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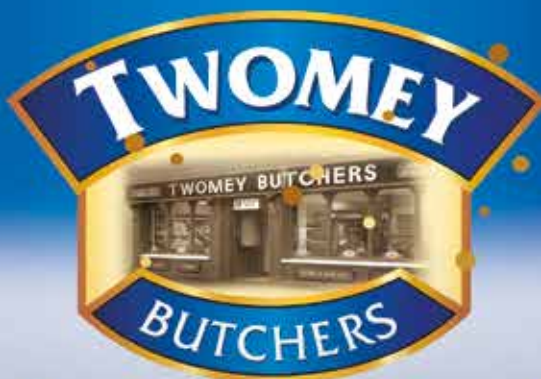
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If you cannot access physical copies, the LVO can be viewed online at:

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We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions will be

published in the following edition.

As always submissions as Gaeilge are always welcome too!

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## MACROOM GIRLS GUIDES

### MACEGAN SENIOR BRANCH WIN THE NATIONAL SENIOR BRANCH CHALLENGE CUP

MacEgan Senior Branch members have been taking part in the National SB Challenge for the past twelve months. This culminated with interviews and a presentation at the Senior Branch Weekend 2022, which was held at the Glendalough International Hostel in County Wicklow.

We had to complete a minimum of ten challenges from a prescribed list. Those chosen by our Unit included: attending the South West Regional Camp in the summer and the Regional Conference and Ventact in the autumn; taking part in a variety of water sports; holding a vegan rainbow themed picnic; completing the hike requirements for the Bronze and Silver Gaisce Awards in the Spring; research into the rights of children with special needs; completing First Aid courses; running two camps for Guides and achieving the Junior Campcraft qualification and making a camp songbook and camp blankets to display all the badges we had achieved in Brownies and Guides. We also visited the Newton Room in DCU; Blackrock Observatory; attended a workshop with members of the EPONA – the Equal Physics Opportunities Network in Academia - in UCC; had a tour of Janssen Pharmaceuticals with talks on the research and products produced there; painted fairy doors for the camp field in Caum; helped to run bases at HeyJinks in Farran Wood and produced a number of TikTok videos of the many events during the year.

On arrival at Glendalough, there were ice breaker activities to get to know one other and then the Senior Branch members divided into groups to make a chair... out of balloons. Then followed the interviews for the Challenge by the assessing panel. The highlight of the trip was the picturesque hike around Glendalough on Saturday observing a variety of glacial features,



MacEgan Senior Branch after winning the National Senior Branch Challenge Cup.



Senior Branch Challenge Presentation.

the round tower and our favourite - ducks! Following a number of workshops, we then presented our Challenge to the entire group.

To end our fun weekend with a bang and to great surprise and excitement, we successfully won the Senior Branch Challenge and we rocked home with a lovely trophy!

## In this Edition

Ed 01 - 12th January  
2023

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## HAVE YOU A NEWS STORY?

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# MAKE ONE CHANGE...

Chris Barrett here to share inspiration gained from a workshop in Macroom Library which I had the pleasure of attending recently. Briefly, it was one of a number of workshops with the title, "Make One Change", taking place locally, and run on behalf of Cork County Council by Cork Environmental Forum.

The facilitator encouraged the participants to look at a number of potential areas and choose one, in particular, where they felt most able to make improvements over a month, and to encourage themselves by making a pledge. Participants chose three areas from the nine headings and in the workshop looked closely at and discussed in greater detail what might be involved. At every point, it was apparent that participants were in charge of their own chosen actions, with the prospect that they would gain and change in many areas as a result of their learning.

There was the understanding that we will all be dealing with environmental issues in our own way and that we all have completely differing amounts of experience and skill. The need is to be consistent in our desire to improve in our chosen area, knowing our limits and breaking tasks into smaller parts if they seem too daunting. These nine headings included topics which will be familiar to people who have read some past columns but they were introduced in ways that require action rather than just comprehension of the issues involved. It was that call to action which gave this workshop a special role and I am hoping that even people who were not present will be able to take topics from the list which speak to them personally and make a change.

- LOVE SLOW FASHION
- BUY LOCAL and SEASONAL
- REDUCE and REFILL
- WALK MORE
- NOMINATE A FRIEND to Make One Change
- CONNECT WITH NATURE
- ZERO FOOD WASTE
- REDUCE YOUR WATER USE
- REDUCE YOUR ENERGY USE

There are often a lot of challenges involved in even pursuing a small part of one challenge, and it might be helpful to have a friend to work with you and support you with your pledge.

There is, however, a lot of commonsense involved e.g. If you want to work on Love Slow Fashion, you may decide to start by clearing out your clothes, which might encourage you to also look at Reduce and Refill which could link into refilling shampoo containers, and then you might think whether you could shower less or wash your hair less often and already you are working on Reduce your water use. In no time you will see how rather than being daunting, everything you do, can become an interconnected and positive experience.

Knowledge is power and there are countless resources of help available in the Library and over the Internet, whatever the issue. e.g. Did you know people may be eligible to receive help from an innovative EU funded project, Energy Measures? (Contact energymeasures.eu/cork 021 490 1958)

This is a project which has received funding from the European Union's Horizon 2020 Programme for Research and Innovation under Grant Agreement no. 894759.

A change of mindset comes when we are willing to move out of our comfort zone. A new awareness



may begin to dawn. Clothes need to be changed seasonally. They do not need to be changed to make rich companies richer. New clothes are not needed for our identity. As regards food you may become much more aware of what is imported and what is grown locally. Seasonal local food is best.(stopfoodwaste.ie) If we do not support local markets and local producers, they may not survive. You will make the wonderful discovery that working on so many of the areas mentioned, will not only improve your quality of life, but will save you money as well as helping you to live a more sustainable life. Never be afraid to take what may seem like a step backwards to move forwards. Patience with this is a skill I definitely need to work on, but I am aware that

if we can choose by starting with making a personal pledge with just one of these challenges, we are on our way towards a more sustainable future. In conclusion, I would like to wish you all the best with whichever pledge you decide to take on. Please feel free to share your findings, good as well as not so good, with us through this column. It is often as a result of hearing how other people have overcome difficulties, that others are inspired to have a go! If you or anyone you know would like to contribute an environmental article to this publication, please contact me [chriseevalley@gmail.com](mailto:chriseevalley@gmail.com)



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## MÍLE BUÍOCHAS

THANK YOU - FROM MACROOM SENIOR CITIZENS

Macroom Senior Citizens had another busy year in 2022 with all of our services back and running to full capacity. 2022 was another difficult year financially due to the increased cost of Electricity, Gas, Oil and Food Products. We held various fundraising events during the year such as Bring and Buy Sale, Christmas Tea Party, Christmas Cabaret, Scrap Metal Collection, 2022 Calander all of these events helped us to raise much need finance. We would also like to thank the Business Community of Macroom for their financial help during 2022. Our main fundraising is raised through our Charity Shop The Shoppen which is located next to our center at Lucey's Lane, Macroom. Firstly, we would like to thank all the Voluntary Staff who work in our shop they go beyond their duties and all of our customers who supported us during 2022. All those who gave donations and our agents who collect items through the County and deliver them to us, without their help we would not survive. To the public who donate many unwanted gifts during the year and also to our craft people who make craft items all of these are use in of our fundraising activities. Our Meals on Wheels Service has grown at an alarming rate during the past year and is still growing and all the funds raised in our Shoppen goes directly towards funding all of our services at Lucey's Lane, Macroom.



CareChoice Macroom would like to congratulate Denis McCarthy on his 13 years of service and wish him well in his retirement.



The Lehane family at the Macroom Girls' medal presentation in Macroom GAA Pavilion, 2 Jan., 2023 (C. Kelleher).



Erika O'Shea presenting medals to Maisie Murphy at the Macroom Girls' medal presentation in Macroom GAA Pavilion, 2 Jan., 2023 (C. Kelleher).

## MACROOM TIDY TOWNS



Macroom Tidy Town celebrated their end-of-year party in KOOL café. It was a fantastic evening full of joy, music, and delicious food.

Macroom Tidy Town celebrated their end-of-year party in KOOL cafe, it was a fantastic evening full of joy, Music, and delicious food.

## LOTE Online For Kids

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LOTE Online For Kids is easy to access:

- Sign in at [www.lote4kids.com/uk-cork-county-council](http://www.lote4kids.com/uk-cork-county-council)
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This initiative is supported by the Department of Rural & Community Development, the Dormant Accounts Fund and Cork County Council.



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# MCEGAN COLLEGE

## WOODLAND ECOLOGY HABITAT STUDY

LC Biology & JC Science made their way to Killarney on Ecology field trip recently with Teachers Ms. McAdam, Ms. Shannon & SNA Ms. O'Driscoll

This hands-on field trip allowed students to put theory into practice as they conducted a wide variety of Ecology investigations. The experience involved working as a team where students developed their critical thinking, communication and investigation skills.

Round 1 of Rounders Series has been decided. 6th Yr Students vs Staff Rounders series has begun. There was a lively game of rounders in PE hall of the Sports Complex where students and staff battled it out to gain the first win of the year. It seems that staff got the first win of the year. The school turned out to cheer on both staff and students.

## TRANSITION YEAR FUNDRAISER IN AID OF MACROOM COMMUNITY HOSPITAL

We are 4 TY Students, (Mikey Buckley, Elijah Roberts, Niamh O'Callaghan, Taylor Power and Clodagh Byrne) we raised €1252 by selling tickets for our Raffle, a Bake Sale and Carol Singing for Macroom Community Hospital.

For our raffle we had to secure a permit from An Gardaí. We sold tickets for our raffle over a three-week period, in school and locally in Macroom.

Our raffle had multiple prizes. 1st prize, an Aldi hamper won by Andrias Moynihan TD, 2nd prize a SuperValu hamper won by Tim Hayes, 3rd prize, a €100 one for all voucher, won by Darren Kelly, 4th prize a Costcutters hamper won by Ms Lynam, 5th prize a €60 one for all voucher, won by Breeda Horgan SNA, 6th prize an Aldi hamper won by Fiachna McCarthy 1st year, 7th prize a €40 one for all voucher, won by Evan Kelleher 5th Yr LCA.

Our other fundraising events were a Bake Sale (many thanks to Pat Relihan for her fabulous baking), and carol singing locally in Macroom. We were delighted to present the proceeds of our fundraiser to Bernie Buckley from Macroom Community Hospital.

We would like to say a special thanks to all our sponsors; Supervalu, Aldi and Costcutters, for the amazing hampers. We would also like to thank the everyone that helped make this all happen and a special thanks to Pat Relihan who help was invaluable. By Elijah Roberts



McEgan Staff and Students who played a rounders challenge game as part one of the annual series recently. Back: Daire Desmond, Michal Wojcik, Christopher O'Donoghue, Riccardo Bello, Sean Cronin, Kevin O'Sullivan, Ms C. Shannon, Ms. M. Murphy, MSL Manning and Ms. Haley Fitzgerald. Front: Mr. B Devane, Mr. T Dennehy, Dylan Sheehan, Paul Grigorescuc and Mr. D. Cronin.



McEgan College First Year Students enjoying Christmas Brunch in Assembly Area as part of the JCSP Christmas Celebrations.

Ms. Hazel Burke & Ms. Fiona O'Driscoll.

This brunch was a celebration of all the hard work they have done this term and to recognise how well they have settled into school life here at McEgan.

The day was jam packed with activities including the exchange of secret Santa gifts, a Christmas Quiz, presentations of selection boxes, bling a bike competition all the while Christmas music streamed throughout the assembly area.

## NEW YEAR 2023

Students and Staff are gearing up for another productive and busy term. After School study restarted on January 9th and there is always room for more students to avail of this valuable time for a quiet supervised space to do homework and study. Contact the office for details info.office@mcegan.ie

5th Yr & LCA5 Parent Teacher Meeting will take place on January 18th.

For 3rd Yr JC and 6th Yr LC the Pre-Exams will start on Feb 3rd and finish on Feb 10th.

Mid Term Break is Feb 13th to 17th.

Wishing the staff and Readers of the Lee Valley Outlook a happy and healthy year in 2023!

## CHRISTMAS MARKET IN MACROOM

TY students and their mini companies set up stalls to sell their wares at Macroom Christmas Market in December. Among the products for sale were Candles in cups, Plants in ceramic pots, natural soaps and doggy products. There was a very positive reaction to the products on offer from the buying public. Well done to the TY students.

## CELEBRATING CHRISTMAS IN MCEGAN

Staff and students donned festive Jumpers and raised a total of €234.40 for Pieta house on Tuesday 20th December.

Tuesday 20th was also a day of JCSP Christmas celebration for 1st yrs who enjoyed a cooked brunch, prepared by the LCA5 Catering class under the watchful eyes of Ms. Susan Dineen,



Staff and Students in their Christmas Jumpers on Tuesday Dec 20th raising funds for Pieta House.



Presenting € 1,250 to Bernie Buckley (Matron), Macroom Community Hospital are McEgan College TY Students Left to Right Mikey Buckley, Elijah Roberts, Niamh O'Claaghann & Clodagh Byrne. Also in Photograph Bernie Buckley & Pat Relihan.



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# ST. MARY'S NEWS

## YOUTH IN BLOOM - CREATIVE HORTICULTURE - WELLBEING -

The 1st Year students have been very busy this year in their new Creative Horticulture & Wellbeing and Grow Your Own.

Chapel Hill School of Art have kindly allowed our 1st Year students to use the raised beds in the walled garden once used by the former residence the Mercy Sisters to grow veg for their own consumption. Fast forward to 2022 and the students are recultivating this area for their own use to observe sustainability in action. In an era of increased scrutiny into our food sources, reducing carbon miles and the amount of chemicals that go into growing food; old skills are being dug up and utilised once again to obtain fresh garden produce from our doorsteps. Moreover, with inflation in food prices and rising transport costs, growing your own is now making financial sense. However, this all takes a lot of work and knowledge. The students are getting the soil prepared for sowing, learning to maintaining it to keep it weed free, to have it ready for harvest, and then storing the produce correctly for the winter.

The first two weeks of the programme were spent learning about biodiversity with Mr Galvin in the classroom and going through the process of planting vegetables and selecting which vegetables to plant in the raised beds. Then it was out to the garden to get to work for the next two weeks. Thus far, the students have worked hard to weed out the old beds and have applied some organic fertiliser to the area. The TY Environmental studies group has also been working diligently here.

There is an area of grass in the walled garden, once mowed every week alongside the path in the formal garden. To encourage learning and summer creative horticulture projects it will now be left to rewild naturally. This will allow bee and insect life to flourish. The students with Chapel Hill will source three more native shrubs in for National Tree week in March 2023 to plant to add to the silver birch, downy birch and spindle tree planted with Ted Cook for National Tree week in 2022. Our gratitude to the Heritage Council for the donation of native shrubs that are appropriate for the walled garden and the surrounding historic architecture. Ms. De La Cour is coordinating the school composting programme where 1st Years on rota collect food waste in buckets each day from each classroom. A tumbling compost bin was purchased for this project. All this free fertiliser will be used in the raised beds along with lawn cuttings and old leaves. As a joint venture between Chapel Hill School of Art and St. Mary's Secondary School, we have successfully obtained funding through Cork Creative Youth Partnership for the creative horticulture project. This has supported the purchase of garden tools and miniature



1st year wellbeing class - working on their school garden as part of their biodiversity module.



L-R Grace Kelleher, Lily O'Shea and Caoimhe O'Brien who are one of 8 projects to get through to the BT young scientist exhibition this year.

polytunnels for the area as well as funding a willow and hazel weaving workshop with Kilcoe Studios for a winter wonderland event with the students. Chapel Hill will continue exploring creative horticulture with an informal learning opportunity with a botanical ceramic tile making workshop for the students in early December.

The students have planted lots of carrots, beetroot and broccoli last week in trays to be put into the newly acquired mini polytunnels to allow the seeds to germinate over the next few weeks. Once their plants have grown sufficiently in the trays, they will be transplanted to the raised beds in the walled garden underneath the miniature polytunnels in January. The students will water the plants each day from water harvested from the roof of the school. Once the weather warms in late spring, the small polytunnels will be removed to allow nature to water the plants and the long days to provide enough summer sun to the growing area.

Creativity will also be harnessed in a contemporary sense through the use of Digital Media Marketing. The 1st Years and the TY PR team will use Facebook, TikTok, Instagram and Youtube to showcase their work and provide tutorials on how to grow your own at home #EveryLittleCounts. The students will also prepare a podcast on their 'Growing your own veg journey' and they will host an outdoor winter wonderland in the walled garden. The theme will be the celebration of winter and the harvest of food obtained from nature in Autumn that will be stored and carry us through the dark, cold and wet months.

Lots of planning and preparation has gone into this project for the students and it will take time and dedication to develop, ach 'Ina dhaidh a chéile, a thógtar na caisleáin'.

Many thanks to Bernadette Tuite from Chapel Hill School of Art, Cork Creative Youth Partnership, Ms.

De La Cour and Mr. Galvin for coordinating the programme.

### SPORT IN ST MARYS

Our Intermediate Camogie team played their County Semi Final on Monday in Fermoy.

Our first year football team have a match today. We wish them all the best of luck.

### BT YOUNG SCIENTIST AND TECHNOLOGY EXHIBITION

We would like to wish the very best of luck to our Young Scientist's who take part in the BT Young Scientist Exhibition this week. They are in Dublin from Wednesday to Saturday. We have 17 Transition Year students presenting 8 projects at the exhibition this year. The girls have worked so hard with their Science Teachers Ms Foley, Ms Butler and Ms O Keeffe in preparation for this competition, well done all. The participating students are:

1. Saoirse O'Leary and Nina O'Donovan
2. Annah Devine and Caoimhe Shiels
3. Lucy Murray
4. Lily O'Shea, Grace Kelleher and Caoimhe O'Brien
5. Ellen Kelleher, Niamh O'Riordan and Geraldine McCarthy
6. Róisín Doyle and Eabha O'Sullivan
7. Holly Wenger and Leah Coakley
8. Caoimhe O'Callaghan and Cliona Burgoyne

There will be a bus load of students going to the event tomorrow. We hope you all enjoy the trip. Thanks to Ms Foley, Ms Butler and Ms O Keeffe for getting the girls ready for this event, thanks also to Mrs Kerrigan who will accompany the students to the exhibition with Ms Foley, thanks to Ms Kelleher who has organised the bus of supporters for Friday and thanks to Ms O Donoghue, Mr Galvin and Ms Byrdziak for going to Dublin with the supporters.



L-R Michael Murray, Lucy Murray, Annah Devine and Ms Jennifer Murnane at the EU 50 Competition.

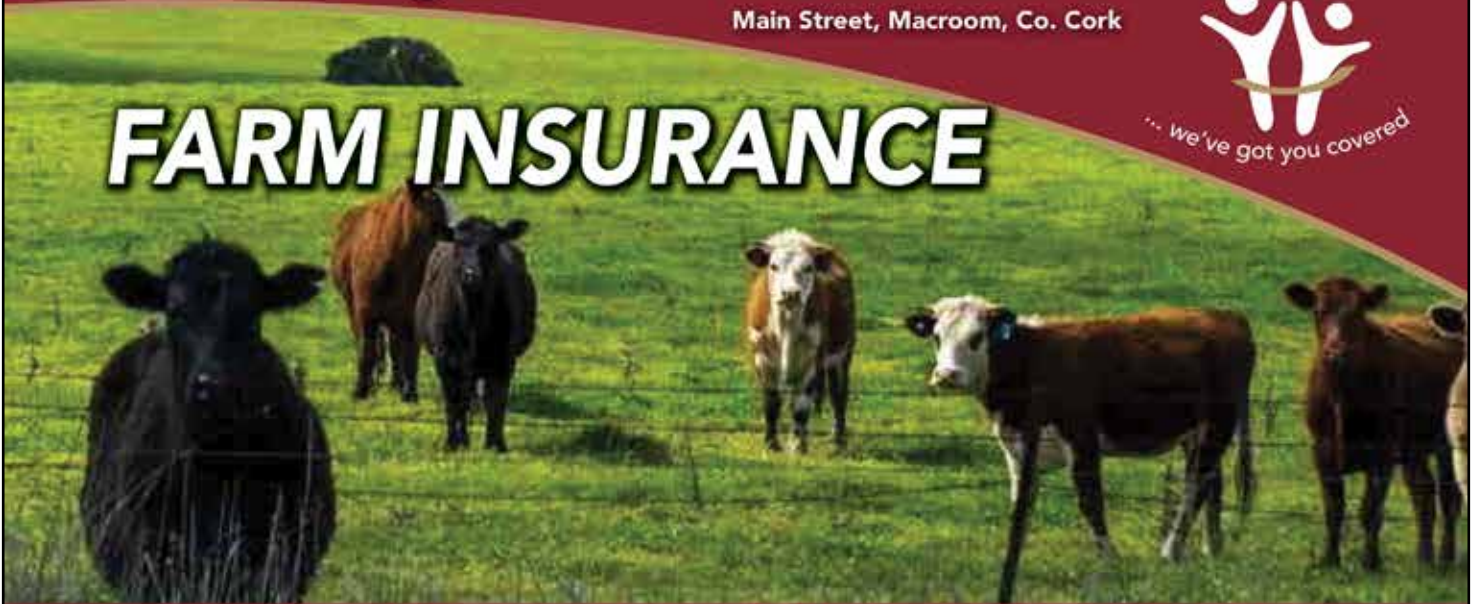


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# Leabharlann Bhaile Bhúirne

## LIBRARY DATES FOR YOUR DIARY

- **Knit, Craft & Chat** Group Every Tuesday 11am to 12.30pm
- **Library Book Club** Friday 13th January 2023 at 11am to 12pm
- **Creative Writing Group** Saturday 21st January 11am to 12.30pm

*First Lee Valley Outlook of 2023. Isn't it a wonderful magazine? It's such a link to the community and judging by how quickly it disappears from its distribution points, it is extremely popular. Long may it continue to connect the communities of the Lee Valley.*

Another year has ended, Christmas, New Year and Women's Christmas have passed. The decorations, memories and traditions have been put away for another year. My grandmother was a small woman, as was her twin sister whose name, ironically, was Minnie. They were, how would you put it? – Four foot nothing!! In my young eyes what my Grans lacked in height she more than made up for in her elegance – she dressed like the queen mother, all matching coats & dresses, shoes, handbags and hats. She always said a hat added to her height. She was a rogue and always had a mischievous twinkle in her eye. I was so lucky that she was also my Godmother – I felt that gave me an advantage over the other 20 or so grandchildren although in truth, for such a small woman, she had more than enough grandmotherly love to go around and she had no favourites. But why did I start on this story?? It all has to do with Little Christmas or Women's Christmas or Nollaig na mBan – whatever title you chose. For many years I always thought it was called Little Women's Christmas which is

incorrect. Well for the explanation I must go back to my Grandmother who I previously described as small or little. It so happened that my Grans and her twin sister celebrated their birthday on 6th January. As a child I thought it was called Little Women's Christmas in their honour and we left the Christmas decorations up until after their birthday!! So for me it will always be Little Women's Christmas as a remembrance of my Grans, a small but mighty woman, who left a very big, lasting impression on me during the 15 years I was lucky to have her in my life, and not forgetting her twin sister Minnie! Grandmothers are the best! Quite a few Grannies frequent Leabharlann Bhaile Bhúirne to pick out some books that they can read to or with their grandchildren. It's a lovely custom – the grannies get to know all the characters in the new generation of books whilst sharing some of their own childhood favourites with their grandchildren. I regularly get requests for old favourites like The Famous Five, Dr Seuss, The Little Princess, Charlotte's Web, The Little Prince, James and the Giant Peach, The Secret Garden and many others and I do my best to source them through the vast national catalogue.

January can sometimes be a lean month after the excess of Christmas, but membership of Ballyvourney Library is completely free. Library membership offers you so much more now than the original traditional book lending service. With your free library membership you can access so many services such as • Books and AudioBooks • Public PC use in-branch • Free Wi-Fi • Eduroam for college students • Printing & Photocopying • Newspapers and Magazines • Musical Instruments You'll also gain free access to many online services such as: • eBooks and eAudiobooks • eNewspapers • eMagazines • Online courses and language courses. For more information on how to access these resources, please visit [www.corkcoco.ie/en/](http://www.corkcoco.ie/en/)

resident/libraries or your local library. Leabharlann Bhaile Bhúirne also has a Knit, Craft & Chat Group, a Book Club and a Creative Writing Group, all the groups are open to everyone and again they are completely free. It would also be great to get our Ciorcal Comhrá meeting up again, therefore if you are interested in some casual conversational Irish in relaxed surroundings please let me know. So, whether you want to just come in and enjoy a cosy time reading the newspapers or join a group or use the computer please do visit Ballyvourney Library – you are never too old or too young to join. Please feel free to let me know if you have any suggestions for other activities you would like to see in the branch too.

If all that wasn't enough, do you know that you no longer have to pay fines for overdue books? That's right, membership is FREE and there are NO MORE FINES! So, if you have books from the library at home, you can return them to any branch or mobile library (anywhere in Ireland) with absolutely no charges! Not only that, replacement charges for lost or damaged children's books are no longer applicable.

Mura leor é sin, an bhfuil a fhios agat nach gcaithfidh tú fineálacha a íoc a thuilleadh ar leabhair atá thar téarma? Sin ceart, ballraíocht SAOR IN AISCE agus NÍL AON FÍNEÁLACHA TUILLEADH! Mar sin, má tá leabhair ón leabharlann sa bhaile agat, is féidir leat iad a thabhairt ar ais chuig aon bhrainte nó leabharlann taistil (áit ar bith in Éirinn) gan táille ar bith! Ní hamháin sin, níl táillí athsholáthair do leabhair leaná cailte nó damáiste infheidhme a thuilleadh.

*“Bad libraries build collections, good libraries build services, great libraries build communities.” R. David Lankes*

## AM OSCAILTE /OPENING HOURS

Dé Máirt, Dé Céadaoin, Dé hAoine  
Tuesday, Wednesday, Friday

10am to 5.30pm

(Dúnta/Closed 1.00 - 2.00pm gach lá/daily)

Dé Sathairn 10.00am - 1.00pm\*

Dúnta gach Luan agus Déardaoin

Closed every Monday & Thursday

\*Dúnta ar Shatharn Deireadh Seachtaine na Saoire Poiblí

\*Closed on Saturday of Public Holiday Weekend

**Eolas: 026 45767**

## WEST MUSKERRY ATHLETICS

West Muskerry AC will be running an 8week Couch to 5k Programme, starting January 17th, finishing with a timed 5k run on March 5th. Each participant will get to attend a weekly coaching sessions every Tuesday evening in our grounds in Ummera, Macroom.

Cost is €40 per person or FREE to all new or existing club members.

## Macroom Library

Open Hours: 9.30 am – 5.30 pm from Tuesday – Saturday. Closed on Monday and Sunday.  
Phone: 026 42483 - Email: [macroom.library@corkcoco.ie](mailto:macroom.library@corkcoco.ie)

Everyone at Macroom Library would like to wish all our library members and visitors a very happy new year. January is always a busy time for us with lots of people deciding to start the year off in the best way possible - with a brand-new library in their pocket!

With a library membership, you have free access to our wide range of online services and resources, such as your online library account, eBooks, eAudioBooks, eMagazines, eNewspapers, online learning courses, online language learning courses and much more. For more information on how to access these resources, please visit <https://www.corkcoco.ie/en/resident/libraries>

If you are not already a library member, the good news is that it is easy to join, and it's free. Simply visit us in the library and bring Photo Identification and Proof of Address.

## UPCOMING EVENTS AT MACROOM LIBRARY – ALL ARE FREE TO ATTEND

**Music Morning** will take place on Friday January 13th at 11am.

**Purlies Knitting Group** will meet on Thursday January 19th at 11.30am.

**Ciorcal Cainte** will take place on Thursday January 26th at 11.30am.



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# Nuacht ó Choláiste Ghobnatan



Muintir na hIdirbhliana ag bronnadh seic do “Kerry Cancer Support Group” ó Mhargadh na Nollag.

### TURAS EALAÍNE

*Le Eliza Ní Dhughail Chínseamháin*

Ar an 19ú lá de mhí na Nollag, chuaigh an rang ealaíne sinsearach ó Choláiste Ghobnatan; Fiona de Róiste, Kiera Ní Éalaithe-Bhriain, Eliza Ní Dhughail-Chínseamháin agus an múinteoir Iníon Spogler, ar turas ealaíne oideachasúil go Baile Átha Cliath. Chuadar ar an traenín ó Shráid an Mhuilinn go dtí an príomhchathair. Chuadar chuig Gailearaí Acadamh Ríoga Hibernia, Gailearaí Náisiúnta na hÉireann agus Ard-Mhúsaem na hÉireann. Chaitheadar an lá ann ag déanamh staidéir ar na píosaí ealaíne sna gailearaithe agus ar na taispeántais chun níos mó eolais agus taithí a fháil ar na píosaí ealaíne a bhíonn i ngailearaí. Thógadar nótaí ar na gailearaithe agus ar an ábhacht a bhaineann leis an solas agus leagan amach píosaí ealaíne. Gabhaimid ár mbuíochas le hIníon Spogler as an turas a eagrú.

### MARGADH NA NOLLAG

*Le Ella Ní Loingsigh, Laura Ní Aileasa & Aisling Ní Dheasúna*

Ar an 16ú lá de mhí na Nollag, bhí Margadh na Nollag ar siúl againn i gColáiste Ghobnatan. Bhí a lán rudaí ar díol ann, mar shampla maisiúcháin déanta as adhm, plandaí, subh, cártaí Nollag & cístí. Bhí crannchur againn freisin. Bhailiomar €1234.25 do “Kerry Cancer Support Group” – ritheann siad bus ó Thrá Lí go Corcaigh do dhaoine atá ag fáil cóir leighis d’aíse. Gabhaimid ár mbuíochas le hIníon Ní Chéilleachair, Iníon Spogler, Bean Uí Ríordáin, Máistir Ó Laoire & Máistir Ó Céilleachair a chabhraigh leis an Idirbhliain an margadh a eagrú.



Turas ealaíne go Baile Átha Cliath.

### TRÁTH NA GCEIST

*Le Ellen de Búrca*

D’eagraigh an Coiste Gaolúine Tráth na gCeist na Nollag ar an Aoine 16ú lá de mhí na Nollag. Bhí go leor babhtaí éagsúla mar shampla Daidí na Nollag faoi rún, fíricí faoi dhaltaí & faoi mhúinteoirí agus babhta faoin nGaeilge & faoi Chultúr na hÉireann. Bhain na daltaí idir thaitneamh agus tairbhe as an tráthnóna iontach. Ar deireadh bhí dhá fhoireann ar comhscór ach i ndiaidh ceist sa bhreis a fhreagairt d’éirigh le Jack Ó Donnchú, Adam Ó Ríordáin, Liadh Ní Dhuinnín, Killian Ó hÉalaithe-Briain agus Matilda Ní Luanaigh an chéad áit a bhaint amach. Bhí €150 mar an príomhduais. D’éirigh le Emma Ní Cheallaigh, Adrian Ó Cathasaigh, Breandán Ó Ceallacháin agus Sadhbh Ní Bhuachalla an dara háit a bhaint amach agus bhuaigh siad duais ar luach €100. Ba mhaith linn ár mbuíochas a ghabháil leis an Oifigeach Pleanála Teanga do Ghaeltacht Mhúscraí, Eibhlín Ní Lionáird, agus le Comharchumann Forbartha Mhúscraí Teoranta as a dtacaíocht agus as an urraíocht. Ar deireadh ach ní chun deiridh ba mhaith linn ár mbuíochas a ghabháil le Máistir Ó Laoire as an gcabhair go léir a thug sé dúinn agus an Tráth na gCeist á eagrú againn.

### COMÓRTAS EALAÍNE NA NOLLAG

D’eagraigh an múinteoir ealaíne, Iníon Spogler, Comórtas Ealaíne na Nollag do dhaltaí i mbliain a haon. Na buaiteoirí ná – sa chéad áit Meab Ní Chionnfhaolaidh, sa dara háit – Naomi Ní Scanaill agus sa tríú háit – Julie Ní Mhocháin. Na daltaí a fuair ardmholadh ná Emma Durr, Sadhbh Ní Bhuachalla, Shay Ó hÉalaithe, Siobhán Ní Bhriain agus Beibhinn Ní Loingsigh.



Naomi Ní Scanaill agus Meab Ní Chionnfhaolaidh na buaiteoirí.



Do Chomórtas Ealaíne le hIníon Spogler.

### TURAS EOLAÍOCHT TALMHAÍOCHTA

*Le Helena Ní Éalaithe*

Fuair an rang Eolaíocht Talmhaíochta i mbliain a 6 an deis dul chuig Feirm Uí Luasa i mBaile Bhuirne chun an beathaitheoir lao uathoibríoch nua a fheiscint agus eolas a fháil faoi conas go n-oibríonn sé agus na buntáistí go léir a bhaineann leis. Bhí sé go hiontach ár n-eolas a chur i gcleachtadh mar fuaireamar an deis féachaint ar Phaudie agus a bheirt mhac, Eoghan agus Ciarán, ag crú na mba. Caithfidh mé a rá go raibh sé an-deas é a fheiscint go réalaíoch in ionad a bheith ag féachaint ar fhíseáin ar YouTube. Bhí lá den scoth againn agus cinnte dearfach gur chuireamar lenár gcuid eolais faoi conas go n-oibríonn feirm go héifeachtach agus ar bhealach inbhuanaithe gan aon chostas breise. Buíochas mór le Máistir Ó Laoire as an turas a eagrú agus le Muintir Uí Luasa as an gcuireadh a thabhairt dúinn chun na feirme.

## ST. JOSEPHS PRIMARY SCHOOL

We have been very busy since September in St. Joseph's. We welcomed over 60 children into Junior Infants. They are settling in very well to 'big school'. We enjoyed great Science Week activities in all classes, we definitely have some budding scientists of the future! During Maths week, we realised that Maths can be fun, thanks to Ms. O' Sullivan for organising the stations in the hall and the Student Council for showing us what to do! 5th class participated in a soccer blitz in McEgan College, thanks to the students in McEgan for organising it. There was serious creativity to

be seen in the art competition using recycled materials. We are so lucky to have a great Green Schools Committee in our school, led by Ms. N. Kelleher and Bríd, they do tremendous work for the school and town. The girls in 5th class have really taken to chess so if you need a few lessons, contact them! Well done to the quiz teams that did our school proud in the Science Quiz in UCC. Halloween Dress up and spooky walk was a lot of fun, thanks to everybody who sponsored the children. Once again, we sent many shoeboxes with the Team Hope Shoebox Appeal, it is great

to help those children affected by poverty. Santa called on the week of the holidays, helped by the Student Council, and reminded us all to get to bed early. He gave us some lovely chocolate treats! Junior Infants, 1st classes, 5th and 6th classes had Christmas plays, we look forward to the performances from the other classes in 2023. We wish everybody a safe and healthy 2023.



# What are Bulging & Herniated Discs?

As we age, the spinal discs gradually lose fluid volume. This process starts at about age 30 and progresses slowly, over time.

The most common symptoms will be pain in the area of the herniation that may radiate across the hips or into the buttocks. You may also experience numbness or pain radiating down your leg to the ankle or foot.

A herniated disc involves a crack in the disc's outer layer. This is called an annulus.

Typically, a small part of the disc is affected, allowing the soft material that makes up the nucleus pulposus to protrude.

A bulging disc is different. The disc bulges out of the space but

it doesn't crack and no material protrudes. It also affects more area of the disc than a herniated disc.

**Chiropractic is a preferred treatment method for many patients with bulging and herniated discs because it is non-invasive and does not involve drugs, injections or surgery.**

One of the most popular features of chiropractic care is the whole body approach to wellness.

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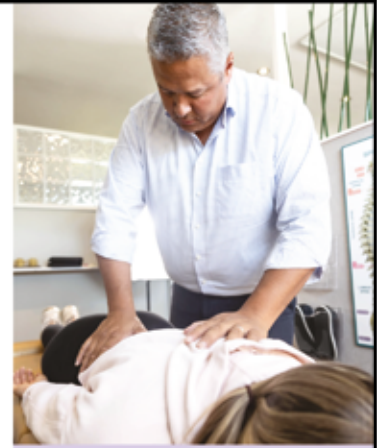
Through focused chiropractic adjustments, we gently use low force techniques to relieve painful symptoms.

Chiropractic treatment for bulging or herniated discs is safe, effective, and long lasting.

**If you are having back pain from a disc problem, you owe it to yourself to seek quality chiropractic care so that you can enjoy less pain, improved mobility, and better quality of life.**



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Please Note; When you ring to book this special offer our team will request €40 to secure the appointment.

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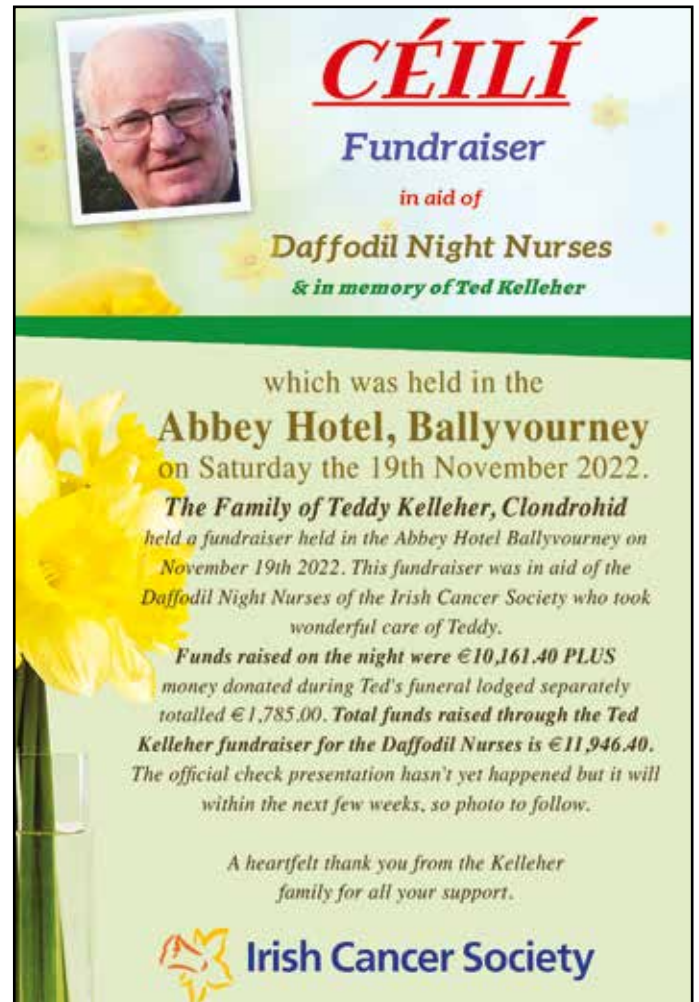
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**CÉILÍ**  
Fundraiser  
in aid of  
**Daffodil Night Nurses**  
& in memory of **Ted Kelleher**

which was held in the  
**Abbey Hotel, Ballyvourney**  
on Saturday the 19th November 2022.

**The Family of Teddy Kelleher, Clondrohid** held a fundraiser held in the Abbey Hotel Ballyvourney on November 19th 2022. This fundraiser was in aid of the Daffodil Night Nurses of the Irish Cancer Society who took wonderful care of Teddy.

Funds raised on the night were €10,161.40 PLUS money donated during Ted's funeral lodged separately totalled €1,785.00. Total funds raised through the Ted Kelleher fundraiser for the Daffodil Nurses is €11,946.40. The official check presentation hasn't yet happened but it will within the next few weeks, so photo to follow.

A heartfelt thank you from the Kelleher family for all your support.





AGHINAGH NOTES



Fun and learning for Science Week 2022 in Muinefliuch N.S.

Aghinagh Defibrillator Group would like to thank everyone who donated to their Scrap For Cash which was held in November 2021.

As a result of our massive fundraising day between donations and the Cash For Scrap a total of €18,766.00 was collected.

Aghinagh Defibrillator Group has purchased 3 new Defibs for the parish. These are located at:

- Noreens Shop, Ballinagree
- Leeds Cross
- Tigh Uí Laoire in Bealnamorrive.

The older 2 defibs will be relocated in the coming week to

- The Creamery at Bawnmor
- Annaganihy Cross

**MUINEFLIUCH N.S.**

There was great fun and learning going on for Science Week 2022 in Muinefliuch N.S.

**Junior Room**

The Junior Room were very busy throughout the week. They made balloon rockets using balloons, straws, string and tape. They even managed to get one to travel the entire length of the room!

They also experimented with Dancing Raisins, where they explored how the bubbles in a fizzy drink made the raisins dance to the surface and fall down again.

Lastly, they competed in a challenge to construct the tallest and strongest tower they could from spaghetti and marshmallows.

**MIDDLE ROOM**

The Middle Room made some beautiful lava lamps using vegetable oil, water, food colouring and

effervescent tablets. They were fascinated to see how the coloured water interacted with the oil when the tablets dissolved.

They also did a cup-stacking challenge where they had to make the tallest stack of cups possible, with some very impressive results to see.

**SENIOR ROOM**

The Senior Room designed their own rockets and tested out their designs to see which travelled the furthest.

To round off the week, they prepared a Magic Science Show which the other classes came to see. They had a wide range of exciting magic tricks to show everyone including "Mount Cola", "Diving Dave", "Magic Goo" and even a tornado to destroy the school!



Fun and learning for Science Week 2022 in Muinefliuch N.S.



Bright Beginnings Preschool, Dromleigh NS Kilmichael.



Presentation of cheque to the Irish heart foundation from Aghinagh Defibrillator group.



Coachford College Graduation ball 2022.





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# COURSES STARTING JANUARY / FEBRUARY 23

## COMPUTER COURSES

- Beginners Computers
- Internet & E-mail Skills Level 3
- Word Processing Level 3
- iPad, Tablet, Smart Phone
- Payroll & Accounts
- Spreadsheets Level 3
- Office Administration Level 4 (September 23)

## LANGUAGES

- Irish
- English for Speakers of Other Languages

## EMPLOYABILITY COURSES

- Customer Service Level 4 (September 23)
- Work Experience Level 4
- Child Development & Play

## HEALTH

- Yoga
- Relaxation Techniques & Mindfulness
- Personal Development
- Using herbs for Health

## GARDENING AND RECYCLING

- Container Gardening
- Horticulture Level 4
- Recycling & Environment

## RECREATIONAL COURSES

- Art (Painting and Drawing)
- Craft
- Singing
- Cookery
- Candlemaking
- Ceramics

**COURSES ARE FREE & PART-TIME**

**PHONE: 086 823 9097**



sheila.scully@corketb.ie



Sullane Centre

### COVID 19

This centre will be guided by advice on social distancing and other requirements to ensure safety and wellbeing of our learners and staff members.



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Quality and Qualifications Ireland  
Dearbhú Cáilochta agus Cáilíochtaí Éireann



**Rialtas na hÉireann**  
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Có-mhaoinithe ag an  
Aontas Eorpach  
Co-funded by the  
European Union

**SOLAS**  
learning works

This project is co-funded by the Government of Ireland and the European Social Fund as part of the ESF Programme for Employability, Inclusion and Learning 2014-2020.



# CARRIGADROHID/CEANN AN MHAÍ NEWS

## CANOVEE NATIONAL SCHOOL

The children and staff are all happily back in school and all set for a new term. We finished 2022 on a high! December started by celebrating Grandparents Day on the 1st, mass for all our families in St John the Baptist Church at 10am followed by refreshments in the school hall while the children from all classes entertained everyone with beautiful singing and wonderful music. Go raibh maith agaibh, Monseignor O'Callaghan for saying mass, to the teachers for preparing all the musical entertainment and to the Parents Association for helping with refreshments.

On December 15th celebrated term end with our Christmas show in Canovee Church on where the children put on their Christmas jumpers and sing all their favourite Christmas songs. The children really were a credit to their teachers and their families. Thanks to all the staff for preparing the children and special word of thanks to Martina Ring/Moynihan for all her help this and every year with all of our musical performances.

The Final of our World Cup Tournament was played in December, in which Poland came out on top, well done team Poland!!

On December 20th the boys and girls in junior and senior infants presented Siobhan Nash with hamper for the St Vincent De Paul. Maith sibh. Also, on Tuesday December 20th, we ran our



**Dromleigh N.S. pupils celebrating their classmate being selected for a St Stephen's Day rugby display at Thomond Park.**

Active Schools Christmas Challenge Finals in which children competed in the Santa Sit, the Present Plank and the Holly Hang!! The finalists were all fantastic and we would like to thank everyone who took part and congratulate all the winners.

And finally, there was a festive treat in store when Santa visited the school on the day of the holidays with selection boxes for all the paistí.

The staff and Board of Management of Canovee NS would like to take this opportunity to wish

everyone a Happy New Year, filled with promise, happiness, even brighter tomorrows.

## CANOVEE GAA

Canovee GAA will be hosting a weekly 5k Run/Walk around the riverside pitch in Carrigadrohid, starting Sunday the 9th of January @ 10:30am and will continue on a weekly basis from there. Registration at 10am and entry is FREE. People of all abilities are welcome.

Our weekly lotto is now at €17100, ticket can be purchased online, from committee members or local outlets.

## DROMLEIGH NS NEWS

Dromleigh N.S. hosted our annual Christmas raffle on December the 19th. It was a huge success with an astounding €2038 raised. Thank you to all those who supported the event, those that bought and sold tickets and sponsored raffle prizes. Our thanks also to the local business community for their generosity. Our senior class was delighted to hear that one of our pupils had been selected to take part in the half-time match during the Munster V Leinster rugby game on St Stephen's Day in Thomond Park. A great opportunity and quite the achievement! Wishing all of our pupils a happy and healthy 2023!



**Children enjoying the visit from Santa at Canovee School.**



**Canovee Choir carol singing for Christmas.**



**Canovee school children enjoying the finals of the Active School Christmas Challenge**





**CHAPEL HILL**  
SCHOOL OF ART  
Macroom

## Chapel Hill School of Art 2023 Session of Classes and Workshops **Now Enrolling**

### One Day Workshops

- Mosaic
- Basket Weaving
- Photography
- Circular Weaving
- Botanical Plaster Relief

### Childrens Art Class

Saturday 2pm

### Adult Art Classes

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# CLONDROHID

## DAFFODIL NIGHT NURSES FUNDRAISER

The Family of Teddy Kelleher, Clondrohid held a fundraiser in the Abbey Hotel Ballyvourney on November 19th 2022. This fundraiser was in aid of the Daffodil Night Nurses of the Irish Cancer Society who took wonderful care of Teddy. Funds raised on the night were €10,161.40 PLUS money donated during Ted's funeral lodged separately totalled €1,785.00. Total funds raised through the Ted Kelleher fundraiser for the Daffodil Nurses is €11,946.40. The official cheque presentation hasn't yet happened but it will be within the next few weeks, so photo to follow. The Kelleher family wish to thank everyone who supported this great fundraiser. It meant so much to them and helped in no small way to ease the sadness of their great loss. A heartfelt thanks to one and all.

## CLONDROHID DEVELOPMENT GROUP

This group held a meeting this week to discuss and arrange the revival of their Parish Adult Christmas/ New Year Party, which will take place in the Community Hall, on Sunday Jan 22 at 2pm. The usual meal, music, dancing, singing, raffle etc will be on offer. Let's hope all viruses, and bugs will be laid to rest by then!!! Please come along for some fun and entertainment, and break up those January blues. By now most people will have seen the mural on the Dairygold wall. The compliments have been flying. Well done to Gerard Kelleher, a man of many talents. Great to see people in the parish willing to improve places using their talents. Thank you, Gerard. This Group would like to wish everyone in the parish a very happy New Year. They would like also to welcome all the new babies born in the parish during 2022. They wish to extend their sympathies

to all those who suffered a bereavement during 2022. Ar dheis De go raibh an amacha.

## CLONDROHID ACTIVE RETIRED

They are enjoying a bit of a rest at moment, but will be back end of Jan, start of Feb with a full programme. They would like to wish their treasurer Jane O'Brien a happy retirement from the Credit Union, and wish her and family well. Good luck Jane.

## PARISH OFFICE

Please note the Parish Office at the Parochial House is open on Thursday's mornings from 11am to 1 pm. The landline is 026 61933. Emergency sick calls number is 0858471249

## RADIO MARIA

The recent coffee morning held in the Macroom Parish Centre raised €1,426.32 your support is very much appreciated. Thank you.



Tim Holland Of Ross Oil Co presenting sponsorship to Patsy Foley of Donoughmore GAA for signage at their pitch in Lackabawn.



Adam Murphy and Luke Casey from Coachford put on the green jersey and play on the Irish Amateur Football team.



Contributors to the Muskerry Local History's Journal photographed at the launch held at Ballincollig Rugby Club. Picture: Mike English.



Clodagh and Caoimhe Mullins, Ballyvourney Taekwondo club, competed in the British Open in Luton in November. They won a total of 2 silver and 2 bronze medals.

**HAVE YOU A NEWS STORY?**

Contact the Editor by Email: leevalleyoutlook@macroom.ie





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AGRI BUSINESS



# COACHFORD NOTES



In 2022, Liz Thompson marked 10 years as Postmistress at the very wonderful Coachford Post Office.

As we bid farewell to 2022 it is only natural that we look back at the last 12 months of 2023.

The returning to normality post COVID was the highlight of the year and late Spring saw glimmers of hope as children returned to school and our playing pitches were full of laughter again. We were all eager to get out and mix with people once more and our pubs and clubs like the local drama group benefited from our new desire to mix freely and live life again.

It was another wonderful year for Coachford village and community. More houses were built in our village in the last 12 months than in the previous 12 years!

The 2 new housing estates at Vicars Glebe and Cnoic Eoin have brought new families into our community and all are very welcome here.

Our two schools are busy preparing for new developments and extra classrooms and loads more teachers as our population increases.

Once again Coachford College had an amazing year with outstanding exam results and a return to a post COVID world. The College had 2 Graduation balls in 2022. One was organised by the students from the class of 2021 as they couldn't have one due to COVID and the other one for the class of 2022 organised by the school. Both were a huge success.

It was heartening to see new businesses start up in the village and we wish all at Paddy Macs Bar the very best for the future. Cooneys Inver Filling station have embarked on a huge extension to their shop and the new Gala supermarket and delicatessen is a very welcome addition to the commercial life of the Community.

Congratulations to Mags Chipper who celebrated 30 years in business in 2022 and to Liz Thompson who marked 10 years as Postmistress at the very wonderful Coachford Post Office which is so much more than a Post Office. Well done to all the other businesses in the Coachford area who marched out of the COVID pandemic with renewed confidence and investment in their businesses. We are lucky to have them.

A major development by Irish Water saw a new water treatment and sewage plant opened in the village and this will mean further development and growth can continue in the area. However, the new treatment centre is taking excess water from the village and pumping in into the river and the quality of the water going onto our river must be looked at and monitored as there are some concerns over it.

Well done to Coachford Tidy Towns who improved their score in the national competition but more importantly kept our village looking lovely and clean. It was great to see them taking on a huge project of planting a previously dead area near Rooves Bridge which had been sprayed with weed killer for years. Working with the ESB who own the patch of ground the volunteers have planted trees and bee friendly shrubs and have plans to make the area a haven for wildlife.

Another volunteer group who have made a huge impact this year are the Coachford 200 committee. Their historical walks have been a highlight of the past 12 months and the many photographs on their facebook page brought back loads of lovely memories for a lot of people.

Broomhill Vintage Club held 3 runs this year and the Andrew O'Riordan memorial run was another huge success.

It was once again a momentous year for sport in our village and it was a joy to see so many trophies paraded through Coachford. The local camogie teams had a fantastic year and fully deserved their triumphs. The Coachford College Basketball and Volleyball teams had an amazing year winning all around them and putting Coachford College on the sporting map. But it was the Coachford Premier Soccer team who stole the show, winning the prestigious Premier league and iconic AOH cups in the space of a week. This remarkable team were also awarded the AUL Team of the Year and their Manager, Donal Moynihan was voted Manager of the year. 2022 was also the year that saw two local lads, Adam Murphy and Luke Casey put on the green jersey and play on the Irish Amateur Football team. We also had local triumphs in Athletics, International Road Bowling, Taekwondo and Rowing. We are all very proud of all our sports stars and look forward to what 2023 brings for them all. Fishing made a very welcome return to the lake and great to see so many visitors returning from overseas in our post pandemic world to enjoy our amenities and the very well organised fishing festivals. These events give a huge boost to the local economy and are justifying the investment in the Coachford Greenway and must be protected.

In the arts we had a world premier in Coachford of the amazing 'Shame the Devil' musical based on the Dripsey Ambush. The musical saw loads of local actors on stage joining many from the Macroom and Ballyvourney areas to bring this wonderful musical by Alan Kiely and Kevin Connolly to life. The local drama group, Coachford Players put on a hilarious play, Widow's Paradise, about 8 people stuck in a caravan and they also performed 3 one act plays in October. PHOTO 054

Another highlight of the year was our own Saoirse O'Shaughnessy winning Miss Cork. and going on to represent the county in Miss Ireland.

Although the community and businesses are working extremely hard to make the village the best it can be, the continuing refusal of Cork County Council to engage with the community and to address the major issues of flooding, proper footpaths and pedestrian crossings are the major obstacles to making our village a better and safer place to live.

We can look forward to 2023 with much confidence and hope for Coachford and all who live and work here. We hope you all have a very happy 2023.



2022 saw Fishing made a very welcome return to the lake at Coachford Greenway.

## COACHFORD BURIES THE PRESENT FOR FUTURE GENERATIONS TO ENJOY

To bring a close the Coachford 200 celebrations 2 'Time Capsules' are to be buried in the church grounds on Sunday January 22. The burying of the time capsules are just one part of a huge day of celebrations commemorating 200 years of Coachford. Other events on the day include an exhibition of clubs and organisations that form the rich tapestry of the vibrant Lee Valley Community. The exhibition takes place in the GAA Community Hall on Sunday January 22 after 10am mass and will include exhibits and talks on the Coachford Pantomimes, Aghabullogue GAA, Youth clubs, Macra na Feirme clubs and many more.

The village founded in 1822 is now one of the most important villages in the county and has a rich and colourful history. Throughout 2022 the Coachford 200 committee have organised walks and talks on the history of the village, a dedicated Facebook page featuring hundreds of old images of the village and organised a free tree for every household to mark the 200 birthday of Coachford. The contents of the Time Capsules have been chosen by schoolchildren and members of the community and include a wide variety of objects from mobile phones, spectacles, playing cards, letters from children, photographs and even motor tax discs. Chairman of the organising committee, John McCaffery said " we wanted to include ordinary items that will give the people who dig up this time capsule in a hundred years time a sense of what life was like in Coachford and in Ireland in 2022. We are also including a copy of our parish Newsletter and even an edition of the Lee Valley Outlook so people will know how we communicated with each other and the importance of community to us. We are all looking forward to our big day on Sunday January 22 and we hope loads of people will join us to look back on the last 200 years but to also look ahead with hope and optimism as our community grows and prospers."

## Coachford 200+



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# KILMURRY NEWS



## KILMURRY INDEPENDENCE MUSEUM

Are you doing a New Year clear out? Donate your unwanted clothes to the Independence Museum Kilmurry. Drop off 12pm to 5pm Thursday 26th, Friday 27th, Saturday 28th, and Sunday 29th of January 2023. *Clothes with holes accepted. Shoes, Hats, Belts Bed linen, sheets, pillow cases Curtains and towels NO quilts or pillows* All proceeds go towards the running of the museum and heritage room.

## JANUARY LECTURES AT THE MUSEUM

Munster Plantations – Stories from Muskerry and Beyond – A talk by Michael Keane, including Nettleville, Carrigadrohid and Kilcrea House. When: Thursday January 26th @ 8pm in Kilmurry Museum. Admission: Free for members & €5 for non-members All Welcome

## KILMURRY ACTIVE RETIREMENT NEWS

Oh, so it's the New Year If you are like me, you have been making New Year resolutions for many years now. You have great experience of making them and perhaps great experience of breaking them too. We are not alone. Many of the great political leaders, writers, and people we could look to for example kept diaries, and yes, we can take comfort

from their failures too. I have often sat down with a blank page, thought really hard, completed the task, my list, with a sense of accomplishment, but then only to have my pride dented. I arrogantly compare the list with that of years gone by, trusting that the novelty of this list will make the difference this time, but only to find them all there in previous years. My wife, Ann, though is different. Many years ago, when we married, or maybe before, when I enquired one New Year's Eve, she declared to me she will not be making any new year resolutions. And she has kept to her resolution!

So, while it pains me to admit it, I have decided to learn this year from her example. My first resolution therefore is to analyse the reasons for her successful compliance with her resolution to see if I can apply a similar tactic.

So, my analysis has led me to six 'areas for improvement'! Why six, you ask. Well, we all know that the internet's solution to any problem is five, so since the purpose of New Year resolutions is to do better, then six it is.

The first is that Ann has demonstrated great persistence. To make a resolution and to stick to it, or perhaps to keep making it for over forty years must be given begrudging respect. So, I am taking it that persistence is a necessary requirement for success. Sure enough, courtesy of google, I have just discovered that indeed that is helpful for accomplishments of all sorts. I am making progress here now! Secondly, she applied a tactic to increase her motivation. I can't remember precisely how she did it, but it was something like, 'don't you ask me what I am giving up or doing again'. So that now is our second precondition – the building up of motivation. To add to motivation, we must see the consequence of not sticking to a resolution to be costly or embarrassing or detrimental to us and exceeding the trouble of sticking with it. And indeed, so google confirms.

Thirdly, it is of great benefit to get help from others. We can note here that Ann elicited my help and support to aid her determination, without even asking for it. She ensured that her failure to comply would be both embarrassing to her and bring great amusement to me, and what wife would ever let such a thing happen?

Fourthly, I have also learned that she didn't try to set the goal too high! She didn't say she would never ever make a resolution or didn't compile a list of stuff she would never ever do. Yes, google confirms that it is better to keep goals realistic.

Fifthly, she has broken it down to achievable chunks; in this case just one year at a time as the need arises. I wonder does she have to summon up her resolve once a year when she sees me and

most of the world pondering. Perhaps her tactic is to focus on the present - accept that the past is unchangeable and the future unsure.

Now this great analysis ends with the most important the "Why". Why do you want to make this resolution? Our friend or is it foe, google says that most people do not achieve their resolutions because their "why" is unclear. When the "why" is strong enough, you are motivated to succeed. Perhaps Ann's "why" may have been that she doesn't want to be annoyed by her husband, who could be prone to making resolution suggestions! Could it be possible I wonder that some women consider avoidance of their partners suggestions a helpful motivator? Ah no, surely not!

So, there you have it. Six suggestions to help you change your life for the better. It's all up to you now! Notwithstanding the above, if perhaps you have done what you had decided not to do, and put on a few pounds over Christmas, help is at hand.

We will be coming up with our programme of activities soon to keep us all as fit and healthy as we can reasonably expect to be. If we are to supply what our members have asked for, we will be having a long list, including, aqua aerobics, buff bones, cookery demonstrations, keeping fit for the future classes, tai chi, yoga, Zumba, talks, cards, and trips of all sorts to lots of places.

The Staying Fit for the Future courses given by Cork Sports Partnership in Kilmurry and Crookstown are restarting at the end of the month. You can register for their spring programme at <https://www.corksports.ie/staying-fit-for-the-future/>. If you have not done this course before it is well worth trying out. It is for ten weeks, one hour per week, and costs sixty euro.

We would like to finish by wishing all our members and readers a very healthy New Year. We are looking forward to seeing our members again before long if those viruses behave themselves.

If you would like to join us, our association is open to all, and now is a great time to join. The membership fee is just twenty euro for the full year. Our philosophy is that age makes no difference, but health does. We try to do what we can to keep healthy and challenged in body and in mind, and together that is easier. You will be kept as busy as you choose to be and positively engaged in the community, and we think you will enjoy it. For more information contact Aidan at 0894057676 or [aidanpbarry@outlook.com](mailto:aidanpbarry@outlook.com).



Macroom Senior Citizens Christmas Cabaret Childrens Chorus.



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**Snippets may include details of upcoming Lee Valley functions, fundraisers, sports events etc. We may include commercial events that are also being advertised simultaneously in the magazine.**

**28TH NOVEMBER 2022**

RCPA (Rylane Community Park Association) Lotto results:  
3rd January, 2023:  
Jackpot: €4,200  
Number Drawn: 18, 30, & 37. No Winner.  
Lucky Dips: Ger Carey (O'Riordans Bar); Molly Mangan (Rylane); Matt Twomey (Rylane Soccer Club – yearly); Trisha Murohy (Carrigagulla – online). Seller's prize: Josie Leahy (Rylane). Next week's jackpot will be €4,300

**CANOVEE GAA LOTTO**

8th January, 2023  
Jackpot: €17,100  
Numbers Drawn 03,05,19,25  
No Winner  
Lucky Dips: €30 John O' Mahony, Knockane, €30

John O Mahony, Knockane,  
Online Winners: €30 Amy O'Sullivan & Jennifer McCarthy  
Next draw in The Spreading Chestnut  
**CLONDROHID LOTTO RESULTS**  
January 4th 2023  
Jackpot €5,800  
Numbers Drawn:  
No Winner  
Lucky Dips: €70 Angie McCarthy The Bell Inn  
€20 Danny Keohane Inniscarra, Gerard Kelleher Moulnahorna, Adrian Desmond Clondrohid & Cath Cotter Kilvoultra

**AGHINAGH G.A.A. LOTTO RESULTS**

2nd January, 2023  
Jackpot €2,350 Numbers Drawn 17, 28, 39  
No Winner  
Lucky Dips: €50 Michelle Duggan Ballymakeera (Online Winner), €20 Caroline Downey, Leads (Online Winner) €20 Mary Cotter Leads, €20 Jeremiah Corkery Drombeg (Online Winner) €20 Don McSweeney Ballinagree Shop.  
Next Week: €2500

**MACROOM FC LOTTO RESULTS**

9th January, 2023  
Jackpot: €1,600  
Numbers drawn: 5,7,36  
No Winner.  
Lucky Dips: €80: Marie Spillane c/o Darrin €20 each: Annette O'Callaghan June, Michael Foley Connie, DD Lucey Swanky, Colm Oldham Murrays  
Tickets online at macroomfc.ie and at local outlets throughout Macroom town.

**COACHFORD AFC LOTTO DRAW**

9th January 2023  
Jackpot: €1,000.  
Numbers Drawn: 02, 05, 16  
Winner: No Winner  
Lucky Dips: €40 Barry Murphy, €20 Mary O Sullivan, Michael O Shaughnessy (Online), Declan Casey and Jim Bergin.

UIBH LAOIRE NEWS

**BINGO**

Congratulations go to Joan O Neill winner of the Snowball prize and to Margaret Mc Sweeney winner of the Jackpot on Friday night. Bingo continues every Friday night at 8.30pm. And don't forget cards every Sunday night as usual.

**SOCIAL DANCING**

The first social dance was held on Sunday afternoon and was a great success. So much so that it will continue on the 22 nd of January with music provided by Finbarr Dennehy. Dancing is back in fashion again it seems and Inchigeela will be the

place to be. The hall, 3pm to 5.30pm €10 for a great evening with light refreshments provided. Put it in your diary!



Macroom GAA. Ladies' underage players, recipients of county medals in Macroom GAA Pavilion, (C. Kelleher).



Children from Ballinagree National School had a wonderful night performing The Wiggly Nativity, A Magical Christmas Journey and The Unexpected Christmas Visitor in Ballinagree Church recently.



The Crowley family held a coffee event in aid of Alzheimers Ireland in memory of their mother Nancy Crowley and the proceeds 3,380 euro was handed over to Jerry Foley by Bernard, Kathleen and Mary.



Macra doing their annual Christmas delivery to senior citizens. Timber supplied by Denis Lucey, Knockeenacuttin, and Mikey Donovan, Lissarda.



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# MACROOM HISTORY GROUP:

*Monthly Meeting, December 12, 2022*



Clondrohid pantomime chorus group.

**Topic: Pantomimes in Macroom and District, 1959-1999; Speaker Dr Con Kelleher.**

Despite adverse weather conditions, Macroom History Group held its fifth monthly meeting of 2022 in the Castle Hotel, Macroom before about thirty attendees. Many past local pantomime producers and performers graced the occasion and made insightful contributions.

Local history concentrates on a specific topic in a particular area and set in a defined time period. The topic was drawn from the town's rich social history and pantomime was the subject, with the accent firmly on Macroom. The nature and meaning of pantomime was explored and its 'journey' from Ancient Greece through Rome, Italy, France, United Kingdom, Dublin and Cork to Macroom was traced. Antecedent local factors included a Macroom Choral Society in the 1940s, the Scintilla Orchestra/Band of the 1950s which itself had musicians trained by the Macroom



John O'Reardon with Michael 'Mika' Healy dresses as a pantomime dame.

Confraternity Band of the 1940s. Fr William Buckley was a curate in Macroom from the mid 1940s to the mid 1950s and he was involved with the Choral Society and produced church pageants around 1954, the Marian Year. When transferred to Coachford, he amalgamated various local groups and staged

pantomimes there from 1956 to 1963 which were enormously popular and successful. He used many Macroom performers such as Anna O'Shea, Joan Canny, Beatrice O'Neill, stars from the Gilbert and Sullivan productions, and Rufina O'Sullivan, in his pantomimes. Significantly, John O'Reardan took part in 'The Gondoliers' operetta in Macroom in 1948'. O'Reardan was the creator of the Macroom pantomime tradition that survives to the present, Covid times excepted. Born in Macroom, O'Reardan lived in New Street, was married to Breda and they had six children. After stints teaching in Cork and Skibbereen, he was appointed to the staff of De La Salle College, Macroom. Affectionately known as 'Jan', he was not only a superb teacher, but he was an accomplished sportsman (football, golf and angling) and he was a gifted artist and writer. He wrote the early Macroom pantomimes scripts, directed and produced the shows, painted the scenery and often took part. Further, he was secretary of the DLS PPU, the sponsoring body. His six pantomimes ran intermittently from 1959 to 1969 and his shows unearthed many fine performers on- and off-stage. Early 'stars' included Elma Murphy, Rufina O'Sullivan, John Browne, Mary Corcoran, Mary Jo Kelleher, Seamas Gallagher, Pat 'The Barber' O'Riordan, John O'Connell, Ann Ring, Mary O'Brien, Hugo Casey and many many more. Brendan O'Brien, at short notice, performed brilliantly in the 1966 show. After O'Reardan's untimely death in 1974, Macroom pantomimes were revived in his honour and new performers such as Gerard 'Roger' Healy, Donal Lucey, Mary Fitzgerald, Ann Buckley, Martin Buckley, Pat O'Connell, Charlie Leonard and Kevin O'Brien emerged.



The adult chorus in the Canovee Choral Group's production of Cinderella to be staged at Crookstown Hall.



Canovee pantomime chorus and Michele Dunlea

Michele Dunlea who plays the Fairy Queen in the Canovee Choral Group's production of 'Cinderella'.





Cast from 'Babes in the Wood' 1961-2.

In the meantime, the Ring family had moved to Carrigadrohid and brought their formidable array of talents and pantomime know-how there, where they began pantomime productions in 1973. While Ann was the driving force, she had the support of her father Johnny, aunt Mary O'Brien and her siblings. In one show her family provide ten of the performers/orchestra, a quarter of the cast.

The shows were mostly held in Crookstown and progressed in excellence and sophistication. New 'stars' were discovered and included Siobhan O'Brien, Michelle Dunlea, Martina Ring, Annette Dilworth, Con, Julie and Elaine Dunne, Pat Barry-Murphy, Kevin Moynihan, Jim Leahy, and Rita O'Brien and John Mathers, among others, off-stage. The final Canovee pantomime event was held in 2000. This coincided with the appointment of Ann (Ring) Dunne as manager of the Briery Gap Theatre in Macroom where she continued to produce brilliant pantomimes until 2015 when the hall was unfortunately damaged by fire. Feature of these shows was the singing of Georgina and Kelley Healy and the heart-rendering and entertaining performances of the children's choruses, and the comedy of Pat Barry-Murphy, Kevin Moynihan and Padraig O'Driscoll. Pantomimes transferred to the Riverside Lodge for a few years before a performance in Casey's Coolcower Guests House was given.

Brothers Brendan and Kevin O'Brien produced marvellous pantomimes in Clondrohid in the 1980s. Despite high levels of emigration, inflation and unemployment, the 'pantos' brought great excitement to the village and area. The cast was mostly locally-based and a successful Macra na Feirme group 'trained'



The Ring Family, Carrigadrohid

many to perform very well in the ensuing shows. Kevin was the musical director, and producer Brendan noted a pronounced progression as the years passed. Brendan's appointment as Principal in McEgan College, Macroom, and other factors coincided with the cessation of the group's activities.

Ann Ring/Dunne and the O'Briens were 'graduates' of John O'Reardan's Macroom 'school' of pantomime and embellished its tradition. Undoubtedly, the 'pantos' gave enormous enjoyment and sense of achievement to many in Macroom and District for the past sixty three years and everyone is hoping, willing and praying that we will see a

pantomime in Macroom in the near future, perhaps even 2023.

Slides of the presentation are available on [macroomhistorygroup.ie](http://macroomhistorygroup.ie)

As well as the 'talk', photos from various pantomimes from the three centres were on display on the night as well as some of John O'Reardan's original scripts and papers (kindly supplied by Denis, his son).

If anyone has old photos, programmes, stories or anecdotes about Macroom pantomimes, please contact Con Kelleher at 086/2480350 or [conkell31@gmail.com](mailto:conkell31@gmail.com)

Hopefully you had a Happy Christmas and wishing you a Great 2023.




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# THE TRAGEDY OF MUSKERRY'S SUNKEN POET

## - THE STORY OF YOUNG JOHN QUILL -

John Quill, poet and British naval officer, was born in 1921 to James Quill (1891-1949), the prominent Clondrohid born, British trade union federation leader (and an apparent enemy of former British Prime Minister, Winston Churchill), and his wife, Anne Quill. His father had moved to England as a teenager and was also vice-president of a large textile plant. They lived at a rather luxurious property in the ceremonial county of Cheshire, north-west England, located near the largely populated borough of Hyde. John was baptised into the Roman Catholic faith at the parish of St. Paul's, located in the vicinity of Hyde. John was also a nephew of the renowned Irish Labour Party and agricultural figure, Timothy Quill/Tadgh O'Cuill (1901-1960), and a first cousin of his son, the renowned veterinary writer Dr. Timothy 'Tadgh' Stephen Quill (1932-1970). As a youth, John returned to his father's native land of Muskerry, and lived in Macroom and Cork City with various relatives.

From his early teens, John, again residing in England, displayed an eloquence with words in a manner for which his uncle Timothy was renowned in Ireland. He featured regularly in national publications for the Poetry Society (the government funded body for poetry in Britain, founded in 1909) in both the youth and adult sections. John featured alongside British poets who would cement their place in literary history as fully fledged adults, among those being W.H. Auden, C. Day Lewis, Iris Murdoch (a Booker Prize Winner), Kingsley Amis, and John Betjeman. His poems also appeared in widely read newspapers such as the 'Manchester Evening News,' the 'Cheshire Observer' and the 'Northern Daily Telegraph.' One such poem, 'Landscapes of the North,' characterises the old economy of northern England.

Showing his affection for the motherland, in his mid-teens, he composed a 600 word survey titled 'Macroom - The Capital of Muskerry.' Opening by declaring that "the cities of Ireland may be beautiful, their residents may be good Irish men and women, but for a really typical Irish atmosphere, there is no place like the country town." Commenting on Macroom's status as a historic market town, he writes that "A cattle fair is held once a month, and the farmers from the surrounding districts drive their cattle in during the early hours of the morning. It is woe be tide anyone who lives on a road approaching Macroom that night. They find it hard to get any sleep, for the lowering of cattle, grunting of pigs protesting creak of harness, and the subdued curses and shouts of the men who are trying to drive their stock to the fair as quickly as possible."

Continuing, he describes Macroom's political history in visual terms, noting that "on one side of the square stands the old castle founded by King John; occupied by Cromwell; and used as a headquarters by the British military in the trouble. The founder of Pennsylvania, William Penn, managed his father's estate from this historic stronghold. Nowadays, the estate is in ruins, but the beautiful grounds where nobility have lazed and soldiers have drilled are now used for Gaelic football and other sporting events." Of the sporting element, he elaborates: "This is evidence of a district which has never become properly Anglicised. Thus it became a centre of the Gaelic revival, and only a few miles away, in the parish of Clondrohid, was born Canon Peter O'Leary. 'Seadna' and the other Gaelic writings of Canon O'Leary have made himself and this district well known." Additionally, maybe hinting allegorically to his own potential sympathies for Irish republicanism, he conveys that

"from Cromwell, and down through '98, the days of the Fenians, to the later struggle for independence in the early twenties, Macroom has always been in the vain for Irish freedom."

Providing further insight into the life of Macroom past, he writes that "the Macroom men are all sportsmen, and often on the quieter roads, one will meet a crowd of men grouped around two or perhaps four of their number in shirtsleeves, who, after much shouting and hand-waving, will take a run, a hop, a whirl of the arm and a twenty-eight ounce iron bowl will go rolling along the road amidst the cheers of the spectators." Revealing his status as an outsider, he notes how "this game of bowls is peculiar to County Cork."

Nearing the end of the piece, he describes how "apart from the beauty of the countryside, there is another type of beauty which the people of Macroom can never appreciate, unless they have been away some time. It is the fast, lilting accent of the people which seems to personify the music of the fairies and good people who were once all important, but now forgotten. It is an accent once heard and never forgotten."

Concluding, he complements the people of Macroom by declaring that "although I am not a native of the Macroom district, I carry happy recollections of many weeks spent there among a happy and hospitable people, living at the foot of the Musher mountain, to whom I can pay no better tribute than echo the words of the poet who said - 'Whoever means to shake off gloom, Let him repair to old Macroom.'"

John's education was halted following the outbreak of World War II, when conscription was introduced for all teenage boys in Great Britain. He was subsequently enlisted into the Royal Navy. Uniquely, by the age of 19, he appears to



have been serving as an officer within the Navy. For a teenager to be awarded the rank of officer within the British Navy (or any military force, for that matter) is highly unusual. Typically, officers who had always intended to enter the military would pursue special training at colleges with the express purpose of becoming an officer, and, even with this background, would, at the earliest, not be made officers until their mid-twenties. The fact that a conscript, such as John, with no prior military ambitions, was made an officer before his twentieth birthday is perhaps a testament to his own character. John's early recognition may be attributed to his natural intellect that was clearly displayed in his creative works. This is made even more remarkable given the then-discriminatory attitude towards recruits of Irish descent (in 2005, a damning government report revealed that British military courts were systematically anti-Irish, and dispensed death sentences to Irish members simply to set an example to the troops during both World Wars). With devoutly Catholic beliefs instilled in him by his father, John was teetotal and carried rosary beads in his jacket whilst on duty. As of 1941, he was assigned as Second Radio Officer on the Merchant Navy ship, HMS King Malcolm. Completing construction in the city of Glasgow, Scotland, in December 1925, the King Malcolm was an impressive ship, weighing 5,120 tonnes. In early October, the ship departed Haifa (Israel's

third largest city, then part of British Palestine), stopping at Sydney on 17 October 1941, and was due to dock at Belfast, before finally mooring at Garston, a seaside facing district of Liverpool. On 28 October 1941 at 07:19 hours, some 630 miles west of Ireland, (based in the middle of the Atlantic Ocean, according to the designated co-ordinates) German submarine U-106 (commanded by Hermann Rasch, a prominent U-boat officer who was awarded the prestigious Knight's Cross decoration in December 1942) launched a spread of two G7a torpedoes at an unshielded westbound cargo of 5000 grt. The ship sunk three minutes after the first torpedo impacted her on the starboard side. As it was shot without aiming, the second torpedo sailed out to the side. The King Malcolm (headed by Master James Wilson), had been part of convoy SC-50, but became lost and reported missing on 21 October, east of St. John's, Newfoundland, at a latitude of 47°40N and longitude of 51°15W. It was the intended victim of Rasch. The Navy lost the entirety of its personnel on board - having lost the captain, 33 other crew members, and 4 gunners.

With no further contact made from the HMS King Malcolm, young Quill was officially declared killed-in-action (KIA) on 31 October 1941, when the Navy headquarters in London deemed the ship to have been sunk. John was only 20 years of age. When news reached England (and Ireland), it was of great shock to locals in the areas in which he was associated. Given his father's leading role in British public life, his death featured prominently within news reports of the sinking. With no remains to bury, vigils were held in his memory in both Hyde, Cheshire, and Macroom, Co. Cork. He was commended for his bravery in the local press in Cheshire. John was later immortalised when his name was embossed as a crew member of the HMS King Malcolm at the historic Tower Hill Memorial in London.

The old saying proclaims that the pen is mightier than the sword, but John Quill proved that he was capable with both at such a young age. Had he not died such a horrible death in World War II, the promise he showed in poetry can only make one speculate what he could've achieved in literature, had he lived to full maturity. Despite this saddening tragedy of Muskerry's sunken poet, his bravery and intellect can only be held in the highest regard and honoured as we turn through the pages of history.

## LANDSCAPES OF THE NORTH *by John Quill*

*A man set off for Blackburn  
At the breaking of the morning  
To the station tardy he arrived  
The ticket master scorning*

*Gazing out the window  
As he made his way to Bolton  
Fields of wheat he saw  
And steel factories of molten*

*The train's brakes screeched horrifically  
As it descended on a hill  
Drifting like a sleigh  
As it traveled down to Leigh*

*The city smoke  
Of cotton mills  
Was often overwhelming  
Yet when one saw the Cheshire plains  
They quickly stopped complaining*

### SOURCE: 'Cheshire Observer' (1939)

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As the war in Ukraine drags into the new year, we are reminded of the history of large-scale wars, not only in Europe, but around the world, which showcased the successes and tragedies of the world's greatest military powers. Many may have noticed that, in recent years, bookshops have filled their shelves with accounts and records of the wars that have occurred in Ireland over the centuries, beginning with the Cromwellian plantations, the 1798 rebellion, and the 1848 rising, and concluding with the better-known conflicts of the last century. Over that period of time, the nature of military conflict has changed drastically, yet it is frequently overlooked that the origin of these ingenious new approaches, utilised by the greatest armies and political agents in known history, can be traced back to our very own Lee Valley.

Two such figures who display this connection are Tom Barry and Herbert Sean Mitchell. Both holding the prestigious rank of Commandant-General, as well as serving on the Army Executive of the Anti-Treaty IRA throughout the 1920s and 1930s (with Barry serving as chief of staff). In the 1930s, Barry and Mitchell, along with Sean MacBride, were founders of the Anti-Treaty IRA's 'Anti-Partition Council,' in which they criticised simultaneously the de Valera government, the Northern Ireland government, and the British 'London' government as they toured the country with the purpose of establishing a branch of the Anti-Partition Council in every county. With the rolling hills and rugged landscape of Co. Cork as their playground, written correspondence and oral recollections from former (now deceased) IRA volunteers attribute the creation of the IRA's now internationally renowned tactics to primarily Barry, Mitchell and Sean O'Hegarty of Cork City. Barry's internationally famed memoir, 'Guerrilla Days in Ireland,' composed with the assistance of Mitchell, O'Hegarty, and others, has at various periods been compulsory reading at the Westpoint Military Academy, the U.S Army's elite college for the training of future military leaders; as well as Sandhurst, likewise, an elite college for the training of future British Army officers. According to 'History Ireland,' Barry's memoir "acquired fame as a virtual textbook on guerrilla warfare, read around the world by insurgents and their enemies alike."

Although Barry's background is well-known, Mitchell, despite his prominence, is an oft-forgotten republican leader, mainly due to the fact that he intentionally shunned reporters in later years, asserting that "nobody can write my story," with Barry also respecting his wishes when writing his popular memoirs. Understanding Mitchell can allow one to grasp the nature of the man. Born in Co. Offaly, in 1891 to a landed Protestant family, they were owners of large textile mills in the Midlands and Dublin City. As a young man, he spent time as a wool buyer and manager



A destroyed Crossley vehicle at Kimichael.

at one of the family's textile plants in Athlone, where he converted to Catholicism upon reading the works of Cardinal Newman with the local Jesuits. He was soon after appointed Captain of the Irish Volunteers in Athlone, and was disowned by his mother, a Baptist and rabid anti-Catholic. He later moved to Cork, upon accepting an offer as Captain in the Cork No.1 Brigade by Richard Mulcahy, and within a short space of time became a Commandant-General and a national leader in the IRA. Turning down an offer of Command of the Southern Division of the National (Free State) Army from pro-Treaty leader Michael Collins prior to the outbreak of the Civil War, he shared a floor in Limerick Gaol with Eamon de Valera (de Valera's signature was contained in an old prisoner's diary which Mitchell possessed, despite denouncing his government over a decade later), and, in the late 1920s, Maud Gonne MacBride petitioned for his release from prison. Furthermore, both Mitchell and Gonne MacBride were founders of the IRA's Anti-Imperialist Association, launched at a meeting in Dublin City. He lived in Glenwood House, in Kerry Pike, on which he owned a moderately sized farm, however, most of it has now been broken-up and/or developed on, including the Celtic Tiger era 'Mitchell's Court' luxury housing development. The original house was demolished and rebuilt with a more modern design by Mitchell in the 1950s, and it is now located within the city boundary. Mitchell also owned an accountancy practice at Clarke's Bridge, Cork City centre, which also doubled as an arms dump for many years. His devout Catholicism would be displayed in feature articles which he penned in 'The Corkman' newspaper in the late 1960s, in which he denounced those who lobbied in favour of liberalising divorce, contraception, and alcohol laws, rather than the pursuit of social justice, uniting Ireland and achieving the Republic as proclaimed in 1916. Regardless, he maintained his old Anglicised tastes, harbouring a strong fondness of horses,

fox hunting, shooting, and was also befriended by prominent race horse trainers.

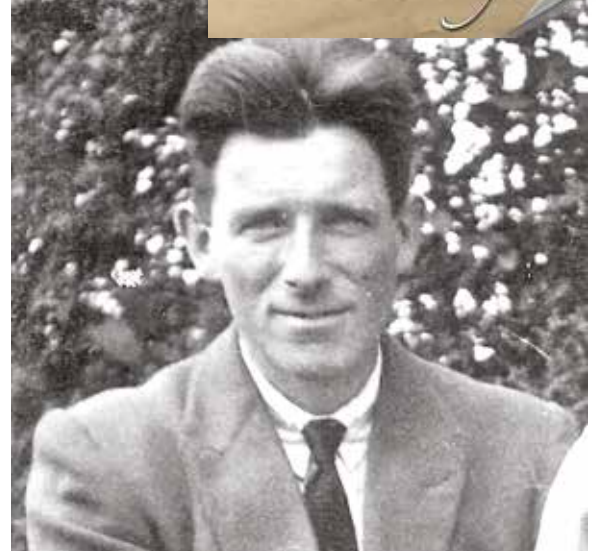
Although Barry possessed a small degree of previous military experience (he enlisted into the British Army as a teenager), prior to the foundation of the original Irish Volunteers, Mitchell had possessed no prior military experience, yet, former volunteers who served under him praised his unique combination of leadership ability, courage, motivation, as well as natural wit and intellect, as driving factors in his success in strategy and ambushes. At Mitchell's funeral in 1971, Tomas Óg MacCurtain (one-time IRA chief of staff and son of the famed Lord Mayor of Cork) gave a graveside oration in which he stated: "He was larger than life. Like some hero out of the Cuchulainn saga; a flaming torch in the darkness of disillusion and defeat. The lessons learned from him stood many of them (IRA members) in good stead in the years after as they in their turn served the same cause as he." Writing in 1979, Charles Townsend in 'The English Historical Review' notes how "the IRA was self taught," making their feats and subsequent influence across the world all the more remarkable.

Barry flourishingly adapted his previous (albeit, limited) military experience to the conditions of guerrilla warfare and became the most renowned column leader during the Anglo-Irish conflict. In his memoirs, he ridiculed the preoccupation of many with military titles and conventional process, lamenting the existence of a "paper army." He emphasised the need of spontaneity, initiative, and familiarity with local conditions. "The reality," he wrote, "was a collection of men, primarily in caps and inexpensive clothing, wondering how to accomplish their mission and where they would sleep that night or eat supper". He was fully aware that the nature of the struggle did not permit tight control from the IRA's headquarters in Dublin, hence boosting the significance of local commanders. Barry's strategy places a heavy emphasis on movement speed and





A mock execution by the Cork IRA in 1922



Herbert Sean Mitchell.

attacking the enemy at his weakest position. The column's ambush successes were few in number, but among the war's most memorable.

The ambushes which later became the subject of song, poem, and study by the US and British Armies all took place in Lee Valley. The first successful ambush occurred in October 1920, near Toureen, and, in November, 1920, an auxiliary patrol was ambushed in spectacular fashion on their way from Macroom to Kilmichael. There, 36 soldiers split into three columns and slew 16 auxiliary, capturing one who was subsequently shot, and losing 2 men to the enemy in return. Since then, debate has centred on whether or not a British faux surrender contributed to the savagery of some of the killings. Kilmichael, in tandem with the Bloody Sunday killings a week earlier in Dublin, had a significant impact on the British military and political establishment, leading to the declaration of martial law for much of Munster and the incorporation of wide-ranging internment in December, as well as the authorisation of official reprisals. At a time when massive sweeps were making life more difficult for the IRA, the prolonged fight between Barry's column and surrounding British troops at Crossbarry on 19 March 1921, consisted of a bold and gutsy escape. From Barry's perspective, Crossbarry was even more crucial than Kilmichael since it was the biggest engagement of the war. During the Civil War, Mitchell commanded the Battle of Ballyvourney, in which he defeated and took prisoner a much more greatly numbered contingent of Free State troops. This is one of the first recorded instances of the Anti-Treatyites using armoured cars (Rolls Royces) and grenade launchers in battle (the grenade launcher was operated by Mitchell, and one of the armoured cars included the famous Sliabh na mBan, also captured in a raid led by Mitchell).

Flaming the worst conflicts of the Civil War, it was Barry, Mitchell, O'Hegarty, and Martin Corry (known as 'chief executioner' of the Anti-Treaty IRA



Tom Barry.

in Cork city and county; later a TD and member of Cork County Council), who, in 1922, orchestrated and carried out the only naval victory by an Irish military force against the British Empire, capturing the HMS *Upnor* near Cobh Harbour, depleting it of its arms supply. This enraged then British Secretary of State for the Colonies (and future Prime Minister), Winston Churchill, as well as embarrassing the provisional Free State government.

Of course, outside of the lens of that time, in more recent decades, controversy has arisen in regard to some of the methods used by these leading Cork-based commanders. Firstly, the truth of the 'false surrender' account given by Barry at the Kilmichael ambush was brought into question during the 1990s, and a 2006 'Irish Examiner' article claimed that Gardai believed that Barry and Mitchell were responsible for ordering the killing of a Blueshirt member in Innishannon in the early 1930s, as a reprisal for an attack by the Blueshirts on an IRA volunteer. It has also been claimed that Corry's farm in Knockraha was used for torture and mass burials of executed

prisoners. Additionally, all the aforementioned utilised mock executions and the wearing of enemy colours in order to dupe the opposition (the latter shown in the ambush scene in the 2006 movie 'The Wind that Shakes the Barley'), both of which became war crimes following the passing of the Geneva Convention in 1949.

Regardless, the next time you pass through Kilmichael, Crossbarry, or Ballyvourney, think of how these quiet villages and townlands influenced major military actions and tactics in wars across the globe.

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# Aindrias Ó Céileachair

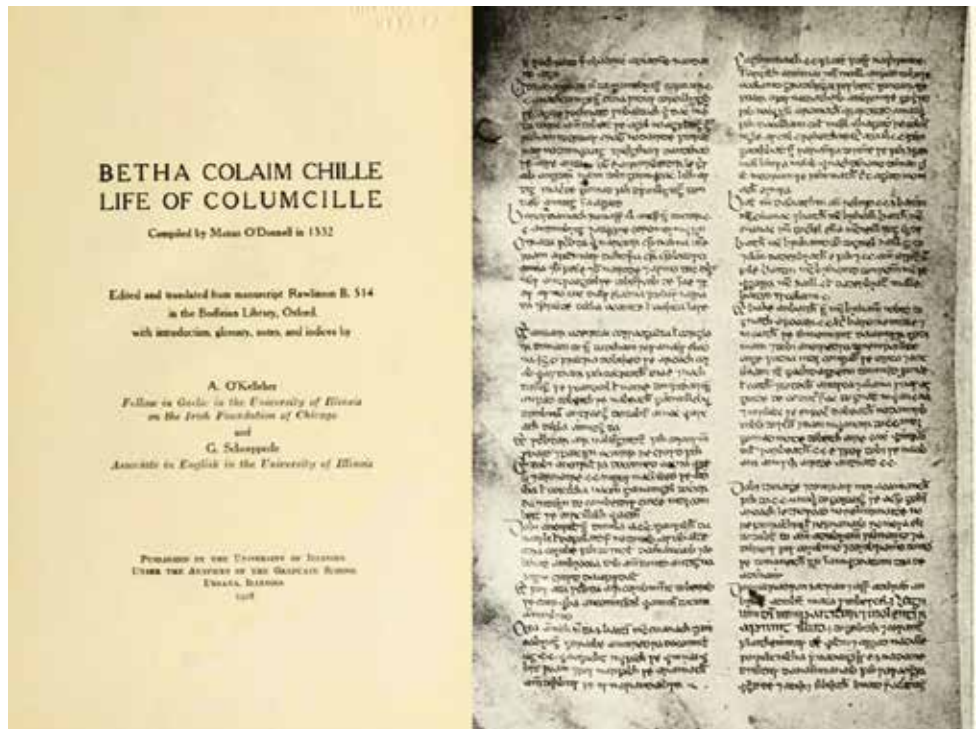
- By Kathy O'Sullivan

*"All these are uncommon things, but does not the uncommon surround us on every side?"*

- *Quo Vadis: A Narrative of the Time of Nero*, by Henryk Sienkiewicz (1895)

Literary translation into Irish was at its height in the 1920s, 1930s and 1940s. In 1936, a book which helped secure the Nobel-prize for its Polish author, Henryk Sienkiewicz, was translated into Irish by Aindrias Ó Céileachair. The book, *Quo Vadis: A Narrative of the Time of Nero*, concerning a corrupt Emperor Nero fiddling while Rome collapses, burning, toward the precipice of socio-political collapse, possibly holds truths about the trajectory of many nations today, including Ireland. The translation by Aindrias Ó Céileachair of *Quo Vadis* (a Latin phrase which is often held to mean *Where are you going?*) is considered to be one of the finest translations of any book in the Irish language. This is quite the accolade, when one considers that, during this period, literary works that were translated into Irish included *Don Quixote*, *Robinson Crusoe*, *The Hound of the Baskervilles*, *Dracula*, *Alice in Wonderland*, as well as stories by Chekhov, Tolstoy, and plays by Shakespeare and Molière.

Aindrias was born on June 23rd, 1883, to Denis, a farmer, and Honora McSwiney in Milleens, Cuiil Aodha. With six sons and three daughters, life was busy for his parents. Not much is known of his early life, but we do know Aindrias attended primary school, followed by secondary school at Coláiste Colmáin, Fermoy, and then Coláiste Pádraig, Maynooth. He was ordained as a priest in 1908. A native Irish speaker, Fr. Aindrias was exceptionally gifted in the language, finding it much easier to express himself in his native language than in English. Young, idealistic and a nationalist, Aindrias graduated and was ordained at a pivotal time in Irish education, the Irish Universities Act of 1908. This Act established two new Universities - the National University of Ireland (a federal university comprising three colleges in Dublin, Cork and Galway, with Maynooth joining in 1910), and the Queen's University of Belfast. The revitalization of Irish and the creation of a bilingual Ireland were fundamental pillars of the educational agenda of Conradh na Gaeilge, the Gaelic League, founded in 1893. As editor of the League's periodical, *An Claidheamh Soluis* (Sword of Light), Pádraig Pearse, executed as one of the leaders of the Easter 1916 Rising, played a central part in securing the Bilingual Programme (1904) and the matriculation in Irish requirement for the National University of Ireland (NUI). This was despite the unwillingness of successive administrations to make provision for Irish, an unwillingness which continues to this day, as evidenced by the recent calls for the Irish language to not be compulsory in Irish schools (even though many countries, including, for example, the UAE, decree their native language, in this case, Arabic, to be compulsory for all students, regardless of ethnicity, nationality, or the length of stay in the country). This is the background that provides context for an editorial in *An Claidheamh Soluis* on 3rd July 1909, which stated that the Maynooth authorities and the



Betha Colaim Chille: Life Of Columcille, 1918 (with an example of the type of ancient manuscript translated)

bishops were demanding their revenge on young patriotic priests: "One of these young priests, Father Aindrias Ó Céileachair ... has a rare knowledge of the Irish language, and if left in Ireland would have done much-needed work for Irish scholarship and literature. With some other students in Dunboyne, he joined in sending a message of sympathy to the promoters of the students' meeting held in Dublin last spring. For that little incident he is suspected of patriotism - the latest crime - and is being sent on a foreign mission, so that the foreigner's mind, no less than the foreigner's rule, may hold sway in his native land." Apparently, Aindrias had to write to the editor to assure everyone he was not being deported! Part of the reason Aindrias merited special mention was because he had won many Oireachtas prizes between 1903 and 1907. He had also edited a poem in *Ériu* (named after a daughter of the legendary ancient Tuatha Dé Danann tribe, often viewed as the goddess of Ireland. When Ireland was invaded by the Milesians, *Ériu* and her two sisters, *Banbha* and *Fodhla*, stood against them. *Ériu* climbed to the top of the sacred hill of *Uisneach*, in what is present day Co. Westmeath, and demanded that the Land bear her name after their tribe disappeared. Her request was honoured and Ireland, the English version of her name, is named after her), an academic journal of Irish language studies, established in 1904 as the journal of the School of Irish Learning in Dublin. Gertrude Schoepperle (1882-1921), internationally renowned American university professor and a scholar of medieval Celtic, French, and German literature, met Aindrias in 1909. They had a shared interest in language and literature. According to Seán Ó Lúing, in a 1991 biography of Kuno Meyer (1858-1919), a German scholar of Celtic philology

and literature, Gertrude 'was greatly impressed by Father Andrew Kelleher's ability and enthusiasm for Old Irish.' Aindrias applied for a position as lecturer at Dublin University College. According to Seán Ó Lúing, "Miss Schoepperle, who knew him better than anyone, was loud in praise of him for his independent mind and marked ability. He could read off the texts in *Ériu* at sight." The position that appeared to be open turned out to not be open after all, which meant Aindrias was to be put to other work, as a priest in the parish of Enniscorthy, Co. Wexford. However, that was also not meant to be. Thanks to the scholar Kuno Meyer, Aindrias secured a position as a lecturer in Celtic studies at the university in Liverpool, England, and he also became an assistant priest in the parish of Peter and Paul, Great Crosby, Liverpool. It seems that great scholars saw his potential and did what they could to further that immense linguistic talent. It was reported in *An Claidheamh Soluis*, which had championed Aindrias from the beginning, on 19th February 1910, that he had sixty students in his class, and, after ascertaining that Irish was preferred by many of them, he started two classes, one through the medium of English and the other in Irish. In November 1916, Aindrias accepted a research fellowship in the US and began lecturing at the University of Illinois Urbana (which ranks 48th in the Times Higher Education World Rankings for 2023). He and Gertrude had a major scholarly work, an edition of *Betha Colaim Chille: Life of Columcille*, published for the Irish Foundation Series of America in 1918. Columcille was the Irish saint who lived from 521 to 597 and founded the monastery of Iona, a small island in the Inner Hebrides, off the coast of Scotland,



where the magnificent Book of Kells was produced. He also founded many other monasteries, all of which were also publishers. On his deathbed, he is reputed to have said 'See that you be at peace among yourselves, my children, and love one another. Follow the example of good men of old.' Considered to be the greatest work of Aindrias, Betha Colaim Chille updated the 1532 work by Manus O'Donnell, which itself collected materials in Latin and Irish from ancient manuscripts. Like St. Colmcille, or St. Columba, as he is also known, Aindrias loved books, and like St. Colmcille, who was sought by people from all over Europe for his wisdom, Aindrias was sought by people from many places for his knowledge of Irish language and literature.

Aindrias first returned to England, and then, a few years later, sometime from 1920 to 1923, although it is not known precisely when, he came back to Ireland. He served as a much-loved chaplain in Mallow, Co. Cork, at Munster College, until 1940, known to all as Fr. Andy, when he retired, due to ill health. Aindrias suffered from arthritis. He moved first to Coachford, and then to Carrigrohane.

The translation of Quo Vadis came about because of An Gúm, which translates literally as 'The Scheme', an Irish state company established in 1925 as part of the Department of Education, to publish Irish literature. Several of its early publications were of famous works. It provided financial support for native Irish-language writers and published original writing in Irish. An Gúm remained part of the Department of Education until 1999 when, with the Belfast Agreement, or Good Friday Agreement, its functions were moved under the cross-border body, Foras na Gaeilge.

Aindrias translated Quo Vadis into Irish from an English translation by an Irish American linguist, Jeremiah Curtin (1835- 1906), who himself collected stories and tales in Irish, even visiting the West Cork Gaeltacht. Henryk Sienkiewicz's novel, itself said to have been influenced by Lewis Wallace's 1880 book, Ben Hur, was translated into many languages. Jeremiah and Henryk were friends, and Henryk gave Jeremiah the sole authority to translate his works from Polish into English. For Irish language translations of books, An Gúm approached writers and allowed them freedom of choice with regards to the book they were to write or translate. Aindrias was interested in two works, Quo Vadis, and Shakespeare's Macbeth (Screw your courage to the sticking place and we'll not fail). He finally decided upon Quo Vadis.

However, as anyone who is used to translating from another language knows, translation doesn't always go smoothly! This became evident when, having completed the translation, it was discovered by An Gúm that poor Aindrias had been working on an abridged version of the book. The abridged version was 250 pages, whereas the complete version was more than 450 pages. Naturally, Aindrias tried a version of cutting/pasting, but, in the end, realised it would be easier to start over. This, for a man who suffered acutely from arthritis, was no easy task. It takes enormous strength of character to start over in any major work endeavour. Whereas the abridged version took approximately six months to translate, the longer version took almost five years. Being the perfectionist scholar he was, he consulted with many well-known Irish speakers, in particular fellow Cuil Aodha native, Amhlaibh Ó Loingsigh (1872-1947), to ensure accuracy. Alan Titley, in a 2010 Ulster University article on the Irish translation, suggests Aindrias used "a noble form of Irish, an Irish that is removed from the ordinary concerns of the poor people among whom he lived, an Irish through which the ancient world could come alive."

Fr. Andy, as he was affectionately known, wrote some of the finest translations in modern Irish. Of course, given what we know of him, when it came to his translation of Quo Vadis, he not only consulted with eminent speakers, but with all and sundry, especially from the West Muskerry area, thus perhaps rendering this translation a true Lee Valley community effort. Language, after all, belongs to its users, reflecting character, reflecting experience, being, as it is, the road map of their culture and history.

Sadly, Fr. Andy's health continued to deteriorate, slowly, inexorably. He died on 28th July 1954 in Mount Desert, Carrigrohane, Cork. A man who understood the value of preserving the Irish language, his contribution to our literary tradition and culture is hugely underestimated. As Dottie LeBeau, an elder of the Native American Lakota tribe engaged in preserving her native language and culture in the South Dakota school system through the Wolakota project, says: "Losing the language means losing the culture. We need to know who we are because it makes a difference in who our children are." Therefore, perhaps, something to ask ourselves about the preservation of the Irish language and culture is the always relevant question quo vadis – where are you going?

## Joseph O'Connor's *MY FATHER'S HOUSE* -

Hugh O'Flaherty WW2

Eagerly anticipated since it was announced in early 2020, based on Hugh O'Flaherty's activities in WW2 occupied Rome, a new novel by acclaimed Irish author Joseph O'Connor will be available in all good bookshops from January 26th 2023. An absolute "must read" for all fans of WW2 history, Msgr Hugh O'Flaherty and author Joseph O'Connor.

A literary thriller based on the true story of an Irish priest in the Vatican who rescued victims of the Nazis in Rome under the nose of his SS officer nemesis. From the bestselling and prizewinning author of Shadowplay.

'A gripping and compelling read.

O'Connor's gift for exquisite language shines through the

terror, the jeopardy and the courage of a group of colourful people thrown together to do what was right and honourable. Informative, entertaining and utterly brilliant.' Liz Nugent

September 1943: German forces occupy Rome. SS officer Paul Hauptmann rules with terror. The war's outcome is far from certain. An Irish priest, Hugh O'Flaherty, dedicates himself to helping those escaping from the Nazis. His home is Vatican City, the world's smallest state, a neutral, independent country within Rome where the occupiers hold no sway. Here Hugh brings together an unlikely band of friends to hide the vulnerable under the noses of the enemy. But Hauptmann's net begins closing in on the Escape Line and the need for a terrifyingly audacious mission grows critical. By Christmastime, it's too late to turn back.

Based on an extraordinary true story, My Father's House is a powerful literary thriller from a master of historical fiction. Joseph O'Connor has created an unforgettable novel of love, faith and sacrifice, and what it means to be truly human in the most extreme circumstances.



Junior pupils from Dromleigh N.S. visiting their local Christmas crib in Kilmichael.

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## Ladies Gaelic LGFA - 2022 LGFA All Ireland Junior Final

### Salthill-Knocknacarra 1-7 Naomh Abán 0-4

Salthill-Knocknacarra claimed the current account, ie All-Ireland Junior Ladies Football Championship with victory over Naomh Abán at Fethard, after appointed venue Cahir was deemed unplayable. Alyssa Manley scored the only goal very late in the game after Salthill-Knocknacarra had taken a 0-6 to 0-0 advantage into half-time.

It was the first ever Ladies football All-Ireland final for Salthill-Knocknacarra who were 0-3 to 0-0 ahead by the 12th minute with efforts from Kate Thompson, Laura Kelly, and Lauren O'Donnell. Thompson (two) and Kelly added further points before the break and Salthill-Knocknacarra looked in complete control leading by 0-56 to nil.

Naomh Abán scored the first three points of the second half, Eimear Murphy, Grace Murphy, and Lydia McDonagh were all on target.

Kelly stopped the rot for Salthill-Knocknacarra and with Naomh Abán pushing to get back on terms,

the leaders broke before Manley finished off a swift move to seal the win in the 60th minute.

Scorers – Naomh Abán: G Murphy 0-2 (1f), E Murphy 0-1, L McDonagh 0-1.

Naomh Abán: L Hughes; U Twohig, M Dineen, A Creedon; E Kelly, R Corkery, ME Kelleher; A McDonagh, G Lucey; A Hoare, E Murphy, C Phelan; G Murphy, L McDonagh, A Maher. Subs: J Kelly 35, C Murphy 50.

Heartbreak for Naomh Abán in the Current account, ie All-Ireland Junior Ladies Football Club final after they lost out to Salthill-Knocknacarra at Fethard, a frozen pitch at Cahir meant a late switch to Fethard and a delayed start.

Massive credit has to go to Naomh Abán for their effort over the season and in particular the second half of this final. They showed their fighting spirit and even when they lost a defender to a second yellow card in the 42nd minute it looked like they were the ones with 15 players on the pitch. The

clinging goal came in the last minute after one of only two real attacks by Salthill in the second half. It was their first-half sub-par performance that cost the Baile Mhuirne side, the Galway side dominating possession early on and leading by 0-3 to no score after 12 minutes. Naomh Abán had a number of chances going narrowly wide as they tried to settle into the game.

Naomh Abán came much more into the game after half-time and dominated the second period with Eimear Murphy getting them off the mark, Grace Murphy raised their second white flag and when Lydia McDonagh for their third there was only three points between the sides. Points were exchanged, Grace Murphy on the mark again, but time was against the Ballyvourney side and as they drove forward in search of a goal and Salthill broke out and Manley was put through for the killer goal that ended any hope of Naomh Abán taking it to extra time.

## 2023 McGrath Cup (Munster Football)

### Cork 5-11 Kerry 0-14

Cork made a winning start to the new season by blasting a weakened Kerry in the opening McGrath Cup game under lights at Pairc Ui Rinn. Cork played with method and pace and Kerry who started with just three of their Sam Maguire Cup winning side had no answer.

Cork were inspired by midfielder Colm O'Callaghan of Éire Óg, who finished leading scorer with a brilliant 2-4 before replaced just before the hour.

Captain Brian Hurley goal after five minutes, Cork's second goal arriving in the 20th minute.

A short kick-out from Kerry keeper Shane Murphy turned over as debutant Conor Corbett and Hurley put a defender under severe pressure,

resulting in Chris Og Jones netting, either side of two points from the returning Brian O'Driscoll.

Midfielders Ian Maguire and O'Callaghan combined well for the latter to fist home for a 3-3 to 0-4 lead and Cork were 3-7 to 0-6 ahead at half-time. Cork grabbed their fourth goal after 40 minutes, O'Driscoll at the end of a Corbett pass to score with a thunderous drive, and O'Callaghan claimed his second and his side's fifth with an equally ferocious shot, eight minutes later, 5-10 to 0-7.

Scorers for Cork: C O'Callaghan 2-4, M Hurley and B O'Driscoll 1-2 each, C Og Jones 1-1, S Powter, J O'Rourke 0-1 each.

Cork: MA Martin (Nemo Rangers); M Shanley (Clonakilty), D O'Mahony (Knocknagree),

K O'Donovan (Nemo Rangers); R Maguire (Castlehaven), S Meehan (Kiskeam), M Taylor (Mallow); Colm O'Callaghan (Eire Óg), I Maguire (St Finbarr's); E McSweeney (Knocknagree), S Powter (Douglas), B O'Driscoll (Tadhg MacCarthaigh); Chris Óg Jones (Iveleary), B Hurley (Castlehaven), captain, C Corbett (Clyda Rovers).

Subs: K O'Hanlon (Kilshannig), J O'Rourke (Carbery Rangers) 50, T Walsh (Kanturk) and R Deane (Bantry Blues) 54, Luke Fahy (Ballincollig), F Herlihy (Dohenys) and M Cronin (Nemo Rangers) 57, Cian Kiely (Ballincollig) and S Merritt (Mallow) 59, Chris Kelly (Eire Óg) and S Sherlock (St Finbarr's) 63.



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## 2023 MUNSTER HURLING LEAGUE

### KERRY 2-17 CORK 2-30

New Cork Hurling manager Pat Ryan had a good start to his reign as his charges saw off the Kerry challenge in the Munster Hurling League at Tralee. Kerry never led beyond the third minute, were 12 points in arrears at half time and not even two second half goals (too easily conceded?) could help them to cause an upset.

Injuries sustained by Cork's Shane Kingston and debutant Ben Cunningham hopefully will not prove to be serious.

Cork, now captained by Inniscarra's Seán

O'Donoghue, led by 1-16 to 0-7 after a wind assisted first half.

Declan Dalton belted a penalty to the net for the opening goal and five minutes into the second half, Blarney's Shane Barrett had the second. The Blarney forward, introduced for the injured Kingston, finished with 1-3.

Cork will face a far sterner test in their next Munster League outing when All-Ireland champions Limerick travel to Páirc Uí Rinn, after a mid week game, Cork v UCC in the Canon O'Brien Cup.

Scorers for Cork: D Dalton (1-7, 1-0 pen, 0-2 frees);

S Kingston (0-6, 0-5 frees); S Barrett (1-3, 0-1 free); A Cadogan (0-4); C Lehane, C Beausang (0-3 each); T O'Connell, B Roche, C Walsh, B O'Sullivan (0-1 each).

Cork: G Collins; Seán O'Donoghue (Inniscarra) captain, N O'Leary, E Roche; M Keane, T O'Connell, R Downey; E Twomey, S Quirke; C Beausang, C Lehane, B Roche; S Kingston, D Dalton, A Cadogan. Subs: C Joyce, L Meade, C Cahalane, all HT; Shane Barrett 37, B O'Sullivan 43, B Cunningham 51, C Walsh 53.



Ivelary Hurlers 2022.



Eire Og Junior Hurlers 2022

## 2023 Cork County Leagues

### PREMIER SENIOR

Football: In the Cork Credit Unions county football leagues there are seven divisions, 10 teams in each of divisions 1 to 6, 8 teams in 7 and in 8. Promotion and relegation in every division.

The leagues commence on February 25th/26th next and continue until June.

Division One: Éire Óg v Cill na Martra, Ballincollig v Nemo Rangers, Castlehaven v Carbery Rangers, Kiskeam v Douglas, St Finbarrs v Valley Rovers.

Division Two: Béal Átha'n Ghaorthaidh v Clyda, Carrigaline v Clonakilty, Kanturk v Aghada, O'Donovan Rossa v Fermoy, St Michaels v Newcestown.

Division Three: Rockchapel v Macroom, Nemo v Castletownbere, Bishopstown v Ilen Rovers, Glanworth v Mallow, Knocknagree v Dohenys.

Division Four: Aghabullogue v Naomh Abán, Kilshannig v Ivelary, Bantry Blues v Newmarket,

Mitchelstown v Na Piarasigh, St Vincents v Bandon.

Division Five: Ballinora v Mayfield, Adrigole v Boherbue, Ballydesmond v Glenville, Dromtariffe v Glanmire, Kinsale v Millstreet.

Division Six: Gabriel Rangers v Kilmurry, St Finbarrs v Cobh, St Nicks v Buttevant, Urhan v Kildorrery.

Division Seven: Aghinagh v Ballinhassig, Castlemagner v St Michaels, Cullen v Argideen, St James v Ballyclough.

Hurling: In the Red FM county hurling leagues there are seven divisions.

The opening round games are on March 4th/5th.

Division One: Blackrock, Carrigtwohill, Douglas, Erins Own, Fr O'Neills, Charleville, Killeagh, Na Piarasigh, Sarsfields, Kanturk.

Division Two: Ballincollig v Glen Rovers, Fermoy v Bride Rovers, Mallow v Courcays, Midleton v Bishopstown, Newtownshandrum v St Finbarrs.

Division Three: Blackrock Int v Inniscarra, Éire Óg v Kilworth, Ballymartle v Carrigaline, Castlelyons v Bandon, Newcestown v Blarney

Division Four: Aghabullogue v Ballyhea, Ballinhassig v Milford, Cloyne v Valley Rovers, Lisgoold v Youghal, St Catherine's v Kildorrery.

Division Five: Cloughdub v Midleton 2, Argideen v Aghada, Ballygiblin v Watergrasshill, Castlemaryt v Dungourney, Russell Rovers v Mayfield.

Division Six: Douglas 2, Meelin, Kilbrittain, Na Piarasigh 2, Tracton, Sarsfields 2, Barryroe, Ballygarvan.

Division Seven: Ballinora v St Finbarrs 2, Éirins Own 2 v Nemo, Glen Rovers 2 v Kilshannig, Valley Rovers v BallinacCarthy.



Donoughmore Junior hurlers 2022.





## Cork County Championship Draws for 2023

### FOOTBALL (JULY START)

**PREMIER SENIOR:** Ballincollig and Éire Óg  
 Group A: Castlehaven, Carbery Rangers, Clonakilty, Valley Rovers.  
 Group B: Nemo Rangers, Ballincollig, Carrigaline, Éire Óg.  
 Group C: St Finbarr's, Mallow, Douglas, St Michael's.  
**SENIOR A:** Béal Átha'n Ghaorthaidh  
 Group A: Knocknagree, O'Donovan Rossa, Kanturk, Fermoy.  
 Group B: Clyda Rovers, Béal Átha'n Ghaorthaidh, Newmarket, Kiskeam.  
 Group C: Newcestown, Dohenys, Bishopstown, Ilen Rovers.  
**PREMIER INTERMEDIATE:** Cill na Martra, Iveleary, Macroom, Naomh Abán  
 Group A: Bandon, Rockchapel, Castletownbere, Nemo Rangers.  
 Group B: Bantry Blues, Iveleary, Macroom, Naomh Abán.  
 Group C: Cill na Martra, Aghada, Na Piarasigh, Kilshannig.  
**INTERMEDIATE A:** Aghabullogue, Ballinora  
 Group A: St Vincent's, Glanworth, Glanmire,

Dromtarriffe.  
 Group B: Aghabullogue, Adrigole, Gabriel Rangers, Glenville.  
 Group C: Mitchelstown, Boherbue, Ballinora, Kildorrery.  
**PREMIER JUNIOR:** Kilmurry  
 Group A: St Nicks, Ballydesmond, Urhan, Cullen.  
 Group B: St Finbarr's, Cobh, Buttevant, St Michael's.  
 Group C: Millstreet, Kilmurry, Kinsale, St James.  
**HURLING (JULY START)**  
**PREMIER SENIOR:**  
 Group A: Blackrock, Glen Rovers, Midleton, Bishopstown.  
 Group B: Erin's Own, Douglas, Fr O'Neill's, Charleville.  
 Group C: St Finbarr's, Newtownshandrum, Kanturk, Sarsfields.  
**SENIOR A:** Inniscarra and Blarney  
 Group A: Na Piarasigh, Bride Rovers, Killeagh, Inniscarra.  
 Group B: Courcey Rovers, Ballyhea, Newcestown, Blarney.  
 Group C: Fermoy, Cloyne, Carrigtwohill, Mallow.  
**PREMIER INTERMEDIATE:** Ballincollig and Éire

Óg  
 Group A: Castlelyons, Bandon, Ballincollig, Dungourney.  
 Group B: Ballymartle, Carrigaline, Éire Óg, Valley Rovers.  
 Group C: Castlemartyr, Ballinhassig, Watergrasshill, Kilworth.  
**INTERMEDIATE A:** Aghabullogue and Cloughduv  
 Group A: Youghal, Lisgoold, Aghada, Aghabullogue.  
 Group B: Sarsfields, Kildorrery, Mayfield, Blackrock.  
 Group C: Cloughduv, Midleton, Douglas, Ballygiblin  
**PREMIER JUNIOR:**  
 Group A: Tracton, Argideen Rangers, Erin's Own, Glen Rovers.  
 Group B: Kilbrittain, Milford, Ballygarvan, Barryroe.  
 Group C: Meelin, Russell Rovers, St Finbarr's, St Catherine's.

## Muskerry GAA

### DEVELOPMENT REPORT 2022 FOR MUSKERRY GAA

The following is an outline of development work undertaken and in the pipeline for clubs in this division in 2022 - as presented to Muskerry GAA annual convention in December

#### CLG AGHABULLOGUE

Following Development of Astro facilities and a new walkway in recent seasons, the club are currently developing a new Ball wall which we hope to complete early in 2023. We are also making plans for a new Gym at our complex in Coachford, and hope to upgrade facilities in the complex itself over next 12 months.

#### CLG AGHINAGH

Due to Covid there hasn't been much development in Aghinagh in the last few years. We have however upgraded our dug outs and plan to build a new gym early in 2023

**CLG Ballincollig:** Having completed the development of a Floodlit 4G facility and a Sand Based Pitch in 2021, Ballincollig Hurling & Football Club were delighted to receive Sports Capital funding of €110,000 toward the Floodlighting of the newly developed Sand Based Pitch in February 2022. The floodlighting of Pitch 3 was the final phase in the Club's ambitious 3 Year Development Plan which started in 2019 and culminated in the floodlighting of Pitch 3 in 2022. At a cost of €170,000 the installation of the state of the art LED Floodlighting was completed in early October 2022. The new floodlighting allows for training and matches to be hosted on Pitch 3 all year round. The Club now has three pitches with floodlighting - Pitch 2, Pitch 3 and the 4G surface of Pitch 4. The 3 Year Development Plan is complete and the Club looks forward to 2023.  
**CLG Ballinora:** This is a summary of the Key

Developments in Ballinora GAA Club 2022. Club has agreed it Development Plan for 2023 and beyond with the main focus on developing Ballinora main Pitch, Upgraded the LED lights in GAA Hall in Ballinora, Installed an Electronic Score Board in Ballymaw Pitch.

#### CLG CANOVEE

Canovee started a new development in the river field with 2 New dressing rooms with showers, a community meeting room with kitchen, a 950 meters walkway - all completed. This year we continued the development. We doubled the size of the car park, a new referee's room and store, a railing was put around the main pitch, 3 ball stopping nets were installed, 2 new dugouts, 3 new picnic tables, 3 need seats on the walkway, we also realigned the pitches to give us 1 full size pitch, 1 full size under 12 pitch, 2 full size under 10 and 1 full size under 8 pitch. GAA President Larry McCarthy performed the official opening of the grounds on the 18th September this year. We also sanded, Verti drained, fertilised and sprayed our main pitch.

#### CLG CILL NA MARTRA

I mbliana curamar feachas threalamh ar an Gym. Curamar feabhas ar tithe, citheanna agus leithreís na seomraí gleasta. Dheanamar dreain nua ar imeall na pairce agus tá suil againn go mbeidh an obair ar an bpáirc treanalá ag tosnú tar éis na Nollaig le cúnamh ó Roinn na Gaeltachta agus Comhairle na Mumhan.

#### CLG CLONDROHID

In 2022 we - 1. Completed the tarmacadam and kerbing of the driveway and set-down area adjacent to Clondrohid National School - €56,000 2. Completed Construction of Club Gym - €30,000

#### CLG CLOUGHDUV

The club implemented a number of development projects in 2022. We started early in the year with the construction of a tarmac walkway around our lower pitch, this is used by the wider community throughout the year and is also lit at night. We progressed on and resurfaced the hurling wall with astro turf and then installed a digital scoreboard with a clock. The total investment in 2022 was €78,000.

#### CLG DRIPSEY

2022 was again a very busy year for Dripsey GAA. After a huge amount of work went into pitch reconfiguration, ball stop installation and general landscaping the main works in 2022 were pitch side fencing and perimeter boundary fencing, this was completed by end of September 2022. This work secured the pitch and the grounds. Before year end we have plans to install 2 new steel framed dugouts on the main pitch and replace all the existing flood lighting with new LED lighting on the training pitch.

#### CLG GRENAGH

##### *New Dressing rooms completed.*

**CLG Kilmichael:** We completed a pitch renovation on our playing pitch which included spraying for moss, scarifying, spraying for weeds, topdressing (sanding) Verti draining, fertilising and completed it with overseeding. This made significant improvements to our playing area. Nagle Sports Turf of Vicarstown completed this for us. We also upgraded our gym facilities.  
**CLG Kilmurry:** Kilmurry GAA undertook painting of the complex and dressing rooms this year. The pitch was sanded. The chutes were also fixed in the front of dressing room.





Blarney Mid Cork JHC V Donoughmore.

In June Larry McCarthy President of GAA turned the sod on Kilmurry GAA new grounds in Crookstown.

CLG Macroom: In 2022 we completed a major renovation of our main playing pitch in the Castle Grounds which was completed by Stephen Forrest of Turftech. We were delighted to receive a Cork County Council grant along with a loan from Croke Park to complete the works, for which we are very grateful. We upgraded our drainage system with 13 more lateral drains across the pitch at 6m centres, which were connected into the existing water course. Gravel slits drains were installed over the length of the pitch at 1.2meter centres. These intersect and discharge into the lateral drains. The first 2 inches of the surface were removed from the pitch and installed with 210 tonne of sand. The pitch was reseeded, fertilised, verti drain and aerated. This was completed in September 2022 and we would hope the pitch will be opened in April 2023 which will be playable all year round as a result of the works completed. Macroom GAA and Macroom Ladies Club are currently catering for approx 200 adult players and 400 juvenile players across almost 30 teams and we are delighted that these numbers are continuing to rise. Maintaining and the upkeep of our playing pitches will continue to be hugely important going forward. Pitches in the Tom Creedon Park were all aerated in 2022 and our main pitch was sanded with 120 tonnes of sand.

CLG Uibh Laoire: Uibh Laoire GAA finished our hurling wall in early 2022 and also widened our entrance to the grounds. Just recently we have installed new lights on our main field also.

I wish to express my thanks to the various clubs who provided the information for this report, and all clubs are to be complimented on the ongoing improvements in facilities at their venues. Daithí Ó Laoi – Oifigeach Forbartha

### MUSKERRY SCÓR REPORT 2022

The Scór competitions began with Scor na nÓg in March 2022. The Muskerry Regional final was held in Coachford on the 6th of March. As COVID-19 restrictions had been in place up to competition time, there were fewer entries than usual. On the evening, the solo singing competition was won by Lisa Carey-Martin representing Aghabullogue. Aghabullogue GAA were winners too in the Ballad Group. Members were Chloe Perrott, Alice How, Natalie Martin and Lisa Carey Martin. Brother and sister, Martin and Noirin Murphy represented Uibh Laoire GAA Club in the Instrumental section of the competition and won 1st place. The top two teams winning the Tráth na gCeisteanna went forward to the County. Aghabullogue Camogie – Olivia Carey Martin, Eimear Corkery, Doireann Healy, Elizabeth Long and Aghabullogue GAA-Alice How, Lisa Carey Martin, Grace O'Connell, Michael Twomey went through on the evening. The Scór na nÓg Chorcaí 2022 final was held in the Éire Óg GAA Pavilion. Muskerry teams performed well in their respective competitions on the night.

Our second competition was Scór na bPaistí Muscraí. The final that took place in the Éire Óg GAA Pavilion, Ovens on Friday, 8th April and winners progressed to the County final. In our final, the Amhránaíocht Aonair competition was won by Seán Ó Súilleabháin from Scoil Aban Naofa. Scoil Náisiúnta Baile na Graí Bailéad Ghrúpa consisting of Niamh Ní Liatháin, Linete Krastina, Cathlín Ní Ceallacháin Cróinín, Órla Ní Bhriain and Ella Nic Suibhne gave a lovely performance on the night to progress to the County final. The Tráth na gCeisteanna team that went forward to the County Final was Scoil Náisiúnta Baile na Graí. The team members were Cristóir Ó Laoire, Áine Ní Ríordáin, Linete Krastina and Pádraig Ó Céileachair. Ceol Uirlise was won by Scoil Náisiúnta Baile na Graí also. Group members Pádraig Ó Céileachair, Áine Ní Ríordáin,

Niamh Ní Liatháin, Ella Nic Suibhne and Olivia Nic an Rí raised the roof. Eoin Ó Ceilleachair, Scoil Aban Naofa, won first place in the Ceol Uirlise Aonair. In the Cork Scór na bPaistí Finals held on the 17th June in Ovens, all competitors gave great performances with Seán Ó Súilleabháin coming Runner-Up in the Amhránaíocht Aonair competition. Our third competition, the Scór Sinsir, kicked off with a Table Quiz organised by the Scór Chorcaí, and open to all clubs in the County, on the 14th September in Páirc Uí Rinn. Four members of the Aghabullogue GAA took part Paul Ring, Aodan Healy, Tom Long and Tomas Healy. Unfortunately, they did not come in the top three teams to continue to the County Final. The Éire Óg GAA Pavilion, Ovens hosted the Scór Sinsir Chorcaí competition on the 8th October 2022. Tracey Cronin from Uibh Laoire GAA Club represented the Muskerry Division in Solo Singing and Recitation. She represented Cork in the Munster Scór Final in the Aithriseoireacht/Scéalaíocht on the 14th October. Congratulations to Scoil Náisiúnta Baile na Graí on winning the Denis O'Donovan trophy for the best school/club in Scór na bPaistí. The Niall Casey Cup for the Best Overall Club in Muskerry for the three Scór competitions went to Aghabullogue GAA Club. The Officers would like to thank the various hall committees, adjudicators, teachers, mentors, secretaries and Cultural Officers for their help and co-operation. New volunteers are very welcome so that Scór continues to be a thriving part of the GAA community. You can contact any of the cultural officers who will contact us or send an email to [scor.muskerry@gmail.com](mailto:scor.muskerry@gmail.com). Please continue to follow us on Facebook - Scór Muscraí - Muskerry Scór. Finally, on behalf of the Muskerry Scór committee, I would like to thank you and congratulate you for taking part and hope you continue to promote and be involved in Scór for the coming season. Dolores Ni Longaigh, Runaí 13/11/22

### HAVE YOU A NEWS STORY?

Contact the Editor by Email: [leevalleyoutlook@macroom.ie](mailto:leevalleyoutlook@macroom.ie)





Kilmichael MJK Oils JHC V Grenagh.



Mile buíochas do Micheál O Lionaird agus Folláin as ucht sraith nua geansaithe d'fhoireann mionúir Naomh Abán.

## LOOKING BACK AT 2022 MID CORK MJK OILS JUNIOR HURLING CHAMPIONSHIP

**Group One:** Inniscarra, Donoughmore, Blarney  
**Group Two:** Grenagh, Cloughduv, Kilmichael, Aghabullogue

**Group Three:** Ballinora, Ballincollig, Éire Óg, Iveleary

Group One (3 teams)

R 1: Inniscarra 0-15 Donoughmore 0-10

This MJK Oils JHC Group 1 evening game at Coachford was played in perfect conditions and was very competitive. Inniscarra were deserving winners but were only two points clear and under fierce Donoughmore pressure until they assured themselves of victory with three late points.

Inniscarra started well with four points in the opening five minutes, two from Fergal O'Leary. Donoughmore hit back with points from Mark Lucey and Jack Honohan but Ardal O'Connell and Fergal O'Leary matched these, 0-6 to 0-2 after the first quarter. There was little quarter being given and Donoughmore showed that they were up for the contest with three points in a row from a Colm O'Callaghan free, Adam Dinan and Stephen Looney, but again Inniscarra responded well and Aidan O'Mahony pointed a '65', impressive Fergal O'Leary struck over his fourth point and O'Mahony took one from play before Stephen Looney ended the first half scoring with a point in the 29th minute to leave Inniscarra leading by 0-9 to 0-6 at the break.

Donoughmore had lost Colm O'Callaghan to an ankle injury just before half time but he returned to the fray for the third quarter before finally being withdrawn. O'Callaghan pointed a Donoughmore free in the 35th minute but Inniscarra hit back with a brace from Ardal O'Connell and led 0-11 to 0-7 at the three quarter stage, defences now very much on top at both ends. Donoughmore cut the gap with an Adam Dinan point in the 54th minute and when Stephen Looney quickly added another the Inniscarra lead was down to two points. Points were exchanged between Colin O'Leary and Dinan, from a free, as the game went into 'time added', the Inniscarra defence stood firm and 'Scarra broke up the field and John Casey, Aidan O'Mahony and Ardal O'Connell each found the target to finally settle the issue.

Scorers: Inniscarra: A O'Connell 0-5, F O'Leary 0-4, A O'Mahony 0-3 (0-1f, 0-1 '65'), C O'Leary, J Murphy, J Casey 0-1 each. Donoughmore: S

Looney 0-3, A Dinan 0-3 (0-2f), C O'Callaghan 0-2 (f), J Honohan and M Lucey 0-1 each.

Inniscarra: Dave Óg Coleman: Seán Ahern, Frank Olden, John O'Brien: Seán Quinlivan, Mark Linehan, Rob O'Callaghan: Shane Buckley, Colin O'Leary: James Murphy, Fergal O'Leary, Jonathan Keane: Ardal O'Connell, Pádraig Holland, Aidan O'Mahony. Subs: Mark Nagle, Brian Gould, James Roche, Ciarán Lombard, John Casey.

Donoughmore: Lawrence Barry: Frank Honohan, Aidan Corkery, Alan Jones: Donnchadh Morrissey, Kevin Horgan, Shane Healy: Mark Lucey, Jack Honohan: Stephen Looney, Colm O'Callaghan, Ger Buckley: Adam Dinan, Shane Sexton, Cian Sexton. Subs: Mark Foley, Gavin O'Sullivan

Referee: Diarmuid Kirwin, Éire Óg.

### R 2: Blarney 0-21 Inniscarra 0-16

Blarney juniors had a good win over Inniscarra at Donoughmore in their first game in the competition meaning that the outcome of their next encounter against Donoughmore in the three team group will decide which two teams will advance to the quarter final stage.

Inniscarra led 0-5 to 0-1 after the first quarter but the sides were level at 0-9 each at half time. They were still level, at 0-15 each, in the 52nd minute but Blarney finished the stronger adding another seven points to their tally to open up a five point gap at the final whistle.

Blarney: Conor Murphy: Sean McSweeney, Stephen Mullane, Darragh Murphy: Vince O'Mahony, Olan Hegarty, Mark Cummins: Ray Murphy, Cian Dunlea: Conor Forde, Dan Quill, Cathal Hegarty: Will Crowley, Paul O'Connor, Shane Mulcahy.

Inniscarra: Inniscarra: Dave Óg Coleman: Seán Ahern, Frank Olden, John O'Brien: Seán Quinlivan, Mark Linehan, Rob O'Callaghan: Shane Buckley, Colin O'Leary: James Murphy, Brian Gould, John Casey: Ardal O'Connell, Pádraig Holland, Aidan O'Mahony.

### R 3: Blarney 3-14 Donoughmore 1-9

Conditions at Coachford were perfect and the near-neighbours served up a very close and competitive first half. Blarney led by 1-9 to 1-6 at the break, the goal kicked over the line by full forward Paul O'Connor in the 8th minute, and William Crowley contributing 0-6 from placed balls. Donoughmore were over reliant on Colm O'Callaghan's accuracy from frees for scores and again in the second half the corner

forward was responsible for all three points. Blarney dominated the second half with their experienced campaigners showing well and after two goals in rapid succession at the three quarter stage, Shane Mulcahy and Colin Murphy the scorers, the final quarter was of little consequence.

Scorers: Blarney: S Mulcahy 1-4, P O'Connor and C Murphy 1-0 each, W Crowley 0-8 (0-5f, 0-2 '65'), C Hegarty and R Murphy 0-1 each. Donoughmore: C O'Callaghan 1-6 (0-5f, 0-1 '65'), G Buckley 0-2, S Golden 0-1.

Blarney: Conor Murphy: Seán McSweeney, Stephen Mullane, Darragh Murphy: Vincent O'Mahony, Olan Hegarty, Mark Cummins: Ray Murphy, Cian Dunlea: Conor Forde, Dan Quill, Cathal Hegarty: Will Crowley, Paul O'Connor, Shane Mulcahy. Subs: Colin Murphy 38, Jack O'Keefe 55.

### Group 2

R 1: Aghabullogue 1-15 Kilmichael 0-18

The heavy rains of the early afternoon had largely passed by for this MJK Oils JH championship G2 game at Cloughduv and the teams served up an entertaining contest. Exchanges were very even all through the first half, Jack Murphy's goal for Aghabullogue after 12 minutes, a major boost to his side, but Kilmichael with Conor Cotter and Cathal Foley on target were never far behind and it was level at half time, 1-5 to 0-8.

The second half was very exciting. Aghabullogue had a good start and eased into a 1-10 to 0-9 lead, and were five points clear at the three quarter stage, 1-14 to 0-12, Jack Murphy very accurate from frees. In the final quarter Kilmichael, still without the services of their star player, the injured Peter Kelleher, staged a great recovery and even though a penalty was driven wide, still persevered and with Conor Cotter and Cathal Foley regularly finding the target had the deficit down to a single point by the 55th minute. Jack Murphy eased the situation for Aghabullogue with a point but Kilmichael came again and Darragh Foley and Eoghan Murphy fired over the points to gain their side a draw, which was a fair result.

Aghabullogue: Tadg Bradley: Cillian BarryMurphy, Darren Rooney, David Dineen: Anthony Corkery, TJ Buckley, Conor Dineen: Ardghal Ó Buachalla, Rian Dennehy: James Foley, Jack Murphy, Brian Harrington: Pádraig Twomey, Evan O'Sullivan, Tony O'Flynn. Subs: Dan Twomey, Seán Kelleher, John Lynch.





Kilmichael: Stephen O'Leary: Gerard Murphy, Donal Kelly, Luke Hennigan: Shane Foley, Cathal Foley, Seán Buttimer: Conor Cotter, Ronan Murphy: Andrew Kelleher, Chris O'Connell, Brendan Cotter: Eoghan Murphy, Darragh Foley, Finbarr Buckley. Subs: Kevin Kelleher, Trevor Tobin.

Referee: Ger Ahern, Cloughduv

### R 1: Grenagh 6-23 Cloughduv 1-2

Grenagh, recently crowned league champions, got their championship campaign off to a fine start with a big win over the Cloughduv juniors at Ballincollig. Grenagh led by 5-12 to 1-1 at half time and were never in trouble.

### R 2: Grenagh 0-19 Aghabullogue 0-8

Grenagh now lead Group 2 after recording their second win to remain unbeaten with Cloughduv left to play. Aghabullogue were in contention all through the first half at Blarney and in fact led at half time by 0-6 to 0-5, Jack Murphy accurate for Aghabullogue from frees, David Coleman and Seán Joyce sharing the Grenagh scores. On the restart, David Coleman pointed a free to bring Grenagh back on level terms, Seamus Cronin put them in front, Christopher Buckley doubled their advantage and Cronin's second point in the 40th minute had them three in front, 0-9 to 0-6. Grenagh got on top in the run in, outscoring their opponents by 0-8 to 0-1 to emerging as comfortable winners at the end.

Scorers: Grenagh: David Coleman 0-10 (0-8f), Seamus Cronin 0-4, Seán Joyce 0-2, Christopher Buckley, Kevin O'Neill and Paul BarryMurphy 0-1 each. Aghabullogue: Jack Murphy 0-5 (frees), Brendan Harrington 0-2, Paudie Twomey and James Foley 0-1 each.

Grenagh: James Walsh; Morgan McSweeney, Kelvin Cummins, Alex Kiely: Peter McSweeney, Paul BarryMurphy, Liam Walsh: Kevin O'Neill, Ted Twomey: Ultan Duggan, Seamus Cronin, Christopher Buckley: Seán Joyce, Michael White, David Coleman. Subs: Donal Ryan, Dara O'Shea, Darragh Kenny, Brian Walsh, Eoin Walsh, Adam McCarthy: Shane Dorgan, Timmy Buckley, Jack Buckley: Conor Joyce, Cathal Cremin, Sean Bourke, John Osborne.

Aghabullogue: Tadg Bradley: Paul Dineen, Darren Rooney, John Lynch: Killian BarryMurphy, Pádraig O'Sullivan, Conor Dineen: Ardghal Ó Buachalla, Paul Dilworth: James Foley, Jack Harrington, Brendan Harrington: Donal Dineen, Paudie Twomey, Tony O'Flynn. Subs: Dan Twomey, Tim O'Leary, Jimmy O'Connor.

### R 2: Kilmichael 2-13 Cloughduv 1-10

Kilmichael remain in contention for a quarter final spot with this win over Cloughduv at Ballincollig. A goal from Eoghan Murphy had Kilmichael in front by 1-5 to 0-3 in the 25th minute but Cloughduv hit back with a goal and it was 1-6 to 1-4 at the interval. Kilmichael had increased their lead to three points by the 40th minute and Peter Kelleher, coming back after injury, was introduced for the final stages. Conor Cotter fired in their second goal from a free ten minutes from time and Kilmichael went on to a deserved victory.

Kilmichael: Stephen O'Leary: Gerard Murphy, Donal Kelly, Luke Hennigan: Shane Foley, Cathal Foley, Seán Buttimer: Conor Cotter, Ronan Murphy: Andrew Kelleher, Chris O'Connell, Finbarr Buckley: Eoghan Murphy, Darragh Foley, Brendan Cotter. Subs: Trevor Tobin, Kevin Kelleher, Peter Kelleher.

Cloughduv: Dara Leahy: Patrick Barry, Eoin Hannon, Luke McCarthy: Aaron Elliot, Patrick Buckley, Daniel Looney: Euan Coughlan, Darragh Walsh: Donal Corkery, Andrew Cronin, Lucas Elliott: Barry Walsh, Joe Ryan, Tomás Óg Twomey. Sub: Dylan Shanahan

### Grenagh 0-16 Kilmichael 1-12

Grenagh needed a point in injury time to finally overcome the challenge of Kilmichael at Donoughmore. As Aghabullogue had lost to Cloughduv the previous evening (Cloughduv 4-14 Aghabullogue 1-15), both these teams were assured of progressing but that did not diminish the desire of either to win and the game was very entertaining to the finish.

Grenagh were leading by 0-5 to 0-2 when Shane O'Donoghue got the only goal of the game for Kilmichael to level matters in the 17th minute and points from Brendan Cotter and Darragh

Foley edged them in front for the first time. Grenagh finished the half well with three points but another Darragh Foley point left the teams level at half time, 0-8 to 1-5.

Points from David Coleman 2 and Darragh Kenny moved Grenagh in front on the restart, Kilmichael replied with points from Andrew Kelleher, Chris O'Connell and Foley to level before ace marksman Coleman had Grenagh back in front, 0-12 to 1-8 at the three quarter stage. Darragh Foley Pointed another f4ree to level the scores and then Coleman and Foley exchanged points from frees to keep the teams level, 0-13 to 1-10 in the 55th minute.

Grenagh grabbed the initiative with points from Chris Buckley and Coleman but back cam Kilmichael with a point from Foley and an equaliser from Conor Cotter from long range in the 61st minute. The winning point from a David Coleman free followed but Kilmichael were not too despondent after this fine display.

Scorers: Grenagh; D Coleman 0-9 (0-6f), C Buckley and D Kenny 0-2 each, M White, U Duggan, and P BarryMurphy 0-1 each. Kilmichael: S O'Donoghue 1-0, D Foley 0-6 (fs), C Cotter 0-3 (0-1f), B Cotter, A Kelleher and C O'Connell 0-1 each.

Grenagh: James Walsh: Morgan McSweeney, Kelvin Cummins, Alex Kiely: peter McSweeney, Paul BarryMurphy, Liam Walsh: Kevin O'Neill, Ted Twomey: Ultan Duggan, Darragh Kenny, Christopher Buckley: Sean Joyce, Michael White, David Coleman. Subs: Brian Walsh 38, Cathal Cronin 47.

Kilmichael: Stephen O'Leary: Gerard Murphy, Donal Kelly, Seán Buttimer: Shane Foley, Cathal Foley, Kevin Kelleher: Conor Cotter, Ronan Murphy: Kieran Murphy, Chris O'Connell, Andrew Kelleher: Brendan Cotter, Shane O'Donoghue, Darragh Foley. Subs: Peter Kelleher 40, Finbarr Dromey 43, Trevor Tobin 55.

Referee: Colm Ó Mocháin, Cill na Martra



Kilmurry GAA.





### Group 3

Éire Óg 1 – 15 Iveleary 3 – 6

After the opening quarter of this G3 game at Kilmichael, Éire Óg led by 0-8 to 0-2 and seemed to be on their way to a facile victory. With ace scorer Cathal Sheehan firing over points from play and frees, the Ovens men looked to be the team of all the talents, oozing confidence all over the field and the result seemed a guaranteed and very comfortable victory. The game took a dramatic turn in the second quarter however, sparked by an Iveleary goal in the 16th minute and at half time it was Iveleary who were in command leading by 3-3 to 0-10. Éire Óg regrouped at the break, drew level and went back in front only to be brought back to equality again in the 39th minute at 3-5 to 0-14. The stalemate was eventually broken and the outcome effectively settled by a very fortunate Eoin Lyons for Éire Óg in the 50th minute.

It was a glorious afternoon at Kilmichael and after Darren Kelly opened the scoring with an Iveleary point, Éire Óg quickly replied through Cathal Sheehan and further points followed in quick succession from Sheehan and Keith O'Riordan to open up a 0-6 to 0-1 gap after only 8 minutes play. David Dineen had a point for Iveleary but Sheehan and Eoin Kelleher replied for the Ovens men who looked to be heading for a comfortable afternoon in the sun at this stage. All changed with Brian O'Riordan's goal for Iveleary in the 16th minute. Iveleary, largely occupied with football in recent months, had been improving as the game progressed and in the 19th minute Darren Kelly soloed goalwards and blasted to the Éire Óg net to sensationally level the scores. Within a minute, Iveleary struck again, James O'Donovan soloing at the goalkeeper and tapping to the net from close range. Éire Óg goalkeeper Eoin O'Shea was injured in bravely trying to avert this score and had to be replaced. Iveleary added a point, a superb score from centre back Ciarán O'Riordan and even though Cathal Sheehan had the last score just before half time, Éire Óg were slightly bemused to find themselves trailing by two points, 3-3 to 0-10 at the break.

Resurgent Iveleary were not going to concede easily in the second half and battled hard all the way to the finish. David Casey had an Éire Óg point on the resumption but Darren Kelly quickly replied from a free. Éire Óg hero Cathal Sheehan now came to the rescue of his side with three points in a row, two from play, but Liam Kearney sent over for Iveleary to level the scores at 3-5 to 0-14 in the 39th minute. There were no further scores for over ten minutes and the tie breaker when it came was fortuitous for Éire Óg as Eoin Lyons' delivery goalwards from midfield finished in the Iveleary net. In the scorching sunshine and with defences now very much on top Iveleary could not recover from this blow and in the final stages each side added a point

to their tallies, Seán O'Riordan for Iveleary and Cathal Sheehan from a free for Éire Óg to bring his haul for the hour to 0-12!

Scorers: Éire Óg: E Lyons 1-0, C Sheehan 0-12 (0-7f), K O'Riordan, E Kelleher and D Casey 0-1 each. Iveleary: D Kelly 1-2 (0-1f), B O'Riordan and Js O'Donovan 1-0 each, D Dineen, C O'Riordan, L Kearney and S O'Riordan 0-1 each.

Éire Óg: Eoin O'Shea: Cormac Harris, Kevin Cooper, Adam McCarthy: Joseph Kelleher, Ross McCarthy, Seamus Lardon: Eoin Kelleher, Michael Murphy: David Casey, Brian Kirwin, Diarmuid Dillon: Keith O'Riordan, Eoin Lyons, Cathal Sheehan. Subs: Conor Keane for E O'Shea inj 20, Conor Eagles for B Kirwin 53, Brian Thompson for K O'Riordan 57.

Iveleary: Eamonn Creedon: Adrian O'Dea, Daniel O'Riordan, Anthony McSweeney: Kevin Manning, Ciaran O'Riordan, Daniel O'Donovan: Eoin O'Leary, Sean O'Riordan: Liam Kearney, James O'Donovan, Darren Kelly: Joseph O'Donovan, Brian O'Riordan, David Dineen. Referee: Jim McEvoy, Blarney.

### Ballinora 3 – 22 Ballincollig 1 – 12

This game became as one sided as the final scoreline suggests. A goal from Alan O'Shea helped Ballinora, the reigning champions, to a 1-9 to 0-6 lead after the opening quarter and this had stretched to 1-15 to 1-6 by half time, Darragh Holmes getting the second goal. Thirteen points separated the teams at the start of the final quarter, 2-20 to 1-10, and another Darragh Holmes goal simply added to the misery for Ballincollig before the final whistle.

Ballinora: Barry Crowley: Pat Fitton, James Lordan, Kevin O'Regan: Michael Lordan, Patrick Cronin, Darragh Corkery: James Byrne, Tommy Burns: Brian Murphy, Conor Quirke, Darragh Holmes: Alan O'Shea, Shane Kingston, Kevin Murphy. Subs: Jack Twohig, Liam Lyons, Neil Lordan, Ronan Barrow, Colin O'Flynn.

### R2:

#### Éire Óg 2 – 14 Ballincollig 0 – 12

Éire Óg are top of their group after two successive victories in the MJK Oils Mid Cork JHC and they were deserving winners of this sporting clash with their neighbours at a sunny Coachford on Sunday evening last. Ballincollig are now out of contention for honours this season, their final game with Iveleary now of no consequence to either team.

Éire Óg got off to a perfect start, Seamus Lordan finding the Ballincollig net within 30 seconds of the throw in. Darragh Keohane got Ballincollig off the mark from a free in the 6th minute and exchanges were fairly even from there on in the first half. The Ovens men led by 1-9 to 0-8 at half time. Each side added two points to their totals, 1-11 to 0-10 in the 47th minute and the outcome was decided by a second goal from Seamus Lordan in the 50th minute, set up by

Cathal Sheehan.

Éire Óg: Conor Lehane: David Sheehan, Cathal Mullins, Adam McCarthy: Joseph Kelleher, Ross McCarthy, Kevin Cooper: Eoin Kelleher, David vCasey: Diarmuid Dillon, Keith O'Riordan, Brian Kirwin: Seamus Lardon, Eoin Lyons, Cathal Sheehan. Subs: Cathal Murphy, Brian Thompson, Michael Murphy.

Ballincollig: Dave Hurley: Cathal Lyons, James O'Leary, Eoghan O'Neill: Simon O'Sullivan, Damien Moloney, Shane O'Sullivan: Rory O'Connor, Darragh Keohane: Dave Ryan, Stephen Coughlan, Jason Murray: Alan Cronin, Kevin Downey, Daniel Malone O'Keefe. Subs: David Sheridan

Referee: Jim McEvoy, Blarney

### G3: Ballinora 2-19 Iveleary 1-8

Ballinora always led in this R2 game at Annahala and always looked likely eventual winners, but it was not until they scored their first goal in the 48th minute to give them a 1-14 to 0-7 lead that the scoreboard began to take on a totally lopsided view.

Ballinora: Barry Crowley: Pat Fitton, James Lordan, Kevin O'Regan: Michael Lordan, Patrick Cronin, Darragh Corkery: James Byrne, Neil Lordan: Darragh Holmes, Conor Quirke, Liam Lyons: Alan O'Shea, Shane Kingston, Tommy Burns. Subs: Jack Twohig, Ronan Barrow, Colin O'Flynn, Kevin Murphy.

Ballinora 2 - 18 Éire Óg 1 - 9

Ballincollig w/o Iveleary - conceded

### R3: Ballinora 2 – 18 Éire Óg 1 - 9

Reigning champions, Ballinora hit Éire Óg with two very early goals in quick succession in their clash at Ballincollig, Conor Quirke and Shane Kingston the scorers, and the Ovens men never really looked capable of making up the leeway subsequently. It was 2-1 to 0-1 after six minutes, 2-6 to 0-4 at half time and even a goal from Eoin Lyons in the 42nd minute which made the score 2-13 to 1-7 could not revive the Éire Óg challenge. Both sides were already assured of progressing before the game and Ballinora finished the group with full points and move on into the semi final but suffered a blow with an injury to Pat Fitton.

Ballinora: Barry Crowley: Kevin O'Regan, James Lordan, Pat Fitton: Mike Lordan, Patrick Cronin, Darragh Corkery: James Byrne, Tommy Burns: Brian Murphy, Conor Quirke, Darragh Holmes: Alan O'Shea, Shane Kingston, Kevin Murphy.

Group 1: Outcome: Blarney 4, Inniscarra 2, Donoughmore 0

Group 2: Outcome: Grenagh 6, Kilmichael 3, Cloughduv 2, Aghabullogue 1

Group 3: Outcome: Ballinora 6, Éire Óg 4, Ballincollig 2, Iveleary 0

## HAVE YOU A SPORTING STORY?

Contact the Editor by Email: [leevalleyoutlook@macroom.ie](mailto:leevalleyoutlook@macroom.ie)





# MACROOM SOCCER CLUB

Astro Pitch and Community Walkway Fundraiser Macroom FC is continuing the Astro fundraising efforts. The next of these features some exciting prizes. Fancy seeing Mbappe, Dembele, Greizmann and Giroud and the other French stars from the World Cup up close? Well, Macroom FC have launched a fantastic prize draw for the opening European Championship 2024 Qualifier on March 27th next year. 1st Prize is Match Tickets for 2 to Republic of Ireland v France at Aviva Stadium, Dublin + Overnight Accommodation for 2 at The Gresham Hotel, O'Connell St + €200 spending money. This promises to be a huge fixture with Stephen Kenny's side going up against the French. 2nd and 3rd prizes are a 12 month subscription to Macroom FC weekly lotto draw. Paper tickets are now on sale in local outlets and from committee members costing €10 each or 3 for €20. Online at [www.macroomfc.ie](http://www.macroomfc.ie) and through your Clubforce Account. Also, there are posters throughout Macroom where the QR code can be scanned for competition entry using your smart device. The draw will take place on the weekend of 04th/05th Mar 2023. Macroom FC would appreciate all support received. This huge project for the club will be a fantastic new addition to Macroom and the surrounding Lee Valley area.

Under 13 Division 5, Bandon A 2 Macroom A 4. After a six week break due to poor weather, the U13A boys were back in action Saturday morning away to Bandon and had a fine win. Macroom were straight into the groove here. A great left wing run and perfect cross from Michael Jerh Corkery set up Frankie Kiernan

for the opener. The lead was doubled by Cal O'Driscoll shortly after when his well-placed penalty gave the visitors a commanding lead. Bandon came back in to the game but the introduction of Will Buckley mid way through the half had an immediate impact. Firstly, Buckley played a lovely through ball to Frankie Kieran who finished with expertly from distance. Then, Buckley scored himself when he changing feet well and calmly slotted home with his left foot. Fionn Fitton provided the assist for this goal with a fine through ball. The second half was a much tighter affair. Bandon were much improved and took their chances well to make it 4-2. Despite late pressure from the home team, Macroom had done more than enough to take full points and stay second in the table. A feature of this game was that Will Buckley and Frankie Kiernan are newcomers to this squad. Both of these players were moved up from the div 9 side this season and both are showing that they are well capable of playing in div 5. This scenario is extremely satisfying for all of the U13 coaches to see, as player development and ensuring players are playing at a level that best suits their ability are core principles in underage football. Well done to all players and coaches.

U13 Division 9, Watergrasshill Utd 3 Macroom B 2

After almost two months off the Bestdrive Ireland sponsored U13B boys were away to league leaders Watergrasshill on Sunday morning last. Macroom took a deserved lead with a great shot from Dan McCarthy and despite an encouraging first half, were unfortunate to be 2-1 down at half

time. With Oliwier Krzepina excellent in midfield, Macroom pushed for the equaliser and when Dan McCarthy struck again Macroom were well worth the 2-2 score line. With time running out Watergrasshill converted a penalty to take the points 3-2. This was an excellent performance by all 16 players picked for this game. Every player is making a valuable contribution and such a fine performance away to the league leaders is a real boost to all players and coaches.

U15 Division 6, Carrigtwohill Utd 3 Macroom A 4. The U15A boys, sponsored by Billy Murphy Taxi, playing their first game in 8 weeks found themselves cold, wet and 3-0 down after 20 mins in Carrigtwohill. To their immense credit, heads never dropped. With Oisín Phelan winning plenty of ball in midfield and Ronan Buttimer threatening on the wing, Macroom fought their way back into the game. There was plenty of hope when Oskar Pasiut turned in a loose ball just before half time to make it 3-1. The visitors pushed on after the interval and a Jack Cooper pass found Jakub Zulawnik in the penalty area. Zulawnik was fouled, got to his feet and scored the resultant penalty. Moments later it was a Zulawnik free kick that hit the post, Cooper was alert to fire home and it was all square at 3-3. The Macroom defence were on top now as the team pushed forward for the winner. And it came from the excellent Oisín Phelan when he placed the ball beyond the advancing keeper from close range. A tremendous comeback and excellent performance from all the squad in what were really difficult conditions. Well done all coaches and players.



Andrais Moynihan TD, T.J. Lyons, Ted Lucey Deputy Mayor, Paddy Murphy, Larry McCarthy National President of the GAA, John Feeney Chair of Mid Cork GAA board and Mark Sheehan Chair of the Cork County Board at the official opening of Canovee GAA new pitch. © Peter Scanlan



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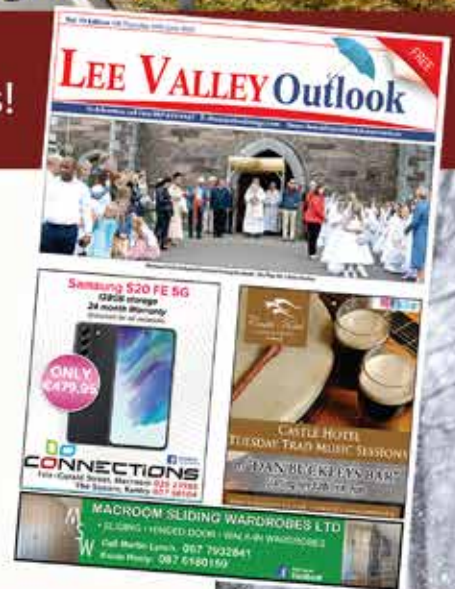
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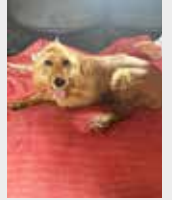
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Geraldine Keohane presenting second prize to Joseph Enright, Ciaran Lyons and Shane Linehan, after taking part in the Seamus Noonan Memorial Poc Fada hosted by Inniscarra GAA and Camogie Clubs on St.Stephen's Day.



Brid Holland presenting third prize to Donal Coleman, Senan Brislane and Shane Buckley after taking part in the Seamus Noonan Memorial Poc Fada hosted by Inniscarra GAA and Camogie Clubs on St.Stephen's Day.

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The African Community in Kerry celebrated their first annual end of the year party in Fossa, on Friday 30th December 2022. It's a celebration of African Heritage in Kerry. The group is open to all persons connected with Africa. Please contact the General Secretary on africancommunityinkerry@gmail.com for more information.



## Sunday Mass times:

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The anonymous questionnaires are available in the library and, once completed, they can be put in the box near the library desk. Thank you.



## A Word of Victory

Welcome back dear student. I pray God's blessings of abundance and peace be upon you as we set sail on this new adventure into 2023. I proclaim the victory that Jesus won for you at the Cross will be unfolded deep into your heart this year, and that you will reap the benefits of His resurrection power in your spirit, soul and body (Psalms 103). I declare that you will grow as you ask to be filled and led by God's Holy Spirit. As you yield your life to Him, wisdom and revelation knowledge of the Truth of His Word and His promises which Jesus paid for will cause you to be blessed even in difficult circumstances. The Blood of Messiah Jesus still speaks for us from the mercy seat in the court of Heaven today.

God raised His Son Jesus from the dead as a guarantee that those who believe in Jesus - and live for Him, will be raised to everlasting life after death, and will inherit the blessing of Abraham while living on this earth (Galatians 3:13-14). "It was for freedom that Christ has set us free" (Galatians 5:1). It is possible to live free from the curse of sin, sickness, failure and destruction - in God's shelter. There is disaster occurring on every side, but God's promise to those who trust in Jesus is 'a thousand may fall at your side and ten thousand at your right hand but it shall not come near you' (Psalm 91:1-7). The Word of God doesn't promise that we won't witness terrible things - the verse following goes on to say 'you will see the reward of the wicked' so remaining close to the Lord, in repentance and obedience to His commands is the only place of protection.

Leaders - I speak to you in the Name of the Lord Jesus - regardless of whether you lead a family or a country, a church or a corporation, leaders in law enforcement or the civil service - listen carefully. All people are called to lead but few choose to do it. Why? Because true leadership is hard; it requires courage, commitment, resilience but above all, integrity. We can see many who are brazen, but few who are courageously walking in integrity. Courage is a godly attribute - it makes one stand in the face of adversity when others crumble. God instructed Joshua to cultivate courage in order to lead God's people into the Promised Land. The Lord told him "...Moses my servant is dead, Therefore, the time has come for you to lead these people, across the Jordan River into the land I am giving them" (Joshua 1:2). Leading always requires advancement. You cannot advance until you choose to leave the past behind. But you cannot leave the past behind until the issues are resolved. Things are only resolved when they are confronted. The devil's greatest trick is to cover up and hide. Whatever is hidden in the darkness has power over you. It's the entrance of light that exposes and extinguishes darkness (Mark 4:21-25). One never knows how dark things are until proper lights are turned on. I pray that you will go forward into this year with a fresh resolution to take courage! You need to learn how to pray God's Word. Open this New Year by opening your Bible, and let the Spirit of God speak to you, comfort you, strengthen and empower you to be very courageous for God is with you, and He will give you success! (Joshua 1:6-9)

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Christopher, Nancy & Caoimhe.

Jerome's 2nd Anniversary Mass will be in  
St. Abina's church Clondrohid, on Sunday  
15th January at 9.30am.

**12TH ANNIVERSARY**



In loving memory of  
**BRIGID O'CALLAGHAN**  
20. St Colmans park,  
Macroom, Co.Cork  
Who died on 14th January 2011

*Missing you Mum*

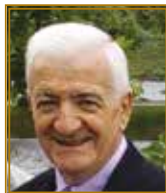
*There are no words to tell you, Mum,  
What losing you has meant,  
But now each day brings memories  
Of happy years we spent.  
You'd want us all to smile again  
And that's just what we do,  
Every time we reminisce  
With loving thoughts of you.*

*You're with us  
When each new day dawns  
And when we say Goodnight,  
Our guardian angel here on earth  
And Heaven's shining light.*



Remembered and loved by your  
Daughters Joan, Mary and Denise. Sons in  
law Joe, Kieran and Daniel. Grandchildren  
Alannah, Evan, Ellie, Grace, Donnacha  
and Rian.

**7TH ANNIVERSARY**



Treasured memories now and always  
of our dear Dad  
**TIMMIE KELLEHER**  
Belmont Place, Crookstown  
Whose 7th Anniversary occurred on  
the 9th of January

*May the winds of love blow gently  
And whisper in your ear  
How much we love and miss you  
As it dawns another year*



Always in our thoughts,  
Forever in our hearts,  
Your loving family.

**FIRST ANNIVERSARY  
AND ACKNOWLEDGEMENT**



In loving memory of  
**MARGARET COTTER**  
(NEE SHEEHAN)  
Coolduve, Kilmurray, Lissarda,  
Co. Cork who passed on 14th  
January 2022.

As we remember Margaret on her first  
anniversary, we her family Tom, Jim, Ann  
and Kathleen would like to express our  
heartfelt appreciation and gratitude at the  
time of Margaret's passing, a sincere thank  
you to our extended family, neighbours  
and friends especially Eileen & Denis  
Mullane, Ann Barrett, Teresa Crowley and  
Ann O'Callaghan, the Nurses and Doctors in  
CUH, Matt Murphy Pharmacy and all those  
who helped us during Margaret's illness.

To those who sent Mass cards,  
enrollment cards, letters of sympathy and  
on line condolences which meant so much to  
us.

Our thanks to Cannon Bernard Donovan  
for celebrating the funeral Mass.

As it would be impossible to thank  
everyone individually, please accept  
this acknowledgement as a token of our  
appreciation. The Holy Sacrifice of the Mass  
has been offered.



**2ND ANNIVERSARY**



Remembering our lovely mom and nana  
**SHEILA CREEDON**  
Knockane, Tareilton  
whose second Anniversary  
occurs on Jan 21st.

*Silent memories keep you near,  
As time unfolds another year,  
Out of our lives you may have gone,  
But in our hearts you will always live on.*



Sadly missed and always remembered  
Catherine, Mike, Ellen, Clara and Olan.

**20TH & 10TH  
ANNIVERSARY**



In loving memory of  
**JOHNNY & EILY CASEY**  
Carrigaphooka,  
Macroom

*Those we hold closest to our hearts  
never truly leave us,  
they live on in the kindness  
they have shared and the  
love they brought into our lives.*



Always remembered  
by your loving family

**PRAYER TO BE  
PRESERVED FROM  
CONTAGIOUS DISEASE**

O God, who through an angel  
promised St.Roch that those  
who invoke his name or seek his  
intercession will be preserved  
from all dangers and contagious  
diseases.

Grant that through his intercession  
we maybe preserved from this  
present danger.

We ask this through Christ our Lord.

St. Roch pray for us.( 3times)

**PRECIOUS MOTHER OF  
JESUS**



Mother of Divine Grace you can find a way,  
where there is no way.  
Please hear my prayer and grant me my  
request.

**THE MIRACLE PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted.Never known to fail. Must promise publication of prayer.



**3RD ANNIVERSARY**



In loving memory of  
**MAURA LUCEY**  
Cornera, Inchigeela,  
whose 3rd anniversary occurs on  
20th January .

*As we look upon your picture,  
Sweet memories we recall,  
Of a face so full of sunshine,  
And a smile for one and all.  
Sweet Jesus take this message,  
To our dear mum up above,  
Tell her how much we miss her,  
And give her all our love.*



Sadly missed by your loving husband  
Concubhar, Children - Mick, Richard, Con,  
Mags , Mary and families.

**FIRST ANNIVERSARY  
AND ACKNOWLEDGEMENT**



In loving memory of  
**MICHAEL  
CARROLL**  
Bawnmore, Macroom, Cork  
Who died on 16th January 2022.

As we fondly remember Mickey on  
his first anniversary, his family would  
like to sincerely thank; relatives,  
neighbours, friends and all those  
who sympathised with his family.

We would like to thank everyone who  
sent mass cards, wrote messages of  
condolences and those who attended  
his funeral in person and online.

Sincere thanks to Fr Joe O'Mahony  
for Mickey's funeral mass, his advice  
and comforting words. Thank you to  
all involved in the mass and the grave  
diggers.

We would like to thank the  
paramedics who attended that day  
and to the staff at CUH for their care  
in Mickey's final hours.

Thank you to Fitzgerald's Funeral  
Director's for their professionalism  
in making Mickey's funeral special in  
such difficult times.

As it would be impossible to thank  
everyone individually, please accept  
this as a token of our appreciation.  
The Holy Sacrifice of the mass will be  
offered for all your intentions. Mickey's  
first anniversary Mass will take place on  
Sunday 22nd January at 11:30, in St.  
Coleman's church Macroom.

*Mickey's wonderful life came to an end. He  
died as he lived, everyone's friend. RIP.  
Fondly remembered by his family.*

RIP



Fondly remembered by his family.

**4TH ANNIVERSARY**



In loving memory of  
**EILEEN STACK**  
Currahaly, Farran  
Who died on 20th January 2019  
*Our lives go on without you  
But nothing is the same  
We have to hide our heartache  
When someone speaks your name*

*Sad are the hearts that love you  
Silent are the tears that fall  
Living here without you  
Is the hardest part of all*

*You did so many things for us  
Your heart was kind and true  
And when we needed someone  
We could always count on you*

*The special years will not return  
When we are all together  
But with the love in our hearts  
You walk with us forever*



Sadly missed but never forgotten  
by your husband John, son Michael and  
daughter Louise.

**12TH ANNIVERSARY**



In loving memory of  
**EILEEN  
KELLEHER**  
Carrigthomas, Macroom  
who died on the  
11th of January 2011

*Just a prayer from the family  
who loved you,  
Just a memory fond and true,  
In our hearts you will live forever,  
Because we thought the world of you.*



Will those who think of her today,  
A little prayer to Jesus say.

Always remembered by her loving family.

**10TH ANNIVERSARY**



In loving memory of  
**PEIG UÍ  
MHURCHÚ**  
Cahirdaha, Kilnamartyra, Macroom  
Died on 15th January 2013

*God saw you getting tired,  
And a cure was not to be,  
So he put his arms around you,  
And whispered come to me,  
With tearful eyes we watched you,  
We watched you fade away,  
Although we loved you dearly,  
We knew you could not stay,  
You left behind some aching hearts,  
That love you most sincere,  
We never did and never will,  
Forget you Mother dear.*



Always remembered by her loving family

**2nd & 24th ANNIVERSARIES**



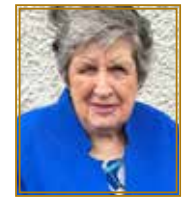
In loving memory of  
**KITTY & MICHÉAL  
MURRAY**  
Oakwood, Macroom  
& Ballina, Toames.  
who died on 4th of January 2021,  
and on 5th December 1998.

*A loved one never leaves,  
They're never far away,  
They watch you from a distance,  
They guide you every day.*



Fondly remembered by  
The Murray family.

**2ND ANNIVERSARY**



In loving memory of  
**MARGARET  
LEHANE  
(NÉE MURPHY)**  
Deshure, Terelton, Macroom, Co. Cork  
Died 14 January, 2021

*Your life was a blessing,  
Your memory a treasure,  
You are loved beyond words,  
And missed beyond measure.*



Lovingly remembered and sadly  
missed by her family – her husband,  
Jerry; children, Catriona, Siobhán and  
Conor; sons-in-law, Colm and Kevin;  
grandchildren, Oisín, Hannah and  
Evan; brothers, Fachtna and John – and  
extended family.



**16TH ANNIVERSARY**



In loving memory of

**PADDY O'MAHONY**

Clonud, Kilnamartyra, Macroom who died on 12th January 2007

*Silent thoughts, sincere and true,  
From a family who thought the world of you.  
No longer in our lives to share  
But in our hearts,  
you are always there.*



Deeply missed and always remembered by his loving family.

**2ND ANNIVERSARY**



In loving memory of

**MICHAEL F KELLEHER**

Kiel, Macroom whose second anniversary occurs at this time

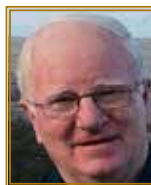
*O dear angel, me defend  
And bring me to  
A happy end.*



Sadly missed and always remembered by his wife Bernie, daughter Helen, sons Denis and Hugh, son in law Séamus, daughters in law Sarah and Joanna and grandchildren Pádraig, Emily, Julia, Katie, Sophie, Michael and Holly.

An anniversary Mass will be held in St Colman's Church, Macroom on Saturday 21st January at 10am.

**FIRST ANNIVERSARY**



In loving memory of

**TED KELLEHER**

Gurrane Clondrohid Macroom who died on Jan 5th 2022

*How I wish I could say,  
I will go see you today.  
To hear your voice, to see your smile.  
To sit and chat with you for a while  
To have you here, in the same old way  
Would be the greatest wish today  
Keep him in your care, O Lord  
For you have gained the treasure I lost  
Always in my heart and prayers  
Sadly missed by your wife Juliana*

.....  
*There say there is a reason,  
They say that time will heal,  
But neither time or reason,  
Will change the way we feel  
For no one knows the heartache  
That lies beyond our smiles.  
No one knows how many times  
We have broken down and cried  
We want to tell you something  
So there won't be any doubt  
You're so wonderful to think of.  
But so hard to be without.  
We cannot bring the old days back  
When we were all together  
The family chain is broken now  
But memories live forever.*



Sadly Missed and fondly remembered by Jackie, Connie Lisa and Mikey.

**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



In loving memory of

**TED KELLEHER**

Gurrane Clondrohid Macroom who died on Jan 5th 2022

As we lovingly remember Ted Kelleher on his 1st anniversary, we, his family, would like to express our sincere gratitude to all those who sympathised and supported us on our great loss.

To all who sent mass cards, flowers and online condolences on RIP.

We would like to thank all friends and neighbours who called to see Ted at home towards the end of his journey. We also would like to thank our Night Nurse Rebecca and dad's niece Kay for all their support.

The doctors, consultants and nurses in The Mercy Hospital Cork, Marymount Hospice nurses, Sullane Family Practice, Matt Murphys Pharmacy and Mc Carthys Undertakers.

As it would not be possible to thank everyone individually, please accept this acknowledgment as an impression of our gratitude.

The Sacrifice of the mass will be offered for your intentions.



Sadly missed and lovingly remembered. Your loving family

**1ST ANNIVERSARY**



As we lovingly remember our wonderful Dad

**TED KELLEHER**

Who passed away on the 5th January 2022

*The light from our household is gone,  
The voice we loved is still,  
The happy hours we once enjoyed,  
how sweet their memory still,  
But death has left a vacant place,  
this world can never fill.  
But love and memories never die,  
In our hearts you will always stay,  
Loved and remembered every day.*



Matthew, Gobnait, Liadh-Anne & Gary.

**1ST ANNIVERSARY**



In loving memory of my dear dad

**TED KELLEHER**

Who passed away on the 5th January 2022

*I thought of you today,  
but that is nothing new  
I thought about you yesterday  
and days before that too  
I think of you in silence  
I often speak your name  
All I have are memories  
and your picture in a frame  
Your memory is a keepsake  
from which I'll never part  
God has you in His arms,  
I have you in my heart*



Sadly missed by your daughter Catherine, John, grandchildren Ciara, David and Jason.

**THE MIRACLE PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. S.B.

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**39TH ANNIVERSARY**



In loving memory of

**DONAL TANGNEY**

Late of Main St. Macroom and Scartaglen Co. Kerry, who died on 18th January 1984.



Requiescat in pace.

**90TH BIRTHDAY REMEMBRANCE**



In loving memory of

**SEAN COUGHLAN**

Kilnagurteen, Macroom.

*Dad I miss you everyday.  
You were so precious and unique  
A guiding light throughout my life  
You were my strength when I was weak.*

*Happy memories flood my mind  
Whenever I think of you  
But you can never be replaced  
That much is sadly through.*

*The fact that your no longer here  
Still fills my heart with pain  
I wish I had just one more chance  
To talk to you again.*

*I shall always remember  
The closeness that we had  
I love you, and miss you so much  
My kind and thoughtful Dad.*



*From your loving daughters  
Mary, Claire and son Aidan and his  
extended family.*

**ANNIVERSARY**



In loving memory of

**MICHAEL TWOHIG**

20th Anniversary  
Who passed away on 6th January 2003



In loving memory of

**JOAN TWOHIG**

6th Anniversary  
Who passed away on 7th January 2017

**Pullerick, Crookstown**  
In loving memory of our dear Mom and Dad whose anniversaries occur around this time.

**Our Lady of Knock pray for ye both**

*No length of time can take away  
Our thoughts of ye from day to day  
Time slips by and life goes on  
But from our hearts ye are never gone.*



**Sadly missed but fondly and lovingly remembered**

xx

**20TH ANNIVERSARY**



In loving memory of

**PEGGY O'RIORDAN**

Ballyvoige, Kilnamartyra who died on the 5th of January 2003.

*Will those who think of Peggy today,  
a little prayer to Jesus say.  
Our Lady of Lourdes pray for her.*



Fondly remembered by her cousins Anna, Mary and Margaret and their families.

**8TH ANNIVERSARY**



In loving memory of a dear husband, father and grandfather

**DENNY CRONIN**

Cahirkeeren, Kilnamartyra whose 8th anniversary occurred on 7th January.

*A daily thought a silent prayer,  
a constant wish that you were here,  
an empty place no one can fill,  
we miss you today and always will.*



Always remembered by his wife Kate, daughter Siobhan, sons Pat, Denis, Gearoid and families.

**20TH ANNIVERSARY**



Treasured & loving memories of  
**RITA KELLEHER O'RIORDAN**

Kilmurry, Lissarda, Co Cork  
Who died on the 5th January 2003

*Time and years slip quietly by,  
But love and memories never die,  
In our hearts you will always stay,  
Loved and remembered everyday.*



Always remembered by her loving daughter Maria, family and friends.

**PRAYER FOR A SPECIAL REQUEST**

O Dear Mother of God, Our Lady of the Immaculate Conception Aparecida! Oh! Saint Rita of Cassia and Saint Jude worker of miracles and helper of impossible causes, pray for me. St. Expeditus, Saint of urgent causes, St Edwiges, the Saint of the needy, you know how desperate I feel, please aske Jesus to help me. (Here mention your request) May the Sacred Heart of Jesus be adored and glorified for ever.  
Pray 1 Our Father, Hail Mary, Gloria.  
Pray for 3 days, Publish on the 3rd day.  
See what will happen on the 4th day.

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**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



In loving memory of

**DAVID STEARMAN SMITH**

**Nead Na Spidoige, Augeris Ballingeary, Macroom Died 21st January 2022 aged 65.**

On the first anniversary of David's passing, we his wife Kate daughter Claire sister Susan brother Mike son-in-law Andy sister-in-law Pauline brother-in-law Jimmy grandchildren Ethan and Emilia would like to express our sincere gratitude to all our family friends and neighbours for their continued support sympathy and kindness in the sad loss of our beloved David.

We would like to take this opportunity to thank all those who attended our cancer coffee morning in August which would have been David's 66 birthday. Your kindness and donations were very much appreciated.

As it would be impossible to thank you all individually, please accept this acknowledgment as a token of our heartfelt appreciation.

*In Our Hearts  
We Thought of you with love today  
But that is nothing new  
We thought of you yesterday  
And days before that too  
We think of you in silence  
We often speak your name  
Now all we have is memories  
And a picture in a frame  
Your memory is our keepsake  
With which we'll never part  
God has you in his keeping  
We have you in our heart*



Rest in peace our beloved husband, father and grandfather.

**3RD ANNIVERSARY**



In loving memory of

**BRIDGET LYNCH**

**Ullanes East, Ballymakeera, Macroom, Co.Cork, Who died on 9th January 2020**

*Down the path of memories  
We gently thread today.  
All our thoughts are with you  
As life goes on it's way.*

*Life's greatest gift is remembrance.  
When you remember Bridget today,  
A little prayer to Jesus say.*



Always remembered by Margaret, Jack, Diarmuid and their families.

**3RD ANNIVERSARY**



With love we remember

**EILEEN O'RIORDAN**

**Masseytown, Macroom Who died 15th January 2020**

*Three years have passed since that sad day.  
You closed your eyes and slipped away.  
You left so quickly without a fuss and broke  
the Hearst of all of us.  
A pleasant smile, a heart of gold.  
No better mother this world could hold.*



Lovingly remembered by Joan, Mary, Lisa, Anna, Margaret and all her family.

**BIRTHDAY REMBRANCE**



In loving memory of

**PADDY MCCARTHY**

**of Macroom and Kilkenny whose birthday occurred on the 23rd. December.**

*Days go by and turn to years  
and Birthdays here again  
Time and years mean nothing and the  
heartache, is just the same.  
Every step I take, a memory of you, my  
tears, are never too far.  
Words alone, are not nearly enough to say,  
how missed you are.*



**6TH ANNIVERSARY**



In loving memory of

**DIARMUID O'CONNELL**

**Ballymakeera, Macroom, Co. Cork Who died 9th January 2017**

*We think of you in silence,  
We often speak your name,  
But all we have is memories,  
And your picture in a frame.  
Your resting place we visit,  
And put flowers there with care,  
But no one knows the heartache,  
As we turn and leave you there.*



Sadly missed by his wife Ina and family.

**13TH ANNIVERSARY**



In loving memory of

**JOHN (JACK) BURKE**

**Late Rahoona, Ballymakeera whose Anniversary occurs at this time**

*We miss your smile, your joking ways,  
We miss the things you used to say,  
And when goof times we do recall,  
Its then we miss you most of all,  
Your voice keeps whispering gently,  
Loved ones be brave and true,  
At the end of life there is sunshine  
I'll be waiting and watching you.*



From his loving family Liam, Siobhan, Jack and Joanne

**3RD ANNIVERSARY**



In loving memory of

**SHEILA O' LEARY**

**"Bruac-na-Laoi", Gougane Barra, Macroom, Co. Cork Whose 3rd anniversary occurs on January 13th.**

*Though your smile is gone forever  
And your hand we cannot touch,  
Still we have so many memories  
Of the one we loved so much.  
Your memory is our keepsake  
With which we will never part,  
God has you in his keeping  
And we have you in our hearts.*



Lovingly remembered and never forgotten by Pauline, Helen and families.

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**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



In loving memory of

**MICHAEL HERLIHY**

**Coolduve, Lissarda,  
Who died on 23rd January 2022**

As we lovingly remember Michael on his first anniversary, his wife Mairead, daughter Miriam and son Michael, wish to express our heartfelt gratitude and appreciation for the support and kindness shown to us since our sad loss.

A sincere thank you to our extended family, our good neighbours and friends who supported and helped us. Your presence, mass cards, phonecalls, online condolences meant so much and brought us comfort during this difficult time. We will be forever grateful.

Our heartfelt appreciation to all of those who participated in the funeral mass especially Canon David Herlihy, Canon Bernard Donovan, Monsignor Kevin O' Callaghan, and sacristan Ann O' Callaghan, for their help. Thank you to vocalist Carmel Breen and musicians Sophia, Rachel, Jason and Catherine. To funeral directors Martin and Billy Fitzgerald for their guidance.

Our sincere gratitude to the health care workers, nurses, doctors of Cork University Hospital and Marymount hospice for the great care given to Michael.

As it is impossible to mention everyone individually, please accept this acknowledgement as a token of our appreciation and gratitude.

Sadly missed and loved always by your wife Mairead, daughter Miriam, son Michael, son-in-law John, daughter-in-law Ally, grandchildren Róisín, Una and Seán, brothers, sisters and extended family.

A special place in our hearts is always kept for you.

Michael's first anniversary Mass will be celebrated on Friday 27th January at 10am in St Mary's Church, Kilmurry.



**2ND ANNIVERSARY**



In loving memory of

**ANNE LEAHY**

**Bridelands, Crookstown  
Who died on 10th January 2021**

*Those we love  
don't go away,  
they walk beside us  
every day.  
Unseen, unheard,  
but always near,  
so loved, so missed,  
so very dear.*



Always remembered and sadly missed by  
Una, Frank, Leah, Seán and Michael.

**7TH ANNIVERSARY**



In fond remembrance of

**DANJOE HALLISSEY**

**Munavadra, Inchigeela  
Who died on 13th January 2016.**

*The flowers we place upon your grave,  
May wither and decay,  
But love for you who sleeps beneath,  
Will never fade away.*



Always remembered by your loving  
family and friends

**SPECIAL ANNIVERSARY REMEMBRANCE**



In loving memory of a wonderful  
father and Mother

**MICHAEL &  
MARY  
MC SWEENEY**

**Dooniskey, Lissarda,  
Whose Anniversaries occur around  
this time**

*Please Pray For the repose of their Souls*



Sadly missed by their loving family

**BIRTHDAY REMEMBRANCE**



In loving memory of

**MICHAEL HERLIHY**

**Who went to heaven on his 73th  
birthday, 23rd January 2022.**

*Grandad, the memories of you we  
treasure, so precious and so dear,  
Grandad, you meant the world to us,  
We wish you were still here.  
But on this special day,  
We think of you and are glad,  
that we have the fondest memories,  
of a loving, kind Grandad.*



Happy birthday in heaven Grandad,  
Sadly missed and forever loved,  
From Róisín, Una and Seán xxx

**2ND ANNIVERSARY**



In loving memory of

**JERH TWOMEY**

**Derryfinneen, Renanirree, Macroom  
Whose second anniversary occurs on  
January 14th.**

*Everyday in some small way  
memories of you come our way.  
Will those who think of Jerh today  
a little prayer to Jesus say.*



Fondly remembered by his family,  
relatives and friends.

**4TH ANNIVERSARY**



In loving memory of

**MARY CRONIN  
(NEE DELANEY)**

**Parknalane, Kilnamartyra.  
Who died on 16th January 2019.**

*No matter how life changes,  
No matter what we do,  
A special place within our  
hearts is always kept for you.*



Always remembered  
by your loving family.

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**BIRTHDAY REMEMBRANCE**



In loving memory of

**DAMIAN DINEEN**

**Dirrinculling, Coolea**

**Remembering with love on his 50th birthday that occurs at this time**

*Those we love don't go away,  
They walk beside us everyday.  
Unseen, unheard but always near,  
Still loved, still missed and very dear.*



Loved and missed always.

Paudie, Tracy, Diarmuid & Kate xxx

**50TH BIRTHDAY IN HEAVEN**



Always and Forever Missed

**DAMIAN DINEEN**

**Remembering Damian on his 50th Birthday Which occurs on the 4th January 2023**

*Happy Heavenly Birthday Damian*

*Today is your Birthday  
In heaven above.  
All our love we send  
On the wings of a dove.*



Forever in our thoughts.  
Always in our hearts.

Pat, Mary, Ann, Con, Gearoid, Eileen,  
Aoibhinn, Rhóna, Una & Conor.

**BIRTHDAY REMEMBRANCE**



In loving memory of

**DAMIAN DINEEN**

**Dirrinculling, Coolea**

**Remembering with love on his 50th birthday that occurs at this time**

*Happy birthday In heaven Dad  
We miss you every day  
We hope your celebrating  
in a very special way  
We will light the candles for you  
And whisper a wish to you  
We love you Dad with all our hearts and  
never stop thinking of you.*



Loved always and forever  
Liadh, Eoghan, Liam and your loving wife  
Lucy xxxx

**BIRTHDAY REMEMBRANCE**



In loving memory of

**DAMIAN DINEEN**

**Dirrinculling, Coolea**

**Remembering with love on his 50th birthday that occurs at this time**

*Today is filled with memories, with  
happiness and tears  
Of birthday celebrations we've shared  
throughout the years  
And though We'll always miss you, the  
endless joy you brought  
Warms our hearts with gratitude  
and fills our every thought  
Where ever you are resting,  
I hope that you can see  
How precious and uplifting,  
your memory is to me  
We feel that you are with us,  
in everything we do, so  
We'll celebrate your birthday, but we'll  
spend it missing you.*



Loved and missed so much  
by your Mom Bridie  
Nuala, Dave, Clíodhna, Aine & Ide xxxxxx

**15TH ANNIVERSARY**



Remembering with love

**JERRY TWOHIG**

**32 St. Colmans Pk, Macroom  
Who died on 10th January 2008**

*A smile for all, a heart of gold,  
One of the best the world could hold.  
Never selfish, always kind,  
These are the memories you left behind.  
As you were Jerry you will always be  
Someone special in our memory.*



Always remembered by his wife  
Margaret, his daughters Caroline & Emer  
& his son Mark, Grandchildren Adam,  
Cliona, Aoife, Darragh & Alex.

**BIRTHDAY REMEMBRANCE**



In loving memory of

**DAMIAN DINEEN**

**Dirrinculling, Coolea**

**Remembering with love on his 50th birthday that occurs at this time**

*Memories of you are lovingly Kept  
Someone too special to ever forget,  
Your wish today would be no fuss  
Just to be remembered by all of us.*



Loved and remembered always  
Gearoid, Margaret & boys  
Xxxxxx

**14TH ANNIVERSARY**



In loving memory of

**MOLLY CREEDON**

**Who died on 6th January 2009**

*Deep in our hearts  
your memory is kept  
To Love  
To Cherish  
And Never Forget.*



Always remembered by Joe,  
Sharon & Sam x

**PRECIOUS MOTHER OF JESUS**



Mother of Divine Grace you can find a way,  
where there is no way.  
Please hear my prayer and grant me my  
request.

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★ Trustpilot



*I found John and his team very professional from day one. Had some ancillary work done to the roof by the team before installation, extremely neat and tidy. The installation itself was done in a day and the team did a great job. Really happy with the performance of the panels.*  
- Customer Macroom Area

*From start to finish John and his team were very helpful and carried out the solar installation promptly and professionally. Above all everyone from office to installers were a joy to work with. I am delighted to have chosen JM Energy Savings Ltd for my installation and would highly recommend them for solar installations.*  
- Customer Macroom Area

*I chose JM Energy Savings after looking into other company's offerings. The main reason why I decided on JM Energy Savings is that they offer total package for Solar systems, gave me full technical information regarding their system and installation procedures. They carried out the work on time and in a very professional manner. They have a great team of lads who carried out the installation & they gave me full information about the use of the system installed. I would recommend JM Energy to anyone looking for Solar systems.*  
- Customer -Killarney Area

*I found the service JM Energy Savings provide excellent from start to finish. They have lovely staff, very professional and delivered the service when they said they would. I also found them competitive.*  
- Customer Killarney Area



**JM Energy Savings Ltd.**

John Moynihan, Ballingearry, Cork - 086 374 2260 - www.jmenergy.ie