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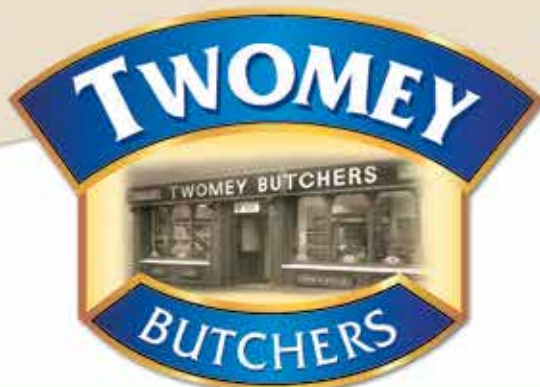
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NEW TO MARKET

GURTEENROE, MACROOM, CO. CORK, P12W082

Killian Lynch auctioneers are delighted to offer this large 4 bedroom family home on a beautiful private landscaped site only a 2 minute drive to Macroom town. The property has been recently extended and modernized to a high standard making this a beautiful family home. The property is very efficient and comes with fitted solar panels. Located only C.2km from Macroom town, C.5 minutes from the Macroom bypass, C.30 minutes from both Cork and Kilarney. BER: 8

GUIDE PRICE: €495,000



NEW TO MARKET

63 MAIN STREET, MACROOM, CO. CORK, P12 PY28

Killian Lynch auctioneers are pleased to offer this great opportunity to acquire a 3 bedroom residence which is situated within Macroom town centre. The property which extends to C.1194 sq ft accommodation is ideal for both residential or commercial purposes. The property has good street frontage and is in excellent structural condition although it is in need of decoration throughout. BER: D2 117342956

GUIDE PRICE: €175,000



NEW TO MARKET

THE SQUARE, MILLSTREET, CO. CORK, P51FYV2

Killian Lynch auctioneers are pleased to offer this centrally located commercial/residential premises. The property which comprises of C.3330 sq ft accommodation is an ideal investment with huge potential and comes with a great benefit of having a rear access. Millstreet is situated C.15 minutes drive west of Macroom town, C.45 minutes drive from Cork city and C.30 minutes from Kilarney. BER: E1

GUIDE PRICE: €220,000



NEW TO THE MARKET

4 WOODLAND DRIVE, MILLSTREET, CO. CORK

Killian Lynch auctioneers are pleased to offer this C.0.2-acre site with full planning permission for one C.140 sq meter detached dwelling house. The site which is easy to develop is situated within walking distance of all local services and amenities. There are no restrictions on the planning.

GUIDE PRICE: €55,000



UNDER OFFER

10 CASTLEKNOCK, BALLINCOLLIG, CO. CORK, P31 XF99

Killian Lynch auctioneers are pleased to offer this 4-bedroom semi-detached house which comes with front and rear south facing gardens. The property which is situated within a mature, quiet and convenient location comprises of c.1490 sq ft living accommodation and offers generous living space throughout. The property comes with a new tarmac drive and a new rear south facing patio. This is an ideal family home and is an opportunity not to be missed. BER: C1 116353632

GUIDE PRICE: €395,000



UNDER OFFER

28 THE GEARAGH, MEADOWLANDS, MACROOM, CO. CORK, P12RY62

Killian Lynch auctioneers are pleased to offer this beautiful 3 bedroom semi-detached house. The property which is oozing with character and charm is finished to a very high standard throughout with landscaped rear gardens.

The house which is only 3 years old comprises of c.1098 sq ft living accommodation, macroom town centre is within walking distance from this property and cork city is a c.30-minute drive. Macroom town is a large market town which has all local services and amenities at your doorstep. BER: A3 (113265383)

AMV: €310,000

NEW TO THE MARKET - 4 BEDROOM SEMI DETACHED HOUSES



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BER A2

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Killian Lynch Auctioneers are pleased to offer this beautiful development of 4 bed room semi detached houses situated within a courtyard type development within Ros Alainn. The houses consists of C.1656 sq ft 4 living accommodation throughout & are located only C.1km from the Macroom bypass interchange junction C.2km from Macroom town, C.30 minutes from Kilarney & Cork City.

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If you cannot access physical copies, the LVO can be viewed online at: <https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions

will be published in the following edition. As always submissions as Gaelige are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you would like to submit an article as bearla nó as gaeilge, please feel free to email us here on leevalleyoutlook@macroom.ie, we would love to hear from you.

Go raibh maith agaibh, Peter & Gráinne

For Advertising email Des. E: des@outlookmags.com

Please note Des has a new number

087 3600223

A very Special Event at the 10am Mass in St. Colmans Church, Macroom

A very special event took place at the 10 am Mass in St Colman's Church Macroom on Saturday 6th April. Baptism and First Holy Communion were received by a family of a Mother and two sons. Fr Donal, Fr Joe and the family's Godparents together with the whole community warmly welcomed those newly Baptised into the Church.

This may be a very rare event for a parish like Macroom, or even Ireland, but according to the www.pillaratholic.com, the number of adults seeking baptism in the Catholic Church in France and Belgium continues to rise rapidly, according to new figures released in Holy Week, making for a surprise bit of Easter good news. The number of adult baptisms in France has increased by 30%, from 5,463 in 2023 to 7,135 in 2024, the French bishops' Conference reported on March 27th.

The number of baptisms of adolescents — young people aged 11 to 17 who are in middle or high school — has also risen sharply, from 2,861 in 2023 to 5,025 in 2024. The figures are the highest since the French bishops' conference began tabulating the data more than 20 years ago. The number of adult baptisms has also continued to rise over the border in Belgium, almost doubling in a decade, from 186 in 2014 to 362 in 2024, the Belgian bishops' conference announced March 26.

France and Belgium are both traditionally Catholic nations that have seen a deep erosion in Catholic



Baptism and First Holy Communion were received by a family of a Mother and two sons. Picture; Fr Donal Fr Joe, the family and the family's Godparents

practice in recent decades. Around 29% of France's population of 68 million identify as Catholic, Roughly half of Belgium's 12 million population identifies as Catholic

French Catholic media began reporting in January on an "unexpected boom" in catechumens, or baptism candidates. "In the space of two years, the number of catechumens aged between 15 and 25 has literally soared in France," the French Catholic weekly *Famille chrétienne* said, noting that the trend had

accelerated significantly in September 2023, when the French school year began.

In the foreword to a document, issued by Bishop Olivier Leborgne, head of the French bishops' department for catechesis, he wrote: "In almost every diocese in France, people are coming to the Church to ask for baptism, confirmation, and the Eucharist, sometimes in a movement of bewildering proportions."

MACROOM FLOWER CLUB

Macroom Flower & Garden Club hosted a Floral Demonstration by Malcolm Kitt AOIFA on Thursday 4th of April at Coolcower House. It was wonderful to see a large attendance in what was a most entertaining evening. Malcolm delighted the audience with stories of his many travels internationally while creating some beautiful design in his own unique style. The Committee were busy on the night and it was a delight to see Competition entries. The Sales Table had some garden cuttings ready for planting on and bric a brac available. Deposit for Annual Outing to Waterford June 22nd was accepted and only a few seats are now available on the bus. Please contact 087-9821708 for further details and to book your place as soon as possible. The Club also held a very successful series of Beginners Floral Arranging Classes with Tutor Breda Crowley AOIFA. We look forward to further Classes in the Autumn. Upcoming Dates Cork Summer Show 15th and 16th June, National Flower Festival will take place in Dundrum Dublin 29th & 30th June.



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CREAMY CHICKEN AND MUSHROOM CARBONARA - Creamy Penne pasta with diced chicken and mushroom, topped with parmesan cheese and served with garlic bread.

OVEN BAKED FILLET OF HADDOCK - With pesto crumb, mash, vegetables and dill sauce.

PANFRIED CHICKEN SUPREME - With black pudding, seasonal vegetables, Creamed potato and rosemary gravy.

FEATHERBLADE OF BEEF - With creamy mash, glazed roast vegetables and a brandy mushroom and black pepper sauce.

DUO OF PANFRIED SALMON AND PLAICE - With pesto and roast pepper mash, vegetables and creamy dill sauce.

GARLIC AND THYME MARINATED LAMB CHOP - Served with mash potato, vegetables and our mint and horseradish sauce.

CRISPY CHICKEN AND BACON CIABATTA - Served with salad, chips and garlic mayo.

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MCEGAN COLLEGE



McEgan College 3rd Year Students Poppy Ward & Tammy O'Driscoll attending MTU Cork's James Barry Exhibition Hall where their project was among the displays in the recent STEAM Competition Exhibition.



Students from McEgan College (Orla O'Sullivan & Aoife Kelleher, Orla O'Sullivan,) who were fundraising for the Irish Cancer Society on Daffodil Day March 22nd.

Football: The Senior Boys Football run in the Munster Championship ended on a loss to a strong Coláiste an Chróí Naofa, Carraig na bhFear side recently. A huge well done to the boys on their commitment during the year, with most of the panel underage for next year's Senior competition.

Soccer: McEgan played Bishopstown CS in a last 16 match on Wednesday 10th. The game which had been previously cancelled due to weather was played in a sun drenched MTU grounds and served up a great encounter. McEgan started well and took a deserved lead through Diamond Salami after good work from Arnau Latorre. Unfortunately, our influential midfielder Graham Lynch was forced off due to injury, however, substitute Jack Fitzgerald played an outstanding part in the lead up to our second goal, finished by a terrific strike from Cian O'Donovan. Bishopstown created some good chances and were denied by some brilliant defending by Filip Pilarski and some outstanding goalkeeping by Aaron Forde. They did get 1 back when they finished well after a dangerous corner. Minutes before half time, Cian O'Donovan pounced on a defensive mistake by Bishopstown to give McEgan a 3-1 half time lead. Playing against a stiff breeze in the second half, McEgan defended well with Bobby Murphy and Luke Madigan controlling the back 4. Noe Kollar became increasingly influential in midfield and on the 70th minute Cian O'Donovan struck home for his hat trick and a 3-goal cushion. Oisín O'Connor and Promise Uzor were strong throughout and some good work from Conor Lynch created a chance for Diamond who

got his second goal of the game. Elijah Roberts and Scott Forde worked well when introduced upfront and guaranteed McEgan a quarter final spot. Looking forward to the next game and we wish Graham Lynch a speedy recovery.

FILM STUDIES IN TY: TY students recently attended the First Cut Film Festival held in the Regal Cinema Youghal. As part of the festival the students made two films which were on the big screen on the day. The McEgan films are called 'Broken Reflection' and 'Flora & Fauna'. The film making was funded Cork Young Filmmakers & receives funding from Cork County Council, The Arts Council and is supported by SECAD, Cork ETB and Creative Ireland. The students wrote and acted in the film supported by staff from 'Cork Young Film Maker', through a 1 day film making workshop in school. The screening was followed by a panel discussion in which workshop participants discuss their films and their experiences of making them. The students were supported by teachers G. Hurley & A.O'Connor & TY Co-Ordinator M. Murphy. Although McEgan did not feature among the prize-winners the students had a valuable and memorable experience.

Debating Club: Lunchtime debating club has recently begun under the guidance of Ms. G Hurley. Debating is a valuable asset for students and can benefit especially those who find speaking in front of others difficult. will encourage students to improve their active listening, public speaking, research, and teamwork skills. These skills are instrumental for students as they complete CBAs and for improving

overall confidence and self-esteem. Students will debate a range of topics chosen by the students each week!

Daffodil Day: Well-done to the local organisers of Daffodil Day in Macroom, March 22nd, on raising over €10,500 for this vital service to those who are living with Cancer. McEgan College TY students were delighted to lend a hand on the day with the fundraising activities.

Seanie in Lourdes: Well done and Congratulations to Seanie Kelleher of R22 who got to travel to Lourdes during the Easter Holidays with The Irish Pilgrims Trust. Seanie had a wonderful time. Thanks to all who supported him on this Pilgrimage.



Images above: Seanie Kelleher McEgan College Student on Pilgrimage to Lourdes over Easter with the Irish Pilgrims Trust, Practice makes perfect. Emily Barrett McEgan College student practicing for the LCA Hotel & Catering Practical Exam which is coming up soon. Good luck to all the students involved.

STAR TURKISH BARBERS' FUNDRAISING DRIVE SUPPORTS IRISH GUIDE DOGS

In a heartwarming display of community support, Star Turkish Barbers in Macroom have stepped up to the plate in aid of the Irish Guide Dogs, a nonprofit organisation committed to providing essential assistance to individuals with visual impairments and families of children with autism. The fundraising drive was a wonderful example of the power of community solidarity in making a positive difference in the lives of others. Their efforts, aimed at enhancing the independence and mobility of those in need, were greatly appreciated by the Macroom Branch of the Irish Guide Dogs.

A presentation was recently made to Colum Cronin, chairman of the local branch, who congratulated them for the remarkable contribution made and their support of this worthy cause.

In addition to this commendable initiative, the local branch of the Irish Guide Dogs has been active in fostering community engagement. Several school visits were arranged across various localities, including St. Joseph's, Rusheen, Inchigeela, Kilbarry,

Clonrohid, and Carriganimma National schools. During these visits, representatives from the organisation, accompanied by ambassador guide dogs and their trainers/owners, shared insights into the training process for guide and assistance dogs. Pupils had the invaluable opportunity to learn firsthand about the transformative impact of these animals on individuals' lives, as well as interact

directly with the team and the guide dogs in training. These outreach efforts not only raise awareness about the vital role of guide dogs but also instil a sense of empathy and understanding within the community. Through initiatives like these, the Irish Guide Dogs continue to make strides in their mission to improve the quality of life for those they serve.



Inchigeela National School on their recent Guide Dog visit with Cooper the Ambassador Dog & volunteers.



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The project is co-funded by the Government of Ireland and the European Union.

ST MARY'S NEWS



St Mary's Transition Year students enjoying their TY Trip to Barcelona

NEWSBRANDS IRELAND PRESS PASS STUDENT JOURNALISM COMPETITION

Congratulations to our English department and to seven of our Transition Year students who have been named as finalists in the NewsBrands Ireland Press Pass Student Journalism Competition. The finalists are as follows.

School Newspaper

St. Mary's Chronicle, by Ella Healy, Maeve Twohig, Clare and Ella Dromey

News Reporting

Keirsha O'Hare

Features Journalism

Ella Healy

Sports Journalism

Ava McSweeney

1st, 2nd, and 3rd place in each category will be announced at the awards ceremony, hosted by Matt Cooper, in the Aviva Stadium on Wednesday, April 17th. The finalists were decided by a panel of judges including editors of national newspapers and news websites, and award-winning journalists. The judges said that the standard was extremely high and they genuinely had a very tough task in deciding the finalists, so a huge well done to all students who took part and to the seven girls who have made it to the Final!

TRAVEL FLAG

During the week of the 11th of March, our green schools committee were handing out raffle tickets to people who were walking/parking and striding to school to promote their work on the Travel Flag. This enticed people who previously were not walking to give it a go. The committee noticed an increase in the number of people walking to school after this initiative. Thank you to everyone who walked and congratulations to Emma Purcell and Shauna Keane who were the winners of the raffle.

THE WALTONS MUSIC FOR SCHOOLS

We are so proud of our music students and their



St Mary's Music Students at the National Concert Hall where they performed in the Waltons Music for Schools National Competition

teacher Ms Aoife Donovan who performed at the National Concert Hall recently. They gave a fantastic performance and did themselves and our school very proud. It was an amazing experience for all! Well done girls. Thanks to Ms Queally and Ms Dineen for travelling to Dublin with Ms Donovan and the girls on the day.

BARCELONA TRIP

Day 1 of our TY Trip to Barcelona was an early start with everyone meeting at Cork Airport at 4am. Our bus driver for the week, Pablo, picked us up at the airport and our journey began. We met our tour guide Anna and she gave us a tour of Barcelona & brought us to Estadio Olímpic, Montjuïc and La Sagrada Familia. Day 2 we visited the Science Museum (Cosmo Caixa), afterwards we took a stroll down La Ramblas and did some shopping. Later that night, the group had a very competitive game of bowling! Another fantastic day in Barcelona. Day 3 we set out to Tarragona and went to a Roman amphitheatre and had our lunch. We moved from there to Montserrat, visited a shopping centre on our way home and went for an evening walk to the beach on the Salou strip and visited the Salou sign. Another very busy day! Day 4 we went to Port Aventura for the day with everyone (including the teachers!) braving the rollercoasters. After a thrilling day, we returned back to our hotel to pack up for our 7am flight home the next morning. We all had such a great time and it was a great bonding experience for the girls. A massive thank you to Ms Lehane for all her organisation of the trip. Thank you to all the teachers for accompanying: Mr McLaughlin, Ms Foley, Ms Murnane, Ms McSweeney and Ms O'Donovan.

TRANSPORT RESEARCH ARENA CONFERENCE

Transport Research Arena Conference at the RDS in Dublin April 17th 2024

Yesterday thirty of our Transition Year students travelled to the RDS in Dublin to visit the TRA Conference. This is a European-wide conference and

it will be the first time it will be hosted in Ireland from Monday to Thursday of this week. As a result of winning an award for the best transport at the BT Young Scientist this year, Ellie Walsh, Leah Bradley and Tara Lane were invited by the conference organisers to attend for a special tour, to meet officials in the industry and get a chance to discuss the findings of their project on the Macroom bypass. A further invitation was extended for 30 TY students from St Mary's to also attend and the TRA kindly sponsored the travel for this.



Walk, park and Stride to School -Daimhin McKenna of the Green Schools Committee presenting a prize to Emma Purcell



Walk, park and Stride to School -Chloe Lehane of the Green Schools Committee presenting a prize to Shauna Keanel



Four of the seven students who have been selected as finalists in the NEWSBRANDS IRELAND PRESS PASS STUDENT JOURNALISM COMPETITION I-r Clare Dromey, Keirsha O Hare, Ava McSweeney and Ella Dromey

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SCRÚDÚ IONTRÁLA

An Déardaoin seo caite dheimhnaíodh an rang a sé an scrúdú iontrála le haghaidh Bliain a hAon 2024 – 2025 – táimid ag tnúth le bualadh libh!

PÁIRC UILE-AIMSIRE

Tá obair tosaithe le déanaí ar an bPáirc Uile-Aimsire béal dorais linn anseo i gColáiste Ghobnatan. Tá áthas mór orainn an fhorbairt seo a fheiscint ag tosú mar beidh leas agus úsáid a bhaint againn as an áis seo chun rannpháirtíocht ghníomhach sa spórt agus folláine a chur chun cinn i measc ár gcuid scoláirí. Soláthróidh an áis deiseanna iontacha chun ár dtimpeallacht teagaisc agus foghlama a fheabhsú i réimsí an choirpoideachais



5A ar an turas chuig Liebherr le Bean Uí Bhuachalla agus Máistir Ó Cealleacháin

agus gníomhaíochtaí seach-churaclaim. Ba mhaith linn buíochas a ghabháil leis an nGrúpa Forbartha as an obair chrua atá déanta acu chun an chéim seo den tionscadal a bhaint amach agus táimid ag súil go mór le bheith ag obair leo amach anseo ar mhaithe leis an bpobal ar fad.

SCRÚDUITHE

Faoi láthair tá roinnt daltaí ón tríú agus ón séú bliain ag obair go dian chun ullmhú dos na scrúduithe. Le linn saoire na Cásca, dheimhnaíodh na scrúduithe béil. An tseachtain seo caite dheimhnaíodh na scrúduithe, Teastas Eorpach na Gaeilge (TEG). Gabhaimid ár mbuíochas leis na múinteoirí atá ag cabhrú leo go háirithe Iníon de Staic agus Iníon Ní Bhriain. An Aoine seo caite dheimhnaíodh na scrúduithe praiticiúil sa cheol. Inniu tá daltaí ó bhliain a trí ag déanamh an scrúdú praiticiúil cócaireachta. Guímid gach rath ar na daltaí Ardteiste a bheidh ag déanamh scrúduithe

praiticiúla Ealaíne agus Innealtóireachta go luath freisin. Beidh an scrúdú CGAT ar siúl ar an 1ú Bealtaine.

FOCLÓIR

- CGAT – LCVP (Leaving Certificate Vocational Programme)
- scrúdú iontrála – entrance examination
- páirc uile-aimsire – all-weather pitch
- béal dorais – next door
- Grúpa Forbartha – development group

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5B ar an truas chuig Liebherr le Bean Uí Dhonnchú agus Máistir Ó Céilleacháir



Seo an plean do Pháirc Uile Aimsire a bheidh béal dorais linn

LEADER PROGRAMME DELIVERY 2024-2028 AWARDED TO IRD DUHALLOW

IRD Duhallow was thrilled to be informed recently that it has been awarded the contract for the delivery of the 2024 – 2028 LEADER programme in Duhallow's North Cork and South Cork Regions. The value of these contracts is €1.6 mi and €1.2mi respectively and the contracts are currently in the 30 day stand still period. The contract award is based on the Local Development Strategy which

was devised based on the needs of the community following an intensive consultation period in 2023. As soon as the contract is signed the plan is to issue calls for expressions of interest. In the meantime if you have any queries please contact any of the Development Officers in IRD Duhallow on 029-60633 or email duhallow@irdduhallow.com



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DE LA SALLE College Macroom

Maths Quiz

On Thursday the 14th of March the IMTA Pi maths quiz took place in the cultural centre in Ballyvourney. Eight third year students represented De la Salle on the day as two teams of four. The students had an enjoyable day at the very well organised event. One of the De la Salle teams came in 3rd place which was a fantastic achievement as there were 16 teams in attendance. Bandon Grammer school were the outright winners on the day and will continue on to the All-Ireland section of the competition.

Debate Team

Congratulations to our outstanding students who participated in the recent national debating competition. The students displayed immense dedication and talent throughout the event. Representing De La Salle against teams from across Ireland, they demonstrated exceptional hard work and effort, truly embodying the spirit of debate. Despite the tough competition, these students gave it their all, presenting thoughtful arguments and engaging with passion. They can be incredibly proud of their achievements and they must be commended them for their commitment to excellence.

WINNERS!! BEST POSTER AT THE CORK RUBBISH FILM FESTIVAL AWARDS!!

Our talented 4th years students attended the Cork Rubbish Film Festival Awards today in Fota Wildlife Park. The students created "OnlyCans," a short film



WINNERS!! De La Salle talented 4th year students receiving the, Best Poster, Award at the Rubbish Film Festival at Fota Wildlife Park.

highlighting the deposit return scheme. Their passion led to it being shortlisted for Best Film at the Cork Rubbish Film Festival, while their creative poster design earned them the "Best Poster" award. This short film will be shown in local cinemas in the coming months. Watch out for our DLS boys on the big screen! A heartfelt thank you also goes to the school's traditional band for providing the music. The students involved in the project were Cian Kelleher, Dylan Forde, Dylan Lynch, Fionn O' Shea, John Lyons, Jude Murphy, Conor Creedon, Shane

Murphy, Daniel Bonnar, Myles O Riordan, Conor Kearns and Peter Fitzgerald. The excellent production can be seen on the school Facebook page.

Ballyhass

Our TY students had a fantastic couple of days in Ballyhass Mallow where they took to the sky and the water. They started their adventures on the water, followed by the dreaded "Leap of Faith" and then it was time to master the art of axe throwing. The students always enjoy their time at Ballyhass and they showed great enthusiasm and participation.



De La Salle 1st years were checking out the lovely selection of Irish books available to rent from the school library



De La Salle National Debate Team

CLONDROHID DEFIBRILLATOR COMMITTEE

Clondrohid Defibrillator Committee from left Pauline O Leary Felicity Kelleher Ann O Connell John Finnegan

A very successful and helpful course "An Introduction on how to use a Defibrillator " was held on 9th April by the above committee under the leadership and guidance of Course Manager John Finnegan. We want to thank everyone who turned up on the night and especially the Order Of Malta for the supply of equipment on the night.



Will Back Pain Resolve Itself?

There is an odd logic that says if you leave a back problem, eventually it should resolve on its own. Yet, once you've had a back problem, the chances of it recurring is much higher.

A recent study¹ showed that when back pain is not treated, it may go away temporarily but will most likely return.

Recurrence of low back pain is very common, with more than two-thirds of individuals having a recurrence within 12 months after recovery. Factors for a recurrence include exposure to awkward posture, longer time sitting, and more than two previous episodes.

Research shows that Chiropractic treatment relieves the underlying cause of back

pain helping to avoid the need for medication or surgery. While over the counter drugs may provide temporary relief from pain and inflammation, they do so at a cost.

Longterm use of over the counter or prescribed painkillers manifests in injury to the digestive tract.

If you don't like taking these meds and are looking for a drug free, surgery free avenue then chiropractic is the answer.

The spine is meant to be flexible and allow for the movement of over 20 small bones.

Trouble begins when any one of those bones move out of alignment for a sustained period of time.

These misalignments do not radiate immediate pain but slowly begin to deteriorate over time.

The goal of Chiropractic adjustments involves the optimal function of the body and the avoidance of needless pain, suffering or surgery.

"Longterm use of painkillers isn't the answer. It's vital to find the root cause of the pain you are experiencing."

says Dr Benjamin Martin of Optimal Chiropractic



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This includes documenting your history and taking scans to determine the exact cause of your symptoms.

Please call 021 487 8465 to book your appointment.

Please Note: When you ring to book this special offer our team will request €40 to secure the appointment. Thank you.

¹https://www.researchgate.net/publication/333793977_Recurrence_of_low_back_pain_is_common_a_prospective_inception_cohort_study

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MACROOM GIRL GUIDES

Introducing Ardilaun Guides New Mascot - Shaniquaa the Shark.

Ardilaun Guides decided to design a new mascot as one of Juliette's National Guide Award challenges. Designs were drawn up and voted on and Shaniquaa was the winner. The final design was a group project, every Guide had a say in what she would eventually look like and what she would wear.

Juliette said "It took a month of work to really bring Shaniquaa to life. Her making involves a fun trip to Vibes & Scribes, a lot of accidental stabbing of myself with needles and a surprising amount of yellow chalk. Overall, it was great fun making her and well worth the effort. Now Ardilaun Guides have an amazing mascot who will hopefully be around for many years to come!"

Senior Branch National Sweet Sixteen Birthday Party

Dara Russell of MacEgan Senior Branch

is the recently elected Southwest Region representative on the National Senior Branch (SB) Committee. Dara describes her first task in her new role - "My very first task following election was to organise the Sweet Sixteen Birthday Party with Hannah Walsh from Boherbue SB Unit, also newly elected to the national committee."

The plan was to run an orienteering challenge around Cork city during the Easter holidays. This would give the SBs from other Regions a chance to discover Cork. The SBs were given a list of riddles to decipher which led them to visit places like St. Fin Barre's Cathedral, the English Market, art galleries and Cork City Library, each one worth ten points. They also received a list of challenges to complete for five points per challenge. Challenges included taking a photo with a priest and dancing in a public place! Once all challenges were completed, everyone returned to IGG's Resource Centre on McCurtain Street for pizza and birthday cake. Points were added up and prizes for first and

second place were presented. All SBs received a birthday card and goodie bag. In total we had seventeen participants, and an enjoyable day was had by all.

Ciara Casey, Chair of the Senior Branch committee attended the event and congratulated Dara and Hannah for the successful event that had been planned and run in such a short space of time.

Rachel O'Shea from MacEgan SB was a participant and reports on how much she enjoyed the day. "When we arrived at the Resource Centre in Cork, it was revealed that we would be doing a Monopoly Run in the city. We were in mixed teams with SBs from other Regions and the race was on to visit places and complete the challenges to get as many points as possible for our team. We scored 265 and came second!! I really enjoyed the amazing day and met so many new Senior Brancher members."

For further information on Guiding in Macroom and the surrounding areas please contact macroomguides@gmail.com



Ardilaun Guides and their new mascot at their meeting on Fri 12 Apr 2024



Rachel and her team with IGG President Deirdre Henley



Senior Branch members who celebrated their Sixteen Birthday in the last year come together to celebrate



Senior Branch Sweet Sixteen team

GAIRM CÉIM CHUN CINN

GAIRM is an exciting new opportunity for Graduate students with Irish that Údarás na Gaeltachta are offering, with a proposed Level 9 Postgraduate Diploma certification, in conjunction with Atlantic Technological University (ATU).

This is a great opportunity for any Graduates with Irish, who are thinking about their next move after College.

The deadline for applications is fast approaching (4pm, April 22nd)



Ballyvourney Daffodil Day 2024

Ballyvourney Daffodil Day fundraising hosts would like to express their gratitude to everyone who attended our recent coffee morning in the welcoming environment of The Abbey Hotel . Those who attended enjoyed a morning of chit chat, fabulous cakes and lots of raffle prizes. The success was thanks to the support and generosity of those who attended and donated in any way on the morning, the shops and businesses of our local and surrounding communities, together we raised a total of €5540. Míle buíochas ó Cumann Maidin Cáife Lá Lus'n Chromchinn.



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Macroom Tidy Towns

History in the making.

Macroom Tidy Towns held its very first AGM on Feb 20th, 1984, in the Fr Ryan Hall. During the previous year, since the group came together in 1983, lots of work took place and with help from the local community. The volunteers use to meet on Wednesday nights. Some of the work done throughout the year included an ornamental triangle was made at the New Bridge (Coachford Cross) and work started at Hartnett's Cross cutting down some tall poplar trees there. The group were requested to help with Christmas Lights but decided to independently light the natural large pine at the bridge. It was supported by residents and businesspeople of New Street and Masseytown and local banks. Eugene O Riordan Engineering Works designed and donated the star for the top. There were five sets of lights put on the tree at £35 a set, supplied at cost price by Mrs Peggy Buckley while Neville Brothers supplied the electricity from their bakery nearby. Plans were made to contribute five extra seats in the square and have six flower barrels ready to be erected in the square. In August 1983, the church gate collection was held and was a great success and £645 was collected. The committee started out in 1983 with just £7. It is amazing to think that a couple of the current Tidy Towns committee in 2024 were involved at that early stage 40 years ago and continue to be actively involved after all those years, while others have gone to their eternal reward. Ar dheis Dé go raibh a n-ainmeacha dilis. Our Monthly Meeting took place on April 2nd in the Hub Masseytown. It was well attended, and some topics discussed include the Anti-Litter Competition and Spring Clean Up. The Cork County Council Anti-Litter Competition is taking place again this year. The first period judging is taking place from May 13th to May 22nd, second judging period is taking place from May 27th to June 5th, with the third and final



judging period taking place from June 10th to June 19th. During the judging, selected stretches on the main streets, lane ways and square will all be marked. The focus is on litter and the number of pieces of litter found will be counted and marks will be lost accordingly. On each of the 3 judging periods, one estate will be selected for judging. The estates being judged this year are Lios Na Fea, Sullane Weirs and Oakwood. These estates will be notified in advance as to when they will be judged so they can ensure that their area will be litter free when the judges arrive. We are now halfway through the Macroom Spring Clean. The first weekend was cancelled due to Storm Kathleen. We would like to thank everyone that showed up last weekend it was much appreciated. It will be continuing this Saturday the 20th of April and the 27th of April. It is going from Coolcower Roundabout to Carrigaphooca Roundabout, including all other approach roads, Streets and Lanes. This is an opportunity for you, your friends or family of work group to come out and assist in some way and show your support for Tidy Towns. Children will always have to be accompanied by an adult. All you need to bring is a pair of gloves and maybe a litter picker, will be meeting in the square at 9:30 am both Saturday Mornings. If it does not suit you or your business to join in the clean-ups, then you can equally participate and make a very positive contribution by ensuring that your own property and the area close by is maintained litter free and that this is seen to on a regular basis. Tidy Towns works very closely with the Men's Shed and the Men's Shed would welcome any new

members that might like to join their activities. If you are interested in meeting up on a regular basis for a chat and have a look at what they do why not come along and see. They are open Tuesday, Wednesday and Friday from 2-4pm at their base in Masseytown Road. So why not call in and see for yourself. Some Tidy Towns volunteers will be heading to Cork County Hall on April 22nd as representatives from the organisation for its 125th Year of Cork County Council Event taking place to recognise the work we do. Macroom Tidy Towns Volunteers meet every Saturday at 9am in our base in Masseytown, we are always open to people joining, so why not come along some Saturday morning and see for yourself the work that is done. If you have any questions about joining, you can contact Lisa at 087-1434770.



Macroom Tidy Towns held its very first AGM on Feb 20th 1984, in the Fr Ryan Hall.

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Preserving History and Celebrating Local Art:

'Art on Main Street'

Gallery in Macroom

In the heart of Macroom's Main Street lies a charming piece of history - 41 Main Street, a building steeped in heritage dating back to 1840.

Once a sweet shop and later a hairdresser's salon, this historic gem has undergone a transformation into a stunning art gallery under the careful stewardship of nationally renowned artist Mícheál Ó Muirthile.

Mícheál has maintained the integrity and allure of this historic building while infusing it with new life as an art space. The building's simple yet elegant detailing, angled display windows, vibrant polychrome tiles, and retractable gates serve as nostalgic reminders of days gone by, elements that are regrettably becoming increasingly rare in modern Ireland.

Mícheál's own artistic style harmonises perfectly

with the surroundings, showcasing his compelling work depicting local landscapes, portraiture, and equine art.

Each month, the gallery proudly showcases a different local artist, providing them with a platform to share their creativity with the community. This month, the spotlight is on Siobhán Duggan, an acclaimed artist living in Toames East.

Siobhán's award-winning artistry, particularly her breathtaking paintings of the Gearagh, has earned her widespread recognition. Visitors to the gallery this month can view two small original paintings capturing the essence of the Gearagh, alongside her wildlife watercolours and limited edition prints featuring local landscapes such as Gougane Barra and Kilmichael.



Gallery opening hours are Tuesday and Saturday from 10:30am to 2pm

TOMÁS FLIES THE FLAG PROUDLY FOR MUSKERRY AT THE MR PERSONALITY FESTIVAL 2024

The annual Mr. Personality Festival 2024 took place in the Talbot Hotel Clonmel on the 5th and 6th of April. The festival was hosted by Kilkenny Macra na Feirme and was sponsored by Kilkenny/Carlow and District Farm Relief Services. Local man, Tomás Kenneally took part in the weekend's festivities as the Muskerry representative.

25 contestants travelled from across the country to Clonmel for a fun-filled weekend. On Friday afternoon, the contestants were treated to a tour of Coolmore Stud and museum, which was followed by interviews on stage, entertaining the audience with stories of their guilty pleasures and embarrassing moments (with an optional party piece if they were brave enough!) followed by music from 'A-Bros' and a DJ. On Saturday morning Tomás completed his private interview with the judges. The Mr Personality contestants were joined by fellow Macra members for a jiving lesson with Niall Doorhy, and afterwards Tomás proudly displayed his county colours while completing team building



Tomás flies the flag proudly for Muskerry at the Mr Personality Festival 2024

challenges with fellow contestants. Judges for the weekend were Liam Comerford (Former Mr Personality Festival), Sarah McIntosh (Irish Country Living) and Martin Merrick (Irish Farmer's Journal).

The result was announced at midnight on Saturday night after a Banquet Dinner Dance with entertainment from Hypnotist Jason O'Callaghan and music from 'The Loose Cannons' and DJ events providing the late night music. Mark Riordan, Kenmare Macra (Kerry) was named as the 17th Mr. Personality. In second place was Stephen Murray from Scotstown Macra (Monaghan) and third place was Micháel Kilheeny from Mountmellick Macra (Laois).

Mark Riordan was presented with €500, a perpetual cup and glass trophy. Stephen Murray received a glass trophy and €300 and Micháel Kilheeny received a glass trophy and €200. All 3 winners received Vouchers for 'Lunch for Two' at the Talbot Hotel Clonmel, while all entries received engraved cufflinks to commemorate the event.

BEALNAMORRIVE DAFFODIL DAY 2024



The organisers of Bealnamorrive Daffodil Day in aid of The Irish Cancer Society would like to invite friends and all who supported all the Daffodil Day events over the last 10 years to a Mass of Thanksgiving in St. John the Baptist Church in Bealnamorrive on Tuesday 23rd of April at 8pm. This is in thanks for friends and family who have come

through cancer and also in memory of those that we have lost in the 10 years that this event has been taking place. There will be a cheque presentation of €5035 to The Irish Cancer Society afterwards in Tig Ui Laoighre at 9pm. Refreshments will be served and all are welcome as a way of thanking everyone who supported and helped.

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- Musherá platform committee are holding a dance in Ballinagree Village on Sunday 5th of May 3pm to 5.30 pm. Music by Neily O Connor band. No cover charge. Raffle on the day. Enquiries to 086 0647381
- The Alzheimer Society of Ireland are pleased to announce that official launch of the new Alzheimer

Society Memory Café at the Next Door Café in the Castle Hotel, Macroom on Monday, April 22nd at 11 am. We are delighted that this service will help provide even better support to the People living with Dementia and their families in the area.

COACHFORD UPDATES

The Queens return

Coachford Family Festival in July will see the return of the Queens of the Festival competition. This is always a great event at the very popular festival which raises thousands for local charities each year. "It has been a number of years since the Queen competition was last featured at the festival due to the Pandemic and other factors but everyone is really looking forward to its return this year on Saturday July 13th. While the Queen competition is always focussed on the wonderful women we have in the area we are certainly not forgetting the males this year and are introducing escorts for each queen and selecting one as Escort of the Year" said Tadhg Murphy, Chairperson of the Festival.

Vintage run

The Broomhill Vintage Club is hosting the Helen Barrett Memorial Classic and Vintage Car & Tractor Run takes place this Sunday, April 21st. Registration at Coachford GAA Hall from 11am. If you are not participating in the run you can still go to the GAA

grounds and take in the amazing spectacle of so many wonderful machines that have been kept or restored to their original quality. This vintage run is always a great day out and is one of the best organised runs in the county.

Over 100 players line out for Soccer club

Last weekend saw over 110 players lining out for Coachford AFC across 3 leagues and various competitions as the soccer season really heats up. The players from Under 8s all the way up to adult level played in 9 different matches across the county and city and wore the Coachford AFC jersey with pride. All of the teams enjoyed some superb games and the level of participation was amazing. " We are witnessing a huge growth and interest in our club. Both boys and girls are looking to play with Coachford and we are working hard to facilitate them all. The new addition of our Under 10s girls team this year has been a huge success but right across all the teams from our young Under 8s right up to our double winning Premier League Champions the

participation levels in soccer is through the roof." said Sandra Healy, Coachford AFC. The club are busy organising their Golf Classic which takes place in May. The funds raised will go towards installing an Astro Turf training and playing facility for the growing soccer club.

GAA's History Committee erect a plaque.

Aghabullogue GAA were invited by the GAA's History Committee to erect a plaque at Clonturk Park in Drumcondra to mark the site of the All-Ireland finals held there in the 1890's. On Saturday last, 23rd March 2024, a number of Aghabullogue GAA committee and club members travelled to Dublin to unveil the plaque. Dublin Lord Mayor Daithí de Roiste and GAA President Jarlath Burns attended to unveil the plaque. After the unveiling they were treated to a cupán tae in the Players Lounge in Croke Park. A great day was had by all!



Ms Dunlea's 4th Class from Coachford NS taking a tour of Cork Dressing Room in Super Valu Páirc Uí Chaoimh after a successful day competing in 4th Class Blitz.



Some of Coachford AFC's 9 teams that took part in various leagues and games across the weekend



Some of Coachford AFC's 9 teams that took part in various leagues and games across the weekend



Aghabullogue GAA members at the unveiling of a plaque at Clonturk Park in Drumcondra





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Matilda Lloyd
& **Alexandra Whittingham**



CLONDROHID NEWS

Clondrohid Defibrillator Committee from left Pauline O Leary Felicity Kelleher Ann O Connell John Finnegan A very successful and helpful course "An Introduction on how to use a Defibrillator " was held on 9th April by the above committee under the leadership and guidance of Course Manager John Finnegan. We want to thank everyone who turned up on the night and especially the Order Of Malta for the supply of equipment on the night.

CLOYNE DIOCESAN PILGRIMAGE TO KNOCK: Sunday May 12, booking with Noel Lynch 086 2202452 or Michael Dineen 087 6434910

EUCCHARISTIC MINISTERS: There are vacancies for Eucharistic Ministers. Please contact Fr. Jim if you are interested.

MOVEMENT OF CONTINUOUS PRAYER: For Marriage and Family life. The next 24 hours of prayer will be Saturday April 27 to Sunday April 28.

CLONDROHID PARISH ACTIVE RETIRED: The Annual Scoraiocht in conjunction with the Bealtine Festival will once again be held in Community Hall on Wednesday May 15 at 8pm. A great night assured

with music, song and storytelling and refreshments. This is open to non members. Anyone who would like to perform on the night will be most welcome. Give your name to Maria at Post Office or to Mary 0872036947, or Breda 0868831206.

CLONDROHID DEV GROUP: With fine weather promised, this group will be busy over the next few months. Anyone willing to give a hand, be it ever so small, is most welcome.. Tidy Towns application will be submitted shortly, so loads to do. Help by keeping the area around your own house, clean tidy, and litter free. Thank you.

CLONDROHID COMMUNITY HALL: The hall has been successful with funding recent refurbishments due to great local support but also with the aid of government initiatives such as Project Ireland 2040, Thanks to the Dept of Rural and Community Development under the Community Centres Investment Fund 2022.

Due to the growing needs of the area it is important to maintain or improve our cultural and social amenities. Project Ireland 2040 sets out to deliver these. Thanks

to everyone for their continued support A great night of celebrating will be held in the Community Hall, once the final step of refurbishment takes place ,namely the painting. Promises to be a great night

GAA NEWS: Unfortunately a lot of GAA matches were cancelled over the last few weeks due to weather and unplayable pitches. An u 12 match did take place last Sunday. It was a game of two halves with Lee Gales in control in the first half leading 1.06 to a goal with the wind playing a big factor , a few changes in the second half and the wind in Clondrohid's favour made a big difference , they got a few good scores and the goals coming at vital times , at the end a draw was a fair result Clondrohid 3 . 5 Lee Gales 2 . 8. Well done to all the players in putting in a great team effort , and also to the parents for their support, this was an under 12 grading competition

LOTTO : Results for April 10. Jackpot €2,600 €70 Mary O Sullivan Carriganima Ger Burke c/o MCP, Rebecca O' Brien Coolnadane, Ann Casey Rusheen, Siobhan Lawlor Millstreet



Cliona O'Brien, Kayle Healy and Lily Scannell, who won the Girls Inter Regional Road Bowling Team Event recently in Ballineen



Clondrohid Nat School 6th class pupils delighted with their new hoodies, kindly gifted by the Parents Assoc

CASTLETOWN FUNDRAISING GROUP CHEQUE PRESENTATION

At a recent presentation night Castletown Fundraising Group presented a cheque for €30,000 to Enable Ireland, who were represented by Donal Cashman, former Chairman, Maria Desmond, Siobhan Green and Alicia Waugh. The special guest was Therese Clarke, mother to Enable Ireland service user Adam. Without community support it would not be possible to raise such a substantial sum for Enable Ireland, and your continued support is invaluable to the group. The night celebrated the group's largest presentation of funds to Enable Ireland to date, with refreshments, songs, stories and plenty of chat. A sing along started with Tim Foley and continued with contributions from many wonderful singers and storytellers in the room. A pleasant evening drew to a close after Seamus Crowley led the attendance with his fitting rendition of Amhrán na bhFiann. Put June 30th in your diaries to join us for the 2024 rally in Coppeen.



Castletown Fundraising Group presenting a cheque for €30,000 to Enable Ireland, who were represented by Donal Cashman, former Chairman, Maria Desmond, Siobhan Green and Alicia Waugh. The special guest was Therese Clarke, mother to Enable Ireland service user Adam.



The children of Scoil Réidh na nDoiri at an Egg Hunt



Pat O Connell Chairperson of Lee Valley Enterprise presenting the Aideen Johnson School of Dance with their prize for a superb and entertaining entry to the St. Patrick's Day Parade.

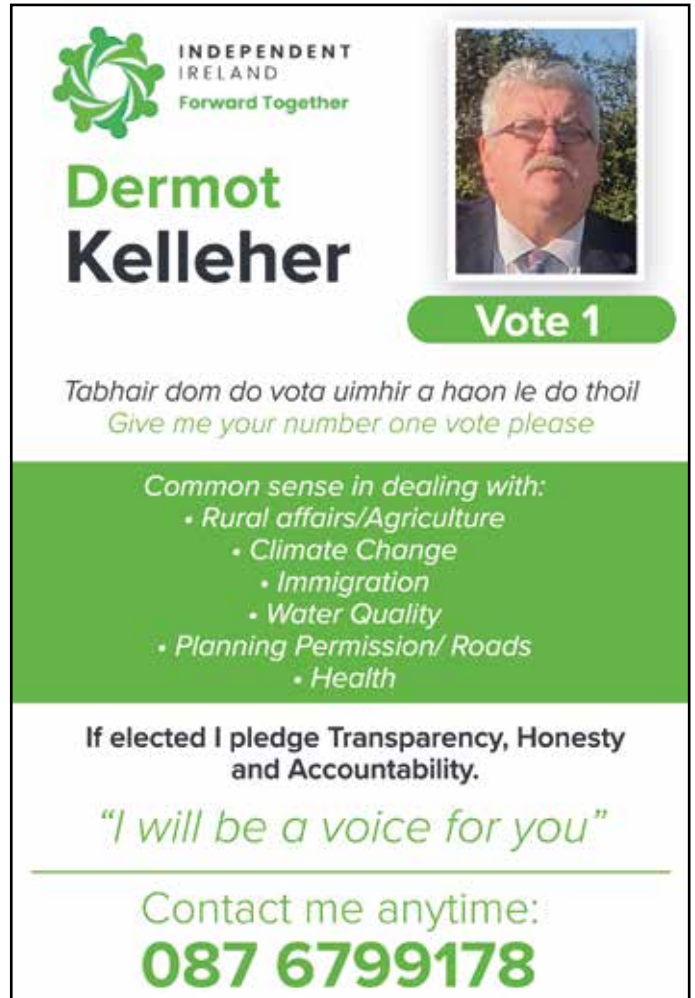


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DROMLEIGH NS

Dromleigh N.S. would like to thank Susan from the Cork Mental Health Foundation for visiting with our students recently. Pupils from our Senior classes attended an extremely informative presentation on the importance of self-care and looking after their

mental health. Congratulations to our Fifth and Sixth Class students that made their Confirmation on April the 12th. Many thanks to all those that helped prepare our pupils, participated in the ceremony or organised the church

and grounds for our students and their families. Follow us on Facebook 'Dromleigh N.S Kilmichael' or online www.dromleighns.ie



Dromleigh N.S. senior students attending an informative presentation from Cork Mental Health Foundation recently.



Dromleigh NS students celebrating their Confirmation day in St Finbarr's Church, Toames.

MUINEFLIUCH NS

It has been a busy few weeks for the boys and girls in Muinefliuch National School. We have been having lots of fun while learning. We had a very busy March in our school. To begin the month we celebrated World book day on the 7th of March. The children dressed up in their costumes of their favourite characters. Seachtain na Gaeilge was celebrated in the school over the past two weeks. The children took part in lots of activities as Gaeilge. We have been keeping very active with our 'walk a mile and smile' in school for

our wellbeing. The children were also doing hurling lessons for the past six weeks with Liam Slattery. We also took part in run around Europe where the student council picked a country for us to run to. The student council chose Brussels as our destination which was 777km, each morning the children would run some laps around the school. We reached our destination the last week before finishing for our Easter holidays which the children are very proud of. For National tree week the children did some planting in our school

garden, they also made their own bird houses. We now have extended our garden in which we have started a sensory garden. The children are exploring different plants for each sensory need. We have been very busy celebrating Saint Patrick's day with lots of art creations and activities around the school. We also organised lots of Easter activities for the children such as Easter egg hunts, before they finished up for their Easter holidays.



The children loved their hurling lessons each week and had lots of fun.



These are some of the bird feeders the children made in their groups as part of national tree week for the birds.



The children are having great fun exploring and learning in our school garden.



The children had lots of fun looking for the golden eggs on our school egg hunt. These children are delighted with finding the golden egg.



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Lámha

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In 2001, shortly after the arrival of my first child in Dublin, my husband Fred introduced me to the world of Reiki. Intrigued by the concept, I joined a workshop with his sister Aldagh and close friend Maura, immersing myself in the fascinating history of this ancient practice. Little did I know that this would mark the beginning of a transformative journey.

As I delved deeper into Reiki, experiencing the palpable energy and learning to work with it, I felt a profound sense of belonging. Within a few weeks, I progressed to Reiki 2. Life unfolded, and I went on to have three more children before returning to my roots in Co. Kerry. A decade later, my spiritual path led me to become a Reiki Master and I completed my Seichim Reiki Master in France, an enriching and empowering experience that guided me toward self-love and acceptance. Reiki, I discovered, consistently worked for the highest good.

Motivated by my newfound passion, I decided to establish my healing practice, which now operates in out of Glenbeigh and Killarney. Over the years, I have introduced various healing

modalities to provide unique and personalised healing experiences for each individual.

My personal learning has never stopped, and in the coming month, I am excited to undertake master-level workshops in Integrated Healing over a ten-day period in the UK, further expanding the breadth of services I can offer people here in the Kingdom.

What sets my practice apart is the ability to conduct most healing sessions remotely, with equal efficacy. From animals, babies, and young children to the elderly, remote healing has proven to be a powerful tool. I extend my healing touch to houses and land, acknowledging the impact their energy can have on one's health. Balancing and harmonizing electromagnetism, geopathic stress, and even gases through energy manipulation can make a significant difference, particularly when selling or building a property.

The marvel of energy healing lies in its ability to elevate our vibrations, fostering harmony within our lives. This, in turn, leads to improvements in mental, emotional, physical, and spiritual well-being. We are, fundamentally, spiritual beings

undergoing a human experience.

If you find yourself seeking an alternative approach to healing or stress management, consider reaching out. I offer a diverse range of healing modalities and am more than happy to address any questions you may have. Let me guide you towards the healing method that suits you best. Following sessions, clients commonly share a newfound lightness, a testament to the burdens we unknowingly carry. Embrace the opportunity to explore something completely different and embark on a journey of self-discovery. I truly look forward to meeting you, and thank you for reading my interview,

Niamh McDonogh.

Niamh:
+(353) 86 1709 797

Email:
niamh@lamha.ie

www.lamha.ie



UIBH LAOIRE NOTES

Inchigeela Hall

As expected, there was a large crowd at the Sunday afternoon dancing in Inchigeela. Fans of Patrick O Sullivan came from far and wide and enjoyed listening and dancing to the maestro from 3pm to 5.30pm with extra time thrown in. Coming, on Sunday 28th is Jack Keogh, from Wicklow, a young man who is rocketing to fame all over Ireland.

Bingo and cards continue as usual on Friday and Sunday nights respectively. Bingo has become even more attractive with the recent introduction of super jackpots and snowballs.

Hall Committee AGM

The AGM of the Hall committee was held recently and the following officers were elected: Chairperson, Billy Cotter, Secretary, Stephanie

Murnane and Treasurer, Collette O Leary. There were many tributes paid to Billy, Collette and to Gussie O Riordan, who between them have looked after the hall for many years on a voluntary basis. The first act planned by the committee and an enthusiastic small army of helpers, was to begin painting the interior of the hall.

Drumming Champ

Congrats to Florence Cronin of Graigue on winning the Leinster solo drumming title recently. Florence already has an All Ireland and World title with the Cullen Pipe Band. He is the lead drummer and instructor of the drum corps of both the Ballingearry Pipe Band and the Cullen Pipe Band

Active Retired

Uibh Laoire Parish Active Retirement group are

hosting a Tea Day to support the Alzheimer Society of Ireland on its 30th anniversary. It will be held on Thursday 2nd of May in Cuan Barra in Ballingearry from 10am to 1pm. Our local members will be involved in organising this worthy cause so please support them. The group held a very enjoyable bingo night last Saturday. Thanks all who supported.

Cluichí Oilimpeacha Mhúscraí

Tá sé fógraithe go mbeidh na cluichí á eagrú ar an 14ú, 15ú, agus 16ú de Mheithimh. D'eirigh go hiontach leo anuraidh agus bhi an-spórt ann. Mar sin beidh an traenáil ag tosnú láithreach!



A very successful last season for Uibh Laoire underage footballers and hurlers was celebrated recently at a medal presentation in Inchigeela with Cork footballers Chris Óg Jones and Colm O'Callaghan



Uibh Laoire U12 footballers had a wonderful day out playing in a blitz in Croke Park on April 1st.



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A RETURN VISIT TO CRICKLEWOOD WITH LOTS OF EXCITEMENT

A visit to Cricklewood in December 2023 was both enjoyable and exciting. It began as usual with a twenty minute drive to Cork Airport, a Ryanair flight of 1 hour 10 minutes to Stanstead, with a further 90 minute bus tip on the National Express to Golder's Green Station and finally a brisk twenty minute walk to the Presbytery of St Agnes Catholic Church on 35 Cricklewood Lane.

My life-long friend Fr John Buckley has been Parish Priest of Cricklewood Parish in the Diocese of Westminster for the past seven years, having before that taken care of Tottenham Parish for the previous eighteen years. First ordained in 1977, Fr John has been a Parish Priest for the past thirty seven years. A keen student of all sports including Gaelic Football he has undergone some limb corrective surgery recently. He is now ready once again to field those high balls in the square as he did many times for Clondrohid since he first played U/14 in 1963. As he said to me "we will hit the ground running".

We headed straight for the Crown Hotel in Cricklewood where the BIAS (Brent Irish Advisory Service) were holding their annual Christmas Party with Fr John as guest of honour. The event was sponsored by the Mc Govern Brothers for Co Leitrim who also are the main sponsors of the recent development of the London GAA Headquarters at Ruislip. The guests included many well known business people based in the London Commercial Circles including Dan Tim O'Sullivan from Glenbeigh in Co Kerry who received the title of Freeman of London a couple of years ago. The main photographer on the evening was the charming Lucy Butler, a native of Co Wexford and

an active administrator in London GAA circles. The star of the evening's entertainment was Jack Healy from Killarney better known as Kerry's Liberace and Ireland's answer to Pavarotti. He has moved to London to find his fame and fortune and his renderings of Oh Holy Night, Boolavogue and Grace will long live in the memory.

On our way back to the presbytery we paid a short visit to the "Lucky Seven", a famous Irish bar, and the pint of Guinness was second to none.

Day 2: Started with an early Mass and a brisk 90 minute walk taking in Farm Avenue, West Hampstead, Quex Road, Kilburn Church, Cricklewood Broadway and finally getting some weekly Irish papers at the "Irish World and Post Shop" adjacent to the presbytery. Unfortunately a young homeless lady had spent the previous night sleeping on the pavement near the shop entrance... a stark reminder of "life's other side". After a quick lunch we attended the West London Crematorium for the funeral of Irish Poet and Author Eddie Linden, a native of Coalisland Co Tyrone. Later we paid a visit to the nearby Catholic Cemetery at Kensal Green to visit the grave of John McKay, one of the founding members of the GAA. A native of Co Down, he worked for the Cork Examiner before taking his family to London where he died in 1923. He was buried in a previously unmarked grave but a suitable headstone was erected in 2009. A recent commemorative ceremony to mark the centenary of his death was attended by many GAA officials including Donal Mc Anallen, brother of the famous Tyrone All Star fullback Cormac and also by John Arnold well known Cork GAA stalwart.

From Kensal Green we decided to travel twenty miles across North London to pay a visit to a good friend John Murray a native of Milltown Co Galway, who in his youth played football with the great Noel Tierney of Galway fame. Having gone about ten miles I discovered I mislaid my phone somewhere, containing some cash and my return Bus and Flight tickets etc. Before panic set in Fr John quickly decided to return to the cemetery hoping it had not closed for the day. With heavy evening traffic it was a slow trip and on our arrival, indeed, the gates were closed. However a friendly word to the kindly caretaker secured our entry and after a quick search the phone was located - praised the Lord somebody up there still cares for us.

Day 3: After Mass and breakfast I took the 249 Red Bus to Golder's Green and The National Bus Service to Stanstead Airport, from where the local Arriva Bus Service brought me to my daughter, her husband Richard and their two lovely daughters Farah and Heidi. There we all relaxed for the weekend, attending Farah's Hockey training and enjoyed lots of tea, coffee and the best of chat while recalling many happy days in our beloved Clondrohid. In my luggage for the trip home Yvonne packed in some freshly baked Carrot cake. However, with the new scanning system at Stansted's Custom's area my bag was withheld and all the items re-scanned including the Carrot cake which apparently had caused the confusion. Common sense finally prevailed and I was glad to enjoy my "special treat" on the return flight home to the Rebel County.



Fr John Buckley is fourth from left, back row.....How many more can you recognise???



The Headstone to John McKay, founding member of the GAA, at Kensal Cemetery, North West London. can you recognise???

INDEPENDENCE MUSEUM KILMURRY

MEET ME AT THE GRAVEYARD (2), KILBONANE, AHERLA

It is difficult weatherwise for the past eight months or so to organise any outdoor event but this pales in comparison to the difficulties experienced by those waiting to set crops or to put animals out to graze, etc. With this in mind, last Sunday at Kilbonane, a large attendance were not deterred by the occasional shower of rain during the event, organised by the Kilmurry Historical & Archaeological Association/ Independence Museum Kilmurry, as they listened to local historian, Sean Crowley, tell the story of Kilbonane and the people buried there. In Sean's capable hands, the lives of people who passed away long ago or in more recent years were recalled as well as the history of the church ruin itself.

Many people attending have deep roots in the area, their families going back many generations, recorded on headstones carved from the local Aherla

limestone by Lynch, Harold and Hickey craftsmen, with the Hickeys still involved in the craft today. The afternoon concluded at the grave of Eddie Riordan, the Cloughduv hurley maker, with Michael Keane showing us an example of a hurley Eddie had made. Ted O'Mahony and Tim O'Riordan gave a rendition of the Cloughduv Hurling anthem, 'Hand Me Down My Hurley' written by 'an Gaba Gaelac', Míceal O Murchu in 1948, to commemorate Cloughduv's victory over Blarney. Míceal O Murchu is himself remembered by a plaque in his native village of Aherla and it was very fitting that his family were in attendance on Sunday also.

The KHAA would like to thank everyone who helped to make such a memorable occasion, particularly Peter Scanlan who filmed the event. Do keep an eye out for future KHAA events.



Tim O Riordan and Ted O Mahony who gave a rousing rendition of Hand me down My Hurley at the grave of Eddie Riordan in Kilbonane last Sunday. Pic Peter Scanlan



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CURRAGHBEG NURSERY & GARDENS



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(Third Laura Lynn Picnic) Midday Sunday 23rd June 2024

From Chris Barrett:

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Curraghbeg Nursery is one such place which prides itself in achieving that mix. There you can walk through the magical first section of the longest Wisteria tunnel in Ireland, look at the progress of the Hobbit house, and walk into the past down the Old Cork Road.

The lake and amphitheatre have already begun their construction and you will be able to see these at an early stage of their development.

It is known that novel and shared experiences can only do us good, but there is far more to it than that. Our heart rates go down as we rebuild our connection with nature and others.

It has been shown that imaginative processes increase when creative people work in a natural space. Conversely, when we are in a state of chronic stress, our immune system goes down.

Judy Cronin (Chairperson of Cork Healthy Cities) writes, ***"Collaboration, partnership working and intersectoral working are the principles underpinning a WHO Healthy City. Cork Healthy Cities strives to connect people with places and promote health and wellbeing for all..."***

And Sharon Parkinson (Health and Wellbeing Manager) reminds us of the need to ***"... maintain a healthy balance in your life."***

Dominic from Currabheg recently reminded us, ***"A garden is an Art Form to inspire and give Joy."***

From my own personal experience I have found that if I have felt mentally stressed or otherwise overwhelmed, that it has been really helpful for me to step outside my comfort zone and to be sociable with other people. If what I do in that sociable setting is beneficial to others it is an even

more powerfully profound experience. We are all interconnected social beings and we show the best sides of ourselves when working together in a relaxing environment.

It is for this reason among others that I really recommend a very special happening at Currabheg Nursery which is getting a name for itself as a lovely venue for a whole host of varied events.

Some readers may be aware of Jane and Brendan McKenna who founded Laura Lynn, Ireland's Children's Hospice, after they tragically lost both of their daughters about two decades ago.

Laura was aged four when she died of a rare heart disease and Lynn died twenty months later of leukaemia at the age of fifteen.

Jane and Brendan went out and tirelessly raised ten million euro over the next five years and built Ireland's first hospice for terminally ill children. There is now also a satellite service here in Cork which brings caring support to many more families. Jane and Brendan and families similarly afflicted will hugely appreciate your help and everything you give on this special day will support this marvellous cause.

So what can you expect from midday onwards on Sunday 23rd June?

A shared picnic extraordinaire will take place, this time surrounded by a Brazilian feel, and the nursery is asking everyone who attends to come and help build Ireland's longest picnic table.

You are asked to bring along your favourite dish to the event, with enough to share!

Boggle will be providing a CIRCUS SKILLS Workshop for kids! This will include Juggling, unicycle diablo training and more.

There will be LIVE BANDS throughout the day, with raffles and plenty of surprises.

As if this isn't enough you will be

able to get teas, coffees and hot chocolate. You will get your chance to sample the wonderful cakes that you hear people raving about, at the Beach Bar. They are truly cakes to die for! Dominic is expecting the first section of the Wisteria Tunnel to hang down in all its glory to add to the fun and there are plenty of other sights to enjoy. The event will cost 10 euro for adults (children free) (All proceeds will go to the LauraLynn Foundation).

**This will be a....
not to be missed
FUN DAY OUT
for all the family!**

(Also don't forget to book a place on the course on building Garden Furniture, starting 10 am on Saturday 27th April)

To get to the Currabheg Nursery: (Coming from Cork), immediately the dual carriageway ends, signal right and pull into the right -turning lane. Keep going straight!

(Coming from Macroom), look out for green Nursery signs on your left after Farran. Then after going downhill a little, turn left just before the Dual Carriageway, at the tulips in large pots. Keep going straight!

For more information, contact Dominic on 085 782 0736 - E:info@dcardendesigns.ie

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If you would like to contribute a similar article, please contact me, chrisleevalley@gmail.com"



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CLASSICAL ARCHITECTURE AND MACROOM SHOP FRONTS

James O'Callaghan, Macroom and Lecturer in Architecture in Munster Technological University (MTU, and formerly CIT) gave a superb lecture and explained the connection of Greece and Rome to Macroom shop-fronts. He spoke on the topic on Monday 8 April, 2024 in the Castle Hotel to an audience of about forty-five. The lecture began with an examination of the roots of architecture which brought us to Ancient Greece and the Acropolis. That magnificent building survives and is distinguished by its location, symmetry, columns, architraves and proportions. The Greeks had absorbed ideas from Egyptian buildings that were made from reeds and added ornamentation at the columns' tops. Nature was often the inspiration for the Egyptians' and Greeks' constructions and they quickly appreciated that balance and proportion were essential elements in creation beautiful structures. Figures such as Michelangelo used proportion in his work and James illustrated the point when talking about the Mona Lisa painting. Photographers use a variation – they have their 'rule of thirds'.

Shop-fronts entered the talk and they have a long lineage. James brought us to Pompeii, the ancient Roman city in Southern Italy that was covered by ash following the eruption of the Mount Vesuvius volcano in 79 AD; the event preserved the town as it was. Excavation unearthed a city that had public buildings, private residences and commercial areas. The city had streets and shops, a road with traffic-calming measures and steps over the road that enabled people to cross during flooding. As today, good shop had to attract customers and did so by location, well-designed and colourful shop-fronts, quality goods and good service. Macroom had many examples of well designed buildings in the past. The Castle, The Town Hall, The

Court House and The Catholic and Church of Ireland Churches were examples. The 'new' Castle Hotel facade was honourably mentioned, and the new Briery Gap building provoked varied opinions. James showed slides from the Lawrence Collection photos and other old Macroom photos. These included slides of the National Bank and adjoining houses/shops in North Square. Old and more recent photos of Twomey's, West Square and pictures of T.C. Murray's and Connie O'Callaghan's shop-fronts in New Street and Evelyn's in Mid Square were discussed. He spent time describing the facade of Lucey's Solicitor's in North Square, Matt Murphy's corner building and pointed out the relevant architectural features and their background. Chapel Cross has pleasing buildings where the art gallery is now and McSweeney's house of sweet-shop fame is simple, traditional and elegant. Over the Web Boutique door, the name 'R. H. Collins' is engraved; this feature is rare and one of very few in County Cork. Colour in Macroom is well represented by Lynch's Bakery and Cafe and Fitzgerald's corner. When Mickey Kelleher, Main Street inserted a new shop-front, others followed. Browne's Drapery has a beautiful shop-front and it was recently complemented by 'Pickled's' colours, some doors away. Golden' pub's history and architecture was recently featured in a book about ten rare and interesting County Cork buildings.

There are many other examples of well designed buildings in Macroom and James could have spent many hours going through more. The audience appreciated his home-work, concern and erudition. While much is good architecturally and aesthetically in the town, there are areas that could be improved. For example the fine buildings in North Square are blocked by some unsightly items; this and other

problems can be easily addressed and improved. The concrete bollards in front of TSB are not pretty.

The talk was part of Macroom History Group's 2023-24 series. It was introduced by Ms Margaret Lucey, and Mick Walsh video-recorded the lecture. The recording will be shortly available on Macroom History Group's website. Raffle prizes were won by brother and sister, Ann Counihan and Liam Walsh, Kathy O'Leary and Brendan O'Brien.

Monday May 20, 2024 in the Castle Hotel will feature Macroom Schools History Exhibition, 7-9.30 p.m. Projects from Macroom Youthreach, St. Mary's and McEgan College will be displayed and presented. Last year's event was exciting and impressive and it was heart-warming to see the energy displayed by the students and their teachers, and the high standard of the exhibits. Unfortunately, De La Salle will not participate and is disappointing for the organisers; some of the their exhibits last year were outstanding. This year's exhibition promises to be as good if not better.



James O'Callaghan speaking about Pompeii's street architecture.

Kilmurry Active Retirement

Scammers

A fool and his money are easily parted. Despite that warning from my parents, I fell for my first scam on a street in Manhattan in 1978. I placed a bet that I was never going to win, and that first lesson cost me twenty dollars, four hours work. As soon as that note was placed the shout went up that the police were coming and with that distraction my money was grabbed. I should have been more careful, but it wasn't the only time I was caught. I suppose I am attracted to risk. Perhaps the parents' message to the scammers is that there is one born every day.

Scams are always being modified. The more one's confidence grows, the more the risk does too. I had learned that as a boy.

In my locality, the 'bad boys' and one good boy (me) got great fun out of fooling drivers. It involved placing a box on the side of the road. It would be wrapped up in brown paper, as all parcels were at that time, and tied both ways with a string. The driver would pass by and then reverse to pick up their lucky find. But it was gone, as we had a string tied on and had reeled it in behind the hedge. As the driver gave up we cheered and laughed at the poor soul's embarrassment.

I am guessing this was a craze around the country. But as time went by, this trick became known, and we had little enough success. One night in our shop the men were talking about who was caught and wondering who the bold pups could be. One customer, let's call him Ted, was cool. It was before we knew what cool was. Ted had one of the first transistors and carried it in his inside pocket. He declared that the trick had become so common that it would take a fool to fall for it. Now that was a challenge to my brother. At the time a few customers used to come with horses or asses and carts but most with tractors and transport boxes and a few



Kilmurry Active retirement getting stuck in at the gardening class

with cars, the beetle being most popular. The engine of the beetle was at the back, but it had a sloping back which meant that you could carry a bag of meal or coal on the bumper. Mick had bought a bag of coal and left the shop in his beetle. We were ready for Ted. As Ted came up the road, he noticed a bag of coal lying on the road. When he reversed back it was still there. His lucky day. But when he went to lift it, he found a bag of hay with a few lumps of coal at its mouth. Oh, how we enjoyed it and how we cheered. Just a small modification and we are then vulnerable. So, let's be careful, don't be overconfident that we wouldn't fall for the tricks of the scammers. Lack of confidence may be our best protection.

Upcoming and ongoing activities

We are having the last class on Tuesday of Rose McCarthy's 'Dance to music' on the 16th of April. It was a great opportunity too for applying all the skills of self-defence. I am happy to report though that this man is still standing. We will have Rose back at the end of May and early June for an outside activity (weather permitting, I better add!). We are having Mary with her 'parachute' fun exercise, and Trish with chair yoga on

Wednesday the 17th, and our coffee crawl on the 24th, while we are hoping to have a special treat with 'Catering by Paul' a cookery demonstration on the 1st of May. Our popular Zumba gold classes with Yvonne Murphy are in Crookstown hall on Wednesdays from 6.15pm to 7pm and there are seven classes remaining. All are welcome. It costs just €35 euro for ARA members for the seven sessions. Non-members will need to join our association for insurance purposes at the annual fee of €20, (this will cover too the intended follow-on course in the Autumn).

On Thursdays we will have a continuation of our gardening course with Pat Sheehan and courtesy of Dominick Cullinane. It is at his Curraghbeg nurseries. Our bus tour day out is on Saturday 11th May and at time of writing we have 15 places available on the bus. Book early to avoid disappointment. Our highlight destination will be the renowned prize-winning Kells Bay Gardens, and we will be stopping at other destinations too along the ring of Kerry. We will be leaving at 10am and back at 9pm having feasted on the way home.

Our association is open to all, and our membership fee is just €20/calendar year or €30 for a couple. Our philosophy is that age makes no difference, but health does. We try to do what we can to keep healthy and challenged in body and in mind, and together that is easier. You will be kept as busy as you choose to be and positively engaged in your community, and we think you will enjoy it. There are several active retirement associations in the Lee valley. If you are interested in finding out more, we can put you in contact with the right secretary for your locality, or if you are interested in starting one, there is support for that too.

For more information contact Aidan at 0894057676 or aidanpbarry@outlook.com



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Pupils of Fionnbar School in Ballinagarty who received their Concierge in Ballinagarty recently



The Roche Family Curraghanearla receiving their lotto cheque from Aghinagh GAA Lotto Committee members Martin Healy, Declan Ambrose and Gerard Coakley. Corkery on mental health and the affects of alcohol and substance



Brian O'Rourke laying the wreath at Easter Sunday Comemration in Macroom.



Inchigeela National School on their recent Guide Dog visit with Cooper the Ambassador Dog & volunteers.



Lady Captain of Macroom Golf Club, Eleanor Baldwin, and Vice-Captain, Margaret Keating, presented a cheque for €700, to Lisa Manning from the Macroom Saint Vincent De Paul



Ballinagree Vintage; Pat O'Connell of the St. Patrick's Festival Committee presented a parade float prize to Jenny Kelleher Lord Mayor of Ballinagree



Mushera Platform Dancing & Jackie's Scricht. Pat O'Connell of St. Patrick's Festival Committee presenting their float prize to Rita O'SullivanCorkery on mental health and the affects of alcohol and substance



Children from Tirelton NS that received the Sacrament of Confirmation in Toames church on Friday, 12th April pictured with Fr. Tom Hayes V.G. and David Canty, Principal



Part of the audience at Macroom History talk, 8 April, 2024



A small section of the very large crowd who attended the History talk given by Historian Sean Crowley in Kilbonane Graveyard recently. Pic Peter Scanlan



Speaker Sean Crowley (Historian) and Mary O'Mahony Chairperson of KHAA sharing a joke at the History talk given by Sean Crowley in Kilbonane Graveyard on Sunday. Pic Peter ScanlanCorkery on mental health and the affects of alcohol and substance



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OVER ONE MILLION CUSTOMERS WARNED OF THE DANGERS OF INVESTMENT FRAUD

12 April 2024: Bank of Ireland has written to over one million personal and business customers this week to warn them of the risks of investment fraud. The warning comes as research has revealed that Irish consumers are being targeted by scammers with increasing regularity, with 94% of the population saying they've received a fraudulent text, email or phone call in the last 12 months. Investment fraud is on the rise with 77% growth nationally in cases reported in 2023. More people are caught out every day with some losing all of their life savings. According to the Garda National Economic Crime Bureau, reports received by Gardai from victims of fraudulent texts increased by over 30% in 2023.

Criminals impersonate legitimate investment companies by copying their websites and brochures. These fake websites offering shares, bonds and cryptocurrencies look professional and their "advisors" can seem genuine. Bank of Ireland has issued advice to its customers to warn of the 'red flags' associated with investment fraud, and the simple steps that people can take to safeguard their finances against fraud attempts.

The 5 red flags of Investment Fraud:

Follow-up calls: You receive a call having clicked on an ad for an investment product on social media or in a sponsored search result.

Big/fast returns: They promise a quick and



profitable return, with little or no risk.

Pressure: They advise you must act quickly to take advantage of an "opportunity of a lifetime".

Urgency: They tell you to make an urgent payment to get in on the deal.

Secrecy: They say you're not to discuss the "investment" with family, friends or your Bank and they may instruct you to sign a "non-disclosure agreement" (NDA).

Bank of Ireland's fraud teams intercept or prevent the majority of fraud attempts, and this is a 24/7 job. In the remaining cases, where a fraud has been successful, all efforts are made by the fraud team to recover funds for customers.

Fraud awareness advice for customers:

STOP

Social media pop-up ads may not be trustworthy and clicking them should be avoided. Be wary of cryptocurrency investment advertisements. Don't engage with any 'recovery firm' promising to get funds back for a fee.

THINK

Using a trusted source, like your local branch advisor, is still your safest option when it comes to investing.

CHECK

Always seek independent advice before making any investments. Only use regulated companies – view the Central Bank of Ireland's warning notices on cloned firms.

If people suspect they have been a victim of fraud they should contact their bank immediately so that the bank can take action to stop a fraud in progress and try to recover funds. Bank of Ireland customers can call our Fraud Team 24/7, on the Freephone line 1800 946 764.

For a full listing of all planned consumer fraud awareness events, and advice and information on how to stay safe from fraud, visit the Security Zone on the Bank of Ireland website.

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GAA NEWS

Munster Senior Football Championship

April 20th Saturday, Munster Semi Final at Killarney, 4pm. Kerry v Cork

'If we stand back against Kerry, the game will be over by half time', Cork Manager John Cleary after quarter final win over Limerick

'Cork need huge improvement just to be competitive against Kingdom'- John Hayes, Southern Star GAA correspondent

May 5th Munster Football Final Kerry or Cork v Clare or Waterford

Munster SF quarter final Cork 3-13 Limerick 0-11

Cork had their expected win over Limerick in the MSF championship at SuperValu Páirc Uí Chaoimh but in doing so gave a performance that won't cost Kerry any sleepless nights before the Rebels head for Killarney. Limerick were relegated from Division Three of the Allianz League without a win and Cork had finished in joint third place in Division Two with three wins and a draw in their last four games but the difference in standards was not obvious until well into the second half.

Cork faced the very strong wind in the first half and allowed Limerick to gain in confidence by simply never putting them under real sustained

pressure. It was pretty awful to look at for the 4,000 plus spectators present and in fairness to the predominantly Cork support, the fans showed remarkable patience at what was being served up on the pitch. Cork squandered at least three goal chances in separate first half breaks and Limerick, with a team of raw untested young fellows, led by 0-7 to 0-6 at half time.

Limerick had a man black-carded just before the break and when play resumed Cork took advantage of the strong wind and their numerical edge. A point from the impressive Chris Óg Jones brought Cork level, Brian O'Driscoll put Cork in front, Brian Hurley added a point from a free and then in the 44th minute, Chris Óg Jones struck a superb goal for Cork after being put clear when Limerick lost possession at midfield. With the score at 1-9 to 0-7, Cork were in the driving seat and were never going to lose his game but they made it as difficult for themselves for a long time, 1-11 to 0-10 the score with ten minutes remaining. Sub Ruairí Deane then fisted home a second Cork goal on 62 after Chris Óg Jones' shot had been pushed on to the crossbar and Ian Maguire put a flattering look on the final scoreboard with a third goal on 66 to give the home side an eleven point victory but in fairness to the Manager John Cleary he did not try to put a false gloss on this performance. Hopefully, the players

and management, will rise to the occasion and put on a performance worthy of the battling traditions of Cork football in Killarney.

Mid Cork players: Christopher Kelly was sound in goal and settled well after a couple of rash moments early on, his club mate Colm O'Callaghan continues to put in a major effort at midfield and is now becoming the dominant partner in the pairing with Ian Maguire. Ballincollig's Luke Fahy is holding his own at wing back and in attack Iveleary's Chris Óg Jones has been really impressive all season and was the outstanding Cork forward here.

Scorers for Cork: Chris Óg Jones 1-2, B Hurley 0-4 (0-3 f), I Maguire, R Deane 1-0 each, Luke Fahy 0-2, D O'Mahony, M Taylor, B O'Driscoll, S Sherlock (f), C Corbett 0-1 each.

Cork: Christopher Kelly (Éire Óg); Kevin Flahive, Daniel O'Mahony, Tommy Walsh; Luke Fahy (Ballincollig), Seán Meehan, Matty Taylor; Ian Maguire, Colm O'Callaghan (Éire Óg); Paul Walsh, Seán Powter, Brian O'Driscoll; Chris Óg Jones (Uibh Laoire), Conor Corbett, Brian Hurley (capt). Subs: Ruairí Deane for P Walsh (47), Maurice Shanley for S Meehan (49), Steven Sherlock for B Hurley (52), Mark Cronin for S Powter (60), Thomas Clancy for L Fahy (64, temp), John O'Rourke for B O'Driscoll (66).

HURLING

Munster Hurling Championship 2024

– Round Robin

April 21st Sunday Waterford v Cork at Walsh Park, 4pm throw in

April 28th Sunday Cork v Clare at Supervalu P Uí Chaoimh, 2pm

May 11th Saturday Cork v Limerick at Supervalu P Uí Chaoimh, 7pm

May 19th Sunday Tipperary v Cork at Thurles, 4pm

June 9th Sunday Munster Hurling Final June 9th

Cork hurlers travel to Waterford on Sunday April 21st for their opening game in the Munster Hurling Championship and most pundits reckon this is a must-win game for the Rebels. Cork will face Clare

in the second round a week later and need a morale booster before taking on the Banner, recent winners of the Allianz Hurling National League. Cork did not have a good league but have had a month to get ready for the trip to the Déise and hopefully will be ready for the ferocious battles ahead. How Cork hurling supporters yearn for a summer season of championship hurling.

Blarney's Mark Coleman is recovering from injury, his club mate Shane Barrett will be in the reckoning for a place in attack. Inniscarra's Seán O'Donoghue, the Cork captain, should be in the lineout at corner back. Many of the likely Cork attack have been around for too many unsuccessful championships to inspire confidence but hope springs eternal!

2024 Allianz National Hurling League

Feb 4th Clare 1-25 Cork 2-19 in Ennis

Feb 10th Cork 1-17 Kilkenny 0-21

Feb 25th Cork 1-21 Waterford 1-19

Mar 10th Offaly 0-16 Cork 5-28 in Tullamore

Mar 16th Wexford 1-15 Cork 3-21 in Wexford

Final Group League Tables:

1A: Clare 9pts, Kilkenny 7, Cork 6, Wexford 5, Waterford 2, Offaly 1.

1 B: Limerick 9, Tipperary 8, Galway 7, Dublin 4, Westmeath 2, Antrim 0.

NHL final: Clare 3-16 Kilkenny 1-20

LGFA - 2024 LIDL LADIES GFA NATIONAL FOOTBALL LEAGUE

Division 1

Final League Div One Placing:

Armagh 18pts, Kerry 16, Dublin 15, Meath 12, Mayo 10, Galway 3, Waterford 3 Cork 3. Relegated: Cork
League Final: Armagh 2-12 Kerry 2-9

Munster LGFA Championship

The Munster Ladies Senior Football Championship commences on Saturday 20th April with Waterford entertaining Cork and Tipperary travelling to Kerry. In round 2, Kerry host current MLGFA champions Cork

on 27th April, while Tipperary welcome Waterford. In the final round, 4th May, Cork will host Tipperary, and Kerry welcome Waterford.

To coincide with the start of the championship, Munster LGFA recently launched the championship in Fitzgeralds Woodlands Hotel, Adare.

This year's competition will again be run on a round robin format with each team facing off against each other to earn the right to contest the Munster Final.

On Saturday 18th May, the Senior Championship final will be held in Mallow, and the game will be

broadcast live on the Spórt TG4 YouTube channel.

Limerick and Cork B panels will compete in the Munster Senior B championship – Limerick, Cork B & Kerry B.

This is the second year of this competition, which is proving to be vital in the development of players from club to county standards.

Very National League Final at Croke Park Tipperary 1-13 Galway 0-15

The Camogie Association has announced that the Munster Senior Championship games will run as double headers with the Munster GAA Senior

Championship.

Preliminary round Sunday April 28th : Limerick Camogie vs Waterford Camogie in Gaelic Grounds Limerick

Semi-Final Sunday April 28th Clare Camogie v Cork Camogie in Páirc Uí Chaoimh

Semi-Final Saturday May 4th Winners of Waterford/Limerick vs Tipperary Camogie in Mallow GAA Grounds

Munster final: Sunday May 19th at Semple Stadium before Tipperary v Cork SHC

CAMOGIE



Munster U17 Hurling

Tipperary 1-19 Cork 2-12

Cork 1-16 Limerick 1-10

A resolute Cork held out for victory in the Electric Ireland Munster MHC round 2 at SuperValu Páirc Uí Chaoimh. Crucially it secured their first set of points having lost to Tipperary the previous week.

In front 0-11 to 0-6 at the break, they went seven up at the three-quarter mark, but Shane Dowling's Limerick hit back with 1-2 - the goal by Jack Cosgrave from a penalty after Danny Sheehan was fouled in the 53rd minute.

Cork didn't panic and they pulled clear again with Adam Lee finishing a spectacular three-man move that also involved Michael Tadhg Brosnan and substitute Peter Barrett a minute from time.

Scorers for Cork: M O'Brien (0-7, 0-5 frees, 0-1 '65), A Lee (1-2), L Hennessy (0-2), C D O'Connor, K Beechinor, J Murphy, M T Brosnan and P Barrett (0-1 each).

Cork: J Goulding (Glen Rovers); C D O'Connor (Millstreet), R O'Riordan (Blackrock), L Kelleher (Douglas, Capt); K Beechinor (Éire Óg), C Noonan (Kanturk), J Murphy (Mallow); O O'Connell (Carrigaline), J Hegarty (Ballinora); L Hennessy (Ballymartle), M O'Brien (Douglas), L Murphy (Barryroe); A Lee (Cloyne), J Twohig (Valley Rovers), M T Brosnan (Glen Rovers). Subs: P Barrett (Midleton) for J Twohig (half-time), C Deane (Killeagh) for L Hennessy (45), D Cosgrave (Courcy Rovers) for O O'Connell (53), F Lardner (Fermoy) for M T Brosnan (61), C O'Donoghue (St Finbarr's) for A Lee (65).

Munster U20 Hurling

Waterford 1-10 Cork 0-21

Cork 2-22 Clare 1-19

Three years ago in minor, Cork were a remarkable 40-point winners. The Banner have since contested the last two Munster minor finals, winning the latter, and then adding an All-Ireland. At U20 level last year, no team panicked champions Cork as much as Clare did in the provincial decider.

After quarter of an hour into this Munster Round 2 U20 fixture, the visitors led 0-10 to 0-3 and were in complete control. Then a sideline melee, with tempers heightened and patience shortened, was followed by a late challenge on Cork's Ben Walsh, and Clare, in front by 0-11 to 0-5 on 25 minutes, were now down to 14. Cork reeled off 1-2 without reply to cut a gap to the minimum.

Ben O'Connor's side are not out again for another two weeks (home to Limerick), Clare have a three-week break before they welcome Waterford.

The Munster final is fixed for May 24.

Scorers for Cork: J Leahy (1-6, 0-2 frees); W Buckley (0-8, 0-3 frees, 0-1 '65); M Finn (0-3); R O'Sullivan (1-0); J Dwyer, E O'Leary (0-2 each); D Healy (0-1).

Cork: P O'Sullivan (Fr. O'Neill's); D Cashman (Bride Rovers), K Lyons (Ballygarvan), D O'Sullivan (Ballinhassig); J Dwyer (Ballincollig), Ó O'Regan (Erins Own), C Tobin (Bride Rovers); M Finn (Midleton), Ben Walsh (Killeagh); D Cremin (Midleton), W Buckley (St Finbarr's), D Healy (Lisgoold); T O'Connell (Ballincollig), J Leahy (Dungourney), R O'Sullivan (Na Piarasigh).

Subs: E O'Leary (Glen Rovers) for O'Sullivan (44); A O'Sullivan (Ballinhassig) for O'Connell (46); P O'Shea (Erin's Own) for Tobin (53); J O'Brien (Fermoy) for Cashman (56-58, temporary); Barry Walsh (Killeagh) for Cremin (61).

Munster U20 Football

Tipperary 0-7 Cork 0-14

Cork opened their Munster U20 round-robin campaign with a double-scores victory over

Tipperary.

Captain Hugh O'Connor (0-5) and midfielder Rory O'Shaughnessy (0-3) kicked a perfect eight points from eight attempts. Cork led 0-8 to 0-3 at half time having played with the breeze and Tipp could never get nearer than four points. Cork coasted to the finish and will move on to their next encounter with Kerry sharper for this run-out.

"Overall, I thought we were well worthy of our victory," said manager Ray O'Mahony.

Scorers for Cork: H O'Connor (0-5, 3 frees, 1 mark); R O'Shaughnessy (0-3); B Hayes (1 free), D Sheedy (2 marks) (0-2 each); O Corcoran, A O'Sullivan (0-1 each). Cork: M O'Connell (St Michael's); M Óg O'Sullivan (Bantry Blues), S O'Connell (Kilshannig), D Twomey (Ballinascarthy); G Daly (Mallow), D Buckley (Douglas), C Molloy (Nemo Rangers); D O'Brien (Glanworth), R O'Shaughnessy (St Michael's); B Hayes (Nemo Rangers), H O'Connor (Newmarket, capt), J O'Neill (Castlehaven); O Corcoran (St Mary's), Ed Myers (Naomh Abán), D Sheedy (Bantry Blues). Subs: Aaron O'Sullivan (Aghabullogue) for O'Neill (46), L O'Herlihy (St Michael's) for Hayes (46), S Copps (Mallow) for S O'Connell (51), R Corkery (Nemo Rangers) for Myers (52), F Leahy (St Michael's) for Twomey (59).

GAA Fixtures for April/May 2024

Wed, April 17th @7pm Munster U20 F P2 R2 Cork v Kerry in SuperValu Páirc Uí Chaoimh

Sat, April 20th @4pm Munster SFC SF Cork v Kerry in Fitzgerald Stadium

Sun, April 21st @4pm Munster SHC R1 Cork v Waterford in Walsh Park

Sun, April 21st Club H League R4 Red FM Hurling League R4

Wed, April 24th @7pm Munster U20 F P2 R3 Cork v Phase 1 Runner-Up

Thurs, April 25th @7pm Munster U17 H R3 Cork v Waterford in Fraher Field Dungarvan

Fri, April 26th @7pm Munster U20 H R3 Cork v Limerick in SuperValu Páirc Uí Chaoimh

April 26th - 28th JBFC R1 Confined Round 1 and JCFC R1 Confined JCFC Round 1

Sat, April 27th @7pm JCFC R1 Gleann na Laoi v Lough Rovers in Ballyanley

Sun, April 28th @2pm Munster SHC R2 Cork v Clare in SuperValu Páirc Uí Chaoimh

Sun, April 28th Club F League R5 McCarthy Insurance Group Football League R5

Tues, April 30th @7pm Munster U17 F QF Cork v Kerry in Austin Stack Park Tralee

Wed, May 1st @7.30pm Munster U20 F Final Munster U20 Football Final

Fri, May 3rd @7pm Munster U20 H R4 Cork v Tipperary in FBD Semples Stadium

May 3rd - 5th JBHC R1 Confined JBHC Round 1

Sat, May 4th @7pm JBHC R1 Castletownroche v Gleann na Laoi in Grenagh

Sat, May 4th @7pm JBHC R1 Uibh Laoire v Lough Rovers in Ovens

Sun, May 5th @1.45pm Munster SFC Final Munster Senior Football Final

Sun, May 5th Club H League R5 Red FM Hurling League R5

Tues, May 7th @8pm Thurs, May 9th @7pm Munster U17 H R4 Cork v Clare in SuperValu Páirc Uí Chaoimh

Sat, May 11th @7pm Munster SHC R3 Cork v Limerick in SuperValu Páirc Uí Chaoimh

May 10th - 12th JBFC R2 Confined JBFC Round 2 and JCFC R2 Confined JCFC Round 2

Lá na gClub
Sun, May 12th Club F League R6 McCarthy Insurance Group Football League R6

McCarthy Insurances 2024 County Football Leagues
Div One: Carrigaline 6, St Finbarrs 5, Nemo Rgrs 5, Carbery Rangers 5, Cill na Martra 4, Castlehaven 4, Éire Óg 3, Ballincollig 2, Newcestown 2, Douglas 2.

Div Two: Dohenys 8, St Michaels, Valleys and Clonakilty 4 each, Béal Átha'n Ghaorthaidh and Knocknagree 4 each, O Donovan Rossa's 2, Fermoy 2, Clyda and Kiskeam 0 each.

Div Three: Kanturk 6, Macroom 5, Rockchapel 5, Newmarket 5, Bishopstown 4, Mallow 4, Castletownbere 3, Aghada 3, Kilshannig 1, Nemo Rangers 0

Div Four: Glanmire 7, Naomh Aban 6, Boherbue 4, Bandon 4, St Vincents 3, Bantry 2, Iveleary 2, Aghabullogue 2, Ilan Rvrs 0, Glanworth 0.

Div Five: Buttevant 8, Adrigole 6, Millstreet 4, Kinsale 4, Kilmurry 2, Na Piarasigh 2, Glenville 2, Mitchelstown 2, Ballydesmond 0, Dromtariffe 0.

Div Six: Aghinagh 4, Gabriel Rangers 4, Cobh 4, Ballinora 2, Mayfield, St Nicks, Kildorrery and St Michaels 0 each.

Div Seven: Cullen 4, Castlemagner 4, Canovee 2, St James 2, Argideen 0, St Finbarrs 0, Urhan 0, Ballyhooley 0.

Div One:

Cill na Martra 1-11 Éire Óg 1-11

Cill na Martra and Éire Óg shared the points in their McCarthy Insurance Division 1 Football League clash at Páirc Uí Chuana and a draw was probably a fair result after a fine contest. Cill na Martra have now drawn three of their four games played to date, St Finbarrs and Nemo earlier, and as they have not been at full strength may be reasonably happy with their season so far but will seek to get a few wins to bolster their league position now that they are returning to nearer full strength.

Two early points from Jason Mac Carthaigh and Maidhcí Ó Duinnín got the home side off to a good start, but they lost a defender to a black card offence in the 8th minute, Brian Hurley pointed the resultant free and Conor McGoldrick got a second to level at 0-2 each. McGoldrick put the Ovens men in front for the first time after 16 minutes, Eoin O'Shea made it a two-point game before Jason MacCarthaigh got his second from a free and repeated the exercise on 23 to level matters at 0-4 each. Brian Hurley had an Éire Óg point from a free on the stroke of half time and Éire Óg led by 0-5 to 0-4 at the break.

Rian O'Flynn for the Ovens side and Damien Ó hUrdail exchanged scores on the restart, 0-7 to 0-6 on 37 and a minute later Cill na Martra struck for a goal, Damian Ó hUrdail the scorer. The lead was short lived, Eoin O'Shea booting to the Cill na Martra net after a scramble, 1-7 to 1-6 but Ciarán Ó Duinnín levelled matters on 42. Another free from Hurley put Éire Óg in front before a point from the just introduced Daniel Ó Duinnín leveled again and Damo then put them back in front, 1-9 to 1-8. Éire Óg went back in front with a brace, Jason MacCarthaigh pointed an equalizing free, 1-10 each on 57. Brian Hurley put Éire Óg into the lead but Dan Ó Duinnín saved a point for the home side with the game in time added.

Scorers for Cill na Martra: J Mac Carthaigh 0-4 (0-3 f), S Ó Duinnín 1-0, M Ó Duinnín, D Ó Duinnín, D Ó hUrdail 0-2 each, C Ó Duinnín 0-1.

Éire Óg: B Hurley 0-5 (0-4 f), E O'Shea 1-1, C McGoldrick, J Murphy, R O'Flynn, D Healy, J Cooper 0-1 each.

Cill na Martra: Pádraig Ó Críodáin: Cormac Ó Cróinín, Finéin Ó Faoláin, Cianie Ó Foirréidh: Arran Ó hUidhir, Danny Ó Conaill, Donagh Ó Buachalla: Seán Ó Foirréidh, Gearóid Ó Goillidhe: Ciarán Ó Duinnín, Jason Mac Carthaigh, Eoin Ó Conaill: Maidhcí Ó



Duinnín, Damien Ó hUrdail, Shane Ó Duinnín. Fir Ionaid: Mícheál Ó Cathasaigh 27, Mícheál Ó Deasúna 39, Daniel Ó Duinnín 45.

Éire Óg: Eoin Kelleher; Colm Clifford, John Mullins, Michael Corkery; D Dineen, Dermot Herlihy, Conor McGoldrick; Mark Griffin, Jos. Cooper; Eoin O'Shea, Jack Murphy, Daragh McCarthy; Donal Healy, Rian O'Flynn, Brian Hurley. Subs: D Casey 50 Referee: Robert Whelan (Gleann na Laoi).

Ballincollig: 0-11 Nemo Rangers: 0-12

Nemo Rangers had a one-point win over Ballincollig in an entertaining encounter at Ballincollig, inflicting a third defeat from four outings on the home side. These teams will meet later in championship but both were well short of full strength here.

Ballincollig went in front after five minutes when Cian Dorgan curled over a fine point. Nemo replied and led 0-3 to 0-2 after 12 minutes, 0-6 to 0-4 after 18 minutes. Ballincollig finished the half well to be level at 0-8 each at the break.

Oldham kicked over a long range point for Ballincollig on 38, Nemo levelled again and then went two points clear, 0-11 to 0-9 with 10 minutes remaining. The sides exchanged points as Nemo led by two points after 58 minutes, a Cian Dorgan free narrowed the gap to one but The Village just ran out of time in their search for an equaliser. Nemo Rangers welcome Éire Óg to Trabeg in their next league fixture on Sunday, April 28 at 11.30am. On the same day and at the same time, Ballincollig travel to Douglas.

Scorers for Ballincollig: C Dorgan 0-4 (0-1 f, 0-1 m), M Oldham, S Kiely 0-2 each, D Dorgan, P O'Neill, D O'Mahony 0-1 each.

Ballincollig: C Walsh; C Moore, JP Murphy, S Murphy; D Ebili, L Jennings, Seán O'Neill; S Kiely, S Dore; M Oldham, D Dorgan, P O'Neill; B Keating, C Dorgan, D O'Mahony.

Subs: C Buckley for Seán O'Neill (42), B Dore for S Murphy, C Dalton for S Dore (both 50), P Kelly for D O'Mahony (54), Shane O'Neill for C Moore (56).

Referee: John Ryan (Macrooom).

Div Two:

Clyda Rovers 1-9 Béal Átha'n Ghaorthaidh 2-7

Béal Átha 'n Ghaorthaidh earned their second win of the campaign as they edged Clyda Rovers by 2-7 to 1-9 in Mourneabbey. Béal Átha played against the very strong wind in the first half but opened the scoring after six minutes with a vital goal from Donagh Seartan. Thereafter Clyda took over and led by 0-5 to 1-0 as half time approached but a free for Béal Átha yielded a point which left them only a single point in arrears with the gale to aid them in the second half.

Points were exchange on the restart on two occasions before Béal Átha struck for a second goal, Conchuir Ó Loinsigh sending the Gaeltacht men 2-3 to 0-7 in front. Clyda regain the lead with a 46th minute goal, 1-7 to 2-3 but Béal Átha finished well with a point on 47 from a free to level and two from play to secure a hard earned victory.

Béal Átha'n Ghaorthaidh: Darren Ó Coill; Seán Ó Donnchú, Barra Ó hArgáin, Nollaig Ó Laoire; Daire Ó Brian, Eanna Ó Duinnín, Gavin Ó Laoire; Colmán Ó Tuama, Seán Ó Luasa; Liam Ó Críodáin (0-1), Conchuir Ó Loinsigh (1-1), Dara Ó Ceallacháin; Diarmuid Mac Thomais (0-3), Donagh Seartan (1-2), Seán Ó Muineacháin. Fir Ionaid; Cian Ó Duinnín, Ciarán Ó Nunáin, Diarmuid Ó Ceallacháin, Gearóid Ó Loinsigh.

Div Three:

Nemo Rangers 0-9 Macrooom 0-12

Nemo dominated in the first half at Trabeg, led by 0-5 to 0-2 after 20 minutes, Macrooom were reduced to 14

men for ten minutes, and were led by 0-7 to 0-3 at half time.

Points from Mark Hunt and Alan Quinn reduced the deficit to two within six minutes of the resumption, two pointed frees, from Alan Quinn and Seán Kiely, brought Macrooom level, Seán Kiely pointed from play to put Macrooom in front and on 50, a fine goal from Mark Corrigan, set up by Cormac Buckley, had Macrooom four points in front. Nemo rallied and got two points back but Macrooom defended well and emerged worthy winners.

Macrooom: Brendan O'Connell; Ciarán Condon, Tony Dineen, Don Creedon; Jack O'Riordan, Mark Corrigan, Michael Cronin; David Horgan, Pa Lucey; Eolan O'Leary, Mark Hunt, Seán Kiely; Dylan Twomey, Rory Buckley Alan Quinn. Subs: Eoin O'Mahony, Ethan O'Gorman, Ger Angland, Cormac Buckley

Macrooom 0-12 Rockchapel 0-12

Macrooom and Rockchapel met at the Castle Grounds, Macrooom playing their second game in four days. These teams will meet in the opening round of the PIFC, both had strong line outs, and so it is clear that there is little between the sides and the championship encounter will be closely contested.

Macrooom led by 0-6 to 0-5 at half time, 0-5 from Alan Quinn and a point from Eolan O'Leary. It had been 0-3 each after the opening quarter, The Rock went two clear but Macrooom finished the half well.

The Rock drew level on the restart, Macrooom went two clear, the Duhallow men fought back to equality, 0-8 each after 47 minutes elapsed. Rockchapel went one up, Macrooom had a brace from Alan Quinn frees, The Rock drew level again, 0-10 each on 52. Tony Dineen and Mark Hunt had Macrooom points to put the home side in front, back came the Duhallow men with a point from a free and a late equaliser from play. Macrooom scorers: Alan Quinn 0-8 (0-7f), Pa Lucey 0-1 (45), Eolan O'Leary, Tony Dineen and Mark Hunt 0-1 each.

Macrooom: Brendan O'Connell; Ciarán Condon, Rory Buckley, Don Creedon; Mark Hunt, Mark Corrigan, Jack O'Riordan; Tony Dineen, Patrick Lucey; Eolan O'Leary, Cormac Buckley, Seán Kiely; Alan Quinn, Dylan Twomey, Michael Cronin. Subs: Johnny Murphy, Eoin O'Mahony, Ethan O'Gorman.

Div Four:

Iveleary 0-8 Naomh Aban 2-9

A strong wind blew from goal to goal at Inchigeela, Iveleary had the benefit of the elements in the first half but did not make full use of them and their interval lead of 0-5 to 1-1 looked inadequate. The Naomh Abán goal was a key score, Darragh O'Laoire finding the Iveleary net after 21 minutes. Due to weather, Iveleary had not played a game for a month and this may account for their slow start.

On the resumption, Naomh Abán kicked three points in a row and then struck a killer blow with a second goal on 42, this one from Adrian Ó Cathasaigh giving them a 2-4 to 0-5 lead. Iveleary battled to the finish and eight points were shared equally by the teams, but Naomh Abán retained their five point advantage at the full time whistle and thus were recording their third win in a row which moves them into second place in the league table. Naomh Abán had defeated St Vincents 2-8 to 0-9 a week earlier in Cork.

Iveleary: Joe Creedon; Alan O'Brien, Daniel O'Riordan, Barry Murphy; Kevin Manning (0-1), Ciarán O'Riordan (0-1), Timmy Roberts; Conor O'Leary, Barry O'Leary; Seán O'Riordan, Sam Pickering, Aaron O'Donovan; Brian Cronin (0-3), Cathal Vaughan (0-2), Ian Jones (0-1). Subs: Daniel O'Donovan, Brian O'Riordan, Oisín O'Herlihy

Naomh Aban: Gearóid Ó Luasa; Colm de Róiste, Chris Ó Deasúna, Seamus Ó Mathúna; Niall Ó Ceallaigh, Dara Ó Loinsigh, Eanna Ó Críodáin; Marc Ó Críod, Jack Ó Donnchú; Conor Ó Críodáin, Darragh Ó Laoire, Mikie Ó Liatháin; Adrian Ó Cathasaigh, Daniel Ó Ceallaigh, Wayne MacCarthaigh.

Referee: Pat O'Leary, Kilmurphy

Glanmire 0-13 Aghabullogue 1-9

Aghabullogue, playing only their second game in the league, were disappointed to lose away to Glanmire at Sallybrook. Aghabullogue had wind advantage in the opening half and when David Thompson fired in the only goal of the game after ten minutes, last year's county intermediate champions held a 1-4 to 0-1 lead. Glanmire improved in the second quarter and at half time Aghabullogue led by 1-8 to 0-4.

When Aghabullogue scored their only point of the second half on 40 they still led by six points, 1-9 to 0-6, but Glanmire wiped out the deficit point by point and got a winner to register their third win of the campaign and with a draw in their fourth game, lead the table with seven points.

Aghabullogue scorers: David Thompson 1-2, Luke Casey 0-5, James Lane and Evan O'Sullivan 0-1 each. Aghabullogue: Ian O'Sullivan; Tom Long, Michael Dennehy, Conor Smith; Billy Casey, Paul Ring, Breandán O'Sullivan; Colin Gillespie, Dhani Merrick; Pádraig O'Sullivan, Evan O'Sullivan, John Corkery; James Lane, David Thompson, Luke Casey. Subs: Shane Tarrant, Brian Dineen, James Foley

Div Five:

Kilmurphy have played only two games to date, winning away against Mitchelstown and losing away to Adrigole. Their next game is at home to Na Píarsaigh on Thursday April 25th.

Kilmurphy: Conor Kelleher; Owen Keane, William Ronan, Patrick Grainger; Darragh Linehan, Alexander Aisling, James O'Mullane; Kyle Kelleher, Daniel O'Mullane; Joe O'Mullane, Liam Wall, Rory Duggan; Joe McGinn, Greg Barrett, Tomas Collins., Subs: Sean Curzon, Jed Hartnett, Barry Griffin.

Div Six:

Aghinagh 2-12 St. Michaels 0-5

Aghinagh, promoted from Div7 this season had a comfortable win over St. Michael's in Division 6 County League played in Mahon. Aghinagh were well in front in the first half and despite a strong cross wind they led by 2-7 to 0-3 at half time. Good interplay between Shane Corkery, William Coakley and Liam Twohig resulted in the latter scoring Aghinagh's first goal and he scored their second from a penalty just before half time.

Aghinagh added five points in the second half to St. Michael's 0-2.

With two wins from two games played, Aghinagh share league leadership with Gabriel Rangers and Cobh, a promising start to the season.

Aghinagh Scorers: Liam Twohig 2-5, William Coakley 0-2, Declan Ambrose 0-1, Seán Kelleher 0-1, Con Buckley 0-1, Thomas Morgans 0-1, Micheál Horgan 0-1

Aghinagh: Kevin Cotter, Olan Cummins, Donagh O'Riordan, John Lynch, Euan Coughlan, Aodh Twomey, Declan Ambrose (0-1), Shane Corkery, Tadhg Sheehan, Seán Kelleher (0-1), Con Buckley (0-1), Thomas Morgans (0-1), William Coakley (0-2), Liam Twohig (2-5) and Micheál Horgan (0-1). Subs used: Darragh McCarthy, Eoin McCarthy, Dave Barry, Jack Kearney and Seán O'Riordan

Ballinora play St Michaels away on April 27th and Aghinagh are at home to Cobh on April 28th next.



Div Seven:

Canovee 5-20 Ballyhooley 0-4

Canovee made their county league debut with a facile win over Ballyhooley at Carrigadrohid. The winners led by 2-11 to 0-0 at half time. Canovee started with 8 of their 2023 County Junior Final winning team, 3 more came on and the full panel saw action.

Canovee goal scorers: Jack Kelleher 2-1, Dara McMahon 2-0, Paudie O'Leary 1-0

Canovee will be away to Argideen on Wednesday April 24th

Canovee: Ben Cheasty: Cian Cronin, Blake Ring, Shane Hughes: William Ahern, Ryan Delaney, Eoghan Lehane: Conor Dodd, Mark Healy: Connor O'Neill, Tomas Óg Twomey, Shane Riordan: Brian McNabola, Jack Kelleher, Dara McMahon.

Red FM County Hurling Leagues

Div One

League Table: Charleville 6, Blackrock and Sarsfields 4 each, Carrigtwohill 3, Kanturk, Na Piarasaigh, Douglas, Glen Rovers all on 2, Fr O'Neills 1 and Ballincollig 0.

Division 1

Blackrock 2-19 Ballincollig 2-12

Blackrock gained victory over Ballincollig in this Red FM Hurling Division 1 league game at Church Road. In what was a competitive duel throughout, Blackrock showed early glimpses of why they should be strong contenders come championship time, especially with a number of their regular starters yet to return back into the coalface of action.

Ballincollig came into this clash searching for their first league victory of the 2024 campaign.

Roinn Mhuscraí CLG

EPH Controls Football Leagues

Division 1

Ballincollig 4, Clondrohid 3, Donoughmore 3, Grenagh 6, Kilmichael 2, Béal Átha'n Ghaorthaidh 0, Inniscarra 0, Éire Óg 0

Division Two East

Ballinora 4, Dripsey, Blarney and Donoughmore B 2 each, Aghabullogue 0, Ballincollig B 0, Éire Óg B 0, Inniscarra B 0

Division Two West

Naomh Abán, Kilmurry,Uibh Laoire and Canovee

At the half time break Blackrock held a commanding advantage with the score at 1-13 to the 1-2 of Ballincollig.

In the second half Ballincollig struck for a second goal when Morris turned quickly and finished impressively to the bottom corner for his second goal of the contest. A point by Wills looked to keep the Muskerry men with hope of a dramatic fight back but from there Blackrock had the better of the second half exchanges overall.

Ballincollig to their credit refused to throw the towel in and a succession of points from frees by Morris narrowed the deficit.

Ballincollig's next league outing will be against Kanturk at home on April 21st.

Scorers for Ballincollig: Pierce Morris 2-5 (0-4 f), B Keating 0-3, A Wills 0-2 f, C O'Leary, S Wills 0-1 each. Ballincollig: J Lenihan; J Murray, C O'Sullivan, F Denny; D Sullivan, B Dore, B Coleman; C Sexton, A Wills; S Wills, B O'Brien, S O'Neill; B Keating, P Morris, C O'Driscoll.

Subs: P Kelly for Murray, C O'Leary for Sexton (both HT), C Dalton for O'Driscoll (40), P Cooney for A Wills (50).

Div Two

League Table: Middleton 6pts, St Finbarrs 5, Carrigaline and Éire Óg 4 each, Newtownshandrum, Killeagh and Courcy Rvrs 2 each, Fermoy 1, Erins Own and Bride Rovers 0.

Fermoy 0-16 Éire Óg 1-13

Finally, Fermoy's 0-16 was matched by Éire Óg's 1-13 on Sunday morning. Brian O'Sullivan contributed 0-9 for Fermoy as Jake Carr and Martin Brennan both

2 each, Aghinagh 0, Béal Átha'n Ghaorthaidh 0, Macroom 0, Cill na Martra 0

Division Three

Div 3 FL – 8 teams, 7 games, Top 2 placed teams will play final - Commencement date 14th April
Kilmichael 2, Inniscarra 1, Grenagh 1, Ballincollig, Naomh Abán, Macroom, Béal Átha'n Ghaorthaidh, Gleann na Laoi 0 each,

Division Four

Div 4 FL – 4 teams, 3 games, Top 2 placed teams will play final - Commencement date 23rd June
Dripsey, Clondrohid, Canovee, Blarney

chipped in with 0-2. Eoin O'Shea was in fine form for Éire Óg as he hit 1-7 while Joe Cooper and Daniel Healy both had a brace of points.

Div Three:

League Table: Valley R 5, Mallow and Ballymartle 4pts, Inniscarra, Blackrock, Ballinhassig, Neweastown and Blarney 2 each, Bishopstown 1, Castlelyons 0.

Valley Rovers 1-16 Blarney 1-13

Div Four:

League Table: Lisgoold and Youghal 4, Cloughdub and Bandon 3, Ballyhea, St Catherine's, Kilworth, Russell Rovers and Kildorrery 2 each, Milford 0.

Cloughdub 1-6 Russell Rovers 4-8

Div Five:

League Placing: Dungourney, Castlemartyr and Watergrasshill 4 each, Tracton and Aghabullogue 3 each, Argideen, Mayfield and Ballygarvan 2 each, Middleton and Cloyne 0 to date.

Aghabullogue 0-12 Tracton 1-9

Aghabullogue: Finbarr Foley, Tom Long, Denis Quinlan, Breandán O'Sullivan, David Thompson, Padraic O Sullivan, Michael Dennehy, TJ Buckley, Paul Ring, Colm Gillespie, Brian Dineen, Odhran O'Connell, James Lane, James Foley, John Buckley Subs: Luke Casey, John Corkery

Div Six: No Mid Cork teams

Div Seven:

League Table: Ballinascorthy, Meelin and Nemo Rangers 2points each, Douglas, Ballinora, Kinsale, St Finbarrs and Kilshannig 0 pts each as yet.

Ballinora v Kilshannig April 21st.

HURLING

Cumnor Construction Division 1

Grenagh 4, Dripsey 2, Donoughmore 2, Inniscarra 2, Blarney 0, Aghabullogue 0, Éire Óg 0, Ballincollig 0
Erneside Engineering Division Two
Uibh Laoire 2, Éire Óg 2, Cloughdub 2, Kilmichael 2, Inniscarra, Blarney 0, Grenagh, Gleann na Laoi
Erneside Engineering Division 3

Ballincollig, Ballinora, Donoughmore, Laochra Óg, Lough Rovers

Mid Cork GAA Championships 2024 - CHAMPIONSHIP DATES & FORMATS 2024

Mid Cork Junior A Football & Hurling Championship will commence on the same weekend as the county football & hurling championship, with Football commencing weekend 26th -28th July and Hurling commencing weekend 2nd -5th August. Deadline for Divisional Junior A Finals is Sunday October 27th.

Junior B Football provisional commencing 10th -11th August, Junior B Hurling provisional commencing 30th Aug-1 st Sept. Deadline for Divisional Junior B Finals is Sunday October 27th . Junior C Football commences in late September depending on the rounds of U21 Hurling completed and also teams'

involvements with first and second teams.

U21 Football has already been concluded, U21 Hurling provisional for last weekend of October and have a straight knockout format.



Image above: Captains- Sean O'Leary Uibh Laoire & Dara Ó Loingsigh Naomh Abán.

Image left: Naomh Abán Team



MACROOM GAA WEEKLY REPORT

McCarthy Insurances County Football League – Div 3

Nemo Rangers 0-9 Macroom 1-8

Nemo dominated in the first half at Trabeg, led by 0-5 to 0-2 after 20 minutes, Macroom were reduced to 14 men for ten minutes, and were led by 0-7 to 0-3 at half time. Points from Mark Hunt and Alan Quinn reduced the deficit to two within six minutes of the resumption, two pointed frees, from Alan Quinn and Seán Kiely, brought Macroom level, Seán Kiely pointed from play to put Macroom in front and on 50, a fine goal from Mark Corrigan, set up by Cormac Buckley, had Macroom four points in front. Nemo rallied and got two points back but Macroom defended well and emerged worthy winners.

Macroom: Brendan O'Connell: Ciarán Condon, Tony Dineen, Don Creedon; Jack O'Riordan, Mark Corrigan, Michael Cronin: David Horgan, Pa Lucey: Eolan

O'Leary, Mark Hunt, Seán Kiely: Dylan Twomey, Rory Buckley Alan Quinn. Subs: Eoin O'Mahony, Ethan O'Gorman, Ger Angland, Cormac Buckley
Next Macroom played Rockchapel on Friday April 12th in the Castle Grounds. This lively encounter ended all square at 12 points a piece.

Cork U16 Development Squad

Well done to Billy Murphy and Eoghan Healy who recently played against Dublin and Sligo as part of the Cork U16 Development Squad.

U-14 Premier 1 League match report - Macroom v Carrigaline - 2nd April 2024

Macroom welcomed Carrigaline to the Castle Grounds on a drizzly evening. The home team started fast and kept the pressure on the visitors throughout the first half, building a commanding lead of 4-10 to no score at half time. As expected Carrigaline looked

to get back into the game at the start of the second half, but a dogged Macroom soaked up the pressure and defended superbly and were unlucky not to get the first score of the half as the Carrigaline keeper took off a brilliant save. Macroom pushed on and ran out convincing winners, keeping the tempo up to the final whistle. An excellent performance by all.

Scorers for Macroom - Aled Hopkins, Dylan O'Shea, Ryan Brophy, David Bradley, Cayden Dundon, Michael Deasy, Dylan O'Connell and Darragh Creed.

Cian Lee, Brian McCrory, Leo Slattery, David Condon, Aled Hopkins, Dylan O'Shea, Ciaran Murray, Ryan Brophy, Tristan Mullane, Tadhg O'Driscoll, David Bradley, Cayden Dundon, Michael Deasy, Dylan O'Connell, Will Buckley, Conor Angland, David Twomey, Darragh Creed, Lochlainn Phelan, Con Moss.

MACROOM SOCCER CLUB

Astro Needed

The need for our planned all weather facility was never more obvious. The awful weather has left leagues across the country really struggling as fixtures are months behind and Macroom FC are no different. At this point, it is clear that the only option is the Astro Pitch and Community Walkway that the club have been continuing to plan for. As mentioned previously, the club is still waiting on the result of our Sports Capital Grant application to the Dept. of Tourism, Culture, Arts, Gaeltacht, Sport and Media. This application is with the Department since early September 2023 and as of yet we have no indication as to when any announcement will arrive regarding grants. In the intervening 8 months, hundreds of club fixtures from U7 boys and girls up to adults have been cancelled due to unplayable pitches. Macroom FC have been granted planning permission for the project, approval for a loan if required is in place along with club finances and we are ready to begin the build. As Sports Capital grants can not be claimed retrospectively we are currently in limbo-funding can not be claimed back after completing works so the club is in the position of having no choice but to wait. We hope an announcement will arrive soon and allow the club to provide a modern facility for our 600+ members and the wider community to avail of in the centre of Macroom town. In the meantime we are continuing to fundraise and further events will be announced shortly. Further information on the project can be found on our website <http://www.macroomfc.ie/astro-fundraising> or by contacting any of our Astro committee: Denis Murray 087 2941780, John Ronan 087 6458323, James Neville 086 3843140, JJ Murphy 086 8434023, Darragh Deasy 086 3524308 and Roy Desmond 087 7978636. We have received great support so far and look forward to the continued support of the local public and business community.

Schoolboys Round Up

Macroom travelled to a blustery and windy O' Shea Park, Blarney and lost out 3-2 on the excellent all weather surface. The home side started the stronger and took a deserving early lead. The visitors then settled somewhat and the score at half time remained 1-0. Macroom emerged re-invigorated for the second half, played some great stuff and led 2-1 midway through the half. That all important third goal proved elusive and late on Blarney got an equaliser to set up a grandstand finish. The home team clinched victory with the winning goal and despite huge pressure from Macroom in the last few minutes, they held on to take all 3 points.

Every player gave a fantastic performance and Macroom were really unlucky to come away with nothing. Thanks to the parents who travelled and supported, well done to players and management and thanks to the referee. Our U11 sides were in action in the Eddie Healy Cup recently. This competition gives players a flavour of competitive football before they go fully competitive at U12 next season. The U11B side entertained St Mary's at a wet Murrayfield and lost out 4-1 in an excellent game, well played everyone. Unfortunately, our other 2 U11 teams saw their games postponed due unplayable pitches.

Munster Senior League Div 2, Park Utd 2 Macroom 0. Macroom, sponsored by Murray's Bar, will be disappointed to have come away empty handed from Brigown Park on Friday night. However, the Seniors can take a lot of confidence from a battling performance as they enter their final set of fixtures.

It was the Mitchelstown men that started brightly, with the visitors largely confined to their own half in the opening exchanges. On 5 minutes, Michal Wojcik was called into action with a fine point blank save following a poor passage of play within the Macroom rearguard. However, Macroom responded

well and Alexander Asling did well to force a corner on 10 minutes. The inswinger from Declan O' Riordan found the path of Conor Kelleher but his powerful header was well cleared off the line. Park were again the beneficiary of some loose play in the host's defence, only a combination of last ditch defending from Wojcik and David Hunt kept this tie scoreless. Midway through the 1st half, the hosts would take the lead with a strike from distance, 1-0 Park United. Within minutes, the Mitchelstown men responded well with a dangerous counter attack. The final effort cannoning off the outside of the post. Macroom did well to soak up the pressure throughout the opening 45 minutes. Any threat on goal that the visitors could muster was largely limited to the dead ball. On the half hour mark, another inswinger from O' Riordan was flicked goalward but, the Park United number one did well to touch wide of the post. Following the restart, this tie ebbed and flowed with the visitors beginning to get a foothold. Luke Ring & Matty Juszczak were operating well on the flanks but Macroom couldn't test the Park United number one. On 75 minutes, Jack Kelleher did well to latch onto a loose ball but his effort was comfortable for the hosts net minder. The introduction of Daire McMahon midway through the second half offered Macroom a new dynamic. His accuracy in the middle third did well to bring Juszczak and Kelleher into this tie. On 82 minutes, Park United broke at pace and looked certain to put this game to bed. However, an outstanding last ditch block from Thomas Morgans kept the minimum between the sides. On 89 minutes, it was another outstanding close range save from Wojcik that gave Macroom another lifeline. The visitors responded well with a strong break led by Kelleher but failed to capitalise. Following another string of fine saves from Wojcik, Park United forced a second over the line to come away with all three points, 2-0 Park United.



Macroom FC U11B schoolboys who played St Mary's in the Eddie Healy Cup at Murrayfield



The U15A Macroom FC schoolboys team who lost out 3-2 away to Blarney in the league

LICH DO SCITH

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'Aibreán bog braonach agus Bealtaine béil-fhliuch'

Nach fíor an sean -fhocal san. An t'aon rud amháin ná go bhfuil sé taréis bheith thar a bheith fliuch ó tosach na bliana, agus dár le cúrsaí faisnéise timpeallachta is é sin atá i ndán dúinn amach romhainn sa tír seo mura déanfaimid athrú mhór ar chúrsaí atá ag cur isteach ar an aeráid agus an timpeallacht. Bhuel is trua liom bheith i'm 'préachán na droch h'aimsire' ach tá an domhan i mbaol.

Cad is féidir linn dhéanamh? Sin í an cheist!

Bhuel tá go leor gur féidir le gach aon duine a dheanamh ar shlí amháin nó ar shlí eile. Bíodh sé beag nó mór. Ní gá do bheith ina ghaisce, ach fiú rudaí simplí ar nós; níos mó athchúrsáil, athúsáide. Agus le sin tá tú gearradh síos ar an méid a chaitheann tú amach agus mar aon ag laghdú an lorg carbóin.

Rud eile gur féidir linn déanamh ná níos lú uisce a úsáid agus é a chaomhnú. Nach ait é sin agus go bhfuil an méid san de ag titim gach lá. Ach deir na saineolaithe go mbeidh ganntanas uisce againn le linn an tSamhraidh dé bharr ardú teocht na cruinne. Chun teacht salach ar seo tá plean ann éasca a dhéanfaidh cuidiú leis-san, ná an t'uisce a thiteann mar báisteach a bhailiú i méadair nó bairillí speisialta atá le fáil go forleathan sna siopaí. Chomh maith le sin tá deontais ar fáil chun a leithéid de chóras a chur isteach i gnó agus do muintir na hÉireann i gcoitinne. Gan dabht is féidir an t'uisce a athchúrsáil le haghaidh na plandaí sa ghairdín freisin.

Is féidir linn fuinneamh inbhuanaithe a úsáid inar dtithe seachas breosla nó gual. Mar shampla fuinneamh a thagann ón ghrian le phanéil gréine ar an díon. Agus insliú a chur i fálaí an tí chun an tigh a dheanamh go deas teolaí.

Siúl nó tóg amach do rothar in ionad an ghluaisteán, nó más gá tóg an bus nó an traein. Gearr síos ar an méid taisteal a dteanntar ar eitleáin. An bhfuil a fhios agaibh má fhanann tú sa bhaile agus gan an gluaisteán a chur ar an mbóthar ar feadh dhá lá go chuirfidh tú laghdú de '1,590'púnt de scéith gás 'teachgloine' in aghaidh bliain amháin. Gan amhras b'fhéidir sa lá atá ann inniu gur féidir leat obair ó baile chun cur le seo.

Cuir isteach bolgáin solais 'led'seachas na gnáth cinn.

Cur tús le Muirniú(composting).Is foinse iontach leasúchán nadúrtha é. Chomh maith le sin beidh tú ag ísliú an méid bruscar a imíonn go na láithreáin líonta talún(landfill sites).

Creid é nó ná creid é ach sa lá atá inniu ann is ionann tháirgiú Bídh do 25% don Gás ceaptha teasa (greenhouse gas) sa domhan. Só conas gur féidir linn bheith níos inbhuanaithe maidir leis an slí a ithimid bia agus an saghas bia a ithimid? Bhuel bheadh sé níos fearr don timpeallacht is an aeráid má roghnaímid bia ó fheirmeoirí a bhfuil sé mar aidhm acu na hacmhainní nadúrtha a chaomhnú. Ach go h'áirithe ár mbia a cheannach ós na feirmeoirí áitiúla agus tairgeoirí bia áitiúla. B'fhéidir ár ghasraí is torthaí féin a fhás agus gan dabht gearr amach an méid is gur féidir de bia atá ró próiseáilte.

Só mar focal scoir bíodh an scáth fearthainne i do láimh gach lá de Aibreán mar measaim go mbeidh sé uait, ach ná gá bheith ró buartha mar go bhfuil an Samhradh nach mór buailte linn.



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Ánna Sheinín
Minister for Education
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The project is co-funded by the Government of Ireland and the European Union.



Macroom FC members attending the recent senior men's international between Republic of Ireland and Belgium at the Aviva Stadium, Dublin



Macroom FC U14 schoolgirls who narrowly lost out 4-2 after extra time to Dublin side Stella Maris in the semi final of the National Trophy at Murrayfield.



Clondrohid u 12 team that drew with Lee Gaels last Sunday in this u 12 grading competition



U11 Macroom V Canovee



U12 Macroom v Kilmurry



U12 Macroom v Tracton



U14 P1 - Macroom v Carrigaline 2nd April 2024



Aghabullogue GAA members at the unveiling of a plaque at Clonturk Park in Drumcondra

HAVE YOU A NEWS STORY?

Contact the Editor by Email: leevalleyoutlook@macroom.ie

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MEP KELLEHER CALLS FOR CHANGES TO CROÍ CÓNAITHE SCHEME TO ENABLE MORE POTENTIAL HOMEOWNERS BENEFIT

- STAGED PAYMENTS RATHER THAN LUMP SUM WHEN WORKS ARE COMPLETED SHOULD BE IMPLEMENTED -

Fianna Fáil MEP Billy Kelleher has said that the Government should consider changes to how the Croí Cónaithe scheme operates to ensure that it remains highly attractive to potential property owners.

Kelleher was commenting after it was reported that only 3% of applicants for grants under the Vacant Property Refurbishment Scheme have received payments by the end of 2023.

"While many of the applications are being approved, payment is being delayed until all the works are completed.

"This is very off-putting for would-be applicants. Many do not have the cash reserves to fund the development works needed to complete the project

while at the same time paying a mortgage.

"Builders also do not have the cash reserves to fund a project, including materials and salaries, while waiting for the grant money to be issued.

"Staged payments, similar to what happens with self-build mortgages, would, I believe, make this scheme even more attractive.

"The scheme needs to be attractive to all potential homeowners, and not just those who have the cash reserves to fund the renovation works until the grant is paid out.

"The Croí Cónaithe scheme is an excellent scheme but we can make it more enticing for many more people if it's tweaked a bit.

"Junior Housing Minister O'Donnell's comments that staged payments may be looked into when the scheme is reviewed in the middle of 2025 just doesn't cut it.

"Waiting another 12 months or more to amend the scheme to make it more attractive makes no sense to me. It's unnecessary and impacts on the Government's overall Housing for All targets and commitments," concluded Kelleher.



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A Word of Victory

"... if My people who are called by My Name will humble themselves, and pray, and seek My face, and turn from their wicked ways, then I will hear from Heaven and will forgive their sin and heal their land" (2 Chronicles 7:14)


Welcome back dear student, tomorrow Saturday April 20th, Christians from all over this land will make our way to the National Boxing Stadium in Dublin to pray together in a Special Day of Prayer for Ireland. As followers of Christ, we are called to pray. We enter into God's Presence through our worship and change happens as we pray believing God to intervene (Psalm 100:4). The Lord Jesus prayed consistently – sometimes all night (Mark 6:46; Luke 22:39). Then during the day, He healed people and set them free. That's why the disciples asked Him to teach them how to pray – because they connected His prayer life to His Power (Luke 11:1-4). Jesus warned that the flesh profits us nothing, and only the Spirit brings Life (John 6:63). If Jesus needed to pray, we definitely need to pray and spend time in God's Presence. Jesus told His friend Martha to take a break from the busyness of life and do like her sister Mary was doing. Mary sat at the feet of Jesus, drinking in every Word, relishing His Presence. Later, when Judas tried to slag off Mary's opulent gift to Jesus as she washed His feet with her tears and poured expensive oil over His head, Jesus rebuked Judas – saying that what she had done was in preparation for His impending death (John 12:3-8; Mark 14:1-9). Mary's ministry to Jesus as His darkest hour approached is remembered forever, for all the right reasons. What Judas did to Jesus is also remembered forever – for the complete opposite reason. One beautiful thing that resulted from Mary's act was that after she finished pouring the oil upon Him, she smelled just like Jesus, and so did the house!

Being in God's Presence does that – it affects everything about you. The Word says that we bring a fragrance from the Presence of God within us – a beautiful scent of Life to those who receive Him, or the smell of death to those who are perishing (2 Corinthians 2:14-17). God wants no one to perish. He desires that all men be saved and come to the knowledge of Him (1 Timothy 2:4). Where Salvation occurs is here on this earth – today. Don't put it off for another time. God is calling out to you – so answer His knock upon the door of your life before it's too late! Repent of sin and ask the Lord Jesus to come into your heart – give Him your life and get to know Him through His Word.

Praying is just talking to God. A good way of knowing when we come into His Presence is when we become aware of how sinful we are. This happened to Isaiah when he saw a vision of The Throne Room in Heaven. This man – who loved God, and was used by Him to prophesy His Word, felt the full weight of the dirt of his human flesh, and begged God for mercy. "Then I said – it's all over! I am doomed, for I am a sinful man. I have filthy lips and I live among a people with filthy lips. Yet I have seen the King, the Lord of Heaven's Armies" (Isaiah 6:5 NLT). Isaiah got a glimpse of God's Salvation and the cleansing fire of His Love, and that same Love is there for you too dear friend. May the Lord bless and protect you always x

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

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HAPPY HEAVENLY BIRTHDAY



In loving memory of

MARY O' REGAN

Codrum, Macroom, Co. Cork
Remembering you on your birthday
Which occurs on 17th April, 2024.

*Although our worlds are different now
Or is that just how it seems
For I see you when I close my eyes
Because you're always in my dreams.
I know you're up in Heaven
And looking down on me
And when I look up at the stars
I know that's where you'll be.
Even though I miss you
You're not too far away
Because my heart is full of memories
And I treasure them everyday.
Our time on Earth was special
But it's only the very start
So please keep watching over me
While we're not so far apart.
Someday the time will come
When I no longer feel this pain
That is the day when Heaven calls
And we will meet again.*



Thinking of you today and always
Michael, Gobnait and Owen
xxx

11TH ANNIVERSARY



In loving memory of

REDMOND KIRBY

St. Colman's Park, Macroom
Who Died on 25th April 2013

*April is here with sad regret
The day the month we will never forget.*

*May Red's soul and the soul of all our
departed family and friends Rest In Peace*



Sadly missed and always remembered by
your mother Carmel, your brothers and
sisters, nieces and nephews, brothers in
law and all your family and friends.

3RD ANNIVERSARY



In loving memory of

NORA MCSWEENEY

**Gortnascairte, Ballymakeera,
Macroom, Co Cork.**
Who died on the 25th of April 2021.

*A Silent thought
A quiet prayer
For A Special person
In Gods care*



Lovingly remembered by your brothers
Michael and Dan, nephews and nieces
and their families.

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.

Never known to fail.

Must promise publication of prayer.

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

2ND ANNIVERSARY



In loving memory of
BERNADETTE CARROLL
Glen Park, Macroom
Who died on. 19th April 2022

*I miss you now, my heart is sore,
As time goes by, I miss you more,
Your loving smile, your gentle face,
No one can fill your vacant place.*

Always loved and missed everyday, best friend & husband Dick.



*We had a wonderful mother,
One who never really grew old,
Her smile was made of sunshine,
And her heart was sold gold,
Her eyes were as bright as shining stars,
And in her cheeks fair roses you see,
We had a wonderful mother,
And that's the way it will be.*

Love you forever!
Ann, Finbarr, Lucy-Rose, Cal & Sonny.



*When God was making mothers,
He must have made a fuss,
He spent a lot of time on one,
And gave that one to us.
Of all the gifts in life,
However great or small,
To have you as a mother,
Was the greatest gift of all.
Because you were so special,
No words could ever say,
How much we love and miss you,
Today and everyday.*

Love always, Denis, Ellen, Ger, Richie, Ayda & Shay.



*We think of you in silence,
We often speak your name,
A daily thought, a silent tear,
A constant wish that you were here,
We hold you close within our hearts,
And there you shall remain,
To walk us through our lives,
Until we meet again.
Thanks for all you've done,
We pray God has given you the crown you've truly won.*

Love always, Róisín & Shane

Bernadette's anniversary mass will take place Friday 19th April at 7:30pm in St.Coleman's church Macroom.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
MARY KELLEHER
11 Glen Park, Macroom.
Died on 23 April 2023

Mary died on 23 April 2023, and she is greatly missed and mourned by her family. She was an exemplary person in all facets of her life – family, work, study and the community; she was the essence of kindness and goodness.

We, Mary's family, miss her very much and she is irreplaceable. However, we have warm memories of her life and shared times – we try to enjoy the many highlights her presence brought and accept her passing. Mary, thanks for being the person you were and for bringing so much happiness.

The Kelleher family appreciates greatly the support and sympathy of Mary's neighbours, colleagues, friends and especially, her former students. Many stories came to light about Mary's deeds and it was revealing, amusing and poignant to hear them. There was more to Mary than we realised, and God Bless and touché for that.

On Mary's behalf we thank you, her neighbours, her fellow Glen Park residents, her friends, acquaintances and all who interacted with her over the years. Our appreciation and gratitude to all who attended the Removal and Mass and those who sent messages is sincere and deep. The family is deeply grateful to Canon Roberts and his fellow priests for providing support, advice and beautiful services. Fitz-Geralds, Undertakers, were excellent in all that they did. Brendan O'Brien sang exquisitely and Mary McSweeney played superbly at her funeral Mass. Mary's brother Jerry gave a memorable, moving and deserved eulogy. We thank Millstreet Community School for their strong presence and respectful Guard of Honour.

*When the western sun is sinking
And your mind from care is free
When of absent ones you're thinking
Won't you sometimes think of me?*



Mary's family: Mickey, Jerry, Nancy, Gus, Con and Colette Kelleher, her siblings, and her in-laws, nieces and nephews, and grand nieces and grand nephews.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
JOHNNY TWOMEY
Ballingeary, Co Cork
who died on the 21st of April 2023

Missed and lovingly remembered on his first anniversary by his wife Eibhlís, daughter Caitríona, sons Séan, Noel, Ninidh, Ronán, Cathal, Iarlaith and Ciarán. Son-in-law Tom, daughters-in-law Katie, Fern, Eleanor, Marian and Triona, also Denise partner of Iarlaith and Charli partner of Ciarán. Also deeply missed by his brother Tadhgíe, sister Mary, nieces and nephews and all of his grandchildren whom he adored. His sister in law Siobhán and brother in law Donal.

We wish to express our true appreciation to all of our relatives from the Twomey and Cronin families, who along with his brother Willie, who unexpectedly died before Johnny, visited him regularly during his long illness. Sincere thank you to our friends and neighbours, who gave tremendous support and filled our home with love and food again, so soon after losing our darling Gobby. To Johnny's own personal friends who grieved with us and told us that he had played at most of their weddings.

Johnny's life revolved around his family, his garage and the GAA who in turn honoured him by stewarding for the funeral and by presenting a guard of honour on his departure from his village. We wish to also express our deep gratitude to Sinéad and Roisín and all of those who helped in Séan and Katie's house making endless cups of tea and looking after everybody.

We wish to thank the doctors and nurses in CUH and Bantry hospitals and Dr Joan who took excellent care of him during his illness. The west Cork palliative care team, Róisín the district nurse, staff of the Haven pharmacy, Macroom, who were extremely helpful and Margaret Burke, carer, who was there in his final weeks.

A heartfelt thanks to Fr Anthony O'Mahony for his lovely mass and pipers Mary Hoare and Donal Cronin. Also our local musicians who we called upon again. Thanks to Nora Cremin who is always there for us. Thanks to the Abbey hotel who as usual served a great meal, Shortens and Ard na Laoi who served our family and friends so well, the grave diggers, and last but not least Cyril Casey, undertaker and friend for his support, advice and unequalled professionalism. It is not possible to thank everybody personally. To all those who sent cards and condolences, prayers and good wishes, personally or through RIP.ie we hope that this acknowledgement will be accepted as a token of our sincere gratitude and appreciation.



The Holy Sacrifice of the Mass will be held on Friday the 19th of April in Ballingeary Church at 8pm.

*Along the road of suffering,
You found a little lane,
That took you up to heaven,
and ended all your pain.
You may be out of sight,
We may be worlds apart,
But you are always in our prayers
and forever in our hearts.*

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **CL**

3RD ANNIVERSARY



In loving memory of

**DENIS
FREE LYNCH**

**Doire na Sagart, Baile Mhúirne,
whose anniversary occurs
on April 26th.**

*Gone from home that smiling face,
the cheerful pleasant ways,
the heart that won so many friends,
in bygone happy days.*

*We hold you close within our hearts
and there you shall remain,
to walk with us throughout our lives
until we meet again.*



Lovingly remembered by
Maura and family.

A Naomh Gobnait, guidh air.

9TH ANNIVERSARY



In loving memory of

**DENIS
O'SULLIVAN**

**Old Fort, Carrigadrohid,
Macroom, Co. Cork.**

Who died on April 11th 2015

*Will those who think of
Denis today,
A little prayer to Jesus say,
Sacred Heart of Jesus pray for him.*



Sadly missed by
your loving wife Mena and family.

4TH ANNIVERSARY



In loving memory of

**EILISH
CREEDON**

Teergay, Kilbarry, Macroom

who passed away on the 3rd May 2020.

*Your presence we miss,
Your memory we treasure,
Loving you always,
Forgetting you never.*



Mass will be offered in memory of Eilish
in Inchigeela Church on the 3rd of May
at 7pm.

From her loving husband Dan, daughters
Elaine, Laura, Lisa and extended family.

12TH ANNIVERSARY



Treasured memories of a loving
husband and father

**PAT
MC CARTHY**

**Farnanes
who died on April 13th, 2012**

*Your life was a blessing,
Your memory a treasure,
You were loved beyond words,
And missed beyond measure.*



Sadly missed by Margaret,
Eilish and Aisling

7TH ANNIVERSARY



In loving memory of

**TERESA BUCKLEY
(NEE CURTIN)**

Clonfadda, Macroom

Who died on 18th April 2017

*Your life was one of kindly deeds,
A helping hand for others needs,
Sincere and true in heart and mind,
Beautiful memories left behind*



Always remembered by her loving
husband Paddy and family

8TH ANNIVERSARY



In loving memory of

**SHEILA
O'RIORDAN**

**Sleeveen Road, Macroom, Co. Cork
Who died on the 10th of April 2016**

St Gobnait pray for her.



Always remembered by her
Cousins and Friends

2ND ANNIVERSARY



In loving memory of

**ABBIE
O'DONOVAN**

Clashanaffrin, Ovens

Who Died 29th April 2022.

*Deep in our hearts your memory is kept
to love to cherish and never forget.*



Fondly remembered by
your brother Donie

8TH ANNIVERSARY



In loving memory of

**JOHNNY
O' SULLIVAN**

Ballingeary & Macroom

Who died on the 29th April 2016

*Someone is missing
Let this be a loving reminder
That someone is missing today,
Someone our hearts still hold on to
As we travel along life's way.
Someone who made life so special
For all those who gather here.
Someone who won't be forgotten,
But cherished from year to year.
And now as we pause to remember,
Let us all fondly recall,
How dearly each of us love him,
And oh... how he loved us all.*



Always remembered
by Your Loving Family

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FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
ANNE BURKE
Ballincollig & Clonmacow,
Crookstown, Co. Cork who died on
28th April 2023

As we lovingly remember Anne on her first anniversary, we, her parents, Charles and Margaret, brothers Cathal and Alan, sister Sinéad, sisters-in-law Sinéad and Margaret, brother-in-law Neil, nephews Lachlann, Rógan, Lúan and Seán would like to express our sincere gratitude to all those who supported and sympathised with us on our sudden sad loss of Anne. We offer our heartfelt thanks to Anne's Aunts, Uncles, cousins, our extended family, relatives, friends, kind neighbours and to all who sent mass cards, condolences, letters, messages and phone calls. We are eternally grateful for your support. Thank you to everyone who brought refreshments and supplies to our home. It was much appreciated by our family.

To Anne's many wonderful friends and work colleagues who offered their support, sympathy, prayers and shared memories of Anne with us, thank you. Your kindness and support brought us great comfort at the saddest of times.

Our sincere thanks to Billy and all the staff at Fitzgerald's Funeral directors for their support and professionalism, it was much appreciated. Special thank you to Canon Bernard Donovan, Msgr. Kevin O'Callaghan, Fr. Teddy O'Sullivan, Fr. Michael Kelleher and Ann O' Callaghan (Sacristan) for all your help, support and pastoral care during this very difficult time for our family. Thank you to all those involved with traffic control and to Mai Fitz's for their refreshments.

As it would be impossible to thank everyone individually, please accept this acknowledgement as an expression of our sincere gratitude. The Holy sacrifice of the mass will be offered for your intentions.

*You were always someone special,
someone kind and true
who will never be forgotten,
for we thought the world of you.*



Lovingly remembered and deeply missed by her parents, Charles and Margaret, brothers Cathal and Alan, sister Sinéad, sisters-in-law Sinéad and Margaret, brother-in-law Neil, nephews Lachlann, Rógan, Lúan, Seán, relatives and large circle of friends

Anne's first anniversary Mass will take place on Sunday 28th April at 10am in St. Mary's church, Kilmurry.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



With fondness we remember
TERESA O'DONOGHUE
(NEE O'CONNOR)
Whispering Pines, Carrigagulla,
Ballinagree late of Curragh Lissarda
Who passed away suddenly but
peacefully on 17th April 2023

As we lovingly remember our beyond selfless mother Teresa on her first Anniversary we her Children Catherine John Jeremiah and Mary, her son in law Humphrey and daughter in law Carole, her grandsons Martin and Simon would like to take this opportunity to express our sincere gratitude to all those who sympathised and supported us during and since our mothers sudden passing. No words will ever come close to expressing our thanks to our wonderful family friends and excellent neighbours in Carrigagulla & Annaganihiy and the wider Ballinagree community. Those who came to the house and helped out with catering etc, who brought endless amounts of food and just being there for us day and night will forever live in our memory. Thank you.

To Diane, Kathleen and Kay for taking such great care of Mary during that week, she was in wonderful loving and caring hands. We'll never forget you for that.

Since then it has continued by a very special team of women, Joane, Margaret, Miriam and Sheila without you we'd be lost. To you all thank you. Your beyond special

Those who attended the funeral, Sent Mass cards, text messages, online condolences and who sent floral sprays thank you.

Heartfelt thanks to the priests of Aghinagh parish in particular Fr Joe OMahony for his prayers and support during our sudden loss. Thanks to our wonderful sacristan Nora McCarthy and Ballinagree church choir who made the service even more special. To the traffic controllers, Grave diggers thank you To Fitzgerald funeral directors Macroom in particular Billy Fitzgerald, for your advise support and professionalism, nothing was too much trouble for that we're eternally grateful.

And To the emergency services, To the first responders: ambulance crew, Garda, and Fire brigade know that you are valued and appreciated! Thank you for your dedication and hard work in serving our community.

As it would be impossible to thank each of you individually Please accept this acknowledgment as a token of our appreciation and gratitude. The holy sacrifice of the mass has been offered for your intentions. St Gobnait pray for her.

Pray also her dear husband Dan who's 19th anniversary will occur on the 22nd of May.

*They will always remain in our hearts
and as in life we hope they will
continue to guide us.*

*Loved remembered and dearly missed.
Eternally Rest in peace.*



Teresa's first anniversary mass will take place on Saturday night the 20th of April at 8pm in Ballinagree Church.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
KATHLEEN MURRAY
Carhue, Coachford, Co. Cork
Who died on April 17th, 2023

Kathleen is deeply missed and lovingly remembered by her Sons, Daughters, Sons-in-Law, Daughter-in-Law, Sisters and Brothers-in-Law.

We would like to thank the many people who sympathised with us in person or on RIP.ie, those who sent mass cards and flowers. To the many people who sent us food and helped us at home over the days of the funeral, it was hugely appreciated. Thanks especially to all of our neighbours, friends and extended family who gathered with us to see her off on her final journey to Coachford Church and Cemetery.

We are extremely grateful to the Doctors and nurses in Ward 1A, who looked after her in her short illness, which she bore with her usual good grace.

Thanks to Fr. Peadar for all his help with the funeral and to Fr. Roberts for concelebrating her funeral mass.

Thanks especially to Fitzgerald's Funeral Directors. Nothing was ever too much trouble and their help, guidance and patience with us over the few days was invaluable. Thanks so much for arranging the video-link for the funeral mass, at the last minute, her family in the US were thrilled to be able to attend in any way they could.

It would be impossible to thank everyone individually, so please accept this acknowledgement as a token of our grateful appreciation.



Deeply missed and always remembered
By her loving family.

FIRST ANNIVERSARY



In loving memory of
NOEL (45) O'CALLAGHAN
Knockrour/ Ballinagree
26th April 2023

*On angels wings you were taken away,
but in our hearts you will always stay.*

Sadly missed by his father in law Thady & mother in law Margaret.



*We miss your smile & you're joking ways,
we miss the things you used to say, and
when good times we do recall,
it's then we miss you most of all.*

Lovingly remembered by Matty & Martina, Noreen & Jer, Julie & Dave & their families.



*Your life was a blessing,
your memory a treasure.*

Fondly remembered by Nora & Bernie.

YNWA

ANNIVERSARIES



In loving memory of
DENIS & MARIAN MCCARTHY
Carrignadoura Ballingearry.
Whose anniversary occurs at this
time.



Air dheis dé go raibh síad

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **MCTC**

2ND ANNIVERSARY



In loving memory of

**VERA
COUGHLAN**

Masseytown, Macroom,
Who died on April 24th, 2022.

*Will those who think of Vera today
A little prayer to Jesus say.*



Always remembered by
Pat, Jason and Emma and extended
family.

70TH BIRTHDAY REMBRANCE



In loving memory of

JERRY TWOHIG

32 St. Colman's Park, Macroom,
Whose birthday occurs at this time.

*A simile for all, A heart of gold.
One of the best the world could hold,
Never Selfish, always kind
These are the memories you left behind
As you were Jerry, you will always be
Someone special in our memory.*



lovingly Remembered by his wife
Margaret, Daughters Caroline & Emer
son Mark, sons in law JP & Aidan
grandchildren Adam, Cliona, Aoife, Alex
& Darragh

28TH ANNIVERSARY



In loving memory of

**DAN
CRONIN**

Railway View, Macroom &
Ballincollog. Who died on
April 9th 1996

*Too Dearly Loved
to be Forgotten*



Always remembered by his wife Christine,
sons Jerry, Neil and Declan, brother Con,
sister Anne and all his family and friends

10TH ANNIVERSARY



In loving memory of

**PADDY
MCCARTHY**

late of Macroom and Kilkenny,
who died on 26th April 2014.
RIP

*God called your name so softly,
That only you could hear;
And no one heard the footsteps,
Of angels drawing near.
The golden gates stood open,
God saw you needed rest;
His garden must be beautiful,
He only takes the best.*



Lovingly remembered by your wife Eileen,
sons Noel and Brendan, daughters-in-law
Adrienne and Stephanie, grandchildren
Jennifer, Shane, Matthew and Lauren,
relatives and friends.

ANNIVERSARIES



In loving memory of

**DAN & NORA
MCCARTHY**

Coolavokig Macroom
In loving memory of Dan & Nora
whose anniversaries occur
at this time.



Deeply loved, sadly missed and always
remembered by their family.
Forever in our thoughts and prayers.

FIRST ANNIVERSARY



In loving memory of

**TERESA
MCKEVITT
(NEE RING)**

Carlingford and Carrigadrohid.

*God grant me the serenity
to accept those things I cannot change.
The courage to change the things I can
and the wisdom to know the difference.*



Dearly loved and sadly missed by the
Ring family and the McKevitt family,
her students, fellow teachers and many
friends.

6TH ANNIVERSARY



In loving memory of

**EILEEN
O'CONNOR**

Carrigeigh, Inchigeela
and late of Ballygroman Ovens
who passed away on the
21st April 2018

*We think about you always
We talk about you still
You have never been forgotten
And you never will*

*We hold you close within our hearts
And there you will remain
To walk and guide us through our lives
Until we meet again*



Sadly missed and fondly remembered
by her loving husband Sean, brothers:
Bertie, John and Anthony- sisters in law -
nephews, nieces and friends.

10TH ANNIVERSARY



In loving memory of a wonderful
husband and dad

**DENIS (DENNY)
SWEENEY**

Curraheen, Inchigeela and formerly
of Cahirkereen, Kilnamartyra
Who died on 13th April 2014
Rest in Peace.

*Our Hearts still ache with sadness
And Silent Tears still flow
For what it meant to loose you
No one will ever know.*

*Will those who think of Denis today
A little prayer to Jesus say*



Sadly missed and lovingly remembered by
Marguerite, Martin and John Paul.

MEMORIALS
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FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
**NOEL (45)
O'CALLAGHAN**
Knockrour, Aghabullogue
(formally of Ballinagree)
Died on 26th April 2023

Asling, Darren, Noah, the O'Callaghan and Noonan families would like to thank many people as we near Noels 1st anniversary. We would like to thank the doctors and nurses in Cuh, his consultant Dr Bambury and Katie who was at the end of the phone whenever needed. The staff of ward GB and the staff of Marymount Hospice we thank you for your kindness and respect in Noels final days. We appreciate all those who sent mass cards, phone calls, online condolences and all who attended Noels funeral.

Thanks to Fr Joe, Fr Peader and Fr Donal for celebrating a beautiful mass. Thanks to Nora McCarthy sacristan, Caseys Funeral Directors, Ballinagree Vintage Club and all that helped with traffic.

To Aghinagh GAA, Ballinagree Bowling Club and Tim Lyons and crew for the guard of honour.

To everyone who helped and supported us during Noels funeral we thank you sincerely from the bottom of our hearts.



Noels 1st anniversary mass will be celebrated in Ballinagree Church on Friday 26th April at 7.30pm

Until we meet again.

YNWA

FIRST ANNIVERSARY



"You'll Never Walk Alone"
In loving memory of
**NOEL (45)
O'CALLAGHAN**
Knockrour/ Ballinagree
26th April 2023

*We can't have old days back
when we were all together,
But secret tears and loving thoughts
Will be with us forever.*

Loved and missed every day by his loving Mother Kathy and Sister Noreen.



*We sat beside your bedside
Our hearts were crushed and sore
We did our duty to the end
Till we could do no more
In tears we watched you sinking
We watched you fade away
And though our hearts were breaking
We knew you couldn't stay.*

Sadly missed by his brother Kieran, Justine, Danny, Ria & Tommy



*Our hearts still aches in sadness
And secret tears still flow
For what it meant to lose you
No one will ever know.*

Greatly missed by his Sister Anna, Paddy, Katelyn & Lucy



*It doesn't take a special day
to bring you to our mind,
for days without a thought of you
are very hard to find.*

Always remembered and sadly missed by his brother Gerard, Susan, Makayla & Francis.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
**PÁDRAIG (PADDY)
MC CARTHY**
Carrignadoura, Ballingearry Co. Cork
Died May 7th 2023

As we lovingly remember Paddy on this, his first anniversary, we, his wife Mary, family, Gerald, Fionnuala, Dónall & Finbarr and our extended family wish to thank most sincerely all those who supported us at the time of Paddy's passing. We found great consolation and comfort in the thoughtfulness, kindness and generosity shown to us by our great relatives, friends and neighbours during the wake, funeral and in the past twelve months since Paddy's death. To everyone who brought refreshments to our home and in particular to Margaret Creedon. To those who attended the reposing and funeral mass and those who travelled long distances to be with us. We thank those who sent mass cards, letters, enrolments and online condolences on RIP.ie. Your messages were greatly comforting to us all. We are very grateful to Fr. Anthony O Mahony for his kindness and for concelebrating a beautiful funeral mass and also for his regular visits to Dad throughout his illness. Thank you also to Fr Dónal Roberts. To the church sacristan Nora Cremin for her help in the church. Special thanks to Michael Bradley, Norma Galvin and Jerome Coakley for the beautiful music and singing. Thank you to Shane Casey of Casey Undertakers for your professionalism and kindness. Thank you to Joe and staff at Creedon's hotel.

Throughout Dad's illness he received great care from Dr. Peter Cronin Snr. and all the staff at Sullane Family Practice, Bantry General Hospital and carers Margaret Burke and Margaret O' Leary. We are very grateful to you all. To the Public Health Nurses - Siobhán Murphy and Kay Coakley, your kindness and help was most appreciated. We would like to acknowledge those who continued to visit dad at home in Carrignadoura throughout his illness. Those visits were a great source of comfort to him and to our mother.

Aithnímid an cabhair agus an tacaíocht a fuairamar ó mhuintir Bhéal Átha'n Ghaorthaidh oíche an tóiraimh i dtigh Dónall & Martina. Do Chumann Peile Bhéal Átha'n Ghaorthaidh agus Coláiste na Mumhan as ucht na carrchlós, dos na maor tráchta a stiúraigh an trácht, do dhaltai agus foireann Scoil Fhionnbarra a sheas in omós do Dhaid ar a thuras deireanach go hInse Geimhleach. D'Eibhlín & Frank ó Shiopa Uí Dhuinnín as ucht bhur gcineáltas le linn na sochraide agus bhur gcairdeas do Dhaid i gcónaí. Táimid fíor-bhuíoch do chol ceathracha Daid, Siobhán & Mairéad Ní Mhurchú as an amhránaíocht álainn ag aifreann cuimhneacháin Daid. Finally, we would like to thank our mother, Mary, who cared so well and so capably for Dad throughout his illness. It meant so much to us to have dad at home in his own familiar surroundings. Our thanks to all our friends and relatives who have supported us throughout the past year. As it would be impossible to thank everyone individually, please accept this acknowledgment as a token of our sincere appreciation. The holy sacrifice of the mass will be offered for your intention.

Paddy's First Anniversary mass will take place in Ballingearry Church on Sunday May 5th 2024 @ 10 a.m.



Lovingly remembered by his wife Mary, sons Gerald, Dónall & Finbarr, daughter Fionnuala, daughters-in-law Bláthnaid, Martina & Maura, son-in-law Paul, grandchildren, brother, sisters, nephews, nieces and relatives.

Suaimhneas síoraí tabhair dó a Thiarna.

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **SH**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **CL**

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
DAN KEANE
Milleens, Cúil Aodha
who died 24th April 2023

As we fondly remember Dan on his first anniversary, his wife Mairead, sons PJ, Haulie, Damien, Donal, their families, his grandchildren, together with his sister Mary, brother-in-law Mick and family, would like to express sincere gratitude to everyone for their prayers, sympathy and support on Dans passing. Thanks to all who attended the wake at our home, rosary, removal and funeral. A special thanks to the people who stayed overnight and those who helped in and around our house during that time. To our wonderful neighbours, relatives and friends for supplying food and refreshments during those days. It was very much appreciated. Thanks to all who telephoned, sent mass cards, messages of sympathy, floral tributes and to all the people who travelled long distances to support us. Sincere thanks to Fr. Greene for reciting the rosary and to Fr. John McCarthy for celebrating Dans funeral mass. We would like to thank sacristans Gerard and Nora, Cór Cúil Aodha and those who attended to the grave preparations. A special thanks to McCarthy Undertakers for their professionalism and guidance and to the Abbey Hotel for their hospitality. We thank all the doctors, nurses, carers, pharmacists and helpers who looked after Dan. We are forever indebted to the wonderful care Dan received during his time in Macroom Community Hospital. A special thanks to Dans wide circle of friends in the Vintage. Dear friends, neighbours, ex-colleagues and management of Mark Eire for escorting Dan to his final resting place.

We also remember Dans brother, Diarmuid, who died in February 2023.
May he Rest in Peace.

As it is impossible to thank everyone individually, please accept this as a token of our sincere thanks and gratitude. Mass has been offered for your intentions.



Dans first anniversary mass will be celebrated in Cúil Aodha Church on Sunday 28th April at 10.00am.

*Love and miss you every day,
until we meet again.*

St. Gobnait Pray for Him
May he Rest in Peace

2ND ANNIVERSARY



In loving memory of
TONY DROMEY
48 St. Colman's Park,
Macroom, Co. Cork
26th April 2022

*Our hearts are full of memories,
With pride we speak your name.
Though life goes on without you,
It will never be the same.
We miss your smile, your joking ways,
We miss the things you used to say,
And when old times we do recall,
It's then we miss you most of all..*



Sadly missed and always remembered
with love by Breeda, Antoinette,
Paul, Brendan, Breda and his adored
grandchildren Liam, Enda and Aisling.

2ND ANNIVERSARY



In loving memory of
JOE CUNNINGHAM
Macroom
Who died on the 17th April

*A daily thought, A silent tear,
A constant wish
that you were here.*



Always thinking of you
Your heartbroken family.
Mark, Sharon, Shauna, Gerry, Danny,
Eva, Alesha, Alex, Callum & Cillian
Xxxx

2ND ANNIVERSARY



In loving memory of
DANNY RIORDAN
Clouty Carthy, Renanirree,
Macroom
Who died on 17th April 2022.

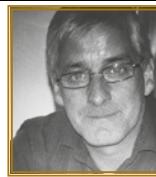
*Deep in our hearts
Your memory is kept
To love, to cherish
And never forget.*



*Will those who think of him today,
a little prayer to Jesus say.*

Fondly remembered by his wife Mary
and all the family

8TH ANNIVERSARY



In loving memory of
PAUL WALSH
Clouty Carthy, Renanirree, Macroom
Who died on the 21st of April 2016

*You meant so much to all of us
You were special and that's no lie
You brightened up the darkest day
And the cloudiest sky.
Your smile alone warmed hearts
Your laugh was like music to hear
I would give absolutely anything
To have you well and standing near.
Not a second passes
When you're not on our minds
Your love we will never forget
The hurt will ease in time.
Many tears I have seen and cried They have
all poured out like rain I know that you are
happy now And no longer in any pain.*



Sadly missed by Kitty, Fiona and Aoife.
May he rest in peace

2ND ANNIVERSARY



In loving memory of
JOE CUNNINGHAM
61 St Colmans Pk Macroom
Who died on the 17th April

*A loving nature a heart of gold
the very best this world could hold
never selfish always kind
these are the memories you left behind.*



Always remembered by
Denis Priscilla and family

9TH ANNIVERSARY



In loving memory of
DENIS (DENNY) HALLAHAN
Commons, Crookstown, Co Cork
whose 9th anniversary occurs on
April 23rd

*Softly I heard the angels call
So I took the gentle hand of Jesus
And gently left you all.*



Lovingly remembered by Margaret
& family.

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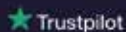


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