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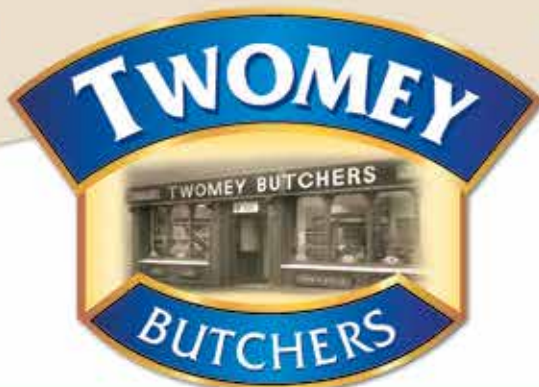
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# Get in Touch...

Don't be a stranger If you have an article, photo or story you wish to share, email:

**leevalleyoutlook@macroom.ie**

If you cannot access physical copies, the LVO can be viewed online at: <https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions

will be published in the following edition. As always submissions as Gaeilge are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you would like to submit an article as bearla nó as gaeilge, please feel free to email us here on leevalleyoutlook@macroom.ie, we would love to hear from you.

*Go raibh maith agaibh, Peter & Gráinne*

**For Advertising email Des. E: des@outlookmags.com**  
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## MACROOM PLOUGHING MATCH 2024

**Macroom Ploughing Club held their annual match on Sunday Jan 7 on the lands of the Lane family Tullig Coachford, an excellent site. Thanks to the Lane Family and all involved.**

Nearly 60 competitors took part, one of the largest entries in a long time, with many young competitors, which is great to see. The sun shone from early morning, so it was all systems go.

A large crowd attended to see the best of ploughing by these talented competitors. A great day out was had by all and hospitality flowed from the catering tent.

The club would like to thank all who competed, and all who helped in any way to make it a success. A special word of thanks to all sponsors, and to all who contributed generously at the gate. Thanks to Judges and stewards, and officers from West Cork County. Thanks to Riordan's in Coachford for supplying meals to competitors and helpers. To Coolcower House where people gathered for results, finger food and a good old chat about the day.

### Some Results:

**Senior:** Kieran Coakley, Jim Grace, Ger Kirby

**U 28:** Jamie Hayes, James O'Sullivan, Niall O'Driscoll and Noel Nyhan

**3 Furrow Conventional:** Matthew Coakley, Kevin O'Driscoll, Kevin O'Riordan

**Senior Reversible:** Liam O'Dreiscoll, Jer Coakley, Ml. Wycherly

**3 Furrow Reversible:** Padraig Walsh, Patrick

Buckley, Ger Lawlor

**Ladies:** Ellen Nyhan, Katie Hayes

**Horse:** Moss Trant, JJ Delaney

**Local 3 Furrow Reversible:** Patrick McCarthy, Kane O'Connor, William Lynch

**Local Beginners:** Paul Downey, Ronan Murphy, Jerry Cronin, Louise Cronin.

**Local standard:** Michael Buckley, Gerard Kelleher.



Michael Buckley who came 1st in the Local 3 Furrow Standard at Macroom Ploughing at presentations in Coolcower House



Ronan Murphy 2nd in the local 3 furrow beginner class



Deirdre Coakley presenting her father's cup to Billy O'Connell on behalf of Moss Trant in the Horse section of Macroom Ploughing



Patrick McCarthy 1st local 3 furrow reversible with the Sean Coakley cup at the Macroom Ploughing recently.

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VIEWING ADVISED

### COOLDERRIHY, KILMICHAEL, MACROOM, CO. CORK, P12XD74

Killian Lynch Auctioneers are pleased to offer this spacious 4 bedroom residence with a detached garage on C.1 acre. The property which comprises of C.2810 sq ft was constructed in C.2007 is in excellent condition throughout and will make a beautiful family home. The house comes with a B3 energy rating making this an efficient home and also making the property eligible for a green mortgage, situated in a beautiful countryside scenic setting, the house is located on C.1km from Kilmichael, C.10 minutes drive south west of Macroom and only C.30 minutes from both Cork city and Killealey. BER B3 (113662290)

GUIDE PRICE: €385,000



TO LET

### FAIR GREEN PLAZA, MACROOM, CO. CORK

Killian Lynch Auctioneers are pleased to offer this C.710 sq. ft commercial unit which is suitable for office or medical use. The property is situated on the 1st floor and has stairs and lift access. The property is ready to be fully fitted out and is situated adjacent to Dunnes, Boots Pharmacy and an established medical practice. This unit is only walking distance from Macroom town centre, to Cork city.

PRICE ON APPLICATION



NEW TO MARKET

### RUSHGREEN, BAWNMORE, MACROOM, CO. CORK, P12AX98

Killian Lynch Auctioneers are pleased to offer this cosy 3 bedroom traditional farmhouse and outbuildings on C.0.5 acres. The property which is in brilliant condition throughout expresses a quirky, homely feel to it and is hidden away in its own peaceful corner consisting of C.1270 sq ft living accommodation throughout this is a rare opportunity to own your own unique property only C.7km from Macroom town and C.35 minutes drive to Cork city. Viewings are highly advised.

BER: C3(117120642)

GUIDE PRICE: €295,000



NEW TO THE MARKET

### CAHERKEREEN, KILNAMARTYRA, MACROOM, CO. CORK

Killian Lynch auctioneers are pleased to offer this newly constructed 4 bedroom house comprising of C.1900 sq ft living accommodation. The house which is situated adjacent to Kilnamartyra village, C.10 minutes from Macroom and C.30 minutes from Cork city is an A3 rating making it eligible for a green mortgage. The house is a fantastic opportunity to acquire a newly built house in the countryside. GPS: 51.902432, -9.079657

BER: A3 (117088377)

GUIDE PRICE: €320,000



NEW TO THE MARKET

### COOLDANIEL, TOAMES, MACROOM, CORK

Killian Lynch auctioneers are pleased to offer this C.46.5-acre farm holding which comes with a variety of old stone outbuildings and also it has the great benefit of an old derelict farmhouse which may also qualify for a €70,000 renovation grant. The land is south facing and is an excellent quality grazing farm. The property which is located in a cul de sac setting has extensive road frontage and is only C.10 minutes' drive to Macroom town and C.30 minutes' drive from Cork city.

GPS: 51.859954, -8.998722

GUIDE PRICE: €350,000



FINAL OFFERS TUESDAY 30TH OF JANUARY AT 12PM

### GORTNAREA, INCHIGEELAGH, MACROOM, CO. CORK

Killian Lynch Auctioneers are pleased to offer this C.20-acre parcel of land situated C.10 minutes west of Inchigeelagh village and C.20 minutes west of Macroom town. The property is all in one block and only a short stroll from the famous lakes of Ballygeary surrounded by a most beautiful scenic setting. The property comprises of C.11.61 acres low-lying grazing land with and C.8.98 acres mountain land. The property has been newly fenced with some ground works also carried out on the land.

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AMV: €100,000



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# MACROOM GIRL GUIDES

**Ardilaun Guides practiced their cooking skills using Trangia cookers at their last meeting in preparation for the Regional Outdoor Cookery Day.**

Their choice of menu was pancakes all round. Following a demonstration to their Patrols on the use and safety aspects of a Trangia, the Patrols Leaders gathered their utensils, and the Guides made their batter. Then everyone went outside to set up their stations and cook their pancakes. There were many variations of sizes in the cooking, but all enjoyed their food and are looking forward to their next night cooking outdoors.

Ardilaun Ladybirds were busy making indoor tents at their meeting while Ardilaun Brownies were busy with teamwork activities.

When a girl becomes a member of Irish Girl Guides she is joining a group of girls of her own age and will be led by our trained and dedicated volunteer Leaders. The benefits of being a member of the largest organisation in the world for girls and women are wide and varied. Girl Guiding offers our members a chance to explore interests, develop confidence, reach her potential, travel



**Ardilaun Ladybirds practising their indoor tent building on Monday 15.01.24 at their weekly meeting.**

internationally and follow her dreams, all while having fun.

Girls and women can gain qualifications within the Irish Girl Guides and can build great friendships with like-minded community-oriented people. Our members develop good self-esteem and learn resilience in a world full of challenges by overcoming their fears, supporting others,

learning skills and participating in events with other people.

**For further information on Guiding in Macroom please contact [macroomguides@gmail.com](mailto:macroomguides@gmail.com)**



**Ardilaun Guides practising their outdoor cooking skills on Friday 19.01.24 at their weekly meeting**



**Ardilaun Guides practising their outdoor cooking skills on Friday 19.01.24 at their weekly meeting.**



**The Tiny Feet Fairy Garden is a Finalist in the Cork County Council Best of Cork Awards in the Best Tourist attraction (Free Admission) Category. The results will be announced in county Hall in February.**

Over the last couple of weeks volunteers have been busy litter picking around town, taking down Christmas lights and Tree in the Square.

Along with the Tiny Feet Fairy Garden an infra-red space heater was purchased for use in the hub. On

all Tidy Towns vehicles, some project signs and the post box in the Hub QR Codes were laminated on. They have to be scanned on phone and you will have access to Website, Facebook, X(Formerly Twitter) and Instagram in one scan.

We work all year round and other things going on in the background such as applying for project funding and organising our spring planting programme and other projects.

## Macroom Flower Club

**Macroom Flower & Garden Club will hold it's AGM at Coolcower House on Thursday 8th February 7.00p.m followed by Mini Floral Demonstration at 8.00p.m.** Annual Membership due on the night. Gardening Talk on Thursday 14th of March 8.00p.m. New Members and Visitors Welcome Further information re Membership, Garden visits, AOIFA Floral Art Classes, Workshops, contact 087-9821708.

Thursday April 4th Floral Demonstration by Malcolm Kitt AOIFA at Coolcower House 8.00p.m. Club Competitions & Sales Table.





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# Meet The Clubs Day

What new things can you do in Macroom in 2024...



Macroom and District Lions Club members at last year's event Back row L-R Tony Kelleher, Jo-Anne Cotter, Martin Lucey, Dedan Sheahan. Front row Deirdre Moriarty Buckley and Liam Walsh. Pic credit Con Kelleher



Macroom Judo Club stand at last year's Meet The Clubs Day in Macroom. Pic credit Con Kelleher

### 21st January 2024

Do you really know what is on in Macroom? There is an abundance of community groups, clubs, organisations, charities and societies doing amazing things right across the Macroom area. Macroom and District Lions Club wants YOU to learn more about the many different things you can do in your local community. **'Meet The Clubs Day' is a FREE family-friendly event taking place at the Leisure Complex, Macroom on Saturday 10th February from 12noon - 3pm.**

'Meet The Clubs Day' is an opportunity for the many local clubs, societies and organisations to be in the same place at the same time, giving the people of Macroom a rare chance to meet the clubs that they might like to be a part of. The event will feature a wide variety of clubs and organisations that people might like to join, participate in or even volunteer with - whether it is for fun, fitness, recreation, or simply just to be involved!

Macroom and District Lions Club, is delighted to be organising this event with the support of Macroom Credit Union to promote community engagement and involvement as well as reduce isolation and loneliness for people in the

community. Complimentary tea and coffee will be available on the day and plenty of chat, catch ups and networking is guaranteed!

This year's event will be the third Meet The Clubs Day held in Macroom by the local Lions Club and its success in previous years has resulted in a wide variety of groups coming on board. Blood Bike South and a new local Volleyball Club are just two of the new groups joining the event this year.

Meet The Clubs Day is a unique opportunity for people of Macroom and it is also a great opportunity for the participating clubs and groups to expand their membership and gain new volunteers as well as raise awareness of the work they do. Last year's event marked the initiation of the new Macroom Branch of the Irish Guide Dogs for The Blind - when the national charity had a stand at the event, it discovered there were many people in Macroom who wanted to be involved in their work. And so, the new Macroom Branch was founded and they have been doing great work since.

The Lions Club is already excited to see the number of clubs and groups that have booked their stand for 10th February. Some of these include: Lee Valley

Enterprise Board, Macroom Tidy Towns, Aghinagh Comhaltas, Macroom Handball and Racquetball Club, Ballincollig Trailblazers Inclusive Rugby Club, Macroom Mission of Love for the Homeless. Any clubs or groups interested in having a presence at the event can contact Macroom Lions Club to book their place. Check out the Macroom and District Lions Club on social media or email [macroomlionsclub@gmail.com](mailto:macroomlionsclub@gmail.com).

Declan Sheehan, President of Macroom Lions Club says, "Everyone is invited to come and discover the many wonderful activities happening in the Macroom area. On the day, there will be a great mix of clubs and organisations appealing to people of all ages, backgrounds and interests. So whether you're interested in learning a new skill, joining a group of like-minded people, volunteering your time, or simply becoming more active in the community, then 'Meet The Clubs Day' is a must!"

**For more information about 'Meet The Clubs Day', or to book a stand for your club, please contact Macroom Lions Club on Facebook or Instagram. You can also send an email to [macroomlionsclub@gmail.com](mailto:macroomlionsclub@gmail.com) or call 087 4370466.**



Macroom Men's Shed at last year's Meet The Clubs Day in Macroom. Pic credit Con Kelleher



Macroom FC members at last year's Meet The Clubs Day L-R John Ronan, Connie Foley and Darragh Deasy (1)





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**S20**

STRAITÉIS 20 BLIAIN DON  
GHAELIGE 2010-2030  
Ár dTeanga, Ár bPobal

# MCEGAN COLLEGE

**Pre-Exams:** Leaving Cert, LCA & Junior Cert Students are preparing presently for the final hurdle which is the State examinations in June 2024. The Pre-Exams begin for the Leaving Cert on February 1st, LCA6 & JC begin on February 6th. Free revision classes provided by UCC due to the link McEgan College has with the university through the UCC Plus Programme have begun in many Leaving Cert subjects including Maths, Irish, Physics & Business. There are 100 hours of free tutoring in total on offer for the students across all subjects between here and May. Senior Cycle Students have had visits during the term before Christmas, from many third level colleges. They received information about the various courses and application procedures. Maeve Minihane of UCC spoke to parents about accommodation options and the SUSI grant at the CAO information night. 6th year students have been processing CAO applications since November 5th but must complete this by 1st of February. Students applying for either the Higher Education Access Route (HEAR) or the Disability Access Route (DARE) must do so by March 1st and submit all documents to the CAO by March 15th. Those who wish to pursue an apprenticeship will find everything they need to know on [www.apprenticeship.ie](http://www.apprenticeship.ie). Furthermore, Cork College of Further Education and training will hold its annual open day in its Bishopstown campus on the afternoon of Wednesday 13th of March.

**Advice for students on study techniques:**

Effective study techniques are crucial for success in Leaving Cert exams. Firstly, organization is key—create a realistic study schedule, breaking down subjects into manageable chunks and allocating time for each. Active learning strategies, such as summarizing information in your own words, creating flashcards, and teaching concepts to someone else, help solidify understanding. Utilize

visual aids like mind maps to condense complex information and enhance memory retention.

**R22 Trip to Panto:** On 11th January, Room 22 students had an incredibly exciting day at the Panto on a trip to Cork Opera House. "Jack and the Beanstalk." The show was absolutely mesmerizing, and it had everyone in the audience spellbound. The talented cast, including Nanny Nellie, the dashing Jack, Jill, and even a talking/singing cow, brought the story to life with their exceptional performances. The students were captivated by the music, dance, and glittering costumes throughout the show. A big 'Thank You' to Garda Doyle and the Bandon Community Bus for ensuring a safe and comfortable journey for our students. Their support and assistance made this trip a memorable experience for everyone.

**Chess Club:** Chess Club is one of the many clubs which meet at lunchtime. Students meet in Room 11 and play chess or Draughts. Many of the students are new to the game but are making good progress under the watchful eye of Ms. Blavin.

**Word Millionaires:** 1A3 enjoyed a movie and treats this afternoon to celebrate winning the JCSP initiative 'Word Millionaire'. They beat off stiff competition from the other first year classes to be the first class to reach reading a million words in a week. Well done to all participants and a special thanks to our JCSP Co-Ordinator Ms. Noonan for organising this literacy-based competition. It promoted students' love of reading and encouraged them to read more often. 1A3 certainly enjoyed their reward today, supervised by their English teacher Ms. Morris and SNA Deirdre Cronin.

A word of thanks to our Parents Association: Following on from a very successful bingo fundraiser in the school before Christmas, the PA kindly paid for a new table tennis table for our

students. Table tennis is very popular among some students and no doubt plenty of matches will take place during the lunch breaks. We hope to run tournaments over the coming weeks and maybe the next Tommy Caffrey, Irelands most capped Table Tennis player, could be in the pipeline.

**SPORT NEWS:** McEgan College made their first ever appearance in the under 19 girls soccer cup. Played on a cold but bright January Monday, it didn't take long for our girls to warm as Brogans put early pressure on. Nora Kate O Leary made a number of excellent saves, and we defended very well lead by our centre halves Isabel Roberts and Lauren O Sullivan. Maya O Mahoney and Clodagh Byrne were doing well on our wings and Aisling O Leary was becoming more influential as the game went on. A great move involving Kate Buckley and Amy Cronin put Niamh O Callaghan through on goal, but Brogan's keeper saved well. Unfortunately, before half time, Brogans took the lead to leave it one nil at half time. We started the second half brightly but conceded and as the girls grew tired, Brogans added further goals. Well done to all involved, it was great to see many of the younger girls get involved and we hope to build on this going forward.

**Girls Basketball:** On Friday 19th of January our first-year girls basketball team got their season off with a game against St. Mary's Macroom. Some excellent basketball was on display by both teams. McEgan led in the first quarter, but St. Marys won the second quarter. It was an uphill struggle for the McEgan girls after that. Well done to all and congrats to St. Marys who secured the win. Our next game in next Thursday 25th at home against Nano Nagle College, Cork.



Local company Cygnum recently visited McEgan College to speak about opportunities available in their company. Pictured from left are Conor O'Donovan 6th yr, James Cronin (Wood Technology teacher), Alice McCarthy HR Cygnum, Piotr Raczka Production Manager Cygnum, Mary B Manning (Guidance Counsellor) and Elijah Roberts 5th yr student.



First year students enjoying the new Table Tennis Table purchased by the Parents Association.

## Macroom Trout Fly Angler Association

- 1st: Aine Walsh c/o Eugene McCarthy
- 2nd: Denise & Donagh Murphy, Carrigagulla, Ballinagree.
- 3rd: Michael Twohig, Supervalu, Kanturk
- 4th: Nora Kate O' Leary c/o Denis O' Leary
- 5th: Den c/o Ian Godfrey
- 6th: Kate Murray, Murray's Bar
- 7th: Con Malone, Farran.
- 8th: Greta Linehan, Barrett Place, Macroom.
- 9th: Shonagh Lynch, 2 Carrigbán, Killarney Road, Macroom.

- 10th: Steven Hanley, Innishannon.
- 11th: Daisy Murphy c/o Dinger.
- 12th: Jimmy Morrissey, Tower.
- 13th: Fionn O' Sullivan, Doonisky.
- 14th: Terri Morrissey, Tower.
- 15th: Alan c/o Cyril Boggins.
- 16th: Pam Blanche, Mountmellick, Co Laois.

*Macroom Anglers would like to thank everyone that supported our annual draw and wish everyone a wonderful 2024.*

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# ST MARY'S NEWS

## BT YOUNG SCIENTIST AND TECHNOLOGY EXHIBITION 2024

We are so extremely proud of the achievements of our Science department at this year's BT YSTE. Firstly, an amazing 25 students took part in this year's competition which is an absolutely outstanding achievement. The girls were so successful in Dublin this year. Eugenie Kelleher won third place in the Individual Social and Behavioural Sciences category for her project titled "An investigation into the effect of Artificial Intelligence Aids on learning achievements, creativity, and innovative thinking in Irish secondary school students." Ellie Walsh, Leah Bradley, and Tara Lane won the Sustainable Transport Award for their project on the Macroom bypass titled: "I can't wait for the bypass!" - An investigation into whether the N22 Baile Bhuirne-Macroom bypass really benefits the locals of Macroom." This is St Mary's 2nd year in a row winning this same award sponsored by eflow for the best project in the field of transport! Ella White and Amy McCullagh received a highly commended award for their project titled: "Wilder farms-An investigation into farmers attitudes towards rewilding and reforestation of farmland in Ireland". The success of these brilliant minds reflects not only their hard work but also the guidance of their devoted teachers, Ms. Butler and Ms. Foley. We applaud the entire team for their inspiring accomplishments!

## ISSU SUSTAINABLE DEVELOPMENT GOALS and Me.

On the 12th of January, three students, Emily Mehigan, Liadan O'Regan and Aine O'Leary attend an ISSU 'SDGs and Me' event in UCC. The girls took part in walking debates, negotiation workshops, listened to guest speakers and even

got the opportunity to listen to a panel discussion of young activists on what the SDGs meant to them and their journeys so far. The day was very interesting and the girls learnt way more about the Sustainable Development goals and the targets we must meet by 2030. The girls want to thank Ms. Gray for attending the event with them and ISSU for hosting the event.

## GEOGRAPHY FIELD TRIP

Last Tuesday, Mr O' Connor and Ms Hickey accompanied the Leaving Cert. Geography class on their annual field trip to Killarney National Park, as part of their mandatory Geographical investigation. The experience was not only educational but thoroughly enjoyed by all. The instructors commended the group for their exemplary behaviour and excellent knowledge of rivers. Thanks to everyone involved for making it a fantastic day!

## JUNIOR FOOTBALL QUARTER FINAL

Our junior football team are gearing up for their Junior Football Quarter Final. This game was due to be played last Wednesday but had to be cancelled because of the weather. Congratulations to our girls and to their coaches on getting to this stage in the competition and we wish them the very best of luck in the upcoming game against St. Aloysius' College, Carrigtwohill. The team have worked tirelessly to make it to this stage so let's hope the victories keep rolling in! Best of luck to the girls

## WEEKLY MUSIC SESSIONS

We would like to thank Mr Owens for facilitating a fun Music session every Friday Lunchtime for our Junior students. The girls are really enjoying this activity.

## PRESENTATION TO THE IRISH MOTOR NEURON DISEASE ASSOCIATION

Mr Galvin's Leaving Cert LVCP Class recently presented a cheque (proceeds from the Sports Day that they organised) to Kathryn Foley from the Irish Motor Neuron Disease Association. Well done girls.

## ROADSHOW - THE IMPORTANCE OF PHYSICAL ACTIVITY

St. Mary's Wellbeing Committee held a roadshow on 'The Importance of Physical Activity' in their lives where a range of influential personalities were invited to speak to Senior Students. Brieger Corkery, Noreen Linehan, Christina Desmond and Erika O'Shea spoke to the students about the importance of physical activity for Health and Wellbeing and then engaged in a Q&A style event with the students. Drop out of sports and physical activity of girls between 16 and 19 years of age is a major issue nationally and the speakers highlighted that it is imperative to keep on physical activity regardless of whether it is a competitive sport or not. The speakers were hugely engaging, inspiring and witty where they imparted the need for students to have an active balance to their lifestyle as they engage in exams. Exercise has been scientifically proven to improve cognitive performance as well as serve as a social outlet. The event was recorded as a school podcast and will be released on social media outlets soon.

## CONGRATULATIONS

Congratulations to Ava Mc Sweeney, Lily O'Shea, Elizabeth O Donovan and Ciara Kelleher who were recently presented with their All Ireland Camogie medals at a Cork Camogie Victory Dinner and medal presentation in the Rochestown Park Hotel. Well done girls we are very proud of you all.



Ella White and Amy Mc Cullagh who got a special recognition award at BT YSTE with Science Teacher Ms Foley



Ellie Walsh, Leah Bradley and Tara Lane who won the Sustainable Transport Award at BT YSTE



Mr Galvin introducing Brieger Corkery, Noirin Lenihan, Erika O Shea and Christina Desmond at our talk on the importance of keeping up your sports and hobbies during Senior Cycle



St Marys Liadan O Regan at the ISSU Sustainable Development Goals and me event in UCC

# GRANVILLES

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# NUAcht Ó Choláiste Ghobnatan



Daltaí ó tríú agus ceathrú bliain ag an t-Eolaí Óg

## CISPHEIL CATHAOIREACHa ROTHÁÍ le Cathal Ó Loingsigh

Ar an Máirt, 19ú Nollaig chuaigh daltaí an dara bliain ó Choláiste Ghobnatan go Beantraí chun Coláiste Pobail Bheantraí a imirt sa chispheil do chathaoireacha rothaí. D'imríomar ceithre chluiche - bhumar dhá cheann agus chailleamar dhá cheann. Bhain mo chomhscóláirí agus mé féin an-taitneamh as. Bhí sé thar cionn do na daltaí eile spórt a imirt ina bhfuil suim comh mór agam. Tá súil againn go mbeidh deis againn é a dhéanamh arís lá eile mar bhí an oiread sin spraoi agus craic ann. Ba mhaith liom buíochas mór a ghabháil le Coláiste Pobail Bheantraí agus le mo chomhscóláirí as lá speisialta den sórt sin a dhéanamh. Míle buíochas le hIníon Ní Iarlaithe agus Máistir Ó Céilleachair a

thaistil linn.

## EOLAÍ ÓG

### le Andrea Ní Mhurchú agus Claire Ní Aodha

Chuaigh ranganna eolaíochta bliain a trí agus daltaí ón Idirbhliain suas go mBaile Átha Cliath go dtí an t-Eolaí óg ar an Aoine 12ú. D'fhágamar an scoil timpeall a leath uair tar éis a seacht agus shroicheadar an RDS timpeall a dó dhéag. Bhaineamar sár taitneamh as an lá agus chonaiceamar tionscnamh an-shuimiúla cosúil le cinn faoi chapall, spóirt agus réiteoirí. D'fhilliamar abhaile ag a hocht san oíche. Ár mbuíochas le Iníon Ní Ríordáin agus Máistir Ó Laoire a d'eagraigh an turas agus a thaistil linn

## CRUINNITHE TUISMITHEOIRÍ IS MÚINTEOIRÍ

Le déanaí bhí cruinnithe tuismitheoirí is múinteoirí

le haghaidh daltaí bliain 1, 2 4 agus 5. Ba mhaith linn ár mbuíochas le na tuismitheoirí/caomhnóirí a d'fhreastail ar na cruinnithe sin.

## FOCLÓIR

- faraor – unfortunately
- ceannaire – leader
- fealsúnacht – philosophy
- cispheil cathaoireacha – wheelchair basketball

## ÁR MEÁIN SHÓISIALTA

Leanaigí ár gcuntais le haghaidh an nuacht is déanaí!

X nó Twitter: @ColGhobnatan

Facebook: Coláiste Ghobnatan @colghobnatan

Instagram: @colaiste\_ghobnatan

TikTok: @colaiste\_ghobnatan



Daltaí ó bhliain 2 ag baint sult as an gispheil cathaoireachta rothaí



Cathal Ó Loingsigh ag imirt in aghaidh Coláiste Pobail Bheantraí

## Cope Foundation



Stephen O'Connor, Margaret O'Connor, Michael O'Connor, Elaine Murphy (Cope Foundation)



Stephen O'Connor, Michael O'Connor, Elaine Murphy (Cope Foundation), Cope Foundation staff and people supported by Cope Foundation



**DROMLEIGH N.S.**  
and  
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CLINICS THROUGHOUT MUNSTER



# DE LA SALLE College Macroom

## De La Salle College updates

The students returned to school after the Christmas break and were straight back into class as normal. This is a particularly busy time as Leaving Certificate classes have project deadlines approaching and the Pre-Examinations are only around the corner.

The classrooms are buzzing with activity the past few weeks.

The Science lab is always an exciting place to be and our First year students got to experience their first heart dissection class.

Following the success of our Christmas concerts Ms O' Shea is actively recruiting more students interested in joining the 'De La Salle Traditional Music Group'.

Our Fourth Year students are engaging in an art module facilitated by the Macroom School of Art. There is a really vibrant atmosphere in the class as it allows the students to express themselves through various artistic mediums.

The Fourth year Technology class are coming to the end of their woodwork module with Mr Murphy and the students will be bringing home their tables which they made themselves, by hand.

## BT Young Scientist and Technology Exhibition

This year Conor Creedon, Transition Year student at De La Salle, represented our school with distinction at the BT Young Scientist and Technology Exhibition. Over 2000 projects were entered from around the country with 500 being selected for the exhibition. It was fantastic to see Conor's hard work and preparation rewarded. Conor's project is titled 'The Evolution of Celebrated Cinema: An Investigation into why certain critically acclaimed movies from the last 100 years are so highly

praised:

Conor met with lots of judges, past winners, politicians, and members of the public over the few days. Some honourable mentions are Aindrias Moynihan TD and John Monahan, the winner of the very first BT Young Scientist in 1965. Conor received positive feedback from all who called to his stall in particular his dedication, work ethic and creativity. Conor was kind enough to facilitate an interview where he relayed his experiences of the weekend.

### Interview with Conor Creedon;

**Q: Why did you enter the BT Young Scientist competition and what was the process like?**

I wanted to enter because it seemed like a lot of fun. There were a few lads from school entering and it was an opportunity to mix my love for film with some real research. The workload was challenging as it included submitting a detailed project proposal. However, I was delighted to be chosen! Once accepted, I worked very hard on the project. Seeing it all come together made it worthwhile.

**Q: Why did you decide to do your project on the evolution of celebrated cinema?**

I really enjoy movies, so the evolution of celebrated cinema seemed like the perfect fit. It's not just about watching movies – it's about how they've changed over time. I love to see how different film directors interpret and depict the cultural and political landscapes of their times. For example, "The Right Thing", a classic film from the 80s is a great snapshot of that era. It perfectly captures the issues and challenges faced by people back then.

**Q: Who guided you through your project?**

Ms. Walsh played a crucial role in guiding me

through the project. She provided valuable feedback and offered support whenever I faced challenges. I'm thankful for all the hard work she did for me.

**Q: What was the highlight of the competition?**

The highlight for me was undoubtedly the opening ceremony and awards show. It was a surreal experience to be surrounded by fellow young scientists and to witness the recognition of our hard work.

**Q: What would you like to work in if you did film?**

If I pursued a career in film, I'd love to work in cinematography. You can tell a story through visuals, and I love the idea of being behind the lens.

**Q: What advice would you have for young people trying to enter?**

My advice would be to choose a topic you're genuinely passionate about. The work is demanding, but the enthusiasm for your project will keep you driven. Also, embrace the opportunity to learn from mentors and peers.

**Q: Was it overall a positive experience?**

Yes, overall, it was an incredibly positive experience. The opportunity to explore my passion for cinema, present my project, and connect with other students made it a memorable and enriching journey.

### Quick Fire Round:

Favourite Film: Eternal Sunshine of the Spotless Mind

Favourite Actor: Jimmy Stewart

Favourite Actress: Audrey Hepburn

Favourite Director: Billy Wilder / Alfred Hitchcock



Conor Creedon representing De La Salle at the BT Young Scientist and Technology Exhibition in Dublin.



De La Salle 1st Year students getting stuck into their Science class dissecting a heart



De La Salle students deep in concentration during a T.Y. module run by the Macroom School of Art.



Filip Pietrzak and Diarmuid O Donoghue with their tables made in fourth year Technology at De La Salle.



Image right: Some artistic creations from our TY group at De La Salle. Made during a module run by the Macroom School of Art.



# Tingling & Numbness in the Arms, Hands, Legs, or Feet?

Many people have experienced tingling or numbness in their hands, arms, legs and feet. "Pins and Needles" or "Going to Sleep" are two of the common phrases associated with this symptom.

These symptoms can occur while sleeping, sitting for prolonged periods or during a time where you might have to hold your arm over your head for long periods (like changing a lightbulb, or styling your hair).

If you look at the anatomy of our arms and legs, you'll see that the nerves and blood vessels travel from quite a distance in the body.

Nerves in the arm don't start in the hand - they start in your neck and end in the tips of your fingers.

If you think of the nerves and blood supplying your hands

as a river, your neck would be the reservoir. Normally a river would run smoothly from the reservoir into the surrounding areas.

In a healthy body, your nervous signals and blood flow smoothly from your spinal column into your hands and feet. But what happens if a tree falls across this river and stops the flow?

A pinched nerve or restricted blood supply dulls the signal your fingers and toes are getting- and can cause numbness along the way. By diagnosing a problem that originates in the wrist, you may be ignoring the blockage further up stream - constrictions in the neck, or larger restrictions occurring further up the arm.

One common misunderstanding of Chiropractic care is assuming it is all about the spine.

Chiropractors are really focussing on the nervous system - the core of this system being the spine.

But by properly assessing your symptoms, and by conducting a full examination of the causes, a Chiropractor can more accurately determine where in your nervous system a blockage is occurring.

If you're experiencing tingling, a chiropractor is your best bet to examine the entire length of the affected limb and determine exactly the origin of your symptoms.



Dr Benjamin Martin of Optimal Chiropractic



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# Macroom South Doc: Routine service ceases on January 1st 2024

## *Is it fair and safe?*

**Closure of out-of-hours GP centres has become a countrywide phenomenon: it is certainly true for SouthDoc which runs out-of-hours GP centres in counties Cork and Kerry. Here, I write about Macroom.**

The Macroom SouthDoc out-of-hours service, as it operated, ceased on 2 January, 2024. From that date, patients who require out-of-hours attention will attend Cork, Bandon, Bantry or Killarney centres. Those unable to travel there will receive home visits or be seen in local centres but by doctors not based in Macroom. The latter option, I understand has been rarely used in Kanturk or Skibbereen, also recently 'realigned' - effectively closed.

It is a given that medical cover should be available 24/7. Being attended by a local trusted doctor in a local centre facilitates earlier and easier access for patients. Patients are exhorted to report immediately in cases of chest pain and possible stroke - remember the slogan 'Act FAST'. Cardiac arrest demands immediate attention, and anaphylaxis - a severe life-threatening allergic reaction - needs urgent treatment. Treatment is relatively straight-forward but time is of the essence. If strokes caused by clots receive 'clot-buster' treatment early enough, patients can recover fully or at least better. Meningitis needs early diagnosis and prompt treatment. The list of illnesses that need immediate attention is long. Most serious emergency cases need rapid transfer to hospital here the speedy attendanc of local doctors brings a cool head and quicker appropriate referral to tertiary care. The Macroom-centred area covered by Macroom SouthDoc is long and wide. Sometimes our ambulance(s) has/have gone to Cork or been retained there and is/are not immediately available - perhaps not for hours.

Begun in 2002, SouthDoc doctors treat patients out-of-hours when needed. It is state-funded and it received €7.513 million in 2022 (Priscilla Lynch, HSE Cork Kerry, 21 April, 2023, Dáil Questions and Answers). A contribution was paid by participating doctors. Pre co-operative and rota days, traditionally in Ireland a GP gave twenty-hour, seven days a week commitment with 'cover' provided by local colleagues, provided they were friendly. The GMS contract is based on this premise, with the doctor deemed an independent contractor. In the bad old days, sometimes relationships between local GPs were frosty. The doctor's burden was inhumane and unsustainable, and unsafe for doctors and patients. In the 1990s, Dr Maguire, Carlow, introduced the idea of a doctors' co-operative to solve the dilemma. Well equipped and staffed local centres would share GPs after hours work in co-operatives such as SouthDoc.

The closure of the Macroom centre was agreed between the Macroom cell doctors and SouthDoc. A doctor on its board is based in Macroom. The rationale for the cutbacks is that GPs have onerous jobs, GP practices are full and a quarter of practicing GPs are over sixty. Rural GP practice especially is under great stress and has great difficulty in replacing retiring doctors. In Macroom, on his retirement, Dr John Burke's practice was transferred to The Sullane Practice because a suitable replacement could not be found. When SouthDoc operated in Macroom Hospital



Grounds, shortly after the service began, a doctor, nurse, receptionist and a driver worked together in the centre. By so doing, SouthDoc redeemed its pledge to local doctors to have a quality out-of-hours service in place. This seemed to be a good balance - fair to doctors and patients alike. The doctors gained by having proper back-up and protection and decreased rotas, going from roughly from a 1-in-3 to a 1-in-10. Patients gained by having well-supplied and well-staffed centres, mostly within a 10-15 mile radius. As time passed, the nurses and receptionists were jettisoned from the service, leaving the doctor and drivers alone in the service. The late 2000s financial crash was a precipitant. This was a financial saving for SouthDoc and neither a benefit for patients or doctors/drivers. Conditions for the doctors further improved when midnight to 8.00 a.m. schedules were service by often South African doctors. Again as time passed, the time doctors and drivers spent in local centres was reduced, and by 2023 local doctors finished at 9.00 p.m., after a stint of three hours.

Despite many medical graduates in Ireland and many thousands more applying for training, there is a severe and surprising shortage of hospital doctors and GPs working here. This imbalance is caused by a number of factors: high emigration among newly qualified doctors, the high proportion of doctors who, for personal and family reasons, often work either part-time or not at all, and many GPs do not work a full five-day week. Administration and continuing medical education are time-consuming and obligatory.

From 2023, the state spends €14,500 per year per new-entry graduate medical student; that amounts to €72,500 over five years or €85,000 over six. Sixty-five new places were created in 2022, sixty for undergraduates and five for graduate entrants. It does not make sense to me to train doctors to service Australian or other non-Irish medical services. And of course, the relevant issues of doctors should be addressed. These include long hours, uncertain career paths, undue administration etc. But if Ireland needs doctors, Irish tax-payer subsidised doctors should work in Ireland for a minimum period of time - be it three, four or five years, or 'buy themselves out' if they wish to leave before that time. Medical students are very bright and should clearly understand that medicine is not a night-to-five part-time job and that the tax-payer is paying for their privilege to become doctors. Of courses doctors should be paid well for their expertise and the difficult nature of their work, and should have good conditions. Equally they should understand that medicine is a vocation. In my view, the reciprocal duty of beneficiaries of the education is to give back some service when and where needed to the country that paid for their training. Further, our lack of doctors draws doctors from poor countries, robbing them of their medical graduates. Even more, many tax-payers, often on modest wages, have pointed out that their children are unlikely to benefit from this state benevolence.

Fairness, honour and duty seem to me to be very much missing.

To the best of my knowledge the three remaining Macroom practices plus Ballyvourney, Coachford and Cloughduv have about twelve doctors working full-or part time in their surgeries. Some practices have qualified doctors, trainee GPs - extra pairs of hands. All (or most) surgeries have practice nurses and secretaries. Public health doctors and nurses are involved in vaccination and other aspects of patient care. By the length of waiting lists and the loudness of complaint, ancillary services such as speech therapy and physiotherapy are insufficient but are there. Home palliative care is another wonderful service available to people in the community. In Macroom SouthDoc until December '23, a 1-in-8 rota operated, and that included a husband and wife combination doing two slots. To get doctors to work at all in Macroom, established GPs have to 'accept 'conditions'; some young doctors want to finish at five and do not want to do any out-of-hours shifts.

If each doctor in the area would do a full share in a, 1-in-13 rota, this would necessitate each participating doctor being on out-of-hours duty less than once every two weeks - about twenty nights a year, Monday-Friday from 6-9 p.m., and once every thirteenth Saturday or Sunday (bank holidays are operated as week-end days). If a locum were employed for Sundays, the week-end burden would be halved. Compared to pre-2002 times, the Macroom doctors' mid-week rotas until 2023 were short and still good. The burden for all would be greatly eased by every doctor working in Macroom, doing a fair share of the work. Everyone's rota is reduced. The crux seems to be that some or many younger GPs do not want to work out-of-hours at all and are in a position to insist on these terms. That to me seems unreasonable and unfair.

In some correspondence to county councillors about services, SouthDoc replies begin with the injunction of being 'Strictly Private and Confidential'. A councillor represents the people and is entitled to enquire about essential matters such as health care, and relay that information back to his/her constituents. Accountability and transparency are thankfully part of our democracy; councillors asking questions where public money is used to fund services is entirely appropriate. Keeping it 'private and confidential' makes it almost conspiratorial. Describing the current proposed changes as an 'enhancement' is a distortion of language and grossly misleading and an insult to patients. (Consult The Concise Oxford Dictionary or any other reputable source). When writing to Macrompians, perhaps writers should keep in mind the saying 'Macroom never reared a Fool'. As a seventy-year old patient, how does not having a local doctor tending locally to my possibly serious complaint 'enhance' my care? I wonder does SouthDoc fully realise that it is a publicly funded-body created to provide a just solution to out-of-hours community cover. Replying to councillors' concerns in the Thursday before Christmas was clever but disingenuous; using unclear language was a further negative. No doubt GPs are best placed to provide out-of-hours care and have given brilliant service over many, many years. Local knowledge is a valuable if not indispensable

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GP asset. Despite the problems that GPs face, as acknowledged above, there are solutions. One proposal to reverse the effective closing of Macroom SouthDoc Centre is outlined.

It seems to me that the balance of fairness is tilted and away from the patients. Closing a locally based centre from this situation does not 'enhance'; rather, it is potentially harmful. In my opinion, it is a retrograde step. Medicine is about, or should be about, treating everybody fairly, equally and appropriately. Medical students should know that being a doctor necessitates working out-of-

hours and this fact needs to be acknowledged and accepted first by medical students and then by practicing doctors. This should of course be fair and equitable. Doctors not willing to do out-of-hours rota is nonsensical and their refusal holds their colleagues and patients to ransom. Patients too have a responsibility to use the service properly. Many of the disappointed applicants for medical-school places would gladly, I am certain, accept these terms at entry point if they could just obtain a chance to become a doctor. A section of young doctors behaving solely in their own

interests endangers the service that GPs give but will probably damage the high public trust they currently enjoy. As with RTÉ, lost trust will be hard to restore.

Possibly, probably many of the points made above are true for other centres closed country-wide. Please re-open Macroom's SouthDoc and other centres.

**Dr Con Kelleher (70); MB, MA, M. Med Sc., MRCGP, MICGP.**

**Macroom GP (1982-2014); Locum GP (2014- ) and a founding SouthDoc member (2002).**

## LEE VALLEY UPDATES

Contact the Editorial Team: 026 - 42023 or Email: leevalleyoutlook@macroom.ie

## UIBH LAOIRE NOTES

### Local Songwriters Night at Creedon's Hotel, Inchigeelagh :

An evening of original live music featuring three local songwriters; Tim O'Riordan, Avant - Gardaí and Tom Jordan. Doors 8pm, tickets €10.

### Island Funding

In Inchigeela the Local Development Society, otherwise known as Croi na Laoi, have announced that they have been successful in their application for more funding from the CLAR scheme. This scheme was set up by the Government to help promote the development of community facilities. The total funding is for €43,200 and it is designated for further enhancement work in the park at River Island. The park is free to the public and has walks, picnic tables, a swimming area and mature trees and shrubs. More recent additions are: a wild flower area, sensory garden, fruit trees and work is in progress on a concreted play area for tennis and basketball etc. I must not forget the fairy garden, where the little elves and síoga beaga add something new to their home village, every time you turn your back! A great hit with younger children.

### Walking for Health

It's good to see the positive response to the "Ireland Lights Up" offer in the GAA grounds. We see that walkers use the walking/jogging path regularly by day as well. And the Island circuit is also walked and jogged by all ages too.

### Stepping Stones

Travellers on the Derryvane road will have noticed some clearing work being done at the banks of the Garbh Abha river, near the GAA grounds. This is a project taken on by the Tidy Towns group, to develop an unused area on the western side of the old stepping stones. Next time you pass, take notice of the thicket of bushes and stones on the right, near the GAA pitch boundary. Here lived, we believe, the last harness maker in Inchigeela and his family in a little house made of stone. The family name was Dromey as far as we know. If anybody has more information, we would love to know. The present development is being funded by members of the Iveleary Clan gathering. This world-wide group, meet in Inchigeela every year and have taken interest in promoting development work in the parish.

### Dumping

After an absence of some time, the ancient practise of fly tipping has returned it seems. Our area hasn't escaped this scourge. And the preferred place for this horrible activity is usually some beauty spot, or a remote breen where these senseless people can destroy an area with rubbish which otherwise could have been composted, or deposited safely in a bottle bank or recycled for free or for a very small fee. It's difficult to understand the mindset of those who practise such anti social activity. Don't they realise the health hazard they are creating in doing this, when vermin are attracted to their dirty deposits? Walkers, children at play, farm animals and creatures of the wild are likely to be injured when coming into contact with glass, cans, toxic waste etc. Streams and rivers are contaminated often by this illegal activity, obviously affecting fish and endangering the health of humans who drink the water. We all pay for the clean-up in our taxes. And do they care about the poor impression they are creating in the minds of visiting tourists? The threat of a fine of up to €5,000 or a day in court when caught, followed by a sentence of 12 months in prison hasn't worked. Do you have a solution?

## POETRY CORNER

*Located deep in the Muskerry Gaeltacht  
The old village of Ballyvourney  
Seen from atop Mullaghanish  
One better not leave prematurely*

*Walking through Ballymakeara  
I see the Holy Well draw near  
Down here in green Ballyvourney  
Where Gobnait found nine white deer*

### Dear Ballyvourney

*I look over the bridge  
Gliding to me  
Is a gentle black swan  
Not an unusual sight  
On the River Sullane*

*The mist drifts above the roadway  
At the gates of the graveyard  
Old relatives, re-acquainted  
Memories no longer jarred*

*In the fields, on the outskirts of Coolea  
The cutting of turf can be seen  
Yet as the day moves to nightfall  
Hear songs of Poitín  
Again, I emerge from the hillside  
And turn off at Slivereagh Cross  
Then take the path north to Millstreet  
Too much time on the doss*



R22 students who were at the Panto in Cork. Back: John, Piero, Hannah, Seanie, Donal, SNA Breda & Layna. Front: Naoise & Liam.



Members Aghinagh Comhaltas displaying a photo of their Group which features in the Macroom Seniors Citizens Calendar.

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# Muskerry GAA Awards 2024

The first Muskerry GAA Awards night since the Covid restrictions were lifted was held at Oriol Court Hotel Ballincollig and was a big success. Three teams were honoured, chosen by a panel of judges, along with the nine monthly award winners during 2023, one of whom, Sean Ó Foirréidh of Cill na Martra was chosen as the 2023 Muskerry Sports Star of the Year.

John Feeney Cathaoirleach Muskerry GAA Board and Donal McSweeney, Cork County Board were the speakers at the well organised function which attracted an attendance of over 300, Finbarr McCarthy of 103FM was the genial and efficient MC and all praised the players who made the final lists for selection and congratulated those who received awards.

**Those honoured were:**

**Muskerry GAA Sports Star of the Year sponsored by EPH Controls**

Seán Ó Foirréidh, Cill na Martra

Other Nominees were: Jack Murphy (Éire Óg and UCC), Tadhg O'Connell (Ballincollig), Shane Kingston (Ballinora), Cliona Healy (Aghabullogue and Cork Camogie), Meadhbh Murphy (Ballinora and Cork Camogie), Seán Ó Foirréidh (Cill na Martra), Mathew Bradley (Aghabullogue), John Corkery (Aghabullogue), Jack Kelleher (Canovee).

**Muskerry Junior Hurling Team of the Year sponsored by Linehan Civil Engineering**

James Walsh – Grenagh, Dean O'Sullivan – Dripsey, James Lordan – Ballinora, Pat Fitton – Ballinora, John Carey – Dripsey, Shane Kingston – Ballinora, Ted Twomey – Grenagh, James Byrne – Ballinora, Eoghan Maher – Dripsey, Liam Lyons – Ballinora, Diarmuid O'Riordan – Dripsey, Darragh Holmes – Ballinora, Dan Twomey – Grenagh, Darragh Corkery – Ballinora, Michael O'Riordan – Dripsey

**Muskerry Junior Football Team of the Year sponsored by Oriol House Hotel**

Dominick Kelleher – Inniscarra, Brian Hinchion –

Kilmurphy, William Ronan – Kilmurphy, Aodh Twomey – Aghinagh, Evan Dodd – Canovee, Adam McCarthy – Éire Óg, Eoghan Lehane- Canovee, Conor Dodd – Canovee, Cathal Foley – Kilmichael, Liam O'Connor – Inniscarra, Conor O'Neill – Canovee, Daire McMahon – Canovee, Jack Kelleher – Canovee, Liam Wall – Kilmurphy, Dylan O'Sullivan – Inniscarra

**Muskerry Intermediate Football Team of the Year sponsored by Europumps Ireland**

Joe Creedon – Iveleary, Colm MacLochlainn – Cill na Martra, Tadhg Ó Corcora – Cill na Martra, Neil Lordan – Ballinora, Paul Ring – Aghabullogue, Seán Ó Foirréidh – Cill na Martra, Kevin Manning – Iveleary, Ryan Dennehy – Aghabullogue, Gearóid Ó Goillidhe – Cill na Martra, Daniel Ó Duinnín – Cill na Martra, Mathew Bradley – Aghabullogue, Damien Ó hUrdail – Cill na Martra, John Corkery – Aghabullogue, Micheál Ó Deasúna – Cill na Martra, Edbhard Ó Mír – Naomh Abán



The Muskerry GAA Junior Football Team of the Year photographed at the Division's Gala Awards night. Included are Michael Gingell, Oriol House Hotel, sponsors, John Feeney, Chairman Muskerry GAA and Donal Mc Sweeney, Cork County Board. Picture: Mike English



Dripsey GAA award winners, Eoghan Maher, Dean O'Sullivan and Michael O'Riordan, celebrating at the Muskerry GAA Gala Awards night at Oriol Hotel. Picture: Mike English



Muskerry GAA Intermediate Football Team of the Year photographed at the Division's Gala Awards night at Oriol Hotel. Included are Barry Holland, Europumps Ireland, sponsors, John Feeney, Chairman Muskerry Division and Donal McSweeney, Cork County Board. Picture: Mike English



Pride of Cill na Martra. Sean O'Forreidh, overall winner of the Muskerry GAA/EPH Controls sports award with Gearoid O'hEaluithe at the Gala Awards night at Oriol Hotel. Picture: Mike English



Muskerry GAA Junior Hurling Team of the Year photographed at the Division's Gala Awards Night at Oriol Hotel. Included are Tim Linehan, Linehan Civil Engineering Ltd, sponsors, John Feeney, Chairman Muskerry GAA and Donal McSweeney, Cork County Board. Picture: Mike English



Marie Casey, EPH Controls, presenting the overall Muskerry GAA/EPH Controls sport award for 2023 to Sean O'Forreidh, Cill na Martra, at the Gala Awards night at Oriol Hotel. Included is Anne O'Riordan, PRO Muskerry Division. Picture: Mike English

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# Muskerry GAA Awards 2024



Kitty Walsh and Margaret Creed, Auld Triangle, Macroom attending the Muskerry GAA/EPH Controls Gala Awards night at Oriel Hotel.



Colm Sheehan, Eire Og, of Cork 1966 All Ireland hurling fame, with Colm Clifford at the Muskerry GAA/EPH Controls Gala Awards night at Oriel Hotel. Picture: Mike English



Laochra Og GAA stalwarts, Mary Kelleher, Marguerite Murphy and Eleanor Cronin photographed at the Muskerry GAA/EPH Controls Gala Awards night at Oriel Hotel.



Colleen Phelan and Shauna Healy, Cill na Martra

## IT'S A LONG WAY FROM CLARE TO HERE

By PO'C

That is the title of the ballad written by Ralph Mc Tell about Irish emigration and is very appropriate for my most recent adventure. The recent Mc Grath Cup Senior Football game between Cork and Clare at Clarecastle was the ideal opportunity to whet the appetite for the new GAA season. It was to be a most unusual trip. My friend Fr John Buckley was on a short holiday from his parishioners in Cricklewood London and we decided to travel together to this pipe opener game. I duly collected Fr John in the neighbouring Kingdom and the weather forecast was promising.

We journeyed North through Abbeyfeale, Newcastle West and Rathkeale and before long we were admiring the magnificent Five Star Hotel namely the Adare Manor which is the jewel in the crown of J P Mc Manus and so often hosts the Limerick Senior Hurling team, International golf tournaments and much more. Luckily the mile long traffic pile up was travelling in the opposite direction and soon we were on the Limerick Bypass driving past the nearby Bunratty Castle, Durty Nellies and of course Shannon Airport. Exiting the M18 motorway we arrived at our destination with time to spare.

The game was played on the Astroturf recently completed at a cost of 1.5million Euro and the surface was laid six weeks previous. The friendly Munster Council stewards made us welcome with some tea and sandwiches and we enjoyed the company of Michael Leahy from the Ruan GAA Club. He told us that his mother, with the surname Cusack, was a direct descendant of Michael Cusack, a founding member of the GAA, whose initial meeting took place at Hayes Hotel Thurles on November 1st in 1884. Michael is also a nephew of Mick Leahy recently deceased who taught for many years at Mc Egan College Macroom, with his family home at Bridelands Crookstown. Mick had hurled with Ruan and Clare in his youth playing on



The Cork Senior Football team that won the McGrath Cup in 2023

the Clare Senior Hurling team of 1965 that defeated Cork in the Munster Semi Final. Included on the Cork team on that faithful day was Matt Mc Auliffe still hale and hearty and residing at Carriganima. That game was played in Thurles and Clare won 3-8 to 2-10 and Matt figured on the scoresheet. Also on that Clare team was the famous Jimmy Smyth again a native of Ruan who apparently figured on the Clare Minor Hurling team for six consecutive years.

Back to Clarecastle, the weather had taken a turn for the worst and the first half was played in driving wind and heavy rain. Cork led at the break by 0-4 to 0-3 but got on top in the second half to win by 2-14 to 0-8. We joined the handful of Cork supporters to praise our heroes and mentors as we exited the grounds and again headed for the Kingdom. We travelled Southwards on the motorway before reaching the Shannon Tunnel and the Toll Bridge. We then exited the Limerick Bypass and took the Shannon route through North Limerick on the Wild Atlantic Way. All went smoothly until we reached Tarbert and we observed a garda patrol car with its blue lights flashing warning of a checkpoint. We had followed a D registered Ford car from Limerick

and we were the only two vehicles on the road. The D reg was beckoned on but the very efficient and enthusiastic garda requested my Driving Licence and closely examined same. He further informed me of mandatory testing and requested that I undergo the breathalyser test. At the second attempt I succeeded to his request and he politely wished us a safe journey. I realise he was only doing his duty and I have great admiration for our Garda Siochana. Anyway with all the excitement we missed the turn off for Listowel and ended up in Ballylongford, The mobile phone battery had gone dead and the Sat Nav no longer worked, so we were effectively lost. It took some time to recharge the phone and much manoeuvring to get us back on track.

On the final part of our journey we had a good laugh and arrived safely at our destination just after midnight. The full Irish breakfast the following morning at Charlie Nelligan's restaurant in Castleisland was the perfect finale to our adventure - It certainly was a long long way from Clare to here.



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## DROMLEIGH NS

Dromleigh N.S. was pleased to once again participate in the annual Sciath na Scol Sports Quiz in Rochestown Park Hotel on January the 15th. Well done to all our participants as well as to

our prizewinning girl's team! Congratulations also to our Fifth class graduates of the 'Friends for Life' wellbeing and resilience programme.

Applications for enrolment now being accepted at Dromleigh N.S. Contact 026-46212, office@dromleighns.ie or visit our website www.dromleighns.ie for forms.



Dromleigh N.S. students celebrating their success at the 2024 Sciath na Scol Sports Quiz recently.



Fifth class 'Friends for Life' graduates from Dromleigh N.S.

## COACHFORD UPDATES

### Students raise thousands for Motor Neurone disease.

When a few of the students of Coachford College came up with the idea of doing 10,000 laps of the school's walkway to raise money for the Irish Motor Neurone Disease Association (IMNDA) and raise awareness of the disease they thought if they could get a few thousand euros it would be a great success. When they got all their fellow students and teachers and staff involved, the dream of raising even more funds for the IMNDA through the 'Walk cause you can' fundraiser became a reality. To date there has been over €45,000 raised by the students. So why Motor Neurone? Mr. Diarmuid Hickey, one of the college's most influential teachers and deputy principal was diagnosed with Motor Neurone Disease in 2022 and his resilience and determination to meet the challenges of the disease while still teaching physics in Coachford College inspired the students to embark on the fundraiser.

Initially it was the students, their families and friends who donated online but as the 'Walk cause you can' fundraiser gathered momentum it was the wider community and all of Mr Hickey's past pupils who came forward to donate and catapult this fundraiser organised by the Student Council to raise so much money. Well done students!



Anne Shine (centre) being presented with her bingo Jackpot by Grainne Donovan of Paddy Mac's Bar and bingo caller and organiser Katie O'Brien Bradley.

### Keep Dancing!

Another hectic week at Coachford College with the Dance-Off next Thurs night. A fantastic show awaits with all proceeds going to Marymount.

This year, we are moving to tickets to avoid disappointment at the door. Tickets are €10 each and are on sale to students at break and lunch this week in reception area. General public can call to the school office from Tuesday to buy tickets. As all proceeds are being given to charity, ticket sales are

cash only. Please note students can buy tickets for the general public.

### Bingo Bonanza in Coachford

Congratulations to Anne Shine who won the Paddy Macs Bingo Jackpot when her numbers came up last week and bagged a massive €1,750. Anne is a regular player every Thursday and when she shouted 'check' the packed pub was delighted for her.

### New restaurant at McD's Garden Centre

Perry Street Market Café has opened a branch of their very popular restaurants in McD's Garden Centre in Dripsey. The restaurant serves a huge range of delicious food and is open from 9am to 5pm on Monday to Saturday for Breakfast and Lunch with a huge choice of healthy food and some beautiful sweet treats in a beautiful location. Perry Street Market Café also has branches of their restaurants in Cork city, Ringaskiddy and Douglas.

### Presentation of cheques

Broomhill Vintage Club raised a total of €17,500 for 5 charities in 2023 through their car and tractor runs and the annual Coachford Family Festival. The Vintage club presented the cheques to the Mercy Hospital Foundation, Mallow Search and Rescue, Marymount University Hospice, Canovee Playground Project and Pieta House.

## CLOUGHDUV NS

### Cloughduv National School Parents Association have been running a fundraiser lotto for the last year with the funds raised being used to directly support the students education and resources for our school including enhancing the outdoor areas and sports equipment.

At each weekly draw there is a guaranteed weekly winner of €20 but on Jan 4th we had our first Jackpot winner, Mr John Henry Donovan.

In the attached photo: Members of CNS PA presenting John Henry Donovan with a cheque for €1,375 along side Sylvia Linehan, Principal CNS. The PA Committee would like to thank everyone for continuing to support our Lotto.

CNS PA Facebook page: [https://www.facebook.com/groups/1507592392662100/?multi\\_permaLinks=7018114848276466&notif\\_id=1704730412838097&notif\\_t=feedback\\_reaction\\_generic&ref=notif](https://www.facebook.com/groups/1507592392662100/?multi_permaLinks=7018114848276466&notif_id=1704730412838097&notif_t=feedback_reaction_generic&ref=notif)

CNS PA Fundraiser Lotto: <https://www.ourfundraiser.ie/org/cloughdvnns/>



Members of Cloughduv NS PA presenting John Henry Donovan with a cheque for €1,375 alongside Sylvia Linehan, Principal CNS.

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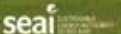
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## CLONDROHID NEWS

**CLONDROHID DEV GROUP CHRISTMAS ADULT PARTY:**

The annual Christmas/New Year party was held in the Community Hall on Sunday last Jan 14. The previous one was held in 2020, but due to Covid this was the first one since then. On the day those who used always attend, but sadly are no longer with us were fondly remembered, especially Teddy Kelleher, who was chairman on the last occasion and had all the set dancers tapping their toes.

Everyone was thrilled to be back and enjoyed themselves, be it dancing, singing, eating, and having the chat. The Group would like to thank everyone who attended, and brought gifts for raffle etc. Thanks to all who helped both on Sat evening and on Sunday, especially our friends in the Active Retired, Job sharing is great!! A big Thank you to Margaret and Peter Twomey, our resident chefs!! Thanks to Healy's and Twomey Butchers for their massive contributions to reduce costs, and to Dairygold for their welcome donation.

To all the singers and dancers, and of course no music would be complete without Tim Joe and Ann. To the wonderful performance by our talented line dancers, Ann, Felicity and Ann.. To the Hall

committee for use of hall and to Peter for being on hand if a problem arose. Roll on 2025

**BANK OF IRELAND BEGIN/TOGETHER FUND:**

This fund is one element of Bank of Ireland's Begin Together Programme, which supports charities, arts organisations, community groups, and not for profits, that have a vision for their communities.

Clondrohid Dev Group are extremely grateful to Nuala Buckley, who nominated this group a while back and in December were delighted to receive €500.

Thankyou Nuala, and Bank of Ireland for considering us. Rest assured all monies will be spent wisely and frugally, in the village and surrounds, be it planting, hanging baskets, hedge cutting, painting, building, purchasing new machinery and maintenance of same, insurance and much more.

**MOVEMENT OF CONTINUOUS PRAYER:** For Marriage and Family Life, the next 24 hours of prayer will be this Saturday night Jan 27 from 12pm to Sunday Jan 28 at 12pm.

Please remember your hour, and join in. Thank you.

**MEDJUGORJE GROUP PILGRIMAGE:** Direct flights. May 29 to June 5 €795, this price is only valid

up to booking before Feb 2, after that it increases to €845. Contact John Fitzpatrick on 087 2560154 for more info.

**ENTERTAINMENT IN CARRIGANIMA:** On this Sat Jan 27, a young talented Effie O'Neill will be the new entertainer in the Pub. Clear away the January blues.

**CARRIGANIMA WALKING/RUNNING;** Mondays and Thursdays of every week at 7pm. Meeting at Pike Cross Carriganima for a distance of 5km.

**GAA NEWS:** Congrats to the Cork Ladies who defeated Galway last Sunday, and heartiest congrats to Amy and Lydia McDonagh from Carriganima, who both played in this match, no 5 and no 13. Well done girls,

Congrats to Conor Hourihan who represented Mid Cork in the u 15 recently in Pairc Ui Caoimh

**LOTTO:** Results for Jan 17. Jackpot €3,200

€70 Donal O'Connor Kilvoultra

€20 Ann Mc Sweeney On Line, Con Drew Clonfadda, John O'Connell Ardeen, Hugh and Angie c/o Bell Inn

## INDEPENDENCE MUSEUM KILMURRY

**KHAA are honoured to host The Liam Lynch 1892 – 1923 Exhibition for early 2024.**

The exhibition is a highly illustrated, comprehensive and insightful account of the life of General Liam Lynch, Chief of Staff of the Irish Republican Army during the Civil War and Officer Commanding, 2nd Cork Brigade, Irish Republican Army, during the War of Independence.

Aindrias Moynihan, T.D will officially launch the Liam Lynch Exhibition on Friday, 9th February 2024 at 8 pm in the Heritage Room, Independence Museum Kilmurry.

The exhibition is curated by historian Neil Donovan a member of the Liam Lynch Commemoration Committee. Neil is in a unique position to devote a fascinating addition to the exhibition on the commemoration ceremonies to General Liam Lynch over the years

Following the launch of the exhibition, Neil Donovan will give a lecture on Michael (Mick) Fitzgerald who rose to the rank of Commandant, Officer Commanding (OC) in the First Battalion,



General Liam Lynch

Cork No. 2 Brigade. He died during the 1920 Cork Hunger Strike at Cork Gaol. Mick Fitzgerald is buried in Kilcrumper Cemetery, Fermoy. Also buried in the Republican Plot in Fermoy is General Liam Lynch whose last wish was to be buried with his friend and comrade, Mick Fitzgerald.



Michael Fitzgerald

**KILMURRY ACTIVE RETIREMENT**

**AGM 13th of February – see the next edition for more information.**

## CANOVEE NS



**Comhghairdeas Canovee NS students who raised €501 for Coachford Colleges 'Walk cause you can' in aid of Irish Motor Neuron Disease. The whole school walked our 'valley lane' on Friday January 19th and donated to IMND.**

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## Think Globally, Act locally

### The Responsibilities and Legal Requirements on Shops Selling Pesticides

Hi! Chris Barrett back with you. Today I am discussing further the use of pesticides, and in particular the responsibilities and legalities regarding their sale, with James Walsh. We are both pleased to see that Local Authorities have drastically reduced using pesticides, but unfortunately, they are still resorting to using them for their own convenience along dual carriageways, and against invasive species.

If the Local Authorities have problems along gravelled areas they can use alternatives such as Foamstream"

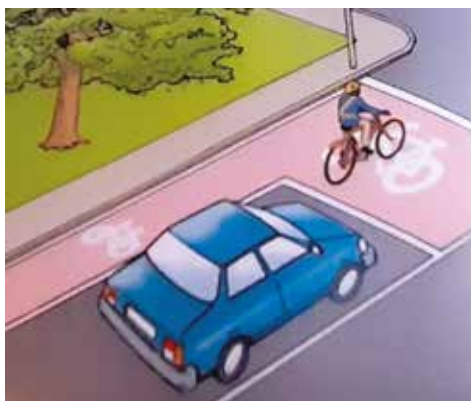
produced by [www.weedingtech.com](http://www.weedingtech.com) which is used by Dublin city council, and is a glyphosate-free solution for weed control. It is being used in areas of the UK to treat invasive species and it could be used in Ireland on small to medium sized Japanese Knotweed and Hogweed. Dublin city council have currently invested in ten of these machines, and Kilkenny and Wicklow have also made purchases. The machines work on a combination of 100% certified vegetable oils, and hot water. There is a tank on a trailer

which mixes the hot water with the vegetable oils, and it comes out of a sprayer.

It is perfect for hard surfaces.

It has not been possible to buy pesticides for your own garden in Holland since 2014.

It is also the case that a significant amount of pesticide spraying is being done by sprayers other than Councils. Residents Associations are still using pesticides on Housing Estates. There is spraying being carried out around golf courses, caravan parks and hotels. The HSE are also spraying around hospital grounds. School caretakers are employed by schools and colleges and they spray around schools and colleges where children are at risk. The point must be made that, if pesticides are not in the shops, then you can't buy them. By being either a buyer or seller of pesticides, you have a destructive



and negative effect on your community. There are currently no restrictions on using pesticides in your own garden, but spraying along public roads, or by hospitals or school grounds is illegal under Articles 12 and 15 of SI 155, 2012. Shops which sell pesticides are required to be registered, and it is worth noting that a pesticide is anything from a moss killer, insect killer, fungicide or a weed killer. By law under Article 13 Of SI 155, 2012 any

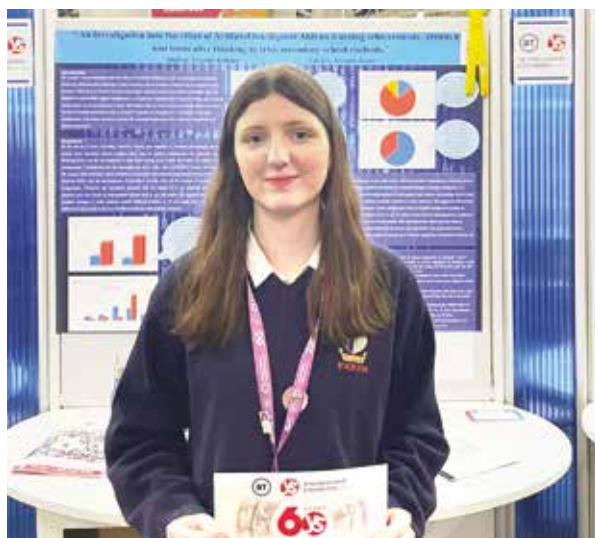
shop selling pesticides, whether an amateur or professional business

should be registered with the pesticide control division in DAFM ( Department of Agriculture) as a Pesticide

Distributor. Any member of the public is entitled to ask if the shop has achieved this registration, because there are strict conditions under which pesticides can be sold. A member of staff who is trained by IASIS (Irish Agriculture Supply Industry Standards) must be available during all opening hours to explain about and answer questions from the public. Any customer can ask about any pesticide law, safe storage, and disposal of chemicals and also get information about SI 155, 2012. This means that a pesticide can only be sold in the presence of someone who has been trained by IASIS and there are lists of stores available so people can see if their local stores are compliant. It is of concern that over 90% of pesticide vendors do not meet legislative requirements. An article in the Journal also discovered that even if a shop was registered, there was not always a trained person available, as required by the law. It is possible for members of the public to contact DAFM, the Pesticide Control Division, to make a complaint. They will follow it up and force the shop to remove pesticides from the shelves or do the course to follow

the law. The law around pesticides and their use has not always been clear to people and I am very grateful to James for sharing his research on this matter.

If you would like to respond to this article or contribute another environmental article to this publication, please contact me [chriseealley@gmail.com](mailto:chriseealley@gmail.com)



Eugenie Kelleher who won 3rd place in the Intermediate Category at BTYSTE 2024



Eugenie Kelleher, Ola Byrdziak, Cara O'Brien and Chloe Lehane at the IAMTA Maths Competition

**HAVE YOU A NEWS STORY?**

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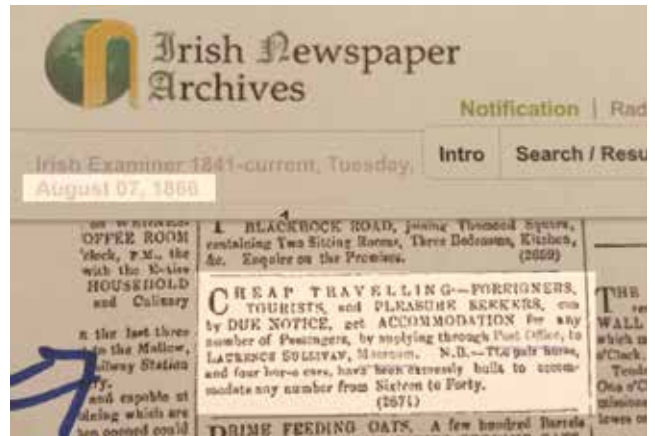
Christmas is a time of great joy and some heartbreak. Society needs a time to stop, to be more open and gregarious, a time to let our loved know that they are exactly that – loved by us. Christmas as we know it has developed out of all recognition and has become very commercialised. Among enduring traditions are Santa bringing gifts to children, Christmas cards and gifts. Christmas was piggy-backed on pagan rituals but is recorded in Christian texts since the fourth century. The word itself has Greek origins with 'Christ' meaning 'The Anointed One'. The festival has an interesting and varied history. In the Orthodox Church, it is celebrated on the seventh of January. In western Christianity December twenty-fifth is the day. Before the Reformation, society was mostly rural and governed both by the seasons and the church calendar. The church emphasised the religious aspect while the people often used these periods for fun, celebrating, carousing and devilment. The word 'holiday' or 'holy day' is today synonymous with fun. Likewise, some of our public holidays are based largely on Church holidays – St. Patrick's Day, St. Bridget's Day, Easter and Christmas. Christmas was banned by Cromwell and the Puritans in the seventeenth century but the people protested by playing football games. The Pilgrim Fathers brought this attitude to America and perhaps explains why Thanksgiving is a bigger occasion there than Christmas. After the Restoration of King Charles I, Christmas celebrations, religious

and social, were restored in Britain and its Empire. In the nineteenth century a Church of England movement emphasised the centrality of Christ birth to Christianity; together with Dickens' Christmas Carol and other works, the ideas of kindness, caring for others, family happiness, presents etc. Queen Victoria's 'buying-in' to the idea added the royal imprimatur. In America, Washington Irving ploughed the same furrow and introduced the term 'Santa Claus'. Education and technology too played their parts. Increased literacy created more readers, and book-production and costs decreased. Newspapers came into their own and many of Dickens's books were first published as newspaper serials. An 1843 'London News Illustrated' sketch of Queen Victoria and her family under a Christmas tree was 'sensationally' received. The first Christmas card appeared in 1843 – only four years before the famous Penny Black was issued and signalled the onset of postal services. Before Irishman Henry Archer's early perforating-machine, stamps had to be hand-cut. There is a reference to a Macroom Post Office (PO) in 1866 (Cork Exam., 8 July); a PO has been present since. It has witnessed and an 'actor' in many of the historical events since then. Despite competition from email and couriers, An Post is astonishingly busy, substantiated by figures and expansion. According to Paul Hurlley, Supervisor Macroom District Sorting Office An Post delivered in excess of 2 million parcels in week 49 alone, a

record number of parcels with which it ever dealt in a seven day period. Macroom followed this trend: in the three weeks leading up to Christmas Macroom posties delivered more than 49,000 packets. Even in November, there was a noticeably increased volume of items. One of the ironies is that the increased volume is a direct result of online shopping. The conversion of the 'old Lidl' supermarket in Fairgreen is a testament to the present business and confidence in the future. The term 'posty' is now appropriate as women are a significant and essential proportion of the deliverers, and this is likely to increase. Paul is proud to work alongside his colleagues who are dedicated to each other and to the public. Even when letters or packets arrive incompletely addressed or coded, the combined local knowledge of the group solves most issues, no matter how difficult. They certainly do their best in every situation. It was a pleasure to visit, observe and photograph the 'posties' at work – a real eye-opener. Not seeing is often not believing - the 'posties' hard work should be acknowledged and thanked as they provide a superb service all year round but especially at Christmas. I hope they had a well-earned rest, a Merry Christmas and will have a Great 2024. Con Kelleher



C. Kelleher. Macroom Posties, December, 2023.



Rory Murphy and Fiachna McCarthy in battle at the Tuesday Lunchtime Chess Club.



Daltaí bliain a haon ag déanamh ealaín amuigh faoin aer





Comhairle Contae Chorcaí  
Cork County Council

**PUBLIC NOTICE**

**MUNICIPAL DISTRICT COMMUNITY  
FUND SCHEMES 2024**

Cork County Council is committed to supporting local communities across County Cork. Financial assistance for community & voluntary groups and local organisations is available through the Community Fund Scheme 2024. This scheme is administered by the 8 Municipal District Offices around County Cork and there are three separate funding streams depending on the nature and cost of your proposal.

1. Capital Fund Scheme
2. Community Contracts
3. Amenity Fund Scheme

Further information about this funding is available online and you can also apply online from 10am Wednesday, 10th January 2024 at [www.corkcoco.ie](http://www.corkcoco.ie) or [www.yourcouncil.ie](http://www.yourcouncil.ie)

The closing date for receipt of completed applications is **4pm Tuesday, 13th of February 2024.**

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1. Scéim an Chiste Chaipitil
2. Scéim na gConarthaí Pobail
3. Scéim an Chiste Taitneamhachta

Tá tuilleadh eolais faoin maoiniú seo ar fáil ar líne agus is féidir leat iarratas a dhéanamh ar líne freisin ó 10rn Dé Céadaoin, 10 Eanáir 2024 ag [www.corkcoco.ie](http://www.corkcoco.ie) nó [www.yourcouncil.ie](http://www.yourcouncil.ie)

Is é an dáta deiridh a ghlacfar le hiarratais chomhlánaithe ná **4in Dé Máirt, 13 Feabhra 2024.**

*Personal Information may be collected by Cork County Council to enable the processing of your submission/ enquiry. Cork County Council can legally process this information as necessary to comply with its statutory/legal obligations. Such information will be processed in line with the Council's privacy statement which is available at [www.corkcoco.ie](http://www.corkcoco.ie)*

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• **Community Contract**

Tidy Towns groups who work with Cork County Council on local works and projects, agreed with the Municipal District Officer and local Area Engineer that enhance the area in which the group is active. For the Community Contract it is strongly recommended that you contact your Area Engineer and Municipal District Officer to discuss your proposals before you apply.

• **Amenity Grants**

Community groups, sporting and local organisations who wish to undertake projects or purchase equipment that directly benefits communities and their specific needs. Projects being applied for under this scheme must cost less than €20,000.

More info available here:

<https://www.corkcoco.ie/en/resident/municipal-districts/municipal-district-community-fund-schemes-2024>

Applications can be made online at [yourcouncil.ie](http://yourcouncil.ie)

**Closing date is 4pm Tuesday 13th February 2024**

Please contact me if I can help with your application.

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## A Word of Victory

Welcome back dear student "... I tell you the truth unless you turn from your sins and become like little children you will never get into the Kingdom of Heaven. So, anyone who becomes as humble as this little child is the greatest in the Kingdom of Heaven" (Matthew 18:3-4 NLT). Jesus said this to His disciples when they asked Him who is the greatest in His Kingdom. They weren't expecting that answer! It's an ongoing battle of the flesh to be the greatest. It fuels many people's lives. Yet the Lord Jesus warns that only those who humble themselves and look unto God, trusting Him for help (as a little child looks to his or her parents for every need) will enter His Kingdom. This is a difficult pill to swallow. People like to be independent. Self-sufficiency is a buzzword used by those seeking to live self sustainably free from society's restrictions. But spiritually many have rebuffed God's paths in a similar way because the flesh likes to do what it wants, rather than live within God's boundaries. Living apart from God is not freedom at all: it can cause people to fall into deceptive traps and snares.

In studying little children, we see they aren't puffed up in their own ability – they know they need support and help to survive, and, when they get rebellious it is their parent's job to correct and discipline them, so they learn right from wrong to live a successful life of purpose. Jesus taught to be successful in the Kingdom of God, one needs to lay aside the fleshly desires to be 'top dog' - and instead, serve God and others in humility. Some believe that to please God you must be penniless and wretched - but God never said that. It's 'the love of money' that is the root of all evil - not money itself – it's only a tool that can be used to do good or bad (1 Timothy 6:10). Poverty stinks, causing untold suffering. Therefore, humility as God teaches is not humiliation. Meekness does not mean weak or helpless. In demonstrating humility as He washed the disciples' feet, Jesus showed that the true character and nature of a Kingdom believer is to serve others in love because of our love of God - desiring to honour Him in how we live (Colossians 3:17). The humble will not lord it over, or wrong others, because that is unkind - the opposite of the fruit of the Spirit (Galatians 5:22; 1 Corinthians 13:3-7). The godly will treat others as they themselves wish to be treated – the golden rule in God's Word "do to others whatever you would like them to do to you" (Matthew 7:12).

However, this doesn't mean that in an abusive relationship you sit and smile and take it. Again, humility is not weakness, God's Word is quite clear. "If it is possible, as much as depends on you live peaceably with all men" (Romans 12:18). If it's not possible to live in peace you need wisdom from God – and help or advice from professional services. God is our Deliverer and when we lean upon Him and His Word, calling upon Him in trouble, He will deliver (Psalm 91:15). The Lord Jesus said, "apart from Me you can do nothing" (John 15:5) so it's important to get God's perspective from His Word for every situation you face. Paul said it like this "we are confident... because of our great trust in God through Christ... not that we are sufficient of ourselves, but our sufficiency is of God" (2 Corinthians 3:4-5 NKJV).

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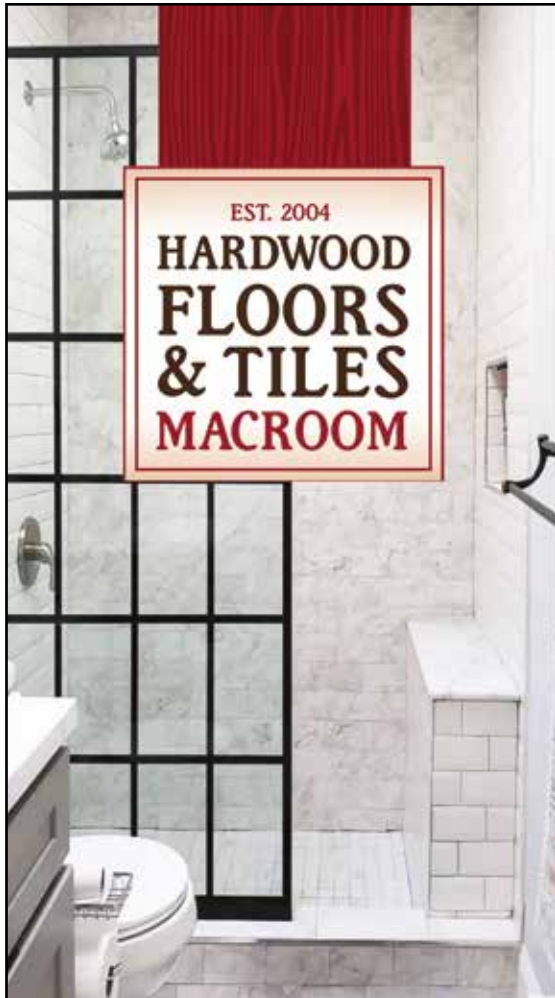
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## In recent years, Irish weather has been changing with an increased amount of weather events & storms



**Our AA Weather Warnings centre provides you with all the information you may need before & during a storm to prepare, protect & react.**

### Prepare:

This is the best way to plan & ensure your safety during a storm. Use this time to think of what you might do or where you might go should a orange or, red alert warning be issued for your location. Would you have enough supplies at home should a rapid storm develop?

If you needed to leave, do you know the best route to take or public transport to use?

Is your home or car secure & protected from falling debris or downed electricity lines?

If you live in a residential house, are your roof tiles secure & gutters empty so water can flow?

You can read more information on our dedicated protecting your home in a storm guide.

Take photos of your property, car & any outside items which are covered on your Home Insurance or Car Insurance policy. This will help if you need to make a claim after the storm has passed. If you need to check your level of cover, you can do this through your MyAA portal.

### Protect:

- Now that a storm has been declared, it's time to act on the planning you've made in preparing for a storm. If at any point during the storm you need to contact emergency services please call 112 or 999.

- Stay up to date on weather warnings for your area & be prepared if there is a risk to life in red warning situations.

- Secure any outside belongings like garden furniture, umbrellas & trampolines.

- If you have a pet make sure they're safe & indoors comfortably. This can be a scary time for them too.

- If you need to leave urgently, make sure a bag has already been packed with supplies & medication (if needed). Make sure the area is safe before you to leave & use a map app on your phone to check for any issues along your route.

### React:

- Once the storm has passed & the weather warning has been lifted it's time to check your home, car & belongings for storm damage.

- Make sure to check all belongings carefully for damage.

- Visually inspect your home roof from a distance for loose tiles or fallen debris.

- Check your car for any damage from objects which may have blown in the wind.

- Make a list of any damage you find to assist you if you need to make a claim on your Home Insurance or Car Insurance policy. If you need to make a claim, you can view all the necessary phone numbers or contact details above.

### Driving in stormy weather

#### Strong winds:

- When driving in strong winds, be on the lookout for vulnerable road users and fallen trees.

- Keep both hands on the wheel. Stay vigilant for strong gusts on exposed stretches of road or when passing high-sided vehicles. For example, during strong gusts it can take up to 170 metres to bring your car to a complete halt if driving at 120km/h.

- Keep your speed down. Not only will this give you more time to react if anything happens on the road ahead of you, but it will also make it less likely for your car to be blown off course by strong gusts.

- Allow extra stopping distance between you and the car in front of you. Exercise addition caution when overtaking, especially when passing high-sided vehicles and caravans.

- Watch out for debris on the road. Coming across twigs or small branches on the road could indicate that a tree or large branch has fallen on the road ahead of you. Similarly, partially fallen trees can hang above the sweep of your headlights. This can make them more difficult to spot when driving at night or early in the morning.

- Stay vigilant the days after strong winds. In the days immediately following strong winds, some trees which were weakened by the gusts could fall so it's important to be vigilant even after the winds have eased.

#### Surface water and flooding

- Surface water and floods can be deceiving; it's often difficult to tell how deep the water goes until you're in it. Pot-holes, drains and uneven road surfaces can also lead to nasty surprises. As a rule of thumb, we always advise that if you're not sure you'll make it – turn back. For the sake of a few extra minutes on your journey, you could be saving yourself from engine damage or worse.

- The effects of driving through flood water

are varied – everything from the engine to the electricals can suffer when exposed to water. Naturally, if you cut out and become stranded, you'll know you've gone wrong. However, some damage often only becomes apparent further down the line.

In general, you should avoid driving through water more than 10cm deep. Just 30cm of standing water – the length of a 'long ruler' – can cause a car to move involuntarily, and a depth of 60cm can cause it to float away. If water is moving, much shallower waters can present the same dangers.

Water as little as 3cm deep is sufficient to cause aquaplaning. This is when a layer of water causes your tyres to lose their grip on the road, instigating a loss of steering control. If your steering wheel feels 'light', there's a good chance that you're aquaplaning. The key is not to brake – reduce your speed by easing off the accelerator – and avoid harsh steering, keeping your two hands firmly on the wheel.

Cutting out is every driver's biggest fear when driving through surface water – and for good reason too. If the level of water outside the car reaches your engine's air intake, water can be sucked into the engine and can cause it to stop. A very small amount of water is enough to ruin a healthy engine.

If your car does cut-out, attempting to restart it can often make matters worse. It's best to exit the vehicle, find shelter and call for help. While you're waiting, avoid propping up the bonnet. Rainwater can further damage the mechanics if left exposed. If you're an AA Member, one of our experienced patrols will be sent out to assist you no matter the day or time.

If you're confident that the level of water is low enough for you to pass through without causing damage, you should nonetheless drive with extreme caution.

It's best to drive slowly in a low gear, keeping the engine revs high. This prevents water from entering the exhaust, prevents waves from forming and reduces your risk of aquaplaning. When you're out the other side, drive slowly for a stretch, tapping the brake pedal a few times before returning to a normal speed. This will dry the brakes and also prevent aquaplaning.

**For more advice please see <https://www.theaa.com>**





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## MEP KELLEHER WRITES TO FINANCE MINISTER REQUESTING CHANGES TO VAT RATES TO SUPPORT FOOD-BUSINESSES

Fianna Fáil MEP Billy Kelleher has written to Finance Minister, Michael McGrath requesting that he consider revising Ireland's VAT rates to move food-led businesses from a 13.5% rate to a lower rate of 9%. Kelleher, a member of the European Parliament's Economic and Monetary Affairs (ECON) and Taxation (FISC) committees, which deal with the overall VAT policy at European level, made the call following engagement with many food-led businesses who feel that their businesses are on the brink of becoming no longer viable.

"The increase from 9 to 13.5% in terms of VAT, allied to the cost of implementing the increase in the National Minimum Wage, is making small food-led businesses simply unviable. No one is criticising the increase in the Minimum Wage, as people need to be able to live and pay their bills.

"However, adding a VAT rise at the same time will be the straw that breaks the camel's back for many food-led businesses in Ireland.

"It's quite simple in my mind - we should separate out how food-led businesses and accommodation providers are treated in terms of VAT rates. They are operating in very different environments, with very different cost bases.

"In recent weeks, we have seen a spate of food-led businesses closing due to their costs rising exponentially. Increasing VAT on these businesses will result in many of them becoming non-viable. The result of this will be businesses closing and people losing their jobs.

"We need to recognise and give due account to the role of food-led businesses in local economies today. They are not only important employers, but also an essential draw for people to town centres and high streets.

"This source of attraction is particularly important at a time when we are seeing many high streets deteriorating and there is an expected evolution away from highstreets being simply practical places

to make purchases to more social spaces.

"Seven other EU Member States already operate split-VAT systems for food and accommodation.

The technical systems to handle the application of multiple rates in one transaction are already in place in many businesses in

Ireland. For example, in pubs serving food, there are different VAT rates applied to alcohol and food and in supermarkets, there are 0% VAT rates and higher rates depending on the product type.

"I am urging Minister McGrath, who I believe has a very strong pro-SME outlook, to consider making such a change. We owe it to our food-led SMEs to give them a chance at survival," concluded Kelleher.



Scolairí Scoil Abán Naofa. pic le Nóra Uí Luasa



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Mc Egan College: Under 19 Girls soccer team who lost out to Brogans College Bandon in a very competitive game recently.



Mc Egan College: 1st year girls Basketball team who lost out to St. Mary's in a very competitive game on Friday 19th January.

## Poc Fada



Poc Fada i gcuimhne ar Shane Murphy. Pic le Nóra Uí Luasa



Poc Fada i gcuimhne ar Shane Murphy. Pic le Nóra Uí Luasa



Poc Fada i gcuimhne ar Shane Murphy. Pic le Nóra Uí Luasa



Poc Fada i gcuimhne ar Shane Murphy. Pic le Nóra Uí Luasa



Poc Fada i gcuimhne ar Shane Murphy. Pic le Nóra Uí Luasa



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Poc Fada i gcuimhne ar Shane Murphy. Pic le Nóra Uí Luasa

Kilmurry

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February 2024

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Friday 16th February  
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## GAA NEWS

## AIB All-Ireland Club Intermediate Football Championship Final

**Cill na Martra 0 – 7 St Patrick's Cullyhanna 1 – 8**  
Cill na Martra were left to rue their inaccuracy as they came up short against Armagh's St Patrick's Cullyhanna in the AIB All-Ireland IFC final at Croke Park.

The Muskerry club were looking to become the first Cork winners of this competition since Carbery Rangers' six-point victory in 2005, and they had won four big battles since securing the Cork Premier Intermediate title over the Bantry Blues to reach this decider. They rearranged their defence for this final for tactical reasons and largely succeeded in their objective of countering the threat of the Northern forwards but it was up front that the Cork and Munster champions had unexpected difficulties, their wides tally reaching 16 in all. Credit to the Cullyhanna defenders for tight marking and rapid shut downs on forwards but Cill na Martra missed very scorable frees in the second half and appeared to panic at times when cooler heads would have yielded scores.

Cill na Martra got the opening score of the game in the third minute from midfielder Antóin Ó Cuana, but they were off target with three efforts for scores in the opening five minutes. St Patrick's corner-forward Gary Mackin levelled in the eighth minute before Daniel Ó Duinnín found his range two minutes later for the Cork champions.

Midfielder Pearse Casey soon landed a quality score from long range for the Armagh outfit and sharpshooter Aidan Nugent notched another fine point in the 17th minute to give his side the lead for the first time, and two minutes later he blasted to the back of the net after St. Patrick's had swooped on a dropping ball in the Cill na Martra goalmouth, the break down having fallen kindly for him.

Ciarán Ó Duinnín landed a much-needed score for Cill na Martra in the 23rd minute, and while wing back Colm Mac Lochlainn landed a beauty under pressure on the half-hour mark, this score was sandwiched between two Nugent scores from frees,



**All Ireland Intermediate Final Team Photo**

as St.Patrick's led by 1-5 to 0-4 at halftime.

Colm Mac Lochlainn steadied the nerves with another super score in the 38th minute but Gavan Duffy replied with a similar effort for Cullyhanna. Cill na Martra were playing well but fatally their inaccuracy continued, meaning they did not capitalise on what was another dominant spell of possession with the wide tally reaching the 13-wides mark by the 50th minute.

St Patrick's centre forward Shea Hoey split the posts in the 52nd minute and unfortunately for the Cork men, the misses kept coming. Cill na Martra needed a goal and they almost snatched one when Daniel Ó Duinnín forced St Patrick's goalkeeper James Carragher into a fine save in the 53rd minute, a high ball in fisted goalwards by the Cill na Martra man. The impressive Colm Mac Lochlainn, placed at half back to very successfully counter a Cullyhanna danger man, landed his third point of the game in the 57th minute to reduce the margin back down to four, but Cullyhanna captain Jason Duffy had the final say when he landed the final score of the game. Cill na Martra forced another couple of saves from Carragher at the death, but it wasn't to be their day. Scorers for Cullyhanna: A Nugent 1-3 (0-2 f), P Casey, G Mackin, G Duffy, J Duffy 0-1 each.

Cill na Martra: C Mac Lochlainn 0-3, C Ó Duinnín 0-2,



**Cian and Catherine Hyde**

A Cuana, D Ó Duinnín 0-1 each.

Cill na Martra: Pádraig Ó Críodáin: Tadgh Ó Corcora, Graham Ó Mocháin, Finén Ó Faoláin: Colm Mac Lochlainn, Seán Ó Foirréidh, Cianie Ó Foirréidh: Antóin Ó Cuana, Gearóid Ó Goillidhe: Daniel Ó Duinnín, Ciarán Ó Duinnín, Damien Ó hUrdail: Maidhcí Ó Duinnín, Micheál Ó Deasúna, Fionnbarra Ó hÉalaithe. Subs: Subs: Danny Ó Conaill for A Ó Cuana (29), A Ó Cuana for D Ó Conaill (32), D Ó Conaill for M Ó Deasúna (HT), Shane Ó Duinnín for D Ó hUrdail (43), Eoin Ó Conaill for M Ó Duinnín (54), Daire Mac Lochlainn for F Ó Héalaithe (56).

## Neutral view from Steve Malone RTE at Croke Park

St. Pat's, Cullyhanna are Intermediate All-Ireland Club champions and are the first team from Armagh to do so after holding out Cill na Martra in Croke Park.

Aidan Nugent's first half goal gave the south Armagh men the breathing space they needed with a four-point half-time lead and even though Cill na Martra were in control for most of the second half their tally of 16 wides tells its own tale.

Antóin Ó Cuana opened Cill na Martra's account, but Gary Mackin who was a late replacement for Barry McConville hit back. Daniel Ó Duinnín edged the Munster men ahead but captain Pearse Casey pointed at the Hill 16 side, a shot out of nothing, and then Armagh captain Aidan Nugent looked up and stroked over with 15 minutes gone.

Cill na Martra started to pack their defence, but Cullyhanna teased them out and with 20 minutes gone Micheal Murray's shot was parried by keeper Pádraig Ó Críodáin, young Neil McCreesh got a hand on the rebound and he guided it into the direction of Nugent who buried his shot into the net.

Ciarán Ó Duinnín and Nugent (free) traded points before Nugent's third point, after Jason Duffy was fouled, gave the south Armagh men a four-point lead at the break - Cullyhanna 1-5 to 0-4 for Cill na Martra. In the second half Cullyhanna were composed

throughout with their defence working hard against the busy Cork champions but scores were hard to come by, Colm Mac Lochlainn the only scorer in the first ten minutes of the second half. Then on 42 minutes Cullyhanna corner-back Gavan Duffy restored the four point lead and Shea Hoey stroked over as the Armagh champions were doing enough. Colm Mac Lochlainn swung over his third point of the afternoon as the Cork men tried to get reward for their second half dominance but when Jason Duffy floated over a point on third minute of additional time there was no way back for Cill na Martra, although Cullyhanna keeper James Carragher denied Ciarán Ó Duinnín's last gasp shot for goal and tapped it over the bar as the south Armagh men held on to clinch the All-Ireland title.

**Manager departs**

Since the All Ireland final, Cill na Martra have confirmed that John Evans has stepped down as the manager/trainer of the club's team, which will be playing in the Cork Senior A football championship this coming season, having won the Cork Premier Intermediate title and the Munster Intermediate title, each for the first time ever in 2023. In a statement posted on the club's Facebook page, Cill na Martra acknowledged

the great work of Evans and his co-selectors, Dónal Ó Buachalla and Gearóid Ó hÉalaithe. Their statement read 'Agus deireadh na bliana peile 2023 tagtha ar deireadh ba mhaith linn buíochas ó chroí a ghabháil leis an bhfoireann bainistíochta a bhí againn, John, Dónal agus Gearóid. Tá obair na gcapall déanta acu triúr.

Ba mhaith linn fíor-bhuíochas a ghabháil le John Evans, a bhí ina bhainisteoir agus ina thraenálaí ar an bhfoireann Idirmheánach Príomha againn le dhá bhliain anuas. Bhí sé mar aidhm againn an Craobhchomórtas sin a bhuachaint le tamall. Beidh cuimhne againn go deo ar an lá mór san i bPáirc Uí Chaoimh agus ar an dá lá i bPáirc Uí Chuana ar an slí dúinn Corn Idirmheánach na Mumhan a thabhairt abhaile. Cé nár eirigh linn i bPáirc an Chrócaigh, dob' iontach dúinn peileadóirí Chill na Martra a fheiscint ar fhód na páirce san agus an tacaíocht ollmhór i mbán is gorm in ár tseannta. Go raibh maith agat agus go neirí leat san blianta atá romhainn'.

In the 2024 McCarthy Insurance Group Cork Senior A FC, Cill na Martra have been drawn with fellow Gaeltacht side Béal Átha'n Ghaorthaidh, Carrigaline and Kiskeam.





Tadhg Ó Corcora on the ball during the All Ireland Intermediate Football Final at Croke Park



Cill na Martra supporters at Croke Park



Cill na Martra supporters at Croke Park



Billy & Pamela Ahern, Odharmait Buckley and Sinéad O'Leary



Cill na Martra supporters at Croke Park



Cill na Martra supporters at Croke Park

## HURLING

In what was a disappointing Saturday for Cork clubs at Croke Park, the two Cork sides went under to Kilkenny clubs in their respective finals.

### AIB All Ireland Club Intermediate Hurling Final:

Thomastown, Kilkenny 2-23 Castlelyons 0-13

### AIB All Ireland Club Junior Hurling Final:

Tullagher Rosbercon, Kilkenny 2-21 St Catherine's 1-13

### 2024 Allianz National Football League

Jan 28th Sunday Div 2 FL Donegal v Cork in Ballybofey 1.45pm

Feb 4th Sunday Div 2 FL Louth v Cork in Ardee 1pm

Feb 17th Saturday FL Cork v Cavan in Cork 4pm

Feb 25th Sunday FL Fermanagh v Cork in Ederny 2pm

Mar 3rd Sunday FL Cork v Kildare in Cork 3.30pm

Mar 17th Sunday FL Meath v Cork in Navan 1.45pm

Mar 23rd Saturday FL Cork v Armagh in Cork 7pm

### 2024 Allianz National Hurling League

Feb 4th Sunday Div1 HL Clare v Cork in Ennis 1.45pm

Feb 10th Saturday HL Cork v Kilkenny in Cork 7.30pm

Feb 25th Sunday HL Cork v Waterford in Cork 3.45pm

Mar 10th Sunday HL Offaly v Cork in Tullamore 1.15pm

Mar 17th Sunday HL Wexford v Cork in Wexford 1.45pm

### Mar 23rd Saturday NHL semi finals McGrath Cup Munster Senior Football

Cork 2-14 Clare 0-8 at Clarecastle

Cork 1-20 Waterford 0-6 at Mallow

Cork 1-14 Kerry 1-14 at Páirc Uí Rinn

Cork win on penalties 4-3

### Cork 1-20 Waterford 0-6

Cork won through to the McGrath Cup final against Kerry after a much-improved second-half from the Rebels in this Group B game at Mallow saw the Rebels outscore Waterford 1-14 to 0-2 and emerged with 17 points to spare.

They led 0-6 to 0-4 after a tame opening half, but

were able to turn it around with substitute Chris Óg Jones making an immediate impact. His goal straight from the restart was the springboard they needed.

As John Cleary continued to rotate his squad, he made eight changes from the previous win over Clare, with Kevin Flahive, Eoghan McSweeney, Brian O'Driscoll, Paul Walsh, John O'Rourke, Fionn Herlihy and Black Murphy retained.

Cork's two points in the second-quarter from Cathal Maguire and a second Cronin free pushed the hosts 0-6 to 0-4 at the break. Meanwhile, Waterford were reduced to 14 men when Conor McCarthy received a black card on 27 minutes, but Cork failed to capitalise. Cork's Paul Walsh had to be helped off injured in first-half stoppage time, and when the teams returned there were three alterations to the Cork side and these made all the difference. One of these was Chris Óg Jones, and within 13 seconds he placed the ball in the far corner of the net when he latched on to a marvellous delivery from first-half substitute Colm O'Callaghan, who dominated proceedings in midfield throughout the second 35.

It was one-way traffic after that, Chris Óg Jones and Eoghan McSweeney kicking some great points.

Scorers for Cork: C Óg Jones 1-4, E McSweeney 0-5, M Cronin 0-4 (all frees), C Maguire 0-2, F Herlihy, B Murphy (mark), D Gore, D Buckley, B O'Driscoll 0-1



each.

Cork: Chris Kelly (Éire Óg); Neil Lordan (Ballinora), Kevin Flahive (Douglas), Jack McCarthy (Carrigaline); Luke Fahy (Ballincollig), Seán Meehan (Kiskeam), Brian O'Driscoll (Tadhg MacCarthaigh); Ian Maguire (St Finbarr's, capt), Paul Walsh (Kanturk); John O'Rourke (Carbery Rangers), Fionn Herlihy (Dohenys), Cathal Maguire (Castlehaven); Mark Cronin (Nemo Rangers), Blake Murphy (St Vincent's), Eoghan McSweeney (Knocknagree).

Subs: Colm O'Callaghan (Éire Óg) for P Walsh (33, inj), David Buckley (Newcestown) for F Herlihy, Chris Óg Jones (Iveleary) for C Maguire, Darragh Cashman (Millstreet) for J McCarthy (all h-t), Aidan Walsh-Murphy (Valley Rovers) for B O'Driscoll (45), Damian Gore (Kilmacabea) for I Maguire (47), Alex Hassett (St Jude's, Dublin) for K Flahive, Callum Dungan (Carrigaline) for C Kelly (both 57), Gerry O'Sullivan (Boherbue) for J O'Rourke, D Desmond (Ballymartle) for E McSweeney (both 62), Matt Taylor (Mallow) for L Fahy (64).

Mid Cork players: Chris Kelly, Neil Lordan, Luke Fahy, Colm O'Callaghan, Chris Óg Jones,

### Cork 1-14 Kerry 1-14

(Cork win 4-3 on penalties)

Cork footballers retained the McGrath Cup with a win over Kerry in the final at Páirc Ui Rinn, the destination of the trophy decided by a five-kicks-each penalty shoot-out after the teams were level at the end of the game. Cork goalkeeper Patrick Doyle will have happy memories of this final as after playing really well in normal time, stopped a penalty and scored a penalty for Cork in the subsequent shoot-out.

Both teams fielding relatively strong teams and it was an interesting contest in difficult enough conditions. With the start of the league just a week away, this was a great match for both teams to get under their belts. Cork Manager John Cleary had prioritised getting a panel of players together with it's increased

options before heading for Donegal in the league opener. "Off the top of my head, Seán Powter, Killian O'Hanlon, Steven Sherlock, Kevin O'Donovan, Tom Clancy, and Brian Hurley aren't in the frame as of yet (because of injury). So that makes it even more vital that the other guys you have on the fringe of the panel were able to step up today," said the Cork manager. "The substitutions helped us in the second half and it gives us better options going forward into the League."

For Kerry, Manager Jack O'Connor felt "It was ideal, really, because we just needed a tough game". "We had a couple of facile enough wins in the earlier McGrath Cup games, so we knew Cork would have an awful lot of work done, and they have. Our boys battled well and could have snatched the game at the end, I thought there were a couple of curious refereeing decisions late in the game that we possibly could have got going our way.

"The result wasn't the big deal. It was about getting a good workout and getting 26 players on the pitch, which we did. All in all, a good day's work."

It went to penalties after normal time with no extra time, with Mark Cronin delivering the decisive penalty. Doyle, Chris Óg Jones and Fionn Herlihy also converted their spot kicks.

Played in difficult conditions, with wind and rain throughout, the sides traded points in the first three minutes, Ruairí Deane from a free. After ten minutes it was 0-3 apiece, Cork kicked two points on the trot through a David Buckley free and a Chris Óg Jones effort, and a Buckley free restored Cork's two-point advantage after 20 minutes, 0-6 to 0-4.

Kerry drew level and then struck for a goal after 30 minutes, a soft goal for the defence to concede. A point each then saw the Kingdom lead by 1-7 to 0-7 at the interval.

Kerry kicked two of the first three points of the new half, but then on 43 minutes Chris Óg Jones billowed the back of the net after he ran on to a superb over-

the-top ball from Ian Maguire. Eoghan McSweeney levelled, goalkeeper Doyle made another great stop, and Cork inched in front after 47 minutes when Luke Fahy fisted the ball over, 1-10 to 1-9. Kerry levelled and twice went in front but Cork clawed back to equality each time, the final equaliser from Darragh Cashman coming very late but the Millstreet man's finish was confident.

In the shoot out, Cork fell behind with an over the crossbar kick 1-2, but Kerry had a shot saved by Cork's hero Patrick Doyle and sent their fourth kick over the bar 3-2. Kerry scored 3-3 but Mark Cronin fired home the fifth penalty, 4-3 to Cork to get the season off to a good start. Now the real competitions commence. Scorers for Cork: D Buckley 0-5 (0-4 f), C Óg Jones 1-1, E McSweeney 0-2, L Fahy, B O'Driscoll, R Deane (f), D Cashman, M Cronin, B Murphy 0-1 each.

Cork: Patrick Doyle (Knocknagree); Maurice Shanley (Clonakilty), Tommy Walsh (Kanturk), Kevin Flahive (Douglas); Luke Fahy (Ballincollig), Seán Meehan (Kiskeam, capt), Mattie Taylor (Mallow); Ian Maguire (St Finbarr's), Colm O'Callaghan (Éire Óg); Eoghan McSweeney (Knocknagree), David Buckley (Newcestown), Brian O'Driscoll (Tadhg MacCarthaigh); Rory Deane (Bantry Blues), Conor Corbett (Clyda Rovers), Chris Óg Jones (Iveleary).

Subs: Mark Cronin (Nemo Rangers) for R Deane, Rory Maguire (Castlehaven) for T Walsh (both h-t), Cathal Maguire (Castlehaven) for E McSweeney (53), Daniel O'Mahony (Knocknagree) for S Meehan, Fionn Herlihy (Dohenys) for D Buckley (both 57), Blake Murphy (St Vincent's) for C Corbett (61), Darragh Cashman (Millstreet) for L Fahy (62) and also Christopher Kelly (Eire Og), Neil Lordan (Ballinora), John O'Rourke (Carbery Rangers)

Mid Cork players: Luke Fahy, Colm O'Callaghan, Chris Óg Jones, Christopher Kelly (Sub Goalkeeper), Neil Lordan.

## Senior Hurling Co-op SuperStores MH League

### Cork 1-24 Clare 0-24

Cork withstood a late Clare fightback at Páirc Uí Rinn to belatedly open their Co-op SuperStores Munster Hurling League campaign with a win.

With 11 minutes left, Cork looked to be coasting as they led by 1-22 to 0-18 but six Clare points in a row had the game up for grabs as the end of normal time neared. However, late frees from Cork sub Darragh Flynn and goalkeeper Brion Saunderson secured the victory.

Cork's game against Limerick, thrice postponed because of weather, will determine who advances to face Waterford in the final.

Cork struck 22 wides – against just three for Clare – but the Rebels management can take positives from the display, not least the fact that they never trailed after the opening seconds.

While a Clare point began the scoring inside the first minute, Cork had an immediate response as a powerful Conor Lehane run ended with him sending a low shot to the net.

The goal was the difference between the sides for almost all of the first half; with Cork wasteful at times, Clare did draw level at one stage before the Rebels pushed on to a hold a half-time advantage of 1-16 to 0-14.

Robbie Cotter, named at corner-forward, had two good early points and added a smart effort coming up to half-time. Lehane also had three points before

he was one of four players withdrawn at the break while Shane Kingston had eight points to his name by the interval.

Twice in the opening period, Jack O'Connor might have had another goal for Cork but it was Cork in 1-16 to 0-14 at the break.

Four substitutions for each side ahead of the second half perhaps contributed to the disjointed opening after the restart. Things were even overall, with the gap varying between four, five and six points and it was 1-20 to 0-17 on 53.

Cork subs Cormac Beausang and Darragh Flynn had points to open up a seven-point advantage but four in a row from Clare – three McCarthy frees and one by sub Keith Smyth – left a goal in it.

When Clare with two points narrowed the gap to a single point there was just a point in it but Cork made sure of victory through Flynn and Saunderson.

Scorers for Cork: S Kingston 0-8 (0-3 f, 0-1 65), C Lehane 1-3, R Cotter 0-4, D Flynn 0-3 (0-2 f), E Carey, B Saunderson (f), C Beausang, J O'Connor, B Hayes, R O'Flynn 0-1 each.

Cork: Brion Saunderson (Midleton); Ger Millerick (Fr O'Neills), Robert Downey (Glen Rovers), Cathal McCarthy (Sarsfields); Ciarán Joyce (Castlemartyr), Tommy O'Connell (Midleton), Cormac O'Brien (Newtownshandrum); Eoin Carey (Kilworth), Brian Roche (Bride Rovers); Sean Twomey (Coursey Rovers), Conor Lehane (Midleton), Shane Kingston (Douglas); Jack O'Connor (Sarsfields), Brian Hayes (St Finbarr's), Robbie Cotter (Blackrock). Subs: Daire O'Leary

(Watergrasshill) for Joyce, Sam Quirke (Midleton) for Roche, S Dalton (Fr O'Neills) for Twomey, Darragh Flynn (Ballygiblin) for Lehane (all half-time), Shane Barrett (Blarney) for Dalton (42, injured), Robbie O'Flynn (Erin's Own) for Kingston (44), Cormac Beausang (Midleton) for O'Connor (49), Eoin Roche (Bride Rovers) for O'Brien (58), Sean O'Donoghue (Inniscarra) for Carey (69).

**Mid Cork players: Seán O'Donoghue, Shane Barrett**

### 2024 Lidl LGFA National Football League Division 1

#### Cork 1-6 Galway 0-5

Cork registered a win in their first National League game of the season in Division 1 of the Lidl LGFA National Football League in dreadful weather at Bishopstown GAA's 4G pitch. Katie Quirke of Bride Rovers contributed her team's entire winning total of 1-6 and was a constant threat throughout the game. The stormy elements dictated that this would be a low-scoring encounter where retaining possession was paramount.

The Rebels began without of a host of first-team absentees including Doireann, Bríd and Ciara O'Sullivan plus Laura Fitzgerald. Roisín Phelan, Eimear Meaney and goalkeeper Meabh O'Sullivan will also miss this year's league leaving Cork with an unfamiliar looking line out.

Backed by the gale, Cork dominated the opening half and led by 0-6 to 0-1 at the interval. Cork faced the



elements in the second half but struck the vital blow in the 38th minute when after a goalmouth scramble, Galway failed to clear and Katie Quirke grabbed the ball and fired low into the net - Cork's last score of the game. Now the Cork defenders became the stars, with Melissa Duggan and Máire O'Callaghan to the fore in keeping Galway at bay. Galway never let up in attack and had the gap down to 1-6 to 0-5 but Cork were not to be denied and deserved their victory. Scorers for Cork: K Quirke 1-6 (0-3 frees).

Cork: S Murphy; M Duggan, L Coppinger, D Kiniry; A McDonagh (N Abán), M O'Callaghan (capt.), D Kiely; A Healy, S Cronin; E Jack, K Quirke, S O'Leary; L McDonagh (N Abán), H Looney, E Cleary (Éire Óg). Subs: S Kelly for S Cronin (44), E Hurley for S O'Leary (53), K Redmond for L McDonagh (53), K O'Driscoll for D Kiely (53), R Corkery for E Cleary (58), K Smith for E Jack (60).

## 2024 Cork County Championships

Five grades in hurling, five grades in football. Twelve teams in each championship, each with three groups containing four teams per group. Top two in each group advance to knock out stages, 3rd team in each group is finished, Two 4th placed teams will be involved in relegation play off.

Round 1: A v B C v D, Rd 2: A v D, B v C Rd 3: A v C, B v D

## Premier Senior Hurling

Group 1: Sarsfields, Douglas, Bishopstown, Newtownshandrum

Group 2: St Finbarr's, Blackrock, Newcestown, Fr O'Neill's

Group 3: Midleton, Charleville, Erin's Own, Kanturk

## Premier Senior Football

Group 1: A Nemo Rangers, B BALLINCOLLIG, C Newcestown, ÉIRE ÓG

Group 2: Castlehaven, Clonakilty, Carbery Rangers, St Michael's

Group 3: St Finbarr's, Douglas, Valley Rovers, Mallow

## Senior A Hurling

Group 1: BLARNEY, Carrigtwohill, Na Piarsaigh, Courcy Rovers

Group 2: Bride Rovers, Cloyne, Fermoy, Castletyons

Group 3: Glen Rovers, Killeagh, Ballyhea, INNISCARRA

## Senior A Football

Group 1: Carrigaline, BÉAL ÁTHA'n GHAORTHAIDH, CILL na MARTRA, Kiskeam

Group 2: Dohenys, Kanturk, O'Donovan Rossa, Fermoy

Group 3: Newmarket, Knocknagree, Clyda Rovers, Bishopstown

## Premier Intermediate Hurling

Group 1: Castlemartyr, Valley Rovers, Carrigaline, Watergrasshill

Group 2: Mallow, BALLINCOLLIG, ÉIRE ÓG, AGHABULLOGUE

Group 3: Kilworth, Ballymartle, Ballinhassig, Dungourney

## Premier Intermediate Football

Group 1: Ilen Rovers, UIBH LAOIRE, Aghada, AGHABULLOGUE

Group 2: Bantry Blues, Nemo Rangers, NAOMH ABAN, Bandon

Up next: Cork v Armagh

## Fixtures for January-February 2024

Sun, Jan 28th @1.45pm AFL R1 Cork v Donegal in Ballybofey Sun, Jan 28th @1pm

Cork LGFA League Cork v Armagh in Páirc Uí Rinn

Sat, Feb 3rd @5pm Rugby Challenge Munster v Crusaders in Páirc Uí Chaoimh

Sun, Feb 4th @1pm AFL R2 Cork v Louth in Ardee

Sun, Feb 4th @1.45pm AHL R1 Cork v Clare in Cusack Park Ennis

Sun, Feb 4th U20 F R1 Divisional U21 Football Knockout C'ships

Sat, Feb 10th @5.30pm U17 H Challenge Cork v Kilkenny in Páirc Uí Chaoimh

Sat, Feb 10th @7.30pm AHL R2 Cork v Kilkenny in Páirc Uí Chaoimh

Sun, Feb 11th U20 F R2 Divisional U21 Football

Group 3: Castletownbere, Kilshannig, Rockchapel, MACROOM

## Intermediate A Hurling

Group 1: Midleton, Ballygiblin, Aghada, Sarsfields

Group 2: Bandon, Blackrock, Erin's Own, Kildorrery

Group 3: Mayfield, Lisgoold, CLOUGHUV, Youghal

## Intermediate A Football

Group 1: Dromtarriffe, Adrigole, Kildorrery, Gabriel Rangers

Group 2: Mitchelstown, St Vincent's, Glanworth, BALLINORA

Group 3: Na Piarsaigh, Boherbue, St Finbarr's, Glanmire

## Premier Junior Hurling

Group 1: Douglas, Meelin, Milford, Russell Rovers

Group 2: Barryroe, Kilbrittain, Ballygarvan, Nemo Rangers

Group 3: St Catherine's, Glen Rovers, Argideen Rangers, St Finbarr's

## Premier Junior Football

Group 1: KILMURRY, Cobh, CANOVEE, St James

Group 2: Glenville, Cullen, Kinsale, Ballydesmond

Group 3: Urhan, Millstreet, Buttevant, St Nick's

## Divisions/Colleges Section - SHC and SFC

Tues, June 4th @7.30pm Div/Col Hurling (Unseeded) R1 Carrighoun v Duhallow in Donoughmore

Tues, June 4th @7.30pm Div/Col H (US) R1 Carbery v Muskerry in Macroom

Thurs, June 6th @7.30pm Div/Col Football (Unseeded) R1 Muskerry v Beara in Dunmanway

Thurs, June 6th @7.30pm Div/Col F (US) R1 Imokilly v Avondhu in Fermoy

Tues, June 11th @7.30pm Div/Col H (US) R2 Carrighoun v Muskerry in Ballincollig

Tues, June 11th @7.30pm Div/Col H (US) R2 Duhallow v Carbery in Coachford

Thurs, June 13th @7.30pm Div/Col F (US) R2 Muskerry v Avondhu in Glenville

Thurs, June 13th @7.30pm Div/Col F (US) R2 Beara v Imokilly in Enniskeane

Tues, June 25th @7.30pm Div/Col H (US) R3 Carrighoun v Carbery in Brinny

Tues, June 25th @7.30pm Div/Col H (US) R3 Duhallow v Muskerry in Ballyanley

Thurs, June 27th @7.30pm Div/Col F (US) R3 Muskerry

Knockout C'ships

Wed, Feb 14th Higher Ed Final Sigerson Cup Final

Sat, Feb 17th Higher Ed Final Fitzgibbon Cup Final

Sat, Feb 17th @2pm U20 F Challenge Cork v Galway in Páirc Uí Chaoimh

Sat, Feb 17th @4pm AFL R3 Cork v Cavan in Páirc Uí Chaoimh

Sun, Feb 18th @2pm Cork LGFA League Cork v Waterford in Páirc Uí Rinn

Sun, Feb 18th U20 F R3 Divisional U21 Football Knockout C'ships

Sun, Feb 25th @1.45pm U20 H Challenge Cork v Waterford in Páirc Uí Chaoimh

Sun, Feb 25th AHL Cork v Waterford in Cork 3.45pm

Sun, Feb 25th @2pm AFL R4 Cork v Fermanagh in Ederney, St Joseph's

v Imokilly Ballincollig

Thurs, June 27th @7.30pm Div/Col F (US) R3 Beara v Avondhu in Newcestown

Aug 10th - 11th Div/Col H SF Div/Col Hurling C'ship Semi Finals

Aug 10th - 11th Div/Col F SF Div/Col Football C'ship Semi Finals

Sun, July 28th All Ireland F Final All-Ireland Senior Football Final

## Opening Round of Group Games

McCarthy Insurance Group Football C'ship R1 July 26th -28th

Fri, July 26th @7.45pm PSFC R1 Nemo Rangers v Ballincollig in Ballymaw

Fri, July 26th @7.45pm PSFC R1 Newcestown v Éire Óg in Cloughduv

Sat, July 27th @5.30pm SAFC R1 Carrigaline v Béal Áth an Ghaorthaidh in Kilmurry

Sat, July 27th @5.30pm SAFC R1 Cill na Martra v Kiskeam in Clondrohid

Sat, July 27th @5.30pm IAFC R1 Glanworth v Ballinora in Mayfield

Sat, July 27th @5.30pm PJFC R1 Canovee v St James in Newcestown

Sun, July 28th @7.30pm PIFC R1 Ilen Rovers v Uibh Laoire in Dunmanway

Sun, July 28th @7.30pm PIFC R1 Rockchapel v Macroom in Dromtarriffe

Sun, July 28th @7.30pm PIFC R1 Aghada v Aghabullogue in Ballincollig

Sun, July 28th @7.30pm PIFC R1 Naomh Abán v Bandon in Carrigadrohid

Sun, July 28th @7.30pm PJFC R1 Kilmurry v Cobh in Ballyanley

## Co-Op Superstores Hurling Cship R1

Fri, Aug 2nd @7.45pm SAHC R1 Ballyhea v Inniscarra in Grenagh

Sat, Aug 3rd @5.30pm SAHC R1 Blarney v Carrigtwohill Caherlag

Sat, Aug 3rd @5.30pm PIHC R1 Éire Óg v Aghabullogue in Carrigadrohid

Sat, Aug 3rd @7.30pm IAHC R1 Cloughduv v Youghal in Church Road

Sun, Aug 4th @1.30pm PIHC R1 Mallow v Ballincollig in Blarney



## MACROOM SOCCER CLUB



The U12 schoolboys of Macroom FC who defeated Carrigtwohill in the cup at Murrayfield.



Macroom FC U12A schoolboys who played away to Coachford.

### Munster Senior League Div 2, Macroom 2 Lakewood Athletic 1.

Another fine win for the Seniors at Murrayfield where they deservedly beat third placed visitors Lakewood. The home side were quickly into their stride with the dangerous Dylan Twomey causing havoc-his efforts were rewarded when he set up the excellent Sean Murphy to score inside 4 minutes. Macroom were then happy enough to keep the visitors at bay and it was 1-0 at half time. In the second period Lakewood emerged more determined and got an early boost with an equaliser on 48 minutes. It was anyone's game now although the hosts were the more threatening. The Macroom defence of Hunt, O' Riordan, Morgans and Kelleher were doing very well and behind them, keeper Stiofan McSweeney was solid. Blake O' Gorman and Luke Ring were diligent and hardworking in midfield as Macroom took the game to the visiting side. The winner came on 64 minutes when Dylan Twomey lashed home a fine strike. Lakewood had a right go over the remaining minutes (including a fair chunk of injury time) but Macroom held firm to record another morale boosting victory. Interestingly, of the 15 players in the squad for this game, the average age was just 22 which included a good number of players under 20. Well done to all players and management on another excellent victory.

### Schoolboys Round Up

Murrayfield played host to the Delforno Tiles and Timber sponsored U12s v Carrigtwohill United AFC in the cup. A nail-biting finish resulted in a comeback for Macroom and a 3-2 win for the home side. Captained by Mark O'Donoghue, the hosts played really well against a strong East Cork side. Goals came from Cormac O' Leary (2) and Eoghan O' Sullivan in a fine performance from all the boys. Well done to players and management. The U12A, side, under captain Jack Ryan, played away to Coachford AFC. Despite a brave performance and a never-give-up attitude the boys went down 2-0. Much credit is due to all players for playing with great heart up until the final whistle. In the U16 John Cooke Founders Cup, Macroom travelled to play at the excellent Astro facility in Fermoy and lost out to the locals 5-3. This was a fine game which Macroom made a big contribution to. On the day a few things went against the visitors but there are plenty of positives to take into the upcoming league games. Thanks to the parents for travelling to Fermoy. Thanks also to sponsors Sterling Pharma Solutions. We are looking forward to having a similar Astro pitch at Murrayfield in the near future. <https://www.gofundme.com/f/macroomfc/donate>.

Goalscorers for Macroom were Arnau Latorre, Jack Cooper and Oisín Phelan.

**Well done** to the U13A boys who beat Lakewood Athletic 4-3 in a cracker of a game.

Oscar Hickey-Grace got the first goal to put Macroom ahead and it was closely followed by a goal from a free kick by James O' Brien. Early in the second half Gena Lisovyi scored from outside the box but Lakewood responded with a goal of their own. When Alex Murphy scored a penalty to make it 4-1 it looked over but Lakewood fought back bravely to make it 4-3. The Macroom boys held their own until the final whistle and emerged with an excellent win. Macroom U15A welcomed Mallow United to the Town Park, with both sides currently placed mid-table. Macroom started well and enjoyed a large amount of possession yet totally against the run of play Mallow scored twice to put the pressure on the hosts. Showing true character Macroom fought back and were level going in at half time. Fantastic commitment from every player along with some astute tactics by the management saw Macroom score two further goals in the second half. The visitors were then reduced to 10 men when their goalkeeper was sent off for a red card offence. Macroom saw out the remaining time comfortably to secure 3 very valuable points and a 4-2 win. Well done to all players, especially Conor Coghlan and Davit Kiknadze who both made their debut for the club and had fantastic games. Goals came from Daniel Lucey, Eoin O'Reilly, Alex Sikorski and Cian Lee to ensure a second win on the trot. Thanks to all parents for coming along and supporting the team. The U14 div 2 side exited the Leonard Gould Cup following a 2-1 defeat to Bandon at Murrayfield. The home side led following Matthew Kelleher's fine finish after good work from Ryan Brophy and Dylan O' Connell. Bandon were then awarded a penalty and they duly equalised. The visitors then struck from the left wing to go ahead and Macroom will be disappointed to concede such a soft goal. Into the second half and Macroom laid siege on the Bandon goal in search of an equaliser. Chances for David Bradley, Dylan O Shea, Micheál O' Connor and Cian Lee (off the crossbar) came and went. An inswinging corner from O'Shea looked over the line but the referee waved play on. At the death an indirect free kick from 10 yards out was blocked on the line and rolled agonisingly the wrong side of the post. A really frustrating outcome for the home side who will feel they should have had a better return than just the one goal. This team have a good number of league games to play and will hope to improve their league position in the weeks and

months ahead. Well done all.

### Youths

#### U18 League 1A, Douglas Hall A 1 Macroom 3.

The U18 boys travelled to Douglas and played their first game in six weeks in what was a very sporting affair. It was easy to tell they were after a long break as Macroom looked rusty for the first twenty minutes. Macroom finally found their feet and eventually managed to break the deadlock after a Luke Ring volley that was saved by the keeper was calmly finished by striker Adam O' Shea. The away side continued to pepper the Douglas defence with crosses into the box and were unlucky to only come away with a one goal lead at the break. The second half started and Douglas were much improved and controlled the game for the first ten minutes. Again though, Macroom showed their determination and managed to retake control. Macroom went 2-0 ahead when Cian O' Sullivan's cross was finished off by Mark Condon at the back post. Macroom had looked solid all game until a small blunder in defence allowed Douglas in for a goal bringing them back into the game. The lads again showed their mettle and desire to come away with the three points as they went up the other end and scored again. This time Luke Ring arrived with a tidy finish into the bottom corner following a free kick delivered by Alan Neville. It ended 3-1 and was another great team performance from this group.

#### U17 Youth League, Macroom 6 Douglas Hall 1

Macroom welcomed Douglas to the Town Park and the home side gave a commanding performance to run out comfortable winners. From the start, Macroom dominated the game. It wasn't long before the hosts found the net thanks to Jewel Ragin. Macroom continued to press forward and the second goal arrived from Cormac O' Riordan with a neat finish. Coleton Corkery made it three just before half time while Diarmuid O' Donoghue in the home goal made a number of smart saves. Corkery was on target again with a fine strike to make it 4-0 and another attack saw Luke Madigan latch on to a rebound to make it 5-0. It seemed to be over but Keelan Sheehan had other ideas when he found the net for Macroom's sixth. A late attack from a corner saw Douglas finding the net to give them a consolation. Thanks to everyone for attending and giving the team the support they deserve and thanks to team sponsor, Greg's Garage.

**Darragh Deasy PRO**



Macroom FC U17s who defeated Douglas Hall at the Town Park.



Kilmurry Ns recent winners of the Sciath na Scol sports quiz in Rochestown Park Hotel .



St Marys Junior Football team who are in to the Quarter Final



Muireann Murphy Manning and Lena Murphy



Linn snámh Cuil-Aodha lá Nollag. Pic le Nóra Uí Luasa



Foireann fé 21 le Naomh Abán a bhuaigh i gcoinne Inis Carta. Pic le Nóra Uí Luasa



Micheál Ó Croinín agus a chlann ag bronnda an trófaí ar buathoirí comortas Aodha Ó Croinín, lá le Stiofán i bPáirc Iosagán. Pic le Nóra Uí Luasa



## Looking Back 2014

### **Cork County Senior Hurling Championship 2014 Cork Institute of Technology 1-15 Muskerry 0-12**

Muskerry hurlers played well but just not well enough to defeat CIT in the opening round of the senior championship and so are eliminated from the competition for this year. CIT had an immaculate free taker in Stephen Murray of Burgess who scored six of his sides' first half total of 0-9. In contrast Muskerry had 0-4 on the board at the interval but had missed many scorable frees and points from play – a disadvantage which left them farther behind than they should have been on play and which was slightly demoralising when compared to their opponents strength in this department. Muskerry had only a single point on the board in the opening quarter from a Tom Kenny free and had already amassed six wides by this stage. Goalkeeper Paul Hallissey from Blarney made an outstanding save from CIT centre forward John Cronin of Lisgoold to keep Muskerry in the game in the 17th minute and after Tom Kenny pointed another free in the 23rd minute, Muskerry quickly hit over two further points, one each from Inniscarra's Colm Casey and Tom Kenny, to make it 0-7 to 0-4 with five minutes remaining to the break. CIT finished the half with a two-point flourish, one a smashing score from Kevin Hallissey of Eire Óg, his second from play, and the students led by five points at half time.

Muskerry introduced a specialist free taker into their attack for the second half, Mark Cremin of Blarney, and also sent in Mark O'Sullivan of Dripsey, and it was the latter who got the half off well for the divisional side with a point from the throw in. Within seconds CIT struck a decisive blow however when their team captain Michael O'Sullivan of Tracton, fired an unstoppable shot to the Muskerry net from close range and they followed up with a point to lead by 1-10 to 0-5 with only five minutes played in the second half. Mark Cremin pointed a Muskerry free, CIT responded with two points. Muskerry lost a great goal chance in the 42nd minute, Dan O'Connell unable to get in a shot from close range under severe pressure, but Ciarán O'Sullivan of Ballincollig did fire over a point immediately after. Two further points for CIT kept them comfortable but Muskerry finished well with points from Mark Cremin, Conor Cotter and Mark O'Sullivan, reducing the gap to seven points by the 53rd minute and when Stephen Murray pointed another CIT free (his tenth point) in the 54th minute, Muskerry responded with points from Mark Cremin and Ciarán O'Sullivan. They now needed goals however and they could not get through the fine CIT defence to secure these but they did try very hard to the final whistle.

Muskerry: Paul Hallissey (Blarney): Liam Jennings (Ballincollig), Paul O'Leary (Blarney), John O'Callaghan (Inniscarra): Kevin O'Neill, (Grenagh), Joe Jordan (Blarney), Stephen Olden (Inniscarra): Niall Buckley (Aghabullogue), Colm O'Neill (Grenagh): Ciarán O'Sullivan (Ballincollig), Tom Kenny (Grenagh), David Bowen (Ballincollig): Dan O'Connell (Inniscarra), Colm Casey (Inniscarra), Shane Sexton (Donoughmore). Subs: Mark Cremin (Blarney) and Mark O'Sullivan (Dripsey) both half time, Conor Cotter (Kilmichael) (56).

Selectors: John Feeney (Dripsey), Manager: Dave O'Brien (Blarney), John Sexton (Ballincollig), Willie Barrett (Aghabullogue), James O'Leary (Eire Óg), Peadar Murphy (Inniscarra). Trainer: Ciarán Sheflin.

Medical: Dr John O'Riordan and Sinéad McCarthy.  
Sponsors: The Auld Triangle Bars and Restaurant, Macroom.

### **County Senior Football Championship 2014 Muskerry 2-13 U.C.C. 1-11**

After their terrific performance against fancied UCC at Brinny, Muskerry footballers have qualified to meet Duhallow in the Colleges/Divisions section semi final in early June. Carbery (winners over Avondhu) meet Seandún (winners over Beara), in the other semi final and the two semi final winners will advance to Round Four (knock out) of the county championship, the open draw section, with 14 senior clubs also in that draw, sixteen teams in all.

Muskerry: Shane Masters (Kilmichael): Seamus Ó Mathúna (Naomh Abán), Kevin Barrett (Kilmurry), Graham Ó Mocháin (Cill na Martra); John Carey (Dripsey), Fintan Goold (Macroom), Conor Cotter (Kilmichael): Miceál Ó Laoire (Naomh Abán), Seán Ó Céilleachair (Cill na Martra): Danny Ó Conaill (Cill na Martra), Declan Ambrose (Aghinagh), Martin Ó Conchuir (Cill na Martra): Daniel O'Connell (Inniscarra), Liam Seartan (Béal Átha'n Ghaorthaidh), Daniel Twomey (Kilmichael). Sub: Rory Buckley (Macroom) (60).

Selectors: Andrew McCarthy (Inniscarra), John O'Shea (Eire Óg), John O'Callaghan (Iveleary), Dermot O'Riordan (Kilmichael), Mathew O'Leary (Aghinagh).

### **County Junior B Hurling Championship 2014 Laochra Óg 0-17 Crosshaven 0-13 (after extra time)**

New hurling club Laochra Óg played their first ever championship game at Blarney with South East side Crosshaven as opponents. It was a tense match with the score level at ten points each at the end of full time. The game then went into twenty minutes extra time and spirited Laochra Óg proved strongest to emerged winners by four points.

Laochra Óg: Gearóid Lucey ( goalkeeper), Conor O'Leary, Neilus Murphy, Kevin Healy, Adam O'Connell, Stephen Murphy (0-3), Cian O'Riordan, Daragh Healy (0-1), Jack Corcoran, Brian Corcoran (0-7), Brendan O'Callaghan, Mikey Lyons (0-4), Finbarr Twomey, Donal Casey (0-2), Thomas Lucey. Subs: Shane Lehane, Declan Kiely and Killian Lynch.

### **Uibh Laoire 1-6 Gabriel Rangers 0-4**

Uibh Laoire are through to the First Round proper of the Junior B Hurling County Championship after a hard fought win over Gabriel Rangers in the Preliminary Round at a wet and windy Aghaville, conditions making good hurling nigh on impossible. Uibh Laoire, who opted to play against the elements in the first half, got two points on the scoreboard while conceding just four points at the other end. The first of these points came from championship debutant Joseph Creedon, from a huge long-range free. Uibh Laoire had found themselves under serious pressure defensively but with John O'Callaghan a rock at full-back and a very willing half-back line of captain Ger O'Riordan, Daniel O'Riordan and another championship debutant, Finbarr McSweeney Jr., Gabriels were getting nothing easy. Just on the half's end, David Dineen clipped over a close-in free to leave Uibh Laoire just two points in arrears at half -time.

In the second half Uibh Laoire came out with all guns blazing, showing some terrific courage and no

lack of skill. With the aid of the strong breeze, Uibh Laoire's forwards were now more to the fore with Joe Creedon and Colin Tanner seeing plenty of ball and Barry Murphy working his socks off alongside them. David Dineen got the half off to the perfect start with a well executed free before Finbarr McSweeney Snr. added a great solo-effort from play. Then in the 49th minute, the game was blown open when a loose ball fell to David Dineen on the 20 metre line and the Milleen man billowed the Gabriels net. Uibh Laoire were now on a high and Dineen knocked over two more frees after some great work by substitute, Ger 'Donovan.

The final whistle was greeted by scenes of great jubilation as Uibh Laoire had booked their place in the First Round against Dromtarraffe. This was a great team display, with nobody failing to put a shoulder to the wheel. Goalkeeper Rob Oldham and his six defenders can take great credit for conceding just four points in the first 30 minutes and none at all in the second half. A hard running midfield of Finbarr McSweeney Snr. and Shane Galvin were a perfect link between defence and attack and the forwards showed great battling qualities and resolve in what was not an easy night for forwards.

Uibh Laoire: Robert Oldham: Martin Cotter, John O'Callaghan, Anthony McSweeney: Ger O'Riordan(capt.), Daniel O'Riordan, Finbarr McSweeney Jnr.: Shane Galvin, Finbarr McSweeney Snr.: Joseph Creedon, PJ McNulty, Barry Murphy: Colin Tanner, John McNulty, David Dineen. Subs: Ger O'Donovan.(43) and also Liam Kearney, Jamie Cronin, Cathal Vaughan.

Management team: Christy Leary, Con Leary, Jamie Cronin.

### **2014 Muskerry Cup Mid Cork J A F Final Canovee 2-8 Iveleary 2-7**

Canovee are back in the Muskerry division this season (2014) after six years in intermediate ranks and any doubts about their intentions for the year ahead can be dispelled after their capture of the first trophy of the season, the Muskerry Cup, at Macroom on Easter Sunday. It was a typical battling Canovee performance, particularly the finish, when they turned seeming certain defeat into sensational victory. In a very well contested final, the culmination of what has been a very good competition, Canovee deservedly led by two points at the interval but a superb goal from Edward Buckley in the 40th minute had put Iveleary in the driving seat, three points clear, and they looked to be playing well enough to maintain their advantage to the finish. They still led by two points as the game went into injury time but then disaster struck once again for Iveleary! They lost possession as they moved out of defence, thirty metres from their own goal, the ball was booted in to Aidan Moynihan who bore down on the Iveleary goal and when a defender knocked him over very close to goal, a penalty was the inevitable result. James Moynihan held his nerve and rifled the spot kick into the bottom corner of the Iveleary net and Canovee were winners of the 2014 Muskerry Cup, their first win since 2006.

Iveleary can take some consolation from their performance on this occasion, even if they will feel it was a game they should not have let slip so late. They were without Cathal Vaughan, the county U21 still out injured, and David Hourihan, injured in the Mid Cork U21 final, did not come on until after the



interval. When these two players, fully fit, come into the team then on the evidence of this display Ivealeary will be a test for any of the other championship aspirants. 'It is a long road that has no turning' and their luck will inevitably take a positive turn.

The game had opened on a lively note with an early exchange of points, Brian Barrett for Canovee and Joe Creedon from a free for Ivealeary. Darragh Ring's point put Canovee back in front but they then conceded a goal in the 8th minute, Pádraig O'Riordan's shot being blocked down but not held and the ball was then knocked over the line by an intruding defender. Ivealeary hardly had time to celebrate this bit of good fortune before they conceded a goal at the other end, Seán O'Connor's high cross from the end line fisted in by Brian Barrett, who rose highest in the goalmouth. James Moynihan and Darragh Ring added a point apiece and Canovee led by 1-4 to 1-1 at the end of the first quarter. The pace of the game fell away somewhat as Canovee seemed to be in control. Barry O'Leary's point for Ivealeary was matched by one from Darragh Ring and a point from James Moynihan left Canovee in front 1-6 to 1-2 five minutes from the interval. Ivealeary did hit back with two late points from Seán Lehane and Barry O'Leary, to leave only two points between the teams at the break, Canovee in front by 1-6 to 1-4 for Ivealeary and they were not flattered by this advantage.

The introduction of David Hourihan into the Ivealeary attack for the second half was of major benefit and Ivealeary were soon on level terms with points from Brian Cronin and Pádraig O'Riordan. In the 40th minute Hourihan put Edward Buckley through on goal and the midfielder drilled a fierce shot to the corner of the Canovee net to put Ivealeary a goal clear, 2-6 to 1-6. Stalemate followed, broken by Darragh Ring with a Canovee point in the 51st minute, their first score in thirty minutes play, and James Moynihan cut the gap to a single point in the 57th minute to further encourage Canovee. A minute from time, Brian Cronin steadied Ivealeary nerves with a point from a free, after a foul on young substitute Finbarr McSweeney, but Canovee are renowned battlers to the final whistle and they pulled this game out of the fire in a dramatic finish.

Scorers: Canovee: Js. Moynihan 1-3(1-0 pen.), B Barrett 1-1, D Ring 0-4 (0-1 free).

Ivealeary: E Buckley 1-0, o.g. 1-0, B Cronin 0-2 (0-1 free), B O'Leary 0-2, J Creedon (free), S Lehane, P O'Riordan 0-1 each.

Canovee: Darren Shine: Gearóid Lucey, James McCarthy, Daniel O'Sullivan: Seán O'Connor, Andrew Cronin, Brian Ahern: Eamonn Lyons, Michael Deasy: Aidan Moynihan, Darragh Ring, Ger Ahern: William Ahern, Brian Barrett, James Moynihan. Subs: Denis O'Sullivan for S O'Connor (43), Paul Twomey for M Deasy (45), Conor Hughes for G Ahern (58).

Ivealeary: Jamie Cronin: Donal Cotter, Daniel O'Riordan, Ger O'Riordan: Finbarr McSweeney, Seán O'Leary, Barry Murphy: Edward Buckley, Seán Lehane: Pádraig O'Riordan, Brian Cronin, Barry O'Leary: Liam Kearney, Joe Creedon, Colin Tanner. Subs: David Hourihan for C Tanner (half time), Shane Galvin for D Cotter (45), Finbarr McSweeney for J Creedon (49). Referee: Mr David Murnane, Macroom.

#### Macroom Motors Mid Cork U21 'B' Football Championship Final 2014

##### Macroom 3-10 Inniscarra 3-5

Macroom were underdogs going into his final and after 30 seconds conceded a goal to a clinical Tomás

O'Connor strike. Five minutes later Aaron O'Raw set up Seán O'Donoghue for a fine point and Inniscarra were looking far superior to a Macroom outfit that was struggling all over the field. Darren Kelly at last got a point for Macroom in the 7th minute and the game then took a dramatic turn due mainly to the lethal finish of Macroom full forward Patrick Lucey. Midfielder David Horgan sent in a high ball that Lucey fielded before turning and blasting to the Inniscarra net to equalise and Darren Kelly then added a second point for the lead. Macroom now cast off all their old doubts and in the 11th minute John Murphy from the right corner sent over a pin-point pass which Lucey fielded, stepped inside a tackle and again blasted to the net to make it 2-2 to 1-1 in Macroom's favour. The play now flowed from end to end but Inniscarra were to suffer a serious blow in the 19th minute when they lost a key forward to a Black Card offence. Still they were boosted almost immediately when Jack O'Dwyer slipped the ball low into the far corner of the Macroom net to leave only a point between the teams and it was all square again in the 29th minute when Seán O'Donoghue's long range shot bounced over the Macroom crossbar. In injury time however Macroom struck a major blow when the outstanding Kevin O'Dwyer soloed out of defence, combined with Michael Browne and then parted to John Murphy whose blast from close range just squeezed inside the post to make in 3-2 to 2-2 at the break and Macroom would have wind advantage in the second half.

On the restart, Patrick Lucey had two further points for the winners within two minutes but Inniscarra replied with points from Jack Hayes and Aaron O'Raw to match them. In the 40th minute team captain Michael Browne put Macroom four points clear and John Murphy added a super point to make it 3-6 to 2-4 at the three quarter stage. John Murphy then kicked over another point to open up a six point gap and made it seven with another point in the 23rd minute. Inniscarra came back with a point from Dylan O'Sullivan and only a great save by Macroom keeper Dylan Dinneen denied O'Raw of a goal in the 25th minute. Point from Murphy and Lucey increased the Macroom lead to 3-10 to 2-5 but in a bout of sustained Inniscarra pressure Declan Hyland slammed the ball to the net to reduce the gap between the teams at the finish of a fine contest to five points.

Macroom: Dylan Dinneen: Kevin O'Dwyer, Brian McMahon, Shane Creedon: Barry Healy, Emmett Quinlan, Robert Downey: David Horgan, Darren McKenna: Ricky Murphy, Michael Cronin, Darren Kelly: John Murphy, Patrick Lucey, Michael Browne. Sub: Don Creedon (half time).

Inniscarra: Dominic Kelleher: Brian Gould, Jerry Roche, Declan Hyland: Seán Lynch, Mark McCarthy, Cathal Griffin: Jack O'Dwyer, Aaron O'Raw: Dave O'Keeffe, Liam Collins, Paul Farmer: Dave Barry, Tomás O Connor, Seán O'Donoghue. Subs: Jack Hayes (20), Kevin O'Herlihy (35), Dylan O'Sullivan (50), Andrew McGrath, George O'Mahony. Referee: Mr Ted Hayes, Éire Óg.

#### Macroom Motors Mid Cork U21 'C' Football Championship Final 2014

##### Cill na Martra 4-10 Ballinora 2-12

Cill na Martra continue to show promise on many fronts and their underage successes are beginning to work their way through to the older age teams. They were deserving winners of a fine quality U21 'C' final at Carraigadrohid but in fairness to Ballinora

they made a major contribution to what was an enjoyable and very interesting contest. Cill na Martra led by 2-5 to 1-5 at the break but the teams were level after 40 minutes when it was 2-7 to 1-10 after a fine Ballinora rally on the restart. Cill na Martra then went two points clear again and a Miceál Ó Deasúna goal in the 48th minute was a major boost and they never subsequently looked like losing out. Ballinora battled on to the finish and were rewarded for their efforts with a late goal from a Pat Fitton penalty.

The game opened with an exchange of points between Kevin Murphy and Miceál Ó Deasúna. Ballinora then surged in front with a goal from Darragh Corkery to which Barry Murphy added a point in the 11th minute. The Cill na Martra response was swift and telling – a goal from a Liam Ó Loinsuigh free in the 14th minute followed by another a minute later from a Damien O hUrdail shot which took a deflection off a defender. Miceál Ó Deasúna and Daniel Ó Duinnín added a point apiece and when Ballinora kept in touch with a Darragh Corkery point, Miceál Ó Deasúna had another score for Cill na Martra to leave the winners in front by 2-4 to 1-3 after 22 minutes. Darragh Corkery and Brian Murphy had further points for Ballinora, Daniel Ó Duinnín replied for Cill na Martra who led by a goal at the break.

Ballinora outscored Cill na Martra by 0-5 to 0-2 in the period after the resumption with their points coming from Brian Murphy, two from Pat Fitton, Darragh Corkery and James Forde and the Cill na Martra reply from Gearóid Ó Faoláin and Dan Ó Duinnín. The sides were now level but the stalemate was broken by Miceál Ó Deasúna and Ó Duinnín for the Gaeltacht boys. Darragh Corkery got a point back but Ó Deasúna had another point and his goal in the 48th minute was a hammer blow to Ballinora hopes. Cill na Martra were now in control and Dan Ó Duinnín added another goal in the 54th minute to emphasise the winner's dominance. Gallant Ballinora battled on and were rewarded with a goal from a Pat Fitton penalty and a point from Kevin Murphy.

Cill na Martra: Antóin Ó Conaill: Piliip Ó Luanaigh, Finén Ó Faoláin, Gearóid Ó Goilí: Eoin Ó Loinsigh, Pádraig Ó Goilí, Antóin Ó Cuana: Cathal Ó Riordáin, Miceál Ó Deasúna: Damien Ó hUrdail, Liam Ó Loinsuigh, Gearóid Ó Faoláin: Dan Ó Duinnín, Stiofáin Ó Conaill, Daire MacLochlainn. Ionaidí; Pádraig Ó Críodáin agus Don Ó Críodáin.

Ballinora: Colin Murphy: Patrick Cronin, Brendan Hourihan, Niall Walsh; John O'Regan, Kevin O'Regan, James Lordan: Mike Lordan, Kevin Murphy: Alan O'Shea, James Forde, Pat Fitton: Diarmuid Cahill, Darragh Corkery, Brian Murphy. Subs: John Poland, Dylan Dineen and Darragh Holmes. Referee: Mr Jerry Masters, Kilmichael.

#### Ladies Football – 2014 National League Semi Final

##### Cork 3-13 Kerry 3-8

Cork Ladies qualified for the final of the National Football League by defeating Munster champions Kerry at Dromcollogher. Cork started well with a goal from Orlaith Farmer in the second minute and later a 29th minute goal from a penalty from Emma Farmer helped Cork to a three point interval lead of 2-7 to 2-4. Kerry then scored a third goal nine minutes into the second half but Cork with RENA BUCKLEY and BRIEGE CORKERY to the fore, kept Kerry scoreless in the final quarter and kicked over the points to give the Rebels passage to the final against Dublin in Parnell Park.



## Cork Ladies are League Champions

### Cork 1-9 Dublin 2-4

Cork ladies continued their winning run over Dublin and lifted their eighth Tesco Homegrown National Football League title in ten years at Parnell Park.

Dublin were desperate to get one over the Rebels, who had beaten them at the All-Ireland quarter-final stage in two of the last three years, and they led by four points early in the second half. However, Cork showed their resilience and battling qualities once again, scoring six points in a row to turn the game on its head with Dublin failing to score for 21 minutes. The Dublin girls hit six wides after the break, Cork, appearing in their seventh league final in a row compared to Dublin's first, used all their experience to run the clock down and drew the free which Geraldine O'Flynn expertly converted with ten seconds remaining.

There were the same number of goals scored as points in a low-scoring first half. Lindsay Peat, was back among the goals for Dublin with two cracking finishes in the first half. Cork responded with a goal from Orlagh Farmer in the 13th minute with a low snapshot which flew past Clíodhna O'Connor in the Dublin goal. All Star forward and expert free-taker Valerie Mulcahy was not named to start the game but she ended up as Cork's top scorer with 0-5. Her only point from play came just before the break to leave her team trailing by just 2-1 to 1-2.

When Dublin opened up with two points in three minutes from Davey and Sinead Aherne to stretch their lead to four, it looked as though they would finally get a victory over the Rebels. Cork had other ideas, however, and three Mulcahy frees as well as points from Geraldine O'Flynn, Doireann O'Sullivan and substitute Deirdre O'Reilly from a narrow angle saw them turn the game around. While the brilliant Carla Rowe won and carried a lot of ball, the Dublin forwards disappointed and could not make use of

possession. Aherne's close-in free ended Dublin's 21 minute scoring drought after 54 minutes to reduce the gap to a point. But Cork, who have lost some key players since last season, showed they still had the confidence to play the possession game with O'Flynn kicking the insurance point to break Dublin hearts again.

Scorers for Cork – V Mulcahy 0-5 (4f), O Farmer 1-0, G O'Flynn 0-2 (1f), D O'Sullivan, D O'Reilly 0-1 each  
CORK: M O'Brien; R Phelan, Angela Walsh, B Stack; V Foley, Ann Marie Walsh, G O'Flynn; RENA BUCKLEY, BRIEGE CORKERY (capt); Annie Walsh, C O'Sullivan, O Farmer; E Farmer, D O'Sullivan, V Mulcahy. Subs: D O'Reilly (36), O Finn (40), EIMEAR SCALLY (40), G Kearney (51), N Kelly (54)

The captain of the Cork team was Briega Corkery of St Vals, leading Cork for the first time in a national final on the day after acting as bridesmaid at her sister's wedding! Rena Buckley (Donoughmore) partnered Briega at midfield and Eimear Scally (Eire Óg) came on as a second half substitute.

Congratulations to Briega, Rena and Eimear, and to team manager Eamonn Ryan and fellow selectors from Mid Cork, Justin McCarthy (Naomh Fionnbarra), Frank Honohan (Donoughmore) and Pat O'Leary (St Vals).

### Auld Triangle and Muskerry Sports Star Awards 2014

The inaugural winner of the new award scheme to recognise outstanding performances and achievements of Mid Cork GAA men and women is Seán Kiely of Ballincollig GAA club. There will be eight monthly winners over the season and an overall Muskerry Sports Star of the Year Award, the awards scheme being sponsored by the Auld Triangle Bars and Restaurant, Macroom. The monthly award winners will be selected by a panel of judges, representative of the Mid Cork GAA Board, local Press and sponsor.

In recognition of his outstanding performances at the start of the 2014 season, Seán Kiely has been selected

as the first monthly 'The Auld Triangle & Muskerry Sports Star Award' winner. Seán was deemed the winner for March for his outstanding performances in helping UCC to win the Sigerson Cup, Ballincollig to retain their Mid Cork Under 21 'A' Football title and Cork U21 footballers in defeating Kerry and Limerick in the Munster championship."

Seán was joined by family, friends, Ballincollig club mates, Seán Hayes, Manager of Cork U21 footballers, Munster champions, and John Grainger, UCC Sigerson Cup mentor, at a celebratory dinner hosted by Michael O'Riordan at The Auld Triangle, Macroom. Mr. John Feeney, Chairman of the Judging panel, welcomed all present to what was a very special occasion, the inaugural award presentation ceremony, and said that the judges had a relatively easy task for this particular monthly award as Seán Kiely had had an outstanding playing record from January to March, with three teams, playing at the highest level.

Ms. Tracey Kennedy, PRO Cork County Board, complimented the organisers of such a scheme and thanked Michael O'Riordan of The Auld Triangle for his sponsorship. She congratulated Seán Kiely on his achievements and on his award and said that he 'set a fine example for all young players'.

Mr Pat Malone, Vice Chair of Muskerry Board GAA, wished the recipient every good luck in his future career, wished the Award Scheme well and thanked the judges for their efforts. 'The Auld Triangle and Muskerry GAA Award scheme will', he forecast 'be good for the clubs and players of Muskerry in the future'.

Sponsor, Michael O'Riordan of the Auld Triangle Bars and Restaurant, Macroom, in welcoming everybody present said that the awards were for achievements and excellence on the fields of play and that Seán Kiely was a worthy first recipient.



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**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



In loving memory of

**JOHN O'CONNELL**

**Knocksaharn, Kilnamartyra, Who passed away on 28th January 2023.**

As we fondly remember Dad on his first anniversary, we would like to express our deep gratitude to all who sympathised with us on our sad loss. Our heartfelt thanks to all relatives, friends and neighbours who called to the house, to everyone who sent mass cards, enrolments, online condolences, letters, phone calls and to all those who attended the removal and funeral. We are so grateful hearing your fond memories of Dad and for your words of comfort and support. We thank Fr O Mahony, Fr Mc Carthy & Fr McAuliffe for officiating at the funeral. We thank Cyril and his staff of Caseys Funeral services for their advice and professionalism. A very special thanks to the wonderful staff of Carechoice Macroom for their kindness and care to Dad.

The holy sacrifice of the mass has been offered for your intentions.

*Time this past year slipped quietly by,  
But love and memories never die,  
In our hearts you will always stay,  
Loved and remembered every day.*

*We think of things you used to say  
And all that you would do.  
At some point every single day  
Our thoughts will turn to you.  
No matter how life changes  
No matter what we do,  
A special place within our hearts  
Is always kept for you.*

*A loved one never leaves,  
They're never far away,  
They watch you from a distance,  
and guide you every day.*

*Always in our thoughts  
Forever in our hearts.*



John's Anniversary mass will be celebrated in St. Lachteen's Church, Kilnamartyra on Sunday 28th January at 11:30 am

Lovingly remembered by John's family.

**4TH ANNIVERSARY**



In loving memory of

**ANDREW O'RIORDAN**  
**FERGUS, DRIPSEY, COACHFORD, 23rd JANUARY 2020**

*We sat beside your bedside  
Our hearts were crushed and sore  
We did our duty to the end  
Till we could do no more  
In tears we watched you sinking  
We watched you fade away  
And though our hearts were breaking  
We knew you could not stay.*



Greatly missed by your loving wife Anne and Edel, Ashling, Trevor, Anthony and Gavin.

Andrew's Anniversary Mass will take place Saturday 20th January at 6pm in St Patrick's Church Coachford

**3RD ANNIVERSARY**



In loving memory of

**NORA LUCEY**  
**Raleigh South, Macroom, Who passed away 1st February 2021**

*God called your name so softly,  
That only you could hear,  
And no one heard the footsteps,  
Of angels drawing near,  
The golden gates stood open,  
God saw you needed rest,  
His garden must be beautiful,  
He only takes the best..*



Always remembered by your loving husband Donal and Family.

Nora's Anniversary Mass will be held in St Colmans Church Macroom on Sunday 4th February at 8.30am

**3RD ANNIVERSARY**



Remembering a special Mum and Nana.

**NORA LUCEY**  
**(NÉE HORGAN)**  
**Gearagh View, Raleigh South, Macroom, Who passed away 1st February 2021**

*If Roses grow in Heaven  
Lord, please pick a bunch for me.  
Place them in my Mother's arms  
and tell her they're from me.  
Tell her that I love her and miss her,  
and when she turns to smile,  
place a kiss upon her cheek  
and hold her for a while.  
Because remembering her is easy,  
I do it every day,  
but there is an ache within my heart  
that will never go away.*



Always remembered & sadly missed,  
By your loving family

**THE MIRACLE PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

x

**THE MIRACLE PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

x

**8TH ANNIVERSARY**



In loving memory of

**MAUREEN HORGAN**  
**(NEE KISSANE)**

**Lyrenageeha, Ballingearry, Who died on 3rd February 2016.**

*God looked around his garden  
and found an empty place  
He then looked down upon the Earth  
and saw your tired face  
He put his arms around you  
and lifted you to rest  
With the help of his angels they flew  
you to your heavenly place*



Remembered with love by all her family and friends  
Are dheis De go Raibh a anam dilis

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**4TH ANNIVERSARY**



In loving memory of

**MARY CANTY**

New Street, Macroom, Co. Cork.

Who passed away on the 1st of February 2020

*Those we love don't go away.  
They walk beside us every day.  
Unseen, unheard, but always near, so  
loved, so missed, so very dear.*



Always in our thoughts and remembered with love.

Sadly missed by your husband Denis, children Aimee, Denis, Nicola, Dylan & your grandchildren Aoife, Iona, Adam, Ethel & Sophia.

**5TH ANNIVERSARY**



In loving memory of

**EILEEN STACK**

Currahaly, Farran

Who died on January 20th 2019

*They say there is a reason  
They say that time will heal  
But neither time or reason,  
Will change the way we feel  
For no one knows the heartache  
That lies beyond our smiles.  
No one knows how many times  
We have broken down and cried  
We want to tell you something  
So there won't be any doubt  
You're so wonderful to think of  
But so hard to be without.  
We cannot bring the old days back  
When we were all together  
The family chain is broken now  
But memories live forever.*



Your Loving Family  
John, Michael & Louise.

**3RD ANNIVERSARY**



In loving memory of

**JOHN CAREY**

Rea Dunmanway and Sleaveen Road Macroom

27th January 2021

*Though we cannot see  
the ones we love  
does not mean  
they are not near.*



Always remembered, loved and missed everyday by your wife Mary. Padre Pio pray for us.

Mass for John will be in St. Coleman's Church Macroom Saturday 27th January at 10am and in St. Patrick's Church Dunmanway on Wednesday 31st January at 10am.

**30TH ANNIVERSARY**



In memory of my dear mother

**MARGARET KELLEHER**

Sleaveen Road Macroom and late of Ballinagree who passed away on 29th January 1994

*You can only have one mother.  
Patient, kind and true. No other friend in all  
the world, will be the same to you.*

Always missed by your daughter Mary, relatives and friends. Padre Pio pray for us.



Anniversary Mass for Margaret Monday, 29th January at 10am in St Colman's Church, Macroom.

**6TH ANNIVERSARY**



In loving memory of

**JOAN HERLIHY**

Derryroe, Macroom whose 6th

Anniversary occurs on 4th. February.

*Those we love don't go away  
They walk beside us every day  
Unseen, unheard  
but always near  
so loved, so missed  
so very dear.*



Sadly missed and fondly remembered by your loving family

**22nd ANNIVERSARY**



In loving memory of

**BREDA FEENEY**

"The Weigh Inn"

Dripsey Cross, Co Cork

Who died on 27th January 2002



Always in our hearts from all your loving Family.

**25TH ANNIVERSARY**



In loving memory of

**MARK O'RIORDAN**

Clouny Carthy, Renanirree,

Macroom. Who died on 01 Feb 1999.

*Every day in some small way  
Memories of you come our way  
Though absent, you are always near  
Still missed, loved and always dear.*



Sadly remembered by Mom Gobnait, Nana, uncles and Aunts.

**3RD ANNIVERSARY**



In loving memory of

**MARY CREEDON**

Knocksaharn, Kilnamartyra, Macroom, who died on January 28th 2021

On the third anniversary of her death, Mary is lovingly remembered by her daughters, Jane, Marie, Teresa, Anne, Gobnait, Josephine, sons in law, brother and sisters, her loving grandchildren, great grandchildren and extended family.



*We hold you close within our hearts,  
And there you shall remain.  
To walk with us throughout our lives  
Until we meet again.  
So rest in peace dear loved one,  
And thanks for all you've done.  
We pray that God has given you  
The crown you've truly won.*

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**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



In loving memory of  
**DERMOT KEANE**

**Douglas, Cork / Ballyvourney, Cork**

As we lovingly remember Diarmuid (Dermot) on his first anniversary on February 1st, we his family would like to thank all those who sympathised and supported us on our bereavement.

We would like to thank all those who attended the removal at Douglas GAA Club, the funeral masses in St. Columba's Church in Douglas and St Gobnait's Church Baile Bhuirne, the service at The Island Crematorium and his burial at St Gobnait's cemetery Baile Bhuirne.

We would also like to thank all those who sent mass cards, sympathy cards and letters and online condolences.

We would like to thank the Holland family and all associated with Douglas GAA club including The Ladies Committee and The Friday Club for their fantastic hospitality in hosting Dermot's wake and refreshments after the funeral. We would also like to thank The Young At Heart and The Douglas Lions Club for their long standing friendship to Dermot.

Sincere thanks to Father O'Sullivan in Douglas and Father McCarthy in Ballyvourney for their beautiful meaningful funeral masses, the Douglas choir for their outstanding singing and Jerome and Jimmy for their lovely accordion playing.

We would also like to thank Fordes and McCarthys Undertakers and the Grave digger for their kindness and professionalism and to all at the Abbey Hotel Baile Bhuirne for their hospitality after Diarmuid's burial at St Gobnait's Cemetery.

As it would be impossible to thank everyone individually, please accept this acknowledgment as a token of our sincere thanks and gratitude.

The Holy Sacrifice of Mass will be offered for your intentions.



Diarmuid's First anniversary Mass will be celebrated in St Columba's Church Douglas on Sunday January 28th at 11am and on Sunday February 4th in St Gobnait's Church Ballyvourney at 11.30am.

Lovingly remembered by the Keane and Morris families.

**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



With love we remember

**JOSIE O'SHEA**

**Carrigafooka, Macroom, who died on the 30th January 2023.**

As we lovingly remember Josie on her first anniversary we wish to express our sincere gratitude and appreciation for the kindness and support shown to us at the time of the sad loss of our beloved mum and during the past year. Thank you to all those who attended the removal, funeral mass and burial. Your presence was greatly appreciated.

Kind thanks to all those who sent mass cards, letters of sympathy, perpetual enrolments, online condolences and flowers. Your prayers, kind words, sympathy and support were a great comfort to us during our sad time. We are grateful to you all. Thanks to Fr. Jim Greene for celebrating Josie's funeral mass. Thanks also to sacristan Bridget Connolly. Thanks to all those who participated at Josie's funeral mass, and to all those who helped out in any way during those difficult days. It meant so much to us. Many thanks to Brendan and Monica O'Brien and to the organist for the beautiful music which made our mother's mass so very special to us. Sincere thanks to Dr. John O'Riordan Sullane Family Practice for the kindness, empathy and professional support shown to mum over the years. Also thanks to all the staff at Macroom Community Hospital for caring for mam with such dignity and respect, and for making our mother's final days so peaceful and comfortable. Thank you.

Sincere thanks to Martin and Billy Fitzgerald and all at Fitzgerald's Funeral Directors for their respectfulness, guidance, and professionalism at such a sad and difficult time.

Thanks to Helen for calling to mum over the years. Special thanks to our relatives, friends and colleagues for their kindness and support shown to us at the time of our sad loss and during the past year. We are truly grateful.

We would especially like to thank all of our wonderful neighbours for their exemplary kindness and support shown to mam and to us over the years. Your kindness was truly appreciated. We are so grateful to you all.

As it would be impossible to thank everyone individually we trust this acknowledgement will be accepted as a token of our sincere thanks and appreciation. The Holy Sacrifice of the Mass will be offered for your kind attentions.



Always remembered and dearly missed by your family. Always with us in spirit.

May Josie rest in peace.

Josie's first anniversary mass will be on in Clondrohid Church on Sunday 4th February 2024 at 9.30 am

**6th ANNIVERSARY**



In loving memory of

**DENIS HARTNETT**

**Carrigeigh, Inchigeela, Macroom Who died on 4th February, 2018**

*We thought of you with love today,  
But that is nothing new.  
We thought about you yesterday,  
And the days before that too.  
We think of you in silence,  
We often speak your name.  
All we have are memories,  
And your picture in a frame.  
Memories are our keepsake,  
With which we will never part.  
God has you in his keeping,  
And we have you in our hearts*



Sadly missed by his loving wife Anne, family and grandchildren

**12th ANNIVERSARY**



In loving memory of

**EILEEN MCCARTHY (NEE MURPHY)**

**Firmount, Killarney Road, Macroom Co. Cork.**

**Who died on 1st February 2012**

*It broke our hearts to lose you,  
But you did not go alone,  
For part of us went with you,  
The day God called you home.*

*Sweet Jesus take this message,  
To our mother up above,  
Tell her how we miss her,  
And give her all our love.*



Sadly missed by Orla, Owen, Tom, relatives and friends.

**3RD ANNIVERSARY**



In loving memory of our loving mother and grandmother

**SHEILA CREEDON**

**Late of Knockane, Terelton,**

**Macroom, Co.Cork.**

**Whose 3rd anniversary occurs on the 21st of January**

*We think about you always,  
We talk about you still,  
You have never been forgotten,  
and you never will.  
We hold you close within our hearts,  
and there you will remain,  
to walk and guide us through our lives,  
until we meet again.*



Loved and missed by your son Dan and your adoring grandchildren Shane Don and Noelle and all your extended family freinds and neighbours

**12TH ANNIVERSARY**



In loving memory of

**KITTY BUCKLEY**

**Carrigagulla, Ballinagree, Macroom**

**Who died on 30th January 2012.**

*Sadly the leaves of memories fall,  
Gently we gather and treasure them all.  
Unseen, unheard you are always near,  
Still loved, Still missed,  
Still very dear.*



*No longer in our lives,  
Forever in our hearts.*

Remembered today and everyday by your loving family.

**THE MIRACLE PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. MM

**4TH ANNIVERSARY**



In loving memory of  
**MAURA LUCEY**  
Cornera, Inchigeela  
Who died on 20th January 2020

*Somewhere beyond the sunset,  
Where loved ones never die,  
You sleep in a beautiful garden,  
Beneath a golden sky.  
Though Heaven and Earth divide us,  
We are never far apart,  
For you are always in my thoughts,  
And forever in my heart.*



Sadly missed by your loving husband  
Concubhar, Children - Mick, Richard, Con,  
Mags, Mary and families

**11TH ANNIVERSARY**



In loving memory of  
**KIERAN  
MC CARTHY**  
Crookstown, Co. Cork  
Who passed away on  
26th January

*Two tired eyes are sleeping  
Two willing hands are still  
The one who worked so hard for us  
Is resting at God's will.*



Always remembered  
by his loving family

**5TH ANNIVERSARY**



In loving memory of  
**JIM  
CORCORAN**  
(JIMMY/JAMES)  
Clodagh, Crookstown  
and late of Terelton  
whose 5th anniversary occurs  
on the 5th of February

*God called your name so softly,  
That only you could hear;  
And no one heard the footsteps,  
Of angels drawing near,  
The golden gates stood open,  
God saw you needed rest;  
His garden must be beautiful,  
He only takes the best.*



Lovingly remembered by Phil and family.

**15TH ANNIVERSARY**



In loving memory of  
**FINBARR  
O'MAHONY**  
Roovesbeg, Coachford, Co. Cork  
Whose 15th Anniversary occurs on  
24th January.

*The world changes from year to year,  
Our lives from day to day,  
But the love and memories of you,  
Shall never fade away.*



Remembered always by  
his wife and family.

**7TH ANNIVERSARY**



Cherished memories of  
**EILEEN  
J.QUILL**  
Barr d'Inse, Cúil- Aodha,  
Who died on January 23rd 2017

*It doesn't need a special day,  
To bring you to our minds.  
For days without a thought of you,  
Are very hard to find.*



Fondly Remembered by Your  
Family,Relatives & Friends.  
Naomh Gobnait guidh orainn.

**ANNIVERSARY**



**O'MAHONY**  
Denis 11th January 1990      Julia 26th January 2009

In loving memory of our dear father and mother, late of The Village,  
Clondrohid, whose anniversaries occur around this time.

*If memories bring us closer,  
We are never far apart.  
For ye are always with us,  
In our prayers and in our hearts.*



Always remembered by your loving family

**40TH ANNIVERSARY**



In loving memory of  
**NORA  
O'SULLIVAN**  
Shandangan, Carrigadrohid  
Who died on 27th January 1984.

Remembering her daughter Elinor  
Black who sadly died on 9th January  
2024.

*Time and years slip quietly by,  
But love and memories never die.  
In our hearts you will always stay,  
Loved and remembered every day.*



Fondly remembered by Ann, Gus, Marian  
and family.

**THE MIRACLE PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **MOR**

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