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The Ballingearry Pipe Band leading in the Bishop and priests to begin the annual Mass to mark the feast day of Saint Finbarr. Pic. Connie Cronin.



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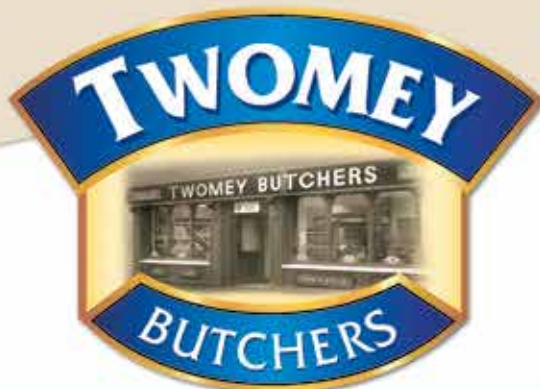
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I'm sitting here writing what is my last editorial. It was a hard decision to step down from my role and it's taken me a long time to come to terms with, especially as I'm the primary provider for my children. But alas you can't pour from an empty cup, and right now, I need to focus on my family and the growth of my wedding photography business. I took over editing the magazine at the start of lockdown, and we did not know then if we would make it through the pandemic but we did and that's all thanks to our wonderful readers, advertisers and contributors. Since 2020, we have welcomed an array of new contributors with various backgrounds and different interests and I'm constantly blown away by the wonderful articles we have received. In addition to editing the LVO, I studied community development at University and completed my degree in this in 2021, its been really rewarding to

put what I've learned to good use here in the LVO, despite feeling like I'm pontificating at times and not entirely sure if the audience is awake for the sermon. I hope the powers that be will listen to me about developing a tourism strategy for the region as a whole, ideally an environmentally low impact one that doesn't involve miles of tarmacadamed 'greenways'. I hope dereliction will be taken more seriously, the empty apartments above Dunnes being a prime example when we are in the middle of a housing crisis (I think when I last mentioned this it made the national papers). I am glad to see the town is embracing its use of colour and it would be fantastic to see this embraced further (having a colourful town square is a low-cost, high-return way of drawing people into our town). Speaking of paint, the old centra on

New Street is such an eyesore. I have a lot of hopes for the town and its environs and as we are in the season of change with the impending opening of the bypass, I would welcome the region as a whole to explore all the possibilities out there.

I wish the next editor, whoever they are, every success.

Sarah Kate Murphy
EDITOR



Get in Touch

Don't be a stranger if you have an article, photo or story you wish to share, email:

leevalleyoutlook@macroom.ie

If you cannot access physical copies, the LVO can be viewed online at:

<https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions will be

published in the following edition.

As always submissions as Gaeilge are always welcome too!

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Macroom Girl Guides

Ardilaun Guides and MacEgan Senior Branch have had a very busy time recently.

September kicked off with a visit to Circus Extreme, a very exciting evening with spectacular escapades and stunts.

Senior Branch members headed off to Ventact 2022 and had a wonderful weekend of activities and came away with a large group of new friends. A few weeks afterward, they attended the South West Regional Conference, where they had sessions from Frances McCarthy of Blackrock Castle Observatory and an introduction to the First Lego League competition.

Councillor Eileen Lynch visited the Guides and spent the evening telling them about her work within Cork County Council and explained how

the Dáil and the European Parliament carries out business. The Guides had plenty of questions and identified some local issues for Eileen, with which she has promised to deal. All Guides were awarded the Europe and Voting badges.

Macroom District sponsored a bench in the Castle Demesne which has been placed beside the Lady Ardilaun memorial. A large number of members and families turned up for the official "launch" of the bench, which we hope will serve as a resting place for many on their walks through the Demesne and Town Park.

Isabel Twomey and Rachel O'Shea were proud recipients of the National Guide Award this autumn. This is the highest award in Guiding and is the culmination of four years' work on many

and varied challenges including attending camps, hikes and numerous outdoor events, completing a number of the Sustainable Development Goals and interest badges and, as Patrol Leaders, planning for, supporting and encouraging the younger Guides. Despite the restrictions imposed by Covid-19, these Guides carried on meeting, online, outdoors and eventually back in person with their peers.

Well done Isabel and Rachel, you are truly Trail Blazers and an inspiration to the other members of Ardilaun Guide Unit.

For information on Macroom Girl Guides please email macroomguides@gmail.com



MacEgan SBs and friends at Ventact 2022



Niamh McSweeney, Orna Sexton, Danielle Riordan, Isabel Twomey, Rachel O'Shea, Deirdre Henley, Elizabeth O'Sullivan at the National Guide Award ceremony

In this Edition
Ed 21 - 20th October 2022

- A. Editor's note - page 4
- B. Macroom Updates - pages 4, 8, 10, 12, 14, 16, 18
- C. Lee Valley Updates - pages 20, 22, 24, 26, 28, 30, 32, 34
- D. History - page 36

- E. Advertorial - page 42
- F. Snippets - page 44
- G. Sports - pages 46 - 53
- H: Trades & Services pages 54, 56 - 57

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Killian Lynch auctioneers are pleased to offer this stunning 3 bedroom bungalow on C.0.5 acres. While only a C.5 minutes drive to Macroom town the property boasts a beautiful countryside view in a quiet & peaceful area. The property which comprises of C.1488 sq ft living accommodation is in very good condition throughout and will make a beautiful family home with ample space for further expansion. Only a C.40 minute drive to Cork city & Killarney. BER D1 (115525065)

GUIDE PRICE: €320,000



NEW TO THE MARKET
9 THE LAWN, MOUNTMASSEY, MACROOM, CO. CORK, P12KX54

Killian Lynch auctioneers are pleased to offer this pristine 4-bedroom detached property which comprises of C.1450 sq ft living accommodation. This spacious house which includes a large back garden must be seen to be appreciated. The house which is an ideal family home is located within walking distance of all local amenities, C.30 minutes' drive to Cork city, C.30 minutes' drive to Killarney & 8 minutes' walk to Macroom town centre. BER C1 115562365

GUIDE PRICE: €325,000



NEW TO THE MARKET
3 ROS ALAINN, MACROOM, CO. CORK, P12 E951

Killian Lynch auctioneers are pleased to offer this 3 bed townhouse in the popular development of Meadowlands. This cosy property which comprises of C. sq ft. living accommodation is in excellent condition throughout. The house is located within walking distance to all amenities, 30 minute drive to Cork city, 35 minutes drive to Killarney & less than a 5 minute walk into Macroom town. BER: A2

GUIDE PRICE: €475,000



NEW TO THE MARKET
MOULNAHORNA, CARRIGANIMA, MACROOM, CO. CORK, P12X981

Killian Lynch Auctioneers are pleased to offer this 4 bedroom bungalow and garage on C.0.81 acres of landscaped, manicured gardens. The house which is in pristine condition throughout comprises of C.2314 sq ft living accommodation throughout. This house which is an ideal family home is located in a rural setting only a C.15 minute drive northwest of Macroom town, C.15 minutes drive from Millstreet and a C.40 minute drive from Cork city. BER: B3

GUIDE PRICE: €295,000



NEW TO THE MARKET
GARRYHESTA, OVENS, CO. CORK, P31EY29

Killian Lynch Auctioneers are pleased to offer this 4 bedroom bungalow on C.0.5 acres of landscaped south facing gardens. The property which was extended over the years comprises of C.1700 sq ft spacious living accommodation. The property is in excellent condition throughout and is situated in a much sought after area only C.5 minutes drive from Ballincollig and C.15 minutes drive from Cork city centre. This is an ideal family home which must be seen to be appreciated. BER: BER F (115539611)

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MCEGAN COLLEGE:

Success at Junior Cycle Engineering Awards

Junior Cycle 2022 students of Engineering have been awarded for excellence in project work by the Engineering Technology Teachers' Association. The students had to manufacture a Model Marble Machine. Prizes were presented by Traolach Layton of GP Wood and Donagh Twomey (Donnacha O'Tuama, Timber Haulage who sponsored the prizes).

1st Prize Artur Cichosz, 2nd Prize Noemi Grigorescu, 3rd Prize Oisín O'Connor and a Special Achievement Award was presented to Shaun Barnes. Congratulations to the successful students and to their teacher Mr. Dennehy.

#andshecycles Ambassador Programme

Across Ireland, data shows that just one in every 250 teenage girl's cycle to school every day. The #andshecycles campaign was developed to explore, understand and address barriers to cycling for teenage girls. Emerging from the #andshecycles research, it is clear that cycling for girls is not nearly as accessible as cycling for boys.

There are three programme objectives:

Develop role models & leaders for school cycling amongst teenage girls

Empower teenage girls to shape the cycle-friendliness of their institutions

Provide opportunities for teenage girls to cycle

The #andshecycles Ambassador Programme, is about teenage girls taking action and leading the way so they themselves and others have the genuine option to cycle. Niamh O'Callaghan, McEgan College TY student, has been chosen as an ambassador for the Green Schools Ireland #AndSheCycles campaign. Niamh will join 11 other student ambassadors selected across Ireland to participate in the campaign and to complete their training in Dublin on Oct 25th. Well done Niamh and to your teacher Ms. Murphy.

ERESCO

TY students attended the ERESO Space Roadshow on Tuesday 11th October in City Hall Cork. This was a Maths initiative in connection with Maths/ Science week and Careers week, both of which take place in November. Students heard from three speakers who completed undergraduate's studies in Sports Science, Finance and English and have all pursued Postgraduate opportunities that are available in relation to space. It was a really interesting morning that also made connections



Business Graduates from McEgan's with their tutors Bernie Angland, Susan Dineen, Pádraig O'Driscoll and principal Trish Lynam and Deputy Principal Iggy Dineen

with the Science Department's Climate Detective's project that is also underway at McEgan. The "take away" from the morning was that whatever course you might choose after the Leaving Certificate, that is only the beginning of our adult career, and that there isn't necessarily a "straight line" to a successful career.

Room 22 updates

Room 22 students are doing a CSPE 'Community' project in where they are visiting local services/ organisations. They have had tours of the Garda Station (with Garda Tom), Town Hall (with Catherine) and meeting local fire brigade personnel (Mackie, Paul, Dave).

Parents Association AGM

On Thursday 13th October the Parents Association of McEgan College held its AGM in the college. It was lovely to welcome new members to the PA. Fundraising ideas were considered on the night for the college and it looks like bingo will be held in the assembly area shortly.

Climate Action Event

Tuesday 11th October, Senior Executive Scientist and Laboratory Manager, Kevin Motherway, from Cork County Council, came to speak to our TY students for #ClimateActionWeek 2022. Kevin spoke to the students about water quality in Macroom and the surrounding areas. Both the school tap water and bottled water were tested and the results surprised us. Our school tap water is suitable for drinking. Students were inspired by

our speaker as he spoke about future careers in this important area of work for our future. Well done to Ms. Murphy and all our students involved.

Teaching and Learning for staff

McEgan College held a Teaching and Learning day for all staff. We focused on lesson design, feedback for students before and after assessments and enhancing exam performance of students. Great dedication from everyone to continue their development throughout their careers.

Open Night

MCEGAN COLLEGE OPEN EVENING 2022... WHAT AN EVENT!!!

The public came to visit us in huge numbers where we had guided tours for all, vibrant practical rooms, digital media on show, and of course, some refreshments while enjoying the great music in our assembly. Well done to all our students and staff for hosting a fabulous night and a huge thank you to all the parents who helped us make this our biggest night for many years.

All Ireland Dance Champion

Our 1st Year student Brooke Murphy is an All-Ireland Dance Champion. Brooke competed in the U14 Dance Freestyle competition and the slow dance competition in Trobalkan on Sunday and came out on top for both. What a superstar. We as a school are very proud to have such a talented young girl representing us. Well done Brooke.



Fire Brigade personal with room 22, at McEgan College



TY Students Esero recently, at McEgan College

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CLINICS THROUGHOUT MUNSTER

ST. MARY'S NEWS



St. Mary's Fifth Year History class went on their History field-trip to Dublin. They visited Kilmainham Gaol, Arbour Hill Cemetery and then made their way to Dáil Éireann.



St Marys 1st year wellbeing class - working on their school garden as part of their biodiversity module

Transition Years have been very busy in the last few weeks. The year group completed an 8 hour Basic First Aid Skills course with Gerard McAuliffe, from the Order of Malta. Most of the group went on a day trip to the Ploughing Match in Co Laois in mid September. A few weeks ago, the group travelled to Kilfinane Outdoor Education Centre for two days. While there, they experienced the facilities of the centre including kayaking, rock climbing, hillwalking, orienteering and archery. They enjoyed their stay, especially the overnight with friends. The year group returned to Macroom on Thursday afternoon just in time to act as couriers to the prospective students during our Open Evening. Many girls also promoted subject departments along with their teachers on the night. Many thanks to all those Transition Year students who represented our school so well at Open Night. On Monday, 10th of October the girls attended a Road Safety Event in GAA Grounds in Macroom. On Wednesday, 12th of October they attended SHINE Festival virtually in school. On Friday, 14th October – they went on a visit to Orsted Wind Farm.

History Field-Trip

On Monday 10 October St. Mary's Fifth Year History class went on their History Field-Trip to Dublin. St. Mary's would like to acknowledge the very generous local Gardaí for the use of their Community Bus, especially Sgt. Mick Kelleher who accompanied the group to Dublin. The group first visited the historic Kilmainham Gaol where they got a very informative tour which took in the stone-breakers yard where the leaders of the 1916 Rising were executed. They then visited Arbour Hill Cemetery and then made their way to Dáil Éireann. The group again got a fantastic tour of Leinster House organized by Aindrias Moynihan T.D. and got to meet with the Chairman of the Senate, Senator Mark Daly for a Q&A session on the workings of Dáil Éireann. In all a very enjoyable and informative day was had by all. Thanks to Mr Quill and Mr Burns.

Junior Golf Team

The St.Mary's Junior Golf Team played a tournament in Charleville yesterday. They played some great golf in challenging conditions and showed amazing tenacity and resilience. The team to represent St.Mary's were Maisie Murphy,

Lily Desmond and Isabelle Roberts. Isabelle has qualified to play in the Junior Girls Gold Medal Competition in Woodbrook, Co. Wicklow. She is one of only sixty U-18 girls who qualified from across Ireland. Well done girls.

Camogie

Super well done to our U16.5 Camogie Team, who had a great win against Regina Mundi, Douglas. The entire panel played exceptionally well under the leadership of team captain Annie O'Brien. Before the match a one minute's silence was observed for the victims of Creeslough. Thanks to Ms McSweeney and Liam Slattery. Training continues every Tuesday after school from 4.15 to 5.15, all welcome!

Basketball

St Mary's under 16 and under 19 Basketball Teams had a great start to the season against BCS at home last week. The under 16's dominated the first quarter with their tactical passing and fast breaks, scoring 13 points to nil. Ruth Sexton, Saorlaith Murphy and Lily O'Shea were top scorers, with a combined result of 26 points. The girls showed excellent teamwork throughout the match and ensured they came out with a fantastic win of 39 points to 6 points.

The under 19 girls had a strong first quarter against BCS, scoring 22 points in a great team effort. BCS had a strong defence in the second quarter, allowing St. Mary's only one basket. The girls put on a skilful display of outside shots and layups in the second half and secured themselves a superb win of 40 points to 6 points. Sadhbh Donovan, Ruth Sexton and Ellen Kelleher were the top scorers with a combined result of 34 points, made possible due to the phenomenal effort of each player throughout. Well done all.

Catherine McAuley Award

We were absolutely delighted to host our annual Catherine McAuley Award ceremony in School on Friday the 14th of October. A highlight in the school calendar year, teachers and parents took time to celebrate the enormous achievements of our students in so many disciplines. We were exceptionally proud to invite back one of our Distinguished Past Pupils, Michelle O Leary, Michelle, along with teachers presented awards to students on the night. Students were

acknowledged on the night for their participation in and commitment to both In School and Out of School Extra Curricular activities.

Catherine McAuley awards were received on the night by those students who by word and example exemplified the characteristics of Catherine McAuley, the founder of the school in the last school year. Among Catherine McAuley's qualities were kindness, generosity, friendliness, courtesy to all and leadership skills. We would like to congratulate all of our fantastic, well deserved recipients and their parents.

Side note from Mr. Quill

On Monday 10 October St. Mary's Fifth Year History class went on their History field-trip to Dublin. St. Mary's would like to acknowledge the very generous local Gardaí for the use of their Community Bus, especially Sgt. Mick Kelleher who accompanied the group to Dublin. The group first visited the historic Kilmainham Gaol where they got a very informative tour which took in the stone-breakers yard where the leaders of the 1916 Rising were executed. They then visited Arbour Hill Cemetery and then made their way to Dáil Éireann. The group again got a fantastic tour of Leinster House organized by Aindrias Moynihan T.D. and got to meet with the Chairman of the Senate, Senator Mark Daly for a Q&A session on the workings of Dáil Éireann. In all a very enjoyable and informative day was had by all.



Chloe Lehane and Cara O' Brien from St Marys who have entered the Poetry Aloud competition

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Mary's Girls On Tour An exceptional trip to Kilfinane Outdoor Activity Centre! TY Journalism Club

Last week, St.Mary's Transition Year students travelled to Kilfinane Outdoor Education Centre in Co.Limerick for two full days of activity and escapism.They were accompanied by both Ms Collins, Vice Principal and Ms Collins, Home.Ec teacher. The students had two great days filled with fun and laughter. On arrival, the year group was split into four teams and each cohort took part in various activities that were rotated.The events included: kayaking which took place on Lough Gur, orienteering, hill-walking, archery and rock climbing. All were thoroughly enjoyed by the students and we know that everyone would love

to return in the future.The activities were run and supervised by the instructors who were so kind and welcoming.The instructors' names were Matt, Chris, Liam, John, Éadaoin and Maureen. It was agreed by all that these leaders were superb and made the experience of the TY girls even better.

The students stayed at the activity centre overnight. It was an excellent opportunity to bond with their former classmates and to make new friends. It's without doubt that these trips give people a chance to relax and focus on their wellbeing instead of their studies and worries

about school. A great way to unwind and focus on the present instead of the past or the future.Trips like these wouldn't happen without our TY co-ordinator and vice principal, Ms Collins, so a word of thanks to her. The TYs are delighted to be able to access these facilities again and look forward to more throughout the school year.

By Caoimhe Shiels & Niamh O' Riordan



St. Mary's Fifth Year History class went on their History field-trip to Dublin. They visited Kilmainham Gaol, Arbour Hill Cemetery and then made their way to Dáil Éireann.



Rachel Brosnahan, Daria Smolen and Lily Murphy working on their Mini Company

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Upcoming Events in Macroom Library

Purlies Knitting Group will meet on Thursday 20th October at 11.30am.

If you would like to get involved just drop in, you do not need to be an expert.The group meet in the library the 1st and 3rd Thursday in every month.

The Ciorcal Cainte/ Irish language Circle meet on the 27th October at 11.30am, hosted by Nora.

Children's Story Time – Saturdays at Midday. Storytime at Macroom library for children up to 7years – hear your favourite books read aloud.

Halloween Colouring Competition – Spooky colouring with 2 categories under 7 years and 7 – 12 years. The closing date is Thursday 27th October. Prizes for best pictures.

Period Pilot Scheme Cork County Council Library and Arts Service launched a pilot period product

scheme where free sanitary products are dispensed throughout its 29-branch network and mobile libraries from 2nd September 2022. This positive initiative has been funded by the Department of Health.

'We Are Riley' will supply sustainable (products made in Europe with an ethical manufacturer using 100% certified organic cotton in compostable packaging). There is a dispenser located in the public bathroom in Macroom Library and the products are free to the public.

Public Holiday Closure – The library will be closed for the October Bank Holiday, Saturday 29th – Monday 31st inclusive, reopening on Tuesday the 1st November.



Coachford AFC - Team of the Year award. Donal Moynihan, Adam Murphy and Aidy Buckley



Coachford AFC players, Eric Murphy, Jack Murphy and Mike O'Sullivan at the Cork Soccer Awards night



Ciaran Lucey, Assistant manager and Donal Moynihan, manager Coachford AFC Premier team

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DE LA SALLE College Macroom



Ben McCarthy, Odhran Creed and Charlie Magee from De La Salle College taking part in the Cork Junior Golf Championship in Cobh.



James Slattery, Ryan Sabas and Michael Downey from De La Salle College taking part in 'The Lasallian Leadership Programme 2022' in Castletown, Co. Laois.

U15 Football

De La Salle's u15 B championship dreams came to an end on Wednesday the 12th of October at the hands of Boherbue in Millstreet. De La Salle got off to a surprisingly slow start with Boherbue splitting the post within the first minute of the match. De La Salle looked for an instant reply with Tim Sweeney rattling the post following a great run through the heart of the Boherbue defence. Tim Sweeney came close once again to levelling the scoreboard but just couldn't find the finishing touch early on in the match. Boherbue had the chance to extend their lead but were denied against the odds by a marvellous save from keeper Olan Buckley. De La Salle looked to have a spring in their step, 6 minutes in a Ruairi O'Shea ball over the defence found Jack Leavy who held the Boherbue defenders to finish magnificently from a tight angle. De La Salle looked to take control after this but still couldn't find their shooting boots with Jacob Barry and Jack Leavy both coming close. A lack of concentration left strong Boherbue runners knock over a flurry of scores leaving them 1-7 to a goal ahead. A great run from corner forward Coran Burns lead to an excellent finish reducing Boherbue's lead to just 4 points. De La Salle kept the pressure on winning handful of oppositions kickouts which really boosted the forwards confidence, leading to them taking on their men and winning frees which were converted with ease by Jacob Barry. The game was close to the end with both teams trading scores, Cathal Neville and Cian Kelleher producing the magic touch coming to the end of the first half

leaving them with a 3-point deficit to overturn in the 2nd half.

Despite an inspiring half time team talk from trainers Mr Landers and Mr Ryan, De La Salle once again got off to a lacklustre start, conceding 1-4 inside the first 10 minutes. De La Salle never gave up with Ruairi O Shea and Jacob Barry both knocking over scores to make the score line more respectable. Just as De La Salle's star men were coming into the game Boherbue found the killer blow from close range giving Olan Buckley no chance making the score line 2-5 to 3-14. De La Salle pushed for goals but could only settle for a consolation point from Jacob Barry despite coming close from numerous occasions from Coran Burns and Thomas Hopkins both missing by fine margins. Boherbue defended well to keep Tim Sweeney at bay near the end. On a day where things didn't go De La Salle's way, they were defeated 2-6 to 3-15.

Team: Olan Buckley, Thomas Hopkins, Billy Murphy, Robert FitzGerald, Cathal Neville, Sam Kelleher leavy, Colin Kelleher, Darragh Donovan, Ruairi O Shea, Jack Kelleher Leavy, Tim Sweeney, Cian Kelleher, Jack Browne, Jacob Barry, Coran Burns, Subs on Donagh Moss Sean Hennigan and Alex Brophy

Match Report by Cormac Bourke and Gavin Leahy (4th Year).

La Sallian Leadership Programme

The Lasallian Student Leadership Programme 2022 took place this week in their headquarters in Castletown Co. Laois. De La Salle students James

Slattery, Ryan Sabas, Michael Downey and students from lasallian schools throughout the country attended the two day student leadership course. This was an opportunity for students to engage with each other and discuss related issues. Training was provided by staff members from a number of schools with the purpose of preparing those in attendance for their roles in school student councils. We look forward to our lads having an opportunity to contribute to our student council over the coming years.

Golf

Monday, October 10th, Odhran Creed, Charlie Magee and Ben McCarthy took part in the Cork Junior Golf Championship in Cobh. The conditions weren't the best but it didn't stop our lads from performing very well.

TY Updates

Transition Year students in De La Salle have been very busy since the return of school. The students are currently taking part in fitness classes in Macroom Town Complex, Tidy Towns, environmental studies and self-defence classes as part of their Friday evening modules. They also enjoyed lessons in etiquette delivered by Michelle Harding where they were taught key skills including tying a tie, ironing shirts, suit etiquette and the perfect handshake. A number of students also helped GDA James McCarthy to organise and referee a 4th class football blitz.



Transition Year students in De La Salle College during their GAA Coaching Module.



First Year students from De La Salle College enjoy a 'bonding day' out in Ballyhass Lakes Coachford.



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CHAPEL HILL SCHOOL OF ART

Youth Filmmaker Opportunity & Award 2022

Chapel Hill School of Art is excited to announce the Micheál O’Loinsigh Youth Film Competition and Award 2022.

This is an amazing opportunity for young people to explore their creative abilities through film making and get their work before experienced industry professionals Chris Hurley of Cork Film Centre and Director Donal O Céilleachair of Anú Pictures.

About Micheál O’Loinsigh

Micheál O’Loinsigh was born in the Bronx, New York in 1931 and returned to Ireland when his father bought a farm in Berrings, Co. Cork, circa 1937. Though they settled and farmed in Berrings, his people were from Derrynasaggart and Clonkeen and his connection to this gealtacht area was strong. He attended De La Salle college in Ballyvourney where his love of the Irish language was nurtured and after his third level education in U.C.C. he became a secondary school teacher in Irish and History. After several years teaching, he became a Primary School’s Inspector and was relocated to Abbeyfeale in West Limerick and then Ennis, Co. Clare. His passion for place, history, language and sense of one’s self never waned until his death in February 2022.

The Youth Film Competition & Award

This is a youth film competition in two categories 14 to 18yrs and 19yrs to 25yrs. We are looking for films with an identifiable Irish language element of 3-to-5-minute duration. This competition is open to young people all over Cork. We are looking for your experience of your cultural environment expressed through film.

DOCKLANDS

‘DOCKLANDS’ is Celina Buckley’s first solo exhibition in Cork and features a collection of fine art collages, mostly created on location over a period of two years. The exhibition ‘DOCKLANDS’ all started with the news that the 33.3m high R & H Hall building which has dominated the skyline in the Cork City docklands for 90 years is going to be demolished. Celina Buckley visited the docklands one morning last year to preserve the history of the building by making a fine art collage on location. This then went on to inspire an entire exhibition. Art must defend the uncertain. Nothing is a finished project, always a beginning. It would be wonderful if a space for artists existed on the Cork Docklands site which is due to be redeveloped very soon. In Dublin, the Port Company and the Arts Council are working together to explore the options of creating an Artists’ Campus within the Odlums Flour Mills site. Buckley’s art is created through the medium of collage. Using print-making techniques she learned in the print room at Cambridge School



The competition closes November 14th at 5pm. To assist young film makers Chapel Hill School of Art & Films First Cut! Youth Film Festival are delighted to announce a new opportunity for young people – a free hybrid training programme presented by professional filmmakers which is designed to inspire young people to create short films through Irish.

There are 10 places on this new programme for young people aged 14-18 years old. A fluency in Irish is not necessary nor is any previous experience of filmmaking. All levels are welcome. It will take place during Halloween Mid-Term. A one-day workshop will take place on Saturday 5th November, 10.00am to 5.00pm, in Chapel Hill School of Art in Macroom. Free of charge and all equipment will be provided on the day.

A series of pre-recorded workshops will also be made available to all participants in advance of the in-person workshop.

Deadline for application is Monday 24th October.

Places are allocated on a first come, first serve basis. As there are just 10 places, early booking is advised. In case of oversubscription a waiting list will operate.

How To Apply for the free Workshop:

Please email firstcutsannan@gmail.com before the application deadline with your name, address, contact number, age and a brief outline of the experience you have and why you would like to join the course.

The Judges for the competition are:

Dónal Ó Céilleachair - Anú Pictures
Chris Hurley - Cork Film Centre

The Award

The Award takes the form of cash prizes and a screening celebration evening of the winning Films at Chapel Hill School of Art on December 10th at 7pm.

There are two categories to apply for:

18yr to 25yrs category

1st prize €300 - 2nd prize €200 - 3rd prize €100

14yrs to 18yr category

1st prize €250 - 2nd prize €150 - 3rd prize €50
4th prize €50

Entries forms are available on our website



DOCKLANDS Art Exhibition 1st - 4th November

of Art; her collage papers are prepared using oil-based etching inks, an etching press and by mono-printing various textures onto the surfaces.

Almost all of her fine art collages are created on location from observation, and if needs be, finished in her studio. The human and natural environment

are a living source of inspiration for her collages. Once she is on location with the easel set up, it becomes a multi-sensory experience for her. Some have called these moments ‘epiphanies’, but for her it is discovering a visual language that conveys that excitement - being alert to the extraordinary in the ordinary. As an emerging artist Buckley’s work has been exhibited in Cill Rialaig, Ballinskelligs, Co. Kerry in 2021 and at Ranelagh Arts, Dublin in September 2022. She received an Agility Award from the Arts Council last year which has helped make this ‘DOCKLANDS’ exhibition possible. Earlier in 2022 Celina Buckley was selected as a finalist on SKY Landscape Artist of the Year (UK and Northern Ireland) when she submitted one of her DOCKLANDS creations with her application - The ‘R & H Hall’ collage. This piece will be included in her ‘DOCKLANDS’ exhibition and in spring, 2023 the series will be broadcasted on SKY TV.

HAVE YOU A NEWS STORY?

Contact the Editor by Email: leevalleyoutlook@macroom.ie



Now Open



We are looking for a 3-5 minute Film with a Irish language element
Open to Young Filmmakers
14 to 18 yrs
19 to 25 yrs

★ Closes November 14th ★
Film Screening & Prize Giving
December 10th

Entry Form

[www.chapelhillschoolofart.ie/
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Macroom History Group October 2022 Meeting

By Con Kelleher

Topic: 'The Garda Síochána in Macroom and West Cork – The Early Years' and a

Display: 'Macroom Gardaí photos, 1926-2016'

Garda Tom Daly has been stationed in Macroom since 2021 and he is also a Garda historian. On Monday October 10 in the Castle Hotel, Macroom, he shared his knowledge and delivered a superb talk. Dressed in the original Garda uniform and with various Garda items from bygone days on display he set the scene for his talk. Old photos were gathered from many sources but particular gratitude is due to Agnes Linnane, Jim Morris and Gerard Quinn for sharing so many. Altogether, Macroom History Group has a collection of about a hundred photos including pictures of Gardaí who served in the town in the 1920s.

The Civic Guards – the original name of the Free State police force and changed to An Garda Síochána in 1923 – was hastily formed in the turbulent times of the Civil War, in 1922. Michael Staines, a T.D., was the first commissioner. Understandably, but later seen to be unwise, he used the structures and many of the personnel of the disbanded Royal Irish Constabulary, and just recently the enemy. Uniforms were not available initially and when recruits were sent to Kildare, a mutiny ensued. This was precipitated by very poor conditions and food and by the presence of former RIC officers who were now in charge. Matters came to a head and the issue was settled reasonably diplomatically and without major conflict. Eoin O'Duffy became the new commissioner and Garda Tom then described very well this flamboyant, energetic and contradictory character. For example, O'Duffy promoted temperance but had an alcohol problem; he emphasised that the force was a Catholic force in a supposedly non-sectarian state. Non-smoking, exercise and speaking Irish were other pet projects of his but he was a heavy smoker, he did not have a healthy lifestyle and was not a fluent Irish speaker. Despite these anomalies,



Denis Lucey, Clondrohid and Mick Walsh, Clonfadda, Macroom looking at old photos at the Macroom Garda Talk. (C. Kelleher).

he proved to be a good commissioner in many other ways. Before the hand-over of power to De Valera and Fianna Fáil in 1932, many Garda records were destroyed.

Tom explained that the Gardaí had trouble first coming to Macroom; shots were still fired at them as late as 1925. After all, Macroom/Ballyvourney was the epicentre of IRA resistance to the Free State. When Macroom Workhouse was burned in 1920, the RIC Barracks was burned on the same day. A building in Masey town – a former Red Cross hospital – and later the residence of Garda Con and Kathleen Leahy and their family, was used as the first Garda Station in Macroom and it took several years before the old barracks was restored and re-used.

A brilliant PowerPoint slide display illustrated the great discussion. The large audience was engrossed and contributed much by way of points and some difficult questions deftly dealt with by Tom. Many in the gathering were former guards or their relatives, and their presence made the night. Before and afterwards, people enjoyed looking at the photos which was at once heart-

warming and poignant for the great servants of the state and for their families': both gardaí and their families sacrificed much in doing their duty. Tom acknowledged the problems and weaknesses of the Garda Síochána over the century; but then what organisation is perfect? In particular and overall, the Gardaí who served in Macroom have been generally extremely good indeed. As the photos showed, many made great contributions to the life of the town.

Seosamh Ó Críodáin/Joe Creedon introduced the meeting: Mick Walsh, Jerry Kelleher and Pat Sheehy ensured its smooth running. The venue was superb and, perhaps best of all, was the post-talk chat and renewing of old acquaintances. Garda Tom expertly enlightened and explained an important aspect of Macroom's history and for that he is due great gratitude. Thanks Tom.

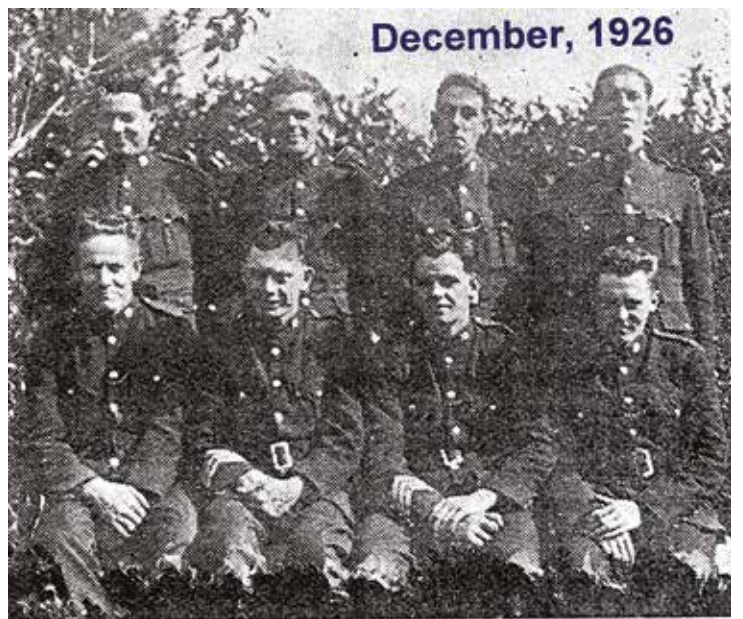
Macroom History Group's next meeting is:

Topic – 'Masey town: Its History' on November 14 at 8.00 p.m. in the Castle Hotel. All are welcome.



GATHERING OF MACROOM DISTRICT MEMBERS AT MACROOM STATION IN THE 1970'S.
 FRONT: L to R. J. CLIFFORD, J. LEARY, D. HENNY, K. P. DONNELLY, J. C. NYHAN, P. WHITE
 BACK: L to R. S. J. M'OLIN, J. BAILEY (SUPT), C. J. BERNE, J. BRADLEY, J. P. CONNOLLY, M. SHATTREY, E. SULLIVAN, J. F. MORRIS, T. J. M' SWEENEY, C. M' REILLY, M. M. MARRINAN, J. A. DONOGHUE.

Macroom Gardaí in the 1970s (supplied by Jim Morris, copied by C. Kelleher).



Macroom Gardaí in 1926 (supplied by Agnes Linnane, C. Kelleher copied).



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Applications for Phase 1 will be accepted via an online application portal from 12noon on 24th October 2022.

Further information including details on eligibility, mortgage and deposit requirements are available at www.corkcoco.ie








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Land Development Agency



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DROMLEIGH N.S.

It's all action at Dromleigh N.S. in the lead up to the Halloween break. We were excited to welcome All Ireland camogie and Gaelic football champion Brieghe Corkery to the school. Brieghe joined us to celebrate Food Dudes Week. She spoke about the importance of nutrition and enjoying treats in moderation for athletes in every sport.

Our Green Schools Committee was delighted to welcome new members to the team in recent weeks. The Green Team has organised a clothes recycling drive at the school. Bagged donations can be handed into the school (P12DY26) on October 20th, 21st and 24th between 9am and 10am and from 2pm to 3:15pm.

Senior students were also fortunate to enjoy a morning at The Gearagh nature reserve as part of our study towards our next Green Flag in Biodiversity awareness. Supported by the Heritage in Schools initiative and expertly guided by Mr



Dromleigh N.S. students enjoying their study of The Gearagh expertly led by Mr Teddy Cooke

Teddy Cooke, pupils had the opportunity to learn about the diversity of plant and animal life that thrives in our own locality.

Dromleigh NS Parents Association are hosting a Halloween disco on Friday 28th of October from 6:30pm to 8:30pm. Suitable for 6th class

students and under. Ghouls and goblins must be supervised. Come in your spookiest costume. Free face painting. Scarily good hampers to be won. Donations at the door. All welcome – if you dare! office@dromleighns.ie 026-46212



Dromleigh NS Green Schools Committee welcomed new members to the Biodiversity awareness team recently.



GAA Champion Brieghe Corkery visited Dromleigh NS recently to celebrate Food Dudes Week.



First Day of School for Junior Infants in Rylane National School



All Ireland Champions Visit to Carriganima National School



St. Mary's Fifth Year History class went on their History field-trip to Dublin. They visited Kilmainham Gaol, Arbour Hill Cemetery and then made their way to Dáil Éireann.



Muinefliuch middle room made some delicious brown bread recently. It was some of the "nicest bread" they've ever had!

Fibromyalgia - The Invisible Illness

Fibromyalgia creates a devastating condition characterised by widespread pain accompanied by sleep, mood, and memory issues. Women suffer the majority of these cases.

Most people affected by fibromyalgia jump from doctor to doctor looking for solutions to the pain and suffering.

The majority of these patients receive drugs designed to only treat the symptoms.

Research from a 2014 medical journal* found a direct link between the severity of fibromyalgia and the health and function of the spine.

The study proposed to evaluate the effects of one session

of a spinal adjustment on autonomic nervous system function and pain in a group of fibromyalgia sufferers.

The chiropractic adjustment effectively improved pain, sleep quality, depression, mood, and other fibromyalgia-related symptoms.

One treatment per week for twenty-three consecutive weeks decreased pain and positively influenced components relating to chronic illness and functional health capacity.

This particular study shows the positive influence of a spinal adjustment on patients suffering from a condition that has no cure.

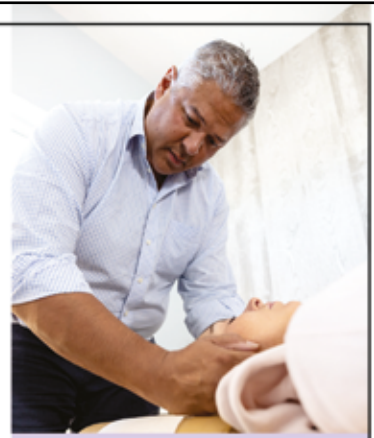
The human spine, brain, and

autonomic nervous system intimately connect in a powerful union able to produce optimal health better than any drugs or surgery.

Chiropractors do not treat or cure specific conditions. By removing interference to the brain and nervous system along with improving movement of the spine, the adjustment allows the body to heal itself.

"While Fibromyalgia patients suffer physical pain, perhaps their greatest pain is not being heard."

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of Optimal Chiropractic



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This includes documenting your history and taking scans to determine the exact cause of your symptoms.

Please call 021 487 8465 to book your appointment.

Please Note; When you ring to book this special offer our team will request €40 to secure the appointment. Thank you.

*Rehabilitation, Research and Practice Published online 2014 May 29 "Effects of Posteroanterior Thoracic Mobilization on Heart Rate Variability and Pain in Women with Fibromyalgia" Michel Silva Reis, João Luiz Quagliotti Durigan, Ross Arena, Bruno Rafael Orsini Rossi, Renata Gonçalves Mendes, and Audrey Borghi-Silva

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CLONDROHID

CHURCH NEWS: Emergency sick call, please ring Fr. Jim on 085 8471249
Please note that the Parish Office at the Parochial House is open on Thursday mornings from 11am to 1pm

CLONDROHID COMMUNITY HALL AGM: This will take place on this Thursday night Oct 20 at 8.45 pm. All Clubs, Organisations should have representatives at this meeting, as well as individuals. This Community Hall is a superb facility that not every village can boast of, but unfortunately it needs people to work voluntarily to keep it running smoothly. A lot of improvements have been carried out over the last few years by a few dedicated committee members, but there is still more to be done.
Please support this AGM and in so doing you support the 'hub of the village'

SET DANCING FOR ADULTS: Alan is back, with sets, ceili, quick step and waltzing on Tuesdays 8pm to 10pm in Clondrohid Community hall. Every Tuesday night until Dec 13. €8 per night. Great nights assured. No better way to pass away a night, as long winter nights approach. Enjoy

CEILI FUNDRAISER IN AID OF DAFFODIL (NIGHT NURSES) IN MEMORY OF TEDDY KELLEHER R.I.P. This fundraiser for such a very worthy cause will take place in the Abbey Hotel on Sat night Nov 19 from 9pm. Music by the Abbey Ceili Band, plus music and singing session in the bar. Donations accepted at any stage

MILLSTREET VINTAGE TRACTOR RUN: A huge crowd attended the return of the annual Millstreet Vintage Club Carriganima Tractor Run in aid of C.A.R.T. rural transport service. An excellent display of tractors both old and new from near and far

were on display on last Sunday October 16. Light refreshments beforehand provided for a good start off to the day with a drivers raffle held before departure. Registration was held in "The Pub" from 11am onwards with the convey then travelling along a very pleasant route under the scenic landscape of Musherá and then returned to the village where they received a warm welcome from the general public along the route. On returning to Carriganima village they enjoyed a beautiful choice of homemade baking, sandwiches and soup served by a hard working team of volunteers. A massive thanks to each and everyone who participated and helped organise the event. The CART committee are extremely thankful to Millstreet Vintage Club for their continued support and exceptional experience in running a safe and enjoyable day. Thank you one and all.



Clondrohid's Active Retired with their cushion covers, which they completed to perfection. A big Thank you to Catherine, their tutor



Gaeltacht Mhuscraí jewellery stand, (C. Kelleher).

Séipéal Cuil-Aodha, ceiliúradh 150 bliain



An tAthair Seán agus an Easpag le Muintir Mac Gearailt.



An tEaspag Crean ag gearradh ciste leanaí ó Cuil-Aodha. pic le Nóra Uí Luasa.



Winnin Uí Loinsigh agus Kitty Uí Ceilleachair ag an ócáid speisialta. pic le Nóra Uí Luasa.

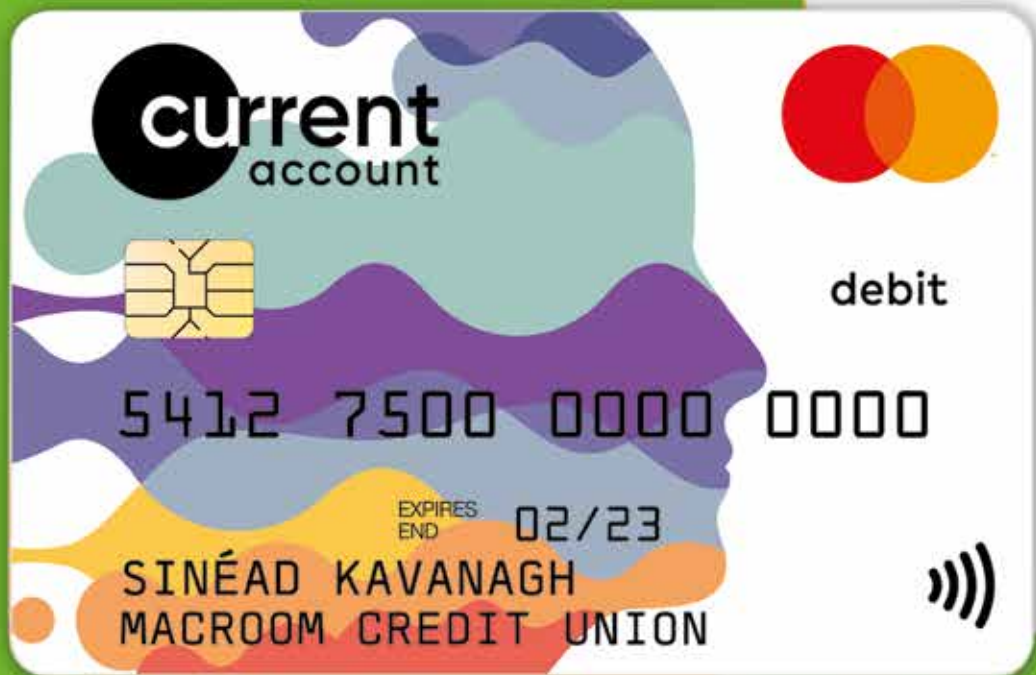


Winnie Lynch agus Kitty Uí Ceilleachair. pic le Nóra Uí Luasa.

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Kilmurry Active Retirement Association News

That special gift

Go on, go on, go on! You know you want to. Isn't it so hard to get that perfect gift for a loved one, or for ourselves, at Christmas. I don't mean some new-fangled gismo but a Christmas gift that is fitting for Christmas. A gift that elucidates its meaning. So, what is it that you would want? Something that is uniquely special, something that has history to it, steeped in our language and our culture, nostalgia, a product of voluntary community effort, a collector's item, something you can treasure and pass down the generations, but at the same time something you can do that is of real meaning now. Well, this year you have your chance! The very, very, last copy of our publication, 'Much loved Songs from the Past as Gaelige' is going up for tender with the proceeds going to the Alzheimer's society.

Can it be true? Is it a scam? No. It is indeed the last copy to be sold, certified by Breda O'Connell, our Chair, Ciaran Lynch, Adult Education Officer Cork ETB, and with the political imprimatur of Cllr Eileen Lynch, Cathaoirleach, Macroom MD. So, please email, text, or call with your tender to 0894057676. If you are winning at 8pm on Sunday 27th Nov, you will be happy, if you don't win you will be happy too and can rejoice that something more is making its way to a great cause.

A very satisfying night was the 11th of October. We were able to hand over a cheque of €775.50 to Vanessa Bradbury from the Alzheimer's society. This was the profits from sales of the books that had sold out (almost!) and enhanced by the generosity of those that attended on the night. The night started with a lovely performance, the first, by a new singing group, 'Celebration of Life'. They sang a medley of Irish songs. Presented lovely, sounded in tune, no hissing, no missing, no spluttering, ran smoothly. Just what I had been looking for, to no avail, for my next car! A highlight of the night were the few words by Kathleen Barrett, who took the initiative to form the group. Her vision was to provide everyone who had lost a loved one or felt separated during covid, to leave their troubles at the door and rejoice in each other for a short time together. Their final song, that she introduced, - 'For just a little while' was poignant, encapsulating their mission. Luckily, you

are welcome to join the group, everyone leaves with a smile, as we were smiling on that night too.

When Vanessa spoke to us, one thing that surprised us initially was that one of the highest risk factors for Alzheimer's is deafness. Of course, when you think of it, it makes sense. It has nothing to do with deafness per se, but the loss of social connection and stimulation that is common as a result. It does highlight just how important social connection is, and how important it is to get over ourselves and our avoidance of others in trying to hide our new disabilities or difficulties.

Resist the temptation to put image above health. If you are beginning to lose hearing, do what you can to ameliorate the loss. But please don't disengage. Even if you find hearing difficult the brain keeps stimulated in the presence of others, as much of our communication is non-verbal. It is perhaps one of the most important things that one can do to slow Alzheimer's and dementia.

The songbook has proven to be a great success. We owe thanks to Breda, Ciaran, Eileen, and Vanessa all of whom spoke, and to you who turned out on the night. Thanks too to Cork County Council and Cork ETB who provided sponsorship to our project. Thanks, most of all, to Phyllis O'Mahony, the force behind this project, and the team she put together to bring it to fruition. A big thank you will go to you too if you are a tenderer for that final copy!

Most of us eat a dinner every day. If you want to eat yours with us, the Lee Valley Golf & Country club on Sunday 27th November is the place to be for our seasonal celebration. The Southern Region of Active Retirement Ireland is having a Christmas party too. It's on Dec 5th in the Springford hall, Mallow, and a bus is available, but you need to get booking your seat on that now.

We are starting a ceramic art class with Helen Quill, Tuesdays at 8pm in the museum. Unfortunately, for this one, you must be a member as spaces are limited. If interested, you may contact me to join.

Our thanks to Coachford ARA, who had invited us to go bowling there on Monday mornings. If you still want to try it out, contact me.

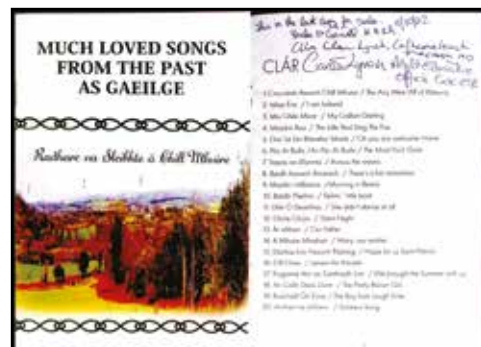
On Wednesday mornings at 10am, there is an aqua aerobics class for Active Retirement groups in the

Castle Hotel. Our thanks are due to them.

On Wednesday afternoons our ACT (Activities, Chat and Tea) sessions are continuing. The course on Tai Chi, Yoga, (& Chair Yoga) meditation, followed by tea chat and talks on nutrition, sleep, stress and supplements will have ended 19th October. Our thanks to Rose McCarthy. It was well received by all. We are delighted to be having a talk on 'safety in the home' by Garda Orla Doyle on Oct 26th in the Heritage room in Kilmurry museum. All welcome (non-members €5).

The Staying Fit for the Future courses given by Cork Sports Partnership restarted both in Kilmurry on the 26th and Crookstown on the 29th of September. If you have friends who would like to join into the programme, new participants are welcome to contact me, and I will see can we still have them included.

Our association is open to all. Our philosophy is that age makes no difference, but health does. So, let's do what we can to keep healthy and challenged in body and in mind. Perhaps consider joining us or another organisation in your area. We are better together, and it is easier. You will be kept as busy as you choose to be and positively engaged in your community, and we think you will enjoy it. For more information contact Aidan at 0894057676 or aidanpbarry@outlook.com



The last copy of this Song booklet is up for tender, by Kilmurry Active retirement group and the proceeds are for the Alzheimer's society



Kilmurry Active retirement group 'Celebration of Light'



Kilmurry Active retirement group Presenting a cheque for €775.5 to the Alzheimer's society

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BANK HOLIDAY HALLOWEEN WEEKEND

SATURDAY 29TH OCTOBER:
70'S FANCY DRESS PARTY
Strictly over 21's
Loads of spot prizes

SUNDAY 30TH OCTOBER:
The Brilliant **RUSSIAN ROULETTE**
Band at 9pm.



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The Macroom and District Environmental Group

Think Globally, Act locally

What Environmental Lessons Can We Learn from the Last 100 Years?

Continued ...

As those at school around the 1930s grew up in a fledgling state with no television, phone or internet, they listened to the stories and gleaned the news of the day from people they met. This education taught them the art of conversation, and how to be a good listener. No amount of Internet learning can compensate for that. They knew and internalised the meaning of many passed-on sayings that are in danger of being forgotten e.g. "There is no fireplace like your own".

Children, Clergy, Women and most men would generally have been treated respectfully when spoken of. We know now that words can hurt and leave unseen scars. The people speaking with Catherine feel strongly that the everyday normalisation of bad language has demeaned conversation.

Entertainment was free and home-grown, often involving listening to a musician in the house if one of a family could play. Maybe a neighbour would play the fiddle or melodeon for a house dance. Many a set dance was had in kitchens big and small. During Lent, when dances were forbidden, people played cards and, in some areas, drama flourished with local plays being put on. The older people speaking with Catherine remember the great fun to be had, when they saw some local person take on a funny or serious role totally at odds with their own personality. Crime was rare they felt, mainly involving not having a light on one's bike or the finding or making an illicit drink! However, the making of Poteen was what kept at least one family I know from starvation.

Far from the cameras, electric gates and monitored burglar alarms we are familiar with today, there was an expectation and trust that most people were good, and worthy of friendship and help, if they needed it.

Doors were never locked, and a friend or stranger was always made welcome.

The local village was all-important in rural areas and people walked, biked or rode there and looked forward to the outing. Food and necessities were local, and everyone bought locally. The village shops did a roaring trade, as did the local towns when farmers went to fairs there. An elderly woman told Catherine that when she was young, her parents would send her off to the local mill. Her family had their own wheat to grind and this would be used for home baking. She told her also how when some parents were busy with other work, children would take the milk to the creamery before going to school, and the horse or donkey would be collected later by the children's mother.

Sewing-class was an important education at the time, and a favourite of many girls, where they learned to knit and sew. This was an important skill as clothes were mended, socks darned and jumpers and cardigans knitted. Women often knitted all the cardigans and jumpers worn by their children. Material came from pure wool and cotton. All was natural. Garments were passed down from sister to sister to cousin. True recycling! New or newly made clothes were kept for 'good' wear such as Mass on Sunday or for special occasions. No 'throw-away' or 'wear only once or a few times' clothing existed. It was very different from the fast fashion of today

based heavily on non-recyclable synthetic material, which as it does not degrade naturally, and causes problems with mountains of unwanted clothes. There is a currently a photograph on a wall in the Chapel Hill School of Art showing an early sewing class run by the nuns in the convent.

Schools were heated by an open fire and children brought sods of turf in winter to heat the large classrooms. Catherine was told how they used to take it in turns to stand by the fire to keep warm. Lunch was homemade soda bread and a bottle of milk. Food was simple and wholesome. Sweet cakes were only for Christmas. Sometimes a current soda bread cake or apple cake would be made for a birthday or visitors. As time moved on, sweets were served from a glass bottle and you could buy many sweets for a penny. But pennies were money in the old days, and not so freely thrown around. Prices went up very slowly and every increase was greeted with dismay. People haggled, and many arguments were had before people parted with hard earned money.

It is easy to see how obesity and diabetes were not an issue in those times of minimal food and healthy exercise. Cutting turf was done by the hand Slean. There was no fear of the bogs running out. The hard work of cutting turf meant people extracted only as they needed. The cutter was careful to put back the top sod, before opening the 'bank' to extract the turf. This meant that the bog was preserved. Maybe not all these workers were aware that by using the bog respectfully, they were preventing flooding and erosion, but that is what such reverence for nature achieved.

In 2022, we know that large machines take a greater yield, but damage the bog. We are becoming more aware than our ancestors, that bogs collect and hold carbon. What was recently maligned is now seen once again as a treasure.

Many houses have been warmed by turf over the last hundred years. Cooking and baking has been done on an open fire with the dry hard turf from the bog. The job of turning and saving turf was left to women in the main. Many women stayed home when leaving school. They had no shortage of work to do there, but selling turf was the men's job. Women married from home, and the tradition of taking a dowry led to serious negotiations before the wedding! Sometimes a Matchmaker was called upon.

Many men and women emigrated to England or America dreaming of a better life. While they dreamed of coming home, very often they made a life away and only came home on holiday if they could afford to. Time moved on fast and when emigrants came home, they found the old ways had gone. Catherine was told how some returning emigrants found it hard to reconcile this 'new' Irish life, with the ideal Ireland they had experienced during their childhood.

Catherine was encouraged to think of a life when water for the house was drawn from a well, sometimes a distance away, when cooking and baking were done over an open fire fuelled by turf from the bog, and firewood if available, when there was no running water in bathrooms, no washing-machines, and the dishwasher was yourself!

Improvements in modern conveniences made a huge difference especially to the lives of women.

The advent of electricity, starting around the middle of the last century, changed life completely.

Suddenly cows who had been milked by hand were attached to the amazing milking machine. When this happened, farms became almost industrial units allowing more cows to be milked in record time.

The move into this current century has seen a big decline in faith and religion. There is at the same time an increasing interest in sport and recreation. Sunday had always been a Holy day, reserved for religious service and only essential work. It had been a day of rest to recuperate from the weeks work and see one's neighbour or visit relatives. Faith and religion were part of life in the old days, and visiting Holy wells and Mass attendance were very important. Many older people still do tremendous good, like Father Kevin, who at 87 years old, and now retired, has provided meals for the homeless for 50 years. Some older people remembered how they missed people when they were not seen at mass, and would follow up their absence, enquiring about their health and asking if they needed any help. It seems that these important aspects associated with religion could be lost.

Many of the older people spoken to were saddened to see less religion practiced by the young people and their parents, though they accept there is a good attendance at weddings and funerals. Greater education seems to have given people the freedom to choose and question, before they believe, and of course there are not the consequences for not attending services which there would have been in the past. Catherine was told how the older people find that everyone is rushing around with no time to talk, and she thinks they are correct in this opinion. Sunday was a 'free' day, a day of rest for all. Now shops are open and there is no change from any other day of the week. Mental stress is rampant, yet advice to relax and take a break is ignored. The day of rest it seems, is overshadowed by the need to make money.

Catherine concludes by saying she has shared a journey through only a small number of the changes that have occurred during the last one hundred years. There have been many more. The elders in our community have experienced these changes for real throughout their lives. They have gained patience and tolerance, by enduring challenges and experiencing joys. They have played an important role in shaping and crafting the world we inhabit today, well-deserving of our respect and support. They have brought their energy, experience, and wisdom to work, family and community.

In this celebrity-driven time they are the quiet heroes among us whose lives hold great stories. We have much to lose, if we do not listen to them.

Catherine exhorts us to think of our contributors as people not with old age but with great age, and having shared her findings I humbly agree.

I feel very fortunate to have gain information from Catherine as she has been able to scratch the surface and share with us stories and views of those who are nearly as old as the Irish state.

Remember you can contact the Environmental Group by emailing macroroomenv@gmail.com You can find the Macroom District Environmental Group on Facebook.

If you or anyone you know would like to contribute an environmental article to this publication, please contact me at chrisleevalley@gmail.com



Railway View

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SUNDAY/BANK HOLIDAYS 11AM-4PM



INDEPENDENCE MUSEUM KILMURRY



Sighle Murphy with portrait of her aunt, Kate O'Callaghan at Independence Museum Kilmurry

On Friday 30th September, Kilmurry Historical & Archaeological Association, hosted two special performances at the museum based on Karen Minihan's book – Extraordinary, Ordinary Women – Untold Stories from the Founding of the State.

The first performance of the night used storytelling, songs, and poetry to present the stories of thirteen ordinary West Cork women who, like many other women throughout Cork, made a huge contribution to the founding of the State.

The second performance of the night was a short play titled Home Rules performed by the acclaimed actor, Pauline O'Driscoll. Pauline is a native of Bandon and has spent much of her career training and performing in the UK & USA before returning to Ireland. The play is based on the story of one of the women in the book, Rose O'Connell, who managed the family business, her household and her two sons at the time of the conflict.

After the play, a portrait of Kate O'Callaghan, originally from Kilmurry who was a T.D in the 2nd Dail (1921 – 1922) was unveiled by Kate's niece, Sighle Murphy. This portrait has been painted by local artist, Jack Cornhouse.

Kate O'Callaghan, teacher, and politician was born 11 October 1885 in Crossmahon, Lissarda, Co. Cork, daughter of Cornelius & Julia Murphy, farmers. Educated at St Mary's Dominican College, Dublin, she obtained a BA from the Royal University of Ireland and a diploma in education from Cambridge University.

In 1912 she moved to Limerick, where she succeeded her sister, Mary O'Donovan, as senior lecturer in education at Mary Immaculate College of Education, a position she held until 1914, when she was replaced by another sister, Eilis Murphy. Kate was a founding member of Cumann na mBan



The KHAA Michael Collins Bus Tour Group outside Diamond Bar (previously Longs Pub) Beal Na Blath

in Limerick

On 30 July 1914 she married Michael O'Callaghan who served as Mayor of Limerick in 1920 and who was shot dead at his home on 7 March 1921, by members of the Black and Tans. His successor as Mayor of Limerick, George Clancy and a Volunteer, Joseph O'Donoghue, were also killed the same night.

Kate O'Callaghan refused to attend the military inquiry into their deaths, believing it to be a farce; she wrote back to say that she would only appear at an inquest conducted by her own countrymen.

Elected unopposed to Dáil Éireann as Sinn Féin candidate for Limerick City–Limerick East in 1921, she was one of six women TDs in the second Dáil, all of whom voted against the Anglo–Irish treaty.

In her speech against the treaty, delivered on 20 December 1921, she stated that she had been a separatist since girlhood and wanted to see an independent Ireland, outside the British empire.

At home, her younger sisters and brother were active in Cumann na mBan and IRA in their native Kilmurry.

Kate O'Callaghan introduced a motion in the Dáil on 2 March calling for 'the equal admission of Irish women to the Parliamentary Franchise on the same terms as Irish men' before any vote on the Treaty was put to the electorate. She reminded the deputies that the proclamation of Easter Week had promised a government 'elected by the suffrages of Irishmen and Irishwomen.' The defeat of this motion helped to reinforce many women's opposition to the Treaty settlement.

Re-elected as a republican candidate for Limerick City–Limerick East in 1922, she was a member of the anti-treaty council of state formed by Éamon de Valera in late 1922. De Valera wanted her to undertake propaganda work in Australia

in 1923, but she was arrested and imprisoned in Kilmainham jail, where she joined a republican hunger strike.

Defeated as a republican candidate in the Limerick constituency in 1923, Kate retired from active involvement in politics. She returned to Mary Immaculate College (1924–1928) as a part-time supervisor of student teaching practice in schools in Limerick city. A fluent Irish-speaker and a member of the Gaelic League, in later life she was very active in cultural circles in Limerick.

Michael Collins Bus Tour

Due to popular demand, KHAA ran a third Michael Collins Bus Tour on Sunday, 2nd October retracing the route the Collins convoy took through the parishes of Kilmurry, Newcestown, and Ovens on the morning and evening of that fateful day. Local historian, Sean Crowley gave a detailed account of the ambush at Beal Na Blath after which the tour followed the route taken by the convoy back to Cork City.

UPCOMING EVENTS

On Thursday, 27th October at 8 pm at the museum, our winter lecture series will commence with a talk entitled "Women of the Irish Revolution" by local historian, Mary O'Mahony.

The following week, Thursday, 3rd November at 8 pm the eagerly awaited second book entitled Fallen Leaves by local author and historian, Bridget Goulding will be launched by Mr Michael O'Flynn, CEO O'Flynn Group at the museum. All are welcome. Museum open from 6.30 pm for book sales.



Above: Bridget Goulding will Launch her latest book at 8pm Thursday 3 rd Nov., by Michael O'Flynn at Independence Museum, Kilmurry – open for book sales from 6.30pm.



Left: Councillor Gobnait Moynihan, Artist Jack Cornhouse, Sighle Murphy, Mary O'Mahony & Noel Howard Independence Museum Kilmurry

BALLINAGREE SCARECROW FEST

BALLINAGREE VILLAGE, HALLOWEEN WEEKEND
FRIDAY 28TH to SUNDAY 30TH OCTOBER

FRIDAY

- Children's Fancy Dress Parade @ 6pm
- Followed by Official opening by Councillor Eileen Lynch
- Children's Disco afterwards in Marquee.

SATURDAY

Activities from 2 - 6pm include:

- Face painting
 - Fun children's games
 - Eco shop with fest souvenirs
 - Scarecrow trail
 - Treasure hunt
- Music in The Laine Bar by Blackwater Sound from 10pm

SUNDAY

Activities from 1 - 6pm include:

- Animal roadshow - featuring exotic animals
 - Face painting & children's games
 - Scarecrow trail & treasure hunt
 - Balloon Modelling
 - Ticket draw
- Adult Fancy Dress & Music in The Laine Bar by Tremolo from 9pm



Raffle tickets on sale all weekend, great prizes to be won

Tea/Coffee and Cakes available

Proceeds of the Fest will be donated to Ballinagree Development Company and the Irish Community Air Ambulance



Cash prizes for the best Scarecrow so get creative!

For more info contact Stephaine: 083 4002806 or Kathleen: 086 3356637

Best Wishes to Gerard Coakley

Gerard Coakley began his teaching career in Scoil Barra, Beaumont in 1981 and then moved on to Scoil Barra in Ballincollig.

He was appointed Principal of Rusheen National School in 1992. It was then a two teacher school. He worked closely with Eileen Deasy in those early years and the school grew, firstly to a three teacher and later to its present incarnation as a five teacher school. Multi tasking was necessary in those days so Gerard would have been teacher, principal, secretary, cleaner and counsellor, ably assisted by Eileen! Despite the huge workload Gerard "ploughed on" as he would say himself and as pupil numbers increased he oversaw construction of two new classrooms, a learning support room, resource room, staff room and office. He could often be spotted up a ladder himself, paintbrush or hammer in hand or busying away in the school attic! In recent years he took great pride in our award winning school garden being such a nature lover himself. He made sure the wild birds were fed every morning also! He embraced all new initiatives with his infectious enthusiasm be it curriculum changes, environmental and well-being programmes etc. Technological advances during his teaching years saw him exchange chalk and blackboard for the iPad and interactive whiteboard. Such was his reverence for embracing these accelerated advances he could sometimes be heard invoking a saint's name or higher while struggling with a broken cable, lost password, slow internet or blown whiteboard bulb!

His outstanding leadership qualities were never more evident than during the Covid 19 time of remote learning and the implementation of many changes in the day to day operation of the school when pupils returned to the classroom. His steady, practical stewardship kept us all calm in stormy waters.

Gerard is an extremely proud Aghinagh man. He instilled a great pride of place in generations of pupils and made sure they were given the opportunity to traipse all over the surrounding landscape to experience the parish's rich historical heritage, wellies and lunches at the ready! When Aghinagh finally won the Mid Cork Junior football championship in 2021 it was an extremely proud native son that welcomed players and cup to the



Gerard Coakley Principal of Rusheen National School retires after 30 years of service

school, Gerard himself having trained many of the players both in Rusheen school and on club teams. Gerard put his heart and soul into providing as wide ranging and holistic an education as possible for every student in the school. Each child's development and wellbeing was central to his teaching philosophy. He provided numerous opportunities for the pupils to experience a wide range of extracurricular activities such as football, hurling, soccer, rugby, Irish dancing, gymnastics, speech and drama, music, gardening, Green flag programme, Active flag programme, Quizzes, local history tours, Scór, school concerts etc. He put great emphasis on finding something for each pupil to experience success in regardless of academic ability. He loved nothing better than joining in with the pupils on activity based school tours or displaying his still silky skills in the annual end of year soccer match between 6th class and the rest.

As a staff we think of Gerard first and foremost as a great colleague and friend. He always praised his staff and would constantly deflect praise from himself. He was exceptionally loyal and supportive to us all. We like to think we would all go the "extra mile" for Gerard because he always did it for us. He would never ask us to do anything he wasn't prepared to do himself. The friendly, child centered family atmosphere in our school is testament to his leadership.

We had an emotional but memorable day in June just before the summer holidays to mark his last days in Rusheen. The whole school was involved in organizing a special performance for him.

Preparations were top secret but we managed to keep him in the dark! On that afternoon we gathered in our beautiful school garden. Gerard was invited to join us and the pupils provided a guard of honour for him. He was entertained with music, songs, dance and poetry from all the pupils. The highlight of the afternoon was a song especially written for him by one of our teachers, Mrs. O Mahony to mark his special day and sung by the entire student and staff body. It was full of funny anecdotes about his time in Rusheen and went down a treat. Present and past staff members spoke of their happy memories of working with him. Mr. Coakley then replied with some lovely words of his own.

Afterwards the children were treated to some light refreshments and later the staff enjoyed a wonderful picnic, sitting outside in the summer sun reminiscing about times past.

We wish Gerard the very best in his new chapter, he won't let the grass grow under his feet! We will miss our staffroom chats over copious amounts of tea but at least the tasty treats will be safer for longer! We will miss his kindness and good humour, his meticulous attention to maintaining the school buildings and surrounds but most importantly the carefully nurtured and wonderful atmosphere that permeates our school. That is Gerard's enduring legacy.



St. Vals U14 County Champions beating Bride Rovers in the Co. Final.



Chloe Hubbard - Rylane National School who won the North Cork U14 Road Bowling Final.



THE ALZHEIMER SOCIETY *of* IRELAND

THE ALZHEIMER SOCIETY OF IRELAND
IS OPENING A DEMENTIA SPECIFIC DAY CENTRE IN
MACROOM ON THE 18TH OF OCTOBER.

THIS WILL RUN EVERY TUESDAY FROM 10AM TO 3PM.

Our service users must have a referral form completed before attending.

- A place to enjoy a cup of tea and take part in social activities throughout the day such as Bingo and Music and enjoy a nice lunch.
- We take a particular focus on person centered care to ensure our clients feel at home.
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- We offer a wide range of activities including reminiscence therapy, music sessions, gentle exercises, arts and crafts and personal care.



For more information please contact:
Jerry Foley, Nurse Manager, Bessboro Day Centre, Co. Cork
Mob: 085-8565795 | Office: 021-4972504
E-mail: jeremiah.foley@alzheimer.ie

LEABHARLANN BHAILE BHÚIRNE

LIBRARY GROUPS NOVEMBER DATES.

Knit, Craft & Chat Group

Every Tuesday at 11am

Library Book Club Friday 11th November at 11pm

Creative Writing Group Friday November 4th at 4pm

Graffiti Theatre Company/An Sean Bhean Óg, Wednesday 2nd November 11.30am – Book Now!

Please note the Book Club is moving from the first Wednesday of each month to the second Friday of each month at 11am from November onwards. New members are more than welcome. The books are chosen by the group and are usually general fiction and the members suggest books of all sorts for reading. If you are interested but wondering is it something you'd enjoy just come along and check it out and you are under no pressure to return if it doesn't suit you.

Halloween is on the way, Oíche Shamhna, a night for a cosy fire, not too spooky a story and some tricks and treats. There was a bit of a gap between me and my siblings, 6 years to be exact, so when it came to Halloween I was left to my own devices. There was no going door to door in my day. There would usually be a bit of a party in school, sometimes we would be allowed dress up but there was no such thing as bought costumes. We were very inventive when it came to white sheets, black bags and old clothes! Face painting wasn't even a thing then! But we had fun. We half drowned ourselves in dishes of water doing Bob Apple and many a loose front tooth was lost while we tried to catch apples suspended from on high by string. The Barmbrack was centre stage at home though, I loved it. A nice slice with a generous spread of butter and I was usually the lucky one to get the ring, I imagine that had something to do with me being the youngest. Second helpings were a must. As the saying goes - it had a taste of more from it! So have a Spooktacular Halloween and enjoy the barmbrack.

Don't forget to book your place for the mid-term break presentation by Graffiti Theatre Company of their new play An Sean Bhean Óg in Leabharlann

Bhaile Bhúirne on 2nd November at 11.30 am. This tri-lingual play is great fun and suitable for children eight years old and over. It is a free event and to book a place please phone or email ballyvourneylibrary@corkcoco.ie with the child's name and age. Places are limited so it will be a first come first served situation!

For the past number of years Cork County Library & Arts Service has produced a calendar with artwork chosen for drawings entered in our annual calendar competition. Would you like to be part of our 2023 calendar? Well, now is your chance! We want you to draw us a picture with the theme 'Our Library: A Welcome For All'. There are three categories, under 7 years, 7-9 years and 10-12 years. There will be four winners in each category, so you have plenty of chances to win. All 12 winning pieces of artwork will be included in the Cork County Council Library & Arts Service 2023 calendar. So, the first step is to collect an application form from Leabharlann Bhaile Bhúirne, or your local library. The closing date for entries is Tuesday 8th November 2022, so you must have your completed drawing returned to your local library by then. Leabharlann Bhaile Bhúirne has been very fortunate to have quite a few winners over the past few years and this year it could be you!!

Le blianta anuas tá féilire curtha le chéile ag Seirbhís Leabharlainne & Ealaíon Chontae Chorcaí le saothar ealaíne roghnaithe do línóchtaí a cuireadh isteach inár gcomórtas féilire bhliantúil. Ar mhaith leat a bheith mar chuid dár bhféilire 2023? Bhuel, seo é do sheans anois! Ba mhaith linn duit pictiúr a tharraingt chugainn leis an téama 'Ár Leabharlann: Fáilte Do Chách'. Tá trí chatagóir ann, faoi 7 mbliana, 7-9 bliana agus 10-12 bliana. Beidh ceathrar buaiteoir i ngach catagóir, mar sin beidh neart seansanna agat buachan. Beidh gach ceann de na 12 phíosca bhuaiteacha ealaíne i bhféilire 2023 Sheirbhís Leabharlainne & Ealaíon Chomhairle Contae Chorcaí. Mar sin, is í an chéad chéim ná foirm iarratais a bhailiú ó Leabharlann Bhaile Bhúirne, nó ó do leabharlann áitiúil. Is é Dé Máirt 8ú Samhain 2022 an dáta deiridh le haghaidh iontrálacha, mar sin ní mór duit do línócht chomhlánaithe a chur ar ais chuig do leabharlann

áitiúil faoin am sin. Bhí an t-ádh le Leabharlann Bhaile Bhúirne go bhfuil roinnt mhaith buaiteoirí le feiceáil san fhéilire le blianta beaga anuas agus b'fhéidir gur tusa a bheidh ann i mbliana!!

There is a computer available for public use in Leabharlann Bhaile Bhúirne. Library members are invited to use the computer between 10 am and 12.45 pm and between 2pm and 5.15pm on Tuesday, Wednesday, Friday and just the morning session is applicable on a Saturday. Computer sessions are generally 55 minutes long. If you want to book a specific time, please contact the library by phone or email at ballyvourneylibrary@corkcoco.ie, otherwise usage is on a first come first served basis. A printing service can be availed of from the computer with black and white A4 prints costing 15c and colour prints are 60c per A4 sheet. There is also a remote printing service available, leaflets on how to avail of this service are available at Leabharlann Bhaile Bhúirne. If you will be using audio while using the computer please bring your own headphones with either a USB connector or a single pin connector, like those on headphones that are suitable for use with mobile phones. Leabharlann Bhaile Bhúirne will be **CLOSED** on Saturday 29th October as it is a Public Holiday Weekend.

*From ghoulies and ghosties
And long-legged beasties
And things that go bump in the night,
Good Lord, deliver us!
Traditional Scottish Saying*

Am Oscailte /Opening Hours

Dé Máirt, Dé Céadaoin, Dé hAoine

Tuesday, Wednesday, Friday

10am to 5.30pm

(Dúnta/Closed 1.00 - 2.00pm gach lá/daily)

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Closed every Monday & Thursday

*Dúnta ar Shatharn Deireadh Seachtaine na Saoire Poiblí

*Closed on Saturday of Public Holiday Weekend
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Macroom District IGG at the launch of their bench in the Castle Demesne



Georgian women displaying their native cuisine in the food tent. (C. Kelleher).

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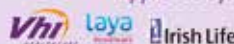
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UIBH LAOIRE

Ukrainian Night

A very pleasant night was held in Creedon's Hotel, hosted by Croi na Laoi and the Creedon family, when our new residents from The Ukraine were treated to a welcome and an entertaining night of music, song and story-telling. Joe Creedon acted as master of ceremonies and it appears both locals and newcomers enjoyed the night extremely well. Well done to all involved for the kind gesture. And well done to all who have seen to it that they have clothing and footwear for the winter ahead. And well done to those who have helped them settle in, given advice and provided them with English classes etc.

Congrats

Tracey Cronin from Inchigeela, representing the Iveleary club, came first in the recitation category with her presentation of "The Cottage" in the Cork County Scór competition. This qualified her for the Munster finals where she gave a great performance, narrowly missing first place by just one point. Tracey is a multi talented young lady of whom we are very proud and she has achieved many wins in music, singing and recitation in the past and is assured of a great future.

Startrek in Inchigeela

Inchigeela was the base for the new season of the Motorsport Ireland National Navigation Championship last Saturday night with the "Startrek" Navigation trials which covered over 80 miles in challenging terrain and poor weather conditions. Well done to the Mallow/Drinagh combination of Derek Butler and Denis O'Donovan who scored highest marks, losing only 5 points.

They beat reigning champions, Shane Dalton and Ryan Treanor of Monaghan into second place while Ger Collins and Patrick O Sullivan came 3rd overall and first in the semi-expert category.

Bingo

Inchigeela hall hosts Bingo every Friday night at 8.30 sharp. Snowball this week is at €125 on 50 calls. Give it a go.

Cards

Every Sunday night at 8.30pm sharp. Inchigeela hall.

Inchigeela Hall

A public meeting will be held in Inchigeela Hall on Nov 15th to meet an Engineer who has been employed by Croi na Laoi to do a feasibility study on the hall and to advise on what action we could now take on its future development. This study has been completed and the public will have the opportunity to ask questions and to offer opinions on the future of the building. It is very important that everybody has a chance to show support and have an input into the proposals of the undertaking.

Thank You Night

There is a night planned to say thank you to the volunteers who generously gave of their time in the successful preparation and running of the Inchigeela festival. Saturday 3rd of December is the proposed night - so put it aside.

Christmas Booklet

The annual Croi na Laoi Inchigeela Christmas news letter/booklet will be compiled shortly. We welcome contributions of stories, musings, songs, poems etc or matters relating to times past.

Previous booklets have been very successful so lets make this edition even better.

Music Lessons

Lessons are available on Fiddle, Tin whistle, Harp, Piano and Musical theory. Call Deirdre on 0851011757. Classes for all ages.

Coiste Forbartha Victory

The local development group in Ballingearry are celebrating success in their campaign to stop the development of a wind farm of 7 ridiculously tall wind turbines, battery banks and other unsightly works in the hills near Gougane Barra. Cork Co Council had turned down the planning application, yet An Bord Pleannála still gave permission to proceed- even against the advice of their own senior inspector. The local objection was joined by supporters not just from Ireland but from all parts of the world who were dismayed at the possible violation of our natural beauty spot. There was great rejoicing indeed when the High court announced that the objection case was not being defended, meaning that the development would not proceed. Sanity prevailed.

Active Retirement

An active retirement group is in the process of being set up in the parish. The success of the groups in the surrounding parishes should encourage us to support the idea. The aim is to help retired people to live an active and full life. Groups organise such events as social evenings, travel, hobbies and much more. A meeting is held this week to get things started. So, look out for information and please support.

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James Quill

We hear an awful lot these days in the news regarding ongoing trade union conflict in Great Britain regarding the cost-of-living crisis, as well as strike action, a trend that is following suit here in Ireland. We have also been well-informed of Mick Lynch's Irish roots, particularly his links with Cork city and county through his father. Yet, how much (or more likely, little) do we know about one of Ireland's most prominent sons in this area, who himself was a native of the Lee Valley region?

James Quill, a UK trade union federation figure and textile businessman, was born in Clondrohid, circa 1891 to Daniel and Mary Quill, who had married two years earlier. He was the eldest sibling of Timothy Quill, the renowned early Labour TD, co-operative pioneer, hon secretary of the Cork Trades Union Council, and large farmer. Growing up, James found himself in the centre of the Irish Land and National League Movements and was a regular attendee at big demonstrations addressed by famous speakers (such as D.D. Sheehan MP), who were connected with the growing Irish labour movement. In his late teens, Quill moved to England to enter the cotton industry and commenced work at the Elder Mill, Romiley.

He later became a businessman and served as vice-president of the Hyde Textile Society. Quill was a member of the Anglo-American Cotton Spinning Productivity Team which travelled to the USA in 1949 to collaborate with American partners on development of the industry. He was a member of the board of the Hyde Local Employment Scheme and Court of Referees. During WWII, he was a member of the British Red Cross' Penny-a-Week committee and the Anglo-Russian Friendship Committee, following Russia's switch to the Allies. A prominent trade union leader in the cotton industry, he served as a trustee (legislative council) and on the executive council of the United Textile Factory Workers' Association, one of Britain's largest trade union federations at the time, and served as a trustee and executive council member of the British Cardroom Amalgamation, meaning that he served as a trustee of two federations in total. Quill spent over forty years active in trade union and labour work. He was one of the signatories to the national Apprentices Agreement in 1926. In 1945, Quill was appointed a member of the British Government's Evershed Commission by Sir Stafford Cripps MP, President of the Board of Trade (equivalent to the Minister for Enterprise) to make recommendations on wages, arrangements and methods of work in the cotton industry, and later he was one of the negotiators of the Aronson Agreement, which became the wages structure for his section of the industry. In 1946, Quill was one of the signatories to the forty five hour national week agreement in the British cotton industry. He was a signatory to three national agreements with the British government in total. Before the end of WWII, he was part of a trade union leadership delegation which presented plans for the socialisation of the British cotton industry to Sir Stafford Cripps MP, when the war officially concluded. As a trade union negotiator, he often met British government ministers in London between the 1920s and 1940s. He served as a negotiator in several trade union disputes with cotton barons, which threatened to shut-down the British Empire's cotton industry.

On one occasion, at talks in the largely populated borough of Oldham, Sir William Wheeler, a former Lord Mayor of Manchester, acted as an independent chair and arbitrator between the two parties.

Before the coming of the National Health Act in 1948, Quill was a member of the North-West England Area Board for the Insurance Section of the Card, Bowling and Ring Room Association, and he was a skilful negotiator in compensation matters. Under the new insurance scheme implemented not long before his death, he was appointed a member of the Hyde and District Local Advisory Committee. Quill also served on the Recruitment and Training Committee of the British Cotton Board. He served as secretary of the Hyde Blowing and Ring Room Association for twenty five years. He was listed as a member of the Hyde club and Bredbury clubs of the British Labour Party, and acted as a chief for the party in elections for the Manchester Corporation and other top-tier local authorities in north-west England. He briefly ventured into politics himself at a local level, unsuccessfully running for Hyde Borough Council. Like his younger brother, he was a devout Roman Catholic and staunchly anti-communist. Locally, he was involved with St. Paul's Roman Catholic Church, Hyde, where he was highly esteemed. He died on 24 December 1949, leaving behind a widow. His first wife died in 1936, and he had to receive express written permission from the office of Pope Pius XI in order to marry her sister. His only son, John, was a member of the British Navy and died in 1941. John corresponded with his uncle Timothy, and, perhaps sharing his uncle's renowned eloquence with words, penned a 600 word survey titled 'Macroom - the Capital of Muskerry'. Following James' death, the 'Manchester Evening News' wrote that "cotton industry trade unionists have lost one of their leading negotiators." Several of Britain's trade union leaders were present. Quill was one of the best known individuals in the densely populated English ceremonial counties of Cheshire and Lancashire during his lifetime, and perhaps one of the most prominent Irish people in the history of 'modern' British politics to be based in Great Britain itself.

Also major new source discovered - Former Conservative Party British PM, Winston Churchill, is known to have personally expressed his annoyance towards James Quill ahead of the 1945 British General Election for his detailed proposals to socialise the British cotton industry, particularly due to its importance to the British Raj in India. The British Labour Government moved to enact Quill's proposals following their victory that year ('Obituary, Mr. J Quill' - UTFWA Year in Review, 1950).

AN ODE TO JIM QUILL

Not too long ago

We lost a man Who left Eire for Hyde

A diamond in the rough

One hero of our side

Jim Quill he was named

A natural union leader

One could not be blamed

To follow this avid reader



Lee Valley's forgotten British trade union leader James Quill

*He lead the cotton workers
And the factory hands too
All those years fought at the top
How his life just flew*

*Trusted by his old pal Cripps
To guarantee the dignity of labour
Rest in peace, Jim Quill
You freed us from our slaver"*

— Unknown author From the Cardroom
Amalgamation

Source: <https://quotepark.com/quotes/2134389-an-ode-to-jim-quill-not-too-long-ago-we-lost-a/>

*REMEMBER OLD TIM QUILL
In the moneylenders' offices
The clocks are standing still
As leading the workers here in Cork
Is our old man Tim Quill*

*Known for his eloquent oration
When he heads the Cork Trades Council
He devises every selfless action
For the welfare of the nation*

*In '22 democracy
Was promised to us all
Yet if it wasn't for the Co-op
That dream it would just fall*

*Some say his Friesian herd
Is the most prolific of the lot
Yet the needs of the most desperate
Quill has not forgot*

*Under the present order
We're left with debt and slums
Until then we follow Timothy Quill
And his marchers' fine ol' drums"*

— Sean O'Connor Primary source Source: Scrap print from Irish Labour history group



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I was just a pup when we first met, I loved you from the start, You picked me up and took me home and placed me in your heart.

Good times we had together, we shared all life could throw, but years passed all too quickly, my time has come to go.

I know how much you miss me, I know you heart is sore. I see the tears that fall when Im not waiting at the door.

You always did your best for me, your love was plain to see, for eventhough it broke your heart, you set my spirit free.

So please be brave without me, one day we'll meet once more, for when your called to heaven, Ill be waiting at the door.

We all love our animals here in the Lee Valley and the Muskerry Gaeltacht, be it pets or our farm animals. Lucky was a great cattle dog and a great watch dog. We lost him in the spring. We had great walks over the hills and valleys in Raleigh outside Macroom.

Mary O Callaghan Raleigh, pictured here with Lucky



Laochra Og Truck Run



Threshing in progress at Anahala recently. Pic. John Kelleher



James Finnegan from Larchfield, Coachford, who recently celebrated his 70th birthday surrounded by all his family at Clonakilty Park Hotel Clonakilty. Pictured with his 5 children and grandchildren.



Dancing in progress at the ploughing. Pic John Kelleher.



Jennifer (mam) and Fiadh at Macroom Food Festival. By Con Kelleher



Organisers Jo Cronin and Clare Creedon on the 'merries' at Macroom Food Festival (C. Kelleher).



Killian Lynch, Don Buckley, Brian O'Sullivan, Kathleen Murphy (Clonakilty) and Garda Orla Doyle at Macroom Food Festival (C. Kelleher).



Somalian family in food tent at Macroom Food Festival (C. Kelleher).

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BALLINAGREE SCARECROW FEST

Ballinagree village will host its very first Scarecrow Fest this Halloween weekend from Friday October 28th to Sunday October 30th. It will be a family friendly event with entertainment and creative fun for all.

Over the last number of months, the newly formed committee have been busy inviting local residents, groups, schools and businesses to create their very own scarecrows to display around the village for the Fest, to which we received a wonderful response, we are very excited to see these amazing scarecrow creations. The committee have encouraged the use of sustainable and recyclable materials to be used where possible.

There will be a cash prizes for the 1st 2nd and 3rd best scarecrows. All visitors to the Fest will get a chance to vote for 'Best Scarecrow'.

You are not too late yet, so get creative,

and have fun making a scarecrow for our fest. You can register your scare crow at Ballinagreescarecrowfest@gmail.com or message us on Facebook/Instagram or on 0834002806.

Scarecrow collection can be organised. Raffle tickets are on sale in local shops and businesses and will also be available at the Fest with the big draw on Sunday night.

Proceeds will benefit the Irish Community Air Ambulance and Ballinagree Development Company.

For more info. contact Stephany : 083 4002806 or Kathleen : 086 3356637.

A great weekend is assured so do come along to have fun this Halloween weekend in Ballinagree.

See advert on page 29



On 12th November next, Laochra Óg Hurling & Camogie Club brings the hugely popular "The Chaser" to The Abbey Hotel in Ballyvourney.

This show has attracted large audiences all over Ireland and is fast becoming the most popular source of fund-raising for schools and clubs.

Contestants are drawn from the audience and answer seven questions with four possible answers valued at €100, €200, €300, €400, €600, €800, €1,000. The contestant must choose after each question if they wish to bank the amount won or take another question. Contestants have two lifelines "Ask the audience" and "Take one" which will reduce the number of answers by one. Each lifeline can be used once.

Contestants then take the amount won to face The Chaser. They start on step 5 and Chaser starts on step 7. Chaser will offer 150% of amount won to take a step nearer or 30% of amount won to take a step nearer home. The identity of The Chaser will be revealed soon...

This incredibly successful show, which is provided Pallas Marketing Ltd., is being run by the Laochra

Óg Fundraising Raising Sub-Committee to assist in fundraising for the completion of phase two of our development of our site in Ballymacorcoran, Clondrohid, Macroom.

Tickets for "The Chaser" are available from

www.laochraog.com, any member of the fundraising committee, Mary on 086-8303807 and must be purchased in advance of the night. Numbers are limited!

GAME OF MY LIFE

Book Launch by John O'Shea

Macroom man, John O'Shea pictured with his book "GAME OF MY LIFE" which was launched last night (Wednesday 19th October) in Waterstones Book Shop, Patrick St. Cork. This book will be available in all good book shops including Fitzgerald's Bookshop and would make an ideal Christmas gift for any sports enthusiast.



LICH DO SCITH

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SAMHAIN ... Fadó fadó nuair ná raibh Éire mar atá sí anois, is beag eolais nó cur amach a bhí ag an ngnáthdhuine ar Phuimcíní gan trácht ar 'trick or treat' mar a thugtar air sa Bhéarla, atá anois i mbéal gach linbh nuair a luaiter an tSamhain leo.

Sa chéad dul síos labharfaidh mé faoi Mhí na Samhna agus Féile Na Samhna.

Bhí ceithre fhéile mhór ag na Gaeil fadó ach an ceann deirineach sa bhféilre ceilteach ab ea Samhain. Nuair a tháinig an Chríostíocht chun na tíre seo nach mór 1,500 bliain ó shin choiméad na sagairt is na manaigh na nósanna a bhí ag na págánaigh agus cuireadh cuma na críostíochta ortha, agus sin an chúis go mbíonn cuid dos na seanfhéilí ceilteacha fós á gceiliúradh in Éirinn agus ar fud na cruinne, pé áit ar imigh na hÉireannaigh ar imirce! Nuair a thagann mí na Samhna tagann teacht an Gheimhridh. Ait go leór ceapann roinnt teangeolaithe áirithe go mbaianeann an focal Samhain leis an Samhradh .. Sainfhuin ... deireadh an an tSamhraidh!

Sa bhFrainc fadó thugtaí **Samoinis** air ... An mhí Gealaí a bhí idir Dheireadh Fómhair agus Samhain chomh maith. Ciallúnn Samhain bliain úrnua sa bhféilre Ceilteach. An fhéile ba thábhachtaí sa bhliain ar fad. Chomh maith leis sin chreid na ceiltigh go dtiteann Oíche Shamhna idir an tseanbhliain agus bliain nua dar gcionn.

De réir san, bhí brí ar leith ag baint le treoracha, le háiteanna agus amanna ar nós Oíche Shamhna a bhí idir eatarthu. Bhí an domhan idir dhá shaol...nó idir dhá dhomhan. Chreid na daoine gurb é sin an t-am go raibh seans agus sairse ag spioraid, anamacha na marbh, taibhsí agus síoga filleadh ar an saol seo, ar Oíche Shamhna. Dá bharr san is nós le leanaí óga fós cluichí asaraíochta a imirt ar Oíche Shamhna chun fáil amach cad é atá i ndán dóibh amach anseo. Ar nós trí bhabhla ar an mbord agus bheadh orthu rogha a dhéanamh idir na trí cinn.

Is é a bheadh sa trí bhabhla ná cré, uisce agus fáiinne. Is é an bás a bheadh i ndán do dhuine a phiocfadh cré, imirce a bheadh i ndán dhuith dá bpiocfaí an t-uisce agus pósadh dá bpiocfaí an fáiinne. Bhíodh 3 lá ceiliúrtha i gceist leis an bhféile i dTeamhair fadó. Lastaí tinte cnámh le linn an fhéasta. Tá go leór dos na sean-nósanna fós á gcleachtadh anseo agus de réir dealraimh ar fud na cruinne, is ag dul ó neart go neart atá siad, tar éis do na hÉirinnigh a chuaigh ar imirce na nósanna a thabhairt leo thar lear.



Gan dabht imrítear Snap úll fós agus púicín. Fadó ní raibh aon phuimcíní ag fás sa tír seo ach is é an tornapa umhal a bhí againn. Ghearrtaí amach a lár, i gcruth aghaidh dhuine agus chuirte coinneal lasta lastigh de. D'úsáidte é mar thóirse san oíche dhorchá. Bíonn an Báirín Breac againn agus itear an cáil ceannann chomh maith Oíche Shamhna. Itear cnónna chomh maith Oíche Shamhna. Is iad cnónna ón gcrann cnó coille a bhíodh againne is mé beag. Bhí Micheál mo dheartháir a cailleadh, beannacht Dé leis, ar fheabhas chun iad a phiocadh nuair a bhíodh aibidh.

Téann leanaí óga ó thigh go tigh ag lorg 'Brobh nó Breab! Nós Mericeánach é seo measaim féin. Sa tsean-shaol dár le béaloideas d'fhágtá ceann cabáiste ar leac an dorais agus bheadh ar an duine isitgh 'Síocháin Dé chuaibh, anseo chugainn an tSamhain', a rá trí huair as a chéile, ach cailleadh an nós agus anois is iad an Brobh is Breab a bhíonn ann. San fhéilre Críostaíoch tugtar **Mí na Marbh** ar mhí na Samhna. Tugtar **Lá Naoimh a'Domhain** ar an gcéad lá de Shamhain agus **Lá na Marbh** ar an dara lá de Shamhain.

Fadó cheap daoine go mbíodh anamacha na marbh ag feitheamh ar na frathacha chun go ndéarfaí an Choróin Mhuire. Fós sa lá atá inniu ann, le linn mhí na Samhna téann daoine níos minicí chun na reilige chun cuairt a thabhairt ar uaigh a muintire atá cailte, agus guí ar a son.

Foclóir

Puimcíní	Pumpkins,
féilire	Calendar
Ceilteach	Celtic
An Chríostaíocht	Christianity
Manaigh	Monks
Nós(anna)	Custom(s)

Págánaigh	Pagans
Imirce	Immigration
Gealaí/Gealach	Moon
Teangeolaithe	Linguists
Áirithe	Particular
Treoracha	Directions
Idir eatarthu	In between
Spioraid	Spirits

Anamacha	Souls
Taibhsí/púcaí	Ghosts
Teamhair	Tara
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SNIPPETS | DIARY

Deadline: Monday before publication. Email: leevalleyoutlook@gmail.com

AGHINAGH GAA:

Lotto Results 3rd of October, 2022.

The jackpot was €4,600. The numbers drawn were 2, 6 and 8. There was no jackpot winner. Consolation prizes: €50.00 to Ger Buckley, Laharn. €20 each to Eilish Kelly, Ballincollig (Online Winner); Chris Duggan, Leads (Online Winner); Mary Ambrose, Cahirbaroule (Online Winner), Ger & Ina Coakley, Derryroe.

Lotto Results 10th of October, 2022.

The jackpot was €4,750. The numbers drawn were 2, 9 and 14. The jackpot winner was Antoinette Cullinane, Macroom. Consolation prizes: €50.00 to Claire Ambrose, Cahirbaroule. €20 each to Tony O'Sullivan, Carrig; Mairead Corkery, Drombeg (Online Winner); Katie O'Callaghan, Rusheen; Marcella McCarthy, C/O Martin.

COACHFORD AFC:

Coachford AFC Lotto Draw: 11/10/2022. Jackpot: €2,600. Numbers Drawn: 8 - 16 - 27. No Winner. €40 Declan Kiely (Yearly Ticket). €20 Marie Murphy, Tony Enneguess, Shane O'Leary (Yearly Ticket), Geraldine Hunt (Online Ticket).

RCPA (RYLANE COMMUNITY PARK ASSOCIATION)

LOTTO RESULTS:

Oct 3rd 2022 Lotto results:

Winning numbers: 7, 18 & 22. Jackpot - €2,900

No winner.

Lucky Dips: Sheila O'Sullivan (Rylane); Denis O'Connell (Rylane); Alan O'Brien (Waterford - yearly ticket); Greg McCarthy (Rylane - online). Seller's prize: Linda Grimes (Rylane).

Next week's Jackpot will be €3,000.

Oct 10th 2022 Lotto results:

Winning numbers: 1, 12 & 17. Jackpot - €3,000 No

winner.

Lucky Dips: Siobhán O'Brien (Rylane); Catherine O'Shea (c% Josie); Alan & Mary Browne (Rylane - yearly ticket); Stephenn Bond (Rylane - online). Seller's prize: Crowleys (Rylane).

Next week's Jackpot will be €3,100.

CLONDROHID GAA:

LOTTO RESULTS:

Results for Oct 5th: €70 Marcella McCarthy Bealnamorrie,

€20 Maura Twohig Ballinagree, Nellie Manning Moulnahorna, John Manning Dan Corkery Place Macroom, Betty Desmond Clondrohid

Oct 12th Jackpot €3,400

€70 Anthony O'Leary Carriganima

€20 Siobhan & M Duggan Ballinagree, Denis Murray c/o Murrays Bar, Mary McSweeney Coolnadane, Eileen Coakley Bantry.



"Cup For Cancer" Take-away which was held on Friday 14th of October. A total of 4762.33 euro was raised. Included in the above total was 312 euro raised by Scoil Mhuire Ballingearry who held a pink day on Wednesday 12th.



Mary Long and daughter Ellen (who dressed up as Michael Collins) at KHAA bus tour

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Macroom FC Notes



Macroom FC U16 Schoolgirls who defeated Ballincollig in the National Cup.



Macroom U13 Division 2 schoolboys following their 3-1 away win over Crosshaven.

FAI Intermediate Cup Round 2.

Rockmount 4 Macroom 0.

On Friday night the Murrays Bar sponsored seniors travelled to Rockmount park with a large Macroom support to take on the cup holders in the FAI Intermediate Cup. It was always going to be a tough ask against the Premier side with Irish amateur internationals and many with previous League of Ireland experience. As expected, the home side started the game with a high tempo and were one up after 5 minutes when a deflected cross from the right found the net. It was two 2-0 soon after following a good through ball and a clinical finish. It may have been worse for the visitors, but Macroom keeper Caleb Dineen pulled off a super save from a Rockmount penalty kick. This was the catalyst for an excellent 25 minutes where Macroom got a foothold and dominated for a period. Macroom created a few good chances, Lloyd Asling fired a low shot just wide into the side netting. Shortly after the same player found space in the box but saw his low shot go straight at the keeper, who got down smartly to save.

There was then a big shout for a penalty, Keith Holden was caught late in the penalty box, but the ref waved play on. Cruelly, Rockmount got their third just before the half time whistle. It was another clinical finish, however Macroom felt aggrieved as center back Danny Kelleher was off the pitch for an injury at the time.

The second half had less chances for both sides, Macroom had some really good spells without threatening the Rockmount rearguard enough and it was Rockmount who got the final goal late on to finish the scoring 4-0. Macroom Seniors can be proud of their performance against a top quality Premier side and will learn from the experience. Also, a big thanks to the travelling Macroom support which is always great for the team and management to see.

It will be back to league action next Saturday 22nd Oct at home against Kilworth with a 3pm kick off in Murrayfield.

Munster Senior League Division 2.

Kinsale 0 Macroom 3.

Macroom were full value for their victory in Kinsale, following a resounding second half performance. It was a rather drab opening half at Madden Park, despite Macroom having the lion's share of possession, they failed to breakdown a stubborn Kinsale rearguard. It was on 26 minutes that a great ball over the top from Lloyd Asling found

Michael Fitton who cut into the box from the left wing, only to be brought down for a penalty. Keith Holden stepped up but, his well-placed effort was parried away by the Kinsale goalkeeper. Chances were limited throughout the remainder of the half, and it stayed 0-0 at half time.

Macroom were quick out of the blocks in the second half, and it was on 51 minutes that the away side took the lead. Dylan Twomey found space on the right-hand side of the box to play through Fitton who finished well past the onrushing Kinsale keeper. Only minutes later Kinsale had a chance from a tight angle, but Caleb Dineen saved well down to his right. Almost immediately, Fitton released Mark Corrigan whose powerful strike across the Kinsale shot stopper could only be palmed out but, Keith Holden had the poacher's instinct to finish from close range, 2-0 Macroom. The away side were well in control now. Dineen, Ryan Creed, Cathal O' Riordan, Thomas Morgans and Danny Kelleher all gave fine displays to confirm a first clean sheet of the season. Corrigan and Asling both had chances to get the insurance goal to wrap this game up but failed to convert. The third goal arrived 80 minutes though, when Matty Juszczak played through Twomey whose neat finish sealed an all-important three points.

Schoolboys Round Up

The U14A side, sponsored by Delforno Tiles and Timber secured a tremendous 6-1 away win over Kinsale. This was a commanding performance from the off with every player making a valuable contribution to the result. Goalscorers on the day were Fionn Fitton (2), Conrad Melia, Jayden Leahy, Oskar Barszczewski and Alex Sikorski. A fine result which leaves this team nicely placed at the top of the division with 15 points from 6 games played. The U14 division 2 team entertained Douglas Hall at Murrayfield and took a point in a thrilling 4-4 draw. The U12B lads were down 2-0 at home to Riverstown B but staged a marvellous fightback to take a point in a 2-2 draw in wet and windy conditions at the Town Park. Ollie Tommen from the penalty spot and Oliwier Krzepina with a fine strike accounted for the Macroom goals in a real gutsy performance. Tristan Mullane and Ciaran McSweeney played well. The U12A team also hosted Riverstown A and ran out 3-1 winners. This team, promoted last year, have now won their opening 3 league fixtures. On this occasion, a Fionn Fitton free kick had Macroom on their way. Cathal Lyons

was then on target from close range and Cal O' Driscoll rounded off another fine win following good work from David O' Leary. The U12 boys travelled to Crosshaven in the league, played really well and ran out deserving 3-1 winners. Jamie McCarthy was on fire here and he notched 2 excellent first half goals. Aled Hopkins then set up Ryan Brophy to score giving Macroom a healthy half time lead. Further chances came and went, and the home side got a late consolation. A satisfactory result for this team who are operating in div 2, following last year's promotion. David Condon, Ciaran Coleman and David Bradley did well for Macroom. The U15A side, sponsored by Billy Murphy Taxi, won a close encounter at the Town Park, beating Bandon A 1-0. An excellent outing in difficult conditions. Ben O' Leary got the solitary goal for Macroom.

Schoolgirls

Macroom U16 girls played their first game in the National Cup on Sunday 8th October at Murrayfield and secured a resounding 7-1 win. Originally, this fixture was due to be played in Ballincollig, but an unplayable pitch saw the game revert to Macroom. The home advantage certainly proved helpful as Macroom earned a comprehensive win. The goals arrived courtesy of a Maisie Murphy hat trick, a brace from Mya O' Sullivan, Sjonja Mora and Saorlaith Murphy. An excellent performance from Macroom who will now welcome Ballineen outfit Riverside Athletic in the next round. The U19 side travelled to Lakewood Athletic and lost out to a strong home side. The U15s travelled to Ardrath Park and lost out 4-2 to hosts Youghal Utd. The home side took a 3 goal first half lead but Macroom replied brilliantly with goals from Sjonja Mora and Chloe O' Sullivan. The comeback was almost complete, but the home side registered a fourth goal late on.

Women's World Cup Qualification

The Republic of Ireland Senior team made history in Glasgow last week, when their thrilling 1-0 win over Scotland secured the golden ticket to next summer's finals in Australia and New Zealand. It was the culmination of a brilliant campaign where Ireland finished second in their group, progressing to the playoff rounds. It did seem unfair that Scotland had home advantage in this one off tie, but Vera Paul's side played brilliantly on the night and won



thanks to a smashing breakaway goal from Amber Barrett. It was really so fitting that the Donegal native was the match winner, following the terrible tragedy in Creeslough only days earlier. Throughout the campaign there were outstanding performances from the likes of Denise O' Sullivan, Katie McCabe, Niamh Fahey, Megan Campbell and Courtney Brosnan (whose first half penalty save v Scotland was vital). The

Irish players are now household names and this in itself is an indicator of the massive progress they have made in recent years. The growth of schoolgirl and schoolboy football will be greatly helped with this qualification as there will be a fantastic build up and massive interest in the tournament itself which kicks off on 20 Jul 2023 in Auckland. Well done to all involved on a truly outstanding achievement.

Lotto Results:

10/10/22. Jackpot: €8,800. Numbers drawn: 3, 26, 35. €80: Damien O' Callaghan c/o Connie. €20 each: Brendan O' Regan Online, Mag and Bella c/o Evelyn, Darragh Deasy Online, Alan Lynch c/o Swanky.

Macroom Handball and Racquetball Club

Macroom Handball and Racquetball Club is now open for registration and new members are invited to join up for the coming 12 months.

Over the past couple of years Covid has caused the club to operate on a stop/start basis but now it is open for business and it is hoped that all the regular members from a few years ago will get active again and join up. Both Handball and Racquetball are suitable for all ages, from 7 to 70, and for male and female and so can be enjoyed by all. Family membership is also encouraged, and what better way to share time with ones kids and get them active, while improving their skills.

It provides great exercise and a very good keep fit alternative indoors, especially now that we are entering the Winter season.

For anybody that may be interested but not familiar with the games, coaching will be provided by arrangement.

Handball members have enjoyed a very successful year, with John Lyons and Ray Griffin winning County and Munster medals in their grades, while Ray went on to win an All Ireland medal in Masters B Doubles with his playing partner from Boherbue. The club is affiliated to Racquetball Ireland as well as to Handball Ireland enabling members to enter

competitions.

The court is conveniently located in Macroom town centre as part of the Community Leisure Facility within the Castle Grounds. It is possible to play in the mornings, the afternoons and the evenings up to 9 pm and there is an online booking system so do drop in for a look around. Adult membership is €30, and €10 for juveniles for the year.

For any further information, contact club secretary, John Lyons at 086/8175859.

LAOCHRA ÓG



Laochra Óg U7 Muskerry Gala Blitz in Inniscarra



Laochra Óg U11 Muskerry Camogie Blitz in Inniscarra

25TH SEPTEMBER 2022

Fantastic result for our U14 Camogie girls whom took part in Nemo Rangers Centenary Year Camogie competition this morning winning the shield final. Our girls played three physical and tough competitive games, with our girls taking to the field in the final down to 13 players. Superb team performance with our younger players stepping up to the standard set by girls on the age. Thanks to The Hickey Family our team sponsors, to Nemo Rangers for the invitation today and the refreshments provided which was greatly appreciated by players and supporters and to all our supporters on the sideline. The shield was accepted today by our team captain Clara.

30TH SEPTEMBER 2022

U11 Puc Fada took place this evening in Teerbeg in perfect weather for a hard-fought contest, well done to Robyn our winner and Muireann our runner up. All these girls have worked hard all year and huge improvements were made by every single one of them. I want to Thank Liam for helping hugely with the transition from ground to air hurling. Thanks to the mams that help out every week Nina Sile H, Shelia B, Dee, Rita Sandra

Nicola and Catherine, without you training can't go ahead so thanks.....to Macroom Tidy Towns for your sponsorship, to Glenview motors for the use of Teerbeg every week for training. Last but not least to the mams and dad's who bring the girls training every week and to the matches and support the girls with encouragement..

Yesterday evening our U16 Camogie team played Na Piarasigh away in the U16A Shield County semi-final. We got off to the best of starts with a goal in the opening few minutes. Na Piarasigh took control of the game getting a goal of their own shortly after. Na Piarasigh had a lot of possession but for fine goalkeeping and defending from Laochra Og we went in at the break just a point behind in a low scoring first half 1-02 to 1-01. The second half Laochra Og fought hard and were unlucky not to score a couple of half goal chances. Na Piarasigh slowly pulled away again during the second half and won in the end Na Piarasigh 2-06 to Laochra Og 1-03. Best of luck to Na Piarasigh in the County Final hard luck to our U16s. Their a mighty bunch of girls getting this far in the competition at this grade. A very young side with a very bright future whom have put in a lot of hard work and sacrifices during the year. Thanks to parents and supporters

for travelling to the game and supporting the Laochra Og girls.

Well Done to all our U9 girls who came out this evening for their Puc Fada in Teerbeg, a great finale for this year, well done to first place Keelin and a very close second Julie Mae. Another very enthusiastic group of girls who have improved in skill and confidence over the last 6 months. Thanks again to the mums that came out and helped every week Catherine Shelia B, Dee, Nicola, Sile H, Rita, Sandra and Nina....Thanks to Glenview Motors for the use of Teerbeg for training, to Matt Murphy Pharmacy for their sponsorship thank you. Parents without you giving your time the girls can't come thank you. Onto 2023

Our u11s travelled to Killarney this morning to partake in the Veronica Stack Blitz we would like to say thanks to Killarney Camogie Club for hosting us at the blitz. Our girls enjoyed their day very much. Our U9s travelled the road to Kilmichael Saturday morning. What a great morning to be on the field, showing us just what they are made of. Super games and skill from both sides.

Thank you to everyone for traveling and supporting us and thanks to Kilmichael and all the coaches for



their time & effort.

Laochra Og Camogie Minors made the trip to North Cork in the second round of the Championship to play Milford today. Emily been our only Minor on the age it was always going to be a tough ask of the girls against a strong Milford side. Milford took their scores well early on while we struggled to get into the game. Laochra Og battled hard to get on the scoreboard and by the end of the game with some good saves from the Milford keeper and goal line clearances we could have narrowed the score. It finished Milford 3-10 to Laochra Og 1-08. Hard luck to our girls whom worked hard throughout with a vist from one of our fans Puddles the dog appropriate for the day that was in it.

Camogie training 8/9 yrs and 10/11 yrs

Starting next Saturday, the 15th at 9.30am to 10.30am. Macroom Sports Complex Camogie for girls born 2014 and 2013 {Under 8/9} Followed by Camogie for Girls born 2012 and 2011 [Under 10/11] their times 10.30am to 11.30am.

Note all beginners this is a perfect opportunity to start for girls at the above age groups. Hurls and Helmets will be supplied to get started. 3 euro covers cost of hall. Runners for indoor use. Why not give it a try. Anyone new and interested text 087 9437272 with age and name so we have an idea of numbers.

TRUCK RUN UPDATE

Our Charity Truck Run took place on Sunday 2nd October. A great turn out on the day. The proceeds on the day generated €4,240 which will be divided between the Pitch Development Fund and the Community Air Ambulance. Thanks to everyone who took part in the run and helped out in any way to make the event happen. The weather was perfect and made it a family day out for all age groups. Thanks to everyone who donated without these events Community Air Ambulance would not survive as was explained by their representative on the day.



Laochra Óg U11 Veronica Stack Camogie Blitz Killarney



Laochra Óg U14 Camogie v Nemo Rangers Centenary Year Camogie Competition



Laochra Og Minor Camogie v Milford



Laochra Og U9 Hurlers v Kilmichael

CLONDROHID

On Sunday last at the Newcestown pitch in weather that you wouldn't put ducks out in, the Under 15 boys took to the field to play St. James in the Division 3 Shield Final.

Both teams tried their best to play football but the weather conditions made it more of a battle against the elements. Thankfully, after an even first half the Clondrohid boys started the second half by crashing a ball to the back of the net to put 2 goals between the teams and from there on

the boys managed the game brilliantly to run out winners in the end on a scoreline of

Clondrohid 4-05 St James 2-03

Well done to players, coaches, parents, and everyone involved with the team

G.A.A. NEWS: A massive well done to the under 9 footballer's who took part in a Munster blitz in Mallow last Saturday. Clondrohid had two teams entered in the blitz. Their opponents Ballinacourty from Co Waterford, Banner Ennis from Co Clare

and near neighbours Dromtariffe, they all had 3 games, both Clondrohid teams did extremely well and should be very proud of themselves on how far they have developed over the season, with one more outing coming up the local end of season parish league competition on Oct 29. A big thank you to all the parents for supporting their kids today and throughout the season, well done again.



Clondrohid U 9 footballers who took part in a Munster blitz in Mallow



The Clondrohid U 15 team that defeated St. James's in a Shield final last Sunday



Coachford AFC

Congratulations to Coachford AFC who picked up the Team of the Year award and the Manager of the year award at the recent Cork AUL Soccer Awards Night at the Heineken Brewery in Cork. The Coachford Premier team were deserved winners of these prestigious awards as they had a Superb 2021/22 season. The lads won the unique Cork Soccer double of the Premier

League and the AOH Cup. The Coachford team also reached the Semi-final of the FAI Munster Junior Cup. The team were guided to all this success by manager Donal Moynihan. In his acceptance speech Donal thanked all the players, supporters, the club and his fellow coaches.

Team captain, Aidy Buckley accepted the award

on behalf of all the players.

A presentation was also made to Coachford AFC player, Adam Murphy who became the first Cork AUL player to play on the Irish Amateur Soccer team when he lined out with the Irish National Team to play Wales in Turners Cross in August.

Bons Secours Hospital Cork County Football Championships

Premier Senior FC

Final: St Finbarrs v Nemo Rangers, October 30th at P Uí Chaoimh, 4pm

Relegated: Newcestown

Senior A FC

Final: Knocknagree v St Michaels, October 30th at P Uí Chaoimh, 2pm

Relegated: Bandon

Premier Intermediate FC

Final: Bantry Blues v Kanturk, October 23rd P Uí Chaoimh 4pm

Relegated: St Vincents

Intermediate A FC:

Final: Aghabullogue v Kilshannig, October 23rd at Páirc Uí Chaoimh, 2pm throw in.

Relegated: Ballydesmond, St Nicks, Millstreet, St Finbarr's

County Junior Football Championship

Quarter Final Results:

A Kilmurry 2-10 St James, Ardfield 2-7

B Kinsale 1-9 Urhan 3-9

C Cullen 0-5 Cobh 1-5

D St Michael's (Blackrock) 1-4 Buttevant 3-9

Semi Finals:

Kilmurry v Urhan: Cobh v Buttevant

Kilmurry 2-10 St James 2-7

It got scary towards the end for Kilmurry, when the concession of two late goals made them vulnerable for a while, but the Mid Cork champions re-emphasised their earlier superiority to emerge deserving winners of the County junior football championship quarter final at Enniskeane. Kilmurry now progress to a county semi final meeting with Beara representatives Urhan on Saturday October 29th at a West Cork venue.

Kilmurry got off to a good start with early points from William Buckley and Tomás Collins but St James hit back with four points in a row to lead by 0-4 to 0-2 after ten minutes. In the 13th minute Pádraig Berhanu put Kilmurry back in front when he slotted home a goal, William Ronan quickly added a point and in the 21st minute Rory Duggan added another to put Kilmurry a goal clear, 1-4 to 0-4. A minute later Kilmurry were cock a hoop when Liam Wall fired home a second goal and they led by 2-4 to 0-5 at the interval.

Pádraig Berhanu added a point on the resumption, to which St James replied, but then Ryan Leahy's point in the 42nd minute

for Kilmurry was followed by two more, Tomás Collins and Leahy again the scorers, and Kilmurry looked safe now, leading by 4-8 to 0-6 in the 48th minute.

A goal for St James in the 53rd minute did not cause undue anxiety for Kilmurry but gave the West Cork men an impetus which enabled them to strike again for another goal in the 57th minute to leave only two points between the teams. Kilmurry steadied with Fionn Warren and William Ronan solid in the centre of defence and a third point from substitute Ryan Leahy gave them some relief. When Pádraig Hinchion punched over another point to open up a four point gap, Kilmurry were safe and although St James did get a point back in injury time they were never going to get the goal they needed to save the day.

Scorers for Kilmurry: P Berhanu 1-1, L Wall 1-0, R Leahy 0-3 (0-2f), T Collins 0-2, W Buckley, W Ronan, R Duggan, P Hinchion 0-1 each.

Kilmurry: Jason McDonnell: Daniel Cahalane, Fionn Warren, Gearóid O'Mahony: Tomas Collins, William Ronan, Brian Hinchion: Kyle Kelleher, Pádraig Hinchion: Rory Duggan, Laurence Aisling, Liam Wall: Pádraig Berhanu, Dave McCarthy, William Buckley. Subs: Ryan Leahy, 41, Seán Curzon 44, Kevin Barrett 55.

Co-op Superstores Cork County Hurling Championships

Premier Senior Hurling Championship

Final: St Finbarrs 2-14 Blackrock 1-7

Relegated: Na Piarasigh

Senior A Hurling

Final: Fr O'Neill's 0-20 Courseys 2-12

Relegated: Ballymartle

Premier Intermediate HC:

Final: Inniscarra 1-12 Castlemartyr 0-15 - a draw.

Relegated: Youghal relegated

Inniscarra 1-12 Castlemartyr 0-15

Castlemartyr and Inniscarra will meet again in the replay of the PIHC final on Saturday October 22nd at P Uí Chaoimh and hopefully conditions will be better on that occasion.

There was little between the sides all through and a draw was probably a fair result in the end and both sides deserved another day out. Castlemartyr had to score a point to draw level after a late Kieran Rice goal for Inniscarra and

they then had a chance from a very scorable free to win the game but the chance was missed and so the outcome was a draw.

Both sides had missed early chances, before Castlemartyr opened the scoring with a point after three minutes. Four minutes later the East Cork side got their second point, and Inniscarra had their opening score, a point from David O'Keefe in the ninth minute. Points were exchanged, Fergal O'Leary for 'Scarra, 0-3 to 0-2 after 12 minutes play. Two minutes later the sides were level when Owen McCarthy pointed from a free and Jack Harrington made up for an earlier miss to put them in front for the first time in the 16th minute. Andrew McCarthy got their fifth as Inniscarra led 0-5 to 0-3 after 20 minutes. Fergal O'Leary added another as Inniscarra were now enjoying the better of the exchanges and points from O'Leary and Colm Casey increased their lead as Castlemartyr missed a number of chances. In the final minute of the half, twice Inniscarra denied Castlemartyr goals as Harrington cleared off the line and then Sean Sheehan made a superb block.

Inniscarra led by 0-7 to 0-4 at half time but would

face the elements in the second half.

Castlemartyr a great start to the second-half striking over two unanswered points but Inniscarra kept their noses in front and Fergal O'Leary had another point with further points from Seán O'Donoghue and Colm Casey to make it 0-10 to 0-8 midway through the half. Castlemartyr were on level terms by the 53rd minute, 0-11 each and then points were exchanged, O'Donoghue for 'Scarra. Castlemartyr went two points clear 0-14 to 0-12 in stoppage time but dramatically, Inniscarra got back into the game via substitute Kieran Rice's goal, put through by another substitute Pádraig Holland.

Castlemartyr landed the final point to draw level and both teams were applauded off the field for performing so gallantly in appalling conditions. Scorers for Inniscarra: K Rice 1-0, F O'Leary 0-3, C Casey, O McCarthy (0-1 f) and S O'Donoghue 0-2 each, J Harrington, D O'Keefe and A McCarthy 0-1 each.

Inniscarra: John O'Keefe; David Keane, Bryan O'Mahony, Jack O'Sullivan; Andrew McCarthy, Liam Ryan, Sean Sheehan; Joseph Enright, Jack



Harrington; Colm Casey, Seán O'Donoghue, Fergal O'Leary; David O'Keeffe, Dan O'Connell, Owen McCarthy.

Subs: Kieran Rice 45, Pádraig Holland 58.

Intermediate A HC:

Final: Dungourney 1-16 Cloughdub 0-13
Relegated: Meelin

Dungourney 1-16 Cloughdub 0-13

Dungourney defeated Cloughdub, togged in all white colours, in the final of the Co-op Superstores Cork IAHC in Páirc Uí Chaoimh on a wet Sunday afternoon.

In a game of six missed goal chances, it was Ryan Denny's penalty just after half-time that sent Dungourney on their way to a famous victory. Their goalkeeper, Paul Flynn gave an exhibition of goalkeeping, saving from point blank range on four occasions across the hour.

The first half was tough as both sides struggled with the greasy conditions.

Cloughdub had three goal chances in the

opening eight minutes but the Dungourney goalkeeper saved brilliantly from Aidan Murphy, Brian Verling and Mark Verling.

The Imokilly side they raced into a 0-3 to 0-1 lead after ten minutes, Brian Verling the Cloughdub scorer. Dungourney went 0-6 to 0-3 in front by the end of the first quarter, Brian Verling and Mark Walsh adding the points for Cloughdub.

Gradually, however, the Muskerry side began to impose themselves on the game and three points in succession, from Aidan Murphy, Mark Verling and Walsh levelled the game for the first time at 0-6 apiece. A Brian Verling free then edged Cloughdub ahead, Conrad Crowley saved brilliantly to deny the East Cork men. The sides were level at half time at 0-8 each.

Dungourney went a point up on the resumption, and were then awarded a penalty which was fired to the Cloughdub net and Dungourney now had the momentum. The winners added two points but Cloughdub responded well with three of their own, Stephen O'Donoghue with the pick of them to leave only the goal between

the teams with 15 to play.

Two points from frees pushed Dungourney ahead before Cormac O'Driscoll and a Verling free brought Cloughdub within three points range again again.

Dungourney finished in style with the final three points of the game.

Scorers for Cloughdub: B Verling 0-6 (frees), A Murphy and M Walsh 0-2 each, C O'Driscoll, M Verling and S O'Donoghue 0-1 each.

Cloughdub: Conrad Crowley; Liam Kelleher, Brian Ahern, Ódhrán O'Driscoll; Seán Curzon, Cormac O'Driscoll, Eoghan Clifford (c); Aidan Murphy, William Ahern; Mark Walsh, Eoin Moynihan, Jason Mannix; Mark Verling, Brian Verling, Colm Ryan. Subs: Stephen O'Donoghue h/t, Pádraig Buckley 47, Seán O'Connor 54, Darragh Walsh 62.

Premier Junior HC:

Final: Ballygiblin 2 - 19 Tracton 1-12

Relegated: Dripsey

MJK OILS - Mid Cork Junior Hurling Championship Semi Finals:

Ballinora 4 - 14 Inniscarra 2 - 9

Grenagh 1 - 16 Éire Óg 1 - 11

Final: Ballinora v Grenagh at Ovens on Sunday October 22nd at 6pm

Ballinora 4 - 14 Inniscarra 2 - 9

Champions Ballinora showed that they are fully intent on retaining their Mid Cork junior hurling crown with a decisive victory over Inniscarra in the semi final at Ovens, a repeat of their victory in last year's final. Inniscarra were short a few regulars, out with injury, and did not perform as well as they had done in the earlier stages of the competition but Ballinora gave a very impressive performance and they will be very satisfied facing the final.

There was a pre-match anticipation of a very close encounter but Ballinora were in top form from the throw in and had Inniscarra struggling even after the opening quarter when they led by 1-5 to 0-2. Liam Lyons at wing forward was highly impressive in this period and was deadly accurate from frees and from play. He opened the scoring with a first minute point, and when Pádraig Holland quickly equalised for 'Scarra, Lyons pointed another free and added points from a '65' and from play. The Ballinora goal in the 6th minute was a real inspirational score, Kevin Murphy collecting a clearance 30 metres from the Inniscarra goal before advancing and then blasting a rocket to the net.

The second quarter brought no relief for the under pressure Inniscarra side. Neil Lordan added a point to the winner's tally, Andrew McCarthy and Holland, from a free had points to give 'Scarra some hope but in the 22nd minute Ballinora struck for a second goal, this one from Alan O'Shea, after the initial work was done by Darragh Holmes and the final inch perfect pass came from Shane Kingston despite heavy pressure. Two more Inniscarra points from Pádraig Holland frees were more than matched by two from Liam Lyons' frees and one from play by Darragh Holmes and Ballinora were full value for their 2-9 to 0-6 interval lead and must have been delighted with their display as they

retired at the break. Their defence was excellent with James Lordan, Ronan Barrow, Patrick Cronin prominent, James Byrne and Neil Lordan hurling well at midfield and the attack very sharp with Liam Lyons, Darragh Holmes, Shane Kingston and Kevin Murphy in form.

Inniscarra needed to make inroads on the Ballinora dominance on the restart but the champions were not in relaxing mood. After Pádraig Holland pointed another free on the restart, Ballinora hit back with a second Kevin Murphy goal in the 36th minute to end any real hope of an Inniscarra revival. The exchanges were pretty niggly in the third quarter but referee Brendan BarryMurphy quickly restored order with a series of yellow cards and with further points from Lyons, James Byrne and Neil Lordan, Ballinora held a 3-12 to 0-9 advantage by the 46th minute, Holland the scorer of the extra brace for Inniscarra.

Shane Kingston scored a fourth goal for Ballinora in the 49th minute and as the winners began to lose concentration a little, Mark Nagle buried the sliotar in their net from 25 metres to give them a jolt and they replied with points from Holmes and Kingston. In injury time Mark Nagle struck another smashing goal for Inniscarra but the issue was well decided at that stage and Ballinora could afford to give their panel members some game time.

Scorers: Ballinora: K Murphy 2-0, S Kingston 1-1, A O'Shea 1-0, L Lyons 0-8 (0-6f, 0-1 65), N Lordan and D Holmes 0-2 each, J Byrne 0-1. Inniscarra: M Nagle 2-0, P Holland 0-7 (frees), C O'Leary and A McCarthy 0-1 each.

Ballinora: Barry Crowley: Kevin O'Regan, James Lordan, Ronan Barrow: Mike Lordan, Patrick Cronin, Darragh Crowley: James Byrne, Neil Lordan: Brian Murphy, Darragh Holmes, Liam Lyons: Alan O'Shea, Shane Kingston, Kevin Murphy. Subs: Conor Quirke 47, Jack Twohig 50, Danny Dineen and Colin O'Flynn, both 56.

Inniscarra: Dave Óg Coleman: Seán Ahern, John O'Callaghan, James Buckley: Brian Gould, Mark Linehan, Andrew McCarthy: Colin O'Leary, Michael O'Connell: Mark Nagle, Aidan O'Mahony, Eddie

O'Connor: Pádraig Holland, Stephen Olden, Ardal O'Connell. Subs: Liam Buckley 37, John Casey 42, Jerry Roche 44, Tommy Buckley 47.

Referee: Brendan BarryMurphy, Aghabullogue

Grenagh 1 - 16 Éire Óg 1 - 11

Grenagh are back in the Mid Cork final after a lapse of ten years after their hard fought victory over Éire Óg in the MJK Oils Mid Cork junior hurling championship semi final at Ballincollig. Grenagh last won the divisional title in 2013 and went on to win promotion to intermediate by winning the county junior title as well. After some good early years in the higher grade, Grenagh were relegated last season from the county Lower Intermediate championship so they will be delighted to have reached the Mid Cork final in their first season back in the division. Conditions at Ballincollig were excellent and there was a fine crowd present to see who would qualify to face Ballinora in the final. Kevin O'Neill had the opening point for Grenagh after a minute but Cathal Sheehan pointed a '65' to bring the Ovens side level and Eoin Kelleher put them in front in the 6th minute. Christopher Buckley levelled for Grenagh who were playing with a fair wind behind them, Seán Joyce put them in front, but Cathal Sheehan pointed an Éire Óg free in the 13th minute to level matters once again. Éire Óg struck for an opportunist goal in the 18th minute when Ciarán Sheehan floated over a centre into the Grenagh goalmouth, the contested ball fell to the sod and Cathal Sheehan pounced to sweep the sliotar to the net. Éire Óg had been having the better of matters and were deserving of their lead at this stage.

From here to the half time whistle Grenagh lifted their performance and gave themselves some hope for the second half. David Coleman pointed a 19th minute free, did likewise with a '65' and Seán Joyce hit over a long range equaliser in the 24th minute in answer to another Cathal Sheehan converted free. Seamus Cronin, not fully injury free, was introduced and



brought Grenagh level in the 27th minute but Daniel Goulding took an excellent point to edge Éire Óg back in front. David Coleman from a free and Christopher Buckley from play pointed to put Grenagh clear by the minimum but in added time Cathal Sheehan pointed an Éire Óg free to leave the teams level at the interval, 0-9 for Grenagh, 1-6 for Éire Óg, who would have the benefit of the wind in the second half.

Play resumed with another exchange of points between Cathal Sheehan and Kevin O'Neill before Éire Óg went two points clear at the three quarter stage with points from Cathal Sheehan and Conor McGoldrick. The Ovens men were on top but Grenagh were battling to stay in contention with their defence performing heroically and as Éire Óg failed to kill off their challenge, Grenagh were emerging stronger and stronger. Peter McSweeney's point in the 17th minute was followed by eight scoreless

minutes before Buckley levelled the scores with a Grenagh point, 0-12 to 1-9 now, in the 55th minute.

Again Éire Óg hit the front with a point from Brian Thompson in the 57th minute and when Brian Corcoran added a super point it seemed that they would go on to victory. Seán Joyce emerged on the scene in a big way for Grenagh. Joyce, in the absence of injured free taker David Coleman, hit over a free and then sent in a high delivery from the left wing which, being contested, fell to the ground and Grenagh substitute Brian Walsh lashed the ball to the corner of the net to put Grenagh sensationally in front as the game went into six minutes of time added. Grenagh were now contesting every ball ferociously as they sensed victory and Seán Joyce fired over three more points, all from frees as the Éire Óg challenge faded.

Scorers: Grenagh: Cathal Sheehan 1-6 (0-6f), E

Kelleher, D Goulding, C McGoldrick, B Thompson, B Corcoran 0-1 each.

Grenagh: James Walsh: Morgan McSweeney, Kelvin Cummins, Alex Kiely; Peter McSweeney, Paul Barry Murphy, Liam Walsh: ted Twomey, Kevin O'Neill: Ultan Duggan, Darragh Kenny, Christopher Buckley: David Coleman, Michael White, Sean Joyce. Subs: Seamus Cronin 20, Dara O'Shea 48, Brian Walsh 55.

Éire Óg: Conor Keane: Adam McCarthy, Seán O'Flynn, Kevin Cooper: Ross McCarthy, Brian Corcoran, Brian Thompson: Eoin Kelleher, Rian O'Flynn: Cathal Murphy, Conor McGoldrick, Daniel Goulding: Cathal Sheehan, Ciarán Sheehan, Brian Kirwin. Subs: Seamas Lordan 40, Diarmuid Dillon 48, Joseph Kelleher 52, David Sheehan 54. Referee: Nathan Wall, Ballincollig

Camogie - SE SYSTEMS County Senior Championship

Semi Finals;

Seandún 1-9 St Finbarrs 0-9

Inniscarra 2-9 Sarsfields 2-11

Sarsfields 2-11 Inniscarra 2-9

SARSFIELDS are through to the SE Systems senior camogie championship final for the first time since 2019 and for the first time in seven seasons Inniscarra will not be in the final after a pulsating finish to the semi final in Ovens.

In awful conditions for hurling, Niall O'Neill refereed sensibly, allowing play flow as often as possible. With little between the sides, and scores at a minimum, Inniscarra were two points to the good as the game entered the fourth quarter.

But this game turned on its head in a seven-minute spell as Cliona Lynch struck 2-2 from frees to propel Sars into the throughout and driving seat.

The wind favoured Inniscarra at the throw-in. Joanne Casey got Inniscarra off the mark before Lynch (f) and Lucy Allen replied for Sars.

It was nip and tuck, Sars in front by two on twenty minutes after Tara Elliot made a great block on Casey, the ball struck up the field and Katlyn Sheehan pointing.

Balls were running off hurleys, points you'd normally see going over went wide of the post as the rain and wind grew stronger.

Caoimhe Buckley's puck out to Rebecca Quigley met Joanne Casey and she billowed the net to make it 1-3 to 0-4 on 25 minutes.

Aileen Sheehan, Casey (2) and Lynch (2) saw the half out to leave it 1-6 to 0-7 in favour of Inniscarra. The second half was as committed as you'll get from both sides. Both defences battened down, Rena Buckley influential alongside Ciara Ring and Aoife Kavanagh for Inniscarra.

Hollie Herlihy hit Sars reply to the Casey free just after the break.

The battle continued, Inniscarra leading 1-8 to 0-9 before the pendulum swung. Lynch pointed a free, then winning a free on the opposing 65 her strike dipped under the crossbar. The lift it gave Sars was tangible. Lynch pointed again before Sars won a free roughly 30 metres from goal. Whether she went for goal or not, Lynch hit it low and the ball skidded into the goal to leave 'Scarra in

trouble. Joanne Casey rescued their hopes with an incredible strike to rocket to the net, followed it up with a point from a free to leave a gap of two points in it entering full time but there had to be at least four minutes additional time.

Bodies on the line, desperation on both sides as they scrambled for possession, hooking, blocking but no further scores before Niall O'Neill blew the full-time whistle.

Inniscarra, well they'll be back in the mix again next year.

Scorers for Inniscarra: J Casey 2-7 (0-4 f, 0-1 45), E Looney, A Sheehan 0-1 each.

Inniscarra: C Buckley; C Looney, C Ring, J Burke; A O'Regan, Rena Buckley, A Kavanagh; S O'Callaghan, E Looney; R Murphy, C Keane; A Sheehan; E Crowley, R Quigley, Joanne Casey. Subs: L Desmond for S O'Callaghan and M Lyons for R Murphy (49), A Dineen for J Burke (59).

Intermediate Championship

In intermediate camogie championship, there were two groups, with the two top teams in each group going to the semi-final.

Group 1: Aghabullogue and Na Piarasaigh.

Group 2: Blackrock and Ballyhea.

Semi finals;

Blackrock 1-13 Na Piarasaigh 0-10

Aghabullogue 3-11 Ballyhea 1-4

Intermediate Championship Final:

Aghabullogue v Blackrock, Saturday, October 22nd at Castle Road 2.30pm

Intermediate County semi final:

Aghabullogue overcame a strong Ballyhea side 3-12 to 1-4! This Aghabullogue team were in the County Final in 2018, 2020 and 2021 so are hoping they can go one step further this year but Blackrock stand in their way.

Aghabullogue 3-11 Ballyhea 1-4

Aghabullogue will contest their third SE Systems Intermediate Championship final in a row after they had 13 points to spare over Ballyhea at Banteer.

Three first-half goals were a cushion for an Aghabullogue side who were focused from the

throw-in and their goal spree helped them hold an eight-point interval lead.

Through the second half they kept the pressure on and Ballyhea found the going tough with their attack closed down by the strong Aghabullogue defence and with all of their points coming from frees, the favourites were always in control.

The sides were evenly matched in the opening stages. Ballyhea had a good start pointing a free to open their account after Ciara McCarthy had fired over the opener at the other end.

Cliona Healy replied with an Aghabullogue free but Ballyhea were boosted 18 minutes in when Tara O'Sullivan struck for a goal.

Upping the pace the Mid Cork side's response was superb, goals in the 19th, 20th and 31st minutes helped them take the game by the neck and stamp their superiority until the full-time whistle.

Flanagan raised two green flags, with another in between from Ciara McCarthy.

Healy completed their impressive first-half showing with a point to hold a commanding 3-3 to 1-2 advantage at the break, despite Kilcommins clipping a second Ballyhea free.

As the second half got underway, Healy kept the scoreboard moving with a free and she added another from play with her side firmly holding the upper hand.

Now in full flight, Aghabullogue continued to add to their tally thanks to Flanagan, McCarthy and Healy.

Ballyhea battled hard but with their scoring power closed down, they could only add two frees.

Scorers for Aghabullogue: C Healy 0-7 (0-5 f), E Flanagan 2-1, C McCarthy 1-3.

Aghabullogue: Nicola Moynihan; Eireann O'Connell, Miriam Cotter, Brid Cotter; Meadhbh Ring, Katie Mc McCarthy, Aoife Barrett; Ella Foley, Rachel Barrett; Aoife Twomey, Ciara McCarthy, Joanne Crowley; Cliona Healy; Emma Flanagan, Kelly Honohan.

Subs: E Curtin for A Barrett, J Tarrant for J Crowley, A Foley for K Honohan.



2023 MUNSTER FOOTBALL CHAMPIONSHIP:

Cork senior footballers will take on the Banner in the Munster football quarter-final next spring. Cork will have to beat Clare in Ennis to set up a provincial semi-final with Limerick.

The Rebels and Clare have met regularly in the league in recent seasons but this will be the first championship pairing since 2015 when Cork were 1-20 to 0 1-8 winners at Páirc Uí Rinn.

Clare have been extremely competitive in recent years, twice reaching the latter stages of the All-Ireland series but have been thwarted repeatedly in Munster by Kerry. They'll be boosted by being on the other side of the draw to the Kingdom next year.

Kerry will take on the winners of Tipp-Waterford in the other Munster semi-final.

Quarter-finals: Tipperary v Waterford, Cork v Clare.

Semi-finals: Limerick v Cork/Clare, Tipperary/Waterford v Kerry

Ballincollig Credit Union Mid Cork Junior B Football



U12 County Champions, Naomh Fionnbarra, defeating Kilshannig in the Semi-Final and Grengah in the Final.
Pic: Angela Brennan



Canovee Mid-Cork B U-19 Winners.



Inniscarra, defeated by Ballinora in Mid Cork JHC semi final

Championship

Round 1:

Blarney 2-13 Aghabullogue 0-7

Ballincollig 4-9 Kilmurry 3-9

Inniscarra 4-4 Gleann na Laoi 0-4

Éire Óg 2-5 Naomh Aban 0-9

Ballinora 1-13 Canovee 1-10

Macroom 4-7 Iveleary 1-14

Quarter Finals:

Blarney 1-14 Ballinora 0-11

Éire Óg 2-9 Macroom 0-11

Semi Finals:

Inniscarra 0-9 Éire Óg 0-8

Blarney 4-10 Ballincollig 0-15

Final:

Blarney v Inniscarra

Rochestown Park Hotel Mid Cork Junior C Football Championship

Aghinagh 7-12 Kilmichael 2-4

Quarter Finals:

Donoughmore 3-18 Ballincollig 3-8
Grenagh v Béal Átha'n Ghaorthaidh

Clondrohid v Aghinagh

Dripsey v Inniscarra

Oriel House

Mid Cork Junior B Hurling Championship

Laochra Óg 1-18 Gleann na Laoi 1-11

Inniscarra 2-16 Ballinora 1-13

Round One:

Blarney 1-13 Laochra Óg 0-12

Éire Óg 0-16 Grenagh 0-15

Semi Final:

Inniscarra 6-18 Donoughmore 1-6

Blarney 2-13 Éire Óg 0-16

Final:

Inniscarra 1-10 Blarney 1-7

Special JBH Plate Competition:

Laochra Óg 0-8 Grenagh 1-6

Plate Final: Gleann na Laoi v Grenagh



Pictured, Sorchá Herlihy & Kevin Jones who won the AFL European Championship in Zagreb, Croatia with Irish Banshees (womes) and Irish Warriors (mens), the AFL Ireland teams.



John O'Mahony, Cork County Board, presenting the U-19 Mid-Cork trophy, 2022, to Canovee.



Reigning champions Ballinora, back in another MJK Oils Mid Cork Junior Hurling Final



Macroom U-19s beaten by Canovee in Mid-Cork B Final, 2022.



Macroom GAA's under 10 s who participated in a recent blitz at Carrigadrohid.



Macroom U-13S, agonizingly losing their final to Valley Rovers by 1 point, after extra time



U16 Basketball team who won their match against BCS recently



Macroom beaten by Valley Rovers in West Division Final, 2022



Lydia and Lauren of Naomh Aban and Cork minor football stars, who visited Clondrohid NS recently with their Munster and All Ireland winning cups.



U 16.5 camogie team who had a great win against Regina Mundi recently



Ceiliúradh ag Naomh Abán Óg. pic le Nóra Uí Luasa.



Lauren & Lydia with Mr. Newman and Mrs. Dineen, on their Visit to Carriganima National School



Lauren, Eimear and Lydia - Naomh Abán Club Players, on their Visit to Carriganima National School


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*Sure to be a great night!
 All Welcome.*



Michael Burns, chairman of the Tiny Feet Fairy Garden, receiving a donation off children's books from Jim Cooney for the children's reading area in the Tiny Feet Fairy Garden, (Apologies for error in last Edition)



Fr Ronan Sheehan who was recently ordained giving the sermon during the mass as part of the celebrations for St Finbarrs feast day on 25th Sept 2022. Pic. Connie Cronin



Fr Ronan Sheehan (newly ordained), Fr Aidan Vaughan and Bishop Fintan Gavin, celebrating St Finbarrs feast day on the occasion of Gougane Sunday. Pic. Connie Cronin



An tEaspag Fintan ag bualadh le muintir na háite le linn a chuid ama i mBéal Átha'n Ghaorthaidh i rith na deireadh seachtaine.(Grianghrafadóir: Nóirín Uí Thuama)



An tEaspag Fintan & an tAthair Anthony i dteannta leis an iar-Sacraisteoir Seán Ó hÉalaithe i mBéal Átha'n Ghaorthaidh i rith na deireadh seachtaine.(Grianghrafadóir: Nóirín Uí Thuama)

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



Treasured memories of

MARGARET (MAG) O'CALLAGHAN (NEE DALY)

**Inchisine, Toames, Macroom
Whose anniversary occurs on
30th October.**

On the first anniversary of Margaret's passing, we, her husband Con, sons John and Niall, and their wives Mag and Carol, would like to express our sincere gratitude to family, friends and neighbours who offered support, sympathy and gestures of kindness on the very sad and sudden passing of our lovely Margaret (Mag).

Thanks to her good friend, Fr. Pat O'Donovan for a very touching and beautiful funeral Mass. Thanks to the choir and organist for enhancing the ceremony. We are grateful to everyone who sent Mass cards, messages of condolences on line. Special thanks to her former nursing colleagues of Cahereen Nursing Home, Macroom and to the Medical Team of CUH who facilitated the donation of her organs.

Finally, thanks to Fitzgerald's funeral services in Macroom for their professionalism.

To all of you, and to many others who have helped us and continue to do so, please accept this acknowledgement as an expression of our sincere gratitude. Mass has been offered for your intentions.

*Those we Love
Don't go away*

*They walk beside us everyday
Unseen, unheard but always near
Still loved, still missed and always dear.*



FIRST ANNIVERSARY



In loving memory of

MARGARET O'CALLAGHAN

**Inchisine, Toames, Macroom
Whose anniversary occurs on
30th October.**

Nana

*May the winds of heaven blow softly
And whisper in your ear
How much we love and miss you Nana
And wish that you were here*



Always loved, always remembered by
your boys
Conor, Jamie & Finn

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

EDMOND (NED) O'BRIEN

**Masseytown, Macroom, Co Cork.
(Formerly of Bealnamorrvie). Who
died on the 25th of October 2021.**

As we lovingly remember Ned especially on this, his first anniversary. The wife and family of the late Ned O'Brien would sincerely like to thank all who expressed their sympathies, sent their condolences and extended the kind hand of support. We are most grateful to you all. It was a great source of comfort during the dark and difficult days after Ned's sudden passing.



Sadly missed by his wife Ann and his extended family.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

JERRY LYNCH

**Ullanes East, Ballymakeera who
died on Oct 22nd 2021**

As we fondly remember Jerry on his first anniversary, his wife Eileen, daughter N6irin, sons Paudie, Gear6id, Cathal, sisters Kathleen, Maura, Peig and the extended Lynch Family would like to express our heartfelt gratitude to our families, neighbours, friends and all those who sympathised with us and supported us in any way during our sad loss.

Sincere thanks to all those who sent Mass cards, enrolments, messages on RIP, letters, called to the house and brought food and refreshments.

We would also like to thank those who travelled long distances to be with us, those who lined the road from Ullanes to Ballymakeera and all of Jerry's colleagues in Cork Marts.

A very special thank you to Fr Jack Twomey for celebrating such a meaningful mass and for all of his kindness shown to Jerry during his stays in hospital. Also to Fr Se6an Mac Carthaigh and Fr Michael Corkery for visiting our home and supporting us.

Thanks to the sacristans Paddy and Nora for preparing the church, Aileen Flanagan and C6r Baile Mh6irne for their beautiful music and singing, McCarthy undertakers for their sensitive and professional handling of the funeral, the gravediggers, the Abbey Hotel, Dr Harte and his staff, the doctors, nurses and all the staff of the Bons Secours hospital for their excellent care of Jerry.

As it would be impossible to thank everyone individually, please accept this acknowledgement as a token of our appreciation.



Jerry's first anniversary will be celebrated in St Gobnait's church, Ballyvourney on Saturday Oct 22nd at 6.30pm.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

JOSEPHINE MURPHY

**4 Oakwood Court, Macroom,
Co. Cork
Who died on 25th October 2021**

As we lovingly remember Josephine on her first anniversary, we her family would like to express our heartfelt appreciation and gratitude for kindness and support shown to us at the time of Josephine's passing.

A sincere thank you to her great neighbours and friends, all who supported and helped us. Your presence, your generosity, mass cards, floral tributes, online condolences and kindness meant so much to us.

Our heartfelt thank you to Dr. Peter Cronin and all the staff at Sullane Family Practice and the staff at Deasy's pharmacy who always showed Josephine great care.

Thank you to the Gardai, ambulance crew and Dr. Con Kelleher who supported us on the morning of Josephine's untimely passing.

A special thank you to Fr. McCarthy, Michael Bradley, Mary Mc Sweeney and all who made her funeral mass special.

Our sincere gratitude to Bill and Martin Fitzgerald for their professionalism and support and to the Staff of the Castle Hotel for their kindness.

As it would be impossible to thank everyone individually please accept this acknowledgement as a token of our gratitude and appreciation. The Holy sacrifice of the Mass will be offered for our intentions.



*No Matter how life changes
No matter what we do
A special place within our hearts
Is always kept for you.*

Josephine's Anniversary Mass will be held in St. Colman's Church, Macroom on Saturday 29th October 2022 at 10am.

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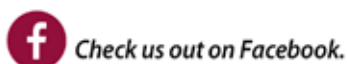
A Word of Victory

Welcome back dear student, I would like to invite you to join us next Thursday at 7.30pm for 'A Night of Worship' with the beautiful Jean Watson. Jean is an accomplished singer, musician and songwriter. Her ministry of music will touch your heart and fill you with joy. Her testimony is that God's love and grace brought her through great hardship and depression into a transformed life of purpose. God has no favourite's dear friend and He has good plans for your life too (Jeremiah 29:11-14). The Lord Jesus came to this earth to set the captives free, and to release those whom the enemy has kept in prison all their lives chained by sickness, bitterness, depression, shame, grief and fear (Isaiah 61:1-3). Instead, Jesus brought abundant life for us to enjoy (John 10:10). So come along on Thursday night to see and hear something different. There is no charge, and if you need a drive up please text the number below. More details on our Facebook page - Word of Victory Christian Fellowship Killarney. Hope to see you there!

How many people are truly enjoying their lives? "May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope and overflow with confidence in His promises" (Romans 15:13). In order to have hope you must believe - and that faith and trust will cause joy and peace to stabilise you in every area no matter how difficult the circumstances. Where does faith come from? It comes by studying and believing, and obeying God's Word. "So faith comes from hearing, that is, hearing the Good News about Jesus Christ" (Romans 10:17). Lots of people struggle with hope because they have no joy. They have no joy because they have no peace, and that lack of peace causes them to fear and believe the lies that the enemy whispers more easily than they believe God. And they don't believe God because they don't know His Word. Jesus is the Word of God in the flesh (John 1:14). So talking to the Lord Jesus - repenting for sin and inviting Him into your life opens the door for faith to enter and for hope to be ignited and joy and peace will fill your heart and mind (Isaiah 26:3).

Much of the media, education and government systems are promoting rebellion towards God's commands - faith in God is scoffed at as a weakness. Little do they know! People are groomed to believe and trust in human ability and skill, in the power of the universe, even in exercise and coffee as being answers to cope with life rather than to pray and ask for God's help. That is because they haven't heard the Word of God - only a form of godliness and religious rituals that keeps people from true relationship with God, and thus sadly, without any power (2 Timothy 3:5). When these things fail - and they will - oppression, captivity and deception ensue. God rebuked his people for looking to man for help and not to Him. He told them 'you went down to Egypt (symbolic of man's power) for help and protection, and you turned your back on Me and My Word; now, when Egypt's help proves worthless, calamity will come suddenly because of your rebellion' (Isaiah 30:1-26 paraphrased). But, God promises when we return to Him - Salvation, Rest, Trust and Peace will be the outcome with great Joy (Psalm 30).

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WovKillarney.



E: wovkillarney@gmail.com | Phone/Text - 087 4471797

10th ANNIVERSARY



In loving memory of

GARRY COTTER

8 O' Mahonys tce, Dripsey,
Co. Cork.

Who died on the
21st of October 2012

*Silent thoughts,
sincere and true,
from a family who thought
the world of you.
No longer in our lives to share,
but in our hearts you're always there.*



Always remembered
by your mother Eileen & family

10th ANNIVERSARY



In loving memory of

GARRY COTTER

8 O' Mahonys tce, Dripsey,
Co. Cork

Whose anniversary occurs on the
21st of October

*We think of you in silence,
We often speak your name,
But all we have are memories,
And your picture in a frame.
Your resting place we visit,
And put flowers there with care,
But no one knows the heartache,
As we turn and leave you there.*



Remembered today and always
by Eleanor, Tom, Dylan,
Rebecca, Clodagh.

6th ANNIVERSARY



In loving memory of

NELLIE O'MAHONY

Lee View, Macroom

*Those we hold most dear
never truly leave us,
they live on in the kindness they showed,
the comfort they shared,
and the love they brought into our lives.*



Lovingly remembered by Tim,
Gráinne, Clare, Ellen, Ann Marie
and all her family and friends.

Anniversary Mass in St Coleman's Church
Macroom at 11:30am on 30th October.

10th ANNIVERSARY



With love we remember

GARRY COTTER

8 O' Mahoney's Terrace, Dripsey
who died 21st October 2012

*Four years have passed since that sad day,
You closed your eyes and slipped away,
You left so quickly without a fuss,
And broke the hearts of all of us,
A pleasant smile, a heart of gold,
No better brother / uncle this world
could hold.*



Loved and remembered always by
Peter, Lorraine, Jordan, Chelsea, Emily
and Devin

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

11th ANNIVERSARY



In loving memory of

**FINBARR
(JER ARTHUR)
O'LEARY**

**Currahy, Ballyneary
whose 11th Anniversary occurred on
October 16th.**

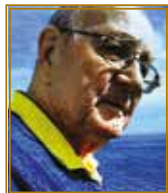
*Deep are the memories,
precious they stay.
No passing of time
can take them away.*



Always remembered by wife Margaret,
family Jerry, Nóra-M, John, Gearoid,
Anne, Fionn, grandchildren, extended
family, neighbours & friends.

*St Gobnait & our lady of Knock
pray for him.*

4th ANNIVERSARY



In loving memory of

**TOM
HAYES**

**7, Sullane Place, Macroom
who died on the 20th October 2018**

*We miss your smile, your joking ways,
We miss the things you used to say,
And when old times we do recall,
It's then we miss you most of all.*



Lovingly Remembered by
Antoinette

6th ANNIVERSARY



In loving memory of

JACK MURPHY

**Inchinaneave, Kilbarry, Macroom
Passed away 16th October 2016**

*Along the road of suffering
You found a little lane
That took you up
to Heaven,
And ended all your pain.
You may be out of sight,
We may be world's apart
But you are always
in our prayers,
And forever in our hearts.*



Always remembered by Don, John,
Mairéad and families.

7th ANNIVERSARY



In loving memory of

**GERARD
O'CALLAGHAN**

20 St Colman's Pk. Macroom

*For our brother
No sadness can compare
To this, our precious brother.
But today the choirs of angels sing
To welcome in another.
There is no one else on earth
So special as you were to us.
We hold onto you forever, our brother,
In our heart and memory.
We shared something so special,
A bond so deep and true,
Nobody else could ever make us
Smile so well as you.
We know that we will meet again,
We know this is not the end.
Rest softly from now until that day
Our brother and best friend.*



Sadly missed and forever loved by your
sisters Joan, Mary & Denise. Nieces Alannah,
Ellie & Grace. Nephews Evan & Donnacha.
Brothers in law Joe, Kieran & Daniel.

11th ANNIVERSARY



Remembering our wonderful
Mam and Nana

**JOAN
McCARTHY**

**Cahir, Ballyneary
Whose anniversary occurs on the
26th of October**

*Time may pass and life goes on
But in our hearts you are never gone.*

*Whatever we were to each other,
that we are still.*



I Smaointe agus i bpaidreacha do chlann
I gcónaí.

3rd ANNIVERSARY



In loving memory of

**PAT
TWOMEY**

**Inchamore, Ballyneary, Co Cork
Who died on 1st November 2019**

*Softly in the morning,
You heard a gentle call,
You took the hand God offered you,
And quietly left us all.*

Our Lady of Knock, pray for him.



Lovingly remembered by his wife Betty,
his sons & daughters, sons & daughters in
law, grandchildren and his many friends.

12th ANNIVERSARY



In loving memory of

**ANNIE
COTTER**

**Ballyneary, Co. Cork
Whose anniversary occurs
on 27th October**

*Though her smile is gone forever,
And her hand we cannot touch,
We still have so many memories,
Of the one we loved so much.
Her memory is our keepsake
With which we'll never part,
God has her in his keeping
We have her in our hearts.*



Always remembered by the O'Sullivan's
and the Kearneys

5th ANNIVERSARY



In loving memory of

**JIM
RING**

**Keel, Coolehane, Macroom, Co. Cork
who passed away on the
25th October 2017**

*A smile for all a heart of gold,
One of the best this world could hold.
Never selfish always kind
Such wonderful memories left behind.*



Always remembered
by his loving family.

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FIRST ANNIVERSARY



Treasured Memories of

MARY (MAISIE) THOMPSON

Inchincurka, Dunmanway, who died on 15th October 2021

*A smile for all, a heart of gold.
One of the best, this world could hold.
Never selfish, always kind.
These are the memories you left behind.
We speak your name with love and pride.
We smile through tears we try to hide.
We thank you for the years we shared.
The love you gave, the way you cared.
Deep in our hearts, you will always stay.
Loved and remembered every day.*



Sadly missed by your loving husband Jimmy and all the family

23rd ANNIVERSARY



Treasured memories of

SALLY ANNE SHANNON

Rusheen, Aghinagh who died on 27th October 1999 aged 17 years

*We're missing you a little more
Each time we hear your name,
We've cried so many tears
Yet our heart's broken just the same.
We miss our times together
Things in common we could share,
But nothing fills the emptiness
Now you're no longer there.
We've so many precious memories
To last our whole life through
Each one of them reminders
Of how much we're missing you.*



Loved forever by Dad, Mam, Denise, John, Hazel, Shane, Shauna, Cathal, Jack, Luke, Ryan, Dylan, Jamie and extended family.

3rd ANNIVERSARY



In loving memory of

DONAL LEHANE

Deshure, Terelton, Macroom, Co. Cork Who died on 17th October 2019

*We lost a husband, a Father and a Grandfather with a heart of gold,
how much we miss him can never be told.
He shared our troubles and helped us along,
if we follow his footsteps we will never go wrong.*



Sadly missed by your loving family Noreen, Ellenor, Con and Con Donal

4th ANNIVERSARY



In loving memory of my Dad

DERRY COAKLEY

Late of Castle Street Macroom Who died on the 24th October 2018.

*You held my hand when I was small
You caught me when I fell,
The hero of my childhood
And of latter years as well.
Every time I think of you
My heart just fills with pride,
And though I'll always miss you, Dad,
I know you're by my side.
In laughter and in sorrow
In sunshine and in rain,
I know you're watching over me
Until we meet again.*



Always and forever Dad, I miss you more than words can explain.
Your loving daughter Deirdre.

Anniversary Mass will be held on Sunday the 23rd of October in Ballyvourney Church at 11.30am.

20th & 15th ANNIVERSARIES



In loving memory of

PETER O'SULLIVAN

Died on 11th October 2002



In loving memory of

NORA O'SULLIVAN

Died on 19th October 2007

Coolcower, Macroom

*Those we love don't go away
They walk beside us every day.*

*Unseen, unheard, but always near
so loved, so missed, so very dear.*



Remembered with love by daughters Mary and Margaret, sons in law, grandchildren and great grandchildren.

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

MN

7th ANNIVERSARY



In loving memory of

PEGGIE MOLONEY

Rossnascap, Macroom Who died on the 27th October 2015

RIP

*For those think of Peggy today,
Please say a little prayer to Jesus.*



Always remembered by Her loving family

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

MN



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

MN

5th ANNIVERSARY



In loving memory of

JERH LYNCH

Clondrohid, Co. Cork

Who died 26th October 2017

A beloved father

*God saw the road was getting rough,
The hill was hard to climb,
He gently closed your weary eyes,
And whispered 'Peace be thine'.
A golden heart stopped beating,
Hard-working hands at rest,
It broke our hearts to see you go,
God only takes the best.*

*Ar dheis Dé go raibh a anam
Naomh Gbnait guidh air.*



Dad's anniversary Mass will be on
Sunday 23rd Oct., 9.30am
in St Abina's Church, Clondrohid

From your loving daughters Pauline,
Louise, Deirdre, Denise, Carol, and Linda

12th ANNIVERSARY



In loving memory of

JERH BUCKLEY

Castlemore, Crookstown

Who died on 15th October 2010

*Goodbyes are not forever
Goodbyes are not the end.
They simply mean we miss you,
Until we meet again.*



Always remembered and sadly missed by
Babe, Mary, Willie & family

9th ANNIVERSARY



In loving memory of

HELEN DESMOND

Coolavokig, Lissacreasig,
Macroom, Co. Cork,
who died on 18th October 2013

*Go mbeannaí Dhia dhuit a Ghobnait Naofa.
Go mbeannaí Muire dhuit
Is beannaím féin duit;
Is chugat-sa a thánag
ag gearán mo scéil leat
Is a d'arraidh mo leigheas ar son Dé ort.*



Lovingly remembered by Christoir,
Louise, Michael, Christina and Rachel.
Always in our hearts. Missed everyday.

30th ANNIVERSARY



In loving memory of

PADDY MANNING

Gurrane, Carriganima, Macroom
Who Died on 21st October 1992

*We Think about You Always
We Think about You Still
You have Never been Forgotten and
You Never Will.*

*Time Passes, Memories Stay,
Quietly Remembered Every Day,
Will Those Who Think of Paddy Today
A Little Prayer to Jesus Say.*



Fondly remembered Today and Everyday
by his Wife, Mary, and Family

4th ANNIVERSARY



In loving memory of

EILEEN O'RIORDAN

Ballymakeera East, Macroom

Who died on 24th October 2018

*We hold you close within our hearts
And there you shall remain,
To walk with us throughout our lives,
Until we meet again.
May the winds of heaven blow softly,
And whisper in your ear,
How much we love and miss you,
And wish that you were here.*



Sadly missed by her loving family

11th ANNIVERSARY



In loving memory of

PEGGY O'CONNELL

Bawnmore, Macroom, Co. Cork.
Who died on 30th Oct 2011

*If Roses grow in Heaven
Lord, please pick a bunch for me.
Place them in my Mother's arms
and tell her they're from me.
Tell her that I love her & miss her,
and when she turns to smile,
place a kiss upon her cheek
and hold her for awhile.
Those we love don't go away,
They walk beside us everyday, unseen, unheard
but always near,
Still loved, still missed & ever dear.*



Fondly remembered always by her
loving family.

Anniversary Mass on Sunday October 23rd in
Macroom Church at 11.30am

14th ANNIVERSARY



In loving memory of

ROSARIE O'RIORDAN

Inchisine, Toames, Macroom
whose 14th Anniversary occurs on
21st October 2022

*Deep in the heart lies a picture
Of a loved one laid to rest
In Memories frame we keep it
Because she was one of the best.*



Loved and missed by all your family

7th ANNIVERSARY



In loving memory of

MAUREEN FOLAN

Ballyvourney, Co. Cork.
A dear wife mother and
grandmother.

*No matter how life changes,
No matter what we do,
A special place within our hearts,
Is always kept for you*



Sadly missed by your husband Martin
and family.

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