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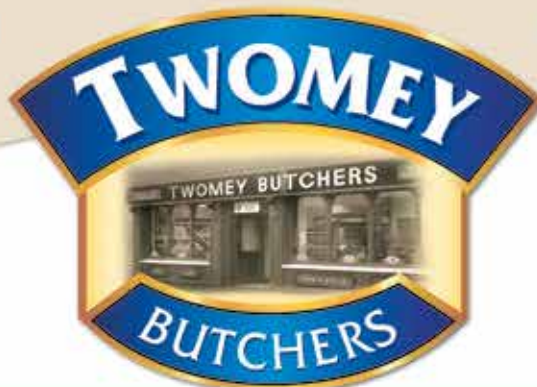
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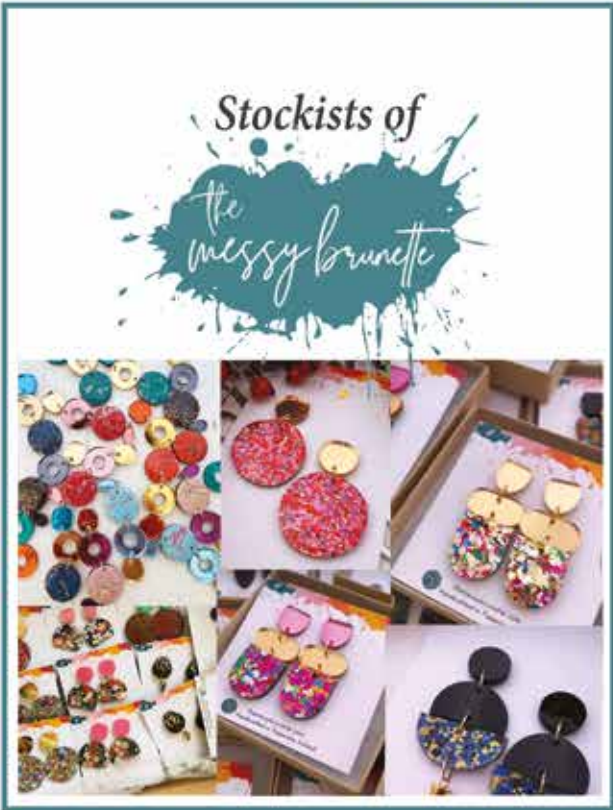
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If you cannot access physical copies, the LVO can be viewed online at: <https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions

will be published in the following edition. As always submissions as Gaeilge are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you would like to submit an article as bearla nó as gaeilge, please feel free to email us here on leevalleyoutlook@macroom.ie, we would love to hear from you.

Go raibh maith agaibh, Peter & Gráinne

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Please note Des has a new number

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MACROOM GIRL GUIDES

Show Racism the Red Card

On Friday 22nd March, Ardilaun Guides took part in the "Show Racism the Red Card" initiative. The guides were asked to wear red to show their support to diverse and inclusive communities. The guides took part in a number of different activities which highlighted the issue of racism, what it is, how it happens, its impact and how we can respond.

National Contingent to Pax Lodge World Centre

Pax Lodge is a WAGGGS (World Association of Girl Guides and Girl Scouts) World Centre in London. Since opening its doors Pax Lodge has welcomed hundreds of thousands of guests, including day visitors from more than 65 countries. The centre has become a gathering place for girls and young women seeking international friendship

and WAGGGS education. As a World Centre, it aims to engage, empower, and support young women so that they can make a difference in their communities.

A national contingent from Irish Girl Guides (IGG) travelled to Pax Lodge over the Easter Break and Ruth Burton of Ardilaun Guides was part of the contingent. Ruth was selected from a large number of guides to represent IGG on this trip. The trip was focused around staying in the World Centre, visiting Guiding UK headquarters and some sightseeing.

The following is a description of the trip from Ruth "On our first day we went to Greenwich Market, went on a boat tour, and looked at London Bridge. The following day we went to Shakespeare's Globe, Chinatown, Leister Square, the Science Museum and went on a Jack the Ripper tour around London. While staying in Pax Lodge we met some of the

other guests who were from the US and they told us about Girl Scouts in America. The volunteers in Pax Lodge were from Australia and Ghana. I really liked Pax Lodge as it was quite homey and was very welcoming."

In the coming months other members of Ardilaun Guides will be taking part in further international trips as part of national contingents. The Guide age range is from 10-14 years. Camping, indoor weekends, outdoor activities and international travel are all part of the Guiding experience for this age bracket.

For further information on Guiding in Macroom and the surrounding areas please contact macroomguides@gmail.com



Ardilaun Guides wearing red for "Show Racism the Red Card" on Friday 22nd March 2024



Ruth Burton of Ardilaun Guides partaking in the National Contingent to Pax Lodge London.



Ruth Burton of Ardilaun Guides partaking in the National Contingent to Pax Lodge London.



National Girl Guide Contingent to Pax Lodge including Ruth Burton of Ardilaun Guides Macroom

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Daffodils Planted By McEgan College

We would like to say a big thanks to Hazel Bourke and Room 22 in Bishop McEgan for planting tulips and daffodil bulbs, they have now started growing more and hopefully will be planted in the next while.

We would also like to say a big well done to the Lee Valley Enterprise Board on Running a very successful St Patrick's Day Parade. It was a delight



Owl Box made by Macroom Men's Shed

to be part of the event. The Cork County Council Anti-Litter Competition is taking place again this year. The First period judging is taking place from May 13th to May 22, Second Period Judging is taking place from May 27th to June 5th, with the Third and Final Period Judging taking place from June 10th to June 19th. During the judging, selected stretches of the main

streets, lane ways and square will be marked. The focus is on litter and the number of pieces of litter found will be counted and marks lost accordingly. On each of the 3 judging periods, one estate will be selected for judging, and the residents in those estates will be notified so that they can ensure that their area are litter free when the judges arrive. Now is the time to start organising Litter Clean Ups in your estate.

Macroom Spring Clean starts this coming Saturday April 6th and continues throughout the Month of April. It will be going from Coolcower Roundabout to Carrigaphooca Roundabout, including all other approach roads, Streets and Lanes. This is an opportunity for you, your friends or family or work group to come out and assist in some way and show your support for Tidy Towns. Children will have to be always accompanied by an adult. Volunteers will be out each weekend in April why not come along and bring a pair of gloves and maybe a litter picker, will be meeting in the square at 9.30 am each Saturday morning.

It has been a busy few weeks for Tidy Towns Volunteers with setting up and Stewarding the St Patricks Day Parade, Litter Picking around Town and planting in St Coleman's Park and the Graveyard and carrying out maintenance on the fairy Garden and Sensory Garden.

Tidy Towns Volunteers meet every Saturday at 9am in our base in Masseytown, we are always open to people joining, so why not come along some Saturday morning and see for yourself the work that is done.

MACROOM FLOWER & GARDEN CLUB

Macroom Flower & Garden Club will host a Floral Demonstration by Malcolm Kitt (AOIFA) entitled "Goodbye Winter Hello Spring" on Thursday April 4th Coolcower House at 8.00p.m. sharp. Club

Competitions and Sales Table. New Members and Visitors most welcome. Deposit for Members Annual Outing June now due. Further enquires 087-9821708.



VOLUNTEERS WANTED PLEASE

My name is Sarah McCarthy, I am a researcher, musician and mum. I am currently studying for a Doctor of Arts degree in Music. My research focuses on the effects of group singing on different aspects of the lives of pregnant women and mothers of babies aged 0-12 months.

As part of my research I will be running FREE singing groups for pregnant women and mother and baby singing groups. I am looking for pregnant women and mothers of babies aged 0-12 months to join the singing groups and take part in this pilot study.

The content of each pregnancy/mother and baby group will differ, however all groups will involve singing as a group and learning new repertoire (songs, rhymes, nursery rhyme, lullabies etc.) to



sing to your baby.

The classes will take place in The Carraig Centre, Ballincollig for 10 weeks starting on the 22nd of

Invitation to Take Part in a Pilot Study



May. If you would like to take part please email: research.sarahmccarthy@gmail.com or scan the QR code.



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MCEGAN COLLEGE



Students Brian Healy, Arooba Kamil, Sophie Harrington & Gavin Creedon are pictured here with Guidance Counsellor Mary B Manning and Bernie Angland, Macroom centre Co-Ordinator at the Cork College of Further Education & Training Macroom Campus.



McEgan College Junior and Senior Cycle teams at the Munster Schools Frisbee Tournament in UL. Elijah Roberts and Arnau Latorre received MVP awards.

Susan Dineen RIP:

It has been a sad time in McEgan as we recently experienced the sad loss of our colleague Susan Dineen RIP to cancer. Susan Dineen began her teaching Career with Cork ETB working with juvenile prisoners on Spike Island. When the prison was closed, she then worked on the Kinsale Road teaching in the Direct Provision Centre. She joined the McEgan College in February 2021 and very soon became a valuable and much-loved member of the staff. She taught Home Economics and LCVP here at McEgan College and touched the lives of many, many students and of course her many colleagues on staff. Her lovely smile was never far away, she had time for everyone and always a kind word. Our hearts are broken but we will never forget her, and her spirit will endure within our school forever. We offer our heartfelt condolences to Susan's husband Diarmuid, children Seán and baby Ella, and extended family. As a mark of respect, the school closed on Wednesday 20th so staff and students could attend the funeral where



they formed a guard of honour for her. Suaimhneas síoraí ar a anam dílis.

Diarmuid Hickey RIP: Our deepest sympathies also go to our colleague Bairbre Hickey whose Husband Diarmuid passed away on Saturday 16th March. Mr.Hickey RIP, Deputy Principal of Coachford College, had been diagnosed with Motor Neuron Disease in 2022. He bravely lived with this fatal disease until the end. We extend our sympathies to Bairbre, their Children and the Hickey Family, also to the Community of Staff & Students at Coachford College for their sad loss. Suaimhneas síoraí ar a anam dílis.

College of Further Education & Training Open Day: Senior cycle students attended the recent open day at the Macroom Centre of Cork College of Further Education & Training. The available courses include Business with Retail, Office Administrator, Health Care Assistant, Nursing Studies, Health Service Administrator. The students had a valuable insight from the Centre Co-Ordinator Bernie Angland of the benefits of beginning 3rd level in the Local Centre in Macroom.

Frisbee Tournament: Great day had by McEgan College Junior and Senior Cycle teams at the Munster Schools Frisbee Tournament in UL on Friday 22nd March. A special mention to Elijah Roberts and Arnau Latorre who received MVP

awards. Well-done all! Thanks to Mr Twohig, Mr Devane and Mr Ryan also!!

Exam Preparation: Our Junior and Senior cycle students are busy preparing for their State exams in June. Many of the 3rd & 6th yr students took the opportunity of a week of supervised study during the first week of the Easter holidays. Many of the senior cycle students also sat an additional pre-exam paper during this week of study. The language oral exams took place over the Easter holidays, students were examined in Gaelige, French, Portuguese, Spanish and Polish orals. Once back to school after the break exam students will be busy preparing for their practical exams in Home Economics, Engineering, Wood Construction and LCVP. We wish all students the very best of luck in upcoming exams.

NFTE Regional Winners: National Federation for teaching Entrepreneurship regional award has been won by McEgan College TY mini-company **Brioscaí Blásta**. The NFTE Programme provides TY students the opportunity to develop essential skills in business including finance, marketing, and manufacturing. Brioscaí Blásta will now represent McEgan College in the National semi-finals of the competition. They are preparing to expand their offerings to include gluten-free and seasonal cookie mixes. Good to these wonderful students.



Photo far left: Seachtain na Gaelige events in McEgan College in recent weeks.

Photo left: McEgan College Junior and Senior Cycle teams at the Munster Schools Frisbee Tournament in UL. Elijah Roberts and Arnau Latorre received MVP awards.

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NB: €25 entry fee will not apply to Walkers or Kiddie Tractors, but all donations are welcome



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SUNDAY
April 7th 2024

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The Abbey Hotel

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ST MARY'S NEWS



St Marys All Ireland Finalist



St Marys Basketball team who are through to an All Ireland playoff

FOOTBALL SUCCESS AT ST MARYS

A team distinguished by their blend of skill, hard work, and unwavering commitment, the St. Mary's Macroom junior football team has had a remarkable year. Initially, their ambition for All-Ireland success heightened as they clinched the South Munster Championship, overpowering the imposing Colaiste Treasa, Kanturk. Their journey continued to the Munster final, where they engaged in a hard-fought battle against Scoil Mhuire & Ide, Newcastle West, emerging victorious in a testament to their unflinching resolve.

With momentum on their side, they advanced to the All-Ireland semi-final, where they clashed with the formidable Ulster champions from Cavan, Colaiste Dun an Ri, emerging triumphant after an intense battle. However, their quest for national glory was halted in the All-Ireland Junior final at the University of Limerick, as the Connaught champions from Ballinrobe, Co. Mayo proved to be formidable opponents.

Despite the heartbreak of falling short in the final hurdle, the St. Mary's team showcased exemplary sportsmanship and resilience throughout the season. Supported throughout the year by their main sponsor, Glenview Motors, captain Maisie Murphy and her teammates deserve

commendation for their outstanding performances and unwavering dedication, making the school community proud. We would also like to extend our heartfelt thanks to ASM Auto Sales Macroom Ltd. for supporting our fundraiser and we acknowledge the huge effort made by our students to fundraise. The journey may have ended in disappointment, but their achievements will be remembered as a testament to the spirit of St. Mary's Macroom. Huge thanks also our very committed coaches, Sean O Cuill, Niall O Connor, William Ronan, Shane Galvin and John Burns.

BEST DOCUMENTARY AWARD FOR OUR YOUNG FILM MAKER

Congratulations to our very talented leaving cert student Nora Twomey who won Best Documentary at First Cut Youth Film Festival in Youghal, Co. Cork on Saturday 9th of March for her short documentary (14 minutes) called 'Devil May Care'. This was a documentary about her Great Grandmother and her covert activities for the Anti Treaty side during the Civil War between 1922 & 1924. Nora has also qualified from the Munster Regional final for the prestigious All Ireland Fresh Young Filmmakers competition with her documentary. This will take place on 18th April. Best of luck Nora.

FUNDRAISING Thank you to our 5th year students

who helped to fundraise for Daffodil Day 2024! They were delighted to help raise funds for the Irish Cancer Society.

BASKETBALL

An exhilarating Regional Final for our 2nd years, but they've come away with the title. They are Cork Regional Champions. St Brogan's worked the girls harder than they ever have, but they also played the best game of basketball they have all season. Final score 32-31 St Mary's. Well done girls we are so proud of you. Thanks so much to Paul, Mr O Connell and Ms Hickey for all of their dedication to Basketball in St Mary's. The girls will be travelling to Carlow on the 23rd of April to play in an All-Ireland Playoff against three other teams from around the country. Wishing them the very best of luck.

EASTER BAKEOFF

A huge well done to the girls who took part in the Easter Bake Off before the Easter holidays. There was a very high standard of baking and exceptional talent on show. The girls put in a fantastic effort. It was a tough decision for the judges: in third place was Emily Cronin (TY), in second place Sarah Neville (2nd year) and in 1st place Aine O Leary (1st year). Congratulations girls and thanks to Ms Martin for organising this event for the girls to enjoy!



St Marys 5th year students fundraise for the Irish Cancer Society



Thanks to ASM Ltd for supporting the fundraiser for our Junior Footballers I - r Mr McLaughlin (Principal), Maisie Murphy (Captain of our Junior Football Team) and Boguslaw Wachowski



St Marys Finalists of the Easter Bakeoff with Home Economics Teacher Ms Martin



Best Documentary award at Fresh Film Festival 2024 - Nora Twomey from St MarysCork Regional Final

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Táimid ag fágáil slán le Máistir Ó Ceallacháin agus Iníon Ní Loingsigh a bhí ar shocrúchán scoile linn mar chuid de Mháistir Gairmiúil san Oideachas in Ollscoil na Gaillimhe. Go raibh míle maith agaibh as ucht bhur gcabhair. Ádh mór don todhchaí!

WHEELCHAIR BASKETBALL4ALL

Le Klaudia Saj agus Sara de Grant

Ar an Déardaoin 14ú Márta, chumar go dtí an Mardyke Arena i gColáiste na hOllscoile Chorcaí chun cispheil cathaoireacha rothaí a imirt. D'imríomar i gcoinne trí scoil. Bhuamar an chéad chluiche ach faraor chailleamar an dá cheann eile. Bhaineamar an-taitneamh as agus bhí sé mar dheis iontach dúinn triail a bhaint as cispheil cathaoireacha rothaí. Mholfaimis é do gach éinne é a thriail. Míle buíochas as daltaí SSPE in UCC & IWA a bhí i mbun eagrúcháin ar an sár imeacht seo! Ba mhaith linn ár mbuíochas a ghabháil le hIníon Ní Larlaite agus Rosie a thaistil linn.

GUS, AN RIDIRE BEAG BÍDEACH

D'fhéachamar, Rang 1B, ar an gcartún 'Gus, an Ridire Beag Bideach' sa rang Gaolúinne i rith na seachtaine. Prionsa, isea príomhcharachtar na sraithe agus é ina laoch. Buaileann Gus le carachtair éagsúla ina mbíonn comórtais eatarthu sa tsraith. Is é Donnchadh Ó Duinnín, dalta ónár rang féinig a thug a ghuth don phríomhcharachtar. Dhein sé jab den chéad scoth leis an aisteoireacht agus ba dheas é ár gcanúint áitiúil a chloisteáil i gcartún. Tá na físeáin ar fáil ar Cúla 4. Maith thú a Dhonnchadh.

CUAIRT Ó CHONCHUBHAR Ó LUASA

Bhí an t-adh dearg linn gur thug Conchubhar Ó Luasa, iar-dhalta na scoile, cuairt ar an rang amhránaíochta, Aisling Geal, i gColáiste Ghobnatan ag deireadh Mhí Feabhra. Deis iontach dos na déagóirí a bhí ann, bualadh leis an laoch amhránaíochta áitiúil a bhfuil Corn Uí Riada buaite aige. Bhí seans acu amhrán a fhoghlaim uaidh, ceisteanna a chur air agus éisteacht lena smaointe & a thuairimí faoin amhránaíocht ar an sean-nós. D'éist sé leo go léir agus thug sé moladh mór dóibh. Ócáid thar a bheith taitneamhach agus tairbheach a bhí ann. Míle buíochas a Chonchubhair, agus le Máire Ní Chéilleachair, as an eagrúcháin, mar aon

leis an Scéim Aisling Geal a thugann an deis do dhaltaí na scoile amhráin a fhoghlaim.

COMHAIRLE NA NDALTAÍ

le hAoife Ní Mhurchú

D'eagraigh Comhairle na nDaltaí 'Lá Dearg' chun airgead a bhailiú don charthanacht 'An Cros Dearg'. Chaith gach dalta éadaí dearga ar scoil agus bailíodh €165 ar an iomlán don charthanacht.

Anuas air sin, d'eagraigh Comhairle na nDaltaí 'Lá Gníomhaíochta' chun ardú meanman a thabhairt do mhuintir na scoile roimh shaoire na Cásca. Eagraíodh 'cic fada', 'poc fada', 'cic pionóis' agus 'rás na dtrí gcos'. Fuair na buaiteoirí uibheacha cáscá agus bhain muintir na scoile idir thaitneamh agus tairbhe as.

CLÁR NA GCOMHLACHTAÍ - AN CRAOBH RÉIGIÚNACH

Bhí an chraobh réigiúnach de Chlár na gComhlachtaí ar siúl in Ostán Ghobnatan le déanaí. Thaispeáin daltaí a gcuid táirgí agus labhair siad le moltóirí ar maidin. Bhí ar gach grúpa cur i láthair a dhéanamh um thráthnóna. Ghlac 6 grúpa ó Choláiste Ghobnatan páirt ann. Bhain na daltaí an-taitneamh as an taispeántas seo agus bhí deis acu a gcuid scileanna fiontraíochta a chur in iúl. Bhuaigh 'Nasccha go Deo' an Gradam Airgeadais & Fiontraíochta agus tá 'Crochta le Camán' ag dul ar aghaidh chuig Craobh na hÉireann i nGaillimh. Dhein Nuacht TG4 agus Radió na Gaeltachta taifead ar an lá. Ba mhaith linn ár mbuíochas a ghabháil le hIníon Ní Chéilleachair atá mar mheantóir acu. Guímid gach rath ar Sara de Grant, Róisín Ní Thuama agus Daisy-Ann Herterich sa chraobh!

HAMLET

D'fhreastail Rang Ardleibhéal Béarla na hArdteiste ar Hamlet in Amharclann an Everyman roimh shaoire na Cásca. Míle buíochas le Bean Uí Argáin agus Bean Uí Ambrós as an turas a eagrú.

SIÚLÓID OIHDREACHTA

D'eagraigh Máistir Ó Ceallacháin agus Iníon Ní Loingsigh turas oidhreachta do dhaltaí na chéad bhliana. Buíochas le Eibhlín Ní Lionáird a bhí linn chun stair Naomh Ghobnait a roinnt linn agus le Folláin a dhein urraíocht ar na sólaistí i Siopa Uí Luasa.

BLITZCHOMÓRTAS PEILE

Ghlac na buachaillí ón gcéad bhliain páirt i mBlitzchomórtas Peile. Bhí sé ar siúl i bPáirc Uí Chaoimh. Míle buíochas le Máistir Ó Céilleachair agus Máistir Ó Ceallacháin a thaistil leo.

SCRÚDUITHE

Faoi láthair tá daltaí ón tríú agus ón séú bhliain ag obair go dian chun ullmhú dos na scrúduithe. Le linn saoire na Cásca, dhein daltaí na hArdteiste na scrúduithe béil. Gabhaimid ár mbuíochas leis na múinteoirí a bhí ag cabhrú leo, go háirithe Iníon Ní Bhriain, Iníon de Staic, Iníon Ní Chollata, Bean Uí Thuama, Máistir Ó Duinnín agus Iníon Ní Chéilleachair.

FOCLÓIR

- sraith – series
- canúint – dialect
- laoch – hero
- tairbheach – rewarding
- meanman – morale
- táirgí – products

ÁR MEÁIN SHÓISIALTA

Leanaigí ár gcuntais le haghaidh an nuacht is déanaí!

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TikTok: @colaiste_ghobnatan



Coláiste Ghobnatan; Donnchadh Ó Duinnín - he is the voice of Gus, the Little Knight - by Liadh Ní Riada



Coláiste Ghobnatan; Conchubhar Ó Luasa with students as part of a visit through Aisling Geal



Coláiste Ghobnatan; Emma Ní Chróinín, Klaudia Saj, Sarah Ní Thuama and Eirinn Ní Luanaigh who won the Finance & Entrepreneurship

Muskerry Lecture on Liam Lynch

Muskerry Local History Society is organising a lecture on Liam Lynch and his fight for an Irish Republic by Gerry White. Liam Lynch was a commandant during the War of Independence

and led the anti-Treaty IRA during the Civil War. The lecture will be held on Monday, 8 April, at 8.00 pm in Ballincollig Rugby Club.

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St. Patricks Day fun

Parade Images by Piotr Wozniak



Green Day at Tirelton National School celebrating St. Patrick's Day

SEED SWAP DAY - A NEW EVENT IN MACROOM

Hi! Chris Barrett back here with you speaking again with Lorraine the librarian in Macroom.

It has been a while since I spoke to Lorraine regarding the 'Home Energy kit' (available for lending from local libraries) and I was reminded also of how many events are run here.

The Book Club meets on the First Wednesday at 11.30 am. The Bridge Club meets on the 2nd Wednesday of the month at 10am.

The Purlies Knitting Group meets the first and third Thursday of the month at 11am. Ciorcal Cainte meets the last Thursday at 11.30am.

On the First Friday of the month the Creative Writing Group meets at 11am.

On the 2nd Friday of the month there is Music Morning at 11am which is a well attended social morning of music and chat. There is a Children's Story Time on Saturday at 11.30 am. Adult Chess Club meet on the last Saturday of the month at 2pm.

Other events are programmed through out the year to mark different seasons. The Library also offers access to planning regulations and General Reference Material. There is no longer a charge



to join the library and there are no fines on late returns. The latest idea being brought to life in Macroom Library is a completely new initiative.

SEED SWAP DAY 1-4pm - Saturday 20th April

That day people will be able to take advantage of the library space for seed swap for 3 hours where anyone can bring in their home-produced seeds in envelopes to swap with others.

These seeds should be clearly labelled, as to the type of seed and when they were collected and

where.

Any information regarding planting of the seeds and care they would need as seedlings and later would be very helpful.

Small seedlings in pots can be included, but you are reminded that the Library is merely hosting the event and can't be in any way responsible for the seeds/plants once they leave the premises...no "Jack and the Beanstalk" type situations!

Any individuals that have knowledge of seed saving or planting are most welcome along with the happy amateurs, their advice would be most welcome.

This event is Free, any enquiries contact Macroom Library at 026/42483. No booking needed.

The Seed Swap Day and other Library facilities make libraries socially accessible to all by their promotion of Civic Life.

I am very grateful to Lorraine and her colleagues for their help in facilitating this wonderful event and putting together this article.

If you or anyone you know would like to contribute an environmental article to this publication, please contact me.

Paws for A Cause Campaign to Support D.A.W.G

Between April 15th and 18th, Optimal Chiropractic in Ballincollig will offer consultations for just €40, a significant reduction from the usual €85. Every euro collected will go directly to Dogs Action Welfare Group (D.A.W.G.)

With this campaign they hope to shed light on the severity of the animal welfare crisis, with many dogs facing abandonment or neglect while providing tangible support to D.A.W.G.'s efforts.

D.A.W.G., driven primarily by a network of dedicated volunteers, is committed to rescuing, rehabilitating, and rehoming abandoned, abused, and neglected dogs in Cork.

Each year, D.A.W.G. faces mounting pressure as they strive to accommodate the growing number of dogs in need of rescue. Veterinary expenses, a significant financial burden, are a constant concern.

Reasons for the animal crisis vary, from pets acquired during lockdown now deemed inconvenient to

individuals underestimating the responsibilities and costs of pet ownership. While puppies often garner preference, countless older dogs yearn for a loving home. It's a plea worth considering.

Participating in the "Paws for A Cause" campaign not only offers individuals the opportunity to address their health concerns but also champions the welfare of shelter dogs in need.

This initiative is particularly beneficial for those grappling with back pain, neck pain, headaches, and other ailments that have proven resistant to conventional remedies.

These consultations encompass a comprehensive assessment including full history taking, scans, and a report of findings aimed at identifying the root cause of discomfort.

Over the years, Optimal Chiropractic have helped thousands in Cork to reclaim their pain-free lifestyles and pursue the activities they love.



Dr. Jessica Crosbie & Dr. Ben Martin of Optimal Chiropractic with Cathriona O'Leary & Katie, The Lurcher, from D.A.W.G.

HOW TO GET INVOLVED?

To book your consultation, simply call Optimal Chiropractic on 021 4878465.

They will facilitate your appointment and request the €40 donation over the phone, directly benefiting the charity.

Additionally, those interested in volunteering or fostering with D.A.W.G. can find more information at www.dogactionwelfaregroup.ie

PAWS FOR A CAUSE

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Find the root cause of your pain while helping dogs in need.

Between the 15th and 18th April

For just €40 (normally €85), receive a comprehensive chiropractic consultation including patient history & scans to help find the root cause of your pain.

Suitable for those with back pain, neck pain, sciatica or headaches.

All proceeds go directly to supporting D.A.W.G.



Aisling Martin from Macroom with Katie, one of D.A.W.G.'s rescue dogs. You can read all about Katie's rescue story at www.optimalchiro.ie/category/blog



TO BOOK call Optimal Chiropractic: 021 487 8465

(Please note, to secure an appointment the charity donation of €40 will be taken at time of booking)

OPTIMAL CHIROPRACTIC, STATION RD., BALLINCOLLIG



AGINAGH COMHALTAS INVOLVED IN A WORLD RECORD

Ar an Aoine, 15ú Márta, socraíodh taifead nua sa Guinness Leabhar taifead don banna ceili is mó riamh, 384 ceoltóirí ag seinm le chéile. Tháinig ceoltóirí ó gach cúinne dÉirinn, ó Aghinagh Comhaltas san áireamh. Bhuaidh siad ar an taifead a bhí ann roimhe seo le beagnach 100 níos mó daoine, taifead a bhí ag an Albain. Tharla an ócáid i bPáirc an Chrócaigh i gcomhar le RTE's Late Late Show. Bhí na ceoltóirí traidisiúnta suite i ngrúpaí i sheastán Cusack, uirlisí éagsúla le chéile, boscaí ceoil, fiddles, bainseo, cláirseach, etc agus sheinn said cúig ríl éagsúla thar thréimhse 6 nóiméad. Thaistil and grúpa áitiúil ó Aghinagh ar mionbhus go Páirc an Chrócaigh i rith an tráthnóna, agus glac said páirt i roinnt cleachtaí. Tharla an iarriacht cun an taifead a bhuachaint ar a deich a chlog agus bhí turas déanach ag na ceoltóirí rathúal ag filleadh abhaile.

On Friday March 15th, a new Guinness Book of Records was set for the largest ever Ceili Band performance, with 384 musicians playing together. Musicians came from every corner of Ireland including a group from Aghinagh Comhaltas. They beat the previous record held by Scotland by



On Friday March 15th, a new Guinness Book of Records was set for the largest ever Ceili Band. Musicians came from every corner of Ireland including a group from Aghinagh Comhaltas.

almost 100. The event took place in Croke Park in association with RTE's Late Late Show. Groups of traditional musicians were seated in the Cusack Stand, grouped by their instruments such as accordions, fiddles, banjos, harps etc and played 5 different reels over a six minute period. The local

Aghinagh group travelled by mini-bus to Croke Park during the afternoon, and took part in several rehearsals. The record-breaking attempt which took place at 10.00 pm and it was late return for the successful musicians.

LOCAL STUDENTS QUALIFY TO REPRESENT MUNSTER IN THE ALL-IRELAND FOR IRISH SPEAKING STUDENT ENTREPRENEURS

March 20th 2024

Crochta Le Camán from Coláiste Ghobnatan, Baile Bhuirne, Eres Competitivo and Glan go Glas from Pobalscoil Chorca Dhuibhe will go forward to represent Munster at this year's Údarás na Gaeltachta - Clár na gComhlachtaí national final to be held in Furbo, Co. Galway in April.

Crochta Le Camán comprised of Daisy-Ann Herterich, Sara de Grant and Róisín Ní Thuama. The company creates coat hangers from old/broken hurleys. Their mission statement is 'broken in a game, hung up in your home'

The judging panel comprising Cathal O Conaill from Údarás na Gaeltachta and Cristina Ní Mhóráin, were very impressed with the performance of all the students and commended each team for their efforts. Those nominated to represent the region in the national final were deemed to have products at a more advanced level and some exciting plans to continue to build their businesses.

More than 500 Transition Year students from Gaeltacht regions in Cork, Galway, Donegal, Kerry, Mayo, Meath and Waterford, had the opportunity to start their own businesses this year when



Students, Daisy-Ann Herterich, Sara de Grant and Róisín Ní Thuama being presented with their award by Dónal O'Liatháin, Regional Manager, Údarás na Gaeltachta. Pic. Peter Scanlan

participating in Clár na gComhlachtaí. Clár na gComhlachtaí is developed and delivered as a partnership between Údarás na Gaeltachta and Junior Achievement Ireland (JAI). Students create, operate, and manage their own business as they move from the idea generation stage, to finance, production, marketing, sales right through to going to market. Údarás team members in the region encourage and support the schools' efforts

to shape these unique learning opportunities for students.

Speaking on behalf of Junior Achievement Ireland, Niamh Grealish, Area Manager in the West said: "We are delighted to partner with Údarás on this programme to promote entrepreneurial skills among second level students in the region. We are grateful to all the teachers and school leaders for their support – these learning opportunities would not happen without them. I would also like to congratulate all the students for starting their own businesses and being brave enough to enter the competition. Each of the teams today was a credit to their families and their schools".

Europe-wide research shows students who participate in entrepreneurial education activities such as Clár na gComhlachtaí are more likely to start their own business, are at lower risk of being unemployed, and are more often in steady employment into adulthood. Participating in Clár na gComhlachtaí aids in the development of creativity, initiative, financial literacy, teamwork, communication skills, understanding of risk and a sense of responsibility.



Children from Tirelton National School took part in swimming lessons at Dunmanway Swimming Pool



Gold in the green at Kilmichael Pitch and Putt. Pic John Kelleher.

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BALLYVONGANE NS

Let's take a look back at some of the activities that have taken place in Ballyvongane N.S. since returning to school after the Christmas break.

Confirmation: The 5th & 6th Class children from Rusheen N.S., Ballyvongane N.S. and Ballinagree N.S. were confirmed by Bishop William Crea in a beautiful ceremony in Saint John the Baptist Church, Ballinagree on 7th February.

Digital Learning: This term we have continued working with the PDST Digital Learning team to learn and explore different ways in which we can incorporate technology into other subject areas. We have recently been working on English and History projects using some of these tools.

Pancake Tuesday: The children got the opportunity to put some of their maths skills into good use as they weighed out and measured the ingredients needed to make pancakes. They also did some procedural writing on 'How to Make Pancakes' before tucking in to eat!

St. Brigid's Day: The children in 1st & 2nd Class treated us to a wonderful drama 'St. Brigid's Cloak'. The children also took an active role in the Ash Wednesday and 1st Friday Mass. They sang beautifully and did the readings and prayers of the

faithful.

Volleyball: The children in the Senior Room travelled to Coachford to participate in a volleyball tournament. Great fun and sport was had on the day.

Literacy: Lots of new graded readers were bought recently to further increase our supply of reading material in the Junior Room. This term the children in the Senior Room have enjoyed peer reading with the children in the Junior classes. The children also get an opportunity to share some of their recent writing. The older children have been offering feedback to the children using the assessment tool, '2 stars & a wish'.

6th Class Hoodies: The boys were delighted to receive their beautiful hoodies from Moira in Gemwear Embroidery. The boys picked the colour and design for the front and back themselves. I think you will agree that they look very smart in them!

String Quartet: We were delighted to welcome 'The Chocolate Swapper String Quartet' to school. The group is made up of children aged 11-13 yrs. They played three pieces for us. They also showed and told us all about their instruments.

First Confession: On 19th March the children in 1st & 2nd Class received the Sacrament of First Penance. On the night they received certificates of enrolment and a lovely gift of a bible with an inscription side. Everyone enjoyed a cuppa and some cake back in school afterwards. We look forward to the First Holy Communion on May 25th at 11am.

Seachtain na Gaeilge: Lots of different events were planned to celebrate seachtain na Gaeilge. The children learned about St. Patrick, our Irish Heritage & the history of the GAA. We explored and listened to traditional Irish instruments. We had the opportunity to hear the concertina played in school. We learned 'The Haka' and 'An Dreoilín' as gaeilge. We had a tráth na gceist as gaeilge. The children in the Senior room treated us to a wonderful performance of 'Seán agus an Gas Pónaire'.

World Down Syndrome Day: On Thursday 21st March we celebrated World Down Syndrome Day by participating in the 'Lots of Socks' Campaign. On the day the children wore brightly coloured socks and made a voluntary donation to Down Syndrome Ireland.



DROMLEIGH NS

Dromleigh NS would like to thank our Parents Association for organising a most enjoyable Easter Fun Day on March 22nd. Pupils, parents and the wider community had a lovely morning at our annual coffee morning, cake sale and raffle. Follow us on Facebook 'Dromleigh N.S Kilmichael' or online www.dromleighns.ie



Fifth class pupils from Dromleigh N.S. all ready for their Easter Bake Sale.

KILMURRY NS



Kilbarry NS pupils with volunteers and ambassador dog Cooper during a visit to the school from the Irish Guide Dogs.



Kilbarry NS senior pupils at the Lifetime Lab for a science workshop.

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COACHFORD UPDATES

Uproar and utter bedlam at local Hospital

Coachford Players production of Carole Tricker's hilarious comedy 'Hospital Affairs' takes place from Saturday, April 13th to Tuesday, April 16th at the Coachford GAA Hall at 8pm each night. The play features:

- An empty hospital ward
- A dodgy granny and her grandson
- A hospital porter on the make
- A crazy cleaner with very basic English
- A few patients who are not that sick
- A nurse with an eye for a doctor
- A doctor with an eye for all the nurses
- A hospital manger with the hots for the doctor
- And a chairperson of the HSE
- What could go wrong!!!!

Admission is only €12 with concessions for pensioners. Tickets are available at the door.

Table Quiz

Brian Dineen is heading to Uganda to help out with some Nurture Africa projects. He is fundraising to help with his trip and to assist the Africa charity with their work on the ground.

A table Quiz in aid of Brian's trip to Uganda will take place in Paddy Mac's Bar on Friday, April 5th at 8.30pm. The general Knowledge quiz will have a wide range of questions to suit everyone. Tables of 4 are only €20 and there are some great prizes.

Footpath extension needed

It's great to see that the new GP surgery in Coachford is now operating at its new premises, however its forced relocation from the village centre to the eastern end of the village means that anyone who needs to walk to the surgery is walking on an unprotected road without a footpath for over

200 meters and without a pedestrian crossing in an extremely busy and fast section of the road.

This section of our expanding village is another area that needs urgent action before someone gets hurt.

When Cork County Council was asked to look at extending the footpath they claimed that they had insufficient funding and this safety measure was not a priority for them.

Over 70 homes planned for Coachford village

Two planning applications have been lodged for two housing schemes for the centre of coachford Village. Cork County Council are looking to fast track 26 homes at a site on the Mallow Rd. The council owned site just north of the village has remained empty for over 20 years. The development apparently does not require an Environmental Impact Assessment which is puzzling considering the amount of flooding that Coachford suffers each year and this development will surely add to this issue. The new housing estate, if approved, will consist of 10 two bedroom houses, 10 one bedroom apartments and 6 three bedroom houses. According to Cork County Council a footpath to the village is also going to be installed but where that footpath is going to end remains unclear and if it will involve installing a pedestrian crossing to link it to the other footpaths and services is unknown.

TFT Construction have resubmitted a revised planning application for 46 homes of various sizes at their site opposite the Garda Station. The site is of major ecological value and is a vital element in slowing down the flow of water to the village from the surrounding hills so whatever development is approved for here will need to be considerate of all

these issues.

Good Friday Village Clean Up

Well done to all the volunteers and Coachford Tidy Towns who took part in the An Taisce Spring Clean on Good Friday. Bags and Bags of rubbish were collected by people who got out and cleaned up all around their own areas and dropped the overflowing bags to the Coachford Post Office where they will be collected by Cork County Council. The recycling bins were also given a through clean and are now spick and span.

Soccer Club looking to score with golf balls

Coachford AFC have launched the details of their Golf Classic in May. This major event for the club is being organised to raise funds towards developing an all-weather training and playing area at their grounds at The Glebe, Coachford. This is a major new development for the club and the wider community.

This new facility will mean the club can expand the training and playing facilities and their 12 teams can train in all weathers and the young boys and girls teams can play matches there. Coachford AFC want to build on the massive success they have enjoyed on the field of play over the last few years. The club's Golf Classic takes place at the Lee Valley Golf and Country Club on Thursday May 16th. To enter a team of 3 costs just €150. There are also sponsorship opportunities available for companies and businesses to be part of this occasion.

You can contact Sandra on 087 218 5376 or Dympna on 087 908 9134 for details on any of the above and to book your Tee Time



Caroline O'Sullivan, Irene Kavanagh, Peter Dineen, Katie Ni Mhurchú and Jim Bergin at rehearsals for Coachford Players upcoming production of 'Hospital Affairs'.



Martha and John McCaffery washing the recycling bins as part of the Coachford Good Friday Spring Clean



Coachford Tidy Town's Volunteers, Tanya, Liz and Ben with the huge pile of rubbish collected around the Coachford area on Good Friday as part of the An Taisce Spring Clean.



Young volunteers cleaning up the river bank in Coachford as part of the Coachford Tidy Town's Good Friday, An Taisce Spring Clean



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CLONDROHID NEWS



Clondrohid u 18 s who defeated Canovee recently



Clondrohid u 14 who were recently defeated by Canovee

LENTEN STATION: Clondrohid Station Areas, Mass in Clondrohid church on this Friday April 5 at 8pm

CLOYNE DIOCESAN PILGRIMAGE TO KNOCK: Sunday May 12, booking with Noel Lynch 086 2202452 or Michael Dineen 087 6434910

EUCCHARISTIC MINISTERS: There are vacancies for Eucharistic Ministers. Please contact Fr. Jim if you are interested.

CLONDROHID PARISH ACTIVE RETIRED: The annual Scoraiocht in conjunction with the Bealtine Festival will once again be held in Community Hall on Wednesday May 15 at 8pm. A great night assured with music, song and storytelling and refreshments. This is open to non members. Anyone who would like to perform on the night will be most welcome. Give your name to Maria at Post Office or to Mary 0872036947, or Breda 0868831206.

CLONDROHID DEFIBRILLATOR GROUP: They are holding an evening on 'An Introduction on how to use a Defibrillator' in the Community Hall on Tues April 9 at 7.30pm sharp. This information could help you to save a life, please attend.

CLONDROHID STARS IN THEIR EYES KARAOKE FUN NIGHT: This entertaining night will be held in the Tavern on this Sat night April 6 at 8.30pm. Be your favourite Artist or Group for one(1) night. Special prize for Best Dressed. Come along and join in the fun.

CART WEEKLY TRIP TO MACROOM ON TUESDAYS: Departing Carriganima at 10am via Clondrohid, returning at 1pm. For more info contact cartcarriganima@gmail.com

CARRIGANIMA WALKING/RUNNING GROUP: Every Monday and Thursday nights at 7pm. Meeting point Pike Cross Carriganima.

LOTTO: Results for Mar 27. Jackpot €2,000 €70 Anthony Murphy Masseytown

€20 Gerphaisti Nollaig | Scannailh Sliabh Riabhach Robbie Neville Cackanode, Con O'Keeffe Lissarda, John McSweeney Cork St. Macroom

GAA NEWS: Clondrohid U18s were away last Sunday against Canovee in the league.

Weather conditions weren't ideal for both teams but a good competitive game was had.

Clondrohid were without a number of players on the day .

They got off to a good start putting scores on the board and settled well.

Canovee grew into the game and by half time led by a single point on a scoreline of

Clondrohid 1- 7 Canovee. 2- 5

Second half resumed with both teams contesting well in a good sporting game.

As the half wore on Clondrohid got on top and ran out deserved winners on the day on a scoreline of Clondrohid 3- 14

Canovee. 3 - 08 Thanks to the parents for their support.

Rebel Og u16 East division 3 league .

Clondrohid played their second league game against Canovee at home recently in terrible weather conditions, playing with the wind in the first half they conceded 2 goals in the first 5 minutes but Clondrohid recovered from this setback to go in at half time to lead by one point .Playing against the wind in the second half the players upped their work rate and scored some tremendous points and added 2 further goals to run out worthy winners on a scoreline of Clondrohid 4.9 to Canovee 3.3 .Thanks to Canovee for a good sporting game and to all the parents for their usual support

Rebel Og west U14 Div 2 League Clondrohid vs Canovee

The Clondrohid and Canovee U14 teams played this league game on Sunday morning March 17 at

Carrigadrohid. Clondrohid had the aid of the win in the first half and lead 2-7 to 2-1 at HT. Canovee fought back in the second half, with the game level and 4 minutes remaining Canovee added a goal and a point to win by 4 points.

It was very sporting and entertaining game, well done to both teams. Full Time Clondrohid 3-08pts Canovee 5-6pts

Thanks to our supporters for all their encouragement throughout the game.

Rebel Og West U14 Div 2 League Clondrohid vs Aghabullogue on Saturday Mar 30 in Clondrohid.

Aghabullogue had the aid of the wind in the first half but it was Clondrohid who started better and played some great football scoring 3 goals in the first 10 minutes. Aghabullogue fought back to score 2 goals of their own to put 4 points between the teams at HT Clondrohid 4-2 Aghabullogue 2-4. The second half was very even with both teams giving it everything they had. Clondrohid finished stronger with Jamie McCarthy getting his 4th goal from the penalty spot to put 6 points between the teams, 2 more points followed to see Clondrohid win the game.

It was a very sporting and entertaining game, well done to both teams. Full Time Clondrohid 7-05pts Aghabullogue 4-6pts

Thanks to the home supporters for their support throughout the game.

Clondrohid Team - Rory O'Shea, Darragh O'Shea, Cormac Healy, Fionn Desmond, Simon McCarthy, Cathal Lyons, David O'Leary, Ciaran Coleman, Darragh Manning, Mathew Kelleher (0-3), Cal O'Driscoll (1-0), Jamie McCarthy (4-0), Jayden Ring, Ross O'Brien(2-1), David Kelleher, Mathew Dunton (0-1), Kevin Hennigan, John Casey.



Well done to Gaeltacht's Ross O'Brien U14, Eoghan Kelly U12, Lily Scannell U12 & to North Cork's Chloe Hubbard U14 & Jayden Crowley U12 who represented Cork in the All Ireland Youth bowling in Newcastle, Dublin recently



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CROOKSTOWN MAN TO REPRESENT MUSKERRY REGION AT MR. PERSONALITY FESTIVALS

Tomás Kenneally will represent Muskerry at the 17th Annual Mr. Personality Festival which is being organised by Kilkenny County Macra na Feirme. The festival will take place over the weekend of the 5th and 6th of April at The Talbot Hotel, Clonmel. The festival has been kindly sponsored by Kilkenny, Carlow and District Farm Relief Services. Tomás is 27 years old. He is an active member of Aghinagh Macra na Feirme and has listed the 'Do It Again Debs' as one of his most memorable Macra moments. His hobbies and interests include music, sport, travel & farming. He is a man of many talents! Tomás believes he will make a good representative for Muskerry because his time in Macra has transformed him as a person. It has made him both more confident and outgoing.

He has a jam-packed weekend ahead of him! The contestants will arrive at The Talbot Hotel at 2pm on the 5th April and will be heading out for their first group activity of the weekend. On their arrival back to the hotel, the on-stage interviews will kick off at 7:30pm. The on-stage interviews will be conducted by our MC, Miss Michelle Heffernan from Beat 102-103. This will be followed by music from the much-anticipated A-Bros band and DJ till late.

Tomás will have an early start on Saturday



Tomás Kenneally will represent Muskerry at the 17th Annual Mr. Personality Festival which is being organised by Kilkenny County Macra na Feirme.

morning with contestant private interviews with our judges. Once the interview is finished, Tomás will be heading for some jiving lessons with Niall Doorhy; anyone interested is welcome to attend. After lunch, the contestant challenges will take place which will see Tomás be put through his paces!

On Saturday evening, Tomás will be donning his suit and meeting with Kilkenny, Carlow and District Farm Relief Services and have their official photos taken. This is followed by the banquet, starting at 6:30pm. This year, the Mr Personality committee have a very special guest making an appearance for the banquet- so make sure you get your seat early as it's a surprise you really don't want to miss out on!! The Loose Canons will be playing hit after hit, until Mr Personality 2024 is announced at 12 midnight. The DJ will be continuing the celebrations till the early morning. Kilkenny County Macra na Feirme ensures that there will be no shortage of Macra activity during the weekend in Clonmel, as we will see the return of the Hurling and Camogie competition this year. Tickets for the banquet/ restaurant can be booked by contacting Laura or Michael in The Talbot Hotel on (052) 6188700. Full details are available on the Mr Personality Festival socials, so keep an eye on what is shared to keep up to date with what is happening in the lead up to the festival. Further information is available by contacting Christine O'Neill on (087) 3128562 or Aoife Power on (087) 7535154. Follow Mr Personality Festival on Facebook, Instagram, Snapchat and Twitter.

KILMURRY NS

What a busy month March has been in Kilmurry NS!

Our autism classes got the opportunity to visit a Conhor Construction lorry. The children made sure to have a good look around the lorry, and of course they couldn't miss the chance to sit in the driver seat and admire the views from on high.

The school celebrated World Book Day, with lots of book related activities in the classrooms, and everyone dressing up as favourite characters. We had everyone from Harry Potter to Red Riding Hood to Dog Man in school with us that day.

Spring has sprung in our school garden. Before Christmas one thousand spring bulbs were planted by the children. We were delighted to see some beautiful flowers such as daffodils and primroses appearing and brightening up our garden.

The 2nd class children in Kilmurry NS and Canovee NS came together to make their First Confession. They all put in a huge amount of work and preparation for the night, and it was a really lovely ceremony.

A huge thank you to our Parents Association for

applying for and securing a grant for our school resources. As part of the application the Parents Association took applications from 5th class for PALS leaders. Once the leaders were chosen, they were trained by the Parents Association on how to run the PALS programme. The leaders organised and ran lunch time activities for 1st and 2nd class. The leaders were very confident throughout the sessions and the 1st and 2nd class really enjoyed them!

We are delighted to have the grant for our resources and very grateful to have run the PALS programme in our school too!

Our Student Council & Green Schools Committee were treated to tea and biscuits with Príomhoide Trish in the staffroom. They were congratulated on their hard work and achievements so far this year, and they discussed their plans for the final term. A nice perk of the job!

The children started gymnastics lessons with Katie. They have completed two lessons so far and are enjoying working on their balance, strength and flexibility.

Our hurlers had their first two Sciath na Scol

matches against Clondrohid and Dunmanway. They played very well in both matches but unfortunately the results didn't go our way.

Well done to our rang a cúig pupil who represented our school so well in the Eason's Spelling Bee County Final. He did himself and our school proud!

Bhí an-spraoi againn ag ceiliúradh Seachtain na Gaeilge. Rinneamar go léir iarracht níos mó Gaeilge a úsáid i rith an lae. Bhí craic agus ceol againn ag an gcéilí amuigh sa chló ar an lá deireanach. Bhaineamar go léir an-taitneamh as!

A date for your diaries - Sunday 14th April. We are hosting a Tractor, Vintage Vehicle & Lorry run. Assembling at Kilmurry GAA at 12.30pm. Entry is €20. There will be family fun activities and refreshments. All money raised will go towards purchasing IT resources (ipads and laptops) for use across the school, and updating resources in our autism classes. Your support would be greatly appreciated.

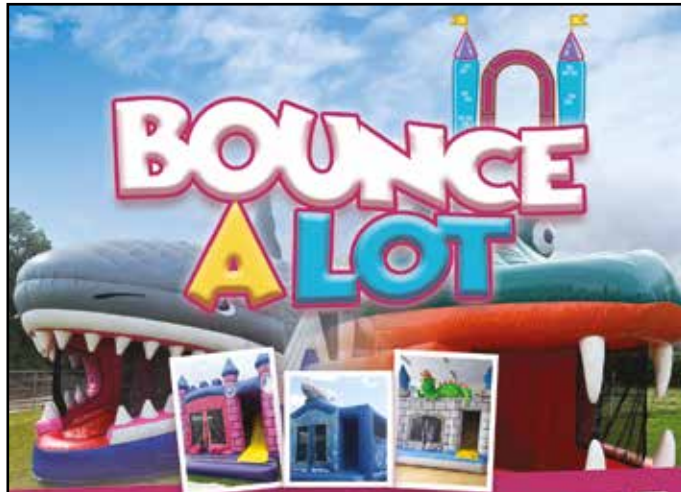
Find us on Facebook and Instagram to keep up to date with all that's happening in Kilmurry NS.



Kilmurry NS PALS leaders



Kilmurry Sciath na Scol team

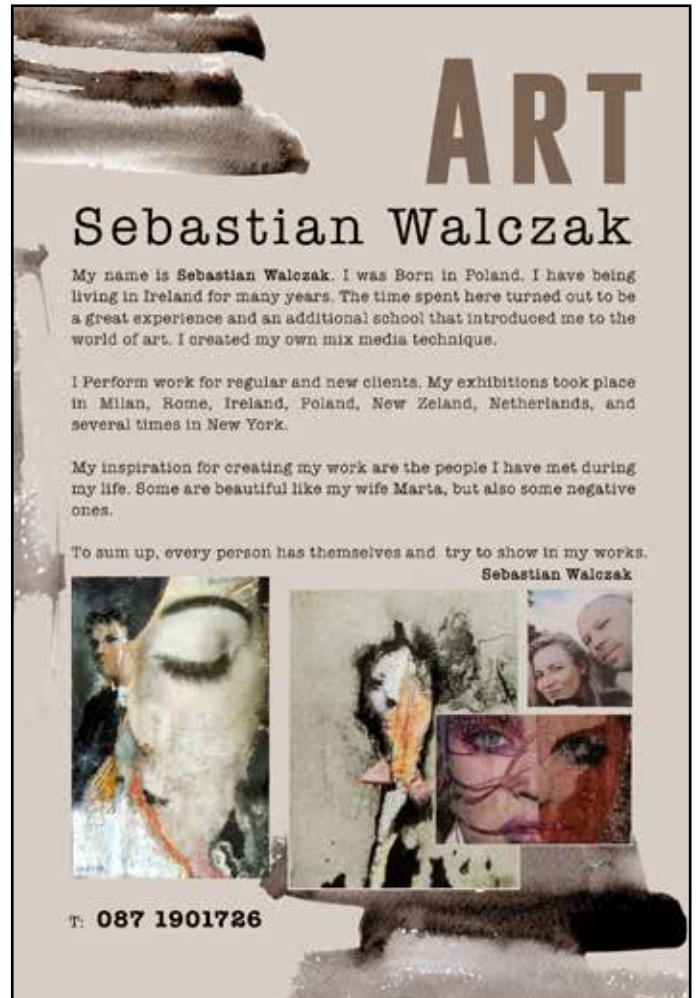


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ART

Sebastian Walczak


My name is Sebastian Walczak. I was Born in Poland. I have being living in Ireland for many years. The time spent here turned out to be a great experience and an additional school that introduced me to the world of art. I created my own mix media techniques.

I Perform work for regular and new clients. My exhibitions took place in Milan, Rome, Ireland, Poland, New Zeland, Netherlands, and several times in New York.

My inspiration for creating my work are the people I have met during my life. Some are beautiful like my wife Marta, but also some negative ones.

To sum up, every person has themselves and try to show in my works.

Sebastian Walczak



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Invitation

AIB Macroom and AIB Millstreet invite you to hear from leading home experts and AIB Mortgage specialists. Our panel will explain everything, from the mortgage process to sustainable home solutions.

Tuesday 16 April, Castle Hotel, Macroom
 Registration from 5.30pm with light refreshments on arrival.

Key Speakers

Killian Lynch Killian Lynch Auctioneers	Gerald McCarthy Gerald McCarthy Architects
Ella Goold Goold & Co Solicitors LLP	John Moynihan JM Energy Savings
Anne Marie Collins AIB Head of Homes, Cork	

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Kilmurry Active Retirement

The power of powerlessness

At one of our recent events a member was being congratulated on her new car. I had to look at its back to see the model. It was a Toyota Corolla, and it has little resemblance to the second generation E20 model the first corolla model to be sold in Ireland following Toyota Ireland being set up here in 1973. My thoughts went back those fifty-one years to that day when I had first sat in one.

Most of my siblings had gone to third level education. My school report of summer 1973, the year before my leaving certificate, wasn't too complimentary of my application to work. I heard little enough but the powers that be, diagnosed that the mixed day school was a problem and a boys' boarding school was the solution. There was talk of a school in Mullingar, but for reasons unknown to me it soon was decided that I was to go instead to De la Salle, Dundalk. My sister was teaching in a convent school there, we would rent together in between the schools and the hunker sliding would somehow be brought under control.

It was a great thing for us both that my sister met her future husband that year. I spent some weekends in Dundalk but on occasion my suggestion that I could go to Dublin to another sister proved to be acceptable. So, one very cold Saturday morning I found myself thumbing, carefully fine-tuning that action to be seeking yet not aggressive. Nonetheless I was stuck for a long time on the road somewhere outside Dunleer. Eventually, as I got into that first Corolla, I couldn't determine a difference between legs and ground. I couldn't talk. So off we sped in silence. Soon I came to, and recognised the man, a man with high national profile, a frequent guest on the Late Late Show, and in a position of high authority. Outside Julianstown there was another chap thumbing. I felt deep gratitude for my comfort as we sped by. But then to ruin it a pang of guilt. About a half a mile on I spoke my first coherence, 'it's awful cold out there'. No comment. After a further half mile or so my driver made a U-turn, went back,

and picked up that hitch-hiker. I was at the time a shy sixteen-year-old who had little or no self-confidence. I understood that driver had already done his good deed, I had no right to ask. Had that hitch-hiker been just a mile from where I was picked up, I don't think I would have ventured to say anything. I would have been feeling pain and those in pain can find it difficult to see the plight of others. But that bit later and it was a recent yet past experience of the coldness that I had felt. I could empathise.

On reflection, I think I may have learned a lesson that day. Sometimes, indeed most times, we feel powerless to have any impact on the difficulties others face in this world. Yet those of us who have many years behind us do have some experience of pain and suffering and some of you have had much. We may not have the resources, power, or capacity, nor are we the decision makers. Yet it can be what we have not, others may have. We can always speak up, and that may just prompt someone who is able to act. It is good for us too, at any age, not to give in to powerlessness and to maintain hope and faith in others.

Coffee crawl

On Wednesday 20th of March, the mystery destination for our coffee crawl turned out to be the Boathouse in Coachford. A good destination for us it certainly was. There were about twenty of us arriving but nonetheless they coped very well with the onslaught of hungry and greedy mouths for the huge range of niceties on display. Many of our members weren't there before and were impressed with their service, comfort, and decor. It is still in its first year, but its reputation is well established. It is a great addition to and facility for the whole area, and not just us coffee lovers.

Ongoing and Upcoming

Our activities will be starting back after our Easter break on Monday the 8th April with bowls courtesy of Coachford ARA and the start of the new season of 'keep fit for the future' courtesy of Cork Sports

Partnership. On Tuesday the 9th the phone course restarts courtesy of CETB Macroom and on Wednesday the 10th the aqua-aerobics courtesy of the Castle hotel, our bingo and card playing in Kilmurry, and our Zumba in Crookstown. On Thursday we will have a continuation of our gardening course with Pat Sheehan and courtesy of Dominick Cullinane. It is at his Curraghbeg nurseries. The following week in addition to the above, Rose McCarthy will return with her popular new course 'Dance to Music' Tai Chi, and Meditation, on Tuesday, and Mary with her 'parachute' fun exercise, and Trish with chair yoga on Wednesday. Our popular Zumba gold classes with Yvonne Murphy are in Crookstown hall restarting on Wednesday 10th from 6.15pm to 7pm and there are nine classes remaining. All are welcome. It costs just €45 euro for ARA members for the nine sessions. Non-members will also need to join our association for insurance purposes at the annual fee of €20, (this will cover too the intended follow-on course in the Autumn).

Please mark your calendars! Our bus tour day out is to be on Saturday 11th May. We went east to Waterford last year, and so we are heading west to the beauty of Kerry this year.

Our association is open to all, and our membership fee is just €20/calendar year or €30 for a couple. Our philosophy is that age makes no difference, but health does. We try to do what we can to keep healthy and challenged in body and in mind, and together that is easier. You will be kept as busy as you choose to be and positively engaged in your community, and we think you will enjoy it. There are several active retirement associations in the Lee valley. If you are interested in finding out more, we can put you in contact with the right secretary for your locality, or if you are interested in starting one up there is support for that too.

For more information contact Aidan at 0894057676 or aidanpbarry@outlook.com



Kilmurry Active retirement Gardening class at Curraghbeg



Mickey delighted with the delights at the Boathouse Coachford

INDEPENDENCE MUSEUM KILMURRY

Kilmurry Historical & Archaeological Association's April field trip will be held on 14th April at 2pm, at Kilbonane Graveyard.

Sean Crowley, local historian, will give a talk on the history of Kilbonane graveyard and recall its fascinating story. Sean's talk will conclude at the grave of the late Eddie O'Riordan, the famed hurley-maker for many years for the Cloughduv Hurling Team who is mentioned in the second verse of the club's anthem - Hand Me Down My Hurley.

This is a free event, all are welcome. Parking will be available adjacent to the graveyard.

Tom Kenneally and Mick Shorten outside Seano's Bar Kilmurry with their Fordson Major tractor and thresher



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UIBH LAOIRE NOTES

Clean Up

A big thank you and well done to all the volunteers who tackled the road side litter on the approach roads to Inchigeela village. Young and not so young combined well to collect together a small mountain of rubbish thrown there by careless road users who seem to care little for the environment which they pass through. A special well done to the new volunteers and to the children who took part. The clean up has been in existence for nearly 10 years now and takes place on Good Friday. It has been organised by the local development group and, nice to see, it has always been supported well.

Easter Rising Commemoration



Pupils from Inchigeela NS who made their confirmation on 20th March in St Finbarrs and St Ronans Church Ballingearry, with Bishop Buckley, Fr Anthony O' Mahony, Bernie Cronin and Mairead Murphy



Bottles, cans, tyres, nappies and a microwave found on lakeshore west of Inchigeela on the Ballingearry road- only part of the rubbish dumped on our roadsides- collected by Croi na Laoi - Inchigeela Tidy Towns on Good Friday.

On Easter Sunday, the local commemoration took place for Eirí Amach na Cásca at the Garden of Remembrance in Inchigeela. Seamus Twohig acted as MC. Fr Anthony PP said prayers for the dead. Jack O Leary read the Proclamation. A lament and other music was provided by Donal Kelleher, who had also earlier led the participants from the church to the garden. Thank you to all who attended and a special word of thanks to Andrias Moynihan TD and to Gobnait Moynihan MCC, who have supported the occasion since its beginning in 2016. Well done to the hard-working organising committee.

Darkness into Light reminder

The dawn walk in support of Pieta house will take

place on the 11th of May. Locally it starts at the GAA pitch in Inchigeela and you can complete the 5Km route running, jogging, walking or any way you like. Whichever way you do it, you are helping a very good cause in Pieta house. Early registering is on line now.

Active Retired

The Parish Active group are holding a Bingo night in Cuan Barra on Saturday, 6th of April at 8pm All welcome. Members who attended the The Brandon McPhee Show in Banteer had a wonderful time we hear. The beginners class for card players is going strong and we hear that they are a credit to their teacher!



Pupils from the 3 primary schools of Uibh Laoire Parish- Inchigeela NS, Ballingearry NS and Kilbarry NS, who made their Confirmation on 20th March in St Finbarrs and St Ronans Church, Ballingearry, with Bishop Buckley, Fr Anthony O Mahony, Bernie Cronin, Mairead Murphy, Treasa O Leary and Gareth Ekloff.



At the Easter Commemoration in Inchigeela were, A Moynihan TD , F Cronin, S Twohig, T Maher, J O Leary, D O Riordan and D Kelleher

Ballyvongane School



Macrooom CLASS SCHEDULE



Monday	Tuesday	Wednesday	Thursday
<p>11AM MAT PILATES</p> <p>5:45PM GENTLE FLOW MAT PILATES</p>	<p>10AM MAT PILATES</p>	<p>10AM MAT PILATES</p> <p>5:45PM MAT PILATES</p>	<p>10AM GENTLE FLOW MAT PILATES</p> <p>11AM MAT PILATES</p> <p>6:15PM CARDIOLATES</p>

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Will & Nichola are available in our Macrooom Clinic Monday - Thursday with early morning/late evening appointments available.



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WEST CORK HISTORY SOCIETIES ASSOCIATION – FOUNDED 2024

“History is who we are and why we are the way we are”. David McCollough, American historian.

The West Cork History Societies Association (WCHSA) was founded on 24 February 2024 in Dunmanway. William Casey is chairperson and he has four committee members to help him. The Association arose to promote, collectively, the research, recording and publication of West Cork's history.

West Cork is steeped in history – to mention but a few events: the Battle of Kinsale (1601), O'Sullivan Bere's March, to the French Expedition in 1798 – destined for Bantry which led to the elevation of Richard White to become Earl of Bantry, to the events of the Famine (1845-52). Skibbereen's recorded history of the time is beautifully narrated in its Heritage Centre. Parnell had support from the 'Bantry Gang' – Tim Healy and others. William Martin Murphy, owner of the Irish Independent and leader of the employers in the famous/infamous Dublin Lockout (1913). West Cork was an epicentre of the War of Independence and the Civil War. Incidents included ambushes at Kilmichael, Crossbarry, Lissarda, Lisacrea Saigh and Béal na mBlath. West Cork produced leaders such as Michael Collins, Tom Barry, Liam Deasy, the Hales brothers, Charlie Hurley, Dick Barrett and many more. Their actions changed Ireland's history. West Cork was ravaged

by poverty and emigration through the 19th and 20th century; Philip O'Regan's recent book on Drinagh Co-Operative chronicles how West Cork fought back, survived and prospered. West Cork is unusual in the county in that it continues to have a large Protestant community that adds an essential ingredient to the area's character. Dunmanway was Sam Maguire's home but its Protestant population suffered grievously with the Bandon Valley killings. In Macroom, April/May 1922, in the Kilgobnet Incident in which the then Colonel Bernard Montgomery turned tail; with a different outcome, it may have prevented the Civil War. Four British soldiers were executed and their deaths were discussed in the House of Commons. The above events indicate the rich and diverse history of the area.

Thankfully, many groups are active within the district and include societies in Skibbereen, Castlehaven, Dunmanway, Coppeen, Clonakilty, Beara, Kinsale (2), Bandon, Rosscarbery, Kilbrittain, Kilmeen-Castleventry, Ballincollig and Macroom and were represented at the meeting. Other places have flourishing groups and hopefully they will soon join the WCHSA.

The purpose of the group is to preserve and record the history of West Cork and to make it available to

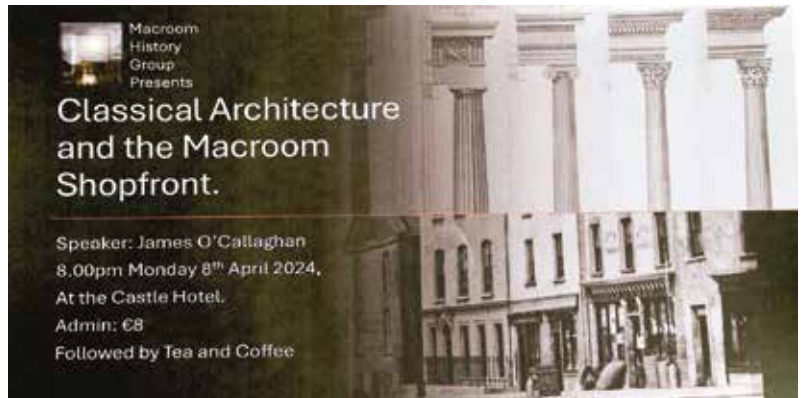
everyone. As cited above, David McCollough, the U.S. historian, once said: "History is who we are and why we are the way we are". The WCHSA hopes to address that task on a regional basis. If the adage of 'two heads are better than one' is true, what can fifteen, twenty or more achieve? Like-minded members can meet, discuss and exchange ideas and bring back suggestions to their own groups. Societies will still be entirely independent. As well as exchanging knowledge and experiences, collectively, West Cork will benefit from the many grants and schemes available – as the Irish saying has it – 'Ní neart go cur le chéile', translated as 'strength in unity'. Envisaged are projects such as seminars, walks and West Cork historical research. Membership for each society is €30.

Any society connected with history (and heritage) in any way is very welcome to join WCHSA. You can contact committee members William Casey (Skibbereen), Colum Cronin (Coppeen), Marian O'Leary and Tim Feen (Dúchas, Clonakilty) and Con Kelleher (Macroom)

Con Kelleher Sec. WCHSA, 24 Oakwood, Macroom, 086/2480350 and conkell31@gmail.com



West Cork History Society Association - some members. Included are chairperson William Casey, Skibbereen and Douglas Kidd, Pat Sheehy and Con Kelleher - all Macroom. (C. Kelleher)



Macroom History Group Presents Classical Architecture and the Macroom Shopfront.

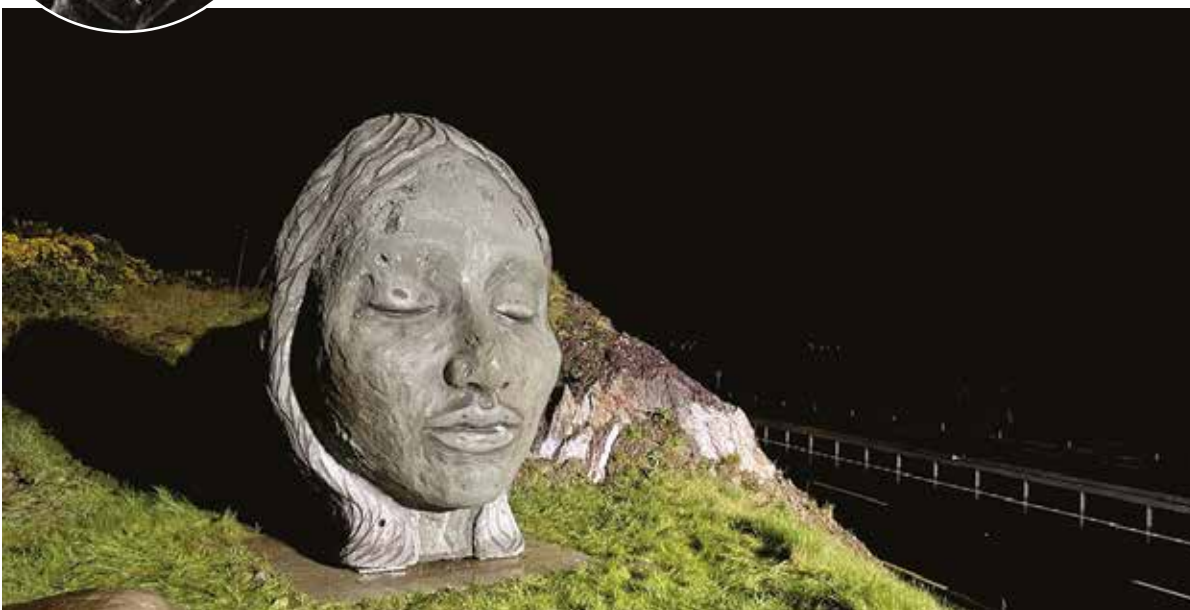
Speaker: James O'Callaghan
8.00pm Monday 8th April 2024,
At the Castle Hotel.
Admin: €8
Followed by Tea and Coffee



MACROOM HISTORY GROUP MEETING

Topic: Classical Architecture and Macroom Shop Fronts
Speaker: James O'Callaghan, (Macroom), M.A and Lecturer in Architecture in MTU.
Venue/Time: Castle, Hotel, Macroom, 8 April, at 8.00 p.m.

Extras: Raffle, tea, coffee and biscuits served after.
Entry: €8. All Welcome.
May 21: Macroom Schools and Youthreach History Exhibition.



'The Bronze Age Girl' N22

The first ancestral sculpture 'The Bronze Age Girl' represents a young female whose remains were found in a burial site during the archaeological works for the N22 development, having been cremated and buried with considerable care and effort at Kilnagarteen some 3,500 years ago.



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CURRAGHBEG NURSERY & GARDEN

What's Up Dom ...

CHRIS BARRETT speaks with Dominic Cullinane, Noel Murphy and Brendan O'Halloran about exciting three upcoming events at the Nursery which showcase its huge potential as an up and coming Events and Exhibition space.

Hi Chris Barrett back at this wonderful nursery near Ovens (P31EP48) where I am watching Ireland's most unique Nursery and Garden evolve further.



I speak first with **Noel Murphy** who is known for giving very successful 1:1 courses in

BEHAVIOURAL DOG TRAINING.

You now have the chance to attend a course at Curraghbeg Nursery in the Green Room on Saturday 13th April at 2pm.

A video is available and you can also contact Noel in advance on yourdogmatters@gmail.com This DOG TRAINING course will be run as a one-off by Noel, who originally learned his trade from his grandmother and has honed his skills over the last 35 years with various dogs and their owners. (It is also possible that other courses may be arranged later). The full fees paid for this event will be donated by Noel to the West Cork Dog Shelter and

others. Participants will be asked to pay 20 euro for the course, where they will also be able to check out the Nursery, and enjoy tea, coffee and cakes.

This talk is strictly for the owners of the dogs only and **YOU MUST LEAVE YOUR DOG AT HOME.**

You will however have the opportunity to make notes or record the talk on your phone.

Noel will be available to take questions, before, during and after the talk; and he is always very happy to speak with dog owners. Having spoken to Noel myself, I believe that such is the wealth of his experience that you will be unable to come up with an issue that Noel has not seen and dealt with previously!

Bookings can be made through Dominic before the event (0857820736)

and paid for by Revolut or transfer, and cash or card at the door.] An unusual bespoke ART EXHIBITION will open at Curraghbeg Nursery on Friday 19th April at 6pm and run for 2 weeks until Friday 3rd May.

Readers will be amazed to learn that this exhibition comprises individual pieces made by Noel Murphy. These one of a kind pieces showcase an unusual and striking combination of wood and copper.

There is no production line and Noel prides himself

in taking and reusing material that others discard. He is a man who is not fond of waste!

Interestingly Noel has only been working in this medium for about 5 years and regrets not finding his niche earlier; and that he did not know sooner that he had a gift in this area.

He really hopes you will come and see his work. The pieces can be viewed during Nursery hours (9am to 5.30 daily) in the Green Room and several of the pieces will be available for sale.

(Noel's Business cards will be available on the day.) The third exciting event could not be more appropriate for the nursery. It is a series of classes in

BUILDING GARDEN FURNITURE

run by Brendan O'Halloran.

Brendan is a local carpenter with over forty years experience. He has a vast knowledge in all areas of carpentry. Originally from Templemartin, Brendan has been living with his wife and family in Coolmakee since 1981. After school, he



I will translate for you why your dog from time to time behaves in the most awful manner...



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completed an apprenticeship and worked alongside his father, uncles and grandfather. He has two sons who also work as carpenters, who Brendan supported in training up. Brendan is passionate about carpentry and has worked on everything from small projects - more recently garden furniture, to large scale projects including new builds, renovations etc. Over the years Brendan has worked alongside plumbers, electricians, architects, and labourers working both as a foreman and sub-contractor.

He has worked on private residential properties and with other agencies including the HSE, City and County Councils. He has plenty of experience in working to time targets and is able to budget and adapt to job changes as needed. Over the years, Brendan has worked with FAS, and has had many apprentices who are now qualified successful carpenters. In the past 15 years Brendan has been running a very successful garden furniture business. This has included making furniture for private residences as well as local businesses i.e. pubs, restaurants, creches and garden centres. He now has customers throughout Ireland.

His COURSES at Curraghbeg will start in conjunction with an OPEN DAY at 10am on Saturday the 27 th April where we will display a Huge Range of Brendans Furniture which will also be available For Sale.

They will run for a total of 6 weeks and the cost of the entire course is 300 euro, payable by bank transfer or cash on the first day. The classes will be interactive and hands on. Brendan is an enthusiastic, self-motivated individual. He is looking forward to passing on his skills to people who are interested in designing creative pieces of furniture. If you wish to contact Brendan you will find him online and you can email him for further details Brendanohallorancs@yahoo.ie

Dominic is excited to bring these events to you, and is looking to host other exciting events and exhibitions in the future.

So if you have anything in mind, you can contact Dominic 085 782 0736

E: info@dcgardendesigns.ie/W:www.dcgardendesigns.ie

If you or anyone you know would like to contribute a similar article, you can contact me chrisleevalley@gmail.com



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The 4 * Castle Hotel in Macroom, Co. Cork are absolutely delighted to announce the appointment of Eoin O'Connor as Executive Head Chef.

Eoin is a highly skilled Senior Head Chef with a passion for creating atmospheric dining experiences for his clientele. Previous senior positions in The Montenotte, The Devlin Dublin and Garryvoe Hotel mean Eoin is rich in experience and demonstrates a desire to stay abreast of, and take inspiration from modern gastronomy.

Rory Buckley, General Manager & 3rd generation of The Buckley's said: *'The Buckley family and staff are extremely excited and honoured to welcome Eoin to Macroom. We have already enjoyed some very positive feedback from our wonderful customers on Eoin's appointment. We really look forward to the skill, expertise and experience that Eoin will bring to our team.'*

New Executive Head Chef

Eoin O'Connor

Joins the Castle Hotel in Macroom Team!

Over a coffee during the week, we asked Eoin a few quick questions:

Q: What attracted you to The Castle Hotel Macroom?

A: "Undoubtedly, the first thing that drew me to the hotel was the familiar feeling, warm family atmosphere. The hotel's esteemed reputation, rooted in its history and connection to the local community, aligns perfectly with my own values. Having access to excellent local suppliers and producers also plays a pivotal role, as it allows for the creation of truly remarkable dishes that speak to the heart of West Cork. Working within a family-run establishment that cherishes both tradition and innovation is a unique opportunity I eagerly embrace."

Q: They say first impressions are everything! How has your first month been?

A: "My first month has been exceptionally welcoming. The staff's professionalism and the community's warmth have affirmed my decision to join this wonderful team. It's clear that the Castle Hotel Macroom is a cornerstone of the community, and I'm excited to be a part of it."

Q: What's your favourite item on our evening bar menu?

A: It's tough to choose just one, but the new spicy chicken from our main course section, is a personal favourite. It's an excellent combination of citrus and spicy flavours with the juicy chicken supplied by Twomey's Butchers.

Q: Do you have any exciting changes in the pipeline?

A: "Indeed, one of the most exciting changes we have in the pipeline is our New Sunday Brunch. We've noticed that Sunday mornings in Macroom

have a quiet charm, with few offerings around town. We see this as a wonderful opportunity to introduce our dynamic and vibrant brunch menu. We envision our brunch becoming a go-to destination, providing a perfect blend of relaxation and gastronomic delight, showcasing the best of what our local suppliers have to offer. We believe it will become a focal point of Sunday activity in Macroom, inviting both locals and visitors to make the most of their mornings with us."

Eoin's announcement has been met with great positivity from the local community of Macroom, to whom The Buckley Family are so very grateful to for their continued support. As always, the experience we provide for our customers, and our relationship with our invaluable suppliers are uppermost in our minds.

Rory added that *'as we navigate our 73rd year in business, we're looking forward with great hope and optimism. Our focus, as always, will be to continually provide our guests with the very best service, coupled with our extremely high quality of produce. We are immensely proud of our country-wide reputation for our take on sustainable Irish food and we are continued proud members of Good Food Ireland.'*

Rory, Eoin and all the team very much look forward to extending a warm west cork welcome to you, whether a first-time customer or an 'old regular' and spoiling you with so much choice; from our Award Winning Daily Carvery, Continental Style Next Door Café, Evening Bar Menu or our New Sunday Brunch!

For further information on the Castle Hotel Macroom call (026) 41074, follow us on: or visit the website www.castlehotel.ie. **Celebrating 73 years in business.**

2nd January 1873 – 30th September 1897

Marie – Françoise – Therese Martin was born in Alençon, France on January 2nd 1873.

She was the youngest of nine children born to Louis Martin and Zelic Gurin. She moved with her family to Lisieux in 1877.

Therese entered the Carmelite convent, Lisieux, at the age of fifteen. Therese had plans to travel to the missions in Africa or China, but ill health curtailed these plans. At the young age of twenty four, Therese died from the effects of tuberculosis. The impact of her short autobiography "the story of a soul" was tremendous and it revealed her deep spirituality. It was printed and distributed a year after her death and she rapidly became one of the popular Saints of the twentieth century. Therese was canonised on May 17th 1925 by Pope Pius XI. Her feast day is celebrated in 1st of October.

St. Therese Of Lisieux

In 1977 Pope John Paul II declared St. Therese of Lisieux a doctor of the church.

18th October 2015 Therese's parents Saint Louis and Zelic Martin were canonised by Pope Francis. St. Therese is the patron saint of the missions.

Prayer to St. Therese

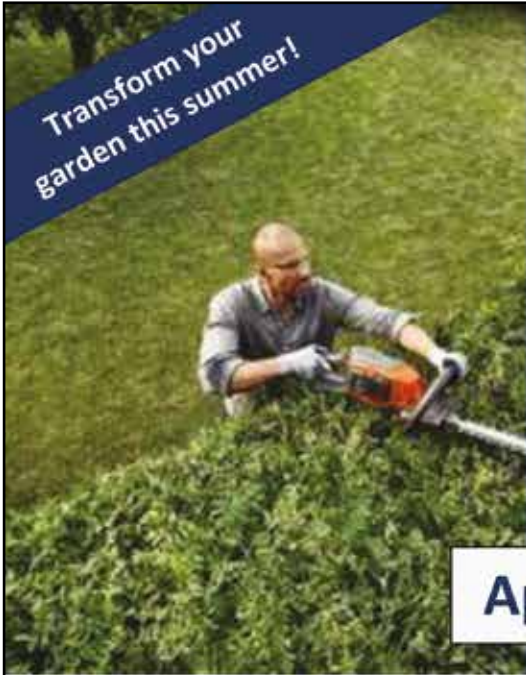
O little Therese of the child Jesus pick for me a rose, from the heavenly garden and send it to me as a message of love.

O little flower of Jesus, ask God to grant the favours I now place with confidence in your hands. (mention your special request here).

St. Therese help me to always believe as you did in Gods Great love for me so, that I can imitate (your little way) each day.

*Mary O Callahan - Hallissey
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Think Globally, Act locally - The town's Best-kept Secret

The town's Best-kept Secret Hi! Chris Barrett here again! Today I have the pleasure of speaking with Tony and Kristen Miller who have been involved with Macroom Country Market for a number of years. I would also like to mention Catherine Sheehan and Jutta Zahl who have both been involved with the Country Market in Macroom for about thirty years from the time it started, and are still members who are trading there. They have seen more than 80 people, from around the local area, come and go during that time; but the basic ethos of the Market has remained unchanged. If a market could welcome you with a smile on its face this would be what it would look like. It is a small friendly indoor market, something which has proved invaluable as it continues to provide a warm welcome—even in heavy rain! The members, who produce goods for sale, come from a radius around Macroom. For them, as well as their customers, the Tuesday market is a very important day of the week. Everything is home-produced with very little packaging, and recycling is encouraged as much as possible, with no resold goods. From March to December the Market runs every Tuesday in the GAA hall from 11.15 to 1.15. The Country Market will also sell you a token for 1euro which will allow you to park for the day at half price. Country Markets are a countrywide organisation with markets in many towns in Ireland. They have been going since the 1940s. If you would like to join as a seller, there is an initial membership fee of thirty euro and twenty five euro payable annually after that.

This is payable to the head office of the Country Market Association for insurance and accounting. This works out cheaper for sellers than most local Farmers Markets. In addition there is a tradition where new members are very much welcomed and supported and it is a very social group to join. Macroom Country Market is run collectively and members share duties between them. There is one checkout and a payment is made monthly to each member. In one competition against other Country Markets, showing off best produce, Macroom Country Markets were runners up in the final. Displays are always done with care and pride for appreciative customers and the Macroom Country Market has also taken part in the St.Patrick's Day Parade. Produce for sale, currently includes fresh chemical-free seasonal vegetables, sweet and savory baking either to take away or to eat in the cafe area or at tables outside. The delicious baking includes full cakes and slices, with gluten-free and sugar free options and everything is made in member's kitchens. Breads include sourdough and soda breads, as well as yeast and seeded breads. Savoury treats can include pasties as well as pizzas and quiche which can be purchased whole or by the slice. After choosing from fresh eggs, jams and chutneys to take away, customers can relax with their friends over home-made vegan soup, teas, coffees and irresistible cakes. Vegetable seedlings and bedding plants are available seasonally, as well as varied and unusual plants and shrubs for the garden. Crafts such as home-made cards often

depicting the local area, knitting including Fairisle and colourful jumpers hats and scarves sometimes made with homespun alpaca wool and sheep fleece are available. Ceramics include hand-built and wheel-thrown items including mugs, bowls and wallplaques. These are bespoke items which make great gifts and start with a very affordable price range. One-off paintings, painted stones and other art and craftwork is also available. The market creates an inclusive, very friendly atmosphere where it is possible to meet new people, as well as catch up with old friends. Everyone is made to feel welcome and potential new sellers can call in on a Tuesday morning, have a look at what is going on, and discuss their ideas with other members. Who knows? They could decide to become involved with a very special historical enterprise, and become part of a very special gem in Macroom. I would very much like to thank Tony and Kristen for speaking with me, and all those sellers and customers who have made the Country Market such a long standing success for Macroom. If you or anyone you know would like to contribute an environmental article to this publication, you can contact chrisleevalley@gmail.com To find it, go between the cannons at the Castle Arch, looking out for two sunny yellow signs. Turn left for the Car Park and the club house will be on your right. In good weather you will see people sitting outside enjoying drinks and cakes and some times all you need to do is follow the gentle sound of a clarinet, accordion or fiddle



Kilbarry NS Confirmation 2024 in Ballingearry Church.



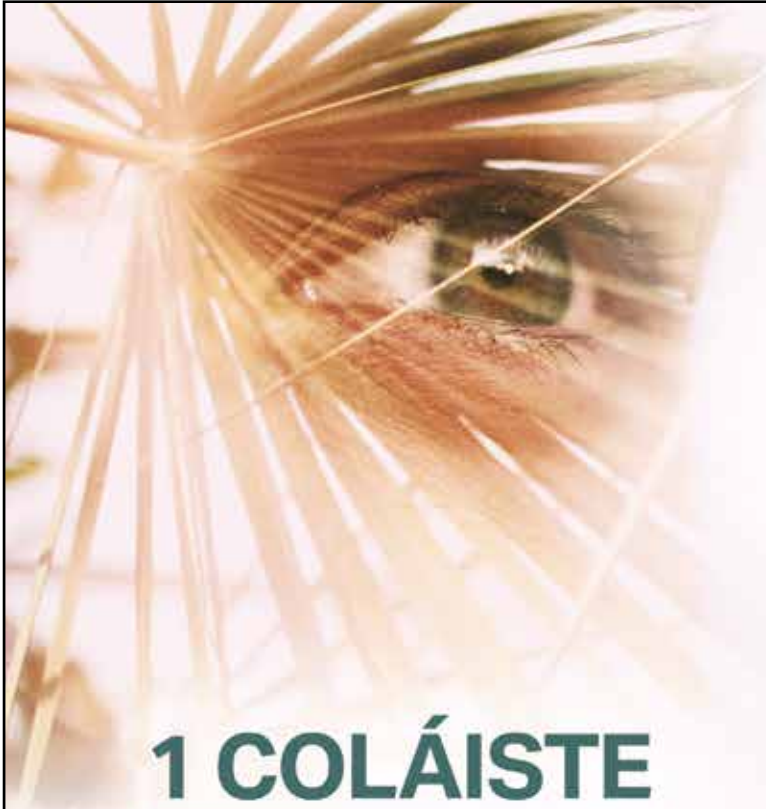
Kilbarry NS senior pupils at the Lifetime Lab for a science workshop.



Muskerry Special Olympics stand at the Meet The Clubs Day, organised by Macroom and District Lions Club



Delighted Canovee groups, recipients of EIRGRID funding, attending the final wrap up event in Dunmanway recently



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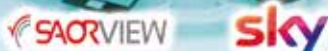


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Citizens Information

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Q. As an employee, what are my entitlements in relation to Public Holidays?

Most employees are entitled to paid leave on public holidays. There is an exception for certain part-time employees. If you qualify for public holiday benefit, you are entitled to one of the following:

- A paid day off on the public holiday
- An additional day of annual leave
- An additional day's pay
- A paid day off within a month of the public holiday

You can ask your employer at least 21 days before a public holiday, which of the alternatives will apply. If your employer does not respond at least 14 days before the public holiday, you are entitled to take the actual public holiday as a paid day off.

Q. As a part-time worker, what is my entitlement to in relation to Public Holidays?

If you work for your employer for at least 40 hours in the 5 weeks before the public holiday and it falls on a day you normally work, you get paid for the day even if you don't work. If you have to work that day, you are entitled to an extra day's pay.

If you don't normally work on a certain day but it's a public holiday, you should get paid one-fifth of your weekly pay. Even if you never work on public holidays, you still get paid a fifth of your weekly pay as compensation for the public holiday. Again, you must have worked for your employer for at least 40 hours in the 5 weeks before the public holiday.

You can count time spent on annual leave as 'time worked' when calculating the 40 hours worked in the 5 weeks before the public holiday.

Q. What is my entitlement if the public holidays falls on a weekend?

When a public holiday falls on a day which is not a 'normal working day' for that business (for example, on Saturday or Sunday), you are still entitled to benefit for that public holiday.

For example, you may get an extra day of annual leave, or an additional days pay, or a paid day off within a month of the public holiday. However, you do not have any automatic legal entitlement to have the next working day off work.

Q. Is Good Friday a public holiday?

Good Friday is not a public holiday. While some schools and businesses close on that day, you have no automatic entitlement to time off work on that day.

Q. How is the date of Easter Monday set each year?

Easter Monday is the only public holiday that can vary significantly from year to year. The date of Easter moves every year. Easter should be the first Sunday after the first full moon occurring on or after 21 March. This means the earliest possible date for Easter Sunday in any year is 22 March, and the latest is 25 April. Easter Monday falls on 1 April 2024 and 21 April 2025.

Q. What are my rights if I am on sick leave on a public holiday?

If you work full-time and you are on sick leave during a public holiday, you are entitled to benefit for the public holiday you missed. Your employer can also choose to regard you as not on sick leave on the public holiday and pay you as normal for the public holiday. If this is the case, the public holiday is not counted as a sick leave day. If you are a part-time worker and you are on sick leave during a public holiday, you are entitled to benefit for the public holiday, once you worked for your employer for at least 40 hours in the previous five-week period.

However, there are some exceptions. You are not entitled to pay or time off for the public holiday if you are on sick leave immediately before the public holiday, and either of the following apply:

- You have been off work for more than 26 weeks due to an ordinary illness or an accident
- You have been off work for more than 52 weeks due to an occupational accident

What can I do if I am not getting my public holiday entitlement?
If you are not getting your public holiday entitlement, you should discuss this with your employer. You can also complain to the Workplace Relations Commission (WRC) under the Organisation of Working Time Act. You must make your complaint using the WRC's online complaint form within 6 months of the dispute or complaint occurring. This time limit may be extended for a further 6 months, but only where there is a reasonable cause which prevented you from bringing the complaint within the normal time limit. You should contact your local Citizens Information Centre for information and assistance re making a complaint to the WRC and the WRC Adjudication process.

If you need further information about any of the issues raised here or you have other questions, you can call a member of the local Citizens Information Service in West Cork on 0818 07 8390. They will be happy to assist you and if necessary arrange an appointment for you.

WEST CORK HELPLINE 0818 07 8430

Macroon office is open on Mondays & Tuesdays from 10am-1pm & 2pm-4.30pm

Offices are staffed from 10am -5pm from Monday to Thursday and on Friday from 10am -4pm. Alternatively, you can email on macroon@citinfo.ie or log on to www.citizensinformation.ie



A Word of Victory

"The Lord God is my Strength [my source of courage, my invincible army]; He has made my feet [steady and sure] like hinds' feet and makes me walk [forward with spiritual confidence] on my high places [of challenge and responsibility]" (Habakkuk 3:19 Amplified Bible).

Welcome back dear student, last week we saw how Jesus, the Lord of Hosts is strong, mighty, and invincible in battle (Psalm 24:8). On studying the word 'invincible' in the Bible, God's title 'The Lord of Hosts' is translated: Invincible Warrior or Champion. At various stages in life people feel invincible, especially the young. It's great to live unafraid and feel you can accomplish anything, but sometimes feeling invincible can foster reckless behaviour ending in catastrophe. Life is fragile and everything can change in a moment. Self-reliance as promoted by gurus - that universal (god) power is within yourself is untrue and will never sustain long term. It wrecks a person's confidence in a crisis to find that they were not invincible after all. And when confidence is lost, strength to fight is gone. Therefore, faith must be fed constantly (Romans 10:17). This is why we need to know our Champion - our Advocate, and Mighty Warrior - the Lord of Heaven's Armies and His promises. What a great comfort to know that Jesus has your back instead of having to rely on your own power! We all make mistakes - we are human beings, and God knows all our insecurities and our weaknesses. Yet flaws are not what He focuses on, for His ways are higher than ours. His unbreakable Covenant of Love has been paid for in full with the Blood of His Son Jesus. The Lord is your greatest Cheerleader. Knowing that Jesus is for you and not against you, that He has forgiven you, calls you His friend and that He is backing you, gives one confidence to keep going and not give in to sin, fear, or the threats of the enemy. It's a confidence that will not be shaken, though everything around may be shaking (Hebrews 10:35; Hebrews 12:27) Because of the strong foundation built upon the Love of Jesus Christ you will be able to stand firm in the midst of every storm.

People talk about angelic protection: angels are often wrongly depicted as whimsical fairylike creatures. Jesus is called the Angel of the Lord in the Old Testament - note the capital 'A' (Exodus 20:20-22; Daniel 3:28). He is nothing like a fairy! Jeremiah saw the Lord standing with him when he was struggling... "but the Lord stands beside me like a Mighty (Fierce) Warrior, before Him my persecutors will stumble. They cannot defeat me. They will fall and be thoroughly humiliated. Their dishonour will never be forgotten" (Jeremiah 20:11). The Lord always shows up for His people! He fights the battle whilst making our enemies fall (Exodus 14:13-31). Read about Moses, Gideon, David, Jehosaphat, Esther, Daniel, Nehemiah just to name a few. All cried out to God for help, believing that God's supernatural Power was the only answer, acknowledging, in humility that in themselves, they had zero power to defeat their enemies (2 Chronicles 20:10-17; Psalm 60:12). Conversely, there are also plenty of examples in the Bible of those who felt they were un-beatable as they attacked or oppressed God's people (2 Kings 6:14-23). But they soon found out the Truth. The Lord of Hosts watches over those whose hearts are His, and He defends them (2nd Chronicles 16:9). And it's no weakling that causes our enemies to fall - it's the Invincible Warrior Himself - Jesus Christ - He Who "is the same yesterday, today and forever" (Hebrews 13:8). Hallelujah!

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WOVKillarney.



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Interested candidates should apply by email to scholarshiprecruit.lcc@liebherr.com. Applicants should include a CV detailing Leaving Certificate/Junior Certificate/college projects and/or results and a cover letter explaining why they have chosen

their specific career path. In the case of Leaving Certificate applicants, a copy of their completed CAO form showing their choice of course should be included.

The closing date is **Friday the 31st of May 2024**.

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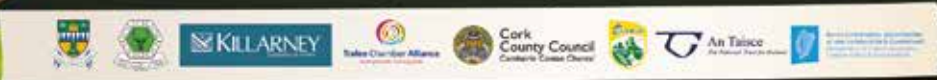


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Please forward Letter of Application and CV to naionrachuainbhaoi@gmail.com by 18th April, 2024.



facebook <https://www.facebook.com/naionrachuainbhaoi>



LEE VALLEY EQUESTRIAN HORSEMASTERS LEAGUE

The results from the first leg of the O'Brien's Saddlery/Lee Valley Equestrian Horsemasters League on March 4 are:

The first leg of the O'Brien's Saddlery/Lee Valley Horsemasters League is done and dusted! The next show will be dressage on April 7.

Placings were as follows:

Xpoles - Adults:

1st Nicola Kiernan
2nd Chantel Hickey
3rd Deborah O'Leary

8 & under: 1st Dylan Curtis

9-14: 1st Lorna Lyne

50s - Adults: 1st Deborah O'Leary

2nd Chantel Hickey

8 & under: 1st Isobel Harnett

2nd Abigail Lee

14 & under: 1st Sadhbh Lyne

2nd Mia Chylikova

3rd Lilian Lee

60s - Adults: 1st Cathy Dullea

15-17: 1st Alice O'Callaghan

2nd Nadia Pilarski

9-14: 1st Sadhbh Lyne

2nd Aiofe McBride

3rd Tara O'Mahony

70s - Adults: 1st Cathy Dullea

15-17: 1st Orlagh McBride

2nd Alice O'Callaghan

3rd Caitlin Hickey

9-14: 1st Tara O'Mahony

2nd Lena Rackza

3rd Gabriela Bala

Picture top right: Dylan Curtis on his black pony

Picture bottom right: Alice O'Callaghan riding her white pony



Munster Senior Football Championship

April 7th Sunday at Supervalu P Uí Chaoimh 4pm, Quarter Final Cork v Limerick

April 20th Saturday, Munster Semi Final at Killarney, if Kerry v Cork 4pm May 5th Munster Football Final 2024 Allianz National Football League - Div 2

Jan 28th Donegal 1-20 Cork 2-6 in Ballybofey

Feb 4th Louth 2-9 Cork 0-13 in Ardee

Feb 17th Cork 0-16 Cavan 0-17 in Cork

Feb 25th Fermanagh 0-16 Cork 1-14

Mar 3rd Cork 2-15 Kildare 3-9

Mar 16th Meath 1-11 Cork 1-15

Mar 23rd Cork 2-16 Armagh 2-16

Cork 2-16 Armagh 2-16

A late rally by Armagh in which they wiped out a four point deficit meant that the honours were shared in this very entertaining Allianz Football League Division 2 final round game in Supervalu Páirc Uí Chaoimh. Armagh had already qualified for the league final, the draw gave Cork a 4th place finish in the league table and ensured them a place in the All

Ireland Sam Maguire series, irrespective of how they fare in the Munster championship.

Cork had a strong wind at their backs in the first half and started well with a point from a Paul Walsh for a first-minute mark to open their account followed by another from play from Éire Óg's Colm O'Callaghan. Armagh were up for the contest, and took the lead with a goal on 19, 1-5 to 0-5 for the visitors and at half time a goal still separated the teams at 1-9 to 0-9, Armagh without a single wide at this stage.

The second half saw Cork produce two wonderful goals to get in front. The first came from an intercepted Armagh kick out, Brian Hurley parting to Conor Corbett who then delivered another perfect pass to Chris Óg Jones and the Iveleary man buried the ball in the Armagh net to level the scores in the 43rd minute. Cork went ahead, Armagh drew level again, and on 60, Cork went ahead off another turnover, this time by Jones who fed Conor Corbett who set up the opportunity for Ballincollig's Luke Fahy to slide the ball under goalkeeper Hughes.

On 69 Cork were leading by 1-1 but they conceded a goal after Micheál Aodh Martin did not hold a dropping ball and it was belted to the net. Cork hit back with a point but Armagh had two points before the final whistle to level the scores.

It was a good Cork performance, disappointing that they did not hold out for victory but still a great preparation for championship.

Cork: Micheál A Martin; M Shanley 0-1, D O'Mahony, T Walsh; Luke Fahy (Ballincollig) 1-0, S Meehan, M Taylor (0-01); I Maguire (0-01), Colm O'Callaghan (Éire Óg) 0-3; P Walsh 0-1m, S Powter, B O'Driscoll 0-1; Chris Óg Jones (Iveleary) 1-3, C Corbett 0-1, B Hurley 0-4, (0-3f). Subs: K O'Hanlon for P Walsh (49), S Sherlock for Hurley (56), E McSweeney for O'Hanlon (64, inj), M Cronin for Powter (67), K Flahive for T Walsh (70+2).

Allianz National League Div Two Final Placing:

Donegal 13, Armagh 12, Cavan 7, Cork 7, Meath 6, Louth 6, Fermanagh 5, Kildare 0
Final: Donegal 0-15 Armagh 0-14

HURLING - Munster Hurling Championship 2024 – Round Robin

April 21st Sunday Waterford v Cork at Walsh Park, 4pm throw in

April 28th Sunday Cork v Clare at Supervalu P Uí Chaoimh, 2pm

May 11th Saturday Cork v Limerick at Supervalu P Uí Chaoimh, 7pm

May 19th Sunday Tipperary v Cork at Thurles, 4pm

Munster Hurling Final June 9th

2024 Allianz National Hurling League

Feb 4th Clare 1-25 Cork 2-19 in Ennis

Feb 10th Cork 1-17 Kilkenny 0-21

Feb 25th Cork 1-21 Waterford 1-19

Mar 10th Offaly 0-16 Cork 5-28

Mar 16th Wexford 1-15 Cork 3-21

Final Group League Tables:

1A: Clare 9pts, Kilkenny 7, Cork 6, Wexford 5, Waterford 2, Offaly 1.

1 B: Limerick 9, Tipperary 8, Galway 7, Dublin 4, Westmeath 2, Antrim 0.

NHL final: Clare v Kilkenny at Thurles, Saturday 6th April 7.15pm

LGFA - 2024 Lidl Ladies GFA National Football League

Division 1 Final League Division One Placing:

Armagh 18pts, Kerry 16, Dublin 15, Meath 12, Mayo 10, Galway 3, Waterford 3 Cork 3. Relegated: Cork

Meath 2 – 14 Cork 1-7

Cork ladies suffered their sixth loss in a row when going under to Meath at Navan and are relegated after 21 years in the top division. The collapse in the performance level of the Cork ladies over the past

couple of years is really dramatic and is undoubtedly linked to the loss of so many star players. The departure of many players from the squad should be a matter of concern and worthy of investigation for Cork officials.

Cork led at half time by a point, 1-4 to 0-6, and missed a penalty very early in the second half which could have opened up a four point gap. The next score was a goal for Meath and the present low level of

confidence in the young inexperienced Cork squad was evident as they faded away while the home side powered on to a clear cut victory.

Cork: S Murphy; M Duggan, S McGoldrick, E Twomey; L O'Mahony, S Leahy, K O'Driscoll; M O'Callaghan, A O'Mahony; E Cleary, D Kiely, A McDonagh; K Smith, L McDonagh, S O'Leary. Subs: C Richmond, A Healy, E O'Donovan, L Coppinger, E Hurley, B Smith, K Redmond, A Ryan, N O'Mahony, D Kiniry.



Camogie

Cork 1-15 Clare 1-6
Galway 0-14 Cork 0-9

Final Division 1 A placing:

Galway 12 pts, Tipperary 12pts, Cork 9pts Cork recovered from their defeat by Tipperary to take the points against Clare at Páirc Uí Rinn and so set up a vital tie with league champions Galway at Ballinasloe

with a place in the Very National League final at stake. Unfortunately the home side were the better team on the day and after leading by 0-6 to 0-3 at the interval, remained in control for the second half to emerge winners by a five point margin.

Galway play Tipperary in the Very League Final final at Croke Park on April 14th

Cork: Amy Lee; Meadh Murphy (Ballinora), L Coppinger, G Cahalane; I O'Regan, L Treacy, L Hayes; H Looney, A Healy; S McCarthy, R Harty, F Keating; A O'Connor, K Mackey, O Cahalane. Meabh Cahalane and Sorcha McCartan started against Galway. Cliona Healy (Aghabullogue) was a substitute for Cork as well as H Ryan, A Thompson, O Mullins, N O'Callaghan

GAA Fixtures for April/May 2024

Thurs, April 4th @7pm Munster U17 H R1 Cork v Tipperary in FBD Semple Stadium Fri, April 5th @7pm Munster U20 H R1 Cork v Waterford in Fraher Field Dungarvan Sun, April 7th @2pm Munster SFC QF Cork v Limerick in SuperValu Páirc Uí Chaoimh Sun, April 7th Club H League R3 Red FM Hurling League R3 (Div 6 & 7 start) Wed, April 10th @7pm Munster U20 F P1 R1 Cork v Phase 1 Winner Thurs, April 11th @7pm Munster U17 H R2 Cork v Limerick in SuperValu Páirc Uí Chaoimh Fri, April 12th @7pm Munster U20 H R2 Cork v Clare in SuperValu Páirc Uí Chaoimh Sun, April 14th Club F League R4 McCarthy Insurance Group Football League R4 Wed, April 17th @7pm Munster U20 F P2 R2 Cork v Kerry in SuperValu Páirc Uí Chaoimh Sat, April 20th @4pm Munster SFC SF Cork / Limerick v Kerry in Fitzgerald Stadium Sun, April 21st

@4pm Munster SHC R1 Cork v Waterford in Walsh Park Sun, April 21st Club H League R4 Red FM Hurling League R4 Wed, April 24th @7pm Munster U20 F P2 R3 Cork v Phase 1 Runner-Up Thurs, April 25th @7pm Munster U17 H R3 Cork v Waterford in Fraher Field Dungarvan Fri, April 26th @7pm Munster U20 H R3 Cork v Limerick in SuperValu Páirc Uí Chaoimh April 26th - 28th JBFC R1 Confined Round 1 and JCFC R1 Confined JCFC Round 1 Sat, April 27th @7pm JCFC R1 Gleann na Laoi v Lough Rovers in Ballyanley Sun, April 28th @2pm Munster SHC R2 Cork v Clare in SuperValu Páirc Uí Chaoimh Sun, April 28th Club F League R5 McCarthy Insurance Group Football League R5 Tues, April 30th @7pm Munster U17 F QF Cork v Kerry in Austin Stack Park Tralee Wed, May 1st @7.30pm Munster U20 F Final Munster U20 Football

Final Fri, May 3rd @7pm Munster U20 H R4 Cork v Tipperary in FBD Semple Stadium May 3rd - 5th JBHC R1 Confined JBHC Round 1 Sat, May 4th @7pm JBHC R1 Castletownroche v Gleann na Laoi in Grenagh Sat, May 4th @7pm JBHC R1 Uibh Laoire v Lough Rovers in Ovens Sun, May 5th @1.45pm Munster SFC Final Munster Senior Football Final Sun, May 5th Club H League R5 Red FM Hurling League R5 Tues, May 7th @8pm Thurs, May 9th @7pm Munster U17 H R4 Cork v Clare in SuperValu Páirc Uí Chaoimh Sat, May 11th @7pm Munster SHC R3 Cork v Limerick in SuperValu Páirc Uí Chaoimh May 10th - 12th JBFC R2 Confined JBFC Round 2 and JCFC R2 Confined JCFC Round 2 Lá na gClub Sun, May 12th Club F League R6 McCarthy Insurance Group Football League R6

Mc Carthy Insurances 2024 County Football Leagues

Div One: St Finbarrs 5, Carrigaline 4, Castlehaven 4, Éire Óg 3, Carbery Rangers, Nemo Rgrs 3, Ballincollig, Newcestown, Douglas and Cill na Martra- all on 2 points Div Two: Dohenys 8, Knocknagree, Valleys and Clonakilly 4 each, O Donovan Rossa's 2, St Michaels 2, Béal Átha'n Ghaorthaidh, Fermoy, St Michaels and O'Donovan Rossa 2 each, Clyda and Kiskeam 0 each.

Div Three: Newmarket 5, Kanturk 4, Rockchapel 4, Castletownbere 3, Aghada 3, Bishopstown, Mallow, Macroom 2 each, Kilshannig 1, Nemo Rgrs 0 Div Four: Glanmire 5, Bandon 4, Aghabullogue 2, Naomh Aban 2, Bantry 2, Iveleary 2, Boherbue 1, St Vincents 0, Ilen Rvrs 0, Glanworth 0.

Div Five: Buttevant 6, Adrigole 4, Kinsale 4, Kilmurry 2, Mitchelstown 2, Millstreet 2, Na Piarasaigh 2, Ballydesmond 0, Dromtariffe 0, Glenville 0 Div Six: Gabriel, Aghinagh, Cobh, Ballinora 2 pts each, Mayfield, St Nicks, Kildorrery and St Michaels 0 each.

Div Seven: Cullen, Castlemagner, St James 2pts each, Urhan, Ballyhooley and St Finbarrs 0, Canovee and Argideen still to play.

Div One:

Éire Óg 2-11 Douglas 0-8

Éire Óg impressed in gaining their first win in three outings against Douglas on Easter Sunday at Ovens. Douglas got the opening score but Éire Óg gradually grew into the battle and they were boosted by a sixth minute goal from the penalty spot well taken by Jack Murphy.

Rian O'Flynn then added to the home side tally with a point, Douglas responded but there was a second goal for the home side in the 25th minute, Daniel Healy with a neatly taken finish.

Éire Óg led by 2-2 to 0-5 at half-time and continued to add to their tally with points from Joe Cooper and Brian Hurley. It was 2-6 to 0-8 after 49 minutes and Éire Óg got the final five points for a fully merited victory.

The next league outing for Éire Óg is away to Cill Na Martra.

Scorers for Éire Óg: D Healy 1-3, J Murphy (1-0 pen) 1-2, J Cooper 0-2, B Hurley (f), E O'Shea, R O'Flynn, J

Sheehan 0-1 each.

Éire Óg: E Kelleher; C Clifford, J Mullins, M Corkery; D Dineen, D Healy, C McGoldrick; M Griffin, J Cooper; E O'Shea, J Murphy, D McCarthy; D Healy, R O'Flynn, B Hurley. Subs: D Casey for Clifford (20), J Sheehan for Hurley (48), E O'Shea for O'Shea (58).

Carbery Rangers 0-11 Ballincollig 0-8

Ballincollig went down away to Carbery Rangers on Easter Saturday.

An evenly fought encounter was delicately poised at the interval when Ballincollig led 0-6 to 0-5 but in the second half the home side re-emerged and kicked five unanswered points, led by four at the three quarter mark and maintained their advantage to register their first win in the competition having lost to Douglas and drawn with Éire Óg. Both sides were short a host of regular starters.

This game was decided in the third quarter when Carbery Rangers outscored their opponents 0-6 to 0-1 before the 47th minute.

On Sunday, April 14 Ballincollig enjoy home advantage for the visit of Nemo Rangers, whom they will meet in championship later.

Scorers for Carbery Rangers: D Hayes (0-2 f), B Shanahan 0-3 each, P Shanahan (f), P O'Rourke 0-2 each, P Hurley 0-1.

Ballincollig: Darragh Dorgan 0-3 f, Donnacha Desmond 0-2, Darragh O'Mahony, C Buckley, Sean Dore 0-1 each.

Ballincollig: C Walsh; D Ebili, JP Murphy, D Kerstein; J Murray, L Jennings, S O'Neill; S Dore, D Desmond; M Oldham, C Buckley, P O'Neill; B Keating, D Dorgan, D O'Mahony. Subs: B Dore h-t, P Kelly 41, S O'Neill 50, C Dalton 54.

Carrigaline 3-14 Cill na Martra 1-5

Cill na Martra, after playing draws against St Finbarrs and Nemo, travelled to Carrigaline for their third league game and were well beaten by the fit and focussed home side, managed by former Cill na Martra player and coach, Kevin O'Sullivan. A goal from Jason Mac Carthaigh for the visitors had them trailing by 1-3 to 1-1 after 16 minutes and the gap

between the teams had widened considerably by half time when Carrigaline led by 2-8 to 1-1. Points from Jason MacCarthaigh merely improved the appearance of the scoreboard as Carrig piled on the agony to the end. # Cill na Martra are short some regulars at present and will be hopeful of doing considerably better when these sides clash in the Senior A championship on September 15th-fully five months away!

Cill na Martra: Antóin Ó Conaill: Cormac Ó Cróinín, Finén Ó Faoláin, Eoin Ó Céilleachair: Donagh Ó Buachalla, Seán Ó Foirréidh, Cianie Ó Foirréidh: Gearoid Ó Goilí, Antóin Ó Loinsigh: Eoin Ó Conaill, Jason MacCarthaigh, Micheál Ó Cathasaigh: Shane, Maidhchí agus Ciarán Ó Duinnín. Fir Ionaid: Micheál Ó Deasúna, Donagh Ó Tuama, Daithí Ó Céilleachair.

Div Two:

Béal Átha'n Ghaorthaidh 2-18 Fermoy 0-2

Béal Átha'n Ghaorthaidh collected their first Division Two league points with a comprehensive victory over visitors Fermoy. Béal Átha had the benefit of the wind in the first half and made good use of it, leading by 1-9 to 0-2 at half time. The home side were clearly the better team and an under strength Fermoy could do little to break their dominance, even when the Avondhu men were assisted by the wind and the game drifted on to an inevitable conclusion.

Béal Átha scorers: Conchúr Ó Loinsigh 2-8 (0-3f), Donagh Seartan 0-3, Gearóid Ó Loinsigh 0-2, Colman Ó Tuama, Gavin Ó Laoire, Sean Ó Luasa, Seán Ó Muineacháin, Leonard Ó Conchuir 0-1 each.

Béal Átha'n Ghaorthaidh: Darren Ó Coill: Amhlaibh Ó Loinsigh, Barra Ó hArgáin, Nollaig Ó Laoire: Gavin Ó Laoire, Liam Ó Criodáin, Gearóid Ó Loinsigh: Matt Ó Riordáin, Éanna Ó Duinnín: Colmán Ó Tuama, Seán Ó Luasa, Conchúr Ó Loinsigh: Donagh Seartan, Ben Seartan, Sean Ó Muineacháin. Fir Ionaid: Dara Ó Ceallacháin, Leonard Ó Conchuir, Diarmuid Ó Ceallacháin, Cian Ó Duinnín.

Next: Clyda Rovers v Beál Átha April 13th

**Div Three:****Kilshannig 0-7 Macroom 1-13**

Macroom were deserving winners away to Kilshannig in the McCarthy Insurance Division 3 Football League played under lights at Glantane, and thus gained their first league points.

The home side were short some key players and lacked penetration up front, which was reflected on the scoreboard. The first half was tight but in the second, Macroom got on top and sealed the win with a late Conor O'Sullivan goal.

Seán Kiely had two early points for Macroom before the home side levelled at 0-2 each by the 8th minute. Alan Quinn pointed from the mark for the visitors before Kilshannig tied it up again from a free. Mark Hunt converted another mark on 20 and Macroom never really looked back for the rest of the game. Points by Dylan Twomey and Alan Quinn (free) were matched by points for the home side that cut the lead to a point. In injury time, combined play led to a fine point for Mark Hunt, 0-7 to 0-5 at half time, Michael Cronin and Hunt placed Alan Quinn for a point on the restart. Quinn had another point in the 37th minute. Points were exchanged, Eolan O'Leary kicking a great point for Macroom at the three quarter stage and the visitors added further points through Hunt, Quinn and Pa Lucey to lead 0-13 to 0-7 ahead and a late goal from Conor O'Sullivan after an Eoin O'Mahony shot was stopped left Macroom victors by a nine-point margin.

Macroom scorers: A Quinn 0-5 (0-3 f, 0-1 m), C O'Sullivan 1-0, M Hunt 0-3 (0-1 m), S Kiely 0-2 (0-1 f), E O'Leary, P Lucey, D Twomey 0-1 each.

Macroom: Brendan O'Connell; Ciarán Condon, Tony Dineen, Don Creedon; Michael Cronin, Mark Corrigan, Jack O'Riordan; Caleb Dinneen Patrick Lucey; Eolan O'Leary, Mark Hunt, Seán Kiely; Alan Quinn, Dylan Twomey, Rory Buckley. Subs: David Horgan, Darren Kelly, Eoin O'Mahony, Conor O'Sullivan, Shane Meaney.

Next: Nemo Rangers v Macroom, Tuesday April 9th

Div Four: Iveleary, Aghabullogue, Naomh Abán

Naomh Abán 4-14 Glanworth 1-3

Naomh Abán collected their first set of league points with a comfortable win over Glanworth at Glanworth. The visitors led by 1-5 to 0-1 after 15 minutes, 2-8 to 0-2 at half time and got a third goal within two minutes of the restart. It was 4-14 to 1-2 on 54 after the fourth goal and a welcome opportunity to play the full panel.

Naomh Aban: Finlay Walker: Éanna Ó Laoire, Seamus Ó Mathúna, Colm de Róiste: Jack Ó Donnchú, Seamus Hendy, Darragh F Ó Loinsigh: Caoimhín Ó Donnchú, Conchúr Ó Críodáin JC, Maidhchi Ó Liatháin, Deaglan Ó hAllamháin, Donal Ó Ceallaigh: Adrian Ó Cathasaigh, Ed Ó Mír, Niall Ó Ceallaigh agus Micheál Ó Ceallachain, Aodha Ó Cathain, Ciarán Ó Luasa, Marc Ó Críod, Darragh Ó Loinsigh, Seán Ó Riordáin, Jack Ó Murchú, Maidhc Ó Duinnín, Fionn Ó Loinsigh.

Next: Naomh Abán v St Vincents Thursday April 4th And Glanworth v Aghabullogue April 9thn and Iveleary v N Aban April 14th

Div Five:**Adrigole 1-10 Kilmurry 0-7**

Kilmurry came up against a well organised and highly motivated Adrigole on home ground in Ardgroon on Easter Sunday and could not complain about the outcome. The key score of the game was the Adrigole goal which came after ten minutes and served as a cushion for the home side to the finish. Kilmurry were adrift by this goal, 1-4 to 0-4 at the end of the first quarter and at half time Adrigole led by 1-7 to 0-5. Adrigole remained in control all through the second half and deserved their second win from three games to date.

Kilmurry scorers: Liam Wall 0-4 (0-1f), Greg Barrett, Joe O'Mullane and Joe McGinn 0-1 each. Kilmurry: Conor Kelleher: Owen Keane, William Ronan, Patrick Grainger: Darragh Linehan, Alexander Aisling, James O'Mullane: Kyle Kelleher, Daniel O'Mullane: Joe O'Mullane, Liam Wall, Rory Duggan: Joe McGinn, Greg Barrett, Tomas Collins,. Subs: Sean Curzon, Jed Hartnett, Barry Griffin. Next: Kilmurry at home

to Dromtariffe April 12th

Div Six:**Aghinagh 2-11 Kildorrery 0-6**

This was a fine start for Aghinagh on Easter Sunday in the County Div 6 league at Rusheen against formidable opponents from North Cork. Heavy underfoot conditions prevailed in Rusheen. Aghinagh had the better of exchanges in the first half and could have been further ahead than 0-5 to 0-2 at half time as they missed a number of good goal scoring opportunities. Kildorrery cut the deficit early in the second half but Gearóid O'Sullivan's accurate free taking and William Coakley's goal put daylight between the teams. An exquisite goal by Dave Barry towards the end of the game put the icing on the cake for Aghinagh in a convincing victory.

Aghinagh scorers: Gearóid O'Sullivan 0-5, William Coakley 1-1, Dave Barry 1-0, Micheál Horgan 0-3, Seán Kelleher and Con Buckley 0-1 each.

Aghinagh: Kevin Cotter, John Lynch, Donagh O'Riordan, David Kelleher, Euan Coughlan, Aodh Twomey, Declan Ambrose, Tadhg Sheehan, Shane Corkery, Thomas Morgans, Con Buckley, Seán Kelleher, William Coakley, Micheál Horgan, Gearóid O'Sullivan. Subs: T.J. Buckley, Dave Barry and Darragh McCarthy

Next: St Michaels v Aghinagh Saturday Apr 13th

Ballinora 0-13 Mayfield 0-9

Ballinora led by 0-9 to 0-5 at half time and matched the visitors score for score to retain control in the second half and get their league campaign off to a good start.

Next: St Nicks v Ballinora Apr 14th

Div Seven:

Bad weather caused the cancellation of the Argideen v Canovee opening round league game.

Next: Canovee v Ballyhooley April 14th

RED FM COUNTY HURLING LEAGUES

Div One

League Table: Sars and Charleville 4pts each, Kanturk, Na Piarasaigh, Douglas, Carrigtwohill, Blackrock, Glen Rovers all on 2, Ballincollig and Fr O'Neills 0 after two rounds.

Ballincollig 0-16 Charleville 2-17

Ballincollig suffered their second successive league defeat, going under at home to Charleville, a second successive win for the North Cork side.

Two first-half goals gave them a lead they held onto, even when the Village had all the possession and rattled off 0-4 without reply before the break. 'The Village' were however reliant on Adam Wills' accuracy from frees from the bulk of their scores. The visitors led by 2-5 to 0-10 at the interval, always remained in front and they extended their lead in the second half. After 42 minutes it was 2-10 to 0-11, 'Collig did trim the gap to three, 2-11 to 0-14 with 12 minutes remaining but Charleville pushed on again, keeping the scoreboard ticking over and they won by seven. Scorers for Ballincollig: A Wills 0-9 f, B Keating, S O'Neill 0-2 each, C O'Driscoll, S Wills, M Oldham 0-1 each.

Ballincollig: J Lenihan; P Kelly, J Murray, D Ward; D O'Sullivan, B Coleman, C Sexton; B Keating, A Wills; S Wills, P Cooney, S O'Neill; P Morris, C O'Driscoll, C Dorgan. Subs: P O'Neill h-t, M Oldham h-t, C Dalton 35, D O'Mahony 54.

52 Outlook 04.04.24

Referee: Brendan Barry Murphy (Aghabullogue)

Div Two

League Table: Carrigaline and Middleton 4pts, St Finbarrs and Éire Óg 3, Newtownshandrum, Killeagh and Courcy Rvrs 2 each, Erins Own, Fermoy and Bride Rovers 0.

Éire Óg 0-16 Newtownshandrum 0-14

This was another good result for Éire Óg in the Red FM Hurling League Division 2 at Ovens on Sunday, the home side coming out on top after a keenly contested encounter.

Newtown started well but Éire Óg grew into the contest as the half progressed and at half time the home side that held a 0-10 to 0-6 advantage.

The outstanding Eoin O'Shea and Cooper kept things ticking over for an Éire Óg unit that was showing great work-rate, and they led 0-14 to 0-11 at the midway point of the second half. Newtownshandrum launched a late rally which left just two points between the teams in stoppage time and Éire Óg, defended resolutely and held out for a well-earned victory.

Scorers for Éire Óg: Joe Cooper, Eoin O'Shea (0-4 f) 0-6 each, D Casey, Kevin Hallissey, Brian Hurley, David Kirwan 0-1 each.

Éire Óg: M Brennan; J Mullins, M Brady, B Corcoran; D Dineen, C McGoldrick, D O'Herlihy; D McCarthy, K Hallissey; D Kirwan, E O'Shea, B Hurley; D Casey, J

Cooper, D Healy. Sub: J Sheehan 46.

Next: Fermoy v Éire Óg April 7th

Div Three:

League Table: Mallow and Ballymartle 4pts, Valley Rovers 3, Inniscarra, Blackrock, Ballinhassig and Blarney 2 each, Bishopstown 1, Newcestown and Castletelyons 0.

Inniscarra 0-17 Blackrock 0-10

Rockies led by 0-5 to 0-2 after the first quarter, but only a point separated the sides at half time, 0-7 to 0-6 as Inniscarra began to find their rhythm. Inniscarra were in front within two minutes of the resumption, led by 0-13 to 0-8 at the three quarter mark and were full value for their seven point win.

Blarney 0-15 Bishopstown 1-10

Blarney started well, led by 0-5 to 0-3 after the opening quarter and by a single point 0-7 to 0-6 at half time. Blarney had a fine third quarter and led by 0-13 to 0-7 and by five points into time added when Bishopstown had a goal to cut the final gap to two points.

Div Four:

League Table: Lisgoold and Youghal 4, Cloughduv and Bandon 3, Ballyhea, St Catherine's and Kilworth 2 each, Russell Rovers, Kildorrery and Milford 0.

Milford 1-16 Cloughduv 3-12

Cloughduv followed up their draw at home with Bandon with a journey to North Cork and victory



over Milford

Next: Cloughduv v Russell Rovers Sunday April 7th 11.30am start

Div Five:

League Placing: Castlemartyr and Watergrasshill 4 each, Tracton, Mayfield, Aghabullogue, Dungourney and Argideen, all on 2, Ballygarvan, Midleton and Cloyne 0 to date.

Midleton 0-9 Aghabullogue 0-16

Aghabullogue got their league campaign off to a good start with an away win over Midleton

Next: Aghabullogue v Tracton Sunday April 7th 11.30am

Div Six: No Mid Cork teams

Div Seven: Ballinora

April 6th: Ballinora v Douglas

Roinn Mhuscraí CLG

EPH Controls Football Leagues

Division 1

Ballincollig 2, Béal Átha'n Ghaorthaidh 0, Clondrohid 1, Donoughmore 1, Éire Óg 0, Grenagh 4, Inniscarra 0, Kilmichael 0

Division Two East

Aghabullogue 0, Ballincollig 0, Ballinora 4, Blarney 2, Donoughmore 0, Éire Óg 0, Inniscarra 0, Dripsey 2

Division Two West

Aghinagh 0, Béal Átha'n Ghaorthaidh 0, Canovee 2, Cill na Martra 0, Macroom 0, Uíbh Laoire 2, Kilmurry 0, Naomh Abán 2

Division Three

Div 3 FL – 8 teams, 7 games, Top 2 placed teams will play final - Commencement date 14th April

Ballincollig, Béal Átha'n Ghaorthaidh, Gleann na Laoi, Inniscarra, Kilmichael, Naomh Abán, Macroom,

Grenagh

Division Four

Div 4 FL – 4 teams, 3 games, Top 2 placed teams will play final - Commencement date 23rd June

Dripsey, Clondrohid, Canovee, Blarney

HURLING

Cumnor Construction Division 1

Aghabullogue 0, Ballincollig 0, Blarney 0, Donoughmore 2, Dripsey 2, Éire Óg 0, Grenagh 2, Inniscarra 2

Erneside Engineering Division Two

Blarney 0, Cloughduv, Éire Óg 2, Gleann na Laoi, Grenagh, Inniscarra, Uíbh Laoire, Kilmichael

Erneside Engineering Division 3

Ballincollig 2, Ballinora 2, Donoughmore 2, Laochra Óg, Lough Rovers

MID CORK GAA CHAMPIONSHIPS 2024

CHAMPIONSHIP DATES & FORMATS 2024

Junior A Football & Hurling Championship will commence on the same weekend as the county football & hurling championship. Football commencing weekend 26th -28th July and Hurling commencing weekend 2nd -5 th August. Deadline for Divisional Junior A Finals is Sunday October 27th. Junior B Football provisional commencing 10th -11th August, Junior B Hurling provisional commencing 30th Aug-1 st Sept. Deadline for Divisional Junior B Finals is Sunday October 27th . Junior C Football commences in late September depending on the rounds of U21 Hurling completed and also teams' involvements with first and second teams.

U21 Football has already been concluded, U21 Hurling provisional last weekend of October and have a straight knockout.

Remembering the 1890s

A recent commemorative event in Dublin had special significance for two Mid Cork clubs, Aghabullogue and Clondrohid, each of them represented at the ceremonies.

Clonturk Park in Drumcondra in Dublin, was the venue for the All-Ireland finals in both hurling and football for 1890, 1891, 1892, and 1894 was marked by the unveiling of a Dublin City Council commemorative plaque recently by Lord Mayor of Dublin Daithí De Róiste and Uachtarán CLG Jarlath Burns.

The matches included landmark occasions such as Cork's first All-Ireland championships in hurling and football, and Dublin's first football title, as well as Kerry's victory in the 1891 All-Ireland senior hurling

final.

After Clonturk Park's era as the preferred GAA venue in the city came to an end, the All-Ireland finals of the 1895 Championships were the first to be played a short distance away on Butterly's amusement grounds on Jones's Road, the venue now better known as Croke Park.

The matches were played at a time of upheaval for the fledgling GAA and in an age where the Association was in danger of fading only a decade after its foundation. It makes the significance of the Clonturk Park finals even more worthy of celebration as they represent the GAA's spirit of survival against the odds.

GAA President Jarlath Burns said: "In this the 140th anniversary of the foundation of the GAA it is wonderful to see this plaque at Clonturk Park being unveiled and with it the chance to remember and acknowledge the important contribution made by the players and officials who kept our games alive during this period and ensured they could grow and prosper. Our thanks to Dublin City Council and local residents for their support. It is good to know that the warriors who played out their own epic contests here for All-Ireland honours will be celebrated once more." Speaking at the unveiling of the commemorative plaque, Lord Mayor of Dublin Daithí De Róiste said: "Clonturk Park is a site of national sporting significance, and it is also a crucial part of the Dublin GAA success story. Gaelic games in Dublin predate the formation of the GAA itself in 1884. The presence of Dublin teams in Clonturk were part of a Dublin

revival. And while it was common for Dublin teams of this time to be comprised of many country players working in the city, the success of Dublin teams fed the expansion of the GAA in the city and later the new suburbs that rose up in the early decades of independence. I wish to commend the GAA with more than 90 clubs in Dublin today. This presence owes much to the inspiration that can be traced back to the players at Clonturk Park."

The decision to erect the plaque was made by the Dublin City Council Commemorations & Naming Committee following an application from the GAA History & Commemorations Committee for a plaque commemorating Clonturk Park as an historic GAA venue. The plaque has been placed on the wall of the pavilion of Drumcondra F.C. in Clonturk Park.

Councillor Vincent Jackson, DCC Naming and Commemoration Committee Chairperson said: "The Commemorative Plaques Scheme allows the City to formally commemorate people who have made a significant contribution to the life of Dublin. We welcome suggestions from the public for people and events to be commemorated and full details are on the Council website."

An information panel giving more details on the games played there will follow in the coming weeks. An event to mark the staging of the 1893 All-Ireland finals in football (won by Young Ireland's of Wexford) and hurling (won by Blackrock of Cork) will take place in the Phoenix Park this July.

ALL-IRELAND FINALS AT CLONTURK PARK - HURLING

1890 - Cork (Aghabullogue) 1-6 v Wexford (Castlebridge) 2-2*

1891 - Kerry (Ballyduff) 2-3 v Wexford (Crossabeg) 1-5 (after extra time)

1892 - Cork 2-4 v Dublin 1-1*

1894 - Cork (Blackrock) 5-20 v Dublin (Rapparees) 2-0

*Matches unfinished, titles later awarded to Cork Football

1890 - Cork (Midleton) 2-4 v Wexford (Blues & Whites) 0-1

1891 - Dublin (Young Irelands) 2-1 v Cork (Clondrohid) 1-9*

1892 - Dublin (Young Irelands) 1-4 v Kerry (Laune Rangers) 0-3

1894 - Dublin (Young Irelands) 0-6 v Cork (Nils) 1-1**

**In 1891 goals were worth more than any number of points. After a Cork objection a replay was unplayed.



Naomh Abán V Glanworth

**In 1894 goals were worth five points. After a replay, title later awarded to Dublin



MACROOM SOCCER CLUB



Macroom U14 girls who defeated Ringmahon 3-1 in the National Trophy quarter final.



Pictured are some of the U14 girls with June, Costcutters Masseytown who sponsored the large spread of hot food after the game.

LADIES:

History was made last Sunday morning at Murrayfield when our U14 girls took to the pitch in the quarter final of the SFAI National Trophy. This was the furthest a team had ever gotten in the competition and the large crowd in attendance was as excited as the players. Division 1 placed Macroom faced tough opponents in Premier side Ringmahon FC. Thank you to Evelyn McSweeney for sponsoring the match ball. After the SFAI photos the girls were eager to get the game started. Macroom's captain Evie McMahon won the toss and as the referee blew his whistle to commence the game, the girls took full control of the game early on. Shannon Cotter found Isabelle Lehane on the wing who struck the ball only for it to be saved by the keeper. However, the wet conditions

caused the ball to slip from her hands and Áine O'Riordan scored for Macroom just three minutes in. Driven by an early lead and the supporting sideline both teams played some superb football. Ringmahon sought many chances but these were thwarted by a solid defence. Chloe Hubbard was absolutely outstanding in goal and was nominated player of the match. Shauna Keane received a throw from Katherine Toale and bravely ran the ball down the wing, passed Ringmahon's defence to score the second before half time. The second half was a similar battle to the first, with solid performances from both sides. A pass from Áine O'Riordan to Shauna Keane saw Shauna again take on the defenders as well as the keeper and sail the ball beautifully over the heads and into the back of the net. The crowd were going

wild with excitement as Macroom led by three goals. A well taken Ringmahon corner brought the score to 3-1 but as the final whistle blew, Macroom celebrated on what was a stellar whole team performance. Both teams and supporters were treated to an amazing spread of hot food afterwards in the clubhouse which was very generously sponsored by June of Costcutters, Masseytown. Macroom will welcome Stella Maris FC at home on April 14th in the semi-final.

In other news, the girls academy takes place every Saturday morning at Clondrohid astro from 11:30-12:30. New players welcome to join these budding football stars. Please contact our girls secretary Fiona on 085-7791372 for more information.

THE LADS:**Munster Senior Cup Round 2.****Leeside 3 Macroom 2.**

Macroom, sponsored by Murray's Bar, travelled to Little Island last Friday evening and lost out narrowly following a brave performance under lights. This was the third time these teams have met this season with Leeside winning the league game and Macroom winning the Pop Keller cup fixture. Macroom had not played a game in weeks due to the bad weather and that was obvious early on. The visitors were just finding their feet when they went behind on 20 minutes. The Macroom response was a good one and they created several chances without working the home keeper. In first half injury time an inswinging Leeside free unfortunately glanced off a Macroom head and ended up in the net.

The second half started brightly for Macroom as they threatened to break through the Leeside defence. Again though on 52 mins, a cross was headed home by a Leeside midfielder. At 3-0 down the Macroom challenge could have faded, but the spirit the players showed was amazing. A minute after Leeside's third goal Macroom got themselves a free kick just outside the box on the right side. Up stepped Sean Murphy who bent the ball around the wall to score a great goal. The game now was going from end to end with Macroom pushing to get a second. On 57

mins, the ball fell to centre half Conor Kelleher inside the Leeside penalty area and he produced a brilliant strike to beat the home keeper. It was 3-2 now with a half an hour to play. Macroom left everything on the pitch and the club couldn't be more proud of them. But unfortunately, time ran out and they were unable to find the equaliser. The MSL team are disappointed to exit the cup but the team performance from all 13 players was fantastic, well done to every player and management.

Schoolboys Round Up

In the U13 league Macroom A had a fine 5-1 win over Avondale B at the Town Park. Conal O'Mahony started off the scoring with an early goal only for the visitors to level soon after. Iken Van Straalen made it 2-1 in a very entertaining game. Gena Lisovyi was again in flying form and he struck for a fantastic hat trick to give Macroom a comfortable win. Great football from both teams, well done to all. Thanks to ref Andrzej Juzczak. The U15A lads headed to Carrigtwohill but lost out to a strong home side, well played all. The U13s had a good away win over Kinsale at a blustery Madden Park. The visitors faced the wind and rain in the first half but took an early lead via David Twomey after some very good build up play by Lochlainn Phelan and Sean MacSullivan. Macroom made it 2-0 on the stroke of half time via a superb MacSullivan shot from the edge of the box. Macroom had the

strong wind at their backs in the second half and it wasn't long before another goal arrived when Twomey played MacSullivan in for his second of the day. Shortly after that it was four when a Con Moss corner ended up in the back of the Kinsale net. The game finished 4-1 as Kinsale continued to press and were rewarded with a goal late on. Well done to the Kinsale team and coaches for contributing to a sporting game and providing fantastic facilities for the travelling Macroom team. All 13 Macroom players contributed with players rolling on & off throughout. Captain on the day was Conor England, who once again had a superb game. Thanks to all the Macroom parents for the great support as always in what was an early fixture for everyone travelling.

St Patrick's Day

A big thanks to all players, coaches and parents who walked in the excellent parade in Macroom this year. A rare fine day and a very big crowd made for an enjoyable afternoon for all. Well done to everyone for representing Macroom FC.

Condolences

All at Macroom FC would like offer our sincere condolences to our schoolboys coach Pat Melia, following the sad passing of his brother Eamonn recently. Deepest sympathy from all at the club.



Macroom FC U13 schoolboys who won 5-1 v Avondale Utd at the Town Park.



The U13A schoolboys from Macroom FC who defeated Kinsale 4-1 away from home.



COACHFORD AFC

Coachford Team of the Month award

The Coachford B Team collected their Cork AUL Team of the Month Award at a ceremony in Murphy's Brewery in Cork last week. The lads were awarded the January Team of the Month for their outstanding 4 victories in a row during January. Their manager Mossie Mooney said " We are delighted with this award, it's testament to the commitment and effort all the players and coaches have put in this season. The recent poor weather has meant that we have not been able to capitalize on that form but hopefully things will pick up soon and we will be back on the pitch playing and winning more games."

Coachford U13s go top of the table

The Coachford U13 boys team climbed to the top of the table after defeating Rathcoole Rovers in a thrilling top of the table clash in Rathcoole last week. As expected the match was a thrilling game of football with both sides showing amazing commitment and skill. Coachford's Hat Trick hero was Eoghan Dineen who scored all of Coachford's goals and meant that the 3-1 win for the boys ensured they went one point clear at the top of the league with just 3 games to play.. Nail biting stuff to be sure.

Coachford U14s in pole position

The Coachford U 14 boys team secured their league leaders position after playing out a tight 1-1 draw with league rivals Fermoy Town on Easter Sunday in the North Cork town. Coachford are one of three teams who can win the title and this latest clash with Fermoy was a key game in the closing stages of this league. Team manager Liam White said "Getting a



Coachford U12 soccer squad who defeated Corinthians in the league

result away from home was vital in our plans to lift the trophy this season. If we had lost then Fermoy would only have been 2 points behind us with a game in hand. As it stands now we are in the driving seat with 4 games left and it's in our own hands to make sure we finish the season strong"

Coachford U12s are still in contention

The Coachford U12 team are in a tight battle with 3 other teams to lift the league trophy with just over halfway gone in the competition. Coachford racked up another win on Easter Sunday when they defeated a very well organized Corinthians side 4-3 in Coachford. This was a terrific game of soccer which ebbed and flowed all morning but thankfully the Coachford side came out on top and bagged another 3 points in their quest to keep the pressure on Buttevant and Pearse Celtic who are just ahead of

them on the table.

Soccer Club looking to score with golf balls

Coachford AFC are running a Golf Classic in May to raise funds towards developing an all-weather training and playing area at their grounds at The Glebe, Coachford.

This new facility will mean their boys and girls teams can train and play in all weathers.

The Golf Classic takes place at the Lee Valley Golf and Country Club on Thursday May 16th. A team of 3 costs just €150. There are also sponsorship opportunities available for companies and businesses to be part of this occasion.

You can contact Sandra on 087 218 5376 or Dympna on 087 908 9134 for details on any of the above and to book your Tee Time. Please support.



The Coachford AFC B Team at the Team of the Month awards in the Kiln at Murphy's Brewery in Cork



Coachford U14 soccer team who drew with Fermoy in their league clash



Congratulations to Sean & Millie Mac Sullivan who have both been chosen to represent Ballinagree NS in the upcoming Primary Games competition which will be played at half time at the Cork V Limerick match in Páirc Uí Chaoimh on the 7th of April



Ciara, Mary and Michelle c/o Greyhound Bar were recent Macroom FC weekly lotto jackpot winners. They received their winnings from lotto committee members.

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MEP KELLEHER CALLS ON GROCERY RETAILERS AND CO-OPS TO ACCOMMODATE FARMERS SUFFERING DUE TO POOR WEATHER

- THIS IS ABOUT SURVIVING 2024 AND BEING BACK IN BUSINESS IN 2025 -

"Grocery retailers in Ireland, as well as suppliers to farmers, such as co-ops, must be more accommodating to the Irish agricultural sector in light on the ongoing bad weather which is having a serious impact on productivity," says Fianna Fáil MEP and Ireland South Candidate Billy Kelleher.

"The last number of weeks and months have been incredibly tough and stressful for Ireland's farmers. Whether it is our tillage and horticulture sectors that have been unable to plant their crops, or our dairy, sheep or suckler farms who have been unable to put their animals out on their land due to it being so wet and paying through the nose for fodder, Irish agriculture is in difficulties.

"Rainfall for the country in March was approximately 140% of the average with certain parts of the country

receiving even more rainfall. The bad weather has hampered spring operations such as planting. Farmers have been forced to keep their animals in sheds rather than putting them out to graze. This is costly for farmers who must now pay for feed rather than using the ample supply of grass in their fields.

"I am calling on our grocery retailers to be more generous with their pricing at this time. Perhaps a short-term solidarity payment can be made to affected farmers to alleviate their challenges.

"Additionally, those suppliers of Irish agriculture need to be understanding in terms of payments and prices. There's no point making a higher profit off of a farmer this year when he or she is in trouble financially if your actions might put them out of business next year. We all need to think about the long term.

"While I have no doubt the government will step in and support farmers with their own measures, I believe the sectors that rely on a productive and profitable agricultural sector, i.e. co-ops and retailers, have to do more to support farmers.

"This is about surviving 2024, and making sure all of our farmers are still in business for 2025. It's in everyone's interests for that to happen," concluded Kelleher.



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FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

PAT BUCKLEY

14 Dan Corkery Place, Macroom and late of The Cottage, Castlemore, Crookstown, Co. Cork. His first anniversary occurs on the 12th of April 2024.

As we fondly remember Pat on his first anniversary, his sister Mary, his brothers John, Dan and Tim, brother-in-law, sisters-in-law, nieces, nephews and all extended family wish to express our sincerest gratitude and thanks to all who sympathised with us on our sad bereavement. We would like to thank all those who attended Pat's removal and funeral. A very special thank you to his friends Anthony and Finbarr. We would like to thank Billy and his team at Fitzgerald's Funeral Directors for their advice and professionalism. Thank you to Fr. Joe and Fr. Donovan and to sacristan Tessie for a lovely funeral mass. As it would be impossible to thank everyone individually, the holy sacrifice of the mass will be offered for your intentions. Pat's first anniversary mass will be held at 11:30am on Sunday the 14th of April 2024 at St. Joseph's Church, Cloughduv.

*God looked around his garden
and found an empty place
He then looked down upon the Earth
and saw your tired face
He put his arms around you
and lifted you to rest
With the help of his angels they flew
you to your heavenly place.*



Remembered by his brothers and sister and all his family and friends

4TH ANNIVERSARY



In loving memory of

NORA O' SULLIVAN

Rosnakilla, Terelton Macroom Co Cork.

*Gone from home that smiling face,
the cheerful pleasant ways,
the heart that won so many friends,
in bygone happy days.*

*We hold you close within our hearts
and there you shall remain,
to walk with us throughout our lives
Until we meet again.*

*So rest in peace dear loved one
and thanks for all you've done,
We pray that God has given you
the crown you've truly won.*



Too dearly loved to be forgotten. Always in our thoughts forever in our hearts Marie Jess and Florence xxx

12TH ANNIVERSARY



In loving memory of

NORA ROCHE

Slievreagh, Ballyvourney. Who died on April 7th 2012.

*We miss you now, our hearts are sore,
As time goes by we miss you more,
Your loving smile, your gentle face,
No one can fill your vacant place.*

*Always in our thoughts
Forever in our hearts.*



Saint Gobnait Pray for her.

Always remembered by Her loving family.

8TH ANNIVERSARY



In loving memory of

SUSAN FITZGERALD

Oakwood, Macroom. Died 14th April 2016

*Everyday in some small way
memories of you come our way
though absent you are ever near
still missed, loved and always dear*



Fondly missed by family and friends.

28TH ANNIVERSARY



In loving memory of

MARY MURPHY (NEE MOLONEY)

"Hillside", Kilnagurteen, Macroom. Who Died on 13th April 1996

*No matter how life changes,
No matter what we do,
A special place within our hearts
Is always kept for you.*



Loved and missed everyday by Mairead, Sheena, Susan and Teddy Joe and their families.

13TH ANNIVERSARY



In loving memory of

MARGARET KELLEHER

Coolcaum, Kilnamartyra, Macroom who died on the 4th April 2011

*Time and years slip quietly by,
But love and memories never die,
In our hearts you will always stay,
Loved and remembered everyday.*



Sadly missed by her husband Connie, daughter Susan, sons Greg and Conor, grandchildren Noah, Ava, Ellie and Olan, brothers, sisters and extended family.

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.

Never known to fail. Must promise publication of prayer.

x

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. JJM

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. SB

11TH ANNIVERSARY



Treasured memories of our beloved

JERRY MANNING

Coolnadane, Macroom.

Precious son and brother whose anniversary occurs on 6th April.

*In life we loved you dearly,
in death we do the same.*



Loved and sadly missed by Mam, John, Julie, David, Martin, Raymond, Maria, Kevin and extended families.

2ND ANNIVERSARY



In loving memory of

NOREEN BURNS

Tarelton, Macroom

Who died 11th April 2022.

Remembering our Noreen with love today - beloved wife, mother, Nana & friend xx May she Rest in Peace.

"Oh to have that one last conversation..."



Loved always by Connie & family.

Anniversary Mass in Cooldorrihy on the 13th of April at 8pm

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

JANE TWOHIG

Cooldaniel, Toames

Clontarf, Dublin

Who passed away on the 5th April 2023

Thank you to Fr Pat, Kathleen Buckley, Martin and Billy Fitzgerald undertakers and to Kilmichael GAA on the burial day. Thank you for all the expressions of sympathy, letters and mass cards which have been a great comfort to us.

Kind Neighbours and Friends and all those who travelled long distances to be with us. A Mass will be held in Toames Church, Kilmichael on the 7th April 2024 at 10am.

*Those we love dont go away,
They walk beside us everyday,
Unseen, unheard but always near,
Still loved, still missed and forever dear.*



2ND ANNIVERSARY



In loving memory of

TONY O'CONNELL

Bawnmore & Masseytown.

Died on 5th April 2022

Those special memories of you will always bring a smile.

If only we could have you back for just a little while.

Then we could sit and talk again just like we used to do,

you always meant so much to us and always will do too.

The fact that you're no longer here will always cause us pain,

but you're forever in our hearts until we meet again



Sadly missed and never forgotten by Rebecca, Gary, Saoirse & Callum.

Anniversary mass for Tony takes place in St. Coleman's church Macroom on Saturday 6th April at 10am.

10TH ANNIVERSARY



In loving memory of

JEREMIAH KELLEHER

Carrigthomas, Macroom

Who died on the 15th of April 2014

*As each day dawns,
we think of you.
As each night falls,
we pray for you.
And throughout our lives,
no matter where, in our hearts
You are always there.*



Always remembered by his loving family

6TH ANNIVERSARY



In loving memory of

DONAL MOYNIHAN

Drishlaoi, Coachford

who died on 13th April 2018.

*Those we love don't go away,
They walk beside us every day,
Unseen, unheard, but always near;
Still loved, still missed so very dear.*



Always loved & remembered by his wife Sheila, son Michael, daughters Josephine & Helena, grandchildren & extended family

2ND ANNIVERSARY AND 33RD ANNIVERSARY



In loving memory of

MAUREEN CUNNINGHAM **JOE CUNNINGHAM** **GERARD CUNNINGHAM**

Maureen who died 29th March 2022

Joe who died 17th April 2023

Gerard who died 17th March 1991

Sleaveen Rd, Macroom and St Colman's Park.

*Time and years slip quickly by, but love and memories never die,
In our hearts you will always stay, loved and remembered every day.*



Never forgotten. Sadly missed by Fiona, Noel, Priscilla, and all the extended family.

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21ST ANNIVERSARY



In loving memory today and always of a dear son, brother, uncle and granduncle

MICHAEL DONLON

Roughgrone, Bandon, Co. Cork who died on the 2nd of April 2003.

Aged 32 R.I.P

*Our thoughts and prayers we send today
To a star in the sky not far away.
Engraved in gold on a cloud above
Just for you with all our love.
Every day on some small way
We miss you more than words can say.
In our hearts you will always stay
Loved and remembered everyday.*



Sadly missed and always remembered by his loving father Richard, sisters Marian & Nora, nephews Kenneth, David, Sean. Kenneth's wife Laurie, grandnephews Darragh & James.

2ND ANNIVERSARY



In loving memory of

DENIS BRADLEY

Sleaveen East, Macroom Who passed away on the 15th of April 2022

*We hold you close within our hearts
And there you shall remain
To walk with us throughout our lives
Until we meet again*



Lovingly remembered and sadly missed by your family.

39TH ANNIVERSARY



In loving memory of

MICHAEL KELLEHER

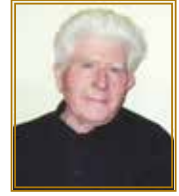
Bealick, Macroom, Co. Cork Died 4th April 1985

*A loving nature,
A heart of gold,
These are the memories,
We never forget,
On his soul sweet Jesus have mercy.
RIP*



Always remembered by his loving Brothers, Sisters, Brother-in-law, Sister-in-law, Nephews, Nieces, Grand Nephews, Grand Nieces. May he rest in peace.

10TH ANNIVERSARY



In loving memory of

HUGH TWOMEY

(HUGH MIKE HUGH) The Mills, Ballyvourney Who passed away on 3rd April, 2014

*There is a face before us
A voice we would love to hear,
A smile we will always remember
Of a Dad we loved so dear.
Dear Dad you gave us so much
Your sense of fun and fairness,
Your love and wisdom
And the importance of enjoying
and treasuring life.*

Always remembered with great love and affection by Margaret, Joan, Michael, Mary and Martin & their partners and his 16 grandchildren and two Great Grandchildren Ellie and Jenny
xxxxx

3RD ANNIVERSARY



In loving memory of

TADGH LYONS

Curraheha, Crookstown, Co. Cork. who died on the 7th of April 2021.

*A smile for all, a heart of gold.
The very best this world could hold.
Never selfish, always kind,
These are the memories
You've left behind.*



Always remembered by your loving family, Peg, Peter, Marie, Eileen & Clare, & your son's in law & grandchildren.

5TH ANNIVERSARY



In loving memory of

JOE LEAHY FARRAN

5 years away from home on April 7th

*May the winds of Heaven blow softly
And whisper in your ear
How much we love and miss you
And wish that you were here.*



Always so loved and so missed by your wife Mai and your family

6TH ANNIVERSARY



In loving memory of

TIMMY O'CALLAGHAN

Curraclough, Lissarda Who died on 6th April 2018

*A silent thought
A quiet prayer
For a special person
In God's care.*



Always Remembered by his Loving Family Shelia, Ursula, Dan, Helen and Brendan.

6TH ANNIVERSARY



In loving memory of

MARTIN BURKE

Stamford, Connecticut formerly Rahoona, Ballymakeera. 30th March 2018

*A Smile for all, a heart of gold.
The very best this world could hold.
Never selfish, always kind,
These are the memories
You've left behind.*



Sadly missed by his loving family, Liam, Siobhán Jack and Joanne.

Ed 14

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. SH

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17TH ANNIVERSARY



In loving memory of

**CON
MOYNIHAN**

**Coachford, Co. Cork,
who died on 28th March 2007**

Ar Dheis Dé go raibh a h-anam dheilis.

*Will those who think of Con today,
A little prayer to Jesus say.*



Always remembered by his loving family,
Seamus & Mairéad

2ND ANNIVERSARY



In loving memory of

**TONY
O'CONNELL**

Masseytown, Macroom.

*Softly in the morning
you heard a gentle call,
You took the hand god offered you
And quietly left us all.*



Lovingly remembered by
Joanne, Shane, Chris, Jack and Ruby

2ND ANNIVERSARY



In loving memory of

**MARY
O'SULLIVAN
(NÉE LONG)**

**Ballytrasna lissarda co cork,
who died on the 3rd April 2022**

*The eyes we loved are sleeping,
The hands that toiled are still.
The one who did so much for us,
is resting at God's will.
We hold you close within our hearts
and there you will remain,
To walk and guide us through our lives
until we meet again.*



Fondly remembered and greatly missed
by your loving family.

7TH ANNIVERSARY



In loving memory of

**PATRICK
JOSEPH (P.J.)
LEHANE**

**Kilnagurteen, Macroom
Who died on 13th April 2017**

*As each day dawns,
we think of you.
As each night falls,
we pray for you.
And throughout our lives,
no matter where, in our hearts
You are always there.*



Deeply missed by his loving wife Anne,
children Angela and Paul, and
grandchildren Leanne, Neil and Paul,
in-laws John and Donna, family and
friends.

2ND ANNIVERSARY



In loving memory of

TONY O'CONNELL

Bawnmore & Macroom

Who passed away on April 5th 2022

*Thinking of you today dad
like many other days
brings special thoughts of you
of happy times we shared
And once more it's a reminder
that life's road is sometimes rough
because the time we shared wasn't long enough.
For you were someone special
who will always be remembered
so sending thoughts to heaven
on the day you went away
Your missed more than
words could ever say
remembered and loved always.*



Marcella, Patrick, Emma, Aiden and Amy

2ND ANNIVERSARY



In loving memory of

**TONY
O'CONNELL**

Bawnmore & Macroom

Who passed away on April 5th 2022

*Along the road of suffering
You found a little lane,
That took you up to Heaven,
And ended all your pain.
You may be out of sight,
We may be worlds apart,
But you are always in our prayers
And forever in our hearts.*



Lovingly remembered always by your
brother Danny, sisters Eileen, Mairead,
Julie, Anne-Marie & families

4TH ANNIVERSARY AND 17TH ANNIVERSARY



In loving memory of

**ANASTATIA
RONAN**

**Who passed away on
the 14th April 2020**



**KEVIN
RONAN**

**Who passed away on
the 11th April 2007**

30 O'Connor Park, Masseytown, Macroom

*Just a prayer from the family
Who loved you
Just a memory fond and true
In our hearts you live forever
because we thought the world of you.*



Lovingly remembered by your loving family.
Catherine & Martin, John & Gillian, Craig, Ava, Ben, Oran & Ella.

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