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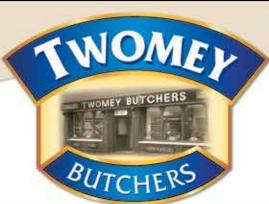
Nine different countries represented at the Macroom Food & Craft Festival; Ukarine, Algeria, Georgia, Nigeria, Zimbabue, Bangladesh, Somalia, Mauritius and SECAD Ireland. Pic. Peter Scanlan







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Urban streetscapes and liveability

Following on from my editorial about walking in the gutter to get an education, and at the request of others, I submitted my concerns to Macroom council and local TD's. Unfortunately, the excitement over the new bypass seems to be taking precedent and they're not responding to emails. The journey to school still remains hazardous, perhaps sacrificing a human for the greater cause would be the best route of getting the issue addressed? Having said that, we have had a number of pedestrian deaths in the town but perhaps these are not enough?

And it's an issue which needs to be addressed town wide, the Safe Routes to School programme aims to create safer walking and cycling routes within communities, alleviate congestion at the school gates & promote healthy travel alternatives to mum's taxi. One solution to the current issue, I'll put forward to rectify the above issue.

Another solution would be to look more closely at the town as a whole, and what we want for it its rebirth, post bypass opening. I travel extensively around Ireland with work, and I have been struck time and time again by town centre's with an onus on regeneration, creating attractive, liveable, well designed, high quality urban places that provide for a high quality of life and well-being. Simply put, they look good, and make you feel good. In a report to the Oireachtas, titled 'URBAN REGENERATION 3 – REPAIR AND LEASE, CPO, DERELICTION AND VACANCY' it states "The heritage streets of our

towns, which were, only 100 years ago full of vibrant families and businesses, have slowly been turned from streets into roads, through the implementation of road engineering design principles to serve the motorist. Through this change, Ireland has brutalised our town centre's and alienated public life with car focus design for the priority of drivers; the environmental quality and ambience of our towns have been further degenerated by heavy SUV cars and lorries that have forced road design standards to regulate our ACA public realm."

Take Clonakilty for example, where pocket Squares were designed to create an environment that affects driver behaviour establishing pedestrian priority over vehicular traffic and mark crossing points for pedestrians rather than a traffic dominated streetscape. The design, as Giulia Vallone wrote in the Irish Examiner "was based on the reduction of street clutter and the provision of "mini squares" at strategic locations, improving the legibility of the street and providing public terraces furnished with street chairs and coffee tables, inviting people to stop and use the street in many creative ways"

Currently Macroom has this small corner earmarked for multiuse space, with an every present car!

The Market aspect of our town has long been eroded by our submission to the car, in fact our market square is a carpark, a stopping point for tourists who zig, zag their way through oncoming traffic to get their token photo of the Castle.

Will the town become a thoroughfare without congestion? It's mainstay for cars to ignore the traffic lights at Chapel Hill and Supervalu, imagine cars careering down New Street at speed? Elevated pedestrian crossings would help this issue. Marry these updated with cycle lanes & new street furniture we could have a town space as attractive as Clonakilty 400 or Westport 2000 initiatives.

Now that the bypass is nearing its initial opening phase, it's time to question why motor traffic is still a barrier to Macroom's attractiveness & liveability? Once the bypass is open will be become a ghost town, or a vibrant town center? Do we have a local authority, town architects and cross body approach to design a liveable urban environment for everyone to enjoy?

And before someone tells me we can't aim for it or afford it, the "Project Ireland 2040" with the national planning framework plan has placed a focus on the revitalisation of Irish towns, and the recent Housing for All has heralded the 'town centre first' policy in the Programme for Government. If other towns can do it, what is inhibiting us?

Macroom Food festival & Culture Night

Macroom was awash with events last weekend and the turnout to the Macroom Food festival was one of the biggest in years. A huge thank you to all the volunteer's & the Lee Valley Enterprise board for making it happen.





Pedestrian priority zones & seating in Clonakilty

Don't be a stranger If you have an article, photo or story you wish to share, email:

leevalleyoutlook@macroom.ie

If you cannot access physical copies, the LVO can be viewed online at:

https://www.outlookmags.com/archives/lee-valley-outlook/

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before

publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions will be published in the following edition.

Please note my role as editor is part-time, I am not always available to answer emails/calls immediately, note there will be some delay in getting back to you.

As always submissions as Gaeilge are always welcome too!

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Sarah Kate Murphy EDITOR



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In this Edition Ed 20 - 6th October 2022

- A. Editor's note page 4
- B. Macroom Updates pages 4, 6, 8, 10, 12, 16 C. Lee Valley Updates pages 20, 22, 24, 26, 28
- D. History page 32, 34, 36

- E. Advertorial/COCO Notices page 38
- F. Snippets page 42
- G. Sports pages 44 <u>53</u>
- H: Trades & Services pages 54, 56 57



































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MCEGAN COLLEGE:

CLASS BONDING DAYS

Over the past few weeks TY, LCA5 & LC enjoyed days out bonding and having fun together.

Our Fourth Years spent a full day at Ballyhass Coachford participating in team building activities. Despite the change in weather, students enjoyed the exceptional facilities available in Coachford. The morning was spent on the Agua Park and fire building, while the afternoon was spent developing archery and axe throwing skills. Another excellent group of Fourth Years build strong bonds for the year ahead.

6th year students spent a day in Killarney where they enjoyed THE ESCAPE ROOM.

A new 5th year LCA class began in August.The students recently attended Ballyhass outdoor pursuits centre in Coachford for a bonding day. The LCA is a practical Leaving Cert programme which places particular emphasis on preparation for the world of work and life-long learning.

PLC AWARDS CEREMONY 2022

Mixed emotions on Thursday 22nd September as McEgan College celebrated its final PLC graduation. McEgan College will no longer offer Adult Education courses. For the past 25 years McEgan College provided PLC education it was with great sadness they learned that a decision has been made that any Second Level School would no longer be permitted to offer adult education in the same building as secondary education.

Provision of PLC will still be available in Macroom and will operate from the Macroom E Enterprise Centre on Bowl Road offering Business Administration, Health Service Skills, Nursing Studies and Special Needs Support from now on. Congratulations to the class of 2021-22 who graduated with a variety of QQI Level 5 & 6 awards. Students graduated with Certification in Business Administration, Advanced Business, Early Learning and Care, Nursing Studies and Health Service Skills. The atmosphere was celebratory, and one could feel the pride that graduates and their families felt as they reaped the rewards of hard work, perseverance and dedication. Many of the graduates are currently employed in their vocational areas while others have continued to Third Level to pursue Degree programmes at university.

Guest speakers on the night included Mr. John Fitzgibbons, Director of Further Education and



McEgan College TY Students Tom Finn, James King, Oisin O'Connor, Mattes Vokmer, Manuel Fernandez, Bobby Murphy, Graham Lynch, Bridget Ward, Lindsey Kelleher preparing to go paddleboarding in Ballyhas, Coachford.

Training with CETB.

McEgan College Principal Ms. Trish Lynam congratulated the graduates and paid special tribute to the dedicated staff members some of whom have transferred to Cork College of FET. Morrison's Island. Course coordinator, Ms. Bernie Angland, had huge praise for the students and their commitment to their courses.

ART APPLIQUE & FELTMAKING WORKSHOP

1st and 2nd years enjoyed an Applique and feltmaking workshop with Declan O Meara as part of the JCSP initiative Artist in the classroom. Students learned new skills and techniques which was both enjoyable and informative. So excellent

work was produced, and students had a most enjoyable day.

MTU VISIT TY STUDENTS

Ms. Caroline Kearney from MTU Cork visited McEgan recently, setting the seeds of the Transition year students considering progressing to third level. Caroline later met with the 5th & 6th yr students for a more in-depth discussing of courses. MTU Cork open day is Nov 18th. 5th & 6th year students will have a further opportunity to visit the college campus and do some more exploration of their options.



Health services graduates at recent PLC graduations in McEgan.

Shame the Devil musical for Cork

The hugely successful and critically acclaimed musical 'Shame the Devil' is being performed for one night only at the Everyman Theatre in Cork on Wednesday October 12th. The musical based on the tragic events of the 1921 Dripsey ambush had a very successful run in Coachford earlier this year and now moves to the Everyman for one performance only. "Shame the Devil" tells the story of how the Irish Volunteers were betrayed to the British Forces by Maria Lyndsay and others which led to the assisination of five

Irish volunteers and the following reprisals that led to the disappearance of Mrs Lyndasy and her Chauffeur . Shame the Devil is a musical full of gorgeous and uplifting songs that tells a tale of love, betrayal and loss. The cast and crew are all from the Lee Valley area and are looking forward to performing this superb show on the Everyman stage. Tickets are available online at https:// everymancork.com/events/shame-the-devil/







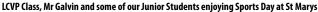
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CLINICS THROUGHOUT MUNSTER







Méabh Bradley and Katie Cronin playing music for our guests at open night

FIRST YEAR BONDING TRIP

On Tuesday, September 27th our First-Year students attended West Cork Secret activity centre for their Buddy Trip. They were accompanied by their 12 TY Buddies and teachers Ms Kelleher, Ms Lehane, Ms Hickey, Mr Burns and Mary Murphy. Once they arrived, they were split into four groups and they were sent around doing various activities such as team bonding games, orienteering events and the very muddy water slide. All students fully enjoyed the fun filled activities and the pizza which they were served for lunch. Thank you to Ms Kelleher for organising the day for the girls. Written by Ciara Kelleher (TY Student)

ECOLOGY FIELD STUDIES IN FOTA WILDLIFE PARK

1st years also enjoyed an afternoon of activities

recently organised for them by The Buddies

Our Sixth Year Biology students visited Fota Wildlife Park last Friday with Ms Butler and Ms Foley. They carried out their Ecology field studies in a Woodland Habitat. The guides in Fota commented on their knowledge, interest and excellent behaviour. Despite the weather, they thoroughly enjoyed their day out. It was a very worthwhile experience for the girl's putting theory into practise.

SPORTS DAY

We had a fantastic annual Sports Day again this year which was organised and run by the 6th Year L.C.V.P class. Ms. Kelleher and Mr. Galvin assisted the L.C.V.P students with the organising of the event which hosted a range of activities in both the hall and field for 1st, 2nd and 3rd Years. The daylong event provided an opportunity for students to partake in 3 legged races, an obstacle course, gaelic football & camogie, solo races, relay races, Volleyball and a penalty competition. The autumnal weather allied by an excellently run set of events created a wonderful atmosphere on the day. A barbeque was provided up in the sports field by Trish which enormous work and preparation went into to feed everyone on the day. Thanks to the L.C.V.P class for organising the event, Ms. Kelleher, Mr. Galvin, Ms. De La Cour, Mr. Cooke and Mr. Hennessy for assisting, Trish Long for the barbeque along with her helpers the TY buddies and Timmy Coleman for setting up the obstacle course. Thank you to the local businesses for sponsoring prizes for the day: Haven Pharmacy, Matt Murphy's Pharmacy, O' Leary's Supervalu, Pickled and Rebel Coffee.

MERCY DAY

As a school community we were delighted to celebrate Mercy Day on the 23rd of September. A Mercy tradition from 1866-2022. Special thanks to Mrs Margaret O Donovan and Ms Aoibheann Queally for all their hard work in preparation for the lovely mass. Happy Mercy Day from all at St Mary's.

OPEN NIGHT

We held our Open Night on Thursday the 29th

of September. This was our first Open Night since 2019 and it was fantastic to see our school full of visitors again. All staff put huge effort into ensuring that all of our incoming students enjoyed the night. It was great for the visiting students and parents to see the lovely relationship that exists between the staff and students in our school. Huge thanks to our girls who, as always, were superb, they represented our school so well. We would also like to thank the Ms O Donoghue and the organising committee for their work in putting the whole event together.

Bhí an oiche oscailte againn ar an 29ú lá de Mheán Fhomhair. Tháinig slua mór chun na scoile. Tá súil againn gur bhain cailíní as ranganna a 6 sa cheantar an taitneamh agus tairbhe as an oiche. Ba mhaith linn ár mbuiochas a ghabháil leis an gcoiste a d'eagraigh oiche chomh suimiúil sin do na tuismitheoirí agus do na scoláirí. Táimid ann bhuioch as na múinteoirí a d'oibrigh chomh dian roimh agus i rith na hoiche. Táimid ag súil leis na cailíní gleoite sin a fheiscint i mbliain a haon san athbhliain.

POETRY ALOUD

Good luck Mrs Casey, Ms Murnane and Ms de la Cour's English students, first year students Emer Bourke, Amy Mulcahy, Eva O Callaghan, Aoife Mc Carthy, Mary Hurley, Sarah Neville and Katelyn Cronin and Second Year Students Chloe Lehane and Cara O Brien who are taking part in Poetry Aloud poetry speaking competition. Best wishes to you all.



St Mary's Business Room on Open Night



1st Year English Students who have entered the Poetry Aloud Competition at St Marys



Baby/Child First Aid Evening

October 20th 2022

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U15 football team, De La Salle College Macroom

OPEN DAY

We would like to thank everyone who visited our school for our annual open night on Thursday, September 22nd. We would like in particular to thank our teachers for their effort in giving parents specific subject information and to our best asset, our students, for all their work and help on the night. It was great to see everyone face-to-face and give people a tour of our new classrooms and facilities that we are very proud of. The prospective students seemed to really enjoy themselves, the Sam McGuire in particular went down a treat, so thank you to Mr. Shane Ryan for bringing it in! Here in De La Salle we known for our warm and personal atmosphere so it was great to get a chance to showcase this. We are now enrolling for 2023 so please avail of an enrolment form from our school website or school office and submit by Friday, October 28th.

U15 B MUNSTER FOOTBALL CHAMPIONSHIP

De La Salle's Under 15 Munster Championship got off to a superb start this week when the Macroom footballers inflicted a decisive victory on the Ballincollig side Colaiste Choilm. The encounter at Macroom Town Park on Wednesday afternoon was opened by De La Salle's Coran Burns who with an excellent finish put the home team a goal up within the first few minutes of the match. The score was quickly followed by a point from a free kick by Jacob Barry. From then on it was the De La Salle side that dominated the first half with the score at half time being 4-08 to 1-01. An impressive hat trick by De La Salle's Tim Sweeney meant the Macroom lads had plenty to cheer about at the end of the first half.

The second half opening score by Jacob Barry helped extend their lead as he a secured a point for the Macroom side. Another goal by Jack Browne put the game to bed as the Ballincollig side failed



Mr John Murphy (Principal De La Salle) wishing Markus Bogdanovs (second year) good luck before he represents Ireland in the Kick Boxing World Championships in Italy.

to make any significant comeback into the game putting just two more points on the score board. Jacob Barry once again added to De La Salle's impressive lead mid-way through the second half while a long-range effort from Jack Leavy ended at the back of the net near the closing stages of the game. The final score of this first round championship match ended with a score line of 7-17 to 1-03. An impressive start for the Macroom side's championship with their next match taking place later this month.

IRISH REPRESENTATIVE

The school would like to wish Markuss Bogdanovs (second year) the very best of luck, as he heads off to represent Ireland in the Kick Boxing World Championships in Italy.

CHAPEL HILL SCHOOL OF ART

Culture Night at Chapel Hill School of Art September 23rd

Culture Night at Chapel Hill was a well-attended culture filled musical evening. The celebrations opened with world music from the fabulous Fresh Air Collective in the acoustic Yellow Chapel. Artists of all ages enjoyed drawing and creature making with local artist Muireann Kelleher while being serenaded by the global music for the talented Edel O Sullivan, Ruthie Lachs and Eileen Healy.

We were honoured to have the Mayor of Cork County Cll. Danny Collins join us at Chapel Hill. Mayor Collins opened the exhibition 'Nine Poems of the Sea and Nine Songs of the Forest' by sculptor Denis Lynch and textile artist Ann Mechelinch. The exhibition remains open until October 8th. The exhibition opening was followed by music from The Colin Mc Lean Latin Trio. We were delighted to see our spacious Community Room with its beautiful original pitch pine flooring responding to the rhythmic swirls of 30 or so Salsa dancers under the watchful guidance of Salsa teacher Niamh Brodrick. Artists of all ages enjoyed painting with artist Paul Mc Kenna and weaving with Ann Mechelinch. The stain glass prayer room hosted an exhibition of the talented painters of our advanced Painting Class. The evening came to an end with a closing performance by the Fresh Air Collective.

This all fun, all free, all welcome event was due to

the support of Cork County Council and the Arts Council. Our thanks for supporting Culture Night at Chapel Hill School of Art. Their support means we can share our local creative talent, provide employment to Artist and musicians and open the door of our wonderful amenity at Chapel Hill all while contributing to the cultural enrichment of our community.

Bernadette Tuite School coordinator said 'Many thanks to everyone who attended Culture Night. We have a beautiful amenity here in the former convent and we are committed to sharing the facility with our community. The former convent purchased by Joe Neeson and John Mc Cormack that has been carefully restored and repaired so that our community can participate in art classes and events which greatly benefits both themselves and our local economy. Up to 10 artists educators are employed parttime at the school as well as support staff and the conservation and restoration team. We are set to expand our offering of Art classes with a state-ofthe-art Ceramic and sculpture facility to open in St. Catherine's Hall in early 2023.'

Upcoming at Chapel Hill School of Art

The Art school has reopened for classes and workshops. We have both morning and evening classes for adults as well as several one day Workshops in many disciplines from basket weaving to photography. September 24 th. Children's Art Club is on Wednesday after school at 3.30 and Saturdays at 2pm. Registration is now

Youth Film Making

To encourage our young Filmmakers and Actors we are delight to announce that

the Michael O'Loinsigh Memorial Youth Film Competition is now open for entries.

This a film making competition and award incorporating an Irish language

element open to all young people from 14 years to 25 years.

This is an opportunity to get your work in front of international film director Donal O Céilleachair of Anu Pictures and Chris Hurley of Cork Film Centre. The Awards and Film Screenings will take place on December 10th at 7pm.

Details and the Entry Form are available on our website.

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memorial-youth-film-maker-award

Exhibitions Continue

We are delighted to present: 'Technically Art'

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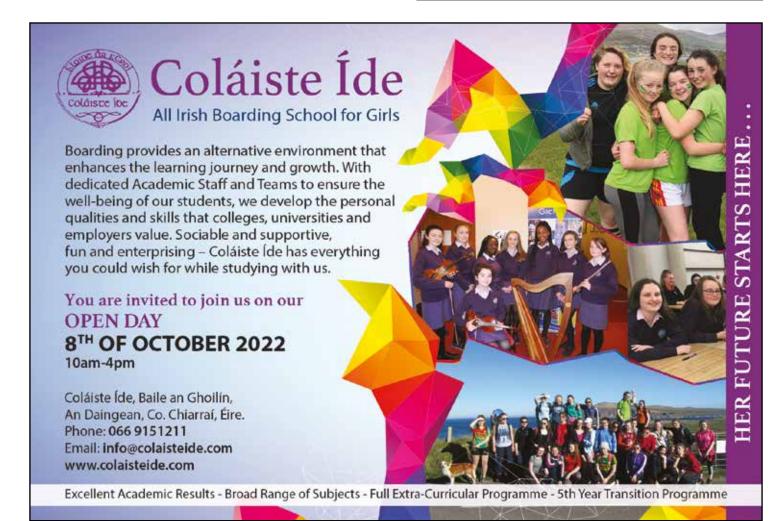




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GAME OF MY LIFE

This is an extract from the latest entry in the "Game Of My Life" series by Herobooks, in which some of Cork City's greatest players remember the game that will live with them forever. I was honoured to work on this project after getting in touch with Liam Hayes, the founder of Herobooks and he put the idea to me. "Cork City: Game Of My Life" was released on Friday the September 30th, and will be available for sale in all good bookstores and online. It will also be available locally in Fitzgerald's Bookshop in Macroom.

NEAL HORGAN:

Cork City 2-0 Derry City **LEAGUE OF IRELAND PREMIER DIVISION TURNERS CROSS** NOVEMBER 18TH 2005

For me it was about winning leagues, winning cups, being at the very pinnacle of the game in Ireland. The 2005 game was amazing in that it put all of that on the line in one match. That we could be heroes or people who didn't quite get there.

The fact that Derry were ahead of us meant we had to win. Whilst anyone coming to the game that day would have known that, they might not have known Neal Horgan has been trying to achieve this his entire life.

This might be the closest you'll ever get to achieving what you are trying to achieve. It was all going to be decided in 90 minutes in front of 8,000-10,000 screaming people tightly packed into Turners Cross. It really set it up to be a really important game. I know and all the rest of the players knew this was going to have an impact on the rest of our lives, as to how we maybe look back at our careers, were we right to stick with football or not?

It is very important to mention Derek Coughlan made a huge influence when we were walking out to the game. He started shouting "we are in Cork, we are going to win it and nobody is going to take it from us." That really got us all in the right place, as did Damien Richardson and Dave Hill, who did really good jobs that day as well.

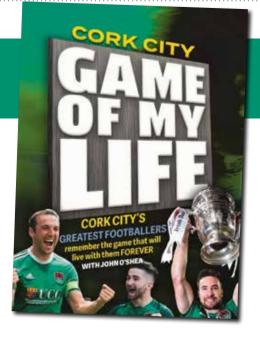
Damien made a big impression in the dressing room, playing it low key, telling us that 'To trust ourselves.' That was the right kind of chord for me. Dave Hill actually gave me advice as we were in the warm up. The thing about that game was when we turned up for the warm up, we turned up at the Turners Cross Tavern as we normally would maybe two and a half hours before the game, it was full of Derry fans.

Normally it was just us in there. So this was different to the normal prep for a game. Now we had anticipated this to some degree, but it can be a bit disturbing. Then you go out to do the warm up. Again this is an hour and a half before the game. Normally there was a few fans, but on this night the ground was full.

Everyone that was going to the game was at the match. The ground was full and you are like, f****t this is different. Normally you have a chance to wind up. So you go from a situation where it is just you, to the dressing room it is just 30 guys and you are all in the same mind frame. You get to go out onto the pitch and see a few fans. You are getting ready, the music is starting. You go back into the dressing room and you head the crowd coming in and you hear the chants starting up.

The Derry game in 2005 was different. The crowd were there before you were there. The getting ready or jazzing up is done. Luckily Dave Hill called me aside and said do you know what you do on nights like this, he said you just breathe in the air, as in breathe in the crowd. Have a look straight at them, breathe it in and just take it from there. So you have got the crowd through your system somehow by breathing them in . So that helped.

The very first incident I was involved in was a kick out from the Derry goalkeeper over to my side. By hell I was going to win this header, the Derry player could have been 10ft,it didn't matter, I was going to jump and I was going to win this ball. So I won the header, which was great. I had Roy O'Donovan primed as well. That was a great start for me, you're in the game and I got a bit of a roar. It was something that probably boosted me.



You needed to meet the game, be there and be ready. So I was ready and that header helped.

My thoughts at full time, just sheer relief now I suppose because if you are a defender, this could go from absolute joy to unfathomable tragedy in the blink of an eye, and you could be the culprit. That is in your head for the game, but the last ten minutes in particular. You need to be on top of this and make sure everything is as it is in terms of defensively. So you are carrying that the entire season, but in particular in this game. You could be massively exposed here to something that is beyond you. So you are kind of protective a bit, but you have to carry the burden and you have to act.

We were jettisoned into the Shed which was great. It was just amazing. So you would have had family on the pitch, friends on the pitch, it was a pitch invasion. It was absolutely fabulous because it was warranted. The club hadn't won a league title in 12 years, everyone knew what it meant.

John O'Shea (Freelance Sports Journalist , Macroom)

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UPCOMING EVENTS IN MACROOM LIBRARY

Creative Writing Group will meet on Friday October 7th at 11am.

Bridge Club will meet on Wednesday October 12th at

Music Morning will take place on Friday October 14th

Irish Countrywomen's Association Talk will take place on Saturday October 15th at 11am.

Purlies Knitting Group will meet on Thursday October 20th at 11.30am.

CULTURE NIGHT – we would like to thank everyone who joined us for Culture Night on Friday Sep 23rd to enjoy a fantastic hour of traditional music performed by the Aghina Comhaltas. It was such an enjoyable evening, and we are already looking forward to Culture Night 2023.

IRISH COUNTRYWOMEN'S ASSOCIATION TALK

 Saturday October 15th is International Day of Rural Women, and to celebrate the occasion, we are hosting a talk by the Irish Countrywomen's Association at 11am.

The ICA aims to provide is a welcoming organisation that offers support, friendship, personal development, education, and friendship. Pauline O'Callaghan of the ICA will join us to explain the benefits of being a member of the ICA, the different types of fun activities they take part in such as arts & crafts, stitching, oilpainting, crochet, drama, home economics, sports, speaking Irish, and much more! You will also learn how to join the ICA, how to set up a guild in your local area, and Pauline might also bring along some crafts created by members of the ICA for you to see so we would be delighted if you would join us at 11am on Saturday October 15th.

PERIOD PILOT SCHEME

Cork County Council Library and Arts Service launched a pilot period product scheme where free sanitary products are dispensed throughout its 29-branch network from 2nd September 2022. This initiative has been funded by the Department of Health. 'We Are Riley' will supply sustainable (products made in Europe with an ethical manufacturer using 100% certified organic cotton in compostable packaging) sanitary products to the 29 library branches and mobile libraries.

There is a dispenser located in the public bathroom in Macroom Library and the products are free for the **Ciaran 087 817 8977**

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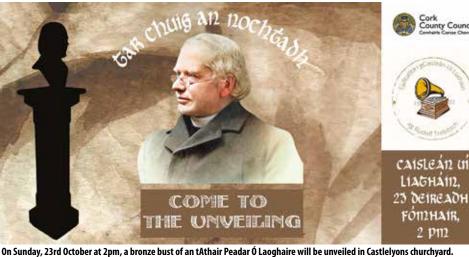


A FORGOTTEN LITERARY GREAT UNVEILED

"Bhí fear ann fadó is é an ainm a bhí air ná Séadna ..." With his novel Séadna a staple of the school curriculum, the name an tAthair Peadar Ó Laoghaire was once such a household name that Seán T. O'Ceallaigh could confidently proclaim: "almost every man, woman and child in Ireland who has ever handled an Irish book knows the name and loves it." Yet, alas, his writings have since fallen out of style and he seems to have fallen off the map in terms of public awareness. Certainly, to visit Castlelyons today—the east Cork village where he wrote all his books while parish priest there from 1891 to 1920—you'd hardly know that it is here that he is buried.

All that is set to change on Sunday, 23rd October next at 2pm with the unveiling of a bronze bust of an tAthair Peadar in Castlelyons churchyard. Said bust is by Clare sculptor Seamus Connolly who has sculpted the likenesses of many famous people in his time: John F. Kennedy, Páidí Shea, Richard Harris, and John B. Keane to name but a few.

Sunday 23rd October 2022 will also see the unveiling of an infoboard in Castlelyons churchyard. The infoboard takes as its theme a note which described an tAthair Peadar as "the Nestor of Irish Literature", reasoning that it may have been Nestor in his guise as the "clear-voiced orator" from whom "flowed speech sweeter than honey" that reminded the note-writer of an tAthair Peadar. Certainly, the Múscraí author (he was born in Clondrohid, near Macroom, in 1839) was alive to the music of Irish, even using the analogy of a tuning fork when advising learners to listen to native speakers to attune their ears to the rhythms of the language. And, at a time when





reading material in Irish was scarce, he was prolific in churning out books rich in Gaeltacht Irish for learners to immerse themselves in.

Since it was, they who funded both the bust and the infoboard, it seems fitting that Cork County Council should title their Irish-language funding strand "Our Native Voice" as it is perhaps as "the Voice" that an tAthair Peadar most deserves to be remembered, championing Gaeltacht Irish at a time when others wanted a return to the seventeenth-century Irish of Geoffrey Keating. Certainly, his writings left a lasting imprint on the Irish we speak today. Just ask Pádraig Pearse who said of his debut novel: "Some of our most distinctive writers have declared that it was the early chapters of "Séadna" which first taught them how to write Irish."

So, if curious about what a honey-voiced Nestor sounded like, why not pay a visit to Castlelyons churchyard? Where you'll find a QR code on the infoboard: just scan it to hear—and here's the real scoop! —two recordings of an tAthair Peadar's voice, recorded in Castlelyons in 1907. Then maybe have a wander over to the bronze bust to say hello to Ireland's answer to Charles Dickens (at least to hear William T Cosgrave tell it in 1911 when he said: "What Thackeray and Dickens have done for English literature Father O'Leary has done for Irish.").

As mentioned, the unveiling while take place on Sunday, 23rd October at 2pm. There will also be an exhibition, music and refreshments to further enliven proceedings. Fáilte roimh chách!

Pregnant Dog Taken to Safety After a Year of Hiding from Welfare Authorities

Terrified stray dog, Flora, is safely in the care of Dogs Trust Ireland having recently given birth to 10 puppies. The charity is now seeking loving homes for her 10 adorable, eight-week-old puppies and a very special home for fearful Flora. Following an unprecedented surge in the number of dogs looking for homes post-pandemic, the charity is urging the public to consider adopting or fostering a dog. After a year and a half on the run from animal welfare authorities, a terrified stray dog is safely in the care of Dogs Trust Ireland having recently given birth to 10 puppies.

Flora, the two-year-old Foxhound managed to remain at large, despite the extensive efforts of volunteers from a Midlands animal rescue. When she recently fell pregnant, she was finally caught and taken into the care of the charity's dedicated puppy unit in Finglas, Dublin.

The charity is now seeking loving homes for her 10 adorable, eight-week-old puppies and a very special home for fearful Flora.

Sandra Ruddell, Assistant Manager at Dogs Trust Ireland explains: "Poor Flora has been through so much and was so avoidant of people that she managed to remain at large for almost 18 months. While she has come on a long way since arriving, she is still very worried by unfamiliar people and runs to the back of her kennel to hide if they approach, so we are taking things very slowly with her to gain her trust.

Now that her puppies are ready to find homes, we are appealing for a very patient and understanding person to open their heart and their home to Flora. She will need a lot of rehabilitation and this will take much time and dedication. Flora is too worried to even walk on a lead at the moment, so will need a home with a big garden until she is confident enough to face the outside world."

Despite having their rehoming centre in Dublin, Dogs Trust rehomes dogs all over Ireland, assisted by a network of foster families which they are

Eimear Cassidy, Regional Rehoming Manager continues: "We have 221 dogs waiting to be adopted at the moment and a very long list waiting to come into our care, as soon as we have space to take them. So, we are appealing to people to please consider adopting a dog or puppy and if you're not in a position to do so, perhaps you could foster a dog instead?"

If you are interested in adopting or fostering, please visit www.DogsTrust.ie to see all of the dogs available.



END OF SEASON CLEARANCE AUCTION

At THE ANTIQUES VILLAGE EMPORIUM, FARRANFORE.

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Saturday - 8th October - 2022 at 11am
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Local Pilgrims on a recent Pilgrimage to Rome, Assisi, and San Giovani. They all had a wonderful Pilgrimage. Prayers were offered for everyone in Macroom. Also special prayers for those who have no one to pray for them



Junior Infants 2022 at Tirelton NS



An tEaspag Fintan ag bualadh le muintir na háite le linn a chuid ama i mBéal Átha'n Ghaorthaidh i rith na deireadh seachtaine.(Grianghrafadóir: Nóirín Uí Thuama)



An tEaspag Fintan ag bualadh le muintir na háite le linn a chuid ama i mBéal Átha'n Ghaorthaidh i rith na deireadh seachtaine.(Grianghrafadóir: Nóirín Uí Thuama)



Bishop Fintan Gavin with Sheila & Noel O' Riordan and Joe Creedon at Inchigeela church after Sunday mass on the 25th Sept. (Pic. Connie Cronin)



Eileen Day, Kathleen Vaughan, Mary Casey, Bishop Fintan Gavin, Fr Anthony O'Mahony, Sheila Cotter, Anne Kelleher and Kitty Cronin, at Inchigeela church after Sunday mass on the 25th Sept. (Pic. Connie Cronin)



Conor and Mary Kelleher presenting a cheque at Ceili night to Christy Lehane of the Irish Motor Neuron disease association.



Conor and Mary Kelleher presenting a cheque at Ceili night to Pascal McCarthy from the Mercy Hospital Foundation.







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CLONDROHID

CLONDROHID PARISH WELCOME JAMES(Jimmy) GREENE: Fr. Jimmy has been appointed Administrator of Clondrohid parish, and will help Fr. McCarthy Ballyvourney, with the running of the three parishes of Clondrohid, Ballyvourney, and Kilnamartyra.. He will reside in the Parochial house in Clondrohid. All in the parish wish him a 'Cead Mile Failte, and hope his journey with us will be a fruitful and happy one. Unfortunately changes had to be made to the number of Masses said in each parish and the following is the present line up, which may change in the future.

CLONDROHID: Sunday morning only at 9.30am. No Saturday night Mass.

CARRIGANIMA: Saturday night at 6pm. No Sunday morning Mass.

CONFESSIONS:

In Clondrohid on Saturdays 11.30am to 12 Weekend Masses for Ballyvourney and Kilnamartyra

Sat at 6.30pm Ballyvourney

Saturday at 8pm in Reidh na nDoiri

Sunday at 10am in Cul Aodha

Sunday at 11.30 am in Kilnamartyra

Sunday 11.30am in Ballyvourney

Weekday Masses: Clondrohid on Mondays, Wednes days, Thursdays, and Fridays at 9.30am

Ballyvourney on Mondays, Wednesdays, and Fridays at 9.30am, on Saturdays occasionally at 11am

Cul Aodha on Fridays at 10.30am

Kilnamartyra on Tuesdays at 9am Thursdays at 7pm and Fridays at 7pm

STATION MASSES FOR THE AUTUMN: No House Stations.

#Sat Oct 15 at 11am for all of Clondrohid, both village and country.

Sat Oct 22 at 11am for all of Carriganima, both village and country.

MILLSTREET VINTAGE CLUB: Tractor Run on Sunday Oct 16 in aid of CART Carriganima Rural Bus Service.

Registration at the Pub Carriganima from 11am. Run will leave at 12 noon sharp.

Entry fee €20 per tractor, all tractors both old and new are welcome.

Refreshments after in the Pub.

For more info, contact Danny Lane on 0872213848, or Dan O'Riordan on 0872452569. All passengers must wear seatbelts

SET DANCING FOR ADULTS: Alan is back, with sets, ceili, quick step and waltzing on Tuesdays 8pm to 10pm in Clondrohid Community Hall. Commencing on Oct 11, and every Tuesday night until Dec 13. €8 per night. Great nights assured.

CEILI FUNDRAISER IN AID OF DAFFODIL (NIGHT NURSES) IN MEMORY OF TEDDY KELLEHER R.I.P.

This fundraiser for such a very worthy cause will take place in the Abbey Hotel on Sat night Nov 19 from 9pm. Music by the Abbey Ceili Band, plus music and singing session in the bar. Donations accepted at any stage.

ACTIVE RETIRED: This group are full of plans, ideas, and social occasions.

The sewing classes are coming to an end, and were a great success. well done to all, and to Catherine, our tutor, who had great patience!

Yoga continues on every second Wednesday, and the cards for fun are back on Oct 10. Outings have been arranged to Siamsa Tire, and to the Kilfenora Ceili Band. Sing song on Monday Oct 17. Lots more in 'the tank' for later.

CLONDROHID DEV GROUP: With winter fast approaching, this group will be winding down their gardening activities. They would like to thank all those who helped voluntary during the year, especially those not on the committee for their care of the flowers throughout the village and surrounds. A special word of thanks to the Active Retired members, who have taken the chore of keeping the area around the Community Hall and in front of old school weed free.

Much appreciated, it's just another voluntary community effort to keep our village clean and tidy. Well done to all and to the young folk that joined ye last week.

This group are planning a mural on the Dairygold wall at the back of the two churns already there. It will depict the old creamery. Our artist is local man Ger Kelleher, you may remember he designed the 3 signs on the approach roads to village, many years ago. A man of many talents. All will be revealed shortly.

Will Back Pain Resolve Itself?

There is an odd logic that says if you leave a back problem, eventually it should resolve on its own. Yet, once you've had a back problem, the chances of it recurring is much higher.

A recent study¹ showed that when back pain is not treated, it may go away temporarily but will most likely return.

Recurrence of low back pain is very common, with more than two-thirds of individuals having a recurrence within 12 months after recovery. Factors for a recurrence include exposure to awkward posture, longer time sitting, and more than two previous episodes.

Research shows that Chiropractic treatment relieves the underlying cause of back

pain helping to avoid the need for medication or surgery. While over the counter drugs may provide temporary relief from pain and inflammation, they do so at a cost.

Longterm use of over the counter or prescribed painkillers manifests in injury to the digestive tract.

If you don't like taking these meds and are looking for a drug free, surgery free avenue then chiropractic is the answer.

The spine is meant to be flexible and allow for the movement of over 20 small bones.

Trouble begins when any one of those bones move out of alignment for a sustained period of time.

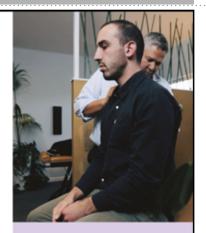
These misalignments do not radiate immediate pain but slowly begin to deteriorate over

The goal of Chiropractic adjustments involves the optimal function of the body and the avoidance of needless pain, suffering or surgery.

> "Longterm use of painkillers isn't the answer. It's vital to find the root cause of the pain you are experiencing."

says Dr Benjamin Martin of Optimal Chiropractic





We invite you to have an initial consultation for €40 (instead of €85)

This includes documenting your history and taking scans to determine the exact cause of your symptoms.

N.B. Places are limited. Please call 021 487 8465 to book your appointment.

https://www.researchgate.net/publication/333793977_Recurrence_of_low_back_pain_is_common_a_prospective_inception_cohort_study

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UIBH LAOIRE

GOUGANE BARRA

A larger than usual crowd packed the Island in Gougane Barra on Gougane Sunday to attend the con celebration of the Mass by Bishop Gavin, our parish priest FR Anthony O Mahoney and priests from the surrounding parishes. It was a very pleasant occasion in the fresh air and warm sunshine. The local choir was in good voice and the Ballingeary pipe band played some nice airs for us. We were pleasantly surprised, when the bishop introduced newly ordained Fr Ronan Sheehan of Newcestown who later gave the homily. Then, of course, afterwards,not breaking with tradition, some refreshments in Cronin's, meeting up with good friends and home. Great Day!

INTERMEDIATE FOOTBALL

Commiserations to the Intermediate lads who lost to Bantry in the semifinal of the Bons Secours Cork Co. Premier Intermediate Football Championship last Saturday in Dunmanway. After such a successful run for two years and having gone so far again, it is a cruel blow and we all felt for them. The team were ahead by a point and holding their ground well when in the middle of the second half a fortuitous Blues goal followed within a minute by a second goal shattered our hopes. The boys in red fought back with some great points but Bantry held their advantage and ran out with a score of 3-13 to 1-16. But Uibh Laoire can hold their heads high and we thank them for some fantastic, exciting days. And THEY'LL BE BACK!!!

PRIDE OF PLACE

The Inchigeela Development Group, Croi na Laoí/ Tidy Towns have been informed that they are to receive a Muintir na Tíre sponsored award for a project which they entered on development work done on River Island. The competition is called "Pride in community" and this is Inchigeela's third time achieving an award. This project included creating hard surface pathways, picnic tables with wheelchair access, planting bulbs, bee friendly wildflowers and repairing an old tennis court. The

community helped out (including the school boys and girls and their teachers.) Congratulations and well done everyone.

DIGGING UP THE PAST

The archaeologist, Tony Miller, who has done an excavation around Carrignacurra castle has made some interesting discoveries. The 500-year-old seat of the Ó Laoire Meirgeach is in the process of being renovated at present. It will be the home of American Tom Carlson whose wife, Shawn, is a direct descendant of that branch of the O Learys. The finds include coins from the time of Henry 3rd in the 12 hundreds and a later coin and other artifacts from a later period. The earlier discoveries would indicate that the castle may have been built on the site of an earlier castle or fort.

GARDA CLINIC TIMES

A Garda will visit the Parish Office, Inchigeela, (behind Church) on the following dates: Monday 3rd and Monday10th October from 8pm to 9pm and Monday 17th and Monday 24th of October from 11am to 12 noon. This facility was arranged between the Gardaí and Croi na Laoi when our Gárda station was closed some years ago and is resuming now that the pandemic seems to have receded. We hope it will be of some convenience and may save a trip to Macroom station. Please use the facility so that the Gárdaí can feel justified in continuing with it.

CARDS AND BINGO IN INCHIGEELA

Bingo continues each Friday at 8.30pm Cards continue each Sunday at 8.30pm

UKRAINE CONNECTION

Members of the Croi na Laoi group have spoken to the Ukrainian people who have come to live in the former Lake Hotel. The newcomers informed them of their needs and the locals will make their lives more comfortable by providing them as best they can. Some of their needs are very simple and easy to remedy. But it seems a pity that the authorities did not engage with the local community before they landed these unfortunate people in the middle of Muskerry

RAIITE

A film crew spent a week in Ballingeary about 6 months ago recording material for a TG4 programme called Bailte. The programme was shown last week and the presenter was Síle Nic Chonaoinigh of "Garraí Glas."Locals were interviewed, beauty spots were filmed and in all, the parish was presented in a very good light. It surely makes us feel how lucky we are to live here.

PROMOTION

The Coiste Forbartha in Béal Átha have created a presentation available on Utube, to promote the area and attract industry and commerce to the locality. The film illustrates the many advantages of setting up business in the Gaeltacht and points out the many facilities which have been put in place already to help new businesses to make an easy start. These include space for workshops, a hub for office related work with strong broadband, ready advice on startup and much more. Donal O Laoire a cuireann an clár i láthair agus deineann sé job cumasach ann.

CUAN BHARRA

Ranganna ealaiona (Art Classes) ag tosnú i gCuan Bharra gach Dé Máirt . Gach eólas ó (086)8844924 má ta suim agat ann

CÁRTAÍ

45 card games begin in Cúan Bharra Tuesdays 9pm

Take away coffee

Look out for the fundraising coffee morning in aid of the Conquer Cancer Campaign in Béal átha on the 14th of October. Takeaway coffee morning bags will be available outside the Scoil Náisiúnta from 8.30 to 9.30am. And likewise in Dineen's shop all day. Please support the cause.



Ballinagree National School were delighted to welcome Donaghs mom Denise Murphy to the school with her County and All Ireland intermediate bowling cups.



Aishling O'Callaghan Cill na Martra with Garda Orla Doyle, at the Centenary of An Garda Siochana. Pic. Peter Scanlan



Kilmurry Active Retirement **Association News**



What is it that Is so interesting about a corner? Are we attracted to the additional dimension? Now let's take roads as an example. I must admit it. Motorways are great. Yet, boring they are. Coming up to a corner though, has that intriguing balance between a coming to an end, and a new beginning. We don't know what may arise, what vista, what calamity, or what joy awaits!

At school I spent some time in corners. It was the well signalled consequence of not having learned spellings. I suppose it was intended to motivate through shame. I can't remember if it did, perhaps in the beginning. I soon learned though, that a corner was more interesting than what was happening at the other end of the room. There were spider webs. Intricate and astounding works of nature. On a lucky day, a spider there too, teaching the art of patience, awaiting her lunch, her astounding creation providing the destiny unsuspected by her prey.

There was history there in those corners too. The strokes of a varnish brush applied by a hand long gone, the imperfection of humanity there demonstrated by the sticky surplus trickle ending in a perfect half sphere, an island out of place in a sea of smoothness. On the other wall a total contrast, the distemper with intricate cracks leading where the imagination wills, making laneways where knights and monsters dwelled and duelled.

Nowadays, it is the fashion to be advised to live consciously in the present moment. For those who have the capacity to achieve it, it is a very good piece of advice. I must admit I don't fully understand it. I find the future always implicates itself in the present, as does the past. For me I perceive that there is constant motion. Each present moment is deriving from and is becoming. Some through meditative presence or prayer claim that a gap can be found within that flow and within that an experience of the eternal. Not only so, but they also claim that

through practice it can be repeatedly reclaimed. Unfortunately, in my case I regret to say I have failed to do so. For me, so far at least, all I perceive is that the essence of experience in each moment is that of a consciousness enveloped by an omnipresent unknown. But what a gift the unknown is too. It accommodates all possibility. So, for me, I will be content enough if the present moment includes a glimpse, and that sweet anticipation of a looming corner. I like to feel the excitement of life enhanced by a tiny foreboding. That tiny foreboding is nonetheless tinged with hope. The hope of avoiding, until it's our time to warmly embrace, that awaiting predator, our destiny, our becoming.

> May the spider appreciate The wonder she did create Other minds see her duty Is inspired by such beauty

Perhaps the same can be true Of what it is we choose to do And may it yet come to be Beauty that we can't foresee When it's time for us to go High in years or maybe low Rejoice, for it was our station To add our finest to creation

I suppose it would be good if I could now just tell you what is around the next corner for us!

I am looking forward to a talk we are having from the Alzheimer's society. I will be interested in learning what their view is on emerging research on its avoidance. The talk will be part of an evening event in the Heritage room, Kilmurry Museum on Tuesday 11th October. We want to make a presentation of funds to the Alzheimer's society secured from the sales of our booklet 'Much loved Songs from the Past as Gaeilge'. We hope will be able to add a little

extra from a raffle on the night. We will be starting the night with a special treat. There is a new singing group formed over the summer. It is based at the museum, and we will be honoured with their debut performance at 8pm. All are welcome, admission free, but if you wish, buy a ticket, support a worthy cause, and perhaps win a prize!

Our thanks to sister organisation Coachford ARA, who had invited us to go bowling there on Monday mornings for a few sessions. A few of us went there for the past two Mondays and enjoyed great hospitality, though I doubt they were bowled over with our skills! Maybe you have what it takes. So come along if you want to try it out.

Around thirty members and non-members alike enjoyed the four sessions of line dancing with Debbie and Frank. It was a just a taster for the four Tuesday evenings in September at 8.30pm in Crookstown hall. However, it seems it was a hit. I have received enquiries asking when we are putting it on again. We will see what can be done.

On Wednesday mornings at 10am aqua aerobics is being provided for Active Retirement groups in the Castle Hotel. As always, we are thankful to them.

On Wednesday afternoon September 21st, we had our second ACT (Activities, Chat and Tea) session. We were delighted to have a wide ranging and interesting talk by Anne O'Donovan from Citizens Information. It took place in the Heritage room in Kilmurry museum, with many in attendance. Following on from that, Rose Mc Carty has started her 4-week course on September 28th. They involve Tai Chi, Yoga, (& Chair Yoga) meditation, followed by tea chat and then talks on nutrition, sleep, stress and supplements, varying each week. These are on Wednesdays in Crookstown hall at 2pm. All welcome (non-members €8).

The Staying Fit for the Future courses given by Cork Sports Partnership restarted both in Kilmurry on the 26th and Crookstown on the 29th September. If you have a friend or know someone that would still like to join the programme, new participants are welcome to book via the following link -https:// eventmaster.ie/event/ln0ltV8HPO or contact me and I will have you included.

Our association is open to all. Our philosophy is that age makes no difference, but health does. So, let's do what we can to keep healthy and challenged in body and in mind. Perhaps consider joining us or another organisation in your area. We are better together, and it is easier. You will be kept as busy as you choose to be and positively engaged in your community, and we think you will enjoy it. For more information contact Aidan at 0894057676 or aidanpbarry@outlook.com

HAVE YOU A NEWS STORY?

Contact the Editor by Email: leevalleyoutlook@macroom.ie





Alcoholics Anonymous

West Cork Area Helpline

087 611 4946 (24 Hours)





The Macroom and District Environmental Group

Think Globally, Act locally



What Environmental Lessons Can We Learn from the Last 100 Years?

Hi Chris Barrett here with you again.

Today I have the pleasure of speaking with my friend Catherine who is sharing knowledge gained from elderly people in the Lee Valley, some of whom are over 100 years old as this article goes to print.

Catherine encouraged me to really look into the lives those people who have been around for about the last 100 years, and to consider the tumultuous changes that have happened since around the begining of the Irish state.

This group of people has seen huge changes both locally and globally. If you look at life when they were born and compare it to now, Ireland and the world have moved on at an unprecedented speed, and in unforeseen ways.

One hundred years ago, there were few or no cars locally. People would go about their days more slowly, governed by daylight, rather than clocktime, which allowed for constant interaction and the sharing of news. Travel for people and goods was by means of horse and cart, bicycle or on foot. These were fuel-efficient methods of transport which did not generate pollution, other than horse- manure. Getting help in an emergency was not easy though. Someone might be sent off at top-speed by foot or on a bicycle, as that was the only way of summoning a doctor. There was also no easy way of assessing unfamiliar medical symptoms, as we can today, by consulting the internet. Ireland was very much an agricultural country with most people living from, and working the land. Families would share time together as they worked on the farm. Bigger farmers would hire labourers who lived with the family. From the biggest to the smallest farmers, including those who had cottages, everyone grew their own vegetables. Oats were grown for the horse. Milk came from the cow, and pigs were produced for sale, and the table. Meat would be shared, in turn between neighbours, as that was the most efficient method, due to lack of refrigeration. Seed from cabbage and potatoes for example, were saved from year to year, so there was no need to buy seed, and over the years, that seed became adapted to the local soil and climate. A big change now is that almost all seed is bought in from outside the area, and many old varieties of seed have disappeared or are at risk of doing so. Plants that were suited to our local area are being replaced by plants which are better suited to drier climates and may bring in new pests and diseases when planted up on our land.

Orchards were plentiful in the past, and many



children had the big adventure of stealing apples from a local orchard. The only problem the old people can remember was the wrath of an angry owner, or an even worse, a cross dog!

The term 'Biodiversity' was unheard of, but these people who are now centenarians or close to it, farmed environmentally, because that was all they knew. They were willing to try out many new enterprises to test out crops that their neighbours had found worked for them. Their way of life was organic, though they had not heard of the term. That is in direct contrast to how we live now, when farms tend to have only one large enterprise, putting 'all their eggs in one basket'. They are often dependent on paying for chemical input, which can cause major problems if those chemicals increase substantially in price, or if the single enterprise should fail.

In the past, farm-yard manure provided the fertiliser for the vegetables in what was called the 'garden', and the hay-meadow was productive without causing pollution. The horse which ate the hay, provided transport to town and the creamery and carried out heavy work on the farm. Whilst money was scarce, there was no expensive machinery, diesel or fertiliser to purchase. The 'Meitheal' system, where a group of farmers got together to help their neighbour thrashing or hay-saving, was popular and common. It would have deepened friendships between farms. The recipients of such help would, in turn, 'give a day' to each neighbour. Threshing days were big events and though involving hard work with long hours, all were glad to celebrate together, when the harvest was saved for the long Winter ahead. How sad, in 2022, that there are some people locally who are working remotely from their houses, barely aware of the passing of the Seasons, or of being outside in all weathers. Like Catherine I believe this lack of connection with nature is detrimental to everyone. Many of our local older people remember, as children, standing on cocks of hay in the meadow. They were also sent to help neighbours who were saving hay. They did not tell their parents they were bored! There were so many jobs to do, from collecting eggs to hand weeding. No chemical sprays were used, though weeds grew then as fast as they grow now!

Older people Catherine spoke to, now miss what they called 'company'. People did not travel far, but they would make visits to each other's houses. This was called 'Scoraiocht', and was especially popular on long Winter evenings, when there was no T.V or internet to entertain them. As a result, young people from the 1920s onwards, did not feel controlled by screens or carry the expectation



of having to be a certain way. Communication was honest, personal and valued. I have been told that each house would be identifiable by it's individual family smell! These overcrowded damp homes, though challenging, would have also brought about an ability to tolerate and appreciate what mattered.

Whilst today we have many means of communicating, for example by phone, or over the internet, people can still feel very alone, despite learning about people and cultures very different from their own. 'Likes'on Faceook or such instant technology can never replace the enjoyment of waiting to see a real human face, and feeling their genuine love and compassion. The desire to emulate or 'follow on-line', a person you did not know would have been almost unthinkable 100 years ago. You were, in most cases without any effort, protected and cared for by the structure of your family and local community.

In 2022, with inflation taking hold, when many parents are struggling to pay for food and fuel from outside their land, children are pressured even by the Education system to pay heavily for a certain laptop or phone. Their parents feel that this is essential to give them a good start in life, and all this while many of their grandparents or great grandparents did not attend college, or do a Leaving cert. Some did not get educated at all, or stopped after Primary level, but had many skills that are neglected now. The art of conversation is often lost in today's society, and some young people, after the Lockdowns caused by Covid, are inexperienced and insecure with face-to-face contact. Despite super-fast phones and instant information from the internet, they are in some ways disadvantaged, and yet many children really feared going to school in the past. All the same, now with the abolishment of corporal punishment, teachers have employed new exciting methods to make learning relevent and fun, and most children find their years of education pleasurable. This is undoubtably a huge improvement and has fostered an atmosphere of mutual respect between teachers and children, although the taking of exams and competing for points can produce huge stress.

Taking your time, as shown by currently appreciated Meditation and Mindfullness, has become a luxury. It was not a luxury then as it is now, and much sought-after peace and wisdom can be rediscovered by listening to and learning from our elders.

Continued Next week ...

PILATES & YOGA CLASSES

TUESDAY

6.15 PM YOGA RENEW: 6-WEEK REFRESHER COURSE STARTS 25TH OCTOBER

7.30 PM YOGA FLEX & FLOW SUITABLE FOR ALL **LEVELS**



WEDNESDAY

10.00 AM ALIGN & REVIVE **PILATES**

5.45PM

ALIGN & REVIVE **PILATES**

6.45 PM

PILATES PRINCIPLES: INTRO TO PILATES 6-WEEK COURSE STARTS 19TH OCTOBER

> 7.45 PM **POWER PILATES**

THURSDAY

10.00 AM PILATES PRINCIPLES: INTRO TO PILATES 6-WEEK COURSE STARTS 20TH OCTOBER

11.00 AM ALIGN & REVIVE PILATES

CONTACT CLODAGH

0646670960 02643657

CORK STREET, MACROOM

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LEABHARLANN BHAILE BHÚIRNE

Library Groups October Dates Knit Craft & Chat Every Tuesday 11am Library Book Club Wednesday 5th October 10.30am

Creative Writing Group Friday 14th October 4pm

I think it's always a sign of the darker, colder evenings when you get the whiff of chimney smoke in the air. It's a sure way of knowing that winter has almost arrived. The question on everyone's lips for a couple of weeks is "Have you lit the fire yet?" This year this is followed by a lively discussion on how outrageous the price of coal and home heating oil has gone, not to mention the electricity bill! We have a little stove in our sitting room, and we have started to light it in the evenings over the past couple of weeks. It takes the chill out of the air and it is very tempting to take the dinner in to the sitting room to eat in blissful comfort in front of the stove. It's a habit I don't want to develop, although it wouldn't take much to sway me! When I started school, guite some time ago, my Dad used to wake me up and let me come downstairs to get dressed in front of the fire that would have been banked down overnight. I'd get dressed and curl up under a blanket on the sofa and when my Mum would come in she'd pretend to be getting ready to look for my school clothes and I'd throw the blanket back to 'surprise' her by showing I was already dressed and just waiting for breakfast. Innocent fun the likes of which occurs in many families in many ways.

It's always lovely to see families using Leabharlann Bhaile Bhúirne, children of different age groups know what shelves have the books most suitable to their age-group, older children help younger siblings choose while parents take the chance to read the newspaper or browse the shelves for a book themselves. Leabharlann Bhaile Bhúirne is also very happy to help Tuismitheoirí na Gaeltachta by providing the venue for their excellent activity groups. Tuismitheoirí na Gaeltachta is a national Gaeltacht organisation that supplies support, assistance and advice to families who are raising their children with Irish in the Gaeltacht or those parents who wish to do so. Their next activity group in Leabharlann Bhaile Bhúirne is from 1.30 to 2.30 pm on Saturday 8th October. The session encompasses stories, rhymes, songs and games all through Irish. To book a place or for any more information please contact Roibeard at Tuismitheoirí na Gaeltachta on 087 376 2941.

Is brae, i gcónaí, teaghlaigh a fheiceáil ag baint úsáide as Leabharlann Bhaile Bhúirne, tá a fhios ag leanaí d'aoisghrúpaí éagsúla cad iad na seilfeanna a bhfuil na leabhair is oiriúnaí dá n-aoisghrúpa, cuidíonn leanaí níos sine le siblíní níos óige roghnú. Ansin baineann tuismitheoirí an deis chun an nuachtán a léamh nó brabhsáil na seilfeanna le haghaidh leabhar iad féin. Tá Leabharlann Bhaile Bhúirne thar a bheith sásta cabhrú leis an ngrúpa Tuismitheoirí na Gaeltachta trí ionad a chur ar fáil dá ngrúpaí gníomhaíochta den scoth.



Artist Dolores Lyne with her canvas General Liam Lynch's Watch and she is accompanied by historian Michael Twomey. Pic Dylan Clifford Photography.

Eagraíocht náisiúnta Gaeltachta í Tuismitheoirí na Gaeltachta a chuireann tacaíocht, cúnamh agus comhairle ar fail do theaghlaigh atá ag tógáil a gclann le Gaeilge sa Ghaeltachta nó ar main leo a leithéid a dhéanamh. Beidh an chéad ghrúpa gníomhaíochta eile acu i Leabharlann Bhaile Bhúirne ag 1.30in - 2.30in Dé Sathairn 8ú Deireadh Fómhair. Cuimsíonn an seisiún scéalta, rainn, amhráin agus cluichí trí Ghaeilge. Le háit a chur in áirithe nó le tuilleadh eolais a fháil déan teagmháil le Roibeard ag Tuismitheoirí na Gaeltachta ar 087 376 2941.

Just in time for mid-term break Graffiti Theatre Company will be visiting Leabharlann Bhaile Bhúirne on 2nd November with their new play An Sean Bhean Óg

.....The scientist has found a rare specimen... An rud is annamh is iontach... But how can they communicate when they do not speak the same language? Conas cumarsáid a chruthú gan na focail chearta?

This new short play by Grace Kiely was commissioned by Cork County Council in partnership with Graffiti Theatre Company. The piece is in Irish, English and Portuguese. It is aimed at children of all languages and lasts approximately 30 minutes.

D'fhás an gearrdhráma nua seo le Grace Kiely as coimisiúin ó Chomhairle Chontae Chorcaí i gcomhobriú le Graffiti Theatre Company. Tá Gaeilge, Béarla agus Portaingéilis sa dráma. Dírithe ar pháistí de ghach teanga.

Ideal for national school children aged 8+, it can be seen across County Cork Libraries in October and November. Please check in your local library for more details. The play will be performed in Leabharlann Bhaile Bhúirne on Wednesday 2nd November at 11.30 am. It is a free event and to book a place please email ballyvourneylibrary@ corkcoco.ie with the child's name and age. Places are limited so it will be a first come first served situation! This project has been made possible by funding from Cork County Council, Creative Ireland, Arts Council of Ireland and Foras na Gaeilge with live performances of An Sean Bhean Óg supported by The Department of Tourism, Culture, Arts, Gaelteacht, Sport and Media's Local Live Performance Programming Scheme (LLPPS). Don't forget Children's Book Festival 2022 runs all through October. The annual Children's Book Festival helps spread the enjoyment of books and reading among children and families, authors and illustrators, teachers and librarians all over Ireland. Why not pay Leabharlann Bhaile Bhúirne a visit this October, register or renew your membership and those of your young readers and give them a chance to discover the joy of reading.

> Happiness arows at our own firesides. and is not to be picked in strangers' gardens. – Douglas William Jerrold

Am Oscailte /Opening Hours

Dé Máirt, Dé Céadaoin, Dé hAoine Tuesday, Wednesday, Friday 10am to 5.30pm (Dúnta/Closed 1.00 - 2.00pm gach lá/daily) Dé Sathairn 10.00am - 1.00pm* Dúnta gach Luan agus Déardaoin

Closed every Monday & Thursday *Dúnta ar Shatharn Deireadh Seachtaine na Saoire Poiblí

*Closed on Saturday of Public Holiday Weekend Eolas: 026 45767

HAVE YOU A NEWS STORY?

Contact the Editor by Email: leevalleyoutlook@macroom.ie





General Cattle Sale Every Saturday

- Dry Cows 10am
- Bullocks 11:30am(followed by Heifers)
 - Weanlings 12 noon

Weanling Show & Sale 8th October

Sponsored by Macroom Credit Union

Sheep Sale **Every Wednesday**

Factory Sheep assembly **Every Tuesday**

Online Sale available on MartEye App







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Entertainment at Macroom Food Fest







Some of the many colourful Food Stands at the Macroom Food & Craft Festival. Pic. Peter Scanlan



Wild Routes Ireland visit to St. Gobnait's Heritage wood with Heritage Specialist Ted Cook



Enjoying Macroom Food Festival L/R Mia Conlon, Naoh O'Connell and Evie Conlon



Culture Night at Chapel Hill



The Fresh Air Collective











Dr Daniel Lynch / an Dochtúir Dómhnall O Loingsigh



Dómhnall in his Papal Zouave uniform Source: http://drlvnchballvvournev.ie

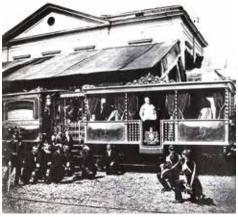


It's not titles that honour the man, it's men that honour titles - so the saying goes. Dr. Daniel Lynch, more widely known as An Dochtúir Dómhnall Ó Loingsigh, was someone who lifted the title of doctor to make it mean something bigger than

Born in Togher, Cúil Aodha, Baile Mhúirne, Co. Cork on February 13th, 1842 to Dennis and Catherine Kelleher, when he was ten years old, Dómhnall attended the newly opened national school in Cúil Aodha. Five years later he attended preparatory school in Macroom, then going to St. Colman's College in Fermoy. There he met a student who would become a lifelong friend, called Peadar Ó Laoghaire, regarded as one of the founders of modern literature in Irish.

Dómhnall went to the Irish College in Paris from 1864 - 1869, to study for the priesthood (the Irish College in Paris was founded in 1578. From 1945 to 1997, the Polish seminary in Paris was housed in the building. Since 2002, the building is the Irish Cultural Centre, the Centre Culturel Irlandais). The priesthood was ultimately not to be, though accounts differ as to the reason. He was in Paris in 1870 when the Franco-Prussian War broke out (the first conflict where the Geneva Convention, a set of international legal standards for humanitarian treatment in war, was applicable to both sides. The war also saw the first documented use of manned balloons as carriers of mail and propaganda leaflets). Shortly afterwards, it is believed, he left Paris for Rome. Dómhnall enlisted in the Papal Zouaves, a corps of volunteer soldiers from many countries who served in the papal army. These Zouaves were charged with defending the Papal States, a series of territories in the Italy under the direct sovereign rule of the pope from 756 until 1870, from Italian troops who wanted to bring about Italian unification (Italian nationalists, both those who wanted unification under the Kingdom of Sardinia and its ruling House of Savoy and those who favored a republican solution, saw the Papal States as the chief obstacle to Italian unity). The opportunity to eliminate the last trace of the Papal States came when the Franco-Prussian War began in July 1870.

Although the pope's tiny army was incapable of defending the city, Pius IX (the longest reigning



Pius IX on a papal train, 1862. He was the first pope to be photographed. Source: John Gilmary Shea, The Life of Pope Pius IX (1877, New York: n.p.)

pope, for 31 years, 7 months, 23 days, from 1846-1878) ordered it to put up at least a token resistance, to emphasize that Italy was acquiring Rome by force and not consent. On September 10, 1870, Italy declared war on the Papal States, and Rome was captured 10 days later. The Papal Zouaves knew that the odds were heavily stacked against them, but they also knew the importance of standing up for the sovereignty they believed in. Dómhnall, who fought with the French Zouaves, was subsequently held prisoner, not being released until 1873, when he was compensated by the French government and given free passage to the United States.

Though it is not known for certain, like many Irishmen in the United States, Dómhnall probably worked initially on the construction of railways near New York, before going to New Mexico to prospect for gold. It seems he made his money in gold mining, as he also spent time in Klondike (Canadian Yukon Territory and Alaska), where the terrain was treacherous. At that time, paper money was backed by gold. Shortages towards the end of the 19th century meant that gold dollars were rapidly increasing in value ahead of paper currencies, leading to an almost insatiable demand for gold. Apparently, Dómhnall lived for six months with a Native tribe

It must have been an eventful three years, before Dómhnall returned home for what was meant to be merely a visit, in 1876. According to the website http://drlynchballyvourney.ie (a wonderful tribute conceived by family), 'his now elderly mother, who was knitting by the fire in their family home in Togher, failed to recognise this tanned and bearded middle-aged man who entered the kitchen. He said to her "It is me, mother, your son Dómhnall. Don't you recognise me?" Persuaded to stay in Ireland, he decided to embark on the study of medicine at Queens College Cork (now known as University College Cork). He enrolled in 1877, at the age of 35, and graduated near the top of his class in 1881.

Returning to Baile Mhúirne as a junior assistant doctor, Dómhnall found himself taking over the practice a mere six months later, upon the death of Dr. Kent. Dómhnall would spend the rest of his life in Baile Mhúirne, where he left an indelible mark on the community.

An Dochtúir Dómhnall Ó Loingsigh was married



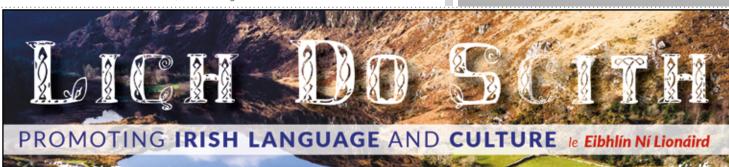
Dr. Lynch & his second wife, Ellen. Source: http:// drlynchballyvourney.ie

twice, with his first wife, Mary Creedon, hailing from Ballymacorcoran, Clondrohid, and his second wife, Ellen Gould, being from Dingle. Ellen was very active in Conradh na Gaeilge, the Gaelic League, an organisation founded in 1893, to spearhead of the Gaelic revival, at a time Irish as a spoken language appeared to be on the verge of extinction. In 1893, Douglas Hyde (The Gaelic League is founded not upon hatred of England, but upon love of Ireland. Hatred is a negative passion; it is powerful - a very powerful destroyer; but it is useless for building up. Love, on the other hand, is like faith; it can move mountains, and faith, we have mountains to move), the organisation's first president, and president of Ireland from 1938-1945, wrote that there were only six Irish language books in print (B.P. Kennedy, 1990, Dreams and Responsibilities: The State and the Arts in Independent Ireland. Dublin: The Arts Council/An Chomhairle Ealaíon).

The 1891 census suggested that just 3.5%, mainly farm labourers and the poor, were being raised speaking the Irish language, which was widely seen, in the words of Matthew Arnold, in his 1867 Studies in Celtic Literature, as 'the badge of a beaten race'. Indeed, Arnold ended up having quite an influence on the Gaelic revival, as it could be said his statement spurred a literary renaissance!

with Dómhnall's involvement Conradh na Gaeilge reaped huge dividends for the community, and not only in terms of preserving the Irish language, but also in terms of economic development. Wisely, he understood that protecting culture goes hand in hand with creating life opportunities for people. He established a knitting factory that employed twenty, bringing people to train the workers how to use the knitting machines that he bought himself, and finding markets for the products, in addition to setting up a shop, a bakery and a Public Hall.

He also established Baile Mhúirne Fair in 1883. Prior to this, farmers had to take the animals as far as Macroom, on foot, and take them back again of they couldn't sell them. The cattle dealers boycotted the fair, as there was no railway to Baile Mhúirne. Undeterred, Dómhnall purchased whatever stock was for sale at the fair, leased a cattle boat and transported most



Bhí Cruinniú Poiblí ag Gaelphobal i Mhaighchromtha ar an gCéadaoin seo caite an 28ú Meán Fhómhair 2022 in Óstán an Chaisleán agus do fhreastal mé air. Bhuel cé h'iad Gaelphobal agus cén fáth ar eagraigh siad an cruinniú seo?

Sa chéad dul síos is eagaríocht stáit iad Gaelphobal, agus an sprioc atá acu ná gach duine agus eagraíocht a bhíonn ag obair i bpleanáil teanga leasmuigh den limistéir Ghaeltachta sin, a tharraingt le cheile, ar mhaithe leis an teanga féin agus ar mhaithe leis na pobail éagsula go bhfuil baint acu leis an próiséis. Tá an próiséis seo bunaithe ar bhonn Acht na Gaeltachta 2012. Sé ba chúis leis an cruinniú bheith lonnaithe i Mhachromtha na go bhfuil an cumas anois ag an baile bheith aitheanta mar Bhaile Séirbhíseach do Gaeltacht Mhúscraí.

Cad a chiallionn an lipéad seo Baile serbhíseach Gaeltachta? Bhuel is baile é le ós cionn 1,000 duine san daonáireamh, atá suite le h'ais nó cóngrach don Limistéir pleanála Teanga na Gaeltachta. Bheadh ról súantachach ag an bhaile seo serbhisí faoi leith a sholáthar don pobal san lastigh don limistéir seo. Ar nós serbhisí poiblí, foillíochta agus eacnamíochta.Is é mo thuairim féin ná go bhfuil deis mór dearfach anseo do phobal an bhaile chun an baile a chur chun cinn agus a fhorbairt agus gan dabht beidh go leór airgead ar fáil le h'aghaidh an fhorbairt seo.

Creid é nó ná creid ach tá 16 de leitheid bailte scaipithe ar fuaid na tíre. Átha Buí (Athboy) i gCo. Na Mí, Baile an Róba (Ballinrobe) í gCo. Mhaigheo, Cathair Saidhbhín (Cahersiveen) i gCo. Chiarraí, Ciasleán a Bharraigh (Castlebar) i gCo. Mhaigheo, An Chlochán (Clifden) i gCo. na nGaillimhe, Cathair Chorcaí (Cork City) i gCorcaigh, Baile Dún na nGall (Donegal) i gCo. Dún na nGall, Dún Gharbháin (Dungarvan) i gCo. Port láirge, Cathair na nGaillimhe (Galway city) sa Ghaillimh, Leitir Ceannain (Letterkenny) i nDún na nGall, An Uaimh (Navan) i gCo. na Mí, Trálí (Tralee) i gCo. Chiarraí agus anois Machromtha (Macroom) i gCorcaigh. Berigí greim láidir ar an deis seo go fonnmha agus go tapaigh!

Féile Bídh Mhaighchromtha

Chuas siar chun laethanta mo óige nuair a shroiseas an Chearnóg thuaidh i mbaile Mhaighchromtha agus mé ag freastal ar an Féile Bídh bliantúil a reachtáladh ar an nDomhnach an 23ú Meán Fómhar. Bhí alltacht orm agus meascán mearaí b'fhéidir! Bhraitheas deich mbliana d'aois arís nuair a chonac na h'iontasaí



a bhí romham sa chearnóg agus gur iompar sé ar ais mé chun imeachtaí na "Cincíse" i bhíodh i mBaile Mhúirne fadó.

Bhí atmosfear spríúil bríomhar corraithe le braishint. Bhí pubaill agus cabáin de gach cruth agus méid ar fuaid na sráide. Bhí leanaí óga ag casadh timpeall ar nós na gaoithe agus iad ag baint ana shult as na luascáin ar an súgaire. Bhí láimhchleasaí i lár na sráide ag caitheamh liarthóidí go h'ard sa spéir agus bhailigh slua daoine ag faire air. Bhí illomadh bídh ar taispáint agus le blaiseadh ó gach páirt den domhan i bpobal amháin, ón tSiria chun na hAifrica. Bhí seastain céirde ar fuaid na háite chomhmaith le daoine ag díol gach saigheas rud láimh déanta chomh maith le bia áitiuil. Bhí Muintir Williams ó Chúil Aodha ag díol Cáis chuil Aodh. Thug muintir O'Ceallaigh ón Sliabh Riach mil áitiúil ó Bhaile Mhúirne, 'Ballyvourney Honey' agus bhí Peigí Ní Scanaill ana gnóthach ag díol a gcuid Uachtar Organach na gcos. Thug Rilleen ó Cluain Droichead seodra gleoite láimh dénta léi ar a thugann sí 'Dúil' agus bhí na scuaine ag ceannach uithi.

Bhíos féinigh ag seastán na gComhar chumainn Mhúscraí ag iarraidh an pobal a mhealladh chun 'Speed Gaeilge' a imirt. Bhí go leór spórt againn leis agus duaiseanna go leór á bhronadh agam.

Bhí idir óg agus aosta go soiléir ag baint ann shult as an lá agus iad ag caint is cadráil le meangadg gáire ar a n-aghaidh. Comhghairdeas leis na daoine a chur an fhéile la chéile!

Foclóir

Foclóir		Éagsúla	
		Bunaithe	Based
Cruinniú	Meeting	Soláthar	Provide
Poiblí	Public	Deis	Opportunity
Eagrú	Arrange	Cúis	
Sprioc	Objective/focus	Lonnaithe	Situated
Limistéir	Region/area	Cumas	Ability
Próiséas	Process	Aitheanta	

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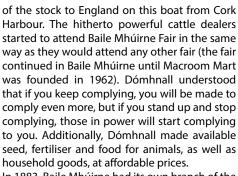




SOLAS

History

HISTORIC PHOTOGRAPH OF GAELIC LEAGUE PIONEERS



In 1883, Baile Mhúirne had its own branch of the Land League, founded by Michael Davitt in 1879. The land war started in the parish and Dómhnall, true to form, organised a meeting of tenants on Sunday 30th May 1887, in Ballymakeera. It is said that 9,000 people attended that meeting. Dómhnall and Dr. Charles Tanner M.P. both spoke, strongly criticising the behaviour of landlords in the area. Dómhnall asked 'Is the farmer or the landlord the rightful owner of the land of Ireland?', proceeding to answer his own question by saying 'The world knows that it is the person who gives his sweat and who slaves on a mountainous farm from dawn to dusk, who deserves this land, and not the person who got it through bribery, foul play and plundering.' Not one to mince his words, was Dómhnall.

As important as his contribution to the Land League was his contribution to the Gaelic Revival. His travels would have helped Dómhnall to understand how efforts were being expended in other countries to protect their language, culture and traditions. It is that pride in heritage that he sought to make visible in Baile Mhúirne and Cúil Aodha. He put writers in the Muskerry region in contact with the elderly, to write down the folklore of their area, stories that might otherwise have been forgotten. What had hitherto been disrespect for the Irish language became admiration, as well as respect for the elderly and a desire to celebrate them, learn from them. As his granddaughter, Joan Cronin, wrote in a letter to the Sunday Independent (Jan. 13th, 2013), this typified 'the effort that the people of the late 19th century put into preserving our ancient culture'.

Because of his work in this area, in 1900 Dómhnall was chosen, along with Pádraig Pearse (Tír gan teanga, tír gan anam. A country without a language is a country without a soul), Douglas Hyde (It is a most disgraceful shame



Historic photo of Gaelic League Pioneers (2nd row from back, 6th person, wearing a cap: Dr. Lynch) Source: https://www. europeana.eu/en/blog/countess-constance-markievicz-irish-freedom-fighter-and-revolutionary

the way in which Irishmen are brought up. They are ashamed of their language, institutions, and of everything Irish), Eoin MacNeill (What we call our country is not a poetical abstraction) and Fr. O'Hickey (Gaelic was the mind, the soul, the great bulwark of the Irish nationality. The mission of the Gaelic League is to minister to the soul of the nation) to represent the Irish at the first Celtic Convention in Paris.

Pádraig Pearse, a friend of Dómhnall's, visited him in 1904 and said: 'Dr Lynch - that I speak of, is one of the most outstanding personalities in the Gaelic Revival at the beginning of the 20th century. In fact, Ballyvourney would not be Ballyvourney without Dr Dónal'. On a national level, Dómhnall was a key figure in the development of the Gaeltacht (districts first officially recognised during the 1920s, following the Gaelic Revival, as part of a government policy aimed at restoring the Irish language), being instrumental in founding Coláiste Na Mumhan, the first dedicated Irish language college in the country for adults, in Béal Átha an Ghaorthaidh in 1904.

A community leader, Dómhnall helped people, encouraged the young to appreciate their heritage and culture, and provided employment. What is extraordinary is that he did this with his own money. There was no grant, no public money whatsoever. He did all of this while working full-time as a doctor. As a doctor, he never asked for payment from those who could not afford it. He understood how ethics should prevail in medicine and public health, and lived not to enrich himself, but, instead, to enrich his community. He cared about people - it was as simple as that.

When Dómhnall became ill, in later years, he sent word to his cousin Denis Lynch, to take any sick people to the doctor in Macroom. Dómhnall's only son Denis was a final year medical student in University College Cork when he became ill and died at the age of 23 on March 22nd, 1913. This must have been heartbreaking for Dómhnall, who died later that year, on November 28th, 1913. The Ionad Culturtha in Baile Mhúirne, an arts centre built in 1981, was renamed lonad Cultúrtha an Dochtúir Ó Loinsigh, in his honour,

Dómhnall loved medicine. Hippocrates (460 BC - 370 BC), the Greek physician viewed as one of the most outstanding figures in the history of medicine, is credited with saying that wherever there is a love of medicine, there is also a love of humanity. Dómhnall's love of his community was reciprocated, as can be seen in A ballad, Ballyvourney, in The Schools' Collection, on dúchas.ie, which commemorates him thus:

'There's doctor Lynch who is loved by every Ballyvourneyite

He is working for the Gaelic cause From morning until night

His heart it was as big as the biggest rock in Cúam He was king of Ballyvourney near the town of sweet Macroom.'

Macroom history group's talk on "Kilmichael Ambush

BY Con Kelleher

Macroom History Group held its opening meeting of the 2022-23 season with a presentation by Colum Cronin, Coppeen on Kilmichael Ambush. Colum is well-known in many fields such as music, photography and local history. He has been interested in Kilmichael Ambush for many years the event occurred only a few miles from his home and the Auxiliary patrol set out from Macroom. Colum has also completed a Masters course in Local History in UCC, and Kilmichael Ambush was his dissertation topic.

An event of a century"

Before an audience of about forty, Colum gave an informative and fascinating account of the Ambush. He did so dispassionately, scholarly and in great detail. He explained much about the terrain, logistics and the mentalities of the combatants. He used beautiful photos of the Ambush, new and old, which further enlightened our understanding of what happened. Much controversy about what really occurred has arisen and Colum gave his informed and perceptive view of the real story with the caveat that no one fully knows; there will always be versions.

Following questions and answer, Colum, over an

informal 'cuppa', mingled with the audience and discussed any further queries people had on his talk and indeed other matters. The Castle Hotel venue was excellent and the refreshment lovely and very welcome.

After the meeting Marcella Creedon, Macroom Group organiser, proposed a vote of thanks to Colum. The other organisers were Joe Creedon, Douglas Kidd and Con Kelleher.

The next meeting is on 'The Garda Síochana – in Macroom and West Cork' on Monday, October 10th , 8-9 in the Castle Hotel (€5). Garda historian, Garda Tom Daly will be the speaker and we hope to show





photographs of Gardaí who served in Macroom. Kilmichael Ambush - Addendum.

Eve Morrison is due to publish a scholarly book on Kilmichael Ambush which will coincide with its 100th anniversary on 28 November 2020. Morrison is a Professor of History at St. Catherine's College, Oxford University, and is a twentieth century Irish historian who specialises in the 1913-1923 period that includes the War of Independence and on the Civil War. She incorporates the social and cultural memory of events. The Covid pandemic put paid to her scheduled lecture at this year's West Cork History Festival. However, she did speak through Zoom and her lecture is available on YouTube.

With access to new sources, Morrison's book will comprehensively cover the Ambush and its very many aspects. When Peter Hart's book The I.R.A. & Its Enemies Violence and Community in Cork 1916-1923 was published in 1998 it caused controversy, and a major point of dispute was his account of the 'false surrender'. The debate became bitter and Hart was accused of 'fabrication' and 'inventing' interviews. Morrison makes the point that the controversy is very much a red herring but nonetheless deals with it, and it is the subject of her YouTube lecture.

In the lecture she chronologically outlines her discovery of sources, which in her view, vindicates Hart's account and interpretation of what happened. She found 'no credible evidence for fabrication' she said. Tom Barry's report of what happened was never the only one and she cites the view of Liam Deasy, Commander of the West Cork Brigade. Fr Chisolm, a Holy Ghost priest based in Dublin, was invited by Deasy to write a history of the West Cork Brigade and collected much material on the Ambush. Morrison is the custodian of his papers.

Further she spoke to Marion O'Driscoll, widow of Jim O'Driscoll, who verified Ned Young's affidavit but, according to Marion, disavowed himself of the affidavit's contents. Morrison established that the writer of Ned Young's obituary sourced his material from n the internet.

A third point she makes is that she accessed Peter Hart's material, courtesy of his partner, and through this has been able to establish many of Hart's sources. She mentions Willie Chambers who was a look-out on 28 November at the Ambush. No doubt Morrison's book will re-ignite the debate on the controversy. But her book promises to be informative and probably well-worth reading. Whatever its merits are, it will have been well researched and referenced and will be written by someone with no political axe to grind.



Killian Lynch, Peter, Chloe and Ciara Maloney and Francis Leeman enjoying the Summer sunshine at Macroom Food & Craft Festival



Some of the many colourful Food Stands at the Macroom Food & Craft Festival. Pic. Peter Scanlan



Michael Burns, chairman of the Tiny Feet Fairy Garden, receiving a donation off children's books from Jim Cooney for the children's reading area in the Tiny Feet Fairy Garden,



New Mural: Rory Gallagher depicted at Macroom Mountain Dew Festival, 1977, painted by Denis O'Reardon and Cormac Shiels. (C. Kelleher.)



Ballinagree National School attended the West Muskerry Cross Country competition in Umera.



Aidian Moynihan and his son Jack, at the Centenary of An Garda Siochana. Pic. Peter Scanlan

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KELLEHER WARNS THAT INDUSTRIAL EMISSIONS DIRECTIVE COULD JEOPARDISE VIABILITY OF IRISH FAMILY FARMS

Fianna Fáil MEP Billy Kelleher has said that family farms in Ireland would be at risk of failure if the current proposals from the European Commission to include small farms under the scope of the Industrial Emissions Directive are adopted.

Kelleher, an MEP from Ireland South, spoke at today's meeting of the European Parliament's Agriculture and Regional Development Committee (AGRI).

"I'm not a member of the AGRI Committee, but I felt I had to speak out on behalf of family farms whose viability would be severely jeopardised if this proposal was implemented.

"A dairy farm of 120 milking cows plus replacements,

in general, sustains two generations of farmers - an older family and one of their children who is trying to keep the farm going into the future.

"The requirements that could be placed on these farmers under the IED would simply make their livelihoods unsustainable and non-viable. We would be effectively forcing them to wind up their business.

"At today's Committee hearing, I implored the Commission and fellow MEPs to think about the bigger picture; about farm sustainability and of the need to enhance food security into the future.

"Farmers are up for the challenge in meeting their environmental responsibilities but putting average

family farms on the same level as large industrial installations makes no sense and risks destroying lives livelihoods.

"When this file comes before **MEPs** amendments, I will seek support to amend the

proposals to make the directive fair and reasonable for all," concluded Kelleher.

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New Irish Language Children's TV Channel given green light

Minister for Tourism, Culture, Arts, Gaeltacht, Sport and Media, Catherine Martin TD, has given statutory clearance to a new Irish language children's TV channel for TG4. The €3.3m provision for the channel was included as part of the Budget 2023 allocation for TG4 which received a record increase of €7.3m in funding, the largest ever annual increase to the broadcaster.

Minister Martin said: "I am delighted to announce my consent to TG4's proposal to establish a new dedicated Irish language children's channel, Cúla4. While full details of the new channel will be announced by TG4 in due course, it will include a children's news service, edutainment content, drama, Irish animation, and will reflect the diverse backgrounds of children living in all parts of Ireland, but particularly in Gaeltacht and Irish speaking communities."

This consent follows the completion of sectoral impact and public value assessments as required under the Broadcasting Act, 2009. The outcome of these assessments was very positive in terms of the additional value which such a channel will bring to Irish broadcasting, content provision for young people and language development.

Commenting on the overall increase to TG4,

Minister Martin added: "This increase is hugely significant, not only in terms of Irish language programming, but in the role played by TG4 in the delivery of the Government's 20-Year Strategy for the Irish Language, and will enable TG4 to better serve Irish-speaking communities, and provide increased support to our regional creative companies."

Community Biodiversity Grants:

With the support of the Department of Housing, Local Government, and Heritage, the Community Foundation for Ireland's Community Biodiversity Fund has been devised to enhance biodiversity in communities throughout the country by combining the expertise of qualified ecologists with the skills, experience and enthusiasm of local community groups.

There are currently two grant rounds open to applications:

Developing Community Biodiversity Action Plan and Projects (CBAPPs)

Implementing recommendations from a previous **CBAPP**

Organisations can apply once to one of the grant rounds above.

All applications must meet the criteria for the Fund, any organisation or project that does not meet the eligibility criteria will not be successful in this grant round.

The closing date for applications is 7 October 2022 and awards will be announced in December 2022, with the successful projects to take place during 2023. For more information visit https://www. communityfoundation.ie/grants/types-of-grants/ community-biodiversity-grants.

CORK KERRY COMMUNITY HEALTHCARE

RECRUITS FOR:

HEALTHCARE SUPPORT ASSISTANTS

(FORMERLY KNOWN AS HOME HELPS)





Recruitment Co-ordinator Noreen Cremin explains that HCSAs provide a vital role in their communities, enhancing the quality of life of older people living at home, and enabling them to stay in their own homes longer than might otherwise be possible.

"The service that Health Care Support Assistants provide to people in their own communities is a hugely valued service. I think now more than ever the general public and the health services itself really appreciate the service that Health Care Support Assistants can provide by enabling people to live at home, safely and for as long as is reasonably possible. progression opportunities and very significant support from managers to support people in their day to day work.

HCSA Tim Moynihan retrained to work in the health services and says that he finds his career incredibly rewarding.

"A wise man once said that you're happy if someone does something for you, but you're a lot happier if you do something for somebody else, Tim said, adding that many people depend on the Home Support teams collectively and on the individual members of the team.

"There is a huge appreciation out there once you build up the trust of the client. Trust has to be two-way. That experience alone is very rewarding, he said.

He added: "The biggest thing when we go into someone's house is that we have respect for that person going in the door."

 Details of the current recruitment campaign are at: hse.ie/jobs and search for 0822

* The closing date is October 11th 2022 at 12 noon.

RECRUITMENT UNDERWAY

Cork Kerry Community Healthcare has extended its recruitment campaign for Healthcare Support Assistants (formerly known as home helps).

These HSE positions are based in locations across Cork and Kerry.

Health Care Support Assistants (HCSAs) support people to live independently in their own homes and are making a real difference for people in our communities. They work in partnership with the people using the service and their families, supporting people with activities of daily living including essential personal care.

Cork Kerry Community Healthcare provides more than quarter of a million hours of home support each month (284,000 in July 2022). Cork Kerry Community Healthcare is working to maximise recruitment opportunities for the Home Support service so that we can provide a high quality service at home for those who need it.

Successful applicants will enjoy:

- · Attractive rates of pay with a salary scale of €29,710 to €38,290
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- · Ongoing training and support, and the chance to develop your career within the HSE.





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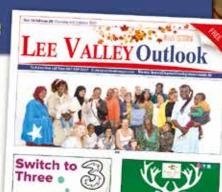
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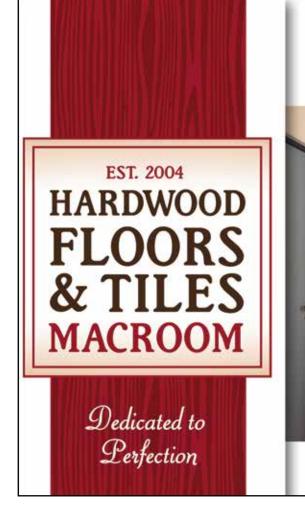
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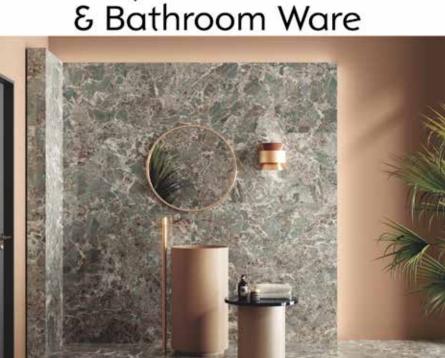
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AGHINAGH GAA:

Lotto Results 19th of September, 2022.

The jackpot was €4,300. The numbers drawn were 6, 16 and 22. There was no jackpot winner. Consolation prizes: €50.00 to Cora O'Flynn, Horsemount, Ballinagree (Online Winner). €20 each to Sheila & Gearóid Lehane, Ballinagree; Donal Corkery, Carrig; Alan O'Shea, Coolkisha, Rusheen; Chris Duggan, Leades Cross, Bealnamorrive. Lotto Results 26th of September, 2022.

The jackpot was €4,450. The numbers drawn were 27, 34 and 35. There was no jackpot winner. Consolation prizes: €50.00 to Jerry Casey, Lombardstown. €20 each to Denis Rivers Coakley, Derryroe, Danny Cronin, Ballingeary, Sheila Walsh, Clondrochid and Kay Coakley, Ballinagree.

COACHFORD AFC:

Lotto Draw: 3/10/2022

Jackpot: €2,400. Numbers Drawn: 10 - 30 - 31. No Winner. €40 Holly & Sophie Martin. €20 Peter Kelleher (Yearly Ticket), Tim & Kate Bradley, Michael Murphy, Richard O'Sullivan (Online Ticket).

Lotto Draw: 26/9/2022

Jackpot: €2,200. Numbers Drawn: 4 - 19 - 24. No Winner. €40 Kaitlyn Bradley. €20 Sara Rooney, Annie Rooney, Eamonn Lynch (Yearly Ticket), Kathleen Flanagan (Online Ticket).

(RYLANE COMMUNITY **RCPA** PARK **ASSOCIATION) LOTTO RESULTS:**

MONDAY SEPT 19TH 2022 RCPA (RYLANE COMMUNITY PARK ASSOCIATION) LOTTO RESULTS: Winning numbers: 17, 34 & 35. Jackpot - €2,700

Lucky Dips: Michael Herlihy (Rylane); Sheila O'Sullivan (Rylane); Matt O'Leary (Clondrohid yearly ticket); Kelly Healy (Rylane- online). Seller's prize: Helen Kelleher (Aghabullogue).

Next week's Jackpot will be €2,800.

MACROOM G.A.A LOTTO:

20 September 2022

No Winner- €70. Mary Cooney, Greyhound Bar. €20. Aoife Barry Murphy, Coolmakee, Farnanes. €20. Martin O'Brien, Rahalisk, Macroom. €20. Martin Mc Sweeney, Carraganima, Macroom. €20. Breda Mc Carthy, Ballymakeera, Macroom. €20. Helena Healy, Ard na Graine, Kilnagurteen. Next Week's Jackpot €3000.

27 September 2022

No Winner - €70. Shelia Buttimer, Coolcower, Macroom. €20. Michael Twomey, Railway View, Macroom. €20. Leah & Ella Goold, Gurteenroe, Macroom. €20. Colman Corrigan, Glen Park, Macroom. €20. Mgt. Coackley, Inchigeela, Macroom. €20. Browne Family, Railway View, Macroom. Next Week's Jackpot €3200.





2022



1977 – 2022 These two photographs were taken 45 years apart at the junction turn-off to Coachford, on the outskirts of Macroom. Micheál Ó Cróinín



Cian Kelleher with Donal Kelleher, the piper and the military colour party in the background at the Carrigaphooka Ambush Commemoration.



Dermot O'Mahony waving off cars at the start of KHAA 5th Vintage Run to Dripsey Castle



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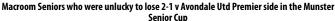
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MACOOM FC







Macroom FC U19 Women's Squad who drew 2-2 with Avondale Utd in the Premier league.

Munster Senior League Division 2 Macroom 3 Tramore Athletic 3

The Murray's Bar sponsored Seniors welcomed Tramore Athletic to Murrayfield for their first home tie of the season. The hosts started the better, keeping Tramore pinned back in their own half in the opening quarter. It was on 8 minutes, when Macroom nearly found the opener, a sloppy back pass from the Tramore right back saw Mark Corrigan through, only for his effort to be blazed over. Moments later, Macroom found the opener. Cathal O' Riordan played a sublime diagonal ball into the run of Darren Dineen. Dineen calmly finished from the edge of the box to the bottom left corner, 1-0. Macroom were playing well now, Corrigan's pace causing problems down the right flank. Lloyd Asling proving a physical presence in midfield and Thomas Morgans and O'Riordan dealing ably with any Tramore attack. Despite the home side's dominance, they failed to add to their tally. It was on the stroke of half-time Tramore poked home the leveller from close range making it 1-1 at the interval.

The second half began with a real edge with tough challenges coming in from both sides. It was on 48 minutes that Tramore were awarded a free kick on the edge of the Macroom penalty box. The strike found its way through the wall, Caleb Dineen did well to keep out the initial effort but the loose ball was fired home from close range. Almost immediately, Tramore were through again only for Dineen to pull off a great save low at his near post. Macroom now upped the ante but, a series of long balls weren't going to break down the Tramore defence. Just before the hour mark, Keith Holden and Dylan Twomey were introduced from the bench, substitutions that proved crucial. Within a minute Craig Ronan found Holden in space and his deft effort was coolly slotted over the oncoming Tramore goalkeeper, all square now at 2-2.

Macroom were now finding rhythm once again and on 70 minutes, Holden turned provider to play Dineen through on the left. He cut in to finish well at the near post giving Macroom a 3-2 lead. The home side went in search of a fourth to kill the game off. However, a series of fine saves from the Tramore keeper along with a flurry of ricochets and the intervention of the crossbar were all that denied Macroom. Tramore were still alive and you just felt their chance would come. It was on 95 minutes, that a free kick from deep in their own half was met with a looping header, that found the back of the net to level things up at 3-3.

In the end, Macroom were left to rue a poor conversion rate up front and some lapse defending at the back to drop two points at home. Attention now turns to an away fixture with Kinsale at Madden Park this coming Saturday.

Schoolboys Round Up

The U12s travelled to play St Mary's in the National Cup, unluckily losing out in extra time. Macroom trailed early on but fought back to level through Darragh Creed's penalty. Creed made it 2-1 in the second half but just before full time, St Mary's scored a cracking goal to force extra time. The home side then hit the front and although Macroom fought hard, an equaliser never arrived. A really strong performance though against a higher ranked side.

The Macroom Opticians sponsored U16A side travelled to Castlebridge Celtic for their second game of the season. Macroom started slow as the home side dominated, a series of corners well defended by the visitors. Macroom then completely took over this tie and found themselves 3-0 ahead at half time. The onslaught continued as Macroom stuck for 7 goals, Castlebridge responded with 2 goals of their own but Macroom ran out comfortable winners on a 7-2 scoreline.

The U15A boys, sponsored by Billy Murphy Taxi, secured a well-deserved point in Ballyphehane following a 1-1 draw with hosts Kilreen Celtic.

After withstanding early pressure from the home side, Macroom took the lead on the stroke of half time with Ben O'leary combining well with Jakub Zulawnik, the latter finishing well to the bottom corner after a splendid Cruyff turn on the edge of the 6-yard box. Both teams created chances in the second half with Richie McCarthy forcing a series of fine saves from the home keeper. Scott Forde in the Macroom goal was busy too and he produced a tremendous save with time almost up. Kilreen mounted one last attack which ended with a strike hitting the roof of the Macroom net. It was heartbreaking to concede at the death but this team is performing well and are unbeaten in four games.

Schoolgirls Round Up

The U12 Premier side took a deserved point against Wilton at Murrayfield. This was an excellent game and all the girls are progressing well in a very tough league. Wilton always looked dangerous in this tie but a combination of fine defending as a team and a super display from Roisin Twomey in the Macroom goal kept Wilton at bay. Macroom had a goal disallowed from Aoibheann O'Brien for offside before the visitors took the lead. Macroom pushed for an equaliser and with 10 minutes to go they got just that. A wonder goal from Lauren O' Sullivan gave Macroom a share of the points.

Wilton hosted the U13s and Macroom emerged victorious on a 3-2 scoreline. Hannah McSweeney (2) and Lauren O' Sullivan were on target. Macroom were short a number of regulars, and were delighted to welcome Jenny Duggan, Keelin Kelleher, Lauryn O'Sullivan and Aoibheann O'Brien from the U12 side for this game. These players all made an excellent contribution to a satisfying

The U14 girls played Ballinhassig in their first outing this season and delivered a fantastic 5-0 win. A great team ethic along with several excellent phases of play were a feature of this performance. Goalscorers were Shauna Keane with a hat trick, Naoise O'Brien and Sarah Kelleher.

Mallow were welcomed to Murrayfield by the U15s and the large crowd were treated to an absolute cracker of a game. Mallow took the lead but Macroom fought hard for the equaliser. An excellent team move out from the back and through midfield found Szonja Mora. She clinically dispatched the ball into the top corner. This gave Macroom great confidence and although Mallow retook the lead, Mora got her second goal to level matters. In the host's goal, Lilly Myler produced a number of tremendous saves. Macroom kept pushing with Aideen Kelleher and Lucy Hinchion working hard at the back to keep the game level. Macroom really took control when Sarah Kelleher struck with a well taken goal. Szonja Mora then got her hat trick making it 4-2 and within minutes Naoise O'Brien duly delivered with a wonder volley into the top corner. An excellent 5-2 victory over a gallant Mallow side.

The Under 17's welcomed Innishvilla to Murrayfield on Sunday in what was a very tight game. The home side went ahead early on but found themselves behind soon after when Innishvilla replied with a brace of goals. It was a nail-biting affair until the final whistle, Macroom doing extremely well considering they were short a number of important players. However, they kept pressing forward, got the goals required and came away with the points on a scoreline of 3-2. Goalscorers for Macroom were Lisa O'Donovan (2) and Mya O'Sullivan.

The U19 Women's team played Avondale Utd in what was a very tough and physical game which



ended 2-2. Avondale started the stronger and it took Macroom a while to get a foothold in the tie. Once they did, they were rewarded with a well taken goal when Ava Ronan played the ball into the path of Saorlaith Murphy to slot neatly beyond

History was made in Brinny on Sunday, October 2nd, when Macroom faced Ibane Ladies in the County U14 B2 final. Macroom came out on top after a thrilling hour's football becoming the first team from Macroom LGFA to claim a County title at U14 level. Credit to both sides for serving up a cracking game of football with excellent skill on show from two well prepared sides. Scores were hard to find in the early stages of the first half as both sets of backs were on top but midway through the first half Macroom settled into the game firing over points from Maisie Murphy, Szonja Mora and Cliona O' Brien before Cliona rattled the net to leave the score at half time: Macroom 3-4 to Ibane

1-5. Macroom lost midfielder Clodagh Murray due to injury but drove on with Szonja Mora coming thundering into the game. Further points from Maisie Murphy, Szonja Mora and Cliona O' Brien were followed by another goal from Cliona O'Brien to leave Macroom with a commanding 11-point point lead with 15 mins to play. Credit to Ibane who got a goal to start a late surge. Pressure mounted on the Macroom defence who had their backs to the wall. Ibane kept the score board ticking over to bring the game to within a point. Macroom, with heroes all over the pitch fought hard in the back line with Daimhin McKenna winning some vital turnovers to set up one final attack on the Ibane goal. It was left to super sub-Isabelle Isabelle O Driscoll to score a goal to finally the keeper. The deadly duo combined again to make it 2-0 and Macroom were unlucky to see a third goal ruled out. Avondale, to their credit, came back fighting in the second half, scoring two goals to level matters. A good performance from Macroom though where every squad player contributed.

Darragh Deasy, Lelia Murphy and Declan Kiely.

Macroom GAA



Macroom U-15s who lost their P2 Final by 1 point to Éire Óg, Sun., 25 Sept., 2022. (C. Kelleher.)



Éire Óg P2 U-15 County champions, 2022.(C. Kelleher.)

Murray, Shauna O'Sullivan, Maisie Murphy, Szonja Mora, Katie Purcell, Hayleigh O'Shea, Orlaith O'Brien, Cliona O'Brien, Taylor Casey, Rachel Twomey, Emily Williams, Isabelle Buckley, Isabelle O'Driscoll, Emer Burke, Grace Duarte, Chloe

O'Sullivan, Meabh Fitzgibbon, Sarah Neville, Realtin Walsh, Saoirse Phelan, Eva O'Callaghan; Management and mentors: Carmel Lehane, Concubhar Murray, Shane O'Sullivan, Jack Purcell, Lelia Graham, Orlaith McKenna

Macroom Panel: Lilly Meyler, Joy Griffin, Daimhin McKenna, Hollie Ronayne (captain), Lillie Chambers, Chloe Lehane, Grace Nash, Clodagh

settle the outcome of the game. The final whistle

blew to spark wild celebrations by the Macroom

girls. Final score 5-8 to 3-10.

Clondrohid Under 15's played Ballingeary last week in the Under 15 Shield Quarter Final.

CLONDROHID GAA

With both teams looking to advance to the semifinal the crowd were treated to a cracking game of football. Clondrohid were out of the traps fast and kicked 3 points. Then Ballingeary went on the attack and were awarded a penalty which they converted to make it all square. With their tails up, Ballingeary scored 2 more points. Both teams were now trying to get a grip on the game and with half time approaching our lads kicked 4 unanswered points. Half-time

Clondrohid 0.07 Ballingeary 1.02

Second half throw in and Ballingeary attacked and found the net to go 1 point up and then followed it up with a point from play. With their tails up now Ballingeary started looking to kill the game off, but our boys had different ideas and after a couple of tactical switches, our forward line started to up the ante and found their shooting boots kicking



The Clondrohid U 15 team who defeated Tadhq Mac Carthaigh

3-04 in a short space of time. Ballingeary to their credit never gave up scoring 1-01 but our boys again upped the work rate and ran out winners at the end with a score line that doesn't match how tough this game was.

Clondrohid 4-16 Ballingeary 3-04

Clondrohid Under 15's played Tadhg MacCarthaigh last weekend in Kealkil in the Shield Semi-final. An absolute cracking game played by 2 very evenly matched teams. Thankfully today Clondrohid came away with the win on a scoreline of

Clondrohid 4 -13 Tadhq MacCarthaigh 3 -10 Well Done Boys & best of luck in the final Well done to our under 9 footballer's who took on our neighbours Ballyvourney last Sat in the last of the Go Games matches, a big thank you to Rebel Óg for organising these games for all the kids and for their day out in Pairc Uí Rinn during the summer, thank you to all the parents for supporting the kids during the season as well

LADIES FOOTBALL

Well done to Macroom's U 14 girls who defeated

Ibane in a County Final last Sunday, and to Naomh Aban who won the JAFC County title on Sat. Both teams have parish participants, as players and coaches. Congrats, well deserved, hard work pays

Bons Secours Hospital Cork County Football Championships

Premier Senior FC Semi Finals:

St Finbarr's 2-17 Castlehaven 1-16 Nemo Rangers 1-16 Ballincollig 0-9 Final: St Finbarr's v Nemo Rangers Relegation: Newcestown relegated

Nemo Rangers 1-16 Ballincollig 0-9

Ballincollig were in live contention for three quarters of this Bons Secours Hospital County Premier Senior Football Championship semi final at Páirc Uí Chaoimh but a Nemo goal from a penalty in the 43rd minute gave the city side a six point lead and they were never going to be reined in after that despite nonstop Ballincollig efforts. That goal made the score 1-11 to 0-8 and Ballincollig were to add only one more point to their tally while Nemo made sure that they would not be caught by kicking over five more points to emerge with an emphatic winning margin.

Nemo are in search of their 23rd title in this their centenary year and had not been that impressive in the championship to date but they are now back in the county final and will give The Barrs, the reigning champions, a severe test in that decider Ballincollig enjoyed a good first half, recovering well after an opening two point early blast from Nemo. Ballincollig were well organised in defence and were able to break well at pace, with wingbacks Luke Fahy and Cian Kiely prominent and Darren Murphy and Liam O'Connell impressive in attack. After Nemo led 0-4 to 0-2 after the opening quarter ahead on 15, Ballincollig came back strongly with points from Kiely, Cian Dorgan and Murphy to lead for the first time but Jack Horgan levelled for Nemo and Luke Connolly pointed a 45 and Alan O'Donovan's added another. Dorgan's second point just before the break left only a point between the teams 0-7 to 0-6, and Ballincollig were in a good place at this stage.

On the restart, points from Luke Fahy and Cian Kiely matched a brace for Nemo before Nemo stretched their lead out to three points with further points on 38 and on 41. The game was now beginning to slip away from The Village and the penalty award for Nemo followed and thereafter they were on the high road to another final appearance.

Ballincollig: C Dorgan, D Murphy, C Kiely 0-2 each, L Fahy, P O'Neill, D O'Mahony 0-1 each.

Ballincollig: Jack Gibbons; Evan Cooke, Noel Galvin, Geared O'Donoghue; Luke Fahy, Liam Jennings, Cian Kiely; Seán Kiely, Frank Down; Seán Dore, Harry Ahern, Darragh O'Mahony; Darren Murphy, Liam O'Connell, Cian Dorgan. Subs: Peter O'Neill h-t, Dara Dorgan 41, Shane Murphy 46, Jordan O'Connor 50, Patrick Kelly 56.

Senior A FC

Semi Finals:

Clyde Rovers 1-15 Knocknagree 1-17 St Michaels 2 – 21 O'Donovan Rossa 2 – 11 Final: Knocknagree v St Michaels

Premier Intermediate FC Semi Finals:

Relegation: Bandon relegated

Ovulary 1-16 Bantry Blues 3-13 Cill na Martra 1-13 Kanturk 1-14 aet Final: Bantry Blues v Kanturk Relegation: St Vincents relegated

Ovulary 1-16 Bantry Blues 3-13

The great Ovulary run through championships, which has seen them rise from Mid Cork Junior in 2020, through the Junior County that year and then through the Intermediate A county in 2021, has finally come to an end for now. In the Premier Intermediate championship semi final, the Uibh Laoire men were bested by Bantry Blues at Dunmanway in a fine game of football and while few could quibble about the outcome the issue was in doubt to the finish of an outstanding game.

Ovulary were level with The Blues at half time, 1-6 to 0-9 after more than matching their opponents in the opening half and were leading by a point, 1-9 to 0-11 when Bantry broke through the centre of the defence for a goal in the 41st minute which gave them the lead. Two minutes later Bantry struck for a second goal and this score was crucial as it put Bantry five points clear and able to absorb the ferocious pressure OOvularyvulary subsequently applied. Outscoring Bantry by 0-5 to 0-1, Ovulary had reduced the deficit to a single point, 2-12 to 1-14 by the 56th minute but the third Bantry goal in the 58th minute was the absolute killer blow for the West Cork side who will meet Kanturk in the final and that game should be another cracker. Ovulary were without the injured Cathal Vaughan from their attack and his absence was sorely felt. Defenders Alan O'Brien and Finbarr McSweeney were also not available through injury and in a tight championship encounter everything matters.

Bantry opened the scoring with a point straight from the throw in but Ovulary had a fine goal in the 3rd minute, Seán O'Leary setting up Seán O'Riordan who blasted to the net. Conor O'Leary added a point, Chris Óg Jones matched a Bantry point in the 11th minute, 1-2 to 0-2 for Ovulary. Bantry now had the next three points to be level by the 16th minute but Cairn Galvin put Ovulary back in front in the 21st minute. Bantry drew level and went a point clear, Conor O'Leary equalised on 25, pointed an Ovulary free two minutes late and Liam Kearney made it 1-6 to 0-7 in the 29th minute. In time-added Bantry came back with two points to leave the scores level at 1-6 to 0-9 (0-5 from Ruaidhri Deane!) at the break, and it was all to play for at this stage. Barry O'Leary put Ovulary back in front on the resumption, Bantry equalised, Iveleary went back in front, Bantry again drew level, 1-8 to 0-11 in the 36th minute. Liam Kearney put Iveleary again in front on 39, but then came the Bantry goal which gave the Blues the lead they were not to lose again. The second Bantry goal quickly followed, but Iveleary hit back with a Chris Óg Jones point and Timmy Roberts kicked over to make it 2-11 to 1-11 at the three quarter mark. Barry O'Leary's point immediately cut the deficit to two points, Daniel O'Donovan came up to score and only the minimum now separated the sides on 48 minutes. Bantry got a badly needed point, but Chris Óg Jones pointed a free to again leave only the minimum between the asides after 56 minutes, 2-12 to 1-14.

The third Bantry goal came two minutes later and it was well worked and proved decisive. Bantry added a point from a free, Brain Cronin did likewise for Iveleary and Chris Óg had a late point to cut the gap to three points but time ran out for the gallant Iveleary men who had displayed great character and contributed hugely to a marvellous game of football.

Scorers for Iveleary: C Og Jones 0-4 (0-1f), S O'Riordan 1-0, C O'Leary 0-3 (0-1f), L Kearney, B O'Leary 0-2 each, B Cronin 0-1 (f), S O'Leary 0-1 (mark), C Galvin, T Roberts, D O'Donovan 0-1

Iveleary: Joe Creedon; Daniel O'Donovan, Ciarán O'Riordan, Daniel O'Riordan; Kevin Manning, Ciarán Galvin, Timmy Roberts; Seán O'Leary, Seán O'Riordan; Conor O'Leary, Chris Og Jones, Brian Cronin, Barry O'Leary, Ian Jones, Liam Kearney.

Subs: James O'Donovan 50, Aaron O'Donovan 55. Seán Lehane 60. Lar O'Sullivan 60. Donal O'Sullivan 60.

Kanturk 1-14 Cill na Martra 1-13 (aet)

The tale of woe continues for Cill na Martra as they seek to reach the final of the county Premier Intermediate football championship for the first time. Once again it was Kanturk who denied them their passage to the decider, this time at Mallow, and once again there was heartbreak a-plenty for the Gaeltacht side and a lot of 'what might have been' to reflect on.

Cill na Martra had to line out without Cork defender Tadhg Ó Corcora, replaced by All Ireland medalist Nollaig Ó Laoire, and lost Graham Ó Mocháin to injury early on as they conceded an avoidable goal in the 14th minute. At the other end, they missed scoring chances which they would normally avail of so this game will be regarded as 'one that got away'.

Cill na Martra dominated long spells of the first half, but with faulty shooting they didn't build up the lead their play deserved. In the 14th minute, leading by 0-2 to 0-1 they got caught for a goal when an effort for a point dropped short and Kanturk's Grantus Bucinskas (unluckily injured very early on against Macroom previously) beat the goalie and defender to punch the dropping

ball to the net. Graham Ó Mocháin was injured in the clash and had to retire injured. Kanturk extended their lead but the Gaeltacht side finally began to put scores on the board, kicking four of the next five points. Ciarán Ó Duinnín kicked two while marks from Ó Deasúna and Fionnbarra Ó hÉalaithe saw them in level, 0-7 to 1-4, at half time.

Cill na Martra's Ciarán Ó Duinnín gave his side a major boost on the resumption with a goal on 33 minutes and Kanturk never led from then until the 78th minute. The sides were level three times in the final 10 minutes of normal time. In the 63rd minute with Cill na Martra hanging on to a one point lead, Kanturk goalkeeper Ronan Cashman, landed a free from 50m to make up for his earlier error for Ó Duinnín's goal to make it 1-11 each at the end of normal time.

The first ten minute half of extra time was scoreless but Cill na Martra were the happier, surviving the first nine minutes without the black-carded Críostóir Ó Meachair. Míchéal Ó Deasúna put Cill na Martra ahead in the 73rd minute but Paul Walsh kicked an immediate leveller from distance. Colm Mac Lochlainn edged the Gaeltacht side back into the lead but Kanturk's Rvan Walsh he kicked a huge equaliser followed by the winner in the space of a minute. Cill na Martra just couldn't get the equaliser but were denied a scorable free late on. Kanturk thus qualify for their third final in this grade in a row.

Scorers for Cill na Martra: C Ó Duinnín 1-2; C Ó Fóirréidh, D Ó Duinnín (0-1 f), M Ó Deasúna (0-1 mark) 0-2 each; A Ó Cuana, F Ó hÉalaithe (mark), M Ó Duinnín, J Mac Cárthaigh (45), C Mac Lochlainn 0-1 each.

Cill na Martra: Pádraig Ó Críodáin: Graham Ó

Mocháin, Nollaig Ó Laoire, Finén Ó Faoláin: Danny Ó Conaill, Seánie Ó Foirréidh, Cianie Ó Foirréidh: Antóin Ó Cuana, Gearóid Ó Goillidhe: Fionnbarra Ó hEaluithe, Ciarán Ó Duinnín, Daniel Ó Duinnín: Maidhchí Ó Duinnín, Micheál Ó Deasúna, Damien Ó hUrdail. Subs:, Colm MacLochlainn 15, Shane Ó Duinnín 41, Colm Ó Meachair 49, J MacCarthaigh 59, Aaron Ó hUidhir 60..

Intermediate A FC:

Semi Finals:

Aghabullogue 4 – 10 Boherbue 1 - 7 Mitchelstown 0 - 9 Kilshannig 2 - 15 Final: Aghabullogue v Kilshannig Relegated: Ballydesmond, St Nicks, Millstreet, St Finbarr's

Aghabullogue 4-10 Boherbue 1-7

Aghabullogue put on a great team performance at Millstreet to secure their place in the Bon Secours Cork IAFC final against Kilshannig.

Aghabullogue, the defeated finalists of 2019 against Cill na Martyra, were appearing in their third successive semi-final and showed they were focussed right from the start and with the wind behind them had this game wrapped up by the break when they led leading 4-5 to 0-4.

A goal from Cialan O'Sullivan, set up by John Corkery, in the 4th minute gave Aghabullogue a perfect start and then Corkery himself, combined with Adam Murphy for their second goal four minutes later. They led by 2-4 to 0-1 lead after an impressive first quarter display and continued to find the target with David Thompson finding the net after Matthew Bradley sent a quick free his way in the 20th minute. The Boherbue goalkeeper received a black card in the 25th minute for pulling down Brian Dineen and the resultant penalty was despatched to the net by David Thompson.

Aghabullogue led by 13 points at half time and their opponents were in a state of shock. The Duhallow men fought bravely for their honour all through the second half, marginally outscored Aghabullogue 1-3 to 0-5 in that period but never looked like catching the confident Aghabulloque men who are now back in the final, having previously lost on their first final appearance in 2019.

Scorers for Aghabulloque: D Thompson (2-3, 1-0 pen, 0-2 f), C O'Sullivan (1-2, 0-1 mark), J Corkery (1-1), M Bradley (0-2, 0-1 free), R Dennehy and P O'Sullivan (0-1 each).

Aghabullogue: John Buckley; Paul Dilworth, Shane Tarrant, Conor Smyth; Billy Casey, Paul Ring (Capt), Denis Quinlan; Ryan Dennehy, Brian Dineen; John Corkery, Mathew Bradley, Adam Murphy; David Thompson, Evan O'Sullivan, Cealan O'Sullivan.

Subs: Luke Casey 39, Pádraig O'Sullivan 46, Niall Barry Murphy 55, Jack Murphy 57, Tom Long 58.

Junior **Football** County Championship

Quarter Finals, all on Saturday October 15th 2022, starting at 4pm

- A Kilmurry v St James (Ardfield) at Enniskeane
- B Kinsale v Urhan in Dunmanway
- C Cullen v Cobh in Mourneabbey
- D St Michael's (Blackrock) v Buttevant in

HURLING - Co-op Superstores Cork County Hurling Championships

Premier Senior Hurling Championship

Semi finals:

Erins Own 0-21 Blackrock 3-21 St Finbarrs 2-25 Newtownshandrum 0-20 Final: Blackrock v St Finbarrs, October 16th 4pm Relegation: Na Piarsaigh relegated

Senior A Hurling

Semi finals:

Fr O'Neill's 1-24 Bride Rovers 0-16, Fermoy 0-14 Courceys 5-14 Final: Courceys v Fr O'Neill's Relegation: Ballymartle relegated

Premier Intermediate HC:

Inniscarra 1-18 Ballinhassig 1-15 Castlelyons 3-17 Castlemartyr 2-24 Final: Inniscarra v Castlemartyr at P Uí Chaoimh, Sunday October 16th 2pm. Relegation: Youghal relegated

Inniscarra 1-18 Ballinhassig 1-15

Inniscarra qualified for the Co-Op SuperStores Premier IHC final after a great contest with Ballinhassig at Cloughduv.

Ballinhassig were aided by the wind in the

first half, but fell behind after a minute, as Owen McCarthy pointed a free for Inniscarra. Ballinhassig quickly levelled and set the scene for a keenly contested opening half, with sides exchanging scores on a number of occasions. The teams were level at 0-3 apiece after 10 minutes.

Inniscarra looked dangerous going forward led on by Sean O'Donoghue. Ballinhassig went in front but three Scarra points gave them breathing space. It was 0-6 to 0-5 after 27 minutes and the teams shared the next four points evenly so Inniscarra led by a point at the break, 0-8 to 0-7.

The opening ten minutes of the second half followed the tit for tat pattern with the two teams giving it their all. 'Scarra led 0-12 to 0-10 advantage, but then Ballinhassig got through for a goal. Inniscarra didn't panic and went ahead once again, as sub Kieran Rice and Colm Casey had points 0-14 to 1-10 with 12 minutes remaining. Ballinhassig now hit four of the next five points to lead 1-14 to 0-15.

Just as Ballinhassig thought they had done enough with minutes remaining, Colm Casey rattled the back of the Ballinhassig net after the ball came back off the post and Casey's goal in the 58th minute was crucial for Inniscarra. The Blues levelled matters, but injury-time points from McCarthy (2) and a Joseph Enright effort sent 'Scarra into the final.

Scorers for Inniscarra: O McCarthy 0-7 f, S O'Donoghue 0-5, C Casey 1-2, K Rice 0-2, J Enright, F O'Leary 0-1 each.

Inniscarra: J O'Keeffe; C Lombard, B O'Mahony, J O'Sullivan; J Harrington, L Ryan, S Sheehan; J Enright, S O'Mahony; C Casey, S O'Donoghue, F O'Leary; D O'Keeffe, D O'Connell, O McCarthy. Subs: K Rice 41, D Keane 51, S Quinlivan 64, S Buckley 67.

Intermediate A HC:

Semi Finals:

Cloughduv 1-29 Lisgoold 3-18 Sarsfields 1-12 Dungourney 0-18

Final: Cloughduv v Dungourney on Sunday October 9th at Páirc Ui Chaoimh, 2pm

Relegation: Meelin relegated

Cloughduv 1-29 Lisgoold 3-18 (after extra time) Cloughduv are through to the Co-Op Superstores Intermediate A Hurling Championship final after a classic encounter under lights in Riverstown. Lisgoold threatened to complete a remarkable comeback in both normal time and then extra time but a Brian Verling goal was enough to send his side through to the final where they will face old adversaries, Dungourney.

After a fiercely competitive eight minutes to this clash played in front of a huge crowd, it was Lisgoold that found themselves in front 0-3 to 0-2 but they proceeded to hit nine wides in total in the first half and only one from play.

Cloughduv, by comparison, only hit four wides in the first half and they fired over six points without reply. Lisgoold had two points from frees and one from play but inspired by the excellent Brian Verling, and also three brilliant points from Mark Walsh, Cloughduv were in complete control by half-time, 0-14 to 0-6.

Lisgoold deserve credit as they somehow battled back and two goals from Mark Hegarty and

by the end of the third quarter, 2-10 to 0-15.

It set up a frantic final quarter, these two spirited teams were level on six occasions including when the full-time whistle was blown so extra time was required, 2-16 to 0-22.

In extra time Cloughduv led comfortably before a Lisgoold goal sparked a comeback but ultimately Brian Verling's ground pull to the net sent his side into the final.

Scorers for Cloughduv: B Verling 1-11 (0-8 f, 0-1 65), M Verling, M Walsh 0-4 each, A Murphy 0-3, J Mannix, W Ahern 0-2 each, K Walsh, J Devine, C Canty 0-1 each.

Cloughduv: Conrad Crowley; Liam Kelleher, Brian Diarmuid Healy helped them lead by the minimum Ahern, Odhran O'Driscoll; Seán Curzon, Cormac

O'Driscoll, Eoin Clifford; Aidan Murphy, Kevin Walsh; William Ahern, Jason Mannix, Mark Verling; Mark Walsh, Brian Verling, Colm Ryan. Subs: Eoin Moynihan 12, Patrick Buckley 50, Stephen O'Donoghue 51, Ciarán Canty 60, J Devine 74.

Premier Junior HC:

Semi Finals:

Kilbrittain 0-27 Tracton 1 25 Ballygiblin 0-25 Russell Rovers 1-19 Final: Tracton v Ballygiblin Relegation: Dripsey relegated

MJK OILS - Mid Cork Junior Hurling Championship

Quarter finals:

A Éire Óg 1-15 Blarney 2-10, B Inniscarra 1-20 Kilmichael 0-14. Semi Finals:

Ballinora v Inniscarra at Ovens, Friday October 7th, 7.30pm start

Grenagh v Éire Óg at Ballincollig, Saturday October 8th, 4pm start.

Éire Óg 1 – 15 Blarney 2 – 10

Éire Óg are through to the semi final stage of the MJK OILS Mid Cork junior hurling championship after this hard earned victory over Blarney at Grenagh. Blarney led by two points, 2-10 to 1-11 after firing over five unanswered points in a row by the 54th minute and with the fairly stiff breeze behind them they did look to have victory within their grasp. Éire Óg however were not giving up and had drawn level by the end of the normal time and two late points in time added gave them their passage to the semi finals and a meeting with Grenagh. The Ovens men had largely dominated in the first half, led at half time by five points, kept in front until the 50th minute and had the heart, to fight back when the cause was almost lost.

Ground and weather conditions at the new venue in Grenagh were excellent, the wind blowing from goal to goal the only problem. Éire Óg had the advantage in the first half but despite being on top ruined their opening quarter display with some poor marksmanship. A well taken first minute goal for Blarney from Will Crowley left Éire Óg playing catch up from the start and because of their lack of accuracy it took all of twenty minutes for the Ovens men to draw level, an early point from a Brian Kirwan '65' and two points from Cathal Sheehan frees making it 1-0 to 0-3. Cathal Sheehan had not started the game, came on in the 15th minute as a replacement for the injured Keith Riordan, but quickly left his mark and finished with 0-6 to his credit, his accuracy from placed balls vital in getting Éire Óg a return on the scoreboard commensurate with their control on the field. The only Éire Óg goal came in the 22nd minute, Brian Corcoran driving a long clearance into the Blarney goalmouth and Brian Thompson was on hand when the ball came loose to belt it to the net to put his side in front for the first time.

In the run up to half time, Éire Óg had a point from a Cathal Sheehan free, Blarney hit back with points from Shane Mulcahy and a Will Crowley free, but Ciarán Sheehan, Rian O'Flynn and Ciarán Sheehan again had points to leave their side leading by 1-7 to 1-2 and they had earned their advantage.

Blarney with the wind to their backs had the start they needed to get back into contention. Will Crowley pointed a free in the thirty fifth minute and from the puck out Shane Mulcahy got possession, advanced at speed and fired the ball past the 'keeper, 1-7 to 2-3. Brian Corcoran, steady at centre back for Éire Óg, got a badly needed point but Blarney replied with a superb Conor Forde point to again cut their deficit to the minimum. Éire Óg had three of the next four points, Cathal Sheehan, Brian Kirwan and Rian O'Flynn all from play, a point from a Will Crowley free the only Blarney reply, three points separating the sides at the three quarter stage, 1-11 to 2-5 for Éire Óg.

Blarney hit a scoring purple patch now and with five points in succession were two clear by the 54th minute but Éire Óg had a point from Rian O'Flynn and then an equaliser from lionhearted Daniel Goulding who had to fight hard for this score. With the game in injury timeadded, Cathal Sheehan pointed a 50 metre free and repeated the exercise just before the final whistle in the 67th minute of a competitive but sporting contest.

Scorers: Éire Óg: B Thompson 1-0, Cathal Sheehan 0-6 (0-5f), R 0-3, B Kirwan 0-2 (0-1'65'), Ciarán Sheehan 0-2, B Corcoran and D Goulding 0-1. Blarney: W Crowley 1-3 (0-1f), S Mulcahy 1-2, C Forde 0-2, D Quill, C Hegarty, D Murphy 0-1 each.

Éire Óg: Conor Keane: Kevin Cooper, Sean O'Flynn, Adam McCarthy: Ross McCarthy, Brian Corcoran, Brian Thompson: Eoin Kelleher, Rian O'Flynn: Keith O'Riordan, Cathal Murphy, Daniel Goulding: David Casey, Ciarán Sheehan, Brian Kirwan. Subs: Cathal Sheehan 15, Diarmuid Dillon and Seamus Lordan both on 50.

Blarney: Conor Murphy: Seán McSweeney, Stephen Mullane, Darragh Murphy: Vincent O'Mahony, Olan Hegarty, Mark Cummins: Colin Murphy, Cian Dunlea: Conor Forde, Dan Quill, Cathal Hegarty: Will Crowley, Paul O'Connor, Shane Mulcahy. Referee: John Ryan, Macroom.

Camogie - SE SYSTEMS County Senior Championship

Quarter Finals:

A Inniscarra 0-14 Cloughduv 1-8 B Sarsfields 1-18 Courcey Rovers 2-13 C St Finbarr's 3-13 Killeagh 2-11 D Seandún 5-16 Éire Óg 1-8.

Inniscarra 0-14 Cloughduv 1-8

Finalists for the last six seasons, winner of three in a row between 2016-2018, Inniscarra were firm favourites to defeat Cloughduv in the county senior quarter final at MTU stadium but were relieved to be still in front when the final whistle blew. Cloughduv had taken nine points from a possible twelve in their group with wins over Fr O'Neill's, Newcestown and Ballygarvan, table toppers Sars their only defeat and thery carried this rich form with them into the play offs.

Inniscarra had just three games in group A due to the walkover given by Douglas, won two and drew

IT took three injury-time points in the space of two minutes from Aileen Sheehan before Inniscarra booked their place in SE Systems Senior Camogie championship semi-final at MTU after a spirited and determined Cloughduv pushed them to the limit. Inniscarra were grateful for the reliability of Joanne Casey, who was as ever unerring as she slotted over five frees over the hour, to go with her two from

Trailing by four points at the interval, Cloughduv were level inside 10 minutes of the restart, driven on by their captain Lisa Lynch, who contributed 1-5. Inniscarra responded well and edged back in front again but still Cloughduv continued to dig deep and pushing them back into their own half they again showed huge character to get back on level

As the 60 minutes was reached on the stop-watch, extra time looked on but the experienced Aileen Sheehan landed a stunning three points from play to decide the game in 'Scarra's favour.

Cloughduv dominated the opening guarter but

failure to convert opportunities was costly. Niamh McNabola and Lisa Lynch worked hard and secured a lot of ball forcing Scarra to drop back and defend deep. Casey pointed to put Inniscarra into an early lead, before two points from captain Lisa Lynch edged Cloughduv in front.

In the second quarter Inniscarra settled and gaining a grip through points from Claudia Keane and Casey. Twice the sides swapped scores but finishing the half stronger, Inniscarra stretched their lead through Ellen Crowley and Casey. They were thrilled to be four ahead, having struggled initially.

On the restart the excellent McNabola was switched to full-forward by Cloughduv and guickly cut the deficit with a point. Áine O'Regan and Lynch scored at either end, but again Cloughduv were doing well in terms of possession. After 40 minutes they won a penalty and team captain Lisa Lynch finish to the corner, level pegging and game on.

Excitement was at fever pitch, as Casey converted two frees but Cloughduv refused to yield. Briege Corkery hit an excellent point and then Lynch pointed a long range free- all square once more. In the three minutes of added time it was Aileen Sheehan who rescued last year's runners-up. Scorers for Inniscarra: J Casey 0-7 (0-5 f), A Sheehan 0-4, E Crowley, C Keane, A O'Regan 0-1 each. Cloughduv: L Lynch 1-5 (1-0 pen, 0-3 f), N McNabola 0-2, B Corkery 0-1.

Inniscarra: C Buckley; C Looney, C Ring, J Burke; R Buckley, E Looney, A Kavanagh, S O'Callaghan, A O'Regan; J Casey, C Keane, M Lyons; E Crowley, R Quigley, A Sheehan.

Subs: L Desmond 40, R Murphy 40, A Dineen 58. Cloughduv: C O'Leary; A Buckley, L Buttimer, J Verling; C Hughes, N O'Leary, A Corkery; A Barry-Murphy, A Kelleher; R Hurley, M Corkery, N McNabola; L Lynch, B Corkery, C Sheppard. Subs: A Sheppard 28, L Bateman h-t, M Twomey 47, A Lehane 53

Referee: Andrew Larkin (Ballygarvan).

Seandún 5-16 Éire Óg 1-8

Éire Óg have had a great season, finishing second in Group C, but champions Seandún showed they are in no mood to relinquish their SE Systems Cork senior camogie championship crown after their 5-16 to 1-8 guarter-final victory at Cloughduv. The city divisional side were in control at the break, ahead by 3-7 to 0-5.

Cork star Amy O'Connor was in superb form hitting four goals before she was substituted in the second-half, while Erin Curtin from Blackrock scored their fifth major.

Semi Finals; Seandún v St Finbarrs, Inniscarra v Sarsfields

Intermediate Camogie County championship

In intermediate camogie, there are two groups, one of seven and one of six teams with the two top teams in each group going to the semi-final. Group 1

Na Piarsaigh, Milford, Carrigaline, Clonakilty, Aghabullogue, Watergrasshill and Kilbrittain/ Timoleague.

Group 2

Blackrock, Brian Dillon's, Newtownshandrum, Valley Rovers, Charleville and Ballyhea.

Final: Blackrock 1-15 (18) Aghabullogue 3-08

Aghabullogue led at half time by 1-6 to 0-7 and by 3-8 to 0-12 with ten minutes remaining but Blackrock finished strongly, drew level at 1-14 to 3-8 with a goal on 60 minutes and scored a winner before the final whistle.



2022 Lily Grant championship county champions Aghabullogue Camoige junior 2 team.



Macroom Ladies u14 Football County Champions

Congratulations to Patrice Holmes, Aherla/Leevale Athletic, who represented Ireland in the U20 Junior Mountain Running Championship in Ambleside England, with the team taking home the Bronze Medal for Ireland



Cork LGFA SFC final

Mourneabbey 3-12 Éire Óg 0-13

Two very early goals gave Mourneabbey, competing in their ninth consecutive senior final, the perfect start in the LGFA County Senior Final at MTUA and Laura Fitzgerald completed her hat trick in the second half to help deliver the eighth Cork LGFA SFC county title for her side.

The reigning Cork and Munster LGFA champions reaffirmed their position atop the senior club county rankings thanks to a blistering start in which Fitzgerald twice found the net, including a penalty, inside the opening 5 minutes. Then, Fitzgerald converted a second spot-kick to complete her hat-trick and end Éire Óg's resistance midway through the second half.

In the end, Shane Ronayne's all-conquering side, competing in their ninth consecutive senior decider, defeated a worthy opponent in Éire Óg. Mourneabbey couldn't have asked for a better start with Laura Fitzgerald twice finding the net (one penalty) and Doireann O'Sullivan scoring to make it 2-1 to 0-1.

Éire Óg were guilty of wasting numerous chances but a second quarter burst brought the Ovens club into contention.

Eimear Scally, Meabh Cahalane and Maire O'Leary scores made it 2-4 to 0-7 after 20 minutes. Doireann O'Sullivan from frees, along with Roisin O'Sullivan, edged the champions 2-7 to 0-8 ahead at half time.

It was 2-11 to 0-10 when Anna Ryan burst clear only to be brought down in the Éire Óg square late on. Laura Fitzgerald completed her hat-trick from the ensuing penalty and Mourneabbey saw out the remaining.

The gap to the county champions may be closing but, for now at least, Mourneabbey remain a step ahead.

Scorers for Éire Óg: E Scally 0-6 (0-5 frees), L Cleary and M O'Leary 0-2 each, M Cahalane, O Cahalane and A Nic a Biard 0-1 each.

Éire Óg: L Crowley; I Sheehan, J O'Gorman, A

Hickey (captain); A O'Connell, S McGoldrick, M Cahalane; S Cronin, A Rodgers; E Cleary, E Scally, A Nic a Bhaird; L Cleary, M O'Leary, O Cahalane. Subs: Elaine Scally ht, C O'Connor 47, R Sheehan 59.

Semi Final: Éire Óg 5-13 Bride Rovers 0-11

CORK star Eimear Scally's hat-trick enabled Éire Óg to qualify for a second consecutive Cork LGFA Senior A final at the expense of Bride Rovers in Ovens. Éire Óg got off to a lightening start thanks to two early Eimear Scally goals, including a second minute penalty. Jen Barry and Katie Quirke (two) scores brought the Rathcormac club back into it but their opponents were far more clinical as an unmarked Orlaith Cahalane netted Éire Og's third goal. A yellow card for Aoife Rodgers temporarily reduced the hosts to fourteen players but Éire Óg didn't miss a beat. Another Scally penalty delivered the Cork senior's hat-trick and made it 4-2 to 0-3 after 21 minutes.

Grace Kearney and Katie Quirke exchange points with Marie O'Leary and Laura Cleary. Éire Óg goalkeeper Lisa Crowley produced a string of excellent stops whenever called upon as Leah Hallihan and Katie Quirke (free) scores sandwiched Laura Cleary and Eimear Scally (free) points to end the first period.

The cushion of a 4-6 to 0-7 interval lead helped Éire Óg dominate a scrappy second half.

Laura Cleary netted a fine goal prior to Eimear Scally and Aishling O'Connell points. Jen Cahill responded for Bride but Orlaith Cahalane and Niamh O'Shea efforts pushed the home club 5-10 to 0-8 clear.

Three Katie Quirke frees preceded late Aoife Nic A Bhaird, Clodagh O'Connor and Niamh O'Shea points to conclude the scoring.

Scorers for Éire Óg: E Scally 3-2 (2-0 pen, 0-1 f), L Cleary 1-2, O Cahalane 1-1, A Nic A Bhaird, A O'Connell, N O'Shea (0-2 each), M O'Leary, C O'Connor 0-1 each.

Éire Óg: L Crowley; C O'Connor, J O'Gorman, A Hickey (c); A O'Connell, S McGoldrick, R Sheehan;

S Cronin, A Rodgers; E Cleary, E Scally, A Nic A Bhaird; L Cleary, M O'Leary, O Cahalane. Subs: Elaine Scally 12, N O'Shea 52, E McKay 52, M O'Donovan 55, C O'Brien 56.

LGFA Junior County Final

Naomh Abán 4-6 O'Donovan Rossa 1-10

Naomh Abán claimed the Cork LGFA JAFC county title and promotion to the intermediate grade at MTU Cork.

Two goals in either half sealed a deserved Naomh Abán junior A county final success at the expense of O'Donovan Rossa.

A blistering start saw the Baile Bhuirne club build a 2-3 to 0-0 lead they would never relinquish. Gráinne Lucey and Annie Maher's early goals set Naomh Abán on their way to victory. Another Maher green flag midway through the second period and a late Cliodhna O'Leary goal sealed a memorable win.

O'Donovan Rossa never recovered from a poor start. A second half goal reduced the deficit to three but that was as close as the Skibbereen club got.

Naomh Abán will represent Cork in the opening round of the Munster JAFC and will be competing in the Cork LGFA intermediate ranks in 2023.

Scorers for Naomh Abán: A Maher 2-1, G Lucey and C O'Leary 1-0 each, G Murphy (0-2f) and L McDonagh 0-2 each, A Hoare 0-1.

Scorers for O'Donovan Rossa: É O'Donovan 0-4 (0-3f), F O'Driscoll 1-1, L O'Mahony 0-2, K O'Donovan, S Hurley, S Stoutt 0-1 each.

Naomh Abán: L Hughes; U Twohig (captain), M Dineen, A Creedon; E Kelly, R Corkery, M E Kelliher; A McDonagh, G Lucey; A Hoare, E Murphy, C Phelan; A Maher, L McDonagh, G Murphy. Subs: J Kelly 41, C Murphy 58, C O'Leary 62, N Murphy 62.



lan Keoghan Club Chairperson, Mary Kelleher Club Secretary and Eddie Walsh Club Treasurer Turning the Sod for Laochra Óg Development Site in the presence of Sean Kelly site developer 28th July 2022 Kelleher



(Im)perfect pitch; Bishop McEgan Park, Castle Grounds, Macroom is being improved with extra drains, sanding and re-seeding/re-sodding. (C. Kelleher.)



Eire Og Junior hurlers who will play Grenagh in the MJK Oils Mid Cork JHC semi final



Grenagh Junior Hurlers who will play Eire Og in the MJK Oils Mid Cork JHC Semi Final



Inniscarra Intermediate Hurlers who have qualified for the PIHC County Final



Inniscerra Junior Hurlers Who will play Ballinora in the MJK Oils Mid Cork JHC Semi Final



Macroom under 10s who recently took part in the TJ Lyons tournament hosted by Canovee GAA.



Mick Goold U-11 Boys Blitz, Macroom GAA, Runners-up. Pic Con Kelleher



Macroom FC U11 boys who played Innishvilla at Murrayfield last weekend.



Tony Pierce, world and European record holder from Macroom ran the Irish Drug Free Powerlifting National Bench Press competition in Sean McCarthy's Phoenix Fitness Power Lifting Killarney. All competitors came home with a medal. For the pound for pound National competition, Charles Murphy (Macroom) took first place, and Corey Murphy (Macroom) took 3rd place.



Kilbarry NS cross country runners at the West Muskerry Primary Schools Cross Country 2022 in Ummera.



Kilbarry NS medal winners at the West Muskerry Primary Schools Cross Country 2022 in Ummera.Kelleher



Foireann mná Naomh Abán a bhuaigh craobh an Chontaé, i gcoine O Donovan Rossa. pic le Nóra Uí Luasa.



Jerry Murphy from R&R Tyres providing ongoing sponsorship of Cloughduv Hurling Club in advance of the Intermediate County Final.



Cill na Marta a chaill i gcoine Ceann Toirc sa Craobhchomórtas Príomh Idirmheánach Chorcaí. Cluiche Leath Cheannais. pic le Nóra Uí Luasa.



Mr Shane Ryan brings the Sam McGuire to De La Salle College Macroom.



All smiles for the camera as Canovee Underage welcome Larry McCarthy National President of the GAA to cut the





Kilmurry GAA Mid Cork Junior A championship 2022 winners at Club Sponsors Mai Fitzs Lissarda after winning the final.



Macroom U-13s, 2022, regional finalists.



Winners of the August Spin n Win which took place in the clubhouse. Winners were Jack Cooper (Beal na Blath), Miriam O'Mahony (Crookstown), Joe McCarthy (Coolmakee), Mary & Dermot Lyons (Canovee) and Gayle Lucey (Farnanes)



Foireann fé 14 Cailiní Naomh a chaill sa cluiche ceannais an Chontae i gcoinne Baile an Easpaig. (Bishopstown.) pic le Nóra Ní Luasa.

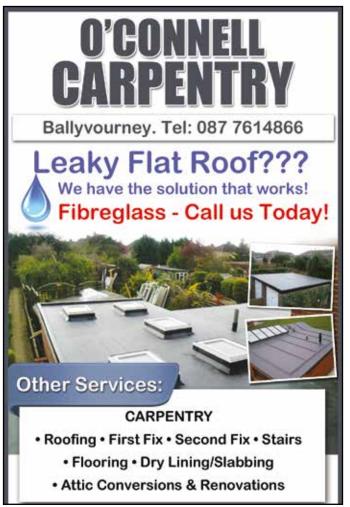


Aghinagh U15 team that narrowly lost out to Castlehaven in Div. 2 championship semi-final; Back L-R: Darragh O'Shea, Ben O'Leary, Cathal McCarthy, James Twomey, Gavin Leahy, Cormac O'Riordan, Ronan Murphy, Jacob Barry, Rian McSuibhne, James Cuddihy, Sean Cummins , Gearoid Twohig and Jack Manning. Front L_R: Pierce Lynch, Andrew Egan, Evan O'Riordan, Timmy Buckley, Christopher O'Leary, Michael Twomey, Ruadhan McCarthy, John Kelleher, Michael Buckley.



Dromleigh NS students enjoying the West Muskerry Schools Cross Country running











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Members of the Aghinagh Comhaltas providing musical entertainment at the Macroom Food & Craft Festival. Pic. Peter Scanlan



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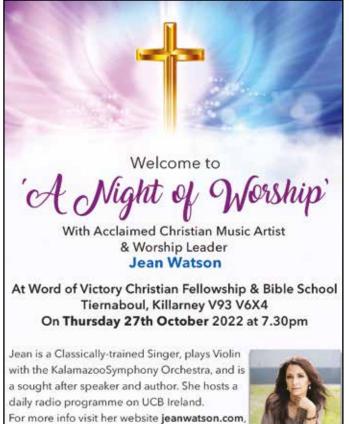
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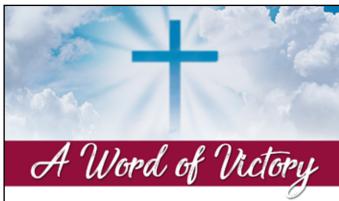












Welcome back dear student - continuing on being 'trapped'. "For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places" (Ephesians 6:12). We have spoken recently of those trapped in the human trafficking industry, but there are many of what we perceive to be regular 'free' people who are actually feeling trapped in their own situations. It can make one feel helpless and forgotten, especially when observing others enjoying their lives. There are numerous circumstances that make a person feel trapped. Chronic sickness or depression, caring for a loved one who needs constant attention; being stuck in a career or job that they were never called to and hate going into everyday, or a financial problem - choked by debts they cannot ever afford to clear. Another example could be where a person is being abused by a family member or friend being subjected to domestic violence, sexual, emotional, verbal or financial abuse being made to feel like they don't matter - by a bully. In all these scenarios it can look like there is no way out - 'trapped'. Sadly, it's what has caused some to throw in the towel and take their own lives, and causes others to turn to alcohol or drugs or some other addiction to ease the pain.

Listen friend, this is not God's plan for your life! And every situation can change. What has been happening yesterday and today does not have to be your tomorrow. I know that it's easy to talk when I'm not the one in your predicament but, in order for change to occur something new needs to happen. We cannot go on doing things the same way we've always done them and expect a difference — we must make a choice to embrace change. Reach out for help - because so often these situations are going on unknown to others. People are struggling in isolation but they don't want anyone to know because of the shame of being viewed as a weakling. Anything that is kept secret or undercover is a trap by Satan. The devil is our enemy who operates in the darkness. His tactics are to steal, kill and destroy (John 10:10). The Scripture from Ephesians above shows that we are in a battle everyday against demonic spirits who try to dominate this world and the people in it. "...the rulers of the darkness of this world"....the word 'darkness' here translates to mean 'ignorance'. So the enemy rules by ignorance - our ignorance of his methods and devices. Paul warned that Satan can outsmart and take advantage of those who are ignorant of how he works. Many people are trapped and blame God, themselves or others for their misfortune. But it is the devil who is behind it, and when we understand the authority that Jesus gave us in His Name - and live righteously by obeying His Word, we have the legal right to bind the devil and loose God's plans instead (Luke 10:17-20; Matthew 18:18; Jeremiah 29:11-14). Jesus came to enact God's Salvation plan to set the captives free (Isaiah 61:1-8). This is what we learn when we fellowship together studying the Word of God. We get trained up in how to take back what the devil has stolen from us - resulting in us being able to live in the freedom and peace that Jesus paid for with His Blood (Psalm 144:1; 1 Peter

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Sure to be a great night!

All Welcome.

10th ANNIVERSARY



In loving memory of

PADDY JOE O'SULLIVAN

No. 3 Cois Cille (formerly of Ballyvoige), Kilnamartyra, Macroom. Who died on the 13th October 2012

We sat beside your bedside,
Our hearts were crushed and sore;
We did our duty to the end,
Til we could do no more.
In tears we watched you sinking,
We watched you fade away;
And though our hearts were breaking,
We knew you could not stay.
You left behind some aching hearts,
That loved you most sincere;
We never shall and never will,
Forget you, father dear.



Lovingly remembered and sadly missed by his sons Pat and Billy, daughters Joan, Nora, Eileen, Mary and Bridget, sons-inlaw, daughters-in-law, grandchildren, great grandchildren.

8th ANNIVERSARY



I ndil chuimhne a

MICHEÁL O'HERLIHY (ÓH-IARLAITHE)

Gortnatiobrad, Baile Mhúirne. A fuair bás ar an 14ú Deireadh Fómhair 2014.



Lovingly remembered and sadly missed by his wife Elizabeth, his sons & daughters, grandchildren, extended family & friends.

Naomh Gobnait guidh orainn.

2nd ANNIVERSARY



In loving memory of

NANCY HALLISSEY

Munavadra, Inchigeela Who died on Oct 13th 2020

Death leaves a heartache No one can heal, Memories or treasures No one can steal, Some may forget you Now that you are gone, But we will remember no matter how long.



Never forgotten, Eileen and Family and Mary

5th ANNIVERSARY



In loving memory of

TADGH McSweeney

Cleanrath, San Francisco & Granada Who passed away September 28th 2017

Death leaves a heartache no-one can heal, Love leaves a memory no-one can steal, Treasured memories keep you near, As time unfolds another year.



Loved and missed by family and friends

4th ANNIVERSARY



In loving memory of

Timmy Kelleher

Coolcaum Kilnamartyra
Who died on the 16th October 2018

Though Heaven and Earth divide us, We are never far apart, You are always in our thoughts and prayers And forever in our hearts.



Lovingly remembered by his wife Lizzie Kelleher and Family and their families

BIRTHDAY REMEMBRANCE



In loving memory of

JOHN CAREY

Rea Dunmanway and Sleaveen Road Macroom Birthday 5th October

Birthdays together too short they were spent Down here on earth they have come to an end. Deep are the memories Precious they stay No passing of time can take them away



Missed everyday by your wife Mary

Padre Pio pray for us

2nd ANNIVERSARY



In loving memory of

HELEN O'SULLIVAN

15 Ard na Greine, Macroom, who died 7th October 2020



Always loved and sadly missed by her loving mother Mary, sisters Una and Veronica, brothers in law lan and Stephen

2nd ANNIVERSARY



In loving memory of

DONAL O'LEARY

Renaniree, Macroom Whose 2nd anniversary occurs on the 7th of October.

'Your photo stands in pride of place, A lovely smile lights up your face, You always seem to be so near How I wish you were still here.'



Sadly missed by your wife Maire, Daughter Cliodhna, sons Colm,Noel, Donal Og, and families.

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FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

MARGARET LYNCH

6 Bellmount Place, Crookstown Who died on the 12th October 2021

As we lovingly remember Margaret on her first anniversary, her husband Michael, daughter Michelle, sons Donny and Ross, Grandchildren Abbey, Richard, Sean, Makayla, Francis and Jay, great grandchildren Aoife, Sean and Grace, her brother Denis (Healy) daughter in law Gail, grandson in law Paul and extended family would like yo express our sincere thanks to those who sypmathised with us on our heartbreaking loss.

Thanks to those who attended her funeral from near and far and those who sent Mass cards. Also to those who rang us. sent us messages and to those who left kind words of condolences on RIP.ie

We would like to thank those who stood on the road side and to out wonderful neighbours and friends who arranged the Guard of Honour for her when we brought her home for the last time. We will be forever greatful to ye all.

We would like to thank Dr Murphy and his staff at the Ryecourt Clinic Cloughduy. Also Dr Mary Cahill and staff at the Dunmanway Day Unit in the CUH.

Also the Doctors and nurses on the covid ward who looked after her in her final days. We would also like to thank Tilly and Louise for the care they gave her at home.

A special thanks to Fr Bernard O Donovan for the lovely ceremony and Ann O Connell for getting the church ready. Also the lovely singers.

We want to give a special thanks yo Billy and staff at Fitzgeralds Funeral Home Macroom for the sensitive and professional arranging of the funeral.

It is not possible to thank everyone individually so please accept this acknowledgment as an expression of our appreciation and thanks.

Memories of you are lovingly kept, Someone too special to ever forget. Your wish today would be no fuss, Just to be remembered by all of us.



Always remembered and sadly missed by us all. Mass Saturday 15th Ocober at 8pm in Kilmurry

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

CON LYNCH

Togher Ballymakeera Died 4th October 2021

On the first anniversary of Cons death his brother Denis wishes to thank all who sympathised with him attended the prayers in the house, funeral Mass and burial.

I would like to thank Fr John Mc Carthy for officiating at the ceremonies. Cor Cuil Aodha and Gerard Lynch sacristan. To those who stood at the roadside and gathered at the churchyard.

Thank you to all who brought food to the house, to those who offered condolences online, those who phoned, sent mass cards and floral tributes, I thank you most sincerely.

Thanks to Dr. Collette Faul, Nora and Margaret at Ballyvourney health centre, the public health nurse Carolyn to his home help Joan, Sinead and staff at Deasys pharmacy Ballymakeera. Thanks to the Nurses, doctors and staff at Bantry hospital and the nurses and staff at Care Choice Macroom for the care given to Con in the final few months.

Thanks to Cyril Casey and his team for the professional handling of the arrangement to the grave diggers, The Abbey Hotel and

to my neighbours, family and friends. As it would be impossible to thank everyone individually please accept this acknowledgement as a token of my appreciation.

The Holy Sacrifice of Mass has been offered for your intentions.



First anniversary Mass for Con will be Sunday the 9th October at 10am in Coolea Church.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

NELLIE CAHILL

Watergrasshill Who died October 13th 2021

As the first anniversary of the death of Nellie Cahill, Watergrasshill approaches, Christy, Sheila, Johnny and the extended Cahill and Cronin families wish to express their heartfelt gratitude and appreciation to all their relatives, neighbours and friends for the many kind expressions of sympathy and support so freely given since October 13th last.

They are so grateful to all who attended the obsequies, who visited, who phoned, texted, put up condolences or handed in food. They are especially grateful to all who made the long journey to Fermoy or to Watergrasshill and to those who had Masses offered. Special thanks to Nellie's neighbours, Tara, Paddy, John, Mary and Johnny who went above and beyond.

Everyone will be remembered at the Acknowledgement Mass in Réidh na nDoirí Church on Saturday, October 22nd at 8pm.

Go méadaí Dia bhúr stór.

First Anniversary Mass will be celebrated in Watergrasshill Church on Saturday, October 15th at 7:00pm.



Her body was buried, but not her spirit. . Her hands were buried. but not her creations. Her head was buried, but not her memories. Her heart was buried, but not her love.

Codail go sámh i gcómhluadar na Naomh sna Flaithis.

2nd ANNIVERSARY



In loving memory of

MARY CUNNEY (NEE O'LEARY)

whose 2nd Anniversary occurs at this time.

God looked around his garden And found an empty place. He then looked down upon his earth, And saw your tired face.

He put His arms around you And lifted you to rest. God's garden must be beautiful, He always takes the best.

He knew that you were suffering, He knew that you were in pain. He knew that you would never Get well on earth again.

He saw the road was getting rough And the hills were hard to climb. So He closed your weary eyelids And whispered "Peace be thine."

It broke our hearts to lose you But you did not go alone... For part of us went with you The day God called you home.



Deeply loved, sadly missed and always remembered by your husband Liam, daughters Maggie, Joanne and Tara, grandson William, Mother Siobhan, siblings, Helen, Tim and Joanne, son's in law, parents in law Rita and Bill and extended family.

Remembering Mary's Father (Teddy O'Leary) whose anniversary occurs also at this time.

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27th ANNIVERSARY



In loving memory of

GARRETT FITZGERALD

Late of New Street, Macroom and London.

> Whose anniversary occurs around this time.



Fondly remembered by his wife Anne, brothers Pat and Declan, family and friends.

4th ANNIVERSARY



In loving memory of

SHEILA O DWYER

Shanacashel Kilmichael, & Leecourt, Ballincollig Who passed away on the 7th October 2018

Just a prayer from the ones who loved you, Just a memory fond and true, In our hearts you will live forever, Because we thought the world of you.



Lovingly remembered by all your family.

5th ANNIVERSARY



In loving memory of

MARGARET (PEGGY) LUCEY

Knockeenacutting Macroom Who died 15th October 2017

I will never take for granted The blessing you have been. And I celebrate your life of love, A gift that God has sent, To a world so in need of love You've touched so many lives with love.



Always in our thoughts and prayers Your loving family.

Anniversary Mass for Peggy & Paddy Lucey on Sunday 16th October 2022 in Macroom Church at 11.30 am.

10th ANNIVERSARY



In loving memory of

MARIE **BUCKLEY**

Laharn, Coachford. Who died on the 2nd of October 2012.

Silent thoughts, sincere and true. From a family who thought the world of you. No longer in our lives to share, But in our hearts you're always there.



Sadly missed by your children Trish, Tim, Martin, Sheila and Ger, and their families.

9th ANNIVERSARY



Treasured & loving memories of

MARY GRAHAM (NEE LEONARD)

Main Street, Macroom, Co. Cork Who died on the 7th October 2013

Those we love don't go away, they walk beside us every day. Unseen, unheard, but always near, still loved, still missed and very dear.



Loved & missed everyday by her family & friends.

60th ANNIVERSARY



In loving memory of

HANNAH

Tullig, Coachford Who died 09th October 1962

Treasured memories keep you near, As time unfolds another year.



Never forgotten by Peg, Mick & family

29th ANNIVERSARY



In loving memory of

BERTIE O'NEILL

Who's 28th Anniversary occurs around this time.



Remembered by Peggy, John, Mick, Louise, Regina and Shane.

10th ANNIVERSARY



In loving memory of

EILEEN Kelleher

who left us on 14th October 2012. Carriganorthane, Clondrohid, Macroom

A light is from our household gone a voice we loved is stilled a place is vacant in our home which never can be filled



Always missed by her loving husband Connie, children, grandchildren, relatives and friends

MEMORIALS LEE VALLEY OUTLOOK **IMPORTANT**

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THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

Lee Valley Outlook

7th ANNIVERSARY



In loving memory of

DENIS (DEN) O'REGAN

Rusheen and Macroom 4.10.2015

Will those who think of Denis today, A little prayer to Jesus say.



Sadly missed by Michael and Family

FIRST ANNIVERSARY



In loving memory of

MARGARET (PEG/ PEGGY) **HEALY**

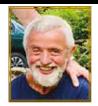
Inchisine, Toames, Macroom, Co.Cork Who died on 3rd October 2021

Those we love don't go away, they walk beside us every day. Unseen, unheard, but always near, still loved, still missed and very dear.



Lovingly Remembered by her family.

FIRST ANNIVERSARY



In loving memory of a wonderful brother

DER HARTNETT

Kilbarry, Lissarda, Co. Cork Who passed away October 5th 2021

Der you left us so quietly Your thoughts unknown But left us memories We are so proud to own So treasure him Lord in your garden of Rest For when on earth you were the best It's lonely here without you We miss you more each day For life is not the same to us Der Since you were called away To your resting place we visit Place flowers there with care But no one knows the heartache When we turn and leave you there.



Missed and loved every day. Your loving sister Mary, brother-in-law Goalie, nephews Martin & Mark, niece Julie Anne and their families.

PRAYER TO ST. JOSEPH



St. Joseph and Brother Andre, I turn to you now for my well-being. You never abandoned those who turned to you in prayer. Whatever the pain and suffering I am going through right now can be alleviated by your intercession for me with Jesus. Please ask Him for me. I know a request from you St. Joseph is treated by Jesus as a command, just like on earth. Brother Andre, who has the ear of St. Joseph, ask him to ask Our Lord for me. I promise that I will publish my testimony so others may have faith in you also. Please hear my prayers. (Mention your petitions.) St. Joseph and Brother Andre, pray for me! In Thanksgiving For a Special Trip To Lourdes

PRAYER TO ST JOSEPH **OF CUPERTINO**



Oh Great St Joseph of Cupertino who by your prayers did obtain from God the grace to be asked at your examination only the prayers you knew well.

Gain for me through your intersession with God That I like you may succeed in the examination which lies before me And in return I promise to make your name known and cause it to be invoked.

Amen

32nd & 25th ANNIVERSARIES





ABBEY KELLEHER

In loving memory of

Who Died 10th October 1990

Who Died 11th October 1997

Bealick, Macroom, Co. Cork

On their Soul, Sweet Jesus have mercy. A loving nature, A heart of gold, These are the memories we will always hold.



Always remembered by their loving sons and daughters, son in law and daughter in law, nephews, nieces & grandchildren.

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FIRST ANNIVERSARY



In loving memory of

DER HARTNETT

Kilbarry, Lissarda, Co. Cork Who died October 5th 2021

> Never forgotten, Always loved.



Tim, Katherine and Jed.

FIRST ANNIVERSARY



DER HARTNETT

Kilbarry, Lissarda and Clomacow. 1st anniversary on October 5th

You can close your eyes and pray That he will come back Or you can open your eyes and see all that he has left. You can cry and close your mind Be empty and turn your back Or you can do what he would want Smile, open your eyes, love and go on...



From your heartbroken baby sister and family. Anna, Noel and Joseph

3rd ANNIVERSARY



In loving memory of

IIM OUINN

Sleaveen West, Macroom. Who died on 3rd October 2019

Those who die don't go away They walk beside us every day.



Sadly missed and always remembered by his loving family.

MEMORIAL MASS



In loving memory of

MARGARET **LEHANE**

Deshure, Terelton, Macroom Died 14 January 2021

A Memorial Mass to remember the life of the late Margaret Lehane will be celebrated on Saturday 15 October, 2022 in St Finbarr's Church, Toames, Kilmichael at 12.00 p.m. As lockdown restrictions at the time of Margaret's passing meant that numbers at her funeral were limited, the Lehane family would now like to take the opportunity to gather with family and friends to honour her memory together. All are welcome.

To view the Mass online, please visit https://corklivestream.com/funerals.



No matter how life changes, No matter what we do, A special place within our hearts, Is always kept for you.

6th ANNIVERSARY



In loving memory of

BETTY O'MAHONY

Cloncud, Killnamartyra, Macroom Who died 1st of October 2016

You were always there When we needed you No task too great or small With loving heart And willing hands For us you did it all



Always in our thoughts and prayers Your loving family.

20th ANNIVERSARY



In loving memory of

BATT ROCHE

Slievereagh, Ballyvourney who died on September 28th 2002

> DAD "Remembering you is easy, I do it everyday, Missing you is the heartache, That never goes away"

St Gobnait Pray For Him



Sadly missed by all his loving family

2nd ANNIVERSARY



In loving memory of

MARY T O' SULLIVAN

Annagannihy, Rylane and Killarney who died on 10th October, 2020.

A smile for all, a heart of gold. One of the best, this world could hold. Never selfish, always kind. Those are memories you left behind. We speak your name with love and pride. We smile through tears we try to hide. We thank you for the years we shared. The love you gave, the way you cared. Deep in our hearts, you will always stay. Loved and remembered every day.



Always remembered by her sisters, brother, nephews, nieces, grandnieces and grandnephews.

4th ANNIVERSARY



In loving memory of

KATIE HARRINGTON

Carrigagulla, Ballinagree Macroom who died on 7th of October 2018

Our special memories of you will always bring a smile, if only we could have you back for just a little while, Then we could sit and talk again, Just like we used to do. You always meant so very much and always will do too.



Fondly remembered by your family and friends

Rest in peace

MEMORIALS LEE VALLEY OUTLOOK

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