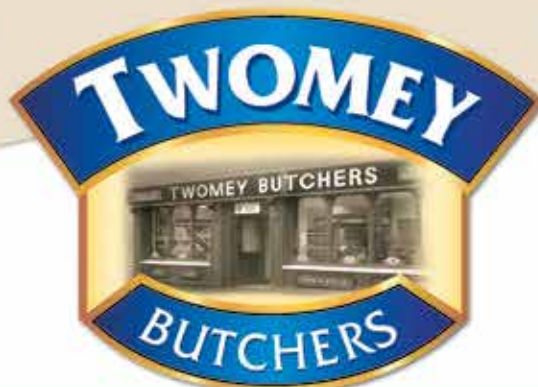
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We are a bi-weekly magazine; therefore, submissions must be on the Sunday
before publication at the latest, if you want a piece included in the following

week's edition. Due to print processes, late submissions will be published in the
following edition.

As always submissions as Gaeilge are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you
would like to submit an article as bearla nó as gaeilge, please feel free to email us
here on leevalleyoutlook@macroom.ie, we would love to hear from you.

Go raibh maith agaibh, Peter & Gráinne

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Please note Des has a new number

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MACROOM GIRL GUIDES

Ardilaun Guides

Awsome Trip To Awsome Walls!

By Saoirse Dunne

On the 25th of July, Ardilaun Guides had a blast at
Awesome Walls Cork. We were all excited and many
girls had not been there before. We were led into the
massive room with many high walls we were going to
scale. The instructors were very kind and helpful, and
showed us how to attach our harnesses properly.
After everyone had their harness on, every group was
assigned an instructor. Our instructor led us to our
first wall, which was completely flat with large grips.
He tied the rope to the first girl and helped us up by
pulling at a rope. It was really fun, but slightly scary at
the same time! We all made it to the top, which was
great. We then tried again, only this time you could
only use one colour. It was challenging but exciting.
We climbed more walls, each one a bit harder than
the last. Some of the walls were slanted, so it felt
like you were dangling off a mountain! We all had so
much fun, and everyone did so well.

Awsome Walls was truly terrific, so if you are
interested, search up "Awesome Walls" or visit
awesomewalls.ie. I would highly recommend it.
Thankyou to our leaders who organised this amazing
trip!

MacEgan Senior Branch

Blasting off to Orbit!

6 members of MacEgan Senior Branch travelled to



Young Leader, Aileen O'Leary staffing at Orbit pictured with
Deirdre Henley



Ardilaun Guides at Awesome Walls July 25th

Clongowes College, Co.Kildare to join Girl Guides
& Girl Scouts from across Ireland and the world to
take part in Irish Girl Guides' international camp,
Orbit 2025. The space themed camp is set to make
sure that girls reach their full potential for our future
by unlocking their creative talents, learning about
advocacy & activism, taking part in coding and STEM
workshops, SDG and space themed activities built on
teamwork and communication. So far on day one,
the girls have taken part in the pitching and set up

of camp and the Opening Ceremony with Rachel
and Dara being apart of the Orbit Band. There is plenty
more out of this world activities for the girls to be
looking forward to and plenty of long life friendships
& connections to be made with WAGGGS members
from various backgrounds, religions and cultures.

**For further information on joining our Ladybird,
Brownie, Guide or Senior Branch units please
contact macroomguides@gmail.com**



MacEgan SB members headed off to Orbit August 3rd

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15 ROS ALAINN, MACROOM, CO. CORK, P12 K338

Killian Lynch Auctioneers are pleased to offer this stunning 4 bedroom detached house, nestled in one of Macroom's most sought after residential developments. This beautifully maintained property boasts a spacious cobbled driveway, modern decor and a kitchen fitted with high end appliances. It also has a good BER rating of B2 making it an energy-efficient house and also qualifies it for a green mortgage. Located only C.500 yards from the Macroom bypass interchange junction, C.2km from Macroom town center and C.30 minutes drive from both Killarney and Cork city. This turnkey home is an opportunity not to be missed. Viewings highly advised. BER: B2 (114735954)

AMV: €495,000



28 MASSYTOWN, MACROOM, CO. CORK, P12 H314

Killian Lynch Auctioneers are pleased to offer this 2 bedroom townhouse situated in a most convenient location only minutes walk from Macroom town center. The property which extends to c.735 sq ft living accommodation is in need of modernization throughout and has an added advantage of rear access with parking. This property is ideally suited for a first time buyer or someone looking for an investment opportunity. Only c.30 minutes drive to cork city. BER: G (118647130)

AMV: €165,000



KILBARRY, LISSARDA, MACROOM, CO. CORK, P14RX61

Killian Lynch Auctioneers are pleased to present this impressive 5 bedroom detached dormer bungalow and garage comprising of c.2759 sq ft living accommodation on C.0.72 acres. Nestled amidst rolling green hills, this beautifully maintained home offers a rare mix of countryside serenity and modern comfort. Situated on a generous plot, this property enjoys sweeping panoramic views while being just a short drive from local amenities. The property is framed by meticulously maintained gardens, a sizeable lawn area and patio perfect for outdoor dining. It also has a granny flat, kitchen, bedroom and ensuite suitable for a potential rental income. Located only C.2km to Kilmurry village, C.4km to Lissarda, C.15 minutes drive to Macroom town and a C.30 minute drive to Cork city.

BER: C1 (118318302)

AMV: €550,000



NO. 15 OAKWOOD, MACROOM, CORK, P12DX43

Killian Lynch Auctioneers are pleased to offer this 3 bedroom semi-detached house with front and rear gardens. The property extends to c.1,076 sq ft living accommodation and is in very good condition throughout. Situated in a most sought after development on the eastern end of Macroom town, the house is within walking distance to all local services and amenities. Macroom town is situated c.30 minutes from both Cork City and Killarney town. BER: C2 (118608025)

AMV: €290,000



UPPER CODRUM, MACROOM, CO. CORK, P12RY74

Killian Lynch Auctioneers are pleased to offer this charming 4 bedroom bungalow on c.0.44 acres. The property which consists of c.1164 sq ft living accommodation throughout is in good structural condition but would benefit from some minor modernization internally. Positioned on a generous plot, the property also boasts a garage & multiple outbuildings to the rear of the property ideal of storage purposes or hobby use. With panoramic views of rolling green fields, this home offers idyllic rural living without isolation. Located in the much sought after area of Codrum, only c.3 minutes drive to Macroom town center & a c.30 minutes drive to Cork city. Viewing's highly advised.

BER: F (118647361)

AMV: €240,000



NO.5 MILL LANE, MILLSTREET, CO. CORK

Killian Lynch Auctioneers are pleased to offer this c. 30 square meter lock up unit within the centre of Millstreet town. The property is in need of renovation and comes with a rear yard/gardens. The property is located in centre of Millstreet town, C.20 minutes drive from Macroom town, C.30 minutes from Killarney and 1 hour drive from Cork city.

AMV: €30,000

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Magical Fishing and Warm Welcome

at the 44th FIPed World Championships Coarse Fishing for Clubs in County Cork

Coachford, County Cork – July 28, 2025 – The 44th FIPed World Championship Coarse Fishing for Clubs brought an unforgettable week of world-class angling and warm Irish hospitality to Inniscarra Reservoir, County Cork, as 25 elite coarse angling clubs representing 16 nations gathered to compete in the prestigious international event.

Hosted by the National Coarse Fishing Federation of Ireland (NCCFI), the championship opened with a vibrant Parade of Nations through the village of Coachford on Monday, July 21st, featuring the Blarney Brass & Reed Band and local schoolchildren, and concluded with a spectacular Closing Ceremony and Gala Dinner at the Rochestown Park Hotel.

Perfect conditions welcomed the 125 international anglers as they prepared during five days of intensive training ahead of the weekend's main event. Their efforts were rewarded, with over two tonnes of fish caught and safely released during the two-day championship—underscoring both the richness of the venue and the event's strong focus on sustainability.

Competition took place across the scenic Coachford Greenway and the river section at Dripsey, where each of the four zones delivered excellent sport and ensured a fair, competitive event for all teams.

After two thrilling days of angling, Club Lenza Emiliana Tubertini (Italy) emerged as World Champions—claiming their fifth world title and

ninth podium finish. Team Sensas 28 (France) secured a strong second-place finish, with team member Alexandre Caudin, notably a former U25 World Champion at Inniscarra in 2017. HSV De Karper Voerendaal (Netherlands) completed the podium in third place, with a squad that proudly included four-time Ladies World Champion Anja Groot and Ramon Ansing, who first competed at Inniscarra in 2017 as part of the U25s and went on to become European Champion at the 2019 championship held on the Lower River Bann.

Deputising for the Mayor of County Cork, Cllr Ann Marie Ahern had the honour of presenting to the winning team at the Closing Ceremony. She underlined the significance of hosting such a prestigious international competition, stating: "Over 2000 bed nights were realised in the area as a direct result of this event—an incredible boost for local tourism and hospitality," before bringing the championships to an end.

Frank Barry, representing fishery owners ESB, emphasised the broader impact:

"The impact on the local economy is huge, and the developed Coachford Greenway provides opportunities for everyone—from local businesses to visiting anglers and recreational users."

Mark Downes, officiating on behalf of FIPed (Fédération Internationale de la Pêche Sportive en Eau Douce), praised the event as "one of the best match fishing weeks everyone has experienced,"

commending both the top-class fishing and "unbelievable hospitality."

It was a disappointing result for the two home teams, who finished 19th and 20th, but their participation played a key role in showcasing Irish angling and hospitality on the world stage.

Hats off to the members of the local community who generously volunteered their time to support the event—working as fish counters, traffic marshals, and more. Their dedication, along with the efforts of stewards and weigh teams from the angling community, was instrumental in ensuring the smooth and successful running of the championship throughout the weekend.

This was the first time Ireland has hosted the FIPed World Championship Coarse Fishing for Clubs, although Inniscarra Reservoir has previously welcomed other world championships in 2014 and 2017. The success of this year's event was made possible through the collaborative support of local authorities, sponsors, and community partners, including funding from ESB, Cork County Council's Economic Development Fund, and Inland Fisheries Ireland, with additional support from O'Donovan Engineering and MJ Flood Group.

The NCCFI extends its sincere thanks to all involved and looks forward to welcoming the international angling community back to Ireland in the near future.



Coachford, County Cork - The 44th FIPed World Championship Coarse Fishing for Clubs brought an unforgettable week of world-class angling and warm Irish hospitality to Inniscarra Reservoir, County Cork, Pics Peter Scanlan



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LOCAL EVENTS FOR HERITAGE WEEK 2025

Macrooom Heritage Week 2025

Macrooom Environmental Group proudly — and humbly — celebrates 40 years of promoting Ecology as a Way of Thinking.

To mark Heritage Week 2025, we commemorate the 100th anniversary of the passing of Olivia, Lady Ardilaun, of Macrooom's oldest family and its noblest benefactress.

1. Tree Planting Ceremony

MDEG invites young and old to join us in planting a Copper Beech sapling, grown from the veteran specimen in the Demesne — a solitary tree that graces this 14th-century park with quiet majesty.

2. Ghosts of Ascendancy Ireland

Participants will encounter echoes of the past, including stories of the Herbert family of Muckross —

Olivia's maternal lineage. A photo of her mother, Jane, Countess of Bantry, captures the melancholia that marked their legacy.

Join us: Sunday, August 17th at 2:00 PM

Meeting point: New Footbridge, Macrooom Demesne (Guide dogs only, please.)

— Ted Cook, Macrooom Environmental Group

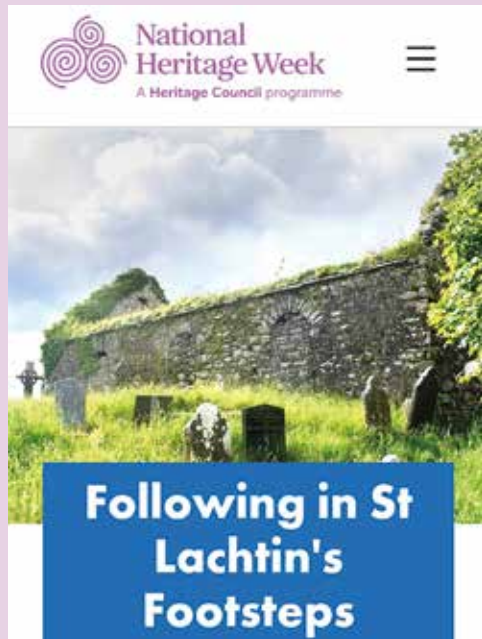
Donoughmore Historical Society

Donoughmore Historical Society Cork is hosting a free family friendly guided tour of St Lachteen's graveyard and church in August as part of national Heritage Week.

Likewise, we are proud to have been chosen this year, as one of eight new participants in the Adopt a Monument scheme run by the Heritage Council of Ireland. This scheme will future proof the site for the

parish and its people near and far.

If you need any more information please email donoughmorehistorical@gmail.com



Jane Herbert of Muckross, Countess of Bantry and mother of Olivia, Baroness Ardilaun.

Donoughmore Historical Society are holding a free guided family friendly tour of St Lachtin's cemetery as part of the national Heritage Week on the 18th of August 2025



Right now the hanging baskets are in full bloom. Thanks to those premises in the town who have put up some nice floral displays on their buildings this year. These greatly enhance the streetscape, and there's room for more! The judging is still ongoing for this year's Tidy Towns Competition and again we would ask all business premises to stand back and have a look at their own premises, from the path below to the roof above, free of cigarette butts etc and painted adequately. Five minutes of regular attention would greatly improve matters in some cases and greatly assist the volunteers who must look after so many other things and public areas.

A presentation was recently made to Con O Sullivan on his retirement. Con was a community service supervisor with the probation services and was a regular sight around the town on Thursdays with his 'team' and has helped Tidy Towns through general maintenance, painting, cutting hedges and Litter Picking. All at Macrooom Tidy Towns will miss him and his crew and we would like to wish him a very happy retirement.

West Muskerry Athletic Club Road Race takes place on August 12th, starting at 7:30 and some of our

volunteers will be helping with the stewarding. We would like to wish the club the very best of luck with their Road Race.

Macrooom Tidy Towns received more good news in that €50,000 has been granted for an extension of the footpath at Coolcower, which will enhance this approach road somewhat as we await more significant works in the Coolcower area.

Congrats to our volunteer John Lyons who was runner up in an All-Ireland Handball Doubles Competition, having won in Munster some time ago. He will also be representing Cork in the All Irl Fleadh Cheoil in Wexford on Aug 10th, having won 2nd place in the Munster Fleadh recently held in MTU on the mouthorgan.

A big thanks to Laaszlo from Lidl for donating flowers to the Tidy Towns.

As always, Tidy Towns volunteers have been busy with Litter Picking, General Maintenance around town, cutting grass in the green areas on housing estates,

Planting, Mulching, Collecting Wildflower seeds, Sweeping Main Street, Shuttering for new storage shed, and keeping on top of usual work behind the scenes with funding etc.

We are also working on two new brochures for Macrooom. These will be focused on Trees and biodiversity, providing detailed information on two areas, the Masseytown Park / Riverside Walk and the other being Colman's Park green area that is being transformed into an Amenity/Biodiversity area. There will be a large educational focus to the brochures and these will be a most interesting and valuable resource for the town...so, watch this space!

Volunteers meet every Saturday at 9am at our base in Masseytown. Why not come along some Saturday Morning and see for yourself and join the crew for a few hours. If you have any questions, feel free to contact Lisa at 087-1434770.



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MACROOM MEN'S SHED

Macroom Men's Shed members went on a day trip to West Cork to Baltimore, Cape Clear and Fastnet Rock lighthouse on July 17th. Their first stop off on the day was Baltimore, and from there they took a ferry out to Cape Clear Island. On Cape Clear Island they spent a couple of hours exploring the island and got a ferry back to Baltimore. After that they took a boat trip around Fastnet Rock Lighthouse. To end the day they stopped off in The Church Restaurant in Skibbereen on the way home for some food. They day was very enjoyable, and they arrived home happy after more than 12 hours of sightseeing. The Garda Community Bus was the mode of transport for the day, and they were very appreciative of the driver and the Guards for the use of the bus for this great day out. Mile Buiochas.



Macroom Men's Shed in The Church Restaurant Skibbereen after the Day Trip



Macroom Men's Shed admiring Fastnet Rock Lighthouse

PROPERTY MARKING EVENT

Rusheen Bealnamorrive Community Watch Are Hosting a property marking event it is free of charge to the public to get property marked by the garda.

Location: Aghinagh GAA Grounds

Date : Wednesday, August 13th

Time: 6pm

Bring along your bikes, tools, trailers, equipment and more to have them marked with a unique ID - helping deter theft and assist recovery if stolen.

Contact Noel Cunningham 086 3196142



Macroom Men's Shed in Baltimore

GARDEN FETE AND COFFEE MORNING FUNDRAISER IN AID OF SENIOR CITIZENS

Excitement is mounting and we are counting down the days until this much-anticipated Garden Fete and Coffee Morning taking place on Saturday the 9th of August from 11 to 3. The Fundraiser is for Macroom Senior Citizens. Macroom Senior Citizens is a local organization that provides many fantastic services to the local elderly citizens including the meals on Wheels Service. Please support this wonderful Cause. With fingers crossed for pleasant weather, this Garden Fete promises to be a memorable event. This Carnival-like event consists of the sale of unwanted gifts, ornaments, homeware, toys, cakes, plants, anything you can think of will be on sale on the tables. There are some beautiful, unusual and valuable items delivered already, and who doesn't love a bargain. We will still take goods if you wish to donate, and deliveries can be made to Ard na Coille, Killarney Road P12 TX33. Your participation with the Garden Fete is much welcome, and this promises to be an enjoyable and vibrant event. As the Gazebo's go up for the huge

array of goods, we must repeat the old cliché and say, everything will be on sale from a needle to an anchor'. Nestled among the plants in the beautiful, secluded garden, you will have a chance to enjoy homemade cakes, fresh scones and tea, coffee and chat and enjoy, while hopefully basking in the sun. You can arrive early to have time to explore the great array that will be on offer and bag a bargain and then relax in the tree lined back garden with some lovely treats. If you wish to come later, you won't be disappointed as the amazing and very talented musician Jerome Coakley will be entertaining us with Friends and bringing music to our ears. This is an open session, so anyone who wishes to bring along an instrument and join in or sing a song is very welcome. All ages welcome and any music genre, we wish this to be something for all. We look forward to seeing you there, sharing laughter and hopefully a joke or two, and making this a great event. Let's make this day an unforgettable celebration of community and nature.





LOCATION | MACROOM, CORK

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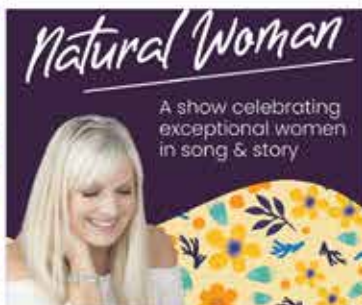
MUSIC & STORYTELLING
BY THE LIGHT OF THE SILVERY MOON
SAT 20TH SEP 2025 | 8PM



COMEDY | AOIFE DUNNE 'GOOD GRIEF'
FRI 26TH SEP 2025 | 8PM



EAGLES TRIBUTE | DEZPERADO
SAT 27TH SEP 2025 | 8PM



MUSIC & THEATRE | FIONA KENNEDY
'NATURAL WOMAN'
SAT 4TH OCT 2025 | 8PM



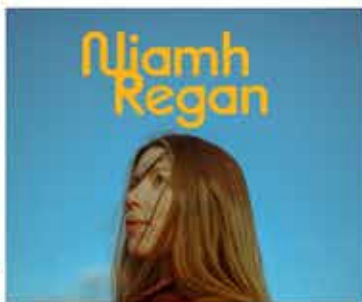
COMEDY | 'SHORTT STUFF' WITH PAT
& FAYE SHORTT
FRI 17TH OCT 2025 | 8PM



LIVE MUSIC MEETS PODCAST
'A CLOSE ENCOUNTER' WITH
MARY COUGHLAN & ULTAN CONLON
SAT 18TH OCT 2025 | 8PM



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LIVE MUSIC | NIAMH REGAN
WITH JULIAN BOLAND
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MAGIC SHOW | JOE THE MAGICIAN
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BREEN | RYNNE | MURRAY WITH
SPECIAL GUEST NELL NÍ CHRÓINÍN
SAT 15TH NOV 2025 | 8PM

MACROOM PARISH CELEBRATING MONSIGNOR O'DONNELL 70 YEARS IN PRIESTHOOD



Monsignor O'Donnell giving the homily at his Mass of thanksgiving for 70 years of Priesthood



To mark the seventy years of Monsignor O'Donnell's priesthood, a painting of St Colman's Church was presented to him by Joe Willis and Agnes Linnane on behalf of the parish

A Mass of thanksgiving for 70 years of Priesthood was celebrated in Macroom on Sunday 13th July by Monsignor James O'Donnell with Canon Donal Roberts, Fr Joe O'Mahony and Rev Brian Williams. Monsignor O'Donnell welcomed his three sisters and the large number of his extended family and friends who joined with him for this celebration. He also welcomed the parishioners who were present to celebrate with him on this auspicious occasion. To mark the seventy years of Monsignor O'Donnell's priesthood, a painting of St Colman's Church was presented to him by Joe Willis and Agnes Linnane on behalf of the parish.

This is the Monsignor's story in his own words. **70 Years**

I believe I am expected to say something about myself on the occasion of this celebration. I was born on the 19th of January 1931 and ordained priest on 19th June 1955. My life can be divided into three portions: 24 years to Ordination; 34 years between Ordination and Macroom; 36 years in Macroom. Castlelyons, Caisleán Uí Liatháin, was the place where I was reared and it retains a special place in my heart. It is steeped in history. For me, it was Tír na n-Óg. My father, Tom O'Donnell, and my mother, Mary Kirby, were Limerick people, he from Effin, she from Crecora. My father was Creamery Manager. There were six children in our family. I had four sisters: Peggy, Nuala, Maureen and Ann, and one brother, Neilus. My parents had eight siblings each, so we were blessed with numerous relatives. As children, we had great freedom. Everyone looked after everyone else. Three guards from Rathcormac, on their bikes, kept a friendly eye on us. We explored the Carmelite Abbey, Barrymore Castle and the old graveyard; played hurling on the main street, handball in the abbey and against the wall of an old house, pitch-and-toss at Verling's Corner; we paddled in the Shanown; swam and fished in the river Bride; bowled on the tarred road between the Village and Kenny's Cross; went to point-to-point races; walked miles with the coursing club; we knew all the farmers who brought milk to the Creamery with horses, donkeys and carts; we were on first-name terms with all the Creamery workers and truck drivers. On our way to Mass we passed by an t-Athair Peadar's grave. A neighbour, whose greyhounds I walked and fed and groomed, taught me what he reckoned were the three most useful words in the English: "I don't know". Six of us teenagers bought a ferret and some nets in the hope of catching rabbits for sale. The ferret went aground and never reappeared. Our youthful enterprise was a dismal failure. During summer holidays at my uncle's farm in Effin, I savoured every

aspect of farm life. I drove my father's cattle to the fair in Fermoy. I learnt how to restrain cattle for dosing in pre-crush days with my thumb firmly in their jaws. At an early age I became a bee-keeper. My brother, Neilus, followed suit and became an expert. Even as priests, we together, more than once, obliged a builder-friend, who was terrified of bees, and asked us to remove nests of the offending creatures from his place of work. We kept hens in our garden. Cleaning the hen-house was one of my jobs. I relieved my mother of the task of terminating the lives and plucking the feathers of chickens and turkeys destined for the table. Hominis est errare. It is the characteristic of the human being to make mistakes. My mother was not happy once when I killed a pullet instead of a cockerel. During the Second World War, I helped to provide vegetables of various kinds for the table. I got an early introduction to the use of shovels, spades, pikes, hoes, brushes, hedge-clippers, slashers, saws, scythes and paint-brushes. One year there was a big surplus of parsnips. I got thirty shillings when I offered them for sale. That was a huge amount of money at a time when one shilling was equal to twelve pennies and you could get ten "bulls' eyes" (sweets) for one penny.

One of my earliest memories is of being in the arms of an uncle in Crecora on the back of a cantering horse. It was a thrilling experience and gave me a life-long love for horses. A few years later I crash-landed from a neighbour's cantering donkey. The embarrassment was worse than the pain of a dislocated elbow.

Sport has always been part of my life. I sampled every sport possible: from handball and tennis to athletics and water-skiing, but hurling always had priority. I got a broken leg at hurling, which involved several operations and a long and troublesome healing process. Golf has been good to me in more recent years. Canon Donal will vouch for the fact that I like competition.

My early formal education consisted of 7 years at Castlelyons National School, 3 years at Christian Brothers School, Fermoy, 3 years at St. Colman's College, Fermoy, and 7 years in Maynooth. Our National School had two teachers. They gave us a solid foundation.

I cycled five miles to the C.B.S. and home again in all kinds of weather. There was no bus scoile. The secondary school was small. Four amazing teachers - 2 Christian Brothers, 2 lay teachers - taught several subjects to Leaving Cert. There I studied Latin through Irish.

St. Colman's College was the Diocesan Boarding School. There I began to study Greek, little knowing that I would be teaching Greek later on for 17 years. We had outstanding teachers, who gave us a great

love for learning. An t-Athair Pádraig de Barra taught us music in the evenings. Handel's Hallelujah Chorus in four-part harmony was no small achievement.

We quickly adapted to the strict regime in Maynooth. Emphasis on silence; no phone, no radio, no newspaper, no chocolate. Weekly letters from home and shared newspaper cuttings kept us in touch with the outside world. During our first three years we studied for a degree with the National University of Ireland. Four years of Theology at the Pontifical University followed. The text-books for Theology and Canon Law were in Latin. Oral and written exams were in Latin. We were soaked in Latin. From time to time we had distinguished visitors, e.g., Fr. Sidney McEwan and Hal Roach. Our professors were of the very highest calibre. Among them were a future Cardinal and future bishops.

After Ordination I spent a wonderful, formative year on the Sussex coast at Shoreham-by-Sea, a big, busy parish, which included an inland Church at Steyning six miles away. That year was a fantastic introduction to pastoral ministry, a whole new world, where Catholics were in the minority. During my year there, I attended evening classes in Italian and did my English Driving Licence Test.

Recalled to Cloyne in the Summer of 1956, Bishop Roche appointed me Dean of St. Colman's College. It was a demanding role, which I held for 6 years. I continued on the staff of St. Colman's for 33 years in all, a record achieved by no other priest before or since.

During the holidays I did some pastoral work in England, France, Germany and the United States; did various courses in French and German, which led to a degree with the University of London; participated in two International Pax Christi pilgrimages; was twice behind the Iron Curtain - in East Berlin and Prague; sailed twice as Chaplain on the SS. America; offered Mass on Christmas Day in mid-Atlantic during a storm; drove to Rome with 3 companions in a Morris Minor in 1956 and to Spain with the same three in a Volkswagen in 1959.

While at St. Colman's, I coached games and a wide range of athletics for many years: from hurling and football to pole-vaulting and hammer-throwing. There were many changes during my time on the staff. Tempora mutantur, nos et mutamur in illis. Times change and we change in them. More pupils, more teachers, new subjects. I found myself teaching French and German. In 1981, Bishop Ahern appointed me President of the College.

A wonderful bond of friendship existed between the staff members. We so-called Retirees still meet for lunch a few times a year. A group of students from my time as Dean - who are now in their eighties - insist



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that I meet with them before Christmas every year for a meal and a chat and a sing-song. I treasure their friendship.

The past 36 years in Macroom have flown. As Horace remarked: *Eheu fugaces labuntur anni*. Alas, the fleeting years slip by. It has been a tremendous privilege to minister for so long to a grateful people in Macroom and the surrounding parishes. I have shared your joys and your sorrows. From the bottom of my heart I thank the many volunteers in various roles of parish life, who have inspired, encouraged, and supported me down the years: generous, hard-working, self-giving people, truly the salt of the earth and the light of the world. Many of my best friends await the Day of Resurrection in St. Colman's Cemetery.

A special word of thanks to Ted Sheehan, Sheila Molony and to all the Sacristans whom I have encountered in Macroom and the surrounding parishes. They are pillars of the Church's liturgy.

I very much appreciate the choirs and the organists for their invaluable contribution. Whoever sings prays twice; and whoever plays like Mary McSweeney, who has been a constant in Macroom Church over all my years here and for long before, surely prays three times. I shall never forget the heavenly singing of our Deanery Choir, of which our own choir were members, in the Grotto of Monte Sant' Angelo, near San Giovanni.

I must pay special tribute to the Sisters of Mercy for

their dedicated service, which I experienced firstly in St. Colman's College and later here in Macroom. They gave their all here in Macroom for over a century and a half. Like all of you, I miss them dearly. Their departure has left a great void. The De La Salle Brothers too gave mighty service for over half a century and have left an enduring legacy.

In Macroom I have been surrounded by prayerful people. Macroom is an oasis of prayer with its sacred space, which is the Adoration Chapel, and its two fine Churches. Caum is a somewhat hidden gem. In my view, it is one of the loveliest churches, in a beautiful setting.

I am deeply grateful to Canon Donal, who allowed me to stay on when he succeeded me as Parish Priest 16 years ago. He has been my rock, encouraging and supporting me in every possible way. I sincerely thank Fr. Joe for all his care and kindness: a great neighbour, who keeps an eye out for me. I also thank Deacon Brian, Fr. John and all the many great priest colleagues and lay men and women with whom I have served, not alone here in Macroom, but also in St. Colman's College and on various Diocesan Committees, Commissions and Courses, especially when I was Vicar General of the Diocese.

Tá áthas orm a bheith anseo ar imill na Gaeltachta. Is minic a bhí ocáid agam an Ghaeilge a labhairt le cairde mar Dónal Ó Mathúna agus a bhean-chéile Caitlín, a fuair bás an taca seo den bhliain. Beannacht Dé le n-a n-anamnacha. Is breá liom

an t-Aifreann a cheiliúradh trí Ghaeilge 'sna séipéil éagsúla i nGaeltacht Mhúscraí ó ám go chéile.

Our home in Castlelyons was a faith-filled home. Mass, sacraments and daily Rosary were prioritised. There was special devotion to St. Anne. It was in that home that my vocation was nurtured. There was no pressure from my parents on me to become a priest. My mother's last words to me as I left for Maynooth were: "If you are not happy there, come home!" I was happy there.

No one is called to priesthood or religious life alone. There are always others called with and for the person called. Today I thank God for my vocation, I thank him for all his blessings over the past 70 years - and indeed over the past 94 - and for the privilege of bringing Christ to the people and the people to Christ. I have served under 5 bishops and 8 popes. In July 1956 I was in a crowd in Castel Gandolfo, enthralled by an aged Pope Pius XII. I met with two other popes in the Vatican and if ever I meet Pope Leo, I'll be able to tell him that I was ordained before he was born. I thank God for all those whom he called with me and for me throughout my life to the present day. I thank him for my family, relatives, neighbours, teachers, colleagues, benefactors and friends. I thank God for the gracious and kind people of Macroom and the Macroom hinterland. You have always been generous and encouraging and supportive. May our heavenly Father reward you all!

THE MACROMPIAN COMMUNITY ACTIVE RETIREMENT

Our last talk and presentation of the summer was given by Con Kelleher. The theme was "Dancing in Macroom since 1900" This was a most informative talk, and went down through the ages up to the end of the 60's. It was especially interesting for those of us that are now an age that lived through the years of "The Ballrooms of Romance". He spoke about The Palace, now the Briery Gap and all the various changes of use in that building during that era. It was lovely to hear and reminisce about the Montrose Ballroom. He talked about the Showband era, which brought back great memories. Dancing at the "Castle Ballroom" was a great part of that time, now a gym and sports activities hall. There was lively banter throughout, but there wasn't enough time to get to the end of it all, so we agreed we must have Con back again.

The group, which is typical of most Active Retirements, is not officially holding meetings for the summer, but outings are organized through Whatsapp. The first outing was Bantry Fair and was a great success. The first stop on the day was Gougane Barra, and there was there was a slight mist rolling down from the mountain, which is not unusual for Gougane. This quickly led people to Cronin's Café, where we enjoyed fresh scones, still warm from the oven and other home baked goodies that Cronin's are well known for. Anybody who has ever been to Cronin's Café can't wait to go again for their wonderful home baking.



The bus proceeded to Bantry, where people explored the bargains at the stalls and car boot sales down by the pier. The myriads of food vans and restaurants provided rest and sustenance. We then travelled on to Future Forests, where we were met off the bus by the lovely Louise who is the backbone of this place since it started off back in the days when we were only getting to know about Garden Centers. This garden center has developed and grown through the years and has moved on with the times to what it is today, while still retaining its original charm. The Café Bee, in its relaxed atmosphere nestled among the plants, provided more teas and treats. The garden enthusiasts returned to

the bus loaded down with plants after availing of the special discount that Louise gave to the group.

We travelled on to Creedon's Hotel Inchigeela, where we were served with a beautiful dinner, how could we ask for more. But more was yet to come in the form of the man himself, Joe Creedon. Anybody who ever visits Creedon's will know of the entertainer that Joe is, bursting with humor and fun. He sang for us, told stories, his jokes rolled off his tongue like they were rehearsed, but Joe is a natural and it all comes straight from the heart. A perfect end to a perfect day.

The next outing is Glengariff and Garnish Island. More about that to come.

DROMLEIGH NS

Students from Dromleigh N.S. had a wonderful morning of football in Annahala pitch on June 17th as part of the parish blitz. Many thanks to Kilmichael G.A.A. and all the organisers of such a wonderful experience for our students.

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Is It Safe to Crack Your Own Back?



by Dr. Ben Martin
Optimal Chiropractic,
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We've all done it. You're sitting at your desk, feeling stiff, and you twist your spine until you hear that satisfying pop. Instant relief - but is it actually safe?

This is one of the most common questions chiropractors get. And the answer is: **sometimes.**

There's a big difference between your spine naturally releasing during movement and forcing your joints to crack in ways they weren't designed to.

Here's what you need to know about when it's harmless and when it's time to see a professional.

What's Actually Happening When Your Back Cracks?

That cracking sound isn't your bones grinding. It's called cavitation - the release of gas bubbles inside your joints. This happens when pressure changes as you move, stretch, or rotate your spine.

When it occurs naturally during gentle movement, stretching, or yoga, it's usually nothing to worry about.

When Does It Become Risky?

Problems arise when you force a crack - twisting hard over a chair, pulling your neck, or having someone stand on your back. *(yes, I've heard people do this!)* While these methods may give temporary relief, they can overstretch ligaments, irritate tissues, and even destabilise your spine, making pain worse over time.

Why Do You Always Feel the Need to Crack Your Back?

If you constantly feel like you "need to pop" your back, that's a red flag. Often, it means there's an underlying joint restriction or muscle imbalance. DIY cracking might help in the moment but won't fix the root problem - so the stiffness keeps coming back.

What Chiropractors Do Differently

Chiropractic adjustments are precise and controlled, targeting the exact joint that's restricted.

This relieves pressure, restores motion, reduces inflammation, and helps break the cycle of stiffness and pain.

The Bottom Line

If your back cracks naturally while moving, it's usually harmless. But if you're forcing it, or constantly feel the urge to, it's time to get checked.

Be gentle with your spine - you only get one.



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BEALNAMORRIVE CHURCH ORGANIST RETIRES AFTER 80 YEARS OF SERVICE

After eighty years of devoted service Mary (McCarthy) O'Regan has retired from playing the Bealnamorrive Church organ. She has served her parish diligently for most of her life and on Sunday, July 6th at Sunday mass Canon Roberts thanked Mary for her years of service and presented her with gifts and a mass in her honour. Her legacy continues, as Mary was proud to see her daughter-in-law Gráinne and her grandchildren singing in the choir on her special day. Afterwards a large crowd attended for tea and refreshments in the local school.

In 1945, Mary and Margaret O'Leary, another Ballyvongane N.S. pupil, were being taught music by their teacher Hannah O'Donovan. The organist at the time, Mary Lynch (sister of the late Kathleen Twomey), moved away from the parish following her wedding. Mary, then at the tender age of ten, took over as organist and led the choir up until 2025. Mary married Dan O'Regan in 1975. His wonderful carpentry skills can still be seen throughout the church to this day. Mary's sons Denis and John attended the local school and altar served throughout their time there. Over the years she sang and played at Sunday Masses and generously donated her time to play for Communion, Confirmations, Weddings, Funerals, Benedictions, Processions and Holy Hours. Mary generously made her time available for all church services. Mary was the resident organist for the many Aghinagh Parish Priests in her time, including: Michael Harrington, Daniel Twomey, Denis Sheehan, Edmund O'Callaghan, Daniel Murphy, Timothy O'Dwyer, Seamus Corkery, Daniel O'Mahony, Patrick O'Carroll, John Slattery, Philip O'Keeffe, Michael Corkery, and



Mary (McCarthy) Regan who retired from playing the Bealnamorrive Church organ for 80 years, seen here cutting the cake with her son John. Pic Peter Scanlan

John Ryan, also the Parish Curates, continuing now to the Macroom clergy; V. Rev. Canon Donal Roberts P.P., V.F., V. Rev. Joseph O'Mahony Adm., Rev. Msgr. James O'Donnell A.P. and Rev. John Keane C.C.

In 1995, at the 150th Anniversary of Ballyvongane N.S. Mary was presented with the Benemerenti Medal and Certificate by the then Bishop John Magee, S.P.S, in honour of the time she dedicated to our church. As young children in the choir we were taught all of the old Irish, old English and even Latin hymns

by Mary. Mary was especially gifted when it came to Latin hymns including Tantum Ergo and Adeste Fideles. However, most of all she relished playing and singing Glória in Excelsis Deo every Easter celebration.

The community wishes to extend the highest of gratitude to Mary for her years of service and wish her and her family only the best in the future.

Ann (McCarthy) Hinchion

CLONDROHID NEWS

NELL'S BUS TO KNOCK: On Friday August 15. Departing Ballyvourney via Chondroid, Macroom, Carriganima, and Millstreet.

Contact Mary Twomey 086 3299375 to book your seat.

PADRE PIO CEREMONIES: In the church of the Holy Spirit Dennehy's Cross Cork this Sunday Aug 10 at 2.30pm. The CART bus will depart Carriganima at 1pm, via Clondrohid, Macroom. Contact Cait for more info 086 8736614

WEEKLY SUMMER HISTORY TOURS: These tours will continue every Tues night at 8pm with Dr. Con Kelleher, starting at Macroom Bridge Choice of 3 talks. The Historic Centre, New Street, and Macroom 20th Century Centres of Entertainment.. Everybody welcome.

CLONDROHID DEV GROUP: Summer season in full flow. You can help by keeping the area around your house weed and rubbish free. Weeds are hard to keep under control. Thanks to everyone who is helping to keep our village neat and tidy, and to our CE worker James.

BINGO: Continues every Wed night at 8.30pm. During holiday times some young people might like

to try their luck. Everyone welcome.

SINGING IN THE TAVERN: This lovely sing a long group or tell a story group meet the 2nd and the 4th Monday nights in The Tavern from 9pm. The next session is Monday August 11. They would love to see you there.

BLOOD DONOR CLINIC: It's a while away, but please mark it in your calendar. They will be in the Community Hall on Monday and Tuesday Sept 29 and 30. A great facility to have in our village, please support as blood is always needed.

CARRIGANIMA ENTERTAINMENT: Saturday Aug 9, guess who is coming, an old favourite TRDallas Saturday Aug 16 : The Diamond Sisters will open the show, to be followed by the famous Cliona Hagan in the Marquee.

There will be more entertainment in Sept. They would love to see you there. A great venue with fun and craic Well done all

LOTTO: Results for July 30. Jackpot €3,400 €70 Cian Creedon Bawnmore, €20 Kevin Cullinane Coachford, Tina Murray C/O Murray's Bar, John Hickey Millstreet, Anthony Murphy Masseytown.

GAA NEWS: Clondrohid Juniors began their

Championship campaign against Kilmichael in sunny Cill na Martra last Sunday. Clondrohid showed nerves early on with Kilmichael controlling early duels and showed it on the scoreboard 1-2 to 0-2. Clondrohid gradually gained control in the middle and breaks started falling their way. Good points by Ciaran, Darren, Jamie and 1-1 by Fergal got them back on level terms at the break. HT Clon:1-6 Kil:1-6

A few positional changes made at the break resulted in a much more focused attack and immediately paid dividends with Darren causing havoc in the Kilmichael defence. Owen McCarthy used his new freedom at wing forward to make probing runs and led to further scores by Cathal & Darren. A ball won back by the excellent full back line was played to Owen McCarthy and he ran 50 yards through the heart of the defence and calmly shot to the back of the Kilmichael net. Kilmichael never gave up and got 1 point back to leave the minimum coming into the final 5 mins. It was nip and tuck with both teams throwing everything at each other. Clondrohid held out through the 5 added minutes to win on a score line of 2-11 to 1-13. Well done to all involved

RCPA (Rylane Community Park Association) Lotto results:

28/7/2025
Winning numbers: 20 22 40 Jackpot - €1,800
No winner:
Lucky Dips: Danjoe Spillane (Ballinagree); Donna

Lane (Rylane); Daniel McSweeney (Rylane - yearly); Jo Healy (Aghavrin Cross, Aghabullogue - Online); Seller's prize: Crowleys (Rylane).



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RATH AG FLEADH CHEOIL NA MUMHAN DO CCÉ CRAOBH LACHTAÍN NAOFA

Bhí torthaí iontacha do bhaill CCÉ Craobh Lachtaín Naofa, Cill na Martra, ag Fleadh Cheoil na Mumhan i gCorcaigh le déanaí.

Members of Cill na Martra Comhaltas branch enjoyed great success at the recent Munster Fleadh Cheoil in Cork and the branch wishes those who qualified for Fleadh Cheoil na hÉireann every success in Wexford this weekend.

Torthaí:

Feadóg (O18): 1st. Ellen de Búrca

Foinn Mhalla, Feadóg (O18): 2nd. Ellen de Búrca

Grúpaí Ceoil (15-18): 3rd. Finín Ó Conaill (le Ceoltóirí Chrónáin)

Amhránaíocht ar an Sean Nós (Mná): (12-15): 1st.

Aoife Ní Uidhir, 2nd. Isobel Ní Drisceoil

Amhránaíocht ar an Sean Nós (Mná) (O18): 1st. Ellen de Búrca

Amhránaíocht ar an Sean Nós (Fir) (Faoi 12): 2nd.

Matthew Ó Tuama, 3rd. Danny Ó Loingsigh

Amhránaíocht ar an Sean Nós (Fir): (15-18): 1st. Finín Ó Conaill, 2nd. Seán Ó Súilleabháin

Amhráin Bhéarla (Fir) (Faoi 12): 1st. Matthew Ó Tuama

Amhráin Bhéarla (Fir) (15-18): 2nd. Finín Ó Conaill

Amhráin Nuacheaptha, Gaeilge: 1st. Seán Ó Muimhneacháin (Sa Bhaile i nGaeltacht Mhúscraí)

Amhráin Nuacheaptha, Béarla: 1st. Seán Ó Muimhneacháin (In Praise of the Fleadh)

Rince Céilí Ceathrair, Mná (O18): 2nd. Ellen de Búrca

(le CCÉ Barr na Sráide)

Rince ar an Sean-Nós (15-18): 2nd. Finín Ó Conaill

Comhrá Gaeilge (Faoi 9): Qualifier. Éadaoin Ní Cheallaigh

Comhrá Gaeilge (9-11): Q. Caoimhe Ní Cheallaigh

Comhrá Gaeilge (11-13): Q. Michaela Ní Riordáin, Mairéad Ní Cheallacháin

Comhrá Gaeilge (13-15): Q. Aisling Ní Cheallacháin

Comhrá Gaeilge (15-18): Q. Finín Ó Conaill

Scéalaíocht (12-15): 3rd. Aisling Ní Cheallacháin



Aisling agus Mairéad Ní Cheallacháin, CCÉ Craobh Lachtaín Naofa, ag dul ar aghaidh go Fleadh Cheoil na hÉireann i gcomórtaisí Comhrá Gaeilge 13-15 agus 11-13.



Aoife Ní Uidhir, 1st agus Isobel Ní Drisceoil 2nd, amhránaíocht ar an sean nós (Mná 12-15) ag Fleadh Cheoil na Mumhan



Éadaoin agus Caoimhe Ní Cheallaigh, CCÉ Craobh Lachtaín Naofa, ag dul ar aghaidh go Fleadh Cheoil na hÉireann i gcomórtaisí Comhrá Gaeilge



Ellen de Búrca, CCÉ Craobh Lachtaín Naofa, 1st amhránaíocht ar an sean-nós, 1st feadóg, 2nd foinn mhalla, feadóg (O18), 2nd rince céilí ceathrair, mná (le CCÉ Barr na Sráide) ag Fleadh C



Finín Ó Conaill, CCÉ Craobh Lachtaín Naofa, 1st amhránaíocht ar an sean-nós, 2nd amhráin Bhéarla, 2nd rince ar an sean-nós, cáilithe, Comhrá Gaeilge 15-18, 3rd grúpaí ceoil (le Ceoltóirí Chrónáin) ag Fleadh C



Matthew Ó Tuama, CCÉ Craobh Lachtaín Naofa, 1st amhráin Bhéarla, 2nd amhránaíocht ar an sean nós (faoi 12) agus Danny Ó Loingsigh, 3rd amhránaíocht ar an sean nós (faoi 12) ag Fleadh C



Michaela Ní Riordáin, CCÉ Craobh Lachtaín Naofa, ag dul ar aghaidh go Fleadh Cheoil na hÉireann i gcomórtaisí Comhrá Gaeilge 11-13



Seán Ó Muimhneacháin, CCÉ Craobh Lachtaín Naofa, ag dul ar aghaidh go Fleadh Cheoil na hÉireann i gcomórtaisí scéalaíochta agus amhráin nuacheaptha, Gaeilge agus Béarla



Seán Ó Súilleabháin, CCÉ Craobh Lachtaín Naofa, 2nd amhránaíocht ar an sean-nós (fir 15-18) ag Fleadh Cheoil na Mumhan



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SR. KATHLEEN O'SULIVAN

By Peter Scanlan

A few days ago this noticed appeared on the RIP.ie website; The death has occurred of Sr. Kathleen O'Sullivan F.M.S.A. Mount Oliver Convent, Ballymascanlan, Dundalk, Louth, /Carrigadrohid, Cork. Late of Old Fort, Carrigadrohid, Co. Cork. Peacefully, surrounded by her family in the tender and compassionate care of the staff at St. Francis Nursing Home, Mount Oliver. Predeceased by her beloved parents, John and Mary, and her siblings Denis, Cornelius, John, Fr. Tim, Teresa, and Vincent. Kathleen came from Oldfort near Carrigadrohid. She was born there in 1933 and began her studies in Canovee N.S. From there she went to Drishane Convent School. After her Leaving Cert she studied at U.C.C. before joining the Munster & Leinster Bank. She won Ashbourne Camogie medals with UCC and continued to play Camogie and Hockey at Senior level while working in Dublin.

All that was to change when she came home one Christmas and announced she was about to enter the Franciscan Missionary Sisters for Africa. The Order had been founded by Mother Kevin to work exclusively in Africa. After her noviciate and profession in Mount Oliver, Dundalk, her Religious Order sent her to U.C.C. to study Medicine. On graduation she did post-graduate studies in Paediatrics in England.

After her mother's death in 1969 she left for Africa, where she has been ever since. For 25 years she worked in the Order's hospital at Nsambya, in the Ugandan Capital of Kampala. During that time the city changed hands violently three times as successive Dictators overthrew their rivals – Milton, Obote, Idi Amin and Museveni. In one of these episodes the rival armies shot at one another for four days through the



Some years ago, Sr. Kathleen O'Sullivan Received a gold medal from Professor Gerry Wrixon at UCC, in acknowledgement of her outstanding medical contribution to the people of the Slums of Kilbera Nairobi

hospital grounds, while the Sisters operated on and tended the wounded from both sides.

25 years later, after finishing her time as Regional Superior she was sent to Loyola University in Chicago to study for a Counselling Degree. One of the main factors in this decision was the Aids situation in the country. So many parents were dying with the disease that very often the Sisters were left with elderly grandparents and small children. Family life was shattered. The same was true of their Mission in Kenya, so on returning to Africa she was appointed to work in a huge slum on the outskirts of the Kenyan Capital, Nairobi. It's the largest of its kind in East Africa, with over one million people. As well



Sr. Kathleen O'Sullivan, a Missionary Sister and Medical Doctor, with members of her health team, as she visits the homes of the sick in Kibera, home to one million poor people (No Date)

as doing her medical work in the slum three days a week she spent two days a week counselling and lecturing in the Amani Counselling Centre in Nairobi. Many weekends she traveled to various parts of the country with a team giving counselling courses. Kathleen is but one of a number of girls of her time in Canovee who dedicated their lives to the poorest of the poor. Let's hope that someday more will follow in her footsteps, be motivated to take up the challenge and follow where they have gone.

Sources:

Her deceased brother Fr. Tim O'Sullivan
The late Nora O'Leary, Kilcondy



James Galvin, Macroom



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THINK GLOBALLY, **ACT LOCALLY****M.D.G.E – MACROOM DISTRICT AND ENVIRONMENTAL GROUP**

Hi Chris Barrett here!

I have recently been speaking recently with some good friends who are in the Macroom and District Environmental Group (MDEG) which was founded in 1985, and I would like to share my research!

MDEG is the oldest community-based environmental group in Ireland, and it would like to thank the town of Macroom for support given for its many achievements over the years.

When the group started up, it had only four members who initially focused on the high levels of chlorine in the town water.

Education has always been an important aspect of the group's work, and from the 1980s MDEG members visited local primary schools.

The HERITAGE in SCHOOLS PROGRAMME is currently being continued by a group member.

In 1986 MDEG worked with the town of Macroom to produce a BI-MONTHLY NEWSLETTER funded by town business advertising.

A year later, M.D.E.G achieved DESIGNATION of the GEARAGH as a statutory Nature Reserve.

That same year the TAOISEACH awarded MDEG the 1st PRIZE of £1500 for the GEARAGH FEASIBILITY PROJECT.

MDEG established and maintained a COMMUNITY EMPLOYMENT PROGRAMME between 1989 and 2002 with 160 participants employed over their 14-year FÁS term whilst managing £100,000 in accounts.

MDEG secured Macroom's BOTTLE BANK in 1987.

Macroom Castle Demesne has always been of importance to the group as an area of natural beauty and refuge that was dedicated in perpetuity for the enjoyment and amenity of the people of Macroom, and they successfully opposed A PLANNING APPLICATION for the DESMENE, gathering 637 signatures from townspeople to petition against a proposed housing development within the Demesne. The group used to meet up in the Castle Arch, in



MDEG members and friends gathered together to do needed work.

an office that was available to members of the community to come for information or to discuss environmental issues. MDEG later moved to another premises in the town square and maintained an office there for many years.

In 1991, a TREE NURSERY was established on a leased acre at Dromkeen Cross.

That same year a 12-acre BLANKET BOG was purchased for PRESERVATION by the group.

In 1993 MDEG played a central role in CLOSING SHANAKIEL DUMP, which was a source of severe air and water pollution, thereby paving the way for the establishment of one of Ireland's very first civic amenity sites in Macroom.

In 1993 CARRIGASTYRA FAMINE GRAVEYARD was RENOVATED. This involved the rebuilding of walls and planting of trees.

In 1994, the COUNTRY MARKET was established in Macroom by MDEG who took over the ICA hall

insurance. In fact, many locals enjoy shopping at the Country Market on a Tuesday morning where it is currently held in the GAA hall.

The group's composition has changed over the last few years, and with so much contribution to Macroom's past, there is a lot to live up to. The group rises to challenges and would very much welcome people who are impressed by our achievements to date and who would like to be part of our future journey. Younger people are always welcome to join, and/or to follow our projects on Facebook.

Come and join!

I would like to thank everyone in the town and from the surrounding area who has been helped the group achieve so much over the last 40 years.

If you or anyone you know would like to respond or contribute a similar article, please contact me chrisleevalley@gmail.com Photos thanks to Catherine Sheehan



Restoration work being done at Carrigastyra Famine Graveyard with workers from abroad.



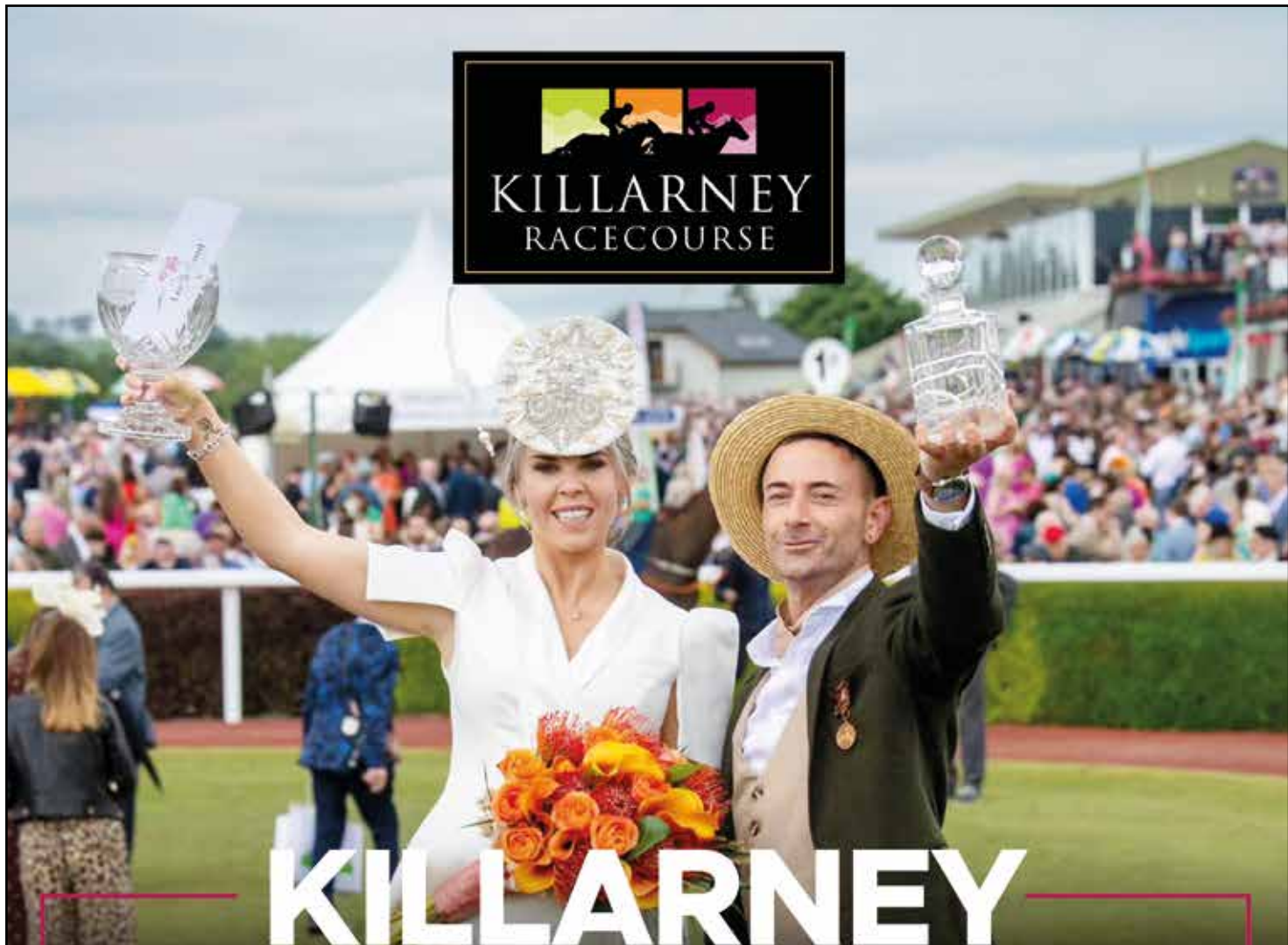
Trees and plants on sale at the Market in Macroom.



Early meetings were held in the Castle Arch.



Fundraising Bike Rides were held



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Minister confirms HIQA registration of new beds in Macroom Community Hospital

Minister Carroll MacNeill visits new €50m developments at Kanturk, Millstreet and Macroom Community Hospitals

Minister for Health, Jennifer Carroll MacNeill TD, today (Wednesday) visited newly developed HSE South West facilities in Cork. The Minister visited new extensions at Kanturk Community Hospital and Millstreet Community Hospital where further construction work is currently underway on the old hospital building. The Minister concluded the visit at Macroom Community Hospital where she confirmed that HIQA have approved for the registration of the refurbished old hospital building enabling the opening of new beds on a phased basis in the coming weeks.

Commenting on the visit, Minister MacNeill said "I am really pleased to visit Kanturk, Millstreet and Macroom Community hospitals today and to note HIQA's confirmation of the registration of additional bed capacity at Macroom. Building capacity, both in terms of workforce and infrastructure, is essential to addressing Ireland's long-term demographic challenges." "Substantial public investment is being made in healthcare infrastructure to support the ambitions of Sláintecare, including over €50 million allocated to the sites I visited today." "The provision of high-quality, safe care and modern facilities for older persons is a key priority for me and for Minister for Older People, Kieran O'Donnell. We look forward to the completion of these developments and the delivery of full capacity as soon as possible."

Welcoming the Minister to the South West Region, HSE South West Regional Executive Officer, Dr. Andy Phillips said; "in building a health service our community is proud of, we are investing in high quality services for our valued older persons. The development of new facilities in Kanturk, Millstreet and Macroom Community Hospitals shows our commitment to delivering the highest standard of care. I am honoured to welcome the Minister to County Cork today to discuss some of the opportunities we have in providing high quality care including virtual care for older persons in rural settings."

Note to Editors:

Kanturk Community Hospital

Kanturk Community Hospital is a 43 bed, designated centre for older persons, currently registered to accommodate a maximum of 27 residents due to refurbishment. The hospital has recently undergone significant extension and refurbishment works (Circa € 21.6m) to comply with regulatory requirements. Kanturk Community Hospital provides 24-hours nursing care to both male and female residents whose dependencies range from medium to maximum care needs. Long-term care, convalescence care, respite and palliative care is provided, mainly to older adults. Following completion of a new extension at Kanturk Community Hospital, refurbishment works on the original building were undertaken to address regulatory requirements under SI 293. These refurbishment works are now substantially complete. Pending inspection and registration by HIQA, HSE South West will then proceed to opening the 43 beds, subject to adequate staffing levels being in place.

The 43 beds will be comprised of 33 long stay beds, 8 short stay beds and 2 palliative care beds.

Millstreet Community Hospital

Millstreet Community Hospital is a 26-bed hospital which is currently undergoing a significant refurbishment programme and is therefore, registered to accommodate 10 residents at this time. The hospital provides 24-hour nursing care to both male and female residents whose dependencies range from medium to maximum care needs. Long-term care, convalescence care, respite and palliative care is provided, mainly to older adults.

Following completion of a new extension at Millstreet Community Hospital, refurbishment works on the original building commenced in July 2025 to address regulatory requirements under SI 293. Extension and refurbishment (Circa € 14.6m) works were undertaken at Millstreet Community Hospital to comply with HIQA regulations and provide an enhanced environment for our residents.

Following attainment of registration, residents

began moving into the new building during the week commencing Monday 26th May 2025. Staff at Millstreet Community Hospital supported residents from the existing building to move into their new accommodation which offers more privacy and a high standard of accommodation. The new extension contains 11 single en-suite rooms with beautiful social spaces for the residents to enjoy.

The HIQA registration currently contains a condition that limits new residents to the unit. We HSE South West is currently working with HIQA to remove this condition and plan to open 1 more bed in the new unit to accommodate respite admissions.

The next phase of the refurbishment work will see the front old building transformed to deliver more modern compliant accommodation for residents. Phase 2 has commenced since July 2025 with a planned completion in 9 months.

Macroom Community Hospital

Macroom Community Hospital is a 38 bed, community hospital. A significant programme of work has been undertaken to modernise and renovate the unit. Macroom Community Hospital provides 24-hour nursing care to both male and female residents whose dependencies range from medium to maximum care needs. Long-term care, convalescence care, respite and palliative care is provided.

Macroom Community Hospital had to undergo significant extension, and refurbishment works (Circa € 14.65m) in order to comply with HIQA regulations and facilitate a move away from the 'open ward' model to more private rooms. These essential works were necessary to provide an enhanced facility for the local community. The new hospital extension in Macroom was completed in 2022 and refurbishment works were then undertaken on the existing hospital. These refurbishment works are completed and the application to vary had been approved by HIQA.

Once registration has been finalised, HSE South West will progress with relocating residents who had moved to the new extension back to the original building.



Image right: Mary Lucy Ballyvourney and her Dog Rocky at a wedding in Gougane Barra. Pic. by Sarah Kate Photography,
Image above: St Finbarr's Gougane Barra. Pic. by Sarah Kate Photography

matt murphy's PHARMACY

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HSE South West advises that only urgent cases should attend Emergency Department at Cork University Hospital



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

HSE South West Press Release

29 July 2025

HSE South West is cautioning that the Emergency Department at CUH is currently experiencing very high levels of activity.

We are asking the public to consider all care options - including GPs, pharmacists and SouthDoc out-of-hours services.

When there is a large volume of ED attendances, patients are prioritised in terms of clinical need and wait times for non-urgent care can be lengthy. Patients arriving to the ED will be clinically assessed and seen in order of priority, so those with non-urgent presentations will be waiting a long time and are advised to seek alternative treatments.

Your GP can also access Urgent Virtual Care (UVC), a new regional telehealth service which allows GPs and Paramedics to consult directly by phone, or by video call, with a senior medical decision-maker in

Emergency Medicine or Geriatric Medicine. They can advise you if you need to attend the ED. As always, people who do require emergency care are encouraged to attend EDs where they will be prioritised.

HSE Integrated Area Manager for Cork South and West Priscilla Lynch said:

"Our priority is to protect access to emergency care for those who need it most. We're asking the public to help us by seeking treatment through other trusted services such as GPs, SouthDoc, pharmacists, and their local injury unit. The new Urgent Virtual Care service is also a vital tool to help GPs assess patients and guide them to the right pathway."

Chief Executive Officer, Cork University Hospital Jennifer Kearney said:

"We are currently experiencing a surge in activity at CUH's Emergency Department, and it's vital we reserve our resources for patients with the most critical needs. I urge everyone to pause and consider:

'Is the ED the right place for my care?' There are excellent alternatives available - including local GPs, pharmacies, SouthDoc, and injury units that can offer prompt and appropriate support."

Know your options if you need medical treatment:

1. Self-care – Have a well-stocked medicine cabinet to help with colds and sore throats
2. Pharmacy – Ask your pharmacist for advice on common minor illnesses
3. GP Surgery – Make an appointment with your GP if you're feeling unwell
4. Local Injury Unit – For minor injuries, broken bones and burns. See www.hse.ie/injuryunits for more information
5. Out-of-Hours GP – if your GP clinic is closed, call SouthDoc on 0818 355 999
6. ED or 999/112 – For emergencies, please visit your nearest ED



Charleville, Co. Cork - 15th - 21st September 2025

As part of the Ballyhoura Region's bicentennial commemoration of the Peter Robinson settlers, CallBack theatre proudly presents The Robinson Experiment, a newly commissioned play that brings to life one of the most poignant chapters in Irish-Canadian history. The production will run from September 15th to 21st at The Schoolyard Theatre, Charleville.

Written and directed by acclaimed playwright John Sheehy and produced by Cora Fenton, The Robinson Experiment explores the emotional journey of a Munster family preparing to emigrate to Canada in 1825 under the British Government's Peter Robinson resettlement scheme. This initiative, which predated the Great Famine by two decades, saw over 500 families from North Cork, Southeast Limerick, and the Ballyhoura Region set sail from Cobh to begin anew in Ontario.

Rather than a historical retelling, Sheehy's script delves into the human experience—capturing the fear, hope, humour, and heartbreak of those leaving and those left behind.

"I wanted to let the characters speak for themselves," says Sheehy. "To imagine their dreams, their doubts, and the courage it took to face the unknown."

CallBack theatre, founded in 2001 by Sheehy and Fenton, has earned national acclaim for its emotionally resonant and thought-provoking productions. With The Robinson Experiment, the company continues its tradition of excellence, supported once again by Ballyhoura Development,



whose long-standing commitment to the arts has helped bring local stories to national stages.

The play is a centrepiece of a weeklong programme of events commemorating the 200th anniversary of the Peter Robinson settlers. Over 120 international visitors—descendants of those early emigrants—will travel to the Ballyhoura Region to reconnect with their roots and honour their ancestors' legacy.

Sheila Queally, board member of The Schoolyard Theatre, expressed pride in hosting the production: "This is exactly the kind of community-focused, high-quality work our theatre was built to support."

Tickets are now available and selling fast. Don't miss this moving tribute to the resilience of the human spirit and the enduring ties between Ireland and Canada.

Book Tickets: Eventbrite – The Robinson Experiment
Learn More About the Peter Robinson Settlers: Visit Ballyhoura

The Robinson Experiment production is supported by the LEADER Programme 2023–2027, Boss Murphy Foundation (via Community Foundation Ireland), Cork County Council's Commemoration Fund.



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Dancing in Macroom 1895-2022

Part 1, 1885-1922.

by Con Kelleher.

Compared to the showband and nightclub/disco eras, popular dancing has almost disappeared in Ireland. Sure, Macroom teenagers take a double-decker to the disco but this is more about girls/boys meeting, being away from the house and being cool. Old-time dancing is flourishing in pockets such as in Crookstown, Ballyvourney, Mushera and Dunmanway. But compared to earlier times in the twentieth century, public dances are scarce. Local Irish- and modern dancing classes do good business and dancing/discos are routine parts of wedding celebrations. This series of articles examines the fate of popular dancing in Macroom since 1895.

Kelly contended that 'Dancing was probably the most popular recreational activity in late early modern Ireland', before the nineteenth century. Macroom was no different, and without going into the early modern period, we can see evidence not just of the popularity of dancing, but the evolving type of dance. In the late nineteenth century the official ball was a commonplace even ('Ball at Macroom R.I.C. Barracks' (in 1895). This was at a time when the Gaelic League was coming into its own, with the Southern Star also reporting in 1898 that 'The competition (sic) in recitation, singing and dancing, which came off at Macroom on Sunday under the auspices of the Macroom branch of the Gaelic League, must be regarded as an important epoch (sic) in the work of reviving our language and customs.' A century later, dancing was very different



Dancing in Youahal c.1930

with the Southern Star reporting on the 'Winners of the disco dancing competition were ... the Macroom Macra na Feirme club'. All of this reflects the antiquity and importance of dancing in Ireland and Macroom. It also exemplifies the contrasting types of dancing taking place in Macroom 1895 to the present.

That Macra na Feirme, a rural-based organisation, featured a disco-dancing competition (along with

an Irish set-dancing and others contests) at century's end demonstrates the change in dancing in Ireland/Macroom in this period, and that the spectrum was broad. The evolution of dancing in Ireland has been well covered by O'Connor who argued that modern Irish-dancing is bookended by two seminal events: the first was the Irish céili, organised by the Gaelic League, the first of its kind, in London on 31 October



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1897. The céilí was the first attempt to establish a canon of Irish dances that would serve the Gaelic Revival's aims of restoring an Irish-speaking country. The counterfoil to this was the extensive Anglicization of Ireland against which Douglas Hyde railed. The second was a seven-minute step-dance routine during the interval of the 1994 Eurovision song contest in Dublin, starring Americans Michael Flatley and Jean Butler. They and their supporting dancers performed brilliantly and sensually, and gave rise to Riverdance and its off-shoots, shows that swept the world. Irish dancing had changed radically. O'Connor detailed lucidly dance and national identity, dancehalls, 'ball-rooms of romance', the re-emergence of set-dancing, diasporic dancing and the effect of Riverdance. Brennan related an episode in West Clare from the late 1930s, which could just as easily have been in Macroom, when a member of the Kilfenora Céilí Band recalled 'the "detectives" – local Gardaí - raided the house and every man was punched and kicked as the dancers were ejected from the premises'. The action followed the passing of the Public Dance Hall Act (1935), a watershed moment, that effectively banned dancing in houses and pressurised people to attend dances only in the often newly built halls. Many halls were under priests' control.

Dancing in Ireland can be broadly classified into Irish/céilí dancing and modern/popular dancing. With regard to Irish dancing, there was a bitter discussion from the late 1890s to 1914 on the authenticity of Irish dances and a puritanical zeal by some to exclude anything tainted with 'foreignness'. While many in the Gaelic League upper echelons admired rural Irish-speaking areas, simultaneously they despised the ignorance and uncouthness of many living in the Gaeltachtaí. An example was that many Irish dancing communities had readily accepted sets while many 'purists' rejected them because they were not truly Irish and were associated with the quadrille. Set dancing may also have been rejected on the lone basis that it was associated with the rural poor and 'low culture'. Because of British control in Ireland, British mores, music and dancing tastes were present and accepted as high-class, modern and sophisticated. The division was porous with those working in 'big houses' and others, those educated at elite Catholic boarding schools, colleges and universities, and those exposed to 'foreign' dancing influences, brought these British influences and dances to the broader community. These positions were the basic starting points of dancing in Ireland at the beginning of the twentieth century. While there is much overlap of genres, dancing will be discussed chronologically in the following time-spans: 1900-1922, 1922-1958, 1958-1973 and 1973-1999.

Dancing is natural and was/is important socially, but it also has religious, political, cultural and identity connotations. The types of dances practiced by Macrompians over the century mirrored not only their varied interests but also outside influences and fashions, and the interplay of society, social rules and politics on individuals, and the influence of changing forms and places of dance on society. This is strikingly obvious when reviewing the 1958-1972 showband

era, an exclusively Irish phenomenon. Like much of the country, the 'big house' ascendancy Anglo-Irish class around Macroom was fading in prominence and social status from 1860 onwards. In 1900, Macroom Castle was owned by Lady Ardilaun; she was largely an absent head-landlord of the area. Equally, many other local 'big houses' were deserted or transferring to Catholic ownership. This led to a concomitant decrease of 'big house' soirées, dinners and dances. However, as noted above, official balls continued until effectively ended by the advent of World War I and what followed. Compared to other towns surrounded by better land, hunt balls were rarer in Macroom. Meantime, in rural Ireland especially, the peasants continued to enjoy and foster Irish dancing and this kept it alive as evidenced by support for local dancing masters. The Gaelic League, founded in 1893, reluctantly came to adopt and promote Irish dancing. Breathnach noted that, shortly 'the céilí or scoraíocht ... became an inseparable adjunct of the language movement'. McMahon noted that An Claidheamh Soluis (1900) acknowledged the importance of 'these local feiseanna in spreading a 'knowledge of the movement'. As dance and politics in the national struggle became more entwined, O'Connor described Irish-dancing as 'the gunpowder of the Irish Revolution'.

Dancing in Ireland 1900-1922 was dominated by Irish nationalism and identity. Catholic-Protestant religious affiliation was broadly coterminous with the political division. In Macroom, a GAA Club was formed in 1885 and the local Gaelic League branch organized the first provincial feis in 1898. Further, in 1901 Macroom's population was 97.8% Roman Catholic. While all sections of Irish society supported 'modest' dancing, the Catholic clergy was especially zealous in pursuing this agenda. Irish dancing also had gender implications and until the 1890s most dancers and dance-masters were male. From 1890-1920, Irish step-dancing became 'increasingly feminised'. O'Connor ascribes reasons such as the increased level of education of women and a demarcation of male and female roles in cultural nationalism. In Ireland, sport was mostly male, camogie excepted, and dance became female, and for many city females, Irish-dancing became a means to express their nationalism. Mentally, men were associated with strength, the mind, thinking and logic, and women with the body, nature and instinct and, thus, dance. These influences affected dancing in Macroom 1900-1922.

Some local clergy and teachers were driving forces behind Irish dancing competitions – there is no evidence of mixed dances, at least not initially. The junior feis hosted by Macroom Gaelic League branch on 17 June 1901 included dancing competitions. Miss B Corcoran and Master E Horgan won female and male dancing contests in the Inchigeela Feis, a great success, largely due to Fr Hurley P.P. and C.C. Fr O'Driscoll, his assistant, and Mr O'Dea, N.T. Adults held events later in the day, even 'all-nighters', a trend which the clergy did not support. Macrompians Mr E.J. O'Shea and Miss M O'Shea attended the first Gaelic League all-night dance in Flanagan's Hotel, Cork in 1902.

Macroom Coiste Ceanntair held an Aeridheacht in Coachford in 1904. Around the same time, Macroom Ladies Dance Club (non-Irish dances) was active, as evidenced by a letter of complaint to the Southern Star about a report on one of their dances in 1906. The Dance Club was orientated more towards 'English' culture and was mainly middle-class. Macroom Dance Club also held all-night dances. Its 'reunion' in November 1913 saw sixty couples attend, with music provided by a pianist and violinist which lasted from 10 p.m. to 7.00 a.m. Organising committee members included a veterinary surgeon, two national-school teachers and two prominent businessmen. The cross-pollination of players was again evident at the Duhallow and Muskerry Re-Union, where Mr. P. Foley, Macroom, a regular player at feiseanna, played the dance music on the violin.

The Gaelic League was also involved in activities apart from the Irish language and Irish-dancing... In 1907, it supported William Ludwig, the famous baritone, renowned for performing Irish ballads, who sang in Macroom. Among local supporting acts was a Macroom Gaelic League group who danced an Irish reel thereby placing Irish dancing within a 'high' culture event. But, again, variety flourished in Macroom, with Cork's Butter Exchange Band holding an Open-air Dance and Band Promenade in the Macroom Castle Demesne, with the permission of Lady Ardilaun, in 1910.. It is probable that the band played the popular tunes of the day, Irish and otherwise. A repeat took place in August. To underline the contrasting competing dancing genres, a Gaelic Festival was staged in Macroom that same August. The promenade/dance was a popular success as another was held the following year and 'special' trains ran from Cork..

It was not uncommon for promoters and attendees to have a foot in both camps, with numerous events catering for Irish and non-Irish dancing. On New Year's Eve, 1910, for example, Macroom Dance Club had forty couples in attendance at their Annual Dance; the hall and music were excellent, and the night's success owed much to organiser, local teacher and prominent GAA official, Stephen O'Mahony, N.T. O'Mahony was a prominent GAA official. In 1911, Macroom GAA Club, having won its first senior county championship in 1909, held its annual dance – not a céilí - in Macroom Town Hall. Over 100 enjoyed the occasion. The Ancient Order of Hibernians (A.O.H.) organised a dance in aid of the Bishop McGegan Memorial fund. Macroom Dance Club gave a farewell dance in honour of departing banker, Thomas Ahern. The same club opened its winter session in October, and its Annual Dance was held in December. From 1911 to 1913 several open-air dances took place in Crookstown, eight miles east of Macroom and on the Cork-Macroom railway line. This regularity of all types of dancing was impacted by WW1, and the evidence of events became sparse. However, an Aeridheacht Mór was held in Macroom in August 1917. In January 1918, Macroom Cricket Club held a dance in the Town Hall when about fifty couples attended. Food was provided by William's Hotel and dancing continued until 7 the following morning.

To be continued.....

James Kelly, *Sport in Ireland 1600–1840* (Dublin, 2014) p. 15. He bases his comment on the account in Arthur Young's tour in Ireland, ed. A.W. Hutton (2 vols., London, 1892), i, 446 and 336. *Southern Star*, 12 January, 1895.

Ibid., 26 March, 1898.

Ibid., 14 February 1998. Macroom also won the set dancing (Irish dancing) competition in the same 1998 Muskerry Macra na Feirme Regional final. Macra na Feirme (it translates as 'Sons of the Farm') was founded in 1944 and is an organisation that educates and acts as a social/educational club for young farmers (17–35) and those living in rural areas.

A céilí is a dance featuring Irish dances such as jigs, reels, hornpipes etc.

Barbara O'Connor, *The Irish Dancing Cultural Politics and Identities, 1900–2000* (Cork, 2013) p. 1. Ibid.

Helen Brennan, *The Story of Irish Dance* (Lanham, Maryland, 1999, 2001) p. 10.

Brennan, *The Story of Irish Dance*, pp. 31–37.

O'Connor, *The Irish Dancing*, p. 28.

Because of its nature, it is difficult to have physical proof of dances/dancing but recent research has suggested that pre-Homo Sapiens primates danced, Eva Frederick, (December 23, 2019). "Dancing chimpanzees may reveal how humans started to boogie", Science. doi:10.1126/science.aba6904. 52CID 214152330. Ali and Javed Javid, Tabassum (2008), World Heritage Monuments

and Related Edifices in India (Algora Publishing, 2008) pp. 15–19

Denis Paul Ring, *Macroom Through The Mists of Time An Historical Geography of Macroom C. 500–1995* (Carrigrohind, 1965) p. 258.

Brennan, *The Story of Irish Dance*, pp. 9, 13, 21 and 22.

Ibid., *The Story of Irish Dance*, p. 29 and O'Connor, *The Irish Dancing*, p. 32

O'Connor, *The Irish Dancing*, p. 27.

Timothy G. McMahon, *Grand Opportunity The Gaelic Revival and Irish Society 1893–1910* (Syra-cuse, New York, 2008), p. 166. An Claidheamh Soluis was the official newspaper of the Gaelic League, and a feis was a festival that featured Irish literary, recitation, music and dance competitions. Latterly, the term is mostly applied to Irish music/dance competitions.

O'Connor, *The Irish Dancing*, p. 33.

Cork Examiner, 22 May 1885; McMahon, *Grand Opportunity*, p. 158.

Majella Flynn, *The Changing Population Geography of Macroom Protestants 1837–1901* (UCC, 1984); this was part of a B.A. dissertation presented to the Department of Geography, University College Cork, 1963.

O'Connor, *The Irish Dancing*, pp. 24–5, citing Archbishop Croke's reply accepting patronage of the GAA, 1884; p. 27.

Ibid., p. 34.

Ibid., 35.

Southern Star, 22 June 1901.

Cork Examiner, 25 June 1901. Inchigeela is a village ten miles south-west of Macroom.

Southern Star, 15 March, 1902.

An Aeridheacht is a public concert that features Irish traditional music, song, dance, recitation and drama excerpts.

Southern Star, 10 February, 1906.

Cork Examiner, 9 July, 1915.

Cork Examiner, 30 January, 1907.

Evening Echo, 7 July, 1910.

Ibid., 20 August, 1910.

Evening Echo, 20 August, 1910

Cork Examiner, 27 May 1911.

Southern Star, 7 January, 1911.

Ibid., 4 May, 1912.

Ibid., 5 October 1912, 28 December.

Ibid., 11 January, 1918.



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Magic Moments as Fairtree Village Welcomes 2025 Rose Buds & Rose Buddies Events

The Rose of Tralee International Festival and Fairtree Village came together on Friday evening to celebrate the official pairings of this year's Roses with their Rose Buds and newly introduced Rose Buddies – adding even more magic to Ireland's most beloved festival.

For the first time, little boys aged between six and ten will join the Roses, Rose Escorts, and Rose Buds throughout the Festival, taking part in parades, attending the exclusive Rose Buds & Rose Buddies party, and even helping to open the live TV shows on RTÉ One on Monday, 18th August.

Fairtree Village, the official Rose Bud & Rose Buddy sponsor, was the perfect setting for this special announcement. The evening was hosted by Festival Director Suzan O'Gara, joined onstage by Kerry Rose Laura Daly and Rose Escort Mark Riordan, representing this year's Roses and Escorts. Together, they introduced each pairing to a crowd of over 250 proud parents and families, as every Rose Bud and Rose Buddy received their sash or badge and a photograph with the guests of honour.

Executive Chairman of the Rose of Tralee International Festival, Anthony O'Gara, attended the event alongside his wife Oonagh. Speaking on the night, he said:

"The Rose Buds – and now our new Rose Buddies – are such an important part of the Festival spirit. They bring joy, energy and a true sense of community to the celebrations. We're delighted to have Fairtree Village on board to help create these magical moments for the children and their families this year," said Anthony O'Gara



This years Rose Buds and Rose Buddies. Image by Domnick Wals

Fairtree Village's Facilities Manager Dan Roche extended a warm welcome to all in attendance. Every child left with a special gift bag courtesy of Fairtree Village before enjoying pirate-themed fun aboard the brand-new pirate ship in the play area, followed by time to explore the Village market with their families.

"We're thrilled that Fairtree Village is the official sponsor of the 2025 Rose Buds & Rose Buddies," said Facilities Manager Dan Roche. "It's an honour to host such a heartwarming celebration of community,

friendship, and young talent. We can't wait to share more exciting moments as the journey continues," Dan Roche said.

The Rose Buds & Rose Buddies programme is one of the most cherished traditions of the Festival, now made even more special with the addition of the young lads joining in the celebrations for the first time. The Rose of Tralee International Festival takes place in Tralee from August 15th-19th in Tralee, Co Kerry.

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Fine Weather for Kilgarvan Show



GLEN DIMPLEX ALL-IRELAND CAMOGIE SENIOR CHAMPIONSHIP FINALS

to Feature Full-Day Family Entertainment at Croke Park on August 10th

Fans heading to Croke Park on Sunday, August 10th for the Glen Dimplex All-Ireland Camogie Senior, Intermediate, and Premier Junior Camogie Championship Finals are in for more than just thrilling sporting action - they can expect a full day of family-friendly entertainment pre and post matches, both on and off the pitch.

Entertainment highlights include:

Tailgate party in the Croke Park Hotel from 12noon, featuring music, face-painting and more!
Live DJ Sets and a Dance Cam in Croke Park throughout the day
T-shirt cannons in Croke Park
Drumming performances in Croke Park
Half-Time Shows – including pitch-side appearances from mini teams, U14 Parades, and the Tipperary Jubilee Team of 2000
Live stadium MCs: broadcasters Aisling O'Reilly and Valerie Wheeler

The Premier Junior Final begins at 1pm and will see Laois and Armagh battle it out for the Kay Mills Cup. The Intermediate Final will begin at 3pm and will see Kerry and Offaly compete for the McGrath Cup. The day will culminate in the Senior Final at 5:15pm as Galway and Cork battle it out for the O'Duffy Cup.

Brian Molloy, Uachtarán, The Camogie Association said:
"There's nowhere else you'll want to be on August 10th than Croke Park. We've got something for everyone –



from die-hard supporters to families looking for a memorable summer day out. With entertainment from start to finish, the atmosphere promises to be electric, both on and off the pitch. It's a true celebration of camogie, community and culture – you won't want to miss it."

For tickets and updates, visit www.camogie.ie



GAA CHAMPIONSHIPS 2025

2025 ALL-IRELAND SENIOR FOOTBALL

All Ireland Final: Kerry 1-26 Donegal 0-19

Camogie

Glen Dimplex 2025 Senior All Ireland Championship

All Ireland Final: Sunday, August 10th – Croke Park 5.15pm

Cork v Galway

All Ireland Semi Final: Cork v Waterford

Cork 1-21 Waterford 1-11

Unbeaten Cork eventually wore down Waterford in the Glen Dimplex All-Ireland senior camogie semi-final at UPMC Nowlan Park. The Rebels stellar championship run, which sees them unbeaten since Galway overcame them in the round-robin two years ago, ensures they stay on track for three-in-a-row All-Ireland titles, a feat last achieved by Cork between 1970-1973.

Waterford were in this game right up until the fourth quarter, only to be overrun in the closing stages.

The finishing touches to the Cork victory were applied by substitute Orlaith Mullins who entered the fray three minutes from time and ended with a hefty 1-2. Saoirse McCarthy was the Cork star, scoring seven wonderful points - three from play.

Katrina Mackey replaced Clodagh Finn after the Fr O'Neill's forward picked up an injury during the week and the Douglas forward ended with four points.

In front of an attendance of 7,120 spectators, Cork won the toss and elected to play against the wind and while they were first on the scoreboard through an Amy O'Connor free, Waterford's response four minutes later from a Niamh Rockett placed ball was a significant reply. The teams traded points before Waterford, mainly through the brilliance of Beth Carton, moved into a 1-4 to 0-3 lead midway through the half.

The De La Salle attacker made no mistake on the quarter hour mark when she moved into space and her finish was low to the far corner. Emma Murphy and Sorcha McCartan white flags were cancelled by Carton and a Rockett free - Waterford keeping their noses in front as the wind appeared to swirl, 1-6 to 0-5.

Cork came more into the game through the next four points - three of these excellent returns from McCarthy to draw level. Abby Flynn pushed Waterford into the lead, 1-7 to 0-9 at the interval.

The first 10 minutes of the restart was frenetic. Cork obviously benefitted from a good half-time pep talk with Katrina Mackey showing the way with a trio of points, Cork were beginning to work their way back. The Rebels would outscore their opponents six points to two.

Waterford did well to keep the ball out of the net in the 38th minute, as the scores at the other end started to dry up due to the Cork rearguard maintaining a strong defensive shape.

As The third quarter came to a conclusion, the lead had extended to 0-16 to 1-9. Rockett ended a 12 minute drought for Waterford with a 48th minute free but there was no let up from Cork, McCarthy landing another brace. The alertness of Brianna O'Regan in the Waterford goal denied Cliona Healy, but O'Connor split the posts from the '45. Mullins put the icing on the cake in the first minute of stoppage

when she was picked out by Orlaith Cahalane.

Scorers for Cork: S McCarthy 0-7 (0-4 f), O Mullins 1-2, K Mackey 0-4, A O'Connor 0-3 (0-2 f, 0-1 45), E Murphy and S McCartan 0-2 each, L Hayes 0-1.

Cork: A Lee; P Mackey, L Coppinger, M Cahalane (Capt); A Healy, L Treacy, L Hayes; H Looney, A Thompson; E Murphy, S McCartan, E Murphy; O Cahalane, K Mackey, A O'Connor. Subs: Cliona Healy (Aghabullogue) for E Murphy (53), M Murphy for A Thompson, O Mullins for S McCartan (both 57), A Fitzgerald for L Hayes (62).

Muskerry Junior Championships 2025

Ross Oil Mid Cork

Junior A Football Championship

Two teams from each group to progress to play-off stages, top two to semi final stage and the other four to quarter final stage.

Group 1 Ballincollig 2-11 Donoughmore 1-13

Dripsey 3-13 Blarney 0-6

Group 2 Grenagh 3-13 Aghinagh 2-15

Clondrohid 2-11 Kilmichael 1-13

Group 3 Éire Óg 1-12 Beal Átha'n Ghaorthaidh 0-9

Kilmurry 2-10 Ballinora 0-8

Group 1

Ballincollig 2-11 Donoughmore 1-13

Donoughmore, Mid Cork Div 1 league winners and runners up to Carbery Rangers in the recent County League Div 1 football league final, will be disappointed that their fine league form did not translate into championship victory when they met Ballincollig juniors at Ballyanley in a fine contest.

A goal for Ballincollig from Pete Kelly in the 2nd minute from a quickly taken free was a perfect start and a two-pointer each from Colm Sheehan and Shane Buckley helped them to a 1-9 to 0-8 half time advantage. Ballincollig scored only twice in the second half but another goal from Pete Kelly on 35 and a second two-pointer from goalkeeper Chris Walsh on 34 were just enough to see them through as Donoughmore reduced a 2-11 to 0-9 deficit down to a single point, substitute Scott Barrett contributing 1-3, before time ran out on them.

Lessons will undoubtedly be learned and Donoughmore will still be fancied to qualify from the group.

Scorers: Ballincollig: Pete Kelly 2-1, Chris Walsh 0-4 (2x2pfrees), Shane Buckley 0-3 (1x2pf), Colm Sheehan 0-2, Mark Oldham 0-1

Donoughmore: Scott Barrett 1-3, Declan Keating 0-4, Seán O'Hanlon and David McDonnell 0-2 each, Mark Lucey and Gavin O'Sullivan 0-1 each.

Ballincollig: Chris Walsh: Killian Power, Shane O'Neill, Seán O'Donoghue: Brian Dore, Ciarán Burke, Shane Buckley: Dylan Ebili, Stephen Coughlan: Colm Sheehan, Darren Murphy, Noel Galvin: Pete Kelly, Mark Oldham, Jack Murray. Subs: George Howard, Dylan Kirsten.

Donoughmore: Jeremy Kennedy: Frankie Honohan, Mark Foley, Seán Broderick: Rory Honohan, Josh Crowley, Paul Crowley: Seán O'Hanlon, Mark Lucey:

Stephen Golden, Declan Keating, Jamie Twomey: David McDonnell, Jack Murphy, Gavin O'Sullivan. Subs: Scott Barrett, Adam Dinan, Kevin O'Connell, Colm O'Callaghan.

Referee: Jerry Masters, Kilmichael

Dripsey 3-13 Blarney 0-6

Clearly, the emphasis is on hurling in the Blarney club at present as they went down rather tamely at the finish to Dripsey at Donoughmore. Dripsey started well with three early points. Blarney fought back and it was 0-8 to 0-5 at half time to Dripsey. A goal from George Feeney on 41 boosted their chances further, 1-9 to 0-6. Blarney did not add to their tally and Dripsey had further goals from Feeney and their great clubman Mark O'Sullivan, to wrap up the victory and put relegation pressure on Blarney.

Dripsey: Jack Casey: Colm O'Connell, Dean O'Sullivan, Sam Manley: Cathal O'Connell, Shane O'Riordan, Martin O'Sullivan: Tom Griffin, Mark O'Connell: Michael O'Riordan, Eoghan Maher, George Feeney: Shane Burke, Mark O'Sullivan, Ronan Canavan. Subs: Charlie O'Callaghan, Cian O'Connell, Adam Casey, Eoin O'Connell, Seán Murray.

Blarney: Alex Moynihan: Darragh McPolin, David Lordan, Cian O'Connell: Vincent O'Mahony, Seán O'Grady, Craig Walsh: Stephen Mullane, Olan Hegarty: Joey O'Dwyer, John Daniel Good, Joe Cronin: Mark Cummins, Denis McSweeney, Adam O'Mahony.

Referee: Luke Knight, Kilmurry\

Group 2 Grenagh 3-13 Aghinagh 2-15

Aghinagh, defeated in a replay in last year's final and without their main threat in attack Liam Twohig, went under to renowned battlers Grenagh in the opening group game at Coachford. Grenagh led at half time by 1-5 to 0-5, the goal coming from Jack Twomey in the 6th minute. Aghinagh fought back well on the resumption and boosted by a goal apiece from Con Buckley on 38 and William Coakley on 50 they led by 2-9 to 1-11. Within a minute Grenagh had retaken the lead with a goal from Darragh Kenny and Ultan Duggan shot another immediately after to lead by 3-11 to 2-9. Back came Aghinagh with four points and a two-pointer to be level with the game in added time but there was still time left for Michael White to kick a winning point for Grenagh.

Grenagh: Cathal Cronin: Tyrone Dorgan Desmond, Kevin O'Neill, Paul Ahern: Niall Coleman, Ted Twomey, Danny Warren: John Lehan, Dan Twomey: Seán Joyce, Robert Coleman, Ultan Duggan: Jack Twomey, Liam Walsh, Darragh Kenny. Subs: Michael White, Alex Kiely, Paul BarryMurphy, Jason O'Keeffe.

Aghinagh: Paul O'Sullivan: John Lynch, Donagh O'Riordan, Olan Cummins: Eoghan McCarthy, Luke O'Leary, TJ Buckley: Mathew McCarthy, Thomas Morgans: Declan Ambrose, Gearóid O'Sullivan, Jack Kearney: William Coakley, Con Buckley, Aodh Twomey. Sub: Seán Cummins

Referee: John Ryan, Macroom

Clondrohid 2-11 Kilmichael 1-13

There was a very big attendance at Cill na Martra on Sunday at noon to witness this championship opener between two traditional rivals and after a stirring contest of varying fortunes, Clondrohid took



Clondrohid Junior A's who defeated Kilmichael on Sunday July 27 in the first round of the Championship

the laurels and will be greatly boosted as they face the stiff challenges ahead. Kilmichael will have to improve on their shooting to remain in contention for group qualification.

The teams were level at 1-6 each at half time, goal from Fergal Kelleher for Clondrohid, and it was still even at 1-11 each in the 50th minute with the play very exciting and chances being missed. The stalemate was decisively broken in the 55th minute when Clondrohid wing back Owen McCarthy was allowed to cut through the centre of the Kilmichael defence as the threat he posed was recognised too late and he belted a super shot to the Kilmichael net to give his side the advantage. Kilmichael cut the deficit with points from Tom Browne and Brendan Cotter but they failed to get an equaliser and so Clondrohid secured the valuable points.

Clondrohid: John Corkery: Aaron O'Riordan, Callum O'Shea, Conor Lucey: Owen McCarthy, Brian Corcoran, John O'Connell: Ciarán O'Leary, Seán Desmond: Cathal Creedon, Fergal Kelleher, David O'Connell: Jamie Hourihan, Darren Dineen, George Lowrie. Subs: Charlie Kelleher, Fionán O'Leary, Neilus Murphy.

Kilmichael: Colm Dromey: Alex Woods, Gerard Murphy, Isaac Woods: Danny Horgan, Finbarr Buckley, Eoghan Murphy: Finbarr Dromey, Cathal Foley: Tom Brown, Brian Horgan, Andrew Kelleher: Danny Twomey, Shane Foley, Kevin Murphy. Subs: Brendan Cotter, Michael Downey, Chris O'Connell
Referee: Colm Ó Mocháin, Cill na Martra

Group 3: Éire Óg 1-12 Beal Átha'n Ghaorthaidh 0-9

Éire Óg juniors made it a good weekend for the club's footballers when they followed up the seniors win over Kanturk with a competent win over Beal Átha'n Ghaorthaidh at sunny Kilmichael on Saturday afternoon.

The Ovens men started impressively but Beal Átha, as is their wont, reined them in and the sides were level at 0-3 each in the 26th minute. A Kevin Cooper late point gave Éire Óg a slender half time lead.

A point from former Cork star Daniel Goulding and another from Denny Murphy boosted Éire Óg early in second half but Béal Átha struck for a goal from Barra Ó Duinnín to level matters in the 35th minute. Points were exchanged between Goulding and Ronán Ó Loinsigh, and Colmán Ó Tuama then kicked a two-pointer to put the Gaeltacht men in front on 42. Again, Daniel Goulding and Denny Murphy pointed to bring Éire Óg back into contention and after Goulding kicked another point to put his side in front, Sean Hurley pointed to double their advantage, 0-11 to 1-6 on 53. The Cork All Ireland winner pointed

again on 55 and three minutes from time his high cross from the right was contested by goalkeeper Barra Ó Súilleabháin and Seán Murphy and the ball broke into the vacant net to guarantee that Éire Óg would take the points.

Éire Óg: Éoin Kelleher: Cillian Murphy, John Kelleher, John Mullins: Kevin Cooper, Dermot O'Herlihy, Adam McCarthy: Mark Kelleher, Denny Murphy: David Casey, Michael Murphy, Eoin O'Shea: Sean Hurley, Daniel Goulding, Sean Murphy. Subs: Donncha Kelly, Oisín O'Shea, Jerome Kelleher, Michael Sheehan
Béal Átha'n Ghaorthaidh: Barra Ó Súilleabháin: Peatsai Ó Tuama, Diarmuid Ó Loinsigh, Éanna Ó Céilleachair: Brian Ó Duinnín, Gearóid Ó Loinsigh, Shane Ó Críodáin: Diarmuid Ó Ceallacháin, Liam Ó Coinceannain: Barra Ó Buachalla, Colmán Ó Tuama, Derry Ó Tuama: Ronan Ó Loinsigh, Tadg Ó Laoire, Barra Ó Duinnín. Ionaídaí: Aodhán Brennan, Aaron Ó Tuama, Luke Mac Tomáis.
Referee: Dave Murnane, Macroom

Kilmurry 2-10 Ballinora 0-8

After a very even opening quarter at the end of which the teams were level at 0-2 each, a superb two-pointer from Fergal Wall put Kilmurry in front for the first time and when Lloyd Aisling palmed a finely timed cross from Wall to the Ballinora net in the 17th minute the signs were ominous for Ballinora. The winners added a further three points without reply before half time when Kilmurry led by 1-7 to 0-2 and Rory Duggan fired in a second Kilmurry goal in the 35th minute to create a huge gap between the teams, 2-7 to 0-2. There was no way back for Ballinora despite Ciarán O'Donoghue's contribution of six points from three two-pointers, and a nicely balanced Kilmurry team, B grade champions last season, emerged comfortable winners.

Scorers: Kilmurry: L Aisling 1-1, R Duggan 1-0, F Wall 0-6, L Wall 0-2, Js Kelleher 0-1 Ballinora: C O'Donoghue 0-6, S Lyons and T Forde 0-1 each.

Kilmurry: Cian Desmond: Aaron O'Mahony, Kevin Barrett, Darragh Linehan: Seán Curzon, Daniel Cahalane, Max O'Leary: Rory Duggan, Pádraig Hinchion: Oisín McDonald, Ryan Leahy, Jamie Kelleher: Fergal Wall, Lloyd Aisling, Stephen O'Donoghue. Subs: Dave O'Halloran 20, Liam Wall 52, Sam Dineen 53, Jesse Kelleher 54.

Ballinora: Eoin Walsh: John O'Regan, Brendan Hourihan, Elliot Mitchell: David Collins, Tim Forde, Tim Twohig: Ciarán O'Donoghue, Jack Trench: Seán Lyons, Colin Loughheed, Tomás Mahon: Ben Ahern, Conor Quirke, Noah Seacy. Subs: Brian Carty, Cian Wolfe, Cian Lucey, Tim Crotty, Gearóid Mahon.

Referee: Robert Whelan, Gleann na Laoi

Ballincollig Credit Union

Junior B Football Championship

Aghinagh 1-14v Éire Óg 2-16
Canovee 1-14 Inniscarra 0-18
Cill na Martra 0-7 Naomh Abán 2-9
Grenagh 0-3 Aghabullogue 5-22
Uibh Laoire 2-12 Gleann na Laoi 0-1
Macroom 2-13 Donoughmore 1-6 aet
(Donoughmore advance 6-5 on penalties)

MJK Oils

Mid Cork Junior A Hurling Championship

10 teams, 2 groups, top two in each to semi final stage.

Group 1: A Ballincollig, B Inniscarra C Donoughmore D Blarney E Aghabullogue

Group 2: A Ballinora B Grenagh C Dripsey D Éire Óg E Kilmichael

Rd 1: D v E, B v C - A a bye

Rd 2: E v C, D v A - B a bye

Rd 3: B v D, A v E - C a bye

Rd 4: C v A, E v B - D a bye

Rd 5: A v B, C v D - E a bye

Group 1: Round 1

Inniscarra 0-14 Donoughmore 3-18

Blarney 1-17 Aghabullogue 0-16

Ballincollig - a bye

Group 2: Round 1

Grenagh 0-21 Dripsey 0-12

Éire Óg 0-17 Kilmichael 0-16

Ballinora - a bye

Donoughmore 3-18 Inniscarra 0-14

Donoughmore, recent winners of the JA Hurling League brought their good league form into this opening championship game and enjoyed a fine win against the 2nd seed in the group. Scores were level at 0-4 each in the 14th minute but a goal from Donoughmore full forward Adam Dinan in the 17th minute put his side five points clear and they led by 1-10 to 0-7 at half time. Early in the second half, Inniscarra were reduced to 14 men and they could not contain the confident Donoughmore side thereafter. Donoughmore added a goal from Daniel Holland on 31 and another from Mark Lucey on 47 and their control was not in doubt. The final scoreline did not flatter the winners and they will be strongly fancied to emerge from the group.

Donoughmore: Shane Sexton; Stephen Golden, Mark Foley, Frankie Honohan: Rory Honohan, Josh Crowley, Sean O'Hanlon: Kevin O'Connell, Scott Barrett: Colm O'Callaghan, Daniel Holland, David O'Connell: David McDonnell, Adam Dinan, Mark Lucey. Subs: Shane

Healy, Jack Murphy, Gavin O'Sullivan, Jamie Twomey. Inniscarra: Ben Gleeson: Jack O'Dwyer, Bryan Keating, Conor O'Sullivan: Seán Murphy, Shane Buckley, Seán Sheehan: Colin O'Leary, Seán Quinlivan: Daniel O'Connor, Kieran Rice, Ardal O'Connor: Conor Geoghegan, Michael O'Connell, Conrad Desmond.

Blarney 1-17 Aghabullogue 0-16

Blarney 1-6 to Aghabullogue 0-8 at half time, it was 1-11 to 0-13 at three quarter stage. Blarney led by the goal, 1-14 to 0-14 on 50 and held a four point advantage at the finish.

Aghabullogue: Finbarr Foley; Denis Quinlan, Aidan BarryMurphy, Daniel O'Leary: Killian BarryMurphy, Oisín O'Connell, Arghdal Ó Buachalla: Odhran O'Connell, Shane Bermingham: Seán O'Connell, John Buckley, Dara O'Shea: Brian Dineen, David Hartnett, Aaron O'Sullivan. Subs: Daniel O'Sullivan, Paudie Twomey

Grenagh 0-21 Dripsey 0-12

Seeded 2nd and 3rd in their group, a win here was very important to each team, the opening exchanges were very even and it was 0-7 apiece by the 23rd minute. From there until half time Grenagh forged ahead, adding five points without reply to lead by 0-12 to 0-7 at the break. The second half saw Grenagh maintain their grip on proceedings going 0-17 to 0-9 ahead at the three quarter stage and with the winner's defence not going to concede the goal Dripsey needed, the result was likely well before the end.

Dripsey: Diarmuid O'Riordan: Cathal O'Connell, John Carey, Martin O'Sullivan: Dean O'Sullivan, Eoghan Maher, Tom Griffin: Colm O'Connell, Mark O'Connell: George Feeney, Michael O'Riordan, Shane Burke: Sam Manley, Ronan Canavan, Mark O'Sullivan. Subs: James Cotter, David O'Sullivan

Éire Óg 0-17 Kilmichael 0-16

Éire Óg snatched victory for a victory celebrated by Éire Óg who looked destined for defeat for most of the second half. The game itself was hugely enjoyable and the last ten minutes very exciting and most spectators possibly would have been happy with a division of the spoils.

The teams were level at 0-2 each after ten minutes but Éire Óg, despite hitting a dreadful amount of wides, had gone clear by 0-8 to 0-3 by the 22nd minute. Three late Kilmichael points brought them within reach as the teams retired for the break with Éire Óg leading by 0-8 to 0-6. A Brian Horgan point levelled the scores on the restart, two from Conor Cotter and a Chris O'Connell point put Kilmichael in front for the first time, 0-10 to 0-9 on 37. After Seán Hurley levelled for Éire Óg, Kilmichael hit a scoring purple patch and four points in a row, three from Conor Cotter had them in a good position at the three quarter stage, leading 0-14 to 0-10. Kevin Beechinor points closed the gap for Éire Óg, Conor Cotter and Seán Hurley exchanged points, 0-15 to 0-13 with ten minutes remaining. Another Beechinor point from a free was answered by a point from Conor Cotter, two points still between the teams on 56. As the game went into time added, Darragh Coakley, Fintan O'Leary and Keith O'Riordan sent over the winning scores.

Cork GAA County Championship 2025

The club championships commenced on week end of July 25th-27th 2025 with Round 1 of the Football groups and the Hurling championship started a week later.



Kilmichael Junior Hurling team

Football

Premier Senior Football

Group 1: Castlehaven 2, Mallow 0, Newcestown 2, Valley Rovers 0

Group 2: St Finbarr's 2, Clonakilty 0, Carbery Rangers 0, Carrigaline 2

Group 3: Nemo Rangers 2, Ballincollig 0, Douglas 2, St Michael's 0

Nemo Rangers: 1-16 Ballincollig: 1-14

A strong second-half display saw Nemo Rangers overcome the challenge of Ballincollig in the McCarthy Insurance Group Premier SFC at Ballygarvan.

Ballincollig led by five points at half time, but driven on by the excellent Mark Cronin and Bryan Hayes, the city team prevailed. Goalkeeper Micheál Aodh Martin made two great saves in the first 30 minutes and their defence stood strong late on.

Ballincollig failure to score for the first 13 minutes of the second half proved costly after leading by 1-8 to 0-6 at half time. The goal came from a neat team move which resulted in David O'Leary setting up Seán O'Neill for an easy finish, 1-8 to 0-6 at half-time. After 36 minutes, 1-8 to 0-10, level after 43 minutes when Mark Cronin bisected the posts. Ballincollig's first score of the new half was a minute later through Peter O'Neill, followed quickly by Cian Dorgan and Seán O'Neill efforts, 1-11 to 0-11. Nemo levelled with a cracking goal after 48 minutes. Nemo led by 1-14 to 1-11 with seven minutes remaining, The Village cut the gap to two but could not get an equaliser.

Scorers for Ballincollig: C Dorgan 0-5 (0-2 f, 1 2pt f), S O'Neill 1-1, S Kiely, B O'Connell, D O'Mahony 0-2 each, L Fahy, P O'Neill 0-1 each.

Ballincollig: J Gibbons; C Moore, L Jennings, JP Murphy; D Desmond, F Down, L Fahy; S Kiely, P O'Neill; S O'Neill, D O'Leary, B O'Connell; D Dorgan, C Dorgan, D O'Mahony. Subs: C Dalton 23, E Cooke 45, T O'Connell 54.

Senior A Football

Group 1: Éire Óg 2, Kanturk 0, Kilshannig 2, Newmarket 0

Group 2: Knocknagree 1, Cill na Marta 1, Clyda Rovers 2, Fermoy 0

Group 3: Bishopstown 2, Dohenys 0, Béal Átha'n Ghaorthaidh 1, O'Donovan Rossa 1

Éire Óg 0-13 Kanturk 0-10

Éire Óg led at half time 0-7 to 0-6. Most excitement in Macroom came in final five minutes.

While the Ovens side had moved four points ahead through Dylan Foley in the 51st minute, it proved to be their last score of the night and their Duhallow opponents kept pressing. Kanturk cut the gap to three on 56 and in the final minute were awarded a penalty.

Goalkeeper Chris Kelly was the hero for Éire Óg as the Éire Óg keeper dived to his left to keep out the shot. The final whistle brought two points for them, vital currency in a group also featuring Newmarket and last year's Premier IFC winners Kilshannig.

Scorers for Éire Óg: B Hurley 0-4 (0-2 f), D Foley, D Clifford (1 2pt), J Galvin 0-2 each, R O'Toole, J Murphy, C Kelly (45) 0-1 each.

Éire Óg: Chris Kelly; Matt Brady, Conor McGoldrick, Colm Clifford; Daire McCarthy, Mark Griffin, Hugh Murphy; Colm O'Callaghan, Darragh Clifford; Rian O'Flynn, Ronan O'Toole, Johnny Galvin; Dylan Foley, Jack Murphy, Brian Hurley. Sub: Diarmuid Dineen 15

Cill na Martra 2-17 (2-3-11) Knocknagree 3-14 (3-1-12)

Ciarán Ó Duinnín's late equaliser for Cill na Martra was the final act in a rip-roaring McCarthy Insurance Group SAFC opening-round clash at Clondrohid.

Cill na Martra were dominant in the first half and Knocknagree staged an impressive second half fightback. At the end of normal time, Cill na Martra's lead was eroded when Killian Cronin was able to divert the ball past goalkeeper Micheál Ó Deasúna – 3-11 to 2-12 for last year's beaten finalists, the first time in the game that they had led. They went 3-14 to 2-16 in front but there was time for one last Cill na Martra attack and the ball was worked through the hands of Cianie Ó Forréidh, the ever-energetic Danny Ó Conaill, Criostóir Ó Meachair and Gearóid Ó Goillidhe before Ciarán Ó Duinnín pointed to give himself a personal tally of 1-6 and the sides one point each in the table. Cill na Martra led by 12 points at half time The restart brought a different scenario. Bit by bit, Knocknagree ate into the deficit and but Cill na Martra saved a point.

Scorers for Cill na Martra: C Ó Duinnín 1-6 (1 2pt), S Ó Forréidh 0-3 (1 2pt), A Ó Cuana 1-0, D Ó Duinnín, J Mac Cárthaigh (2ptf), D Ó Conaill 0-2 each, D Ó hUrdail (0-1 f), A Ó Duinnín 0-1 each.

Cill Na Martra: M Ó Deasúna; F Ó Faoláin, C Ó Forréidh, D Mac Lochlainn; D Ó Conaill, S Ó Forréidh, C Ó Meachair; A Ó Cuana, G Ó Goillidhe; D Ó Duinnín, C Ó Duinnín, J Mac Cárthaigh; A Ó Duinnín, E Ó Conaill, S Ó Duinnín. Subs: D Ó hUrdail 7, A Ó Loingsigh 49.

Béal Átha'n Ghaorthaidh 0-15 (0-0-15) O'Donovan Rossa 1-12 (1-0-12)

Béal Átha'n Ghaorthaidh and O'Donovan Rossa couldn't be separated following a pulsating McCarthy Insurance Group Cork Senior AFC Group 3 draw in Bantry.

The importance of winning their opening championship game was heightened for the Ballingearry and Skibbereen clubs before a ball was thrown in at Wolf Tone Park as Bishopstown's unexpected two-point defeat of Dohenys had already blown Group 3 wide open the evening before.



Clondrohid u 12 footballers who defeated Ballyvourney by 4 points on July 26 in a league match.
Thanks to coaches, parents and sponsor M&J Kelleher Oils



Morgan McSweeney (with Macroom GAA jersey), Douglas Kidd and Con Kelleher (Colum Cronin) when he spoke to MHG.

Yet, following an entertaining and evenly fought matchup, neither side could land a killer blow and had to settle for a share of the spoils.

Diarmuid Mac Thomáis shone for Béal Átha'n, scoring seven of his side's total while in a frantic closing period Béal Átha'n came from four points down to level via Donagh Seartan's 63rd-minute equaliser.

Muskerry side went in three ahead at the interval 0-8 to 0-5.

Yet, a draw was the fairest result between two evenly matched teams.

Scorers for Béal Átha'n Ghaorthaidh: D Mac Thomáis 0-7 (0-3 f), C Ó Loinsigh 0-2, D Ó Coill (0-1 45'), S Ó Muimhneacháin, S Ó Luasa, S Ó Tuama, D Ó Ceallacháin and D Seartan 0-1 each.

Béal Átha'n Ghaorthaidh: D Ó Coill; S Ó Donnchú, B Ó hArgáin, E Ó Duinnín; D Seartan (captain), C Ó Nuanáin, G Ó Laoire; D Ó Briain, C Ó Loinsigh; D Ó Ceallacháin, S Ó Luasa, N Ó Laoire; D Mac Thomáis, C Ó Duinnín, S Ó Muimhneacháin. Subs: D Ó Ceallacháin 43, S Ó Tuama 46, P Ó Tuama 41.

Premier Intermediate Football

Group 1: Aghabullogue 2, Bantry Blues 0, Aghada 0, Nemo Rangers 2

Group 2: Rockchapel 0, Naomh Abán 2, Bandon 0, Glanmire 2

Group 3: Kiskeam 0, Iveleary 2, Castletownbere 2, Macroom 0

Aghabullogue 2-11 (2-1-9) Bantry Blues 0-12 (0-1-10) A Luke Casey-led Aghabullogue outfit got their championship campaign off to the perfect start after outbattling Bantry in Ballingearry.

Aghabullogue – beaten finalists last year – hassled and harried Bantry to great affect in the first half, and won the big moments throughout to ensure they sit atop Group 1.

The ever-dangerous Casey would garner 1-4 throughout the hour, but his contributions were timely, none more so than his 48th-minute left-footed goal. It gave them a seven-point lead. It proved to be insurmountable for the West Cork men.

Scorers for Aghabullogue: L Casey 1-4, M Bradley 0-4 (1 2pt f), E O'Sullivan 1-0, A O'Sullivan 0-2 (0-1 45'), P Ring 0-1.

Aghabullogue: J Buckley; C Smith, D Merrick, T Long; P Ring, S Tarrant, B O'Sullivan; C Gillespie, A Murphy; A O'Sullivan, J Corkery, P O'Sullivan; M Bradley, E O'Sullivan, L Casey. Subs: C O'Sullivan 43, O O'Connell 64.

Naomh Abán 2-17 Rockchapel 1-14

Naomh Abán overcame Rockchapel by a point at the quarter-final stage last year before losing out to Aghabullogue in the semi-final. In this year's opening

group game rematch, a win was important in a tight looking group also involving Glanmire and Bandon. This proved to be a contest where no quarter was asked nor given.

It was a game that ebbed and flowed one way and then the other with Naomh Abán thankful for the accuracy from placed balls by Maidhcí Ó Duinnín and the inspirational play from man of the match Ed Myers.

Naomh Abán led 1-9 to 0-8 at the break with Danny Ó Ceallaigh scoring the all-important goal with a solo effort. Rockchapel resumed a transformed side and dominated the third quarter 0-14 to 1-12 by the 48th minute.

Rockchapel struck for a 51st-minute goal. But in the 53rd minute Wayne MacCarthaigh finished to the Rockchapel net to restore his side's one-point lead.

Naomh Abán then assumed complete control for the final eight minutes, adding a Myers two-pointer and another from play while Ó Duinnín closed out the game with two frees.

Scorers for Naomh Abán: M Ó Duinnín (0-8, 5fs, 2pf), Ed Ó Mir (0-7, 1 x 2pt), D Ó Ceallaigh and W MacCarthaigh (1-0 each), D Ó Laoire (0-2)

Naomh Abán: E Ó Luasa; S Ó Mathúna, C Ó Deasúnaigh, C De Roiste; J Ó Donnchú, D Ó Loingsigh, E Ó Criodáin; S Ó Riordáin C Ó Donnchú; Ed Ó Mir, D Ó Laoire, M Ó Críod; W MacCarthaigh, M Ó Duinnín, D Ó Ceallaigh Subs: C de h'Idé 5

Uibh Laoire 3-18 Kiskeam 0-17

This was an impressive display at Macroom from Uibh Laoire against formidable opponents After an even start to the game, Uibh Laoire got completely on top with Chris Óg Jones wreaking havoc up front and they led by 2-11 to 0-3 at half time. When they continued to force the pace on the re-start the outcome began to look more and more certain and a third goal, this one from Sam Pickering, dispelled any lingering doubts about the result.

Iveleary were strong in all section of the field with outstanding defenders in Seán O'Leary, Ciarán Galvin and Barry Murphy, Conor O'Leary and Timmy Roberts formed a hard working midfield and up front Chris Óg Jones had outstanding support from Barry O'Leary and Cathal Vaughan – all in all, a formidable team.

Scorers: Uibh Laoire: C Óg Jones 2-9 (1x2f, 0-1 f), S Pickering 1-0, C Vaughan 0-3 (1x2, 0-1 f), B O'Leary 0-2 (1x2), T Roberts, S O'Riordan, S O'Leary, C O'Riordan 0-1 each.

Kiskeam: S O'Sullivan 0-8 (2x2 f, 1x2, 0-1f), T Casey 0-4 (1x2, 0-1 f), M Herlihy 0-3 (1x2), D Fitzgerald, S O'Riordan 0-1 each.

Uibh Laoire: Joe Creedon: Barry Murphy, Daniel O'Donovan, Daniel O'Riordan: Ciarán O'Riordan, Seán O'Leary, Ciarán Galvin: Timmy Roberts, Conor O'Leary: Seán O'Riordan, Cathal Vaughan, Barry O'Leary: Brian Cronin, Chris Óg Jones, Sam Pickering. Subs: Kevin Manning 43, Aaron O'Donovan 45

Castletownbere 1-12 Macroom 0-14

Castletownbere defeated Macroom in this opening round McCarthy Insurances County Premier Intermediate Football Championship Group 3 game at Aughaville, a repeat of last year's result and a crucial result for both clubs, with Iveleary strongly fancied to win out the group after their win over Kiskeam.

Macroom will regret their first half performance which left the Beara men leading by 1-7 to 0-4 at half time, the vital only goal of the game coming in the 21st minute. Macroom selectors introduced no less than three substitutes for the second half and there was a gradual marked improvement in their play. The exchanges were even in the third quarter, CTB six points clear at the start of the final quarter.

The final quarter was very exciting as Macroom, with 2010 Cork All Ireland winner Fintan Goold now introduced, set about reducing the deficit in determined fashion.

Scorers: Castletownbere: J Hanley 1-1, F Fenner 0-3 (0-2f), J Spencer, T Murphy and J Harrington 0-2 each, T Collins and D Dunne 0-1 each. Macroom: A Quinn 0-5 (2x2 f, 0-1f), P Lucey 0-3 (1x2f), O O'Sullivan 0-3, F Goold 0-2, E O'Leary 0-1.

Macroom: Declan Kiely: Michael Cronin, Rory Buckley, Mark Corrigan: John Murphy, Alan Quinn, Don Creedon: Tony Dineen, Caleb Dinneen: Jack O'Riordan, Oisín O'Sullivan, Cillian O'Donovan: Eolan O'Leary, Seán Kiely, Patrick Lucey. Subs: Cormac Burke, Cormac Buckley and Dylan Twomey all half time; Fintan Goold 44, C O'Donovan 53.

Referee: Niall Hayes, Carbery Rangers

Intermediate A Football

Group 1: Adrigole 2, Glanworth 0, Ballinora 2, St Finbarr's 0

Group 2: Gabriel Rangers 2, Mitchelstown 0, Dromtariffe 0, Kildorrery 2

Group 3: Ilan Rovers 2, Boherbue 0, Kilmurphy 2, St Vincent's 0

Ballinora 2-17 St Finbarrs 2-9

Ballinora got their championship campaign off to a pleasing start with a good win over the 'Barrs at Ballinhassig. They led by 0-6 to 0-5 at the end of the first quarter but a goal for the city side gave them the advantage, before a goal on 25 restored the lead for Ballinora who finished the half well and led by 1-10 to 1-5 at the break. A second goal in the 32nd minute

gave Ballinora a nine points lead before a 'Barrs goal on 45 reduced the deficit to seven points at that stage. In the final quarter Ballinora did enough to remain comfortable.

Ballinora: Alex McAdam: Adam Laverty, Neil Lordan, Colin O'Flynn: Nathan Davis, Michael Lordan, James Byrne: Ivan Quirke, James Lordan: Mark O'Brien, Ian Wycherley, Michael Quirke: Kevin Werner, Robert Quirke, James Keohane. Subs: Tim Forde, Ciarán O'Donoghue, darragh Holmes, Seán Lyons.

Kilmurphy 4-17 St Vincents 0-12

Last year's County Premier Junior champions had an impressive start to their return to Intermediate ranks with a big win over city side St Vincents. Kilmurphy had a goal from Denis O'Mullane in the 3rd minute and the young forward went on to add two more goals to his tally before half time, at which stage Kilmurphy led by 3-6 to 0-3 and there was a clear gap in standards between the teams. Ruadhán Ó Corráin was accurate from frees, and continued in the same vein in the second half and capped his performance with a late goal from play. John, Joe and James O'Mullane were also on target.

Scorers:

Kilmurphy: Jason McDonnell: Eoin Keane, William Ronan, Brian Hinchion: Tomás Collins, Kyle Kelleher, Alexander Aiskling: James O'Mullane, Conor Kelleher: Joe O'Mullane, Ruadhán Ó Corráin, Lawrence Aisling: Seán O'Leary, Johnny O'Mullane, Denis O'Mullane. Subs: Max O'Leary, Liam Wall.

Premier Junior Football

Group 1: Urhan 0, Canovee 2, Ballydesmond 1, St Nick's 1

Group 2: Na Piarasigh 2, Kinsale 0, Cobh 0, Cullen 2

Group 3: Buttevant 2, Glenville 0, Inniscarra 2, Millstreet 0

Canovee 2-21 Urhan 1-11

Canovee had a relatively comfortable victory over Urhan at Dunmanway. Conor Dodd had the ball in the Urhan net straight from the throw in and with Aidan Moynihan, Jack Kelleher, Mark Healy in scoring form the Carrig men led by 1-14 to 1-5 at the break. Canovee continued to be in control in the second half with team captain Jack Kelleher in scoring form from frees and Seán O'Connor had a goal on 59 to put the icing on the cake.

Canovee scorers: Conor Dodd and Sean O'Connor 1-0 each, Jack Kelleher 0-10 (2x2pf, 0-5f), Aidan Moynihan 0-5, Mark Healy 0-3 (1x2p), James Moynihan 0-2, Eoghan Lehane 0-1

Canovee: Ben Cheasty: Eoghan Lehane, Eoin McNabola, William Ahern: Conor Dodd, Ryan Delaney, Evan Cunningham: Aidan Murphy, Odhran O'Driscoll: Liam Kelleher, James Moynihan, Mark Healy: Aidan Moynihan, Seán O'Connor, Jack Kelleher.

Inniscarra 2-12 Millstreet 0-12

This was a fine debut for Inniscarra in the County Premier Junior Football championship which boosts their chances of qualifying out of their group.



Eoghan Kelly after winning the U14 All Ireland in Road Bowling in Armagh

Scorers: Stephen Dornan and Seán O'Donoghue 1-1 each, Liam O'Connor 0-7 (0-1f), Dylan O'Sullivan, Jack O'Dea and Cameron Lynch 0-1 each.

Inniscarra: Dominic Kelleher: David Keane, John O'Callaghan, Jack O'Sullivan: Jack O'Dwyer, Cormac Dineen, Frank Horgan: David Coughlan, Seán Sheehan: Colin O'Leary, Liam Collins, Stephen Dornan: Dylan O'Sullivan, Tadgh Lyons, Seán O'Donoghue. Subs: Mark McLoughlin, Mark Linehan, Conor Griffin, Cameron Lynch, Padraig Holland.

LAOCHRA OG NOTES



U14 Hurlers v Ballygarvan 31st July 2025



U14 Hurling v Tracton 25th July 2025

25th July 2024

Well done to our u14 hurling team who played against Tracton in minane bridge wednesday evening. Well done to every single player today. They played and fought for every ball and took on every challenge that came their way. A great win for laochra óg. Thanks to our great sponsors M & J Kelleher MJK oils. Thanks to all the parents that travelled and supported the lads. Well done to all the lads who played this evening.

26th July 2025

Laochra Og U10 and U8 girls set off from Macroom this morning and headed for Cashel King Cormacs Gaa grounds. There they played Cashel King Cormacs under 10s and U8s Camogie teams..It was Cork V Tipp once again with both clubs playing fantastic games of Camogie doing their clubs and Counties proud. Thanks to Cashel King Cormacs for providing refreshments after the games, very kind of them. After it was the Rock Of Cashel for a visit



U8, U9, and U10 Camogie girls v Cashel 27th July 2025



and relaxation before embarking on our journey to Nolan Park. Girls got to support their County hero's and cheer on Cork Camogie team against Waterford from the stands. Cork been victorious the girls got to meet their hero's. Cork Camogie team generously gave their time to the Laochra Og girls for autographs and pictures after. A trip to McDonald's on the way home a treat for a very happy bunch of girls and a very busy day. Thanks to team sponsors Macroom Tidy Towns and Matt Murphy's Pharmacy. Thanks to Dan our driver for the day. Laochra Og Abu.

31st July 2025

U14 Hurlers – Battling Win Away to Ballygarvan Seals League Final Spot

Our U14s travelled to Ballygarvan this evening and delivered a thrilling performance in a match that had everything — intensity, drama, and a last-minute twist!

After a slow start, Rory O'Shea hit a crucial goal that gave us a narrow lead going into the break. The second half was a real rollercoaster, with the lead changing several times. A brilliant goal from Finn Moss midway through the half brought us level and kept the momentum going.

With just three minutes left, we trailed by two points — but up stepped Oscar Hickey Grace, who rifled a 21-yard free to the back of the net to snatch a dramatic win for the lads. Oscar put in a man-of-the-match display, leading by example and delivering

when it mattered most.

This result now sees us through to a league final, a testament to the effort, improvement, and spirit this group has shown all season. Huge credit to Ballygarvan for a tough, hard-fought contest played in great spirit. Massive thanks as always to the parents and supporters on the sideline — your encouragement means a lot. Thanks to team sponsors #M & J Kelleher Ltd - MJK Oils

Well done lads — we're proud of every one of you. Roll on the final!



U8, U9, and U10 Camogie girls v Cashel and Nolan Park 27th July 2025 12



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FASD Ireland to Shine Spotlight on Hidden Disability on International FASD Awareness Day – 9th September

Ennis, Co. Clare – 29 July 2025 – FASD Ireland is calling on media, policymakers, and the public to recognise the urgent need for greater awareness of Foetal Alcohol Spectrum Disorder (FASD) as it leads an awareness campaign for International FASD Awareness Day on 9th September.

FASD is a lifelong neurodevelopmental condition caused by prenatal alcohol exposure (PAE) by either parent. Despite HSE estimates that up to 7.4% of the Irish population may live with the condition, FASD remains one of the most misunderstood and underdiagnosed conditions in Ireland.

"FASD is a brain-based disability, not a behavioural issue," said Scott Casson-Rennie, Director of Operations at FASD Ireland. "The lack of awareness



means that many individuals—especially adults—are living without a diagnosis, without support, and are often misunderstood by the very agencies meant to help them."

FASD Ireland will be holding a free open public event on 9th September themed Foetal Alcohol Spectrum

Disorder (FASD) in Adulthood bringing together Employers, HR representatives, third level educators interested in Diversity, Equity and Inclusion and Neurodiversity. Those attending will learn more about FASD and how some simple accommodations can be made to support people who live with FASD. The 9th of September - symbolising the nine months of pregnancy - is observed globally to promote prevention and support – with Leinster House being lit red for its second year on the evening of 9th September.

Anyone interesting attending the event can register on FASD Ireland's website: www.fasdireland.ie/ training

Just a thought

Ath. Seán Mac Cárthaigh,
Baile Bhuirne / Cúil Aodha

The most important Vitamin you need

You may have heard of the best-selling book entitled "Men are from Mars, Women are from Venus!" It was all the rage in the 1990s and a best-seller that may well have saved many a marriage. It spoke of the different ways women and men are hard-wired emotionally and how the same words or phrases can mean opposite things for the sexes.

But the author, John Gray, wrote a less well-known but nonetheless important book with the curious title :-

"How to Have What you want and want What you have"

He spoke of various 'love tanks' that we hold over our shoulders like buckets of water but if they empty we tilt, lose balance and fall over. These tanks need constant re-filling and drain at different rates. We need to take time with them all or we lose our life-work balance leading to burnt out exhaustion if we neglect any of them over a prolonged stretch. While life is not tidy or orderly we can all see the value of spending or taking more time to dwell on the following

God

Family

Spouse

Work

Community

Peers

Friends

Civic and political causes

Leisure

If we are feeling a little frayed around the edges it is because we have been ignoring some of these areas - at our peril.

But what caught my eye, was the tenth love tank and I had never thought of it any serious way, namely "Time for myself."

If you're like me you might think this silly, selfish or wasteful. But I have learned to appreciate its importance and its necessity.

I have other names or nicknames for this quality time alone - not selfish time but re-charging. I call it my daily (if possible) 'Vitamin Me.' I know when I haven't taken it. I feel the deficiency in my exhaustion and burn-out. I also call it "Time with Michele" ('my shell').

I am an introvert by nature and I need a balanced even inner life, as I can be sensitive to blaring noise in cafes, crowded streets, shops and other public places. I need calm and I need quiet. I need to withdraw into solitary space like a beach, a river walk, forest, mountain or monastery.

When I've refilled the 'Me' tank I'm ready to return to the lives of others and to re-engage. I'm restored for a while at least. As I emerge I discover that I have greater clarity, focus, perspective and energy. I feel more productive and in tune. I have reminded myself that I cannot give what I do not have, and so replenished I can begin again.

Take some time out.

God bless. Fr Seán

Email: parish07191@gmail.com | Phone: 085 878 3823



A Word of Victory

"What shall we say about such wonderful things? If God is for us, who can ever be against us? Since He did not spare even his own Son but gave him up for us all, won't He also give us everything else? Who dares accuse or condemn us whom God has chosen for His own? No one—for God has given us right standing with Himself... and Christ Jesus died for us and was raised to life for us, and He is sitting in the place of honour at God's right hand, pleading for us. Can anything ever separate us from Christ's Love? Does it mean He no longer loves us if we have trouble or calamity, or are persecuted, or hungry, or destitute, or in danger, or threatened with death?...No, despite all these things, overwhelming victory is ours through Christ, who loved us. And I am convinced that nothing can ever separate us from God's Love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of Hell can separate us from God's love. No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord" (Romans 8:31-39 NLT).

Welcome back dear student – a longer than usual lead Scripture today, but it's important to read it in context. Essentially the Word promises that no matter how bad things are - God is for you friend, He will help you through every battle because of His great Love. This is life changing if we get a hold of it. The enemy attempts to bind and destroy believers in any way He can, and at times it can feel like God is not responding. We have all been there. This is why fellowshiping with other believers and studying the Word together makes such an impact. Isolation is a huge trick of the enemy. Sometimes people are afraid to admit they are struggling, but withdrawing only further drives oppression. "God is Light and in Him is no darkness at all" (1st John 1:5). When a person invites the Lord Jesus into their Heart and follows Him, the path ahead might still be obscure, but victory is assured, for now the Light of the World Himself walks with you. Where Light is, darkness is always extinguished. "Light shines in the darkness and the darkness can never overpower it" (John 1:5). Jesus said, 'I Am the Light of the World whoever follows me shall not walk in darkness' (John 8:12). You see friend, there will always be darkness attempting to swarm and overwhelm. But if you have THE Light, the dark won't affect you. "Your Word is a Light to my feet and a Lamp to my path" (Psalm 119:105). And again.... "The entrance of Your Word brings Light, so even the simple can understand" (Psalm 119:130). What precious words of comfort from the Father of Light Himself (James 1:17). Sometimes people are facing situations that are cloaked in dread or mystery. It causes fear – 'what will happen?' 'how will this work out for me?' Fear of the unknown is a high thing - a weapon Satan uses to torment people (2 Corinthians 11:4-5). "But the people who know their God shall be strong and do mighty exploits" (Daniel 11:32). The enemy schemes to rock what people believe through deception, which then creates terror. This is the tactic he used in the Garden and still uses today (Genesis 3:1-10). But walking in THE Light, we learn who we are in Christ and can resist the lies and fear and overcome through the Power of God's Love.

Bible Study and Prayer every Sunday @ 11am and Thursday @ 7.30pm at Word of Victory Christian Fellowship Killarney V93V6X4

Word of Victory Christian Fellowship Killarney

@WOVKillarney

Email: wovkillarney@gmail.com

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14TH ANNIVERSARY



In loving memory of

TIMOTHY BUCKLEY**Laharn, Coachford****Who died on 7th August 2011**

We Remember Him
When we are weary and in need of strength,
when we are lost and sick at heart,
we remember him. When we have a joy
we crave to share, when we have decisions
that are difficult to make, when we have
achievements that are based on his,
we remember him.
At the blowing of the wind and in the chill of
winter, at the opening of the buds and in the
rebirth of spring, we remember him.
At the blueness of the skies and in the warmth
of summer, at the rustling of the leaves and in
the beauty of autumn, we remember him.
At the rising of the sun and at its setting,
we remember him. As long as we live,
he too will live. For he is now a part of us,
As we remember him.



Sadly missed by your children Trish, Tim,
 Martin, Sheila and Ger, and their families.

13TH ANNIVERSARY

**DINNEEN**In loving Memory of **MIKIE**late of Derrinculling, Coolea, Macroom,
Whose Anniversary occurred on July 31st

We do not need a special day
To bring you to our mind.
The days we do not think of you
Are very hard to find.
Our hearts still ache with sadness,
And secret tears still flow,
What it meant to us to lose you,
Your place no one can fill,
In life we loved you dearly,
In death we love you still.

*Naomh Gonnait guí ar a shon*

Always remembered by his wife Kathleen,
 Michael, Diarmuid, Paudie, Con, Tadhg,
 Eibhlís, Noreen and their Families.

7TH ANNIVERSARY



In loving memory of

MARGARET (PEGGY) MC CARTHY**Gurteenowen, Ballingearry**
who died 31st July 2018

Memories are a gift to treasure
Ours of you will last forever.
Loving you is easy
We do it everyday
A smile for all, a heart of gold,
One of the best this world could hold.
Never selfish, always kind,
A beautiful memory left behind.



Always remembered by her loving family

4TH ANNIVERSARY



In loving memory of

PAUDIE TWOHIG**Ballinagree, Macroom**
who passed away on
the 1st August 2021.

Time goes by without you,
each moment holds a memory,
your smile was made of sunshine,
your heart was made of gold.

We thank you for the love you gave
and the memories that we hold.



Fondly remembered always
 by your uncle Denis Twohig

POWERFUL NOVENA



This novena never fails. Say it on the hour for nine hours. Jesus who has said, ask and you shall receive, seek and you shall find, knock and the door will open to you. Through the intercession of Mary, the Most Holy Mother, I knock, I ask that my prayer will be granted. (Make your request).

Oh Jesus, has said all you ask the Father in my name, he will grant through the intercession of Mary, the Most Holy Mother. I humbly beg and urgently ask the Father in thy name that my prayer be granted (make request here). Oh Jesus who has said heaven and earth shall pass away through the intercession of Mary, the Most Holy Mother. I fell confident my prayer shall be answered. (Make request here).

This novena is to be said at the same time every hour for nine consecutive hours - one day. Promised publication, never fails.

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.

Never known to fail.

Must promise publication of prayer.

16TH ANNIVERSARY



In loving memory of

SEAN CRONIN**Knockanure, Ballymakeera**
Who died on 17th August 2009

"Somewhere beyond the sunset
Where loved ones never die
You sleep in a beautiful garden
Beneath a golden sky
Though Heaven and Earth divide us
We are never far apart
For you are always in my thoughts
And forever in my heart"



Sadly missed by your loving wife
 Elizabeth and all your family.

7TH ANNIVERSARY



In loving memory of

PEGGIE MURPHY**Inchinaneave, Kilbarry, Macroom**
Passed away 10th August 2018

A smile for all, a heart of gold
One of the best this world could hold.
Never selfish, always kind
Beautiful memories left behind.



Lovingly remembered always by Don,
 John, Mairéad and families

MEMORIALS

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FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
MONICA MCDONAGH
Knockraheen, Carriganima,
Macroom, Co. Cork
Who died on the 3rd August 2024

As we mark the first anniversary of Monica's passing, her family would like to take this opportunity to express our deepest gratitude and appreciation to all those who supported us and sympathised with us on our sad loss.

To the staff of CUH, Sullane Family Practice, Macroom Hospital and to Monica's wonderful carers who helped her in her final years, we extend our deepest appreciation.

We would like to thank all those who attended the funeral, sent Mass cards, and online condolences.
To Fr. Jim Greene and the Celebrants for celebrating a lovely Mass, and to everyone who participated in it.

A special thank you to Billy and the staff of Fitz-gerald's Undertakers for their kindness and professionalism.

Thank you to the staff of the Abbey Hotel for providing refreshments after the funeral.

As we cannot thank everyone individually, please accept this acknowledgement as an expression of our deepest gratitude.



Rest in Peace

FIRST ANNIVERSARY



In loving memory of

LOGAN MURPHY

Who died on 13th August 2024.

*You rest in the arms of angels,
In a place of peace and love
Watching over us always
From heaven up above
You rest us through our worries
And help us through every day
Always by our sides, you never went away
You rest in the arms of angels
Free from illness and pain
Waiting for the day
We are together once again.*



He is sadly missed by his parents Patrick and Lei Murphy and his sister Asia Murphy, his Auntie's Fiona and Niamh and Uncle Timmy Murphy and his Granma Marie Murphy. His cousins Jack, Caty, Danielle, Michael, James, Saoirse, Sadie and Julianna and all his teachers, friends and classmates in Clondrohid National School.

3RD ANNIVERSARY



In loving memory of

MARY LYONS

St. Abán's Terrace, Ballyvourney
Co Cork

Who died on 10th August 2022

*Those we love we never lose
For always they will be
Loved, remembered, treasured
Always in our memory.*



Sadly missed & remembered by family and friends.

15TH ANNIVERSARY



In loving memory of

JOAN RING

Dooneens, Rylane

Who died on July 10th 2010

*Loving and kind in all her ways
Upright and just to the end of her days
Sincere and true, in her heart and mind
Beautiful memories, she left behind.*



Always remembered by her husband Tim, sons Peter & Con, daughter Noreen, son in law Kieran, daughter in law Blathnaid, grandchildren Zara, Stephen, Sienna, Lauren, Chloe and Pia.

10TH ANNIVERSARY



In loving memory of

SEAMUS HOARE

Cools, Kilnamartyra, Co. Cork
Died 31st July 2015

*Those who we loved, don't go away
They walk beside us everyday
Unseen unheard but always near
Still loved still missed still very dear.
May you rest in peace.*



Sadly missed and always remembered by his brothers, sisters, nieces, nephews, family and friends.

Our lady of Saint Gobnait pray for Seamus, and his parents John and Maura.

BIRTHDAY REMEMBRANCE



GOBNAIT MC SWEENEY

Remembering Gobnait on her first
heavenly birthday age 45
on the 13th August 2025

*Your life was a blessing,
your memory a treasure.
You are loved beyond words
and missed beyond measure.*



Remembered and loved always by Dad, Mam and brother Martin

7TH ANNIVERSARY



In loving memory of

TIMMIE O'RIORDAN

Knockanure, Ballymakeera

*We won't forget the face we loved,
Or the memory of your smile,
Or the countless things you did for us,
To make our lives worthwhile.*



Always remembered by his loving family and many friends.

St. Gobnait pray for him

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3RD ANNIVERSARY & 11TH ANNIVERSARY



In loving memory of

**MICHAEL
O'LEARY**

Who died on the 11th August 2022

The Glebe, Clondrohid, Macroom, Co. Cork

*May you always walk in sunshine
and light around you flow,
for the happiness you gave us,
no one will ever know.
It broke our hearts to lose you,
but you did not go alone,
a part of us went with you,
the day God called you home.
A million times we needed you,
a million times we've cried,
if love could only have saved you,
you would never have died.
The Lord be with you,
and may you rest in peace.*



Always remembered and sadly missed by
his loving family.
May he Rest in Peace.



In loving memory of

**JERRY
O'LEARY**

Who died 10th August 2014.

*You rest in the arms of angels,
In a place of peace and love
Watching over us always
From heaven up above
You guide us through our worries
And help us through every day
Always by our sides, you never went away
You rest in the arms of angels
Free from illness and pain
Waiting for the day
We are together once again.*



Always remembered and sadly missed by
your loving family.

May he Rest in Peace.

14TH ANNIVERSARY



In loving memory of

**PEADAR
CORCORAN**

St. Colman's Park, Macroom.
Whose anniversary occurs
on August 11th.

*We thought of you with love today,
But that is nothing new,
We thought about you yesterday,
And days before that too.
We think of you in silence,
We often speak your name,
All we have are memories,
And your picture in a frame.*



Always loved and sadly missed by
his loving family.

2ND ANNIVERSARY



In loving memory of

**VERONICA
VAUGHAN**

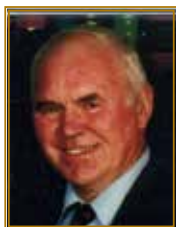
Keel, Macroom.
Whose anniversary occurs on 6th
of August

*Every day in some small way,
Memories of you come our way.
Though absent you are always near,
Still missed, loved and always dear.*



Fondly remembered and greatly missed
by your loving family and friends.

ANNIVERSARIES MY LORD AND MY GOD



In loving memory of

**SEAN
CROWLEY**

24th August 2003

Derreen, Coachford, Co. Cork

*They have gone no further from us,
than to God and God is very near.*

RIP



**NORA T
CROWLEY**

10th August 2014

13TH ANNIVERSARY



In loving memory of

**DANNY
LYNCH**

Cúil Aodha
Whose anniversary occurs on
12th August

I dteannta Dia is a Mháthair Beannaithe



Fondly remembered always by your
loving family.

6th ANNIVERSARY



In loving memory of

**CONNIE
LYNCH**

Derrynasaggart, Ballyvourney,
whose 6th anniversary occurs on
August 11th.

*A silent thought,
A quiet prayer,
For a special dad,
In God's care.*



Fanfaidh tú linn in ár gcroithe go deo.

Lovingly remembered by Mary and
family.

St Gobnait pray for us.

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **MT**

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **MT**

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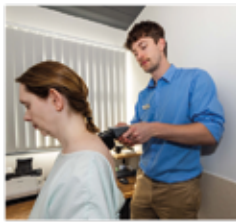
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