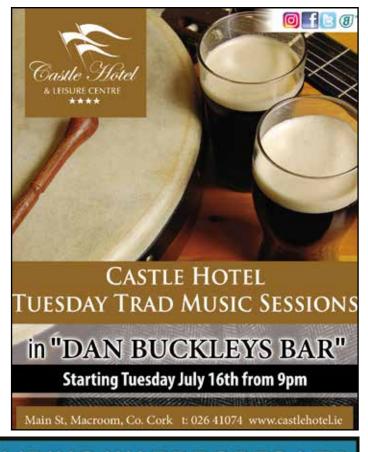
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'The Stunning' performing live at Macroom Music Festival. See more on pages 6 and 8.







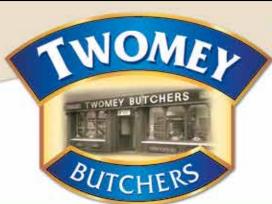
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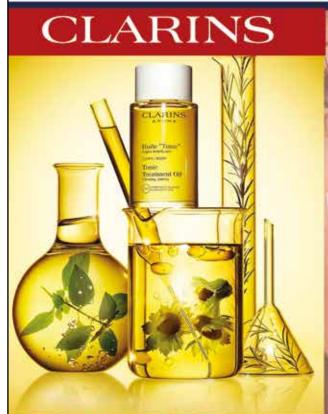
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If you cannot access physical copies, the LVO can be viewed online at: https://www.outlookmags.com/archives/lee-valley-outlook/

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions will be published in the following edition. As always submissions as Gaeilge are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you would like to submit an article as bearla nó as gaeilge, please feel free to email us here on leevalleyoutlook@macroom.ie, we would love to hear from you.

Go raibh maith agaibh, Peter & Gráinne

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MACROOM GIRL GUIDES

Gaisce Defence Forces Challenge 2024 - Katie **Cronin MacEgan Senior Branch**

From the 11th to the 14th of June I had the amazing opportunity to take part in the Gaisce Defence Forces Challenge which took place primarily in the Custume Barracks, Athlone. A specially selected group of thirty young people across Ireland were selected to take part in this annual event. On arrival at the barracks we were given an introduction of what was in store for the week by Lieutenant John Walsh and then did some icebreakers to get to know one another. After that we handed in our phones and were shown our accommodation. We then moved onto the gym where we were issued our kit for the week and also completed a manual handling certificate working in buddy pairs to prevent unnecessary injuries during the week. After that we were taken out and introduced to the ROPS on the trucks to ensure safety while travelling. The group was then split, as one section underwent rock climbing while the other section completed a gun simulation course and then vice versa. Later in the evening we had a guiz which was a nice way for everyone to mix better and work together. Wednesday morning, we were up bright and early and given demonstrations on the artillery used by the IDF and were able to try out handling some of the guns ourselves. We took a look at different military transportation used also along with a drone talk given by Sgt Saoirse Hogan. Then we were given a talk about Engineering in the Defence Forces and the many opportunities that can come from it. About midday we started getting ready to take the RHIBs across Lough Rea to Carnagh where we undertook survival training. Before heading out we covered ourselves in camouflage paint and concealed our helmets with nature once we got to Carnagh. Sqt Caschera trained us on SERE (survival, evasion, resistance, escape) as we learnt shelter construction, water filtration and fire lighting with minimal equipment. We were put through our paces after this training as some participants lost their helmets, so we faced the consequences in the shape of pushups, box squats, burpees and running for each helmet lost x10. After we arrived back at Custume Barracks we were given tour of the place and its history from retired members of the DF. Thursday started off strong with an obstacle course in the Curragh and since bad weather prevented us from completing every part of the course the officers arranged a tyre race for us as well. The drive to and from the Curragh proved to be a lot of people's favourite part as we were blasting tunes in the vans (thanks Sharkey for letting us DJ). We



and MacEgan Senior Branch at the Fun Day in Caum on Sat 15th June



Karl Sexton was recently presented with his Gaisce Award by his PAL (President's Award Leader) Deirdre Henley

then hiked Sliabh Bán and travelled back to Carnagh where we put our SERE training from the day before to use and built shelters for ourselves to sleep under. We ended the night with a campfire with fun stories from our adventures and games all completed without a phone in sight and staying in formation of threes no doubt. Thankfully when we woke up Friday morning our shelters had survived, and no one got absolutely soaked. We followed the Leave No Trace principle and left Carnagh as if we had never been there. We headed back to Custume Barracks where we cleaned out our accommodation and got ready for our leaving ceremony which our parents and guardians attended. We each were given a Certificate of Completion, and I was lucky enough to receive 1 of 3 Certificates of Recognition for demonstrating the Irish Defence Forces core values in the form of Physical Courage. This was an unreal experience, and I would highly suggest it to anyone who would have interest in joining the Defence Forces to sign up for it next year. I would like to thank Sqt Hogan, Lt Walsh, and everyone else at Custume Barracks for their hard work in organising this for us & to Paul and everyone else at Gaisce for



Katie Cronin attending the Gaisce Defence Forces Challenge

providing us with this wonderful opportunity. Ardilaun Ladybirds and Brownies Fun Day Saturday 15th June

On Saturday 15th June Ardilaun ladybirds and brownies held a camp day in Caum. On the day, a number of ladybirds stepped up to brownies and numerous badges were given out. There were a number of fun activities planned for the day including a mini-Olympics, French skipping, Hula Hoop fun, arts and crafts and a campfire. Edible campfires were also made, and friendship bracelets were exchanged at the campfire sing along. The brownies and ladybirds were split into mixed groups so the two units could get to know each. Lily from Ardilaun guides and Emily from MacEgan senior branch were on hand throughout the day to help with the activities.

Macroom Girl Guides would like to thank Macroom Credit Union for their generous donation to our inclusion fund which ensures that all girls are given equal opportunities.

For further information on joining our Ladybird, Brownie, Guide or Senior Branch units please contact macroomguides@gmail.com



A. Macroom Updates - pgs 4, 6, 8, 10, 12, 14, 16 B. Lee Valley Updates - pgs 18, 20, 22, 24, 26, 28 C. History - pgs 30 - 34

D. Appointments - page 46 - 47

E. Sports - pages 48 - 55 F: Trades & Services pages 56, 57 G: Classifieds - page 59



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Also a big **Thank You** to everyone who supported us, and for their help in making this another fantastic event and for giving the people of Macroom and our visitors a brilliant weekend of entertainment.



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- · Our amazing volunteers
- The fantastic concert goers who rocked the night long.





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Saturday 22th June 2024 in Macroom was the day for the second year of the Macroom Music Fest's main event, the open air concert in the town centre, which saw close on two thousand well prepared concert goers descend into the square.

Friday night the preparations started as the tent and stage were erected, with the help of many volunteers. At 7am on Saturday morning the sound and electrics were installed and the Heinkein bar was in place by midday. The square was cleared of traffic, the barriers put in place and the amazing concert venue was ready to go.

Festival buntings were in place and thanks to many of the local businesses who dressed their windows with the music theme, letting everyone know the town was ready to rock.

Firstly, on Friday night the Band Trail in all the pubs got the town in the mood, young and old where out and about, music of types could be heard all over town, this was the first part of the weekend's programme of events.

Then on Saturday, the weather forecasters got it right, and with no real threat of rain made for the perfect atmosphere for a live open air concert when the gates opened on Saturday evening.

The concert goers rocked up the back square from 5.30pm onwards, many dressed in colourful bucket or cowboy hats, boots, cool shades with lots in full concert attire.

The five and a half hour music marathon started about 6pm with the last hooray at 11.30pm. Plenty seating was available for those taking a break in between dancing, food outlets and a pizza van on site made sure no one was hungry, and the Heineken Bar tent staff managed the gueues really well.

Rowan Band, are the new kids on the music scene and fresh from Electric Picnic they were first up, being the opening act is always a tough gig but they were brilliant and really kept the early concert goers entertained.

Next on stage was The White Horse Guitar Club who brought a strong following of their own too, were a joy to listen to. With a beautiful easy listening repertoire and amazing harmonies they had the crowd swaying and singing along on cue and with their easy instructions.

As dusk fell it was time for our fantastic band Hermitage Green to take their place on stage, one of their biggest hits "By the glow of the kerosene light" that created the spark to get everyone singing along with them too. It was a very special performance from this wonderful folk group.

The main performers on the night The Stunning had not been in Macroom for over 30 years, since the early years of O'Riada's, and were so delighted to be back in town. They were here to ensure that everyone had a great time and finishing with "brewing up a storm" had the packed audience dancing and waving in the air, making sure the intergenerational audience all went home happy.

A light drizzle came at one stage in the evening for about 15 minutes, many didn't even notice it as nobody cared everyone was determined to enjoy themselves. Watching people meeting old friends, many ex pats home on holidays from places like USA and Australia, and others just catching up with locals it was a joy to watch those lovely friendly encounters. These sightings and the positive feedback make all the efforts to present this festival all the worthwhile. The after parties with the late pub licence until 1.30pm extended the entertainment even further, with all pubs rocking well into the early morning. Everyone, including An Garda Siochana were again

hugely complimentary on the running of the concert this year. The location was again spectacular along with the stage set up, the lightening & acoustics which were all superb.

To finish off the weekend on Sunday the Lions Club held a very well run family day in the GAA grounds and with all the clubs in town working together making for a really successful weekend. The sun shone brightly all day and the sounds of families having a great time was brilliant. By home time everyone left very happy with many exhausted from all the going.

Macroom Music Fest would like to acknowledge the support received from the businesses and residents of the town centre by allowing the concert to take place again in the square. Thank you to Macroom Municipal District Council, Heineken, Lee Valley Enterprise, the volunteers from the local businesses, Martin Coughlan and the Tidy Towns volunteers who are amazing, and to everyone else who helped and supported the festival in any way your contribution is very much appreciated.

Here's to Macroom Music Fest 2025.







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Currently we have 9 clinics, locations include: Limerick, Ennis and Shannon, Tralee, Portlaoise, Athlone, Kilkenny, Carrigtwohill, and Bishopstown, Galway Swords and Sandyford opening within the next few weeks

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The Cork County Council Anti-Litter competition finished last Wednesday June 19th. We will not know the results until an award ceremony in September. Based the first two judging periods and the results, it is looking likely that will be unsuccessful in getting a prize. Here's hoping next year will be better for the town and that it gets full support in this competition from the start. It is generally town centre areas that lose marks while the estates perform well. Tidy Towns Judging started in June and finishes in August. We would ask that every property owner stand and look at their premises and ensure that the area outside is weed free, litter free, clean and painted adequately. There are still premises in need of attention and 5 minutes on the part of the owners or the staff could improve matters significantly. This would greatly assist the volunteers who must look

after so many other things and public areas.

On June 17th, in conjunction with the Lee Valley Enterprise Board a street clean took place along with Tidy Towns Volunteers. Thanks to those who supported this, the Castle Hotel, Briery Gap, Ann Marie's Beauty Salon, AIB Macroom, Star Turkish Barber and Evelyns. Your presence was much appreciated. Looking forward to more businesses getting involved over the coming weeks. Meeting every Monday evening at 6pm at the Vodafone Shop.

The Tidy Towns held its monthly meeting on the 12th of June in our Hub in Masseytown. Over the next couple of weeks, focus will be on finishing off the Famine Memorial project by the riverside, erection of signs and display boards for Coleman's Park biodiversity Area, grass cutting etc.

The Fairy Garden has been a hive of activity over the last couple of weeks with the fine weather, school holidays coming up and teddy bear picnics taking place. For those never been there it has a play area, a zoo, a model village, seating areas with special wheelchair accessible seats, a sensory garden area, a library, a biodiversity area and of course some fairies.

The 65 large hanging baskets all the way from the

Grotto to Oakwood have been erected and the smaller hanging baskets were put up over the businesses along the square and main street and on the tailings at the Bank of Ireland. A big thanks to the volunteers for taking time out to put them up with the help of Finbar O Connell for the teleporter. These flowers add some lovely summery colours to the town area.

Well done to Macroom Music Fest on a well-run concert and the very impressive clean up that was carried out last year, the power washing around the Castle Gates area beforehand as well as a very efficient and prompt clean up on the Sunday Morning. Looking forward to the same this time round.

It has been a busy few weeks for Tidy Towns Volunteers with litter picking, hanging baskets, music festival preparation, cleaning up all along the Stone Wall at the bus station, general maintenance and cutting grass in the green area of housing estates.

Tidy Towns volunteers meet every Saturday at 9am in our base in Masseytown, we are always open to new people joining, so why not come along some Saturday morning and see for yourself the work that is done. If you have any questions feel free to contact Lisa at 087-1434770







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KATE BRADY: MACROOM FOOTBALLER AND VOLUNTEER TO MOZAMBIQUE

Macroom under -12s footballers gave Kate a hearty farerwell on Wednesday 19th June in Tom Creedon Park. The reason was Kate's upcoming working visit to Mozambique as a volunteer.

As well as playing for Macroom Juniors, Kate coaches the U-12s and is involved at committee level. Her day-job is a structural engineer.

Mozambique is a sub-Saharan East African country - bordered by Tanzania, Malawi, Zambia, Zimbabwe and South Africa. It has a long coastline on the Indian Ocean and is roughly opposite Madagascar. It is an enormous country and has about 30 million people. It is rich in minerals and it has strong fishing and agricultural sectors, and tourism is developing. Despite these assets, it has huge debts and is one of the poorest and underdeveloped countries in the world. In one index of poverty, it was ranked 126th out of 132 countries. Patently, it needs as much help as possible.

Kate worked in Beira, Mozambique last year and returns for another stint. She works through SERVE a Cork-based development and volunteering organisation committed to providing equal opportunities for poor communities. Serve has been working with Young Africa Mozambique to improve the education and employment opportunities of young people living in the 6th poorest country in the world (this is so since 2008). The volunteer programme supplies funding for and labour to the 'Young Africa Organization'. Without Serve's support



Kate Beady and Macroom U-12s. (C. Kelleher).

many students would not receive vital scholarships to further their education and training. Beira is in a cyclone hot-spot and Kate is adding her knowledge to educating, training and thereby improving construction practices. Serve's work provides tangible benefits for the people. Kate added that:

'the projects this year include the construction of agricultural protection walls, renovation of the auto mechanic department and repairing and repainting the on-campus nursery available for the children of the students. Along with this, the

volunteer programme assists with language classes, IT education, hosting a sports festival and cultural exchange events'.

Macroom LGFA hosted a fund-raising event which raised a tidy sum and the collected money will directly and greatly help the students of Young Africa to achieve their potential and help develop their countries. For more information please visit Kate's idonate page: https://www.idonate.ie/fundraiser/ KateBrady.

Con Kelleher 23 June

COMÓTRAS PEILE NA GAELTACHTA 2024

Bhí deireadh seachtaine againn i gCill na Martra nach ndéanfaimid dearmad air le fada an lá. Bhí sé de phribhléid againn Comórtas Peile na Gaeltachta a reáchtáil don dara uair riamh agus ócáid fíortaitneamhach a bhí ann.

Bhí an aimsir go hálainn agus tháinig na mílte cuairteoirí chun féachaint ar na cluichí, anuas ar na céadta peileadóirí a bhí ag glacadh páirte. Bhí cuma iontach na páirceanna peile i gCill na Martra, Baile Mhúirne agus Béal Átha'n Ghaorthaidh agus tá Cumann Peile Cill na Martra buíoch do Chumainn Naomh Abán agus Béal Átha'n Ghaorthaidh as a n-áiseanna a chur ar fáil. Imríodh 26 cluiche san iomlán thar an deireadh seachtaine. Ba iad Clann na nGael Co. na Mí (Sóisear na nBan). Naomh Abán (Idirmheánach na mBan), Baile Chláir na Gaillimhe (Sinsear na mBan), Naomh Muire, Dún na nGall (Sóisear na bhFear) agus Cill Chartha (Dún na nGall) a bhuaigh na comórtaisí éagsúla.

Bhí togha gach bí agus rogha gach bídh ar fáil san ollphuball ag Páirc Uí Chuana, Cill na Martra gach lá agus istoíche baineadh ramsach as an urláir damhsa fad a bhí Na Rógairí, Pólca 4 agus Bog The Donkey ag seinm ceoil den scoth. Bhí comórtas Cailín Gaelach ar siúl thar an deireadh seachtaine agus ar an stáitse oíche Dé Domhnaigh d'fhógair Nell Ní Chróinín gurb í Ríona Ní Chuirrín as Cumann Cárna Caiseal buaiteoir na bliana seo.

Tháinig Uachtarán CLG, Iarlaith Ó Broin, ar chuairt Dé Luain agus d'oscail sé go hoifigiúil ár bpáirc nua



Comórtas Peil na Gaeltachta, Naomh Fionbarra, Béal Atha 's Naomh Abán, Baile Bhúirne. Pic le Nóra Uí Luasa.

thraenála, Páirc Nóra Uí Thuama. Ba bhean uasal, chineálta, flaithiúil í Nóra a bhí mór le gach éinne sa pharóiste agus níos faide i gcéin. D'imigh sí ar shlí na bhfírinne i bhfad ró-luath ach táimid an-mhórálach go mbeidh an páirc traenála ann i gcuimhne uirthi go

Bronnadh gradam 'Lóchrann' Chomórtas Peile na Gaeltachta ar Mháire Uí Laoire maidin Dé Luain chomh maith, mar aitheantas ar a blianta oibre ar son an CLG agus ar son na Gaeilge.

Tá Cumann Peile Cill na Martra faoi chomaoin ag na daoine go léir a thug a am agus a scileanna dúinn thar an deireadh seachtaine, agus i bhfad roimhe, chun Comórtas le dealraimh a reáchtáil. Go raibh mile maith agaibh go léir!



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A headache is your body's way of telling you that something isn't right and it's vitally important if you have recurring headaches to pay heed to these red lights.

Yes, headaches are common but they are not normal.

A study* produced in the mid-1990s revolutionised headache research. A Russianborn researcher named Dr Nikoli Bogduk determined that all headaches shared a relationship with the neck.

He noted that every single headache sufferer shared an important connection; abnormal nerve function in the upper neck. Dr. Bogduk embarked on years of study and published numerous findings that proved the connection.

Sadly, despite massive amounts of research over the past 25 years, the medical community remains largely focused on using medication to target symptoms without ever addressing the source of the pain.

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*Biomedicine & Pharmacotherapy 1995;49(10):435-45 "Anatomy and physiology of headache." N. Bogduk

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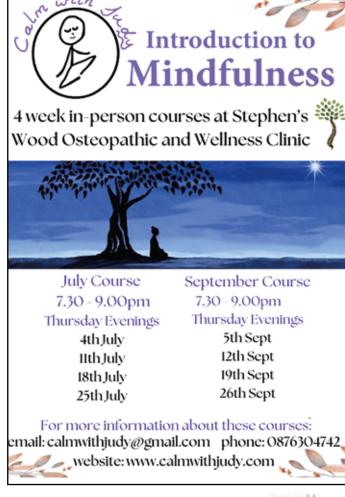
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CRICKET IN MACROOM

In early May (2024) when walking through the Town Park, I thought that I was seeing things. In the space next to the soccer pitch, in front of Sandy Hill, men were standing about but who occasionally ran, and followed-up with shouts of excitement.

When I saw stumps, the penny dropped - they were playing cricket. I watched for a while and when I approached they were extremely polite and agreed readily to pose for a photo. On speaking further, the men were Indian and were playing their favoured national game, cricket.

India's Bollywood film industry and its Premier Cricket League (founded 2007) are probably India's most popular entertainments, and the latter rivals the English Premiership soccer league in prestige and money. Teams based in ten cities play in two groups, with four playing-off. India has had many brilliant players; Tendulkar was a genius, and possibly its best-ever player. There is no class distinction as to who plays and the game is suitable to India's warm climate. Of course, India has almost a 1.5 billion people and Hinduism is the country's major religion. Longterm hostility to and border disputes with Pakistan does not stop it playing cricket against its neighbour. Bangladesh, another largely Muslim neighbour, is another fierce cricket rival.

Cricket originated in England in the 16th century, developed from games such as 'stoolball' and 'rounders', with one reference confirming that'creckett' was played in Surrey about 1550. In its infancy, cricket was a children's game before it was taken-up by adults. It was duly codified, i.e. had rules, well before rugby, soccer, boxing and other sports. At elite level it was controlled by the aristocracy and the wealthy and gave rise to clubs such as the Marylebone Cricket Club (MCC). Afterwards in England it was organised on an inter-county basis. The advent of trains made playing English inter-county matches much easier - this also facilitated other sports, for example the GAA from

The game spread with the expansion of the British Empire. At one point the in the 19th century, 1/4 of the world's surface was governed by Britain. Hence cricket reached India, Pakistan, Bangladesh and Sri Lanka: South Africa, Zimbabwe and the West Indies, and Australia and New Zealand. Together with England, they are still the top cricket-playing nations in the world. Because Ireland's aristocracy had close family, religious, political, educational and economic ties with mainland Britain, cricket came to Ireland. Initially it was played in Big Houses, in Dublin, Trinity College, Protestant boys' schools etc. For the colonists it was a sign of the 'superiority of the British race and culture, ordained by God. It is not difficult to see the connection between that belief and decisions such as Britain 'Brexiting' the European Union. Reid asserts that in late nineteenth century Ireland, there was a summer sporting vacuum which cricket neatly filled,



Cricket in the Mardyke, Cork, in 856 (Painting). {C. Kelleher}

and that pre-1880 cricket was not entwined with the crown in Ireland. (Reid, S. (2012), 'Identity and cricket in Ireland in the mid-nineteenth century', Sport in Society, 15(2), 147-164}.

'Cricket in Ireland has been consistently overlooked. Cricket was Ireland's most popular team sport in the 1860s and 1870s, and Ireland was the third most developed nation worldwide in terms of numbers playing and standards being reached in the 1870s. This article will examine the identities those playing wished to construct, emphasizing that cricket was played across all sections in Irish society, in all geographical areas and by both Catholics and Protestants. Therefore, contrary to popular opinion, cricket in Ireland was adopted for local needs and due to a lack of alternatives, carrying no overwhelming association with the mainland.

The first recorded cricket match in Ireland was played in The Phoenix Park, Dublin, in 1792 when a Garrison side played an All-Ireland selection which most probably included a 23 year-old 'A. Wesby' but probably Arthur Wesley, later Duke of Wellington. Cricket continued to expand and by 1830, the game was very popular in Dublin and the Pale, especially in governmental and aristocratic circles. Trinity College had one of the earliest Irish cricket clubs. In rural Ireland Big Houses too liked their entertainments. As well as dinners, soirées, and visiting, (mostly) the men enjoyed sports; to the winter pursuits of hunting, shooting and fishing, cricket, soccer, tennis, hockey were added. Cricket and tennis especially filled the summer sporting void. Landed estates had a plentiful supply of cheap native labour and sometimes played cricket challenge games as a backdrop to leisure days. Parnell was a Protestant and an avid cricketer. John Redmond learned his cricket at Clongowes; Irish élite Catholic boarding schools copied English public schools' academic and sporting curricula. During the 19th century the British Empire seemed eternal. Historians Rouse and

Reid agree that cricket was the most popular sport in Ireland in the 1860s/1870s, before the birth of the GAA. A factor that governed where cricket was played was the quality and flatness of the land. It also mirrors the quality of the land and is co-terminus to where hurling survived and thrived. Cricket and hurling need large areas of flat ground.

'Cricket in Ireland has been consistently overlooked. Cricket was Ireland's most popular team sport in the 1860s and 1870s, and Ireland was the third most developed nation worldwide in terms of numbers playing and standards being reached in the 1870s. This article will examine the identities those playing wished to construct, emphasizing that cricket was played across all sections in Irish society, in all geographical areas and by both Catholics and Protestants. Therefore, contrary to popular opinion, cricket in Ireland was adopted for local needs and due to a lack of alternatives, carrying no overwhelming association with the mainland.' (Reid, S. (2012), 'Identity and cricket in Ireland in the mid-nineteenth century', Sport in Society, 15(2), 147-164.)

Michael Cusack, was a teacher and had played cricket and rugby before co-founding the GAA in 1884. In a 'Road to Damascus' type of conversion, he forsook the British/Imperial games and, with Maurice Davin and others, launched the GAA and named it the 'Gaelic Athletic Association for the Preservation and Cultivation of national Pastimes', It was always more than just a sports organisation. Cusack was stirred at what was happening at the time: Parnell had welded the Irish Parliamentary Part into an effective political force and almost achieved Home Rule; it, Land Wars and the reinvigoration of Fenianism combined to provide the backdrop. Once founded, the GAA 'spread like a prairie fire'. Rugby, soccer and cricket had been codified and centrally organised before then; Cusack and the GAA challenged the 'Anglicization' of Ireland through sport. The Gaelic League (founded in 1893)





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joined the cultural war through its main policy of restoring the Irish language; but also, almost by default, came to promote Irish music and dancing. Cusack was a brilliant but divisive figure and revelled in controversy. Among early GAA tactics was a banning of 'foreign games' - read British/English games. These were soccer, rugby, hockey and cricket. Sport and culture became largely divided along religious and political lines - Catholic/Protestant and Nationalist/ Unionist. As noted above, Parnell was a Protestant as was Douglas Hyde, co-founder of the Gaelic League. In turn, De Valera and Old IRA man/Fianna Fáil minister Oscar Traynor played rugby and soccer respectively. Coupled with poor organisation - The Irish Cricket Union was founded only in 1923 - cricket fell away and effectively returned to the Irish Protestant/Unionist community with some involvement from the upper echelons of Irish Catholics who had played in élite Catholic boarding schools and so.

Paradoxically cricket, like rugby and hockey, is organised on an all-island basis. Irish cricket has improved dramatically over the recent past with acquisition of men's first class test status in 2017 and the team has qualified for World Cups - the 2009 and 2010 ICC World Twenty20s and the 2007 and 2011 World Cups (tests). At various stages Ireland has beaten England, Pakistan and Bangladesh, all top-class teams. Great efforts are currently underfoot to broaden the game's appeal and Cricket Ireland claims that it has 52,000 members, about 19% females. That in itself is surprising and Ireland has, of course, an international women's team.

Though the documentation of cricket in Macroom is scarce, The Cork Examiner (6 May 1868) reported a cricket match between Macroom and the 39th Regiment then stationed in the town - Macroom won. Another match against another regiment took place the following year. It is thought Oakgrove House, Carrigadrohid, was Macroom Cricket Club's home venue - perhaps one of several. The next mention of a Macroom Cricket Club was in 1918 when it ran two dances in Macroom Town Hall. The War of Independence, The Civil War and the establishment of the Free State followed and the new state became a 'cold place' for the Protestant/Unionist community, and it and its pursuits became insular and isolated in a Catholic-dominated country.

This year's St Patrick's Day parade contained mostly regular participants but Macroom Cricket Club also took part. The cricketers walked in their blue gear with the clubs' name emblazoned. All were originally from Asia and the club hopes that many others will come and play their beloved game of cricket. The club was formed in 2020 and operates in an informal basis. It has forty-seven members, four women. Teenagers and children also play. Like Ireland women are coming of the shadows and are increasingly playing cricket. Bothe India and Ireland have first-class cricket teams. Macroom hopes to field a woman's team when it can. The club plays in the town Park, in a Macroom AFC pitch. According to Dinil Kumar, a Macroom Club official, there are 25 to 30 teams in the region. Macroom CC was invited to Clondrohid National School where it was well received. Members were delighted to discover that several pupils had played cricket already. Plans for the club are to expand membership - male and female, play more matches and formally join Cricket Ireland, the governing body



Milan Ragin and his mother Dhanya attended Macroom's cricket tournament on 22 June 2024.

in Ireland.

On 22 June 2024, Macroom Cricket Club organised a tournament. Joining the local team were sides from Waterford, Skibbereen, Cork city, Ballincollig and Carrigaline. Altogether sixteen teams of seven played, giving a total of 112 players. Each game consisted of six overs, each with six balls bowled. I was lucky enough to see wickets taken, catches taken and sixes scored. Most players were Indian. As well as the games being hotly contested, the occasion is an important social event. Unfortunately Macroom lost its opening two games to Ballincollig 7-Up and St Peter's JSOC, Cork. The tournament was played in The Town Park, in the area just in front of Sandy Hill. The morning was dull but dry and the competition ran from 9.00 a.m. to 6 p.m. Historically soccer, rugby, golf, pitch and putt, athletics, horse racing (and donkey derbies), Gaelic football, hurling and camogie were all played over this hollowed sporting ground, and probably hockey and cricket too. What a pity that fields and grass cannot talk, what stories they could tell.

Over the past thirty years or so cricket in Ireland has expanded enormously and has spread out from its previously narrow niches. As well as the informal clubs, Cricket Ireland's website states that there are thirteen registered cricket clubs in Munster, including Co. Galway (Connacht teams often play competitive cricket in Munster) but many more informal groups. Between Ireland's growing population and the country's attractiveness to foreign workers from virtually all parts of the world, it is likely that cricket and other sports once rare in Ireland will become more

my view, enhance all our lives. Now, anyone for cricket?

Sources: Cork Examiner, Southern Star, Sean Reid, Paul Rouse's 'Sport and Ireland A History', Gerard Siggins's, 'Green Days: Cricket in Ireland 1992-2005' and Cricket Ireland's website.

and more common. The country seems big enough

and mature enough to absorb these influences that, in





Free Road & Personal Safety **Event for Over 60's**

On the 3rd July at the Castle hotel, Macroom a free road and personal safety information event will be held for persons over 60's and will run from 2pm to 5pm. Topics covered will be home security, personal safety, online fraud, health advice from public health nurse and pharmacist, fire safety tips and general crime prevention

advice. Guest speakers from An Garda Siochana, Cork County Council road safety officer, Macroom Fire and rescue service, HSE public health nurse, Matt Murphys pharmacy, AIB bank, Macroom and District Lions club and Muintir na tire will be present on the day to answer your questions. All over 60s welcome to attend.



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SCOIL NAOMH MUIRE, FARRAN

On June 10th, Micheal Foley visited 6th class. He came in to talk to us about his book which we have been reading this term called The Children of Croke Park. It is a book about Bloody Sunday. It was very interesting, he talked about all the research he had done for the book and his interest in sport and history. He told us about the idea of choosing the

children for the book and how he was part of a plan to put up gravestones for the victims who didn't have any. He showed us a slideshow of pictures of the children and the men who played on the teams that day. Afterwards he signed copies of our books for us. It was really exciting to meet the actual writer of a book that we had read.

For the last few months children in senior infants, first and second classes have been taking part in the Picker Pals program. Twice a week the children have been picking up litter in the school yard and playing their part in looking after our environment.



Sixth class in Farran NS after their graduation mass.



Sixth Class in Farran NS on their last day in school.



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Micheal Foley when he visited 6th class in Farran, he came in to talk about his book which we have been reading this term called The Children of Croke Park.

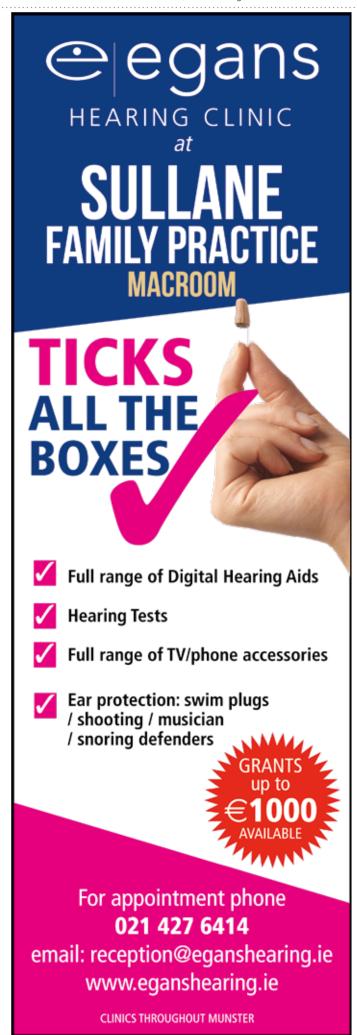
COACHFORD UPDATES

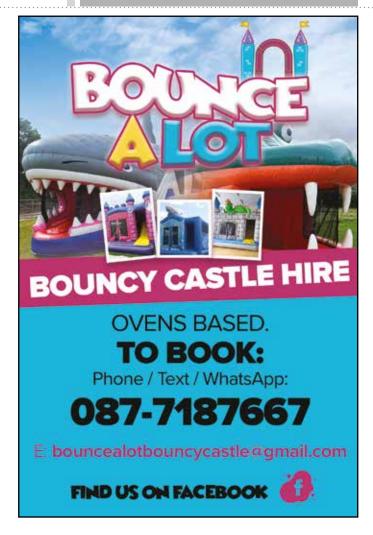
Well done to Coachford National School who won a Gold Award in the recent Muintir na Tíre Schools' Garden Competition! The competition is an initiative that encourages schools to develop gardens and engage pupils in caring for their environment. Children and staff attended an award ceremony at the County Hall, where they were presented with their award by the Mayor of County Cork, Frank O'Flynn.

To celebrate this achievement, the children display their gold medal and certificate around the beautiful garden sculpture depicting a boat and fisherman. This sculpture, created by parents and planted by the children, reflects the long tradition of water sports in the Coachford area. Congratulations to the pupils, staff, and volunteers whose hard work and dedication have brought this honour to the school.



Coachford National School who won a Gold Award in the recent Muintir na Tíre Schools' Garden Competition







And that's a wrap. Another busy and successful year in Canovee NS. The end of our school year was jam packed with activity right up to the end. We had school tours from Killarney to Watergrasshill, success at Cork City Sports, and another fun round of the Rita O'Brien football tournament. We said our farewells this term, to our colleague Ms Pamela Wood who retired after 11 years teaching in Canovee, and to our 6th class students at the end of June. We wish them all the very best with their future adventures.

CANOVEE NS

We welcomed our new junior infants to the school on June 19th. The children met their teacher and played in their classroom while the parents enjoyed a cuppa and got a few tips for the year ahead from the Parents' Association.

On Thursday Mrs O'Brien and her Active School Committee were awarded the Active Flag for our school. This was a 2 year process, with a lot of planning, organising and execution of a wide range of activities, such as walks and games, dance off's and getting generally getting active with seasonal twists. Comhghairdeas to all involved.

We have a busy summer ahead as we prepare to welcome children to our new Autism class in September. We are very excited to meet them all.

We would like to take this opportunity to wish everyone a super summer break, to thank our staff for all their help and support during the year and to thank our students and parent for their continued support and cooperation.



Canovee ns Junior infant class 2024



Pamela Wood with a presentation from 2nd class students on the occasion of her retirement



Comhghairdeas Canovee NS team captain Aaron Keohane, (who scored 2-1 on the day), and his vice captain Judy Carter, on winning the Rita O'Brien school football tournament. Pictured here being presented with the shield by Rita o Brien



Comhghairdeas Canovee NS team captain Aaron Keohane, (who scored 2-1 on the day), and his vice captain Judy Carter, on winning the Rita O'Brien school football tournament. Pictured here being presented with their medals by retired principal Rita o Brien

CARRIGADROHID/KILLINARDRISH TIDY TOWNS

It's a busy time of year for all tidy towns clubs, and none more so than Carrigadrohid tidy towns. We have been kept busy every Tuesday evening in the village from 7pm to 8pm sweeping, cleaning, weeding and planting. We have planted beautiful new shrubs in our beds which will hopefully bring lots of colour to our village for the summer months.

The tidy towns judging competition has begun so we are appealing to everyone to keep our village and its surrounds extra clean at the moment. Water the beautiful flowers and sweep around your houses so the judges see the beautiful village we see.

On June 21st we held our annual Street Feast. It was a beautiful sunny evening on the platform, with music,

facepainting, delicious food, complimentary teas & coffees and plenty chatting and catching up. Thanks to Mo's Crepes and Ya wanna Piosta this? for keeping everyone fed with hot tasty treats. We would like to thank everyone for their continued support and look forward to organising our next community event.



Carrigadrohid tidy towns Street Feast 2024



Carrigadrohid tidy towns Street Feast 2024

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DROMLEIGH NS

Dromleigh N.S. students enjoyed a fun-filled day at our annual Sports Day on June 18th. Thank you to all the parents and siblings of our Sixth Class pupils that attended our challenge basketball match.

Well done to our Parents Association for organising a delightful Summer Party on June 20th. Students danced the night away with their friends in anticipation of the long summer ahead.

Congratulations to our Sixth Class pupils for organising a Bring and Buy Fundraiser on June 17th. The event was a huge success with €2375 raised in aid of Cork Penny Dinners and the school. Thank you to all those that supported the event, especially our raffle sponsors and Co-Op Superstores Terelton, Dromey's Bar Dromcarra and The Kilmichael Shop for selling tickets in advance of the day.

Keep up to date with all our activities on www. dromleighns.ie or on Facebook 'Dromleigh N.S Kilmichael'

office@dromleighns.ie P12DY26



Dromleigh N.S. students having a great time at their recent Summer Disco.



Sixth Class pupils from Dromleigh N.S. presenting Cork Penny Dinners volunteer Mr David McSweeney with the proceeds of their recent fundraising

ST. JOSEPHS PRIMARY SCHOOL



6th class girls who received their EU BLUE STAR award recently. Well done!



Celebrating Intercultural Day in St Joseph's!



Celebrating Intercultural Day in St Joseph's!



Celebrating Intercultural Day in St Joseph's!

Huge congratulations to our star athletes, Anna Morris in 4thclass and Siobhán Lynch in 2nd class who are on their way to Tullamore to compete in the All- Ireland Track and Field Athletics Championships. They had huge success in the Munsters where Anna competed in the individual and team long jump event and Siobhán succeeded in qualifying for the 600m. We wish them every success at the weekend!

A massive thank you to all our International pupils and their families for joining us in St. Joseph's for Intercultural Day. It was a fantastic celebration of the diversity of cultures in our school and everyone thoroughly enjoyed the amazing food, music and learning about each other's traditions. It was a magnificent get-together, a feast for the senses and brought a smile to everyone's faces.

Well done to 6th class who received their EU BLUE STARAward in the post this week. A lot of hard work went into achieving it and we were delighted to share the good news with everyone on Intercultural Dav.

congratulations to Ms. Dinneen and O'Sullivan and Green School Ms. their assistants in achieving an award recently in the County Hall for our new school garden. They were commended on all their hard work in getting the garden up and running in a short space of time and the prize money will be of huge benefit in expanding their ideas further. Well done also to Ciara Fabrizi and Bríd O'Driscoll who proved to be fantastic ambassadors for the school on the day

School tour season has kicked off with gusto as everyone has been so excited to head off on their buses to all corners of the city and county! But we can't forget our local amenity MacroomCommunity Leisure Centre who facilitated our younger pupils trying out their new amazing bouncy castle and our older pupils competing in their basketball blitz. Go raibh míle maith agaibh to James and all the staff!









It has been a busy few weeks for the boys and girls in Rylane National School leading up to the summer holidays. The school celebrated Cork Bike week with a huge number of children bringing their bike to school each day. On Wednesday of that week, all children cycled a loop of the village.

The girls soccer team recently played in the FAI county final blitz in Musgrave Park, playing 5 games in total. 5th and 6th Class boys and girls took part in a tag rugby blitz in Ballincollig organised by Vincent O' Leary, Munster RFC.

The Féile U15 camogie team consisting of past pupils attending the school recently in preparation for the All Ireland series representing Cork. West Midlands Theatre Group put on a performance, Sigurd and

RYLANE NS

the Dragon for all the children in the school hall. The children really enjoyed this brilliant performance.

Rylane National School held a 'Siopa Glas' to sell many plants, fruits and vegetables that were planted throughout the year in the school's polytunnel. The school was also delighted to receive a 'Gold Medal' Award recently at the Cork School Garden Competition. It is a great achievement to be recognied with a gold medal for the school garden we have on our school grounds.

The school invited back past principal, Mary Buckley to present a trophy to the winning captain of the in school soccer blitz held every May and June at lunch times. The final was played in the new state of the art astro pitch in Rylane Community Park.

4th, 5th and 6th Class participated in the annual hike of Mushera mountain last week. The beautiful sunshine was very much welcomed with spectacular views from the top. Each June, the school organised a 'Sponsored Walk' event where the school walks a loop of the village each day. The children received medals and well deserved ice creams after their few weeks of walking. School tours were in full swing the past week. The infant room went to UCC Mardyke Arena while 2nd to 6th Class went to Star Outdoors in Kenmare. Congratulations to the seven 6th Class pupils who had their graduation in the school last Thursday. This was a special day for the boys and girls and we wish them all the best going into secondary school at the end of August.



4th, 5th and 6th Class Rylane NS reach top of Mushera Mountain



Children from Rylane NS enjoying their ice cream as part of their fun day



5th and 6th Class from Rylane NS at Tag Rugby Blitz in Ballincollig



Children from Rylane NS enjoying their ice cream as part of their fun day

WEST MUSKERRY ATHLETICS CLUB

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IMage below: Certs presented by the coaches to all the super athletes who have been the best fun all year. Special thanks to Collette and Ger for giving their time and expertise so generously, every week of the year.









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BALLINAGREE VINTAGE CLUB & FAMILY FUN DAY

Sunday 30th June

Following last year's fantastic event, all roads lead to Ballinagree again this weekend (June 29th & 30th) for the Ballinagree Vintage Festival.

The festivities kick off on Saturday night at the Laine Bar with the highly anticipated election of the new Lord Mayor at 9:30 PM. Bets are already being placed on who will take the title! A big shout-out and thanks to Jennie Kelleher for her fantastic job over the past 14 months. Ger Deasy will provide music for the niaht.

Sunday's Vintage and Family Fun Day will be officially opened by Johnny Lynch, the Buffalo Man, and the 2024 Ballinagree NS Sciath Na Scoil winners. Vintage and classic vehicles and exhibitors will be on display all day in the field, with a perpetual cup awarded for the best car, tractor, and barn find. Children's sports kick off at 2 PM, featuring races for all ages, including tiny tots, wheelbarrow races, and crawling races. A dog show will follow, with competitions such as best large dog, small dog, junior handler, dressed dog, and overall dog.

Come dressed to impress for a chance to win prizes for the best-dressed lady and gent. Bring your dancing shoes, as live music by Anthony Dineen will keep everyone entertained throughout the day. Numerous sideshows include bacon & cabbage, food stalls, trade & craft stands, a penalty shootout, bowl in the bucket, horseshoe throwing, throwing the sheaf, guess the weight of the cake, name Casey's alpaca, name the teddy, children's amusements, and

egg throwing. Back by popular demand are the evercompetitive Hold On Tough competition and digger driving skills. Entry to the field is by donation only.

A draw will take place on the day, with lines at €2 each, available for purchase on the day or at local outlets. Prizes include a laptop, a €250 Brehon Hotel voucher, €200 cash sponsored by the Laine Bar, €100 cash sponsored by the Ploughman Bar, and much more. All proceeds go to local charities.

To finish off the weekend there is music in the Ploughman Bar from 6pm by Jack Healy

There's something for everyone, so come along and join us for what's guaranteed to be a brilliant day for all the family!



Presentation of awards at the Muintir na Tire/Cork county and City Councils Schools' Garden Competition



Cllr. Frank O'Flynn, with Coachford NS pupils, Annie Rooney and Joseph Delaney, teachers, Eibhlis O'Sullivan, Sharon O'Driscoll at County Hall for the presentation of awards at the Muintir na Tire/ Cork County Council/Cork City Council Schools' Garden Competition.



County Mayor, Cllr. Frank O'Flynn, with St. Joseph's NS, Macroom pupils, Brid ni Dhrisceoil and Ciara Fabrizi and teachers, Katie oʻSullivan and Sorcha Dinneen at County Hall for the presentation of the Muintir na Tire/Cork County Council/Cork City Council Schools' Garden Competition awards. Picture: Mike English



Cllr. Frank O'Flynn, County Mayor, with pupils, Dylan Twomey, Sonny Dwane and Jennifer Bamford and teacher, Eimear Helen, Bishop Galvin Central School, Newcestown at County Hall for the presentation of awards at the Muintir na Tire/Cork county and City Councils Schools' Garden Competition, Picture: Mike English



Rusheen NS pupils, Robin Farmer, Adele Roche and Jessie Murphy, SNA are welcomed to County Hall by County Mayor, Cllr. Frank O'Flynn, on occasion of presentation of Muintir na Tire/Cork County Council/Cork City Council Schools' Garden Competition awards. Picture: Mike English.



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- Murphys Pharmacist Public health nurse
 - · AIB · Fire brigade · Muintir na Tire
 - · Macroom Lions club



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ROSARY AT THE CURRA ROAD GROTTO: This annual rosary will take place on this Sunday June 30 at 7pm, all are welcome.

SATURDAY NIGHT MASS IN CARRIGANIMA: Please note there will only be one (1) Saturday night Mass in Carriganima during the month of July, which will be Saturday July 6

MOVEMENT OF CONTINUOUS PRAYER FOR MARRIAGE AND FAMILY LIFE: The next 24 hours of prayer will be this Thurs night June 27 to Friday June 28.

ANNUAL FAMINE GRAVEYARD MASS: This Mass was held recently. A great crowd participated, with a lovely meaningful Mass by Fr Jim. The weather was beautiful and the birds sang for us in that solemn but

BOOK BY CON LYNCH: Con Lynch 0861974427, he is looking for names of Religious Sisters, Brothers, Priests, Lay Missionaries of Clondrohid Parish for a book he is writing on their lives of service to

CLONDROHID PARISH ACTIVE RETIRED: At their recent Scoraiocht, they raised €900 for the Droichidin ASD Classrooms in Clondrohid Nat School, This cheque was recently presented to Mr. Lucey, Principal of school. They would like to thank everyone who donated so generously on the night. Your support and donations are very much appreciated.

This Active Retired Group with members from other groups recently travelled to Bundoran for a little break. A brill trime was had by all visiting Beleek Visitor Centre, Enniskillen, Killybegs, Sliabh League,

CLONDROHID NEWS

Glencolmcille Folk Village, Ballybofey (McElhinneys) n Donegal Town and calling to Knock on way home with Mass in the Basilica.

Dancing and singing in hotel each night. Thanks to everyone who travelled and helped in any way to make it so enjoyable. Not a drop of rain for the entire venture. Roll on next year.

CLONDROHID DEV GROUP: This group continue with their preparations for the Tidy Towns. Anyone who would like to give a hand is always most welcome, or if it suits you better, keep the area outside your own dwelling litter and weed free. Every little bit helps. Thank you.

CONGRATS TO MUINFLIUCH NAT. SCHOOL: They sowed the seeds to victory by winning the Overall Best County School Garden in the Muintir na Tire Cork School Garden Comp. Well done to everyone

C.A.R.T. WEEKLY TRIP TO MACROOM ON TUESDAYS: Departing Carriganima at 10am via Clondrohid village, returning at 1pm. For more info contact cartcarriganima@gmail.com

CARRIGANIMA WALKING /RUNNING GROUP: Every Monday and Thursday at 7pm. Meeting point Pike Cross Carriganima

THE PUB CARRIGANIMA: Music by Gina and the Champions on this Sat night June 29, Willie Burke will open proceedings at 7.15pm and Gina at 8pm. Tickets €15 at door. Come along and have a good night.

BLOOD TRANSFUSION: Just mark in your busy calendar that the Blood Transfusion Service will be in Clondrohid Community Hall on Monday Sept 23, and Tues Sept 24.

MACROOM HISTORY WALKS WITH DR. CON: These have recommenced on Tuesdays at 7.30pm to 8.30pm. Meeting at the Bridge near O'Riadas, suitable for all ages 10 to 100!!. Charge €5, €3 for children and

HOE DOWN AT THE TOP OF COOM: (In aid of Daffodil Night Nurses). Great night of music and craic with Conor O'Sullivan, and the Hillbillies. Tickets €20. Sat July 20

teenagers. Very interesting, all are welcome.

Rebel Og West U14 Div 2 Championship Semi Final Clondrohid vs Owen Gaels on Tuesday June 18 in Clondrohid. The Clondrohid and Owen Gaels U14 teams played an exciting championship Semi Final game at Clondrohid. It was a very sporting and competitive game. Clondrohid led by 2 points at HT. Clondrohid kicks some lovely scores in the second half to win the game in the end. Full Time Clondrohid 8-14pts Owen Gaels 5-11pts. Thanks to the home supporters for coming out to encourage the lads.

Clondrohid Team - Rory O'Shea, Cormac Healy, Darragh O'Shea, Fionn Desmond, Simon McCarthy, Cathal Lyons, David O'Leary, Cal O'Driscoll, Darragh Manning, Ciaran Lynch, Ciaran Coleman, Jamie McCarthy, Mathew Kelleher, Ross O'Brien, David Kelleher, Jayden Ring, Mathew Dunton, John Casey, Joe Healy, Kevin Hennigan.

LOTTO: Results for June 19, Jackpot of €2,200 €70 Tommy O'Sullivan Clondrohid Nat School. €20 Marcella McCarthy Bealnamorrive, Anne Casey Rusheen, Conor Flanagan Carrigphooka, Noreen McSweeney Cork St.



V. Rev. James Greene Clondrohid celebrating Mass in the Famine Graveyard recently



Clondrohid Parish Active Retired presenting a cheque for €900 to Mr Lucey on behalf of Droichidin ASD Classrooms Clondrohid Nat School

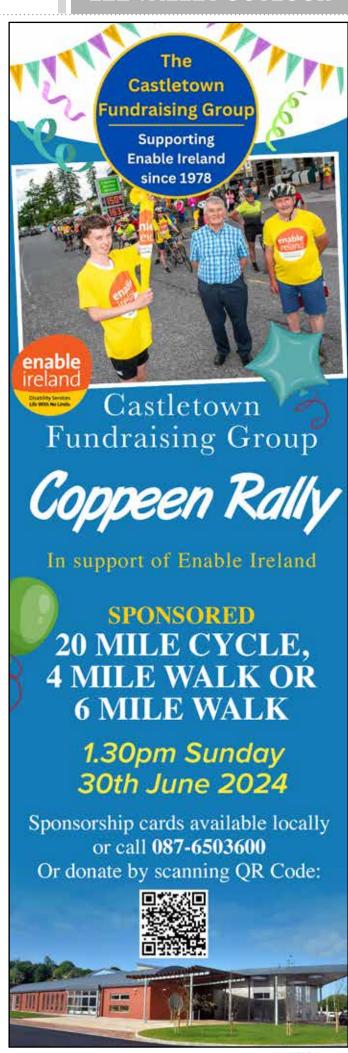




The kids from SN Réidh na nDoirí had a wonderful experience as part of activity week with Kenmare Boat Tours.









IRISH CONTRYWOMEN'S ASSOCIATION (ICS) MACROOM WOMEN LIBERATING THEMSELVES

The aims and objective of the ICA ... (are to) embrace the domestic, artistic, musical, cultural and hygienic side of life; also gardening, horticulture and poultrykeeping. Phyllis O'Connell.

The ICA, and its precursor, The Society of the United Irishwomen (UI), have a long history. Two Protestant Wexford women, Anita Lett and Mabel Rudd founded the UI on 8 May 1910, a women's rural organization. Lett outlined her'scheme', articulated the need for a women's organization and said that great benefits would ensue. Areas of concern were rural-nursing - its absence caused unnecessary child-deaths - child-rearing, education, rural-life dullness, horticulture and women's clothing. The organization was non-sectarian, non-religious and non-political.

Despite the adverse consequences of World Wars I and II, the War of Independence, the Civil and Economic Wars, and the Catholic Church's, initially at best, tepid support, the UI survived - but barely at times. It changed its name to The Irish Countrywomen's Association in 1934 and introduced a new constitution whose key element was that power was given to the guilds and direct representation at the highest level. The ICA expanded steadily and it reached its highest membership in 1975. Before and after Independence, until after about 1970, women were mostly subservient to men. Gregg's 1856 observation of women's place in Ireland largely obtained until c. 1970. From 1911, and especially 1930-80, the UI/ICA was a rare women's organization vocalizing women's views and concerns and simultaneously, taken seriously by government and authorities. An example is its essential role in procuring domestic rural running-water.

Macroom ICA Guild was founded on 12 January 1953 and was first referenced in March, 1953 when it catered at a Macroom GAA whist drive. It celebrated its first birthday with a well-attended function in Macroom Town Hall (TH). The Guild was well supported in its early decades and became a valuable and vital outlet for Macroom women from 1953-1970. As the country prospered and women's role and public participation increased, the popularity and importance of Macroom ICA receded. After 1980 the ICA was a victim of the positive changes in women's status, rights and increased presence in society. The ICA, nationally and locally, played major roles in achieving that position through raising, discussing and promoting topics important for women and society. It did so cleverly and effectively, in a manner that was attractive and acceptable to women in rural towns such as Macroom. Under the slogan, 'Better Living', the UI/ICA began its journey. It cloaked its radical drive for a better life for women in 'ordinariness'. This chapter argues that Macroom ICA made 'life better', immeasurably better, for Macroom women.

In moral matters and socialisation, the influence of the Catholic Church was paramount in rural areas, where and when the UI/ICA's mostly operated. After 1921, the Protestants in Southern Ireland 'were now a tiny drop in a sea of triumphal Catholicism'. Because the ICA was non-sectarian and was not Catholic-controlled, initially, Catholic bishops were sceptical. Despite such constraints, the ICA did remarkable work and, in turn, the Macroom Guild achieved much. By 1953, the Catholic Church was more supportive.

At the ICA's first anniversary celebrations local clubs joined PP Canon Fox whose presence signalled Catholic approval. Macroom's UDC Chair John R. Neville and Mrs Gleeson, ICA County Organiser attended and Mrs. Julia Murphy presided. In 1953 the Guild hosted a crafts exhibition in the TH, featuring tapestry and rugs made by Macroom Mercy nuns since 1865, Curragh Gaol 1922 tea-cosies made during the Civil War), and examples of lace, crochet and embroidery. Student Geraldine Finn, State College, Montana, spoke on Land Grant Colleges and their contribution to U.S rural development. The Guild held a dance on 'Women's Christmas', 1954. Its first year's activities such as co-operation with other clubs, promotion of home-made crafts and socialization for women became its hallmarks. Within five years, the Guild had opened the 'ICA Hall'. The hall became a 'home' for the ICA and a valuable town asset, used by many clubs and organizations. Its homeliness facilitated smaller events. Erecting the hall showed the Guild's ability to achieve.

In 1953 rural electrification and domestic running-water were the ICA's major issues. Macroom then already had electricity and piped water for many years. But servicing its rural hinterland was its principal economic function and life-line. Nationally there were 234 ICA branches in 1949. There is no apparent reason why the Guild formed in 1953 apart from the ICA being a wholesome, acceptable and attractive organisation that facilitated socialization. Younger women were reading magazines such as Women's Life (WL), admittedly urban-centric, but women's hairdressers' number doubled between 1946 and 1961, a sign of changing times. The ICA sent WL press-releases. At Macroom's founding meeting, Phyllis O'Connell outlined ICA's aims and explained how guilds operated. A guild could embrace 'domestic, artistic, musical, cultural and hygienic aspects of life' as well as gardening, horticulture and poultry-keeping. Each guild decided its own business but ICA headquarters, through regional officers, county Federations and national meetings supplied ideas, literature and support. For meetings, an 'agenda' was followed, and included reading the minutes, treasurer's report and 'items of concern'. Another part was 'a programme' which was fun: it consisted of a roll-call, a competition and a social half-hour. For the November 1953 meeting these were 'a house-hold hint, 'an elimination dance' and 'singing and dancing'. In 1953, six meetings had average attendances of sixty-six. Even already, the guild had accomplished much consistent with the ICA's ideals. 1954 saw it qualify for a Munster Inter-Guild debating final, having overcoming Bandon and Clonakilty (2 ties). The motions were: 'That a practical education is more important than book learning, 'The System of Modern Education' and 'That Matchmaking is useful to Society'. The annual outing went to Youghal. Macroom women were running meetings, socialising, discussing matters of concern and having fun. For 1950s' Macroom women, this was an enormous advance. All social classes attended as judged by those mentioned.

Table 1: Attendances at 1953 Macroom ICA Guild

			Table 1: At	ttendances	at 1953	Macroom ICA	Guild meet	ings.		
Month	Jan	feb	Mar	Apr	May	June	July- Sept	Oct.	Nov.	Dec.
No.	89	96		Not recorded		' G o o d attendance'		36	83	41

Macroom ICA Minute Book) 1953-59. {The average recorded monthly attendance was sixty-six}.

As time passed, the Guild expanded its activities. It welcomed-in 1955 with a Women's Christmas dance in Macroom TH. Mrs. J. Cotter, Mrs. J. O'Connor, wives of local vintners/businessmen and Mrs J. Galvin were co-opted onto the committee. The AGM was well attended. A St. Patrick's Night dance was followed by a Grand National Sweep - the winners were women and with Macroom GAA, the guild held a weekly draw. Together, the Catholic Young Men's Society and the Guild collected waste-paper - an activity ahead of its time, with profits going to Macroom Boys' National School. A sweep, dance and whist-drive were repeated the following year. Mrs Rosaline Horgan lectured on her Rome Holy-Week visit; the guild fund-raised to send an invalid to Lourdes. Michael O'Callaghan, M.A., spoke on musical appreciation. A whist-drive for Hungarian Relief was held in November and a Grand Bazaar took place in the TH in December. The Guild staged a play, The Last Move, in 1957, produced by William Bennett, a local bank official. His wife, an ICA member acted in the play. 1957 saw the Guild building a 'home' - the Cork Examiner reported 'the warmth, the comfort and the gay contemporary décor' of the new ICA Hall. The pre-fabricated hut cost £300, £150 to erect and £150 to finish - £600 in total. It was the envy of other guilds holding meetings in draughty halls belonging to others. Previous years' successful activities were repeated. The Hall - also called 'the ICA hut' and An Grianán Beag was officially opened in June 1958 by Canon O'Connor. Other activities continued. Fourteen members attended courses at An Grianán. Macroom Agricultural Show was communal and run in co-operation with Macroom GAA Club. In 1958, the ICA provided its premises for catering. Fr. Nessan talked on athletics coaching and D O'Donovan, F.R.S.A. spoke on Florence art treasures.

Members were enthusiastic and activities continued to be attractive. Eileen Collins, President in 1959, became a great guild stalwart. Weekly Sunday night mixed card-games - whist or 35 and monthly meetings were the guild's staple activities. For bigger drives, the guild used the TH; there, a fund-raiser for Ardfoyle Missionary Sisters had thirty-four tables. Monthly meeting were the core of ICA's functioning. June's monthly meeting is a good example and had some interesting features. The competition, 'a dressed wooden spoon' was won by Mrs Caulfield; the social half-hour 'Around the fire' was held in candlelight with songs, recitations and ghoststories with accordions and mouth-organs played: it was a 'most delightful entertainment'. The Masseytown Group hosted 'tea'. In November thirty members visited Mallow Beet Factory. The year closed with a 'turkey' card-drive and a lecture on Public Speaking by Ralph Sutton, B.L. Collins was President again in 1960 with Margaret Sweeney secretary. The Guild co-operated with the Electricity Supply Board which erected a mobile modern kitchen in The Square, Macroom. The key idea promoted was to divide the kitchen into working and living sections. Appliances demonstrated included a cooker, infra-red heater, water-heater, refrigerator, washing-machine and a clothes-drying press. When the guild celebrated the ICA's Golden Jubilee, Collins noted the importance of having 'a home' and that it was in a position 'to pay it off' quickly. Dr Long lectured on the correct use of paints (art purpose). In June, Mrs Carmel Murphy (Medical Hall) spoke on 'First-Aid Summer Troubles'. The competition was 'best saucer and cup' and the 'roll-call' was for 'Ideas for the Home Produce Stall'. 'Housewife's Choice' was the theme of October's meeting. Macroom Guild held a bazaar on 11 December and planted trees near the Castle Grounds' entrance. Mrs Collins spoke on fish-cooking, and a discussion on 'The Household Chore You Dislike Most' led to a lively debate. Mrs Barrett won the best parcel valued 2/6. Topics for debate were: 'Is the ICA helping rural dwellers to understand each other?', 'Should the ICA recommend open and mixed functions?' and 'Is the ICA playing its part in rural development?' Social activities continued and the topic of December's meeting was Christmas decorations. In March Margaret Sweeney and Alice O'Shea attended the ICA AGM in Dublin. June's debate was 'Does Television Keep the Family together?' between East and West Macroom. The roll-call was 'what mark has the ICA made on the country?' June 30's debate was 'What three things would you like to

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take on a desert island?' Even at this remove, it looked interesting, educational and fun.

From 1963-5 innovative ideas were grafted onto proven popular activities. As monthly meetings and weekly card-games continued other items included a public meeting and reception of international colleagues. The 'Brains Trust' public-meeting attracted a large attendance: issues raised were the legalization of poteen-making, the GAA ban on 'foreign game' and introducing fixed electricity charges in rural areas. Panellists included John A. Murphy, UCC, Pat Fitzgerald (teacher, DLS Secondary School), Daisy Corrigan, Cork, Mallow's Beet Factory manager and an ESB engineer. June's competition was 'Word-Building' - Molly Cunningham won. A 'Home Produce' Sale in August, '63 did brisk business; all jams, cakes, vegetables and 'novelties' were 'cleared'. Mrs O'Donnell (Ballincollig) demonstrated hat-making in October, 1964. Sheila Sheehan (housewife) won a regional fish-cooking competition with 'Sole à la Sullane' and qualified for the National finals. The 1965 Annual Dinner Dance was held in the Victoria Hotel on 13 January - tickets were 15/-. At the AGM, the secretary noted the success of promoting public speaking, and the completion of a jointlymade quilt. In June, Mrs Murray (Town Associate) demonstrated 'snacks and savouries'. The Guild was complimented by Macroom Tidy Towns Committee for sponsoring a Roadside Gardening Competition. CooperatinG with Macroom Development Association's Carnival, the guild sponsored a baby-show. Mrs O'Connor and Mrs McGrath (Monkstown) demonstrated floral arrangements; June's competition was a 'buttonhole flower'. Collins was now Cork Federation Secretary. Skin-care was demonstrated in September. A significant event was the visit of World Countrywomen's Association delegates to Macroom, who were attending an international Triennial Conference in Dublin and had come to Cork for an Irish Night in the City Hall. It was a rare contact for Macroom women with their foreign counterparts. All the while, Macroom women were meeting, making, demonstrating and learning.

From 1966 to 1969 there was continuity and change. Monthly meeting, card-games and projects continued but two occurrences greatly affected the guild. A section of the adjacent Macroom Castle collapsed, severely damaging the Hall and deprived the guild of its home. Thankfully no one was injured but the event had major effects. President Collins asserted defiantly 'the guild will rise again'. Despite local authorities' goodwill, the restoration of the hall was delayed by siteownership issues, the Castle-knocking, the proximity of McEgan College and a garage, and passing walkers. Card-playing was easily transferred to the CYMS's rooms but meetings had to take place in homes, hotels or halls. Press reports reduced, implying activity reduced or went unreported. Replacing the hall took much effort but routine business proceeded. At the 1967 AGM newer members Sheila Sheehan and Catherine Cullinane were elected officers. The guild collected £80 for the Spastic Clinic. The 1968 AGM signalled the second major change when there was a 'change-of-theguard' as, apart from Collins, all officers were younger. Sheila O'Riordan became President, Sheila Sheehan, secretary and Peggy Buckley, international officer. A demonstration on hair-and-beauty occurred in July and the guild jointly promoted a bazaar with profits going to its building fund, Cork Polio and Macroom Youth Club. Ninety attended the 1969 Dinner. A whist drive was held in O'Connell's Bar on October 16.

The 1970s, 'The Women's Decade', witnessed changes of women's lives in Ireland. Heverin ascribes the changes to Ireland joining the European Union in 1973 which was followed by legislation for equal pay and treatment for women, the removal of the marriage working-bar, the introduction of maternity leave, the removal of discrimination or penalization because of pregnancy, the introduction of the Deserted Wife's Allowance and similar measures. ICA members lobbied for and secured inclusion in the Commission on the Status of Women. In one 1969 submission, Leitrim ICA highlighted that women's wages averaged only 53% of men's. The Commission's 1972 report became a benchmark for women's rights and the ICA had played a pivotal role. By 1970, the ICA had a central office in Dublin, two colleges in An Grianán and 26,000 members in twentysix counties. In 1975 membership peaked at 30,000. President Bea Trench, in 1974, called on members, as preservers of the countryside, for re-cycling. Patsy Lawlor succeeded her, with an agenda of 'Health and Welfare, Leadership and Environment'.

Re-building the Macroom ICA Hall was a major task; it was back in use by May, 1974 when it hosted a Mental Health meeting. Old favourite activities such as monthly meetings, card-playing, raffles and bazaars were mixed with new, and some significant events were organized. Among these was a talk on 'Accidents in the Home' by Nurse O'Callaghan, a lecture on the harmful effects of cigarette smoking, a fashion show and the initiation of a weekly producer/consumer market. The Kerryman lauded the Guild's achievements, particularly its actions for charity and interactions with other groups. Cork Federation met in Macroom in June '71, and it was followed by a scoraíocht in October. 140 attended the ICA Social and the Guild sponsored an innovative Career Guidance talk in May 1972. In a crafts 'school', experts taught pottery, floral arrangements and hat-making. A review of the year noted the Guild aided UNICEF, RSPCC, the Spastic Clinic and Cork Mental Welfare Association. Country Markets Limited, an ICA subsidiary met in Macroom in February 1973 at which it decided to hold a weekly producer/consumer market. In contrast, in December, the Guild staged a one-act play, A Wife Late in Life, in the Castle Ballroom, It held its 21st Birthday Party in the Abbey Hotel, which had a large attendance. Strikingly successful was ICA's fashion show which generated excitement, interest, revenue and publicity. The Guild finished its year with a St. Stephen's Night dance in the Castle Ballroom.

Archdeacon O'Connor opened the new Hall in July, '76 with a Mass: many religious, civic dignitaries and officials attended. The opening gave a temporary bounce to the guild and led to a country-market stand being taken at Macroom Show, Mrs Patricia Kelly was President; she and Eileen Collins, Sheila Sheehan, Kathleen Murphy, Joan Kelleher, Peggy Buckley and Katie Dineen became guild doyennes, often rotating officer positions. Anne Twomey, Cork Federation President, attended the Guild's 25th anniversary turkey-supper in the River Inn in 1978. A church gate collection yielded £400. There are no press reports of any activity in 1979. Perhaps the advent of more public discussion of topics on television inhibited either discussing or reporting these matters. Activities were fewer and well removed from the major national women's issues of the day - perhaps this reflected ambivalence or disconnection between rural towns' concerns and Dublin 4 issues.

1980s Ireland saw several changes of government, an economic depression with very high unemployment, large scale emigration, intensification of Northern Ireland violence and a bitter abortion referendum. Women's issues were centre-stage and often arrogated by 'advanced feminists'. The ICA was berated when it kept quiet or castigated for being irrelevant when it spoke. Its membership had dropped to 27,000, its colleges were losing money and its magazine was unsuccessful. ICA President Camilla Harris recruitment drive added 1,500 members and James Creed reversed An Grianán's financial misfortunes. The ICA's beneficent role in society was acknowledged by members' appointments to prestigious commissions and boards. Important issues for the organization were 'education, consumerism, childcare, social welfare, health and family law reform, contraception and family-home protection'. Embracing these issues was slower in rural areas. 'Mamo' McDonald, President 1982-85, stoutly defended the ICA, icily asking: 'Who speaks for women?'

It seemed to her that the radical feminists thought the world and women's issues 'began' in 1970. Macroom's membership dropped in line with national trends.

Reported Macroom ICA activities were less in the 1980s. A successful bazaar run by members in 1980 was its sole press-recorded event that year. Georgina O'Sullivan tellingly gave a demonstration on the use of cheaper cuts of meats ('81): Noreen Moloney won a Cork Federation cookery competition ('82). Katie Dineen became President in 1983, with a mixture of long-standing and new members as officers. In October, the Guild held an Irish Night. The following year, a Craft-Day featured soft-toy making, macramé crochet and lumra (stitched-rugs). Young Armagh GAA players visited in 1985 and Guild members catered. An ICA member for thirty-years, Peggy Buckley stood for Fianna Fáil in the Macroom Urban Council 1985 election on a platform of community activism. Party-political involvement of members was a thorny ICA issue as its principles included being non party-political. The ICA held a social in May, '86 and collected £910 for the Irish Cancer Society. Macroom hosted a meeting of four local guilds in October which advised on An Grianán courses, and a Whitechurch member showed an Irish Kidney Association's video, Macroom's '88 Daffodil Day, organized by the ICA collected £752. A picture of the 1958 ICA Hall blessing was the single press item in 1989. The minute books confirm that Macroom ICA avoided contentious national issues and that the guild was smaller. The latter reflected a countrywide trend. Former Macroom President Katie Dineen ascribes this to a number of factors: the poor state of the economy, increased television-viewing, and golf and bridgeplaying emerging as social outlets. Continued public criticism by fellow women and new-wave feminists cast the ICA in a negative way, adversely affecting recruitment.

Amid a miraculous economic recovery in the 1990s, the Guild had some notable occurrences: Margaret O'Connor won an An Grianán 'Focus on Farming' scholarship in 1991; Macroom, Clondrohid, Kilnamartyra, Ballyvourney and Ballinagree guilds organized joint walks and Macroom had a mystery tour later that year. £1,672 was collected for Daffodil Day the following year. A party in 1993 commemorated the guild's 40th anniversary and the guild organized a trip to Fota. A report in June 1995 asserted that 'the guild was holding its own despite a fall in numbers in recent years'. 1996's social was 'very good' and the officers elected were long-term members - Eileen Collins, Peggy Buckley, Monica Kidd and Chrissie Moloney. Charitable fund-raising continued. In a press controversy about whether unmarried women should be eligible for the Rose of Tralee completion, Katie Dineen, commented that 'I can't see anything wrong with it'. Two items close the reporting on Macroom ICA and cast interesting perspectives: Macroom's Ann Kingston attended a copper craft-session at Kilnamartyra ICA (six miles from Macroom, much younger) and long-term ICA stalwart Sheila Sheehan represented Cork Federation in a golf tournament. Perhaps energy for innovation was waning and 'gazes' turned elsewhere were reflected in these reports?

Using the standards of the ICA, what Macroom ICA accomplished is impressive. This is accentuated when we divide the Guild's activities into social, artictic and cultural, domestic, community and national (even international) subsections. Giving Macroom women a safe and acceptable place to meet, have fun, learn, organize and display and delop their talents was perhaps the Guild's most important achievement. Apart from church activities (for many), cards (for some), dancing and cinema (for some, and mostly young) and pub (very few), social outlets for women were scarce heretofore. Macroom women of all classes responded in big numbers. To hear of women singing, dancing and story-telling in the 1950s Macroom was revelatory. Television in Macroom did not come until the 1960s,

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Macroon ICA informed women on many subjects. It held lectures on art and music, staged a play and debated. The chosen topics stimulated discussion, reflection and got women talking privately and possibly publicly on these matters. Lectures on health matters, athletics and travel were given and Macroom women met foreign women in a novel experience. The ICA guild was a conduit to demonstrate advances in kitchen appliances. New hobbies and skills were taught. Crochet is still practiced in Macroom. Competitions involved household item such as baking and fish-cooking, discussing 'household hints' and 'the most disliked household-chore', subtly allowing discussion about the work/drudgery of being a housewife or single. It was permissible to discuss these things! Market-gardening was encouraged. A consistent feature of Macroom ICA was co-operating with other clubs and organisations. 'Doing-good' was another. The ICA collected for local causes such as schools and for many outside charities. Appearance, clothes, fashion and make-up too were catered-for, innovative in its time for the 'ordinary'

By its actions Macroom ICA acted as a catalyst for much good in Macroom from 1953-1999. It gave women recognition and validation in a space where women could talk, share experiences and learn from each other. Macroompian Professor John A. Murphy spoke of the social stratification of Macroom society - 'everyone knew their place'. Among other things, Macroom ICA helped to fracture some 'glass-ceilings' and classbarriers and succeeded in drawing support from all classes. Maybe much of what it achieved would have occurred anyway but it did not seem like that in 1950s' Macroom. As the evidence shows, Macroom ICA was an important ingredient in initiating and accelerating Macroom's social progress.

The case for the importance and the remakable social good done by Macroom ICA is convincing.

Addendum:

Society of United Irishwomen/Irish Countrywomen's Association NumbersThe figures are taken from Heverin's The Irish Countrywomen's Association A History.

Main Sources:

Macroom ICA Minute Books (courtesy of Mrs Sheila

Year	Branches/Guilds	Members
1911	17	156
1922	49	N/A
1930	27	1,000
1931	18	N/A
1939	78	2,000
1949	234	N/A.
1952	346 (13 town- ass.)	10,000
1970		25,000
1975		30,000
1980		27,000
1995		23,000

Sheehan, R.I.P.); Interviews with Mrs Katie Dineen and Mrs Sheila Sheehan: Newspapers - Cork Examiner, Evening Echo, Southern Star and Corkman: Books, Aileen Heverin, 'The Irish Countrywomen's Association A History' and Diarmuid Ferriter's 'Mothers, Maidens and Myths' and Photos, Dennis Dinneen.



Opening of Macroom ICA Hall in 1958 by Canon O'Connor, Rev. Harbour, Fr James Cronin and Fr O'Donnell. (Dennis Dinneen).



Macroom ICA, 1970. (Dennis Dinneen



The Inish Countrywomen's ass. ellacorom Guild. gon 12 1953 meeting was held in the Jown Hall acroom, on Jan 12 1903 to form a the Smith Country women's associated eris Connect, Organizing Offices, Felland perany and eller Glison were in Seems

Minutes of first meeting of Macroom ICA



ARE YOU A FEMALE LIVING IN THE GAELTACHT LOOKING TO START OR GROW YOUR OWN BUSINESS?

The Empower Cumasú Programme is a free female entrepreneurship programme for female entrepreneurs in the Gaeltacht areas of Mayo, Galway, Donegal, Kerry, Cork, Meath and Waterford. The programme is funded by Údarás na Gaeltachta and delivered by Atlantic Technological University (ATU) Innovation Hubs and the Rubicon Centre at Munster Technological University (MTU).

We are hosting an online seisiún eolais / information session on **Thursday, 4th July at 10:30am.** Interested applicants are invited to attend and learn more about the programme. Scan the QR code below to register.

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Conall Ó Conaill, Údarás na Gaeltachta, Paul Healy, Rubicon Centre, Caroline Ní Nualláin, Gteic Bhéal Átha an Ghaorthaidh, Louise Higgins The Rubicon Centre, Mary-Jo Williams The Rubicon Centre, Maria Horgan The Rubicon Centre MTU, Eibhlín Ní Lionáird Gteic Bhéal Átha an Ghaorthaidh & Iarlaith Ó Tuama, Gteic Bhéal Átha an Ghaorthaidh.



Scan to register for info session

For more information, please contact: **MICHELLE LEE, EMPOWER CUMASÚ PROJECT COORDINATOR:** michelle.lee@atu.ie













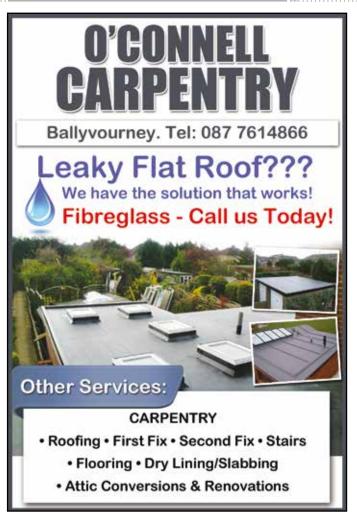


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LEE VALLEY OUTLOOK



Ethan Ó Malmichíl of Finnbar School who won first place at Cork **Athletics**





Dylan Ó Céilleachair will be the main actor on TG4's short films. Ciara & Brid collecting an award for our new school garden on behalf of the Green Schools Committee



Katie Cronin McEgan Senior Branch at the Gaisce Defence Forces Challenge 2024



Macroom Girl Guides accepting a donation from Seamus Hogan of Macroom Credit Union on Thurs 20th June



Clondrohid Parish Active Retired and friends on a little break in Bundoran recently



Paddy Murphy O'Brien, Dromleigh NS, Kilmichael with County Mayor, Cllr. Frank O'Flynn at County Hall for the Muintir na Tire/Cork County and City Councils, Schools' Garden Competition presentation of awards. Picture: Mike English



Micheal Foley when he visited 6th class in Farran, he came in to talk about his book which we have been reading this term called The Children of Croke Park.



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Book Launch "KNOCK KNOCK"

Fiona at the wonderful Leaf and Bower bookshop, Main Street, Ballincollig launched Michelle Teahan's second novel Knock Knock last Friday evening with the help of Claire co-host of the 'Another Chapter' podcast. It was a fantastic evening filled with family, friends, wine, laughs and book chat.

Michelle Teahan is an author from Coachford and her novel Knock Knock is a crime thriller set in a fictional, tight knit, Cork suburb. Described as a nail-biting, spine-tingling and thrilling ride, with a KILLER twist, it is published by Headline Publishing. Michelle's first novel Go Seek has been shortlisted for this years Crime Writers' Association John Creasey/New Blood Dagger award in the UK.

Knock Knock and Go Seek are both available to buy in Leaf and Bower and all other bookshops and available to borrow in local libraries.



Michelle with her daughter's Christina and Johanna





Michelle with her husband John and daughter Johanna



Michelle with her daughter Johanna and friends Lynne, Ciarán, Ann and Amy



Michelle with her daughter's Christina and Johanna, Karen Twomey with

Coffee Morning in Youthreach Macroom



In the photo from left to right Declan Sheehan (District Lions Club Macroom), Ciaran Lynch (AEO from Cork College of FET), Cll. Eileen Lynch, Toyosi Abodiun (Student), Cll. Gobnait Moynihan, Ciara O' Connell (Student), David O' Driscoll (Student), Aislinn Griffin (Youthreach Macroom, Resource Person), Anita & Brian Gallagher, Suyhla Azam (Student).

Youthreach Macroom, Cork College of F.E.T hosted a Coffee Morning for District Lion's Club Macroom representative Declan Sheehan, to hand over funds raised as part of an event last year. On the 5th of December 2023, Youthreach Macroom hosted a "Restart a Heart" CPR fundraiser event in the Townhall with the support of councilor Eileen Lynch.

Brian and Anita Gallagher were amongst the skillful CPR trainers on the day, the students collected up to 20 spot prizes and organized a raffle to raise funds for a charity of their choosing. The fundraiser raised almost €450, and we are delighted to announce that the funds we raised will go to repair an AED Defibrillator in the town of Macroom through Macroom Lions Club.



Vintage Club

Presents Sean Keane in Crooktown Hall on August 10th 2024. Doors open at 7.30pm. Show commences at 8pm. Tickets €30.00 each





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Cork County Senior Football Championship 2024

Muskerry 3-16 Avondhu 3-13

Muskerry footballers got the better of Avondhu in the McCarthy Insurance Group Premier SFC Unseeded section final at Glenville so they now move onto the Seeded section semi-final to play either Duhallow, Carbery or UCC. As Beara and Imokilly withdrew from the competition this was the first game and only game played in the Unseeded section. Muskerry won't play again until the weekend of August 10 next. In what was an exciting affair, Muskerry struck for goals at crucial stages and just got over the line at the end, 2-5 from Cork U20 footballer Ed Myers a major contribution.

Avondhu made the better start as they led 0-4 to 0-1 after seven minutes but Muskerry were level a minute later from an Ed Myers penalty awarded for an off the ball incident. Avondhu went back in front before Liam Wall got a second goal for the Mid Cork men who then went on to lead by 2-4 to 0-8 by the 20th minute. A third Muskerry goal in the 22nd minute from Myers was followed by a Jack O'Donoghue point but Avondhu struck back with a palmed goal after 25 minutes. Muskerry who finished the half strongly and led by 3-9 to 1-9 at the break.

On the restart, a Muskerry point from Liam Wall was answered by 1-1 for Avondhu and after 37 minutes only a goal separated the teams, Muskerry leading by 3-10 to 2-10. Points were twice exchanged before Muskerry extended their lead to six points entering the final stretch, 3-15 to 2-12 but Avondhu battled on and added 1-1 to their tally to cut the deficit to two points before Ed Myers pointed a late free to ease the pressure for Muskerry.

Scorers for Muskerry: E Myers 2-5 (1-0 pen, 0-3 f), L Wall 1-1, L O'Connor 0-3 (0-1 f), L Twohig, D Kelly, A Quinn 0-2 each, J O'Donoghue 0-1.

Muskerry: Joe Creedon (Iveleary); Eoghan Lehane (Canovee), Chris Roche (Naomh Abán), Daniel O'Donovan (Iveleary); Mark Corrigan (Macroom), Michal Cronin (Macroom), Evan Dodd (Canovee); Alan Quinn (Macroom), Jack O'Donoghue (Naomh Abán); Seán O'Riordan (Iveleary), Danny Kelly (Naomh Abán), Liam Wall (Kilmurry); Liam O'Connor (Inniscarra), Ed Myers (Naomh Abán), Liam Twohig (Aghinagh). Subs: Laurence Aisling (Kilmurry) h-t, J O'Dwyer (Inniscarra) 52, Kevin O'Connell (Donoughmore) 56, Donnacha Morrissey (Donoughmore) 60.

County Senior Hurling Championship

Duhallow senior hurlers have withdrawn from the Co Senior championship(Divisions-Unseeded section) after suffering defeat by Carbery who had been themselves beaten well by Muskerry earlier. The result is that Muskerry hurlers are now through to the semi final of the Divisions/Colleges Seeded section, to be played on August 10th/11th next..

2024 All-Ireland senior football championship Sam Maguire Cup - Four groups of four teams Points after Rd 3:

Group 1: Armagh 5, Galway 5, Derry 2, Westmeath 0 Group 2: Dublin 5, Mayo 5, Roscommon 2, Cavan 0 Group 3: Donegal 4, Tyrone 4, Cork 4, Clare 0 Group 4: Kerry 6, Louth 4, Monaghan 2, Meath 0.

Preliminary Quarter finals:

Galway 0-14 Monaghan 0-11 Tyrone 0-12 Roscommon 0-14 Mayo 1-12 Derry 0-15 aet

Mayo 1-12 Derry 0-15 aet (Derry win 4-3 on penalties)

Louth 1 – 9 Cork 1-8

GAA NEWS

All Ireland Quarter Finals

Armagh v Roscommon, Dublin v Galway, Donegal v Louth, Kerry v Derry

Louth 1-9 Cork 1-8

Louth are through to the All-Ireland quarter final for the first time in their history after their one point victory over Cork at Inniskeen in Co Monaghan. It had been 67 years since the Wee county defeated the Rebels in the 1957 All-Ireland final, the last time they had a championship win over Cork, and a reversal of the results in the championships meetings of the last two years.

After a slow start coupled with energy conservation phases of play in very warm weather, Craig Lennon opened the scoring for the hosts in between Cork points from Brian O'Driscoll and Colm O'Callaghan. Cork led for the opening quarter until Sam Mulroy found the range and Ryan Burns swivelled over after some good work from Tommy Durnin. Burns quickly added to his tally. With that burst, Cork crept into the game.

O'Callaghan continued on his stunning form to hit a brace, one of each foot and with three scores in a row Cork took the ascendancy on the scoreboard approaching half time. Better was to come from the Leesiders when Cork full back Daniel O'Mahony flicked an Ian Maguire centre over the stranded Louth goalkeeper after a rapid move down the right wing. A late Louth point made it 1-5 to 0-5 at half time.

On the restart, Louth now playing against the slight wind, were more dominant and had kicked three in a row to level by the 42nd minute at 1-5 to 0-8. Cork could not break through, constantly went cross field and backwards when in possession, and in one sequence actually had possession for over four minutes without ever getting nearer than 45 metres to the Louth goal.

Cork captain Brian Hurley broke the deadlock on 51 but disaster struck at the other end in the 56th minute when a high ball into the Cork goalmouth was not held and popped into the grateful arms of incoming Louth corner back Donal McKenny who planted the ball in the Cork net, 1-8 to 1-6 to Louth now. Powter and Conor Corbett were introduced into the Cork attack and Powter put Eoghan McSweeney clear through on goal on 61 but his shot was blocked, Chris Óg Jones picking up the rebound and sending over and from a fluffed kick out, Jones sent over an equalising point to make it 1-8 apiece, the fifth time the team were level.

Louth kicked two wides, Cork wasted a '45' going short, still level as the game went into 3 minutes of added time. With time almost up, a Louth attack up the left wing ended with a free, Mattie Taylor very harshly adjudged to have fouled, and Louth free taker Sam Mulroy calmly kicked over the winning point from a free.

An emotional pitch invasion showed what this win meant to Louth supporters.

Cork scorers: Colm O'Callaghan 0-3, Daniel O'Mahony 1-0, Chris Óg Jones 0-2, Brian Hurley 0-1, Rory Maguire 0-1, Brian O'Driscoll 0-1.

Cork: Christopher Kelly (Éire Óg); Kevin Flahive, Daniel O'Mahony, Maurice Shanley; Rory Maguire, Tommy Walsh, Matty Taylor; Ian Maguire, Colm O'Callaghan (Éire Óg); Ruairí Deane, Mark Cronin, Brian O'Driscoll; Chris Óg Jones (Iveleary), Brian Hurley, Steven Sherlock. Subs: Thomas Clancy for Walsh (23), Eoghan McSweeney for Deane (51), Seán Powter for Sherlock (57), Conor Corbett for Cronin (60).

Group 3 Rd 3:

Cork 0-17 Tyrone 1-18

Cork footballers, buoyant after an exhilarating display in their win over Donegal in the previous round, disappointed themselves and their supporters with a very moderate display on a double bill with the Cork hurlers at Tullamore. Resulting from the Cork defeat to Tyrone, Donegal, Tyrone and Cork all finished tied on four points at the head of the table, but Donegal's superior scoring difference has clinched top spot for them, the reward for which is qualification for a quarter-final. Cork finish 3rd in the group and now have to play a preliminary game away against Louth to qualify for the quarter final stage of the All Ireland Championship.

Cork had to line out without their injured inspirational captain Brian Hurley, wasted some good first half opportunities but still led by a point a half time, and lost a man to a black card for ten minutes in the second half, a period during which they were severely punished by Tyrone who scored 1-2 before Cork came back to full strength. Ben Cullen's 48th minute goal, the only goal of the game, was the decisive score and the 2021 All-Ireland winners were full value for their win.

Steven Sherlock came into the line up for Hurley, scored 0-8 overall and was heavily involved in an entertaining opening half, shooting three points as Cork led 0-10 to 0-9 at half-time but had kicked five wides, another dropped short and Chris Og Jones struck a post. Jones had three points from play in an opening half that was level seven times.

Tyrone stamped their authority on the game in the third quarter, capitalising on the 43rd minute black carding of Cork's Jones for a silly trip on Morgan. The game was level at 0-11 apiece when Jones left and when he returned 10 minutes later, Tyrone were 1-13 to 0-13 ahead.

Cullen did brilliantly for his goal, exchanging a series of passes with Ciaran Daly down the right before cutting in and firing to the net. Darragh Canavan and McCurry added points to leave Tyrone five clear but lost a man to a red card in the 63rd minute. Tyrone took the setback in their stride, tagging on points to win with four to spare and, in truth, never looked like being reeled in.

Scorers for Cork: Steven Sherlock 0-8 (6fs), Mark Cronin 0-4 (2fs), Chris Og Jones 0-3, Brian O'Driscoll

Cork: Christopher Kelly (Éire Óg); Kevin Flahive, Daniel O'Mahony, Tommy Walsh; Maurice Shanley, Rory Maguire, Matty Taylor; Ian Maguire, Colm O'Callaghan(Éire Óg); Seáan Powter, Paul Walsh, Brian O'Driscoll; Mark Cronin, Steven Sherlock, Chris Og Jones (Íveleary). Subs: Ruairí Deane for Powter 49, Conor Corbett for Walsh 54, Seán Meehan for Flahive 66, Cathail O'Mahony for Cronin 68, Killian O'Hanlon for O'Driscoll 70.

HURLING

Munster Hurling Championship 2024 – Round Robin

April 21st Waterford 2-25 Cork 1-25

April 28th Cork 3-24 Clare 3-26

May 11th Cork 3-28 Limerick 3-26

May 19th Tipperary 1-20 Cork 4-30

Final Round Robin points: Limerick 6, Clare 6, Cork 4, Waterford 3, Tipperary 1.

Munster Final: Limerick 1-26 Clare 1-20 All Ireland Preliminary Quarter Final:

Cork 4-25 Offaly 3-19

With just 15 minutes to go in Tullamore, and only six

SPORTS MAD

points between the teams, Offaly wing-forward Oisín Kelly bore down on the Cork goals. Cork goalkeeper Patrick Collins saved superbly though and about 60 seconds later Pat Horgan had the ball in the net at the other end of the pitch, propelling Cork nine points clear. That was the margin that ultimately separated the teams and while three more goals flew in after that Horgan strike, two from Offaly in stoppage time, it was the veteran Glen Rovers man that once again gave his team room to breathe.

Horgan finished with 1-10 while Shane Barrett, Brian Hayes and Robbie O'Flynn also got among the goals, helping Cork to secure a win that guarantees a quarter-final shot at Dublin.

Brian Hayes had Cork off to a brilliant start with a third minute Cork goal yet Offaly were shortly back on level terms at 0-3 to 1-0 and they gave the home supporters plenty to get excited about in an entertaining first-half. Still Cork with the aid of a Shane Barrett goal in the 22nd minute led 2-15 to 0-13 up at the interval, an eight-point lead which slightly flattered Cork though they were certainly the better team. Barrett finished the first-half with 1-3. Horgan, who began the day 23 points behind TJ Reid in the all-time Championship scoring charts, drilled seven first-half points An Offaly goal seven minutes after the restart gave the home side a boost leaving just five points between them and that margin, remained in place entering the final quarter, 2-20 to 1-18. Then came a turning point, Cork goalkeeper Patrick Collins superbly denying Kelly a goal and Horgan then exchanging passes with Hayes and striking to the net at the other end.

Cork had moved 3-21 to 1-18 clear to the relief of their large contingent of supporters but the Rebels conceded two goals in the dying minutes to leave management unhappy, Manager Pat Ryan describing the performance as 'sloppy' and calling for a significant improvement against the Dubs.

Scorers for Cork: Pat Horgan 1-10 (7fs, 2 65s), Shane Barrett 1-4, Brian Hayes 1-1, Declan Dalton 0-4 (1f), Robbie O'Flynn 1-0, Darragh Fitzgibbon 0-3, Niall O'Leary 0-1, Conor Lehane 0-1, Shane Kingston 0-1. Cork: Patrick Collins; Niall O'Leary, Eoin Downey, Seán O'Donoghue (Inniscarra); Tim O'Mahony, Robert Downey, Mark Coleman (Blarney); Ciarán Joyce, Darragh Fitzgibbon; Declan Dalton, Shane Barrett (Blarney), Conor Lehane; Patrick Horgan, Alan Connolly, Brian Hayes. Subs: Shane Kingston for Connolly 44, Luke Meade for Barrett 55, Pádraig Power (Blarney) for Lehane 63, Jack O'Connor for Hayes 64, Robbie O'Flynn for Dalton 67.

All Ireland SH Quarter final: Cork 0-26 Dublin 0-21

Cork hurlers are through to the All-Ireland semifinal, but a second consecutive sloppy display has dulled lot of the shine produced in their earlier wins over Limerick and Tipperary that saved their season a month ago. A game that had been largely lifeless and bloodless ended with Cork defending a little desperately and Dublin finally realising that there was less to be afraid of than they had probably imagined. Cork had started clearing their bench midway through the second half and their already flawed performance became fractured. Dublin ran hard at Cork in the final ten minutes and found more space than any functioning defence would countenance. Cork, though, were all over the place by then and Dublin went hunting for goals. Ronan Hayes blazed one shot wide, and Donal Burke had a free saved on the line by Niall O'Leary.

In fairness, Cork did enough in the second and third quarters to remove any doubt about the outcome and at one stage early in the second half they pulled nine points clear.

With a 10-point haul Patrick Horgan drew level with TJ Reid at the top of the all-time scorers charts, but he was the only one of Cork's inside forward line to have a productive afternoon.

Cork were expected to beat Dublin and may have been complacent, just as they were in their disastrous Munster championship opener against Waterford in April and two weeks ago against Offaly. They will now go into the All Ireland semi final against Limerick as outsiders despite having beaten the champions in Munster. Maybe they are better off with a point to After their annihilation in the Leinster final Dublin cleared their heads but Donal Burke, their top scorer and one of the best free takers in the country, had a meltdown from dead balls and after his fourth missed free the responsibility was passed to Sean Currie.

Unlike the Leinster final Dublin settled into the game. without much objection from Cork. Dublin's passing was more accurate and not as stressed as it had been against Kilkenny and, early on especially, Cork gave them room to settle on the ball.

Dublin matched Cork score for score in the opening 15 minutes as Cork were not focussed but they improved as the half wore on. Shane Barrett was a constant menace and his wing men, Declan Dalton and Seamus Harnedy, were productive too. The full forward line though was largely ineffective - hence no goals for the first time this summer and they created just a couple of goal scoring chances, two to Pat Horgan in the first half which he would have converted had he been his normal sharp self.

Cork did not take the lead for the first time until the 10th minute and by half-time they were five points clear, 0-15 to 0-10, and when they rattled off opening four points of the second half without reply it looked like they might streak clear. But they went eight minutes without a score in the middle of the second half, and a game that had been drifting towards an inevitable end took an unexpected turn. Dublin's got a bounce from their bench and by the end, there were two teams wondering how much better they could have been.

Cork: P Collins, N O'Leary, E Downey, Seán O'Donoghue: T O'Mahony, C Joyce, Mark Coleman: D Fitzgibbon 0-2, L Meade 0-1: D Dalton 0-6 (0-3f), Shane Barrett 0-2, S Harnedy 0-2: P Horgan 0-10 (0-7f), A Connolly, B Hayes 0-1. Subs: S Kingston for Harnedy 49 mins; T O'Connell for Meade 49 mins; G Millerick for Fitzgibbon 60 mins; R O'Flynn 0-2 for Hayes 61 mins; C Lehane for Connolly 67 mins Robert Downey was unavailable due to illness, Luke Meade came on at midfield with Ciarán Joyce taking Downey's place at centre back.

2024 TG4 All Ireland LFGA Championship

In the TG4 All Ireland series there were four groups: Group 1 features Ulster champions Armagh, Meath and Tipperary Group 2 has Munster champions Kerry, who were TG4 All-Ireland Senior finalists in 2022 and 2023 alongside Donegal and Waterford. Group 3 contains Galway, the Connacht champions, who will play Cork and Laois.

Group 4 features defending champions Dublin, aiming for back-to-back titles, alongside Mayo and Kildare.

Cork 1-12 Galway 1-10

Cork are through to the TG4 All-Ireland Senior Football Championship quarter-finals following a pulsating win over Galway at MTU Cork.

Ava McAuliffe fisted the game's opening score and Katie Quirke doubled Cork's lead from a free shortly after, a Galway free yielded them an opening point, McAuliffe got a second and Cork led 0-3 to 0-2 when Daire Kiely came forward to score. Galway drew level, points were exchanged and then came a major turning point as Cork captain Màire O'Callaghan crashed a shot off an upright, Galway cleared the danger and had a point to take the lead for the first time. Galway then had a point, followed up with a smashing goal and led by 1-7 to 0-5. Bravely Cork : fought back and a pair of converted Katie Quirke frees left a goal between the sides at half time at 1-7

On the restart, points from frees were exchanged, but defences were on top at both ends.

Katie Quirke added her fifth point in very windy conditions, Cork were denied a goal but substitute Hannah Looney found the net in the 47th minute to make it 1-9 to 1-8 after 47 minutes, Cork one ahead. He teams swapped points to keep the bare minimum between the sides with 10 minutes left and Rachel Leahy had a vital Cork point before Katie Quirke pushed a resurgent Cork three clear. A late Galway point left Cork two clear at the finish

and a home All-Ireland quarter-final berth secured.. Cork: S Murphy; Melissa Duggan, S Kelly, S Leahy; Sorcha McGoldrick, A Healy, Daire Kiely (0-1); Máire O'Callaghan (capt.), A O'Mahony; Emma Cleary, Laura O'Mahony, Amy McDonagh; Ava McAuliffe (0-3), Katie Quirke (0-7, 5f), Rachel Leahy (0-1). Subs: S Cronin for McGoldrick (ht), Hannah Looney (1-0) for O'Mahony (43), E Kiely for Cleary (46), A Ryan for Kiely (53), K Smith for McDonagh (59).

2024 TG4 All-Ireland Senior Championship quarterfinal draw 1st team named in each instance with home advantage and ties due to be played on

weekend of Saturday/Sunday July 6/7 2024.

1 Kerry v Meath 3 Armagh v Mayo

2 Cork v Waterford 4 Dublin v Galway

Semi-finals: Winner QF 1 v winner QF 3; Winner QF 2 v winner QF 4 Semi-finals to be played on Saturday July 20 at Glenisk O'Connor Park, Tullamore.

Relegation: Tipperary v Laois, Donegal v Kildare The winners of the above fixtures will play Senior Championship Football in 2025.

The losers of the above games will play off against each other, with the losers of this fixture relegated to the Intermediate Championship for 2025.

Camogie

Glen Dimplex All-Ireland Camogie Championship

Round 4: Group 2: Cork 4-22 Dublin 0-5

Defending champions Cork continued their superb winning run in the Glen Dimplex All-Ireland senior camogie championship at SuperValu Páirc Uí Chaoimh with a resounding victory over Dublin. They are top of the table, and unbeaten, which sets up a mouth-watering tie this weekend at home to Galway for a spot in the semi-final.

Cork were in fine form, magnificent in attack and

SPORTS MAD

unyielding in defence.

With the second and third placed teams in Group 1 and Group 2 battling out for a quarter-final position, Division 1B league champions Dublin, remain in the hunt but this 29 point defeat will not do their confidence any good.

Last year's captain Amy O'Connor led the Cork scoring (2-7) and they had nine different scorers overall.

There were two alterations to the Cork team before throw-in with Orlaith Cahalane (carrying a knock) and Izzy O'Regan (injured) replaced by Cliona Healy and Hannah Looney. Orlaith's sister Meabh Cahalane is also on the injured list.

Cork were in devastating form from the throw in and Amy O'Connor, who finished with 2-7 to her credit, had her first goal after four minutes and the Rebels never let up afterwards. Points followed from Saoirse McCarthy, O'Connor, Cliona Healy and Fiona Keating before Cork struck for a second goal, Aghabullogue's Cliona Healy setting up a goal for Katrina Mackey, making it 2-5 to 0-2 on the quarter hour mark. An injury time goal from Amy O'Connor made it 3-11 to 0-3 ahead at the break and despite Cork's treble substitution in the 40th minute there was no lessening in effort. Cork sub Ciara O'Sullivan had the fourth Cork goal near the end.

Scorers for Cork: A O'Connor 2-7 (0-5 f, 0-1 45), K Mackey 1-5 (0-4 f), C O'Sullivan 1-0, C Healy and F Keating 0-3 each, S McCarthy, L Hayes, A Thompson and S McCartan 0-1 each.

A Lee; Maebh Murphy (Ballinora), N Cork: O'Callaghan, P Mackey; H Looney, L Treacy, L Hayes; A Thompson, A Healy; S McCarthy, F Keating, Cliona Healy (Aghabullogue); A O'Connor, K Mackey, S McCartan. Subs: C Finn for S McCartan, C O'Sullivan for S McCarthy, G Cahalane for L Treacy (all 40), R Harty for A Healy (46), O Cahalane for A O'Connor (50).

Present placings (one round to go):

Group One: Tipperary 12, Kilkenny 10, Derry 6, Waterford 7, Limerick 0, Antrim 0 Group Two: Cork 12, Galway 10, Dublin 6, Clare 3, Wexford 4, Down 0

Tom Creedon Cup 2024

Semi Finals: Macroom v Ilen Rovers, Boherbue v Adrigole

Cork Masters GAA

The Cork Masters (for Over 40s) football team In total, there are 25 teams. The first four in their league go into the semi-finals of the Dr Mick Loftus competition. The next four teams will play in the Shield semifinals, then the next four play off in the semi-finals of the Plate, then there is a Challenge Cup and finally another four face off in the Spirit Cup competition. The season runs from the second week of May until around the middle of September.

In the latest game against Limerick in Rd 3, Cork won on a 0-18 to 0-13 scoreline. Aidan Corkery Donoughmore was at corner back, Andrew Murphy Ballincollig at wing back, Ger McSweeney Iveleary at corner forward and scored 0-5, 0-1 from a free. Rob Oldham, Iveleary is a selector.

Extended Panel includes Diarmuid Holland (Macroom), James Kelleher (Clondrohid), Tadgh Sheehan (Macroom).

McCarthy Insurances County Football Leagues Final placings after nine rounds:

Top two teams qualify for Division Final and get promoted: bottom two demoted to lower division. Division 1: Nemo Rangers 15, Carrigaline 12, St Finbarrs 11, Cill na Martra 11, Newcestown 10, Castlehaven 9, Éire Óg 8, Douglas 6, Carbery Rangers 6, Ballincollig 2.

Division Two: Clonakilty 16, St Michaels 14, Béal Átha'n Ghaorthaidh 13, Knocknagree 10, Valley Rovers 10, Dohenys 10, O'Donovan Rossa 8, Fermoy 5, Kiskeam 2, Clyda Rovers 0.

Division Three: Kanturk 15, Castletownbere 14, Mallow 12, Bishopstown 10, Rockchapel 9, Newmarket 8, Aghada 7, Kilshannig 7, Macroom 6, Nemo Rangers 2.

Division Four: Naomh Abán 14, Iveleary 13, Glanmire 13, Aghabullogue 12, Boherbue 11, Bandon 8, St Vincents 8, Bantry Blues 7, Ilen Rovers 4, Glanworth 0 Division Five: Buttevant 18, Adrigole 14, Kilmurry 12 (Rd 9 v Millstreet to play), Mitchelstown 7, Kinsale 7, Glenville 6, Ballydesmond 6, Millstreet 6, Dromtariffe 6, Na Piarsaigh 2.

Division Six: Gabriel Rangers 12, Ballinora 12, Aghinagh 9, Cobh 9, Kildorrery 6, Mayfield 6, St Nicks 0, St Michaels 0 Division Seven: Canovee 12, Cullen 12, Castlemagner 10, Argideen Rangers 6, St James 6, Urhan 4, Ballyhooley 2, St Finbarrs 2

Div 1: Éire Óg v Castlehaven conceded by Castlehaven, Cill na Martra v Newcestown, conceded by Newcestown in final round.

Div 3: Macroom 1-11 Castletownbere 0-15

Castletownbere took the league points, a place in the Div 3 league final and gained promotion to Div Two for next season as a result of this narrow win over Macroom at the Castle Grounds. For Macroom, defeat means they will be playing in Division Four next season.

Castletown were leading by 0-3 before Sean Kiely got an opening point for Macroom in the a15th minute, Dylan Twomey kicked a second point for the home side a minute later. Points were twice exchanged, Tony Dineen and Sean Kiely for Macroom before CTB finished the first half scoring to leave the Beara men 0-6 to 0-4 in front at the interval.

Castletown increased their advantage with a point on the restart before Eoin O'Mahony flicked on a high ball in to Dylan Twomey on the run and the latter buried the ball in the CTB net to level the scores. Points were exchanged, Pa Lucey from a Macroom '45', and the visitors kicked three points in a row to lead by 0-11 to 1-5 by the 40th minute. Alan Quinn had a point from a Macroom free, CTB hit back with another three points in a row, 0-14 to 1-6 in the 47th

In the last 12 minutes, Macroom outscored Castletown by 0-5 to 0-1 but were still a point adrift when the final whistle blew.

Macroom: Brendan O'Connell: Ger Angland, Rory Buckley, Don Creedon: Mark Hunt, Mark Corrigan, Caleb Dinneen: Tony Dineen, Patrick Lucey: Cormac Buckley, Seán Kiely, Alan Quinn: Michael Cronin, Eoin O'Mahony, Dylan Twomey

Div 4: Rd 9 results: N Abán 0-9 Bantry 0-9: Iveleary 0-18 Boherbue 0-17: Aghabullogue 3-14 Vincents 0-6

N Aban 0-9 Bantry Blues 0-9: Naomh Abán gained a precious point and finish top of Div Four as a result. Iveleary 0-18 Boherbue 0-17: Iveleary took the league points and as a result get promoted by finishing in second place in the table and will meet Naomh Abán in the Div Four league final. This game was close all through the first half at the end of which the teams were level at 0-9 each. Boherbue got on top in the third quarter and were leading by 0-17 to 0-14 entering the closing stages but Iveleary mounted a sustained period of pressure and scored four points without reply, the winning point coming from Seán O'Leary.

Iveleary scorers: Brian Cronin and Ian Jones 0-6 ach: Kevin Manning 0-2, Seán O'Riordan, Sam Pickering, Aaron O'Donovan and Seán O'Leary 0-1 each. and Iveleary: Brian O'Riordan: Barry Murphy, Daniel O'Riordan, Josh Pickering: Kevin Manning, Seán O'Leary, Kevin Jones: Brian Cronin, Barry O'Leary: Aaron O'Donovan, Liam Kearney, Seán O'Riordan: James O'Donovan, Sam Pickering, Ian Jones.

Div 6: Ballinora 1-19 Kildorrery 1-11, Mayfield 2-7 Aghinagh 5-20 Ballinora finish in second place in the league table, gain promotion to Div 5 for next season and will meet Gabriel Rangers in the Div Six final.

Div 7: Canovee 1-18 Argideen Rangers 0-11, Urhan 1-12 Canovee 3-12

Canovee won their last two league games to win promotion to Div Six for next season and will contest this year's league final against Cullen.

Canovee 1-18 Argideen Rangers 0-11

When Canovee faced Argideen Rangers at Carrigadrohid the points were vital to both sides if they wished to make the final. When the final whistle blew, Canovee had clearly demonstrated their superiority and Argideen were left without anything to play for in their final game, which they later conceded to Castlemagner. Canovee had to travel to Urhan to play the local side and this they duly did and emerged victors with two goals to spare and so will contest the final against Cullen.

Argideen managed to stay in touch with Canovee for the opening quarter, at the end of which Canovee led by 0-5 to 0-3. By half time Canovee were emerging as the likely winners and enjoyed a lead of 0-9 to 0-5. On the resumption the teams exchanged points on three occasions before Canovee added three unanswered points to their tally through Mark Healy and Jack Kelleher and when Argideen replied with a point, Canovee added three more and delivered a late knock-out blow when James Moynihan fired home a penalty.

Canovee: Ben Cheasty: Cian Cronin, Michael Dunne, Blake Ring: Shane O'Riordan, Ryan Delaney, Eoghan Lehane: Mark Healy, Aidan Murphy: James Moynihan, Tomas Óg Twomey, Kieran Walsh: Paudie O'Leary, Jack Kelleher, Daire McMahon. Subs: Paul Healy, Ciarán Canty, Jack Murphy, Denis O'Sullivan, James O'Neill, John Curtin.

Referee: Mr Luke Knight, Kilmurry

Roinn Mhuscraí CLG

EPH Controls Football Leagues Division 1

Inniscarra 10, Grenagh 10, Donoughmore 10, Béal Átha'n Ghaorthaidh 7, Ballincollig 6, Clondrohid 6, Kilmichael 4, Éire Óg 3, Division Two East Aghabullogue 12, Dripsey 10, Ballinora 8, Blarney 8, Donoughmore B 6, Inniscarra B 4, Ballincollig B 4, Éire Óg B 2 Division Two West Kilmurry 12, Aghinagh 11, Naomh Abán 10, Cill na Martra 8, Canovee 6, Uibh Laoire 6, Macroom 3, Béal Átha'n Ghaorthaidh B 0 Div 2 Play Off: Aghabullogue v Aghinagh: Kilmurry v Dripsey Division Three Naomh Abán 10, Gleann na Laoi 8, Macroom 8, Ballincollig 6, Kilmichael 5, Inniscarra 4, Grenagh 3, Béal Átha'n Ghaorthaidh 2 Division Four Div 4 FL - 4 teams, 3 games, Top 2 placed teams will play final - Commencement date 23rd June Dripsey, Clondrohid, Canovee, Blarney



HURLING

Cumnor Construction Division 1

Grenagh 12, Donoughmore 9, Dripsey 7, Inniscarra 6, Blarney 6, Ballincollig 4, Éire Óg 2, Aghabullogue 2 Erneside Engineering Division Two

Kilmichael 11, Cloughduv 10, Uibh Laoire 9, Éire Óg 7, Inniscarra 6, Grenagh 5, Blarney 2, Gleann na Laoi 0 Erneside Engineering Division 3

Ballinora 8, Lough Rovers 4, Donoughmore 2 , Laochra Óg 2, Ballincollig 0

Red FM County Hurling Leagues One round to go - Div One

League Table: Charleville 12, Sarsfields 11, Blackrock 11, Glen Rovers 10, Douglas 8, Carrigtwohill and Fr O'Neills 7each, Kanturk 6, Na Piarsaigh 4 Ballincollig 4.

Div Two - League Table: Midleton 14, Carrigaline 13, St Finbarrs 12, Éire Óg 8, Killeagh 7, Erin's Own 7, Courcey Rvrs 6, Newtownshandrum 6, Bride Rovers 5, Fermoy 4.

Div Three: League Table: Ballymartle 15, Newcestown 11, Valleys 11, Ballinhassig 9, Mallow 9, Castlelyons 8, Blarney 6, Blackrock 6, Inniscarra 4, Bishopstown 1.

Div Four: League Table: Lisgoold 13, Russell Rvrs 12, Cloughduv 9, Youghal 9, St Catherine's 8, Kildorrery 7, Kilworth, Ballyhea and Bandon 6 each, Milford 2.

Div Five: League Placing: Watergrasshill 14, Tracton 11, Aghabullogue 10, Dungourney 9, Mayfield 8, Midleton 7, Ballygarvan 6, Castlemartyr 6, Cloyne 5, Argideen 4.

Div Six: No Mid Cork teams

Div Seven: League Table: Nemo Rangers 8, Kinsale 8, Ballinora 8, Ballinascarthy 8, St Finbarrs 7, Meelin 6, Douglas 3, Kilshannig 0

2024 Cork County Football Championship – Opening round

July 26th -28th Club F Cship R1 McCarthy Insurance Group Football C'ship R1

Fri, July 26th @7.45pm PSFC R1 Nemo Rangers v Ballincollig in Ballymaw

Fri, July 26th @7.45pm PSFC R1 St Finbarr's v Douglas in Carrigaline

Fri, July 26th @7.45pm PSFC R1 Newcestown v Éire Óg in Cloughduv

Fri, July 26th @7.45pm PSFC R1 Valley Rovers v Mallow in Glenville

Fri, July 26th @7.45pm PSFC R1 Castlehaven v Clonakilty in Rosscarbery

Fri, July 26th @7.45pm SAFC R1 Dohenys v Kanturk in Macroom

Fri, July 26th @7.45pm IAFC R1 Mitchelstown v St Vincents in Rathcormac

Fri, July 26th @7.45pm IAFC R1 Na Piarsaigh v Boherbue in Glantane

Fri, July 26th @7.45pm PJFC R1 Kinsale v Ballydesmond in Donoughmore

Sat, July 27th @5pm SAFC R1 Cill na Martra v Kiskeam in Clondrohid

Sat, July 27th @5.30pm SAFC R1 Carrigaline v Béal Áth an Ghaorthaidh in Kilmurry

Sat, July 27th @5.30pm SAFC R1 O'Donovan Rossa v Fermoy in Bandon

Sat, July 27th @5.30pm SAFC R1 Clyda Rovers v

Bishopstown in Blarney

Sat, July 27th @5.30pm PIFC R1 Castletownbere v Kilshannig in Castletownkenneigh

Sat, July 27th @5.30pm IAFC R1 Glanworth v Ballinora in Mayfield

Sat, July 27th @5.30pm IAFC R1 Dromtarriffe v Adrigole in Ballyvourney

Sat, July 27th @5.30pm IAFC R1 Kildorrery v Gabriel Rangers in Ovens

Sat, July 27th @5.30pm PJFC R1 Canovee v St James in Newcestown

Sat, July 27th @7.30pm PSFC R1 Carbery Rangers v St Michael's in Brinny

Sat, July 27th @7.30pm SAFC R1 Newmarket v Knocknagree in Ballydesmond

Sat, July 27th @7.30pm PJFC R1 Glenville v Cullen in Doneraile

Sat, July 27th @7.30pm PJFC R1 Urhan v Millstreet in Inchageela

Sun, July 28th @7.30pm PIFC R1 Ilen Rovers v Uibh

Laoire in Dunmanway
Sun, July 28th @7.30pm PIFC R1 Rockchapel v

Macroom in Dromtarriffe Sun, July 28th @7.30pm PIFC R1 Aghada v

Aghabullogue in Ballincollig Sun, July 28th @7.30pm PIFC R1 Bantry Blues v Nemo

Rangers in Enniskeane Sun, July 28th @7.30pm PIFC R1 Naomh Abán v

Bandon in Carrigadrohid Sun, July 28th @7.30pm IAFC R1 St Finbarr's v Glanmire in St Vincent's

Sun, July 28th @7.30pm PJFC R1 Buttevant v St Nick's in Killavullen

Sun, July 28th @7.30pm PJFC R1 Kilmurry v Cobh in Ballyanley



Naomh Fionnbarra U13 girls who have qualified for the Mid Cork U13C final!



Naomh Fionnbarra players Siun Cronin & Hannah Sweeney, who had a very successful year with the Cork U14A team, well done!

Aghinagh GAA club would like to congratulate the U11 team who recently took part in the

Brian Cronin Memorial U11 Football Blitz hosted by Dromtarriffe Juvenile GAA Club. This event is run over two weekends. Day 1 Aghinagh came out on the winning side for all 3 of their games, beating Glenville, Duarigle Gaels & Croke Rovers. After qualifying for the cup, we overcame Clyda Rovers & Clondrohid but unfortunately lost out to a balanced Macroom side who won out the competition.

Enormous courage, team spirit & composure was on display over both weekends. We look forward to many years of terrific football from this fine group of players

AGHINAGH GAA



Aghinagh U11 team who recently took part in the Brian Cronin Memorial U11 Football Blitz hosted by Dromtarriff GAA club.

SPORTS MAD

U18 C3 League

Macroom hosted Clonakilty on Friday 14th June in a sunny Tom Creedon Park. Both sides played some excellent football with some lovely scores taken. After a very tight first half where Macroom found it hard to break down a good Clonakilty defence, Macroom took control in the second half thanks in the main to some strong defending and a really strong midfield duo of Jack O'Shea and Jamie Murphy. The forwards started making their mark on the game with Odhran Creed and Jack Leavy to the fore.

Macroom running out comfortable winners on a scoreline of Macroom 2.13 Clonakilty 0.09.

Scorers Odhran Creed 0.4, Charlie Magee 0.3, Jamie Murphy 1.1, Jack Leavy 1.1, David Neville 0.2, Jack O'Shea 0.1, Rory O'Shea 0.1

Team: Cian O'Sullivan, Martin Fitzgerald, Donagh Murray, Shane McCarthy, Jack White, Cathal Neville, Regan Wong, Jamie Murphy, Jack O'Shea, Euan Molyneaux, Odhran Creed, Michael Olskey, Charlie Magee, Jack Leavy, David Neville, Darragh O'Donovan, Coran Burns, Robert Fitzgerald, Rory O'Shea, Robert Fitzgerald

U10

2 Macroom U10s teams had 3 Go Games vs Argrideen Rangers and Ballinascarthy. These were 3 very competitive games and some lovely football played, great to see the boys coming on so much this year. Well done to all.

MACROOM GAA

Macroom u11s travelled to Dromtariffe to take part in the Brian Cronin Memorial blitz over the past 2 weekends. On the first day they played games vs St Peters, Canovee and Newmarket and topped their group to qualify for the cup competition the following weekend.

This past weekend, they played some hugely competitive games vs Clondrohid, Aghinagh & Clyda Rovers and managed to top the group and qualify for the cup final where Duarigle Gaels were the opposition. A strong first half where 4 goals were scored laid the platform for a strong Macroom win and ensured that the cup was won by Macroom for the first time. Joint captains Eoghan Kelly & Liam Bourke accepted the cup on behalf of the winning Macroom team.

This is a fantastic tournament very well organised by Dromtariffe GAA every year since 1997. It took a great effort by the entire squad of 20 players to ensure they came out on top of the 16 teams entered. They are a great bunch of young lads who are improving greatly the last couple of years and they have a huge future ahead of them.

Macroom hosted Carrigtwohill on a warm Sunday afternoon in the Tom Creedon park.Macroom were missing a good few players due to holidays and illness but battled gamely throughout. At half-time the score was 2.2 to 2.4 in favour of Carrigtwohill. As

the second half wore on the power and athleticism of the visitors began to tell and they ran out comfortable winners in the end.A battling performance from Macroom who couldn't be faulted for effort.

Team: Keenan Deasy Alex o Callaghan Noah Moss Sean Bourke Cian Kelleher Con Moss Oscar Grace David Twomey Madiik Krzepina Eoin Kelly Conor Angland Eoghan o Sullivan Luke Kelly Dara Creed Bobby o Brien Peadar Creedon Dara Kelleher Nathan Meyler

U15 Division 1 League

Macroom resumed their league campaign on Thursday evening last against Canovee in Tom Creedon Park. Macroom led by three at half time and a strong start to the second half saw them establish an eight point lead with time running out however Canovee got two late goals to ensure a nervy finish but the lads held their nerve to win on a scoreline of 3 12 to 4 07.

Team Ben Ronan, Micheal Deasy, Michael Kelleher, David Condon, Ciaran Murray, Ultan O Tuama, Dan Lyons, Dylan O Shea, Donagh Moss, Ronan O Sullivan, Aled Hopkins, Ronan Duggan, Michael Dunne, Michael Cregan, Alex Waugh, Daniel Lucey, Conor Coughlan, David Bradley, Ryan Mahunutsha, Oliwier Krzepina. Scorers Michael Dunne 1-05, Ronan Duggan 1-1, Daniel Lucey 1-00, Michael Cregan 0-03, Ultan O Tuama, Alex Waugh, & Dylan O Shea 0-01



Macroom U18 C3 League v Clonakilty



Macroom U11 at Brian Cronin Tournament in Dromtarriffe



Macroom U10 at Go Games



Macroom U13 v Carrigtwohill



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LAOCHRA ÓG HURLING & CAMOGIE NOTES

11th June 2024

Our U11 hurling team took to our home grounds being the first team to play on our new pitch. It was an amazing evening with stunning views on display as well as great skills and team work shown by both sides. Playing Cloughduv Hurling Club always brings a tough game but our U11s showed great determination, drive and hurling skills to hold their own. Thanks to Cloughduv for traveling and to all our supporters for showing up on the night .

Our u13 hurlers put up 2 fantastic games on an incredible Dr. Crokes football pitch in Killarney on Saturday the 8th June. First game up was a hardy Rathmore side with some fine hurlers but were overcome by a stronger Laochra Og team gunning for the win and winning well in the end. Next up was an equally hardy side Dr. Crokes and gave the boys a great battle but didn't have enough and were ultimately beaten by a fantastic display from the Laochra Og lads. This team showed great character and discipline all through both matches and were complimented by 3 u10 hurlers Darragh Morris, Charlie O Driscoll and Colm Og O Leary who played outstanding hurling in both games. A big thanks to Dr. Crokes who were gracious hosts on the day and put on a great spread for us all after the games. Thanks to Frank O Driscoll for helping out managing the lads.

18th June 2024

Phenomenal effort last night from our under 12 hurlers who put up a massive battle against an



U13 Camogie Muskerry Sheild v Grenagh 21st June 2024 01

equally strong Cloughduv team. But the boys kept battling all the way to the end and with some fantastic points and free taking, came out the winners in the end. A special thanks to our support from the mums and dads on the sideline which brought the best out in the boys in the game. We would like to thank Cloughduv also for coming out and giving us a tough and competitive match.

21st June 2024

Congratulations to the u13 camoige girls they took to the pitch in Castle Road last night against Grenagh for the Muskerry Shield Final , a tough game was played and lead by captain Emma they came away with a victory well done to all the Girls .Thanks to all the parents and supporters last night you added to the occasion. Thanks to coach Terry and to the backroom team Sandra. Hannah and Nina for looking after the girls.

22nd June 2024

U6 and U7 hurling blitz took place in Millstreet. Great skill displayed by all.



U7 and U8 Hurling Blitz in Millstreet 22nd June 2024 01



U12 Hurlers v Cloughduv 18th June 2024 02



U11 Hurlers v Cloughduv 11th June 2024 01



U13 Hurlers v Dr. Crokes 11th June 2024



MACROOM SOCCER

Schoolboys Success

Macroom FC are delighted with the progress made by our schoolboys at the end of a long season. Many cancellations during the winter meant that a large number of sides were still playing into mid June but at this point the schoolboys season has now been completed. Our U13A boys are league champions. The amassed a whopping 44 points from 18 league games (14 wins, 2 draws and 2 defeats) to take the title by 3 points from nearest rivals Lakewood Athletic. Well done to all players and their coaches Alan O' Brien, Stephanie Murnane, John Murphy and Eugene Van Straalen on a fantastic season. At U14 level two of our three teams have been promoted. The U14B side had a brilliant year and finished third, thus gaining promotion. This team have made huge strides in recent seasons and their excellent coaches David McSweeney, Tony Kelleher and Noel Lyons are rightly proud of the achievements of this team. Well done to all players. Our U14 Div 2 side came agonisingly short in the league title race and finished runners up to a good Kinsale side. This team started out in Div 3 at U12 level so have made steady progress. They now find themselves entering Div 1 next season which is really good for their development. It was a fine season from the entire squad who are managed by Paul Coleman and Darragh Deasy. Our U15 Div 3 lads also came close to the league title but will settle for runners up spot and another promotion. This was a two horse race and Blarney Utd just pipped Macroom at the post, great stuff from all players and well done to this management team, a family affair with John and Craig Ronan at the helm. Macroom FC are delighted with all these achievements but we are equally delighted to have so many teams playing schoolboys football from U7 up to U16. The

club is so encouraged to see hundreds of players from Macroom town and the surrounding parishes donning the Macroom FC shirt, giving their best and most importantly, enjoying themselves. Many thanks to our sponsors (sponsors names on website www.macroomfc.ie), parents and supporters for getting kids to training sessions and games. A big thank you to our schoolboys secretary Rhys Hopkins who carries out a huge amount of diligent work throughout the season and to the club committee who work in the background. We are always looking for more people to get involved with Macroom FC as coaches or committee members etc. Any person who feels they can volunteer some of their time is welcome to contact Rhys on 085 7134303 or any committee member.

Darragh Deasy PRO.



Macroom FC U14B schoolboys at their final training session this season. They finished in a brilliant 3rd place in the league and are promoted.



Macroom FC U14 schoolbovs div 2 side who finished runners up in their section and are promoted to Cork Schoolboys League Division 1.





Basketball Match as part of Sports Day 2024



The West Cork Schools Shield semi-final was the boys of Finnbarra School



Finnbarra School girls who won the West Cork Schools Shield Competition



Ted Hartnett chairman of Mossgrove harrier club making a presentation to fellow club man Joe Desmond at a reason function to mark his 80th birthday.



Coachford victorious U13s & U14s league champions pictured here outside the Lee Valley Golf Club after their medal presentations. The underage players were praised and congratulated for their enormous achievements, skills and spirit over the last amazing season.



Canovee NS Active School committee who with their Mrs O'Brien were recently awarded the Active Flag for our school



Cricket action in Macroom, 22 June 2024. {C. Kelleher}.

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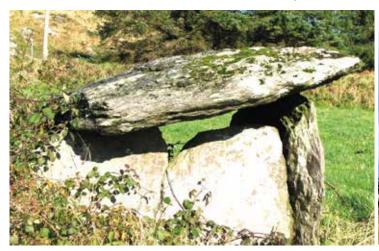








Think Globally, Act locally - LET'S GO BACK!





The Lee Valley has not always looked like it does today and has gone through many changes over the centuries. If we could go back 20,000 yrs ago, to the height of the last Ice Age, the entire country was hidden beneath thick ice sheets with little or no places for life to survive.

Hi! Chris Barrett back sharing with you the knowledge of our local archeologist, Tony Miller.

Tony tells us that it is only by about 9,000 years ago that we begin to find evidence for human settlement in the country. The landscape was by now heavily wooded after the melting of the ice and any land connections to Britain had been covered by rising sea levels.

These first settlers belonged to what are called the Mesolithic, or Middle Stone Age, and they relied on hunting and gathering for their livelihood. They lived a mobile lifestyle with a detailed knowledge of their environment, and were based mostly around the coast and inland waterways. Rivers and the coast allowed for easier movement and provided important and predictable resources. As far as he knows, no evidence has yet been found for these Mesolithic peoples in the Lee Valley, though they have been found by the River Blackwater.

The next big change came in the years after 4000 BC when a new way of life based on farming was brought into the country, probably by the arrival of new populations from the British Isles and the Continent. This is known as the Neolithic or New Stone Age. They brought with them new stone tools, such as the polished stone axes, as well as all

the necessary seed grains (wheat and barley) as well as domesticated animals, especially cattle. There is increasing evidence found from excavations for the arrival of these Neolithic peoples into Cork. Two of the small number of standing monuments in this area from the Neolithic are the cairns on the summit of the Paps of Anu, which are believed to be concealing passage tombs from that period.

Metal tools made their first appearance around 2200 BC with small copper items. Copper ore was mined in West Cork and Kerry, with some of the earliest copper mines in northwest Europe found on Ross Island near Killarney. By 2000 BC copper was being mixed with a small amount of tin to produce the much harder bronze which was cast into a large array of tools used for woodworking as well as weapons used in the hunt and warfare. It is from this Early Bronze Age period that a large number of monuments appear in the Lee Valley, monuments which can still be found spread throughout the local landscape. These are wedge tombs, which constitute the oldest standing monuments in this area.

A wedge tomb, as the name implies, has a distinctive shape which is wider and higher at the entrance than at the back of the tomb. It is constructed of side walls, made up of a gallery of upright stones, supporting large roof slabs, thus creating a chamber open at one end. This entranceway always points to the western horizon where the sun sets each day.

The wedge tombs that have been excavated have revealed that small numbers of cremation burials were deposited within them, along with other offerings such as pottery vessels and tin or copper ingots. It appears that the tombs were used for burials over a long period of time. Built of stone, while the houses of the period were built of timber, they would have formed a stable focal point for the community and their religious life.

These important remnants of our distant past can still be found in many areas around the Lee Valley, in varying levels of preservation. They are found mostly in the uplands where the soils were lighter and easier away from the heavier and wetter soils of the river valleys. There are notable concentrations around Mushera, Carriganimmy, Ballingeary and Inchigeelagh and they show the first significant settling of these areas by farming communities.

Tony reminds us that he next time you are out and about to keep our eyes open for these reminders of these first farmers to settle the Lee Valley, beginning a way of life which continues to this day.

To find any of these monuments you can look at the OS Discovery maps or use the maps available on the National Monuments website at www.archaeology. ie which contain all the recorded monuments in the country

I am very grateful to Tony for sharing this information with us today and hope to share more of his knowledge with you in the future.

If you would like to follow up with this or any other article on similar environmental topics, please contact me chrisleevalley@gmail.com



Boys from Rylane NS enjoying their school tour in Star Outdoors Kenmare



Abbey Murphy with Flowers she planted outside Dan Corkery's Place

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"Do not gloat over me, my enemy! Though I have fallen, I will rise. Though I sit in darkness, the LORD will be my Light" (Micah 7:8).

Welcome back dear student, this is such a beautiful promise. People deal with failure all the time. Things don't work out like we hoped they would, or we make mistakes and fall into sin - falling short of God's Glory (Romans 3:23). And the enemy is waiting there to oblige with plenty of accusations, shame, condemnation, guilt, or disappointment - to bring total defeat. God is not as interested in our failure as He is in our response. We must get back up. Quitting and giving into defeat is not an option. When it involves sin there is a danger that pride will not want to admit it, but when we do the Lord our Redeemer is ready to forgive. "The people sitting in darkness have seen a Great Light, and those living in the land and shadow of death, to them Light has dawned" (Matthew 4:16). This was speaking of Yeshua - Jesus, the Messiah coming to rescue His people. How He accomplished this was through living a sinless perfect life as one of us, and dying a horrible death to pay for all mankind's sin with His Blood (Isaiah 53:1-12). The 'darkness and land of the shadow of death' is symbolic of the dungeon that sin, failure or discouragement throws one into. Without Jesus' sacrifice and the Father's Covenant of Love we would have been lost forever with no hope of redemption.

Hopelessness and negativity are key aspects of darkness. Without light nothing is visible and depression reigns. The 'Light of the World' Jesus quenched and overcame the darkness that separated us from God. "...Light shines in the darkness, and the darkness has not overcome it" (John 1:5). The greatest darkness is being separated from our Loving Father Who created us. The parable Jesus told of the prodigal son is not so much about the wayward son, his sin and foolishness, but more about the Faithfulness of his father. The son represents you and me, and his father represents God (Luke 15:11-32). The son woke up one day so hungry and broken that he longed to eat some of the pig's slop — then had a lightbulb moment. He remembered how the servants in his father's house were well looked after, not like the situation he now found himself in. This is a beautiful telling of the story each one of us has experienced. The circumstances may be different, but the result is the same – without the Hope of Salvation from our Heavenly Father God, we were all done for.

Darkness is a lonely and isolated place to be in. It feels depressing and never ending. The prophet Zechariah wrote this about the Promised Saviour and Coming King Jesus five hundred years before His birth "....because of the Covenant I made with you, sealed with Blood, I will free your prisoners from death in a waterless dungeon" (Zechariah 9:11). Friend, no matter what's going on or what has happened, know this: God is for you, He is not against you. Just because some things haven't worked out doesn't mean you are no good or hopeless. You must not give up — instead LOOK UP! Pray....Lord Jesus, you know all about my situation. Please help me to come out of darkness - shine the Light of Your Love into my heart for You are my Saviour, my Deliverer, and my Lord. I renounce all sin, fear, hopelessness and defeat. Fill me with Your Strength and heal my life. I will never quit in Jesus' Name, amen!

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

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FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

SEAN LUCEY

Dooniskey, Lissarda, Co. Cork. 27th June 2023.

On Sean's first anniversary, his family would like to sincerely thank all the relatives, neighbours, colleagues and friends who offered their sympathy to us and to the extended family when Sean passed away.

We want to express our sincere gratitude to all those who attended his funeral, wrote to us, telephoned us, took the time to write an online message of condolence and offered support to us at a difficult time. We treasure the stories and memories of Sean that were shared with us over those days.

We wish to extend our deep appreciation to the staff of Marymount University Hospital and Hospice and in particular to the team of St John's Ward where he received such wonderful care.

Our sincere thanks to Cyril Casey and the staff of Caseys Funeral Directors -Sean was in great hands. Our thanks also to Canon Bernard Donovan PP who celebrated Sean's funeral mass and to Ann O'Callaghan, sacristan of Kilmurry church. We also sincerely appreciated the beautiful music provided by Tracey Cronin at the mass.

To the members of Uibh Laoire GAA club, we wish to thank you most sincerely for travelling to Kilmurry to provide a guard of honour for Sean on his final journey.

Thank you also to the team in Mai Fitz's for providing the refreshments after the funeral.

To all Sean's friends, relatives and neighbours who were always in such close contact with him, we wish to thank you most sincerely-he loved your visits and continued friendship.

As it would be impossible to thank everyone individually, please accept this acknowledgement of our sincere gratitude.



Sean's first anniversary mass will be held in Kilmurry Church on Sunday 30th June at 10am.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

NORA LUCEY

Railway View, Macroom, Co. Cork. who died on 7th July 2023

As we lovingly remember Nora on her 1st anniversary we her family would like to express our heartfelt gratitude to all our neighbours and friends who offered their support and sympathised with us on her sad passing.

We thank all those who attended Nora's removal and funeral, sent mass cards and left online condolences. This was greatly appreciated by our family.

Most sincere thanks to Fr Roberts, Fr O'Donnell and Fr Dick Brown who celebrated Nora's funeral mass. Special thanks to the church singer Michael Bradley and organist Mary McSweeney and sacristan Ted Sheehan and to all who participated in the meaningful funeral mass.

Sincere thanks to Billy Fitzgerald and staff at Fitzgerald's funeral home for your quidance and professionalism during that time.

Thanks to Kitty and all the staff at the Auld Triangle Macroom for your kind hospitality.

To everyone else who helped in any way, please accept this acknowledgement as a token of our sincere appreciation.

A loving mother, sister, grandmother and great-grandmother, each one of us thought the world of you For us you always did your best God grant your soul eternal rest.

Our Lady of Knock Fold her in your arms.



REST IN PEACE NORA, MAM, GRAN.

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

NICOLA TOBIN

Cherrywood, Bandon, Co. Cork who died on July 5th 2023

As we lovingly remember Nicola on her First Anniversary, we her family, wish to express our gratitude and appreciation to everyone who supported us during the past two years.

A special thanks to our family, friends, neighbours, Nicola's work colleagues at St. Mary's Macroom and everyone who sympathised, sent cards, expressed online condolences and attended the funeral services.

Your support and messages of sympathy gave us great comfort.



Those we love don't go away, they walk beside us every day. Unseen, unheard, but always near, still loved, still missed and ever here.

PRAYER TO ST. ANTHONY



Oh gentle and loving St. Anthony in whose arms the infant Jesus love to linger, one word from you and my prayer will be answered oh speak that word and the gratitude of my heart will be yours.

20TH ANNIVERSARY



In loving memory of

CON O'DONOGHUE

Ballymakeera Who passed away on the 21st of June, 2004

> "Never more than a thought away, loved and remembered everyday.



Sadly missed by Patsy and family, brother, sisters, in-laws and Grandchildren, Kevin, Ronan, Marykate, Ella, Joe, Lucie & Mikey

23RD ANNIVERSARY



In loving memory of

DENIS O'Donovan

Cappanclare, Inchigeela, Macroom, Co. Cork Whose anniversary occurs on 7th July

> Every day in some small way. Memories of you come our way. Though absent you are very near, Still missed - still loved And always dear



Forever in our thoughts and prayers, Loved always by Anne, Gerard, Eileen, Marie and extended families

14TH ANNIVERSARY



Treasured memories now and always of our dear Mum, Mary

MARY KELLEHER

Belmount Place, Crookstown, Whose 14th Anniversary occurs on the 27th of June.

> As we look upon your picture, Sweet memories we recall, Of a face so full of sunshine, And a smile for one and all. Sweet Jesus take this message. To our dear Mum up above, Tell her we still miss her. And give her all our love.



Always in our thoughts, Forever in our hearts, Your loving family, XXX

14TH ANNIVERSARY



In loving memory of

MARY KELLEHER

29 Belmount Place, Crookstown, Co. Cork Whose Anniversary occurs on the 27th June

Wonderful memories silently kept, Of a wonderful Sister. We will never forget.



Always remembered by your Sisters, Brothers and their families

JULY ANNIVERSARY





In loving memory of

DENIS & MARY O'CALLAGHAN

Barretts Place, Macroom

Today, Tomorrow My whole life through, I will always love And remember you.



I miss you Mam and Dad.

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail.

Must promise publication of prayer.

MEMORIALS LEE VALLEY OUTLOOK

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18TH ANNIVERSARY



In loving memory of

MICHAEL (MARTIN) MC CARTHY

Gurteenroe, Macroom who passed away on the 24th of June 2006

> The beauty of a memory, Is that it's always there. Like a penny in your pocket, You can take it anywhere.

And when your heart is heavy, And your eyes are full of tears, You can focus on a memory And travel back through the years.



Always loved and never forgotten by the Mc Carthy family

12TH ANNIVERSARY



Treasured memories of

CATHERINE LEHANE (NEE MURPHY)

late of Ballingeary who died on the 22nd of June 2012

> Within our store of memories she holds a place apart. For no one else can ever be more cherished in our hearts.



Forever loved by your husband Pat, Daughters Caitríona and Siobhán, sister Joan, Son in Law James and Granddaughters, Fiadh, Doireann and Caragh

FIRST ANNIVERSARY



In loving memory of **BRENDAN** MULCAHY (D.B)

Fountain House, Leeview, Macroom who passed away on the 28th June 2023.

Our hearts are full of memories With pride we speak your name Though life goes on without you It will never be the same We miss your smile, your joking ways We miss things you used to say And when old times we do recall It's then we miss you most of all.



Always loved and remembered By The Mulcahy Family.

5th ANNIVERSARY



In loving memory of

SHEILA O'RIORDAN (NEE HOURIHAN)

Summerstown, Wilton, Cork who died on 8th July 2019 R.I.P.

As we lovingly remember Sheila on her fifth Anniversary, her husband Dan and family would like to thank you most sincerely for your thoughts and prayers during the year and at this special time.

No matter how life changes, No matter what we do, I will never forget the special years, The ones I spent with you.

> I have a book of memories, It's not upon a shelf, It's deep within my heart, And I keep it to myself.

I turn the key quite often And I think of happy days, I miss you so, so very much, In many, many ways.

But those we love don't go away, They walk beside us every day, Someday, I hope to meet you again, Someday, I know not when.

To clasp your hand in a better land, And chat with you again



Sadly missed by Dan and all her family. Sheila was a precious gift to us, never more than a thought away and loved and remembered every day.

10TH ANNIVERSARY



In loving memory of

MICHAEL CARROLL

Late of Crookstown and Canovee, who's anniversary occurred on the 1st of July.

Softly in the evening you Heard a aentle call. You took the hand God offered you, And quietly left us all.



Remembered by his partner Anne, and the Sheehan family.

17TH ANNIVERSARY



In loving memory of

PADDY MURPHY

Prohus, Kilnamartyra, Macroom, Co. Cork.

Who died on the 19th June 2007 Aged 57

Rest In Peace.

Your Life was love and labour, Your love for your family true, You did your best for all of us, We will always remember you.



Lovingly remembered by his wife Mary, Gobnait, Timothy, Patrick and Marie.

2nd ANNIVERSARY



In loving memory of

JOHN O'SULLIVAN

Rahalisk & St John's Drive, Ballinagree, who died on 26th June 2022.

Softly on a June morning you heard a gentle call you took the hand God offered you and quietly left us all.

Always in our hearts and prayers.



Fondly remembered and sadly missed by Dan, Kathleen and family, cousins and their families.

MEMORIALS LEE VALLEY OUTLOOK **IMPORTANT**

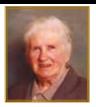
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11TH ANNIVERSARIES



In loving memory of

JOAN BUCKLEY

Died on 22nd June 2012



In loving memory of

MICHAEL **BUCKLEY**

Died on 18th March 2012

Sleaveen East, Macroom

So many things have happened we wanted to share. So many times we needed you and wished your were there. Your smile lit up brighter than the sun, You were strong and gentle both witty and fun. Although we smile and make no fuss, no one misses you more than us.

Memories are special They don't fade away, We think of you often, Especially today.



Always remembered by their loving family

9TH ANNIVERSARY



Treasured memories of

RICHIE **TWOMEY**

Loughleigh, Carrigadrohid Who died 7th July 2015

Gone are the days we used to share, But in our hearts you are always there. The gates of memory will never close, We miss you more than anyone knows. With tender love and deep regret, We who love you never forget.



Always remembered and deeply missed by his loving wife Tina and Family.

31ST ANNIVERSARY



In loving memory of our Dad

TOM MURPHY

Knockroe, Kilnamartyra. Who died on the 29th June, 1993.

They say there is a reason, They say that time will heal, But neither time or reason Can change the way we feel. For no one knows the heart ache, That lies behind our smiles. No one knows how many times We have broken down and cried. We want to tell you something Dad, So there won't be no doubt, You are so wonderful to think of But so hard to live without.

Always missed & remembered by Teddy, Anna & Families.

8TH ANNIVERSARY



In loving memory of

RITA SHORTEN (NEE QUILL)

Knockshanavee, Farnanes who died on 27th June 2016

You can only have one mother. Patient, kind and true; No other friend in all the world Will be the same to you.

When other friends forsake vou. To mother you will return; For all her loving kindness She asks nothing in return.

As we look upon her picture Sweet memories we recall Of a face so full of sunshine And a smile for one and all.

Sweet Jesus take this message To our dear mother up above; Tell her how we miss her And give her all our love.



Sadly missed by all your loving family.

THANKSGIVING



ST. JUDE come to my assistance in my need that I may receive the consolation and help of heaven in all my necessities particularly (mention request) and that I may praise God with you and the elect throughout eternity. I promise you O Blessed Jude to be ever mindful of this great favour and I will never cease to honour you as my special and powerful patron and to do all in my power to encourage devotion to you. Amen. Say for 3 days and publish immediately. Favour granted after 3 days.

7TH ANNIVERSARY



In loving memory of

NORA MOYNIHAN

Green Acres Farm, Coachford, Co. Cork, who died on 1st July 2017

Ar Dheis Dé go raibh a h-anam dílis.

A smile for all, a heart of gold, One of the best this world could hold, Never selfish, always kind, A beautiful memory left behind.



Always remembered by her loving family, Seamus & Mairéad

2ND ANNIVERSARY



In loving memory of

BINA O'RIORDAN

Cooldorrihy, Kilmichael who passed away on the 29th of June 2022.

'Your life was one of timely deeds, a helping hand for other's needs. Sincere and true in heart and mind, beautiful memories left behind'



Always remembered by her loving husband Tim, brother John, sisters Joan & Mary, brothers in law, sisters in law, nieces, nephews and extended family.

Ed 14 THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. SH

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