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Macroom St. Patrick's Day Parade Committee member Pat O'Connell presenting the Best Group Award at the parade to Deirdre & Rita O Sullivan of the O'Sullivan School of Irish Dancing. This year the O'Sullivan Irish Dancing School had 137 dancers participating in the parade drawn from Macroom and many surrounding areas. Congratulations to the O'Sullivan School of Irish Dancing

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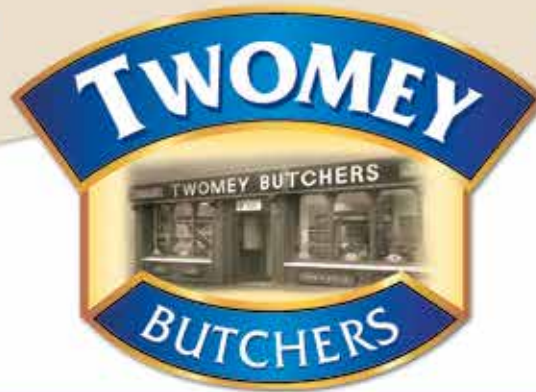
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If you cannot access physical copies, the LVO can be viewed online at: <https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following

week's edition. Due to print processes, late submissions will be published in the following edition.

As always submissions as Gaeilge are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you would like to submit an article as bearla nó as gaeilge, please feel free to email us here on leevalleyoutlook@macroom.ie, we would love to hear from you.

Go raibh maith agaibh, Peter & Gráinne

For Advertising email Des. E: des@outlookmags.com

Please note Des has a new number

087 3600223

MACROOM ST PATRICK'S DAY PARADE AWARDS

"Macroom St. Patrick's Day Parade Committee member Pat O'Connell presenting the Best Group Award at the parade to Deirdre & Rita O Sullivan of the O'Sullivan School of Irish Dancing. Rita had been teaching Irish Dancing for over 60 years and has supported the Macroom St Patrick's Day parade since it started. Her daughter Deirdre has taken over the role of dancing teacher, and she now maintains the high standards of teaching delivered by the school. This year the O'Sullivan Irish Dancing School had 137 dancers participating in the parade drawn from Macroom and many surrounding areas. They performed wonderfully for the reviewing stand on the day. Congratulations to the O'Sullivan School of Irish Dancing"



Image right: Pat O'Connell from Macroom's St Patrick's Festival Committee presents the award to John O'Sullivan of Event Videography for the best commercial entry in the St Patrick's Day Parade with their Netflix Formula 1 Series. Included in the photo is Laura, Jackson & Isobel O'Sullivan.



Rory Buckley Chairperson of the Macroom St Patrick's Festival Committee presents the award for the Best Festive Shop Window to Eileen Lynch of the Webb Boutique



Lara O'Sullivan the 2025 Flower of Macroom.



Flowers of Macroom 2025. Left to right. Aoife Coleman previous winner, Kate Brennan, Kiera Healy O'Brien, Brendan O'Brien, Lara O'Sullivan the 2025 Flower Of Macroom, Annette Dilworth

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Ed 07 - 3rd April 2025

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KNOCKNAGOUN, RYLANE, CO.CORK, P32PW62
Killian Lynch Auctioneers are pleased to offer this spacious 3 bedroom bungalow on C.0.6 acres. The house which was constructed in 1995 extends to C. 1113 sq ft and is in excellent condition throughout. The property comes with landscaped gardens and a small grass paddock to the side of the property. The house is within walking distance of Rylane village, C.20 minutes from Macroom and C.30 minutes from Cork city.
BER: C2 (117370742) GUIDE PRICE: €295,000



6 THE WALK, LIOS NA FEA, MACROOM, CO.CORK, P12 XH56
Killian Lynch Auctioneers are pleased to offer this 3 bedroom semi detached house which comprises of C.1050 sq ft living accommodation throughout. The property is in turn key condition and has a south facing rear garden, making it an ideal family home & it also has a good BER rating of B3 making it an energy efficient house & also qualifies it for a green mortgage. Located only C.1km off the Macroom bypass interchange junction, C.2km from Macroom town centre and C.30 minutes drive from both Cork city and Killamey. Viewings highly advised. **BER: B3 (107262859)**
GUIDE PRICE: €290,000



VAUGHAN'S CAFE, NORTH SQUARE, MACROOM, CO. CORK, P12DK11
Killian Lynch Auctioneers are pleased to offer this large commercial premises situated in a much sought after central part of Macroom town square with a high footfall, neighboring properties include Bank of Ireland, PTSB and Val's Takeaway. The property which comprises of C.1725 sq ft accommodation operates as a thriving cafe with potential for overhead accommodation. The property can also be purchased with an adjoining C.280 sq ft ground floor commercial unit. **BER: G**
GUIDE PRICE: €160,000

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NO.26 SUMMERSTOWN GROVE, GLASHEEN, CO.CORK T12WR8F
Killian Lynch auctioneers are pleased to offer this very spacious 4 bedroom semi detached house with large front and rear gardens. The property which comes in excellent condition throughout is overlooking a large green area to the front and extends to C.1557 sq ft living accommodation throughout. The property is centrally located only C.0.7km from CLU, C.10 minutes from Cork city centre. This is a once off opportunity to acquire a beautiful family home in a mature quiet area. **BER: C1**
GUIDE PRICE: €420,000



NO.49 THE HERMITAGE, MILLSTREET ROAD, MACROOM, CO.CORK P12RH50
Killian Lynch Auctioneers are pleased to offer this pristine 3 - 4 bedroom house extending to C.1370 sq ft living accommodation. The house which is an ideal family home has been modernized and extended to include a converted attic, new kitchen and overall just beautiful decor throughout. Situated in a south facing site, the house is only C.1km from Macroom bypass, C.30 minutes from Cork and within walking distance of Macroom town centre. **BER: B3**
GUIDE PRICE: €315,000



NO. 95 RAILWAY VIEW, MACROOM, CO.CORK, P12 N124
Killian Lynch auctioneers are pleased to offer this spacious ground floor office to rent which is fully set up with reception room, private office and toilet. The property extends to C.400 sq ft and is located adjacent to Main Street, within walking distance of all services and amenities.
RENT: €120 PER WEEK

Are you thinking of selling your property?

CONTACT OUR OFFICE ON **026-41421** IN CONFIDENCE FOR A **FREE** VALUATION.

MACROOM GIRL GUIDES

Ladybirds

Ladybirds had a fantastic time planting flowers for Mother’s Day and working towards earning their engineering badge!

Brownies

MacEgan SB visited Ardilaun Brownies on the 27th of March to help Brownies earn their Performing Arts badge. Brownies had a wonderful time choreographing dances, recognising music patterns, designing album covers and taking part in a dance battle with MacEgan Rangers.

Guides

CCFR Meeting

On Friday 21st of March we were delighted to welcome members of Critical Care First Responder Group and the National Ambulance Service to our meeting. The group members spoke about their role in the CCFR group and what happens when they receive a call. We split into separate groups to practice CPR and to see what they carried in their bags. We went out to the ambulance to learn about paramedic training and medical equipment like the blood pressure monitor and nebuliser. We learnt that the NAS is supported by over 140 community first responders. CPR is a very



Guides and SB with Critical Care First Responders on the 21st of March

important skill to have and we are all very grateful to be given this opportunity to learn. Thank you to Deirdre, Owen and Anna Marie for all that you taught us.

MacEgan SB

Recently, members of MacEgan Rangers attended an Area Meeting in Ballincollig. Members had the chance to expand on their knowledge of the ins and outs of IGG at a higher level and worked towards earning their Silver Guiding pin.

Members of MacEgan Rangers also participated in the CCFR meeting with one of the girls describing it as “a very beneficial and important experience”. Additionally, Rangers enjoyed a cinema trip to see Snow White and planning future meetings with Ardilaun Brownies. For further information on joining our Ladybird, Brownie, Guide or Senior Branch units please contact macroomguides@gmail.com



Ladybirds with their flowers for Mother’s Day



Ladybirds working on their engineering badge

MACROOM FLOWER & GARDEN CLUB

Macroom Flower & Garden Club will host a Floral Demonstration at Coolcower House P12E135 on Thursday 10th of April by Mary Keogh (AOIFA) Limerick entitled “Easter Delights”. New

members and Visitors welcome. There will Club Competitions and Sales table. Deposit for Members June Annual outing (Limerick) will be accepted on the night. Further details 087-9821708



Members of Macroom Flower & Garden Club at The Castle Hotel St. Patrick’s Day Post parade.

Crookstown for Gaza

Macroom’s Kool café have held numerous fundraisers for humanitarian aid for Gaza over this last year and more, each well attended and very generously supported by the local community.

The people in Gaza have directly benefited from this, with funds delivered on the ground, helping to buy food for a starving population, providing clean water and urgently needed medical supplies.

Our next fundraiser will be held in Crookstown community hall, this coming Saturday the 5th of April, from 6.30 until 10pm.

It’s set to be a great night, with musicians such as Greenshine, The Lost Gecko, poet Anton Floyd, and many others performing for this worthy cause.

A delicious buffet will be provided on the night by our local Palestinian community, with a raffle too, prizes kindly provided by several local businesses.

We look forward to a great turnout for this worthy cause, and even if not able to attend on the night, all donations will be most gratefully accepted at Kool cafe. Tickets are €25, and are available at eventbrite.ie and on the door. All welcome!



1 Kilometre from the by pass!

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DE LA SALLE College Macroom



DLS TY students attended the Munster Driving School. It was a fantastic opportunity for them to develop practical driving skills and gain valuable hands-on experience

Seachtain Na Gaeilge 2025

To start off the Seachtain Na Gaeilge our Irish club made up of first and second years learnt céile dancing. Our fourth years had a games day where games like connect-4, Jenga, and uno were played with some rewards of easter eggs. All classes held a cic fáda, tráth na gceist was also held in all classes all over the school with winners also receiving easter eggs. Classes also watched many short films over the week like 'Caca Míil's' and 'Filleann an feall'.

Chun tús a chur le Seachtain na Gaeilge, d'fhoghlaim ár gclub Gaelach an chéad agus an dara bliain damhsa Céile. Bhí lá cluichí againn sa cheathrú bliain inar imríodh cluichí ar nós connect-4, Jenga, agus uno le roinnt luach saothair d'uibheacha cáscá. Bhí cic fáda ag gach rang, bhí tráth na gceist ar siúl i ngach rang ar fud na scoile agus fuair na buaiteoirí uibheacha cáscá chomh maith. D'fhéach na ranganna ar go leor gearrscannán i rith na seachtaine freisin 'Caca Míil's' agus 'Filleann an feall'.

Lourdes: A Town of Faith and Service

Nestled in the picturesque Pyrenees Mountains of southwestern France, Lourdes is a small town renowned for its significance as a major Catholic pilgrimage site. This fame stems from the reported apparitions of the Virgin Mary to Bernadette Soubirous, a young peasant girl, in 1858. The town is home to the Sanctuaries Notre-Dame de Lourdes, attracting millions of visitors each year.

De La Salle Macroom has a special connection with Lourdes. Annually, the school sends two volunteer

students to assist the sick and elderly residents of Lourdes. These dedicated students offer their support in various ways, contributing to the community and participating in spiritual activities. Through their service, they aim to deepen their spiritual connection and provide support to those in need.

U16 Hurling Semi-Final

Last Thursday, the De La Salle U16 hurlers faced Carrigtwohill Community College in Carrigaline as part of the 'C' Cork Colleges competition. De La Salle had a slow start, trailing by 4 points before they managed to get on the scoreboard. However, they rallied before halftime, closing the gap with a flurry of points. The halftime score stood at De La Salle 1-4, Carrigtwohill CC 0-8.

De La Salle emerged from the break with renewed energy, buoyed by their strong finish to the first half. With impressive scores from Dylan O'Shea and Aled Hopkins, and a crucial goal, they turned the game around, leading 2-8 to 1-9 with just three minutes remaining. In a dramatic finish, Micheal Creed made a brilliant save to maintain De La Salle's lead. Micheal Twohig then sealed the victory with a final point, making the score De La Salle 2-9, Carrigtwohill 1-9.

This outstanding result propels the team into the final of the competition, a testament to their determination and skill. This team now face Carrigaline in the Final at a date to be confirmed.

Auxiliary Visitor Br Tommy Walsh and Director of Formation Pat Walsh Visit De La Salle

On Wednesday, 19th March, De La Salle welcomed

Auxiliary Visitor Br Tommy Walsh and Director of Formation Pat Walsh. During their visit, Br Tommy and Pat engaged the staff in a thought-provoking discussion about the Lasallian ethos and its manifestation in the classroom. Their presentation was highly engaging, encouraging staff to reflect on their practices and emphasizing how the five core principles underpin every decision and interaction with students.

The presentation highlighted that while these principles may not always be consciously applied, they instinctively contribute to a successful classroom environment. The session concluded with a group activity where staff members collaborated to choose one core principle and discuss ways to further integrate it into the school's daily practices.



A massive congratulations to De La Salle's Tadhg O Driscoll on winning a Scholarship to the Gaeltacht in Dingle this summer, sponsored by Cumann Lúthchleas Gael na Mumhan



De La Salle class, 1B receiving their certificates of achievement from the Mel Committee of Ireland for their participation in the Lasallian Competition 2025.



Auxiliary Visitor Br Tommy Walsh pictured at De La Salle College Macroom with John Murphy, Eric Greham, and staff members. Director of Formation Pat Walsh also visited

CROOKSTOWN VINTAGE CLUB NEWS

Bernard Crowley was recently appointed Chair of Crookstown Vintage Club. A long time member, and familiar voice at the annual field day, Bernard replaces outgoing Chair Tony McCarthy. After 6 years at the helm, Tony takes a well earned break, but remains actively involved in planning and running club events. Mary Kenneally maintains the Treasurer position, while Elmarie Corcoran continues as Secretary. Wednesday night's meeting was well attended. While planning is well under

way for the Vintage weekend at the end of August, the main focus was the upcoming road run which takes place each year, on the Sunday following St. Patrick's weekend. This year's run begins with sign-on at 10:30am in Crookstown hall with the first vehicle away at 12 noon. Last year, the run generated €6000 for Marymount Hospice. This year's run will benefit Pieta House. Pieta provides a range of services to people who are experiencing thoughts of suicide, those who engage in self-harm, and those bereaved

by suicide. Pieta can offer these services for free, in no small part due to the generosity of communities. Crookstown Vintage Club is delighted to contribute to such deserving charities with the support of car, truck and tractor drivers, and motorcycle riders, travelling some scenic Lee Valley roads along the way. Pieta has a free 24/7 Crisis helpline: 1800 247 247 or Text HELP to 51444

BRIERY GAP

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BRIERY GAP BOX OFFICE HOURS & VENUE INFORMATION :

MONDAY (OPEN 1 HOUR BEFORE OUR CINEMA SCREENING)
THE BRIERY GAP BAR/SHOP IS OPEN 30 MINS BEFORE SHOW START TIME
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WEDNESDAY 10AM - 2PM
THURSDAY 10AM - 2PM
FRIDAY 10AM - 2PM
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FÉILE NAÍSIÚNTA NA DRÁMAÍOCHTA 2025

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LIVE MUSIC | PAUL SPRING
LIVE MUSIC | SCULLION
LIVE MUSIC | TOMMY FLEMING
CONCERT IN FILM
THEATRE | WAKE IN THE WEST
COMEDY | ANNE GILDEA



FÉILE NAÍSIÚNTA NA DRÁMAÍOCHTA 2025 | FRI 4TH APRIL 2025, 7.30PM & SAT 5TH APRIL 2025 6.30PM



CINEMA DOUBLE BILLING | IFI@BRIERYGAP MICKEY 17 | MON 7TH APRIL 2025 8PM & WED 9TH APRIL 2025 8PM



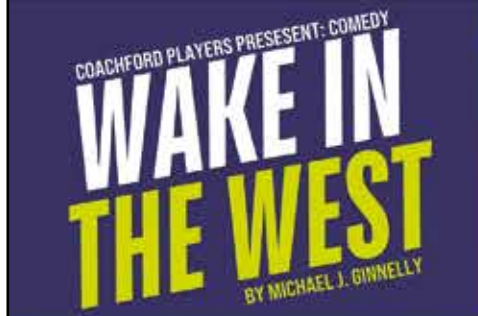
LIVE MUSIC | MUNDY
SAT 12TH APRIL 2025 8PM



IFI@BRIERYGAP | FAMILY | PUFFIN ROCK & THE NEW FRIENDS
SUN 13TH APRIL 2025 | 3PM



CONCERT IN FILM | ANDRÉ RIEU'S 75TH BIRTHDAY CELEBRATION | SUN 13TH APRIL 2025 7.30PM



THEATRE | COACHFORD PLAYERS PRESENT WAKE IN THE WEST
SAT 26TH APRIL 2025, 8PM



LIVE MUSIC | PAUL SPRING | FRI 2ND MAY 2025, 7.30PM



LIVE PODCAST | NIALL 'BRESSIE' BRESLIN WHERE IS MY MIND?
LIVE TOUR 2025 | SAT 17TH MAY 2025, 8PM



LIVE MUSIC | SCULLION | SAT 31ST MAY 2025, 8PM



COMEDY | ANNE GILDEA FURTHER ADVENTURES IN WOMANING
SAT 7TH JUNE 2025, 8PM



LIVE MUSIC | TOMMY FLEMING IN CONCERT | THURS 23RD OCT 2025 8PM

MCEGAN COLLEGE



McEgan College 2nd yr students with teachers Mr. Long & Mr. Browne and staff of Boots Pharmacy Half Moon Street Cork. McEgan collaborates with Boots on a programme called Business in the Community aimed at helping students understand the every day working of a business.

2nd Yr Business collaboration with Boots Pharmacy:

A group 2nd Year Students visited Boots flagship store on Half Moon street in Cork City in partnership with Business in the Community . Students got a behind the scenes tour of what it takes to run a Business across a number of departments with workshops being held. These included Pharmacy, Stock Control, Management and Fragrances. A huge thank you to Boots and Business in the Community for a very enjoyable day.

Fundraiser Walk to remember Ms Susan Dineen:

Our Student Council recently organized a 5K walk/run in memory of Mrs. Dineen, bringing our school community together for a meaningful and uplifting event. With fantastic participation from students and staff, the event was a great success, raising over €800 which will be added to the fundraiser for the sensory room. A huge thank you to everyone, Staff & Students who took part, supported, and helped organise the event. The enthusiasm and generosity made it a wonderful afternoon of remembrance and community spirit.

Daffodil Day: McEgan Students were on hand outside the AIB in Macroom on Friday 28th selling the Irish Cancer Merchandise . Thank you to everyone who so generously donated on the day.

Learning Life Skills in Home Economics: First year Home Economics have been busy learning skills for life. Over the last few weeks, they have made pancakes, omelettes, eggs four different ways and this week soda bread or arán soide for the week that was in it! Each student made a loaf each and were delighted with their achievement! Well done on all you have learned so far!

Seachtáin na Gaeilge: Bhí Seachtain na Gaeilge lán de cheoil agus craic i gColáiste Mac Aogáin an tseachtain seo chaite. Bhí réimse leathan d’imeachtaí ar siúl le haghaidh daltaí agus múinteoirí araon le linn na seachtaine chun an Ghaeilge a cheiliúradh. Bhí atmaisféar iontach timpeall na scoile agus na daltaí/ múinteoirí ag glacadh páirt i Zumba trí Ghaeilge, Tráth an gCeist, Céilí, Seisiún Ceoil, Biongo, Gearscannáin agus go leor imeachtaí eile. Bhí sé ar fheabhas! Is beatha teanga í á labhairt !Tír gan teanga, tír gan anam!

Basketball: County Champions! Huge congratulations to our 1st year team, who won the County Final today in Neptune Stadium, defeating Nano Nagle College on a scoreline of 34-19! An exciting game, full of drama, and a fantastic achievement for the team. The boys received a Guard of Honour from the school on their return to Macroom—a really special moment! A big well done to

their coaches, Mr. Devane and Mr. Cronin, for their hard work and dedication. Hard luck to our 2nd year team, who narrowly lost out today, on a scoreline of 24-19 to Coláiste Éamonn Rís in their final. A spirited performance, and an incredible achievement to reach the final. Well done, lads!



Captain of McEgan College 1st Yr boys Basketball Team Hen-nadi Lisovyi receiving the Trophy.



McEgan College 2nd Yr Students who were runners up in the Cork County Basketball ‘D’ Finals on March 27th . Included are Coaches Mr. Devane, Mr. Cronin & Assistant coach Diamond Salami.



McEgan College 1st Year Basketball team who won the Cork County D final on March 27th with Team Coaches Mr. Devane, Mr. Cronin & Assistant Coach Diamond Salami.



James O’Leary & Lillie May Keane 1st year students with the selections of homemade bread they learned to make during Home Economics class.



McEgan 2nd Yr students who visited Boots Pharmacy Half Moon Street Cork as part of the Business in the Community initiative. L to R Benecia Robinson, Yemisi Abiodun, Nicole Harrington, Nicolette Blehova & Marc Blavin.

BRIERY GAP



LIVE MUSIC | SAT 12TH APRIL 2025 | 8PM

mundy

Come see one of our most beloved Irish musicians | MUNDY at Briery Gap. His music has allowed Mundy to travel the world supporting some of the greats; Bob Dylan, Neil Young, Lucinda Williams, Emmylou Harris, R.E.M, Oasis, White Stripes, and the Pogues to name just a few heavy weights. In what is quickly becoming a Briery Gap tradition, live music tends to sell out quickly. We would recommend pre-booking to not miss out on this fantastic show.

Ticket Price | €28

* including booking fees,
terms & conditions apply *



LIVE MUSIC | FRI 2ND MAY 2025 | 7.30PM

Paul Spring

WITH SPECIAL GUEST COLIN TIERNEY

In celebration of "Kind of Heaven" album release, Paul Spring comes to Briery Gap Macroom from New York. Bach meets folk meets layered hypnotic harmonies. Listen to your new favourite album, within the live setting of Briery Gap.

Ticket Price | €20

* including booking fees,
terms & conditions apply *



NUAcht Ó Choláiste Ghobnatan



Bhuaigh an fhoireann sóisear Craobh na Mumhan le déanaí



Seaimpíní Sinsear na Mumhan

SEAIMPÍNÍ NA MUMHAN – SÓISEAR AGUS SINSEAR

Bhí cúrsaí peile na gcaillíní i gColáiste Ghobnatan thar a bheith gnóthach le déanaí. Ar an 11ú Márta d'imir na cailíní sóisearach in aghaidh Pobalscoil Carraig Uí Leighin i gcluiche leath-cheannais na Mumhan. D'imir na cailíní go han-mhaith agus bhí bua iontach againn. Bhí cluiche leath-cheannais na Mumhan eile ar siúl ar an 18ú Márta – an lá sin d'imir na cailíní sinsearach i gcoinne Mount Saint Michael, Ros Ó gCairbre agus arís bhuaigh siad. Bhí Craobh na Mumhan ar siúl ar an 21ú Márta - bhí na cailíní sóisearach ag imirt i gcoinne Coláiste Ide agus Iosef, Mainistir na Féile i Mala. Fuair na cailíní an lámh in uachtar le roinnt cúl luath sa chluiche agus bhíodar chun tosaigh don chluiche iomlán. Bhí bua láidir acu sa deireadh, Coláiste Ghobnatan 9-10 Coláiste Ide agus Iosef 3-09. Craobh na Mumhan sóisear buaite acu, éacht iontach! Bhí garda onóra agus tionól speisialta ag feitheamh orthu nuair a fhilleadar ar an scoil an tráthnóna sin. An fhoireann sóisearach ná Leah Ní Dhuinnín, Andrea Ní Mhurchú, Nicole de Buitiméir, Clodagh Ní Mhulláin, Orla Ní Mhurchú, Claire Ní Aodha (captaen), Amy Ní Chéilleachair, Cliona Ní Mhócháin, Caoimhe Ní Mhulláin, Doireann Ní Mhócháin, Béibhinn Ní Loingsigh, Keely Ní Dhuinnín, Naomi Ní Scanaill, Katie Ní Chonaill, Rebecca Ní Charthaigh, Matilda Ní Luanaigh, Caireann Ní Loingsigh, Ellie Ní Uidhir, Siobhán Ní Bhriain, Eithne Ní Laochra, Sadhbh Ní Bhuachalla, Aisling Ní Chéilleachair, Almha Ní Aodha agus Aifric Ní Chuisín. Bhí na peileadóirí ar an mbóthar arís an Déardaoin dá gcionn agus iad ag lorg bonn na Mumhan eile. Sholáthair Meánscoil na Toirbhirte, Baile an Gharráin an iomaíocht agus imríodh an chluiche i mBántír. Thosaigh na cailíní amach go láidir agus bhíodar i bhfad chun tosaigh ag leath-ama. Imríodar go sár-mhaith agus bhí bua iontach acu sa deireadh. Dúirt Craobh na Mumhan D sóisear agus sinsear buaite acu laistigh de sheachtain amháin! Scór deireanach ná Coláiste Ghobnatan 4-15 agus Meánscoil na Toirbhirte 1-04. Reachtáladh tionól eile ar scoil agus bhí rírá agus ruailte buaile timpeall na háite. An fhoireann shinsearach ná: Matilda Ní Luanaigh, Daisy-Ann Herteich, Aibigeal Ní Loingsigh, Andrea Ní Mhurchú, Saoirse Ní Uidhir, Claire Ní Aodha, Orla Ní Mhurchú, Cliona Ní Mhócháin, Clara Ní Chonaill, Hannah Ní Scanaill, Caoimhe Ní Thuama (captaen), Darcy Ní Bhriain, Doireann Ní Mhócháin, Kayla Ní Uidhir, Amy Ní Chéilleachair, Saoirse Ní Fhógartaigh-Lithgow, Orlaith Ní Loingsigh, Aoife Ní Mhulláin, Sarah

Ní Thuama, Leah Ní Dhuinnín, Nicole de Buitiméir, Keely Ní Dhuinnín, Béibhinn Ní Loingsigh, Étáin Ní Aodha agus Kayla Ní Éalaithe. Mharcáil an ócáid an uair deireanach go mbeidh na cailíní ó bhliain a sé ag caitheamh geansaí na scoile – sin Aibigeal, Clara, Hannah, Caoimhe, Orlaith, Kayla agus Aoife – go raibh maith agaibh a chailíní as ucht bhur seirbhís thar na blianta. Mar scoil táimid ana-bhródúil as na himreoirí – roinnt acu a bhuaigh dhá bhonn na Mumhan laistigh de sheachtain amháin! Cuireann sé sin le pláta na mumhan a bhuaigh cúpla seachtain ó shin. Is mór an éacht é don scoil bheag seo. Ní tharlaíonn gaiscí mar seo gan go leor oibre. Ba mhaith linn ár mbuíochoas a ghabháil le hIníon Ní Shúilleabháin agus Iníon Ní Bhuachalla go háirithe as a gcuid traenála, eagrúcháin agus spreagadh i rith na bliana. Míle buíochoas chomh maith le hIníon de Brún agus Iníon Ní Bhriain a thaisil leo le déanaí (in ionad Iníon Ní Bhuachalla). Buíochoas mór le Cáit a eagraíonn na busanna, Bean Uí Liatháin a eagraíonn an ionadaíocht, Mary a níonn na geansaithre, na múinteoirí as an ionadaíocht a dhéanamh agus tuismitheoirí agus Cumann Naomh Ában as bhur dtacaíocht i gcónaí. Ba mhaith linn tréaslú le St. Mary's a bhuaigh Craobh na hÉireann Sóisear B – féachann sé go bhfuil todhchaí geal i ndán do Pheil na mBan sa chontae.

MÉIHUA CUP – COMÓRTAS SÍNISE

Dáire Ó hAodha

Le déanaí chuamar go cathair Chorcaí chun páirt a ghlacadh sa chomórtas sínise. Bhí orainn amhrán nó scéal tradisiúnta gaeilge a thaispeáint agus iad a mhíniú as Sínis. Bhí cúig fhoireann dhéag ann, trí fhoireann ó Choláiste Ghobnatan san áireamh. Tá dhá fhoireann ó Choláiste Ghobnatan ag dul ar aghaidh go dtí an chéad babhta eile agus deis acu turas go dtí Nanjing a fháil!

FÉILE SCANNÁNAÍOCHTA

le Finín Ó Conaill

Thaisil daltaí na hidirbhliana go hEochail le déanaí chun freastal ar an bhféile scannánaíochta. Chruthaíomar gearrscannán roimh na nollag agus bhí deis againn ár scannán a fheiscint ar an scáileán mór sa phictiúrlann. Bhí seans againn na gearrscannáin ó na scoileanna eile a fheiceáil chomh maith. Bhaineamar an-taitneamh as agus ba mhaith linn ár mbuíochoas a ghabháil le hIníon Nic Íomhair a thaisil linn.

DÍOLACHÁN CÍSTÍ – SHANGHAI

le Niamh Ní Laochra

Bhí díolachán cistí againn ar scoil i rith am lóin chun

airgead a bhailiú don turas chuig Shanghai. Bhailíomar thart ar €400 agus táimid an-bhuíochoas as gach éinne a cheannaigh rudaí agus a thacaigh linn!

CISPHEIL NA GCAILÍNÍ

D'imir cailíní mionúir (Bl 1) Choláiste Ghobnatan an-mhaith sa chluiche leathcheannais cispheile sin aghaidh meánscoil Ashton. Cluiche cóngarach a bhí ann ach sa deireadh bhuaigh Aston le ciseán amháin. An-iarracht curtha isteach ag gach éinne. Go raibh maith agat Bean Uí Chuill as an obair go léir agus Iníon Nic Íomhair a thaisil linn.

CLÁR NA GCOMHLAÍOCHTA

le hAobha Ní Mhuimhneacháin

Ar an gCéadaoin an 12ú Márta ghlacamar páirt i gcomórtas Clár na gComhlachtaí a bhí ar siúl in Óstán Ghobnatan. Bhí ceithre ghrúpa mionchuideachta ann ó Coláiste Ghobnatan agus beidh ár ngrúpa Meascán Seastán ag dul ar aghaidh go Craobh na hÉireann a bheidh ar siúl sa Ghailimh i mí Aibreáin. Bhí lá deas againn, ag bualadh le grúpaí eile. Buíochoas mór le hIníon Ní Chéilleachair a chabhraigh go mór linn ar fad.

SCRÚDUITHE

Faoi láthair tá roinnt daltaí ón tríú agus ón séú bliain ag obair go dian chun ullmhú do na scrúduithe. Dhein daltaí ón Idirbhliain an scrúdú, Teastas Eorpach na Gaeilge (TEG). Gabhaimid ár mbuíochoas leis na múinteoirí atá ag cabhrú leo go háirithe Iníon de Staic agus Iníon Ní Bhriain. Inné bhí an scrúdú praiticiúil ann sa cheol. An tseachtain seo beidh daltaí ó bhliain a trí agus déanamh an scrúdú praiticiúil sa chócaireacht. I rith saoire na Cásca beidh na scrúduithe béil ar siúl. Gabhaimid ár mbuíochoas leis na múinteoirí atá ag cabhrú leo go háirithe Iníon Ní Bhriain, Iníon de Staic, Iníon Ní Chollata, Iníon Ní Chéilleachair, Iníon Nic Íomhair, Máistir Ó Duinneacha agus Iníon Ní Ríordáin. Guímid gach rath ar na daltaí go léir!

FOCLÓIR

- seaimpíní – champions
- tionól – assembly
- in éadan – against
- iomaíocht – opposition

ÁR MEÁIN SHÓISIALTA

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Daltaí bhliain a sé a bhuaigh Craobh na Mumhan - Orlaith Ní Loingsigh, Aibigeal Ní Loingsigh, Caoimhe Ní Thuama (captaen), Hannah Ní Scanaill, Kayla Ní Uidhir agus Clara Ní Chonaill



Saoirse Ní Uidhir, Andrea Ní Mhurchú, Doireann Ní Mhócháin, Claire Ní Aodha (captaen) agus Darcy Ní Bhriain ag Craobh Sóisear na Mumhan

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ST MARY'S NEWS



Winners of the Student Enterprise Competition in Cork, Sinéad D'Souza and Muireann Kerry



Éabha Ní Chonaola and Cara O' Brien at the Old Waterworks Experience Cork for the semi finals of the Young Environmentalist Awards



Bake Off Participants from 1st - 4th year

Bake Off

Our Home Economics Department ran a St Patrick's Day themed 'Bake Off' in school recently with 7 finalists from 1st - 4th year. 1st year: Jessica Forde, Katie White, Éabha McCarthy; 2nd year: Niamh Lehane and Julia Hynes; 3rd year: Sarah Neville; 4th year: Chloe Lehane. Well done to everyone who entered this year's bake off. The standard of talent and culinary skills were excellent. Happy St. Patrick's day! 1st place goes to Eabha McCarthy (1st year), Sarah Neville (3rd year) in 2nd place and 3rd place to Niamh Lehane (2nd year). Thank you to Ms Martin, Ms Murphy and Ms O' Donovan for running this competition for the girls.

2nd and 3rd Year Retreat

Mike Shortt and Ruth from An Tobar Nua visited the school to provide 2nd and 3rd yr students with a spirituality and well-being day recently. An Tobar Nua Retreat focuses on developing the student's overall well-being and encouraging faith in an interactive, relatable, fun & contemporary retreat. Through engaging games and activities, they encouraged students to reflect and explore their spiritual and personal growth. Thank you to our religion department for organising this enjoyable day for the 2nd and 3rd years.

Maths Quiz

Well done to our two teams of 3rd years who recently took part in the Pi Quiz in Coláiste Ghobnatan. The girls performed exceptionally well on the day given very tough competition! Thank you to Ms M Kelleher and Ms Kerrigan for traveling with the girls!

Sean Nós Singing Workshop

During Seachtain na Gaeilge, music students from 1st, 2nd, 5th, and 6th year had the opportunity to participate in a sean-nós singing workshop led by the

renowned singer and teacher, Joe Creedon. Joe taught in Dingle for 30 years including a mix of sean-nós and traditional singing. He is a part of the Aisling Gheal Project i nGaeltacht Mhúscraí, while also teaching in Coolea and Baile Bhúirne. He has won All Ireland senior singing in both English and Irish at Fleadh Cheoil na hÉireann. Joe is also a member of Cór Chúil Aodha and Macroom Parish Choir. With sean-nós deeply rooted in the local tradition, Joe introduced students to traditional songs from the area, helping them to develop a greater appreciation for sean-nós singing, which continues to flourish in the community. He spoke about Éigse Dhiarmuidín, an annual festival celebrating the tradition. Through the workshop, students gained valuable insights into both the musical and historical significance of this festival and the broader sean-nós culture in their local area. Thank you to Ms M Collins for organising this for the girls.

TY Activities: ECO Dens Semi Finals

Éabha Ní Chonaola and Cara O' Brien traveled to the Old Waterworks Experience in Cork recently to take part in the ECO Dens semi finals of the Young Environmentalist Awards with their project on 'Attitudes towards Birds of Prey and Hen Harrier Conservation in Ballyvourney'. The girls received training in how to do their pitch to the judges which helped put them at ease for the judging session. The judges were very impressed with Cara and Éabha's project and commended them on their work. Results for the semi finals have not yet been released. Well done girls and thank you to Ms O' Keeffe for traveling with the girls.

TY Languages Day

"We held our annual Think Languages day on Wednesday the 19th of March. We learnt some phrases

in different languages like Chinese and Japanese and made a booklet with a few phrases. We also had waffles, prepared by some of the students!" Report by Jessica Murphy, TY Promo Team. Thank you to Ms Dwyer and the languages department for organising a very enjoyable and comprehensive languages day for our Transition Years.

Student Enterprise Regional Final

"A massively successful day was had in MTU on Tuesday the 25th of March at the Student Enterprise Regional Finals. St. Mary's had 12 projects among the 250 students competing and came away with a hoard of prizes. All the girls had to pitch the company that they had been working on over the year to a panel of judges. Projects were judged on their pitch, display, and business reports. It was our most victorious year yet coming away with 3 category prizes, and as overall winners. Best Brand went to 'Inspofleek' run by Pia El Asmar and Ciara Sheehan. Most sustainable business went to 'Climate Cairde' run by Emily Mehigan, Clodagh Browne and Ciara Twohig. Best display went to 'Colour My Story' run by Chloe Lehane, Rachel Twomey, Ruth Cotter, Róise O' Connor, and Hannah Griffin. And finally, overall winners of the senior category now progressing to the All-Ireland National Finals in Mullingar is 'Éan Bia' run by Sinéad Dsouza and Muireann Kerry. A huge congratulations to all the girls who participated and a very deserving thank you to Ms. O' Donoghue and Mr. Galvin for their support and expertise throughout the competition." Report by Chloe Lehane, TY Promo Team.



Cynthia Ní Mhurchú MEP visited St. Mary's School Macroom and met their Transition Year group. Pictured here are Aindrias Moynihan TD, School Principal Stephen McLaughlin, Maura Walsh CEO IRD Duhallow, Nollaig Murphy IRD Duhallow, Séan O'Cuill TY Coordinator along with the Euroscola group due to visit Strasbourg.



Sean O'Cuill TY Coordinator, student Pia El Asmar, Cynthia Ní Mhurchú MEP, student Emily Meegihan, Aindrias Moynihan TD, Stephen McLaughlin School Principal, Maura Walsh CEO IRD Duhallow and Nollaig Murphy IRD Duhallow.

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Busting Common Myths About Back Pain

by Dr. Ben Martin
 Optimal Chiropractic, Ballincollig

Back pain is a common problem that affects many people worldwide. However, there are many myths and misconceptions about it. Let's uncover the truth about back pain.

Myth 1: Rest is Always the Best Remedy for Back Pain.
 While taking it easy can help with acute back pain, prolonged inactivity often makes the problem worse.

Myth 2: Severe Back Pain Means Severe Damage.
 The intensity of pain doesn't always reflect the severity of the injury. Some minor strains can be extremely painful, while serious conditions like disc degeneration may cause little or no discomfort. Always seek professional assessment rather than assuming the worst.

Myth 3: Back Pain is Always Caused by Spinal Problems.
 While spinal issues can contribute to back pain, they're not the only cause. Stress, poor posture, muscle imbalances, and even psychological factors can play a significant role. Addressing these aspects holistically can lead to better long-term relief.

Myth 4: Fit People Don't Get Back Pain.
 Being active and fit is beneficial, but it doesn't make you immune to back pain.

Myth 5: Surgery is the Only Sure Cure for Back Pain.
 Surgery is not always the answer. Many back pain cases can be successfully managed with non-invasive treatments such as chiropractic care, physical therapy, deep tissue massage, and lifestyle changes. Exploring these options first can often lead to lasting relief.

Conclusion: Find the Right Approach for Your Back Pain
 Understanding the truths about back pain is essential for effective treatment and long-term well-being. Instead of just addressing symptoms, it's crucial to find and treat the root cause. Consulting with a healthcare professional, such as a chiropractor, can help determine the best course of action tailored to your needs.

Athletes and physically active individuals can develop back issues due to overuse, improper technique, or undetected underlying conditions. Proper body mechanics and recovery strategies are key.

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Tidy Towns officers Martin Coughlan, Lisa Manning and Joe Cronin attended the Presentation of Awards for the Southwest and Mid-West Region as Gold Medal Winners on March 24th in Ballincollig. The awards were presented by Jerry Buttimer and Michelle Griffin, Strategy Manager with Super Valu. There were over 80 awards presented on the night as well as nine Special Awards. In 2024, 904 towns and villages entered the Competition nationally. This involved over 30,000 volunteers who volunteered over one million hours. An incredible achievement no doubt.

Biodiversity Plan: A Biodiversity Plan for Macroom has just commenced. A professional ecologist has been engaged, and this will comprise habitat mapping and making recommendations on various initiatives throughout Macroom and its environs. Everybody can contribute to this, individuals, businesses, groups and organisations, landowners of any sized properties, larger landowners like the Co. Co., the Castle Demesne, GAA, Golf Club etc. A grant for preparing this plan has

been secured from Community Foundation Ireland in Partnership with the National Parks and Wildlife Services to protect and promote nature and wildlife and protect and enhance existing habitats. For further information on this please contact John Lyons, our Climate Ambassador and biodiversity officer.

Decarbonisation Zone; Macroom has been selected as the pilot town Co. Cork to be designated a Decarbonisation Zone. This is part of Cork Co. Co. Climate Action Plan and various initiatives that serve to reduce the Carbon Footprint of people's activities are being promoted. Again, further information can be had by contacting John Lyons.

Bishop McEgan TY Students and teacher Hazel Bourke carried out their 'an Taisce Spring Clean'. Thanks to all who participated, it is much appreciated.

Anti-Litter Competition: The Cork County Council Anti-Litter Competition is back again this year. The first judging period is taking place from 28th April to 7th of May, second judging period is taking place from 12th May to 21st May, with the third and final judging period taking place from 28th May to 4th June. During the judging, selected stretches on the Main Streets, lane ways and square will be checked, the focus been on litter. The number of pieces of litter found will be counted and marks lost accordingly. On each of the Judging Periods, one estate will be selected for Judging. The estates to be judged this year are The

Glenties, Oakwood and Sullane Weirs. The judges also select a different estate on the day, so it is very important that all residents ensure that their area is always litter free from April to June.

Spring Clean; Macroom Spring Clean will take place throughout the month of April, meeting in the square at 9:30am each Saturday Morning. Children are more than welcome to attend once accompanied by an adult. This is an opportunity for you, your friends or family or work group to come out and make a small contribution. Volunteers are required each weekend in April so why not come along, and bring a pair of gloves and maybe a litter picker. Many hands make light work.

Tidy Towns volunteers have been busy over the last few weeks with stewarding and preparing for the St Patrick's Day Parade, erecting and removing the Shamrocks across the street, the crowd control barriers, the stage on top of the usual works, litter picking, grass cutting, Fairy Garden maintenance, biodiversity garden maintenance etc.

Come and join us some Saturday Morning at 9am at our base in Maseystown, we are always open to new people joining in and helping with the work. If you have any questions, feel free to contact Lisa at 087-1434770.



TY Students and Teacher Hazel from Bishop McEgan who did An Taisce Springclean



Macroom Tidy Towns Gold Medal win



Macroom Tidy Towns Officers Lisa Manning, Martin Coughlan and Joe Cronin receiving their Gold Medal from Jerry Buttimer TD and Michelle Griffin Super Valu



Macroom Tidy Towns Volunteers at St Patrick's Day Parade




Landowners and some club members at the recent Macroom Ploughing Match



Presentation of Cheque by Muskerry Vintage Club Committee to Fiona Twomey and Connie Murphy for €630 on behalf of Ionad Lae Ballyjourney

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DEPUTY MARY LOU MCDONALDS AND SENATOR NICOLE RYAN INSPIRE STUDENTS AT MACROOM YOUTHREACH

Macroom Youthreach recently had the honour of hosting Deputy Mary Lou McDonald and Senator Nicole Ryan at their centre. During her visit, Deputy McDonald engaged with students, listened to their concerns, and answered their questions, instilling a renewed sense of hope and significantly boosting morale across the centre. The students were delighted with how well they represented themselves and were impressed by Deputy McDonald's engagement.

Deputy McDonald emphasised the importance of Macroom Youthreach, stating, "Macroom Youthreach is hugely important. Just talking to and more importantly listening to the young people here, I just want to give a shout out to all the young people in Youthreach in Macroom. The talent is absolutely mighty and exceptional."

She continued, "We should really celebrate the fact that our young people in so many different ways, each in their own individual way have so much to offer and so much to bring. We should remind ourselves those who are not so youthful anymore that we rely on our young people to build the Ireland of tomorrow and to make progress for all of us."

The President of Sinn Féin also highlighted the need for a new building to enable Macroom Youthreach Centre to continue their excellent work in the local community. "It is just incredible work being done here, incredible talent and potential and a terrible building. That is the issue here. They are here 20 years. They need



Senator Nicole Ryan, student Aoife and Mary Lou McDonald TD, in the English classroom. Picture: Jim Coughlan.



Mary Lou McDonald TD meeting Ciaran Lynch, Cork ETB and Enda McWeeney, Director of Organisation Support & Development Finance, Procurement, Buildings and Planning & Sustainability and Estate Services Cork ETB. Picture: Jim Coughlan.

a new building. They have identified a new location. The process is underway. Senator Ryan and I are going to work together to move that along as speedily as we can," she added.

The visit has brought attention to the improving reputation of Youthreach programmes nationwide, which are gaining the recognition they deserve. It is encouraging to see that the perception of these

services is becoming increasingly positive. Macroom Youthreach eagerly anticipates the day when they can expand their services to better meet the needs of the student body and the wider community. Congratulations to all the staff and students for their hard work and dedication!



Mary Lou McDonald TD, Youthreach students David O'Driscoll and Dean Martin and Senator Nicole Ryan



Mary Lou McDonald TD receiving a framed pencil sketch from student Bea Norman, also included is Senator Nicole Ryan (left)

NUAIGHT UIBH LAOIRE

Tidy Towns News

The first gathering of the year for the Inchigeela Tidy Towns group began on Tuesday at 10.30 am. There are lots of projects to continue and to "polish up". A core group were out as usual but there is lots of space for more and volunteers are always welcome. The fine weather gives a great impetus to get out and join in the good work and it is a surprisingly great social activity and rewarding as well, when one sees the fruit of one's labour. The "Litter Challenge" is coming up shortly at the end of April. This is a six week event, supported and adjudicated by the Cork County Council, where Towns and villages compete against each other to keep the streets and roadways free of litter. The object of the exercise is to encourage residents to have pride in their home town or village. There are worthwhile prizes awarded to the tidiest entries but the greatest prize is the sight of a clean and healthy environment. Inchigeela has been ever so close to getting a first prize, but were beaten into



The Inchigeela Cheval Group Representative presenting a cheque to Billy Cotter of the Inchigeela Hall Committee.

second place by a point or two (usually by something simple like the careless dropping of a cigarette end or a sweet wrapper. Who knows, maybe this is our year. The big clean up of approach roads to Inchigeela village takes place on Good Friday as usual and this has been always supported very well.

Fundraisers

Two successful fund raising events were held recently in Inchigeela. Firstly, the Friday night bingo goes raised €500 from their raffle for Cancer Connect. This organisation co-ordinates transport to Cork hospitals for people who need treatment. And the second fund raiser was a cheval event, held in the parish, with the proceed of €1,500 going to the Inchigeela hall Committee. Well done to all.

Gougane Clothes Sale

The sale of pre loved clothes in Cronin's Restaurant in Gougane Barra was a super success. Huge crowds attended in support and got some wonderful bargains with great style being on offer. There was also tea/coffee and scrumptious baking consumed in the lovely setting of Gougane. The proceeds of the weekend (€9,000 plus), went to the ARC organization. Well done to the proprietors of Cronin's, all helpers, bakers and supporters for your wonderful work. Moladh mór tuilte agaibh.



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**Sunday
April 6th 2025**



Everybody Welcome

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Walkers (8k route, suitable for families and buggies)

Kiddie Tractor Run (700m @3pm on Sli Bhrain)

NB: €25 entry fee will not apply to Walkers or Kiddie Tractors, but all donations are welcome

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Registration from 09:30 / Leaving at 12 Noon

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Further details contact 087 2579302 or 087 2021511



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• April 5th Carrigadrohid Tidy Towns Community Clean Up 2025! Meet in Canovee NS outdoor classroom at 11am and help us clean our roads.

A Fond Farewell and a Warm Welcome

Coachford Childcare Centre has been a cornerstone of the community since its establishment in 2006, providing a safe, nurturing, and joyful environment for our children. At the heart of it all has been Brenda Tarrant, whose dedication, kindness, and vision built this centre into the cherished place it is today. With a career in childcare dating back to 1993, Brenda has been a guiding force in early childhood education, shaping the lives of countless children with care and compassion.

Not only was Brenda a wonderful leader for the children, but she was also a fantastic employer, creating a team that shared her passion for providing the very best in childcare. Her generosity and encouragement made Coachford Childcare a truly special place to work.

Beyond the walls of the centre, Brenda and Coachford Childcare have always been deeply invested in the

local community, proudly sponsoring various sports teams and events over the years. Her commitment to supporting young people extended far beyond the classroom, helping to encourage teamwork, development, and local spirit in so many ways.

As she steps into a well-earned retirement, we extend our deepest gratitude for her years of hard work, love, and leadership. Brenda's legacy will continue to shine in the happy faces of the children she has helped nurture.

As we say goodbye to one chapter, we also warmly welcome the new owners, Tigers Childcare. We look forward to seeing them build on the strong foundations Brenda has laid, ensuring that Coachford Childcare Centre continues to thrive. With their expertise and passion for quality childcare, we are confident that the centre will remain a place where children grow, learn, and flourish.

To Brenda, thank you for everything and from all the team in the Lee Valley Outlook, thank you for advertising with us down through all the years. To Tiger Childcare, welcome to our community.



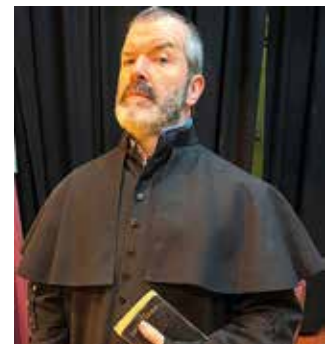
A funny auld wake in Coachford

Corpses, clergy and dentures provide Coachford Players with the basis of their hilarious comedy 'Wake in the West' by Michael J Ginnelly which they will perform in Coachford GAA Hall on Saturday, April 12th, Sunday April 13th, Monday April 14th and Tuesday April 15th at 8pm each night. This fantastically funny play is set in an Irish coastal village. When Tom Healy passes away, his last wish—to be cremated and have his ashes scattered at sea—sends his family and neighbours into a whirlwind of chaos. As they struggle to honour his request, the wake takes unexpected and hilariously absurd turns, involving misplaced dentures, flying insults, marital bickering and some truly unconventional problem-solving. Packed with quick wit and unforgettable characters, this play is a heartwarming and side-splitting celebration of an Irish wake featuring dodgy neighbours, a conservative priest, a returned yank and a rekindled romance. "This is one of the funniest plays we've ever done and we

ÁTHA AN CHÓISTE



Some of the cast of Wake in the West - Eugen O' Sullivan, Katie Ni Mhurchú, Brian McCullagh, Gráinne Donovan, Avril Healy and Pat Lehane.



Eugene O'Sullivan who plays Fr. Cassidy in Coachford Player's production of 'Wake in the West'

are so looking forward to performing it in April. We are once again taking to the stage of the GAA Hall in Coachford for a four night run and we are encouraging everyone to enjoy a great night out." Said Gráinne

Donovan, Chairperson, Coachford Players. The group are also bringing their production to the Briery Gap Theatre on April 26th.

MUINEFLIUCH NS



World Book Day at Muinefliuch N.S



Seachtain na gaeilge at Muinefliuch N.S

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Coachford Players PRESENT

Wake in the West

By Michael J Ginnelly

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BALLYVONGANE NS

Over the past few weeks, there has been plenty of learning and activity happening across all classes at Ballyvongane NS.

For Engineering Week, our students became engineers, designing and constructing bridges using a variety of materials to test their strength and stability.

We recently held a Wellbeing Week, where students took part in activities to promote positive mental and physical health. We undertook various mindfulness activities, including Body Scanning and Mindful Eating. We also created a Gratitude display in our yard using Chalk Graffiti. As part of the Food Dudes programme, children enjoyed tasting a variety of fruit and vegetables, encouraging healthy eating habits. To celebrate Daffodil Day, we went on a Mindful Nature Walk, appreciating the beauty around us.

Bhí Seachtain na Gaeilge againn chun ár dtanga agus ár gcultúr a cheiliúradh. Ar an 14ú Márta,

rinneamar mórshíúl sa chlós chun Lá Fhéile Pádraig a cheiliúradh agus bhí an-chraic againn!

In our school garden, we have been busy planting British Queen potatoes. We also have sunflowers and a variety of other plants ready to plant out. The students have enjoyed getting involved in gardening, learning about where their food comes from. We have also been expanding our language skills with the Say Yes to Languages programme. Ms. O'Donovan has been teaching us French, and the children have really enjoyed picking up new words and phrases.

During Martina's Speech and Drama sessions our students have been building confidence and expressing themselves creatively. They have enjoyed entering fully into a new world or a new character and their improv skills have really improved!

In the Junior Room, we have been learning all about the weather. The children have been measuring temperature, wind direction, and rainfall using

thermometers, wind vanes, and rain gauges. Our theme this month has been 'The Shop,' and there has been lots of role-play and hands-on learning as the children explore money, transactions, and customer service skills!

Earlier in the month, our students made pancakes for Pancake Tuesday, and Aoife treated us to a sushi-making session, introducing students to new flavours and skills. There has been plenty happening at Ballyvongane NS, with more to come in the weeks ahead!

We are currently enrolling children for September 2025. For more information, please contact the school at 02648188 or ballyvonganens@gmail.com. You can follow the school on Facebook to see photos and videos of our activities.



Best friends in the Junior Room at Ballyvongane NS



Celebrating St Patrick's Day at Ballyvongane NS



Planting Potatoes at Ballyvongane NS



On a Nature Walk to our local Woods

DROMLEIGH NS

Well done to the most recent graduates of the 'Friends for Life' programme from Dromleigh N.S. Students engaged enthusiastically with the wellbeing and resilience programme over the last number of months and celebrated with a graduation party upon completion.

Save the Date! Our Parents Association will host their annual Easter Coffee Morning, Bake Sale and Raffle on Friday, April 11th from 10am to 12:30pm. All proceeds go towards the development of our sensory garden.

Keep up to date with all of our activities by visiting us on www.dromleighns.ie.

026 46212 P12DY26 office@dromleighns.ie. Follow us on Facebook 'Dromleigh N.S Kilmichael'




Some of the most recent graduates from the 'Friends for Life' wellbeing programme from Dromleigh N.S.

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Michael Creedon & Co Ltd are pleased to offer this new 3-bedroom semi-detached house in the Gaeltacht village of Ballymakeera. This property is being sold at Builders Finish. This property is available to 1st Time Buyers Grant. This property is in an ideal location as it is a c.15 km drive to Macroom, c.57 km to Cork and c. 34 km to Killarney. BER Rating - A2.
Room Details: Entrance Hall, Sitting Room, Kitchen/Dining Room, Downstairs Toilet, Landing, Master Bedroom, Bedroom 2 & 3, Main Bathroom. Windows to the front of the house are triple glazed and to the rear of the house double glazed. Heating - Air to Water. Garden to the front and side of the property. Parking at the rear of the property.

Guide Price: €290,000

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Guide Price: €210,000

Contact us for more details: 026 45 325/086-2580096
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CLONDROHID NEWS

CLOYNE DIOCESAN PILGRIMAGE TO KNOCK: On Sunday May 11. Bus leaving Ballyvourney at 7am and stopping in Clondrohid, Macroom, Carriganima, and Millstreet. For bookings contact Noel Lynch 0862202452.

PILGRIMAGES TO MEDUGORJE: May 14 to May 21, June 25 to July 2, September 10 to September 17. Ex Cork with Aer Lingus.

Contact Tom Dennehy 087 6468658 for more info

SINGING IN THE TAVERN: This lovely sing a long group or tell a story group meet every second Monday night in The Tavern from 9pm. The next session is Monday April 14. They would love to see you there.

CLONDROHID DEV GROUP: With the clocks gone forward, the sun shining and a touch of Spring / Summer about it, this Group will be getting active around the village again, lots of ideas, lots to be done, anyone willing to give a hand will be most welcome. A big Thank You to James our CE worker for all his work over the Winter months, it hasn't gone unnoticed,

CLONDROHID PARISH ACTIVE RETIRED: This Active group had their AGM recently, and the following were elected for this year. Great turnout on the night, so all

looks well for the future going forward. Thanks to all who attended, and to all those who help in any way, big or small, to keep this group being one big happy family

Chairperson: Breda Kelleher, V. Chair: Margaret Buckley, Secretary: Mary Keane, Asst Sec: Helen O'Brien, Treasurer: Jane O'Brien, Asst Treasurer: Nellie White. Committee: Catherine Sheehan, Kathleen Kelleher, Bridie O' Leary, Michael Lucey, Denis Lucey, Ann Murphy, Saoi Meetings: Margaret Buckley (Co Ordinator), Kathleen Kelleher, Jane O'Brien, Denis Lucey, Nora Coakley, Mary Keane, Nellie White. Kitchen Committee: Kathleen Kelleher (Co Ordinator), Maura Murphy, Margaret Lucey, Margaret Buckley, Jane O'Brien, Carmel Nyhan, Kay O'Keefe. Catherine Sheehan, Ann Murphy, Gabrielle O'Leary

Chairs and Tables as needed: Denis Lucey, Michael Lucey
Please take note, the SCORAIOCHT hosted by this Active Retired Group will be held in Clondrohid Community Hall on Friday night May 23 at 8pm. This is part of the Discover Duhallow A Day of the Region Bealtine Festival. Last year it was a great successful night of

music, singing, storytelling, dancing, refreshments. More on this later, mark it in your busy diary. Hope to see you there.

BLOOD TRANSFUSION: Just a reminder, the next visit to Clondrohid Community Hall will be Monday June 9 and Tues June 10

BINGO: As mentioned before, The Community Hall is delighted that Bingo is back with a Bang, and continues every wed night at 8.30pm. Come along and enjoy the fun and the 'flutter'

SOCIAL DANCING: Continues in Community Hall, next session is Friday April 11 at 9pm with Nelly O'Connor. Enjoy the fun, Entry €10, free tea, coffee and biscuits. Great value.

Thereafter these dances will run on the 3rd Friday night of each month. Once again mark in your diary.

LOTTO: Results for March 19: €70 Jerry Casey Rusheen, €20 Margaret O'Brien Coolehane, Cath Hennigan Codrum, Donie Kelleher Moulnahorna, Daniel O'Brien On Line.



Clondrohid u 12 team who defeated Canovee in a challenge game by 2 points.



Junior C Lineup 30/3/2025 against Clondrohid. 1-14 to 0-12 to Clondrohid

MARCH DIARY FOR SCOIL NAOMH MUIRE, FARRAN

Spring has brought a whirlwind of exciting events to Scoil Naomh Muire Farran showcasing the diverse talents and dedication of our pupils.

The school buzzed with excitement during World Book Day in March with our school-wide table quiz, where children of all ages put their knowledge to the test and our Buddy Reading with senior pupils reading to junior pupils and vice versa.

On Lá Glas, we celebrated St. Patrick's Day with a monster céilí! Children from every class joined in the fun, showcasing their Irish dancing skills and creating a vibrant, festive atmosphere.

Our 2nd class students experienced a special

moment in March, making their First Confession with Fr. McCarthy. It was a meaningful step in their faith journey.

We were thrilled to see our budding performers take to the stage at the Scór Muskerry final. The children's hard work in music and drama paid off with wonderful performances from our traditional music group and ballad group and our solo singers, dancers recitations and musicians and with our novelty act qualifying for the county semi-final at Éire Óg on March 30th.

On March 26th, the school and parish communities came together to celebrate the Confirmation of our

5th and 6th class students. Bishop Noel O'Regan presided over a beautiful ceremony, making it a truly memorable day for all involved.

Congratulations to Matthew Healy for being selected on the Cork Primary Games team to play Clare in the championship and adding to the excitement, our sporty students made history by participating in the IFA Soccer competition for the very first time. They competed at both regional and county levels, showing fantastic teamwork and sportsmanship. We are incredibly proud of their efforts and for representing our school so well.



On March 26th, the school and parish communities came together to celebrate the Confirmation of our 5th and 6th class students. Bishop Noel O'Regan presided over a beautiful ceremony, making it a truly memorable day for all involved.



Farran NS Scór na bPáistí.



World Book day Table Quiz



Matthew Healy, selected to play for Cork in the Primary games



IFA Soccer Competition in Musgrave Park.

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Kilmurry Active Retirement GETS CLIMATE GRANT

Kilmurry Active Retirement association is receiving funding from the Climate Actions Work Engagement fund to support our work to bring people together and share information on climate action. This fund is focused on climate engagement, awareness and communications - helping communities to reach new audiences in their locality. It provides opportunities for community groups to spread the message of community-led climate action.

Last week the Minister for the Environment, Climate and Communications Darragh O'Brien, and the Minister for the Circular Economy Alan Dillon announced the awarding of €500,000 worth of grants nationally. The grants range from €2,500 for awareness (which we got), to €10,000 for engagement and communications (which we didn't apply for), is being distributed to 96 community groups and organisations around the country.

Kilmurry Active Retirement association currently has 82 members. While we have engaged in many activities over the past ten years, many of us are concerned too about global warming and its impact on our descendants. While most of us have done our attic insulation, double glazing and draughtproofing for comfort and economy, we want to do more. But most older people live in older houses. Extensive refits are often not financially justifiable given our anticipated limited lifespan. We have insufficient understanding of the range of additional options that are available to us and that are also reasonable for our age cohort. Not to leave it at just frustration we applied for this climate actions funding. We are motivated to educate ourselves about personal, community and wider network options, with a view to seeing what, collectively, we can do for ourselves, our community, and perhaps the wider area of our beautiful Lee Valley. We aim to learn about realistic and cost-effective ways for older adults to reduce and/or offset our carbon footprints.

With the benefit of this fund, we now hope to welcome fellow learners and those we can learn from to events in Kilmurry and Crookstown, and we intend to travel to visit other communities from whom we can learn. We did suggest in our application that our project could be seen as a pilot. For those who may be interested the next call for applications will be in the autumn, and

the fund is administered by Community Foundation Ireland, to whom applications are made. But in the meantime, we would love all those interested in climate change mitigation to join us in this learning experience.

Our project aims to address two key questions. The first is: Can our active retirement association provide learning opportunities tailored to the needs of our members and our community, so that our older people are supported and enabled to take rational, appropriate, and cost-effective climate actions to reduce or negate their carbon footprints, where motivated to do so?

This will involve providing educational talks that are specifically tailored for older adults. We intend that these will focus on practical and actionable steps we can take to minimize our carbon footprints. The aim is to empower ourselves with the knowledge and tools required to make informed decisions about our contributions to climate action.

The second question the project intends to address is: Can we act as a catalyst to build a broader community network. By fostering collaboration and solidarity, can we help to create a robust community network? Such a network could bring together various stakeholders, including individuals, local organizations, and policymakers, to work collectively towards a common goal, such as to develop a comprehensive action plan that addresses the collective carbon footprints of all network members.

Regardless of how we get on addressing those questions we hope by the end of this year to have

- Increased awareness and understanding of climate issues among older adults.
- Enhanced capacity of older adults to take effective climate action.
- Played some part in promoting a cohesive community network committed to climate action.
- And perhaps even be seeking follow on funding to prepare a comprehensive action plan aimed at reducing the collective carbon footprints of all community network members.

We are hoping that this novel project represents a significant step towards engaging and empowering older adults in climate action. By providing tailored learning opportunities and encouraging a robust

community network, the project aims to make a meaningful contribution to climate change mitigation. Through collective efforts, we will be better equipped to take rational, appropriate, and cost-effective actions to reduce our carbon footprints and promote a more sustainable future.

In other news we are certainly back in full swing with our activities. Our new social committee are arranging and organising lots of, and a great range of, activities for us. The Quirky Kitchen was the destination of our mystery coffee crawl on Wednesday 19th March. A great find for us, and over thirty of us were very well looked after, and a lovely quirky place it is indeed, thank you. Mary and Trish were the attractions again on Wednesday 26th in Kilmurry and they added scotch. I hear it was enjoyed by all there. We have Keep fit both in Crookstown at 5.30pm, and in Kilmurry at 7pm, on Monday evenings. The course on Buff bones is in Crookstown on Tuesdays at 1.30pm, Aqua Aerobics courtesy of the Castle Hotel on Wednesdays at 10am. Each week varying activities in Kilmurry 2-4pm on Wednesdays. Yvonne is back teaching Zumba at 18.15pm in Crookstown on Wednesdays, and all are welcome to join the twenty-five or so on the rest of that course. There are 9 lessons remaining, costing €60 for non-members. Haven't they a great line-up of events for us, and more such as Arts and Crafts starting on 9th April, and Dance to Music and Pilates starting on 22nd April. Thank you, Theresa, Frances and Louise.

Our association is open to all, and our membership fee is just €20/calendar year or €30 for a couple. Our philosophy is that age makes no difference, but health does. We try to do what we can to keep healthy and challenged in body and in mind, and together that is easier. You will be just as busy as you choose to be and positively engaged in your community. We think you will enjoy it. There are several active retirement associations in the Lee valley. If you are interested in finding out more, we can put you in contact with the right contact for your locality, or if you are interested in starting one up there is support for that too.

For more information contact Aidan at 0894057676 or aidanpbarry@outlook.com.



Presentation of Cheque by Muskerry Vintage Club Committee to Brian O Sullivan for €630 on Behalf of Macroom Senior Citizens



Presentation of Cheque by Muskerry Vintage Club Committee to John Dempsey for €1300 on behalf of Pieta House



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Open Day at Cork College of FET, Macroom Centre

We had a very busy day at our Cork College of FET Macroom, Bowl Road. On such a sunny day, it was great to see so many dropping in to start the journey on the next chapter to study. Reputable QQI Level 5 courses are delivered in Macroom, so there is no need to travel for your studies as we offer the same quality assured courses on your doorstep. Under the Management of Morrison's Island Campus, they have invested hugely in our Macroom centre with all new IT facilities and a state of art Health care room for our Degree in Nursing Studies. The courses the college are running for September 2025 are:

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- BSc (Hons) in Mental Health Nursing – Cork & MTU Kerry

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Emily Barrett, Bernie England, Deirdre Fitton, Padraig O'Driscoll & Mary Fitzgerald



MaryB Manning, McEgan College students and Bernie England



The NTO Co-Ordinators: Kathy Bradley with St. Mary's Secondary school students and Gobnait Burke



Students from Coláiste Ghobnantan; L to R :Sarah Ní Loingsigh, Aobha Ní Mhuineacháin & Niamh Ní Laocha with Dónal Ó Liatháin, Regional Manager Údarás na Gaeltachta. (Danielle Ní Mhurchú & Julia Paterek were also on the team but not available for the photo) Pic. Peter Scanlan



Students from Scoil Mhuire, Ballingearry; L to R: Aisling Ní Chróinín, Chloe Ní Chárthaigh, Alexandra Ní Chróinín with Dónal Ó Liatháin, Regional Manager Údarás na Gaeltachta. Pic. Peter Scanlan



Winners of the 'best use of sustainability' and the Student Enterprise Competition: Clara Twohig, Clodagh Browne and Emily Mehigan



Emer Bourke, Katelyn Cronin, Isabelle Roberts and Realtín Walsh at the Maths Pi Quiz

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Ireland's Weather

Newsletter

Weather from around the world

Spring is the new summer, perhaps unsurprising some might say. Traditionally a season of great variability, a period of change, and indeed meteorologically speaking this can indeed be period of great oscillations as the elements of fire and ice do battle over the often turbulent waters of the Atlantic, with Ireland caught firmly in the firing line between east and west perhaps also geopolitically too. Yet this year has been different, though perhaps for its indifference, with our weather in March being particularly settled, with little rainfall, above average sunshine hours and thankfully, a return to milder temperatures which have risen as high as 18.8 degrees Celsius across parts of the country, warm enough to draw a return of the innumerable enlarged plastic 99's from outside various market stores and filling stations across the highways and byways with parched farmers melting in comfort across the cabs of their busy tractors which too have been drawn from their winter slumber by the long evenings and even more so by the firming of the soils, which in some places are starting to resemble cracked mosaics.

As I write this article on the 24th of March, sometime ahead of publication, the forecast calls for another relatively settled week of weather with high pressure never too far away from the southern tip of Ireland and the many headlands of Cork, and after a brief dip in the waterproof canopy of blue that has more often than not of late sat above the vibrant green verdure of the Irish countryside later this week the weather, in the medium to long range, looks very settled. Indeed, commencing on the week of the 31st it appears as though a large anticyclone

will become stationary close to or indeed over Ireland, allowing for an exceptionally dry easterly wind to develop across Ireland, and while temperatures in the middle of spring can still be on the chilly side when crossing the not yet warmed plains of central Europe, do look set to bring plenty of spring sunshine, which in itself is often sufficient to warm the hearts and spirits of those who have known all too well the cloud of sorrow that past spells of flooding and incessant rain which can bring hardships for those tending the land. But the dry weather is not without its own complications, and indeed just across the border in Kerry, on the sun dried gorse-crowned mountains of the Iveragh peninsula, a number of wildfires sparked to life through unintended, though from a naturalists perspective, unethical land burnings. Powered by years of dried matter, bushes, grasses, and a stiff northeasterly wind this line of fire devoured the narrowing darkness between the fires front and the ambered glow of the villages of Derrynane and Caherdaniel beneath the churning smog that streamed across a penchant sea. Numerous crews from the Kerry fire service attended the scene of the blaze where for a time the safety of a number of homes was very much called into question. Such wildfires were repeated right along the west coast of Ireland from Derrynane in the southwest to Leenaun in Galway, through Erris in northwest Mayo and eventually into the many hills and valleys of Donegal. Coming of the backs of two rather wet years in 2023 and 2024 there's considerable fuel seeking combustion across our uplands, and with continued drier than average conditions forecast my fear is

that such scenes may well be repeated over the coming weeks of what could well turn out to be one of the driest starts to spring since records began.

The development of and the extent of drought conditions are not entirely unusual in the context of Ireland's meteorology, though overall the frequency of such events are expected to increase due to changes in our climate. A seminal study by Noone et al. in 2017 highlighted several periods over the past 250 years where Ireland has experienced a greater occurrence of drought conditions, with the seven periods of 1854–1860, 1884–1896, 1904–1912, 1921–1923, 1932–1935, 1952–1954 and 1969–1977 being identified as years during which droughts were far more frequent in Ireland. Completed in 2017, the study never had the opportunity to include the droughts of the summer of 2018, or indeed spring 2020, and perhaps later this spring the drought of 2025 (though nature could well prove me to be premature in my writing). But, with March both in and out like a lamb, and with the forecast calling for a greater prevalence of high pressure than normal, one must begin to consider the possibility that Ireland and Cork could well be on the verge of drought-like conditions this spring.

Weekly Outlook

**Monday, Tuesday & Wednesday
31st March and 1st / 2nd April**

A large blocking anticyclone is expected to develop close to or to the northeast of Ireland, clocking out any typical rain bearing weather systems to our west and ensuring a dry, settled couple of days with pleasant sunshine. The warmest temperatures will be across the midlands, west and north of

the country as our winds will be in the southeast which will make it feel cooler with onshore southeasterly winds taking the edge off the temperatures here.

**Thursday & Friday
3rd / 4th April**

Similar days are expected on Thursday and Friday this week with high pressure again firmly in control. Perhaps the slight risk of a shower or two popping up across southwest Munster, but that will be the exception rather than the rule with generally sunny weather prevailing once more. Highs on both days again reaching up to the mid to high teens across the country in light southeasterly winds once again.

**Saturday & Sunday
5th / 6th April**

Very little change expected over the weekend with settled weather once again dominating as high pressure remains the dominant feature of our weather. Wind will be from a more easterly direction by then, with values perhaps dropping off ever so slightly, but with plenty of sunshine expected it will remain pleasantly warm in the sunshine for all, highs once again in the mid to high teens across the country.

Extended outlook

The forecast may sound repetitive, but thankfully high pressure looks set to remain as the dominant feature of our weather into next week also, with pleasant spells of sunshine expected once more as our winds continue to originate from a drier easterly direction. There are some signs that it may turn colder with a chance of a more northeasterly airflow developing, but it would remain largely dry and sunny for most.



Cathal Nolan

Contact us: 087 9723300

E: irelandweatherchannel@gmail.com



Daffodil Day at Tigh Ui Laoghaire Bealnamorriove. Pic. Peter Scanlan



The Lucey family from Washington D.C (Dennis Lucey's (far right) father came from Renaniree) with Dr. Siobhán Lucey (UCC) and Taoiseach Micheál Martin at the recent Ireland Funds Gala in Washington DC. Pic. © Tony Powell



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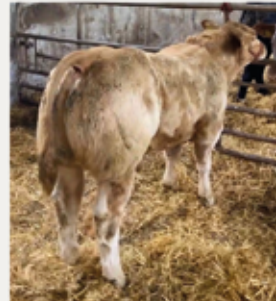
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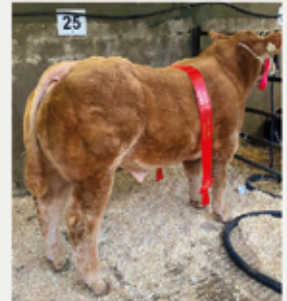


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GOBNAIT Ceoldrama nua le Alan Kiely, Kevin Connolly & Seán Óg Ó Duinnin

Hi! Chris Barrett here.

'Act Locally', has taken on a whole new meaning with today's piece. The acting and singing which I enjoyed when I watched this performance was truly outstanding for a local production.

On a cold dark and extremely wet night in February I drove out to the hall in Ballingearry with a friend. I had considered trying to cancel due to the weather, but two separate friends had already told me the production was incredible, and the hall was jammed packed.

I have seen 'Les Miserables', three times in London and was emotionally moved each time. What amazed me was that I felt the same involvement and overwhelming emotion when seeing 'Gobnait' in Ballingearry.

I am a blow-in who chose to live in this area nearly 30 years ago now, and I have two very good friends named 'Gobnait'. One of these is my closest neighbour, a Gobnait, who keeps bees, so I already felt a sense of connection; but all the same I was concerned that I would not be able to follow the action fully. Nothing could have been further from the truth.

The Irish was fully translated in a perfectly timely manner, instantly visible on the screen above my head and I felt I was very well able to follow the twists in the plot and fully enjoy every moment of this captivating performance.

It was a pleasure to see the pride and pleasure taken by both the cast and audience in such a sensitive and clever interpretation of the life of our much loved local saint.

Gobnait was portrayed as a currently accessible heroine rather than a distant holy woman from the 6th century.

To have the audience stamping their feet with the

orchestrally enhanced, 'Gobnait. Gobnait', showed how immersed they had become in the whole performance; and the achievement of the writers who made it so accessible to people who were perhaps not habitual theatre-goers must be applauded.

I was aware of the enthusiastic whispering of "Here she comes again", from a female behind me, as Gobnait reappeared on stage; rather as if Gobnait had been spotted once again in the street.

It was a touching reminder of how close Gobnait is to local people and this involvement between performers and audience grew throughout the play.

I cannot fail to mention the amazing special effects which were extraordinarily well conceived and executed.

I imagine there was much discussion of how Gobnait managed her rowing etc.

I have had the great fortune to interview Padraig O' Duineen and ask him a little about the performance. I started by asking him what it was like to be a member of the cast in such an amazing play.

"It was brilliant. It was a very new experience for me so I took a while to realise that I was being supported by every other member of the cast. The feeling I have very clearly is that the connection between the cast, musicians and everyone else was the power that affected the audience."

I then asked which was Padraig's favourite bit, and he says it was saying the lines which defined reality at the time when the people knew they had signed up to his death. It was above all an Irish play and it would not be fair to only use the English language to describe it.

I have petitioned on bended knee, bearing in mind the importance of respecting Brehon tradition, that King, Ri Ardghal, (Padraig O'Duinnin) speaks to you in

the local language as used by Gobnait and the actors. This will give you a feeling for the events which led up to such a wonderful performance, and what it was like to appear as an actor.....

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Tá reacht na tíre i ndán do chách.

Níl reacht na tíre ann don ádh
Déanfar ceart a's cóir, déanfar gníomh gur ghá.

Tá reacht na tíre i ndán do chách.

(In rough translation)

The law of land is known to all

The sickness of the herd means the king must die,

The rules are for everyone

The rules can't be used for advantage

The right action will be taken, The necessary deed will be done.

Everyone is subject to the rule.

This is based on Brehon Law.

I can't think of a more fitting way to end this piece. I sincerely thank Padraig for his great honesty in helping me write this piece. If you would like to follow up on anything that appeared above or contribute a similar article, please contact me chrisleevalley@gmail.com



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Area and Volume**

Friday 25th April 9:30 - 12:30
Cost €50

Revising ALL Area and Volume using past pre exam style questions.

Topics include: 2D Shapes - Squares, Rhombus, Circles, Triangles, Sectors, Cylinders, Rectangular Prisms, Cones, Spheres, Pyramids, Other Shapes, Trapezoidal Rule, Exam Style Problem Solving Practice

Location **Stephens Wood,
Carrigadrohid, Macroom, P12EY13**

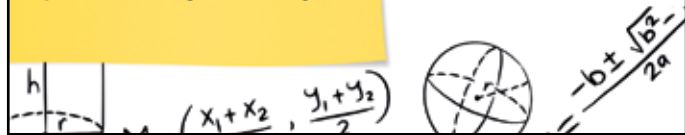
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MACROOM GAA NEWS

ST MARY'S WIN THE JUNIOR B ALL IRELAND FOOTBALL FINAL

St Mary's, Macroom (Cork) 8-13

St Patrick's Academy, Dungannon (Tyrone) 4-12
Match Report by Seamus Dillon

St Mary's of Macroom overcame St Patrick's of Dungannon to claim the Lidl PPS All-Ireland Junior B title at Manguard Park in Kildare. On a beautiful spring afternoon it was a five goal burst from St Mary's in the opening half which left them 14 points ahead at the interval and despite a spirited St Patrick's second half revival they were unable to catch the Cork school. Shauna Keane opened the scoring inside a minute for the Cork girls but St Patrick's responded through Lauren O'Neill and Aine Nelis. The Tyrone girls were playing with the aid of a stiff breeze and despite the majority of possession they were finding it hard to break down a stubborn St Mary's rearguard Evie McMahon and Nelis swapped points before the game's opening goal arrived after ten minutes with Keane getting on the end of Roisin Ni Liathain's pass to shoot low to the net for the Macroom school. Nelis with two points and Ciara McMoran with one responded for St Patrick's Academy. St Mary's hit the next five scores as Ni Liathain and full forward Cora Delaney both raised green flags. Despite late points from O'Neill, Ciara McMoran and Nelis they still trailed by 5-7 to 0-8 after 30 minutes, with Orla O'Brien and Delaney with her second finishing off impressive St Mary's attacks. Ni Liathain proved to be a thorn in the St Patrick's side all afternoon finishing with a personal tally of



St Mary's Junior B Football All Ireland Champions

4-3. Any hopes of a St Patrick's revival were dismissed within 60 seconds of the restart as Ni Liathain added her second and St Mary's sixth goal. To their credit the Tyrone girls didn't give up and when St Mary's went down to 12 early in the second half with a red card and two yellows, they had renewed energy. Lauren O'Neill struck for two goals for St Patrick's, one from a penalty, and midfielder Ciara McMoran added two as well to close the gap. But St Mary's were just too strong and despite the numerical disadvantage they had a sufficient lead with player of the match Ni Liathain scoring her fourth goal.

Captain, Cara O'Brien, accepted the cup and gave an inspiring speech at the podium. A huge thank you to St Mary's coaching team composed of Niall O'Connor, Shane Galvin, Seán Quill and Eimear O'Leary. With many half days devoted to training sessions and the loss in last year's All Ireland Junior C final, the time, effort, determination and aspiration of this coaching team is to be admired. Thank you to team sponsors: Lidl Macroom, Glenview Motors and Donie McCarthy Coach Hire.



The team celebrating as Cara brings the cup down from the stands



St Mary's footballers celebrating after being crowned all Ireland B Champions



Captain Cara O'Brien with the Cup



Pippa Murphy and Ruby Prendeville celebrating at the final whistle



Team coaches:
 Shane Galvin,
 Eimear O'Leary,
 Niall O'Connor and
 Sean Quill



Róisín Ni Liathain
 received Player of the
 Match

GAA – ALLIANZ NATIONAL LEAGUES 2025

Allianz Football League Div 2 – Round 7

Cavan 0–19 Cork 0–21

After seven matches, it came down to one strike for Cavan but unfortunately for the Breffnimen, Dara McVeety's two-point effort trailed just wide as the hooter sounded, denying them promotion to Division 1. McVeety, shot on sight from the wing with his side down by two and his effort just trailed wide to the left – results elsewhere meant that, implausibly, had it gone over, Cavan were up.

However, while the large home crowd were disappointed, Cork deserved their win – they were hungrier, used the ball better and never trailed in the match.

The visitors led by six, 0-11 to 0-5, at half-time, having played with a strong breeze at their backs. The Rebels should have been much further ahead, spurning two glorious goal chances midway through the half, Mattie Taylor and Paul Walsh the culprits..

The scores were level at 0-2 apiece after seven minutes; Brian Hurley opened the scoring, Dara McVeety replied and then Mark Cronin (free) and Sean McEvoy traded scores.

But Cork kicked on thereafter, with two-pointers from Brian O'Driscoll and Cronin and singles from Hurley and Chris Óg Jones stretching their lead to 0-08 to 0-02.

Cavan, struggling to win primary possession, pulled one back but Jones added another and a fisted point from Sean McDonnell made it 0-10 to 0-03.

They should have been further in front – Mattie Taylor kicked wide when one-on-one and Paul Walsh was denied by an excellent Gary O'Rourke save – and Cavan ate into their advantage before the break.

Cavan started the second half with points from Donnelly and McKiernan (free) but Cork, dominant on kick-outs, strung together four in succession from the impressive Sean McDonnell (two), O'Driscoll and Jones to make it 0-15 to 0-7.

Two-pointers from James Smith and Dara McVeety drew Cavan closer on the run-in, with Cormac O'Reilly also chipping in, but Cork, who missed some easy chances, kept the scoreboard ticking through Ian Maguire, Cathal O'Mahoney, Cronin and McDonnell.

Two massive scores late on brought Cavan back within two but they couldn't get on level terms.

Cork: MA Martin: S Brady, D O'Mahony, Neil Lordan (Ballinora): B O'Driscoll (0-03, 2pt), R Maguire, M Taylor: I Maguire (0-01), Colm O'Callaghan (Éire Óg): P Walsh, E McSweeney, S McDonnell (0-04): M Cronin (0-05, 2f, 2pt), B Hurley (0-02), Chris Óg Jones (Iveleary) (0-04). Subs: B Murphy for D O'Mahony (temp, 9, reversed 12), R Deane for P Walsh (25), S Walsh for E McSweeney (53), C O'Mahony (0-02) for B Hurley (54), C Cahalane for S McDonnell (67)

This win guaranteed Div 2 league survival for Cork.

Cork play Munster championship against Limerick on Sat, April 5th at 6pm in Limerick so needed to maintain their improved form. The winners of that quarter final play Kerry in the semi final on Sat April 19th, in Cork if Cork qualify.

Allianz National Football League Div 2

All teams have 7 games played and the final table is as follows:

Monaghan 10 points – promoted Roscommon 9 pts – promoted Meath 8pts (+5 scoring difference) Cavan 8pts (-6) Cork 8pts (-7) Louth 6pts (-14) Down 6pts (-10) – relegated Westmeath 0pts – relegated

Relegated from Div 1 to 2: Derry and Tyrone

Promoted from Div 3 to 2: Offaly and Kildare

Div 2 next season: Meath, Cavan, Cork, Louth, Derry, Tyrone, Offaly, Kildare.

Allianz National Hurling League Div 1A

Cork 4-22 Galway 0-22

A four-goal haul from Cork sent them safely past Galway at SuperValu Páirc Uí Chaoimh last night and through to an Allianz HL Division 1A decider with Tipperary.

Having hit All-Ireland champions Clare for six goals in their previous outing to put them in second place in the standings and make this a winner-take-all tie, four green flags – two in each half – ensured that the Tribesmen were seen off.

On a night when Patrick Horgan's tally of 1-9 made him the top scorer in hurling league history, the only potential downside for Pat Ryan's side was a knee injury that forced the impressive Brian Hayes off in the second half. Séamus Harnedy and Alan Connolly returned from injury, underlining the strength in depth that last year's All-Ireland finalists possess. They

will seek to end a 27-year wait for the league title on Sunday April 3rd in Cork against Tipperary.

In front of 20,010 people – the third home game of the campaign where they broke the 20,000 barrier – Cork matched Galway in the opening stages, the visitors with the wind behind them. It was 0-4 each when the first goal came from Brian Haytes, who did well to create space before finishing confidently.

They were four ahead when Horgan pointed a free but Galway came back with three scores before another Cork goal, Darragh Fitzgibbon firing a low shot past Eanna Murphy, and it was 2-12 to 0-12 at half-time.

A third Cork goal early in the second half from Patrick Horgan settled the outcome. They had lost Hayes by the time of fourth goal, on 56 minutes, but it was his replacement, Shane Kingston, set up Tim O'Mahony to make it 4-19 to 0-17.

Scorers for Cork: Patrick Horgan 1-9 (0-6 frees), Shane Barrett 0-4, Darragh Fitzgibbon, Tim O'Mahony 1-1 each, Brian Hayes 1-0, Declan Dalton 0-2 (0-1 free), Ethan Twomey, Brian Roche, Cormac O'Brien, Séamus Harnedy, Alan Connolly 0-1 each.

Scorers for Galway: Evan Niland 0-7 (0-5 frees, 0-1 65), Cathal Mannion 0-5, Conor Cooney 0-3 (0-1 free), Rory Burke 0-2, Tiernan Killeen, Tom Monaghan, Conor Whelan, Declan McLoughlin, Jason Flynn (0-1 free) 0-1 each.

Cork: Patrick Collins; Seán O'Donoghue (Inniscarra), Damien Cahalane, Niall O'Leary; Ciarán Joyce, Robert Downey, Mark Coleman (Blarney); Tim O'Mahony, Ethan Twomey; Shane Barrett (Blarney), Darragh Fitzgibbon, Brian Roche; Declan Dalton, Patrick Horgan, Brian Hayes. Subs: Cormac O'Brien for Coleman (40), Séamus Harnedy for Roche (46), Alan Connolly for Dalton (50), Shane Kingston for Hayes (55, injured), Diarmuid Healy for Horgan (65).

Final Div 1 NHL Table

Tipperary 10 pts Cork 9 pts Kilkenny 6 pts Galway 6 pts Limerick 5 pts

Wexford 4 pts Clare 2 pts

Allianz League remaining fixtures

April 6th: HL Division 1A Final Tipperary v Cotrk

MUNSTER GAA CHAMPIONSHIPS 2025

Munster U20 Hurling Championship:

Cork 1-16 Clare 1-16

Cork were much the happier with this draw as Clare had been the better team overall and threw away a gilt edged opportunity of clinching victory with a wide from a last minute very-scorable free, awarded after a Cork player incredibly had petulantly pucked away the sliotar after a side line award had gone went against him.

Clare led by 1-11 to 1-8 at half time and Cork recovered late in the game to rein in a three point deficit.

A feature of the game was that not one player from the Muskerry division was on the field for Cork at any stage, David O'Leary (Ballincollig) on the match day panel, the only player from Muskerry involved.,

Scorers for Cork: B Walsh (0-12, 0-10 frees, 0-1 '65); J Wigginton Barrett (1-3); M O'Brien (0-1).

Cork: D O'Connell (Dromina); D Cashman (Bride Rovers), J O'Brien (Fermoy), E Guinane (Valley Rovers); Ben Walsh (Killeagh), C O'Callaghan (Dungourney), D Murnane (Carrigtwohill); T Wilk (Cobh), R Deasy (Ballymartle); J Murphy (Mallow), Barry Walsh (Killeagh), J Murphy (Dromina); J Wigginton Barrett (St Finbarr's), B O'Flynn (Sarsfields), M O'Brien (Douglas). Subs: P O'Shea (Erin's Own) for J Murphy (Dromina) (HT); Z Biggane (Charleville) for Murnane (38); O

Fitzgerald (St Catherine's) for Wilk (43); R O'Sullivan (Na Piarasigh) for O'Brien (44); M Barrett (Carrigtwohill) for Deasy (54).

Next up: Cork U21 v Tipperary Wednesday April 2nd in Cork, then away to Limerick (23rd) and at home to Waterford (30th).

Munster Minor Hurling:

Limerick 0-21 Cork 2-25

While they had 10 points to spare in the end, it wasn't all plain sailing for Cork as they opened their Electric Ireland Munster MHC campaign with a win at Limerick before a crowd of 2,385 at TUS Gaelic Grounds. Cork only trailed after the very first score of the game and a had a six-point half-time advantage.

Limerick could not be shaken off in the second half though and the scoreboard read 1-20 to 0-19 in Cork's favour when Rory Hanley's pass gave Killian Begley a sight of goal for the hosts. His shot was brilliantly saved by Tom C Walsh in the Cork goal and Cork counter-attacked and moments later, Seán Coughlan's pass allowed Cormac Deane, son of Joe, to crash home their second goal.

Three points in quick succession from Michael T Brosnan, Deane and Craig O'Sullivan, put the outcome beyond doubt.

The Rebels now have a break before a trip to Tulla to face Clare on Saturday, April 12.

Scorers for Cork: C Deane 1-4, C O'Sullivan 0-6 (0-2 f), R Dineen, E O'Shea 0-4 each, MT Brosnan 0-3, R Donovan 1-0, D Heavin, C Garde, S Coughlan, TA Walsh 0-1 each.

Cork: Tom C Walsh (Aghada); D Heavin (Russell Rovers), D Fitzgerald (Bride Rovers), C Lawton (Midleton); MT Brosnan (Glen Rovers), B Carroll (Dromina), C Garde (Lisgool); Tom A Walsh (Carrigtwohill), J Counihan (Watergrasshill); R Donovan (Fermoy), C Deane (Killeagh), R Dineen (Erin's Own); C O'Sullivan (Na Piarasigh), C Coffey (Na Piarasigh), E O'Shea (Ballinhassig). Subs: S Coughlan (Passage) for Donovan (39), C Hanratty (Carrigaline), S Ring (Carrigtwohill) for Dineen (58), E Connolly (Dungourney) for Carroll (60), D Winters (Courcey Rovers) for TA Walsh (60+3).

Referee: A Hogg (Clare).

Cork away to Clare on April 12th, at home to Waterford on 25th and home to Tipperary o May 2nd.

Munster U20 Football

Cork away to Clare on April 1st and to Kerry on April 7th. At home to Tipperary on April 15th.

There are eight Muskerry players on the Cork panel. Cork U20 panel: Aaron O'Sullivan (Aghabullogue), Alan O'Connell (Kilshannig), Ben O'Connell (Ballincollig), Billy

Curtin (Valley Rovers), Bryan Hayes (Nemo Rangers), Colin Molloy (captain) (Nemo Rangers), Colm Clifford (Éire Óg), Colm Gillespie (Aghabullogue), Danny Miskella (Ballincollig), Dara Sheedy (Bantry Blues), Darragh Clifford (Éire Óg), Darragh Gough (Clonakilty), Dylan Harrington (Clonakilty), Dylan O'Neill (Carbery Rangers), Ed Myers (Naomh Abán), Frank Hurley (O'Donovan Rossa), Gearóid Daly (Mallow), Gearóid Kearney (Kinsale), Josh Woods (Valley Rovers), Kieran McCarthy (Carrigaline), Luis Dwan Fogarty (Douglas), Matthew Woods (Valley Rovers), Micheál Maguire (Castlehaven), Neville O'Shea (Nemo Rangers), Niall O'Shea (Urhan), Odhran Foley (Bishopstown), Seán O'Leary (Kilmurry), Timmy Cullinane (Carbery Rangers), Tomas O'Keeffe (St. Finbarr's), Trevor Kiely (Mallow).

Munster Minor Football

Cork v Kerry May 5th in P Ui Rinn – quarter final. Both teams advance to opposite semi finals.

LGFA Ladies Football

LIDL Div 2 League Table

Galway and Cork, both of whom were relegated last season, completed a swift return to Division 1 after both sides secured victories in the second last round of games.

Galway blitzed Monaghan 7-23 to 0-4, Cork secured promotion with a 1-12 to 0-7 win against Clare at Baile Mhuirne.

Cork 1-12 Clare 0-7

Cork returned to Division 1 of the Lidl LGFA National League following an eight-point win over Clare at the Páirc Iosagáin in Baile Bhuirne.

It took a late Laura O'Mahony goal to put the seal on a hard-earned Cork victory. Clare gave as good as they got in a tight league match in which a strong wind was a factor.

It was a huge day for host club Naomh Abán whose marvellous facilities were on show for a first-ever competitive LGFA inter-county match. The Baile Bhuirne club and its volunteers can be proud of their efforts.

The Banner had the benefit of the elements in the opening half but trailed by a point at the interval. Cork made hard work of it in the third quarter having lost temporarily lost Hannah Looney to a yellow card.

In the end, Cork's fitness levels, Katie Quirke's return of seven points and the strong local following were a major help to the Cork girls.

Scorers for Cork: K Quirke 0-7 (5f), L O'Mahony 1-1, A Healy, E Hurley, E Cleary, A Ring 0-1 each.

Cork: S Murphy; M Duggan, S Leahy (captain), S Kelly; C O'Shea, S Cronin, R Ní Chorcora; A McDonagh, A O'Mahony; L O'Mahony, E Cleary, E Hurley; A Ring, H Looney, K Quirke. Substitutes: A Healy for A McDonagh (ht), D Kiniry for R Corkery (ht), A Corcoran for E Hurley (39), L Hallihan for A Ring (41), L McDonagh for H Looney (54), K Horgan for C O'Shea (58), C Richmond for S Murphy (58).



Aghabullogue Intermediate Hurling Team

Donegal 0-8 Cork 1-8

Cork finished their Lidl Ladies Football Division 2 league campaign with another victory away to Donegal at Ballyshannon.

Cork were already into the league decider and the outcome didn't really matter, but Cork finish the league with only one defeat, against Galway, the side they will play in the league final.

The all-important goal for the Rebels came in the first half when Áine Terry found the back of the net, in what was her first start for the Rebels in a numbers of years having been abroad for a time.

Katie Quirke, Sadbh McGoldrick, and Laura O'Mahony were others to get on the scoresheet for Cork.

Donegal put it up to Cork and manager Joe Carroll got the opportunity to give players some game time. After the game, Carroll said "It's a long trip up to Donegal and it's never an easy place to win so we are delighted to have taken the points and keep our winning run going in the league," the manager said.

Cork: C Richmond; D Kiniry, S Kelly, K Horgan; M Duggan, S Leahy, A Ryan; S McGoldrick, A Healy; A O'Mahony, K Quirke, A Corcoran; L O'Mahony, H Looney, A Terry. Subs: D Creed, A Ring, L Hallihan, E Hurley, L Cleary, S Callanan, C O'Shea, K O'Driscoll.

Final Standings after 7 games:

Galway W7 21 points, Cork W6 18pts
 Tipperary W3 9pts, Monaghan W3 9pts, Donegal W3 9pts
 W'meach W2D1 7pt, Roscommon W1D1 4pts, Clare W1D1 4pts

Camogie

Very Ireland National League Div 1

All-Ireland champions Cork, who have lost five league Division 1A (top tier) finals since their last victory all the way back in 2013, confirmed their place in the 2025 league decider after they travelled The Ragg and picked up a 1-12 to 0-7 victory over league champions Tipperary.

Tipperary 0-7 Cork 1-12

It might have been bitterly cold and windy, but the action on the pitch was certainly hot as Cork took on Tipperary in the Very Camogie League Division 1A at The Ragg.

This was a clash of the All-Ireland champions and the league winners and both sides were determined to lay down a marker ahead of the Munster and All-Ireland championships.

In the end it was the All-Ireland champions Cork, who came out on top, and the win means Cork are through to the league final with a game to spare.

Up front the likes of Clodagh Finn and Orlaith Cahalane, Saoirse McCarthy and Kate Wall, made it a difficult day for the Tipp defenders, but when it was needed in the second half, with the wind howling into their faces, the Cork defence was simply magnificent. They kept Tipp from scoring from play for the entire game, a stat that will keep any defender happy.

Cork made use of the strong wind in their favour and led by 1-9 to 0-2 at the break.

With the wind in their favour it was now a case of would Tipp be able to pull the lead back.

To the credit of the Cork defence they never did and Amy Lee in goal was superb.

Scorers for Cork: K Mackey 1-2, C Finn 0-5, O Cahalane 0-2, S McCartan, K Wall, L Hayes 0-1 each.

Cork: Amy Lee; Meabh Murphy (Ballinora), Maebh Cahalane, Pamela Mackey; Hannah Looney, Laura Treacy, Laura Hayes; Aoife Healy, Aisling Thompson; Katie Wall, Orlaith Cahalane, Sorca McCarthy, Katrina Mackey, Saoirse McCartan, C Finn

Subs: A Fitzgerald for S McCartan (26 inj), E Murphy for K Wall (h-t), O Mullins for S McCarthy, A O'Connor for C Finn (both 55), C O'Sullivan for O Cahalane, A O'Neill for M Cahalane (both 58), M Condon for A Fitzgerald (61 blood sub).

Cork 0-13 Galway 0-19

Galway came to SuperValu Páirc Uí Chaoimh with their destiny in their own hands, won the game and so qualify for the final against Cork who were already qualified and could afford to rest a few of their more experienced players. It will be Galway's sixth successive final appearance.

Galway against the wind in the first-half were full of energy and after an even start, shot the next seven points without reply, 0-9 to 0-3 on the 25 minute mark, 0-11 to 0-4 in front.

At the end of the third quarter Galway were 10 points clear, 0-16 to 0-6.

Cork played better for the remainder of the hour but Galway were not going to lose this one!

April 13 is the date when these two great sides meet at Thurles in a repeat of the 2024 All Ireland final.

Scorers for Cork: A O'Connor (0-5, 0-4 frees), K Mackey, E Murphy and L Hayes (0-2 each), S McCarthy (free) and C Finn (0-1 each).

Cork: A Lee; Meabh Murphy (Ballinora), L Coppinger, A O'Neill; M Cahalane (Capt), L Treacy, L Hayes; S McCarthy, M Condon; E Murphy, K Wall, C O'Sullivan; C Finn, K Mackey, A O'Connor. Subs: O Mullins for K Wall, R Harty for A O'Neill (both half-time), N O'Leary for M Condon (40), M De Brien for M Murphy (52), A Sheppard for C Finn, D O'Brien for C O'Sullivan (both 57), N McNabola for S McCarthy, C Kingston for M Cahalane (both 59).

Cork County Leagues for 2025:

McCarthy Insurance Group County Senior Football Leagues

Division 1

Clonakilty 6, St. Finbarr's 6, Nemo Rngs 4, Newcestown 4, Douglas 2, Castlehaven 2, St. Michael's 2, Cill Na Martra 2, Éire Óg 2, Carrigaline 0

Round 4: Castlehaven v Cill na Martra : Éire Óg v Nemo Rangrs

Cill na Martra 0-20 (0-3-14) Carrigaline 0-6 (0-1-4)

Cill na Martra collected their first league points of the



Canoe U16s celebrate their League and County Win with medals, jersey and photo presentation in the Lee Valley Golf Club

season with a comprehensive win over Douglas at Páirc Ui Chuana in glorious weather conditions.

The Gaeltacht Mhuscraí men scored first, were led temporarily when Douglas converted a two-pointer free but they quickly gained control and led by 0-15 to 0-2 at half time – game over at that stage.

Cill na Martra outscored the city men 5-4 in the second half but were always extremely comfortable. Cill na Martra had a second half penalty shot saved but it made little difference.

Scorers for Cill na Martra: J Mac Carthaigh 0-9 (0-7 f, 1 2pt), S Ó Duinnín 0-4, M Ó Duinnín (2pt), M Ó Deasúna (2pt f) 0-2 each, C Ó Duinnín, C Ó Meachair, D Ó Conaill 0-1 each.

Cill na Martra: Dean Mac Carthaigh: Danny Ó Conaill, Tadgh Ó Corcora, Fínín Ó Faoláin: Cianie Ó Foirreidh, Seán Ó Foirreidh, Adam Ó Duinnín: Mícheál Ó Deasúna, Gearóid Ó Goillidh: Jason MacCarthaigh, Maidhchí Ó Duinnín, Antóin Ó Loingsigh: Eoin Ó Conaill, Ciarán Ó Duinnín, Shane Ó Duinnín. Fir Ionaid: Mícheál Ó Cathasaigh, Seán Ó Céilleachair, Criostóir Ó Meachair, Donagh Ó Buachalla, Seanacháin Ó Loinsigh, Dara Ó Súilleabháin, Luke Ó Leighin.

Referee: John Ryan (Macroom)

Douglas 0-10 (0-0-10) Éire Óg 3-9 (3-0-9)

Éire Óg came out on top as they hit Douglas for three goals, getting their first league win. Éire Óg were much the better side in Douglas but it took two very late goals to demonstrate their dominance. They led by 1-9 to 0-10, after a converted free for Douglas followed the first of two Éire Óg black cards. Éire Óg responded with a brilliantly worked goal, Jack Murphy tearing through the middle before teeing up Donncha Kelly for the close range finish. Next, Mark Griffin set up Brian Thompson to palm the ball into the open net after another black card had left Éire Óg with 13 men. Éire Óg were 1-2 to 0-1 in front after seven minutes, Mark Griffin the goal scorer. They had led from the second minute and led for the entire hour.

Scorers for Éire Óg: M Griffin, D Kelly 1-1 each, B Thompson 1-0, B Hurley 0-3 (2 f), R O'Flynn, J Kelleher, R O'Toole, E O'Shea 0-1 each.

Éire Óg: C Kelly; M Corkery, M Brady, D Dineen; A McCarthy, H Murphy, D McCarthy; D Kelly, M Griffin (c); R O'Flynn, C McGoldrick, J Murphy; J Kelleher, E O'Shea, B Hurley. Subs: R O'Toole, B Thompson, D Healy.

Div 2 Carbery Rgrs 6, Dohenys 6, Knocknagree 6, Ballincollig 3, Béal Átha'n Ghaorthaidh 3, O'Donovan Rossa 2, Valley Rovers 2, Kanturk 2, Castletownbere 0, Fermoy 0,

Ballincollig 1-9 (1-1-7) Carbery Rangers 0-13 (0-2-9)

Carbery Rangers stay top of the Division 2 in the McCarthy Insurance Football League after their dramatic win over Ballincollig. They won with the last kick of the game as their keeper, Paul Shanahan, landed his second two-pointer free after Ballincollig had lost possession.



Canovee U16's celebrate with their coaches in the Lee Valley on March 28th

The visitors scored first, Dara Dorgan equalised, Evan Cooke put the Village in front, Dorgan got his second to make it 0-3 to 0-1 after 14 minutes.

Two Ross points brought the sides level, Cian Dorgan had a goal for The Village, 1-3 to 0-3 after 18 minutes. Points were exchanged, Paul O'Neill for the Mid Cork side, another from Dorgan, and Ballincollig led by 1-5 to 0-5 at halftime.

Early in the second half points were exchanged, Dorgan for the home side. Ross'keeper .

Shanahan hit the first of his two-point frees after 43 minutes, to make it 1-7 to 0-9 and he added another point from a free to level it.

A John O'Rourke free put the Rosscarbery side in front before Dara Dorgan hit a two-point free for Ballincollig for what looked like the winner, but another late late two-point free won the game for the West Cork men.

Scorers for Ballincollig: D Dorgan 1-5 (1 2-pt f, 0-1 f), E Cooke, P O'Neill, C Dorgan, D Murphy 0-1 each.

Ballincollig: C Noonan; C Moore, L Jennings, S O'Donoghue; B Dore, JP Murphy, C Dalton; S Coughlan, D Desmond; E Cooke, K Browne, P O'Neill; D Dorgan, C Dorgan, D Murphy. Subs: B Keating (h-t), G Howard 45), P Kelly 50, S O'Neill 55

Fermoy 1-18 Béal Átha'n Ghaorthaidh 5-15

The first goal in the 15th minute gave Béal Átha a lead of 1-2 to 0-3 after a very even opening period at Fermoy. Béal Átha never looked back subsequently and further goals on 18 and 19 had the home size reeling. Béal Átha led by 3-9 to 0-8 at half time and seven minutes into the second half had a fourth goal to lead by 4-11 to 0-11. A fifth goal followed within minutes and although Fermoy never gave up and did get a goal back there was never any doubt about the result.

Seán Moynihan kicked 1-5 for the Gaeltacht Mhuscraí men with Cian Dineen notching two goals. Ben and Donagh Seartan had a goal apiece.

Béal Átha'n Ghaorthaidh: Darren Ó Coill: Peatsáí Ó Tuama, Barra Ó hÁrgáin, Ciarán Ó Nuanáin: Cian Ó Duinnín, Éanna Ó Duinnín, Matt Ó Riordáin: Dara Ó Briain, Colmán Ó Tuama: Nollaig Ó Laoire, Seán Ó Muineacháin, Gavin Ó Laoire: Donagh Seartan, Ben Seartan, Diarmuid MacTomáis.

Div 3 Uibh Laoire 5, Bishopstown 5, Mallow 4, Naomh Abán 4, Kilshannig 3, Clyda Rovers 2, Rockchapel 2, Newmarket 2, Kiskeam 1, Aghada 0.

Naomh Abán 1-14 Kilshannig 0-15

A noteworthy win for Naomh Abán at home to Kilshannig. N Abán led by 0-5 to 0-1 after the opening quarter and by 0-9 to 0-3 at the interval. The lead was down to three points at the 45 minute mark and only a single point separated the teams on 49, 0-12 to 0-11. A late goal for Naomh Abán from Darragh Ó Laoire was the decisive score.

In Round two N Aban had travelled to Rockchapel and registered a 1-14 to 1-13 win over the home

side. Cluiche coraitheach agus cóngardach a bhí ann i Seipéal na Carraige. Ní raibh ach pointe amháin idir na foirne. An extremely close game and Naomh Abán happy to come away with the win. Both teams will meet again in the first round of championship

N Aban v Rockchapel: Eoghan O' Luasa: Séamus O' Mathúna, Chris Ó Deasúnaigh, Colm de Róiste: Liam O' Murchú, Dara Mickey O' Loingsigh, Jack O' Donnchú: Caoimhín O'Donnchú, Éanna Ó Críodáin: Seán O' Riordáin, Dara O' Laoire, Marc O' Críod: Séamus Hendy, Maidhc O' Duinnín, Daniel Ó Ceallaigh. Ionadaí: Fionn Ó Loinsuigh, Cobnchúr Ó Murchú.

Iveleary 5-4 Clyda 0-10

Iveleary go joint top of the Div 3 league table after a comfortable victory over Clyda at Inchigeela. The Uibh Laoire men led by 1-5 to 0-6 at the interval but four goals in the third quarter left Clyda reeling and the result was predictable thereafter.

Iveleary scorers: Ian Jones 3-0, Barry O'Leary 1-3, Conor O'Leary 1-0, Sam Pickering 0-1

Iveleary: Joe Creedon: Adrian O'Dea, Daniel O'Donovan, Daniel O'Riordan: Kevin Manning, Ciarán Ó Riordan, Ciarán Galvin: Brian Cronin, Conor O'Leary: Kevin Jones, Cathal Vaughan, Barry O'Leary: Seán O'Riordan, Ian Jones, Sam Pickering. Subs used: Aaron O'Donovan, Seán O'Leary, Jack Sweeney, Brian Riordan, Daniel Creedon, Shane Galvin.

Div 4 Buttevant 6, Aghabullogue 5, Boherbue 5, Macroom 4, Bandon 4, Nemo Rngrs 2, Glanmire 2, Adrigole 2, Bantry Blues 0, St. Vincent's 0

Aghabullogue 2-11 Adrigole 1-12

Aghabullogue made the long trip to Adrigole in glorious weather conditions with an under strength team but started well, 1-4 to 0-1 after the first quarter. Adrigole recovered well in the second quarter and led by a point at half time, 1-7 to 1-6. The second half was a tight rip roaring affair and Aghabullogue were delighted to take the points from a difficult venue for any visiting team.

Aghabullogue scorers: Evan O'Sullivan 1-5, John Corkery 1-1, Sean O'Connell 0-3, Oisín and Odhran O'Connell 0-1 each.

Aghabullogue: Daniel Leahy; James Foley, Conor Smith, Daniel O'Leary: Oisín O'Connell, Shane Tarrant, Tom Long: Sean O'Connell, Brian Dineen: Odhran O'Connell, John Corkery, Breandán O'Sullivan: Paul Dilworth, Evan O'Sullivan, John Buckley. Subs used: Shane Birmingham and Seán O'Sullivan.

Next round: Aghabullogue v Glanmire Sun April 13th.

Macroom 2-12 Bandon 1-13

Macroom picked up two valuable league points from their encounter with hitherto unbeaten Bandon at a Castle Grounds venue bathed in warm sunshine. Macroom started well and led by 0-4 to 0-2 after 20 minutes but a Bandon goal on 22 ushered in a dominant spell for the visitors who were leading by



2024 Canovee Junior C championship winning team after their medal presentation in the Carrig Inn on Sunday 30th March.

1-6 to 0-4 at half time.

Bandon continued to dominate in the third quarter despite a fine Macroom goal from Alan Quinn on 38 and leading by 1-10 to 1-5 they looked to be heading for victory. The game then took a dramatic turn with the dismissal of a Bandon defender for a black card offence. Three points in a row for Macroom, followed by a smashing Alan Quinn goal, set up by Cillian O'Donovan, put Macroom in front, 2-8 to 1-10. Twice subsequently the teams were level but Macroom drew clear with points from Eolan O'Leary and Patrick Lucey for a hard earned win.

Macroom: Caleb Dinneen: Don Creedon, Ryan Sabas, Rory Buckley: Mark Condon, Mark Corrigan, Cormac Burke: Cillian O'Donovan, Tony Dineen: Dylan Twomey, Alan Quinn, Seán Kiely: Mark Hunt, Eolan O'Leary, Michael Cronin. Subs introduced: Jack O'Riordan, Ciarán Condon, Patrick Lucey, Oisín O'Sullivan.

Next up: Macroom v Boherbue, Wednesday April 9th.

Div 5 Kilmurry 6, Gabriel Rgs 6, Kinsale 4, Ballinora 4, Glenville 2, Ilen Rovers 2, Mitchelstown 2, Ballydesmond 2, Millstreet, Glanworth 0

Kilmurry v Glanworth - conceded by Glanworth
Ilen Rovrs 0-16 Ballinora 3-12

Div 6 Canovee 6, Aghinagh 6, Kildorrery 6, Cobh 4, St. Nick's 4, Mayfield 2, Cullen 2, Dromtarriffe 0, Na Piarasigh 0, St. Michael's 0

Cobh 1-5 Canovee 4-22

Goals from Daire McMahon 2, Jack Kelleher and James Moynihan helped Canovee to another comprehensive win at Cobh. Canovee led by 3-9 to 0-2 at the interval! Canovee: Ben Cheasty: Evan Cunningham, Eoin McNabola, Eoghan Lehane: Conor Dodd, Ryan Delaney, William Ahern: Brian McNabola, Aiden Murphy: Connor O'Neill, James Moynihan, Mark Healy: Daire McMahon, Seán O'Connor, Jack Kelleher.

Aghinagh 2-18 Na Piarasigh 2-7

Aghinagh had a comfortable victory over Na Piarasigh in sun drenched Rusheen on Sunday morning last. A goal from Luke Ring in their first attack settled Aghinagh and with Liam Twohig kicking some super points they led at the interval 1-10 to 1-5. A goal early in the second half from William Coakley stretched that lead but Na Piarasigh kept in touch with a goal of their own. A strong finish from Aghinagh, scoring five unanswered points, widened the gap to eleven at the end.

Aghinagh: Paul O'Sullivan; Dylan O'Riordan, Donagh O'Riordan, John Lynch; Jack Kearney, Luke O'Leary, Eoghan McCarthy; Matthew McCarthy, Shane Corkery; Sean Kelleher (0-2), Con Buckley (0-2), Sean O'Riordan; William Coakley (1-0), Liam Twohig, (0-12), Luke Ring (1-0). Subs used: Donal Corkery (0-2), Olan Cummins, David Kelleher, James Ambrose, Euan Coughlan, Roan



Kelleher, Anthony Kiely.

Div 7 Liscarroll/Churchtown Gaels 6, Kilmacabea 5, Argideen Rgrs 4, Inniscarra 4, Ballygarvan 4, Castlemagner 2, Urhan 2, St. James' 1, Nemo Rangers 0, Ballyhooley 0

Inniscarra 1-14 Nemo Rangers 0-16

Red FM County Senior Hurling Leagues

Division 1

Fr. O'Neill's 4, St. Finbarr's 3, Charleville 3, Carrigtwohill 3, Sarsfields 2, Douglas 2, Blackrock 2, Carrigaline 1, Glen Rovers 0, Kanturk 0

Div 2 Midleton 4, Killeagh 4, Erin's Own 2, Éire Óg 2, Ballymartle 2, Newtownshandrum 2, Ballincollig 1, Na Piarasigh 1, Valley Rvrs 0, Fermoy 0,

Ballincollig 1-14 Midleton 2-24

Éire Óg 0-15 Erin's Own 0-16

A spirited 2nd half performance was not enough for Éire Óg as Erin's Own hung on for a one point victory. Playing with the strong breeze, Erin's Own started brightly and led 0-8 to 0-1 after 19 minutes. Eoin O'Shea kick started the Éire Óg revival, registering points from play and frees and the half finished Erin's Own 0-10 Éire Óg 0-4. Éire Óg used the wind to their advantage in the second half with Kevin Hallissey and David Casey particularly impressive. Éire Óg continued to chase the game in the 2nd half and eventually clawed back the deficit. Cork U20 hurler Johnny Galvin got through a lot of work over the hour and he landed the equalising score for Éire Óg on 56 minutes. However, Erin's Own persevered and scored a late free to leave the Ovens venue with a one point victory and two valuable league points.

Éire Óg: E O'Shea: D McCarthy, M Kelleher, J Kelleher: C Malone, C McGoldrick, M Brady: J Galvin, B Hurley: D Kirwan, E O'Shea, K Hallissey: D Casey, O O'Shea, Daniel Dineen. Subs: Diarmuid Dineen, J McCarthy

Div 3 Newcestown 4, Blarney 4, Lisgoold 2, Mallow 2, Ballinhassig 2, Russell Rvs 2, Bride Rovers 2, Courcey Rvs 2, Castlelyons, Blackrock

Blackrock 0-16 Blarney 0-18

Div 4 Bandon 4, Bishopstown 4, St Catherine's 3, Cloughdub 2, Kilworth 2, Watergrasshill 2, Youghal 2, Tracton 1, Inniscarra 0, Kildorrery 0

Div 5 Aghabullogue 4, Ballyhea 3, Castlemartyr 3, Milford 3, Dungourney 2, Kilbrittain 2, Ballygarvan 1, Erin's Own 0, Mayfield 0, Midleton 0,

Aghabullogue 0-17 Dungourney 1-12

Conditions were difficult due to a strong cross wind

but Aghabullogue were more accurate and benefitted from a couple of long range frees converted by Shane Tarrant. They led by 0-11 to 0-8 at half time. Aghabullogue got scores from a wide range of players to stay in front to the finish of a very tight game.

Scorers: Mathew Bradley 0-6, Shane Tarrant 0-5, Odhran O'Connell 0-3, John Corkery, James Foley and John Buckley 0-1 each.

Aghabullogue: Finbarr Foley: Tom Long, Aiden BarryMurphy, Daniel O'Leary: Oisín O'Connell, Cillian Timmons, Killian BarryMurphy: Cianie Furey, Odhran O'Connell: Shane Tarrant, John Corkery, Brian Dineen: Mathew Bradley, James Foley, John Buckley. Subs: James Lane and Luke Casey.

Div 6 Cloyne 4, Barryroe 3, Aghada 2, Ballinascarthy 2, Ballygiblin 2, Glen Rovers 2, Sarsfields 2, Kinsale 1, Na Piarasigh 0, Argideen Rgs 0,

Div 7 Nemo Rangers 4, Killavullen 4, D Ó Mathúna's 3, Passage 2, St. Finbarr's 2, Killeagh 2, Douglas 2, Ballinora 1, Meelin 0, Kilshannig 0,

Coming Up in Cork in April

Tues, April 1st @8pm Munster U20 F P2 R1 Cork v Phase 1 Winner in Away Venue

Wed, April 2nd Munster U20 H R2 Cork v Tipperary in Cork Venue

April 6th AHL Finals Allianz Hurling League Div 1A Final: Cork v Tipperary

April 5th Munster SFC QF Cork v Limerick in Limerick Páirc na nGael

Sun, April 6th Club H League R3 Red FM Hurling League R3

Tue, April 8th Munster U20 F P2 R2 Cork v Kerry in Kerry Venue

Fri, April 11th Munster U17 H R3 Cork v Clare in Clare Venue

Sun, April 13th Club F League R4 McCarthy Insurance Group Football League R4

Tue, April 15th @7pm Munster U20 F P2 R3 Cork v Phase 1 Runner-Up in P Uí Chaoimh

Sat, April 19th @6pm Munster SFC SF Cork / Limerick v Kerry in SuperValu P Uí Chaoimh or TUS

Sun, April 20th @2pm Munster SHC R1 Cork v Clare in Ennis

Sun, April 20th Club H League R4 Red FM Hurling League R4

Wed, April 23rd @7pm Munster U20 H R4 Cork v Limerick in Mick Neville Park, Rathkeale

Fri, April 25th @7pm Munster U17 H R4 Cork v Waterford in Páirc Uí Rinn

April 25th - 27th Confined JBFC R1 Confined Junior B Football Competition Round 1

April 25th - 27th Confined JCFC R1 Confined Junior C Football Competition Round 1

Sat, April 26th @5pm Confined JBFC G1 R1 St. Catherine's v Glengarriffe in Enniskeane

Sat, April 26th @5pm Confined JBFC G1 R1 Arglan v



Image left: Foireann Fé18 Naomh Abán a bhuaiigh i gcoinne Castlehaven i Sraith Peile Rebel Óg Roinn 1.

Image above: A big shout out to Joe Cunningham pictured here with chairman Declan Allen and Junior C manager Dave Healy. Joe now has all three mid cork championship medals A,B and C spanning over 4 decades. Surely some record!

Shanballymore in Mitchelstown
 Sat, April 26th @5pm Confined JBFC G2 R1 Clann na nGael v Brian Dillon's in Newcestown
 Sat, April 26th @5pm Confined JBFC G2 R1 Ballinacurra v Muintir Bhaire in Bandon
 Sat, April 26th @5pm Confined JBFC G3 R1 Ballyphehane v Garnish in Inchigeelagh
 Sat, April 26th @7pm Confined JCFC G1 R1 Grange v Castlelyons in Castlelyons
 Sat, April 26th @7pm Confined JCFC G2 R1 Gleann na Laoi v Rochestown in Ballyanley
 Sat, April 26th @7pm Confined JCFC G3 R1 Freemount v Rathpeacon in Ballyclough
 Sun, April 27th @4pm Munster SHC R2 Cork v Tipperary in SuperValu Páirc Uí Chaoimh
 Sun, April 27th Club F League R5 McCarthy Insurance Group Football League R5
 Mon, April 28th @7.30pm Munster U20 F Final Munster U20 Football Final
 Wed, April 30th @7pm Munster U20 H R5 Cork v Waterford in SuperValu Páirc Uí Chaoimh
 Fri, May 2nd @7pm Munster U17 H R5 Cork v Tipperary in Páirc Uí Rinn
 May 2nd - 4th Confined JBHC R1 Confined Junior B Hurling Competition Round 1
 Sat, May 3rd @5pm Confined JBHC G1 R1 O'Donovan Rossa v Lough Rovers in Kilmichael
 Sat, May 3rd @5pm Confined JBHC G1 R1 Bantry Blues v Ballyclough Ovens
 Sat, May 3rd @5pm Confined JBHC G2 R1 Uibh Laoire v Ballyphehane in Coachford
 Sat, May 3rd @5pm Confined JBHC G2 R1 Crosshaven v Laochra Óg in Ballymaw
 Sat, May 3rd @5pm Confined JBHC G3 R1 Gabriel Rangers v Rathpeaconn Enniskeane
 Sun, May 4th @1.45pm Munster SFC Final Munster Senior Football Final
 Sun, May 4th Club H League R5 Red FM Hurling League R5

Provincial Hurling Championships:

MUNSTER

Round 1 - April 19th-20th: Clare v Cork; Tipperary v Limerick
 Round 2 - April 26th-27th: Cork v Tipperary; Waterford v Clare
 Round 3A - May 3rd-4th: Waterford v Limerick
 Round 3B - May 10th-11th: Clare v Tipperary
 Round 4 - May 17th-18th: Limerick v Cork; Tipperary v Waterford
 Round 5 - May 24th-25th: Limerick v Clare: Cork v Waterford
 Final - June 7th (Saturday): 1st Placed Team v 2nd Placed Team



All-Ireland Hurling Championship.

Preliminary Quarter-Finals: June 14th-15th (Saturday/Sunday):
 Winner Joe McDonagh Cup v 3rd Placed Team Leinster Group; Runner-Up Joe McDonagh Cup v 3rd Placed Team Munster Group
 Quarter-Finals: June 21st-22nd (Saturday/Sunday):
 Munster Runner-Up v Winner Joe McDonagh Cup/3rd Placed Team Leinster Group; Leinster Runner-Up v Runner-Up Joe McDonagh Cup/3rd Placed Team Munster Group
 Semi-Finals: July 5th (Saturday): Munster Provincial Winner v Quarter-Final Winner; July 6th (Sunday): Leinster Provincial Winner v Quarter-Final Winner
 All-Ireland Final: July 20th (Sunday) - (Replay August 2nd (Saturday))

Provincial Football Championships:

MUNSTER

Quarter-Finals - April 5/6: Waterford v Tipperary; Limerick v Cork
 Semi-Finals - April 19/20: Limerick/Cork v Kerry; Waterford/Tipperary v Clare
 Final - May 4

All-Ireland SFC:

Group Stage
 Round 1: May 17th-18th (Saturday/Sunday) or May 24th-25th (Saturday/Sunday)
 Round 2: May 31st-June 1st (Saturday/Sunday)
 Round 3: June 14th-15th (Saturday/Sunday)
 Preliminary Quarter-Finals: June 21st-22nd (Saturday/Sunday)
 Quarter-Finals: June 28th-29th (Saturday/Sunday)
 Semi-Finals: July 12th-13th (Saturday/Sunday)
 All-Ireland Final: July 27th (Sunday) (Replay: August 9th (Saturday))
 Tailteann Cup: For teams which fail to qualify for the All Ireland Senior Championship (Sam Maguire Cup)
 Group Stage
 Round 1: May 10th-11th (Saturday/Sunday) or May 24th-25th (Saturday/Sunday)
 Round 2: May 17th-May 18th (Saturday/Sunday)
 Round 3: May 31st-June 1st (Saturday/Sunday)
 Preliminary Quarter-Finals: June 7th-8th (Saturday/Sunday)
 Quarter-Finals: June 14th-15th (Saturday/Sunday)
 Final: July 12th (Saturday)

Muskerry Gaa

Macroom Motors Mid Cork U21 Football Championship Finals

U21 A Football

Final: Ballinacollig v Éire Óg

U21 B Football

Final: Donoughmore v Inniscarra

U21 C Football

Final: Blarney 1-8 Iveleary/Dripsey 0-10

Muskerry EPH Controls Junior Football League

Div 1 Éire Óg 6, Grenagh 5, Donoughmore 5, Kilmichael 3, Ballinacollig 3, Clondrohid 2, Béal Átha'n Ghaorthaidh 0, Aghabullogue 0
 Div 2 East: Donoughmore 2, Ballinacollig2, Inniscarra, Blarney, Ballinora, Dripsey, Gleann na Laoi
 Div 2 West: Canovee 2, Kilmurry 2, Naomh Abán 2, Macroom 0, Cill na Martra 0, Iveleary 0, Aghinagh 0
 Div 3 East: Ballinacollig, Lough Rovers, Éire Óg, Inniscarra, Kilmurry, Grenagh
 Div 3 West: Canovee, Clondrohid, Kilmichael, Macroom, Naomh Abán, Béal Átha'n Ghaorthaidh

Cumnor Construction Div One Junior Hurling League

Grenagh 4, Donoughmore 4, Kilmichael 2, Éire Óg 2, Inniscarra 2, Ballinacollig 0, Dripsey 0, Blarney 0

Erneside Engineering Div Two Hurling League

Cloughdub 2, Blarney 2, Inniscarra 2, Éire Óg 0, Aghabullogue 0, Ballinora 0, Iveleary 0, Grenagh 0

2025 Muskerry Division GAA Championship Draws

Ross Oil Junior A Football Championship

Group 1: A Donoughmore, B Ballinacollig, C Blarney, D Dripsey
 Group 2: Aghinagh, Grenagh, Clondrohid, Kilmichael
 Group 3: Éire Óg, Beal Átha'n Ghaorthaidh, Ballinora, Kilmichael
 Two teams from each group to progress to play-off stages, top two to semi final stage and the other four to quarter final stage.
 Sequence: Rd 1: A v B, C v D Rd 2: A v D, AB v C: Rd 3: A v C, B v D

MJK Oils Junior A Hurling Championship

10 teams, 2 groups, top two in each to semi final stage.
 Group 1:
 A Ballinacollig, B Inniscarra C Donoughmore D Blarney E Aghabullogue
 Group 2:
 A Ballinora B Grenagh C Dripsey D Éire Óg E Kilmichael
 Rd 1: D v E, B v C - A a bye
 Rd 2: E v C, D v A - B a bye
 Rd 3: B v D, A v E - C a bye
 Rd 4: C v A, E v B - D a bye
 Rd 5: A v B, C v D - E a bye

LAOCHRA ÓG NOTES

30th March 2025 What an absolutely incredible performance from Laochra Ogs u12 hurlers this morning on a gorgeous Sunday morning in Millstreet. Millstreet hosted us, Banteer, Rathmore, Dromtarriffe and Newmarket in a big battle blitz in memory of Jim Bradley of Millstreet. All games were of very high competition and the skills out of each team were outstanding and magic to see out of such a young group of lads. It was fantastic to be asked down to attend the first memorial blitz and I'm sure it will be a huge event every year. The day was ran flawlessly and we would like to give a huge thanks to the Bradley family and in particular DJ for organising the event. We couldn't be prouder of our young hurlers who left absolutely nothing on the pitch and came away with the cup after 6 really tough games. Big thanks to the parents and especially the mams for bringing out the boys on this special day and we hope it was made all that bit more special with the win. Thanks to our sponsors Mid Cork Pallets also.

22nd March 2025 Laochra Og U12 Camogie team played at Ballymacorcoran this evening against St.



U12 Camogie v St. Finbarr's in Ballymacorcoran 01

Finbarrs. A great challenge game for both sides testing their skills and giving both sides some very good game time. Well done everyone.

16th March 2025 Well done to our u14 hurling team who played O Donovan Rossa in Coláiste Gobnatan this morning.

Laochra óg put on a great performance.

Well done to every single player today . They played their hearts out and fought for every ball.

A great win for laochra óg.

Thanks to our sponsors M & J Kelleher MJK oils.Thanks to all the parents that supported the lads. Well done to all the lads who played this morning



U12 Hurlers today in Millstreet 30th March 2025



U14 Hurling v O'Donovan Rossa 14th March 2025

MACROOM SOCCER

U14 Div 1 league result.

Macroom 3.10 Clyda Rovers 4.7.

Macroom u12 after a good outing vs Naomh Aban this morning. Some excellent football on show. Led today by captain Liam O'Callaghan.

Macroom Minor Div 4 team were on the road today for a league game vs Carrigaline. Playing against a strong wind in the first half, Macroom struggled going forward. They did defend solidly and contained Carrigaline for the most part. HT score 1-6 to 0-2 in favour of Carrigaline. The second half started with

Macroom upping the tempo. They still trailed however by 7 pts entering the final quarter. A goal from a long range shot by Ruairi O'Shea resulted in a real shift of momentum and Macroom really pushed on in the closing stages kicking some great scores. Final result being a draw at 1-11 each with Macroom unlucky not to win in the end. A big squad of 23 togged today with 4 x u16s stepping up to play their first games at minor level and they played admirably. Darragh Donovan played outstanding at midfield and Billy Murphy kicked 6 2nd half pints having being introduced at

half time. An encouraging performance for the season ahead.

Macroom Minors who lost to St Finbarr's today in the Premier 2 League . St Finbarr s fully deserving winners on a day where Macroom never got going .

Donagh Murray & Eoghan Healy doing well and aided by Ruairi O Shea , Billy Murphy , Billy Coleman, Ruadhan McKenna and Cathal Neville.

Full time Macroom 0.10 St Finbarr s 2.11

Scorers Ruairi O Shea 0.7 (3f, 1x2pt)

Billy Coleman 0.1 , Billy Murphy 0.1 , Cian O Sullivan 0-1



Macroom Premier 2 Minor team photo



Macroom U12 team photo



Macroom Minor C3 team photo



Macroom U14 team photo

Coach Education Evening with Mid-Cork Coaching

Another great turnout at our latest coach education evening. Thanks to Cormac Buckley from Mid Cork Coaching who delivered some excellent drills and advice to coaches from our Academy teams. So far this season, 45 of our coaches have completed this coach education night with MCC and feedback is really positive. Thanks also to our coaching officer Stephen Buckley for the work in organising these important events. Well done and thanks to all who attended.

Adult Senior Men's Team - Munster Senior League

Sponsor: Murray's Bar

Back to Back wins for our men's team who are finally getting the rewards from all their hard work.

Saturday 15th March the boys took on Temple Utd in Murray field and came away with a 1-0 victory. The goal coming from our right back Daniel Buckley who stuck a left footed shot from the edge of the box and it flew into the top corner. A goal fitting for our first three points of the season.

Saturday 22nd March the boys traveled to windy Kinsale and took all three points with a 4-2 victory. This was a challenging game with gale force winds making it hard to play football. As Macroom played against the wind in the first half we found ourselves 2-0 down after 30 minutes. But the boys battled away and got one back before halftime from Dylan Twomey.

Macroom started the second half really brightly and were back on level terms when Mateusz Juszczak pounced in the box to curl the ball into the net. With the wind at our backs the pressure was kept on Kinsale and a third came when Luke Ring floated a beautiful ball across the box Dylan Twomey left the ball go over his shoulder and he volleyed the ball into the roof of the net. And with confidence on a high Jack Kearney struck a great shot from the edge of the box which nestled in the bottom corner of the goal. Some great defensive skills were shown as we managed the game to a 4-2 victory.

U-17 Youths League 1

Sponsor: Greg's Garage

Macroom FC: 2 Bandon AFC: 4

Macroom FC U-17s played against Bandon AFC on Saturday Morning in nasty conditions down on Murrayfield.

The first half started as expected with possession being shared between the two teams. In the first 30 minutes both sides tried finding an opening but eventually it was Bandon who found the net first as a free kick saved by Cathal Neville rebounded into a Bandon player who finished it off.

In the second half Macroom tried finding an equaliser but hope was shot down as Bandon scored a second and third goal quickly. Shortly after Bandon scored a fourth. Macroom just trying to find a consolation goal

now eventually got theirs through a great goal by Tristyn McBride assisted by Rory McElroy after some good interplay down the left. Soon after Macroom got their second as Rory McElroy arrived late at the back post and finished in to the roof of the net to get a goal for himself as well. Macroom threw everything, including the goalkeeper, at it during the last few minutes but full time Macroom 2-4 Bandon. Match report by Ben Cunningham.

U-16 Schoolboys Division 7

Macroom FC A: 7 Blarney United B: 0

Great to be back to winning ways. What a tremendous display today by everyone. Game started with end to end play until a great assist from José put Liam through on goal with a fabulous finish in the 19th minute. The hard working Daniel Lucey knocked home our second in the 33rd minute with another assist from the king of assists, José. Three minutes later a fabulous finish by Ben McCarthy saw us go in three to the good at half time.

The 14th minute of the second half saw another great goal from Liam and a minute later Ben had his second to leave us 5 in front. The 6th goal came in the 22nd minute of the half when Darragh Murphy, playing his first game for the team registered his first goal for the team. 6-0 but Eoin Underhill and Davitt Kinkadze wanted part of the action and duly scored in the 26th and 37th minutes respectively.

The result is recorded as a 7-0 win. A great scoreline, a first clean sheet and tremendous attitude and play from the boys. Nothing less than what Tadhg and his players deserved. Thanks to the parents for their support, to the referee Kieran Burns on officiating and Coach Tadhg for the constant support he gives the boys. Onwards together.

U-14 Schoolboys Division 2

Youghal United: 1 Macroom FC: 1

We had an early morning road trip as we were away to Youghal for a 10:00 kick off. The first half was evenly contested, Macroom shaded the possession but found themselves 1-0 down at half time. Macroom were playing very well, creating some very good opportunities but the Youghal goalkeeper was equally having a very good game in the home goal. The half time team talk in the away dugout was straightforward, more of the same from a team who are playing really well at this stage of the season.

Early in the second half, Macroom were unlucky not to be level when Sean MacSullivan finished to the Youghal net but the referee adjudged the ball had crossed the end line from a touch by a Youghal defender and Macroom had to settle for a corner kick. Macroom continued to take the game to Youghal and deservedly levelled the game with 10 mins to go when Con Moss headed a Leon Kelleher corner to the net.

Both teams continued to give their all in what was a fiercely contested and sporting match. Macroom stood tall in defending a Youghal free kick from the edge of the box in the closing minutes but equally the Youghal goalkeeper had a very good double save from a Macroom free kick in the closing seconds of the game and so this fantastic game ended with honours even.

Macroom team captain today was Darragh O' Shea who put in a big shift in midfield. Thanks to our sponsors Barry O Connor Transport Ltd and to our travelling fans for your great support as always. Thanks to Youghal for hosting us and contributing to a really great game. Both teams gave their all and both sets of players should be really proud of themselves. Well done to Macroom, you are playing really good football and displaying heart & determination in abundance in every match this season.. With four games remaining Macroom are now second in the League table.

U-13A Schoolboys

Greenwood FC: 1 Macroom FC: 1

Macroom U-13a were away to Greenwood. Final score was 1-1 with Macroom scoring early and controlling most of the first half but were caught on the counter attack before halftime to send the teams in 1-1 at half time. The second half resumed with Macroom pushing forward looking for the decisive goal which wouldn't come through no fault of the players who worked tirelessly throughout.

Goal scored by Brian Lloyd and captain for the day was Oisín Harrington. Well done to all players who left everything on the pitch, parents for their support and Suleman Ahmed for sponsoring the jerseys.

U-12 Schoolboys Division 1

Fermoy FC: 1 Macroom FC: 2

The U-12s were out early away to Fermoy for a league match. On a cold windy morning our lads took awhile to warm up and Fermoy went one nil up when confusion at the back saw a ball slip past our defence and keeper. The boys restarted and from then put pressure on Fermoy. They pressed on and a corner from Jace Ring saw the ball drop to Eoghan Kelly and ended up in back of net. 1-1 and lads were determined to make it two.

In the second half some lovely passages of play and even a rocket from Finn Moss that was carried away by the wind we were going for the win!!! Ronan Dunton played Eoghan Kelly the ball and Eoghan slotted the ball into the net 2-1 and some time left on the clock. The defence held tough and we finished with a win. A fantastic effort against a good team.

Thanks to Fermoy FC for a great match and to Dornan Engineering sponsors of our kits



Macroom FC Adult Senior Men's Team.



Macroom FC U-11 Schoolboys in action against Midleton FC



Macroom FC U-12B Schoolboys in action against Mayfield Utd



Macroom FC U-11 Schoolboys in action against Midleton FC



Macroom FC U-12 Schoolboys



Macroom FC U-13A Schoolboys



Páirc Íosagáin, Baile Bhuirne. The Home of Naomh Abán "One Club" who hosted its first ever ladies Inter-County game.



Foireann Idirmheanach Naomh Abán a bhuaigh i Sraith Peile LGFA Chorcaí Roinn 1.



Cork senior Ladies Footballers & Naomh Abán Ladies Footballers, Lydia McDonagh, Rosie Corkery & Amy McDonagh who played for Cork In the National League Game V Clare hosted by Naomh Abán "One Club" in Páirc Íosagáin, Baile Bhuirne.



Cailíní Fé12 Naomh Abán a bhí ag imirt ag Leathama i bPáirc Íosagáin ag an Cluiche Sraith Náisiúnta LGFA idir Corcaigh & An Clár.



Peileadóir Naomh Abán, Edward Myers, atá ainmnithe ar Foireann Fé20 Chorcaí i 2025.



Athletes from Muskerry Special Olympics Club with medals go leor from participating at the West Muskerry AC sports Day recently



North Cork girls roadbowling team who won the recent regional county title at Ballineen. Layla Fleming, Jena Healy and Chloe Hubbard.



Cill na Martra (v Carraig Uí Leighin)



West Cork Rapid Response (WCRR) with Muinefliuch school children, working together to lift a stretcher



Macroom FC U-17 Youth Team



Children at Muinefliuch school Checking out the jeep



Success for Rebecca Casey



Rebecca Casey with her parents and grandfather. (C. Kelleher).



Rebecca Casey with Macroom Judo Club members, including her coach, Ted Leahy, second from right. (C. Kelleher).



Rebecca Casey, with her medals won recently in Galway. (C. Kelleher).



Macroom FC U-14 Schoolboys



Macroom FC U-16A Schoolboys



Canovee Sciath na Scol hurlers before their first game vs Clondrohid

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We are blessed in this part of the country because we have lovely places to go walking and beautiful countryside. As we all know walking is good for your health, mind and body. As I am from Macroom I'm more familiar with the beautiful walkways we have in Macroom. To name just a few, the Castle Grounds back as far as the Golf House and beyond to the black gate along the banks of the river Sullane, from Macroom to Cooltower the Holy Well and Grotto and back to the Gearragh. The walk around Slaveen and Raleigh. Please stay safe when out walking and always wear a visibility vest to make sure you are seen at all times. The work on the new footpath from Macroom to Coolcower is great for walkers its much safer because its wider and more smooth and more even.

Well done to everyone involved in these roadworks and footpaths.

Mary O Callaghan – Hallissey, Raleigh, Macroom



The lovely smooth road and footpath.



Mary O Callaghan – Hallissey, Raleigh

MILAGE FRAUD IS RIPPING OFF INNOCENT CAR BUYERS – NÍ MHURCHÚ

EU Commission estimate up to half of all second-hand cars traded within the EU have been clocked. MEP, Cynthia Ní Mhurchú, calls for immediate EU legislation to combat milage fraud in our second hand car market. Ireland South MEP Cynthia Ní Mhurchú says she is not surprised at recent reports from the Competition and Consumer Protection Commission that car related complaints make up a large part of calls to their helpline. She has called for a pan-European mileage database to deal with the wide spread issue of car clocking or mileage fraud in our second hand car market in Europe.

Car clocking falsely inflates the value of older cars, scams innocent car buyers into paying more for a car and has a knock on impact on road safety and environmental targets as older, more worn, less environmentally friendly cars are passed off as newer cars.

An EU Parliament report from 2018 says that car clocking or milage fraud in second-hand cars is widespread in cars traded across EU borders and is estimated to affect up to 50% of second hand cars bought and sold. Ní Mhurchú, a new member of the Transport Committee that commissioned this

report, has criticised the lack of action on it within the European Parliament and is pushing for action on car clocking and milage fraud in our second hand car market in Europe.

"More than 60 million second-hand cars are sold every year in the EU yet we have no single EU law to stop car clocking. Young people are spending their hard earned money on second hand cars only to find they have been scammed. Clocked cars are a danger on our roads, and a threat to the legitimate dealerships who are selling high quality second hand cars all over Ireland"

Ní Mhurchú says it is understandable that a study by the Transport committee of the European Parliament found that 34% of people who bought a second hand car did not know or did not ask about the milage on the car,

"People are not mechanics. They buy a car to get from A to B in good faith and they trust in the system to protect them. Right now, it is failing them across Europe and we need to fix that"

A European Parliament report from the Transport Committee estimates the economic impact of odometer fraud on the EU to be in the region of

between €6bn and €9bn. Despite this, Ní Mhurchú pointed out that odometer fraud is only a criminal offence in six EU Member States, including Ireland. She has called for car clocking to be made a criminal offence across all EU member states in forthcoming EU roads legislation and that the EU would institute an EU wide milage database similar to Belgium's car pass system. She has also said legislators will work with car manufacturers to make car clocking less easy to do.

Ní Mhurchú also described car clocking as a serious safety issue,

"Cars have scheduled maintenance based on their mileage. If the mileage is wrong - then the maintenance will be wrong, leading to a situation where brake pads may be worn, engines may not be correctly serviced, - all of which impacts on safety on our roads in Ireland"

The Ireland South MEP said clocking a car is all too easy to do, "I have watched online videos where people are using devices to alter a cars milage in minutes. It is too easy and this is something we have to work with car manufacturers on"

IRELAND WILL MISS ITS 2030 OFFSHORE WIND ENERGY TARGETS ACCORDING TO EIRGRID - MEP KELLEHER

- 27% OF 5GW TARGET BEING REACHED BY 2030 IS UNACCEPTABLE -

"It's now abundantly clear that Ireland will miss its own 2030 offshore wind energy targets, and urgent remedial action is required if we are to get anywhere close to them," says Fianna Fáil MEP Billy Kelleher.

Kelleher was commenting after the publication of a new report by Eirgrid into Ireland's possible future energy consumption.

"Included in this report was the startling admission that offshore wind capacity will only reach 1.35GW by 2030, which is only 27% of the existing national target of 5GW.

"We are failing, and failing badly. If we do not ramp up our offshore capacity, and in other renewables, we risk, as a country, facing the choice of burning gas and oil or allowing our economy to stagnate and decline.

"The last Minister for Energy took a very hands-off approach to offshore wind energy. I am calling on the

new Minister, Darragh O'Brien to get stuck in, and help turn the tide.

"Working with Minister Dooley, who is responsible for marine mapping, Minister O'Brien needs to overcome the bureaucratic barriers stopping Ireland from reaching its full potential.

"Ireland has the potential to be a wind energy super power. Yet, we are failing miserably.

"We need a fundamental re-appraisal of our planning and permitting system; we need major investment in our grid system. We need the mapping of our waters expedited as quickly as possible.

"Major investment is needed in our deep-water port capacity if we are to be able to service the turbine construction sector.

"While the Celtic Interconnector is due to become operational in 2026/2027, we need to start planning

additional connectors to ensure Ireland can export excess wind energy.

"There must be mandatory, guaranteed timelines certainty for planning and permitting. Investors are afraid of tying up their capital in projects in Ireland that could take up to a decade to get a return on their investment.

"There is no time to lose. Other countries are moving ahead of us. It shouldn't be like this, and the new Government cannot hang about if we are to make the most of our potential," concluded Kelleher.



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A Word of Victory

"Then Pharaoh said to Joseph, 'I had a dream last night, and no one here can tell me what it means. But I have heard that when you hear about a dream you can interpret it?' 'It is beyond my power to do this' Joseph replied, 'but God can tell you what it means and set you at ease'" (Genesis 41:15-16 NLT).

Welcome back dear student, continuing on studying dreams. Last week we saw that some dreams are from God, and some aren't. Whether we respond to meaningful dreams is up to us. Some frightening dreams are just nightmares: a visitation from the enemy - but other seemingly scary dreams are significant, like the one Pharaoh had here. It really disturbed him, so he called his magicians and wise men to see if they could interpret it for him. No one could. Then one of his aides remembered that when he had a dream in prison, a Hebrew prisoner called Joseph rightly interpreted his dream (Genesis 41:8-13). He spoke to Pharaoh, and Joseph was promptly brought out of prison to see the king. Joseph told Pharaoh that he had no power in himself for this, but God Whom he served - Yahweh, the Almighty Living God would answer. And he did!

The dream was an amazing warning of a coming drought that ended up affecting the world. Pharaoh remembered the details vividly. In God-dreams colours, sounds, smells, and vehicles are all symbolic and important. Joseph prayed and interpreted this dream that seven years of abundant harvests were coming, but they would be followed by seven years of dire famine. He told Pharaoh that God was giving time to be prepared, and not to waste the excess abundance due, but store it up wisely. Joseph told him that having the dream twice indicated it was certain, and now was the time to act upon what God had revealed, by placing someone in charge of preparation for what was coming. Pharaoh didn't need to think twice about it. He appointed Joseph as overseer for carrying all this out.


This dream not only saved Pharaoh and Egypt, but they ended up supplying the world with provision when the famine did come thanks to Joseph's discernment and planning (Genesis 41:57). Joseph was elevated from the prison to the palace - not because of some psychic gift, but because of his relationship and dependence upon the Lord. "For the household gods utter nonsense, and the diviners see lies; they tell false dreams and give empty consolation. Therefore, the people wander like sheep; they are afflicted for lack of a shepherd" (Zechariah 10:2). People often look to horoscopes, mediums, or fortune-tellers for wisdom, but that is consulting a lying spirit that is not from God - but from the kingdom of darkness. It needs to be repented of because it is an open door to destruction and generational bondage. Dreams from God are life-giving, life-promoting, offering deliverance and freedom in Christ. Like the verse says the people are afflicted for lack of a shepherd. Pharaoh was the ruler in his kingdom, but he understood that he did not have the answers, nor did any of those who practiced powerful magic in his palace. Only God had the answer, and once he was willing to listen to the Lord's counsel, prosperity followed (Isaiah 9:6-7). Even though his dream terrified him, it was actually a good dream, and God brought redemption through his obedience to the message! God later spoke to Mary's husband Joseph, and Paul, Peter, and Cornelius to name but a few, in dreams and visions, and He's still giving revelation knowledge today (Matthew 2:12-23; Acts chapters 9 & 10; Job 33:14-18). Bring your dreams to the Lord Jesus for His Spiritual Counsel friend, Amen.

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Just a thought

Ath. Seán Mac Cárthaigh,
Baile Bhuirne / Cúil Aodha

A matter of taste

Have you ever noticed what happens you have a delayed reaction to a food you are tasting for the first time? It might take a few seconds for you to decide whether you like it or not. We are conflicted. The reason is our taste buds. Science tells us that there are 4 types of taste buds in the human tongue - sweet, sour, bitter and salty.

Sweet taste buds are at the tip of the tongue, and hence some bitter-sweet foods are sweet to the taste at the tip first and therefore pleasing and invite us to try more only for us to experience a bitter aftertaste. Eating lemon sherbet boiled sweets is a good example of various taste sensations! Funny how we apply that word 'taste' to other things in life. An old Latin saying goes - 'De gustibus non disputandum est' or 'There's no accounting for taste!'

Be it books, films, art works.

But we can extend the image of taste to our decision-making.

Certain decisions we make, and some social situations seem attractive at first, but later we are dismayed or disappointed, leaving a bitter aftertaste.

In a culture that emphasizes choice, we might forget some choices are always wrong in themselves with disastrous consequences. Sin has an allure, a gloss, like poison that's sweet to the taste but leaves toxic effects. Many sins are sweet and attractive - where something appeals to us. But all sin sours.

We use the term "juicy" gossip - indulging in the appeal of finding some juice on someone - only for them to walk into the room as we are talking about them! How sweet is it then?

It may seem appealing to us to lose our temper only for us to bitterly regret the look of hurt on someone's face as we vent. We cannot unsay what we have said in haste or passion.

It may be sweet to have that extra dessert at night only for us to wake up later with heartburn.

The root of all sin is misplaced pride. We might declare to ourselves that in this instance what I say or do doesn't really make any difference so long as my choices only hurt me and not others.

But all sin is destructive. Sin severs my relationship with God, others and myself. Sin damages trust.

We all have some self-destruct button called moral weakness, and wounds which we try to cover up with a front instead of going to Christ for healing.

It is an explanation for our behaviour - but not an excuse, however.

We are right now on the road of harming or healing in our daily choices: ourselves, others and our relationship with God.

We have a conscience. There is something such as healthy guilt or remorse - but it is all too easy to give into rationalisation or minimalisation.

We need accountability in our lives if we are to be truly morally and spiritually healthy. Like a sponsor, counselor or priest.

We do not need to run and hide from God any longer, even though we often do when we sin repeatedly. God always forgives - if we let Him.

The hardest thing to swallow in the process is humble pie. But as for the joy of God's forgiveness - how sweet it is!

God bless. Fr Seán

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FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
ANNIE RIORDAN
Inchigeela
R.I.P 6th of April 2024

As we lovingly remember Annie on her first anniversary of her passing, we would like to sincerely thank our family, friends, neighbour's, colleagues and all those who supported and sympathised with us on our loss.

We thank in particular the staff of Ballincollig Community Nursing Unit who cared for Annie with such compassion, dignity and respect and supported us as a family at the most difficult and heartbreaking of times sincere appreciation also to Caseys Funeral Services for their support throughout the funeral process.

We thank Fr. Anthony O' Mahony who celebrated Annie's mass also the church sacristan.

Thank you to all those who attended Annie's funeral called to our homes sent cards and letters and supported us in many ways through our time of loss.

The Holy Sacrament of the mass will be offered for your intentions.



Annie's Anniversary Mass will be held in Inchigeelagh Church Monday morning 7th of April at 9.30am.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
CHRISSIE RING
Coolinea, Aghabullogue, Co. Cork
Who Died on Saturday 6th April 2024

We lovingly remember our cherished sister and aunt, Chrissie, on this her first anniversary. We, her family would like to express our gratitude and thanks to everyone who sympathised and offered support during our sad loss.

We thank those who attended the removal and funeral mass, those who joined us online for the funeral mass, those who took the time to send mass cards, post online condolences, and called to the house. A sincere thanks to all our wonderful neighbours and friends.

A special word of thanks to the wonderful staff of the Powdermill Nursing Home in Ballincollig for the great care, attention, dignity and kindness Chrissie received while a resident there and the support they gave us her family. Thank you also to Aisling her carer who so good and kind to her.

We would like to thank Fr. Peadar for his visits on First Fridays, and for all the support he gave us during the removal and funeral, and most importantly for such a personal and beautiful funeral mass. Thanks also to Norma for the lovely music and to the Sacristan team for ensuring the church looked so nice.

Thank you so much to Casey Undertakers, especially Cyril Casey and John Manning for their help, advice, kindness and professionalism from that very first phone call. We would also like to thank Rory and the whole team in the Castle Hotel for the great service as always after the funeral.

It is impossible to thank everyone, so please accept this acknowledgement as a token of our sincere appreciation. The Holy Sacrifice of the Mass will be offered for you intentions.

*Just a prayer from the ones who loved you,
Just a memory fond and true,
In our hearts you will live forever,
Because we thought the world of you.*



*Sadly missed and lovingly remembered.
May she rest in peace.*

3RD ANNIVERSARY



In loving memory of
BERNADETTE CARROLL
Glen Park, Macroom
Who died on. 19th April 2022

*I miss you now, my heart is sore,
As time goes by, I miss you more,
Your loving smile, your gentle face,
No one can fill your vacant place.*



Always loved and missed everyday, best friend & husband Dick.

3RD ANNIVERSARY



In loving memory of
BERNADETTE CARROLL
Glen Park, Macroom
Who died on. 19th April 2022

*We miss your smile, your joking way
We miss the things you used to say.
A smile for all, a heart of gold
One of the best this world could hold.*



Forever loved, remembered and sadly missed, Ann, Denis, Róisín & their families.

Anniversary mass will take place 11th April St Colmans Church Macroom at 7.30pm

7TH ANNIVERSARY



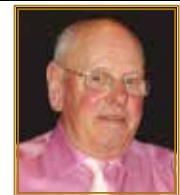
In loving memory of
DONAL MOYNIHAN
Drishlaoi, Coachford
who died on 13th April 2018.

*Those we love don't go away,
They walk beside us every day,
Unseen, unheard, but always near;
Still loved, still missed so very dear.*



Always loved & remembered by his wife Sheila, son Michael, daughters Josephine & Helena, grandchildren & extended family

8TH ANNIVERSARY



In loving memory of
PATRICK JOSEPH (P.J.) LEHANE
Kilnagurteen, Macroom
Who died on 13th April 2017

*As each day dawns,
we think of you.
As each night falls,
we pray for you.
And throughout our lives,
no matter where, in our hearts
You are always there.*



Deeply missed by his loving wife Anne, children Angela and Paul, and grandchildren Leanne, Neil and Paul, in-laws John and Donna, family and friends.

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **SH**

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **MC**

11TH ANNIVERSARY



In loving memory of

HUGH TWOMEY

(HUGH MIKE HUGH)

The Mills, Ballyvourney
Who passed away on 3rd April, 2014

*There is a face before us
A voice we would love to hear,
A smile we will always remember
Of a Dad we loved so dear.
Dear Dad you gave us so much
Your sense of fun and fairness,
Your love and wisdom
And the importance of enjoying
and treasuring life.*

Always remembered with great love and affection by Margaret, Joan, Michael, Mary and Martin & their partners and his 16 grandchildren and two Great Grandchildren Ellie and Jenny
xxxxx

3RD ANNIVERSARY



In loving memory of

EILEEN O'SULLIVAN

No 6 Cois Gille, Late of Ballyvoige
Kilnamartyra, Macroom
Who died on 2nd April 2022

*Of all the special gifts in life,
However great or small,
to have you as our aunt,
was the greatest gift of all.
We think about you always,
we talk about you still,
you have never been forgotten,
and you never will.
We hold you close within our hearts,
and there you will remain,
to walk and guide us through our lives,
until we meet again.*

Always remembered by your nephews & Nieces

30TH & 5TH ANNIVERSARY



In loving memory of

JOHNNY & JERRY MCCARTHY

Ballinagree
Johnny died on the 25th of March 1995.
Jerry died on the 30th of March 2020.

*Kind friends who think of them today.
A little prayer to Jesus say.*

Never forgotten by their loving family at home in Ballinagree and overseas.

May they Rest In Peace

14TH ANNIVERSARY



In loving memory of

MICAEL DINEEN
Clondrohid

Who died on the 7th April, 2011

*Every day in some small way
Memories of you come our way.
Though absent you are always near
Still missed, loved and always dear.*

Always remembered by his wife Caroline, son Darren and daughter Katie.

10TH ANNIVERSARY



In loving memory of

DENIS O'SULLIVAN

Old Fort, Carrigadrohid,
Macroom, Co. Cork.
Who died on April 11th 2015

*Will those who think of
Denis today,
A little prayer to Jesus say,
Sacred Heart of Jesus pray for him.*

Sadly missed by your loving wife Mena and family.

12TH ANNIVERSARY



Treasured memories of our beloved

JERRY MANNING

Coolnadane, Macroom
whose anniversary occurs
on the 6th of April.

Dearly loved and sadly missed everyday by Mam, John, Julie, David, Martin, Raymond, Marie, Kevin and extended families.

5TH ANNIVERSARY AND 18TH ANNIVERSARY



In loving memory of

ANASTATIA RONAN

Who passed away on
the 14th April 2020

30 O'Connor Park, Masseytown, Macroom

*Just a prayer from the family
Who loved you
Just a memory fond and true
In our hearts you live forever
because we thought the world of you.*

Lovingly remembered by your loving family.
Catherine & Martin, John & Gillian, Craig, Ava, Ben, Oran & Ella.



KEVIN RONAN

Who passed away on
the 11th April 2007

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22ND ANNIVERSARY



In loving memory today and always of a dear Son, Brother, Uncle and Granduncle

MICHAEL DONLON

Roughgrone, Bandon, Co.Cork who died on the 2nd of April 2003.

Aged 32
R.I.P

*Time changes many things
But not the memory this day brings
You always had a smile to share
A laugh - a joke
And a time to care .
A beautiful nature warm and true
We just want to say :
Always loved - never forgotten.*



Sadly missed and always remembered by his loving father Richard, sisters Marian & Nora, nephews Kenneth, David, Sean. Kenneth's wife Laurie, grandnephews Darragh & James.

7TH ANNIVERSARY



In loving memory of

TIMMY O'CALLAGHAN

Curraclough, Lissarda
Who died on 6th April 2018

*A silent thought
A quiet prayer
For a special person
In God's care.*



Always Remembered by his Loving Family Shelia, Ursula, Dan, Helen, Brendan and grandchildren.

3RD ANNIVERSARY & 34TH ANNIVERSARY



In loving memory of

MAUREEN CUNNINGHAM JOE CUNNINGHAM GERARD CUNNINGHAM

Who died Who died who died
29th March 2022 17th April 2022 17th March 1991

Sleaveen Rd, Macroom and St Colman's Park.

Beloved mam and brothers deep in our hearts your memory is kept to love and cherish and never forget .



Always remembered by Denis priscilla and family

4TH ANNIVERSARY



In loving memory of

TADGH LYONS

Curraheha, Crookstown, Co. Cork. who died on the 7th of April 2021.

*A smile for all,a heart of gold.
The very best this world could hold.
Never selfish, always kind,
These are the memories
You've left behind.*



Always remembered by your loving family, Peg, Peter, Marie, Eileen & Clare, & your son's in law & grandchildren.

30TH ANNIVERSARY



In loving memory of

TED TWOMEY

New Street, Macroom
Who died 5th April 1995

*Your wish today would be no fuss
Just be remembered by all of us.*



Always remembered Hannah

6TH ANNIVERSARY



In loving memory of

JOE LEAHY

Farran, Ovens
6th anniversary away from home on April 7th

Too dearly loved to be forgotten.



Always remembered by his wife Mai and his family

8TH & 15TH ANNIVERSARY



In loving memory of

JUSTIN & SHEILA WHITE

Whose anniversaries occur on 14th & 17th March

*There'll be blue birds over
The white cliffs of Dover
Tomorrow just you wait and see
There'll be love and laughter
and peace ever after
Tomorrow when the world is free.*



Fondly remembered by your daughters Mary, Liz and Sheila

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted.Never known to fail. Must promise publication of prayer. **MBD**

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18TH ANNIVERSARY



In loving memory of

JIM TIERNAN

Codrum, Macroom.

Who died on the 30th March 2007

*'Those who think of Jim today,
a little prayer to Jesus we say.'*



Always remembered by your wife Mary,
daughters Sinead, Una and Catraoine,
son Brian and families.

40TH ANNIVERSARY



In loving memory of

**MICHAEL
KELLEHER**

Bealick, Macroom, Co. Cork

Died 4th April 1985

*A loving nature,
A heart of gold,
These are the memories,
We never forget,
On his soul sweet Jesus have mercy.
RIP*



Always remembered by his loving
Brothers, Sisters, Brother-in-law, Sister-
in-law, Nephews, Nieces, Grand Nephews,
Grand Nieces.
May he rest in peace.

3RD ANNIVERSARY



In loving memory of

NOREEN BURNS

Tarelton, Macroom

Who died 11th April 2022.

*Remembering Noreen
- treasured wife, mother & Nana.
Forever reunited
with her beloved Connie
(recently deceased).*

*Time slips by & life goes on... but from our
hearts you're never gone xx*



Loved always, never forgotten
- Sheila & family.

Anniversary Mass Toames 6th April
at 10am.

3RD ANNIVERSARY



In loving memory of

**MARY
O'SULLIVAN**

Ballytrasna Lissarda Co Cork
who died on 3rd of April 2022.

*Silent thoughts of times together
hold memories that last forever.
Will those who think of Mary today
a little prayer to Jesus say.*



Deeply missed and lovingly remembered
by your loving family

3RD ANNIVERSARY



In loving memory of

**TONY
O'CONNELL**

Bawnmore & Macroom

Who passed away on April 5th 2022

*Sadly missed along life's way,
quietly remembered every day.
No longer in our life to share,
but in our hearts,
you're always there.*



Sadly missed by Rebecca, Marcella,
Joanne, Colette, Anthony, Joan and
families.

Tony's anniversary Mass will take place
at 10am in St Colmans Church, Macroom
on Saturday 5th of April.

9TH ANNIVERSARY



In loving memory of

**SUSAN
FITZGERALD**

Oakwood, Macroom.

Died 14th April 2016

*Everyday in some small way
memories of you come our way
though absent you are ever near
still missed, loved and always dear*



Fondly missed by family and friends.

3RD ANNIVERSARY



In loving memory of

**DENIS
BRADLEY**

Sleaveen East, Macroom

Who passed away on the 15th of
April 2022

*Those we love don't go away,
They walk beside us every day,
Unseen, unheard, but always near,
Still loved, still missed and very dear.*



Lovingly remembered and sadly missed
by your family.

14TH ANNIVERSARY



In loving memory of

**MARGARET
KELLEHER**

Coolcaum, Kilnamartyra, Macroom

who died on the 4th April 2011

*We hold you close within our hearts
And there you shall remain,
To walk with us throughout our lives,
Until we meet again.*



Sadly missed by her husband Connie,
daughter Susan, sons Greg & Conor,
grandchildren, brothers, sisters &
extended family.

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