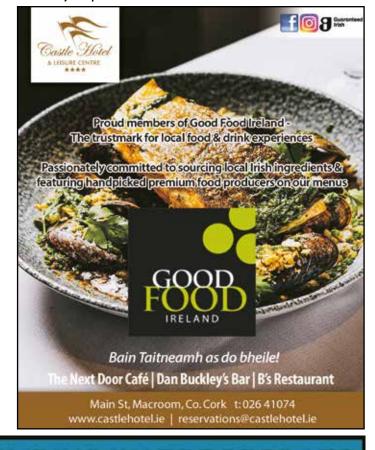
# LEE VALLEY Outlook

To Advertise call Des: 087 3600223 E: des@outlookmags.com News: leevalleyoutlook@macroom.ie



Taking part in the discussion at the Macroom Business Breakfast were Padraig Tracey successful Killarney Hotelier, Killian Lynch Macroom Business Association, Maura Walsh IRD Duhallow, Mike Ryan
Artistic Director Briery Gap, Cllr Ted Lucey. Insert; Alan Short M.C. & Keynote Speaker. Pic. Peter Scanlan







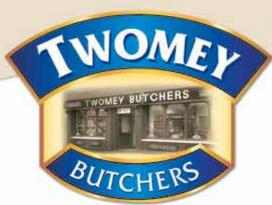
## MACROOM SLIDING WARDROBES LTD

SLIDING • HINGED DOOR • WALK-IN WARDROBES

Call Martin Lynch: 087 7932841 Kevin Healy: 087 6180159



Ireland's First Guaranteed Irish Butcher **Since 1998** 



Supporting Local Agriculture Supporting The Local Economy











# **BBQ** Specials

4 x 1/4lb Angus Beef Burgers 6 Gourmet Sausages 4 Chicken Spears

For €12.00

### The Family **BBO Pack**

5 Angus Beef Burgers 5 Chicken Spears 5 Sausage Grill Sticks 12 BBQ Chicken Wings 12 Gourmet Sausages

### Invite The Neighbours BBO Pack

12 x 1/4lb Angus Beef Burgers 12 Chicken Spears 12 Sausage Grill Sticks 15 BBQ Chicken Wings 15 Gourmet Sausages 12 Cajun Grill Sticks

For €65.00

 Many other combinations & products available. Make up your own packs.

# The Gathering

15 x 1/4lb Angus Beef Burgers 15 Chicken Spears 15 Sausage Grill Sticks 15 Cajun Grill Sticks 40 BBQ Chicken Wings 40 Gourmet Sausages 15 Turkey Grillsticks

For €110.00

5x110gms Hand Boned Irish Chicken Fillet Portions For Only 6.00 ansons



### OUR LOCAL WAGYU BEEF

in partnership with our Local Wagyu Beef Producers

6oz Wagyu Beef Burger €2.50 each

The Healthiest Tastiest Burger you can eat.

# OUR LOCAL MEAT SUPPLIERS THIS **WEEK ARE**

### LOCAL FARMERS BEEF

William Lynch Dripsey, Co Cork Annette O'Sullivan, Bantry, Co Cork

### WEST CORK WAGYU BEEF

Sean Dennehy, Carrigadrohid, Co Cork

### SHANDANGAN LAMB

Criostoir O'Crualaoi, Ballyburden, Ballincollig, Co. Cork.

### FREE RANGE PIGS

Senan & Cathal Noonan, Togher, Dunmanway, Co. Cork.

### FREE RANGE CHICKENS

East Ferry Farm, East Ferry, Midleton, Co. Cork.

Railway View, Macroom, Co. Cork Tel. 026 42436

Wolfe Tone Sq, Bantry, Co. Cork Tel. 027 55519

Macroom Environmental Park, **Bowl Road** Tel. 026 - 42280

Email. mtwomeybutchers@hotmail.com | Web. mtwomeybutchers.ie



**CLARINS** 



Eau Dynamisante

# **Deasys Pharmacy Group**

Ballymakeera 026 45421

Macroom 026 41048 Coachford 021 7434710

www.facebook.com/deasyspharmacy



Capturing the Joyous energy of mothers







Call in to us for our walk in vaccination Clinic

Deasy's Pharmacy Group - providing the best of healthcare to our local communities



# Get in Touch...

Don't be a stranger If you have an article, photo or story you wish to share, email:

### leevalleyoutlook@macroom.ie

If you cannot access physical copies, the LVO can be viewed online at: <a href="https://www.outlookmags.com/archives/lee-valley-outlook/">https://www.outlookmags.com/archives/lee-valley-outlook/</a>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions

will be published in the following edition. As always submissions as Gaeilge are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you would like to submit an article as bearla nó as gaeilge, please feel free to email us here on leevalleyoutlook@macroom.ie, we would love to hear from you.

Go raibh maith agaibh, Peter & Gráinne

For Advertising email Des. E: des@outlookmags.com Please note Des has a new number 087 3600223

# MACROOM'S EUROVISION STREET PARTY



Having a local participant from Macroom reaching in the Finals of Eurovision Song Contest and representing Ireland is something very special, and our community wanted to show our support for Bambie Thug in the best way we know, and that was to organise a street party.

This also offered a momentous opportunity to promote Macroom, both nationally and internationally in the most positive way. Once we knew on Tuesday night that Bambie Thug had reached the finals Lee Valley Enterprise Board, Macroom Lions Club, Tidy Towns, Briery Gap, and some other individuals came together on Wednesday night and met again Thursday morning and within 24 hours had together organisedhis unique and amazing event. This is the result of a wonderful community working together with the support of Marie O'Leary and her team at Macroom's Municipal

### Eurovision Street Party Sponsors & Supporters –

The Lee Valley Enterprise, Macroom Lions Club and the Briery Gap wish to thank those that sponsored and everyone who helped in any way to ensure we had our Eurovision Street Party last Saturday night. You all made it happen and ensured Macroom's wonderful community were able to put on the fantastic event at such short notice.

Cork County Council's Macroom Municipal District,

District Office of Cork County Council. Macroom is a town that has a tradition of organising festivals so it was all systems go for the next 24 hours.

Businesses were all been asked to dress their windows in the national colours and flags, and many embraced this with some fantastic shop window displays supporting Bambie Thug and Ireland. Street Banners were erected and the word spread far and wide with the traffic activity on all social media platforms, and created a huge national media's interest in the event. The Free Street Party for Saturday night's final had a livestream of the Eurovision Song Contest 2024 on a big screen in the centre square area of the town. This was a family event with a competition for the Best Witch fancy dress costumes, face painting and much more for everyone of all ages to enjoy. People came in their hundreds, Bambie Thug's friends, family,

Macroom Tidy Towns, J F Goold Solicitor, Deasy's Pharmacy, Macroom Credit Union, Anne Marie's Beauty, OM2, T M Cronin's, Auld Triangle, Pickled, JC' Murphy's, Connections, Val's Take Away, Killian Lynch Auctioneers, Matt Murphy Pharmacy, Castle Hotel, Murphys Fuels, An Garda Siochana, Super Valu, Andy Collins, Mary' Toymaster, Noel Twomey, Vaughans Café, Cork Summer Show Committee, Our Face Painters.

The Media partners C103, 96fm, Cork Beo, Red FM,

neighbours, and well-wishers from far and near, along with Eurovision Song Contest fans, some with their packed picnic and gear, and others took advantage of the seating and tables provided to enjoy the spectacle. Then as Bambie Thug took to the stage the reaction was brilliant, with both kids and adults all dancing & cheering in the late evening sunshine. When Australia awarded Ireland the "douze points" the square was rocking with excitement. The final result of 136 point and sixth place overall was a wonderful outcome for Ireland who had not reached a final since 2018.

The organising group wish to thank everyone that helped in any way in bringing this event together in such a short period of time.

Next Up the Macroom Music Fest on the 22nd June 2024 with tickets selling fast but sure to get yours now.

Newstalk, RTÉ, Conchubar O Laitháin, Jack Murray, Irish Examiner and Echo, Sláine at Radio Na Gealtachta, Ray D'arcy. James O'Driscoll & Peter Scanlan Photographers.

Also the business community that made a big efforts to dress up their windows and show their support, and to anyone else that contributed we say a big thank you.





# Aulo Triangle

1 Kilometre from the by pass!

# Bar & Restaurant



OPEN Wednesday to Sunday from 12 noon

Booking is advisable
Walk Ins Welcome
Delicious Food available for Takeaway

Open Bank Holiday Monday June 3rd

> Dan's Bar Book your

Birthday Party, Anniversaries, retirements or any special family gathering in our spacious Dan' Bar serving delicious food.

Killarney Road, Macroom, Co.Cork | Tel: 026 41940 | www.auldtriangle.ie







### MACROOM BUSINESS BREAKFAST MEETING

### ON THURSDAY 2ND MAY 2024

On Thursday morning over 65 business people, a very pleasant mix of new or start ups along with many well established businesses from all over the Lee Valley area attended a very entertaining Business Breakfast networking event with the theme "Why would you stop in Macroom", sponsored by IRD Duhallow Skillnet and organised by the Lee Valley Enterprise Board. Alan Shortt of Media Skills Ireland was again the Facilitator and Key Note Speaker, his communication methods are excellent and his message was, "every business has a story that needs to be told. Stories sell products and services, so think about your story or ask some else because you may not identify it as easily". This is also the approach of the #visitmacroom social media platforms, as we share the stories behind the businesses in Macroom, because when a purchasing choice is to be made, consumer will almost always support the product or service with the story.

For Alan who was born in Macroom, clearly has a very keen interest in the town, as he identified a number of very positive assets and attractions, and amenities that are all within the town area. He said marketing these (including the Bull..!) could be a game changer for Macroom, when taking everything into consideration collectively, and supported by all businesses.

The panel of speakers included Mike Ryan Artistic Director of the Briery Gap Cultural Centre, who spoke of the new development, and how excited he is to bring this wonderful facility to the people of the Lee Valley and beyond. They will champions all artists, and will incorporate a strong Irish programme in

line with our Gaeltacht service town designation. Mike wasn't giving away any more details of the development other than the handover is due the later this month and once the sound, audio electrics etc and internal décor is in place we can expect some soft launches in later September all going well.

Killian Lynch, Auctioneer and representing the LVEB, when asked what has changed in the last 12 months since the bypass, he spoke of the increased housing, and that the positive difference on the main street is very evident with more people visiting the town from surrounding towns such as Dunmanway and Millstreet, and all shoppers visiting more frequently to do business. He said the Macroom Music Fest 2023 was an event that put Macroom on the map, and that the festival in 2024 will be even better. Killian asked that more businesses get involved in the business association, since the spreading the load could bring amazing results for Macroom.

Maura Walsh CEO of IRD Duhallow outlined how other towns that have also thrived post their bypass, using Castleisland as an example, where they have a strong retail and service offering all complimenting each other. She stressed it is up to us to make sure that Macroom keeps attracting more retailers so the town can offer the full suite of services to consumers. IRD have a number of supports to help via Leader projects, as they administer the funding programme. Padraig Tracey, Hotelier from Killarney was asked how did Killarney develop into such a tourist attraction. He said it was a journey over many years as the business community saw Tralee as getting the greatest share of visitors and shoppers, so Killarney took it upon

themselves to work together and develop the Killarney brand. During Covid lockdown the business started working much more closely with the Tidy Towns, this was very productive and ever since the businesses and the volunteers work together to make Killarney a great place to visit and do business in, and they have aspirations for a Tidy Towns All Ireland title. He suggested Macroom take on a similar approach. Alan said Killarney was a town with "notions" but it has served them very well as they are top class in marketing their town....!!!

Also in attendance was Cllr Ted Lucey, Chair of Macroom Municipal District Cork Co. Co. Ted gave updates on the 7.2M funding approval for the regeneration plans for Macroom, including the Church of Ireland Restoration, and the Masserytown Mill Stream. The street scape upgrades will commend once the Briery Gap is completed, and a number of other projects such as parking are all in the pipeline for development and we can expect some good news on that front soon.

Finally there was a Question & Answers session, with some great suggestions on what needs to be done, the message was clear the power of the local community is key to our development, every resident, visitor, business and community group has a role to play in supporting the ambition to make Macroom and district as the best place to live and do business in.

The Lee Valley Enterprise Board would like to thank everyone that attended and contributed to this worthwhile event.









## **HAVE YOU A NEWS STORY?**

Contact the Editor by Email: leevalleyoutlook@macroom.ie



**NOW AVAILABLE** 

50% Flash Launch Sale Now On

Offer running for a limited time only

## **BOOK NOW**

for your Free Consultation & patch test

REMOVE UNWANTED HAIR
AT THE SPEED OF LIGHT
NO MORE WAXING OR SHAVING



### Pricelist:

				(Course of 6)
Area	Pay Per Session		Course of 6	50% Flash Sale
Lip & Chin	€55		€275	€165
Underarm	€50		€250	€150
Any bikini	€70		€350	€210
Half leg	€90		€450	€270
Full leg	€150		€750	€450
Male Body Are	as			
Back & Shoulde			€850	€510
Chest & Stomac	h €170		€850	€510
Combo Offers				
Full leg, any bikini & underarm		€210	€1050	€630
Half leg, any bikini & underarm		€150	€750	€450
Underam & any bikini		€95	€475	€285
(Male) Full back & chest		€300	€1500	€900
		_		40

### Opening hours:

Mon, Tues, Weds & Fri 9.00am - 6.00pm Thurs 9.00am - 8.00pm | Sat 9.00am - 5.00pm

> P: 026-20772 | w: thebeautysuitemacroom.ie Book online 24/7 using our app - The Beauty Suite Macroom





1st year students at Muckross House Killarney as part of their History Course for Junior Cycle.



McEgan TY students with Dr. Aoife Ní Fhlatharta MTU who conducted a Digital Wealth Programme in RĎI Hub Killorglin.

Girls Soccer: It was a disappointing end to an exciting campaign when the u15 girls narrowly lost out in their Quarter Final versus Terrance McSweeney Community College. It was thrilling match, the girls fought valiantly but ultimately fell short in a 3-2 loss. Despite a spirited effort, we couldn't secure the win, with goals from Lily Madigan and Emma-Rose Twomey keeping the game tense until the final whistle.

Meanwhile the senior soccer girls made the long trip to Castletownbere last week and played a very competitive match in the last 16 of the Cup. The girls played very well but unfortunately it was not our day and we bowed out of the competition. For many of these girls, it was the last time they lined out with McEgan, and we would like to wish them the best in their future sports careers.

Digital Wealth Programme: TY students participated in a Digital Wealth Programme on Monday 29th April, travelling to the RDI Hub Kilorglin, with teachers Sarah Rice and Mark Sheehan. Thanks to Dr. Aoife Ní Fhlatharta MTU who conducted the workshop and for continuing to engage our students around Using Al to our Advantage.

Travel Hub in Macroom Town Hall: Macroom student voice was amplified as St.Marys ,St.Josephs and St.Colemans Green school committees joined McEgan College on April 30th in the Macroom Town Hall to request improved infrastructure in Macroom Town around walking and cycling. MEP Grace O Sullivan, Green party member Harriett Burgess, Councillor Eileen Lynch, TD Aindrias Moynihan, Fianna Fail member Gobnait Moynihan and MEP Billy Kelleher attended the meeting Once the students had presented their walkability audit findings, guests were then invited to a walkabout where students

pointed out the issues around safety when walking to school. Town Engineer James Dwyer and Safe Routes to School programme representatives Ken Hegarty and Mary O Shaugnessy were at hand to join the walkabout. This was a unique opportunity for all stakeholders to see firsthand the issues our school communities face traveling to and from school every day. The meeting was a great success and will hopefully be a catalyst for change in Macroom Town. On May15th the McEgan Green Schools committee travel to the Radisson Hotel to collect their wellearned GREEN SCHOOLS Travel Flag.

Healthy Eating starts with healthy cooking: Home economics in McEgan teaches students how to make healthier versions of their favourite foods. In this way students learn practical skills for life, they learn how to nourish themselves better and of course have the iov eating the fruits of their labour afterwards!

Wellbeing: Junior Cycle students are participating in end-of-year Wellbeing Workshops, focusing on three of the Junior Cycle Indicators of Wellbeing - Active, Connected and Resilient.

Football End of year 1st Year Blitz: An Internal Blitz was recently held for the u14 Boys Footballers. The Red Team came out on top of the competition with each player on the winning team getting a Munster GAA top. A huge thanks Gaelic Games Co-Ordinator Fachtna O'Connor for organising the blitz and his work throughout the year with our students. Bicycle Engineering Academy Team Give Workshop in McEgan: Based in Limerick the Bicycle Engineering Academy provide City & Guilds accredited programmes on bicycle engineering which can then allow the student to progress to a third level qualification (B.Eng) in Automotive Engineering and Transport Management at affiliated Universities should they wish to do so. The BEA 40-week programme give the participant every skill they need to design and build a bespoke bicycle as well as the knowledge to repair all types of Bicycles including E-Bikes. Since September McEgan TY students got an invaluable opportunity to learn many of the skill required for the maintenance of a bicycle with Mr.Ryan. The BEA then provided a practical Bicycle Engineering Workshop on Tuesday May 7th, where they put the theory into practice guided by a team from the Bicycle Engineering Academy. Students had a fantastic experience and are now equipped with some lifelong skills.

Mini Company Market Tuesday 7th May: The mini company module of Transition Year is often the most rewarding experience for the students as they learn so many skills. The students learn to brainstorm for ideas then move on to designing, making prototypes then evaluating revising and redesigning their product. They also learn a lot of the skills required to work in a team. They do market research, further refining of their product or idea and finally they bring their idea/ product to market. As the school year comes to an end the students held a final Market on Tuesday May 7th to sell their wares. A variety of goods the students had produced over the year were in full display for members of the student body, staff and wider public to admire and purchase. Congratulations to the students for a fantastic event, their hard work all year had paid dividends and provided them with such a unique opportunity to build a business from the ground up. Thanks to their teachers Ms Burke, Mr Sheehan and Ms Shannon for assisting the students with the organization and running of the event.



1st year students at Muckross House Killarney as part of their History Course for Junior Cycle.



Students Leading the way to safer routes to school: James Dwyer Town Engineer, Grace O'Sullivan MEP, Councillor Eileen Lynch, Harriet Burgess Green Party, Ken Hegarty & Mary O'Shaughnessy, representing Safe routes to school, & Catherine Russell An Taisce joined the students & teachers representing McEgan College, St Joseph's Girls Primary, St. Mary's Girls Secondary School & St. Colemans boys Primary School on a walkability tour of Macroom. Students wanted to highlight the experiences of school students walking through Macroom to and from school each day.

### MACROOM HISTORY GROUP 2ND ANNUAL SECONDARY

Macroom History Group will hold its 2nd Annual Secondary Schools' History Exhibition on Monday, 20 May, 7-10 in the Castle Hotel. Entry is free for anyone under 18 and €5 for adults. St Mary's, McEgan

College and Youthreach Macroom are participating. The competition is non-competitive. Exhibits can be viewed from 7.00 pm and certificates will be presented to the participants by the Mayor, Ted Lucey

Everyone is welcome, Come and see what our young students have discovered about Macroom's past.







# ST MARY'S NEWS



Students who recently recieved their Junior Cycle Profile of Achievement Certificates



Grace Nash, Grace Duarte, Roisin Lehane, Romy Murphy and Wiktoria Sanetre supporting Bambie Thug ahead of the Eurovision

#### **BAMBIE THUG**

We would like to congratulate our past pupil Bambie Thug on their amazing achievement at Eurovision 2024. We are so proud of them, well done from all at St Mary's.

#### **BASKETBALL**

The season has come to a close with All Ireland Silver Medalists. Last Tuesday our 2nd year Junior Basketball team headed off to play at the National Basketball Arena for the All-Ireland C Semi Finals. They played Scoil Mhuire Secondary School Trim in the Semi-Final. They put up an almighty fight against a very strong team and came away successful, earning themselves a place in the All-Ireland Finals. They battled against Coláiste Na Coiribe and stayed in the game right until the very end, leaving everything on the court. Unfortunately, it wasn't our day, but we couldn't have asked for anymore from the girls. They played their hearts out and never gave up. We've had such an incredible year of basketball in the school and we are looking forward to seeing each team can do next year. For now, the season is over, but we are so proud of the hard work and dedication that our two minor teams, two junior teams, U16 team and U19 team put in this year. We'll be back better than ever in September. Thanks so much to Ms Hickey, Mr O Connell and Paul for all of their dedication to Basketball in St Mary's.

### **FOOTBALL**

Congratulations to our Junior footballers who have qualified for the Cork LGFA post primary Junior Final by beating St. Al's Carrigtwohill. Superb team performance by the Macroom team. As a mark of respect to the Graham family and team Captain Maisie Murphy both teams observed a minute silence in honour of Maisie's grandfather the late Richard Graham. May he rest in peace.

Congratulation to the St Mary's u14.5 football team on winning their South Munster final recently against Christ the King Secondary School. Following a very

competitive and balanced first half, St Mary's showed great composure to finish out the game the stronger team and claim the trophy. A fine team performance from the Macroom side. St Mary's Abú

### JUNIOR CYCLE PROFILE OF ACHIEVEMENT

Congratulations to all of our students who received their Junior Cycle Profile of Achievement awards recently. Well done girls, we hope that you are all really proud of yourselves.

#### CAMOGIE

Hard to luck to our amazing first year camogie team who were unlucky last Wednesday. Captained by Katie Murray the girls took park in a Munster Blitz in Mallow where they played Christ the King, Borrisoleigh & Carrig on Suir, they missed out on progressing from their group by the finest of margins. The referee even came over after the game & complimented them on their work rate, determination and skill. Well done girls. Thanks to our sponsors Matt Murphy's Chemist and thanks to coaches Ms McSweeney and Ms Linehan.

### **SONGLINES**

We were so proud to see our super talented TY student Rosie McCarthy Adair feature on "Songlines" recently shown on RTE 1. This new series hits the road with traditional Traveller singer Thomas McCarthy to meet an eclectic collection of Traveller singers throughout Ireland. This series celebrates how the Travelling Community have contributed so enormously to Irish musical and cultural heritage. Well done Rosie!

### **GREEN SCHOOLS**

On Wednesday the 1st of May, our six #andshecycles ambassadors, Chloe Lehane, Emily Mehigan, Rachel Twomey, Ellen Murray and Ellen O'Donoghue attended the #andshecycles Awards Ceremony in Richmond Barricks in Dublin. The girls all received certificates and medals for their participation and completion of the ambassador program. Ellen Murray was awarded the Outstanding Ambassador Award in recognition of her action report she

submitted and work done as an ambassador. She also gave a presentation on all the ambassadors have done with the programme in the past school year to the rest of the ambassadors to the programme from different schools all over Ireland. The girls would like to thank Ms. Gray and Ms. Casey for accompanying them to the event and for their continuous support. The girls hope that what they learned will help them in achieving our travel flag. Well done and congratulations girls.

Green schools committees in St.Marys, McEgan, St.Josephs and St.Colmans came together in Macroom Town Hall recently for the first ever travel action hub for Macroom. This was visited by many local decision makers. It began with a presentation from each school on their problems with the travel infrastructure in the town and how it affects their everyday walk to school and a minor world café poll by the attendees. This was a very insightful event and will hopefully bring about positive change for students attending school in Macroom in the future.

### **ATHLETICS**

Last Wednesday our athletics team travelled to Castleisland for the South Munster Track & Field Championships. It was a fantastic day out for all and we had many athletes participating in a wide range of events. Many of our athletes have now qualified for the Munster Championships including; Saoirse Twomey (1500m & 3000m), Rebecca O'Neill (800m), Eabha Ní Chonaola (1500m Steeplechase), Saorlaith Murphy (Shot Put) & Katelyn Cronin (Shot Put). Other athletes that competed on the day included; Leah Bradley (200m), Alba Mata, Alexandra Stepien, Katherine Toale & Marvellous Matsanura (100m), Sarah Neville (3000m, Mile & 4 x100m relay), Emily Cronin (800m, 1500m Steeplechase & 4 x 100m relay), Fern Mullane (3000m & 4 x 100m relay). Well done to



St Mary's 5th year students enjoying their end of year trip to West Cork Secret



# GRANVILLES

Castle Street - Neighbourhood Bar & Restaurant



# LUNCH & DINNER SERVED WEDNESDAY TO SATURDAY

FROM 1PM ONLINE BOOKING AVAILABLE



## SUNDAY LUNCH SERVED FROM 12.30PM.

**BOOKING IS ADVISABLE.** RESERVATIONS CAN BE MADE ONLINE OR BY PHONE.



Book your Sunday Lunch today

online at www.granvilles.ie or by phone 026 - 20191





# EASY EVENING MENU

AVAILABLE WEDNESDAY AND THURSDAY EVENINGS





For Reservations T: 026-20191 or Book Online at: www.granvilles.ie

email: info@granvilles.ie | Walk ins Welcome | Follow us on:



## **NUACHT Ó CHOLÁISTE GHOBNATAN**

### COMHGHAIRDEAS

Ba mhaith linn tréaslú le Seán Óg Ó Scanaill a bhí ag imirt sacar i mBarcelona le déanaí – maith thú! Bhuaigh Dylan Ó Tuama, Tadhg Ó Conaill & Caelan Ó Carra Corn Méihuā. Is comórtas sínise é seo. Bhí orthu cur i láthair a dhéanamh i Sínis. Beidh siad ag taistil go dtí an tSín mí Dheireadh Fómhair seo chugainn.

#### **IONAD ACLAÍOCHTA**

### le Étáin Ní Aodha agus Donagh Ó Mainnín

Thosaíomar ag dul go Ionad Aclaíochta Naomh Abán timpeall dhá mhí ó shín. Bhí sé an taitneamhach gan dabht. Ba phlean iontach é chun cabhrú linn a bheith aclaí agus gnóthach le linn na laethanta scoile. Bhíomar an-bhuíoch do Mháistir Ó Duinnín agus Iníon Ní Iarlaithe as é a eagrú dúinn. Bhíomar an-bhuíoch freisin do Donnchadh agus Aoife, na traenálaithe ann.

### TURAS BLIAIN A DÓ

### le Julie Ní Mhocháin

Ar an 7ú Bealtaine chuaigh bliain a dó go dtí Airtastic ar thuras scoile. D'fhágamar an scoil thart ar a naoi a chloig. Shroicheamar Airtastic timpeall deich a chloig. Chuamar ar an inséidteach ar dtús ar feadh uair an chloig, ansin chuamar ag babhláil agus go dtí an mionghalf. Bhí an- spórt againn ann. D'fhágamar Airtastic timpeall ceathrú chun a haon agus chuamar go dtí Mahon Point chun píosa siopadóireachta a dhéanamh. D'fhágamar Mahon timpeall leath uair tar éis a dó. Shroicheamar an scoil timpeall leath uair tar éis a trí. Bhí lá iontach againn. Míle buíochas le Bean Uí Bhuachalla agus Iníon Ní Bhriain a d'eagraigh an turas.

#### **SACAR**

### le Naomi Ní Scanaill

Don chéad uair riamh, bhí foireann fé 15 sacar cailíní ag Coláiste Ghobnatan - eagraithe ag Iníon Ní Iarlaithe. Chaitheamar na geansaithe ó Sulán FC, an club sacar áitiúil. D'imir formhór don fhoireann le Sulán FC nó Maigh Chromtha FC. Bhí níos mó ná fiche imreoir ar an bpainéal scoile. Bhí sceitimíní



Turas Scoile Bliain a dó chuig Airtastic

orainn roimh ár gcéad cluiche in aghaidh Scoil Sráid an Mhuileann san astro i gCill Airne agus bhuamar an cluiche 10-1. D'imríomar i gcoinne MICC i nDún Mánmhaí agus bhuamar an cluiche 3-1. D'éirigh linn áit a fháil sa cheathrú ceannais i bpáirc astro Droichead na Bandan in aghaidh St. Brogan's. Faraor, chailleamar an cluiche 9-4 ach ní rabhamar ró-díomach mar gur bhaineamar an taitneamh as an gcomórtas. Bhí an-craic againn ar an mbus agus ag na cluichí. Táim an-bhuíoch go bhfuil an deis agam sacar a imirt le foireann sacar Coláiste Ghobnatan.

### TRÁTH NA GCEIST PFIZER

Ar an 1ú Bealtaine ghlac Máire Ní Luasa, Orlaith Ní Luasa, Iseult Ní Ríordáin agus Michéal Ó Céilleachair páirt i dTráth na gCeist Ceimice. Bhí sé ar siúl i nGalfchúrsa Raffeen Creek. Bhí an comórtas urraithe ag Pfizer agus eagraithe ag Eol Oidí na hÉireann. Bhí sé dírithe ar an gcúrsa ceimice agus bhain siad an-taitneamh as. Míle buíochas leis an tuismitheoir a thaistil leo agus Iníon Ní Ríordáin freisin.

### AOICHAINTEOIR

Tháinig Margaret O'Sullivan chun labhairt faoi bhith-theicneolaíocht agus a conair ghairme. Oibríonn sí le Regeneron – comhlacht biththeicneolaíochta atá suite i Luimneach. Ba mhaith linn ár mbuíochas a ghabháil le hIníon Ní Ríordáin a d'eagraigh an caint seo.

### **SCRÚDUITHE**

Faoi láthair tá roinnt daltaí ón tríú agus ón séú bliain ag obair go dian ag ullmhú dos na scrúduithe. An tseachtain seo dhein bliain a sé na scrúduithe praiticiúla sa staidéar foirgníochta. Gabhaimid ár mbuíochas leis na múinteoirí atá ag cabhrú leo go háirithe Máistir Ó Céilleachair agus Máistir Ó Duinneacha.

#### **FOCLÓIR**

- Sínis Chinese
- ionad aclaíochta gymnasium
- urraithe sponsor
- bith-theicneolaíocht biotechnology
- staidéar foirgníochta construction studies

### ÁR MEÁIN SHÓISIALTA

Leanaigí ár gcuntais le haghaidh an nuacht is déanaí!

Twitter: @ColGhobnatan

Facebook: Coláiste Ghobnatan @colghobnatan

Instagram: @colaiste\_ghobnatan TikTok: @colaiste\_ghobnatan



Iseult Ní Ríordáin, Máire Ní Luasa, Michéal Ó Céilleachair agus Orlaith Ní Luasa ag an Tráth na gCeist Ceimice



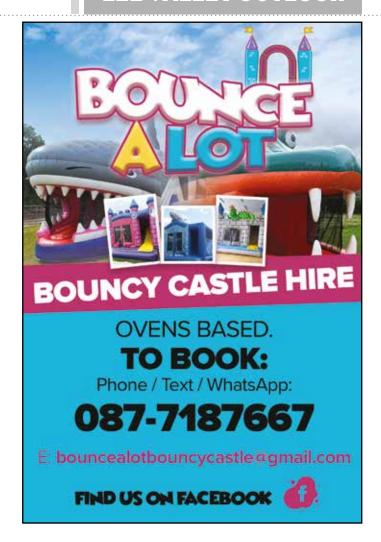
Bhuaigh Tadhg Ó Conaill, Dylan Ó Tuama agus Caelan Ó Carra comórtas Sínise Corn Méihua



# Musferry Special Olympics.

A great day out for our athletes in Castleisland. Our athletes took part in 800m, 200m and 100m. Medals go leor coming home.









# LA SALLE College Macroom

### **History Quiz**

Eight 3rd year history students attended UCC on Tuesday evening, 5th May, for the annual- Cork History Teacher's Association Junior Cert Revision Quiz. De La Salle College entered two teams this year and did very well in a very difficult quiz with 20 other teams. While the trophy isn't going back to Macroom, the evening was a great opportunity for students to enjoy the subject outside of the classroom and text books. Well done and thank to all eight students who participated, and a huge thank you to the parents who volunteered their time in dropping and collecting students to and from UCC.

#### **Transition Years**

Cian Kelleher has been accepted to the Global Young Leaders Programme. Run by the Department of Foreign Affairs in Dublin, this prestigious prize grants him the privilege of immersing himself in the world of diplomacy and foreign affairs. Over the course of three days in May, Cian will engage in insightful workshops, interactions with Irish Ambassadors, and visits to international embassies. Congratulations to Cian and his family for this remarkable achievement.

**Field Trip** Our Transition Year students were treated to a Geography field trip which took place Friday 26th April at Inch Strand for.

They carried out a survey of coastal processes namely erosion, transportation and deposition. Mr. McCarthy has always taken classes on field trips which gives the students a great opportunity to reinforce what they have learned in class by witnessing it first-hand.

#### Turas go dtí an Ghaeltacht

Chuaigh rang ón Idirbhliain go dtí an Ghaeltacht sa Dromod i gCiarraí Theas ar feadh trí lá. Ar an gcéad lá, bhí cluiche sacair acu sa halla agus bhí go leor imeachtaí beartaithe dá bhfanacht.

Bhí cluiche peile i gcoinne Coláiste na Sceilge, i gCathair Saidhbhín ar an dara lá agus bhí craic iontach ann ag an céilí I gColáiste na Sceilge.

Bhuail na buachaillí le Maurice Fitzgerald -Príomhoide na Scoile agus sár iar-pheileadóir Chiarraí i gColáiste na Sceilge. Bhí an-spraoi ag na daltaí ag cadhcáil ar Loch Currane. Bhain na buachaillí sult as an trá ag deireadh an dara lá

Bhí brón ar na buachaillí an Ghaeltacht a fhágáil agus ar ais go Maigh Chromtha. Bhí siúlóid acu sa cheantar

agus spórt sa halla sular imigh siad. Bhí am iontach acu go léir agus chuir siad an-iarracht ar labhairt na Gaeilge.

Football Our U16 footballers qualified for the Cork Colleges U16 B final with a win over Mitchelstown CBS. The game was played in a sporting fashion throughout. Some clinical finishing by the De La Salle forwards gave them the platform to survive a ten minute spell in the first half without excellent corner-back Robert Fitzgerald due to a sin-bin following a black card. The boys from Mitchelstown were unlucky not to close the gap before half-time as they struggled to convert scores despite dominating possession. The third quarter of the game was a tense affair as both teams' defences were on top and scores were at a premium it was only in the last 10 minutes that the De La Salle boys were able to capitalise on some good luck and put the game out of reach. This win has set up a clash with Bantry which is scheduled to be played on the date of this publication so as you read this hopefully the Trophy will be returning to Macroom on the front on Donie McCarthy's bus.



De La Salle third year students competing in a History quiz at U.C.C.



De La Salle U14 footballers who had a great win over Coláiste Ghobnatán in a challenge game recently in Ballyvourney.





Macroom Flower & Garden Club member on a recent trip to Keukenhof Gardens, in Holland with the Association of Irish Floral Artists.



Members of the extended Lordan family, Dromcarra, receiving €14,200 Cumann Peile Cill na Martra Lotto prize, with Eileen Creedon, Creedon's Bar, Toonsbridge.



Bingo runs every Wednesday night in the Ionad Áise, Réidh n nDoirí P12 F447.

# Fibromyalgia - The Invisible Illness

Fibromyalgia creates a devastating condition characterised by widespread pain accompanied by sleep, mood, and memory issues. Women suffer the majority of these cases.

Most people affected by fibromyalgia jump from doctor to doctor looking for solutions to the pain and suffering.

The majority of these patients receive drugs designed to only treat the symptoms.

Research from a 2014 medical journal\* found a direct link between the severity of fibromyalgia and the health and function of the spine.

The study proposed to evaluate the effects of one session

of a spinal adjustment on autonomic nervous system function and pain in a group of fibromyalgia sufferers.

The chiropractic adjustment effectively improved pain, sleep quality, depression, mood, and other fibromyalgia-related symptoms.

One treatment per week for twenty-three consecutive weeks decreased pain and positively influenced components relating to chronic illness and functional health capacity.

This particular study shows the positive influence of a spinal adjustment on patients suffering from a condition that has no cure.

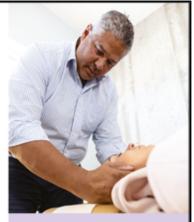
The human spine, brain, and

autonomic nervous system intimately connect in a powerful union able to produce optimal health better than any drugs or surgery.

Chiropractors do not treat or cure specific conditions. By removing interference to the brain and nervous system along with improving movement of the spine, the adjustment allows the body to heal itself.

> "While Fibromyalgia patients suffer physical pain, perhaps their greatest pain is not being heard."

> > Dr Benjamin Martin of Optimal Chiropractic



We invite you to have an initial consultation for €40 (instead of €85)

This includes documenting your history and taking scans to determine the exact cause of your symptoms.

Please call **021 487 8465** to book your appointment.

Please Note; When you ring to book this special offer our team will request €40 to secure the appointment. Thank you.

\*Rehabilitation, Research and Practice Published online 2014 May 29 "Effects of Posteroanterior Thoracic Mobilization on Heart Rate Variability and Pain in Women with Fibromyalgia" Michel Silva Reis, João Luiz Quagliotti Durigan, Ross Arena, Bruno Rafael Orsini Rossi, Renata Gonçalves Mendes, and Audrey Borghi-Silva

# DON'T PUT UP WITH PAIN.

€40 SPECIAL OFFER

At Optimal Chiropractic we treat a wide variety of conditions including back pain, neck pain, leg pain, sciatica, migraine, headaches and fibromyalgia.



Mention this advert & receive a consultation, full examination including scans and follow-up visit for only €40 (normally €85)

CALL 021 487 8465 STATION RD., BALLINCOLLIG





### **MACROOM GIRL GUIDES**

#### Ardilaun Brownies Riverside Walk 2nd May 2024

On Thursday 2nd May John Lyons lead the Ardilaun Brownies on a fascinating riverside walk by the banks of the river Sullane that runs through Macroom town. The starting point was the Fairy Garden. As the outdoors is central to our programmes it was great to have someone as knowledgeable as John to share so much information with the girls about the trees we saw on the walk. After the walk the girls were able to identify the different leaves and fruit of the trees in the area. We would like to thank John for a very informative walk which the girls and the leaders thoroughly enjoyed.

#### **Ardilaun Guides**

On Friday 10th May Ardilaun Guides welcomed Cllr. Eileen Lynch to their meeting to discuss local and European elections. A very informative session was given by Cllr. Lynch on the election system in Ireland. The guides showed great engagement with the topic and had some great questions. We would like to sincerely thank Cllr. Lynch for joining our meeting and for answering the many questions.

On Saturday 11th May, Ardilaun Guides were up bright and early to participate in the Darkness into Light walk in Macroom. A lovely walk was enjoyed by everyone who participated in the event. The walk was very well organised with stewards positioned at numerous points along the way to ensure that no one strayed off track. We would like to thank the parents who walked with us.

#### **MacEgan Senior Branch**

This July, 63 Irish Guides aged 16-22 will embark on a 10-day adventure to Norway, where they will join 6,000 other Guides and Scouts from around the



Ardilaun Brownies enjoying a riverside walk with John Lyons on Thursday 02nd May 2024.

world at the Scout jamboree known as Roverway. The journey begins with five days of exploration, as they split into 'pathways' led by local Norwegians. These pathways offer the chance to delve into city life, embark on scenic hikes, and participate in water activities like canoeing.

Afterwards, everyone reunites for the last five days at the main camp, nestled on a stunning peninsula jutting into the North Sea, surrounded by fjords and mountains. This site, where Viking remains were recently discovered during camp preparations, promises an unforgettable experience.

Over the May bank holiday weekend, the Irish Guide

contingent, including six girls from MacEgan Senior Branch Macroom, gathered for a 'prep camp' in Clara, Offaly. Here, they practiced essential camping skills such as first aid, outdoor cooking, and knot tying, with a campfire on Saturday evening. Everyone went home feeling prepared and excited for their trip this

For further information on Guiding in Macroom and the surrounding areas please contact macroomguides@gmail.com

# Macroom Tidy Towns

On May 2nd a couple of our Volunteers attended the Macroom Business Breakfast in the Castle Hotel, organised by IRD Duhallow and Lee Valley Enterprise Board. The theme was 'Why would you stop in Macroom' now that the town is bypassed. Guest speaker was Alan Shortt, now a communications consultant who had some thought provoking ideas and suggestions about telling a story about Macroom that sounds interesting, even if the story is embellished somewhat. This was an all ticket affair and well attended and provided a very good networking opportunity for all those present, approx 50 guests. One invited speaker from Killarney highlighted the fact that the Tidy Towns in Killarney were a major contributor to their success in attracting visitors.

Our Tidy Towns Submission for the SuperValu national competition was submitted ahead of May 7th deadline. As always a very comprehensive submission was made under the following headings; 1) Community – Your Planning and Involvement. 2) Streetscape & Public Places. 3) Green Spaces and Landscaping. 4) Nature and Biodiversity In your locality. 5) Sustainability – Doing more with less. 6) Tidiness and Litter Control. 7) Residential Streets & Housing Areas. 8) Approach Roads, Streets & Lanes.

We have recently submitted an Expression of Interest ahead of a grant application to widen the path along the riverside walkway in Tom Creedon Park, wide enough to accommodate a cycle lane and walking lane which will facilitate better buggy and wheelchair access. We also recently applied for a grant for a Water Station to be installed in the Fairy Garden to aid Sustainability, whereby users of the park can fill or refill their own water containers.





Tidy Towns Fruit Orchard with Apples, Pears and Plums. An ongoing project to promote Biodiversity and sustainability.

Tidy Towns members recently gave a wide ranging and comprehensive talk to the Arduilan Brownies for an hour and a half. The group comprised three adult supervisors and 15 very enthusiastic Brownies. This began with a group discussion at our hub in Masseytown where there were examples of tree names on signs and display board awaiting erection. A guided walk followed in the sensory garden, the biodiversity garden, the riverside biodiversity area and finished up in the Fairy Garden. The display Board on Trees provided a mine of information, and the rubbing plate proved to be most interesting. Tidy Towns work closely with the Men's Shed and the Men's shed would welcome any members that would like to join their activities. If you are interested in meeting up on a regular basis for a chat and have a look at what they do why not come along and see. They are open Tuesday, Wednesday and Friday from 2-4pm at their base in Masseytown Road. So why not call in and see for yourself.

The Cork County Council Anti-Litter Competition is taking place again this year. The first period judging is taking place from May 13th to May 22nd, Second Period judging is taking place from May 27th to June 5th, with the Final and Third final period judging taking place from June 10th to June 19th. During the judging, selected stretches of the main streets, lane ways and square will be marked. The focus is on litter and the number of pieces of litter found will be counted and marks lost accordingly. On each of the three judging periods, one estate will be selected for Judging. The estates this year are Oakwood, Sullane Weirs and Lios Na Fea. Can the residents ensure that their area is litter free when the judges arrive.

It has been a busy few weeks for Tidy Towns Volunteers with cleaning around in front of Dunnes Stores, Dan Corkery Place and the usual litter picking spots. Would like to say thank to Lazlo in Lidl for donating fruit, bottles of water, cans of 7up and Flowers. We nearly had a viral moment when impromptu live music sesh took place in the Hub after a Saturday morning's work, with six different nationalities present. At the time of writing, it had amassed 7,000 views.

Tidy Towns Volunteers meet every Saturday at 9am in our base in Masseytown, we are always open to people joining, so why not come along some Saturday morning and see for yourself the work that is done.





# The Mills Inn

Ballyvourney Co Cork P12 FF86

Open 7 days a week

Breakfast served 9am-11.30am

Dinner served 12pm-8.30pm

Easily accessed, just off the Bypass

check us out :





### BALLYVONGANE NS



Please support our upcoming clothes collection. Bags of clothes can be dropped to the school any day before the 31st May



The Junior Room has been busy planting flowers, lettuce, corn, carrots, onions and beetroot.

# ALZHEIMER CAFÉ IN MACROOM

The Alzheimer's society of Ireland has launched a memory cafe in Macroom very recently. The next one will be Monday 27th May at the next door cafe in the Castle hotel in the town from 11 - 1pm. It's basically a support for families of those living with dementia, so we're encouraging anyone either living with dementia and their families to come along. The morning starts off with coffee/tea and scones followed by a speaker . The talk this time will be given from a bank manager on finances /safety. People will have the opportunity to chat and meet together . It finishes with a short time of music and sometimes a singalong!



**ASI Macroom Memory Cafe Launch** 







Best of luck

Best of luck Coachford National School in Sciath na Scoile Final Wednesday 22nd 10.45 Pairc I Rinn



# **GREEN LOANS**

# BUILDING BETTER FUTURES

Sustainable **Home Improvement Loans** for a Greener Tomorrow

**BORROW €10,000** 

for only €168pm\*\*

**COMPETITIVE RATE** 

6.5%\*

(6.7% APR)

Talk to Macroom Credit Union today

Phone: 026 41689

email: loans@macroomcu.ie

www.MacroomCU.ie

Variable rate of 6.5% p.a. Variable (6.7% APR) \*\* For a green home improvement loan of €10,000 with a variable rate of 6.5% and an APR of 6.7% with 72 monthly repayments of €168.10 over 6 years. The total amount repaid is €12,100 with a total cost of credit of €2,100. Figures correct as at 17th February 2024. Figures are for illustration only and do not constitute a contract.

Loans are subject to approval. Terms and conditions apply. If you do not meet the repayments on your loan, your account will go into arrears. This may affect your credit rating which may limit your ability to access credit in the future.

Macroom Credit Union is regulated by the Central Bank of Ireland.



**20th May** Macroom History Group will hold its Secondary Schools' History Exhibition, from 7pm-10pm in the Castle Hotel.

23rd May Launch of Dromleigh NS cookbook, in the school from 12pm-2pm.

24th May Book launch by Lord Mayor Cllr. Kieran McCarthy 'Land War to Civil War 1900-1924 by Gerard O Rourke @8pm in Community Centre Stuake (P32 FP49).

27th May Kilmichael Historical Society The annual cemetery Mass organised by Kilmichael Historical Society will be held this year at Terelton Cemetery. The ceremony takes place at 7.30 pm and all are welcome

May 31st Music Among the Trees. A charity concert of local musical talent at 8pm, in St Senans Church of Ireland, Canons Cross, Inniscarra. ALL WELCOME

### Tony from Heritage Schools came to visit Dripsey NS recently. He acted as storyteller about historic characters and events, telling the children about swashbuckling pirate adventures and for older

classes, the immense bravery of Tom Crean in the South Pole. They were mesmerised! Some of their



The Green School Committee in Dripsey National School organised a whole school litter picking morning

# **Dripsey NS**

reviews: "Amazing, really entertaining and funny." "Tony was interesting, fun and educational." "His pirate costume was class and the sword was cool." "The pemmikan food for cold climates smelled yuck." Fun was had by all!

The Health Promoting Committee at Dripsey



National School hosted a Healthy Snacks morning which was a great success. The pupils had the opportunity to taste a broad variety of healthy lunch snack ideas. Each pupil also got to take home a recipe sheet of what they sampled so they could try the recipes at home.



The Health Promoting Committee at Dripsey National School hosted a Healthy Snacks morning which was a great success



Tony from Heritage Schools came to visit Dripsey NS recently



The Health Promoting Committee at Dripsey National School hosted a Healthy Snacks morning which was a great success

### **MUINEFLIUCH NS**

The children from Muinefliuch National school have been very busy for the month of April. At the beginning of the month the Junior Room took a trip around the garden to see the tadpoles in the school pond. The student council committee recently went on a trip to visit Grace O Sullivan's office in Cork city to learn all about her career as an environmental and peace activist. We have

also been keeping very active with our well-being activities during the month. Last Thursday the children walked to school. The children met the teachers at a specific location and the children walked safely to school together. The children also did 10 @ 10 every morning for the past week for active schools week. Each morning the children would complete an active exercise. We also had

Brick Legends visit us for a few weeks. Each Friday the children got a chance to make some Lego creations. Each week Jane and Stephen would give the children a challenge to complete with their Lego, the children loved these challenges. We are continuing with planting in our school gardens.





# matt murphy's PHARMACY

Main St., Macroom Tel: (026) 41000



Dr Developed - Patient Inspired By Dr. Clióna Murphy

## BUY ONE GET ONE HALF PRICE

CHOLESTERO-LOW

Cholestero-Low is a cholesterol lowering heart and gut supplement.



# Covid **Boosters** NOW INSTORE

### What does CHOLESTERO-LOW do?



# **FOR ALL YOUR VETERINARY**





- Magnesium buckets
- Calving shed disinfectants
- lodine sprays
- Colostrum
- Markings sprays
- Navel sprays
- Stomach tubes
- 4l Shoof feeders
- Electrolytes -massive selection
- Sachets liquids or buckets and Oral syringes

Dry cow tubes (short withdrawal) (subject to prescription) and Sealers IN STOCK All keenly priced.

- Milk replacements lamb and calf
- Wormers fluckicides
- Pour ons Spot ons
- Vaccinations
- Drenching guns
- Fantastic value instore
- Calcium injections drenches and boluses
- Magnesium injection drenches and **boluses**

OPENING HOURS: 8.30AM-6.15PM MONDAY TO FRIDAY SATURDAY 9AM-6PM



### ST JOSEPHS NS

St Joseph's have been busy finalising their project work for our application for the EU Blue Star award. As part of this, the girls from 6th class were delighted to have Billy Kelleher MEP visit the school to discuss his work locally and in Europe. There were lots of questions asked and Billy emphasised the importance of being a positive part of and improving the community at a local level in whatever way we can.

**Huge congratulations** to our 2 lucky parents who were Jackpot winners over 2 consecutive weeks in

our weekly fundraiser draw. Both Breda Meagher and Niamh Hodge won 2000 euro. We would

like to thank them and all our parents and community members who continue to support our fundraiser each week. To date money raised has been used to purchase musical instruments, sports equipment, baking equipment, communication boards, boardgames for classrooms which benefit all the pupils in our school.

Thanks to Liam Slattery and Laochra Og for providing hurling/camogie coaching sessions for

our pupils from Junior Infants to 2nd class area always loads of fun and hugely enjoyable for all. 4 projects were entered into the Bord na Mona Upcycling competition as part of our Green Schools attempts to highlight the importance of sustainability for everyone into the future. The pupils showed great innovation, creativity and teamwork to turn their ideas into usable objects. Well done everyone!







Bord na Mona upcycling projects in 6th class



Alice Clancy & Cornelia Cronin present Niamh Hodge with her cheque after winning €2000 in the school lotto recently



Alice Clancy & Cornelia Cronin present lotto winner Breda Meagher with her €2000 cheque after winning the school lotto recently

### **BALLINAGREE NS**

Pupils of Ballinagree National School have been very busy over the past few weeks since the Easter holidays. Our 2nd & 3rd class pupils took part in an enjoyable non-competitive football blitz in Pairc Uí Chaoimh recently. Our Active Schools committee has been busy organising the Race Around Europe activity and more recently Active Schools Week activities took place on the school's walkway and Astro-turf pitch. Our 2nd class

children received their First Holy Communion on Saturday 4th May and their families enjoyed a reception organised by the Parents' Association back at the school afterwards. The senior room children took part in our annual An Taisce Spring clean in an effort to clear away waste and rubbish from around the village.Despite the late arrival of Spring, children have been busy planting a variety of vegetables and flowers in the schools garden

including onions, potatoes, turnips, garlic, carrots, radish and wild flowers. Finally, our footballers enjoyed taking part in the Sciath na Scol Mhuscraí competition recently. Well done to the teams for making the final. More recently children enjoyed a day of Bike Safety Training with Cycle Sense of Skibbereen. Our Breakfast and Afterschool club continues to provide a vital childcare service for parents.









Ballinagree N.S. First Holy Communion chldren pictured with Fr. Joe O' Mahony and teachers Mrs Fionnuala O' Sullivan, Mrs Paula Browne and principal Shane Lehane.









### LEE VALLEY SCOUTS

Scouts from Lee Valley joined Scouts from across the county to bring the Cork Showgrounds to life on the last weekend in April. Among them were Lissarda Scouts, who teamed-up with Ballinora Scouts, to enter two patrols (teams). Approximately 400 Scouts aged from 12 to 15 years old set up cooking, sleeping, dining and firewood chopping areas on the open field, pulling together the skills they developed over the years. Leadership, teamwork, campcraft, first aid, cooking and housekeeping was judged by seasoned expert adult Scouters and scores applied. Scouts played a variety of games, danced at a disco, watched an outdoor movie, and enjoyed mixing with Scouts from other patrols, making new friends. The weather, although cold, was dry for the weekend. Lissarda and Ballinora Scouts did themselves proud, earning two silver awards and advancing to the All-Ireland event which will take place in August.





Aerial view of the Scouts campsite

**Group photo of Lissarda and Ballinora Scouts** 

Second class pupils from Dromleigh N.S. received their First Holy Communion in St. Finbarr's Church, Toames on May the 5th. Well done to all of our pupils for taking part in the 'Food Dudes' healthy eating programme. Save the Date! Sixth class pupils will

### **DROMLEIGH NS**

hold their annual Bring and Buy Sale on June 17th in aid of Cork Penny Dinners and the school. Lots of fun and games on the day including a mega raffle. Raffle tickets are on sale now from Co-op Superstores Terelton, Dromey's Bar Dromcarra, The Kilmichael

Shop or by contacting the school 026-46212. Be in with a chance to win an amazing range of prizes. Follow us on Facebook 'Dromleigh N.S Kilmichael' or online www.dromleighns.ie



Students from Dromleigh N.S. celebrating 'Food Dudes Week' 2024.



Dromleigh N.S. launches fundraising cookbook

# Dromleigh's Delicious Dishes

Dromleigh N.S. launches fundraising cookbook Beautifully Illustrated book with recipes from the oldest school in Ireland

Dromleigh NS, Ireland's oldest primary school has published Dromleigh's Delicious Dishes, a beautifully illustrated, curated collection of recipes from the pupils and families of the school, as part of a fundraising effort. The cookbook, a labour of culinary love by pupils of the school, with additional contributions from members of the local community, is a tribute to the recipes that have nourished the pupils of Dromleigh NS, and their families, through the years.

The book is filled with 60 pages of flavour and fun and each recipe is beautifully illustrated by the pupils of the school, under the guidance of local artists Siobhán Duggan and Fiona Foley. From hearty stews to irresistible baked treats, each recipe carries with it a story of family gatherings and shared meals, of comfort food for the winter months or food that conjures up memories of long summer holidays. Dromleigh's Delicious Dishes - Recipes from the Oldest School in Ireland will be launched officially on Thursday May 23rd in Dromleigh NS at 12pm. It will be for sale locally or by contacting the school on 026-46212 /087-3161671 or by emailing the school at office@dromleighns.ie

Principal, Julie Murray said, "We are absolutely delighted with this cookbook which is testament to the spirit of our school and the vibrant community that surrounds it. As Dromleigh NS has nurtured generations of learners, the recipes in this book have nurtured the pupils and families in the community and beyond.

There was great excitement as the book started to come together and we began seeing all the different types of dishes. We are so grateful to the pupils, their families and our Parents' Association for the work they put into this. The illustrations adorning these recipes show the imaginations of our children reflecting their creativity and passion for both art and cooking."

Dáire, a fifth class pupil said, "I loved being a part of this project and sharing one of my favourite family treats. We had great fun at home deciding on the best recipe and I never could have imagined it would look even better in the book. I really hope people buy this lovely book and have a go making our recipe!"

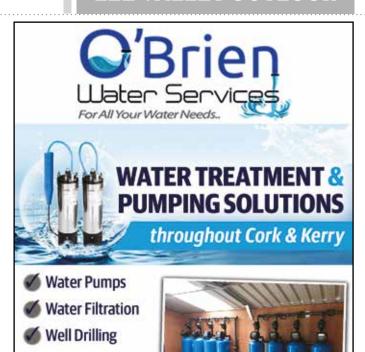
Saoirse, a fourth class pupil stated, "Everybody put loads of work into the recipes. It will be a lovely keepsake with all types of tasty recipes. All of the school put in lots of work which has paid off." Bláithín, from third class said, "We put a lot of work into

our cookbook. It has a lot of unique delicious recipes. There could be recipes from past generations."

Jonathan, also from third class said, "A great way for families to share recipes with each other."

Do not miss your chance to bring the flavours of our community into your kitchen while supporting the enduring legacy of Ireland's oldest school.





Tel: 086 246 6726 026 - 62233

Rain Water Harvesting Water Treatment

Services

email: obrienwaterservices@gmail.com www.obrienwaterservices.com



# McCarthy Insurance Group

# Supporting Local Communities For Over 70 Years



**Business** Insurance



Home Insurance



Motor Insurance



Insurance



Insurance



Insurance

Established in 1952, McCarthy Insurance Group is one of Ireland's largest independent insurance brokers. McCarthy Insurance Group acquired Corrigan Insurances in 2022, bringing its total number of branches to 16 across Ireland. For over 70 years, McCarthy Insurance Group has been providing support, advice and the best value to its customers.

39 MAIN STREET, MACROOM



macroom@mig.ie



**U** (026) 41244

Charles McCarthy Insurances Ltd 1/a McCarthy Insurance Group, McCarthy Financial Services is regulated by the Central Bank of Ireland.

### CLONDROHID NEWS

MEDJUGORJE GROUP PILGRIMAGE 2024: Direct flights May 29 to June 5. Accompanied by Fr Donal Leahy and Deacon Frank McKevitt. Contact John Fitzpatrick on 0872560154 for more info.

MOVEMENT OF CONTINUOUS PRAYER: The next 24 hours of prayer for Marriage and family life is Monday May 27 to Tuesday May 28.

DARKNESS INTO LIGHT: Thanks from Clondrohid GAA Club to all who helped organise the walk. Gobnait Kelleher & the Creche for catering, Peter Lane for sound, Healys Spar for refreshments, Escort Drivers - Finbarr O'Brien & Patrick Lynch, all who donated and all those who walked last Saturday morning. All monies raised go direct to Pieta House. Looking Forward to next Year.

CLONDROHID DEV GROUP: All systems go at the moment in the village, with cleaning, painting, shrub and flower setting etc. all being put in place for Tidy Towns. Please keep the area around your dwelling free from weeds and rubbish. Thanks to the committee and to all who help.

**LOTTO:** Results for May 8, Jackpot of €1,000.

Jackpot of €3,200 was won by Muireann O'Sullivan The Tce., Well done, enjoy €70 John Cronin Codrum

€20 John Joe and Edel Coakley Inchigeelagh, Peggy Lynch c/o The Laine, Jerry Master Kilmichael, Denny Dineen Curra Glen,

GAA NEWS: Clondrohid U18s were away to Ballingeary last week in the league. Both sides went at the game with great intensity which lead to a great battle of possession on the pitch. It was Clondrohid that lead by a point at half time. Second half resumed with no let up . In the last few minutes of the game Clondrohid were unlucky not to level the game. Ballingeary won by the narrowest of margins. Clondrohid 2-7, Ballingeary 2-8. Thanks to the supporters from making the trip.

U15 Feile 6 Division 3 group was played in Cullen on the Bank Holiday Monday. The first game of the group was Clondrohid vs Newmarket, Clondrohid started well and led 1-3 to 3 points midway through the first half. Newmarket got back level with a very well taken goal to level the game. Clondrohid secured a penalty near HT and Ross O'Brien netted to the bottom corner to reinstate the 3 points at halftime, on a score line of Clondrohid 2-4 Newmarket 1-4. Clondrohid started well again in the second half and played some great attacking football to put the game out of reach with 4 well taken goals. Final Score Clondrohid 6-4 Newmarket 3-5. The 2nd and last game was against a very strong Duarigle Gaels team, the winner takes all as both teams had a win each. The first half was evenly contested with the boys from the conbination of Millstreet and Cullen leading by a single point at half time. Clondrohid 0-3 Duarigle Gaels 0-4. The second half was a thriller as both teams gave everything to win the game. In the end it was the brilliant defending that got



Clondrohid u 15 Feile Team

the Clondrohid boys over the line on a score line of 1-4 to 0-6.

Thanks to our supporters for their encouragement throughout the 2 games and thanks to both Newmarket and Duarigle Gaels for 2 very sporting games.

Clondrohid will now play in the semi final of the Division 3 Feile, time, date and venue to be confirmed. Clondrohid Team - Sean Kelleher, Connor Hourihan, Dylan O'Connell, Simon McCarthy, Cathal Lyons, David O'Leary, Cal O'Driscoll, Darragh Manning, Cormac Healy, Ciaran Coleman, Jamie McCarthy, Mathew Kelleher, Ross O'Brien, William Healy, David Kelleher, Andrew Granville.

Rebel Og West U14 Div 2 Championship Clondrohid vs Castlehaven on Tuesday April 30 in Clondrohid. The Clondrohid and Castlehaven U14 teams played a thrilling 1st round championship game at Clondrohid. Clondrohid played great attacking football and scored some great goals. At HT the score read Clondrohid 4-6 Castlehaven 0-3. The second half saw Castlehaven coming back into the game to put 6 points between them with 12 minutes remaining. Some great defending in the closing stages and 2 more goals added to win the game. It was a very sporting and entertaining game, well done to both teams. Full Time Clondrohid 6-7pts Castlehaven 3-6pts. Thanks to our supporters for coming out to encourage the lads. Clondrohid Team - Rory O'Shea, Cormac Healy, Darragh O'Shea, Fionn Desmond, Simon McCarthy, Cathal Lyons, David O'Leary, Cal O'Driscoll, Darragh Manning,C iaran Lynch, Ciaran Coleman, Jamie McCarthy, Mathew Kelleher, Ross O'Brien, Kevin Hennigan, Jayden Ring, Mathew Dunton, John Casey, Joe Healy, David Kelleher.

## ilmurry Active Retirement

### What we have been up to

Courtesy of Paul McLellan, trading as 'Catering by Paul', we had our long-anticipated cookery night on the 1st of May in Crookstown. The kitchen was full of wonderful workers, and while I was observing all going on someone mentioned to me that the kitchen was for working, and later someone mumbled something about somebody getting in the way. I hadn't seen that. I think the kitchen was too small for such an extent of talent and sure that was probably the reason that I was eventually asked to leave. There were over forty of us in the lower room wondering what would arrive and chatting in anticipation. Well, there was a starter, finger food and not just a main course but a choice. Was it good? Well now just look at the faces in that photo with Paul afterwards. A happy bunch then they appear! And all for a tenner, where could you get the like? Hmmm, well, you could get it from Paul's stall at the Spreading Chestnut, any Thursday to Sunday.

I had a wee part in organising the event, in that I approached Paul. What a great example of community spirit he exemplified throughout. Immediately he was prepared to do not just but more than we asked, and he refused to accept payment. He told me that his parents had told him that one should give back to one's community. It is truly heart-warming to see such generosity in young people, long may it remain, and may they pass that same sentiment forward too.

On Thursday 2nd of May we had our last gardening class with Pat Sheehan. Pat is retiring from his teaching role with CETB after so many years. It was bitter/sweet. I gained a lot from the course and especially a lot of plants. What will grow we will have to wait and see. Thanks to Dominick Cullinane, for providing the space, and the coffee, at his Curraghbeg nurseries.

On Wednesday the 8th of May we had Mary with her 'parachute' fun exercise, and it was just as well received as always, thank you Mary. Our bus tour on Saturday 11th May left Kilmurry at 10am with 48 passengers onboard. What a great choice for our activities. Goldens of Kells for coffee, and the beautiful Kells Bay House and Gardens close by afterward. We dallied a while in Waterville, and then on around the Ring of Kerry having a few too brief pit stops and then Torc Waterfall proved a welcome break. We arrived as planned at 7pm for the feed at the Kerry Way. We finished off the day watching Cork beat Limerick, and sure that was as good a way to top off the day as any! The weather was really kind to us, and just in case we didn't really appreciate it, the rain on following days prompted us to do so. Our highlight

destination though was the renowned prize-winning Kells Bay Gardens. All in all, our trip was a feast for the eyes with such beauty, a feast for the ears with such chat and banter with friends, and stops for feeding the bellies too, with good sport and results. Nothing wrong with that.

Upcoming and ongoing activities

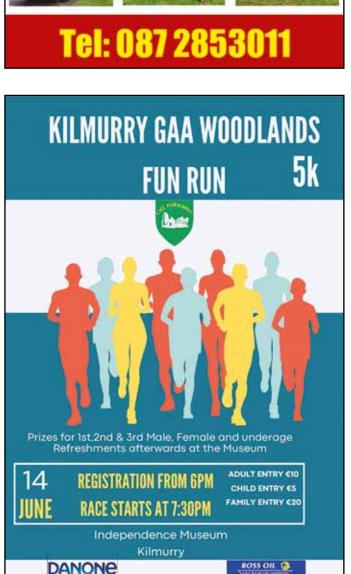
It will be a bit of a gamble on the 15th of May. We will be having bingo and card playing, and the stakes are being raised substantially! On the 22nd May we will be off on that mysterious coffee crawl, and this time with a twist. I wonder what that could be. We will have Rose McCarthy back at the end of May and early June for an outside activity (weather permitting). Our popular Zumba gold classes with Yvonne Murphy are in Crookstown hall on Wednesdays from 6.15pm to 7pm and there are three classes remaining. If you want just to try it out, all are welcome. It costs just €15 euro for ARA members for those three sessions. There will be a further course following in the Autumn.

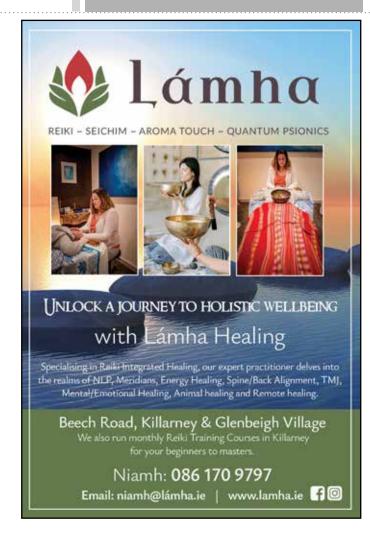
Our association is open to all, and our membership fee is just €20/calendar year or €30 for a couple. Our philosophy is that age makes no difference, but health does. We try to do what we can to keep healthy and challenged in body and in mind, and together that is easier. You will be kept as busy as you choose to be and positively engaged in your community, and we think you will enjoy it. There are several active retirement associations in the Lee valley. If you are interested in finding out more, we can put you in contact with the right secretary for your locality, or if you are interested in starting one, there is support for that too.

For more information contact Aidan at 0894057676 or aidanpbarry@outlook.com











"If you can imagine it, you can achieve it. If you can dream it, you can become it." William Arthur Ward







Hi Chris Barrett back here again! Today I have the great pleasure of speaking with Rami who, together with his family and wife Nadia, set up the KOOL cafe in Macroom in 2022.

For anyone who has considered setting up a business from scratch, this article will be a particularly inspiring read. They set up KOOL cafe because with a young family of mixed ages, Rami and Nadia became aware how few facilities were available to children and young people in Macroom. They saw how teenagers, including their own, were constantly abandoning their home town of Macroom and heading off to Cork city to gain the experiences which have become the norm among young people. When the KOOL Cafe was initiated two years ago, it was envisaged as a project which would involve their entire family. Rami himself is not a stranger to the world of entertainment. He has a Master's degree in Business, Major Marketing. Very early on, he spotted a gaping hole in the social



lives of young people. He envisioned the possibility of improving this by providing varied indoor entertainment available to everyone in the Macroom area. He became sadly aware of teenagers trying to socialise by gathering around shop fronts to shelter from the rain. This obvious need, combined with his experience in the field of entertainment which includes 20 years as a Cinema Director began to motivate him.

His desire to keep his own family challenged and entertained, came together to create what has become a wonderful cafe, and far more, right in the centre of Macroom. So far many people of all ages have benefitted from this dream. It was fortuitous that as a visual designer and an experienced events organiser, Rami was able to assess the best means of combining his family's talents and interests with those of the people of Macroom. Having a young family of mixed ages, he has his finger very much on the pulse of the latest 'big thing'. I was interested to hear how the cafe had started. For a while it had been envisaged by Rami, but he had no actual location. After Covid, he found a building which was in very poor condition. It seems to me that this is the point at which the community side of this project really took off. With much appreciated help from the Men's Shed and Tidy Towns, Rami and his oldest son (Nader) spent 100 days getting the building ready. He is also extremely grateful to his Landlord who allowed him to have 6 months rent-free which enabled him to establish the business. He is well aware that without the generosity of so many people in Macroom, KOOL Cafe would not exist. Many local people have helped to bring this project to fruition and they should be very proud. From the point of view of the people of all ages who use the cafe, it is a terrible thought that without their input there would be no KOOL cafe. Rami is also grateful for the help he received from an organisation called SECAD which is linked to ENTERPRISE IRELAND. They provided him with a 3 month training course on How to Start your Business in Ireland. This was vital, because once he had passed this course, he was eligible to present his business proposal to Social Welfare, who then could decide if it was viable. If they deem a business is viable, they



on its own.

17th May 2024 KOOL Cafe is Celebrating Two years of Success Creating Great Moments For Everyone

Every Day!

I was interested in hearing a little more about what makes Rami's dream cafe different from other cafes. It opens at 9.30 from Tuesday to Sunday and shuts at 7pm except on Wednesday which is

and shuts at /pm except on Wednesday which is a Board Game night which finish at 9:00pm. On weekends it hosts

some local event like Birthday Parties, Anniversary, Graduation Celebrations and other special occasions. Its two Pool Tables are often in use as is a Soccer table and Table Tennis. Yu could play a mini Golf while waiting your order to be ready! The front of the cafe which faces the street, is regularly filled with



happy customers of all ages enjoying local teas, Italian coffees, delicious Syrian soups and cakes etc. There is a dedicated room for childrens parties, and parents can sit in the main part of the cafe and relax, knowing that they do not have to clear up! The cafe can also arrange catering in your own home, of traditional Syrian cookery. The cafe not only specialises in wonderful Syrian delights but also such foods as scones, toasties, burritos and other Mediterranean specialities, as well as gluten free food. Rami and his family are adamant that this is a cafe for everyone. It provides

something for all people. Age is not important as can be seen by the many older people enjoying taking time out there, to catch up. Men's Shed have been regulars over the past two years and they enjoy dinner and tea every Thursday while they play pool. Women's groups such as the Purlies knitting group extend their meeting time by enjoying tea, coffee and snacks together in KOOL Cafe. It has also become a bit of a haven for mothers and grandmothers to sit and relax while children are in school. You can often see a two year old on a toy machine as mothers sit and chat nearby.

It has been a pleasure speaking with Rami and I am sure the readers of the Lee Valley will join me with wishing him all the best with his future as he sails on into the future, bringing new ideas, this time under his own steam. Thank you Rami, Nadia and your family for all you have brought to Macronom



## SCOIL NAOMH MHUIRE, FARRAN

Imagine spending 9 days in the air, 1000s of metres above ground, climbing or hanging but never walking!! Sean Villanueva O'Driscoll, a professional rock climber, came in on Wednesday April 10th for an hour and a half to show us all the climbing expeditions he has been on. His mother's family is from Cork and his father is from Spain and he grew up in Belgium. When he was very young he visited a rock climbing centre and he's climbing still.

At the start he showed us a slideshow of one of his

first expeditions. It showed the mountain he was climbing, the route they climbed and how they slept on the side on the mountain. When they are climbing they set up very small tents which are attached to the side of the rock, sometimes they are actually hanging! It is sometimes difficult to sleep and if the weather is bad they cannot leave the tent but he also plays the tin whistle and his friend plays the guitar and he said that they play some music and it helps them to relax and to pass

the time when it is too dangerous to climb.

At the end he showed us one of his most recent climbs which was in Patagonia, it wasn't just one peak, it was seven peaks that he climbed in 5 days. He has to do a lot of training for the climbing and he especially needs to have a lot of strength in his upper body and in his fingers!! He showed us a little training montage video that he had made. He was a really interesting person and it was a fascinating talk.





### **UIBH LAOIRE NOTES**

As part of the Christmas Market in Creedon's Hotel in Inchigeela Last December The Inchigeela Car Booters raised €1650 for Cork penny Dinners which we presented to Caitriona Twomey in January and following on from our success we decided to do a raffle on Good Friday Night in Inchigeela hall at their weekly Bingo session which raised €1200. Catriona Twomey once again came to Inchigeela on Friday 27th of April to collect the monies raised. We would like to thank all who supported us in our fundraiser by sponsoring raffle prizes or buying raffle tickets. We would also like to thank Creedon's Hotel, Billy Cotter, Gussie O'Riordan and Inchigeela Hall Committee for facilitating our fundraising efforts. A special thanks to our fabulous junior ticket sellers Jamie & Sarah Tanner. Thanks again all from Inchigeela Car Booters- Beryl Hennigan, Liz Tanner, Brid O Donoghue, Joan O'Neill, Colette O Leary & Catriona O Leary

### **Litter Challenge**

During May and June volunteer Litter pickers of the Tidy Towns group will be out each morning to keep the streets and the housing estates litter free for the competition run by the Cork Co Council. Residents and businesses can assist them by making sure that the area nearby is litter free. Last year, the village was denied a win by a carelessly dropped chocolate wrapper and a few cigarette ends. So let's all make

a special effort this year. Volunteers are always welcome.

### **First Holy Communion**

A very special congratulations, to all the young girls and boys who receive their First Holy Communion in all parishes at this time of year.

### Into the Light

A big well done to all who took part in the recent Darkness into Light fundraising walk in aid of Pieta House and the good work that's done by that organisation. There was a large crowd of good humoured walkers in the Inchigeela walk. And a huge bualadh bos for the organisers and all who assisted in different ways. And if you missed the walk, donations can be made of course at any time. **Social Dancing** 

All Social dancers meet again at Inchigeela Hall and dance the afternoon away to Teddy and Cathal Barry. Sunday May 26th 3pm to 5.30pm. AND, don't forget, Bingo with Jackpots and Snowballs on Friday nights and cards on Sunday nights. Thanks to everyone in the large crowd who came to support the fundraising Bingo night for the Day Care Centre **Béal Atha** 

Tá sé beartaithe go mbeidh lá mór péinteála ar siúl ar an 18ú lá de Mí Bealtaine. There's a big painting day planned for the 18th of May in Ballingeary village and volunteers, individual and families are welcome to help in making the village beautiful for the summer. Past painting days were strongly supported and lets all get behind this one as well. Contact any member of the Tidy towns to get organised or just turn up on the day.

### Radiothon/Giving for living

The last weekend of May will see many events taking place all over Cork County to fundraise for cancer support service charities and cancer research. I mBeal átha ta siulóid eagraithe go Bárr a' Chúma ar an 25ú la de Bhealtaine. A walk is organised from Ballingeary to the Top of Coom for the 25th of May, starting at 1pm. All monies collected will remain in Cork County for cancer support services. Refreshment will be available in top of Coom, the highest pub in Ireland. A bus will be made available for the return journey. Contact Antóin ó Creimín at 087 7639303. Please support the event.

### **Cuan Barra**

At Cuan Barra Community Centre the following services are available: Gruagaire (Hairdresser) Book with Joanne 087 7798592

Teiripeóir ailleachta (Beautician) Contact Cecily 085 1679563

Chiropodist, First Tuesdays of Month, phone Margaret 087 7648527



Sixth Class students in Inchigeela NS presenting €305 from Pyjamas day at school, which raised funds for the Bumbleance. Con O Leary arrived in the Bumbleance for the presentation, and all the pupils learned more about how the bumbleance helps children who are unwell and their families, and got to see what it is like inside it.









Talk to our dedicated wedding team today

064-6679300 alan@kenmarebayhotel.com

www.kenmarebayhotel.com







# MACROOM Tool Hire & Sales















CODRUM - MACROOM - CO. CORK - P12CF24

Tel. 026 42133 / 43955 INFO@MACROOMTOOLHIRE.IE WW.MACROOMTOOLHIRE.IE

DIY - PLANT & TOOL HIRE - CONSTRUCTION - P.A.T. TESTING - FARMING - GARDEN TOOLS - WORK WEAR



L to R: Kevin Murphy Chairperson Killarney Cycling Club, Niamh Cronin, James Doyle Down Syndrome Kerry, Denis Cronin, committee member Down Syndrome Kerry, Fiona, Anne Marie and Lisa, members of Killarney Cycling Club

Saddle up for Down Syndrome Kerry in partnership with Killarney Cycling Club on Saturday, 15th June, 2024 for this year's Three Peaks Challenge.

The event, which is the only one day cycle event Down Syndrome Kerry is associated with this year, promises to be a fabulous day of cycling and fun! With plenty of laughs and refreshments along the way, there are two routes available; 100km or 75km, to meet all abilities, covering some of the most beautiful landscapes in Ireland.

This is the perfect warm-up for anyone thinking of doing the Ring of Kerry cycle this year or anybody looking for a really well run sportive with great craic guaranteed. The 100km route challenges the stronger cyclists and the 75km route gives cyclists the chance to become familiar with Moll's Gap which is part of the Ring of Kerry route.

The cycle sets out from Killarney, heading out the Cork Road. The 75km route (one peak) turns right at Loo Bridge for Kilgarvan and onto Kenmare, while the 100km route, (three peaks) heads over the county bounds to Ballyvourney, onto The Top of Coom and then Kenmare. Both routes continue on over Moll's Gap, passing through the picturesque Ladies' View and back into Killarney, where all participants will be treated to a burger and drink at the finish line.

All cyclists who register online will be entered into a raffle for some great spot prizes kindly donated by our sponsors, winners collecting their prize at the finish line.

Down Syndrome Kerry's goal is to help people with down syndrome to make their own futures as bright and independent as possible by providing them with education, support and friendship every step of the way.

Funds raised from this cycle will help Down Syndrome to continue to provide vital services such as speech and language therapy, occupational therapy and job coaching to their members. As Down Syndrome Kerry do not receive any government funding, they are totally dependent on your support to continue to make these services available to those who need them.

You can register for the cycle which is €40 for Cycling Ireland members, €20 for accompanied under 16's on event master:- https://eventmaster.ie/event/dW04CnGSwV

Further information available through ...... https://www.facebook.com/DownSyndromeKerry/

and https://killarneycyclingclub.com/three-peaks-challenge/

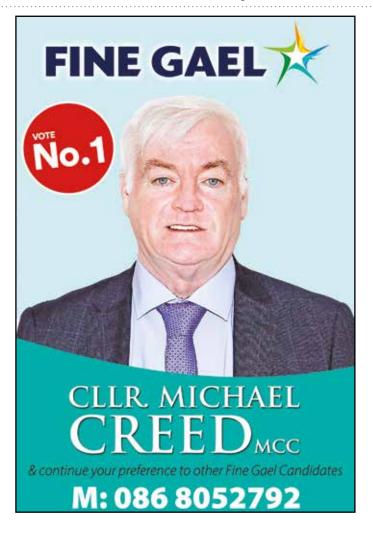
We thank you whole heartedly for participating and we look forward to a challenging but most importantly, FUN event on June 15th.



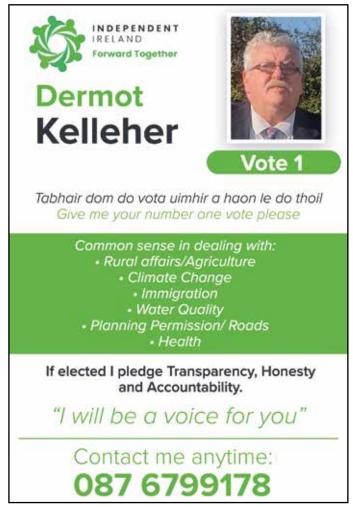














# Sustainable Warmth Ltd



We specialise in

# SPRAY FOAM INSULATION

ATTIC - CAVITY WALL - EXTERNAL WALL

**SEAI GRANTS AVAILABLE** covering up to 80% of the cost Typical 4 bedroom

bungalow -COST ONLY €300

**CALL US** TODAY TO BOOK **YOUR FREE** QUOTATION

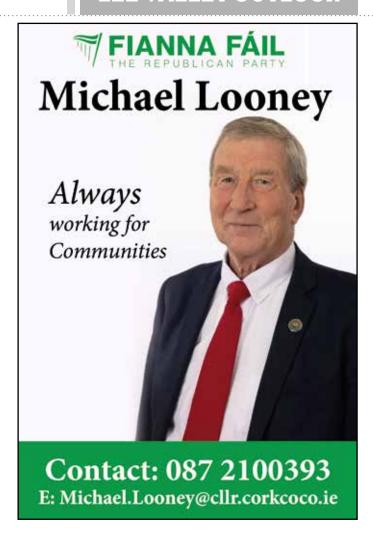


T: 066 970 2113 | M: 085 849 4107 Email: sustainablewarmth@gmail.com





JOHN A MURPHY: 085 2330800





#### LEE VALLEY OUTLOOK















Macroom travelled to Ballinora for their second championship . Team: Cian Lee, Tristan Mullane, Michael Deasy, David Condon, David Twomey, Ryan Brophy, Aled Hopkins, David Bradley, Dylan O'Shea, Oliver Krezpina, Ciaran Murray, Dylan O'Connell, Conor Angland, Cayden Dundon, Con Moss, Leo Slattery, Darragh Creed, Will Buckley, Brian McCrory, Callum O' Driscoll, Lochlainn Phelan, Sean Bourke.



Naomh Abán - Leaders of the Div Four County Football League





# ROSS OIL



"Your Local Oil Company"



For keenest prices on kerosene and heating oil in your local area

Farnanes, Co. Cork Contact Lisa, Shannon or Conor in the Tim Holland: 086 2356735 Office: 021 7335010 www.yourlocaloilcompany.ie



Mc Egan College: TY Students Summer Market on Tuesday 7th May.



COME AND JOIN THE ALZHEIMER SOCIETY OF IRELAND'S DEMENTIA DAY CLUB AT

COMHLACHT TITHE SÓISIALTA AGUS FORBAIRT AN TSULÁIN TEORANTA IONAD LAE, BAILE MHÚIRNE, MAIGH CHROMTHA, CO CHORCAÍ EIRCODE: P12 WK02

**EVERY TUESDAY FROM 10AM-3PM** 

· A wide range of enjoyable activities will take place including Bingo, Music, Art Therapy, Arts and Crafts and Light Exercises.



For more information please contact: Jerry Foley, Nurse Manager, Bessboro Day Centre, Co. Cork 085 -8565795 or 021 4972504 E-mail: jeremiah.foley@alzheimer.ie

#### Back to BLACK Newmarket, Co Cork, Tel: 029 22765 Professional Cleaning company based in Newmarket, Co. Cork. We are a Specialist Contract Cleaning company that caters for the Commercial and Domestic market. We specialise in removing Moss, Stains from Tarmac Brick Paving, Concrete, Power washing, Roof restoration. We restore the surface back to its original colour. No job too big or too small. Tarmac Restoration / Property Management Repair / Sealing Grounds Maintenance Covid 19 Disinfecting Cleaning of buildings (private & commercial) Algae Removal Rotary Cleaning / Traffic Management Powerwashing / Hoist available for Work Pedestrian Cleaning at Heights Roof Cleaning / Painting On-Site Contract Brick Paving / Patios Cleaning DRAIN JETTING C.C.T.V. PIPE INSPECTIONS Before After Contact GER on 087 2860837 or land line 029 22765 www.backtoblackmossremoval.com



## **NEW GRANTS AVAILABLE** OVER €1,000 TOWARDS **UPGRADING INSULATION IN YOUR HOME**

Grant applied for on behalf of the Homeowner

Grant amount automatically deducted from overall costs

Call us for further information and your FREE OUOTATION

\*subject to site survey and measurement



CAVITY WALL INSULATION | ATTIC INSULATION EXTERNAL WALL INSULATION

066 7135991 LIMERICK 061 320953 **TIPPERARY** 062 72761

See us on Facebook

www.kingdominstallation.com email: enquiries@kingdominstallation.com



Local, National & International

- **DIRECT & WEEKLY PART LOADS** NATIONWIDE
- WEEKLY SERVICE TO U.K. / SPAIN / **EUROPE / WORLDWIDE**
- STORAGE KERRY/CORK/LONDON
- MAN & VAN
- PACKAGING MATERIALS SOLD / DELIVERED
- **FULLY INSURED**

Looking for a safe and secure storage facility. Look no further than Irish Removals and Storage, Ballyvourney, Co Cork! Our facility is monitored 24/7 by CCTV, giving you peace of mind that your belongings are in good hands. We cater to both residential and commercial customers, offering affordable storage solutions for all.

In addition to storage, we also offer a reliable removal service to meet all your moving needs. No job is too big or too small for our experienced team of specialists. Let us take the stress out of moving your goods by contacting us today for a free quote.

We also provide a packing service, with a team of experts available to wrap your valuables, glassware, paintings, TVs, and more. We also have a range of packaging supplies available, including boxes of all sizes, packing tape, packing paper, bubble wrap, and more.

Choose Irish Removals and Storage for a safe, secure, and affordable storage solution.

"Slainte chugat"



#### CDYS MACROOM GOOD LIVES

The rain has cleared for now and at last we have managed to get back out to plant trees with Ted Cooke and our 2024 learners.

2024 marks the 10th year since the Demesne trustees "loaned" the 2 acre site (between the Sullane River and the golf club carpark) into the care of Ted Cooke (Macroom District Enviro Group) and Conor O' Callaghan (Arborist). Due to work commitments Conor remained on until years end 2016.

In the intervening decade, Primary and Secondary Schools (both rural and urban) have contributed to the creation of a native forest to replace the Sitka/Larch plantation that was clear-felled on the site in October 2013. Youth Reach and St Colman's

community house have also helped to progress our "Community Woodland"- most of the stock (Hazel, Crab-apple, Blackthorn, Oak, Wild Cherry, Bird Cherry, Alder and Birch) is of Gearagh/Toon Valley and St Gobnaits wood Parentage.

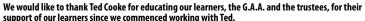
For the past five years, C.D.Y.S (Cloyne Diocesan Youth Services) Macroom Good Lives Project, have placed some learners on Work Placement with Ted on site acquiring a broad range of Environmental Skills, including, establishing a mini tree Nursery onsite; Tree identification, Eco-Piling, Soil Profiling, Target Pruning, Tree planting and Teamwork.

Our accompanying picture records our 2024 Learners planting a Brian Boru Oaktree, it's parentage is Ireland's most iconic ancient Oaktree



yet growing in Tuamgraney, East Clare. We would like to thank Ted Cooke for educating our learners, the G.A.A. and the trustees, for their support of our learners since we commenced working with Ted.







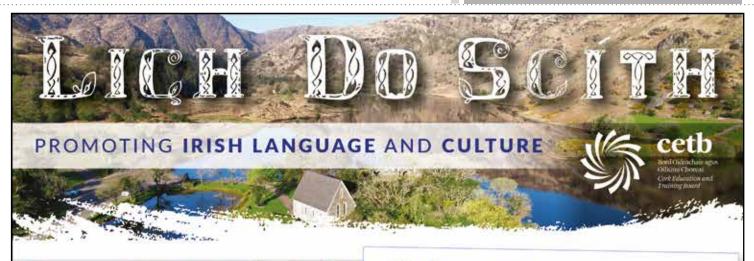
CDYS Macroom Good Lives planting a nursey in the GAA grounds.



Annual Tea Day for Alzheimers

This was held in Fr Ryan Hall on the 3rd May. Brilliant to see the continuing and growing support year on year.







## Cúl an Gí

Tá Tír na nÓg ar chúl an tí, Tír álainn trina chéile, Lucht cheithre chos ag súil na slí, Gan bróga orthu ná léine. Gan Béarla acu ná Gaeilge.

Ach fásann clóca ar gach droim Sa tír seo trina chéile. Is labhartar teanga ar chúl a' tí Nór thuig aon fhear ach Aesop, Is tá sé siúd sa chré anois.

Tá cearca ann is ál sicin. Is lacha righin mhothaolach, Is gadhar mór dubh mar namhaid sa tír Ag drannadh le gach éinne. ls cat ag crú na gréine.

#### le Seán ó Riordáin

Sa chúinne thiar tá banc dramhail, Is iontaisí an tsaoil ann, Coinnleoir, búclaí, seanhata tui. Is trúmpa balbh néata. Is citeal bán mar ghé ann.

Is ann a thagann tincéirí Go naofa, trina chéile, Tá gaol acu le cül a' tí, Is bid ag iarraidh déirce Ar chúl gạch tí in Éirinn.

Ba mhaith liom bheith ar chúl a' tí Sa doircheacht go déanach Go bhfeicinn ann ar cuairt gealai An t-ollaimhin sin Aesop Is é in phúca léannta.

Meitheal Gaolainne Chúil Aodha agus Dáimh Scoil Mhúscraí Uí Fhloinn

## Ag File ar an bhFilíocht

Turas véarsaíochta leis an bhfile, Seán Ó Riordáin

Ag tosnú ag An Muileann, 3in, Dé Sathairn, Bealtaine 18

Cúpla dán, siúlóid agus cupán tae i gcomhluadar a'chéile

#### SAOR IN AISCE

**TUILLEADH EOLAIS** Concubhar 083-0604200 Rugadh an file iomráiteach Seán Pádraig Ó Riordáin nó an Riordánach mar a tugtaí air, ar an 3ú Nollag sa bhliain 1916 agus d'éag sé ar an 21ú Feabhra 1977.

Rugadh agus tógadh an Ríordánach i mBaile Mhúirne agus is ann a mhair sé go dtí go raibh sé thart ar 12 bliana d'aois. Taréis dá athair bás a fháil ón ghalar eitinn(TB) sa bhliain 1926,tamall ina dhiaidh san bhog Seán agus a theaghlach go dtí áit ar a dtugtar Inis Cara le h'ais abhann na Laoi timpeall 11 míle lasmuigh de cathair Chorcaí. Faraor do bhuail an eitinn Seán féin chomh maith go luath ina shaol agus is é an galar úd 'an tubaiste ba mheasa ar fad ' dá shaol a dúirt. Seán féin. Ní hamháin go raibh a tábhacht scanrúil féin ach chur sí go mór le tábhacht dhá eachtra eile dá shaol, Baile Mhúirne agus bás a Mháthair.

Chaith sé ana chuid dá shaol sa Sanatóir (Sanatorium) nó san ospidéal de bharr an galar uafásach a chráigh é linn a shaol. Níl aon dabht im aigne ná raibh tíonchar ollmhór ar an breoiteacht a bhuail é ar meon a cuid dánta. Is minic é ag deanamh tagairt ar an bás ina cuid filíochta agus gan dabht na píosaí próis a scríobh sé chomh maith cosúil le Linte Liombó agus Taréis mo bháis, agus an dán fíor gleoite san Adhlacadh mo mháthair.

Tá sé fíor a rá gur bhain sé amach clú agus cáil naisiúnta agus idirnáisiúnta lena chuid filíochta. Is minic dó freagra a lorg, is é ag ceistiú saol an dhuine daona agus nádúr an dhuine daonna sa domhan seo nach dtugaimid.

Tá Meitheal Gaolainne Chúil Aodha agus Dáimh Scoil Mhúscraí Uí Fhloinn ag eagrú ócáid cuimhneacháin agus ómós don file i mBaile Mhúirne Dé Satham seo chughain an 18ú Bealtaine 2024



feedback/suggestions please email: communityedsouth@corketb.ie











Whether you're starting or progressing your career, there's a place for you in FDC.

## We're Hiring!

Join our team in **Ballyvourney** as an **Accounts Assistant!** 

## **Apply Today**

https://bit.ly/FDCCork

FDC offers excellent remuneration packages and career prospects to successful applicants,



## WE ARE HIRING

#### EXPERIENCED FULL-TIME HAIR STYLIST

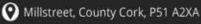
- DO YOU LOVE TO CREATE, COLOUR & STYLE?
- WE ARE LOOKING FOR AN EXPERIENCED STYLIST IN ALL ASPECTS OF HAIRDRESSING TO JOIN OUR AMAZING TEAM.
- YOU MUST BE PROFESSIONAL, HAVE A GOOD WORK ETHIC AND WORK WELL AS PART OF A TEAM.





Email Your CV to instylehairdesign28@gmail.com or call into the salon today!









f 🕝 find us on social media

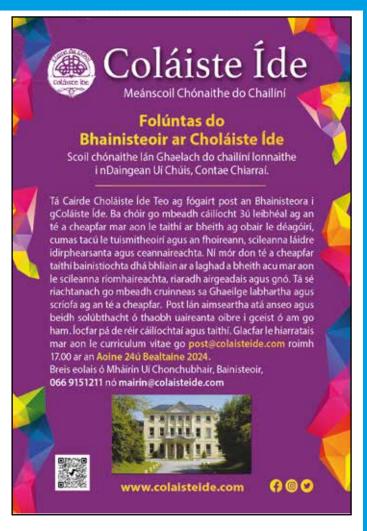


#### Benefits:

- · 4 day working week with regular overtime
- · Competitive pay rates
- Full training provided with opportunities for further training and progression
- · Woodworking experience an advantage but not essential.

Send you CV to: jobs@cygnum.ie









#### **GAA NEWS**

#### **Munster Senior Football Championship**

Final: Kerry 0-23 Clare 1-13

#### 2024 All-Ireland senior football championship

Sam Maguire Cup - Four groups of four teams Group 1: Galway, Armagh, Derry, Westmeath Group 2: Dublin, Mayo, Roscommon, Cavan Group 3: Donegal, Clare, Tyrone, Cork

Group 4: Kerry, Louth, Monaghan, Meath.

#### 2024 Tailteann Cup - All Ireland B SFC

Group 1: Kildare, Leitrim, Longford, Waterford. Group 2: Sligo, Antrim, Wexford, Tipperary. Group 3: Fermanagh, Laois, Wicklow, Carlow.

Group 4: Down, Offaly, Limerick, London.

#### Sam Maguire Cup Round 1 (first named team at home) Weekend 18/19 May

Group 1: Galway v Derry Group 2: Mayo v Cavan Group 3: Clare v CORK Group 4: Kerry v Monaghan

#### Weekend 25/26 May

Group 1: Armagh v Westmeath Group 2: Dublin v Roscommon Group 3: Donegal v Tyrone Group 4: Louth v Meath

#### Round 2 (first named team at home) Weekend 1/2 June

Group 1: Derry v Armagh, Westmeath v Galway Group 2: Roscommon v Mayo, Cavan v Dublin Group 3: Tyrone v Clare, CORK v Donegal Group 4: Monaghan v Louth, Meath v Kerry

#### Round 3 (neutral venues) Weekend 15/16 June

Group 1: Galway v Armagh, Derry v Westmeath

Group 2: Dublin v Mayo, Roscommon v Cavan

Group 3: Donegal v Clare, Tyrone v CORK Group 4: Kerry v Louth, Monaghan v Meath

#### **Munster Hurling Championship 2024**

- Round Robin

April 21st Waterford 2-25 Cork 1-25 April 28th Cork 3-24 Clare 3-26 May 11th Cork 3-28 Limerick 3-26 May 19th Sunday Tipperary v Cork at Thurles, 4pm

June 9th Sunday Munster Hurling Final

Still to play with present points earned: Clare 2 v Waterford 3, Tipperary 1 v Cork 2, Limerick 4 v Waterford 3, Tipperary 1 v Clare 2.

#### Cork 3-28 Limerick 3-26

A huge attendance of almost 42,000 was present at SuperValu Páirc Uí Chaoimh to see Cork hurlers snatch a dramatic victory over the reigning Munster and All Ireland champions. It had looked like another heartbreaking narrow defeat for Cork was on the cards when the Rebels trailed by four points in the 67th minute. They battled back however and cut the gap to two points in injury time and then substitute Shane Kingston burst through the Limerick defence from way out, kept running and was eventually hauled down resulting in a black card for Limerick defender Kyle Hayes and a penalty shot for Cork which veteran Pat Horgan buried in the net to give Cork the advantage at the crucial time. Cork added a point from Brian Hayes, the final whistle sounded, and scenes reminiscent of All Ireland days of vore were witnessed as the elated Rebel supporters invaded the pitch to congratulate their equally excited hurlers. Pure ecstasy for the home supporters even if the victory only gives Cork a chance of remaining in contention in the championship - victory over Tipperary in Thurles now the key to possible further advancement.

Cork had put in a super first half performance and led by 2-15 to 1-10 at half time. They held their own in the period over the break, 2-20 to 1-16 but then conceded two goals to the champions which gave the Shannonsiders the advantage. Shane Flanagan's second goal in the 52nd minute, resulting from a messed up short Cork puck-out, followed two Limerick points and cut the gap to a point. Points were exchanged and Flanagan's third goal in the 58th minute gave Limerick the lead and had Cork supporters in near despair. It seemed like Limerick would go on the victory but Cork held in there and battled with everything they had and with the huge support driving them on eventually got the break which has eluded them so often in the recent past. A great night for Cork hurling, massively enjoyable but only a first step on the hard road to redemption. A great night too for Shane Barrett of Blarney who put in a tremendous performance in the Cork attack.

There are several problem areas for Cork in defence and hopefully these can be dealt with to keep the dream of Cork getting back to the top alive.

Scorers for Cork: P. Horgan (1-11, 1-0 pen, 0-10 f); S. Harnedy, S. Barrett 1-2 each; D. Fitzgibbon (0-5); D. Dalton (frees), A. Connolly, B. Hayes (0-2 each); E. Twomey, S. Kingston (0-1 each).

Scorers for Limerick: S. Flanagan (3-3); A. Gillane (0-7, frees); G. Hegarty (0-4); C. O'Neill (0-3); T. Morrissey, D. Byrnes (frees) (0-2 each); D. Reidy, C. Lynch, A. English, K. Hayes, A. O'Connor (0-1 each).

Cork: Patrick Collins; Niall O'Leary, Eoin Downey, Seán O'Donoghue (Inniscarra)(c); Mark Coleman (Blarney), Robert Downey, Timmy O'Mahony; Eoin Twomey, Darragh Fitzgibbon; Declan Dalton, Shane Barrett (Blarney), Séamus Harnedy; Patrick Horgan, Alan Connolly, Brian Hayes. Subs for Cork: Damien Cahalane for E. Downey (23); Brian Roche for E. Twomey (57); Ger Millerick for M. Coleman (61); Shane Kingston for D. Dalton (62); Timmy O'Connell for R. Downey (66).

#### **LGFA - 2024 MUNSTER LFGA CHAMPIONSHIP**

The Munster Ladies Senior Football Championship was run on a round robin format and unbeaten Kerry are through to the Munster final against champions Cork, who lost one group game to the Kingdom. On Saturday 18th May, the Senior Championship final will be held in Mallow, and the game will be broadcast live on the Spórt TG4 YouTube channel. Limerick and Cork B panels will compete in the Munster Senior B championship - Limerick, Cork B & Kerry B. This is the second year of this competition, which is proving to be vital in the development of players from club to county standards.

#### Cork 0-11 Tipperary 0-10

Sadbh McGoldrick of Éire Óg was the hero for Cork as she got the winning point in the last minute to see her side progress to the TG4 Munster senior ladies football championship final.

Tipperary looked like they had the game won in Mallow when Angela McGuigan pointed but the title-holders worked the ball down the pitch for Katie Quirke to equalise. From the restart Cork won the ball back and McGoldrick hit the winning point with the last score of the game to go through.

Cork got off to the perfect start when Quirke got

their first point in the second minute and Maire O'Callaghan doubled their advantage after seven minutes. A Quirke point increased Cork's lead and Tipperary had only themselves to blame for not being on level terms as they had five wides to this point. Another Quirke free put the Rebels further in front and when she hit her fourth, after 11 minutes they led by 0-5 to no score.

Again the Tipperary women were guilty of terrible wides and by half time they had 10 to their name. They got off the mark after 17 minutes and got their second from a free and just before half time added two more so despite all the wides they only trailed by two at the break, 0-5 to 0-4.

Lydia McDonagh increased Cork's lead at the start of the second half, with Quirke adding another to make it 0-7 to 0-3. With 36 minutes gone Quirke pointed another free to put five between the sides as Cork looked comfortable but Tipperary they responded in style and three ;points in a row had the Cork lead down to two. Quirke replied for the Rebels, but again Tipperary with two points and suddenly there was only one between the sides. With 52 minutes gone Morrissey scored from another free and the sides were level.

Both sides failed to score until the final minute when Angela McGuigan looked like she had hit the winning score for Tipperary. Cork they kept their composure and worked the ball up the pitch for Quirke to score from a free. They won the ball back from the restart and McGoldrick hit the all-important score to secure Cork's passage to the Munster final.

Scorers for Cork: K Quirke 0-8 (6f), M O'Callaghan L McDonagh, S McGoldrick 0-1 each.

Cork: Caoimhe Richmond (Glanmire); Melissa Duggan (Dohenys), D Kiniry (Lisgoold), A Ryan (Mourneabbey); Sarah Leahy (Aghada), Aoife Healy (Cloyne), D Kiely (Valley Rovers); Máire O'Callaghan (Mourneabbey), K O'Driscoll (Clonakilty); A O'Mahony (Glanmire), Katie Quirke (Bride Rvrs), Amy McDonagh (Naomh Abán); Libby Coppinger (St Colums), Laura O'Mahony (O'Donovan Rossa), Emma Cleary (Éire Óg).

Subs: Lydia McDonagh (Naomh Abán) for L O'Mahony (25 inj), R Leahy (Aghada) for L Coppinger (30 inj), S Kelly for A O'Mahony, Sadhbh McGoldrick (Éire Óg) for D Kiely (both 45), K Smith (AghaDA) for K O'Driscoll (48).



#### **CAMOGIE**

The Camogie Munster Senior Championship games were run off as double headers with the Munster GAA Senior Championship. Cork travel to Thurles on Sunday May 19th to play Tipperary in the Munster Final, before the Tipp v Cork senior hurling championship game.

Preliminary round: Limerick 0-6 Waterford 0-12

Semi-Final: Clare 1-9 Cork 1-17: Waterford 1-18 Tipperary 0-18

#### Cork 1-17 Clare 1-9

Cork had the upper hand on Clare in the Munster senior camogie championship semi-final at SuperValu Páirc Uí Chaoimh. Played ahead of the SHC clash involving the same counties, the wind-assisted hosts were in a good position at half-time 1-10 to 1-3 in front.

Goals in the fifth minute from Clare's Zi Yan Spillane and Cork's Saoirse McCarthy got the contest off to a flier and once the home side got into their stride, they kept Clare at arm's length. With Cork on top defensively and Ashling Thompson revelling in her role at wing-back, McCarthy and McCartan added points to extend the lead. Clare had two points but Cork fired over the next seven points without reply in a dominant third quarter - six of which came from play shared between O'Connor, Thompson and McCarthy, and Cork were seven points in front at the break. On the resumption, Clare hit two-in-a-row, Cork replying from O'Connor and Laura Hayes. With the fourth quarter to play, it was a 1-14 to 1-5 game and the Rebels marched on. Clare and Cork will meet again in early June in the third round of the All-Ireland championship.

Scorers for Cork: S McCarthy (1-3), A O'Connor (0-6, five frees), S McCartan (0-3, 0-1 free), C Finn (0-3), A Thompson and L Hayes (0-1 each).

Cork: Amy Lee (Na Piarsaigh); Meabh Murphy (Ballinora), Libby Coppinger (St Colums), Meabh Cahalane (St Finbarrs); Izzy O'Regan (Ballygarvan), Aoife Healy (Aghada), Aisling Thompson (Milford); Hannah Looney (Killeagh), Laura Hayes (Killeagh); Hayley Ryan (Blackrock), S McCarthy, S McCartan; A O'Connor, O Cahalane, C Mullins. Subs: G Cahalane for I O'Regan (42), M Condon for H Looney (45), C Finn for C Mullins, P Mackey for L Coppinger (both 47).

#### Munster U20 Hurling

Cork 0-21 Waterford 1-10: Cork 2-22 Clare 1-19: Cork 1-25 Limerick 2-20:

Tipperary 3-20 Cork 0-18

Munster semi final: May 17th, Final: May 24th

The Cork U20 hurlers were considered favourites for the All-Ireland at the outset of this season but they've a lot of work to do now after suffering a chastening defeat by Tipperary.

They're not eliminated yet, with a Munster semi-final on the horizon on May 17. However, Tipperary were full value for their 3-20 to 0-18 success after fully exposing the flaws visible earlier in Cork's wins over Waterford, Limerick and Clare. This Cork group had steamrolled the opposition at minor level, winning by 10 plus points in all three games in Munster and the All-Ireland against Galway.

#### Tipperary 3-20 Cork 0-18

Cork will have to contest the oneills.com Munster U20HC semi-final after a disappointing defeat to Tipperary at Thurles, Cork's first defeat in this grade in two years. The manner of the defeat makes clear that a vast improvement will be necessary for Cork to advance to the final.

Cork had trailed at half-time with a deficit of nine points, 2-10 to 0-7. Tipp always looked dangerous in attack against an under-pressure Cork defence and they were in a marvellous position as they went in at half-time.

Tipp opened up an 11-point lead before Cork had the next four points. A third Tipp goal in the 40th minute made it 3-13 to 0-11 and Tipp continued to add points and they remained in control.

Scorers for Cork: J Leahy 0-7 (0-6f), W Buckley, J Dwyer 0-3 each, A O'Sullivan, D Healy 0-2 each, T Wilk, Barry Walsh 0-1 each.

Cork: P O'Sullivan (Fr O'Neills); K Lyons (Ballygarvan), D Cashman (Bride Rovers), D O'Sullivan (Ballinhassig); James Dwyer (Ballincollig), O O'Regan (Erin's Own), C Tobin (Bride Rovers); M Finn (Midleton), Ben Walsh (Killeagh); D Cremin (Midleton), W Buckley (St Finbarr's), D Healy (Lisgoold); J Leahy (Dungourney), Barry Walsh (Killeagh), Tadgh O'Connell (Ballincollig). Subs: T Wilk (Cobh) for Ben Walsh, A O'Sullivan for O'Connell (both half-time), J O'Brien (Fermoy) for O'Regan (42), P O'Shea (Erin's Own) for Tobin (50), E O'Leary (Glen Rovers) for Cremin (56).

#### **MUNSTER U17 HURLING**

Tipperary 1-19 Cork 2-12: Cork 1-16 Limerick 1-1 Cork 3-18 Waterford 0-12: Cork 0-19 Clare 2-22

#### Cork 0-19 Clare 2-22

Cork minor hurlers will contest an Electric Ireland All-Ireland MHC preliminary quarter-final against beaten Leinster semi finalists after they were well beaten by Clare at SuperValu Páirc Ui Chaoimh to exit the Munster championship after two defeats, previously having lost to Tipperary.

Clare's ability to convert goal chances was a major difference, but the winners looked the sharper, more aggressive side, more skilful and were worthy of their win. Not a good picture for underage hurling in Cork!

There was little to separate the sides in a first half that began at break-neck speed, with Clare ahead by 0-2 to 0-1 before the first minute had elapsed.

After a fine long-range effort by wing-back Kevin Beechinor levelled for Cork, they began to get on top, and three in a row from Mark O'Brien gave them a cushion though Harry Doherty pulled one back for Clare.

Then came the first Clare goal and they added a point, 1-4 to 0-5, but Cork stayed in contention

with midfielder Jack Hegarty firing over a great Cork point while Beechinor had a second. At half time it was level 0-12 to 1-9.

Clare scored four of the first five points of the second half and led by 1-13 to 0-13. Two O'Brien frees brought Cork back to within one, Clare had tweo more, Cork sub Joe Twohig landed a great point. Unfortunately, Cork were failing to win too many of their own puck outs and were being punished and they fell 1-16 to 0-16 in arrears with 12 minutes left.

Points were exchanged and then came the second Clare goal and Clare were in control to the end and finished the round-robin section with maximum points.

Scorers for Cork: M O'Brien 0-11 (0-6f, 0-2 65), K Beechinor 0-2, J Hegarty, L Murphy, F Lardner, J Twohig, P Barrett, J O'Brien 0-1 each.

Cork: J Goulding (Glen Rovers); CD O'Connor (Millstreet), R O'Riordan (Blackrock), L Kelleher (Douglas); Kevin Beechinor (Éire Óg), C Noonan (Kanturk), J Murphy (Mallow); J O'Brien (Douglas), Jack Hegarty (Ballinora); L Hennessy (Ballymartle), M O'Brien (Douglas), L Murphy (Barryroe); A Lee (Cloyne), F Lardner (Fermoy), MT Brosnan (Glen Rovers). Subs: J Twohig (Valley Rovers) for Lardner (half-time), P Barrett (Midleton) for Twohig (35-36, blood), David Enright (Inniscarra) for O'Riordan

1-10: (40), Barrett for Lee (44), O O'Connell (Carrigaline) for Hennessy (47).

#### Munster U20 Football Final:

#### Kerry 1-15 Cork 0-12

Kerry were comprehensive winners of this Munster final at Tralee and Cork supporters had little source of consolation in this display. Defeat means that Cork's season is now over.

Kerry claimed a third consecutive EirGrid Munster U20 football championship crown, it is the Leesiders third defeat in a row in the provincial decider.

Kerry had a four-point advantage at half time and pushed on in the second half and despite a Cork rally, Kerry kept them at arm's length.

On a glorious evening for football, Kerry were aided by a slight wind in the opening 30 minutes, but it was Cork that got the first score through an Ed Myers point after three minutes. Kerry settled and two points in two minutes nudged the home side ahead

Kerry added three more to go four points clear before Rebels captain Hugh O'Connor slotted over a fine score, 0-5 to 0-2 after 16 minutes, which became 0-9 to 0-5 by half time.

On the resumption Cork had the worst possible start as Kerry had a goal after two minutes and they tacked on three unanswered points to push 1-12 to 0-5 clear after 37 minutes

The Leesiders did settle and two points from O'Connor, one which was a free, and substitute Gearóid Kearney cut Kerry's lead to seven points, 1-12 to 0-8 with 19 minutes remaining.

Ross Corkery converted a 45 and suddenly Kerry were getting slightly agitated. The sides swapped points but Kerry went seven up to relieve any mounting pressure and saw out the remaining time comfortably.

Scorers for Cork: H O'Connor 0-3 (0-1 f), D Sheedy 0-2, R O'Shaughnessy, D O'Brien (f), E Myers, R Corkery (45), G Kearney, O Corcoran, C Molloy 0-1 each.

Cork: M O'Connell (St Michael's); D Twomey (Ballinascarthy), C Molloy (Nemo Rangers), M Óg O'Sullivan (Bantry Blues); G Daly (Mallow), D Buckley (Douglas), S Copps (Mallow); R O'Shaughnessy (St Michael's), M McSweeney (Knocknagree); D O'Brien (Glanworth), H O'Connor (Newmarket, capt), J O'Neill (Castlehaven); O Corcoran (St Mary's), E Myers (Naomh Abán), D Sheedy (Bantry Blues). Subs: G Kearney (Kinsale) for M McSweeney (38), R Corkery (Nemo Rangers) for D O'Brien



(41), S O'Connell (Kilshannig) for D Twomey (49), M Maguire (Castlehaven) for R O'Shaughnessy (55), L O'Herlihy (St Michael's) for D Sheedy (61).

#### **Munster U17 Football**

Phase 1: Tipperary 6, Clare 4, Waterford 2, Limerick 0 Quarter Final: Kerry 0-12 Cork 1-7 in Tralee

Semi Final: Kerry 2-19v **Tipperary** , Cork 1-13 Clare 0-8 at Quilty

Final: May 13th at 7.30pm inn Cork: Cork v Kerry Quarter final at Tralee:

Kerry 0-12 Cork 1-7

The Kerry minors edged the win over Cork in a Munster quarter-final that had little consequence other than deciding who plays Tipperary and who plays Clare in the provincial semi-finals – it's Kerry v Tipp and Cork to face the Banner.

Overall, Kerry just about deserved their victory; Cork managed just three points from play, with just three men scoring from play, but they were never more than one score away from their opponents, and grafted hard to the very end looking for a second goal that could have snatched victory.

Cork: Denjoe O'Riordan (Kilshannig); Oisin Harrington (Kilmeen), Aaron Keane (Kinsale), Joe Mouret (Douglas); Cathal McCarthy 0-1 (St Colum's), Cian O'Connor (Ballincollig), Cian Ahern (Ballincollig); Harry Cogan (Glanmire), Ben O'Shea (Mallow); Danny Miskella 1-0 (pen) (Ballincollig), Danny O'Donovan (Castlehaven), Sean Whelton 0-3 (2f) (St James); Humphrey Canty (Newcestown), Finn O'Dwyer (Cullen), Dylan O'Neill 0-3 (2f) (Carbery Rangers). Subs: Euan Lehane (Dohenys) for D O'Donovan (36), Daniel Mellerick (Nemo Rangers) for S Whelton (50), Padraig McGrath (Douglas) for F O'Dwyer (50)

#### Semi Final Cork 1-13 Clare 0-08

Cork earned a Munster Minor Football Final rematch with Kerry on home soil after a competent display against Clare at Quilty. Cork had a brilliant start going 1-5 to nil in front by the 11th minute, Danny Miskella the goal scorer. Cork had stretched their advantage to 1-7 to 0-1 by the 20th minute and a minute later, the game effectively ended as a contest after the Clare centre-back got a straight red card.

Cork took their foot off the pedal thereafter with the outcome all but certain. Clare outscored Cork 7-6 in the second half but the Rebels eased into their fourth Munster final in a row.

Scorers for Cork: D O'Neill 0-6 (1f); D Miskella 1-1; B Delaney (2f), S Whelton 0-2 each; B O'Shea, H Cogan 0-1 each

Cork: J O'Flaherty (Douglas); J Mouret (Douglas), A Keane (Kinsale), N O'Shea (Urhan); C McCarthy (St Colum's), Cian O'Connor (Ballincollig), O Harrington (KIlmeen); H Cogan (Glanmire), Jack Trench (Ballinora); Danny Miskella (Ballincollig), B O'Shea (Mallow), S Whelton (St James'); H Canty (Newcestown), B Delaney (Carrigaline), D O'Neill (Carbery Rangers)

Subs: C Cooney (Clyda Rovers) for O'Shea (38, inj), B Ryan (Glenville) for Mouret (41), N O'Callaghan (Castlehaven) for Trench (45), D O'Donovan (Castlehaven) for Delaney (51), Cian Ahern (Ballincollig) for O'Connor (61)

#### McCarthy Insurances 2024 County Football Leagues

Div One: Carrigaline 8, Castlehaven 8, Nemo Rgrs 7, Cill na Martra 7, Douglas 6, Newcestown 6, St Finbarrs 5, Carbery Rangers 5, Éire Óg 6, Ballincollig 2

#### Cill Na Martra 4-10 Ballincollig 1-15

In an entertaining and very lively encounter, Cill na

Martra recorded their first league victory in the 2024 McCarthy Insurance Cork Football League Division 1 at Páirc Uí Chuana.

Ballincollig opening with two fine Brian Keating points, Cill na Martra replied with a smashing point from Daniel Ó Duinnín. Cill na Martra struck in the ninth minute for their first goal, from Jason Mac Cárthaigh, Ballincollig responded to level at 0-5 to 1-2 after 15 minutes. The home side were then awarded a penalty, confidently dispatched to the net by Micheál Ó Deasúna.

Ballincollig ended the opening 30 minutes strongly and there was just a point between the teams at half time, Cill Na Martra 2-4 to 0-9 for the Village.

Ballincollig were level; immediately on the restart, and then hit the lead through a goal after a fine solo run by Peter O'Neill and a Darragh O'Mahony score put them three points up after 45 minutes.

In the final quarter, Cill na Martra had a purple patch and charged back into the lead while Ballincollig were reduced to 14 men after a second yellow card for Sean O'Neill. Ciarán Ó Duinnín blasted the ball high into the back of the net for Cill na Martra, Daniel Ó Duinnín grabbed his second point before Cill na Martra raised a fourth green flag with Ciarán Ó Duinnín the finisher. Cian and Dara Dorgan kept Ballincollig's hopes alive but Cill na Martra held out for the victory.

Scorers for Cill Na Martra: C Ó Duinnín 2-0, S Ó Duinnín 0-4, M Ó Deasúna (pen), J Mac Cárthaigh 1-0 each, D Ó Duinnín, M Ó Duinnín (0-1 f) 0-2 each, D Ó Conaill, D Ó

Ballincollig: C Dorgan 0-6 (0-4 f), D Dorgan 0-4 (0-2 f), P O'Neill 1-0, B Keating 0-3, D O'Mahony 0-2.

Cill na Martra: S Ó Duinnín; C Ó Cróinín, F Ó Faoláin, D Ó Buachalla: D Ó Conaill, S Ó Foirréidh, C Ó Foirréidh: J Mac Cárthaigh, G Ó Goillidhe; A Ó hUidhir, C Ó Duinnín, D Ó hUrdail; M Ó Duinnín, M Ó Deasúna, D Ó Duinnín. Subs: E Ó Conaill 25, T Ó Corcora 53

Ballincollig: D Ebili, L Jennings, S Murphy; S Kiely, JP Murphy, S O'Neill; S Dore, D Desmond; P O'Neill, D Dorgan, C Dalton; B Keating, C Dorgan, D O'Mahony. Subs: M Oldham for Dalton, B Dore for Desmond (both 40), D Murphy for Keating (48), D Kirstein for Ebili (53). Referee: John Ryan (Macroom).

#### Carbery Rangers 2-9 Cill na Martra 1-14

Cill na Martra made a profitable Sunday morning trip to Rosscarbery, defeating the home side on by a two point margin. Cill na Martra had a bad start and found themselves 2-3 to 0-1 in arrears after ten minutes but pulled themselves together, improved substantially, and were only three points in arrears at half time, 2-5 to 0-8. The third quarter was very closely contested, 2-7 to 0-12 on 48 but the break came eleven minutes from time when Ciarán Ó Duinnín put the Gaeltacht Mhuscraí men in front entering the home stretch 1-12 to 2-7. Rangers had a point on 51, lost a man on 57 and Cill na Martra went two up again and raised the led to three. The home side got a point back but Cill na Martra held their advantage to the final whistle.

Cill na Martra scorers: Damian Ó hUrdail 0-5 (0-3f), Ciarán Ó Duinnín 1-1, Shane Ó Duinnín 0-3, Jason MacCarthaigh, Daniel Ó Duinnín, Tadg Ó Corcora, Danny Ó Conaill and Gearóid Ó Goilí 0-1 each.

Cill na Martra: Pádraig Ó Críodáin: Aaron Ó hUidhir, Fínén Ó Faoláin, Danny Ó Conaill: Cormac Ó Cróinín, Seánie Ó Foirréidh, Cianie Ó Foirréidh: Gearóid Ó Goillí, Jason MacCarthaigh: Eoin Ó Conaill, Damian Ó hUrdail, Ciaráin Ó Duinnín: Maidhchí Ó Duinnín, Daniel Ó Duinnín, Shane Ó Duinnín. Fir Ionaid: Antóin Ó Conaill, Donagh Ó Buachalla, Tadgh Ó Corcora, Antoine Ó Loinsigh, Fionnbarra Ó hEaluithe.

#### Éire Óg 1-7 Ballincollig 0-9

This was a close-fought encounter at Ovens with Paudie Kissane's Éire Óg side coming out on top after a most compelling duel with their neighbours from The Village. Éire Óg secured their second victory of the campaign, Ballincollig still prop up the Div One league table. These friendly neighbours will meet again in championship now beginning to come up on the radar.

Éire Óg looked lively in the opening guarter of an hour, and in the 16 minute, Éire Óg struck for the only goal of the game, Daniel Healy the finisher which left his side leading by 1-4 to 0-1.

Ballincollig responded and at the break it was Éire Óg leading by 1-6 to 0-5.

The second half turned out to be a tight affair in general terms. Éire Óg absorbed the pressure coming their way from Ballincollig and held a 1-7 to 0-7 lead coming up to full time. The Village just could not get the point they needed to divide the spoils as Éire Óg defended superbly.

Scorers: Éire Óg: D Healy 1-1, B Hurley 0-3, R O'Flynn, M Griffin, C Clifford 0-1 each. Ballincollig: B Keating and S Kiely 0-3 each, P Kelly 0-2, D Murphy 0-1 f.

Éire Óg: E Kelleher; C Clifford, J Mullins, D Herlihy; M Corkery, C McGoldrick, D Dineen; Joe Cooper, M Griffin; D McCarthy, J Murphy, E O'Shea; B Hurley, R O'Flynn, D Healy. Subs: A McCarthy 35, H Murphy 53,

Ballincollig: C Walsh; C Moore, S Murphy, JP Murphy; E Cooke, L Jennings, S O'Neill; S Kiely, S Dore; M Oldham, B Keating, P O'Neill; C Dorgan, D O'Mahony, D Desmond. Subs: D Murphy 10, C Dalton 38, P Kelly 48, C Buckley 53, D Ebili 57.

Div Two: Clonakilty 12, St Michaels 10, Dohenys 8, Valleys 8, Béal Átha'n Ghaorthaidh and Knocknagree 7 each, O Donovan Rossa's 6, Fermoy 4, Clyda and Kiskeam 0 each.

#### Clonakilty 4-16 Béal Átha'n Ghaorthaidh 1-7

Clonakilty maintained their perfect McCarthy Insurance Group Football League record, 6 wins from 6 outings, and top spot in Division 2 at the expense of Béal Átha'n Ghaorthaidh.

Four goals added lustre to a convincing win as Béal Átha never recovered from a five-point interval deficit of 0-9 to 0-4. The hosts restarted brightly and added three points 0-12 to 0-4 and then got in for two goals in quick succession to end the contest. Seán O'Muineacháin kicked Béal Átha's first score in over 20 minutes but a rampant Clon dominated the closing stages and added two late goals prior to Diarmuid Mac Tomáis' late consolation goal.

Scorers for Béal Átha'n Ghaorthaidh: D Mac Tomáis (0-1 f) 1-3, S O'Muineacháin 0-3, S O'Luasa 0-1.

Béal Átha'n Ghaorthaidh: Darren O'Coill; Seán O'Donnchú, Barra O'hArgáin, Nollaig O'Laoire; Gavin O'Laoire, Éanna O'Duinnín (c), Dara O'Ceallaicheán; Seán O'Luasa, Daire O'Brian; Liam O'Críodáin, Conchuir O'Loinsigh, Cian O'Duinnín; Diarmuid Mac Tomáis, Donagh Seartan, Seán O 'Muineacháin. Subs: M O'Riordáin 33, D O'Ceallaichean 45, L Seartan 45, R O'Loinsigh 50, J Concannon 57, S Hartey 57.

Referee: Liam O'Shea (Carbery Rangers).

#### Béal Átha'n Ghaorthaidh 2-14 O'Donovan Rossa 1-14

Béal Átha led by 0-4 to 0-1 at the end of the first quarter but the Skibbereen men had been on top in the second quarter and led by 0-8 to 0-5 at half time. ODR increased their lead on the resumption but Béal Átha replied with three points in a row, all scores within three minutes of the restart! ODR raised a lead

# SPORTS MAD

of three points once again but a goal for Béal Átha levelled the scores at 1-8 to 0-11.

Scores were exchanged and then BAG went two up before a second goal on 49 gave them a major boost as they led by five points now. Within a minute Rossa's had the ball in the Béal Átha net to maintain the tension but the home side prevailed and ended with a three point winning margin.

Béal Átha'n Ghaorthaidh: Darren Ó Coill: Gavin Ó Laoire, Barra Ó hArgáin, Sean Ó Donnchú: Nollaig Ó Laoire, Éanna Ó Duinnín, Matt Ó Riordáin: Daire Ó Briain, Seán Ó Luasa: Conchuir Ó Loinsigh, Seán Ó Muineacháin, Donagh Seartan: Liam Ó Críodáin, Colmán Ó Tuama, Diarmuid Mac Thomáis. Fir Ionaid: Daire Ó Ceallacháin, Cian Ó Duinnín, Ciaráin Ó Nuanáin, Ben Seartan, Liam Seartan

Div Three: Kanturk 9, Bishopstown 8, Mallow 8, Rockchapel 7, Castletownbere 6, Macroom 6, Newmarket 5, Kilshannig 5, Aghada 4, Nemo Rangers 0 Aghada 2-7 Macroom 0-13

The concession of two first half goals undid a lot of the good work done by Macroom in the first half of this league game at Rostellan and Macroom's interval lead of 0-10 to 2-3 was no more than deserved. In a closely fought low scoring second half Aghada got a point from a late free to force a division of the league points. Macroom: Brendan O'Connell; Ciarán Condon, John Murphy, Don Creedon; Jack O'Riordan, Mark Corrigan, Cormac Buckley; Fintan Goold, Patrick Lucey; Eolan O'Leary, Seán Kiely, Cillian O'Donovan: Alan Quinn, Eoin O'Mahony, Michael Cronin. Subs: Dylan Twomey, Blake O'Gorman.

Div Four: Naomh Aban 10, Glanmire 9, Iveleary 7, St Vincents 7, Boherbue 6, Bantry Blues 5, Aghabullogue 4, Bandon 4, Ilen Rovers 2, Glanworth 0.

#### Bandon 0-12 N Abán 1-16

Naomh Abán travelled to Bandon mid week and collected another pair of league points to remain on top of the Div Four league table with five wins from six matches played. The teams were level at 0-4 each after the opening quarter but Naomh Abán had opened up a clear gap by half time with scores from Wayne MacCarthaigh, Darragh Ó Laoire and Niall Ó Ceallaigh and they led by 0-13 to 0-5. At the three quarter stage it was 0-15 to 0-9 and then a goal for the visitors from Darragh Ó Laoire finished the Bandon challenge.

#### Aghabullogue 0-11 Iveleary 1-11

Iveleary travelled to Coachford mid week and took the full league points after a fine game against the home side who are in their group in the Premier Intermediate championship.. The goal which ultimately separated the teams was score in the first half by Aaron O'Donovan and helped the western side to a 1-5 to 0-2 interval led. Aghabullogue put in a strong second half performance but Iveleary maintained their grip on proceedings and got the victory.

Iveleary scorers: Aaron O'Donovan 1-0, Brian Cronin 0-5, Kevin Manning, Sam Pickering, Ciarán O'Riordan, Tim Roberts, Barry O'Leary and Jack Sweeney 0-1 each. Aghabullogue scorers: Aaron O Sullivan 0-4, David Thompson 0-4, Padraic O'Sullivan, Evan O'Sullivan, Matthew Bradley 0-1 each

Iveleary: Joe Creedon: Alan O'Brien, Daniel O'Riordan, Barry Murphy: Kevin Manning, Ciarán O'Riordan, Seán O'Riordan: Barry O'Leary, Timmy Roberts: Brian Cronin, Sam Pickering, Aaron O'Donovan: Ian Jones, Liam Kearney, Seán O'Leary. Subs: Josh Pickering, Brian O'Riordan, Jack Sweeney, Oisín O'Herlihy.

Aghabullogue: John Buckley: Conor Smith, Dhani Merrick, Ciarán O'Connell: Breandán O'Sullivan, Paul Ring, Billy Casey: Pádraic O'Sullivan, Colm Gillespie: Aaron O'Sullivan, Evan O'Sullivan, Aodhán Healy: James Lane, David Thompson, Matthew Bradley. Subs. Ryan Dennehy, Cialan O'Sullivan

#### Iveleary 2-11 St Vincents 2-13

At home on Sunday morning visitors St Vincents took the league points after a free flowing game and will now need to win their remaining three league encounters (against Glanmire, Bandon and Boherbue) to make the final.

Iveleary led by 1-7 to 1-6 at the break and still had their noses in front coming into the home stretch but the loss of a man to a black card and a late goal for the city side meant that Vincents had a happy drive home. Iveleary: Joe Creedon; Alan O'Brien, Barry Murphy, Josh Pickering: Kevin Manning, Seán O'Leary, Kevin Jones: Brian Cronin, Timmy Roberts: Aaron O'Donovan, Sam Pickering, Seán O'Riordan: James O'Donovan, Liam Kearney, Ian Jones.

Div Five: Buttevant 10, Adrigole 8, Kilmurry 8, Kinsale 7, Millstreet 6, Dromtarriffe 4, Mitchelstown 3, Na Piarsaigh 2, Glenville 2, Ballydesmond 0.

#### Kilmurry 1-23 Ballydesmond 1-7

Kilmurry footballers were comfortable winners at home to pointless Ballydesmond. The home side led by 1-11 to 0-4 at half time and were clearly the better team.

Kilmurry scorers: Greg Barrett 1-1, Liam Wall 0-6, Joe McGinn 0-6, Tomas Collins 0-4, James O'Mullane 0-3, Fergal Wall, Alex Aisling and Kyle Kelleher 0-1 each.

Kilmurry: Jason McDonald: Eoin Keane, William Ronan, Gearóid O'Mahony: Dara Linehan, Daniel Cahalane, James O'Mullane: Conor Kelleher, Kyle Kelleher: Alexander Aisling, Rory Duggan, Liam Wall: Joe McGinn, Greg Barrett, Tomás Collins Subs: Patrick Grainger, Laurence Aisling, Joe O'Mullane, John O'Mullane, Dylan Cullinane, Fergus Wall.

#### Glenville 2-5 Kilmurry 0-17

Kilmurry travelled to Glenville and recorded their third league victory in a row to move into joint second place

Kilmurry were the better side in the first half but a goal for Glenville kept the home side in touch on the scoreboard, 0-7 to 1-2 at the break. The Kilmurry asserted their superiority in the second half.

Kilmurry Scorers: Liam Wall 0-6, Joe McGinn 0-3, Tomás Collins 0-2, Ryan Leahy 0-2, Greg Barrett, Dylan Cullinane, Joe Mullane, Daniel Cahalane 0-1 each.

Kilmurry: Jason McDonald: Gearoid O'Mahony, William Ronan, Patrick Grainger: Darragh Linehan, Alexander Aisling, Daniel Cahalane: Kyle Kerlleher, Conor Kelleher: Liam Wall, Rory Duggan, Joe O'Mullane: Joe McGinn, Greg Barrett, Tlomás Collins. Subs: Lawerance Aisling, Ryan Leahy, Dylan Cullinane.

Div Six: Gabriel Rangers 8, Aghinagh 7, Cobh 5, Ballinora 4, Mayfield 2, Kildorrery, St Nicks and St Michaels 0 each.

Aghinagh v St Nicks, conceded by St Nicks Aghinagh v Gabriel Rangers Friday, May 24th at Rusheen 8.15pm

#### Ballinora 0-13 Gabriel Rangers 1-11

Ballinora suffered their first league defeat at home to Gabriel Rangers. Gabriel Rangers led by 1-5 to 0-7 at the interval and took the league points with a narrow one point lead at the finish.

Div Seven: Cullen 8, Canovee 6, Castlemagner 4, Argideen 4, Urhan 2, St James 2, St Finbarrs 0, Ballyhooley 0.

#### Canovee 1-7 St James 0-8

Canovee kept pace with league leaders Cullen by recording their third win in a row at home to St James from Ardfield. Canovee did not have it easy and the visitors led by 0-4 to 0-1 after he first quarter and still were in front at half time on a 0-6 tom 0-5 scoreline. The

Canovee goal was the last score of the game for the winners, Conor O'Neill setting up the opportunity for lack Kelleher

Canovee are unbeaten and have a game in hand on the league leaders Cullen who will be visiting Carrig on Friday May 24th next for a top of the table clash.

Canovee scorers: Jack Kelleher 1-2. Evan Dodd 0-1, James O'Neill 0-1, James Moynihan 0-1, Conor O'Neill 0-1, Ciarán Canty 0-1,

Canovee: Ben Cheasty: William Ahern, Blake Ring, Patrick O'Neill: Evan Dodd, Ryan Delaney, Eoghan Lehane: Michel Dunne, Mark Healy: Cian Cronin, Conor O'Neill, James O'Neill: James Moynihan, Jack Kelleher, Paul Healy. Subs: Ciarán Canty, Callam O'Callaghan, Cathal O'Driscoll.

#### **Red FM County Hurling Leagues** Div One

League Table: Charleville 8 each, Blackrock, Sarsfields 7each, Glen Rovers 6, Fr O'Neills and Carrigtwohill 5 each, Douglas 4, Na Piarsaigh, Ballincollig and Kanturk 2 each.

#### Ballincollig 0-15 Carrigtwohill 2-16

A pair of second-half goals proved to be decisive as Carrigtwohill defeated Ballincollig in the RedFM Hurling League Division 1 tie at Ballincollig.

Carrig were trailing by two points at the break and the goals put them into a lead they never lost again. The Village were the better team during the opening half-hour and it was point for point for long spells and The Village led by 0-9 to 0-7 at the break. Carrig had the sliotar in the Ballincollig net twice within as many minutes early in the third quarter to take a 2-13 to 0-12 lead and continued to get the scores necessary for victory as Ballincollig fought back strongly.

Scorers for Ballincollig: S O'Neill 0-5, P Morris 0-2 (0-1 f), C O'Driscoll, M Oldham, D O'Sullivan 0-2 each, B Keating, B O'Brien 0-1 each.

Ballincollig: R Cambridge; B Dore, C Moore, F Denny; D O'Sullivan, C O'Leary, B Coleman; S Wills, C Sexton; B O'Brien, C O'Driscoll, S O'Neill; M Oldham, B Keating, P Morris. Subs: D O'Mahony 14, A Wills 47, C Patton 47, D Ward 51, P O'Neill 58.

#### **Div Two**

League Table: Midleton 10pts, Carrigaline 9, St Finbarrs 8, Éire Óg 6, Killeagh 5, Fermoy 3, Bride Rovers, Newtownshandrum, Courcey Rvrs 2 each, Erin's Own 1.

#### Éire Óg 1-18 Bride Rovers 1-14

Joe Cooper's goal was vital as Éire Óg got the better of Bride Rovers in Division 2 of the RedFM Hurling League at Ovens. The sides were klevel at 0-6 each at the break but Cooper's second half goal put the home side 1-9 to 1-7 in front and they held the advantage to the finish.

#### Div Three:

League Table: Ballymartle 7, Valleys 7, Castlelyons 6, Ballinhassig 5, Mallow 5, Newcestown 5, Blarney 4, Inniscarra 4, Blackrock 4, Bishopstown 1.

Castlelyons 2-19 Blarney 1-21

Inniscarra 2-18 Blackrock 1-11

#### **Div Four:**

League Table: Cloughduv 7, Youghal 7, Lisgoold 7, St Catherine's 6, Russell Rvrs 6, Ballyhea 5, Bandon 3,

Kildorrery 3, Milford and Kilworth 2 each.

#### Kildorrery 0-17 Cloughduv 2-15

**Div Five:** League Placing: Watergrasshill 9, Aghabullogue 7, Tracton 7, Castlemartyr 6, Dungourney 5, Argideen and Mayfield 4 each, Midleton 3, Ballygarvan 2, Cloyne 1.

#### Mayfield 0-14 Aghabullogue 4-19

Div Six: No Mid Cork teams

**Div Seven:** League Table: Kinsale 4, Nemo Rangers 4, Ballinascarthy 4, Ballinora 4, Meelin, St Finbarrs and Douglas 2 each, Kilshannig 0

St Finbarrs 1-14 Ballinora 2-14 Roinn Mhuscraí CLG

#### EPH Controls Football Leagues Division 1

Donoughmore 8, Grenagh 7, Ballincollig 6, Inniscarra 5, Béal Átha'n Ghaorthaidh 4, Clondrohid 3, Éire Óg 3, Kilmichael 2

#### **Division Two East**

Ballinora 6, Dripsey 6, Aghabullogue 4, Donoughmore B 4, Ballincollig B 4, Blarney 2, Inniscarra B 2, Éire Óg B 0

#### **Division Two West**

Kilmurry 8, Aghinagh 5, Cill na Martra, Naomh Abán, Uibh Laoire and Canovee 4 each, Macroom 1, Béal Átha'n Ghaorthaidh B 0

**Division Three** Naomh Abán 4, Gleann na Laoi 4, Macroom 2, Ballincollig 2, Kilmichael 2, Béal Átha'n Ghaorthaidh 2, Grenagh 1, Inniscarra 1

**Division Four** Div 4 FL – 4 teams, 3 games, Top 2 placed teams will play final - Commencement date 23rd June

Dripsey, Clondrohid, Canovee, Blarney

#### **HURLING**

#### **Cumnor Construction Division 1**

Grenagh 8, Donoughmore 6, Dripsey 4, Blarney 4, Inniscarra 2, Aghabullogue 0, Ballincollig 0, Éire Óg 0 Erneside Engineering Division Two

Éire Óg 5, Kilmichael 4, Inniscarra 4, Cloughduv 4, Uibh Laoire 4, Grenagh 3, Blarney 0, Gleann na Laoi 0 Erneside Engineering Division 3

Ballinora 4, Lough Rovers 2, Donoughmore, Laochra Óg, Ballincollig 0

#### Comortas Peile na Gaeltachta, Cill na Martra Bealtaine 31-Meitheamh 3 2024

Beidh comórtais Peile na Gaeltachta 2024 á reáchtáil ag CLG Chill na Martra, Múscraí, Contae Chorcaí le linn dheireadh seachtaine Cincíse idir 31 Bealtaine agus 3 Meitheamh agus tiocfaidh lucht Gaeilge agus lucht Gaeltachta as gach cearn den tír le bheith páirteach ann.

Is iad CLG Bhulf Tón na Mí curaidh reatha na sinsear i gComórtas na bhFear agus is iad Cill Chomáin Mhaigh Eo curaidh na sóisear. Thug CLG an Tearmainn leo Craobh an Sinsear i gComórtas na mBan agus ba iad An Clochán Liath a thug leo Craobh na Sóisear.

Is féidir coinneáil suas chun dáta leis an nuacht uilig ó Chomórtas Peile na Gaeltachta ar Rannóg Ghaeilge GAA.ie nó ar Twitter ar @CPnaGaeltachta

Is mar seo a leanas a tarraingíodh amach na foirne do chomórtais na bhfear agus do chomórtas sóisear na mban. Beidh foirne na mban ag na gráid eile le deimhniú sna seachtainí amach romhainn:

**Comórtas Peile na Gaeltachta 2024** – Comórtas na bhFear - Sinsir Réamhbhabhta A Maigh Eo v Corcaigh (Béal Átha'n Ghaorthaidh/ Naomh Abán)

Cluichí Ceathrú Ceannais

1 An Rinn v Bhulf Tón

2 Buaiteoirí na Gaillimhe v An Daingean

3 Dún na nGall v Buaiteoirí A

Cluichí Leathcheannais

3 v Cill na Martra

1 v 2

#### Comórtas Peile na Gaeltachta 2023 - Comórtas na

bhFear – Sóisir

Réamhbhabhtaí

1. Cill na Martra (Corcaigh) v Corcaigh A

2. Maigh Eo v Clann na nGael B

Cluichí Ceathrú Ceannais

AAvB

B Laochra Loch Lao v Buaiteoirí Chiarraí

C Buaiteoirí Dhún na nGall v Buaiteoirí na Gaillimhe

D Na Gaeil Óga v An Seanphobal

Cluichí Leathcheannais

BvD, AvC

#### Comórtas Peile na Gaeltachta 2024 – Comórtas na

mBan - Sóisir

Babhtaí Ceathrú Ceannais

A Na Gaeil Óga v Buaiteoirí Dhún na nGall

B Clann na nGael v Buaiteoirí na Gaillimhe

C Laochra Loch Lao/Baile Ghib v Cumann Ban Chorca

D Buaiteoirí Mhaigh Eo v Buaiteoirí Chorcaí

Cluichí Leathcheannais

CvB AvD

#### **CORK MASTERS GAA**

The Cork Masters (for Over 40s) football team is now in its fourth season and the new campaign is about to begin. The Rebels were beaten by Derry in the semifinal of the Dr Mick Loftus Cup last year, which is the top tier

Two former Cork footballers are part of the Masters team for a couple of seasons now in the shape of Nicholas Murphy and John Miskella and they have raised the standards.

The Cork Masters football team will play six games in their league which starts in May and depending

on where the Leesiders finish in the league, that will dictate which championship they go into as Horgan explains.

In total, there are 25 teams. The first four in their league go into the semi-finals of the Dr Mick Loftus competition. The next four teams will play in the Shield semi-finals, then the next four play off in the semi-finals of the Plate, then there is a Challenge Cup and finally another four face off in the Spirit Cup competition. The season runs from the second week of May and if you're lucky enough to get into the

final, one will be playing until around the middle of September.

The Cork Masters football team has been a huge success and now they are on course to set up a hurling team.

2024 will be the first year for a Masters hurling competition in Ireland between counties for over 40s. It's no surprise that there's huge interest from former players who want to wear the Rebel Rebel.



Congratulations to the Cork U14 B ladies team who defeated Kerry in the Johnny Hayes Munster A final on Saturday 27th April last in Mallow.





Macroom hosted Ballinahassig in the u13. Team: Keenan Deasy Jack Ryan Noah Moss Sean Bourke Cian Kelleher Con Moss Ruari lucey David Twomey Madjiek krzepina Oscar Grace Conor Angland David Siju Bobby o Brien Dara Creed Nazaar Zhezherun





#### MACROOM GAA

**U13** Macroom hosted Ballinahassig in the u13 league at the Castle grounds on Sunday evening the 28th April. Macroom started brightly with two early goals and a number of well taken points. The score at halftime was 3-7 to 1 -2. The second half continued in similar fashion as Macroom defended tigerishly and took their chances when they presented. The scoreline at the final whistle was 6 - 15 to 3 -6.Players and coaches were delighted with the performance. Captain for the evening was Bobby O'Brien.

Team: Keenan Deasy Jack Ryan Noah Moss Sean Bourke Cian Kelleher Con Moss Ruari lucey David Twomey Madjiek krzepina Oscar Grace Conor Angland David Siju Bobby o Brien Dara Creed Nazaar Zhezherun

**U16** Macroom U16s played Douglas in the premier 1 league on Friday 3rd May in the Castle Grounds. This was a very entertaining game with both teams taking the game to each other. Macroom took the lead with a point from Billy Murphy another point from Jayden O Sullivan put ygem 2 up. Douglas equalised with 2 points. Macroom with some excellent play took the lead which they kept till halftime. Macroom 0-8 Douglas 0-6.

The second half started like the first with Macroom scoring first Douglas replied and after some good play up the field the ball broke to Coran Burns whose first time shot went over the goalkeeper into the top corner for a goal. Douglas responded with a goal a few minutes later. The last few minutes Douglas put the Macroom defence under pressure but the withstood defiantly and Macroom ran out winners 1-13 to 1-10. Fantastic effort from all the players.

Team: Gearoid Quinn, Thomas Hopkins, Cathal Neville. Robert Fitzgerald, Donagh Moss, Kieran Dwyer, Eoghan Healy, Jack O Shea, Sam Leavy, Darragh Donovan, Ruairi O Shea, Dylan Lucey, Jayden O Sullivan, Coran Burns, Billy Murphy. Subs: Caleb O Connor, Brian Bradley, Simon Condon, Conor Nash, Tadg Dunne, Troy Murphy, Ryan Fernado, Michael Dunne, Jack Leavy.

#### Cork U16 Development Squad

Billy Murphy and Eoghan Healy played for the Cork U16s development team this weekend against Roscommon in Limerick. Cork won 3-18 to 1-7 with Billy scoring a point in the 2nd half.

**U10** Macroom u10s after a Go-Game vs Kilmurry in Tom Creedon Park with great football played by the lads and a well-deserved ice pop after.

U14 Macroom travelled to Ballinora for their second championship game on 9th May. After an edgy start, the home side were first to score a point but Macroom quickly responded through an excellent goal from David Bradley. The game remained tight with the Macroom defense working hard to keep Ballinora out, and they went into the break one point ahead. Both teams came out for the second half intent on stamping authority on the game and Macroom were first to score. Scores were traded before Macroom pushed ahead with goals from Ryan Brophy and Dylan O'Shea. Ballinora were dangerous in attack but Macroom defended brilliantly and pushed on themselves. A hard-earned victory against tough opponents and great character shown by all the Macroom players.

Scorers for Macroom - Ryan Brophy, David Bradley, Dylan O'Shea, Oliver Krezpina, Conor Angland, Cayden Dundon, Con Moss, Cian Lee, Tristan Mullane, Michael Deasy, David Condon, David Twomey, Ryan Brophy, Aled Hopkins, David Bradley, Dylan O'Shea, Oliver Krezpina, Ciaran Murray, Dylan O'Connell, Conor Angland, Cayden Dundon, Con Moss, Leo Slattery, Darragh Creed, Will Buckley, Brian McCrory, Callum O' Driscoll, Lochlainn Phelan, Sean Bourke.

**U16** The U16s played their final league game before the break for the junior cert against Carrigaline on Wednesday night. Macroom took the game to Carrigaline from the start and points from Billy Murphy and Ruairi O Shea put them into a lead which they never gave up. A move up the field was finished to the net by the alert Dylan Lucey. Carrigaline fought back to score a goal but Macroom never panicked and points from Billy Murphy and Eoghan Healy put some space between the teams.

Just before half time a well worked move between all the forwards was finished to the net by Eoghan Healy. Half time score Macroom 2-8 Carrigaline 1-4. Carrigaline came back at Macroom in the 2nd half as both teams exchanged points. Ruairi O Shea Billy Murphy Sam Leavy Eoghan Healy and Donagh Moss with the scores. Macroom withheld all the Carrigaline pressure for goals and ran out deserving winners 2-15 to 1-9 Gearoid Quinn Thomas Hopkins Cathal Neville Robert Fitzgerald Donagh Moss Kieran Dwyer Eoghan Healy Jack O Shea Sam Leavy Darragh Donovan Ruairi O Shea Dylan Lucey Tadq Dunne Coran Burns Billy Murphy Caleb O Connor Conor

Nash Brian Bradley Jack Leavy Michael Dunne Simon Condon Troy Murphy Jayden O Sullivan Alex Brophy

**U15** On bank holiday Monday last our U15 fooballers took part in the annual feile tournament which was hosted by the Canovee club in Carrigadrohid. We were drawn in a group with the hosts Canovee and Blarney, in our first game vs Blarney after a very good first half we were eventually beaten by two goals by a physically stronger Blarney outfit. In our second game against the host club we eventually came out on top by a single point in another closely fought encounter. Blarney by virtue of their second victory over Canovee qualified for the next stage, while disappointed not to go further in the competition we did however use all 23 players on the panel and all played the equivalent of at least one full match.

Panel: Ben Ronan, Daniel Lucey, Michael Kelleher, Tristan Mullane, David Condon, Micheal Deasy, Dan Lyons, Ultan O Tuama, Ciaran Murray, Aled Hopkins, Ryan Brophy, Donagh Moss, Ronan O Sullivan, David Bradley, Ronan Duggan, Michael Dunne, Michael Cregan, Liam Neville, Trevor O Sullivan Ryan Mahunutsha, Liam Neville, Dylan O Shea, Eoin Holland.

U18 Macroom minors hosted Kilmichael in what was a dry run for upcoming u18 division 1 West championship. This league game was played In the Castle Grounds with summer conditions prevailing. Both sides were missing players going into this game and it was Macroom who settled first. As the first half went on, missed chances were the story of the half for Macroom with Kilmichael making more of their scoring opportunities. Macroom were playing some good football with the hard working midfield pair of Sam Leavy and Mark Condon to the fore. Credit also to the Macroom defensive unit especially Ryan Sabas who were working extremely hard. Kilmichael got 2 goals to stun the hosts, but credit to the Macroom players who fought hard to get back into the game. Their pressure eventually paid off when a penalty was expertly finished by Oisin O'Sullivan. This left the final score as Macroom 1.11 Kilmichael 2.8 eam: Gearoid Quinn, Donagh Murray, Ryan Sabas, Bobby Murphy, Regan Wong, Cormac Burke, Eoghan Healy, Sam Leavy, Mark Condon, Jack O'Shea, Ruari O'Shea, Jamie Murphy, Odhran Creed, Oisin O'Sullivan, Evan O'Sullivan, Jack White, Michael Olskey, Evan Molyenex, Shane McCarthy, David Neville, Jack Leavy, Billy Murphy



Macroom U16s played Douglas in the premier 1 league. Team: Gearoid Quinn, Thomas Hopkins, Cathal Neville. Robert Fitzgerald, Donagh Moss, Kieran Dwyer, Eoghan Healy, Jack O Shea, Sam Leavy, Darragh Donovan, Ruairi O Shea, Dylan Lucey, Jayden O Sullivan, Coran Burns, Billy Murphy. Subs: Caleb O Connor, Brian Bradley, Simon Condon, Conor Nash, Tadg Dunne, Troy Murphy, Ryan Fernado, Michael Dunne, Jack Leavy.



Macroom u10s after a Go-Game vs Kilmurry in Tom Creedon Park with great football played by the lads and a well-deserved ice pop after.

# SPORTS MAD

#### NAOMH FIONNBARRA LGFA

Awards Night In the month of February, in the Áras in Ballingeary, we held a very special awards night. We celebrated the victorious teams of the past year, but we also paid respect and remembered 'Billy Twomey' who passed away in 2023. As many know Billy was a vital member of our club and the committee felt it was only special that he be remembered as such. We were delighted to present a new award on the night, 'The Billy Twomey Memorial Club Person of the Year Award'. This award was presented to a club member who gave exceptional service or made an outstanding contribution to our club during the year, through the devotion of their time and energy. Who better to receive the first of this annual award than, Liz Twomey our secretary, whose work last year since she took over the position hasn't gone unnoticed. We were extremely grateful to have Billy's family with us on the night and his brother Seanie kindly presented Liz with the award. We were delighted to welcome Cork Ladies and North Melbourne's AFLW star Erika O'Shea who was with us on the night to present the medals to our outstanding group of underage footballers.

Thanks to Erika for coming out to us, the girls were absolutely delighted to receive their medals from her. Gaelic for Mothers & Others Naomh Fionnbarra is delighted to announce we have formed a G4M&O team. We've seen the success that local clubs around us have had with their teams and decided to establish a team to cater for anyone who would like to give football a go, socially with a huge emphasis on fun in the locality. Currently, we are training on Thursday nights in the Halla in Ballingeary, and if there's anyone who would have an interest in joining the more the merrier! Huge thank you to Orla Shorten who's come on board to help the club get this project up and running! Underage Training with Erika O'Shea Our girls were delighted to have Erika come down to their Saturday morning training session and put them through their paces! Despite the weather not



Naomh Fionnbarra Junior ladies

being the best, that didn't stop the girls from getting stuck in and a morning full of giggles, laughter and games was certainly had by everyone. Members on the Cork Squads We want to congratulate Hannah Sweeney & Siún Cronin who have been selected on the Cork U14A team and won the Munster LGFA U14A Championship gold final and to Isabelle Ní Luasa who was selected on the Cork U14B team and won the Munster A Johnny Hayes Memorial Final. We congratulate these girls for representing the Naomh Fionnbarra club. Fundraising Naomh Fionnbarra are running their annual Lotto Leader again this year which will commence on the 6th of April for a duration of 10 weeks. Super prizes to be won with four given out in total (1st- €500, 2nd - €200, 3rd - €100 & Last Place €50). We would like to thank everyone who bought a ticket, best of luck. Sponsorship We are delighted to have Litríocht.com come on board this year, as new sponsors of our Junior Ladies team. Is é príomhaidhm Litríocht, atá lonnaithe i mBéal Átha'n Ghaorthaidh, ná saibhreas iontach na leabhar Gaeilge a chur ar fáil do gach éinne a bhfuil suim acu sa Ghaeilge, in Éirinn agus ar fud an domhain. Our sincere condolences to the family of Tom Fitzgerald who passed away recently. Tom was the CEO of Bard na Gleann & Litríocht.com. Tom's passion and commitment for technology, business, the Irish language, and community were exemplary. He was a dedicated, people-centric person who cared for his community and the people that surrounded him and worked with him. He was a great supporter of our club and the local community, and we are grateful for his support of the Junior Ladies team.

Social Media You can find more updates about our club on our social media channels. Facebook: Naomh Fionnbarra Ladies Football Instagram: naomh\_ fionnbarra\_lgfc Twitter: NaomhFionn\_LGFC

#### LAOCHRA ÓG

#### 7th May 2024

U13 Camogie team played away to Grenagh this evening .Everyone of the girls gave it their all.... it was a very good game to watch. Special mention to our scorers this evening Caoimhe and Isla very well done also to Emma who made some crucial saves ....everyone played really really well this evening so well done to everyone. Thanks to the parents who travelled and supported ....thanks to Grenagh for hosting. Thanks to our sponsors James Hickey and family, thanks to Terry and his backroom team for all their help.

#### 8th May 2024

A great performance from our U12 Camogie team away to Clonakility this evening. Lead by Towns. their Captain Anna who was immense in the backs all the girls performed brilliantly. Thanks to Clonakility for a good game, Catherine for minding the girls and to CART providing transport with Dan our driver. Also Thanks to U12 Camogie team Sponsors Macroom Tidy Towns.

#### 10th May 2024

Well done to our u14 camogie players who had a game Thursday evening against millstreet. The girls but on a great performance . A good few lovely



Laochra Og U14 Camogie v Millstreet 10th May 2024

goals scored by Roionach, Ella, Jenny, Sadhbh and Caoimhe. We also had a few points scored by Aoibhínn, Sadhbh and Emma. A great win for Laochra óg. Thanks to our great sponsors James Hickey and family as well .Well done to all the girls who played tonight. Thanks to Millstreet Camogie team for the use of their facilities. Thanks to the parents and guardians for their support.



#### COMÓRTAS PEILE NA GAELTACHTA 2024 - CILL NA MARTRA

Is i gCill na Martra a bheidh Comórtas Peile na Gaeltachta ar siúl i mbliana, ón 31ú Bealtaine go dtí 3ú Meitheamh. Tiocfaidh foirne peile na mban agus na bhfear ó na ceantair Gaeltachta ar fud na tire, agus ó Bhéal Feirste agus Baile Átha Cliath. Beidh 15 cluiche peile á imirt ar Pháirc Uí Chuana thar an deireadh seachtaine fada, chomh maith le roinnt eile i mBaile Bhúirne agus Béal Átha'n Ghaorthaidh. Beidh an Comórtas á chraoladh ar TG4 agus ar Raidió na Gaeltachta, agus beidh Uachtarán CLG, Iarlaith Ó Broin, ann ar an Luan nuair a bheidh cluichí ceannais

á imirt. Beidh ollphuball in aice leis an bpáirc peile le bia blasta ar fáil ó mhaidin go hoíche agus beár déanach ann. Beidh ceol beo ann istoíche, gan amhras. Tá deireadh seachtaine den scoth geallta, bígí ann ga teip!

Comórtas Peile na Gaeltachta will take place in Cill na Martra this June bank holiday weekend. Mens and ladies football teams from Donegal, Mayo, Galway, Kerry, Waterford, Cork, Dublin and Belfast will be visiting to take part in competitions from Friday May 31st to Monday June 3rd. Most of the games will take place in Cill na Martra, with some also being played in Baile Bhúirne and Béal Átha'n Ghaorthaidh. Several games will be televised live on TG4 as well as daily coverage on Raidió na Gaeltachta. There will be a marquee at Páirc Uí Chuana, Cill na Martra, with a late bar and live music. Food will be served from morning to night. GAA President Jarlath Burns will attend on Bank Holiday Monday, when four finals will be played. Bígí ann for a great weekend!

#### U17 League Champions

Our Greg's Garage sponsored U17 side were crowned deserving league champions with a game to spare when they beat Bandon away on a 6-2 scoreline. A couple of days later Macroom received the Cork Youths League 3 Trophy following their final fixture, a home game v Blarney Utd at the Town Park. Macroom had a tremendous league season with a fine record of 12 wins, 1 draw and just 1 defeat over 14 games. Lakewood Athletic were runners up. Sam

#### **MACROOM SOCCER CLUB**

Doherty, representing the Cork Youths League, was on hand to present the trophy to Macroom captain James Cuddihy amid jubilant scenes at the Town Park. Well done to each player throughout the season for their great efforts and congratulations to Vivian Madigan and John Neville who formed an excellent management team.

#### **Lotto Win**

Huge congratulations to Tom Counihan c/o Noel who was the lucky winner of the  $\in 2,400$  lotto jackpot

last week. The numbers drawn were 7, 9 and 13. Best wishes to Tom and Anne and enjoy the winnings from all at Macroom FC. Our lotto jackpot restarts at €1,000. Pick just 3 numbers for €2 to be in with your chance. Paper tickets available throughout Macroom and from club and committee members. Online tickets are also available at www.macroomfc. ie/1lotto. Macroom FC greatly appreciates all support received.



Macroom FC U14 girls had a great win at home to Park Utd



Macroom FC Our senior ladies beat Carrigaline 2-1 away



Macroom FC U17 team who won the league. Sam Doherty from the Cork Youths League made the presentation to captain James Cuddihy along with squad members and coaches Vivian Madigan and John Neville.



Macroom FC U15A who lost out narrowly away to Innishvilla.



Macroom FC U10 girls travelled to play Los Zarcos



Macroom FC 3 U8 had their first match at home to Springfield ramblers



## **KILMICHAEL PITCH & PUTT**

Image right: All who participated in the Kilmichael Pitch & Putt League competition

Image below left: Winners from left John Casey, Jeremiah Horgan, Frances Riordan, Chairman Philip Dawson, Dan Kiely, Michael O Callaghan & Captain, Barry Crowley

Image below right: The gross & nett winners at the Kilmichael Pitch & Put League competition









St Mary's Athletics



St Mary's Basketball - All Ireland semi finalists



McEgan College Senior Girls Soccer Team 2023 2024 who played their final match together this week.



Macroom FC U11s who reached the semi final of the Eddie Healy Cup.







General Cattle Sale Every Saturday

Ring 1: Bullocks at 11:30am followed by Heifers & Weanlings. Ring 2: Calves 12 noon Ring 3: Dry Cows 10.30am

Factory Sheep assembly weekly Ring for details

> Online Sale available on MartEye App

50.7 Acre Farre EP

Stle Hotel

#### LET AGREED

C. 2 Acre Parcel Toames, Macroom, Co. Cork

#### To Let

**(7**) @

C. 70 Acres (Inc share of commonage) Adrigole, Beara, Co. Cork

WE ARE NOW TAKING ENQUIRIES FOR THE 2024 SEASON
AND ACTIVELY SEEKING LAND FOR SALE OR LETTING FOR OUR EXTENSIVE
& GROWING CUSTOMER BASE.

PARCELS OF LAND TO LET IN ALL AREAS MORE REQUIRED.

To discuss your property needs in confidence, contact CCM Property
Macroom Mart Office 026 41121

Jerh O'Sullivan M.I.P.A.V. 086 8329321



Terms & Conditions apply. Prices quoted are plus vat.

#### Pick up your LEE VALLEY OUTLOOK every fortnight by dropping into your main local distribution hub in the following areas:

: Ballyvourney

: Inchigeela

: Macroom

: Aherla

: Carriganima

: Cloughduv

: Cill Na Martra

: Carrigadrohid

: Kilmichael

: Reidh na nDoiri

: Donoughmore

: Cuil Aodha

: Canovee

: Crookstown.

: Ballingeary

: Coachford.

: Kilmurry

: Aghinagh

: Aghabullogue

: Dripsey

: Rylane

: Farran

: Lissarda etc



## ANNOUNCMENT

For all your advertising quieries call Des on his

new sales number

087 3600223 | E: des@outlookmags.com

## **CLASSIFIEDS**

- BUSINESS ONLY -COST: Up to 20 words €7 \*\*\*\* No More than 20 words \*\*\*\*

- STRICTLY PRIVATE COST: Up to 20 words €7
\*\*\*\* No More than 20 words \*\*\*\*

Drop off for Macroom: Donal Mulcahy, Mulcahy Auctioneers Main St., Macroom.
For classifieds please email to des@outlookmags.com
or post to Outlook Magazines, Castleisland, Co. Kerry.

#### ADVERTS WILL NOT BE INCLUDED UNTIL PAID FOR IN FULL

ED10 2024

WANTED: WORK BENCH 30" x 36" approx. Heavy Duty

Contact: 087 1185356

ED10 2024

FOR SALE: EXCELLENT TRAILERS OF FIREWOOD

Only €250 Delivered.

Please Contact: **089 - 4805403** 



ED 10 2024

#### FOR SALE: BICHON FRISE PUPS

Non Shedding - Microchipped, Vaccinated & wormed

Contact: 086 - 2207220

ED10 2024

**WANTED: A FORD 46 TRACTOR** 

Contact: 087 9819264







#### C.1 ACRE SITE FOR SALE

#### Clondrohid, Macroom, Co Cork

Beautiful tranquil area, just 10 mins from Macroom town. Subject to Planning Permission.

Contact Fleming Auctioneers: 021-4385524 / 087-2575712 www.blarneyauctioneers.com

PSL No: 001296

## EVERY LOCAL AUTHORITY NEEDS A 'DERELICT HOUSING SWAT TEAM' TO INCREASE CPOING OF DERELICT HOUSES - MEP KELLEHER

#### - COUNCILS THAT MEET OR EXCEED AGREED TARGETS SHOULD BE REWARDED BY THE STATE -

"Every Local Authority (LA) needs a dedicated 'Derelict Housing SWAT team' to speed up the process of CPOing houses and buildings that are being left derelict by absentee or disinterested property owners," says Fianna Fáil Ireland South candidate, Billy Kelleher MEP.

"Over recent months, but especially in recent weeks on the campaign trail, I have been disturbed by the number of properties in our towns, villages and in the countryside that remain derelict or vacant.

"Property owners who consistently allow their buildings to become derelict are engaging in societal vandalism. "While I know that housing isn't a competence of the EU, I cannot ignore this issue as I criss-cross the constituency and speak to voters and city and county councillors.

"Housing Minister O'Brien TD has put in place many supports to help those who buy these types of properties. However, our Local Authorities need the resources, funding and expertise needed to actively CPO derelict properties that are not being put onto the market by owners.

"The carrot is being offered by the Government but it's really time for the stick now.

"These SWAT Teams would have the legal, engineering, planning and administrative expertise to follow the process until the very end.

"While all our Local Authorities have property units that are nominally responsible for Compulsory Purchases, I don't think this essential process is being prioritised.

"All LAs should have targets for the number of CPOs per year. Councils that achieve or exceed targets should also be rewarded by the State.

"We quite simply have too many derelict homes. They are being left idle, to fall into rack and ruin by owners who either don't care about the property, don't have the

money to refurbish them or who are waiting to demolish them when they collapse in on themselves.

"The upshot is possibly tens of thousands of potential homes in our towns, villages and rural communities being left idle when we have a housing crisis on our hands.

"Targeting the low hanging fruit i.e. providing grants to people who

buy derelict homes is paying dividends. It's now time to put in place the teams that can follow through on the necessary process to bring this other sector of our housing stock back into use for the common good," concluded Kelleher.

## **GERRY HALL OIL BOILER / BURNER SERVICES**

All makes of Boilers | Burners | Cookers | Stoves

Commissioned & Serviced

Vat Registered • Fully Insured

Tel: 087 2318657



## Dave Bland: Painting & Decorating

Interior & Exterior including Paper Hanging
Call Dave on 087 4119058

Powerwashing Service Also Available



We Offer:

- Ceramic Coating
- Buffering
  - Waxing
- Odour Removal

- Full Car ValetPaint Correct
- Plastic Welding
- CAR COLLECT AVAILABLE

And much more ...

CARS DESERVE BETTER

Neville Terrace, Maseytown, Macroom, P12FX31

Call us: 087 3876603

00

# CALL DES ON: 087 3600223 FOR AS LITTLE AS €30 PER EDITION













## Cooldaniel, Macroom, Co Cork WELL DRILLING, micro drilling machine for tight spaces All types WATER PUMPS supplied, fitted and repaired Complete range of WATER FILTERS, iron, manganese, hardness, bacteria Water Testing Avail of grants up to €5000.00 for well and pump, €1000.00 grant for filters Council grant forms and free quotations Full range of pipe fittings and 12bar piping CONTACT SEAN AT 087 2579752



Email. midcorkpumpservices@gmail.com

**POWER WASHING - HOIST ASSISTED** 



WINDOW CLEANING

GUTTER CLEANING AND REPAIR

Fully Insured **Quotation on request** 

Call: 087 9911017 E: info@chimneycleaningcork.ie



## **Alcoholics Anonymous**

West Cork **Area Helpline** 

087 611 4946



"He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away" (Revelation 21:4)

Welcome back dear student, we've all heard the phrase 'no man is an island'. It's from the poem For Whom The Bell Tolls by John Donne. He concludes.... 'Each man's death diminishes me, for I am involved in mankind. Therefore, send not to know for whom the bell tolls, it tolls for thee.' Everyone experiences death, loss, and grief at some stage. Our faith in God is an anchor that gives us hope that we will be reunited with our loved ones again one day in Heaven. The promise of no more grief or sadness is because God Himself is there. But we don't have to wait until then to live in joy and stability. Jesus said "I tell you the truth, those who listen to My message and believe in God Who sent Me have eternal life. They will never be condemned for their sins, but they have already passed from death into life, and I assure you that the time is coming, indeed it's here now, when the dead will hear My voice — the voice of the Son of God. And those who listen will live" (John 5:24-25).

Last week we saw how God speaks to us all the time - and that Jesus our Good Shepherd is constantly looking out for us. We can live in rest by knowing Him - Jesus, the Prince of Peace, the Light of the World, and the Fountain of Life (Psalm 36:8-9; John 14:27). Relationship with God through His Son Jesus will carry one through the hardest of circumstances - held together by the hope and stability that His Love brings. Just as sure as night falls and the new day dawns, God can be trusted. "For He has rescued us from the kingdom of darkness and transferred us into the Kingdom of His dear Son Who purchased our freedom and forgave our sins" (Colossians 1:13:-14). Relationship with God begins with reverence — acknowledging Who He is and worshiping Him in Spirit and Truth (John 4:23-24). As we get to know the Lord more we don't have to fear death — in fact, we get filled with Life and Hope (Hebrews 2:14-15). "Fear of the Lord is a Life-giving Fountain; it offers escape from the snares of death" (Proverbs 14:27).

Dear friend, if you are grieving or feel like you're in a dark hole there is a way to come out (Psalm 40:2). First, repent of sin and turn back to God by receiving the Lord Jesus as Your Saviour and believing in Him. Then release those you have lost to Jesus. Trust God with them until you meet them again someday and sever every ungodly soul tie to the spirit of death. Get to know God through His Word, live for Him, and let Him direct your life. Do not fear death, it's just the passage into life eternal with God for His children. Jesus has already gone before us by conquering death so that we can live with joy and face the end (when it eventually comes), knowing that He is there to greet us. If you think about it your birth was a passage into this world — you descended alone down the birth canal to breathe your first breath outside the womb. In the same way, the one passing from this life will breathe their last physical breath and go on into eternity to everlasting joy! "My flesh and my heart may fail, but God is the strength of my heart and my portion forever" (Psalm 73:26).

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

You can listen to our podcasts on Spotify. Find the links on our Facebook page -Word of Victory Christian Fellowship Killarney, or on Twitter - @WOVKillarney.



Check us out on Facebook.

E: wovkillarney@gmail.com | Phone/Text - 087 4471797

#### **NOVENA TO THE** SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail.

Must promise publication of prayer.

#### **8TH ANNIVERSARY**



In loving memory of **CON DUNNE** 

Killinardrish, Carrigadrohid Who died on the 26th May 2016

> Let nothing trouble you, let nothing frighten you. All things pass away, God never changes. Patience obtains all things, nothing is wanting to him who possesses God, God alone suffices.

Lord, help me to remember that nothing is going to happen to me today that You and I together cannot handle.



Sadly missed and remembered fondly each day by his Wife Ann, Daughters Elaine, Julie and Ann, Sons Jerry, John Paul and Con, grandchildren, brother Ted, and many friends, relations and neighbours.

> Sacred Heart of Jesus I place all my trust in thee.

## THE MIRACLE



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

## THE MIRACLE



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become

your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted.

Never known to fail. Must promise publication of prayer.

#### THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. SH

#### **8TH ANNIVERSARY**



In loving memory of

CATHERINE

DOYLE

7 Belmont Place, Crookstown, Co. Cork who died on 18th May 2016

May the wind blow gently, And whisper for you to hear, How much we love and miss you, And wish that you were still here.



Lovingly remembered by your husband John, children Michelle and Clement, son in law Michael, daughter in law Kim and your grandchildren Katelyn, Shauna, Clodagh, Conor, James and Ian

#### **2ND ANNIVERSARY**



In loving memory of

#### TOM BUTLER

4 Cúil na Carraige, Ballymakeera and Freshford, Co. Kilkenny

Remembering with love, Tom, a loving husband, Dad and Grandad who died on May 30th 2022. Dearly loved and greatly missed always by his wife Pauline and all his family.



Go raibh suaibhneas síoraí ar a anam dílis.

#### **BIRTHDAY REMEMBRANCE**



In loving memory of

#### **GREG LONG**

Rylane

Hope you get a cake in heaven.
And some prezzies too.
Blow your candle out,
and we will raise a glass to you
Today we will swap stories again
with love we will remember you.
Happy birthday darling.



Always loving, Always loved XXX Trisha, Mary & Aisling Family & Friends

#### **2ND ANNIVERSARY**



In loving memory of

#### DONAL VAUGHAN

Renanirree, Macroom, Co Cork Who passed away on the 7th May 2022.

> Along the road to yesterday, That leads me straight to you, Are memories of happy days, Together we once knew.



Sadly missed and always remembered by his sister Peggy (Sr. Philomena), the Vaughan family, Conor and Irene Murphy.

#### **2ND ANNIVERSARY**



In loving memory of

#### FINBARR LUCEY

Cooligrenane, Inchigeela who passed away on the 28th of May 2022.

Your presence we miss, Your memory we treasure, Loving you always, Forgetting you never.



Mass will be offered in memory of Finbarr in Inchigeela Church on the 28th of May at 9:30am. Sadly missed by your loving wife Eileen and family.

#### **5TH ANNIVERSARY**



In loving memory of

## DEIRDRE BUCKLEY (NEE MCCARTHY)

Coolnadane, Macroom whose 5th anniversary occurs 18th of May 2024.

Though her smile is gone forever, And her hand I cannot touch. I still have so many memories, Of the one I loved so much. Her memory is my keepsake, With which I'll never part. God has her in his keeping, I have her in my heart.



Always loved and sadly missed her loving husband Jeremiah, brothers and sisters.

#### 24th ANNIVERSARY



In loving memory of

#### MARIA DINNEEN

Coolavokig, Macroom. Who died on the 19th May 2000

You gave us 12 years of happiness, Then sorrow came with tears, You left us lovely memories, We will treasure through the years.



Loved always by Dad (Diarmuid), Mam (Joan), Maidhcí, Katie and Emer, the Dinneen and Lucey families.

#### 90TH BIRTHDAY REMEBRANCE



In loving memory of

#### DONNCHADH O' CROÍNÍN

Inchamore, Coolea / Coomnaclohy Ballyvourney

Thinking of you on your special birthday.



Your loving family & relatives.

MEMORIALS LEE VALLEY OUTLOOK

IMPORTANT NOTICE Please email image and typed text to leevalley@outlookmags.com with a contact number or post to Outlook Magazines, Castleisland, Co. Kerry. Email is preferred to return a proof to avoid errors.

Call 087 1210959 or 087 3600223 | Freephone: 1800 71 40 40

Full Column: €70 Regular Column: €35 Prayers: €15 each

#### **FIRST ANNIVERSARY** AND ACKNOWLEDGEMENT



In memory of a life well lived

#### **IOHN F FLEMING**

Clodagh, Crookstown, and Grieve de'leuit, Jersey, who passed on 23rd May 2023.

Forever loved by children Sofie, Séan, and Lucey, their mother Susan, grandchildren, Lilly Grace, Ben, Forde, Kieva, sisters Ann and Theresa, nieces Amanda and Jennifer, goddaughter Laura and extended family. Special thank you to all of John's close friends and neighbors who always showed unconditional love and support.

We would like to thank Billy and Owen at Fitzgerald Funeral Home and all the staff at Ryecourt Clinic for your guidance and

Softly in the morning you heard a gentle call, and quietly left us all.



#### Walk of Life, (Dire Straits)

Here comes Johnny going to tell you a story Hand me down, my walking shoes Here comes Johnny with the power and the glory Backbeat, the talking blues He got the action, he got the motion Oh, yeah, the boy can play Dedication, devotion Turning all the nightime into the day.

#### **7TH ANNIVERSARY**



In loving memory of

#### MARY BRIDGET MURPHY

Ballineen & Renacahera, Terelton Who died on 14th May 2017

Our Lady of Knock, Queen of Ireland, vou gave hope to your people in a time of distress and comforted them in sorrow. You have inspired countless pilgrims to pray with confidence to your divine Son, remembering His promise, "Ask and you shall receive, seek and you shall find". Help me to remember that we are all pilgrims on the road to Heaven.



Always remembered by her brother Liam, sister in law Joan, nephews & nieces John Noel, John Joe, Síle & Ann and their families

#### **3RD ANNIVERSARY**



In loving memory of

#### LOUISE O'REGAN

Who passed away on the 20th of May 2021.

We hold you close within our hearts, And there you shall remain, To walk with us throughout our lives, Until we meet again.



Always remembered & never forgotten by Michael, Sinead, Cathal, Aisling & Aedin & Ultan & Sadbh

Anniversary Mass will be held in St. Colemans Church, Macroom on May 18th at 7.30pm.

## 21ST BIRTHDAY REMEMBRANCE & ANNIVERSARY



In loving memory of

#### **MICHAELA** WALSH

Mountrivers, Rylane, Co Cork.

You quide me through my worries and help me through each day. Always by my side, You never went away.



Always loved and never forgotten,

Mam, dad, brother, sisters, nanna, granda, aunts, uncles & cousins

#### **19TH ANNIVERSARY**



In loving memory of

#### **JOANIE MCDONNELL**

17 Belmount Place, Crookstown. Who died on the 19th May 2005.

Those who love, Don't go away, They walk beside us everyday. Unseen, Unheard, But always near, Still loved, still missed, still very dear.



Loved & remembered by your husband Paddy & family Patricia, Mary, Anthony, Denise Deirdre & Sinead, grandchildren & great grandchildren.

#### **2ND ANNIVERSARY**



In loving memory of

#### **JAMES CRONIN** Ballymakeera who passed away on

the 28th May 2022

No matter how life changes No matter what we do A special place within our hearts Is always kept for you



Sadly missed by his loving wife Helen, his children Donal, Conchur, Mairead & James, son in law, Daughters in law & Grandchildren

#### **3RD ANNIVERSARY**



In loving memory of Katrina **HICKEY** 

Who went to Heaven on the 12th of May 2021 **Ullanes West, Ballymakeera** 



Always Loved never forgotten.

James, Breanna and Thade.

**MEMORIALS** LEE VALLEY OUTLOOK

**IMPORTANT** 

Please email image and typed text to ey@outlookmags.com with a contact number or post to Outlook Magazines, Castleisland, Co. Kerry. Email is preferred to return a proof to avoid errors.

Call 087 1210959 or 087 3600223 | Freephone: 1800 71 40 40

Full Column: €70 Regular Column: €35 Prayers: €15 each

Disclaimer: Published by Outlook Publications Ltd., Tralee Road, Castleisland. Tel: 066 7142179. The Copyright of the graphics, designs and listings is held by Outlook Publications Ltd.
While every effort has been made to ensure the information published is correct, Outlook Publications Ltd cannot be held responsible for any errors, omissions or incorrect listing.

#### **13TH ANNIVERSARY**



In loving memory of WILLIE MURPHY

Ballymakeera whose anniversary occurs on the 26th of May

> Deep are the memories, Precious they stay. No passing of time, Can take them away.



Remembered always by Joan and family St. Gobnait and St Abán pray for him

#### **10TH ANNIVERSARY**



In loving memory of

#### STEPHEN LYNCH

Coolavokig Lower, Macroom Who passed away on the 14th May 2014

This day is remembered

Deep are the memories

Precious they stay

With those

Who think of Stephen

A little prayer to Jesus say



Always remembered by your loving wife Eileen and all your family and friends.

#### **12TH ANNIVERSARY**



In loving memory of

#### JOHN O'SHEA

Gortnahoctee, Inchigeela, Macroom Who died on the 12th of May 2012.

> No matter how life changes, No matter what we do, A special place within our hearts Is always kept for you.



Loved and missed everyday by Frances, Marie, Anne,Denis, Fran, Linda and grandchildren.

#### **3RD ANNIVERSARY**



In loving memory of RÓISÍN DROMEY

Late of Manchester, and Inchigeela, Co. Cork Who died on 23rd May 2021

> Your beautiful smile, your special way is remembered with love every day.



Loved and sadly missed by her parents, Gregory and Marie and sister Grainne.

Anniversary mass to be held at St. Finbarr and Holy Angels, Inchigeela, Sunday 2nd June 2024. Bail ó Dhia ort.

#### 13TH ANNIVERSARY & 14TH ANNIVERSARY



In loving memory of

#### Pat Murphy

14/07/2011



In loving memory of

#### MARY MURPHY

14/05/2010

Clashbridane, Kilmichael.

In loving memory of my dear parents whose anniversaries occur around this time.

A special day, another year, a loving thought, a silent tear, Like falling leaves the years go by, But memories of ye will never die.



Deeply missed and forever loved by their son John Noel, daughter-in-law Deirdre, Laoise and Aisling.

#### **6TH ANNIVERSARY**



In loving memory of

#### FERGAL MURPHY

Farran View, Dripsey Who died on May 13th, 2018

Fergal, "It broke my heart to lose you, but you didn't go alone For part of me went with you, the day God called you home"



Love always your wife Dee X

#### **6TH ANNIVERSARY**



In loving memory of

#### FERGAL MURPHY

Farran View, Dripsey Who died on May 13th, 2018

> Deep in our hearts you will always stay



Remembered & loved from Maudie, Liam & all the Cotter families

#### Ed 14 THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **SH** 

**Ed 10 TONY STONE** Handcut inscriptions, Restoration, Marble Granite, Stone, Slate, Plaques, Books, Boulders cut in situ, Kerbing, Chippings etc.

Contact: 087 -3528439



## **MACROOM MOTORS**



## HUGE **SELECTION**

### **OF QUALITY USED CARS**

**Toyota Finance Arranged** Full Toyota Approved Used Warranty on Every Used Car Start your Hybrid Journey Today

(15 Year Warranty on Hybrid Battery T&C apply)

CALL US TODAY 026 20800

to speak to one of our Sales team.

www.macroommotors.com

Opening Hours: Mon - Fri: 9am - 5.30pm | Sat: 10am - 4.30pm

#### Toyota is No.1

rthan any other brand in Ireland. When the time comes to change your car will retain its value, ensuring you get a great deal on your next car



Macroom Motors, Macroom, Co Cork. T: 026 20800 | Email: sales@macroommotors.ie | www.macroommotors.com



JM Energy Savings Ltd. 6 @

Rated Excellent Trustpilot

John Moynihan, Ballingeary, Co. Cork. | T: 086 3742260 | www.jmenergy.ie