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Aine O'Leary, 2nd year, St Mary's Macroom, receiving an award at the BT Young Scientist Competition sponsored by the Department of Education for the best ESD project. Ms Róisín O'Keeffe and Ms Shannen Foley with the award for the Best School in the Republic of Ireland 2025.

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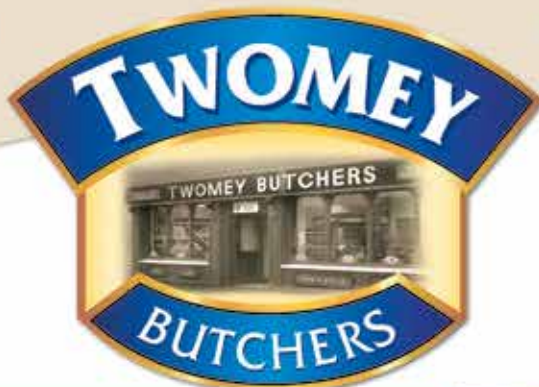
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If you cannot access physical copies, the LVO can be viewed online at: <https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following

week's edition. Due to print processes, late submissions will be published in the following edition.

As always submissions as Gaeilge are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you would like to submit an article as bearla nó as gaeilge, please feel free to email us here on leevalleyoutlook@macroom.ie, we would love to hear from you.

Go raibh maith agaibh, Peter & Gráinne

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MACROOM GIRL GUIDES

Former Macroom Guide Mary H O'Connor has been appointed IGG's Southwest Regional Commissioner Mary has recently been elected as Regional Commissioner for the Southwest Region of Irish Girl Guides, an area that covers Cork, Kerry, and West Waterford.

Mary is currently a Guide Leader in Boherbue and spent a number of years also as a Senior Branch and Ladybird Leader in the Boherbue Units. She was Area Commissioner for the Blackwater Area prior to her election as Regional Commissioner. Mary has previously been a Guide Leader and District Commissioner in Tralee and served two terms of office representing the Southwest Region on the national Guide Branch committee.

A member of Guiding in Macroom for many years, Mary achieved the highest award in Guiding - the Gold Cord Award and as a member of MacEgan Rangers completed all three Gaisce - The President's Award, Bronze, Silver, and Gold Awards.

In 1988 Mary was selected as a Ranger of the IGG team as well as Deirdre Keenan from MacEgan Rangers to attend Eurofolk in Italy; in 1989 she was selected as part of the IGG team that sailed on the "Queen Gadrille" Sail Training ship from Dublin to Glasgow and in 1994, Mary was again selected as IGG member of the youth delegation to the World Conference in Denmark. "I was honoured and delighted to be a member of this team and gained great experience from this trip," said Mary. In 2019, Mary travelled to Our Chalet with Macroom and Boherbue Guides as a member of the Guide Leadership Team and acted as M.O. for this event. "A group of 30 travelled and we took part in the "Action on Body Confidence" programme. Another wonderful experience" says Mary.

Mary is an avid outdoor Leader and camper, has attended the three IGG international camps in Ireland and will be taking a group to next year's international camp in Kildare. Mary has also been Joint Camp Chief for two regional camps in the past few years.

Mary was interviewed by Dara Russell, a current member of MacEgan Senior Branch and a member of



Mary Heffernan O'Connor the newly elected IGG South West Regional Commissioner

the national Senior Branch committee.

Dara - What inspired you to go for the Regional Commissioner's role?

Mary - I was inspired to go forward for the role of Regional Commissioner, by the great women that have held the role before me. Seeing the work and the difference that they have made to the Region made my mind up to go for the role.

Dara - What are your aspirations for the SW Region?

Mary - I hope to support and develop all existing Units and to help Units that may still be struggling to get back up and running to the high standard they help prior to Covid.

I hope to promote outdoor activities and camps, to go back to the Guiding skills and traditions that may have been lost over the years.

I want to get the Senior Branch members more involved in the running of the Region and more involved in committee and planning - After all these girls are our future Leaders.

Dara - How did your time in Guiding in Macroom give you opportunities that you may not have had otherwise?

Mary - I absolutely loved being in Girl Guides in Macroom. All the Leaders that were there in my time (some still there) were kind and inspirational. I learnt a lot of skills that I wouldn't have otherwise gained. Skills that you don't learn in school and made lifelong friends outside of sport and school. I got the opportunity to travel abroad to Italy and to Denmark while in Rangers.

Dara - What are some of your favourite memories from Rangers in Macroom?

Mary - Greatest Memory, it is difficult to pick out just one. Camping in Killarney racecourse, outdoor cook competitions and being picked to go on the Queen Gadrille Tall Ship training vessel and sailing to Glasgow - This was a great week.

Dara - What is the importance of being involved regionally for your women in Guiding?

Mary - It is very important for the younger members to be involved Regionally. It is their Region, as well and they need to shape it the way that they want it to be. It must be a combination of experience and youth, working together will make for a bright, dynamic region.

Dara - What is your favourite thing about our Region?

Mary - We have a great region. We have big numbers of both girls and Leaders. We have a big geographical spread also which brings variety. My favourite thing about the Region is the girl's spirit, from Ladybird to Senior Branch. This was proven to me at Regional Camp last July when they persisted in the pouring rain for 3 days to make the camp a success. They truly lived up to the Guide law - A Guide sings and smiles under all difficulties.

Everyone in Macroom Guiding would like to congratulate Mary on her appointment and wish her the very best of luck with her term.

For further information on joining our Ladybird, Brownie, Guide or Senior Branch units please contact macroomguides@gmail.com

MACROOM PLOUGHING MATCH IS ON!!

Macroom Ploughing Assoc will hope to run their Ploughing Match (which was cancelled in Jan due to weather) on Sunday Feb 2 (weather permitting) on the lands of The Dennehy Family Coolineagh, Aghabullogue P12 WK23 commencing at 11am.

Results in Coolcower House (P12E135) that night at 9pm. A great day out for all the family. God speed the Plough

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2025

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IMPACT VC AT THE VLY YOUTH CHAMPIONSHIP 2025: A WEEKEND TO REMEMBER

What an incredible weekend for Impact VC at the VLY Youth Championship 2025! Our teams had their first-ever appearance in this exciting two-day tournament, and both the boys and girls made us incredibly proud with their amazing performances and team spirit.

Boys' Team: A Strong Start and Big Achievements

For 3 of the boys, this was their first time playing in such a big competition—and wow, did they show up! The boys finished the group phase in 2nd place after some fantastic matches, and it was clear from the start that they weren't intimidated by the big stage. Their biggest moment came in the quarter-finals, where they pulled off an impressive win against Galway VC, one of the toughest teams in the tournament. It was a huge confidence boost and showed just how much they'd grown in such a short time.

Though they lost in the semi-finals to CVA, the performance was still amazing, and the boys gave it everything they had. Special shout-out to captain James, who led the team with incredible poise and energy. His leadership was crucial, especially with a team that included the youngest player, just 13 years old! Watching the boys work together, supporting each other every step of the way, made it an emotional and proud day for the coaches.

Girls' Team: Unstoppable in the Group Stage, Heartbreaking Semis

The girls' team came into the tournament with a lot of confidence, and they absolutely crushed it in the group phase, finishing in 1st place with a perfect record. Every game was a showcase of teamwork, skill, and pure determination, and it was honestly a joy to watch them play.



Macroom Volleyball Team

In the semi-finals, they faced a tough challenge, and what a match it was! The game went all the way to 23-25, and although they lost in a heartbreaking finish, the girls played their hearts out. Honestly, that could have easily been the final—such an intense, exciting match that kept everyone on the edge of their seats.

It was also a special day for two of the girls, who were making their All-Ireland debut. They stepped up in a big way, and the whole team rallied around them, showing just how strong they are together. The fighting spirit was evident in every single player, and it was a day to be really proud of.

Overall, a Weekend of Growth and Pride

This weekend wasn't just about the wins and losses—it was about growth, teamwork, and showing what

Impact Macroom VC is all about. Both teams played with so much heart and gave it their all. Even though we didn't bring home the trophy, the experiences and memories will stick with these athletes for a long time. Experienced athletes took the time to mentor and encourage younger competitors. Whether offering words of advice before an event or cheering on those who were nervous, they were there to support their teammates and help them feel confident and welcome on the courts. This sense of camaraderie was one of the most uplifting aspects of the day, as the older athletes demonstrated that success is not just about individual achievement but also about lifting others up.



Impact Macroom best Cork Volleyball Academy in group stages





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Macroom Credit Union reaffirms commitment to local community with relaunch of Coachford branch

Macroom Credit Union officially celebrated the relaunch of its refurbished Coachford branch on Friday, 17th January, marking a significant step in its ongoing commitment to serving the local community with enhanced facilities and services.

The event featured a ribbon-cutting ceremony led by local sports star, Emma Flanagan, who played on Cork's All-Ireland winning senior camogie team, as well as for Aghabullogue; drawing members, neighbours and community leaders together for the special occasion. The upgraded Coachford branch boasts enhanced facilities and services, and now features a dedicated meeting room for private consultations with loan officers and advisors, ensuring members can access personalised service in a modern, welcoming space.

The branch has also introduced extended hours, providing greater flexibility for its members. It will now open from 9.30am - 4.00pm every Friday, as well as retaining its existing Thursday opening hours from 4pm - 7pm. These extended hours will allow members to access a full suite of services, including personal loans, car loans, and cultivate farm finance; as well as mortgages, member current accounts, and debit cards. Members also have 24/7 banking access through the Macroom Credit Union mobile app.

As part of the relaunch, Macroom Credit Union presented €500 to each of the three local primary schools, Aghabullogue, Coachford, and Rylane, demonstrating its continued dedication to supporting the local community.



Macroom Credit Union reaffirms commitment to local community with relaunch of Coachford branch. Photos by Michael O'Sullivan /OSM PHOTO

Speaking at the relaunch, Seamus Hogan, CEO of Macroom Credit Union, said "For over 50 years, Macroom Credit Union has stood as a pillar of financial support and community development in County Cork, dedicated to serving our local community. The relaunch of the Coachford branch reaffirms our commitment to providing excellent financial services, while fostering local growth and development." From humble beginnings in a rented room of a hotel in 1970, Macroom Credit Union has grown exponentially.

The credit union secured its own premises on Main Street, Macroom in 1972, and remained there until moving to the present custom-built head office at Railway View in 1997. Since then, membership has more than doubled from 4,400 to 10,000, with assets increasing from €4.5 million to €63 million. For more information on the services offered by Macroom Credit Union, visit the branches in Macroom or Coachford, or visit www.macroomcu.ie.



Seamus Hogan, CEO, Macroom Credit Union pictured presenting a cheque for €500 to Sharon O'Driscoll, Principal, Coachford NS, along with Cork Camogie Star Emma Flanagan; Sarah Hinchion, Chair, Macroom Credit Union, and representatives of Coachford NS



Seamus Hogan, CEO, Macroom Credit Union pictured presenting a cheque for €500 to Brian Reidy, Principal, Rylane NS, along with Cork Camogie Star Emma Flanagan; Sarah Hinchion, Chair, Macroom Credit Union, and representatives of Rylane NS



Seamus Hogan, CEO, Macroom Credit Union pictured presenting a cheque for €500 to Laura Cronin, Vice Principal, Aghabullogue NS, along with Cork Camogie Star Emma Flanagan; Sarah Hinchion, Chair, Macroom Credit Union, and representatives of Aghabullogue NS,



Seamus Hogan, CEO, Macroom Credit Union; Emma Flanagan, Cork Camogie Star; Sarah Hinchion, Chair, Macroom Credit Union, Credit Union members and board members, local community members, and students from Coachford NS, Aghabullogue NS, and Rylane NS



Seamus Hogan, CEO, Macroom Credit Union, and Sarah Hinchion, Chair, Macroom Credit Union



Cork Camogie Star Emma Flanagan pictured with Molly Casey, Rylane NS; Elise O'Donoghue, Aghabullogue NS, and Tara Kenneally, Coachford NS



Seamus Hogan, CEO, Macroom Credit Union, pictured with Cork Camogie Star Emma Flanagan, and Joanne Cassidy, Irish League of Credit Unions

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DE LA SALLE College Macroom



De La Salles Finn Yore and Simon Condon get to meet Fianna Fáils Aindrias Moynihan T.D. at the BT Young Scientist Exhibition.



Students from the De La Salle Hub on a visit Blackrock Observatory

BT Young Scientist and Technology Exhibition 2025

4th year students Finn Yore and Simon Condon recently participated in the final of the BT Young Scientist and Technology Exhibition in Dublin. Their project was titled 'What makes a rocket fly straight? An investigation into the effect of stabilisation on the flight path of a model rocket'. Their project was presented in the Chemical, Physical and Mathematical Sciences category and it gathered huge interest from everyone at the exhibition.

The boys had a great few days in the RDS presenting their project to the judges and the general public. They also had some free time to explore the exhibition, conducting interviews for companies like Explorium Ireland and making friends with like-minded students from all over the country.

All their hard work paid off as they were awarded a Highly Commended Award for their project. This award signifies that the exhibit was strongly considered for a main award in their category. They have been encouraged to build on their project and consider entering again next year.

This is an amazing achievement that truly highlights the incredibly hard work that Simon and Finn put in over the last few months with fantastic guidance and support from their teacher Ms Shannon Walsh.

These two young men can be immensely proud of their achievement and we look forward to seeing what these future engineers may achieve next.

BT Young Scientist De La Salle, Interview with Finn Yore and Simon Condon

1. What did you pick your topic?

We both have an interest in engineering, and both find aeronautical engineering fascinating. Since primary school we always wanted to build a model rocket, and this would be a step in the direction of pursuing a career in engineering and possibly in the field of aeronautics.

2. What makes your project special enough to make it through to the competition?

We put a lot of time and effort into the one-page proposal and out of 8 groups in the school, we were the only ones who officially got through. We feel that this project is unique as on the BT Young Scientist website, there had never been a project like this done before.

3. What area of science does your project specialize in?

Our project is under the heading "Chemical, Physical and Mathematical sciences"

4. How does BT young scientist encourage teenagers to engage in sciences?

We feel the BT young scientist's competition helps to encourage young people to express their creativity and also attain an interest in all science and technology topics by allowing them to create a project of their choice.

5. How do you think your project will compare to your competitors?

We hope to make it to the final but compared to the

projects we've seen from previous years we know it will be a tough competition.

6. What real-world problem does your project aim to address?

We hope that it will teach us the importance of wings on rockets and help prevent rocket related accidents in the future.

7. What challenges did you face during your research or project development and how did you overcome them?

At first, we planned on using potassium nitrate to fuel the rocket, but the school did not have any on hand and would take too long for it to arrive if we were to order some so, we used model rocket motors as an alternative.

8. What makes it unique or innovative?

To enter the BT young scientist competition, you must submit a project that has not been done in the past. Each year tens of unique projects make it to the final of this contest, and we feel ours is no different.

School Outing

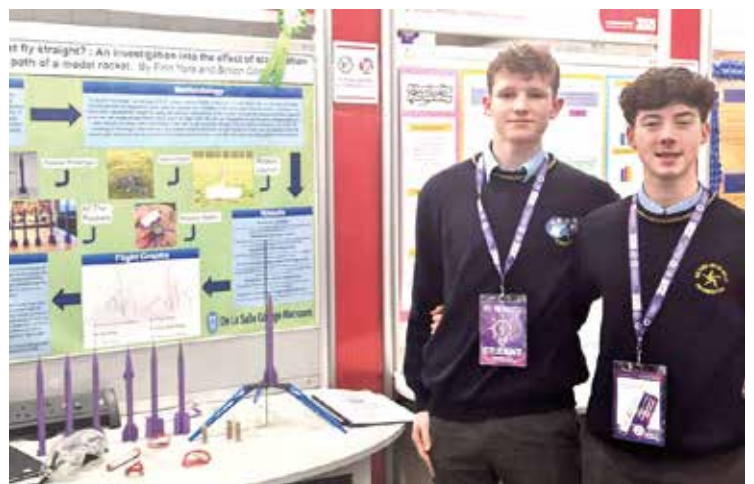
Students from the DLS Hub enjoyed a trip to Blackrock Castle Observatory on Thursday Jan 16. They were taken on a guided tour to explore the exhibits as well as a trip up to the tower and down to the dungeon. Students got the opportunity to experience a star show and learn all about space. A very enjoyable day for all.



De La Salle's, BT Young Scientist, award rosette highlighting that Finn and Simon came very close to winning their category.



De La Salle's, BT Young Scientist stand



De La Salle Stand at the BT Young Scientist Exhibition.

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MCEGAN COLLEGE

Pastoral Care in McEgan: With the start of a new term comes a fresh set of pastoral care topics. This term, students will focus on exploring core values, including respect, care, community, equality, and excellence in education. Each week, students will engage in discussions about these values and reflect on how they can incorporate them into their own personal beliefs. They'll also have the opportunity to observe how these values are demonstrated in the school environment and are encouraged to think about ways to integrate these into their daily school life.

Sports news: Cross-country running club: The McEgan Cross Country team are currently training for the South Munster Cross Country Championships, which will take place in Tramore Valley Park on the 30th January, schools from across South Munster will be competing. This will be the team's first championship competition, so should be a great experience for the athletes to see how their training is paying off, the level of competition that is out there, and will hopefully motivate their future endeavours. For a team in its infancy, the experience gained will be invaluable.

Basketball: On Wednesday the 15th Mc Egan College Girls Minor and Junior Girls took on Coláiste Ghobnatán in Division D of the South girls Basketball. Our girls put up an amazing effort on the day however came out on the wrong side of the result against two very strong teams from Coláiste Ghobnatán. On January 22nd the Junior girls meet Mount St Michael where they hope to build on their performance. The Minor girls' basketball teams next outing is vs Ashton and Bishopstown CC on the 24th of January at home in Mc Egan College.

McEgan College Sensory Room. Work is set to begin shortly on a new sensory room upgrade for

the students of our Moderate General Learning (MGL) unit (Room 22). In McEgan College, inclusion is a priority, especially for the eight students in our MGL unit. Providing them with a sensory room is crucial to their learning and development. The total cost of the upgrade is €10,000. Unfortunately it has not been possible to get funding yet we are determining that through fundraising we will manage to raise the required monies. Before Christmas we have made a start when we raffled a large Hamper generously sponsored by Cork Prison staff. We are now looking to local businesses, and to the community as a whole to help with the remaining funding. Letters have been sent to local businesses asking for a donation towards the purchase of specific equipment for our new sensory room. Any support would be greatly appreciated. You can follow the activities of our MGL students on Instagram (@mcegan.college) to see how inclusion is brought to life in our school, or contact the school if you would like to get involved in helping with this necessary and worthwhile project.

Cup of respect: As part of the module Personal Development, Room 22 embarked on a project exploring the school's core values, with a particular focus on respect. Seanie Kelleher was the leader of this project. He called to each class group and encouraged everyone, student & staff to write two ways they show respect on a cup. Once the cups were collected, the students in Room 22, with the help of TY students on work experience in McEgan, compiled the contributions into a display for the whole school to enjoy in the assembly.

AIB Bank Tour Macroom: On Friday 17th Room 22 students had a private tour of AIB bank Macroom courtesy of Manager Alberto Martin & Manager of

Relations Ann-Marie McMahon who opened the bank early especially for them. It was a very enjoyable tour as the bank was closed to the public so the students had the opportunity to experience behind the scenes in a calm and relaxing environment. The students were shown how the ATM machines work, queuing at the counter and the vault where the money is kept. We are very grateful to all the staff of the bank who facilitated the tour. This tour is linked in with the module Living in the Community which is led by Teacher Ms. Niamh Condon.

LCVP: Thursday 16th January 6th Yr LCVP students visited Leahy's open farm in Dungourney near Middleton. This was to fulfil the requirements of their summary report for their LCVP portfolio. As part of the day they learned about the story of chocolate and how it is sourced sustainably. They were then given an opportunity to make and decorate chocolate crafts from the chocolate which is manufactured on the farm itself. This was followed by a tour of the farm where they explored the facilities, went to the pet farm section in the evening and had fun in the playground. Theresa Leahy, owner of Leahy's farm gave a detailed presentation and students learned a lot about the start-up of a business, how to do costing, market research, interview processes and training. It was a fantastic experience for the students who learned about the hard work and dedication required to run your own business.

Thank-you to Theresa Leahy and everyone at Leahy's Farm for the warm welcome and the learning experience.



Students from room 22 MacEgan College had a private tour of AIB bank Macroom courtesy of Manager Alberto Martin and Manager of Relations Ann-Marie McMahon who opened the bank early especially for them.



Room 22 students from MacEgan College with their project for Personal Development called Respect. Piero, Liam, Leyna, Donal, Seanie (project leader), Hannah & Sebastian.



Macroom Tidy Towns has taken a lead role in helping protect and improve our Environment and promoting biodiversity in recent years and as we start a New Year in 2025 it is important to realise that everybody has a part to play. This week's article hopefully will help also. Some ideas that can help in protecting the Environment can include;

Use of refillable water bottles and coffee cups, buy second hand clothing and consider hiring clothing, only buy what you need and use what you buy. Buy loose fruit and vegetables and avoid items that are heavily packaged, sign up to paperless billing or banking, buy products with refillable packaging and if

you are able to, try home composting your food waste. Over recent years we have encouraged people to learn more about Biodiversity, Sustainability and Pollinators. Beside the Fairy Garden we have developed a biodiversity garden with loads of information on signs and display Boards relation to trees and also Pollinators.

Pollinators are needed for Life Cycle, Ecosystem Survival, Diversity of Animals, Diversity of Plants, Climate Regulation, Stable Soil, Reduced Flood Risk and Human Health. Some pollinator friendly flowers include Clovers, Vetches and Daisies. Pollination can happen through Self Pollination, Cross Pollination, Water Pollination, Wind Pollination and Animal Pollination.

199,000 species of Invertebrates contribute to pollination Some examples include Bee, Butterfly, Moth, Wasp, Ant, Fly and Bat. Also 1000 species of Vertebrates contribute to pollination, the likes of Birds and Deer.

Pollinators provide pollination services to over

180,000 different plant species and more than 1200 crops. Of the different crops that provide 90% of the food supply, 71% of the crops are pollinated by bees. They are 101 species of bees in Ireland. Over 920 bird species pollinate plants.

On February 1st the Tidy Towns, Fairy Garden and the Men's Shed will have stands at 'Meet the Clubs Day' which is taking place from 12-3pm in the Leisure Centre in the Castle Grounds. This is organised by the Lions Club and we are looking forward to seeing ye all on the day.

Over the last few weeks volunteers have been busy taken down Christmas Lights around town, Litter picking, general maintenance around town and in the Fairy Garden.

Come and join us some Saturday morning at 9am at our base in Masseytown are always open to new people joining in and helping with the work. If you have any questions feel free to contact Lisa at 087-1434770.

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NUAcht Ó Choláiste Ghobnatan

SNEACHTA!

Cosúil le roinnt scoileanna sa cheantar, tógadh an cinneadh chun foirgneamh na scoile a choimeád dúnta go dtí 13ú Eanáir de bharr ar an réamhaisnéis a bhí tugtha agus na coinníollacha contúirteacha bóthair. Leanadh na ranganna ar aghaidh ar líne trí MS Teams le ranganna beo – bhí sé cosúil le cianfhoghlaim le linn Covid. Faraor bhí an turas chuig an Eolaí óg curtha ar ceal. Molaimid iarrachtaí na múinteoirí agus na scoláirí inniu maidir le dul i ngleic le teagasc agus foghlaim ar líne. Ba mhaith linn ár mbuiochas le na tuismitheoirí/caomhnóirí as bhur dtacaíocht chomh maith.

CISPHEIL NA GCAILÍNÍ

Le hEithne Ní Laocha

Ar an gCéadaoin an 15ú Eanáir d’imir cailíní bliain a 1 agus 2 cluichí cispheile i gcoinne Scoil MacAogáin in Maigh Chromtha. D’imir siad go hiontach agus bhuaigh bliain a 1 le scór 24-6 agus bhuaigh bliain a 2 le scór 30-4. Bhí lá iontach againn. Beidh cluichí againn arís an tseachtain seo chugainn. Míle buíochas le hIníon Ní Chonchúir agus Bean Uí Chuill a thaisteal linn.

CRUINNITHE TUISMITHÉOIRÍ IS MÚINTEOIRÍ

Le déanaí bhí cruinnithe tuismitheoirí is múinteoirí le haghaidh daltaí bliain 1, 2 4 agus 5. Ba mhaith linn ár mbuiochas le na tuismitheoirí/caomhnóirí a d’fhreastail ar na cruinnithe sin.

TRÁTH NA GCEIST MHATA/MATHS QUIZ

Beimid mar scoil óstaigh do Tráth na gCeist Mata le Cumann Múinteoirí Matamaitice na hÉireann. Tá Tráth na gCeist Pí oscailte do dhaltaí sa tríú bliain. Beidh sé ar siúl ar an 13ú Márta san Ionad Cultúrtha (in aice leis an scoile). Is féidir le scoileanna áitiúla clárú anseo ar



Coláiste Ghobnatan, Foireann Cispheile Bliain a hAon

www.imta.ie nó má tá ceisteanna agat is féidir leat glaoch a chuir ar an scoil 02645058. Go raibh míle maith agaibh!

We will be as a host school for an upcoming Maths Quiz in conjunction with the IMTA (Irish Mathematics Teachers’ Association). The Pi Quiz is open to third year students. It be taking place on 13th March in the Ionad Cultúrtha (next to the school). Local schools can register here www.imta.ie or if schools have questions they can ring the school on 2645058. Many thanks!

GLUAIS

- réamhaisnéis – forecast
- cianfhoghlaim – remote learning

• caomhnóirí – guardians

• FGL – CPD

DÁTA DON DIALANN

• 27ú Eanáir – Scoil dúnta, beidh lá FGL do mhúinteoirí le hOide

• 7ú Feabhra – Réamhscrúduithe ag tosnú

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EMPOWER PEOPLE LIVING WITH DEMENTIA TO LIVE WELL IN OUR COMMUNITY



Friends of ASI Macroom are seeking enthusiastic volunteers who can make a positive impact on the lives of People Living with Dementia in the Lee Valley area. We are looking for like-minded individuals to get involved who genuinely want to make a difference. Together, we can create positive change for People Living with Dementia. By joining Friends of ASI Macroom, you can help us:

- Enhance the quality of life for people with dementia and their carers.
- Expand our reach, enabling more individuals and families in our community to access essential services.
- Bring your local knowledge, connections, and skills to strengthen our group and its efforts.
- Promote and attend dementia awareness training for individuals, businesses, community organisations, and sports clubs to foster a more dementia inclusive environment.
- Raise vital funds to develop new services and initiatives for the Mid-Cork region.

Over the past 20 months the Friends of ASI Macroom, with The Alzheimer Society of Ireland, have introduced three new services in the local community and we are



Friends of ASI Macroom volunteers Deirdre Coughlan, Grace Holland and Alberto Martin manning the information Stand at the 2024 Macroom and District Lions Club Day

excited about our plans for 2025! Join us today and be part of something extraordinary! Contact Laura Curtin, Community Engagement Officer

to learn more about Friends of ASI
Email: friendsofasi@alzheimer.ie | Tel: 087 3736496

MACROOM PLOUGHING MATCH

The annual Macroom Ploughing Match will be held (weather permitting) on Sunday Jan 5 commencing at 11am, on the lands of The Dennehy Family Coolineagh, Aghabullogue P12 WK23. Results in Coolcower House Macroom P12 E135 at 9pm. A

great day out for all the family and a great catch up with friends. So come along and support this long established club and see ploughing at its best

What are Bulging & Herniated Discs?

As we age, the spinal discs gradually lose fluid volume. This process starts at about age 30 and progresses slowly, over time.

The most common symptoms will be pain in the area of the herniation that may radiate across the hips or into the buttocks. You may also experience numbness or pain radiating down your leg to the ankle or foot.

A herniated disc involves a crack in the disc's outer layer. This is called an annulus.

Typically, a small part of the disc is affected, allowing the soft material that makes up the nucleus pulposus to protrude.

A bulging disc is different. The disc bulges out of the space but

it doesn't crack and no material protrudes. It also affects more area of the disc than a herniated disc.

Chiropractic is a preferred treatment method for many patients with bulging and herniated discs because it is non-invasive and does not involve drugs, injections or surgery.

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We also provide self-care direction and exercises so that you can continue to progress and live pain free.

Through focused chiropractic adjustments, we gently use low force techniques to relieve painful symptoms.

Chiropractic treatment for bulging or herniated discs is safe, effective, and long lasting.

If you are having back pain from a disc problem, you owe it to yourself to seek quality chiropractic care so that you can enjoy less pain, improved mobility, and better quality of life.



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THANK YOU

Just over a year ago we were struck by a tragic event when our house was burnt to the ground while we were in Portlaois. We'd like to take this opportunity to sincerely thank the local fire brigades, an Garda Síochána and our brilliant neighbours and friends who arrived at the scene to help. We are extremely thankful for all the help we have received since then. For the many gifts we received and the many offers we got. Eventhough we may not have taken you up on

them we really appreciated them. To Cygnum and all the local tradesmen who have helped us get our house rebuilt in extremely quick Time. We couldn't have done it without you. Thanks so much. We will be forever grateful for the help we received. And the generosity shown by so many people. Go Raibh mile Maith agaibh. "Leagfaidh tua bheag crann mór" Kieran, Cliodhna, Evanne, Charlie And Essie. Ballinagree, Macroom.

ST MARY'S NEWS

Munster Senior Camogie Champions

Match report. All roads lead to UL for our Munster Senior Camogie Final v St. Mary's Newport. The girls were up for the game & team captain Grace Kelleher gave solid instructions to her team on how to proceed. It really was a game of 2 halves. Undoubtedly Newport dominated the first half - Macroom had chances but we didn't monopolise on them. It was such a physically tough game and we were having no luck & in the first half. Macroom badly needed half time to come, so we welcomed the half time whistle. Half time score - Newport 2-4 - Macroom - 0-6. Heads were down but once the girls realised they were only 4 pts down, considering Newport completely dominated the first half, they decided they were not leaving it behind. We have a strong captain in Grace Kelleher, who led by example on the pitch, but luckily we also have many other fine leaders on the team too & Annie O'Brien made some important observations at half time to egg the girls on. Newport did try to respond but Ellie Jane Walsh, Shónagh O'Callaghan & Clodagh Murray were not entertaining them. Newport did respond with a goal in the final seconds but it was just too late. Macroom's second half performance was second to none - full time score Macroom 4-10 .. Newport 3-7! Jubilant scenes ensued & by that final whistle nobody can dispute that St. Mary's Macroom deserved that victory. Well done girls and to your coaches, Liam Slattery, Ms McSweeney and Ms Lehane. Thanks to our sponsors Matt Murphy's Pharmacy for all your support.

BT Young Scientist Exhibition 2025

"On Wednesday the 8th of January, our 25 BT Young Scientists from 2nd, 4th and 5th year, made our way to Dublin for the BT Young Scientist and Technology Exhibition. Despite the snow, we all safely reached Cork Kent station on the cold Wednesday morning for our train to Dublin. The train journey was spent practicing presentations for judgings and preparing project books. Wednesday to Friday judgings flew by and before we knew it we were entering the arena for the BT Awards Ceremony. The evening was amazingly successful with Aine O' Leary earning a highly commended award and a Special Award sponsored by the Department of Education for the best ESD project for her project studying the implementation of Free Lunch Schemes in primary schools across Ireland! And it got even better with Eabha Ni Chonaola and



St Mary's had 15 projects accepted into the BT Young Scientist this year, the most projects by any school in the country.

Cara O'Brien also taking home a highly commended award for their project on Hen Harrier Conservation in Ballyvourney and Ella White and Amy McCullagh receiving our first ever display award for their project on deer overpopulation. However, our success didn't even stop there. St. Mary's Secondary School was awarded the Best School in the Republic of Ireland based on our achievements in the BT Young Scientist Competition over the past 3 years!!! We have to give a massive thank you to Ms Foley, Ms O'Keeffe, Ms Butler for their incredible help and support. We celebrated our achievements in karaoke that night. Finally came Saturday, our last day up in Dublin. The RDS was open to the public for all to see the great achievements won

and the variety of brilliant projects. We ourselves got to enjoy a leisurely day taking the chance to go around the exhibition, meeting with family and friends as well as taking a look at all the other projects from different parts of Ireland before we headed to Heuston for our 7'o clock train home to Cork. With our face plastered with smiles we said goodbye to each other having grown so close over the past few days and all went home. We think it was fair to say that everyone had the time of their lives from meeting new people, learning new skills, spending time together, the event every night and of course coming home with awards galore as the best school in Ireland!!!" Report by Éabha Ní Chonaola, Cara O'Brien and Chloe Lehane



Aine O' Leary, 2nd year, receiving an award at the BT Young Scientist sponsored by the Department of Education for the best ESD project.



Ms Róisín O' Keeffe and Ms Shannen Foley with the award for the Best School in the Republic of Ireland 2025 at the BT Young Scientist Competition



St Mary's senior camogie team after winning the Munster final vs St Mary's Newport. Final score Macroom 4:10 - 3:7 Newport.



6th years Lily O' Shea, Ciara Kelleher, Grace Kelleher (captain) and Annie O'Brien with the cup after winning the Munster senior camogie final.

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RACE IS ON' FOR NORTH CORK SCHOOLS

News likely to appeal to North Cork teachers and pupils looking to get the New Year off to a healthy start is the announcement from Fyffes that its search to find 'Ireland's fittest school 2025' is now open for registration ahead of the January 20th start. Running for 10 weeks, the top four schools from each province will then compete head-to-head across four live regional qualifier events in April, after which the top school from each will progress to May's grand final at which the prize package will include €8,000 worth of sports equipment.

Schools can register online at www.fyffesfittestschool.ie

CANOVEE GAA

A big comhghairdeas to our own Conor O'Neill on being made joint captain of the MTU Cork Student GAA 2025 Sigerson Football team. This is a huge honour for Connor, his family and all in the club. It doesn't come as a surprise as Connor has always worked hard and gives 100% to anything he puts his hand to, a great example for young players. Comgrats Connor and best of luck to you and all your teammates in this years competition.

Lotto Results: Jackpot: €4,950 -No winner. €40 to Gobnait Byrne & Bernie Twomey, €40 online to John O'Sullivan & Paula O'Callaghan. Next draw takes place in Hickeys, Aherla. Thank you for your continued support of your club.



CANOVEE NS

After an unexpected disruption caused by the heavy snow and ice, Canovee National School opened, closed and finally reopened our doors on January 9th, ready for another exciting term.

In Junior Infants, the children are thoroughly enjoying Aistear, a play-based learning programme that encourages exploration and creativity. The classroom has been buzzing with fun and learning, as the children engage in a variety of activities that help them develop essential skills in a hands-on way.

Mr. Cullinane's classes are looking forward to an exciting trip to Murphy's farm Coolnasoon, where they will have the opportunity to see new calves and learn all about farm safety. This real-world experience will bring classroom learning to life and deepen the children's understanding of animals, nature, and how farms operate. In addition to the farm visit, Mr. Cullinane's class has also been taking regular nature walks to investigate the early signs of spring. During these walks, the children have

been admiring the daffodils starting to bud in the school garden, fostering an appreciation for the natural world around them.

Meanwhile, in Ms. O'Driscoll's classroom, space has been the theme of the term. The children are busy "launching" balloon rockets, exploring the wonders of space through hands-on activities that encourage scientific inquiry and experimentation. The excitement in the classroom is palpable as they learn more about the mysteries of our universe.

6th class students in Mr Condrons room are also keeping active as they prepare for the FAI 5-a-side football tournament. Training is underway, and the children are showing great teamwork and determination. As they focus on their fitness and football skills, they are also preparing for their transition to secondary school. With open days scheduled, the 6th class students are eagerly looking ahead to the next stage of their education. Seomra Elaine's class has been enjoying the cold spell, making the most of the snow for outdoor

play while continuing to work hard inside the classroom. Whether it's learning new activities or embracing the winter weather, the children are thriving with both academic and play-based learning.

As we look ahead to the term, there's no doubt that it will be another busy and fulfilling time for all at Canovee National School. From exciting field trips and learning adventures to athletic challenges and creative activities, the school is full of energy and promise for the future.

We are also currently enrolling children for September 2025. If you would like more information, please don't hesitate to contact the school at 02648142 or email us at office@canoveens.com. You can also follow us on Facebook and Instagram to stay updated on our daily activities and school events.

We look forward to a fantastic term ahead and can't wait to share all the wonderful moments with our community!



Children in Ms O Driscolls room (Canovee NS) launching their balloons into space



Seomra Elaine enjoying learning as they return to school in 2025!



Children in Ms O Driscolls room (Canovee NS) launching their balloons into space



Seomra Elaine at Canovee School enjoying the snow




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SCOIL NAOMH MUIRE

It's been a busy few weeks at Scoil Naomh Muire, Farran!

Our fantastic fourth class camogie team enjoyed a hugely successful day at the recent blitz. They played brilliantly and won all of their matches! This impressive performance has secured their place in the semi-finals in March – we wish them the very best of luck!

Meanwhile, excitement is building as we prepare for the Credit Union Quiz. To select our final teams, we held a monster quiz within the school, and the competition was fierce! We wish our chosen teams the very best of luck in the upcoming rounds.

Third class are having a splashing time! Every Friday, they head off to Macroom for swimming

lessons, and they're all thoroughly enjoying the experience.

For our older pupils, 4th, 5th, and 6th class have embarked on a new adventure: rowing lessons! Every Friday morning, they welcome members of the local rowing club for training in the hall. We are especially delighted to welcome back some past pupils who are now in Transition Year, who are generously volunteering their time to assist with the training.

It's fantastic to see our pupils engaged in such a wide range of activities, both inside and outside the classroom. We are very proud of their achievements!



Well done to 4th class girls at Scoil Naoimh Muireann Farran on qualifying for the semi finals of the indoor camogie competition.

DROMLEIGH NS

Dromleigh N.S. had a busy start to 2025. Two quiz teams travelled to Rochestown Park Hotel for the Annual Sciath na Scol Sports Quiz where they proudly represented the school.

Congratulations to one of our students on

having another story "Abracadabra" published in The Primary Planet magazine, an amazing achievement.

Applications for enrolment are now being accepted for September 2025. Contact 026-

46212, office@dromleighns.ie or visit our website www.dromleighns.ie

Follow us on Facebook 'Dromleigh N.S Kilmichael' or online www.dromleighns.ie



Dromleigh Girls' Quiz Team



Dromleigh Winning Author



Dromleigh Boy's Quiz Team

INDEPENDENCE MUSEUM KILMURRY

The dedicated volunteer group at Independence Museum Kilmurry recently gathered to map out an exciting calendar of events for the year ahead. The planning meeting, held at The Heritage Room in the museum was filled with enthusiasm as volunteers brainstormed ideas to continue to attract visitors of all ages and preserve our community's history and culture.

Our planned events include lectures, field trips and an exhibition to mark the 60th anniversary of the opening of The Terence MacSwiney Memorial museum in Kilmurry (Opened September 19th 1965 by Marie MacSwiney Brugha, daughter of Terence MacSwiney). Central to our programme is our commitment to

make the museum a vibrant space where people can learn, connect and have fun through engagement with members of the community, especially our local schools and involve younger generations in our efforts to preserve local history.

The museum relies heavily on the dedication of our volunteers and we are always looking for new members to join our team, if you are interested in volunteering, even just for a couple of hours a month, please get in touch (email khaamuseum@gmail.com). Our first lecture of 2025 is by acclaimed Donoughmore writer and historian Gerard O'Rourke and is titled 'if those walls could talk: Internments and executions in Cork 1920-1923. It will take place on Friday 07th

February @8pm in The Heritage Room, Independence Museum Kilmurry

A Donoughmore native, Gerard has an impressive catalogue of books including 'Ancient Sweet Donoughmore: life in an Irish rural parish to 1999' and his most recent book 'Land war to civil war 1900-1924: Donoughmore to Cork and beyond'. This is a wonderful opportunity to hear from one of Cork's respected voices on a turbulent time in our history. Whether you're a history enthusiast or simply curious about the stories that shaped our past, this lecture is not to be missed!

Admission is free to members and €5 for non-members.



Clúdach sneachta ar Rathoona, Baile Mhic Ire. Pic le Nóra Uí Luasa

Gobnait

Ceoldráma Nua le Alan Kiely, Kevin Connolly & Seán Óg Ó Duinnín

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FEABHRA 6ú, 7ú, 8ú & 13ú, 14ú, 15ú 2025
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Suite in aimsir na dTuath in Éirinn, thart ar an mbliain 550 AD, tá ar bhean óg teitheadh óna háit dúchais i gCúige Chonnacht agus a slí a dhéanamh go dtí an áit ina bhfaigheadh sí naoi gcinn d'fhiana bána. Tagann sí i gcabhair ar na Músraighe ar bhruacha fealltacha an tSuláin. Seasann sí le muintir na háite. Maireann a héachtaí fós.

Set in Ancient Ireland, circa AD 550, a young girl Gobnait was forced to flee her home in Connaught. Going towards her destiny in the land of 9 white deer. She has come to help the Músraighe, a people beset by nefarious forces by the banks of the treacherous Sulán river. A legend is born.



NUAIGHT UIBH LAOIRE

Inchigeela Car Booters

We Liz, Beryl, Brid, Joan & Colette from Inchigeela Car Booters would like to thank everyone who supported our recent fundraising Sale and Raffle for Cork Penny Dinners. We presented the proceeds (€2600) to Catriona Twomey in Creedons Hotel recently. We would like to thank the following people who helped us with our fundraiser: Gussie, Billy and all at Inchigeela Bingo Joe, Anne, Eamonn, Brid, Tess and all at Creedon's Hotel. Jamie & Roisin our raffle ticket sellers on the night Uibh Laoire Active Retirement Group and the following who donated raffle prizes, Tom Creedon Transport, Follain, Select Foods & Packaging, Lavender Hair Design, Ballyvourney Garden Centre, An Cruiscin Lan, Haven Pharmacy, Twomey Butchers, Lee Valley Ireland, O'Learys Mills, Frank Twomey Hardware, M J Cronins, TM Cronins & Mary's Toymaster.

Pictured below is Catriona Twomey receiving the proceeds of the fundraiser in Creedon's Hotel on 14/1/2025 with members of the fundraising group.

Croi na Laoi News At the recent monthly meeting the matter of purchase of the hall was discussed. It appears that the legal owners, the diocese of Cork and Ross, are still deciding on the financial offer for the building. It would be good to get an answer, then the community could decide on what's to be done with the historic building for the benefit of all. The meeting was very pleased with the Christmas lights, the street



Catriona Twomey receiving the proceeds of the fundraiser in Creedon's Hotel Inchigeela on 14/1/2025 with members of the fundraising group

decorations and tree. The volunteers met last week and took down and stored the lights for another year. Thanks to all. The AGM will be held on February 5th and its hoped that it will be supported well.

Hall news The Sunday social dancing is going well. Next dance is 2nd of February with The Frank Nelson Band. On 16th there's the Valentines Dance with the Paudi Coffee Band. Dancing is from 3pm to 5.30pm. and of course there's good crack at the Bingo every Friday night and at Cards on Sunday nights.

Penny Dinners Well done to the organising group who were able to donate €2,600 to Cork Penny dinners

from events in Inchigeela around Christmas time. And of course Big Thanks to all who participated.

Gobnait an Ceól Dráma

Ní bheidh sé ibhfad anois go mbeidh an ceól drama ar stáidse i mBeal áthan Ghaorthaidh. Beidh sé ar siul ar dhá deire seachtaine ag tosú ar an 6ú lá de Feabhra. The long awaited Gobnait the Musical is selling out tickets fast. Tickets are sold online on Eventbrite. The groups first production, "Túirín Dubh" was a great success. Guimíd gach rath orthu leis an Dráma seo comh maith.

CLONDROHID NEWS

MOVEMENT OF CONTINUOUS PRAYER: Marriage and Family Life, next 24 hours of prayer is 12pm Monday Jan 27 to 12pm Tues Jan 28 Please remember your hour and thank you.

PILGRIMAGES TO MEDUGORJE: May 14 to May 21, June 25 to July 2 and Sept 10 to Sept 17. Ex Cork via Aer Lingus. For more info contact Tom Dennehy 087 6468658

CLONDROHID DEV GROUP: They will be holding their annual Adult Christmas/New Year Party on this Sunday Jan 26 at 2pm. A bumper day of food, music, singing and of course dancing. A great day out for parishioners and friends. Come along and forget about the 'winter blues'

CARRIGANIMA DEV GROUP: Congrats to this group and all who helped in erecting a beautiful crib in Carriganima church. They won 1st place in the Wonder Glow 25 Crib Competition, and were presented with a trophy on Sunday Jan 12. Well done all.

SINGING IN THE TAVERN: This lovely sing a long group or tell a story group meet every second



Theresa, Paudie and Tara Twomey, The Tavern Clondrohid, celebrating 25 years in business congratulations and here's to the next 25

Monday night in The Tavern from 9pm. The next session is Monday Jan 27. They would love to see you there.

LOTTO: Results for Jan 15. Jackpot €1,400. €70 Matthew O' Leary Gortnalicka, €20 Neil Corkery



Felicity Kelleher, Anne O Riordan, Ann O Connell and Susan Dunne enjoying the celebrations at The Tavern Clondrohid 25 years in business celebrations

Lissacreasig, John McSweeney Coolnadane, Neil Corkery Lissacreasig, Tom and P. Corkery Dangansillagh

CARRIGANIMA'S CONNECTION TO ART O'LEARY

Art O Leary was riding his chestnut mare something he loved on the evening of May 4th 1773. Just outside Carriganima he was ambushed, and shot down, at the young age of 26, by a group of soldiers led by the local magistrate. A local Carriganima woman tended to Art by placing her shawl over him. His chestnut mare bolted for home in Raleigh, with blood on his flanks to alert his wife Eibhlin Dubh Ni Chonaill. It has been said that he was waked that night in Carriganima.

Arts only crime was, that he owned a horse exceeding £5 in value, this was against the Penal Laws of the time. As a catholic it has often been said that Art and Eibhlin sowed the seeds for Irish Freedom, for generations to come in the Muskerry Gaeltacht. Carriganima today is a lovely village with a beautiful church and I have admired the beautiful crib in the church. Well done to everyone involved.

Mary O' Callaghan – Hallissey, Raleigh North





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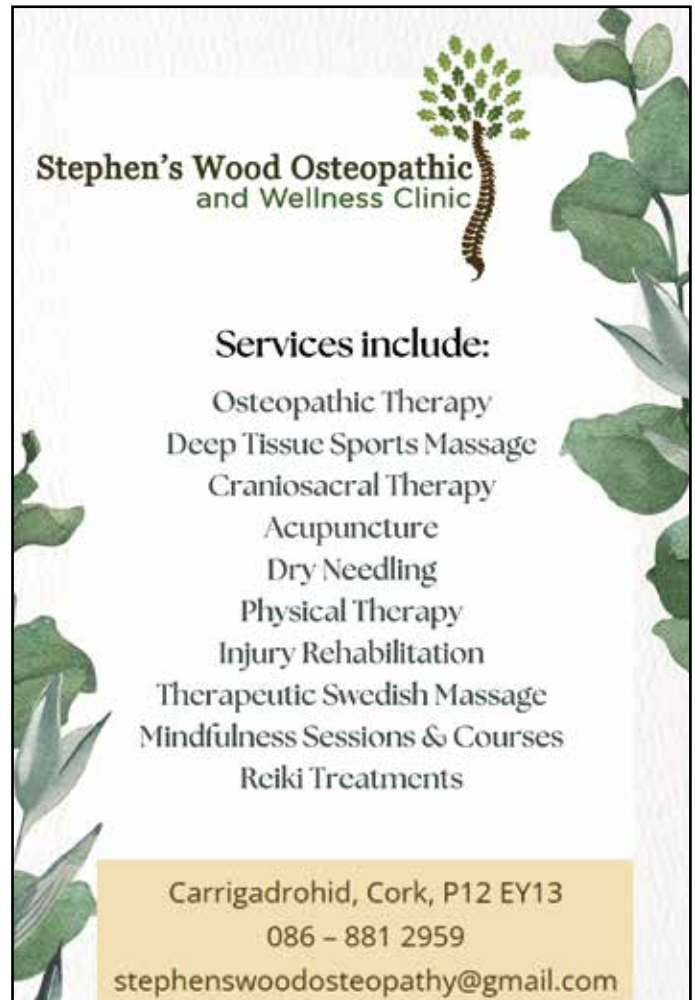
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Meet The Clubs Day

Clubbing together to create more awareness about community life...

Macroom and District Lions Club is hosting the upcoming 'Meet The Clubs Day'. 'Meet The Clubs Day' is a FREE family-friendly event taking place at the Leisure Complex, Macroom on Saturday 1st February from 12noon - 3pm.

There is an abundance of community groups, clubs, organisations, charities and societies doing amazing things right across the Macroom area. This is a unique event so that people can learn about the many different things on offer right here in our local community.

'Meet The Clubs Day' is an opportunity for local clubs, societies and organisations to be in the same place at the same time, giving the people of Macroom a rare

chance to meet the clubs that they might like to be a part of. The event will feature a wide variety of clubs and organisations that people might like to join, participate in or even volunteer with - whether it is for fun, fitness, recreation, or simply just to be involved!

Over 50 clubs have already booked their stand at the event. So for anyone who has an idea for a club, or a particular interest that they feel others might also like to explore, then Meet The Clubs Day is a great way to 'put the feelers out' and find out if there is an appetite for your particular idea.

This is the fourth Meet The Clubs Day that Macroom and District Lions Club has organised and the local 'lions' are thrilled to see returning clubs come on board again and the event has plenty to offer to those with very niche interests too.

Declan Sheehan, President of Macroom and District Lions Club, said "We are delighted to be organising this event to promote community engagement and involvement as well as reduce isolation and loneliness for people in the community. We are lucky to live in such a vibrant community - a community with a lot to offer and Meet The Clubs Day is a great way to showcase this. We hope people will come along to support the efforts being made by all the clubs involved."

For more information about 'Meet The Clubs Day', or to book a stand for your club, please contact Macroom Lions Club on Facebook or Instagram. You can also send an email to macroomlionsclub@gmail.com or call 087 4370466.



Ballinagree N.S. held their Christmas Jumper Day, shown here is the cheque presentation to Macroom Meals on Wheels. Pat O' Connell received a €212 cheque with a further €38 going to them in cash.



Fun in the snow! All the children of Muinefliuch school made the most of the weather and built a snow family and a dog!



Fun in the snow! All the children of Muinefliuch school made the most of the weather and built a snow family and a dog!



David Collins, Chairman Allianz Sciath na Scol, presenting 3rd prize awards to Jack McNally, Lochlann Kearney-Burke, Eddie Flynn and Tiernan Knight-Desmond, Kilmurry NS at the annual Sports Quiz held at Rochestown Park Hotel.



Aaron Murphy, Brendan McCarthy, Sean O'Riordan and Conor Forbes representing Ovens NS at the Allianz Sciath na Scol Sports Quiz at Rochestown Park Hotel. Picture: Mike English



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MISSIONARIES OF KILMURRY

By Peter Scanlan

Kilmurry is a rural Roman Catholic Parish in the Diocese of Cork and Ross. It spans both sides of the main Cork-Killarney road for about 10 Km between Ballincollig and Macroom. It includes the villages of Farnanes, Aherla, Cloughdub, Crookstown, Lissarda, Canovee and Kilmurry, four schools, three GAA clubs and approximately 3,000 parishioners and is also one of the largest parishes in the Dioceses of Cork & Ross. Ireland has a very strong missionary tradition, and since the 1800s, many Irish missionaries have been travelling to all parts of the globe, spreading the Gospel message of love and working to improve the quality of life of those most in need. This is an attempt to record a little of the lives of almost 100 Missionaries, from the Parish of Kilmurry, ordinary Irish men and women who lived and worked far from home, giving the very best of the values that had been instilled in them from their childhood, to foreign communities in far off lands.

The filmmaker James Creedon, a journalist based in Paris, who works for "France 24", and spent a year recording the memories of the late Sr. Paschal O'Sullivan from Cloughdub, said at a screening of the documentary he had made on her life "It struck me that there had been so many others like her, forgotten in the mists of time, who had been such marvelous ambassadors for our country. She also made me question the values that have been left to one side with the implosion of the Catholic Church's influence. A vacuum has now emerged in its place, society now encourages young people to seek wealth and success and the focus, is on self-interest and entertainment." The documentary is entitled 'Thanks to Your Noble Shadow'

In 2002 my daughter, Siobhan did a project in Primary School under the guidance of her teacher Rita O'Brien, the title of the project was "The Missionaries of Kilmurry Parish" In it, she collected much information on many Missionaries, Priests, Sisters, Brothers and Lay people who served as Missionaries both at home in Ireland and in far off lands. In fact these Kilmurry people ministered in many parts world, China, Japan, Australia, Tasmania, South America, India, South Africa and many other countries. When Lockdown began to bite, I pulled out the project, dusted it off and cleared away the cobwebs and attempted to update

it. Unfortunately for me some of the key people who were instrumental in providing information for the original, had by now passed away. Mrs. Kathleen Murphy, Nora O'Leary, Kathy Quinlan and many others who between them supplied long lists of names and much information. I have by now almost one hundred names, and many fascinating stories of people like, Sr. Pascal O'Sullivan from Cloughdub

Sr. Pascal O'Sullivan remembered shots being fired through the school windows in Cloughdub School during the Civil War and later as a teaching Sister being interred by the Japanese during the Second World War. She was to go on and teach English in Tokyo for the next 63 years; in fact she spent seventy five years of her life in Japan, and her School, the Denenchofu Futaba was to become one of Japan's most prestigious girls' schools.

Another parishioner, Sr. Kathleen O'Sullivan from Oldfort was a Medical Doctor working in Africa; she worked in Uganda, and Kenya, and was awarded a Gold Medal by UCC in acknowledgement of her outstanding medical contribution to the people of the slums of Kilbera, Nairobi. For 25 years she worked in the Order's hospital at Nsambya, in the Ugandan Capital of Kampala. During that time the city changed hands violently three times as successive Dictators overthrew their rivals. In one of these episodes the rival armies shot at one another for four days through the hospital grounds, while the Sisters operated on, and tended the wounded from both sides.

Another parishioner, Jeremiah Joseph Doyle was born in 1849 and was ordained in 1874 for the Diocese of Armidale in Australia and after an eventful sea voyage (he was shipwrecked in the Bay of Biscay) he arrived in Sydney in November 1874. He was later to become the first Bishop of Lismore, New South Wales in 1887. As a public figure Bishop Doyle's contribution to the Lismore community was extraordinary. Renowned for his organizational abilities he promoted the development of a water and gas supply in Lismore, helped establish a municipal government in the town, campaigned for the extension of the railway line, personally organized the installation of the telephone exchange, the establishment of Lismore Base Hospital, the School of Arts, the Agricultural Society and the acquisition of the reserve at Rocky Creek to ensure Lismore's future water supply. He gave evidence to

Parliament three times on vital Public Works and economic development issues.

Michael Murphy was born in 1911 at Shandangan near Lissarda and was ordained in 1936. Four years later he and three other Missionaries of the Sacred Heart (MSC) went to Papua New Guinea to minister to the people there. He spent the next two years working in local villages, celebrating Mass, hearing confessions, baptising children, and being with the people, who came to know him as "Fr. Mike". In June 1942, at the invitation of the Japanese Army, he travelled to source more medicine for his community. He was never to return. On September 11th of that year, Fr. Michael, greatly weakened by malnutrition, sickness, and months of captivity, was executed by the Japanese and buried on an uninhabited island.

Sr. Marian O'Sullivan was born in Canovee in 1932 and joined the Dominicans in 1951. In 1953 she went as a teacher to South Africa, and the school she taught in was attended by many Catholic Children, but like all other Catholic schools worldwide, it was open to all faiths and none, therefore it comes as no surprise that about fifty percent of her pupils were Protestants. At this time South Africa as a country, had White Schools for the White privileged children, Black Schools for the native children and Coloured Schools for mixed race children. In this present time when we hear a lot about racism, it is worth noting that in 1972, Sr. Marian was appointed to a school in Pretoria, teaching in what had been once a Dutch colony, here she broke the rules in order to educate both coloured and white students during the apartheid struggle. It became national and international news.

These stories are but a snapshot of their lives, and the lives of almost one hundred other forgotten heroes. If anyone reading this has any information on any Missionaries from the Parish of Kilmurry, Lay or Clerical, I would love to hear from you.

Email: peterscanlan.lvo@gmail.com
(First published in the LVO 13-8-20)

Part 2 in the Next edition

Sources: The late Mrs. Kathleen Murphy, Nora O'Leary, Kathy Quinlan any other parishioners



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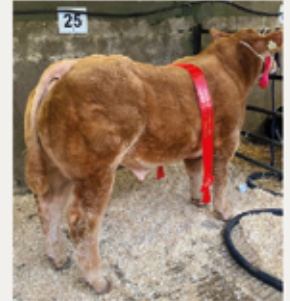


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Liscarrigane

Its Culture, Composers, Connections and Characters

By POC

*"Liscarrigane my childhood home,
alas 'tis far away
Tho' wet and dirty was the bog
and cold and bleak the ray
Yet the little stream that crept along
from Gloundav's lonesome Glen
Made sweeter music in my ears
that I ever heard since then".*

That is the first verse of a poem written by Margaret O'Leary sister of An tÁthair Peadar while living in Boston at the age of 84.

The townland of Liscarrigane is situated at the Western end of the Parish of Clondrohid. It is an integral part of Gáeltacht Muscraí and over the centuries has been the home of many outstanding people. Indeed, over a hundred years ago many a football match was played on the banks of Dan Sullivan's Inch.

The area is rich in the very best of Irish culture including writers, poets, musicians, athletes and much more. This article just includes a random selection of them.

Liscarrigane Cross was the home of Michael Twomey alias "George Curtin" one of the finest poets of his time in the earliest years of the 20th Century. Jerry Creedon was his neighbour known as "Creedon the Runner". He was a member of the Irish team that came 2nd in the first ever World Cross Country Race in Glasgow in 1903. In 1905, Curtin and Creedon were planning to build a City in nearby Ullanes with streets, hotels and skyscrapers such as were going up in New York at the time. In 1906, however, Creedon emigrated.

A song by George a farewell to "Creedon the Runner" written in persona poem style takes in the entire neighbourhood

"Goodbye Johnny Sheain our conversing is done no more will we speak of our City

Never more will we speak of the wrongs of our Isle

Never more will I enter the field for a mile

Or dance on the Hills of Erin's Green Isle where I met comrades lighthearted and witty".

On the Northern side of Liscarrigane Cross was the home of Johnny Twomey and his wife Mary. Retired farmers they had moved from Lisbue Mór Kilnamartyra and it was the meeting place or scoraichting house for the people of the area on the long Winter nights and many a good story or yarn was spun around that friendly fireside in the 1950's and 60's. Indeed it was also a great place for house dances with the music supplied by local musician Con Walsh.

A short distance away was the homestead of the O'Leary family. That household's favourite son was An

tÁthair Peadar O'Láoghaire. He was born in April 1839 and today he is regarded as one of the founders of modern Irish literature. He grew up speaking Munster Irish in the Muscraí Gáeltacht. He attended Maynooth College and was ordained a priest in 1867. He became a Parish Priest in Castleyons in 1891 and it was there he wrote his most famous Irish story Séadhna and told it as a fireside story to three little girls. Well known for his support of "Caint Na nDaoine" he preferred the real Irish of the people. This he relates as follows in his Autobiography Mo Scéal Féin which has since been translated to English. Before I left Liscarrigane I had never heard such phrases as "Tá Mé, Bhí Mé, Bhí Siad". I always used to hear Táim, Bhíos, Bhíodar etc. An tÁthair Peadar died in Castleyons in 1920. Over the years many commemorative events have been held in his honour at Liscarrigane. One hundred years later in 2020 Séamus O'Láoghaire, with the help of a local committee, published an excellent book "Ár Scéal Féin, Ó Charraig An Ime Go Dí Caislean Uí Líathain" to mark his anniversary.

In the Northern side of the townland lived a number of Murphy families. These included "The Foxy Murphys" with three boys named Johnny, Dan and Patsy. The family moved to the Blarney area near Cork City and Johnny recalls that one of his first enterprises there was delivering milk by pony and cart in the Northern side of the city. They also got involved in the taxi service. All were great musicians and founded the very popular Blarney Céile Band in the 1950's. Dan Murphy's grandson Shane Barrett was Centre Forward on the Cork Senior hurling team last year. Shane was playing a starring role in the All Ireland Final before an unpunished intervention curtailed his activities!!!! but sin scéal eile. Also on that Cork team was All Star Wing Back Mark Coleman whose mother Áine Creed, hails from Carrigaphooka. For good measure on the Cork winning Camogie team last year we had Maeve Ring whose grandfather Jim came from Ardeen.

Jack Murphy was a next door neighbour of the aforementioned other Murphy family. He had a family of five girls and one son Patrick J born in 1912 and fondly known as "Paddy Jack" Little is known of his sisters Helen born in 1909 and Bridget born in 1917. Julia was born in 1910 and emigrated to London where she married William Cahill from Tipperary in 1936. Johanna Marie was born in 1914 and also emigrated to London where she married Norman D Ettridge from Enfield Middlesex in 1945. Hanora was born in 1916, later moved to London, where she married Richard Caton from Bermondshy in 1958.

All attended Carriganima National School four miles

distant. However, they often swapped the sandy dusty roads to make the trip to school through the fields which was a much shorter journey. This entailed crossing the immediate valley and upwards through Curraleigh and downhill from there through Gortnagishaugha and over the footbridge of the river Fotherish to reach the Schoolhouse.

Paddy remained at home on the farm amongst his many friends and neighbours. In those days the saving of turf was an annual part of life and Paddy excelled at cutting the sods with the Sleán and also turning and footing the turf. He played card games at the nearby Tim Shea's formerly the home of the O'Láoghaire family and attended many house dances in that area so rich in musical culture. He was also an intelligent card player excelling at the games of 35 and Poker. He was a wonderful Draughts player where his quick mind would sweep you off the board in the twinkling of an eye. He was a man of deep religious faith making the annual bus trip to Knock Shrine and also travelled to see Pope John Paul at Limerick Racecourse in 1979. With his trusty bicycle he travelled to Ballyvourney, Clondrohid and Macroom and all the surrounding areas. He paid frequent visits, travelling by bus, to Blarney to catch up with his former Murphy neighbours. Also residing nearby was another musician Donal Ring and Paddy got ample time to practise his dancing steps on those trips. In later years he attended the many Christmas parties in Clondrohid and Ballymakeera where he was always on the floor for the jig sets, two steps and waltzes.

Both of his nieces Angela and Pat together with his nephew Dough and wife Jen have made frequent visits to Liscarrigane. Actually, Angela, Doug and Jen continue to enjoy an annual trip to Cork staying at Findus House Kilnamartyra and visit lots of relatives in the area.

After a long and fruitful life Paddy went to his eternal reward on Sunday morning December 10th 1995 at the age of 83. Paddy was certainly a great character, very friendly and well liked by one and all.

Ar Deis Dé Go Raibh a Ánam Dilis.



**Johanna Maria Murphy b 1914
(Doug's mother), also Paddy's
sister.**



Doug Ettridge, cousin Angela Jones and Paddy Corkery in the kitchen of Paddy J. Murphy's home at Liscarrigane.



Paddy J. Murphy meets All-Star Cork Footballer Larry Tompkins in 1992.



Paddy J. Murphy in happy mood, having received his prize at the Clondrohid Christmas Bazaar.

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Briery Gap Artistic Director Mike Ryan Steps Down to Pursue New Creative Endeavors

Macrooom, 17/01/2025 – Briery Gap Cultural Centre announces that Artistic Director, Mike Ryan, will step down from his role at the end of January, after successfully leading the organisation through an extraordinary period of redevelopment. Mike’s tenure has been marked by his tireless dedication, artistic vision, and passion for nurturing creativity, which have left an indelible mark on both the theatre and the local community.

Since joining Briery Gap, Mike has overseen the reopening of the venue, the hiring of staff, successfully developed an engaging and diverse program, and established Briery Gap as a vital cultural hub in rural Ireland. Under his leadership, the theatre’s initial programme has hosted a range of acclaimed productions, workshops, and events, all while forging partnerships with national and international arts organisations. As Mike steps down, he looks forward to returning to his roots as a freelance creative practitioner, where he will continue to contribute to the Irish and international arts landscape.

“When I first took up my position in September 2023, I was given a laptop and a rented office across the road from a building site, and tasked with opening a vibrant, multi-disciplinary arts venue. Working with the team to realise that goal has been one of the most rewarding chapters in my life.” Mike said. “Briery Gap is a special place, and I’m proud of what my incredible team and I have accomplished together. I look forward to returning in the future as an audience member, and as an artist, just as I look forward to seeing it continue to thrive..”

“We are deeply grateful to Mike for his outstanding contributions,” said Noel O’Driscoll, Briery Gap Board Chairperson. “His leadership has been transformative, and his passion for the arts has inspired us all. While we will miss him, we are equally excited to see what he achieves next, and the next exciting chapter in Briery Gap’s story.”



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- **Tiziana Supervisor/Deputy Manager**
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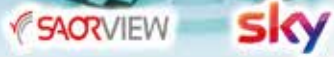
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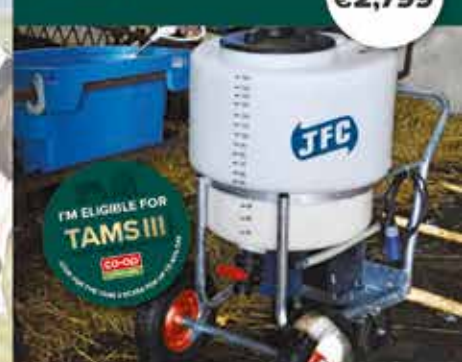
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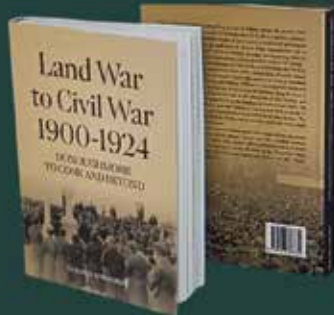
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PUBLIC NOTICE

MUNICIPAL DISTRICT COMMUNITY FUND SCHEMES 2025

Cork County Council is committed to supporting local communities across County Cork. Financial assistance for community & voluntary groups and local organisations is available through the Community Fund Scheme 2025. This scheme is administered by the 8 Municipal District Offices around County Cork and there are three separate funding streams depending on the nature and cost of your proposal.

1. Capital Fund Scheme
2. Community Contracts
3. Amenity Fund Scheme

Further information about this funding is available online and you can also apply online from 10am Monday, 13th January 2025 at www.corkcoco.ie or www.yourcouncil.ie

The closing date for receipt of completed applications is 4pm Friday, 14th of February 2025.

Personal Information may be collected by Cork County Council to enable the processing of your submission/ enquiry. Cork County Council can legally process this information as necessary to comply with its statutory/legal obligations. Such information will be processed in line with the Council's privacy statement which is available at www.corkcoco.ie

FÓGRA POIBLÍ

SCÉIMEANNA CISTIÚCHÁIN POBAIL NA GCEANTAR BARDASACH 2025

TTá Comhairle Contae Chorcaí tiomanta do thacú le pobail áitiúla ar fud Chontae Chorcaí. Tá cúnaimh airgeadais ar fáil do ghrúpaí pobail & deonacha chomh maith le heagraíochtaí áitiúla trí na Scéimeanna Cistiúcháin Pobail 2025. Tá na scéimeanna seo á riaradh ag na 8 gCeantar Bardasach timpeall Chontae Chorcaí agus tá trí shruthanna maoinithe ar leith ann ag brath ar chineál agus costas do thogra.

1. Scéim an Chiste Chaipitil
2. Scéim na gConarthaí Pobail
3. Scéim an Chiste Taitneamhachta

Tá tuilleadh eolais faoin maoiniú seo ar fáil ar líne agus is féidir leat iarratas a dhéanamh ar líne freisin ó 10rn Dé Luain, 13 Eanáir 2025 ag www.corkcoco.ie nó www.yourcouncil.ie

Is é an dáta deiridh a ghlacfar le hiarratais chomhlánaithe ná 4in Dé Aoine 14 Feabhra 2025.

Bailíonn Comhairle Contae Chorcaí faisnéis phearsanta ionas gur féidir le Comhairle Contae Chorcaí do aighneacht/agóid a phróiseáil. Go dlíthiúil, is féidir linn an fhaisnéis seo a phróiseáil mar is gá chun a chuid oibleagáidí reachtúla/dlíthiúla a chomhlíonadh. Próiseálfear an faisnéis seo i líne lenár ráiteas príobháideachas atá ar fáil ar ár suíomh gréasáin ag www.corkcoco.ie



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GAA Club Championships

AIB Senior Hurling All Ireland:

Semi Final: Sarsfields 0-18 Slaughtneil 0-17
Final: Sarsfields, Cork 0-20 Na Fianna, Dublin 2-23

Intermediate Hurling All Ireland:

Semi Final: Watergrasshill 1-21 Cathair an Ri 0-8
Final: Watergrasshill 2-15 Tynagh Diniry Galway 0-18

Junior Hurling All Ireland:

Semi final: Russell Rovers 2-22 Ballinascreen 1-9
Final: St Lachtain's, Kilkenny 1-18 Russell Rovers 0-16

Club Football Championships

AIB Senior Football All Ireland

Semi Final: Dr Crokes, Killarney 1-18 Errigal Ciarán, Tyrone 2-18
Final: Cuala v Errigal

Intermediate Football All Ireland

Semi final: Austin Stacks 0-7 Ballinderry 0-11
Final: Ballinderry v Crossmolina

Junior Football All Ireland

Semi final: Kilmurry 2-10 Naomh Pádraig, Donegal 1-13 aet
Kilmurry lose the penalty shoot-out 3-1
Final: Naomh Pádraig v An Ceathrú Ruadh, Galway

All-Ireland Club JFC semi-final:

Naomh Pádraig (Donegal) 1-13 Kilmurry 2-10

(N Pádraig win 3-1 on penalties after extra time)
After 80 minutes of football and a penalty shootout, Kilmurry's great run in the championship came to an end at Parnell Park in heart breaking circumstances. Kilmurry, Cork and Munster champions, looked to be the better side for a long time and were in a commanding position as the game entered extra-time, but a late penalty scored by Naomh Pádraig earned a reprieve and a one point lead and Kilmurry did well to get an equaliser before the final whistle. The awarding of that penalty will be a matter for debate whenever this final is spoken of as Kilmurry contend that the foul was committed outside the area, the referee thought so also but his umpires were adamant that the offence was inside the box and the referee took their advice. In the penalty shoot-out the Ulster champions were decisive winners and scored three of their first four kicks against only one converted for Kilmurry, ending the game without the necessity of the fifth scheduled penalty for either side. Conor Kelleher was the only Kilmurry player to score from the spot. Kevin Doherty opened the scoring for the Donegal side with a free, Kilmurry quickly responded through Liam Wall's free, but Doherty restored Naomh Pádraig's lead. Kilmurry struck a major blow in the 11th minute when on the right Denis O'Mullane linked up with his brother John, whose pass across the goalmouth was palmed home by Lawrence Aisling giving Kilmurry a 1-1 to 0-2 lead. After a scoreless period a long ball in from John O'Mullane in the 20th minute found Lloyd Aisling who sent over but N Pádraig's reduced the deficit with a point which was cancelled by another point from a Liam Wall free, 1-3 to 0-3 on 24. In the 29th minute N Pádraig had a point from a free and Kilmurry simultaneously lost a defender to a black card and their half time lead was 1-3 to 0-4. On the resumption, the Donegal side were level within four minutes and went a point in front in the 37th minute and doubled their advantage to two

points, 0-8 to 1-3 in the 42nd minute. A point apiece from Liam Wall and Denis O'Mullane had Kilmurry on level terms at the three quarter stage and Lawrence Aisling's point on 48 had Kilmurry back in front but they lost a man to another black card and N Pádraig drew level in the 53rd minute, 1-6 to 0-9 the score. A point from Rory Duggan edged Kilmurry in front as the game entered time added but a late 45 yielded an equalising point for the Ulster men and so the game went into extra time, 1-7 to 0-10. Lloyd Aisling kicked Kilmurry into the lead in extra time, and when Rory Duggan quickly added a fine goal the Muskerry men were flying, leading 2-8 to 0-10. A Naomh Pádraig point was matched by one from Seán O'Leary, another N Pádraig score made it 2-9 to 0-12 at the interval. N Pádraig had a point two minutes into the final half and two minutes from time had their goal from the controversial penalty. Denis O'Mullane did very well to kick an equaliser from a late free, 2-10 to 1-13, and a late, late effort from Lloyd Aisling agonisingly went wide off the upright so the contest was to be decided on penalties. Scorers for Kilmurry: Lawrence Aisling 1-1, L Wall 0-3, (0-2 f); R Duggan 1-1; L Aisling 0-2, D O'Mullane 0-2, (0-1f), S O'Leary 0-1. Kilmurry: Jason McDonnell; Aaron O'Mahony, William Ronan, Seán O'Leary; Brian Hinchion, Tomás Collins, Alexander Aisling; Kyle Kelleher, James O'Mullane; Liam Wall, Lawrence Aisling, Rory Duggan; Lloyd Aisling, John O'Mullane, Denis O'Mullane. Subs: Joe O'Mullane 44, Darragh Linehan 59, Conor Kelleher 70

All Ireland Club senior hurling final

Na Fianna, Dublin 2-23 Sarsfields Cork 0-20

This was frighteningly easy as Na Fianna dominated over Sars at Croke Park in the senior final, the Cork side never getting into contention. The scoreboard tells the story of the game showing the gulf in class between the Dublin champions and the Cork representatives. Na Fianna went eight points clear by the 16th minute, 0-9 to 0-1. Four minutes later, ten points separated the sides at 1-10 to 0-3. By half-time, Sars were 12 points in arrears 1-16 to 0-7 and never got back into making it a real contest in the second half. The new champions didn't need to be anything special in the second half to maintain control. Scorers for Sars: A Myers 0-10 (0-8 f); J O'Connor 0-5; D Kearney 0-3 (0-1 65); D Hogan, B Murphy 0-1 each. Sarsfields: B Graham; C Roche, C O'Sullivan, P Leopold; B Murphy, E Murphy, L Elliott; Colm McCarthy, Cillian McCarthy; D Kearney, D Hogan, C Darcy; J Sweeney, J O'Connor, A Myers. Subs: S O'Regan and C Leahy for Elliott (both HT); L Healy 40; K Murphy 45; E O'Sullivan 50.

Groupings Cork County Leagues for 2025:

Red FM County Senior Hurling Leagues 2025

Division 1

Blackrock, Carrigaline, Carrigtwohill, Charleville, Douglas, Fr. O'Neill's, Glen Rovers, Kanturk, Sarsfields, St. Finbarr's

Div 2 Ballincollig, Ballymartle, Éire Óg, Erins Own, Fermoy, Killeagh, Middleton, N'townshandrum, Na Piarasigh, Valley Rvs

Div 3 Ballinhassig, Blackrock, Blarney, Bride Rovers, Castletyons, Courcy Rvs, Lisgoold, Mallow, Newcestown, Russell Rvs

Div 4 Bandon, Bishopstown, Cloughduv, Inniscarra, Kildorrery, Kilworth, St Catherine's, Tracton, Watergrasshill, Youghal

Div 5 Aghabullogue, Ballygarvan, Ballyhea, Castlemartyr, Dungourney, Erins Own, Kilbrittain, Mayfield, Middleton, Milford

Div 6 Aghada, Argideen Rgs, B'nascarthy, Ballygiblin, Cloyne, Glen Rovers, Kinsale, Sarsfields, Na Piarasigh, Barryroe

Div 7 St. Finbarr's, Ballinora, Meelin, Nemo Rgs, Killavullen, Passage, Kilshannig, Douglas, Killeagh, D Ó Mathúnas

McCarthy Insurance Group County Senior Football Leagues 2025

Division 1

Carrigaline, Castlehaven, Cill Na Martra, Clonakilty, Douglas, Éire Óg, Nemo Rngs, St. Finbarr's, St. Michael's, Newcestown

Div 2 Ballincollig, Béal Átha'n Ghaorthaidh, C'townbere, Carbery Rgrs, Dohenys, Fermoy, Kanturk, Knocknagree, O'D Rossa, Valley Rvs

Div 3 Aghada, Bishopstown, Clyda Rovers, Kilshannig, Kiskeam, Mallow, Newmarket, Rockchapel, Naomh Abán, Uibh Laoire

Div 4 Adrigole, Aghabullogue, Bandon, Bantry Blues, Boherbue, Buttevant, Glanmire, Macroom, Nemo Rngs, St. Vincent's

Div 5 Ballinora, B'desmond, Gabriel Rgs, Glanworth, Glenville, Ilen Rovers, Kilmurry, Kinsale, Millstreet, Mitchelstown

Div 6 Aghinagh, Canovee, Cobh, Cullen, Dromtarriffe, Kildorrery, Mayfield, Na Piarasigh, St. Michael's, St. Nick's

Div 7 Argideen Rgrs, Castlemagner, St. James', Urhan, Nemo Rangers, Inniscarra, Ballygarvan, Ballyhooly, Kilmacabea, LC Gaels

Substitutions: Up to and including nine (9) substitutions shall be permitted in the playing of normal time in all non-championship games. General Rule shall not be affected by this deviation. A maximum of three substitutes remains for extra-time in play-offs / finals.

Coming Up in Cork for January/February

Sat, Jan 25th @2pm Ladies GFA R1 Cork v Westmeath Páirc Uí Rinn
Sat, Jan 25th @3pm U20 F Challenge Cork v Meath in SuperValu Páirc Uí Chaoimh
Sat, Jan 25th @5pm Allianz Football League R1 Cork v Meath in SuperValu Páirc Uí Chaoimh
Sat, Jan 25th @5pm Allianz Hurling League R1 Cork v Wexford in Chadwicks Wexford Park
Feb 1st @5.30pm U20 H Challenge Cork v Offaly in SuperValu Páirc Uí Chaoimh
Sat, Feb 1st @7.30pm AHL R2 Cork v Limerick in SuperValu Páirc Uí Chaoimh
Sun, Feb 2nd @1pm AFL R2 Cork v Down in Páirc Esler, Newry
Sun, Feb 9th Muskerry Divisional U21 Football Knockout C'ships



Sat, Feb 15th @3pm U17 H Challenge Cork v Wexford in Páirc Uí Rinn

Sat, Feb 15th @5pm AFL R3 Cork v Westmeath in SuperValu Páirc Uí Chaoimh

Sun, Feb 16th Muskerry U21 Football Knockout C'ships

Sat, Feb 22nd @7.30pm AHL R4 Cork v Tipperary in FBD Semple Stadium

Sun, Feb 23rd @1.30pm AFL R4 Cork v Monaghan in Grattan Park, Inniskeen

Sun, Muskerry Feb 23rd Divisional U21 Football Knockout C'ships

Sat, March 1st @3pm LGFA R5 Cork v Roscommon in SuperValu Páirc Uí Chaoimh

Sat, March 1st @5pm AHL R5 Cork v Kilkenny in SuperValu Páirc Uí Chaoimh

Sat, March 1st @7pm AFL R5 Cork v Roscommon in SuperValu Páirc Uí Chaoimh

Sun, March 2nd Club F League R1 McCarthy Insurance Group Football League R1

Cork - Allianz League fixtures, 2025

Allianz Hurling: Division 1A – 7 teams

Allianz Football: Division 2 – 8 teams

Sat, Jan 25:

Division 2 FL Round 1: Cork v Meath, Páirc Uí Chaoimh, 5pm

Div 1A Hurling League R1: Wexford v Cork in Wexford Saturday Jan 25th 5pm

Saturday February 1st.

HL Div 1A R2: Cork v Limerick, Páirc Uí Chaoimh, 7:30pm;

Sunday February 2nd.

Division 2FL R2: Down v Cork, Newry Páirc Esler, 1pm February 15th.

Division 2 FL R3: Cork v Westmeath, Páirc Uí Chaoimh, 5pm

Saturday February 22nd.

HL Division 1A R3: Tipperary v Cork, Semple Stadium, 7:30pm;

February 23rd.

Division 2 FL R4: Monaghan v Cork, Clones, 1.30pm; Saturday March 1.

HL Division 1A R4: Cork v Kilkenny, Páirc Uí Chaoimh, 5pm

FL Division 2 R5: Cork v Roscommon, Páirc Uí Chaoimh, 7pm

Sunday March 9th.

HL Division 1A R5: Clare v Cork, Cusack Park, Ennis, 3.15pm

March 16th.

Allianz FL Division 2 R6: Cork v Louth, Páirc Uí Chaoimh 2pm

Saturday March 22nd.

HL Division 1 R6 : Cork v Galway, Páirc Uí Chaoimh, 7:30pm

Sunday March 23rd.

Division 2FL R7: Cavan v Cork, Breffni Park, 1.30pm

March 9th ; Allianz Football League final

April 5th-6th: HL Division 1A and 1B Finals

Provincial Hurling Championships:

MUNSTER

Round 1 - April 19th-20th: Clare v Cork; Tipperary v Limerick

Round 2 - April 26th-27th: Cork v Tipperary; Waterford v Clare

Round 3A - May 3rd-4th: Waterford v Limerick

Round 3B - May 10th-11th: Clare v Tipperary

Round 4 - May 17th-18th: Limerick v Cork; Tipperary v Waterford

Round 5 - May 24th-25th: Limerick v Clare: Cork v Waterford

Final - June 7th (Saturday): 1st Placed Team v 2nd Placed Team

All-Ireland Hurling Championship.

Preliminary Quarter-Finals: June 14th-15th (Saturday/Sunday):

Winner Joe McDonagh Cup v 3rd Placed Team Leinster Group; Runner-Up Joe McDonagh Cup v 3rd Placed Team Munster Group

Quarter-Finals: June 21st-22nd (Saturday/Sunday):

Munster Runner-Up v Winner Joe McDonagh Cup/3rd Placed Team Leinster Group; Leinster Runner-Up v Runner-Up Joe McDonagh Cup/3rd Placed Team Munster Group

Semi-Finals: July 5th (Saturday): Munster Provincial Winner v Quarter-Final Winner; July 6th (Sunday): Leinster Provincial Winner v Quarter-Final Winner

All-Ireland Final: July 20th (Sunday) – (Replay August 2nd (Saturday))

Provincial Football Championships:

MUNSTER

Quarter-Finals - April 5/6: Waterford v Tipperary; Limerick v Cork

Semi-Finals - April 19/20: Limerick/Cork v Kerry; Waterford/Tipperary v Clare

Final - May 4

All-Ireland SFC: Group Stage

Round 1: May 17th-18th (Saturday/Sunday) or May 24th-25th (Saturday/Sunday)

Round 2: May 31st-June 1st (Saturday/Sunday)

Round 3: June 14th-15th (Saturday/Sunday)

Preliminary Quarter-Finals: June 21st-22nd (Saturday/Sunday)

Quarter-Finals: June 28th-29th (Saturday/Sunday)

Semi-Finals: July 12th-13th (Saturday/Sunday)

All-Ireland Final: July 27th (Sunday) (Replay: August 9th (Saturday))

Tailteann Cup: For teams which fail to qualify for the All Ireland Senior Championship (Sam Maguire Cup)

Group Stage

Round 1: May 10th-11th (Saturday/Sunday) or May 24th-25th (Saturday/Sunday)

Round 2: May 17th-May 18th (Saturday/Sunday)

Round 3: May 31st-June 1st (Saturday/Sunday)

Preliminary Quarter-Finals: June 7th-8th (Saturday/Sunday)

Quarter-Finals: June 14th-15th (Saturday/Sunday)

Final: July 12th (Saturday)

The Cork County championships commence on week end of July 25th-27th 2025

Premier Senior Hurling

Group 1: Fr O'Neill's, Sarsfields, Erin's Own, Glen Rovers

Group 2: Newtownshandrum, Midleton, Charleville, Newcestown

Group 3: Blackrock, Kanturk, Douglas, St Finbarr's

Senior A Hurling

Group 1: Killeagh, Na Piarasigh, Carrigtwohill, Fermoy

Group 2: Castlelyons, Bishopstown, Inniscarra, Ballyhea

Group 3: Blarney, Bride Rovers, Watergrasshill, Courcey Rovers

Premier Intermediate Hurling

Group 1: Carrigaline, Cloyne, Éire Óg, Ballymartle

Group 2: Ballincollig, Ballinhassig, Castlemartyr, Kilworth

Group 3: Mallow, Dungourney, Lisgoold, Valley Rovers

Intermediate A Hurling

Group 1: Middleton, Mayfield, Bandon, Russell Rovers

Group 2: Aghabullogue, Blackrock, Sarsfields, Youghal

Group 3: Ballygiblin, Erin's Own, Aghada, Kildorrery

Premier Junior Hurling

Group 1: Glen Rovers, St Catherine's, Meelin, St Finbarr's

Group 2: Cloughduv, Nemo Rangers, Barryroe, Kilbrittain

Group 3: Ballygarvan, Milford, Tracton, Argideen Rangers

Football: Premier Senior Football

Group 1: Castlehaven, Mallow, Newcestown, Valley Rovers

Group 2: St Finbarr's, Clonakilty, Carbery Rangers, Carrigaline

Group 3: Nemo Rangers, Ballincollig, Douglas, St Michael's

Senior A Football

Group 1: Éire Óg, Kanturk, Kilshannig, Newmarket

Group 2: Knocknagree, Cill na Marta, Clyda Rovers, Fermoy

Group 3: Bishopstown, Dohenys, Béal Átha'n Ghaorthaidh, O'Donovan Rossa

Premier Intermediate Football

Group 1: Aghabullogue, Bantry Blues, Aghada, Nemo Rangers

Group 2: Rockchapel, Naomh Abán, Bandon, Glanmire

Group 3: Kiskeam, Iveleary, Castletownbere, Macroom

Intermediate A Football

Group 1: Adrigole, Glanworth, Ballinora, St Finbarr's

Group 2: Gabriel Rangers, Mitchelstown, Dromtariffe, Kildorrery

Group 3: Ilen Rovers, Boherbue, Kilmurry, St Vincent's

Premier Junior Football

Group 1: Urhan, Canovee, Ballydesmond, St Nick's

Group 2: Na Piarasigh, Kinsale, Cobh, Cullen

Group 3: Buttevant, Glenville, Inniscarra, Millstreet

Muskerry Gaa

The following are the 2025 Macroom Motors Mid Cork U21 Football Championship draws made at the recent meeting of the board at Coachford: All games are knock-out.

U21 A Football

Quarter Final - Éire Óg v Ballinora, Sunday February 9th 11am in Ovens

Semi Final - Winner of QF v Kilmurry

Semi Final - Ballincollig v Naomh Abán, Sunday Feb 9th 11am in Ballincollig

U21 B Football

Quarter Finals:

1 - Macroom v Inniscarra, Sunday Feb 9th at 11.30 am in Macroom

2 - Canovee v Kilmichael, Sunday Feb 9th at 1pm in Carrigadrohid

3 - Grenagh v Ballincollig 2, Sunday Feb 9th at 2pm in Grenagh

4 - Donoughmore v Aghabullogue, Sunday Feb 9th at 11am in Donoughmore

Semi Finals: 1 v 2, 3 v 4



U21 C Football - Quarter Finals:

- 1 - Aghinagh v Cill na Martra, Feb 9th at 1pm in Rusheen
- 2 - Iveleary/Dripsey v Donoughmore 2, Sunday Feb 9th at 2pm in Dripsey
- 3 - Blarney v Clondrohid, Sun Feb 9th at 2pm in Blarney
- 4 - Macroom 2 v Ballingeary, Sunday Feb 9th at 2pm in Macroom

Semi Finals: 1 v 2, 3 v 4

First teams out will have home advantage.

New football rules will also apply so clubs will need to look at having their pitches lined as per the new rules. All games are 'winner on the day'. If level at the end of normal time, 20 minutes extra time and then a penalty shoot out if necessary to decide who progresses.

All fixtures will be played over the last 3 Sundays in February, 9th, 16th and 23rd, allocated as per county board instructions.

Macroom FC

Macroom FC U-12A Schoolboys

Leeside United A :2 Macroom FC A :4

Sponsor: Haven Pharmacy Burkes

An early start for our boys away to Leeside United. The home side took an early lead through a deflected strike. Macroom soon settled and found an equaliser through a fine strike from Matty Corkery. Fionn Kelleher would make it 2-1 to the visitors with a neatly finished strike soon after. Macroom would take a slender lead in at the break.

A quick start from Macroom saw them go 3-1 early in the second half thanks to a great team goal cooly finished by Milo Hickey-Grace. Leeside were playing some nice football and their efforts paid off near the end where they cut the deficit to one. Nervous times for the away team but Luke O'Brien settled the contest with his perseverance by looping the ball over the keeper to make it 4-2. Full Time in Little Island, Leeside United 2 Macroom FC 4.

Our captain for today was Aaron O'Sullivan. Thanks to Leeside for an entertaining game and to the parents and coaches who made the trip.

Macroom FC U-13 Schoolboys

Park United: 6 Macroom FC: 2

The U-13 Schoolboys played away to Park United in Mitchelstown. They put up a great battle but lost 6-2 to a very strong Park Utd. Thanks to all the boys and parents for making the long trip. Lachlan Kearney Burke scoring both goals for Macroom.

Macroom FC U-13A Schoolboys

Douglas Hall: 1 Macroom FC: 1

The U13A team played away to Douglas Hall. It ended in a 1-1 draw with all the boys giving everything on the day, they were unlucky not to come away with the win conceding a late stoppage time equaliser. Captain for the day was Brian Lloyd and the goal came from Tom Minehane.

Big thanks to all the parents who travelled and supported throughout and to our Jersey sponsor Suleman Ahmed.

Macroom FC U-12A Schoolboys

Wilton United A :0 Macroom FC A :5

Sponsor: Haven Pharmacy Burkes

Wilton United A were the opposition at Pat Bowdren Park for our Macroom A U-12 boys. Macroom settled early on and were unfortunate not to open the scoring largely due to some good work from the Wilton goalkeeper. Wilton themselves settled and had a couple of opportunities but some great goalkeeping from AJ Fisher kept the hosts at bay. Macroom through a well delivered free kick thought they had the lead when Sean Lehane finished neatly inside the box only for the referee to flag for offside. Macroom kept up the pressure and just before the break went 1-0 up due to a fantastic free kick from outside the box. Matthew Corkery finding the top corner of the net away to the goalkeeper's right. A largely even affair with Macroom taking a slender



Macroom FC U-17 Schoolboys

lead in at half time.

Macroom would double their lead early in the second half when Josh O'Leary popped up at the back post to find the net with a fine header. Macroom were now getting on top and made it 3-0 through Matthew Corkery's second goal of the day. Fionn Kelleher made it 4-0 with an excellent strike from outside the box which flew past the Wilton shot stopper and into the top corner. With minutes left Macroom took a quick goal kick out to the left where Milo Grace collected, swiftly turned and fed a lovely through ball into Fionn Kelleher who when through one on one remained calm to slot the ball down low to the keeper's right and into the bottom corner. A great team performance from our boys today. Captain for today was Luke O'Brien. Thanks to the coaches and parents for travelling.

Macroom FC U-17 Schoolboys

Macroom FC: 2 Leeside United: 3

Sponsor: Greg's Garage

Macroom FC U-17s restarted their league campaign this Saturday afternoon at home to Leeside A. Macroom started off the stronger of the two teams scoring 5 minutes into the game through a curled shot by Euan Orchard from outside the box. Macroom were applying superb pressure all over the pitch taking control of the match. Unfortunately, against the run of play Leeside scored 2 quick goals. At half time the score was 2-1.

During the second half chances came at both sides but Leeside extend their lead to 3-1. Macroom tried to find a way back into match and eventually found another goal from a strike by Christopher Lane. Macroom kept on pushing looking for the equaliser and came close multiple times but unfortunately they couldn't find one. Full time Macroom 2-3 Leeside A.

Macroom FC U-12B Schoolboys

Macroom FC: 6 Ringmahon Rangers: 1

A strong performance from the U-12B boys on

Murrayfield Sunday afternoon.

Kegoikantse Dube, Sam Purcell, Brendon Bhebe, Cathal Kelleher, Sean McCarthy and Ryan O'Sullivan chipping in with the goals.

Macroom FC U-16A Schoolboys

Macroom FC: 1 Midleton FC: 2

What a feast of top class football on display in Macroom Town Park with Macroom playing hosts to Midleton. A ding dong battle ensued. A great goal by Midleton in the 34th minute saw the visitors draw first blood. This was followed by a second goal on the 11th minute of the second half. Macroom 2-0 down on the scoreboard but, all to play for.

This they did and in the 18th minute, a superbly taken free kick from outside the box by Eoin O'Reilly made the game very interesting. Macroom peppered the Midleton goals time and again but lady luck was nowhere in sight.

Two great teams of young men. Top class refereeing by Tadhg Sheehan, great support by parents and families and an ever constant guidance by Coach Tadhg ensured a game where football was a big winner. Speedy recovery to Tadhg Carter. Great game, 100% heart.

Macroom FC U-12 Schoolboys

Castlevew AFC: 2 Macroom FC: 0

Macroom U-12 boys were on the road away to Castlevew, restarting their campaign in the league. The boys started well with great pressure, plenty of nice passing but were unlucky in the box on a few occasions. Castlevew took an opportunity from a free kick and went one up going into halftime.

Macroom continued to press in the second half & had a few near misses. A penalty was awarded to Castlevew, who went two nil up. The lads never gave up and continued to battle until the final whistle.

The boys were unlucky that the score line did not reflect how much work they put in. On to the next match



Macroom FC U-12B Schoolboys



Macroom FC U-13A Schoolboys



Macroom FC U-12A Schoolboys



Macroom FC U-12B Schoolboys



Kilmichael Rovers U16s who recently done the league and cup double



Kilmichael Rovers U16s who recently done the league and cup double



The Baile Mhic Íre team who won the inaugural soccer tournament to celebrate the new astro pitch in Baile Mhic Íre. Pic le Nóra Uí Luasa



B'hois 93 imreoirí a glac páirt i Comórtas Brían Ó Tuama 7's 2024, i bPáirc Íosagáin. Bhuigh an foireann gorm. A great day was had by all. Pic le Nóra Uí Luasa.



Foireann 1999, ag ceiliúradh an bua a bhí acu i 1999 taréis 25 bliain. Bhí oíche iontach acu. Pic le Nóra Uí Luasa



Dip na Nollaig, i Linn Snamha Chúil Aodha. Pic le Nóra Uí Luasa.



Ten Years Ago - Looking Back in time

Inaugural Muskerry GAA Sports Star Awards Dinner January 2015

A Gala Awards Evening to honour the finest hurlers and footballers, camogie and Ladies football players in the Muskerry division in 2014 was held in the Oriel Court Hotel Ballincollig, attracted a huge attendance and was deemed to have been a major success. The Muskerry GAA/Auld Triangle Awards scheme is in its first year and John Feeney, Chairman of the organising committee, said that the success of club teams and players from Muskerry in 2014 provided his team of selectors with a nightmare decision-making scenario but that was to be expected in a division with such huge talent. The Awards were presented in three categories- overall Muskerry GAA Sports Person of the Year, drawn from the eight monthly award winners last year; a Muskerry junior hurlers All Stars team for 2014 and a Muskerry All Stars junior football team for 2014. Mr Paudie Palmer acted as M.C. for the evening and was outstanding in the performance of his duties, knowledgeable and generous in his praise and efficient in moving the event along. The speakers were Mr John Feeney, Chairman Organising Committee Mr J.J. Long, Cathaoirleach, Coiste Cheannntar Mhuscarí CLG Ms. Tracey Kennedy, Leas Cathaoirleach, Coiste Chontae Chorcaí CLG Mr Michael O'Riordan, Auld Triangle, Macroom, Awards sponsors

Muskerry Sports Person of the Year 2014 Award

The Muskerry GAA/Auld Triangle Restaurant Sports Person of the Year Award went to Brieghe Corkery, Cloughduv Camogie club, St Vals Ladies football club, Cork Senior Camogie and Cork Senior Ladies Football teams.

The St Vals footballer was honoured in May for leading Cork to the National League title and she subsequently led Cork to the All Ireland championship title and also won an All Ireland Camogie medal to bring her tally of All Ireland medals won to 14. Brieghe has also received All Stars Awards in Camogie and in Ladies Football for her performances in 2014.

The reception received for the announcement of her selection as Muskerry Sports Star of the Year was proof positive that Brieghe was a very popular winner of the award.

The other monthly award winners were all outstanding sports persons and their achievements in any other year would have given them a strong claim on the overall award.

In March, Seán Kiely of Ballincollig was selected as the first winner of a monthly award for his displays with Ballincollig U 21s (Mid Cork Champions), Cork U 21's, and the UCC Sigerson Cup winning team. Seán later went on to make a massive contribution to Ballincollig footballers in the winning of their first ever senior county championship in October.

The April winner was Fintan Goold of Macroom and Cork who starred with Muskerry footballers when they shocked a very highly rated UCC team in the opening round of the county championship in a game played just two days after the Allianz National League final. Fintan later was outstanding with Muskerry against Duhallow, St Nicks and Ballincollig and with his club.

John O'Callaghan of Inniscarra was the winner of the June award. John was corner back and captain of the Cork Intermediate hurlers who won the Munster and All Ireland titles and has been a stalwart with his club. Micheál Ó Croinin, Cumann Peile Naomh Abán, was winner of the July award in recognition of his outstanding performances with his club in the Premier Intermediate championship. Micheál was a wonderful

player in the Cork jersey for many years and has been the outstanding forward with Naomh Abán for over a decade. His commitment to his club has earned him the respect of all as was evidenced by the reception he received at the Awards ceremony.

Peter Kelleher of Kilmichael is a young hurler from a club not associated in the mind with the code but which has made massive strides in hurling in recent years and reached the Mid Cork A final this season for the first time ever. Peter's contribution to that historic achievement was recognised by the judging panel by making him the August award winner.

In September Cork won the Camogie All Ireland and Rena Buckley, who plays her club camogie with Inniscarra, made a huge contribution to the win. Rena was thus winning her 5th Camogie All Ireland and later in the month Rena, a member of the Donoughmore club, won another All Ireland with the Cork Ladies Football team to take her medal tally to 14, similar to Brieghe. Inniscarra also benefited from Rena's prowess, the club only losing out to All Ireland champions Milford.

In October, Ballincollig stunned the football world by winning the Cork County Senior Football Championship for the very first time. They had many heroes that day and all through the year but none made a greater contribution to Ballincollig than Patrick Kelly, an All Ireland winner with Cork in 2010. When the going got tough and cool heads were called for it was Patrick who won the vital balls and used them well, as he had been doing all year.

Before the overall winner was announced Michael O'Riordan, Auld Triangle Bar and Restaurant, Macroom, the sponsors of the scheme, spoke of the amazing year 2014 was for Gaelic Games in Muskerry, with achievements at national, provincial and county level. Michael congratulated all the players who had won the monthly awards and also the junior hurlers and footballers who had excelled in the divisional competitions and wished them all well in 2015. Awards committee secretary, Anne O'Riordan then passed the golden envelope to M.C. Paudie Palmer to reveal the winner and there was a standing ovation for Brieghe Corkery when she came forward to receive her award.

In a short address, Brieghe spoke of her difficulty as a team player in receiving an individual award. She was glowing in her praise of her Cork team mate Rena Buckley and said that she was accepting the award for herself and Rena. Brieghe also had words of praise for her clubs, Cloughduv and St. Vals, Cork selector Frank Honohan of Donoughmore and didn't forget her own mother 'who always washes my gear'!

Muskerry Junior Hurling Team of the Year 2014

Sponsored by O'Mahony Walsh, Auctioneers and Insurance Brokers, Ballincollig.

The Muskerry All Stars team of 2014 was selected from a list of nominated players which the selection panel had whittled down to 30. From this shortened list, all of whom were present as guests at the ceremony, the following was the chosen Muskerry Junior Hurling team of 2014:

Jonathan Buckley - Cloughduv. Paul O'Sullivan - Cloughduv. James O'Leary - Kilmichael. Kevin Horgan - Donoughmore. Andrew Cronin - Cloughduv. Michael Hodge - Ballinora. Bryan O'Halloran - Ballincollig. Darragh Ring - Cloughduv. Conor Cotter - Kilmichael. Seán O'Connor - Cloughduv. Peter Kelleher - Kilmichael. Shane Sexton - Donoughmore. Michael Murphy - Ballinora. Patrick Fitton - Ballinora. Donal Corkery - Cloughduv.

The Awards were presented by Barry Walsh on behalf

of O'Mahony Walsh, Sponsors.

Muskerry Junior Football Team of the Year 2014

Sponsored by Murphy's Fuel Macroom and Macroom Haulage Ltd.

From a huge list of nominations, the selectors reduced the final choice to a panel of 37 players, all of whom were guests and present on the night. The following was the selectors final choice as Muskerry Football Team of the Year 2014:

Joe Kelleher - Éire Óg
Liam Long - Kilmurry
Trevor O'Brien - Clondrohid
Aidan Corkery - Donoughmore
John Carey - Dripsey
Dave Barry - Aghinagh
Dave O'Leary - Kilmurry
James White - Kilmurry
Mike O'Brien - Aghinagh
Seán O'Connor - Canovee
Cathal Vaughan - Iveley
Gary Murphy - Dripsey
Declan Ambrose - Aghinagh
Peter Kelleher - Kilmichael
David O'Sullivan - Dripsey

The Awards were presented by Paddy Murphy, Macroom Haulage Ltd and Murphy Fuels, Sponsors

Tom Creedon Cup 2015

The 2015 Tom Creedon Cup competition, once again sponsored by FitzGerald's Bookshop, Macroom, was organised by Macroom GAA Runaí Pat O'Connell and run under the auspices of Cork County Board GAA.

Round 1 -

A: Fermoy 2-12 Mallow 2-10; B: CILL na MARTRA 3-7 Mayfield 1-9 C: BALLINORA 0-4 Carrigaline 1-9 D: St. Michael's 0-15 BÉAL ÁTHA'n GHAORTHÁIDH 0-10 E: Glenville 2-7 Glanmire 0-3 F: Kiskeam 0-12 Newmarket 0-9 G: Rockchapel 2-7 Nemo Rangers 2-10 H: Kinsale 0-6 MACROOM 0-10

Cill na Martra 3 - 7 Mayfield 1 - 9

Cill na Martra made their return to action at Páirc Uí Chuana a happy one with a fine win over Mayfield in the opening round of the 2015 Tom Creedon Cup competition. The playing field at Cill na Martra was closed all last year for pitch improvements which included the provision of a sand based, all weather playing surface and the end result is that the club now has a pitch which can facilitate the playing of games in January, something that has not been possible since 1996. The major works were made possible by the provision of generous grants from Roinn na Gaeltachta and Comhairle na Mumhan CLCL (Munster Council GAA).

Cill na Martra welcomed back Richard Hoare into attack after his lengthy stay in Australia, started this game well and aided by a goal from Dara MacLochlainn and points from Shane Ó Duinnin, Donal Óg Ó Laoire and Richard Hoare, they led by 1-3 to nil after the opening quarter. Mayfield got a grip on proceedings thereafter however and led by 1-4 to 1-3 at half time.

Cill na Martra benefited from the introduction of Cathal MacSuibhne and Kevin O'Sullivan off the bench and Daniel O'Duinnin got in for a goal and Michael Desmond pointed a '45' to put them in front at the three quarter stage and in an exciting final quarter they managed to keep their noses in front.

Cill na Martra: Antóin Ó Conaill: Marc Ó Goilí, Colm Ó Laoire, Nollaig Ó Loinsuigh: Eoin Ó Loinsuigh, Alan Ó Mocháin, Danny Ó Conaill: Miceál Ó Deasúna, Graham Ó Mocháin: Risteard Ó hUidhir, Donal Óg Ó Laoire, Dara MacLochlainn: Daniel Ó Duinnin,



Caoimhín Ó hUidhir, Shane Ó Duinnín. Fir Ionaid: Cathal MacSuibhne agus Caoimhín Ó Suilleabháin. Referee: Mr. John Ryan, Macroom.

St. Michaels 0 – 15 Béal Átha'n Ghaorthaidh 0 - 10 St Michaels hosted Béal Átha'n Ghaorthaidh in the first round of the Tom Creedon Cup at Mahon. The rain held off for the duration of the match which made playing conditions dry, however a strong cold wind prevailed throughout the game.

At half time the score was St Michaels 0-8, Béal Átha'n Ghaorthaidh 0-3 but Béal Átha were hopeful that with the wind behind them they could get back in contention in the second half. Béal Átha were much improved in attack in the second half and narrowed the gap to just three points with ten minutes to go. However that was as good as it got for the Gaeltacht men and the game ended with St Michaels five point s clear.

Béal Átha'n Ghaorthaidh: Barra Ó Coinceannain: Ciarán Ó Nunáin, Leonárd Ó Concubhair, Nollaig Ó Duinnín: Cian Ó Duinnín, Seán Ó Donnchú, Amhlaibh Ó Loinsuigh (0-1): Colmán Ó Tuama, Eoin Ó Coill: Nollaig Ó Laoire, Liam Seartan (0-2), Pól Ó Buachalla: Diarmuid MacThomás, Aindreas Ó Coinceannain (0-3), Beirheart Seartan (0-3). Ionadaí: Tadhg Ó Laoire (0-1), Dónal MacCárthaigh, Éanna Ó Duinnín, Darren Ó Coill.

Kinsale 0 – 6 Macroom 0 – 10

Macroom finished this game with five points in the final five minutes to turn impending defeat into an impressive looking victory and they now advance to play Nemo intermediates in the quarter final of the Tom Creedon Cup. The game was played at a high and dry field at Dunderrow and a biting cold wind made it very trying for players and spectators but the close contest retained interest to the end.

Macroom: James O'Connell: James Murphy, Eoin O'Mahony, Ciarán Murphy: Kevin O'Dwyer, Rory Buckley, David Cotter: Seán Kiely, James Quinlan: Gerard Angland, David Horgan, Michael Cronin: John Murphy, David Goold, Conor O'Sullivan. Subs; Alan Quinn, Declan Kiely, Olan Murphy, Olan O'Mahony.

Ballinora 0 – 4 Carrigaline 1 – 9

An under strength Ballinora, short nine of the team from their last championship outing, were ultimately well beaten by a near full strength Carrigaline side at Waterfall. Ballinora: Cathal O'Connor: David O'Neill, Tim Crotty, John O'Regan: Eoin Lucey, Barry Crowley, Tomás McGrath: Seán Lucey, Alan O'Neill: Conor Murphy, Ben Ahern, Ian Whycherley: Darragh Holmes, Colm Murphy, Michael Murphy. Subs: Neil Walsh, Alan O'Shea, Conor McGrath and Brian Rigney.

TCC Quarter-Finals – Four Away Wins!

1. Fermoy 1-14 CILL na MARTRA 2-12 aet. 2. Carrigaline 2-7 St Michaels 1-12
3. Glenville 0-7 Kiskeam 2-10 4. Nemo Rangers 0-7 MACROOM 0-8

TCC Semi-Finals: Cill na Martra 0-8 St. Michaels 0-7: Kiskeam 0-13 Macroom 0-8

Fermoy 1 – 14 Cill na Martra 2 – 12

This was a very satisfying win at Fermoy by the Muskerry Gaeltacht team who were understrenght. Shane Ó Duinnín and Danny Ó Connail got the Cill na Martra goals and the points come from Miceál Ó Deasúna, Daire MacLochlainn, Kevin O'Sullivan, Richard Hoare and Dan Ó Duinnín.

Cill na Martra: Antóin Ó Conaill: Antóin Ó Cuana, Colm Ó Laoire, Eoin Ó Loinsuigh: Alan Ó Mocháin, Graham Ó Mocháin, Danny Ó Connail: Miceál Ó Deasúna,

Cathal MacSuibhne: Risteard Ó hUidhir, Donal Óg Ó Laoire, Daire MacLochlainn: Caoimhín Ó Suilleabháin, Caoimhín Ó hUidhir, Shane Ó Duinnín. Fir Ionaid: Deaglán Ó Mocháin, Pádraig Ó Criodáin, Gearóid MacSuibhne, Dan Ó Duinnín, Geaóid Ó Goill.

Nemo Rangers 0 – 7 Macroom 0 – 8

Macroom went through to the semi final stage of the Tom Creedon Cup after their narrow win over Nemo Ranger Intermediates at Nemo. In what was a tight game all through. Macroom had the benefit of the very cold wind in the first half but it was Nemo who scored first, a point from a free after four minutes. David Horgan equalised for Macroom from play two minutes later and in the tenth minute David Goold pointed a free to put Macroom in front. Two further points from play from David Goold followed on 14 and 16, before Nemo had a second point in the 18th minute, again from a free. Rory Buckley came up field to score a fine point soon after and Conor O'Sullivan added a point to leave Macroom 0-6 to 0-2 in front at the break. Nemo had two points knocked off the Macroom lead within ten minutes. David Goold had a welcome point for Macroom. Sean Kiely and Philip Corrigan were getting on top at midfield and doing an enormous amount of work. Nemo had a point in the 55th minute but a minute later David Horgan pointed for Macroom, ultimately the winning score. Nemo put in a very strong finishing burst and two late points brought them to within a single score of the visitors.

Macroom: James O'Connell: Michael Cahill, Eoin O'Mahony, John Angland: James Murphy, Rory Buckley, Ciarán Murphy: Seán Kiely, Philip Corrigan: Gerard Angland, David Horgan, Tony Dineen: John Murphy, David Goold, Conor O'Sullivan. Subs: Thomas Creedon, Olan Murphy, Kevin O'Dwyer, Alan Quinn.

Continued next edition...



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LOSS IN THE GEARAGH (AN ARTIST'S PERSPECTIVE)

Hi! Chris Barrett back with you hoping all is going well for you at the start of 2025.

Regular readers of the Lee Valley Outlook will remember a previous article written (21/03/24), where I reported on a very well-attended talk on the Gearagh given by Kevin Corcoran and Harriet Burgess and hosted by Kilmurry Museum.

In today's article I am speaking with a very good friend of mine, Maria Healy who also shares a passionate interest in the Gearagh.

This interest is reflected in her detailed painstaking dealings with the flooded Gearagh and the locals who lived there.

These she empathetically translates into varied, bespoke and passionate art pieces.

Maria starts our talk by telling me that while doing her research on the human impact on the submerging of the Anahala community to make way for the Lee Valley Hydroelectric scheme which flooded the Gearagh, she felt very privileged to meet some former Gearagh residents.

Their recollections and stories brought the ancient world of the Gearagh to life for her. Now, as she walks there, she has a new added dimension which she would like to share with everyone.

One of these residents was Kathy McCarthy, who had lived there from the age of four till ten years with her grandmother, Mrs Hennigan, who was then subsequently evicted. She had lived across the road from Horgan's shop. Kathy recalled her childish adventures of those times with deep tenderness. She summed up her life back then in one word, idyllic.

Another resident, Neilus O'Mahoney, aged 92 in 2018, had a fantastic recall of the flooding of the Gearagh and its aftermath. He described Horgan's shop as, 'being the centre of their universe, for supplies, local news, passing messages and most importantly having a radio for the GAA matches'

People would gather together to listen there and later discuss the results.

Maria also met Tommy Murphy RIP, with whom she walked, mapping house sites and benefitting from his incredible local and historical knowledge. She tells me how Tommy also spoke of the wonderful dancing and music at the crossroads held there on long sunny Summer evenings.

Kevin Corcoran, known to us for his lifelong love of the Gearagh and his related book, 'Saving Eden', deals with the Future of the Gearagh and its role as an incredible inland water delta home to incredible species. He reminds us that it is a rare case of a surviving primeval forest and this helps to make it such a magical place. Kevin was only a toddler in his grandmother's arms when she and his mother joined other local women and residents in a Chaonineadh (an ancient Irish collective weeping) as they stood on Sleeven Hill watching the water rise to cover everything they had known and loved, forever.

Maria is indebted to each and everyone of the

inhabitants who freely shared such poignant narratives. Without this valuable local knowledge she feels that people would miss out entirely on some of the most fascinating elements of the amazing place which is the Gearagh.

Since settling in the Macroom area, Maria has fallen in love with the Gearagh area and has been intrigued by its historical atmosphere of sublime and absent presence.

She is fascinated by the deeply multi-layered terrain of remains, memories and histories; which take on another reality with the knowledge that much of the area is under a body of water which hides a once loved submerged village.

On attending a Crawford Art college degree course and graduating in 2020, Maria focused on the Gearagh for her final year thesis. In that, she was able to focus on the loss of home, community and heritage.

Through the mediums of glass, textiles, ceramics and photography she has sensitively explored these various themes. Sometimes she combines and experiments with several mediums together when required by her creative process.

Maria finds that glass works well as a metaphor for water so she prints her own photographic images and drawings and burns them on to glass in the kiln.

It is as if the water holds the memories frozen in time and space. She uses the idea of 'Mise-En-Abyme', a condition in a work of art where a fragment replicates an entire composition. One of the techniques she has used and explored was 'Pate de Verre', which is fragments of crushed glass, pasted together in a mold and fired in a kiln. This process lends itself very well to her theme of fragmentation and the resulting work is very delicate and almost ephemeral in quality.

When Maria is weaving, she uses threads as a metaphor for connection. In this way she weaves past into present involving colour and texture. With her work, she remakes and rebinds metaphorically, the lost connections and the ties that bind us to our past, our memories of people and places.

I am reminded that it is very rare to obtain images of the Gearagh before the flooding. Maria is constantly on the look-out and was thrilled to come across photos belonging to Rodger O Sullivan taken of his aunt and family in Annahala village and surrounding land (part of the Gearagh area) in the 1930s and 1940s. Not much had changed in the life and culture of the area by the 1950's and these additional old photographs hold a valuable historic starting point.

Maria's current work in telling the story of the Gearagh is focusing on making the past ever present. She is doing this by juxtaposing Rodger's historic images over contemporary images of her own. Using her own photographs as a starting point, she digitally manipulates them to produce a double exposure final image. As always she strives to ensure that the loss of home, community and culture in the Gearagh will not be forgotten and consigned to the history archives.

Maria would love to eventually see some sort of digital tag installed on the site of the Gearagh so that by accessing it on a smart phone one would have a page open up which would give any visitor an overview of what actually existed in the whole place before it became the nature reserve it now is. She is already processing some ideas for this and would welcome any further ideas from interested individuals to make this a reality.

Maria spent six months on an Erasmus course in Tartu, the second city of Estonia, in 2018. The experience gave her incredible exposure to different creative ideas, techniques and skills and fostered a new passion for tapestry and weaving which she compares to painting with threads.

She also likes to incorporate the idea of the threads or the ties that bind. These have a particular significance when working with themes of loss and separation. Maria has also incorporated Dutch reeds into a paper pulp to paint onto, sew into, or use in a tapestry to make it site specific and authentic.

She finds that the Gearagh is the gift that keeps on giving in terms of creative inspiration. Seasonal and daily weather changes, along with water level variations lend a variable lens through which to explore.

Some of Maria's earlier inspiration came from the renowned UK Land Artists and sculptors, Richard Long and Andy Goldsworthy. She found their approach and appreciation of the natural world around them very new and innovative. Sometimes their work was of a temporary nature as they had a short window of time and only a photograph would remain of the work produced. But that image became all the more important and poignant because it was a record of what isn't present anymore. So, the memory only survives in an image. This approach resonated with her and her old Gearagh photos. Maria feels there is a massive creative opportunity for local artists to make permanent artworks and sculptures and installations denoting what happened there, using site specific material and installing them in the site of the Gearagh for everyone to enjoy and remember.

Until that happens, readers will be happy but not surprised that they will be able to view a small sample of Maria's work in February 2025 at Micheal O'Muirthile's gallery at 41 Main Street, Macroom.

I would like to thank Maria for sharing her wonderful knowledge of the Gearagh with us. You can contact Maria on 087 765 6668 murpat50@gmail.com.

If you or anyone you know would like to follow up on this article or contribute a similar one, please contact me chrisleevalley@gmail.com



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Present at the church was Fr Greene, the Carriganima Development group and members of the community.

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Accounts Deirdre: 1800 71 40 40 | E: accounts@outlookmags.com

OUR EDITORIAL TEAM: Tel: 026 42023 | E: leevalleyoutlook@macroom.ie

Editor: Grainne Dunlea; 086 8542414 | E: leevalleyoutlook@macroom.ie





A Word of Victory

"Be watchful, stand firm in the faith, act like mature men and be courageous and be strong" (1 Corinthians 16:13).

Welcome back dear student, this week sees a new era begin with the inauguration of President Trump in the USA. What an emotional day for America – a nation built upon the principles of God's Word, that for decades has been ravaged by wokeness, drugs, wickedness, and all kinds of corruption, but God has intervened and answered His people's prayers. Donald Trump is NOT the saviour, he is a human being, with faults aplenty - like us all - but God can use him to turn back the works of darkness (Isaiah 60:1-3). The spiritual reverberations will impact every nation, because where America goes, the rest follow. His first piece of work was to declare that there are only two genders. A biological truth, inconvenient for some. This, along with other reversals of crazy woke ideologies will cause those who already hate him to mock him even further but watch and see, God's plans will prevail regardless of man's opinions. Buckle up friends for a rollercoaster ride. Chaos may be released, as dark forces try to besiege those who stand up for Righteousness and Truth - but Truth will always prevail, long after its enemies are dead (Isaiah 40:8). We pray that the Lord will guide the new administration, and surround them with His favour, protection, and blessings, as they go about turning this great ship of humanity back on course.

Our own nation has already reacted to the blast – by cancelling the ludicrous, antisemitic Occupied Territories Bill, and back-tracking on their snide mockery of President Trump. Ireland has long pandered to globalist agendas that are not based upon either Truth or Integrity, trying to please people. However, it's not possible to please everyone all the time. Right and wrong must be clearly defined for order. God is Faithful, and He will grab authorities here by the scruff of the neck too. Courageous leaders with moral integrity, and character who have been hidden up to now will emerge as God's reveals His Kingdom people in the nations. This will affect governments, churches, communities, and families everywhere. God is looking for faithful men and women who will do the right thing, not the popular thing (2 Timothy 2:19). The world cannot keep going the way it has been – on a destructive collision course. Educated, intelligent people have made stupid decisions that have brought us directly under the gaze of God's eyes, and not for good (Zechariah 2:5-8). There is no such thing as being on the right side of history if one is on the wrong side of God, especially in relation to His land Israel. All we can do is pray for Mercy. Spiritual earthquakes are about to erupt - watch for explosions of God's Power and Glory in every age group and every tribe (Joel 2:28). People are tired of being bullied, intimidated, and feeling hopeless (2 Timothy 1:7). Some don't recognise God's hand in all this. That's ok - Jesus will reveal Himself to anyone who seeks Him and calls upon His Name (Romans 10:9-13). Paul and Silas were imprisoned for speaking inconvenient Truth and upsetting certain people (Acts 16:16-34). They were badly beaten and thrown into a dark dungeon with their feet locked in stocks in an agonising position - a vile, dirty, and miserable place; their lives hanging in the balance. Instead of moaning though, they started to sing praise to God. The other prisoners listened and then – boom! An earthquake ripped the place wide open. That's what we are going to see happening (Isaiah 61:1-3; Isaiah 45:2-3). Works of darkness exposed, spiritual prison bars melting in God's Presence, and captives being set free, Hallelujah!

Bible Study and Prayer every Sunday @ 11am and Thursday @ 7.30pm at Word of Victory Christian Fellowship Killarney V93V6X4

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THE MIRACLE PRAYER




Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).
 Take it dear heart of Jesus and place it within your heart where your father sees it.
 Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.
 Never known to fail.
 Must promise publication of prayer.

x

5TH ANNIVERSARY



In loving memory of
ANDREW O'RIORDAN
FERGUS, DRIPSEY, COACHFORD,
23rd JANUARY 2020

*We sat beside your bedside
 Our hearts were crushed and sore
 We did our duty to the end
 Till we could do no more
 In tears we watched you sinking
 We watched you fade away
 And though our hearts were breaking
 We knew you could not stay.*

†

Greatly missed by your loving wife Anne and Edel, Ashling, Trevor, Anthony and Gavin.

Andrew's Anniversary Mass will take place Saturday 25th January at 6pm in St Patrick's Church Coachford

AN CHÉAD COMÓRADH AGUS BUÍOCHAS



I gcuimhne ar
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(CON)
Ó'MURCHÚ**

**Teaghlach Mhuire, Dromanallig, Béal
Átha'n Ghaorthaidh, Co. Chorcaí**

**A fhág sinn ar an 26ú lá d'Eanáir
2024**

On the first anniversary of Con's passing we, his family, would like to thank our relatives, neighbours and friends and all who attended the funeral ceremonies. We would like to thank Fr. Anthony O'Mahony for officiating at the Funeral ceremonies, Nora the Sacristan and Eibhlís for singing at the mass. Thanks to all who sent Mass cards, letters of sympathy and all who posted condolences on rip.ie. Thanks to his home carers, the nurses and staff in Aperee Living nursing home Bantry. Thanks to Cyril Casey and his team for the professional handling of the funeral arrangements. Thanks also to Con's former colleagues in Scoil Mhuire and Coláiste na Mumhan.

*Today, and every day,
we remember Con, his love for us,
his humour and his kindness.*

Suaimhneas síoraí dó I measc na n-Aingeal.

I ndíl chuimhne ón chlann ar fad.



First anniversary mass for Con will be on Saturday the 1st of February in SS Finbarr and Ronan church, Ballingearry at 10am

7th ANNIVERSARY



In loving memory of

**DENIS
HARTNETT**

**Carrigeigh, Inchigeela, Macroom
Who died on 4th February, 2018**

*We thought of you with love today,
But that is nothing new.
We thought about you yesterday,
And the days before that too.
We think of you in silence,
We often speak your name.
All we have are memories,
And your picture in a frame.
Memories are our keepsake,
With which we will never part.
God has you in his keeping,
And we have you in our hearts*



Sadly missed by his loving wife Anne,
family and grandchildren

4TH ANNIVERSARY



In loving memory of

JOHN CAREY

**Rea Dunmanway and
Sleaveen Road Macroom
27th January 2021**

*Though we cannot see
the ones we love
does not mean
they are not near.*



Always remembered, loved and missed
everyday by your wife Mary.
Padre Pio pray for us.

Mass for John will be in St. Coleman's
Church Macroom Monday 27th January
at 10am and in St. Patrick's Church
Dunmanway on Tuesday 28th January
at 10am.

31ST ANNIVERSARY



In memory of my dear mother

**MARGARET
KELLEHER**

**Sleaveen Road Macroom and late
of Ballinagree who passed away on
29th January 1994**

*You can only have one mother.
Patient, kind and true. No other friend in all
the world, will be the same to you.*

Always missed by your
daughter Mary, relatives and friends.
Padre Pio pray for us.



Anniversary Mass for Margaret
Wednesday 29th January at 10am in
St Colman's Church, Macroom.

7TH ANNIVERSARY



In loving memory of

**JOAN
HERLIHY**

**Derryroe, Macroom whose 7th
Anniversary occurs on 4th February.**

*Those we love don't go away
They walk beside us every day
Unseen, unheard
but always near
so loved, so missed
so very dear.*



Sadly missed and fondly remembered by
your loving family

5th ANNIVERSARY



In loving memory of

MARY CANTY

**New Street, Macroom, Co. Cork.
Who passed away on the 1st of
February 2020**

*Those we love don't go away.
They walk beside us every day.
Unseen, unheard, but always near, so
loved, so missed, so very dear.*



*Always in our thoughts
and remembered with love.*

Sadly missed by your husband Denis,
children Aimee, Denis, Nicola, Dylan &
your grandchildren Aoife, Iona, Adam,
Ethel, Sophia & Art.

An 9ú Cuimhneachán



DAN LUCEY

**Bun Coille, Sliabh Riach, Baile
Mhúirne.**

D'éag 04.02.2016

*I ngean chuimhne ar fhear cinéalta, a
sholaigh le dúthracht is grá dá chlann,
Suaimhneas síoraí ar d'anam uasal Daid,
Gur i gcomhlúadar do mhuintir bhreá is
i bhfoluain na Naomh atáir.*

Máire is do chlann.



NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **MD**

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **KB**

2ND ANNIVERSARY



In loving memory of

JOHN O'CONNELL

Knocksaharn, Kilnamartyra, Macroom. Who passed away on 28th January 2023.

*We lost a Dad, with a heart of gold.
How much we miss him can never be told.
He shared our troubles & helped us along.
If we follow his footsteps,
we will never go wrong.*

*Always in our thoughts
Forever in our hearts.*



John's Anniversary mass will be celebrated in St. Lachteen's Church, Kilnamartyra on Sunday 26th January @ 11:30

Lovingly remembered by John's family.

14TH ANNIVERSARY



In loving memory of

BRIGID O'CALLAGHAN

**20. St Colmans Park, Macroom
Who died on 14th January 2011**

Someone is missing

*Let this be a loving reminder
That someone is missing today.
Someone our hearts still hold onto,
As we travel along life's way.
Someone who made life so special,
For all those who gather here.
Someone who want be forgotten,
But cherished from year to year.
And now that we pause to remember,
Let us all fondly recall,
How dearly each of us loved her,
And how she loved us all.*



Remembered and loved always by your Daughters Joan, Mary and Denise. Sons in law Joe, Kieran and Daniel. Grandchildren Alannah, Evan, Ellie, Grace, Donnacha and Rian.

12TH ANNIVERSARY



In loving memory of

KIERAN MC CARTHY

**Crookstown, Co. Cork
Who passed away on 26th January**

*Two tired eyes are sleeping
Two willing hands are still
The one who worked so hard for us
Is resting at God's will.*



Always remembered by his loving family

4TH ANNIVERSARY



In loving memory of our loving mother and grandmother

SHEILA CREEDON

**Late of Knockane, Terelton, Macroom, Co.Cork.
Whose 4th anniversary occurs on the 21st of January**

*We think about you always,
We talk about you still,
You have never been forgotten,
and you never will.
We hold you close within our hearts,
and there you will remain,
to walk and guide us through our lives,
until we meet again.*



Always loved and missed by Dan, Shane, Don and Noelle and all family and friends

2nd ANNIVERSARY



In loving memory of

DERMOT KEANE

20 West Village, Douglas, Cork & Late of Ballyvourney who died on February 1st 2023.



St. Gobnait Pray for him

23rd ANNIVERSARY



In loving memory of

BREDA FEENEY

**"The Weigh Inn"
Dripsey Cross, Co Cork
Who died on 27th January 2002**



Always in our hearts from all your loving Family.

ANNIVERSARY



O'MAHONY

Denis 11th January 1990

Julia 26th January 2009

In loving memory of our dear father and mother, late of The Village, Clondrohid, whose anniversaries occur around this time.

*If memories bring us closer,
We are never far apart.
For ye are always with us,
In our prayers and in our hearts.*



Always remembered by your loving family

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16TH ANNIVERSARY



In loving memory of

**FINBARR
O'MAHONY**

Roovesbeg, Coachford, Co. Cork
Whose 16th Anniversary occurs on
24th January.

*The world changes from year to year,
Our lives from day to day,
But the love and memories of you,
Shall never fade away.*



Remembered always by
his wife and family.

2ND ANNIVERSARY



In loving memory of

DERMOT KEANE

Douglas, Cork / Ballyvourney, Cork
whose second anniversary occurs on
February 1st 2025.

*Don't remember me with sadness,
Don't remember me with tears,
Remember all the laughter we've shared
throughout the years,
Now I am contented, that my life
it was worthwhile
Knowing that I passed along the way
I made somebody smile
When you are walking down the street
And you've got me on your mind
I'm walking in your footsteps,
only half a step behind
So please don't be unhappy
Just because I'm out of sight
Remember that I'm with you
Each morning, noon and night.*



Deeply loved, sadly missed and always
remembered by his sister Mary, brother in law
Michael and the Morris and Keane families.

An anniversary Mass will be held in
St Columba's Church, Douglas on Sunday
February 2nd at 11am.

5TH ANNIVERSARY AND 3RD ANNIVERSARY



In loving memory of

**DENIS
SHEEHAN**

Whose anniversary occurs
at this time

Kilmurry, Co. Cork

*Your are more than a memory
Silently Kept,
You are part of our lives
We will never forget.*



Loved and remembered by Ann, Tom, Jim and Kathleen.



**MARGARET
COTTER**

(NEE SHEEHAN)

Whose anniversary occurs
at this time

5TH ANNIVERSARY



In loving memory of

MAURA LUCEY

Cornera, Inchigeela
Who died on 20th January 2020

*The love you left inside our hearts
Will never go away.
Life goes on without you,
But it will never be the same.
And if we had our time once more,
We would do it all again.
So when our days are darkest,
And we just cant see the light
We look up at the brightest star
And you will be shining bright.*



Sadly missed by your loving husband
Concubhar, Children Mick, Richard, Con,
Mags, Mary and families

8TH ANNIVERSARY



Cherished memories of

**EILEEN
J.QUILL**

Barr d'Inse, Cúil-Aodha,
Who died on January 23rd 2017

*It doesn't need a special day,
To bring you to our minds.
For days without a thought of you,
Are very hard to find.*



Fondly Remembered by Your
Family, Relatives & Friends.
Naomh Gobnait guidh orainn.

13TH ANNIVERSARY



In loving memory of

**KITTY
BUCKLEY**

Carrigagulla, Ballinagree, Macroom
Who died on 30th January 2012.

*Mothers never really die
They just keep house up in the sky.
They polish the sun by day
And light the stars that shine at night
Keep the moon beams silvery bright.
And in their heavenly home above,
Theu wait to welcome those they love.*



*No more tomorrows for us to share,
But yesterdays memories
will always be there.*
Remembered today and everyday
by your loving family.

6TH ANNIVERSARY



In loving memory of

EILEEN STACK

Currahaly, Farran
Who died on January 20th 2019

*We thought of you today,
But that is nothing new,
We thought of you yesterday,
And will tomorrow too,
We think of you in silence,
And make no outward show,
For what it meant to lose you,
Only those who love you know,
Remembering you is easy,
We do it everyday,
It's the heartache of losing you,
That will never go away.*



Always remembered by
John, Michael and Louise

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

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FIRST ANNIVERSARY



In loving memory of

ÓRLA TWOMEY
(NEE MURRAY)

Ballingeary

Died 26th January 2024

Time moves on but we will never forget what you suffered and what we lost.



Braon de dhrúcht na bhflaitheas agus deoch ó thobar na ngrást go raibh aici.

3RD ANNIVERSARY BIRTHDAY REMBRANCE



In memory of a loving husband, dad and grandad

MICHAEL HERLIHY

Coolduve, Lissarda,

who died on the 23rd January 2022

*A smile for all, a heart of gold,
One of the best this world could hold,
Never selfish, always kind,
A beautiful memory left behind.*

*No matter how life changes,
No matter what we do,
A special place within our hearts,
Is always kept for you.*



Deeply missed and forever remembered by your loving family, Mairead, Miriam, Michael, Ally, John and grandchildren Róisín, Úna, Seán and Maggie.

4TH ANNIVERSARY



In loving memory of

NORA LUCEY

Gearagh View, Raleigh South, Macroom,

Who passed away 1st February 2021

*Sadly missed along life's way,
Quietly remembered every day.
No longer in our lives to share,
But in our hearts you're always there.*



Always remembered & sadly missed By your loving family.

2ND ANNIVERSARY



In loving memory of

JOSIE O'SHEA

Carrigafooka, Macroom,

who died on the 30th January 2023.

*It broke our hearts to lose you,
But you did not go alone,
For part of us went with you,
The day God called you home.*

*Sweet Jesus take this message,
To our mother up above,
Tell her how much we miss her,
And give her all our love.*

*Your wish today would be no fuss,
Just to be remembered by all of us.*



Sadly missed and always remembered by your family

26TH ANNIVERSARY



In loving memory of

MARK O'RIORDAN

Clouny Carthy, Renanirree, Macroom. Who died on 01 Feb 1999.

*Will those who think of Mark today,
a little prayer to Jesus say.
May his gentle soul rest in peace.*



Sadly missed and always loved by Mom Gobnait, Grandmother Mary, Aunts and Uncles.

30TH ANNIVERSARY



In loving memory of

NORAH SHEEHAN

Mount Pleasant, Bandon, Co. Cork
Died 15th January 1995

*We cannot bring the old days back,
When we were all together,
The family chain is broken now,
But memories live forever.*



Loving remembered by her family.

4TH ANNIVERSARY



In loving memory of

MICHAEL F KELLEHER

Kiel, Macroom
whose 4th anniversary occurs at this time

*O dear angel, me defend
And bring me to
A happy end.*



Sadly missed and always remembered by his wife Bernie, daughter Helen, sons Denis and Hugh, son in law Séamus, daughters in law Sarah and Joanna and grandchildren Pádraig, Emily, Julia, Katie, Sophie, Michael, Holly and Grace.

An anniversary mass will be held in St Colman's Church, Macroom on Saturday 25th January at 10am.

4TH ANNIVERSARY



In loving memory of

MARY CREEDON

Knocksaharn, Kilnamartyra, Macroom, who died on January 28th 2021

On the 4th anniversary of her death, Mary is lovingly remembered by her daughters, Jane, Marie, Teresa, Anne, Gobnait, Josephine, sons in law, brother and sisters, her loving grandchildren, great grandchildren and extended family.



*We hold you close within our hearts,
And there you shall remain.
To walk with us throughout our lives
Until we meet again.
So rest in peace dear loved one,
And thanks for all you've done.
We pray that God has given you
The crown you've truly won.*

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