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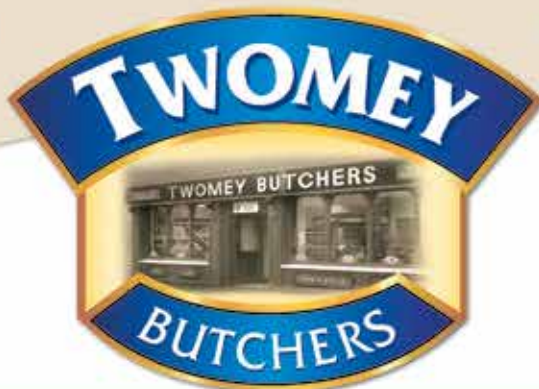
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If you cannot access physical copies, the LVO can be viewed online at: <https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions

will be published in the following edition. As always submissions as Gaeilge are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you would like to submit an article as bearla nó as gaeilge, please feel free to email us here on leevalleyoutlook@macroom.ie, we would love to hear from you.

Go raibh maith agaibh, Peter & Gráinne

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Please note Des has a new number

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MACROOM GIRL GUIDES

World Thinking Day 22 February.

World Thinking Day happens every 22nd February and is a chance for Girl Guides and Girl Scouts across the world to think about each other, the worldwide movement they are part of and important issues. This date has a significant relevance as it is the joint birthday of the founders of Guiding and Scouting: Lady and Lord Baden Powell.

In 2024, the theme of World Thinking Day is Our World, Our Thriving Future.

To celebrate World Thinking all members of Macroom Girl Guides came together to celebrate this very special day in the guiding calendar. At the Thinking Day ceremony two Ladybirds stepped up to Brownies and one Brownie stepped up to Guides. Ladybirds and Brownies also received their promise pins during the ceremony. Dara Russel of McEgan Senior Branch also received her Bronze Gaisce award during the ceremony.

As part of the Thinking Day celebrations all members of IGG are encouraged to wear their uniform to school, college, and their workplace to raise awareness of the organisation they belong to. Prior permission was sought from the schools in the area, and we would like to thank the schools for their continued support of our Awareness Day.

Bronze Gaisce Award

My name is Dara Russell and I recently received my Bronze Gaisce award. For this award I had to complete 13 weeks of physical recreation, a personal skill and community involvement, one of which I had to extend for an extra 13 weeks. I also had to complete a 25km hike over 2 days and 1 night. I



Ladybirds, Brownies, Guides, Senior Branch and Leaders at the annual Thinking Ceremony on Thursday 22nd Feb

signed up for Gaisce through Irish Girl Guides, with my unit, MacEgan Senior Branch, Macroom. Irish Girl Guides is a Gaisce award partner meaning that once you complete your Gaisce award you also get the equivalent Senior Branch pathway award. In my case this was the Bronze Star award.

For my physical recreation I chose Taekwondo with my local club. Taekwondo and other martial arts are a great choice for Gaisce as you can really see your progress over the 13 weeks by moving up in belts. For my personal skill I decided to learn Polish on Duolingo. A language is a great option for Gaisce as it is easily accessible with apps like Duolingo, and you can learn useful phrases!

For my community involvement I volunteered coaching with the u9 team in Dunmanway RFC.

For me this was a great way to give back to my club while improving my own skills and even getting my IRFU Active Coach Badge.

For my hike me and three other girls from my unit hiked from Inchigeela to Macroom on the first day and then north of Macroom on the second day.

For me Gaisce was a great way to get involved in my local community and grow my own skills. I have since started my silver Gaisce award which is 26 weeks instead of thirteen. I would recommend getting involved in Gaisce to anyone who is interested!

For further information on Guiding in Macroom please contact macroomguides@gmail.com



Guides wearing their IGG uniform at Coachford NS. on Thinking Day.



Guides and Senior Branch members wearing their uniform at Dunmanway MICC on Thinking Day



Guides and Senior Branch members wearing their uniform at Scoil Naomh Fionnbarra and Scoil Mhuire in Ballygeary on Thinking Day.

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AIB Macroom bids a fond farewell to Betty Jo

“On 13th March, AIB Macroom will bid a fond farewell to our colleague, Betty Jo Dennehy, as she retires from AIB after 43 years service.

Betty Jo has spent much of her long and distinguished career in AIB Macroom, helping those in the local community open their first account, buy their first home or start their own business. In fact, many customers fondly remember Betty Jo

opening their first bank account as children and now she's opening accounts for their children (and in a small number of cases their grandchildren!) She will certainly be missed by all who know her and AIB Macroom would like to wish Betty Jo all the very best for a long and happy retirement!”



Betty Jo Dennehy, AIB Macroom

INDOOR SEASON OF SCIATH NA SCOL

By Damien Irwin

There was a veritable feast of Primary school hurling, camogie and football held over the last 5 weeks at a myriad of venues all around Cork as boys and girls from 3rd and 4th classes participated in Indoor Hurling, Indoor Camogie, Indoor football for girls and Indoor football for boys.

Incidentally the Indoor Football goes by the name of ‘Peil Faoi Dhíon’ which translates as Football under the roof.

Organised by the Sciath na Scol committee and led by Mark O’Driscoll (Scoil Oilibhéir, Ballyvolane) it is a logistical masterclass. The numbers participating are astounding and are growing year on year.

All in all there were over 4,000 boys and girls participating this year!

So while pitches were closed all over the county and not enough astros to go around for training, Primary schools gaelic games carried on as the sports halls around the county were a hive of activity with boys and girls as young as 8 years of age and up to 10 getting, in most cases, their first ever experience of playing in a Sciath na Scol competition and representing their schools in many cases for the very first time.

This gave them a taste of what to expect in Sciath competitions later in their Primary School lives, when they get into 5th and 6th classes with several lucky children ending up in a final in Páirc Uí Chaoimh, a golden memory for them for life.

But that is later and for now 4,000 children were swinging their hurleys or kicking the ball in the indoor events. In recent years, Sciath has offered



Sciath na Scol Indoor Hurling, Football and Camogie

both competitive and non-competitive events. Non-competitive offers a stress free, enjoyment based platform for children to represent their school, play against other schools and without the pressure of winning.

The non-competitive has been gaining popularity in recent years and this year nearly half of schools opted to go into the non-competitive event but the choice remains for both competitive and non-competitive so schools can decide for themselves what way they want to go with it, with some preferring the competitive bite that the traditional

competitions give.

In the competitive sections, the Hurling League was won by Kildorrery with the Camogie premier going to Scoil Chrol Iosa and the Premier Hurling going to Riverstown NS.

Berrings won the Hurling Championship and Scoil Mhairtin, Kilworth won the Camogie Championship. Matches took place in Little Island, Mallow, Ballinacarriga, Whitechurch, Nemo Rangers, Donoughmore, Bishopstown and Na Piarasigh with Sciath na Scol very grateful to these clubs for giving their venues over for the festival of gaelic games.

CALLING ALL GIRLS!! - Macroom Ladies Football

Calling all girls... Want to have fun? Get active? Meet new friends?

Why not consider joining Macroom Ladies Football!

As we are all aware, physical activity plays a crucial role in the holistic development of children. However, there remains a significant gap in participation, particularly among girls, in sports like football. We believe that by introducing and encouraging girls to engage in football and regular exercise, we can foster a culture of health, teamwork, and empowerment.

To this end, we are planning to try to maximise participation and intake into our club, offering young girls an opportunity to take up a new

hobby, and encourage physical activity. Training sessions will be designed to be inclusive, fun, and educational, focusing on skill development, fitness fundamentals, and fostering a love for the game. Below are the contact details for relevant age groups

U8's 2016,2017	0872378589
U10's 2014,2015	0873308282
U12's 2012,2013	0879225163
U14's 2010,2011	0877986134
U16's 2008,2009	0861955600

Minors/Juniors 2007 and older 0873308282

All details can be found on our social media pages on Facebook, Instagram and X under the name Macroom Ladies Football

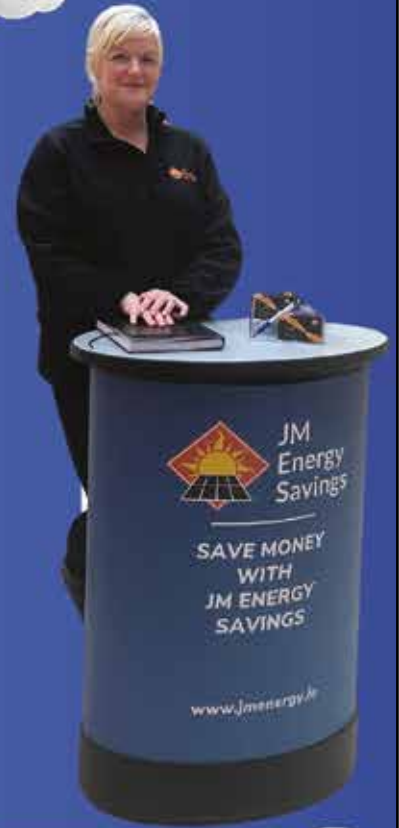




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MCEGAN COLLEGE



1st Year students celebrating the awarding of the Kindness flag to McEgan last week.



McEgan College Senior Students attended a Mind my mental Health workshop with Bon Elliot from Jigsaw as part of Wellbeing week .

Collaboration project on Internet safety: For a six-week period, finishing on Feb 19th, McEgan College TY students have been facilitating 12 lessons from Trend Micro Cyber Academy to 4th class pupils of St. Joseph's GNS. During the six-week period the pupils leaned about staying safe while using the internet, topics covered included Privacy settings, & healthy habits while on the internet, safety settings, how to spot misinformation etc. There was great rapport between Ms Looneys 4th class and McEgan College's TY students, the learning experience for both groups of students was fantastic. Thanks to the teachers involved Ms. Murphy of McEgan & Ms. Looney of St. Josephs.

Bee...ing mindful of sustainability: A three-way partnership between Future Energy Ireland, Wind Energy Ireland & McEgan TY students has been formed with the aim of increasing the bee population of Macroom & surrounding areas. John and Niall from Future Energy Ireland came to McEgan college to speak to the TY construction studies class and sustainability class on the Bee House pilot project. The TY students are designing and making bee house for bees to safely lay their eggs. The decline in the Bee population has major implications for agriculture and for the

pollination of many of the wild plants growing in our hedgerows. So well done to our students for getting involved in this worthwhile endeavour.

Collaboration between McEgan & St. Josephs GNS. McEgan fifth-year science enthusiasts once again demonstrated their expertise in STEAM subjects this week by engaging with 6th Class pupils from St. Joseph's Primary School. Their exploration focused on Hooke's Law, using the collected data to construct graphs. Furthermore, they applied their newfound knowledge to devise a bungee jump experiment. The science room at McEgan College buzzed with laughter and innovative ideas throughout the session. A sincere thank you extends to the teachers of St. Joseph's and McEgan College for their invaluable contributions to the morning's success.

Learning some behind the scenes business lessons. McEgan 2nd Year Students visited Boots flagship store on Half Moon Street in Cork City as part of Business in the Community. Students got a behind the scenes tour of what it takes to run a Business across several departments through workshops. These included Pharmacy, Stock Control, Management and Skin Care. A huge thank you to Boots and Business in the Community for

a very enjoyable day learning business in real life setting.

Wellbeing Week in McEgan: February 26th to March 1st marked Wellbeing Week in McEgan. During this week we actively remind ourselves and each other of the importance of caring for ourselves by engaging proactively in strategies that positively impact or lives. Ten tips of ways to practice wellbeing in our lives include, 1. Prioritising Sleep, 2. Eating a balanced Diet, 3. Staying hydrated, 4. Exercising daily for 30 minutes, 5. Managing stress, 6. Limiting Screen time 7. Staying connected to others in real time, 8. Setting short-term and long-term goals, 9. Staying organised, 10 Seeking support when you need it.

5th & 6th Year students had a very engaging workshop from Jigsaw a mental Health charity that works with young people from 12 to 25 yrs. In particular senior Students who are preparing to leave the safe environment of secondary school need to be aware that there is always help available to them should they feel overwhelmed and not know what to do next. Check out Jigsaw.ie for more information.



6th Class Pupils from St. Josephs GNS enjoyed a morning of Science adventures supported by Teachers Ms. Riordan & Ms. McAdam and 5th Yr Students .



2nd Year Students from McEgan College who have been invited to a celebration evening in UCC on March 13th On the evening they will receive awards for endeavor and achievement in a number of subject areas.




McEgan 2nd Year Students visited Cork Prison on February 29th with Mr. Coughlan Deputy Principal & Ms. Warren SPHE teacher

Happy Mother's Day

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MICK WALLACE MEP



ST MARY'S NEWS



Students from St Marys welcome back the Munster Champions



Senior Runners Up at the Student Enterprise Awards; Sean O Sullivan, Head of Enterprise at Local Enterprise Office, Leah Bradley, County Mayor Frank O Flynn, Rachel O Shea and Aisling Twomey

ISSU DEBATE

Over Mid-Term, third year students Emily Mehigan and Chloe Lehane attended the ISSU Debate Your Decision Makers event in the Mansion House, Dublin. The event was based on the 17 Sustainable Development Goals. The girls spent the day discussing certain goals, the problems associated with them, and solutions to help us on our way to achieving them by 2030. Later in the day the girls presented these solutions to various decision makers. The event was very beneficial for the girls and they are excited to bring all they have learnt back to their green schools committee. The girls would like to thank ISSU for the day.

SUCCESS AT THE STUDENT ENTERPRISE AWARDS

We would like to congratulate the 14 students who represented St Mary's at the Student Enterprise Awards regional final on Tuesday the 27th of February. We had 3 teams participate in the final and they were absolutely brilliant, they represented themselves and the school so well on the day and they should be extremely proud of themselves. The girls involved were: Ola Wakowska, Keirsha O Hare, Ellie Buckley, Sinead O Connell, Ava McSweeney, Daniella Lopez, Emily Williams, Leah Bradley, Rachel O Shea, Aisling Twomey, Erin Kelleher, Ella Lucey, Emma Martin, Maureen O'Brien. One of our teams won a prize on the day, they were crowned Senior Runners up which was an absolutely amazing achievement. The girls came 2nd out of 59 teams on the day so huge well done to Leah Bradley, Rachel O Shea and Aisling Twomey. Thanks also to Ms O Donoghue who helped the girls to prepare for the competition.

SCHOLARSHIP

Congratulations to Aisling Rea on receiving her entrance scholarship to UCD last week. Well done on this fantastic achievement Aisling, we are delighted for you.

MUNSTER CROSS COUNTRY CHAMPIONSHIPS

Congratulations to our fantastic athletes who performed so well at the Munster Cross Country

Championships recently. Three athletes qualified for The All-Irelands: Minor Girls race - Katie Murray 8th. Junior Girls race - Orla O'Brien 14th. Senior Girls race - Saoirse Twomey 4th. Junior Girls team were 4th, they just missed out on qualifying for the All-Ireland. Well done girls, thanks so much to Mrs Kelleher and Ms O'Keefe

WELLBEING

Mr Galvin's 1st year wellbeing class learnt about the benefits of native trees for biodiversity and applied for free native trees through treesireland.org. We received 200 native trees lately comprising of Downy Birch, Hawthorn, Sessile Oak, Rowan, Hazel and Alder. Some were planted in school and more went home to be planted where students will document where they planted the trees and who they're dedicating them to as an assignment in Wellbeing class.

BASKETBALL

Another successful few days out with both our 1st and 2nd year teams who have finished off their league games with five more wins. We have two 1st year teams and two 2nd year teams playing this season and all four teams have played their hearts out. Our 1st year team played St Patrick's College recently and came away with a fantastic 24-2 win. Our 2nd years played a tougher St Patrick's side, but came away victorious with a 30-22 win. Congratulations to both teams who have won all their league games this season. Our 1st years played a nail-biting game against Edmund Rice on Tuesday the 27th in Carrigaline. Both teams went into extra time with 16 points. They put everything they had on the court and came away with a 20-16 win. Finally, our 2nd years finished their league games playing two away games. They faced a tough Edmund Rice who put them to work on the court. They showed fantastic composure despite the pressure from the other team and came away with a 29-18 win. They had a short break before facing Coláiste Daibhéid and were triumphant again with a 54-4 win. They have won all their

league games this season. Phenomenal dedication and hard work shown by all our players on each of our four teams and we are very proud. Thanks so much to Ms Hickey and Mr O'Connell.

CAMOGIE

Hard luck to our intermediate camogie team who came out on the wrong side of a superb game against SMI, Newcastle West after extra time. The girls battled to the very end and should be tremendously proud of their efforts this year. Well done girls.

Special mention goes to our two sixth-year students, Danielle O'Neill and Grace O'Riordan, who played their last game with St. Mary's. They have been incredible ambassadors for our school, and we wish them the best of luck with their exams! Well done to our first-year camogie team on an outstanding performance in our friendly game against Colaiste na Toirbhte recently. Superb attitude and work rate from everyone, well done.

CLEAN AIR WEEK BANNER COMPETITION

Congratulations to the very talented Chloe Lehane who won a nationwide "Clean Air Week Banner Competition" for primary and secondary schools run by An Taisce. Out of all entries five were chosen as winners. The winning entries were made into banners that could be hung up outside the winner's school. Winners also received a voucher to be used in an art store.

WALTONS RTE LYRIC FM MUSIC FOR SCHOOLS COMPETITION.

Congratulations to Ms Aoife Donovan and our music group who have reached the national final of the Walton's RTE Lyric Fm Music for Schools Competition! A group of musicians and singers from various year groups have been chosen as one of 6 post primary schools nationally to perform in the final in the National Concert Hall in Dublin on April 8th. Students produced a 5 minute performance based on the theme 'Music Moves'. We are so very proud of our talented students and wish them the very best in the final!

Chloe Lehane who won Clean Air Week Banner Competition



St Mary's Camogie Team who fought a tough battle against SMI Newcastle West recently



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St Mary's Athletics Junior Team



Senior Runners Up at the Student Enterprise Awards, l-r Leah Bradley, County Mayor Frank O Flynn, Aisling Twomey, Rachel O Shea and Business Teacher Arlene O'Donoghue

NUAcht Ó Choláiste Ghobnatan



Daltaí ag freastal ar Léacht Tyndall i gColáiste hOllscoile Chorcaí

LÉACHT TYNDALL le Dominic Geslers

D'fhágamar Coláiste Ghobnatan ag a 9:40 agus shroicheadar Ollscoil Chorcaí ag a 10:30 agus shuíomar síos san Aula Maxima. Bhí an t-Ollamh Martin A. Hendry ann chun an óráid a thabhairt. Is ollamh de spásfísic domhaintharraingthe é in Ollscoil Glasú. D'oibrigh sé ar LIGO agus bhí sé mar ball den fhoireann a fuair an Duais Nobel don fhísic i 2017. Bhí an óráid timpeall uair go leith agus bhain mé an-taitneamh as gach soicind de. D'fhoghlaim mé a lán rudaí suimiúla faoin spás, domhaintarraingt agus na tionscnaimh nua atá le teach sa todhchaí mar shampla LIGO, Virgo, agus KAGRA tionscnamh atá le teach chun níos mó a fháil amach faoi conas a oibríonn poill dubha agus réaltaí neodróin. D'éitil an uair go leith an-thapaidh mar bhí sé chomh suimiúil. Bhí sé an-soléir go raibh an-suim ag an ollamh san ábhar mar sin bhí sé an-tarraingteach. Tar éis na hóráide, chuamar go dtí siopa agus bhíomar go léir an-sásta leis an lá. Mo bhuíochas le Máistir Ó hAireachtáin agus Máistir Ó Laoire don turas go hOllscoil Chorcaí a eagrú.

TREOIR I gCOLÁISTE GHOBNATAN

Tá téarma gnóthach sa scoil faoi láthair, le daltaí gafa le go leor gníomhaíochtaí. D'fhreastail roinnt daltaí ón scoil ar cheardlanna agus laethanta oscailte a bhain leis an Innealtóireacht (Coláiste na hOllscoile, Corcaigh), 'Prep for Med school' (Coláiste na hOllscoile, Corcaigh) agus Ceardlann aistriúcháin (ar líne, eagraithe ag Coláiste na hOllscoile, Corcaigh, agus Ollscoil Mhá Nuad).

Dóibh siúd a d'fhreastail, fuair siad an-taithí agus eolais ós na heachtraí.

Beidh seisear dalta ó bhliain a 6 ag freastail ar Bhlas Lá faoin Altranais in Ollscoil Teicneolaíochta na Mumhan, Ciarraí an tseachtain seo. De réir an taithí faighte ag daltaí eile againn ar a leithéad, faightear tuairim an-mhaith de shaol an Altra, agus na bealaí iontrála éagsúla gur féidir leanúint isteach san earnáil seo.

D'éirigh le beirt dalta ón scoil Clár Idirbhliana a dhéanamh le hÓglaigh na hÉireann le linn an briseadh lár téarma. Fuaireadar deis an-mhaith chun blas a fháil ar shaol na saighdiúirí, conas mar atá an saol san airm, agus cad leis a bheadh na saighdiúirí ag súil agus iad ag obair thar lear.

An t-seachtain dár gcionn rinne daltaí na hIdirbhliana Taithí Oibre i ngnólachtaí agus áiteanna oibre idir áitiúil agus thar lear. Bhíodar ag obair i mbunscóileanna, monarchana, gnólachtaí déantúsaíochta agus innealtóireachta, óstáin, bialanna, le gruagaire, le bláthadóir, soláthraithe, cúram ainmhithe, in Aerfort Chorcaí &rl. Tá buíochas mór tuilte ag na fostóirí a ghlac lenár ndaltaí ar Thraithí Oibre; is mór an deis a chuir siad ar fáil dóibh.

Tháinig aoichainteoirí chugainn le déanaí ó Choláistí Breisoideachais Morrison's Island (chathair Chorcaí agus Maigh Chromtha) ag labhairt faoi na cúrsaí ar fáil acu, agus ó Choláiste na hOllscoile, Corcaigh, ag labhairt faoi Scéim na Scol.

Tá aoichainteoirí eile le bheith linn go luath ó Ollscoil Luimnigh (faoi innealtóireacht bogearraí) agus ó Ionad Oilíúna Chorcaí (faoi raon deiseanna

ann i bprintíseachtaí).

Ba mhaith linn ár mbuíochas a ghabhail le Bean Uí Thuama as na gníomhaíochtaí/deiseanna seo a eagrú.

CISPHEIL NA gCAILÍNÍ

Le hAisling Ní Chéilleachair

D'imir cailíní na chéad agus na dara bliana roinnt cluichí cispheile le déanaí i gcoinne scoileanna éagsúla. Bhí traenáilithe an-deas againn & bhaineamar taitneamh as na seisiúin traenála. Bhaineamar ar fad an-spraoi as taisteal chuig na cluichí agus as a bheith ag imirt spóirt mar fhoireann. Bhíomar i gcónaí ag tnúth le gach cluiche a imirt.

TRÁTH NA gCEIST MHATA/MATHS QUIZ

Beimid mar scoil óstach do Thráth na gCeist Mata le Cumann Múinteoirí Matamaitice na hÉireann. Tá Tráth na gCeist Pí oscailte do dhaltaí sa tríú bliain. Beidh sé ar siúl ar an 14ú Márta san Ionad Cultúrtha (in aice leis an scoile). Is féidir le scoileanna áitiúla clárú anseo ar www.imta.ie nó má tá ceisteanna agat is féidir leat glaoch a chuir ar an scoil 02645058. Go raibh míle maith agaibh!

We will be a host school for an upcoming Maths Quiz in conjunction with the IMTA (Irish Mathematics Teachers' Association). The Pi Quiz is open to third year students. It be taking place on 14th March in the Ionad Cultúrtha (next to the school). Local schools can register here www.imta.ie or if schools have questions they can ring the school on 2645058. Many thanks!

FOCLÓIR

- Ollamh – professor
- domhantarraingt – gravity
- Fostóirí – employers
- Treoir – Guidance
- aistriúcháin – translation
- Blas Lá – Taster Day
- Óglaigh na hÉireann – Defence Forces
- Printíseachtaí – apprenticeships

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DE LA SALLE College Macroom

Parents Association

De La Salle Parents Association held a table quiz in the Castle Hotel on Friday 23 Feb. Conchubar Murray was the quizmaster on the night. There was a fantastic turnout and great fun was had by all.

Well done to the winners on the night Sinéad Minihane, Mort Twomey, Elaine Dunne and Shane Dunne

Connie Neville, Peter Neville, Jeremy and Angela Kelleher were Second Méabh Deasy, Darragh Deasy, Rhys Hopkins and Maureen O Riordan finished third.

Athletics

It was a very successful day for our Cross Country athletes at the Munster Championships at Tramore Valley Park. The De La Salle boys achieved bronze medals for in the Intermediate and Junior categories and a 4th place finish for the Minor team. Our Intermediate and Junior team will now compete in the All Ireland Championships in Dublin on Saturday the 9th of March. One of the

De La Salle boys who has been competing at a very high level for a number of years now Finn Yore, is reaping the reward for his commitment to his sport. Finn was battling in a very competitive field in the Intermediate race and after a thrilling sprint finish Finn managed to reach 4th place at the line.

Junior Cycle Profile of Achievements

De La Salle Transition Year students received their JCPA awards. These boys have accomplished a lot in a challenging time. It was nice to recognise their achievement and to present them with their results. This is a significant milestone in their educational journey.

U16 Footballers

De La Salle College u16 footballers kick started their season with an emphatic win over Rosscarbery. The Rosscarbery boys battle hard despite being short some key players due to school commitments. De La Salle now face Ballincollig Community School in the quarter finals. This game will prove a formidable challenge as De La Salle are currently without some

key players due to injury.

Transition Year Friday activities

One of the De La Salle fourth-year classes dove into the 'Rubbish Film Festival' workshop—an inspiring initiative fostering both creativity and environmental awareness. Equipped with comprehensive training in Next Generation Skills, they're set to craft short films next week illuminating the global issue of waste and pollution. Another group of fourth-year students cooked a chicken curry as part of their cooking module. The kitchen smelled delicious as they worked together to create a tasteful dish.

As a result of the Macroom Charities Appeal fundraising completed over Christmas the De La Salle fourth year students presented a cheque to Macroom Senior Citizens and St. Vincent de Paul. The students worked hard on December 12th and 14th to raise funds, showing commitment to helping those in our community who need it most.



De La Salle 3rd year SPHE class showcasing their prize of self esteem books that they recently received from Dove's, Spread the confidence competition.



De La Salle's Finn Yore who finished 4th in the Intermediate Race at the Munster Championships.



De La Salle athletes who competed at the Munster Cross Country Championships



De La Salle College Presenting a cheque from funds raised by TY Students at Christmas, to Macroom Senior Citizens and St. Vincent De Paul.



De La Salle students receiving their JCPA Awards



De La Salle U16 Football team who defeated Mt. St Micheals Rosscarbery in the first round of the U16 B Cork Colleges Championship and District Lions Club Day.

CASTLETOWN Fundraising Group Presentation

Castletown Fundraising Group extends an invitation to all its supporters to join them for their upcoming presentation of funds to representatives

from Enable Ireland. It takes place in Castletown Hall on Monday March 11th at 8.30pm.

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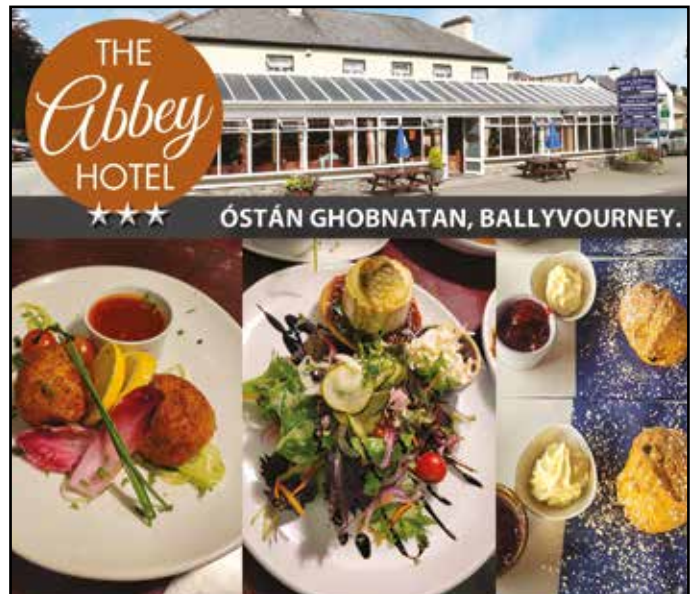


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Confirmations in the Lee Valley



Boys and Girls from Gill na Martra Primary School who were conferred with the Sacrament of Confirmation by Most Rev. William Crean, D.D., Bishop Of Cloyne recently. Pic Peter Scanlan



Girls from Reananree Primary School who were conferred with the Sacrament of Confirmation from Most Rev. William Crean, D.D., Bishop Of Cloyne recently. Pic Peter Scanlan



Girls from St Josephs Primary School Macroom who were conferred with the Sacrament of Confirmation by Most Rev. William Crean, D.D., Bishop Of Cloyne recently. Pic Peter Scanlan



Boys from St Colman's Primary School Macroom who were conferred with the Sacrament of Confirmation by Most Rev. William Crean, D.D., Bishop Of Cloyne recently. Pic Peter Scanlan



Boys and Girls from Ballinagree, Rusheen and Ballyvongane Primary Schools, who were conferred with the Sacrament of Confirmation by Most Rev. William Crean, D.D., Bishop Of Cloyne in Ballinagree Church recently. Pic Peter Scanlan



Boys and Girls from Rylane Primary School who were conferred with the Sacrament of Confirmation by Most Rev. William Crean, D.D., Bishop Of Cloyne recently. Pic Peter Scanlan



Boys and Girls from Coachford Primary School who were conferred with the Sacrament of Confirmation by Most Rev. William Crean, D.D., Bishop Of Cloyne recently. Pic Peter Scanlan



Boys and Girls from Aghabullogue Primary School who were conferred with the Sacrament of Confirmation by Most Rev. William Crean, D.D., Bishop Of Cloyne recently. Pic Peter Scanlan



Members of the Ballinagree Scarecrow committee displaying a photo of Seamus O'Sullivan Special Olympics Gold Medal Winner which features in the Macroom Seniors Citizens Calendar. Pic. Peter Scanlan



Joe Healy displaying a Photo of some of the Senior Camogie All Ireland players including his daughter Cliona Healy, which features in the Macroom Seniors Citizens Calendar. Pic. Peter Scanlan

What are Bulging & Herniated Discs?

As we age, the spinal discs gradually lose fluid volume. This process starts at about age 30 and progresses slowly, over time.

The most common symptoms will be pain in the area of the herniation that may radiate across the hips or into the buttocks. You may also experience numbness or pain radiating down your leg to the ankle or foot.

A herniated disc involves a crack in the disc's outer layer. This is called an annulus.

Typically, a small part of the disc is affected, allowing the soft material that makes up the nucleus pulposus to protrude.

A bulging disc is different. The disc bulges out of the space but

it doesn't crack and no material protrudes. It also affects more area of the disc than a herniated disc.

Chiropractic is a preferred treatment method for many patients with bulging and herniated discs because it is non-invasive and does not involve drugs, injections or surgery.

One of the most popular features of chiropractic care is the whole body approach to wellness.

As your chiropractor we seek to get to the root of the problem and treat your entire spine so that you have less pain, allowing your spine to heal so that you have better mobility.

We also provide self-care direction and exercises so that you can continue to progress and live pain free.

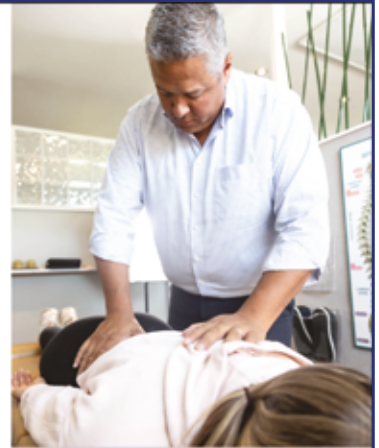
Through focused chiropractic adjustments, we gently use low force techniques to relieve painful symptoms.

Chiropractic treatment for bulging or herniated discs is safe, effective, and long lasting.

If you are having back pain from a disc problem, you owe it to yourself to seek quality chiropractic care so that you can enjoy less pain, improved mobility, and better quality of life.



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• **March 7th** Canovee NS Parents Assoc FREE event. An evening with Anne Marie Kingston,

Professional Declutterer from 7:30pm in Canovee NS (P12W628) Everyone Welcome

• **March 19th** Macroom Flower & Garden Club will host a Gardening talk and Presentation

“Grounded in the Garden” by T.J. Maher in Coolcower House at 8.00p.m.

• **March 19th** A series of Spring Floral Arranging Classes for Beginners will commence at Coolcower House on Tuesday 19th of March 7.30p.m.

• **March 22nd** Kilmurry Historical AGM at 8pm The Heritage Room, Independence Museum Kilmurry

• **March 24th** Carrigadrohid/Killinardish Tidy Towns Community Clean Up – Sunday @ 2:30pm Meeting in Canovee NS

• **March 25th** Castletown Fundraising Group presentation of funds to Enable Ireland, Castletown Hall @ 8:30pm ALL WELCOME

• **March 29th** Good Friday Litter Pick - Coachford Tidy Towns are taking part in the An Taisce Spring Clean initiative again this year. The annual Community Litter Pick on Good Friday.

COACHFORD UPDATES

Soccer Club looking to score with golf balls

Coachford AFC have launched the details of their Golf Classic in May. This major event for the club is being organised to raise funds towards developing an all-weather training and playing area at their grounds at The Glebe, Coachford. This is a major new development for the club and the wider community.

This new facility will mean the club can expand the training and playing facilities and their 12 teams can train in all weathers and the young boys and girls teams can play matches there. Coachford AFC want to build on the massive success they have enjoyed on the field of play over the last few years. The club's Golf Classic takes place at the Lee Valley Golf and Country Club on Thursday May 16th. To enter a team of 3 costs just €150. There are also sponsorship opportunities available for companies and businesses to be part of this occasion.

You can contact Sandra on 087 218 5376 or Dympna on 087 908 9134 for details on any of the above and to book your Tee Time.

Garda Station Upgrade

Works on upgrading Coachford Garda Station has begun this week after many years of campaigning from the local community and local Gardai.

The planned renovations and upgrading will mean more improved services will be provided from the station, better access to the Station for visitors and better working conditions for the local Gardai. “This is not only a huge investment by the Office of Public Works and the Department of Justice in our Garda Station but also in our ever growing community.

It's great to see services here expanding as our community grows. We in the Community Council have been lobbying politicians to upgrade the facilities here so it's great to see the work finally beginning” said Peter Dineen.

New Surgery for Family Doctors opens

Doctors Sarah Kingston and Sadbh Ní Lionaird along with the rest of the team from the Coachford Family Practice have moved into their new premises in Coachford. This move into a larger premises in the eastern side of the village will mean more room, easier parking and the opportunity to expand their services. It will also mean that Macroom Credit Union can now deliver on their promise to expand their services for their customers in Coachford.

The new address of the GP surgery is The Old Surgery, Clonteadbeg, Coachford, P12FN50. The phone number remains the same, 021-7434724.

Good Friday Litter Pick

Coachford Tidy Towns are taking part in the An Taisce Spring Clean initiative again this year. The group are busy making plans for their annual Community Litter Pick on Good Friday, March 29th. Everyone is invited to join in the Litter Pick where people are encouraged to pick litter and clean up the areas where they live and Coachford Tidy Towns in conjunction with Cork County Council will dispose of the collected rubbish.

Drama groups play at Doctors and Nurses

Coachford Players are busy rehearsing for their full length spring production which will take place for 4 nights from April 13th to April 16th. The play,



Coachford Family Practice



Coachford Garda Station

Hospital Affairs is a light hearted comedy set in an unused hospital ward that sees a lot of ‘action’ and many cases of mistaken identity and confusion. “We are having great fun rehearsing this hilarious play, We have a cast of 11 actors and the craic on stage will be mighty. We are all looking forward to getting this on stage and can't wait to experience the audiences’ reaction, said Gráinne Donovan, Chairperson of Coachford Players.



Ms Dunlea's 4th Class in Coachford NS took part in a Write A Book initiative



Coachford Players Hospital Affairs cast



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CARRIGADROHID/CEANN AN MHAÍ NEWS

Canovee GAA History

FROM THEN

'From Carrig to Croke Park – A History of Canovee GAA' was launched at the Castle Hotel Macroom by Cork All Ireland dual star and current hurling manager Jimmy Barry Murphy, a man with long family connections with the club. Latecomers to the launch would have had to be content with standing in the corridor as there was an overflow attendance present at the function. Prominent GAA people were there in abundance, including County Board Chairman Bob Ryan and Muskerry Board Chairman J.J.Long, but the vast bulk of the attendance was comprised of the ordinary decent folk of the Canovee club catchment area who were displaying a natural pride in the achievements of their club and the fine record of these successes now available in print form for this and future generations.

The club history is the result of the careful research of the History Committee under leader Con Dunne and which included Michael Galvin, John

F O'Sullivan, Liam Nash, John BarryMurphy and John O'Sullivan. It traces the history of Gaelic Games in Canovee from 1889 to the present day and includes of course the story of the All Ireland Club Junior Championship win at GAA HQ in the 2007 season – hence the title of the book! It is well written and chockfull of interesting photographs, a fitting tribute to the great men and women of this fine club.

Kevin Moynihan acted as MC for the launch and did a superb job in introducing the various speakers which included the two Board Chairmen, Canovee GAA Chairman Pat O'Riordan, and Liam Nash on behalf of the History committee. Fr Tim O'Sullivan gave an opening blessing and Canovee President John Dunlea made a presentation to Anne and Con Dunne in recognition of their contribution to the club history project and to community life generally.

AND NOW

Canovee junior football team had a wonderfully

successful year in 2023. They recorded a Mid Cork League and championship double and then went on to win the County championship. The players on that outstanding team were recently honoured at a victory dinner in the Oriel Court Hotel Ballincollig. Chairman Paddy Murphy gave a welcoming address and he praised the players for the exemplary way in which they represented the club. He gave particular mention to the management team for the diligence they had shown throughout the campaign.

Donal McSweeney, the Irish and Cultural Officer of the County Board, in his address congratulated the team and lauded Canovee as a club saying that they can be truly regarded as the most successful junior club in Mid Cork. John Feeney, Chairman of the Mid Cork Board, was similarly fulsome in his praise of the team and Canovee as a club. Donal McSweeney presented the three sets of medals to the players after which a hugely enjoyable social evening was enjoyed by the large crowd.

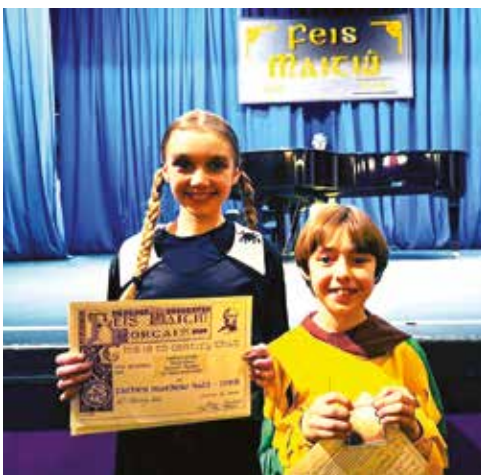


Canovee GAA County JA Champions at their Victory social in Oriel House. Pic. Peter Scanlan



The Cronin, McNabola and the Dodd players from Aherla, with their mothers at the Canovee GAA victory social in Oriel House recently

CANOVEE NS



Canovee; Sophie & Patrick O'Grady 3rd & 2nd in the U16 Fesi Maitiú competition



Children from Canovee NS who took part in Scór na bPaistí in Coachford GAA hall on Sunday February 25th, 2024.

Macroom Flower Club

Macroom Flower & Garden Club will host a Gardening talk and Presentation "Grounded in the Garden" by T.J. Maher of "Patthana Garden" Co. Wicklow Thursday 14th of March Coolcower House at 8.00p.m. Annual Membership accepted

on the night. Visitors €10. A series of Spring Floral Arranging Classes for Beginners will commence at Coolcower House on Tuesday 19th of March 7.30p.m. Further enquires 087-9821708.



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HOUSING UPDATE From **Cllr TED LUCEY**

Many people are not aware that they can apply for a number of grants to help improve their homes. Some of these grant schemes are administered by Cork County Council.

If you or a member of your family is interested in applying for a grant, I would be happy to give you further information.

FINE GAEL



VACANT/DERELICT PROPERTY REFURBISHMENT GRANT

- *Croí Cónaithe Scheme*



WHAT IS THE CROÍ CONAITHE VACANT & DERELICT PROPERTY GRANT?

Regenerating and rejuvenating our cities, towns and villages is key to thriving communities. The Croí Cónaithe Vacant and Derelict Property Grant is a direct state support for homebuyers and homeowners to refurbish a vacant or derelict property and turn it into a home. The grant can be used to renovate properties that have not been used as residential properties before. The scheme was originally designed for people who wanted to turn a vacant or derelict property into their principle primary residence. It has now been extended to include the renovation of properties for rental.

Grants of €50,000 - or €70,000 if the property is derelict - are available from Cork County Council and from local authorities all across the country. If you would like further information about these grants, or if you would like to make an application, I would be happy to help you in any way I can.

People applying for the Croí Cónaithe Scheme may also be eligible for up to €28,000 in SEAI Home Energy Upgrade grants. Further information is available at <https://www.seai.ie/grants/home-energy-grants/>

Cork County Council administers the Individual Domestic Well Grants to assist households in rural areas that are dependent on a private water supply (individual well) for their household use, by financially assisting them where they incur capital expenditure, to carry out improvements to the supply to ensure that the water supply is wholesome and clean, or that the quantity supplied is insufficient to meet the domestic needs of the household.

You are eligible to apply for grant assistance if your house is over 7 years old, if you have not received grant assistance for Domestic Water Supply within the last 7 years, if you are not connected to a public water supply or cannot be reasonably served by a public or group water supply scheme source and if the house is occupied as your normal place of residence.

GRANT FUNDING:

(a) 85% of the approved costs for well rehabilitation works, subject to a maximum grant of €3,000 or 85% of the approved costs for the provision of a new well, subject to a maximum grant of €5,000.

(b) 100% of the approved costs for works that, in the opinion of the housing authority, are necessary to treat the water to meet the water quality standards specified in Regulation 4(2) of the Drinking Water Regulations, subject to a maximum grant of €1,000. A grant under these Regulations shall not be paid where the total cost is less than €750.

I would be happy to help you apply for any of the above grant schemes.

If I can be of any assistance to you, please do not hesitate to contact me at any time.

Cllr Ted Lucey

14 Ard na Greine, Masseytown, Macroom.

tedluceyccc@gmail.com

Tel: 086 870 3812

DO YOU KNOW YOU CAN EARN UP TO €35,000 A YEAR (and more for couples)

AND STILL QUALIFY FOR SOCIAL HOUSING OR HOUSING ASSISTANCE PAYMENT?

The income eligibility threshold for a single person applying to Cork County Council has increased from €30,000 to €35,000. The allowances are increased by 5% for each adult household member (subject to a maximum of 10%) and 2.5% for each child.

The thresholds for sample household compositions are set out in the table below:

Single Adult:	€35,000
2 Adults:	€36,750
1 Adult + 1 Child:	€35,875
1 Adult + 2 Children:	€36,750
2 Adults + 1 Child:	€37,625
2 Adults + 3 Children:	€39,375
3 Adults + 4 Children:	€42,000

Applications assessed and decided upon prior to January 1, 2023, which were deemed to exceed the thresholds at that time, but which may meet the new income thresholds, can be resubmitted by applicants.

HOUSING ADAPTATION GRANTS

HOUSING ADAPTATION GRANT FOR PEOPLE WITH A DISABILITY

This is a grant for people with a disability to make the home more suitable to the individual's needs. You can use this grant to make your home more accessible by:

- Adding ramps or other ways to access your home
- Extending your home to create more space, for example, adding a downstairs bedroom
- Adding accessible bathroom facilities, such as an accessible shower or a ground-floor bathroom or toilet
- Installing a stair lift
- Installing grab rails
- Installing a fixed track hoist.

(This is a ceiling or wall-mounted track with a sling attached to it, which means you can be mechanically lifted and moved to different places along the track).

The grant does not cover VAT on the work. However, you can apply to Revenue for a VAT refund for any appliances that you need and the cost of installing them.

WHO CAN APPLY?

A person with a disability who requires adaptation works to make a house more suitable for their accommodation needs, or a homeowner on behalf of a person with a disability who is a member of the household.

- Gross annual household income must not exceed €60,000.
- Maximum grant of €30,000 to cover up to 95% of the cost of works may be available to applicants with gross household incomes of up to €30,000 per annum, tapering to 30% for applicants with gross household incomes of between €50,000-€60,000 per annum.
- Applications are prioritised on medical needs.

Priority 1: A person who is terminally ill or fully dependent, where alterations or adaptations would facilitate the discharge from hospital or prevent the need for hospitalisation.

Priority 2: A person who is mobile but who needs assistance, and without adaptations or alterations their independence would be hindered.

Priority 3: A person who is independent but requires special facilities to improve their quality of life.

GRANT SCHEME TO REPLACE LEAD PIPES AND FITTINGS

To qualify for the Domestic Lead Remediation Grant, the lead pipes and fittings being replaced must be part of a system that carries water for preparing food or drinks, or for direct human consumption. The grant covers 100% of the qualifying work up to €5,000. If it costs less than €750 to replace the pipes, you will not qualify for the grant. You can include the cost of getting proof from a laboratory or registered building professional that you have lead pipes, up to a maximum of €200.

This grant is not means tested.

SEPTIC TANK GRANTS

From January 1, 2024, grants available for septic tanks (Domestic Water Treatment Systems) have been increased from €5,000 to €12,000. The previous requirement for the septic tank to have been registered with the local authority before February 2013 has now been removed. The changes mean that more households will qualify for the grants. There are 3 different schemes. One grant is available for people to upgrade or repair their system following an inspection. The other two grants are only available if you live in a particular area, and are notified by your local authority that you are eligible to apply. Further information is available at www.gov.ie.

DEVELOPMENT LEVIES

At the moment, developers and builders are not required to pay development levies to local authorities for the infrastructure required to connect new homes with roads, water and other services such as footpaths. This is saving an average of €12,650 on the cost of building a new home.

HOUSING AID FOR OLDER PEOPLE GRANT

Available to assist people aged 66 and older, who are living in poor housing conditions to have necessary repairs or improvements carried out. In genuine cases of hardship, grants may be available to help people under the age of 66.

This grant is means tested. Applicants will be assessed on the basis of all household income, that is, the annual gross income of all household members aged 18 years or over (or aged 23 years or over if in full time education) in the previous tax year.

The effective maximum grant under the scheme is €8,000, which may cover up to 95% of the approved cost of works in the case of an applicant with a gross household income of up to €30,000 per annum. The level of grant allocated will taper to 30% of the cost of works for applicants with gross household incomes of between €50,001 to €60,000 per annum.

MOBILITY AID GRANT

The scheme is for older people and people with disabilities.

The mobility aid grant can be used to make basic changes to your home, so it is more accessible.

Up to a maximum grant of €6,000, which may cover 100% of the cost of the works, may be available to applicants with gross household incomes of up to €30,000 per annum.

**Note - The grant does not cover VAT on the work. However, you can apply to Revenue for a VAT refund on any appliances you need and the cost of installing them.*

TO APPLY FOR ANY OF THE ABOVE-LISTED HOUSING GRANTS:

- You can download the form online from

www.corkcoco.ie

or I would be happy to send out a form out to you.

Fully completed application forms should be returned to: Cork County Council.

- The grant is paid by the local authority and is dependent on what funding is available.

BALLINAGREE NS

It has been a busy start to the year at Ballinagree N.S. since the Christmas break. A new Breakfast and After-school Club - run by Curious Minds opened in the school in January. This childcare service is available to children attending the school from 7am to 9.20am and from 2pm to 6pm during the school term and during the holidays depending on the demand. Children from the Senior Room travelled to Castlemagner to take part in a very enjoyable Féile Fichille chess tournament at the end of January. Our 6th class chess team has been invited to take part in a follow-on chess competition in March. All children in the school

worked together to make traditional Saint Brigid's crosses on Saint Brigid's day. Our 5th & 6th children received the sacrament of Confirmation from Bishop William Crean on 7th February along with pupils from Rusheen N.S. and Ballyvongane N.S. in what was a memorable ceremony. Our Senior Room girls and boys took part in an FAI organised 5-a-side soccer tournament in Blarney in which all children played their part and did their very best. Children took part in the Scór Muscraí final at the end of February in which our solo singers sang beautifully. Our ballad and instrumental groups performed fantastically to achieve third place in

both categories. Our Tráth na gCeist team did very well and were placed first. They have the honour of representing Muskerry in the County semi-final in March. Go n-éirí an bóthar leo. Our school choir, led by Mrs Paula Browne, will sing in the City Hall on Wednesday 13th March as part of the Cór Fhéile na Scol Corcaigh which is a non-competitive festival of music, song and dance for primary school children. Finally, our Active Schools group has been busy organising alternatives to soccer during lunch breaks. All children are enjoying the Race around Europe challenge at present.



Junior and Senior Infants from Ballinagree N.S. about to set off on their daily 'Race around Europe'.



Ballinagree Scór na bPáistí Team

DROMLEIGH NS

Well done to our Dromleigh N.S. team for their top performance at the FAI Schools Primary 5's Competition in Bantry on February the 19th.

Thank you to our past pupils from Kilmichael G.A.A. for visiting us on February the 28th with the Mid Cork U21 football trophy. Well done players and coaches!

Students were delighted to welcome their families to school on March the 1st for an afternoon of stories and music to celebrate Grandparents' Day. Save the Date! Dromleigh N.S. will host their Easter Fun Day at the school (P12DY26) on Friday 22nd of March between 10am and 1pm. Join us for our Easter Bake Sale, Coffee Morning and Raffle. www.dromleighns.ie

Follow us on Facebook 'Dromleigh N.S Kilmichael' or online www.dromleighns.ie



Image top: Dromleigh N.S. pupils celebrating with the Kilmichael U21 champs!

Images right: All smiles for Dromleigh N.S. Grandparents' Day!



Senior Infants from St. Joseph's Primary enjoying Friendship Week and learning about The Garden Centre during Aistear.



Kilmurry children who represented the school at the Féile Fichille in Ballineen.

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KILMURRY NS

There was a lot going on in Kilmurry NS in February. Friendship Week was a great success. We learned about the importance of friendship, and how to be a good friend. Everyone enjoyed activities such as making friendship bracelets, creating 'friendship' themed artwork, singing songs about friends etc. Disco Friday was a highlight, with the tunes blasting at lunchtime. It was a lovely week celebrating friendship.

A selection of students in 3rd, 4th, 5th & 6th class represented our school at the chess "Féile Fichille" competition in Beda Hall in Ballineen. 120 children

from 6 schools took part in the tournament. Each child played 6 games. It was a great day all round. Well done to all who took part.

Our Green School Committee organised a Day of Action, with a focus on biodiversity. Everyone wore green and we all walked to school that morning. We all learned about biodiversity and the children planted some wildflower seeds. There were also scavenger hunts and Kahoot quizzes. What a lovely day!

4th and 5th Class finished up their 6 weeks of swimming lessons in Dunmanway. They made super

progress in their lessons and really enjoyed the fun along the way.

6th class had a great day at the VEX Robotics National Competition in MTU. The children showed great enthusiasm and teamwork all day, but unfortunately they didn't come away with any awards on this occasion. Great fun was had though, which is the most important thing! It was a great experience.

Find us on our Facebook and Instagram pages to keep up to date with all that's going on in Kilmurry NS.

CLONDROHID NEWS

AHAKERA DRAMA: A great night was had by all in the Community Hall with the play God rest his Soul. A good laugh was the general comment by all who attended. Thanks to everybody who supported, and bought raffle tickets, as this was a fundraiser for the Hall, all monies made are much appreciated. Thanks to the renowned Ahakeera performers, and to all who helped to make it a success.

CLONDROHID DEV GROUP: This Group will be preparing village for Tidy Towns shortly, but first they will be holding their AGM on Wednesday March 13 at 8pm in Community Hall. Your support and help going forward would be much appreciated. The village is your second home.

CLONDROHID ACTIVE RETIRED: This group had a very informative gathering with Garda Orla Doyle last Wednesday at their fortnightly coffee morning. Scams be they on line or on your phone were shown on screen and discussed in detail. Many other topics were discussed, great to have the opportunity. Thank you Orla. They continue with their various activities each week, exercise, cards, discussions, outings, card making, singing, chatting and banter and drinking tea and coffee!!!!

CLONDROHID DEFIBRILLATOR COMMITTEE: Following a recent meeting, the committee are looking to organise an event "Introduction on how to use a Defibrillator", in the coming weeks in the Community Hall, open to everyone. If interested in attending please contact the following numbers 0872385112, 0876361893, so that they can get it sorted, as soon as possible, as no one knows what the 'road of life' has in store for any of us. A little knowledge could be the saving of a life.

Your support would be appreciated. Thank you.

CLOYNE DIOCESAN PILGRIMAGE TO KNOCK: This annual event will take place on Sunday May 12. Cost €25 depending on numbers. Bus to leave Ballyvourney at 7am, Clondrohid 7.15am, Macroom 7.30am. For more info and booking contact Noel Lynch 086 2202452, Michael Dineen 087 6434910

CART WEEKLY TRIP TO MACROOM ON TUESDAYS VIA CLONDROHID: Leaving Carriganima at



Macroom History Group stand; Margaret Lucey, Pat Sheehy, Douglas Kidd and Con Kelleher at Meet-the-Clubs Day. (C. Kelleher).

10am, returning at 1pm. For more info contact cartcarriganima@gmail.com

CART FUNDRAISER IN THE PUB IN CARRIGANIMA This fundraiser last Saturday night was a great success. Thanks to everyone who took part, and to all those helpers. Well done. More on this later.

SWIFTDOC: Please take details for this new Medical out of hours service now in Macroom above Deasy's Pharmacy Main St. It is for minor injuries and routine medical complaints. Open Monday to Friday 5pm to 9pm. Saturday and Sunday 9am to 6pm. Remote consultations available 7 days a week 9am to 9pm. Ring 0818009911, or www.swiftdoc.ie. Book online for the discounted price of €45 for your consultation

LOCAL VOCALS CONCERT: This excellent performance will be held at Chapel Hill School of Art on Friday March 15 at 8pm. In aid of Alzheimers Society Of Irl and Macroom District Lions Club, Defibrillators fund. Tickets €15. Spot prizes on the night. Contact Judy 0831182175 or Martina 0872331255 to book your seat.

FOOD CONNECT: Looking for new volunteers, they provide free food parcels for families and individuals in the Macroom and surrounding areas. Anyone willing to give 2or 3 hours fortnightly would be most

welcome. Contact 0833749008 for more info.

GRAND MARSHALL IN BOHERBUE: Congrats to Marc O'Connor a recent recipient of a Certificate of Bravery at the Oireachtas National Awards, the Festival Committee are delighted to award his bravery again by giving him the Grand Marshal sash at the St. Patrick's Day Parade. Well done Marc

GAA NEWS: The under age training has commenced and will continue on Saturdays. U6 and u 8 on the Astro, and u 10 on the pitch 10am to 11am. New members very welcome, girls and boys age 5+. Come along and enjoy the fun.

CLONDROHID GAA CHELTENHAM PREDICTIONS 2024 (JUNIOR A TEAM FUNDING)

1st prize €250 - 2nd prize €100 - 3rd prize €50
March 12 to 15. Entry fee €10.

To enter contact any member of the Junior A Panel before March 11.

LOTTO: Results for Feb 28

Jackpot €1,400

€70 Denis O'Riordan On Line

€20 Sheila Walsh Carriganima, Don Mc Carthy Bealnamorrive, Anne Casey Rusheen, Pat Coakley Inchigeela.



Senior Infants from St. Joseph's Primary enjoying Friendship Week and learning about The Garden Centre during Aistear.



Senior Infants from St. Joseph's Primary enjoying Friendship Week and learning about The Garden Centre during Aistear.



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John and Marie Ballincollig

UIBH LAOIRE NOTES

Croi na Laoi

The Inchigeela rural development society held their AGM last week. In his address, the Chairman, Tim Maher, thanked the members who attended and the committee for their input, and then went on to review the past year and the good work that was done. He praised the members of the sub committees for their contributions and he referred to the work done quietly and without fuss by many members. He noted the progress done in the development of the Island park, the successes of Inchigeela in the Tidy Towns competition, the Litter Challenge, and hard slog to attain funds for the projects. He informed the members of the state of play in negotiations with the Diocese for the transfer of the hall to the parish so that it may be brought up to a high standard. He thanked all present for their involvement in the society and for their support to him. The interest shown and the assistance given by public reps was appreciated. He noted the contribution of the scheme men, who worked in conjunction with the members. The Secretary, Mary Murphy, thanked all for the help which was given to her, especially at the beginning of her term when the task was new to her. She noted the good



Uibh Laoire Active Retirement being presented with a start up boost recently from Macroom Credit Union where they do their banking

atmosphere in which the meetings were held and the cooperation shown by all the community before and during the festival. The Treasurer, Andy Webb, detailed the present financial account of the society and while it may appear to be healthy, he reminded the meeting that there were lots of projects and work depending on it. The Chair, Secretary and Treasurer were re-elected as were their respective assistants Dan Kelleher and Stephenie Murnane

with Shane Galvin elected Assistant Treasurer.

Inchigeela Hall

17th of March, Dancing to Declan Aungier. 31st March Colin Hearnay. Dancing 3pm to 5.30pm. Qi Gong classes starting March 12th at 7pm. contact 0879041166.

Bingo every Friday at 8pm . Cards on Sundays at 8.30p The Ahakeera players, the Hall committee and Inchigeela National School really appreciate the huge crowd that formed the audience last Saturday night for the comedy "God Rest his Soul"

Uibh Laoire Parish Active Retirement

The group held their AGM last week and there was a large crowd in attendance. The past year was reviewed and the overall opinion was that it had been a very good year for all the members. They enjoyed the meetings, the trips out, the music nights and looked forward to more. All were grateful to the hard working committee. Membership for 2024 is now over 70 people. The committee was re-elected as follows Chair, Guss O Riordan; Vice chair Siobhan Dinneen; Secretary Mary Rose O Mahoney; Assistant Lucy Lucey; Treasurer, Breeda Quill-O Leary. Assistant Nora Levis. We wish them every enjoyment for the coming year.

Kilmurry Active Retirement

ALONE

More than 160 members from 28 of the Active retirement associations in Cork and Kerry attended the AGM of the Southern Region of Active Retirement Ireland in Killarney on the 28th February. Six were from our association. After getting through the business of the day and the questions and answer session and before the lunch we had a talk from three officers from ALONE in the South West. It was excellent. ALONE do much more than what they are best known for, their befriending service. There are many who avail of their telephone service and they help out too with all sort of practical matters such as grant applications for home modifications that may have become necessary. In fact, they introduce people to all sorts of supports that we may not have heard or been aware of. The purpose of their presentation was to make us aware of the extent of the service and also to encourage us to consider using it or to volunteer as the befriender. They pointed out that the benefits are significantly life enhancing to both parties to the relationship. I can attest to that. I became a volunteer with ALONE just over two years ago. After the training sessions I was paired with a man in the city. They knew what they were doing and we had a host of similar interests. At the first meeting, we got carried away, time flew. After about two hours covering a wide range of topics, we realised that we were both tired. So, we agreed that we would limit ourselves to an hour in future and so we did weekly. I understand that some men like to solve problems, while some women are often more interested in us men acknowledging that they have them (often us!). They know that they are well capable of solving them themselves. I am a man that have either enough problems at all times, or if they are ever running low, I can manufacture them very easily. So, it came to pass that my man quickly became my mentor and my friend. He would give his wisdom and to my surprise he would enhance that wisdom the following week as he contemplated over the week. As happens the problem may have disappeared, but he ensured

that the learning was engrained.

About 11 months after meeting him I went in as usual, but the door that he always had left open for me at the appointed time was closed. Naturally I was a bit concerned. But in no length of time a neighbour came out and said that man is dead and buried a few days ago.

Good friends are a rare enough blessing especially for men. I grieved my loss, as many friends and carers do, privately and silently. It is hardly surprising, I suppose, that just an hour a week every week can lead to deep friendship. I reported to ALONE as I was required to do. An excellent organisation they are. Within a few days I got a card expressing sympathy from them. They consult regularly with their volunteers and had obviously learned from them. I was told to take as long as I needed before I decided to offer myself for pairing again. I did need that.

I can't recommend that you should volunteer with ALONE. We are all so different and you may have had too much loss in your life already to risk more. On the other hand, for me it was certainly a life enhancing experience. So I would recommend only that you consider it.

Our Coffee crawl on Wednesday 21st February ended up at the Killumney Inn. The twenty that travelled were very happy with the welcome and service. Thank you. We are planning the next one for Wednesday 20th March. We intend to continue our coffee crawl one Wednesday each month until our summer break.

On Tuesday 27th we had a talk in the Independence room Kilmurry by Dermot Cronin from Muintir na Tire on engraving valuables so that they can be identified and returned to you if recovered after theft, and to discourage theft. He spoke about 'Cairde' their app now that they use for the neighbourhood watch and much else besides. It has a feature that works like the traditional red button. It sends a message to your designated people if you need help with a map indicating where you were when the message was sent. Some may be more inclined to carry a phone with the app installed than

a red button, though the button has its advantages too. Choice is good.

Upcoming

Rose McCarthy will start a new course 'Dance to Music' on Tuesday March 12th at 2 -4pm in the Museum, Kilmurry. This will conclude after the tea with her popular Tai Chi and Meditation/Relaxation. A New Gardening class with Pat Sheehan will start on Thursday 14th March at 2pm at Curraghbeg Nurseries in Ovens. We are very grateful to Dominick Cullinane for his generosity in facilitating us for these six two-hour sessions.

Our very popular Zumba gold classes with Yvonne Murphy will be starting in Crookstown hall on Wednesday 20th March from 6.15pm to 7pm and all are welcome. It will cost just €50 euro for ARA members for ten sessions. Non-members, will need to join our association for insurance purposes at the annual fee of €20, (this will cover too the intended follow on course in the Autumn).

Our association is open to all, and our membership fee is just €20/calendar year or €30 for a couple. Our philosophy is that age makes no difference, but health does. We try to do what we can to keep healthy and challenged in body and in mind, and together that is easier. You will be kept as busy as you choose to be and positively engaged in your community, and we think you will enjoy it. There are several active retirement associations in the Lee valley. If you are interested in finding out more, we can put you in contact with the right secretary for your locality, or if you are interested in starting one up there is support for that too.

For more information contact Aidan at 0894057676 or aidanpbarry@outlook.com

INDEPENDENCE MUSEUM KILMURRY

Kilmurry Historical & Archaeological Association (KHAA) AGM on Friday 22nd March at 8 pm in The Heritage Room, Independence Museum Kilmurry. 2024 membership can be renewed at the AGM. New and existing members welcome.



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St. Patrick's Festival Macroom

Programme of Events 2024

FRIDAY MARCH 15TH

Local Vocals Concert of Irish Songs. Chapel Hill School of Art.
Spot Prizes on the night. Admission €15

Seats are limited, book with: Martina 087 2331255 or Jaki 083 1182175

In aid of Alzheimer's Society and Macroom Defibrillators.



SATURDAY 16TH MARCH

Music Session with the Local Legends the "Piledrivers".

Coolcower House 8pm. Free Admission

A great night of music and song.

SUNDAY 17TH MARCH

11.30am - Irish Mass St Colemans Church, Macroom.

2pm - Live Music in the Square with Tim Joe & Anne

2.30pm - Street & Kids Entertainment

3.30pm - St Patricks Day Parade

POST PARADE

4.30pm - Performance by Cullen & Ballingear Pipe Bands in the Square.

6.00pm - Live Music in Coolcower House with The Two Drops.

Live Music in the Bars.



Best Window Display Competition.

We are asking that all premises and landmark buildings to join in the fun and decorate your place with varying shades of green, and to use hats and costumes as being order of the day. A prize for the best shop window will be voted on by the Grand Marshall and the committee.

PARKING

There will be no parking on the Main Street from 8.30 a.m. on St. Patrick's Day. We request your co-operation with the Garda Síochána and parade marshals in this matter. There will be no through traffic from 2.30 p.m. to 5 p.m. Diversions will apply. Off street parking is available at the Mart, Fair Green Car Park, at the Bridge and Castle Grounds. Patrons are advised to be in Macroom no later than 2 p.m. to avail of easy access to car parks. A tow truck will be in operation from 1.30 p.m. to 3.30 p.m.



Macroom 15th – 17th March 2024

Chairperson St. Patricks Festival Committee

(a subcommittee of the Lee Valley Enterprise Board).

The organising committee of the St. Patricks Festival are appealing to all clubs, societies and business in the Lee Valley Area to participate in this year's parade, and exhibit the local spirit that exists in our community. It's a day for everyone, a unique way to celebrate our culture and by participating you are helping the organisers to make the parade more attractive and enjoyable for all, and this all while promoting your club or business along the way. Entries please to lventerpriseboard@macroom.ie or text to 086 8589043.

This year's parade has the marching Ballingearry and Cullen Pipe Bands, and will feature a Street Theatre troupe in the build-up. With plenty live music in the square before and after the parade, it promises to be a wonderful day in Macroom.

The Local Vocals Concert on the Friday night 15th March, and the Piledrivers live music session in Coolcower House on Saturday 16th at 8pm are all in keeping with in the spirit of our national day, so please support these events.

There is substantial cost in running the St. Patrick's Festival and we would like to thank our main sponsor Macroom and Millstreet Municipal District Council and to our other local sponsors for their financial support. Thanks to the Lee Valley Enterprise Board, the local council staff, An Garda Síochána, and all of our volunteers for your help in co ordinating and making our Parade such a success each year.

As Chairperson of the St. Patrick's Festival Committee I would like to welcome everyone to Macroom for our 2024 Parade and ask that you all support by wear your green and contribute in whatever way you can to make this a very worthwhile community event.

David O'Leary
Chairperson

Macroom St. Patrick's Festival 2024.



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Full list of sponsors will be published in the next edition of the Lee Valley Outlook.

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interviews
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OPEN DAY

Thursday 21st March 2024

9.30 am — 3.30 pm

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Venue: The Glen Theatre, Banteer

Date: Wed 20th March

Time: 8-10.30pm

Tickets €15

Banteer Community Childcare is organising a Women's Wellness Event to explore the following topics:

- Post Natal Wellness - Mummy MOT
- Breast/Cervical Cancer Awareness
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Spring has sprung at Kennedys Pet Farm

The hugely popular Kennedy's Pet Farm is putting the finishing touches in place for the 2024 season. The farm will open on Saturday next, March 16th and once again this year they will be holding their Easter Egg Hunts

Chocolate Eggs will be the prize for all the boys and girls who want to enjoy a fun filled family day out at the farm this Easter where they can run through the fields with their basket to find all the clues the Easter bunny has left!

The Easter egg hunts are on Friday 29th, Sat 30th & Sun 31st of March. There will be two sessions each day - 10am to 1pm and 1.30pm to 4.30pm.

Easter is a ticket only event. Tickets are now The pet farm is a great attraction for both young and old. A great advantage is the all weather facilities, a brand new indoor playgrounds & indoor little stars play centre, so come rain or shine the Kennedy family can offer you an exciting day out.

New arrivals on the farm is a regular occurrence and there's always a happy mother waiting to show off her new babies!

So if you fancy cuddling, feeding or just admiring the large varieties of animals at Kennedys Pet Farm: alpacas, deer, pigs, piglets, horses, calves, sheep,



lamb, goats, kids, donkeys, pot bellied pigs, rabbits, duck and ducklings, geese and goslings and 'Prince' the peacock – then Kennedy's Pet Farm is a must for locals and visitors alike.



GIGGLES THE CLOWN AND THE EASTER BUNNY WILL BE AT KENNEDY'S PET FARM FOR THE EASTER EGG HUNTS

BLACKWATER MOTORS VOLKSWAGEN COMMERCIAL VEHICLES

Announces Official Partnership with the Cork Ladies Gaelic Football Association for a Fourth Consecutive Year

Blackwater Motors Volkswagen Commercial Vehicles, are thrilled to announce its official partnership with the Cork Ladies Gaelic Football Association (LGFA) for a fourth consecutive season. As part of this exciting collaboration, Blackwater Motors Group has generously provided the LGFA with a brand-new 241 model Volkswagen Transporter van to support the team's needs. The state-of-the-art Transporter van will play a crucial role in efficiently transporting the team's gear to and from training & games, ensuring that the Cork Ladies Football Team have the necessary resources to perform at their best during the upcoming season.

Brad O' Donoghue, Commercial Sales Manager at Blackwater Motors, expressed his enthusiasm about the continuation of the partnership during the recent handover ceremony. He stated, "We are delighted to be able to provide the Cork LGFA with the Transporter for the upcoming season. At Blackwater Motors, we are known for supporting a wide range of teams, so it's a pleasure to be able to support the LGFA. This partnership is our way of recognizing all their hard work and commitment." O'Donoghue also commented "From all of us at Blackwater Motor Group, we wish the Cork Ladies Football Team the best of luck for the coming year,



Pictured L-R Brad O'Donoghue, Blackwater Motor Group, Shane Ronayne, Kate Redmond, Daire Kiely and Marian Crowley, Cork LGFA and Michael O'Brien, Blackwater Motor Group

and we look forward to supporting them for many years to come."

The official handover of the keys took place at the Blackwater Motors Commercial Van Centre located in Wilton, in attendance were Brad O'Donoghue, Blackwater Motors Volkswagen Commercial Vehicles Sales Manager, Shane Ronayne, Cork Manager, Kate Redmond and Daire Kiely, team members, Marian Crowley, Cork LGFA Chairperson, Michael O'Brien, Blackwater Motor Group Head of Business.

The event marked the fourth consecutive year of a promising partnership between Blackwater Motors and the Cork Ladies Football Association, reinforcing the commitment of both entities to excellence in sports and community support. Blackwater Motors take pride in contributing to the success of local sports teams and communities. This partnership with the Cork LGFA is a testament to our commitment to supporting and fostering excellence in sports and community initiatives.



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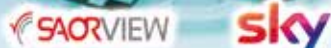
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Pamela O'Brien, Coordinator of the Cork College of FET, Douglas St. Campus Schools' Hairdressing Competition making a presentation to guest speaker, former St. John's College student and Macroom native, Aaron Healy, who now works with National Hair and Beauty. Picture: Mike English



Kilmurry Green School Day of Action



Dara Russell of McEgan Senior Branch Macroom, receiving her Bronze Gaisce Award from Deirdre Henley.



Kilbarry NS pupils at the Féile Fichille Chess Tournament in BEDA Hall.



Ballinagree Girls Soccer Team



Representatives of Macroom Prayer Group at Meet The Clubs Day, organised by Macroom and District Lions

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- Experience with AutoCAD & Solidworks an advantage but not essential.
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COACHFORD AFC CELEBRATE SEEING DOUBLE

Coachford AFC honoured their Double Double winning Premier Team recently at a function held in O'Callaghan's Bar Coachford. This amazing talented team were picking up their medals for a second year in a row for winning the AUL Premier League and the AOH Cup title. In his speech, Club Chairman Michael Murphy praised the huge achievements of this remarkable bunch of players and said " To achieve success in sport is not easy. It requires a great number of things to come together in order for you to climb the steps of success as an individual but even more so as a team.

We are getting used to success with this bunch of players and there is a danger that we almost expect it from this squad but all of us know this success doesn't come easy for the players, the coaches and indeed the club. There are huge sacrifices to be made from those directly involved in the team and also from their partners, girlfriends and families.

Your self belief in yourselves, the never say die attitude that you showed throughout the last two seasons and especially in the AOH is what marks you out as a remarkable squad, a once in a generation

team of unique and committed players.

In years to come your fantastic achievements will be talked about whenever Coachford and Cork soccer is discussed. All of us here can count ourselves lucky that we witnessed it and shared in your success. And we thank you for allowing us to be part of it." Medals were presented to the players by Club President, Matt Martin. The Golden Boot award for the most goals scored in the season was presented to Marc Murphy and the Player of the Year award which is voted by all the players and management team was awarded to Matthew Bradley.

The delicious food was supplied by Tasty Options catering. O'Callaghan's Bar pulled out all the stops to look after everyone and to make sure the place was decorated in the club colours. Pods, Eileen and all the excellent staff at O'Callaghans made sure everyone had a great night to remember.

Under 14s top the table Coachford Under 14s are top of their league with 5 games remaining. Last Year's U13 champions were promoted to a higher league for this year's season but they continue to perform brilliantly in the higher league and remain unbeaten

after 9 games played.

Division 3 team win team of the month Coachford AFC's Division 3 team were crowned Cork AUL Team of the Month for January 2024. This award was fully deserved as the squad climbed the table to third place by winning three games in a row and by advancing to the Quarter final of the Presidents Cup. Coachford Premier Team win again

The Coachford Premier Team came away from MTU last week with all 3 points beating City Wanderers 4-0.

After a difficult first half which saw Coachford having the majority of the play but failing to convert any of the many chances it was Cialan O'Sullivan who broke the deadlock with the very first attack after the break. Decchie Keating was next up to put the side 2-0 up and as the game was entering its final 15 minutes James Cotter and Eoghan Maher completed the very fine team performance by scoring two great goals. The win means that the team are now second in the league.



Coachford Soccer Club U14 squad



Coachford Soccer Club Premier Team



Coachford Soccer Club AFC B Team



Coachford Soccer Club player of the Year and Golden Boot Winners

BEANN ÉIDER GAA CLUB VISIT MACROOM

See here, some photos of the visit of Beann Éider U-16 footballers to Macroom on Saturday, 24 February 2024. Beann Éider GAA Club is based in Howth, Dublin. Its connection with Macroom is through Mick Goold's family. Mick and his sons Eamon, Conor, Brian, Michael and Gerard played football for Macroom; Eamon and Conor played for Cork Minors.

Unfortunately, Brian died at a young age some years ago. However, his daughter Lily Kate continues the Goold football tradition and she was part of the visiting team. After a sporting game played in good conditions, the players, their parents and mentors enjoyed a lovely meal in the Macroom GAA Pavilion. Congrats to Concubhar Murray and his colleagues and their Dublin counterparts for arranging the fixture and a fitting tribute to the Good family's



The combined Macroom and Beann Éider U16 teams, Feb. 2024. Pic, Con Kelleher.

connection with Macroom GAA Club. It was a lovely occasion. Well done everyone.



MACROOM GAA MARCH 2024 REPORT:

U14

Macroom welcomed Eire Og to Tom Creedon Park on a breezy afternoon. A good run out for both teams ahead of the season. A strong performance by Macroom as this team step up into P1 for the first time. The team was: Cian Lee, Dylan O'Shea, Ryan Brophy, Leo Slattery, Brian McCrory, Oliver Kreszpinga,

Tristan Mullane, Darragh Creedon, Michael Deasy, Aled Hopkins, David Condon, Con Moss, David Twomey, Caden Dundon, Dylan O'Connell, Brian Bradley, Loughlin Plelan, Will Buckley, Conor Angland.

Premier Intermediate

Macroom Premier Intermediate team kicked off their Division 3 Football League campaign on Sunday

3rd March in the Castle Grounds where they played Kanturk first. Kanturk won on a scoreline of 1-9 to 7 points with Kanturk's goal coming from a penalty. Macroom next face Nemo Rangers on St. Patrick's weekend. Keep an eye on our social media for all upcoming fixtures.



Macroom Premier Intermediate v Kanturk 3rd March 2024



U14 P1 - Macroom v Eire Og 3rd March 2024

GENERAL GAA NEWS

March 4th 2024

2024 Allianz National Football League – Div 2

Jan 28th Donegal 1-20 Cork 2-6 in Ballybofey
Feb 4th Louth 2-9 Cork 0-13 in Ardee
Feb 17th Cork 0-16 Cavan 0-17 in Cork
Feb 25th Fermanagh 0-16 Cork 1-14
Mar 3rd Cork 2-15 Kildare 3-9
Mar 16th Saturday Meath v Cork in Navan 2pm
Mar 23rd Saturday Cork v Armagh in Cork 7pm

Fermanagh 0-16 Cork 1-14

A goal from corner back Maurice Shanley in added time secured Cork their first points in Division Two of the Allianz Football League with a one-point victory over Fermanagh in Ederney. The goal gave Cork the lead for the first time in the game. Cork were lucky but who could begrudge this team a bit of luck after the way things had gone in earlier rounds.

Fermanagh had played the better football in the opening period of the game and they led by 0-3 to nil. Brian Hurley opened the Cork account from a free in the 14th minute but Fermanagh answered straight away and Brian Hurley had two further scores 0-5 to 0-3, before the home side made it 0-7 to 0-3 before Cork staged a strong revival before half time with points from Conor Corbett from a mark, and from Hurley to leave Fermanagh with a two point lead, 0-8 to 0-6.

Cork, who got a verbal roasting from Manager John Cleary at the interval, began the second half well and Hurley knocked over a close range free while Chris Ó Jones lobbed over after McNally had saved from O'Callaghan to tied up matters.

Fermanagh though responded and went two clear and later they led by 0-13 to 0-10.

Cork's Daniel O'Mahony had a rasping drive come back off the crossbar and after 67 minutes Fermanagh were looking good for the win. However, Cork continued to push and Ian Maguire and Steven Sherlock knocked over to leave it a one point game heading into added on time.

Fermanagh did have a chance to wrap the game when McGullion got in on goal but his shot was saved by Kelly and Cork broke down to the other end to bag the key score of the encounter. Ruairi Deane advanced, fed the ball across the goal where Shanley was waiting to palm home. With Hurley then drilling over another free it put Cork into a 1-14 to 0-14 lead but Fermanagh rallied with two points but time ran

out for the home side.

Scorers for Cork: B Hurley 0-8 (7f), M Shanley 1-0, C Corbett 0-2 (1m, 1sl), M Taylor 0-1, I Maguire 0-1, C O'G Jones 0-1, S Sherlock 0-1 (m)

Cork: Christopher Kelly (Éire Óg); Kevin Flahive, D O'Mahony, T Walsh; D Cashman, R Maguire, M Taylor; I Maguire, Colm O'Callaghan (Éire Óg); E McSweeney, C Corbett, B O'Driscoll; M Cronin, B Hurley, Chris Ó Jones. Subs: Luke Fahy for Cashman (h/t), R Deane for Cronin (h/t), S Powter for McSweeney (49), M Shanley for Walsh (58), S Sherlock for Jones (63)

Cork 2 – 15 Kildare 3 – 9

Man of the Match: Colm O'Callaghan (Éire Óg) A second league win in a row for Cork footballers will greatly enhance their chances of retaining Div Two status for next season and also increase their chances of qualifying for this year's Sam Maguire All Ireland series. Cork have now moved into fifth place in the league table, can't get promoted, but can retain their status if they win against either Meath away or Armagh at home in the coming weeks.

Both attacks struggled to break down the opposition's packed defences in the first half. Kildare had only seven shots at the posts but still led at half time by 2-3 to 1-5 and the Cork goal had come very late in the half when a Mattie Taylor run on the break out of defence ended with a super goal from Tommy Walsh, the Cork corner back!

In the second half Cork were much improved and imposed themselves on the Midland side all over the pitch. Cork's defence tackled with renewed vigour, their attackers were kicking towering scores from all angles to tack on seven of the opening eight points. Brian O'Driscoll had his third, Conor Corbett and Brian Hurley both got off the mark with a pair, and Colm O'Callaghan and Chris Ó Jones slotted stylish efforts. In the 52nd minute, they added a stunning goal. O'Callaghan grabbed a diving mark and quickly sent a delivery to Conor Corbett, who sent a rocket to the roof of the net to make it 2-12 to 2-5.

A third Kildare goal was followed by three Cork points in a row and the home side were never going to lose after that.

Cork scorers: Conor Corbett 1-2, Tommy Walsh 1-0, Colm O'Callaghan, Brian O'Driscoll, Chris Ó Jones 0-3 each, Brian Hurley 0-2, Kevin Flahive, Rory Maguire 0-1 each.

Cork: Christopher Kelly(Éire Óg); Kevin Flahive, Daniel

O'Mahony, Tommy Walsh; Luke Fahy (Ballincollig), Rory Maguire, Matty Taylor; Ian Maguire, Colm O'Callaghan (Éire Óg); Eoghan McSweeney, Mark Cronin, Brian O'Driscoll; Chris Ó Jones Ivelary), Conor Corbett, Brian Hurley. Subs: Seán Meehan for Maguire (26, inj), Ruairi Deane for McSweeney (HT), Seán Powter for Cronin (52), David Buckley for Hurley (58), Steven Sherlock for Corbett (67).

Allianz National League Div Two Table after 5 Rounds:

Donegal and Armagh 9 points each
Cavan 7, Meath 6, Cork 4, Fermanagh 3, Louth 2, Kildare 0

Munster Senior Football Championship

April 7th Sunday at Supervalu P Uí Chaoimh 4pm, Quarter Final Cork v Limerick
April 20th Saturday, Munster Semi Final at Killarney, if Kerry v Cork 4pm May 5th Munster Football Final

2024 Allianz National Hurling League

Feb 4th Clare 1-25 Cork 2-19 in Ennis
Feb 10th Cork 1-17 Kilkenny 0-21
Feb 25th Cork 1-21 Waterford 1-19
Mar 10th Sunday Offaly v Cork in Tullamore 1.15pm
Mar 16th Saturday Wexford v Cork in Wexford 3 pm
Mar 23rd Saturday NHL semi finals

Cork 1 – 21 Waterford 1 - 19

Cork's inconsistency almost cost them again before they held off a Waterford fight back to gain a crucial first Allianz Hurling League victory.

It was all going well as Jack O'Connor nabbed 1-3 for the Rebels to construct a 10-point advantage in front of 10,622 fans at SuperValu Páirc Uí Chaoimh. But from the 58th minute onwards, the visitors reeled off 10 of the final 12 points as they made Cork sweat down the home straight.

Both teams now lie on two points after three games. As Pat Ryan sought a response from their loss to Kilkenny, he handed League debuts to All-Ireland U20-winning goalkeeper Brion Sanderson and corner-back Cathal McCarthy among 11 changes. Some wise heads returned, too, with Damien Cahalane and Seamus Harnedy in for their first involvements of 2024.

There was a niggle in this game from the off. O'Connor had earned a booking within five seconds of the



throw-in and five more yellow cards would follow before half-time, four for off-the-ball scuffles.

Cork had given Clare and Kilkenny six- and nine-point head starts in their opening losses but even against the wind, they were the faster out of the blocks here. Cork struck four in a row to take a 0-6 to 0-2 lead, the Déise stayed in touch and the sides were level in the 26th minute when Seán Walsh added his third goal in three consecutive games, 0-8 to 1-5.

A Prendergast free gave Waterford their only lead in the 34th minute but Conor Lehane won two frees for Patrick Horgan to send Cork in ahead, 0-11 to 1-7. They added another four in a row on the restart via Horgan, O'Connor, Harnedy, and Hayes. It could've been more. Mark Coleman, in his first start since 2022,

won a puck-out and fed O'Connor and his lightning pace parted the Déise defence and his early shot from outside the 21 bounced into the bottom corner. When Eoin Downey added a point from inside his own half, Cork had outscored their opponents by 1-7 to 0-1 since half-time to take their lead to 10.

Waterford were plagued by wides but belatedly found their radar to thread seven points in a row. That brought it back to a one-score game, 1-19 to 1-16, but Cork found the impetus from their half-back line. Ciarán Joyce won a free for Alan Connolly to convert and Ger Mellerick surged forward to point. Waterford came again with three points in the three added minutes but it wasn't enough.

Scorers for Cork: Patrick Horgan 0-7 (6f); Jack

O'Connor 1-3; Brian Hayes 0-3; Seamus Harnedy 0-2; Ger Mellerick, Ciarán Joyce, Tommy O'Connell, Rob Downey, Eoin Downey, Alan Connolly (f) 0-1 each.

Cork: Brion Saunderson; Cathal McCarthy, Damien Cahalane, Seán O'Donoghue; Ger Mellerick, Ciarán Joyce, Mark Coleman; Ethan Twomey, Tommy O'Connell; Shane Barrett, Conor Lehane, Seamus Harnedy; Brian Hayes, Patrick Horgan, Jack O'Connor. Subs: Brian Roche for Twomey (9, inj), Robert Downey for Joyce (10-18, blood), E Downey for O'Donoghue (29, inj), Shane Kingston for Lehane (50), Alan Connolly for Horgan (58), Luke Meade for Harnedy (69).

Munster Hurling Championship 2024

– Round Robin

April 21st Sunday Waterford v Cork at Walsh Park, 4pm throw in

April 28th Sunday Cork v Clare at Supervalu P Uí Chaoimh, 2pm

May 11th Saturday Cork v Limerick at Supervalu P Uí Chaoimh, 7pm

May 19th Sunday Tipperary v Cork at Thurles, 4pm Munster Hurling Final June 9th

2024 Lidl Ladies GFA National Football League

Division 1 Cork 0-7 Mayo 0-9 Cork ladies lost more vital points in this Lidl NFL Division 1 clash with Mayo at the 4G pitch at SuperValu Páirc Uí Chaoimh, the game switched from an unplayable Mallow venue. The win puts Mayo on seven points and should be

enough to secure their status in the top flight next season. Cork are now in relegation dogfight and they have to win their final games to have a chance of staying up – a sad state of affairs for the Rebels who have been sliding down the ratings now for some time.

Mayo opened the scoring, with Daire Kiely levelling from a free for Cork. Mayo went back in front, a great tackle by Libby Coppinger won the ball back for Cork and she played Abigail Ring in to see the sides level again. Points were again exchanged, Ring again the Cork scorer.

Mayo went two up, but Cork finished the half strongly and two late points from Kiely saw the sides level at half time, 0-5 each, and all to play for.

Mayo went back in front at the start of the second half and with 38 minutes gone, they were awarded a penalty but the ball was kicked wide.

Mayo put two between the sides and it took Cork 20 minutes to score after the restart when Ellie Jack made it 0-7 to 0-6. Mayo went three up with only minutes remaining. Cork drove forward in search of the goal they needed but the Mayo defence kept them at bay. Melissa Duggan pulled a point back for Cork with time running out and it proved to be the last score of the tie Scorers for Cork: D Kiely 0-3 (1f), A Ring 0-2, E Jack, M Duggan 0-1 each.

Cork: C Richmond; M Duggan, S Leahy, E Twomey; K O'Driscoll, A Healy, L O'Mahony; M O'Callaghan, A McDonagh; K Redmond, D Kiely, Emma Cleary; L Coppinger, Lydia McDonagh, A Ring. Subs: R Corkery for K Redmond (12), E Jack for R Corkery, S O'Leary for L McDonagh (both 41), H Looney for A Ring (45), E Hurley for D Kiely (55), A Ryan for A McDonagh (60). Round 6: Dublin v Cork in Dublin, Saturday March 16th

Camogie

Waterford 0-6 Cork 1-6

Cork seniors made it two from two in Division 1 of the Very Camogie League after their win over Waterford at the SETU Arena. This was always going to be a tough challenge for the Rebels and Cork certainly got the test they expected as Waterford battled to the end and made it difficult all through for them.

Battle hardened Cork kept their heads and defended superbly late on when Waterford tried to play the ball long in search of a goal.

There were many quality performances for the Rebels, with Amy Lee making several good saves and outside her, Ballinora's Meabh Murphy was in top form at cornerback.

Hannah Looney and Laura Hayes put in a shift at midfield with the likes of Fiona Keating and Saoirse McCarthy leading by example in attack. Cork's star on the day was on the day was Ashling Thompson

who was everywhere and was instrumental in ensuring Cork made it two from two in the league. It was the type of display you expect from Thompson, still recovering from her cruciate injury.

Waterford scored in the first minute but Cork got back on level terms when Katrina Mackey got her first of the half. McCarthy added a second from a free and Thompson made it 0-3 to 0-1 after some good work by newcomer Orlaith Mullins. Cork raised the only green flag of the tie when Orlaith Cahalane found the back of the net after 10 minutes to make it 1-3 to 0-1. Points were exchanged, and two more points for the home side made it 1-4 to 0-5 with 30 minutes played. In injury time Mackey got her second, to see Cork in front by 1-5 to 0-5, and in a strong position as they turned to play with the wind in the second half.

However, both sides only scored once over the 30 minutes. It took until the 42nd minute for the first

score to arrive when Laura Hayes pointed for Cork. The next score came with five minutes to go when Sarah Lacey scored for Waterford.

In between Lee made two great saves, to ensure Cork travelled home with the points secured.

Scorers for Cork: O Cahalane 1-0, K Mackey 0-2 (0-1 f), S McCarthy, A Thompson, A Healy, L Hayes 0-1 each.

Cork: A Lee; M Murphy, L Coppinger, M Cahalane; A Healy, A Thompson, I O'Regan; H Looney, L Hayes; S McCartan, F Keating, S McCarthy; O Mullins, K Mackey, O Cahalane.

Subs: A O'Connor for S McCartan (36), A Smith for O Cahalane, E Murphy for O Mullins (both 41), C Finn for K Mackey (45).

Next: Very NL Div 1A Round 3: Cork v Tipperary Saturday March 9th.

Fixtures for February/ March 2024

Sun, March 10th @1.15pm AHL R4 Cork v Offaly in Tullamore Sun, March 10th Club H League-Round 1-Red FM Hurling League Sat, March 16th @3pm AHL R5 Cork v Wexford in Chadwicks Wexford Park Sat, March 16th @ 2pm AFL R6 Cork v Meath in Pairc Tailteann, Navan Sun, March 16th/17th Club F League R2 McCarthy Insurance Group Football League R2 Sat, March 23rd U17 F Challenge Cork v Armagh in SuperValu Páirc Uí Chaoimh Sat, March 23rd @7pm AFL R7 Cork v Armagh in SuperValu Páirc Uí Chaoimh March 23rd - 24th AHL Allianz Hurling League Semi-Finals Sun, March 24th Club H League R2 Red FM Hurling League R2 March 30th - 31st AFL Final Allianz Football League Final Sun, March 31st Club F League R3 McCarthy Insurance Group Football League R3 (Div 6 & 7 start) Tues, April 2nd @8pm Thurs, April 4th

@7pm Munster U17 HR1 Cork v Tipperary in Tipperary Venue Fri, April 5th @7pm Munster U20 H R1 Cork v Waterford in Waterford Venue April 6th - 7th AHL Final Allianz Hurling League Final Sun, April 7th Munster SFC QF Cork v Limerick in SuperValu Páirc Uí Chaoimh

Mc Carthy Insurances 2024 County Football Leagues Div One :

March 10th St Finbarrs v Cill na Martra, March 13th Ballincollig v Castlehaven March 16th St Finbarrs v Éire Óg March 17th Cill na Martra v Nemo Rangers Div Two:

March 17th: Dohenys v Béal Átha'n Ghaorthaidh Div Three: March 16th Nemo Rangers v Macroom

Div Four:

Mar 14th: Naomh Abán v St Vincents

March 17th: Iveleary v Bantry Blues, Glanworth v Aghabullogue Div Five:

March 5th: Mitchelstown v Kilmurphy

March 17th: Kilmurphy v Ballydesmond

Div Six:

March 31st: Aghinagh v Kildorrery, Ballinora v Mayfield Div Seven:

March 31st: Argideen Rangers v Canovee

Results:

Div 1: Carrigaline 0-12 Ballincollig 0-9

Div 1: Éire Óg 1-9 Carbery Rangers 2-6

Div 3: Macroom 0-7 Kanturk 1-9

There was considerable focus on the performance of Macroom, now under new high profile manager Aidan O'Mahony, the former Kerry star defender. Pitted against Kanturk in the opening round of the Div 3 league, Macroom started well but conceded a goal from a penalty in the 16th minute which gave Kanturk a 1-1 to 0-2 lead and the Senior A side led from there



to the finish. Macroom were over dependent on free kicks from David Horgan for scores and could not get closer than a goal to their opponents in the second half, though they did have opportunities which were not availed of.

Alan Quinn and David Horgan (from a sideline kick) had early points for the home side who lost Blake O'Gorman to a recurring injury in the 16th minute. After the goal, Kanturk added three points, all from frees, and they led by 1-4 to 0-2 at the interval. Points from Horgan and Quinn cut the deficit back to a goal but Kanturk were in command and they raised the gap to four points on three occasions and Macroom could not get any closer though they battled on to the end and with a more lethal finish could have been much nearer to the Duhallow men at the finish.

Macroom scorers: D Horgan 0-5 (0-1 sideline, 0-4 frees), A Quinn 0-2

Team: Brendan O'Connell: Kieran Condon, Blake O'Gorman, Gerard Angland: Michael Cronin, Mark Corrigan, Jack O'Riordan: Cillian O'Donovan, Tony Dineen: Eolan O'Leary, Mark Hunt, Sean Kiely: Alan Quinn, David Horgan, Rory Buckley. Subs used: Caleb Dinneen, Dylan Twomey, Ethan O'Gorman, Eoin O'Mahony. Referee: Peter O'Leary, Cloughduv

Div 4: Aghabullogue 0-10 Naomh Abán 0-6

Last year's dual intermediate county champions Aghabullogue, got their new football season off to a

fine start with a win over Naomh Abán at a very heavy pitch at Coachford (old pitch). The score was reflective of the conditions as at half time Naomh Abán led by 0-2 to 0-1 with defences and the conditions proving a handful for the respective attacks. In the second half, Aghabullogue got on top and led by 0-7 to 0-3 at the three quarter mark, and when the Gaeltacht side rallied with two points to reduce the gap, Aghabullogue came again with a brace to restore the four point gap which was the final winning margin after a further exchange of scores.

Mathew Bradley was scorer in chief for Aghabullogue with 0-4, David Thompson got 0-2, and Colm Gillespie, John Corkery, Cialan O'Sullivan and Ciarán O'Sullivan all contributed 0-1 apiece. Naomh Abán had scores from Dan Ó Ceallaigh 0-3, Wayne MacCarthaigh, Niall Ó Ceallaigh and Concubhar Ó Críodáin 0-1 each.

Aghabullogue: Ian O'Sullivan: Tom Long, Michael Dennehy, Conor Smith: Paul Ring, Adam Murphy, Breandán O'Sullivan: Colm Gillespie, Ryan Dennehy: Evan O'Sullivan, Mathew Bradley, Pádraig O'Sullivan: John Corkery, David Thompson, Cialan O'Sullivan. Subs: Ciarán O'Connell, Brian Dineen, James Lane.

Naomh Abán: Gearóid Ó Luasa: Seamus Ó Mathúna, Críostóir Ó Deasúnaigh, Colm de Róiste: Éanna Ó Críodáin, Dara M Ó Loingsigh, Jack Ó Donnchú: Caoimhín Ó Donnchú, Concubhar Ó Críodáin: Niall Ó Ceallaigh, Donal Ó Ceallaigh, Maidhchí Ó Liatháin: Wayne MacCarthaigh, Darragh Ó Laoire, Deaglán Ó

hAllamhain. Fir Ionaic: Maidhc Ó Duinnín, Seán Ó Riordáin, Adrian Ó Cathasaigh, Aodha Ó Catháin, Marc Ó Críod, Donagh Ó Loingsigh.

Referee: Luke Knight, Kilmurruy

Next Round: N Abán v St Vincents March 14th, Aghabullogue v Glanworth March 16th.

Div 4: Ilen Rovers 0-7 Iveleary 0-17

Iveleary, so unlucky in last year's championship, had a long trip to Baltimore for their opening Div 4 league game and showed that they are in good heart for another go off the Premier Intermediate championship this year. After an even enough first half, the Uibh Laoire men led by two points at the break, 0-6 to 0-4 but pulled away in impressive style in the second half. Cathal Vaughan led the attack in style and had 0-7 to his credit by the finish, and Barry O'Leary, Liam Kearney, Ian Jones, Seán O'Riordan and Aaron O'Donovan all contributed to the score sheet.

Iveleary: Joe Creedon: Barry Murphy, Daniel O'Riordan, Daniel O'Donovan: Kevin Manning, Ciarán O'Riordan, Kevin Jones: Barry O'Leary, Jimmy Roberts: Brian Cronin, Cathal Vaughan, Sean O'Riordan: Sam Pickering, Liam Kearney, Ian Jones. Subs: Aaron O'Donovan, Brian O'Riordan, Oisín O'Herlihy, Shane Galvin.

Next Game: At home to Bantry Blues on St Patrick's Day

Roinn Mhuscraí CLG – Mid Cork League Groupings 2024

FORMATS 2024: EPH Controls Football Leagues:

Div 1 FL – 8 teams, 7 games each, Top 2 placed teams will play final. Commencement date 17th/18th March
Div 2 FL – This is divided into East & West – 8 teams in each, 7 games, Top two play semi-finals – Top team of East will play second team of West and vice versa to determine the teams in the final – Commencement date 17th/18th March
Div 3 FL – 8 teams, 7 games, Top 2 placed teams will play final - Commencement date 14th April
Div 4 FL – 4 teams, 3 games, Top 2 placed teams will play final - Commencement date 23rd June
Cumnor Construction Div 1 HL – 8 Teams, 7 games, Top two teams will play final – Commencement date 23rd/24th March
Erneside Engineering Div 2 HL – 8 Teams, 7 games, Top two teams will play final – Commencement date 23rd/24th March
Erneside Engineering Div 3 HL – 5 Teams, 4 games, Top two teams will play final - Commencement date 4th/5th May

EPH Controls Football Leagues

Division 1

Ballincollig, Béal Átha'n Ghaorthaidh, Clondrohid, Donoughmore, Éire Óg, Grenagh, Inniscarra, Kilmichael Division Two East Aghabullogue, Ballincollig2, Ballinora, Blarney, Donoughmore2, Éire Óg2, Inniscarra2, Dripsey Division Two West Aghinagh2, Béal Átha'n Ghaorthaidh2, Canovee, Cill na Martra, Macroom, Uibh Laoire, Kilmurruy, Naomh Abán Division Three Ballincollig, Béal Átha'n Ghaorthaidh, Gleann na Laoi, Inniscarra3, Kilmichael2, Naomh Abán2, Macroom2, Grenagh2 Division Four Dripsey2, Clondrohid2, Canovee2, Blarney2

HURLING

Cumnor Construction Division 1

Aghabullogue, Ballincollig, Blarney, Donoughmore, Dripsey, Éire Óg, Grenagh, Inniscarra Erneside Engineering Division Two Blarney2, Cloughduv, Éire Óg2, Gleann na Laoi, Grenagh, Inniscarra2, Uibh Laoire, Kilmichael Erneside Engineering Division 3 Ballincollig 2, Ballinora 2, Donoughmore 2, Laochra Óg, Lough Rovers

Mid Cork GAA Championships 2024

CHAMPIONSHIP DATES & FORMATS 2024

Junior A Football & Hurling Championship will commence on the same weekend as the county football & hurling championship. Football commencing weekend 26th -28th July and Hurling commencing weekend 2nd -5th August. Deadline for Divisional Junior A Finals is Sunday October 27th.

Junior B Football provisional commencing 10th -11th August, Junior B Hurling provisional commencing 30th Aug-1st Sept. Deadline for Divisional Junior B Finals is Sunday October 27th. Junior C Football commences in late September depending on the rounds of U21 Hurling completed and also teams' involvements with first and second teams.

U21 Football has already been concluded, U21 Hurling provisional last weekend of October and have a straight knockout.

MJK Oils Junior A Hurling Championship

– Nine teams, 3 groups of 3.

Sequence of games: A v B, B v C, A v C. Top two teams from each group progress to knock out stages – six teams. Top two to semi finals, four to quarter finals

Group One: A Dripsey, B Éire Óg, C Inniscarra
Group Two: A Grenagh, B Kilmichael C Ballincollig
Group Three: A Ballinora, B Blarney C Donoughmore

Oriel House Hotel Junior B Hurling Championship

Twelve teams, Open draw with first round losers entering a Plate competition.

Round One:

Cloughduv v Gleann na Laoi
Aghabullogue v Uibh Laoire
Inniscarra v Donoughmore
Blarney v Ballinora
Éire Óg v Grenagh
Ballincollig v Laochra Óg

Ross Oils Junior A Football Championship Twelve teams, three groups of four teams.

Sequence of games: 1. A v B C v D 2. A v D C v B 3. A v C B v D. Top two teams in each group to progress – 6 teams. Best two to semi finals, four to quarter finals.

Group One: A Inniscarra B Béal Átha'n Ghaorthaidh, C Blarney D Ballinora

Group Two: A Éire Óg B Kilmichael C Donoughmore D Clondrohid
Group Three: A Aghinagh B Grenagh C Ballincollig D Dripsey
Ballincollig Credit Union Junior B Football Championship Fifteen teams, open draw with a Plate competition for first round losers.

Gleann na Laoi - a bye
Naomh Abán v Aghabullogue
Uibh Laoire v Cill na Martra
Grenagh v Canovee
Kilmurruy v Béal Átha'n Ghaorthaidh
Aghinagh v Ballincollig
Donoughmore v Ionniscarra
Macroom v Éire Óg

Rochestown Park Hotel Junior C Football Championship

Ten teams, open draw.

Round One:

Béal Átha'n Ghaorthaidh v Blarney
Clondrohid v Ballincollig
Dripsey v Naomh Abán
Canovee v Kilmichael
Inniscarra v Macroom



Dromleigh N.S. students enjoying their recent soccer blitz in Bantry



Canovee U12 2023 league champs with their winner medals. James Moynihan, captain of Canovee Junior A Mid Cork and County Championship winning side, presented their medals



Last years Canovee Under 17s who won the shield got their medals this morning, Sunday March 3rd.



St Marys Football team celebrating their Munster Final win.



Macroon U16s, Feb. 2024. Pic, Con Kelleher.



Beann Éider, (Howth, Dublin) U16s, Feb. 2024. Lily Kate Goold, Brian's daughter, is at the extreme right, front row. Pic, Con Kelleher.



(informal), Lily Kate Goold, Brian's daughter, is at the extreme right, front row. Michael Goold, Brian's brother, is at the back and Ella Goold, the young girl to Lily Kate's left, is her first cousin (Gerard's daughter). Pic, Con Kelleher.



Sraith Peile Chorcaí 2024 - Roinn 4 Naomh Abán



MACROOM SOCCER

Munster Cup u 17girls Park Rangers Waterford 2 Macroom FC Cork 3

Macroom took to the road by bus for their trip to Waterford early this morning with thanks to the club and parents who made it possible.

The girls were in great form on the way with the music booming and took their good form onto the pitch taking a 2 nil lead early on with goals from Szonja and Cora but this wasn't to last and Park battled back in to to make it 2 all at half time.

Macroom who hadn't played since November battled hard not giving an inch when the pressure was on and slowly got back on top midway through the second half and started to make chances.

It looked like extra time was needed until Szonja popped up with her second of the game to the delight of the away supporters.

Macroom head to the next round in good spirits. A great squad effort well done to all the girls especially Chloe, Joy and Orla who travelled with us from the u 15 squad after playing yesterday and played a huge part today. A special thanks to Park Rangers for their



Macroom U13 Girls

hospitality and great spread of food they put on for us and we wish them well in their league and cups for the rest of the season.

Macroom U13

The girls played at home in the Kay McGrath Cup against Corinthians B.

Macroom were on the attack from the start and played some great football throughout the entire match.

Tara Browne played brilliantly throughout and was the player of the match.

Dorieann O'Shea played excellently in the backs in her first game for the team.

Great goals from Millie Mac Sullivan, Keelin Kelleher and Olivia King, saw Macroom win 3-0 on the day and progress to the next round in the cup.



Well done to Macroom FC U11 girls who were in superb as they faced a strong Avondale side. Well done girls!!



Well done to all the Macroom U10 girls who played 1 Riverstown. The girls showed superb teamwork, everyone playing their part for each other and their skill levels are growing with every match - it's great to see them put it all together.



Macroom FC U11 girls welcomed Carrigaline to a sunny Macroom, Two very closely matched sides provided a very sporting game. Well done girls and coaches.

Macroom u 17girls



The McEgan College Senior Boys Footballers had a great win vs Newport College in Round 2 of the Munster Championship. The game was played in Banteer and McEgan came out on top in a closely fought contest on a score line of 2-09 to 1-07

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A Word of Victory

Welcome back dear student, well Spring is here, the season of new life and growth. Time sure passes quickly! The late songwriter Jim Croce wrote the beautiful 'Time In A Bottle' many years ago, yet his message still rings true '...there never seems to be enough time to do the things you want to do'. Solomon wrote, "There is a season, a time appointed, for everything..." (Ecclesiastes 3:1). God's Word guides one into a life of purpose, hope and harvest! (Jeremiah 29:11). Paul gave this advice... "see that you walk carefully, living life with honour, purpose, and courage; shunning those who tolerate and enable evil, not as the unwise, but as wise - sensible, intelligent, discerning people, making the very most of your time on earth, recognising and taking advantage of each opportunity and using it with wisdom and diligence, because the days are filled with evil. Therefore, do not be foolish and thoughtless, but understand and firmly grasp what the will of the Lord is" (Ephesians 5:15-17 Amplified Bible). Most people will aim to fulfil this Word in their lifetime, but without knowing the God's Word, it is difficult to do.

David wrote "my times are in Your hands" (Psalms 31:15). He learned to lean upon God in tough times and saw the Lord's hand move him from obscurity on a hillside minding sheep, to leading the nation of Israel as King. Last week we spoke of how some people find it hard to sleep because of anxious thoughts. You can face anything when you've had a good night's rest. It's not just our 'awake' time that we can place in God's hands though - we should also give Him our sleep time (Psalm 4:8). God speaks to us in dreams and visions of the night, but the enemy also tries to use it as an opportunity to disturb our rest by troubling the mind. Days, months, and years can slip by leaving a person feeling totally exhausted and defeated. But God is Faithful! Jesus is our Redeemer (Titus 2:11-14), and He promises to restore the years the locusts have stolen (Joel 2:25). This means where time has been robbed by difficult circumstances or pain, the Lord will bring restoration when we lean in upon Him and learn to know who we are in Christ (2 Corinthians 5:17-21). Jesus told His disciples "behold I have given you authority over Satan, over his snakes and his scorpions, and over all the power of the devil, and nothing shall by any means hurt you" (Luke 10:19). The Lord was revealing His Power and the legal right to use it that He gives each believer in His Name - to trample upon the agenda and plots the devil has tried to defeat or destroy us with. God promises that when we receive Yeshua as Lord and Saviour taking refuge in His Love and His Word that we... "will tread upon the lion and cobra; the young lion and the serpent you will trample underfoot" (Psalm 91:9-13).

As St. Patrick's Day approaches, it's interesting that it was attributed to Patrick that he got rid of snakes from Ireland. The snake is a manifestation of Satan (going back to the garden of Eden) symbolising how he wickedly tricks, ensnares and poisons (Genesis 3:1-15). But God's Authority and Power that the Lord Jesus paid for with His Blood ensures that we don't have to live under the devil's deception or devastation any longer, for the demons are subject to us in Jesus' Name, and we can instead rejoice in our free gift of Salvation through Christ (Luke 10:20; Psalm 107:20).

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WOVKillarney.



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NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail.

Must promise publication of prayer.

POWERFUL NOVENA



This novena never fails. Say it on the hour for nine hours. Jesus who has said, ask and you shall receive, seek and you shall find, knock and the door will open to you. Through the intercession of Mary, the Most Holy Mother, I knock, I ask that my prayer will be granted. (Make your request).

Oh Jesus, has said all you ask the Father in my name, he will grant through the intercession of Mary, the Most Holy Mother. I humbly beg and urgently ask the Father in thy name that my prayer be granted (make request here). Oh Jesus who has said heaven and earth shall pass away through the intercession of Mary, the Most Holy Mother. I fell confident my prayer shall be answered. (Make request here).

This novena is to be said at the same time every hour for nine consecutive hours - one day. Promised publication, never fails.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

SEAN O'CALLAGHAN

Carrigrohane, Cork

Who died on the 11th of March 2023

Remembering with love, Sean, on his First Anniversary.

We wish to express our heartfelt thanks to all our friends, family and kind neighbours who helped and sympathised with us during such a difficult time. Thank you to all those who travelled to attend Sean's funeral and removal, to Father Jim for the mass and his old teammates at Eire Og for the beautiful guard of honour.

A special thanks to Dr Collins and her team in CUH, Dr Kelly and his team in the Bons, The CUH DDU Staff, Sean's carer Anne, the Ballincollig Community Nursing team and the wonderful team in Marymount.

*Your body is away from me
but there is a window open
from my heart to yours.
From this window, like the moon
I keep sending news secretly.
-Rumi*



Sean's First Anniversary Mass will be celebrated on Monday 11th March at 9.30am in the Church of Saint Mary and St Johns, Ballincollig.

Sean, Dad, Poppadum,
we miss you so much x

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
**KATHLEEN
 DIANE O'KEEFFE**
 Who sadly passed away on the
 4/03/2023 aged 77

On the first anniversary of Kathleen Diane O'Keeffes passing we as a family would like to thank most sincerely who sympathised with us on our great loss. Thank you to all who attended the removal, rosary & funeral mass, especially all those who traveled a long distance to be with us.

'Of all the special gifts in life however great or small, to have you as our Nan was & still is the greatest gift of all. May the winds of love blow softly & whisper in your ear 'we love & miss you Nan & deep within our hearts your life is kept to love & cherish not forget, no more tomorrows we can share but yesterdays are always there. A silent thought, a secret tear keeps your memory ever near in our hearts forever.'



Sadly missed by her kids, Johnny, Mary, Helen & Brendan, her 10 grandchildren, 7 great grandchildren & her bestfriend Jackie who has always been by her side.

As a family we would also like to thank & appreciate our nans best friend Jackie O'Callaghan & her family for their constant support through this difficult time.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



"Those we love don't go away They walk beside us everyday"
**FLOR
 O'DRISCOLL**
 Killberriert/Lacknahacknee
 Who Died on the 22nd March 2023

As we lovingly remember Flor on his first anniversary, we, his wife Caroline, Father in-law & Mother in-law Kevin & Judy, brother in-laws Kenneth, Alan and Paul and sister-in-law Gillian we would like to express our sincere gratitude to all those who supported and sympathised with us on our sudden sad loss of Flor.

We would like to express our sincere thanks to our kind friends, neighbours and extended family for their support, sympathy and prayers. To the many friends and work colleagues who attended our home and funeral service. To all those who sent mass cards, letters of sympathy and online condolences, thank you. We got great comfort from hearing your fond memories of Flor. We greatly appreciate every act of kindness shown to us by our friends and relatives and his work colleagues, The Laine Bar, Junes shop and Twomey Butchers who brought food, refreshments and supplies to our home and who helped in any way around the time of his funeral.

Heartfelt thanks to the priests of the parish, especially Father Joe who was extremely comforting during this hard time. Thanks to Nora McCarthy, sacristan, Ballinagree Vintage Club and all those involved with traffic control and The Old Triangle for their refreshments. We would like to thank most sincerely Billy and the staff at Fitzgerald directors for their support and professionalism.

As it would be impossible to thank everyone individually, please accept this acknowledgement as an expression of our sincere gratitude. The Holy sacrifice of the mass has been offered for your intentions.

*Silent thoughts, sincere and true,
 From a family who thought the
 World of you
 No longer In our lives to share
 But in our hearts
 You are always there.*



Fondly remembered and deeply missed by his loving family; his wife Caroline, Father in-law Kevin, Mother in-law Judy, Brother in-laws and Sister in-law and a large circle of family and friends xx

Flor's First Anniversary Mass will be on Ballinagree Church on Friday 22nd March 2024 at 08:00pm

FIRST ANNIVERSARY



In loving memory of
DENIS DINEEN
 Currabeha, Crookstown, Co.Cork
 who died March 6th 2023

*A silent thought
 A quiet prayer
 For a special person
 In God's care.*



Always remembered by his brother Michael, sister in law Bernie nieces Sarah, Aoife, Becky, and nephew Dean

FIRST ANNIVERSARY



In loving memory of
DENIS DINEEN
 Currabeha, Crookstown, Co.Cork
 who died March 6th 2023

*Just a prayer from the family who loved you.
 Just a memory fond and true.
 In our hearts you will live forever,
 because we thought the world of you.*



Sadly missed by his sister Carmel, brother in law Ted, nieces Marie, Clare, Joanne, Caroline, Carmel, nephew Cal and their families.

9TH ANNIVERSARY



In loving memory of
**MARY (MAURA)
 RING**
 Colmans pk, Macroom
 Who died 14th March 2015

*Deep in our hearts
 Your memory is kept
 To love
 To cherish
 And never forget*



Always remembered
 Niall, Ruth, Grace, David, Olan & Keelin

9TH ANNIVERSARY



In loving memory of
**MARY (MAURA)
 RING**
 Colmans pk, Macroom
 Who died 14th March 2015

*No matter how life changes,
 No matter what we do,
 A special place
 within our hearts,
 Is always kept for you.*



Always in our thoughts
 Darrin, Aine, Adam & Luke

Ed 14 THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. SH

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

PAULINE MCPOLIN

late of "Inisfree", Kilnagurteen, Macroom, Co Cork, who died on 11th March 2023

As we lovingly remember Pauline on her first anniversary, we, her husband Seamus, and family wish to express our appreciation and sincere gratitude to all who sympathised with us on our irreplaceable loss. We offer our heartfelt thanks to our extended family, relatives, friends and kind neighbours, to all who sent mass cards, condolences, letters and phone calls from far and wide, which were of great comfort to us at this saddest of times. We are eternally grateful for your support.

We thank all who travelled from far and near to attend Pauline's repose, funeral mass and burial ceremonies. Your presence was most appreciated by our family. Our grateful appreciation for the great care provided to Pauline during her courageous battle with illness, especially the nurses & doctors of Sullane Medical Practice, the paramedics and nurses, surgeons and medical teams of the CUH who did everything possible for Pauline and the kindness and compassion of all in Marymount Hospice during Pauline's final hours. Thank you also to the team at Murphy's Pharmacy at Railway View, for their kindness, attentiveness and excellent care of Pauline. Our sincere thanks also to Fitzgerald's Funeral Directors for their professionalism, attention to detail and dignity in all arrangements for Pauline, it was very much appreciated. To the most accommodating Management and Staff at the Auld Triangle for looking after our family and friends, with food & refreshments a sincere thank you.

A special thank you to Rev Fr Joe O' Mahony, Canon Donal Roberts, Msgr James O'Donnell, Rev Fr Joe Kennedy Garda Chaplin & Ted Sheehan (Sacristan) for the beautiful funeral ceremony, homily and pastoral care during the most difficult time for our family, we are most grateful.

It is impossible to thank everyone individually, however, we hope that this acknowledgment will be acceptable as an expression of our sincere appreciation and deepest gratitude to all and a mass will be offered for your intentions.



Lovingly remembered by her husband Seamus, sons, Barry, Gene, Gary, daughter Terri, daughters in law, Crena, Grace & Lucy, cherished grand children & great grand daughter.

Pauline's First Anniversary Mass will be celebrated on Saturday 9th March at 7.30pm. St Colman's Church, Macroom.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

DENIS DINEEN

Curraheha, Crookstown, Co. Cork who died on March 6th 2023

As we lovingly remember Denis on his first anniversary his wife Theresa, his brother Michael, his sisters Carena, Mary & Carmel, brothers-in-law, sisters-in-law, his Uncle, Aunts and Cousins and his adored nieces and nephews, we would like to express our gratitude and sincere thanks to all our friends and neighbours who sympathized with us during that difficult time. Especially those who travelled to attend the removal and funeral.

A special thanks to Dr. Murphy, HSE Ambulance Team & HSE Ambulance Doctor for their quick response and to the CUH Staff. I would especially like to thank our family and all of our wonderful neighbours and friends for their exemplary kindness, help and support shown to me.

Thanks to Fitzgerald's Funeral Directors and their Staff for their professionalism, kindness and guidance throughout the funeral. Thanks to the Gardai and the Kilmurry GAA and volunteers for their assistance with the traffic management.

Thank you Cannon Bernard O'Donovan for the rosary at the house and the meaningful funeral mass and thanks to the sacristan Ann for all the help and assistance. Thanks to Denis' nieces, Joanne, Clare, Caroline & Carmel, for the music and singing and to Denis' first cousin Mary for playing the Organ.

Thanks to the Management & Staff at the Castle Hotel for the lovely meal and service. Thanks to everyone for the messages, online condolences, Mass cards/booklets and Sympathy cards

As it would be impossible to thank everyone individually please accept this acknowledgement as a token of my appreciation.



Denis' First Anniversary Mass will take place in St Mary's Church, Kilmurry on Sunday 10th March 2024 at 10am.

I lost a husband with a heart full of love and kindness. Remembering you is easy I do it every day Missing you is heartache that never goes away. I miss your love, kindness, fun and laughter.

Lovingly remembered His Heartbroken Wife Theresa

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

NONIE O'KEEFFE

Inchisine, Toames who died on the 14th March 2023

As we lovingly remember Nonie on her first Anniversary, her husband Donie, sons Con and Gerard and daughter Eileen would like to express our deep gratitude to everyone for their prayers, sympathy and support during her sad loss.

Thanks to those who attended Nonie's removal, Funeral mass, called to the house, left floral tributes and online condolences.

A heartfelt thanks to Dr. Meabh Bradley and Dr. John O' Riordan of Sullane Family Practice for their exceptional care of Nonie prior to her passing, to the Nurses from Macroom Primary Health Centre, Palliative Care Nurses from Marymount and kind carers Nora, Kathleen, Mary and Annette.

A special thanks to Alice and Margaret whose outstanding care to Nonie was greatly appreciated.

Thanks to Christina, Heather and very kind neighbours for bringing food to the house and making sandwiches and to Dromey's Bar for providing refreshments after the funeral. Thanks to Fr. Pat O'Donovan for the funeral service, Sacristan Kathleen, singer Theresa, organist Norma, Garda Donal O'Donovan and all who helped with traffic management and to Fitzgeralds Undertakers for their help and professionalism.

As we cannot thank everyone individually, please accept this acknowledgement as an expression of our sincere appreciation.



Sadly missed and fondly remembered

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

MONICA LANE

Knockraheen, Carriganima, Ballymacorcoran, Clondrohid Who died 9th March 2023

As we lovingly remember our Mother and best friend Monica on her first anniversary we the family would like to express our gratitude to all who sympathised with us on her passing.

For all the Mass cards, phone calls and to all who brought food and helped in our house for the funeral we are so grateful. To our own family and there partners who took such great care of nana when she needed it, ye were amazing and also to the medical staff, Doctors Priests, Homehelps and funeral directors.

As it would be impossible to thank everyone individually the Holy Sacrifice of the Mass will be offered for your intentions.

*It broke our heart's to loose you,
But you did not go alone,
For part of us went with you
The day God took you home.*



Forever in our heart's Margaret, Peter, Sheila, Teresa & families

Monica's 1st anniversary Mass will be held on Sunday 24th March in Clondrohid Church at 9.30am.

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2ND ANNIVERSARY



In loving memory of
**SEAMUS (JIMMY)
CROWLEY**
Ballinagree, Macroom
Who died on March 13th 2022

*We think of you in silence
We often speak your name.
But all we have are memories
And your picture in a frame.
Your resting place we visit
And put flowers there with care,
But no one knows the heartache
As we turn and leave again.*



Always remembered by your loving wife Julie, daughter Megan, son Aaron and grand children Harley and Ricky.

Anniversary Mass in Ballinagree Church on Sunday March 10th at 11am.

4TH ANNIVERSARY



In loving memory of
**MAURA RING
(NEE O'CALLAGHAN)**
Caherbrane, Clondrohid
Who died on March 19, 2020

*You can shed tears that she is gone
or you can smile because she has lived.
Your heart can be empty
because you can't see her,
Or you can be happy for tomorrow
because of yesterday.
You can remember her
and only that she is gone,
Or you can cherish her memory & let it live on.
You can cry & close your mind,
be empty & turn your back,
Or you can do what she would want
Smile, open your eyes, love & go on.*



Sadly missed by Jeremiah and Mary.
*There are no tears in heaven,
nor grief of any kind
The joy of my salvation is now my reward.*

3RD ANNIVERSARY



In loving memory of
**KITTY
O'LEARY**
Knock, Bealnamorrive
who died on the 7th of March 2021

*My heart still aches in sadness
and secret tears still flow
for what it meant to lose you
no one will ever know.*



Kitty we love and miss you every single day.

Love always and forever
Dada, Mammy, Ben, Cils,
Páidí and Ailbhe.
XXXXXX

4th ANNIVERSARY



In loving memory of
**MARY
O'CALLAGHAN**
Coolmakee, Farnanes
Who died on March 8th 2020

*It takes us back to brighter years,
to happier sunlit days
and to precious moments
that will be with us always.
And these fond recollections
are treasured in the heart
to bring us always close to those
from whom we had to part.
There is a bridge of memories
from earth to Heaven above...
It keeps our dear ones near us
It's the bridge that we call love.*



Always remembered by your loving family.

28TH ANNIVERSARY



In loving memory of
**TED
O'CONNELL**
Shronegare, Clondrohid, Macroom
Who died on March 6th 1996

*Time changes many things,
But not the memory this day brings,
You always had a smile to share,
A laugh, a joke and a time to care,
A beautiful nature, warm and true,
We just want to say
we will always love and miss you.*



Sadly missed by your wife Eileen and daughter Noirin & Son in Law Daniel

6TH ANNIVERSARY



In loving memory of
**ABBIE
O'LEARY**
Gortnahoctee, Inchigeela
who died on 10 th March 2018

*Gone are the days we used to share,
But in our hearts you are always there,
The gates of memory will never close,
We miss you more that anyone knows.*



Fondly remembered today and always.
Your loving partner Mickie.

**MOTHER'S DAY
REMEMBRANCE**



Remembering you Mam on Mother's Day
**MARY
O'REGAN**
Codrum, Macroom

*It's an everlasting sadness
That you're no longer here
But every year on Mother's Day
I like to think you're near.
Your love for me was constant
Your devotion had no end
You filled my life with sunshine
As a Mother and a Friend.
So may you know forever
That to me you were the best
And may you find a gentle peace
In sweet eternal rest.*



Missing and thinking of you today
Michael, Gobnait and Owen xxx

10TH ANNIVERSARY



In loving memory of
**JERRY
VAUGHAN**
Teerbeg, Macroom, Co. Cork.
Who died on the 17-03-2014.

*We think of you in silence,
we often speak your name.*



Teresa, Marie & Brian.

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3RD ANNIVERSARY



In loving memory of

MARY NEVILLE

8 O'Brien Place, Dripsey, Co.Cork
Who died on the 6th of March 2021

*We think about you always
We talk about you still
You have never been forgotten
And you never will
We hold you close within our hearts
And there you will remain
To walk and guide us through our lives
Until we meet again.*



Your memory will be forever cherished
by your loving brother Brian.

Marys Anniversary Mass will be held
on Saturday March 9th at 6.15pm in
Bearings Church

10TH ANNIVERSARY



In loving Memory of A Wonderful Father
and Grandad

**WILLIAM
KELLEHER**

Coornahahilly, Inchigeela, Co.Cork.

*A special day another year
A loving thought, a silent tear.
A little though to keep in touch with you.
We love and miss you very much.
Treasured memories keep you near.
You always had a smile to share,
a joke a laugh, a time to care.*



Fond and loving memories
From your Loving Family
And 21 Grandchildren

14TH ANNIVERSARY



In loving memory of

**DENIS (DENNY)
MOSS**

Clonmacow, Crookstown, Co. Cork
Who died on the 12th of March 2010.

*We hold you close within our hearts,
and there you shall remain,
To walk with us,
throughout our lives,
Until we meet again.*

Rest in Peace



Sadly, missed by his wife Hannah -
Noreen, David, John, Denis, Gerard
and their families.

6TH ANNIVERSARY



In loving memory of

**MARGARET
MCELROY**

Aghavrin, Coachford,
who died on the 15th March, 2018

*The eyes we loved are sleeping
The hands that toiled are still,
The one who did so much for us,
Is resting at Gods will,
Loving thoughts of times together
Memories of you will last forever.*



Dearly loved and sadly missed by
her loving family.

3RD ANNIVERSARY



Treasured memories of

**MICHAEL
HALLIE BARRY**

Raleigh South, Macroom
Who died on the 17th March, 2021

*In life we loved you dearly,
In death we love you still.
In our hearts you hold a place,
That no one could ever fill.*



Sadly missed
Mom, Dad, Liam, Sinead, daughter in law
Fran, son in law Shane and their families

ANNIVERSARY



In loving memory of

**JUSTIN
WHITE**

7TH ANNIVERSARY
Who passed away on the
17th March 2017

Ballyverane, Macroom

*No length of time can take away
Our thoughts of ye from day to day
Time slips by and life goes on
But from our hearts ye are never gone.*



This day and every day
greatly missed by John and family



In loving memory of

**SHEILA
WHITE**

14TH ANNIVERSARY
Who passed away on the
14th March 2010

**7TH & 14TH
ANNIVERSARY**



In loving memory of

**JUSTIN & SHEILA
WHITE**

Whose anniversaries occur
on 14th & 17th March

*There'll be blue birds over
The white cliffs of Dover
Tomorrow just you wait and see
There'll be love and laughter
and peace ever after
Tomorrow when the world is free.*



Fondly remembered by your daughters
Mary, Liz and Sheila

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7TH ANNIVERSARY



In loving memory of
**EILEEN
DESMOND**
Liscarrigane
Ballymakeera

*Those who think of her today,
A little prayer to Jesus say.*



Always remembered
by your loving family

11TH ANNIVERSARY



In loving memory of
**MICHAEL
ROBBIE
KELLEHER**
New York & Macroom
Who died on 7th March 2013

*A silent thought
A quiet prayer
For a special person
in God's care*



Remembered with love by your loving
family at home & abroad.
Miss you Michael so much
Mam

24TH ANNIVERSARY



In loving memory of
**JERRY
COTTER**
Late of Ballingearry Village
Died 10th March 2000

*Silent memories keep you near,
As time unfolds another year.*



Lovingly remembered and sadly missed
by the Kearneys & the O'Sullivans.

2ND ANNIVERSARY



In loving memory of
**EILEEN
O'RIORDAN**
Dooniskey Lissarda
who died on 15th March 2022

*As time slips by
And life goes on,
But from our hearts you're never gone.
We think about you always,
We talk about you too,
We have so many memories.
But all we want is YOU.*



Always remembered and sadly missed
by your loving husband Donie and family

10TH ANNIVERSARY



In loving memory of
KITTY BARRY
Carriganine, Macroom.

*Time and years slip quietly by,
But love and memories never die,
In my heart you will always stay,
Loved and remembered everyday.*



Lovingly Remembered by her husband
Garry and Family.

10TH ANNIVERSARY



In loving memory of
**HANCY
HUBBARD**
Inchalea, Aghinagh
Who died on 5th March 2014

*Deep in our hearts
Your memory is kept
To love, to cherish
And never forget.*



Always remembered by her loving
husband Ned and family

2ND ANNIVERSARY



With love we remember our mother and father
**MARY
TWOMEY**
Who passed away on
7th March 2022



**CON
TWOMEY**
Who passed away on
15th May 2022

The Terrace, Clondrohid

May they rest in peace.

Our Lady of Tubrid pray for them. St. Gobnait pray for them.

When you think of them today, a little prayer to Jesus say.

*Your memory is our keepsake,
with which we'll never part.
God has you in his keeping,
we have you in our hearts.*



Always remembered by your family.

MEMORIALS
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