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If you cannot access physical copies, the LVO can be viewed online at: <https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions

will be published in the following edition.

As always submissions as Gaeilge are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you would like to submit an article as bearla nó as gaeilge, please feel free to email us here on leevalleyoutlook@macroom.ie, we would love to hear from you.

Go raibh maith agaibh, Peter & Gráinne

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Macroom Food Festival



At the Official opening of the Briery Gap Theatre and Library; Minister of State Colm Burke TD. Cllr. Joe Carroll Co. Mayor and Moira Murrell CEO Cork Co. Council. *Pic. Peter Scanlan*



At the Official opening of the Briery Gap Theatre and Library; Cllr. Michael Creed, Cllr. Ted Lucey, Co. Mayor Cllr. Joe Carroll, Cllr. Michael Looney, Cll. Eileen Lynch and Cllr Gobnait Moynihan. *Pic. Peter Scanlan*



Anne O'Leary 'Taste the Atlantic Chef Ambassador' adjudicator of the Danone Schools Cook Off Competition, Anna Hellen and Orla Malone Schull Community College, winners of the competition and Pat O'Connell Lee Valley Enterprise Board. *Pic. Peter Scanlan*



The Irish Defence Forces Band performing at Macroom Food Festival. *Pic. Peter Scanlan*



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Macroom Food Festival



Macroom Food Festival 2024 with its theme of "Sustainability and Food Production" brought people together to indulge in a variety of events and to experience and learn how we can do better when it comes to food choices and how we can enjoy rich flavours produced locally.

With perfect weather the stage was set for this year's festival and it delivered a vibrant and lively events showcasing the diversity and creativity of food, with a very varied programme that ensured there was something for everyone.

The Good Vibes Forum was a valuable source of information for those who are interested in designing their very own vegetable garden, those that want to eat healthy and eat with the seasons. At this excellent forum speakers covered topics from eating for a healthy gut to introducing wellness into to your daily routine. If you missed this event then check our website for the presenters' details and find out more about their sustainable and healthy topics. Its very encouraging to hear that there is some great follow up actions being taken on locally to continue the Good Vibes message. SECAD's Multiculturalism Through Food hosted 15 different nationalities all cooking their tradition dish. A wonderful universal experience and an opportunity to taste the world one dish at a time. There was plenty of food to connect with others who share the love of food, and highlight everyone's unique culinary tradition and heritage.

For those who enjoy their fine wines and food tastings then Pop Crowley's delivered, with the towns new fancy goods and grocery store rocking on Saturday night.

The kids cooking classes with The Cool Food School were all a sellout, and those lucky kids who got tickets had a brilliant time learning how to enhancing basic

foods to make them interesting and tasty. In a fun and interactive environment with all pupils making their own version of the apple donut recipe!

In addition to food the festival offered a range of entertainment and activities. The official opening of the newly built Briery Gap Theatre coincided with the Macroom Food Festival and on Saturday morning the Multicultural International Parade while on route up the Main Street led by the Ballingearry Pipe Band performed outside the Briery Gap to the delight of the invited dignitaries. The Macroom Indian Community in their spectacular traditional costumes also entertained the crowd with their national dance routine.

One of the main events of the festival was the return of The Lee Valley Entertainers to the Briery Gap stage after 30 years to bring back their winning performance from the 1994 Gay Byrne Live Radio Show. What a night of nostalgia and pride in the production, with almost all of the original cast back on stage and again directed by Ann Dunne. The beautiful new theatre, the familiar faces on stage, the unbelievable talent and energy on show, the superb production and the commitment by everyone to get to this production and project over the line was truly amazing. We look forward to many more nights like this in the near future.

The very successful Danone Schools Cook Off in the marquee again provided the highest of standard of food produced by all schools that reached the finals. Schull Community School were judged to be the winner, their crayfish being from that morning's catch, their presentation was so appetizing, and their dish tasted absolutely delicious so they were deserving winners.

One of the main attractions of the Sunday's annual food festival is the wide array of food options provided by the street traders with food stalls to gourmet

offerings. The atmosphere in the square area was filled with the aroma of spices, the sizzle of grills, chocolate fountains, the laughter of people enjoying the day. The street entertainers with their magic and juggling performances, kept the kids busy. The performance of the Defence Forces Military Band on stage was fantastic with the large crowd in attendance enjoying every note, and when the band's soloists performed, they were simply outstanding with every patron hanging on every word.

The Macroom Food Festival attracts many visitors from near and far, boosting business revenue and provides a platform for local producers, and artisans to showcase their products and gain exposure.

It would not be possible to run the comprehensive programme of events without our sponsors and supporter. Macroom Food Festival would like to sincerely thank Lee Valley Enterprise Board, Macroom Municipal District of Cork Co Co. Danone Nutricia, SECAD, Hurley & White Builders, Vision Contracting Limited. Manozza Developments, Massey Developments Ltd., Castle Hotel, Follain, Macroom Credit Union, Michael Twomey Butchers, Cork Marts, Macroom E Business Centre, Deasy Pharmacy, The Auld Triangle, Pickled, M & J Kelleher Oil, T M Cronins, Macroom Haulage, Evelyn Mc Sweeney Peggy O'Connell & Marion Coughlan, Sharon & Caroline O'Connell & John Desmond, Dave O'Leary Connections, Matt Murphy Pharmacy, Killian Lynch Auctioneers, Macroom GAA, Garda Siochana, Martin Coughlan, AIB, and Ted Kelleher First Aid & Hygiene. and team of Macroom Tidy Towns Volunteers.



Happy Traders Macroom Food Festival.



Cake stall at Macroom Food Festival.



Every teachers dream, full attention in Class; Kids cooking Class with "The Cool Food School".
Pic. Peter Scanlan



Happy Traders Macroom Food Festival.

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THE INAUGURAL CONCERT

AT THE BRIERY GAP, MACROOM, 21ST SEPTEMBER

*Bernadette Gallagher, Author of
The Risen Tree, (Revival Press 2024)*

For the first live performance on 21st Sept 2024 in the new Briery Gap Theatre, the Lee Valley Entertainers, the brainchild of producer Ann Dunne reprised the variety show of thirty years ago broadcast LIVE on RTÉ One's Gay Byrne Hour, compered by Joe Duffy from the assembly hall of McEgan College, Macroom. The prize money for winning the Gay Byrne Hour/Quinnsworth/Crazy Prices nationwide competition was used as a starter for the campaign to have a purpose-built Theatre in Macroom, which became the Briery Gap.

The seed that sprouted into the audition began as a result of a phone call between Peggy Buckley & Ann Dunne after hearing the announcement on the Gay Byrne radio show about an all-Ireland variety competition. They decided very quickly to bring a show to fruition and to compete for the £10000 prize money.

The original broadcast in 1994 was around 45 minutes duration and was truly a variety show, including songs from the musicals, some opera, classical instrumental, light jazz, traditional Irish, and comedy. The 2024 performance was broadened to two hours to include a mood-setting repertoire of songs from the 1950's to a montage backdrop of photos of the Palace cinema built in 1954 on the site of which the Briery Gap Theatre now stands. It included comedy sketches and a tribute to the composer, singer, musician Jimmy McCarthy, part of the extraordinary McCarthy family living only a few doors down from the theatre.

The tickets for the concert on Sat night were booked out primarily by word of mouth. I knew the seriousness with which this concert was being planned through my husband, musician John Philip

Murray. Weeks before rehearsals were called, he was, as is the form for all professional musicians, practising, practising, practising. No-one sees the work behind the scenes needed to get any production on stage whether amateur or professional.

Entering the theatre on the evening of Saturday 21st Sept 2024, there were smiles from one to another, friends and people unknown — there was a palpable feeling that 'this is a very special night'. Personally, I don't remember the concert 30 years ago as I was minding a three-year-old! John Philip got an audio recording of the 1994 broadcast from Ann Dunne in early Sept 2024. As I listened, I was amazed at the variety, the professionalism and the smooth transition between each number. It was easy to hear how they had won.

The concert on Sat 21st Sept 2024 was also a winner. There was a feeling of something in the air that seemed to hold fragments of the concert from 30 years ago. This was mainly due to the cast being practically the same as in 1994. The other ingredient was the audience — a number of whom would have been in attendance in 1994 at McEgan College and later at Cork Opera House. For those who missed this year's concert, RTE Nationwide made recordings of the show and interviews with some members of the cast and audience to be broadcast before the end of the year.

The participants on the morning of Thursday 24th February 1994 at the Gay Byrne Hour/Quinnsworth/Crazy Prices Variety Competition included:

Ann Dunne, Ann Buckley, Martina Ring, Kevin Moynihan, Annette Dilworth, Yvonne Murphy, Ann Egan, Pdraig O'Driscoll, Con Cronin, Michael Ring, Tony Buckley, Michelle Dunlea, Denis Keane, Jennifer Coughlan, Georgina Healy, Brendan O'Brien, Mary O'Keefe, Dave Farrell, Kevin O'Brien, and John Philip Murray.

We all had our reasons to want the Briery Gap rebuilt and reopened. I was looking forward to meeting other writers of our First Friday writing group at the library, and pop in to have a chat with Lorraine or another librarian whilst borrowing or dropping back books. This library is also a social hub, one that we are privileged as a country to still value. For the rural community who have lost a lot of their post offices coming into the local town is an important event and having a permanent base for the library with such wonderfully supportive librarians is a most welcoming home from home. The library reopened in August and the books, librarians and readers are slowly settling in shoosh...quiet please!

Films are now back at the Briery Gap via the Irish Film Institute (IFI) starting with 'That They May Face The Rising Sun', an adaptation of the final novel from John McGahern. Having films back in the Briery Gap brings to mind dark evenings of autumn and winter at the Film Club and post film discussions over a drink in Gerard's or standing not wanting to leave even if we were all frozen.

And the theatre? The old Briery Gap theatre also provided a myriad of shows over the years from comedy, drama, musicals, concerts and the now yearly transition year programme. I think of all the memorable theatrical productions I have seen there including Tom Hickey in 'The Gallant John Joe' by Tom Mac Intyre, Kevin McAleer's drollery and the premiere of a Thomas Kilroy play. On the evening after the 2024 inaugural Lee Valley Entertainment concert, the Briery Gap held a musical evening by Ensemble Baroque de Rennes with a workshop on the following day. No doubt plans are cooking for further drama and musical fun in the months ahead.



Moira Murrell, CEO, Cork Co. Council, Mayor Joe Collins and Minister Colm Burke opening the new Briery Gap Theatre and Library.



Denis Keane singing at the BG Concert





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Oíche Oscailte Coláiste Ghobnatan **Coláiste Ghobnatan Open Night**

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Date: Déardaoin 10ú Deireadh Fómhair 2024 / Thursday 10th October 2024

Focal ón bPríomhoide: 7.00pm / Principal's Address: 7.00pm

Eolas clárúcháin ar fáil ón

Dé Deardaoin 10ú Deireadh Fómhair 2024

Spríoclá d'iarraitais: Dé hAoine 1/11/2024

Enrolment Information available from

Thursday 10th October 2024

Application Deadline: Friday 1/11/2024



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MCEGAN COLLEGE



McEgan College 5th year & LCA5 students who recently went on a class trip to the 'Escape Rooms' in Killarney.



Lourynas Lupandin getting to try out the harpsichord with instruction from Claude Menex at the recent Baroque music event in the Briary Gap.

Danone Schools Cook-Off 2024: Well done to Molly Kelleher & Brian Healy who recently represented McEgan College at the "Danone Schools Cook Off Competition" during the Macroom Food & Crafts Festival. Molly and Brian delighted crowds with a trio of seasonal apple desserts. Ingredients were mainly locally sourced as per the brief for the cook-off. The winners on the day were Schull Community College. Molly and Brian showed flair and confidence throughout, impressing the crowds who were watching them with the skills they have gained over their 6 years in McEgan. Thanks again to Ms Hazel Bourke who has given so much help to these two students over their time in McEgan helping them to develop their culinary skills to a high level.

School Clubs & Lunchtime Activities: Engineering Club is up and running from 8.20am 3 morning a week. Students can develop their skills under the supervision of the Engineering Teachers. Speech & Drama Club is now happening in Room 10 Mondays at Lunchtime. Ms. McCarthy & Ms. Hurley will be on hand to help students develop their thespian skills. Cross Country Running team training will begin soon, there has been a huge number of students registering for this initiative. Mr. Sheehan with help from West Muskerry AC will be giving the encouragement here. Quiet Club for those students who just like a quiet space for a break at Lunchtime is up and running in Room 12. This initiative was prompted by requests from students for a quiet space. Well done. Music Practice is happening on Thursday Lunchtime in the Music Room. Mindful Walking through Macroom demesne is taking place on Thursdays at Lunchbreak supported by Ms NiLaoire.

Sports News: Basketball training for senior students has commenced, with competitions beginning soon. Soccer: Hard luck to our senior soccer boys who lost to a strong Castletownbere team in the South West Senior Cup. Our boys battled hard throughout and

after playing against a strong wind in the first half, were unlucky to concede two goals late on in the half. They struggled to get any dominance in the second half and Castletownbere pushed home their home advantage with further goals. Well done to all and brighter days ahead. Football: The Senior Boys were unlucky to be held to a draw by Mitchelstown on Friday 27th. A replay will have to be played. Best of luck to all involved.

Girls in STEM: On 26th September, eight Transition Year girls travelled to the RDI hub in Killorglin for the first lab day of their STEM Passport. This is an initiative run out of MTU (Cork & Kerry) which encourages young girls to become more involved in STEM (Science, Technology, Engineering & Mathematics) areas. By supporting girls the hope is that they may progress to get involved in these areas as part of their careers in future.

Students engaged with a range of STEM related activities, including utilizing Micro:bit to solve problems, as well as having an hour long meeting with a "mentor", (someone currently in the industry) who has volunteered their time to guide and inform these girls about life working in a variety of STEM related employment. Two more of these lab days are planned later in the year. Thanks to Mr. Sheehan & Ms. Riordan who accompanied them.

Student Council 2024-2025: Over the past two weeks there has been a series of elections taking place as each class group voted in their representative onto the student council for the upcoming Year. Mr. Twohig & Ms. Hurley have agreed to co-ordinate and support the students throughout this year. Elected to the roles of Head Girl & Head Boy were Niamh O'Callaghan & Michael Buckley. Congratulations to both students who's role will include co-chair of the student council & liaising with Principal Ms. Lynam & Deputy Principal Mr. Coughlan on issues throughout the year. Last academic year the student council did an enormous

amount of work to bring to fruition the new School Jacket. This years the council will be working on Attendance & Fundraising initiatives.

Fifth Year & LCA 5: Fifth-year and LCA students from McEgan College recently enjoyed an exciting bonding trip to Killarney. Accompanied by Ms. Shannon, Ms. Manning, and Mr. O'Connor, the group challenged themselves at the Escape Rooms, working together to solve puzzles and strengthen teamwork skills. Afterward, they enjoyed some free time shopping and exploring the town. To round off the trip, the students visited the historic Ross Castle, where they took in the stunning views and learned more about Irish history. The trip was a great opportunity for students to bond outside the classroom while creating lasting memories.

Briary Gap Baroque Music Event: Students attended a wonderful workshop of Baroque Music at the Briary Gap recently. Members of the Ensemble Baroque de Rennes gave a free workshop on the history and influence of Baroque music. Claude Meneux on harpsichord & Morag Jonson on Violin entranced the students with live performances. Baroque describes the period in Western European art & music from 1600 to about 1750. The students not only got the opportunity to hear this early music played on period instruments, the musicians also gave the students a chance to play the instruments. The students really enjoyed it and indeed learned so much from the opportunity. Baroque music in class will be forever changed for them after this.

Uniform Recycling Initiative: McEgan College with assistance from the Parents Council is holding an event for recycling of used but wearable McEgan Uniforms in the school assembly on October 24th from 2-4pm. McEgan Jumpers, Trousers, Skirts & Shirts of wearable condition will be accepted on the day.

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le Beverly Swann & Julia Paterek

Ar an 11ú Meán Fómhair chuamar ar ár gcéad turas mór Idirbhliana chuig Ionad Eachtraíocht Fasnet thíos i Scoil. Bhí an turas an-spraiúil agus bhaineamar sult agus taitneamh as. Bhí roinnt mhaith gníomhaíochtaí ar siúl againn ar nós cadhcáil, ailleadóireacht, dreapadóireacht balla, siúlóid amuigh ar Oileán Inis Fada, snámh agus clárcheasóireacht. Thug siad a lán eolais dúinn faoin tíreolaíocht agus an ceantar comh maith le stair faoi Theach Solais Fastnet. D'fhoghlaimíomar scileanna nua ar nós conas tine a thosú le vasailín agus meall cadais agus conas snaidhmeanna a cheangailt. D'imríomar an-chuid cluichí san uisce agus cluichí foirne freisin. Thugamar spreagadh dá chéile ár ndícheall a dhéanamh sna cluichí. Gach lá fuaireamar bia blasta agus

d'fhoghlaimíomar conas glanadh suas i ndiaidh gach béile. Ar an oíche dheireanach bhí tine campála againn ar an trá le smores. Dheineamar smores ag úsáid na tine - bhíodar go hálainn! Tá caidreamh i bhfad níos cóngaraí againn anois mar rang agus táimid ag tnúth go mór le bliain thaitneamhach broidiúil. Míle buíochas le Iníon Ní Shúilleabháin agus Iníon Ní Chonchúir a thaistil linn.

CLÁR OSPS – ALL RIGHT ALL NIGHT

Faoi láthair tá bliain 6 ag tosú ar an gclár OSPS All Right All Night. Is feachtas náisiúnta é All Right All Night chun a chinntiú go bhfuil oícheanta sóisialta saor ó imeagló, foréigean agus eagla do chách – go háirithe do dhaoine óga agus leochaileacha. Is í an phríomhtheachtaireacht ná gan ach idirghabháil a dhéanamh, má bhíonn sé sabhálte é a dhéanamh. Foghlaimíonn rannpháirtithe conas cás a mheas

chun na scileanna idirghabhála is fearr a aithint le húsáid sa chás sin, chun toradh sábháilte a chinntiú do gach duine.

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Na daltaí idirbhliana ag baint sult as turas go Ionad Eachtraíochta Fastnet

ST MARY'S NEWS

LC Geography Field Trip

Our 6th year geography students had a fantastic day completing their Field Investigation. The students had a sunny day of activities along the Owengarriff River in the Killarney National Park. They explored the geomorphic processes of transportation and deposition on the formation of a meander. Thank you to your teachers Ms Hickey and Mr O'Connor for a great day of exploring the world around us outside the classroom.

First Year Camogie Blitz

Our first years had a wonderful day at the first year blitz in Mallow. Lots of talent & skill on display. The future is bright in St. Mary's. Well done girls and thank you to your coaches Ms McSweeney and Liam Slattery.

Cork U15 BIPPS Selection

Congratulations to 3rd year student Tamara Pilat on her recent selection to the Cork U15 BIPPS Basketball Team. Tamara was selected for the final squad after a series of trials and will represent Cork in a tournament in UL in October. Congratulations Tamara, we are so proud of you!

Open Night

We were delighted to welcome sixth class students and their parents from our local primary schools to our Open Night which was held in School on Thursday the 26th of September. The night began with a beautiful performance from our school choir, then Mr McLaughlin introduced two of our First Year girls, Clara O'Brien, Saanvi Mohan and Úna Cummins who spoke about their time in St Marys so far. The visitors then watched a video of a day in the life of a student in First Year which was produced by our TY Promo team. Then our Couriers

Ms Hickey's Leaving Cert. Geography class on their Field Trip to Killarney National Park.



(from 4th and 5th year) took the students on a fun-filled tour of our school while Mr McLaughlin, Annah Devine and Siobhán Cronin (Head Girl and Deputy Head Girl) spoke to their parents. Thanks so much to all of our students who were so happy to show off our school on the night.

TY Activities: TY Ploughing

"The TY's had an early morning on Tuesday 18th of September getting on a bus just before 7am. We travelled up to Ratheniska, Co. Laois, for the annual Ploughing Championships accompanied by teachers, Mr. Galvin, Ms. Martin, Ms O'Keefe and Mr Quill. The TY class go to the ploughing each year as it helps them to learn about Irish businesses and culture and it makes to be a great day out overall. The weather was amazing as it was warm and sunny and no sign of rain throughout the day. Everyone made sure to go to a few stands as well as collecting freebies to mark our day. A lot of walking was done by all as there was 25km of walkway panels laid down. We stayed at the ploughing

for roughly 5 hours and as we were heading back to the bus, some of us were lucky enough to hop onto a trailer which was transporting people back to their cars. We of course stopped in Cashel at McDonalds for a bite to eat and made it back home by 8pm. We give a huge thanks to the teachers that made the day possible for us. It was a great experience to have as one of our first trips." TY Trip to the Ploughing Championships report by Ruth Cotter

TY Fundraising Committee

"The TY Fundraising Committee held their first official meeting. Huge numbers attended which is a huge positive and will ensure the success of future fundraising events in the school. The committee are currently busy organising their first event of the year, which is a non-uniform day on Monday 23rd of September in aid of childhood cancer Ireland."

Report by Clodagh Murray

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Winners of the 2024 Irish Language Book of the Year Publishing Awards Announced

Last night (Monday, 23rd September 2024) at a celebration of publishers and writers of Irish-medium books in the National Irish Language Theatre, An Taibhdhearc, Galway, An tOireachtas, in conjunction with Foras na Gaeilge, announced the winners of the 2024 Irish Language Book of the Year Publishing Awards. Three (3) awards were presented: Gradam Uí Shúilleabháin (the Irish Language Book of the Year for Adults), Gradam Réics Carló (Irish Language Book of the Year for Children) and Gradam de Bhaldraithe (publications translated to Irish).

Gradam Uí Shúilleabháin was awarded to publishing house, Dingle Publishing, for their work *Crainn & Toir* written by Máirín Uí Chonchubhair. Publishing House, Futa Fata, received the Gradam Réics Carló Award for *Na Trí Mhuicín*, written by Áine Ní Ghlinn and illustrated by Paddy Donnelly. Gradam de Bhaldraithe was awarded to Éabhlóid for their work *Athmháthair*, a translation by Máire Nic Mhaoláin of the Italian book *Accabadora* by Michela Murgia.

Twenty (20) books in total were shortlisted this year over the three categories. These annual awards are sponsored by Foras na Gaeilge. The 2024 winners received their awards from Foras na Gaeilge CEO, Seán Ó Coinn alongside the 2024 Oireachtas President, Pádraig Mac Fhearghusa.

"I wish to extend my heartfelt congratulations to this year's

award-winning publishing houses, Éabhlóid, Futa Fata and Dingle Publishing", said Máirín Nic Dhonnchadha, CEO of An tOireachtas. "All the titles which made the 2024 shortlists are of the highest standards and I commend the publishers who have once again excelled in bringing quality Irish language books to the market. The variety and diversity of genre and subject matter clearly illustrates the range of titles available to readers of all age groups. It is a mark of the successful partnership between the publishing houses, writers, illustrators and translators and I wish them continued success."

A host of new and established Irish-language writers will be recognized at the Oireachtas na Samhna festival in Killarney, Co. Kerry, from 30th October – 3rd November, when the winners of 2024 Oireachtas Literary Competitions will be announced. The Presentation Ceremony is just one of a spectacular, multidisciplinary programme of events to be held during the course of the festival - others include: the Oireachtas Media Awards, performing arts competitions, seminars, book/CD launches, song and dance sessions, workshops, festival clubs, information sessions and so much more.

Details of all festival events are available at www.antoireachtas.ie.



Gradam Uí Shúilleabháin was awarded to publishing house, Siobhán Prendergast Dingle Publishing Services for their work *Crainn & Toir* written by Máirín Uí Chonchubhair represented by Neasa Ní Chonchubhair Dublin (daughter of Author) . Photo: Andrew Downes, xposure



The threat of rain did not deter the mid Cork community coming out in force to support People Living with Dementia.

Great turnout to the recent Alzheimer's Memory Walk in Macroom.



GREAT TURN OUT FOR ALZHEIMER'S MEMORY WALK IN MACROOM

A huge thank you to all that supported the recent Alzheimer's Memory Walk in Macroom. There was a great turnout, and all participants walked together in unity to show their support for those living with Dementia in the mid Cork area.

The Alzheimer's Memory Walk is a heartfelt tribute to the estimated 64,000 people in Ireland living with dementia, their families, friends, and carers. The event gives families, friends and those living with dementia the opportunity to come together to share old memories and to make new ones. It also honours those who are sadly no longer with us and lived with dementia.

The Memory Walk fosters a spirit of community and raises vital funds for essential dementia support services provided by the Alzheimer Society of Ireland. These services include Daycare, Daycare at Home, Dementia Adviser Service, Social Clubs, Memory Cafés, and a National Helpline.

Macroom has wholeheartedly embraced The ASI's Dementia Inclusive Community Programme and it's wonderful to see awareness spreading throughout the mid Cork area. A special 'Thank You' goes to the Friends of ASI Macroom volunteers for their continued support.

If you would like to learn more about Friends of ASI and Dementia Inclusive Communities, visit <https://alzheimer.ie/get-involved/friends-of-asi-dementia-inclusive-communities-initiative/> or email friendsofasi@alzheimer.ie.



Families and friends enjoying a walk in the Macroom Park while supporting The Alzheimer Society of Ireland.



Tuilleadh eolais ag
www.loveleabhargaeilge.ie



Gradam Rána Carla
• 2024 •



FUTA FATA



Gradam Uí Shéainnín
• 2024 •



DINGLE PUBLISHING



Gradam de Athmháthair
• 2024 •



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- Home and body fragrance
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AND SO MUCH MORE!





DE LA SALLE College Macroom

Golf

Our junior golf team had a brilliant day out in Cahir Golf Club representing the school in the Munster junior golf qualifiers. The lads played some fantastic golf in very challenging conditions. Well done to David Bradley, Dylan O'Connell, Alex Hopkins, Darragh Creed, Cathal Lyons. Also, a special mention to William Burke and the winner on the day Michael Cregan who had fantastic rounds against high quality opposition. Michael will go on to the All-Ireland series of the competition.

Club Gaelige

Bhí spraoi den scoth againn sa chlub Gaelige le linn am lóin ag cleachtadh scileanna gailf. Míle buíochas do lucht na hidirbliana a thug treoir luachmhar dúinn i measc an dea-aimsir. Bhí cluiche iomanaíochta beomhar againn freisin le linn an Club Gaelige. Míle buíochas do Andrew, an réiteoir, Jack agus Jerry captaein na foirne. Tá scileanna den scoth ag na buachaillí!

Geography Trip

Our sixth year geography students recently carried out their obligatory geographical investigation worth 20% of their Leaving Cert grade at Killarney National Park. They investigated geomorphic processes of transportation and deposition operating on a meander.

Second year

Second years were out in the sunshine today to study some ecology in their Science lesson. They focused in particular on naming native Irish trees and birds.

Music group

This group have had a busy couple of weeks preparing and performing at the open night. The talented group of musicians & singers also played & sang lovely hymns for the De La Salle Mass.

Coffee morning in aid of Marymount Hospice

Staff at De La Salle, enjoyed some delicious baking in the staffroom. Ms. Eva Dunne put a huge effort into organising our coffee morning. Ms. Dunne with the help of other members of staff produced an array of cakes and treats. All funds raised go to Marymount Hospice which is such a worthy cause, giving so much vital support to people and their families every day.

First year trip

Our first-year students traveled to Kilbrittian on



De La Salles successful Golf team.

Tuesday, September 24th, for a team-building activity at the West Cork Secrets. Three groups were formed, and they alternated between the tasks. Several team games, including army-style assault courses, and the main event—the well-known waterslide—were among the activities offered. Freshly prepared pizza finished off the day after their warm showers. It was a really fun day out for all involved.

GAA

De La Salle VS Coachford Community

On Tuesday 24th of September De La Salle College Macroom played Coachford Community College, in Coachford for the first round of u17 school football championships. From the moment the referee blew the whistle for the 12:30 throw in, Coachford was always one step ahead leading 2-2 to 0-0 in the opening ten minutes. Tim Sweeney (NO.11) opened the scoring for De La Salle with a point and Sam Leavy (NO.9) following it up with another point. De La Salle started easing into the game after a shaky start with a couple of errors. Billy Murphy (NO.12) let his presence be known, scoring 2 consecutive points and once again Tim Sweeney followed up with another to bring the score back to 2-2 to 0-5. After leaving 5 points go without a response Coachford made their way back into the game with two quick points. Billy Murphy and Brendan O'Leary both scored a point each before the break to finish off the first half with a score of 2-5 to 0-7 in favor

of Coachford. Tim Sweeney got the second half off to a quick start with a fantastic goal riffled into the back of the net, now only separating the sides by a point, however, De La Salle took their foot of the peddle and lost focus conceding two very quick scores with Coachford taking a 3-7 to 1-7 lead. A few minutes later Coachford went in to cruise control, scoring another goal. De La Salle weren't going to give up yet though as Tim Sweeney scored 3 consecutive points to bring the score back to 4-8 to 1-10. Sam Leavy got his name onto the score sheet for a second time closing the gap to 6 points. Tim Sweeney got his final point of the game with an outstanding performance, scoring 1 goal and 6 points. Jayden O'Sullivan(NO.23) then made a quick impact on the game and scored a point just after being subbed on to the pitch. Jack Browne(NO.15) kept the game alive with a marvellous goal to bring the score back to 4-9 to 2-13 but Coachford fought back to score another point, extending their lead again to 3 points. Jayden O'Sullivan was once again on the scene scoring his second point of the match to put a bit of life into the team and reduce the margin to two. Within the final minutes as tension flared both on and off the pitch, De La Salle gave it their all in trying to find that crucial goal but their efforts proved to be no good as this tight and entertaining game finished with a 4-10 to 2-14 win for Coachford.

LEE VALLEY EQUESTRIAN CENTRE

Pictured are the winners and participants of the Lee Valley/O'Brien's Saddlery Horsemasters series. Participants in the series were required to show their ability to compete in multiple disciplines. Those disciplines included show jumping, dressage, and TREC pvt type obstacle courses. The series was designed to encourage people of different levels to step outside their comfort zone and try new things, as well as learn the benefits of cross training. The prize winners received super prizes sponsored by O'Brien's Saddlery and the Lee Valley Equestrian Centre. Mary's Toymaster in Macroom also sponsored the series, donating lovely flowers and pots to decorate the courses. Thank you to all who participated, helped build courses, helped judge, and of course to our sponsors!



Finding Relief from Vertigo through Chiropractic Care

Vertigo, a debilitating condition, frequently emerges following head or neck trauma, such as concussions, whiplash, falls, or sports injuries.

These symptoms may surface immediately or linger for years after the initial injury.

Conventional treatments often rely on medication, which provides temporary relief but fails to address the root cause. Chiropractic care offers a natural approach, aiming to uncover and treat the underlying issue.

Chiropractors specialise in identifying and rectifying the source of vertigo. It can stem from inner ear problems or disruptions in the nervous system pathways, resulting in symptoms like nausea, vomiting, and dizziness.

The inner ear's proper functioning depends on the alignment of the cervical vertebrae. Misalignments or blockages in these vertebrae can impede fluid flow in the inner ear, leading to vertigo symptoms.

Chiropractic adjustments play a pivotal role in maintaining cervical vertebrae alignment, potentially alleviating vertigo.

Furthermore, chiropractic care encourages patients to examine their lifestyles for potential vertigo triggers, ensuring a comprehensive approach to symptom management and prevention.

Research published in the Journal of Upper Cervical Chiropractic Research in 2016 revealed a strong link between vertigo, particularly Meniere's

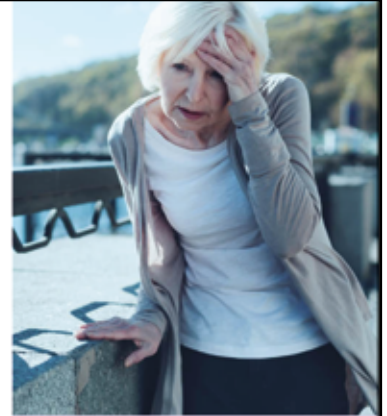
disease, and neck trauma. The study emphasised that vertigo sufferers, especially those with a history of whiplash, should consider chiropractic evaluation.

Don't dismiss the potential link between neck trauma and vertigo; consult with a chiropractor for a path toward relief and lasting wellness.

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*Burcon, M (2016), "Health Outcomes Following Cervical Specific Protocol in 300 Patients with Meniere's Followed Over Six Years," J Upper Cervical Chiropractic Research, June 2, 2016

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KILMICHAEL VINTAGE & HARVEST FESTIVAL

**THIS SUNDAY
6TH OCTOBER**

Kilmichael Vintage & Harvest Festival on this Sunday, October 6th at Kilmichael GAA grounds in Annahala (Eircode P12 RF38) commencing at 1:30 pm.

Proceeds in aid of **WEST CORK PALLIATIVE CARE - WEST CORK RAPID RESPONSE and MARY MOUNT HOSPICE.** There will be a display of Vintage Engines, Bikes, Cars, Tractors, old time machinery and rare old farm implements along with an old time Threshing, so if you have a vintage

vehicle or any old implements ,please bring them along on the day. The club will be holding a charity Auction of various items and if anyone would like to give something for the charity auction, the club would be very appreciative and if you need more information contact the number below. There will also be a Dog Show and Childrens Sports on the day. Numerous side shows and fun events for all the family like Horse-shoe pitching, Ring Board, Bowl Throwing and Wellington Throwing also a Pets

corner. In conjunction with the festival, there will be a cake sale and the club would be very grateful if people would kindly donate baking on the day towards the sale. There will be Teas and live music in the field on the day along with a Raffle. Food and refreshments reserved. Strictly No Hawkers Allowed. Your support would be greatly appreciated.

If anyone needs any help or information, please do not hesitate to contact : PJ-087 6289734 or Denis -087 1191159



On September 23rd the Cork Co. Co. Anti-Litter Awards took place, and scoring was announced for the last judging period. However, Macroom was not in the top three, coming a disappointing second last overall in our category. The top three in our Category were Mallow, Charleville and Crosshaven. The main problem areas again along with the Main Street and the number of pieces of litter found. The nominated housing estates judged fared very well, Sullane Weirs and St Coleman's Park. A big well done to all who helped in any way throughout the competition in keeping their areas litter free. Here's hoping next year will be better for the town and that it gets full support in this competition from the start.

On September 21st two volunteers attended the Official Opening of the Briery Gap. It was opened by Joe Carroll, Mayor of County Cork, and Minister of State Colm Burke and finished with a poetry reading

by Conal Creedon.

Well done to the Lee Valley Enterprise Board on running a very successful Food Festival over three days. Tidy Towns volunteers contributed to this in a major way, in erecting the Marquee in the square and doing clean ups and traffic management. Many asylum seekers from both the Riverside Park Hotel and Penns Hotel prepared their traditional food for the Multiculturalism Through Food event in the square on the Saturday.

Tidy Towns were also represented at the Good Vibes Forum that also took place on the Saturday Morning in the Town Hall, where John Lyons provided information on aspects of our work like biodiversity. This forum had short talks and presentations on relevant topics such as Food Nutrition and Climate Change and was most interesting.

Some of the Transitions Years from Bishop McEgan's Horticulture Class went out and weeded and dead headed flowerbeds. Foroige members did a litter pick through the Castle Demesne and picked up seven bags of litter.

On September 23rd the Men's Shed went on their annual fishing day out. They went to Crosshaven and went out to Cork Harbour with Skipper Tony Lane and the Camden Mist. Fishing wasn't the best but

brought home some Mackerel.

The Block and Stonework Construction has started on the new feature flowerbed/ raised centrepiece in the Fairy Garden. The stonework is being done by Kieran Lehane, stone mason. This is a very significant stone feature, with a sculpture on top and most attractive 'Fáilte' sign to welcome visitors as they enter the park from the entrance gate by the river.

The very popular Santas Grotto in the Tiny Feet Fairy Garden will be back again this year. This will take place on November 30th, and December 1st, 7th, 8, 14th and 15th of December from 11am-5pm. Bookings are now open, and you can book by phoning 087-1434770 between 1-2pm and after 6pm during the weekdays and no set time during the weekends. Its only €10 a child and places are filling up fast. Last year Santa, Mrs Claus and even some Elves made an appearance during the event so who knows they might be back again this year.

Come and join us some Saturday morning at 9am In our base in Maseytown and are always open to new people joining in and helping with the work. If you have any questions feel free to contact Lisa at 087-1434770.



Judy O'Sullivan and Joe Cronin from Macroom Tidy Towns at the official opening of the Briery Gap.



Bishop McEgan TY Horticulture Class.

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MACROOM GIRL GUIDES

Empower By Dara Russell MacEgan Senior Branch

Last weekend I attended Empower, an information session run by the Governance and International Committees of Irish Girl Guides. It was an early start to get the train to Dublin and then the Luas out to our National Training Centre in Tallaght. There were about 12 participants, and lots of members of the International and Governance committees of IGG. Our CEO and the Southwest Regional Commissioner were there, and we also had a speech from IGG Chief Commissioner, Amanda O'Sullivan. The aim of the event was to inform and empower younger members of IGG to take up roles in Governance and to take part in more international opportunities.

For the first half of the day we saw presentations from different members of the Governance Committee who explained the structure of IGG. We learned about the roles and skills involved in running the organisation, and positions that would be available to us. We then had a break for lunch which was very kindly provided to us!

For the second half we spoke to many different members of the International Committee, and members who had been on international trips.



Dara Russell MacEgan Senior Branch attending Empower at the IGG headquarters on Sat 21st September.

Coming from MacEgan Senior Branch, which is a very active group on an international level having had members travel to England, Switzerland and Norway this year alone, the international session was very interesting. We learned about all the opportunities available. Interestingly, it's not all camping. There's also lots of seminars and programmes run globally by the World Association of Girl Guides and Girl Scouts on topics like leadership and environment.

After the event I felt much more informed on how IGG operates and all the opportunities that are **Enrolment Ceremony for Ardilaun Guides and MacEgan Senior Branch**

On Friday 27 September Ardilaun Guides and MacEgan Senior Branch held an enrolment ceremony for two guides and a member of Senior Branch. Well done and congratulations to the girls who were enrolled.

Irish Girl Guides Sustainable Development Goals (SDGs) Champions

Ireland's third SDG Week is from 20-29 September, which forms part of the wider European Sustainable Development Week (ESDW) running from 18 September – 08 October. Last year ESDW saw over five thousand events taking place across twenty-eight countries, with almost two hundred

events held across Ireland. As SDG Champions, IGG are celebrating SDG Week by launching an exciting SDG-Themed competition for our youth members nationwide. With the start of the new guiding year IGG national office wants to hear about all the incredible work that girls have been doing to help promote the SDGs. This could be anything from sharing what SDG badges the girls have achieved, if they have been litter picking, involved in activism, advocacy, or volunteering. All our units in Macroom are actively involved in a number of areas that align with the SDGs. Our programmes emphasis the outdoors, environment, and community responsibility, highlighting SDG3 Good Health and Wellbeing, SDG12 Responsible Consumerism, SDG13 Climate Action and SDG14 Life Below Water. Members of MacEgan Senior Branch take part in many events with our members sitting on IGG committees, being members of Comhairle na nOg and taking part in many National Youth Council of Ireland events. Best of luck to the girls who are working on entries for the competition. For further information on joining our Ladybird, Brownie, Guide or Senior Branch units please contact macroomguides@gmail.com



Ardilaun Guides enrolment ceremony on Fri 27th September.

KILMURRY NS

It has been a busy start to the new academic year in Kilmurry National School. Our new Junior Infant pupils have settled in so well and 6th class are enjoying their role as buddies. Pupils from 4th – 6th class went on a wonderful walk to Cnoc an Tobair this month and learnt a lot about our locality and history. Assemblies have started back and children have been showcasing their wonderful work. In sporting news, pupils from 1st-6th Class had a great day partaking in the West Muskerry Cross Country competition. Our Sciath na Scol teams have been busy with football matches.



Pupils who took part in the West Muskerry Cross Country competition.



School walk to Cnoc an Tobair.

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KILMURRY HISTORICAL AND ARCHAEOLOGICAL ASSOCIATION

Rebel Rally Run 2024

Kilmurry Historical & Archaeological Association (KHAA) hosted its annual Rebel Rally Run on the 22nd of September 2024. This was our 7th year hosting this event, which is going from strength to strength.

This year, Ann O'Callaghan, Sacristan at St. Mary's Church, Kilmurry waved the checkered flag as both vintage and non-vintage cars departed



Michael Goulding giving talk at Kilcrea Abbey

Kilmurry Village, with our 1st pitstop being the Inniscarra Dam. We were met at the Dam by ESB Plant Manager, Frank Barry, who treated us all to a wonderful tour of the Dam, outlining its history from its construction in the 1950s right up to the present day.

We then took the scenic route from Inniscarra to Kilcrea Abbey, where Michael Goulding, KHAA volunteer and member of our Fundraising Committee outlined the history of the friary

which was built by the Franciscans in the mid-15th century under the patronage of Cormac MacCarthy, the Lord of Muskerry. Michael gave a highly informative and interesting talk not only on the Friary and its history, but also on various people who are buried within the Abbey grounds.



Ann O'Callaghan waving off vintage cars.

European Commission must ensure procurement framework respects taxpayer money - MEP Kelleher

Fianna Fáil MEP, Billy Kelleher, has called on the European Commission to ensure its proposed new Procurement Framework respects taxpayer money and enables Member States to secure value for money when entering into large infrastructure projects.

Kelleher, a member of the Economic and Monetary Affairs Committee, was commenting after it was reported that the Irish Government is having difficulties with construction company, BAM, with regard to the development of the much-needed National Children's Hospital in Dublin.

"What should have been a €640 million project to be completed by 2020, is now likely to cost €2.2 billion with a new expected completion date of 2026.

"At the start of this year, Member State ministers highlighted improvements in procurement as a means for reinvigorating competitiveness in the EU. President Von Der Leyen did, to her credit, take heed of these concerns and committed to reviewing the EU procurement framework to favour EU products and to give a fair chance to EU SMEs.

"Only two weeks ago, Mario Draghi, in his much lauded report on competitiveness, also called for an overhaul of how the Union, and its Member States, handles procurement.

"However, while boosting competitiveness is essential, I believe we must also do a radical review of the assessment criteria to ensure that contracts are only awarded to companies that will truly respect, and bring value to, our taxpayers'

money.

"The Irish Government has clearly signalled its unhappiness with its ability to hold companies to account for clear contractual breaches.

"The European Commission must grasp the opportunity to not only use the framework as a tool for boosting competitiveness but also for delivering efficiency and value for money for tax-payers. The review must also examine the assessment criteria and must enable Member States to give due consideration to the past performance of companies. Private companies earning public money must be held to the highest standards, especially if they want to secure future contracts," concluded Kelleher.



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Kilmurry Active Retirement

Support to stay healthy

Life expectancy has improved dramatically. You may have many, many more years to come. Unfortunately, longer lifespans also mean more opportunity for illness, chronic disease, pain, suffering, depression, and dependence on others. Consequently, an important question arises for each of us as individuals, and for our society. Since science has helped us to live longer, are we to be gifted with much more life in those added years, or are we to be doomed to have more morbidity and to be much longer dying? According to the palliative care nurses that I have asked, the death process is significantly extended over the past twenty years. Our creaking hospitals suggest that the same applies to morbidity. The increase in lifespan and its impact on our health service is rarely out of the news. We are told that we should expect and plan to spend more and more billions treating more ageing people. But we should plan too, and with more determination than we are applying, to add more life and less morbidity to those added years. We are lucky that we can increase the proportion of "healthspan" within our lifespans. Studies indicate that following a healthy lifestyle, increases lifespan by about fourteen years for women and ten years for men. But are we adding healthy years or more years of morbidity? To answer this crucially important question, a study at Harvard T.H. Chan School of Public Health in 2018, took three common diseases as a proxy for morbidity: heart disease, cancer, and diabetes. Their study showed that a healthy lifestyle added on average ten more years free from these diseases for women, and eight more years for men, in comparison with those who did not follow the healthy lifestyle.

Isn't more healthspan precisely what most people want? Hardly any health worker, civil servant or politician would disagree. Yet, funding for initiatives to help older people keep fit and well is a pittance as each voluntary committee of an Active Retirement association knows. Increasing healthspan takes investment too, but it represents exceptional value for money. We are thankful for Cork Education and Training Board which has been, for years, funding tutors to enable us to provide courses on health, wellbeing, and diet, and for us to provide a wide range of exercise programmes, as well as social connection – actions which according to extensive scientific research increases healthspan in our communities. No fault of theirs, due to increased demand and a fixed budget, the consequential funding restriction resulted in our pittance dropping to half a pittance since last year. For this autumn term their support to us has a value of about €1000. We have almost eighty members, so about €12.50 per member. To put this in context, should just one of our members end up in hospital for this term it would cost the State about €54,000, while a public nursing home would cost over €18,000. If our activities are successful in encouraging our members to adopt a healthy lifestyle, we may add up to eight hundred healthy years to our health-spans, saving the State, and our families, many tens of millions. We are just one association. Imagine now the potential impact of our five hundred associations around the country. There is no more effective or cost-efficient means of taking pressure off our health service than adopting healthy lifestyles. We were disappointed with our reduced allocation. When I was a younger man, I could get angry at such things. But don't we know that those working in education, in the health



Having fun at Aultaghreagh Cottage Garden.

service, and our decision makers are committed to doing their best for us. They are captured by the urgency of crises. Crisis is the enemy of rational long-term planning. We wouldn't do any different. We too understand that an elderly patient, say our family member, lying three days on a trolley waiting for admission, trumps a training course in West Cork that may be effective, depending on the inclination of attendees, but where its most positive effects are years ahead.

Which brings me at last to the point. We must see and accept that the main responsibility for directing a greater proportion of our added years to healthspan rests with us as individuals, and with us in our communities. It is we who are best placed to provide sustained encouragement and supports to our friends and neighbours. It was always and will remain to be so. Yet a bit more assistance surely wouldn't go astray and would help us to keep dependency at bay.

Garden Walk

On the 18th of September thirty-seven of us headed off to Aultagh, Dunmanway, to the private garden of Les and Christine Wilson. What an impressive garden it is. It was obviously a labour of love, organically emerging, from when they moved to the area in 1990. Our group was really appreciative of the warmest welcome and the generosity of our hosts. On the way home we pulled up at Barrett's in Coppeen, fuelling ourselves rather than the bus! We were blessed with the weather, and we all had a lovely day out.

Ongoing Activities

On Mondays, courtesy of our sister association in Coachford, our members can try out or join bowls on Mondays 10.15am. Also on Mondays, thanks to Cork Sports Partnership, the Better Balance / Keeping fit for the future course is in Crookstown at 5.30pm, and in Kilmurry at 7pm.

On Tuesdays, at 1.30pm we are continuing our course of exercise and fun with activator poles, with our tutor Mary Kelleher. On Wednesdays, courtesy of the Castle Hotel, Macroom, aqua aerobics classes are at 10am. Wednesdays 2pm to 4pm we have varying activities.

Upcoming

On Friday October 4th, 11am to 1pm, in Kilmurry Museum, we start a five-session course on Card and Candle making. Our tutor is Helen Quill. All welcome - contact us.

On Wednesday 9th we will have friends from the Knockavilla association joining us at the

Independence Museum. We will have bingo, scootch (a new game for us - a bit like bowls but with a disk and poles), chat over the refreshments, and maybe a sing song.

Our Zumba classes are on Wednesdays at 6.15pm, in the parish hall in Crookstown, starting 9th October. Zumba gold, is as far as is practicable, tailored to accommodate the fitness level of the participating group. These forty-five minutes classes will run for ten weeks. Our very popular tutor is Yvonne Murphy. The fee for the ten sessions is just €50 for current members and €62 for non-members (which includes our membership fee required for insurance purposes). All are welcome.

On the 16th of October we will have our next coffee crawl.

Remember, Sunday evening 24th November, is the date for our Christmas party.

Considering joining

Should you be considering joining us, try it out for the rest of this year for just twelve euro. Currently our association has almost eighty members. This enables us to provide choice so that our members can pick and choose those activities that best suit their particular interests. Twice each year the members are surveyed to inform the committee of the future activities that they want organised. We provide updates to our members on a weekly basis on our activities for the following week. You may be wondering what you may expect to get out of joining us. Connection, fun, friendship, greater fitness and wellbeing, and new opportunities and experiences are the common outcomes. Our philosophy is that age makes no difference, but health does. We try to do what we can to keep healthy and challenged in body and in mind, and together that is easier. You will be kept as busy as you choose to be and positively engaged in the community, and we think you will enjoy it. If you haven't got transport don't let that put you off. Contact us as we may be able to provide the means to get you to and from our Wednesday activities.

There are several active retirement associations in the Lee valley. If you are interested in finding out more about an association, which is closer to you, we can put you in contact with the right secretary for your locality, or if you are interested in starting an association, there is support for that too. For more information contact Aidan at 0894057676 or aidanpbarry@outlook.com

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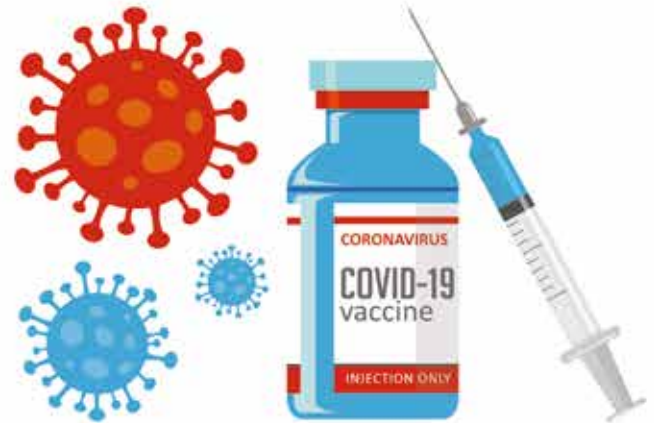
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BALLYVONGANE NS



Ballyvongane NS athletes at the West Muskerry Cross Country.



First Day back at school at Ballyvongane NS.

It has been a super busy September in Ballyvongane NS. We welcomed our new Junior Infants who have settled in really well. Ann Bradley took us on a nature walk for Heritage Week to learn about hedgerows, and we attended First Friday Mass with Fr Roberts.

We are doing Gymnastics, Gaelic Football and Swimming every week for PE. Our Student Council is up and running and has identified many ways to improve the school. We had a great day out at the West Muskerry Cross Country and have been

learning Chess with Ms Purcell. We did a big project on the Swallow bird which is leaving for Africa around this time.

DROMLEIGH NS

Staff and students from Dromleigh N.S. would like to thank the organisers of the West Muskerry Athletic Club annual schools cross country fixture on September 18th. A fantastic experience for all of our participants. Pupils were delighted to have the opportunity to celebrate National SNA appreciation Day on September 26th. A lovely way to thank Mrs Mary O'Connell for all the support

she provides our staff, students and school community with on a daily basis. Well done to our team that represented the school on September 27th in the West Cork Sciath na Scol hurling blitz in Dunmanway.

Dromleigh N.S. are organising a clothes recycling collection. Clothes may be dropped to the school (P12DY26) on October 21st, 22nd or the 23rd from

9 to 10am and between 2 and 3:30pm. We accept all types of clothing, paired shoes, handbags, belts and jewellery.

We are unable to accept single shoes, pillows, duvets, school uniforms or clothing that is in poor condition (wet, mouldy, ripped, completely worn). www.dromleighns.ie



On your marks...Some of the senior participants from Dromleigh N.S. all set for the recent West Muskerry school cross-country competition.



Dromleigh N.S. students enjoying the recent West Cork Sciath na Scol hurling blitz in Dunmanway.

MUINEFLIUCH NS

The Muinefliuch School Community were very proud to host an Open Day for Grandparents and members of the community on Friday 27th September 2024. Guests were entertained by songs and poems performed by the Junior, Middle & Senior rooms on the topic of what community means to them. The children exhibited their projects as well as historical sources of the school over

the past 90 years. The track was then officially opened by pupils both present and past. We then celebrated with lots of treats kindly provided by the Parents and Parents Association with a cup of tea and a sing song. It was a lovely afternoon for both young and old.

Muinefliuch Junior Infants





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CLONDROHID NEWS

OCTOBER STATION MASSES:

Sat Oct 5 Carriganima Village 11am, Sat Oct 12 Clondrohid Village 11am, Sat Oct 19 Carriganima Townlands 11am, Sat Oct 26 Clondrohid Townlands 11am Masses for Carriganima Parishioners will be in Carriganima, and Masses for Clondrohid Parishioners will be in Clondrohid

SEAN KEANE CONCERT:

A great night was had by all who attended this Community Hall fundraiser last Saturday night. Locals and people from many places enjoyed the night, one couple from Schull were delighted to make the journey to listen to their favourite group. Great enthusiasm was shown by the audience. Well done to all the supporters and to the committee for organising it. Thanks for the great support for the raffle, much appreciated. Thanks to all who sponsored prizes for raffle, your continued help and support is most welcome.

FUNDING:

Congrats to the Clondrohid Community Recreational Facility for securing funding under the Sports Capital Allocations, to replace the carpet on the Astro Turf. Great to have the facility, and great to have these grants. Well done

CLONDROHID PARISH ACTIVE RETIRED:

This group have returned after a little break in August. They have laid out their programme up to Christmas, and all members are being informed. Plenty activities to choose from, so roll on the next few months,

SINGING IN THE TAVERN:

This group of entertainers who meet for a chat and a sing song every second Monday night in the Tavern Clondrohid will meet on Monday night Oct 14 from 9pm. They would love to see you there.

LOTTO: Results for Sept 25. Jackpot €5,000, €70 Paul Long c/o Murrays, €20 Mgt Coakley Inchigeela, Daniel Casey Rusheen, Aine Ring Coolalta, John McDonagh Dromree.

Clondrohid Junior C Team who defeated Canovee in the final of the Billy Twomey Cup.

**GAA NEWS : CLUB SHOP**

Exciting news, Clondrohid GAA have a new supplier of The Club Shop. It will be open twice a year for online orders. It is open now until this Sunday the 6th of October for Christmas orders. Orders will be processed in six weeks, perfectly timed for Christmas presents and stocking fillers. Check out the link below for the fantastic range of club gear. Club Shop will open again in the New Year. Happy Shopping . gaelicsportstechnique. ieclondrohidgaa

Clondrohid U18s were at home last week to Newcestown in their final group game of the Championship. They got off to a great start with great intensity which got them on the scoreboard and added to it again.

Newcestown then began to claw back on the scoreboard to make it a good competitive game . By half time it was Newcestown that just edged it on the scoreboard.

Newcestown began the second half taking their chances and pushed on opening up a gap .

The home team didn't give up and worked their way back into the game and finished the stronger but ran out of time to claw back the earlier lead which Newcestown held out to win.

Great spirited performance by everyone on the team

With a good few lads unavailable due to injuries and some more carrying injuries, their mentors were proud in the way they went about the challenge.

Thanks to the parents and the supporters for the support.

Congratulations to our Junior C team on winning the EPH Controls Division 4 Football League final last week in Clondrohid against Canovee. They are honoured to be the first club to receive the Billy Twomey Memorial Cup presented by Sean Twomey, Billy's brother. Well done everybody

UIBH LAOIRE NOTES

Croi na Laoi

The new metal bridge on the western side of River Island is being installed at present, replacing the old wooden bridge which had been there for as long as anyone can remember. The walk should be accessible soon , (weather permitting)

Hall News

Dancing took place as usual on Sunday and a good number turned up despite bad weather. Next afternoon dance date to look out for is Sunday 13 of October, when Andy Feery from Tyrrelspass in Co Westmeath will be on stage. Andy has just released a new album and no doubt he will be showcasing this as well as playing the old favourite dance numbers. So put it in your diary, 3pm to 5.30pm, Sunday 13th October. And if you are one to plan your dancing dates ahead, there's Caitriona O Sullivan on Sunday 27th of October to look forward to. Bingo as usual on Fridays. Cards on Sunday nights.

GAA

Well done to Uibh Laoire Footballers who defeated Bantry Blues, 3-10 to 0- 13 in a tough game in Kealkill this week. Best of luck in next game with Killshannig.

Music Classes

continue this autumn in Inchigeela with Deirdre and Conor.. Classes for all ages are available and for beginners, intermediate and advanced. They offer classes of one to one or in groups and in the following instruments: fiddle, button accordion, piano, harp,

tin whistle, melodeon and music theory. Contact number is 0851011757

Deer

That time of year has come around again when we advise motorists on the R584, (thats the road from Macroom to Bantry) of deer wandering about, especially on the section to the east of Inchigeela and on the Pass of Keimaneigh. They emerge from the forest and because their colour blends with the background in the dusk, you will not see them until the last minute. Already this Summer/Autumn there have been 3 collisions in which the deer has been killed and damage has been done to the vehicle.

Gougane Sunday

Because of the inclement weather forecast, the ceremonies in Gougane Barra have been postponed until next Sunday Oct 6th at 3pm. The day is dedicated to the saint, who is patron of Cork and Ross, but it's also a great opportunity to renew old acquaintances or to have a day out in one of the most beautiful spots in Ireland.

Club Óige

Bí an Club Óige (Youth Club) i mBéal Atha ar thuras go Oileán Cléire le deanaí. Bhí an spórt acu ann agus bhí an aimsir ar fheabhas. Tá súil againn go mbeidh an spórt acu don gheimhreadh comh maith.

Tráth na gCeist Beidh oíche Tráth na gceist (table quiz) ann in Árd na Laoi ar an 11 ú lá de Mheán Fómhair. Clárú 7pm ar aghaidh. Raghaidh an tairgead go dtí



2024 O'Leary international Clan Gathering in Inchigeela

Scoil Fionnbarra.

Bua Maith

Maith sibh Béal Átha Soisirigh. Bhí bua maith agaibh le deanaí ar Éire Óg le 8 gcúilín le spáráil The East End

Well done to the people who have gone on clean up missions on the roadsides in Killbarry and Toonsbridge. Take a bow. Your good work has not gone un-noticed. Keep it up.

Bumper Bingo Night

As a thank you to all their supporters, the Bingo committee are holding an extra big bingo night on Friday 25th October. €1,000 payout guaranteed. Friday 25th Inchigeela Hall. 8pm



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THE BEST OF AUTUMN RACING

To celebrate a fantastic season, Killarney Races thanks the loyal community and sponsors, with FREE admission on Monday, October 7th at their final race meeting of the year. Racing takes place at Killarney Racecourse on Sunday 6 and Monday 7 of October. The Autumn race meeting at Killarney Races offers patrons great racing, socialising, entertainment and so much more at Ireland's most scenic racecourse. The two-day fixture will draw the curtain on a very successful 2024 season at the popular boutique racecourse.

Sunday offers an exciting national hunt card. With no less than seven exciting races over jumps for punters to enjoy with the first race off at 1.40pm and gates open from 11.40am.

With lots of ticket levels and packages including food and beverage options to choose from, whether it is close to the action general

admission tickets or silver service fine dining, there is something for everyone at Killarney Races. Live music, great food and fun for all the family complement the best of autumn racing at the track.

Monday offers another seven race card however, this time it's on the flat offering thrilling races for spectators to enjoy throughout the day. The first race is off at 1.45pm and gates open from 11.45am.

Please note there is limited availability in the corporate suite on both days so to avoid disappointment organisers are encouraging early booking. To reflect the free admission on Monday the 7th there is an online exclusive only offer called the Last Gallop Package for €25 you will receive a racecard, pint of beer, Burger & Chips, and a €5 Tote betting voucher.

Killarney Racecourse general Manager, Karl

McCay commented "Our October race meeting we will bring a wonderful conclusion to our 2024 season here at Killarney Races by offering reduced rate tickets on the Sunday and free entry to the racing on Monday. It has been a fantastic year of racing at the track and we would like to thank all of our patrons who visited us and our valued sponsors to whom we are so grateful. Although I can't promise you a winner, I can guarantee there will be great craic at the track during our season finale so come along join us!"

Adult tickets are available on Sunday from €15 and children under 14 go free ensuring a great day out for all the family and on Monday all tickets are FREE! For all ticket details and packages information visit killarneyraces.com.

ST JOSEPHS NS

Welcome back to events at St. Joseph's as we get the new school year off a great start!

Our Junior Infants are settling into new "big school" routines and having loads of fun on our new climbing wall. Thanks to our parents and local supporters for supporting our school fundraising Lotto, which allows us to purchase valuable resources for our pupils to enjoy. If you are happy to support our lotto you can join by following: <https://www.ourfundraiser.ie/org/stjosephsprimarymacroom>.

Our Infant classes are also benefitting from the purchase of Lego boards made locally by www.buildhappy.ie. Each child has the opportunity to develop their creativity and imagination with their own individual board. Our Senior pupils have been practicing their research and typing skills with our brand new set of laptops. Lots of digital skills development taking place.

Thanks as always to Liam Slattery from Laochra Óg who has kindly returned to continue his camogie coaching sessions with all pupils. The senior girls are currently enjoying all the fun games and improving their

skills from last year.

Our 5th and 6th class girls participated in their first Sciath na Scol game of the year against Our Lady of Lourdes, Ballinlough. Although the result didn't favour us on the day, the girls enjoyed a great day out and are looking forward to their next match already!

Thanks to Robert Cussen from Golf Ireland and Satty O' Riordan from Macroom Golf Club for providing pupils from 4th to 6th with an introductory golf session. Hopefully, this will whet the appetite of a few future golfers! Well done to our boys and girls from 1st - 6th Class who took part in the annual West Muskerry Races on Tuesday 17th September in Umera. They had a brilliant day.

On the 24th September each year, St. Joseph's and St. Mary's Secondary Schools come together to celebrate Mercy Day in St. Colman's Church. It is always a memorable occasion and an opportunity to keep the spirit of the Mercy sisters alive in the community. The celebration is marked by the fantastic musicians and singers from both schools.



5th class girls researching on our brand new laptops!



Enjoying our new Small Wall

Our Sciath na Scol team after our first match this year away to Our Lady of Lourdes PS in Ballinlough



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immediate work in the fitness industry.

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“Where mountainy men have sown”

A lot of history was made on the old Macroom / Ballyvourney road where the men and women gave their all for Irish Freedom.

Photo 1 photograph of Mary with view of the new bypass between Macroom and Ballyvourney. A great achievement.

Mary Hallissey pictured here at the new plaque. It's good to see the plaque erected. The Cuilna Cathrach Ambush that took place on the 25th of February 1921.

“Where mountainy men have sown”

This book is a first-hand personal account of the Irish war of independence where mountainy men have sown. This gives a personal account of the fight for Irish freedom in west Cork from 1916 to 1921.

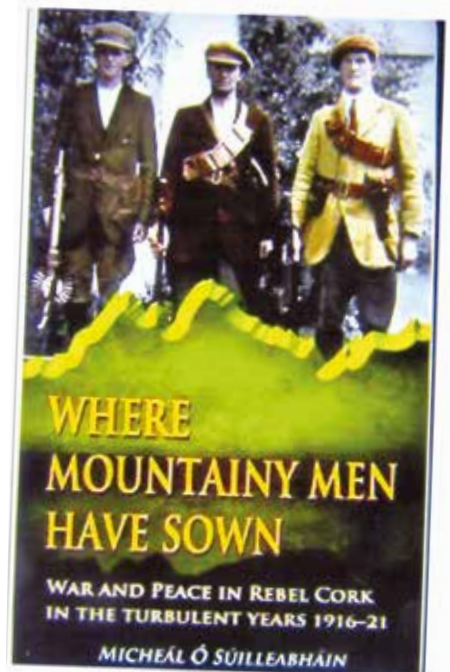
It's a chronicle of social and military aspects of the war of independence and describes the IRA activities in the area from Macroom to as far west as Ballingearry and Coolea and covering Ichigeelagh to Ballyvourney and the Derynasaggart (mountains).

Micheál Ó Súilleabháin joined the army struggle for freedom in his local area of Kilnamartyra at the age of 13 years he describes the attack on an armed police patrol, barracks and a large-

scale engagement against the elite of Britain's specially recruited fighting forces in Ireland. The infamous Auxiliaries - all ex - commissioned officers and decorated veterans of the First World War.

This is a personal record of ambushes ect, carried out by young volunteers who did not wait to be confronted but went on the attack against better armed and trained men, and the emerged victorious and won.

*Mary O Callaghan – Hallissey
Raleigh North, Macroom.*



Michael Dan Lucey, Coolcower, Macroom with his family, from L-R; Frank, Michael Dan, Frankie and Olivia. Michael Dan was in an Irish U-20 coxed four crew that qualified for the world final and finished fifth. The championships took place in St Catherines, Canada during August. He will sit his Leaving Certificate next June.



AGHINAGH GAA BOOK LAUNCH



by **Cork Legend
Jimmy Barry-Murphy**
and **Meath Star and Publisher
of the book Liam Hayes**



Friday, October 18th

7:30PM

AGHINAGH GAA CLUB P12 YH96

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Special Evening for Cork College of FET, Bowl Road, Macroom with their Further Education graduates

Front row l-r: Standing – Padraig O’Driscoll (teacher), sitting Killian Lynch (local Auctioneer), Councillor Michael Creed, Ms. Helen Ryan (Morrison’s Island Campus Principal), Orla O’Riordan (Teacher), standing right – Bernie Angland (Centre Co-Ordinator), with some Business QQI Level 5 Business students.

Cork College of FET, Macroom Centre held their graduation ceremony on Thursday September 26th. Their graduates of 2023/24 received awards to mark their achievements in QQI Level 5. The awards on the evening covered a wide variety of areas ranging from Business, Nursing, Healthcare Support, and Special Needs Assistant course with Intellectual Disability. Further Education has been operating under the new name of Cork College of FET, Macroom Centre, Bowl Road for the past three years. We are delighted to be running courses in conjunction with Morrison’s Island Campus so that students can now avail of the same courses in their own community. There is no need to travel for their studies as we have the same quality assured courses on their doorstep. The Macroom Centre is under the stewardship of Ms. Helen Ryan, Principal of Morrison’s Island Campus, with Ms. Bernie Angland as the local Centre Co-Ordinator in Macroom. A highlight of the graduation ceremony was some keynote addresses by Mayor Councillor Michael Creed and local businessman Killian Lynch. Michael acknowledged the benefits of

having a local educational facility that enables local student to continue their QQI studies at Level 5. He also commented on the high value of education and how it contributes to achieving life and career goals. Killian (who himself was a graduate of Cork College of Commerce), highlighted the importance of having a Further Education College at our doorstep and it is a magnificent asset to have in Macroom and the greater Lee Valley area. Killian informed all present how he has 2 of our graduates working for the last few years with him in the roles of Administration and Auctioneering. Killian, further acknowledged how beneficial it is as an employer to be able source employees who have received their qualifications locally. Helen Ryan, Principal of Cork College of FET Morrison’s Island Campus congratulated the graduates on their accomplishments and acknowledged all their families for supporting them on their return to education. Helen was thrilled to announce details of our exciting new Tertiary Nursing Degree course. This is a fantastic opportunity for Macroom as this course

is a guaranteed route to a Level 8 Bachelor of Science (Honours) degree in both Mental Health and in General Nursing at MTU Tralee. Students will complete 1 year at QQI level 5 with us here in Macroom, with students being guaranteed a place in MTU Tralee to complete their 4 year Honours degree in Nursing, in either General or in Mental Health Nursing. Helen was also delighted to showcase our new state of the art Healthcare room in Macroom which has a specially dedicated demonstration Health care room for our new Degree Nursing students in the College. For the coming year they are concentrating on the following QQI Day courses: • Office Administration/ Business Administration, • Business with Retail - NEW, • Health Services Administration (Medical Secretary) - NEW, • Health Care Assistant (Health Services Skills) & our new Degree Nursing Studies course. Some places still available until Friday October 4th, Find us at <https://morrisonislandcampus.ie/macroom/> Or call us on 086-0140217.



Front row l-r: Standing – Padraig O’Driscoll (teacher), sitting Killian Lynch (local Auctioneer), Councillor Michael Creed, Ms. Helen Ryan (Morrison’s Island Campus Principal), Orla O’Riordan (Teacher), standing right – Bernie Angland (Centre Co-Ordinator), with some Business with Retail studies QQI Level 5 students.



Front row l-r: Standing – Joanne Breegan (teacher), sitting Killian Lynch (local Auctioneer), Councillor Michael Creed, Ms. Helen Ryan (Morrison’s Island Campus Principal), Bernie Angland (Centre Co-Ordinator), standing right – Eilis O’Callaghan, with some QQI Level 5 Nursing students.



Front row l-r: Standing – Joanne Breegan (teacher), sitting Killian Lynch (local Auctioneer), Councillor Michael Creed, Ms. Helen Ryan (Morrison’s Island Campus Principal), Bernie Angland (Centre Co-Ordinator), standing right – Eilis O’Callaghan, with some QQI Level 5 SNA students.





Keane Connolly McGorman

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NATIONAL YOUTH COUNCIL OF IRELAND

Young people from Cork call on elected representatives to increase funding for youth work services ahead of Budget 2025

Yesterday, the National Youth Council of Ireland (NYCI), which represents organisations working with young people nationwide, held a special event bringing young people face to face with members of the Oireachtas to discuss funding for youth services. Taking place at Buswells Hotel in Dublin, the young advocates were able to speak directly to key decision makers ahead of Budget 2025.

Mair Kelly from Mizen Head said: "I really enjoyed meeting our local representatives and sharing with them some of the amazing experiences I've had with NYCI. There's so much important work happening in our local area to support young people and I want to make sure that our local representatives carry that message to the national level, so that youth work in our area and beyond gets its fair share come budget time."

NYCI is calling for a €15 million increase in funding for youth work in order for the needs of young people to be met. The advocates present

at today's event, many of whom were NYCI Local Champions, told policymakers about the vital role these services have played in their own lives and how this funding is essential to keep these supports running.

Kathryn Walsh, NYCI Director of Policy and Advocacy, said "The National Youth Council of Ireland is devoted to advocating for young people and youth work to receive the necessary investment and support they deserve. This event was a great opportunity for policymakers to hear about how youth work can transform young people's lives. We hope that this has made its value clear and that our elected representatives will commit to increasing funding in this year's budget."

According to the NYCI, this investment of an additional €15 million is needed to secure the future of crucial youth work services, which would have a significant positive impact on local communities. Enhanced funding for

universal and targeted youth work would ensure that growing local demand is met, giving every young person in the community access to essential support. Capital investment in physical youth work spaces would help maintain accessible, welcoming facilities in towns and neighbourhoods, making it easier for young people to engage with these services. Furthermore, strengthening Youth Information Services would provide local communities with a vital resource to ensure young people have access to accurate and trustworthy information that can benefit their development and well-being.

To learn more about the NYCI's efforts to advocate for increased investment in youth work, please visit youth.ie



Pictured are (from left) Alannah Wrynn, Donnchadh Ó Laoghaire and Mair Kelly at the National Youth Council of Ireland's Pre-Budget Showcase Event in the Georgian Suite, Buswells Hotel.



Pictured are (from left) NYCI President Denis O'Brien, Mair Kelly, Alannah Wrynn and Michael Collins TD at the National Youth Council of Ireland's Pre-Budget Showcase Event in the Georgian Suite, Buswells Hotel.

Aghinagh parish mission - a festival of faith

6TH TO THE 11TH OCTOBER 2024 - ALL WELCOME

We have all heard of the adventure movie "mission impossible. The parish community of aghinagh are delighted to announce we are going to celebrate the whole community in a week of celebrating a parish mission. The "reds" are coming to town. The redemptorist missionaries have been working in preparation & partnership with many parish volunteers designing a variety of faith & community gatherings. From a short early morn mass each weekday of the mission at 7am to a 930 mass with singing followed by a cuppa & something sweet. At night we have a variety of services from healing to a community night with some craic & agus ceol with a little live trad music! We will celebrate & have the children of the parish involved throughout the week. The missionaries will visit the sick & homebound too.

It all starts out with a fun & family afternoon on sunday 6th october.

If your faith is strong - you are welcome

If you are searching or have lost hope in the church or your faith or have been hurt in any way - you are especially welcome. There is a space & a place for you. Please create treasured memories in your children & grandchildren by bringing them - maybe - to their first parish mission.

Remember - a space & a place for everyone - see you there!!! Fr Iar

-Programme for the week oct 6th - 11th

-Opening mission service on sunday 6th october in ballinagree church at 7.30pm

-Morning Mass each day at 7am in rusheen church (p12 hk85)

-9.30am in béalnamorrive church (p12 yh70) stay for a cuppa

-Mission service each day at 7.30pm in ballinagree church (p12 yx08) stay for a cuppa

Join us for a family afternoon when? Sunday oct 6th, 2-4pm where? Aghinagh gaa hall p12 yh96



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Come along for a great afternoon guaranteed with prizes galore.

All proceeds go directly towards the running of Macroom Senior Citizens



STRANGE THINGS WILL START HAPPENING SOON

in Ballinagree as the community come together to celebrate the ancient Celtic festival of 'Samhain' the origin of our modern Halloween celebrations.

On Thursday October 24th
The night before the fest a Harvest Thanksgiving Mass will be celebrated to welcome in the harvest and usher in the "dark half of the year" - Whacky and wonderful scarecrows, witches, ghostly and ghoulish figures will begin to arrive in the village during the last week of October.
Local schools, clubs, organisations, businesses are invited to create a scarecrow.
Each scarecrow entry will be entered in to a draw for a cash prize.
 There will also be prizes for the 'best sustainable' and the 'publics favourite' So get creative using recyclable / sustainable materials to create your own unique scarecrow to spend a few days in Ballinagree for the Fest.

On Friday 25th October at 6pm
 Children will parade through the village in their amazing fancy dress costumes, followed by a children's disco in the marquee until 8.30. Saturday and Sunday beginning at 1pm each day will be packed with children's fun activities including arts and crafts, halloween games, balloon modelling, face painting, a magician, play sand, animal road show and dancing with Katie.

On Saturday and Sunday night
 There will be live music in the Laine Bar with the extraordinary *Michael Collins Party Band* on Saturday night and the magnificent *Derek Burke Duo* will provide the entertainmen on Sunday night. Fancy dress is optional each night. A haunted house competition is also being held this year. So another opportunity to show off your creativity. An exciting and amazing weekend of spooktacular Family Fun. Look forward to from Friday October 25th to Sunday 27th in Ballinagree.

A more detailed programme of the weekends activities will be published shortly in local newspapers and social media.

Macroom Indian Community Onam Festival Celebration 2024

By Con Kelleher

Macroom Indian Community has been in existence since 2022, and it represents Indians living in Macroom and District. Numbers continue to increase and now has about 200, including children. Almost all are from Kerala, a coastal state in South-West India, facing the Arabian Sea. Many work in Macroom Community Hospital and in Care Choice and Cahereen nursing homes and some travel to work in the acute hospitals in Cork. Without them it is very likely that any of the three local services could function in Macroom.

India is the most populous country in the world

with about 1.4 billion people: Kerala has about 33.5 million people, almost as many as Poland or Ukraine. About 7.2 million people currently live in the island of Ireland. One relatively small state in India has almost five times as many people as Ireland and perhaps more Catholics – c. 6.6 million. Like Ireland (of the Saints and Scholars), India/Kerala has a long and ancient history of learning and scholarship. Today Kerala has the highest rate of literacy and the highest levels of education of Indian states. Interestingly, the population has about 50% Hindus, 25% Muslims, 20% Catholics or Orthodox, and the remainder are Protestants, Jains, Jews, Buddhists, non-religious etc. All seem to live

in reasonable harmony. Unifying factors are geographical isolation, a lovely climate – apart from monsoons, its own language Malayalam (and English as India's lingua franca). All sectors 'buy into' the region's mythology and it is from there that the Onam Festival originated.

Onam is an annual Hindu harvest festival, one of three major annual celebrations. It honours the Vamana avatar of Vishnu, the homecoming of legendary King Mahabali and the myths of Kashyapa and Parashurama. 'It is something beyond a harvest; it is a festival of Kerala's cultural identity, solidarity and the soul of giving' (The Economic Times). It lasts for ten days, and each has a name and special place.

The ten days of Onam

Ireland had its Lúnaghasa (Irish for 'August') autumn or harvest festivities; places such as Bengour has held harvest festival for many years. This year's Macroom Onam Festival took place in Clondrohid Hall on 21 September. Ms Melba Wilson was MC for the day and one of the principal organisers. A centre piece was a beautiful traditional floral arrangement - the Pookalam. People gathered from twelve on and activities began at about two p.m. About 125 attended and they were mostly parents and children; younger attendees ranged from babies to third-level students, toddlers to teenagers. To me it seemed that all partook whole-heartedly. There were some older people too; all age-groups blended seamlessly in a gentle, friendly and embracing atmosphere. There was an air of fun and excitement but without agitation. Children had great enjoyment but in a calm and pleasant fashion. Courtesy and kindness were the order of the day. The colourful clothes worn by men and women, boys and girls were elegant and classy, enhancing the occasion. Women wore saris with embroidered wraparounds and many of the men wore traditional mundus. Jewellery was dressy without being gaudy and bright bracelets decorated many wrists. The jet-black hair was impressive, and the ladies were often adorned with intricate headpieces. Kerala music was played on a sophisticated sound system which added greatly to a vibrant atmosphere. 'Spoon-and-lemon' races, with the spoon held in the mouth, generated serious contests and tight finishes. For the under fives, a 'scramble' for sweets spread on the floor was hotly contested and eagerly watched over by their parents. After, a traditional meal, of many items, was served; spices, fruit, herbs, rice and bread were the main components – it looked and tasted beautiful. I had my chaperone, Ms. Susan Jijo (CNM 2 CUH) sitting beside me and she explained all the components on my plate. It took three sitting to feed all. Luckily, I was

1.	Pookalam	Flower carpet and prayers.
2.	Chitira	Homes cleaned and Pookalam enlarged
3.	Chodhi	New clothes bought and Pookalam expanded.
4.	Viskanam	Markets are busy and bustling.
5.	Anzhinam	Iconic Snake Boat Race – A 'spoon and lemon' race in Clondrohid.
6.	Thriketa	Families gather and celebrate.
7.	Poradam	Traditional dances: Kaikottikali, Pulikali.
8.	Moolam	Pookalam is at its zenith
9.	Uthradam	Final preparations are completed.
10.	Thiruvonam	The grand finale where communities unite in the Onasadya festival.

supplied with a spoon, but the Keralans used their fingers deftly and made small, combined portions before eating. All served and cleared in turn.

The formalities came next. Key-note speaker Dr. Shyam PS Nair formally invited all and explained the significance and history of Onam; then 'King' Mahabali, Mr.Lijoy Divakaran, entered ceremoniously and majestically, and took his place on the stage. He had spear, crown and traditional dress. Next yours truly, as the invited guest, spoke and thanked Melba and her colleagues for the invitation, courtesy shown and the privilege of being present. The contrasts and connections between Ireland and India/Kerala were referenced. Common features to Ireland and India/Kerala are shared colours in our national flags, colonial pasts, a love of learning and education and of music, dance and film, emigration and Catholicism. Kerala is known as 'Land of the Lamps' and lighting a special lamp is an essential part of the Onam protocol. Various representatives came from the audience and joined the 'Emperor', chairperson and invited guest to ignite the lamp. There next followed a

beautiful, graceful and intricate formal danced, the Thiruvathira Kali (as informed by Silpa) which was performed by eight women - Sreekala, Tintu, Soumya, Soumya KJ, Shilpa, Ashna, Nitha and Limna). With formalities over, dancing and singing continued but in a less formal way but still in an Indian fashion.

The Kerelan Macroomians have brought a wide range of skills such as in nursing and patient care and IT and have founded cricket and chess clubs. Most strikingly, and as witnessed and experienced by the writer, they have brought gentleness, composure, kindness, competence and intelligence in abundance – tributes that will enhance our community. Happily, they are delighted to be in Ireland and most reported that they have been well treated and respected. The party continued long into the night, until tired children and parents went home exhausted but exhilarated after the full and active day of fun and reverence at the Onam Festival. The town is fortunate to have such a vibrant and talented group in our midst.



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ADVICE CLINIC

MONDAY 7TH OCTOBER



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POMEROYS, CLARA INN MILLSTREET
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Intensive 3: Coord Geometry - Line
 Tues 29th Oct 9:30 - 12:30 (Midterm)
 Revising ALL the Line using past pre exam style questions.

Intensive 4: Coord Geometry - Circle
 Thurs 31st Oct 9:30 - 12:30 (Midterm)
 Revising ALL the Circle using past pre exam style questions.

Intensive 5: Trigonometry
 Sat 7th Dec 9:30 - 12:30
 Revising ALL Trigonometry using past pre exam style questions.

For details of all Intensive Classes for this academic year, visit mathswithjudy.ie



Teacher: Judy O Grady
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Group who attended the Macroom Onam Celebrations, 21 Sept. 2024



A tight finish in the ladies' 'Spoon and Lemon' race.

THINK GLOBALLY, ACT LOCALLY

Joe Creedon Daniel Corkery Summer School

Hi! Chris Barrett back with you.

Today I have the pleasure of talking with Joe Creedon about the Daniel Corkery Summer School which I had the delightful experience of attending in July 2024.

The Daniel Corkery Summer School continues the tradition of Summer Schools which have been run for decades in the hotel in Inchigeelagh. Daniel Corcorery would stay with Joe Creedon's grandparents in the village from 1920 to 1926.

In 1925, Daniel Corkery published his best-known work, 'The Hidden Ireland', which will be 100 years old next year. Daniel Corkery was a professor at U.C.C. and also a great influence on Sean O Faolain and Frank O'Connor, two of our best known Cork writers. He was not only a colleague of Terence McSweeney, but also a propagandist, nationalist, musician, playwright and watercolour artist; and he achieved all this, enduring a lifelong disability which affected his mobility. It was this disability which led him into the field of Education. He was initially a Primary school teacher and latterly a lecturer at U.C.C.

Daniel Corkery ran his famous Summer schools in the village of Inchigeela between 1922 and 1926. He promoted the Irish language through his various classes and was intensely aware of Irish culture. An example of this can be seen in his book, 'The Hidden Ireland', where he discussed the oral traditions of the local people in the 17th and 18th centuries. This old tradition existed everywhere, but was hidden by the Penal Laws. Joe tells me that he felt it was a touchstone of our Irish culture which continues with the very Irish tradition of story-telling.

In the current Summer School all these strands are given an outlet. Over the week there is an Art Exhibition which can include work by local artists. In 2024 Tom Campbell, local artist, exhibited the most recent collection of his personal creations.

Every year the hotel tends to fill up every year with repeat enthusiasts from the U.K and Europe. Each year there is a theme. This year there was a theme of 'Reconciling History'. Joe tells me that they like to involve history most years. This year they chose a local story. This concerned an R.I.C family. They were the last remaining R.I.C police family in the village of Inchigeela. Their family name was Moore and Michael Moore resigned once the Civil War began. The family originally lived in Macroom but they were forced by the IRA



Painting of Daniel Corkery.

to get out of the country even though they were native Irish people. They arrived in Manchester. There Michael Moore died and his wife, his widow, got their eldest son into Vickers, a British Engineering company in Manchester, where he was trained. From there he was appointed to the University of Liverpool, and into the nuclear research facility there. He ended up being one of the Manhattan team that developed the atomic bomb in Chicago.

The whole experience had a big effect on him. As a result, he ended his life being a politician and he was awarded an OBE for Service to Science. He became very outspoken about the effects of the atomic bomb, especially on the military.

The family have a grave in Inchigeela and the grave is of the older and younger infant brothers and sisters of George Moore. There is the intention to put a plaque on the grave telling the story of the family.

The evening of commemoration in the 2024 Summer School was presented by Michael Horgan from Ennis, who is a science teacher who gave a very clever analysis of the story of the atomic bomb. But the story does not end there. Michael's own great grandfather was the RIC sergeant prior to the Moore appointment, who was tragically murdered at the hotel in

Inchigeela in August 1920.

In an earlier summer school, there was a reconciliation commemorating that story with the Moore family and with three local families who were involved in the IRA at the time. Michael, himself has been a regular visitor to the Summer School and to Inchigeela ever since, and has found that whole process to be very healing for their family.

It is also a recognition of local history in which these two events are remembered and Joe tells me he hopes for a continuation with another story from the War of Independence. This will hopefully happen next year. This lecture will be delivered by a great grandson of Cecil Guthrie who was the last auxiliary to die at the Kilmichael ambush on 28th November 1920.

The Summer School always likes to touch on Irish history and early in the week this year there was a talk on the life of Rose Dugdale who was very instrumental in the activities of the IRA during the '70s. She is best known for the extraordinary robbery of the Beit paintings in 1974. This is now known as the Russborough House Art Heist which included the robbery of works by Goya, Gainsborough, Hals, Reubens, Velazquez and Vermeer. She served a prison sentence for that in Limerick and her partner was one of the big bomb makers in the IRA at the time. He was also one of the Colombia Three, part of the gun running business that was going on in the 70s and 80s.

Later on in the week there is an annual concert, and that concert takes place due to the enthusiasm of Ursula Williams who is a member of several music groups in London. They bring 8 or 10 colleagues over to Inchigeela from England every year and they provide the Summer school with a wonderful concert. This year the concert showcased the work of Stanford, dealing particularly with his Irish Airs. Grateful thanks go to Tom Shorter for his invaluable assistance at these concerts.

For the last number of years a play has been a very popular addition to the Summer school provided by the experienced award winning Cratloe County Players. These plays have gone on to become one of the most popular events at the summer school. This year they put on an abbreviated version of, 'A Wake in the West', which like other events, played to a full house. Cork County Arts Office are the sole supporters



AGHINAGH

PARISH MISSION

A FESTIVAL OF FAITH

6TH - 11TH OCTOBER 2024

Opening Mission Service on
Sunday 6th October in
Ballinagree Church at 7.30pm

.....

Morning Mass each day
7am in Rusheen Church (P12 HK85)
9.30am in Béalnamorrive Church (P12 YH70)
Stay for a cuppa

.....

Mission Service each evening at
7.30pm in Ballinagree Church (P12 YX08)
Stay for a cuppa



Join us for A Family Afternoon
When? Sunday Oct 6th , 2-4pm
Where? Aghinagh GAA Hall P12YH96

of the Summer School and the Summer School organisers are extremely grateful to the audiences who have shown great support, in a multitude of ways, for these events.

Due to the wonderful support and great expectations of the regular attenders, exciting plans are already afoot for next year.

Outside of the Summer School, concerts are promoted several times during the year in the hotel. Ned's Shed is also a popular haunt at weekends and for social events, and the local Active Retirement group can often be found in the hotel enjoying events. There is a popular monthly folk evening, held on the second wednesday of the month and often songwriters gather to give performances of their work. There are ballad sessions, and on Saturdays there is live music in the bar for youngsters.

Over the years the Hotel has seen many family events including, sadly, Funerals. There have



Joe Creedon in Hotel, Inchigeela.

also been numerous Weddings, Birthdays, Communions and Confirmations which have been celebrated in the wonderfully friendly and easy going atmosphere.

The hotel has been the centre of activities in the village for four generations now, and it is now entering its fifth generation with the arrival of the ever-smiling Tess who is four months old as I write this.

People have described the atmosphere in the hotel as providing a special place of unexpected conversation, and young Tess looks happy to take this friendly and welcoming atmosphere into the future.

I am very grateful to Joe Creedon for telling us about The Daniel Corkery Summer School and I for one will be looking out for it next year.

If you would like to respond to this article or contribute another similar piece for publication, please contact me chrisleevalley@gmail.com



Kathleen leads the posse at Kilmurry Active Retired.



Macroom Men's Shed on their annual fishing trip to Crosshaven



Tom & Mary Mullins, Independence Museum Kilmurry – Rebel Rally Run 2024.



All smiles in Dromleigh N.S. to celebrate National SNA appreciation Day with Mrs Mary O'Connell.



Lisa Manning with Forojge after their Litter Pick through the Castle Grounds.



Young boys and girls attending Macroom's Onam Festival, 21 Sept. 2024. The boys are wearing mundus.



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Aindrias Moynihan TD



Dairygold farm walk where we saw first hand the huge work farmers are doing protecting water quality locally. Food production is vital to our rural future.

Farmers often, unfortunately, feel under siege and their role, in protecting the environment and the huge work they do, must be recognised. Ar scáth a cheile a mhaireann na m'daoíní.



I was delighted to welcome Active Retirement Group from Rylane, Donoughmore and Aghabulloge to the Dáil, it is great to have the opportunity to show local groups what happens first hand in the Dáil and always a great day out. Fáilte is fiche go Teach Leighan.



Great to see that so many local Clubs have been successful in their Sport Capital Funding applications. Huge work done by volunteers in these clubs in preparing the applications and plans for their club developments. I was delighted to have the opportunity to have the Minister for Sport, Thomas Byrne, visit many of these clubs locally, this was a chance for clubs to discuss first hand with the Minister on their applications and was great that they could showcase their facilities and get direction on their applications under the Sports Capital Funding. Maith sibh go léir. A list of local funding under the Sports Capital Funding announced only last week are:

- Aghabullogue GAA - Natural Playing Surface Development €102,778
- Aghabullogue NS - Aghabullogue NS & GAA & Camogie Club development €31,681
- Clondrohid Community Recreational Facilities - Replacing the carpet in the Astro Pitch €95,096
- Coachford AFC - Astro turf training facility €157,801
- Cumann Peile Beal Átha n Ghaorthaidh - Development of Club Fitness Facility €53,882
- Diarmuid O Mathuna GAA Club - Pitch Drainage, sanding, Mower and Equipment €47,038
- Donoughmore Community Centre Ltd - Upgrade of lighting at community sports facilities €57,387
- Donoughmore Hurling & Football Club - No.1 Pitch drainage and surface improvement. €17,322



Enjoyable time bringing Minister Mary Butler TD around Macroom. Mary is responsible for Mental Health along with Older People and she got a great welcome at Mens shed, St Colmans House, Senior Citizens and Macroom Hospital.

- Dripsey GAA Club - Dressing Room Facilities/Phase 2 Perimeter Fencing €120,427
- Lakewood FC - Expand capacity by floodlighting & securing pitch. €128,732
- Kilmichael GAA Club - 2023 - Kilmichael Gaa Pitch Renovatoin €140,816
- Kilmurry GAA - Kilmurry GAA Community/ Recreational Development €149,495
- Macroom F.C. - Full Size Floodlit Astro Pitch & Community Walkway €200,000
- Muskerry Golf Club - Drainage, electric mower, Irrigation €78,900
- Muskerry RFC - Upgrade pitch, Solar panels & clubhouse LEDs €124,580
- Presentation National School Millstreet - Sports and P.E Hall €107,969
- Rylane Community Park Association - Basketball & Handball/ Ball Wall €69,620
- Scoil Náisiúnta Bhiorainn, Berrings National School - Berrings NS/Inniscarra Camogie All Weather Pitch €128,732
- Uíbh Laoire GAA - Uíbh Laoire Pitch Redevelopment & Watering system €72,671

Contact Aindrias:

📍 3 Main Street, Macroom, Co. Cork 📞 026 23 346 ✉ aindrias.moynihan@oireachtas.ie





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70th Anniversary of Flooding of “The Gearagh”

It is 70 years since The Gearagh was flooded to facilitate the building of two hydro-electric dams in Carrigadrohid and Inniscarra. It is long past the time for this nature reserve to be protected and given the resources it needs, and I have been raising this in the Dáil over the last number of years. The issue has also been passionately raised in the Seanad, at European and County Council level which will add to the case for The Gearagh. I believe The Gearagh should be designated a national park as it would result in greater biodiversity and would also be of huge benefit to tourism in the area. This strange and mystical habitat is somewhere I hold close in my heart and a regular place I visit and enjoy.

Recently the Minister for State, Malcom Noonan, confirmed to me that a meeting between the ESB and the regional and scientific teams in the National Parks and Wildlife Service will be taking place to discuss the draft management plan now on the table. This is something I have been raising over the years and I am delighted that finally it has been confirmed to me that the final Management Plan will be published. The Gearagh is primarily owned and managed

by the ESB and has extensive legal protections as a Special Area of Conservation, a Special Protection Area and a designated Nature Reserve. The view of locals need to be part of this plan as many have raised with me directly the requirement for major improvements to be put in place to maintain trails, litter control, improved signage and parking. The Lee Valley deserves to have its tourism potential realised and I will continue raising this with the Minister.

Scan Anseo to see my exchange in the Dáil



Contact Aindrias:

3 Main Street, Macroom, Co. Cork
026 23 346 aindrias.moynihan@oireachtas.ie



TD's Pádraig O'Sullivan, Michael Collins, Aindrias Moynihan and Pat Buckley Attend Launch of Pharmacy Union White Paper.

New Strategy Seeks to Transform Pharmacies INTO DYNAMIC HEALTHCARE HUBS

30 September 2024 – The Irish Pharmacy Union has launched a new White Paper, outlining a policy framework to transform pharmacy care in Cork by turning pharmacies into key healthcare hubs, improving access to community care. The IPU says, that with the right strategy and resources pharmacies can play a greater role in improving access to community healthcare. TD's Pádraig O'Sullivan, Michael Collins, Aindrias Moynihan and Pat Buckley attended the event held to mark World Pharmacist Day in Dublin this week. Speaking at the launch Tom Murray, President of the IPU, said, "With 78 million visits

per year pharmacies are the most accessed part of our healthcare system. However, the absence of a national pharmaceutical care policy limits their potential." To enable the rollout of this vision Murray said "pharmacy care will require the appropriate level of resourcing. Many pharmacies, particularly those in rural areas, are facing financial difficulties due to outdated payment structures and rising costs." "The average pharmacy receives almost two-thirds of its income from the State for providing care through the community drug schemes.

The fees provided for this care have been frozen since 2009, and pharmacies like every other business and individual, have experienced soaring operational costs." In conclusion Mr Murray said, "There is so much exciting potential in pharmacy care. It is possible to revolutionise our pharmacy care services within a few short years, but it will require vision and, above all, the proper resourcing of our pharmacies to make this a reality."



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Macroom FC Mens & Schoolboys

MJK OILS Muskerry Junior Hurling Championship
There were NINE teams competing, arranged in 3 groups of three teams each for the Round Robin initial stage.

Final group placings:

Group 1- Inniscarra 3, Dripsey 2, Éire Óg 1 Group 2- Ballincollig 4, Grenagh 2, Kilmichael 0 Group 3 – Ballinora 4, Donoughmore 2, Blarney 0 Quarter Finals: Inniscarra 1-12 Donoughmore 0-14

Dripsey v Grenagh

Semi Finals:

Ballinora v Grenagh at Ovens, Friday October 4th at 7.30pm Ballincollig v Inniscarra in Blarney, Sunday

October 6th at 12.15pm

Inniscarra 1–12 Donoughmore 0–14

In an exciting quarter final of the MJK Oils Mid Cork Junior Hurling Championship at Kilmichael, an injury time free, struck over magnificently by Darragh O'Brien from his own 65m line, was all that separated the teams when the final whistle blew shortly afterwards. The scoring was dominated by the respective freetakers, O'Brien for 'Scarra with 0-7 and Adam Dinan for Donoughmore who accounted for 0-9 of his sides tally but the key score of the game, the goal for Inniscarra in the 44th minute resulted from a short puck out from the Donoughmore goal which was intercepted and blazed to the net by Daniel Murphy.

Conditions at Kilmichael were excellent and there was a fair sized attendance. Inniscarra started well with a point in less than a minute from a Darragh O'Brien free and Daniel Murphy doubled their tally minutes later, scooping the sliotar over from close range. Adam Dinan opened the Donoughmore scoring on 6 but Inniscarra were slightly dominant and added points from an O'Brien free and Ardal O'Connell from play to lead by 0-4 to 0-1 after ten minutes.

Donoughmore were assisted by the breeze and began to settle, driven on by Aidan Corkery, Mark Foley and Frankie Honohan in defence. Adam Dinan pointed a 60m free in the 11th minute, Mark Lucey hit over from the half way line, Shane Sexton struck a huge point from a free in his own half to level and Dave McDonald put Donoughmore in front in the 16th minute. Daniel Murphy equalised for 'Scarra, Dinan pointed to restore the slender lead for Donoughmore in the 19th minute and his side suffered a major loss when full forward Mark Lucey had to retire injured soon after. In the ten minutes before the break, Donoughmore continued to force the pace, points from Colm O'Callaghan and Dinan increased their lead to 0-8 to 0-5 but a brace from Darragh O'Brien, one from play, in answer to a converted '65' from Dinan left Inniscarra just two points adrift at half time, Donoughmore leading by 0-9 to 0-7.

Donoughmore lost Pádraig Buckley to injury shortly after the restart and Darragh O'Brien fired over two points from frees to level matters at 0-9 each by the 39th minute. Dave McDonald hit a sweet point to put Donoughmore back in front but then disaster befell them. Donoughmore had been lucky to escape on a few occasions with short puck outs but came badly unstuck in the 44th minute when another was fumbled in front of goal, Daniel Murphy swooped and got a clear shot at goal from short range with inevitable consequences, a goal which swung the game Inniscarra's way and left Donoughmore chasing the game thereafter.

Kieran Rice had a point immediately to open up a three point advantage for 'Scarra, 1-10 to 0-10 and with their defence performing well with Mark Linehan, James Buckley and Shane Buckley rock solid, Kieran Rice, Darragh O'Brien and Jerry Roche very hard working



Gus Murphy, Carrigadrohid receiving his Lotto Jackpot Cheque from Aghinagh GAA lotto committee members Ted Curtin and Seán Corkery.

in attack, the whole team lifted their game and there was a great finish to the contest. Adam Dinan pointed two frees to cut the gap to the minimum but Conrad Desmond got a point for 'Scarra to re-open a two point advantage with ten minutes remaining. A terrific battle ensued, Adam Dinan pointed frees in the 57th and 58th minutes to level the scores and the exchanges were hectic. Adam Dinan was literally inches wide from a long range free for Donoughmore in the 62nd minute but a minute later Darragh O'Brien from his own half back line hit over a superb free to break the deadlock and send Inniscarra into the semi final and a meeting with Ballincollig.

Scorers: Inniscarra: D Murphy 1-2, D O'Brien 0-7 (0-6f), A O'Connell, C Desmond, K Rice 0-1 each. Donoughmore: A Dinan 0-9 (0-8f, 0-1'65'), D McDonald 0-2, M Lucey, S Healy and C O'Callaghan 0-1 each.

Inniscarra: Eoin O'Neill: Seán McLoughlin, Mark Linehan, James Buckley: Seán Quinlivan, Shane Buckley, Niall Buckley: Conor Buckley, Colin O'Leary: Kieran Rice, Jerry Roche, Darragh O'Brien: Ardel O'Connell, Conrad Desmond, Daniel Murphy. Subs: Liam Buckley for C O'Leary 49, Aidan O'Mahony for C Buckley 51, Donal Dineen for C Desmond 59.

Donoughmore: Shane Sexton: Stephen Golden, Mark Foley, Frankie Honohan: Donncha Morrissey, Aidan Corkery, Shane Healy: Kevin O'Connell, Seán O'Hanlon: Darragh O'Shea, Adam Dinan, Colm O'Callaghan: Dave McDonald, Mark Lucey, David O'Connell. Subs: Stephen O'Connor for M Lucey inj 20, Pádraig Buckley for D O'Connell inj 32.

Referee: John Ryan, Macroom

Grenagh 1–14 Dripsey 0–13 aet.

In the MJK Oils Mid Cork Junior Hurling championship quarter final at Donoughmore, Grenagh emerged winners over last year's finalists Dripsey, after extra time, and so advance to meet Ballinora in the semi final.

Dripsey started slowly and Grenagh were leading by three points before Dripsey had their first point in the 18th minute. Michael O'Riordan then added another and Jamie Manley levelled the scores in the 21st minute. Michael O'Riordan points had Dripsey in front 0-5 to 0-4 in the 24th minute but Grenagh then had a goal from Dan Twomey, followed by a point from Seán Joyce, and they led by 1-5 to 0-5 at the break.

The second half was closely contested but Dripsey had drawn level at 1-7 to 0-10 by the 49th minute and in the 54th minute Mike O'Riordan put them in front from a free. Grenagh fought back and two points from David Coleman had them back in front but O'Riordan

pointed a late free to send the game into extra time, 1-9 to 0-12. Dripsey had missed several chances of scores in the final minutes and would pay the price.

In extra time Grenagh were the dominant side and outscored Dripsey by 0-4 to 0-1 in the first half with 0-3 from David Coleman and a point from Michael White. Each side added a point to their respective tallies in the second period.

Grenagh: James Walsh: Tadhg Walsh, Paul Ahern, Niall Coleman: Peter McSweeney, Paul BarryMurphy, John Lehane: Kevin O'Neill, Ted Twomey: David Coleman, Dara O'Shea, Seán Joyce: Robert Coleman, Darragh Kenny, Dan Twomey. Subs: Michael White, Cathal Cronin.

Dripsey: Aidan Buckley: Cathal O'Connell, John Carey, Eoin O'Connell: Dean O'Sullivan, Shane O'Riordan, George Feeney: Mark O'Connell, Shane Burke: Jamie Manley, Diarmuid O'Riordan, Mark O'Sullivan: Michael O'Riordan, Eoghan Maher, Ronan Canavan. Subs: Killian Kelleher, Sam Manley.

Referee: Diarmuid Kirwan, Éire Óg.

Ross Oil Junior A Football Championship

In the Ross Oil Mid Cork Junior Football championship there were 12 teams organised in three groups of four for the initial round robin phase.

Final group placings:

Group 1: Inniscarra 6, Béal Átha'n Ghaorthaidh 4, Blarney 2, Ballinora 0 Group 2: Donoughmore 4, Éire Óg 4, Clondrohid 2, Kilmichael 2 Group 3: Aghinagh 5, Ballincollig 3, Grenagh 2, Dripsey 2.

Two Quarter Finals:

Éire Óg 0-13 Béal Átha'n Ghaorthaidh 0-5

Donoughmore 2-12 Ballincollig 0-9

Semi Finals:

Inniscarra v Éire Óg

Aghinagh v Donoughmore

Éire Óg 0-13 Béal Átha'n Ghaorthaidh 0-5

Éire Óg set up a very attractive semi final meeting with Inniscarra in the Ross Oil Mid Cork Junior football championship with a fairly comfortable win over Béal Átha'n Ghaorthaidh in the quarter final at Cloughdub on Friday night last. Éire Óg started well and led by 0-5 to no score at the end of the first quarter, Béal Átha then had a good period before Éire Óg finished the half with a brace to lead by 0-7 to 0-2 at the break. The Ovens side dominated the second half, led by 0-12 to 0-3 at the three quarter mark and never looked in danger even though Béal Átha fought on to the finish.



Both teams were predominantly young sides with a few experienced heads in each but Éire Óg were physically stronger. The teams endeavoured to play good football at all times and this made for entertaining fare for the spectators assembled out of the bitter cold in the stand. Éire Óg have an abundance of talent and have had a good campaign to date, despite a surprise loss to Clondrohid in the group, but Inniscarra will present a more physical challenge.

Early points from Jerome Kelleher and David Casey got the Ovens side off to a good start, and their defence coped well with the Béal Átha incursions, Kevin Cooper, Denny Murphy and Matt Brady very prominent in a mobile defensive sextet. Andí Ó Coinceannain was the main threat up front in a Béal Átha attack which found it difficult to open up the opposition. Matt Brady was denied a goal by a fine save from the Béal Átha 'keeper Barra Ó Súilleabháin in the 11th minute, the ball deflected over the bar, and Casey and Oisín O'Shea added points to extend the lead to five. Béal Átha's efforts were rewarded with a superb point from Gearóid Ó Loinsigh in the 17th minute, but they then kicked a couple of costly wides. The sides failed to add to the scoring until the 29th minute when the wily Liam Sheehan pointed a free and Denny Murphy sent over from over 50metres to give Éire Óg a commanding 0-7 to 0-2 interval lead. Points from Oisín O'Shea, Sheehan and Johnny Galvin increased the Éire Óg advantage on the restart, Andí Concannon pointed a free for Béal Átha on 38 but

David Casey kicked his third point to maintain the eight point advantage, 0-11 to 0-3. There was no likelihood of the Ovens men letting Béal Átha back into contention, even when they withdrew Kevin Hallissey and Denny Murphy, and the sides shared four points evenly between them in the final quarter.

Scorers: Éire Óg: D Casey 0-3, L Sheehan 0-3 (f), O O'Shea and J Galvin 0-2 each, J Kelleher, M Brady, D Murphy 0-1 each. Béal Átha: A Ó Coinceannain 0-3 (f), G Ó Loinsigh and B Ó Duinnín 0-12 each.

Éire Óg: Eoin Kelleher: Cillian Murphy, John Kelleher, Kevin Cooper: Denny Murphy, Matt Brady, Eoin O'Shea: Oisín O'Shea, Kevin Hallissey: David Kirwan, Michael Murphy, Jerome Kelleher: Johnny Galvin, Liam Sheehan, David Casey. Subs: Keith Riordan for D Murohy and Colm Quigley for K Hallissey both on 45, Oisín McLaughlin for J Kelleher 49, Chulainn Malone for M Murphy 57.

Béal Átha'n Ghaorthaidh: Barra Ó Súilleabháin: Peatsaí Ó Tuama, Micheál Ó Tuama, Conchuir Ó Buachalla: Charlie Ó Críodáin, Danny Ó Súilleabháin, Diarmuid Ó Laoire: Gearóid Ó Loinsigh, Barra Ó Tuama: Brian Ó Duinnín, Darren Ó Duinnín, Barra Ó Duinnín: Ronán Ó Loinsigh, Aindrias Ó Coinceannain, Eoin Ó Laoire. Subs: Muiris Ó Conchuir for B Ó Súilleabháin, Jamie Ó Coinceannain for C Ó Críodáin, both 42, Referee: David Murnane, Macroom

Donoughmore 2-12 Ballincollig 0-9

League champions Donoughmore have been

impressive this season and this latest win over a good Ballincollig side at Ballyanley will have Aghinagh worried as the teams prepare for the semi final clash. Ballincollig started well and led by 0-4 to 0-1 after 18 minutes. A goal from David McDonnell a minute later for Donoughmore changed the course of the game and ignited the Donoughmore challenge. The winners led by 1-3 to 0-5 at half time and had extended their lead to 1-8 to 0-7 by the three quarter stage. A goal from a penalty by Declan Keating on 47 really drove on the winners and they forced the pace to the final whistle.

Scorers: Donoughmore: D Keating 1-4, D McDonnell 1-3, M Foley, D O'Shea, D Lawton, A Dinan, K O'Connell 0-1 each. Ballincollig: O Dorgan 0-3, P Kelly 0-2, C Sheehan 0-2, C Buckley and K Crowley 0-1 each.

Donoughmore: Kevin O'Riordan: Frankie Honohan, Mark Foley, Sean Broderick: Kevin O'Connell, Daniel Forde, Paul Crowley: Donnachadh Morrissey, Sean O'Hanlon: Darragh O'Shea, Colm O'Callaghan, Adam Dinan: David McDonnell, Declan Keating, Jamie Twomey. Subs: Finn O'Callaghan 51, Darragh Lawson 54, Stephen Golden 58.

Ballincollig: Chris Walsh: Dylan Ebili, Seán O'Donoghue, Shane O'Neill: Cathal O'Callaghan, Dylan Kirstein, Ciarán Buckley: Stephen Coughlan, Jordan Murray: Callum Sheehan, Pete Kelly, Shane Buckley: Brian Moore, Olan Dorgan, Mark Oldham. Subs: Jason O'Connor, Kevin Crowley, Darren Murphy.

Co-Op Superstores County Hurling Championships Premier Senior Hurling

Group 1: Sarsfields 6, Newtownshandrum 4, Douglas 2, Bishopstown (-49) 0 Group 2: Blackrock 6, Fr O'Neill's 4, St Finbarr's 2, Newcestown (-12) 0 Group 3: Middleton 5, Kanturk 5, Erin's Own 2, Charleville (-17) 0 Quarter finals:

Middleton 2-20 Newtownshandrum 1-15, Blackrock 3-16 Kanturk 0-17, Fr O'Neill's 2-14 Imokilly 0-27 Semi finals:

Blackrock v Imokilly and Sarsfields v Middleton, both at Páirc Uí Chaoimh on Sunday Oct 6th.

Relegation play off: Charleville 3-24 Bishopstown 2-18

Senior A Hurling

Group 1: BLARNEY 6, Na Piarasigh 4, Courcey Rovers 1, Carraigtwohill 1

Group 2: Bride Rovers 6, Castlelyons 4, Fermoy 2, Cloyne (-50) 0 Group 3: Glen Rovers 6, Killeagh 2 (7), Ballyhea 2 (-19), INNISCARRA 2

Quarter finals: Blarney 3-20 Killeagh 3-16, Castlelyons 3-23 Na Piarasigh 2-26 (Castlelyons win penalty shoot out)

Semi finals: Castlelyons v Glen Rovers, Bride Rovers v Blarney

Relegation play off: Carraigtwohill 3-18 Cloyne 0-9

Blarney 3-20 Killeagh 3-16

Blarney overcame Killeagh to go on to the Senior A Hurling Championship semi-finals, but Killeagh made them earn their victory, setting up a repeat of their semi-final clash of last season with Bride Rovers.

Blarney's inter-county quality told, and Mark Coleman picked out Cian Barrett with a pass, and he cut in and made no mistake, firing Blarney in front after two minutes. A free got Killeagh on the board, but Kirby replied for Blarney. In the fifth minute, Pádraig Power made an incredible catch on the edge of the Killeagh square and on his knees, he struck the sliotar with one

hand into the back of the net.

Killeagh fought back, and in the tenth minute, Shane Smiddy knock in a home rebound, 2-2 to 1-2. An excellent point cut the gap to four, and then another Killeagh goal, 2-4 to 2-3.

A point for Killeagh to level and by the 22nd minute Killeagh would find themselves two in front, but they couldn't pull ahead. Blarney battled back to level it, and as the teams began trading scores they would draw level six times, before a late point put Killeagh in front before half-time.

Leading 2-11 to 2-10, Killeagh started well on the restart, with another point but Blarney hit the next four points, with one from Eoghan Kirby before Barrett hit over three frees. Another point from Kirby preceded the third Blarney goal, this one from Denis McSweeney set up by Pádraig Power, 3-15 to 2-13.

Again, Killeagh hit back with a goal from close range, 18 minutes to go. Blarney had four in a row, going 3-19 to 3-13 ahead after 52 minutes but Killeagh responded with three in a row, and Blarney's Seán Crowley, averted the danger from a late Killeagh opportunity.

Scorers for Blarney: S Barrett 0-7 (0-5 f 0-1 65), P Power 1-2, C Barrett, D McSweeney 1-1 each, E Kirby 0-4, C McCarthy 0-3, P Crowley 0-2.

Blarney: P Hallissey; A McEvoy, C Power, S Mullane; P Philpott, P Crowley, M Coleman (Cpt); O Hegarty, C Hegarty; D McSweeney, S Barrett, E Kirby, C Barrett, P Power, C McCarthy. Subs: S Crowley 47, S Mulcahy 55, J O'Keefe 60.

Premier Intermediate Hurling

Group 1: Watergrasshill 6, Carrigaline 2, Castlemartyr 2, Valley Rovers 2,

Group 2: BALLINCOLLIG 6, Mallow (-7) 2, ÉIRE ÓG (-7) 2, AGHABULLOGUE (-13) 2 Group 3: Dungourney 4, Ballinhassig 4, Ballymartle 2, Kilworth 2

Quarter finals: Ballinhassig 1-18 Carrigaline 1-26,

Dungourney 0-18 Mallow 3-15

Semi Finalists: Ballincollig v Carrigaline at Ballygarvan Oct 5th, Watergrasshill v Mallow at Castletownroche Oct 12th

Relegation play off: Aghabullogue 2-26 Kilworth 2-6 - a draw. Replay Sat Oct 5th at Glantane.

Aghabullogue 2-26 Kilworth 2-26 (after extra time) Aghabullogue and Kilworth will have to meet again to decide which side gets relegated in the Co-op Superstores PIHC after an epic game in Blarney.

Aghabullogue, were playing with the aid of a slight breeze in the opening half and Matthew Bradley got three points including a free for Aghabullogue. Kilworth's responded with three in a row, Aghabullogue had three points from play, while Kilworth converted two placed balls, before Aghabullogue hit Kilworth with four unanswered points from play to lead 0-10 to 0-5. Aghabullogue were leading 0-13 to 0-9 at the break.

Kilworth raised their game after the interval with their first goal coming in the 37th minute.

Aghabullogue drew level with two goals in a minute late in the game, to send the contest into extra time. The scores level at the end of both extra periods.

Scorers: Aghabullogue: M Bradley 1-14 (0-8 f), L Casey 1-1, J Corkery 0-3, C Gillespie, J Foley 0-2 each, S Tarrant, P O'Sullivan, TJ Buckley, P Ring 0-1 each.

Aghabullogue: Finbar Foley; Tom Long, Cillian Timmons, Breandán O'Sullivan; Colm Gillespie, TJ Buckley, Michael Dennehy; Brian Dineen, Pádraig O'Sullivan; James Foley, Paul Ring, Luke Casey; Mathew Bradley, Shane Tarrant, John Corkery. Subs: Seán Furey and Cianie Furey both 49, Billy Casey 60.



Intermediate A Hurling

Group 1: Midleton 5, Ballygiblin 4, Sarsfields 3, Aghada (-13) 0, Group 2: Erin's Own 4, Blackrock 4, Kildorrery 2, Bandon (-4) 2 Group 3: Lisgoold 6, Mayfield 3, Youghal 2, CLOUGHDUV (-17) 1 Quarter Finals: Erin's Own 2-24 Mayfield 1-14, Ballygiblin 1-12 Blackrock 2-12 Semi finals: Lisgoold v Ballygiblin, Midleton v Éirins Own Relegation: Aghada 2-26 Cloughduv 2-20

Aghada 2-26 Cloughduv 2-20

Cloughduv, for whom Mark Verling was in good scoring form, finishing with 12 points, were 0-12 to 1-11 behind at half time and did match Aghada for



Aghinagh U14 team who overcame Tadgh McCarthaigh's in the semifinal of the county recently.

much of the second half but the second Aghada goal, scored in the closing stages, made it 2-23 to 1-19 and they East Cork side were not going to be denied from there. As well as Verling, Cloughduv had points from Eoghan Clifford and Brian McNabola while their goals were scored by Donal Cronin and Kevin Walsh.

Cloughduv: Conrad Crowley: Aodh Twomey, Paudie O'Leary, Sean Curzon: Eoghan Clifford, Jack Walsh, Aidan Murphy: Sean Barry, Odhran O'Driscoll: Mark Verling, Eoin McNabola, Pádraig O'Driscoll: Cathal O'Driscoll, Donal Cronin, Brian McNabola

Premier Junior Hurling

Group 1: Russell Rovers 6, Milford 4, Meelin 2, Douglas (-22) 0 Group 2: Ballygarvan 6, Nemo Rangers 3, Kilbrittain 2, Barryroe (-10) 1 Group 3: Glen Rovers 6, St Catherine's 4, St Finbarr's 2, Argideen Rangers (-11) 0 Quarter Finals: Glen Rovers 0-16 Nemo Rangers 2-13, Milford 0-19 St Catherine's 1-17 Semi finals: Russell Rovers v Nemo Rangers, Ballygarvan v St Catherine's Relegation: Argideen 0-17 Douglas 0-16



Well done to Cloughduv Camogie U14s this evening beating Valley Rovers in their championship. The girls have won 3 games from 3, playing some excellent camogie, meaning they have now qualified for the county semi final

CORK COUNTY McCarthy Insurances County Football Championships

Premier Senior Football

Group 1: Nemo Rangers 6, BALLINCOLLIG 4, Newcestown 2, ÉIRE ÓG 0 Group 2: Castlehaven 6, Clonakilty 3, St Michael's 2, Carbery Rangers 1 Group 3: St Finbarr's 4, Mallow 3, Valley Rovers 3, Douglas 2 Quarter Finals: St Finbarrs 2-15 Ballincollig 2-10: Nemo v Clonakilty in Bandon Mallow v Muskerry in Macroom Sunday Oct 6th at 3.30pm Semi Finals: St Finbarrs v Castlehaven: Mallow/Muskerry v Nemo/Clon Relegation: Carbery Rangers v Éire Óg in Enniskeane

St Finbarr's 2-15 Ballincollig 2-10

St Finbarr's finished with a flourish to see off the stiff challenge of Ballincollig in the McCarthy Insurance Group Premier SFC quarter-final at Páirc Uí Rinn.

The Barrs trailed by two points at the break and were four points behind after 43 minutes, but came good with a late scoring spree and will meet Castlehaven in the last four for the fifth successive season that the two teams will meet in championship.

Ballincollig were very competitive, and led at half-time, 1-6 to 1-4.

St Finbarr's needed a good start to the new half, drew level but The Village got a second goal after 35 minutes, Seán Kiely the scorer, and went on to lead 2-8 to 1-7 after 43 minutes. Three points from 'Barrs Steven Sherlock cut the deficit down to a point with 10 minutes remaining, Cian Dorgan made it 2-9 to 1-10. The sides traded points before Ballincollig lost a man to a black card. Sherlock converted a free and then Hayes netted after 60 minutes, Barrs now leading 2-14 to 2-10.

A close-in free from Sherlock made sure of the win, but it certainly wasn't easy for the city side.

Scorers for Ballincollig: C Dorgan 0-7 (0-2 f), S Kiely, D

Dorgan 1-0 each, S O'Neill, T O'Connell, P O'Neill 0-1 each.

Ballincollig: J Gibbons; L Jennings, C Moore, S Murphy; C Dalton, L Fahy (c), JP Murphy; S Dore, F Down; S O'Neill, S Kiely, P O'Neill; D Dorgan, D O'Mahony, C Dorgan. Subs: B Keating 17, T O'Connell D Dalton 51, E Cooke 59

Senior A Football

Group 1: Carrigaline 6, CILL na MARTRA 4, BÉAL ÁTHA 2, Kiskeam 0 Group 2: Kanturk 6, Dohenys 4, O'Donovan Rossa 2, Fermoy 0 Group 3 : Knocknagree 6, Bishopstown 4, Newmarket 2, Clyda Rovers 0

Quarter Final: Carrigaline 1-13 Bishopstown 1-11: Dohenys 2-14 Cill na Martra 0-14

Semi Finals: Kanturk v Carrigaline: Dohenys v Knocknagree

Relegation Play-Off: Clyda Rovers 1-9 Kiskeam 0-7

Béal Átha'n Ghaorthaidh 1-12 Kiskeam 0-7 Béal Átha'n Ghaorthaidh assured themselves of their place in the McCarthy Insurances County Senior A Football championship again next season with a clear cut win over Kiskeam at Carrigadrohid in their final Group One game. Both teams were without a point coming into this crunch tie, delayed a week by a death in the Kiskeam club, and each knew exactly what was required for survival in the grade, progression to the quarter finals being impossible for both. Clyda were already in the relegation decider, either Fermoy, Béal Átha or Kiskeam would join them there, depending on the result of this game. The Béal Átha victory kept the Gaeltacht men off the bottom of Group One, and consigned Kiskeam to the show down with Clyda, Fermoy saved with a superior scoring difference to the Duhallow men.

With so much at stake, both teams were very cautious in their play in the first half. Kiskeam started well,

Cillian Murphy kicking over in the second minute, Mike Casey punching another point a minute later. Béal Átha did not panic and Diarmuid MacTomáis opened their account with a point from a free in the 6th minute and added another a minute later after a heavy tackle on Donagh Seartan. County player Seán Meehan put Kiskeam back in the lead in the 10th minute and five minutes elapsed before Donagh Seartan levelled the scores with a point from play. Again Kiskeam went in front, Tomás Casey the scorer, John Ó Donnchú from a mark levelling the scores for the third time in the 19th minute at 0-4 each. A Tomás Casey point from a free put Kiskeam in front for the last time in the 20th minute, Daire Ó Briain set up Mac Tomáis for an equaliser four minutes later and Béal Átha hit the front for the first time when Seamus Ó Tuama pointed a free from the 45m line just before half time to give his side a 0-6 to 0-5 interval lead.

Béal Átha extended their lead with a Conchuir Ó Loinsigh point on the resumption but Kiskeam's Seán O'Sullivan, after kicking two astray, landed a free in the 38th minute to reduce their deficit to two points once again. A minute later came the decisive score of the game - a goal for Béal Átha - which put them in command. Dara Ó Ceallacháin came out of defence attacking up the right wing, parted on to Nollaig Ó Laoire in the corner and the latter sent the perfect centre across the Kiskeam goal which Matt O'Riordáin palmed to the net.

Béal Átha were never in danger of losing this game subsequently. Seamus Ó Tuama immediately pointed a free to open up a five point gap and on the three quarter mark, Conchur Ó Loinsigh punched over to make it 1-9 to 0-6. Béal Átha were simply very comfortably in control and their constant movement and support for the man in possession was a delight



to watch and posed a problem that a tiring Kiskeam could not deal with. Kiskeam lost Adrian Carroll to a second yellow card on 49, Seamus Ó Tuama got a black soon after and in the final stages Diarmuid Mac Tomáis and Donagh Seartan points for Béal Átha were answered by a Kiskeam point from a Seán Ó Sullivan free.

A fine Béal Átha side, with some young players now blooded, can look forward to the next campaign with confidence.

Scorers: Béal Átha'n Ghaorthaidh: M Ó Riordáin 1-0; D Mac Tomáis 0-4 (0-2 frees); D Seartan, C Ó Loinsigh, S Ó Tuama (frees) 0-2 each; J O'Donnchú (mark) and S Ó Muineacháin 0-1 each.

Béal Átha'n Ghaorthaidh: Darren Ó Coill; Ciarán Ó Nuanáin, Éanna Ó Duinnín, Barra Ó hÁrgáin; Cian Ó Duinnín, Donagh Seartan, Seán Ó Donnchú; Seamus Ó Tuama, Daire Ó Briain; Seán Ó Luasa, Liam Ó Críodáin, Seán Ó Muineacháin; Diarmuid Mac Tomáis, Conchur Ó Loinsigh, Nollaig Ó Laoire. Subs: Dara Ó Ceallacháin h-t, Matt Ó Riordáin 36, Gavin Ó Laoire 36, Diarmuid Ó Ceallacháin 50, Liam Seartan 57.

Dohenys 2-14 Cill na Martra 0-14

Cill na Martra are out of the SAFC title race after going under to a fine Dohenys side under lights at Macroom. Goals win matches and Cill na Martra conceded two, both they might unfortunately consider were avoidable. Dohenys now have a semi final meeting with Knocknagree whom they beat last year.

Cill na Martra held a narrow 0-3 to 0-2 lead after ten minutes. Jason MacCárthaigh (free), Ciarán Ó Duinnín and Sean Ó Fóirréidh their scorers. A spell of poor football followed with each side guilty of kicking three wides apiece before Dohenys levelled from a free and they then took the lead with two consecutive points but were then down a man due to a black card offence. Cill na Martra did not take advantage of their numerical advantage, as four points were evenly shared, Jason Mac Cárthaigh from a free, and Gearoid Ó Goillidhe from play for the Gaeltacht men, so Dohenys led by 0-7 to 0-5 at half time.

Doheny's Fionn Herlihy fisted a point on the resumption, two points from Jason Mac Cárthaigh efforts left on the minimum between the teams.

Then came Adam O'Donovan's goal, 1-8 to 0-7, the sides exchanged scores during a marvellous fourth quarter as Cill na Martra levelled matters, 0-12 to 1-9, thanks to Sean Ó Fóirréidh and Shane Ó Duinnín.

Then, in the 48th minute, an unfortunate own goal off a Cill na Martra defender edged Dohenys back in front. The West Cork club scenting victory drove on and took the laurels.

Scorers for Cill na Martra: J MacCárthaigh (0-3 f), S Ó Fóirréidh 0-4 each, S Ó Duinnín 0-2, C Ó Duinnín, G Ó Goillidhe, D Ó Connaill, D Ó Duinnín 0-1 each.

Cill Na Martra: M Ó Deasúna; D Mac Lochlainn, T Ó Corcora, F Ó Faoláin; D Ó Connaill, S Ó Fóirréidh, C Ó Fóirréidh; D Ó Duinnín, G Ó Goillidhe (c); F Ó hÉalaithe, C Ó Duinnín, J MacCárthaigh; M Ó Duinnín, A Ó hUidhir, S Ó Duinnín. Subs: D Ó hUrdail 26, C Ó Cróinín 53.

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Scorers for Cill na Martra: J MacCárthaigh (0-3 f), S Ó Fóirréidh 0-4 each, S Ó Duinnín 0-2, C Ó Duinnín, G Ó Goillidhe, D Ó Connaill, D Ó Duinnín 0-1 each.

Cill Na Martra: M Ó Deasúna; D Mac Lochlainn, T Ó Corcora, F Ó Faoláin; D Ó Connaill, S Ó Fóirréidh, C Ó Fóirréidh; D Ó Duinnín, G Ó Goillidhe (c); F Ó hÉalaithe, C Ó Duinnín, J MacCárthaigh; M Ó Duinnín, A Ó hUidhir, S Ó Duinnín. Subs: D Ó hUrdail 26, C Ó Cróinín 53.

Premier Intermediate Football

Group 1: AGHABULLOGUE 6, UIBH LAOIRE 4, Aghada 2, Ilen Rovers 0

Group 2: NAOMH ABAN 5, Bantry Blues 4, Nemo Rangers 3, Bandon 0

Group 3: Kilshannig 6, Rockchapel 3, Castletownbere 3, MACROOM 0
Quarter Finals: Uibh Laoire 3-10 Bantry Blues 0-13; Naomh Aban 0-9 Rockchapel 0-6
Semi Finals: Aghabullogue v N Aban in Macroom Friday Oct 11th at 7.30pm Uibh Laoire v Kilshannig at Ballincollig on Saturday Oct 12th at 4pm Relegation Play-off: Macroom 1-13 Ilen Rovers 1-11

Uibh Laoire 3-10 Bantry Blues 0-13

Uibh Laoire progressed to the last four of this year's McCarthy Insurance Group PIFC at Kealkill, defeating Bantry Blues, county finalists for the past two years.

Cork senior Chris Óg Jones fisted over the bar in the second minute to get the scoring underway. A lengthy delay followed an injury to Iveleary's Seán O'Leary who had to be replaced by Daniel O'Donovan. Ruairi Deane converted a converted free before Arthur Coakley did likewise a minute later to put Blues in front. Barry O'Leary levelled, Deane pointed another free. Ian Jones converted a mark to make it 0-3 apiece and Jones edged the Muskerry side ahead with a fine score on the stroke of half-time. Timmy Roberts extended his team's advantage and a second Chris Óg Jones fisted effort made it 0-6 to 0-3 at the interval.

Ruairi Deane began the second period with the Carbery club's first score from play and pointed a free, 0-6 to 0-5 after 34 minutes. Chris Óg Jones pointed for the Muskerry men but Bantry made it 0-7 to 0-7 in a hotly contested game. Iveleary then struck for two goals in as many minutes, the first one from Chris Óg Jones who forced the ball over the line from close range and the second when Ógie set up full-back Daniel O'Riordan to palm into an empty net.

Uibh Laoire lead 2-9 to 0-9 with 10 minutes to go. Timmy Roberts punished a Bantry turnover to edge the Inchigeela side seven clear but Coakley (two free) responded within 60 seconds to give the Blues faint hope. A unforced Bantry error presented Chris Óg Jones with a goal opportunity which the in-form Cork senior duly availed of and that assured Iveleary of victory.

Kilshannig await in the semi final and Iveleary will have sorry memories of their junior championship days of a few years ago!

Scorers for Uibh Laoire: C Óg Jones 2-4 (0-1 f), D O'Riordan 1-0, I Jones 0-3 (0-1 m), T Roberts 0-2, B O'Leary 0-1.

Uibh Laoire: Joe Creedon; Barry Murphy, Daniel O'Riordan, Ciaran Galvin; Kevin Manning, Ciarán O'Riordan, Sean O'Riordan; Timmy Roberts, Conor O'Leary; Aaron O'Donovan, Brian Cronin, Barry O'Leary; Sean O'Leary (c), Chris Óg Jones, Ian Jones. Subs: Daniel O'Donovan 11, Sam Pickering 47, Kevin Jones 53, Cathal Vaughan 59.

Naomh Abán 0-9 Rockchapel 0-6

This McCarthy Insurance Group PIFC quarter-final at Banteer was an entertaining affair with nothing between the sides until the third quarter. Then a few substitutions and a more incisive attack helped get the Gaeltacht side to get ahead and gain their passage to a semi final meeting with Aghabullogue in Macroom. Rockchapel got off to the better start and had an early point, Dara Ó Laoire, however, responded quickly for N Aban.



Naomh Abán Premier Intermediate team who defeated Rockchapel to secure their place in the PIFC Semi final.



Naomh Abán Fé10 team who won the Shield Final at the Padraig Dervan Memorial Tournament.



Rockchapel went two points clear, Naomh Abán got a point back from a ninth minute Maidhc Ó Duinnín close-in free.

The Naomh Abán attack was being well curtailed by solid Rockchapel defending, and against the run of play Rockchapel almost got through for a goal after fifteen minutes but they did go

two ahead, 0-4 to 0-2.

In the second quarter, two points for N Abán from Jack Ó Donnchú and Wayne Mac Carthaigh left it 0-4 to 0-4 at the interval.

Rockchapel pointed in the first few minutes on the restart but this would be their last score until near the final whistle, eight balls their second half tally. Caoimhín Ó Donnchú restored parity and shortly afterwards Naomh Abán made their first substitution, bringing on Conchúr Ó Críodáin. In the 48th minute, Maidhc Ó Duinnín pointed a free to put the Gaeltacht side's noses in front and followed with another in the 52nd minute. Inspirational Naomh Abán captain, Dara M Ó Loinsigh, scored a point after a well worked move involving Dara Ó Laoire and this was followed by a fine score from substitute Conchúr JC Ó Críodáin to complete the Baile Mhúirne scoring tally.

Rockchapel, despite a final point from a free, couldn't bridge the gap and Naomh Abán secured their first semi-final berth since their 2018 appearance.

Scorers for Naomh Abán: M Ó Duinnín 0-3 (0-2 f) J Ó Donnchú, D Ó Laoire, W MacCarthaigh, K Ó Donnchú, D Ó Loingsigh, C Ó Críodáin 0-1 each.

Naomh Abán: Gearóid Ó Luasa; Colm de Róiste, Criostóir Ó Deasúnaigh, Éanna Ó Críodáin; Dara M Ó Loinsigh, Colm de hÍde, Jack Ó Donnchú; Caoimhín Ó Donnchú, Seán Ó Riordáin; Maidhc Ó Liatháin, Dara Ó Laoire, Marc Ó Críod; Donal Ó Ceallaigh, Maudhc Ó Duinnín, Wayne MacCarthaigh. Subs: Conchúr JC Ó Críodáin, Donnadh Ó Ceocháin, Séamus Hendy, Deaglán Ó hAllmhain.

Macroom 1-13 Ilen Rovers 1-11

Macroom survived this McCarthy Insurance PIFC relegation playoff in Dunmanway against Ilen Rovers and deserved their close and hard earned victory, their second.

Knowing the significance of what was on the line, both sides went on the final successive relegation battle win. In a season in which little has gone right for Macroom, this was a badly needed win and supporters were delighted with the spirited effort of all the players.

Ilen Rovers opened the scoring but Macroom got off the mark with a pair of Alan Quinn points, one from a free. The accuracy of Quinn was a vital factor for Macroom, Ilen missed several good chances and paid the price.

The scores were level at 0-4 each after 17 minutes, with Quinn and Johnny Murphy pointing for Macroom after Ilen had gone two clear with three in a row.

Ilen edged back in front but on 22 minutes Macroom struck for a vital goal. Johnny Murphy came forward on the left wing, sent over a peach of a pass for Eolan O'Leary running in and the corner forward finished in lethal fashion to the Ilen net. Ilen responded with a point, Jack O'Riordan picked out Dylan Twomey with a pin point pass and the Macroom man popped the ball over, Ilen had a late point and Macroom led by 1-5 to 0-7 at the break.

Points from Eolan O'Leary and Tony Dineen extended the Macroom advantage to three in the early stages of the second half, Alan Quinn pointed a free after a foul on Twomey on 40, Ilen got a much-needed point, but Macroom had scores from Johnny Murphy, Alan Quinn and Don Creedon to 1-11 to 0-8 after 51 minutes.

Two points for Ilen narrowed the gap, Alan Quinn had another point for Macroom matched by one for Ilen. In the 57th minute a high ball into the Macroom goalmouth led to a scramble and the ball was forced over the line to leave only a point between the teams. Macroom held their heads, did not panic and on 61 a break out of defence ended with Jack O'Riordan running clear and belting the ball over the Ilen bar to assure Macroom of victory and their place in the PIFC again next year.

Scorers for Macroom: A Quinn 0-6 (0-5 f), E O'Leary 1-1, J Murphy 0-2, D Creedon, T Dineen, D Twomey, J O'Riordan 0-1 each.

Macroom: Brendan O'Connell; Ciarán Condon, Rory Buckley, Johnny Murphy; Jack O'Riordan, Mark Corrigan, Cormac Buckley; Fintan Goold, Seán Kiely; Don Creedon, Alan Quinn, Mark Hunt; Eolan O'Leary, Dylan Twomey, Tony Dineen.

Subs: Eoin O'Mahony 40, Shane Meaney 59.

Intermediate A Football

Group 1: Adrigole 5, Gabriel Rangers 4, Dromtarriffe 2, Kildorrery 1,

Group 2: Mitchelstown 4, Glanworth 4, BALLINORA 4, St Vincent's 0

Group 3: Glanmire 5, Boherbue 4, St Finbarr's 3, Na Piarasigh 0

Quarter finals: Boherbue 2-14 Glanworth 0-14: Gabriel R v Mitchelstown

Semi Finals: Adrigole v Boherbue: Glanmire v Gabriel/Mitchels

Relegation Play-off: St Vincents 2-5 Na Piarasigh 1-7

Premier Junior Football

Group 1: CANOVEE 5, KILMURRY 4, Cobh 3, St James 0

Group 2: Kinsale 4, Glenville 2, Cullen 2, Ballydesmond 2 (Kin/Glen to be played)

Group 3: Buttevant 6, Urhan 2, Millstreet 2, St Nick's 2

Quarter finals: Canovee 2-6 Urhan 1-6: Kilmurry 4-11

Glenville 0-4

Semi Finals: Kilmurry v Buttevant: Canovee v Kinsale

– both Sat Oct 12th

Relegation Play-off: St Nicks 10-11 St James 0-12

Canovee 2-6 Urhan 1-6

Canovee got a searching examination of their title aspirations from Urhan at Drimoleague. Canovee had a good first half and goals from Daire McMahon and Sean O'Connor in the 8th and 17th minutes resp. helped them to a commanding half time lead of 2-3 to 0-4. Urhan staged a super fight back on the resumption and a goal on 52 made it 2-4 to 1-5, a two point gap and another point on 58 left only the minimum between the teams. As the game went into time-added, Canovee rallied and points from Jack Kelleher and Mark Healy in the 62nd and 64th minutes saw them on to safe ground and booked their passage to the county semi finals.

Canovee: Ben Cheasty; Cian Cronin, Denis O'Sullivan, Blake Ring; William Ahern, Ryan Dennehy, Shane Riordan; Conor Dodd, Aidan Murphy; Conor O'Neill, Seán O'Connor, James Moynihan; Daire McMahon, Brian McNabola, Mark Healy. Subs: Eoin McNabola, Paul Healy, Pa Buckley.

Kilmurry 4-11 Glenville 0-4

Kilmurry were much the superior side at Ovens and had a facile win over Glenville. Points from Lloyd Aisling, James O'Mullane, Joe McGinn had Kilmurry in front by 0-5 to 0-2 when the Mid Cork side got through for their first goal from Liam Wall in the 25th minute and they led by 1-6 to 0-2 at half time. Liam Wall's second goal

on 47 made it 2-9 to 0-3, John O'Mullane had another goal five minutes later and Wall completed his hat trick before the final whistle.

Kilmurry: Jason McDonnell; Gearóid O'Mahony, William Ronan, Aaron O'Mahony; Brian Hinchion, Tomás Collins, Alexander Aisling; Kyle Kelleher, James O'Mullane; Liam Wall, Lawrence Aisling, Rory Duggan; Joe McGinn, John O'Mullane, Lloyd Aisling. Subs: Joe O'Mullane, Ryan Leahy

Cork GAA Fixtures

Fri, Oct 4th @7.30pm PJHCS F

Ballygarvan v St Catherine's in Páirc Uí Rinn

Sat, Oct 5th @4pm IAHC

SF Middleton v Erin's Own in Cobh

Sat, Oct 5th @4pm PSFC

Rel PO Carbery Rangers v Éire Óg in Enniskeane

Sat, Oct 5th @4pm IAFC QF

Gabriel Rangers v Mitchelstown in Kilmurry

Sat, Oct 5th @4pm PIHC SF

Ballincollig v Carrigaline in Ballygarvan

Sat, Oct 5th @4pm PIHC

Rel PO (R) Aghabullogue v Kilworth in Glantane

Sat, Oct 5th @5.45pm SAHC SF

Glen Rovers v Castletyons in SuperValu P Uí Chaoimh

Sat, Oct 5th @7.30pm SAHC SF

Bride Rovers v Blarney in SuperValu P Uí Chaoimh

Sun, Oct 6th @3.30pm PSFC QF

Nemo Rangers v Clonakilty in Bandon

Sun, Oct 6th @3.30pm PSFC QF

Mallow v Muskerry in Macroom

Sun, Oct 6th @2pm PSHC SF

Blackrock v Imokilly in SuperValu Páirc Uí Chaoimh

Sun, Oct 6th @3.45pm PSHC SF

Sarsfields v Middleton in SuperValu P Uí Chaoimh

Fri, Oct 11th @7.30pm PIFC SF

Aghabullogue v Naomh Abán in Macroom

Sat, Oct 12th @4pm PJHC SF

Russell Rovers v Nemo Rangers in Carrigtwohill (prov)

Sat, Oct 12th @4pm PIHCS F

Watergrasshill v Mallow in Castletownroche (prov)

Sat, Oct 12th @4pm IAHC SF

Lisgoold v Ballygiblin in Ballyroe

Sat, Oct 12th @4pm PJFC SF

Kinsale v Canovee in Newcestown

Sat, Oct 12th @4pm PJFC SF

Buttevant v Kilmurry in Grenagh

Sat, Oct 12th @4pm IAFC SF

Glanmire v Gabriel Rangers / Mitchelstown

Sat, Oct 12th @4pm IAFC SF

Adrigole v Boherbue in Cill na Martra

Sat, Oct 12th @4pm PIFC SF

Kilshannig v Uíbh Laoire in Ballincollig

Sat, Oct 12th @5.45pm SAFC SF

Kanturk v Carrigaline in SuperValu P Uí Chaoimh

Sat, Oct 12th @7.30pm SAFCS F

Knocknagree v Dohenys in SuperValu P Uí Chaoimh

Sun, Oct 13th @2.30pm PSFC SF

Nemo/Clon v Mallow/M'kerry in SuperValu P Uí Chaoimh

(Live On Rebels Online)

Sun, Oct 13th @4.15pm PSFC SF

Castlehaven v St. Finbarr's in SuperValu Páirc Uí Chaoimh



MACROOM GAA

U11

Macroom u11 after winning the Neily Twomey blitz in Canovee last weekend. A great morning and superbly led by joint captains Ruairi England and Jayden Crowley.

U9

U9's had a great day at the Dr Crokes blitz. 3 teams played some great football against strong Dr. Crokes and Kilcummin teams. Big thanks to Dr Crokes for looking after us all so well.

U13 county shield semi final

On Wednesday evening last Macroom made the long journey to face Midleton in the u13 county shield semi final. Macroom were missing a number of players due to injuries and holidays and travelled more in hope than expectation. The first half seemed to confirm this as Midleton were leading by seven points but a goal for Macroom as half time approached was the shot in the arm they needed. 4.3 to 2.5 Macroom came out in the second half a changed team. They fought for every ball and kicked some great

scores including 1.1 from Peadar Creedon. As the light faded Macroom were a point to the good but a late Midleton free ensured another day out for both teams. Final score 4.9 to 5.6

Team: Eoghan o Sullivan, Jack Ryan, Noah Moss, Ruari Lucey, Brian Lloyd, Lochlainn Phelan, Sean Bourke, David Twomey, Majiek Krzepina, Oscar Grace, Conor England, Luke Kelly, Eoin Kelly, Cian Kelleher, Bobby o Brien, Nathan Meyler, Peadar Creedon.



Macroom U11s after winning Neily Twomey blitz in Canovee



Macroom U13 Captain Oscar Grace v Midleton.

MACROOM SOCCER

Sports Capital Grant

We are absolutely delighted with the news that our Sports Capital Grant application has been successful and we will receive €200,000 funding for our Astro Pitch and Community Walkway project. Many thanks to our Astro committee who submitted an excellent application, all our club volunteers for all the ongoing hard work and thanks also to all those who spoke up in support of our application. Thanks also to the local public and business community for the ongoing support of Macroom FC and for supporting this large project which we will continue to work to deliver.

Macroom U-15A Boys

Springfield Ramblers: 3 Macroom FC: 2

The U-15A Schoolboys lost out narrowly 3-2 away to Springfield Ramblers in Division 1. Down 2-0 at half time following two own goals, Macroom got level when two further own goals were scored after excellent corners from Ryan Brophy and Dylan O' Shea. It looked like a deserved point for Macroom until a last minute Springfield goal proved decisive. A great performance from the Macroom boys. Although disappointed today, they are competing well in this higher division. Well done to all players, management and thanks to referee Shane Hovells.

Macroom U-14 Boys

Watergrasshill United: 2 Macroom FC: 4

Our U-14 team were on the road away to Watergrasshill. After a very competitive start to the game, Watergrasshill were awarded a penalty for a handball which they converted to lead 1-0. Macroom continued to test the Watergrasshill goalkeeper but found themselves 2-0 down when Watergrasshill scored what was a fantastic headed goal from a corner.

Despite going 2-0 down, Macroom continued to fight for a goal to get back in the game and they were duly rewarded when David Twomey scored to the roof of the net with a fine effort from distance. The first half ended 2-1 but Macroom were well in the game.

Early in the second half Macroom were level when Kevin Hennigan finished well to the bottom corner, Sean MacSullivan with the assist. Macroom continued to press for a lead goal and were rewarded for their bravery when Sean MacSullivan scored with a fine effort from the edge of the box which nestled in the top corner of the Watergrasshill goal. Watergrasshill pressed hard for an equaliser but Macroom defended very well with Rory O Shea making some important saves in the away goal. Macroom killed the game off when Darragh O Shea scored to make it 2-4 from a corner despite some brave defending from Watergrasshill. The game finished 2-4 and Macroom registered their first points of the season. Macroom showed great heart and determination away from home to comeback from 2-0 down, it is great to get points on the board early in the season.

Thanks to Watergrasshill for contributing to a very sporting and entertaining game. Thanks to the traveling parents for your great support for the team from the sidelines. Thanks to our sponsors Barry O' Connor Transport. Captain on the day was Mark Finnegan.

Macroom U-16 Boys

Macroom FC: 3 Passage AFC: 3

Macroom played host to Passage A in the Town Park. Macroom were looking to put their season back on track following our narrow defeat two weeks ago. The game started very sluggish with both teams failing

to prove dominant in any area of the field. The break came the way of Passage in the 10th minute when an unfortunate hand ball gave them a penalty, one duly dispatched to the back of the net. Macroom responded well in the 14th minute when a perfectly delivered free from Tamer Aloushi dropped from the keepers hand and the ever alert Jack O'Riordan duly headed home. An unfortunate passage of play saw Macroom go behind two minutes later and that's how the first half ended, Macroom behind by one goal.

The second half started a lot brighter for Macroom with great teamwork resulting in numerous near misses. Heads were up, guys rising to the challenge and were rewarded in the 16th minute of the second half saw a great ball in and neatly slotted home by Ben McCarthy. 2 - 2 and all to play for. On the 20th minute Jack O'Riordan again made his presence felt with another superb goal to leave Macroom leading 3 - 2. Another goal on the 30th Minute by Macroom was cancelled out due to an offside decision. Further disappointment was to follow when Passage scored an equaliser in the dying minutes of the game to share the spoils, a point apiece.

Thanks to Hughie for a fabulous pitch, to the referee Richie Collins and to the parents who give so much support both home and away. Last but by no means least, coach Tadhg O'Reilly for the great weekly training, squad rotation and support for every player. Roll on the next outing.



Macroom U-14A Boys

Macroom FC: 6 Corinthians: 2

Our U-14A team had a fantastic win in an early morning league game in Macroom town park. Corinthians started the game with an early 45 second into play goal. This only kick started our lads into retaliation with Alex Murphy making it 1-1 followed by Gena Lisovyi making it 2-1. Oscar Hickey Grace set up Nathan Buckley to make it 3-1 before half time.

The second half we came out fighting again with Ruairi Lucey making it 4-1. We then saw Corinthians score from a free making it 4-2. Joe Healy added himself to the score sheet making it 5-2 not before Gena got his 2nd making it 6-2. Great football by all 16 lads who played today. Thanks to referee Ritchie Collins and to Corinthian boys for travelling.

Macroom U-12A Boys

Innishvilla AFC: 2 Macroom FC: 6

Sponsored by Fitzgeralds

Well done to the U-12A boys. Great performances all over the pitch leading to a 6-2 win for Macroom.

Captain was Sean Lehane. Goal scorers Fionn, Tommy, Luca, Liam, AJ and Matty.

Macroom U-17 Boys

Macroom FC: 1 Carrigaline United: 6

Sponsor Greg's Garrage

The U-17 boys welcomed Carrigaline A to the Town Park to finally kick off their league campaign. Carrigaline started off the stronger team scoring three goals in the first 20 minutes. Just before half time, with Macroom now well in the game, Christopher Lane played through Kuba Zulawnik who finished well leaving the score 3-1 Carrigaline at half time.

Carrigaline started the second half strong again scoring two more goals. Macroom tried to find a way back into the game with multiple shots coming close but they couldn't beat the Carrigaline defence. Just before the final whistle Carrigaline scored again.

Macroom U-15A Boys

Coachford AFC: 1 Macroom FC: 4

Macroom A travelled to Coachford looking for their first win of the season and they duly delivered. Coachford

were the better team in the first half and created a few chances and they were rewarded with a penalty which they dispatched just before half time. In the second half, Macroom looked a different team and scored three goals in ten minutes. The first goal was from a Ben Mc Carthy corner who found Lochlainn Phelan to score from close range, then another excellent corner from Ben Mc Carthy which went straight in. Macroom were playing well now and then Oliwier Krzepina scored from a great run and the scoring was finished by the excellent Felix Prelipcean scoring the fourth. A great team performance but outstanding on the day for Macroom were Cormac Healy (GK), Cal O'Driscoll (C), Ollie Thommen and Felix Prelipcean. Thanks to referee Barry Babbington for officiating and Coachford FC for hosting. Also a huge thanks to our travelling support.



Great skills on display from our U-11A boys in Riverstown



Macroom FC U-12A Boys



Macroom FC U-14 Boys



Macroom FC U-14A Boys



Macroom FC U-16 Boys



Macroom FC U-17 Boys



Macroom U-15A Boys



Canovee hosted the annual U11 Neily Twomey today, thanks to all all coaches, parents and club members who helped make this a huge success, Canovee took home the sheild and played some great football, well done to all teams, Canovee Abú.

CANOVEE GAA

Canovee vs Kilmurphy, Friday 13th September, Macroom A highly anticipated clash to settle placings in group A of the McCarthy Insurance Group Premier Junior Football Championship between fellow parishioners Canovee and Kilmurphy.

Canovee ended out on top with a scoreline of 2-8 to 9 points on a greasy evening two goals set the two teams apart. Canovee topped the group with 5 points. This win set up a quarter final clash with Urhan.

Canovee team:

Ben Cheasty; Blake Ring, Eoghan Lehane, Will Ahern (Captain); Denis O'Sullivan, Ryan Delaney, Cian Cronin; Aidan Murphy, Conor Dodd; Connor O'Neill, Daire McMahon, James Moynihan; Jack Kelleher, Brian McNabola, Mark Healy.

Canovee vs Naomh Aban, unday 15th September, Rusheen.

Canovee faced a tough task against Naomh Aban in a Junior B Championship quarter final on a nice afternoon in Rusheen. Canovee initially started the first half very well playing most of the football and lead 1-5 to 4 points at half time but should have been up more. The missed goal chances came back to haunt Canovee late in the game as Naomh Aban drew level with a minute of normal time left, they turned over a Canovee kick out and a fast ball into the full line ended up in the back of the net despite the best efforts of Canovee keeper Aaron Forde. This was a pure dagger

to Canovee's hearts and killed the game off. Final score was 1-12 to 1-8.

This was a good year put down for some older lads but more importantly the younger members of the team will use this year to kick on their first few years in adult football.

Canovee team:

Aaron Forde; David Lyons, Shane Hughes, Diarmuid Nolan; Shane "Ducky" O'Riordan, Patrick O'Neill, Kieran Walsh; Evan Cunningham, Cillian Newman (Captain); James O'Neill, Adam Dodd, Eoghan McCarthy; Callum O'Callaghan, Evan Dodd, Gavin Coleman. Subs used: Ciarán Canty, Tomás Twomey.

Canovee vs Clondrohid, Saturday 21st September, Clondrohid.

The first Canovee Junior C team in well over a decade made their way into a league final against Clondrohid on a mucky evening in Clondrohid.

In a very tight game that was level on more than one occasion Clondrohid finished out the game on top by 2 points.

For a lot of lads this was their first game this year for others, their first game in a few years! The lads will face Kilmichael in championship pencilled in for Sunday the 6th of October at 12 noon in Carrig.

Canovee team:

Derek O'Shea; Jerry Murphy, Pádraig O'Riordan; Seán Browne, Gearoid Lucey (Joint Captain), Rory Lehane;

Joe Cunningham, Charles Kenneally; John Curtin, Michael Quinlan (Joint Captain), Flynn O'Mahoney; Graham Lynch, Niall Cronin.

Canovee vs Urhan, Saturday 28th September, Drimoleague

Canovee after coming out on top of group A, faced a tough Urhan outfit in the county championship quarter final. Again, a quick Canovee start set the lads up well at half time leading by 2-3 to 4 points.

A tough second half lay in store, Urhan with the benefit of having a full compliment of numbers with Canovee receiving 2 black cards on different occasions, peppered the Canovee defence for a large portion of the second half, their shooting accuracy leaving them down. Canovee just kept their noses in front enough to see out the game on a scoreline of 2-6 to 1-6. In fairness to Urhan it was always going to be a tough task to beat them and they represented themselves well on the night.

Canovee now face Kinsale in Ballyanley on Saturday October 12th at 4pm in the county semi-final.

Canovee club lotto was also won by two locals Michael Murphy and Ida Healy who shared a massive jackpot of €10,350. Pictured below are Niall Lucey (Committee), Ida Healy, Paddy Murphy (Lotto Committee), Michael Murphy, Dave Healy (Committee). Happy spending!



Lotto cheques presented tonight to joint winners Michael Murphy and Ida Healy who shared the lotto jackpot of €10,350 last Sunday night. Happy spending.



Kilbarry NS runners at the West Muskerry Primary Schools Cross Country in Ummera.

Macroom Handball / Racquetball Club AGM and registration

Registration for current members and new members as well as AGM will take place at Macroom Leisure Centre on Tuesday, Oct.15th at 8.30 pm. All members are invited to attend.

The Handball Club is registered and affiliated with Handball Ireland and the Racquetball club is affiliated to Racquetball Ireland.

Both games are suitable for young and old, male and female. Whether you are a returning player or a complete novice you are welcome. Help is on hand to take you through the basic rules, moves

and techniques. Both Handball and Racquetball are relatively easy to learn, great fun to play, with multiple health benefits. These indoor sports are non contact sports can improve balance and coordination, while also giving you a whole body workout. These are good for mind also, and are thinking games, where strategy is key. Racquets, balls and goggles are available at the centre so all you need bring is suitable clothing and footwear. Goggles must be worn for safety.

Membership fees for the year are just €30 for adults and €10 for juveniles and family membership is €50.

The only additional charge is for the lights at €1 per 20 minutes. Members will be given access to a Booking App and can book their time slots on court through this.

For anybody that might be interested in finding out more about either of these two sports you should also come along on the night, see the facility, talk to members and ask questions. If you cannot attend, further info can be had from secretary, John, 086/8175859.



Macroom Food Festival- families enjoying the day.



Macroom Food Festival stand.



Emily Mehigan MacEgan Senior Branch, helping Ardilaun Brownies with SDG themed games.



Vintage Group at Inniscarra Dam.



Young boys and girls attending Macroom's Onam Festival, 21 Sept. 2024. The boys are wearing mundus.



A young Kerala girl brought her teddy to the Onam Festival.



Ardilaun Brownies making the most of the bright evenings at their recent meeting.

Cumann Peile Béal Átha'n Ghaorthaidh SEOLADH GEANSAÍ JERSEY LAUNCH



John Ó Muimhneacháin agus John Ó Donnchú ó JM Energy ag bronnadh set geansaithe ar an Fhoireann Faoi 14.



Dónal Mac Carthaigh ó McCarthy Construction ag bronnadh set geansaithe ar an Fhoireann Faoi 18.



Roidín Uí Chríodáin ó Creed Technology Ltd ag bronnadh set geansaithe ar an Fhoireann Faoi 12.



Shane Ó Duinnín- Oifigeach Cóitseála, Dónal Ó Laoire-Cathaoirleach agus Caoimhín Ó Buachalla-Rúnaí ag bronnadh ceithre mhálaí de liathróidí peile do Fionnuala Uí Chéilleachair Príomhoide Scoil Naomh Fhionnbarra.



John Ó Muimhneacháin agus John Ó Donnchú ó JM Energy ag bronnadh set geansaithe ar an Fhoireann Faoi 16.



Shane Ó Cathasaigh ó SCES ag bronnadh set geansaithe ar an Fhoireann Faoi 10.

Mar chuid de Phlean Forbartha an Chlub, bhí ócáid Seoladh Geansaí ag Cumann Peile Béal Átha'n Ghaorthaidh le déanaí, inar bhronn ár bpríomh urraitheoirí geansaithe ar fhoirne faoi aois an club. Mar aon leis sin, mar chuid don phlean seo, bronnadh ceithre mhálaí de liathróidí ón gclub ar Scoil Fhionnbarra chun tacú le foirne na scoile. Do labhair Cathaoirleach an Chumainn, Dónal Ó Laoire, ar an oíche faoin sár obair atá ar siúl go leanúnach sa club ag leibhéal faoi aois agus ghabh sé buíochas leis na príomh urraitheoirí as ucht an tacaíocht iontach a thugann siad. Ghabh sé buíochas chomh maith le Shane Ó Duinnín Oifigeach Coitseála an club as ucht an struchtúr faoi aois a stríurú agus an obair go léir a bhí déanta aige chun an tionscnaíocht urraíochta seo a eagrú.

Buíochas le gach aon duine a chabhraigh ar an oíche, le Nóirín Uí Thuama a thóg na grianghraif agus lenár n-urraitheoirí go léir.



Danny Mac Coitir ó Cotter Electrical ag bronnadh set geansaithe ar an Fhoireann Faoi 8



Damien Ó Longaigh ó SiteTech ag bronnadh éide imreatha ar an Fhoireann Faoi 18.



SURO CARS

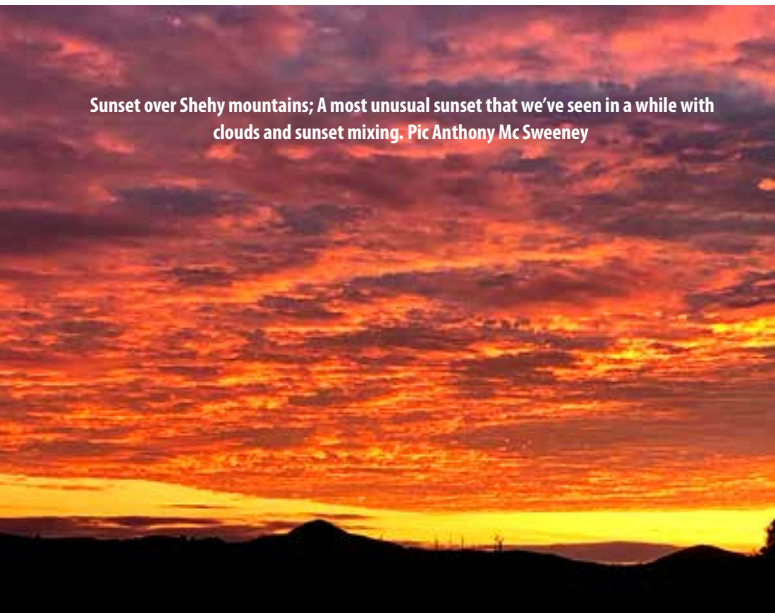


Cotter Electrical Services



Creed Technology Ltd.

Sunset over Shehy mountains; A most unusual sunset that we've seen in a while with clouds and sunset mixing. Pic Anthony Mc Sweeney



Book Launch of Iosagainbailém

From left; Ted Murphy, Bro. Kevin McEvoy, Dr Séan, Murphy (winner of 3 All Irelands with Kerry) Séan Ó Sé (who launch the book), Peadar, Ó Riada and Bobby Holland. The launch took place in the Abbey Hotel Ballyvourney on Saturday 21st The book is now available for purchase on the website iosagainbailémhuirne.com - the book is also available in the Abbey Hotel, Ballyvourney.



Ballyvongane NS athletes at the West Muskerry Cross Country.



Ann Bradley teaching students of Ballyvongane NS about hedgerows.

Citizens Information

YOUR ANNUAL LEAVE ENTITLEMENTS FROM WORK

Many of us are looking forward to our summer holidays and some may have questions about their employment rights in relation to taking their annual leave. The following are some common queries which arise.

Should I be paid by my employer while I am on annual leave?

Annual leave is paid time off work. Holiday pay must be paid in advance at your normal weekly rate. If your pay changes from week-to-week (for example, because of commission or bonus payments), your holiday pay is the average of your pay over the 13 weeks before you take holidays.

Are all workers entitled to paid annual leave?

Yes, all employees are entitled to annual leave, including full-time, part-time, temporary and casual workers.

How much annual leave am I entitled to?

Your annual leave entitlement depends on how much time you have worked in a leave year. The statutory leave year runs from 1st April to 31st March. Most employers use the calendar year (January to December) instead of the official leave year to calculate your entitlement for administrative reasons, but this does not affect your statutory leave entitlements. Your employer should tell you when your leave year begins and ends.

There are 3 ways to calculate your annual leave entitlement. You can use whichever method gives you the greater (biggest) entitlement

1. If you have worked at least 1,365 hours in a leave year, you are entitled to the maximum of 4 working weeks' paid annual leave. You cannot use this method if you changed employment during the leave year.
2. Calculate 1/3 of a working week for each calendar month in which you worked at least 117 hours.
3. Calculate 8% of the hours you worked in the leave year, subject to a maximum of 4 working weeks.

How do I calculate my annual leave if I am a part-time worker?

Generally, annual leave for part-time workers is calculated using option 3 above. This means you can get 8% of your hours worked. If you work full time for some months and part-time for the rest of the year, you should calculate the leave for the full-time and the part-time periods of work separately.

What happens my annual leave if I am off on Maternity leave or Parental Leave?

Annual leave is not affected by other types of statutory leave (that means leave provided for by law). Time spent on maternity leave, paternity leave, adoptive leave, parental leave, force majeure leave and the first 13 weeks of carer's leave is treated as though you have been in employment. For example, time spent on parental leave can be used to accrue (build up) your annual leave entitlement

What happens my annual leave if I leave my job?

If you are leaving a job without taking all the annual leave you are entitled to, your employer must pay you for the days you have not taken.

Can my employer force me to take annual leave?

Usually, employees can ask to take annual leave at specific times. Your employer can accept your request, or refuse your request. Your employer decides when annual leave may be taken, but this is subject to a number of conditions. Your employer must take into account your family responsibilities, as well as the available opportunities for rest and recreation. Your employer must discuss your annual leave with you (or your union) at least one month before you are to take the leave i.e. your employer cannot tell you on Friday that you must take annual leave the following week.

Can my employer offer to pay me extra in lieu of taking my annual leave?

It is illegal for an employer to pay an employee extra instead of allowing them take the minimum statutory annual leave entitlement, except where the employment ends and the employee has earned unused annual leave days. In that case the employer should pay the employee for any outstanding annual leave and public holidays.

What if I get sick while on annual leave?

If you are sick while you are on annual leave, you should get a medical certificate from your GP (doctor) as soon as possible to cover the days you were sick. Give the medical certificate to your employer as soon as you return to work.

This way, the sick days will not count as annual leave, and you can take your annual leave at a later date. Your employer cannot make you to take annual leave for time you were on certified sick leave.

Can I 'carry over' annual leave to next year?

Annual leave should be taken within the leave year. Depending on your employer, you can agree to take your annual leave within 6 months of the relevant leave year. Any further carrying-over (also called holding over) of annual leave would need to be agreed between you and your employer.

If you are on long-term sick leave and cannot take your annual leave due to illness, you can carry it over for up to 15 months after the end of the year it was earned. If you leave your job within these 15 months, you should get payment instead of the leave you did not take due to illness.

If you need further information about any of the issues raised here or you have other questions, you can call a member of the local Citizens Information Service in West Cork on 0818 07 8390. They will be happy to assist you and if necessary arrange an appointment for you. WEST CORK HELPLINE 0818 07 8430

Macroom office is open on Mondays & Tuesdays from 10am-1pm & 2pm -4.30pm
Offices are staffed from 10am -5pm from Monday to Thursday and on Friday from 10am -4pm. Alternatively, you can email on macroom@citinfo.ie or log on to www.citizensinformation.ie



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MacEgan Senior Branch enrolment ceremony on Fri 27th September.



Emer, Lisa and Caitriona at Macroom Food Festival.



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17th October

Note Changes: 7th & 21st November

5th & 19th December

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ANNOUNCEMENT

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FAMILY CARERS IRELAND RESPONDS TO BUDGET 2025

Family Carers Ireland welcomes the positive measures announced in Budget 2025 relating to income supports and see these as a significant step towards how the State should recognise and support the invaluable contributions of Ireland's 500,000+ family carers. Whilst acknowledging announcements on respite and additional home support hours, the charity has genuine concerns around how these will be delivered given deficiencies in current schemes. Further detail is needed.

Reacting to today's announcement, Family Carers Ireland says the decision to increase the Carer's Allowance income disregard to €625 per week for a single person and €1,250 per week for a couple will ensure thousands of family carers will qualify for the payment for the first time while those on a reduced rate will receive a higher payment. These are significant first steps towards abolishing the means test completely.

Among the financial supports for family carers announced today are a €12 increase in core social welfare rates, double payments in October and November, along with the Christmas Bonus, an increase in the Carer's Support Grant from €1,850 to €2,000, a one-off additional payment of €400 to Carer's Support Grant recipients, and a €20 monthly increase in the Domiciliary Care Allowance.

Family Carers Ireland welcomes the decision to extend the Carer's Benefit to the self-employed and to make Carer's Allowance a qualifying payment for the Fuel Allowance—two issues the organisation has campaigned on for many years. We particularly wish to acknowledge the work of Social Protection Minister Heather Humphreys.

In addition to these measures, other supports announced include a €150 increase in the Home Carer Tax Credit, a €300 rise in the Incapacitated Child Tax Credit, a €60 increase in the Dependent Relative Tax Credit, and €100 million in grants to adapt homes for individuals with mobility challenges.

The Budget provides funding for 768 additional special education teachers and 1,600 special needs assistants (SNAs), 600,000 extra home support hours. Additionally, a €336 million increase for Disability Services will facilitate more residential care beds, expanded respite provision, and additional home support hours. While these announcements are welcome, there are long-standing recruitment challenges, particularly in the home support sector, that need to be addressed.

Catherine Cox, Head of Communications and Policy at Family Carers Ireland, said: "The increase in payments and expanded eligibility for Carer's Allowance, Carer's Benefit, and the Fuel Allowance are positive steps forward. However, while lump sums and financial support increases are welcome, they still fall short of ensuring a fair and adequate income for those providing care at home. Research from before the cost-of-living crisis showed that caring households faced additional costs of €244 per week, so more needs to be done.

"We appreciate the Minister for Finance's recognition that carers play a 'fundamental role in our society' and pledge that 'Government is committed to supporting individuals and families with caring responsibilities'. Family Carers Ireland will continue to hold this Government, and future governments, to account to ensure carers receive the recognition and support they need and deserve."

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Moira Murrell, CEO, Cork Co. Council, Mayor Joe Collins and Minister Colm Burke opening the new Briery Gap Theatre and Library.



A Word of Victory

*"How wonderful and pleasant it is when brothers live together in harmony!
For harmony is as precious as the anointing oil that was poured
over Aaron's head, that ran down his beard and onto the border of his robe.
Harmony is as refreshing as the dew from Mount Hermon that falls on
the mountains of Zion.
And there the Lord has pronounced His blessing, even Life everlasting"
(Psalm 133)*

Welcome back dear student an exciting date for your diary is the "March For Jesus" which takes place in Dublin later this month on Saturday 26th October from the Garden of Remembrance to Dáil Eireann at 2pm. With worship and prayer, we will lift up the Name of Jesus in one accord. These March For Jesus events have been held in major cities worldwide, and it's an opportunity for Christians from all backgrounds to celebrate their love for the Lord Jesus and pray together for our families and our nations. The Psalm above notes that when believers join together in unity, it is there in that place of unity, that God COMMANDS His Blessing. Think about it - this is why Satan's strategy has always been to cause separation, suspicion, criticism and competition. Jesus warned that "a house divided cannot stand" (Matthew 12:25). There's no doubt in the Lord's choice of words – it is impossible for any kingdom, nation or family NOT to fall apart where there is unchecked division or feuding. The tactics of hell have always been to cause strife and suspicion leading to disharmony and failure. It's not easy, but God helps us to overcome these issues as we humble ourselves before Him.

After Jesus had washed the feet of His disciples in a demonstration of His Love and humility, He charged them to 'love one another – for by this will all men know that you are My disciples: by your love for one another' (John 13:35). Love is the fruit from unity with God and others, and is our highest calling (Mark 12:30-31). When Jesus told the parable of the Good Samaritan he sought to inspire His listeners to a higher level of living (Luke 10:25-37). People often focus on the leaders who passed the wounded man – but Jesus was encouraging us to see a bigger viewpoint: true sacrificial Love. The Samaritans were looked down upon by the leadership of the day, and one of them would have been the last person the wounded man expected to care for him. But this Samaritan placed the injured man on his donkey, taking him to an inn to recover. He poured oil and wine on his wounds. The wine symbolises the Blood of Salvation which Messiah Jesus would shed for the sins of mankind – Atonement and Redemption. The oil represents the Anointing of the Holy Spirit – the Power of God and His Presence for transformation, healing and deliverance. In this powerful lesson, Jesus is aiming to convict the hearers to leave behind pettiness, criticisms and pride, and discover instead the call of God on each one of us: to freely give (Luke 6:27-38).

"His divine power has granted to us all things that pertain to life and godliness, through the knowledge of Him who called us to His own glory and excellence" (2 Peter 1:3). The enemy has cleverly used paranoia, tradition and pain to keep multitudes isolated, divided and weak causing the Body of Christ to live far below God's plans. But God constantly calls us to come up and see things from His perspective. Try to get to Dublin on the 26th of October – let's powerfully demonstrate as God's united army our allegiance to King Jesus! Watch our Facebook page for updates.

Bible Study and Prayer every Sunday @ 11am and Thursday @ 7.30pm at Word of Victory Christian Fellowship Killarney V93V6X4

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THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **JOF**

THE MIRACLE PRAYER



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At a special evening concert and reception at Muckross House, Killarney drawing to a close the very successful 60th anniversary of concerts and events held to celebrate the opening of Muckross House to the public. The event was hosted by Muckross House Trustees. Performing in Concert was renowned Soprano and Irish Harpist, Marina Cassidy and her group Ríochas.

Photo: Valerie O'Sullivan

THE MIRACLE PRAYER



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FIRST ANNIVERSARY



In loving memory of

**DENIS
KELLEHER**

**Masseytown, Macroom who passed
away on the 5th October 2023.**

You are in our thoughts
and in our hearts,
Yes it is very true.
There is never a day that passes
That I don't think of you .

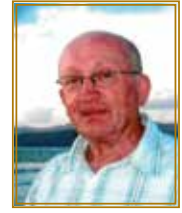
Lovingly Remembered by Your
Sister Nancy



To me you were someone special,
Someone set apart.
Your memory will live forever,
Engraved within my heart-
From Your Niece Rachel

Will those who think of Denny today,
A Special Prayer to Jesus Say.

FIRST ANNIVERSARY



In loving memory of

**DENIS
KELLEHER**

**Masseytown, Macroom who passed
away on the 5th October 2023.**

6th ANNIVERSARY



**ELLEN NELLIE
KELLEHER**

**(Mother of Denis)
Who passed away on the
30th October 2018.**

YOU ARE ALWAYS IN OUR
HEARTS AND PRAYERS

"God Grant me the serenity
to accept the things I cannot change,
The courage to change the things I can
and the wisdom to know the difference"

Our Loved Ones May be Gone
But Their Impact on our Lives
Will never be Forgotten.



Lovingly Remembered by Elsie,
Willie and Family.

**POWERFUL
NOVENA**



This novena never fails. Say it on the hour for nine hours. Jesus who has said, ask and you shall receive, seek and you shall find, knock and the door will open to you. Through the intercession of Mary, the Most Holy Mother, I knock, I ask that my prayer will be granted. (Make your request).

Oh Jesus, has said all you ask the Father in my name, he will grant through the intercession of Mary, the Most Holy Mother. I humbly beg and urgently ask the Father in thy name that my prayer be granted (make request here). Oh Jesus who has said heaven and earth shall pass away through the intercession of Mary, the Most Holy Mother. I fell confident my prayer shall be answered. (Make request here).

This novena is to be said at the same time every hour for nine consecutive hours - one day. Promised publication, never fails.

**PRAYER TO
PADRE PIO**



PRAYER O God, You gave Saint Pio of Pietrelcina, capuchin priest, the great privilege of participating in a unique way in the passion of Your Son, grant me through his intercession the grace of which I ardently desire; and above all grant me the grace of living in conformity with the death of Jesus, to arrive at the glory of the resurrection. Glory be to the Father ... (three times)

3rd ANNIVERSARY



In loving memory of

**DER
HARTNETT**

Kilbarry, Lissarda

Who passed away on October 5th
2021

*Your presense is ever near us
Your love remains with us yet
You were the kind brother Der
We could never forget*



Loved and missed
Noel, Catherine, Sean, Aine, Luke and
their families.

3rd ANNIVERSARY



In loving memory of a wonderful brother

**DER
HARTNETT**

Kilbarry, Lissarda

Who passed away on
October 5th 2021.

*Der you left us so quietly
Your thoughts unknown
But left us memories
We are so proud to own
So treasure him Lord in your garden of Rest
For when on earth you were the best
It's lonely here without you
We miss you more each day
For life is not the same to us Der
Since you were called away
To your resting place we visit
Place flowers there with care
But no one knows the heartache
When we turn and leave you there.*



Missed and loved every day
Your loving sister Mary, brother-in-law
Goalie, nephews Martin & Mark, niece
Julie Anne and their families.

8th ANNIVERSARY



In loving memory of

**BETTY
O'MAHONY**

Cloncud, Killnamartyra, Macroom
Who died 1st of October 2016

*You were always there
When we needed you
No task too great or small
With loving heart
And willing hands
For us you did it all*



Always in our thoughts and prayers
Your loving family.

18th ANNIVERSARY



In loving memory of

**FRANCES
O'RIORDAN**

Dan Corkery Place, Macroom
Who Died on October 10th 2006

*We won't forget the face we loved, or the
memory of your smile or the countless
things you did for us to make our life
worthwhile. You shared in all our ups and
downs and helped to see them through.
You made the good things better by
what you'd say or do. You were someone
we could talk to and on whom we could
depend. You were more than just our
Mother, you were also our Best Friend.*



Loved and missed everyday by Lisa,
Paul, Lauren, Darragh, Luke, Adam,
Katelyn, Ryan and Evan.

30th ANNIVERSARY



In loving memory of

ROGER COONEY

9, New Street,
Macroom, Co Cork

who died on 6th October 1994.

*You live in our hearts .
You walk by our sides,
And from Heaven above,
You are always our guide.*

*We miss your smile, your joking ways.
We miss the things you used to say.
And when old times we do recall.
That's when we miss you most of all.*



Lovingly remembered by his
loving family.

31st ANNIVERSARY



In loving memory of

**BERTIE
O'NEILL**

Who's 31st Anniversary
occurs around this time.



Remembered by
Peggy, John, Mick, Louise,
Regina and Shane.

12th ANNIVERSARY



In loving memory of

**PADDY JOE
O'SULLIVAN**

No. 3 Cois Cille (formerly of
Ballyvoige), Kilnamartyra,
Macroom. Who died on the 13th
October 2012

*We sat beside your bedside,
Our hearts were crushed and sore;
We did our duty to the end,
Til we could do no more.
In tears we watched you sinking,
We watched you fade away;
And though our hearts were breaking,
We knew you could not stay.
You left behind some aching hearts,
That loved you most sincere;
We never shall and never will,
Forget you, father dear.*



lovingly remembered and sadly missed
by his sons, daughters, grand children
and great grandchildren.

4th ANNIVERSARY



In loving memory of

**DONAL
O'LEARY**

Renaniree, Macroom
Whose 4th anniversary occurs
on the 7th of October.

*'Your photo stands in pride of place,
A lovely smile lights up your face,
You always seem to be so near
How I wish you were still here.'*



Sadly missed by your wife Maire,
Daughter Clíodhna, sons Colm, Noel,
Donal Og, and families.

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FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
CON KELLEHER
Mountmassey, Macroom
Who died 2nd October 2023

As we lovingly remember Con on his first anniversary, we, his wife Mary, daughter Sinead and sons Paul, Barry and Brian, wish to extend our sincere thanks and heartfelt appreciation to all who sympathised with us on our sad loss. A special thanks to our kind neighbours, friends and extended family who provided help and comfort during Con's illness. We would like to thank all who attended his funeral, sent Mass Cards, enrolments, letters of sympathy, and left online condolences.

We extend our appreciation to Dr. Ken Harte and our wonderful carers who looked after us all so well. Special thanks also to Marymount nurses and Daffodil nurse Rebecca who took such good care of Con in his last days.

Sincere thanks to the priests of the parish, especially Fr. Donal Roberts for his many visits and for celebrating the funeral mass with us.

We are grateful to Martin Fitzgerald and staff for their attention and help during the funeral days.

Thanks to Michelle and Gráinne and organist Mary Mcsweeney for the beautiful music and singing.

As it is impossible to thank everyone individually, please accept this acknowledgement as a token of our appreciation.

The Holy Sacrifice of the Mass will be offered for your intentions.



Con's first Anniversary Mass will take place in Macroom on Sunday 6th October at 11:30am.

Rest in peace Con.

PRAYER TO ST. ANTHONY

Oh gentle and loving St. Anthony in whose arms the infant Jesus love to linger, one word from you and my prayer will be answered oh speak that word and the gratitude of my heart will be yours.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
DENIS KELLEHER
(SMALL DENNY)
5 Upper Masseytown, Macroom,
Co. Cork
who died on 5th October 2023

As we lovingly remember Denis on his 1st anniversary we his brothers, sisters and extended family would like to express our heartfelt gratitude to all our neighbours and friends who offered their support and sympathised with us on his sad passing. We thank all those who attended Denis's removal and funeral, sent mass cards and left online condolences.

This was greatly appreciated by our family. We wish to extend our deep appreciation to the doctors and staff of Sullane Family Practice and to the doctors and nurses at ICU Cork University Hospital where Denis received such wonderful care.

Most sincere thanks to Fr. Joe, Fr. Roberts and Monsignor O'Donnell who celebrated Denis's mass.

Special thanks to the church singer Dan Twomey, to organist Mary Mcsweeney, sacristan Ted Sheehan and to all who participated in his funeral mass.

Sincere thanks to Billy Fitzgerald and to the staff at Fitzgerald's funeral home for your guidance and professionalism during that time. Thanks to the Castle Hotel and staff for your kind hospitality.

To all of Denis's friends relatives and neighbours who were always in such close contact with him, we wish to thank you most sincerely. He loved your visits and continued friendship.

As it would be impossible to thank everyone individually, please accept this acknowledgement of our sincere gratitude.



Will those who think of Denis today a little prayer to Jesus say.

Saint Gonnait fold him in your arms.

PRAYER TO ST. ANTHONY

Oh gentle and loving St. Anthony in whose arms the infant Jesus love to linger, one word from you and my prayer will be answered oh speak that word and the gratitude of my heart will be yours.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
DENIS MANNING
Teernaspideoga, Inchigeela
Who died on 8th October 2023

As we lovingly remember Denis on his first anniversary, we, John, Paddy and Mary together with our families wish to express our sincere gratitude and heartfelt appreciation to all who sympathised with us on our loss.

Our heartfelt thanks to our extended family, relatives, neighbours and friends for their support to Denis during his illness.

Thanks to his medical team – Dr. Michael Kingston, Professor Derek Power and Mr. Tom Murphy. Thanks also to the staff of Pharmacy First Plus Tower and Matt Murphy Pharmacy Macroom for the kindness shown to Denis. A very special thanks to the doctors, nurses and staff of the Mercy University Hospital who cared for Denis and made him comfortable in his final days.

To everyone who attended the Funeral, sent Mass cards, text messages and online condolences, we are truly grateful. Sincere thanks to Fr. Anthony O'Mahony and Fr. Pat Foley for concelebrating the Funeral Mass. Thanks to Martina and Norma for the beautiful music. Grateful appreciation also to Marie and the altar servers.

We appreciate the efforts of all who helped fulfil Denis' wish for his grave and burial. Thanks to Cyril, Louise, Shane, Tony, Pat and Dan of Caseys Funeral Services for their professionalism, kindness, support and friendship.

Finally, thanks to the staff of Creedons Hotel for providing refreshments afterwards.

As it would be impossible to thank everyone individually, please accept this acknowledgement as a token of our sincere appreciation.

The Holy Sacrifice of the Mass has been offered for your intentions.



Denis' First Anniversary Mass will be celebrated at St. Finbarr and the Holy Angels Church, Inchigeela on Sunday 13th of October at 11:30am.

3rd ANNIVERSARY



In loving memory of
MARGARET LYNCH
6 Bellmount Place, Crookstown
Who died on the 12th October 2021

"Let this be a loving reminder that someone is missing today, Someone our hearts still hold on to, As we travel along life's way, Someone who made life so special, for all those who gather here, Someone who won't be forgotten, But cherished from year to year. And now as we pause to remember, Let us all fondly recall, how dearly each of us loved her, and oh... how she loved us all!"



Sadly missed by husband Michael, children Shelley, Donny, Ross, grandchildren Abbey, Richard, Sean, Mckayla, Frances, Jay. Great grandchildren Aoife, Sean, Grace, Noah. Brothers Denis, Noel, daughter in law Gail, grandson in law Paul. We miss you, every minute, of every day.

Mass 6th October, 11.30am in Cloughduv.

1st ANNIVERSARY



In loving memory of
TEDDY JOSEPH MURPHY
"Hillside" Kilnagarteen Macroom
Who died on 7th October 2023

Though absent you are very near, still loved, still missed and very dear, you left a place no one can fill, we miss you dad and always will.



Lovingly remembered by Mairead, Sheena, Teddy and their families.

Anniversary Mass in Macroom Church, Oct 12th at 10am.

4th ANNIVERSARY



In loving memory of

**LIZ TWOMEY-
MC CARTHY**

**Deshure, Terelton, Kilmichael. &
formerly of Rusheen Coachford
Co. Cork.**

who died on October 3rd 2020

*"Although you cannot see me now
and though we seem apart,
I'm closer than I ever was,
I'm there inside your heart.*

*I'm with you when you greet each day
and when the sun shines bright,
I'm there to share the sunsets too,
I'm with you every night.*

*I'm with you when the times are good
to share a laugh or two,
and if a tear should start to fall,
I'll still be there for you!*

*And when that day arrives,
that we no longer are apart,
I'll smile and hold you close to me,
forever in my heart."*



Lovingly remembered and missed
everyday by your husband
and Anam-Chara Denis, brothers Hugh
and John, sisters Mary and Aileen,
and the extended Twomey &
McCarthy Families.

5th ANNIVERSARY



In loving memory of

**JIM
QUINN**

Sleaven West, Macroom.

Who died on 3rd October 2019

*We hold you close within our hearts
and there you shall remain
to walk with us throughout our lives
until we meet again.*



Sadly missed and always remembered
by his loving family.

3rd ANNIVERSARY



In loving memory of

CON LYNCH

Togher, Ballymakeera, Co Cork

04 October 2021

*Deep are the memories
precious they stay
no passing of time
can take them away.*



Remembered by Bertie, Joan O'Leary
and family.

4th ANNIVERSARY



In loving memory of

**MARY CUNNEY
(NEE O'LEARY)**

**whose 4th Anniversary
occurs at this time.**

*You rest in the arms of Angels,
In a place of Peace and Love,
Watching over us always, from Heaven
up above.*

*You guide us through our worries
And help us through every day.
Always by our side, you never went away.
You rest in the arms of Angels, free from
illness and pain.*

*Waiting for the day when we are all
together again.*



Deeply loved, sadly missed and always
remembered by your loving husband
Liam, daughters Maggie, Joanne and
Tara, grandson William, granddaughters
Elsie and Grace, Mother Siobhan, siblings
Helen, Tim and Joanne, sons in law,
parents in law Rita and Bill, brothers and
sisters in law and extended family. Mary's
late father Teddy O'Leary also fondly
remembered at this time.

2nd ANNIVERSARY



In loving memory of

JOAN LYNCH

Lissacraesig, Macroom Co.Cork.

**Who died on the 7th of October
2022.**

*You were a mother and a grandmother.
So very rare.
Content in your home and always there.
On earth you toiled, in heaven you rest.
God bless you Joan.
You were one of the best.*



Sadly missed by all her family.

3rd ANNIVERSARY



In loving memory of

NELLIE CAHILL

**Watergrasshill, formerly Cill na
Martra, whose 3rd anniversary
occurs at this time.**

*Our special memories of you
will always bring a smile,
If only we could have you back
for a little while,
Then we could sit and talk again,
just like we used to do.
You always meant so very much
and always will do too.*



Anniversary Mass in Watergrasshill
Church on October 19th at 7pm.

Codail go sámh i gcómhluadar na Naomh
sna Flaithis

**PRAYER TO BE
PRESERVED FROM
CONTAGIOUS DISEASE**

O God, who through an angel
promised St.Roch that those
who invoke his name or seek his
intercession will be preserved
from all dangers and contagious
diseases.

Grant that through his intercession
we maybe preserved from this
present danger.

We ask this through Christ our Lord.

St. Roch pray for us.(3times)

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27th & 18th ANNIVERSARIES



In loving memory of
**OLAN
KELLEHER**

Who died 27th September 1997.

In loving memory of
**INA
KELLEHER**

Who died 28th September 2006.

Nettleville, Carrigadrohid, Co. Cork

*Days will pass and turn into years,
But we will always remember ye
with silent tears.*



Loved and always remembered by your loving family.

3rd ANNIVERSARY



In loving memory of
DER HARTNETT
Kilbarry, Lissarda and Clomacow.
3rd anniversary on October 5th.

*You can close your eyes and pray
That he will come back
Or you can open your eyes and see
all that he has left.
You can cry and close your mind
Be empty and turn your back
Or you can do what he would want
Smile, open your eyes, love and go on...*



From your heartbroken baby sister
and family.
Anna, Noel and Joseph O'Dowd.

2nd ANNIVERSARY



In loving memory of
**JOAN
KELLEHER**
Farranavarrigane, Macroom
Who passed away on the 12th of
October 2022.

*Your life was a blessing,
Your memory a treasure,
You are loved beyond words,
And missed beyond measure.*

*Always in our thoughts,
Forever in our hearts.*



Lovingly remembered by your family.

In Loving Memory
Remembering your loved one

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THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **JOF**

THE MIRACLE PRAYER

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11th ANNIVERSARY



Treasured & loving memories of **MARY GRAHAM** (NEE LEONARD) Main Street, Macroom, Co. Cork Who died on the 7th October 2013.

We wish you knew how much of you there is in everything we do... It can be the smallest thing, trivial, mundane, but you're there, under the surface of it somewhere... We wish you knew how we carry you with us always....Everywhere we go



Loved and missed every day by her family & friends.

FIRST ANNIVERSARY



Treasured & loving memories of **GOBNAIT (GOBBIE) O'REGAN** Gurraneremond, Donoughmore Who died on the 7th of October 2023

Those we love don't go away They walk beside us every day Unseen, unheard, but always near Still loved, still missed and very dear.

Will those who think of Gub today a little prayer to Jesus say.



Lovingly remembered and sadly missed by your daughter Margaret grandchildren Raymond, Margo, Conor, Jennifer and families

34th & 27th ANNIVERSARIES



In loving memory of **DAN KELLEHER** Who Died 10th October 1990



In loving memory of **ABBEY KELLEHER** Who Died 11th October 1997

Bealick, Macroom, Co. Cork

On their Soul, Sweet Jesus have mercy. A loving nature, A heart of gold, These are the memories we will always hold.



Always remembered by their loving sons and daughters, son in law and daughter in law, nephews, nieces & grandchildren.

16TH ANNIVERSARY



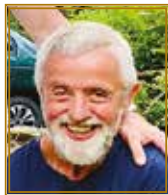
In loving memory of **HENRY BROWNE** Cools, Kilnamartyra Who died on 22nd of Aug 2008

Everyday in some small way Memories of you come our way Though absent, you are always near Still missed, loved and always dear.



Lovingly remembered by wife Betty and family

3RD ANNIVERSARY



In loving memory of a wonderful brother **DER HARTNETT** Clonmacow and Kilbarry, Co. Cork Who passed away October 5th 2021



Always remembered Tim, Katherine and Jed

12th ANNIVERSARY



In loving memory of **MARIE BUCKLEY** Laharn, Coachford. Who died on the 2nd of October 2012.

Silent thoughts, sincere and true. From a family who thought the world of you. No longer in our lives to share, But in our hearts you're always there.



Sadly missed by your children Trish, Tim, Martin, Sheila and Ger, and their families.

9th ANNIVERSARY



In loving memory of **DENIS (DEN) O'REGAN** Rusheen and Macroom Whose anniversary occurs on 4th October

Time and years slip quietly by But love and memories never die. In our hearts you will always stay, Loved and remembered everyday.



Sadly missed by Michael and Family

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