Vol. 22 Edition 12: Thursday 12th June 2025

LEE VALLEY Outlook

To Advertise call Des: 087 3600223 E: des@outlookmags.com News: leevalleyoutlook@macroom.ie



Macroom Music Festival 2025



A Teacher.... ...Takes a hand ...Opens a mind ...Touches a heart

Thank Your Teacher

This Ofear With a Castle Hotel Gold Card Gift Voucher!

Buy online at www.castlehotel.ie or in Dan Buckley's Bar Main St, Macroom, Co. Cork t: 026 41074 and St. Macroom, Co. Cork t: 026 41074

June

MACROOM SLIDING WARDROBES LTD • SLIDING • HINGED DOOR • WALK-IN WARDROBES Call Martin Lynch: 087 7932841 Kevin Healy: 087 6180159



Email. mtwomeybutchers@hotmail.com | Web. mtwomeybutchers.ie



Deasy's Pharmacy Group - providing the best of healthcare to our local communities

Editor's NOTE

Get in Touch...

Don't be a stranger If you have an article, photo or story you wish to share, email:

leevalleyoutlook@macroom.ie

If you cannot access physical copies, the LVO can be viewed online at: *https://www.outlookmags.com/archives/lee-valley-outlook/*

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions will be published in the following edition.

As always submissions as Gaeilge are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you would like to submit an article as bearla nó as gaeilge, please feel free to email us here on leevalleyoutlook@macroom.ie, we would love to hear from you.

Go raibh maith agaibh, Peter & Gráinne For Advertising email Des. E: des@outlookmags.com Please note Des has a new number 087 3600223

MACROOM GIRL GUIDES

Ardilaun Guides Book Fair

Ardilaun Guides recently held a book fair at their meeting to fundraise for Macroom Community First Responders as part of their service to the community. They had spent a very instructive evening learning how the First responders work and training sessions they must undergo. They also learned and practised their first aid skills with Deirdre and Owen. This was their idea to support the group and to give back to our community. Guides, Brownies and parents attended the Book Fair and the Guides were delighted with the monies raised. Sheila and Matt visited the Guides and were delighted to accept the funds raised for this very worthwhile community group.

MacEgan Senior Branch member selected as part of Eurochild's Digital Advisory Group

Ruth Burton of MacEgan Senior Branch has been selected to represent Irish Girl Guides Eurochild's Digital Advisory Group. The Digital Advisory Group is a group of 8 children from across Europe who want to make the digital environment a safer place for children. The objective is to change laws and decisions related to children's safety online. Together with Eurochild, Ruth and her fellow members will talk about different topics to learn what matters to them and make recommendations that will help children across Europe be safer online. She will also travel to Brussels to take part inpublic events and meetings with members of the European Parliament and other politicians in order to express their ideas and concerns directly to the politician.

Ruth applied for this event because she is extremely passionate about online safety, especially for young people. Her personal statement included her ideas for this 2 year long project "In a world where everything is run by technology it is essential that we do everything



Ardilaun Guides with Sheila & Matt from Macroom CFR

in our power to protect the young people of Europe. I think the thing I'd most be looking forward to is being able to share my thoughts and opinions on our digital world with members of the European Parliament. I truly believe that by letting young people share their opinions with the some of the leaders of Europe we can really help make a difference for the future generations of our ever-changing world. I'm also excited for the possibility of hearing other young people's view on our digital world. What I like most of the internet is the incredible ability to connect with others worldwide. I love the number of opportunities I've received due to the internet. For example, the opportunity to apply for this! I've also partook in things such as the HiDigital programme run by Irish Girl Guides and Vodafone which gave me the opportunity to connect more with the people in my community and teach older generations how to effectively use the internet. Although there are so many positives to the digital world, there are also negatives. I believe there is so much room for improvement on the internet. I think there should be more EU laws protecting children online. It's so easy for people with bad intentions to contact young people online especially through text message or snapchat but with everything being so digital nowadays it's almost impossible to avoid the negative parts of the internet." We look forward to hearing more from Ruth over the next 2 years.

For further information on joining our Ladybird, Brownie, Guide and Senior Branch units please contact macroomguides@gmail.com



Brownies at the Regional Fun Day

A. Macroom Updates - pgs 4, 6, 8, 10, 12, 14, 16 B. Lee Valley Updates - pgs 18, 20, 22, 24, 26, 28 C. History - pages 30 - 34 D. Appointments - page 43 - 45

Enjoying the sun at Leahy's Open Farm

- E. Sports pages 46 52 F. Trades & Services pages 54 - 55
- G. Classifieds page 57

4 Outlook 12.06.25

In this Edition

Ed 12 - 12th June 2025

Middle Square, Macroom t: 026 41421 | m: 086 3837543 | Hours: 9.30to 5.30 Mon - Fri The Square, Millstreet t: 029 21706 | Web: www.klauctioneers.ie | Email: info@klauctioneers.ie



AULD TRIANGLE, MACROOM, CO. CORK, P12 AX81

Exceptional Bar & Restaurant Premises with living accommodation.

Excellent opportunity to acquire a substantial licenced bar and restaurant, just off the N22 within half hour drive of Cork and Killamey, less than 2 kms off the Macroom by-pass, in a high profile location, in the western outskints of Macroom centre. The entire property which extends to over 7,000 sq ft (650 sq, m) approx. comprises of 3 bars / restaurants with seating up to 180 approx. First floor living accommodation (in need of modernisation) External patio seating. The Auld Triangle presents a fantastic opportunity to acquire a well-established licensed bar and rest-taurant. It also benefits from outdoor seating for up to 60 people and offers strong potential to grow its function business and attract both local and passing trade. The on-site living accommodation has not been in use for some time and is currently being utilized as office and storage space.

> Joint Agent: Cohalan Downing, 88 South Mail, Cork 021 4277717. BER: PENDING Guide Price: €750,000



BEHEENA, COACHFORD, CO. CORK, P12 A093

(Allian Lynch Auctioneers are pleased to offer this charming countryside home on C.1 acre. This beautiful 3 bedroom detached house boasts rustic charm with modern elegance. Westled on a generous private plot, the home is framed by mature trees, open green views and a sense of peaceful section, perfect for family life or a nual escape. The heart of the home is the kitchen which has bespoke cabinetry, solid wood countertops which are all grounded by a vibrant patterned floor tiling that add personality and warmth. Designed for modern living in harmony with nature this is a rare topportunity for those seeking character, space and style in a peaceful countryside setting, only C.2 minutes 'walking distance to the local school, pub and church, C.5 minutes drive to Goaktiord, C.10 minutes drive Macroom tow and c.30 minutes drive to Cork city. Wewings highly advised.

BER: B3 (100182526) GUIDE PRICE:€395,000



TULLATREADA, MACROOM, CO. CORK, P12 WC80 Kilian Lynch Auctioneers are delighted to offer this charming 3/4 bedroom residence on c0.2 acres. The house which has been extended in recent years extends to c1.900 sq.ft. iving accommodation. The house is in pristine condition throughout making this a beautiful family home. The house is situated in a most scenic area of the renowined Gearagh Reserve, with its scenic walloways and lakes. Macroom town is located only c.5 minutes drive away, with Cork city c.30 minutes drive. Viewings highly advised. BER: £1 (117917674)

AMV: €350,000



NO. 14 CORK ST, MACROOM, CO. CORK, P12 VN22 Kilian Lynch Auctioneers are pleased to offer this 2 bedroom end of terrace house which has the benefit of rear-rehicular access. The property which is located in a much sought after area, only walking distance to Macroom town centre, has front and rear gardeers, but is in need of renovation throughout. Ideal for a 1st time bayer, buildes or someone looking to netire to Macroom Town. It also has newly fitted gas fred central heating installed. The property is located c.30 minutes from Cork Gty. BER-PENDING

AMV: €140,000

Are you thinking of selling your property?



54 ROS ALAINN, MACROOM, CO. CORK, P12 TC63 Killian Lynch Auctioneers are pleased to offer this stylich 3 bedroom semi detached house with modern living spaces. The property which has been recently renovated to a high standard consists of c1,158 sq.ft. living accommodation throughout. The property which is not overlooked has pancramic views over the sumcunding countryside 8 has a good BER rating of 82. Located only c2km from Macroom town, c1km from the Macroom bypass interchange junction & c30 minutes drive from both Gork Gry & Killarney this property would make for a perfect family home. Viewings highly advised. BER: 83 (114735970)

AMV: €310,000



Killian Lynch Auctioneers are pleased to offer this c.58.46 area non residential farm holding. The property which is all in one block, has extensive noal frontage and is very lovel overall. The lands are a mature of good quality slage ground and lands in need of reclamation, Struated in a cul de sac setting, c.5 minutes from Ballinagree village, c.10 minutes from Macroom, G.P.S.: 51.961971, -8.934440

BER: N/A AMV: €400,000

CONTACT OUR OFFICE ON 026-41421 IN CONFIDENCE FOR A FREE VALUATION.

CDYS GOOD LIVES PROJECT RECOGNISE THE UN BIODIVERSITY WEEK 2025

CDYS Good Lives Project Macroom recently spent a lovely summer day in the company of Ted Cooke, planting trees and learning about the ecology and history of the Castle Demesne grounds.

The learners together with horticultural tutor Leah O'Brien, assistant coordinator Damien Quill, tutor support Stephen Bradley and coordinator Denis Doyle planted a wild cherry near the footbridge. A holly tree was then planted near to the Lady Ardilaun commemoration plaque. A light salad picnic was enjoyed in the sunshine, while we were entertained by birdsong and shared stories.

I would like to extend my gratitude to the Demesne Trustees for their consent allowing the CDYS Good Lives Project to partake in this annual work experience. Their support is invaluable and gives an added dimension to the learner's experience. Denis Doyle.



CDYS Good Lives Project recognise the UN Biodiversity Week 202



Macroom and District Lions Club

Fun And Games Guaranteed!

Macroom & District Lions Club members happily announce details of their 3rd Family Fun Day, which follows on from their hugely successful previous 2 years. As usual, a day of fun, games, races, food stalls and entertainment for all is promised at this year's Family Fun Day which takes place on Sunday the 22nd of June in the GAA Castle grounds. With kind permission from Macroom GAA, the day will start at 12 o clock and provide fun and entertainment for all ages. Tea, Coffee and refreshments will be served in the clubhouse, while music will be provided outdoors by Aghinagh Comhaltas followed by live DJ until 5 o clock.

Speaking at the launch, Macroom & District Lions Club President said "The previous two years were a huge success, especially as a lot of events, Races, Teddy Bears Picnic, Hook a Duck and Novelty Games were all free. Other attractions this year include bouncy castle, fairground rides, food stalls, face painting and hang tough competitions amongst others. There will be loads of medals and plaques to be won on the day starting with the under 6 sprint races! Last year was so much fun and craic that we were delighted to organise it again for this year and put on some new events. Hopefully the sun will shine on the day and everyone will come along to enjoy our wonderful day of fun and games with us and create new memories". We are also looking for volunteers on the day, if you can help call 087 4370466 or contact us on our social media pages



Macroom & District Lions Club Family Fun Day, Sunday the 22nd of June in the GAA Castle grounds.

Sales: Des 087 3600223 or Email: des@outlookmags.com

LEE VALLEY OUTLOOK



IMPACT VOLLEYBALL MACROOM

"A Club that I had the fortune of working with at the recreational level when I started here at Volleyball Ireland. This club has undergone massive changes to become a force in the national league for both boys and girls. The club also has now become a regular in providing young well well-prepared athletes for our national team programme. Put your hands together for Impact Macroom VC" - announced Conor Flood, National Development Manager.

Local Volleyball Club Shines at All-Ireland Awards Night with Special Recognition

The All-Ireland Volleyball Awards Night, an annual event celebrating excellence in the sport across Ireland, witnessed a local volleyball club big and small receiving several special awards, marking a significant milestone in their journey.

Impact Macroom Volleyball Club

Held at Carlton Hotel Blanchardstown in Dublin, the All-Ireland Volleyball Awards Night saw athletes, coaches, and volunteers from around the country coming together to honor outstanding achievements in both the men's and women's volleyball sectors.

Impact Macroom VC took home an award that every club would like to win - Club Development of the Year award, a recognition of their exceptional contribution to the sport. The club has grown a lot over the past few years, building a solid foundation for players of all ages and skill levels. From nurturing young talent in their youth programs to consistently competing at a very high level, their commitment to fostering a love for volleyball within the community was evident. The club has made a big effort to develop and continues to develop young players. In that



Leaving Cert Class of 2025 who graduated from McEgan College. Also in Photo are Mr. Hugh Coughlan Deputy Principal & Principal Ms. P. Lynam.

passed season 5 Impact's players was representing Ireland at international level (Daria & Gabriela Smolen, Maciej Byrdziak, Pierce McFarlane, James Irwin), with both girls having also the opportunity to play against the best teams in Europe during The U20 Women's European Volleyball Championship in Dublin. The club also includes young people who were noticed by the best Irish coaches during the national trials and develop their skills at the regional development centre or national wider squads (Aleksandra Byrdziak, Oliwia Raba, Daniel & Charlie Murphy, Mark Foley, Yanis Delauche, Nina Waskowska, Sofi Kolesnyk, Gena Lisovyi).

This season the club was represented by 4 teams in the following categories:

U18 premier girls - D2 Women

D2 Men *2 teams

The club's achievements both on and off the court have made it a standout organization. From securing top spots in national leagues (Womens team won Division 2 and was promoted to D1, and one of 2 Mens teams finished second in D2) to taking part in social events (Cork Summer Show or DePuy Family day), they've shown that volleyball can thrive at the local level. The Club Development Award is a testament to the hard work of not just the athletes but also the coaching staff and parents/volunteers who make everything possible.



Sales: Des 087 3600223 or Email: des@outlookmags.com





LEE VALLEY OUTLOOK





NUACHT Ó CHOLÁISTE GHOBNATAN

MÍLE BUÍOCHAS AGUS COMHGHAIRDEAS

Tá Toirdealbhach Ó Lionáird tar éis éirí as mar phríomhoide na scoile - fuair sé post lán aimsire le COGG (bhí sé ar iasacht leo ar feadh dhá bhliain go leath). Thar ceann Phobal Uile Choláiste Ghobnatan ba mhaith linn ár mbuíochas ó chroí a ghabháil dó as ucht an freastal agus an tseirbhís iontach a thug sé do Choláiste Ghobnatan le breis is fiche bhliain mar mhúinteoir (ag tosú i 1999), leas-príomhoide (2012 – 2017) agus mar Phríomhoide (2017 – 2025). Guímid gach uile rath air don todhchaí agus don chéad chaibidil eile agus is cinnte é gurb é gnóthachan COGG ár gcaillteanas. COGG ná An Chomhairle um Oideachas Gaeltacha agus Gaelscolaíocht - tá trí mhór-réimse oibre acu 1)soláthar acmhainní teagaisc, 2)seirbhísí taca agus 3)taighde.

OÍCHE NA NGRAM – IDIRBHLIAIN

Ar an 26ú Bealtaine bhí oíche deas againn sa scoil chun muintir na hIdirbhliana a cheiliúradh. Ar an oíche bhí Dáithí Ó Cróinín mar fhear an tí agus Áine Ní Charthaigh mar bhean an tí. Labhair Finín Ó Conaill agus Killian Ó hÉalaithe-Briain ar son na ndaltaí. Bhí cúpla focail ó Iníon Ní Chonchúir agus ón bpríomhoide Máistir Ó Creimín.

BRONNADH NA MBONN

Bronnadh boinn ar na cailíní – i mbliana bhuaigh siad Craobh réiginúnach na Mumhan (sóisear), Comórtas Pláta (sinsear), Craobh na Mumhan (sóisear), Craobh na Mumhan (sinsear) agus Craobh an Chontae (sóisear)! Bronnadh boinn chomh maith ar na buachaillí. Bhuaigh siad Craobh an Chontae fé 16 anuraidh. SIÚLÓID STAIRE

Bhí daltaí bl. a 4 mar threoraithe do dhaltaí bl. a 1, ag insint dóibh faoi dhaoine, scéalta, áiteanna, agus eachtraí stairiúil ón gceantar. Shiúil an grúpa ón scoil soir go uaimh Naomh Abán, ar ais tríd an tsráidbhaile, agus siar chomh fada leis an Muileann. Bhí ar dhaltaí bl. a 1 ceistneoir a fhreagairt le linn na siúlóide, le duaiseanna dos na daltaí a d'fhreagair an méid is mó ceisteanna i gceart. Is í Abbie Ní Scannláin a fuair an chéad áit, agus Ben Ó Riordáin a fuair an dara áit, le triúir ar chomhscór sa thríú háit. Buíochas le baill ón bhfoireann a chuaigh ar an tsiúlóid leis na daltaí, agus le Diarmuid Ó Ríordáin a thug cead dúinn dul ar a thalamh chun suíomh stairiúil Naomh Abán a fheiceáil. **TURAS EACHTRAÍOCHTA GAISCE**

Is í Gaisce - Gradam an Uachtaráin - gradam náisiúnta



Oíche na nGradam do mhuintir na hIdirbhliana le comhordaitheoir Iníon Ní Chonchúir

na hóige in Éirinn agus is clár forbartha pearsanta é do dhaoine óga idir 14-25 bliana d'aois. Is dúshlán díreach é ó Uachtarán na hÉireann, Michael D. Higgins, do gach duine óg brionglóidí móra a bheith acu agus a lánacmhainneacht a bhaint amach. Sa bhliain 2025, ceiliúrann Gaisce a 40ú Comóradh.Tá trí Leibhéal Gradam forásacha ag clár Ghradam Gaisce - Gradaim Cré-umha, Airgid agus Óir. I gcás gach leibhéal gradam, ní mór do rannpháirtithe gníomhaíochtaí Limistéar Dúshláin a dhéanamh a chomhlíonann riachtanais Scileanna Pearsanta, Rannpháirtíocht Pobail, Áineas Fisiciúil agus Turas Eachtraíochta.Chuaigh muintir na hldirbliana go Cill Airne thar oíche chun críoch a chur leis an gClár Gaisce. Bhí orthú 25km a shiúl mar sin thosaigh siad ar Bhóthar Mucros agus shiúladar amach go Teachín Dinis. Ar an slí stop siad ag Teach Mucros don lóin agus fuair siad bád ó Theachín Dinis suas go Bearna an Choimín. Bhí deis acu dul ag snámh mar gheall ar an dea aimsir agus d'fhan siad i mbrú óige ann. An maidin dar gcion shiúl siad thíos go Teachín Kate Kearney agus bhí lóin acu arís roimh fhilleadh ar scoil. Míle buíochas le hIníon Ní Bhriain agus Iníon Ní Chonchúir a thaistil leo

LOURDES le Donagh Ó Mainnín

Ar an 30ú Bealtaine chuaigh Donagh Ó Mainnín agus Étaín Ní Aodha chuig Lourdes ar an turas oilithreachta le Deoise Chluana. Bhí deis again cabhrú leis na seanóirí, freastal ar Aifreann, páirt a ghlacadh sa na hAifrinn éagsúla agus cabhraí san ospidéal. Chruthaíomar caidreamh láidir leis na daltaí eile agus leis na seanóirí. Bhí an aimsir go hálainn don chéad cúpla lá. Bhaineamar sár-thaitneamh as na radhairc spéisiúla agus an ardeaglaisí áille. Tá cuimhní agus cairde iontacha déanta again. Ní dhéanfaimid dearmad ar an turas iontach seo riamh.

SCRÚDUITHE

Faoi láthair tá daltaí ó thríú bliain tar éis na scrúduithe sraith sóisearaí a chríochnú – comhghairdeas leo agus bainigí taitneamh as an samhradh! Go n-éirí go geal le muintir na hArdteiste atá fós ag thabhairt faoi na scrúduithe na hardteistiméireachta. **FOCLÓIR**

OCLOIN

- iasacht secondment
- rannpháirtíocht pobail Community Involvement
 brú hostel
- Deoise Chluana Cloyne Diocese
- seanóirí old folk
- ardeaglaisí cathedrals

ÁR MEÁIN SHÓISIALTA

Leanaigí ár gcuntais le haghaidh an nuacht is déanaí! X nó Twitter: @ColGhobnatan

Facebook: Coláiste Ghobnatan @colghobnatan

Instagram: @colaiste_ghobnatan

TikTok: @colaiste_ghobnatan



Daltaí ag baint sult as na turas staire eagraithe ag Bean Uí Thuama

Bronnadh na mBonn ar na buachaillí

MACROOM AND AREA SCHOOL SUPPORT HUB

In the summer of 2022, two local woman Kristina Dubrovska and Lisa Manning set up a local School Support Hub. They still run it voluntarily. It is for School Uniforms, Stationary, School Bags and Lunch Boxes available to school going kids and teenagers. Its purpose is to help Families that might be struggling to buy items or for other various reasons. If you would like to donate items or need help, feel free to contact Lisa at 087-1434770.

Sales: Des 087 3600223 or Email: des@outlookmags.com



Enhance Your Natural Beauty with Expert Facial Aesthetics

Discover subtle, radiant results at Macroom Dental Practice, Middle Square with our safe, dentist-provided treatments:

- Anti-Wrinkle Injections Smooth fine lines for a youthful glow.
- Dermal Fillers Restore volume and enhance facial contours.
- Skin Boosters Deep hydration for a radiant complexion.
- Botulinum toxin for Jaw Clenching & Grinding Relieve discomfort and protect your teeth.



Rediscover confidence with natural-looking enhancements.

To book an appointment:

Visit our website: https://macroom.aesthetidocs.app or www.macroomdental.ie Send us an email: facialaesthetics@macroomdental.ie Or scan the QR code





Exclusive New Client Offers

Free Consultation Personalized expert advice. 10% Off YOUR FIRST AESTHETIC TREATMENT A special welcome discount. Complimentary follow up on all treatments.

Our Team:

Tim Buckley-BDS, Denis o Donovan-BDS Michael Hayes-BDS, Marie Nunan-BDS Niamh Walsh-BDS, Fionnuala Cleary-BDS Swathy Mary John-BDS, Michelle Cotter-HYGIENIST

Other cosmetic treatments available include, Composite Bonding, Tooth Whitening and Crowns Bridges, Veneers as well as all routine Dental treatments. Enquire at reception re PRSI and medical card entitlements. Tel 026 41052

COMPOSITE BONDING has become increasingly popular in cosmetic dentistry for its ability to enhance the appearance of teeth quickly and effectively. This procedure involves applying a tooth-colored composite resin to the surface of the teeth to correct various imperfections. Whether you're dealing with chipped, stained, or misaligned teeth, composite bonding can provide remarkable transformations.

TEETH WHITENING is a simple and affordable way to restore your teeth to their natural colour to give you that glossy healthy smile you're proud of. Say goodbye to stubborn stains from coffee, alcohol and tobacco





Macroom Dental Practice, Middle Square, Macroom.







SATURDAY, 5TH JULY 2025 BACK ON THE ROAD





REGISTER NOW ON: **www.ringofkerrycycle.ie** to avoid disappointment! ENTRIES ARE CLOSING VERY SOON.

Charity No: CH 18641



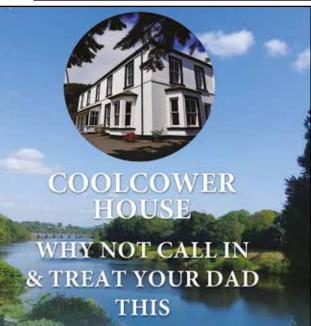
Specialising in Exterior Painting

"We repair all cracks and damaged plaster before painting as standard practice"

Also Power Washing Roof Painting Landscaping and Fencing



Contact Robert: 086 - 0664295



LEE VALLEY OUTLOOK

FATHER'S DAY

SUNDAY, JUNE 15TH

Coolcower House, Macroom, Co Cork T: 087 7657153 | E: coolcowerhouse@gmail.com | coolcowerhouse.ie

What's Your Body Trying to Tell You

(But You Keep Ignoring)



by Dr. Ben Martin Optimal Chiropractic, Ballincollig

Most of us are guilty of brushing off our body's signals. We push through stiffness, ignore that weird hip click, and tell ourselves we're just "getting older" when we feel drained. But what if those little signs were your body's way of asking for help?

At Optimal Chiropractic in Ballincollig, we help people every day who have ignored their body's signals for weeks (or years) - until those whispers turn into shouts.

Let's break down a few common body messages and what they might be trying to tell you.

1. "I'm Stiff First Thing in the Morning"

 This is often a sign that your joints or muscles aren't moving freely, possibly due to inflammation, reduced mobility, or poor sleeping posture.
 If the stiffness eases after moving around, great! If it lingers, or you feel stiff even after rest, that's worth checking.
 Try: Gentle mobility stretches before bed and in the morning.

2. "My Neck and Shoulders Always Feel Tight"

Ves, stress can cause muscle tension, but the underlying cause is often postural strain or spinal misalignment. Hours spent hunched over a phone or laptop don't help!

The set of the set of

Try: Taking regular movement breaks and checking your screen height. Avoid long periods with your head forward or shoulders rounded. 3. "My Joints Crack All the Time"
✓ Occasional joint noise is common. What we worry about is cracking with pain, stiffness, or swelling - especially in the spine, knees, or shoulders.
☆ If your back or neck crack every time you move, and it feels like you need to "pop" them for relief, your body may be compensating for a lack of proper movement elsewhere.
♥ Try: Strengthening and mobilising nearby joints.

4. "I'm Tired, Even After Rest"

Poor posture or spinal stress can cause your muscles to work harder all day leading to fatigue. Nutrient depletion, dehydration, or even misalignment can make recovery slower.

The second secon

Try: Staying hydrated (add a pinch of sea salt for better mineral balance), eating regularly, and doing short, energising walks throughout the day.



Why Listening Matters Your body doesn't have a voice, so it talks through symptoms stiffness, clicks, aches or fatigue. Ignoring your body's signals is like driving with the check engine light on. It might run for a while but eventually, something gives. If you're tired of ignoring the signs, we're here to help you feel better, move better, and stay that way.

Don't miss the special offer on the back page of this issue!



station RD., BALLINCOLLIG t. 021 487 8465

MACROOM UPDATES

DE LA SALLE College Macroom



Mr. John Murphy presenting Ms. Mary O' Connor with a medal in recognition of 30 years of service

This year the staff of De La Salle were treated to a beautiful meal at Randles Hotel, Kilarney. As is always the case at the summer function, the staff were in celebratory mood but this night was particularly special. In keeping with a Lasallian tradition, on this night, De La Salle acknowledged the a milestone in years of service of three members of staff, Mr. Eric Greham (25 years), Ms Judy Kenneally (30 years) and Ms. Mary O'Connor (30 years).

These acknowledgements, while very important, served as support acts to the main event which was to acknowledge the retirement of our secretary, affectionately known as "the real boss", Ms. Shiela O' Leary and our Principal Mr. John Murphy.

This week's publication is to be dedicated to Mr. John Murphy and in the next edition we will look back at the 'Real Boss'.

Celebrating the Remarkable Career of Mr. John Murphy: A Legacy of Leadership at De La Salle College As De La Salle College bids farewell to its esteemed Principal, Mr. John Murphy, the entire school community and the wider locality reflect on a career defined by dedication, vision, and unwavering commitment to education. Mr. Murphy's journey through the Irish educational landscape has been marked by milestones that have shaped not only the fabric of De La Salle but also the lives of countless students, colleagues, and families.

A Journey of Dedication and Growth

Mr. Murphy's career began in the academic year 1993/94, when he completed his Higher Diploma in Education. He soon embarked on his teaching career at St. Mary's Convent in Macroom, where he taught History, Geography, and Religion from 1994 to 1996. His thirst for knowledge and professional growth led him to University College Cork in 1996/97, where he earned a Guidance Qualification, further broadening his educational expertise.



Mr. Fergus Ryan presenting Mr. John Murphy with a card on behalf of the staff at De La Salle on his retirement.

In 1997, Mr. Murphy joined De La Salle College, taking up roles as a History and Religious Education teacher. His leadership qualities quickly became evident, and by 2005 he was appointed Deputy Principal. In 2014, he assumed the role of Principal—a position he has held with distinction ever since.

Transformative Leadership and Lasting Contributions Throughout his tenure, Mr. Murphy's impact has been felt in every corner of the college. One of his most significant achievements was the establishment of the ASD Hub in 2016, a dedicated space that has become a cornerstone for inclusion and support. Mr. Murphy's genuine connection with students, especially those in the Hub, set him apart; he made time each week to engage with students, learning about their interests and ensuring they felt valued.

His leadership was instrumental during a period of unprecedented change in Irish education. Mr. Murphy navigated the implementation of new curricula, child protection protocols, policy development, and the challenges brought by the Covid-19 pandemic. He championed technological advancements, oversaw improvements in school facilities, and supported the introduction of new subjects and an increased student intake—all while maintaining the school's Lasallian ethos and a culture of respect and care.

Championing Opportunities beyond the Classroom

Mr. Murphy's vision extended beyond academics. He played a key role in establishing international school exchanges, notably with France and Italy, dedicating countless hours to logistics and ensuring students benefited from these enriching experiences. His legendary stamina was exemplified during a memorable trip to France, where he drove the school bus for 36 hours straight to ensure students' safe passage, embodying his "whatever it takes" attitude. Perhaps the most enduring legacy will be his relentless

Mr. Fergus Ryan presenting Sheila O' Leary with a card on behalf of the staff at De La Salle on her retirement as secretary.

pursuit of a new school building for De La Salle. For over a decade, Mr. Murphy has worked tirelessly through emails, phone calls, and meetings—to bring this dream closer to reality. His attention to detail and refusal to cut corners have set a standard for future generations, ensuring that when the new school opens its doors, his contribution will be remembered as foundational.

A Passion for Gaelic Football and School Spirit

No tribute would be complete without acknowledging Mr. Murphy's passion for Gaelic football. A talented defender in his youth, he later coached the college's teams, instilling discipline, teamwork, and a love for the sport. His commitment to extracurricular activities has fostered a positive atmosphere that continues to inspire students and coaches alike.

A Leader, Mentor, and Friend

Beyond his professional achievements, Mr. Murphy is celebrated for his personal qualities—his integrity, kindness, and willingness to support colleagues and families, often quietly and without seeking recognition. He has been a trusted advisor and friend to many, always ready with encouragement and wise counsel.

A Community's Gratitude and Best Wishes

As Mr. Murphy steps into retirement, the De La Salle community and the wider area express heartfelt gratitude for his decades of service. His leadership has made a genuine difference, often behind the scenes and always with the best interests of others at heart. While his daily presence will be missed, his legacy will endure in the culture, achievements, and spirit of De La Salle College.

On behalf of all those whose lives you have touched, Mr. Murphy, we wish you health, happiness, and fulfilment in the years ahead. May your retirement be as rewarding and impactful as your remarkable career.



Mr. Eric Greham presenting Mr. John Murphy with a card on behalf of the board of management on his retirement.



Mr. John Murphy presenting Sheila O' Leary with a card on behalf of the Bord of Management on her retirement as secretary.



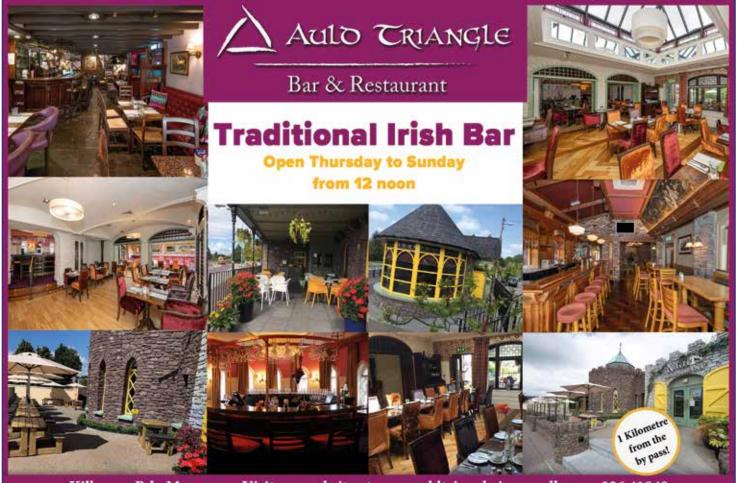
Mr. John Murphy presenting Mr. Eric Greham with a medal in recognition of 25 years of service



Mr. John Murphy presenting Ms. Judy Kenneally with a medal in recognition of 30 years of service







Killarney Rd., Macroom. Visit our website at www.auldtriangle.ie or call us on 026 41940.

MACROOM ACTIVE RETIREMENT

Macroom Active Retirement is set up recently and is affiliated to Active Retirement Ireland. As Ireland's largest community-based organization for older people, Active Retirement Ireland works to ensure older people have a voice, stay connected and enjoy a wide range of activities. It reaches out to all older people to help stop loneliness through friendship and support and stay connected within the community. It is open to anyone over 55, is non-political, nonsectarian and is based on the philosophy of older people doing things for themselves and enable them to lead healthy and active lives.

A group came together in Fr Ryan Hall initially on Monday night 19th May to decide if there was enough interest and support to set up a local association. When the purpose and the benefits were outlined, it was felt that there was a need in the locality and that it was badly needed to fill a gap in the lives of retired and semi-retired people. In keeping with the theme at National level, it was named Macroom Active Retirement. Officers were put forward from the first meeting, which is Chairperson Noreen Moss, Vice-chair & PRO Catherine Sheehan, Secretary Ellen Lynch, Treasurer Mary Ryan, Assistant Treasurer Peggy O'Connell.

A subsequent meeting was held the following Monday night to register membership and discuss the way forward. Two representatives of Active Retirement Ireland attended to help commence the experience. They told us of the many benefits and social activities, such as coffee mornings, lunches, tea dances, evenings out, day trips, and even holiday breaks. We can organize events such as walking, swimming, culture visits to museums, art galleries, theatres and shows. We may feel the need for learning activities and bring in guest speakers for topics of interest or information on social welfare entitlements, home safety or health and personal welfare.

There was great enthusiasm about things we can and want to do, and ideas were bounced around at an alarming rate. As to what we would like to kick off with, there was a lot of interest in day trips during the summer. A suggestion for a local bus trip initially had a lot in favor, which was to go to Gougane Barra for morning coffee, continuing on to Bantry Fair and then back to Future Forests for any gardening enthusiasts among us or a relaxing cuppa at the Caffee Bee. Hopefully, we will get more adventurous as we find our feet and the long winter evenings can be filled with friendship, fun and creativity.



The Cork County Council Anti-Litter Competition last Wednesday the 4th of June. We will not know the results until an award ceremony in September. As we are in second place now, hopefully we continued that trend in the third judging period, we might be in with a chance of a prize.

Tidy Towns Judging started in June and finishes in August. We would ask that every property owner stand and look at their premises and ensure that the area outside is weed free, litter free, clean and painted adequately. There are still premises in of attention and 5 minutes on the part of the owners or staff could improve matters significantly. This would greatly assist the volunteers who mut look after so many other things and public areas.

The featured project in this was the Tom Creedon Park combined use Cycleway upgrade. This was completed in cooperation with Macroom GAA. The project has also been entered for the optional Special Awards competition in the Active Travel/Greenway category. This was the largest Active Travel project to receive funding in Cork under the Community Climate Action Programme (CCAP) Strand 1 grant scheme 2024-2026. Macroom was selected as the pilot "decarbonization zone" town under the Climate Action Plan (CAP) for Cork, 2024-2029. Funding was granted to Macroom Tidy Towns by the Dept of the Environment, Climate and Communications through Cork County Council. Thanks to those bodies, main contractor Niall Murphy Tarmacadam and our onsite team. Additional work in excess of grant funding such as bridge widening, extending the cycleway



Learners from CDYS doing Work Experience putting Mulch around trees

length, replacing recycled plastic seating, biodiversity planting, etc. was completed by us from our own resources and with the help of our volunteers. This project combines connectivity to existing and proposed cycleways in Macroom, improved access for all non-vehicle transport including buggies and wheelchairs, to community facilities, local schools, leisure areas and shopping. Further benefits are Carbon emission reduction by less dependency on motorised transport and promoting a more active lifestyle. Carbon sequestration and biodiversity through planting have also been enhanced. Usage by both pedestrian and cycle traffic has greatly increased and the development has received enthusiastic approval in the wider Macroom community.

From April 22nd to 26th Two Learners from Macroom CDYS did Work Experience with Macroom Tidy Towns. They put mulch around the young trees along the river walk to the Fairy Garden. Also, on the younger trees they put plastic protectors around their base to prevent bark damage. In the Castle Demense, they cleaned exercise machines and cleaned the life buoy markers and holders.

One of our volunteers came across two young boys Luke and Ben Howard doing a litter pick during the

week. As a follow up we did a Thank You Post to the young boys on our social media, and this attracted

a huge level of engagement from the public. It's wonderful to see young people like Luke and Ben making a difference in our community. A big thanks to Hazel and Students in Room 22 from Bishop McEgan for planting bean and pea plants in the Fairy Garden Model Village.

The 54 large hanging baskets all the way from Grotto to Oakwood have been erected. A big thanks to the volunteers for taking the tome out to put them up with the help of Finbar O Connell for the Teleporter. It would be nice to see the businesses in the town putting up smaller hanging baskets outside their premises as it would add some lovely summery colours to the town area.

It has been a busy few weeks for Tidy Towns Volunteers with Litter Picking, Hanging Baskets, General Maintenance, Weeding, Planting.

Tidy Towns Volunteers meet every Saturday at 9am at our base in Masseytown, we are always open to new people joining, so why not come along some Saturday Morning and see for yourself the work that is done. If vou have any questions, feel free to contact Lisa at 087-1434770.



Macroom Parkrunners who participated in the Cork City Marathon on June 1st.

E BILLING | MON 16¹⁸ S WED 18¹⁴ JUNE 2025 | 8PM

R

CORK FLOYO | WITH BOCKET

LEE VALLEY OUTLOOK

BRIERY WHAT'S - ON please visit www.brierygap.ie LOCATION | MACROOM, CORK WEDDING BANQUET 15A PG FANTASTIC MR. FOX WES ANDERSON SERIES | THE PHOENICIAN SCHEME BLE BILLING | MON 23" & WED 25" JUNE 2025 | 8PM BALLAD UTITIC ALLIS ISLAND IFI@BRIERYGAP | THE BALLAD OF WALLIS ISLAND Limited Edition Screening | Mon 30[™] June 2025 | 8PM LEMING LIVE MUSIC | TOMMY FLEMING 2025 TOUR Thurs 23th Oct 2025 | 8PM start time | Doors Open From 7.30PM MAGIC FAMILY SHOW | JOE THE MAGICIA 25 | 7.30PM START TIME | DOORS OPEN FROM 7PM SUN 26TH OCT 2025 | 3PM START TIME | DOORS OPEN FROM 2.30PM BRIERY GAP BOX OFFICE HOURS & VENUE INFORMATION BOX OFFICE HOURS | MONDAY (OPEN 1 HOUR BEFORE OUR IFI SCREENING) TUESDAY 10AM - 2PM | WEDNESDAY 10AM - 2PM | THURSDAY 10AM - 2PM | FRIDAY 10AM - 2PM SAT & SUN OPEN 1 HOUR BEFORE AN EVENT (SHOW NIGHTS ONLY)

THE BRIERY GAP BAR/SHOP IS OPEN 30 MINS BEFORE SHOW START TIME

BRIERY GAP CONTACT DETALS | CALL THE BRIERY GAP BOX OFFICE TEAM ON 0831436884 *SUBJECT TO OPENING HOURS* EMAIL THE BRIERY GAP BOX OFFICE TEAM ON BOXOFFICE@BRIERYGAP.IE *SUBJECT TO OPENING HOURS*

BRIERY GAP ADDRESS | MAIN ST, SLEVEEN EAST, MACROOM, CO. CORK, P12 KR25

LEE VALLEY UPDATES



• June 21st Annual Muskerry Vintage Club past memorial members run to Gougane Barra takes place. Contact Lars at 087-2268752 for more details

• June 24th Mushera platform dance to celebrate St John's day on Tuesday 24th of June 8.45 to 10.45pm. Music by Jerh Healy (The singing Jarvey)

 June 24th Macroom town history walks will commence on Tuesday 24 June at 8.00 p.m. Con Kelleher will lead the group and the charge is €5.
 Meet at the bottom of Castle Street, where the old museum used to be.

REMEMBERING JOHN O'SULLIVAN **a true canovee gaa legend**

On May 30th, Canovee GAA bid farewell to one of its most treasured and iconic figures with the passing of John O'Sullivan, who died peacefully at Cork University Hospital.

John's bond with the club spanned his entire life. He grew up during the glory days of Canovee GAA in the 1940s and '50s, a time that helped shape his lifelong dedication to the club. His working life began with the construction of the Carrigadrohid Dam, and from there, he went on to join the ESB at the Marina.

In July 1965, John married Joan Crowley. The couple first settled in Togher and later moved to the western side of Ballincollig in 1982. Despite moving away from the parish, John's loyalty to Canovee never wavered. As a player, he won two Mid Cork Junior A medals and was also an accomplished handballer. Off the field, his contributions were immense. He served as Canovee's County Board delegate from the late 1960s to the late 1970s, and again from 2008 to 2013—a period that saw the club earn promotion once more.

John was club chairman from 1982 to 1987, leading during the vital period when Canovee developed their current grounds. He was the club's first underage chairman and a long-standing representative on the Bord na nÓg. His commitment to the development of young players stretched across four decadesguiding underage teams from U12 to U21 throughout the 1970s, '80s, '90s, and 2000s.

Hundreds of young footballers came under his wing, supported by a dedicated group that included Johnny



John O'Sullivan pictured with GAA president Larry Mc Carty at the opening of Canovee river pitch in 2022

Dunlea, Vincent Harrington, Christy O'Sullivan, Micky Ring, and Jerry Cronin. John played a vital role in shaping the future of the club through his tireless underage work.

He proudly served as club president when Canovee won the All-Ireland Junior Football Championship in 2008 and held the position of vice-president at the time of his passing. On match days, he was a familiar presence at the gate, greeting players and supporters alike.

John's skills as an administrator were second to none, and none of it would have been possible without the steadfast support of his family. He took immense pride in seeing his son John line out for Canovee and his son Ger take up the role of County Board representative.

The huge crowds who attended his funeral, spanning generations, were a testament to the deep respect and affection so many held for him. Even in his later years, John rarely missed a match. His final game attended was a Division 6 County League fixture away to Cobh, alongside his close friend, John Barry Murphy.

To his beloved wife Joan, his children Denis, John, Kieran, Gerard, Elizabeth, and all the extended O'Sullivan family, we offer our deepest condolences. Suaimhneas síoraí John, your legacy in Canovee will never be forgotten.

KILMURRY GAA Fun Run 2025

What a special evening in Kilmurry yesterday, the 2025 Fun Run brought great excitement and a few historic moments.

We were honoured to welcome our first Olympian to

the event, Lizzie Lee, a 2016 Olympian, who was first female home. Lizzie is an inspiration to all runners, especially our young runners.

A particularly proud moment for our local community came as Senan Lynch crossed the line as the first male home. Senan, the grandson of Kilmurry GAA stalwart and club President Jack Lynch, made history as the first local male winner of the Fun Run since its beginning in 2013*. We wish Senan every success in the future! In the adult male category Michael Dullea was 2nd and Alfie Davis 3rd. In the adult female Paula Kineally was 2nd and Miriam O Sullivan 3rd. In the U16 category Fionn Lehane and Annie McElroy came 1st. *A huge thank you to:*

• All our *stewards and the Gardaí* for ensuring the

event ran smoothly and safely.

• The *Kilmurry GAA players* who recorded times throughout the race.

• Our wonderful *catering and registration volunteers* who kept everything running behind the scenes.

• *Seano's Bar* for kindly hosting us this year, we hope you will have us back!

• Our loyal sponsors, *Ross Oil and Danone*, for their continued support since the beginning in 2013.

• And finally, to the runners and walkers, your support brings life to this event every year. The energy you bring to the village and along the route is much appreciated. Roll on Kilmurry GAA Fun Run 2026!



Lizzie Lee Olympian from 2016 1st Female home in Kilmurry GAA Funrun with Concubhar Murray of Ross Oil and Donogh Wall Chairman of Kilmurry GAA



Sean Lynch 1st Male home in Kilmurry GAA Funrun with Concubhar Murray Ross Oil and Donogh Wall Chairman of Kilmurry GAA

Sales: Des 087 3600223 or Email: des@outlookmags.com

LEE VALLEY OUTLOOK





CURTAINS & BLINDS 025 435



Over 35 years in Busíness

Our Blind Options: Roller Blinds, Venetian Blinds, Roman Blinds, Vertical Blinds, Perfect Fit, Skye Roof Blinds, Day/Night Blinds, Aluminium Blinds, Cassette Blinds, Curtains





Tel: 026 - 43580 | W: www.curtain-and-blind-shop-macroom.weeblysite.com Codrum Industrial Estate, Macroom, Co. Cork P12 CF24

WEST MUSKERRY RELAY TEAM CROWNED COUNTY AND MUNSTER CHAMPIONS... TWO YEARS RUNNING!!

The talented young athletes of the West Muskerry Athletics Club have done it again - claiming Double gold for the second year in a row!

In May, our under-12 girls' relay team blazed to victory at the Cork County Championships, securing a Gold Medal and a coveted spot at the All-Ireland National Track and Field Finals set for June 22nd.

Not stopping there, the team traveled to Waterford RSC last Sunday to compete in the Munster Athletics Championships, where they once again delivered a championship-worthy performance, clinching gold against very strong competition from across the province.

County Championship Winning Team:

 Anna Morris, Shauna Twomey, Aisling Martin and Amy Canty

Munster Championship Winning Team:

Anna Morris, Annarista Ogbomo, Aisling Martin and Shauna Twomey

The entire club is immensely proud of these

determined, hardworking girls. Their back-to-back success is a testament to their dedication, teamwork, and the fantastic support from coaches and families. All eyes are now on the All-Irelands in June, where we wish them the very best as they go for national glory!



Cork County - Shauna Twomey Anna Morris, Amy Canty and Aisling Martin



Munster Team_ Annarista Ogbomo, Shauna Twoney, Aisling Martin and Anna Morris Coach Fabio Fabrizi

A fantastic performance was on display from all of our participants at this year's City Sports in M.T.U. recently! Save the dates! Sixth class students from Dromleigh N.S. will host their annual Bring & Buy Fundraiser on June 16th beginning at 12 noon in the school hall. All proceeds go towards the development of our school sensory playground and The Irish Guide Dogs for the Blind. A mega raffle will take place on the day. Tickets can be purchased in advance of the day from Co-op Superstores Terelton, Dromey's Bar Dromcarra and from John & Eileen Collins at The Kilmichael Shop. Many thanks to all of our sponsors for their amazing generosity: Aqua Dome Tralee, Ballyhass Agua Park, Ballymaloe Foods, Clonakilty & Dunmanway Credit Union, Crag Caves, Cully & Sully, Fernhill House Hotel & Gardens, GRASSMEN, INEC, KWD Recycling, Leahy's Open Farm, Luigi Malones, Michael Collins House, M. & J. Kelleher Ltd., O'Mahony Tree Specialists, Organico, Sweet Magnolias, The Little Island Resort, Thomond Park Stadium and West

DROMLEIGH NS



Second Class Pupils from Dromleigh N.S. received their First Holy Communion in St Finbarr's Church on May 24th

Cork Model Railway Village. Dromleigh National School Summer Party hosted by our Parents' Association will take place on Thursday



Student representatives from Dromleigh N.S. travelled to the Killarney Convention Centre on May 26th to receive their Green Flag for the theme of Global Citizenship Litter & Waste.

19th June from 7-9pm in the school hall (P12DY26). Fun for All, DJ, Dancing, Prizes, Tuck Shop and More... office@dromleighns.ie 026-46212



Local Vocals singing group presented a cheque for \in 3,054, the proceeds from their recent charity concert at the Briery Gap to Laura Curtin, representing the Friends of the Alzheimer Society, the group's chosen charity for the event. Pic Peter Scanlan



Changing lives for the better

Are you, or is a friend or family member, struggling to hear against background noise? Here at Walker Hearing Clinics our expert audiologists are here to help with any hearing health queries you may have.

The Walker Hearing Clinics aim is to offer our patients the best of both worlds – excellent clinical care alongside the very latest in hearing aid technology.

Our clinics at Cork University Hospital and at the Weir Clinic in Bandon offer diagnostic hearing tests and the full range of hearing alds, followed up with the very best in personalised bespoke aftercare.

We are very excited to provide patients with the latest in innovative technology, released in September 2024, Phonak Infinio Sphere has its very own artificial intelligence chip. This chip is programmed to block out background noise in any environment, separating the noise the user wants to hear from the noise they do not want to hear. Whether you're in a noisy restaurant or at a get-together with friends, you can rest assured that you won't miss a word.

We will programme your hearing aid to support your specific hearing needs, and offer follow-up appointments at no extra cost.

Our services include:

- Hearing aid supply and fitting
- Diagnostic hearing tests
- Children's hearing tests
- Ear wax removal
- Hearing protection
- Tinnitus management

It's our aftercare package that truly sets us apart.

Next generation hearing care

Cork City (CUH) Suite 2.6. Consultants Private Clinic, Cork University Hospital, Wilton, Cork, Ireland The Weir Clinic, Bandon Ist Floor, Bandon Primary Care Centre, Market St, Bandon, Co. Cork, P72 WD58 Fermoy Primary Care Centre Mill Road, Fermoy, Co. Cork, Pól R292

Call us: (021) 234 1239 | Email: info@walkerhearingclinic.ie

COACHFORD UPDATES

Golf Classic is a huge success

The recent Coachford AFC Golf Classic played at Lee Valley Golf & Country Club was an amazing success and saw the winners coming from Macroom, Bantry and Coachford. The weather could have been kinder but golfers are tough and didn't seem to mind that much. Congratulations to the winning team representing Macroom Motors - Neily Callaghan, Paddy Murphy and Tom Coonahan. In 2nd place were the Bantry team of Neil Crowley, Michael Mason and Joe Kelly. 3rd place went to the team representing Lee Valley Farms - Denis Finnegan, Ger Kingston and Keith Stafford. 4th prize went to the first of our teams representing Macroom Credit Union - Ber O'Shea, Bernie McGrath and Eleanor Baldwin. In 5th place, also representing Macroom Credit Union were Geraldine Galvin, Eileen Healy and Jackie Lordon. David O'Mahony won nearest the pin and congratulations to Joe Cooney who won the longest drive (239 yards) on the 7th hole. A super day and a fantastic fundraiser for the club's Astro Turf Development. The Club would sincerely like to thank the many sponsors who were very generous again this year coming on board sponsoring the event, sponsoring teams and sponsoring Tee Boxes and Greens. "We'd also like to thank the fantastic teams who joined us on the day and made the event into a truly classic day out."

Coachford Family Festival Broomhill Vintage Club recently launched their 2025 Coachford Family Festival and it looks like it is going to be the best one yet. The organisers have an abundance of things happening over the 4 day event that is running this year from July 10th to 13th. Among the items for this year's Festival are the ever popular Dog Show on Saturday July 12th and our massive Talent Show later that night. "We are so looking forward to the Talent Show this year. We are expecting a lot of entries and we are encouraging anyone who can sing, dance, play a turne, recite a poem, juggle or anything else that could entertain the crowd and impress the judges to enter by contacting Kate on 087 762 7231 or Evelyn on 086 8836 066. There is a first prize of €300. Sunday promises to be an unforgettable day.



Coachford U11 girls caption - The Coachford AFC U11 girls who attended the recent Ireland Women's International game against Slovenia at Pairc Ui Chaoimh



Coachford Golf Classic winners representing Macroom Motors, Tom Coonahan, Paddy Murphy and Neily Callaghan

We have the usual and very popular funfair, Vintage Show, Children's Sports, Fittest Family Competition and Tractor Build to mention just a few but we are all looking forward to the wonderful and very popular Country Music star Effie Neal who will take to the stage in the GAA Hall from 3.30pm so people can enjoy an afternoon dance while at the Festival." Soccer at the Pairc The Coachford Under 11 girls team had a fantastic evening at the Irish Women's

Geraldine Galvin from the Macroom Credit Union team collecting the 4th place Coachford AFC Golf Classic prize from Sandra Healy.

International versus Slovenia at Páirc Uí Chaoimh last week. The girls had pitch side seats and a great view of the action. They also met some of the players afterwards including the one and only Katie McCabe who singled out Ava Galvin to give her her boots as a souvenir! A massive thanks to SuperValu Ireland for arranging the tickets and Norma Fitzgerald and Ann Marie Galvin for all the organising. The girls had an amazing night.

FIND YOUR NEAREST FREE HRT PHARMACY IN CORK AND KERRY

Free Hormone Replacement Therapy (HRT) is now available for anyone with a prescription and a Drugs Payment Scheme card in Cork and Kerry. Participating pharmacies can be found located via the new Pharmacy Finder available on the HSE website.

Dr Máire Cleary, Advanced Menopause Specialist, HSE South West said:

"This is an extremely important and very welcome development which will remove financial barriers to access HRT.

"Hormone replacement therapy is the most effective treatment to manage troublesome perimenopause and menopause symptoms, and it can also work to reduce the risk of both osteoporosis and cardiovascular disease. This is a hugely significant step forward for women's health in Ireland."

Dr Cliona Murphy, National Clinical Director, HSE



National Women and Infants Health Programme, said:

"Every woman goes through menopause, but for some, the symptoms can be debilitating. HRT is a medicine-based treatment which can really improve the quality of life for people experiencing symptoms. HRT helps to balance and replace the hormones that your body no longer produces in the same way.

"We really welcome the fact that HRT is now free for women who need it, giving people more choice in their healthcare. The decision to take HRT should be made in consultation with your doctor."

To avail of free HRT, you will need to register for a Drugs Payment Scheme card. Apply for the Drugs Payment Scheme (DPS) online.

- You will need:
- full namedate of birth
- sex
- PPS number
- contact details

For further information on the pharmacy finder, drugs payment card or HRT, please see HSE.ie

Sales: Des 087 3600223 or Email: des@outlookmags.com

MAKE HOME UPGRADES HAPPEN WITH MACROOM CU

From kitchens to garden rooms

we're here to help you build your dream.

Macroom Credit Union Home Improvement Loans are ideal for:

- Kitchen and bathroom remodels
- Garden or patio makeovers
- Extensions and conversions
- Energy upgrades (Green Loan available separately)

With us, you'll get A PERSONAL SERVICE

Flexible repayment options

Quick application turnaround

Personal service from our local lending team

GET YOUR PROJECT OFF THE GROUND

Call (026) 41689

email loans e macroomcu.ie visit www.macroomcu.ie

Pap into our Macroom or Ceachford branch to chat in person

credit union Da friendly face

Loans are subject to approval. Terms and conditions apply. If you do not meet the repayments on your loan, your account will go into arrears. This may affect your credit rating which may limit your ability to access credit in the future. Macroom Credit Union is regulated by the Central Bank of Ireland.

Ballyhass Adventure Group and Nature Network Ireland launch new outdoor worshop series with Biodiversity **Event in Coachford**

Coachford, Co. Cork - Ballyhass Adventure Group is proud to announce the launch of a new collaborative workshop series with Nature Network Ireland (formerly Cork Nature Network), starting with a free outdoor biodiversity workshop at Ballyhass Coachford on Saturday, June 7th, from 10:30 AM to 12:30 PM.

This hands-on workshop invites educators, community leaders, and local nature enthusiasts to experience Irish biodiversity up close, with expert-led sessions, a guided nature walk, and practical tools for outdoor education. The initiative marks the beginning of a deeper focus on ecological education and community engagement through the outdoors.

Led by Gill Weyman, founder and director of Nature Network Ireland, and John Armstrong, ecologist and campaigns manager of the organisation, the workshop will explore:

What biodiversity really means - beyond the buzzword

Its impact on climate, culture, and health

Ireland's rich native habitats and the threats they face

How to take action through citizen science and everyday conservation

Resources for integrating outdoor learning into classrooms and community programmes

After the nature walk, participants will enjoy complimentary teas and coffees, with time to share insights and ideas. As a bonus, attendees will also receive an exclusive discount for a guided Kayak Expedition in the afternoon for those who wish to stick around, offering a unique on-the-water perspective of Coachford's natural ecosystem.

This is more than a one-off event - it's the start of an ongoing partnership focused on bringing outdoor education to the forefront. We're excited to support educators and community leaders with new tools and experiences that make nature more accessible and inspiring.

Stay Connected

Interested in future Ballyhass x Nature Network Ireland workshops and events? Sign up here.

A Call to the Eco-Curious

This isn't just a workshop - it's a space to pause, reconnect with nature, and leave empowered to make a difference. No prior experience required - just curiosity and an open mind.

Whether you're looking to learn, get outside, or meet like-minded people, this event offers the perfect opportunity to do all three.

Let's grow something together.

CÓNAL CREEDON AND DENIS LEHANE HEADI INF AT MACROOM CATTLE MART

While perhaps a man more accustomed to the bright lights of the Briery Gap, playwright Cónal Creedon will be taking 'a walk on the wild side' on Friday June 27th, when he will be performing a book reading from the main ring at Macroom cattle mart.

A first of its kind. A first for the mart. A first for the writer.

On the night, the celebrated writer, will be joined by farming journalist Denis Lehane, who has been writing humorous columns about his exploits on the land with 20 years.

The Macroom event will mark the final night of a whistle-stop west Cork reading tour that Cónal Creedon has been undertaking over the summer. The tour aptly named 'Come West The Road With me' is a homecoming of sorts for the famed Cork Author. With Inchigeelagh and Adrigole, on the Beara Peninsula featuring strongly in his background, the final night in Macroom promises to be something, both unique and special.

With an open-door Macroom mart welcome for all, the fun begins at 6.30pm on Friday June 27th.



Cónal Creedon with Denis Lehane

CORPUS CHRISTI PROCESSION: This will take place on Sunday June 22 immediately after 9.30 Mass in Clondrohid

SCHOOL MASS: In the School Hall on Wednesday June 25 at 9.30am

ANNUAL CURRA GROTTO ROSARY: This will take place on Sunday June 29 at 7pm

SINGING IN THE TAVERN: This lovely sing a long group or tell a story group meet every second Monday night in The Tavern from 9pm. The next session is Monday June 23. They would love to see you there.

CLONDROHID NEWS

Jackie 's Scoraiocht continues in The Laine Bar Ballinagree on the last Wednesday of every month. Give it a call.

MAY NOT BE THAT THEIR GOOD DEEDS FORGOTTEN: This is the title of a book written by Con Lynch, on the Religious Sisters, Brothers and Priests of the parishes of Clondrohid, Kilnamartyra and Macroom. It is nearing completion, but if you think you know of, or have a relative a nun, priest, or brother from of any of these parishes, please contact Con on 0861974427 asap but before June 21. It is important that no one is forgotten.

CLONDROHID PARISH ACTIVE RETIRED: The recent Scoraiocht held by this group, raised €600 in donations on the night. They are sincerely grateful to all who donated on the night and since. The money was divided between Drocichidin ASD Classroom Clondrohid National School and Clondrohid Parish Active Retired. The cheque has been handed over to the school .A big Thank You again.



24 Outlook 12.06.25





Sales: Des 087 3600223 or Email: des@outlookmags.com

LEE VALLEY OUTLOOK



MACROOM Tool Hire & Sales



Get Ready for a Fun-Filled Weekend in Ballinagree

Friday, June 27th to Sunday, June 29th!

After the huge success of last year's event, all roads once again lead to Ballinagree for an entire weekend of excitement, community spirit, and entertainment!

• Friday Night – June 27th

Kick off the weekend with our ever-popular Road Bowling Final. A local favourite that draws a crowd every year – come along and cheer on the competitors as they battle it out for glory!

Saturday Night – June 28th

The tension is rising... the whispers are growing... the bets are on!

Who will wear the chain next? Excitement is building as Ballinagree gets ready to elect its brand-new Lord Mayor!

Expect a night full of fun, friendly rivalry, and community buzz.

A Huge Thank You to Joanne O'Riordan as we prepare to welcome a new Lord Mayor. Joanne has done a fantastic job representing Ballinagree with passion, dedication, and a true sense of community spirit throughout the year. Joanne, we salute you!

• Sunday, June 29th

Ballinagree Vintage and Family Fun Day! Officially opening at 1 PM, this action-packed day promises something for everyone.

• Vintage & Classic Vehicle Showcase Marvel at vintage cars, tractors, and barn finds – all competing for the Perpetual Cup.

• Children's Sports – Starting at 2pm Races for all ages – from crawling races to wheelbarrow madness – with lots of prizes!

• Dog Show Delight With categories like Best Dressed Dog, Junior Handler, and more – furry friends welcome!

• Dress to Impress Prizes for the Best Dressed Lady and Best Dressed Gent – bring your style A-game!

• Live Music All Day Dance the day away with live tunes from Anthony Dineen and more.

Food, Fun & Games Galore!

From bacon & cabbage to artisan stalls, crafts, kids'

amusements and classic games: Penalty Shootout Bowl in the Bucket Horseshoe Throwing Throwing the Sheaf Egg Throwing Name the Teddy / Name Casey's Alpaca Guess the Weight of the Cake ...and much more!

Back by Popular Demand

Try the Hold On Tough Challenge and show your stuff in the Digger Driving Competition!

Raffle Extravaganza

Raffle tickets (\in 2 per line) available on the day or in local outlets – great prizes to be won!

Entry by donation only, with all proceeds supporting local charities.

It's shaping up to be an unforgettable weekend in Ballinagree – so gather your family, bring your friends, and join us from Friday, June 27th to Sunday, June 29th. *We can't wait to see you there!*





Kilbarry NS pupils and staff on a walk in the Gearagh with schools heritage specialist Ted Cook.



A big thanks to the parents of our U13 players who hosted today's coffee morning giving all of our underage players, trainers and parents the opportunity to enjoy and catch up over a coffee and a cake! Go raibh Maith agaibh go léir!

Sales: Des 087 3600223 or Email: des@outlookmags.com

McSweeney Bros. Est. 1971

CONTRACTS TARMACADAM READYMIX QUARRIES



McSweeney Bros Quarries

can now deliver to your doorstep:

One tonne bags and small loads of • Sand

- Gravel
- Aggregates
- Decorative Stone

Orders can be placed via our website www.mcsweeneybros.ie or by calling 023 8855000

LEE VALLEY OUTLOOK



Window & Door Company

BALLINEEN, CO CORK P47 DR04

Domestic, Commercial incl Schools, Factories, Shops etc

New Build and Replacement Work undertaken

Trusted and Experienced Installers

Palladio Composite Door Range uPVC and Thermally Broken Aluminium Frames

ENERGY EFFICIENT WINDOWS: Double Glazing- Triple Glazing Insulated Glass: Doors, Sunrooms & Porches, Glass Balcony Glazing Systems





For Quotation call us today on 023 8845868/023 8847416



NUACHT UIBH LAOIRE

Coiste Forbartha Béal Atha'n Gaorthaidh

Do chruinnigh slua mór de mhuintir na háite ós comhair Coláiste na Mumhan le deanai cun tachaíocht a thabhairt don gCoiste Forbartha leis an feachtas atá ar siul acu an Coláiste á oscailt aris agus mic leinn a thabhairt isteach chun an Ghailge a fhoghlaim agus a chleachtadh. The large crowd which assembled in front of Coláiste na Mumhan, the Irish college in Ballingeary, showed their support for the local Development Association in their effort to re open the Irish college and to continue classes as usual for this summer. The assembly showed their anger, disappointment and frustration at the failure of the present committee to open the historic college to pupils again this year. The summer college is over 120 years in existence and was set up for the sole purpose of promoting the Irish language and that remains its sole purpose today. The Coláiste has ties in its early days with such patriots as Terence Mc Sweeney, Thomas Mc Donagh and Tomás Mc Curtain, writer like Seán Ó Faoileáin and Frank Ó Connor and then Minister for Education, Risteard Mulcahy. Thousands of pupils have attended the college over the years and all those we have met hold fond memories of their time in Ballingeary. The committee in charge has always had a majority of local representatives and the Coiste Forbartha believe that a committe of local people is the most desirable way to go forward. A petition to that effect was signed by those present at the protest gathering.

Litter Challenge

The results of the competition are out and congrats to Béal Athan Ghaorthaidh for winning first place in the category of large villages. Inchigeela village didn't feature in the top three in its category but secured a respectable score average of 98.63% in a very close contest. Well done to all for a super effort. Inchigeela Festival

The Festival committee has announced that this year's festival will commence on the 15th of August for 2 weekends with music by big names like Jack Keogh, The Kilkennys, Derek Ryan, Hell for Leather, One for the Road and Bog the Donkey and more. Great craic; great music ; great dancing assured!

Garda Clinic

A Garda will attend at the Parish Office in Inchigeela on 23rd of June from 11am to 12 noon .

Book Swap Library in Béal Atha

A mini library has popped up in the yard at Cuan Barra. It is for children and adults and you bring a book and swap it with another to take home. Great idea and well done, Ellie Uí Dhuinnín!

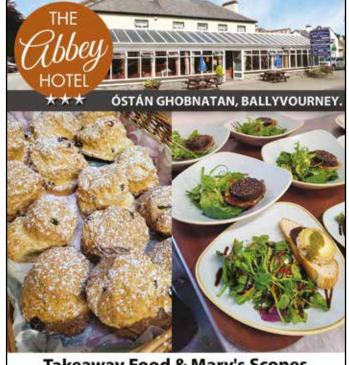


Ann O Connell & Felicity Kelleher enjoying their last Line Dancing class with their Mallow dancers before they break for the summer see ye all again on the dance floor in September



Tidy towns: Luke and Ben Howard helping to keep our roads litter free





Takeaway Food & Mary's Scones & Apple Tart available to order

Summer Opening Hours: 12:30- 8:30pm Food Served

Tel: 026 - 45324 Email: reception@abbeyhotelballyvourney.com www.theabbeyhotel.ie



JERH O'SULLIVAN

026 41121 • 086 8329321 www.ccmproperty.com

Licence no.002369

History 🍃

By George Ó Murchú

Micheál O'Cuill (Michael Quill) was born on a 125 acre farm in Cúil Aodha on 22 March 1888 to his parents Patrick and Mary Quill. It was part of what was initially a single entity, perhaps comprising 142 acres, 1 rood, and 14 square perches, owned by a relative by the name of Mr. Timothy Quill in 1895, as recorded in that year's Rate Book. Micheál, when still relatively young, commenced his activity as an Irish teacher and continued to engage in the instruction of the Irish language in various capacities throughout his life. A knack for politics seemed to run in the clan, as he was a cousin of Richard Quill, Esq. (died 1940), a local politician and a long-time, "Nationalist" member of Macroom Urban District Council (UDC). Richard was a proficient Irish speaker, Gaelic League activist, and auctioneer, in addition to being a real estate agent. The local press described him as someone who was "esteemed for his integrity and straightforwardness" at the time of his passing. During the 1890s and early 1900s, Richard was an active member of the Co. Cork Executive of the Irish Land & Labour League, where he actively pursued legal reform for Catholic tenant farmers and business proprietors. Furthermore, he was a cousin of Timothy and James Quill (though somewhat older than both) from nearby Clondrohid, who would especially distinguish themselves in Labour and farming politics at a national level in Ireland and Great Britain (a younger brother, Daniel, a prolific angler and nurse, also seems to have served a stint on the General Council of the Irish Labour Party on the region's behalf). They were all related to 'Red Mike' Quill of Kilgarvan, who would be elected to New York City Council in the 1930s for the American Labor Party. They were previously characterised as "an old Macroom family" by the 'Southern Star' in 1930, suggesting that they had resided in the Mid-Cork region for several generations.

Prior to his father's passing, he was drawn to the priesthood, but his subsequent financial situation rendered this aspiration unfeasible. In 'Fé Bhrat a Chonartha,' Peadar Ó hAnnracháin recounted discovering Micheál O'Cuill instructing an Irish class in Clondrohid, in 1905, at the age of merely 17. A local person found it exceedingly challenging to maintain an Irish class, although Micheál succeeded through his sincerity and dedication. In July 1908, Micheál penned a letter to An Claidheamh Soluis expressing discontent with certain itinerant Irish instructors who performed a 'Set of Quadrilles' in a residence in Carraig an Ime, in violation of Gaelic League doctrine that deemed such dances as alien. On March 8, 1919, a summary of a lecture delivered by Micheál in Cork city regarding the poet Seán Ó Tuama a Ghrinn was published in 'Fáinne an Lae.' The Ardfheis of Conradh na Gaeilge and the Oireachtas were scheduled to take place in Cork in 1919. Micheál served on the Cork Oireachtas committee.

Described by the 'Cork Examiner' as a native of the Macroom district, O'Cuill had moved to Cork city not long prior to 1920. Before then, he was closely associated with Countess Markievicz in the founding and organisation of Fianna Éireann, and, a few years later, played a significant role in establishing Cumann na mBan. During the Easter Rising of 1916, Mr. O'Cuill was among the County Cork Volunteers who had assembled in hopes of participating in the insurrection. When circumstances pertaining to the infamous counter-order prevented Cork's involvement, he set off alone for Dublin and had nearly reached the city when the surrender occurred. He was subsequently arrested and deported to Frongoch internment camp. A passionate Irish speaker and dedicated language revivalist, he was one of the country's leading organisers and educators

MICHEÁL O'CUILL (1888-1955)

for the Gaelic League. For many years, he voluntarily conducted Irish language classes under the auspices of Coiste Ceanntair Corcaígh at An Dún, Queen Street (later the premises of the Society of St. Vincent de Paul). Until his death, he served as Vice-President of Craobh Uí Ghramhna of Conradh na Gaeilge, with which he had been associated for over 30 years.

He was also a close friend of both Terence MacSwiney and Tomás MacCurtain (martyred Lord Mayors), working alongside them in the original Irish Volunteers, and later, as a city councillor. In September 1914, the Volunteers in Cork aimed to interrupt a meeting at City Hall held by Cork's two Members of Parliament, William O'Brien and Tim Healy, to promote recruitment for the British Army during the Great War. Jerry Fawsitt and fellow members of the Volunteers produced a leaflet mockingly titled 'All for England League,' which contended against the enlistment of Volunteers in the British army. Bob Langford, Michael O'Cuill, and Donal O'Callaghan attempted to disseminate the pamphlet during the session; however, they encountered an adversarial response and were removed from City Hall. As per 'A Biographical Dictionary of Cork,' he joined the Irish Republican Brotherhood (IRB) and was pivotal in founding Cumann na mBan in the city.

Michael O'Cuill was elected as a city councillor on Cork Corporation in the landmark election of 1920, as a joint Republican-Irish Transport & General Workers Union (IT&GWU) candidate. The address given at the time of the election was 5 Red Abbey St, and he was elected in North West Electoral Area No 3, Blackpool. This ward was shared with, among others, Tomás MacCurtain and Michael Egan (the latter being the renowned trade unionist and former chairman of the Cork Workers' Council). Among the committees he served on were those pertaining to Public Works, Housing, Cemeteries, Law and Finance, City Hall and Working Class Dwellings, and the Civic Committee. He also served as Deputy Lord Mayor of Cork. However, MacSwiney would later switch O'Cuill for Donal O'Callaghan, as MacSwiney believed that O'Callaghan was a more practical choice, who could accomplish greater success due to his supposedly less inflexible nature, when compared to O'Cuill. At the new city council's first sitting on 30 January 1920, when the name of Alderman (senior city councillor) Frederick Murray was called, Cllr Michael O'Cuill, answered in Irish to the effect that Murray was in prison, "under the lock of the foreigner." When the nominations were called for Lord Mayor, it was again O'Cuill who spoke and proposed Alderman Tomás MacCurtain, who had topped the poll in the Blackpool district.

In May 1920, O'Cuill proposed that Kuno Meyer (a German-born Celtic scholar, philologist and translator), who was removed the roll of Honorary Freemen of the City of Cork in January 1915, be restored. Donal O'Callaghan (also a TD and known as the "forgotten Lord Mayor") seconded the motion. The Corporation's resolution to reinstate Meyer's honour was reported in 'The New York Times,' and garnered a predominantly positive response in both national and international media. In June 1920, after O'Callaghan was additionally elected to Cork County Council, he was accompanied on the Co. Council by his City Hall associate, Michael O'Cuill, who had been appointed as a representative of the Rural District Councils. The two men served on both councils simultaneously.

In August 1920, when Terence MacSwiney (the Lord Mayor) and ten other individuals were arrested in the Municipal Buildings and taken to the Cork County Gaol, the public outcry that followed was lead by O'Cuill, along with Liam de Roiste. In November 1920, a special meeting of the city council was held to appoint the third Lord Mayor in the space of a year. It was Michael O'Cuill who would propose Donal O'Callaghan, being seconded by Alderman (senior city councillor) Edward Coughlan. The highly respected Alderman William Stockley, Professor of English at University College Cork (UCC), chaired the meeting. Dr. Aodh Quinlivan, in biographies on O'Callaghan, notes that he was strongly associated with O'Cuill. However, in March 1921, O'Cuill, along with city councillors J. O'Leary and Maurice Walsh, all decided to resign. Sean French remarked that they had little option but to accept them, and regretted such a loss to the city Corporation.

During the Civil War, he preferred to remain neutral, and was the honorary secretary of The People's Rights Association (as per the 'Irish Times,' he also served as acting chairman), a group of prominent citizens, and wrote to Liam Lynch and Michael Collins on their behalf in an unsuccessful attempt to broker a peace. He was later approached by each of the major parties to return to politics, but he respectfully declined the offers. On July 25, 1922, he wed Maighréad Ní Éalaithe from Cork City. Around 1930, he joined the staff of the Cork County Vocational Education Committee as Irish Inspector, succeeding an tOllamh Dónal Ó Corcora in the role. He became widely known through his work at the summer courses in the famed Colaiste na Mumhan, located in Ballingeary, which he supervised each year. He retired from that post several years prior to his death. The 'Evening Echo' described him as one of the most prominent Irish speakers in the country. O'Cuill was a very accurate and skilled Irish scholar. Dáil translators and civil servants relied on Micheál for assistance in tough situations. A name for the national airline was requested from him. He provided Aer-Loingeas (air-fleet). It was acceptable, but Aer Lingus was spelt to make it pronounceable at foreign airports and travel agencies. Micheál's memories were published by the Government Publication Office under the pen-name 'Muisire' in 1946. Although viewed as a naturally reserved man,

Although viewed as a naturally reserved man, Michael Ó'Cuill was described as having brought infectious enthusiasm to all of his endeavours. At the time of his death, O'Cuill was depicted in the press as one of the most prominent Irish language advocates in the south of Ireland, and a lifelong enthusiast of every phase of the Republican movement. On 17 September 1955, he collapsed on Marlboro Street, Cork City, and died shortly afterwards, aged 67. The 'Cork Examiner' reported that he would be deeply mourned by Gaels across the country.

REFERENCES:

'A Biographical Dictionary of Cork' (2006) Cork Examiner 21/4/1920 Cork Examiner 15/5/1920 Cork Examiner 14/8/1920 Cork Examiner 14/10/1920 Cork Examiner 17/11/1920 Cork Examiner 19/9/1955 Evening Echo 29/4/1920 Evening Echo 20/5/1920 Evening Echo 15/12/1920 Evening Echo 17/9/1955 Evening Echo 4/11/2019 Irish Times 7/8/1922 Muscrai - 'Micheál O'Cuill' (2016) Quinlivan, Aodh. Dictionary of Irish Biography - Donal O'Callaghan

Quinlivan, Aodh. FORGOTTEN LORD MAYOR - Donal Óg O'Callaghan 1920–1924 (2021). Cork City Libraries 'When Tomás MacCurtain was elected Lord Mayor of Cork' (2021). UCC



Munster based Flexi-FD helps small and medium sized businesses gain control and regular management of their financial business activities.

- Bookkeeping Services
- Comprehensive Financial Solutions
- Expert Advisory Services
- 🔿 Tailored Management Accounting

Book a consultation with one of our team today

Call (087) 232 6945 • Email aine@flexi-fd.com











Macroom History Group (Founded 2023)

Macroom town history walks will commence on Tuesday 24 June at 8.00 p.m. Con Kelleher will lead the group and the charge is €5. They start at Macroom Bridge, near where the Macroom Museum used to be, at the bottom of Castle Street and will take about one hour and fifteen minutes (75 minutes). Depending on the wishes of those present, they will be one of three: Macroom Town Centre.
 Macroom Town, west of Macroom Bridge, excluding Masseytown.
 Macroom's 20th centres of entertainments – pubs, cinemas, ICA Hall, dance venues, card-playing venues, theatres etc.



MACROOM TOWN HALL

by Orla O'Callaghan (Lissarda)

Macroom Town Hall (TH) is a historic building with deep local significance. It was built in the early 20th century and since has served as a civic and cultural hub for the community. The hall immediately became a centre for various events, from political gatherings to social functions, reflecting the town's broad and active community life.

A town hall is a public building that usually acts as a centre for local government, often housing offices for elected officials and municipal staff. It was/is a key location where public meetings were held and enabled(s) discussions between local government and the community. With modern media, Macroom TH is now rarely used for this reason. Such meetings provided a platform for citizens to express their opinions, raise concerns, and ask questions directly of the leaders and officials who made decisions that impacted the area. Whether it's addressing local policies, discussing community challenges, or celebrating achievements, a town hall can play a crucial role in maintaining a healthy, vibrant, and engaged community.

Over the years, the Town Hall has undergone several renovations and refurbishments, adapting to changing needs. In its early years, it played a crucial role in local government, hosting town meetings and public events. It was also a space for theatrical performances, concerts, exhibitions, sports – badminton and judo - and community celebrations, contributing to the town's cultural vibrancy.

Before the Town Hall was built in 1904, there was a market house on the site. The market house had played a massive role in the growth of Macroom; not only was Macroom an important market centre for selling local goods but also for agricultural products and livestock. One of two town fairs – the other was held in Masseytown - were held in the Square; poultry and eggs were also sold there. It cemented Macroom's reputation as a thriving market town in the 17th and 18th centuries. This was due to the McCarthy family, when the 1st Earl of Clancarty, Donal McCarthy, gave the go-ahead for the Market House to be built.

When the town of Macroom started to grow in the 19th century new commercial premises were built. With that, the use of the Market House declined and it became unfit for purpose; in 1898, the newly designated town commissioners came up with the idea of building a town hall. With some difficulty, they acquired the site of the old Market House (MH) from Lady Ardilaun.

Olivia Charlotte Guinness, Baroness Ardilaun, known by most as Lady Ardilaun, was one of the richest women in Britain, perhaps the second, after Queen Victoria at some point in the 19th century. At the time, Ireland was part of the United Kingdom. Lady Ardilaun owned the MH and Macroom Castle, one of her residences, but she was often absent from the town. The town commissioners eventually obtained the property.

On the 28th of June 1899, the plans for the town hall were sent to Lady Ardilaun for approval. It was in that



year that the Town Commissioners were replaced by an elected Urban District Council which took over the responsibility for erecting the town hall. A year later an application was sent to the local government body for authorisation of a £1,000 loan towards the building; a positive reply was not received until 1902. The Town Hall was designed by Albert William Barnard. Barnard was an architect and engineer who came originally from Derry (1911census). He moved to Cork when he was apprenticed, 1875 to 1880, to architect Francis W. Jackson. After, he was involved in railway work; he designed a sewage system for Macroom and a water scheme for Kilmurry, a local village. Having completed these tasks, he was commissioned to design Macroom TH. When planning was granted and funds were allocated, the Macroom UDC promptly hired the Buckley Bros, Ovens, at a cost of £1,320.

The Town Hall enhanced the town and added grandeur. When built, it was used not only as an office for the Urban District Council, but for many other purposes such as social gatherings, political meetings and even as a courthouse – a local Dáil Court - during the War of Independence. Several interesting incidents occurred in the building.

In February 1921, Auxiliary on cadets, Cyril Philip Jennings, Alexander Matson and temporary cadet, Harvey Kemp were in the town halls billiards room when shots from a revolver were shot through the window. Matson was injured in the leg which left him in hospital until January of 1922. Along with shots, two bombs were thrown into the room. Luckily, only one of the bombs went off as the pin wasn't removed in the other. All three cadets were injured in the attack; in compensation, Kemp claimed/received £600, Jennings £200 and Watson £150 – very large sums at that time.

BILLIARD ROOM BOMBED.

Two bombs were huried through the window of the billiard room of the Macroom Young Men's Society, where Auxiliary Cadets were playing billiards. One bomb exploded, slightly injuring three policemen, The second bomb failed to explode because the plu had not been removed. Machinegun fire was then directed along the valley of the Sullane from the Castle Headquarters of the Auxiligry Division. Verey pistols, bombs, and rifles were also discharged. Considerable alarm and uneasiness in the town. Twelve years after the attack, De La Salle College was established by the De La Salle Order (Brothers) in 1933 and initially hosted classes in the Town Hall until the new building was ready. Then Parish Priest Canon Michael Barrett – after whom Barrett Place is called had invited the brothers to Macroom, donated a site and procured a pre-fabricated building. DLS remains on the Canon Field's site and it looks forward, ninety two years later, to moving to a new location, again on a site donated by the local Catholic clergy.

From its beginning to the mid-1950s, the TH was the principal dancing venue in Macroom. The Gaelic League staged concerts there and some Macroom pantomimes also took place there. It also had GAA meetings and even some teams were picked publicly. Crowds were addressed from the balcony by returning victorious teams and by politicians during elections. The renowned Macroom Mountain Dew Festival was launched from that vantage point. It was home to the Badminton Club, and the Judo Club holds weekly classes under the guidance of Ted Leahy. Macroom Youthreach recently held a Cardiac Resuscitation demonstration and fund-raiser there (2024). The ICA presented a play and held bazaars and larger card-drives at the venue. It housed the local fire engine in the 1950s/1960s and later Macroom Athletic Club stored its equipment (hurdles, highjump and pole-vaulting stands, landing bags and bars, hammer, discus etc. A weigh-bridge, long disused, is still visible.

In more recent times, on the 24th of February 1996, then President Mary Robinson, came to Macroom to launch Denis Paul Ring's book, Macroom Through the Mists of Time and unveil a sculpture called "The Family". The family was chosen as a theme that represented an intrinsic core value of the town and area. A shield was erected on the front of the town hall to commemorate her visit to the town. Two years later, another plaque was installed in honour – this time in honour of Dermot Desmond, who is an Irish financier and businessman whose father came from the town. His connection to the town is strong and he has supported many town ventures and activities. He is ranked as the ninth-richest person Ireland.



markets.

and visitors alike.

The town hall was used as an office for the Urban District Council until 2002 and then served the successor Town Council. However, local government was recast in 2014 and urban councils were replaced. New district municipal councils were brought in and they serve as part of the new local government. Luckily Macroom TH holds the meetings of Macroom-Millstreet District Municipal Council, a subsidiary of Cork County Council, and its officials use the Town Hall offices for administration. It continues to serves as a place for the community to host many local events, exhibitions, and gatherings throughout



Macroom Mountain Dew Festival Launch: Seamas Burke with Denis Murphy chair and directors John O'Callaghan, Anthony Murphy, Niall Buckley, Tommy Counihan, Martin Buckley, Tom Kenton (bugler), Unknown and Michael

Lynch. (from Roz Crowley's book, Macroom Mountain Dew Festival)

the year, such as the much-anticipated Christmas I thank Ms Christina Cronin and Ms Nesta Bonner, all the teachers in YR Macroom for their encouragement In summary, Macroom Town Hall has played a central and guidance, Laura and my other fellow students role in the life of Macroom; not only is it a long and Con Kelleher for advice and editing.

> Sources: Denis Paul Ring's, 'Macroom Through the Mists of Time'; Barry O'Brien's, 'Macroom Chronicles Series', National Built Heritage Service (online), Cork County Council website, Lee Valley Outlook and Irish/ Cork Examiner. 8 June 2025.



standing fixture in the town, the hall is much more

than just a functional space; it is a symbol of local

democracy and local heritage. Its historic architecture

reflects generations of community activity, making it

a place rich with stories and significance for residents

Macroom YR presented this as our project an

Macroom' Schools History Exhibition 2025.

Macroom TH, southern aspect. (C. Kelleher).



'The Family' sculpture in front of Macroom TH. (supplied by Orla O'Callaghan).

THINK GLOBALLY, ACT LOCALLY

Hi! Chris Barrett back here.

I have been fortunate enough to spend quite a few weeks travelling around some of the less touristed areas of France and Spain. Not for the first time I was struck by the beauty and quantity of their hardwood forests, and the pride taken in planting and beautifully caring for trees in all situations including on roundabouts and the sides of roads. Throughout Europe, forestry coverage is about 35% and yet in Ireland it is 11%, giving us one of the lowest forestry coverage on the continent. Even more shocking is the fact that just 2% of Ireland is covered with native broadleaf trees, such as the Irish Oak, despite the fact that native species are generally better for wildlife and have a greater amenity value. Their carbon capture is greater but works over a longer time frame than fastgrowing non native species.

It doesn't help that annual grants are only paid for fifteen to twenty years. A landowner who wants to plant a mixed species forest will find it takes 100 years to mature, but there is no return after twenty years.

The harvesting of non-native species, releases carbon, disturbs wildlife, damages water quality and leaves the landscape with ugly scars.

The spruces, e.g sitka spruce, so often seen locally is a fast growing conifer originally from Alaska and like other spruces can be harvested after fifteen years and is seen as forestry, valuable only as a supply of timber. In the correct habitat, the sitka spruce is a success. It is among the tallest trees in the world and there is one, in its native Canada, which has grown to 96 metres.

Thousands of years ago more than 80% of Ireland was covered in trees, but by 1925, only 1% was forested by trees remaining on land that was unsuitable for any type of agriculture.

Today more and more Irish people appreciate the wonders of broadleaf forestry. People enjoy and need to be able to walk in cleaner air in a beautiful place, where wildlife can be found and the stresses of modern living can be relieved.

Within ecosystems broadleaf trees provide habitat and food for wildlife. They contribute to soil health through leaf litter and are vital in maintaining biodiversity. An

THE IRISH OAK

example of a native Irish broadleaf tree is the Irish Oak, known for its strength and longevity.

These oaks are iconic in Irish landscapes and have significant cultural and ecological value. Planted along watercourses, they provide an additional buffer zone which traps sediment, helps with the stability of the bank and provides leaf litter and organic matter for the aquatic zone. They could also reduce sedimentation. The nature corridors of broadleaves enables habitats for otters, pinemartens, bats and birds.

During my travels I was able to visit Guernica,(the place of the moving painting by Picasso), capital of the Basque provinces, the town which was deliberately heavily bombed on a Market Day in the Spanish Civil War, and whose people have done wonders in proudly rebuilding their town. That building and the oak tree were to survive the bombing till the oak tree died of old age in 2004.

In the Parliament building there is a beautiful stained glass ceiling showing representatives meeting beneath an oak tree which died of old age. It was continually replaced over the years, like the tree which survived the bombing, with its own acorns.

The laws of the area were drawn up under this tree until 1876. And the ongoing pride and love the people have for the tree is palpable and inspirational.

In our local area we have a direct link to our own wonderful Irish Oak.

Macroom is likely to have derived its name, 'Maigh Chromtha' (crooked plain) from the plain where the Sullane and Lee meet, an ancient fording point; this is noted, for example, by the placenames database at ww.logainm.ie However, there is a longstanding folk etymology that the name derives from an ancient wizened oak that stood at its commercial centre in the Market Square. For example, Charles's Smith's History of Cork (vol 2 p.187;available free online at www. askaboutireland.ie) notes that 'This place took its name from an old crooked oak which formerly grew here, under the boughs of which travellers used to pass'. 'Lewis Topographical Dictionary of Ireland, published in 1837, repeats this etymology and adds that the tree 'formerly grew in the market-square'.

There are many mature oaks in the Macroom Castle Desmesne including an ancient centuries-old specimen known as the 'Muskerry Oak'.

Ted Cook MDEG (Macroom Environmental Group) member is a known local expert who has propagated the Muskerry oak.

People may have heard of the saturday markets and cattle fairs which were held on the 12th of the month alternately in the Square and Masseytown, but the image of an important oak tree associated with the origins of the town of Macroom, is of too great importance to ignore. Dungarvan may have had an old oak tree too, hence the song, "The Old Dungarvan Oak".

Ireland had a garden at a Japanese garden festival in Osaka, Japan. The Japanese asked the Irish Government about Ireland's national tree, but there was none. Mr. Haughey who was the Taoiseach at the time consulted with the Tree Council of Ireland and a short list of trees was drawn up. The sessile or Irish Oak (Dair ghaelach) was selected and a specimen was planted at Ardagh during the launch of National Tree Week in 1990.

Hopefully the Irish Oak will continue to be cared for, particularly with its link to Macroom, remembering that the Gearagh and Toon Valley and hills around Macroom still support native oak woodland.

With talk of a possibly pedestrianised centre in Macroom, the Irish Oak could once again take its rightful place bringing beauty and history back where it belongs.

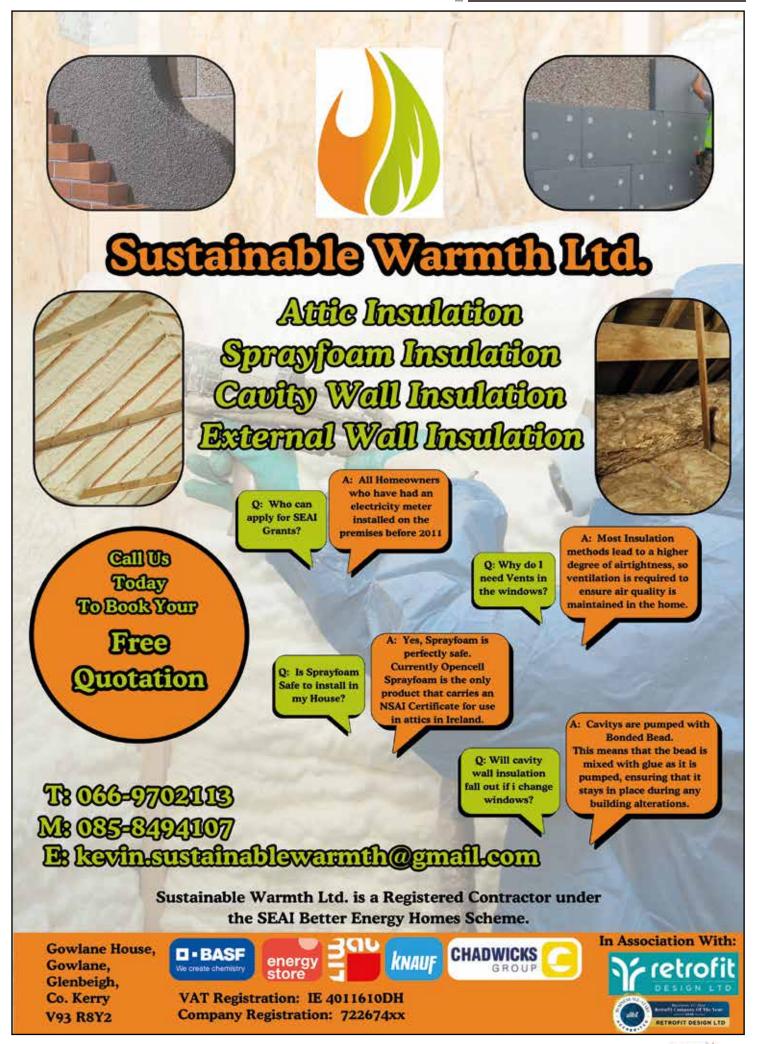
Obviously special care would need to be taken of such a tree over the years till it got established, and it would be wonderful if local schools could take part in planting and caring for such an iconic part of Macroom's history in a unifying act which respects the past as well as the future of Macroom.

I would like to thank Bernadette McCarthy and Ted Cook for their encouragement when I decided to write this article.

If you or anyone you know would like to respond or contribute a similar article, please contact me chrisleevalley@gmail.com

Sales: Des 087 3600223 or Email: des@outlookmags.com

LEE VALLEY OUTLOOK









11









IIII

LEE VALLEY OUTLOOK

matt múrphy's PHARMACY

Main St., Macroom Tel: (026) 41000

GIFT BASKETS MADE TO ORDER

HAPPY

FATHER'S

June 15th

OPENING HOURS: 8.30AM-6.15PM MONDAY TO FRIDAY SATURDAY 9AM-6PM

Ireland's Weather

Newsletter

1000

A June of Two Halves Forecast

May 2025

1000

Thunderstorms

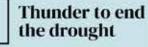
A series of notable thunderstorms developed on the 19th and 20th of May, with Tipperary and Kilkenny seeing the worst of these thunderstorms.

Hurricane Season

The 1st of June marks the traditional start date for the Atlantic Hurricane Season, with NOAA issuing their seasonal forecast for the Atlantic Basin.

Europe Bakes

After a somewhat cool start to the spring across the



On the 19th and 20th of May a series of intense thunderstorms developed across the southern half of the country with Tipperary and Kilkenny experiencing the worst of these storms. Frequent lightning, hail and qusty winds were all recorded with some localised spot flooding also reported. For many this was the rain that ended their drought conditions.



ng in the south on May 20th



_



One of the many breath taking surgets off the Ends Coast, Co.May

Sunniest Spring Ever

A new record for the sunniest spring beating the Covid spring of 2021.

Spring 2025 was an exceptional season for both the lack of rainfall, but more particularly for the amount of sunshine recorded. It wasn't just on land that we recorded abnormal conditions but also in our waters off the west coast. Here marine heatwave conditions were recorded also, with values reaching up to 4 or 5 degrees Celsius above normal for the time of year, which can have significant impacts for sensitive marine life.

Other News

Ireland's Weather Channel was fortunate enough to spend a night camped on the

This once thriving island community has been vacant since the 1930's, though a new wave of tourism has brought temporary human life and opportunity back to the islands, with some accommodation now incredible Inishkea Island's of the west coast available. I cannot recommend the experience of of Belmullet thanks to Blacksod Sea Safaris. visiting enough, especially during good weather.



LEE VALLEY OUTLOOK



Supporting Local Communities For Over 70 Years





Business Insurance

Home Insurance

Motor Insurance



Health Insurance





Farm Insurance

Established in 1952, McCarthy Insurance Group is one of Ireland's largest independent insurance brokers. McCarthy Insurance Group acquired Corrigan Insurances in 2022, bringing its total number of branches to 16 across Ireland. For over 70 years, McCarthy Insurance Group has been providing support, advice and the best value to its customers.

39 MAIN STREET, MACROOM

macroom@mig.ie

6 (026) 41244

Charles McCarthy Insurances Ltd 1/a McCarthy Insurance Group, McCarthy Financial Services is regulated by the Central Bank of Ireland.



Back to BLACK Newmarket, Co Cork. Tel: 029 22765 Professional Cleaning company based in Newmarket, Co. Cork. We are a Specialist Contract Cleaning company that caters for the Commercial and Domestic market. We specialise in removing Moss, Stains from Tarmac, Brick Paving, Concrete, Power washing, Roof restoration. We restore the surface back to its original colour. No job too big or too small Property Management Tarmac Restoration / Repair / Sealing Grounds Maintenance Covid 19 Disinfecting Cleaning of buildings (private & commercial) Algae Removal Traffic Management Rotary Cleaning / Powerwashing / Hoist available for Work **Pedestrian Cleaning** at Heights Roof Cleaning / Painting On-Site Contract Brick Paving / Patios Cleaning **DRAIN JETTING** C.C.T.V. PIPE INSPECTIONS Before After -Before Contact GER on 087 2860837 or land line 029 22765 www.backtoblackmossremoval.com





Saturday: 09.30 - 13.00



Sales: Des 087 3600223 or Email: des@outlookmags.com

LEE VALLEY OUTLOOK







WE ARE RECRUITING!

We are looking for care workers in MACROOM AND BALLYVOURNEY

Part-time positions with flexible hours available





Day Care in Ballyvourney

Home Care in Macroom & Surrounding Areas

IF INTERESTED PLEASE CALL



dolores.deasy @alzheimer.ie

www.alzheimer.ie



Kellehers *Ford* MACROOM



WE ARE HIRING

2 FULLY QUALIFIED SERVICE TECHNICIANS **1 APPRENTICE SERVICE TECHNICIAN**

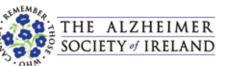
Job responsibilities:

- Diagnose and repair faults and service vehicles
- Carry out and record electronic vehicle health checks
- Complete comprehensive write ups on job cards
- Previous Ford manufacturer experience a distinct advantage
- Full Clean Driving Licence

WHAT WE OFFER

- Permanent Full Time Position
- Competitive Salary
- State of the Art Workshop

Email us your CV: jscannell@kellehersofmacroom.ie



COME AND JOIN THE ALZHEIMER SOCIETY OF IRELAND'S DEMENTIA DAY CLUB AT COMHLACHT TITHE SÓISIALTA AGUS FORBAIRT AN TSULÁIN TEORANTA IONAD LAE, BAILE MHÚIRNE, MAIGH CHROMTHA, CO CHORCAÍ EIRCODE: P12 WK02

EVERY TUESDAY FROM 10AM-3PM

· A wide range of enjoyable activities will take place including Bingo, Music, Art Therapy , Arts and Crafts and Light Exercises.



Jerry Foley, Nurse Manager, Bessboro Day Centre, Co. Cork 085 -8565795 or 021 4972504 E-mail: jeremiah.foley@alzheimer.ie

APPOINTMENTS AND NOTICES

Childcare Workers REQUIRED de

As a part of restructuring the business,

Joan Lehane Montessori Pre-school Macroom

requires the following childcare workers (to work with children in the 21/2 - 6 age groups):

LEAD EDUCATOR (ROOM LEADER)

Minimum qualification QQI Level 6 in Childcare (Level 7/8 an advantage).

Role: Combination of administrative duties and direct interaction with young children and staff, aiming to create a nurturing and effective learning environment.

Hours: 32 per week (term time contract).

CHILDCARE WORKER

Minimum qualification QQI Level 5 in Childcare (a higher level an advantage).

Role: Assisting with developing lesson plans, managing daily routines, ensuring a safe and fun learning environment, and working as part of a team.

Hours: 30 per week (term time contract).

The starting date for both posts will be Thursday, August 28th 2025. Closing date for applications: Friday 27th June.

(A Montessori qualification is not necessary for these posts as training will be given)



CV as an attachment please to: masseytownmontessori@gmail.com Or post/drop in to: 24 Masseytown, Macroom. P12CY26

South a note final a fait in Sugar a star to be a star start of the adde

MACROOM TIMBER FRAME MANUFACTURER WINS THREE PRESTIGIOUS INDUSTRY AWARDS

Macroom, Co. Cork – June 2025 – Cygnum, a leading timber frame manufacturer based in Macroom from where it produces 1,300 houses per annum, has achieved a major industry milestone, taking home three prestigious awards across two highly respected national events.

The recognition highlights the company's continued leadership in innovation, quality, and operational excellence within the construction and manufacturing sectors.

At the Manufacturing Excellence Awards 2025, Cygnum was named Manufacturer of the Year – Wood Products, a significant accolade that celebrates excellence in wood manufacturing, from design and engineering to sustainable production and project delivery.

Adding to this achievement, Cygnum was recognised at the Operational Excellence Awards in Dublin, receiving the Operational Excellence in Construction award—it was a privilege to be shortlisted alongside respected industry peers such as Activ8 Solar Energies, Kirby Group Engineering, and Clarke Construction.

The evening's biggest achievement came when Cygnum was awarded the Overall Operational Excellence Award, the top honour of the event. Significantly, this marks the first time a construction industry company has received this recognition.

"To be the first construction company to win the Overall Operational Excellence Award is a clear signal that our industry is modernising, innovating, and embracing change," said John Desmond, Managing Director at Cygnum. "We're proud to be at the forefront of that transformation—driving improvement and setting new standards for what's possible in construction."

Cygnum's triple win reflects the company's dedication to continuous improvement, sustainable building practices, and exceptional project execution. It also reinforces the growing recognition of the construction sector's capacity for innovation and high-performance standards.

"These awards are a tremendous honour and a true reflection of the dedication, expertise, and passion shown by our entire team," added John Desmond. "To be recognised on this level, across multiple categories, and among such a strong field of companies, is incredibly rewarding."

Cygnum continues to lead the way in modern timber frame construction, driving positive changes in the built environment through innovation, efficiency, and sustainability.





WINNER

Overall Operational Excellence Award



For keenest prices on kerosene and heating oil in your local area

Farnanes, Co. Cork Contact Lisa, Caoimhe or Conor in the Office: 021 7335010 • Tim Holland: 086 2356735 Concubhar Murray: 086 8213668 www.yourlocaloilcompany.ie



Want to take the hassle out of disposing of your household waste and Recycling?



APPOINTMENTS AND NOTICES

SPORTS MAD

MUNSTER GAA CHAMPIONSHIPS 2025

Senior Hurling

Clare 3-21 Cork 2-24, Tipperary 2-23 Limerick 2-23 Waterford 2-23 Clare 0-21, Cork 4-27 Tipperary 0-24

Waterford 0-22 Limerick 0-28, Clare 2-21 Tipperary 4-18

Limerick 3-26 Cork 1-16, Tipp 1-30 Waterford 1-21 May 25th: Cork 2-25 Waterford 1-21, Clare 3-20 Limerick 0-24

Limerick 5 (+17) Cork 5(+5) Tipperary 5(-3) Clare 3 Waterford 2

Munster Final

Limerick 2-27 Cork 1-30 aet - Cork win on penalties

Cork 2-25 Waterford 1-22

Cork qualified for a first Munster final in seven years by defeating Waterford before a full house in P Uí Chaoimh.

The performance was only decent, sixteen wides for Cork on a blustery afternoon, eight points up with 20 minutes to go and then dragged into an arm-wrestle by the Déise.

Cork were a point ahead after facing the wind in the opening period (0-13 to 0-12), Brian Hayes flicked in the first goal of the game seconds after the restart. Waterford responded with a brace of points before a second goal did arrive in the 49th minute when Hayes provided Horgan on his outside and the Glen Rovers man arrowed the sliotar passed Billy Nolan's far side.

That sent Cork six clear and the brilliant Hayes and Barrett added two further points but Waterford weren't done for yet and got the margin was three. Cork responded but Waterford came back again and with over a minute of normal time to go the gap was three. Diarmuid Healy showed a clean pair of heels to point and Cormac O'Brien landed one from distance to ease the tensions. With Horgan having been replaced, it was left to Fitzgibbon to land a securing free prior to Bennett finishing out the game's scoring.

Scorers for Cork: P. Horgan (1-8, 0-7 frees); B. Hayes (1-2); S. Harnedy, S. Barrett (0-3 each); A. Connolly, D. Fitzgibbon (1 free) (0-2 each); M. Coleman, S. Kingston, C. Lehane, D. Healy, C. O'Brien (0-1 each).

Cork: P. Collins; Seán O'Donoghue (Inniscarra), E. Downey, G. Mellerick; Mark Coleman (Blarney), C. Joyce, C. O'Brien; T. O'Mahony, D. Fitzgibbon; B. Roche, Shane Barrett (Blarney)(c), S. Harnedy; A. Connolly, B. Hayes, P. Horgan.

Subs for Cork: D. Healy for B. Roche (48); L. Meade for T. O'Mahony (60); S. Kingston for A. Connolly (62); D. Cahalane for G. Mellerick (temp 63-ft); C. Lehane for P. Horgan (70+3); T. O'Connell for C. O'Brien (70+5).

Cork 1-30 Limerick 2-27 aet - Cork win 3-2 on penalties.

Just weeks after a 16-point trashing on the same ground, Cork dethroned Limerick to win the Munster Senior Hurling Championship in an epic.

Few gave the Rebels much of a chance, such was the hammering last month, but Pat Ryan was once again

able to rally the troops from the depths of despair. The game itself was beautifully scrappy, with referee Thomas 'Tyler' Walsh letting the game flow and allowing a serious amount of physicality. It was tough but not dirty, no quarter asked for, expected nor given, and gloriously exciting for the full house present and the hundreds of thousands at home viewing.

Playing with the wind, Cork stretched their lead to three until Aidan O'Connor scored Limerick's first goal, only for Shane Barrett to respond a few minutes later. Things got heated between the two sides with Walsh limited in blowing his whistle and the drama spilled to half-time with both sets of management surrounding the referee and clashing with each other at the break as Cork led 1-14 to 1-10.

With a wind favouring Limerick in the second half, one could be forgiven for thinking that Cork would wilt, but they did anything but. The two sides traded scores, produced heroic turnovers, and had battles galore.

Shane O'Brien's goal looked like it could be curtains for Cork but they refused to go away and the two sides could not be separated after 70 minutes.

The drama only began there. Referee Walsh pulled up with a cramp and had to be replaced by official James Owens while Limerick started the first period of extra time ominously. However, John Kiely's side began to misfire in front of goal at the right time as the Rebels pulled it back to a draw at the break.

A sloppy free when the clock went red and hit 90 gave Limerick a one-point lead, but Cork remarkably nearly stole the game when goalkeeper Nickie Quaid nearly dropped the ball into his own net from a long-range Fitzgibbon free. Fitzgibbon had a 65 to force penalties and duly slotted it over before the dramatic shootout, where Cork ended Limerick's quest for seven titles in a row.

Scorers for Cork: P Horgan 0-7 (0-4 f), S Barrett 1-3, D Fitzgibbon 0-4 (0-1 f, 0-1 65), D Healy, S Kingston 0-3 each, C Lehane, S Harnedy 0-2 each, D Cahalane, E Downey, T O'Mahony, A Connolly, B Hayes, T O'Connell 0-1 each.

Penalty goals for Cork: C. Lehane, S. Kingston, A. Connolly.

Cork: P Collins; D Cahalane, E Downey, S O'Donoghue; M Coleman, C Joyce, C O'Brien; T O'Mahony, D Fitzgibbon; D Healy, S Barrett, S Harnedy; B Hayes, A Connolly, P Horgan.

Subs: R Downey for O'Brien (54), T O'Connell for O'Mahony (59), S Kingston for Connolly (65), R O'Flynn for Harnedy (68), C Lehane for Horgan (70+3), N O'Leary for O'Donoghue (73), B Roche for Healy (halftime in extra time), A Connolly for Coleman (84).

Senior Football

Munster Football Final: Kerry 4-20 Clare 0-21 Fixture: Roscommon v Cork, Sat June 14th, Portlaoise Pity the Cork footballers, almost ignored as the hurlers take centre stage and draw the crowds. Yet, the footballers train just as hard with little encouragement. How wonderful if they could pull off a big win against Roscommon. Pride in the jersey!

2025 All-Ireland SFC Groups

Group 1: Donegal, Mayo, Tyrone, Cavan Group 2: Kerry 4, Meath 3, Roscommon 1, CORK 0 Group 3: Louth, Clare, Monaghan, Down Group 4: Galway 0, Armagh, Dublin 2, Derry

Cork 0-20 Kerry 1-28

Kerry completed the double over Cork at SuperValu Páirc Uí Chaoimh this season by defeating their nearest rivals 1-28 to 0-20 in this All-Ireland SFC roundrobin Group 2 clash.

It leaves John Cleary and his players hanging by a thread in the championship, and desperately needing a result against Roscommon if there's going to be any type of knockout football played on Leeside in 2025.

Cork led 0-13 to 1-07 at the interval, and then got wiped out by a Kerry drive that saw Jack O'Connor's players hit three two-pointers during a 0-08 run in nine minutes.

Kerry surged into a 1-04 to 0-02 lead inside 11 minutes. The Kingdom were ruthless and a 90-second burst confirmed this as David Clifford raised his first white flag and the corner-forward followed it up by beating Brian O'Driscoll to Micheál Aodh Martin's kick-out, running through and hitting the back of the net at the City End.

Paul Walsh jabbed for Cork and this was met with another brace by David Clifford, Kerry silencing the home crowd once again. Then came Brian Hurley's first of the day, a free, and Paul Walsh added to that by raising an orange flag.

The Rebels kept the drive alive with a Mark Cronin goal chance that was saved and the loose ball went out to Hurley, who cleanly put it over and made the scoreboard read 0-06 to 1-04.

The entire vibe in the ground shifted as Cork had a feeling of belief. Colm O'Callaghan and Chris Og Jones were the first to capitalise on it, and a Brian Hurley free put the home side in front for the first time at 0-09 to 1-05. It was end to end from there, with Paudie Clifford twice ensuring parity before an injury forced the half-forward off in the 31st minute.

The half came down to a Brian Hurley two-pointer from the edge of the arc and that put Cork in front at 0-13 to 1-07. A brawl erupted by the tunnel that led to Paul Walsh and Joe O'Connor receiving black cards. The Rebels actually extended their lead as things settled down after the break, through a Mark Cronin free. The Kingdom hit back with orange flags raised by David Clifford and Sean O'Shea, and they two teams were level for the fifth time in the 39th minute.

Killian Spillane bagged two quick points, and this kickstarted a run that included Sean O'Shea getting 0-3 from two frees, which pushed Kerry in front at 1-21 to 0-16.

It happened very quickly, to the point where a solitary Mark Cronin free felt like swimming against the current.



Canovee under 13 s who beat St Nicks away in the league 3,11 to 1,09

Canovee u14s who recorded a Championship win over Sliabh Rua in Belgooly on a score line of 3-8 to 2-5. Goals by John Dunlea, John Joe O'Brien and Daniel Murphy. Excellent team performance. Well done boys



A missed two-pointer attempt from placed ball by Brian Hurley did not help in the 55th minute. This was start of a prolonged series of frustrations for the home supporters, with the high point being a missed Cronin penalty in the 63rd minute.

Cork: Micheál Aodh Martin; Seán Meehan, Daniel O'Mahony, Maurice Shanley, Brian O'Driscoll, Seán Brady, Matty Taylor, Ian Maguire, Colm O'Callaghan (Éire Óg) (0-02), Paul Walsh (0-03, 1 2tp), Seán Walsh, Seán McDonnell, Mark Cronin (0-06, 5f), Brian Hurley (0-07, 2 2tp, 2fs), Chris Óg Jones (Uibh Laoire)(0-01). Subs: Seán Powter for Meehan (42); Ruairí Deane (0-01) for McDonnell (49), Cathail O'Mahony for Hurley (60), Luke Fahy for Taylor (64), Eoghan McSweeney for Paul Walsh (65).

Electric Ireland Munster Minor Hurling:

Final: Cork 1-20 Waterford 2-15

All Ireland SF: Cork v Clare, Thurles Sun day June 15th 1pm

Munster U20 Football

Cork 1-10 Kerry 2-15 All Ireland semi final: Tyrone 2-14 Kerry 0-14

Munster Minor Football Final: Kerry: 0-18 Cork: 0-9 All Ireland MF QF:

Cork: 1-12 (1-1-10) Tyrone: 1-21 (1-2-17)

A blistering Tyrone first quarter display gave the Red Hand county enough of a cushion to confidently see off a dogged Cork fightback in an entertaining Electric Ireland All-Ireland MFC quarter-final at O'Moore Park in Portlaoise.

The Ulster champions were absolutely ruthless in the opening exchanges, building up an eight-point lead, 1-6 to 0-1, by the eleventh minute.

Entering the last ten minutes of the half, the gap was out to nine (1-9 to 0-3), but Cork made a late rally and full-forward Ben Corkery Delaney fired over two points, before blasting home a brilliant goal in the 24th minute, 1-9 to 1-6, but that was as close as it would get. By the interval, Tyrone ended up six points to the good, 1-13 to 1-7, heading into the second half.

Cork were within four of their opponents, 1-15 to 1-11, and well in contention at the three guarter stage. However, Tyrone kicked six of the game's last seven points, to power on to the semi-finals with more than a bit to spare.

Scorers for Cork: B Corkery Delaney (1-4, 1tp), E Maguire (0-4, 0-3fs), J Byerley(f), L O'Mahony, D McCarthy, D Flynn (0-1 each).

Cork: R Twohig; B Coffey, A Keane, M Kiernan; Joe Miskella (Ballincollig), C McCarthy, Brian Cronin (Ballincollig); Sam Kelleher Leavy (Macroom), R Hayes; Luke O'Mahony (Ballincollig), D Flynn, S Long; J Byerley, B Corkery Delaney, E Maguire.

Subs: J Hanrahan for Kelleher Leavy (22), E Collins for Long (30), D McCarthy for Byerley (35), T Whooley for O'Mahony (41), J O'Leary for Miskella (52).

LGFA Ladies Football

TG4 All Ireland Senior Championship Qualifiers: Group 2

Rd 2: Cork v Kerry Sat June 14th P Uí Chaoimh 2.30pm Rd 1: Kerry 0-13 Mayo 1-4 (result) Rd 3: Mayo v Cork June 21st

Camogie

Munster Senior Camogie Championship final Cork v Waterford

Glen Dimplex 2025 Senior All Ireland Championship GROUP 1

Round 1: Saturday, May 24th

Cork 6-25 Limerick 0-5: Clare 0-15 Wexford 1-9 **Tipperary A Bye**

Round 2: Saturday, May 31st

Tipperary 1-9 Cork 3-21, Limerick V Wexford, Clare A Bye

Round 3: Saturday, June 7th

Wexford V Tipperary, Clare V Limerick, Cork A Bye Round 4: Saturday, June 21st

Limerick V Tipperary, Cork V Clare, Wexford A Bye Round 5: Saturday, June 28th

Wexford V Cork, Tipperary V Clare, Limerick A Bye GROUP 2 Derry V Kilkenny, Galway V Dublin, Waterford A Bve

Round 2: Saturday, May 31st, Round 3: Sat, June 7th, Round 4: Sat, June 21st, Round 5: Sat June 28th Quarter Final: Saturday, July 5th – Croke Park Relegation Final: Saturday, July 5th Quarter Final: Sunday, July 6th – Croke Park Semi Finals: Saturday, 26th July – UPMC Nowlan Park Final: Sunday, August 10th – Croke Park

Final Replay: August 16th/17th

Tipperary 1-9 Cork 3-21

Cork added to their win over Limerick as they were too strong for Tipperary in their Glen Dimplex All-Ireland senior camogie championship round robin clash at the Ragg.

Cork were far too strong for Tipp and after 10 minutes this game was effectively over as a contest.

By then Cork had scored their three goals and were well on top, with Amy O'Connor leading the Tipp defence a merry dance. She was helped by the likes of Clodagh Finn, Katrina Mackey and Saoirse McCarthy, Ashling Thompson and Hannah Looney were in charge in the middle of the pitch.

Credit must go to Cork super star Ashling Thompson for dealing with horrible off-the-ball treatment, she didn't react and instead beat her tormentors where it mattered most - on the scoreboard. Inspirational, as alwavs!

Defensively Cork were as strong as ever with Meabh Murphy and Laura Hayes outstanding and captain, Meabh Cahalane, led by example.

Scorers for Cork: A O'Connor 1-13 (0-8 f), K Mackey 1-2, C Finn 1-1, L Hayes, S McCarthy, E Murphy, C O'Sullivan, S McCartan 0-1 each.

Cork: A Lee; Meabh Murphy (Ballinora), P Mackey, M Cahalane; A Healy, L Treacy, L Hayes; H Looney, A Thompson; E Murphy, S McCarthy, O Cahalane; C Finn, K Mackey, A O'Connor. Subs: Clion Healy (Aghabullogue) for E Murphy (39), S McCartan for K Mackey, K Wall for L Treacy (both 46), R Harty for H Looney, C O'Sullivan for C Finn (both 56). Ciara O'Leary (Cloughduv) and Meadhbh Ring (Aghabullogue) were also on the match day panel

Cork Camogie Senior League Final St Finbarr's 0-13 Éire Óg 1-9

A late point from Farrah Geasley saw St Finbarr's win the Cork club senior league title at Castle Road, after a highly competitive game played in torrential rain and driving wind.

Both played their part, with the Barrs having the wind in the first half as they tried to push ahead, led by Kate Wall.

But huge credit must go to Éire Óg who battled all the way to the end, with the likes of Ally McGrath, Clara Murphy and Isobel Sheehan prominent for them.

Despite playing against the gale, Éire Óg took the lead in the second minute when Edel Sheehan found the back of the net. Fiona Twohig added a point as they started the better of the two sides. But the Barrs started to settle, and led by 0-3 to 1-1 after nine minutes.

The Blues leveled then went in front for the first time and it was 0-8 to 1-1 after 21 minutes, as the Barrs were making full use of the wind at this stage. Barrs led by 0-10 to 1-1 at half time.

Éire Óg points from Isobel Sheehan, Emma Crowley and Twohig had the Barrs lead down to three, Barrs had a point, the Ovens ladies replied with Edel Sheehan, Crowley (2) and Twohig all scoring to level it after 48 minutes, 1-8 to 0-11.

Again Barrs went in front, Isobel Sheehan leveled fiotr Éire Óg as the game went into time added. A late point gave the Barrs victory.

Scorers for Éire Óg: E Sheehan 1-1, E Crowley, F Twohig (0-2 f) 0-3 each, I Sheehan 0-2.

Éire Óg: R Murray; A McGrath, E Quigley, A Hennessy; F Murphy, A O'Callaghan, A Whelton; S Sheehan, I Sheehan; C Murphy, E Sheehan, R Murphy; E Crowley, E Healy, F Twohig. Subs: C O'Brien46, L Murphy 55.

Cork GAA County Championship Draws 2025

The championships commence on week end of July 25th-27th 2025

Premier Senior Hurling

Group 1: Fr O'Neill's, Sarsfields, Erin's Own, Glen Rovers Group 2: Newtownshandrum, Midleton, Charleville, Newcestown

Group 3: Blackrock, Kanturk, Douglas, St Finbarr's Senior A Hurling

Group 1: Killeagh, Na Piarsaigh, Carrigtwohill, Fermoy Group 2: Castlelyons, Bishopstown, Inniscarra, Ballyhea Group 3: Blarney, Bride Rovers, Watergrasshill, Courcey Rovers

Premier Intermediate Hurling

Group 1: Carrigaline, Cloyne, Éire Óg, Ballymartle Group 2: Ballincollig, Ballinhassig, Castlemartyr, Kilworth

Group 3: Mallow, Dungourney, Lisgoold, Valley Rovers Intermediate A Hurling

Group 1: Midleton, Mayfield, Bandon, Russell Rovers Group 2: Aghabullogue, Blackrock, Sarsfields, Youghal Group 3: Ballygiblin, Erin's Own, Aghada, Kildorrery **Premier Junior Hurling**

Group 1: Glen Rovers, St Catherine's, Meelin, St Finbarr's Group 2: Cloughduv, Nemo Rangers, Barryroe, Kilbrittain

Group 3: Ballygarvan, Milford, Tracton, Argideen Rangers

Premier Senior Football

Group 1: Castlehaven, Mallow, Newcestown, Valley Rovers

Group 2: St Finbarr's, Clonakilty, Carbery Rangers, Carrigaline

Group 3: Nemo Rangers, Ballincollig, Douglas, St Michael's

Senior A Football

Group 1: Éire Óg, Kanturk, Kilshannig, Newmarket

Group 2: Knocknagree, Cill na Marta, Clyda Rovers, Fermoy

Group 3: Bishopstown, Dohenys, Béal Átha'n Ghaorthaidh, O'Donovan Rossa

Premier Intermediate Football

Group 1: Aghabullogue, Bantry Blues, Aghada, Nemo Rangers

Group 2: Rockchapel, Naomh Abán, Bandon, Glanmire Group 3: Kiskeam, Iveleary, Castletownbere, Macroom **Intermediate A Football**

Group 1: Adrigole, Glanworth, Ballinora, St Finbarr's Group 2: Gabriel Rangers, Mitchelstown, Dromtariffe, Kildorrery

Group 3: Ilen Rovers, Boherbue, Kilmurry, St Vincent's **Premier Junior Football**

Group 1: Urhan, Canovee, Ballydesmond, St Nick's

Group 2: Na Piarsaigh, Kinsale, Cobh, Cullen

Group 3: Buttevant, Glenville, Inniscarra, Millstreet



Co-op Superstores County Junior B Hurling Championship

Group: Uibh Laoire 1-14 Ballyphehane 2-10 Laochra Óg 0-7 Uibh Laoire 1-24 Uibh Laoire 2-18 Crosshaven 1-11 Group winners, Uibh Laoire await a quarter final winner in the county semi final.

Cork County Leagues for 2025: McCarthy Insurance Group County Football Leagues

Eight rounds of nine completed

Division 1 Clonakilty 14, St. Finbarr's 14, Nemo Rangers 12, Newcestown 9, Douglas 9, Cill Na Martra 8, Castlehaven 6, Éire Óg 4, St. Michael's 2, Carrigaline 2 Last Round: Éire Óg v Cill na Martra at Ovens, June 22nd: Nemo v St Michaels, Carrigaline v Douglas.

Castlehaven: 1-20 Éire Óg: 2-9

Castlehaven had a comfortable home victory over Éire Óg to secure their Div 1 league status for next season. Éire Óg are just two points above the relegation places and are at home to Cill na Martra in the last round and will need a full line out for that encounter.

Castlehaven had a strong wind advantage in the first half but the visitors scored first, a point from Éoin O'Shea. Castlehaven scored 1-6 without reply, 1-6 to 0-1 after 13 minutes. Scores were exchanged, Éire Óg then got through for a goal from Brian Hurley, added points from Hurley and Jack Murphy, 1-9 to 1-4, but The Haven finished the half well to lead by 1-12 to 1-5 at half-time.

On the restart, The Haven kicked five points without reply but Éire Óg hit them for a second goal on 40, Dylan Foley's close range effort making it 1-17 to 2-5. Éire Óg battled on but Castlehaven were in control to the finish.

Scorers for Éire Óg: B Hurley 1-3 (0-3 f), J Murphy 0-3 (1 2pt), D Foley 1-0, E O'Shea, H Murphy, R O'Flynn 0-1 each.

Éire Óg: C Kelly; J Mullins, M Brady, A McCarthy; E O'Shea, D Dineen, H Murphy; C McGoldrick, D Kelly; R O'Flynn, J Kelleher, J Murphy; B Hurley, D Foley, J Galvin. Subs: D Goulding, D O'Herlihy, both on 39.

Newcestown 0-17 (0-2-13) Cill na Martra 2-15 (2-5-5)

Cill na Martra produced a dramatic second-half comeback to edge past Newcestown in Div 1 Football League.

Newcestown were in control early on, and held a comfortable seven-point lead by half-time. Cill na Martra, wind assisted, fought back brilliantly in the second period when the exchanges became very tough.

Newcestown were in front 0-13 to 1-5, when a melee broke out just before the end of the third quarter which resulted in reducing Newcestown to 14 players and in 51st minute Cill na Martra struck for a vital goal from Ciarán Ó Duinnín which brought his side level. Maidhcí Ó Duinnín put the visitors in front with a super two-pointer and they added points from Seán Ó Fóirréidh, Daniel Ó Duinnín (another two point effort) and Ciarán Ó Duinnín to open up a five point gap. The hosts got one point back but that was as good as it got as Cill na Martra's second-half display was outstanding with Seán Ó Foirréidh revelling in the contest.

The five second half two-pointers from five different scorers were the game changers.

Scorers for Cill na Martra: C Ó Fóirréidh 1-2, J Mac Cárthaigh 0-4 (tpf, 0-2 f), S Ó Duinnín 1-0, S Ó Fóirréidh 0-3 (tp), D Ó Duinnín (tp), A Ó Loingsigh (tp), M Ó Duinnín (tp) 0-2 each.

Cill na Martra: D Mac Cárthaigh; F Ó Faoláin, M Ó



Cill na Martra team v Newcestown, 8 June 2025. County Football League Division 1..

Cathasaigh, C Ó Meachair; D Ó Conaill, S Ó Fóirréidh, C Ó Fóirréidh; A Ó Cuana, G Ó Goillidhe; C Ó Duinnín, D Ó Duinnín, J Mac Cárthaigh; A Ó Loingsigh, M Ó Deasúna, S Ó Duinnín. Subs: M Ó Duinnín 47, D Ó hUrdail 50, E Ó Conaill 55, D Ó Buachalla 60, J Ó Loingsigh 64.

Div 2 Carbery Rgrs 16, Knocknagree 14, Dohenys 10, O'Donovan Rossa 8, Béal Átha'n Ghaorthaidh 8, Ballincollig 8, Castletownbere 7, Valley Rovers 6, Kanturk 3, Fermoy 0

Last Round: Béal Átha'n Ghaorthaidh v Castletownbere, Kanturk v Ballincollig, June 22nd

Ballincollig 1-11 Valley Rovers 0-14

Béal Átha 1-10 Valley Rovers 0-13

Béal Átha were at home to Valley Rovers in the second last kleague encounter and shared the points with the visitors after a fine competitive game. A goal for Béal Átha from Tim Ó Laoire in the 25th minute separated the sides at half time, 1-6 to 0-6. Valleys drew level within five minutes of the restart, and then went three points in front, 0-12 to 1-6 at the three quarter mark. Back came the home side to draw level by the 53rd minute and Béal Átha went a point clear but the visitors got an equaliser in the last minute and so the spoils were shared.

Scorers for Béal Átha: Sean Ó Muineacháin 0-4, Tim Ó Laoire 1-1, Donagh Seartan 0-3, Sean Ó Laoire 0-1, Conchur Ó Loinsigh 0-1

Béal Átha'n Ghaorthaidh: Barra Ó Súilleabháin: Seán Ó Donnchú, Barra Ó hOrgáin, Peatsaí Ó Tuama: Conchur Ó Loinsigh, Ciarán Ó Nunáin, Gavin Ó Laoire: Diarmuid Ó Ceallacháin, Éanna Ó Duinnín: Daire Ó Ceallacháin, Seán Ó Luasa, Barra Ó Duinnín: Seán Ó Muineacháin, Cian Ó Duinnín, Tim Ó Laoire.

Div 3 Clyda Rovers 13, Uibh Laoire 12, Mallow 10, Kilshannig 9, Naomh Abán 8, Bishopstown 7, Newmarket 7, Kiskeam 5, Rockchapel 5, Aghada 0. Uibh Laoire 0-17 Newmarket 0-17 Kiskeam 1-12 Uibh Laoire 3-13 Newmarket v Naomh Aban on June 18th

Last Round: N. Aban v Kiskeam, Rockchapel v Uibh Laoire - June 22nd

Kiskeam 1-12 Iveleary 3-13

Iveleary remain in the hunt for promotion following a deserved victory at Kiskeam.

Iveleary hit a blistering start, goals from Jack Sweeney, Ian Jones and Barry O'Leary inside the opening 20 minutes helped secure a 3-3 to 0-6 advantage at half time. Though Kiskeam responded with a Seán O'Sullivan goal, pointed frees by Sam Pickering and Joe Creedon helped maintain Iveleary's upperhand.

Iveleary: Joe Creedon; Barry Murphy, Daniel O'Donovan, Daniel O'Riordan; Kevin Manning, Seán O'Leary, Ciarán Galvin; Conor O'Leary, Timmy Roberts; Barry O'Leary, Sam Pickering, Brian O'Riordan; Seán O'Riordan, Ian Jones, Jack Sweeney. Subs. Liam Kearney, Kevin Jones, Shane Galvin.

Div 4 League Table: Aghabullogue 12, Bandon 11, Buttevant 11, Glanmire 10, Macroom 10, Adrigole 7, Boherbue 6, Bantry Blues 6, Nemo Rngrs 5, St. Vincent's 0

Last Round: Aghabullogue v St Vincent June 21st, Bantry Blues v Macroom, Thurs June 19th

Aghabullogue 1-14 Bandon 2-12

An extraordinary game of ups and downs at Coachford ended with Bandon turning a nine point deficit with 12 minutes to go into a one point injury time victory and so the West Cork side move into second place in the league, hosting Glanmire in the final round.

Bandon started well and had a1-1 to nil lead after five minutes. Aghabullogue then kicked seven points without reply and led by 0-8 to 1-4 at half time. The third quarter started very evenly before Aghabullogue hit a purple patch scoring 1-5 without reply to lead by nine points with 12 minutes normal time remaining. Bandon replied with two two-pouinters and a late goal brought them level. An injury time point gave the visitors the win and two invaluable league points. Aghabullogue remain in control of their own destiny and will be fancied to defeat St Vincents in the final round of games.

Aghabullogue: John Buckley: Conor Smith, Mick Dennehy, Breandán O'Sullivan: Oisín O'Connell, Shane Tarrant, Adam Murphy: Colm Gillespie, Dhani Merrick: Cialan O'Sullivan, Aaron O'Sullivan, Pádraic O'Sullivan: Mathew Bradley, Evan O'Sullivan, Luke Casey. Subs: Odhran O'Sullivan, James Lane.

Macroom 1-14 Buttevant 0-17

A battle for second place in the league produced a very exciting encounter at Tom Creedon Park and the draw which ensued left Buttevant still in contention for a place in the final and Macroom out of the reckoning but ultra secure from the relegation worries which troubled them a month ago.

Buttevant had wind advantage in the first half, led early on but a super goal from Eolan O'Leary set up by Dylan Twomey levelled the scores after ten minutes. Buttevant continued to force the pace and they led by 0-10 to 1-4 at half time. Points from Alan Quinn, Tony Dineen and Oisín O'Sullivan brought Macroom level on 42, but Buttevant despite facing the wind got on top again and led by 0-15 to 1-10 on 55. Two points from Eolan O'Leary had Macroom level on 59 and a smashing two pointer from Alan Quinn put them in front but in time-added Buttevant got two points to level, the last one with the last kick of the game, a kick which kept the North Cork men in contention for a place in the league final.

Macroom: Brendan O'Connell: Ciarán Condon, Rory Buckley, Johnny Murphy: Michael Cronin, Alan Quinn, Shane Meaney: Tony Dineen, Caleb Dinneen: Jack O'Riordan, Seán Kiely, Cormac Buckley: Dylan Twomey, Eolan O'Leary, Oisín O'Sullivan. Subs: Liam Holland, Eoin O'Mahony



Div 5 Kilmurry 16, Gabriel Rgs 14, Ballinora 12, Ilen Rovers 10, Kinsale 9, Mitchelstown 8, Millstreet 4, Glanworth 3, Glenville 2, Ballydesmond 2

Kilmurry 1-18 Millstreet 0-10

Kilmurry head into their last round of league games and a trip to second place Gabriel Rangers happy in the knowledge that with eight wins to their credit their place in the final is assured. They were the better side against a disappointing Millstreet outfit and were never in danger of losing their unbeaten record here. Kilmurry scorers: Kyle Kelleher 1-3, A Aisling 0-2, Ryan Leahy 0-2, R Ó Corráin 0-4, Ds O'Mullane 0-3, L. Aisling, John O'Mullane, James O'Mullane and Conor Kelleher 0-1 each.

Kilmurry: Jason McDonnell: Eoin Keane, William Ronan, Aaron O'Mahony: Tomás Collins, Kyle Kelleher, Brian Hinchion: Lloyd Aisling, James O'Mullane: Joe O'Mullane, Ruadhán Ó Corráin, Alexander Aisling: Ryan Leahy, Conor Kelleher, Fergal Wall. Subs: James Kelleher, Denis O'Mullane, Jed Hartnett, John O'Mullane

Ballinora 5-19 Ballydesmond 3-11 Rd 7 result: Kilmurry 4-14 Kinsale 3-14 Last Round: Gabriel Rangers v Kilmurry, Glanworth v Ballinora, June 22nd

Div 6 St. Nick's 12, Canovee 12, Cobh 12, Aghinagh 10, K Cullen 9, Kildorrery 8, Dromtarriffe 8, Na Piarsaigh 5, St. Michael's 2, Mayfield 2,

Dromtariffe 1-17, Canovee 2-12

Canovee incurred a second league defeat away at Dromtariffe in a competitive encounter. The Carrigadrohid side recovered from a slow start, taking encouragement from a Conor Dodd two pointer. Growing in stature, Dodd swept up field for a superb individual goal for Canovee to jump four points ahead. However Dromtariffe recovered and a goal trimmed the arrears 1-8 to 1-7 at the interval.

Into the second half, Canovee netted a second goal from James Moynihan but Dromtariffe fared better to manage the diagonal breeze to record a narrow win. Canovee: Ben Cheasty; Eoghan Lehane, Eoin McNabola, Cian Cronin; Evan Cunningham, William Ahern, Liam Kelleher; Aidan Murphy, Brian McNabola; James Moynihan, Mark Healy, Conor Dodd: Evan Dodd, Cillian Newman, Paul Healy. Subs: Odhran O'Driscoll, Ryan Delaney, Shane O'Riordan, Seán O'Connor, Eoghan McCarthy.

Rd 7 result: Aghinagh 1-14 Cullen 3-18

This division 6 league encounter was a game of two halves due to a strong wind blowing directly down the field. Aghinagh used it to good effect in the first half and built up a 1-13 to 0-8 half time lead, Declan Ambrose scoring a cracking goal. However Aghinagh had no answer to Cullen's powerful second half performance which saw them win convincingly in the end.

Aghinagh: Paul O'Sullivan; Olan Cummins, Dylan O'Riordan, John Lynch; Luke O'Leary, Dermot O'Callaghan, Donagh O'Riordan; Matthew McCarthy (0-1), Declan Ambrose (1-1); Seán Kelleher (0-1), Aodh Twomey (0-4), Jack Kearney (0-1); Gearóid Ó'Sullivan, Con Buckley (0-6), William Coakley. Subs: Seán O'Riordan, Donal Corkery, Shane Corkery, Eaun Coughlan.

Rd 8: Aghinagh 4-22 St Michaels 1-9

Last Round: Canovee v Cullen June 20th :St Nicks v Aghinagh June 22nd



Kilmurry GAA Intermediate team who beat Millstreet in County League

Div 7 Argideen Rgrs 14, Kilmacabea 12, Liscarroll/ Churchtown Gaels 10, Ballygarvan 9, Inniscarra 9, St. James' 9, Nemo Rangers 7, Castlemagner 6, Urhan 4, Ballyhooly 0

Ballygarvan 1-12 Inniscarra 1-9 Urhan 1-9 Inniscarra 1-9 Last Round: Ballyhooly v Inniscarra, June 22nd

Red FM

County Senior Hurling Leagues (after 7 rounds) Division 1

Sarsfields 10, Douglas 9, Blackrock 8, St. Finbarr's 8, Fr. O'Neill's 8, Glen Rovers 8, Charleville 7, Carrigtwohill 6, Carrigaline 4, Kanturk 2

Div 2 Erin's Own 12, Midleton 12, Killeagh 10, Newtownshandrum 8, Ballincollig 7, Valley Rovers 6, Ballymartle 6, Na Piarsaigh 5, Fermoy 2, Éire Óg 2 Newtownshandrum 3-19 Ballincollig 1-16 Killeagh 3-23 Éire Óg 2-11

Div 3 Courcey Rvs 11, Bride Rovers 11, Newcestown 11, Ballinhassig 8, Blarney 7, Castlelyons 6, Lisgoold 6, Russell Rvs 6, Blackrock 2, Mallow 2. Russell Rovers 2-19 Blarney 1-11

Div 4 Bandon 14, Kildorrery 8, Watergrasshill 8, Inniscarra 8, Kilworth 7, Tracton 6, Bishopstown 6, Cloughduv 6, St Catherine's 5, Youghal 2
Youghal 0-18 Cloughduv 1-20
Div 5 Dungourney 11, Ballyhea 10, Aghabullogue 10, Castlemartyr 9, Milford 9, Kilbrittain 9, Midleton 8, Ballygarvan 6, Erin's Own 2, Mayfield 0
Ballyhea 1-24 Aghabullogue 1-15

Div 6 Glen Rovers 12, Cloyne 12, Ballinascarthy 10, Aghada 8, Argideen Rgs 8, Barryroe 7, Sarsfields 6, Ballygiblin 4, Kinsale 3, Na Piarsaigh 0

Div 7 Killavullen 13, D Ó Mathúna's 11, Killeagh 10, Ballinora 8, Passage 7, St. Finbarr's 6, Nemo Rangers 5, Douglas 3, Meelin 3, Kilshannig 2

Coming Up in Cork in June/July

June 14th All-Ireland SFC RR3 Cork v Roscommon in Portlaoise

Sun, June 15th Club H League R8 Red FM Hurling League R8

Sat, June 21st @2pm Camogie Cship Cork v Clare in Venue TBC

June 21st - 22nd All-Ireland SHC QF All-Ireland Senior Hurling Quarter Finals

June 21st - 22nd All-Ireland SFC Prelim QF All-Ireland Senior Football Prelim Quarter Finals

June 20th - 22nd County JAHL QF Muskerry v Carrigdhoun

Sun, June 22nd Club F League R9 McCarthy Insurance Group Football League R9

June 28th - 29th All-Ireland SFC QF All-Ireland Senior Football Quarter Finals

June 27th - 29th County JAFL SF Muskerry v Seandun / Duhallow Sun, June 29th Club H League R9 Red FM Hurling League R9

Tues, July 1st @8pm Tues, July 1st @7.30pm Div/Col H SF Imokilly v Unseeded 1st Place Team

July 4th - 6th County JAHL SF Muskerry / Carrigdhoun v Seandun / Imokilly

July 5th - 6th All-Ireland SHC SF Semi-Finals – Cork v Quarter final winner

July 4th - 6th Club F League Final County Hurling & Football League Finals Divisions 1-7 (Prov)

July 4th - 6th Club H League Final County Hurling & Football League Finals Divisions 1-7 (Prov)

July 8th - 11th Div/Col H Final Div/Col Hurling C'ship Final

July 12th - 13th All-Ireland SFC SF All-Ireland Senior Football Semi-Finals

Sun, July 20th @3.30pm All Ireland H Final All-Ireland Senior Hurling Final (Replay, Aug 2nd)

Senior Hurling Championships: All-Ireland Hurling Championship.

Preliminary Quarter-Finals: June 14th-15th (Saturday/ Sunday):

Kildare v Dublin; Laois v Tipperary

Quarter-Finals: June 21st-22nd (Saturday/Sunday): Limerick v Winner Kildare/Dublin; Galway v Winner Laois/Tipperary

Semi-Finals: July 5th (Saturday): Cork v QF winner ; July 6th (Sunday): Kilkenny v Quarter-Final Winner All-Ireland Final: July 20th (Sunday) – (Replay August 2nd (Saturday))

Senior Football Championships: All-Ireland SFC: Group Stage

Round 3: June 14th-15th (Saturday/Sunday) Preliminary Quarter-Finals: June 21st-22nd (Saturday/ Sunday)

Quarter-Finals: June 28th-29th (Saturday/Sunday) Semi-Finals: July 12th-13th (Saturday/Sunday) All-Ireland Final: July 27th (Sunday) (Replay: August 9th (Saturday)

Muskerry Gaa

Macroom Motors Mid Cork U21 Football Championship Finals

U21 A Football: Final: Ballincollig v Éire Óg

U21 B Football: Final: Donoughmore v Inniscarra

U21 C Football: Final: Blarney 1-8 Iveleary/Dripsey 0-10

Muskerry EPH Controls Junior Football League

Div 1 – Donoughmore 12, Éire Óg 10, Ballincollig 9, Grenagh 9, Clondrohid 6,Kilmichael 5, Béal Átha'n Ghaorthaidh 3, Aghabullogue 2

Final: Donoughmore 1-15 Éire Óg 2-11

Div 2 East: Donoughmore 9, Ballincollig 8, Dripsey 6,

Ballinora 5, Blarney 4, Inniscarra 2, Gleann na Laoi 2 Div 2 West: Kilmurry 9, Aghinagh 8, Canovee 7, Naomh Abán 4, Macroom 2, Cill na Martra 4, Iveleary 0 Div 3 East: Éire Óg 10, Lough Rovers 6, Ballincollig 6,



Kilmurry 2, Grenagh 2, Inniscarra 0 **Div 3 West:** Naomh Abán 8, Kilmichael 8, Clondrohid 6, Macroom 4, Béal Átha'n Ghaorthaidh 2, Canovee 0

Cumnor Construction Div One Junior Hurling League

Donoughmore 14, Grenagh 12, Éire Óg 9, Kilmichael 7, Dripsey 4, Inniscarra 4, Ballincollig 4, Blarney 2 Final: Donoughmore v Grenagh, Friday June 13th at Coachford

Erneside Engineering Div Two Hurling League

Aghabullogue 10, Cloughduv 9, Blarney 8, Ballinora 7, Inniscarra 6, Iveleary 5, Éire Óg 3, Grenagh 0

Comórtas Peile na Gaeltachta 2025

Bí Comórtas Náisiúnta Peile na Gaeltachta ar siúl le linn dheireadh seachtaine na Cincíse i nGaeltacht Ráth Chairn, Co na Mí.

Cúig chomórtas ar fad a imrlodh ag Comórtas Peile na Gaeltachta– Comórtais Shóisear agus Shinsear na bhFear chomh maith le Comórtais Shóisear, Idirmheánach agus Shinsear na mBan.

Comórtas Idirmheánach na mBan

Cluichí Leathcheannais

Dún na nGall v Gaillimh

Naomh Abán 2-4 Naomh Anna 1-10

Comórtas Peile na Gaeltachta 2025 - Cluiche Leathcheannais Idirmheánach na mBan Naomh Abán 2.04 Naomh Anna, Leitir Mór 1.10 Mí adh le mná Naomh Abán inniu ach Bíochas le Clann_na_ nGaeleath as deireadh seachtaine iontach a eagrú

Comórtas Sinsear na bhFear

Cluichí Ceathrú Ceannais A Ciarraí v Dún na nGall B Bhulf Tón (An Mhí) v An Rinn (Port Láirge) C Naomh Anna 0-8 v Cill na Martra 1-13 D Maigh Eo v Tánaistí na Gaillimhe/Dhún na nGall Cluichí Leathcheannais: Bhulf Ton 2-14 Cill na Martra 0-19

Cluiche Ceathrú Ceannais Sinsear na bhFear

Cill na Martra 1-13 Naomh Anna, Leitir Mór 0-8 Thosaigh fir na Gaillimhe go láidir sa chluiche seo i Ráth Chairn, Co. na Mí. Bhíodar ceithre chúilín chun



Foireann Chill na Martra ag Comórtas Peile na Gaeltachta 2025 i Ráth Chairn, Co. na Mí.

tosaigh sula d'aimsigh Dano Ó Duinnín an chéad ceann do Chill na Martra. Bhí roinnt mhaith deiseanna scórála á chur amú ag buachaillí Mhúscraí – agus cabhair na gaoithe acu – ach shocraíodar go maith roimh leath am. Fuaireadar an trí scór deireanach den chéad thréimhse ó Jason Mac Cárthaigh (cic saor) agus Micheál Ó Deasúna (cic 45 agus ceann ón imirt) chun bheith cothrom ag an mbriseadh, 0-6 le 0-6.

Chuir Dano agus Shane Ó Duinnín Cill na Martra chun tosaigh le cúpla chúilín deas luath sa dara leath. Cé gur fhreagair Naomh Anna le ceann amháin ansin bhí Cill na Martra go mór in uachtar ag an bpointe seo. Ghnóthaigh Dano cúl sa 47ú nóiméad tar éis rith láidir tríd an cosaint agus chuir sé sin solas an lae idir na fóirne. Chríochnaigh Cill na Martra le cúilíní ó Shane Ó Duinnín, Jason Mac Cárthaigh agus Danny Ó Conaill chun áit sa chluiche leath cheannais a chinntiú.

Cill na Martra: Dean Mac Cárthaigh, Criostóir Ó Meachair, Tadhg Ó Corcora, Finéin Ó Faoláin, Danny Ó Conaill 0-1, Seán Ó Foirréidh, Antaine Ó Loingsigh, Gearóid Ó Goillidhe, Micheál Ó Deasúna 0-2 (0-1 cic 45m), Eoin Ó Conaill, Dano Ó Duinnín 1-2, Jason Mac Cárthaigh 0-4 (saorchiceanna), Ciarán Ó Duinnín, Maidhcí Ó Duinnín 0-1, Shane Ó Duinnín 0-2. Ionadaithe: Antóin Ó Cuana 0-1, Cianie Ó Foirréidh, Adam Ó Duinnín.

Cluiche Leath Cheannais Sinsear na bhFear Cill na Martra 0-19 Bhulf Tón 2-14

Bhí tús mall arís ag Cill na Martra sa chluiche seo. Ina gcoinne bhí foireann láidir Bhulf Tón, a shroich craobh sinsear Co. na Mí i 2024. Thosaigh an fhoireann áitiúil ar luas lasrach agus tar éis 10 nóiméad bhíodar 1-4 le 0-0 chun tosaigh. Tháinig feabhas ar Chill na Martra ansin le cúilíní ón imirt ag Dano Ó Duinnín (2) agus Tadhg Ó Corcora. Bhí scóranna fós á ghéilleadh acu, áfach, agus bhí bearna fós ann ag leath am le Bhulf Tón in uachtar, 1-8 le 0-5.

Fuair Jason Mac Cárthaigh scór álainn ó lasmuigh den stua chun dhá phointe a chlárú do Chill na Martra ag tús an dara leath ach ní rabhadar in ann mórán dul chun cinn a dhéanamh ag an bpointe sin. Scóráil Bhulf Tón cúl eile go gairid ina dhiaidh sin agus ba bhuille mór é. Lean siad orthu le cúilíní a aimsiú agus le 50 nóiméad imeartha bhíodar 2-13 le 0-8 chun tosaigh agus an cuma ar an scéal go mbeidh bua fuirist acu. Ní raibh deireadh le Chill na Martra fós, áfach, agus throid siad go fíochmhar go dtí an fheadóg deireanach. Fuaireadar trí scór dhá chúilín as a chéile ó Mhaidhcí Ó Duinnín, Jason Mac Cárthaigh (cic saor) agus Seán Ó Foirréidh. Tháinig scóranna eile ón imirt ó Chiarán Ó Duinnín agus Maidhcí arís, chomh maith le saorchiceanna ó Jason. B'é an t-aon chúilín a d'aimsigh Bhulf Tón sa thréimhse sin an cheann a bhuaigh an chluiche dóibh mar bhí an farasbarr is lú acu ag deireadh na himeartha.

Cill na Martra: Dean Mac Cárthaigh, Criostóir Ó Meachair, Tadhg Ó Corcora 0-1, Finéin Ó Faoláin, Danny Ó Conaill, Seán Ó Foirréidh 0-2, Cianie Ó Foirréidh, Gearóid Ó Goillidhe, Micheál Ó Deasúna 0-1 (cic saor), Eoin Ó Conaill, Dano Ó Duinnín 0-2, Jason Mac Cárthaigh 0-9 (0-7 saorchiceanna), Ciarán Ó Duinnín 0-1, Maidhcí Ó Duinnín 0-3, Antaine Ó Loingsigh. Ionadaithe: Shane Ó Duinnín, Antóin Ó Cuana, Arran Ó hUidhir, Adam Ó Duinnín.



Clondrohid u 12 football League group 3 plate winners,who received their medals recently from Amy and Lydia McDonagh in the Mills Inn.



The Macroom GAA U13 football team who won the Billy Barry Shield final in Ballincollig GAA today having being victorious in all their games. The team were fittingly led by their excellent captain, Jack Ryan, a grandson of Billy Barry whom the Shield is named after.



7th June 2025

Well done to our U8 Hurling team who took part in an u8 blitz this morning at Ballinora GAA. Games vs Eire Og.

Cloch Dubh and Bishostown..

Excellent team work , determination and skill shown by our Laochra Óg Team. One example was our players took the sliothar from their own goal line in 4 clean strikes with the ball crashing off the opposition posts just one example. Very proud of them. Thanks to the players, thanks to the parents for travelling and continuing support. Thanks to blitz host Ballinora GAA on excellent morning and thanks to our sponsors FOLLÁIN.

Jersey presentation by Star Turkish Barbers to U16 trainer Humphrey O'Leary took place in Macroom. Thanks again for your support.

6th June 2025

Well done to our u14 hurling team who played against St. Marks in Meelin this evening. Laochra Og gave it their all but unfortunately today wasn't our day. Well done to every single player today. They played and fought for every ball and took on every challenge that came their way. Thanks to our great sponsors M &J Kelleher MJK oils. Thanks to all the parents that travelled and supported the lads. Well done to all the lads who played this evening.

Registration for Laochra Óg Summer Camp closed on June 1st 2025 29th May 2025

Congratulations to our Junior ladies who won the Junior C league final last night against St Colums in Castle Road. From the first to last whistle this was a fast and physical game, with both teams giving everything. With nothing separating the teams for a lot of first half, we worked hard, getting well worked scores to go in at half time with the lead. The second half started and St Colums reduced the lead quickly. As the weather turned making conditions tough for both sides making sure each girl put their head down and worked hard to ensure we kept the lead and were delighted at the final

LAOCHRA ÓG NOTES



Coachford AFC U13 team with their league trophy.

whistle to come away with the league final win. Thank you to St Colums for a great game and we wish you all the best in the championship. Thank you to Cork Camogie, its always a privilege to play in Headquarters and to come home with a win is a memory for all the panel and supporters. Thank you to the sponsors The Tavern Clondrohid. Thank you to this panel of girls who all played a part to get us to the final, and to our injured girls we wish you a speedy recovery, for giving great commitment, and are delighted ye got the rewards last night. To all our supporters cheering on the girls thank you it's very much appreciated. To our management, Niall, Finbarr, Margaret and Suzann thank you for all the time and support to the girls, behind the scenes and organising also. To Margaret for looking after all the injuries, your a star ! And finally to Pat Healy our grounds manager of our home pitch Ballymacorcoran thank you for having the pitch in superb conditions

Well done again girls.



U16 Jersey Sponsorship 2025

U8 Hurling team 7th June 2025 01



Ballinagree N.S. children who took part in the Cork School Sports recently.



Ballinagree N.S. Sciath na Scol team who competed in Rusheen in the Muskerry football blitz recently - pictured with teacher Ms O' Sullivan.





William Perrotts niece Chloe presented the Trophy to Ronan O'Callaghan winner of the William Perrott memorial trophy



The four winners in the William Perrott memorial trophy at Kilmichael Pitch and Putt



William Perrott memorial trophy; Dan Kiely best Gross



William Perrott memorial trophy; 2nd Kevin O'Donovan



William Perrott memorial trophy; Philip Dawson 2nd





Ballinagree N.S. pupils welcomed Senator Eileen Lynch on Friday the 6th of June to raise the school Green Schools Flag for litter and waste.



Clondrohid u 15 Feile 2024 winners who received their medals recently from Amy and Lydia McDonagh in the Mills Inn



Clondrohid u 12 who defeated Shamrocks in Shanbally last week.



Ballinagree N.S. pupils enjoyed a nature walk to the River Láine recently.

LEE VALLEY OUTLOOK

LEE VALLEY Outlook

Sales: Des 087 3600223 or Email: des@outlookmags.com

LEE VALLEY Outlook

Shine The Spotlight on Your Business by Advertising in the LEE VALLEY OUTLOOK

Next edition: June 26th 2025

REDUCED ADVERTISING PRICES CONTINUE 25% OFF STANDARD RATES

Full Page:€205€220Half Page:€105€140Quarter Page:€95€70Eight Page:€60€40

Terms & Conditions apply. Prices quoted are plus vat. To avail of this offer contact

Des on: 087-3600223 E: des@outlookmags.com

Pick up your LEE VALLEY OUTLOOK every fortnight by dropping into your main local distribution hub in the following areas :

- : Ballyvourney
- : Carriganima
- : Kilmichael
- : Cuil Aodha
- : Aghinagh
- : Rylane
- : Cloughduv : Reidh na nDoiri : Canovee : Aghabullogue : Farran

: Inchigeela

- : Macroom : Cill Na Martra : Donoughmore : Crookstown. : Coachford. : Lissarda etc
- : Aherla : Carrigadrohid : Ballingeary : Kilmurry : Dripsey

NNED

mmer

NOW ALSO AVAILABLE TO READ FREE ON LINE FROM ANYWHERE IN THE WORLD ON WWW.OUTLOOKMAGS.COM

Our team are here to help ...

OUR LEE VALLEY OUTLOOK TEAM: Des: 087 3600223 | E: des@outlookmags.com Design (Martha): leevalley@outlookmags.com | 087 1210959 Accounts Deirdre: 1800 71 40 40 | E: accounts@outlookmags.com OUR EDITORIAL TEAM: Tel: 026 42023 | E: leevalleyoutlook@macroom.ie Editor: Grainne Dunlea; 086 8542414 | E: leevalleyoutlook@macroom.ie



TRADES : SERVICES

TO ADVERTISE CALL: 087 3600223



TO ADVERTISE CALL: 087 3600223



Unit 4, Woodlands, The Park, Killarney T: 064 6633232 087 2579794 | E: info@killarneyglass.com www.killarneyglass.com



All Aspects of Painting and Decorating

- Spray Painting Wall Paper Hanging Pressure Washing
- Rectifying Paint and Render Issues
- Fully Insured
- Fully Compliant with Health & Safety

Paddy Doherty M: 086 1939306

info@dohertydecorating.ie | www.dohertydecorating.ie Kilbarry, Macroom.



Sean Roche 086 6765694

TRADES : SERVICES

MID CORK PUMPS LTD WATER SERVICES

Macroom, Co Cork

WELL DRILLING, micro drilling machine for tight spaces All types WATER PUMPS supplied, fitted and repaired Complete range of WATER FILTERS, iron, manganese,hardness, bacteria Water Testing Avail of grants up to €5000.00 for well and pump, €1000.00 grant for filters Council grant forms and free quotations Full range of pipe fittings and 12bar piping

CONTACT: 087-2579752



Email. midcorkpumpservices@gmail.com

- New Roof Installation
- ▶ Fencing
- Pergolas
 Renovation
- Decking

086 - 0664295 / 085- 2865027 E: obrienmike506@gmail.com www.oakwoodroofingandrenovation.com

Contact us:

LEE VALLEY OUTLOOK







Rylane NS pupils who received their 1st Holy Communion recently. Pic Peter Scanlan



Kilbonane NS pupils who received their 1st Holy Communion recently. Pic Peter Scanlan



Kilbarry NS pupils who received their 1st Holy Communion recently.

IRISH BANKS SHOULD DO THE RIGHT THING AND PASS ON ECB RATE CUTS TO FIXED TERM MORTGAGE HOLDERS - MEP KELLEHER

"Quite frankly, I don't accept the arguments coming from Irish banks that because they were slower to increase mortgage interest rates, they don't need to pass on ECB reductions in their fixed rate mortgage business," said Fianna Fáil MEP Billy Kelleher.

Kelleher, a member of the European Parliament's Economic and Monetary Affairs (ECON) Committee, was commenting after the ECB reduced its interest rate by 25 basis points to a new rate of 2%.

"There are thousands of mortgage holders who took out fixed rate loans in 2021 that are coming to an end. Many of these loans had interest rates in the 2-3% range.

"If a homeowner had a mortgage for \leq 300,000, with 20 years remaining, at a fixed rate of 2.5%, their current monthly repayment would be \leq 1589. If the best rate they can get is 3.2% when their fixed term ends, their monthly

repayment will rise to €1693, and their cost of credit will rise by over €25,000 from €81,500 to €106,557 over the term of their mortgage.

"At present, it's next to impossible to get a fixed term rate for less than 3% so for these customers they will see a major rise in their monthly mortgage repayments unless the Irish banks do the right thing and offer lower fixedterm interest rates.

"Irish banks are doing very well right now with significant profits being reported. Ireland's economy relies on everyone playing their part and banks must do their part and help take the foot off the necks of hard-pressed mortgage holders.

"Unnecessarily high interest rates only create long term difficulties for banks due to some customers not being able to repay their mortgages. The banks should be seeking to avoid this as much as possible, especially as mortgage impairments are slowly creeping up already. "I am urging the banks to think about the big picture and give these fixed term mortgage holders a break, and to support the overall Irish economy by playing fair when the ECB cuts its rates.



"And my message to mortgage holders would be to shop around. The Central Bank has introduced rules to make switching easier, so use your consumer power and support the competition in the market," concluded <u>Kelleher.</u>

<u>CLASSIFIEDS</u>

- BUSINESS ONLY -COST: Up to 20 words €7 **** No More than 20 words **** - STRICTLY PRIVATE -COST: Up to 20 words €7 **** No More than 20 words ****

Drop off for Macroom: Donal Mulcahy, Mulcahy Auctioneers Main St., Macroom. For classifieds please email to des@outlookmags.com or post to Outlook Magazines, Castleisland, Co. Kerry.

ADVERTS WILL NOT BE INCLUDED UNTIL PAID FOR IN FULL

ED12 2025 ADVERTISE HERE

From as little as €7 - advertise business or private Contact: 087 3600223 or des@outlookmags.com

ED 13 2025 FOR SALE: 54 ACRES OF GOOD GRAZING LAND WITH OLD DWELLING HOUSE



and Ruins - 5 miles from Sneem on the Valentia Road - just of the Ring of Kerry - set in beautiful countryside with magnificent sea views. Contact: **064 6675961**

ED12 2025 GROW SAVINGS

20 & 100% between October 2025/May 2026 by part owning a fast growing company established over 150 years Contact: **087 3528439 or tonystone@gmx.us**

ED12 2025

WANTED TO RENT A working couple are looking To Rent - A One or Two Bedroom Apartment or House in the Charleville or Mallow area Co Cork. Can pay €1000 per month. Excellent References Available. Contact: 085 - 7660560

ED13 2025

AVAILABLE FOR HIRE MAN WITH LOG SPLITTER: FOR THE SPLITTING AND CUTTING OF TIMBER : FULY INSURED Contact: 087 - 793 6759



ED12 2025

From as little as €7 - advertise business or private Contact: 087 3600223 or des@outlookmags.com

ED12 2025

WANTED GARDENER WANTED FOR WORK IN MACROOM TOWN Contact: 087 0943936

ED12 2025

WANTED Looking for a Childminder 3 full days a week from October 2025 onwards to mind 3 Children (aged 1, 2 & 4) in the Aherla area. Contact Emily: 086 1628905





Sheep Sale - Wed 18th June at 12noon. All stock to be penned for 11am

Organic Cattle Sale - Saturday 5th July

Weekly Factory Assembly: ring office for details

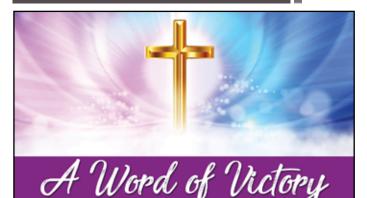
General Cattle Sale Every Sat 10:30am Cows | 11am Calves 11:30am Bullocks, Weanlings & Heifers

Exporters & Farmer customers in attendance every week. Online Sale available on MartEye App

Mart Office: 026 41121



LEE VALLEY OUTLOOK



"This is the reason I speak to the crowds in parables: because while having the power of seeing they do not see, and while having the power of hearing they do not hear, nor do they understand and grasp spiritual things" (Matthew 13:13 Amplified Bible).

Welcome back dear student, I've been thinking a lot lately about over-reactions. It's a battle. Often we over-react when we don't fully listen or understand the situation. Reactions are learnt behaviours: influenced by loved ones or developed from traumatic or fearful experiences. Jesus taught in parables to describe God's Kingdom ways. He said that people who wanted to understand Truth would listen to what they were hearing and would grasp what was being explained. The Word of God tells us that the things of God are spiritually discerned (1 Corinthians 2:14). There are multitudes who have perfect hearing and sight in this world, but they do not listen to, or will not look for, the things of God. Their minds and hearts are closed, their spiritual senses dulled. "You shall know the Truth and the Truth shall set you free" (John 8:32). God's Word is Truth (John 17:17). Many have tried unsuccessfully to read the Scriptures by using only their intellect to understand, rather than their hearts being connected to God's Spirit. We need the ministry and gentle guiding hand of the Holy Spirit Who teaches us all things. Jesus promised the Holy Spirit will reveal the Truth of Who Christ is to us (John 16:14-15). So, when we study the Word we must pray first. 'Holy Spirit please open my heart, my eyes, and my ears, to understand what God is speaking to me through His Word which has the power to save me and set me free. Lord, fill me and lead me into the Truth in Jesus Name I pray, amen (Psalm 61:1-3).

"Understand this, my beloved brothers, and sisters. Let everyone be quick to hear - be a careful, thoughtful listener; slow to speak - carefully chosen words; and slow to anger patient, reflective and forgiving; for the resentful, deep-seated anger of man does not produce the righteousness of God - that standard of behaviour which He requires from us. So, get rid of all uncleanness, and all that remains of wickedness, and with a humble spirit receive the Word of God which is implanted - rooted in our hearts which is able to save our souls" (James 1:19-21 Amplified Bible). What causes one to over-react? 1) Believing lies planted by the enemy. 2) Not fully understanding the whole situation 3) Accumulations of frustration or resentments simmering in the background. We are to keep short accounts of wrongs committed against us, but over-reactors are excellent record-keepers! (1 Corinthians 13:4-7). The enemy knows our weak areas. Then, when something, or someone triggers the button - the response is an explosion. We can all over-react and not listen. But angry people are often just looking for a reason to nail someone. Others must walk on eggshells around them. It's very serious. Many are in relationships where they're careful to not 'poke the bear'. An exhausting way to live. Sometimes children feel their parents don't listen and the consequences can leave scars (Ephesians 6:4). Equally, long suffering parents can find their children won't listen to advice or warnings and get into trouble as a result (Proverbs 19:11-20). There's no manual on 'navigating through life' because everyone is unique, but God's Word does give us principles to live by to bring victory and hope - if we will press in to hear, see, and obey God's plan (Joshua 1:5-9). Happy Father's Day to all Dad's this weekend, God bless voul

Pastor Philip Maumbe from All Nations Dublin ministers this Sunday, June 15th @ 11am Eircode: V93V6X4.

Bible Study and Prayer every Sunday @ 11am and Thursday @ 7.30pm at Word of Victory Christian Fellowship Killarney V93V6X4

🚹 Word of Victory Christian Fellowship Killarney

💟 @WOVKillarney

📨 Email: wovkillarney@gmail.com

Text for Prayer: 087- 4471797

Podcasts on Spotify: A WORD OF VICTORY

Just a thought ...

Ath. Seán Mac Cárthaigh, Baile Bhuirne / Cúil Aodha

The Heart

The human organ mentioned most in everyday conversation is the heart. We use the image of the heart to describe someone as 'half-hearted', 'wholehearted, or their words as 'heartfelt'. Or we so sometimes feel we are 'brokenhearted' or 'down-hearted'. The feeling in the chest makes us think it is our heart that is affected.

Depending on your age group you will able to name quite a few love-song titles that include the heart in the title :

> Unbreak my heart Don't go breaking my heart My heart will go on Wooden heart Achy-breaky heart

(Are you humming yet ?!)

Film titles, plays, book, poems all pay tribute to the human heart's capacity to be thrilled or broken.

The Bible contains over 1,000 references to the heart! And the Catechism of the Catholic Church tells us that "it is the heart that prays."

I like the Catechism's definition of the heart

It is the place to where I withdraw ... The place where I am The place of decision The place of encounter ... (Paragraph 2562)

But all this points to the heart of God and the heart He wishes us to have:

"A new heart I will give you, and a new spirit I will put within you; and I will take out of your flesh the heart of stone and give you a heart of flesh." (Ezekiel 36)

St John Henry Newman describes prayer as "Cor ad Cor loquitir" - which translates into "heart speaks to heart."

In fact our deepest conversation with a trusted friend is a "heart to heart." It's a no-frills, "no holds barred", intensely personal, privileged conversation.

It's the kind of chat God wants with us. A meeting, or encounter. In prayer, He fully reveals us to our deeper selves. It is also where our motivations, our wants and desires become clearer to us.

> The New Testament speaks of "the loving-kindness of the heart of our God who visits us like the dawn from on high."

> > Finally Jesus Himself says:

"Come to me all you labour and are burdened.. Learn from me, For I am meek and humble of heart."

Have a long overdue heart-to-heart with Him today.

God bless, Fr Seán Email: parisho7191@gmail.com | Phone: 085 878 3823

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father

sees it. Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail.

Must promise publication of prayer.

7TH ANNIVERSARY



In loving memory of

Maura O'Shea

Clondrohid and late of Mullinroe Died on 3rd June 2018

A beautiful life that came to an end, You died as you lived, everyone's friend, In our hearts your memory will always be kept, Of one we loved and will never forget.

ſ

Always in our hearts and prayers,

Your cousin Clare, nieces and nephews.

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have

asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it

within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. VC & SJ

EILEENCO'RIORDANOShanballyshane, Kilnamartyra,Shanballyshane

Macroom, Co. Cork Who died on 20th June 2015

In loving memory of

10TH ANNIVERSARY

You can only have one mother Patient kind and true, No other friend in all the world, Will be the same to you. We think of you everyday.



27TH ANNIVERSARY

In loving memory of Eileen's Daughter

CATHERINE O'RIORDAN

Shanballyshane, Kilnamartyra, Macroom, Co. Cork Who died on 25th June 1998

We cannot bring the old days back, When we were all together, The family chain is broken now, But memories live forever. 27 years is a long time.

Ŷ

Sadly missed by Dan, Florrie, John, Nora and daughter in law Julliet.

3rd & 19th ANNIVERSARY



In loving memory of

MARY MC CARTHY

Who passed away on the 15th of June 2022



In loving memory of

MICHAEL (MARTIN)

MC CARTHY

Who passed away on the 24th June 2006

Gurteenroe Macroom

Those we love don't go away They walk beside us everyday Unseen, unheard, but always near Still loved, still missed, still very dear.



Always loved and never forgotten by the Mc Carthy family

MEMORIALS LEE VALLEY OUTLOOK IMPORTANT NOTICE

Please email image and typed text to leevalley@outlookmags.com with a contact number or post to Outlook Magazines, Castleisland, Co. Kerry. Email is preferred to return a proof to avoid errors.

Full Column: €70 Regular Column: €35 Prayers: €15 each

Call 087 1210959 or 087 3600223 | Freephone: 1800 71 40 40

Disclaimer: Published by Outlook Publications Ltd., Tralee Road, Castleisland. Tel: 066 7142179. The Copyright of the graphics, designs and listings is held by Outlook Publications Ltd. While every effort has been made to ensure the information published is correct, Outlook Publications Ltd cannot be held responsible for any errors, omissions or incorrect listing.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of ESTER GOULDING Coachford, Co Cork Who died on June 23rd 2024

As we lovingly remember Ester on her first anniversary, Mary, Michael, Siobhan, Terri and Kevin wish to express sincere appreciation and gratitude to the many who supported and sympathised with us in our sad loss.

Heartfelt thanks to our own extended family, our cousins, friends and neighbours for their kind help and support. Thanks to all who brought food and refreshments, it was very much appreciated. Our sincere thanks to all at Coachford Family Practice, Coachford Pharmacy, the PHN, and the staff of 1B at CUH for their exceptional care and kindness to Ester, and also to us. Our sincere gratitude to all who attended the funeral services, those who travelled long distances to be with us, her many former work colleagues who attended in great numbers and were such an important part of Ester's life. Thank you to those who sent Mass Cards, enrolments and online condolences. The many warm, kind messages were a great comfort to us. Special thanks to Cyril Casey and John Manning of Caseys Funeral Services for their guidance, compassion and thorough professionalism. Special thanks also to Fr Peadar Murphy for Ester's beautiful Funeral Mass and his guidance, kindness and help to us, both during and after Ester's passing. Thank you to the sacristan for preparing the church and to Coachford Folk Group who sang so beautifully at Ester's funeral mass.

Please accept this acknowledgement as a token of our deep gratitude.

Ŷ

May Ester's soul and the souls of all our departed family rest in peace.

"As each day dawns, we think of you. As each night falls, we pray for you".

MEMORIALS

LEE VALLEY OUTLOOK

IMPORTANT

NOTICE

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

Pauline Madden

Curragh West, Aherla Who passed away on the 16th of June 2024

"We hold you close within our hearts And there you shall remain. To walk with us throughout our lives Until we meet again.

So rest in peace dear loved one, And thanks for all you've done. We pray that God has given you The crown you've truly won."

Loved and missed always by your loving family.

As a family, we would like to thank all our family, friends, and neighbours whose generosity and kindness will never be forgotten.

Pauline's first anniversary mass will be on Sunday the 22nd of June at 11.30am in St Joesphs Church Cloughduv.

40th ANNIVERSARY



In loving memory of **RICHIE**

O' CONNELL Coolnadane, Macroom

Coolnadane, Macroom Who passed away on the 18th of June 1985

Our hearts are full of memories With pride we speak your name Though life goes on without you It will never be the same. We miss your smile, your joking ways We miss things you used to say And when old times we do recall It's then we miss you most of all.

ſ

Always loved never forgotten Nora, Michael, Billy, family and friends

20th ANNIVERSARY



In loving memory of

TIMMIE O'LEARY

Inchirahilly, Crookstown, Co. Cork.

> Who died on 21st June 2005

> > Ŷ

Remembered by his loving Family

Rest in Peace

9TH ANNIVERSARY

For Prices Contact Des: 087 3600223



Treasured memories Today and Always

DARRAGH CROWLEY

Masseytown, Macroom, 15 /11/ 1991 - 22/06/2016

So many things have happened Since you were called away. So many things to share with you Dar, if you had only stayed. Everyday in some small way Memories of you come our way. A sadness still comes over us Tears in silence often flow Memories keep you ever near us Though you died nine years ago.

Ŷ

We miss you and love you Always and forever Darragh Dad and Mam, Mason, Steven, David, Brian and their families

5th ANNIVERSARY



In loving memory of

JACK COLEMAN

Ballincollig and Macroom Whose 5th Anniversary occurred on the 9th of June

We never knew that morning What sadness the day would bring, When a heart of Gold stopped beating And we could'nt do a thing.

ዮ

Always remembered, missed and loved by his loving wife Eileen and our families.

Rest in Peace

Full Column: €70 Regular Column: €35 Prayers: €15 each

Call 087 1210959 or 087 3600223 | Freephone: 1800 71 40 40

or post to Outlook Magazines, Castleisland, Co. Kerry.

Email is preferred to return a proof to avoid errors.

Please email image and typed text to ey@outlookmags.com with a contact number

Disclaimer: Published by Outlook Publications Ltd., Tralee Road, Castleisland. Tel: 066 7142179. The Copyright of the graphics, designs and listings is held by Outlook Publications Ltd. While every effort has been made to ensure the information published is correct, Outlook Publications Ltd cannot be held responsible for any errors, omissions or incorrect listing.

13TH ANNIVERSARIES

Father's Day Rememberance & Happy Birthday in Heaven



In loving memory of

DANIEL **O'REGAN**

Remembering you Dad on Father's Day - 15th June 2025

Dad, it's Father's Day We miss you more than words can say Your laughter, and fun, your warmth and love We wish we could give you a great big hug

Although you're not here, In our hearts you'll stay Until we meet up again one day Happy Father's Day Dad, with all our love.

In loving memory of CHRISTINE O' REGAN

Remembering Christine on her birthday which occurs on the 21st June, 2025

Thinking of you today Wishing you were here Remembering you with a mountain of love And an ocean full of tears

Those we love don't go away They walk beside us everyday Unseen, unheard but always near Still loved, still missed and very dear.

ዮ Always cherished, always loved Michael, Gobnait and Owen xxx

3RD ANNIVERSARY



In loving memory of

RAYMOND QUINN

Codrum, Macroom and late of Killarney, Co. Kerry Who left us on 15th June 2022

They are not lost, our dearest loves Nor have they travelled very far Just stepped inside home's loveliest room And left the door ajar.

የት

Loved and remembered by your wife and family

MEMORIALS LEE VALLEY OUTLOOK IMPORTANT NOTICE

3RD ANNIVERSARY



In loving memory of

CONNIE (CON) MOYNIHAN PARKINILLANE, KILNAMARTYRA WHO DIED 7th JUNE 2022

A heart of gold stopped beating, two shining eyes at rest, God broke our hearts to prove, he only takes the best.

Loved every minute, Missed every day by his wife Mary, Natalie, Shane, Dan, Leah, Kayla, Caiden and Dylan.

In loving memory of

JOAN BUCKLEY

Died on 22nd June 2012

Sleaveen East, Macroom

So many thinas have happened we wanted to share. So many times we needed you and wished your were there. Your smile lit up brighter than the sun, You were strong and gentle both witty and fun. Although we smile and make no fuss, no one misses you more than us.



In loving memory of

MICHAEL BUCKLEY

Died on 18th March 2012

Memories are special They don't fade away, We think of you often, Especially today.

የ

Always remembered by their loving family

70TH BIRTHDAY REMEMBRANCE



Forever and always missed

MARGARET LYNCH

Remembering Margaret on her 70th birthday on 10th June 2025

Happy Heavenly Birthday

Today is full of memories Happiness and tears Of birthday celebrations We've shared throughout the years. And though we will always miss you The endless joy you brought, Warms our hearts with gratitude And fill our every thought.

ዮ Love always from your family.

3RD ANNIVERSARY



In loving memory of

MARY MC CARTHY

Villa Atina, Gurteenroe, Macroom Who's 3rd anniversary occurs on the 15th of June

> As we look upon her picture, Sweet memories we recall. Of a face so full of sunshine. And a smile for one and all. Sweet Jesus, take this message. To our dear Mother up above; Tell her how we miss her. And give her all our love.

Always loved and remembered by her daughter Margaret and all family and friends

Full Column: €70 Regular Column: €35 Prayers: €15 each

isclaimer: Published by Outlook Publications Ltd., Tralee Road, Castleisland. Tel: 066 7142179. The Copyright of the graphics, designs and listings is held by Outlook Publications Ltd. While every effort has been made to ensure the information published is correct, Outlook Publications Ltd cannot be held responsible for any errors, omissions or incorrect listing.

Please email image and typed text to

leevalley@outlookmags.com with a contact number or post to Outlook Magazines, Castleisland, Co. Kerry.

Email is preferred to return a proof to avoid errors.

Call 087 1210959 or 087 3600223 | Freephone: 1800 71 40 40

3rd ANNIVERSARY



In loving memory of a dear Mother and Mother-in-Law.

ROSE BARRETT

Cork Road, Dripsey who passed away on the 15th of June 2022.

If Roses Grow In Heaven If roses grow in Heaven Lord, please pick a bunch for me. Place them in my Mother's arms and tell her they're from me. Tell her that I love and miss her, and when she turns to smile, Place a kiss upon her cheek and hold her for awhile. Because remembering her is easy. I do it everyday, But there's an ache within my heart that will never go away.



Sadly missed by your loving Son Paul, Daughter in Law Maeve and grandchildren Kevin, Rachel and Sarah J

16TH ANNIVERSARY & 70th Birthday Remembrance



In loving memory of

Hannah **O'LEARY**

Clodagh, Crookstown

Who died on 15th June 2009 Out of our lives you may have gone,

But in our hearts you still live on.

የቅ

Loved always by your daughters Sharon, Tina, Linda, son Kevin, grandchildren and extended family

30th ANNIVERSARY



In loving memory of **CAROL BARRETT**

Cork Road, Dripsey Died on the 11th of June 1995.

Thinking Of You Sister Although I'm sad without you And wish that you were here, Within my heart your lovely smile Still shines bright and clear. I treasure all those memories Of growing up with you, The secrets we would always share The childish things we'd do. And as the years passed quickly by We arew closer still, I miss you, dearest Sister, And you know I always will.

Sadly missed by

your loving brother Paul and family.

16TH ANNIVERSARY



In loving memory of

LIZ LUCEY Cornera, Inchigeela,

Who died on 23rd June 2009

Time changes many things, But not the memory this day brings, You always had a smile to share, A laugh, a joke and a time to care. A beautiful nature, warm and true, We just want to say we will always love and miss you.

47

Always remembered and sadly missed by her loving family

2ND ANNIVERSARY



In loving memory of

BILLY TWOMEY Inchigeelagh, Who passed away on the 14th of June 2023

We hold you close within our hearts, And there you shall remain. To walk with us throughout our lives Until we meet again.

ዮ

Billy's 2nd anniversary Mass will be held on Sunday the 15th of June at 11.30am in St Finbarr and the Holy Angels Church, Inchigeela.



In loving memory of DÓNAL (DANIEL) TWOMEY Coolierher, Ballymakeera, Co. Cork,

who died on 9th June 2020.

You left us beautiful memories, Your love is still our guide. Although we cannot see you, You're always at our side. Mairfidh tú in ár gcroíthe go deo.

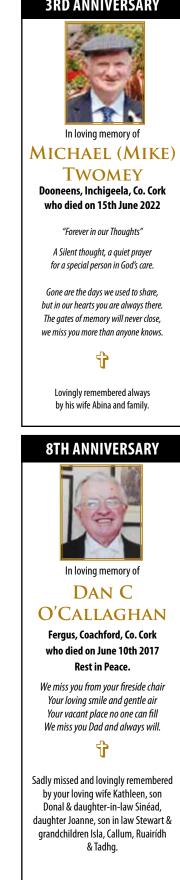
57

Lovingly remembered by his wife Rita, daughters: Norma, Marjorie, Majella, sons: Michael, Conrad, Don, and extended family.

Anniversary mass on 14th June at 6pm in St. Gobnait's Church, Ballyvouney.

3RD ANNIVERSARY

For Prices Contact Des: 087 3600223



MEMORIALS LEE VALLEY OUTLOOK IMPORTANT NOTICE

Please email image and typed text to ey@outlookmags.com with a contact number or post to Outlook Magazines, Castleisland, Co. Kerry. Email is preferred to return a proof to avoid errors.

Full Column: €70 Regular Column: €35 Prayers: €15 each

Call 087 1210959 or 087 3600223 | Freephone: 1800 71 40 40

Disclaimer: Published by Outlook Publications Ltd., Tralee Road, Castleisland. Tel: 066 7142179. The Copyright of the graphics, designs and listings is held by Outlook Publications Ltd. While every effort has been made to ensure the information published is correct, Outlook Publications Ltd cannot be held responsible for any errors, omissions or incorrect listing.

For Prices Contact Des: 087 3600223

MEMORIALS AND REMEMBRANCE



Restoration, Marble Granite, Stone, Slate, Plaques, Books, Boulders cut in situ, Kerbing, Chippings etc. Contact: 087 -3528439





O Most beautiful flower of Carmel, fruitful vine, splendour of heaven, Blessed Mother of the Son of God, immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me here you are my Mother, O Mary conceived without sin, pray for us who have recourse to thee (3 times). Sweet Mother, I place this cause in your hands (3 times). Holy Mary I place this cause in your hands (3 times). O thank you for your mercy to me and mine. Amen. This prayer must be said for three days and after the request will be granted and the prayer must be published. PD

Sales: Des 087 3600223 or Email: des@outlookmags.com

NEW PATIENT OFFER

WHAT'S INCLUDED:

- Chiropractic & Postural Exam
 Full History
- Scans Diagnosis & Recommendations



CALL 021 487 8465

Claim Your Offer NOW

simply call our clinic quoting 'Lee Valley', or scan the code below to book online



SCAN THIS CODE with your phone



Highly experienced & friendly chiropractic team

POWERED BY SOLAX!

10 panels + Solax X1 G4

After Grant Price C5,400 Ideal for smaller homes or low energy

14 panels + Solax X1 5kW

Inverter + 5.3kWh Battery

er Grant Price C7

to store solar power for evening use.

🕀 solar@jmenergy.ie

Ballingeary, Co Cork

Great for medium-sized homes wanting

users who want to start saving right away.

5kW String Inverter

OFFER 1: SMALL SYSTEM

OFFER: 2: MEDIUM SYSTEM



On-site diagnostic scanning



Get advice from expert doctors who specialise in helping people get out of pain



Modern and comfortable clinic with free on-site parking



STATION RD., BALLINCOLLIG 021 487 8465 www.optimalchiro.ie

At Optimal Chiropractic, we care for patients with a wide variety of conditions, including back pain, neck pain, leg pain, sciatica, migraines, headaches, and fibromyalgia.

Search OPTIMAL CHIROPRACTIC online & CHECK OUT OUR 5 STAR REVIEWS

SOLAX

Please Note; When you book this special offer our team will request €40 to secure the appointment. Thank you.



18 panels + Solax X1 5kW Inverter + 5.3kWh Battery

After Grant Price C9,200

Suits larger homes with higher energy needs and a focus on energy independence.

OFFER 4: BIG ENERGY BUNDLE

22 panels + Solax IES 5kW Inverter + 10kWh Battery

After Grant Price €12,200

Ideal for big households wanting maximum solar power and storage.

Whether you're just starting your solar journey or looking for a larger system with storage, we have 4 tailored offers to suit every household. Each package includes high-quality Solax inverters and financing options are available to help make the switch even easier. All installations with batteries come with a double socket for backup power. To avail of th e offers, a deposit must be paid before June 30th. Residential installations only.



64 Outlook 12.06.25

026 68004