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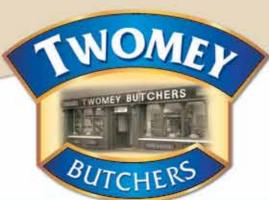
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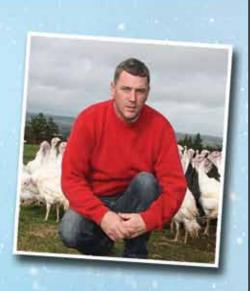


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Tidy Towns Competition 2021

Macroom Tidy Towns just keep going upwards! Up 9 marks from last year, unfortunately, there was no increase in approach roads (which I am sure will change next year when several construction projects are completed). Macroom Tidy Towns were up 3 marks in the sustainability category which, was due to the comprehensive documents and detail on the sustainable development goals and its promotion in the LVO. One aspect of just how far the tidy towns go for our community which I didn't realise was that Doggie poo bins are in 5 locations with mutt mitts which the Council provide. However, these are emptied by volunteers. I have to say I am in constant awe of all the hard work of all the volunteers. And it gladdens the heart to see the 5 local schools engaging with the process too, after all, it is the next generations which will be most affected by our actions against the environment.

Christmas Lights

A special thank you to the Lee Valley Enterprise board, Martin Coughlan and all the volunteers who are responsible for the Christmas cheer in Macroom. Its not an easy task to untangle that many lights so a massive well done to all involved. Be sure to pop into town on the 26th of November for the turning on of the lights! It's always a magical evening for all the family.

Shop Local

There's a meme going around social media about Amazon not sponsoring your local Football team, but it rings true, they don't. There's a vast array of artists, creatives, restaurants, bars and local businesses that have had an incredibly hard year. Shop Local because its

Your custom matters more.

It's better for the environment by helping reduce your carbon footprint.

You help support local businesses.

You invest in your community. It's near & convenient.

Customer service is better.

It helps create demand for local jobs.

There are great deals to be found. You're likely to find quality products.

Sarah Kate Murphy





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Local Girl published in Prestigious

xford Journal

Rachel McCarthy a local resident of Kilmurry and past pupil of St. Mary's Macroom has defied all normality by becoming one of the very few undergraduates to ever be published by the prestigious Oxford University Press. Along with it being also published in the IRISH TIMES. A Digital Humanity/Computer Science BA student in final year at UCC she studies German as her minor but also runs a concurrent extra minor in English such is her ability.

She has won both an undergraduate excellence award, a quercus scholarship, an undergraduate publication award outside of having a paper published by OUA at only 20 years of age.

I feel so sorry that this has not been acknowledged before now and certainly amazing news in this otherwise drab year. She was always a quiet unassuming lovely girl and i would hope recognition would be given where due. The paper involved using text analysis to define the through author of one of the most famous classics. She was the first to run such analysis and so highly thought of it was picked up by multiple publications.

I have included links below to the various accolades - I am so proud to have taught her.

In fact, if one searches on Rachel McCarthy Wuthering Heights many publications' citate her paper in conjunction with Dr. James O'Sullivan who co-authored it so it could indeed be published as an undergratuate would not be considered alone. Rachel runs a blog on www. rachel.ie. I would love to wish her the success she deserves, she now works part time for the prestigious VMware whilst continuing her studies. https://www.ucc.ie/en/dah/news/ucc-undergradpublished-in-leading-journal.html

https://academic.oup.com/dsh/articleabstract/36/2/383/5862913

https://www.researchgate.net/ publication/345339811_Who_wrote_Wuthering_ Heights

https://www.ucc.ie/en/dah/news/uccdhundergraduate-excellence-award-recipientsannounced.html

https://www.ucc.ie/en/dah/news/two-uccdhpublications-recognised-at-research-awards.html

Lines that came to mind as I stood in City Hall on a Wednesday in November 2021 Poem by Emer O'Leary

I'm not a hero, I'm only human. I don't wear a cape and fly high in the sky, Saving people as I swoop by.

> I'm a healthcare worker, And I'm in this line Getting the jab for the third time.

I'm in disbelief that I'm here again, Almost 12 months on and it's happening again.

I'm doing it for me and it's all my choice, It's for the people I work with, care for and you reading this too.

I'm tired of the virus, and what it's doing and done, I need my life back; I need to have fun.

But through my work I'm seeing its effects every day too, And so, I must do what I feel is right so we can end this fight.

Because life still isn't normal for me or for you So please help in the fight in all that you do.



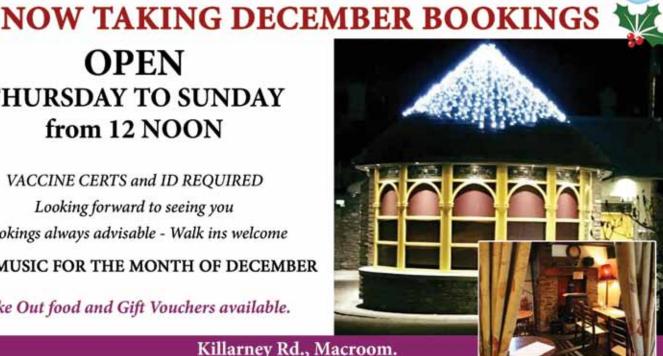
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Gaeltacht Cheese Products on top of the world

Gaeltacht companies scoop 10 world and national cheese awards

Several Gaeltacht cheese products have been recognised not only as some of the best in Ireland but the best in the World thanks to 10 world and national cheese awards that Údarás na Gaeltachta client companies have won recently.

The awards won by Macroom Buffalo Cheese Products and Coolea Cheese in the Múscraí Gaeltacht as well as Aran Goats Cheese on Inis Mór in County Galway highlight the exceptional products being created in Gaeltacht na hÉireann and Údarás na Gaeltachta would like to congratulate the companies on their commitment to achieving excellence which has been recognised continually on the global stage. It is no small feat for Macroom Buffalo Cheese Products to have repeated their global success having won 4 awards at the World Cheese Awards recently as well as two national accolades at the Cáis Irish Cheese Awards. Its not for the first time for Johnny Lynch's buffalo herd to be on top of the World as they won World Cheese Awards previously in 2016, 2017 and 2018.

Johnny and his wife Geraldine, have a herd of buffalos from Italy on their farm in Cill na Martra, Co. Cork since 2009 and the cheese company has gone from strength to strength with the support of Údarás na Gaeltachta ever since.

Their fantastic products the Macroom Buffalo Greek Style Cheese and Macroom Buffalo Mozarella both won bronze at the 2021 World Cheese Awards and silver for their Macroom Buffaloumi and Macroom Buffalo Ricotta products. At the 2021 Cáis Irish Cheese Awards their Macroom Buffalo Mozzarella won a silver award for soft cheese and in the new cheese category their Macroom Buffalo Buffaloumi took the bronze award.

Two national cheese awards whisked their way to Inis Mór on the Aran Islands where Aran Islands Goats Cheese won two awards at the Cáis Irish Cheese Awards. Gabriel Ó Fatharta is the owner of the company which makes various goats cheese products on Inis Mór, Árainn. Their Aran Island Soft Goats Pearls won the bronze in the soft cheeses category and their Aran Island Dillisk Goats Pearls won the bronze in the flavoured soft cheese category.

Coolea Farmhouse Cheese also won big at the Cáis Irish Cheese Awards. The company which is run by the Willems family in Cúil Aodha in the



Johnny Lynch of Macroom Buffalo Cheese Products, an Údarás na Gaeltachta clientcompany and recent winners of 4 World Cheese Awards and 2 Cáis Irish Cheese Awards. Photograph — Valerie O'Sullivan

Múscraí Gaeltacht won two silver awards, one for their flavoured hard cheese Coolea Cumin and another silver for their mature cheese Mature Coolea.

In Daingean Uí Chúis cheese from Dingle Farmhouse Cheese won a bronze award tor their soft cheese at the Cáis Irish Cheese Awards, a wonderful achievement for its owner Tommy Bruic and his company.

Congratulating the winners, Údarás Gaeltachta's CEO Mícheál Ó hÉanaigh said:

"Fiú le tionchar na paindéime tá táirgí bia agus deoch Gaeltachta den scoth á gcruthú ag ár gcliantchomhlachtaí agus is cúis áthais don Údarás é go bhfuil an t-aitheantas cuí á fháil acu i gcónaí. Tá muid fíor shásta a bheith ag tacú leis na comhlachtaí nuálacha bia seo agus tréaslaíonn muid a ngradam leo. Is léir ó na buaiceanna ar fad le cúpla bliain anuas go bhfuil scoth na cáise á dtáirgeadh ag cliantchomhlachtaí an Údaráis sna ceantair Ghaeltachta. Tá bratach na Gaeltachta ar foluain go hard i margaí idirnáisiúnta an domhain mhóir de bharr feabhas na gcomhlachtaí Gaeltachta seo. Go mba fada buan iad."

"Even in evidence of the effect of the pandemic Gaeltacht food and drinks products of the highest quality continue to be created by our Clientcompanies and it is a source of significant pride for Údarás that they are achieveing the appropriate recognition continually. We are delighted to support innovative food companies such as these and we congratulate them on the achievements. It is clear for the successes of the last few years that the finest quality cheese is being produced by Údarás na Gaeltachta clientcompanies in Gaeltacht areas. The Gaeltacht flag is flying very high in international markets due to the excellence of these Gaeltacht companies. We wish them continued success."

Statement from Deputy Michael Creed re mid-Cork cheese products winning major awards: 'I want to congratulate everyone at Macroom Buffalo and Coolea Cheese for winning these awards. Here in Mid Cork, we have been enjoying

their products for many years. It's great to see our local cheesemaking companies winning global recognition for excellence. I wish them continued success in the future.'

World Cheese Awards 2021

Macroom Buffalo Cheese Products Macroom Buffalo Greek Style Cheese - Bronze Macroom Buffalo Mozarella - Bronze Macroom Buffaloumi - Silver

Macroom Buffalo Ricotta - Silver

Cáis - Irish Cheese Awards 2021

Fresh/ Soft Cheese: Buffalo, Cow, Sheep, Mixed Macroom Buffalo Mozzarella – Macroom Buffalo Cheese Products - Silver

Caisog – Dingle Farmhouse Cheese - Bronze

Fresh/ Soft Cheese: Goat Milk

Aran Island Soft Goats Pearls – Aran Islands Goats Cheese - Bronze

Soft Cheese: Flavour Added

Aran Island Dillisk Goats Pearls - Aran Islands Goats Cheese - Bronze

Hard Cheese: Flavour Added

Coolea Cumin – Coolea Farmhouse Cheese - Silver

Mature Hard Cheese over 6 mths: All Milk types Mature Coolea - Coolea Farmhouse Cheese - Silver

New Cheese: All Types

Macroom Buffalo Buffaloumi – Macroom Buffalo Cheese Products - Bronze







Macroom November 2021 News by Con Kelleher

Congratulations to:

Erika O'Shea for becoming the first Macroom woman and second Macroom person to receive a GAA All-Star award. Erika is from New Street, Macroom, the daughter of John and Maria (Née O'Sullivan) and great grand-daughter of Curry O'Shea, the man who captained Macroom to its first county senior title (men's) in 1909. Erika is only nineteen and she attends UL. She plays club football with Macroom and played schools' football with St Mary's. Macroom GAA club members and all Macrompians are delighted with her achievements so far and look forward to many more sterling displays in the years ahead for club, college, county and province. Brilliant, Erika.

Professor Cian Ó Mathúna, New Street and UCC, whose work in wafer technology has made a major breakthrough in reducing the power needs of computers and other electronic device batteries. His works on magnetics and silicon technology and he uses the rubric of 'Magic'for publishing his findings. Cian has been at the forefront of this research for several years. He is the son of Dónal Ó Mathúna and Caitlín Uí Mhatúna, Well House, New Street, and attended St Joseph, St Colman's and De La Salle schools in Macroom, and is a UCC graduate.

Dr Ann Kelleher who was recently appointed Vice-President of Intel. The daughter of the late Con and Ann Kelleher, she was reared in Knockraheen, Carriganima and attended school in Carriganima and St Mary's, Macroom. Her brother James, an engineering graduate, farms in Knockraheen and her sister Margaret Corkery, Millstreet, was the long-time Deputy Principal in McEgan. Ann obtained a Doctorate in physics in UCC before joining Intel, and she has done brilliantly well.

Con/Cornelius Lynch, Mountmassey for publishing a new book, Lives of Service Religious Sisters, Brothers and Priest of Baile Mhúirne. It records the many fine contributions of eighty-four religious from the parish of Ballyvourney to places all over the world.

Macroom Premier Intermediates. They retained their premier status for 2022. Despite several set-backs they beat St Nick's in the crunch final pool game. With a little more good luck, they could have qualified for the knock-out stage. Congratulations to all involved.

Thanks to:

Ms Margaret Lucey, Solicitor, North Square, who is retiring. Margaret worked for nearly fifty years in her family's firm and has given wonderful service to the people of Macroom and District in that time. Her family tradition in law goes back several generations and it is sad to see the practice not continuing. While clients' affairs will be dealt with by Goold's, Solicitors, the loss of Lucey's firm will

leave a large void.

Joe/'Fudge' and Denise Moloney have also retired. Their Newsagent shop in Main Street was a town institution. Denise continued her parents' business who had returned from England. Bill and Violet Davies (née Kelleher) ran the shop before that, and before that again it was in the ownership of 'Scottie' McDonald. Working seven days a week is hard by any yard stick and Denise and 'Fudge did that for many years. Indeed, they had a newspaper kiosk outside the church and at the foot of Chapel Hill for after-mass sales on Sundays. They will be greatly missed.

Good Luck:

To the new residents in Páirc Uí Mhuirithe. This estate is a new complex of houses and apartments which is situated at the back of Oakwood, and provides many with a cherished home. Many of the units are occupied or people are in the process of people moving in.

Enchanted Flowers who have moved to McCarthy's newsagent's premises in the Main Street. They offer a very good service to the area and their new home, decorated with flowers, adds colour and beauty to the town centre.

Bravo to:

All the medical staff in Macroom Hospital, Cunamh, St Colman's House, Sullane Haven and Nursing Care Centres and elsewhere who face a winter of hard work and stress with the increase of Covid cases and the expected winter 'flu surge. Despite the excellent uptake in vaccines, we, as a community, could still do better; especially, those not vaccinated are doing themselves and the community a grave disservice.

Around town it is wonderful to see people going about their business in spite of obvious physical

disabilities. More people have bothers that are not easily discernible at a casual glance. All deserve the highest praise for 'getting on with it' so bravely. To all who care for others in our community whether professionally, in family situations or in volunteerism.

Páirc Uí Mhuirithe estate is called after the brilliant Macroom playwright T.C. Murray, many of whose plays were produced in the Abbey Theatre, the National Theatre, dublin from c. 1910-1950. Murray was reared in New Street where his father was a merchant and publican. T.C. was one of the major figures of the Cork Realists, a group of writers who depicted real issues of their day and unlike some of the sentimental 'grá-mo-chroí' stuff popular at that time. Many of his plays' plots and their dialogues were drawn from the experiences and expressions of his father's customers. Themes in his plays include a fratricide over land and a false priesthood vocation, and the mental turmoil it caused. Autumn Fire is considered his masterpiece and our Macroom theatre, The Briery Gap, is called after another of his plays.

The name of the estate is rendered in Irish. Although I'm an avid Gaeilgeóir I think this is a mistake because as an author T.C. always used 'T.C. Murray'. If the purpose of naming the estate is to remember a great Macrompian, rendering his name in Irish defeats the aim. Many Irish people learned Irish for as many as fourteen years in school, but still have a low competence. The estate's name in Irish is 'lost' on them. Fortunately we have many non-Irish people living and working here; using names in Irish alone adds another layer of difficulty. Why not call the estate 'T.C. Murray Park' as well?



A girls' chorus from John O'Reardon's Robinson Crusoe pantomime (1959), I think. (Submitted By Con Kelleher)



Adult Art Classes

Thursday's Advanced Painting

7 weeks Course Life Drawing

7-9pm - starts 27th January - €130

6 weeks Course
All materials for courses will be provided.
All materials for beginners - 12 students

Tuesdays: 7-9pm - starts 25th January - €150

MACROOM

SCHOOL

OF ART

Macroom School of Art is a brand new Arts Education and Exhibition Centre based in Macroom town.

ourses we offer are:

Infant and Parents

Ages 0-3

A fun, calm approach to creative play for the very young, aged 0-3 with their carers. Upcoming once off event, See www.macroomschoolofart.ie or Macroom School of Art Facebook for updates.

Junior Kids

Ages 5-8

Junior classes are suitable for early primary school boys and girls. Classes are above all fun, instructive and encouraging.

Saturdays: 12:30-1:45pm 12 weeks

(class duration 1 hour & 15 mins) Starts January 22nd 2022



After School Tuesdays: 3-4:15pm 12 weeks

(class duration 1 hour & 15 mins) Starts January 25th 2022.





You can book and pay a deposit or see our full catalogue (which has much more) on www.macroomschoolofart.ie.

Senior Kids

Ages 8-12

Senior Primary students engage in a more in-depth exploration of various art techniques, taking a mini-project approach.

Saturdays: 2:00-3:45pm

12 weeks

(class duration 1 hour & 15 mins) Starts January 22nd 2022

After School - Tuesdays: 4:30-5:45pm 12 weeks

(class duration 1 hour & 15 mins) Starts January 25th 2022.



Take away the after school blues with creativity.

Mondays: 4:30-6pm 12 weeks

(class duration 1 hour & 30 mins) Starts 24th January 2022

Wednesdays: Mixed age Animation 4:30-6pm 10 weeks

(class duration 1 hour & 15 mins) Starts 26th January 2022



Starts 27th January 2022



€190

€170

€170



€160

6 weeks Course Daytime Art classes Tuesdays: 1-2.30pm - starts 25th January - €120 Wednesdays: Adults Acting for Beginners 7-9pm - starts 26th January - €150

Stage School

12 week Course

Junior Kids - 5-7 yrs 10am - 10:45am Starting Saturday 22nd January





€120



To Book contact Brían 086 4022931

info@macroomschoolofart.ie www.macroomschoolofart.ie

Cork Street Sleveen East Macroom P12N265





MCEGAN COLLEGE:







Keelin Callie Oliwia & Orla, 2nd yrs with their Jelly Bean Wave

Macroom School of Art

Transition Year students completed three excellent workshops at Macroom School of Art in Cork Street under the guidance of Ciara Rodgers from the school and founded by the Art Council. Students were introduced to Mono-Print & Acrylic Painting and were delighted with the new experiences. McEgan College would like to thank Ciara from the Macroom School of Art to Ms. Brew for arranging the workshops.

Big Brother Big Sister – Foróige

This week in McEgan College 'Big Brother Big Sister' mentor support programme between Transition Years and First years began. The students involved enjoyed some game time, where our 1st year students got to know their new support mentor. Transition year students will guide and support our 1st years throughout the year, resulting in very happy and engaged students where they can focus on their academic studies and extra-curricular activities. We are very proud of our transition year students who are an excellent example to any young teenager. Thanks to Ms. Manning for coordinating this project.

Stand Up Awareness week

LGBTI+ awareness week encourages the discussion around diversity, inclusion and coming in rather than always out.

Stand Up Awareness Week is a time for secondlevel schools, youth services, and Youthreach in

Ireland to join BeLonG To and take a stand against homophobic, biphobic and transphobic bullying. #StandUp21 #ComeIn

UCC Plus

Maeve Minihane of UCC Plus visited McEgan College to meet with senior cycle students to present on all aspects of UCC - the campus itself, courses, supports & scholarships available, admission requirements along with advice on choosing college accommodation.

While with us, Maeve requested to meet with the recipients of last year's student achievement awards (now in third year) as the ceremony could not take place in UCC due to Covid restrictions. In addition to the medal and certificate students received last May, Maeve presented them today with a lovely set of student friendly earphones. These awards were given for achievement in Maths, French, Gaeilge & English. Well done again to all students.

As always, McEgan College is very grateful for the great supports available from UCC Plus which include a Gaeltacht scholarship, revision classes in Biology, Chemistry & Physics along with one hundred hours of tutoring for our higher-level students outside of class time.

Study Skill Workshop

On Wednesday 10th November our whole school engaged in a virtual workshop where students

from 1st year to 6th year watched a live streamed motivational speaker on study skills.

Ray Langan from 'Rayse the Game' spoke about goal-setting, study skills, exam preparation, anxiety management and much more. The day finished with a parental workshop that night at 7pm. Well done to our guidance counsellor Ms. Manning for coordinating the entire day. Looking forward to seeing our students #RaiseTheGame

Science Week 2021

McEgan College staff and students embraced this year's science week theme of SUSTAINABILITY through a variety of activities. Teachers and students studied sustainability in many subject areas and an impressive display of cross curricular work is now gracing the walls of the assembly area for all to view.

Lunchtimes were spent doing fun science activities to support teamwork and organisation skills, such activities included Balloon Rocket Monday, Jelly Baby Wave Tuesday, Non-Newtonian Fluid GOO Thursday & Rainbow Fizz Friday.

Within class time students practiced engineering skills with a hands-on engaging activity. In conjunction with Learnit.ie, students constructed their own land yacht. They then investigated the effect of sail sizes and wind angle on the speed and distance travelled by the land yacht. Well done to all.



Big Brother Big Sister, mentor support programme between Transition Years and First years



On Wednesday 10th November McEgan school engaged in a virtual workshop where students from 1st year to 6th year watched a live streamed motivational speaker on study skills.

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TY ACTIVITIES

These past two weeks have been very eventful for our TY's in St Marys. Last week, we took part in Science Week, with chemistry and physics experiments conducted in the labs by our TY's for the first and second years. TY buddies then organised and curated a wonderful scavenger hunt for the first years, with prizes for first, second and third place.

This week, TY's had their Gaeilge 24 day, which took place on Wednesday, organised by our hardworking Irish teacher, Miss Queally. The girls spent the day partaking in fun and relaxing activities, all as Gaeilge. We had a treasure hunt, activities in the sports hall, yoga, guess the song and many other fun activities all in Irish!

By Sinead Horgan (TY Promo Team)

BT YOUNG SCIENTIST

We will detail 2 projects in each edition of the Lee Valley over the next few months. Here are the details of our first 2 projects:

Donna Regan Murphy & Alyisha Forde

These two girls are investigating the effects that cosmetic bleach has on the tensile strength of hair. The girls are hard at work at the minute collecting volunteers for their projects. They have taken samples of 5 strands of hair from each person and will test how many 20gram weights the hair can hold before snapping before they are bleached. The remaining strands will be bleached and left in the bleach for 40 mins before re-doing the same experiment again and see if they'll hold less weights the second time around. They predict that the bleach will weaken the hair and cause it to snap with less weight the second time around. Enjoy your research girls, we are looking forward to hearing the results.

Anna O' Mahony & Lily Murphy

These two girls are investigating whether it is better to use chemical fertiliser or natural fertilisers such as egg shells, food scrapings, seaweed, manure, nettle 'tea' and ashes vs chemical fertilisers as found on farms. They will use cress seeds for this experiment as they grow quite fast so will be easier to measure. The seeds are watered every day, and have been planted in compost with the fertilisers present. They predict the chemical fertiliser will increase the rate of growth faster than using natural fertilisers. Well done girls.

FOOTBALL

Congratulations to St Mary's Junior Football team on winning their 1st round Match V's Bantry Community School 4-12 to 2-4 last week. The girls would like to thank their football trainers Mr Quill and Mr Hennessy. We would also like to thank Michael & Nora McCarthy of Glenview Motors for their continued support, they kindly sponsored a new set of Jerseys for our team. We really appreciate your ongoing support Michael and Nora, thank you both so much.

CAMOGIF

Well done to our U16 Camogie team who won their game against Clonakilty on Friday the 19th on November. The final score was 2.8 to 1.2. The girls are now through to the final which will be played soon. Well done to all involved, captain of the team is Danielle O' Neill. Thanks so much to trainers Ms McSweeney and Liam Slattery. We really appreciate Liam giving so freely of his time, we would be lost without him.

SHOE BOX APPEAL

Thanks so much to all of the staff and students who filled a Shoe Box for the Hope Foundation this year. 76 shoeboxes were lovingly filled to bring festive cheer to children around the world this Christmas. Many thanks to all those who donated and helped and a special thanks to Elaine for organising the shoebox campaign this year.

CONGRATULATIONS ERIKA!

"Our 2021 TG4 All Star right half back is Erika O'Shea of Macroom and Cork!"

Massive congratulations to our past pupil Erika O Shea on winning an All-Star last week. We are so delighted for you and your family Erika. This award is so well deserved, it really shows that resilience, determination, hard work and dedication really pays off. Wishing you all the best in your future studies in UL.

THE GREEN STORE

The Green School committee is St Mary's response to global warming. We have always sought to make a positive impact in the way our school society views climate change and encouraging small daily habits such as recycling or using reusable materials, which can all go a long way in terms of our planet's wellbeing. Last year we were awarded St Mary's first ever Green Flag, got new recycling bins, and changed the canteen dishware from polystyrene to reusable, and now, we want to do more. So, this year, we started a not-for-profit business! That's right, say HELLO to the brand new, non-profit, eco-friendly Green Store! Every Friday, we will be taking orders in the Reception area throughout lunchtime for all members of the school community. We are currently selling four green products; soap and deodorant bars handmade in County Clare, bamboo toothbrushes and eco lip balm. We hope you find something you like. Thanks so much for the great support we have had so far! By Nora Twomey, Transition Year

ARTICLES FROM OUR TY JOURNALISM CLUB

So, what does science mean to you?

By Aoibhe Kelleher and Sinead Horgan What does science mean to you? It's embedded in our daily lives; from boiling the kettle every morning, to taking that big breath of fresh air



WHAT DO YOU DO WHEN YOU GET A HEADACHE?

When you get a headache, do you reach for the nearest pain killer? Have you considered this...

A study produced in the mid-1990's by researcher Dr Nikoli Bogduk determined that all headaches shared a relationship with the neck.

Dr. Bogduk embarked on years of study and published numerous findings that proved the connection.

Despite massive amounts of research over the past 25 year, sadly the most common therapy for headache relief tends to be prescriptions for medication.

While medication numbs the pain temporarily, it also increases the risk of dangerous side effects on the entire body.

The long-term impact of these drugs create stomach and intestinal issues such as ulcers, leaky gut syndrome, and irritable bowel.

"Biomedicine & Pharmacotherapy 1995;49(10):435-45 "Anatomy and physiology of headache." N. Bogduk The three most common types of headaches include; tension headaches, sinus headaches, and migraine.

Chiropractors help people with all types of headaches by assessing and correcting misalignments and restrictions in the spine and upper neck.

Chiropractic effectively reduces and eliminates headache frequency by addressing the source of headache pain rather than simply masking discomfort with medication.



Dr. Benjamin Martin and his team at Optimal Chiropractic in Ballincollig

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We can also recognise areas of the spine that aren't moving the way they should and determine if a misaligned posture is the reason for any recurring headaches or neck pain.

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as you leave the house. But what do we actually know about it? In order to get the island of Ireland involved in STEM, Science Week creates a space where anyone can learn about what truly happens when we do simple things, such as boiling an egg or using a battery. The week-long event happens every November, celebrating the joys of science in our everyday lives. It includes a wide variety of events involving industry, colleges, schools, libraries, teachers, researchers and students throughout Ireland. Science Week has a number of regional festivals offering a range of opportunities for the public to engage with STEM across Ireland. Science week in St Mary's has been nothing short of an explosion of fun. From guessing games on our social media accounts, to chemical experiments in our labs for all to see. There was a bang, fizz and pop for every year group!

A variety of different events took place in St. Mary's over the week. Exciting lunch time activities took place for the Junior Cycle students throughout the week. On Monday, second year students were given the opportunity to take part in a "Building Challenge". Each group was given 25 straws and a metre of sellotape and their goal was to build the tallest sculpture with the given supplies. On Tuesday, all students in the Junior Cycle were invited to attend a "Science Spectacular" in the Lab where 4th Year students set up experiments in the lab and all the junior students were invited to get involved. On Thursday, first year students took part in a scavenger hunt around the school. The winners were awarded with wonderful prizes and all the First-Year students greatly enjoyed the hunt. Another fun event was "Find the Einsteins" which was where pictures of Einstein were hidden around the school and whoever guessed how many Einsteins were hidden correctly, won prizes! Science Week created such a lovely buzz around the school. A massive thank you to the Science Department for organising this wonderful week - it was greatly enjoyed by all and got everyone involved in all thing's science!!

Something Spooky at St. Mary's

By Ava Ronayne, Ali McAuliffe & Elysia Flanagan On Friday 22nd October, students Kirsten Bonnar and Amy Sheehan organised a Halloween party for their fellow TY classmates. The fun kicked off at 10.20 am for a spooky scavenger hunt around the school grounds. In teams of four, the girls worked together to complete the course in the quickest time they could. Following a well needed break after the scavenger hunt, the students played two Halloween themed Kahoots in the Canteen. When the girls were all guizzed out, they took part in pumpkin carving. The school's art teacher, Ms. O' Connor, provided many tips and tricks to the groups to help achieve the perfect design. Once the girls heard there was a prize for the best pumpkin, things quickly got competitive. With full stomachs, the girls happily sat down to watch a Halloween themed movie together -'Goosebumps'.

After the movie ended, the winners of the 'Best Halloween Costume Competition' were revealed. Taking first place for best individual costume was Nora Twomey who pulled off an amazing D.I.Y. fortune teller costume, second prize was awarded to Mary O'Donovan who dressed up as a scarecrow and in third place we had Grace Murray who dressed up as a character from a Taylor Swift music video. Another prize was awarded for best duo or group costume. Gemma Munro and Emer O' Connor took top place dressing up as Velma and Daphne from 'Scooby Doo'. All the outfits were well thought out and fully deserving of their prizes. Overall, it was a great day and the perfect way to finish up before midterm!



College Macroom

Munster B Senior Football

De la Salle's Senior Football campaign started to a tough challenge on Tuesday morning, November 16th, as they faced into a crucial quarter final championship game against Rosscarbery. This game was so important as the championship is a knockout competition, they couldn't afford any losses.

The game started promising with DLS winning the throw-in, however Rosscarbery made a quick turn over leading to an early one-point lead for Rosscarbery. In the next ten minutes Rosscarbery widened the lead further by scoring another free kick.

After thirteen minutes De La Salle's wing back Adrian O'Dea got Macroom on the score board with their first point. The next few minutes saw the teams evenly matched, with both DLS and Rosscarbery scoring a point each. Rosscarbery

made their first dangerous attack on goal in the fourteenth minute, their corner forward dashed in and passed it off to the centre forward who found the net. Rosscarbery had the momentum and slotted over two more points before the first water break.

De La Salle came back fighting, scoring three points in succession. Rosscarbery rose to the challenge with a lucky goal and a point before half time. Half time saw Rosscarbery lead 2-06 to 0-05 Rosscarbery opened the second half confidently, scoring an early point from a free. Macroom rallied, making a powerful attack resulting in a free narrowly missed by Daire McMahon. De La Salle redeemed themselves with Mark Hunt quickly scoring a long-range point. The De La Salle's coaches decided to make their first substitution of the game when they moved full forward Jack Sweeney out to wing forward and brought substitute Joe O' Mullane into full. O' Mullane wasted no time in proving the coaches made the right decision, he earned a free, with Sam Pickering dropping it calmly over the bar.

Rosscarbery scored one more point before Kieran Doody scored an impossible free from next to the corner flag. De La Salle struggled from there however, and Sam Pickering received a yellow card over a poor tackle, caused by increasing pressure from the Rosscarbery attack. The pressure was relentless, and Macroom's defence fell to leave in a last-minute goal for Rosscarbery. The final Score was 3-08 to 0-11 to Rosscarbery.

Sadly, this means De La Salle are out of the Munster Colleges B competition. A disappointing end but well done to the panel and coaches Mr. John Ryan and Mr.Liam Long on a decent effort. Senior Sports Reporter

Rowan Mullane (fourth year).



Transition Year students from De La Salle College at a recent day trip paintballing.



De La Salle College students Conor O'Shea, Sean O'Sullivan and William Kinsella plant a 'Tree of Remembrance' for November.





festive

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MACROOM LIBRARY:

Macroom Library is opened and the Opening Hours;

Tuesday - Saturday 10:00 am - 5:30 pm Telephone: (026) 42483

Email: macroom.library@corkcoco.ie

Remember to wear face coverings in the library at all times & sanitize your hands as you enter the library.

10 reasons to drop into your Library: Free Membership. All you need to join is your photo I.D. & proof of address

Borrow 12 items for 3 weeks

Somewhere you can sit & read the newspaper for

Free access to e-books & e-audiobooks with the BorrowBox app

Free access to hundreds of e-magazines with the Libby app. Free access to thousands of national & international e-newspapers with the PressReader app. Free access to hundreds of online courses on universal class. Free Wi-Fi at every library

Free Computer Access & printing/photocopying services also available (15c per A4 page)

You can use your library card to borrow & return items at any public library in Ireland.

Exhibition: For the month of November, Macroom Library are delighted to be exhibiting "Reflections On Water" by Noran Lehane.

Noran is a self-thought artist who has a passion for art from a very young age.

Noran is fascinated by how change happens. There is no "status quo". There are continuous causes and effects. Our actions have consequences that we often care not to think of. Yet, each thing happens just once, like our life.



Her paintings hold the contrasts and drama of the fleeting moment. Our ecosystem is our greatest natural asset and this is reflected in Noran's paintings.

Please call into Macroom library to see these beautiful watercolour paintings.

The winners of our Halloween Colouring Competition are as follows:

Patrick Rachel Murphy and Murphy. Congratulations and well done.

Macroom Library has a Christmas Colouring

Competition so if you are interested, please call to the library for the Colouring sheet. There are two age categories; 4 – 7 years and 8 – 12 years. Happy Colouring and Good Luck. The closing date for the competition is Saturday 18th December.

Our Online Weekly Quizzes for Children and Adults continues every week. They are a great source of entertainment and fun for all the family. Our Facebook page is Cork County Council Library & Arts Service & have all the details.

Please follow us on Social Media, Facebook - Cork County Council Library & Arts Service and Twitter -@Corkcolibrary for all our up to date news and

Every week we constantly get new books delivered to the library so please come and visit & see our wonderful collection of books. We will also have our collection of Christmas books arriving shortly. We look forward to seeing you all.

"The only thing that you absolutely have to know, is the location of the library." Albert Einstein

Top left: Nicole Lily Murphy Cleary Age 8 Clondrohid National School who came first in the Tour De Cork Design a T-shirt for Cork Bike Week - Age5-8 years

Top Right: Harry Browne Age 8 Canovee National School

Bottom left: Natalie Collins Age 6 Muinefluich National School

Bottom right: Cillian Breen Age 7 St Joseph's National School, Runner up in the Tour De Cork Design a T-shirt competition for

The Macroom and District Environmental Group

Think Globally, Act locally

What use are Bats?

I recently had the pleasure of speaking with Conor Kelleher, Proprietor of Gadaí Dubh Bookshop in Ballymakeera village, open on a Thursday, Friday and Saturday. I started by asking Conor a question I felt he would be unable to resist, and which led to a generous sharing of his time and knowledge. "What Use Are Bats?"

Conor replied that, in Ireland, bats are nature's answer to insecticides without the need for harmful chemicals. One individual bat, a pipistrelle which weighs about the same as a euro coin, will eat up to three and a half thousand midges a night and will keep that up every night for about 6 months of the year. The pipistrelle is the smallest and most common bat in Ireland and nothing else eats midges at that time of night.

It has been calculated that bats in the United States of America alone perform 7 billion dollars' worth of insect control a year for farmers. This means that this work is done for free and avoids the use of insecticides and pesticides.

In tropical countries, bats are responsible for 98% of the regeneration of rain forests due to their seed dispersal. For instance, one fruit bat can spread 60,000 seeds per night in its droppings and these droppings then act as a fertilizer to encourage the seeds to grow.

Nectar feeding bats are often the sole pollinator for the plants on which they feed and, without bats, we would not have bananas, cashews, mangoes, durian fruit, allspice, carob or tequila (which is made from the juices of the agave plant). All these plants depend solely on bats for pollination as they only open their flowers at night specifically to attract these flying mammals.

Countries around the world such as Mexico which exports tequila and Malaysia which exports large amounts of durian fruit depend heavily on bat-pollinated plants and this bat pollination is worth hundreds of millions of dollars to these economies.

Although there is no recorded evidence to date of bats pollinating plants in Ireland, Conor has seen long-eared bats whose heads are bright yellow due to pollen but tropical bats that are known to pollinate plants, have similar coverings of yellow pollen grains on their facial fur.

Bats in Ireland are insectivores - eating moths and flies such as mosquitoes and midges so these animals could help us to control insect-borne diseases as is the case in other parts of the world. Such diseases include 'Blue-Tongue', a disease as serious as 'Foot and Mouth', which is spread by mosquitoes. It has been suggested that climate change will encourage the northwest movement of mosquitoes from the Mediterranean and these insects may possibly be the cause of a reoccurrence of this disease in Ireland. As bats can live for 40 or more years and work throughout that time to reduce the incidence of insect-borne diseases for farmers, landowners have been encouraged to erect bat boxes on their farms as artificial homes for these animals under schemes

Bats are, after all then, long-term good friends to farmers and all of us so thank you Conor for introducing us to them.

Cloth Nappies

It is always encouraging to hear about young children who are raised in a culture of Environmental awareness.

Today I had the pleasure of speaking with Emma Lucey, a mother of three from Inchigeelagh. I was interested to hear why she is such a huge fan of reusable cloth nappies and wipes.

The original idea came to Emma when she was expecting her first child. She attended a baby fair and spoke with an advocate from Cloth Nappy Ireland. This is where she became aware of how it can take conventional nappies hundreds of years to degrade and how cloth nappies have transformed over the years to become much more convenient than the old fashioned 'Terry' type cloth nappies that needed to be folded and pinned. So, I asked how she decided to start using them herself.

"There were three elements that helped our decision as a family to use cloth nappies; financial, environmental and comfort. Cloth nappies can be a big financial commitment upfront so we firstly did a trial by renting them from earthmother. ie. During this trial I found them easy to use so I weighed up the costs. The initial cost of buying the reusable nappies was going to be much less



than buying conventional nappies in the long term".

Cloth nappies retail between 15 to 25 euro and on average 20 to 25 nappies are the recommended amount (€300 - €625). Before you turn away in disgust, let me share some current information, published by moneyadvice.service.org.uk (1.09.21). They suggest that one baby will need about 4,000 nappy changes before they are fully potty trained! They suggest that for one child, cloth nappies would save you £1,475/€1,728 including £100/€117 for laundry. Not only can cloth nappies be used for every child in the family, but they retain their retail value and can be resold. Emma candidly shared that she's bought 25 cloth nappies over the past 7 years for her three children. Cloth nappies are suitable from birth however Emma and Con decided to use eco disposable nappies until each baby reached six weeks of age. "We always eased ourselves into using cloth nappies and enjoyed the newborn stage without adding more washing".

Emma tells me that the latest cloth nappies are really easy to use, some have velco closers like disposable nappies, some varieties are really

adjustable, fitting a 6 month old as well as a toddler. If you look on the Internet you can find a plethora of cloth nappies, some are made in Ireland. There are retailers and supports available to help on the journey of choosing which nappies suit you and your baby.

Another important factor for Emma was her family's environmental impact and waste reduction. Disposable nappies can take 500 years to decompose and if incinerated or burned they release toxic chemicals into the environment. There are on average 60,000 babies born in Ireland every year. A baby is likely to go through 4,000 nappies. "We wanted to contribute to keeping the environment a safe and beautiful place for our generation's children and grandchildren. Yes, it is more of a workload than using disposable nappies but putting on an extra two washes in the week and organising the nappies only takes minutes. We feel the commitment is worth the effort to reduce the amount of waste our family sends to landfill".

Lastly but certainly not leastly, baby's comfort was another deciding factor for Emma. If you had the choice, would you wear disposable underwear over natural fibers?

So, would you do it? Would you consider, even trial, cloth nappies for your babies?

One of the main reasons why Emma's family chose to use cloth nappies is undoubtedly, waste reduction and minimizing her family's environmental impact. By the completion of her third child's time in nappies, (according to estimation by the website I quoted earlier), she will have saved around 12,000 nappies from going to landfill. That is no minor achievement!

I wholeheartedly thank Emma for sharing her unconventional commitment on how her family do their part for the environment.

Remember, it's not all or nothing, just one or two reusable cloth nappies a day can make a difference.

Remember, you can contact the Environmental Group by emailing macroomenv@gmail.com

Or find Macroom District Environmental Group on Facebook. If you or anyone you know would like to contribute an environmental article to this publication please contact me at

chrisleevalley@gmail.com

Unique Launch of Con Lynch's Book in Baile Mhuirne

Relatives of Baile Mhúirne's Religious Sisters, Brothers and Priests gathered together in the Abbey Hotel on Nov 7th for the launch of Con Lynch's new book Lives of Service. The book lists the names of eighty-six nuns, brothers and priests from Baile Mhúirne who collectively have given more that 4,600 years of voluntary service to humanity, and it contains some great stories.

The official launch was performed by Baile Mhuirne man, V. Rev. Mick Corkery, P.P. Glanworth, who wrote a chapter in the book describing the lives and exploits of his four paternal aunts, who were members of the Little Sisters of the Poor.

The Mayor of the County of Cork, Cllr. Gillian Coughlan spoke eloquently as Gaeilge agus as Béarla. She complimented Con on his excellent book, stressed its value as a historical record of a particular era in local history and stressed its value for researchers of the future.

Three of Baile Mhúirne's Religious Sisters were present and spoke at the launch: Sr. Mairéad Buckley (Sisters of Charity), Sr. Nóra Lucey (O.L.A.) and Mary Crowley (O.L.A.). Their interesting presentations added authenticity to the occasion and contributed to the spirit of caring and goodness that was so evident among the attendees.

Feedback from the launch was very positive. Many referred to the good spirit and feeling of goodness that was evident throughout and many felt that it was a unique event in the history of the parish. Others spoke of their joy that the work and voluntary lives of their relatives was included in a book.



At the Launch of Lives of Service: L. to R. Hannah M. Corkery whose photograph features in the cover of the book, Jeremiah Quill whose sister Siobhán Quill is featured in the book, Fr. Liam Kelleher a relative of three Cuil Aodha Kelleher priests, Con Lynch author and his wife Maria. Pictiúr: Nóra Uí Luasa.

Lives of Service has been described as a very readable book, something like a box of chocolates for the reader to dip into and sample.

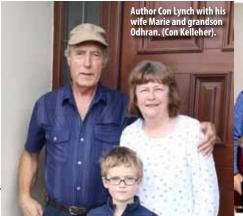
Con was awakened by the notification bleep of his mobile phone at 2.30am, two days after launch. He was happy enough when he read the crisp two-word message: "Brilliant Book."

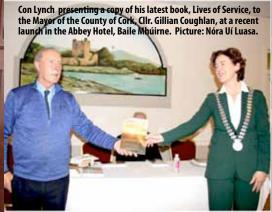
Lives of Service features a photograph by Hannah M. Corkery on the front cover and contains 120 other photographs. The book will be used to raise funds for charities that reflect the work of the nuns, brothers and priests featured therein. No

profit will accrue to the author. Sales on the day of the launch brought in €2,380.

The book is on sale to date in: Ó Luasa's and An Gadaí Dubh in Baile Mhúirne, Kellehers and Healys in Clondrohid, Renaniree P.O., Siopa Uí Dhuinín, Béal Átha A Ghaorthaidh, Inchigeela P.O., and in Fitzgerald's Bookshop and Cooney's Bookshop in Macroom.

You can safely and securely buy signed copies of any of Con's books for postage to yourself or to a relative in Ireland or England at his website: https://www.corneliuslynchauthor.ie









LEABHARLANN BHAILE BHÚIRNE

November has garnered a bad reputation as being a long, gloomy month. The days are short and the evenings and nights long and dark. Traditionally we grew up referring to November as the Month of the Holy Souls and for many who had lost loved ones it was a long, lonely month. However, this year I feel November is trying to make a comeback. I'm writing this on Sunday with the sun streaming in the kitchen window and I'm looking out at a blue sky. I just filled the bird feeders and there is a flutter of blue tits, finches, robins and other little birds having a very satisfactory snack. My (32-year-old) baby has a November birthday and this year it was the first family birthday we all celebrated together since March 2020. So, if we look for the bright spots in November, we will find

If you are looking for something to fill the long evenings remember you can drop in to Leabharlann Bhaile Bhúirne - it is open, check out the opening hours below. A book or a DVD can really shorten a long evening. For everyone's safety please wear a mask throughout your visit and please sanitise your hands when you arrive and again as you leave. Although we were closed to the public during lockdown, library services continued online with events, classes and clubs moving online and soaring loans of e-books, audiobook, online newspapers and magazines. In fact, many people discovered their library for the first time online during Covid. Cork County Library & Arts Service also initiated the roll out of a

So, whether you used to visit regularly, or you've never been, please drop into Ballyvourney Library and discover what's on offer. If you did join online why not drop in to confirm your registration and collect a Library Card which you can use in any public library in the Republic of Ireland.

Please drop in and enjoy the space and services, take time out with a book or a newspaper; enquire about the numerous online services and log into our free Wi-Fi service.

The library has something for everyone of all ages and interests. Hopefully, once you discover what's on offer, you'll make a habit of dropping in to Leabharlann Bhaile Bhúirne.

Some of what is on offer at your local library includes: Free to join and no late fees

Borrow from 12 million items – from any library in the country – browse the national catalogue at librariesireland.ie

Download eBooks, eAudiobooks, newspapers and magazines straight to your phone, tablet or computer.

Read the newspapers available in the library to catch up on nation and local news

Free Wi-Fi. Collections for children and for young adults. Extensive collection of Irish language books for all ages. Collection of local interest publications for reference. Photocopying service. Téigh isteach i Leabharlann Bhaile Bhúirne le do thoil - táimid oscailte. I measc na seirbhísí atá ar fáil i Leabharlann Bhaile Bhúirne tá:

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Faigh ar iasacht, ó 12 milliún earraí - ó leabharlann ar bith sa tír - brabhsáil an chatalóg náisiúnta ag libraryireland.ie

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Oscailte/Open: - Dé Máirt, Dé Céadaoin, Dé hAoine - Tues, Wed, Fri: 10am to 5.30pm Dúnta/Closed 1.00 - 2.00pm gach lá/daily Dé Sathairn - Saturday: 10.00am - 1.00pm* Dúnta gach Luan agus Déardaoin - Closed every Monday & Thursday

*Dúnta ar Shatharn an Deire-Seachtaine Saoire Bainc *Closed on Saturday of Bank Holiday Weekend Eolas: 026 45767 r-phost: leabharlannbhailebhuirne@corkcoco.ie

"Autumn carries more gold in its pocket than all the other seasons. Jim Bishop

Monuments to our Past

Monuments to our Past by Kieran Doyle & Alan O'Rourke was launched in Bandon Saturday evening by local historian Con Mc Cathy. The research was supported by Cork County Council & the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media. The Launch was attended by The Lord Mayor of The County of Cork Cllr. Gillian Coughlan and by Christopher O'Sullivan TD

This is the first book to explore Cork's Revolutionary Past, (1914-23) a richly commemorated period. It examines the history, language, structure, and symbolism of commemoration.

From the magnificent and towering memorial

to the 4th Battalion IRA in Midleton, to the lonely roadside monument for seven-year-old Patrick Goggin, murdered by the Black and Tans in Ballinagree, commemoration is a vital part of how we remember history. But how well do we understand commemoration?

There is no other period in Irish history as richly commemorated in Cork as the period 1914-23. Monuments to our Past is the first book to explore how rich these layers are in Cork. It examines not just the history, but the language, structure, and symbolism of commemoration.

The book not only focuses on particular events and personalities from the period, but also

captures the location of all the memorials in Cork from 1914-23 period. It reveals a physical imprint of the War of independence, a bitter divide between Pro & Anti Treaty forces, a massive $under\,representation\,of\,female\,participants, and\,a$ shocking whitewashing of civilian deaths. It shines a light on the growing maturity of dealing with the Great War past. It reveals Cork's role in 1916 and finally discusses the controversy that faces those who wish to commemorate the RIC forces. Follow the maps and photos provided in the book and take a journey into Cork's revolutionary past, 1914-23. The book will be in available throughout County Cork.

CLONDROHID

MURRAY/BEGLEY CONCERT:

Unfortunately, due to rising covid numbers and in the interest of safety for all this concert has been cancelled.

The tickets you have purchased will be valid for the re run of this show in the New Year.

The Hall Committee apologise for any inconvenience and disappointment caused. Life will be brighter in the New Year!!!

TIDY TOWNS: Clondrohid received 275 marks in Tidy Towns this year an increase of 4 on 2019 as there was no results for 2020. Judging this year was by photos and correspondence from the Dev. Group due to Covid restrictions. They admired the Community Hall area, the Bishop O'Shea Grotto, and the flower containers. They very much in favour of having a greenery amenity to attract bees, butterflies, bugs, and insects that contribute to rich and varied biodiversity in a natural environment. So, we will have to see as we go forward next year. They were pleased with our signs re dog fouling, and the use of the appropriate bags. They praised O'Mahony Tce., Curra Glen, and approach roads to village and village itself for their clean, tidy, and colourful appearances.

Well done to all who help to keep the village and

surrounds looking vibrant.

CART CARRIGANIMA: On Fri night Nov 12 at the Pub in Carriganima, Millstreet Vintage Club made a presentation to CART of €2,885, which was the proceeds from their recent Charity tractor Run, that was held in Oct to help defray costs in running the CART Area Rural Bus Service. This CART service is available for shopping trips to Macroom and other Social Activities and trips. Contact the following number if you need more info 087 8794128.All in Carriganima are very grateful to Millstreet Vintage Club for their continued support to their bus.



Juesday 7th December 2021

Commencing at 9.00am

THERE WILL BE A HUGE VARIETY OF PRODUCTS TO CHOOSE FROM INCL.

Arts & crafts, fresh fruit and vegetables, flowers/plants
home baking, hot food, household goods and lots more...

FREE PARKING
IN COUNCIL CAR PARKS WITHIN 4 MINUTE WALK



LEE VALLEY ENTERPRISE BOARD supported by Macroom Municipal District presents

FORMAL SWITCHING ON OF MACROOM TOWN CHRISTMAS LIGHTS

Friday 26th November 2021

at 7.00 p.m. by Cllr. Michael Creed, Chair, Macroom MD which will include, Christmas Market 5.00 p.m. – 8.00 p.m. Disco and Street Entertainment



Businesses offering Special Discount Promotions on the night

UIBH LAOIRE

Croi na laoi

No sooner have the Tidy Towns group won a county prize in the Pride in Community competition, than more good news arrives, that a total of 10 points have been added to the accumulated score of the past few years in the National Tidy Towns competition. The accompanying adjudication comments were very favourable with praise being showered on the volunteers for their years' work. Our sincere congratulations to them for their efforts, in a year that posed many obstacles for obvious reasons. The volunteers had to work singly, in pods and as family units to get the work done safely. The title Tidy towns has become somewhat of a misnomer, since there is much more involved, like how we respect the natural environment, how waste is dealt with, green spaces and landscaping, the part played by the community and much more. For full results of all entrants as well as the judges' reports, go to Tidy towns.ie/reports on the internet where our area is headed "Cork west".

Finalists

Congratulations once more to our Intermediate football team who have scorched their way into the final which as I write is possibly on Dec,5th. For many they were the underdogs but although they had a hard game against a great Aghabologue team, their mettle and skill saw them through. Well done. Great win and we are all behind you in the final.

Swimming

We see that the newly built swimming pool in Dunmanway is open. Patrons will have to book a time. The number is (023)8845349

Comhgháirdeas

Comhgháirdeas do muintir na Bailte Néata i mBéal Átha. Tá job breá deanta agaibh agus ceapann an scríobhnóir seo nach bhfuair sibh cothrom na féinne mar bhí nios mó tuilte agaibh as ucht an obair breá ata déanta agaibh.

Quiz Mór ar Ceal

Cualamar le déanaí go bhfuil Tráth na gCeist

Morn a Nollag curtha ar cheal i mBeal Áthan Ghaorthaidh. There will be many sad faces at the news that the Christmas Quiz has been cancelled, because of the danger posed by Covid 19. The event, which was a team/table quiz, was mostly based on local topics and it was always looked forward to with great excitement. It drew huge numbers of participants and had to be catered for in four different locations, simultaneously, through the wonder of electronics and a hardworking group of volunteers

Club Óige

Deirtear liom go bhfuil ab club curtha ar cleal go dtí an éanair seo chugainn i mBéal Átha

The Youth club opening has been put back until January in Ballingeary

Gruagaire (Hairdresser)

Beidh Joanne le fail i gCúan Bharra, ach glaoigh ar (087)7798592

Beautician on Wednesdays Cuir glaoch ar Cecilyar (085)1679563

Nuacht Scoil Mhuire Béal Átha'n Ghaorthaidh



Daltaí ó Scoil Mhuire Béal Átha'n Ghaorthaidh a ghlac páirt i bhfeachtas Boscaí Bróg Team Hope.



BuaiteoiRÍ Tráth na gCeist Feachtas i Scoil Mhuire, Béal Átha'n Ghaorthaidh

Tráth na gCeist Feachtas

Ba mhór an spraoi a bhí ag daltaí na scoile agus iad ag glacadh páirt i dtráth na gceist Feachtas le déanaí. Is ar líne a reachtáladh an comórtas agus tá buíochas agus moladh mór tuillte ag Iníon Ní Chúirte a d'eagair an comórtas agus Isaac, Katie agus Sam a bhí i mbun na gceisteanna ar an lá. Bhí géar-iomaíocht idir na foirne ar an lá agus bhíomar ana bhródúil gur éirigh le dhá fhoireann ó Scoil Mhuire dul ar aghaidh go dtí an chéad bhabhta eile. Guímid gach rath orthu!

Cruinniú agus Traenáil ISSU

Bhain ionadaithe na chéad agus tarna bliana ana thaitneamh agus tairbhe as freastail ar chruinniú

ISSU i gColáiste na hOllscoile, Corcaigh le déanaí. Oibríonn ISSU ar mhaithe le daltaí agus comhairlí daltaí i meánscoileanna na tíre. Chomh maith le haithne a chur ar dhaltaí ar scoileanna eile fuair na daltaí tuiscint agus taithí ar obair comhairlí a bheidh chun leasa na scoile go léir.

Seachtain Tíreolaíochta

Bhí daltaí Scoil Mhuire ana bhroidiúil le déanaí agus an tseachtain tíreolaíochta faoi lántseol. I measc na n-imeachtaí bhí togra ar chaighdeán ithreach, seo faisin d'éadaí féindeartha agus seomra éalaithe. Ár mbuíochas le hIníon Ní Mhuimhneacháin agus Máistir Ó Catháin as a gcuid oibre go léir.

Boscaí Bróg

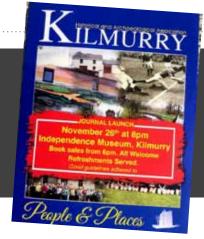
Bhí áthas ar mhuintir Scoil Mhuire a bheith in ann tacú leis an bhfeachtas boscaí bróg a eagraíonn Team Hope arís i mbliana. Cuireadh boscaí le chéile le bia, earraí riachtanacha agus úsáideacha chomh maith le bréagáin do pháistí a bheidh ag fulaingt agus ar an ngannchuid um Nollaig.

Scléip

Tá daltaí Scoil Mhuire ag cleachtadh agus ag obair go dian agus iad ag ullmhú don chomórtas Scléip a bheidh ar siúl i Mainistir Fhear Maí an tseachtain seo. Tá éacht á dhéanamh acu agus guímid gach rath orthu.



Historical and Archaeological Association are delighted to invite you to their first journal publication People and Places. The launch will take place in Independence Museum Kilmurry at 8pm Friday November 26th. People and Places will be on sale from 6pm on the night and cost €15. The journal contains over 30 articles wrote by many people in and around Mid Cork. Refreshments served throughout the evening. All Covid guidelines adhered to.



This is going to be a competely different Christmas for everyone, especially those seeking our assistance. We know that our Annual Church Door collections have been hugely impacted this year due to COVIS-19.





ANNUAL APPEAL

Please donate locally or online at svp.ie or call 0818 176 176

Your Local Town or Conferences are:

St. Colman's - Macroom

St. Gobnait's -Ballyvourney/Kilnamartyra/Clondrohid

Naomh Ronan - Ballingeary/Inchigeelagh

St. Mary's - Kilmurry/Ovens

St. Olan's - Aghabullogue/Coachford/Rylane

Your Support is very much appreciated by local families in your area.

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DROMLEIGH

November has been a busy month at Dromleigh. The school was delighted to have been selected by An Taisce to partake in an Investigating Woodlands workshop. This was a great start working towards our next Green Flag on the theme of Biodiversity.

Students, staff and their families participated in the annual Team Hope Christmas Shoebox appeal initiative.

Bright Beginnings Pre-school Dromleigh N.S. are also very grateful to Macroom Municipal Council for the recent installation of vehicle activated speed signs near the school.



Top right: Dromleigh - Junior Class Christmas Shoebox

Right: Dromleigh - Senior Class Investigating Woodlands





BÁILE MHUIRNE

New Wastewater Treatment Plant to benefit the people of Baile Bhuirne and Baile Mhic Íre

Irish Water has completed works on a new wastewater treatment plant that will serve the people of Baile Bhuirne (Ballyvourney) and Baile Mhic Íre (Ballymakeera), protect the local environment, and support growth and development in the area for years to come.

Both areas were previously served by overloaded and outdated wastewater treatment infrastructure and therefore a new wastewater treatment plant and network upgrades were required. The new treatment plant ensures an end to the discharge of poorly treated waste and will improve the water quality in the receiving waters.

This project, carried out in partnership with Cork County Council, brings immense benefits to both communities by ensuring that there is adequate treatment of wastewater, for now, and into the future, as well as protecting public health and safeguarding the environment. The project also ensures compliance with the European regulatory standards

Irish Water is investing €27 million in mid-West Cork area, part of which was used to carry out this project. The project upgraded several aspects of wastewater treatment and enhances local amenities. The new infrastructure is sized to accommodate future population growth of both villages and the surrounding areas and will act as a platform for social and economic development. Infrastructure Delivery Lead, Seamus Glynn said: "We are delighted to announce the successful completion of this project which brings many benefits to the people of Baile Bhuirne and Baile Mhic Íre from an environmental, social and economic point of view.

"The project will enhance the water quality by



ending the discharge of poorly treated waste in the area. The new wastewater treatment plant will also accommodate housing and other potential developments in the surrounding areas for years to come.

"The completion of this project reflects Irish Water's commitment to the efficient delivery of critical infrastructure to support local communities. It is also another milestone in our €27 million investment into upgrading wastewater treatment in the Cork Mid-West area.

"We would like to thank the local residents and businesses for their support and co-operation as we carried out this project."

The project, which was delivered by EPS on behalf of Irish Water, involved the construction of a new wastewater treatment plant, construction of an outfall pipe, upgrade works to the existing pumping station, a new rising main and decommissioning and demolition of the existing septic tank.

Irish Water is on track to deliver a programme of unprecedented scale to stop the discharge of untreated or inadequately treated wastewater into our seas and rivers.

Since 2014, Irish Water has stopped approximately 50% of untreated wastewater that was being discharged to our rivers and the sea, with the completion of new wastewater treatment plants in 16 towns across the country.

Along with this project, Irish Water is also progressing works on a number of new wastewater treatment plants in mid-West Cork, investing over €27 million in the construction of new wastewater infrastructure in Dripsey, Coachford and Inishannon. These projects will improve the wastewater treatment quality and capacity and ensure compliance with wastewater discharge regulations. These projects are expected to be completed by late 2021/early 2022.

Irish Water is responsible for the delivery of all public water and wastewater services in Ireland. We are committed to continuously upgrading and developing critical infrastructure to support the growth needed in housing and across our economy, while protecting the environment and safeguarding water supplies.

Cuddihy's of Cloughduv

Mon to Fri 6.30am to 9pm | Sat 7am to 9pm | Sun 8am to 9pm



Christmas Cake, Traditional, Chocolate Biscuit or Sponge - Available to order





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Victoria Biscuits 600gr €4 each or 2 for €7.50



Haribo Tubs €7 each 5 for €30 or 10 for €50

large selection of varieties



USA tins and Afternoon Tea tins €9.00



Paddy O'Keeffe (1880-1951)

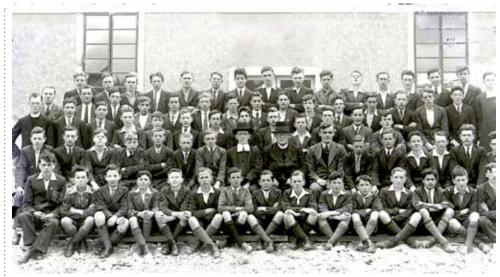
O'Keeffe was the first Macroom Paddy photographer of note and his work covered from about 1910/15 to 1951. He lived in lower New Street, in a house later occupied by Mary and Paddy O'Brien. Their son John was a god child and photographic plates in his possession have come to light, and are in the process of being brought back to life.

In my view, the plates and photographs are an invaluable addition to Macroom's history store.

Four weeks ago, the Lee Valley Outlook, 28 October 2021 featured three of O'Keeffe's photos, two family portraits and one picture of a Macroom Fair, held in the Square. One person has been positively identified and another woman and two of other daughter are possibly identifiable. I am very grateful to the people concerned for sharing their information.

I am attaching some more photos in the hope that more people can be named.

If you have any information please contact Dr Con Kelleher, 24 Oakwood, at 086/2480350.



Group in De La Salle College shortly after opening in 1933, with Canon Barrett.



Group at, possibly, the Golf Club?



Group of men, bowling or at some athletic event.



A woman's portrait. Some O'Keeffe photos, submitted by Con Kelleher

Blast from the past.....25 years ago..1996

Picture shows Alan Harte CBS Dungarvan, being soundly tackled by De La Salle Macroom defender Paul O Riordan in the Munster Senior Colleges final at Castlemartyr.

1996 was to prove a very successful season for

the De La Salle Macroom Senior Football team as they captured the Cork and Munster titles. Their team mentors included Brendan Kenneally, Hal O Brien, Noel Dunne and Colman Corrigan.







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The Class of '61 - Sixty Years Ago By PO'C



Caption - Sean Murphy Kilnamartyra , Con Murphy Macroom, Sean Healy Macroom, Henry Collins Macroom, Con Dunne Carrigadrohid, Jerry Kelleher Macroom, Des Long Macroom, Ted Long Coachford, Richard O Leary Aghabullogue, Tony Buckley Carriganima, Jimmy Morrissey Kilmurry, John Cronin Dripsey, Robin Whitehead Macroom, Denis Dennehy Macroom, Gene Long Dripsey, Con Cronin Dripsey, Michael Hallinan Macroom, Freddie Lynch Dromcarra, Pat Lehane Macroom, Con Joe Murphy Kilmichael, Pronsias Cronin Macroom, Paddy Corkery Clondrohid, Dan Carroll Bawnmore, Frank Galvin Kilmurry, Liam Nash Castlemore, Brendan O Brien Macroom, Pat Fitzgerald Macroom, James McSweeney Macroom, Tim O Callaghan Macroom, Denis O Leary Inchigeela, Gerard Golden Macroom. Others who later joined the class included: John Mehigan Toonsbridge, Finbarr O Leary Inchigeela, Declan Neville Ballytrasna

It is all of sixty years ago since I first enrolled as a pupil in De La Salle College Macroom where I was kindly greeted by Brother Hilary who introduced me to that famous building. Monday morning September 4th 1961 certainly began on a bright note with brilliant sunshine on a beautiful harvest morning. I had fainted in church at Mass on the previous day - such was my sense of excitement and anticipation for this new beginning. I was kindly helped outside the church by two great neighbours Tim O'Sullivan Lactify and Joe Buckley Ballymacorcoran.

The seven-mile trip to my new school in Macroom seemed very short on this occasion helped no doubt by the many other lads who joined us along the way. Entering the school through those high silver gates we parked our bikes in the shed by the side of the school. We then quietly entered the assembly hall to be greeted warmly by School Principal Brother Leo Healy. During the prayers I peeped over my shoulder at the 6th year lads standing at the rear, later known to me as John "Sauce" O'Callaghan, Dick Nagle. Sean Harrington, Michael Kelleher and Paddy Healy plus Denis Murphy, Roger Healy, Murt Kelleher and Barry O'Brien from 5th year. These and many more were star players on the School's Senior Football team. At the short break some of the older lads kicked football in the school field while others huddled closely together under the palm trees where the emerging cloud of white smoke was not signifying a papal election.

Back in the classroom, 31 students slowly got acquainted with one another from town and country and the change of teachers for different classes took some time to get used to. Brother Hilary taught us algebra and geometry while Brother Denis introduced us to the latin words "mensa, mensa, mensam. At lunch time Brother Hilary took us to the far top corner of the school field to play some real football and I decided that it was high time to get my first pair of football boots. The school bell at 4 o clock came quickly and I travelled home in high spirits with thoughts and dreams of new friends and lots of football games for the next five years.

The following month of October had its highs and lows. We mourned the sad passing of Brother Leo who hailed from Liscarrigane Clondrohid. We later rejoiced to see our Senior Football team score a brilliant victory over a star studded Colaiste Criost Ri side at the Castle Grounds. There was also much excitement when Jimmy O'Donoghue brought the Tom Markham Cup to the school as he was a star player on the Cork Minor Football team that had captured the All-Ireland Title for the first time. Over the next five years our starting group of 31 became somewhat depleted. Some families moved away while other pupils moved to different schools and so on. We did of course have lots of in-house football games and finally in the school year 1965-66 we were the Senior Football team representing the school going all the way to the Munster Final. In doing so we defeated Clonakilty, Skibbereen, Rochestown and Sullivan's Ouav. A report on the Skibbereen game reads as follows.

"Colleges Football October 1965. In the Munster Colleges football competition, De La Salle College

Macroom travelled to Dunmanway to play De La Salle College Skibbereen. After a fairly even first half the Skibbereen seemed to collapse in the second period and Macroom were easy winners on a scoreline of 8-12 to 3-0. The Macroom scorers were Frank Galvin 2-5, Liam Nash 2-3, Henry Collins 2-0, Anthony O'Flynn 1-1, Jeremiah Mc Sweeney 1-2 and Paddy Corkery 0-1.

The Macroom team members were: Matt Scully, Pat Lehane, John Mehigan, John Buckley, John Murphy, Tony Buckley, Pat Kelleher, Michael Mehigan, Jimmy Kelleher, Jeremiah Mc Sweeney, Anthony O'Flynn, Liam Nash, Paddy Corkery, Frank Galvin, Henry Collins, Con Dunne, Pat Fitzgerald and Sean Mc Guire. Team Trainer: P J Horgan".

However, a very strong St Augustine's Dungarvan side beat us in the Final at Fitzgerald Park Fermoy. Our teachers from 1961 to 1966 included: Brother Leo, Brother Denis, Brother Hilary, Patrick Fitzgerald, Noel Ruddle, Sean Mc Sweeney, John O'Riordan, Brother Anselem, Brother Cassian, Brother Cyril and P J Horgan. On a lighter note we were a varied but very enterprising bunch. Con Dunne introduced to the new "Spotlight" magazine, Brendan O'Brien and Curry Murphy tried to improve our musical appreciation. Liam Nash explained the "form guide" for the Grand National and the good-looking guys like Pat Lehane and John Mehigan were much admired by the pretty maidens of Macroom.

Finally in June 1966 we completed our Leaving Certificate and sadly parted with our ever patient teachers. We also bid farewell to our trusted comrades, each of whom, in his own way, contributed to the unique bond which existed in our classroom. As I passed through those silver gates for the final time, I said a fond farewell to Brother Hilary who had welcomed me to the school some five years previous. Since 1966 a number of the lads have scattered throughout the globe while others have gone to their eternal reward. Ar Dheis Dia go raibh a nAnamacha.

Over the years the group has kept in touch and 20 years ago we had a very successful reunion. Perhaps, it's time once again to reassemble and rekindle the memories.



The De La Salle class of 1961 at their Re-Union in 2002. 1st row Left to Right: Con Murphy, Sean Healy, Henry Collins, Con Dunne, Jerry Kelleher, Des Long, Ted Long. Middle Row: Tony Buckley, Jimmy Morrissey, John Cronin, Denis Dennehy, PatLehane, John Mehigan. Back Row: Pronsias Cronin, Paddy Corkery, Dan Carroll, Liam Nash, Brendan O'Brien, Pat Fitzgerald, Tim O'Callaghan, Denis O'Leary, Gerard Golden.



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INVER AND SPAR OPEN

a new site at Macroom Junction!

Millstreet Road, Macroom, Co. Cork, P12E166





Inver Macroom Junction is a brand-new Inver service station and SPAR store now open in Macroom along Millstreet road, serving the needs of the local community as well as passing motorists.

Inver is a leading supplier of fuel and energy in Ireland, serving fully traceable quality fuel from their JV terminal in Foynes. Inver Macroom Junction provides a first-class service amenity to the community, which includes providing the premium Inver Xtra fuel range. Successfully launched in 2020, Inver Xtra is an additized fuel that removes deposits from vehicle engines, improves vehicle performance and reduces harmful environmental emissions. All at no Xtra cost! What's more, electric cars will be able to avail of rapid and high power EV charging points from early 2022 as part of Inver's partnership with the ESB.

SPAR's excellent in-store offering is also now available at Macroom Junction. Customers can enjoy d'lish extensive hot and cold deli range, gourmet sandwiches, deliciously fresh salads, traditional breakfast, tempting hot dinners and made-to-order pizzas. The store's contemporary design features an Insomnia coffee offering, serving luxury barista-style take-away coffee. SPAR also offers an ice-cream parlour, spacious indoor and outdoor dining areas, an ATM and ample parking consisting of over 20 spaces, as well as free wi-fi.

"We are very excited to welcome customers into our new store and forecourt and serve the local community to the highest possible standards" says Store Manager Andrew Boyle. "I'm proud to say that we have hired over twenty-five people at the forecourt, helping to boost the local economy.

Inver's Leading Lights programme is an initiative that supports local organisations around Inver's service station network that cater to the needs of children, education, and families. "We're delighted to announce Inver Macroom Junction has nominated the ASD unit in Clondrohid National School for a Leading Lights €1,000 donation. Clondrohid National School is the only one of its kind in the locality of Macroom. Specialising in the education and development of children with Autism, the unit helps them integrate into a mainstream school environment.

It's an incredible initiative and I look forward to supporting the school and, indeed other worthy organisations in our area over the coming years," stated Andrew Boyle.

To celebrate the opening of Inver Macroom Junction, Andrew and his team are offering customers the opportunity to win a PS5! Simply visit the SPAR store and enter the 'Christmas at Macroom Junction' draw.

There is a lot to look forward to with the SPAR Red Value offers, coffee promotions, and fuel voucher giveaways. Follow @InverMacroom on Facebook to keep up to date!

Inver Macroom Junction is open 7am to 11pm Monday-Sunday so make sure to visit and avail of the fantastic offers, including entering the 'Christmas at Macroom Junction' competition.

For further information on Inver, visit www. inverenergy.ie



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West Cork IFA and Macroom branch showing support for Corney and Gearoid Buckley (Bantry) and Conor Lehane (Timoleague) on their tractor journey to Dublin on November 20th as part of the IFA Save Irish Farming Campaign. See details on, ifa.ie.



Gearoid Buckley from Bantry must be one of the youngest supporters at the "Save Irish Farming Campaign" in Dublin, seen here on his father's tractor, as they passed through Crookstown on the long journey to Dublin. See details on, ifa.ie.



Margaret Buckley "Head Shave" raised €2310 for her cousin Pat Lane who got a stroke Picture shows Margaret presenting Pats wife and family with the cheque .



Canovee NS Student Council were delighted to present 105 Shoeboxes to Team Hope for Christmas 2021



Kieran Doyle, Mayor of Cork County Cllr Gillian Coughlan & Alan O'Rourke at the Launch of their book "Monuments to our Past" available at local bookshops.



Pupils from the Senior room in Muinefluich N.S. examining mini beasts for science week





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- · Add experience to your CV

Macroom Credit Union has been serving the people of Macroom and its hinterlands since 1970

We are proud of our professional staff, but we would no longer exist without our member volunteers who serve on our various committees, our Board Oversight Committee and as Board Directors. In-house training is available, where required, which could complement your own interests, business, or college studies.

Don't know much about Credit Unions?

You don't have to be a financial expert to volunteer, as any ability to contribute is appreciated and welcome.

Volunteers with Finance, Accounting, Management, IT and Communication skills are particularly needed.

For more details Contact Nominations Committee:

www.macroomcu.ie | E-mail: info@macroomcu.ie | Tel: 026 41689 | Or drop into your local branch





Win Your Dream House in Killarney

1 Ticket €79 (save €21)

2 Tickets €149 (save €51)

3 Tickets €199 (save €101)

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6 Tickets €399 (save €201)

7 Tickets €469 (save €231)

8 Tickets €529 (save €271)

9 Tickets €579 (save €321)

10 Tickets €599 (save €401)



Tickets for this amazing prize are on sale:

- online at: www.winyourdreamhouseinkillarney.com
- by contacting the school at 029 76141 or office@boherbuens.ie. The Draw for the grand Prize of the house will take place on the 3rd January 2022.



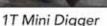


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BLACKWATER MOTORS TO HOLD BLACK FRIDAY **EVENT IN SUPPORT OF CORK PENNY DINNERS**

Tuesday, November 23rd: Leading Cork motors group, Blackwater Motors will hold a Black Friday Event across their locations in Cork, Fermov and Skibbereen from the 24th - 27th of November in support of Cork Penny Dinners. The event, which will see offers on their Volkswagen and SEAT models, as well as their used range at Carmaxx, is to support Cork Penny Dinners with donations being made per car sold.

One of Cork's oldest charities, Cork Penny Dinners aims to help anyone struggling by ensuring they receive a hot meal, serving up to 2,000 freshly made meals per week. The organisation, who keep their doors open every day of the year including Christmas Day, also provide those in need with warm clothes and sleeping bags through donations from the public.

Giving back this Black Friday, Blackwater Motors



have pledged to donate a €100 Lidl voucher to Cork Penny Dinners for every used car sold between the 24th – 27th November, supporting the worthy cause in purchasing much needed supplies for the Christmas period.

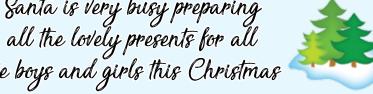
The newest addition to the group, Carmaxx, Fermoy, will see savings of €75,000 across their 150 cars in stock, and Blackwater Motors Volkswagen will be offering customers a free service packs to the value of €780 on used car purchases made during the The campaign will be headed up by Blackwater Motors and Audi Cork Fleet Manager, David McSweeney, who is a long serving volunteer of Cork Penny Dinners. Speaking on the initiative, David said; "It's fantastic to be able to give back to such a long running, deserving Cork charity. I look forward to being a part of the team at Blackwater Motors supporting Cork Penny Dinners again this year".

As well as voucher donations, Blackwater Motors will operate Cork Penny Dinners drop off points at all locations, including Blackwater Motors Cork, Fermoy, Skibbereen, Audi Cork and Carmaxx Fermoy, from November 24th - December 17th, for anyone who wishes to donate non-perishable items to the charity.

For more information, visit www.blackwatermotors.ie



Santa is very busy preparing all the lovely presents for all the boys and girls this Christmas



Christmas s a lovely time of the year for children, all the family and friends. Its lovely on Christmas morning to see the delight on childrens faces when they open the Christmas presents. I can well remember my own childhood and all the presents I got.

On a more serious note it has been another challenging year for local business and retailers and I am encouraging everyone to support local business when they go shopping this Christmas. They have done a huge amount of work to make sure their shops are safe and adhere to covid restrictions so they deserve every support.

When out and about please stay safe and adhere to covid guidelines.

Mary O Callaghan Raleigh North, Macroom





Liam Lehane age 6 Rylane National School, runner up in the age 5 - 8 vears Tour De Cork Design a T-shirt colouring competition



Pippa Murphy Age 11 St Joseph's National School

KELLEHER URGES SHOPPERS TO BUY GREEN ON BLACK FRIDAY

- Buying local keeps money in the local economy -

Fianna Fáil MEP, Billy Kelleher is urging shoppers across Munster and South Leinster to make the local choice as much as possible when shopping during the annual Black Friday sales.

Kelleher, a member of the European Parliament's Economic and Monetary Affairs Committee, made the call as it is expected that Irish consumers will spend big when the newly adopted sales event takes place next weekend.

"All the evidence to date suggests that Irish

consumers are planning a big splurge this Black Friday. Many have built up cash piles over the past year and a half, and are looking to make some big savings on larger items such as electronic goods.

"What I am asking people to do is to ask themselves 'Is there an Irish shop or website offering me the same deal?' instead of automatically buying online from an international outlet.

"High street shops and stores are the lifeblood of our small regional towns. They need a piece of the action after a very difficult 18 months.

"They employ local people and shopping in term, or on their websites, helps keep money in the local economy.

"It's really important for people to Buy Green this Black Friday," concluded Kelleher.







The Mark Group are an International leader in Climate Control for the HVAC Industry for over 70 Years. Mark Eire are manufacturing in Ireland with over 32 years. See www.markeire.com

MARK EIRE BV ARE LOOKING FOR STAFF

We currently have a full time position available in our office

THE WORK INVOLVES:

- dealing with customer queries
- selling spare parts
- scheduling and planning service calls for our technical engineers on the road
- preparing documentation for service site entry
- selling of service contracts
- preparing service invoices
- general duties as they arise.

Please forward application or CV to

HR Mark Eire BV, Coolea, Macroom, Co. Cork

or email: sales@markeire.com **Applications before Friday 10th December**

www.markeire.com



The Mark Group are an International leader in Climate Control for the HVAC Industry for over 70 Years. Mark Eire are manufacturing in Ireland with over 32 years. See www.markeire.com

We manufacture Industrial Heating equipment for HVAC Industry and we currently have an

ELECTRICAL DESIGN ENGINEER VACANCY

ROLE: The role in question is to assist our electrical engineers with HVAC solutions we deliver to our customers. The main skill set is Electrical including: working with a wiring diagram / schedule, to customer spec, in order to build a remote electrical panel; wiring and testing of electrical panel into our equipment; drawing up electrical drawings for heating controls projects on Autocad or E-plan; trouble shooting and testing of HVAC equipment such as heating, ventilation, air conditioning and renewable energy systems. May also involve visits to sites where our equipment is installed.

- Advanced Certificate Craft: Electrical with equivalent industrial electrical experience or Level 7 or equal relevant experience in an Electrical discipline.
- · Experience working on commercial projects.
- PC skills including standard offices packages.
- AutoCad, E-plan or similar electrical drawing packages would be an advantage.
- · Working as part of a team to identify and resolve systematic equipment issues.
- · Self-starter ability to initiate and drive projects with little supervision and ability to prioritise and manage time effectively.
- Strong work ethic.
- The position reports to the General Manager.

Remuneration will be based on experience, knowledge, skills and qualifications.

Apply by email to sales@markeire.com

Applications before Friday 10th December

www.markeire.com



Cork County Council seek applications for inclusion on their Approved Grave Diggers List

Cork County Council intends to renew the list of suitably qualified grave diggers who will be available for selection to work in Cork County Council graveyards.

It remains the intention of Cork County Council to strongly recommend the use of approved grave diggers in Cork County Council graveyards i.e. those who can demonstrate the ability to comply with Cork County Council requirements.

Only these grave diggers will be included in the approved list.

Interested parties can download an application form and supporting details from

www.yourcouncil.ie.

Forms are also available from your local Council office.

The approved list once renewed will be subject to updates as appropriate.

The closing date for receipt completed application forms is

4pm on Friday 14th January 2022.

Completed application forms are to be submitted in sealed envelopes marked "Grave Diggers Approved List" and addressed to Ms. Deirdre Carev, Senior Staff Officer, Health Safety Department, Floor 6, County Library Building, Carrigrohane Road, Cork.

Personal Information may be collected by Cork County Council to enable the processing of your submission/enquiry. Cork County Council can legally process this information as necessary to comply with its statutory/legal obligations. Such information will be processed in line with the Council's privacy statement which is available at www.corkcoco.ie



KNOW YOUR RIGHTS: **ELIGIBILITY** FOR THE CHRISTMAS BONUS

Q: I am in receipt of a weekly social welfare payment and I am wondering if I will get the Christmas Bonus?

A: In general the Christmas Bonus is an extra payment paid to people in receipt of an eligible long-term social welfare payment. In 2021, people getting the following payments will get a Christmas Bonus:

- Back to Work Enterprise Allowance
- COVID-19 Pandemic Unemployment Payment (PUP)
- · Carer's Allowance and Benefit (including half-rate Carer's Allowance)
- · Community Employment
- · Deserted Wife's Allowance and Benefit
- · Daily Expenses Allowance, formerly called Direct Provision Allowance (long-term only - 12 months)
- · Disability Allowance
- · Disablement Pension and Widow's, Widower's or Surviving Civil Partner's Pension under the Occupational Injuries Scheme
- · Domiciliary Care Allowance
- Farm Assist
- Guardian's Payment (Contributory) and (Mon-Contributory)
- · Invalidity Pension
- Johnniker's Allowance (for at least 104 days).
- Jobseeker's Transitional payment
- Magdalene Laundry Payment
- One-Parent Family Payment
- Partial Capacity Benefit
- Rural Social Scheme
- State Pension (Contributory) and (Non-Contributory)
- Supplementary Welfare Allowance (long-term only 12 months)
- Widow, Widower's or Surviving Civil Partner's Pension (Contributory) and (Non-Contributory)

Q. How much is the Christmas Bonus?

A. In 2021, the Christmas Bonus will be 100% of your normal weekly payment (including the Living Alone Increase, the Island Allowance and the Over-80 Increase). The Christmas Bonus does not include Fuel Allowance. The minimum Christmas Bonus payment is €20. If an Increase for a Qualified Adult is paid directly to your dependent spouse, civil partner or cohabitant, the Christmas Bonus is also paid directly to them.

If you are getting two eligible social welfare payments (for example, a One-Parent Family Payment and the Domiciliary Care Allowance or a half-rate Carer's Allowance as well as your primary payment) you get the Christmas Bonus for both payments.

Q. When is the Christmas Bonus to be paid?

A. The Christmas bonus for weekly pensions and welfare benefits will be paid out between December 6th and December 10th 2021. It will be paid along with your normal weekly payment on the usual payment day. If you are getting Domiciliary Care Allowance, the bonus will be paid with your monthly December 2021 payment.

WEST CORK HELPLINE 0818 07 8390







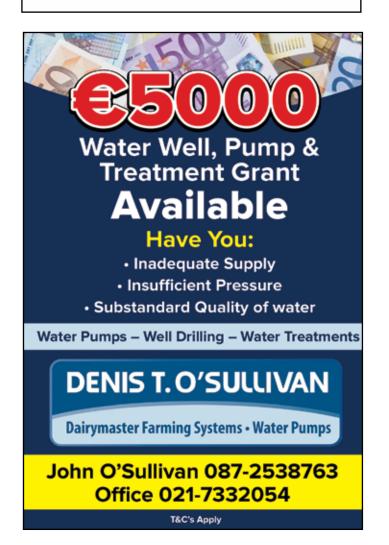
Due to our continued growth, we currently have vacancies for

PRODUCTION OPERATORS

Must be able to work on own initiative but also as part of a team.

> Full time and Part time positions available.

Please email CV to info@firebird.ie or post to Firebird, Ballymakeera, Co. Cork











CLONDROHID G.A.A. NEWS

G.A.A. Rebel Og Minor West Championship Semi-

Not to be last week for our gallant Minor team who came up against a strong Canovee team. Our lads kept going to the final whistle and showed great character, but it wasn't to be for them this time

The lads didn't end this year empty handed though as back in august they won the North League shield Final. Well done lads and all involved

We wish Canovee the best of luck in the final

LAOCHRA OG SHANE MURPHY MEMORIAL CUP POC FADA: This Sunday Nov 28 in Clondrohid village. Registration from 11.30 onwards. Compete in teams of 2 or 3. €5 per person

Club members and their families only for 2021. Covid regulations apply. Thank you.

MACROOM LADIES FOOTBALL: Congrats to Macroom Juniors who won a County Final last Sunday for the first time in Eire Og V Bandon. Well done all.

LOTTO: Results for Nov 10 €70 Cath Murphy Donoughmore €20 Tom Mc Sweeney Coachford, Nelius Murphy Clondrohid, Siobhan and Mike c/o The Ploughman, Julie Creedon Coolea.

Results for Nov 17

Jackpot €4,600

€70 John Casey Rusheen

€20 Mgt. O'Shea Glengarriffe, Gary and R. O' Brien Coolnadane, Saoirse Kelleher Kilovolt, Claire Lucey Masseytown

Munster Senior League

by Darragh Deasy.

MSL Beamish Stout Senior Div 3 League Kilworth 2 - Macroom 2

The Seniors, sponsored by Murray's Bar, travelled to an in form Kilworth side and came away with a hard-earned point after a tough battle on a very difficult pitch last weekend.

Macroom started well and caused the home defence a few problems in the early exchanges. Darren Dineen had probably the best effort of the first half, his low shot from 20 yards brought a good save from the home keeper. Kilworth also had a good chance late on after they turned over a ball while Macroom tried to play out from the back but they failed to convert. It was 0-0 at the break

Into the second half and Macroom took the lead on 55 minutes. Michael Fitton on the left picked out the lively Dineen on the edge of the box. He expertly chipped the ball over the advancing keeper to break the deadlock. Within two minutes Kilworth were level when a ball from the right wing was not dealt with and was scrambled to the net. It was a soft goal for Macroom to concede after some excellent defending throughout the game. Two minutes later it was 2-1, a clearance by Caleb Dinnen, who had an outstanding game in goals, was met by a Kilworth midfielder and he struck a 40-yard lob beating the retreating keeper. Macroom bounced back on 65 minutes to get back on level terms. Don Creedon collected the ball on the edge of the box. Showing neat control, Creedon's quick strike nestled into the far corner giving the Kilworth keeper no chance. The home side piled on the pressure in the final 10 minutes but the Macroom defence held firm to give the team a good point away from home.

Team:

- 1. Caleb Dineen 2. Barry O Donell
- 3. Mikey Dineen 4. Tommy Condon
- 5. Danny Kelleher 6. Jack Cronin
- 7. Michael Fitton 8. Greg Fitton
- 9. Darren Dineen 10. Don Creedon 11. Llyod Asling 12. Patrick Barry for Jack Cronin

(60 mins) 13. Mark Corrigan for Llyod Asling (60 mins) 14. Jack Kearney for Michael Fitton(70 mins)

The Junior team, sponsored by GP Woods, Lissarda, travelled to Murphy's Farm to play Kilreen Celtic and lost out narrowly, 2-1. Amazingly, the visitors struck the bar or post on six occasions during this tie. Trailing 2-0, the Macroom goal was a real team goal with Tom

MACROOM SOCCER

O' Donovan, Cathal O' Riordan, Eoin McSwiney and Dylan Dineen all involved-James O' Connor finished to the net. There was not enough time to search for a leveller and Macroom were left cursing the unfortunate intervention of the Murphy's Farm woodwork.

All 3 U12 boys teams were in league action last Sunday. At Murrayfield the U12 team hosted Pearse Celtic in an entertaining 2-2 draw. Macroom were behind on two occasions but fought back for a hard-earned point. Ryan Brophy was on target after good work from Dylan O' Shea. Aled Hopkins secured a point late on when he went on a tremendous right wing run and struck a brilliant shot to the net. Good outings from Micheál O'Connor, Ciaran Coleman, David Bradley, Micheál Deasy and keeper Calum

The U12A team headed to Rockmount and came away with a fantastic 2-1 win. This was a close affair and the visitors led through Fionn Fabrizi. The home side equalised but Macroom were not to be denied. Dylan O' Connell's excellent shot found its way over the goal line. Rockmount tried hard for an equaliser but a tiring Macroom held out for their second win on the bounce. Fine performances from Ewan Irwin, Fionn Fitton, David O' Leary and Simon McCarthy.

Macroom FC U12B welcomed Carrigaline to a cold and sunny Murrayfield. They produced their best display of the season and delivered an outstanding 7-0 win. This team have been making great strides since the start of the season and were rewarded with their first win in competitive football. The desire and effort from the whole squad was a pleasure to witness. Macroom goals came from a tremendous Cormac Healy hat trick, a double from Frankie Kiernan and another brace courtesy of the excellent Tristan Mullane. Daragh McSweeney, Cian Twomey, Ciarán McSweeney, Scott Baillett O' Connor and Jack O' Sullivan played well in an outstanding squad performance.

The U10 lads were away to Pearse Celtic and all 24 players in attendance played great stuff in this noncompetitive fixture. Meanwhile the U9 boys also travelled away and they played Kilreen Celtic. This team also had great numbers with 27 players making the trip. Thanks to the home side for an excellent set up.

In the U19 CWSSL league, Macroom beat visitors Riverstown 4-0 at Murrayfield. Goals were scored by Grace O' Riordan, Leanne Healy, Olivia Wyki and Emily Murphy. A great performance from all 14 girls. The U11 girls also welcomed Riverstown and played out some fantastic games.

The U14 boys, sponsored by Barry O' Connor Transport, beat Pearce Celtic 3-0 at Coffey's Field in Togher. Early on Samuel Kelleher had a shot saved but Eoghan Healy finished the rebound. It was roles reversed 20 minutes later when Healy squared for Kelleher to make it 2-0. In the second half Robert Fitzgerald was fouled and Tristan McBride scored the resulting penalty. This excellent win moves Macroom to the top of the

The U13 boys, sponsored by Haven Pharmacy, had a fine 4-2 win away to Mallow Utd. Jacob Barry (2), Dara Fehily and Donagh Moss were on target in another really good outing for this side. The U13A lads also secured a great win over Avondale Utd, winning 5-0 away at Beaumont Park. Macroom were at full strength for this tie and it showed as Robert Duggan, Senan Lynch, Jayden Leahy and Diego Moros Suarez were all on target. Well done all on a fine result.

The Macroom Opticians sponsored U15 boys beat Lakewood Athletic 5-1 at Murrayfield. Gavin O' Riordan was on target early for the hosts and Matthew Kelleher doubled the lead soon after. Into the second half and O'Riordan struck for his second. A spirited Lakewood then got on the scoresheet but Gavin O' Riordan added two more to bring his personal haul to an amazing four goals. Macroom are now top of the league.

LAOCHRA OG

Camogie for beginners ages 13,14,15 years old at Macroom Astro Saturday 10:45 a.m. to 12 noon. Adult Camogie training at Macroom Sports Complex Monday from 8:45 p.m.

On Friday 3rd December at 8:15 p.m. Junior/ under 20 Hurling training commences for the 2022 season at Macroom Leisure Centre with S&C by sports performance coach for a 12-week term and fitness session on Sunday mornings. By end of this term, we hope to be hitting the pitch full of energy with a new coach and backroom team. If this is of interest to you why not contact Pat on 0870535589 for more information.

Stay in touch with Facebook for any changes in training times and dates etc.



HURLING Co-Op Superstores Cork County Championships

Senior Premier Hurling:

3 groups of four teams, 2 to advance

A Douglas 6, Glen Rovers 4, Newtownshandrum 1, Bishopstown 1

B Sarsfields 6, Midleton 4, Na Piarsaigh 2, Carraigtwohill 0,

C Erin's Own 4, Blackrock 4, St Finbarrs 3, Charleville 1

Colleges/Divisions: Imokilly

Co Quarter finals: Glen bt Imokilly, Blackrock bt Douglas, Midleton bt Érin's Own

Co semi finals: Sarsfields 0-18 Glen Rovers 1-17: Blackrock 3-18 Midleton 4-21

Final: Midleton 0-24 Glen Rovers 1-18 Relegation: Carraigtwohill

Senior A Hurling:

A Kanturk 5, BLARNEY 5, Fermoy 2, Bandon 0 Mallow 4, Bride Rovers 4, Ballymartle 3, Ballyhea 1

C Fr O'Neill's 5, Newcestown 4, Killeagh 3, Cloyne 0

Quarter Finals:

Newcestown 0-27 Mallow 2-15: Bride Rovers 2-21 BLARNEY 2-16

Semi Finals: Kanturk 4-23 Newcestown 0-26: Fr O'Neills 1-19 Bride Rvrs 1-15

Final: Kanturk 3-17 Fr O'Neills 2-13 Relegation: Bandon relegated

Premier Intermediate Hurling:

A Courceys 6, Carrigaline 4, ÉIRE ÓG 2, Youghal 0 B Castlelyons 6, Valley Rovers 4, INNISCARRA 2, Watergrasshill 0

C Kilworth 5, Ballinhassig 4, BALLINCOLLIG 3, Aghada 0

QFs: Valleys 1-12 Kilworth 0-13, QF: Ballinhassig 3-14 Carrigaline 1-10

Semi Finals:

Courceys 2-19 Valleys 0-17 Castlelyons 1-17 Ballinhassig 1-16 Final: Courcey Rovers v Castlelyons

Relegation: Aghada relegated

Intermediate A Hurling

A Sarsfields 6, AGHABULLOGUE 4, Dungourney

SPORTS MAD: GAA

2, Glen Rovers 0

Castlemartyr 6, Mayfield 4, Douglas 2, Blackrock 0

C CLOUGHDUV 5, Midleton 4, Kildorrery 3, Meelin 0

Ouarter Final:

Cloughduv 2-21 Aghabullogue 0-7, Mayfield 3-14 Midleton 2-7

Semi Finals: Sarsfields 1-15 Mayfield 0-15, Castlemartyr 3-21 Cloughduv 2-18 Final: Castlemartyr 1-19 Sarsfields 0-12 Relegation: Glen Rovers relegated

Lower Intermediate Hurling

A Kilbrittain 6, Argideen Rngrs 4, DRIPSEY 2, **GRENAGH 0**

B Lisgoold 6, Tracton 4, St Finbarrs 2, Russell Rvrs

Ballygarvan 4, Milford 4, St Catherines 4, C Barryroe

Quarter finals: Argideen Rangers Ballygarvan 0-18, Milford v Tracton Semi Finalists: Kilbrittain 1-15 Tracton 0-9, Lisgoold 1-16 Ballygarvan 0-15

Final: Lisgoold 2-19 Kilbrittain 0-14 Relegation: Grenagh relegated

Junior A Hurling Championship

MJK Oils Muskerry Champions: Ballinora (Inniscarra)

County Championship Quarter Final: Dromtariffe 1 – 19 Ballinora 0 – 8

County Final: Ballygiblin 2-18 Dromtariffe

Oriel House Hotel Mid Cork Junior B Hurling **Championship Final:**

Champions: Éire Óg (Inniscarra) County Junior B Hurling Championship Freemount 1 – 14 Éire Óg 1 – 10

Farho Heating Mid Cork Under 21 Hurling: A Championship:

QF Ballincollig 2-14 Éire Óg 2-14 Replay Éire Óg 2-12 Ballincollig 0-8 Semi Finals: Aghabullogue v Éire Óg Blarney 1-21 Inniscarra 1-12 Final: Blarney v Aghabullogue/Éire Óg

B Championship:

Ballinora 3-15 Cloughuv 0-18

Grenagh 0-13 Donoughmore 1-9 Final: Ballinora v Grenagh

Ballincollig 2-14 Éire Óg 2-14 - draw Éire Óg 2-12 Ballincollig 0-8 replay

In the drawn game at Ballincollig, the home side led by a point at the water break and by 1-9 to 0-8 at the half way mark. It was 1-12 to 0-11 up to Joe Coopers goal for Éire Óg on 44 and Ballincollig got a second goal and led by 2-13 to 1-13 when Joe Cooper had his second goal on 58 to level matters. Ballincollig went back a point in front but Cooper fired over his third point of the game to force a replay.

In the replay at Ovens, goals from Dylan Foley and seamas Lordan in the 10th and 11th minutes helped Éire Óg to a 2-3 to 0-2 lead at the water break and it was 2-5 to 0-5 at half time. Éire Óg were in control, 2-10 to 0-8 at the second water break and remained on top to the end.

David Kirwin was marksman in chief with a tally of 0-9, with Joe Cooper 2 and Oisín O'Shea assisting.

Blarney 1-21 Inniscarra 1-12

In the semi final at Blarney, played at the unusual time of 11 am, the home side had too much fire power for Inniscarra and duly qualified for the final. It was 0-8 to 0-3 at the first water break, and 0-13 to 0-5 at half time. Blarnev were nine points clear at the second water break and had a 55th minute goal before 'Scarra also got a goal to keep the nine point gap at the final whistle. Blarney: Eoin O'Neill: Darragh Murphy, Stephen Mullane, Gavin Mullane: Cian Dunlea, Declan Hannon, Dan Quill: Denis McSweeney, Eoghan Kirby: Jack O'Keefffe, Shane Barrett, Will Crowley: Pádraig Power, Mark Cummins, Cian Barrett. Subs: James Doody, Sam O'Sullivan, Cathal McCarthy, Craig Walsh, Ciarán Sexton, Joey Dwyer, Sean Dalton, Daniel Murphy, Michael O'Keeffe, Cian Ahern, Darragh Hurley, Charlie Sewell, Dylan Farrell.

Inniscarra: Padraig Holland: Seán Ahern, Con O'Leary, David Keane: Jack O'Sullivan, Liam Ryan, Sean Sheehan: darragh Hughes, Colin O'Leary: Mark Linehan, Joe Enright, Sean Quinlivan: Conor Desmond, Owen McCarthy, Stephen Linehan.

Bon Secours Cork County Football Championships

Premier Senior Football

A Douglas 6, Valley Rovers 4, Nemo Rangers 2, Carrigaline 0.

B Castlehaven 6, ÉIRE ÓG 4, Newcestown 2, Carbery Rangers 0

C St Finbarrs 6, Clonakilty 4, BALLINCOLLIG 2, Ilen Rovers 0,

Colleges/Divisions: Duhallow qualify

Quarter Finals: St Finbarrs 1 – 16 Éire Óg 0 Valley Rovers 0-10, - 12: Castlehaven 1-14 Duhallow 1-9 Clonakilty 0-13

Semi Finals:

St Finbarrs 3-16 Castlehaven 3-16 aet – 'Barrs win on penalties

Douglas 1-11 Clonakilty 0-15 Final: St Finbarrs v Clonakilty Relegation: Carrigaline 1-10 llen Rovers 0-10 llen relegated

Senior A Football

A Dohenys 4, BÉAL ÁTHA'N GHAORTHAIDH 4, Bandon 3, O'Donovan Rossa 1,

B St Michaels 6, Knocknagree 4, Kiskeam 2, Bishopstown 0,

C Mallow 6, Fermoy 4, Clyda 2, Bantry Blues 0 Quarter finals: Béal Áth'n G 0-15 Clyda Rovers 0-11: Dohenys 1-12 Knocknagree 0-7

Semi Finals: Béal Átha'n Ghaorthaidh 2-10 Mallow 4-14: St Michaels 1-14 Dohenys 0-15 Final: St Michaels v Mallow

Relegation: Bishopstown 1-16 Bantry Blues 1-9 Bantry relegated

Mallow 4-14 Béal Áthan Ghaorthaidh 2-10

MALLOW will meet St Michael's in the final of the Bons Secours Hospital Cork SAFC after their goal power saw them past Béal Átha'n Ghaorthaidh at Páirc Uí Chaoimh.

Though they trailed by 1-2 to 0-1 early on, Mallow responded to lead by 2-6 to 1-4 by halftime and they were 4-9 to 1-8 in front by the second water break after Seán McDonnell had netted a fine individual goal on 43 minutes, followed by one from sub Seán Hayes.

Béal Átha sub Diarmuid Mac Tomáis did pull a goal back for the Gaeltacht side on 51, but Mallow were not going to be caught and they will now face St Michael's in a repeat of the 2017 PIFC decider.

Mallow took a first-minute lead but Béal Átha'n Ghaorthaidh levelled with an Aindrias Ó Coinceannain free, and on 11 minutes Ben Seartan finished well past the Mallow goalkeeper. Séamas Ó Tuama opened up a four-point lead 1-2 to 0-1, but Mallow were far stronger after the water break. A point either side of the break had left only two points

between the teams and they took the lead from a penalty, 1-3 to 1-2. Twice Béal Átha levelled, points from Ó Coinceannain and Ó Loingsigh 1-4 each, but Mallow finished the half strongly. A two point advantage became five in the second minute of injury time when wing-back Stephen O'Callaghan found the Beal Átha net, 2-6 to 1-4 the half time score.

In the opening minute of the second half, Béal Átha'n Ghaorthaidh went close to a second goal but Mallow struck back and led 2-9 to 1-5 with five minutes. Béal Átha now had three points in a row but then Mallow struck for two further goals just before the water break, led by 4-9 to 1-8, and had effectively decided the contest despite a second Béal Átha goal on 51, this one from Diarmuid MacTomáis. Mallow matched

Béal Átha scores in the closing period to proceed to their second consecutive final appearance, having lost last year to Éire Óg.

Scorers for Béal Átha'n Ghaorthaidh: B Seartan 1-3 (0-1f), A Ó Coinceannain 0-4f, D Mac Tomáis 1-0, C Ó Loinsigh 0-2, S Ó Tuama 0-1.

Béal Átha'n Ghaorthaidh: Darren Ó Coill; Ciarán Ó Nuanáin, Éanna Ó Duinnín, Seán Ó Donnchú; Seamas Ó Tuama, Matt Ó Riordáin, Liam Ó Críodáin; Aindrias Ó Coinceannain, Cian Ó Duinnín; Donagh Seartan, Liam Seartan, Amhlaoibh Ó Loinsigh; Ben Seartan, Leonárd Ó Conchúir, Conchúr Ó Loinsigh.

Subs: Diarmuid Mac Tomáis 33, Eoin Ó Coill 35, Seán Ó Luasa 39, Nollaig Ó Laoire 48, Dara Ó Ceallacháin 52.

Premier Intermediate FC

Premier Intermediate Football

A Kanturk 6, NAOMH ABÁN 4, MACROOM 2, St Nicks 0

B CILL na MARTRA 6, Nemo Rngrs 4, Rockchapel 2, St Vincents 0

C Aghada 5, Newmarket 3, Castletownbere 2, Na Piarsaigh 2

Quarter Finals: Naomh Abán 0-10 Newmarket 1-16: Nemo R 1-7 Aghada 1-12

Semi Finals: Cill na Martra 0-7 Newmarket 2-7

Kanturk 1-8 Aghada 1-7 Final: Newmarket v Kanturk Relegation: St Nicholas – relegated

Newmarket 2-7 Cill na Martra 0-7

Newmarket continue to cause surprises as they are through to the final following a decisive victory over Cill Na Martra in a fiery Bon Secours PIFC semi-final at Glantane.

This was a tough intense battle fought tooth and nail and two Newmarket goals in the first quarter were vital to the success of the Duhallow men who now face their near neighbours Kanturk in the final. Though fiercely contested, this was a sporting contest for the best part of the hour before frustration set in for the Gaeltacht side during the latter stages and they finished with 11 players on the field, losing three players to red cards and one to a black.

Cill Na Martra wing back Seán Ó Foirréidh punched an early lead point, Newmarket equalised and county player Dan Ó Duinnín regained the leasd for the Muskerry men. Cill na Martra now conceded two rapid-fire goals. Initially, Kevin O'Sullivan placed O'Keeffe to show a clinical touch to blast home.

And Newmarket were handed a further massive boost, O'Sullivan, again the instigator to set up Barry O'Connor with the easiest of tasks for the Duhallow men lead 2-1 to 0-3 at the initial water break.

Those scores underlined the essential difference between the sides, Newmarket's patience and composure becoming clearly evident. And while their front men deserved credit for their scores, Newmarket's defensive resilience surfaced, particularly, the outstanding Paudie Allen, Mikey Browne and TJ Brosnan with Mike Cottrell and playmaker O'Sullivan offering key assistance.

Cill na Martra landed much-needed points from Ó Foirréidh and Mike Ó Deasúna yet the initiative remained with Newmarket, Cottrell and Conor O'Keeffe on target for a 2-6 to 0-5 advantage at the interval.

The tempo dropped on the resumption with just three scores recorded, Brosnan landing Newmarket's solitary effort. For their part, Cill na Martra never put enough pressure on the deficit, their hopes ended by the dismissal of Máirtín Ó Conchúir (black card), Tadhg Ó Corcora, Noel O'Leary and Danny Ó Conaill in an untidy finish. Cill Na Martra's Noel O'Leary is tackled by Newmarket's Kevin O'Sulivan. Picture: David Keane.

Scorers for Newmarket: R O'Keeffe 1-1 (0-1 f), B O'Connor 1-0, C O'Keeffe 0-3 (0-1 f), P Allen, M Cottrell, TJ Brosnan 0-1 each.

Cill na Martra: DÓ Duinnín 0-2 (0-1 f), SÓ Forreidh 0-2, MÓ Deasúna, AÓ Cuana, CMacLochlainn 0-1 each.

Cill na Martra: Antóin Ó Conaill; Antóin Ó Cuana,

Graham Ó Mocháin, Danny Ó Conaill; Seán Ó Foirréidh, Nollaig Ó Laoire, Tadgh Ó Corcora: Colm MacLochlainn, Gearóid Ó Goillidhe: Micheál Ó Deasúna, Daniel Ó Duinnín, Maidhchí Ó Duinnín; Damien Ó hUrdail, Ciarán Ó Duinnín, Shane Ó Duinnín.

Subs: Criostóir Ó Meachair ht, Fionnbarra Ó hEaluithe 42, Finéin Ó Faoláin 48, Martin Ó Conchúir 53, Dean Mac Cárthaigh 56.

Intermediate 'A' FC

Intermediate A Football

A Mitchelstown 4, AGHABULLOGUE 4, Glanmire 4, Kildorrery 0

B Kilshannig 6, Adrigole 2, Glanworth 4, Glenville

C IVELEARY 6, Millstreet 4, St Finbarrs 2, Kinsale

D Gabriel Rangers 2, Dromtarriffe 4, BALLINORA 2, Ballydesmond 4

Relegation: Kildorery v Kinsale – Kinsale relegated

Quarter Finals

Uibh Laoire 5-12 Glanworth 0 - 12; Kilshanning 1-8 Millstreet 1-6 Mitchelstown 3-15 Ballydesmond 2-11 Dromtarriffe 0-10 Aghabullogue 1-13 Semi Finals:

Iveleary 3-14 Aghabullogue 1-5 Kilshannig v Mitchelstown Final: Iveleary v Kilshannig or Mitchelstown Relegation: Kinsale relegated





SPORTS MAD

IAFC semi final

Iveleary 3 - 14 Aghabullogue 1 - 5

Iveleary, County Junior Champions 2020 have now qualified for the Bons Secour Health System Intermediate A football championship final in their first season up and have been displaying superb form on their campaign trail. After emerging unbeaten from their group they made light work of disposing of Glanworth and on a bright Saturday afternoon at Kilmurry they were clear winners over Mid Cork rivals Aghabullogue, themselves county finalists only three years ago when they lost to Cill na Martra. Iveleary will now have a waiting period before Kilshannig or Mitchelstown qualify to face them in the final.

Conditions at Kilmurry were perfect with a good crowd present. Aghabullogue were short three of their selected side and Iveleary were strong favourites to continue on their winning ways. Cathal Vaughan got the scoring underway with a point from an Iveleary free after five minutes and he added another from play within minutes. Iveleary goalkeeper Joe Creedon made a smart save from Cialan O'Sullivan, Aghabullogue 'keeper did likewise from a close range effort from Chris Óg Jones. In the 12th minute, Conor O'Leary had an Iveleary point from play and the western side led by 0-3 to nil at the water break and looked sharp.

The second quarter saw Iveleary really impose themselves on their opponents and had put themselves in a very strong position by half time. Mathew Bradley had opened the Aghabullogue account with a point from a mark but Cathal Vaughan quickly replied from a free. In the 25th minute, Barry O'Leary put four points between the teams and three minutes later Iveleary struck for their first goal. Kevin Manning made a strong run of defence before parting to Seán O'Leary up in support, and when John Buckley managed to stop a fierce drive from the centre back, the ball broke loose and Brian Cronin came flying in to boot to the net. Conor O'Leary and Cronin with a brace, added further points before Ian BarryMurphy got a second point for Aghabullogue and the outcome looked decidedly certain to go Iveleary's way as they led by 1-8 to 0-2 at half time after dictating the play in the first half.

Aghabullogue had a good third guarter, inspired by a Niall BarryMurphy goal within four minutes of the resumption. Chris Óg Jones and Mathew Bradley twice exchanged points before Jones had a third point just before the second water break to leave Iveleary seven points in front, 1-11 to 1-4 and still firmly in control despite the increased effort from Aghabullogue. Within a minute of the play resuming Iveleary delivered the mortal blow to any prospect of an Aghabulloque revival when Conor O'Leary and Chris Óg Jones combined to release O'Leary clear bearing down on goal, and he made no mistake with a powerful shot to net. Chris Óg Jones fisted a point and in the 51st minute slammed in a goal after his brother lan's shot had been blocked. Conor O'Leary and Mathew Bradley exchanged points before substitute Lar O'Sulllivan ended a very productive day for Iveleary with a late point.

It was an impressive team display from the Uibh

Laoire men with Kevin Manning, Darren Kelly and Ciarán O'Riordan, Conor O'Leary adding to the perpetual threat posed by Jones, Vaughan and team captain Brian Cronin. Five substitutes were introduced without any diminution in performance level and Iveleary will go into the final in good heart.

Scorers: Iveleary: C Óg Jones 1-4 (0-2f), C O'Leary 1-3, B Cronin 1-2, C Vaughan 0-3 (0-2f), B O'Leary and L O'Sullivan 0-1 each. Aghabullogue: N BarryMurphy 1-0, M Bradley 0-4 (0-2f, 0-1mark), I BarryMurphy 0-1.

Iveleary: Joseph Creedon; Daniel O'Riordan, Finbarr McSweeney(Jnr), Barry Murphy; Kevin Manning, Seán O'Leary, Ciarán Galvin; Declan Kelly, Ciarán O'Riordan; Brian Cronin, Cathal Vaughan, Barry O'Leary; Conor O'Leary, Chris Óg Jones, lan Jones.

Subs: Donal Cotter 51, Liam Kearney 51, Seánie Lehane, Seán O'Riordan, Lar O'Sullivan.

Aghabullogue: John Buckley: Paul Dilworth, Seán O'Sullivan, Paul Ring: Jack Murphy, Adam Murphy, Billy Casey: Shane Tarrant, Evan O'Sulllivan: Jerome Corkery, David Thompson, Denis Ouinlan: Cialan O'Sullivan, Mathew Bradley, Ian BarryMurphy. Subs: Brian Dineen for J Murphy and Niall BarryMurphy for D Quinlan, both ht, Michael Dennehy for C O'Sullivan, Tom Long for S O'Sullivan, Mike O'Sullivan for I BarryMurphy.

Referee: Michael Collins, Clonakilty

Junior A Football Championship_R

Ross Oil Mid Cork Champions: Aghinagh County Championship: Boherbue Aghinagh 0-7 County Final: Boherbue v Ballinhassig

County JAFC quarterfinal:

Boherbue 4-14 Aghinagh 0-7

Boherbue advanced to meet Urhan in the semifinal of the Bon Secours Cork Junior A Football Championship as they defeated a muchweakened Aghinagh side 4-14 to 0-7 under lights at Páirc Uí Rinn.

A spirited display from Liam Twohig ensured Aghinagh remained competitive for the most part but led by Jerry O'Connor in attack, Boherbue always remained in control and deservedly claimed their place in the final four. Due to Covid issues, the Muskerry champions were without a number of key players for this guarter final clash and that proved to be costly from the beginning as after just three minutes Boherbue got in for their opening goal against a much-changed defence. Boherbue had a second goal of the evening just moments after the first water break when Gerry O'Sullivan cleverly punched a long hopeful ball into the far bottom-left corner on the run rather than catching it. Four of Liam Twohig's six points ensured Aghinagh only trailed 2-4 to 0-4 at the

half-time break and his other two gave them some hope heading into the final quarter, 2-11 to 0-7. Boherbue showed no mercy in the closing stages and added two further goals for a very comprehensive win.

It was a slightly disappointing end to a great championship season for Aghinagh who a week earlier had created history in taking their first ever Mid Cork A title on a never- to-be forgotten night in Macroom.

Scorers for Aghinagh: L Twohig 0-6 (0-3 frees), D Ambrose 0-1.

Aghinagh: Jason McCarthy; Eoghan McCarthy, Luke O'Leary, Donagh O'Riordan; Donal Corkery, Declan Ambrose, Aodh Twomey; Gearóid O'Sullivan, Michael O'Brien; Tadhg Sheehan, Liam Twohig, Olan Cummins; Seán Kelleher, TJ Buckley, Jack Kearney. Sub: Micheál Corkery

Junior B Football Championship

Ballincollig Credit Union Mid Cork Junior B **Champions: Dripsey**

County JBFC

Dripsey walk over Kilbrin conceded

Semi F **Dripsey 1-17 Urhan 1-8** Final: Dripsey v (Douglas or Mitchelstown v Randal Óg)

Dripsey 1-17 Urhan 1-8

A foggy Kealkil was the November venue for the County JBF semifinal between Dripsey and Urhan and the final scoreline does scant justice to the efforts of the Beara men who were strongly in contention until the final water break. At that late stage Dripsey led by a mere two points, 0-12 to 1-7 but the introduction of some powerful subs for the final push for victory was highly effective and the Muskerry champions outscored the peninsula men by 1-5 to 0-1 in that final period to fashion a comprehensive victory and advance impressively to the final.

Dripsey were rocked by an early Urhan goal in the second minute but recovered well to be a point in front at the water break, 0-5 to 1-1 and at half time Dripsey still were a point to the good, 0-10 to 1-6. Urhan drew level on the restart, Eoin Maher and Dave O'Sullivan pointed to put Dripsey back in front. In the final quarter as Urhan tired noticeably Dripsey were dominant

and a goal from Adam Casey at the end of a great bout of combined play settled the issue in favour of the Mid Cork men.

Douglas/Mitchelstown and Randal Óg must battle it out to see who will face Dripsey in the final on December 11th/12th next.

Scorers: Dripsey: Adam Casey 1-0, Gary Murphy 0-5, Eoin Maher 0-4 (0-2f), A Murray, M O'Sullivan, D O'Sullivan 0-2 each, K Kelleher and J Cotter 0-1

Dripsey: John Hogan: John Buckley, Colm O'Connell, Dean O'Sulllivan: Jack Casey, Mark O'Connell, Aidan Murray: Mark O'Sulllivan, Mike O'Riordan: Dave O'Sullivan, Gary Murphy, Killian Kelleher: Stephen Murray, Eoin Maher, James Cotter. Subs: Diarmuid O'Riordan 45, Martin O'Sulllivan 45, Adam Casey 55, John O'Riordan

SPORTS MAD 🔇

Rochestown Park Hotel Mid Cork **Junior** Football Championship

1st Round (Knock out)

Éire Óg 3-13 Grenagh 0-2 Ballincollig 1-10 Clondrohid 1-9 Aghinagh 1-10 Dripsey 0-6 Naomh Aban 3-11 Macroom 1-12 aet. Béal Átha'n G 3-19 Kilmichael 1-9 Cill na Martra w/o Blarney withdrew Quarter Finals:

Naomh Abán 2-13 Cill na Martra 0-3 Éire Óg 1-15 Béal Átha'n Ghaorthaidh 0-16 Semi Finals:

Aghinagh 2-5 N Aban 1-7 Ballincollig v Éire Óg Final: Aghinagh v Ballincollig/Éire Óg

LGFA - Ladies Senior County Final

Mourneabbey 1-11 Éire Óg 1-6

Mourneabbey won back the Cork Ladies Football Senior A title at Páirc Uí Chaoimh, the first time the final was played at the new stadium. This was the club's seventh title in eight years, having lost out last year to West Cork in the decider. They will now go on to defend the Munster and All-Ireland titles, they won in 2019, with neither competition played last year.

It took some time for the tie to settle down with the first score eventually coming after five minutes when Doireann O'Sullivan pointed from a free for Mourneabbey. The lead didn't last long as Éire Óg were awarded a penalty and Eimear Scally was fouled and she coolly slotted home for their opening score to make it 1-0 to 0-1 with eight minutes gone.

Scores were few and far between early on and it took until the 15th minute for the next to come, a goal for Mourneabbey. Éire Óg responded with Scally splitting the posts at the other end to see them level at the water break, 1-1 apiece.

Mourneabbey started to dominate, Doireann O'Sullivan made it 1-3 to 1-1 and it was 1-5 to 1-1 before Scally, Éire Óg's only scorer, added a point from a free, with Doireann O'Sullivan doing the same at the other end. Mourneabbey went in leading 1-6 to 1-2 but having to play against the slight wind in the second half.

On the restart, Scally raised another white flag for Éire Óg to reduce the deficit when Aisling O'Connell played in Isobel Sheehan, who was fouled as she went to pick up the ball, leading to the free, converted by Scally.

Two points followed for Mourneabbey, who then found themselves down to 14 for a foul on Elaine Crowley, again Scally pointed the longrange free, to make it 1-4 to 1-8 as the tie started to heat up.

Mourneabbey led 1-9 to 1-4 at the second-half water break, Fitzgerald and Scally raised white flags before Orlaith Cahalane was denied a goal by the Mourneabbey goalkeeper. Scally raised another white flag but it was no more than a consolation score as Mourneabbey ran out deserving winners to win back their title.

Éire Óg: E Scally 1-6 (1-0 pen, 4f).

Éire Óg: Lisa Crowley; A Hickey, J O'Gorman, Isobel Sheehan; M Cahalane, S McGoldrick, Elaine Crowley; S Cronin, Aisling O'Connell; A Nic a Bhaird, E Cleary, C O'Connor; A Rodgers, Eimear Scally, L Cleary.

Subs: Orlaith Cahalane, R Murphy, both 46, R Sheehy and B Feeney both 59.

Senior A County Final Inch Rovers 3-9 St Val's 1-13

Inch Rovers retained their Cork Senior B club championship title at MTU with former Cork star Angela Walsh outstanding, scoring 1-5, her goal coming at a time when St Val's were starting to get the upper hand.

Val's have now lost four finals in a row, but it certainly wasn't for lack of effort on their part, led by the likes of Marie Ambrose, Emma Flanagan, and Ciara McCarthy.

Points from Angela Walsh and Harrington put Inch in front, but Val's settled and took the lead with Ambrose, Flanagan, and Laura Buttimer all raising white flags.

A goal from Ciara Irwin and a point from Angela

Walsh had Inch a point to the good at the water break, 1-3 to 0-5.

Their second goal, scored by Noelle O'Donovan helped them to a half-time lead of 2-4 to 0-6 and Angela Walsh increased their lead, but then Val's showed what they are made of and were back level after 39 minutes.

A brilliant goal from Flanagan, followed by two points from McCarthy made it 1-8 to 2-5.

But that's where the experience in the Inch side told as they didn't panic and responded with a goal and a point of their own, within two minutes and both from the boot of Angela Walsh as they led 3-7 to 1-9 at the second-half water break.

Points from Annie Walsh and O'Connor extended their lead, but again Val's hit back to put only a point between them. Eireann O'Shea and Mairéad Corkery raised white flags, followed by two from Buttimer frees, to make it 1-13 to 3-8, but a late point secured the win for Inch.

St Val's: E Flanagan 1-2, L Buttimer 0-4 (0-3 f), C McCarthy 0-2, M Ambrose, A Kelleher, A Corkery, E O'Shea, M Corkery 0-1 each.

St Val's: Aoife Foley; Anna Keane, Clare Ambrose, Aileen Corkery; Ciara Hughes, Marie Ambrose, Aisling Kelleher; Sinéad Cotter, Meadhbh Ring; Emma Flanagan, Laura Buttimer, Ellen Coakley; Aoife Barry-Murphy, Ciara McCarthy, Mairéad Corkery. Subs: Ciara Nevin ht, Erin O'Shea 39.

Junior E County Final Macroom 3-12 (21) Bandon 4-6 (18) after extra time

Macroom Ladies, beaten in last year's decider, won their first ever county junior title with a three-point win over Bandon in a thrilling game at Ovens. The teams were level at the first water break, 1-2 each, Meadhbh Carroll having scored the goal for Macroom. Macroom were a goal in arrears at half time, 2-4 to 1-4, and still trailed by a goal at the second water break, 3-5 to 1-8. Rachel Hurley then scored a superb goal to bring Macroom level with ten minutes remaining and

Macroom went a point up but Bandon got a point from a late free to equalise and force the game into extra time, 3-6 to 2-9 the score.

In the first half of extra time, Macroom added 1-2 to their tally, Niamh Duggan getting the Macroom goal, while holding Bandon scoreless and led by 3-11 to 3-6 with ten minutes to play. Macroom raised the gasp to six points but back came Bandon with a goal from a penalty to cut the margin between the teams to three points. Time was up however and Macroom had achieved an historic first county championship victory.

Macroom: Niamh O'Riordan: Katelyn Burke, Grace Buckley, Sophie McRory: Maeve Murphy, Erika O'Shea, Caoimhe O'Donovan: Niamh Duggan, Emma Galvin: Susan O'Donnell, Rachel Hurley, Kate Brady: Katie Dineen, Aoife Twomey, Meadhbh Carroll. Subs used: Eva Rose Gallagher, Eimhin O'Mahony, Emma Cahill, Clodagh O'Brien, and Irene O Callaghan, Lauren Manning, Molly McKirgan, Myra O'Riordan, Syve Lynch, Clodagh Kelleher, Sadhbh Burke, Molly Murphy.

Managers: Joe Carroll and Noel Twomey

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SPORTS MAD



Ronan Duggan, Michael Dunne and Michael Cregan Macroom, who won Division 1, U12 Hurling Championship with Aghabullogue professional cyclist Eddy Dunbar





Player of the Match Laura Buttimer



Macroom FC U12 who drew with Pearse Celtic at Murrayfield.



Macroom FC U12B following their win over Douglas Hall at Murrayfield.



At the 7th Nov. Junior B County quarter-final, Urhan v. Glenville in the Castle Grounds, Macroom, match officials were: L > R, Owen McCarthy, Mort Twomey, Diarmuid Holland, Tadg Sheehan, Michael O'Leary, James Cotter, Darren Creed. (Kate Holland)



Canovee NS - 'Ready Position' - Senior infants enjoy hurling with Paddy Corkery







Pupils from the Middle Room in Muinefluich N.S. participating in the 'Litter Pals' project organised by Cork county council



The victorious Aghinagh Junior A team on their visit to Ballinagree NS with the Mid Cork cup.





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Accounts Deirdre: 1800 71 40 40 | E: accounts@outlookmags.com

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Kilbarry NS students with their shoe boxes for the Team Hope Christmas Shoebox Appeal.



 $\label{lem:children} \textbf{Children from Inchigeela NS who took part in the Team Hope Shoe Box Appeal.}$



Junior infants from St. Joseph's Primary School



Pupils from the Junior Room in Muinefluich N.S. with all the shoeboxes families donated for the 'Team Hope Shoebox Appeal'



Junior infants from St. Joseph's Primary School

AGHINAGH GAA:

Lotto Results 8th November, 2021

The jackpot was €3,700.00. The numbers drawn were 5, 10 and 14. There was no jackpot winner. Consolation prizes: €50.00 to Marie Spillane, Moulnahorna. €20 each to Michelle Duggan, Ballymakeera (Online Winner); Willie & Norma Cotter, Dooneens (Online Winner); Cotter Family, Dooneens; Alan Cummins,

Lotto Results 15th November, 2021

The jackpot was €3,850.00. The numbers drawn were 21, 30 and 42. There was no jackpot winner. Consolation prizes: €50.00 to Ann Keating, Coolkisha. €20 each Conor Riordan, Coolalta; Damien Burns, Bealnamorrive; Antoinette Cullane, C/O Breda Mc; Seamus O'Leary, Dromduv.

COACHFORD AFC:

Lotto Results 15/11/2021. Jackpot: €2,600. Numbers Drawn: 11 – 19 - 23. No Winner: €40 Peggy Enneguess. €20 Molly O'Connell. Patrick O'Callaghan. Frances Daly. Kieran McCarthy (Yearly Ticket).

Lotto Results 08/11/2021. Jackpot: €2,400. Numbers Drawn: 5 – 16 - 26. No Winner: €40 Declan Kiely (Yearly Ticket). €20 Brendan O'Keeffe. John Hogan. Louise O'Riordan. Ciarán Lucey

(Online Ticket).

RCPA (RYLANE COMMUNITY PARK ASSOCIATION) **LOTTO RESULTS:**

Lotto results:

Winning numbers: 14, 33 & 37 Jackpot - €6,400 No Winner.

Lucky Dip winners who received €20 each: Sheila O'Sullivan (Rylane); Jason O'Sullivan (Dripsey); Jerh O'Sullivan (Coachford - yearly); Louise Barrett (Rylane - Online). Seller's prize: Josie Leahy.

Next week's Jackpot will be €6,500. Monday November 15th 2021 Lotto results: Winning numbers: 3, 9 & 12 Jackpot - €6,500

No Winner. Lucky Dip winners who received €20 each: Denise O'Sullivan (Rylane); Aindrias Moynihan (Coolea); Brendan Twomey (Rylane - yearly); Elisa Carroll (Whitegate - Online). Seller's prize: Jamsie Kelleher (Stuake).

Next week's Jackpot will be €6,600.

CLONDROHID LOTTO G.A.A:

LOTTO: Results for Nov 10

€70 Cath Murphy Donoughmore

€20 Tom Mc Sweeney Coachford, Nelius Murphy Clondrohid, Siobhan and Mike c/o The Ploughman, Julie Creedon Coolea.

Results for Nov 17

Jackpot €4,600

€70 John Casey Rusheen

€20 Mgt. O'Shea Glengarriffe, Gary and R. O' Brien Coolnadane, Saoirse Kelleher Kilovolt, Claire Lucey Masseytown

LAOCHRA LOTTO:

20th November

The numbers drawn were 9.14,22,32

There was no jackpot winner

Match 3 winner was Marie Healy, Dromree, Macroom

Next jackpot will be worth €5,800 on November 27th You can purchase tickets on Laochraog.com and at local ticket outlets

MACROOM G.A.A LOTTO:

09 November 2021

No Winner - €70.Mary Cooney, Greyhound Bar, Macroom. €20. Mary Elle & Tadgh Murphy, St Colman's Park, Macroom. €20. Concubhair Murray, The Hermitage, Macroom. €20. Carol Hall, Ballinagree, Macroom, €20, Julien Kingston, Coolyhane, Macroom, €20. Tadgh O Laoire, Ardilaun, Codrum. Next Week's Jackpot €15800.

16 November 2021

No Winner - €70. Con O'Keeffe, Lissarda, Co.Cork. €20. Barry Crean, C/O Nora O'Shea. €20. Dan O'Callaghan, 11 The Lawn, Macroom. €20. Connnie O'Riordan, Sleaveen East, Macroom. €20. Denny Lynch, Sleaveen West, Macroom. €20. Joe Cunningham, St. Colman's Park, Macroom.Next Week's Jackpot €16,000.

KII MURRY G.A.A

The Lotto wasn't won this week.

Next week it goes to €1,800 it will take place in the 22.11.21. The club lotto ticket can be bought at: Sheila's in Kilmurry village, Quik pick in Crookstown, The Post Office in Crookstown, Mai Fitz's in lissarda, Centra Aherla, Spar Lissarda, Cuddihy's Cloughduv, The Diamond Bar at Beal Na Bláth and the club force website https://clubforce.com/clubs/kilmurry-gaacork/

MACROOM FC:

Lotto Results

15/11/21 - Jackpot: €4,800. Numbers drawn 1,25,36. No Winner. €80: Sharon and Mark c/o Po'R, €20 each: Aine Deasy c/o Lar's, Mollie O' Riordan c/o Noel, Denis Prendegast c/o Lar's, Michelle and Hailey c/o Hound

22/11/21, Jackpot: 5,000, Numbers drawn 21,22,35. No Winner. €80: Mary Cooney c/o Hound, €20 each: Tom Ouinn c/o Noel, Dylan and David c/o Lar's, Dylan Corcoran Online, Claire Dineen c/o Lar's

Thanks to everyone for supporting our club lotto. Tickets online and throughout Macroom town. Pick just 3 numbers for your chance to win our Jackpot.

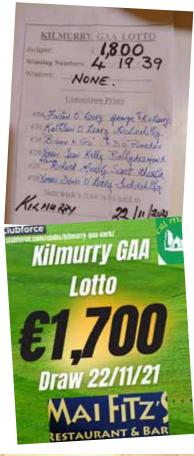
Croí na Laoi Annual Booklet

We in Croi na Laoi, Inchigeelagh Tidy Towns and Local Development Co Op Society are writing to you looking for support in our work for the village and environs. We produce a booklet each year for free distribution, which includes details of our year's work and also some articles and poetry from locals, and diaspora alike. This year we would like to include a directory of businesses in the area. If you would like to make a contribution to Croi na Laoi of €20 we will include your name, business and contact details in the booklet. This contribution would be of enormous support to us in our work.

If you do decide to make a contribution, please forward it to The Secretary, Croi na Laoi, Sonas Cois Laoi, Carraig Liath, Inchigeelagh before 28th November to have your business included.

Inchigeela Calendar 2022

Inchigeela Calendar 2022 looking for photos taken in the area over the last year. Horizontal photos work best. All photos considered including photos of people. Please email inchigeelacalendar@gmail.com







Halloween photos from Tirelton NS.

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NOVENA TO THE HOLY SPIRIT



O Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You gave me the divine gift to forgive and forget all evil against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things you have given me as you confirm once again that I never wanted to be separated from you in spite of all material illusions. I wish to be with you in Eternal Glory. Thank you for mercy towards me and mine.

This prayer must be said for three days, after three days the favour will be granted.

NOVENA TO THE



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

NOVENA TO THE



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail.

Must promise publication of prayer.

NOVENA TO THE



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine.

Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.



Welcome back dear student of God's Word. "The Spirit of the Lord is upon Me, for He has anointed Me to bring Good News to the poor...to proclaim that captives will be released...the blind will see....the oppressed will be set free, and the time of the Lord's favour has come" (Luke 4:18-19). Jesus said this after having come back from the wilderness where He was tested by Satan. Jesus endured and overcame the devil's tempting and His ministry advanced. It is interesting to note that when the devil tested Him, Jesus did not get into an argument. He merely answered by proclaiming God's Word. To advance your life's destiny keep your peace; do not give the devil your joy by entering into dialogue with him friend. Instead, answer the enemy's lawless attacks with the Word of Truth for which he has no answer. Satan hates the Truth (John 8:44). This is especially important when dealing with difficult situations, because otherwise what will happen is you will give away your peace becoming embedded in turmoil, and even deception yourself (2nd Thessalonians 2:9-12; Matthew 24:10-11).

Jesus spoke the Truth that He was anointed by God (Luke 4:18; Isaiah 61:1-3). The gift of the Holy Spirit's power is evidenced by what is called 'the anointing' in the Bible. Oil is used to anoint as a symbol of the Holy Spirit's power. God had Samuel the prophet anoint a young teenage boy called David with oil after which the Spirit of God came upon him mightily, leading to him fulfil his purpose as giant slayer, warrior and king (1st Samuel 16:12-13). So the oil represents the Spirit of God's transformative power. The apostle Paul wrote..."how God anointed Jesus of Nazareth with the Holy Spirit and with power, Who went about doing good and healing all who were oppressed by the devil for God was with Him." (Acts 10:38) Jesus needed the anointing to fulfil His mission and so do we. It is what the church — the Body of Christ upon the earth today, is missing friend — revelation of the anointing. God's oil of His Spirit will never cease to flow to those who are hungry for Him, but there are conditions.

In Psalm 133, unity is the key to the oil of the Spirit flowing. What is unity, and why do we need to see God's Spirit and power demonstrated? Because we are living in dark times where Satan would lead one to believe that there is no hope. But the thing about the dark is that it is always dispelled by the Light! Jesus, the Light of the world, came to displace the darkness of slavery to sin and curse. And He taught that love is the key condition to advancing the Kingdom of God and winning victory over darkness. As we abide in Jesus and walk in His Truth; living filled with His Spirit, the deep darkness of whatever situation you have been in will be quenched by His light and love, His power and anointing. Chains that the devil used to bind you with will break open, and you will walk out healed and set free! (Galatians 3:13; John 8:12; John 1:4-5)

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter -@WOVKillarney.



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FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

JOHN ANTHONY O'SULLIVAN

Millstreet, Co. Cork 01st January 1940 -26th November 2020

Anne, and the Family of the Late John Anthony O'Sullivan, Ballydaly would like to express our sincere and heartfelt gratitude to all those who helped and supported us during his illness, funeral and in the past 12 months.

The final days, were made so much more comfortable due to the professionalism and care of the following:

The District Nurses Maureen, Marie, Teresa and Sharon

Homehelp Christina.

The doctors at Tullig Medical Centre.

Staff of Mallow Hospital.

Staff of Millstreet Hospital.

Reens Pharmacy.

Nightcare Tim

Staff of Marymount Hospice.

Palliative Nurses Phil, Bina, Kathy and Eileen.

Fr Jack and Fr. Sean.

His passing was made so much easier by the sensitively of:

Daffodil Nurse Phil, South Doc & Davy Tarrant Undertaker.

The Funeral Mass was exactly as John Anthony would have liked. This was down to the attention to detail and passion that Sharon in Parish office, Fr Pat, Fr. Sean, Sacristan Julie and Singer Joan put into the ceremony.

We were so grateful to Sean Radley that the ceremony was streamed to Millstreet Hospital for Anne.

We were very humbled by the friends, neighbours and extended family that lined the road from Ballydaly to Millstreet when he left his home at 8.30am on that Friday morning.

And all those that stood outside the church and at the Graveyard where the final prayers were broadcast over his own public address speakers. We would like to sincerely thank everyone who wrote messages of sympathy on RIP.ie, sent Mass Cards and took the time ring or text. Your thoughtfulness was appreciated.

Covid may have kept everyone physically apart, but we have never felt so surrounded by people with kind hearts and generous natures.

There were so many gestures of kindness and goodwill from so many people that we, as a family, appreciated and will never forget. We won't name these individuals as there were so many, we're afraid we'd forget someone.

A Mass for all those mentioned (and those not), has been offered for your intentions, in St Patricks Church. Millstreet

FIRST ANNIVERSARY



In loving memory of

IOHN ANTHONY O'SULLIVAN

Millstreet, Co. Cork 01st January 1940 -26th November 2020

In Memory our Father & Granda

The Empty Chair, The TV Stilled. The Coat Unworn, The Pipe Unfilled. The Speakers Hushed, The Light Unlit. The Door Now Locked, No Call To Sit. An Earthy Mound, A Wooden Cross. A Silent prayer, A Loveone Lost. A Wreath Of Flowers, A Vase Just Filled. A Peaceful Rest , A Life Well Lived...



Ar Dheis Dé Go Raibh D'anam John A, Mary & Joshua

FIRST ANNIVERSARY



In loving memory of

JOHN ANTHONY O'SULLIVAN

Millstreet, Co. Cork 01st January 1940 -26th November 2020

In loving memory of my Husband

Your face within my mind I see, Your voice I clearly hear. Though in Gods Arms you rest Dear John, In my heart, You are always near



With Love Always, Anne

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

IANIE COUGHLAN

Kilnagurteen, Macroom Co. Cork. Who died 5th December, 2020.

On the first anniversary of Janie's death, we her heartbroken family, wish to extend our heartfelt gratitude to all our family, friends and neighbours, for all the phone calls, cards and especially those who stood at the side of the road, as the funeral courtage passed on her final journey, your presence was greatly Appreciated.

We would like to thank Dr. Ken Harte for his support at such a hard time, also her wonderful home help Ann, Fr Roberts for all his visits and kindness.

We would also like to thank the amazing support we received from Mary Mount Palliative Care Team, you will be forever in our prayers.

We would also like to thank Fitzgerald's Funeral Directors for their calmness and professional handling of the arrangements.

We would like to thank the priests of Macroom Parish for a lovely Mass and the music that was provided by Mary and Michael.

As it would be impossible to thank everyone, please accept this acknowledgment as an expression of our gratitude and appreciation. The Holy Sacrifice of the Mass has been offered for your intensions.



Always remembered by her loving family.

Janies anniversary Mass will be held in St. Colmans Church Sunday 5th December at 12 noon.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

DAMIAN DINEEN

Dirrinculling,Coolea, Co.Cork. who passed away on the 3rd December 2020

A Lovina Dad, Husband, Son, Brother, Son in Law, Brother in Law, Uncle and Friend Who was an inspiration to us all and will always be in our hearts.

The family of Damian would like to thank most sincerely our extended family, wonderful neighbours and many friends who sympathised with us on our very sad loss, we thank those for their kindness and support and prayers during Damian's illness and his funeral. For those who called to his home, sent mass cards, enrolments, letters of sympathy, phone calls, flowers, baking, food and drinks and all who sent condolences on R.I.P. .ie your kindness and caring words will never be forgotten. The family wish to thank the exceptional neighbours and friends who looked after everything at our home during the precious days we had Damian at home for his wake and for the continued support during the year. Your Kindness and generosity will never be forgotten.

Thank you to all Damian's customers & colleagues in the motor mechanic trade who meant everything to him and he was so pleased to see his customers return after his operation, it meant the world to him.

We remember with gratitude the late Fr. Donal O' Brien for Damian's funeral Mass and to Peadar Ó Riada and Cór Cúil Aodha for their beautiful Music and to Conchúr O Lúasa who sang so beautiful for his friend Damian. Thank you to the sacristan Gerard Lynch for all his help, thank you to the grave diggers and to Fr. Donal Roberts for the burial prayers at St.Gobnait's Cemetary. A very special thank you to Breandán O Lionáird who gave a very beautiful eulogy at St.Gobnait's for his life long friend Damian.

Thank you to all the nurses who came to care

for Damian in his home especially Agnes Lynch, Carolynn O Mahony and Margaret

Thank you to the staff and school friends of both Scoil Chúil Aodha Barr D'Inse and Coláiste Ghobnatan for their continued support to Liadh, Eoghan and Liam.

We wish to thank most sincerely Casey's Funeral Undertakers, Cyril, Shane, Dan and his team for their professional and sincere service in a very difficult time.

We would like to thank all those who lined the road the night we brought Damian home and to all those who came especially to line the roads the morning of his funeral to Séipéal Chúil Aodha and onwards to St.Gobnait's Cemetary.

Thank you to all the Honda 50 friends of Damian who escorted him on his final journey from his home in Dirrinculling to his final place of rest in St.Gobnait's, a tribute so special which we will never forget.

As it is impossible to thank everyone individually for their kindness, please accept this acknowledgment as a token of our appreciation and gratitude. The Holy Sacrifice of the mass will be offered for your intentions.

> "So rest in peace dear Damian And thanks for all you've done We pray that God has given you The crown you've truly won."



Damian's 1st Anniversary mass will be on Sunday the 12th of December in Séipéal Chúil Aodha at 10a.m.

FIRST ANNIVERSARY



In loving memory of

IANIE COUGHLAN

Kilnagurteen, Macroom Co. Cork. Who died 5th December, 2020.

No matter how life changes, No matter what we do, A special place within our hearts Is always kept for you.



Loved and remembered always. Your friends Mazie & Nuala XX.

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail.

Must promise publication of prayer.

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30TH ANNIVERSARY



In loving memory of our dear parents

DAN & SHELAGH TWOMEY

Rusheen, Coachford, Co. Cork who died on 28th of August 1991 & 18th of November 1991.

There is no night without dawning, No winter without Spring, And beyond death's dark horizon Our hearts once more will sing-For those who leave us for a while have only Gone Away Out of a restless careworn world Into a "Brighter day".

We also lovingly remember Dan and Shelagh's daughter Liz, whose first anniversary occurs around this time. May they rest in peace.

> Memories are special, They don't fade away, We think of you always, Not just today.



Love Hugh, Mary, John, Aileen and the extended Twomey family.

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail.

Must promise publication of prayer. MORC

4TH ANNIVERSARY



In loving memory of

MARY CRONIN

Candromey, Kilnamartyra, Macroom who died on the 27th November 2017

We think of you in silence, We often speak your name, But all we have are memories, And your picture in a frame. Your resting place we visit, And put flowers there with care, But no one knows the heartache, As we turn and leave you there.



Forever in our hearts Colman, Bernie and Family

4TH ANNIVERSARY



In loving memory of

TIM O'LEARY

Rossmore, Kilbarry, Macroom, Whose anniversary occurs on 25th November

Silent thoughts, sincere and true From a family who thought the world of you.

No longer in our lives to share, But in our hearts you're always there.



Lovingly remembered by your wife Margaret, Son: Gerard and Daughter in Law: Erika and Grandson Tim, Granddaughter Mia and all the family.

3RD ANNIVERSARY



NANCY MURPHY

Gortsmorane, Kilbarry, Macroom Who Passed Away 19th November 2018

Though her smile is gone forever, And her hand we cannot touch, We still have so many memories. Of the one we loved so much. Her memory is our keepsake With which we'll never part, God has her in his keeping We have her in our hearts.



Always remembered by your loving

4TH ANNIVERSARY



In loving memory of

SHEII LEHANE

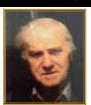
Lisbeemore, Kilnamartyra who died on the 23rd November 2017

Just a prayer from the family who loved you, Just a memory fond and true. In our hearts you will live forever, Because we thought the world of you.



Lovingly remembered by Paddy, Johnny, Vincent, Nora, Delia and their families

5TH ANNIVERSARY



In loving memory of

TOM **FINNEGAN**

Knockavullig, Carrigadrohid Co Cork. Whose anniversary occurred on the 17th of November

> We think of you in silence, We often speak your name, But all we have are memories And your picture in a frame. Your resting place we visit And put flowers there with care, No one knows the heartache As we turn and leave you there.



Always remembered Thomas, Eleanor, Dylan, Rebecca, Clodagh.

4TH ANNIVERSARY



In loving memory of

ANNE (NEE KELLEHER) CUNNINGHAM

13 Oakwood Court, Macroom. Died on November 20th 2017

You lived your life with meaning. And with a smile upon your face. A world that was full of happiness. Is now an empty place.



Always remembered by her loving Sons, Grandchildren, extended Family & her dear Friends.

May she rest in peace.

MEMORIALS LEE VALLEY OUTLOOK **IMPORTANT**

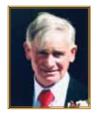
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FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

OHN HUBBARD

Ballyvongane, Coachford, who died on 27th November 2020.

On the first Anniversary of his death, John is remembered by his loving wife Eileen, sons Anthony and Eugene, daughters Norma and Evelyn. Daughters in law, sons in law, his brother Ned and his late sister Margaret, his loving grandchildren and extended family. We would like to thank all our relatives, neighbours and friends who symphatised with us on our sad loss.

We would also like to thank all those who called to the house, phoned, sent Mass cards, letters and messages of support and kindness. Also those who brought beautiful baking to the house.

A Special thank you to Aghinagh GAA for their heartfelt guard of honour. Thanks to all those who paid their respects outside the church due to covid restrictions and to all those who lined the route to the graveyard on John's final journey we were humbled and touched by this lovely gesture.

We express our most sincere gratitude to the amazing ambulance team and paramedics who tended to John on several occasions, their care and compassion was second to none. We extend our sincere thanks to Dr Derek Power and his team in CUH who cared for John so well . Also to Dr Paul Kelly and the nursing team in the Radiology department in the Bons Secours Hospital Cork. To Dr Sarah Kingston and staff of Coachford Medical Centre and Coachford pharmacy for all their help and support. A special thanks to Dr O Brien and the nurses and staff of St Christophers ward in Marymount Hospice who looked after John so well with such kindness and dignity in his final days.

A huge thank you to Fr John Keane for calling and offering lovely prayers at Johns home and for celebrating his requiem mass along with Fr Donal Roberts, we wish Fr Keane a speedy recovery.

Thanks to the sacristan Hannah Mary and to Jenny and Sarah for their lovely music and singing. Thanks to Cyril Casey Undertakers and his team for their outstanding professionalism, help and guidance at such a very difficult time.

As it would be impossible to thank everyone individually we trust this acknowledgement will be accepted as a token of our sincere appreciation. The holy sacrifice of the mass will be offered for all your intentions.

> No matter how life changes, no matter what we do. A special place within our hearts is always kept for you.

Gone from our home that smiling face the cheerful pleasant ways the heart that won so many friends in bygone happy days.

Two tired eyes are sleeping two willing hands are still the one who worked so hard for us is resting at gods will.



Johns first anniversary Mass will be celebrated on Friday 26th of November in St John the Baptist Church Bealnamorrive at 8pm.

4TH ANNIVERSARY



In loving memory of

Diarmuid (JOEY) O'CONNELL

Coolnacahera and Lisboymore Who passed away 23rd November 2017

Life is but a stopping place A pause in what's to be A resting place along the road, to sweet eternity We all have different journey's Different paths along the way. We all were meant to learn some things, but never meant to stay. Our destination is a place Far greater then we know. For some the journeys quicker, For some the journey's slow. And when the journey finally ends we'll claim a great reward and find an everlasting peace together with the Lord.



Always remembered by your loving family. At Gobnait pray for him.

2ND ANNIVERSARY



In loving memory of

IOHN IOE O'RIORDAN

Dripsey Cross, Dripsey Who died on 24th November 2019

It doesnt take a special day To bring you to our mind. For days without a thought of you Are very hard to find.



Fondly remembered by your loving wife and family.

3RD ANNIVERSARY



Treasured and Loving Memories of

ELLEN (NELLIE) KELLEHER

4 Lower Cork Street, Macroom Who died on the 30th October, 2018.

Life's Clock The clock of life is wound but once, And no man has the power, To tell just when the hands will stop. At late or early hour. To lose one's wealth is sad indeed, To lose one's health is more, To lose one's soul is such a loss As no man can restore. The present only is our own. Live, love, toil with a will. Place no faith in tomorrow, For the clock may then be still.



Lovingly Remembered by your daughter Nancy and Grand Daughters Marion and Rachel.

"For our Small Nana: Deep in our hearts, lies a picture more precious than silver and gold- it's a picture of our "Small Nana" whose memory will never grow old" We will always love you Nana Jessica, Katie and Joshua.

13TH ANNIVERSARY





Treasured Memories of

Margaret & JEREMIAH **MCCARTHY**

Carrignadoura, Ballingeary, Co. Cork Margaret died 23rd November 2008

We also remember her husband Jeremiah who died 15th April 1968

> Those who think of them today, A little prayer to Jesus say.



From their family and grandchildren

Full Column: €70

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ANNIVERSARIES





In loving memory of

MARY & JOHN MC CARTHY

Shanacloon, Ballymakeera. Whose 3rd and 32nd anniversaries occur at this time

> Your lives were a blessing, Your memory we treasure. You are loved beyond words, And missed beyond measure.



Saint Gobnait pray for them.

Lovingly remembered by your family, grandchildren and great grandchildren.

6TH ANNIVERSARY



In loving Memory of

NORA Herlihy

Gortnalicka, Clondrohid, Macroom who passed away on 6th December 2015

We miss your smile, your joking ways, We miss the things, you used to say, And when old times we do recall, It's then we miss you most of all.



Always remembered and loved by Timothy, Matthew, Nora Theresa, P.J., Margaret, Miriam and extended families

5TH & 2ND ANNIVERSARY



In loving memory of

JOHN O'CALLAGHAN

Who died on 23 November, 2016

In loving memory of

NORMA O'CALLAGHAN

Who died on 12 September, 2019

Derrivane, Inchigeela

You held our hand when we were small You caught us when we fell The heros of our childhood and of the latter years, as well.

> Every time we think of you Our hearts just fill with pride And though we will always miss you both We know you are by our sides.

In laughter and in sorrow In sunshine and in rain We know you both are watching over us Until we meet again.



Ár dheis dé go raibh a h-anam dílis

2nd & 52nd ANNIVERSARY





I gcuimhne ar

MAIRÍN AGUS BILL WISEMAN

Cúil Aodha

a cailleadh an am seo den bhliain

Ó fhás go haois, is ó aois go bás Do dhá láimh, a Chríost, anall tharainn, Ó bhás go críoch, ní críoch ach áth-fhás I bParrthas na ngrást go rabhaimíd



I ndílchuimhne ón clann ar fad

6TH ANNIVERSARY



In loving memory of

MICHAEL (MICKEY) BUCKLEY

Inchinahoury, Kilnamartyra, who died on November 27th 2015

We hold you close within our hearts And there you shall remain To walk with us throughout our lives Until we meet again.



Always remembered by Mom & Dad and all the Buckley Family

Ar dheis Dé go raibh a anam dílis.

16TH ANNIVERSARY



In memory of a loving Husband, Dad & Grandad

MATTIE TWOMEY

Barathanaknuck, Clondrohid, Macroom, Co. Cork Who died on 17th November 2005

Happy memories will keep forever, Of days when we were all together, They bring a smile often a tear, But always a wish you were here.

Will those who think of Mattie today a little prayer to Jesus say.



Remembered by your loving wife Bridget & family

21ST ANNIVERSARY



In loving memory of

JAMES (JIMMY) BRADLEY

Cooldorrihy, Kilmichael
Who died on 27th November 2000.

Those we love remain with us
For love itself lives on
Cherished memories never fade
Because one loved is gone
Those we love can never be
more than a thought apart
For as long as there is a memory
They live on in our heart.



Always remembered by his loving family

MEMORIALS LEE VALLEY OUTLOOK

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