Vol. 19 Edition 14: Thursday 14th July 2022

LEE VALLEY Outlook

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Progress on the new Roundabout on the Bypass at Coolcower. On the left can be seen the remains of the Old Macroom Railway Line © Peter Scanlan









Fairy Garden

If you haven't been recently, then you need to add it to the list of summer activities with the kids this year, Macroom's Tiny Feet Fairy Garden is, quiet literary 'blooming'. The sensory garden is stunning and definitely my children's favourite part. Why not park the cart at O'Riadas and enjoy a beautiful riverwalk to the garden, pack a picnic & treat yourself to a 99's from Costcutters afterwards! The perfect summer afternoon out.

Derelict Ireland

New data has shown there are 57,000 empty properties in Ireland but there could be more than 110,000 derelict homes, as property owners are set to be hit with a new tax, which leads me to ask will Dunnes stores be subject to this tax? Given it is such a huge commercial development in the centre of Macroom, which only got planning subject to the inclusion of apartments, who have they remained empty ever since?

Kool Café

I have been dying to check out Macroom's newest restaurant, Kool Café on 60 Main Street. Complete with coffee, tea, snacks and games, its central location makes it a great spot to enjoy an hour or two with the kids. A recent boards night went down aplomb, and all of us here at the LVO would like to wish them every success going forward.

Food festival

Yay! Macroom food festival is back with a bang on the 25 of September, it includes a big drive on promoting local food artisans & producers. Something our local community excels at. Organizers are now taking applications for trade stands, with a huge focus this year on local producers of artisan & handmade foods & drinks. https://www.macroomfoodfestival.com/ See traders to find out more.

Speeding

Due to ongoing roadworks, we have seen a huge increase in traffic coming over Sleaveen. This is just a gentle reminder to those using this route, that those of us who live on the hill have no footpaths to access our houses and there is an increase in foot traffic on the hill over the summer months due to people going to the playground, speeding on these roads puts lives at risk.

It's also something I've noticed in Masseytown, the speed at which people come down the Ballynagree road is crazy. Hopefully, the powers that be, might consider a speedbump at the pedestrian crossing by June's and speed alerts on both Sleaveen and Massevtown.

Fmails

We've had a few gueries about the email address, our email address was updated a few months back and can always be found on the front page of the magazine. Don't be a stranger If you have an article, photo or story you wish to share, email: leevalleyoutlook@macroom.ie

If you are abroad, editions can be viewed online at: https://www.outlookmags.com/ archives/lee-valley-outlook/

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece

included in the following week's edition. Due to print processes, late submissions will be published in the following edition. Please note my role as editor is part-time, I am not always available to answer emails/ calls immediately, note there will be some delay in getting back to you. As always submissions as Gaeilge are always welcome too!

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A Macroom tunnel re-discovered

This tunnel was recently pointed out to me, having been cleared of debris and overgrowth. It dates from the 19th century and was part of a great advance for the town. It served faithfully for 86 years, and as time passes, we miss its use more and more. Among many services, it facilitated the development of the GAA and other sports. Many thousands pass by everyday but never see it. Where is it? (C. Kelleher).



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E. Sports - pages 44 - 53 F: Trades & Services pages 54 - 55 G: Snippets - page 56



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The Agent who receives the Best Results!!

2 DAM ROAD, CARRIGADROHID, MACROOM, CO.CORK, P12HV59

Killian Lynch Auctioneers are pleased to offer this very spacious & well maintained 4 bedroom residence with front & rear landscaped gardens. This is an ideal family home comprising of c. 3,000 sq ft living accommodation, is in pristine condition throughout and has a great advantage of 2 very large garages to the rear. Located on a cul de sac maduray, this property is very central being only 1 km from Carrigadrohid village, C. 5 minutes drive from both Goachford & Macroom, with Cork city only a c. 25 minutes drive.



BENGOUR WEST, ENNISKEANE, CO. CORK, P47 W284 Killian Lynch Auctioneers are pleased to offer this pristine 4 bedroom bungalow on C. 0.76 acres. The property comprises of C.1630 sq ft living accommodation and is in excellent condition throughout. Situated on C 0.76 acres of landscaped gardens, this property is located only C.10 minutes drive to Gookstown village, C.15 minutes from Macroom, C.25 minutes from Clonakilty & C.30 from Cork city. This is an ideal family home and must be seen to be appreciated. BER: C2 (115170748)

GUIDE PRICE: €310,000



NO. 82 NEW STREET, MACROOM, CO.CORK, P12 YF50 Killian Lynch auctioneers are pleased to offer this spacious 3 bedroom townhouse with large south facing near gardens. The property which comprises of C.950 sq.ft. living accommodation is in excellent condition throughout and is an ideal starter home or suitable for a person looking to retire into Macroom town from the countryside. This is an opportunity not to be missed. BER 02 (101746675)

GUIDE PRICE: €190,000



MOUNTRIVERS, RYLANE, MACROOM, CO. CORK, P32HR53

Killian Lynch Auctioneers are pleased to offer this charming 2 bedroom cottage on C.0.3 acres. The property which comprises of C.550 sg ft living accommodation throughout is in excellent condition and is an ideal opportunity for a 1st time buyer. Located within walking distance of Rylane village, C.15 minutes from Macroom town, C.10 minutes

from Coachford village and C.30 minutes west of Cork city. Ber BER E1 **GUIDE PRICE: €165,000**



KNOCKAVOREEN, KISKEAM, MALLOW, CO. CORK, P51Y7Y4

Killian Lynch auctioneers are pleased to offer this charming 2 bedroom cottage on C.0.54 acres. The cottage which comprises of C. 500 sq ft living accommodation throughout is in very good structural condition but may require some modernization. The property which is situated in a very peaceful and scenic rural setting, is located only C. 1.7km from Kiskeam village, C. 35 minutes drive to Killamey town, C. 35 minutes drive to Mallow town and is a C. 70 minute drive to Cork dty. BER E

GUIDE PRICE: €135,000



NO. 13 ROS ALAINN, MACROOM, CO.CORK, P12 KV12 Killian Lynch auctioneers are pleased to offer this newly finished 4 bedroom detached family home situated on a large south facing site. The property which comprises of c2007 sq.ft. living accommodation comes with new fitted kitchen, tilling, flooring and also qualify for the FELP 10 BUY SCHEME, up to E30,000 for qualifying applicants. This is an opportunity not to missed and is located only a 2 minute drive to the Macroom bypass interchange, c.30 minutes from Cork City and Killamey town. Ber B2 (114611015)

GUIDE PRICE: €425.000



48 OAKWOOD, MACROOM, CO.CORK, P12DW67 Killian Lynch Auctioneers are pleased to offer this beautiful 3 bedroom semi- detached property located in the mature and popular development of Oakwood. The property which comprises of C 1000 sq ft spacious living accommodation is close to all amenities and would suit a 1st time buyer or retired couple. BER: (2 (114287055)

GUIDE PRICE: €250,000



ILLAUNINAGH, BALLINGEARY, MACROOM, CO.CORK Killian Lynch Auctioneers are pleased to offer this C.O.5 acre site subject to planning permission. The site which is level for the most part has road frontage on the southern boundary and is surrounded by mature treets to the east and north. The site which is easily developed is convienently located only C1lon west of Ballingeary village, C20 minutes west of Macroom town and C50 minutes drive to Corkety

GUIDE PRICE: €80,000



ROS ALAINN VIEW, ROS ALAINN, MACROOM, **CO.CORK, P12 RX70**

Kilian Lynch Auctioneers are pleased to offer this 4 bedroom family home situated on a lane private site on the western outskirts of Macroom town, only a 2 minute drive from the Macroom bypass interchange junction. The property comes with tarmacadam driveway, new fitted kitchen, tiled flooring and c.2,567 sq.ft. of spacious living accommodation is a rare opportunity for persons looking for a large family home on a very large site and very spacious living accommodation throughout. This property qualifys for the HELP TO BUY SCHEME, up to E30,000 for qualifying. applicants. This is an opportunity not to missed. B2 (114710072)





MACROOM TIDY TOWNS

Sensory Garden

The Fairy Garden has been a wonderful addition to Macroom's amenities since its development a couple of years ago.

A section within Masseytown Park has been dedicated as a sensory garden area and work had been ongoing over the past three years. This has now been completed with the recent addition of sensory boards and an activity trail on the path. There are interesting features all about, aimed at stimulating the 5 senses, that of touch, taste, smell, sight, sound. What a joy to watch the kids run from item to item, see their fascination and watch them enjoy themselves.

Macroom Tidy Towns are fortunate to have a major sponsor, Mr. Benjamin Martin, Optimal Chiropractic who was willing to back this project from the beginning. Optimal Chiropractic have contributed a massive €8,000 towards the Sensory Garden up to now. Volunteers have put in extraordinary work into this creation, developing items like the creep tunnels in the earth mound, planting a live willow tunnel, making stepping logs of different heights, painting and erecting a picture/photo board, making a musical instrument an activity board and making the sensory garden bed.

The garden bed was laid out and planted with flowers and shrubs that have been set out in groups, focusing on smell, taste sound touch and these have been labelled.

School groups now regularly use the garden as an educational amenity, learning and experiencing in an outdoor safe environment.



Martin Coughlan Chairperson Macroom Tidy Towns, and Judy O'Sullivan Treasurer, with Benjamin Martin Sensory Garden Sponsor.

Kids love to run through the live willow tunnel and up and over the stepping logs or hiding inside the large tractor tyre, or creeping on all fours through the tunnel.

Families come with their picnics and other mothers arrange to meet there so they can relax and chat while their children amuse themselves nearby. There are plenty of seats erected throughout.

The Sensory Garden adjoins the biodiversity garden and the Fairy Garden with its Zoo/farm and all these attractions makes this area a magical wonderland for children.

Parents so often refer to the beauty and the peace that they find in the park and there is something to be enjoyed here no matter what age you are.

Seven new sensory boards have recently been erected here. These are mounted on recycled plastic posts, concreted in the ground. A mini digger was hired to dig the holes. The sensory boards are strategically placed along the edges of the concrete path throughout the garden and provide sound, motion, games, science education and are proving to be most popular.

The latest addition to the garden is the activity trail. This makes use of the winding concrete path which has been decorated with lines, circles, squares, feet paintings etc, to provide exercise and challenges. Kids can walk or run or hop or jump in line with what is painted on the concrete path. Visitors come from many miles around and are fascinated and most impressed at what they find. Right now parking can be difficult near the entrance to the park from Masseytown and Coolehane.

The Co Co have contributed funding towards this and they also have plans for further developments in this general area, i.e. the upgrade of the car park at the bridge and to build a new riverside path down to the Garden. This will make it easier and safer for all to enjoy what is now one of Macroom's finest attractions.

Macroom Tidy Towns Sensory Garden additions.





Aulo Triangle

Bar & Restaurant

Due to continued growth, the long established, Auld Triangle, Killarney Road, Macroom, Co. Cork are now hiring for a

SENIOR SOUS CHEF

We are looking for a talented individual to join an ever growing and exciting kitchen team here at the Auld Triangle, working closely alongside our Head Chef.

The Sous Chef will play a key role in supporting the restaurant vision for high quality food and ensuring that it is delivered, with a hands-on approach, in a professional, safe, and efficient manner.

If you have the relevant qualifications, would like to work within a busy kitchen and have a real passion for food we have an excellent opportunity for you.

This is a full-time position with an excellent remuneration package on offer.

The position would suit applicants with at least 2 - 3 years' prior experience in a busy restaurant environment.

If interested please send your CV to auldtrianglecv@gmail.com, call us on 026-41940 or feel free to call in to see us in Macroom, Co. Cork.

We can't wait to hear from you.

MACROOM UPDATES

ST JOSEPH'S PRIMARY SCHOOL

We had a very busy year here in St. Joseph's. Thanks to everybody who has contributed to the school lotto and congratulations to all the winners since we started in March. We also had a great Christmas and Summer raffle where 2 people from each room won a hamper and Olivia Nott, second classs won an ipad sponsored by DCE Computers.

Green Schools – We had a great week celebrating biodiversity, we enjoyed nature trails, the school garden, art work and poems. We dressed up in outfits inspired by plants and nature. The Green Schools Committee also did clean ups with Macroom Tidy Towns, who also sponsored some trees that were planted in the school grounds. We are proud of the team that help to keep the town tidy. Thanks also to the Lions Club for donating a lovely bird house to the school, we have had great fun watching the girls flock to it. Huge thanks to the Men's shed who helped the committee with the costs of sign posts, a bird house and a bug hotel.

Engineers week was a great success, thanks to the many parents who contributed. We were blown away with the knowledge and we look forward to seeing future engineers from St. Joseph's! Bh sport agus spraoi again I rith Seachtain na Gaeilge.

Food Dudes went down a treat this year, it was lovely to see the children trying some fruit and vegetables, well done to them all as they tried ones they didn't like!

Active Week and Sports Day were a great success thanks to the weather! 4th, 5th and 6th classes starte the week with a football blitz with the coach Fachtna. We enjoyed trips to the fairy garden, the playground, Tom Creedon Park and local history trips. Everybody was exhausted when it came to Friday! We were delighted to have school tours back this year. 3rd to 6th visited Ballyhass, Coachford and Juniors to 2nd had a great day in Let's Go in Little Island. We also enjoyed 6 weeks Irish Dancing thanks to Deirdre for returning. We look forward to seeing Deirdre again next year.

The Inaugural staff v 6th class rounders game was a great success during the last week of school.



1st Class from St Josephs enjoying a trip to Macroom Castle as part of their local history studies



Class of 2022 from St Josephs Macroom

Great fun was had by all. 6th class also had a lovely graduation mass and we wish them the best in their secondary schools. We also said goodbye to the 1st class boys as they make their way to St. Colman's. We will miss the girls and the boys.

It was great to see Communions and Confirmations taking place in May. The girls all looked great and enjoyed their special day. They made donations to charity with their money.

We had trips to the library in the senior end of the school and the girls shared great knowledge about books they read, we hope they keep it up during the

summer! Some costumes for World Book Day were very detailed, we look forward to seeing more next year! Mindful Monday and Wellness Wednesday (a favourite of children and parents alike) were enjoyed by all.

The staff of St. Joseph's would like to thank the Parents Association for their hard work, we are delighted with the ipads they bought! School reopens on August 31st and we look forward to seeing you all then.



Robbie Shane Murphy celebrating his christening with his parents and God parents. pic le Nóra Uí Luasa.



Cork Instagram Influencer and foodie Rachel Hornibrook, has recently announced her role as campaign ambassador for Bord Bia's three year EU and industry funded campaign, Life is Better with Fruit and Vegetables.

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MACROOM LIBRARY:

Open Hours: 9.30 am – 5.30 pm from Tuesday – Saturday. Closed on Monday and Sunday. Phone: 026 42483 Email: macroom.library@corkcoco.ie

If you are not already a library member, the good news is that it's easy to join, and it's free. Simply visit your local branch and bring Photo Identification and Proof of Address.

With a library membership, you have free access to our wide range of online services and resources, such as your online library account, eBooks, eAudioBooks, eMagazines, eNewspapers, online learning courses, online language learning courses and much more. For more information on how to access these

resources, please visit https://www.corkcoco.ie/en/ resident/libraries

Upcoming Events in Macroom Library

Children's Storytime: Every Saturday from 12.00 pm – 12.30 pm.

Bridge Club: We welcome the return of the Bridge Club to Macroom Library on Wednesday July 20th at 10am. Following this, all future meetings of the Bridge Club in the library will take place on the second Wednesday of each month.

Purlies Knitting Group: Thursday July 21st at 11.30am.

Ciorcal Cainte: Thursday July 28th at 11.30am. Visitors in attendance are welcome to bring refreshments with them. We look forward to seeing you!

Tots Time will be taking a break for the summer and will return in September.

Art Exhibition: Grace Donovan has a fantastic collection of her beautiful watercolour paintings on display in the library during July. The exhibition features some wonderful paintings of flowers, animals, scenic views of nature, and much more. It is Grace's first time exhibiting her artwork so please call in to have a look the next time you are passing the library!

If you are a local artist looking to display your work, please call in and speak with a member of staff to arrange for yours to be displayed in the library.

Design a Library Card – Summer Stars Competition

Don't miss out on Cork County Council Library and Arts Service's 'Design a Library Card' competition in celebration of Summer Stars!

The theme of the competition is 'I Love Reading.' There are two age categories: ages 6-8 years old, and 9-12 years old.

There will be local prizes of ≤ 10 book tokens, and an overall prize of ≤ 50 book tokens! The overall winning designs will feature on our new library cards! Entry forms can be collected from your local library.

All entries must be returned to your local library by Friday August 19th.

My Little Library Book Bag

There are still plenty of 'My Little Library Book Bags' available for children starting primary school in September 2022.

Invitations to collect these book bags were sent out to preschools and childminders, and these invites can be brought to the library by children and their parents or guardians so they can collect their very own 'My Little Library Book Bag' which contains:

Three books on starting school, making friends, and being comfortable to be yourself.

A story card on going to the library.

A postcard on which the child can write or draw and send to their new teacher or bring and give to the teacher on their first day at school.

Their very own library card and special 'My Little Library' cardholder.

We hope that it will be the first step for many of the children on their lifetime journey of reading, learning, and visiting the library!

These book bags are available in both Irish and English.

August Bank Holiday Closure – the library will be closed on Saturday July 30th and will be open again on Tuesday August 2nd.

"Reading one book is like eating one potato chip" – Diane Duane



Pupils from the Junior room in Muinefliuch N.S. on their Teddy Bears Picnic recently



Pupils from the Junior room in Muinefliuch N.S. during their minibeast hunt



5th and 6th class pupils from Muinefliuch N.S. enjoying their school tour at Smugglers Cove Clonakilty



6th Class pupils with Principal, Gerard Coakley, who graduated from Rusheen N.S.





CLINICS THROUGHOUT MUNSTER

LEE VALLEY UPDATES

Contact the Editorial Team: 026 - 42023 or Email: leevalleyoutlook@macroom.ie



Warm congratulations have been extended to a priest of the Diocese of Cork and Ross who is marking 70 years of priestly service.

Fr Tim O'Sullivan was ordained to the priesthood on June 8th, 1952 and was joined by family and friends for a special Mass to celebrate the milestone at Canovee Church in Kilmurry Parish. A message of congratulations from Bishop Fintan Gavin was read by Monsignor Kevin O'Callaghan who deputised for the bishop who was unable to attend.

During his 70 years of ministry, Fr Tim has served in many parishes of the diocese including St. Patrick's, Ardfield, Bandon, Mahon, Schull and Kilmurry.

He served in Scotland for five years after ordination and he was one of the first Cork priests to volunteer for the Mission to Peru established by the late Bishop Cornelius Lucey. Fr. Tim served in Peru from 1962 to 1968 and again from 1971 to 1973.

In the 1990s, when young Irish people were emigrating by the thousands to the USA, the US bishops asked the Irish bishops for help to minister to their needs. Fr. Tim headed off to Boston in 1991 – having just completely rebuilt the parish church at Schull – and became the founder of a network of support centres for young Irish emigrants. By the time he returned to Ireland in 2001, there were fully staffed centres in Boston, New York, Florida, San Francisco, Chicago and almost everywhere a young Irish emigrant was to be found. After serving his native area from 2001 to 2009 as Parish Priest and Assistant of Kilmurry, Fr Tim continued to live locally and minister locally. Cuain Mhuire in Farnanes became Fr. Tim's new home when he transitioned from parish life in 2009 and he has recently moved to live at the Bon Secours Care Village in Mount Desert.



Fr Tim O'Sullivan with family and friends at the function in the Commons Inn in 2018 where he was presented with Gold medal from Bishop Pedro Bustamente from Sicuani, Peru, as a mark of appreciation for his work in Peru. © Peter Scanlan

Fr. Tim O'Sullivan's Platinum Jubilee

Fr. Tim O'Sullivan celebrated his platinum jubilee (70 years of priesthood) at St John the Baptist church in Canovee Co Cork on the 2nd of July 2022.

Timothy (Tim) was born in 1929 to John and Mary O'Sullivan Old Fort, Carrigadrohid, Co. Cork. He was the 4th of seven children. He had 3 older brothers Denis, Neilius and John, two younger sisters Teresa (Barry Murphy) and Sr Kathleen O'Sullivan (Irish Franciscan Society) and a younger brother Vincent.

He started school at 3 years old in Kilmurry where his father was principal. He moved to Canovee national school on his father's retirement in 1935. He attended St Finbarr's College Farranferris for 2 years and Presentation College Cork for 3yrs.

He studied at St Patrick's Carlow from 1946 -1952. Fr Tim got a special dispensation to be ordained in June 1952 having completed his studies at 23 years old as the requirement was to be 24 years to be ordained. He was ordained on 8th June 1952 and said his first mass in St John the Baptist church Canovee on 9th Jun 1952.

He started working as curate in Scotland from 1954 -1957. He returned to Cork in 1957 serving in St Patrick's Cork (1957 -1961) and (Ardfield/ Rathbarry Clonakilty) from 1961-1962.

He was among the second group of priests from Ireland to respond to the request from Cardinal Cushing (USA) to help support the establishment of new parishes in Peru. Fr Tim learnt Spanish and helped establish 2 different parishes in Limatambo (in the mountains where he travelled by horseback) and Chimbote (desert location) between 1962 and 1966 with St James Society. He then helped to identify and establish the location



Fr Tim O'Sullivan being presented with a Gold medal from Bishop Pedro Bustamente from Sicuani, Peru, as a mark of appreciation for his years of work in Peru. © Peter Scanlan

of the first Cork mission at Trujillo, Peru. He served in Trujillo between 1966-1968 and again in 1971-1973.

On the 29th of August 2018 the Missionary Society of St James celebrated 60 years of service to the church in Latin America. The celebration was held in the Commons Inn with a special Mass and dinner which included 180 fellow missionaries, friends and supporters as well as Bishop Pedro Bustamente from Sicuani in Peru, and Bishop Robert Hennessy from Boston.

Fr Tim O'Sullivan, was honoured as the last surviving Cork priest who worked with both the St. James Society and also with the Cork diocesan mission in Trujillo, also present was Fr. Gerry O'Meara from Limerick who represented the many Irish priests who served with the Society, and had worked in Peru for 55 years; and Fr. Roger Clark from Shrewsbury represented the vast



Fr Tim O'Sullivan standing at the altar in Canovee Church on the occasion of his Platinum Jubilee. $\ensuremath{\mathbb{G}}$ Peter Scanlan

contribution of priests from the U.K.

Fr Tim served in St Patricks Bandon between (1968 -71 and 1973-1981). He served in Mahon (1981-1984) when the parish was created and was involved in planning the building of the Holy Cross Catholic church in Mahon. He became parish priest in Schull in 1984 where he stayed until 1991. In 1991 he went to Boston USA as an Irish Emigrant chaplain. In 1997 he became National Director of the Irish Apostolate USA in Washington, DC. In this role Fr. Tim established 2 new Irish emigrant centres in San Diego and San Francisco which are still very active today.

Fr Tim returned to Ireland in 2001 as parish priest in his native parish, Kilmurry Co. Cork. From 2005 to 2022 Fr Tim served as chaplain to Cuain Mhuire, Farnanes, Co Cork. At present he is resident at Bon Secours Care Village, Mount Desert **By Liz O'Sullivan**



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We are delighted to announce our programme of summer art camps at Macroom School of Art.

Places are filling up fast in all of our camps! Only a few spots left in some, see details below: I

Junior Kids Camp (5-8yrs) 10.00am-1.00pm June 28th-1st July

Senior Kids Camp (9-12yrs) 10.00am-1.00pm July 5th-8th

Mixed age Animation Camp

10.00am-1.00pm July 12th-15th

Mixed age Fashion Camp

(6-12yrs) 10.00am-1.00pm Aug 19th-22nd



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Teens Film Camp (13-17yrs) 10.00am-1.00pm July 26th-29th

Senior Kids Art (8-12yrs)

10.00am-1.00pm Aug 2nd-5th

Kids Junior Art Camp (5-8yrs) 10.00am-1.00pm

10.00am-1.00pm

To book visit: www.macroomschoolofart.ie Brían 086 4022931 | E: info@macroomschoolofart.ie Cork Street Sleveen East Macroom P12N265

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MACROOM

SCHOOL OF ART

ACTIVE RETIRED CLONDROHID PARISH:

Last Friday, with glorious weather, this group headed off to Kinsale on their summer outing. A great day was had by all, stopping off at Pavilion Garden Centre for refreshments and a garden stroll, then on to Charles Fort for a historical tour. Then free time to stroll or shop, or relax in Kinsale town. The final venue was Kinsale Mead Co, where our knowledge on bees and honey took a new learning curve, the tasting and sampling was superb.

The group returned home via the Old Head, and a little walk along the sea front in Garretstown.

Dined in style at the Copper Grove in Bandon, Thanks to all who travelled, to McCarthy Busses and their excellent driver, and to all who made the day very enjoyable for all.

ROSARY AT GROTTO ON CURRAGH ROAD:

A great crowd made their way down our lovely Curragh Road for the annual rosary last Sunday evening. A lovely joyous get together. Thank to Mary T. for reciting the rosary, and to all who keep the area looking vibrant.

FAMINE GRAVEYARD MASS:

The annual Mass took place last Monday night, a solemn occasion as always, it is important that we remember all those buried there during sad times in Ireland. Thanks to Fr. Wickham for coming to celebrate the Mass, great to see him again. Thanks to Bridget and all who helped, and to the O'Riordan family for access to the graveyard .Ar dheis De go raibh a anamacha.

SUMMER MADNESS IN CARRIGANIMA:

On this Sunday July 17, the one and onlyT.R.Dallas is 'Live at the Marque 'from 7 to 10pm approx, so come along and enjoy the outdoor entertainment

CLONDROHID



Annual rosary at the Curra Grotto, Clondrohid.

and craic.

Mark the following in your diary: Sunday August 14 the ever-popular Declan Nerney, from 7 to 10pm approx, and on Sunday Sept 4 another great treat for ye, Seamus Moore. Spoilt for choice. Enjoy all.

CLONDROHID DEV GROUP: The Group would like to remind people to make a special effort to keep the area around your premises neat and tidy, as judging for Tidy Towns will be ongoing over the next few weeks. Watering and feeding very important during this warm weather.

Thanks to all those outside the committee who have their own areas in the village to maintain, and do it very professionally, without your help it would not be possible to maintain these areas. Thanks to all committee members, who maintain their areas year in year out.

LOTTO: Results for June 29 €70 John & Edel Coakley Inchigeela €20 Johnny Coakley Inchigeela, Martin O'Mahony c/o Mid C P, Rachel Pyper c/o Evelyn, Denis O'Riordan Gortnavranner. Results for July 6 Jackpot €11,200 €70 Ann McSweeney Carrigphooka €20 Duggan Family Moulnahorna, Caroline Kelleher c/o A O'Mahony, Mgt. Duggan Moulnahorna, Matthew O'Leary Gortnalicka

A recent visit to Kinsale by Active Retired Clondrohid



HAVE YOU A NEWS STORY? Contact the Editor by Email: leevalleyoutlook@macroom.ie

matt múrphy's PHARMACY

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Contact the Editorial Team: 026 - 42023 or Email: leevalleyoutlook@macroom.ie

DROMLEIGH N.S.

Student representatives from Dromleigh N.S. travelled to Cork County Hall on June 22nd for the annual Muintir na Tíre schools gardening competition. Pupils were delighted to be presented with their award from the outgoing County Mayor, ClIr Gillian Coughlan.

Many thanks to Ms Deirdre Callanan, Advanced Nurse Practitioner, with the Head and Neck Oncology Department of the South Infirmary Victoria University Hospital. Ms Callanan visited the school on June 23rd and spoke to our students about the work that she does. She accepted, on behalf of the hospital, the proceeds of a recent Bring and Buy Sale organised by Sixth Class pupils. Pupils and parents had a great start to the summer break as our Parents Association organised a beach themed disco on the last day of school. Great fun was had by one and all!



South Infirmary Hospital



Sixth Class students from Dromleigh NS presenting the proceeds of their recent fundraiser to Ms Deirdre Callanan on behalf of the start at their beach theme disco on the final day of term.



Dromleigh N.S. students met with Cork County Mayor Cllr Gillian Coughlan at the Muintir na Tíre gardening awards.



Killarney Races Killarney Co Kerry . Denise Buckly from Macroom is all set for Race Week in Killarney . Photo By : Domnick Walsh © Eye Focus LTD .



Photographed at Cemetery Mass in Macloneigh Cemetery. Pic. John Kelleher



Fr. Wickham who celebrated the annual Mass at Carraigastaighre famine graveyard and was assisted by Jack Lucey from Clondrohid, who is studying for the priesthood.





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Kilmurry Active Retirement Association News

A few of us got together recently with a few from a sister association in the Active Retirement network. We were asked to their place, with the idea of seeing could we learn from each other, a worthy aim indeed. We learned that they now have less than half the membership numbers than they had pre-covid, and they were concerned. It was their view that this relates to a reticence among previous members, and in potential new ones, to engage in community activities following Covid.

A reason that we should be concerned with disengagement is that we know that there is research that equates the risk of early mortality associated with social isolation with that of smoking. We can hope that there is currently much ongoing relevant scientific research that is addressing this topic post pandemic and it will be interesting to view the findings. In the meantime, I have found a publication 'Mortality risk associated with combinations of loneliness and social isolation. Findings from The Irish Longitudinal Study on Aging (TILDA)'. This was published in 2021 and, while the data set used was 2018 and so pre pandemic, the authors say that the findings take on increased importance given the impact that the pandemic had on loneliness and on social isolation.

Many of us may consider that loneliness and social isolation go hand in hand, but in fact they are different, and this research was based on the difference. Loneliness is a subjective feeling, while social isolation is objective – it can be measured, in its extent and in the quality of social contacts.

This gives rise to four categories – those that report feeling lonely and have low social contacts, those who feel lonely but have high social contacts, those who have low social contacts but do not feel lonely, and those who have high social contacts and don't feel lonely.

1. Low contacts and lonely

- 2. High contacts but lonely
- 3. Low contacts but not lonely
- 4. High contacts and not lonely

I think given the earlier research, we could have predicted that the first group, would have higher risk of early death than the fourth group. But interestingly, women in groups 2 and 3 were also at higher risk of early death, and most baffling for me, is that women who have low social contact, and are ok with that (in group 3), are at higher risk than those who have high social contacts but feel lonely (group 2). If this is so, then, making social contacts may be like exercising or stopping smoking - you mightn't want to bother, you may find it difficult, but nonetheless it can add to your life span.

The authors of the report suggest that health care professionals should consider loneliness during clinical assessments and where appropriate refer their patients to non-clinical community groups (such as ours). This is one practical way of addressing the social needs of their patients.

But what can we do about this loneliness and social isolation in our communities? I'd say quite a lot. This is one social issue that we all have the ability, or it is within the capacity of our community, to address. We have the ability to talk to and listen to others. Organisations such as Alone and others addresses loneliness directly. They are always in search of volunteers and befrienders. And, sure, there is nothing wrong, is there, in just old-fashioned neighbourliness.

We can predict that when new post pandemic research appears it may find that there has been an increase in isolation and disengagement, and the benefit of increased national policy support for community groups may become clear. Whatever national policies and programmes may emerge, I feel that there is no implementation alternative that can be as effective or as efficient, as what we in our communities can do ourselves. This conviction is based on seeing what our association, the over five hundred Active Retirement associations in our network around the country, and similar associations have done and are currently doing. We are engaging in activities as identified by our members for our members, and in the process community by community we are supporting the health and happiness of older people. It will always remain the decision of each individual to decide whether to increase engagement with others in their community. However, it is up to each of us individually, and acting within our communities to continually find ways to welcome, facilitate and ease that engagement.

While our focus is predominantly on the semiretired and retired, many community groups are doing even more important work for other age cohorts. They are more important because our failures to support our cohort may lead to earlier deaths, but the failure to avoid disengagement in younger cohorts can lead to catastrophic effects for society and our way of life. At least this is what the French philosopher Simone Weil thought. She struggled to explain, what she considered was a disintegration of European society in the 1930s. She believed it was disengagement and the resultant atomised society where people felt themselves to be isolated individuals, rootless, and separated from their community, which produced a societal condition of discontent and angst. This was felt without understanding of its source. Weil considered that 'to be rooted is perhaps the most important and least recognised need of the human soul'. She believed that social isolation was the fertile ground that had facilitated exploitation, enabling the political changes which resulted in the second world war. Even if you don't share her view, good reasons remain to build inclusion and cohesion. Inclusion and cohesion build resilience. The value of resilience becomes clear when it is most needed. So, being mindful of the crucial importance of inclusion, cohesion and resilience within society, let us within our organisations, be careful to avoid adding to sectoral and generational strife in our attempts to address the negative societal impacts of the pandemic. National supports would of course be beneficial. But there is little need to wait. Social isolation occurs within our communities. That is where it needs to be addressed. So, let our focus remain on what we can do, building inclusiveness, person by person, community by community.

In other news, we welcome members of Crookstown social club who have decided to join our association. We assure you of our warmest welcome and we hope to enjoy working and playing with you going forward, stronger together.

The last 'keep fit for the future' course of this season finishes on Thursday 14th July. The aquafit course also finishes for us on the 14th. Many thanks to Cork Sports Partnership and to the Castle hotel for providing us with such very useful and enjoyable activities.

We are currently planning a garden visit to Glanmire hopefully around the middle of the month. We are hoping that we will have the weather and maybe an opportunity for nice photos.

Our association is open to all. Our philosophy is that age makes no difference, but health does. So, let's do what we can to keep healthy and challenged in body and in mind over the summer period. Perhaps consider joining us or another organisation in your area. We are better together, and it is easier. You will be kept as busy as you choose to be and positively engaged in your community, and we think you will enjoy it.

For more information contact Aidan at 0894057676 or aidanpbarry@outlook.com





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Gort Uí Rathaile Wind Farm

Gort U/ Rathaile Wind Farm is a proposed co-development between FuturEnergy Ireland and SSE Renewables located near Ballyvourney in Co. Cork.

You are invited to meet the team, learn more about the project and ask your questions at the following public consultation events.

Information Webinar Thursday July 21, 19:00 - 20:00

Please email us at gortyrahilly@futurenergyireland.ie before 12pm on Thursday July 21 to register for the event.

If you are unable to attend and wish to receive the information in an alternative format, please send us an email or call Community Liaison Officer Brendan Twomey on 087 971 2151

Community Engagement Clinic July 26 & 27, 11:00 - 20:00

Ionadh áise, Renaniree, Macroom, Co Cork, P12 F447 To book an appointment

Email: gortyrahilly@futurenergyireland.ie Call: Community Liaison Officer Brendan Twomey on 087 971 2151 Text: 087 971 2151 and request a call back

We look forward to hearing from you

For more information on the project, please visit www.gortyrahillywindfarm.ie

The Macroom and District Environmental Group Think Globally, Act locally





Pandemic garden year 2, polytunnel frame put up

Pandemic garden year 1, 75cm beds

Hi, Chris Barrett back speaking with great interest with Laura McCarthy, local gardener and ecologist. Laura was working abroad as an ecologist in the USA and returned home in the winter of 2019. She intended to go back to working abroad in the spring, but then the pandemic struck and she found herself back on her family's farm, not far from the wonderful Gearagh.

She immediately started to work on a small vegetable garden.

She says that the pandemic highlighted just how important it was to grow your own food.

As an ecologist, she was interested in growing food sustainably, organically and where possible using heritage varieties of seed that are at risk of being lost.

Initially she obtained seeds from friends, The Irish Seed Savers Association and online seller 'Green Vegetable Seeds'. However, she found that there was a huge demand for seed as so many people were suddenly buying them and most were out of stock. This situation inspired her to start saving her own seeds for the following year and experimenting with breeding a new potato variety, hopefully blight resistant.

When I asked what techniques work, she tells me that she finds a very efficient way of vegetable gardening is to have long narrow beds, 75cm wide. This allows you to have full access without standing on the bed. Using this method, she was able to fit multiple beds into a small area. She only dug her soil for the first year, and went on to apply mulches and farmyard manure after that, so she is using a true "NO DIG" approach.

This worked very well for her and in her first year she ended up with a surplus of vegetables which she sold in Macroom during Lockdown, which she was able to do whilst staying within the legal designated travel area for that time. She was really happy to be able to sell locally and felt that this helped her become more part of Macroom.

But she didn't stop there. She had always dreamed of a polytunnel, and was able to get hold of a second-hand frame, whilst choosing to buy the thickest plastic available. She chose opaque plastic because it diffuses the light more evenly. As she gardens on a very windy plot, she knew that all the edges would have to be well buried in trenches to secure the plastic. She reminds me of the importance of keeping the plastic really tight when it is attatched.

On Patrick's Day 2021, she organised a Meitheal to cover the tunnel frame.

Due to the restrictions people had to keep their distance and everyone was fed outside. It was the first time that there had been any sort of social event in ages, and she was really happy that people were keen to help in a traditional way. There was even a green themed cake!

Once she started to use her tunnel, she found that suddenly the land's productivity suddenly increased hugely, and now she could grow such things as tomatoes for the first time. The growing season is extended by a month at both the beginning and end of the season. Also, no matter what the weather, she has a place that she can work in.

She has chosen to start everything off in modular seed trays, and has a dedicated potting bench that the slugs cannot reach. By bringing her plants on to a certain size, before planting them out, she can then space them at efficient planting distances. The plants are also more mature and thus have more resistance to slugs.

This method has made her whole gardening style much more efficient. She finds that once the plants are established, they shade out competition from weeds, doing a lot of work for her. Weed germination is also reduced by mulching. Should she feel, her plants would benefit from additional food, she uses seaweed, comfrey and a nettle mixture.

I ask Laura what happens if a storm is on the way, and she tells me that she secures both doors. (Two doors are needed to provide ventilation). She reminds me how important it is not to leave one door open in windy conditions.

Laura uses brace bars at either end which creak dramatically in storms as they safeguard her precious tunnel.

She loves growing her own vegetables as they are so much more special, fresh and tasty than ones which have sometimes travelled hundreds of miles before languishing on shop shelves.

Laura has gone from dreaming about a tunnel to lying awake in a heavy storm hoping her much loved plants, will remain safely protected.

I am really grateful to Laura for sharing her inspirational growing story with us.

Remember you can contact The Environmental Group by emailing macroomenv@gmail.com

If you or anyone you know would like to contribute an environmental article to this publication, please contact me, chrisleevalley@ gmail.com





Pandemic garden year 3, polytunnel packed with plants!

Fibromyalgia - The Invisible Illness

Fibromyalgia creates a devastating condition characterised by widespread pain accompanied by sleep, mood, and memory issues. Women suffer the majority of these cases.

Most people affected by fibromyalgia jump from doctor to doctor looking for solutions to the pain and suffering.

The majority of these patients receive drugs designed to only treat the symptoms.

Research from a 2014 medical journal⁺ found a direct link between the severity of fibromyalgia and the health and function of the spine.

The study proposed to evaluate

the effects of one session of a spinal adjustment on autonomic nervous system function and pain in a group of fibromyalgia sufferers.

The chiropractic adjustment effectively improved pain, sleep quality, depression, mood, and other fibromyalgia-related symptoms.

One treatment per week for twenty-three consecutive weeks decreased pain and positively influenced components relating to chronic illness and functional health capacity.

This particular study shows the positive influence of a spinal adjustment on patients suffering from a condition that has no cure. The human spine, brain, and autonomic nervous system intimately connect in a powerful union able to produce optimal health better than any drugs or surgery.

Chiropractors do not treat or cure specific conditions. By removing interference to the brain and nervous system, improving the integrity and movement of the spine it allows the body to heal itself.

> "While Fibromyalgia patients suffer physical pain, perhaps the greatest pain is not being heard."

> > Dr Benjamin Martin of Optimal Chiropractic

*Rehabilitation, Research and Practice Published online 2014 May 29 "Effects of Posteroanterior Thoracic Mobilization on Heart Rate Variability and Pain in Women with Fibromyalgia" Michel Silva Reis, João Luiz Quagliotti Durigan, Ross Arena, Bruno Rafael Orsini Rossi, Renata Gonçalves Mendes, and Audrey Borghi-Silva

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LEABHARLANN BHAILE BHÚIRNE

Can it be? Are we really getting some summer weather? It must be true because as I glance out the library window, I see people passing in shorts and t-shirts, flip-flops and sun dresses. Some are clutching 99s and trying to eat them before they start to melt, and others have sun spectacles perched on top of their heads in anticipation of imminent use. I have the library windows open and with the Summer Stars Reading posters and competitions all around me I am in no doubt that yes, Summer has arrived. I am looking forward to driving home and sitting out in the back garden, which is entirely bee friendly as the grass hasn't been cut in ages. I will enjoy the summer smells of fresh cut silage and BBQ's wafting on the air while the lazy drone of insects provides the background mood music.

But first I must remind all the young readers to visit the library to sign up for the Summer Stars Reading Adventure and while you are in the library don't forget to pick up your application form for the Design A "I Love Reading" Library Card competition. The closing date isn't until August 19th but there's no time like the present to get started.

I am pleased to be able to tell you that a remote printing service is now available at Ballyvourney Library. This means that you can now print remotely from your own device, at the library or at home. Simply chose from one of these three options:

Option 1: Email – Attach your document to an email and forward to:

ballyvourneybwa4@printspots.com (for A4 Black and White)

ballyvourneycola4@printspots.com (for A4 Colour) Option 2: Online – Visit https://www.printeron. net/ccl/ballyvourney and follow the instructions to upload your print job.

Option 3: Download the Printeron Print Service App from the Google Play Store or the App Store.

Black and white A4 prints are 15 cent per page and colour A4 Prints are 60 cent per page. Please call into Ballyvourney library to pick up a How-to Guide to find out more about this service.

Tá áthas orm a bheith in ann a rá leat go bhfuil seirbhís chianphriontála ar fáil anois i Leabharlann Bhaile Bhuirne. Ciallaíonn sé seo gur féidir leat priontáil anois go cianda ó do ghléas féin, in san leabharlann nó sa bhaile. Níl ort ach ceann amháin de na trí rogha seo a roghnú:

Rogha 1: Ríomhphost – Ceangail do dhoiciméad le ríomhphost agus cuir ar aghaidh chuig:

ballyvourneybwa4@printspots.com (don A4 Dubh agus Bán)

ballyvourneycola4@printspots.com (do dhaite A4) Rogha 2: Ar Líne – Tabhair cuairt ar https://www. printeron.net/ccl/ballyvourney agus lean na treoracha chun do phost priontála a uaslódáil. Rogha 3: Íoslódáil an Printeron Print Service App Google Play Store nó ón App Store.

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The Ballyvourney Library Knit, Craft & Chat Group meets every Tuesday at 11 am in the library. Anyone who is interested is welcome to drop in any Tuesday to see what it is all about. You are welcome to bring your knitting, crochet or whatever craft project you are working on with you and join in with the group to swap ideas and chat. If you just want to drop in for a chat to pick up some ideas you are more than welcome too.

The Ballyvourney Book Club meets on the first Wednesday of every month at 10.30 am. The book that is being read for July is Kevin Barry's Night Boat to Tangiers which was on the Booker Prize longlist in 2019. It is described as a tragicomic..... "novel drenched in sex and death and narcotics, in sudden violence and old magic. But above all, it is a book obsessed with the mysteries of love". And if that description interests you please call to the library for a copy and perhaps you would like to join in on 3rd August when the book will be discussed at Book Club. Every month a different book is chosen, and every genre has been explored.

The Ballyvourney Library Writers meet once a month. Generally, the group meets on the first Friday of the month but please phone the library to confirm (026 45767). Next month it will be on 5th August at 4pm. This is a group of people who just like to dabble in a little creative writing. They suggest prompts that can be used to develop a poem, short story or prose piece. It is a very relaxed group; you will find no divas here!! It is still a fledgling group as its development was hampered by not being able to meet during Covid-times lockdowns.

To give you a little taste of what the writing group produce the following is a poem by Maura Casey from the prompt – what do you mean?

What do you mean?

What do you mean you've nothing to do? Now that summer is in, and school days are through. No alarms, no whistles, no end of class bell, No maths or homework or new words to spell. Just endless days of lie-ins and laughter, I can give you some work if that's what you're after.

What do you mean you've got nothing to do? There's the beds and the laundry, you could start with those two.

Working together, we'll get the jobs done. You'll be free as a bird sometime around one To meet up with your friends with some cash in your pocket,

For shopping, or maybe lunch, I wouldn't knock it. What do you mean, you have no one to meet? What about Annie or Mary, don't they live on our street?

In my day we played from morning 'til evening, Mothers calling and midges, our reasons for leaving. Building forts and treehouses, like you've never seen

Football and Rounders we played on the Green. Don't tell me you can't, that it's cold or it's raining The Summers' your oyster, no time for complaining. So go make a plan and meet up with your friends, Try a bike or a hike before it all ends.

A day at the beach or a splash in the river, Sunshine on your back as you shake and you shiver. You won't regret these plans of your making, Summer's freedom and joys are yours for the taking.

Thank you to Maura Casey for giving me permission to share this with you. It is actually quite a brave step for an amateur writer to share their writing with the general public, but I am sure you will all agree that this is an extremely apt poem for this time of the year.

> "If Summer had one defining scent, It'd definitely be the smell of barbecue. Katie Lee, Cookbook Author

Am Oscailte /Opening Hours

Dé Máirt, Dé Céadaoin, Dé hAoine Tuesday, Wednesday, Friday 10am to 5.30pm (Dúnta/Closed 1.00 - 2.00pm gach lá/daily) Dé Sathairn 10.00am - 1.00pm* Dúnta gach Luan agus Déardaoin Closed every Monday & Thursday *Dúnta ar Shatharn Deireadh Seachtaine na Saoire Poiblí *Closed on Saturday of Public Holiday Weekend Eolas : 026 45767



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The Fresh Air Collective – Musicians

Chapel Hill School of Art, Macroom, P12E020 Opening Night July 22nd at 7 pm All Welcome!

with music from The Fresh Air Collective

EXHIBITION

Launching the summer season of events at Chapel Hill: Using the beautiful historic grounds and buildings of Chapel Hill School of Art as a spring board, the f.Project, a group of seven photographers, investigates place and space using Analog photography as a vehicle of expression.

f.Project is a group of analogue photography artists, graduates from Crawford College of Art & Design. It was formed in 2017 in association with Cork Film Centre, who were in the process of setting up a darkroom facility.

In 2018, the group received a long-term loan of vintage camera equipment from the Hermann Marbe collection (courtesy of Jessica Carson), enabling them to further expand their experimentation in the realm of analogue photography.

We are delighted to host the f. project at Chapel Hill School of Art. Please join us for an opening reception music and refreshment from 7pm on July 22nd.

EXHIBITION DATES

July 23rd to August 9th 2022

The exhibition opening hours are: Tuesday to Saturday 11 am to 5pm - beginning July 26th July 26th to 30th - Tuesday to Saturday Aug 2nd to 6th. --Tuesday to Saturday Exhibition closed August 9th

Gallery closed Sundays and Mondays Please call ahead to confirm opening hours

EXHIBITING ARTISTS

Christo Byrne
Dori O connell
Eanna Heavey
Christo Hurley
Arthem Trofimenko
Sophia Santabarbara
Brianna Ni Léanchàn
Upcoming Events – Free events – All Welcome!
f. Project Photography Exhibition July 22nd to
August 9th
Weaving Exhibition with Ann Mechelinck from
August 15th
Second Annual Open Day August 20th 12.30 to 4pm

The second annual Open Day at Chapel Hill School of Art in collaboration with Heritage Week and Cork Craft Month celebrates the re-opening of the Art school for classes. The variety of Art, craft and heritage-based demonstrations, talks and workshops on site explores and shares the diversity and wealth of talent around us. Join us for a lively day of creative exploration from pottery throwdown, willow and textile weaving, bee hive and lace making, smoke and alchemy with blacksmith PJ Cremin. There will be music from The Fresh Air Collective and food from local Artisan producers. This year we are adding an Irish language element to our Open Day events with interviews and chats as Gailge with the Traditional Lace makers of Ireland and Peadar O Riada discussing sustainability and best practice for bees.

Culture Night September 23rd music and flamenco dancing, art and creativity for all !

 School re-opens for Art Classes on September 26th, painting, printing, basket making, textile weaving, crochet, mosaic, textiles arts, videography and photography, children's programmes, weekly classes and one day workshops.



Fun on the Lawn at Chapel Hill School of Art



Kids art fun



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Secretion flow is soothing and the vapour collects and removes impurities or deposits. The majority of these are passed away through the candle, although some of them can be found in the condensed candle wax residue after removal from the ear. These impurities could also work their way out up to 24-48 hours after treatment.

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Liz Thompson with customers, Anne O'Riordan and Danjo Finnegan



Liz Thompson celbrating 10 years in business with her family



A large crowd of well wishers celebrating Coachford Post Office's 10th Birthday



Kevin and Hannie O'Riordan and Chrisse Murphy at the at the Coachford Post Office 10th Birthday Party



local post woman, Mairead Delaney with Post Mistress, Liz Thompson at the Coachford Post Office 10th Birthday Party



Rusheen N.S. who won a Gold Medal at the Muintir na Tíre School Garden Awards recently.NS.



Customers, Eileen Cooney and Billy Fitgerald at the Coachford Post Office 10th Birthday Party



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This project is co-funded by the Government of Ireland and the European Social Fund as part of the ESF Programme for Employability, Inclusion and Learning 2014-2020.

History

WILLIAM PENN By Kathy O'Sullivan



Portrait of young William Penn, 1666

The Battle of Macroom took place on the 10th May 1650, when a Cromwellian force, under the command of Roger Boyle (Lord Broghill), engaged an Irish force that was commanded by Daithí de Roiste. Baothnalach MacAodhagáin (Boetius MacEgan), the Catholic Bishop of Ross, was taken prisoner by Boyle, and taken the following day to the walls of Carrigadrohid castle, where he was told to tell the garrison to surrender. Bishop MacEgan, however, advised the garrison to do nothing of the kind, and, as a result, was hanged from a nearby tree, in view of the castle walls.

Three years later, in 1653, Macroom Castle (which has housed a school, dedicated to Bishop McEgan, on its grounds since 1934) was handed over to Admiral William Penn. Admiral Penn rose to prominence during the English Civil War (1642-1651), in which he took the parliamentary, or Cromwell's side. Cromwell made him Admiral of the Irish Seas and also granted him the confiscated lands of McCarthy, Earl of Muskerry, around Macroom, which included the castle.

Admiral Penn's son, William, was not born in Macroom, but in London, in October 1644. When three years old, William caught smallpox, losing all his hair, and thereafter wore a wig. His early education was at Chigwell School in Essex. William loved running, often running the more than 3-mile (5 km) distance from home to school. In 1655, Admiral Penn shrewdly moved his family to Macroom, to escape the attentions of Cromwell, who (correctly) suspected him of being one of those plotting the return of Charles II to the throne of England. Charles I was executed in 1649, which resulted in the exile of his son, Charles II, and the replacement of the monarchy with the Commonwealth of England (from 1653 known as the Commonwealth of England, Scotland, & Ireland), ruled by Oliver Cromwell (1653-1658) and his son Richard (1658–1659).

William Penn lived in Macroom from 1655 until 1660 (the year of Charles II's restoration to the throne), when he went to Oxford University, aged 15. His time in Macroom appears to have been happy. A Quaker (Religious Society of Friends) preacher named Thomas Loe spoke to his family, at the invitation of the admiral. William would have been 12 or 13 at the time, at an impressionable age – and Lowe made an impression on William which altered the course of his entire life.



William Penn, Peace Movement, Pennsylvania', by Frederick S. Lamb, c. 1905

The Oxford experience ended abruptly after two years, when William was expelled for religious non-conformism. It is said the admiral, his father, reacted by whipping his son, and that he then sent William on a tour of Europe for two years. When he returned, William was, according to the diarist Samuel Pepys, 'most modish, grown quite a fine gentleman, having learnt good manners in France'.

He subsequently spent a year studying law at Lincoln's Inn, London. With war with the Dutch imminent, William decided join his father at sea. He was an emissary between his father and the king, then returned to his law studies. Worrying about his father in battle he wrote, 'I never knew what a father was till I had wisdom enough to prize him... I pray God... that you come home secure.' In 1666, William was sent to Ireland by his father to manage his estates there (Macroom Castle and the surrounding lands had been returned to McCarthy by King Charles II, and Admiral Penn was compensated with the Barony of Imokilly in East Cork, which included with Shanagarry Castle & the grounds that house what is now known as Ballymaloe House & Cookery School).

In the same year, Willian joined Lord Arran in an expedition to suppress a mutiny over pay by soldiers at Carrickfergus, Co. Antrim. He apparently showed coolness in battle, though his father discouraged him from pursuing a military career. He returned to London in 1667, to find the city in ruins after the Great Fire the year before. Incredibly, though the fire destroyed the homes of 70,000 out of the 80,000 of the city's inhabitants, only six verified deaths were recorded. After some months, he returned to Shanagarry, converting to Quakerism in 1668, shortly after a chance encounter with Thomas Loe, who he had first met in Macroom, years earlier.

Also in 1668, William and others were arrested for attending a Quakers' meeting in Cork. He then went to England, to finally have the confrontation with his father about his religious beliefs which had been simmering on the back burner for some time. His father threatened to disown him, but couldn't bring himself to follow through. After all was said and done, William was his son. Father and son would continue to have an uneasy relationship, supportive of, though



Chalk portrait of William Penn, by Francis Place, c. 1695

never quite understanding each other.

William started to write pamphlets, such as The Sandy Foundation Shaken (Those who will not be governed by God will be ruled by tyrants). For this, he was imprisoned in the Tower of London. Not that this stopped him – for it was in prison that William wrote No Cross, No Crown (Let no man deceive his own soul; a wolf is not a sheep, nor is a vulture a dove). He was released from prison in 1669, after eight months.

Showing no signs of backing down, William travelled back and forth between Ireland and England, and was arrested several times. He wrote prolifically, and The Great Case of Liberty of Conscience argued that a person could be free only if they had choices to make, not when those choices were made for a person by someone over them. He also began seeing the woman who would become his first wife (in 1672), Gulielma Springett.

A trial ensued after his 1670 arrest with William Mead, following a meeting with other Quakers that contravened the Conventicle Act, which forbade meetings of more than five people for a religious purpose of anyone other than Anglicans. The judge demanded the jury bring back a guilty verdict, but the jury refused, leading an exasperated judge to fine William for - failure to remove his hat! Naturally, William refused to pay and was jailed. However, Admiral Penn, who was near death, wanted to see his son for one last time and paid the fine. The jury had been fined a year's wages for contempt of court and also jailed, until they paid. One member refused to pay, heeding Penn's advice as the court adjourned to 'mind your privilege, give not away your right!'

The values of liberty, property, and consent provide the basis for Penn's advocacy of liberty of conscience in his writings. During the 1660s and 1670s, Penn authored a number of works defending the ancient constitution (common law) as a guarantor of civil liberties. This made him a constant thorn in the side of the establishment. Therefore, when William wrote to Charles II in 1680, asking for land in America as payment for 16,000 pounds for money loaned to the king by the admiral, William's father, the king saw a golden opportunity to peacefully get rid of William. In March 1681 the king signed over Pennsylvania to him, naming the colony after





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William's father.

There are many famous places named after famous people. Of course, attitudes to people can easily change over time, so we should remember that (re)naming a place can lead powerful people to seek to erase what went before. To say, as it has sometimes been said, that William Penn 'founded' Pennsylvania, implies that the land was discovered as though there were no humans living there. Nothing could have been further from the truth, as the Lenni-Lenape tribe could attest to.

History

In the spring of 1682, Penn wrote his Frame of Government for Pennsylvania, consulting with philosopher John Locke (The most precious of all possessions is power over ourselves) in doing so. Penn's Frame survived to become the model for the United States Constitution and the Bill of Rights. In the preface Penn wrote, 'As governments are made and moved by men, so by them they are ruined too. Wherefore governments rather depend upon men than men upon governments.'

He also wrote, in the same year, the pithy, yet full of common sense, Some Fruits of Solitude in Reflections and Maxims. There are many sayings today that owe their origin to this work, with his maxims ranging from to 'Time is what we want most, but what we use worst' to 'Humility and knowledge in poor clothes excel pride and ignorance in costly attire.'

William then travelled to America. Once there, he took the time to learn the Lenni-Lenape tribe's language and customs, assuring them he wanted to live in peace, which he sincerely meant. Though he understood they had been treated unfairly, at the same time, William presumed he would get the land (which was given to him by a king who was not the proper owner of that land) before treaties were reached, because he had already promised some portions of the land to others.

Therefore, Tammany (The Affable One) and the other Lenni-Lenape chiefs deserve due credit for their hospitality and for the unique Treaty of Friendship. Mass immigration was devastating to the native peoples of America - after all, where were they supposed go when so many immigrants arrived on their land, the core of their identity? Many tribes did what they could to preserve their communities and way of life. Because of systematic land dispossession and the removal of private property rights from the native people in the United States by successive governments, they have lost nearly 99% of the homeland they historically occupied, according to a 2021 research study published in Science journal (Farrell et al., Vol. 374, No. 6567). When land was taken from them, all other forms of social cohesion also began to erode, because land was the context in which social cohesion had been created.

The Treaty of Friendship itself was probably an informal unwritten pact. William paid for the land with various goods, which Tammany divided among his people. Tammany gave Penn a belt made of wampum beads as a sign of friendship. It portrayed two men clasping hands: one large and with a hat (Penn) and the other smaller and hatless (a Native American). The Penn family



Penn's Treaty with the Indians, by Benjamin West (1771-1772)

kept and treasured this belt until 1857, when a descendant gave it to the Historical Society of Pennsylvania. In 2001, it was transferred to the Philadelphia History Museum.

Chief Tammany reportedly announced during the treaty summit that the Lenni-Lenape and the English colonists would 'live in peace as long as the waters run in the rivers and creeks and as long as the stars and moon endure.' Unfortunately, settlers after William Penn, including Penn's own offspring (Penn's sons pushed the Lenni-Lenape out of Pennsylvania with the fraudulent Walking Purchase of 1737), did not respect this. It must be said, too, that William himself wasn't good with money, and he trusted some people he shouldn't have.

However, William always maintained a sense of fairness (Right is right, even if everyone is against it, and wrong is wrong, even if everyone is for it), which helped him play a part in Pennsylvania's first witch investigation, in 1684. Two Swedish settlers were accused of bewitching a neighbor's cow, which was said to have given very little milk as a result. Penn perhaps wanted to prevent the kind of mass hysteria that would soon descend upon Salem, Massachusetts (the Salem witch trials took place between 1692 and 1693, with more than 200 people accused of practicing witchcraft and 20 executed). He ensured a translator was provided, and also that every jury member hailed from their neighborhood (For we put the power in the people), before converting the trial into an investigation, prohibiting any lawyers from taking part, and appointing himself as the judge (A neuter [neutral] only has room to be a peacemaker: for being of neither side, he has the means of mediating a reconciliation of both). The jury found both women guilty of being viewed as witches by their neighbors, but not of actually practicing witchcraft.

Also in 1684, having spent just two years in Pennsylvania, and concerned with his wife's

health, William returned to England. He continued to write, and did a great deal to further religious freedom. In 1694 his beloved Gulielma died. Two years later he married Hannah Callowhill, and they went to America in 1699, to live at Pennsbury, near Philadelphia. He soon grew tired of politics: 'Patience is a virtue everywhere; but it shines with great lustre in the men of government. Some are so proud or testy, they won't hear what they should redress. Others so weak, they sink or burst under the weight of their office, though they can lightly run away with the salary of it.'

Returning to England in 1701, William's health (and finances) declined. In 1712, William had a stroke and suffered from loss of memory. He died, penniless, in 1718, and is buried in the grounds of Jordans Quaker Meeting House in Buckinghamshire, England.

Intriguingly, William continued to exert influence, albeit an unusual one. A bronze statue of him, by sculptor Alexander M. Calder (1846-1923), was placed atop Philadelphia's City Hall, the highest point in the city, in 1894. Urban planner Edmund Bacon (1910-2005, and coincidentally, father of actor Kevin Bacon, widely considered the best actor to have never received an Academy Award nomination) was known to have said that no building should be taller than the 'brim of Billy Penn's hat'. Such was the case until March 1987, when One Liberty Place was completed. A 'curse' resulted, primarily affecting the city's sports teams, which lasted until 2008, when a small statue of William Penn was put on top of the newly-built Comcast Center. Coincidentally (or not?), the Philadelphia Phillies went on to win the World Series (baseball) that year. As William himself wrote at the end of one paragraph in his Frame for Government: 'Mark that'!



The belt of Wampum delivered by the Indians to William Penn at the Great Treaty (1682)



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John C celebrating his Junior A, All Ireland road bowling win with his nephew and road show'r, Cathal Creedon. pic le Nóra Uí Luasa



Connor, John C., Mary and Aoife celebrating John C's Junior A All Ireland road bowling win. Pic le Nóra Uí Luasa.



Ross Ó Brieín, Under 12 boys winner and also represented Ireland in the team All Ireland road bowling event held in Drogheada. pic le Nóra Uí Luasa



Cathal Creedon buathóir fé 14. pic le Nóra Uí Luasa



Cliodhna Ní Bhriain buatheoir fé 12. pic le Nóra Uí Luasa



Kayla Ní Ealaithe, buateoir fé 14 Reagún na Gaeltachta. pic le Nóra Uí Luasa



Caroline Ní Criodáin tarna áit fé 12. Reagúin na Gaeltachta. pic le Nóra Uí Luasa



Liam Ó Murchú, winner of The Michael T. Bradley under 16 perpetual memorial Cup.pic le Nóra Uí Luasa



Cillian Ó Ceilleachair, Cill na Martra, buaiteoir fé 18, Reagún na Gaeltachta. pic le Nóra Uí Luasa



Evan Ó Ceilleachair a tháinig sa dara háit sa bolaíocht fé 16 agus fé 18. Reagún na Gaeltachta. pic le Nóra Uí Luasa

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Tim Holland, Ross Oil, Ed Warren, Vice Chairman with club representatives who will contest the Junior A Football Championships at the Muskerry GAA launch of their championship programme at Cloughdubh. Also included is Dermot O'Callaghan, representing holders Aghinagh. Picture: Mike English



Representatives of clubs taking part in the upcoming Junior B Hurling Championship photographed with Vice Chairman, Ed Warren and sponsor, Elaine Gantly of Oriel House Hotel and John Kelleher, Eire Og, holders, at the launch of the Muskerry GAA championships at Cloughdubh. Picture: Mike English



Representatives of the participating clubs in the Junior A Hurling Championship at the Muskerry Division championships' launch at Cloughdubh. Included are Bryan O'Donovan of sponsors, MJK Oils, Ed Warren, Vice Chairman and Colin O'Flynn, Ballinora, current holders of trophy. Picture: Mike English.



Robert Usher of sponsors, Ballincollig Credit Union and Vice Chairman, Ed Warren with representatives of the participating clubs in the Junior B Football Championship at the launch of the Muskerry GAA championships' programme at Cloughdubh. Picture: Mike English



Macroom Motors, will sponsor the A, B and C under 21 football championships in the Muskerry GAA Division again this year. Photographed at the launch of the Board's Championship programme were Pat Barrett, representing the sponsors, Ed Warren, Vice Chairman and representatives of the participating clubs. Picture: Mike English



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Concussion

By Dr Con Kelleher, G.P., (M. Sports Med.).

On July ninth, 2022, Ireland beat New Zealand on their home soil in a rugby match for the first time, thereby creating history. It was a marvellous achievement. Johnny Sexton was a key player and the architect of that victory. Now thirty seven, he has had a wonderful career, with many accolades along the way, including World Rugby Player of the Year in 2018. As playmaker, he is targeted by the opposition, using fair means or foul. Rugby is a tough physical game and part of its ethos is to 'grin and bear the pain' and to continue. As a result of his ability, tough tackling and injuries, Sexton has suffered repeatedly from concussions and it begs the question of how wise is it for him to continue playing. Even on this tour, Sexton left the pitch for a Head Injury Assessment. Dan Levey and Bernard Jackman are two other former Irish internationals who quit rugby early because of concussion. Likewise, Kevin Dolye, ex Irish soccer international, retired for similar reasons.

While concussion is more likely to occur in elite contact sports, it can occur at any level of activity. In a recent local match, a young boy suffered a concussion and was allowed to re-enter the pitch, and that was unsafe and unwise. The purpose of this article is to draw attention to concussion and to encourage best management. Despite the risk of injury, physical activity and games are infinitely more beneficial than inactivity, and I strongly advocate exercise in any form. However, it is equally essential to make activities as safe as possible.

The incidence of concussion is very hard to quantify. The incident quoted above is unlikely to appear in any register. In 2013, a study in rugby players showed that 20% of Irish rugby players had

been concussed four to five times (The 42, 28 December, 2013). A UCC study asserted that the GAA's efforts to improve concussion care 'have had a limited effect'. (Irish Examiner, 1 January, 2021). Delahunty et al found that 19.4% youth rugby players had suffered a concussion, and that 6.6% of players suffered a concussion annually, (Journal of School Health, Jan. 2015). Young people are more prone to concussion than older playersand girls do worse than boys.

Concussion is important because it can have immediate and long-term adverse effects. In 2011, 14 year-old Ben Robinson was doubly concussed in a schools rugby match, and he died from Second Impact Syndrome. In concussion, the brain's blood-brain barrier is damaged, allowing noxious chemicals to penetrate. A second injury causes a cascade of these chemicals to swell the brain and lead to catastrophe. Hence the importance of removing immediately a concussed or a suspected concussed player from the field of play. Repeated concussions can lead to premature dementia (the film Concussion). Currently, there is a class action by former English rugby union players for the same condition.

Concussion is a brain injury and is the most common: all brain injuries must be taken seriously. A concussion can be caused by a direct blow to the head but can also occur when a person takes a hard knock to another part of the body, resulting in a rapid movement of the head, causing a disturbance of brain function. The good news is that concussion is a manageable injury. Once a concussion is managed effectively from the time it occurs, it should lead to the avoidance of tragic consequences.



Johnny Sexton featuring on the front page of a recent Irish Examiner Sports section. (C. Kelleher).

CONCUSSION RECOGNITION TOOL SIC

To help identify concussion in children, adolescents and adults

RECOGNISE & REMOVE

Head impacts can be associated with serious and potentially fatal brain injuries. The Concussion Recognition Tool 5 (CRTS) is to be ed for the identification of suspected concussion. It is not designed to diagnose concussion STEP 1: RED FLAGS ---- CALL AN AMBULANCE

ther ANY of the following sig

of hisk aid (da se, airway, breathing; circulation) should be follow nal cord injury is critical. ove the player lother than required for alway support) un set or any other equipment unless trained to do so safely. nt for a sp

e are no Red Flags, identification of possible concussion should proceed to the following steps **STEP 2: OBSERVABLE SIGNS**

al clues that suggest possible concussion include:

Lying motionless on the playing surface Slow to get up after a direct or indirect	Disorientation or confusion, or an inability to respond appropriately to questions	Balance, gait difficulties, motor incoordination, stumbling, slow laboured movements	12
hit to the head	 Blank or vacant look 	 Facial injury after head trauma 	
STEP 3: SYMPTOMS	and the second second second second		
Headache 'Pressure in Inwad" Statunce professes Naures or vomiting Oronesinens Oronesis filumed vision	Sensitivity to light Sensitivity to light Sensitivity to noise Fatigue to have enorgy "Don't feel right" More enocional More instable Sadness	Nervous or antisous Norck Pain With Krain With the proceeding table Difficulty remembering Presting slowed down Freeling blastin a fog*	
STEP 4: MEMORY ASSESSMENT (In Athletes older than 12 years)			
Failure to answer any of these questions (modified appropriately for each sport) correctly may suggest a concussion:	 "What venue are we at today?" "Which half is it now?" "Who scored last in this game?" 	 "What team did you play last week/game?" "Did your team win the last game?" 	

Athletes with suspected concussion should:

 Not be left alone initially (at least for the first 1-2 hours) Not drink alcohol.
 nal/ prescription drugs. Not be sent home by themselves. They need to be with a resp. . Not drive a motor vehicle until cleared to do so by a healthcare professional.

ANY ATHLETE WITH A SUSPECTED CONCUSSION SHOULD BE IMMEDIATELY REMOVED FROM PRACTICE OR PLAY AND SHOULD NOT RETURN TO ACTIVITY UNTIL ASSESSED MEDICALLY. EVEN IF THE SYMPTOMS RESOLVE

Common concussion symptoms What people complain of:

Headache or pressure. Dizziness. Memory disturbance. Balance problems. Double or blurred vision. Undue sensitivity to light or noise. Feeling sluggish, hazy, foggy or groggy Confusion You don't 'feel right' or you are 'feeling down'.

Image right: This information is taken from the GAA website, Brain Injury Ireland, UPMC medical website and various newspapers and medical journals.



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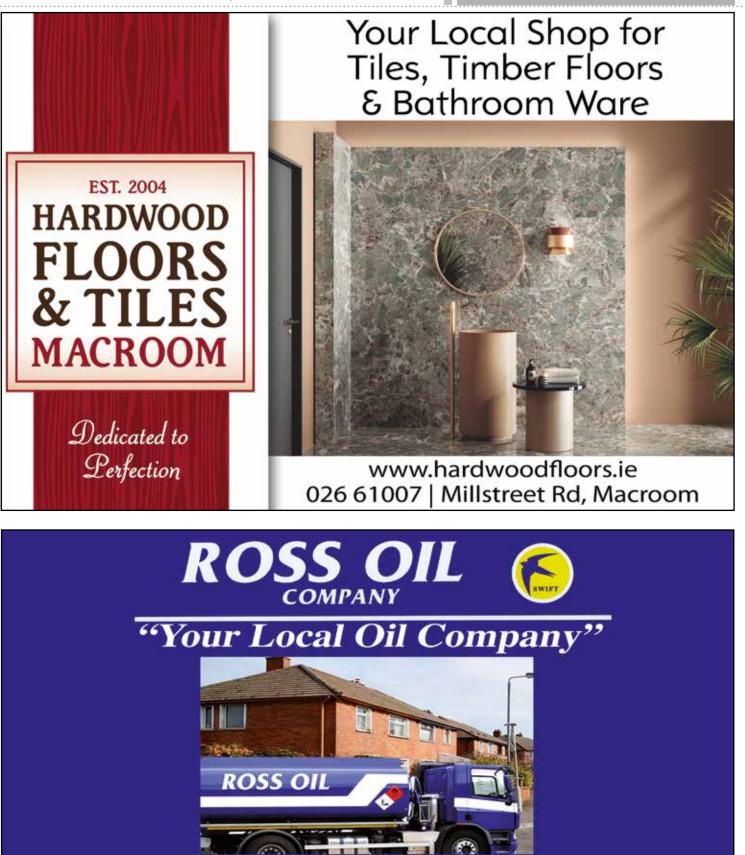
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Treatment Sideline: Remove the player from the field if he/she is concussed or there is a suspicion of concussion. Check your pocket guide. Err on the side of caution. Watch out for 'red flags' (danger signs) and call a doctor and/or ambulance if necessary. Be careful of a neck injury Afterwards Rest is the cornerstone of concussion treatment.	Complete rest for a minimum of 24 hours is recommended following a hit to the head. Unlike a broken arm or other injuries that you can feel with your hands or see on an X-ray, you cannot see a concussion. It is a disruption of how the brain works. It is not a bruise to the brain, which is why brain CAT scans and MRIs appear normal with most concussions. An injury that cannot be seen must be monitored, with a gradual return to normal activity.	No TV No Computers No Bright Lights No Reading No Texting No Radio No Loud Noise No Physical Exercise No Alcohol No Driving No Exertion of any Kind
Post-concussion syndrome If a player returns to the field with concussion, they put themselves at risk of suffering post-concussion syndrome resulting in a long-term endurance of	a collection of concussion symptoms including: headaches, depression, personality change, memory and concentration problems, sleep disturbance and mood swings. Symptoms usually clear up within three months after the initial head injury. The Graduated Return to Play (GRTP)	program is a progressive exercise program that introduces a player back to the field of play in a safe 6 stage process. Download our guidelines here.
Second Impact Syndrome Second Impact Syndrome (SIS) is a rare condition characterized by an athlete sustaining a second concussion before the symptoms of the first	concussion have resolved. This can be particularly dangerous if hits to the head are experienced within a short period of time. Receiving another blow to the head can result in more severe symptoms which may last longer. SIS can be very serious and result in seizures, long-term memory loss, and	lifetime disabilities. Symptoms progress rather rapidly and include the appearance of dilated pupils, loss of eye movement, unconsciousness, and in some cases fatality.
 What is Concussion? Concussion is a brain injury that needs to be taken seriously to protect the short and long-term health and welfare of all players. 	HowshouldConcussionorSuspectedConcussionbemanaged?• If there are any signs leading to the suspicion of concussion, a player should be removed immediately from the field of play pending a full	occasion be considered an indicator even in the absence of any immediate symptoms). A player suspected of sustaining/having sustained a concussion should not return to play on the same day. Subsequently a satisfactory, supervised return to play protocol must be completed, followed by medical approval, prior to return to play.

medical assessment (the impact itself may on • The key message is: If In Doubt, Sit Them Out.





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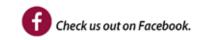
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Welcome back dear student "....Are any of you sick? You should call for the elders of the church to come and pray over you, anointing you with oil in the name of the Lord. Such a prayer offered in faith will heal the sick, and the Lord will make you well. And if you have committed any sins, you will be forgiven. Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results" (James 5:14-16 NLT). This is God's protocol for healing. When Jesus went back to the Father He left a mandate for healing and mercy with those who believe in Him (Matthew 10:8; Mark 16:17-20). Healing comes through the forgiveness of sin - both our own sins which are forgiven by God through the atoning blood of Jesus, and the sins others have committed against us which are our responsibility to forgive and release (1st Peter 2:24; John 20:23). This is a vital component to healing. Because sin and unforgiveness wraps like a band of iron - holding a person bound. But repentance and forgiveness is a key like a release valve. "Praise the Lord, my soul and forget not all His benefits - Who forgives all your sins and heals all your diseases, Who redeems your life from the pit and crowns you with love and compassion, Who satisfies your desires with good things so that your youth is renewed like the eagle's" (Psalms 103:1-5 NIV). Jesus paid for our redemption from sin with His own Blood. The understanding of (a) what He was doing on the Cross for us, and (b) the fact that He is the only way to God, helps us receive the many benefits that, by His death and resurrection, He won for us. "..And you know how God anointed Jesus of Nazareth with the Holy Spirit and with power, Who went about doing good and healing all who were oppressed by the devil for God was with Him" (Acts 10:38). For our part all we have to do is believe that Jesus is God's Son and Messiah, repent of our sin, acknowledge Him as Saviour and Lord, and forgive those who have hurt us - in obedience to His Word. The benefits of living a life yielded to the Lord Jesus means we get to experience firsthand - His love, His peace, and His promises of a blessed life, healthy and strong in every area. "Seek first the Kingdom of God and His righteousness and all these things shall be added to you" (Matthew 6:25). There is a way to receive healing. Many people look to the world, medicine, and the new age for answers that man does not have. Only God is the One Who brings true healing and restoration. The woman with the issue of blood who approached Jesus in the crowd found this out. She had gone everywhere for help but found none. She was left penniless and exhausted from her search for healing (Mark 5:25-34). She heard about Jesus and came to touch just the hem of His garment, believing she would be healed by getting close to Him. She was healed instantly - but more than that she was made whole. Jesus never does things by half whole means made completely sound in body, spirit and soul (1st Thessalonians 5:23). It's there for you too friend!

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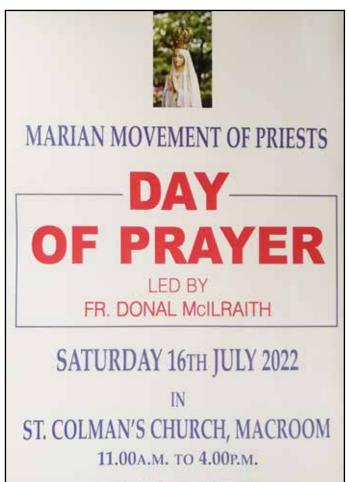
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All Ireland Senior Hurling Championship

Semi Finals: Limerick 0-27 Galway 1-21: Kilkenny 2-26 Clare 0-20

Final: Limerick v Kilkenny

EIRE OG

Glen Dimplex All Ireland Series – Group One (6 teams)

Cork 1-16 Tipperary 1-17

Cork senior camogie team, with four wins from four outings were already assured of their place in the All Ireland semifinals before they met Tipperary in their fifth and final group game at P Uí Rinn so this defeat was not catastrophic. Tipperary fighting for a quarter final place had to win but as other results went against them, they are out of the championship for this season.

Cork were a point in arrears at half time, 1-8 to

Intermediate Championship Cork 5-21 Kildare 2-5

THE result was never in doubt in this Glen Dimplex Intermediate Championship clash in Páirc Uí Rinn as Cork overpowered a Kildare side seeking their first victory in the group series.

Cork thanks to a better scoring difference now go



Fr Liam O H′lci with Éire Óg Captain Maria Barry Murphy Pic Éire Óg Camogie Club

1-7 but then drew level at 1-10 each. Tipperary went into a four point lead 1-16 to 1-12 with eight minutes remaining and Cork staged a great recovery and points from Cliona Healy, Aisling Thompson and Hannah Looney brought them level. A free in injury time, advanced for dissent, gave Tipperary the winning point.

Cork star performer Aisling Thompson was given a red card for dissent by the referee after the final whistle and this could be a major blow for the Cork

ÉIRE ÓG CAMOGIE

straight to the All Ireland semi-final on July 23rd with Derry and Meath in the guarter-finals. Four goals from Cliona O'Callaghan and 13 Joanne Casey points propelled Cork to the last four and it

was no more than they deserved. Scorers for Cork: C O'Callaghan 4-0, J Casey 0-13

(0-8 f), M Murphy 1-3, L Homan 0-3, R Harty, H Ryan

hopes of All Ireland glory.

Cork: Molly Lynch: Meabh Murphy (Ballinora), Libby Coppinger, Meabh Cahalane (St Finbarrs): Laura Hayes, Aisling Thompson, Saoirse McCarthy: Hannah Looney, Katie O'Mahony (Inniscarra): Katrina Mackey, Fiona Keating, Cliona Healy: Amy O'Connor, Chloe Sigerson, Sorcha McCartan. Subs: Emma Murphy, O Cahalane.

0-1 each.

Cork: S Ahern; A Moloney, N O'Leary, G Hannon; J O'Leary, K Kilcummins, L O' Sullivan; L Callanan, R Harty; Joanne Casey, M Murphy, S Hutchinson; L Homan, H Ryan, C O'Callaghan.

Subs: Doyle for J O'Leary (45), A O'Callaghan for K Kilcommins (51), R O'Shea for H Ryan (51), K Falvey.



Kate O'Riordan, Leah Sheehan and Laura Healy



Ali Hayes, Maria Barry-Murphy, Leah Sheehan, Laura Healy Gemma Young Kate O'Riordan Jessica Power and Fiadh Malone

LGFA LADIES GAELIC FOOTBALL TG4 All Ireland Senior championship

Munster champions Cork emerged from a threeteam group with wins over the Ulster runners up Donegal and Munster semifinalists Waterford. Cork 2-10 Waterford 1-5

Waterford led by 1-5 to 1-3 at half time but Cork improved in the second half.

All Ireland Quarter Final

Mavo 2-13 Cork 0-17

Mayo secured victory over Cork in their TG4 All-Ireland Senior Championship guarter-final at Cusack Park in Ennis and deserved to advance. They led 0-3 to 0-0 before Doireann O'Sullivan

opened the Cork account with a point. Mayo kept up the pressure on the Cork kick-outs

and got the game's opening goal in the 10th minute to make it 1-5 to 0-2.

Cork responded well as they began to settle with points from Doireann O'Sullivan, Orla Finn and Emma Cleary. Doireann O'Sullivan got her third as the frantic pace saw Mayo lead 1-6 to 0-6, with 15 minutes gone. Libby Coppinger made it a twopoint game, a magnificent point from distance from Doireann O'Sullivan put only one between the sides. Lisa Cafferky replied for Mayo with Melissa Duggan responding to make it 1-7 to 0-9, with five minutes to half-time. Ciara and Doireann O'Sullivan both pointed for Cork as they led by a point at the break, despite Mayo playing the better football in the first-half as it was 0-11 to 1-7 at the break.

The second-half saw the return of Hannah Looney but it was Finn who increased their lead before Walsh hit the post when she should have scored. Howley replied for Mayo and she had the sides level, from another free in the 36th minute. Scores put Mayo back in front before the decisive score came. A mistake from a Cork kick-out saw Lisa Cafferky pick up the ball and slot home to make it 2-12 to 0-13. Cork hit back with points from Doireann and Ciara O'Sullivan to put three between the sides with ten minutes to go, 2-12 to 0-15.

Mayo were down to 14 when Ciara Whyte was sin-binned but it mattered little as Sarah Mulvihill rounded off the scoring to see the Connacht side advance and Cork exit the championship.

Scorers for Cork: D O'Sullivan 0-8 (5f), C O'Sullivan, O Finn 0-2 each, E Cleary, L Coppinger, E Scally, A O'Sullivan, M Duggan 0-1 each.

Cork: Maebh O'Sullivan: Roisín Phelan, Eimear Meaney, Aisling Hutchings: Melissa Duggan, Marie O'Callaghan, Marie Ambrose (St Vals): Sarah Leahy, Brid O'Sullivan: Emma Cleary (Éire Óg), Ciara O'Sullivan, Libby Coppinger: R Leahy, Doireann O'Sulllivan, Orla Finn. Subs: Hannah Looney 30, Áine O'Sullivan 38, Eimear Scally 43, Maebh Cahalane 47. The Cork panel also included: Aisling Kelleher (St Vals) and Ciara McCarthy (St Vals).



2022 Cork Credit Unions **County Football Leagues**

Division One

Group 1A Latest Results: Form to date: Éire Óg: P9 W5 D3 Pts 13 (2nd position) Ballincollig: Played 9 Won 4 Drew 3 Pts 11 (5th) Béal Átha'n Ghaorthaidh: P 8 Won 4 Drew 1 Pts 9 (6th position)

Group 1B Latest result:

Cill na Martra 1-15 Nemo Rangers 3-13 Form: Cill Na Martra: P9 W 5 Drew 2 - Pts 12 (2nd to Nemo on 18)

Div 1 League semi finals:

Carrigaline

, Kiskeam

Iveleary

Finbarrs

St Finbarrs 3-12 Cill na Martra 2-11

The Division One league semifinal was played at 'Barrs HQ in Togher in glorious weather conditions. The county senior champions scored first but Cill na Martra replied with three points in a row, two from Mike Desmond frees and the other from Ciarán Ó Duinnín. St Finbarrs hit back with an 8th minute goal, followed immediately by a point. A Danni Ó Conaill point was followed by a second goal for The 'Barrs, 2-2 to 1-4 after 12 minutes. Cill na Martra showed they were up for the contest with a goal from Trevor Ó hEaluithe on 13 but 'Barrs replied with six points before half time to which Cill na Martra answered with a single Mike Desmond point to leave the city side leading by 2-8 to 1-5 at half time.

The Barrs increased their lead with a point on the resumption but Cill na Martra came back strongly with a goal from Mike Desmond, then he pointed a '45' and a point from Maidhchí Ó Duinnín left the gap at two points, 2-9 to 2-7 by the 40th minute. The home side countered with a brace, Mike Desmond pointed in the 46th minute and Barrs struck for their third goal two minutes later to increase their lead to six points, 3-11 to 2-8 and they were now in a comfortable position. Points from Mike Desmond and another from Maidhchí

Iveleary PIF: v St Vincents, Cill na Martra, Nemo,

GAELIC FOOTBALL

Ó Duinnín cut the deficit to four points with five minutes remaining and an exchange of points, Mike Desmond from as free for the Gaeltacht side, left that margin still between the sides at the final whistle.

On now to PIFC action for Cill na Martra and a date with the Nemo Rangers intermediates coming up on Sunday July 24th at Cloughduv.

Cill na Martra: Antóin Ó Conaill: Aaron Ó hUidhir, Graham Ó Mocháin, Fínén Ó Faoláin; Danni Ó Conaill, Seán Ó Foirréidh, Cian Ó Foirréidh: Antóin Ó Cuana, Colm MacLochlainn: Fionnbarra Ó hEaluithe, Ciarán Ó Duinnín, Trevor Ó hEaluithe: Daniel Ó Duinnín, Micheál Ó Deasúna, Shane Ó Duinnín. Fir Ionaid: Maidhchí Ó Duinnín, Cian Ó Conaill, Micheál Ó Cathasaigh, Gearóid Ó Faoláin, Antaine Ó Loinsigh, Alan Ó Mocháin, Jason MacCarthaigh.

Nemo Rangers 3-19 Éire Óg 0-4

Éire Óg were not at full strength when they met Nemo Rangers in the second Cork Credit Unions Division 1 football league semi final at Tramore Road, HQ of Nemo Rangers. Nonetheless they had a reasonably good side on duty and were hopeful that they would make the city side fight for their place in the final. Nemo however were in devastating form and even when victory was assured never let up and piled score on score to the final whistle.

The first quarter gave no indication of what was to come. Nemo led by 0-4 to 0-3, the Éire Óg scores coming from Ronan O'Toole, Daniel Goulding and Colm O'Callaghan and there had been little between the sides. The second quarter saw Nemo begin to put more score on the board, and in all they kicked over six points without reply and so led at the break by 0-10 to 0-3.

Three more points for Nemo on thr resumption saw the game begin to drift away from the Ovens men and when Nemo had a 39th minute goal it was 1-13 to 0-3. There was to be no let up by Nemo. Five more points followed before the trend was interrupted by an Éire Óg point and Nemo went on to score two more goals, one from a penalty, and added two further points to complete the scoring.

EireÓg; Chris Kelly; Michael Corkery, John Mullins, Dermot O'Herlihy: Diarmuid Dineen, Mark Griffin, Daragh McCarthy: Colm O'Callaghan, Ronan O'Toole: Doncadh Kelly, Jerome Kelleher, Kevin Hallissey: Sam O'Driscoll, Daniel Goulding, David Kirwin. Subs: Brian Hurley, Cathal Mullins, Jack Sheehan, David Casey, Denny Murphy, Liam Murphy, Oisín O'Shea.

Division Two

Group 2A Latest result: Nemo Rangers 0-8 Macroom 1-10 Form: Macroom: P 9 Won 5 D1 Pts 11 (Joint 4th position)

Group 2B

Latest Result: N Aban 0-11 Aghabullogue 0-8 Form:

Naomh Aban: P9W4D1Pts9 (6th in table) Aghabullogue: P 9 W 3 D1 Pts 7 (8th in table) League semi Finals:

Aghada 5-7 Rockchapel 3-11; Kanturk 1-18 Dohenys 0-5

Division 3

Group 3A: Form: Iveleary: P6 Won 4 Drew 1 Pts 9 (Top of table) Group 3B Form: Ballinora: P 6 W2 Pts 4 (5th in table) League semi finals:

Kilshannig 0-16 Glanmire 0-11: Iveleary 2-9 Boherbue 1-10

Tom Creedon Cup

Final: Macroom v Cill na Martra at Macroom July 30th.

2022 COUNTY FOOTBALL **CHAMPIONSHIPS GROUPINGS**

Ballinora IF: v St Finbarrs, Aghabullogue, Ballincollig PSF: v Mallow, Douglas, Valley Rovers, Dromtarriffe Éire Óg PSF: v St Finbarrs, Carbery Rangers, Fixtures: 7pm Fri July 22nd: (7.30pm throw in) Béal Átha'n Ghaorthaidh SAF: v Dohenys, Bandon PSFC Éire Óg v St Finbarrs at P Ui Rinn confirmed) SAFC Béal Átha'n Ghaorthaidh v Dohenys at Cill na Martra PIF: v Nemo Rangers, St Vincents, Enniskeane PIFC Macroom v Rockchapel at Mallow IAFC Aghabullogue Dromtariffe at v Naomh Abán PIF: v Kanturk, Macroom, Rockchapel Donoughmore Macroom PIF: v Rockchapel, Kanturk, Naomh Abán Sat July 23rd: Aghabullogue IF: v Dromtarriffe, Ballinora, St PSFC Ballincollig v Mallow at Mourneabbey 2pm PIFC Naomh Aban v Kanturk in Millstreet 4pm

Sunday July 24th: PIFC Cill na Martra v Nemo Rangers at Cloughduv, PIFC lveleary v St Vincents 7pm (venue to be IAFC Ballinora v St Finbarrs at Ballincollig, 7pm



Looking back to 2021

County Football Standings after conclusion of group stages

Premier Senior Football

Group A Douglas 6, Valley Rovers 4, Nemo Rangers 2, Carrigaline 0, Group B Castlehaven 6, ÉIRE ÓG 4, Newcestown 2, Carbery Rangers 0 Group C St Finbarrs 6, Clonakilty 4, BALLINCOLLIG 2, Ilen Rovers 0, Colleges/Divisions: Duhallow qualify Knock out stages: Quarter Final: St Finbarrs 1 – 16 Éire Óg 0 – 12 Semi Finals: St Finbarrs v Castlehaven: Douglas v Clonakilty Final: St Finbarrs 0-14 Clonakilty 0-13

St Finbarrs 1 - 16 Éire Óg 0 - 12

Fourteen-man St Finbarr's survived a serious test of their credentials when they defeated Éire Óg in the quarter-final of Bon Secours Cork PSFC at Pairc

A Dohenys 4, BÉAL ÁTHA'N GHAORTHAIDH 4, Bandon 3, O'Donovan Rossa 1,

B St Michaels 6, Knocknagree 4, Kiskeam 2, Bishopstown 0,

C Mallow 6, Fermoy 4, Clyda 2, Bantry Blues 0 Relegation: Bishopstown 1-16 Bantry Blues 1-9 – Bantry relegated

Quarter finals: Béal Áth'n Ghaorthaidh 0-15 Clyda Rovers 0-11

Semi Finals: Béal Átha'n Ghaorthaidh 2-10 Mallow 4-14, St Michaels 1-14 Dohenys 0-15

Final: Mallow defeated St Michaels. Relegation: Bantry Blues

Béal Áthan Ghaorthaidh 0-15 Clyda Rovers 0-11

AN inspired second-half display helped Béal Áthan Ghaorthaidh past Clyda Rovers and into the SAFC semi-finals. The Gaeltacht Mhuscraí side were made to work for victory but they were deserving winners.

Clyda led 0-7 to 0-6 at half time.

Clyda inspirational leader, Paudie Kissane was given a black card in the early stages of the second half, and Béal Átha got five points in a row in the ten minutes he was off the pitch.

Aindreas Ó Coinceannain got a pair from long range, Donagh Seartan, Liam Seartan, Leonard Ó Conchùir and Diarmuid Mac Tomáis all scored and Béal Átha led 0-14 to the 0-9 for Clyda at the midway stage of the second half. Another Ó Loinsigh score extended their advantage. Clyda

Uí Chaoimh.

They led by 0-11 to 0-10 when Brian Hayes saw red in the 43rd minute and when Daniel Goulding pointed the resultant free to level the sides for the fourth time going into the water break, the 2018 champions' race seemed in serious danger.

However subsequently the 'Barrs were phenomenal in defence, Ian Maguire took over at midfield, and they outscored their Mid-Cork rivals by 1-5 to 0-1 in the closing period, giving a brilliant team performance with Steven Sherlock unmarkable up front.

Éire Óg started really well and points from Daniel Goulding, Jack Murphy, Goulding again and Dylan Foley for Éire Óg saw them lead by 0-4 to 0-1. Joe Cooper and Kevin Hallissey slotted over from play before a 45 from Goulding gave them a 0-7 to 0-1 lead after 13 minutes, Crucially, St Finbarr's managed a brief rally before the water break with two scores and a four-point deficit didn't seem as intimidating. Barrs were much improved in the

Senior A Football

reduced the deficit to four points but they were reduced to 14 men late on and Béal Átha prevailed. Scorers for Béal Áthan Ghaorthaidh: D Seartan 0-4 (0-1 f), C Ó Loinsaigh 0-3, A Ó Coinceannáin (f), L Seartan, L Ó Conchúir 0-2 each, B Seartan (f), D MacTomáis 0-1.

Béal Átha'n Ghaorthaidh: D Ó Coill; J Ó Donnchú, E Ó Duinnín, C Ó Nuanáin; S Ó Tuama, M Ó Riordáin, L Ó Críodáin; A Ó Coinceannáin, C Ó Duinnín; D Seartan, L Seartan, A Ó Loinsigh; B Seartan, L Ó Conchúir, C Ó Loinsigh.

Subs: D MacTomáis for L Shorten (42), N Ó Laoire for A Ó Loinsigh (55), D Ó Ceallacháin for B Shorten (60), S Ó Luasa for Ó Tuama (60).

Mallow 4-14 Béal Áthan Ghaorthaidh 2-10

Mallow goal scoring power saw them past Béal Átha'n Ghaorthaidh at Páirc Uí Chaoimh.

Mallow took a first-minute lead but Béal Átha'n Ghaorthaidh levelled with an Aindrias Ó Coinceannain free, and on 11 minutes Ben Seartan finished well past the Mallow goalkeeper. Séamas Ó Tuama opened up a four-point lead 1-2 to 0-1, but Mallow were far stronger after the water break. A point either side of the break had left only two points between the teams and they took the lead from a penalty, 1-3 to 1-2. Twice Béal Átha levelled, points from Ó Coinceannain and Ó Loingsigh 1-4 each, but Mallow finished the half strongly. A two-point advantage became five in the second minute of injury time when wing-back Stephen

second quarter but Éire Óg matched them with points from Goulding and Jack Murphy, before two late 'Barrs points left the city side only two behind at the break, 0-9 to 0-7.

On the restart, Barrs drew level and then went in front from a Sherlock 45. Points were exchanged Rian O'Flynn for the Ovens men, Barrs had a man red carded and Éire Óg drew leval from the free. The Togher men were the dominant side in the final period however.

Scorers for Éire Óg: D Goulding 0-6 (0-1 '45, 0-4 f), J Murphy 0-2, Joe Cooper, K Hallissey, D Foley and R O'Flynn 0-1 each.

Éire Óg: Chris Kelly; Dermot O'Herlihy, John Mullins, Conor McGoldrick, Michael Corkery, John Cooper, Diarmuid Dineen; Ronan O'Toole, Jack Murphy; Joe Cooper, Colm O'Callaghan, Kevin Hallissey; Dylan Foley, Daniel Goulding, Rian O'Flynn. Subs: Brian Hurley 52, Donncha Kelly 57.

O'Callaghan found the Beal Átha net, 2-6 to 1-4 the half time score.

In the opening minute of the second half, Béal Átha'n Ghaorthaidh went close to a second goal but Mallow struck back and led 2-9 to 1-5 with five minutes. Béal Átha now had three points in a row but then Mallow struck for two further goals just before the water break, led by 4-9 to 1-8, and had effectively decided the contest despite a second Béal Átha goal on 51, this one from Diarmuid MacTomáis. Mallow matched Béal Átha scores in the closing period to proceed to their second consecutive final appearance, having lost last year to Éire Óg.

Scorers for Béal Átha'n Ghaorthaidh: B Seartan 1-3 (0-1f), A Ó Coinceannain 0-4f, D Mac Tomáis 1-0, C Ó Loinsigh 0-2, S Ó Tuama 0-1.

Béal Átha'n Ghaorthaidh: Darren Ó Coill; Ciarán Ó Nuanáin, Éanna Ó Duinnín, Seán Ó Donnchú; Seamas Ó Tuama, Matt Ó Riordáin, Liam Ó Críodáin; Aindrias Ó Coinceannain, Cian Ó Duinnín; Donagh Seartan, Liam Seartan, Amhlaoibh Ó Loinsigh; Ben Seartan, Leonárd Ó Conchúir, Conchúr Ó Loinsigh.

Subs: Diarmuid Mac Tomáis 33, Eoin Ó Coill 35, Seán Ó Luasa 39, Nollaig Ó Laoire 48, Dara Ó Ceallacháin 52.

Premier Intermediate Football

Piarsaigh 2

A Kanturk 6, NAOMH ABÁN 4, MACROOM 2, St Nicks 0 B CILL na MARTRA 6, Nemo Rngrs 4, Rockchapel

2, St Vincents 0

C Aghada 5, Newmarket 3, Castletownbere 2, Na

Relegation: St Vincents 2-11 St Nicks 1-7 – St Nicks relegated Quarter Finals: Naomh Abán 0-10 Newmarket 1-16 Semi Final: Cill na Martra 0-7 Newmarket 2-7: Kanturk 1-8 Aghada 1-7 Final: Newmarket v Kanturk Relegation: St Nicholas– relegated



Newmarket 1-16 Naomh Abán 0-10

Newmarket were deserving victors over Naomh Abán in the Bon Secours Premier IFC quarter-final at Millstreet. Newmarket gaining a better return in attack, started well as Naomh Abán waited to the 14th min to open their account, Danny O'Ceallaigh with a point from a free. Newmarket enjoyed a 0-10 to 0-3 commanding lead at the interval.

Naomh Abán came back into contention on the restart with pointed frees by Dermot Ó Ceallaigh but Newmarket regained control and availed of their chances to the maximum. Though Naomh Abán responded with points from Dermot Ó Ceallaigh and Darragh Ó Laoire, Newmarket held a firm grip on the proceedings and settled the outcome with a cracking goal from Ryan O'Keeffe. Naomh Abán had three late points as they battled to the finish.

Scorers for Naomh Abán: Dermot Ó Ceallaigh 0-4 f, D Ó Laoire 0-3, Danny Ó Ceallaigh 0-2 f, C Ó Críodáin 0-1.

Naomh Abán: Finlay Walker; Tomás Ó Cathán, Chris Ó Deasúna, Aodha Ó Catháin; Eanna Ó Críodáin, Tomás Ó hAilíosa, Colm de Ròiste; Conor Ó Críodáin, Dara M Ó Loinsigh; Diarmuid Ó Ceallaigh, Piaras Ó Liatháin, Micheál Ó Liathain; Darragh Ó Laoire, Danny Ó Ceallaigh, Jamie MacGiolla Bhríde. Subs: J Ó Mathuna (h-t, A Ó Luasa 46.

Newmarket 2-7 Cill na Martra 0-7

Newmarket continue to cause surprises as they are through to the final following a decisive victory over Cill Na Martra in a fiery Bon Secours PIFC semi-final at Glantane.

This was a tough intense battle fought tooth and nail and two Newmarket goals in the first quarter were vital to the success of the Duhallow men.

Cill Na Martra wing back Seán Ó Foirréidh punched an early lead point, Newmarket equalised and county player Dan Ó Duinnín regained the lead for

A Mitchelstown 4, AGHABULLOGUE 4, Glanmire 4, Kildorrery 0

B Kilshannig 6, Adrigole 2, Glanworth 4, Glenville 0,

C IVELEARY 6, Millstreet 4, St Finbarrs 2, Kinsale 0 D Gabriel Rangers 2, Dromtarriffe 4, BALLINORA 2, Ballydesmond 4

Relegation: Kinsale relegated

Quarter Finals: Uibh Laoire 5-12 Glanworth 0 - 12; Dromtarriffe 0-10 Aghabullogue 1-13

Semi Final: Iveleary v Aghabullogue Final: Iveleary v Mitchelstown

Aghabullogue 1-13 Dromtarriffe 0-10

Aghabullogue led at the half way mark by 0-7 to 0-4.

On the restart, Dromtariffe reduced the deficit by a point but Aghabullogue then struck for the only goal of the game in the 35th minute, Ian BarryMurphy the scorer. Points followed from Jack Murphy and a Mathew Bradley free and Aghabullogue had gained the advantage they needed, Cialan O'Sullivan matched a Dromtariffe point and at the water break, Aghabullogue led the Muskerry men. Cill na Martra now conceded two rapid-fire goals. Initially, Kevin O'Sullivan placed O'Keeffe to show a clinical touch to blast home. Newmarket were handed a further massive boost, O'Sullivan, again the instigator to set up Barry O'Connor with the easiest of tasks for the Duhallow men lead 2-1 to 0-3 at the initial water break.

Cill na Martra landed much-needed points from Ó Foirréidh and Mike Ó Deasúna yet the initiative remained with Newmarket, who led 2-6 to 0-5 advantage at the interval.

The tempo dropped on the resumption with just three scores recorded, Brosnan landing Newmarket's solitary effort. For their part, Cill na Martra never put enough pressure on the deficit, their hopes ended by the dismissal of Máirtín Ó Conchúir (black card), Tadhg Ó Corcora, Noel O'Leary and Danny Ó Conaill in an untidy finish.

Cill na Martra: D Ó Duinnín 0-2 (0-1 f), S Ó Forreidh 0-2, M Ó Deasúna, A Ó Cuana, C MacLochlainn 0-1 each.

Cill na Martra: Antóin Ó Conaill; Antóin Ó Cuana, Graham Ó Mocháin, Danny Ó Conaill; Seán Ó Foirréidh, Nollaig Ó Laoire, Tadgh Ó Corcora: Colm MacLochlainn, Gearóid Ó Goillidhe: Micheál Ó Deasúna, Daniel Ó Duinnín, Maidhchí Ó Duinnín; Damien Ó hUrdail, Ciarán Ó Duinnín, Shane Ó Duinnín. Subs: Criostóir Ó Meachair ht, Fionnbarra Ó hEaluithe 42, Finéin Ó Faoláin 48, Martin Ó Conchúir 53, Dean Mac Cárthaigh 56.

Macroom 1 – 11 St Nicholas 1 – 7

For the second year in a row Macroom footballers have failed to make the knock out stages of the Bon Secours Hospital Premier Intermediate championship but are relieved to have avoided any relegation dog fight after this dour battle in pouring rain at Oven s. Macroom dominated the opening twenty minutes, St Nick's falling back and defending in numbers and allowing the Mid Cork men limitless possession out the field. Macroom led by 0-6 to 0-1 at the water break but in the second guarter, the city side came more out of defence and Macroom led by 0-8 to 0-5 at half time after dominating for long periods in the half. Within minutes of the resumption, the teams were level when Nicks had a goal and they took the lead in the 40th minute from a free. Alan Quinn kicked an equaliser for Macroom, St Nicks regained the lead in the 47th minute, 1-7 to 0-9 now, but Macroom then struck for the goal they badly needed. Blake O'Gorman carried the ball nto the Nick's goalmouth, Johnny Murphy kicked it across the face of the goal and Patrick Lucey was on the spot to guide it over the line and restore the lead for the winners.

Macroom finished well, defending in depth, holding possession and making few errors. Alan Quinn's point in the 55th minute left three points between the teams and deep in added time Seán Kiely removed all doubt about the outcome when he kicked over a 14m free to assure Macroom of victory and bring the curtain comes down on their season.

Scorers: Macroom: P Lucey 1-1, F Goold 0-3 (0-2f), A Quinn 0-2, C O'Sullivan, D Goold, D Horgan, B O'Gorman, S Kiely (f) 0-1 each. St Nicks: R Long 1-4 (0-3f), S O'Callaghan, D Brosnan and D Dunlea 0-1 each.

Macroom: Brendan O'Connell: Jack O'Riordan, Michael Cahill, Rory Buckley: Tony Dineen, Sean Kiely, Blake O'Gorman: Cillian O'Donovan, David Horgan; Patrick Lucey, Michael Cronin, Alan Quinn: Conor O'Sullivan, Fintan Goold, David Goold. Subs: Ethan O'Gorman 9, Mark Corrigan and John Murphy both 38, Don Creedon 43, Ger Angland 55.

Intermediate A Football

by 1-10 to 0-8. In the final period, Aghabullogue retained control and with points from Mathew Bradley, David Thompson from a free and then from play, they emerged six point winners.

Aghabullogue: John Buckley: Conor Smith, Seán O'Sullivan, Paudie Twomey: Jack Murphy, Adam Murphy, Shane Tarrant: Billy Casey, Evan O'Sullivan: Pádraic O'Sullivan, David Thompson, Denis Quinlan: Cialan O'Sullivan, Mathew Bradley, Ian BarryMurphy. Subs: Paul Dilworth, Brian Dineen, Niall BarryMurphy, Mike Sullivan, Aodán Healy.

Iveleary 5-12 Glanworth 0-12

Iveleary gave another impressive display against Glanworth in the Cork IAFC quarter-final.

Chris Óg Jones was in red hot scoring form again, with a total of 2-8 in what was a devastating and clinical performance from the Muskerry men who are now heading into a semi final meeting with Mid Cork rivals Aghabullogue.

Iveleary 3 – 14 Aghabullogue 1 – 5 Iveleary, County Junior Champions 2020 have now qualified for the Bons Secour Health System Intermediate A football championship final in their first season up and have been displaying superb form on their campaign trail. After emerging unbeaten from their group they made light work of disposing of Glanworth and on a bright Saturday afternoon at Kilmurry they were clear winners over Mid Cork rivals Aghabullogue, themselves county finalists only three years ago when they lost to Cill na Martra.

Scorers: Iveleary: C Óg Jones 1-4 (0-2f), C O'Leary 1-3, B Cronin 1-2, C Vaughan 0-3 (0-2f), B O'Leary and L O'Sullivan 0-1 each. Aghabullogue: N BarryMurphy 1-0, M Bradley 0-4 (0-2f, 0-1mark), I BarryMurphy 0-1.

Iveleary: Joseph Creedon; Daniel O'Riordan, Finbarr McSweeney(Jnr), Barry Murphy; Kevin Manning, Seán O'Leary, Ciarán Galvin; Declan Kelly, Ciarán O'Riordan; Brian Cronin, Cathal Vaughan, Barry O'Leary; Conor O'Leary, Chris Óg Jones, Ian Jones.

Subs: Donal Cotter 51, Liam Kearney 51, Seánie Lehane, Seán O'Riordan, Lar O'Sullivan.



lveleary 0-20 Mitchelstown 0-7

Iveleary footballers will remember 2021. They started the year as a junior team and now finish the year as a Premier Intermediate side having won the delayed 2020 junior county championship and then progressing like a hot knife through butter in the 2021 Intermediate A grade to deservedly win another title and gain further promotion, all in the space of less than six months. Iveleary defeated Midleton on June 19th in the 2020 JFC, then Kilmacabea and Boherbue to take the Junior

County Final

crown in early August. In the Intermediate A championship Iveleary have beaten St Finbarrs, Millstreet, Kinsale, Glanworth, Aghabullogue and now Mitchelstown in their meteoric rise to the top. Inspired by Chris Óg Jones (0-8) and Cathal Vaughan (0-5), Iveleary led 0-7 to 0-5 at the short whistle, and they put the issue well and truly beyond doubt with their spectacular second-half showing.

Scorers for Iveleary: C Óg Jones 0-8 (0-2 f), C Vaughan 0-5 (0-1f), B O'Leary 0-3, J Creedon (45), C

Galvin, B Cronin and I Jones (0-1 each).

Iveleary: Joe Creedon; Daniel O'Riordan, Finbarr McSweeney, Barry Murphy; Kevin Manning, Seán O'Leary, Ciarán Galvin; Darren Kelly, Ciarán O'Riordan; Brian Cronin (Capt), Cathal Vaughan, Barry O'Leary; Conor O'Leary, Chris Óg Jones, Ian Jones.

Subs: Liam Kearney 48, Donal Cotter 54, Seánie Lehane 56, Shane Galvin 59, Mick Lucey 62.

2022 Mid Cork Junior A Football

Mid Cork Quish SuperValu Ballincollig

Junior A Football League

Group 1:

Final Table: Kilmurry P5 W5 Pts 10: Aghinagh P 5 W4 Points 8: Dripsey P5 W2 Pts 4: Béal Átha'n Ghaorthaidh P5 W4 Pts 4: Cill na Martra P5 W1 Drew 1 Pts 3: Grenagh P4 W0 D1 Pts 1. Group 2:

Final Table: Canovee P6 W5 D1 Pts 11: Éire Óg P6 W4 D1 Pts 9: Inniscarra P6 W4 Pts 8: Clondrohid P6 W3 Pts 6: Kilmichael P6 W2 Pts 4: Donoughmore P6 W1 Pts 2: Ballincollig P6 W1 Pts 2.

League semi-finals: Semi finals: Kilmurry 1-8 Éire

Ross Oil Junior A Football Championship

2021 Champions: Aghinagh (Ballincollig) 1st Round (Winners name first)

Aghinagh v Grenagh: Ballincollig v Béal Átha'n Ghaorthaidh: Kilmurry v Kilmichael: Éire Óg v Cill na Martra: Canovee v Inniscarra: Clondrohid v Donoughmore

2nd Round (Knock out):

Kilmichael 2-10 Donoughmore 0-11: Inniscarra 1-10 Béal Átha'n Ghaorthaidh 1-7 Grenagh 1-9 Cill na Martra 0-11

Kilmichael 2-10 Donoughmore 0-11

An early goal from Shane Foley and a point from a Chris O'Connell free got Kilmichael off to a good start at Carrigadrohid, and they led by 1-5 to 0-6 at the interval, Shane Foley, Chris O'Connell 2 and Peter Kelleher kicking over the points. The game was level at 1-6 to 0-9 at the three-quarter stage, Kilmichael then went three points clear with Danny Twomey, Peter Kelleher and Chris O'Connell scoring and a late goal from a C O'Connell penalty settled the outcome.

Kilmichael: Shane Masters: Ronan Murphy, Eoghan Murphy, Seán Buttimer: Kieran Murphy, Finbarr Buckley, Conor Cotter: Finbarr Dromey, Chris O'Connell: Andrew Kelleher, Cathal Foley, Tom Downey: Danny Twomey, Shane Foley, Peter Óg 1-7, Canovee 3-16 Aghinagh 1-8 Final: Kilmurry v Canovee

2022 Ross Oil Mid Cork Junior A Football Championship

New Format: Four groups, Group 1 has 4 teams, 3 teams in other groups. Top two teams in each group to progress to quarter final stage.

Group 1: Kilmurry v Clondrohid at Macroom Fri July 15th , 7.30pm

Kilmichael v Dripsey at Rusheen, Sat July 16th , 7.30pm

Looking back to 2021

Kelleher. Subs: Alan Harrington, Darragh Foley, Shane O'Donoghue and Alan McCarthy.

Inniscarra 1-10 Béal Átha'n Ghaorthaidh 1-7 Inniscarra led by 1-3 to 0-0 after 12 minutes, Aaron O'Raw the goal scorer, but a goal from Seán Ó Coill for Beal Átha just before half time cut their lead to two points, 1-5 to 1-3. The gap remained all through the second half and a late point for Inniscarra from a Dominick Kelleher free gave them a three-point winning margin.

Inniscarra: Dominick Kelleher: Cathal, Griffin, David Coughlan, Jack O'Dwyer: Colin O'Leary, Eric Baxter, Sean Quinlivan: Marc Nagle, Seán Leisk: Shane Buckley, Seán O'Donoghue, Aaron O'Raw: Jack Hayes, Shay Dineen, Liam Collins. Subs: Danny O'Herlihy, Frank Horgan, Ethan Piggott, Oisín O'Brien, John O'Brien, Liam O'Connor, Liam Nelligan.

Béal Átha'n Ghaorthaidh: Gearóid Ó Muirthille: Barra Ó hOrgáin, Micheál Ó Tuama, Enda Ó Luasa: Peatrsaí Ó Tuama, Nollaig Ó Duinnín, Seán Ó Duinnín: Eoin Ó Coill, Gavin Ó Laoire: Eoin Ó Laoire, Tadgh Ó Laoire, Dara Ó Ceallacháin: Seán Ó Coill, Seán Ó Muineacháin, Brian Ó Duinnín.

Grenagh 1-9 Cill na Martra 0-11

An early goal from Liam Walsh prove to be the decisive score in this encounter played in wretched weather conditions at Coachford. It separated the teams at first water break and enabled Grenagh to

Group 2: Éire Óg v Cill na Martra at Annahala, Sunday July 17th, 7.30pm and Canovee Group 3: Grenagh v Donoughmore, at July 16th at

Ballyanley, 7.30pm: and Ballincollig

Group 4: Aghinagh v Inniscarra at Coachford, Friday July 15th 7.30pm: and Beal Átha'n Ghaorthaidh Sat July 23rd: G1 Clondrohid v Dripsey at Cill na Martra 7.30pm

G3 Ballincollig v Grenagh at Blarney 7.30pm Sun July 24 G4 Aghinagh v Béal Átha'n Ghaorthaidh at Annahala 4pm

G1 Kilmurry v Kilmichael 7pm (venue open) G2 Canovee v Éire Óg at Coachford 7pm

be leval at half time, 1-5 to 0-8. Three points from Ultan Duggan in the third quarter had Grenagh a point in front, 1-8 to 0-10, at the water break and a winning point from Michael O'Riordan in the 60th minute when the sides were level got Grenagh

over this hurdle. Grenagh: Cathal Cronin: Peter McSweeney, Seamus Cronin, Alex Kiely: Kevin O'Neill, Niall Doherty, Liam O'Donovan: Michael Walsh, David Coleman: Paul BarryMurphy, Liam Walsh, Shane Dorgan: Chris Buckley, Ultan Duggan, Dara O'Shea.

Cill na Martra; Jamsie O'Conaill: Eoghan Ó Céilleachair, Pádraig Ó Críodáin, Donagh Ó Riordáin: Eoin MacLochlainn, Liam Ó Loinsigh, Ciarán Ó Loinsigh: Fionnbarra Ó hEaluithe, Alan Ó Mocháin: Seán Ó Cróinín, Trevor Ó hEaluithe, Colm Ó Laoire: Eoin Ó Conaill, Dean MacCarthaigh, Daithí Ó Céilleachair. Subs: Stiofáin Ó Conaill, Pádraig Ó hAodha.

Quarter Finals:

Ballincollig 1 – 19 Clondrohid 1 – 17 aet: Canovee 3-15 Kilmichael 0-7

Aghinagh 0-15 Kilmurry 2-9 aet, Aghinagh win 4-2 on penalties

Éire Óg 1-10 Grenagh 0-6

Aghinagh 0–15 Kilmurry 2–9aet (Aghinagh win 4-2 on penalties)

Aghinagh and Kilmurry served up a wonderful evening's entertainment under lights at the Castle Grounds Macroom in the quarter final of the



Ross Oil Mid Cork Junior Football championship. Normal time and extra time could not separate the teams and so it all came down in the end to the penalty shoot-out and here Aghinagh were flawless with their shooting and their goalkeeper Jason McCarthy made diving saves from two of the Kilmurry efforts to break the stalemate and send Aghinagh into the semifinal and a meeting with Éire Óg. Kilmurry were very much understrenght starting. Kilmurry started well and had Aghinagh under pressure. Tomás Collins opened the scoring with a point after five minutes, Dave McCarthy had another two minutes later and he then pointed a free in the 12th minute, 0-3 to nil. As the scoring rate dried up, it was still 0-3 to nil at the water break on 18 minutes. On the restart, Aghinagh enjoyed a bright spell and TJ Buckley opened their account in the 20th minute after a strong run forward by Dave Barry, Micheál Horgan blasted another just over the bar and in the 25th minute the teams were level when Liam Twohig pointed a free. Tomás Collins put Kilmurry back in front but Micheál Horgan levelled matters once again, 0-4 each at half time. James O'Mullane and Liam Twohig swapped points, Liam Wall kicked Kilmurry back in front, Liam Twohig replied with a smashing score to level on 40. Twohig now put Aghinagh in front for the first time from a very difficult free and inspirational Donal Corkery put them two points clear, 0-8 to 0-6 in the 43rd minute and there were no further scores up to the water break.

Kilmurry's Dave O'Halloran and Evan Carroll now came into the fray and the latter pointed from a 'mark' in the 52nd minute, Richard O'Sullivan restored the two-point difference three minutes later but then as the clock ticked on, Kilmurry struck for what could have been the killer blow. Tomás Collins lofted a sideline ball into the packed Aghinagh goalmouth and Marco Healy and Liam Wall managed to force the ball over the line. Aghinagh got a last chance to level matters from a free way out on the right and Liam Twohig held his concentration and composure to drive the ball over the Kilmurry bar and send the game into extra time, 1-7 to 0-10 the score.

Kilmurry got the perfect start to the extra twentyminute period with a goal from James O'Mullane but the winners did not crack however, Gearóid O'Sulllivan had a point after four minutes in reply and then Liam Twohig kicked over two superb points to level matters, 2-7 to 0-13. Aodh Twomey inched Aghinagh ahead with a point but Liam Wall levelled for Kilmurry before the interval at 2-8 to 0-14. Liam Twohig managed to kick another super point from a free out on the left before Kyle Kelleher temporarily rescued Kilmurry with an equalising last-minute point after a Tomas Collins '45' fell short. With the score at 2-9 to 0-15 it was time for a five-penalty shoot-out to decide the winners.

In the penalty shoot-out, each side scored from their first two efforts, Aghinagh went in front on the third and when Jason McCarthy saved Kilmurry's third and Aghinagh scored their fourth, Kilmurry had to score to stay in contention but McCarthy saved again and Aghinagh took the honours with the fifth penalty not being required.

Scorers: Aghinagh: L Twohig 0-8 (06f), M Horgan

0-2, TJ Buckley, D Corkery, R O'Sullivan, G O'Sullivan and A Twomey 0-1 each. Penalties: 1 G O'Sullivan, 2 R O'Sullivan, 3 L Twohig 4 D Ambrose.

Kilmurry: Js O'Mullane 1-1, M Healy 1-0, T Collins, L Wall and D McCarthy (0-1f) 0-2 each, E Carroll (mark), K Kelleher 0-1 each. Penalties: 1 T Collins 2 P Berhanu

Aghinagh: Jason McCarthy; Eoghan McCarthy, David Barry, John lynch: Donal Corkery, Luke O'Leary, Declan Ambrose: Mathew McCarthy, Michael O'Brien: Seán Kelleher, Liam Twohig, T J Buckley: William Coakley, Gearóid O'Sullivan, Michael Horgan. Subs introduced: Donagh O'Riordan, Richard O'Sullivan, Aodh Twomey, Tadgh Sheehan.

Kilmurry: Stephen O'Donoghue: Gearóid O'Mahony, Fionn Warren, Mark Dromey: Brian Hinchion, William Ronan, Kyle Kelleher: Paudie Hinchion, Liam Wall: Tomás Collins, Lawrence Asling, Sean Curzon: Paudie O'Connell, Dave McCarthy, Pádraig Berhanu. Subs introduced: James O'Mullane, Marco Healy, Dave O'Halloran, Evan Carroll, Kevin Barrett.

Referee: John Ryan, Macroom

Ballincollig 1 – 19 Clondrohid 1 – 17 aet

It was a cold, damp late afternoon at Rusheen for this Ross Oil Mid Cork Junior football championship quarter final but after a slow start, the teams produced a marvellous second half and extra time was fascinating, banishing all thoughts of winter weather from spectators who were treated to a smashing championship contest, fast, sporting and honest, with the outcome uncertain to the finish. Ballincollig prevailed because they availed of their chances better than an equally hard battling Clondrohid side did. Still, it was hard luck on a young promising Clondrohid side to lose out after such a brave effort.

Ballincollig led by 0-8 to 0-5 at half time, a situation which did not flatter them.

Within a minute of the restart Darren Dineen had the ball in the Ballincollig net, the teams were level and the game was intriguing from there to the finish. Ciarán O'Leary pointed a free to put Clondrohid in front for the first time, Ballincollig lost a defender for ten minutes to a black card. Shane Creed from a free doubled the Clondrohid advantage, Darren Dinneen raise the gap to three points but Ballincollig came back to equality when Cathal Quirke was on hand to force the ball over the line in the 42nd minute for a vital goal. Points were exchanged, Ciarán O'Leary edged his side in front, Eoin O'Reilly levelled and fellow effective substitute Stephen Wills put Ballincollig in the lead. Shane Creed levelled, Jordan O'Connor and Seán Dore gave 'the Village' a two point lead by the 52nd minute, 1-13 to 1-11.

Three points in a row from Ciarán O'Leary, Darren Dineen and Fergal Kelleher had Clondrohid back in front coming down the home straight and when Clondrohid were awarded a penalty the decision of Ciarán O'Leary to take a point and open up a two point gap seemed a reasonable one with only three minutes remaining. However, there was time enough for Ballincollig to battle back and points from Stephen Wills and corner back Chris Twomey brought them level at 1-15 each and forced the game into extra time.

Ballincollig with points from Jordan O'Connor and two from Stephen Wills led by a point at the last break, 1-18 to 1-17, Clondrohid replying with two points from Daren Dineen. In the final ten minutes the super sub–Stephen Wills kicked another point to open up a two-point gap and Clondrohid just could not get the scores on the board to get back into contention as players were suffering from cramps after their all-out exertions.

Scorers: Ballincollig: C Quirke 1-1, S Wills 0-5, J O'Connor 0-5 (0-1mark), H Ahearne and O Dorgan 0-2 each, L O'Connell, E O'Reilly, S Dore and C Twomey 0-1 each. Clondrohid: D Dineen 1-6 (0-1f, 0-1 mark), C O'Leary 0-5 (0-3f, 0-1pen), S Creed 0-3 (0-2f), S O'Riordan, F Kelleher and J O'Connell 0-1 each.

Ballincollig: Shane Hogan: Pádraig Harrington, Shane Buckley, Chris Twomey: Seán O'Donoghue, Jason O'Connor, Mattie O'Sulllivan: Seán Dore, Callum Sheehan: Liam O'connell, Jordan O'connor, Harry Ahearne: Cathal Quirke, Dylan Ebili, Olan Dorgan. Subs: Eoin O'Reilly, Stephen Wills, Adam Wills, Dylan Kirstein, Robbie Bourke.

Clondrohid: Alan Duggan: Shane Dineen, Brian Corcoran, Fionn Heffernan: John O'Connell, Mark Creed, Callum O'Shea: Stephen O'Riordan, Seán Desmond: Darren Dineen, Ciaran O'Leary, J K Long: Shane Creed, Fergal Kelleher, George Lowrie. Subs: Cathal Creedon

Referee: Dave Murnane, Macroom

Semifinals:

Aghinagh 0 – 12 Éire Óg 0 – 7 Ballincollig 0-17 Canovee 2-11 aet. (Ballincollig win 4-1 on penalties).

Aghinagh 0-12 Éire Óg 0-7

Aghinagh won through to their fifth Ross Oil Mid Cork Junior Football championship final after a well-deserved semifinal victory over Éire Óg at Coachford. On the form they have displayed over the past couple of weeks in disposing of the challenge of pre-season favourites Kilmurry, and now a strong Éire Óg side, they will not be without hope of making history.

Scorers: Aghinagh: L Twohig 0-6 (0-4f), M Horgan 0-2, D Ambrose, S Kelleher, T J Buckley, A Twomey 0-1each. Éire Óg; L Sheehan 0-4 (0-2f), F O'Rourke, S O'Driscoll, J Dineen (f) 0-1 each.

Éire Óg: Richard Scally: Cillian Sheehan, John Kelleher, Ross McCarthy: Denny Murophy, Fionn O'Rourke, Mark Kelleher: Matt Brady, Liasm Murophy: David Kirwin, Hugh Murphy, Donncha Kelly: Sam O'Driscoll, Liam Sheehah, Kevin Cooper. Subs: Graham Moynihan for L Murphy 46, Daniel Cotter for R McCarthy 49, John Dineen for K Cooper 51, Cathal Mullins for F O'Rourke 58

Ballincollig 2 – 11 Canovee 0 – 17 aet (Ballincollig win 4-1 on penalties)

Ballincollig created a major surprise at a sunny Cloughduv when they defeated Canovee in the semifinal of the Ross Oil Mid Cork Junior football championship to advance to a unique final pairing with Aghinagh. Ballincollig have a very young side, all good footballers, and they forced the pace in this game from the start. Canovee were twice



rescued by scoring goals, both smashing scores, but in the penalty shoot-out their goal scoring ability deserted them and flawless shooting by the Ballincollig kickers had the contest decided after four kicks. It was a fair outcome but Canovee did not avail of some glorious scoring opportunities during the game and will be haunted by the memory of some of their misses.

In the penalty shoot-out, Eoghan O'Reilly, Jordan O'Connor, Stephen Wills and Callum Sheehan were all on target in succession for Ballincollig, James Moynihan, their opening kicker, the only Canovee

2022 Mid Cork Quish SuperValu Ballincollig Junior A Football League

Semi finals: Kilmurry v Éire Óg, Canovee v Aghinagh

Group 1:

Final Table: Kilmurry P5 W5 Pts 10: Aghinagh P 5 W4 Points 8: Dripsey P5 W2 Pts 4: Béal Átha'n Ghaorthaidh P5 W4 Pts 4: Cill na Martra P5 W1 Drew 1 Pts 3: Grenagh P4 W0 D1 Pts 1. Group 2:

Final Table: Canovee P6 W5 D1 Pts 11: Éire Óg P6 W4 D1 Pts 9: Inniscarra P6 W4 Pts 8: Clondrohid P6 W3 Pts 6: Kilmichael P6 W2 Pts 4: Donoughmore P6 W1 Pts 2: Ballincollig P6 W1 Pts 2.

2022 Ross Oil Junior Football Championship

Group 1 has 4 teams, 3 teams in other groups.

Aghinagh 1-12 Ballincollig 0-9

History was made under lights at the Castle Grounds Macroom when Aghinagh won their first ever Ross Oil Mid Cork Junior Football title after a smashing game of football to which Ballincollig making a significant contribution. Aghinagh were appearing in their fifth ever final and all that agony of the past was forgotten as the new champions got off to a fine start, led by four points at the half way mark, survived a severe onslaught in the third quarter and put in a great last ten minutes to romp home in style with their huge and vocal support driving them on to victory.

Whenever this victory will be recalled then the name of Liam Twohig will be foremost in the minds of anyone present. The centre forward scored no less than 1-11 of his sides tally, 1-4 from play, and his goal was a gem. It came after six minutes, Twohig and Gearóid O'Sullivan combining in the right corner to release Twohig for a clear shot at goal but at a tight angle, and the ball hit the far corner of the Ballincollig net before anyone could move. It gave Aghinagh a four-point lead, and kept their noses in front at many stages subsequently when Ballincollig threatened to get on top. Another star marksman to find the net, Ballincollig goalkeeper Shane Hogan stopping two shots.

Scorers: Ballincollig: S Wills 0-6 (0-3f), L O'Connell 0-3, J O'Connor 0-2, D Ebili, O Dorgan, S O'Donoghue, C Sheehan, F Denny, E O'Reilly 0-1 each. Canovee: E Dodd 1-2, J Moynihan 1-0, M Healy 0-8 (0-5f, 0-1mark), C Dodd 0-1.

Ballincollig: Shane Hogan: Pádraig Harrington, Shane Buckley, Fenton Denny: Sean O'Donoghue, Jason O'Connor, Mattie O'Sullivan: Sean Dore, Liam O'Connell: Stephen Wills, Jordan O'Connor, Henry Ahearne: Chris Twomey, Dylan Ebili, Olan Dorgan. Subs: Cathal Lyons, Robbie Bourke, Callum Sheehan, Eoin O'Reilly.

Canovee: Cormac O'Driscoll: Patrick Buckley, Blake Ring, William Ahern: Michael Dunne, Denis O'Sulllivan, Evan Dodd: Eoin Moynihan, Aidan Murphy: Kieran Walsh, James Moynihan, Liam Kelleher: Paul Healy, Mark Healy, Jack Kelleher. Subs: Conor Dodd, Eoghan Lehane, Daire Ring, Seán O'Connor Referee: Ted Hayes, Éire Óg

Pts 7: Ballincollig P5 W3 Pts 6: Kilmichael P5 W2

D1 Pts 5: Cloughduv P5 W1 Pts 2: Iveleary P5

Group 1: Inniscarra v Donoughmore at Blarney

Group 2: Aghabullogue v Kilmichael at Cloughduv

Sat July 30th 7.30pm: Grenagh v Cloughduv at

Group 3: Iveleary v Éire Óg at Annahala, July 31st

on

2022 MJK Oils Junior

Ballincollig on Sat July 30th, 7.30pm,

at 5pm: Ballinora v Ballincollig at Ovens

Sunday July 31st : and Blarney

Aug 1st, Monday Aug 1st

Hurling Championship

nor,

W0 Pts 0.

Group 1: Kilmurry v Clondrohid at Macroom Fri July 15th , 7.30pm

Kilmichael v Dripsey at Rusheen, Sat July 16th , 7.30pm

Group 2: Éire Óg v Cill na Martra at Annahala, Sunday July 17th, and Canovee

Group 3: Grenagh v Donoughmore, at July 16th at Ballyanley, 7.30pm: and Ballincollig

Group 4: Aghinagh v Inniscarra at Coachford, Sunday July 17th 7.30pm: and Beal Átha'n Ghaorthaidh

2022 Mid Cork Cumnor Construction Junior A Hurling League

Group 1:

Table: Donoughmore P4 W3 Pts 6: Grenagh P4 W2 Pts 4: Blarney P4 W2 Pts 4, Inniscarra P4 W2 Pts 4. Aghabullogue P4 W1 Pts 2. Group 2:

Table: Ballinora P5 W5 Pts 10: Éire Óg P5 W3 D1

2021 Ross OIL Mid Cork JF Final:

performer for Aghinagh was wing back Declan Ambrose who has been a constant leading light for the past decade and other experienced players like Dave Barry, Donal Corkery, Michael O'Brien, Gearóid O'Sullivan, Seán Kelleher all stepped up to the mark on this occasion.

Aghinagh led by 1-2 to 0-2 at the water break on 17 and by 1-5 to 0-4 at the half way mark, all their scores coming from Twohig.

The third quarter saw Ballincollig begin to gradually gain control and Aghinagh were only two points in front, 1-7 to 0-8 and by no means in a secure position at the final water break.

Aghinagh finished this game in the style befitting champions. Liam Twohig was fouled in the 51st minute and pointed the resultant free and the teams went at it hammer and tongs to the delight of the spectators. Aghinagh showed great composure in this period and worked very hard to keep possession and Twohig pointed a free in the 57th minute to open up a four point gap at last. It was a vital score, Aghinagh continued to defend magnificently and finished out the game with Twohig scoring from play, then from a free and when Stephen Wills scored a Ballincollig point from a close range free, Twohig kicked over his 11th point to a rapturous reception from the excited Aghinagh supporters who gave full vent to their joyous feelings when the final whistle sounded.

Scorers: Aghinagh L Twohig 1-11 (0-7f), M Horgan 0-1. Ballincollig: S Wills 0-6 (0-5f), L O'Connell, D Ebili and J O'Connor 0-1 each.

Aghinagh: Jason McCarthy: Donagh O'Riordan, Dave Barry, John Lynch: Donal Corkery, Luke O'Leary, Declan Ambrose: Gearóid O'Sullivan, Michael O'Brien: Mathew McCarthy, Liam Twohig, Richard O'Sullivan: Seán Kelleher, Micheál Horgan, T J Buckley. Subs: Aodh Twomey 38, Tadgh Sheehan (blood 55-59).

Ballincollig: Shane Hogan: Pádraig Harrington, Shane Buckley, Chris Twomey: Jason O'Connor, Fenton Denny, Mattie O'Sullivan: Seán Dore, Liam O'Connell: Seán O'Donoghue, Jason O'Connor, Henry Ahearne: Stephen Wills, Dylan Ebili, Callum Sheehan. Subs: Robbie Bourke 35, Olan Dorgan 48, Eoin O'Reilly 53, Adam Wills 58. Referee: Dave Murnane, Macroom



HURLING: 2022 Co-Op Superstores County Senior Hurling Championship

Colleges/Divisions - Group 1

Muskerry 0-19 Avondhu 3-18 Avondhu secured their place in the Co-Op Superstores Cork Premier SHC Divisions/Colleges preliminary round final against Duhallow at Donoughmore. Avondhu got on top approaching half time and wind-assisted, were in control during the second half.

After the teams had been level six times, James Magner's 23rd minute goal turned the contest in favour of Avondhu. In the ten-minute run up to half time they outscored the mid Cork side 1-4 to two points and led 1-11 to 0-9 at the break.

Muskerry, who were without Sean O' Donoghue who was ill, had been competitive early on and made a couple of changes at the interval.

It was, however, Avondhu that restarted emphatically with Stephen Condon finding the net in the 34th minute to push the advantage to eight points and two minutes later the outcome was settled when Jack Twomey swooped after Muskerry goalkeeper James Linehan initially saved from Magner.

The match, more or less, petered out from there to the finish. Despite their best efforts, the closest Muskerry could get to their opponents was seven points, Brian Keating, David Kirwan, Shane Tarrant along with Seamus Cronin, David O'Keeffe and Kevin Murphy raising flags.

Scorers for Muskerry: S Tarrant 0-6, (0-4 f), B Keating 0-4, (0-2 f), D Kirwan 0-3, J Mannix, M Walsh, A O'Shea, S Cronin, D O'Keeffe and K Murphy 0-1

each.

table

Aghabullogue v Aghada

Muskerry: James Linehan (Ballincollig); Fenton Denny (Ballincollig, Capt), Bryan O'Mahony (Inniscarra), John Kelleher (Éire Óg); Eoin Clifford (Cloughduv), Seán Sheehan (Inniscarra), Aidan Murphy (Cloughduv); David Kirwan (Éire Óg), Brian Keating (Ballincollig); Alan O'Shea (Ballinora), Jason Mannix (Cloughduv), Shane Tarrant (Aghabullogue); Cian O'Driscoll (Ballincollig), James Dwyer (Ballincollig), Mark Walsh (Cloughduv). Subs: Seamus Cronin (Grenagh) (ht), Kevin Murphy (Ballinora) (h-t), Darren Coakley (Éire Óg) 35, David O'Keeffe (Inniscarra) 40, Rory Murphy (Kilmichael) 56.

2022 Red FM Cork County Hurling Leagues

Group2A: Blarney: P8 W3 D 2 Pts 8 (3rd in table) Latest: Kildorrery 0-19 Blar 1-19 Group 2B: Ballincollig P 9 W7 Pts 14 (1st in the table),

Inniscarra P9W6D1Pts13 (2nd in table) Éire Óg P9 W6 pts 12 (Joint 3rd in table)

				<u> </u>
Latest: Inniscarra	4-11	Valley	Rovers	0-22,
Ballincollig 5-16 Ma	ayfield '	1-16		
Custor 2A. Askalas			D+- 1 D	D

Group 3A: Aghabullogue P7 W6 Pts 12 - 2nd in table

Group 3B: Dripsey P7 W2 Pts 4 - 7th in table

2022 Premier Senior Hurling Championship

Group A – Midleton, Douglas, Kanturk, Newtownshandrum. Group B - Glen Rovers, Erins Own, Na Piarsaigh, Bishopstown. Group C - Sarsfields, Blackrock, St Finbarr's, Charleville.

Senior A Hurlina

Group A – Newcestown, Mallow, Cloyne, Fermoy. Group B – Fr O'Neill's, Blarney, Killeagh, Courcey

Rovers. Group C - Carrigtwohill, Bride Rovers, Ballyhea,

Ballymartle.

Premier Intermediate HC:

Group A: Castlelyons, Carrigaline, Éire Óg, Watergrasshill.

Group B: Bandon, Valley Rovers, Youghal, Inniscarra. Group C: Ballinhassig, Kilworth, Castlemartyr, Ballincollig. Intermediate A HC:

Group A: Aghada, Midleton, Lisgoold, Blackrock. Group B: Cloughduv, Aghabullogue, Douglas, Dungourney.

Group 3C: Cloughduv P6 W4 Drew 1 Pts 7-2nd in

Group 3 Quarter finals: Castlemartyr v Cloughduv;

Group C: Sarsfields, Mayfield, Kildorrery, Meelin. Premier Junior HC:

Group A: Kilbrittain, Milford, Barryroe, St Finbarr's. Group B: Ballygarvan, Argideen Rangers, Dripsey, Ballygiblin.

Group C: Glen Rovers, Tracton, St Catherine's, Russell Rovers.

2022 Mid Cork Cumnor Construction Junior A Hurling League

Group 1:

Table: Donoughmore P4 W3 Pts 6: Grenagh P4 W2 Pts 4: Blarney P4 W2 Pts 4, Inniscarra P4 W2 Pts 4. Aghabullogue P4 W1 Pts 2.

Group 2:

Table: Ballinora P5 W5 Pts 10: Éire Óg P5 W3 D1 Pts 7: Ballincollig P5 W3 Pts 6: Kilmichael P5 W2 D1 Pts 5: Cloughduv P5 W1 Pts 2: Iveleary P5 W0 Pts 0.

Semi Finals: Grenagh w/o Ballinora conceded: Éire Óg 2-17 Donoughmore 1-13

League Final: Grenagh 1-14 Éire Óg 1-12

Grenagh won the Muskerry Junior Hurling League title at Blarney after a very close and exciting final. The teams were very evenly match and were level for the third time in the 25th minute at 0-3 each, Cathal Sheehan 2 and Jack Sheehan for Éire Óg, Michael White and David Coleman from two frees for Grenagh. Grenagh had been reduced to 14 men at this stage but Coleman pushed them in front, Peter McSweeney added a point, Cathal Murphy replied for the Ovens men and David Coleman pointed another free to leave Grenagh leading by 0-6 to 0-4 at half time.

Twice points were exchanged on the restart, 0-8 to 0-6 after 35 minutes but then Éire Óg also were reduced to fourteen men with the dismissal of a forward. David Coleman pointed a free to leave a three-point gap between the teams and increased this to four in the 47th minute, again from a free. Jack Sheehan pointed for Éire Óg, Seamus Cronin replied but then Éire Óg struck for a David Casey goal to narrow the gap to a single point. Back came Grenagh with three points in a row. Éire Óg struck back with a brace, 0-14 to 1-9. The Grenagh goal from Ultan Duggan in the 55th minute was the vital score as it left Éire Óg with a five-point deficit to overcome and although they bravely battled on and fired over three points in a row, they were still two adrift at the final whistle. A late, late, effort from a free went whizzing inches wide of the upright as Grenagh survived.

Grenagh: Donal Ryan: Morgan McSweeney, Kelvin Cummins, Alex Kiely: Peter McSweeney, Paul BarryMurphy, Liam Walsh: Ted Twomey, Kevin O'Neill: Ultan Duggan, Seamus Cronin, Christopher Buckley: Sean Joyce, Michael White, David Coleman. Subs: Darragh Kenny and Brian Walsh.

Éire Óg: Conor Keane: David Sheehan, Cathal Mullins, Kevin Cooper, Ross McCarthy, Mark Kelleher, Seamus Lordan: Keith Riordan, Jerome Kelleher: David Casey, Oisín O'Shea, Brian Kirwan: Cathal Sheehan, Jack Sheehan, Cathal Murphy. Subs: Éoin Lyons, Joseph Kelleher, William McCarthy and Cormac Buckley.

2022 MJK Oils Mid **Cork Junior Hurling** Championship

Group 1: Inniscarra v Donoughmore at Blarney Sunday July 31st : and Blarney

Group 2: Aghabullogue v Kilmichael at Cloughduv Sat July 30th 7.30pm: Grenagh v Cloughduv at Ballincollig on Sat July 30th, 7.30pm,

Group 3: Iveleary v Éire Óg at Annahala, July 31st at 5pm: Ballinora v Ballincollig at Ovens on Aug 1st , Monday Aug 1st





Canovee who defeated Inniscarra in the Mid Cork Junior football championship at Coachford



Macroom team who lost to St. Aban's, in the PIFC (Pic. NÓRA UÍ LUASA)



Kilmurry 2021



Cill Na Martra PIFC 2021



Aghinagh who completed the 2021 Mid Cork double by winning the Quish SuperValu Ballincollig Mid Cork Junior A Football league, defeating Canovee in the final





Uibh Laoire/Iveleary - Cork County Junior A Football Champions 2020 and Cork County Intermediate A Football Champions 2021



Kilmichael U-12 team who recently played a blitz in Macroom (C. Kelleher)



Macroom, U-12 team who recently played a blitz in Macroom (Macroom had two teams). (C. Kelleher)



Aghinagh U-12 team who recently played a blitz in Macroom (C. Kelleher)



Board delegates who attended the launch of the Muskerry GAA championships' programme at Cloughdubh. Picture: Mike English



Representatives of the clubs taking part in the Farho Heating Under 21 A and B hurling championships photographed with Ed Warren, Vice Chairman, at the launch of the Muskerry GAA championship programme at Cloughdubh GAA. Picture: Mike English



Vice Chairman, Ed Warren, with representatives of the clubs participating in the Rochestown Park Hotel Junior C Football Championship at the launch held at Cloughdubh GAA. Picture: Mike English



"Portugal" winners of Rusheen N.S. Soccer World Cup

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SNIPPETS | DIARY

We are pleased to publicise Lee Valley functions, fundraisers, sports events etc. in this fortnightly Diary. We may include commercial events that are also being advertised simultaneously in the magazine. Back issues of the Lee Valley Outlook at www.macroom.ie

AGHINAGH GAA:

Aghinagh G.A.A.Lotto Results 27th June, 2022 The jackpot was €2,500.00. The numbers drawn were 9, 16 and 23. There was no jackpot winner. Consolation prizes: €50.00 to Eoin & Maura O'Riordan, Derryroe. €20 each to Emily Cremin, Ballyvongane (Online Winner); Eoin & Liz McCarthy, Knock; Ned Hubbard, Incheale; Ann O'Sullivan, Rusheen. Aghinagh G.A.A.Lotto Results 4th July, 2022

The jackpot was €2,650.00. The numbers drawn were 17, 27 and 34. There was no jackpot winner. Consolation prizes: €50.00 to Florence and Olivia O'Driscoll, Bawnmore. €20 each to John MacSullivan, Carrigagulla, Ballinagree; John & Anne McSweeney,

Knock; Denis Twohig, Horsemount, Ballinagree; Seamus O'Leary, Dromduve.

RCPA (RYLANE COMMUNITY PARK ASSOCIATION) LOTTO RESULTS:

Monday June 27th 2022 RCPA (Rylane Community Park Association) Lotto results: Winning numbers: 10, 15 & 27. Jackpot - €1,500

No winner.

Lucky Dips: Thady Delaney (Coachford); Mags O'Brien (The Chipper, Coachford); Joe Barrett (Rylane - yearly ticket); Mick Healy (Aghabullogue - online). Seller's prize: Theresa Dennehy (Rylane).

Next week's Jackpot will be €1,600.

Monday July 4th 2022. RCPA (Rylane Community Park Association) Lotto results:

Winning numbers: 27, 36 & 39. Jackpot - €1,600 No winner.

Lucky Dips: Sarah Dennehyy (Rylane); Nathan & Leon Kelleher (Rylane); Mary & Connie Buckley (Rylane -

yearly ticket); Triona Dineen (Peake - online). Seller's prize: Crowleys (Rylane). Next week's Jackpot will be €1,700.

Deadline: Monday before publication. Email: leevalleyoutlook@macroom.ie

MACROOM GAA: 28 June 2022

No Winner - €70.Maureen O'Grady, Mountmassey, Macroom. €20. Ciaran Mc Crory, The Hermitage, Macroom. €20. Chris Cronin, 25 Ros Alainn, Macroom. €20. Rory Mc Elroy, Dooniskey, Lissarda. €20. Marion O'Leary, The Orchard, Macroom. €20. Helena & Steph Kelly, 7 Pairc Ui Mhurithe, Macroom..

05 July 2022

No Winner - €70. Ann O'Driscoll, Lyroe, Ballinagree. €20. Denis Quinlan, Umera, Macroom. €20. Murt Kelleher, Codrum, Macroom. €20. Mary Mc Sweeney, Chapel Cross, Macroom. €20. Nora O'Shea, Mashanaglass, Macroom. €20. Mary Lehane, Glen Park, Macroom. Next Week's Jackpot - €7000.



Coachford Eucharistic Procession

MEP KELLEHER ASKS WHETHER PROFIT MARGINS AT ELECTRIC IRELAND ARE BEING MAINTAINED DESPITE PRICE HIKES

Fianna Fáil MEP Billy Kelleher has said that Electric Ireland must confirm if their proposed electricity and gas price hikes include a profit margin for the company.

Kelleher was commenting after the company announced 29% and 11% increases in gas and electricity prices respectively due to international energy markets fluctuations.

Electric Ireland provides electricity to over 40% of residential customers.

"Obviously, companies, if their wholesale prices are increasing, need to review their customer price rates. However, if these price increases include a high level of profit for the company, questions need to be asked by the Irish Government.

"At a time when consumers are seeing overall

inflation of over 9%, state-owned companies have an obligation, I believe, to do everything they can to lessen the burden on hard pressed consumers and families.

"Last year, ESB, the parent company of Electric Ireland, made a profit after tax of €266 million. The question today is should the company be operating and charging customers in such a way to maintain former profit margins?

"The Irish Government owns 95% of the company, with employees owning the remaining 5%. Energy Minister, Eamon Ryan should, I believe, direct the company to operate on a break-even basis for 2022 and 2023 to enable the company to lower prices for consumers.

"While I generally believe the State should leave

its semi-state enterprises to their devices, we are in an emergency

own

and families are hurting. Governments across Europe are coming up with new and innovative ways of addressing the energy cost crisis.

"France, for example, has decided to fund their main electricity provider, EDF, to keep their prices low. I also believe

there is a realisation at EU level that interventions of this nature are required to support families and consumers," concluded Kelleher.



The Sullane, Macroom Castle ruin, Macroom Bridge and Castle St. taken on a sunny July evening. (C. Kelleher).



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ED16 2022 **BROADBAND** Carriganima, Ballinagree and Clondrohid rural areas. No Eircom Line needed. Minimum speed 50 Mbps download. Free Survey www.ruralbroadband.ie Contact: 026 - 68546

FD14 2022 DRIVEWAYS Tarmacadam, driveways, roadways and yeards, Concrete, Stone Chips, Kerbs, All groundworks and Plant hire CONTACT DENIS LYNCH: 086 3584956

ED14 2022 HOUSEKEEPER WANTED Elderly couple. Macroom town. Duties: light housework and main meal preparation. 2 hours per day. Call: 086 - 8110260

ED14 2022 FOR SALE PURE POMERANIAN PUPS Contact: 087 - 3514550



ED14 2022

FOR SALE PURE BREED SPRINGER SPANIEL PUPS: Brown and white, easily trained.- €300 each. -Vaccinated and Chipped.- Macroom Area. Contact Con: 086-8502301



ED19 2022

CORK HOME MAINTENANCE.IE Painting, Plaster Repairs and more Contact John Coughlan: 087 7767553

FD14 2022

WANTED: PART TIME FARM WORKER For Dairy Farm in Tirelton/ Kilmurry area Call: 086 - 8567791

FD15 2022

FOR SALE LABRADOR PUPPIES - 8 Chocolate and 4 Black - well socialised and good with kids. Contact Noreen: 086- 3285282



ED14 2022

WANTED Sincere widowed lady early 60's looking to meet similar aged gentleman for social dancing, social outings with view to lasting relationship.

Call: 087 - 1858344

FD14 2022

FOR SALE 40 Bags of Beautiful Dry Hard Turf : only €160 delivered and Trailers of Beautiful Timber Firewood only €160 delivered Contact: 089:4805403



ED15 2022

WANTED CHILDMINDER/HOUSEKEEPER - COACHFORD:

Experienced childminder/housekeeper wanted for afternoons to care for two children, in their own home, starting late August. Call: Anne Marie 087 1203683 if you are interested.

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MEMORIALS AND REMEMBRANCE

FIRST ANNIVERSARY



In loving memory of THERESA BUCKLEY

4 Annville Macroom (Late of Ballinagree) who passed on July 14th 2021.

As we lovingly remember Aunty Theresa on her first anniversary, we her family would like to thank everyone who sympathised, sent mass cards, online condolences, who called to her home and helped in any way. A special thanks to her neighbours and friends who were so kind

to her especially Pat and Kathleen. Thanks to Fr Joe and priests of Macroom and Teddy the sacristan. Thanks to Fitgeralds funeral directors for their professionalism throughout and to Peggy Lynch for the beautiful singing. Please accept this acknowledgment as an expression of our gratitude. The Holy Sacrifice of Mass will be offered for your intentions.

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FIRST ANNIVERSARY



In loving memory of

Theresa Buckley

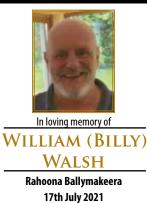
4 Annville Macroom (Late of Ballinagree) who passed on July 14th 2021.

A loving nature, a heart of gold, The very best this world could hold Never selfish always kind, These are the memories you left behind.



Sadly missed and always remembered from Sheila and Family

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



On the first anniversary of his death Billy is lovingly remembered by his wife Mari, daughter Aisling, sisters Anna Marie and Margaret, Sisters in law Bernie and Nuala and Nora brothers in law Gary, John and Currie and their extended families and his best friend Frank. We would like to extend or heartfelt gratitude to everyone who sympathized with us, those who sent Mass cards, perpetual enrollments letters of sympathy and online condolences and those who sent food and refreshments to the house. A special word of thanks to our kind neighbours, relatives and friends who supported us through those sad days. We will be forever grateful for your kindness and generosity. We would like to thank all those who paid their respects by calling to the house, stood on the roadside, gathered outside the church and at the gravevard for Billy's final journey. We would like to thank the staff in CUH who took such good care of Billy during the difficult covid times.

Words cannot express the gratitude we feel for the care given to Billy by the staff in Marymount Hospice. The empathy and respect they showed towards Billy and all the family made an awful situation a little easier. Thank you.

Thank you to Fr Joe who for saying prayers at the house and to Fr Micheal Corkery for the lovely funeral Mass and choir for the lovely singing.

Thank you to Cyril Casey and his team at Casey's undertakers for all their help, advice, and sensitivity during such a difficult time.

As it would be impossible to thank everyone individually, please accept this notice as a token of our appreciation. The Holy Sacrifice of the Mass will be offered for the intentions of all.

> And think of him as living In the hearts of those he touched For nothing loved is ever lost And he was loved so much



Always remembered by his heartbroken family.

Billy's anniversary Mass will be held in St Gobnaits Church Ballyvourney on Sunday 17th July at 11.30 am.



Colman's Park, Macroom Who died on 23rd July 2021

As we lovingly remember Bob on his first anniversary, we his daughters, Jackie, Caroline, Denise, son Paul and extended family, would like to express our sincere gratitiude to those who helped and

supported us with our sad loss. We extend heartfelt thanks to everyone who attended the funeral services, those who sent Mass cards, enrolments, letters of condolence and floral tributes.

We greatly appreciate each and every act of kindness shown by our wonderful neighbours and friends, and everyone who lined the road on Dad's final farewell. Also special thanks to Macroom Soccer

Club for their guard of honour. We would like to thank Fr. Roberts for celebrating such a beautiful Mass and to Michael Bradley for the beautiful singing. To the doctors and staff at CUH for the care

they gave Dad in his final hours. Also to the staff of Sullane Family Practice

and Care Choice. A special thanks to Fitzgeralds Funeral Directors for their kindness and

professionalism. To the management and staff of Super Valu and Dunnes Stores for their kindness

and generosity. As it would be impossible to thank everyone individually we hope this acknowledgment will be accepted by all

as a token of our appreciation. No length of timecan takeaway Our thoughts of you from day to day. Though absent you are always near



Still loved, still missed, still very dear.

Thinking of you always Dad Jackie, Caroline, Denise, Paul and families.

1st anniversary Mass willtake place on Saturday 23rd July in Macroom Church at 7.30pm.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



JEREMIAH KELLEHER Coolnacaheragh Ballyvourney/

London Who died on 4th July 2021

As we lovingly remember Jerry on his first anniversary, we would like to thank all those who supported us with our sad loss.

We would like to thank family and friends and all those who offered condolences, sent mass cards, phoned and helped us in any way.

Special thanks to Pat and Amie Kelleher who brought Jeremiah's ashes home for his recent burial in Ballyvourney.

We would like to thank Fr John McCarthy for celebrating such a beautiful ceremony.

We would like to thank Cyril and all at Casey's funeral directors for their advice and professionalism.

Please accept this acknowledgement as a token of our deep gratitude to you all.

Memories are special, They don't fade away, We think of you often, Especially today.

Ъ

May he Rest in Peace

Noreen, Ellenor and Con

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **TOM**

For Prices Contact Des: 087 659 3427

MEMORIALS AND REMEMBRANCE

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



JEREMIAH (JEROME) HEALY Gurrane, Carriganima, Macroom. Who passed away 14th July 2021.

We hold you close within our hearts, And there you shall remain, To walk with us throughout our lives Until we meet again. So rest in peace Dear loved one, And thanks for all you've done, We pray that God has given you The crown you've truly won. So go in peace, you've earned your sleep, Your love, in our hearts, we'll eternally keep.

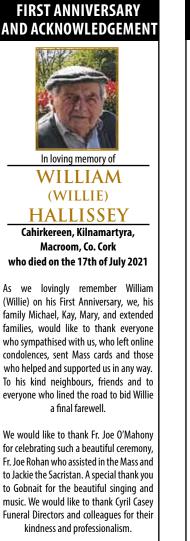
We would like to express our sincere gratitude to relatives, friends, neighbours, doctors and nurses who helped and supported us, in our sad loss. We would like to thank all those who

offered condolences, sent Mass cards, sent flowers, phoned and offered us help in any way. It would be impossible to thank everyone individually, please accept this acknowledgement as an expression of our deepest gratitude.

> Always in our thoughts, Forever in our hearts

> > የ

Your wife Bridie, Dermot, Michael, Julie, Declan, Brendan and their families Not a day goes by that we don't think of you Dad. xxxx



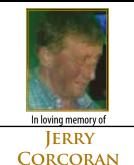
We wish to thank Willie's Home helpers, Dr. John O'Riordan and all his friends in Cois Cille.

As it would be impossible to thank everyone individually, please accept this acknowledgement as an expression of our deepest gratitude.

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Willie's First Anniversary Mass will be in St. Lachtain's Church, Kilnamartyra on Saturday 23rd July 2022 at 8pm.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



1 Coolcower Court, Macroom and late of Kilmurry, Lissarda Who died 22nd July 2021

As I lovingly remember my beloved husband Jerry on his first anniversary. I his wife Catherine, would like to thank sincerely everyone who sympathised with me in person, left messages of condolences on RIP.ie, sent Mass cards and offered their kindness and support to me. I would like to thank sincerely Dr Ken Harte for all his support and kindness to Jerry during his illness.

I would like to thank the team of doctors and nurses at Marymount and CUH for all the care they gave Jerry during his illness. I wish to thank Fr Donal Roberts for saying rosary prayers at the house and Fr Bernard O'Donovan for celebratiing Jerry's funeral Mass, also Ann O'Callaghan for preparing the church and the singing.

To O'Mahonys Funeral Directors for the professionalism and kindness throughout the funeral.

I wish to thank the management of Alida System, especially Gerard for giving me the support and time I needed during Jerry's illness and after his death.

To everyone who stood at the roadside to bid farewell to Jerry on his final journey to Kilmurry. I wish to thank relatives, neighbours and friends who visited my home.

As its impossible to thank everyone please accept this acknowledgment as a token of my gratitude.

ዮ

Always remembered by his loving wife Catherine.

PRAYER TO THE BLESSED VIRGIN



O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein vou are my Mother (Make request). O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Say this prayer for 3 consecutive days and then publish it and request will be granted to you. This prayer must be published in thanksgiving for favours received. TOM

6th ANNIVERSARY



In loving memory of PADDY JOE MURPHY

Ballyvourney / Ardeen Clondrohid Who died on 26th July 2016

Everyday memories of you come our way. Those of you who think of Paddy Joe today say a little prayer to Jesus.

የ

Sadly missed and always remembered by your loving family.

Full Column: €70

Regular Column: €35

Pravers: €15 each

MEMORIALS LEE VALLEY OUTLOOK IMPORTANT NOTICE

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MEMORIALS AND REMEMBRANCE

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT

In loving memory of

(NEE O'LEARY)

Died 16th July 2021. RIP.



As a celebration of our mums life, Sheila s anniversary Mass will be celebrated at St John the Baptist Church in Canovee on Saturday 27th August 2022 which would have coincided with her 90th birthday.

As it would be impossible to thank everyone individually, we hope that this acknowledgement will be accepted as a token of our sincere thanks and gratitude. The holy Sacrifice of the Mass will offered for the intentions of all.

Eventhough our Mum was just one month shy of her 89th birthday it was a very sudden parting hardest part of all was not being able to say "Goodbye".

We little knew that morning that God was going to call your name, In life we loved you dearly, In death we do the same, It broke our hearts to lose you, You did not go alone, for part of us went with you the day God called you home. You left us peaceful memories, your love still our guide, And though we cannot see you, You are always by our side. Our family chain is broken and nothing seems the same, but as God calls us one by one the chain will link us again.

attending. We wish to thank Cannon Bernard O'Donovan for administering the last rites and for his homily, Fitzgeralds Funeral home for their professionalism especially Billy for your support. A sincere thank you to our true friend 'Thomas' who helped us throughout, we are forever grateful, to the gardai and Dr Moloney for tending to our mum at short notice. Also Dr Burke whom our mum visited

throughout her lifetime. A very special thank you to our Sacriston 'Nuala' who had the church lovely and welcoming and who led the rosary so dignified and devout, to 'Martina' for your beautiful singing and memorable hymn at the graveside and for the beautiful flower arrangements.

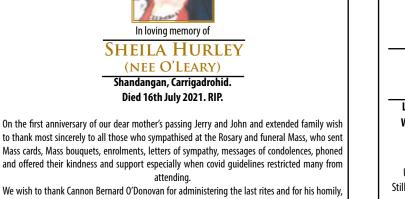
Thank you to all those who did readings, prayers of the faithful, gave wreaths, and those who helped with shouldering and the grave diggers. A very special thank you to 'Liam' who always have the graveyard looking immaculate at Bawnateampeall and also to those who tends to the graveyard at Moviddy where our Dad 'Humphrey' is at rest and also to stonemason 'Tony' who cleans the headstones and kerbside.

A very sincere thank you to the nurses and staff at the Sullane Practice where our mum attended regularly especially 'Siobhan' and PHN 'Kay', also the staff at the Dressing Clinic at the Victoria Hospital and Mercy Hospital. A very special thank you to 'Noel' who was always at hand when a lift was needed. We are forever grateful.

A very sincere thank you to our wonderful neighbours that called to visit those who brought home baking, buns, cakes, and dinners. A very sincere thanks to those who called to visit Mam and Dad on a regular basis, they always looked forward to your next visit, especially to "Angela' and 'Linda' for your continued support, our neighbours in Farnanes and our true friends and carers who continue to help us along our journey. We are forever grateful.

A very special mention to all our mums lifelong friends from The Irish Country Market where she loved displaying her home baking, homemade jam, homemade butter, and vegetables from her garden, Canovee Historical Society whom she was treasurer and so much enjoyed the outings to various places, The ICA, her great friends as a waitress and her relatives abroad for your kindness shown. We wish to thank Mai Fitz s who accommodated us by opening and provided a lovely meal offered to everyone who attended the funeral Mass.

and especially for her adored grandchildren Mary and Joseph who miss their 'Na Na' dearly, and the

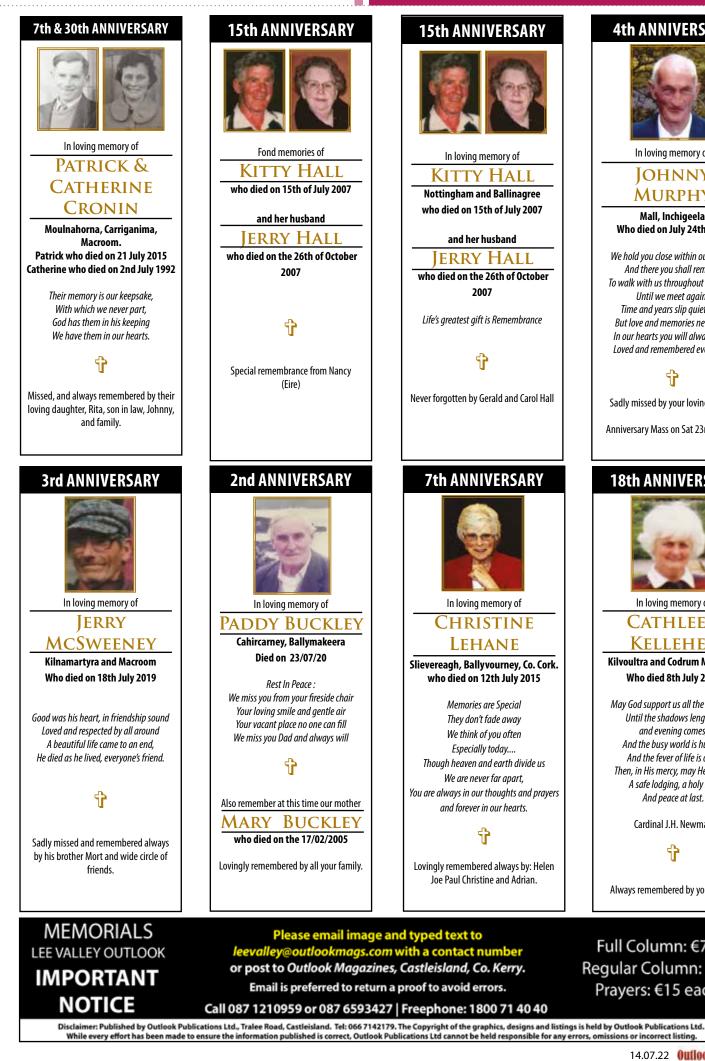


this prayer three times for three days and your favour will be granted. Never

known to fail. Must promise publication of prayer.

For Prices Contact Des: 087 659 3427

MEMORIALS AND REMEMBRANCE



4th ANNIVERSARY



In loving memory of

Ιοήνν Murphy

Mall, Inchigeela Who died on July 24th 2018

We hold you close within our hearts And there you shall remain, To walk with us throughout our lives, Until we meet again. Time and years slip quietly by, But love and memories never die, In our hearts you will always stay, Loved and remembered every day.

የት Sadly missed by your loving family.

Anniversary Mass on Sat 23rd @7pm.

18th ANNIVERSARY



In loving memory of CATHLEEN

Kelleher

Kilvoultra and Codrum Macroom Who died 8th July 2004

May God support us all the day long Until the shadows lengthen and evening comes, And the busy world is hushed And the fever of life is over. Then, in His mercy, may He give us A safe lodging, a holy rest And peace at last.

Cardinal J.H. Newman

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Always remembered by your family

Full Column: €70 Regular Column: €35 Prayers: €15 each

14.07.22 Outlook

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MEMORIALS AND REMEMBRANCE



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