

St Gobnait's Shrine in Baile Mhúirne. See page 28 (Pic Peter Scanlan)







Get your makeup done with a purchase of a clarins product



A Chara,

We have a wonderful jam-packed edition this week, and lots of upcoming events.

Boom in the cards for Macroom

With the official opening of Páirc Uí Mhuirithe, County Council CEO Tim Lucey has said the town is in for a 'boom time'. With that in mind, it would be as good a reason as any to address the lack of before and after school care for working parents, the near at capacity child care facilities, lack of baby and toddler groups and to address the archaic single sex education, which is outdated and fuels gender inequality within our community.

Amalgamating and having a junior & senior primary would be a massive coup to the town with the added benefit of one singular uniform (a pet peeve of most parents). For mixed secondary schools you only need to look as far as East Cork school, Midelton College which is not only one of the top mixed feeder schools in the country but also has Sports Hall, Rugby pitches, All weather hockey pitch, Cricket grounds, Athletic facilities. A one stop shops& facilities for better education for both genders. Amalgamation's proposals can be brought forth by parents & board of managements of schools. It's all well and good to advertise Macroom as the next best thing, but if there aren't adequate child care facilities, if we aren't paying child care staff enough, if we have no before and after school care and we can't provide our children with equal education opportunities, then one could say Macroom doesn't make for an attractive place to raise kids and work at the same time.

New Kool Café

Rumors of a kool new kids café opening in Macroom are abounding and with any luck will be open soon! Congratulations to all involved, our teenagers have been crying out for a safe space for them to hang out. Now if only we could just sort out a skate park for them too!

McCarthys

The Instagram account Macroom today had some wonderful stories on McCarthys shop. The shop is decked out with a family tree on the façade and wonderful imagery in the window which is like a portal to the past! Definitely check it out.

How to submit articles, photos and more:

We welcome new submissions in the Lee Valley Outlook, don't be a stranger If you have an article, photo or story you wish to share, email: leevalleyoutlook@macroom.ie

If you are abroad, editions can be viewed online at: https://www.outlookmags.com/archives/leevallev-outlook/

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions will be published in the following edition. My role as editor is parttime, I am not always available to answer emails/ calls immediately, note there will be some delay in getting back to you. As always submissions as Gaeilge are always welcome too!

For Advertising email Des. E: des@outlookmags.com Mobile: 087 6593 427

Sarah Kate Murphy **EDITOR**



€5,500 raised for Climb with Charlie event organised by Macroom and District Lions Club

The Club's event on Mushera Mountain has raised a whopping €5,500 for IMNDA and Pieta. Macroom and District Lions Club members are delighted to announce the final amount raised by their Climb with Charlie event which took place on Saturday 2nd April on Mushera Mountain.

Charlie Bird's connections with Macroom inspired the local Lions Club to get involved in the nationwide Climb with Charlie initiative by providing a local event on Mushera Mountain. The Club members, all volunteers, were delighted to create such a special event which saw over 500 people take on Mushera Mountain on the day.

The Club was overwhelmed with how well the event was supported and the feedback from participants was hugely positive. The event was supported by many locals but it also attracted people from as far as Kildare, Dublin, Clare and from across Cork city and county. There was a beautiful sense of togetherness and many people who took part did so for very personal reasons, with many people carrying photos or memoriam cards of loved ones who had passed away from motor neuron disease or suicide. It was clear the two charities, IMNDA and Pieta, which Charlie Bird selected as beneficiaries for the initiative, are very close to the hearts of so many across the nation. Young and old took on the challenge of climbing Mushera in support of Charlie, the youngest 'walker' was just 9 weeks old and the eldest was a 76-year-old woman who had travelled especially



€5,500 raised for Climb With Charlie event organised by the Macroom and District Lions Club; Tony Kelleher, Siobhan O Dowd, Liam Walshe, Deidre Buckley, Martin Lucey and Declan Sheehan

for the event.

The final amount raised from the event has now been donated to the Climb with Charlie campaign and will benefit the two charities. Macroom and District Lions Club wish to thank everyone who got involved on the day and everyone who made a donation in support of the event. Photo taken at the base of Mushera Mountain. Left to right, Tony Kelleher, Siobhan O Dowd, Liam Walshe, Deidre Buckley, Martin Lucey, and Declan Sheehan showing the total amount raised.



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LEE VALLEY OUTLOOK



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FRED'S BAR, RYLANE, MACROOM, CO. CORK, P32 VY11

Killian Lynch Auctioneers are pleased to offer this pristine licensed premises with overhead living accommodation. The property which has C 1650 sq ft accommodation has been fully renovated over recent years with new roof, fully insulated, windows and an overall outstanding make over to make this a very attractive pub. There is a very large

hinterland for this pub to thrive and this property must be seen to be appreciated. Located centrally within the village center only C15 minutes from Macroom, C10 minutes drive from both Donoughmore & Aghabollogue, C.15 minutes from Goachford and C.25 minutes from Cork city. Ber C2

GUIDE PRICE: €300,000



NO.19 LIME TREES ROAD EAST, MARYBOROUGH, DOUGLAS, CO.CORK T12EWDO

Killian Lynch Auctioneers are pleased to offer this opportunity to acquire a 4 bedroom semi-detached house and garage in such a most sought after area, within walking distance of all local services and amenities. The property which comprises of c.1,300 sq.ft. living accommodation is in good condition throughout and comes with very large front and rear gardens. BER: D2 No. 114814122

GUIDE PRICE: €450,000



16 OAK BROOK, TANYARD WOOD, MILLSTREET, CO. CORK, P51 X8D4

Killian Lynch auctioneers are pleased to offer this well maintained 3 bedroom end townhouse which comes with front and rear landscaped gardens. The property which comprises of c.1,000 sq.ft. living accommodation is an ideal property for a first time buyer and is in pristine condition throughout. Located within walking distance of Milistreet town and c.45 minutes from Cork City. BER C2 107046484



GURRANE, CLONDROHID , MACROOM, CO. CORK Kilian Lynch Auctioneers are pleased to offer this level C.4.19-acre development site with full planning permission for 9 detached dwelling houses (planning ref 21/06250). This site which is gentle sloping is situated on the outskirts of Clondrohid village and only C.5 minutes' drive from Macroom town and the Macroom bypass interchange junction making this an accessible site. All the houses are two story and would be much sought after if offered for sale.

GUIDE PRICE: €300,000



37 SULLANE WEIRS, MACROOM, CO.CORK, P12T627 Killian Lynch Auctioneers are pleased to offer this 3 bedroom semi detached house with large front and rear gardens. The property which comprises of C1350 sq ft living accommodation is in good condition throughout and is located in a much sought after mature and private development only a 5 minute walk from Macroom town park and Castle Demesne. Macroom town centre is a C.15 minute walk with Cork and Killarney C.30 minutes drive. BER: (C3) 114831514

GUIDE PRICE: €270,000



10 NEW STREET, MACROOM, CO.CORK P12 EE02

Killian Lynch Auctioneers are pleased to offer this charming 4 bedroom townhouse situated only minutes walking distance from Marcoom town centre. Marcoom town park & castle demove. This property which comprises of C.920 sq.ft. living accomdation is in immaculate condition throughout and has a great benefit of having a rear vehicular access with large landscaped gardens. Berpending





ARDNACRUSHA, MACROOM, CO. CORK, P12WR26 Killian Lynch Auctioneers are pleased to offer this ideal opportunity to acquire a 3 bedroom residence on a large portion of quality land. The property which comprises of C.820 sq ft living accommodation is of stone construction with ample room for expansion if required. This property is very centrally located being only C.2km west of the Macroom bypass interchange junction, C 10 minutes from Millstreet &C 35 minutes from Cork city. BER: 6 (114874696)

GUIDE PRICE: €220,000



62 SILVERSPRINGS COURT, SILVERSPRINGS, TIVOLI, **CO.CORK T23 P6RH**

Killian Lynch Auctioneers are pleased to offer this spacious and very well maintained 4 bedroom townhouse with front and rear gardens. The property which is south facing comprises of c1,430 so, it. living accommodation is in pristine condition and is an ideal family home or starter home. The property is located within easy access of Cork Oty Centre and all surrounding services and amendies. BER: 01 (111528436)

GUIDE PRICE: €280,000



GORTHLOUGHERA, KILGARVAN, CO. KERRY, V93E276 Killian Lynch Auctioneers are pleased to offer this pristine 5 bedroom house stiatuted on C.0.5 are site with landscaped garders. The house is which comprises of C. 2300 sq ft living accomdation is an ideal finally home and is within walking distance of Kilgarvan village in a private setting C 10 minutes from Kenmare town and CSO minutes from Cork. BER C1 GUIDE PRICE: €330,000

GUIDE PRICE: €180.000



MACROOM UPDATES

Contact the Editorial Team: 026 - 42023 or Email: leevalleyoutlook@macroom.ie

MCEGAN COLLEGE:





McEgan College Bronze Gaisce hike; Aileen, Emer and Amy

McEgan College students painting Fairy Doors for the camp field

UCC links with McEgan College

McEgan is very lucky to be a linked school with UCC. The students benefit from the many programmes which UCC offer to McEgan including revision workshops for Leaving Certificate Physics Chemistry & Biology, Easter College Experience for TY students & UCC Plus awards for the 2nd year students. Easter School College experience introduces TY students to university life in the hope of encouraging and inspiring them to consider third level education. It allows students to engage with UCC staff on decisions around subject choice, course selection and career options. It gives students the opportunity to become acquainted with the range of degree programmes on offer, the campus and the host of services and supports available. The 2nd year UCCPlus awards are designed to encourage and celebrate the commitment the student has made to the subject throughout the academic year. This again is one of the excellent initiatives McEgan College is lucky to have been part of the UCC Plus Schools Programme

McEgan are very grateful to UCC for all the supports made available to them throughout the academic year as part of their UCC Plus Linked school's programme.

TY Success in Foróige Awards.

A big congratulations to our TY group who did so well in this year's Enterprise Module. All the TY Students should be very proud of their achievements, which were so well deserved from the hard work and dedication they put into the projects. The following are the awards they recently received: -

Local Enterprise Office

- Best Branding Award – Macroom Brown Bread Mix

- Best Innovation Award – "Sensational" – Sensory Board

- Best Social Media Award – Lee Valley Cordial The Lee Valley Cordial Company also got to the All-Ireland Semi-Final of the Business Innovation Competition sponsored by Foroige, while the Sensational Company were just pipped at the post in the All-Ireland Final of the Social Enterprise section. What a magnificent achievement by all our TY Students.

If that wasn't enough!! Anna, Sadhbh & Kate won

the All Ireland TIK-TOK Competition for the Best Social Media Production. This event took place in Youghal earlier in the year.

What a successful year it was for a fantastic group of students – Well done!!!! We are so proud of the hard work and effort these students put in over the year to achieve this success.

Congratlations to students from Room22 who were awarded Special Category from Local Enterprise Office for their project Hug In A Mug

Engineering as a career option: As part of the school policy on encouraging students to research a variety of career options, McEgan invites speakers from a variety of industry backgrounds to talk to our students about their career. On Thursday 12 May Mr. Tom Murphy an engineer and project manager from Green Rebel visited McEgan. Tom spoke about pathways to engineering as a career and his role in Green Rebel, which is involved in the offshore wind industry.

Leaving Certificate Students Graduation from McEgan: On Wednesday 18th staff and parents will gather in the assembly area to celebrate the completion of secondary school for our Leaving Cert and Leaving Cert Applied Students. It has been a pleasure to had them in McEgan college and watched them grow and be prepared for the next stage of their of their lives. It will be sad to say goodbye to them all. We wish them all well in the final few weeks of study and in the exams which start on the 8th June.

Transition from 6th Class to 1st Year in McEgan:

On Saturday the 14th of May, McEgan College held an Assessment Session for our incoming 1st Year students to support their transition from 6th class to 1st Year. All students received refreshments and engaged in some fun activities to introduce themselves to their new peers. Parents of our incoming students also met later in the morning where they got the opportunity to introduce themselves to one another and develop some positive relationships for the future. A huge thank you to Pat Relihan for providing sandwiches, cakes, teas and coffees for all"

Retirement Dinner for Mrs. Margaret Corkery

Present and former Staff of McEgan came out in style to celebrate with Margaret Corkery who retired as Deputy Principal on 31st August 2021. Due to the COVID restrictions the celebratory event was postponed until last week.

Margaret was accompanied by her husband Michael. A presentation of gift and flowers to Margaret from staff was made on the night. We wish Margaret a long and happy retirement with her husband Michael & sons John & Conor.



McEgan College students at Physics workshop in UCC

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MACROOM UPDATES



St Mary's Transition Years had their long-awaited Junior Cycle Awards

ATHLETICS

A great day was had on Tuesday the 10th of May for all of St Marys athletes, as they took part in the South Munster track and field Championships. We had three medal winners on the day. Saorlaith Murphy placed second in the intermediate shotput, Aoife Lucey scooped up third in the senior shotput and Saoirse Twomey also claimed bronze in the intermediate 3000m race. Our athletes took part in a wide range of events, everyone trying something new. The events we took part in were the 100m, 200m, 300m, 800m, 1500m, 3000m, shotput and long jump. The girls were superb and only marginally missed out in a place in the Munsters. The athletes who took part were as follows: Aoife Lucey, Lucia Duarte, Saorlaith Murphy, Fern Mullane, Emily Cronin, Leah Bradley, Saoirse Twomey, Cara O Brien, Katie Purcell, Daimhin McKenna, Isabelle O Driscoll and Kayla Casev.

COUNTY FINAL

St.Mary's Junior football team are playing the County Final next week against Mount Mercy College. The semi-final win in a sun-drenched Castle Grounds was a very strong team performance. There is a very dedicated panel of players who have had a great run this year and can hopefully go one step further next week. Best of luck to all involved.

SCHOOL BANK

Well done to our very self-motivated, hardworking school bank team – Cara Moloney, Shauna Lehane, Aoibhe Kelleher, Maeve Bradley and Karina Falvey who opened our school bank in school recently. The girls promoted their bank openings very effectively using both traditional and digital promotional methods. The girls opened a lot of accounts and educated their fellow students on the benefits of saving, the won €500 for their efforts. Well done girls.

END OF YEAR TRIP TO TAYTO PARK

Fifth years enjoyed an end of year trip to Tayto Park last Friday week. The rain didn't dampen their spirits and a fantastic day was had by all, with multiple rides on the infamous Cúchulainn rollercoaster for many of the girls! Thanks to Ms. Donovan, Mr. Burns and Johanna for accompanying the girls.

Transition Years had the end of year trip to Tayto Park last Thursday week. It was an early morning, leaving Macroom at 6am. The girls had a very busy day queueing for all the rides and roller coasters. The day was really enjoyable and it was a lovely way to mark the end of a very busy school year. Thank you to Ms Foley and Mr Galvin for traveling on the day with the girls.

1st YEAR MUSIC PERFORMANCE

We always encourage students to share their talents in St. Mary's and some of our first years, Aisling Lehane and Cara O' Brien very kindly brought in their instruments to perform for their class last week. The classes were learning about Irish Traditional Music and enjoyed the live performances of traditional tunes by their classmates. Maith sibh a chailíní!

BUSINESS AND LCVP VISIT TO STRYKER

On Thursday the 5th of May Ms Tobin and Ms O Donoghue took the 5th year Business and LCVP classes on a site visit to Stryker. This was a really educational activity for the girls as they got to see in reality business models that they had been learning about in class. They got to see different production processes in practice, they learned about Stryker's recruitment procedures and how they encourage intrapreneurship and much more. Thanks so much to Liam Linehan, Ger Donovan, Arnaud Auoustin, Dan Griffin and Karen Doyle for taking time out of their very busy schedules to spend time with our girls.

CONGRATULATIONS

Congratulations to Clodagh Murray who was a member of the Cork U14 A team who beat Down in the ALL-IRELAND Semi-final recently.

SEÓ BÓTHAIR

Tháinig bean ó Chonrad na Gaeilge chun na scoile ar an Luan. Bhí sí ag labhairt leis na daltaí i mbliain a 4 faoi thodhchaí na mionteangacha. Tá breis agus 7000 teanga ar fud an domhain ach ceaptar nach mbeidh ach 700 ar fud na cruinne i gceann céad bliana. Ón méid eolais a thug sí duinn, beidh an Ghaoluinn fós faoi lán tseoil faoin am sin, buiochas le Dia.

JC AWARDS

On Thursday 12th of May, Transition Years had



5th year students from St Mary's at Tayto Park

their long-awaited Junior Cycle Awards Ceremony where they celebrated their achievements over the 3 years of their Junior Cycle and received their Junior Cycle Profile of Achievement. The event started with a few speeches by the organising committee made up of Maeve Dromey, Meabh Murray, Blathín Lynch, Danielle O'Neill, Lily Murphy, Caoimhe Dineen, Ciara Lyons, Clodagh McDonagh and Natalia Raba. A presentation was made to Ms Jennifer Butler, who was their Year Head for 2nd and 3rd year before the celebrations kicked off. The afternoon was filled with fun including a slideshow showcasing key memories from 1st, 2nd and 3rd year, a photobooth station, a sweet table, ice cream and karaoke with incredible renditions of songs like Someone Like You and All Too Well. Thanks so much to Ms Foley for organising this lovely event for the girls.

PRESS PASS

On Tuesday May 10th, Lauren Barrett Melleney attended The Aviva Stadium with her mum, Emma, and two of her teachers, Miss de la Cour and Mr Collins, for the National PressPass journalism awards. With over 10,000 entries in this year's competition, we are very excited and proud to announce that Lauren received the third-place prize in the Sports Journalism category. Her witty and well-constructed article about the GAA and the various characters that can be found on match day was a huge hit with the judges and impressed special guests like Colm O' Reilly - Chairman of NewsBrands Ireland and Chief Executive of The Business Post as well as Minister for Tourism, Culture, Arts, Gaeltacht, Sport and Media, Catherine Martin. Congratulations to Lauren on this fantastic achievement! To be recognised at such a prestigious event is very exciting.



4th year students from St Mary's at Tayto Park

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MACROOM GIRL GUIDES

This weekend Guides all over Ireland

were out in their localities taking part in the national Move with Sinead 5 km.

Dr. Sinead Kane in the current Honorary Ambassador for Irish Girl Guides and challenged all our members to get out and get active.

Sinead is a Guinness World Record holder for being the first blind person to complete a Marathon on each of the seven continents, a feat which she completed in less than seven days and is the first Irish female to do the world marathon challenge. She is also an inspirational speaker and solicitor. Members of the Muskerry Area completed their walks in Ballincollig Regional Park.

Attached is a photograph of some of the Units.

MACEGAN SENIOR BRANCH

Three members completed their Adventure for the Bronze and Silver Gaisce Awards over three days. They planned their routes, which included walking parts of the Duhallow Way and completed over 50 kms in total. Their cooking skills kept them well fed and full of energy for the hike.

Hey jinks, run by the Joint Committee of Scouting and Guiding in Cork, was held in Farran Wood and as usual members of the MacEgan Unit were to



Macroom scouts; Aisling, Cal, Daniel, Gavan and Ewan pictured here with their Leaders; Rab, Barry and Deirdre, who won 1st place in the Plate competition

be found helping run some of the bases for the Brownies and Cubs who attended this event.

A relaxing evening was spent painting Fairy Doors which will be put up around our camp field at Caum. EPONA, the Equal Physics Opportunities Network in Academia, invited our Senior Branch members to a workshop to learn more about the promotion of equality of gender in the Physics Department in UCC and the great range of opportunities available to those who choose to study physics at third level. The two students gave a very enthusiastic presentation to the girls who then plied them with many questions on the course and the various paths that it opens up to graduates. **MACROOM SCOUTS**

A Patrol of Macroom scouts took part in the recent Lee Valley County Shield weekend.

The competition included skills in campcraft; first aid; pioneering; backwoods and cooking.

The Patrol won 1st place in the Plate competition. A great team effort was put in by all the scouts, showing their skills in the various sections of the competition.

Well Done to Aisling, Cal, Daniel, Gavan and Ewan pictured here with their Leaders; Rab, Barry and Deirdre.

DE LA SALLE College Macroom

U16 A County Final match report by Liam McSweeney (Fourth Year)

De La Salle voyaged to Millstreet to face Patrician Academy of Mallow in the county title decider. The pitch was lined with spectators from both schools and towns, the stage was set for a classic. De La Salle had been dominant on their road to the final but this was expected to be a tougher test. The game started and the crowd roared into life. Tom Browne knocked over an early free but Patrician academy responded with two from play. Beautiful free flowing football was on display from both sides however both sets of forwards were struggling to make ground. However, from nowhere Cian Desmond found a Patrician academy player bearing down one-on-one with his goal. Fortunately for De La Salle Desmond pulled off a spectacular save to deny Mallow. Shortly after this De La Salle were working great scoring opportunities but they were struggling to convert. The next score came from a Colin Kelleher goal after a superb passage of play. Patrician Academy tried to bounce back but superb defensive structure, work rate and tackling kept them without a score. De La Salle worked another score before conceding a point again. However, after a few more phases of play De La Salle full forward Jamie Hourihan scored a great goal to put De La Salle in the driving seat. Denis O Mullane and Tom Browne contributed further but their efforts were largely matched by Patrician academy. De La Salle were wasteful yet the half time score left Patrician academy with a lot to do. Half time: De La Salle 2:05 Patrician Academy 0:05

The second half started and De La Salle started well, three fast Tom Browne points without reply put them in the driving seat. To add to Patrician academy's misery, they were reduced to fourteen men when their wing back was red carded. De La Salle were really dominating now. The coaches **10 0 0 0 0 1** 9.05.22



Senior Cycle History students from De La Salle on their recent history trip to Collins Barracks

agreed to avail of a water break in the second half because of the sweltering conditions. The score left De La Salle with the game in their hands at 2:08 to 0:05. Patrician Academy were determined to make a final push in the last quarter and they certainly increased the pressure. They knocked over a point but failed to spoil Cian Desmond's clean sheet. On the other end Tom Browne kicked a free and De La Salle looked settled. That all changed however, when Mallow scored a goal from a counter attack paired with some untidiness at the back. This filled Patrician academy with belief and really spurred them on whereas De La Salle looked visibly rattled. Almost straight after Patrician academy reduced the gap to three with another goal. Time was almost up and De La Salle were praying for the whistle. With some good game management from coach Shane Ryan on the line De La Salle conserved possession and eventually the full-time whistle came. It was an all-round great performance from one to thirty on the match day panel and De La Salle were deserving champions. Full time score: De La Salle 2:09 Patrician Academy 2:06 Team and pictures can be found on school website and Facebook.

History Trip to Dublin by Finn Brady

"De La Salle's senior cycle history classes enioved a wonderful and educating time in the big smoke their first week back from Easter break. Following the grand journey up, they began at the famed Collin's barracks. The former army barracks now serves as a military museum, and the historic building served as a poignant reminder of our past. They then paid their respects to our martyred rebels of 1916 at the Arbour hill cemetery. The beautiful gardens made for an emotional moment of silence. Let free for an hour, the students enjoyed their own exploration of Grafton Street and the breathtaking St. Stephen's Green. Following a short tour of historical positions, the group finished at our national History Museum beside Leinster house. The impressive museum displayed fantastic sights such as the Ardagh Chalice, and the Irish bog bodies. The lads had a wonderful time, and would like to thank all the history department, Mr. Walsh, Ms. Collins, and Ms. O'Shea, for organizing the lovely trip. Hopefully, there will be many more to come!"

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LEE VALLEY OUTLOOK



MACROOM LIBRARY:

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With a Library membership, you have free access to our wide range of Online services and resources, such as your online account, eBooks & eAudiobooks, eMagazines, eNewspapers, online learning courses, online language learning courses and much more.

For more information on how to access these resources, please visit:

www.corkcoco.ie/en/library-services/libraryonline

Macroom Library Events:

Purlies Knitting group: Thursday 19th May at 11.30 - 1.00 pm

Children's Storytime: Every Saturday 12.00 -12.30 pm

Ciorcail Cainte Irish Speaking Group: Thursday 26th May at 11.30 am - 12.30 pm

Tots Time: Last Friday of every month - 27th May at 12 00 – 12 20 am (Please note change of time) Art Exhibition – May 2022: "True Beauty" By Artist

Shelagh-Jessica Gilbourne (If you would like to exhibit your artwork in the library, please call in & speak to a member of staff to arrange)

Adult Book Club: First Wednesday of the month so the next meeting is Wednesday 1st June at 11.30 - 12.30 pm.

Creative Writing Group: First Friday of the month so the next meeting is Friday June 3rd at 11.00 -1.00 p.m.

Tots Time which is on last Friday of every month at 12 - 12 30 pm in Macroom library is a great place for young children to interact and sing Nursery Rhymes and songs & also an opportunity for parents to meet and connect.

Please note that there are no refreshments served at these events but if you would like to bring your own tea/coffee please feel free to do so. Thank you for your understanding at this time.

My Little Library Bag - Cork County Council Library Service is delighted to be part of the "My little Library Book Bag" initiative which is providing children starting primary school in September 2022 with a free bag of books that can be collected from their local library branch.

The idea is a collaboration between Public Libraries & the Department of Children, Equality, Disability, Integration & Youth as part of the First 5 Strategy. By providing each child with their own "My Little Library Book Bag", It will prepare them for the big step up into primary school.

Invitations to collect these bags were sent out to Preschools & childminders, and these invites can be brought to the library by the children & their parents or guardians so they can collect their very own "My Little Library Book Bag" which contains Three books on starting school, making friends

and being comfortable to be yourself. A story card on going to the library.

A postcard on which the child can write & draw & send to their new teacher or bring & give to the teacher on their first day at school.



Niamh Buckley from Rylane National School collecting her prize at Macroom Library. Niamh was the overall winner in the age 4 - 8 years category, Easter Colouring Competition.

Their very own library card & special "My Little Library" cardholder.

We hope that it will be the first step for many of the children on their lifetime journey of reading, learning & visiting the library.

Book bags are available in Irish & English.

Bike Week May 14th - 22nd: Bike Week Cork 2022 kicks off Saturday, 14th May & runs until Sunday, May 22nd, 2022 with 200+ events organized across Cork. For a full list of all events, visit the following link; https://www.corksports.ie/ corkbikeweekevents2022/

Cork County Library & Arts Service are running a Craft a Bike Competition. This is a craft competition for children of all ages. Upcycle everyday objects & use your imagination to craft a model bike. A limited number of craft packs are also available from the library to get your started. These consist of 4 lolly sticks, 4 pipe cleaners, 2 pompoms & 2 paper plates. Closing date for entries is Friday 3rd June at 5.30 p.m. Entry forms are available in Macroom Library.

Bealtaine Festival – Bealtaine is Ireland's national festival which celebrates the artistic abilities & creativity in older age & provides opportunities for older people to express themselves & explore their creative side as they age.

There will be a number of Bealtaine events taking place in library branches across Cork during May. Please keep an eye on our Social Media pages for more details.

Age Friendly Digital Ambassadors; The Age friendly Digital Ambassadors programme aims to support older people in accessing online library resources. Specially trained librarians can deliver remote tutoring sessions online or over the phone to older people to help them join the library & gain free access to lots of fantastic online services such as: Borrowbox (ebooks & eAudiobooks)

Libby (eMagazines) - PressReader (online newspapers). More online services can be found by visiting https://www.corkcoco.ie/en/libraryservices/library-online

These sessions are delivered with the aim of empowering older people & giving them the confidence to be more active online so they can participate in other online activities such as classes, meetings & book Clubs & stay connected with other people in their communities.

If you or someone you know would like to take part in these tutoring sessions, please email corkcountylibrary@corkcoco.ie or phone 021 454 6499.

Home Energy Saving Kits are now available at select Branches of Cork County Council Library & Arts Service. We have one available to check out from Macroom Library. The Home Energy Saving Kit contains a range of tools to help householders make sense of the energy they consume on a daily basis, and to identify possible problem areas such as poorly-insulated walls and appliances that are driving up electricity bills.

These kits contain five practical energy saving tools so that you can carry out a mini energy audit of your home and find the easiest and most important areas to save energy.

Visit Macroom Library for further details and start your home energy saving journey.

Please follow us on Social Media, Facebook - Cork County Council Library & Arts Service and Twitter -@Corkcolibrary for all our up-to-date news and information.

Every week we get new books Fiction/Non-fiction/ DVDs delivered to the library so please come and visit & see our wonderful collection.

"Reading books would only be boring if you lack imagination."





New pictures added to the current exhibition at Macroom Library, True Beauty by ShelaghJessica Gilbourne'.

MACROOM

SCHOOL OF ART

We are delighted to announce our programme of summer art camps at Macroom School of Art.

Places are filling up fast in all of our camps! Only a few spots left in some, see details below:

Junior Kids Camp (5-8yrs) 10.00am-1.00pm June 28th-1st July

Senior Kids Camp (9-12yrs) 10.00am-1.00pm July 5th-8th

Mixed age Animation Camp (6-12yrs) 10.00am-1.00pm July 12th-15th

Mixed age Fashion Camp (6-12yrs)

10.00am-1.00pm Aug 19th-22nd



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Teens Film Camp (13-17yrs) 10.00am-1.00pm July 26th-29th

Senior Kids Art (8-12yrs) 10.00am-1.00pm Aug 2nd-5th

Kids Junior Art Camp (5-8yrs) 10.00am-1.00pm Aug 9th-12th

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Opinion Piece

Will the Greens New NPWS Strategy help the Gearagh National Park Proposal

Kevin Corcoran, ecologist

In a Dail debate on a future strategy for Ireland's National Parks and Wildlife Service (NPWS), on 1st June 2021, The Green Minister for Heritage, Malcom Noonan, stated that '... resources need to be focused on management of existing Parks and Reserves' but with no plans, at that time, to increase the number of National Parks. Since then, his new Strategy has come to pass (May 2022), with an increase in both funding and staff for the NPWS on the cards. This sounds very good but how effective is this going to be needs to be clearly analysed and any anomalies challenged, especially if our beleaguered natural environment is going to have any chance of surviving into the future, or the spectacular Gearagh is deservedly designated as Cork's first National Park.

Firstly, it would help all readers to understand what has just happened when the real facts concerning the protection of nature in Ireland, per our EU laws, were put into clear focus. When Ireland first legislated to implement the EU's Habitats and Bird Directives to protect nature, it was not the NPWS that was charged with full responsibility to do so. Our elected politicians gave the responsibility to departments and bodies having roles under the Planning System, (local authority planning departments like CCC and Bord Pleanala) and sectoral departments like the Department of Agriculture, Forestry and Marine (DAFM). The National Parks and Wildlife Service were kept as far away as possible and instead saddled with the powerless role of monitoring and maintaining any parks and reserves so designated, ONLY.

This effectively insured the safety of Ireland's environment remained in the hands of faceless, unelected bureaucrats under the stern control of politicians- and unfortunately, politicians that in most cases, were/are held bent on economic progress at all costs, including the total destruction of our environment. Consequently, the ecologically knowledgeable NPWS became Ireland's most undermined, understaffed and under-financed State sector. All the few NPWS staff were allowed do, was to try and monitor and maintain those areas designated by politicians. In essence the NPWS were relegated to little more than a SERVICE sector with absolutely NO POWER what so ever. Has Noonan's new strategy changed this? In short, NO! NO! NO!

The NPWS may now have the badly needed staff and money to run the crumbling inner Service but there



are no new legions of ground troops (rangers) on the way to protect the environment, designate new sites worthy of protection or bring prosecutions. In many cases whole counties will still have to rely on just one wildlife ranger to report infringements to those Sectoral departments and local authorities that can prosecute – if they want to. Can you imagine if there was just one police officer for County Cork and all he/ she could do was report crimes! In essence it will be us the public that will still have to try and stand up for the environment, and that against powerful speculators backed by the unelected and faceless bureaucrats within our State planning and Sectoral departments. Like something akin to that of the Titanic ship disaster, those too-few, first-class, protected Natura 2000 sites (including the Gearagh) may get on Noonan's refurbished NPWS lifeboat but the rest of nature, confined below deck, will have to take its chances with horrific fate. In truth, the Greens NPWS Strategy is a mere retrofit of the Titanic's maintenance department, while Ireland's economic course through the iceberg littered seas remains unchanged, this in order to suit our greed driven speculators and entrepreneurial oligarchs. There are no extra lifeboats in the plan! What comes across loud and clear from all the coalition Parties that are contributory to the new strategy for the NPWS, is that there will be NO new National Park's or extra reserves during THEIR term in office. Enough of nature is already protected and you, the citizens, will aet no more!

This is going to be a disaster for our children because what is protected is so inadequate in surface area and distribution that the number of habitats and species that are going to become wiped out over the next few years is going to be horrendous. Already we see

so much falling to the greed driven development of cold-blooded speculators that are backed by many politicians and the bureaucrats under their control. For example here in Cork there are those that are responsible for implementing our EU laws, yet they oversee the most destructive of environmental initiatives, as in the Dursey Island mass tourism project which will wipe out its Choughs, stripping Bantry Bay of its kelp forests that will wipe out is birds and cetaceans, butchering our pristine upland areas for wind farms like those around Gougane Barra and Mushera mountain with the loss of diminishing species like Hen Harriers and Grouse, destroying protected sites like the Gearagh through the lack of a coherent river basin management plan or allowing every river and stream to become polluted. Equally, Ireland's other big player in protecting nature is the Dept., of Agriculture, Forestry and the Marine (DAFM), yet they are held bent on agricultural intensification and mass Sitka spruce plantation which will insure, among so many other things, the complete extinction of the Curlew from Ireland within the next ten years. As for the new NPWS! They may yet be driving around in fancy new jeeps but they will still be just allowed observe and report back. They won't be allowed protect as much as a humble daisy. In essence the NEW NPWS will be used by politicians to play the music ever louder (birdsong this time) in order to convince us all below deck, that the Titanic (the environment) is not sinking. I don't swallow any of this political conjuring with the NPWS however and I will continue to push for the Gearagh National Park as a reality that will benefit everyone in the Lee Valley, rather than a small select few. In truth, the real power over the protection of the environment and implementing our EU laws should be aggressively wrenched from local authority planners and the DAFM and handed over to the NPWS. Minister Noonan and the Greens have not done this in any meaningful way, shape or form. Instead, I believe the Greens have sold out their voters in what is a false, contradictory, green-veiled stage performance in order to stay in power, rather than confront the toxic regime that presently threatens all of nature. Most of all I hope you will remember all of this when the next election comes around, and that for your children's sake if not for your own.

CHOLAISTE GHOBNATAN



The Secret Weapon of Top Athletes

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Chiropractic has escalated in importance to both the world's top athletes and local sports athletes. In our office we take care of some young athletes who are the best in their field.

Over the years we've seen a lot of famous athletes get Chiropractic care from golfers like Jason Spieth and Tiger Woods, football players like Ruud van Nistelrooy and Olympic athletes like Usain Bolt (Fastest Man in the World) and cyclist Bradley Wiggins.

Every NFL team currently keeps a Chiropractor on staff for their players and most Olympians employ the benefits of regular Chiropractic care.

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LAMINATE

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By Dr. Ben Martin of Optimal Chiropractic

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LEE VALLEY OUTLOOK

NUACHT Ó SCOIL CHÚIL AODHA

Táimid tar éis cúpla seachtain bhroidiúil a bheith againn anseo i Scoil Chúil Aodha. Bhí Rang 5 & 6 ag glacadh páirte i gcomórtas eitpheile i gCill Áirne. Bhí Amy Ní Chéilleachair agus Jack Ó Cathalláin ag seasamh ar son na scoile i bPáirc Uí Chaoimh i gcomórtas scileanna peile.

Do bhuaigh Clodagh & Caoimhe Ní Mhulláin boinn óir, airgid agus cré-umha i gcomórtas idirnáisiúnta Taekwon-do sa Pholainn thar laethanta saoire na Cásca. Fuair Róisín Ní Liatháin 1-1 agus í ag imirt d'fhoireann Primary Game Chorcaí i leath am sa chluiche idir Corcaigh agus Ciarraí.

Bhí blitz peile agus iománaíochta ag Rang 5 & 6 le déanaí.

Do dhein Rang 3 & 4 tionscnaimh iontacha do Lá Domhanda na Leabhar.

Tháinig TG4 ar dhá cuairt chugainn ag déanamh taifeadta. Beidh na cláir seo ar an dteilifís sar i bhfad. Bhí an Chéad Chomaoineach ag Rang a 2 Dé Sathairn seo caite agus bhíodar ar fheabhas. Beidh na ranganna go léir ag tosnú ag snámh i Linn Snámha Chúil Aodha arís don téarma deireanach. Táimid ag súil go mór leis na seachtainí atá romhainn. Beidh turasanna scoile, comórtaisí, cluichí, snámh, drámaí, ceol agus go leor eile againn!

LEABHARLANN BHAILE BHÚIRNE

Is it just me or does anyone else love to get something for free? Buy 10 coffees and get one free, buy one punnet of fruit and get the second free, buy three items and get the cheapest one free, bring your online shopping total up to get free shipping. I've been caught by them all. How many times have we been behind someone checking out in Dunnes just to be delayed while they run back to get some item to bring up their total so that they can get a ten off fifty voucher for the next time they shop - I confess I have done this a few times (I usually aim for firelighters or toilet rolls as they usually bring up the total by about €5). I've stubbornly worked my way through tasteless peaches - two punnets, and I've thrown out the third packet of casserole mix when it's gone beyond its use by date and we didn't really like them anyway! When Covid struck I was not in the least bit worried about toilet roll availability as I have a room full! There always seems to be a catch associated with free offers.

But there is one free offer that there is absolutely no catch with - Library Membership is absolutely FREE - no strings attached. Once you become a member anywhere in the Republic of Ireland, you can borrow up to 12 items for 3 weeks, you can borrow from and return to any public library in the Republic of Ireland. You can request any item that is on the National Catalogue to be ordered and held for you at the branch of your choice. In Cork County Library and Arts Service we even loan musical instruments. It's all free. I know you are probably thinking there must be a catch, you are thinking "but if I'm late bringing something back I'll face a hefty fine" - but no you won't. We don't fine for late returns, we will try to make contact with you to remind you that some library items are hiding somewhere in your home and we really do love getting our stock back. I've had items returned to Ballyvourney Library that have been out years - it doesn't matter, I love welcoming our old stock back and I'm delighted that someone liked it so much that they forgot it was a library item.

Your membership also entitles you to full use of all our online services including Borrow Box for e-books and audio books, with books available in a variety of languages; Libby is available for access to literally hundreds of magazines about everything and anything under the sun; Press Reader for access to national and international newspapers so you can read all the different angles on news items from various countries. You can access your library account on line, search the catalogue, order books and renew your books. There are language courses and many other courses available online through Universal, which you can access free of charge using your library membership.

Ballyvourney Library has a computer available for



Chloe Lehane , winner of the Library writing competition for Seachtain Na Gaeilge.

use by the public. You can log onto the free library WiFi. You can print and photocopy at the library and that is the only thing you will be charged for but the charges are minimal, starting at 15c for an A4 print or copy. Because the costs are so low the library doesn't have a card payment option so please bring small coins if you wish to use the print/copy services. We stock local and national newspapers which are available for you to read in Ballyvourney Library.

With so many villages losing services like post offices, shops, pubs etc. Ballyvourney & Ballymakeera are lucky to have great services, shops, post office, a choice of restaurants and pubs, primary and post primary schools, medical centre, day-care centre, pharmacy, hairdressers, beauticians, a yoga studio, a book shop, a bus service not to mention Coolea provides the area with a great swimming facility, Linn Snámh Chúil Aodha, locally managed to a very high standard and top that all off with a Public Library! So please support your local services, it's great to have them and you don't realise how much they bring to a community until they are lost.

If you've been a library user anywhere in the country in the past and still have your membership card it is easy to reactivate membership by just dropping into Ballyvourney Library. Or if you want to join just call into the library which is located right in the middle of Ballymakeera village, where the bus stop is situated. Please bring Photo ID and proof of address and children and young people under the age of 18 have to be registered by a parent or guardian. I really look forward to welcoming new members.

Ballyvourney Library still has Little Library Books Bags available for all children starting in 'big school' in September 2022, you do not have to be a library member to receive these books, just call in to the library to collect yours.



Méabh Ní Laoire ag fáil duaise comórtas líníochta Sheachtain na Gaeilge i Leabharlann Bhaile Bhúirne

It's not too late to get involved in Cork Bike week which has been running from 14th until the 22nd of May. There are so many free events and workshops to choose from just log onto www.corkbikeweek.ie to find something to suit you. From fun cycles to maintenance & safety workshops, BBQ's and parties, and the Bike Doctor will be available at various venues throughout the week, just click into the website to get all the details. Ballyvourney Library also has a large selection of books available on cycling and bicycles.

Tá áthas ar Leabharlann Bhaile Bhuirne comhghairdeas a dhéanamh le beirt chustaiméir as an méid atá bainte amach acu le déanaí i gcomórtais Sheachtain na Gaeilge. Comhghairdeas le Maura Casey, duine de na buaiteoirí sa rannóg os cionn 18 mbliana d'aois den chomórtas scríbhneoireachta, lena dán álainn faoi cad a chiallaíonn a leabharlann di. Léirigh an rannóg 4 go 6 bliana d'aois den chomórtas líníochta buaiteoir eile, Méabh Ní Laoire, le líníocht álainn de na hainmhithe a fheiceann sí faoin tuath. Fuair an bheirt bhuaiteoir a nduaiseanna i Leabharlann Bhaile Bhuirne le déanaí. Míle buíochas le gach éinne a thug tacaíocht do chomórtais Sheachtain na Gaeilge agus coinnigh súil ar chomórtais eile i rith na bliana.

The next Ballyvourney Library Book Club gathering is on Wednesday 1st June at 10.30 am, and the Creative Writing group will gather again on Friday 3rd June at 4pm, new members are welcome, just drop in and see what you think. Knit, Craft & Chat with us here in Ballyvourney Library every Tuesday at 11am.

"The only thing that you absolutely have to know, is the location of the library." Albert Einstein (1879-1955. Theoretical physicist)

Thank you

Pictured R. to L: Mairead Healy, Killian Lynch and Noelle Creedon of Killian Lynch Auctioneers who would like to extend a sincere thanks to all those who contributed in any way to making their special " TEA DAY" in aid of the ALZHEIMER Society such a success on Thursday the 5th May 2022.





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LEE VALLEY OUTLOOK



 Shape Hebel

 Way 14th - 16th & 21st - 23rd 2022. 8pm

Coachford GAA Hall Tickets & information available @ shamethedevilmusical.com

CLONDROHID

BLOOD DONATION CLINIC: Please mark it in your diary, they will be visiting the Community Hall on Wed and Thurs the 25/26 May 2022.Please ring 1800731137 to book an appointment. Thank you FIRST HOLY COMMUNIONS: Clondrohid N.S had their First holy Communion last Sat May 7. A beautiful day dawned with the sun shining down on all the 25 smiling faces. Thanks to all involved,

who helped to make this a lovely occasion in our parish. The lovely ceremony, refreshments in school hall etc, The children of Carriganima and Muinfliuch had

their Communion ceremony last Sat may 14, and yet again another glorious day for all those happy boys and girls. Well done all and all in the parish wish ye well.

DARKNESS INTO LIGHT: Great turnout in Clondrohid for this wonderful occasion on Saturday May 7 at 4.15am. Beautiful morning for the walk and back to G.A.A. grounds to see the sun rise. Refreshments were served in Clann Aire after the event. All funds raised are for Pieta House.

CLONDROHID DEV GROUP: With good weather last week, thoughts turned to flowers etc., and Tidy Towns. It's that time of year again, and the entry form for Tidy Towns has been submitted.

So, over the next weeks/months, everyone is asked to keep their own area in village clean and tidy.

Hopefully we will have a new C.E. worker starting shortly.

Use the bins for street rubbish only and please continue to use the dog poo bags. Everybody doing a little goes a long way. Anyone willing to give a helping hand is most welcome.

ACTIVE RETIRED: This group are having their Scoraiocht for the Bealtine Festival in Community Hall on this Friday night May 20 at 8pm for all members. Music, song, storytelling, and refreshments will all be part of the of the night's entertainment.

Voluntary donations on the night will be passed on to IRD to help with locally settled Ukrainian refugees.

The eagerly awaited Jack's Mystery Tour takes place on Wed May 25, and 15 adults will be on route for a great day out, hopefully weather will be kind to all. The social card games continue in Community Hall for members on Monday May 23 from 7.30pm to 9.30pm.

G.A.A. NEWS: Well, done to u 9 footballers who played Macroom in the Go Games last week. Great footballing spirit showed. Thanks to parents for all the support.

Good win for Junior A's who defeated Ballincollig in the League on a score line of 3 10 to 0 09.



First Holy Communion boys, Clondrohid N.S. pic le Nóra Uí Luasa



First Holy Communion girls, Clondrohid N.S., pic le Nóra Uí Luasa.

60 Years a Growing

The island park in Inchigeela was the brainchild of four enterprising local men over 6 decades ago. Eugene Corcoran, Johnny Creedon, Dermot Kelleher and Johnny TJ O Sullivan turned an overgrown island and a nearby swamp into an attractive recreation area with the help of Bórd Fáilte funding. For many years local people and visitors alike have enjoyed the beauty spot they created as well as the tennis court, thebasketball courts and swimming area. But over the years the park lost its shine and was in need of some loving care. For the past few years, the volunteers of Croi na Laoi, a local development group, have been involved in returning the area to its former beauty and many people are re discovering the tranquillity of this treasure in our midst. A new bridge was provided by funding from the Council and new maintenance picnic tables and benches were installed and thanks to the Tidy towns volunteers and the Scheme men, the area is kept neat and tidy. In more recent times the following has been added: a picnic table, crafted and donated by Barry Mills of Gortaneadin; a riverside seat donated by the family of Anastasia Mc Carthy of Kinsale; two new areas planted with wild flower seeds and native plants from Gortnarea; a small orchard area with apple, pear and cherry trees; colourful new additions to the fairy garden and an area being prepared for a sensory garden. It is planned to

UIBH LAOIRE:

repair the tennis and basketball area and bring it back to life and also to improve the toilet facilities. Great credit goes to all who made donations and to the volunteers who gave their time and effort. Everyone, of all ages is invited to come and enjoy River Island.

Congratulations

Well done to the girls and boys of Kilbarry, Inchigeela and Ballingeary National schools who got their First Holy Communion and Confirmation recently and we hope that you had a lovely day. Best wishes and support go to the young people who will be taking their exams shortly.

Bikers Return

It was good to see the return of the vintage motorbikes to Inchigeela. The bikers have been using the village as a base to travel around the west Cork area for many years now but the Covid interrupted their annual visit. We are also told that the Tour de Munster cycle rally is scheduled to go again this year. It has been a very successful fund raiser for Downs Syndrome Ireland each year. Starting in Cork City, it has gone each year to Limerick Kerry and returns to Cork through Uibh Laoire. We hope it uses our route again this year because it certainly makes a very exciting, colourful spectacle as it flies down The Pass of Keimaneigh, tea break in Gougane Barra, then on through Béal Átha, the lakeside road to Inchigeela and on by the Gearagh to Cork.

"Dance Your Worries Away"

Well done to Cappabue National School, our neighbours, who have succeeded once again in being presented with second place in the Schoolovision 2022. Using Gougane Barra as a background they created a song urging us all to dance our troubles away. The competition is based on the Eurovision format and countries right across Europe are represented.Well worth finding on the internet. "Schoolovision 2022 should help you find it. And guess who came first- a school in The Ucraine !

ММА

Deirdre Begley, who hails from Bantry is a past pupil of Scoil Mhuire in BéalÁtha and is on her way to Miami this week to fight in a professional match. Dee as she is better known has turned professional recently. She has been involved in boxing and kick boxing from a very young age and well deserves success for her dedication. I'm sure her former school and classmates send her warmest best wishes.

On Film

Do caith an cumhlacht "Aniar TV" seachtain i mBéal Áthan Ghaorthaidh ag deanamh scanán mar gheall ar an áit. D'úsáidadar "drone" go minic chun na radharcanna a fháil . Ar an Domhnach do sheinn an banna cheóil dóibh agus bhí maidin caife an deas taréis Aifreann amuigh sa tsráid. Táimid ag súil leis an scanán a fheiscint.

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LISTOWEL RACES 2022 SERIOUSFUN, SERIOUSRACING

Saturday June 4th, Sunday June 5th & Monday June 6th

Admission

Saturday June 4th... Special Welcome back to Racing Admission of €10

Sunday June 5th...€15 Monday June 6th...€15

Old-Age Pensioners /Students...€10 Each Day

Children under 12... Free each day when accompanied by an Adult



t. 068 21144/21172 e. info@listowelraces.ie

All 3 Entrances in operation for this meeting

Saturday June 4th First Race: 1.40p.m.

Sunday June 5th Ladies Day- Lots of Prizes First Race: 1.55p.m.

Monday June 6th First Race: 2p.m.

Tickets can be purchased online at **www.listowelraces.ie**

Kilmurry Active Retirement Association News

I had never before heard of them. They are called telomeres. Chances are you don't know anything about them either, important though they are.

I have learned about them last week on the online course that some of us are doing 'The Science of Health and Happiness as We Age' which is being provided by the Royal College of Surgeons, Dublin. We all know that our cells divide and reproduce themselves, otherwise we would not heal. But they also divide as they age, making new cells for us, which is pretty neat. But there is built in obsolescence. It seems that our cells can only divide between forty to sixty times and then we are - well finished. This obsolescence is down to these telomeres. They are attached at the end of our chromosomes, but we lose a little piece of the telomere each time the cells divide, until there is none left. So, our cells reproduce perfectly, with the exception of making an exact copy of the telomere. When we run out of telomere the cell won't divide anymore

Yet some cells, such as our immune cells, have come up with a solution. They make stuff, telomerase, which adds back telomere, which means we can fight infection, until chronic inflammation and recurrent infection exhausts even those. So, our immune system decreases over time. This is why we older people are more at risk from Covid.

Luckily, I am not the only one who is wondering what we can do to stop or maybe replace this erosion. Scientists are doing lots of research and when they come up with stuff that stops or reverses it, I think there'll be a market for that!

In the meantime, though, we do know that some people are in far better nick for their age than others. Scientists say this by saying that chronological age can vary from biological age. An older person can have more telomere than a younger person who has lived hard, or who has had life hard. In other words, while we can't slow down the clock, we can actually slow down our biological clock. It turns out that occasional fasting does that. There are certain drugs in trial that look promising. We can to follow the practice of those living in the 'blue zones', those parts of the world where people are found to live much longer lives.

The following are hints derived from studying them. 'Eat food. Not too much. Mostly plants' (a quote from food author Michael Pollen).

Look after your gut.

Move naturally, household chores can be viewed as exercise.

Value your family and your community as equally as food and exercise.

Cultivate meaning and purpose, plus creativity in your life.

Our hard-working committee has finalised our list of activities for the next two months.

The new 'better balance' course has started on Monday 25th April and will continue on Mondays at Kilmurry Museum with 13 currently participating. The popular 'Staying fit for the Future' courses restarted on Thursday 28th April in Crookstown hall. There are 24 participating over two classes. These courses are running for 10 weeks. Our thanks to Cork Sports Partnership.

We also want to thank the Castle Hotel Leisure centre Macroom who have let us join their aqua aerobics programme. You may come and join us at 12 noon on Tuesdays or Thursdays until the end of June. Our members that are participating are very much enjoying each of the sessions. The cost is just \in 3.50/session.

We are doing a course in Card Making and paper

craft on Wednesdays 7pm in June. This will be held in the Independence room, Kilmurry. (This may suit men as we may be able to quickly escape to the garage when we have forgotten that special event again)! Non-members are also welcome.

We are holding two gardening talks. They will be from 2-4pm on June 14th and 21st in Lissarda and Kilmurry.

We are very much looking forward to travelling to the Copper Grove, Bandon on Saturday next May 21st, to celebrate, and to appreciate the great work of our previous officers, Phyllis, Marie and Bernie. We have many reasons to be thankful to them for the benefits we have all received since Phyllis called that first meeting seven years ago. This promises to be a great celebration for the community and one not to be missed. The entertainment will be provided by ourselves, so it will be either good or hilarious! The cost will be just €30/person, and we are arranging transport, courtesy of An Garda Síochána, for those who would like to avail of it. All are welcome, members and non-members alike, but please let us know in advance so that the restaurant can accommodate and feed everyone!

Our association is open to all. It is aimed particularly at those who are not currently in fulltime paid employment. We have a membership of 43 presently. We are all ages from the fifties upwards. We encourage those who are planning to retire within the next few years to consider joining us or other such organisations now. You will be kept as busy as you choose and positively engaged in your community, and we think you will enjoy it.

For more information contact Aidan at 0894057676 or aidanpbarry@outlook.com.



Some of the local 'Paparazzi' seen at the unveiling of a Bronze Bust of Terence MacSwiney at Kilmurry Museum recently

KILMURRY HAA



Seen at the unveiling of a Bronze Bust of Terence MacSwiney at Kilmurry Museum recently; Dr. Cathal Brugha, Michael O'Flynn Chairman O'Flynn Group, John Coll, (Bust Sculptor), Michael McGrath Minister for Public Expenditure and Reform.

CASTLETOWN FUNDRAISING GROUP

Would like to thank all those who donated to our very successful Fundraising Drive in aid of ENABLE IRELAND in 2021 despite lockdown.

Thanks to your great generosity we were able to present €20,000 to ENABLE IRELAND



Seen pictured at the presentation are Tim Foley Castletown Fundraising Group, Donal Cashman former Chairman of Enable Ireland and Joe McCarthy of Castletown Fundraising Group

This year's 2022 Fundraising Rally will take place on the last Sunday in June

LEE VALLEY OUTLOOK

DINGLE WAY CHALLENGE

www.stpatsgaaclub.com or www.eventbrite.ie Participation fee: €50 from 1st May

stering please indicate n you are most likely to this will help in the

Itra route takes in is of the 2022 Dingle

is B and C of the 2022 Dingle Challenge starting in caul. The bus from SL Pats ion Bar at 7:45am, Wa

g to do this section we to provide their own ort to the start point at Camp

Main Sponsors: Poff Motors K TOP PART

SECTION A - GLEHAHOO TO ANNASCAUL (13KM)

This historic valley route, Markan as Bo Trail, passes over the fabled Walf Step river crossing. The harsh ascent on the Glenahoo side is rewarded with stunning views and a rapid descent to Annascaul Lake and onwards to Annascaul Wilage. Take time here to avail of the refreshments before continuing on the next section from Annascaul to Cann. iscaul to Camp.

SECTION B - ANNASCAUL TO CAMP (17 KM) This section of the route will take walkers via famous inch Beach, along post the Maumanihaltion Peet Biogis before reaching a height of 235m as it crosses a saddle between the peaks of Corrin and Knockbrack and from there a discent to Camp School for a break for refreshments before tackling the final section from Camp to Biogeneration

SECTION C - CAMP TO BLEMIERVILLE (16KM) As the Dingle Way passes the entrances to a glacial valleys, a number of them including Denyguay Nover and Cumbinger Rover make their sea. These are easily consided by either bridge or peatures of interest to skeps an eye out for alo-section are the preserved mains of Killeton Dis Victorian-era reserved; mains of Killeton Dis keep an eye out for red ruins of Killeltor that used to suppl

Plan your start time to finish within time

All participants are expected to complete v section of the DWC they undertake by 17:30 i.e. signed off as completed in St. Pats Club gro 17:30



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The Macroom and District Environmental Group Think Globally, Act locally







A friend with a week's worth of packaging

Today I am talking with Maureen in relation to the increasing cost of living, and how we could all benefit from economizing in an environmental manner.

Firstly, and most importantly for Maureen, she feels we need to take responsibility for our own personal waste.

She believes the starting point is her weekly shop. She would like to share with the readers some of the guidelines which she has set for herself.

*Rule 1: Never Go shopping on an empty stomach. (This is because when you are hungry, temptation can be overwhelming).

*Rule 2: Don't be tempted by offers such as '2 for 1'. (These strongly encourage you to buy what you don't need).

*Rule 3: Consider packaging when you choose what food to buy.

(Go for minimal packaging and bring your own containers).

One local supermarket allows you to unpack your shopping at the till and leave behind the packaging.

*Rule 4: Buy Locally. Reduce your carbon footprint,

(It is better to start by buying locally Irishproduced food).

Be aware that a lot of what we buy, especially in supermarkets is imported from abroad e.g. from countries such as Spain and South Africa.

Apart from the transport costs, how fresh can this food be, if it has been travelling for weeks in containers?

First of all, Maureen makes a shopping list, and she sticks to it.

The list is prepared with thought being given to six hot meals a week. This will also include breakfasts and lunches. From this framework, she can ascertain what items she needs to buy in for the following week. She says six hot meals because by mid-week or at the end of the six days she will use up short-dated or perishable foods in a onepan meal or a soup.

After bringing her shopping home, she takes almost everything out of it's packaging. These wrappings are divided up into the appropriate recycling binsfor glass, plastics, paper and cardboard.

Maureen finds that these methods prevent her from over-spending and she finds her fridge is practically empty by the end of the week, ready to get filled up with fresh, locally-sourced food.

She would also like to challenge readers to look at their bins every week to be aware of how much food is being thrown away uneaten. It is sad that this willingness to waste food, has become an acceptable way of living in our "Throw-Away" society.

Maureen is concerned about the example we are giving to the younger generation if we end up throwing away food, we didn't need to buy in the first place.

Maureen, who speaks as a mother and grandmother offers you her ideas which to me make perfect social, economic and environmental sense.

Don't forget you can find The Macroom District Environmental Group on Facebook.

If you or anyone you know would like to contribute an Environmental article, please contact me chrisleevalley@gmail.com



Confirmation at Scoil Fhionnharra Béal Átha'n Ghaorthaidh



Kilbarry NS pupils on their Confirmation Day with Mr Eklof and Ms Downey.

22 Outlook 19.05.22



If you are thinking of **selling your property** this year, **now is the time** to take action.

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We are delighted to announce that our brand new **360 degree**, **virtual tour** service is now available.



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NUACHT Ó CHOLÁISTE GHOBNATAN

Maidin Chaife

Ar an 27ú de mhí Aibreáin d'eagraigh Coiste an Bhrait Ómra Maidin Chaife ar son Pieta House. Bhí cácaí, tae, caife agus seacláid the ar díol. Ar an lá bhailíomar \in 255. Ba mhaith linn buíochas a ghabháil le gach duine as a gcuid tacaíochta.

Ceardlann Ealaíne

Mar cuid den Lá Folláine, d'eagraigh cúpla dalta atá ar Choiste an Bhrait Ómra ceardlann ealaíne. Bhí sé ar súil ó 9.30 go dtí deireadh an lae. Bhí péinteáil, dathú aireachais, crosfhocail agus cuardaigh focal ann. Bhain gach duine an-taitneamh as.

Lá Folláine

Bhí Lá Folláine ar siúl i gColáiste Ghobnatan le déanaí a bhí eagraithe ag Comhairle na nDaltaí, an Coiste Gaoluinne agus Coiste an Bhrait Ómra. Bhí réimse imeachtaí spraíúla den scoth curtha ar fáil do na daltaí – preabchaisleáin, rásaí, uachtar reoite, blitz sacair, cluichí chláir, troid súmo agus tarraingt téide. Bhain gach éinne an -taitneamh as agus táimid ag súil leis an mbliain seo chugainn cheana féin!

Coiste Gaoluinne

Tá Coiste Gaoluinne na scoile ag oibriú i dtreo Gaelbhratach a bhaint amach. Mar chuid den fheachtas d'eagraíodar seomra cluichí chláir don Lá Folláine, céilí do Bhliain a cúig agus do Bhliain a sé agus seisiúin "Tae agus Plé" do ranganna éagsúla. Is é aidhm an choiste ná an Gaoluinn a spreagadh ar fud na scoile.

DROMLEIGH N.S.

Dromleigh N.S. students marked the beginning of National Biodiversity Week 2022 by planting wildflowers in upcycled containers in our school garden.

Biodiversity Week runs nationwide between Friday May 13th and Sunday May 22nd and encourages pupils to play a part in the All-Ireland Pollinator Plan and the future of biodiversity in Ireland, beginning in their own communities.

Staff and students would like to thank our coaches from Kilmichael Pitch & Putt Club for the opportunity to develop our skills over a number of weeks in a wonderful, local facility.

Senior pupils also had an enjoyable day of fun and football as they travelled to a Sciath na Scol blitz in Clonakilty on May the 13th.

The school is hosting an open day for new entrants on May 27th at 1pm. All welcome to attend. Looking forward to meeting you all on the day. For further information or to arrange to speak to



Dromleigh N.S. enjoying their morning sessions at Kilmichael Pitch and Putt.

a member of staff contact info@dromleighns.ie or 026-46212. Keep up to date with our day-to-day activities by following us on Facebook 'Dromleigh N.S Kilmichael' or visiting our website www. dromleighns.ie



Students from Dromleigh N.S. enjoying the Sciath na Scol blitz in Clonakilty.



Dromleigh N.S. students marked the beginning of National Biodiversity Week 2022 by planting wildflowers in upcycled containers in the school garden

NUACHT ÓN IONAD ÁISE I RÉIDH NA NDOIRÍ

Foireann agus daltai scoil naisuinta Reidh- na - nDoiri ag fagaint slán le Eibhlin ar bpriomhoide agus I ag dul ar scor. Coisir iontach le pobal agus cairde na scoile ag fagaint slán agus buiochas le Eibhlin.

A great night was had and lots of

tears shed by the children on her last day April 29. We have a lovely up to date school in the best of condition in a small community which we are very proud of.

02645441. Facebook. SN Reidh- na nDoiri.



24 Outlook 19.05.22

LEE VALLEY OUTLOOK



OPEN 7 DAYS

LISTOWEL RACES June Bank Holiday Meeting returns in STYLE

3 day meeting from Saturday 4th to Monday 6th of June 2022

The race is on, and everyone is welcome, as Listowel Race Company prepare to host their first full public meeting in two years from Saturday 4th to Monday 6th of June 2022.

One of the highlights will be Ladies Day on Sunday 5th of June which will be judged by fashion blogger, Emily O'Donoghue, @fashionablyfortyish with a total prize fund of €1,000 in cash. For more information on the Listowel Races June Bank Holiday Meeting and to pre-book your tickets visit listowelraces.ie and follow @listowelraces #listowelraces on social media. Tickets can also be purchased on the day from the turnstiles.

The winner of the Best Dressed Lady will receive \in 500 and the first runner up \in 250. This year promises to be extra stylish and also poignant - as Listowel Race Company remember a dedicated racer-goer and follower of fashion the wonderful Betty McGrath who sadly passed away after an illness last year. In her honour, there will be a prize for the Most Fashion Forward Headpiece, where the judge will be looking for a headpiece that has

real personality and style just like Betty who loved colour, creativity and always had fun with fashion. Prizes will be co-sponsored by friends and traders of Listowel town.

The Listowel Races Ladies Day is expected to attract large crowds from all over Munster. Judging will commence on course at 1.00pm, and judge Emily O'Donoghue will personally walk the course and select 10 finalists. The over all winners will be announced in the parade ring after the 5th race. Brenda Daly, Secretary, Listowel Race Company

"We are so looking forward to welcoming everyone back again and are delighted with the extra day, Saturday 4th of June and to celebrate we are offering a Welcome back to Racing reduced admission of $\in 10$ on this day. With Ladies Day Competition on the Sunday, and with great national hunt and flat racing, there's something for everyone this Whit Weekend in Listowel."

Admission is only $\in 10$ on Saturday, Admission on Sunday & Monday is $\in 15 / OAP / Students$: $\in 10$ and children under 12 have free admission to the race



course, when accompanied by an adult. Generous group discounts also available. The June Meeting is the first of two race meetings at the scenic Listowel Race Course, with the second 7 day Harvest Racing Festival meeting on from Sunday 18th to Saturday 24th of September 2022.

For more information on Listowel Races, www. listowelraces.ie #listowelraces

Emily O'Donoghue, @fashionablyfortyish to judge the Listowel Races Best Dressed Lady on Sunday 5th of June

The **Dingle Way Challenge** is back

St Pats GAA Club, Blennerville, Tralee, Co Kerry after a two year absence due to Covid is back to bring you the Dingle Way Challenge. This Challenge takes place on the 5th of June.

There is huge interest in this event as in previous years. We are expecting 250 walkers to take part this year. The route this year takes in breathtaking views of the Dingle Peninsula, the best scenery in the world including Mac Na Bó, Annascaul Lake, Inch Beach, Peat Bogs, Killelton Oratory, Finglas River, Derrymore-Curraheen Reservoir, Tonevane and finishes with a heroes' welcome back in Blennerville. There were will be music, BBQ and great atmosphere in Blennerville after the event.





Each participant will receive a medal on completion of the event. There are different options for some to take part so the causal walker and the enthusiast walker is catered for. You can see the different options on St Pats Website www.stpatsgaaclub.com. There will be volunteers from within the club and Red Cross who will be making sure everyone enjoys the day and stays safe while taking part. We would like to thank our main sponsors of Poff Motors and Top Part, also anyone that has contributed also. We are a rural club in Tralee Parish we have the ambition to improve our club facilities with this event it will allow it to be possible.

You can register for this event on https://www.eventbrite.ie/e/dingle-waychallenge-2022-. This event promises to be a great day out and to get back to social activities after so long. Make sure you don't miss out on this great day. Sales: Des 087 659 3427 or Email: des@outlookmags.com

LEE VALLEY OUTLOOK



Mhaighchromtha ... sráideanna, suíomhna, siopaí is saoithe speisialta stairiúl na háite. Bhí an-áthas orm nuair a fuaireas cuireadh ón mBord Oideachais is Oliúna Chorcaí/Mhaighchromtha, grúpa daoine a thógaint ar thuras siúlóide ... ag spastóireacht tré shráideanna stairiúla an bhaile.

Cé gur rugadh is gur tógadh mé i ngearracht scread asail do Mhaighchromtha, i bparóiste Baile Mhúirne, ní rabhas lán cinnte go raibh go leor eolais agam faoi stair an bhaile. Mar sin chuas ar chamchuairt chuig na háite ar an Satharn roimh ré, agus deirimse leat go raibh áthas an domhain orm gur dhein.

Million - States

Bhíos faoi dhubh iontais leis an méid stair, seanachas, béaloideas is daoine speisialta an bhaile. Cuid acu atá imithe ar shlí na firinne le fada, is cuid eile gur bhuaileas leo agus atá fós beo.

Phiocas suas léarscáil iontach lámh deartha ón leabharlann. Seoid atá sa léarscáil seo a chur cailín áitiúl le chéile, Breffny Corcoran is ainm di (deirfiúr le Kevin Corcoran an scríobhnóir aitheanta). Tá thart ar 92 chuid suime an bhaile ann.

Seo i leanas mar a leagas amach an siúlóid agus na háiteanna suime cuí ar an lá.

An Chéad stop : Bóthar na Sop (PoundLane) ... An Sráid Nua

Bhuaileas leis na siúlaithe ag lonadh an tSuláin, láthair nua Bord Oideachais is Oiliúna Chorcaí, atá suite ar Bhóthar na Sop. Tá íomhá fíor álainn de Chaoineadh Airt Uí Laoghaire ar bhallaí an fhoirgnimh. Deartha ag beirt ealaíontóirí fíor chumasach áitiúla ... Denis O'Reardon agus Cormac Sheil. Tá go leor murals déanta acu ar fuaid an bhaile.

Tugadh Bóthar na Sop ar an sráid seo fadó mar bhí na tithe beag agus íseal, le stór amháin. Is minic a bhí cró ar chúl an tí, le muca agus bhféidir cúpla bó. Théadh na hainmhithe ón sráid isteach tríd an teach go dtí an cró ar chúl an tí. Is chun na hurláir a choiméad glan, chuirtí sop féir nó tuí orthu agus nuair a bhí an t-urlár salach scuabtaí na soip amach ar an sráid. Tugadh sráid Mac Curtáin air uair chomh maith, nuair a lámhaíodh an tUasal Tomás MacCurtain i 1916 le linn éirí amach.

Stop a 2 : Slopa Uí Ceallacháin

and a second second

Threasnaíomar an bhóthar agus shiúlamar i dtreo an bhaile. Stopamar ag siopa Corneilus Ó Ceallacháin. Siopa groséira den tsean shaol atá anseo. Tá iliomad rud ar fáil ann, idir milseáin, clove rock agus bonbons. Liomanáid, uibheacha, bainne, taé agus caife. Galúnach Lifeboy, camáin is liarthóidí peile fiú.



Pé rud faoi na targaí atá le díol ann is é an fear féin an rud is suimiúla. Laoch is ea an tUasal Ó Ceallacháin. D'inis sé dhom gur fhoghlaim sé conas snámh is é ina gharsúin dhá bhilian déag d'aois, fiú gur droch 'asthmatic' é. Fuair sé comhairle ó chomharsan leis, go mbeadh snámh in uisce fuar na habhann ar fheabhas do na scámhóga. Mar sin d'fhoghlaim sé conas snámh agus snámhann sé fós. Anuas ar sin is mó duine a shabháil sé ó abha an tSuláin síos na blianta agus iad ar tí bádh. I 1969 fuair Cornelius aitheantas spesialta ó Comhairle Baile-Cheanntair Mhaighchromtha dá gcuid cródhach.

> "Mise an Sullán fuar, fada, fireann Anois an t'am cá bhfuil mo dhuine"

Bhí ráiteachas ann nó piseóg mura mbádhfaoi duine sa t-Sullán ar feadh seacht mbliana, go gcuirfeadh sé trí bhúir as do aireofaí ar fuaid an dúithe.

Stop a 3 : Tigh le T. C Murray

Ar aghaidh linn cúpla doras síos an bhóthar go dtí an tigh ina rugadh is tógadh an scríobhnóir clúiteach is iomráiteach san T. C Murray. Rugadh é sa bhliain 1873 agus d'éag sé sa bhliain 1959. Lár-phríomhoide scoile ea ba é agus dramadóir a bhuaigh bonn Oileampeach i 1924 leis an ndráma 'Birthright'. Fuair sé sáraitheanteas leis an dráma seo nuair a léiríodh é in Amharclann na Mainistreach BÁC. Mar aon le sin leiríodh an dráma chéanna agus cúpla cinn eile i mBroadway Meiriceá.

Stop a 4 : Bóthar Massey

Leanamar orainn ansan go deire na sráide agus ar chlé go bóthar Massey. Tá Teach na cúirte suite anseo. Is mó duine a cúisíog anseo ach go háirithe le linn cogadh na saoirse.

Sé an cúis gur tugadh an ainm san ar an bóthar mar tá teach mór ar barr na sráide ar a tugtar Mount Massey House. Is anseo a bhí conaí ar Mhuintir Massey thart ar 1800. Ba Tiarna Talún é Massey agus bhí thart ar 13,000 acra ina sheilbh aige i gceantar Mhaighchromtha, le 600 tionóntaí ag ioch cíos leis. Tá amhrán gleoite scríofa faoi ...' Mount Massey the Flower of Macroom'.

Níl ach fotharach don tigh fágtha anois faraoir. Táimíd leath slí ó cheann scríbhe na siúilóide agus leanfaidh mé ar aghaidh leis an gcuid eile den turas sa chéad éagrán eile don Lee Valley Outlook.



COCLÓIR

Sráideanna streets
Suíomhna sites
Saoithe wise people
Stairiúil historical
Oiliúna skilled/proffessional
Spaistóireacht wandering/strolling

Camchuairt	jaunt/ramble
Léarscáil	map
Deartha	designed
Cuí	fitting
Íomhá	image
Cumasach	able/capable
Scamhóga	lungs
Cródhach	

Búir	to roar
Amharclann na mainistreach	The Abbey Theatre
Cogadh	war
Saoirse	independence/freedom
Cúisíogh	found guilty
Seilbh	aquired/owned
Tionóntai	

Cork College of FET

eedback/Suggestions please email. lena.cronin@corketb.ie

SOLAS

History

Connecting St. Gobnait's People



St Gobnait's Shrine in Baile Mhúirne

by Con Lynch

I am setting out next week on a pilgrimage to spend one night in each of the places most strongly associated with St. Gobnait. This is part of my research for a book, which I am currently writing about St. Gobnait. I have been working periodically on this book for around five years and have intensified my work on it in the last year and a half. During 2021 I researched or visited areas associated with St. Gobnait in: Innisheer, Co. Galway, Kilgobinet, Co. Waterford, Dún Caoin and Kilgobnet (near Beaufort) in Kerry, Lombardstown, Dripsey, Clondrohid and Baile Mhúirne in Co. Cork and I plan to visit Ballyagran in Co. Limerick very soon. Having visited them last year, I now wish to spend a night in these places, because I want to experience the atmosphere and the 'feel' of these places for myself." One key aim of the book is to link-up the people of these areas together, because they are all St. Gobnait's People to some extent.

With that in mind I invited a local school in each area to submit a chapter on St. Gobnait, with particular emphasis on her association with their community. The involvement of the local school in this way makes them a part of the story of Gobnait's travels

Abbey's Well Lombardstown

from Innisheer to Baile Mhúirne, where she found 'the place of her resurrection' in the higher, eastfacing slope of Gortnatubrid. The involvement of these schools also affirms their locality as a stopping point on Gobnait's long journey in search of nine white deer – the sight that would confirm to her that she had indeed found the place of her resurrection, as predicted to her in a vision, while she lived on the island of Innisheer.

I plan is to launch the book in Baile Mhúirne around the end of the year and to invite representatives of people from communities and schools associated with Naomh Gobnait to attend. I hope of course to invite all of muintir Bhaile Mhúirne – something I was unable to do for the launch of my Book lives of Service, when I could not even invite my own immediate family, due to limitations imposed by covid-19 regulations.

Kilgobinet near Dungarvan has strong visible links with Saint Gobnait. She must have remained there for quite a while because the local church, GAA Team, Sports Complex and GAA pitch all bear her name. The spelling of her name varies from place to place e.g. Gobnait, Gobinet, Gobnet, Abigail, and Abbey or Abby.

Con Lynch inside the remains of a stone Cilín in Innisheer in which Gobnait may have lived.

Down through the centuries, St. Gobnait has been a source of help for body, mind and spirit for muintir Bhaile Mhúirne, for the people of its hinterland and for people much farther away. This spiritual and temporal assistance has been availed of for fifteen hundred years. That is beyond extraordinary and it surpasses the influence of St. Francis of Assisi by three hundred years. Even at this time, a day never goes by without people calling to the shrine to kneel and pray.

The book is written first and foremost as a 'thank you' to St. Gobnait, as a mile buíochas for all the help and support we felt from her during those times. It is also being written to place on the record her extraordinary spiritual influence on the communities where she stayed, a spiritual legacy that has been kept alive for fifteen hundred years.

If anyone in has information regarding other places where Gobnait travelled, I would be grateful to receive it at 086/1974427 or by email to info@ corneliuslynchauthor.ie

Just like my other books, no profits will accrue to me as author but will be donated to charities and groups.



Rang VI Rusheen N.S. at their last book fair in Rusheen School



Pupils from Rusheen School enjoying the Book Fair held in the school recently



History

100 Years of Angling in Macroom (1922-2022)

'Trout live in beautiful places'. Denis Cronin, Irish International Captain : Lake that year. A rod tax was proposed in 1940 : the Murphy Cup ir

BY Con Kelleher

Continued ...

The club continued to be in a healthy state for the 1930s and Leo Murphy, Victoria Hotel, and Mr E. Walsh, Carriganima, presented Cups. A new hatchery was a success and, after an inspection, Sheha Lake, Inchigeela, was highly recommended as an angling venue - the 'club had found a gem' nearby. Disquiet was expressed at a club meeting because late notification prevented it from registering in time for a provincial competition, and members were thus ineligible for Munster selection. That was rectified in 1934 when J. Lynch and D. Murphy became the first Macroom men selected for a Munster team. At that year's AGM the annual membership was set at 2s-6d and a committee elected is referenced. Dan Quill was one of those elected and later became a significant figure in angling locally, provincially and nationally. Pike in Inchigeela Lakes was becoming a problem and a cull was suggested. In 1935 the club won the Roche Cup, The Munster Inter-Club Angling Competition, in Killarney, with J. Lynch (captain), D. Murphy, C. Walton, J. Murphy, D. Looney and J.T. Bird on the team.

The Roche Cup was organised by the Irish Trout Fly Fishers' Competition Committee (ITFFCC, and later called the ITFF Association) which was formed in 1932 following an informal interprovincial match, and the Cup was the prize for the first Irish national angling competition. The previous year, in May 1932, Ireland fished in its first international. The ITFFCC consisted of members from the four provinces and its purpose was to run provincial competitions and select interprovincial and international teams. The Trout Anglers' Federation of Ireland (T.A.F.I.) is another organisation, and despite a proposal to amalgamate the two in 1959, ITFFCC decided against the proposal because the two operated in 'totally different spheres'. T.A.F.I. also competes internationally. The complex history of Irish trout-fishing organisations is beyond the scope of this chapter; it is suffice to say that Macroom Angling Club is affiliated to both.

For the Macroom Club rock-blasting (1934) in the Foherish River killed many trout and was a concern. Macroom was represented when The Munster Federation of Trout Anglers was formed in 1936, and the Macroom Club held an outing to Carragh

but Quill voiced Macroom's objections because of it might lead to 'destruction of stock in their trout rivers'. James Lynch did well in competition, Henry Hewetson, a Protestant, was re-elected President and Ouill continued as secretary/ treasurer. P. O'Riordan said frequent pike fishing, to enable 'destruction of the pest', was important. Gardaí warned of prosecuting fisherman if found in possession of trout less than seven inches long. Despite travel restrictions, Macroom anglers were placed first, fourth and fifth in the 1940 Trout Fishing Championship of Munster in Killarney. The club expressed gratitude when the Cork Trout Anglers' Association provided 10,000 fry in local rivers in 1942. Anglers viewed a poisoning of the Foherish River in August that year, 1942, as an act of 'criminal mischief', and it negated the club's restocking. The subsequent AGM addressed this issue and doubled its efforts at restocking. A 1945 Fishery Inspector reported the Foherish 'being thick with fish over a stretch of about twelve miles' and it was an area extensively fished by Macroom trout anglers. In February 1947 Quill, in his last report after twelve years as secretary/treasurer, recorded a successful year and a 'big increase in membership', especially among younger anglers Macroom won the Munster Club Angling Cup, and Eddie Warren was the individual winner that year. The Juvenile Cup was won by Master Michael Healy (Mika). Restocking had produced decent quantities of trout but nightlines caused concern. Warren and Joe Dunlea were elected joint secretaries/treasurers. The club again agreed to pay a bounty of 2s-6d for each 'cormorant head handed over to officials'. Warren won the year's opening competition, the Murphy Cup, in foul conditions. Nationally hopes of a 'grand reunion of all anglers in Éire' were raised but did not materialise. April 1948's Masters Cup attracted a record entry and was won by Dan O'Mahony.

The 1950s saw a number of interesting developments in Macroom Angling. Dan Quill was chairman and Brian Baker (Church of Ireland) was secretary for much of the time. Competitions and outings to Clonee continued much as before. Joe Dunlea and dentist Dónal Lynch served as treasurers. Quill commented on the deliberate poisoning of the Sullane in June 1951 and it 'was a sorry sight on the following day to see all forms of fish life floating dead on the river'. Lynch won the Murphy Cup in poor conditions in May. In June Dunlea caught a record 21 trout in the Master's Cup in Killarney; Dan Vaughan was second with ten fish. At the 1953 AGM, the same committee and officers were re-elected and chairman Quill stated that the Inland Fishery Trust sought to develop trout angling in Gougane and Inchigeela and that The Munster Anglers' would hold its AGM in Macroom. From sixteen competitors Baker won a competition with a basket of twenty-nine trout. Two teams were selected to represent the club at the Munster Championships in Killarney, and the season closed with the annual outing to the same venue. The Angling Club agreed to hold competitions for An Tóstal (a nationwide series of festivals) and selected the same officers. At the 1954 AGM, Quill informed the meeting that the Inland Fisheries Trust was asked to acquire 'the trout fishing' of the Lee, and Macroom Club had two members on a Protective Committee which was tasked to protect member clubs' interests. Ted Cronin, Middle Square won the club's first annual draw and had the option of taking a 'wireless, a Stanley bicycle or the cash equivalent'. Conny (sic) Sheehy won the Master's Cup in Clonee.

A new Macroom angling club, St. Colman's Angling Club, was formed in February 1956, and Pat Lynch presided at its first meeting. Many young people attended and Lynch said one of the principal aims of the club 'would be to hold all competitions on local rivers'. John D. Kelleher was its first chairman. Macroom Angler's Club had its AGM in March and the same committee, more or less, was reelected (this time I. Flanagan was a new member of the committee). Both clubs had reports in the Southern Star 19 May 1956; Macroom Club anglers fished in Clonee and St. Colman's Club had its first competition in Macroom. A photo of the new club's first competitors was featured in the previous day's Evening Echo. In 1959 the St Colman's club's officers and committee elected were reported in the Cork Examiner. The St. Colman's Cup was contested in local rivers and the prize-winners were Ed. Warren, Rd. O'Farrell, Joe Healy and John O'Leary. While the two clubs ran in parallel for the next number of years, other threats to fishing and particularly trout-fishing in the area emerged

The building of dams at Inniscara and Carrigadrohid as part of the Lee Hydroelectric Scheme took place from 1953 58 and interfered with the path taken by salmon on the Lee. Before

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1922 - A newspaper clipping, Nenagh Nationalist, 25 March, 1922.



1927 - An outing to Clonee Lake, Co. Kerry, Cork Examiner, 27 May, 1927.



1930, Restocking, Cork Examiner, 25 April 1930.



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KILLORGLIN, CO. KERRY Tel: 066 9762746 | M: 087- 7982555 | E-mail: info@retrofitdesignItd.ie the construction, the Lee and its tributaries were noted for an abundance of salmon and of many other kinds of fish, and angling was an important component of tourism. The new scheme altered local fishing forever thereafter. Gilbert McIlwraith of the Macroom Development Association argued for the importance of further developing fishing, he favoured fishing of any sort. A Kerryman correspondent urged the development of coarse fishing, as in Waterville they had learned that 'the angling visitor is, himself, of much greater value to the district than the fish he takes out of Waterville waters'. While the journalist was principally writing of lakes - the pike, a coarse fish, was anathema to Macroom trout-anglers, and they had mounted several campaigns in previous years to eliminate the 'pest'. The pike is a big fish, competes with other smaller fish and eats trout. The Lee scheme impacted in another way. In June 1957 150 salmon were found dead below the Inniscarra dam, and their demise was postulated to be one of three causes: disease, no apparent cause or due to 'damaged heads'. If the third reason cited were true, it was likely to result from inadequacies in the dam's fish pass. Bandon Anglers advised of poachers, and the Chief Fisheries Inspector adverted to the deleterious effect of the Inniscarra dam on salmon on the Lee.

History

As reported in the press, St Colman's, under chairman Richard (Dick) O'Farrell, seems to have been more active in 1958-59. Its 1958 AGM condemned the practice of thread-line fishing for trout. As well as its usual river (local) and lake competitions it ran dances on Whit Monday, 26 May and 23 November 1958 in Macroom Town Hall. Music was played on the first night by a local band, The Scintilla and the admission was 3s-9d, and in November the Gaytimers played céilí, old-time and modern music with tickets at 1/10. Jim Corkery, Ballingeary, won the Clonee Lake outing with a catch of 5 lbs and 101/2 ounces and the prizes were presented in the Lansdowne Hotel, Kenmare. The club held another dance on St Stephen's Night, again in the Town Hall and admission was 5s. St Colman's Club fished at Clonee Lake on 24 May 1959 and Jim Corkery again emerged winner. This is the last reported activity of the club.

There was a rapprochement between the clubs in 1959-60 as at the Macroom Anglers Association's AGM Richard O'Farrell was elected Vice-chairman and the committee included J. O'Riordan, both former members of St. Colman's Angling Club. Veteran angler Dan Turner died in 1961. Regular competitions were held at Clonee and Richard Collins won the Murphy Cup and Bill O'Callaghan the Palace Cup there in 1962. Connie Sheehy caught twenty trout to win an early-season competition and Dan Murphy won the Murphy Cup at the same venue in 1963. Jerry Lucey won the Clonee Cup in 1964. From then to 1969, the club's principal activities were the Clonee Lake competitions and regular winners were J.'Riordan/ Reardon, William/Bill O'Callaghan, Connie Sheehy, Jerry Lucey, Con Relihan and Joe Healy. There are lovely photographs of Connie Sheehy (1968) and Patrick Healy 1969 receiving the Warren and Castle/Palace Cinema Cups in the Southern Star and Cork Examiner. At a Special General Meeting in May 1966, the club protested strongly about the proposed introduction of a tax on trout anglers on the grounds that the State had done very little to help the sector. A letter of protest was sent to the Department of Fisheries. 22,000 fingerlings were distributed in the Lee and its tributaries in September 1966. The Committee, with Dan Quill as chairman, and Brian Baker as secretary contained more or less the same members until 1970. Macroom won an inter-club event in Clonee

in 1967 with John Reardon, Jim Kelleher, Dónal O'Shea and Patrick Healy on the team.

The 1960s saw a gradual improvement in social and economic conditions in Ireland. The 1950s emigration haemorrhage was staunched, and Donagh O'Malley introduced free access to secondary education in 1967. More work became available and St Colman's Park, a new Macroom Council Estate, was built. Macroom through its Tourism Federation encouraged coarse fishing by setting up a Coarse Angling Association in 1971. Harry O'Leary pointed out that each angler to Macroom was worth £20-£30 to the local economy and that there were 253 registered Bord Fáilte beds in the area. Macroom held coarse angling competitions in 1973 and 1974; in the latter year it was the Munster Coarse Angling Championship, and the Carrigadrohid reservoir was stocked with bream in August 1974. Macroom Mountain Dew Festival (1977-1983) featured coarse angling competitions in its programme.

Meanwhile Macroom Anglers continued to compete in Clonee. Jerry Lucey won the Palace Cup, presented previously to the club by himself, in 1971. The club held its Golden Jubilee dinner in The Abbey Hotel, Ballyvourney in 1972 and it was attended by 150 guests. The occasion was graced by the presence of two founding members, Jerh Murphy and Tom Williams. During the year new younger prize winners emerged such as M. Coughlan, Donal Quill (Dan's son) and Tom Sweeney. Harry O'Leary, the promoter of coarse angling in Macroom, won the Murphy Cup in Killarney in 1977. In September '77 Eddie Warren won the Munster Angling Championship (Mangan Cup) in Killarney Lakes. Dan Quill was third in the Munster Trout Angling championships in Killarney in October. Unfortunately Jerry Lucey, angler and sponsor, died unexpectedly in early 1979 and the

THE CORK EXAMINER. FRIDAY, JUNE 9, 1933.



1933, Macroom Anglers at Clonee, (O'Keeffe, Macroom, Cork Examiner, 9 June 1933).



1956 - St Colman's Angling Club, Evening Echo, 18 May 1956





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1980s-1989 was a significant decade for angling in Macroom. The undoubted highlight was the selection of Richard/Dick O'Farrell, club chairman, on the Irish international team in 1987, the first Macroom club member so honoured. Dick did well as he had the fourth highest Irish catch (of fourteen), helped Ireland to secure third place and he secured his Irish team place for 1988. He was honoured with the blazer and was warmly acclaimed at a special celebration in Mary Anne's, Masseytown. Tom Sweeney was selected for the Munster team in 1985 on foot of a great display in a Macroom team which ran-up the Munster team championships in Killarney. Other team members were Denis O'Leary, R. O'Farrell and D Quill, a mixture of younger and more mature anglers. Other young anglers to emerge were Michael O'Leary, Padraig Dervan, Pat Sheehy, Brendan McCarthy, Tadhg Cronin, Brendan Stafford and Jerry Corkery.

History

The All-Ireland Pike Angling Finals were help in Muskerry's lakes in 1985, and head-quartered in Coolcower House, Macroom. Special competitions for juniors and ladies were included in the programme. About 200 anglers took part. A concerted effort was made to develop tourism further in the Macroom area, and fishing was promoted as a major attraction. A report on 'Amenity Resource Development in the Lee Valley' was released in 1985 and was accompanied by a colour fishing brochure of the Cork-Kerry area.

'The Rod War' broke out in 1987 and Barry Roche concisely summarised it in an Irish Times article on 7 April, 2014 thus:

The major angling occurrence and controversy of the 1980s was the 'Rod War' (1987-90). The Government has been keen to play down any comparisons between its proposed legislation and the disastrous attempt by Charles Haughey's 1987 Fianna Fáil government to introduce a rod licence which led to major divisions in communities across Ireland.

Thousands of anglers all over the country, but particularly in Connacht and Munster, rejected attempts by the then Department of the Marine under minister Brendan Daly to introduce a licence for trout anglers in what became known as "the rod war".

The dispute, which raged from 1987 until 1989, led to angry stand-offs between anglers opposed to the licence and those willing to implement it. It led to Dáil debates in which the contributing TDs included Enda Kenny and Michael D. Higgins.

Resolution

Eventually a resolution was achieved in 1989 by the then minister for the marine, the late John

Macroom angling winner

othern Sturn, Sahaday, Neverlee 04, 1978

Wilson, when the department withdrew the proposal and replaced it with a compromise aimed at furthering the conservation of fish stocks.

Ray Buckley, an angler and Connaught Angling Council officer, describes in fine detail in his book, The Great Rod War (1992) much of the background, process and resolution of the issue. Much anger was vented by both sides and even bishops' interventions failed to break the impasse. Macroom trout anglers were stoutly behind the Munster leadership which vehemently opposed the ban. Dónal Quill (R.I.P.), then living in Rathcormac, together with Dick Willis (Mallow) and John O'Connell (Cork) led the resolute response of the Munster anglers. The anglers did not fish for three years and took part in many protests. The dispute officially ended on 12 February 1990 when Minister Wilson's statement was broadcast by RTE. Like anglers all over the country, Macroom fishermen were equally delighted that the licence proposal was withdrawn and that they could go back fishing.

Following the turmoil of the 'war' years, Macroom anglers entered a golden era in the 1990s. The presence of many fine fishermen was reflected in several members being selected for Ireland. Denis Cronin was selected in 1993 and 1994 following an extremely successful year in 1992; his wins included the All-Ireland. In 1993 Macroom A won the Munster championship in Killarney for the first time since 1947 with a team that included Denis Cronin, captain, Tom Sweeney and Denis O'Leary. In Norway Denis came 22nd in the 1994 World Championships. The supreme honour of captaining his country was accorded to Denis in 1998 for the World championships in Zakapone, Poland. Although an Irish team, all team members selected were from Cork, with Mallow well represented. Denis, Tom Sweeney and Dónal Quill R.I.P., Dan's son, took very active roles in administering the club, and Denis and Dónal were prominent at provincial and national levels. Dónal was one of the main drivers of the Rod War protest in Munster and nationally.

Mickey O'Driscoll, Masseytown, created an Irish rainbow trout record catch when he landed a 20 pounds 12 ounces specimen in Lough Bofinne, Bantry, and Michael Foley's 61/2 pounds brown trout set a Sullane River record in August 1993. Current angling issues were the excess of Corkcity anglers (over)-fishing local rivers, often using several lines, fishing out of season and being impolite. Some local non-club members were guilty of similar 'sins'. Local riparian farmers were commended for their care of the banks and rivers. As well as outside success, the club ran successfully local leagues and organised a large



1994 began with a request from the club to defer voluntarily the opening day of the season to help protect stocks. This was followed by a Macroom delegation attending a Birmingham angling tourism fair to promote Lee Valley fishing. The club ran an Open Night which featured the art of making and tying 'flies' when local and outside experts taught young and old alike. Angling-wise it was a great year for the club and the highlight was the selection of Tom Sweeney for Ireland as the third club member to earn that distinction. In May he landed the heaviest trout, 2.25 lbs, winning the Dick O'Mahony Perpetual Trophy at Lough Lein, and with Denis O'Leary, John O'Driscoll and David Mears won the team prize. Later that month Tom beat a field of 164 to win the Munster Fly Angling Championship and became the first Macrompian winner since 1947, when Eddie Warren was champion. Massytown's Jim Lynch had won the crown in 1939. On a lighter note, the Evening Echo carried a picture of Janey Coughlan as captain of Macroom Sea Anglers Club.

Southern Sheets Balanday - Ockson 12, 1918



ANGLING COMPETITION.-Mr. D. B. Mulcahy, president of the Macroom Junior Chamber of Commerce, presenting the Warren Perpetual Cup to Mr. Con Sheeby, winner of the annual angling competition, sponsored by the Macroom J.C. The weigh-in and presentation took place at the Victoria Hotel, Macroom.

Brendan Mulcahy presenting Connie Sheehy with his prize (Southern Star, October, 1968).



Jerry Lucey presenting a trophy to Tom Sweeney (Southern Star, 1978).



Noel Hackett and Tom Sweeney (Supplied by Tom Sweeney).

Lady Captain Janey Coughlan in 1995.



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 18.13 acres Navigation road, Mallow Jack Healy won the Examiner Cup in August and the juveniles had an outing to Glencar in August. Tom Sweeney, Munster and Irish champion, caught a 15 lbs wild trout in the West of Ireland, in a preliminary round. His Irish team place was confirmed in September to the great jubilation of himself, his family and club members. Dave Mears won the Lough Lein Anglers' Cup and PRO, Noel Lehane, with Tom, won the Best Boat Cup in the same competition. In the final club competition of the year Denis Cronin captured the O'Shea Cup and earned him enough points to clinch the O'Farrell Shield as best club angler for 1995. The club now had forty adult members, all male, and about thirty juveniles, many of whom were girls.

History

In closing a very successful and eventful angling year in Macroom, a seminar to promote local tourism, which heavily emphasised fishing, was held; Barry O'Brien wrote a lovely feature on Noel Hackett, local Inland Fisheries official, and club PRO Noel Lehane warned of the dangers of polluting the river and killing fish if river-dumping increased in the absence of an official dump.

1996 was another great year for Macroom angling. In April Macroom Urban Council expressed its concern at overfishing in the Sullane and anglers not returning small fish. The Sullane was a very popular venue for Cork city anglers. At the initiation of Denis Cronin and Dónal Quill, the Munster championships in Killarney were unified and streamlined. At the Munster Lake Fly Fishing Championship Tom Sweeney came third and helped teammates M. Hennessy, D. Mears and D. Cronin in winning the team competition and the Examiner Cup. Whether serious or a wheeze, Macroom Club organised a 'day out' for the ladies; twenty had attended the previous year. Many on the juveniles' trips were girls. In club competitions, Pat Sheehy won the Glenview Cup. The Coarse Angling Home Countries (Ireland, England, Scotland and Wales) internationals were held on Inniscarra Reservoir and Macroom U.D.C held a Presentation Dinner in the Auld Triangle. On the strength of good performances in the interprovincials, Macroom members Dermot Long and Michael Hennessy were selected for the Autumn Home Internationals in Loch Leven, Scotland. This brought to five the number of internationals from Macroom Trout Anglers club.

Macroom anglers celebrated its 75th anniversary in tremendous fashion. Its AGM noted the abuse of the river by overfishing and the necessity of developing the Sullane and its tributaries for local and visiting fisherman. Some club members were appointed as Water Keepers and assisted the Inland Fisheries officials in policing the rivers, and

the club succeeded in getting the opening day of the season deferred to March 1st. The club had three internationals in 1997; Tom Sweeney made the Irish team to compete in the World Cup in Wyoming, U.S. and Der Long and Michael Hennessy were selected for the Home Internationals in Scotland. Tom honed his fishing skills on the Sullane and competed at an early age. His long list of achievements are listed above and he coupled his successful fishing with chairmanship of the club and in attracting juveniles to angling. Mary Anne's, his bar, is the nerve centre of Macroom angling. In the World Championship in Wyoming some of the conditions were strange and difficult; after a decent start, Tom had an unlucky day and the Irish team finished in 13th place.

There was better luck for the Irish team with Der Long and Michael Hennessy in Scotland where Ireland won gold, and it marked the first time Macroom club members had won in international competition. Der Long was a Kilmurry man and Michael Hennessy was an Inland Fisheries official based in Macroom. In the same piece, Tony Gosnell, Cork Examiner's angling correspondent, explained that angling in other countries enjoyed huge sponsorship and totally out-sourced Irish anglers in equipment, research, coaching and practice. People selected for Irish teams had to finance themselves through private means or fund-raising, or both. Representing Ireland in angling was expensive. An Irish win in these circumstances was a great achievement and the 1997 victory was the first since 1981, and only the seventh since this completion began in 1932. As a top four rod, Michael automatically secured his 1998 place. The club was further honoured when, in February, Denis Cronin was appointed captain of the Irish team to compete in Wold Cup to be held in Norway in 1998. Of itself it is a singular and wonderful achievement but he is also the only Macroom person, to my knowledge, to captain his country. It testifies to his skill as an angler, but also to his standing countrywide and in his people's skills. No doubt his family was intensely proud.

Another bonus for the club was the big number of juveniles taking part in competitions and who travelled on the outing.

1998 was another great year for the club and high points were Denis Cronin's captaincy of the Irish team at the World Championships in Zakapone, Poland and Michael Hennessy's retention of his international place for the Home Internationals. The year's AGM celebrated the achievements but also identified problems on The Sullane. Over fishing was criticised and the season's opening was deferred top March 2nd. Good fishing manners were emphasised and attention to juveniles was to be continued. Denis Cronin was elected chairman and Tomás Linehan continued as secretary. The club's first outing was to Clonee in April and the top two rods were Denis Cronin and Tom Sweeney. In a second trip to Clonee, Michael Hennessy won and 'enthusiastic newcomer' Francis Kielv was third. As a result of coming 15th and 18th, Tom Sweeney and Denis Cronin claimed Munster team spots and Macroom A came fourth in the team competition in the Munster Championships in Killarney. Michael Lorigan was victorious in the Glenview Cup and Michael Galvin was presented with his Irish international blazer in July. Eugene McCarthy, Crookstown, pipped Jim McSweeney, Rusheen, to win the Examiner Cup. Before going to Poland, Irish captain, Denis Cronin brought the Irish Angling team to Macroom and entertained them at Bealick Mill. In Poland, fishing is a very big industry and Denis again highlighted the potential of fishing as a tourist attraction around Macroom. Tim Hickey, Clonfadda, working in Poland, supplied the Irish team with information on the venue for the World Championships and helped the Irish anglers to avoid the dreaded 'tummybug'. As well as preparing and competing well the Irish team visited Kracow and Aushwitz, which was a Nazi concentration and extermination camp in World War 2, and where it is estimated that more than one million Jews, Poles, Romany and others were put to death in 1941-1945 years.

The juveniles enjoyed another great outing to Killarney. The year was capped by Macroom winning the Graham Cup in Killarney, for the second time in its history, and Denis Cronin won the Pope Cup as best individual. The Graham Cup is a team competition run by Cork Trout Anglers Association and is very long-standing. Macroom's 'Dream Team' was composed of Denis, David Mears, Tom Sweeney, Mick Linehan, Dan Murphy and Mick Twohig. Denis and Michael Linehan won the Casey Cup as the top boat.

In the final and important club competition of the year, Denis Cronin again took the spoils when he won the O'Shea Cup in Clonee. This cup is sponsored by the O'Shea Family, Lake House, Tuosist, who provided wonderful hospitality to Macroom anglers for many years. Francie Kiely was presented with the O'Farrell Shield as the most improved club angler of 1998.

The 1999 AGM was held in good spirits and the club faced the New year with much confidence. The problems of overfishing of the Sullane persisted and water-keepers and members were asked to remain vigilant. Chairman Denis Cronin outlined contacts with local interested parties



Denis Cronin, Irish Captain, with his Irish teanm at Bealick Mill (Southern Star, August, 1968).



Macroom Anglers' presentation to Dick O'Farrell in 1990 on occasion of his selection on the Irish team.
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Farnanes, Co. Cork Contact Lisa, Alison or Conor in the Office: 021 7335010 • Tim Holland: 086 2356735 www.yourlocaloilcompany.ie with regard to the protection and development of fishing in the area, and stressing its unrealised potential. Members from outside the area were to be allowed associate membership.

History

The closing year of the century and millennium proved to be very successful but 1999's Macroom's angling reporting was a little curious. Máire Mac Suibne's Cork Examiner article reflected on 1949, fifty years before. Macroom dancers were dancing to the strains of Chris McMahon's full orchestra, at a cost of 3/s' – three shillings. In the same article she noted that Macroom's forty nine pubs were pleased to welcome returning emigrants on holidays.

At the Munster Lake Fly Fishing championships in Killarney, Denis Cronin won the individual and Macroom the team accolades. Denis returned seventeen fish, weighing 3.706 Kgs and his winning team colleagues were Tom Sweeney, David Mears and Mick Hennessy. As top TAFI angler he won the Examiner Cup and was appointed Munster captain in both the TAFI and ITFFA interprovincial championships. Earlier in June he had won the Macroom Club's Examiner Cup. Mick Hennessy fished for Ireland in the Home Internationals in Loch Levin, Scotland.

Conclusion:

Macroom Trout Anglers Club was one of the most successful sports clubs in Macroom from its

foundation in 1922 to 2022. Although having a small number of members it survived, prospered and won trophies in individual and team competitions at provincial and national levels. Mostly through Dan Quill, the club made a significant contribution to the administration of fishing at provincial level. By December 1999 it boasted an international captain, five internationals, two of whom had won Home International gold medals, and numerous interprovincial anglers. In spite of many rival attractions, at century's end the club was stronger than ever, and that included an active juvenile section that had many girls.

Away from the water, the club provided leadership locally, provincially and nationally.

As per the mores and behaviours of the times, the adult club was almost exclusively a male preserve. Late in the century, the club did make efforts to include ladies and in this regard, was most successful at juvenile level.

All classes and creeds – well Catholic, Protestants and others – were members, and the Hewetsons and Brian Baker, Protestants, were officers; all fished in harmony with no divisions on confessional lines. Many competitions were held in Clonee, Co. Kerry and this required cars for transport. Fishing was/ is not expensive and it is possible to have decent equipment for modest money.

Consistent with its principles, the club was always very environmentally friendly and worked hard

to preserve stocks and to prevent pollution from all quarters. It enjoyed a healthy and mutually beneficial relationship with fishing authorities. The challenges of a split and 'The Rod War' were successfully met and resolved satisfactorily, and

the latter was a prelude to the Club's Golden era of the 1990s.

The rosy prospects of Macroom angling in 2000 were born out by the continued success of the club and its members. Eugene McCarthy, Mickey Dunne, David Mears, Michael Linehan, Ger O'Mahony, Dan Murphy, Ben Earley and Con Malone went on to gain international recognition, and many juveniles became good anglers and great club members.

Congratulations to the club on its survival and brilliant success in the past, its healthy present state and 'Best Wishes' for continued success and enjoyment for the rest of the 21st century.

I am very grateful to Denis Cronin, Tom Sweeney and all the other Macroom anglers who were so helpful in compiling this important piece of local history.

A footnoted version is available if anyone wishes it. CK.



Learning the skills (Southern Star, 1995).



Macroom young anglers, c. 1995 (Supplied by Tom Sweeney).





Large crowd that turned out in Clondrohid for Darkness into light.



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Pupils from St Enda's NS, Kilnadur, who kindly donated €265 of their Confirmation money to Marymount.



St Enda's NS, Kilnadur, Second Class pupils who made their First Holy Communion in Johnstown Church on Sunday the 1st May.



First Communicants Rusheen N.S. with Fr. Joe, Fr. Pat and school staff.



Children from Tirelton NS who received their First Holy Communion in Toames church





Mr. Alan Jagoe Chairman of Agri Aware, visited Kilmurry school to chat to 5th Class about his Dairy 2022 Confirmation class from St Joseph's PS Macroom Farm enterprise in Minane Bridge.



First Holy Communion class from St Joseph's PS Macroom



Bike Week Cork 2022 will take place from Saturday May 14th to Sunday May 22nd For details of all events taking place in Cork, visit www. corkbikeweek.ie Pic: Brian Lougheed



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Irish Language Day in Cork. Join in the Fun!

Lá na Gaeilge, a day to celebrate the Irish language will take place in Tramore Valley Park, Ballinlough, Cork on Sunday 19 June from 13:00 to 16:00. The event will provide an opportunity to families and communities to spend an afternoon free of charge through Irish.

Glór Teaghlaigh i gCorcaigh, a network of families raising children through Irish in Cork are organising the event with the support of Glór na nGael and with funding from the Conradh na Gaeilge Ciste Spreagtha. They would like to welcome people of all ages to attend the event. They advise that everyone bring a picnic, chairs or a picnic blanket and musical instruments with them and to be ready to use whatever Irish they have while joining in with the fun. People are asked to use public transport or to walk or cycle to the event where possible.

Cabriní de Barra, Development Officer with Glór na nGael says, "This is the first time that a day like this has been organised by us in Cork and we are very excited to welcome all to the event. There are lots of people in Cork who are interested in the language, among them families raising their children with Irish or who have children attending a Gaelscoil. The afternoon will provide an opportunity for everyone, both young and old to come together to celebrate the Irish language together."

Speaking about the event, Maighréad Ní Iarlaithe, one of the parents organising it, said that the event promises to be full of fun and games, music and workshops and more. "There will be information stands to draw attention to Irish language services and supports. There will be picnics for families and the broader community. We will have entertainment from Giggles the clown, a puppet show from Little Gem Puppets and a Juggling workshop and show with Stephen McGinley. We will have an open music session and invite everyone to bring their instruments and join in, regardless of ability. Workshops in Sean Nós Dance and singing will also take place and there will be a dedicated corner for adults to gather and use whatever cúpla focal they have."

Should any Irish language organisation, network, or Gaelscoil wish to have an information stand or host some other activity as part of the day, contact Cabríní de Barra on 083 445 5914 or cabrini@ glornangael.ie.

Lá na Gaeilge i gCorcaigh. Bí páirteach sa spraoi!

Beidh Lá na Gaeilge ar siúl i bPáirc Tramore Valley, Baile an Locha, Corcaigh ar an Domhnach 19 Meitheamh ó 13:00 go 16:00. Tabharfaidh an ócáid seo deis do theaghlaigh agus pobail tráthnóna taitneamhach saor in aisce a chaitheamh trí Ghaeilge. Beidh Glór Teaghlaigh i gCorcaigh, líonra teaghlaigh atá ag tógáil páistí le Gaeilge i gCorcaigh ag eagrú na himeachtaí, le tacaíocht ó Ghlór na nGael agus le maoiniú ó Chiste Spreagtha Chonradh na Gaeilge. Ba mhaith leo na múrtha fáilte a chur roimh daoine ar gach aois a bheith i láthair don ócáid.

Moltar do dhaoine picnic, cathaoireacha nó pluid phicnic agus uirlisí ceoil a thógáil leo, agus a bheith ullamh chun pé Gaeilge atá acu a úsáid agus iad páirteach sa spraoi! Iarrtar ar dhaoine teacht chuig an ócáid ar thaisteal poiblí, ag siúl nó ar rothair más féidir.

Deir Cabríní de Barra, Oifigeach Forbartha le Glór na nGael, "Seo an chéad uair dúinn lá mar seo á eagrú i gCorcaigh agus táimid ar bís chun fáilte a chur roimh daoine a bheith linn ar an lá. Tá neart daoine i gCorcaigh le spéis acu sa Ghaeilge, ina measc teaghlaigh atá ag tógáil páistí le Gaeilge nó a bhfuil páistí acu ag na Gaelscoileanna. Tabhairfidh an tráthnóna deis do chách, idir óg agus aosta teacht le chéile chun an Gaeilge a cheiliúradh".

Dár le Maighréad Ní Iarlaithe, duine de na tuismitheoirí atá á heagrú, beidh an ócáid lán le spraoi agus cluichí, ceol and ceardlanna & níos mó! "Beidh seastáin eolais ann chun aird a tharraingt ar thacaíochtaí agus seirbhísí Gaeilge. Beidh picnicí do theaghlaigh agus don phobal go ginearálta. Beidh siamsaíocht le Giggles an Fear Grinn, seó puipéad le Little Gem Puppets agus ceardlann agus seó lámhchleasaíochta le Stephen McGinley. Beidh seisiún ceoil oscailte againn agus tugtar cuireadh do chách uirlisí ceoil a thógáil leo agus a bheith páirteach, is cuma cén cumas ceoil atá acu. Beidh ceardlanna rince agus amhránaíochta ar an Sean Nós ar siúl agus beidh cúinne faoi leith ann do dhaoine fásta chun teacht le chéile agus pé mhéad Gaeilge atá acu a úsáid."

Má tá aon eagraíocht, grúpa nó líonra Gaeilge nó Gaelscoil ar mian leo seastán eolais nó gníomhaíocht eile a chur ar siúl ar an lá, déan teagmháil le Cabríní de Barra ar 083 445 5914 nó cabrini@glornangael.ie.



A new musical: **SHAME THE DEVIL**

On the morning of January 28th 1921 at Godfrey's Cross near Dripsey in County Cork, the 6th Battalion No.1 Brigade of Irish Volunteers lay in wait for a convoy of British Auxiliaries travelling from Macroom. However, they themselves were ambushed by the Crown's Manchester Regiment coming from Ballincollig. They had been betrayed, but by whom?

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AGHINAGH MACRA



"Our annual 5k Fun Run and Know Your Neighbour Evening will take place on Sunday 12th June Tigh Ui Laoghaire Bealnamorrive. Registration from 1 pm with the race beginning at 2pm, Followed by our know your neighbour evening and BBQ at 3:30pm. This year we are fundraising for Macroom Mission of Love to the Homeless.

So come along and join us in what is going to be a brilliant day for all the family. See your social media pages on Instagram and Facebook for more details. "



St Mary's Junior Cycle Awards Committee.



Senior Cycle History students from De La Salle on their recent history trip to Collins Barracks



Welcome back dear student "be strong in the Lord (draw your strength from Him and be empowered through your union with Him) and in the power of His boundless might. Put on the full armour of God so that you may be able to (successfully) stand up against all the schemes and the strategies and the deceits of the devil. For our struggle is not against flesh and blood (contending only with physical opponents), but against the rulers, against the powers, against the world forces of this present darkness, against the spiritual forces of wickedness in the heavenly places. Therefore, put on the complete armour of God, so that you will be able to (successfully) resist and stand your ground in the evil day of danger and having done everything, to stand firm." (Ephesians 6:10-13 Amplified Bible)

We have been studying healing recently. It's not easy to stand firm in the midst of sickness, disease or pain. But you have to realise that there is a battle going on between light and darkness, good and evil. Last week we reminded you of the Scripture "My people are destroyed for lack of knowledge" (Hosea 4:6). Lack of knowledge of God's Word, His character and His power are destructive. Why? Because our enemy the devil and his demon hordes capitalise on people's lack of knowledge to visit sickness, trauma, despair and destruction upon those who are empty. These are intelligent people - often highly educated, but without knowledge of Who God is and how His Kingdom operates, are at a complete disadvantage and in peril. An easy get-out is to laugh and say 'nonsense' when they hear about spiritual warfare - but one day they will find out the Truth. Others will look for their own supernatural strength through means of new age or occultic practices - trying to connect with a higher power within themselves or the universe, or calling upon and talking to the dead. This is called witchcraft in God's Word and is a dangerous dimension to enter because it opens the door to the demonic and must be repented of. You cannot search for the Light of the world on the dark side, but the devil will gladly answer you to pull in more victims (John 8:12).

In order to successfully stand against the traps of the devil we are to 'be strong in' (or get our strength from) the Lord. The more we press in to know God by seeking Him, the larger we become in spirit (Jeremiah 29:13; James 4:6-8). Strength to withstand and overcome the attacks of the devil comes only from how strong our relationship with God is, and the posture we take standing upon His Word. When dealing with sicknesses, mental oppression, weakness or pain of any kind the first thing to know is that God is not the One making you sick! "He sent His Word to heal them and deliver them from their destructions" (Psalms 107:20). God sent His Son Jesus – also known as the Word of God - to deliver us from every snare and trap the devil would try to set up (Acts 26:18; 1 John 3:8). We must recognise that we have an enemy and he operates by constantly enticing people to believe his lies (1 Peter 5:8; John 8:43-44). But he has already been defeated by the blood of the Lord Jesus, so that we can stand strong in Christ! (Colossians 2:10-15)

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter -@WOVKillarney.



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LAOCHRA ÓG

2nd May

Laochra Óg U17 Hurlers played Rossa Gabriels, Monday, 02 May at Colaiste Ghobnatan.

A well-deserved win on the night for Laochra Óg. Some great individual performances, as well as a great team performance, applying all skills practiced at training, beating Rossa Gabriels by the narrowest of margins, after being down at half time by two points.

Great to see parents, families, club members and injured team players out supporting us on the night. It makes all the difference to the players and coaches. Thanks to Colaiste Ghobnatan and our team sponsor, Deasy's Pharmacy.

6th May

Well done to our U13 girls whom played away last evening to Ballincollig. It was a very sporting game with some lovely goals, points and fantastic teamwork. Our girls went in with a lead at half time and held onto it for the second half. Thanks to Ballincollig for hosting the game, to our parents for your support on the sideline and to our team sponsors Hickey Family.

May 9th

Our U9 boys put on a great display of hurling, teamwork & passion in kilmichael this evening. Thanks to Kilmichael for hosting the game and our parents for supporting the players and our sponsors Follain.

May 12th

U15 boys whom played RossaGabriels in the final



Laochra Óg U13 Camogie v Ballincollig 6th May 2022

game of this section of the division Two league and came away with a well-deserved win going into an early lead and continued to show great team work to finish off with a win.

Thanks to our team sponsors M & J Kelleher Ltd - MJK Oils .

May 15th

Our U16 Camogie team played their first league game away to Sars last night. A tough league opener for our girls with 7 girls making it their first game at this age and level. The first half we struggled to come to terms with the speed and pace of the game with Sars going 2-10 to 1-03 up at the break. Second half Laochra Og girls fought right back with a brillant second half just loosing by 4 points in the end. The Laochra Og girls put the Sars defense and keeper under huge pressure and were unfortunate not to score more.



Laochra Óg U17 Hurlers v Rossa Gabriels 12th May 2022



Laochra Óg U9 Hurlers v Kilmichael 10th May 2022



Laochra Óg U15 Hurlers v Rossa Gabriels 12th May 2022

Laochra Óg U16 Camogie v Sars 15th May 2022



MACROOM SOCCER:



Macroom FC U15 Schoolgirls, CWSSL Division 1 Champions 2021/22.

The U14A schoolboys who beat Ballincollig 3-2 away at Regional Park

U15 Schoolgirls League Champions

The U15 girls secured the division 1 league title last week following a hard earned away win over Wilton United. This fabulous result capped off a remarkable league season in which Macroom won every game. The entire squad made a valuable contribution throughout the year and were expertly led by joint captains Erin Kelleher and Daria Smolen. The team was coached by Brian Murphy and Mick Goold, two people who have done unbelievable work promoting soccer and in particular, the ladies' game in Macroom. It is also important to mention the great backing received from supporters and parents throughout the season. A terrific achievement from everyone involved.

U15 Schoolboys Neil Welsh Founders Cup, Leeds A 2 Macroom A 6.

Macroom, sponsored by Macroom Opticians, travelled to Leeds Park on a beautiful sunny evening last week and delivered a fantastic display of attacking cup football. Macroom roared into an early lead with both goals brilliantly taken by Cormac O'Riordan. The hosts pulled a goal back shortly after to temporarily slow the Macroom assault. But then a beautiful ball was played through the Leeds' defence allowing O' Riordan to slot home for a first half hat trick. Into the second period and Leeds, to their credit, scored again to make it 3-2. The Macroom rearguard then had to withstand a period of pressure as the home side pushed for an equaliser. Following this, the visitors regained control of the tie with two more cracking goals-amazingly it was Cormac O' Riordan with both, this young player was on fire!

Late on Macroom found further comfort when David Neville was on hand to score at the end of a fine passing move. This was a performance built on real togetherness as a squad, from keeper Daniel Mulcahy to every outfield player playing their part. Well done to all coaches who were very proud of this win and a special mention to Cormac O' Riordan on scoring five goals in the game-a fantastic achievement. Thanks also to the vocal travelling support. In league action, this team is also going well. They welcomed Strand Utd to the Town Park and won 5-2. Macroom trailed 1-0 early on in this tie, however the home side soon found their rhythm. Marcel Sobol struck for the leveller and then Gavin O' Riordan had the hosts ahead. This was followed by a Cormac O' Riordan goal - Macroom led 3-1 at half time. The home side kept up the pressure in the second half. Further strikes from Cormac and Gavin O' Riordan secured another fine win. A late Strand goal was a mere consolation. This win propels Macroom to the top of the division, they play host to Corinthians at the Town Park this Fri May 20th.

Under 14 Schoolboys Division 2, Macroom 1 Midleton A 3

With many making their first appearance for the Barry O' Connor sponsored division 2 team, Midleton were made to work hard for the league title on the Town Park last Saturday afternoon. The visitors led after they took their early chances in the first half. A second half strike from Christopher Lane - where he hit a loose ball from outside the penalty area in to the top right corner - was the least the home team deserved for their performance. A fine outing from Macroom and well done to Midleton on winning the league title. It was also very positive to note that the referee complimented both sides and described the game as 'the best game he had officiated this season'. Well done to all involved.

Under 14 Schoolboys Division 7, Macroom A 7 Youghal Utd 0.

An early start for the East Cork seaside outfit who faced a determined Macroom U14A in a 10am kick off at Murrayfield on Sunday morning last. This match went Macroom's way with the team continuing their recent good form. The highlight was a hat-trick from Brian Bradley and another tremendous display from the entire Macroom squad. As well as the Bradley hat trick, there were goals from Alex Brophy, Oisin Phelan, Michal Pilat and Jakub Zulawnik. The result sees the team move to the top of division 7 with just one game remaining. The coaches of this group are delighted with the commitment of the players and also with the support from parents. Many thanks also to sponsor Billy Murphy Taxi.

Academy News and Round Up

Non-competitive Academy games have been continuing over recent weeks. The U10 boys took a large contingent to Ballyanley and played locals Strand Utd and followed this up with a visit to play Lakewood Athletic. The U9 girls were also in action, they entertained Midleton at Murrayfield. The U9 boys played Kilreen Celtic at home while the U11A side took on Lakewood at Murrayfield. In the U11 Eddie Healy Cup, Macroom made their exit after a fine performance against a strong Wilton Utd side. They had previously won two games in this competition, which will give them great experience for the fully competitive U12 games next season. The U14A boys travelled to the Ballincollig Regional Park and beat the locals 3-2 in an excellent game. Goals from Richie Browne (2) and Darragh McCarthy. The U17 girls have been busy of late. They were away to Killarney Celtic in the FAI Cup and lost out 4-2. Next up was an away league win over Leeside. This was followed by a trip to Carrigaline in the CWSSL Cup, Macroom just lost out after a great performance against a strong home side. Skibbereen FC were then the visitors to Murrayfield and Macroom came out on top in this entertaining league encounter. And just last weekend, Macroom lost out narrowly to title chasers Lakewood Athletic. The next fixture for the U17s is a Munster Shield quarter final, away to Mungret Regional FC in Limerick, this coming Sat 21st May, 4pm kick off.

U12 Schoolboys

Macroom A will shortly play their final league fixture v Ballinhassig. This team have had a tremendous season and are second in the table and are promoted to division 5. They also are still involved in the Albert Conboye U12 cup and are awaiting their next opponents. Macroom U12 division 3 side are also going along nicely; they recently had a big league win away to Pearse Celtic in Togher. The only goal came late on, from Ciaran Coleman and this win sent Macroom to the top of the league, although a number of tough games remain in a very tight section. This team also beat Castleview A away 3-1, after extra time in the cup. Goals from Coleman again, Matthew Kelleher and Dylan O' Shea. The U12B team have now completed their season, showing huge improvement in division 9. The attitude and commitment from these players is fantastic and they have gained plenty of experience and encouragement throughout this year. For every single game, the team had a full squad which is a credit to everyone involved. Good stuff from all players and coaches of our 3 U12 teams.



2022 Munster Senior Hurling Championship

The group stage system has almost concluded with the top teams now known and moving into the Munster final, the third-placed side not yet determined with all three counties, Cork, Tipperary and Waterford, in contention still!

April 17: Munster round robin: Cork 1-17 Limerick 2-25

May 1: Munster r-r: Cork 2-20 Clare 0-28

May 15: Munster r-r: Waterford 1-19 Cork 2-22 May 22: Munster r-r: Tipperary v Cork, Semple Stadium, Thurles 4pm.

June 5: Munster final; Limerick v Clare: thirdplaced team in the province goes into the All Ireland qualifiers.

Waterford 1 - 19 Cork 2 - 22

It was a good day for Cork hurlers, management and supporters at Walsh Park when the Rebels at last played with 'fire in their bellies', tore into the fray and left their recent dismal form way behind them to keep themselves in contention for a place in the qualifiers with their destiny in their own hands. If Cork beat Tipperary in Thurles in their final round robin game then irrespective of what others do, Cork will qualify for the All Ireland series as the 3rd best in Munster. But, Cork must beat Tipperary in Thurles, never an easy task!

In the Allianz National Hurling League final played six weeks previously, Waterford beat Cork by 4-20 to 1-23 at Thurles and few gave Cork much chance of victory with Waterford now at

2022 Munster Senior Football Championship

Cork 0-11 Kerry 0-23

The old order was maintained as Kerry came away from Páirc Uí Rinn with a 12-point win over Cork, their ninth win in ten years over the Rebels.

Cork opened the scoring inside the first minute before Kerry went into a 0-7 to 0-3 lead after 20 minutes. Cork steadied themselves were just 0-9 to 0-7 behind at the interval, with Sherlock kicking five frees and another from play.

Kerry pulled three clear early in the third quarter but Cathal O'Mahony nailed two massive points to haul Cork back to within one point, 0-10 to 0-11, of the Munster champions in the 50th minute, giving the Rebel support in the 10,743 crowd something to shout about.

But Kerry kicked the next eight points – helped by the introduction of Paul Geaney, David Moran, Paul Murphy and Micheal Burns – and the game ran to its inevitable conclusion.

Cork now head for the Qualifiers in early June with increased confidence.

Scorers for Cork: S Sherlock 0-6 (5f), C O'Mahony 0-3, K O'Donovan 0-1, E McSweeney 0-1

Cork: Michéal Aodh Martin, Kevin O'Donovan, Maurice Shanley, Kevin Flahive, John Cooper (Éire Óg), Rory Maguire, Mattie Taylor, Ian Maguire, Colm O'Callaghan (Éire Óg), Daniel Dineen (Cill na Martra), Seán Powter, John O'Rourke, Stephen Sherlock, Brian Hurley, Cathal O'Mahony.

Subs: Dylan Foley (Éire Óg) for M A Martin (24, inj), Eoghan McSweeney 0-1 for D Dineen (56), Damien Gore for B Hurley (57), Tadhg Corkery home in Walsh Park but obviously the two weeks since the defeat by Clare had been used to good effect and a shamed and heavily criticised Cork side rediscovered their pride and went down to Waterford determined to 'do or die'. Their approach to the contest was unrecognisable from that of the recent past performances, they played with heart and aggression, met fire with fire, put Waterford on the back foot, and were thoroughly deserving winners of a real championship contest.

Cork captain Mark Coleman from Blarney at wing back had a fine game and contributed two points for his side, and Seán O'Donoghue from Inniscarra was excellent at corner back behind him. Young Shane Barrett from Blarney at corner forward was replaced by Shane Kingston but it could have been anyone of three players at that stage as the Cork attack had not begun to function properly.

With the breeze in their favour, Cork held a slender 1-12 to 1-11 advantage following a first half which ebbed and flowed in either direction.

On the restart, points from Patrick Horgan, on the day he became the Championship's all-time leading scorer and substitute Shane Kingston, buoyed up Cork, Waterford struggled to develop any rhythm while Cork kept the scoreboard working through Seamus Harnedy's brace of points in the 44th and 49th minutes respectively. Waterford rallied but a second Cork goal, set up by Shane Kingston for Alan Connolly, left Cork four points clear with twenty minutes to go. Waterford got

(Cill na Martra) for S Powter (59), Brian Hayes for J O'Rourke (66).

Munster Final: Kerry v Limerick May 28th at Killarney

Minor Hurling

Cork 1-17 Clare 2-17

Cork's hopes of retaining the Munster and All-Ireland minor hurling titles came to an end at Páirc Uí Rinn as Clare advanced to the Electric Ireland Munster MHC final.

The home side never led at any stage and, while they did wipe out a six-point deficit to draw level by half-time at 1-9 each, a strong Clare start to the second half gave them a cushion that was never eroded.

Scorers for Cork: R O'Sullivan 1-4 (0-2 65, 0-1f), A O'Sullivan 0-4, P O'Shea, T Wilk, S O'Donoghue 0-2 each, J Murray, B Walsh, D Murnane 0-1 each. CORK: D O'Connell (Dromina); D Cashman (Bride Rovers), J O'Brien (Fermoy), E Guinane (Valley Rovers); T O'Leary Hayes (Midleton), D Murnane (Carrigtwohill), M Woods (Valley Rovers); P O'Shea (Erin's Own), B Walsh (Killeagh); A O'Sullivan (Ballinhassig), J Murray (Youghal), T Wilk (Cobh); J Casey (Youghal), S O'Donoghue (St Catherine's), R O'Sullivan (Na Piarsaigh).

Subs: S Ahern (Bandon) for O'Brien (20-23, temporary), J Wigginton Barrett (St Finbarr's) for Casey (43), O Fitzgerald (St Catherine's) for Murray (47), D McCarthy (Killeagh) for Walsh (53). the margin down to a goal but lost Austin Gleeson to a second yellow card (rolling around on the ground with Robert Downey in an old style brawl) in the 62nd minute and as scores were exchanged Cork urged on by their delirious supporters were simply oozing confidence and finished with points from Lehane and Harnedy, two players who were in need of this type of display and its injection of confidence.

Scorers for Cork: Alan Connolly 2-1, Seamus Harnedy 0-5, Conor Lehane 0-5 (0-2f), Patrick Horgan 0-4 (f), Mark Coleman 0-2, Darragh Fitzgibbon 0-2, Luke Meade 0-1, Shane Kingston 0-1, Patrick Collins 0-1.

Cork: Patrick Collins; Niall O'Leary, Robert Downey, Seán O'Donoghue (Inniscarra); Damian Cahalane, Ciarán Joyce, Mark Coleman (Blarney) capt.; Darragh Fitzgibbon, Luke Meade; Robbie O'Flynn, Patrick Horgan, Conor Lehane; Alan Connolly, Seamus Harnedy, Shane Barrett (Blarney). Subs: Shane Kingston for Shane Barrett (28), Tim O'Mahony for Patrick Horgan (39), Conor Cahalane for Robbie O'Flynn (63), Eoin Roche for C Lehane 68.

Manager Kingston: "This was great, it was a seasondefining game in many respects and winning it keeps us alive but that's all it does, it keeps us alive. Next Sunday is a huge game now again because we have to back it up – if we don't do that, we're out of the championship anyway."

Minor Football

Kerry 1-16 Cork 0-5

CORK will have to travel to Thurles and defeat Tipperary (winners of the round robin group) to reach a Munster final meeting with Kerry after suffering a heavy defeat in Tralee.

The ominous half-time score was Kerry 1-6 Cork 0-3 after the visitors had played with the strong wind in the first half. The sides were level three times in the opening 17 minutes but Kerry carried a greater threat. The vital goal came after 23 minutes when midfielder Fionn Murphy intercepted a pass to a Cork defender, fed Lane who picked out Dillon who finished to the Cork net to make it 1-5 to 0-3.

Cork could only add two more pointed Hayes frees on the resumption. Dillon and Lane continued to torment the Cork defence with a succession of impressive points.

Cork: B Hayes 0-3 f, O O'Donovan 0-2 (0-1 f, 0-1 m).

Cork: J Woods (Valley Rovers); G Daly (Mallow), C Molloy (Nemo Rangers), T O'Brien (do); S O'Connell (Castlehaven), J Burke (Douglas), A Cullinane (Clonakilty); Colm Gillespie (Aghabullogue)capt., A O'Connell (Kilshannig); D Gough (Clonakilty), B Hayes (Nemo Rangers), Aaron O'Sullivan (Aghabullogue); G Kearney (Kinsale), O O'Donovan (Ibane Gaels), M Kelleher (Mallow).

Subs: D O'Donovan (Bishopstown) for O'Sullivan, half-time, Ed Myers (Naomh Abán) 40, C Fitzpatrick (Kinsale) 44, N O'Leary (Douglas) 45, M O'Sullivan (Bantry) 50. Colm Clifford (Éire Óg) was also on the match day panel. SPORTS MAD

2022 Cork County Hurling Leagues

Group2A: Blarney: P4 W0 Drew 2 Pts 2 (Latest: Kilworth 4-18 Blarney 2-21) Group 2B: Eire Óg P5 W5 pts 10: Ballincollig P 5 W43 Pts 8: Inniscarra P5 W43 Pts 8

(Latest: Inniscarra 2-17 Cloyne 1-10, Valleys 0-17 Ballincollig 1-10, Milford 1- 17 Éire Óg 2-22) Group 3A: Aghabullogue P3 W3 Pts 6 (Latest: Midleton 2-21 Aghabullogue 1-27) Group 3B: Dripsey P4 W2 Pts 4 (Latest: Dripsey 0-24 Meelin 1-16) Group 3C: Cloughduv P3 W1 Drew 1 Pts 3

2022 Cork Credit Unions County Football Leagues

Division One

Group 1A Latest Results: Éire Óg 0-8 Ballincollig 0-8, Béal Átha'n Ghaorthaidh 2-13 Mallow 1-15 Form to date: Ballincollig: Played 6 Won 4 Drew 2 Pts 10 Éire Óg: P6 W 2 D3 Pts 7 Béal Átha'n Ghaorthaidh: P 6 Won 2 Drew 1 Pts 5

Group 1B Latest result:

Carrigaline 1-14 Cill na Martra 2-11 Form: Cill Na Martra: P6 W 4 Drew 2 Pts 10

Division Two

Group 2A Latest result: Dohenys 0-15 Macroom 0-8 Form: Macroom: P 6 Won 3 D1 Pts 7 Group 2B Latest Results: N Aban 0-13 Knocknagree 3-16 Aghabullogue 2-11 Aghada 3-12 N Abán 1-15 Na Piarsaigh 1-13 Form: Naomh Aban: P 6 W 2 D 1 Pts 5 Aghabullogue: P 6 W 2 Pts 4

Division 3

Group 3A Latest result: Iveleary 0-14 Kilshannig 2-8 Form: Iveleary: P4 Won 2 Drew 1 Pts 5

Group 3B latest result: Millstreet 3-16 Ballinora 0-11 Form: Ballinora: P 5 W1 Pts 2

Tom Creedon Cup

Group A: Nemo 0-7 Cill na Martra 0-15 Table: Cill n M 4, Macroom 2, Nemo 1, Adrigole 1 Group B: Boherbue 4, Bantry 2, Castletownbere 2, Glenville 0

2022 County Championship Groupings:

Ballincollig PSF: v Douglas, Valley Rovers, Mallow Éire Óg PSF: v St Finbarrs, Carbery Rangers, Carrigaline Béal Átha'n Ghaorthaidh SAF: v Dohenys, Bandon, Kiskeam Cill na Martra PIF: v Nemo Rangers, St Vincents, Iveleary Iveleary PIF: v Cill na Martra, Nemo, St Vincents

Naomh Abán PIF: v Kanturk, Macroom, Rockchapel

Macroom PIF: v Rockchapel, Kanturk, Naomh Abán

Aghabullogue IF: v Dromtarriffe, Ballinora, St Finbarrs

Ballinora IF: v Aghabullogue, Dromtarriffe, St Finbarrs

Cahalane; O McAllen, L Hayes, S McCarthy; K

O'Mahoney, A Thompson; I O'Regan, F Keating, E

Subs: O Cronin for E Murphy (h-t), A Hurley for K

O'Mahoney (49), C O'Sullivan for I O'Regan (65), K

Wall for A Thompson (79, inj), A Smith for K Mackey

Murphy; A O'Connor, C Sigerson, K Mackey.

Camogie - 2022 Munster Senior Championship final

Cork 0-24 Clare 1-18 (after double extra time)

A brilliant Munster senior camogie final at P Uí Rinn with a draw at full time, a draw after extra time. It went to extra, extra time of five minutes aside before Cork emerged victorious.

In the normal time Cork had been behind by a point before a dramatic 70-yard free by Chloe

Sigerson on 64 minutes pushed the game to extra time. In extra time a brilliant Katrina Mackey point forced it to extra, extra time.

Scorers for Cork: A O'Connor 0-10 (0-4 f, 0-2 45), S Sigerson 0-7 (0-4 f, 0-1 45), K Mackey 0-4, F Keating, S McCarthy, O Cronin, 0-1 each.

Cork: A Lee; M Murphy, L Coppinger, Meabh

Ladies Gaelic Football

Cork 4-10 Waterford 1-12

Goals from Áine Terry O'Sullivan, Melissa Duggan and Eimear Scally helped Cork to overcome Waterford in the TG4 Munster senior semi final at Dungarvan.

Cork led by 2-7 to 0-4 at half time and remained in control. Cork underlined their clinical finishing ability with a third and match-clinching goal from Áine Terry O'Sullivan and the closing quarter was highlighted by Cork's fourth goal from Eimear

2022 Mid Cork Quish SuperValu Ballincollig Junior A Football League

Group 1:

Kilmurry P3 W3 Pts 6: Aghinagh P 3 W3 Points 6: Dripsey P4 W2 Pts 4: Cill na Martra P4 W1 Drew 1 Pts 3: Béal Átha'n Ghaorthaidh P4 W1 Pts 2: Grenagh P4 W0 D1 Pts 1.

JAFL Group 2:

Canovee P5 W4 D1 Pts 9: Éire Óg P5 W4 D1 Pts 9: Inniscarra P5 W3 Pts 6: Clondrohid P5 W3 Pts 6: Kilmichael P4 W1 Pts 2: Donoughmore P4 Pts 0: Ballincollig P4 Pts 0. Scally and a late Lauren McGregor green flag at the opposite end.

Kerry will be a tougher proposition in the Munster final but Cork can be pleased with their efforts. Scorers for Cork: Á T O'Sullivan 2-0, O Finn 0-5 (0-1

f), M Duggan and E Scally 1-0 each, D O'Sullivan 0-2 (f), E Cleary, S Kelly and K Quirke 0-1 each. Cork: M O'Brien; R Phelan, E Meaney, S Leahy; M Duggan, M O'Callaghan (captain), D Kiniry; A Hutchings, S Kelly; Emma Cleary (Éire Óg), C

2022 Ross Oil Junior Football Championship

Group 1: Kilmurry, Kilmichael, Dripsey, Clondrohid Group 2: Canovee, Éire Óg, Cill na Martra Group 3: Ballincollig, Grenagh, Donoughmore Group 4: Aghinagh, Inniscarra, Beal Átha'n Ghaorthaidh

2022 Mid Cork Cumnor Construction Junior A Hurling League

Donoughmore P3 W3 Pts 6: Grenagh P4 W2 Pts 4: Inniscarra P3 W1 Pts 2: O'Sullivan, LO'Mahony; ÁTO'Sullivan, DO'Sullivan, O Finn.

Subs: K Quirke for O Finn (40), R Leahy for L O'Mahony (40), Marie Ambrose (St Vals) for D Kinry (40), A O'Mahony for S Leahy (53), Eimear Scally (Eire Óg) for Á T O'Sullivan (55).

Maebh Cahalane (Éire Óg) and Liz Coppinger were omitted, having played with Cork in the gruelling Munster camogie final the previous evening.

Aghabullogue P3 W1 Pts 2: Blarney P3 W1 Pts 2.

Group 2:

(90).

Ballinora P4 W4 Pts 8: Éire Óg P4 W2 D1 Pts 5: Kilmichael P4 W2 D1 Pts 5: Ballincollig P4 W2 Pts 4: Cloughduv P4 W1 Pts

2: Iveleary P4 W0 Pts 0. 2022 MJK Oils Junior

2022 MJK Oils Junior Hurling Championship (July start)

Group 1: Inniscarra, Blarney, Donoughmore Group 2: Grenagh, Aghabullogue, Kilmichael, Cloughduv

Group 3: Ballinora, Iveleary, Éire Óg, Ballincollig





Macroom FC U10 Academy schoolboys who played away to Strand Utd.



Macroom U12 after a league win over Naomh Abán



Macroom U15 team who recently participated in the Feile competition



Tuesday the 10th of May was Athletes Day for all at St Mary's



Rusheen N.S. Girls Team who participated in the West Muskerry Football Blitz held in Kilnamartyra recently



Rusheen N.S. Boys Team who participated in the West Muskerry Football Blitz held in Kilnamartyra recently



4th, 5th and 6th class girls from St Josephs PS Macroom who recently took part in a Sciath na Scol blitz.



Eoghan Kelly of Macroom, u8 back to back champion of the phale road bowling tournament 2021. Running late due to COVID-19



Ten Years Ago - 2012

Cork County U 21 B Football Championship Final

Iveleary 1-14 Kildorrery 1-7

There was much jubilation at Pairc Ui Rinn when a talented Iveleary overcame the strong challenge of a never say die Kildorrery fifteen in the final of Cork County U21 B Football Championship. The dominant side for much of the first half, Iveleary appeared to be heading for a comfortable victory after they extended their interval lead of 1-5 to 0-3 to seven points just after the restart. The trend of the game changed dramatically however as Kildorrery hit back and only a point separated the teams with 12 minutes to go. Iveleary then showed their worth and with Cathal Vaughan in scoring form they eased their way to safety and an historic victory – the first adult county title the famed Uibh Laoire club has ever won.

Iveleary opened brightly aided by a stiff breeze and were superior in all areas of the field, displaying a confidence in their ability to raid forward at will. Cork Minors Sean O'Leary and Cathal Vaughan were in sparkling form and Shane Galvin was magnificent at midfield and the rest of the team responded to their promptings. Cathal Vaughan converted a penalty won by David Hourihan in the 11th minute to give Iveleary a 1-3 to 0-1 lead and they increased this advantage to seven points before Kildorrery came back with two late points to leave five points between the teams at the break. Cathal Vaughan and team captain Denis O'Leary added two more points for lveleary just after the restart but Kildorrery were not going to die that easily and began a great fight back. Three points in a row were followed by a Kildorrery goal in the 41st minute and with the score at 1-7 to 1-6. Alan O'Brien really rescued Iveleary by clearing a ball off his own goal line at this stage. Cathal Vaughan pointed an Iveleary free to ease matters but back came Kildorrery with another point to leave the minimum between the sides. The Iveleary defence remained calm, and with wing backs Sean O'Leary and a dashing Barry Murphy raiding forward along with Shane Galvin, Iveleary made a concerted push and managed six unanswered points in the closing sequence to fashion out a deserved victory. Cathal Vaughan had four of these to make his final tally a magnificent 1-7 (0-5 coming from play).

There were scenes of unbridled joy from the strong lveleary (and Western Gaels) supporters, when team captain Denis O'Leary (who along with centre back Cal Mc Carthy had made the long trek home from the USA for the final), accepted the trophy. The party started at Toonsbridge, and went on into the early hours in Inchigeela. Contributory factors to this victory were that at least eight of the team had won the County Minor B Football Championship with Western Gaels (Iveleary and Kilmichael combined) in 2012 and the majority of them have featured on successful De le Salle College, Macroom teams in recent years but the main reason is that this Iveleary group of footballers are talented and committed and have been guided by very competent and dedicated groups of mentors in the club over the past ten years.

Iveleary: Joseph Creedon: Alan O'Brien, Kevin Manning, David Murphy: Barry Murphy (0-1), Cal McCarthy, Sean O'Leary: Shane Galvin (0-1), Daniel O'Riordan: Liam Kearney, Cathal Vaughan (1-7, 1-0 pen., 0-2 frees), Denis O'Leary (0-2), Eamonn Creedon (0-1), David Hourihan (0-1), David Dineen (0-1). Subs: John McSweeney, Tim O'Shea, Miceál O'Lionáird, Kevin Jones. Selectors: Tim Pat O'Sullivan, Billy Twomey, John O'Callaghan. Physio: Cliona O'Riordan.

Cork County Hurling Championships 2012

2012 Premier Intermediate Hurling Championship

4th Round

Bandon 1-8 Castlelyons 0-10: Carrigaline 2-16 Ballincollig 1-11: Tracton 0-11 Youghal 5-16 : Mallow 1-6 Blarney 1-11: Newcestown 1-13 Ballinhassig 2-9: Kilbrittain 0-14 Ballyhea 2-15 Quarter Finals: Bandon v Carrigaline : Youghal v Blarney: Ballinhassig v Ballyhea: Inniscarra v Valley Rovers

Relegation Play off: Aghabullogue v Watergrasshill Final: Bandon v Ballinhassig Relegated: Aghabullogue

Aghabullogue 0 – 12 Watergrasshill 1 - 21 Only a point separated the teams at half time in this relegation battle at Cloughduv but in the second half 'the Hill' outscored Aghabullogue by 1-12 to 0-4 and so there can be no disputing their right to remain up in the Premier grade for at least another season. Aghabullogue have been struggling all year and having lost to Bandon, Tracton, Newcestown and now Watergrasshill they can have no complaints about their relegation which will allow them to regroup once again and

build for the future.

Aghabullogue: Denis O'Leary: Jerome Corkery, Joe Foley, Donncha Murphy: Alan Hogan, Niall Buckley, Anthony O'Sullivan: John Buckley, Paudie Twomey: John Corkery, Padraig Murphy, Mark O'Flynn: Donal Twomey, Greg Murphy, Finbarr Foley. Subs: Eoghan Kennedy, M Dennehy, Paul O'Rourke, Tim O'Leary.

Ballincollig 1-11 Carrigaline 2-16

Balllincollig hurlers made their exit from the championship at Belgooly when they were beaten by a better team on the night. The loss of a defender before half time when the Muskerry side were five points in arrears did not help their cause and they were to finish the game with only 13 players but they did battle hard all the way to the final whistle. Ballincollig: Finbarr Kelly: Liam Jennings, Noel Galvin, John Paul Murphy: Brian Cotter, Stephen O'Donoghue, Colin Harris: Ciaran O'Sullivan (0-5, 0-4 frees, 0-1 '65'), Kealan Hickey; David Bowen (0-1), John Miskella (0-1), Colm O'Connor; Conor Sexton (1-2), John O'Brien, Brian

Glavin. Subs; Ian Coughlan (0-2), Mark Prendergast, Alan Donovan, Frank Hickey, K Kelleher.

Blarney 1-11 Mallow 1-6

After playing with a very strong wind in the first half and being a point in arrears at half time, Blarney's chances did not look great against Mallow at Pairc ui Rinn but they displayed great heart and discipline in the second half and a goal from midfielder Brian Hurley six minutes from time put them two points in front and they put 14 man Mallow to the sword in the closing minutes to earn a superb victory and a quarter final joust with form team Youghal.

Blarney: P Hallissey: John Barrett (0-1), D McSweeney, P O'Leary: Joe Jordan, J Hughes M O'Leary: Brian Hurley (1-0), B O'Connell: Eugene McCarthy (0-1), James O'Sullivan, E O'Connor: Peter O'Driscoll (0-7, 0-6 frees, 0-1 '65',) Ross McNamara, S Mulcahy. Subs: Daniel Cronin (0-1), Patrick O'Sullivan, John Hurley (0-1), D Walsh.

Intermediate Hurling Championship

4th round: St. Catherines 0 – 11 Charleville 0 – 17: Ballygarvan v Barryroe:

Dromina 0-7 Kanturk 3-21: Fr. O Neills v EIRE OG: Meelin 2 – 18 Milford 2 – 16: Arigdeen Rangers 1-14 Aghada 1-13

Quarter Finals: Charleville v Ballygarvan/Barryroe: Kanturk v Fr. O Neills: Meelin 2-12 Arigideen Rangers 1-15: Fermoy v Kilworth Semi Finals: Charleville v Kanturk or Fr O'Neill's: Kilworth v Meelin or Argideen Relegated: Blackrock

Relegation Play Off:

DRIPSEY 2 – 14 Blackrock 1 - 14 A goal in injury time from David O'Sullivan gave

Dripsey victory and guaranteed them their place once again in the Intermediate hurling championship next year when they met the 'Rockies' second fifteen at Brinny. The win was greeted with unbridled joy by the Dripsey supporters and one can understand their feelings of elation as relegation is a dreadful outcome in July for any team which goes into a championship



full of dreams in June. Blackrock now are back down to junior hurling with their second team and their seniors are still in danger of dropping down to Premier Intermediate status – what a prospect for a major traditional hurling club!

Dripsey had many heroes in this win. David O'Sullivan hit over four points, three of these in the first half, in addition to banging in the golden goal: Diarmuid O'Riordan, back after injury was terrific and contributed 0-7, 0-3 of which came from frees and Mark O'Sullivan was a major player all through the hour.

Dripsey hit the front with a David O'Sullivan point with ten minutes remaining but the city side fought back and they were a point ahead with only two minutes remaining. Dripsey equalised and with the game in injury time David O'Sullivan buried the sliotar in the Blackrock net to give the Dripsey men victory and salvation!

Dripsey scorers: David O'Sullivan 1-4, Diarmuid

O'Riordan 0-7 (0-3 frees), Stephen Murray 1-0, Mark O'Sullivan, John Carey and Barry O'Regan 0-1 each. Dripsey: Aidan Buckley: Stephen Murray, Thomas Ahearne, Robert Daly: Pat O'Riordan, John Carey, Aidan Murray: Shane Burke, Conor Hayes: Diarmuid O'Riordan, Mark O'Sullivan, John Buckley: David O'Sullivan, David Buckley, Barry O'Regan. Subs: Daniel Buckley and Shane Manley.

2012 Ballincollig Credit Union Mid Cork Junior A Hurling Championship

Quarter Finals:

Donoughmore v Grenagh: Eire Og 3 – 8 Inniscarra 3 - 6 Cloughduv 2 – 11 Blarney 0 – 5: Ballinora 1 – 12 Ballincollig 0 – 8

Semi Finals:

Ballinora 0-9 Grenagh 0-21: Cloughduv 2-21Eire Óg 0-3Final: Cloughduv v Grenagh

Eire Og 3 – 8 Inniscarra 3 – 6

It was dark and misty at Ballincollig for this evening meeting of Eire Óg and Inniscarra in the quarter final of the Mid Cork championship. The hurling was moderate, but the game finished well with the lead changing on a few occasions and the issue being uncertain to the final whistle.

Defences dominated in the low scoring first half and Eire Og led by 1-4 to 0-2 at the break, Inniscarra having struck seven wides in the first half.

When Sean Holland gained possession and turned his marker before lashing a great drive to the Eire Og net in the 47th minute it meant that Inniscarra were in front by the minimum margin, 2-4 to 1-6. John O'Connor availed of an opportunity created for him by Ronan Sills and crashed the sliotar to the Inniscarra net to restore the lead to his side, Pádraig Murphy had a point for Inniscarra in reply and in the 54th minute Paul Farmer hit over an equaliser, 2-6 each. Aidan O'Connor put Eire Óg back in front, and then Eoin Lyons lobbed in a high ball and it appeared to be John O'Connor who got the vital touch to force the ball over the line. Brian Kirwan pointed a '65' but just as it appeared that Eire Óg could relax Alan Sheehan for Inniscarra finished with a fierce drive to the

Eire Óg net. The final four minutes were to be scoreless, so at the Eire Óg were still two points in front. Eire Og: John Barry: Sean O'Connor, Edward Long, Aidan Twomey: Kieran O'Sullivan, Andrew Herlihy, Aidan O'Connor: Ronan Dennehy, John O'Connor: Daniel O'Shea, Brian D'Arcy O'Sullivan, James Carr: John Malone, Ronan Sills, Brian Kirwan. Subs: Vincent Fahy, Eoin Lyons, Denis O'Keeffe and Fintan Brennan. Inniscarra: John O'Keeffe: James O'Driscoll, Colm Holland, Conor O'Mahony: John O'Brien, Tyrone O'Regan, Donal O'Callaghan; Tommy Buckley, Padraig O'Callaghan: Kieran Rice, Alan Sheehan, Jamie Barry: Stephen O'Sullivan, Sean Holland, Dominick Kelleher. Subs: Padraig Murphy, Paul Farmer, Michael Ryan and George O'Mahony. Referee: Mr Willie Barrett, Aghabullogue.

Cloughduv 2-11 Blarney 0-5

Cloughduv completely outclassed Blarney and booked their place in the semi-final of the Ballincollig Credit Union JAHC, after a disappointing game that was played in beautiful sunshine at Ovens. The winners dominated the opening half and led by 1-9 to 0-1 at the break and the game was effectively over even at this stage. Cloughduv will now face Éire Óg and on the evidence of this performance they look as hungry and competitive as ever as they seek to make it four in a row in Mid Cork.

Scorers for Cloughduv: D Corkery 1-1, B Ahern 1-1, D Ring 0-3 (0-2f), S O'Connor 0-3, A Cronin 0-2 (0-1 '65), J McCarthy 0-1.

Cloughduv: Colm Ryan; Barry Walsh, Ger Ahern, Mark Verling; Denis O' Sullivan, Andrew Cronin, Liam Long; Con Dunne, Stephen Down; Sean O'Connor, Brian Ahern, James McCarthy; Darragh Ring , Tom O'Mahony, Donal Corkery. Subs: William Ahern, Darren Kelly and Gerry Lucey.

Blarney: Richard O'Shea; Stephen O'Brien, Julian O'Donoghue, David Walsh; Conor O'Reilly, David Walsh, Daniel Cronin; Eoghan Murphy, Sean Harrington; Craig Sykes, Jack O'Regan, Raymond Deasy; Keith Costelloe, Pat O'Sullivan, Raymond O'Donovan. Subs: David Cremin, Darragh O'Brien, Mark Lee, John D Good.

Referee: Mr. Peter Downey, Inniscarra.

Championship semi final Grenagh 0-21 Ballinora 0-9

Grenagh had a comfortable win over Ballinora in the Mid Cork semi final at Ballyanley. Grenagh scorers: N O'Doherty 0-8 (0-5 frees, 0-2 '65') S Coleman 0-3, C O'Neill 0-3, T Kenny 0-2, K O'Neill 0-2, C Fitzgerald, T Walsh and G Russell 0-1 each. Ballinora scorers: Paul O'Mahony 0-3 (0-1 free, 0-1 '65'), Pat Fitton 0-3 (0-2 frees), Conor Murphy, Eoin Hourihan and Kevin Murphy 0-1 each.

Grenagh: Mark Kenny: Liam Walsh, Ray Dorgan, Paul McCarthy: Diarmuid Dorgan, Gerry Russell, Kelvin Cummins: Niall O'Doherty, Dean Dalton: Conor Fitzgerald, Seamus Coleman, Kevin O'Neill: Colm O'Neill, Tom Kenny, Tadhg Walsh. Subs: Martin Barry, Padraig Sexton and John Russell.

Ballinora: Barry Crowley: Brendan Hourihan, Michael Hodge, David O'Neill: Colin O'Shea, Conor Brosnan, Gary O'Halloran: Dan Hourihan, Tomás McGrath: Ben Ahern, Conor Murphy, Paul O'Mahony: Kevin Murphy, Eoin Hourihan, Pat Fitton. Subs: Alan O'Neill, Ciarán Conway, Darren Hegarty.

GAA – County Football Championships 2012

All first-round winners go on to Round Four, losers to Round Two with a further Round Three for next group of losers and then winners of this round go to Round Four also.

Senior Football

4th Round: Carbery Rangers v Ballincollig Quarter Finals: Carbery Rangers v Bishopstown or Clonakilty: Castlehaven v St Finbarrs: Avondhu v O Donovan Rossa: Duhallow or Dohenys v Douglas

Relegation Play Off: Na Piarsaigh v St Nicholas

Premier Intermediate Football

Round 1Winners: Mallow, St Michaels, NAOMH ABAN, Valley Rovers, St Vincents, Bantry Blues, Nemo Rangers, BEAL ATHA'n GHAORTHAIDH.

Round Two Results:

Glenville 0 – 15 Macroom 0 – 12: Clyda Rovers 0 – 15 Mayfield 1 - 5 Carrigaline 2 – 9 Ballinora 1 – 9: Kiskeam 1 – 9 Kinsale 0 – 11

Round Three: Macroom 1-10 Kinsale 1-11 Mayfield 1-6 Ballinora 4-10

4th round: BALLINORA 0-4 St. Michaels 3-12: BEAL ATHA'n GHAORTHAIDH 1-10 N ABAN 0-13 Relegation Play Off: Mayfield v MACROOM

Béal Atha'n Ghaorthaidh 1 – 10 Naomh Aban 0 – 13 'A draw was a fair result' was the general comment heard after this enthralling contest at Kilmichael. Naomh Aban, playing against the wind, led by 0-9 to 0-2 at half time and looked to have the game sewn up at this stage. Beal Atha then staged a remarkable recovery to leave the score at 0-10 to 0-7 at the three-quarter stage and they took a two-point lead with a goal from Andi Concannon in the 50th minute. Naomh Aban then drew level with only two minutes remaining on the clock but Liam Shorten kicked a superb free over the bar to edge Beal Atha back in front with the game going into injury time. Naomh Aban needed heroes and when Anthony Lynch drove forward, he was fouled and Miceal Ó Cronin stepped up and duly sent the resultant free over the bar to level the scores once



again.

The score at half time was 0-9 to 0-2 in favour of Naomh Abán. In a game of two halves, it was the turn of Beal Atha'n Ghaorthaidh to run the show after the break. Points flowed and in the 50th minute Liam Shorten set up a goal chance for Andi Concannon and the latter billowed the N Aban net and now the game appeared to going the way of the Beal Atha men. Liam Shorten had what looked like a point not awarded and points from Tadhg Scannell and Shane McCarthy brought the sides level with two minutes of normal time remaining. Liam Shorten broke the deadlock with a massive point from a free out on the wing but Micheál O Cronin saved the day for N Aban in injury time.

Béal Atha'n Ghaorthaidh: Béal Atha'n Ghaorthaidh: Gearoid O Muirthille: Sean O Duinnin, Donal MacCarthaigh, Nollaig O Duinninh: Amhlaoibh

O Loinsuigh, Sean O Donnchu, Barra O Coinceannainn: Lionaird O Conchuir, Colman O Tuama: Liam O Coinceannainn, Tadgh O Laoire, Cian O Duinnin: Ben Seartan, Aindreas O Coinceannainn, Liam Seartan. Ionaidi: Pol O Buachalla agus Nollaig O Laoire.

Naomh Aban: Diarmuid MacCarthaigh: Amhlaoibh O Loinsuigh, Seamas O Mathuna, Cris O Deasuna: D O Scanaill, Antoin O Loinsuigh, Colman O Tuama: Tadgh O Scanaill, Seamas O Laoire: Dara O Suilleabhain, Miceal O Cronin, Diarmuid O Liathain: Colm de hIde, Colm O Murchu, Donncadh O Ceochain. Ionaidí: Shane MacCarthaigh agus Liam MacSuibhne.

Ballinora 0-4 St Michaels 3-12 Ballinora's interest in this year 's Premier

Intermediate championship ended at Ballincollig as city side St. Michael's, ran riot in the final quarter to score a comprehensive victory. After a very moderate first half in which only one score came from play, a point from a Michael's defender, the city side led by 1-3 to 0-2 at the break.

The sides swapped points in the third quarter and the interval gap of four points was all that still separated the sides as the three-quarter mark drew near. Then the skies fell in on Ballinora who finished with 13 men.Ballinora: Eoin Walsh: David O'Neill, Gary O'Halloran, N Collins: Mark Kelleher, Cathal O'Connor, Tomas McGrath: Michael Hodge, Alan O'Neill: Ben Ahern, Conor Brosnan, Ian Whycherly: Michael Murphy, Conor Murphy, Pat Fitton. Subs: Darragh O'Neill, Cian Lucey, T Twomey.

Intermediate Football Championship

Round Three: Glanmire v Castletownbere: Eucey, Tadgh McCarthy. Kilavullen 1-8 Cloyne 3-10

Intermediate Football Championship 4th Round

Canovee 0 - 13 Ballydesmond 1 - 17; Eire Og 3 – 11 Kildorrery 1 - 10 Fermoy 0 – 15 Cloyne 0 – 4: Glanworth 2 – 11

Kanturk 2-9 Quarter Finals: A Eire Og 0 – 20 Ballydesmond

0 – 7 B CILL na MARTRA 1 –11 Fermoy 0 – 9 C Glanworth v Castletownbere D Adrigole 1-11 Youghal 2 – 8 (draw) Replay: Adrigole 0 – 13 Youghal 1-7

Semi Finals: EIRE OG v CILL na MARTRA: Adrigole v Glanworth or Castletownbere **Relegated: Kilavullen**

Canovee 0-13 Ballydesmond 1-17

An impressive second quarter scoring burst was decisive as Ballydesmond overcame Canovee at Mourneabbey. Canovee had enjoyed an early 0-3 to 0-1 lead, Denis O'Sullivan with two, and Mark Verling their scorers. Pat Dunlea then answered a Donncha O'Connor point from a Ballydesmond free to leave Canovee in front by 0-4 to 0-2 after 14 minutes but four unanswered points from the Duhallow side put the Duhallow side in a strong position as they were playing against the wind. Ballydesmond increased their advantage four points and when Paudie Breen finish to the roof of the Canovee in the 27th minute from here on Canovee were always struggling. Ballydesmond led by 1-10 to 0-6 at the break.

Canovee battled well with Mark Verling converting three frees and Pat Dunlea and Seán O'Connor also prominent and the gap between the teams was down to six points with ten minutes to go. Ballydesmond reasserted their supremacy again in the closing stages. Canovee scorers: Sean O'Connor 0-4, Denis O'Sullivan, Mark Verling (0-3f) 0-3 each, Pat Dunlea 0-2 (0-1f), Darragh Ring 0-1(free).

Canovee: Tom Murphy; Donal O'Sullivan, James McCarthy, Timmy Lyons; John O'Brien, Andrew Cronin, Brian Ahern; Ger Ahern, Eamonn Lyons; Pat Dunlea, Darragh Ring, Denis O'Sullivan; Con Dunne, Mark Verling, Sean O'Connor. Subs: Ger

It was a first championship game for both sides for 17 weeks!

Eire Og 3 – 11 Kildorrery 1 – 10

This was a notable victory for Eire Óg at Blarney as Kildorrery has been a bogey team for the Ovens men in the Intermediate championship in the past two seasons. The difference in the end may have been seven points but this was a stirring contest with the team's level on six occasions over the hour and Eire Og only pulled away in the closing ten minutes with two goals after Kildorrerv had scorned numerous opportunities of finding the net.

Éire Óg deserve great credit because on a very hot day for football they kept battling and finished strongly with John Dineen and Kevin Hallissey getting through for vital goals near the end.

Dermot Herlihy had a goal in the 25th minute and Éire Óg held that goal lead at the break, 1-7 to 0-7. The sides were level at 1-8 each and after points were exchanged were level again at 1-9 each after 49 minutes. Hallissey put Éire Óg ahead and a minute later Dineen landed the first blow with a second Eire Og goal. Both sides lost a man to a red card as the exchanges were fierce but the Eire Og attack was beginning to move well and after Goulding pointed, the fatal blow was delivered to Kildorrery's chances when Hallissey cut through their defence for goal number three, ensuring a quarter-final place against Ballydesmond for his side.

Eire Og scorers: John Dineen 1-3 (0-1 free), Dermot Herlihy and Kevin Hallissey 1-2 each, Daniel Goulding 0-3 (0-1 free), Alan O'Mahony 0-1.

Éire Óg: Joseph Kelleher; Fiachra Landers, Cian O'Mahony, Shane McCarthy; Mike O'Shea, Ciarán Sheehan, Tim O'Leary; Liam Murphy, Alan O'Mahony; Aidan O'Connor, Kevin Hallissey, Paul McDonagh; Daniel Goulding, Dermot O'Herlihy, John Dineen.

Subs: Barry Corkery (40), Brian Darcy O'Sullivan (45), Daniel O'Connor (50)

Eire Óg 0 – 20 Ballydesmond 0 – 7

Eire Og will be installed as favourites to win the Intermediate championship after this awesome display of forward power against Ballydesmond at Mallow. The men from Ovens simply tore the opposition to shreds.

Eire Og started well with points from Kevin Hallissey, Daniel Goulding and Aidan O'Connor and the Eire Og scores came at regular intervals and the half time lead was 0-8 to 0-3 and the eventual outcome seemed likely already. On the restart Eire Og with Kevin Hallissev leading the attack with aplomb, fully assisted by Dermot Herlihy, John Dineen and Daniel Goulding the points tally kept mounting and the contest had fizzled out before the three-quarter mark was reached. Eire Og scorers: K Hallissey 0-9 (0-1 free), D Goulding 0-5 (0-2 frees, 0-2 '45'), J Dineen 0-2, C Sheehan 0-2, A O'Connor and D Herlihy 0-1 each.

Eire Og: Joseph Kelleher; Cian O'Mahony, Raymond Dennehy, Shane McCarthy; Mike O'Shea, Alan O'Mahony, Eanna Lowney: Ciarán Sheehan, Liam Murphy: Aidan O'Connor, Kevin Hallissey, Paul McDonagh; John Dineen, Daniel Goulding, Dermot O'Herlihy. Subs: Tim O'Leary, Brian Darcy O'Sullivan, Fiachra Landers, Daniel O'Connor, Conor Hallissey.

Cill na Martra 1-11 Fermoy 0-9

Cill na Martra moved efficiently on to a county semifinal meeting with Eire Óg with a deserved win over Fermoy at Blarney. The teams were evenly matched over the first half but Cill na Martra hit a golden patch just before the interval to turn a deficit into a three-point advantage, 1-5 to 0-5. In the second half Fermoy attempted a comeback but great defending held the North Cork men scoreless for 25 minutes as Cill na Martra stretched their advantage to 1-11 to 0-7 and Cill na Marta just would not let them in for the goal Fermoy needed. It was another good win by the Cill na Martra men who have recovered well since they lost their opening round game to Ballydesmond and with wins over Glanmire, Aghabullogue and now Fermoy under their belts they will approach the Eire Og challenge in good spirits.

Cill na Martra got off to a good start and after three minutes Maidhchi Dineen finished off the good work of Danny O'Connell with a smashing goal. Dannny O'Connell added a point in the 9th minute but Fermoy then took over and they led by



0-5 to 1-1 by the 26th minute when Cill na Martra had their next score. Cill na Martra had a 17th minute penalty saved but finished the half in great style with two points from Connors and in injury time one each from Kevin O'Sullivan and Danny O'Connell to lead by 1-5 to 0-5 at the break.

Fermoy cut the deficit by two points on the restart but with Sean Kelleher heroic at midfield a period of Cill na Martra increasing dominance followed which yielded further points from Maidhchi Dineen, Martin Connors, Sean Kelleher, Kevin O'Sullivan and Kevin Hoare and the lead was 1-11 to 0-7 entering the final straight. Noel O'Leary, his brother Colm, Brendan Lynch and Tadhg Dineen were outstanding in the tight Cill na Martra defence.

Cill na Martra scorers: Maidhchí Ó Duinnín 1-2, M. Connors 0-3 (0-2 frees), Danny O'Connell and Kevin O'Sullivan 0-2 each, Sean Kelleher and Kevin Hoare 0-1 each. Cill na Martra: Eoin O Duinnin: Marc Ó Goili, Colm Ó Laoire, Tadhg MacSuibhne: Breandán Ó Loinsigh, Nollaig Ó Laoire, Tadhg Ó Duinnín: Seán Ó Céilleachair, Cathal MacSuibhne: Caoimhín Ó hUidhir, Donal Óg Ó Laoire, Martín Ó Conchuir ; Maidhchí Ó Duinnín, Caoimhín Ó Suilleabháin, Danni Ó Connaill. Fir Ionaid: Shane Ó Duinnin, Padraig Ó hAodha, Seanachán Ó Loinsigh.

2012 Ross Oil Mid Cork Junior 'A' Football Championship

Quarter Finals: A Kilmurry 0 – 12 Aghinagh 0 – 8: B Kilmichael 0 – 8 Inniscarra 0 – 7: C Iveleary 2 – 11 Macroom 1 – 6: D Dripsey 1 – 11 Blarney 0 - 7

Kilmurry 0-12 Aghinagh 0-8

The semifinal line up for the Mid Cork football championship is now complete after the victory of Kilmurry over Aghinagh at Inchigeela. Kilmurry did not establish their superiority over the underdogs until the final quarter and Aghinagh kept them under pressure to the final whistle. That said, the Kilmurry victory was deserved as they had the better-balanced team and it was this overall strength that counted in the finish as Aghinagh just could not deal with all the problems presented by Kilmurry even though the losers had many fine performers. Aghinagh will take heart from this year's championship campaign and the development of their young players.

Conditions at Inchigeela were excellent. The sun was shining and the pitch was in beautiful condition. The game was sporting and the referee John Ryan had an excellent hour getting little trouble from the contestants.

Kilmurry were expected to win this game handily but they were worried by two points for Aghinagh from Donal Corkery in the opening four minutes, both well-worked scores. William Buckley had Kilmurry's opening score in the 9th minute and hit an equaliser a minute later and James Kelleher then kicked Kilmurry into the lead in the 12th minute. Any notion that Aghinagh would capitulate was being dispelled on the field as every ball was been contested and indeed Aghinagh were containing the Kilmurry attack despite strong pressure. In the 21st minute Declan Ambrose kicked an equaliser for Aghinagh from a difficult angle but Dominick Creedon put Kilmurry back in front within minutes. Aghinagh again equalised this time with a superb point from young Donagh McCarthy in the 27th minute and William Ambrose put them into a short-lived lead a minute later. Just before the half time whistle, James Kelleher kicked an equaliser for Kilmurry and the teams were level at 0-5 each at the break.

Aghinagh started the second half well and Donal Corkery curled in a superb long range shot in the 36th minute to put Aghinagh ahead once more. Dominick Creeedon equalised two minutes later and two points from William Buckley, one of the best Kilmurry performers on the day, had his side leading by 0-8 to 0-6 by the 42nd minute and Kilmurry were beginning to take control. James Kelleher's point at the three-quarter stage opened up a three-point gap and Greg Barrett added a further point within minutes to ease the situation further for Kilmurry. Kelleher had another point in the 52nd minute but Aghinagh were battling on and points from Barry O'Leary and Declan Ambrose reduced the deficit to three points as the game went into injury time. A late Kilmurry point from William Buckley then settled the issue removing any doubt about the outcome. Kilmurry: Pat O'Callaghan: William Barrett, Kevin Barrett, Eoin Barrett: Liam Long, David O'Leary, Ian Murphy: James White, Eoin Creedon: Dominick Creedon, David O'Halloran, Stephen Down: James Kelleher, Greg Barrett, William Buckley. Subs: Jonathan Buckley, Alan O'Sullivan.

Aghinagh: Paul O'Sullivan: Paudie O'Sullivan, Seamus O'Leary, Jeremiah Kelleher: Trevor Burns, Dave Barry, Donagh McCarthy: Con Lehane, James Ambrose: Sean Horgan, Donal Corkery, Declan Ambrose: Barry O'Leary, William Ambrose, Jeremiah Corkery. Subs: Sean Kelleher, William Coakley, Paudie Twohig, Ross Crowley, Alan Hourihan. Referee: Mr John Ryan, Macroom.



De La Salle College, Under 16 A Football County Champions

Cormac O' Riordan receiving the match ball from coach Jimmy Murphy after scoring five goals for Macroom U15s in their 6-2 cup win over Leeds.



Comórtas Peile na Gaeltachta 2022. Béal Athan Ghaothaidh buathoirí Cluiche Ceannais Gaeltacht Mhuscraí. Pic le Nóra Uí Luasa

LEE VALLEY OUTLOOK



Pupils from 4th, 5th and 6th class in Muinefliuch N.S. on their local history tour with historian Con McCarthy



(Project Macroom Brown Bread) Mr. Iggy Dineen Deputy Principal, Trish Lynam Principal, Ólan Cronin, Anna Kohlbauer, Dylan Sheehan, Sadhbh McCarthy, Ben Horgan, Estera Fert, Bernie Angland TY Co-Ordinator, Ciara McGee & Gráinne Caffrey (Local Enterprise Office)



. (Project Lee Valley Cordial) Mr. Iggy Dineen, Ms. Trish Lynam, Jade Dineen O'Sullivan, Nora Kate O'Leary, Matt Murphy, Ciara O'Connell, Lucy O'Callaghan, Noel Breuer & Maya O'Mahony, Bernie Angland TY Co-Ordinator, Ciara McGee, & Gráinne Caffrey (Local Enterprise office)



St Mary's 5th year Business and LCVP classes on a site visit to Stryker.



(Project Hug in a Mug) Mr. Iggy Dineen (Deputy Principal), Trish Lynam (Principal) Ms Hazel Bourke (R22 co-ordinator) John O'Riordan, Sean Kelleher, Patrick O'Halloran Crowley, Jack Curtin, Ciara McGee & Gráinne Caffrey (Local Enterprise Office)



[Project Sensational] Mr. Iggy Dineen (Deputy Principal), Trish Lynam (Principal), Olampio Yu-suf & Lauren O'Sullivan, Bernie Angland TY Co-Ordinator, (missing from Photo are Aisling O'Leary, **Isobel Roberts)**



Margaret Corkery (centre) with many of the present and former staff who gathered to wish her well in her retirement



Margaret Corkery (centre) is presented with a gift and flowers on behalf of the staff members of the social committee From Left Bernie Angland, Elaine Morris, Kevin Clarke & **Carol Warren**

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SNIPPETS | DIARY

We are pleased to publicise Lee Valley functions, fundraisers, sports events etc. in this fortnightly Diary. We may include commercial events that are also being advertised simultaneously in the magazine. Back issues of the Lee Valley Outlook at www. macroom.ie

AGHINAGH GAA:

Results 2nd May, 2022

Special draw for yearly paid-up members - €500.00 won by John Moynihan, Beal na Marbh

The jackpot was €1,300.00. The numbers drawn were 12, 15 and 29. There was no jackpot winner. Consolation prizes: €50.00 to Alan McCarthy, Beal na Marbh. €20 each to Mairéad Corkery, Drombeg (Online Winner); Jayden Crowley, C/O Geraldine Kelleher; Damien Burns, C/O Martin; Hugh & Marie Twomey, Rusheen.

Results 9th May, 2022

The jackpot was €1,450.00. The numbers drawn were 17, 22 and 34. There was no jackpot winner. Consolation prizes: €50.00 to Micheal Horgan, Horsemount. €20 each to Donagh McCarthy, Castleview; Edel Kelleher, Kilgobnet; Marie Therese O'Callaghan, Rusheen; Adam Kelly, Ballyverane.

COACHFORD AFC:

Results 3/5/2022. Jackpot: €1,400. Numbers Drawn: 2 - 4 - 28. No Winner. €40 Billy Post Office. €20 Luke Casey. Donal O'Callaghan (Yearly Ticket). Kathleen Healy (Yearly Ticket). Lorraine O'Halloran-Cotter (Online Ticket).

Results 9/5/2022. Jackpot: €1,600. Numbers Drawn: 2 - 6 - 23. Winner: Marian O'Driscoll. €40 Sophie Cronin. €20 Stephen Foy. Tom Curtis (Online Ticket). Pádraig O'Riordan. Kathleen Healy (Yearly Ticket).

RCPA (RYLANECOMMUNITY PARKASSOCIATION) LOTTO RESULTS:

Tuesday May 3rd 2022 Lotto Results: Winning numbers: 23, 25 & 29. Jackpot - €3,000 No Winner

Lucky Dips: Donna Lane (Rylane); Sheila O'Sullivan (Rylane); Sandy O'Leary (Barrett's Place, Macroom yearly); Jerry Grimes (Rylane - online). Seller's prize: Jamsie Kelleher (Donoughmore) Next week's Jackpot will be €3,100.

Monday May 9th 2022 Lotto Results: Winning numbers: 3, 7 & 24. Jackpot - €3,100 No Winner

Lucky Dips: Sheila Barrett (Coachford); Veronica Reidy (Rylane); Reece, Seán & Bradley O'Sullivan Rylane - yearly); Sandy O'Leary (Barrett's Place, Macroom - online). Seller's prize: Jamsie Kelleher (Donoughmore)

Next week's Jackpot will be €3,200.

CLONDROHID LOTTO G.A.A:

LOTTO RESULTS: May 4th of May

€70 Caroline Kelleher c/o A O'Mahony The Village €20 Patsy O'Leary c/o Murrays Bar, Neil Corkery Lissacreasig, Kay Healy Carrigphooka, Mary Cooney Greyhound Bar. May 11th of May Jackpot €9.600 €70 Teresa Lucey Rusheen

€20 Thos. Corkery Jnr Dagansillagh, Helen O'Brien, the Village, Cath. O'Connor c/o Murrays Bar, Jerry Dineen Ballincollig.

MACROOM GAA LOTTO RESULTS: Lotto Results 4/01/2022

No Winner – No's 19-28-31-34 – Jackpot €17,000. €70. Jennifer & Shane, 9 Cork Street, Macroom. €20. Tadgh Mc Sweeney, Carriganima, Macroom. €20. Karen Dinneen, Annagannihy, Ballinagree, Macroom. €20. Declan Kiely, Cork Street, Macroom. €20. Ben & Adam O'Riordan, Castle Street, Macroom. €20. James Cotter, Toames West, Macroom.

MACROOM FC:

Lotto Result: 09/05/2022. Jackpot: 4,400 euro. Numbers drawn: 7, 16, 20. No Winner. 80 euro: Michelle Long c/o Greyhound Bar. 20 euro each: Jennifer Goulding c/o Swanky, Norelene Healy c/o Darrin, Noel Kelleher c/o Joan, Paulie Kingston.

ANNUAL KILMICHAEL CEMETERY MASS

The annual Kilmichael Cemetery Mass will be celebrated in Macloneigh Graveyard at 7.30 pm on Monday 30th May. This is the oldest cemetery in the parish and is of great importance historically as it is reputed to be the site of St. Finbarr's first church. It is situated on the banks of the River Lee and contains the ruins of a medieval church. Countless generations of local people are buried there. This annual event is organised by Kilmichael Historical Society and is rotated between the three burial grounds in the parish. During the ceremony all the dead of Kilmichael, whether they rest in Kilmichael or some far off land are remembered. Everybody is welcome.

Kilmurry GAA 5km Fun Run

June 10th 2022 Kilmurry GAA 5km Fun Run Registration from 6pm at Kilmurry museum Race starts at 7.30pm. Adults €10 children €5 All welcome

GAA CLUB		
	Lotto J 16/05/2	
	Num Drav	
	Winners: No winner	
	€50	Jim Sheehan, Newcestown, c/o Shelias Shop
	€20	Ger&Sadie ofo Post office
	€20	Shelia&Fiona Kilmuny
	€20	Tom O Sullivan Dooniaky .yearly
	€20	Michael O Halloran Clonmacow, online
	€20	The O Brien family Currabeha, yearly
ą,		
	News of the Week:	
	✓ f	



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THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

x

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it.

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NOVENA TO OUR LADY OF MOUNT CARMEL



O Most Beautiful Flower of Mt. Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist us in our necessity. Oh, Star of the sea, help me and show me, herein you are my Mother. Oh Holy Mary, Mother of God, Queen of Heaven and earth! I humbly beseech from the bottom of my heart to succor me in this necessity. There are none who can withstand your power. Oh, show me herein you are my Mother. Oh Mary conceived without sin, pray for us who have recourse in thee (3x). Holy Mother I place this cause in your hands (3x). Say this prayer for 3 days and publish. Your pravers will be heard.

KW

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

x

60th ANNIVERSARY





do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Eternal Rest Grant unto him O Lord and may perpetual light shine upon him. May his soul and all the souls of the faithfully departed through the mercy of God, may they Rest in Peace. Amen.

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NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. MD

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FIRST ANNIVERSARY

AND ACKNOWLEDGEMENT

In loving memory of

SHEILA

HOLLAND

Castletownbere

Who died on 18th May 2021

As we lovingly remember Sheila on

the first anniversary of her passing,

her family wish to express our sincere

gratitude to everyone who supported us

in our sad loss.

Due to public health restrictions many

friends and neighbours were unable

to attend her funeral but we know you

were with us in spirit.

We extend a special word of thanks to

those who joined us online, who sent

Mass and sympathy cards, perpetual

enrolments, who phoned, sent text

messages or left condolences on RIP.IE.

As it may not be possible to thank

everyone individually please accept

this acknowledgment as an expression

of our deepest gratitude.

The Holy sacrifice of the Mass will be

offered for your intentions.

የ

Donal and Teresa Holland and family,

Aherla

MEMORIALS AND REMEMBRANCE

39th ANNIVERSARY



In loving memory of our Dear Son

IAN FLEMING Late of Crookstown, Co. Cork

Who went to heaven on the 28th May 1983 You gave us years of happiness,

The sorrow came with tears, The sorrow came with tears, You left us lovely memories, That we have treasured through the years. No farewell words were spoken, No time to say goodbye, You were gone before we knew it, And only God can tell us why. It broke our hearts to loose you, But you did not go alone, For part of us went with you, The day God called you home.

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Always in our thoughts and forever in our hearts. Love from Mom, Brothers Paul, Brian and James, Sister Tina, nieces and nephews.

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

JOR

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FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



LOUISE O'REGAN (NEE MURPHY)

Ard na Gréine, Kilnagurteen, Macroom, Co. Cork (formerly Lissarda, Co Cork) Who died 20th May 2021

As we fondly remember Louise on her first anniversary, her loving husband Michael, her family Sinéad, Cathal, Aisling and Aedín and her adoring grandchildren Ultán and Sadhbh wish to thank everyone who sent Mass cards, floral tributes, texted and sent messages of condolences on RIP.IE, phoned and offered their kindness and support to us and to those who kindly brought food and refreshments.

A heartfelt thank you to the priests of Macroom Parish, Fr Roberts, Fr O'Mahony and especially to Fr John Keane for regularly visiting Louise at home and being with her up until her final moments, for beautifully celebrating her funeral Mass along with Fr Aidan Vaughan. It gave us great consolation to have her honoured in such a lovely way. Sincere thanks to Mary Crowley for the beautiful music and singing at Louise's Mass and to the sacristan Teddy Sheehan.

Thank you to our neighbours, friends, relatives and Macroom Fianna fail Cumann who travelled near and far and to those who formed a guard of honour from Louise's residence and at St. Colman's Church, on the day of her funeral and who attended the Cemetery and to those who watched online. To Eileen Lynch for her gesture of kindness shown to us at the time of the funeral. To Eileen O'Flynn and staff at the Auld Triangle, thank you for providing the lovely food after the funeral. To Ultán's and Sadhbh's teachers and principal Fionnuala, thank you for providing emotional support to them during and after ther passing of their nana. We would like to express our gratitude to Fitzgeralds Funeral Directors especially Billy

and Martin for their sensitive and professional handling of all the arrangments. We would like to thank Macroom Public Health nurses, especially Siobhan and Catriona, Macroom Home Help staff, especially Caroline Lorigan, Marymount Pallative nurses and night nurses Eileen and Rosmary for their gentle minding of Louise on her last nights at home and to the staff at Sullane Family Practice, especially Dr. John O'Riordan and Dr Sean Foley who

cared for Louise with the utmost dignity, compassion and respect during her illness. A special word of thanks to our neighbours Mary Garrett, Mary and Jerry McKenna and especially Claire Coughlan, who we are forever in debt to you for helping us care for our mother when she came home for her final days and for supporting Dad during those difficult days of Mam's passing and the continued support to him during the past year. We are forever grateful and your kindness has not gone unnoticed.

To the many card playing friends especially Kay O'Donoghue, Catherine O'Leary, Mary Hartnett, Mary Trunwit and Kathleen Buttimer who regularly contacted Louise while she was sick and offering her kind words of support, thank you.

To Catherine Hartnett, sincere thank you for your loving support and calling and texting regularly checking on Louise. We would like to acknowledge the great work carried out by Aindrias Moynihan and Colette for helping us in getting Louise home to care for and for fulfilling her last wish and for this we are truly thankful.

Please accept this acknowledgment as an expression of our gratitude and appreciation. The Holy Sacrifice of the Mass has been offered for your intentions

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Sadly missed and always remembered by your loving family. Louise's first anniversary Mass will be celebrated in St. Colman's Church Macroom on Friday 20th May 2022 at 7.30pm.

MEMORIALS AND REMEMBRANCE





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