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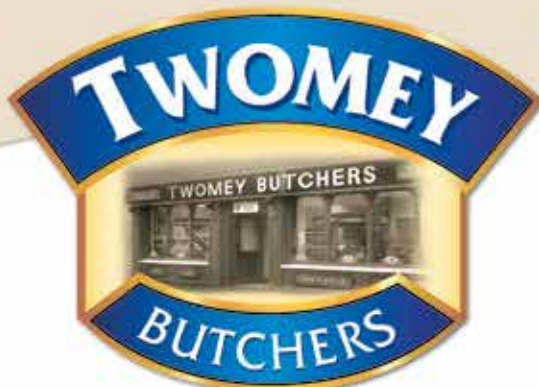
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If you cannot access physical copies, the LVO can be viewed online at: <https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions

will be published in the following edition. As always submissions as Gaeilge are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you would like to submit an article as bearla nó as gaeilge, please feel free to email us here on leevalleyoutlook@macroom.ie, we would love to hear from you.

Go raibh maith agaibh, Peter & Gráinne

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MACROOM GIRL GUIDES



Ardilaun Ladybirds receive their certificates and trophies on completion of the Lego League on Monday 29th Jan at their weekly meeting

Ardilaun Ladybirds

Ardilaun Ladybirds have been busy over the last number of weeks participating in the FIRST LEGO League. The Ladybirds were introduced to the fundamentals of STEM while working together to solve fun challenges and building models using LEGO® DUPLO® bricks. The Ladybirds gained habits of learning, confidence, and teamwork skills along the way. After completing all the challenges the Ladybirds were presented with their certificates and trophies at their weekly meeting on Monday

29th January.

Ardilaun Guides

Monopoly Run and Promise ceremony

Liadan O'Regan, Senior Patrol Leader of the Ardilaun Guides ran a very successful Monopoly Run around Macroom Town for the Unit at their last meeting. All the clues had a value and the Guides had to find these different places and take a photograph of themselves at each stop. The Guides learned a lot about the town of Macroom, especially all those who live in the surrounding towns and villages

and would not be so familiar with the facilities in Macroom. The Fuchsia Patrol got the most marks for the Run. Well done to Liadan for such a well organised outdoor activity.

Following the Monopoly Run six of our new Guides made their Promise and then it was time for mugs of hot chocolate, biscuits and jellies for all.

A very special thanks to Mairín for helping us at this event.

For further information on Guiding in Macroom please contact macroomguides@gmail.com



Ardilaun Guides after the monopoly run around Macroom town on Friday 02nd February.



Ardilaun Guides after the promise ceremony in Macroom town on Friday 02nd February.

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Meet The Clubs Day

Clubbing together to create more awareness about community life...



Tony Kelleher, Deirdre Moriarty Buckley, Declan Sheehan, Seamus Hogan, Macroom Credit Union and Martin Lucey, at the launch of the Macroom Lions Club 'Meet the Clubs Day'



Judo Club stand at last years 'Meet the Clubs Day'

Macroom and District Lions Club is joined by Macroom Credit Union and Erika O'Shea for their upcoming 'Meet The Clubs Day'. 'Meet The Clubs Day' is a FREE family-friendly event taking place at the Leisure Complex, Macroom on Saturday 10th February from 12noon – 3pm.

The event is kindly supported by Macroom Credit Union and it has also been announced that Aussie Rules and former Cork All-Star footballer Erika O'Shea will be there on the day to officially open the event. Macroom is tremendously proud of Erika and her sporting prowess and it is fitting that such a skilled and successful local should open 'Meet The Clubs Day'.

There is an abundance of community groups, clubs, organisations, charities and societies doing amazing things right across the Macroom area. Macroom and District Lions Club and Macroom Credit Union is working together on this unique event so that people can learn about the many different things on offer right here in our local community.

'Meet The Clubs Day' is an opportunity for local clubs, societies and organisations to be in the same place at the same time, giving the people of Macroom a rare chance to meet the clubs that they

might like to be a part of. The event will feature a wide variety of clubs and organisations that people might like to join, participate in or even volunteer with - whether it is for fun, fitness, recreation, or simply just to be involved!

Over 50 clubs have already booked their stand at the event. Not only will established groups and clubs showcase their offerings and activities, but groups, such as the Chess Club and the ICA are hoping the event will be a stepping stone to establishing an active presence in the area. So for anyone who has an idea for a club, or a particular interest that they feel others might also like to explore, then Meet The Clubs Day is a great way to 'put the feelers out' and find out if there is an appetite for your particular idea.

This is the third Meet The Clubs Day that Macroom and District Lions Club has organised and the local 'lions' are thrilled to see returning clubs come on board again, such as Aghinagh Comhaltas, Cancer Connect, Tiny Feet Fairy Garden, Cork County Fire Services, Macroom GAA, Irish Guide Dogs for the Blind, Macroom Men's Shed, Macroom Scouts, Macroom Soccer Club, Kilmichael Pitch and Putt, Lee Valley Enterprise Board, Maroom Library and so many more.

The event has plenty to offer to those with very niche interests too, with clubs such as Macroom Powerlifting, Macroom Flower Club, Awareness Head to Toe, Blood Bike South, Bridge Club, Community First Responders, Cork County Bat Club, Fishing Club, and Irish Blood Transfusion.

Declan Sheehan, President of Macroom and District Lions Club, said "We are delighted to be organising this event with the support of Macroom Credit Union to promote community engagement and involvement as well as reduce isolation and loneliness for people in the community. It is wonderful to have the support of our local Credit Union for this event. We are lucky to live in such a vibrant community – a community with a lot to offer and Meet The Clubs Day is a great way to showcase this. Having Erika officially open the event has brought about great excitement and we hope people will come along to support the efforts being made by all the clubs involved."

For more information about 'Meet The Clubs Day', or to book a stand for your club, please contact Macroom Lions Club on Facebook or Instagram. You can also send an email to macroomlionsclub@gmail.com or call 087 4370466.



Cork Education and training board stand at last years 'Meet the Clubs Day'



An Garda Síochána stand at last years 'Meet the Clubs Day'



Aghinagh Comhaltas stand at last years 'Meet the Clubs Day'

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MCEGAN COLLEGE

School Ethos: Head Boy, Ben Horgan and Head Girl, Nora Kate O'Leary, representing McEgan students, under the guidance of Ms. Riordan delivered a compelling presentation to the school Board of Management. Their presentation focused on a survey they conducted within the Student Voice team, comprising students from all year groups. The dynamic duo skilfully showcased the student body's perspective through an engaging power point presentation. Specifically, they highlighted how our school, McEgan, embodies the core values of Respect, Care, Community, Equality, and Excellence in Education in everyday school life. This is a new departure for McEgan, and it not only empowered student voices but also opened the door for teamwork talks and future projects to be discussed with the Board of Management. It fosters a feeling of togetherness and shared dedication to the school's core values. Ms. Riordan gave an insight into the Ethos established by the ETBI (Education & Training Boards of Ireland). Information from the ETBI Patrons Framework on Ethos was shared with everyone present. ETB schools are state, co-educational, multi-denominational schools underpinned by the core values of respect, care, community, equality, and excellence in education. #RESPECT #CARE #COMMUNITY #EQUALITY #XCLENCEINEDUCATION.

Musical Theatre: 50 of McEgan students & 5 Staff members recently embarked on an early morning bus journey to Dublin, the highlight of their trip was attending "The Drifters Girl," an Olivier award nominated musical at the Bord Gáis theatre. Along the way they enjoyed some retail therapy at the Liffey valley shopping centre, where one of the most popular purchases on the day were matching onesies, (telly tubbies style!!!). The show was a powerful tribute to the music of the 'Drifters' and although the music was before their time the students enjoyed it and appreciated the excellent performances. Everyone arrived home tired but happy after a successful trip thanks to their music teacher Joanne O'Regan for organising, she's already planning for next year.

Business in the Community: McEgan College second year business students recently enjoyed a talk given by Celine McGrath and Lisa Buckley. Celine works with Business in the Community



McEgan College Students outside the Board Gais Theatre before attending the Musical Drifter Girl.

Ireland to promote relationships between business and communities. Lisa is a practising community pharmacist in Boots Ireland and a Teacher Practitioner in clinical pharmacy practice at the School of Pharmacy, University College Cork. Together they facilitate a program where students experience how a business works. The program encourages students to think about the various career paths available in large businesses like Boots. Students also get to visit Boots flagship store for a tour, both at the shop front and behind the scenes.

Coffee Morning: The McEgan monthly coffee morning for parents & guardians, (Grandparents welcome), takes place on the morning of the last Wednesday of each month from 10.30 am until 12 pm in R21. Facilitated by Ms Creedon the school HSCL, the number in attendance each month has grown and with the regular core group attending getting more numerous, the biscuit supplies are often supplanted by beautiful home baked goodies. Next Coffee morning is on February 28th.

Staff Training Day: In an unprecedented change from the norm, McEgan replaced outsourced trainers with our own inhouse experts from the teaching staff for a very successful Staff Development Day in January. The training included Behaviour Management and supporting students, Using Padlet for School Improvement planning, Provisional Mapping for inclusion of all, Using OneNote as a teaching & Learning Tool in the Classroom, Using Coaching for peer-to-

peer support among staff. We are most definitely blessed with the expertise in our midst.

Support for MND: Staff and students came together on Thursday 25th to raise funds in support of the Coachford College students initiative 'Walk' Cause You Can' to raise funds for the Irish MNDA Charity. A coffee morning in the staffroom and a non-uniform day raised €1,000 which we were happy to add to the Coachford College Fund. Mr. Diarmuid Hickey Deputy Principal of Coachford College was diagnosed with MND in July 2022. His wife, Mrs Bairbre Hickey has been the Home Economics teacher in McEgan College for more than 20 years. It was an honour to raise money supporting Irish MNDA who are supporting Mr. Hickey and his family through this time.

History on our doorstep: 2nd Year students and Ms. Condon, have been studying the Easter Rising, they visited the Proclamation of Independence document in the square and named aloud the signatories. They used this opportunity to discuss the importance of the document in the struggle for Irish Independence.

Student Voice: The members of the student Council have been very busy. They have received training with the Irish Second Level School Union (ISSU) supporting them in their roles as class captains. They have also embarked on a mission to find a new School Jacket for inclusion in the 2024 school Uniform under guidance from Ms. Hurley & Mr. Twohig



2nd Year Students McEgan College, reading the proclamation of Independence in the Square Macro room as part of their History Lesson.



Ronan O'Neill 2nd Yr Student has qualified to run in Dundalk, Co.Louth at the All Ireland B Cross Country Finals. Ronan is a member of the Muskerry Athletics Club.

1
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Ár dTeanga, Ár bPobal

ST MARY'S NEWS



Some of our Students at The Davis College Model United Nations



St Marys Second Year Basketball Team

DAVIS COLLEGE MODEL UNITED NATIONS CONFERENCE (DCMUN)

Well done to our 18 students who took part in Davis College Model United Nations recently. More than 600 secondary school students from almost 40 schools from across Ireland and one from Spain, gathered at Cork City Hall as the country's largest Model United Nations Conference returned again for the seventh year. The Davis College Model United Nations Conference (DCMUN), which ran from Tuesday to Friday of last week, saw students debate current political, economic and social issues facing Ireland, Europe and the wider world. Our first group representing Albania was Aisling Twomey, Ellie Walsh, Leah Bradley and Eugenie Kelleher. Leah and Eugenie were on the security council - this is a prestigious role as only 15 schools get on to the security council. Kate Downey, Ellie Buckley and Caoimhe Ní Thuama were the St Mary's Delegates for the Human Rights Watch. Erin Kelleher and Ellen Duggan were the St Mary's Delegates representing Peru. Ciara Bradley and Rachel O' Shea were the St Mary's Delegates representing Lithuania. Olivia Moynihan was the St Mary's Delegate representing Vegan Outreach. Ola Wachowska was the St Mary's Delegate representing International Civil Aviation Organisation. Fern Mullane was the St Mary's Delegate representing Fiji. Saoirse Twomey was the St Mary's Delegate representing International Workers Association. Ella White was the St Mary's Delegate representing the Wikimedia Foundation. All of our St Mary's delegates worked extremely diligently debating and questioning resolutions from the conference agenda. St Mary's was represented on each of the three conference floors, General Assembly, Special Conference &

Security Council. Well done girls and thanks to Mr Quill for organising this opportunity for the girls.

BASKETBALL

Another fantastic few days at basketball with our 1st and 2nd Years. Our first years were away to Nagle Community College last Monday where they faced a very tough opponent, but they came away victorious with a 14-7 win. Our first years also faced St. Aidan's who put up a big fight and unfortunately, they got the better of us on this day. The girls put up such a tough fight and never gave up. 7-14. Well done girls. Finally, our second years are continuing their winning streak with a phenomenal win against St. Aidans. They finally understand why they were practising their layups each training session for the past two years. Onwards and upwards for our Basketball teams. Thanks so much to Paul, Ms Hickey and Mr O Connell.

CONGRATULATIONS

Congratulations to past pupil Bambie Thug who will represent Ireland in this year's Eurovision. What a fantastic performance on the Late Late Show, we are so proud of you Bambie, well done and best of luck in May.

FOOTBALL

In our recent Minor football match which was played on the 1st of February our team played with outstanding skill, determination and fight to take home a comfortable victory in the end against Bandon. In what was many of the 1st years first game for the school the 2nd years led by example to get the result. Some of the scores on the day were of the highest quality. The girls represented the school extremely well on the

day and will now move forward into a semi-final in the coming weeks. Well done to all players and coaches. Thanks to Mr O Connor and Mr Ronan for going to the game with the girls on the day.

MATHS COMPETITION

On Thursday 18th January students from St. Marys travelled to Cork to take part in the IAMTA Maths junior problem-solving competition. The two teams consisted of 4th years - Eugenie Kelleher, Leah Bradley, Ola Byrdziak, Fern Mullane and 3rd years Chloe Lehane, Cara O'Brien, Grace Tuohy and Jessica Murphy

The girls competed against 32 other teams from schools in Cork and Kerry. While they didn't place in 1st or 2nd place, they did extremely well and represented the school extremely well. Thanks to Ms Barrett and well done to all involved.

ONLINE SAFETY

Garda Orla Doyle, Community Garda in Macroom visited our school recently. She gave two presentations on Internet Safety, one to junior cycle students and the other to senior cycle students. During the presentations, topics such as privacy settings, fake accounts, the need to be responsible about online communication were all addressed. Garda Doyle also spoke at length about Coco's Law which deals with the distribution and publication of intimate images without consent. Senior Cycle students were shown a 10-minute film, based on a composite of real events developed by Europol. The film powerfully depicts the story of two teenagers who become victims of online coercion and exploitation. We are very grateful to Garda Doyle for her time and expertise.



CROIS BHRÍDE AR SCOIL - Lucía Vázquez Gómez, Claire Dromey and Maeve Twohig



St Mary's First Year Basketball Team

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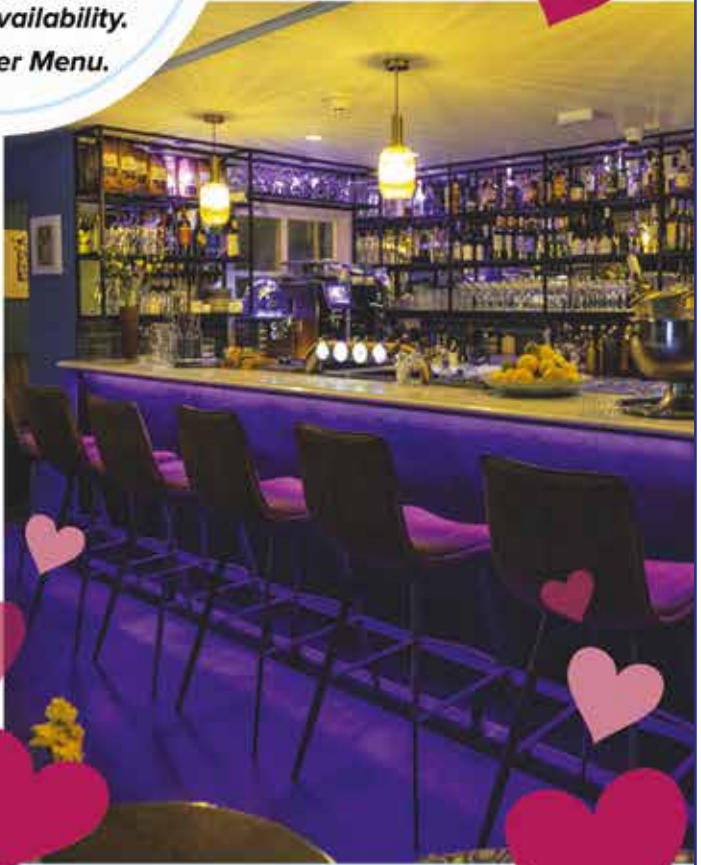
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Coláiste Ghobnatan ; Comhghairdeas le Cathal Ó Loingsigh a bhuaigh Craobh na hÉireann sa chispheil

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Ba mhaith linn tréaslú go mór le Cathal Ó Loingsigh – bhí Cathal ar phainéal Rebel Wheelers a bhuaigh Craobh na hÉireann sa chispheil le déanaí. Éacht den scoth déanta agat a Chathal!

MICHEÁL Ó LIONÁIRD

Ba mhaith le Pobal uile Choláiste Ghobnatan ár gcomhbhrón a dhéanamh le Muintir Uí Lionáird ar bhás an t-Uasal Micheál Ó Lionáird a bhí mar Phríomhoide na Scoile, Gairmscoil Ghobnatan mar a bhíodh ag an am, ar feadh cúig bliana is tríocha, ó 1954 go 1989. Sár mhúinteoir adhmaidíochta, Príomhoide den chéad scoth agus ceannaire cneasta ab ea é a chaith a shaol ag tabhairt cabhrach, tacaíochta agus treorach do scoláirí uile na scoile agus aon duine a bhí faoina chúram. Bhí ard-mheas ag scoláirí agus múinteoirí araon ar Mhicheál. B'íad na tréithe agus prionsabail a léirigh sé mar dhuine, mar mhúinteoir agus mar phríomhoide atá mar bhunclocha d'fhealsúnacht, spiorad agus chultúr Choláiste Ghobnatan inniu. Suaimhneas síoraí dá anam uasal.

BRONNADH NA MBONN

Bhronn an laoch, Brieghe Ní Chorcora na boinn ar

chailíní na scoile a bhuaigh Craobh an Chontae anuraidh faoi stiúir Iníon Ní Shúilleabhán agus Iníon Ní Bhuachalla. Bhí tráthóna deas againn agus bhí sé go hálainn roinnt iardhaltaí a fhéiceáil arís. Míle buíochas le Brieghe agus na tuismitheoirí as a bheith in ár dteannta ar an oíche. Ba mhaith linn ar mbuiochas a ghabháil le gach duine a chabhraigh linn roimis an ócáid; Máistir Ó Creimín, Iníon Ní Ríordáin, Cáit, Mary agus Seán.

GUS, AN RIDIRE BEAG BÍDEACH

Le daltaí 1A

D'fhéachamar ar chartún sa rang Gaoluinne i rith na seachtaine, Gus, an Ridire Beag Bídeach. Prionsa, isea príomhcharachtar na sraithe agus é ina laoch. Buaileann Gus le carachtair éagsúla ina mbíonn comórtais eatharthu sa sraith. Is é Donnchadh Ó Duinnín, ón ár rang féinig a thug a ghuth don phríomhcharachtar. Dhein sé jab den chéad scoth leis an aisteoireacht agus ba dheas é ár gcanúint áitiúil a chlos i gcartún. Tá na físeán ar fáil ar Cúla 4. Maith thú a Dhonnchadh!

COMÓRTAS MATAMAITICE NA CHÉAD BHLIANA

Bronnadh teastais ar na daltaí a ghlac páirt sa chomórtas le déanaí. Bhí an comórtas eagraithe ag Irish Mathematics Teachers' Association. Ghlac breis is 14000 dalta páirt sa chomórtas – 500 iontráil as Gaeilge san áireamh.

MARGADH NA NOLLAG

le Saoirse Ní Fhógairtaigh-Lithgow & Darcy Ní Bhriain

Ar an 21ú de mhí na Nollag, bhí Margadh na Nollag ar súil i gColáiste Ghobnatan. Bhí go leor seastán an mar shampla, sé mionchuideachta ón Idirbhliain. Tháinig go leor tuismitheoirí agus daoine ón gceantar chun tacaíocht a thabhairt don scoil.

Thaifead Molscéal físeán ar an lá. Fuairamar go leor tacaíochta ó na ranganna eile sa scoil chomh maith. Bhain gach duine taitneamh as an lá ar fad. Míle buíochas le hIníon Ní Chéilleachair, Máistir Ó Laoire, Bean Uí Ríordáin, Seán, Mary agus Siobhán le haghaidh na cabharach. Le déanaí, bhronnamar seic ar St. Colman's House, Maigh Chromtha – bhailiomar €1,523.17

TRÁTH NA GCEIST NOLLAG

Le Danú Ní Liatháin

Bhí tráth na gceist na Nollag eagraithe ag Coiste Ghaoluinne Coláiste Ghobnatan ar siúl an lá deirigh roimh laethanta saoire na Nollag. Bhailigh na daltaí agus múinteoirí go léir sa tionól agus bhain gach duine sult agus taitneamh as an atmaisféar iomaíochta, spraoiúil. Bhí duaiseanna iontacha againn chun bhronnadh ar na buaiteoirí toisc go raibh sé urraithe ag Plean Teanga Mhúscraí, Comharchumann Forbartha Mhúscraí.

FOCLÓIR

- ceannaire – leader
- fealsúnacht – philosophy
- bronnadh – presentation
- bonn – medal
- laoch – legend
- iontráil – entries

ÁR MEÁIN SHÓISIALTA

Leanaigí orainn don nuacht is déanaí!
 X nó Twitter: @ColGhobnatan
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Litter Management. Cork County Council have recently installed a new Solar Powered Compactor Bin outside Super Valu, replacing one of the bins that was already there. To use this, one must press the foot pedal to open the flap, and it will close again, thereby preventing crows etc from pulling out rubbish. The solar panel is on the top of the bin, and it automatically compacts the rubbish on a regular basis. When the bin is full to a certain point

a signal is sent to the council via phone message to say it requires emptying. Due to the compaction, the rubbish to be removed will be then heavier than normal due to a larger volume of rubbish, but inside the bin is a mini wheelie bin to facilitate handling. On the outside of the bin is a cigarette disposal unit. We hope that this new clean bin will not be defaced like the older ones.

The second picture shows the current bins and how they are being plastered with stickers by a certain cohort of people. These small white stickers are part of lunch wrappers, and obviously those that hang about in this area are responsible. This is disheartening to Tidy Towns Volunteers who daily are trying to make the town look better for the community, and who go into schools and give talks on the work of Tidy Towns. Those responsible may not see this article but perhaps parents and



Above: Existing Litter Bin and a new Solar Powered Litter Bin

schools staff will and the outlets that supply such wrappers and with some discussion may get the message across. Are those stickers required at all in this circumstance one wonders?

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DE LA SALLE College Macroom

Visit to Apple

Transition Year students had an enlightening visit to Apple's Cork facility, learning about the company's rich history and gaining insights into its operational dynamics. Ruadhán McKenna, Ódhran Creed, and Charlie Magee also gave an excellent presentation to the Apple staff, delving into a logistics and transportation case study provided to them by Apple. The students also had the opportunity to engage with Apple employees and products, making the visit an educational and memorable experience for all involved.

U17 Football

De La Salle U 17 Footballers took on Pobalscoil Inbhear Scéine Kenmare in the first round of the Munster Post Primary Schools U17 B Championship. Each year De La Salle teams go out as underdogs to compete at the highest grade possible. In this particular instance the De La Salle boys came up against a Kenmare team that would have held their own at Munster 'A' grade. The Kenmare team consisted of 7 players who started for their senior team, two of whom were Kerry intercounty players. The De La Salle team was largely made up of U16 players. While the De La Salle boys worked hard until the final whistle, a brace of goals in the first half knocked the confidence out of a talented bunch and the game was effectively out of reach.

The World's Greatest Sandwich

Michael Dunne showcased his extraordinary culinary creativity during an English class with his CBA presentation. He decided to make the world's best sandwich. Michael's masterpiece featured succulent chicken from Twomey's Butchers, freshly baked bread from Lynch's Bakery, and a harmonious blend of flavours including Horgan's pepperoni slices, Hellman's mayonnaise, Keogh's crisps, and

Charleville Cheese. His classmates eagerly awaited the opportunity to sample this delicious sandwich, and Tete Oluwafeyisayomi emerged as the winner of the draw.

Road Safety Presentation

Recently our fourth-year students had a talk about the Lifesaver Project, a new road safety education program led by members of An Garda Síochána. This program delivers a powerful and stark portrayal of the realities of road traffic collisions, emphasising the profound impact they have on individuals and families. This engaging session left a lasting impression on our students, instilling in them a deeper sense of responsibility and awareness regarding road safety.

DC Model United Nations

De La Salle are supremely proud of the 13 students who represented themselves and the School so well at the DC Model United Nations in City Hall. Daniel Bonnar, Matthew Brennan, Peter Fitzgerald, Dylan Lynch, John Lyons, Jonathan Martin, Jude Murphy, Fionn O'Shea, Filip Pietrzak, Szymon Stefaniak, Cian Kelleher, Eoin McCarthy and Marcel Sobol. Witnessing these young men engage in debating and tackle global issues is truly an achievement that reflects the calibre of our students. The boys represented the school in two of the conference floors, General Assembly and the Security Council. This experience undoubtedly marks a significant milestone in their academic journey. The Model United Nations (MUN) is one of the most popular academic extra-curricular activities undertaken worldwide. It challenges students of all abilities and improves a range of skills needed for life. Essentially MUN simulates the United Nations General Assembly and Security Council. Students represent countries and speak and work on behalf

of those countries in relation to a selection of pre decided issues e.g. Climate change. Students write clauses and resolutions that will tackle, resolve or minimise problems in that area. They then speak publicly to delegates and may need to cooperate with other delegates in order to garner support for their point of view. Ms. Niamh McCarthy worked tirelessly with the students, to research information, draw together resolutions and practice presenting their speeches. The students have shown great dedication and put in commendable effort into all of their work over the past few months. Throughout the week, the students immersed themselves in the dynamic atmosphere, engaging with a diverse range of speeches and resolutions. All of the students participated so well and some were lucky enough to be chosen to address the conference from the podium. Matthew Brennan representing Eritrea gave an articulate address on emergency refugee accommodation and societal integration programs. Matthew also impressed the audience by posing a thoughtful and intelligent question to the delegate from the United Kingdom. His inquiry showcased a keen understanding of the topic being debated. Daniel Bonnar also took to the stage representing Niger. His excellent speech covered a wide range of topics, including the contemporary subject of cryptocurrency. Daniel showed composure and confidence throughout his speech. Those in attendance at the conference were also impressed by Jude Murphy who represented Belgium. He addressed critical global issues, particularly focusing on the pressing challenges of food and water shortages, as well as the plight of refugees. Jude spoke with conviction and can be very proud of his performance.



De La Salle Students at Apple Cork



De La Salle Students at the DC Model United Nations 3



De La Salle second year students during a science experiment class in the new Lab



De La Salle Students recieved a presentation from An Garda Síochána on road safety education as part of the 'Life Saver Project'.

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DAY

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Please contact Lee Valley Enterprise Board for your Entry Form & include some details about your organisation, what inspired your float, or any information that would be of interest to the Grand Marshall & for those attending.

St Patrick's Day Festival Committee
(A Subcommittee of Lee Valley Enterprise Board)
Tel: 026 20544 | Email: lventerpriseboard@macroom.ie



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- **February 8th** Macroom Flower Club AGM: Thurs night at 7pm. All welcome.
- **February 10th** Macroom & District Lions Club – Meet your Club Day Sports Complex Macroom
- **February 12th** Macroom History Group

– A talk on St Gobnait, woman of caring, faith, courage prayer and trust in God. Speaker Mr Con Lynch 8pm

• **February 14th** Coffee Morning in Barretts Coppeen on Wednesday from 10.30am to 12 noon in aid of Volunteer Coordinators.

Focal Buíochais Daoibh go Léir ó Chumann Peile Cill na Martra

Deintear tagairt go mion minic do bhlianta áirithe d'ár saol i dtaobh an méid sin staire a ghabhann leo ar mhór nó ar mhion-chúiseanna. Agus súil á chaitheamh siar againn ar stair an chumainn seo, go dtí 1985 agus an bua mór sa ghrád Soisear B Mhúscraí leis an mbainisteoir Donie O'Donovan, go dtí 1990 agus oscailt na páirce peile, go dtí 1998 agus Corn Mhúscraí leis an mbainisteoir Charlie McLoughlin, go dtí 2000 agus oscailt oifigiúil Pháirc Uí Chuana, go dtí 2002 agus an bua mór sa ghrád Soisear A Mhúscraí agus ceann eile lena chois sa bhliain 2003, an dá cheann leis an mbainisteoir Derry Crowley, go dtí Comórtas Peile na Gaeltachta á reachtáil againn i gCill na Martra sa bhliain 2005, go dtí 2018 agus Craobh Idirmheánach Chorcaí, leis an iar-imreoir Caoimhín Ó Súilleabháin ina bhainisteoir againn, blianta stairiúla iad uile, agus go deimhin, bliain san áireamh sna blianta sin ab ea an bhliain 2023 do mhuintir Chill na Martra agus Réidh na nDoirí.

Tae éis dúinn cúpla bliain a chaitheamh ag iarraidh Craobh Idirmheánach Príomha Chorcaí a bhuaicaint, d'eirigh linn sa bhliain 2023 leis an mbainisteoir John Evans. Cuireadh fáilte chroíúil abhaile roimh an bhfoireann gan amhras mar a deineadh go minic cheana. An uair seo áfach, don gcéad uair, bhí comórtas craoibhe na Mumhan romhainn amach. Ar ámharaí an tsaol, bhí sé de chead agus de cheart ag Cumann Peile Cill na Martra fáilte a chur roimh churaithe Cho. An Chláir, Cill Mhichíll, go Páirc Uí Chuana agus tar éis coimhlint mhaith, fuair eamar an lámh in uachtar orthu le cabhair agus tacaíocht ghlórach ó lucht leanta dílis.

Ar ámharaí an tsaol, bhí sé d'ádh orainn Páirc Uí Chuana a ainmniú arís chun aghaidh a thabhairt ar churaithe Chiarraí, Sráid a' Mhuilinn/ Caisleán na Mainge, rud a dhein, agus arís thángthamar slán as le tacaíocht mhíoriúlteach ó shlua ollmhór, a bhí ní ba ghlóraí ná mar a bhí riamh roimhe sin i bPáirc Uí Chuana agus iad ag gríosadh agus ag stiúiríú na fóirne go ceann scribe.

Bhí críochnaithe againn, mar sin, le Páirc Uí Chuana agus coicís níos déanaí, as go brách linn go Maigh Ealla, áit a raibh curaithe Luimní, Mungairit/Naomh Pól agus gála mór gaoithe ag feitheamh linn. Nach sásta a bhíomar tar éis an chluiche nuair a ghlac captaen na fóirne, Gearóid Ó Goillidhe, seilbh ar Chorn na Mumhan ar ár son. Go deimhin, lá mór i stair an chumainn ab ea an lá san.

Gan amhras, bhí blas deas ar na dturcaí ach go luath i Mí Eanáir, bhíomar ar an mbothar arís. B'é Port Laoise ár dtrial an uair seo, le curaithe Chonnachta, An Caisleán Riabhach, romhainn. Tar éis críoch dhrámatúil, thugamar ár gcosa linn agus láireach, thosnaíomar ar an réamh-ullmhúcháin d'ár dturas go Páirc an Chrócaigh.

Romhainn i gcluiche ceannais na hÉireann, bhí curaithe Uladh, Coilleach Eanach. In ainneoin na sár-iarrachtaí ós na laochra iontacha a chuaigh chun páirce ar ár son, ní raibh an lá linn faraoid.



Future players for cill na martra. Cousins Liam Anraí and Luke .

Tréasláimid go croíúil gan dabht le Coilleach Eanach a thug an corn ó thuaidh leo. Ag am am gcéanna, gabhaimid buíochas ó chroí lenár nimreoirí féin mar geall ar an mbliain iontach a thugadar dúinn go léir. Dob' iontach dúinn geansaithe Chill na Martra a fheiscint ag tógaint tús-áite ar fhód na páirce órga sin agus le himeacht aimsire, cé nach bhfuair eamar an toradh a bhí uainn ar an lá, tá súil againn go mbeidh cuimhní cinn iontacha ag ár nimreoirí agus againn go léir ar an aistear gan sárú a bhí againn i gcaitheamh na bliana peile 2023.

Ba bhaith linn fíor-bhuíochas a ghabháil len alán daoine as a gcuid cabhrach agus tacaíochta; le Lee Valley Outlook agus le Radio na Gaeltachta i dtús báire as an gclúdach iontach a fuair ár gcluichí, agus le TG4 chomh maith, agus iad go léir ag tabhairt aitheantais ní hamháin don bhfoireann ach don bpobal chomh maith; leis na daoine go léir a chuir comharthaí, bratacha, fógraí agus rudaí nach iad in airde; leis na sagairt dá bpaireacha go léir; le Bord Mhúscraí, le Coiste Chontae Chorcaí, le Comhairle na Mumhan, le Páirc an Chrócaigh agus le gach éinne a thug sintiúis dúinn, as a dtacaíocht fhial fhlaitiúil; leis na cumainn go léir agus lenár gcairde go léir i Múscraí, i gCorcaigh (agus cúpla cumann i gChiarraí) a sheol teachtaireachtaí deasa, tacúla chugainn agus alán agaibh in ár dteannta ag na cluichí; Le Cumann Peile Mhaigh Chromtha ach go háirithe, a chuir na soilse breátha atá agaibh ar fáil dúinn gan ceist; leis na traenáitithe iontacha go léir a d'oibrigh thar na mblianta leis an ngrúpa seo d'imreoirí chun go mbeimis ní hamháin iomaíoch ach buacach chomh maith; agus ar deireadh thiar thall, lenár muintir féin, Muintir Chill na Martra agus Réidh na nDoirí. Gura fada buan sibh go léir.

I dteannta éachtaí na nimreoirí thuas, ba mhian linn chomh maith, bua mór na fóirne Fé 15 i 2023 a athaint agus a cheiliúradh. Ní hamháin gur bhaineadar amach Craobh Rebel Óg an Réigiúin Thiar ach do chuireadar Craobh an Chontae lena chois. Comhghárdeachas leo agus lena mbainistíocht. Beag an baol atá ann do Chumann Peile Cill na Martra sna blianta atá romhainn.

Dob' iontach é chomh maith i 2023 gur roghnaíodh cailín áitiúil, Colleen Ní Fhaoláin, mar chailín

Gaelach an chomórtais ar fad ag Comórtas Peile na Gaeltachta i nDún nan Gall. Comhghárdeachas léi agus táimid fíor-bhuíoch di as a hainm a scaoileadh ar aghaidh ar an gcéad dul síos.

Comhghárdeachas chomh maith le Dano Ó Duinnín, a ainmníodh do ghradam spóirt do Mhí na Nollag ag 96 and 103FM agus le Seán Ó Fóirréidh, a ainmníodh do ghradam spóirt ag Roinn Mhúscraí do Mhí Dheireadh Fomhair agus ina dhiaidh sin, do ghradam spóirt na bliana ar fad i measc na mbuaiteoirí míosúla eile go léir i Roinn Mhúscraí. Gura fada buan sibh beirt.

Tá focal buíochais ar leith tuillte go maith ag na hurraitheoirí atá linn le fada an lá agus iad fial, flaitiúil linn i gcónaí, Cygnum Building Offsite. Táimid thar a bheith buíoch daoibh.

Cuimhnimis chomh maith ar chairde go léir an chumainn atá imithe ar shlí na fírinne uainn, iad go léir a bhainfeadh an méid sin taitnimh as imeachtaí na bliana 2023. Maith dúinn é, le bhur dtoil, duine amháin díobh a lua, 'sé sin Paddy Maher. Cé go raibh Paddy ana bhreithe le tamall anuas, do bhí sé i láthair ag Craobh an Chontae i SuperValu Páirc Uí Chaoimh agus i bPáirc Uí Chuana ina dhiaidh sin. Ár gcomhbhrón ó chroí le Chris, Mary, Annie agus Muintir Uí Mheachair agus le Muintir Uí Chríodáin ar bhás Paddy. Suaimhneas síorraí go raibh aige agus acu go léir.

Bliain an-bhroidiúil atá romhainn i mbliana. Agus Cumann Peile Cill na Martra ag tabhairt aghaidh ar pheil sa ghrád Sínsir A a imirt don gcéad uair agus le Comórtas Peile na Gaeltachta á reachtáil againn arís i gCill na Martra ón 31ú lá de Bhealtaine go dtí an 3ú lá de Mhí an Mheithimh, ba mhaith linn gach ádh agus rath a ghuí oraibh go léir don bhliain 2024 agus don obair mhór atá romhainn idir imreoirí, bhainistíocht agus choiste eagraithe.

Mar fhocal scoir, ba mhaith linn fíor-bhuíochas a ghabháil le John Evans, a bhí ina thraenálaí ar an bhfoireann Idirmheánach Príomha againn le dhá bhliain anuas. Beidh cuimhne againn go deo ar an lá mór buacach san i SuperValu Páirc Uí Chaoimh agus ar an dá lá mór i bPáirc Uí Chuana ar an slí dúinn Corn Idirmheánach na Mumhan a thabhairt abhaile go Cill na Martra. Cé nár eirigh linn i bPáirc an Chrócaigh, dob' iontach dúinn peileadóirí Chill na Martra a fheiscint ar fhód na páirce san agus an tacaíocht ollmhór i mbán is i ngorm in ár dteannta, le geall leis gach duine a rugadh is a tógadh sa pharóiste, agus conaí ar chuid mhaith acu timpeall na tíre agus thar lear, inár measc ar an lá, mar aon lenár gcairde go léir eile ó Mhúscraí agus ó Chorcaigh. Go raibh maith agat John agus go neirí leat sna blianta atá romhainn.

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Comórtas Peile na Gaeltachta 2024 i gCill na Martra, 1-3 Meitheamh

What Do You Do When you Get a Headache?

What do you do when a red light comes up on the dashboard of your car? Do you ignore it by placing a sticker over it or do you call a mechanic?

Ignoring it or placing a sticker on it is the same as when you get a headache and you take over the counter medication to numb the pain or hide it.

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born researcher named Dr Nikoli Bogduk determined that all headaches shared a relationship with the neck.

He noted that every single headache sufferer shared an important connection; abnormal nerve function in the upper neck. Dr. Bogduk embarked on years of study and published numerous findings that proved the connection.

Sadly, despite massive amounts of research over the past 25 years, the medical community remains largely focused on using medication to target symptoms without ever addressing the source of the pain.

As Chiropractors we determine if the root trigger

for headaches is related to poor function of the spine, caused by perhaps an old injury, poor posture or as a result of nerve irritation.

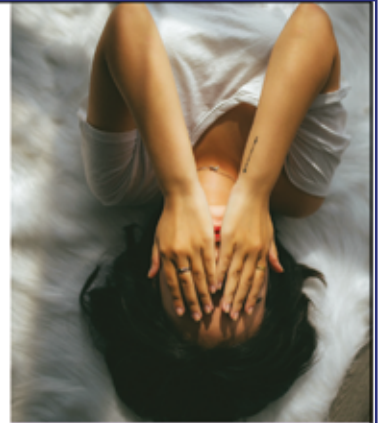
The Chiropractic adjustment helps restore essential spinal curves to reduce nerve irritation as well as improve circulation.

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*Biomedicine & Pharmacotherapy 1995;49(10):435-45 "Anatomy and physiology of headache." N. Bogduk

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CLONDROHID NEWS

CLONDROHID DEFIBRILLATORS

Clondrohid Defibrillator Committee are holding a meeting on Tuesday 13th February @ 8pm in the community hall to discuss the upkeep of the defibrillators in the parish. At a recent fundraiser organised by committee members Ann O Connell and Felicity Kelleher held on the 13th January a total to date of €2850 was raised. A sincere thanks to the following businesses who supported the fundraiser MJK Oils Junction Transport Mid Cork Pallets Dairygold Clondrohid and Healy's Spar, also everyone who kindly donated spot prizes for the raffle. A massive thank you to everyone who supported our Charades night @ The Tavern those who played and those who generously bought tickets, Theresa Paudie and Tara for hosting the event DJ Peter Lane and Clondrohid Line Dancers. In Clondrohid village we have 2 active Defibrillators looked after by Ann O Connell and Felicity Kelleher and 1 in Carriganima looked after by Pauline O Leary who also helped with the fundraising, thanks Pauline greatly appreciated. Please show your support for this vital facility in the parish and come along to the meeting.

AHAKEERA DRAMA GROUP ARE COMING TO CLONDROHID COMMUNITY HALL:

This brilliant drama group, who performed in Community Hall last year to a full house, are back again on Friday night Feb 23 at 8pm. They will present the comedy God Rest His Soul by Hank O'Regan, this is produced and directed by Brian Collins Tickets are €13, and will be available locally or on line from www.gr8events.ie/godresthissoul. There will be a raffle on the night with some great prizes. Great night assured. This event is a fundraiser for the Community Hall, so your support would be greatly appreciated.

Anyone who has availed of the hall recently, will know that it is now an excellent comfortable, warm facility. The last phase of the hall renovations is the internal painting and decorating, and that will be completed shortly. There is an outstanding debt there, so all contributions, bookings and support for events in hall going forward will be of benefit. Thank you for your support.

CLONDROHID COMMUNITY HALL:

The AGM of this great parish facility was held last week, and had a good attendance with some new members present which was great to see. Everyone was welcomed and encouraged to have an input going forward. The list of positions is as follows:

Chairperson: Alan O'Riordan
Vice Chairperson: Julie Kelleher
Treasurer: Gary O'Brien
Secretary: Mary McHugh Creedon
Vice Secretary: Peter Lane
PRO: Richard Balfe.

The elected committee would like to thank the outgoing Chairperson Proinnsias Creedon for his time and commitment to the Community Hall for over 30 years, where he held the position of Treasurer for most of that time. Thank you Proinnsias for all your voluntary work over that amazing number of years. No doubt you will support the hall going forward in many other forms. They would also like to thank Breda for her work and commitment as PRO

All members have played their part in bringing the hall to where it is now, new roof, windows, doors, insulation, heating system, and much more, but on the night special praise was given to many of the committee elected members for their dedication and hard work over the last number of years in making our community hall a place to be proud of, also to those in the parish who have helped with electrics and carpentry etc. etc., on a voluntary basis. Despite the hard work by members, the renovations carried out could not have materialised without being grant aided, for which they are extremely grateful. Well done everybody, 'Sharing is Caring'

DEFIBRILLATORS CLONDROHID AND CARRIGANIMA:

Clondrohid Defibrillator Committee are holding a meeting on Tuesday Feb 13 at 8pm in the Community Hall to discuss the upkeep of the defibrillators in the parish. At a recent fundraiser organised by committee members Ann O Connell and Felicity Kelleher held on January 13 a total to date of €2850 was raised. A sincere thanks to the following businesses who supported the fundraiser MJK Oil, Junction Transport, Mid Cork Pallets, Dairygold Clondrohid, and Healy's Spar, also everyone who kindly donated spot prizes for the raffle. A massive thank you to everyone who supported the Charades night at The Tavern, those who played and those who generously bought tickets, Theresa Paudie and Tara for hosting the event, DJ Peter Lane and Clondrohid Line Dancers. In Clondrohid village we have 2 active

Defibrillators looked after by Ann O Connell and Felicity Kelleher and 1 in Carriganima looked after by Pauline O Leary who also helped with the fundraising, thanks Pauline greatly appreciated, and to Johnny Kelleher Cool for his donation from the sale of his DVD's. Please show your support for this vital facility in the parish and come along to the meeting.

GAA NEWS: Congrats to Clondrohid u 21's who defeated Aghinagh last Saturday in the quarter final of this competition, 2 10 to 0 11. Good luck in the next round

MEDJUGORJE GROUP PILGRIMAGE: Direct flights. May 29 to June 5 €845 is the new price since Feb 2 Contact John Fitzpatrick on 087 2560154 for more info.

PREPARING FOR MARRIAGE: Weekend residential courses available. 26 to 28 April and 20 to 22 Sept Details from www.grasta.org info@grasta.org

CARRIGANIMA WALKING/RUNNING: Mondays and Thursdays of every week at 7pm. Meeting at Pike Cross Carriganima for a distance of 5km.

CART WEEKLY TRIP TO MACROOM ON TUESDAYS VIA CLONDROHID: Leaving Carriganima at 10am, returning at 1pm. For more info contact cartcarriganima@gmail.com

MACROOM FLOWER AND GARDEN CLUB AGM: This will take place this Thurs night Feb 8 at 7pm. New members always welcome. It will be followed by a Mini Floral Demonstration by Betsy's Florist at 8pm

LOTTO: Results for Jan 31. Jackpot €3,600
 €70 Mary Kate and Mark Pike House Carriganima
 €20 Mgt Coakley Inchigeela, Peter Horgan Kilmeehy Millstreet, Mary Twomey the Tce Clondrohid, Kay Healy Carrighooka



Hannah Mary and Gobnait McSweeney enjoying the annual Clondrohid Development Group Christmas Party



Teddy and Maura Kearney enjoying themselves at the Clondrohid Development Group Christmas Party

Macroom Flower Club

Macroom Flower & Garden Club AGM at Coolcower House on Thursday 8th February 7.00pm followed by Mini Floral Demonstration by Betsy's Florist at 8.00pm. Annual Membership due on the night.

Further information re Club Membership, Garden visits, AOIFA Floral Art Classes, Workshops, contact 087-9821708.



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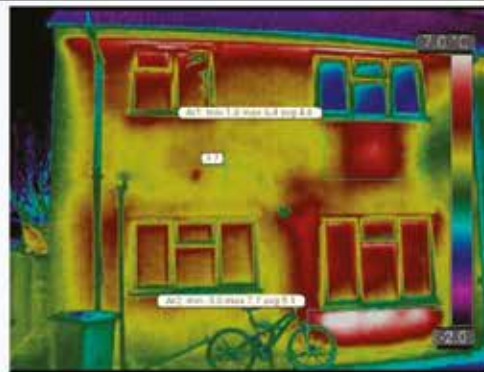


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INDEPENDENCE MUSEUM KILMURRY

MICHAEL FITZGERALD & LIAM LYNCH REMEMBERED IN LECTURE AND EXHIBITION AT INDEPENDENCE MUSEUM KILMURRY

An exhibition on one of the key figures of the Irish Revolution, General Liam Lynch, is now on display at Independence Museum Kilmurry. This special exhibition was developed by historian Neil Donovan, as part of the centenary commemorations to mark the anniversary of his death in April 1923.

Aindrias Moynihan, T.D. will officially open the exhibition on Friday, 9th February 2024 at 8pm in the museum's Heritage Room.

This will be followed by a lecture on Michael Fitzgerald O/C Fermoy, Battalion, Cork No. 2 Brigade, by Neil Donovan. Fitzgerald, who died in Cork County Gaol on October 17, 1920, the 67th day of his hunger strike, is buried in the Republican plot at Old Kilcrumper Cemetery, Fermoy. Liam Lynch made a last request to be buried there, beside his friend and comrade. In this exhibition and lecture Neil, whose father Con Donovan, Ballyporeen was chair of the General Liam Lynch National Commemoration Committee, Fermoy from 1964 to 1990, provides a unique account of these Revolutionary leaders

and how they have been commemorated by their comrades and relatives. 'We are honoured to host this fascinating and comprehensive exhibition at the Independence Museum,' said Chairperson, Mary O'Mahony. Entry to the lecture is €5 for non-members. The Liam Lynch exhibition will be on display at Independence Museum until the summer. The museum is open Thursday – Sunday, 2-5pm (other times by request). For further information please contact 021-7336932; kilmurrymuseum.ie/

DROMLEIGH NS

Senior students from Dromleigh N.S. have been having lots of fun studying German with their tutor Sandra as part of the 'Say Yes to Languages' programme. Wir lieben Deutsch! Well done to all

of our students for creating beautiful crosses to distribute to our community on St. Brigid's Day. Applications for enrolment are now being accepted for September 2024. Contact 026-

46212, office@dromleighns.ie or visit our website www.dromleighns.ie. Follow us on Facebook 'Dromleigh N.S Kilmichael' or online www.dromleighns.ie



Senior students from Dromleigh N.S. taking part in the 'Say Yes to Languages' initiative.



St. Brigid's Day 2024 with the talented students of Dromleigh N.S.

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UIBH LAOIRE NOTES

Music and Song

There have been some excellent entertainment provided by Creedon's Hotel before and after Christmas, with solo singers, groups and comedians. Looks like that's bound to continue because we see advertised for March 1st, a very talented duo, Declan Sinnott and Evelyn Kallansee. Declan is a highly respected guitarist, who has been a founder member of Horselips, toured and recorded with Mary and Francis Black and more recently has backed Christy Moore in concert and on recordings. He is joined in Inchigeela by Evelyn Kalansee, with whom he has produced a recording recently. Evelyn sings a wide range of material and the night should be a very special one. Tickets from Eamon (087)6759695. Get them early and don't be disappointed. Creedon's March 8pm

Drama Night

We look forward to the Ahakeera Drama group in the hall, Inchigeela on March 2

This group have entertained us, no end, for many years now and with the good plays they have selected and the excellent input of the actors you imagine the old hall shaking with laughter. This year, they are offering us "God Rest His Soul", a comedy by Hank O Regan. The critics describe this play as a "hilarious romp through 3 days of an Irish funeral". When the will is read the fun really starts, with lots of back-biting and bickering about who will gain from it and who will lose. If you would like to find out more, be in Inchigeela hall at 8pm on March 2nd. The group are generously donating some funds to the local school, so I'm sure it will be well supported.

Pot Holes

We were wondering, have the County Council slapped a preservation order on the two pot holes in the village in Inchigeela, because they have been there so long now. One pot hole greets you as you enter the village from the west and the other

you dodge as you exit near the old church. I pity the poor motorists who have unwittingly become victims of these obstacles in their journey. Is there any way in which the pot holes can be reported and promptly fixed before they grow into dangerous caverns?

Coiste na Bailte Slachtmhara

I mBeal atha beidh an coiste ag tosú i mbliana le siúlóid tríd an tsráid Dé Sathairn an 10ú lá de Feabhra ag tógaint nótaí ar cad atá le deanamh don bhliain. Beidh cruinniú acu chun tionscnaimh a eagrú agus a thosnú ar an 13ú lá de Fheabhra. Beidh fáilte roimh cách.

Bailiúchan Éadaí

Scoil Fhionnbarra fundraising clothes collection will take place in the grounds of the Coláiste on Feb 10, 11, and 24 25. Tá an scoil an bhuíoch as an tacaíocht a gheibheann siad.

Kilmurry Active Retirement

Should our priority be happiness?

Ask parents or grandparents what they want, most of all, for their children or grandchildren, and you could expect to hear them say 'I would want them to be happy'. It was not always so. I am not unique for my generation in that I can't remember my parents indicating that happiness was on the menu. (Though, I do remember them asking, and often, 'are you happy now' usually when there were smithereens decorating the floor, after an inferior article or delicate crockery failed my quality control testing).

It's a paradox that what we want most for the younger generations is that which we are perhaps least well equipped to advise them (or ourselves) on how to attain. We could muster a few generic sayings, or relate what we have learned the hard way, which may have little general relevance now. So, while content to dispense advice on practical matters, for happiness maybe they should consult an expert. Who would that be, I wonder, biochemists, or psychologists, or philosophers, or counsellors, or theologians or mystics, or maybe song writers.

From research with mammals, biochemical scientists contend that what makes us humans feel "happy" is in large part linked to one of the four 'happiness' hormones: dopamine, serotonin, endorphin, and oxytocin. These are linked to differing rewards.

Dopamine is a hormone linked to motivation and so to reward. Endorphins are what give athletes a high during a run and they get a surge of energy afterwards. Serotonin affects mood and is associated with reducing depression and anxiety. Oxytocin is sometimes called the "love" hormone and is associated with how people bond and trust each other.

Useful as those hormones undoubtedly are to shift moods, it feels to me as if more is needed. Let's move to a philosopher, Aristotle. He said

don't call a man happy until he is dead. He didn't mean that this life is so bad that we would be better off dead. That old Greek had a different view of what happiness meant. For him it meant a life well lived, and that cannot be assessed until death. We can all redeem ourselves up to the last moment and the assessment that counts for him is of the entirety of a life. Happiness today is often associated with wealth, power, fame, ease, pleasure, and the like. Contemporary life for most in the West is defined by excess. Aristotle was no spoil sport but he, like the Buddha before him, counselled temperance, the happy mean in all things. Aristotle had the same desire as we have today. His classic, Nicomachean Ethics, the science of the good for human life, was written as advice to his son, Nichomachus. In it he declares that to have lived a happy life, ethics are needed. The goal of ethics is precisely to determine how best to achieve happiness. Happiness, he says depends on living in accordance with virtues. A virtuous person is naturally disposed to behave rightly and for the right reasons and feels pleasure in doing so. Most of his virtues were taught to you at school and at home. This is not surprising since Christianity incorporated teachings from the Greek tradition.

We can learn more from the other disciplines on happiness, but we will find too that their concept of happiness varies in significant ways. As society changes the expectation of happiness throughout life has changed. Happiness in the phrase in the American constitution 'all men are created equal, that they are endowed by their Creator with certain unalienable rights, that among these are Life, Liberty and the pursuit of Happiness' had then a meaning perhaps more in accordance with Aristotle than what has become an expectation in our culture.

I think that happiness, as it is understood today, is not the most appropriate priority for any of

us. Perhaps resilience, the capacity to overcome the inevitable challenges and sufferings that will come their way, and to flourish despite and because of them would be a more realistic priority to convey. It would too be of greater benefit to their society, and being of benefit to one's society may just bring happiness as its byproduct. One of those sayings goes happiness comes when engaged in pursuing something else, and more often when not focusing on oneself but on the benefit of others.

AGM and Resumption of Activities

We are starting our activities for this term with our AGM at the Kilmurry Museum, on the 13th of February at 8pm, and we will be starting with a talk on protecting your finances from AIB. Scams are getting more sophisticated these days and no harm to be brought up to date. Non-members and new members are welcome. Then on the 14th we will be having bingo and cards, and on the 21st we will have our first coffee crawl of the year. We are planning an interesting evening on the 28th, more information on that next time.

Our association is open to all, and our membership fee is just €20/calendar year or €30 for a couple. Our philosophy is that age makes no difference, but health does. We try to do what we can to keep healthy and challenged in body and in mind, and together that is easier. You will be kept as busy as you choose to be and positively engaged in your community, and we think you will enjoy it. There are several active retirement associations in the Lee valley. If you are interested in finding out more, we can put you in contact with the right secretary for your locality, or if you are interested in starting one up there is support for that too.

For more information contact Aidan at 0894057676 or aidanpbarry@outlook.com



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CURRAGHBEG NURSERY & GARDEN *An Introduction*

CHRIS BARRETT - In Conversation with Dominic Cullinane of CURRAGHBEG NURSERY

Hi! Chris Barrett here again.

Today I have the pleasure of speaking with Dominic Cullinane who seems to me to be well on his way to creating Ireland's most unique Nursery and Garden. Here I cannot improve on the words of Benjamin Disraeli:

"How fair is a garden amid the toils and passions of existence."

And from it's creator, Dominic :

"A Garden is an Art Form to inspire and give Joy."



I am now going to mention a few outstanding creative projects, which readers may already be familiar with. If you have not heard of them you are, like taking a visit to Currabeg Nursery, in for a treat. What they all have in common is a selfless vision to bring joy to those who visit.

In common with Dominic's project, it has been possible for people to watch these highly successful projects grow, and to gain by sharing in the developing dream of their creation.

(Each of the following projects can all be researched further on the internet).

The first project I will mention is Guedelon, Burgundy, France, where in an abandoned quarry, a team of master builders are building a 13th century castle from scratch, using only medieval techniques, dress

and materials. As with Dominic's idea, it grew out of a genuine love and enthusiasm for creating a dream as naturally as possible. A second view influencing the methodology behind Currabeg, is to look at The Eden Project, Cornwall, U.K.

Here starting in 1998 in a reclaimed china clay pit, Tim Smith and his team first built a restaurant, which overlooks the biomes enabling people to enjoy watching the dream of the Millenium Project emerge from the ground.

The third project is a more long term project from Barcelona, Spain. The Sagrada Familia is the largest unfinished Catholic church in the world. It was designed by Gaudi and was started in 1882.

In 1984 it was made a world heritage site by UNESCO despite being unfinished, which goes to show how something innovative and artistic can have enormous potential despite being unfinished.

This I feel is the case with Dominic's dream at Currabeg.

I do not doubt that when it is finished it will become one of the most talked about destinations near Cork city for locals and tourists alike. However, like all these great projects he needs support in every way he can get it and he is very grateful to all those who have supported his dream so far. And it is a dream with such potential.

It is wonderful to have such a unique venue which is open to all kinds of organisations and provides a special place for individuals from all walks of life.

He would love to invite more artists working in all mediums to come and see what they are doing at Currabeg, and to see how best the space will suit them.

The friendliness and compassion to each visitor, not to mention the outstanding cakes, make this an unusually welcoming space already and like the other great projects I have mentionned, there is huge joy for the beholder in watching such a dream come to fruition.

And so I hear you ask, what is special about Curraghbeg Nursery?

It is based in Ovens [P31EP48] and the best thing would be for you to explore it yourself (9am to 5.30 daily) and relax with a tea or coffee and delicious cake outside or in the wonderfully unusual tea rooms.

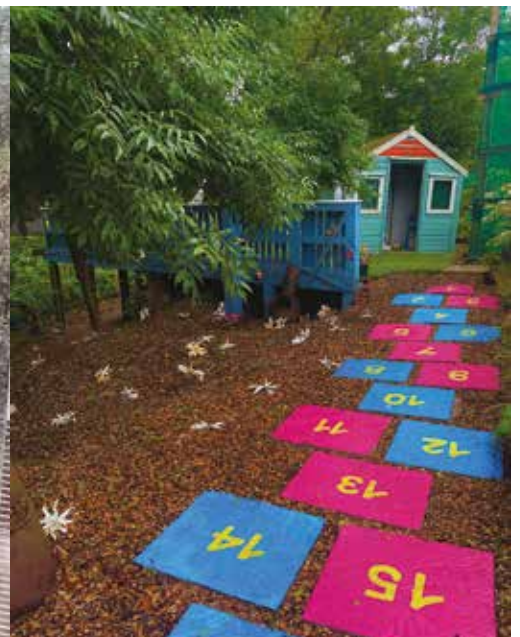
It already has more than 1.2k followers on Instagram (@ovens_plant_nursery_) if you need to know more! I struggle to write down on paper an experience which thrills all the senses and always leaves me feeling calmer and inspired by well used human potential.

The centre-piece is the Wisteria Tunnel which is still partly under construction. On completion it will become Ireland's longest Wisteria tunnel and visitors will already be able to walk through some of it in flower later this year. In fact the first part of it, as far as the Hobbit House, which has been started, is almost complete as I write. In fact you can often see the Hobbit House being constructed by Master Mason Joe Mahoney from Rathpeacon. Like the Wisteria tunnel, it is a great example of how nature, history and art are combined in great projects.

In the future, if you can pull yourself out of the Hobbit House, you will be able to cross over the lake on stepping stones which will be wheelchair friendly. You will carry on through the tunnel up the slope to the amphitheatre which will be used for performances during the summer.

There are also other interesting local features. At the turn of the last century, the Ovens Bridge was built, diverting all traffic onto what is now the Ballincollig by-pass. The old Cork road ran long the boundary of the Nursery and they are in the process of exposing a section of road to be walked along whilst observing a little piece of history..and maybe more.

The Giant's Hopscotch, and the Willow Tunnel which can be accessed by an amazing secret 'Hole in the tree' are all wonderful experiences for young children. The hole in the tree was probably created by lightening striking an old ash tree and nature's involvement is here as everywhere.



We are located off the main Macroom Road, across from The Ovens Bar - Look out for the Tulips!

Ovens, Co. Cork | Eircode: P31EP48



The Nursery itself stocks an enormous range of trees, shrubs, rare plants, herbaceous perennials, alpines, grasses fruit trees etc all of which are fed with organic compost from Gee Up ,and individually grown and cared for, unlike some garden centres which buy in plants from outside. I have bought plants here and found plants here that I could not buy elsewhere, and at very reasonable prices.

So how did all this happen?

Dominic is no newbie garden designer. He has designed hundreds of gardens over his 40 year career. He is currently working on a Gaudi style garden near Monkstown, and readers may remember him for his much acclaimed involvement with the Mallow Garden Festival.

He does still do private garden designs to help fund his dream at Curraghbeg and you can see more on his website details below.

As I have barely scratched the surface of what is going on at this amazing venue which as you can see, is so much more than a nursery, and yet still sells thousands of varieties of high quality plants, some of which are rare specimens, I need to write further articles.

One of these will deal with Dominic's garden design and give you ideas for your own, though you would gain a lot from a visit where you walk around the Nursery as it is now.

I intend to look in more detail at exactly how Dominic has come to be building a nursery at Curraghbeg which enhances mental health and well being, and allows people to take that back with them to their homes around Ireland. I will explain to you in more detail how the venue is available for community gatherings, classes,celebrations and so much more. There is also a very special relationship with Laura Lynn house. On 23rd June this year they will host their annual picnic. Keep yourself tuned in to this and get much more detail on instagram before I write again in the Lee Valley Outlook..

Education, for example school tours, are very much part of such a wonderful experience and I will write more of what will be on offer for 2024.

The petting zoo was a particular success last year and of course the wonderful beach bar/picnic tables (and inside areas in case of rain) are much appreciated. The tea rooms are definitely inviting with the beach bar as a centre-piece, with home made cake to die for..

Since they opened fully 18 months ago they have hosted meetings, classes and life-event celebrations. I strongly advise readers to get involved with and support this project at this early stage. The joy which will continue for future generations is dependent on your participation.

This is no ordinary Nursery. This is Dominic's Dream. He needs help and is inviting you to be part of something extraordinary. I thank him on your behalf for all he is achieving.

**You can contact Dominic on 085 782 0736
E:info@gardendesigns.ie | W:www.dcgardendesigns.ie**

If you or anyone you know would like to contribute an article, you can contact me chrisleevalley@gmail.com



Mick Goold (1930-2005), Macroom

Family Man, Vet, Superb Footballer, GAA Official and Card-player
 ‘Doing your level best’ (*Mick Goold’s motto*)



Mick Goold with Dr Michael Cronin and Dan Buckley in jovial mood. (Supplied by Ms Joanne Goold).



Mick Goold's family; left > right: Sr. Stanislaus/Eileen, Mick, Paddy, Eddie and Elizabeth. (Supplied by Ms Joanne Goold)



Mick, Brian and Noreen Goold, all now deceased. R.I.P. (Supplied by Ms Joanne Goold).

Mick and Noreen’s Goold’s fine family home was recently knocked and the site is being developed for housing. While town progress is great and houses are critically needed, the home’s demolition both marks the end of an era and brings Mick Goold to mind.

He was an accomplished man in many spheres and made an enormous contribution, family-wise, professionally and socially to the town and area. Further, he was a superb footballer and one of the best-ever to play for Macroom. His Macroom playing career extended from 1947 to 1962 – the former marked by playing for Macroom and Cork minors (in 1948) and the latter by Macroom winning its tenth and last Cork senior football title. In a tough game, Mick’s suffered a career-ending lung injury which forced his substitution. Four years previously, in 1958, Macroom, captained by Mick, completed the senior football championship/league (Kelleher Shield) double, the club’s only time to win the shield and the club’s only ‘double’. For most of the 1950s he played for Cork senior and Munster football teams. Professionally, he was as good a vet as he was a footballer. (This was testified by many former clients). However Mick was much more than that.

As well as being a busy and dedicated vet and a devoted husband and father, he was a member of a large extended family, a good hurler, a committed community man and an accomplished card- player. The following is an account of Mick’s life and the shaping influences. His life priorities were family, work, friends, faith, fun, food and hobbies – football, card-playing, and gardening – all pursued with ‘fair play’. Proud, just and competitive – he liked to win. A hero of young Macroom footballers in the late 1960s-80s, he seemed to have everything; a good profession and he had had a brilliant football career. In addition, he was an exceedingly genial and modest man who was prepared to give back. His sons Conor, Eamonn, and Brian (R.I.P.) played football well - the latter two were Cork minors.

Born on the 13th January 1930, Mick grew up on a farm in Dromonig, Kilnamartyra, the youngest son of Edmond and Johanna Goold (née O’Riordan, Ballyvourney). One of Edmond’s brothers, Patrick was a GP who lived in Raleigh House (once home of Art Ó Laoghaire) and Patrick, Leo and Michael Goold, Macroom, are grandsons of Dr Goold. Johanna’s brother, Willie, was a GP in Coachford and her sister Kate married Dan O’Leary (‘Danny Arthur’), Ballyvourney, who became a TD. Their daughter Gobnait married Andy Scannell who owned ‘An Hibernian’ pub, Ballyvourney; the bar is still in the

Scannell’s ownership. As well as living on a busy farm, Mick’s father was a Cork County Councillor and much of his political work was home-based. Each of Mick’s parents had ten siblings – many were educated to third-level, with some becoming doctors, teachers and priests – completing second-level education, not to mention attending university was rare in those days. Thus, cousins, connections, religion and a focus on education were formative elements of his upbringing.

Mick was the sixth and youngest child; his sisters were Eileen and Elizabeth and his brothers were Paddy, Eddie, and Billy who died in infancy. Paddy stayed at home on the farm and Eddie became a psychiatrist who worked in the U.S., Eileen studied Maths in UCC and later became a nun, Sr. Stanislaus, and Elizabeth, after a spell at home, trained as a nurse. Although obvious to all, Mick never ‘formally’ acknowledged his status of being the ‘white-haired’ boy of the family. The 1930s/40s in Ireland were tough due to the Economic War and the privations of ‘The Emergency’. Mick attended Dundarierke National School where he was taught by Bean Ua Sheadha and Miss Healy. Clever at school, athletic and competitive, Mick prospered. De La Salle Boys Secondary, Macroom, was opened in 1933 and was Mick’s first secondary school, ‘42-‘44. Before the advent of school-bus transportation, country pupils had to walk or cycle to and from school in all weathers. After two years he transferred to St. Colman’s, Fermoy, a boarding junior seminary school. Aspirant Cloyne diocesan clerical students were expected to attend. Boarding schools are tough at the best of times but the Emergency and its aftermath made conditions harsher again. Christmas, Easter and the summer holidays were the only times students came home. Being a good footballer and hurler helped and, in 1948, Mick was part of a successful Harty Cup-winning team. (The cup is awarded for Munster Colleges A senior hurling). Team-mates included the gifted Canon Bertie Troy and Fr William Abernathy, Canon Finbarr Kelleher, and Monsignor James O’Donnell, now resident in Macroom.

Medicine was Mick’s first choice of career and he spent two years (‘48-‘50) studying in UCC. However, veterinary called and he transferred to UCD, Dublin. Football was his twin career. Though he never spoke much of it, he enjoyed his time there and blossomed as a person and a footballer. His playing colleagues became lifelong friends. A top-class footballer, he won Sigerson Inter-Varsity medals and played for four years with the Combined Universities. That team played The Rest of Ireland in very prestigious

annual fixtures – their status was akin to today’s All-Stars (Barry O’Brien, ‘Macroom, Chronicle No. 3’ pp. 9-16.) He became a regular for Cork and Munster footballers in the 1950s. While representing Munster, he was a teammate of legendary Kerry players such as Mick O’Connell, Mick O’Dwyer, ‘Tiger’ Lyons and Seán Murphy; when with the province, Mick made a point of travelling with the Kerry contingent as they were fed better than their Cork counterparts (Colman Corrigan). While in Dublin, he was ‘caught’ attending a rugby game and suspended under the ‘Ban’ rules for attending a foreign (= British) game. Hockey, cricket and soccer were the three other ‘forbidden’ codes. Cork had a very good team in the mid fifties and emerged from Munster in 1954, 1956 and 1957. Galway’s brilliant team beat them in the ‘56 All-Ireland final. Sadly, having overcome Galway in the ‘57 semi-final, Cork lost to Louth in a game it should have won. As well as Mick, five other Macroom players were involved in those years - Timmy O’Callaghan, Dan Murray, Eric Ryan, Niall Fitzgerald and Johnny Creedon. J.J. Hinchion (Canovee) also played. Paddy Harrington, father of golfer Padraig, was also on that team. Mick retired from inter-county and club football in 1959 and 1962 respectively. In the robust 1952 county final, Mick was injured, and he was a self-employed vet working on his own.

After qualifying he worked in Kildare for a while before setting up practice in Macroom. His office was in Mrs O’Riordan’s, South Square, and he had ‘digs’ with Maura O’Driscoll, a few doors up. As well as his secretaries and wife Noreen, Charlie Twomey, Macroom’s night telephonist was an indispensable contact. Phoning then was by landline and many, if not most, houses did not have phones. Harry O’Leary, John O’Riordan, Mick O’Leary and Henry Wall (Crookstown) were his colleagues and competitors. His football status and family connections stood him in good stead and he coupled those advantages with, skill, commitment and service. (One customer, still marvels at his skill in tying knots during operations with deft finger movements). Mick’s ‘cover’ for his football commitments was generously provided by his colleagues. Life was hectic with his dual careers. However, he did find time to woo and marry Noreen Lehan. This too was not easy as she taught in Youghal, fifty-two miles away. Romance prevailed and they married in 1960. They built their house in Gurteenroe, about 1960. Mick practiced veterinary, mostly singly. Relationships with colleagues was formal and distant – as well as colleagues, they were competitors - with cover for family emergencies or football matches only; there was no rota and vets

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were effectively 'on call' all the time.

Children duly followed: Eamonn, Conor, Joanne, Brian, R.I.P., Michael and Gerard. Michael lives in Macroom, Joanne, Gerard and Conor in Cork and Eamonn in Dublin. There are nine grandchildren – Mia, Danny, Conor, Carol Anne, Isabelle, Sophie, Lily Kate, Max and Ella. Eamonn, Gerard and Michael have presented the Mick Goold Cup, a Macroom GAA underage blitz competition that is contested annually.

As Mick's family and practice grew, life became increasingly busy. Both of these were inextricably entwined. The practice ranged from Keimaneigh to Farnanes, Kilmichael to Ballinagree and sometimes places beyond. As Joanne indicated, veterinary life then was not for the faint-hearted. Among difficulties were poor roads, an absence of cattle crushes and poor communications. Work was mostly on farms and involved being on the road frequently and on-call constantly. Spring was especially chaotic between calving, TB testing and emergency calls. Not every farm-house had a phone – early-on, even some did not have electricity and/or domestic water. The secretaries' and Noreen's stressful task was to know who, nearby, could contact Mick in the event of 'an emergency' when he was out. Carmel Vaughan, Mary O'Leary and Carmel Cotter were Mick's secretaries at various points and all made invaluable contributions. The office phone was switched over at 5.15 p.m. and mostly thereafter handled by Noreen and housekeeper, Mary Spillane. The children scattered when the phone rang fearing not being able to ask the appropriate question or getting the information wrong. Calving emergencies often were resolved by Caesarean Sections done on farms or in trailers, and pups were often born on the Goolds' family back-kitchen table. This was wonderfully exciting and impressive for Joanne and her siblings. Another highlight for the children was travelling with their father on his rounds, and of course, they squabbled as to who had the best seat and vantage point. Mick had a special 'grá' for the 'Mouth of the Glen' and Gougane Barra areas. During the trips, matters were discussed, poems recited and occasionally 'Come Back Paddy Reilly to Balljamesduff' was sung. Despite his busy and unpredictable schedule, Mick tried to collect the children from school at dinner-time, and, if at all possible, dinner was eaten at midday. A short but competitive game of football invariably followed dinner before returning to school. As the children grew up, they became involved in the practice – servicing in the office, recording at TB-testing times or 'filling gaps' at farms.

Because of being on-call, 24/7, Sunday spins or visiting was not possible but both Noreen and Mick loved 'callers'. Grandmother Lehane, who now lived nearby visited almost daily and Auntie Elizabeth (Cork) weekly. Eileen became a nun and as Sr Stanislaus, now in Clonakilty, she visited several times in the year. In addition, Auntie Moira (Lehane)

Mick Goold enjoying his field where the new development is taking place. (Supplied by Ms Joanne Goold).



and her family were regular visitors. Interspersed with these were visits from other relations, former football comrades and other acquaintances. Other pleasures Mick had were watching television programmes such as 'Lucille Ball', 'One Man and his Dog', 'All Creatures Great and Small', 'Hall's Pictorial Weekly' and sport of all kinds, card-playing – bridge in the Castle Hotel with the Sullane Bridge Club - Mrs Maureen Buckley was his regular partner - or 35 in Browne's on Friday nights. He was quite accomplished at bridge, won many prizes and represented West Cork. Apart from these, he enjoyed an occasional visit to Graham's pub and going to weddings and socials. When the boys became involved in sport, he followed avidly their games and careers. A sweet tooth was another trait – Humbugs were a favourite but any 'sweet' would do. Holidays were taken in Barley Cove in a caravan; when he was unable to go, he insisted that the rest of the family did. Mick also thoroughly enjoyed a good yarn, Dan Buckley The Castle Hotel, being one of his favourite tellers and seeing Billa O'Connell on stage in Christmas pantomimes brought tears to his eyes. Despite not being a regular book-reader, perhaps significantly, his last book was 'Endurance' and his last show was Aidan Dooley's on Tom Crean's travails in the South Pole, performed in Gougane Barra. Faith for Mick was a living thing - it's what you did that mattered. He had no interest in pilgrimages, except to matches. For him life was easier if one kept to the rules – civil and religious. Self-discipline and no half-measures were important principles for him. 'Compete well' and 'win if you can' were other touchstones of his philosophy.

As the children grew, their education and extra-curricular activities took centre-stage. Mick transmitted his values of 'concentrating on education, working hard and doing one's best'. Often quoted was the saying 'If something is worth doing, it is worth doing well'. Genes and the competitive edge honed in the 'after-dinner' games sharpened the children's drive to succeed. The children did well in school and all went on to third level education. As well as his academic ability, Eamonn debated for DLS Secondary

school. His cohort of footballers had a particularly good team. In an underage match Macroom played Bandon in Cloughduv and smaller pitches and goalposts were in use. The goal was rectangular enough but polystyrene extensions served as the upper parts of the goalposts. Depending on the wind or how they were attached left in the lap of the gods as to how 'parallel' the upper points posts were. A Macroom player kicked what was clearly a point but it was flagged wide. Mick was upset and cross at the clear injustice to Macroom. It showed a flash of steel and a commitment to fair play and justice – an action that impressed me much.

Mick not only followed assiduously his children's involvement he became a selector with Macroom minors in the late 1960s/early 1970s. His input to the minors' success was important. Strongly etched in my mind are his clear nuggets of advice – intelligent and insightful. They ranged from how to catch and kick properly a football, but also how to play one's position. He made playing football seem simple and logical if played intelligently and wholeheartedly. He was always encouraging of moderate players and made them feel well about themselves. Mick later chaired the club. Eamon was an integral part and centre-fielder on Macroom's dual 1982 county-winning sides, an achievement from which Mick took enormous pride and hope. When his god-son Colman Corrigan joined the successful Cork seniors in the 1980s, Mick was a constant source of support and advice throughout Colman's stellar career.

Although his contribution to the club as a player, selector and player was enormous, his influence went well beyond that. His upright personality, his love, knowledge and appreciation of football, and of Macroom GAA Club in particular, his humility and pleasant persona all combined to make him a revered figure and a perfect role-model within the club.

Mick played golf and became club captain in 1968. Time pressures precluded him from playing much. Card-playing became a very big part of his life. Here again, he was a dual-player in that he played bridge and 35. A member of Sullane Bridge Club,



A view of the new development, Rás an Mhuilinn. This is taken from roughly the same spot as photo 2193. (Con Kelleher, courtesy of Colm Fehilly, Calnan Brothers Builders).



The entrance to Rás an Mhuilinn. (Con Kelleher, courtesy of Colm Fehilly, Colm Fehilly Vision Contracting).



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Mrs Maureen Buckley, Castle Hotel, was his regular partner. She and Mrs Maureen O'Brien, North Square, both represented Ireland at bridge. The Buckley-Goold partnership was very successful and Mick represented West Cork in some competitions. Even at that stage, bridge was a predominantly female activity and men were most welcome; Michael Corrigan was a fellow member. Chat, sociability, a mental challenge and competition were the attractions. 35 in Browne's on Friday night was another must. Here the same attractions obtained but the card-games were more light-hearted and GAA matters, especially Macroom's, were important agenda items. Fellow players were John O'Farrell, Tommy Counihan, Pat Cregan, Richard Neville and Billy O'Riordan among others.

As the children grew, matured and left home, Mick continued his practice. Conor joined him for a period before moving to Cork where he treats small animals. His surgery is in Mahon and easily spotted by those attending the Mater Hospital. Unfortunately, in 1992 Mick contracted brucellosis, a disease that is an occupational hazard for vets. The disease can be debilitating and forced him to retire. However, he took to this phase of his life with relish. He enjoyed cooking with Noreen, and as his grand-daughter Carol Ann observed, he became the food 'Checker' - 'are the potatoes ready?' - for Noreen. There was more time for his family, meeting relatives and attending matches, watching cooking programmes

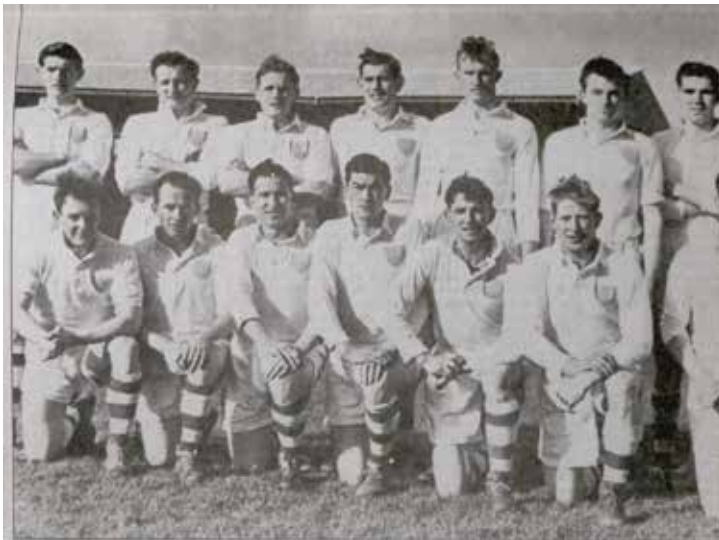
and sport on television and playing bridge and 35. Card nights became sacrosanct.

More unfortunately, Mick was diagnosed with cancer in 2002. However, he took the news stoically, saying it was harder for his family than himself, remembering the time when he had heard of his brother Paddy's similar situation. He struggled with the illness for three years, a period marked by the mutual devotion of Noreen and him. Noreen was exceptional in her care - as he said, 'he was in the best of hands'. She was well supported by Mick's siblings Eddie, Elizabeth and Eileen. Some friends were regular callers while others sent mass-cards and prayed. Even during this period, Mick somehow summoned the strength and courage to go to Paddy Harrington's funeral in Dublin in July, 2005. Paddy had been a Cork and Munster football playing colleague in the 1950s. Though barely able to walk, at the funeral Mick met and enjoyed the camaraderie of many old comrades and friends, some of whom he had not seen for decades.

Four months later, Mick passed away in November, 2005, in the presence of his family - quietly, stoically and with dignity, his death reflecting his life. That life was based on family, friends, football and fun all mingled together. 'He did his best' and his best was superb. As his memorial card read - he led his life by acting justly, loving tenderly and following God's call. Ar dheis Dé a anam dílis. Without question, Mick was one of Macroom's finest.

Addendum: Calnan Brothers have begun construction on Goolds' ten-acre site and will build ninety-two 3-, 4- and five bedded houses. A few houses are well under way. The estate is called Rás an Mhuilinn, (Mill Race in English). Planning regulations insist on new estate names being in Irish and referencing some local feature. Here, 'race' means a 'channel of water' to service a mill, perhaps those in Massytown? There is a stream at the bottom of the site. In our multicultural society, insisting on names as Gaeilge seems parochial and exclusive. Equally, it is an opportunity lost to honour a great Macroom person by not calling the estate after Mick Goold. The only acknowledgement to his abilities and contribution is a Macroom GAA underage blitz (U-10, I think) played annually in his honour. Life is a continuum and this is a good example where a person from our past could be honoured by naming badly needed houses now to give people decent homes for their future.

Sources: Ms Joanne Goold, (daughter), Barry O'Brien (Macroom GAA Club History, 1886-1987, Macroom Chronicle No. 3, Southern Star article), 'The Cork Examiner', 'Kerryman', 'Corkman' and 'Southern Star', Denis Paul Ring (Macroom Through The Mists of Time), Colman Corrigan (interview), personal memories memories and observations. Colm Fehilly (Vision Contracting) allowed site access to take some photos.



The Combined Universities team in the early 1950s included Mick Goold, fifth from left at back, and of the day including Dr. Jim Brogan, Kerry; Kevin Hefferman, Dublin; Dr. Sean Murphy, Kora Roscommon; Denis Bernard, Cork and Dunmanway, second from right at back; Jim Cronin, Kerry, Dublin, and Ollie Freeman, Dublin.

Mick Goold with a Combined Universities team. early 1950s (from Southern Star, 24 December 2005).



The Macroom senior football team, captained by Mick Goold, centre at front, when they won the county senior championship in 1958.

Macroom 1958, Senior County and Kelleher Shield winners, captained by Mick Goold (Dennis Dinneen).



Children from First and Second classes at Tirelton NS with their St. Brigid's Crosses

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St Mary's students at DCMUN Ella While, Ola Wachowska and Olivia Moynihan



St Marys Secondary School Football team who won their Quarter Final



De La Salle Students at the DC Model United Nations



De La Salle Student Matthew Brennan at the Model UN



De La Salle Students at the DC Model United Nations2



De La Salle Student Daniel Bonnar addresses the conference at the Model UN



Michael Dunne showcased extraordinary creativity during his English CBA presentation. He decided to make the world's best sandwich.



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An Muileann

18:00 - Blaiseadh Beoir "Bragóid Ghobnatan" & Míodh (Kinsale Mead)

19:00 - Suipéir Ghobnait

Dé Sathairn 10ú Feabhra 2024

Ionad Cultúrtha an Dochtúir Ó Loingsigh

09:30 - Taispeántas ealaíontóirí áitiúla

10:00 - Tionscadal 3D

10:15 - An tEaspag W. Crean

10:30 - Dr. Connie Kelleher

10:45 - Briseadh

11:15 - Fionnbarr Moore

11:45 - Tiernan Gaffney

12:15 - Con Ó Loingsigh

12:45 - Peadar Ó Riada

Dé Sathairn 10ú Feabhra 2024

Coill Ghobnatan

10:00 - Tóraíocht Taisce na bhFianna Bána le Billy Ó hÉalaithe

Scrín Ghobnatan

12:00 - Siúlóid le Lee Valley Walks

Bóthar Chúil Aodha

15:00 - Comórtas Babhlála

Ionad Cultúrtha an Dochtúir Ó Loingsigh

18:00 - Ceolchoirm le Emma Langford

An Muileann

22:00 - Comórtas Banríonn na mBeach

Dé Domhnaigh 11ú Feabhra 2024

Séipéal Naomh

Ghobnait - Cúil Aodha

10:00 - Aifreann & Tomhas Ghobnatan

Séipéal Naomh Ghobnait - Baile Mhúirne

11:30 - Aifreann & Tomhas Ghobnatan

Scrín Ghobnatan

13:30 - Siúlóid le Lee Valley Walks

Scrín Ghobnatan

15:00 - Paidreacha

Séipéal Naomh Ghobnait - Baile Mhúirne

16:00 - Aifreann & Tomhas Ghobnatan

Ionad Cultúrtha an Dochtúir Ó Loingsigh

19:30 - Scoil Rince Uí Thuama

Imeachtaí Eile / Other Events

Taispeántais Ealaíne/Art Exhibitions

"Dichotomy" le Rieleen Bn Uí Dhuinnín ag oscailt Dé hAoine, 2ú Feabhra @ 7.30pm

Féachann an taispeántas seo ar dhéscaradh an tsaol trí shaothair ealaíne ilmheáin. An déacht idir staid an fháis & an staid statach. Téann Rieleen go domhain isteach ina hanam agus a timpeallacht chun féachaint ar choincheapa agus ábhair a bhfuil tionchar acu ar an saol laethúil aici.



Dé hAoine, 8ú Márta @ 7.30pm

Maura Whelan & Caroline Scally - Baitic & Gloine (Batik & Glass)

Ealaíontóir a bhfuil cónaí uirthi i gCill na Martra i Maura Whelan. Tá gloine á chomhleá ag Maura le blianta fada anuas. Baineann sí úsáid as tírdhreach garbh fiáin a timpeallachta mar ábhar inspioráide dá saothair uathúla, ina measc réimse soilse falla, saothair i bhfrámaí & seodra.



Is í Baitic an meán a d'úsáid Caroline Scally don taispeántas seo. Mothaíonn sí gur féidir le ceird na baitice ábhairiontais a chruthú mar aon le saibhreas iontach de mheascán dathanna. Tagann formhór de na saothair anseo ón ngrá atá aici do chait, éin agus scéalta eile ó Chiarraí.

Beidh amhráin á gcasadh ag Ger Wolfe dúinn le linn na hoscailte. Ger Wolfe will perform songs as part of the opening of this wonderful exhibition.

Dé hAoine, 3ú Bealtaine @ 7.30pm

'Tacaíocht' - Taispeántas

Ranganna ealaíne do sheanóirí ar fáil sna hionaid lae i gceantar Mhúscraí le Helen Quill. Beidh taispeántais ealaíne againn le saothar na seanóirí i mí na Bealtaine mar cheiliúradh ar na haosaigh & tallann na n-aosach ó cheantar Mhúscraí.



Ealaíontóirí Cónaithe

David Syme

Virtuoso Pianó Meiriceánach atá ina chonaí in Iarthar Chorcaí. Bhí sé mar ealaíontóir cónaithe le Coláiste na hOllscoile, Corcaigh agus tá an t-ádh linn go mbeidh sé inár dteannta ar feadh tréimhse chónaitheach anois. *David has performed all over the world, including in Carnegie Hall and Lincoln Centre. We hope to have master classes & musical appreciation afternoons throughout the Spring.*



Éadaín O'Donnell

Ag soláthar ceardlanna ealaíne bainteach leis an gceol agus an nádúr – fuaim an cheoil agus an samhlaíocht á spreagadh i bhfoirm ealaíne. Bheidh sé seo dírithe ar na scoileanna.



» **Drámaíocht** - Ceardlanna drámaíochta do dhéagóirí 12-18 bliain á reáchtáil san Ionad Cultúrtha le Esther Uí Chruadhlaioich.

» **Garry McCarthy** - nó GMC Beats i mbun ceardlanna 'rap' le daltaí na hidirbhliana ó Choláiste Ghobnatan & Scoil Mhuire Béal Átha'n Ghaorthaidh.

» **Daltaí Choláiste Ghobnatan & Scoil Mhuire** - Beidh taispeántas faoi leith againn ó dhaltaí áitiúla agus Garry McCarthy, nó GMC Beats mar is fearr aithne atá air, ag léiriú torthaí a gcuid saothair le Garry i bhfoirm RAP as Gaeilge! Beidh taispeántas drámaíochta againn le daltaí drámaíochta faoi stiúir Esther Uí Chruadhlaioich mar chuid den ócáid chomh maith.

» **Ensemble Mhúscraí** - Ceolfhoireann faoi stiúir Paul Clesham, dírithe ar dhéagóirí... Fáilte roimh cheoilóirí nua - cleachtadh a fháil ar conas ceol a chumadh & a chóiriú.

» **Aisling Gheal** - Ranganna amhránaíochta ar an sean-nós á soláthar sna bunscoileanna áitiúla mar aon le ranganna do dhéagóirí san Ionad Cultúrtha gach Céadaoin, **4.30 - 5.30pm**.

» **Ranganna Ceoil le Henry Cronin** - Breis eolais le fáil ón Ionad Cultúrtha

Coirmeacha Ceoil / Concerts

Féile Naomh Gobnait

Imeachtaí eagsúla ag ceiliúradh saol & oidhreacht Gobnait, idir leachtaí, taispeántais rince le Scoil Thuama & déantús coirceog beach, beidh na teagmháil leis an Oifigeach Pleanála Teanga áit Ní Lionáird. Beidh Emma Langford mar chuid de chomh maith.

Dé Sathairn, 10ú Feabhra @ 8pm

Emma Langford

Amhránaí & cumadóir amhrán den chéad scoth. *A terrific singer-songwriter and renowned folk singer.* Cara mór leis an Ionad Cultúrtha & le muintir Mhúscraí trí chéile.

Dé hAoine, 16ú Feabhra @ 8pm

Music Network

Niamh Dunne, Bróna McVittie, Cormac Breanach & Seán Óg Graham i gcomhpháirtíocht le Music Network.

Dé hAoine, 23ú Feabhra @ 8pm

'Lyrica'

Lyrica Friends and Neighbours: A Musical Tapestry. Trio Lyrica was formed in 2019 and brings together Ireland's most celebrated musicians, including Kieran Moynihan (flute and piccolo) and Fionnuala Moynihan (piano).

Tá coirmeacha ceoil seinnte go fairsing acu fud fad na hÉireann agus speisialtacht ar leith acu i saothair cheoil iomráiteacha a chur i láthair taobh le saothair nach gcuirtear i láthair ach go hannamh. Mar chuid de choirce ceoil Friends and Neighbours: A Musical Tapestry deintear foinn den scoth a cheiliúradh. Tá súil againn go mbeifear i láthair linn anseo i dteannta le Trio Lyrica le haghaidh tráthnóna speisialta ceoil ó ar fud an domhain.

Dé Domhnaigh, 3ú Márta @ 2pm

Scoil Cheoil Chorcaí

Mar chuid de Cheolchoirm Scoil Cheoil Chorcaí faoi choimirce Bhord Oideachais agus Oiliúna Chorcaí beidh ríont ensembles agus aonreáidithe ó na ranna Práis, Téide, Gaothuirilise & Cnagcheoil ag seinnt réimse leathan ceoil.



Eolas

- 📍 Gach eolas agus ticéid le fáil ó Ionad Cultúrtha an Dr. Ó Loingsigh.
- 📧 eolas@ionadculturtha.ie | www.ionadculturtha.ie | Teil: 026 45733 / 086 104 0688
- 📍 Baile Mhúirne, Maigh Chromtha, Co. Chorcaí. P12 X239



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Dé hAoine, 22ú Márta @8pm

Eoin Ó Riabhaigh & Johnny McCarthy, le Pat Ahern dreas fonn ón CD nua 'Under the Stairs'

Bigí i dteannta linn le haghaidh ceolchoirm den scoth le Eoin Ó Riabhaigh (pib uileann) agus Johnny McCarthy (fidil), le Pat "Herring" Ahern (gíotár) mar aoi speisialta. Sheol Eoin agus Johnny dlúthdhiosca spleodrach 'Under the Stairs' i dtreo deireadh na bliana seo caite, leis an ainm tógtha acu ón áit ina sheinneann siad gach tráthnóna Déardaoin i dtigh tábhairne an Corner House, ar Shráid Coburg i gCorcaigh

Join us for Under the Stairs with Corkonians, uilleann piper Eoin Ó Riabhaigh and fiddler Johnny McCarthy, and special guest Pat "Herring" Ahern on guitar.



Dé hAoine, 30ú Bealtaine @ 8pm

WHERE RIVERS JOIN

Encounter between the conservatoire de musique et de danse of the seine river in normandy and the traditional irish music and dance of the beautiful River Lee.

Tá casadh agus comhcheangal ár dtraidisiúin cheoil agus rince araon mar phríomh-spíoc an tionscadail seo. Tá áthas ar an Conservatoire de Musique et de Danse de Petit et Grand-Couronne, scoil stáit an cheoil agus rince i Normainn na Fraince a ullmhaíonn a cuid mac léinn dá saoi mar cheoltóirí gairmiúla, cuairt a thabhairt ar Ghaeltacht Mhúscraí chun nasc a chruthú idir ceol agus rince an dá cheantair.



Dé Sathairn, 11ú Bealtaine @ 8pm

Ré Órga

Mar chuid den ensemble Ré Órga tá Geraldine Cotter (pianó), Eamonn Cotter agus Cillian Boyd (flúit), Meadhbh Hendrie agus Grainne Cotter (fidil), agus Neil Ó Lochlainn (olddord). Sa cheolchoirm seo, i dteannta le réimse dreas traidisiúnta, beidh saothair nuachumtha, cóiríúcháin ar ábhair chartlainne annamh agus léiriúcháin nua ar fhoinn rince iomráiteacha. Tá an cur i láthair seo ag marcáil seoladh dlúthdhiosca nua le Geraldine dar teideal Ré Órga, ar Raelach Records. Tá na cóiríúcháin cheoil fréamhaithe go domhain sa cheol Gaelach traidisiúnta, go háirithe an ceol a bhaineann le ceantar a hoidhreacht in iarthar an Chláir, le tionchar chomh maith ag teangacha armónacha an tsnagcheoil agus an cheoil chlasaicigh.



4ú-6ú Aibreán

Cruinniú na bhFlúit

Dé hAoine, 26ú Aibreán

Music Network - Matilda Lloyd (trumpa) & Alexandra Whittingham (gíotár)

Beidh dísréach gleoite faoi scáth Music Network i dteannta linn i mí Aibreáin i bhfoirm beirt cheoltóirí óga atá ag tabhairt aghaidh ar dhomhan an cheoil chlasaicigh go fonnmar faoi láthair. Tá an trumpadóir Matilda Lloyd ag fás go gasta mar aonrúdaí ceannródaíoch ar an stáitse idirnáisiúnta le croithe a lucht éisteachta á ngabháil aici trína cuid ceolmhaireachta dúchais agus teicnící virtuoso. Mar dhara leath an dísrigh tá ceoltóirí mórtuáibhseach eile Alexandra Whittingham, ar gíotarái iontach mothúcháin í.

Together the duo present a mesmerising selection of early music repertoire before transporting us to Spain with the sunshine filled music of De Falla. Rejuvenate your spirit with the uplifting tones of trumpet and guitar by catching this stellar young duo while you can.



Dé hAoine, 24ú Bealtaine @ 8pm

Dúchas & Dóchas

Beatha Teanga i a Labhairt, Beatha Amhrán é a Rá! Ó oidhreacht na bhfilí, trí thréimhsí corraitheacha polaitiúla is imirce anuas go dtí athbheochan ceolmhar an lae inniu, tugann 'Dúchas agus Dóchas' ar thuras ceolmhar muid trí 350 bliain d'oidhreacht chultúrtha an Chláir. Seo chugaibh Gáir an Chláir, ós ard, le misneach agus le croí!

Members of the Dúchas agus Dóchas touring collective include: Diarmuid de Faoite, Edel Vaughan, Emer O Flaherty, Philip Fogarty, Therese Mc Inerney & Grainne Cotter.



Dé Sathairn, 27ú Aibreán @ 8pm

Shorelines Trio

Mar chuid den ghrúpa iluirlise Shorelines Trio tá ceoltóirí den scoth, Nuala Kennedy (guth, flúit, feadóg mhór), Tony Byrne (gíotár) & Tara Breen (fidil). I dteannta leo mar aoi speisialta beidh Caoimhín Vallery ar an bpianó.



Dé hAoine, 14ú Meitheamh @ 8pm

Macdara Ó Faoláin & cairde

Thosaigh Pádraic Keane, Páraic Mac Donnchadha & Macdara Ó Faoláin ag seinnt le chéile ag Scoil Samhraidh Willie Clancy cúpla bliain ó shin. Bhí splanc nádúrtha eatarthu agus leanadar leis an seisiún mar nós bliantúil. Tar éis cúpla bliain iontach, bheartaíodar ar albam beo a thaifeadadh leis an bhfuinneamh seo a léiriú. Is as seo a tháinig "Beo".



cht Naomh
i Rince Uí
t ar siúl ach
iúil, Eibhlín
en fhéile seo



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MN Music Network

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arts
ealaíon
traditional arts



Nora Casey, Pat O'Connell and Margaret Naughton of Tara Garden displaying a page of photos from her Garden which features in the Macrooom Seniors Citizens Calendar. Pic Peter Scanlan



Art activities completed by Pupils from Inchigeela NS to celebrate St Brigid's day



Art activities completed by Pupils from Inchigeela NS to celebrate St Brigid's day



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McEgan College : Celine McGrath of Business in the Community Ireland and Lisa Buckley of Boots Ireland & the school of Pharmacy UCC, talking about how business works with 2nd year Business Students.



Sullane FC who defeated Dunmanway. Christopher Ó Deasúna Sullane FC getting a touch on the ball watched by Conor Ó Laighin. pic le Nóra Uí Luasa.

Ice on the Lee at Macloneigh.
Pic. John Kelleher.



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Foireann Scoil Fhionnbarra Béal Átha'n Ghaorthaidh who represented the school in the recent Sciath na Scol quiz



Junior Infants in St Josephs PS Macroom having great fun on their balance bikes.



Foireann Scoil Fhionnbarra Béal Átha'n Ghaorthaidh who represented the school in the recent Sciath na Scol quiz



Mort Lehane and Richad Manning of Macroom Men's Shed were among the volunteers whose efforts were 'caught on camera' by RTE Nationwide, which broadcast the story on Friday 19th January 2024



Swans taking it easy today on the Sullane river. Pic le Nóra Uí Luasa



Mrs Nora Sheehan (102 years old), Codrum, Macroom, praying in her garden grotto, her favourite place in this world. She passed away shortly after this photo was taken. (C. Kelleher)

Cold morning at Carrigaphooca Macroom
Pic. Billy Morrissey






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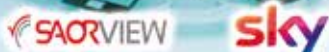
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De bhun an tionscnaimh 'Glaoch Gobnait' i mBaile Bhuirne anuraidh, an chéad teacht le chéile bliantúil d'aon duine darb ainm 'Gobnait', leathnaíonn an ócáid an uair seo isteach i gceiliúradh 3 lá thart ar lá féile an naoimh áitiúil, 11 Feabhra 'I n'dáiríre táimid ag cur iniúl do pobal MhúAzscraí. An tír seo agus pobal na cruinne gach rud atá le rá fé Naomh Ghobnait, chun feasacht an Naoimh leithniú agus áird a thabhairt ar ár n'oidhreacht ársa agus na traidisiún a bhaineann leis sin, ach go h'airtíte an traidisiún beo atá anseo i bParóiste Baile Mhúirne agus, Inis Oirr is áiteanna eile in Éireann a thugann omós agus deabhóid do Ghobnait.

Agus is traidisiún beo é fós sa cheantar, ceann de na traidisiúin bheo dheireanacha ar oileán na hÉireann a bhaineann le iarsma beag adhmaid ón 13ú haois nach bhfuil ar taispeáint ach uair sa bhliain i séipéal paróiste Bhaile Mhúirne. Beidh 25 oilithreach speisialta as Inis Oirr i láthair i mbliana, a thabharfaidh leo curach darb ainm, ar ndóigh, 'Naomh Gobnait'.

Ag tosú sa Mhuileann i mBaile Mhúirne tráthnóna Dé hAoine 9ú Feabhra le blaiseadh beoir "Bragóid Ghobnait" agus Míodh Chionn tSáile (atá déanta de mhíl Mhúscraí), agus Suipéar Speisialta ina dhiaidh sin ina bhfuil táirgí áitiúla, tá sé seo ar fáil do cách le costas €25..le biachlár 'Móchóir' nó €30.00 ar an oíche. Beidh ceól go maidin againn le amhráinthe áitiúla agus ceoltóir óg na dúiche.. spéirbhean ó Chill na Martra, Ellen De Búrca ag scimhint an Cruit is Feadóg le linn na Béile.

Leanann an ócáid ar aghaidh Dé Sathairn 10ú le sraith léachtaí ar an naomh. Buaicphointe na sraithe léachtaí ar maidin sin ná go nochtfaidh an tEaspag William Crean cóip 3D den iarsma, atá déanta ag an dealbhadóir John Hayes de dheasca deontas ó Roinn Oidhreachta Chomhairle Contae Chorcaí. Taispeánfar coipeanna nua seo den dealbh, ó cheann ceann na bliana i séipéal an pharóiste áitiúil.

San iarnóin beidh Comórtas Babhlála Naomh Ghobnait, (ach dóibh siúd ar a dtugtar Gobnait amháin) agus bronnfar Buanchorn Cuimhneacháin Ghobnait Ní Thuama ó Bhéal Átha an Ghaorthaidh ar an buateoir sínsireach. Beidh go leor duaiseanna eile agus féiríní Ghobnait chomh maith.

Ina dhiaidh sin san tráthnóna beidh ceolchoirm speisialta le Emma Langford in Ionad Cultúrtha an Dr Ó Loingsigh. Bhí Emma ina h'ealaíontóir cónaithe anseo agus tá sraith speisialta á seoladh aici go luath, spreagadh a fuair sí ó Ghobnait. Tá an t'amhrán "Abigail" ainmnithe freisin i nGradaim Amhrán ceol Tíre nua chumtha RTE Radio 1 na bliana seo agus gan amhras is í 'Abigail' agus 'Deborah' an Bearla atá ar Ghobnait. Is féidir ticéid a chur in áirithe leis an t'ionadh ar fón (02645733).

Le tóraíocht taisce do pháistí, píosa ceol nuachumtha speisialta le Peadar O'Riada agus léiriú damhsa nua ó scoil Rince Uí Thuama chun an deireadh seachtaine a chríochnú, tá an chuma ar an scéal gurb é Baile Bhuirne an áit le bheith ar an 9-11 Feabhra... le fáilte an-speisialta duit más Gobnait d'ainm. Ar lá Fhéile Gobnait féin, Dé Domhnaigh 11ú, beidh trí aifreann ar siúl sa pharóiste an lá sin agus is féidir sonraí a fháil ar an url thíos.

Féach: <https://gaeltachtmhuscraí.ie/events/>

Paidir Naomh Ghobnait

Go mbeannaí Dia duit a Ghobnait Naofa,
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Is chugtsa a thánag ag gearrán mo scéal leat,
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LIEBHERR

Applications invited for Industrial Coating Apprenticeship

- **Three year programme**
- **A blend of practical and theoretical learning**
- **Opportunity for travel to sister Liebherr companies**
- **Earn while you learn**

Killarney (Ireland), January 2024– Liebherr Container Cranes Ltd. is pleased to announce the continuation of its highly acclaimed Industrial Coating Apprenticeship Programme for 2024. This three year programme provides aspiring industrial coating technicians with the comprehensive training and hands-on experience they need to excel in this rewarding field.

Expert tutorial and international recognition

Under the expert guidance of Liebherr's experienced professionals, apprentices will gain a thorough understanding of the latest industrial coating techniques and practices. The programme's blend of theoretical and practical instruction ensures that apprentices develop a comprehensive skillset.

The apprenticeship covers essential aspects such as surface preparation for coating adhesion, various coating methods (shot blasting, priming, painting), material selection, and quality control inspection and testing. The goal is to provide apprentices with a solid skill set and qualifications that meet or exceed industry standards.

Expanding horizons with Apprentice Exchange Programme

Beyond the classroom and workshops, the apprenticeship programme offers a unique opportunity to broaden horizons through an international apprentice exchange. In the third year of the apprenticeship, participants will have the chance to immerse themselves in the world of industrial coating at Liebherr's sister companies in Austria and Germany. This invaluable experience will provide apprentices with exposure to diverse working environments and enhance their cultural understanding.

Testimonial from a Previous Apprentice

One of the current surface protection apprentices, Cian Casey, is ideally placed to give his insight on the programme.

"I love it. It was tough at the start, but I'm more comfortable now. Everyone has been very helpful, and I work with a great team." Embracing the challenges, Cian finds joy in the changing nature of his work. "I like the challenge; every day is different. I like making progress and looking back at what I've achieved." When asked if he would recommend this groundbreaking apprenticeship, Cian responds with enthusiasm: *"Absolutely, it's an excellent opportunity for young people. A first of its kind in Ireland. The opportunity to work at Liebherr's factories in Austria and Germany is great. It's a brilliant opportunity to build a career."*

How to apply:

To apply, applicants should send an up-to-date CV and a cover letter specifying why they are interested in this apprenticeship to apprenticerecruit.lcc@liebherr.com.

Further documents such as academic results, training certificates, references, project details and awards etc. should also be included.

The closing date for receipt of completed applications is the 1st of March 2024. Applicants should ideally have Junior Certificate English and maths (or equivalent) and must be at least 17 years of age on 01.01.2024.



Flogas and Irish Men's Sheds 'caught on camera' by RTE Nationwide

Energy company Flogas sponsored a 60 strong group of volunteers from its charity partner, the Irish Men's Shed Association, which travelled to Killarney last November from all over Ireland to tackle the invasive rhododendron plant at Killarney National Park. Mort Lehane and Richad Manning of Macroom Men's Shed were among the volunteers whose efforts were 'caught on camera' by RTE Nationwide, which broadcast the story on Friday 19th January 2024.

The volunteers joined forces with the National Parks and Wildlife Service, Killarney Men's Shed and Killarney Meitheal Group for a concentrated attack on the rhodo, which is a serious threat to the native flora and fauna of Ireland. The volunteers were warmly welcomed by local hotels and businesses in Killarney who provided accommodation, food and transport to and from the park.

Flogas supplied hi-vis jackets, goodie bags to the Men's Shed volunteers and sponsored a dinner on



the last night for everyone involved. Flogas also organised for a special guest, Olympian rower Monika Dukarska, to take part in a very interesting and engaging post-dinner 'fireside chat' about her life and career to date with interviewer Jerry O'Sullivan of Radio Kerry.

Louisa-Jane Dupre, marketing co-ordinator with Flogas Ireland said, "Flogas has been a partner of the Irish Men's Shed Association since 2020 and we're delighted to be backing their involvement in this very important sustainable initiative in what is arguably one of the most beautiful parks in Ireland."

Eva Beirne, the national volunteer co-ordinator

for Men's Shed, said, "We were delighted to be back at Killarney National Park and huge thanks to every person and every business who worked so hard behind the scenes to make this project the success that it was. It just wouldn't have happened without all the local support we received. Our volunteers had a wonderful time, there was great camaraderie and bonding doing this very important environmental work restoring native habitats. The message we would like to get out there to men of all ages who may be experiencing isolation or loneliness is that there is a place for every man in a Men's Shed no matter your personal circumstances. The Men's Shed is a place for men to feel included and make long-lasting friendships while engaging in a wide range of activities and projects. Finally, we're thrilled to be part of this community driven project, and the Nationwide coverage will be a huge boost to our members!"

Industrial Coating Apprenticeships

LIEBHERR

Liebherr Container Cranes Ltd.



Liebherr Container Cranes Ltd. are pleased to invite applications for our Industrial Coating Apprenticeships. The only apprenticeship of its kind in Ireland, applicants will earn an internationally recognised qualification upon completion of the three year course. The course is a mixture of the practical and the theoretical with on the job training, workshops and online tuition from the world's leading Industrial coating education providers.

How to Apply

- Applicants should send an up to date CV, and a cover letter specifying why they are interested in this apprenticeship to apprenticerecruit.lcc@liebherr.com
- Academic results, training certificates, references, project details and awards etc. should be included.
- Applicants should ideally have Junior Certificate English and Maths (or equivalent) and must be at least 17 years of age.
- Closing date: 01.03.2024

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A fundraising initiative for Independence Museum Kilmurry

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February 2024

Drop bags outside the museum from 12pm to 5pm on:

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- Friday 16th February
- Saturday 17th February
- Sunday 18th February

Contact 086-0593260 with any queries

- All Types of clothing -adults & children (even clothing with holes)
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- Hats & belts
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- **NO QUILTS OR PILLOWS**
- All items must be CLEAN

All funds raised goes towards the running costs of the Museum & Community Room

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DOGS TRUST IRELAND RECEIVES 412 SURRENDER CALLS SINCE CHRISTMAS DAY

Emaciated puppies dumped in bog as unwanted dog crisis deepens Dogs Trust appeals for support for their 'Save the Next Dog' campaign to continue to help abandoned dogs across Ireland see www.DogsTrust.ie/Crisis

Dogs Trust Ireland has received 412 requests since Christmas Day from members of the public seeking to surrender their dogs into the charity's care. Worryingly, this figure follows on from the 3,968 surrender requests they received last year, the highest volume the charity has seen since they opened their doors in 2009.

The most provided reasons for wanting to relinquish a dog into the care of Dogs Trust are owners not having enough time, accommodation issues and exhibiting unwanted behaviours.

With shelters across the country struggling to cope with the volume of dogs they are being asked to take in and very little space to do so, cases of abandonment are being seen more frequently. Dogs Trust recently took in and cared for two emaciated Pitbull crossbreed puppies who were found at a bog in Donadea, Co. Kildare by a shocked member of the public.

Sandra Ruddell, Assistant Manager at Dogs Trust Ireland explains: "The sight of these two, defenceless little pups with their bones protruding broke my heart. We know there is very little rescue space available at the moment by the sheer volume of dogs we are being asked to take in, but we are begging people not to abandon their dogs, especially young puppies who have very little chance of survival if not discovered quickly."

Corina Fitzsimons, PR & Communications Manager at Dogs Trust Ireland continues: "It's incredibly upsetting to see the increase in dogs being abandoned, especially young puppies. While don't know what would drive someone to abandon them in such a way, it's clear that in their short lives, they



hadn't received the love and care that all puppies need. We are also worried about their mum and if there were any other pups in the litter. However, we're glad these two pups are with us now, so we can nurse them back to health until they are ready to be adopted."

While Dogs Trust was overjoyed to have been able to find loving homes for 1,042 dogs in 2023, they fear that 2024 will bring even more challenges as their resources are stretched to the limit. The charity is appealing for the public to support them being able to 'Save the Next Dog' by donating what they can via www.DogsTrust.ie/Crisis or if they are in a position to foster a dog temporarily, to visit www.DogsTrust.ie/Fostering for more information.



CUSTOMER SUPPORT ROLE



ICBF, through its breeding information service HerdPlus, provides a range of breeding information reports and tools for the Irish Dairy and Beef farmer.

We've made great progress over the last few years, with approximately 25,000 dairy and beef farmers joined up to our breeding information service. We endeavor to provide top class customer support to our current members and potential future members.

About ICBF

- We at ICBF find ourselves in a unique position as we hold the national database for which all information is held on bovine animals in Ireland.
- Our vision in ICBF is to empower sustainable farming through collaboration and excellence in genetics and big data solutions.
- ICBF are a growing organisation of approx. 100 employees split across 8 teams that cover everything from genetic evaluations and farmer support to software development and finance.



To further support our HerdPlus service, we currently have a customer support role opening in our new state-of-the-art offices in Ballincollig, Co. Cork. We are open to full time or part time applications.

The main duties will include the following:

- Provide telephone, email and web support to existing HerdPlus clients.
- Target and recruit new HerdPlus clients.
- General administrative duties as assigned.

Our Candidate Requirements:

- Excellent communication skills.
- Excellent telephone manner.
- Good computer skills including Word & Excel.
- Dependable and flexible, able to work independently as well as part of a team.
- Ability to handle multiple requests and work in a fast paced environment.
- Self-motivated.
- **An interest in agriculture is an advantage but not essential. Full training will be provided to get the successful applicant up to speed.**

How to apply:

If you are interested in the above position, please submit your CV and cover letter outlining why you think you are suitable for the role by emailing careers@icbf.com

Closing date for applications - Thursday 29th February, 2023.

ICBF is an equal opportunities employer.



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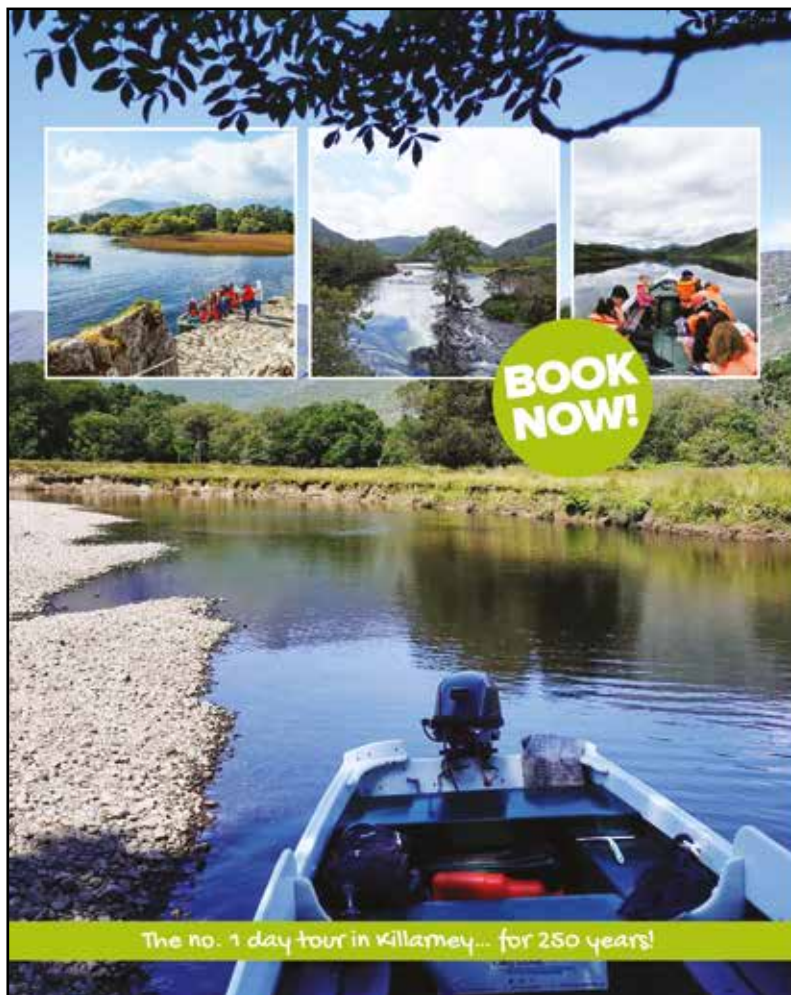
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2023 Glenveagh Homes LGFA Volunteer of the Year Award winners announced.

The Ladies Gaelic Football Association:

The Overall Volunteer of the Year, Margaret Buckley, from the St Vals club in Cork, will receive the Lulu Carroll award, named after the late Lulu Carroll, who was a 2001 All-Ireland senior medallist with Laois.

Lulu, who passed away in 2007, was a committed servant to Ladies Football at club and county levels, and one of the game's most popular and well-known figures. Lulu, a former All-Star recipient, also won eight Leinster titles with Laois, along with six county senior titles and a provincial crown at club level with Timahoe.

Margaret Buckley is a worthy winner of the Lulu

Carroll award, and her work with the St Vals Ladies Football Club is simply unquantifiable. Her volunteering has spanned over 20 years and she is a person synonymous with the St Vals club. Margaret has served in various roles with her club and is she is the epitome of everything that you would look for in a volunteer.

Heartiest congratulations to Margaret Buckley of St Val Ladies Football club on winning Volunteer of the year 2024. Margaret works tirelessly for all the St Vals ladies and is so deserving of this acknowledgment. Comhghairdeas Margaret, enjoy the celebrations.

Margaret Buckley St. Valentines



Overall Volunteer of the Year (Lulu Carroll award)

@officialcorklgfa



Macroom Motors Mid Cork U21 Football Championships 2024 'A' Championship Semi finals:

Ballinora 1-14 Ballincollig 0-16
Éire Óg 1-9 Naomh Abán 1-11
Final: Ballinora v Naomh Abán

'B' Championship

Quarter Finals:
Canovee - a bye
Aghabullogue 0-5 Donoughmore 1-9
Grenagh 1-14 Inniscarra 1-13
Kilmurphy 6-13 Ballincollig B 0-3
Semi Finals:
Donoughmore v Canovee
Grenagh v Kilmurphy

'C' Championship

Quarter finals:
Blarney 6-9 Béal Átha'n Ghaorthaidh 0-11
Macroom 1-11 Cill na Martra 1-8
Clondrohid 2-10 Aghinagh 0-11
Iveleary 2-6 Kilmichael 0-16
Semi Finals:
Blarney v Macroom at Blarney, Saturday Feb 10th, 2pm
Kilmichael v Clondrohid at Annahala, Saturday Feb 10th, 2pm

Ballinora 1-14 Ballincollig 0-16

The clash of Ballinora and Ballincollig in the Macroom Motors Mid Cork U21 'A' Football championship drew a big crowd to Ballymaw and after a marvellous match the up-and-coming home side recorded a rare win over their neighbours who were attempting to make it three titles in a row this year. Ballinora have been working hard at producing young players of quality now for a decade and the results are beginning to manifest themselves at adult level. This win will be a major boost to football in Ballinora.

Ballinora set the tone from the start off and they led 0-4 to 0-2 after 10 minutes with Shane Kingston and Kevin Werner on target. Ballincollig, with points from Brian Keating, Darragh O'Mahony and Callum Sheehan quickly got in front and The Village still led at half time on a 0-8 to 0-7 scoreline after a very entertaining and closely fought opening half hour.

On the restart, Ballinora drew level, but Ballincollig reasserted themselves and went two points clear, 0-10 to 0-8 before the vital moment in the game which

came in the 37th minute when Ballinora got through for the only goal of the game, Michael Quirke racing through the Ballincollig defence before blasting the ball to the net.

Ballinora extended the advantage with Robert Quirke on target, 1-10 to 0-10, and it was 1-12 to 0-12 at the three quarter stage as Ballincollig kept in touch. Five minutes from time the sides were level at 1-13 to 0-16 but Ballinora remained composed and a late point from Michael Quirke put them back in front.

Scorers for Ballinora: R Quirke 0-6 (0-3 f), M Quirke 1-2, S Kingston (f), K Werner 0-2 each, A O'Sullivan, I Quirke 0-1 each.

Ballincollig: D O'Mahony (0-3 f), C Sheehan (0-2 f) 0-4 each, H Ahearne 0-3 (0-1 f), B Keating 0-2, B Dore, C Buckley, P Kelly 0-1 each.

Ballinora : Alex McAllen; David Byrne, Ronan Barrow, Colin O'Flynn; Nahan Davis, James Byrne, Ivan Quirke; Shane Kingston, Adam Laverty; Mark O'Brien, Michael Quirke, Danny Dineen; Kevin Werner, Robert Quirke, Andrew O'Sullivan. Subs: B Mayer 48, P Mayer and S Lyons, both 52.

Ballincollig: D Hurley; O Buckley, D O'Sullivan, D Ward; D Ebili, H Ahearne, B Dore; C Dalton, C Sheehan; S O'Neill, D O'Mahony, C Buckley; J Wills, B Keating, C O'Driscoll.

Subs: P Kelly for Wills (h-t), L Harris for Buckley (41).

Referee: Robert Whelan (Gleann na Laoi).

Éire Óg 1-9 Naomh Abán 1-11

There was no shortage of drama at Ovens for the second semi final of the Macroom Motors Mid Cork U21 'A' football championship. Éire Óg were favourites to win through to their third divisional final in a row but Naomh Abán were not without a quiet confidence in their ability to take on the home side. As it transpired, Naomh Abán forced the pace and led for most of the encounter but Éire Óg were always in touch and a goal five minutes from time had them in front by the minimum, 1-9 to 0-10. Naomh Abán did not yield however, got a point back and then in the 59th minute the outstanding Ed Myers got through for a goal to give the Gaeltacht side victory in a sensational finish.

Éire Óg had started well and had led by 0-3 to 0-1 in the opening stages but two points from Ed Myers levelled matters by the end of the first quarter and they continued to force the pace and led by 0-7 to 0-5 at the break, team captain Daniel Ó Ceallaigh with 0-2 and Macdara Ó Conaola adding another to 0-4 from Ó Mir. It was N Aban leading by 0-9 to 0-7 at the three quarter stage and they did go three points clear subsequently before Éire Óg got what seemed a vital

goal, only for Naomh Abán to take the honours and their place in the final with a late winning goal.

Naomh Abán: Eoghan Ó Luasa; Ciarán Ó Críodáin, Jack Ó Murchú, Shane Ó Horgáin Ó Loinsigh; Ciarán Ó Luasa, Adrian Ó Cathasaigh 0-1, Jeremiah MacSuihbne; Jack Ó Donnchú, Macdara Ó Conaola 0-1; Donagh Ó Loinsigh, Daniel Ó Ceallaigh 0-2, Éanna Ó Laoire; Tomás Ó Críodáin, Ed Ó Mir 1-7, Máirtín Ó Suilleabháin. Fir Ionaid: Dan Ó Luasnaigh 50, Fionnán Ó Britain, Sam Tinsley, Tadgh Ó Ceallaigh, Conor Breen,, Jack MacCarthaigh, Liam Ó Murchú.

Aghabullogue 0-5 Donoughmore 1-9

Donoughmore came to Coachford to take on the home side and quickly showed that they were intent on victory, leading by 0-4 to nil at the end of the first quarter and by 0-6 to 0-0 at half time. Aghabullogue needed to reverse the trend in the second half but instead it was Donoughmore who struck a vital and deadly blow in the 33rd minute when Adam Dinan got through for a goal to put his side nine points clear. Aghabullogue got some points on the board to make it 1-9 to 0-3 with ten minutes to go but Donoughmore remained in control and deservedly go through to the semi final and a clash with Canovee who got a quarter final bye.

Donoughmore: Stephen McSweeney; Frankie Honohan, Josh Crowley, Finn O'Callaghan; Billy O'Sullivan, Kevin O'Connell, Sean O'Hanlon; Cian Buckley, Jack Honohan; Darragh Lawton, Adam Dinan, David O'Connell; Gavin O'Sullivan, Dylan Danniher, David McDonnell.

Grenagh 1-14 Inniscarra 1-13

A thriller at Grenagh ended with the home side just edging the contest with a very late point. There was nothing between the sides all through the first half and a goal from David Coleman ten minutes into the second half was a major boost for the winners. Inniscarra were battling all the way and the sides were level at 1-13 each with time running out. Grenagh got the winner and passage to the semi final and a meeting with Kilmurphy.

Grenagh: Cathal Cronin; Olan Falvey, Jason O'Keeffe, Conor McCarthy; Danny Warren, Paul Ahern, Michael Russell; Ted Twomey, Sean Joyce; Pádraig O'Connell, David Coleman capt, Robert Coleman; Shane Morley, Dan Twomey, Zack Hickey. Subs: Jack Twomey, Seán Browne, Neil O'Riordan.

Kilmurphy 6-13 Ballincollig B 0-3

As the scoreline indicates, Kilmurphy were much too



strong for the Ballincollig 2nd team at Kilmurry. The home side led by 6-6 to 0-2 at half time, Laurence Aisling, Joe McGinn and Denis O'Mullane each having scored two goals and the second half saw the teams merely playing down the clock as the outcome was certain.

Kilmurry: Cian Desmond: Fionn Kelleher, Gearóid O'Mahony, Eoin Keane: Seán O'Leary, Alexander Aisling, Max O'Leary: Laurence Aisling, Rory Duggan: Alan Desmond, Conor Kelleher, Oisín McDonald: Denis O'Mullane, Joe McGinn, Joe O'Mullane. Subs: Michael Fitton, Mark Irwin, Diarmuid O'Donoghue, Martin McCarthy

Clondrohid 2-10 Aghinagh 0-11

Clondrohid had a good win at home over their neighbours. Aghinagh led at half time by 0-5 to 0-3 but the home side got on top in the second half and went point clear with a goal from Sean Murphy at the here quarter stage. When Clondrohid struck for a second goal minutes later, this one from Owen McCarthy, they were in control and even though Aghinagh battled on to the finish they could not get through for the goal they needed to revive their challenge.

Clondrohid: Adam O'Shea: Darragh Fitzgibbon, Aaron

O'Riordan: James Burke, Lorcan Flanagan, Derry Twomey: Owen McCarthy, Fionán O'Leary: Fionn Fitzgibbon, Sean Murphy, Oran Manning: Jamie Hourihan, Cian Kelleher. Subs; Conor Lucey, Alan Neville, Odhran O'Leary, Colin Murphy.

Iveleary 2-6 Kilmichael 0-16

Kilmichael had a good win over Iveleary at Inchigeela with seven of their side contributing to the score board tally. Brian Horgan finished with 0-6 to his credit, including two converted '45's, Tom Browne had 0-3, Danny Horgan 0-2, Isaac Wood 0-2, Diarmuid Kelleher, Zack Ryan and Conor Horgan 0-1 each. Sam Pickering was the outstanding Iveleary performer and finished with an impressive 2-5 to his credit, Brian O'Riordan adding 0-1.

Kilmichael: Dylan Connolly: David O'Riordan, David Lynch: Dylan Lynch, Michael Downey, Isaac Wood: Danny Horgan, Brian Horgan: Cian McCarthy, Tom Browne, Diarmuid Kelleher: Conor Horgan, Zack Ryan. Subs: Conor McCarthy, Sam Wood, Con O'Sullivan, Robert Collins.

Macroom 1-11 Cill na Martra 1-8

This was a closely fought contest at the Castle

Grounds. The teams were level at 0-2 each after seven minutes, Macroom then went three points clear but a Cill na Martra goal from Jack Ó Loinsigh brought the sides together at 1-2 to 0-5 and Cill na Martra went on to lead at the break by 1-4 to 0-5, Jason MacCarthaigh with 0-3 to his credit.

Macroom had three points in a row on the resumption and then a goal from Kieran Doody was a huge boost. Macroom extended their lead to 1-10 to 1-4 before the Gaeltacht side fought back and four points in a row left only two between the sides with ten minutes remaining. Macroom survived a scary goalmouth escape before a late point from Colin Kelleher ease the situation a little for Macroom and they held out to the finish.

Macroom: Nia Koller: Liam McSweeney, Seán Kelleher: Robert Lucey, Ryan Sabas, Cormac Burke: Mark Hunt, Mark Condon; Liam Holland 0-2, Darragh Kiernan, Oisín O'Sullivan 0-5; Kieran Doody 1-2, Colin Kelleher 0-2. Subs: Bobby Murphy, Cian O'Sullivan, Ben O'Connell



Cill na Martra Under 21 team v Macroom, February 3rd 2024



Naomh Abán Fé21 2024



Ballinora U21's



Clondrohid U 21's

2024 Allianz National Football League – Div 2

Jan 28th Donegal 1-20 Cork 2-6 in Ballybofey
Feb 4th Louth 2-9 Cork 0-13 in Ardee
Feb 17th Saturday Cork v Cavan in Cork 4pm
Feb 25th Sunday Fermanagh v Cork in Ederny 2pm
Mar 3rd Sunday Cork v Kildare in Cork 3.30pm
Mar 17th Sunday Meath v Cork in Navan 1.45pm
Mar 23rd Saturday Cork v Armagh in Cork 7pm

2024 Allianz National Hurling League

Feb 4th Clare 1-25 Cork 2-19 in Ennis
Feb 10th Saturday Cork v Kilkenny in Cork 7.30pm
Feb 25th Sunday Cork v Waterford in Cork 3.45pm
Mar 10th Sunday Offaly v Cork in Tullamore 1.15pm
Mar 17th Sunday Wexford v Cork in Wexford 1.45pm

Mar 23rd Saturday NHL semi finals

Clare 1-25 Cork 2-19

Before a crowd of 7,380 on a fine early Spring afternoon in Ennis, Clare deservedly defeated Cork in the opening round of the Allianz National Hurling league and left the Rebels and their management with plenty of problems to ponder before they face Kilkenny at home in the next round. Cork were playing against the strong wind in the opening half and never led, yet still were in real contention all the way helped by two goals, and there was only a point between the teams at the break, Clare leading by 0-14 to 2-7. On the resumption, the real damage was done as Clare, point by point, went six points clear, 0-19 to 2-7 and it took Cork 15 minutes to register a score, a point from a Patrick Horgan free. Cork tried hard but Clare seemed more determined to win dirty ball and were rewarded

with a victory.

Clare had started well and led by 0-9 to 0-3, Cork lamenting a bad miss early on by Robbie O'Flynn who blasted to his near side netting when Patrick Horgan was available and unattended in front of goal.

Cork had a fine goal in the 19th minute, Seán Twomey making a strong run through the middle before parting to Shane Kingston who selflessly parted to the better placed Horgan and the Glen Rovers man blasted to the Clare net from close range. Horgan added a free to cut the gap to just two points, goalkeeper Patrick Collins did well to deflect a shot from point blank range out for a '65' which yielded a Clare point, 0-11 to 1-5 now the score. A superb Cork goal followed, a quickly taken sideline from Horgan to Flynn who then put Tommy O'Connell clear with a brilliantly judged pass, and the Middleton man, operating at wing back, blasted to the net to level the scores. Cork went in a point down at



the break with high hopes of victory.

The concession of avoidable frees on the resumption allowed Clare's Mark Rodgers to hit over four unanswered points in the opening eight minutes and David Reidy made it 0-19 to 2-7. Cork did not score in the second half until the 50th minute, Horgan from a free, but Clare remained in control until a good point from captain Seán O'Donoghue reignited the Cork challenge, points from Horgan and O'Flynn following to leave just four in it. Points were exchanged but the lead was down to just two, 0-22 to 2-14, before

Clare struck for the killer goal from Séadhna Morey. Cork sub Shane Barrett fired over two points but Cork needed a goal and frankly did not look like achieving their aim and Clare kept Cork at arm's length to get off to a winning start.

Mark Rodgers scored 0-10 of his tally of 0-13 for Clare from free pucks awarded for, at times, unnecessary Cork fouling.

Scorers for Cork: P Horgan 1-7 (0-7f), S Kingston 0-3, T O'Connell 1-0, C Lehané, S Barrett 0-2 each, S Twomey, R O'Flynn, C O'Brien, S O'Donoghue, C Joyce 0-1 each.

Cork: Pádraig Collins; Niall O'Leary, Eoin Roche, Seán O'Donoghue (Inniscarra) capt; Tommy O'Connell, Ciarán Joyce, Cormac O'Brien; Brian Roche, Eoin Carey; Shane Kingston, Conor Lehané, Seán Twomey; Robbie O'Flynn, Patrick Horgan, Brian Hayes. Subs: Luke Meade for B Roche (48), Shane Barrett for Hayes (55), Micheál Mullins for Carey (62), Robbie Cotter for O'Flynn (68), Jack O'Connor for Lehané (69).

Allianz Football League Div 2

Donegal 1-20 Cork 2-6

Cork made a losing start to their league campaign with a disappointing defeat away to Donegal in Ballybofey, weather conditions were difficult, heavy rain driven by a strong wind blowing from goal to goal, and Cork chose to face the elements in the first half. Cork set up with a defensive wall close to goal and Donegal had the ability to take some fabulous points from a distance, a feat not matched by Cork, either because of 'the system' or inability by the forwards. Thanks to a well taken goal, Cork stayed in contention up to half time but instead of a Cork onslaught on the resumption when the visitors were aided by the wind, it was Donegal who took up the running once again, piled on the scores and were in control to the finish.

In the ninth minute, Eoghan McSweeney tapped the ball into the net for an easy finish after Ruairí Deane sent a wonderful ball across the square and the Rebels were level after 18 minutes when Brian O'Driscoll's point made it 1-1 to 0-4. Donegal's response was telling with three points in four minutes, points were exchanged, David Buckley then setting up Chris Óg Jones and three more for Donegal made it 0-12 to 1-3 at the interval.

Cork were now aided by the gale in the second half, but it was Donegal who got the first score and they extended their advantage out to eight points. The home side led they led 0-15 to 1-3 after 46 minutes despite playing against the wind. Cork hopes briefly rose when a Donegal loss of possession, with the goalkeeper caught out field, finished with a smartly

taken goal by Chris Óg Jones. The sides swapped points, before the warrior Paddy McBrearty clipped over another point from a free, 0-17 to 2-4 with 14 minutes remaining and the Donegal man really wrapped up the points for his side with a goal seven minutes from time.

Cork scorers: Chris Óg Jones 1-2, E McSweeney 1-0, B O'Driscoll 0-2, S Sherlock (f), M Cronin 0-1 each.

Cork: P Doyle (Knocknagree); M Shanley (Clonakilty), S Meehan (Kiskeam), T Walsh (Kanturk); Luke Fahy (Ballincollig), R Maguire (Castlehaven), M Taylor (Mallow); I Maguire (St Finbarr's), Colm O'Callaghan (Éire Óg); E McSweeney (Knocknagree), D Buckley (Newcestown), B O'Driscoll (Tadhg MacCarthaigh); R Deane (Bantry Blues), B Hurley (Castlehaven), Chris Óg Jones (Iveleary).

Subs: D Cashman (Millstreet) for M Shanley (45), M Cronin (Nemo Rangers) for D Buckley (46), S Sherlock (St Finbarr's) for B Hurley (50), F Herlihy (Dohenys) for R Deane (55), D O'Mahony (Knocknagree) for E McSweeney (63).

Louth 2-9 Cork 0-13

Cork followed up their away defeat by Donegal with another away loss to Louth at Ardee and now instead of hopes of promotion to Div One, it seems that avoiding relegation to Div Three and qualifying for the 2024 Sam Maguire All Ireland will become the Rebels' priority.

Louth had lost a close opening round game away to Armagh and both sides were desperate for a win here but the concession of two goals in three first half minutes was disastrous for Cork's chances of victory.

Cork were aided by the strong wind in the opening 35

minutes, but lost team captain Brian Hurley to a black card after six minutes. Cork still were leading 0-5 to 0-3 when Hurley returned and they led by three points 13 minutes before half time when Louth scored two goals in the space of two minutes, very soft goals to give away from a Cork point of view and the Rebels trailed by 2-4 to 0-9 at the interval.

Louth now had the aid of a strong wind in the second half, but a fine point from Colm O'Callaghan levelled matters. Louth went point up on 46, a Hurley free levelled matters and Eoghan McSweeney edged Cork into the lead with 19 minutes remaining, 0-12 to 2-5. The sides exchanged points to maintain the Cork lead but Louth scored the last three points of the game.

Next up is a home tie against Cavan on Saturday, February 17 with throw-in at 4pm.

Scorers for Cork: B Hurley 0-4 (0-3 f), C Óg Jones, E McSweeney 0-2 each, P Doyle ('45'), T Walsh, C O'Callaghan, M Cronin (f), I Maguire 0-1 each.

Cork: Patrick Doyle (Knocknagree); Maurice Shanley (Clonakilty), Seán Meehan (Kiskeam), Tommy Walsh (Kanturk); Luke Fahy (Ballincollig), Daniel O'Mahony (Knocknagree), Mattie Taylor (Mallow); Ian Maguire (St Finbarr's), Colm O'Callaghan (Éire Óg); Eoghan McSweeney (Knocknagree), Mark Cronin (Nemo Rangers), Brian O'Driscoll (Tadhg MacCarthaigh); Rory Deane (Bantry Blues), Brian Hurley (Castlehaven) capt, Chris Óg Jones (Iveleary). Subs: Darragh Cashman (Millstreet) for L Fahy (h-t), Steven Sherlock (St Finbarr's) for B Hurley, Rory Maguire (Castlehaven) for S Meehan (both 55), David Buckley (Newcestown) for R Deane (58), Blake Murphy (St Vincent's) for Chris Óg Jones (69).

2024 Lidl LadiesGFA National Football League Division 1

Cork 1-6 Armagh 1-8

Cork lost to Armagh in the second round of the Lidl Ladies NFL at Páirc Uí Rinn and they will rue missed chances, particularly in the second half when they kicked seven wides.

Armagh took the lead after just three minutes in when they were awarded a penalty for a foul by Libby Coppinger on Louise Kenny. Aimee Mackin duly dispatched to the top corner of the net giving Sarah Murphy no chance of saving. However, their lead didn't last long with Hannah Looney playing in Daire Kiely for the game's second green flag to make it a goal apiece. Mackin put the visitors back in front with a well-taken free and she increased their lead with their first score from play, to make it 1-2 to 1-0. Katie Quirke, who got all Cork's scores in their previous win against Galway, got off the mark after 12 minutes to put one between the sides.

Cork were finding it hard to stop Mackin as she hit another outstanding score from distance to make it 1-3 to 1-1. Sadhbh O'Leary got Cork's second point to put only one between them again before Quirke

had the sides level after 20 minutes. Just before half time, Sarah Murphy made another great save, before Armagh got the last score of the half to 1-4 to 1-3 at the break.

Emily Druse increased Armagh's lead three minutes into the second half as they started brightly, Cork hit three wides in the first five minutes after the restart. Quirke made 1-5 to 1-4, Armagh opened up the two point gap again, Quirke pointed from a free for the home side with 10 minutes to go but Armagh worked the ball straight down the pitch to put two between them again as Niamh Murray split the posts. McCoy rounded off the scoring as Armagh came out on top by 1-8 to 1-6.

Scorers for Cork: D Kiely 1-1, K Quirke 0-4 (0-1 f), S O'Leary 0-1.

Cork: Sarah Murphy (Bride Rvrs); Melissa Duggan (Dohenys), Libby Coppinger (St Colums), Dara Kiniry (Lisgoold); Amy McDonagh (Naomh Abán), Máire O'Callaghan (Mourneabbey), Daire Kiely (Valley Rovers); Aoife Healy (Cloyne), S Leahy; Ellie Jack (Mourneabbey), Katie Quirke (Bride Rvrs), Sadhbh O'Leary (Kinsale); Lydia McDonagh (Naomh Abán), Hannah Looney (Aghada), Emma Cleary (Éire Óg). Subs: Shauna Cronin (Éire Óg) for L McDonagh (41), E

Hurley for S O'Leary (52), K O'Driscoll for S Leahy (56).

Kerry 2-14 Cork 0-7

Defending champions Kerry had a comprehensive win over Cork on Bank Holiday Monday. Two late goals put the seal on an impressive Kerry performance and Kerry limited Cork to two points from open play.

This was a chastening afternoon for Cork manager Shane Ronayne with his new-look squad going over 20 minutes without a score and unable to get a goal. Kerry enjoyed the benefit of a strong wind but it was Cork who broke the deadlock courtesy of a converted Katie Quirke free and after two Kerry points Quirke's second free made it 0-2 apiece and Laura O'Mahony put Cork back in front. Kerry then took over control and led by 0-7 to 0-3 at the break. In the second half Kerry maintained a 0-10 to 0-5 lead before Shauna Cronin received a yellow card 10 minutes from the end.

Two Katie Quirke frees offered brief respite but Cork were powerless to prevent late two late goals.

Cork scorers: K Quirke 0-6 (0-5 f), L O'Mahony 0-1.

Cork: S Murphy; L Coppinger, S Leahy, D Kiniry; M Duggan, M O'Callaghan (captain), K Redmond;



Amy McDonagh, Shauna Cronin; D Kiely, H Looney, L O'Mahony; S O'Leary, K Quirke, Emma Cleary. Subs: E Jack 42, R Corkery 42, Lydia McDonagh 45, A O'Mahony 45.

Fixtures for February 2024

Sat, Feb 10th @5.30pm U17 H Challenge Cork v Kilkenny in Páirc Uí Chaoimh Sat, Feb 10th @7.30pm

AHL R2 Cork v Kilkenny in Páirc Uí Chaoimh Sun, Feb 11th U20 F R2 Divisional U21 Football Knockout C'ships Wed, Feb 14th Higher Ed Final Sigerson Cup Final Sat, Feb 17th Higher Ed Final Fitzgibbon Cup Final Sat, Feb 17th @2pm U20 F Challenge Cork v Galway in Páirc Uí Chaoimh Sat, Feb 17th @4pm AFL R3 Cork v Cavan in Páirc Uí Chaoimh Sun, Feb 18th @2pm Cork LGFA League Cork v Waterford in

Páirc Uí Rinn Sun, Feb 18th U20 F R3 Divisional U21 Football Knockout C'ships Sun, Feb 25th @1.45pm U20 H Challenge Cork v Waterford in Páirc Uí Chaoimh Sun Feb 25th AHL Cork v Waterford in Cork 3.45pm Sun, Feb 25th @2pm AFL R4 Cork v Fermanagh in Ederney, St Joseph's

Looking Back 2014

Munster Colleges Senior C final

Col Ghobnatan, Baile Mhuirne 2-9 Thurles CBS 0-5 Colaist Ghobnatan, Cork County Post Primary Schools 'C' champions, added the Munster crown to their trophy cabinet by defeating Thurles CBS at a very wet and windy Mallow. Gobnatan's had the wind in the first half and Conor Ó Murchú opened their scoring in the seventh minute with a point. Donal Ó Duinnín added a point and with Micheál Ó Deasúna and Maidhcí Ó Duinnín on top at midfield the Cork boys piled the pressure on the Thurles defence and went in front by 0-5 to nil. Thurles had their first point in the 24th minute but Col Ghobnatan struck a major blow in the last minute of the half when Micheál Ó Deasúna was fouled in the Thurles goalmouth, a penalty was awarded and Diarmuid Ó Ceallaigh slotted home the spot kick to give the Gaeltacht Mhuscraí boys a 1-7 to 0-2 interval lead. A goal from Concur Ó Murchú gave Naomh Gobnatan the perfect start to the second half but then it was the turn of their defence to provide the heroics as they face the wind and rain with Gearóid Ó Luasa and Gearóid Ó Goilí to the fore. Thurles could only manage three points from frees against the massed defence and Col Ghobnatan now go on to an All Ireland semi final against the Connacht champions. Coláiste Ghobnatan: Gearóid Ó Luasa (N. Abán): Ronán de hÍde (NA), Gearóid Ó Goilí (Cill na Martra), Tomás Ó hAilíosa (NA): Eoin Ó Loinsuigh (CnaM), Donal Ó Donnchú (Spa), Aaron Ó Murchú (Crokes): Maidhcí Ó Duinnín (N A), Miceál Ó Deasúna (CnaM): Concur Ó Murchú (NA), Piarais Ó Liatháin (NA), Tadgh Ó Corcora (CnaM): Diarmuid Ó Ceallaigh (NA), Donal Ó Duinnín (CnaM), Damian Ó hUrdail (CnaM). Fir Ionaid: Pádraig Ó Críodáin (CnaM), Gearóid Ó Faoláin (CnaM), Antóin Ó Cuana (CnaM).

Sigerson Cup - Third Level Football Championship

There was major interest in the all Cork clash of UCC and CIT in the quarter final of the Sigerson at the Mardyke but the game was a disappointment with UCC proving to be by far the better team on the day. Eoin O Mahony of Macroom was full back for College and Sean Kiely of Ballincollig an impressive substitute at midfield in the second half. Sean O Connor of Canovee was also on the UCC panel. Cathal Vaughan of Iveleary was the main threat in the CIT attack but beaten at midfield, the CIT forwards were starved of a decent supply of quality ball. John O'Donoghue of Béal Átha'n Ghaorthaidh, Luke Prendergast of Ballincollig and John Corkery of Aghabullogue were also on the CIT panel. There was Sigerson glory for UCC in the final at Belfast when they got the better of University of Ulster, Jordanstown by a single point scored very late in the game. Eoin O Mahony of Macroom was full back for College and was winning his second Sigerson. Sean Kiely of Ballincollig was an impressive substitute at midfield in the second half and Seán O'Connor of Canovee was also on the UCC panel.

Munster Colleges Football Championships Corn Ui Mhuirí - Munster Senior A Semi final

De La Salle Macroom 1-9 St Fachtna's, Skibbereen 1-7 aet.

DLS Macroom got the better of Fachtna's at a wet, cold and windy Ballineen and so have qualified for their third Corn Ui Mhuirí final in five years. DLS went two points clear against the wind through Cian Healy but Fachtna's replied with three points in a row to take the lead. James Moynihan pointed for DLS but Fachtna's had a point in reply and led by 0-4 to 0-3 at the break. Three more Cian Healy points in the third quarter helped DLS to a one point lead but the Skibb boys were beginning to dominate and it was no surprise when they equalised in the 52nd minute. DLS then conceded a goal two minutes from time but they did not throw in the towel and in the dying seconds of the game Seán Kelleher lobbed a high ball into the square, John Murphy prodded it on and Joe Ryan booted the ball over the line to give DLS a sensational equaliser at 1-6 each. In extra time the Mid Cork side showed great spirit and forced the pace. John Murphy and Joe Ryan helped them to a 0-2 to 0-1 interval lead and Seán Kelleher scored the only point of the second half to give DLS a two point winning margin and their passage to the final.

De La Salle, Macroom: Alan Duggan (Clondrohid): Kevin O'Dwyer (Macroom), Sean Kelleher (Aghinagh), Brian McMahon (Macroom): Marco Healy (Kilmurry), Dermot O'Callaghan (Aghinagh), Daniel Cahalane (Kilmurry): Peter Kelleher (Kilmichael), Barry O'Leary (Iveleary): John Murphy (Macroom), William Coakley (Aghinagh), James Moynihan (Canovee): Cian Healy (Newcestown), Joseph Ryan (Kilmurry), Finbarr McSweeney (Iveleary). Subs: Don Creedon (Macroom), David Murphy (Iveleary), Shane Foley (Kilmichael), used and Brendan O'Sullivan (Macroom), Cian Creedon (Clondrohid), Mark Healy (Canovee). Cillian O'Mahony (Macroom), Declan Kiely (Macroom), Sean Cronin (Cill na Martra), Andrew Murphy (Aghinagh), Michael John Grainger (Kilmurry), Olan O'Mahony (Macroom), James Berhanu (Kilmurry), Ronan O'Callaghan (Kilmichael), Robert Downey (Macroom), James Dullea (Kilmurry), Chris Foscett (Macroom), Shane O'Donoghue (Kilmichael), Padraig Hinchion (Kilmurry), Ciarán O'Donoghue (Kilmichael), Denis Coakley (Aghinagh).

Corn Uí Mhuirí final

Pobal Scoil Chorca Dhuibhne 3-14 De La Salle, Macroom 3-9

DLS suffered defeat once again to Dingle at Killarney when the West Kerry boys won their third Corn UI Mhuirí title in a row. This was the fourth year in a row that DLS have had to bow the knee to the winners at either the final or semi final stage.

Playing against the strong wind DLS were very well placed coming up to the half time break, behind by 1-8 to 2-3, the goals coming from a Joe Ryan penalty and the second from James Moynihan. Dingle got

in for a goal in the time remaining and this score inflicted terrible damage on DLS' chances. The Mid Cork side did get the difference down to two points eight minutes from time but a free yielded a point for the winners and they drove on again from there and finished with a flourish. DLS had a third goal in the final seconds from John Murphy, a well worked and finished effort, but it was too late to impact on the result.

De La Salle, Macroom: Alan Duggan (Clondrohid): Kevin O'Dwyer (Macroom), Dermot O'Callaghan (Aghinagh), Brian McMahon (Macroom): Marco Healy (Kilmurry), Sean Kelleher (Aghinagh), Daniel Cahalane (Kilmurry): Peter Kelleher (Kilmichael), Barry O'Leary (Iveleary): John Murphy (Macroom), William Coakley (Aghinagh), James Moynihan (Canovee): Cian Healy (Newcestown), Joseph Ryan (Kilmurry), Finbarr McSweeney (Iveleary). Subs: Don Creedon (Macroom) and David Murphy (Iveleary), used and Shane Foley (Kilmichael), Brendan O'Sullivan (Macroom), Cian Creedon (Clondrohid), Mark Healy (Canovee). Cillian O'Mahony (Macroom), Declan Kiely (Macroom), Sean Cronin (Cill na Martra), Andrew Murphy (Aghinagh), Michael John Grainger (Kilmurry), Olan O'Mahony (Macroom), James Berhanu (Kilmurry), Ronan O'Callaghan (Kilmichael), Robert Downey (Macroom), James Dullea (Kilmurry), Chris Foscett (Macroom), Shane O'Donoghue (Kilmichael), Padraig Hinchion (Kilmurry), Ciarán O'Donoghue (Kilmichael), Denis Coakley (Aghinagh).

Munster Senior B Football Final:

Colaiste Choilm, Ballincollig 1-10 Hamilton High School, Bandon 1-10

A goal in injury time deprived Col. Choilm of victory in the Corn An Uachtarán final, played under lights at Cloughduv. The Ballincollig side led at half time by 0-5 to 0-4 and the sides were level for the fifth time before Col Choilm hit the front again in the 41st minute. A goal from Cian Kiely gave the Mid Cork side a 1-10 to 0-8 lead in the 50th minute and they had chances to ease further in front but Hamilton's rallied and in injury time got the vital goal to save the day.

Coláiste Choilm: Christopher Kelly (Eire Óg): Kevin O'Regan (Ballincollig), Kevin O'Sullivan (Ballincollig), Patrick Cronin (Ballinora): Denis Murphy (Éire Óg), Michael Lordan (Ballinora), Darragh McCarthy (Eire Óg): Aaron O'Raw (Inniscarra), Ronan O'Toole (Eire Óg): Liam Collins (Inniscarra) (0-1), Seán O'Donoghue (Inniscarra) (0-5, 0-3 frees), Seán Curzon (Kilmurry): Cian Kelly (Ballincollig) (1-2), Conor Hughes (Canovee) (0-1), Donnadh Kelly (Eire Óg) (0-1). Sub: Declan Hyland (Inniscarra).

Munster B Colleges Football Final (Replay)

Coláiste Choilm, Ballincollig 2-10 Hamilton High School, Bandon 0-11

Col Choilm won their first Munster Senior B title under lights at Cloughduv in a game of quality football. Donncha Kelly had a goal for the Ballincollig



school to level matters in the 8th minute and had another two minutes later to give his side a two point interval lead. They were never led in the second half and were fully deserving of their historic victory.

Coláiste Choilm: Christopher Kelly (Eire Óg): Kevin O'Regan (Ballinora), Kevin O'Sullivan (Ballincollig), Patrick Cronin (Ballinora): Denis Murphy (Éire Óg), Michael Lordan (Ballinora), Darragh McCarthy (Eire Óg): Aaron O'Raw (Inniscarra), Ronan O'Toole (Eire Óg): Liam Collins (Inniscarra), Seán O'Donoghue (Inniscarra), Seán Curzon (Kilmurry): Cian Kelly (Ballincollig), Conor Hughes (Canovee), Donncadh Kelly (Eire Óg) Sub: Declan Hyland (Inniscarra).

Post Primary Colleges Football

All Ireland Senior 'B' Football Final- Col. Choilm Triumph!

Coláiste Choilm, Ballincollig 1-11 Scoil Aodháin, Glasnevin, Dublin 1-10

Cork Colleges Senior 'A' champions (Simcox Cup) and Munster Senior 'B' champions, Col. Choilm, Ballincollig are now All Ireland 'B' champions as well after this thrilling victory in their first ever Paddy Drummond Cup final at Croke Park in the Masita All-Ireland Post Primary Schools Senior B football final.

The Mid Cork school failed to score in the final ten minutes but super-sub Declan Hyland's 49th minute goal within seconds of his introduction proved to be enough for John O'Shea's men.

St. Aidan's had started the game the better of the two sides when Conor Kavanagh found the net inside two minutes. However, Col. Choilm were level after 12 minutes thanks to points from Sean O'Donoghue (2) and Aaron O'Raw.

The Dublin school continued to create the better chances without ever pulling away and the two sides exchanged points right up to the half-hour mark when it looked like they would go in level. St. Aidan's though finished the half the stronger and points from Aaron Elliott and Gavin King saw them take a two-point lead into half-time; 1-4 to 0-5.

Col. Choilm levelled things up within two minutes of the restart thanks to two close-range frees from their outstanding captain Seán O'Donoghue but they couldn't get their noses in front and three unanswered points in a five-minute spell from Scoil Aodháin put the Dublin boys in control.

Once again though, the Cork school answered with three points of their own before an inspired substitution changed the game; Declan Hyland finding the back of the net within 30 seconds of his introduction to make it 1-11 to 1-8 after 49 minutes to give Col. Choilm the lead for the first time in the game. It was a goal worthy of the occasion, the Inniscarra youth soloing twenty metres before unleashing a bullet of a drive to the far corner of the Sc. Aodháin net.

This time it was St. Aidan's turn to fight back but two missed frees didn't help their cause. However, the free taker made amends with two points in the space of a minute to bring his team back within a single point with three minutes left to play. However they failed to find the target again and it was the Mid Cork school who were celebrating on Saturday evening.

Scorers for Ballincollig: Sean O'Donoghue 0-6 (0-4f), Declan Hyland 1-0, Cian Kiely 0-2 (0-1f), Denis Murphy, Daire McCarthy and Aaron O'Raw 0-1 each.

Scorers for Scoil Aodháin: Conor Kavanagh 1-4 (0-3f) Cathal Doran, John Connell and Aaron Elliott 0-2 each.

Coláiste Choilm: Christopher Kelly (Eire Óg): Kevin O'Regan (Ballinora), Kevin O'Sullivan (Ballincollig),

Patrick Cronin (Ballinora): Denis Murphy (Éire Óg), Michael Lordan (Ballinora), Daire McCarthy (Eire Óg): Aaron O'Raw (Inniscarra), Ronan O'Toole (Eire Óg): Liam Collins (Inniscarra), Seán O'Donoghue (Inniscarra), Seán Curzon (Kilmurry): Cian Kiely (Ballincollig), Conor Hughes (Canovee), Donncadh Kelly (Eire Óg) Subs: Declan Hyland (Inniscarra) (49th Minute). E O'Shea and M O'Leary (Ballincollig) (60 mins).

Munster Colleges U16 'B' Football Championship

De La Salle, Macroom 4-12 Col Treasa, Kanturk 2-4 DLS defeated Kanturk at Cloughduv in the opening round of Corn na gColáistí. Ted O'Leary and Mark Healy got early goals to get DLS off to a good start but they were under pressure when they conceded two goals to their opponents. The score at the break was 21-7 to 2-2 and DLS improved in the second half, inspired by a great performance from Trevor Tobin, ably assisted by Alan Quinn and Cathal Foley.

De La Salle: Jamie McCarthy (Kilmichael): Tadhg Twomey (Clondrohid), Jack Cronin (Macroom), Conor Flanagan (Clondrohid): Josh Pickering (Uibh Laoire), Ted O'Leary (Aghinagh), Liam Wall (Kilmurry): Alan Quinn (Macroom), Cathal Foley (Kilmichael): Blake O'Gorman (Macroom), Trevor Tobin (Kilmichael), Mark Healy (Canovee); Cathal O'Riordan (Macroom), Jack Murphy (Canovee), Kevin Murphy (Kilmichael). Subs: Caleb Dineen (Macroom), John O'Mullane (Kilmurry).

Allianz National Football League

Cork defeated Kerry in their seventh and final Division One league game. Cork swatted away old rivals Kerry at Austin Stack Park, Tralee with a clinical second-half display to set up a semi-final meeting with Dublin. The Rebels scored 2-17 from play, with Paul Kerrigan netting just before half-time and substitute Colm O'Neill adding a second goal in the 50th minute.

Cork led 1-07 to 1-06 at the break and Kerry were torn apart after that with Brian Hurley scoring 0-08 for Cork.

Cork's League Record: P 7 W5 D1 L1 Scores For 142-Against124

Cork: Ken O'Halloran; Michael Shields (capt), Jamie O'Sullivan, Tom Clancy (Clonakilty); James Loughrey, Paddy Kelly, Damien Cahalane (0-01); FINTAN GOOLD (Macroom) (0-1), Andrew O'Sullivan; Colm O'Driscoll (0-01), Mark Collins, Paul Kerrigan (1-02); Barry O'Driscoll, Brian Hurley (0-08, 0-01f), John Hayes (0-02).

Subs used: Colm O'Neill (1-1), Donncha O'Connor (0-1), DANIEL GOULDING (Eire Óg)(0-1), Tomas Clancy (Fermoy), MICEAL Ó LAOIRE (Naomh ABÁN), Rory O'Sullivan.

Dublin 2-20 Cork 2-13

Dublin delivered a huge statement of their intent for the year ahead with a hugely impressive Allianz League semi-final defeat of Cork at Croke Park. After being totally outplayed in the first half, and conceding two early goals, Dublin trailed by eight points at the break and went 10 down at the start of the second half. However, a lucky Michael Darragh Macauley goal in the 40th minute sparked a quite remarkable turnaround. By the 53rd minute, Dublin were still 2-13 to 1-11 down, but they hit 1-9 without reply, including a 65th minute Diarmuid Connolly penalty, in the closing stages to seal an incredible win.

Cork looked to have had the game won inside the first seven minutes. Colm O'Neill smashed home a trademark shot after a superb move involving Paul Kerrigan and Daniel Goulding, before the Rebels were

gifted a second goal when Dublin 'keeper Stephen Cluxton failed to deal with a high Brian Hurley ball and allowed Mark Collins to tap into the empty net. Hurley, the Castlehaven star, scored five brilliant points from play in the first half and the Rebels 2-9 to 0-7 ahead at half-time.

Cork added to their tally at the start of the second half with scores from Jamie O'Sullivan and Daniel Goulding before the Dubs got a massive stroke of luck on 40 minutes when Philly McMahon's shot struck a post and fell into the grateful arms of Macauley, who finished superbly.

The goal sparked Dublin into life. Davy Byrne blazed over the bar and substitute Bernard Brogan lofted over two frees before Paddy Kelly gave the Rebels some reprieve with a score in the 53rd minute. It proved to be their last of the game as Dublin had the bit between their teeth and drove on to a resounding victory.

Scorers for Cork: B Hurley 0-5, C O'Neill 1-1, M Collins 1-1, D Goulding 0-2 (0-1f), D O'Connor, F Goold, P Kelly, J O'Sullivan 0-1 each.

Cork: Ken O'Halloran; Michael Shields, Jamie O'Sullivan, Tom Clancy; James Loughrey, PATRICK KELLY (Ballincollig), Damien Cahalane; FINTAN GOOLD (Macroom), Andrew O'Sullivan; Mark Collins, Donncha O'Connor, Paul Kerrigan; DANIEL GOULDING (Eire Óg), Brian Hurley, Colm O'Neill. Subs: J O'Rourke(44), A Walsh(49), J Hayes(55), NOEL GALVIN (Ballincollig)(60), Tomás Clancy(63), K O'Driscoll(72).

Munster U 21 Football Championship Final

Cork 1-18 Tipperary 3-8 Cork clinched a fourth successive Munster U21 football title as they withstood a determined challenge from Tipperary in the decider in Páirc Uí Rinn and despite conceding three goals, Cork advance to an All-Ireland U21 semi-final meeting with Roscommon on Saturday April 19th in Portlaoise.

SEÁN KIELY struck a crucial second-half goal for Cork while corner-forwards Dan McEoin and Alan Cadogan hit 0-5 apiece.

Cork had dominated the opening half and had raced into a 0-10 to 0-3 lead by the 23rd minute. However Tipperary then had a goal and only trailed by 0-12 to 1-5 at the interval. The early stages of the second-half were dominated by Tipperary as they grabbed their second goal and two points soon after tied the teams at 0-13 to 2-7 by the 40th minute.

However Cork settled their challenge with three points in reply and then JOHN CORKERY placed KIELY who unleashed a thunderous left-foot shot to the net in the 49th minute.

Scorers for Cork: Alan Cadogan, Dan McEoin (0-4f) 0-5 each, Sean Kiely 1-1, Brian O'Driscoll 0-3 (0-1f), Kevin Crowley 0-2, Mark Sugrue (0-1f), John Corkery 0-1 each.

CORK: Micheál Martin (Nemo Rangers); Jamie Davis (Douglas), Conor Dorman (Bishopstown, capt.), Stephen Cronin (Nemo Rangers); Brian O'Driscoll (Tadhg MacCárthaigh), Seán White (Clonakilty), Kevin Crowley (Millstreet); Kevin Fulignati (Nemo Rangers), Ian Maguire (St. Finbarr's); Killian O'Hanlon (Kilshannig), Mark Sugrue (Bandon), SEÁN KIELY (Ballincollig); Dan MacEoin (Ilen Rovers), JOHN CORKERY (Aghabullogue), Alan Cadogan (Douglas). Subs: Killian McIntyre (Carrigaline)(42), David Harrington (Adrigole)(52), Kevin Kavanagh (Carrigaline)(55), Sam Ryan (St Finbarr's)(60), Darragh Murphy (Valley Rovers)(60).

CATHAL VAUGHAN (Iveleary) was not considered for



selection as he is out through injury.

Electric Ireland Munster Minor Hurling Championship

Quarter-Final Cork 5-26 Kerry 0-9 Cork cruised into the semi-final stage of the Electric Ireland Munster MHC with a 32-point victory over Kerry in the opening round clash at Páirc Uí Rinn and now advance to a semi-final tie against Limerick.

Cork in front by 1-14 to 0-3 at half-time and the result was never in doubt in the second-half as Cork fired home four further goals.

Scorers for Cork: Luke Meade, Eoghan Keniry 2-4 each, Dayne Lee 0-7, Sean Hayes 0-6 (0-5f), Billy Dunne 1-0, Tomas O'Connor 0-3, David Meaney, Diarmuid Buckley 0-1 each.

Cork: Patrick Collins (Ballinhassig); Cian Walsh (St. Finbarr's), SEÁN BOURKE(Grenagh), Eddie Gunning

(Na Piarasigh); Shane O'Brien (St. Catherine's), Alan O'Callaghan (Blackrock), Darren Browne (Kanturk); SEÁN O'DONOGHUE (Inniscarra), Daniel Meaney (Blackrock); Luke Meade (Newcestown), TOMÁS O'CONNOR (Inniscarra), Dayne Lee (Na Piarasigh); Mark Dolan (Douglas), Sean Hayes (Mallow), Eoghan Keniry (Killeagh-Ita's). Subs: Darren Casey (Charleville) (41), Billy Dunne (Fr O'Neills)(41), Diarmuid Buckley (Newtownshandrum)(44), David Dooling (Glen Rovers)(48), Joseph O'Sullivan (Ballygiblin)(53).

Electric Ireland Munster Minor Football Championship

Quarter-Final The Cork Minor Football team selected to play Limerick in the Munster Championship was: Colm O'Driscoll (Castlehaven): Cian O'Donovan (Clonakilty), Kevin Flahive (Douglas), Sean Powter (Douglas): Tom Bushe (Ilen Rovers), Daniel Meaney

(St. Michael's), CIAN KIELY(Ballincollig): Sean O'Leary (Bantry Blues), Brian Coakley (Carrigaline): SEAN O'DONOGHUE (Inniscarra), MAIDC Ó DUINNÍN (Naomh Abán), Seamus Ronayne (Clyda Rovers): Shane Kingston (Douglas), Michael Hurley (Castlehaven), Damien Buckley (Ballyclough). Subs: Anthony Kidney (Passage West), Alex Hassett (Ilen Rovers), JOHN MULLINS (Eire Óg), MICHAEL LORDAN (Ballinora), David O'Neill (Mayfield), Chris Moynihan (Gabriel Rangers), Gary Murphy (Castletownbere), Michael Cottrell (Newmarket), Martin Collins (Kilmacabea).

Management: Donal O'Sullivan (Castletownbere) – Manager, TOM DORGAN (Ballincollig – coach), Michael Comyns (St. Finbarr's), ANDREW MCCARTHY (Inniscarra), Paul Holland (Argideen Rangers)

LAOCHRA ÓG 10TH ANNIVERSARY CELEBRATIONS



On Sunday, 28th Jan Laochra Og celebrated their 10th Birthday. A large crowd assembled at Ballymacorcoran the location of the club's new pitch development.

The site is located 4 km outside Macroom on the Millstreet road, north of Clondrohid. The large crowd were made up of club members, past and present committee members, supporters and Laochra Og neighbours.

The development consists of two pitches. One championship size sand-based pitch and a smaller training pitch. They hope to have a phased opening starting in the Spring of this year. The club has run several fund-raising events over the last few years to develop the site with assistance from Sports Capital. Laochra Og have a thriving club lottery, Laochra Lotto, with a current jackpot of €17,200.

The club's current chairperson, Ian Keoghan

On Sunday, 28th Jan Laochra Og celebrated their 10th Birthday

addressed those in attendance, thanking everyone for their support and coming to the event. For many it was their first time to see the pitches and surrounding development. People were surprised by the advanced state of the development which is due to the hard work, time, and effort of the pitch development subcommittee. The chairperson continued to thank Michael & Nora McCarthy and Colaiste Ghobnatan for the use of their facilities over the last 10 years and their kindness towards the club. He also acknowledged the strong relationship between the clubs nearest neighbours, Pat and Margret Buckley.

The clubs founding chairperson and current coaching officer, Liam Slattery also took the opportunity to reflect on the past achievements on and off the pitch. He described the clubs' humble beginnings and the challenges faced by the club since, now with

a membership of 400 players across both hurling and camogie. Despite the club's infancy the club and its players have achieved silverware and currently we have several of the camogie players making a name for themselves at county level.

Like all club events, it takes many to make it happen. The club would like to thank the secretarial team, Mary Kelleher, and Marguerite Murphy for taking the lead on organising the event and rallying the wider committee to help setup and run the event. Thanks to Neilus Murphy for supplying the birthday and Nora Ni Luasa our photographer on the day.

As always, new members are welcome. For further information or to get in touch you can follow us on all the social media platforms or visit our website www.laochraog.com



Some of the present committee. Pic le Nóra Uí Luasa



Liam Slattery cutting the 10th anniversary cake. Pic le Nóra Uí Luasa



MACROOM SOCCER CLUB



Macroom FC U14 schoolgirls who beat Kilkenny side Thomastown Utd. AFC in the National Cup Trophy last 3



Macroom FC U12A schoolboys who defeated College Corinthians at Castletreasure.

Condolences

Macroom FC would like to offer our sincere condolences following the sad and untimely passing of Barry Moloney. Barry had a long association with soccer in Macroom and he made a large contribution to Macroom FC throughout his life. He was a member of the very first Macroom FC team to win a league title when the Cork AUL Second division was captured back in 1988. Barry also served as vice chairperson during that period and later he was involved in coaching with the club. A hugely popular Macrompian who will be missed by all who knew him. Our deepest sympathy to Barry's wife Ulli, daughter Jill, son Lukas, his brothers and sisters and the extended Moloney family.

Munster Senior League Div 2, Macroom 3 Mallow Utd AFC 3

Those in attendance at Murray Field were certainly treated to an entertaining spectacle. The Seniors will be bitterly disappointed to have only earned a share of the spoils. Within a chaotic six minute second half period, Macroom surrendered a three goal advantage to ten man Mallow United.

Macroom started this one brightly. A dazzling run from Matty Juszcak on the right flank won a hard earned corner. On 5 minutes, Shane Meaney's inswinger was half cleared before he latched on for a second attempt. His curling effort nestled beautifully into the top corner, leaving the visitor's number one with no chance, 1-0 Macroom. Mallow responded well but, some great work from John James Healy and Blake O' Gorman in the middle of the park, weathered the storm.

On 16 minutes, Juszcak looked to have doubled the lead. His deflected effort looping high, before finishing on the wrong side of the crossbar. Macroom were operating efficiently, Lawrence Asling and Dylan Twomey were linking up well with just the minimum still between the sides. On 24 minutes, Macroom would extend their lead. Juszcak's fine delivery from the corner ball found the head of Healy, who made no mistake with the finish to the bottom

corner, 2-0 Macroom.

The intensity levels were ramped up here and Mallow were working their way into this. On the half hour mark, Michal Wójcik was called into action with a fine save following an indirect free kick. Macroom continued to battle and Twomey did brilliantly to win a penalty on 33 minutes following good hold up play. Healy's effort from 12 yards was well saved.

Macroom started the second half brightly. On 48 minutes, Healy looked to have added Macroom's third but his curling effort came crashing off the woodwork. The hosts continued to push on with half-time introduction Alex Asling offering another dimension on the left flank. On the hour mark, the visitors were reduced to 10 men following an altercation in the middle of the park. Macroom capitalized on the numerical advantage as Juszcak added a third for Macroom. Some fine work in the middle of the park allowed him the space, before an outstanding finish to the top corner, 3-0 Macroom. Mallow earned themselves a lifeline on 78 minutes.

A deft ball in from the left wing, headed goalwards before being bundled over the line, 3-1. The visitors showed signs of a resurgence and won a penalty on 82 minutes. Mallow made no mistake from 12 yards, 3-2. Within minutes, Mallow had the comeback complete. An inswinging corner was half cleared before the final effort nestled in the bottom corner, 3-3. With time still on the clock, this tie was still in the balance. Both sides went in search of a 7th and decisive goal, however this contest finished all square.

Macroom will be scratching their heads as to how they let this lead slip away. However, with two huge games left in the initial round robin, Macroom will have to pick themselves up and go again.

Schoolboys Round Up

The U12 schoolboys entertained Wilton United and although defeated played a huge part in an entertaining encounter. The final score was 4-3 to the visitors and the entire Macroom squad gave a great account of themselves. Goals were scored by Eoghan

O' Sullivan, Tom Minehane and Tiernan Knight Desmond. The U12A lads had a fantastic win away to College Corinthians on a 3-2 scoreline. This was another closely contested game and Macroom goals came from Blake Deasy, John Murray and Donagh Murphy in a top squad outing. The U14B side had a fantastic 3-1 away win over Mthelstown based Park Utd. Macroom led 1-0 from Ben McCarthy's penalty after Daragh McSweeney saw his goal bound header handled on the line. The visitors doubled the lead in the second half when Oliwier Krzepina saw his shot take a deflection and beat the keeper. Park responded and scored from a corner after a period of pressure. But Macroom sealed the 3 points when the influential McCarthy released Krzepina to score. Another fine win from the entire squad with captain Ryan Lehane and defender Ajay Cronin doing well. Thanks to coaches and parents. The U14A team hosted Wilton Utd A at the Town Park and narrowly lost out in 1-0 in a close game. Good performances here from Cathal Lyons, Fionn Fitton, Darragh Manning and Ramon Fuentes Quintero.

Youths

The U18s headed to Castletreasure for a league game v College Corinthians and came away with an excellent 2-1 win in blustery conditions. Macroom were playing into the strong wind but managed to go ahead on the half hour. Mark Condon did well to win a free kick. It was expertly delivered by Fionn Fitzgibbon and Luke Ring headed beyond the keeper. Soon after, Aaron Forde in the Macroom goal made a fine save to deny an equaliser. In the second period the home side improved and managed to sneak a leveller midway through the half. It was anyone's game now and Corinthians enjoyed a period of pressure but Macroom defended diligently. Slowly the visitors retook control and a free outside the box was awarded. Rowan Kelleher stepped up and struck a beauty via the upright to give Macroom a precious lead which they held until the final whistle. A great result, well played all.

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IRISH TILLAGE AND HORTICULTURAL SECTORS CAN BENEFIT WITH INCREASED USE OF NEW GENOMIC TECHNIQUES - MEP KELLEHER

Fianna Fáil MEP Billy Kelleher has said that this week's vote on New Genomic Techniques (NGTs) is of pivotal importance for the Irish tillage and horticultural sectors.

Kelleher, a member of the Environment, Climate Action and Public Health (ENVI) Committee was speaking during the European Parliament's plenary session in Strasbourg.

"This NGT legislation is very important. It has the capacity to ensure that in the future fewer pesticides will be needed to maintain production levels or even increase yields by ensuring that plants and crops are bred to become resistant to certain diseases.

"In terms of how it will affect farmers, it may lead to increased yields and lower input costs for plant

protection products.

"Furthermore it will help Irish agriculture to continue to exceed the pesticide reduction targets as contained in the Farm to Fork Strategy which set a target of a 50% reduction by 2030.

"On a more global scale, the use of NGTs will ensure better food security in less developed countries, reducing the risk of famine.

"On issues such as New Genomic Techniques, we need to be led and informed by the science underpinning the technology. We cannot allow emotions or outdated viewpoints to determine how we farm and feed the planet into the future.

"Equally, we cannot continue to place demands and obligations on farmers without giving them

the opportunity to access all the tools available to meet the challenges.

"We can of course increase consumer confidence by ensuring appropriate labelling while still enabling the new plant breeds to be used. There is a balance to be found helping farmers and at the same time maintaining the confidence of the citizens and consumers," concluded Kelleher.



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A Word of Victory

Welcome back dear student, "...do not say, 'Why were the old days better than these?' For it is not from wisdom that you ask about this" (Ecclesiastes 7:10). Sometimes we long for the past, for how things used to be. A song, a smell, or a place can evoke wistful feelings of happier times - nostalgia about the good old days. It's great to have our happy memories but often sentimentality makes us only think about the past as all good times - only partly real, and partly fantasy. It's a strange world we are living in. The craziness going on can make one fearful, especially for the younger generations and the confusion and chaos they are growing up in. But God has appointed each one to be on this earth (as was said of Esther) - "for such a time as this" (Esther 4:14). Esther was a young teenage girl whom God placed as queen over Persia during a time when His people came under threat of extermination. Esther had no experience and no knowledge on what to do. But she was humble and teachable, and she sought God's counsel on how to navigate through the terror facing them. And God answered and gave her wisdom and favour, causing the enemy's plans to be overturned and victory and safety secured. This was all accomplished through prayer, fasting, and seeking God's wisdom and protection.

All of us are passing through this life. We are stewards (Psalm 24). Custodians of the legacy of generations past and future. Last week we saw how people store up riches or plan for retirement but fail to plan spiritually. The greatest legacy we can leave is to cover our children in prayer and God's blessing. God told Solomon "if My people who are called by My Name will humble themselves and pray and seek My face and turn from their wicked ways, then I will hear from Heaven, and forgive their sin, and heal their land" (2 Chronicles 7:14).

God's Word still stands today, it doesn't have an expiration date. What He said then is still true (Matthew 24:35). Every human being has God's signature in our DNA. In all the searching for happiness and peace it's really God we are searching for; to know Him because He has placed a desire for eternity in our hearts. Solomon wrote "...Yet God has made everything beautiful for its own time. He has planted eternity in the human heart, but even so, people cannot see the whole scope of God's work from beginning to end. So, I concluded there is nothing better than to be happy and enjoy ourselves as long as we can. And people should eat and drink and enjoy the fruits of their labour, for these are gifts from God. And I know that whatever God does is forever. Nothing can be added to it or taken from it. God's purpose is that people should fear him. What is happening now has happened before, and what will happen in the future has happened before, because God makes the same things happen over again - calling the past to account" (Ecclesiastes 3:11-15).

We may long for 'the way we were' in times past, but these days - as Gladys Knight sang, will become 'the good old days for our children'. We must complete the call upon our lives by humbling ourselves before God and crying out for His help so that our children will fulfil their purpose and have the strength to stand (Isaiah 54:13). God is so Faithful and He will deliver us from evil in Jesus' Name. Amen.

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8TH ANNIVERSARY



In loving memory of a beloved husband cherished Dad and devoted Grandad.

MICHAEL P. O'SULLIVAN

Ballyvoige, Kilnamartyra whose 8th anniversary on the 18th February

Our hearts are full of memories, with pride we speak your name. Though life goes on without you, it will never be the same.



Fondly remembered by his loving wife Mary, daughters Margaret, Norma, Michelle, Sinead and Claire, and sons Peter, Sean and extended family.

Anniversary Mass for Michael in Kilnamartyra Church on Friday 16th February at 7pm.

2ND ANNIVERSARY



In loving memory of

SALLY MC HENRY MURPHY

An Moinear, Ballinagree, Macroom, Co. Cork and late of Donegal Whose 2nd Anniversary occurs on February 15th 2024

We think about you always, We talk about you still, You have never been forgotten and you never will. We hold you close within our hearts and there you will remain, to walk and guide us through our lives until we meet again.



Sally's anniversary Mass will be in Ballinagree Church on Sunday February 11th 2024 at 11am.

Loved and missed by your husband Pat, sons Robert, Colin, Hugh and their families.

10TH & 5TH ANNIVERSARY



In loving memory of our dear Mam and Dad whose Anniversaries occur around this time

MARY O'REGAN

Who died on 18th February, 2014.

DANIEL O'REGAN

Who died on 1st March 2019

Codrum, Macroom

In Memory of Mam and Dad

"We look back in fondness everyday, At the joyful times we had No one could wish for such a perfect pair As our special Mam and Dad"

We are grateful for what you taught us And we're grateful for your love And we know that you watch over us From the heavens up above

Although you're missed so dearly And so many tears we've cried It is so sweet and fitting That you sleep softly side by side

You shared your love, you shared your life Many precious times together Now you will spend eternity Hand in hand forever."



Lovingly remembered by Michael, Gobnait and Owen

XXX

3rd ANNIVERSARY



In loving memory of
**KATHLEEN
 (KITTY) CURTIN**
 Macroom.
 (formerly of Carriganima
 and Aghabullogue)
 Who died on February 21st 2021

*Do not stand at my grave and weep
 I am not there. I do not sleep.
 I am a thousand winds that blow.
 I am the diamond glints on snow.
 I am the sunlight on ripened grain.
 I am the gentle autumn rain.
 When you awaken in the morning's hush
 I am the swift uplifting rush
 Of quiet birds in circled flight.
 I am the soft stars that shine at night.
 Do not stand at my grave and cry;
 I am not there. I did not die.*



Kathleen is remembered by
 her loving family

6th ANNIVERSARY



In loving memory of
**DERMOT
 HORGAN**
 Raleigh South, Macroom

*Those we love don't go away,
 They stand beside us everyday,
 Unseen, unheard but always near,
 So loved, so missed, so very dear.*



Lovingly remembered by his wife
 Margaret, Sons: Derry, John & Finbarr
 and his Daughter in law Martina.

14TH ANNIVERSARY



In loving memory of
**NORMA
 O'CALLAGHAN**
 O'Connor Park, Masseytown,
 Macroom
 Who died 21st February 2010

*We miss you every day,
 But today,
 it feels like everything,
 we do,
 is just here to remind us,
 We are living without you.*



Always remembered by her husband
 Dan, sons John & Paul, daughters Emer &
 Niamh, sons in law, daughters in law and
 grandchildren.

3rd ANNIVERSARY



In loving memory of
**HUMPHREY
 (HUGH) HURLEY**

Carrigadrohid, formerly from
 Farnanes. RIP

*We thought of you with love today,
 But that is nothing new.
 We thought about you yesterday
 And days before that, too.
 We think of you in silence.
 We often speak your name.
 Now all we have are memories
 And your picture in a frame.
 Your memory is our keepsake
 With which we'll never part.
 God has you in his keeping.
 We have you in our heart.*



Always remembered by Jerry and John,
 daughter in law Margaret, grandchildren
 Mary and Joseph

5TH ANNIVERSARY



In loving memory of
**NORMA
 MCCARTHY**
 Pound Cross, Crookstown
 Who died on the 17th February
 2019.

*It broke our hearts to lose you,
 But you did not go alone.
 For part of us went with you,
 the day God called you home.
 You left us beautiful memories,
 Your love is still our guide.
 And though we cannot see you,
 You are always by our side.*



Sadly missed and remembered fondly
 every day by her husband Denis,
 children Eugene, Denise, Liz and James,
 daughters in law Lorna and Elaine, son in
 law James and her grandchildren.

5TH ANNIVERSARY



In loving memory of
**DAN
 LYNCH**
 Togher Ballymakeera
 Died on 22nd January 2019

*When you think of Dan today
 A little prayer to Jesus say*



Remembered by Bertie & Joan O Leary
 & Family

35TH ANNIVERSARY



In loving memory of
BILLY MURPHY
 Barrett Place, Macroom
 Who died on the 11th Feb, 1989

*Don't cry for me now I'm gone
 For I am in the land of song,
 In laughter and in sorrow
 In sunshine and through rain.
 We know you are watching over us
 Until we meet again.*

St Abbey pray for him.



Sadly missed by his loving wife Noranne
 and family.

**Also remembering his sister Mary and
 his brother Mike.**

7TH ANNIVERSARY



In loving memory of
**NOEL
 O'KEEFE**
 Schronagare, Clondohid, Macroom
 Who died on
 12th February 2017

*Those we love don't go away,
 They stand beside us everyday,
 Unseen, unheard but always near,
 So loved, so missed, so very dear.*



Lovingly remembered by
 your wife Mary and family

MEMORIALS
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FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

DENIS MCCARTHY

Candrome, Kilnamartyra, Macroom, Co. Cork, who died on the 18th February 2023

As we lovingly remember Denis on his first anniversary, his wife Lena, daughters Reena, Sheila, Angela, and son Anthony, together with their families wish to express our heartfelt gratitude for all the support, love and kindness shown to us over the past year. To our extended families, dear friends, kind neighbours and community we are sincerely appreciative. Thank you to all who visited our homes, brought food and refreshments and helped at the house. To those who came from near and far to attend the ceremonies or sent mass cards, letters of sympathy, phone-calls or messages of condolences, we thank you.

A special thank you to Ger, Trish and staff of Macroom Mart for your prompt action, help and dignified care shown to Denis and to our family. A sincere thank you to Fr. Joe O'Mahony, the emergency and ambulance services, Macroom Fire Department and na Gardai for their help. A special thank you to Fr. John Collins for such a meaningful funeral Mass, sacristan Jackie, and Lydia for the beautiful music and to those who helped with traffic management. Thank you to Fr. Sean McCarthy for the rosary. We are grateful to Cyril Casey funeral director and staff for their professionalism, kindness and guidance throughout the funeral. Thank you to the management and staff at the Abbey Hotel for the lovely meal after the service.

As it would be impossible to thank everyone individually please accept this acknowledgement as a token of our sincere appreciation. The Holy sacrifice of the Mass will be offered for all your intentions.



Denis is fondly remembered, loved and greatly missed today and everyday.
Ar dheis Dé go raibh a anam dílis.

Denis's First Anniversary Mass will be celebrated on Sunday 25th February at 11.30am in Naomh Lachtain's Church, Kilnamartyra.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

MICHAEL F. PURCELL

Coolehane, Macroom, Cork. who died on 19th February, 2023

As we lovingly remember Michael on his first Anniversary, his wife Mary, his children, brother, sisters, brothers in law, sisters in law and their extended families wish to express our gratitude and sincere thanks to all our friends, and kind neighbours who sympathized with us during that difficult time. Especially those who travelled to attend the funeral and removal.

A special thanks to his Carers, both at home and in Cahereen Nursing Home. Thanks to Fitzgerald's undertakers, the Doctors of Sullane Family Practice, the Priests of the Parish, the Sacristan, Vocalist and Organist.

The Holy sacrifice of the Mass will be offered for all your intentions. As it would be impossible to thank everyone individually, please accept this acknowledgement as a token of our sincere thanks and gratitude.



5TH ANNIVERSARY



In loving memory of

MARGARET (PEG) O' SHEA

7 O'Mahonys Terrace Dripsey Co Cork Died 11-02-2019.

Too dearly loved to be forgotten



Lovingly remembered
Your Sister Joan,
Nephew John & Mary.

4th ANNIVERSARY



In loving memory of

GERARD SHEEHAN

Chapel Rd, Coachford Who died on 10th February 2020

*Remembering you is easy
I do it every day.
Missing you is heartache
that never goes away.*



Remembered always and sadly missed by Sheila.

6TH ANNIVERSARY



In loving memory of

JAMES O'SULLIVAN

Horsmound, Ballinagree, Macroom Who died on the 15th February 2018

*Those we love dont go away,
They walk beside us everyday.
Will those who think of him today
A little prayer to Jesus say.*



Missed, and always remembered, by your loving wife, Phyllis and family.

8TH ANNIVERSARY



In loving memory of

TOMMY KELLEHER

Moulnahorna, Carriganima, who died on the 14th of February 2016.

*As each day dawns, we think of you
As each night falls, we pray for you
And throughout our lives,
no matter where
In our hearts, you are always there.*



Always remembered and sadly missed by your son Kevin, daughter in law Denise and grandchildren Angel, Chloe and Daniel.

8TH ANNIVERSARY



In loving memory of a dear father and grandfather.

TOMMY KELLEHER

Moulnahorna, Carriganima, who died on the 14th of February 2016.

*As time slips by
and life goes on,
But from our hearts
you're never gone.
We think about you always,
we talk about you too,
We have so many memories.
but all we want is YOU.*



Always remembered and sadly missed by your son Anthony, daughter in law Amanda and grandchildren Sadhbh, Fiadh and Gearoid.

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **MM**

An t8ú Cuimhneachán



DAN LUCEY

Bun Coille, Sliabh Riach, Baile Mhúirne.

D'éag 04.02.2016

I ngean chuimhne ar fhear cinéalta, a sholaigh le dúthracht is grá dá chlann,

Suaimhneas síorraí ar d'anam uasal Daid, Gur i gcomhlúadar do mhuintir bhreá is i bhfoluain na Naomh atáir.

Máire is do chlann.



8TH ANNIVERSARY



Cherished memories of a dear husband and father

CON KELLEHER

Dooneens, Rylane, Co. Cork
Who died 12th February 2016

We lost a husband and father with a heart of gold, how much we miss him can never be told. He shared our troubles and helped us along, if we follow his footsteps we will never go wrong.



Remembered always by Concepta, Ann, Mort and Celina

40TH ANNIVERSARY



NANCY BARRETT

Who died on 18th February 1984



JOHN BARRETT

Who died on 30th December 1984

In loving memory of

New Street, Macroom

Time and years slip quietly by, But love and memories never die. In my heart you will always stay, Loved and remembered everyday.



Never forgotten Ann

8TH ANNIVERSARY



In loving memory of a dear father and grandfather.

TOMMY KELLEHER

Moulnahorna, Carriganima, who died on the 14th of February 2016.

We lost a Father and Husband with a heart of gold, how much we miss him never be told.

He shared our troubles and helped us along, If we follow his footsteps we will never go wrong.



Sadly missed and never forgotten by his loving Wife Ann, Son Stephen, Jennifer Tommy and Skye.

8TH ANNIVERSARY



In loving memory of

JIM MURRAY

Lackaduve, Clondrohid.
Who died on February 8th 2016

Those we love don't go away They walk beside us every day Unseen, unheard but always near Still loved, still missed and very dear.



Always remembered by his wife Nora, daughters Marie and Caroline, son Jim and their families.

2ND ANNIVERSARY



In loving memory of

GRETA BUCKLEY

Castlemore
Died on 8th February, 2022

We meet you in that special place Where no one else can go A place so dear to each of us We visit to and fro

A precious place for us to meet Sharing stories old and new We take a walk down memory lane To spend some time with you



Fondly remembered today and always by her loving Sons, Daughters and extended family.

17TH ANNIVERSARY

In loving memory of

BRIAN PATRICK KELLEHER

Ballytrasna, Lissarda, Co. Cork
who died 11th Feb 2007

Your smiles we miss Your laughter we treasure Loving you always Forgetting you never



From his loving family.

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **MOR**

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